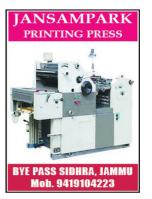


INDRAH IMAGES



has emerged as a 'Bright

Spot' from a 'Dark Spot'

on the global map. The

government of 10 years

has taken more than

50 transformative deci-

sions, including demon-

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India-EFTA trade agreement symbolises shared commitment to fair, equitable trade: PM Modi

AGENCIES

NEW DELHI, MAR 10

Prime Minister Narendra Modi on Sunday said the signing of the trade agreement between India and the four-nation European bloc EFTA is a "watershed moment" as it symbolises shared commitment to open, fair and equitable trade.

The European Free Trade Association (EFTA) members are Iceland, Liechtenstein, Norway, and Switzerland.

The Prime Minister said India will extend all possible support to these countries and facilitate industry years. and businesses, not only ted targets but also to go beyond them.

to invest USD 100 billion said. in India over the next 15

in the bilateral relation- financial services, trans-

In the agreement, the ship between India and EFTA bloc has committed EFTA countries," Modi

He said the global leadership of the four nations "The Tenth of March in innovation, R&D across to achieve the commit- 2024 marks a new turn diverse areas such as digiand a watershed moment tal trade, banking and

port and logistics, industrial machinery, biotechnology, pharma, chemicals, food processing, and clean energy, will open up new doors of collabo-

"Heartiest Congratulations and best wishes to the negotiators and signatories involved in the signing of India-EFTA Trade and Economic Participation Agreement (TEPA)," Modi said in a written mes-

The Prime Minister's statement was read by Commerce and Industry Minister Piyush Goyal here in the presence of ministers and officials of EFTA countries.

"In the last 10 years, India's economy has CONTINUED ON → PAGE 4

India emerged from Fragile Five to Top Five Economy under Modi's leadership: Amit Shah

INDIA

GLOBAL

AGENCIES

MUMBAI, MAR 10

Union Home Minister and Minister of Cooperation Amit Shah addressed the annual investment summit - NXT10 of the India Global Forum in Mumbai on Wednesday. On this occasion, Shah clearly stated that 'Under Modi ji's leadership, India has emerged from the Fragile Five to the Top Five Economy today.'

Every citizen of India knows that from 2004 to 2014, when the Sonia-Manmohan government was in power at the centre, the country's economy was at the 11th position in the world. In the last 10 years, the Minister Narendra Modi has become strong, and 'regressive' to 'progreshas worked to bring the India's self-confidence sive,' and the economy country's economy to the and self-reliance have also has changed from 'frag-5th position. It is certain increased. that Modi ji will be successful in bringing the under the leadership of Economy from the Frag-

third position in his third guidance of Amit Shah, term. The condition of the country's economy until of 'Antyodaya' (upliftment 10 years before 2014 was of the last person), the deteriorating, investor central government has confidence had eroded, transformed from 'inacbut today, in the era of tive' to 'dynamic,' India's

country's economy to the visionary Modi and the ile Five. The new India

etization, GST, Jan Dhan, Triple Talaq, New Education Policy, CAA, Article 370 and 35A, Nari Shakti Vandan Adhiniyam, three new laws, construction of Ram Mandir, construction of new parliament building, construction of Kartarpur Corridor, control on North East, Kashmir and Left-wing who practices the politics Extremism, household electricity, gas, and water, free treatment up to Rs 5 lakh, economic assistance to farmers, surgical strike, government led by Prime Amrit Kaal, the economy progress has shifted from air strike, and many more decisions that have given India a new identity in the world. Today, the Lok Sabha ile' to 'top.' India has now

The world knows that reached the Top Five elections of 2024 are also approaching in

Terror hideout busted in Poonch, 7 **IEDs Seized**

JI NEWS SERVICE JAMMU, MAR 10

Security forces on Sunday busted a terror hideout in a forest in Jammu and Kashmir's Poonch district and seized seven rusted improvised explosive devices and a wireless set, officials said.

They said the hideout located inside a cave was uncovered during a joint search operation by police and the Army at Dara Sangla in the Surankote area.

Blankets and some other materials were also found in the hideout, the officials said.

A case has been registered and further investigation is on, they said, adding that no arrests have been made so far.

The officials said preliminary investigation suggests the hideout was used by terrorists active in the area two decades

Krystyna Pvszkova From **Czech Republic Crowned Miss World 2024**



MUMBAI, MAR 10

Czech Republic's Krystyna Pyszkova on Saturday won the coveted Miss World 2024 title at a grand event here.

Miss Lebanon Yasmina Zaytoun was named the

first runner-up. Reigning Miss World Karolina Bielawska from Poland crowned her successor at the star-studded finale here

Traffic suspended on Jmu-Sgr highway for road widening work

JI NEWS SERVICE

JAMMU, MAR 10

Traffic movement on the 270-km Jammu-Srinagar national highway remained suspended on Sunday morning as authorities were carrying out road widening work on several problematic stretches in Ramban district, officials said.

Vehicular movement on the only all-weather road linking Kashmir with the ing of the carriageway nels, they said. to two lanes at Dalwas,



rest of the country was Mehar-Cafeteria, Panthi- officials said the decision

The traffic department

suspended late Saturday yal and Nachlana between to suspend traffic on the night to allow the widen- Nashri and Banihal tun- highway for 14 hours from 10 pm on

CONTINUED ON → PAGE 4

North India's first Govt Homoeopathic College coming up in Kathua, J&K: Dr Jitendra Singh

JI NEWS SERVICE

KATHUA, MAR 10

"North India's first Government Homoeopathic College, centrally funded at a cost of nearly Rs. 80 Crore will come up in Jasrota area of district Kathua in J&K", said Union Minister of State (Independent Charge) Science & Technology; Minister of State (Independent Charge) Earth Sciences; MoS PMO, Personnel, Public Griev-



declaration of his man-started. ances, Pensions, Atomic date for Lok Sabha, Dr Energy and Space, Dr Jitendra Singh today vis- briefed by the engineers endra Modi before whom Jitendra Singh here today. ited the proposed site of and senior experts from this requisition was put, While continuing his the college in Jasrota vil- the Department of Ayush and said it was a

opment even after the boundary wall has already

consistent spree of devel- lage, where work for the about the institution.

Dr Jitendra Singh reiterated that the agenda of the Udhampur-Kathua-Doda Lok Sabha constituency, which was taken at hand soon after he was elected as Member of Parliament in 2014, will continue uninterrupted till the date of the declaration of election Code of Conduct and will resume immediately after the Code of Conduct is lifted.

Dr Jitendra Singh expressed his gratitude to The Minister was Prime Minister, Shri Nar-

CONTINUED ON → PAGE 4

Electoral Bonds

SC to hear on Monday SBI's plea seeking extension to disclose details

NEW DELHI, MAR 10

The Supreme Court will on Monday hear the application filed by the State Bank of India (SBI) seeking extension till June 30 to disclose details of each electoral bond encashed by political parties before the scheme was scrapped last month.



tempt action against the SBI alleging, it "wilfully A five-judge Consti- and deliberately" distution bench headed by obeyed the apex court's Chief Justice DY Chand- direction to submit details rachud will also hear a of the contributions made separate plea, which has to political parties through sought initiation of con- electoral bonds to the

Election Commission by March 6.

The apex court bench, also comprising justices Sanjiv Khanna, B R Gavai, J B Pardiwala, and Manoj Misra, will assemble at 10.30 am to hear the two petitions.

In a landmark verdict delivered on February 15, a five-judge constitution bench scrapped the Centre's electoral bonds scheme that allowed anonymous political funding, calling it "unconstitutional" and ordered

CONTINUED ON → PAGE 4

J&K on transformational mode postabrogation of Art 370: Rana

JI NEWS SERVICE

JAMMU MARCH 10

Senior BJP leader Mr Devender Singh Rana today asserted that Jammu and Kashmir is undergoing a huge transformation following the historic abrogation of Article 370 in August 2019.

"The decisive and bold step, as per the BJP's manifesto, has opened a new chapter in the history of Singh besides Co-Conve-Jammu and Kashmir has paved the way for unprecprosperity, and peace", Mr Rana said while addressing Senior Citizens Sammelan, organized by the party's



Senior Citizen Cell

melan.

Lauding the visionary leadership of Yashasvi Prime Minister Mr Naren-

dra Modi, Mr Rana said Among others, the Con- Jammu and Kashmir is venor of the Cell Mr J. D already on transformational journey since the repeal nors Mr Subash Gupta and of Article 370 and Article Mr A. K Mahajan (Retd SSP) 35A, and is now witnessedented development, were present in the Sam- ing unprecedented progress across various sectors, including infrastructure, economy, education,

CONTINUED ON → PAGE 4

Asif Ali Zardari sworn in as Pakistan's 14th president

JI NEWS SERVICE ISLAMABAD, MAR 10

Asif Ali Zardari on Sunday took oath as Pakistan's 14th President, a day after the veteran politician was overwhelmingly elected as the next head of state.

Chief Justice of Pakistan Qazi Faez Isa administered the oath to the 68-year-old Zardari at Aiwan-e-Sadr, the Presidential Palace.

Zardari will replace Dr Arif Alvi, who stayed in office for five more months despite completing his five-year term in September 2023.

The swearing-in ceremony was attended by Prime Minister Shehbaz Sharif, all three service chiefs, senior officials and diplomats.

Zardari, Pakistan Peoples Party (PPP) cochairman, the joint candidate of the ruling alliance, was elected as the country's president for the second time on Saturday after he defeated PTI-backed Sunni Ittehad Council (SIC) candidate Mahmood Khan Achakzai by a huge margin.

He secured 411 elec-CONTINUED ON → PAGE 4

Rain, snow during next 5 days in Jammu and Kashmir: MeT

SRINAGAR, MAR 10

Two back-to-back Western Disturbances (WD's) in to trigger rain and snow Jammu and Kashmir, offi- places on March 14.

Centre Srinagar forecasts during March 15 to 18. that generally the weather

and Kashmir during the next 24 hours.

The MeT office said there is a possibility of light to moderate rain or quick succession are likely snow at widespread places during March 13, while over the next five days in light rain or snow at a few

The weather is expected The Meteorological to remain generally dry

An independent weathwill remain cloudy today er forecaster, Kashmir with isolated very light Weather, predicted that rain and snow over the two Western Disturbanc- going to affect Jammu and days. upper reaches of Jammu es in quick succession are Kashmir over the next 5



He said during March

13 and 14, there is a pos- 2.2C against 2.1C recorded sibility of light to moder- during the intervening reaches during the period. Kashmir. He said there is a possi-

bility of a significant drop in daytime temperatures during the period.

recorded below normal in Valley on Sunday.

Srinagar had a low of

ate rain or snow in most nights of Saturday and areas of Jammu and Kash- Sunday. It was 1.1C below mir. Heavy snowfall can normal for the summer also occur in a few higher capital of Jammu and Qazigund on the Sri-

nagar-Jammu national highway in south Kashmir recorded a low of 1.4C, Barring Gulmarg, the while Kokernag settled at night temperature was 1.8C on Sunday.

all stations of the Kashmir at Pahalgam slipped down to a low of -2.5C against

CONTINUED ON → PAGE 4

The night temperature

toral votes in Parliament

Srinagar Admin organised Awareness programme on PM Vishwakarma scheme at Banquet Hall

JI NEWS SERVICE

SRINAGAR, MARCH 10

The District Administration Srinagar in collaboration with the Ministry of Micro Small & Medium Enterprises (MSME), Skill Development and District Industries Centre today organized a one-day awareness program on the PM Vishwakarma scheme launched to uplift traditional Artisans and Craftspeople.

(DC) Srinagar, Dr. Bilal benefit the Artisans of the Mohi-Ud-Din Bhat was the District working with their Office Srinagar and the Chief Guest of the pro- hands and tools, besides District Administration Srigramme held at Banquet transforming the lives of nagar signifying a proac-

and beneficiaries to fur- and heritage crafts. ther amplify the awareness to ensure effective implementation of the scheme ognition of Artisans and and fully harness its poten- Craftspeople as Vishwa- that PM Vishwakarma tial for the betterment of the Artisan community.

sion, the Deputy Commisthe Scheme. sioner stressed on better scheme to ensure that its effectively to cover all eli-support up to Rs 1 lakh benefits reach to the Artisans contributing in preservation of traditional and heritage crafts.



Earlier, Assistant Direc-

Ministry of MSME field

tive approach to empower

ic growth of the Artisans

Pertinent to mention

scheme offers a range of

training to artisans, Rs

Highlighting the fea- at grassroots level. tures of PM Vishwakarma initiative, the DC said that tor MSME underlined the Deputy Commissioner the scheme will directly collaborative effort of the the Artisans and Crafts-The programme was people contributing in local Artisans and promote attended by stakeholders preservation of traditional sustainable socio-econom-

The DC further said the and craftspeople in the scheme will enable the rec- District. karmas (Traditional Arti-Speaking on the occato avail the benefits under incentive of Rs 15,000,

The DC emphasized on 500 per day during traingible beneficiaries across (first tranche) and Rs 2 the District in the identi- lakh (second tranche) at a fied trades to enhance concessional interest rate livelihood opportunities of 5%, incentives for digital

transactions and marketing support.

At present Government has recognized 18 trades under PM Vishwakarma scheme including Carpenter, Boat Maker, Armorer, Blacksmith, Hammer and Tool Kit Maker, Locksmith, Goldsmith, Potter, Cobbler, Masons, Basket/Mat/ Broom Maker/Coir Weaver, Doll & Toy Maker, Barber, Garland Maker, Washerman, Tailor and Fishing Net Maker.

During the programme, various Artisans were registered on the PM Vishwakarma portal using biometrics

Besides, Additional Deputy Commissioner, Srinagar, Syed Ahmad Kataria, the awareness programme General Manager, DIC, Chief Planning Officer, Joint Director, MSME, Secretary SMC, Principal ITI, Srinagar, sans) making them eligible benefits including toolkit members of the District Implementation Committee, representative from MSME, Assistant Comimplementation of the implementing the scheme ing, collateral-free credit missioner Panchayats, Assistant Director MSME, Lead District Manager and other stakeholders including beneficiaries of the

DLSA Ganderbal organized awareness programme on International Women's Day

JI NEWS SERVICE

GANDERBAL, MARCH 10

District Legal Services Authority, Ganderbal is organizing Legal Literacy programmes across the district including at hilly and remote areas to spread awareness among the people, especially to women on the eve of International Women's Day and in connection with ongoing legal awareness cam-

DLSA Ganderbal on Saturday under the chairmanship of Ritesh Kumar Dubey, Chairman District Legal Services Authority Ganderbal and under the guidance of Nusrat Ali Hakak, Secretary District Legal Services Authority Ganderbal organised Legal Awareness Programme at KGBV Gutlibagh Ganderbal in association with **Education Department** Ganderbal on the eve of celebration of International Women's Day and in etc. connection with ongoing legal awareness campaign/

The Program was attended by Muzamil Akhtar, Chief Education Officer, Ganderbal, Abdul Rehman, Zonal Education Officer Ganderbal, Tanveer Ashraf, Assistant LADC, Adv. Adil Bashir role of women in shaping dents, staff, and esteemed tic Violence, Dowry and Koul, Panel Lawyer DLSA



Warden, KGBV Gutlibagh inclusive and equitable tor, Ganderbal, Mohammad Ashraf Dar, Zonal Cultural Coordinator, Ganderbal, Staff members of KGBV Gutlibagh, PLVs of dents of KGBV Gutlibagh,

Speaking on the occasion, Chief Education the Indian Constitution. Officer of Ganderbal in education.

Chief Education Officer

of women.

In commemoration of International Women's Day, an enlightening speech was delivered by District Ganderbal, Stu- Tanveer Ashraf, Assistant accorded to women under

emphases the importance the invaluable free legal the downtrodden and vicof gender equality and aid services provided by women's empowerment District Legal Services In her speech, the the deserving persons.

achievements of women across diverse fields.

Furthermore, crucial information regarding legal remedies for domestic violence or any form of abuse was provided to participants.

Assistant LADC underscored the imperative role of gender equality in national development, affirming that a nation's progress hinges upon providing women with equitable opportunities.

This celebration served as a poignant reminder of the ongoing commitment to empower and uplift women in society.

While addressing the gathering Adv Adil Bashir Ganderbal, Nazir Ahmad, education systems that quoted the Article 14 of District Cultural Coordina- support the advancement Constitution of India and highlighted the issue of gender discrimination prevailing in society.

He also talked about the menace of the Sati system which prevailed LADC who emphasized in India earlier and how on the fundamental rights the strict laws were made to abolish the sati system. He also briefed about the He informed about role of DLSA in helping timized women of society.

He also made par-Authority, Ganderbal to ticipants aware about Gender equality, women's During the event, par- empowerment, Protection highlighted the significant ticipants, including stu- of Women from Domessocieties and economies guests, were enlightened Maintenance and chal-Ganderbal, Rafia Jawhar, and stressed the need for about the remarkable lenges faced by women.

Watlab Wular Lake Hosts Electoral **Literacy Event under SVEEP**

JI NEWS SERVICE SOPORE, MARCH 10

In an endeavour to encourage young prospective voters and firsttime voters to participate vehemently in the electoral process, District Administration of Baramulla, in collaboration with the Watlab Conservation and Management Authority (WCMA) and the Local Sports Association, orchestrated a series of impactful activities under the Systematic Voters' Education and Electoral Participation (SVEEP) initiative at Wular Lake.

The proceedings were Raina, who inaugurated the first of its kind boat

event, the ADC high- cate individuals especially lighted the paramount first-time voters with the race as a token of appreimportance of new voters requisite knowledge and ciation, acknowledging in actively participating resources to become pro-their contribution towards in the democratic pro- active stakeholders in the fostering a culture of cess. He underscored the electoral process. pivotal role of selecting representatives who reso- the active engagement youth.



concerns.

towards culture of elec-

National Lok Adalat held at Ganderbal

led by the Additional nate with the aspirations of Booth Level Officers Deputy Commissioner of of the youth and are com- (BLOs), who meticulously Sopore, Shabir Ahmad mitted to addressing their educated participants about the electoral pro-Shabir Ahmad fur- cess and enlightened them race aimed at raising ther highlighted that the about their right to franawareness among fresh objective of organizing chise and their pivotal role voters about the electoral these events is to foster as integral members of our

> participants of the boat electoral awareness and The event witnessed participation among the

process by exercising their collective commitment thriving democracy. Later, the ADC distrib-Speaking during the toral literacy and to edu- uted awards among the

8 vehicles involved in illegal mining seized in Pulwama JI NEWS SERVICE

PULWAMA, MARCH 10

District Mining Officer (DMO), Pulwama along with the enforcement team today conducted a targeted operation against illegal mining in various areas of the dis-

The operation was held at Pampore, Hatiwara, Reshipora and Newa areas of the district, resulting in the seizure of one JCB and 07 vehicles engaged in unauthorized extraction and transportation of minerals.

Deputy Commissioner, Pulwama has time and again issued unequivocal instructions to prevent and deter illegal mining throughout the District.

Operations against illegal extraction and transportation are being taken regularly by the department and strict action against offenders is initiated to deter them from illegal activity involvement.

CBC holds seminar on Rural Development Schemes, **Career Counselling for students in Ganderbal**

JI NEWS SERVICE SRINAGAR, MARCH 10

The Central Bureau of Communication Srinagar, Ministry of Information and Broadcasting, GoI, organized a day-long seminar focusing on public welfare schemes in the rural development department and a career counselling session for students in

Ganderbal district.

Programme was held as a part of the ongoing five-day exhibition at Mini Secretariat Ganderbal & was aimed to educate participants about various center and state sponsored schemes being implemented for rural development.

Resource persons from the Rural Development Department provided detailed insights into the schemes, sharing success stories and outlining targets for implementation of various schemes.



Director of the Army on the Agnipath Scheme, Recruitment Office Sri- highlighting career oppornagar, delivered a com-tunities within the defense and "Swachta."

Colonel Anshul Sharma, prehensive presentation

services. Additionally, representatives from Nehru Yuva Kendra Sangathan and Govt College of Physical Education Ganderbal shed light on the functions and responsibilities of their institutions.

Director CBC Ghulam Abbas highlighted the role of the Central Bureau of Communication in propagating different welfare initiatives of the government through the integrated communication and outreach programmes.

An open quiz was also organised for the participants and the winners were awarded trophies and appreciation certificates.

Cultural troupes affiliated with CBC Srinagar captivated the audience with vibrant performances on various themes, including "Viksit Bharat," "Agnipath," "Mission Life,'

Dir Agriculture inaugurates programme on "Promotion of Medicinal and Aromatic plants"

JI NEWS SERVICE SRINAGAR, MARCH 10

Budgam.

