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Final call on concurrent LS, Assembly polls in J&K after security review, feedback from Pol parties: ECI

paredness for General Elections Venue: J

JI NEWS SERVICE SRINAGAR, MAR 13

Chief Election Commissioner of India Rajiv Kumar Wednes-

thorough consultations with Jammu, as per news agency. the security agencies and political parties.

day said that the Commission about LS and Assembly polls in the LS and Assembly polls will take a final call on hold- J&K," Chief Election Commis- simultaneously, we will hold ing concurrent Lok Sabha and sioner of India, Rajiv Kumar thorough consultations with

Assembly polls in J&K after told a press conference in

He said that the Commission wants LS and Assembly "We equally concerned polls soon. "As far as holding

the security agencies and also get the feedback from the political parties," he said, in reply to a query whether the Commission intends to hold LS and Assembly polls simultaneously.

Replying to a query about security needs, the CEC of India said that they will draw a sketch and see how much is the requirement for LS polls and Assembly polls. "We will also see how much will be the security requirement if both elections are held concurrently," Kumar said.

He said that there are 86.9 lakh voters in J&K including first time voters and voters above 100 years of age. "We will ensure free and fair polls,"

CONTINUED ON >> PAGE 4

Since Article 370 revocation, JK witnesses surge of 11 lakh voters

As per the policy, the gov- incubators and other related

"The Government of Jammu implementation of the start-up

and Kashmir shall establish a policy. The feedback will help

cal Support Unit to orchestrate These surveys, focus groups

JI NEWS SERVICE

SRINAGAR, MAR 13

JI NEWS SERVICE

Since the revocation of Article 370 that granted special a whooping increase of 11 lakh 1, 2024, in the voter revision voters has been registered campaign initiated in 2023, who can now vote during the the number of voters surged to assembly elections in the erst- more than 86 lakh, indicating

available with the news agency, in 2019, the total number of voters was approximately 76 lakh, with 39.45 lakh men and

JK Govt Identifies 10 Focus Sectors

ernment will create a Techni-

Jammu and Kashmir admin- networking activities between or public consultations will

istration has identified 10 dif- various start-up ecosystem gather input from start-ups

As per the Start-up Policy Technical Support Unit in provide valuable insights into

Under the policy, the gov-

"The Government of Jammu

ogy, renewable energy, elec- create a feedback mechanism the policy has constituted a

terly feedback mechanisms

from start-ups, mentors,

ing activities between various

in New Start-Up Policy

2024-27, a copy of which lies JKEDI to orchestrate network-

coming up in different sectors start-up ecosystem players

will get assistance and funding such as start-ups, accelerators,

from the government to thrive. incubators, angel investors,

reveals that these 10 sectors and other necessary stakehold-

include food processing and ers. The TSU shall provide nec-

allied activities, agriculture essary support and assistance and allied sectors including in appraising incentive cases,

horticulture and floriculture, collaboration with VCF's and

handicrafts and handloom, successful implementation of

apparel and fashion technol- ernment has also decided to

tronics system design and to get insights into challenges

tourism and adventure sports and Kashmir will create quar-

manufacturing, information being faced by the start-ups.

education, healthcare and this policy," it said.

The policy document corporates, venture capitalists

ferent sectors, which will be players.

given special attention under

with news agency, start-ups

pharmaceuticals, textile,

technology enabled services,

and environment protection

and green technology.

the new start-up policy.

since 2019.

A senior government official divulging the details told KNO that following the removal of status to Jammu and Kashmir, 36.38 lakh women. By January Article 370, there has been heightened enthusiasm among the populace regarding elections in Jammu and Kashmir.

"A significant number of an increase of around 11 lakh people are stepping forward

stakeholders on its portal.

and other stakeholders on the

challenged being faced by the

start-ups and the support they

ritory administration has tar-

geted to establish Jammu and

Kashmir as one of the leading

start-up ecosystems in India

istration has targeted to set up

at least 2000 new start-ups in

Jammu and Kashmir in next

Jammu and Kashmir under

High-Level Empowered Com-

mittee (HLEC) to monitor the

performance of Jammu and

Kashmir start-up eco-system.

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With Chief Secretary as

five years.

Under the policy, the admin-

Pertinently, the union ter-

intend to receive," it said.

As per the official reports voters in Jammu and Kashmir to participate in the electoral process. Post the removal of Article 370, for the first time, individuals from various communities such as West Pakistani Refugees, Valmiki, and Gorkha communities have attained citizenship," says the official. Reports inform that the completion

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MHA to launch helpline numbers to assist applicants for **Indian Citizenship** under CAA

JI NEWS SERVICE NEW DELHI, MAR 13

The Ministry of Home Affairs (MHA) said on Wednesday that helpline numbers will be launched soon to assist applicants for Indian citizenship under the Citizenship (Amendment) Act, 2019

(CAA-2019). According to MHA, the applicants will be able to get information related to CAA-2019 by calling free of cost.

"Helpline number to assist applicants for Indian citizenship under CAA -2019 will be launched soon. Applicants will be able to get information related to CAA-2019 by calling free of cost from anywhere in India. The service will

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Prime Minister Modi launches PM-SURAJ national portal



JAMMU, MARCH 13

Lieutenant Governor Shri Manoj Sinha has expressed Minister Shri Narendra Modi from the disadvantaged sec- lead a life with dignity. tions of the country.

lakh entrepreneurs of socially disadvantaged sections of the

In J&K, 1747 beneficiaries belonging to Scheduled Caste, gratitude to Hon'ble Prime Other Backward Classes (OBC) and Safai Karamchari commuto one lakh entrepreneurs to start a business venture and

"Hon'ble Prime Minister Hon'ble Prime Minister has ensured that no one is left Shri Narendra Modi today behind. From basic facilities to launched the Pradhan Mantri education and financial inclu-Samajik Utthan evam Rozgar sion, he has undertaken many Adharit Jankalyan (PM-SURAJ) reforms to create a large pool national portal and sanc- of young entrepreneurs from tioned credit support to one marginalized section of soci-

ety," the Lt Governor said.

Dr Jitendra Singh, Hon'ble Union Minister of State, PMO, also joined the launch ceremony from Jammu.

On the occasion, Avushman Health Cards and PPE kits for sanctioning credit support nity were provided assistance were issued to beneficiaries of disadvantaged section of the society- Safai Karmcharis, Sewer and Septic Tank Workers - under National Action for Mechanised Sanitation Ecosystem (NAMASTE).

Hon'ble Prime Minister also interacted with Ms Neelam

Kumari, a resident of CONTINUED ON → PAGE 4

China says boundary issue with India does not represent entirety of bilateral ties

JI NEWS SERVICE

BEIJING, MAR 13

China on Wednesday said the of the bilateral ties and called avoid misunderstanding and than four decades. misjudgement.

India has been maintaining on External Affairs Minister

be normal unless there is peace in the border areas.

Bilateral ties nosedived sig-Sino-India boundary issue nificantly following the fierce either of us well", Chinese does not represent the entirety clash in the Galwan Valley in Foreign Ministry spokesper-June 2020 that marked the son Wang Wenbin said, the for enhancing mutual trust most serious military conflict boundary issue should be between the two countries to between the two sides in more placed appropriately in the

Responding to questions

that its ties with China cannot S Jaishankar's remarks this week that the amassing of troops along the Line of Actual Control (LAC) has "not served

bilateral ties.

"China has stressed CONTINUED ON >> PAGE 4

Chief Secreatary for making robust plan for savings made in JTFRP projects



JI NEWS SERVICE JAMMU, MARCH 13

today while reviewing the pace for around Rs 140 Cr savings and progress of World Bank amount out of the total outlay

Recovery Project (JTFRP) impressed upon the con-Chief Secretary, Atal Dulloo cerned to make a robust plan

funded Jhelum & Tawi Flood for 213 sub-projects funded under it.

> Besides the CEO, ERA the meeting was also attended by Principal Secretary,

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PM Modi's socio-economic reforms have aroused aspiration in common citizen: Dr Jitendra Singh



JI NEWS SERVICE JAMMU, MARCH 13

"Prime Minister Modi's socioeconomic reforms have and a decent toilet like any Samajik Utthan evam Rozgar

true spirit of democracy", National Portal for Credit Supsaid Union Minister Dr Jitendra Singh here today.

"The citizens no longer aroused aspiration in the resign to their fate and that is common citizen. For example the true essence of democra- reforms have introduced a every citizen now feels that he cy", he said while speaking at new work culture as well as a is entitled to a "pucca house" the launch of Pradhan Mantri change of the mindset

other citizen and that is the Adharit Jankalyan (PM-SURAJ) port to Disadvantaged sections of society by Prime Minister Modi via videoconferencing.

The Minister said, Modi's

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Country has decided, 'Ab Ki Baar, 400 Paar': Shah

JI NEWS SERVICE JAMMU, MAR 13

Union Home Minister and Minister of Cooperation Amit Shah, during the 'Social Media Warriors Meet' and 'Vijay Sankalp Sammelan' in Telangana appealed, "To make the state a part of the ongoing development journey across the country, the people of Telangana will work to ensure the victory of the lotus on more than 12 seats in the Lok Sabha elections. Seeing the achievein the last 10 years, the entire country has decided that 'This time 400 paar, Ek baar phir Modi Sarkar'."

that BRS and Congress are trust in Congress to reduce the



Majlis-e-Ittehadul Muslimeen (AIMIM). In the recently con-

ments of the Modi government influenced by the All India influence of the Majlis. However, as soon as the Telangana Assembly started, Congress cluded assembly elections worked to make the Majlis in Telangana, the people of leader the Pro-tem speaker. It is common knowledge Telangana expressed their Due to the temptation of the

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Anurag Thakur launches PB-SHABD

JI NEWS SERVICE NEW DELHI, MAR 13

Union Minister of Information and Broadcasting Shri Anurag Singh Thakur today launched PB-SHABD, a news sharing service from Prasar Bharati and websites of DD News and Akashvani News as well as updated News on Air mobile app at an event in National Media Centre, New

Speaking on the occasion, Shri Thakur said that today was a historic day for the information and broadcasting sector of the country. "Over the years, Prasar Bharti has cultivated an elaborate network of news

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Lok Sabha Election 2024: DC Ganderbal chairs meeting of Nodal Officers

JI NEWS SERVICE

GANDERBAL, MARCH 13

The Deputy Commissioner (DC) Ganderbal, Shyambir who is also District Election Officer (DEO) today convened a meeting of Nodal Officers responsible for overseeing the forthcoming Lok Sabha General Elections 2024, at the Conference to the smooth conduct of Hall of the Mini Secretariat, here

on ensuring the readiness briefing regarding their tions and ethical standards and efficiency of all officers involved in the elec- in overseeing the elec- fairness of the electoral toral process.

The DC addressed criti-respective jurisdictions. cal aspects of the upcoming elections and instruct- enhancing operational their roles and responsi-

passed various operation- agencies, administrative al, logistical and adminis- authorities and electoral trative matters pertinent staff.



the electoral process.

The meeting focused given a comprehensive to electoral laws, regularoles and responsibilities to uphold the integrity and toral process within their process.

Emphasis was laid on Discussions encom- including law enforcement tions.

reminded of the impor-Nodal Officers were tance of strict adherence

Strategies for conducting voter awareness campaigns and initiatives to ed the Nodal Officers to efficiency and coordi- encourage maximum remain well-equipped for nation among different voter participation were stakeholders involved discussed to ensure incluin the electoral process, sive and democratic elec-

The DC reiterated the significance of the Nodal Officers' roles in upholding ments in the district.

Nodal Officers were the democratic values and principles of free and fair elections. He underscored the importance of their proactive engagement and commitment to ensuring a transparent, impartial, and efficient electoral pro-

> attended by Additional District Development Commissioner, Mushtaq Ahmad Simnani; Additional Deputy Commissioner. Gulzar Ahmad and all the Nodal Officers appointed for various election assign-

meeting was

Government Polytechnic Ramban hosts exposure visit for students of GHS Gam

JI NEWS SERVICE RAMBAN, MARCH 13

Government Polytechnic. Chanderkote, Ramban, under the aegis of Deputy Commissioner, Baseer-Ul-Haq Chaudhary reaffirmed its commitment to foster technical and skill education by organizing a special technical exposure visit for students from Government High School Gam-Ramban.

A group of 30 students from the 9th class, accompanied by their faculty members, had the opportunity to explore the technical infrastructure of the institution. They were introduced to the stateof-the-art facilities including the computer center, smart classrooms, electronics and communication engineering labs, and electrical engineering labs.

Earlier, Er. Vivek Mahajan, the Polytechnic Prin-

warmly welcomed the visiting school students.

dedication to promote skill education and innovation through exposure visits for prospective candidates interested in pursuing a career in engineering and provide young minds with technology fields.

cipal along with the staff nity exposes students to Engineering Department.

cutting-edge technologies, Industrial best practices, The Principal said that and real-world applica-

this initiative is part of our tions of the subjects they study in school. The visit was organized under the overall supervision and guidance of the Principal, who actively interacted with the visiting students technology. Such visits and staff members. The coordination for the visit firsthand experience and was led by Er. Pawan insights into the world of Kumar, Head of the Electechnology, fostering their tronics and Communicainterest in engineering and tion Engineering Department, and Er. Aabid Hus-This unique opportu- sain from the Electrical

ADC Handwara inspects polling stations

JI NEWS SERVICE KUPWARA, MARCH 13

The Additional Deputy Commissioner (ADC) Handwara, Aziz Ahmad Rather who is also ERO AC-5 Handwara today visited various polling stations of the Vilgam and Tarathpora to inspect Assured Minimum Facilities (AMF), and review the preparedness for the upcoming Lok Sabha elections.

The inspection was aimed to ensure that all polling stations are accessible to voters especially to specially-abled persons. Ramp access, electricity supply and drinking water and other facilities were reviewed.

He emphasized the concerned departments for ensuring all required facilities at the polling stations so that each and every eligible voter shall participate in the election process without any hindrance.

JKSDM conducts State Level India Skills Competitions at Institute of Technology, Kashmir University

JI NEWS SERVICE

SRINAGAR, MARCH 13

Mission, in collaboration Institute of Technology, with Ministry of Skill Zakura Campus Univer-Development and Entre-sity of Kashmir, who Development Corpora- titions. tion (NSDC) today kick

in various skill sets are winner will participate State Level Competitions being conducted in col- in World Skills Competi- in 18 skill sets are being laboration with Aca- tions scheduled in Lyon, conducted at various demic Partners across France later this year.

J&K Skill Development and Entrepreneurship,

The started the state level across UT of J&K partici- storming for the particicompetitions of different pated in the state level job roles with the active competition, which support of Skill Depart- will lead them to Prement J&K, in the UT of National competitions to organize such initiacompetitions petitions and finally the nity to youth of J&K,

Among the job roles should be given more candidates will compete selected, State Level awareness so that more to represent J&K in Pre Competition in skills of and more youth partici- National and National Automobile Technol- pants involved in such Level Competitions, said ogy, Electronics and initiatives get a chance Leena Padha, Mission Electrical Installations to showcase their skills, Director, JKSDM.

were organized under said Dr. Bilal Ahmad the aegis of Centre for Malik, Sr. Scientific Innovation, Incubation Officer, one of the Jury Members for the competition from Kashmir University.

Er.Ubaid Qureshi, preneurship (MSDE), were academic partners another Jury Member GoI and National Skill to JKSDM for the compe-from Kashmir University said that such initiatives candidates are insightful and brainpants as it can unleash their hidden talent.

JKSDM will continue and National level com- tives and give opportuvenues across the UT Such competitions wherein more than 250

DC reviews progress under Holistic Agriculture **Development Programme in Udhampur**



JI NEWS SERVICE

UDHAMPUR, MARCH 13

Deputy Commissioner Udhampur, Saloni Rai today chaired a meeting to review the implementation of the Holistic Agriculture Development Programme (HADP) in the district.

different sectors.

At the outset, District cations. Agriculture Officer Sanjay

Anand provided an over- detailed review of the view of the current status physical and financial of schemes implemented in agriculture and allied sectors under HADP.

The officers from stakeholder departments, through detailed PowerPoint presentations, gave a comprehensive overview of their achieve-The meeting aimed to ments, detailing aspects ensure the success of the such as plan implementaprogram by reviewing the tion, beneficiary approvlatest physical and finan- als, banking connections, cial progress achieved in convergence of activities, coordinated and dedi-

The DC conducted a roots level.

progress made in the implementation of projects under the Holistic Agriculture Development Plan 2023-24. She emphasized the need for expediting the implementation of agricultural and allied sector projects to achieve the desired targets at the earliest. The DC stressed the importance of working in a and processing of applicated manner to ensure visible results at the grass'India's Techade: Chips for Viksit Bharat'

CUKashmir VC leads staff in watching live speech of Hon'ble PM



JI NEWS SERVICE GANDERBAL, MAR 13

Central University of Kashvia video conferencing.

Sciences and Engineering world. jointly organised the semiat Tulmulla Campus in Electronics and Commu-Modi. The live speech and technology and disfour campuses of the uni- patent filing and technostudents.

The Honourable Prime students. Minister described the day as a historic occasion and Yousuf, Dean of the School a significant step towards of Physical and Chemical a bright future for India Sciences, stressed on the as foundation stones were importance of semiconlaid for three major Semi-ductor technology and conductor manufactur- encouraged collaboration ing projects in Dholera among departments for and Sadanand in Gujarat joint research projects. and Moregaon in Assam. "Today's projects will play Ahmad Najar spoke about a key role in making India advances in semiconduca semiconductor hub", PM tor technology, focusing on Modi said. He said more than 60,000 colleges, uni-romorphic computing, and institutes were connected as graphene and carbon with the event. "The youth nanotubes. is witnessing how India is Hon'ble PM added.

Later, in his address Chancellor, Prof. A. Ravin- event.

der Nath stressed on the importance and application of semiconductor technologies, its development mir (CUKashmir) Vice- in the country through Chancellor, Prof. A Ravin- Atmanirbhar Bharat, "The der Nath, Wednesday led universities should focus the faculty, scholars and on such research work that students and watched the is socially relevant, locally live speech by Hon'ble need-based, nationally Prime Minister Shri Naren- important and globally sigdra Modi, addressing the nificant," he said. He added 'India's Techade: Chips for that the young generation Viksit Bharat' programme must think of such works and laying the foundation that contribute to Viksit stone for three semicon- Bharat by making use of ductor projects worth the demographic dividend about Rs 1.25 lakh crores of the young population who can contribute best The Schools of Physical to the region, nation and

Invited speaker, Dr. nar on "India's Techade- Shabir Ahmad Parah, Chips for VIKSIT Bharat," Associate Prof. Deptt of connection with the live nication, University of speech by Hon'ble Prime Kashmir, emphasized the Minister Shri. Narendra importance of innovation was also streamed in all the cussed topics including versity and was watched logical growth. He urged by the faculty, scholars and the faculty to cultivate innovative thinking among

Prof. Mohammad

Asst Prof. Dr. Zahoor quantum computing, neuversities and educational emerging materials such

Earlier, Asst Prof. Dr. working in a multi-pronged Raja Nisar, emphasized fashion for self-reliance on the significance of the and a strong presence in seminar in light of India's the global supply chain", advancements in semiconductor technology.

Dr. Rubiya Samad was to the participants, Vice- the rapporteur of the

L3 Training: Participants learn through practical demonstrations on Day 3



SAMBA, MARCH 13

Programme witnessed onstrations and engaging sessions on the third day

The training is aimed at pura village. enhancing knowledge and skills of the participants.

installed tube with a sub-75,000-gallon water to the Samiti. overhead tank, benefiting

the chairmanship of ADDC and improving commu-At the newly complet- Samba, Rajinder Singh, a nity water management ed Water Supply Scheme virtual Pani Samiti meet- practices.

(WSS) Rampura, the training was held in the Confer ees were shown the newly ence Hall Samba. Attendees actively participated in The ongoing L3 Training mersible motor, operated discussions and received by electric power. This valuable insights into significant practical dem- system efficiently pumps the workings of the Pani

The day events showthe households of Ram- cased the dedication and enthusiasm of all partici-In the afternoon, under pants towards learning

ADDC Doda reviews progress under Capex Budget 2023-24

JI NEWS SERVICE DODA, MARCH 13

ment works under CAPEX other district officers. Budget for the year 2023-

24 in the district Doda. attended by Chief Plan- completion of all works tioning.

today chaired a meeting DYSSO, Executive Engi-

ning Officer Doda, Assis- within stipulated time. tant Commissioner He also stressed for regu-Development Doda, lar field visits to ensure Additional District Devel- Chief Medical Officer, works to be executed on opment Commissioner Chief Agriculture Officer, time and under set qual-(ADDC) Doda Pran Singh Chief Education Officer, ity and laid parameters.

He stressed upon the here in the Mini Hall DC neers of PWD (R&B), Jal officers to work in cooroffice to review progress Shakti (PHE), JPDCL, dination for achieving all made on the develop- I&FC, REW, EO MC and the set targets on time besides gear up men and The ADDC Doda direct- machinery for bringing ed the officers and exe- additional vibrancy in The meeting was cuting agencies to ensure the departmental func-

2 Udhampur Hotels achieve **Swachhata Green Leaf Rating**

JAMMU, MARCH 13

In a significant development towards promoting cleanliness and sustainability, two hotels in Udhampur district have achieved Swachhata Green Leaf Ratings (SGLR) by completing self-certification compliance. This accomplishment highlights their commitment to maintain high standards of hygiene and environmental stewardship.

compliance for Swachhata Green Leaf is a rigorous process that requires hotels to adhere to strict guidelines related to cleanliness, waste management, and sustainability practices. By successfully friendly environment to standards in the area. their guests.

received 1 leaf rating.

provided to the establishments with best cleanliness, waste management, and sustainability practices followed by '3 leaf' and '1 leaf' rating system.

Director General Rural Sanitation, J&K, Anoo Malhotra said: "The achievement of Swachhata Green Leaf Ratings by these hotels is not only a testament to their commitment to excellence but The self-certification also a commendable step towards promoting cleanliness and sustainability at tourist hill-station Patnitop in Udhampur district."

Director General Rural Sanitation added that it is hoped that other hotels and establishments in the completing this process, area will follow suit, conthese hotels have demon-tributing to the overall strated their dedication to improvement of cleanliprovide a clean and eco- ness and environmental

> SGLR is a groundbreakindustry, the Department with nature.

The SGLR is divided into of Drinking Water and Santhree major categories, in itation (DDWS), in collabowhich '5 leaf' certificate is ration with the Ministry of Tourism, introduced the SGLR initiative. The Swachhata Green

Leaf Ratings scheme is part of the Swachh Bharat Mission, which aims to promote cleanliness, hygiene, and sanitation across India. The successful completion of the self-certification compliance by these hotels is a testament to the success of this mission and a shining example for others to follow.

Earlier this year, "National Pilot on Swachhata Green Leaf Rating in Hospitality Facilities" was launched at tourist place Pahalgam in district Anantnag of Jammu and Kashmir and Kaziranga National Park, Assam.

Aligned with the Travel for LiFE programme under Mission LiFE, the Swachhata Green Leaf Rating ini-Hotel Heritage, Patni- ing move to revolutionize tiative endeavours to protop received 3 leaf rating sanitation practices within mote sustainable tourism and Subash Hotel Patnitop India's expanding tourism practices that harmonize

Power shutdown

JI NEWS SERVICE JAMMU, MARCH 13

Superintending Engineer (Distribution) March 14 from 10 am to 2 pm.

JPDCL, O&M Circle Kathua has informed that the power supply to Sarore and its adjoining areas will remain affected on

CRPF 33 Battalion organises Bharat Darshan tour-2024 for students of Doda



JI NEWS SERVICE

DODA, MARCH 13

Bharat Darshan tour- ing in the tour. 2024 under the Civic Education and Planning cultural heritage of India. Office, Dr. Anis Ahmed, students of 9th class from teachers.

different educational zones/ clusters of the District Doda are participat-

During the tour, the Action Programme was students will visit various organized by the 33 Bat- historical sites and places talion CRPF. The tour was of interest in the counflagged off by the Com- try, providing them with manding Officer, Davin- a unique opportunity to der Singh Negi. District learn about the diverse

The participants were besides Harish Mehra, excited and grateful Assistant Commandant for the opportunity to Pankaj Kumar were also embark on this journey present. As many as 30 and were escorted by two

DEO/DC Srinagar reviews preparedness for upcoming Lok Sabha Election

JI NEWS SERVICE SRINAGAR MARCH 13

Deputy Commission (DC) Srinagar, Dr. Bilal Mohi-Ud-Din Bhat, who is also the District Election Officer(DEO) today chaired a meeting here at Meeting Hall of the DC Office Complex to review the preparedness for the upcoming Lok Sabha Elections in District.

the Assistant Returning Officers(AROs), des- munication, transport ignated Nodal Officers management, PWD voters, and Officers/Officials of SVEEP activities and ran-District Election Authority Srinagar to assess the important aspects of the the AROs and designated Election process mainly aimed at ensuring smooth and peaceful general elections in Srinagar District.

first-hand appraisal of the preparedness regarding lections centres. He also and activities for upcom- the all available men and ing Lok Sabha Elections including assessment of ensure an effective and manpower management agement plan. The DEO eration and coordination ing.

monitoring, media comdomization of polling staff.

The DEO/DC asked

Nodal Officers to take all required measures to ensure that every necessary facility is made avail-The DEO/DC took a able at polling locations/ stations, distribution/colvarious crucial aspects stressed them to gear up machinery on ground to

plan, transportation of instructed for establish-At the outset, the poll staff/Electronic Voting ing a robust District Level DEO/DC Srinagar held a Machines (EVMs), training Control Room to efficiently detailed discussion with management, expenditure monitor the forthcoming election. He also laid emphasis on ensuring Adequate Minimum Facilities (AMF) at all polling booths for electorates, polling staff and the security personnel deployed for electoral duties on the election day. The DEO emphasised the importance of effective coordination among (ARO/ERO- Hazratbal), all stakeholders to ensure Syed Ahmad Kataria, the smooth, transparent and peaceful conduct of the electoral process. He directed all the designated Nodal Officers for elections Nodal officers to complete their allotted tasks on District Election Authority

with the line executing Departments. He further asked them to go through comprehensive ECI guidelines regarding duties and responsibilities during the election period.

The DEO also asked the AROs to undertake a visit to Distribution/Collection Centres to ensure all requisite arrangements are put in place in adherence to the guidelines of Election Commission of India.

The DEO also asked the Officers to undertake necessary technological upgradation/ training of the poll staff with respect to the IT interventions launched by the ECI.

Additional Deputy Commissioner (ARO/ ERO- Zadibal), Dr Khalid Hussain Malik, Additional Deputy Commissioner Deputy District Election Officer, Imtiyaz Ahmad, Other AROs, Designated and other concerned from logistical requirements, meticulous election man- time and maintain coop- were present in the meet-

Director Agriculture visits SMF Tapper Kreeri, Floriculture farm Nunar Ganderbal



JI NEWS SERVICE

SRINAGAR, MARCH 13

Kashmir, Chowdhury Mohammad Iqbal today lence in terms of different visited seed multiplication innovations in the field of farm (SMF) Tapper, Kreeri agriculture. to take stock of the agriculture activities, develop- some innovative ideas mental works there.

blocks and poly houses at cers and technical experts the farm and held discus- of the farm. He asked the sions with concerned officers to adopt

ity of different vegetable hensive manner. crops. He reiterated the quantity of seed/seedlings of different agricultural

under HADP.

importance of introducing the first time at the farm. new varieties of different helping farmers of the area works there.

to get acquainted with the benefits of introducing such varieties. He said that The Director Agriculture departmental Farms are becoming centers of excel-

Director also discussed regarding the cultivation of He visited different different crops with the officers and technical experts. latest technologies during Speaking on the the cultivation of differoccasion, the Director ent crops so that the same expressed satisfaction over could be replicated at the the production/productiv- farmers field in a compre-

He also kick-started department's commit- the 4th phase of vegetament to ensure sufficient ble seedling distribution among the farmers.

Earlier, Farm Manager crops is made available to S.M.Farm Tapper gave a the farmers of the region detailed presentation of various agriculture activi-He said that a special ties at the farm. He also project for the promotion informed the Director of vegetables in the region regarding the new techis being implemented nologies that have been adopted during the culti-Iqbal highlighted the vation of present crops for

Later, the Director agricultural crops (with visited floriculture farm more production and pro- Nunar Ganderbal and took ductivity) at the farm and stock of the developmental

Financial Literacy Workshop Empowers Youth at GDC Basholi



KATHUA, MARCH 13

Degree College Basholi, days. under the guidance

Led by Dr. Neha Ban-funds. dral, Head of the Depart-Himachal Pradesh, as market. the keynote speaker and

JI NEWS SERVICE

KATHUA, MARCH 13

ership skills.

The NSS Units of GDC

Kathua today inaugurat-

ed a Seven-Day Special

Winter Camp. The Camp

will continue till March 19,

2024, under the patronage

of Principal Prof. Seema

The initiative, a flagship

of Principal Dr. Nidhi shop included sessions for long-term success. Kotwal, in collaboration covering saving and understanding mutual

Participants also port the event. ment of Economics, the learned about complaint workshop featured Prof. redressal systems and ed with the facilitation of Nishant Narang, Assistant explored career oppor- Prof. Nishant Narang and Professor at GDC Jawali, tunities in the securities a fruitful interaction ses-

The workshop, attend- and faculty.

Seven-day Winter Camp kicks

off at GDC Kathua (Boys)

ed by sixty students from Prof. Narang, a certified various disciplines, con-Securities Market Trainer cluded with remarks from The Department of Eco- by SEBI, delivered insight- Principal GDC Basholi, nomics Government ful sessions over the two emphasizing the importance of financial knowl-Highlights of the work- edge and independence

Senior faculty memwith the National Insti- investment strategies, bers, including Prof. Jastute of Securities Market insights into the primary vinder Singh, Prof. Shub (NISM) and AXIS Bank and secondary markets, Kumar Sharma, Prof. organized a two-day work- investing in Sovereign Roshan Lal, Dr. Neeraj Balshop on Financial Literacy Gold Bonds (SGBs), and gotra, Dr. Ujala Sharma, and Dr. Vaishno Devi, were also present to sup-

The program concludsion between students

PSPS Women College inspires young voters through SVEEP initiative

JI NEWS SERVICE JAMMU, MARCH 13

Padma Shri Padma Sachdev Government College for Women today organized a one day Voters awareness workshop under the Systematic Voters' Education and **Electoral Participation** (SVEEP) campaign.

Held under the guidance of District Election Officer Jammu, Sachin Vaishay and the leadership of Nodal Officer Systematic Voters' Education and (SVEEP), the event aimed to educate and engage young voters, promoting democratic process.

Many students registered make informed choices." themselves, corrected their EPIC cards. Doubts of Women successfully con- also aided well to the the students were cleared cluded under the super- event.

thoroughly and they were vision of Principle Dr. S P educated about the voting registration process.

"We believe that every vote counts, and it is essential to empower our Electoral Participation young generation with the knowledge and understanding of their voting rights," said the faculty awareness among stu- to encourage students to event successful. dents regarding NSVP actively participate in the portal and form no.6. democratic process and Ashpreet Kaur Sudan, San-

Saraswat which inspired young voters and created awareness about the power.

Dr Pooja Charak, Prof Paramieet Singh organised the event. The Department of Political Science expresses gratitude to all active participation in the coordinator of the Elector- students, faculty and the al Literacy Club. "Through SVEEP team for their con-The workshop raised events like these, we aim tribution in making the

Campus Ambassadors jeevani Bhardwaaj, Khushi The event at PSPS bhardwaj, Shivya Gandotheir forms and generated Government College for tra and Ayushi Sharma

LOST

I, Manan Mahajan S/o Late Sh. Sham Lal Gupta resident of 162, Kanak Mandi, Dal Wali Gall, Jammu have lost my wallet on 10.03.2024. The documents/ belongings which were contained in the wallet are My Identity Card of High Court of J & K and Ladakh, Pan Card bearing No.: CVMPM8920N, Driving License bearing No.: JK02 2019 0005555, Aadhar Card bearing No.: 927161803264, Motorcycle RC bearing vehicle no.: JK02AT 4585, Total No. of Debit/Credit Card(s) of J & K Bank, Axis Bank, SBI Bank, PNB Bank: 06. If anyone finds it please

RDD Secretary reviews functioning of JK Rural Livelihoods Mission

JI NEWS SERVICE JAMMU, MARCH 13

Secretary, Rural Development Department (RDD) and Panchayati Raj, Dr. Shahid Iqbal Choudhary, emphasized the imperative need of initiating innovative and economically viable developmental projects.

He highlighted the significance of convergence not only within the department through various programs and schemes but also with other departments to maximize the impact and efficiency.

While chairing a meeting of the Jammu and Kashmir Rural Livelihoods Mission, Dr. Shahid directed for promoting convergence with Mahatma Gandhi National Rural Employment Guarantee Act (NREGA) and Rashtriya Gram Swaraj Abhiyan (RGSA). He emphasized the potential of construction of sheds for SHGs related to farming activities with MGNREGA convergence and developing infrastructure through convergence

that such convergence mir, with 736,000 women present on the occasion.

with RGSA.

efforts would signifi- associated with them. cantly enhance the financial status of women and empower them in a tan- year, which included gible manner. He said that federating 1.5 million steps should be taken for

village empowerment. an ideal and successful establishing districtprogram, bringing pride as its achievements have garnered recognition from the providing credit linkage Prime Minister. During the facility of Rs 400 crore, meeting, bank linkage of women associated with self help groups, Bank Sukhi, deploying BC Sakhis for Bank Mitra, to bring more women into the fold of Lakhpati Didis, declaration of Jammu and Kashmir as a cal practices, nurturing difficult area, RBI rules for 3700 enterprises at the providing banking benefits to the number of women ing on sub-themes like for self help groups, setting up of warehouses in and wash, gender, Jammu and Srinagar for easy marketing access to inclusion. She added manufactured products by that coordination with

On this occasion, Mission Director of Jammu and Kashmir Rural Livelihoods Mission, Indu Kunwal Chib, stated that over 89,000 self help groups have been Sharma, Additional Secformed in the Union Ter- retary, Waseem Raja and Dr. Shahid highlighted ritory of Jammu and Kash- other officers were also

discussed.

She highlighted key focus areas for next fiscal rural women into SHGs, allocating Rs 75 crore He said that Umeed is for SHG capitalization, level community managed training centers, disbursing Rs 1801 crore among SHG members, doorstep banking, training 100,000 women farmers in agro-ecologiblock level, and focusfood, nutrition, health, and enhancing social SHGs and other issues were other departments and schemes aims to enhance efficiency and empower women.

> CEO IWMP, Rajnish Kumar, Joint Director Planning, Kamal Kumar

NORTHERN RAILWAY

TENDER NOTICE

Ridders will be able to submit their original/revised bids up to closing date an time only. Manual offers are not allowed against these tender, and any sucl nanual offer received shall be ignored. Contractors are allowed to make onlir payments against these tender. Document cost and earnest money only hrough online payment modes available on www.ireps.gov.in portal like ne anking, debit card, credit card etc. Manual payments through Demand draft Banker's cheque, Deposit receipts, FDR etc. are not allowed

Type System		stem	Tenders	Date / Time	Opening E-Tender	
Open Single Packet System			09.03.2024 03.04.2024 Time 1400 hours Time 15:00 hours		03.04.2024 Time 15:05 hours	
Tender	No.	07-2024-0	QWS-JAT			
Details Tende		Quick Wa Station	tering Arrangemen	t Facilities at Srin	agar and Budgam	

Date of Unloading Bid Closing

Tender	Station						
Advertise	ed Value	Earnest Money	Validity of Offer	Period of Completion			
24340668.71		271700	45 Days	180 days			
	unds are available In Allocation Number 080-593-32 For more details please log						
on to www i	reps.gov.ii	า		904/2024			

SERVING CUSTOMERS WITH A SMILE

NORTHERN RAILWAY

the President of India invites e tender under Single Packet system for the under note

Name of Design, Supply, Erection, Testing & Commissioning of 25 KV AC single work and phase OHE and General power supply work in c/w "Reconstruction Renovation of Railway deck slab of over Bridge (Rego Bridge) Amritsar " over Firozpur division.

Completion period of the	12 (Twelve) months			
Approx. cost of the work	Rs. 1,56,23,783.39			
Bid Security	Rs. 2,28,100/-			
Date & time for	Tenders may be uploaded upto 11:30 hrs. on date			
submission of E-tender	03.04.2024 on IREPS website i.e. www.ireps.gov.in.			
and opening of tender	The bidders can participate in the e-tender, the tender will			
	be opened at 11.30 hrs of	on 03.04.2024		

The detailed e-tender notice is available on Northern Railway web site notice & tender

.e. www.nr.indianrailways.gov.in and tender document is available on www.ireps.gov.in. Above tender document will be available for submission of offer on IREPS web site i.e. www.ireps.gov.in from 20.03.2024 to 03.04.2024. The bidders who desire to participate against e-tenders, are advised to electronically register themselves of the above website for which, they would require to, obtain class II digital certificate (if already not obtained) issued by CCA under IT Act 2000. All other terms and conditions in respect of above tenders are given in tender document. The detailed tender notice also can be see on the NoticeBoard of the above office.

No. 17-Elect/C/Comp/JUC/136 Dated 11.03.2024

This year's camp exeman opportunity to make of NSS Volunteers and Pro-plifies NSS's commitment

endeavor of the NSS, aims to provide participants cation lauded the efforts meaningful contributions gram Officers for organizto society while fostering ing an informative camp personal growth and leadfor the local community in the adopted village. The inaugural ceremo-

Dr. Kulbir Singh delivny witnessed the presence ered the formal welcome Swachh Bharat missions, of senior faculty members address, followed by a environmental conser-Dr. Sanjay Kurlopia, Dr. vote of thanks by Dr. vation projects, wom-Yash Paul, Dr. Ram Singh, Pinkey. The proceedings en's health and hygiene Prof. Shivani Kotwal, Dr. were conducted by Vishal Manmohan Singh, Dr. J.S and Aliesha.

Soodan, Prof. Charandeep Handa and Dr. Jasvinder by NSS volunteers high-Singh, alongside various lighted the event, followed by a cleanliness tives will be carried out in other faculty members. Dr. J.S Soodan, HOD drive within the college the newly adopted village, Physical Education and premises, in line with the Logate, in Kathua district. Dr. Ram Singh, HOD Edu- Swachh Bharat campaign.

to addressing pertinent challenges and promoting sustainable development. Volunteers will engage in various activities including awareness campaigns, voting initiatives, and dig-Cultural performances ital technology outreach

These awareness initia-

FROM THE FRONT PAGE...

Final call on concurrent...

cvigil portal. "Action will follow within 100 minutes of are the same." the uploading of the complaint," he said.

LS and Assembly polls. "Some parties complained that early date", he said. security cover of their candidates has been trimmed unnecessarily and they are not given permissions to carry out political activities," he said.

Kumar said that the issue of less participation of migrant voters in the election process also popped up. "Official teams will visit migrant voters in Jammu and urge them to participate in polls," he said.

He said of the total voters, there are 44 lakh male and 42 female voters. "The ratio is almost the same," he said. "There are 67,000 voters with disabilities, 77,290 voters over the age of 85, and 2,886 centenarians. Notably, over 3.4 lakh individuals are first-time voters, reflecting a vibrant and dynamic electoral landscape," the

The CEC said that victory of the ballot is a festival of democracy," he said, adding that for the first time, persons with disabilities will have a facility to vote from restoration of normalcy in its relations with China as home. "A team will visit the house of disabled voter long as the state of the borders remains abnormal. along with the candidate. Same will be vediographed," he said. It may recalled that the Supreme Court in its judgement has stated that statehood to J&K should be granted and Assembly polls be held before September 2024. KNO

Prime Minister Modi...

Kathua who availed government loan facility to start through video conferencing. her boutique. She is also a beneficiary of many welfare schemes like Ujjwala, PM Awas, Ayushman, and Swachh Bharat. The Prime Minister praised her for being a job giver and providing employment to other women.

The nationwide outreach event for credit support to disadvantaged sections witnessed the participation a time-bound manner. of about 3 lakh beneficiaries of various government schemes from disadvantaged groups who joined the and of most emergent nature to be taken up shortly program from over 500 districts across the country.

Since Article 370 revocation...

of delimitation of Assembly and Lok Sabha seats in May 2022, due to the State Reorganization Act, halted the process of voter registration from 2019. When the voter registration campaign commenced three years later in September 2022, there was a notable surge in applicants, exceeding 11 lakh. However, 3.5 lakh total number reaching more than 83 lakh as per the November 2022 voter list.

newfound enthusiasm resulting from various communities acquiring citizenship rights post the abrogation of sub-projects under different components were taken up Article 370. Previously, a considerable portion of the at an estimated cost of Rs1810 Cr. She further informed population, including West Pakistani refugees, Valmithat out of these 186 projects had been completed in ki, and Gorkha communities, were disenfranchised in state-related elections such as assembly, panchayat, and municipal body polls," the official said.

Pandits scattered across the country as voters. Special teams were deployed to Jammu, Mumbai, Pune, Bangalore, Ahmedabad, Delhi, and Chandigarh, visiting otal in introducing rigid pavement in roads, preparation households to include individuals who had turned 18 and were previously excluded from the voter list.

Furthermore, the last delimitation exercise in Jammu and Kashmir took place in 1995, resulting in 12 districts Operation Centre and introduction of Green Hospital and 58 tehsils. Presently, the erstwhile state comprises 20 districts and 270 tehsils, with the most recent delimitation based on the 2011 census. Under the leadership of retired Supreme Court judge Ranjana Prakash Desai, the Delimitation Commission increased the number of assembly seats from 83 to 90. KNO

China says boundary issue...

multiple times that the boundary question does not represent the entirety of the China-India relations which should be placed appropriately in the bilateral relations and managed properly," Wang said.

While responding to a query from a Chinese diplomat at the 'Express Adda' on Monday, Jaishankar said, "I think it is in our common interest that we should not have that many forces on the Line of Actual Control

"It is in our common interest that we should observe the agreements that we have signed. And I believe that it is not just in our common interest and it is in China's interest as well.

"This tension that we have seen for the last four years

has not served either of us well," Jaishankar said. Wang, in his reply, said both China and India believe an early settlement of the situation on the China-India border serves the common interest of the two sides.

"We hope that the two sides will follow the common understanding between the leaders and the spirit of the relevant agreements maintaining communication through diplomatic and military channels and find a solution to the relevant border issues that can be accepted by the two sides at an early date," he said

China has stressed multiple times that the boundary question does not represent the entirety of the China-India relations, which should be placed appropriately in the bilateral relations and managed properly, he said.

"We hope that India will work in the same direction with us and approach the bilateral relations from a strategic height and long-term perspective," he said.

Both countries should enhance mutual trust and avoid misunderstanding and misjudgement, he said. "We should handle differences properly to develop our

bilateral relations on a sound and steady track."

The CEC of India said that incase of any mischief, sands of troops, while China referred to the overall the three countries, who had sought shelter in India to Safai Mitras (Sewer and Septic tank workers) hailing violence or fake news, the same should be reported on boundary issue, Wang said, "The two things in nature

"We hope that India will work with us and follow the About the ECI team's visit to Kashmir and Jammu, common understandings reached by the two leaders Kumar said that they met various political parties in and the spirit of the agreements and maintain com-Srinagar and majority of them demanded concurrent munication to find a solution to the border issue at an

The Indian and Chinese troops are locked in a standoff in certain friction points in eastern Ladakh even as the two sides completed disengagement from several areas following extensive diplomatic and military talks.