Director Agriculture Kashmir, Chowdhury Mohammad Iqbal today Inaugurated a capacity building programme on "Promotion of Medicinal and Aromatic plants" under the Holistic Agriculture Development Programme at Sub-division Chadoora,

Speaking on the occaby the department for the promotion of Medicinal & Aromatic plants on commercial basis in the region. He said that the departnal & Aromatic plants on a commercial basis.

vation has been extended,

sion, director Agriculture he added. Chowdhury said ensure maximum awareenumerated the initiatives that there is a vast potenness among the farmers tial for the promotion of these plants in the region. He said that the department has not only provided planting material to the ment has already brought concerned farmers but is new areas and lands under working in close coordinathe cultivation of Medici- tion with the farmers and Fayaz Ahmad War SDAO

tricts of Kashmir division, in close coordination and the programme.

regarding the various projects under HADP. Meanwhile, he distributed Medicinal & Aromatic plants among the concerned farmers.

M.Y. Shakoor DLSMS, offering them the techni- Chadoora, Syed Mubashir cal guidance during their Qamar AEO Chadoora, Under HADP the culti- crop cultivation activities. other concerned officers He impressed upon and a large number of introduced to all the dis- the participants to work farmers were present in

State level Skill Competitions held at NIFT Campus Budgam



JI NEWS SERVICE BUDGAM, MARCH 10

The J&K Skill Developration with Ministry of Skill

nology (NIFT), SIDCO Complex Ompora Budgam. The selected candidates will get an opportunity to particiment Mission, in collabo- pate in pre National competitions while those who Development and Entre-qualify second stage shall preneurship (MSDE) GoI participate in National and National Skill Develop- level competitions. The ment Corporation (NSDC) finalists of the National has kick started the State level competition shall Level Competition of Fash-represent the country at ion Technology at National World level competitions Institute of Fashion Tech- in Leon, France.

JI NEWS SERVICE

GANDERBAL, MARCH 10

As per the directions of National Legal Services Authority and J&K Legal Services Authority, National Lok Adalat was organized on Saturday in District Ganderbal under the Chairmanship of Ritesh Kumar Dubey and under the guidance of Secretary District Legal Services Authority Ganderbal, Nusrat Ali Hakak.

To dispose of Pre-Litiga-



Qureshi, CJM Ganderbal, mise/amicable settlement, Waseem Mirza, Munsiff/

Overall, 1,160 Pre-Litigation matters and Pending & Advocate Sofi Abdul court cases were taken up Samad, 2nd bench by for settlement in the Pre Mainaaz Qadir, Additional Lok-Adalats and National Special Mobile Magistrate, Lok-Adalat out of which Ganderbal and Advocate 1,073 cases were amicably tion matters and Pending Kounsar Syed Masoodi; settled/Compromised on court cases by compro- 3rd bench by Mohd. spot and an amount of Rs 74,23,407 was awarded total O4 benches were JMIC Ganderbal and Advo- as settlement amount in constituted for the Lok cate Younis Saleem Wani, Bank Recovery Cases, Adalat comprising of Pre- and 4th Bench by Easar Electricity matters, MACT siding Officers and Other Ul Nabi, Munsiff/JMIC cases, 138 NI Act cases and Kangan and Advocate other cases.

Regional parties have exploited people for years, will usher in development: Azad

SRINAGAR MAR 10

Chairman DPAP Ghulam Nabi Azad today addressed a Public Meeting in Kokernag, Kashmir. In his address, he addressed the exploitation of Kashmiris by regional parties over the years, particularly by raising slogans advocating autonomy and self-rule. He stated that, while the MPs of these regional parties remained silent on the matter, he actively protested in Parliament may ally with anyone for lished a medical college, against revocation of Arti- power but will not do jus- degree college, hospitals, cle 370. "Why do NC and tice to the people. They and schools here. I want to the Roshni scheme if elect-PDP no longer raise these will only use and exploit do even more for this disslogans? They fooled the the voters. Azad revealed trict, especially for Kokerand caused the deaths of with South Kashmir stat- to serve', Azad said. He innocent people." He reit- ing, 'My grandfather was highlighted his efforts in erated his commitment to originally from Kokernag. granting land rights to the championing the cause of We moved to Doda, but poor through the Roshni importance of providing people and ensuring their there's a special connec-scheme. He emphasized voices are heard on the tion between us. Let us that when the governnational level. He stressed rebuild that relationship. ment attempted to seize them to start businesses



the bulldozers. Additionally, he promised to restore ed to power. Azad further stressed the urgency of Among others who were people, enjoyed power, a personal connection, nag. Give me a chance tackling unemployment, present on the occassion promising to address were G.M.Saroori Vice the issue once elected to power. He emphasized the Khatana Gen Secretary, loans to those who are not highly educated, enabling the need for unity, cau- Anantnag has always been the land, he was the sole and earn a livelihood. He President, Shahida Begum tioning that these parties in my heart. I have estab-voice to speak up, halting highlighted the untapped DDC and others.

needs to be boosted, expressing regret over not being able to complete his term as CM. He remarked that if given the chance, he would have sanctioned more tourism projects to harness this potential. He promised to provide free electricity for the poor and pledged to focus on building roads, hospitals, and furthering development in triple shifts. He expressed concern over the burden of electricity bills on the people, especially the poor, and appealed to the government to reduce the bills for those in need. Chairman, Ch Haroon Salman Nizami Chief Spokesperson, Adv Saleem Parray Official spokesperson, Zamir Ahmed Distt

Big Setback to BJP in Haryana: Hisar BJP MP Brijendra Singh joins Congress



JI NEWS SERVICE NEW DELHI, MARCH 10

inducted into the party by the Congress president Mallikarjun Kharge in presence of senior party Maken, Mukul Wasnik and Deepak Babaria.

Singh said he was thankful a public rally. to the Congress president inducting him into the the Congress president with the DMK.

party. He said, for a long said it was too early to time he was not feeling comment. But he added, comfortable with the BJP the way a High Court judge In a major setback to the for ideological reasons like joined the BJP in West Bharatiya Janata Party, its their handling of the farm- Bengal only a day after MP from Hisar in Haryana ers issues, the Agnipath resigning, and started today resigned and joined scheme and their dealing abusing the TMC very next the Congress. He was with international female day, showed the mentality wrestlers.

about Chaudhry Birender had placed such people at Singh also joining the Con- all such important places. leaders including Ajay gress, Ajay Maken said, he (Chaudhary Birender) had informed them that he will he said, he was thankful Talking to reporters be joining the Congress at to the Tamil Nadu Chief

Kharge, Rahul Gandhi resignation of one of the state for working out the and Mrs Sonia Gandhi for Election Commissioners, seat sharing agreement

and the mindset. He also Replying to a question pointed out how the BJP

On the seat sharing with various alliance partners, Minister MK Stalin and To a question about the the Congress team in the

Repeal of Art 370 paved way for empowerment of refugees: Slathia

KATHUA, MAR 10

Former minister and BJP Pradesh Vice President Surjeet Singh Slathia today reaffirmed the party's unwavering commitment to the welfare and rights of the West Pakistan refugees who had long been marginalized and neglected.

Addressing a meeting, organized by the BJP Kathua this afternoon, their significant contribuing citizens, ensuring that Slathia said the entire scetions to the cultural and they are afforded equal nario changed after the socio-economic fabric of opportunities and protecabrogation of Article 370 the nation in general and tions under the law. Furrecognition and empow- large extent, he added erment. He said the refugees have faced countless to concerted efforts, the he added. Referring to the hary and others.

Refugee Cell at Village hardships and injustices BJP secured justice and urges of the West Pakistan

vidual has the opportuni-

Hariyapur in the District over the decades. Despite dignity for these deserv-refugees, Slathia assured that the BJP will continue to strive in a mission mode for addressing the concerns of the refugees as that paved the way for J&K in particular, they thermore, the BJP remains per the cherished agenda refugees to enjoy all the continued to struggle for steadfast in its resolve to of Yashasvi Prime Minisrights and benefits of varibasic rights, including provide comprehensive ter Narendra Modi's Sabka ous central schemes that citizenship, land owner- support and assistance Saath, Sabka Vikas, Sabka remained out of bounds ship, and access to essento the West Pakistan refu-Vishwas, Sabka Prayas. for them for nearly seven tial services. Recognizing gees, including access to Prominent among those decades. Slathia said the the urgency of address- education, healthcare, present on the occasion BJP, which is rooted in ing their grievances, the housing, and employment included Ashok Khajuria the principles of justice, BJP championed their opportunities. By empow- Convenor BJP Cell J&K, equality, and inclusivity, cause at all the levels ering these marginalized Babu Ram Sharma Conalways stood firmly in sol- from time to time, he said communities, the BJP venor BJP Kathua, Ravi idarity with the plight of and expressed happiness seeks to foster a more Sharma Mandal President these refugees and advo- that repeal of Article 370 inclusive and prosperous Marheen Kathua, Karan cated for their rightful ended their ordeal to a society, where every indi- Attri Chairman DDC Kathua, Rattan Lal, Surjit Slathia said that due ty to thrive and succeed, Singh, Prem Pal Choud-

BJP stands firmly behind to players bringing laurels to the country: Rakesh Mahajan

JI NEWS SERVICE JAMMU, MAR 10

The Bharativa Janata Party (BJP) stands firmly behind to the players who are bringing laurels to the country.

This was stated by Rakesh Mahajan, Incharge All Cells, BJP, J&K during a program organized by the Party's Sports Cell, aimed at interacting with athletes ahead of the upcoming suggestions for the upcom- sons such as leadership, occasion, Ved Sharma, manifesto. Co Incharge, BJP All Cells, suggestions from people which are crucial for per- the future, he added. across the country for its sonal development and of society can submit their teaches invaluable life les- remarkable achievements



Lok Sabha polls. On the ing Lok Sabha Election sportsmanship, and the importance of fair play, The senior BJP leader shaping individuals into Convenor Sports Cell said today Sports is not well-rounded and respon-Sumit Sharma, CoConve- just an extracurricular sible citizens. Therefore, nors Ritika Mahajan and activity but an integral part integrating sports into Rajeshwar Singh and and parcel of education. educational curriculums Parghat Singh were pres- Beyond the physical ben- is vital for nurturing the missed calls, or via the ent. Rakesh Mahajan high- efits, sports instill essen- holistic development of NAMO App, ensuring their lighted that BJP has begun tial values like teamwork, students and preparing voices are heard in the pola campaign to collect discipline, and resilience, them for the challenges of

Today's program also distributed sports manifesto ahead of the Lok success in life. Engaging marked the BJP's outreach kits among players from Sabha Election. As a part in sports activities fosters to the budding athletes of this campaign, the party holistic growth, promoting of Jammu and Kashmir, in Jammu and Kashmir, is introducing "Sujhav Peti" mental agility and emo-recognizing their pivotal (Suggestion Box), where tional well-being alongside role in bringing honor to hockey, and gymnastics to people from all sections academic achievements. It the nation through their

at national and international levels, Rakesh Mahajan said, commending Prime Minister Narendra Modi for his efforts in bolstering sports infrastructure across the country, resulting in Indian athletes creating history by winning a record 111 medals in the recently concluded Asian Games.

Rakesh Mahajan asked the budding sports players to give their valuable suggestions in shaping the Party's manifesto for the forthcoming Lok Sabha elections. He encouraged them to submit their recommendations through written submissions, icymaking process.

Later, Rakesh Mahajan diverse sports streams including cricket, football, promote sports culture in the Union Territory.

Nation cannot afford to let BJP retain power in 2024 elections: Bhalla

JKPCC Working President

JAMMU, MAR 10

Raman Bhalla Sunday said that the nation cannot afford to let the BJP retain power in 2024 as it is imposing a monolithic and illiberal socio political order on the people with the ideological backing of vested agenda. The policies of Government at the Centre proved to be disastrous, and the Constitution was itself under attack, he asserted while addressing people at Raipur Satwari. Prominent among those include Congress Sewadal

Kumar besides others. Bhalla claimed that BIP peacefully and comfortably. No one is supposed and if do question, they are labeled as anti-national. He further said that BIP



and anti-youth policies comes back to power, the and these are the seg- country will be pushed ments which are going to towards a "dictatorship" punish the party in Parlia- and its people would be ment elections for ditch- deprived of all democratic ing people's interests.

Babbi, JKPCC Secretary and the people of Jammu two and created Bangla- pro-people measures. Kumar, Som Nath, Kul- alliance is to fight together cannot be ignored. PMi years, he mused. We have deep Singh, Mohan Lal, and defeat BJP to save the must exercise restraint built dams, public sector Bolla Choudhary, Mohin- country, democracy, con- when he is talking about undertakings. We have der Singh, Panch Sunil stitution, federalism, secu- them," he said. He also provided education, Kumar, Sapna Devi Ravi larism. These are all con- accused the government healthcare and employ-Kumar Babloo Ramesh stitutional values which of complete failures on all ment opportunities for are being debased by the policy fronts in the past all. When the country BJP government," Bhalla ten years, whether it be got independence, litera-Govt has created such an alleged. Taking a potshot farmers issues, unemployatmosphere in J&K that at the BJP government ment, high inflation and Now, it is around 70%. people are not able to live at the Centre, he said, called for a united chal-"In the past ten years, lenge to uproot it. the BJP has proved to be to question the govern- disastrous and we cannot Bhalla said, "Politics and ment about its policies call it governance, it is religion should not be lawyers all these years? misgovernance, misrule mixed. Some parties and and people are passing leaders are trying to mix the Congress leadership through unimaginable suf- them these days. Different which built rural vilhas exposed itself in its fering and ordeals."This people in one community lages, primary schools, utter failure to govern the has to be understood and can like different parties. high schools, ITI, IIS, country on each front. He that is why we are saying Individuals in one house- engineering colleges and keeping up the promises That is the primary objec- not tend to club them closing schools. Govern-

rights. "PM Modi has for-

Launching attack on BJP gotten the contributions said that statehood and Indira Gandhi, who crethe identity and protec- also geography, when bank nationalisation,

Slamming the BJP, fronts. He said BJP stands "limited vision", Bhalla Democracy and Constitu- schools," he said.

tion. My advice to BJP leaders is to not play one community against another for the greed of votes."He stated, "But now the type of governance in this state has changed. The BJP Government failed in providing good governance, which they had promised. People have been left disappointed.

Bhalla said that the Congress did large scale development all across the country after independence The late Prime Minister Indira Gandhi Govt, the Congress leader of late Prime Minister was responsible for the spectacular growth of present on the occasion rights to job and land are ated not only history, but the country through Chief J&K-UT Vijay Sharma tion of our Dogra culture she severed Pakistan into land reforms, and more Pawan Bhagat, Ex Vice and Kashmir shall fight till desh. The contributions Things being so, Prime Chairman Containment last to secure their rights of Prime Ministers Pandit Minister Narendra Modi Jatinder Singh Lucky, and status. He said the Jawaharlal Nehru, Indira questions what Congress Sandeep Dogra Sonu, Raj primary objective of the Gandhi and Rajiv Gandhi has done in the last 70 cy level was around 16%. Who made people literate? Who educated all the doctors, engineers, scientists, teachers and "It was our leadership asked the BJP to explain that the BJP needs to be hold can have different medical colleges. What as to why it has failed in removed from power. preferences. We should have they done? They are made to the people and tive of the alliance," Bhalla together. Such ideas are ment schools are being failing the people on all added. Accusing BJP of regressive and weaken our closed to promote private

BJP SC Morcha organizes Basti Sampark Abhiyan at Pargwal

JI NEWS SERVICE

PARGWAL (AKHNOOR), MAR 10 BJP SC Morcha undertook

door-to-door campaign in SC Bastis under the Basti Sampark Abhiyan at Upper Pargwal in Akhnoor.

Adarsh Jathiar, General Secretary, BJP SC Morcha accompanied by Vijay Vice-President, Rishu Langeh, Media Secretary, Dev Raj District President SC Morcha, Ganesh Das, Mandal President Morcha,

Anand Gill, SC Morcha trict General Secretary, He said that PM Modi is BJP SC Morcha.

accompanied by, and Dis- Minister Narendra Modi. ground level.

committed to strengthen merated the various Adarsh Kumar, while the nation and uplift the public welfare schemes sharing details about the socio-economic status especially tailored for the Abhiyan, said that the of the neglected and the SC community. He said local residents of Upper oppressed. He said that that Modi government Koushal Kumar, Panch, Pargwal were informed the Prime Minister is truly recognized the issues Tarsem Lal and others and unprecedented devel- masses, who is concerned community and took sub-

Vijay Anand Gill enu Joginder Kumar, Panch, about the welfare policies leader of the common and the grievances of the led the campaign. He was opment under the Prime for their welfare on the stantial steps to empower the community.

Nasha Mukht Bharat Abhiyan gains momentum with CRPF **Bike Rally at Kishtwar**

JI NEWS SERVICE

KISHTWAR, MARCH 10

In a fervent display of commitment towards promotion of the Nasha Mukht Bharat Abhiyan, the 52 Bn Central Reserve Police Force (CRPF) orchestrated a vibrant Bike Rally that roared through the township of Kishtwar today.

Parma Shivan, CO - 52 Bn CRPF, ceremoniously flagged off the rally, marking a collective effort to promote a drug-free India. The rally comprised 32 bikes and saw enthusiastic participation from 43 individuals, including civilians and youths of Kishtwar.

The journey began and concluded at the headquarters of 52 Bn CRPF in PDC Colony.

refreshments, and parall the participants, reininvolvement in the antinarcotics campaign.

as part of the ongoing Civic School Kishtwar, Rumaan Bn CRPF contributed to lective resolve to create Action Programme, the 52 Volleyball, Young Star the event by providing a drug-free and healthy



cluded an Open Volleyball ers, and Matta Volleyball, medals for each player. As part of its support, Championship held at showcased exceptional the CRPF provided fuel, the Unit Headquarters in sportsmanship. PDC Colony from March

forcing the community's including All-Mighty Vol-ball, Drabhshalla Spikers, leyball Club Kishtwar, Young Star Bhatyas, and Earlier the day before, hata, Higher Secondary ly for supremacy. The 52 also underscores the col-Bn CRPF successfully con- Bhatyas, Drabhshalla Spik- full kits, including jerseys, environment in Kishtwar.

In a thrilling competicipation certificates to 7, 2024, to March 8, 2024. tition, the semifinalist Participating teams, teams-All Mighty Volley-Bera Bhata, Sangramb- Bera Bhata-battled fierceto all semifinalist teams.

The grand finale witnessed an intense match between Mighty Volleyball Club Kishtwar and Drabhshalla Spikers, with All Mighty Volleyball Club Kishtwar emerging victorious. Drabhshalla Spikers secured the runner-up position.

To recognize the exemplary performance, winning team received a cash prize of Rs. 15,000, along with a trophy and gold

The runner-up team was awarded Rs. 10,000, a trophy, and silver medals for all participants.

This dual initiative by the 52 Bn CRPF not only promotes physical fitness and sportsmanship but

Udhampur DM-XI triumphs over CAPF XI in thrilling Cricket match



JI NEWS SERVICE

UDHAMPUR, MARCH 10

clashed in an enthralling cricket match held here

Udhampur DM-XI, after winning the toss, opted to bat first.

Ashwani opened the innings with a commendable 45 runs, featuring two towering sixes and four well-timed fours.

Following the suit, Vikram contributed 28 runs, adorned with five boundaries, while Rajinder Digra's explosive 51 off just 31 balls shifted the momentum with his thumping six sixes.

total to a competitive 190, competition.

setting the target for Army Cdr-XI.

Facing the challenge, The teams of Udham- Army Cdr-XI fell short, pur DM-XI and CAPF XI managing only 149 runs. Pant led the resistance with a valiant 56 off 46 balls, supported by Arminder and Branda, who scored 24 and 23 runs respectively.

The bowling prowess of Sachin, Vikram, and Sahil Verma, each claiming two wickets, restricted the opposition. Rajinder Digra's exceptional performance earned him the well-deserved title of Man of the Match. Under the guidance and captainship of Rafiq Jaral, SDM Ramnagar, the entire DM-XI team showcased Sachin's steady 45 off 34 commendable skills and balls bolstered the team's teamwork throughout the

DC Bandipora flags off boat rally under SVEEP for voter awareness



JI NEWS SERVICE BANDIPORA, MARCH 10

As part of its ongoing

tion Bandipora on Sunday cess. organised a boat rally at Electoral Participation (SVEEP) activities.

by Deputy Commissioner their democratic right. (DC) Bandipora Shakeel Ul Rehman.