The eastern Ladakh border standoff erupted on May 5, 2020, following a violent clash in the Pangong Tso (lake) area. The eastern Ladakh standoff has resulted in a freeze of bilateral ties on all fronts except trade.

commanders-level talks to resolve the standoff.

According to the Chinese military, the two sides so far agreed to disengage from four points, namely the Galwan Valley, the Pangong Lake, Hot Springs, and Jianan Daban (Gogra).

India is pressing the PLA to disengage from the Depsang and Demchok, maintaining that there cannot be

Chief Secreatary for...

Higher Education; Commissioner Secretary, I&C; Secretary, PWD; Secretary, Health; Secretary, School Education; MD, JKPCC; Commissioner, SMC besides other officers.

Srinagar based officers participated in the meeting

During this meeting the Chief Secretary directed for considering some significant works for upgradation of infrastructure in our education, health, disaster management and livelihood generation here so that these savings are spent on a positive developmental front in

He asked for identifying the works that are critical and completed before December this year. He enjoined upon the concerned authorities to assess the viability of such projects beforehand and take measures accordingly to ground them within the onset of upcoming working season.

Dulloo also stressed on holding consultations among different departments to ascertain their urgent needs regarding augmentation of their capacities and mitigating of disaster management in future.

He even asked about the issues faced in completion applications were rejected at the same time as per the of ongoing projects and the dates for their completion. reports. Consequently, there was a significant increase He emphasised on ensuring that all the ongoing and of 7.72 lakh voters in Jammu and Kashmir, with the newly taken up works are completed before December this year, which is the deadline of this project as well.

In her presentation, the CEO, ERA, Dr Syed Sehri-"The surge in voter numbers can be attributed to the shAsgar briefed the meeting about the accomplishments made so far under JTFRP. She gave out that 213 the UT at an expenditure of Rs 1363 Cr.

ponents includes reconstruction & strengthening of Earlier, separate lists were maintained for Assembly Critical infrastructure (40 projects), reconstruction of and Lok Sabha elections. Despite having voting rights Roads and bridges (31 projects), Restoration of Urban in Lok Sabha elections, a section of the population Flood Management Infrastructure (13 projects), Restorights in the Legislative Assembly. To address this, a Strengthening Disaster risk management capacity (22 separate campaign was launched to enroll Kashmiri projects) and Contingent Emergency Response (74 proj-

> In addition it was revealed that the project was pivof a digital risk database, building a semi arched trussed bridge, building schools with BALA (Building as a Learning Aid) feature, building first state of the art Emergency Building here in the UT besides augmenting and upgrading critical infrastructure and damaged infrastructure across the districts of I&K.

JK Govt Identifies 10...

the chairman of the 12-membered HLEC, the committee as per the document shall take necessary decisions for encouragement of innovations in Jammu and Kashmir and modify start-up policy, guidelines from time -to-time

The government has also constituted a start-up task force to monitor the implementation of policy and decisions of HLEC on a regular basis.

The 10-membered task force will be headed by administrative secretary Industries and Commerce department. KNO

MHA to launch helpline...

be available from 8 am to 8 pm," MHA posted on X. The MHA on Monday notified CAA Rules, 2024 removing legal barriers to rehabilitation and citizenship to such persons, and will give a dignified life to refugees who have suffered for decades.

Earlier, the MHA provided a web portal on which eligible non-Muslim migrants from Bangladesh, Pakistan and Afghanistan fleeing religious persecution can now seek Indian citizenship.

A mobile app 'CAA-2019' will also be launched very soon to facilitate applications through mobile app.

Now, the persons persecuted from Afghanistan, Pakistan and Bangladesh on religious grounds of six minor ity communities - Hindus, Sikhs, Buddhists, Jains, Parsis and Christians- can apply for the grant of Indian citizenship on portal https:/indiancitizenshiponline.nic.in.

The portal was made available on Monday night soon after the MHA notified the rules under the Citizenship (Amendment) Act, 2019 (CAA-2019), now called the Citizenship (Amendment) Rules, 2024. The rules grant Indian citizenship to these refugees who had sought shelter in India before December 31, 2014.

This is a specific portal on which the people persecuted from Afghanistan, Pakistan and Bangladesh When pointed out that Jaishankar's comments on religious grounds can apply for Indian citizenship. referred to the resolution of the present standoff in All the six minority communities- Hindus, Sikhs, Bud-

a completely online mode on the web portal named "Indian Citizenship Online Portal".

Committee through the District Level Committee in challenging conditions. headed by a designated officer. All documents along with photographs are to be uploaded online and the applications will be processed after a background check by security agencies.

As the CAA is for undocumented people from the six communities, a clutch of documents including those to get citizenship.

As per the rules, the applicant will have to appear may recommend refusal.

The applicants will have to produce an "eligibility certificate" issued by a "locally reputed community institution" confirming that he or she belongs to "Hindu, Sikh, Buddhist, Jain, Parsi and Christian community and continue to be a member of the above mentioned community.

The online application process provides multiple citizenship. These include: (i) a person of Indian origin (ii) a person married to a citizen of India (iii) a minor child of an Indian citizen (iv) a person whose parents upliftment of the poor has happened. Whether it is the are Indian citizens (v) a person who or either of parents was a citizen of Independent India (vi) a person registered as Overseas Citizen of India Cardholder (vii) - in the past 10 years, the Modi government has fulfilled a person seeking citizenship by naturalisation - an adult every promise. registered as overseas citizen of India for five years, and who has been living in India for a year.

The applicant can submit any of the following documents while applying for Indian citizenship under CAA: Party Amit Shah is all set to hoist the flag of the lotus and (i) Copy of passport issued by Afghanistan, Bangladesh or Pakistan government (ii) birth certificate issued by a government authority in these countries (iii) educational certificate from a school/college/board or university in Afghanistan, Bangladesh or Pakistan (iv) identity document of any kind issued by government authorities in these countries (v) residential permit issued by Foreigners Regional Registration Officer or Foreigners Registration Officer in India (vi)any licence issued by government authorities in these three countries (vii) land or tenancy records in these countries (viii) Any document that shows that either of the parents or the promises fulfilled, it should be considered certain grandparents or great-grandparents of the applicant that this time it is 400 plus and Narendra Modi's governis or had been a citizen of these countries. In effect, any document issued by a government authority in Afghanistan or Bangladesh or Pakistan to establish that the applicant is from either of these countries is valid for the citizenship process. This applies even if the document is past its validity period.

entered India before the cut-off date of December 31, 2014. (Agencies)

PM Modi's socio-economic...

Dr Jitendra Singh stated that every citizen is now feel-Dr Sehrish further revealed that the major coming confident enough to have every facility available to industry and will massively support the smaller news another person and the confidence to reach the highest organizations that do not have the benefit of an extenposition by dint of his or her effort. "Prime Minister, sive network for content gathering. PB-SHABD will be Narendra Modi-led NDA Government unveiled scheme a single point source of news content for all such orgaafter scheme in the last ten years, with the sole motto of nizations, he said. refrained from participating due to the lack of voting ration and Strengthening of Livelihoods (26 projects), reaching the last person in the queue, rising above the narrow considerations of caste, religion or region", the vice is being offered free of cost for the first year as an Minister said, adding that the government was driven introductory offer and will provide news stories in all by the spirit that each section of society should get what major Indian languages across fifty categories. it deserves and feel that they have the right to seek opportunities alike.

> The Union Minister described PM-SURAJ as a transformative initiative which aims at uplifting the most to remain immensely relevant in the age of extensive marginalised segments of society. The nationwide mobile connectivity and is still a source of accurate PM-SURAJ national portal for credit support to disadvantaged sections embodies Prime Minister's commitment to prioritise the underprivileged (vanchiton ko variyata). The credit support will be provided to the eligible persons across the country, facilitated through banks, NBFC-MFIs, and other organisations. "In the last decade, the government has ensured upliftment and conferment of honour on those sections of society which were either neglected or overlooked by previous Shri Sanjay Jaju, speaking earlier congratulated the governments", Dr Jitendra Singh said.

welfare of weaker and marginalised sections. "Today's launch of PM-SURAJ is a testament to that dedication and commitment", he said.

Enumerating the achievements of the government in the past ten years, Dr Jitendra Singh informed that more than 10 crore gas connections have been provided and as many as toilets built, keeping in mind the health and honour of women. "Earlier, our sisters in rural areas were forced to commit injustice unto themselves because they were constrained to answer the nature's call in the twilight or at the first sight of dawn", the you the latest news from different parts of the country. Minister said.

Dr. Jitendra Singh stated that the government had not only ended the all-pervasive cynicism and doom and gloom of the past, but has also transformed the people's mindset. "The government has walked the talk in the past 10 years", Dr Singh said, and stressed the need for generating awareness about the government's welfare schemes and initiatives for the poor, farmers, women and the youth.

"By doing away with the colonial practice of attestation, the government sent the message across that it has trust in its citizens who can now self-attest their documents", Dr Jitendra Singh highlighted, adding that this decision was carried forward by abolishing interviews for certain government posts. "With its countless people-centric programmes and schemes, particularly for the upliftment of disadvantaged and neglected sections of society, the Modi government has shown what real democracy is", the Minister underlined. He pledged that the journey of development for all would continue in the next term of the government.

Earlier, during the programme, Dr Jitendra Singh distributed Ayushman Health Cards, sanction letters

eastern Ladakh where the two countries deployed thou- dhists, Jains, Parsis and Christians- persecuted from for credit support, and PPE kits to sanitation workers before December 31, 2014, can submit applications in from several districts of J&K under the National Action for Mechanised Sanitation Ecosystem (NAMASTE). The initiative represents yet another step towards safeguard-An application will be submitted to an Empowered ing the health and safety of frontline workers who serve

Country has decided...

vote bank, both Congress and BRS neither celebrate Hyderabad Liberation Day nor honor Sardar Vallabhbhai Patel. The people of Telangana, along with the rest issued by Government authorities in Pakistan, Afghaniof the country, have seen that the goal of BRS, Congress, stan and Bangladesh to be uploaded by CAA applicants and AIMIM is to empower their own families. History testifies that after Jawaharlal Nehru in Congress, followed by Indira Gandhi, then Rajiv Gandhi, then Sonia The two sides have so far held 21 rounds of corps in person to subscribe the application and take oath Gandhi, and now Rahul Gandhi. Similarly, after KCR, of allegiance, failing which the district-level committee there is KTR. The AIMIM party of Owaisi is also a dynastic party. All these parties aim to ensure the well-being of their own sons and daughters. Parties that only think about the well-being of their own families cannot do good for the youth, other backward classes, women, farmers, and Dalits of Telangana or the country.

After independence, for decades, Congress did not remove Triple Talaq due to fear of Owaisi and vote banks, but Prime Minister Narendra Modi removed categories under which an applicant can seek Indian Triple Talaq and worked to honor Muslim women. Congress is only giving the slogan of removing poverty for 4 generations, while during the Modi government, removal of Article 370, the construction of the grand Ram temple, or the implementation of CAA nationwide

As the 2024 Lok Sabha elections are approaching, the political parties' election campaigns have intensified. In such a situation, senior leader of the Bharatiya Janata to make Narendra Modi the Prime Minister once again in 2024. Looking at the preparations of Indian politics' Chanakya Amit Shah, his strategies, and his diligence towards the organization before any election, it is safe to assume that the result of the election will be in his favour. Amit Shah, with his strategies, has brought the BJP into a strong position in those states of the country where the BJP's position was weak at one time. Like there is a 'Modi magic' in Indian politics, similarly, in any election, Amit Shah's name is enough to gather votes. Based on the achievements of the Modi government and ment is certain to make a strong comeback.

Anurag Thakur launches...

gathering from as well as news delivery to every corner of the country in every regional language. Now The applicant will also need to prove that he or she we intend to share this accurate and meaningful content with the rest of the print and electronic media industry of India", he said. The Minister further added that the news organizations will be provided with clean feed and will not have carry the logo of Doordarshan. This feed will curate content from all corners of the country in various languages. This will revolutionize the news

The Minister further informed that the SHABD ser-

Speaking about the revamped websites of Doordarshan News and All India Radio and the NewsOnAIR app, Shri Thakur said that All India Radio has continued information about government schemes and policies. The app will have many new features like Personalized news feeds, push notifications for breaking news, multimedia content integration, offline reading capability, live streaming for real-time coverage, easy social media sharing, location-based news delivery, bookmarking for saving articles and powerful search functionality

Secretary, Ministry of Information and Broadcasting whole Prasar Bharti team for the pilot of SHABD and Dr Jitendra Singh recalled that after becoming Prime the new website and app launches. He further said Minister, Modi had said that his government is dedicat- that the portal will create a lot of synergy and will be ed to the poor and committed to the development and beneficial in dissemination of meaningful news content across the country.

CEO, Prasar Bharti, Shri Gaurav Dwivedi said that Prasar Bharti will make an outreach to media organisations and share audio, video, photo and text based information gathered by its network.

PB SHABD platform has been designed to provide daily news feeds in video, audio, text, photo and other formats to the subscribers from media landscape. Powered by the vast network of Prasar Bharati reporters, correspondents and stringers, the service would bring

The shared feeds can be used for customized storytelling across different platforms. As an introductory offer, the services would be available free of cost and help the smaller newspapers, TV channels and digital portals immensely. The details are available at https:// shabd.prasarbharati.org/

The revamped websites of DD News and Akashvani News and revamped News on Air app would provide users seamless experience and better user engagement. The websites will have user-friendly experience and engaging, has latest design elements so that users can have seamless experience. Users can explore intriguing news audios, engage in special programs, and tune into daily and weekly special broadcasts. With its organized layout and diverse content offerings, the revamped websites enrich the news consumption journey for users. Dedicated sections include National, International, Education, Health, Business & Economy, Science & Tech, Sports, Environment, and Opinion.

DC leads preparations for mega plantation drive at Ganderbal

JI NEWS SERVICE

GANDERBAL, MARCH 13

The Deputy Commissioner (DC) Ganderbal, Shyambir today convened a meeting here to discuss the modalities and arrangements for upcoming mega plantation drive across the district.

During the meeting, the DC instructed key officers including Divisional Forest Officer (DFO), to facilitate comprehen- the plantation efforts. Sindh Forest Division; Tehsildar Ganderbal, and officials from the Floriculture department to iden- specifically instructed to Gulzar Ahmad; Assistant tify suitable patches of land that could be transformed into Chinar Parks or Deodar parks.

tance of seeking technical ensure the success of the holders. guidance from SKUAST plantation days. Social Forestry to ensure



sive planning for the plan-

on identified land parcels ing the sustainability of district.

The meeting was tation drive. The District attended by Additional Floriculture Officer was Deputy Commissioner, devise a detailed plan for Commissioner Developplantation in collabora- ment, District Floricultion with other relevant ture Officer, DFO Sindh departments. Sufficient Forest Division, Tehsil-Additionally, the DC equipment and manpow- dar Ganderbal, CEO, and emphasized the impor- er will be mobilized to other concerned stake-

This proactive initiative Furthermore, the underscores the committhe effective development DC provided directives ment of the Ganderbal regarding the selection administration to envi-All concerned depart- of plant species capable ronmental conservation ments were directed to of thriving in the local cli- and the enhancement of promptly submit reports matic conditions, ensur- green spaces within the

FSD Anantnag conducts spot test for artificial colours in watermelons through MFTV

JI NEWS SERVICE

ANANTNAG, MARCH 13

Food Safety team Anantrounding on social media tice in the trade. regarding availability of

test for artificial colours.

nag today tested more Food Business Operators than 30 samples of water- dealing with Fresh Fruits melon on spot for arti- and Vegetables at Fruit market inspection in view and were warned regard-

spot analysis none of the ratory, J&K. In addition samples showed a positive mass awareness was provided among consumers During the drive all the for detection of artificial colours through rapid test-

ing at home. The Food Safety authorficial colours through and Vegetable Mandi ities of the district have Mobile Food Testing Van Ashajipora and Batengoo cautioned that regular (MFTV) during intensive Anantnag were inspected inspections will continue in the district to maintain of the apprehensions sur- ing any kind of malprac- the highest standards of food safety and quality, Moreover, the team and FBOs were sternly artificially ripened water- procured 25 samples of warned to comply with melon in markets during fresh fruits and vegeta- the Food Safety and Stanthe holy month of Rama- bles for detailed analysis dards Act, 2006/Rules and dan. However, during on in the Public Health Labo- Regulations there under.

Ministry of MSME's PM iVshwakarma Awareness programs successfully held across 5 Districts

JI NEWS SERVICE SRINAGAR, MARCH 13

In a concerted effort to growth of artisans, the Ministry of MSME, through its dedicated Br MSME Development & Facilitation Office Srinagar, orchestrated a series of impactful PM Vishwakarma Programs

across five districts.

Under the guidance of fully conducted in Baram- goal of these programs-to Service Centre (CSC) cen ulla, Kupwara, Ganderbal, generate awareness about ters was ensured. Bandipora and Srinagar the PM Vishwakarma Administrations.

substantial participation, benefits. with over 1200 enthusiastic stakeholders and beneficia- comprehensive informa- credit support, digital and



tion about the scheme's marketing support.

Br MSME DFO Srinagar, MSME, Saheel Alaqband nated, and handholding the programs were success- emphasized the primary support through Common

Alaqband highlighted districts, in collaboration Scheme, ensuring its reach that the PM Vishwakarma with the respective District to the remotest locations, Scheme provides artisans allowing artisans to avail with recognition through The events garnered themselves of its myriad certificates and identity cards, accompanied by During the programs, training, toolkit incentive,

GDC Kathua hosts live streaming of **India Semiconductor Mission and India Techade Program**

KATHUA, MARCH 13

Government Degree College (GDC) Kathua, under the patronage of the College Principal Prof. Seema Mir, hosted a spe-Techade program.

to-end semiconductor program, graced by the Miss Monika.



cial program to provide a ecosystem, propelling presence of senior faculty platform to the teachers, the nation to become a members including Prof. students, and volunteers significant player in the Sanjay Karlupia, Prof. R to witness the live stream- global semiconductor K Pandit, Prof. Shiwani ing of the India Semiconindustry. NSS volunteers, Kotwal, Dr. Yashpaul ductor Mission and India students, and both teach- Sharma, Dr. Ram Singh, ing and non-teaching Dr. Rupinder Kour, Dr. The event took place staff of the College had Kulbir Singh, Dr. Arvind in the smart classroom of the opportunity to wit- Kumar, Dr. Pinki, Dr. the Arts Block. The India ness this groundbreak- Jogbinder Singh, Prof. Semiconductor Mission ing program live in the Manmohan Singh, Dr. aims to establish an end- smart classroom. The Heena, Dr. Divya, and

Public Speaking Competition hosted by 52nd CRPF Battalion concludes at Kishtwar



JI NEWS SERVICE

KISHTWAR, MARCH 13

The Public Speaking Competition organized by the 52nd Battalion CRPF Kishtthe Government Degree marks) College Auditorium.

The event graced by to award 50 marks to the Parma Shivan, Comman-contestants. The compe-Chief Guest and Sunil Parihar from Ashiana as the Special Guest, witnessed enthusiastic participation senting various schools

of jury members, com-Assistant Commandant, CRPF, Inspector Vipin Jha, Ahmed - Kidzee Interna-CRPF, Lokesh Sharma, tional School and Kajal nity.

Civilian, Inspector B.C. Pathak, CRPF evaluated the participants based on the criteria viz Content (10 marks), Language (10 marks), Style (10 marks), war culminated today in Overall Presentation (20

dant-52 Bn CRPF as the tition offered a range of prizes, including Consolation Prizes of Rs. 500 each awarded to Atika Kousar - Dreamland Academy, from 34 students repre- Keshwan, Adil Ahmed - Dreamland Academy, and institutions of Kisht- Keshwan, Shivan Koul -K.V., Adiba Ara - Islamiya A distinguished panel Faridiya, Pearl Bhandari - Divine Light Academy, prising Gaurav Kumar, Vanshika Thakur - Daffodil Public School, Saad

Rani from Nagni Village. Among the winners, the

3rd Place went to Tavish Mahajan from Kidzee International School, who received a trophy along with Rs. 2000. The 2nd Place was

Each jury member has clinched by Anam Kelam from AL-Hilal Education Academy. Sh was awarded a trophy and Rs. 3000 cash prize.

Divyanshi Sharma, a 6th-grade student from Kishtwar Valley Public School Hidyal secured the 1st position, receiving a trophy along with Rs.

The event drew an audience of approximately 250 individuals, showcasing the vibrant spirit of public speaking in the commu-

Launch of SURAJ Portal by PM: Rajouri District Beneficiaries participate virtually

JI NEWS SERVICE RAJOURI, MARCH 13

District administration Rajouri today hosted live streaming of the launch of the Pradhan Mantri Samaiik Utthan evam Rozgar Adharit Jankalyan (PM-SURAJ) portal Minister by Prime Narendra Modi.

The portal embodies the commitment of the Government to prioritise the underprivileged and is a transformative initia- Health Cards and Person- ditions ally in the event

distributed Ayushman serve in challenging con-sion.



tive, aimed at uplifting al Protective Equipment the most marginalised (PPE) kits to Safai Mitras Assistant Commissioner segments of society. The under the NAMASTE Revenue, Mohd Jhanbeneficiaries from district scheme. This initiative gir Khan; District Social Rajouri participated virtu- represents yet another Welfare Officer, officials During the ceremony, ing the health and safety ous government schemes Prime Minister Modi also of frontline workers who were present on the occa-

Among the others, step towards safeguard- and beneficiaries of vari-

DMO imposes Rs. 9 lakh penalty on excavator for illegal mining at Sahar Khad



JI NEWS SERVICE KATHUA, MARCH 13

District Mineral Officer Kathua (DMO) Rajinder Singh has imposed Rs. 9 lakh penalty on an Excavator involved in illegal mining at Sahar Khad here today.

River Bed Mineral was Jammu. dug and lifted to Shree

department.

It was informed that immediately after seizure as per extant rules, mining in the district. the JCB machine was The excavator was by Joint Director only same location for excaseized from Palan Morh after payment of pen- vation of minor minerarea of Sahar Khad where alty in Directorate office als in violation of rules

The action was initi- department.

Krishna Stone Crusher ated on the complaint without seeking any per- of some local people. mission from the mining The DMO informed that there are clear directions from DC Kathua to curb the practices of illegal

He informed that three brought to police post excavators have already and shall be released been seized from the of Geology and Mining

Block Diwas: Public Outreach programme held at 3 blocks of Kulgam



JI NEWS SERVICE

KULGAM, MARCH 06

In order to take first hand appraisal of public grievtoday held at three blocks D. H. Pora and Kulgam.

sioner Revenue (ACR) Kulgam, Muhtaq Ahmad redressal camp at Kulgam a time bound manner. block where he listened to

this Block Diwas. Visiting ances.

delegations from various areas apprised ACR about their issues and put forth their demands.

Officers on the spot ances and demands, responded to the queries public outreach pro- and demands of people grammes as part of pertaining to their departweekly Block Diwas were ments. ACR after giving patient hearing to the of the district viz. Devsar, public addressed some of the immediate nature of Assistant Commis- grievances on the spot and assured that the rest of the genuine issues and grievpresided over a grievance ances will be addressed in

Similarly, concerned grievances and issues of officers listened to the people at Devsar and Other officers from D.H.Pora blocks, and District Administration assured of redressing were also present during public issues and griev-

DC conducts comprehensive inspection of Polling **Stations at Shopian**



JI NEWS SERVICE SHOPIAN, MARCH 13

The Deputy Commissioner (DC) Shopian, Faz Lul Haseeb today undertook a

Chottipora and Sedow. status of assured minimum the electoral process. facilities at these polling

passed a thorough examiing free, fair and transconduct of the elections.

the DC engaged with the ease. stakeholders to ensure that all necessary arrangements panied by SSP, Shopian, are put in place to facili- Tanushree and Dy. DEO, tate a smooth and efficient Jahangir Ahmed besides voting process.

electricity, water supply, Shopian.

sanitation, and accessibil ity for differently-abled voters was assessed at these polling stations. Expressing satisfaction

with the overall preparedcomprehensive visit to sev-ness observed during the eral polling stations in the visit, the DC underscored district including Bohriha- the importance of ensurlan, Heerpora, Padapawan, ing that all polling stations adhere to prescribed stan-The visit was aimed dards of ECI to uphold the to assess and review the integrity and fairness of

He reiterated the unwavering commitment of the The scrutiny encom- administration to facilitatnation of various essential parent elections, wherein facilities for the smooth every eligible citizen can exercise their democratic During the inspection, right with confidence and

The DC was accomofficers and other officials Basic amenities such as of election department

Market Checking intensified in Handwara town

JI NEWS SERVICE KUPWARA, MARCH 13

Commissioner (ADC) Handwara, Aziz Ahmad Rather leading an officers'

of all Business establish- problems.

ments/shopkeepers to maintain quality and standard of essential To prevent overpricing, commodities and ensure illegal profiteering and all essential commodiblack marketing by busi- ties are sold at Governness establishments operment approved rates. He ating at Handwara town, asked the Market checkthe Additional Deputy ing teams to continue the drive across all the markets of the town.

While interacting with team today conducted the shopkeepers, the a market checking drive ADC asked them to disacross Handwara town. play rate lists at promi-Market checking team nent places and adhere consisting of (EO) MC to the rates approved Handwara, SHO and and ensure quality and Food experts conducted freshness of eatables. The market checking across ADC said that encroachthe Handwara town ment of footpaths and to ensure all essential pavements will not be commodities are sold at tolerated at any cost, he Government approved urged the traders and rates as per the quality street vendors to vacate standards with sufficient the encroachments of availability of consum- footpaths and pavements ables. Meanwhile, the so that people especially ADC stressed on owners pedestrians do not face

EDITORIAL

Rising cancer cases-a cause of worry

ammu and Kashmir has been recording

a steep rise in cancer cases. The latest figures show that around 80,000 cases have been reported in the Union Territory during the past six years, painting a grim picture of the health challenges its residents are grappling with. This alarming trend demands immediate attention and concerted efforts from all stakeholders to tackle the root causes and mitigate the impact on the population. One of the key factors fueling this surge in cancer cases is the adoption of sedentary lifestyles. As modernization seeps into the fabric of society, physical activity has taken a back seat, leading to an array of health issues, including obesity and, consequently, a higher risk of cancer. Unhealthy dietary habits further exacerbate the problem, with the consumption of chemically-infested food items posing a significant threat to public health. The data from the National Cancer Registry Programme Report paints a stark picture, showing a concerning upward trend in cancer cases. The fiscal year 2023-24 witnessed the highest number of cases at 14,112, reflecting a 2.7% increase from the previous year. This continuous rise is deeply concerning and requires urgent intervention. The healthcare infrastructure in Jammu and Kashmir is also feeling the strain. Tertiary care institutions like Sher-e-Kashmir Institute of Medical Sciences (SKIMS) and Shri Maharaja Hari Singh (SMHS) Hospital are recording an alarming increase in cancer cases. SMHS Hospital, for instance, reported 188 cancer-related patient deaths and 6379 cancer cases between 2017 and October 2023. SKIMS documented a staggering 44,112 cancer cases from 2013 to 2023, highlighting the magnitude of the issue. One of the major challenges faced by patients is the lack of adequate diagnostic facilities. With only one PET scan machine available in the government sector at SKIMS Soura, accessing timely and accurate cancer diagnostics is a major hurdle for patients at Government Medical College (GMC) Srinagar. This bottleneck needs to be addressed urgently to ensure timely detection and treatment of cancer cases. To combat this crisis, a multipronged strategy is imperative. Promoting physical activity, encouraging healthy eating habits, and raising awareness about the hazards of consuming chemically contaminated food products are crucial steps. The government, healthcare professionals, and civil society must collaborate to implement effective policies and programs to address these issues. Moreover, efforts should be made to identify and address other risk factors contributing to the rising cancer burden, such as aging populations, cigarette use, poor diet, and air pollution. Comprehensive studies and research are needed to understand the specific challenges faced by the population of Jammu and Kashmir and tailor interventions accordingly. In conclusion, the rising cancer crisis in Jammu and Kashmir demands immediate attention and proactive measures from all stakeholders. It is imperative to prioritize public health and work towards creating a healthier and more sustainable future for the people of Jammu and Kashmir. Only collective efforts to be put in by the people as well as the authorities concerned can yield the desired results.

Don't fear AI in war, fear autonomous weapons

ANDREAS KLUTH

There's no question that Artificial Intelligence will transform warfare, along with pretty much everything else. But will the change be apocalyptic or evolutionary? For the sake of humanity, let's hope it's the latter.

Technological innovation has always changed warcraft. It's been that way since the arrival of chariots, stirrups, gunpowder, nukes and nowadays drones, as Ukrainians and Russians are demonstrat- infrastructure that will well as cost, and free up cers and commanders, or called. ing every day.

My favorite example (because it's so simple) is the Battle of Koeniggraetz in the 19th century, in which the Prussians defeated the Austrians, thus ensuring that Germany would be united from Berlin rather than Vienna. The Prussians won largely because they had breech-loading guns, which they could rapidly reload while lying on the ground, whereas the Austrians had muzzle-loading rifles, which they reloaded more slowly while stand-

might hope to gain military preeminence for a fleeting moment. As a military technology, though, AI looks less like breech-



gradually transform everything, including fighting.

It's already doing that. America's satellites and reconnaissance drones now capture so much information that no army of humans could analyze all of it fast enough to give the Ukrainians, say, useful tips about Russian troop movements in actionable time. So AI gets that job. In that way, soldiers are like doctors who use AI to guide them through reams of X-ray data. The next step is to put

AI into all sorts of bots that will function, for example, If AI were akin to that as automated wingmen for kind of technology, either fighter pilots. A human will the US or China, vying for still fly a jet, but she'll be leadership in the field, surrounded by a swarm of drones using sensors and AI to spot and – with the pilot's permission – annihilate enemy air defenses or ground troops. The bots loading rifles and more won't even care if they about the degree of autonlike the telegraph, internet expire in the process, if omy we humans grant our or even electricity. That is, that's their fate. In that machines. Will the algo-

humans to concentrate on the larger context of the mission.

The crucial detail is that these bots must still seek human authorization before killing. I don't think we should ever trust an algorithm to have adequate contextual awareness to judge, say, whether people in plain clothes are likely to be civilians or combatants – even humans are notoriously bad at telling the difference. Nor should we let AI assess whether the human toll required for a mission's tactical success is proportionate to the strategic objective.

The existential question is therefore not about AI as such. Paul Scharre at the Center for a New American Security, an author on the subject, argues that it's instead mostly

replace them?

This, too, isn't a wholly new problem. Long before AI, during the Cold War, Moscow built "deadhand" systems, including one called Perimeter. It's a fully automated procedure to launch nuclear strikes after the Kremlin's human leadership dies in an attack. The purpose is obviously to convince the enemy that even a successful first strike would lead to Mutual Assured Destruction. But one wonders what would happen if Perimeter, which the Russians are upgrading, malfunctions and launches in

machines do the deciding. In the case of nuclear a similar declaration. Last weapons, the stakes are self-evidently existential. But they're still vertigi-"lethal autonomous weap- gence and Autonomy." ons systems" (LAWS), as Endorsed by 52 countries

It may be that an algorithm makes good decisions and minimizes death; that's why some airdefense systems already use AI – it's faster and better than people are. But the code may also fail or, more diabolically, be programmed to maximize suffering. Would you ever Vladimir Putin or Hamas to deploy killer robots?

The US, as the furthest along technologically, has in some ways led by good example, and in some Posture Review in 2022, it said that it will always Russia nor China has made year, the US also issued a "Political Declaration on the Responsible Military killer robots are officially and counting, it calls for

all sorts of "safeguards" on LAWS.

Not for their ban, however. And that's where the US, as so often in international law, could play a more constructive role. The UN Convention on Certain Conventional Weapons, which seeks to restrict pernicious killing techniques such as landmines, has been trying to prohibit autonomous killer robots outright. But the US is among those opposing a ban. It should instead support one and get China, and then others, to do the

Even if the world says no to LAWS, of course, AI will still create new risks. It will accelerate military decisions so much that humans may have no time to evaluate a situation, and in the extreme stress either make fatal mistakes or surrender to the want Russian President algorithm. This is called automation bias, the psychology at work when, for example, people let their car's GPS guide them into a pond or off a cliff.

But risk has increased ways not. In its Nuclear along with military innovation ever since Homo sapiens tied stone tips onto 'maintain a human 'in spears. And so far we've So the problem is the loop'" when making mostly learned to manage about how autonomously launch decisions. Neither the new perils. Provided we humans, and not our bots, remain the ones to make the final and most existential calls, there's still hope that we'll evolve nously high with all other Use of Artificial Intelli- alongside AI, rather than perish with it.

Prioritising teacher well-being is a must

SAKSHI SETHI

Education since ancient times has never been static. It has always been and is still evolving with advancements in technolwellbeing has become a fundamental aspect of the education system, influ- has been a growing recogencing not only the quality of teaching but also the overall effectiveness of the learning environment.

Teachers, catering especially to the current generation, encounter various stressors, including classroom management, grading and meet- are some of the crucial ing diverse student needs, components of mental which brings them to well-being.

an utmost need of wellbeing. Teacher wellbeing is a critical and often overlooked aspect of the education system. The various dimensions of teacher wellbeing, the challenges ogy, changes in society faced by educators and and new research findings. the strategies to enhance Gone are the days when and safeguard their physiteaching was limited to cal, mental and emotional textbooks and traditional health directly influence methods, and teachers not only their personal were restricted to a mere lives but also the quality 8-2 job. Today, teacher of education they provide

In recent years, there nition of the importance of prioritising teacher wellbeing to ensure a positive and sustainable educational experience. Adopting various mindfulness practices, stress management techniques and accessing mental health resources



is an investment in the wellbeing can enhance job future of education and for that, a focus on teacher wellbeing is essential for both retaining experienced educators and attracting new talent to educators are physically the profession. There is no denying the fact that high levels of stress and burnout contribute to ment. By fostering a culteacher turnover, which in turn negatively affects the stability and continu-

Empowering educators ment. Prioritising teacher satisfaction and encourage talented individuals to pursue and stay in the teaching profession.

> It is only when the expectations, and mentally well, they can create a positive and engaging learning environture that values and sup-

ing a healthy work-life balprofessionals. Also, rec- in education. ognising and appreciating expressions of gratitude opportunities and a supreinforces the value placed on their efforts.

Encouraging a healthy work-life balance through reasonable workload flexible scheduling and clear boundaries between work and personal time will help prevent burnout. The impact of empowered educators extends far beyond ports teachers, providing the classroom, shaping the them with opportunities educational landscape and ity of the learning environ- for professional growth, inspiring generations of

offering them flexible work learners. Also, professionarrangements and promotal development ensures that educators are wellance, one can unleash the informed about the latest full potential of teaching trends and best practices

Remember, teacher the hard work and dedica- empowerment is not just tion of teachers fosters a a concept. It is a powerful positive work culture. Not catalyst for educational only this, acknowledging excellence. By cultivatthe contributions made ing a culture that values by the teacher through autonomy, professional awards, celebrations and development, leadership portive environment, the management running the institutions can empower their teachers to reach their full potential, and in doing so, they contribute to the creation of a vibrant, innovative and inspiring educational landscape that will benefit both the educators and the students/learners alike.

> (The writer is an educator; views are personal)

Balancing consumer needs and farmer welfare

SUDHANSHU PANDEY

initiative of the Government to take care of the interests of ordinary people who are consumers of essential commodities. Globally, supply chains remain disrupted, and logistics costs have gone up, pushing food inflation of 'The Bharat' brand Atta up. The Bharat Atta is available at an MRP not exceeding Rs.27.50/kg at NAFED stores, Kendriya Bhandar, and other tinued moderation of prices cooperative outlets. This is not only much below the market price but will also ests of ordinary consumers put pressure on retailers needs to be seen in the conand wholesalers to bring down the general prices, giving relief to all classes of to farmers so that their interconsumers. Indeed, in the ests are not compromised last three months, contrary to market expectations, low for the sake of consumprices of both wheat and atta ers. Bharat Atta at Rs.27.50/ have either come down or

remained stable.

The recent flagging off intent of the Centre to take of 100 mobile vans for care of the welfare and interthe sale of Atta under ests of its vast population in the 'Bharat' brand in New a period of fluctuating geo-Delhi marked a bold new political situations, which may affect the prices of all such commodities adversely. The alacrity and speed at which the government deals with the ground situation is indeed remarkable.

The launch of retail sales has increased supplies in the market at affordable rates and is helping in the conof this important food item. The initiative in the intertext of efforts of the planners to ensure remunerative MSP at the cost of keeping prices kg for consumers and an

perspective of the wider achieve a unique balance between the two sides of the problem. Supply-side economics has been balanced intelligently with demandside economics.

> The challenges of maintaining a fine balance between the needs of the masses in getting food and essential commodities at reasonable rates and the farmers to have a higher income each year have always been cited as mutually competitive sides of this delicate balance. The terms of trade between agriculture and farming goods vis-a-vis other manufacturing goods and other tertiary services have historically been loaded against the farm sector.

The launch of affordable Bharat Atta is to be seen alongside a slew of other anti-inflationary measures like ensuring the availability of Bharat Dal (Chana dal) through the physical and/ excellent support mecha- or retail outlets of 3 agen-The launch of "Bharat nism for farmers is a unique cies at Rs.60 per kg for a 1kg

market.

the Centre has done well to withstand pressures from international powers, global trade institutions, millers, and export lobbies while introducing administrative pressure in restricting exports of wheat and some varieties of rice to ensure sufficient domestic availability of those commodities. The government has also imposed limits on the stock holding of wheat by different categories of enti-

hoarding. To take effective anti-infla-

ties like wholesalers/traders,

chain retailers to prevent

30 kg pack, onions at Rs.25 the Department of Consumper kg. FCI is also offering er Affairs monitors the daily 4 LMT of rice for sale in retail and wholesale prices the weekly e-auctions to of 22 essential food comincrease the availability of modities through 545 price rice in the domestic market. monitoring centres set up FCI also offered rice for sale in 34 States/UTs. The daily at Rs.29.00-29.73/kg by the report of prices and indicaprices fixed by the Govern- tive price trends are duly ment as a signal for the analysed for taking appropriate decisions for the release Besides such measures, of stocks from the buffer to cool down prices, imposition of stock limits to prevent hoarding, changes in trade policy instruments like rationalisation of import duty, changes in import quota, restrictions on exports of the commodity, etc.

The Price Stabilisation Fund (PSF) set up by the Centre has been extensively used to check the volatility in the prices of agrihorticultural commodities. Currently, under the PSF, a dynamic buffer stock of processors, retailers, and big pulses (Tur, Urad, Moong, Masur, and Gram) and onion is being maintained. Onion prices in India have always

Atta" is to be seen from the management solution to pack and Rs.55 per kg for a tionary remedial measures, been a politically sensitive matter. To check the volatility in prices of onions, the Government maintains an onion buffer under the PSF. The buffer size has been increased year after year from 1.00 LMT in 2020-21 to 2.50 LMT in 2022-23.

> To augment domestic availability and moderate the prices of pulses, the import of tur and urad has been kept under the 'Free Category' till 31.03.2024, and import duty on masur has been reduced to zero till 31.03.2024. Import duty of 10 per cent on tur has been removed to facilitate smooth and seamless importation. Bharat Atta and many such interventions like the regular sale of wheat by the Food Corporation of India demonstrate the strong will of the Government of India to take people-centric decisions swiftly and proactively when it's needed the most.

(The writer is a former food secretary, views are personal)

BUN - NUTRITION, HEALTH BENEFITS AND SIDE EFFECTS

HIRAL PATEL

uns are yeast-leavened bread products that are highly accepted globally for their soft texture, good taste and versatile utility. Therefore, buns are one of the most highly consumed food products. With their growing popularity, many types of buns are available in the market. However, the primary ingredients remain the same with little changes in the added ingredients with slight variation in the taste. Traditionally, buns are usually round and small, but today, they are available in many shapes and sizes. Bun originated from the city

of Hamburg in Germany. The history of buns goes back to the 18th CE. People ate it with meat, and it was popular with German workers. During the reign of Queen Elizabeth I, the government passed the law that bakers could only make hot cross buns on Easter and Christmas. It was illegal to sell spiced buns on any other day.

Many people confuse buns with bread. However, they are different. Bread is a loaf which yields many servings, whereas a bun is a single-serving baked product. The primary ingredients in the bun are flour, milk, yeast, and a small amount of sugar or butter. However, a sweet bun has more sugar and some nuts and fruits. In addition, the name, taste, size, and shapes vary in different regions. Some examples are dinner rolls, cinnamon buns, hot cross buns, croissants, kaiser rolls, pizza rolls, Italian panini buns, ciabatta buns,

Nutritional Properties of Buns

As per USDA, 100g of bun serving contains the following nutri- dusted with flour.

Energy: 256 kcal Protein: 9.3g Carbohydrate: 48.84 Fat: 3.49g Fibre: 2.39 Sugar: 6.98g Sodium: 465mg **Note:** The properties mentioned

above are for a white hamburger bun, which is pretty popular.

Note

Not all buns have the same nutritional properties. Nutritional prop- add fillings. erties in buns can differ depending on their type and the ingredients. The difference in values of micronutrients and macronutrients also will have more sugar than ham- nutritional value. burger buns.

Types of Buns

There are multiple kinds of buns available in different forms. However, some popular types of buns are listed below

piece of bread served as a side dish as a part of the meal.

cinnamon rolls. It is a sweet roll with a cinnamon flavour, commonly served in North America.

Hot cross buns are spiced sweet buns made with fruits. Earlier, people only consumed it on Good Friday. Therefore, it has a cross mark on the top.



pastry or danish pastry.

Panini buns are traditional sandwich buns that have filling inside. It mostly has a pork filling. Ciabatta buns are bread with

wheat flour, yeast, olive oil and salt as the primary ingredients. A plain bagel is bread which

looks like a doughnut. Its preparation differs from the other prod-

Pretzel is a knot-shaped bread, which is usually salty.

Scotch bap bread is very soft and round. It is also oval and square sometimes. It is flat on top and

Crumpet is common in the UK, Canada, New Zealand, South Africa and Australia. It is a small griddle bread prepared from milk, flour

English muffin is a small, round yeast-raised bread. It is generally light in colour and served at breakfast. It is trendy in Britain.

Hot dog buns are soft long buns that typically contain sausage.

The Hamburger bun is a round bread made to hold a patty. First, the bakers slice it in half and then

Whole wheat buns are made from wheat flour. It is high in fibre, vitamins, and minerals.

Sprouted whole grain buns are depends on the size and kind. For made from the sprouted whole example, 100g of cinnamon buns grain. Sprouting them adds to their Enriched with Micronutrients

fits, including cholesterol-lowering benefits.

Flax bun has omega-3-rich fatty acid that promotes good heart health. In addition, Lignans is a A dinner roll is a small, round compound in these buns that helps protect against certain cancers.

Sprouted rye buns are high in Cinnamon buns are often called fibre. As a result, they help slow the digestion of carbs and decrease the body's insulin response.

Health Benefits of Healthy Buns Instant Source of Energy

Buns can boost energy levels due to their carbohydrates and calories. Since healthy buns are a good source of carbohydrates, they can A croissant is a buttery cresinstantly provide energy. However, cent-shaped roll made with yeast- regular buns made of refined flour leavened dough. It is more like puff are not a good source of complex

and enhance mood. Buns include sugar, starch, and fibre that provide energy.