The DC was accompa-

with adventure, Youth their civic duty.

from adjacent areas participated in the rally to raise awareness on voting procedures, voter regisefforts to promote voter tration, and the pivotal awareness and participa- role citizens play in shaption, District Administra- ing the democratic pro-

Deputy Commissioner Zurimamz under System- on the occasion emphaatic Voters' Education and sized to ensure that every eligible voter is equipped with the knowledge and The rally was flagged off motivation to exercise

Highlighting the importance of vote, the Deputy Commissioner said that nied by DyDEO Bandipora a single vote can be the Mohammad Rafeeq Bhat, deciding factor in deter-Youth Icon SVEEP activi- mining the outcome of ties for J&K UT, Faisal Ali an election and urged the Dar and other concerned. general public to use their Combining education right to vote and fulfill

FROM THE FRONT PAGE...

India-EFTA trade agreement...

eleventh largest economy to the fifth largest. Our next acres, adding that the adjoining three acres may also be goal is to make India's economy in the world," the Prime added to the existing premises in due course of time.

The "well-balanced" trade deal reflects the respective developmental aspirations of both sides, he added.

"On the most pioneering free trade agreements ever concluded between our countries, TEPA emphasises our steadfast commitment to shared prosperity and our drive to cultivate a stronger, more inclusive partnership," he said.

Despite structural diversities in many aspects, the possess complementarities that promise to be a win-win situation for all nations.

"With the opening up of enormous trading and investment opportunities, we have reached a new level of trust and ambition...The trade agreement symbolises our shared commitment to open, fair, equitable trade youth," he said.

India-EFTA two-way trade was USD 18.65 billion in 2022-23 compared to USD 27.23 billion in 2021-22. The trade deficit was USD 14.8 billion in the last fiscal.

followed by Norway in the bloc.

India emerged from...

the era of Amrit Kaal. With the achievements of the Modi government, the Chanakya of Indian politics has descended on the battlefield field once again to give a decisive defeat to the opposition in the electoral war. Based on the achievements of the past 10 years, the people of the country have once again decided to make Narendra Modi the Prime Minister. The opposition parties also know that when Shah enters the field, the Lotus surely blooms. In any election, the factor of the formidable leader Shah of the Bharatiya Janata Party is sufficient to achieve victory.

Today, in the era of Amritkal, the Lok Sabha elections of 2024 are also approaching. In this situation, with the achievements of the Modi government once again on the battlefield, the Chanakyas of Indian politics have descended into the field to give a decisive defeat to the opposition in the electoral war. Based on the achievements of the past 10 years, the people of the country have once again decided to make Narendra Modi the Prime Minister. The opposition parties also know that when Shah enters the field, the lotus surely blooms. In any election, the factor of the formidable leader Shah of the Bharatiya Janata Party is sufficient to achieve victory."

Traffic suspended...

Saturday was taken to ensure the safety of commuters as landslides, mudslides and shooting of stones have damaged the road at over a dozen places in Ramban, prompting the authorities to restrict the traffic to oneway on the highway since February 26.

With traffic plying alternatively from Srinagar and Jammu for the past fortnight, travellers have been facing massive snarls, especially in Dalwas, Mehar and Nach-

"The road widening work is in progress at many places on the Jammu-Srinagar national highway. People are advised not to undertake journeys between Nashri and Navyug (Banihal) Tunnel till the restoration work is completed," a spokesperson of the department said.

North India's first Govt...

of 70-80 crore rupees will come up here. He said the Nath Dogra, Manjeet Jasrotia and others. taken a quantum leap, moving from being the world's institution will be spread over an area of more than 8

"The proposed structure will include a hospital complex, a college, an administrative block and one hostel each for male and female students", Dr Jitendra Singh informed. He further informed that the open space will be utilised later on for construction of an auditorium, playground, etc.

Dr Jitendra Singh said, it will not only be a great boon for aspirants of Homoeopathy degree in North India, which was not available earlier, but this will also pro-Prime Minister said, the economies of the two sides vide cost effective treatment to needy patients. "It will also be in keeping with Modi government's healthcare approach which involves synergizing allopathic with Ayush streams of medicine, including Homoeopathy, Ayurveda and naturopathy", the Minister added.

Dr Jitendra Singh stated that the experience after Covid has further consolidated this view that traditional as well as generating growth and employment for the Indian methods of medicine and cure have a panacea value. Highlighting the medical infrastructure of Kathua built in the last ten years, Dr Jitendra Singh said the district now has a government medical college and a and matching the donors to the donations would be a cancer treatment facility being provided by Tata Memo-Switzerland is the largest trading partner of India, rial Centre, Bombay. "The addition of a government Homoeopathic College will make Kathua an integrated and cost effective healthcare centre of North India in times to come", he underlined.

The Minister added that with this, Kathua is all set to emerge as North India's cost-effective and state-of-the art centre of medical facilities.

Talking to media later on, Dr Jitendra Singh said, it is ironically hilarious and laughable that some of the critics who from time to time deny any development having taken place in the constituency over the last 10 years are the ones who are themselves also availing of the facility of projects brought in the last 10 years. For example, the critics and the cynics who say that no development has happened are actually admitting their children in the Medical colleges and other degree colleges established in the last 10 years, he said. He said, this is a rare Lok Sabha Constituency which got three centrally funded medical colleges in the last few years.

Sarcastically, Dr Jitendra Singh said, some of the critics say that nothing has happened but when they have to travel to Delhi they avail the facility of Vande Bharat Train introduced in the last five years. He said, this is a rare constituency which got two Vande Bharat trains with stoppage at both Udhampur and Kathua and this was also mentioned by Prime Minister Narendra Modi during his address to the public rally in Srinagar

The Express Road Corridor from Katra to Delhi, said Dr Jitndra Singh, will also become functional in next few months and six lanes of National Highway will reduce the road travel time from Kathua to Delhi to around four and half hours.

His first five-year term, said Dr Jitendra Singh, was devoted to making up for the lapses of the past governments including the Shahpur Kandi project which had been held up for the last 30 years causing hardship for the people of Kathua. The second five-term, he said, was devoted to setting up new institutions like centrally funded Government Medical Colleges, first ever Seeding Processing Plant, the present Homoeopathic College etc. The next five-year term, he said, will be devoted to consolidating these gains and developing the region as North India's most attractive destination from the point of view of education, trade, tourism and revenue.

Earlier, Dr Jitendra Singh visited a congregation of Jasrota community being held in the vicinity of the under-construction college. He was accompanied by officers and DDC, Vice Chairman, Shri Raghunandan matter of pride for the people of Kathua that North Singh, other DDC members, PRIs, BJP President Gopal India's first government Homoeopathic College at a cost Mahajan, Gen Secy Rajesh Mehta, senior leader Prem

SC to hear on...

disclosure by the Election Commission of the donors, the amount donated by them, and the recipients by

The top court subsequently directed the SBI, the authorised financial institution under the scheme, to submit by March 6 the details of the electoral bonds purchased from April 12, 2019 till date to the Election Commission, which was asked to publish the information on its official website by March 13.

extension till June 30 to disclose the details of the electoral bonds encashed by political parties.

"each silo" and the procedure of matching the information of one silo to that of the other would be a timeconsuming exercise.

undertaken to ensure that the identity of the donors stimulates economic growth and creates employment was kept anonymous, "decoding" the electoral bonds opportunities for the local population. He also referred complex process.

the bond and the data related to the redemption of the bond was kept recorded in two different silos. No central database was maintained. This was done to ensure that donors' anonymity would be protected," it said.

"It is submitted that donor details were kept in a sealed cover at the designated branches and all such sealed covers were deposited in the main branch of the applicant bank, which is located in Mumbai," it said.

Later, a separate petition was filed in the apex court seeking initiation of contempt proceedings against the SBI for alleged disobedience of the apex court's directives. The contempt plea, filed by NGOs Association for Democratic Reforms and Common Cause, claimed SBI's application seeking extension of time has been deliberately filed at the last moment to ensure that details of He said the post-abrogation era has sparked a new dawn donor and the amount of donations are not disclosed to the public before the upcoming Lok Sabha elections.

"It is submitted that the said application is mala fide and demonstrates a wilful and deliberate disobedience & defiance of the judgement passed by the constitution bench of this court. It is further a clear attempt to undermine the authority of this court," it said.

seeking initiation of contempt proceedings against State Bank of India for wilfully and deliberately disobeying the order dated February 15 passed by this court ... wherein this court directed SBI to submit details of contribution made to the political parties through electoral bonds to the Election Commission of India by March 6," the contempt plea said.

It said as per clause 7 of the electoral bond scheme, information furnished by the buyer can be disclosed when demanded by a competent court.

"As per clause 12 (4) of the scheme, electoral bonds have to be encashed within fifteen days failing which the amount of bonds not encashed are to be deposited by the bank to the PM relief Fund. Thus, it is inconceivable that SBI does not have the recorded information readily available within its data base," it said.

The plea said electoral bonds are "completely traceable" which is evident from the fact that SBI maintains a secret number-based record of donors who buy bonds and the political parties they donate to.

The contempt plea said any form of anonymity in the finances of political parties goes against the essence of participatory democracy and people's right to know enshrined under Article 19(1)(a) of the Constitution.

It said availability of information about electoral who was assassinated in December 2007. bonds will give voters a chance to truly inspect, express and decide their choices

J&K on transformational...

and governance with thrust on investments, which are pouring in immense measure. He said the repeal of the special status has removed barriers to investment and development, allowing the region to fully integrate with the rest of the country emotionally, socially and economically. As a result of concerted and continued efforts the huge potential of the Union Territory is being harnessed optimally. While the people of all the segments, especially those marginalized are deriving dividends of various welfare schemes, the past nearly five years stand testimony to fillip in infrastructure projects- roads, bridges, utility schemes, smart city projects, health and educational On March 4, the SBI moved the apex court seeking wherewithal and airports. All these projects are being executed at an accelerated pace, connecting remote areas and enhancing accessibility for residents and tourists The SBI contended that retrieval of information from alike. He referred to record influx of pilgrim and adventure tourism and said that more than two crore of them thronged the Union Territory last year.

Devender Rana said the infrastructural development The application said due to stringent measures is not only enhancing much needed connectivity but also to the various other initiatives aimed at boosting tourism, promoting entrepreneurship, and revitalizing traditional "It submitted that the data related to the issuance of industries, which are being rolled out to harness the natural beauty and cultural richness of Jammu and Kashmir.

"Khushal Jammu Kashmir is overtaking the era of hopelessness, with all segments of society marching towards progress and development as per the Prime Minister's vision of Sabka Saath, Sabka Vikas, Sabka Vishwas, Sabka Priyas", Mr Devender Rana said, adding that all the sectors are witnessing resurgence.

Rana said that the commitment of the BJP to reach out to the last person in the society has gained momentum with the Prime Minister himself monitoring the pace of development and implementation of various welfare schemes. The efforts made in recent years have manifested in a peaceful and inclusive environment where all sections of the people are enjoying the benefits of peace. for Jammu and Kashmir.

Rain, snow during next...

the -0.4C recorded a day ago. It was 1.1C below normal for south Kashmir's famous tourist hot spot.

The temperature at the ski resort of Gulmarg "The petitioner herein is filing the instant petition improved and was recorded at -3.4C against -4.2C the previous night. It was 0.1C above normal for the valley of meadows in north Kashmir's Baramulla district on

> Kupwara recorded a drop in night temperature and recorded a low of -0.5C against the 2.5C the previous night. It was 2.3C below normal for the frontier Kashmir district on Sunday, the MeT office said.

Asif Ali Zardari sworn...

and all four provincial assemblies with the backing of allied parties - mainly Pakistan Muslim League-Nawaz (PML-N) and the Muttahida Qaumi Movement-Pakistan

His rival, Achakzai bagged 181 votes as he was only able to secure the majority of votes in the PTI-backed SIC-dominated Khyber Pakhtunkhwa Assembly.

This is the second time Zardari has won the presidency. He earlier served as the 11th president of Pakistan from 2008 to 2013 and has been a member of the National Assembly of Pakistan since August 2018.

Born in 1955, Zardari was brought up and educated in Karachi. He was married to Pakistan's former prime minister Zulfikar Ali Bhutto's daughter, Benazir Bhutto,

भारतीय जनता पार्टी

BJP cadre intensifies its activities ahead of LS polls

JAMMU, MAR 10

Continuing with its different programmes of "Vidhan Sabha Pravas" by senior leaders, Bharatiya Janata Party (BJP), Jammu Kashmir held various Shakti Kendra and Booth Sammelans in various Assembly Constituencies.

In this series, these programmes were held in 11 different Assembly segments at 8 places, where the senior leaders of the party had reached their assigned destinations. They held threadbare discussions with the local leadership as well as the party activists holding the important responsibilities as Shakti Kendra Pramukh and organizers of Booth Sammelans, leaders, said that as the ident accompanied by reviewed the progress of such programmes and polls is expected to be Kendra/Booth Sammelan melan of Bishnah Constitsuggested more measures announced soon, the of Jammu South-RS Pura to further polish the grass J&K BJP has intensified root level activists to reach its activities in the entire by educating them about taken the lead in open- of Bahu Constituency. numerous mega projects ing of election offices at

Secretary (organization), and each one is devot- ency. BJP chaired 2 Shakti ing more time to ensure Kendra and Booth Sam- the successful conduct MP (Lok Sabha) and melans at Jammu North, of various programmes Marh, Nagrota and Jammu being undertaken as per leader chaired Shakti West Assembly Constitu- the directions of the party Kendra/Booth Sammelan participated in these pro-



Ashok Koul, while addressing the party Sharma, BJP Vice-Presschedule of the Lok Sabha high command.

Similarly, Sham Lal Swarn Lata chaired Shakti

Assembly Constituency. Yudhvir Sethi, BJP Vicethe people and mobilize length and breadth of the President chaired Shakti their support for the BJP UT. The party has already Kendra/Booth Sammelan

of development and wel- assembly constituency Ganga, former Minister Devinder Singh Rana, fare schemes of Modi gov- levels and announced its senior leader chaired candidates, the morale of Shakti Kendra/Booth Sam-Ashok Koul, General the party activists is high melan of Samba Constitu-

Jugal Kishore Sharma, Munish Sharma, senior of Jammu East Constitu- grammes.

Sham Chowdhary, BJP Vice-President chaired Shakti Kendra/Booth Sam-

Ashwani Sharma, former MLA chaired Shakti Kendra/Booth Sammelan of Vijaypur Constituency.

Shamsher Singh Chander Prakash Manhas, former MP, senior leader, Bharat Bhushan Bodhi, Chairperson DDC, former Minister Priya Sethi, Inderjit Sharma, Shiv Dev Singh Manhas all District Presidents, senior leader and other senior leaders also

J&K National Panthers Party convenes meeting to discuss Foundation Day celebrations

JI NEWS SERVICE JAMMU, MAR 10

Jammu and Kashmir National Panthers Party (JKNPP) convened a crucial meeting today at party office to deliberate upon the arrangements and preparations for the upcoming celebration of its Foundation Day, which falls annually on the 23rd of March. The meeting was

plan for the momentous of the region. occasion. The Foundation Jammu and Kashmir.

tical arrangements, mobi-residents. lization of resources, and



Furthermore, Singh Sham Gorkha (Provin- wara).

Additionally, the meet-support, highlighting their together key members, importance of upholding of the party's endeav- enthusiasm and commitoffice bearers, and vol- the party's core principles ors. He urged everyone ment amongst the attendunteers from across the and commitment to the to actively participate region to strategize and welfare and development and contribute towards making the upcoming ensuring the success of Speaking on the occa- celebration a memorable the Foundation Day cel-Day holds immense signifi- sion, President Vilakshan and impactful event. In ebrations and furthering cance for the JKNPP, sym- Singh reiterated the par- the meeting a committee bolizing the values, vision, ty's unwavering dedication was also constituted for National Panthers Party. and journey of the party to the cause of the people ensuring proper arrangein serving the people of of Jammu and Kashmir. ments for the foundation addressed the meeting He emphasized the signifi- day celebrations. Naresh included Hakikat Singh During the meeting, cance of the Foundation Chib General Secretary of Jamwal (State General various aspects pertain- Day as an opportunity to the party was appointed as Secretary), Farooq Ahmed ing to the grand cel- reflect on the party's jour- the chairman of the com- Dar (Provincial President, ebration were discussed ney, rekindle the spirit mittee and other members Kashmir), Adv. Kesar comprehensively. This of unity, and reaffirm its of the Committee included Parveen Women Wing included the formulation pledge towards the better- Rajesh Gondhi (State Gen- State President, Peerzada of event programs, logis- ment of the region and its eral Secretary), Ravinder Mudaassar Ahmed Shah Jamwal (State Secretary), (District President, Kup-

The meeting concluded ees, as they pledged to work tirelessly towards the objectives of the J&K

The other leaders who

Shiv Sena accuses the administration of violating constitutional rights of the party

JI NEWS SERVICE

Shiv Sena (UBT) Jammu and Kashmir unit has accused the Jammu and Kashmir administration and police officials of hindering the expansion and promotion of the party. Blamed the above allegations during a press conference organized at the party state central March 9 at 5 pm. office here today.

State chief Manish the press enclave in Sri-Sahni said that as per the nagar announced program under



As soon as he reached given to the administration

well on time. , Shiv Sena leaders were kept in custody for about cially Shiv Sena, are being the campaign "Pehele taken into custody and two hours and was forced prevented from expanding

police administration is a violation of their constitutional rights. Sahni said that he along with party leaders was kept in custody for about two hours and was forced to return to Jammu. Sahni said such behavior of the police administration is a violation of constitutional tion about the program was rights. Making allegations, Sahni said that at the behest of the ruling party, Sahni said that he was opposition parties, espe-Adhikaar Phir Sarkar" cam- taken to Kothibagh police to return to Jammu. Sahni and propagating the party.

said such behavior of the

Sat Sharma, Baru asks party workers to speed up election campaign

JI NEWS SERVICE SUNDERBANI, MAR 10

Sat Sharma, former minister & senior leader of BIP and Sanjay Kumar Baru, senior BJP leader & Prabhari Nowshera District, stressed upon the BJP workers from Kalakot-Sunderbani assembly constituency to speed up election campaign for the 2024 Parliamentary polls.

Sat Sharma and Sanjay Baru were addressing an organizational meeting at Assembly office Sunder-

bani in Nowshera district. District President Neena Sharma, BJP senior leader Th. Randhir Singh, former Dy Mayor Dharamvir Jamwal, former Councillor, District General Secretary Pritam Sharma, District General Secretary Captain Ramesh, DDC Rajinder Sharma, BDC Bal Krishan, Sardari Lal, district office bearers and Mandal presidents participated in the meeting.

workers stressed that BJP the Centre receives high- to uplift their socio-ecocadre works consistently est support from Jammu nomic status. for the nation and the & Kashmir. society. He said that BJP

worker remains active exhorted upon the party asked the party leadevery day of the year and leaders to reach every ers to contribute more never take rest in the ser- section of the society and hours and initiate regular vice to the fellow citizens. ensure that the public Pravas in their respective He said that it is a routine welfare schemes initi- areas. She said that the work for the BJP activ- ated by the Modi govern- people are fully prepared former District President ists to visit every home ment have reached the to support the Narendra to know the issues of the targeted population. He Modi government in the people and extend help to said that the real motive upcoming Parliament get them resolved at the of these schemes will only elections. earliest, however, now be achieved if all needy every party worker must fellows, who are a part of dents Naseeb Singh Chib, leave no stone unturned the targeted population Madan Pal Sharma and Sat Sharma, while to ensure that the Naren- successfully get the ben- others were present in addressing the party dra Modi government at efit from these schemes the meeting.