Fibre-Rich

Buns, especially ones prepared Note with whole grains, whole wheat flour, seeds, and nuts, are rich in fibre. The fibre in buns helps reduce the risk of gut-related health issues like constipation.

In addition, according to studies, rye buns possess nutrients that can lower cholesterol. Fibre also helps lower bad cholesterol and reduces the risk of heart disease. Buns may also assist in weight loss due to An Easy Home-Made Bun Recipe their fibre-rich composition.

The fibre present in the bun acts as a prebiotic. A prebiotic is a compound that increases the growth of beneficial bacteria. These microorganisms protect the digestive system. It also keeps our bodies safe from harmful bacteria and fungi. Healthy bacteria feed on prebiotics, which come from carbohydrates and fibre.

Studies show that gut bacteria support our immune system function, improve depression, and address obesity.

Each type of bun can have its Oats buns are made from oats unique benefits. Besides regular sugar in a liquid measuring cup. flour. It offers several health bene- buns, several healthy options are fortified with essential nutrients. bubbly Fortified foods have added nutrients added to them, boosting their nutritional benefits and making them more nutritious. Generally, fortified foods have added vitamins, minerals and other micro-

White hamburger buns have a significant amount of iron. Some bakers also fortify buns with minerals like iron, niacin, and calcium, making them nutrient-rich and healthy. Studies suggest that iron is vital to producing haemoglobin, essential for producing red blood cells that transport oxygen to various body parts. Iron is also necessarv to make certain hormones.

Niacin, or vitamin B3, helps the

carbohydrates. Carbohydrates are digestive system, skin, and nerve not always detrimental to health. function. Calcium is a mineral Instead, it is necessary to fuel most often associated with bones the body. In addition, carbs help and teeth. Calcium plays a vital the brain to function correctly role in blood clotting, helps muscles contract, and regulates normal heart rhythms and nerve function. White hamburger buns have a significant amount of these nutrients.

Buns do not offer any significant difference. Instead, they are high in carbohydrates and calories. Although they may provide instant energy, overconsumption will bring more harm than benefits. However, eating buns made using oat flour or whole grains can offer some health benefits.

Servings: 22 Rising time: 2 hours Preparation time: 30 minutes Cooking time: 15 minutes Ingredients

To Proof Yeast Instant dry yeast: 1 tbsp Sugar: 1 tbsp Warm water: ½ cup To Make Buns Warm Water: 2 cups Unsalted butter: ½ cup Granulated sugar: cup Salt-1 tbsp

Whole Wheat Flour: 6-7 cups

Proof Yeast

Mix the warm water, yeast, and

To Make Buns

In a huge bowl or the bowl of a stand mixer, whisk together 2 cups of warm water, butter, cup sugar Add the yeast mixture and stir

to mix. Put the bowl in the stand mixer,

and then put the dough hook on the machine. Of course, you can also knead it by hand. Add flour (one cup at a time) and

combine before adding more. Add up to 6-7 cups of flour total. However, add it gradually at the end until the dough becomes smooth and does not stick.

Then, place the dough in a large. lightly greased bowl and cover with

Set in a warm spot and let rise until it doubles (about 1.5 hours). Uncover dough, punch down, and roll out 20-24 rounds.

Place on a parchment-lined baking sheet and let rise (you don't have to cover them) in a warm spot for 30 to 90 minutes until doubled. Bake at 350 degrees for 15-20 min-

utes, until light golden brown Note:

One must make sure that the buns are fresh before buying them. Verify the expiry date and manufacturing date. Also, check the packets' ingredients, whole grain, and nutritional value. Food manufacturers may add molasses and food colouring to give their refined buns a darker look. Select whole-grain bread products which

Possible Adverse Effects of Buns Weight Gain and Diabetes

comprise at least 3 g of fibre.

Buns, mainly white and refined buns, have a high carbohydrate content. Unfortunately, such varieties of buns also have a high glycemic index.

Therefore, consuming too many buns can result in a spike in blood sugar levels. In addition, the high calories can make you gain weight if the other ingredients are not

High Sodium

Buns have a very high sodium content. Hence, if you consume them in excess, it may lead to hypertension. Therefore, you should always eat them in mod-

Food Allergies

People allergic to wheat must avoid buns or ensure that the bun they are consuming does not have wheat. In addition, people with celiac disease should also avoid consumption. Symptoms of wheat allergies vary from person to person. Skin rash, nausea, vomiting, stomach cramps, diarrhoea, runny nose, sneezing, and asthma are common signs of allergy.

Buns are best when consumed fresh. However, you can also store them. Store the buns in a container with a tight lid at the bottom of a cabinet where heat and direct sunlight will not degrade their quality. In hot weather conditions, keep it in a container inside the fridge to keep it pest-free and safe.

Bakery products like buns are well-liked all over the world. Buns contain several ingredients, which differ from the varieties. It also Let it sit for 10 minutes or until includes different procedures in its preparation. However, they do not provide any significant benefits. But, whole-grain or oat flour buns made from whole grains are healthy

You can consume them with other healthy foods to make them a part of your healthy meals. For example, if you want to use your buns for breakfast, you can choose a whole grain bun and club it with some veggies and protein like egg, chicken, or cottage cheese.

Bread making is a very sophisticated process and requires patience. However, the ingredients used to make buns are very easily available. Therefore you can make them at home.

HEALTHY RECIPES USING HADDOCK

Broiled Haddock

Prep time: 10 minutes Cooking time: 10 minutes Total time: 20 minutes Servings: 4

Ingredients

Haddock fillets: 2 pounds Onion powder: ½ tsp Paprika: ½ tsp Garlic powder: ½ tsp Ground black pepper: ½ tsp Cayenne pepper: 1/4 tsp

Lemon: 1 (cut into wedges) **Method of Preparation**

Preheat the broiler and keep the oven rack 6 inches below the heat source.

Spray a baking pan with cooking spray and line it with aluminium foil. Then, place the haddock

Mix paprika, garlic powder, onion powder, black pepper, salt, and cayenne pepper in a small bowl. Then, marinate the fish with seasoning.

Preheat the oven to broil and cook the fish for 6 to 8 minutes, or until it flakes easily with a fork. Serve with lemon slices on the side.

Baked Haddock

Prep time: 10 minutes Cook time: 15 minutes Total time: 25 minutes

Servings: 4 Ingredients Milk: 3/4 cup

Salt: 2 tsp Brown bread crumbs: 3/4 cup Grated Parmesan cheese: 1/4 cup

Ground dried thyme: 1/4 tsp Haddock fillets: 4 Olive oil: 1/4 cup

Instructions Preheat the oven to 500 degrees Fahrenheit. Combine the milk and salt in a small bowl.

Mix the bread crumbs, Parmesan cheese, and

thyme in a separate bowl. After dipping the haddock fillets in the milk, coat them with the crumb mixture. Drizzle olive oil over haddock fillets in a glass

baking dish. Bake for 15 minutes on the top shelf of a preheated oven until the fish flakes easily.

Baked Haddock With Roasted Tomato and Fennel

Prep time: 10 minutes Cooking time: 45 minutes Total time: 55 minutes

Servings: 2 Ingredients

Haddock: 250 g Olive oil: 2 tbsp Garlic, minced: 3 cloves Lemon zest from one lemon Kosher salt: ½ tsp Cracked pepper: 1/4 tsp Thyme: 1 tbsp

Onion, thinly sliced: 1 Juice of one lemon

Fennel bulb, very thinly sliced: 1 Tomatoes: 2 cups Method of Preparation

Preheat the oven to 400F Cut the haddock into 4-6 pieces. Mix olive oil, garlic, salt, pepper, thyme, and

lemon zest in a medium bowl. Toss the mixture with fish, and set aside. Place onion slices and fennel on a lightly oiled baking dish. Top with tomatoes, one teaspoon of

olive oil, lemon juice, salt and pepper. Place in the oven for 30-35 minutes. Then, place the haddock overtop, nestling among the tomatoes.

Drizzle the leftover marinade and cook for 7-8 minutes or until the fish cooks to the desired level. Remove from the oven. Add any remaining lemon juice and thyme.

English Muffin - A Healthy Snacking Option

MEHAK SHAH

nglish muffins come in various flavours. It's a favourite breakfast option; kids and adults love them. Hence, you can constantly find them in the grocery store's bread aisle. Therefore, it is effortless to include them as a regula breakfast staple

It's a yeast-leavened bread frequently cut horizontally, served heated and buttered. It's a round, reasonably flatbread cooked on the grill. The outside crust of the muffin is golden brown, while inside. it's soft and spongy. These muffins are versatile side dishes that you can enjoy both sweet and savoury

They aren't just for breakfast. You can make everything, from little pizzas to sandwiches to croquette melts, out of English muffins. English muffins are a lot like the English crumpet, which is spongier and hotcake-like, yet has a lot of similarities to English muffins. In reality, no other muffin compares to the English

Note

Some people believe the English muffin originates from America, and others argue it's British, with the dish undergoing some transformation over time. Unfortunately, there are far too many disagreements to tell which one is the accurate side. However, most people significantly impacted this dish's popu-

Types of English Muffins

English muffins come in a wide range of nutrient profiles, flavours, and types. The following nutritional value for 100 grams of different types of English muffins is listed below. Let's take a look at it more closely:

A 100gm serving of whole wheat English muffin contains 203 calories, 8.8 g of protein, 40.4 g of carbohydrate, 6.7 g of dietary fibre, 8.09 g of sugar, 2.1 g of fat, 265 mg of calcium, 282 mg of phosphorus, 364 mg of sodium, and 40.3 grams of selenium. These muffins are significantly fewer calories and fat, are naturally cholesterol-free and are higher in dietary fibre. As a result, whole wheat English muffins are a healthier option.

A 100gm serving of multigrain English muffin contains 246 calories, 8.77 g of protein, 50.9 g of carbohydrates, 3.5 grams of dietary fibre, 1.75 g of sugar, 1.75 g of fat, 351 mg of calcium, 175 mg of potassium, and 386 mg of sodium. Compared to conventional muffins, these muffins provide a large quantity of dietary fibre while being lower in sugar and sodium. In addition, they are cholesterol-free. As a result, multigrain English muffins are a better option for gastrointestinal issues. A 100gm serving of oat bran English

believe Thomas' English muffins have muffin has 409 calories, 4.55 g of protein, 72.7 g of carbohydrates, 2.3 grams of dietary fibre, 31.8 g of sugar, 10.2 g of fat, and 682 mg of sodium. This muffin contains a lot of carbs, most of which are sugar. As a result, it is not a good choice

for people following a keto diet. A 100gm serving of cinnamon raisin English muffin contains 263 calories, 8.77 g of protein, 56.14 g of carbohydrate, 3.5 g of dietary fibre, 10.53 g of sugar, 2.63 g of fat, 123 grams of calcium, 211 mg of potassium, and 211 mg of sodium. This muffin has a lot of carbs, sugar, and sodium. As a result, it is not an intelligent choice for people with diabetes or high blood pressure. Nutritional Properties of English

As per USDA, 100 gm of English Muffin contains the following nutritional values:

Water: 42.1 g Energy: 235 kCals Protein: 7.7 g Lipid (fat): 1.8 g Carbohydrate: 46 q Fibre: 2.7 g Vitamin and Minerals Calcium, Ca: 52 mg Magnesium, Mg: 21mg Phosphorus, P: 133 mg Potassium, K: 131 mg Sodium, Na: 464 mg **Nutrition Facts**

English muffins contain 46 grams of benefits as they are rich in fibre and B carbohydrates, most of which are starch. This traditional English muffin contains no fibre unless you go for whole wheat English muffins. Fibre helps prevent constipation by loosening and softening the faeces. It also helps to stabilise blood sugar levels and makes you feel satiated for an extended period of time.

An English muffin has a glycemic index of roughly 70 unless you choose a whole-grain English muffin with a glycemic index of 45 or so.

English muffins are a rich source of protein, which helps you stay satiated and strengthen muscle. One of the key benefits of having English muffins is that they are almost fat-free and sugar-free. Although, the fat content rises if you use toppings like butter and cream cheese.

English muffins don't have a lot of vitamins and minerals in them. However, it is high in vitamin B complex, including thiamine, riboflavin, and niacin, which are essential for metabolism and brain health. Manganese and phosphorus are also in small quantities, and your body requires manganese for metabolism, brain function, and bone health, Moreover, English muffins are abundant in selenium, an antioxidant that regulates thyroid hormone production.

English muffins have many nutritional

vitamins. In addition, studies suggest it is an excellent energy source and contains essential nutrients such as iron, calcium, and sodium.

Health Benefits of English Muffin English muffins are nutrient-filled tasty

breakfast treats. Here are some surprising benefits of English muffins.

Nutrient Dense English muffins contain high amounts, particularly 464 mg of sodium content present in it. As a result, it is an excellent source of minerals, particularly sodium and iron. However, studies recommend eating less than 2.300 milligrams of sodium daily, equivalent to only one teaspoon of table salt

The body needs sodium to maintain fluid levels. A fluid and sodium balance is necessary for the heart, liver, and kidneys' health. Furthermore, it regulates blood fluids and prevents low blood pressure.

Helps in Weight Management

Dietary fibre can regulate calorie intake, thus promoting weight loss or maintaining healthier body weight. Moreover, several studies show that increasing dietary fibre consumption may decrease calorie absorption by diluting a food's calories while maintaining other

Regulates Blood Pressure

Maintaining sodium and fluid balance is essential in regulating blood pressure. Therefore, as per research, medical professionals developed a concept of pressure natriuresis. It is the mechanism through which the kidney can preserve a normal BP through its functions to regulate volume homeostasis and sodium

English muffins contain high amounts of sodium content. Moderate consumption of sodium helps regulate blood pressure and prevent hypertension.

Good for the Heart

Research suggests that individuals consuming reasonable amounts of dietary fibre reduce their chances of cardiovascular disease. Also, nutritionists found that dietary fibre intake causes a considerable reduction in overall cholesterol and low-density lipoprotein (bad cholesterol) levels.

Strengthens Immunity and Gut Health Fibre plays a vital role in immunity.

Research suggests that fibre promotes good bacteria in the gut. Fibre intake does by destroying harmful bacteria and providing nutrients to good bacteria. It also helps in regulating bowel move-

ments. Eating adequate fibre allows people who suffer from persistent constipation, which also aids in the prevention

of haemorrhoids

Improves Bone Health

English muffins are rich in calcium content. Studies suggest calcium is vital in preventing bone loss and osteoporotic fractures later in life. Meta-analysis reports that calcium supplementation reduces bone loss by 0.5-1.2% and the risk of fracture of all types by at least 10% in older people.

Unfortunately, low calcium intake is a widespread problem across countries and age groups. To prevent osteoporosis and related fractures, adequate calcium intake throughout the lifetime is essential for bone health. Magnesium protects your cells from damage and is vital for healthy bone, connective tissue, and energy creation.

Improves Brain Health

Vitamin B3 (Niacin) contributes to maintaining mental health and nervous system functioning, reducing tiredness and fatigue and may also play a role in cancer prevention. It is a rich source of iron, vitamins B3 and other nutrients. Recent studies have shown that iron plays a vital role in the functioning of blood cells and helps transport oxygen to all organs. Lack of iron results in reduced oxygen supply in the brain and also causes anaemia

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Sunil Prajapati

Inaugurated

Bhandara of

Maa Chandi

at Paloura,

Jammu

JI NEWS SERVICE

On the Foundation Day

of Maa Chandi Mandir,

Sunil Prajapati, State

President BJP OBC

Morcha Inaugurated

Annual Bhandara of

Maa Chandi Mandir,

Kewal Verma (Secre-

tary OBC Morcha), Pur-

shottam Kumar (Secre-

tary social media OBC

Morcha), Deepak Kumar

(Mandal President OBC

Morcha Muthi Paloura)

and other Bhakts were

Paloura, Jammu.

JAMMU, MAR 13

NIT Srinagar organizes seminar on semiconductors

SRINAGAR, MAR 13

The National Institute of Electronics and Commu-Technology (NIT) Srinagar nication Engineering who on Wednesday organized a delivered his expert talk seminar on 'Contribution' on 'Semiconductor Era in of NIT Srinagar in the field India: Opportunities Chalof Semiconductors. The lenges and our potential event commemorated the Contribution. momentous occasion of

nized by the Department conductor market is curment to train the students members and adminisof Electronics & Commurently -\$34B (2023) and it at the Institute," Dr. Ahsan trative staff watched live nication Engineering, NIT is expected to increase to said. Srinagar at the Common \$100B in 2032. Hall of the Institute. The kick-started by 9:30 AM.

in various fields. It was being used by the depart- Deans, senior faculty at NIT Srinagar proceeded

followed by Dr. Sheikh Aamir Ahsan, a faculty member at Department of

In his speech, Dr. Ahsan the foundation laying cere- covered the background of mony by Honorable Prime semiconductor industry, Minister Narendra Modi global landscape, indusfor three semiconductor try initiatives, activities facilities across the nation. of NIT Srinagar and call The event was orga- for action. India's semi-

proceedings of the session ed to create 300 thousand ud din for giving him the on semiconductors were jobs by 2026. The Depart-chance to speak on the said ment of Electronics & The inaugural ses- Communication Engi- the Head of the Departsion was hosted by Prof. neering) has been running ment, Dr Gausia Qazi for crore via video conferenc-Najeeb-Ud-Din who spoke successfully a PG (M Tech) her support in organizing ing. about the history of 'Semi- programme in Microelec- this seminar. conductors in India and tronics from 2015. "Design the way forward. He also tools including Synopsys, more than 400 partici- three semiconductor facilihighlighted the contribu- Mentor Graphics, C2S pants including Registrar ties in the country by Hontion of Indian scientists (Chip IN Cloud) etc are Prof. Atikur Rehman, orable PM Modi, the event



He said concluding his "This industry is expect-talk thanked Prof Najeeb occasion, and also thanked

stream of Honorable PM Modi's address on India's Techade - Chips for Viksit Bharat, who also laid the

Following the founda-At 10:30 AM sharp, tion laying ceremony of

foundation stone of three

semiconductor projects

worth about Rs 1.25 lakh

to further discussions that covered the background of semiconductor industry and significance. The global landscape of semiconductors was also explored by the participants.

The event concluded at 1 PM with an open-ended discussion with the students. This interactive segment allowed students to share their thoughts, ask questions, and express their opinions on the semiconductors industry in India and how it can contribute to this growing area of technology.

NIT Srinagar had set up an organizing Committee, headed by Prof R. N. Mir Dean (R&C), Prof. Gausia Qazi Head ECE Department as Convenor and Prof M S Mir Dean (AA), Prof A. Liman Dean (SW), Prof Najeeb-ud-din ECE Department, Prof A. Rehman (Registrar) and Mr. Faisal Irshad Ganie DR (Admin) as administrators for the event.

Omar chairs party's central parliamentary constituency meeting

JI NEWS SERVICE SRINAGAR, MAR 13

National Conference (NC) Vice President Omar Abdullah on Wednesday chaired a meeting of the Central Kashmir Parliamentary constituency functionaries addressing crucial issues concerning the constituents.

Furthermore, segnews agency reads.

Sagar, Treasurer Shammi ing.



dent Nasir Aslam Wani Sogami, party leaders ment leaders were urged Abdul Rahim Rather, to prepare diligently for Mian Altaf Ahmad, Hasthe forthcoming Lok nain Masoodi, Mubarak Sabha elections. During Gul, Shameema Firdous, the meeting, the distin- Irfan Shah, Tanvir Sadiq, guished party members Mushtaq Guroo, Mudassar discussed an array of Shahmiri, Ali Muhammad issues and offered their Dar, Sheikh Muhammad valuable insights and Rafi, Peer Afaq Ahmad, suggestions to further Ghulam Mohiudin Mir, strengthen the party's Muhammad Khalil Bandh, position on ground, a Salman Ali Sagar, Dr. statement issued to the Ghulam Nabi Bhat, Ahsan Pardesi, Sheikh Gayusdin, Party General Sec- Showkat Mir, GN Bhat retary Ali Muhammad were present in the meet-

present on the occasion. In the program Firstly they paid Obeisance in the Maa Chandi Mandir and Neelam Mata ji, after that they inaugurated Bhandara for the general public, performed langar Sewa and distributed Langer among people present

A heavy number of devotees pays obeisance Maa Chandi.

there.

Speaking on the occasion Sunil Prajapati greeted the public on this holy occasion and said Maa Chandi will Bless the Whole nation.

He said During this entire day devotees performed various dances with drum beats and chanted bhajans in favour of Maa Chandi with zeal and gaiety.

He also appreciated the Bhandara Organizers and said these types of social activists are boon to humanity and he thanked the whole Organizing committee and public for making this a successful event and he appealed to the whole Public to come forward in big numbers and join this program.

Vote a weapon, use it now against CAA; Mehbooba urges people

JI NEWS SERVICE SRINAGAR, MAR 13

Peoples Democratic Party Mehbooba under-(PDP) President Mehboo-scored the need for ba Mufti Wednesday urged vigilance and unity people to exercise their among citizens, voting rights judiciously particularly the in response to what she Muslim community, termed as "contentious to resist such "divilaws" like the Citizenship sive agendas." (Amendment) Act (CAA) and to thwart the "divi-repercussions of the CAA, the Bharatiya Janata Party

agency, Mufti, address- cation of Muslims. ing reporters at the party headquarters in Srinagar, to remain calm and steadcautioned against falling fast in the face of provocainto the trap laid by the tions, cautioning against to the BJP's machinations. BJP, emphasizing that reactionary responses Instead, she advocated for laws like the CAA are mere that could exacerbate continued engagement in distractions orchestrated communal tensions. democratic processes and to divert attention from "'Many mosques were emphasized the power of pressing issues such as demolished, idols were unemployment, agrarian searched in every mosque, lenge "oppressive" laws trees will be damaged. distress, and inflation.

and exacerbating religious tensions in the country,

Drawing attention to the Chief. demolition of mosques, searches in religious insti-According to the news tutions, and targeted vilifi-

She urged the populace madrassas and houses of and policies.



not coming out, the way they wanted, they used this trick called CAA," alleged the PDP

Highlighting the sigsive tactics employed by Mehbooba lamented the nificance of peaceful protests like the one at Shaheen Bagh in Delhi, Mufti expressed concern over the detention of numerous youth without bail, urging Hindus and Muslims alike to refrain from falling prey voting as a means to chal-

ed. They (BJP) undermine democracy and subvert the Constitution, warning against the erosion of secular values in the name of religious politics. She emphasized the importance of consulting experts and considering the ecological and economic implications before implementing projects like the proposed railway line in south Kashmir's Shopian district, which could adversely impact the region's delicate ecosys-

tem and economy. "'Jammu and Kashmir, especially the valley, is environmentally a fragile zone. Its ecosystem is delicate. Our economy is dependent on the fruit industry. If you plan a railway line through every village without thinking about it, thousands of This will prove disastrous Mufti also denounced for our economy," Meh-

Converting problems into possibilities has been Modi's hallmark: Rohiin Chandan

JI NEWS SERVICE

JAMMU,MARCH 13

Under the supreme leadership of PM Narendra Modi, commitment to social justice is reaching the people of Jammu and Kashmir, this was stated by Bharatiya Janata Party (BJP) District Secretary Jammu South, Rohiin Chandan. He said the common masses have been witness to numerous important decisions under the Modi-led government. Rohiin asserted that these ten years of good governance have been about "Reform, Perform and Transform" are quite rare in all corners. He counted reforms rarely happening, performance is achieved, and we onlooker transformation before our eyes, instilling new confidence under the umbrella of PM Modi's leadership. Rohiin

youth of Jammu and Kashmir to misguide the common umbrella of Prime Minister Narendra Modi.

nation or a foundation stone has been laid for them under the brainstorming vision of underscored that converting problems into possibilities has been Modi's guarantee stantly on the transformaand India is moving forward in the shape of Viksit Bharat.

Rohiin elaborates that 21st-century India is India of possibilities. He underscored big vision and big goals and the significance of convertthere is no doubt that India ing challenges into opportuwill touch new heights of nities, a hallmark of central development in the upcom- government. He counted ing 25 years. He reminds us that it is the result of the "Jan of the time when in the last seva" (public service) being 70 years the earlier govern- done under Prime Minister stated the Power of develop- ment used to make small Narendra Modi's guidance ment, the potential of tour- schemes, organize programs, that the entire country along ism, the capabilities of farm- and keep on beating them for with J&K is progressing by ers, and the leadership of the five years and always tried leaps and bounds.

will pave the way for "Viksit masses. Rohiin remarked Jammu Kashmir" under the that in today's era, the Modi government has exemplified to everyone with its magical Rohiin Chandan highlights working methodology how that in less than three months a development-oriented of 2024, projects worth more and honest government than Rs 10 lakh crore have functions, how the country been either dedicated to the moves forward, and how development work is carried out while safeguarding the people's interests, especially PM Modi-led government. He in the union territory of J&K.

Rohiin Chandan emphasized Modi Sarkar is contive impact of infrastructure development, highlighting the shift from problems to

Accusing the BJP of people were demolished. fostering communalism Namazis are being insult- the BJP's attempts to booba said. Ajay Sadhotra urges people to



JAMMU, MAR 13

Mahashivratri, National General Secretary JKNC, religions. Ajay Sadhotra , who was chief guest and presided efforts of Dr Vikas Sharma, were also honoured on over by Former Minister Zonal Secretary JKNC for this occasion and vote of and Zonal President JKNC Babu Rampaul

tary JKNC, Ankush Abrol to inspire other workers present on the occasion was the guest of honor. to do so with full zeal and include Rahul Mahajan, Provincial Joint Secretary zest. Celebration of such Dr Gourav Bharat, Roshan Surjeet Singh Manhas was festivals joining hands Sharma, Abhishek Uppal, the special guest.

we should respect all the

On the pious occasion of ing to different religions.

Sadhotra lauded the

and Bhandara in a befit-Provincial Joint Secreting manner which ought Speaking on the occalove, bonding and respect Vineet Gupta, Sahil Kerni, sion, Ajay Sadhotra said for one another, he added. Randhir Singh, Aditya

religions so as to main- Rampaul said that the Sahil Chib, Rajinder Singh, tain amity, brotherhood present pressing circum- Atul sharma, and others. and harmony, he insisted, stances have made the

adding that all the festi- lives of people worst than vals should be celebrated hell and we should beware together by people belong- of such destructive forces which bring hatred Saying that unity in amongst peace loving Conference, Central Zone diversity is the key stone people. He reiterated the Jammu organized "Bhan- of taking Jammu and resolve of the NC party dara" outside University Kashmir to new heights to put in backbreaking of Jammu, which was disallowing nefarious ele- and painstaking efforts to inaugurated by Former ments bent upon to create restore statehood keeping Minister and Additional wedge between different the destructive elements at bay.

> Besides, few journalists organizing the function thanks presented by Vikshay Vashist.

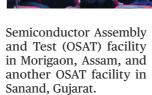
Other prominent together brings mutual Mohd Umer Farooq, On the occasion, Babu Kargotra, Arunpal Singh,

Empowering Viksit Bharat and Fostering Technological Excellence: IIM Jammu Joins Hand in India's Techade Mission

JI NEWS SERVICE JAMMU, MAR 13

The Indian Institute of Management Jammu (IIM) commemorated India's Techade initiative titled "Chips for Viksit Bharat" at its Jagti Campus Mandapam auditorium. Aligned with the national agenda of technological advancement and self-reliance, the event witnessed the laying of the foundation stone for three semiconductor facilities, graced by the virtual presence of Hon'ble Prime Minister Shri Narendra Modi. Prof. B.S Sahay, Director of IIM Jammu, presided over the

The live telecast of Hon'ble PM Shri Narendra conferencing on the laying Modi's address served as of the foundation stone a beacon of inspiration, of semiconductor faciliigniting fervor and enthusiasm among attendees. His articulation of the vision behind India's Techade technology-driven 21st initiative emphasized the transformative potential of semiconductor tech- ductor chips in India will nology, captivating the create significant capaaudience with his vision bility in leading India for a digitally empowered nation. The foundation modernization. It will also stones were laid for three lead the fourth industrial crucial semiconductor projects: the Semiconductor Fabrication Facil- tra, Former Scientist "SG" ity at the Dholera Special with Semiconductor Lab-



Hon'ble Prime Minister Shri Narendra Modi, addressing the youth of the country through video ties in Dholera, Sanand in Gujarat, and Morigaon in Assam, said that in the century, designing and manufacturing semicontowards self-reliance and revolution.

Dr. Parveen K. Bango-

new semiconductor facilithe nation towards global leadership in this essential technology.

tor, IIM Jammu emphasized India's transition from small-scale to megaductors, he announced a mir in the days to come. significant shift towards self-reliance with the were Prof. Jabir Ali, Dean semiconductor technololaying of the foundation Academics, IIM Jammu, gy for the benefit of Viksit stone for three semicon- and Cmdr. Kesavan Bask- Bharat. Through such ductor manufacturing karan, CAO, IIM Jammu. initiatives, IIM Jammu plants. This initiative Various presentations reaffirms its dedication promises to benefit Indian ranging from "Impact of to advancing the nation's industries and citizens, Semiconductors in Health technological prowess and

inauguration, emphasiz- a global hub for high-tech ing the vital role of semi- industries. He expressed conductors in modern confidence in India's abillife. He highlighted that ity to become a developed leges, universities, and the inauguration of three nation by 2047, underlining the nation's determinaties in India will propel tion for significant socio- IISER, IISc, Central Uni-Prof. B.S. Sahay, Directuring, India is advancing Additionally, leaders from scale endeavors, aligning that IIM Jammu's role as cance of the semiconducwith the ethos of "Make the nodal center for E-gov- tor plant in India. in India, Made for the ernance and the signing of World." Recognizing the an MoU with the Govern- IIM Jammu's role as a catpivotal role of semicon- ment of Jammu and Kash-

in Gujarat, the Outsourced the students during the and positioning India as conductors in the Indian towards self-reliance.

economy" & "India: Rise of Semiconductor Giant" were delivered covering the impact of semiconductors in different sectors by students of IIM Jammu. The event witnessed the participation of over 500 students, faculty, officers, and staff, showcasing a convergence of ideas and visionary leadership. The vote of thanks was proposed by Dr. Sudip Das, Faculty, IIM Jammu and culminated with the national anthem.

More than 60,000 coleducational institutes, including IITs, IIMs, NITs, economic progress. By versities, and other top harnessing initiatives like institutes, were associsemiconductor manufac- ated with today's event. towards self-reliance and Taiwan reportedly joined long-term development the program virtually, objectives. He mentioned underscoring the signifi-

This event underscored alyst for innovation and collaboration, laying the Present on the occasion groundwork for leveraging Investment Region (DSIR) oratory (ISRO) addressed bolstering the economy Care Industry", "Semi-contributing to its journey

3 Days Training programme on OECD Principles in GLP concludes at IIIM

JAMMU, MAR 13

A three days Skill Development Program on OECD Principles in GLP organized by CSIR-Indian Institute of Integrative Medicine Jammu which saw participation of more than 70 Scientists, faculty members, technocrats and researchers from Pharmacology background concluded here today. Dr Zabeer Ahmed, Director CSIR-IIIM was the chief guest at the event while as Dr SG Ramach- that CSIR-IIIM remains ment. Dr Ahmed during in advancing scientific entist, IISC Bangalore and scientific excellence and principles serve as a cor-Dr PV Mohanan, Scientist promoting best practices nerstone for ensuring the program, participants G & Head, Toxicology in laboratory operations. quality, integrity, and reli-SCTIMST Kerala were the He said that the success- ability of data generated distinguished key resource ful conclusion of the Skill from laboratory studies, es meticulously designed persons.Dr Zabeer in his Development Program thereby contributing to to enhance their underaddress congratulated on OECD Principles in global harmonization in standing and application participants on success- Good Laboratory Practice regulatory compliance ful completion of Training underscores the institute's and facilitating interna- On Day one, participants program and appreciated unwavering commitment tional trade. He underthe participants for their to fostering a culture of scored the importance of OECD principles of GLP dedication and diligent quality, integrity, and continuous learning and demonstration throughout professionalism in scien- adherence to internation- Test facility requirements the program. He also said tific research and develop- ally recognized standards were discussed in detail.



dedicated to advancing his address said that GLP

research and innovation.

During the three days underwent training sessions and practical exercisof OECD principles in GLP. were given an overview of Terminology and also

The participants were also given insights on Test facility management and standard operating procedures in GLP. On day two, apart from technical sessions, participants were given lectures in GLP Data integrity and Management, characterization of Test and Reference items. The participants were also given practical sessions for study plan/study report. On day Three, Participants were given on hands training in various facets of The workshop was

conducted under overall supervision of Er Abdul Rahim, Chief Scientist & Head, RMBD & IST Division. Earlier Dr Ramajayan Pandiyan, Scientist presented a brief report of the training program and its outcomes.Dr Gurleen Kour, Scientist conducted proceedings of valedictory function while as Dr Nasir Ul Rasheed, Senior Scientist presented formal vote of thanks.

Indian Army Organised Amity

Indian Army conducted an 'Amity Meeting' on 13

The said meeting was organised with Sarpanch, Panch, Nambardar, Chowkidar and other residents of the villages of

The meeting was aimed at engaging various local leaders and villagers with Indian Army towards the spirit of oneness .Various measures to build confidence and strengthen coordination between AWAM and Army were

In addition, the residents were made aware of the prevailing security situation in the area. The attendees were informed about Agniveer selection test under Agnipath Scheme and various future projects under Sadhbhavna planned by the Indian Army so that the maximum population can be benefited from the

Indian Army also

new range of AI Ecobubin the 11 kg segment to and spin times to procome with advanced features like AI Wash, "At Samsung, we focus

on introducing technol-

Samsung launches new range of '11

Kg AI Ecobubble' fully automatic

front load washing machines

JI NEWS SERVICE

Q-Drive and Auto Dis-

more energy-efficient.

ereduces wash time by

JAMMU, MAR 13

pense that let you do your laundry 50% faster, tive but also sustainable. machines can be monicare and are up to 70% penetration, QuickDriv- sung India.

up to 50%. These feathrough our new range perfect drying course*. tures make the perfor- of AI Ecobubble washmance of AI Ecobubble ing machines, Samsung comes equipped with improved and sustain- will elevate the lifestyle a unique SpaceMax able since it contributes and add value to lives of technology that creates significantly to water today's consumers," he more space inside withand energy conserva- said.

Modern Indian con- dimensions.

The new range, with sumers are seeking laun-Auto Dispense and AI dry solutions that would Wash, is highly intui-reduce number of wash-Samsung, India's largest tive and smart. The AI ing cycles, save water consumer electronics Wash feature senses the and have sufficient brand, today unveiled a weight of the load and space for heavy laundry optimizes the amount like beddings/curtains ble fully automatic front of water and detergent etc. The newly launched load washing machines. required. It detects the AI Ecobubble range of This new range of wash- softness of the fabric washing machines will ing machines is the first and adjusts the wash provide consumers the convenience and wash care they need for the laundry.

The new range of ogy that is not only intui- AI Ecobubble washing offer 45.5% better fabric We have designed the tored and controlled new range keeping in anytime and anywhere mind the evolving needs through the Samsung AI Ecobubble is a of diverse consumers. SmartThings App on perfect blend of Sam- Our first range in the 11 your smartphone. These sung's Q-Bubble and kg fully automatic front come with personalized QuickDrive technolo- load washing machines features such as Habit gies that make washing segment is highly ener- Learning and Informamore intuitive and less gy-efficient. Features tive Display that rememtime consuming. While like auto dispense, AI ber a consumer's usage Q-Bubble™ technol- wash and Q-Drive, con- habits, suggest cycles ogy combines dynamic tribute in making wash- and display timely drum rotation with addi- ing an easier and sim- information. Samsung tional water shots to pler chore," said Pushp SmartThings offers addicreate more abundant Baishakhia, Senior tional wash programmes and powerful bubbles Director, Digital Appli- including advice on for faster detergent ances Business, Sam- cycles, planning and troubleshooting. It also "We are confident that automatically selects the

> The new line-up also out increasing external

Congress criticizes

JI NEWS SERVICE JAMMU, MARCH 13

detention during

Harshdev's

ECI visit

Congress today reacted strongly to the detention of Mr. Harshdev Singh in Jammu today during the visit of ECI team here.

Reacting to the situation AICC General Secretary Incharge communications tweeted" The ECI has refused to meet INDIA parties on the issue of 100% VVPATs. It is a constitutional body but its independence has been severely eroded since 2014. Its behavior in Jammu is not surprising but is shocking nonethe-

Earlier JK Congress has strongly condemned the illegal detention of Senior political leader of J&K and former Minister Mr. Harshdev Singh in Jammu today on the day of the visit of **Election Commission** of India to Jammu

Harshdev Singh and team of senior leaders of the party was invited to meet the Commission in Srinagar Yesterday but were denied meeting there too. Today again when team of his party under his leadership tried to submit memorandum to the Commission, they were detained by the police in Jammu.

It is very unfortunate and undemocratic that this happened during the visit of the **Election Commission**

The ECI is a constitutional body to oversee the superintendence, control & conduct of free, fair & transparent elections but it failed to meet the INDIA block parties over the issue of 100% VVPAT for the past several months, which is highly questionable & regrettable, said Ravinder Sharma, Sr. Vice President & Incharge Medias.

Kavinder slams Rahul Gandhi for using hollow slogans to hoodwink people

JI NEWS SERVICE JAMMU, MAR 13

Senior BJP leader and former Deputy Chief Minister, Kavinder Gupta on Wednesday slammed Congress leader Rahul Gandhi for using hollow slogans to hoodwink the masses.

In a statement issued to media persons, the BJP stalwart said that after losing ground across the oldest party had shown country, Rahul is promising stars and moon to long rule in the country. people in run up to the He said that Rahul Gandhi Lok Sabha polls as he finding takers for his party vowed to give Rs 1 lakh to is a difficult task as Conpoor women on an annual gress has long back lost its

bound to face people's interests. rejection because hardly



to them in its decades' credibility after its leader-Kavinder said that such ship stooped low for satiatbogus assurances are ing their personal vested

there are any takers for said that nationalist BJP which never paid heed to Congress' lies as people has accomplished so much people's concerns despite still remember the cruel in making the country self-remaining in power for indifference which the reliant and development- decades together.

Prematurity" at Ascoms Hospital

CME on "Retinopathy of

oriented in just ten years which the 'corrupt' Congress couldn't achieve in its over 70 years of rule. He said that women empowerment became a reality only under the Modi Government because during Congress' time, such issues even failed to find place in deliberations and discussions.

The former Deputy Chief Minister asserted that people raising Modi-Modi slogans in Rahul's rallies is the testimony to the fact that Congress has no takers and BJP is the first choice of all. He also cautioned the people not to fall prey to Congress' unrealistic promises because it is not wise Kavinder categorically to believe in the party

Meeting at Kulali JI NEWS SERVICE

POONCH, MAR 13

Mar 2024.

Upper Murrah & Kulali.

also discussed.

enquired about their general well-being and noted of their grievances.

Shiv Sena accuses ECI of step-motherly treatment, submitted memorandum

JI NEWS SERVICE

JAMMU, MAR 13 Shiv Sena (UBT) accused

the step-motherly treatment to the team of top officials of the Election Commission who visited Jammu and Kashmir in view of the upcoming Lok Sabha elections for not invited and met despite asking for time.

In a press conference held at the party's state office here today, state chief Manish Sahni said that in view of the upcoming Lok Sabha elections, asked to present their be provided to the oppotion Commission are on a randum only. three-day visit to Jammu political parties.



top officials of the Elec- views through a memo-

Sahni said that stateand Kashmir to meet rephood should be restored randum has been sent to resentatives of various before the Lok Sabha elec- the Election Commission tions, the democratic pro-After meeting the reprecess should be restored at sentatives of various politi- the Municipal Corporacal parties in Kashmir last tion and Panchayat level day. Reaching Jammu, a including the Assembly request was sent on their earlier even before elecbehalf, which was rejected tions. Along with this, outright and they were adequate security should tions.

sition leaders, especially Shiv Sena (UBT) leaders.

Sahni said that a memothrough mail regarding all the above demands.

Also suggested that all parties and independent candidates should also be included in the meetings to be held regarding elec-

Manjit Singh seeks developmental overhaul in Samba



JAMMU, MAR 13

nopathy of Prematurity, pioneer in the field of The scientific lecture on the incidence of which Retinopathy of Prematu- is on an increase due to rity (ROP) was organized lack of awareness leading by the Department of to blindness among chil-Ophthalmology at Acha- dren. She laid emphasis rya Shri Chander College on a joint and collaboraof Medical Sciences & tive project involving the Hospital to create aware- Ophthalmologists and ness about the disease Pediatricians of the Hoswhich is gaining signifi- pital to work together to cance in presentation overcome this fast growamong the new born(s) ing disease and thereby in a great way. Among preventing blindness the Speakers was emi- in children. Dr. Ashok nent Retina Specialist of Sharma Prof. & Head the country and Direc- Ophthalmology Govt. Others who attended in tor (Quality Assurance) Medical College, Jammu LV Prasad Eye Institute, while speaking on the Hyderabad. The others occasion described the Dr. Manisha Sethi Prof. who spoke on the occa- ever increasing incidence & Head Ophthalmology, sion were Dr. Eshita of ROP in population of Govt. Medical College, Gupta, Dr. Yugindu Jammu and Kashmir as Kathua, Dr. Bhavani Raizada who gave an a morbidities hazard in Raina Additional Prof. overview of the disease years to come. Dr. Pavan Ophthalmology All India and its prevalence. Dr. Malhotra, the Chief Guest Institute of Medical Sci-

the key note address speaking described Dr. gave an insight on Reti- Subhadra Jalali as the Retinopathy of Prematurity and appreciated her efforts for creating awareness among the rural folklore and preventing blindness in infants. Dr. Jalali, the daughter

of the soil was felicitated on the occasion by the Chief Guest in presence of the Organizing Secretary and Head of the Department Ophthalmology Dr. Renu Hashia and Dr. Ashok Sharma addition to the faculty of staff and ASCOMS were Jalali while delivering on the occasion while ences, Jammu.

JI NEWS SERVICE VIJAYPUR, MAR 13

Expressing concern over slow pace of development, Apni Party Provincial President, Jammu, and Former Minister, S. Manjit Singh has sought developmental overhaul in Samba

As per a press release, Vijaypur under the lead-S. Manjit Singh in which

Jammu and Kashmir being run by the bureaucracy with connection with the public concerns.

attention of the authorities regarding the growing without an elected Govt. a meeting was held at concerns of underdevelership of Former Minister, and impartial distribution said the Election Commis-Party leaders, and promithat has discriminated the legislative assembly as nent people participated. against the people of dif- well as Parliamentary elec-

Party leaders held thread- while expressing combare discussion regarding mitment of the Party to the unpopular Govt in ensure equitable development and unity.

He said that the authorities have failed to do justice with the people and "The public issues have the grievances of the largely remained unre- masses have remained solved that need urgent unresolved giving rise to the feeling of alienation

To address the growing opment, unemployment, complexity of issues, he of funds in various areas sion of India should hold During the meeting, the ferent regions," he said, tions together in J&K.

Indian Army Distributed Solar Lights at Sadda, Keshri Hill, Rajouri

JI NEWS SERVICE RAJOURI: 13 MAR 2024

Households in remote Sadda and Kesari Hill village in Rajouri, lacked basic amenity like electricity. Solar lights were found to be viable solution for these remote areas.