Neena Sharma, speak-Sanjay Baru said ing on the occasion,

BJP Mandal Presi-

Vibodh inaugurates BASE GYM in Kheora

JI NEWS SERVICE

RAJOURI, MAR 10

BJP J&K General Secretary and former MLC Vibodh Gupta inaugurated the newly opened 'BASE GYM' at Kheora in Rajouri District by cutting its ribbon. The inaugural ceremony was attended by a large number of people from various walks of life. Addressing the enthusiastic gathering, Vibodh Gupta lauded the initiative taken by the owner, Akash Kumar, recognizing the significance of such establishments in fostering a healthier community. He emphasized the pivotal role of fitness in combating the menace of drug abuse, urging the youth to embrace constructive



activities that promote lighted various initiatives means to contribute to the Kewal Sharma, Nitish overall well-being. He taken by the Modi govern- nation's progress. From Chib, Ashwani Kochar, also stressed cultivating ment to promote a healthy promoting physical educa- Amar Singh, Kulbir the habit of body manage- lifestyle and sports activition in schools to launch- Kumar, Babli Kumar, ment, which is the need ties among the youth. He ing nationwide fitness Amrish Gupta, Adv. of the hour in today's stressed that a nation can campaigns like Fit India Shaida Masood, Gulshan mechanical life to keep only thrive when its youth Movement, Khelo India Saraf, Ajay Sharma, Aryan ourselves fit and healthy. is healthy and active, and the government's efforts Bakshi, Ashok Sharma, While interacting with the urged them to embrace were geared towards Naresh Kumar, Anil Gupta youth, Vibodh also high- physical fitness as a instilling healthy habits and others.

early on. He strongly asserted that only fit youth can shape a Superhit India and therefore the government aimed to provide necessary infrastructure and support to empower youth physically, mentally and socially. "BASE GYM has introduced the latest kind of modern technology and top-notch machines as well as apparatus to cover the entire body fitness training to be imparted by a renowned certified trainer," said the owner of the GYM, Akash Kumar. Prominent leaders and citizens present on the occasion were Ranjeet Tara, Koushal Gupta, Puspinder Gupta, Chander Kumar, Vicky Sharma, Azaz Khan, Yogesh Sharma, Radhish Sharma,

BJP flags off video vans to 7 Assembly constituencies

JI NEWS SERVICE JAMMU, MAR 10

Ashok Koul, General Secretary (organization), J&K BJP, along with Jugal Kishore Sharma, MP (Lok Sabha) and Ch. Vikram Randhawa, former MLC & Convenor "Viksit Bharat Video Vans" flagged off the Video Vans from BJP headquarters, Trikuta Nagar, Jammu.

The vans displaying audio-visual representations were flagged off for their further journey to Bahu, Marh, Nagrota, Jammu North, Jammu East, Jammu West assembly constituencies and will culminate in Jammu South in the evening, thereby covering 7 assembly segments.

Ashok Koul, while flagging off the video vans, said that the wave carrying message of "Viksit Bharat-Modi ki guarantee" has swept the nation. He said ther take the message of then be taken collectively and the poor to the public. manifesto. Koul added that, BJP has

Jugal Kishore Sharma, to reach every nook and on the occasion.

advanced a step further said that the video vans corner of the constituin the good governance would include what all ency. The entire exercise streak by asking the public the works that the Modi is aimed at having public

about the political mani- government has done for opinion about the policies festo, in which these vans public welfare and develwill carry "Sankalp Patra- opment under various Modi government needs Suggestion Boxes", in all schemes of the govern- to do more in the next the Assembly segments. ment. Having its public course. The general public would centric purpose, it will furbe asked to put their sug-ther link the party with the that specialized video vans gestions into these sugges- ground level activist and have been deployed to furtion boxes, which would masses, he added. unprecedented develop- to the party's "Sankalp that as per the party high Kumar, Surinder Bhagat, ment in the nation as well Patra" committee at the command's guidelines, Ricky Gupta, Baharat as the welfare of the needy state level for drafting the 2 video vans will be pro- Bhushan, Narinder Gupta

vided in every Lok Sabha and others were present

and programmes that the

BJP leaders including Tilak Raj Gupta, Balbir Ram Rattan, Dr. Pardeep Mahotra, Rekha Mahajan, Vikram Randhawa said Hari Om Sharma, Ashok

EDITORIAL

Congress faces an uphill battle for unity

The Congress party is facing signifi-

cant challenges in its efforts to unite the National Conference (NC) and the Peoples Democratic Party (PDP) in Jammu and Kashmir ahead of the Lok Sabha polls. The rivalry between these two key players in Kashmir politics has escalated, with both parties engaged in a war of words over seat-sharing arrangements. The recent exchange of barbs began when NC vice-president Omar Abdullah criticized the PDP, stating that the party, ranked third in the 2019 polls for the Anantnag parliamentary seat, has no right to demand a seat. He expressed regret over potentially weakening his own party for the benefit of another member. In response, PDP chief Mehbooba Mufti accused the NC of making unilateral decisions and causing a setback to the people of Jammu and Kashmir. She highlighted the unfulfilled expectations from the People's Alliance for Gupkar Declaration (PAGD) and the INDIA alliance. The Congress had been attempting to persuade the NC to concede the Anantnag-Rajouri Lok Sabha seat to the PDP to avoid a contested election within the INDIA bloc. In return, the Congress offered to relinquish its claim on the Ladakh seat, demonstrating its commitment to alliance unity. Despite the bleak prospects of reconciliation between the NC and PDP, the Congress remains hopeful of maintaining unity within the INDIA bloc. Mehbooba has indicated that the PDP will decide on fielding candidates after consulting with the Congress and other alliance members, while Omar has proposed that the Congress contest the Ladakh seat instead of insisting on the Anantnag-Rajouri seat for the PDP. The Congress leadership continues to pursue the goal of defeating the BJP in Jammu and Kashmir, even as challenges to alliance unity persist. The NC president has made it clear that his party is intended to raise the issue of holding Assembly elections in the Union Territory with the Election Commission of India in its upcoming visit to Jammu and Kashmir. His argument holds some logic as if Lok Sabha elections can be conducted in J&K, why can't authorities hold assembly polls? The hopes for the restoration of Statehood to Jammu and Kashmir, as being accused by the political opponents of BJP, were dashed when Prime Minister Narendra Modi did not make any announcement in this regard, leaving them disappointed. While the Prime Minister mentioned efforts to win the hearts of the people of J&K and reduce the distance between Delhi and J&K, they believe that they are yet to see concrete achievements in this direction since 2021. The resignation of Election Commission Arun Geol is a matter of concern, and they are not sure of the decision-making process of the Chief Election Commissioner. The opposition parties claimed that the People's Alliance for Gupkar Declaration (PAGD) still exists, but there are differences among partners regarding seat-sharing. Both the People's Democratic Party (PDP) and National Conference (NC) are part of the alliance, and even if we win seats, it may not alter the dynamics of the alliance with India. The PDP has openly criticized the NC, and the NC's decision-making was influenced by the situation getting out of control. Congress is confused as if it has to take a call on whether to turn into a mediator between NC and PDP to sort out the differences or remain silent and go solo in Lok Sabha polls as far as J&K is concerned.

A big event in India's nuclear journey passed off quietly. Just as well

S RAGHOTHAM

event took place in the country last week, but with almost no attention paid to it - probably because the Prime Minister did not make a needs while at the same big deal of it. He came, he time helping to de-carbosaw, he left, apparently nise the economy. But to

what it was all about. It uranium reserves, but we was the "commencement have abundant thorium of core loading of the (which can be converted Prototype Fast Breeder into uranium), said to be Reactor (PFBR)". In enough to power India simple terms, the operators of this nuclear reac- To be able to use thotor, PFBR, began to load rium optimally, we have switched it on - and they can be sure that a sustainable fission chain has existing nuclear reactors tor can run and produce

tor so significant?

a nutshell: India has huge thus closer. energy needs to meet

developmental goals, but ship and the people, at company formed to build of Kerala's thorium-rich 2004 Tsunami struck most significant it is not endowed with all levels, in the nuclear the PFBR, and IGCAR, the monazite sands, and and the entire excavated event took place massive hydrocarbon establishment deter- research centre whose (oil and gas) resources. minedly pursuing a plan experience of building Nehru refused to give in. everything in the vicinity only source that can meet India's energy and power harness this technology, Fittingly appropriate, we need the right fuel. at just the time when I must say, considering We do not have enough there's growing interest

for more than 250 years.

3-stage nuclear probeen following since. The

The PFBR story is the engineers, directors and it conditional on India area. Two months later, reality.

laid out in 1958, no matter what. If it succeeds - and at this stage, one sees no reason why it shouldn't - then India will have arrived as the leader on the world nuclear stage worldwide in reviving Atomic Energy and the the experimental FBTR, time as he saw the giant nuclear power, thanks to

climate change. I have been inside the reactor vault, the 'sanctum sanctorum', as it were, and the control room of the PFBR, where fuel into the reactor and to graduate through a PM Modi too was taken, some 10 years ago, when will slowly crank it up gramme. That is what it stood ready, more or over some months to Homi Bhabha designed less. And I have met and 'criticality', when they in the 1950s, and we have interviewed dozens of etc. people involved in it from Sivaramakrishnan, been set off and the reac- are all of the first stage a crane operator who had - burning uranium to to lift up the reactor and produce power, and plu-safety vessels -- special But India already has tonium for the second steel vessels of 12-13 m 20+ nuclear reactors and stage reactors. With the diameter -- above 80-foot more are coming up, PFBR, we have reached tall walls and place them and all of them together that second stage on a in a precise spot on the don't still account for commercial scale. This other side (with a tolermore than 4-5% of India's reactor will breed pluto- ance of 300 mm!) withpower generation. So nium as it consumes it. out being able to see the based reactors. In 1951, why is the switching on It will also help convert other side (believe me, of one more nuclear reac-thorium to U-233 on the there's a logic to why it to the US for food aid the honours by remote my dead body" opposiside. The dream of reach- had to be done that way), as India reeled under since his security chief tion. The FBR was taken So, here's the thing in ing the thorium stage is to people right up the near-famine conditions, would not allow him to off the table. Today, the hierarchy of scientists, the US Congress made go into a large excavated

and running a test breed- The US Congress held off washed away, it was this er reactor (FBTR) since the food aid for weeks, VIP platform that helped 1985 determined every detail of the PFBR.

interviewed scientists, rium ourselves. engineers and directors of the Department of Bhabha Atomic Research up India's vast nuclear establishment, as well as people from the likes Industries, MTAR, etc.,

The story of the PFBR, is the story of the perseverance and triumph of these people. Let me point you to only a few of these people, events and stories:

Nehru: In the 1950s, the US and Britain, too, when Nehru appealed

but finally gave in. That save the lives of all but I have also met and today. We need the tho- who were at the site. A

'Carbide' Ganguly: backed off from cooper-Centre, and many other ation and refused to sell institutions that make the special mixed-oxide the India-US 'nuclear (MOX) fuel required, deal' talks, the US insist-India's breeder reactor dreams seemed at an end. of L&T, Walchandnagar India was not in a posiwho were involved in the the MOX fuel. In stepped commercial importance, manufacture of key com- C Ganguly, a young PhD the DAE resisted it strongponents, sub-systems, who had researched on ly. Some in the governyamoy, nay 'Carbide' Ganguly.

its industrialisation and story of India, its leader- CMDs of 'Bhavini', the lifting its ban on export when the December export ban stands even one of the 150 people construction superviser who was standing on and heads at the apex When France, which that platform alerted the was helping us design workers to flee just in

> Anil Kakodkar: During ed that India put its Fast Breeder Reactor under international safeguards. tion, at the time, to make Given its strategic and an alternative carbide ment and some 'stratefuel. The FBTR ended up gic experts' ridiculed the more than anything else, using the carbide fuel, a Fast Breeder programme world-first, and has run as a "pipedream" that on it for nearly 40 years would never take off and now, thanks to Chaitan- that it would be silly to let go of the deal for its sake. Pressure was sought to The Tsunami: Then PM be mounted on the DAE Manmohan Singh laid the to relent. The then DAE foundation stone for the Chairman Anil Kakodkar wanted to build thorium- PFBR in October 2004. A decided to use the only special elevated platform weapon he had: He went was built for the PM to do public with his "over

Social proofing the business case for climate action

ANU BARARIA

Tohn Lennon in his iconic Imagine envisioned a world where people lived peace and unity. Without greed or hunger – a brotherhood of man. Yet, the universal camaraderie he dreamt of, existed neither before nor conceded that his vision was that of a dreamer.

to accept it with a simple and ness further influenced the Sun. irrefutable fact: "But I'm not world order. Energy compaexactly is social proof?

stantial number of people believe or act in a certain evidence for others to follow suit. Take the great climate debate. Despite global warming making headlines around the turn of the last century, social proof of fossil fuels' utility in powering our homes,

and later in developing ones.

idea's perceived appropriateness, American psychologist and author of Influence, Robert Cialdini asserts. The late 20th Century witnessed a turning point for climate driven climate conscious-Social proof is when a subtice as well to a good measure. way, serving as compelling ambitious clean energy targets, ushering in new supply chains at an unprecedented

Cialidini's proposition about the crucial role of idea

it elevated its rationality, posi- adaptation goal, among Social proof shapes an tioning it as a better option others. Social proof of the both practically and ethically.

The numbers tell a compelling story: renewable energy generation, electric vehicle production, solar and windpowered enterprises, and action as renewables gained investments in clean infraafter this song. Even Lennon popularity through the right structure have reached support mechanisms and record highs. Clean energy advocacy initiatives. Media- and carbon neutrality are having their moment in the

the only one." This stands as nies pivoted to clean energy, during Climate Week, this and economy. It then appears tion, a tug of war persists at a testament to the formidable and world leaders passion- author witnessed a multitude realistic and, therefore, crucial forums, involving the power of social proof. What ately embraced a carbon-free of Lennon's dreamers advo-implementable. However, to world in principle and prac- cating for fossil fuel phase-out drive change the feasibility of South, clean energy compa-Governments and corporalleaders united by the undertions globally began setting standing that today they aren't the only ones. The dialogues leading up to COP28 built social proof, reinforcing that Climate Change is an urgent threat to humankind.

validity and feasibility in driv-firsts unfolded: the first incentivised their unabated As more and more people and fuels, and the consensus on South, developed nations are

validity of climate action in sustainable development was unequivocally demonstrated.

Now let's talk about the feasibility component. People embrace an idea once many others, especially within their social circles, effortlessly outweigh the supremacy of the other, particularly for key change agents such as governments and conglomerates.

Developing countries, also major energy consumers, face hurdles in transitioning Then at COP28, historic to clean energy without sufficient funding from the Global ing transformation applies acknowledgement of the North. Uncertain about bankfactories, and infrastructure remarkably to climate action. need to move away from fossil able projects in the Global

use in developed countries, powers adopted clean energy, a framework for the global afraid to lend, more so unconditionally.

While charts depicting the rise in clean energy adoption illustrate the power of social proof in advancing climate action, closer scrutiny reveals a pace of change slower than desirable to avert catastro-

The social proof built adopt it. For example, indi- around fossil fuels and their viduals can switch to electric pervasive use is still hard vehicles or rooftop solar if to wish away. Despite overtheir entire social circle rec- whelming evidence support-Last year in New York, ommends it for their ease ing Climate Change mitiga-Global North and the Global - ordinary people and world one option must substantially nies, and those in coal, oil, and gas, debating the feasibility of a massive transformation.

The impasse persists, each side holding the same refrain: We are not the only ones.

(Anu Bararia is former **General Manager of Public Relations and Strategic** Communications, ReNew.)

Can Dalit food ever be Satvik? Devdutt Pattanaik writes

DEVDUTT PATTANAIK

and chillies, or a meal of garbage, sewage and dead the flesh of rats, or the bodies. flesh of a dead, not slaughtered, animal. Or imagine a meal which contains the brain, intestines and to the community spaces, trotters of a goat or a sheep or a meal involving dried flesh of cattle or is very different from, pig. Some of these could and often eclipsed by, be delicacies in Christian the larger conversation and Muslim households, of caste in India. We get in Europe and America, access to their story and in Africa and China, but their dietary practices not in 'upper' caste elite only if we read Dalit lit-Hindu households.

for centuries by many, after Dalits gained access not all, communities who to education, after the identify as Dalit. Dalit is a arrival of Christian mispolitical term of self-identification popular since the 20th century amongst nities participated in the numerous downtrodden, village economy, they marginalised and back- were not given what we ward communities of would today refer to as

towns and were responmagine a meal made sible for keeping the vilof coagulated blood lage clean, performing cooked with oil, salt sanitation work, removing These were the

'untouchables' of India, who were not given access to markets and to water bodies. Their history erature, which emerged This is Dalit food, eaten only in the 19th century sionaries.

Though these commu-

leftover food. Even today, in households across India, the staff continues to be given stale food, yesterday's food, not the master and his family. Even food kept in the fridge is frowned upon by the affluent. No guruji will be given yesterday's rotis, preserved in the fridge and reheated in a microwave.

Food in India, as in other parts of the world, is a marker of tribal identity. Jews have Kosher food. Muslims have Halal food. No argument is possible against these foods as they claim to be following God's law. In India, food laws, traceable to Bhagavad Gita, refer to a threefold (tri-guna) division of food that creates the fourfold caste division of soci-

ety (chatur-varna). India. This includes castes a fair share of the village is spicy, oily, 'rajasic' feet); dead animals! This To make the food edible, repercussions, says the who were forced to live on harvest. They were forced (royal) food that can was not a choice. This a lot of salt, onion and

those steady-state seeking the only food they had spices. Seeds that would bureaucrats, accountants and merchants, there is fresh organic, relatively fresh food cooked for the bland 'satvik' (honest) food that has been granted spiritual status as it is believed to be produced non-violently. Stale, fermented 'tamasic' (dark) food is to be avoided as they take away initiative, make the body and the mind dull, apathetic, and submissive. Where do you locate meat? Kings who loved to hunt, insisted it was rajasic. Temple priests insist it is tamasic, unfit for gods. Usually whatever the priest likes

leftovers; sacred or dirty animals (cattle, pigs, rats); For aristocrats, there animal (intestine, brain, available to make bread. relish? Every choice has

to eat becomes satvik, and

part of temple rituals, too.

the fringes of villages and to eat food that was stale energise you and even was an outcome of neces- chillies were added, due makes you aggressive. For sity. In poverty, this was to lack of access to other access to. Even the market otherwise be thrown, like was out of reach for the watermelon seeds, were 'impure'. Some argue this used to make the food was a deliberate move, edible and tasty. Sugar as part of the caste strat- was not easily available, egy, to keep those on the therefore, molasses were fringe dull and depen- used. Dried meat of pork 'tamasic' diet, so as not rainy day. to revolt.

more tolerant about reli- should young Dalits walk gious food than caste away from food habits food. And so can main-their ancestors were stream kosher food and forced to adopt for surhalal food, and Jain food, vival, and embrace the but activists will mock rajasic and satvik choices "pure" vegetarian Brahmin food on grounds that to? Or should they hold on this is presented as superior food and so is inherently discriminatory. It is identity? Or should Dalit Dalit food was all food only now, through books food be mainstreamed, shunned by the elite: stale of self-expression, that we embraced by chefs on are learning about Dalit cookery shows, and food. We learn how coarse turned into a delightful 'unclean' parts of the grain was the only grain meal that everyone can

dent enough through a and beef was kept for the

As there is a concerted Globally, people are move to annihilate caste, that they now have access to their food as markers of a dark history, and caste law of karma.

Ciabatta: The Carpet Slipper of Health

HIRAL PATEL

he term "Ciabatta" means "carpet slipper" in Italian due to the shape of the bread resembling one. Ciabatta bread is an Italian white bread invented in the early 1980s. Arnaldo Cavallari created the Ciabatta in 1982 due to an overwhelming affinity toward French baguettes, which had taken Europe by storm. Introduced in Europe in the 1990s, it got popularised and is currently a popular item on the menus everywhere, from major food chains to local bakeries It possesses a soft, chewy texture with a thin, crispy crust.

One can make this bread in various ways, some changing its form and the crust and crumb textures. It's great for dipping in olive oil, stacking high with meats and cheeses, or using grilled bread. In addition, one can use ciabatta bread for sandwiches, rolls, and other deli-

It is an excellent energy source as it contains high amounts of carbohydrates, fibres, and other essential minerals such as sodium, iron, Rich in Vitamins and Minerals calcium, etc. It also provides various health benefits, including preweight management, reducing cardiovascular disease risk etc.

Ingredients Required for Making Ciabatta Bread

The traditional recipe includes: Whole wheat flour

Yeast Commercial bread recipe includes:

Unbleached enriched wheat flour (wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid)

Salt

Less than 2%: wheat starch

Yeast Malted barley flour

Wheat flour

Enzymes Natural flavour

Olive oil

Nutritional Value of Ciabatta

As per USDA data, 100 grams of ciabatta bread contains the following nutritional values. (it's a commercial bread as regular ciabatta won't have enriched flour and added nutrients.)

Energy: 250 kcal Protein: 8.93 g Carbohydrates: 51.79 g

Fibre: 1.8 g

Sugar: 1.79 g Vitamins and Minerals

Various vitamins and minerals

are present in Ciabatta. Vitamin B1: 0.2 mg Vitamin B3: 2 mg

Manganese: 6 mg Calcium: 107 mg Iron: 3.21 mg Sodium: 625 mg

per USDA, ciabatta is an excellent osteoporosis and fractures. energy source due to its high carbohydrate and calorie content.