Due to simplicity, these solar lights can be installed even in harsh climatic conditions. Indian Army with an aim of improving the living conditions of Gujjar & Bakkarwals of remote village of Sadda and Kesari Hill, installed solar lights. This act generated a spirit of goodwill for Army amongst the residents. The inhabitants whole heartedly expressed their gratitude and acknowledged the role of Indian Army in establishing lasting peace in the region besides lauding the efforts made by Indian Army in fulfilling the aspirations of these under developed villages.

Rajdhani College organizes Two Day Int'l Conference on Digital Transformation Towards Sustainable Development in Future

JI NEWS SERVICE

NEW DELHI, MAR 13

Two day International Conference on "Digital **Transformation Towards** Sustainable Development in Future, Vision: Viksit Bharat @ 2047" was organised by The Research Affairs Committee, Rajdhani College, University of Delhi, a pivotal event that convened global thought leaders, policymakers, and innovators to explore the intersection of digital technologies and sustainability in shaping the Joshi, Director, The Indian ence, participants engaged

by Prof. Rajender Kumar berd, Director, Institute in the digital era. (Convenor, Research of Media and Journalism, gurated by Prof. Rajesh Prof. Cosmin Sabo, Tech-College, University of Napoca, Romania and the dignitaries as well as Department of Engineeralso by eminent speakers culture, healthcare, and total of 95 papers were



from diverse backgrounds education. Professor Rakesh Mohan

Throughout the confer-Institute of Plantation in enriching discussions The conference com- Management in Banga- and interactive sessions menced with an illumi- lore (IIPMB), Prof. Bhima- exploring various dimennating inaugural session raya Metri ,Director IIM sions of digital transforthat was chaired by Prof. Nagpur, Prof. R.K.Singh mation and sustainability. Ashutosh Bhardwaj, Chair- Former Head and Dean, Parallel tracks delved into person, Governing Body, Department of Com-topics such as smart cities, Rajdhani College, Univer- merce, Delhi School of digital agriculture, e-govsity of Delhi. The open- Economics, University of ernance, digital finance, ing remarks were given Delhi, Prof. Mathew Hib- and ethical considerations

Technical Sessions.

A highlight of the con-Affairs Committee, Rajd- University Svezzera Itali- ference was the thoughthani College) and was inau- ana, Lugano, Switzerland, provoking technical sessions, where paper Giri, Principal, Rajdhani nical University of Cluj-presenters, experts and stakeholders deliberated Delhi who welcomed all Prof. Pasquale Daponte, on critical issues such as digital inclusion, data prithe paper presenters & ing, University of Sannio, vacy, cybersecurity, and partcipants in the Inter- Italy emphasizing the the ethical implications national Conference. The transformative potential of technology adoption. inaugural session fea- of digital technologies Participants exchanged tured keynote addresses in accelerating sustain- insights, best practices, by the chief guest Prof. able development efforts. and challenges, paving the Ajay Kumar Singh , Senior Speakers highlighted the way for collaborative solu-Professor and Head & role of artificial intellitions and partnerships to Dean, Department of gence, blockchain, Inter- address complex sustain-Commerce, Faculty of net of Things (IoT), and ability issues in the digi-Commerce & Business, other emerging technolo- tal age. There were seven Delhi School of Econom- gies in revolutionizing sec- technical sessions in the ics, University of Delhi and tors such as energy, agri-two-day conference. The

received out of which 95 papers were selected for Singh, Department of the presentation in seven In addition to formal of Delhi emphasizing the sessions, the conference importance of Digitalizaalso featured "Special tion in our lives and action International Session". at the nexus of digital The chief guest of the innovation and sustainsession was Prof. Andy Wilkins, Director, Leading Systems Innovation resilient, and sustainable in Healthcare, Imperial future for all. The Patron College, London. The of the Conference, Prof. guests of Honor were Prof. Rajesh Giri, applauded Melissa Vasi, FRSA, IU the entire organizing com-International University of mittee for the successfully Applied Sciences, Bavar- concluding the two day's ia, Germany and Prof. K. international conference. Srinivasan, University of The Convenor of the Con-Technology & Applied Sci-ference Prof. Rajender ence, AI- Khuwair, Muscat, Kumar presented the Vale-Oman. Eminent speakers dictory address and also motivated participants announced the Best Paper to explore cutting-edge innovations, forge new connections, and catalyze report of Two Day's Intercollaborative initiatives. national Conference was Dr. Saima, moderator of also being read and the

sion of the Two Day's International Conference was marked by the presence of its Chief Guest, Prof. Krishna Kant Dave, President (Vice Chancellor), Pacific Academy of Higher Education and Research University, Udaipur and Guests of Honor, Prof. Gagan Kukreja, Department of Accounting, College of Business, Administration, University of Bahrain, Bahrain and Prof. Amit Kumar Commerce, Delhi School of Economics, University ability, laying the groundwork for a more inclusive, Award for each Technical Sessions. The summarized the session, along with session was ended with eminent speakers inspired vote of thanks. by the Cothe participants to explore Convenors of the Conference Dr. Bhoomika Garg cutting-edge innovations, create new connections and Dr. Laxmi, Assistant and inspire collaborative Professor, Rajdhani College, University of Delhi.

The valedictory ses-

CAA does not entail taking away anyone's job or citizenship: Sat

JI NEWS SERVICE JAMMU, MAR 13

Professional Cell of BJP's Jammu and Kashmir unit organized "Viksit Bharat Modi Ki Guarantee" program at ICAI Bhawan, Canal Road, Jammu. A large number of people including Chartered Accountants, Advocates, Doctors and several others attended the program and the program.

sion, Sat Sharma said that in the program, Sharma and gave their valuable PM Modi has widened said that CAA does not suggestions for BJP's poll the space and scope for entail taking away any- manifesto. emancipation of everyone one's job or citizenship. He antee that the PM is dedi- Bangladesh and Afghani- CA VK Kapoor.



for BJP's poll manifesto. the lives of common man. Indian citizens in any The program was mainly He is dedicated to not only way. Sharma also stated addressed by Former State the development of the PM Modi is working hard President BJP and Ex Min- country but he ensured to benefit people of our ister Sat Sharma (CA). SK that the lifestyle of each country and the opposi-Sharma Convenor of Pro- and every person should tion choses to criticize him fessional Cell organized change, Sharma added. which is very unfortunate. Talking about CAA (Citi-Speaking on the occa- zenship Amendment Act) spoke on the occasion

gave their suggestions cated to bring a change in stan and does not affect Several others also

CA Vineet Kohli conacross the country. He said stressed that CAA excluducted the proceedings of through various schemes, sively concerns persecuted the program and vote of the PM has ensured a guar- minorities from Pakistan, thanks was presented by

Empowering J&K students: Shree Amar Kshatriya Rajput Sabha continues scholarship initiative

JAMMU, MAR 13

Under the esteemed leader-

Ashish Katoch, Organ-

Community in J&K."

Singh, Shree Amar Kshatri- able sum of Rs Eleven members. ya Rajput Sabha, Jammu Lakh Twelve Thousand (Rs and Kashmir, has disbursed 11,12,000) in educational ship initiative, SAKRS J&K scholarships totaling Rs scholarships, benefiting provides financial assistance Fifty Thousand to deserv- numerous students of the under various welfare initiaing students from the Eco-Rajput community and tives, addressing the diverse nomically Weaker Section, empowering them to pursue needs of the community. A continuing its commitment their academic aspirations, total disbursement of Rs to support education and particularly those from the Twenty Lakh Ninety-Four upliftment within the com- Economically Weaker Sec- Thousand (Rs 20,94,000) tion (EWS)," he added.

ising Secretary of Shree support, made possible marriage assistance, widow Amar Kshatriya Rajput through the contributions of pension, family pension, Sabha, Jammu and Kashmir, Four Hundred Eighty (480) old age pension, and other emphasized, "The Sabha is members of the Rajput com-funds.

dedicated to the welfare and munity, underscores the brighter future of the Rajput collective commitment to nurturing and supporting "To date, the Sabha, has the educational endeavors ship of President Sh. Pavitar distributed a commend- of fellow Rajput community

In addition to its scholarhas been made under edu-The generous financial cation/sports scholarships,

GDC, Kathua starts its seven days special winter camp



JI NEWS SERVICE

KATHUA, MAR 13

Gdc Kathua, NSS units Today's Incharge Principal Prof Sanjay Karlupia were also presented by inaugurated the camp by Senior Most Volunteer traditional lamp lighting Minakshi Bakshi. NSS volin the presence of other senior faculty members NSS Song on this occanext six days at village Prog Officer. Later NSS Prof.Kulbir Singh pre- place. sented formal welcome note on this occasion. members Prof Roop The Programme Sched- Krishan Pandita, Prof Shiule of the camp was read wani Kotwal, Dr Yashpaul out by Senior most Vishal Sharma, Dr Ram Singh, Gupta NSS volunteer. On Dr Rupinder Kour, Dr this occasion, Incharge Gotam Singh, Prof Man-Principal of the college mohan Singh,Dr Jogdeclared the camp open binder Singh Soodan,Dr and he also advised the Gotam Singh, Dr Divya, Dr volunteers to imbibe the Heena and Miss Monika feeling of social service graced the occasion with in them so that they can their benign presence. play an important role in Proceedings of the cere-Nation building.Dr Ram mony was conducted by Singh Head Department senior most NSS Volunof Education and Dr Jog- teer Miss Alieshea Rajput binder Singh Physical and Vishal Gupta.

Director Sports and Education also addressed the volunteers and extended Under the patronage of their heartfelt greet-Principal Prof Seema Mir ings for the successful completion of the camp. of Govt. Degree College, They also shared their Kathua started its seven experince of NSS as Prog days special winter camp. officer and volunteer. Cultural performances unteers also presented This camp will be orga-sion. The vote of thanks nized continuously for was given by Dr Pinki NSS and panchyat Saar Logate volunteers conducted Kathua.Program com- cleanliness drive in the menced with a tradition- campus premises. Volal lamp lighting followed unteers colected plastic by Sarasvati Vandana and polythene waste and .NSS Programme officer dispose off in the proper

Senior most faculty

Date

UT OF JAMMU AND KASHMIR OFFICE OF THE CHILD DEVELOPMENT PROJECT OFFICER POSHAN ASSAR

Advertisement Notice No. 01 -of 2024 Dated: 07-03-2024 Subject: Advertisement for Recruitment of Sangini (Anganwadi

Worker)of POSHAN Project Assar Reference: 1. Government order No 222-JK (SWD) of 2022 Dated:

30.11.2022 2. Government Order No.103-JK (SWD) of 2023 dated: 28.04.2023

Approval has been accordedd by Mission Directorate Poshan Jammu & Kashmir vide No:-SMD/ICDS/Recruitment/2022-23/7639-44,Dated:06-03-2024 endorsement No. POD/Poshan/Recruitment/ 2024/5542-49 dated 06-03-2024 for filling up of vacancycy of Sangini (Anganwadi Worker) in Anganwadi Centre of **POSHAN Project ASSAR**, as

Sr. No.	Name of Project	Name of Post	No. of Post
1	Assar	AWW	01

Applications are invited in the prescribed Performa in Annexure "B" from the eligible female candidates for engagement as Anganwadi Worker for aforementioned post of Anganwadi Centre. The important dates/details with regard to the posts are as under:

- a) Date of commencement for submission of application: 12-03-2024.b) Last date for submission of applications: 26-03-2024. c) Annexure A- Name of the Post, Location/Ward , Qualification and Criteria for

Vacancy of Sangini(Anganwadi Worker):

Name of the Name of Panchayat Poshan Project Eligibility Criteria: As per Govt. order No. 222 – JK (SWD) of 2022 Dated 30-11-2022 for Recruitment of Sanginis (Anganwadi Workers).

Criteria for Selection of Sanginis (Anganwadi Workers):

- Women candidate in the age group of 18-37 years as on 01-01-2024 shall be
- considered for the post.

 Candidate should be a domicile of UT of J&K.
- The candidate should be a resident of the electoral ward where AWC is situated. Name in the voter list for the ward shall be considered as the proof of resident of the candidate. In case the name of the candidate appears in voter list along with her parent's then she must provide certificate of being unmarried issued by the concerned Tehsildar. Wherever, there is any dispute as to residence for any reason, then a resident proof certifying the ward of residence from the concerned SDM/ACR shall be considered.
- Minimum qualification for Anganwadi worker shall be 10+2 and maximum
- Weightage shall be given on the basis of marks obtained in 10+2 and selection shall be done purely on merit basis and no other criteria to be considered.

 In case eligible candidate is available within the family of retiring AWW/AWH the
- and candidates shall qualify for additional two percent points.

 In case of tie in merit of the eligible candidate, candidate with higher age,, will be
- Candidates with qualification higher than graduation shall not be considered.

The application forms complete in all respects along with self-attested copies of the following documents to be submitted in the office of **Child Development Project Officer Assar** by personal delivery or registered post against proper receipt. The incomplete forms shall be rejected without any notice and the candidates shall have no right to claim for candidature.

Documents Required: 1: Academic Qualification certificate with Marks sheet (Matric/12th/Graduation)

- 2: Date of Birth certificate
- 4: Electoral panchayat ward Voter list with ward certificate from
- 5: Un-married Certificate from concerned Tehsildar(in case of unmarried)
- 6: Affidavit in the prescribed format duly attested by 1st class Judicial Magistrate.
- 7: Aadhar Card/Voter Id/2 passport size photograph.
- 8:- Self addressed envelope with postage stamp of Rs.5/-affixed.

The candidate who are supposed to furnish various certificates issued by or before the prescribed cut-off date, as well as candidate who is shortlisted will be required to appear before the Document Verification committee along with original documents; case of failure the committee shall take decision which shall be final.

Note: No Application form shall be accepted after the expiry of the last date i-e:26-03-2024

No:Poshan/Asr/Estt-24/Adv. Notice/852-63 Dated:07.03.2024

DIP/J-16018/23 Date: 13-3-24

Child Development Project Officer, Poshan Assar (Member Secretary Selection Committee

<u>Affidavit</u>

I					D/o/w/o/\	wd/o		
R/	′o							
dc	here	eby solem	nly af	firm as	under:			
1. That	I	belong	to	the	Electoral	Ward	no	
Panchayat			for	which a	application o	of Sangini/	Sahayika is invited.	
2. That all do	cum	ents subm	nitted	are cor	rect,without	any misr	match,scanning,duplicate	c
fallacious in	natu	re. If fou	und ir	ncorrec	t or in any	of the	above stated situation	m
candidature r	may t	oe cancelle	ed and	d liable	to action un	ider law.		
3. That if at	any	later stag	e, it i	s found	that I am	in posses	ssion of qualification hig	ne
than the pres	scribe	ed qualific	ation,	my en	gagement s	hall be lia	ble for cancellation with	οι
any notice								

- 4. That I have gone through the new HR Policy no.222-JK(SWD) of 2022 dated:30-11-2022 and is well versed with all its salient features of the policy and shall be applicable to me in case of selection as Sangini(AWW)/Sahayika(AWH).
- 5. That the contents of the application given above are correct and true to the best of my knowledge and belief and nothing has been concealed.
- 6. In case above statements, found incorrect, the selection committee shall have the right to reject the application form without any notice

			ANNEXUR	Е—В						
	AT OF APPLICATI					Paste your passport size colourd				
i)	Post for whi	ch applied				photograph dul attested by Gazatted office				
ii)	Name of the Poshan Project									
iii)	Name of AWC									
iv)	Name of the	Candidate	e in Block Le	etters		_				
v)	Father's Nar	ne in Block	c Letters							
vi)	Martial State	ıs: Marrie	d/Un-Marri	ed						
vii)	Husband's n	ame in Blo	ck Letters			_				
viii)	Place of permanent Residence: Ward No									
	Revenue village Panchayat									
			Tehsil		Distri	ct Doda.				
ix)	Address for									
	corresponde	nce:								
x)	Date of Birth	DD	MM _		Y					
xi)	Age as on 0	 1-01-2024	l:		_					
xii)	Academic Qu	ualification	·		-					
	Examination Passed	Board	Year of passing	Marks Obtained	Out Of Max. Marks	Percentage				
Xiii)	Contact no;_		I	Ema	il					
id:			_•							
Xiv)	Do the candi	date belor	a to retirin	a AWW/AW	H (Yes/No	o).				

Sig. of the Candidate

BJP works to strengthen Nation,

serve society: Ashok Koul

Rajnath clears proposal to expand NCC with additional three lakh cadet vacancies

NEW DELHI, MAR 13

throughout the country.

From just 20,000 cadets in 1948, the NCC will now Raksha Mantri Shri Rajnath have a sanctioned strength Singh has approved a pro- of 20 lakh cadets on its posal for expansion of the roles making it the largest National Cadet Corps (NCC) uniformed youth organisawith the addition of three tion of the world. With NCC tions of the youth towards lakh cadet vacancies. This being offered as an elective expansion is expected to subject as per the National cater to the increasing Education Policy 2020, the educational institutions towards meeting the aspira- to proportionate distribu-



playing a pivotal role as future leaders of the nation.

The far reaching impact

States & Union Territories instructors thus leveraging to make a transformaand would reduce the wait- their skills and vast experi- tive impact, fostering an ing list of institutions aspir- ence. This noble initiative environment where youth ing for the NCC. The expan- will ensure quality train- meaningfully contribute sion plan encompasses the ing to the NCC cadets and towards nation building. establishment of four new would generate employ- The initiative will expand Group Headquarters and ment opportunities for the the base of motivated, discithe addition of two new

NCC units. An important facet of the a dedication to shaping will contribute towards demand for the NCC from expansion will be a step of this expansion will lead expansion plan involves the future leaders embody- achieving the goal of 'Viksit proposal for employment ing discipline, leadership Bharat'.

tion of vacancies across all of ex-servicemen as NCC and service. The NCC aims plined and patriotic youth

The expansion signifies of the 'Amrit Peedhi' who

JAMMU, MAR 13

Ashok Koul, General Sec- the numerous ways to retary (organization), extend the base of the

the meeting. areas and ask the people Kumar were amongst the to vote for BJP to continue prominent present in the the spree of development meeting.

in the 3rd term of Modi government.

Ashok Koul, discussed

Bharatiya Janata Party party at the ground level (BJP), Jammu & Kashmir and asked them to motiaddressed a party worker vate the like-minded meeting at BJP headquar- persons to join the party ter, Trikuta Nagar, Jammu. and serve the society in J&K BJP Treasurer Prababeter way. He stressed hat Singh Jamwal and that the BJP was founded Office Secretary Tilak Raj on very strong principles Gupta were also present in to work to strengthen the Nation and serve the Soci-Ashok Koul, while ety and in order to achieve addressing the meeting, this aim we need to work asked the party work- day and night and ensure ers to increase their field that the party emerges as working especially those the clean winner in the who have recently joined upcoming Parliamentary the party. He insisted that elections. Romi Khajuria, in Jammu & Kashmir, the Sagar Chand (Retd. Tehendeavours of Modi gov- sildar), Khushi Ram (exernment have opened Serviceman), Hari Singh, higher education insti- Naresh Khajuria, Abhay tutes, medical colleges, 2 Khajuria (Ex-BDC), Tara AIIMS, upgraded roads, Chand, Karan Chand, Sanrailway network and air- jeev Sethi (Businessman), ports. He said that justice Som Dutt Sharma, Kamal brought to all the com- Dev Sharma, Chatan munities of J&K has given Verma, Harish Verma, birth to unparalleled sup- Ram rattan Sharma, Sunil port for BJP in the hearts Sharma, Yog Raj Sharma, of people. He asked the Raj Kumar Khajuria, Krishparty workers present in na Devi, Shoba Devi, Satya the meeting to visit every Parkash, Dewan Chand, house in their respective Ravinder Singh and Suresh

National President of SSH, Pawan Gupta arrives Jammu

JAMMU, MAR 13

National President of Shiv Sena Hindustan, Pawan Gupta, National General Secretary, Krishna Sharma and Hemraj Goyal, National Advisor today reached Jammu in connection with forthcoming Parliament elections. Earlier they were given a grand welcome in Kunjwani led by Jammu and Kashmir Shiv Sena Hindustan President Pandit Rajesh Kesri along with other Gupta addressing media



reached Jammu to contee meeting will be held Shiv Sainiks.

Shiv Sainiks . Pawan duct meeting of the work- at 11 AM tomorrow. Proming committee of the party inent among those present persons on the occasion, tomorrow in which the on the occasion include said that Shiv Sena Hindu- preparations in the elec- Balveer Kumar, Ganesh stan is contesting Parlia-tions will be discussed and Chaudhary, Nekram, ment elections in Punjab, the party will decide the Rajkumar Baba, Sanjeev Haryana, Chandigarh, names of those who want Sharma, Deshraj, Rakesh Himachal, Uttar Pradesh to contest the elections on Kumar, Rajesh Kumar, and Jammu and Kashmir. 14th March at Press Club Sonia, Darshana Devi, In this connection, Gupta Jammu. Working commit- Sunita Devi and dozens of

Holashtak to begin on Mar 17, ends on Mar 25: Rohit Shastri

JI NEWS SERVICE JAMMU, MAR 13

Holashtak lasts from the eighth date of Falgun Shukla Paksha to Falgun Purnima. Regarding Holashthak, Shri Kaliakh Jyotish and Vedic Institution Trust President Jyotishacharya Mahant Rohit Shastri explained that Holashthak commences eight days before the festitans, and puja readings. face various difficulties. No restrictions are placed picious events like wed- ping and reciting prayers to ashtak.