Benefits of Ciabatta Rich in Nutrients and Fibre

The primary ingredients in ciabatta are whole grains. Whole grains have many nutritional benefits as they are rich in fibre and contain high amounts of B vitamins, includ-Studies suggest that whole grains complex carbs. In addition, they con-



of whole grains has increased in recent vears

Ciabatta is an excellent source of minerals, particularly sodium venting type-II diabetes, helping in and iron. The body needs sodium to maintain fluid levels. A balance of fluid and sodium is necessary for a healthy heart, liver, and kidneys. In addition, sodium regulates blood fluids and prevents low blood pressure. However, studies recommend eating less than 2,300 milligrams of sodium daily, equivalent to only one teaspoon of table salt.

According to studies, iron is essential for making haemoglobin, ensuring adequate Red Blood Cell production. RBCs are responsible for oxygen transportation in the body. Iron is also vital for DNA synthesis and electron transport, which provides energy to the body. Iron deficiency may lead to anaemia and neurodegenerative diseases. However, it is crucial to monitor iron levels in the body before consuming excess iron-rich foods because excessive iron can lead to tissue damage.

Helps in Weight Management

Ciabatta bread is a good source of dietary fibre. Dietary fibre increases satiety. As a result, it can regulate calorie intake, leading to weight loss and healthy weight management. It also takes longer to break down and burns more calories in the process. Studies show that increasing dietary fibre consumption may reduce body

Improves Bone Health

Ciabatta made using fortified flour offers a high calcium content. Studies suggest calcium is vital in preventing bone loss and osteoporotic fractures later in life. Meta-analyses report that calcium supplementation reduces bone loss by 0.5-1.2% and the risk of fracture of all types by at least 10% in older people. However, low calcium intake is widespread across countries and patients with constipation and helps The preparation process and $\,$ age groups. So, adequate calcium $\,$ improve digestion. ingredients influence ciabatta's intake throughout the lifetime is nutritional profile. However, as essential for bone health to prevent May Prevent Type-II Diabetes

Magnesium in ciabatta protects vour cells from damage and is vital tissues. Since ciabatta is rich in calcium and potassium, it can help improve bone health.

Improves Heart Health and Prevents Cardiovascular Diseases

Research suggests that individuing niacin, thiamine, and folate. als with the highest dietary fibre intake reduce their risk of cardiovas are an excellent energy source and cular complications. Health experts also believe that whole fibre intake tain essential minerals such as iron. causes a considerable reduction in calcium, and sodium. With growing total serum cholesterol and low-denhealth awareness, the consumption sity lipoprotein (the bad cholesterol).

Homemade Recipes for Making Ciabatta

Servings: 2 loaves Total Time: 24 hrs

One cup: 165 gms

Ingredients Whole Wheat Flour: 4 cups

Active Dry Yeast: 21/4 tsp Warm Water: 21/4 cups

Salt: 1 tsp **Method of Preparation**

Combine the flours, salt, and yeast in a large mixing basin. Combine the water and oil in a separate jug to make a wet dough. Combine the wet ingredients with the dry ones.

Cover the dough with cling wrap and a kitchen towel after scrap-

Allow the dough to ferment for about 18 hours at room tempera-

Line one baking sheet with a clean kitchen towel and liberally sprinkle it with flour the next day. Using parchment paper, line a

second baking sheet. Uncover the dough, knock it back, and roll it into a ball. Place the dough in two pieces on the floured cloth, one on top of

the other. Allow for proofing for 2 hours by covering the loaves with a kitchen towel. Preheat the oven to 425 degrees Fahrenheit (210 degrees Celsius). Turn each loaf over and stretch it to 16 inches once the dough has risen. Then carefully set it on a baking sheet lined with parchment

Bake for 35-40 minutes, or until the bread turns golden brown, in a preheated oven

tion to your diet.

Reduces Risk of Crohn's Disease

Studies suggest that long-term fibre intake of dietary fibre reduces the risk of inflammatory bowel disease. The data was collected from

Aids in Digestion

dietary fibre. It helps improve bowel movements by absorbing water in the intestines and softening the stool. Thus, resulting in a smooth pass out of the stool. In addition, research suggests that dietary fibre intake increases stool frequency in mental health and nervous system use commercial bread or the ones

As per research, whole-grain cereal, oatmeal, dark bread, brown for healthy bones and connective rice, added bran, and wheat germ brain and leads to neurodegeneramay decrease the risk of type 2 diabetes. It is because the fibre in the whole grain slows down the breakdown of starch into glucose, leading to steady blood sugar levels. Therefore, whole-grain foods like ciabatta bread can help prevent type-II dia-

Strengthens Immunity Fibre plays an essential role in

boosting immunity. Research suggests that high

dietary fibre intake can signifi-

Thus ciabatta can be a healthy addi- cantly lower the risk of developing coronary heart disease, stroke, hypertension, diabetes, obesity, and certain gastrointestinal disorders. In addition, increasing fibre intake lowers blood pressure and serum cholesterol levels. It also suggests that prebiotic fibre can boost immu-170,776 women and followed up over nity. Since dietary fibre is a good food source for good bacteria in the gut, it helps destroy harmful bacteria and provides nutrients to good Ciabatta is an ideal source of bacteria. It also helps in regulating bowel movements

Improves Brain Health

Ciabatta is a rich source of iron, vitamins B3 and other nutrients. Vitamin B3 (Niacin) improves function and reduces fatigue. It may made using refined flour. also play a role in cancer prevention. Recent studies have shown that Iron plays a vital role in the functioning of blood cells. It also helps in transfoods such as whole-grain morning porting oxygen to all organs. Lack of iron reduces oxygen supply in the

How to Include Ciabatta in Your Diet? Ciabatta bread has a moist tex-

ture and unique flavour. It bears some similarities to a french baguette because of its savoury flavour and chewy texture. The crust is crisp, and the bread inside is soft and porous.

Its porous structure is perfect for dunking into soups and swiping sauce from a plate.

Coat with beaten eggs and cook lightly to make french toast.

It is also perfect for making layered sandwiches of cured meat, cheese and balsamic vinegar.

You can use ciabatta as a replacement for burger buns.

Use stale ciabatta to make croutons for your soup. Chop it into bitesized pieces and toss with olive oil and oregano. Bake the pieces till they turn brown and slightly crispy.

Dip in herb-infused olive oil to make an appetiser. Ciabatta absorbs the oil without becoming overly soft.

You can also use ciabatta to make a sugar-free bread pudding.

Usage and Storage

Ciabatta bread can be stored at room temperature for 2 to 3 days in an airtight plastic bag in a cold, dry pantry or dark closet. You should also keep it away from heat and heated equipment. Avoid putting the ciabatta in the refrigerator since it will quickly dry out.

Adverse Effects Hypernatremia

Ciabatta contains a high amount of sodium. Too much sodium in the blood is called hypernatremia. Hence, it is essential to control your portions to reduce the risk of high sodium levels in the blood. It will help avoid adverse effects.

Allergies

Though it is infrequent, ciabatta can cause allergic reactions. It generally occurs from a wheat allergy or gluten intolerance. A study found that such allergies can cause diarrhoea, stomach cramps, and severe gastrointestinal distress.

Kidney Disorders

Ciabatta contains high amounts of sodium. Studies suggest that it is harmful to people with kidney diseases. When kidneys are damaged and can't filter blood the way they should, they must work harder to excrete sodium. As a result, the condition can become worse. So, if you have kidney disease, you should avoid consuming ciabatta.

Hypertension

Several studies recognise and support the relationship between hypertension and dietary sodium intake. Research suggests that high blood pressure can promote atherosclerosis (hardening and thickening of the arteries), resulting in heart attack, stroke, or other issues. Blood vessels can weaken and expand as a result of high blood pressure.

Inflammation

Several studies suggest that carbohydrate nutrition is related to oxidative stress and inflammatory markers. However, it is best to check with your doctor to rule out the chances of any adverse effects, especially for adults and women. However, it will be more prone when you

Ciabatta is one of the most popular types of bread. It contains various nutrients such as carbohydrates, sodium, fibre, vitamins, etc. It reduces the risk of cardiovascular diseases, prevents type-II diabetes, and decreases the risk of Crohn's Disease. Furthermore, It also improves bone, heart, and brain health. Besides being an excellent energy source, it can be a great addition to your diet for weight management and enhancing immunity. However, overconsumption of ciabatta can cause digestive issues, obesity, kidney disorders, hypertension, inflammation, allergies, and hypertension. Hence, it is best to consume it in moderation

RECIPES

FARRO FRIED RICE WITH BRUSSEL SPROUTS



Preparation time: 30-40 minutes

Ingredients

Shallot, thinly sliced: 1

Eggs: 2 Olive oil: 1 tbsp

Leeks (white and light green parts): 2 cups Brussels sprouts, thinly sliced & shredded (11/2

cups): 12 Garlic cloves, minced: 2 Ginger, grated: 1 tsp Rice vinegar: 2 tsp Cooked farro: 1½ cups Tamari: 1 tsp (more to taste) Scallion, chopped: 1 Lime slices for serving

Sriracha, optional Method

In a frying pan, saute the shallots for approximately 10 seconds or until browned in a non-stick pan. Drain on a platter lined with paper towels. Set aside fried eggs. Combine the olive oil, leeks, and a pinch of salt in a medium pan over medium heat. Cook, occasionally stirring, until the leeks get soft, about 5 minutes. Add the Brussels sprouts, toss to combine, and cook for 3 to 5 minutes until tender and lightly browned. Toss in the garlic, ginger, and rice vinegar to combine. Toss in the farro, tamari, and scallions once more. Cook for 2-4 minutes more or until the farro is tender. Adjust seasonings to taste. Divide the farro mixture onto two plates and top with a fried egg and, if desired, shallots. Serve with sriracha and lime slices.

FARMHOUSE FARRO SALAD



Servings- 4-6 Preparation time: 50 minutes Ingredients

Cooked farro: 1 cup Sweet potato, chopped into cubes: 1 Kale leaves: 5-7 (few) Salad greens: 2-3 cups Carrots, peeled into ribbons: 1-2 Apple, diced: 1 A few radishes, sliced A small handful of chopped parsley Chopped & toasted almonds: 1/2 cup Apple Cider Dijon Vinaigrette Extra-virgin olive oil: 1/4 cup Apple cider vinegar: 2 tbsp Dijon mustard: 1 tsp optional: maple syrup or a big squeeze of

Sea salt and fresh black pepper Method

Preheat the oven to 400 degrees. Combine the sweet potato cubes, olive oil, salt, and pepper in a mixing bowl. Roast until golden brown. You should whisk the dressing ingredients together. Lightly massage the kale in a large mixing bowl with a little of the dressing until it wilts. Blend in the farro. Toss with dressing you like: greens, carrots, apple, radishes, parsley, and almonds. Season with salt and pepper to taste.

Farro: Health Benefits of this Ancient Grain

PARUL DUBE

arro is an ancient grain that is pretty popular worldwide. Like brown rice, it is high in fibre, protein, vitamins and minerals. Besides its high protein level, this superfood is also high in dietary fibre and is a good source of magnesium. energising iron, and zinc. Farro is a variety of wheat that predates conventional bread wheat and belongs to the genus Triticum. So, farro is not gluten-free and has a nutty texture and delicious taste.

Farro is an ancient grain that originated in the Fertile Crescent, where it was discovered in the tombs of Egyptian monarchs and fed the Roman legions. According to the Whole Grains Council, farro was one of the initially domesticated grains and a staple for the Roman legions. But it was soon replaced by wheat varieties, which were simpler to the hull. For generations, Italians have eaten farro. The renewed interest in whole grains is now a regular on trendy restaurant menus and is commonly available in supermarkets

Nutritional Value of Farro As per USDA, 100 grams of

pearled farro serving contains: Energy: 375 kcal Carbohydrates: 72.5 g Fat: 2.5 g Protein: 12.5 g

The HealthifyMe Note Farro is a nutrient-rich whole grain. It's rich in protein, fibre, and minerals like magnesium, zinc, and several B vitamins. One cup of whole-grain emmer farro

Types of Farro

recommendation.

Fibre: 7.5 g

Iron: 4.5 mg

Farro refers to three different

contains 20% of the daily fibre

species of wheat grains: Farro Piccolo or Einkorn: Triticum Monococcum or small farro is possibly the first type of wheat harvested by humans. It is called the purest wheat.

Farro Medio or Emmer: You will usually find Triticum dicoccum or medium farro in the U.S. and Europe. It is the most common variety of farro grown cook (around 30 minutes) in Italy

cum spelta or large farro. Spelt is the best known among all ancient

Farro is more importantly categorised based on how it's processed:

most fibre and nutrients per serving because the grain is intact. It has a stronger flavour, has more chew, and takes the most time to

Farro Grande or Spelta: Triti- the bran gets removed from the grain. It retains a portion of the

Pearled Farro: The outer layer of the bran gets removed in this type of grain. Thus it retains less fibre and nutrients but also cooks faster. As a result, it has the Whole-grain Farro has the least cooking time. It is the most common type of farro sold.

Health Benefits of Farro Aids Digestion

fibre. Fibre aids in keeping the Semi-pearled Farro: A part of digestive system healthy. There-

cial if you have constipation, irritable bowel syndrome, or other

Studies show that a high-fibre diet can help improve digestion, adds to the development of "good" bacteria in the gut, and can reduce the risk of colon cancer.

Weight Management

Farro is rich in fibre and proteins. Studies show that increasing fibre intake can decrease obesity and help manage a healthy weight. At the same time, protein gives a feeling of fullness, which might help you avoid overeating and assist in weight management. Furthermore, proteins also prevent muscle loss and help burn more calories. The fibre in the farro also improves gut health, which is essential for healthy weight management.

Diabetes Management

Farro has a low glycemic index, making it suitable for people with diabetes. In addition, it helps reg-Farro is an excellent source of ulate blood sugar levels, which is useful for those with type 2 diabetes or prediabetes. The fibre

fore, farro can be highly benefi- aids in carbohydrate digestion and absorption while preventing blood sugar spikes after meals. It also improves insulin sensitivity.

Improves Heart Health

Whole grain dietary fibre helps lower cholesterol levels, lowering the risk of heart disease and stroke. In addition, the consumption of fibre can reduce the risk of cardiovascular diseases. Hence, you can include farro in a heart-healthy and balanced diet because it is a good source

Improves Blood Circulation

Iron is essential for producing haemoglobin and red blood cells, enhancing oxygenation and blood distribution throughout your body. Hence, it may assist in improving blood circulation.

Farro is suitable for the digestive system and helps maintain a moderate weight. In addition, it is good for the heart and helpful for diabetic patients. It's a fantastic addition to summer salads and soups and makes a pleasantly

Precautions and Things to Keep in Gluten-Free Diets

Farro is a wheat product. Hence, it includes gluten like any other wheat product. As a result, vou must avoid farro if vou have a medical condition that necessitates a gluten-free diet, such as celiac disease or gluten intoler-

Flatulence and Bloating

Whole grains like farro contain a good amount of fibre which might be difficult to digest for some people (common in older adults). When broken down by microorganisms in the large intestine, it can lead to gas.

Farro Allergy

Farro consumption may also lead to allergic reactions in some people. However, it is rare. But, vou must limit eating farro to avoid serious health consequences in these situations. It is advisable to check for allergies before consuming farro in huge quantities

Shiv Sena Hindustan will contest Parliament elections in J&K: Rajesh Kesri

JI NEWS SERVICE JAMMU, MAR 10

Shiv Sena Hindustan J&K President Pt Rajesh Kesri today in a press conference at Bishnah Block Murar Chak said that Shiv Sena Hindustan and Hindustan Shakti Seva together will participate in the Parliament elections in Jammu and Kashmir. He said in this regard National President Pawan Gupta is coming to Jammu which all the office bear-



and Kashmir soon in announce the names of its because of these hidden candidates from Jammu drugs. It does not cause ers of Jammu and Kash- and Udhampur. Pawan bad breath nor does it mir will also participate Gupta will soon announce stumble and the parents and will discuss about the seat distribution in a think that because their the upcoming Parliament press conference after child is not drinking alcoelections, which seats reaching Jammu in two- hol, hence no one would should be contested and four days. Kesri said that be intoxicated, added on which seats, which young generation have Kesri. By the time the par-

produced by the people in the desi Bhatti. He said Police is also doing its work, but it is a matter of big concern that now drug peddlers have also included women in this illegal trade, which is very dangerous for the society besides Police also have to face a lot of problems to catch them. However the government and the police are catching them and putting them in jails but after coming out, they again start doing the same work again because they do not have any other work. He demanded enhancing funds for identification, motivation, counseling, de-addiction, after care and rehabilitation of the drug users. party should be sup- become addicted to drugs ents come to know about Prominent among those ported. Shiv Sena Hin- in these areas and some it, it is too late and on the present on the occasion dustan can also support people are selling drugs other hand. Kesri also include Balveer Kumar, those parties with whom without license due to expressed concern over Balwant Fauji, Dheeraj our ideology is matching. which our young gen-production of desi liquor Kumar, Rajkumar Baba Shiv Sena Hindustan will eration is getting spoiled in these areas which is besides others.

Dr. Karan Singh shares fascinating nuggets from his 'Meetings With Remarkable Women' at launch of his book



JI NEWS SERVICE NEW DELHI, MAR 10

It was a brief meeting Remarkable Women'. Sure about the book at the with Hellen Keller that to be a collector's item, the launch event, Dr Karan lasted a few minutes but book, in its Hindi edition Singh said, "In the course left a lifelong impression. and a new English edition, of my multifarious and his mind as an encounter himself on Saturday eve- began some eight decades with 'an iconic fighter for ning at Delhi's India Interago, I have had occasion the cause of the disabled.' national Centre. His memorable meeting with Eleanor Roosevelt, first published in 2014 as a of remarkable people..." whom he describes as the compilation of his impres- and they "have left an exciting panel discussion first lady of the United sions about the remark- impression upon my between Dr. Singh and two Nations, took place when able women he had met mind." Those memories remarkable women - Mala

remarkable memory, vet- tions, right down to Presi- prompting of Jyotsana, his and political commentaeran politician and public dent Shrimati Droupadi daughter and chairperson tor Romesh Thapar, and figure, Dr. Karan Singh has Murmu. Both the English of the Karan Singh Foun- Ameeta Mehra, daughter dug out these and many and Hindi versions are the dation, he decided to pen of late Major PK Mehra. more fascinating nuggets first publications of the them down, he revealed. The panelists also interrelating to some of his newly formed Karan Singh

them together in the form of a book 'Meetings with

he was just 17 years of age. in his life, has been updat- had resided in the recess-From the depths of his ed with seven new addies of his mind till, on the daughter of journalist most memorable encoun- Foundation in collabora- who have found their on the occasion.

ters with women, and put tion with Motilal Banarsidass Publishing House. Speaking at length

in India and abroad to attended by a galaxy of The English version, meet with a large number

way to his book were well known around the world, while many were not in the public eye. But, according to the author, "they shared a certain intangible quality which has led me to And it remains etched in was released by the author varied public life, which include them in this book of reminiscences."

The launch event was dignitaries from different walks of life. It saw an Many of the women acted with the audience

EJAC nominates Suhaib Munshi as Chief Convenor of EJAC NPS unit J&K

SRINAGAR, MAR 10

In a landmark development, the Employees Joint Action Committee (EJAC) of Jammu and Kashmir has nominated Suhaib Munshi as the Chief Convenor of the NPS Unit. The announcement was made during an event graced by distinguished dignitaries, including the Chief Guest Wajahat Durrani, President of EJAC, Masroor Ahmad Khan, a senior leader in EJAC and President of the +2 Lecturers Association, Mushtaq Ahmad Malik, Secretary

sizing the urgent need for hope for alignment with Lecturers Association, addressed at every level. the benefit of employees the OPS framework.



President EJAC, Waja- the gathering. Khan Secretary EJAC, emphahat Durrani, highlighted expressed his unwaver- sized the collective com-EJAC, and other key rep- the challenges faced by ing support for the cause, mitment to resolving NPS resentatives from various NPS employees post- underscoring the vital unions in Jammu and retirement, stressing role of NPS employees in the need to restore OPS the community. He elo-Suhaib Munshi, the in Jammu and Kashmir. quently spoke about the President of the Jammu Durrani expressed opti- challenges faced by these and Kashmir Handi- mism that the committee, employees, emphasizing crafts Employees Union, under Suhaib Munshi's the need for a compreexpressed gratitude for leadership, will success- hensive solution. Khan Publicity Wing, aims to the nomination, empha-fully address these issues. pledged to stand with

passionately addressed

Masroor Ahmad Khan, the committee, ensuring pressing issues surroundmodifications to the NPS a senior leader in EJAC that the concerns of NPS ing NPS policies and work policy and expressing and President of the +2 employees are heard and towards a resolution for

employees' challenges, stating it is a collective responsibility.