Lord Vishnu. Angered by this, King Hiranyakashipu subjected Prahlad to severe tortures from the eighth date of Falgun month to Purnima. He inflicted agony akin to death upon him. There were also several attempts made to kill Prahlad. Desperate to eliminate Prahlad, King Hiranyakashipu assigned his sister Holika the task. val of Holi. This year, Holas- dings, foundation laying Holika had received a boon htak will begin on Sunday, ceremonies, housewarm- that she would not burn in March 17th, and conclude ing, or mundan are prohib-fire. She took Prahlad on on Monday, March 25th. ited. According to religious her lap and sat in the fire, During Holashtak days, scriptures, if a person per- but Lord Vishnu saved his you can engage in activi- forms any auspicious work devotee. Holika burned ties such as bhajans, kir- during Holashtak, they may to death in that fire, but Prahlad was untouched by According to religious the flames. Prahlad's devoon these activities, and texts, King Hiranyakashipu tion was so strong that based on the advice of a wanted to distance his son Lord Vishnu protected his knowledgeable astrologer, Prahlad from devotion to life each time. The events you can perform remedies Lord Vishnu. Despite his that unfolded with devotee for peace of your adverse father's wishes, devotee Prahlad during these eight planets. However, any aus- Prahlad continued worship- days are the reason for Hol-

CUJ hosts live Streaming of Prime Minister's India Semiconductor **Mission 2024 Launch**

JAMMU, MARCH 13

Central University of Jammu hosted the live streaming of the Hon'ble Prime Minister of India's highly anticipated Semiconductor Mission 2024 launch today.

Vice Chancellor, Central University of jammu, Prof. Sanjeev Jain, Watched Live Streaming along with deans, directors, faculty members, and enthusiastic students, gathered a Through this initiative, university's commitment large turnout at the uni-

versity auditorium. sion 2024 launch marks vation. a pivotal moment for the



India Semiconductor Mis- manufacturing and inno- innovators.

electronics, and defense. Jammu, emphasizing the field of technology.

India aims to strengthen to promote technological its position as a global excellence and empower The Prime Minister's leader in semiconductor the next generation of

The event enhances the Prof. Sanjeev Jain, Vice university's dedication nation's technological Chancellor, CUJ expressed to providing its students advancement, with sig- his gratitude for the oppor- and faculty members with nificant implications for tunity to witness this his- access to transformative various sectors includ- toric event firsthand at experiences and cuttinging telecommunications, the Central University of edge developments in the

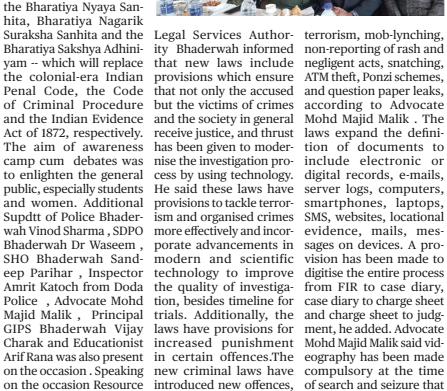
on three new criminal laws in Bhaderwah

J-K Police launches awareness programme

JI NEWS SERVICE

BHADERWAH, MAR 13

The Jammu and Kashmir Police organised a one day legal awareness camp on the three new criminal laws which included the Bharatiya Nyaya Sanhita, Bharatiya Nagarik Suraksha Sanhita and the Bharatiya Sakshya Adhiniyam -- which will replace the colonial-era Indian Penal Code, the Code of Criminal Procedure and the Indian Evidence Act of 1872, respectively. The aim of awareness camp cum debates was to enlighten the general public, especially students and women. Additional Supdtt of Police Bhaderwah Vinod Sharma, SDPO Bhaderwah Dr Waseem, eep Parihar , Inspector Amrit Katoch from Doda Police , Advocate Mohd Majid Malik , Principal Person Advocate Mohd Penal Lawyer of District and offences related to cent citizens.



and question paper leaks, according to Advocate Mohd Majid Malik . The tion of documents to include electronic or digital records, e-mails, smartphones, laptops, evidence, mails, messages on devices. A prodigitise the entire process from FIR to case diary, case diary to charge sheet will be part of the case and Majid Malik who is also the state; organised crime; will not implicate inno-

Sanskrit is key to human devp: Prof. Ram Kumar Sharma

including offences against



JI NEWS SERVICE

JAMMU, MAR 13

One-day Workshop on the subject of "Saral Manak Sanskrit" was held on Wednesday under the joint aegis of Central Ranbir Campus, Kot Bhalwal, Jammu and Indian The chief guest was Senior Prof. Ram Kumar Sharma of Central Sanskrit Unilanguage among all the Saral Manak Sanskritam. sophisticated languages of rich language which is on the need to spread this language among everyone through simple methods, only then this language

that Sanskrit language is Manak Sanskrit to the by Dr. Tejnath Paudel.

the mother of all languag- participants in the workes; there is a vast store- shop, Prof. Ram Kumar science in its scriptures, whole world as a global Sanskrit University, Shri power. Only by giving a Government of India. to the common people.

Sanskrit language is not versity, Jaipur campus. just a means of expres-He said that the glory of sion like other languages, Sanskrit is spread all over it is the basis of spiritual the world. It is the key upliftment of man. He told Sanskrit is the oldest simple experiments on

This workshop is sponthe world. It is an ancient sored by the Indian Language Committee (Minalso called the speech of istry of Education, Govby the guests by lighting the lamp. Then the guests the people in India. He Tripathi, Assistant Proand giving it a simple of the workshop. About of Sanskrit language. 150 Sanskrit teachers and Presiding over the students participated in thanked all the guests and program, Director Prof. this workshop. In order participants. The program

house of knowledge and Sharma, Prof. Mithilesh Mishra, Dr. Praveen Mani through the study of Tripathi, Dr. Khem Narawhich India is once again yan Regmi guided the giving guidance to the students with their valuable information. This workshop was conducted simple form to the comin four sessions in which plexities of Sanskrit lan- all the participants were Language Committee, guage can ancient Indian given information about Ministry of Education, culture be made available the form and implementation of Saral Manak San-Special guest Prof. skrit as well as practice Mithilesh Mishra said that of changing sentences from complex Sanskrit to Saral Sanskrit. The participants benefited from this workshop and the guests expressed the hope that to human development the participants about they will bring glory to the university by using the knowledge taught in the coming future.

Many teachers and students of the campus participated in the workshop the Gods. He emphasized ernment of India). The In. A number of participrogram was inaugurated pants from the university campus and other colleges of Jammu graced the prowere duly welcomed as gram with their presence will become language of a honour. Dr. Sarvesh and expressed their commitment to increase the added that there is also fessor of Kashmir Shaiv use of Sanskrit in practice a need for removing the Darshan, welcomed the by teaching and learning complexities of Sanskrit guests and participants through the simple forms

Dr. Anup Kumar Pandey Shreedhar Mishra said to give knowledge of Saral was conducted efficiently

BSP will celebrate 90th birth anniversary of party founder Kashi Ram on 15 Mar

JI NEWS SERVICE

along with the members by them.

of the state Bahujan Samaj Party state unit, workers will also be present in this The 90th Birth Anni- program. In the statement versary of Kanshi Ram, issued by the party, it has founder of BAMCEF, DS4 also been said that by celand Bahujan Samaj Party, ebrating this program on will be celebrated on 15 a large scale, the party March at the party head- workers will pay tribute quarters Satwari Jammu to the party's founder on behalf of the BSP unit Kanshi Ram. On behalf of of Jammu and Kashmir the party, it was said that state. This information the founder of Bahujan was given in the statement Samaj Party, Kanshi Ram, issued by the party's state was born in a poor family office. In the statement on 15 March 1934 and he issued by the party, it always worked for prowas said that during this viding justice to the poor program organized at the and backward sections party headquarters, State of the society and his life Coordinator of Bahujan was also full of struggles. Samaj Party & former MP It was full of people and Raja ram and Party Cooreven today the party is dinator Dr. Avtar Singh continuously working for Karimpuria will espe- the welfare of the backcially participate in the ward and downtrodden program. Will be pres- sections of the society by ent in. Apart from this, following the path shown

Police beats drums, made announcement against proclaimed offender

KHOUR, MAR 13

accused person beat erty shall be attached.

drum and announced the direction of honorable court front of the One proclamation order residential house of issued by Sub Judge accused person. More-Judicial Magistrate over photocopies of the Chadoora against one order has been affixed Rajinder Singh S/O Jang on the conspicuous Singh R/O VPO Palan- places in the jurisdicwalla who is abscond-tion of PP Pallanwala. ing his arrest in many Through this order the cases was received at accused person has PP Palanwalla. On this been directed to appear ICPP pallanwalla along before the Honble Court with other officials vis- otherwise his Moveable ited at the residence of or non Moveable prop-

NEWS

programme held at Udhampur



UDHAMPUR, MARCH 13

Cell GDC Boys, today programme. organised a Public Voters

voters, the District Election along with a large number Addressing the partici-

Programme here under Officer Dr. Preeti Sharma, who is also the Nodal Offi-The event, supervised cer SVEEP, highlighted tured various activities by District Election Offi- the aim and objectives of including dance, cultural cer Udhampur, Saloni Rai SVEEP, emphasizing the performances by local artand Deputy District Elec- importance of voter parists, and poetry speeches, tion Officer, Dr. Anirudh ticipation. She appealed to aimed at motivating people Rai, took place at Shaheed the participants to turn up to participate in the elec-Bhagat Singh Park, Gole in greater numbers for the toral process.

District Panchayat Offi- the significance of youth cer, Dr. Preeti Sharma, involvement in strength-To sensitize and create Chief Education Officer ening democracy. Encourawareness among the gen- Geetu Bangotra, Election aging the enrollment and eral public, especially new Icons and other officers, registration of all eligible voters in the district, she Authority Udhampur, in of youth and general urged participants to gencollaboration with SVEEP public participated in the erate awareness among their communities, emphasizing that the future of the Awareness cum Cultural pants, District Panchayat nation depends on youth participation in voting.

The programme fea-

Electoral participation awareness I&C Deptt overshoots financial targets set by DPIIT for 2023-24

JI NEWS SERVICE JAMMU, MARCH 13

Jammu & Kashmir's industrial sector is witnessing a remarkable transformation, catalysed by the success of New Central Sector Scheme (NCSS) and the Industrial Development Scheme (IDS). These initiatives, implemented by the Government of India and the UT Government, are providing impetus to growth in the region.

Launched in February 2021 with a substantial outlay of Rs. 28,400 crore, NCSS offers a comprehensive package of incentives to attract businesses to incentives included capital est subvention and GSTthe UT a sought after destination for entrepreneurs.

The scheme has gained in just three years, with



a total of 838 units registered under NCSS, a testament to its impact.

In FY 2023-24, a total investment, job creation of ten Secretary Level and overall economic Committee (SLC) meetings were held, under the chairmanship of Vikramjeet Singh, Commissioner Secretary, Industries & Commerce and facilitated by Dr. Arun Manhas, Director Industries & Com-Jammu & Kashmir. These merce, Jammu, and Khalid Majeed, Director Indusinvestment subsidy, inter- tries & Commerce, Kashmir as its member secrelinked benefits, making taries. These meetings, till date, have approved the registration of 372 units, with 240 from Jammu diviimpressive momentum sion and 132 from Kashmir division. These units rep-

resent a diverse range of disbursements are directly sectors, including manu- empowering businesses, facturing and services, indicating the scheme's broad reach and impact.

Furthermore, the Department of Indusapproved substantial rent financial year. In FY stands approved under Subvention (CIS).

tion here that Goods and cursor to NCSS, IDS offers Services Tax Linked incenits own set of incentives,

the New Central bursement. sector Scheme year the approval for Rs 40.80 crore

enabling them to expand their operations and create new employment opportunities.

ment is a significant mile-Capital Investment Incen- stone in the UT's industive (CII), Rs. 27.45 crore trial journey. While NCSS tal Interest Subvention J&K's industrial develop-(WCIS), and Rs.7.48 crore ment, the Industrial Develthrough Capital Interest opment Scheme (IDS) 2017 continues to play a crucial It is pertinent to men-role. Launched as a pre-

tive (GSTLI) is the including central capital most important investment support, interincentive under est subsidy, and GST reim-

In FY 2023-24, IDS and in the cur- SLCs approved incentives rent Financial worth Rs. 22.44 crore for Jammu division and Rs. 3.92 crore for Kashmir under GSTLI division. These additional stands given. The incentives complement the support provided by NCSS, further strengthening the industrial ecosystem in the UT.

The combined efforts of NCSS and IDS are J&K has surpassed the paving the way for a tries and commerce has Department of Promotion vibrant and robust indusof Industry and Internal trial landscape in Jammu incentives during the cur- Trade (DPIIT) target of & Kashmir. With a focus on Rs. 150 crore in incentive attracting investment, fos-2023-24, Rs. 85.15 crore approval. This achieve-tering innovation, and creating a conducive business environment, the UT is poised for sustained indusunder Working Capi- marks a new chapter in trial growth in the years to come. This transformation will not only generate employment opportunities but also contribute significantly to J&K's overall economic development and prosperity.

Awareness programme on Drug Abuse held at Amar Singh College

JI NEWS SERVICE

SRINAGAR, MARCH 13

Amar Singh College Srinagar and Crime Branch J&K/ Anti-Narcotics Task Force (ANTF), jointly organized an awareness programme on drug abuse, showcasing a collective effort towards combating the menace of drug abuse in the Kashmir Valley.

The programme was attended by a wide range of audience including stu- mir Valley. dents and faculty mem-

collective commitment. and healthy living. By raising awareness and

SSP ANTF J&K, Raj by Prof. Nayeem Ahmad edge is our most potent Kumar presented the Khan, Vice Principal Amar weapon against the shadpresidential speech. He Singh College. He stressed accentuated that fighting that youth are the largest

them to make choices that Earlier, the welcome shape a future of strength address was delivered and resilience. Knowlows of addiction.

Dr. Muzafar Khan, in drug abuse is not just a force of our nation and charge of the Drug De a platform for fostering duty; it is a shared respon- they must be directed Addiction Center, delivsibility that demands our positively for their happy ered an in-depth Power-Point presentation about cussions of drug abuse, He further elaborated the menace of drug abuse. emphasizing the role of fostering collaboration, that in educating our He pointed out that break-education and community we pave the way for a youth about the perils of ing free from the chains engagement in building a resilient, drug-free Kash- drug abuse, we empower of addiction requires not drug-free society.

just treatment but understanding and support.

He stressed the need for collective effort against evil and impressed that together, we can heal the wounds of drug abuse and build a community that thrives on compassion and recovery.

Dr Atia Faheem Khan from IMHANS; Nisar Bakshi, DSP ANTF, and CEO of KRSF also presented their views on achieving a drug-free society. They contended that knowledge can be the guiding light that illuminates the path towards a healthier, happier society.

The event served as awareness and understanding about the reper-

Srinagar Admin Hosts Live Streaming of PM's Interaction with Beneficiaries, launch of 'PM-SURAJ' portal

JI NEWS SERVICE

SRINAGAR MARCH 13

As a part of the Prime Minister's scheduled Programme to interact with beneficiaries of various government schemes from disadvantaged groups, the District Administration Srinagar Wednesday hosted Live Streaming of the Programme here at

Divisional Commissioner Kashmir, Vijay Kumar Bidhuri; Deputy Commissioner (DC) Srinagar, Dr. Bilal Mohi-Ud-Din Bhat and the Officers of all line Departments participated in the programme. During the Programme,

to marginalised sections of advantaged communities. witnessed the event.



society and Prime

Minister's interaction classes, and sanitation beneficiaries of different workers.

The participants also 'Pradhan Mantri Sama- sioner, Srinagar, Zahoor the gathering at SKICC jik Utthan and Rozgar Ahmad Mir, Director Local Auditorium watched live Adharit Jankalyan' (PM- Bodies, Mathura Masoom, streaming of Prime Min- SURAJ) National portal District Social Welfare Offiister's speech, marking a and approval of credit cer, Dr Mukhtar Ahmad nationwide initiative for assistance for one lakh other senior Officers and providing credit support entrepreneurs from dis- large gathering of people

Later, Divisional Commissioner, Kashmir, Vijay with beneficiaries of vari- Kumar Bidhuri and Deputy ous Government schemes Commissioner(DC) Srifrom disadvantaged nagar, Dr. Bilal Mohigroups, including Sched- Ud-Din Bhat hand over uled Castes, backward sanction letter among the

Government schemes. Additional District witnessed the launch of Development Commis-

ACD initiates action against absentees

JI NEWS SERVICE KISHTWAR, MARCH 13

Assistant Commissioner Development, Phulail Singh Bandral has taken decisive action by issuing show cause notices to 11 Rural Development Department (RDD) employees of Block Bonjwah.

The notices have been served to 11 absentee employees, comprising 5 Gram Rozgar Sewaks (GRSs), 2 Management Information System (MIS) operators, 1 Community Information and Coordination Officer (CICO), and 3 National Youth Corps (NYCs) personnel. Ten of these employees are subject to potential termination, while one contractual staff member has been warned of suspension.

Distt Admin Gbl organizes mega Block Diwas at Panchayat Ghar Kijpora

JI NEWS SERVICE GANDERBAL, MARCH 13

Ganderbal.

The District Administration Ganderbal today conducted a public outreach programme as part of weekly Block Diwas at the

The event was chaired by the Additional District Development Commissioner (ADDC) Ganderbal, Mushtaq Ahmad Simnani. The outreach pro-

Panchayat Ghar Kijpora,

gramme witnessed enthusiastic participation from the Kijpora playground. various stakeholders

and aspirations. These also highlighted. ranged from staff short-



including SDM Kangan, were voiced regarding enhancing the efficiency KPDCL, Tehsildar Kangan, tration plant at Kijpora, district officers, and DDC timely commissioning of to the concerns raised, member Kangan, along- the Chattergul Bala Filtra- particularly regarding side civil society mem- tion Plant, establishment unscheduled power cuts, bers, prominent citizens, of a playground at Upper the ADDC issued directives and locals of Kangan sub- Margund, pending forest to the Executive Engineer to engage with these Numerous pertinent uled power cuts. The need terrupted power supply issues were raised during for streamlining the issuduring Sehri and Iftar timthe event, reflecting the ance of Agriculture and ings in the entire Kangan community's concerns Domicile Certificates was area.

dumping park at Kijpora, pivotal role these outreach promptly resolved. and the development of camps play in bringing

governance to the door- Welfare department, Additionally, concerns step of the public, thereby

rights cases, and unsched- KPDCL to ensure unin-

Furthermore, address- tion Ganderbal remains In his address, the ing the challenges per- committed to proactive ages at Kijpora Middle ADDC reiterated the pro-taining to the issuance of community engagement School, to infrastructure gram's primary objective Agriculture and Domicile and resolving issues in development needs such of fostering direct engage- Certificates, SDM Kangan a timely and efficient as the Kijpora Penzin ment with grassroots assured the locals that manner, thereby fostering road, branch cutting in the issues. He emphasized the these issues would be

alongside other concerned departments, provided ACD, Executive Engineer the desilting of the fil- of public service delivery. a comprehensive over-Responding promptly view of self-employment schemes and raised awareness about the Nasha Mukt Bharat initiative.

The ADDC urged locals departments to learn about available schemes, ensuring that benefits reach those in need. The District Administra-

inclusive development and ensuring that all resi-In parallel, the Social dents are benefited.

Rainfed Area Development Programme

Farmers' Orientation camp on HADP held at Kishtwar

KISHTWAR, MARCH 13

A one Day farmers' orientation cum training programme on Rainfed Area

Development program

was held today in the zonal office Kishtwar. More than 70 farmers participated in the programme inaugurated by Chief Agriculture Officer, Amjad Hussain Malik in the presence of District

Agriculture Officer, Sanjay

Kumar Sharma and Sub-

Divisional Agriculture Officer Paddar, Dheeraj Singh. is a game changer for cultivate crops which are In his inaugural address, the Chief Agriculture Officer highlighted the importance of Rainfed Areas Development training programme which will enhance the capability of participating farmers in crop production and changing climatic conditions. He briefed on a ing the scheme. range of schemes of the

mechanization etc. While focusing on HADP, he exhorted the farmers to apply through farm sector entrepreneur- pattern in the changing other sectors. ship schemes. "HADP climatic conditions and

like HADP, CSS, PM-Kisan,

Soil Health Cards, Farm



well as rural women" he added.

Kishtwar.

the farming community suited to the changing which provides employ- environment.. The farmment opportunities to the ers were further sensitized unemployed youths as about roof top water harvesting and rain water harvesting techniques He also asked them to for storage of water to register on the Daksh and provide life saving irriga-Sathi portal of HADP to get tion to the crops. It was more information regard- informed that there is a assistance in getting the provision of subsidy in HADP subsidy under vari-Later, the farmers were HADP for constructing ous projects. Agriculture Department given a detailed briefing the water harvesting tanks on the cultivation of crops at farm level. DAO Sanjay suited for Rainfed Areas Kumar Sharma asked the ing camps & put forth variin the context of District farmers to come forward ous suggestions/queries to get 50% -90% Subsidy Subject Matter Special- in HADP projects in all ist, Jatinder Singh asked sectors of Crop husbandthe online portal for get- the farmers to adopt ry from Crop production ting benefits for different and adjust the cropping to animal rearing and all

The programme was

held as per the direction of District Development Commissioner, Dr. Devansh Yadav and guidance of Director Agriculture Jammu, S. A S Reen and overall supervision of Chief Agriculture Officer.

Manzoor Ahmed, SDAO Marwah also delivered a lecture on integrated farming systems for sustainable Agriculture development, particularly construction of vermicompost units etc. Jamshed Dev (SMS-DL) briefed about the benefits of PM-Kissan, KCC, Pradhan Mantri Fasal Bima Yojana etc. to change the livelihood of Farming community.

The staff members of Zonal Office Kishtwar also participated in the programme and assured the farmers of all possible

The farmers showed keen interest in the trainthat were addressed by Chief Agriculture Officer Kishtwar on spot.

Programme organizer, AEO Kishtwar presented the vote of thanks.