The Jammu and Kashmir Employees Joint Action Committee, through its Press and bring attention to the Mushtaq Ahmad Malik, in the region.

Dr. Preeti Bhagat organised free medical camp, distributed medicines

JI NEWS SERVICE

JAMMU, MAR 10

Bhagat organized a free medical camp at kirpind village of of Suchetgarh assembly constituency. During the camp, Dr. Preeti Bhagat and her team conducted free checkups of more than 100 patients and distributed medicines to them. People who came to the camp for checkup said zations organize medical a year, but the passion of ups done in such camps, social service has been in extent.

Social activist Dr. Preeti



Dr. Preeti Bhagat takes they remain aware of their out time from her busy health. Otherwise they do cines. SHe said that if you schedule and organizes not have the facilities to follow a good routine and that usually social organi- camps in some village get their health checkup maintain proper eating every week. The villagers done. Dr. Preeti Bhagat habits, you can stay safe camps only once or twice said that by getting check-said that the passion for from diseases to a great

her mind since the beginning. She wants to do something for the society. This was the purpose of joining the medical profession and now she is serving people through this profession. Such camps will be continued in future also. Dr. Preeti Bhagat also gave many tips to the people who came to the camp for checkup to stay healthy without medi-

JKAP celebrates 4th Foundation Day in Akhnoor

JI NEWS SERVICE

JAMMU, MARCH 10

Jammu and kashmir Apni Party celebrated its 4th foundation day and International women's day at khara balli Tehsil of Chhamb Constituency which was organised by Ganesh Dass Sharma General Secretary JKAP Jammu District rural A. wherein large number of party workers and women participated with great zeal and enthusiasm The party flag was hoisted by Pushap Dev Kumar uppal District president Jammu rural A Jammu and Kashmir Apni Party thereafter he delivered his lecture on the importance of the day which our party is committed and pledged to work for the people of Jammu and

The day carries message to the people of Jammu and Kashmir that after abrogation of special status by the Government there was a great resentment amongst the people that their right to job's



out with the like minded ment which doubles the unemployment allowpeople and leadership from various parties to

significance of this day. plead the case before the agenda of the party to absorbed in government central leadership for the worker's that 500 and private jobs the core protecting the rights of units of electricity will be agenda of the party is respeople and sigh of relief provided free to all the toration of statehood and was given to us and on households if we come conduct of assembly electhe same day Jammu and in power, oldage, widowz tions at the earliest the Kashmir Apni Party was destitute, handicapped foundation was attended right to land will be taken formed to protect to pro- will be raised to 5000 pm by Beli Ram Vice presiaway and the outsiders tect the rights of people instead 1000 marriage dent Jammu rural, Puran will come and settle in this day was 8th March assistance shall be 1 lac Chand Pujari Thandi jammu and kashmir all 2020 which is a historical from 50000 that to within Choi, Kara balli and local the leadership of Jammu day and on the same day one month of marriage workers of Apni Party.

other and only Sayed fare of women and their toration of old pension mohd Altaf Bukhari came upliftment and empower- scheme for employees ances to all graduate and Uppal explained the above youths till they are

BJP OBC Morcha organised Samajik Sammelan in Bagial Panchayat in Kathua

JI NEWS SERVICE JAMMU, MAR 10

Sunil Prajapati (President BJP OBC Morcha), Madal Dabgotra (Spokesperson OBC Morcha), Madan Verma (Spokesperson OBC Morcha), Vinod Kumar (Distrct President OBC Morcha Kathua), Buta Ram (Secretary OBC Morcha Kathua) were Present main in the Program.

The Program was organised by Buta Ram (Secretary OBC Morcha Kathua.

Sunil Prajapati on this occasion said that only BJP is the party that resolved the long pending issues of OBC Samaj and in coming elections OBC ing Justice and welfare of people of J&K UT by undertaking various projects under Kaushal Vikas yojana and constructed various of Roads including Highways, overhead Railway Stations and railous welfare schemes for schemes to ensure that it all constitutional rights expressed that the Modi the People of J&K includ- reaches every individual including residentship, Govt has provided the coning Ayushman Bharat, of the Society. He also proper education, right to stitutional rights to OBCs Arogya Yojna, and Kishan highlighted the dedi- own immoveable property at par with other States Samman Nidi Yojna. He cated efforts of the Modi and even the voting right under the spirit of Sab Ka



for the women such as; and Kashmir following the from the adjoining Areas.

also emphasized the wel- Government towards the for State elections. fare schemes for specially development of Jammu

Jan Dhan Yojana, Beti revocation of Article 370. voters will give befitting Bachao and Beti Padhao, He also expressed that it reply to National Con- Ladli Beti, Ujjwala Yojana is only the Modi Govt who ference and Congress . as examples of initiatives has granted the domicile He also highlighted the aimed at empowering right to West Pakistani Refdedicated efforts of Modi the women across the ugees (WPRs) after seven Government for ensur- Nation. The Sammelan decades of their settling in tion for OBCs in the elecwas attended by a large J&K, who were migrated tions of Panchayts and the number of people includ- during partition of India Municipalities. ing the women and West during 1947 and settled Pakistani Refugees (WPRs) in the adjoining areas ed gratitude to the Hon'ble of International Border, Prime Minister and the Sunil Prajapati on the mostly in the Border Dis- Union Govt, for this great occasion said that it is trict Jammu. He accused cause for implementing bridges, development of the duty of every party that the previous Govts OBC reservation in J&K UT worker to disseminate led by NC-Congress never and extending reservation way tracks in the UT as every information of the considered them as resi- in elections of Panchayts well as launching of vari- Government's welfare dent of J&K and denied and the Municipalities. He

He also said that the Sab ka Vikas.

previous governments led by NC-Congres and PDP, have exploiting the sentiments and future prospectus of the people of J&K mostly the Other Backward Classes (OBC), who were denied the very constitutional right to reservation to the OBCs under the guise of Article 370 and 35A. He stressed that the communal differences were deepened during the NC-Congress era in comparison to the the Modi Government's to foster the unity among people of the different religious backgrounds in both the region of the J&K UT. He expressed that it the Modi Govt who granted the reservation to OBC category for the first time after passing the J&K Reservation (Amentment) Bill 2023. He added that the Modi Govt has also extended reserva-

Sunil Prajapati extend-Saath, Sab ka Viswas and

AAG: Natrang's play raises awareness on drug menace



JI NEWS SERVICE JAMMU, MAR 10

world of drug-addicts.

the college. He is isolated the escort intervenes to Yaseen.

Balwant Thakur's Hindi a child which really frus- towards his wife. This play 'AAG' staged here trates him and to prove fight further messes up today under Natrang's that he has grown-up as a when a drunken man after weekly theatre series young man now, he finds losing senses damages his 'Sunday Theatre' at Rani the easiest way and dem- household property as Park, Jammu under the onstrates his coming of well. The play unfolds a direction of Neeraj Kant. age by consuming a vari- series of incidents where The play showcases how ety of intoxications. In people influenced by the Drug-menace is ruin- another sequence a rural ing the generations and inhabitation particularly intoxications create hell thus crippling the devel- the men-folk is shown for themselves as well as oping nations. The youth drowned in the menace of for others. Many precious of the country, the most alcohol. All the miseries lives are being charred in energetic human resource of the village like poverty, this fire of drug menace of the country, sometimes domestic violence, and unknowingly slip into the ailments are attributed to unitedly. Through this The play was not based of alcohol in the village. In tried to make an appeal on one story-line but as an a sequence the daily rou- to save mankind from this experiment multiple sto- tine of a villager is shown dragon. ries were woven by the who consumes the whole playwright in one theme of his daily earnings for in their respective perforfocusing the spread of alcohol. Having drunk he mances and left an impact drug menace like a fire, has lost his way home. By of their acting included taking the toll of the the time a local escorts Neeraj Kant, Kananpreet important work force of him to his place where Kaur, Amit Rana, Arun the country. In a sequence in the middle of the night Sharma, Sanket Bhagat,

for not being the consum- save the poor lady and er of intoxications. All children, he is blamed around him treat him like for having bad intentions drugs, alcohol and other which is to be fought the growing consumption play Balwant Thakur has

Actors who outshined a young boy is shown the drunken man starts Vishal Sharma, Aadesh struggling for a good combeating his sleeping wife Dhar, Vansh Pandotra and pany after his passing of and kids for not receiving Kushal Bhat. The show the school and entry in him on his arrival. When was coordinated by Mohd.

'Amad-e-Ramadhan Cricket Tournament': KU's Students XI lifts trophy beating Non-Teaching XI



SRINAGAR, MARCH 10

In an exciting display of sportsmanship, Students XI of Kashmir University (KU) clinched victory

Tournament'. The match was played ty's Main Ground.

KU Vice Chancellor, mended both the teams Secretary to the KU VC, Dr in coming days. for their exemplary per- Ashfaq Ahmad Zari, were KU's Directorate of Physisports activities and infra-taries for their support in sportsmanship and excelstructure development boosting the morale of the lence, setting new benchwithin the university.

"This tournament

Prof Khan said.

Prof Khan highlighted among participants.

The KU VC also presenting teams.

participants.

The tournament was sports.

Continuing its efforts

exemplifies the spirit of organised by the Direccamaraderie and sports- torate of Physical Edumanship and reflects the cation and Sports, KU, university's commitment with Sakeena Akhtar and to holistic development," Amjad Qadir as the cricket coaches.

On the occasion, KU against the Non-Teach- the significance of sports Vice Chancellor, Prof ing XI, emerging as the and other co-curricu- Nilofer Khan along with winner of the first-ever lar activities in nurtur- other dignitaries also 'Amad-e-Ramdhan Cricket ing leadership qualities unveiled the 'Challengers Trophy'.

'Challengers The Saturday at the universi- ed trophies to the deserv- Trophy' will be played in five different categories KU Registrar, Prof and will be the first of its Prof Nilofer Khan, com- Naseer Iqbal and Special kind, starting with cricket

The initiative aims to formance while lauding present on the occasion. engage youth in healthy Director, DPES, KU, Dr lifestyles and deter them cal Education and Sports Mandeep Singh, extended from societal vices and (DPES) in encouraging his gratitude to the digni- encourage a culture of marks in the realm of

SMVDU, Dr. Deepak Jain received a patent "Automated Medical Environment Management Device with a Health Detection".

JI NEWS SERVICE JAMMU, MAR 10

Dr. Deepak Jain, School of Business, Shri Mata Vaishno Devi University received a design patent titled "Automated Medical Environment Management Device with a Health Detection" under Design 6347703 in Class: "24 -Medical and Laboratory "02 - Medical Instruments, Instruments and Tools for Laboratory Use". He is one of the ten inventors. This design patent pertains to an innovative Automated Medical Environment Management Device equipped with integrated



Application Number: ties. The design focuses on seamlessly integrating advanced technologies Equipment" and Sub Class to create an efficient and user-friendly solution for medical environments. The device encompasses a sleek and ergonomic nificant leap forward in form factor, optimizing the convergence of mediboth aesthetics and func- cal technology and envitionality. The design incor- ronmental management, porates a comprehensive catering to the evolving health detection system, needs of modern health-

sors and technologies to monitor vital health parameters. The device's intuitive interface allows for easy interaction. ensuring accessibility for both healthcare professionals and patients. With an emphasis on functionality, the Automated Medical Environment Management Device integrates seamlessly into healthcare settings, offering realtime health monitoring and precise environmental control. This design patent represents a sighealth detection capabili- utilizing cutting-edge sen- care facilities.

SMVDU, Ms. Anshikka Jain published a kindle book as co-editor" Data Wars between Nations: A Threat for Mankind"

JI NEWS SERVICE JAMMU, MAR 10

Ms. Anshikka Jain, a student of B. Arch. (4th Semester) published a Kindle book as Co-Editor titled Data Wars between Nations: A Threat for Mankind? on Amazon available at https://www.amazon. in/dp/BOCPZQQM37. The ISBN No.: 978-93-6076-488-3 (13 Digit ISBN) are issued by Raja Rammohun Roy National Agency for ISBN,

tion, Government of India. The book records the scenario of rapid growth in e-commerce, cloud computing, and other parts of the digital economy are driving important shifts in the global economy. As the firms in all sectors are into their business models, to the lack of strong con- in the future.

Department of Higher Edu-

cation, Ministry of Educa-



the desire to put rules in place on digital trade is gaining momentum. This has grown as a number of countries, such as China, Indonesia and Nigeria, which have introduced against foreign data flows ing the business models of leading global digital corporations. The success of

sensus in leading economies. The EU, in particular, was hesitant. Key voices expressed concerns about the impact of new rules on the European digital economy, limiting the ability to establish strong online data protections in the continent. Nonetheless, emboldened by their previous successes, some developing country alliances are now looking to roll back other digital trade commitments in the WTO which they see as damaging. They see these rules as policies that legislate problematic, limiting their ability to collect tariffs as and e-commerce, affect- more goods are sold digitally. These diverging positions are likely to increasingly cause conflict in the developing and emerging coming years. The stakes countries in resisting the are high and outcomes are push for digital trade rules likely to shape the direcincorporating digital tools at the WTO was also down tion of the global economy

Pahari Rap Song Shukriya released at Raiouri

JI NEWS SERVICE JAMMU, MAR 10

Pahari rap song shukriya released by State Executive Members of Pahari Tribe ST Forum Jammu and Kashmir in collaboration with Nirvana Entertainers today here at Rajouri. The song has been recited and composed by famous rapper Rehain Prince. The music of the song has been directed by RP Raje and mastered by Hell Mandeer while the song is written by Shafait Yaseen.



Poonch, Uri Karnah and Advocate Gurdev Singh

Kupwara for deliver- Thakur, Advocate Aftab ing justice with most Ahmed Ganai, Advocate neglected and deprived Sanjeev Sharma, Vikrant pahari community after Sharma, Bharat Bushan 70 years of injustice done Vaid, Vishal Pahari, Nikhil The motive behind this is by the previous govern- Gupta, Nadeem Ahmed to thank the union gov-ments with the efforts of Mir, Saved Shafait Yaseen, ernment after the grant Ravinder Raina, Tarun Manir Mirza, Sajjad Mirza, of ST status to the pahari Chung, Vibodh Gupta, Jahangeer Khan, Ahmed tribe. In the video song Iqbal Malik and other BJP Khan, Pervaz Khan ang the singer rapper thanked Leaders. The song is sup- Advocate Bhanu Partap. Narendra Modi and Amit ported by State Executive The song is available on shah led union govern- Members of Pahari Tribe the digital platforms and ment on behalf of paharis St Forum J&K including official channel of Nirvana of twin districts of Rajouri, Advocate Ahsan Mirza, Entertainers on YouTube.

Missing woman reunited with family, public applauds police action

JI NEWS SERVICE

JAMMU, MAR 10

One person (name withheld) of Talwara lodged went missing. He started could not be found anywomen at the earliest.

family, relatives & friends the missing women. gave sufficient clues of the were activated.

of Police Post Talwara of innocents.

zeroed upon the location of the women.

Police team of PP Talwara raided at different locations and recovered a written complaint on the missing women. The 16th of February 2024 at whole operation is led by Police Post Talwara that SHO P/S Reasi Chaman her wife (name withheld) Gorka under the supervision of Dy.SP Hqrs Reasi searching for her but she Neeraj Padyar-JKPS. After completing all the legal where. Sensing the grav- formalities the missing ity of incident SSP Reasi women reunited with her Mohita Sharma-IPS con- family. All family, relastituted a special team tives & community people to trace out the missing expressed gratitude to Police for sincere efforts Enquiries from the in searching & recovering

Reasi Police is being missing women & accord-regularly briefed to ingly sources of police remain sensitive towards crime against women After meticulous track- especially minors further following, with the help appealed that girls should of technical assistance remain aware of fraudby ESU Reasi & consis- sters who remain on the tent hectic efforts, team mission of spoiling the life

PUCA Urges AICTE to exclude BBA BCA from its ambit

JI NEWS SERVICE SRINAGAR, MAR 10

Department of Higher Education, Govt of Punjab has requested the Higher courses must be given one year time to apply to All India Council of Technical Education (AICTE), New Delhi & last date to apply &

colleges are running 2020 to ensure multidis-BBA BCA courses after ciplinary aspect in educadue approval and under tion system.

adhere to norms of AICTE

March, 2025.

the norms prescribed by respective universities from the last 20-25 years & were not covered under AICTE domain.

Earlier also Dr Anshu Education, Ministry of Kataria, President, Fed-Education, Govt of India eration of Self Financing that the Colleges affili- Technical Institutions ated to to Panjab Univer- (FSFTI), All India & Punjab sity, Chandigarh; Punjabi Unaided Colleges Associa-University, Patiala; Guru tion (PUCA) has request-Nanak Dev University, ed AICTE that since 1987 Amritsar running BBA/ since the AICTE act was BCA & other professional passed; BBA, BCA, BMS were never it's part. After almost 4 decades, suddenly bringing BBA BCA Colleges under its ambit is shocking.

The affiliated colleges should be extended to 31st under Panjab, Panjabi & Guru Nanak Dev Univer-As per notification sity have expressed the number D.No. 815/ College concern that BBA BCA Education/DHE dated 7th courses are being run March, 24, the representa- successfully & any move tions have been received to de recognize will jeopby the Punjab Govt from ardize the efforts of State colleges affiliated respec- Govt & will also affect the tive universities. These implementation of NEP

SSP Reasi awarded CCTNS operator of PS Pouni for outstanding performance



JAMMU, MAR 10

During the recent field visit of *ADGP Jammu zone Shri Anand Jain ated the work of Ct Rohit range Shri Rayees Mohd. No.126875/EXJ presently Bhat-IPS and SSP Reasi posted at P/S Pouni as Ms Mohita Sharma-IPS* CCTNS operator for keepin district Reasi, ADGP ing the record up to date. Jammu visited PS Pouni On this ADGP Jammu and took stock of working rewarded him with a of Police station building, appreciation letter and Records, crime disposal cash reward of Rs 5000/-

and also CCTNS working. be very impressive and Reasi.

appreciable as the daily dairy, crime portal and all other related forms were up to date.

ADGP Jammu appreci-- IPS alonwith DIG UR Kumar No. 1005/RSI, PID

Today Ct Rohit Kumar ADGP Jammu also vis- was rewarded by SSP ited the CCTNS Lab of PS Reasi Ms Mohita Sharma-Pouni and found that the IPS for his outstanding working of CCTNS Lab to performance at DPO

YSS Organises Skiing Training at Gurez

GUREZ, MARCH 10

their talents and creating the participants. promising opportunities for their future growth.

to promote snow skiing in far-off places like Gurez, The Department of Youth the Department of Youth Services and Sports J&K is Services and Sports J&K committed to promoting skill-fully conducted a

physical fitness, sports- training program in Skiing unique opportunity for the course promises unparmanship, and the overall for the youth of Gurez. participants to explore alleled natural beauty, development of youth in The arrangements were the pristine snow slopes making it an ideal destithe UT. With a range of made by the Zonal Physi- of the Habba Khatun Peak nation for winter sports programs and initiatives, cal Education Officer Ranges, has established enthusiasts. the Department aims to (ZPEO) Gurez. The course itself as an exceptional

designed to provide a roundings of Gurez Valley, safety measures. The shared enthusiasm for embrace the thrill of skiing.

expert instructors, who winter sports. Their spirit possess extensive experi- of camaraderie and sportsence in skiing, have been manship has created an instrumental in imparting encouraging and supporttheir knowledge and skills ive atmosphere throughout determination.

to the eager participants. the course. Pertinently the Under their guidance, par- Department of Youth Serticipants have demonstrat- vices and Sports J&K aims ed significant progress and to promote winter sports and encourage youth The event witnessed involvement in physical As the course contin- a remarkable turnout of activities. By organizing inspire and engage young witnessed enthusiastic parplatform for individuals to ues, participants have individuals passionate such skiing courses, they individuals in various ticipation and remarkable enhance their skiing abilibeen actively engaged in a about snow skiing. Participrovide a much-needed sports activities, nurturing skill development among ties while fostering a love series of training sessions, pants from different age platform for individuals for winter sports. Situated focusing on various aspects groups, backgrounds, and to discover their potential, The Snow Skiing Course, amidst the majestic sur- of skiing techniques and skill levels united in their develop their skills, and

NEWS

Heart health & urbanisation - incompatible and irreconcilable: Dr Sushil Sharma

JI NEWS SERVICE

JAMMU, 10TH MARCH

In view of rapid transition towards urbanisation and proportionate increase in cardiac ailments Head Department of Cardiology Dr Sushil Sharma held a day long cardiac awareness cum health check up camp at Hari heart disease is the most countries and even within Mandir, Rehari Colony, Jammu with aim to incul- for 44% of all deaths relat- have been imputed to geocate cardiac friendly life- ed to this category. style alongwith ongoing advancements in urban Urban and peri-urban i.e., whether an individual areas. While interacting environment are charac- lives in a rural or urban with the people Dr Sushil terized by a tendency to settings and, altitude, i.e., stated that By 2050, it is sedentary lifestyle, a diet how far above sea level the projected that almost 70% rich in sodium and calo-subject resides. of the world's population ries, excessive alcohol will be living in cities, up consumption, socio-pro- impact of urbanisation on from 55% today. The fast- fessional stress, all this cardiac health told that est urban growth is hap- in a context of poverty or building cities for cars and pening in Asia and Africa, social insecurity. Linked urban sprawl encourages which is also where we're in particular to an uncon- car use, traffic congestion, seeing a rapid rise in trolled rural exodus. This air pollution and noise. people suffering from, results in an increase in The result is more stress, and dying of, heart dis-biological or physiological road trauma and physical ease. The impact of on the risk factors and a vicious inactivity as well as worse world population's health circle between non com- health overall and more is growing. Non-com- municable disease which deaths. It follows that we municable diseases are exacerbate poverty and those that are not directly vice versa. The distribuour cities. Research has transmissible from one tion of main risk factors for shown, for instance, that 2030, scientists predict type 2 diabetes, hyperthey will account for 77% cholesterolemia, obesity, of the global burden of and smoking) vary widely ommendations for physidisease. Cardiovascular or between global regions,



common type, responsible a country. Such differences

He elaborated that cifically, to urbanization,

lution, green space and housing are obviously all interconnected. Thinking about them as contributing in different, interlinked ways to our urban exposures can help to understand how, together, they cause ill health, and how socio-economic status influences the extent of their impact, He Said. graphical variation, spe-Management Commit-

tee of the Mandir Naveen Bali, Harsh Sharma, Hans Raj Gupta, Kishore Sharma ,Vinod Khajuria, Ashwani Suri and Sanjay Bali appreciated the efforts of Dr Sushil and his team for conducting cardiac awareness cum health Check up Camp in their society and shows their heartfelt grati-

noise, heat and green

space. Things like air pol-

Others who were part of this Camp includes Dr Yashwant Sharma and Dr Dhaneshwer kapoor. Paramedics and volunteers includes Kamal need better designs for Sharma, Raghav Rajput , Ranjeet Singh , Rohit Nayyar, Amish Jamwal, person to another. By CVD (i.e., hypertension, 20% of all deaths could be Jatin Bhasin, Paramveer prevented if cities were Singh, Maninder Singh, designed to meet the rec-Vinay Kumar, Arun Singh, Gourav Sharma and Vikas cal activity, air pollution, Kumar.

Illegal extraction & transportation of minerals;

Police seizes 6 vehicles, arrests 4 drivers in Baramulla & Shopian

BARAMULLA, MAR 10

Acting tough against the persons involved in illegal extraction and transportation of minerals, police have seized 6 vehicles and arrested 4 drivers in Baramulla & Shopian.

In Baramulla, police parties under the supervision of DySP Hqrs Baramulla & SDPO Kreeri assisted by SHO PS Baramulla & SHO PS Kreeri seized 4 vehicles (02 tippers & 02 tractors) and arrested 4 drivers, involved in illegal extraction and transportation of minerals at Wanigam Payeen & Town Baramulla. The accused drivers have been identified as Bilal Ahmad Dar resident of Naidkhai Sumbal, Ishtiyaq Ahmad Dar resident of Wanigam Payeen, Javid Ahmad Mir resident of Rangwar Baramulla & Gh Mohi ud din Akhoon resident of Khanpora Baramulla.

In Shopian, a police party of Police Station Zainapora seized 02 vehicles (tipper & JCB), involved in illegal extraction and ment. transportation of minerals







Station Zainapora. Both law have been registered law. Community members the vehicles were handed at respective police sta- are requested to share over to the officials of Geo- tions and further investi- information regarding the logical and Mining depart- gation have been initiated. crimes in their neighbour-

Accordingly, cases ing in illegal mining activi-police units.

in the jurisdiction of Police under relevant sections of ties shall be dealt as per Persons found indulg- hood with their concerned

Police arrests drug peddler in Baramulla; Contraband substances recovered



BARAMULLA, MAR 10

Continuing its efforts to in custody. eradicate the menace of drugs from the society, under relevant sections of Police has arrested drug law has been registered at peddler in Baramulla and recovered contraband substances from his pos-

session. Station Pattan headed ness drug peddling or by SHO PS Pattan at a any other crime anycheckpoint established where near you, feel free at Chinar Crossing Pattan to contact nearest police near Pandav Park, inter- establishment or dial 112. cepted a person identified People are requested to as Amjad Wahan Wani cooperate with police in son of Ab Wahab resident curbing the menace of of Wani Mohalla Machil drugs from the society. Kupwara. During search, We reassure the commu-4 grams of contraband nity members that police Heroin like substances will act tough against the was recovered from his criminals as per law.

possession. He has been arrested and shifted to PS Pattan where he remains

Accordingly, a case Police Station Pattan and investigation has been initiated.

We urge the common A police party of Police masses that if you wit-

Police facilitates Police



He added about the







JI NEWS SERVICE

GANDERBAL, MAR 10

Continuing unwavering efforts to bridge the gap between police & public, Police in Ganderbal facilitated a Police Community Partnership Group (PCPG) meeting at Dab in the their early redressal. jurisdiction of Police Post Shadipora.

chaired by SSP Gander- law and order in the area

participants highlighted action against the offend-

The participants were also stressed to co-operate

Community Partnership Group (PCPG) meeting in Ganderbal





The meeting was

bal Shri Sandeep Gupta- and in identifying anti-IPS and was attended by respectable citizens including Market associations, disrupt the peaceful envi-Auqaf Bodies, Chowkidars, ronment. While address-Lumberdars, Sarpanchs, Panchs, youth and other Ganderbal requested the community members of the district. Moreover, information to Police other senior Police Officers about smuggling of drugs were also present on the and other illegal activities said occasion.

various issues of public ers & culprits.

importance and they were assured by the chairing officer that their genuine grievances pertaining to police will be resolved on priority and that of civil administration will be taken up with the concerned departments for

with Police in maintaining national and anti-social elements who always try to ing the participants, SSP participants to provide if any noticed in the area On the occasion, the for initiating appropriate

Udhampur Press Club elects new body

JI NEWS SERVICE UDHAMPUR, MAR 10

Local journalists of District Udhampur on Sunday unanimously elected its body with Sumit Sharma of Managing Director JK Channel Udhampur as the President and Pankaj Saraf of Managing Direc-Samachar as Vice Presi-

meeting of journalists of District Udhampur. Ashish Dutt of Chief Dainik State Samachar Spokesperson and Advo-



tor Media 1 Channel and Editor JK Channel has as Joint Secretary, Aaftab Bureau Chief Dainik State been elected as Gen- Hindustani of Bureau members and do his best eral Secretary, Ashwani Chief Jammu Rising dent. The body was con- Sharma of Bureau Chief News as Treasurer/Chief stituted during a general Early Times Udhampur as Account Officer, Vinay Secretary, Arun Sharma Sharma of Bureau Chief nate with Civil and Police of Deputy Bureau Chief Raftar Samachar as Distt administration for the

cate Rahul Jandial as Legal Advisor. In his address, the Club

president Sumit Sharma said that he would take steps for the welfare of journalists' community and improving the affairs of the press club Udhampur.

He assured to come up to the expectations of to contribute towards the welfare of journalist fraternity and also to coordioverall interest of people.

UNION TERRITORY OF JAMMU & KASHMIR

OFFICE THE EXECUTIVE ENGINEER PWD (R&B) DIVISION REASI

SHORT NOTICE INVITING TENDER

Fresh e-NIT No. 109 of 2023-24 Dated 06-03-2024

(Single Cover System)

For and on behalf of the Lt. Governor, UT J&K, e-tenders (In single cover system) are invited on Percentage basis from approved and eligible Contractors registered with J&K Govt., CPWD, Railways and other State/Central Governments for the following works:-

| S. | Name of Work | Advertised | Cost of | Earnest | Time Allowed | Class of Contractor |
|----|------------------------------|------------|----------|--------------|--------------|---------------------|
| No | | Cost (₹ | document | Money (in ₹) | for | |
| | | in lacs) | (in ₹) | | completion | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 1 | REPAIR WORK IN THE OFFICE OF | 7.64 | 600/- | 15280/- | 90 Days | C'D Class |
| - | MUNICIPAL COUNCIL REASI | | | | , | |
| | ALONGWITH CONSTRUCTION OF | | | | | |
| | MAIN GATE. | | | | | |

Position of AAA:-Position of T.S:-

Accorded Accorded

The Bidding documents Consisting of qualifying information, eligibility criteria, specifications, Drawings, bill of quantities (B.O.Q), Set of terms and conditions of contract and other details can be seen/downloaded from the departmental website http://jktenders.gov.in as per below schedule:-

| _ | | | | |
|---|---|--|--|--|
| | 1 | Date of Publishing of Tender Notice | 06-03-2024 | |
| | 2 | Period of downloading of bidding | From 06-03-2024 to 16-03-2024, 1600 Hrs | |
| | | documents | F10111 00-03-2024 to 10-03-2024, 1000 1118 | |
| | 4 | Bid submission Start Date | 06-03-2024 | |
| | 5 | Bid Submission End Date | 16-03-2024 up to 1600 Hrs | |
| | 6 | Date & time of opening of Technical Bids | 18-03-2024 on or after 1200 Hrs in the Office of | |
| | | (Online) | Executive Engineer PWD (R&B) Division, Reasi . | |
| | 7 | Date & time of opening of Financial Bids | To be notified after technical bid evaluation is | |
| | | (Online) | completed. | |

- 1. Bids must be accompanied with cost of Tender document in shape of e-challan through Treasury indicating Treasury Voucher No. & date, e-NIT No. and name of work duly crediting to 0059 (Revenue) favoring Executive Engineer PWD (R&B) Division, Reasi uploading a copy of treasury challan and EMD/Bid Security in the shape of CDR/FDR (The date of Treasury Challan/ Bid Security/Affidavits between date of start of bid submission and bid submission end date) duly pledged to Executive Engineer PWD (R&B) Division, Reasi as mentioned in the bid documents.
- The date and time of opening of bids shall be notified on Web Site www.jktenders.gov.in and conveyed to the bidders automatically through an e-mail message on their e-mail address.
- The bids of Responsive bidders shall be opened online on same Web Site in the Office of Executive Engineer R&B Division, Reasi
- The earnest money of the unsuccessful bidder shall be released only after submission of Treasury
- The electronic bidding system would not allow any late submission of bids after due date and time as per server time. Bidders may modify their bids by uploading their request for modification before the deadline for submission of bids. For this, the bidder need not make any additional payment towards the cost of tender document. For bid modification and consequential re- submission, the bidder is not required to withdraw his bid submitted earlier. The last modified bid submitted by the bidder within the bid submission time shall be considered as the bid. For this purpose, modification/withdrawal by other means will not be accepted. In online system of bid submission, the modification and consequential- submission of bids is allowed any number of times. The bidders may withdraw his bid by uploading their request before the deadline for submission of bids; however, if the bid is withdrawn, the re-submission of the bid is not allowed. No bid shall be modified or withdrawn after the deadline of submission of bids.
- The date and time of opening of Financial-Bids shall be notified on Web Site www.jktenders.gov.in and conveyed to the bidders automatically through an e-mail message on their e-mail address. The Financial-bids of Responsive bidders shall be opened online in the Office of Executive Engineer PWD (R&B) Division, Reasi. The date for same shall be intimated separately. No:- 8124-28 Dated:- 06-03-2024

(Er.Rajesh Sharma) Executive Engineer PWD (R&B) Division

DIP/J-15852/23 Date: 9-3-24

Three Weeks long MSME residential Workshops on Advanced ESDP & MDP concludes at NIT Srinagar

SRINAGAR, MAR 10

with resounding success.

Dr. Dinesh Kumar Rajendran the Nodal officer of MSME (ESDP,Design and workshop, conducted IPR Schemes) from the saw participation from a events in advancing tech-Department of Mechanidiverse range of regions, nology, particularly in the of Kashmir, Mr. Hafizulla cal Engineering along including the Union Terriwith the other coordina- tories of Jammu and Kashtors Dr. Noor Zaman Khan, mir, Ladakh, Delhi as well ongoing government focus Dr.Deepak Kumar Naik, Dr as the States of Punjab, in this field. Sandeep Ratee Assistant Haryana, Uttar Pradesh, Professors from Mechani- Jharkhand , Bihar, Andra ers included Prof. Sheikh cal Engineering, Dr Nasir Prdesh, Karnataka and Gulam Mohammed, Direc-F. Bhat Assistant Profes- Tamilnadu, among others. tor KU North Campus, Mr. sor from HSS&M and Dr.

shop, NIT Srinagar. main, Dean Alumni Prof. institutions.

Planning & Development Prof. Yeswant Metha, The three weeks workshop Head Mechanical Prof. on Advanced Entrepre- Adnan Qayoum, Head IIED neurship and Skill Devel- Centre Prof. Saad Parvez, opment and Advanced Assistant Director MSME Management Develop- Mr.Saheel Allaqband conment sponsored by Min- gratulated the whole team istry of MSME under the for making the event grand ESDP Scheme organised success attracting the by IIED Centre of National entrepreneurs across India Institute of Technology for various Advanced skill (NIT), Srinagar concluded development program including 3D Printing, The workshop was Welding & CNC and Manimpeccably designed agement Development and coordinated by by Program on IPR & Risk Management.

This interdisciplinary

Syed Irshad Ahmad Qadri with a valedictory Director, MSME Delhi, Mr. Superintendent Work- address by Dean Plan- Parvez Principal Associate ning and Development Khurana IP Mumbai, Adv. Director NIT Srinagar, Prof. Yeswanth Metha. It Swarna Srivatsav Direc-Prof. A. Ravinder Nath, featured a distinguished tor, Zeya IP,Delhi Advt. Registrar Prof. Atikur panel of guest speakers, Swati Varshaney, Director Rehman, Dean R&C Prof. each an expert in their 1StopIP Solution, Delhi, M.F. Wani , Dean Faculty respective fields and asso- Adv. Arishie and Adv. Ifti-Welfare Prof. G A Har- ciated with prestigious kar from Arooj Associates



Dr Asma Iqbal, Dr Nitika

Kundan, Dr Parameswar,

Dr Dinesh Kumar Rajen-

dran, Mr. Nadeem, NIT

ing opportunities, with 3D

ing, Underwater Welding,

Patent Drafting, E Filing

of Patent, Design, Trade-

Participants were pro-

Srinagar.

Prof. Metha highlighted the pivotal role of such stressed the importance of Oman, Dr Shiva, IIT

The esteemed speak-The event commenced Satish Kumar, Assistant

Dr Varthini Rajagopal, Noor Zaman Khan, Incuba-GCE Tamilnadu, Dr. Sajid tion Incharge IIED Centre Yousuf Bhat , University at NIT Srinagar, delivered closing remarks, encourskill development, and Khan, Senior Trainer aging participants to apply their newfound knowledge Jammu, Mr Ajaz Hussain, in real-world scenarios. He also listed the various PDPC Sanat Nagar Dr Saad Parvez, Dr Noor Zaman schemes of IPR. Khan, Dr Sandeep Ratee,

Dr. Dinesh Kumar Rajendran, Nodal Officer MSME ESDP Scheme, expressed gratitude to all attendees and underscored the significance of collaboration in pushing the boundaries vided with hands-on learn- of technology in the valley since Jammu & Kashmir Printing, CNC Wood Carv- has so many unique features in this domain.

mark, Startup Pitching. Dr. dent Entrepreneurs to tor of A-MDP.

opment of Skills quoting various schemes of Govt. of India including start up, skill development, make in India and various other funding opportunity for entrepreneurs spread across 17 streams of Ministry of MSME to upskill the youth to excel in technol-

He expressed his gratitude to the staff and student organisers Mr.Irfan Sidiq Sofi, Mr. Mohammad Rafiq Wani, Mr.Firdoos Afzal Bhat, Ms.Mir Qurrat ul Ain, Mr.Atif Zaheer Khan , Mr.Mohd Ashraf Hajam, Mr. Annayath Maqbool, Mr.Tariq Ahmad, Mr. Suhaib Nazir, Mr.Junaid, Mr. Aquib for making the series of workshop rally concludes in smooth and organising the workshops.

The event demonstrated the potential of upcoming technology and scope of Entrepreneurship development in Jammu & Kashmir, fostering meaningful discussions and knowledge exchange.

It marked a significant stride toward innovation in this critical sector. The valedictory session was Dr Rajendran encour- hosted and coordinated by aged the MSME and stu- Dr Nasir F Bhat, Coordina-

IIMC students get hands on experience of Photography



JAMMU, MAR 10

The students of Indian Institute of Mass Communication (IIMC), Jammu participated in a photography workshop on Sunday in its campus. Pawan Kumar, equipment, camera limitaa Senior Photo Journalist tions and types of lens. The from the Directorate of Information & Public Rela- Prachi, a student of English tions, Government of UT of Journalism. Jammu & Kashmir, provided hands-on photography practice.

Pawan Kumar talked become important these with enthusiasm.

days. Photography may be manipulated and several award winning photographs were criticised due to unethical practices. A photographer must practice with a camera and know about the camera session was moderated by

Earlier, Prof. (Dr.) Anil Saumitra extended a warm welcome to the guest and highlighted the workshop's about fundamental significance. Throughout aspects of photography the event, Dr. Vinit Kumar like image identification, Jha Utpal, Course Coordilight, camera, lens, visu- nator of Digital Media, Dr. als, shutter speed, aperture Anshula Gurg, Assistant speed, and focus. He also Professor of English Jourshared his experiences on nalism, Mr. Yasir Arfat, the current trends of pho- Assistant Professor of tography and the intrica- Hindi Journalism, and all cies involved in capturing the students of three coursstyles. He also said that es actively participated in food photography has the photography workshop

During past two years, infrastructure facilities at Shahdara Sharief have got a big boost: Dr Darakhshan

RAJOURI, MAR 10

Chairperson of Jammu & Kashmir Waqf Board Dr Syed Darakhshan Andrabi today laid the foundation stone for Jamia Masjid at Ziyarat Shahdara Sharief in Rajouri in presence of Waqf Board CEO Dr Syed Majid Jhangir (JKAS) & Executive Officer Waqf the Rajouri district Waqf great results and the pro-sion Farooq Muztar.



Rajouri Abdul Qayoom Board has taken up many cess will continue", said Mir (Retd JKAS) & prominew projects out of the Waqf Board Chairperson. nent citizens of the area. Board resources and all the Earlier she presided over Dr Darakhshan Andrabi projects will be completed the Annual Day Celebralater laid foundation stone within the stipulated time", tions of Himalayan Educafor Markazi Jamia Masjid said Dr Darakhshan. She tion Mission & Himalayan at Rajouri also. Later she thanked the people of J&K College at Rajouri and addressed the gathering for their immense support released their periodical at Rajouri and said that to the Board in making its and gave away Himalayan J&K Waqf Board has now working transparent and Mission Awards to the become a strong organiza- auditable by the public. civil services persons for tion and hence the devel- "The resources of the their exemplary contriopmental activities in all Board belong to public and bution to the society. She parts of J&K have been this the money and assets was accompanied by Civil expanded on a big scale. have to be utilized as per Aviation Commissioner & "During the past two years, the broader public require- Secretary Civil Aviation, infrastructure facilities at ments and needs. The Planning & Monitoring J&K Shahdara Sharief have got reformative steps taken Aijaz Assad and the Chaira big boost. In whole of by the Board have yielded man of Educational Mis-

Vibe and Glow family salon opens in Jammu

JAMMU, MARCH 10

Vibe and Glow, a luxury family salon was opened in Jammu at Talab Tillo .

Former Deputy Chief Minister of Jammu Kashmir, Kavinder Gupta who was accompanied by Sohail Kazmi (Eminent Journalist) was the Chief guest on the occasion.

media, "We are excited to Vibe and Glow." share the news that finally Vibe and Glow has opened Kamla Place ."

said, Jammu has been wit- people." nessing the huge establishment of business and ser-

Owner Nishant Agar- as youth wants to grow. wal and Amit Jamwal of i would like wish a very aspect of the developthe Vibe and Glow told good luck to the owner of ment is that the entire

" Today's world every- are prominent experts here Talab Tillo Jammu, one wants to look good in their respective fields. opposite Knit School near either its men or women They are equipped to and I fully ensured that adapt to the latest trends Former Deputy Chief Vibe and Glow will do full in the industry and use the Minister Kavinder Gupta justice to the demand of most favourable products

Nusrat Malik (Managing and quality services. Director at NIST Institute vices centre in Jammu and Jammu) highlights the styling, Hair cutting, hair it becomes possible only quality of salon, she said spa, Hair keratin, Botox under the strong leader- the outlet is laced with ship of PM Narendra Modi. lavish facilities and an types of makeup services Sohail Kazmi Said," outstanding interior. The (hd makeup, airbrush Business establish like outlet is also offering a dis-makeup) are just a few Vibe and Glow is the count on all the services of the services offered by prime demand of time under its inaugural offer. Vibe & Glow salon.

The most important staff of the outlet is from Meenu Mahajan said, Punjab and Jammu and for customers' benefits

> Services included Hair-, Nails Extensions , all

Beigh Honoured with Young Scientist Award

JI NEWS SERVICE

HYDERABAD, MAR 10

In a prestigious ceremony held at Hotel Best Western® Ashoka, a Kashmiri young technocrat, Mirza Mohammad Idrees ul Haq Beigh was conferred Organisation (WIPO) and with the "Young Scientechnology.

Education Expo TV tives. (EET CRS) incubated these awards with the primary Beigh's extensive work objective of celebrating experience, intellectual the outstanding achieve- property rights (IPRs), ments of scientists, and significant contriburesearchers, academics, tions towards Science and and professionals world-technology. In addition to wide. The awards aim his professional endeavto honour individuals ours, Beigh is renowned who have demonstrated for his involvement in exemplary commitment conducting workshops and innovation in their on intellectual property respective fields.



the Law School of Stantist Award" by Educa- ford University CA, USA, tion Expo TV (EET CRS) has showcased immense at the "12th 7Continents potential as a world-R&D Awards-2024". This class scientist. Currently esteemed recognition serving as the Head of comes after rigorous scru-Research Technology tiny by a panel of experts, Development at an Indiaacknowledging Beigh's based MNC, Beigh has remarkable contributions been actively engaged in to the field of science and ground breaking research and development initia-

The award recognizes rights (IPRs) across J&K, Beigh, a certified pro- further contributing to fessional from the World the advancement of sci-Intellectual Property ence and technology.

RUN FOR HER-BY HER, International Women's day celebrations at 166 Military Hospital, Jammu

JAMMU, MAR 10

As part of the ongoing week-long events to celebrate International Women's day from 07 March to 14 March at 166 MH, a RUN FOR HER-BY "HER" event was organized today. The event was organized by 166 MH with active contribution from OC, 136 SHO,

participants were from ning. families of Jammu garri-

promoting health among of life, including Grade-4 50+ category.

participated in this 3 km is not an impediment to with others. run, in Saree/suit. The attaining fitness or run-

More than 300 women that even traditional attire run shoulder to shoulder ceremony to felicitate

The run was flagged off by the guests of honour ing importance of the Further, to encourage & Mrs Sophiya Rawat, women-power in the son, AF stn, Jammu & faminspire the spirit of equal-President AFFWA (L), Armed forces, women ilies & staff of 166 MH. The ity & inclusion, which also AF Stn, Jammu and Dr event marked the largest is the theme for Interna- Nisha Ahmad, President Military Police, who marall female run in Jammu tional Womens Day 2024 AWWA, 166MH. As a speorganized in recent times. (INSPIRE-INCLUSION), cial gesture, both guests The run was con- the event also witnessed a of honour, competed

women. Women running female employees, par- The run was followed morning run in midst of a in Sarees for it reiterated ticipate with great zest & by the prize distribution festive atmosphere.

winners in all categories. To highlight the increasofficials from the Corps of shaled the event were also felicitated.

The event culminatducted to highlight the very heart-warming sight & completed the race, ed with all participants importance of exercise in of women from all walks coming a joint second, in enjoying the light refreshments after a wonderful

Voting for BJP is Voting for Dictatorship: Anirudh Sawhney

JI NEWS SERVICE JAMMU, MAR 10

In a recent statement,

Anirudh Sawhney, Gen-

eral Secretary of Jammu & Kashmir Pradesh Youth Congress said that the Bharatiya Janata Party (BJP) government in India has increasingly shown dictatorial and antivoting for the BJP in the upcoming elections would imply voting for Dictatorship. "The ruling party has been moving in the direction of centralizing power, stifling dissent, and governance and decision making. The line between ship is blurring out, and if this continues, it will



democracy tendencies; leader boldly stated that of protests and dissent are al independence and the transparency. Their meaclear examples of how this concentration of power sures allow the governgovernment acts as a force in the hands of the execument to push through conagainst freedom of speech tive branch. The system of troversial policies without and expression, freedom to protest peacefully, and undermining democratic basic rights entitled to Indian Constitution has ing the democratic protion or law. BJP has shown BJP and it's ministers. The majority in the parliation, and the use of state cies, and the judiciary has growing authoritarianism. eventually fade to give power to suppress opporaised questions about the With limited checks and personal -cum- political tions to act independent- power and erode demo-The Youth Congress gains, siding with the Cor-ly. Furthermore, the BJP cratic norms.

porate mafias, attempting government has curbed to erase opposition using press freedom. Several to farmers' protests, where signs of a rising dictatorprotesters have been met ship. In addition, the govright to assemble.

undemocratic tactics has journalists, activists, and all been part of their gov- academics have been tarernance from the start. geted for their criticism This was also evident in of the government. All of the government's response these and more are clear with heavy-handed tactics ernment's use of executive and restrictions on their orders and ordinances to bypass parliamentary The most disturbing is scrutiny raises concerns the government's handling the erosion of institution- about accountability and checks and balance which proper debate or oversight has been enabled by the in Parliament, underminprinciples at each step of citizens by the constitu- been thrown out by the cess. The BJP's strong no tolerance for dissent- government's influence ment and its dominance in democracy and dictator- ing voices, using tactics over regulatory bodies, many state governments such as arrests, intimida- law enforcement agen- have also contributed to rise to an extremely fascist sition. Use of state bodies separation of powers and balances, the government regime in India", Sawhney and statutory bodies for the ability of these institu- could further consolidate

Principal Secretary visits G&B, ST hostels at Samba, Kathua; assess functioning

JI NEWS SERVICE JAMMU, MARCH 10

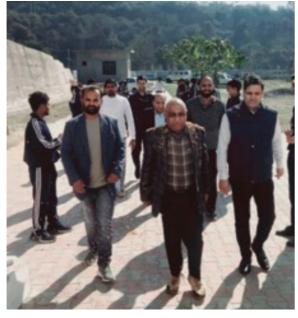
districts.

Principal Secretary, Tribal Affairs, Suresh Kumar Gupta, today visited Gujjar and Bakarwal (G&B) and Schedule Tribe (ST) hostels of Samba and Kathua to assess functioning of existing tribal hostels, besides reviewing progress on construction of newly sanctioned tribal hostels in the twin

At G&B/ST hostel Samba, the Principal Secretary interacted with the hostel students and enquired them about the facilities being extended to them there. He gave some valuable tips to the Mirza, Director Libraries, implemented by the students going to appear in the board examina- tary J&K Academy of Art, besides apprising him of tions extending them best Culture and Languages, working of the hostel, wishes. He also inspected Bharat Singh Manhas, facilities being provided to hostel rooms, kitchen, hostel staff and others the students in these tribal dining hall besides con- were present on the occaducting a round of hostel sion. premises.

Affairs, Musheer Ahmed mental schemes being Republic Day Parade cel-

JI NEWS SERVICE JAMMU, MARCH 10



breaking and transforma- He highlighted that most

tive overhaul of the legal of the core principles that framework in India. The formed a part of India's

neutral provisions, and technological advances,

The resource person

pants in all the sessions to

the subject topics. All their

queries were answered in

The programme con-

Mohammad Rafi, Secre- Tribal Affairs Department

The Director Tribal plan for the hostels. He Commis- Affairs briefed the Prin- further informed that the sioner Samba, Abhishek cipal Secretary about hostel students had rare Sharma, Director Tribal the welfare and develop- opportunity to witness

2 day Training programme on

"New Criminal Laws" concludes

The two day training pro- key provisions and chang- evidence jurisprudence gramme on "New Crimi- es in the BNS highlight a e.g., burden of proof, nal Laws" held for Judi- shift towards moderniza- admissions, relevancy

cial Officers, Prosecution tion and responsiveness to of facts, etc. remain

Officers, Police Officers societal needs. He stated unchanged under the BSA.

and officers from Foren- that BNS, 2023 addresses With significant emphasis

sic Science Laboratories various aspects, from being accorded to elec-

of Jammu province includ- offenses against women, tronic records and their

ing Research Assistants children, and murder to treatment, the enactment

of High Court of J&K and tackling organized crime, of the BSA is certainly a

Ladakh at Jammu Wing terrorism, and exploita- significant step forward

concluded today at J&K tion. It removes outdated for aligning India's legal

Judicial Academy, Janipur terms, introduces gender- system to contemporary

and tenor for the second embodies a progressive encouraged the partici-

second day's sessions framework, reflecting a ask as many questions as

were continued by Sakal commitment to justice, they had and all the ses-

Bhushan, an eminent fairness, and the evolv- sions remained very inter-

jurist and son of the soil, ing needs of society. It active during which the

now practising in Supreme stands as a testament to participants actively par-

Court of India, and Delhi the nation's dedication to ticipated and shared their

High Court who dissected shaping a legal system that difficulties, past experi-

various additions, altera- is both robust and respon- ences and also asked ques-

tions and amendments in sive to the challenges and tions on various aspects of

analysed in detail vis-à-vis In the second and last detail by the resource per-

The resource person participants about the cluded with a vote of

deliberated that Bharati- important changes made thanks by Yash Paul Bour-

ya Nyaya Sanhita (BNS), in the Bhartiya Sakshya ney, Director, J&K Judicial

deliberations of day one etal norms, he added. He person.

had already set the tone underlined that the BNS

day orientation. The and comprehensive legal

the three laws for benefit values of the contempo-

rulings of the Apex Court. person educated the

the old laws in light of the session, the resource sons.

2023 represents a path Adhiniyam (BSA), 2023. Academy.

of the participants and rary era, he asserted.

The brain storming aligns with evolving soci- maintained the resource

the support being providdistrict administration for developing playground in the hostel saying that the

hostels. He also informed

about the modernization

of Girls Hostel near AIIMS Samba, it was informed that funds have been released and placed at the disposal of the district administration Samba.

met the Prime Minister,

Union Tribal Minister and

and around Delhi.

The Principal Secretary struction work as early as brighter future.

ebrations January 2024 at possible so that tribal girls New Delhi with the help students may utilize the of Union Ministry of Tribal facility to continue their Affairs, where students studies.

At Kathua, the Principal Secretary inspected G&B/ other dignitaries besides ST Boys hostel besides visiting heritage sites in reviewing status of sanctioned girls hostel for The Deputy Commis- the district. He directed sioner Samba briefed the the executing agency to Principal Secretary, about submit detailed project report immediately for ed by the district admin- further necessary action istration to the hostel as the department has inmates. He informed already released funds for that Rs. 7.00 lakh have construction of the hostel, been sanctioned by the and the work has not been started yet.

The Director Tribal Affairs further informed work on the same shall be the Principal Secretary completed before the end with regard to status of of current financial year Banni hostel besides Pre and Post-Matric Schol-Regarding construction arships being provided to the tribal students in Kathua district.

The Principal Secretary assured that every possible help shall be extended to the hostel students in the field of education and directed the executing sports so that they can agencies to start the con- excel in their life for a

Jantroon Snow Festival-2024 captivates thousands in Doda



JI NEWS SERVICE DODA, MARCH 10

The Jantroon Snow Festival 2024, held in Doda district, enchanted hundreds with

In the backdrop of snowserene beauty of nature, creating a truly magical atmosphere. The festival served as a vibrant celebration of the unique culture and traditions of the Jan-

troon people. to a plethora of activities including performances, music, dances, volleyball matches, kabaddi, and other games, all of which showcased the rich heritage of the region.

In addition to the lively festivities, the snow festival to display their talent and creativity.

the district administration traditions.

Doda, the event received widespread acclaim.

The presence of esteemed guests, including Deputy Commissioner Harvinder Singh, underscored its breathtaking scenery the importance of promotand proved a resounding ing local culture and tourism in the region.

Joined by District Develcovered mountains, attend- opment Council Chairman ees were immersed in the Dhananter Singh Kotwal, DDC Vice Chairperson, ASP Operation, DDC members, SDM, social organizations, NGOs, and locals, the festival fostered a sense of unity and pride among residents of Thathri, Kahara, Chiral-Attendees were treated la, Gandoh, Bhaderwah, Doda, and surrounding areas.

The participation of DC Doda signaled government support and commitment to community initiatives, encouraging local engagement and strengthening bonds within the commualso featured art and craft nity. Overall, the Jantroon exhibitions, providing a Snow Festival 2024 proplatform to local artisans vided a wonderful opportunity for people to come together, enjoy themselves, Organized by the civil and gain a deeper undersociety sub-division Tha- standing of the Jantroon thri in collaboration with people and their cherished

KCCI delegation calls on LG



JI NEWS SERVICE SRINAGAR, MARCH 10

A delegation of Kashmir Chamber of Commerce and Industry, led by its President Sh Javid Bhawan. The delegation ernor.

apprised the Lt Governor of various important matters pertaining to the promotion of industries and tourism sector in Jammu Kashmir.

District Election Officer Reasi reviews preparedness for Lok Sabha Election

JI NEWS SERVICE

REASI, MARCH 10

District Election Officer (DEO) Reasi, Vishesh Mahajan, chaired a meeting today to review the preparedness for the upcoming Lok Sabha Election in the district.

During the meeting, District Election Officer Mahajan briefed the Officers about the delimitation process carried out vis-a-vis District Reasi review of the total population, voters, and polling toilets, water, electricity, number 1950 and control Threadbare discussion polling station. For Poll- 01991-244320 for the was held on sensitive and vulnerable polling sta-tricity, he suggested the public to get their grievtions, with emphasis on installation of solar lights. ances redressed. He furensuring their security Additionally, arrange- ther clarified that for any during the election proments for food and first election-related grievcess. DEO Mahajan high- aid for polling parties ances citizens can contact lighted that Reasi would were discussed. serve as the dispatch and collection center during comprehensive discussion toll-free number. the election. A detailed vis-à-vis detailed plan for transport plan was also Systematic Voters' Educa- all officers to maintain reviewed, with an emphation and Electoral Particiclose coordination with sis on ensuring that poll- pation (SVEEP) activities, ing parties reach their desaimed at increasing voter successful conduct of the

within time. Meanwhile, election. he also directed the Assising station-wise, with a duct of polling. reserve pool in accordance plan. He stressed on the election, he exhorted the meeting.



ignated stations on time. awareness and participa- election in the district. Further, DEO Mahajan tion. He highlighted the discussed the arrange- importance of implements for the transit mentation of webcasting, strong room and exhorted photography, and videog-

tant Regional Transport vided a detailed review of Sharma ACR, Rakesh

basic amenities such as publicity to the toll-free stations in the district. and cleanliness at every room contact number ing stations without elec- information of general the control room at the DC The meeting also had a office complex or call the

> DEO Mahajan urged each other to ensure the

Sukhdev Singh Samyal ADDC Reasi, Mohammad Anwar Banday PO Poshan, Tariq Aziz SDM Dharmari, the concerned officers to raphy at vulnerable and Mazahir Hussain SDM leave no stone unturned critical polling stations Mahore, Piyush Dhotra to make this happen well ensuring a free and fair SDM Katra, Vipan Chandran ASP Katra, Pardeep SSP Mohita Sharma pro- Kumar ACD, Anshumali Officer (ARTO) Reasi to the security arrangements Kumar Dy. DEO, Iftkhar arrange vehicles poll- to ensure the smooth con- Ahmed Adl. SP, Officers of the Paramilitary forces Stressing on the need and other senior district with the district transport to conduct free and fair officers were present in

Govt embarks on multi-pronged strategies to revive J&K's cultural, literacy legacy: Principal Secretary

JI NEWS SERVICE KATHUA, MARCH 10

general and Kathua district in particular.

tural and literary legacy underway at Kathua, is mushairas and seminars. of the region, the govern- being built with state-of- The Principal Secrement has devised a multi- the-art technology having tary said that the PWD pronged strategy to revive a auditorium, guest and other allied departand revitalize these fields rooms, library and office ments and agencies will in the Union Territory in space.

the district. He said that forms to promote rich culinstructions have been tural and literary heritage issued to the J&K Academy of the area. He assured tary was accompanied by of Art, Cultural & Languag- that the Academy's sub- Secretary JKAACL, Bharat es (JKAACL) for expediting office at Kathua would Singh and other senior the construction work on be geared up to broaden functionaries.

Regional Cultural Centre, its activities which, on Kathua which would be a account of lack of space step forwards in this direc- and allied facilities, had In its endeavors to pro- tion. The cultural centre, more or less remained mote and preserve cul- construction of which is restricted to holding local

also be approached by Giving details, Suresh the JKAACL for expedit-Kumar said that the Culing work on the Kathua Principal Secretary, ture Department through Regional Cultural Centre. Culture, Suresh Kumar JKAACL would work in He asked the JKAACL to Gupta, stated this during close contact with writers get the work completed his extensive visit to and experts in different art during financial year 2024-25.

The Principal Secre-

District Election Office Doda hosts training session for Nodal Officers

JI NEWS SERVICE DODA, MARCH 10

In anticipation of the forthcoming Lok Sabha elections, the District Election Office Doda organized an online training session for nodal officers and master trainers in the mini-conference hall tion officers and officials tion, guidelines, and prothe other day. The session was designed to endow and coordination. these key personnel with the electoral process.

ing, the engagement level upcoming elections for remained high, with electhe district.



of the DC office complex, joining remotely to ensure tocols to effectively carry comprehensive coverage

Under the leader-

The training session prioritized the development of nodal officers and master trainers, recognizing their pivotal role in the electoral process. They were equipped with the latest informa-

out their responsibilities during the elections.

The Lok Sabha electhe necessary skills and ship of Deputy Commis- tions hold immense knowledge to effectively sioner Doda, Harvinder importance in shaping the manage various aspects of Singh, who also serves political landscape of the as the District Election nation. Therefore, thor-The training session saw Officer, the session was ough training and prepathe active participation of conducted with diligence ration of election officials nodal officers and master and commitment. Singh's and personnel are imperatrainers, both in person presence underscored the tive to ensure the smooth and virtually. Despite the importance of the training conduct of the electoral virtual nature of the meet- and the significance of the process and uphold the democratic principles of

Assessment, restoration work initiated in flood hit Nachlana-Mangit area

RAMBAN, MARCH 10

Market Khari. During the of the Kumla to Cherwara communities.

opment Council (DDC) urgent need for rehabilita- started. Ramban, Dr. Shamshad tion of the affected people.

visit, significant damages to Road, under UT Capex, a local Madrasa, Residential with an estimated cost of houses, and infrastructure 1.50 crore, under PWD Divi-Chairperson, District Develwere observed, requiring sion Banihal, was also kick-

Ensuring support for the Shan, along with DDC In response to the assess- affected residents, Dr. Sham-Khari, Gulshan Parveen, ment, Dr. Shamshad Shan shad Shan emphasized the and Sub-Divisional Mag- announced the initiation commitment of the DDC istrate Banihal, Rizwan of execution work on the Khari and its counterparts Asgar conducted a compre- Kawna Buzla Road, esti- to swiftly address the chalhensive assessment of the mated at Rs 3.50 Crore, lenges posed by natural damages incurred by the with funding support from calamities. The collaborative recent windstorm and flood NABARD and Rs 1 Crore efforts aim to restore noron the Nachlana-Mangit under the UT Sector. Addi- malcy and provide neces-Road, adjoining Areas and tionally, reconstruction sary support to the affected

Later, Sh Gulzar Ahmad Ahmad Tenga called on Bhat, Chairman, All J&K Lieutenant Governor Shri Folk Artists Association Manoj Sinha, today at Raj also called on the Lt Gov-