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AC approves filling up of left over vacancies in paramedical institutions after centralized counseling by J&K BOPEE is over

JI NEWS SERVICE

JAMMU, FEB 21

The Administrative Council (AC) which met here under the chairmanship of the Lieutenant Governor, Manoj Sinha, approved filling up of left over vacancies in paramedical institutions after centralized counseling by Board of Professional Entrance Examinations (BOPEE) is over.

nor; Atal Dulloo, Chief Secre-Lieutenant Governor attended and Standard Operating Prothe meeting.

The Administrative Council Nursing, B. Pharmacy Course Courses in the Government ity of such seats in the Private vate Institutions/ Universities



cedures (SoPs) framed by the

dari, Principal Secretary to as per the eligibility criteria submitted by the promoters of the institutions. By virtue of SAC decision dated 30-7-2019, Government, after centralized Health and Medical Education approved filling up of left over counseling by the Jammu and Department issued SRO-505 seats for admission to M.Sc/ Kashmir Board of Professional of 2019 dated 20-8-2019 vide in Government/Private Institu-B.Sc Nursing, Post Basic B.Sc Entrance Examinations is over. which admission to Nurs- tions remain unfilled. This has been necessitated ing and Paramedical courses and various Paramedical because of the fact that major- offered by Government/ Pri- the model in State of

vide SRO- 640 of 2019 dated 24-10-2019, the notification SRO-505 of 2019 dated 20-8-2019 was to take effect from academic session 2020-21. Admissions were made by J&K, BOPEE but majority of seats

The case was examined and

CONTINUED ON → PAGE 4

LG Sinha inaugurates 4th Khelo India Games' snow sports event at Gulmarg



JI NEWS SERVICE

GULMARG, FEB 21

Lieutenant Governor Manoj Sinha inaugurated the snow sports event of 4th Khelo India Games at the world-famous ski resort, Gulmarg today.

Nisith Pramanik, Union Min- of the paradise on earth. ister of State for Youth Affairs graced the occasion.

his best wishes to athletes from disciplines. "It is a momenand harmony among all the tous occasion for more than 600 athletes who have been event," he said.

He invited the athletes, team to promote robust sports culofficials and sports enthusiasts to enjoy the warm hospitality of Jammu Kashmir, enjoy the thrill of Alpine Ski, Nordic Ski, snow Mountaineering com-

"The 4th Khelo India Winter & Sports and Home Affairs also Games, over the next 4 days, will honor the hard work, The Lt Governor conveyed skills, dedication and sporting excellence on ski slope and I ing in different winter-sports spirit of brotherhood, peace

teams," the Lt Governor said. At the inaugural ceremony, preparing for this spectacular the Lt Governor highlighted the efforts of the government

ture in cities and villages of the Union Territory.

Under the leadership of Prime Minister Narendra Modi ji, a new era of sports has petitions and also enjoy the emerged in Jammu Kashmir. incredible sights and cuisine Renewed thrust on state-of-art infrastructure and allied facilities has given a huge impetus to sports sector, the Lt Governor observed.

Our talented sportspersons have proved their mettle in all over the country participat- am confident it will renew the national and international sports events. Their achievements are inspiring the budding athletes to bring laurels to the UT and the nation, he said.

He also expressed CONTINUED ON → PAGE 4

AC approves 5 special courts for trials under NDPS act

JI NEWS SERVICE JAMMU, FEB 21

NEW DELHI, FEB 21

Administrative Council (AC) ulla, Jammu, Pulwama and Sridone in compliance to the which met here under the nagar in the Union Territory of orders of High Court in case pendency of NDPS cases is chairmanship of Lieuten- Jammu and Kashmir. ant Governor, Manoj Sinha,

A High-level Canadian Delega-

tion led by Mr. Scott Moe, Pre-

mier of Saskatchewan prov-

ince, today called on Union

Minister of State (Independent

Charge) Science & Technolo-

gy; Minister of State (Indepen-

dent Charge) Earth Sciences;

MoS PMO, Personnel, Public

Grievances, Pensions, Atomic Energy and Space, Dr Jitendra

Singh and discussed bilateral

collaboration as well as joint

ventures in areas like Elec-

tric Vehicles, Cyber Physical

System, Quantum Technolo-

gies, Future Manufacturing,

Green Hydrogen Fuel, Deep

delegation, Dr Jitendra Singh

the development of both the

Stating that India has among

Welcoming the Canadian

Ocean Mining etc.

Act along with supporting staff dari, Principal Secretary to of Judges of J&K High Court

approved creation of 05 Spe- sor to the Lieutenant Govercial Courts along with posts for nor; Atal Dulloo, Chief Secre- Ahmad Allaie Vs UT of J&K. trial of offences under NDPS tary; Mandeep Kumar Bhan-

and infrastructure, one each in Lieutenant Governor attended districts of Anantnag, Baram- the meeting. This has been cial Courts must be created attitled Thana Singh vs Central Rajeev Rai Bhatnagar, Advi- Bureau of Narcotics and High Court J&K in case titled Arshad

have recommended that Speleast in those districts where more than 500 which has also been approved by the Chief Justice. The step will have annual financial implications

A resolution of Committee of Rs.4.65 Cr for the UT.

High level Canadian delegation led by AC approves 50% premier saskatchewan meets Dr Jitendra hike in honorarium of Rehbar-E-Khel

teachers

JI NEWS SERVICE JAMMU, FEB 21

The Administrative Council (AC) which met here under the chairmanship of the Lieutenant Governor, Manoj Sinha, accorded approval to 50%hike in honorarium in favour of 2417 Rehbar-e-Khel(s) (ReK) physical education teachers of Youth Services and Sports Depart-

Rajeev Rai Bhatnagar, Advisor to the Lieutenant Governor; Atal Dulloo, Chief Secretary; Mandeep Kumar Bhandari, Principal Secretary to Lieutenant Governor attended the meeting.

Earlier a High Powered Committee under Chief Secretary constituted for the purpose in the year 2021 have recommended CONTINUED ON → PAGE 4

Rusted mortar shell recovered in Poonch

JI NEWS SERVICE

JAMMU, FEB 21

A rusted mortar shell was recovered by the Special Operations Group (SOG) of Jammu and Kashmir Police in Poonch district on Wednesday, officials said

The mortar shell was recovered from a field in Habib Nagar area of Surankote in the officials said. border district during a search operation around 5.20 pm, the examining the explosive explosion.



device which would be later They said the experts are destroyed in a controlled

PM Modi to chair council of ministers meet on March 3

AGENCIES

NEW DELHI, FEB 21

Prime Minister Narendra Modi will chair a meeting of the Union Council of Ministers on March 3, days before announcement of the Lok Sabha elections, officials said.

The meeting of the Council of Ministers is scheduled to be held at the Sushma Swaraj Bhawan in Chanakyapuri diplomatic enclave here, they

been chairing a meeting of on implementation of various the entire Council of Ministers initiatives, and share his vision from time to time to discuss on matters of governance.

Weather improves after 3-day wet spell in J&K



The Prime Minister has key policy issues, get feedback

The Election Commission has begun reviewing the preparedness of various states for holding of Lok Sabha elections. The schedule for elections are expected to be announced sometime next

In 2014, the Election Commission had announced the schedule for the nine-phased Lok Sabha elections on March 5 and the results were declared on May 16.

In 2019, the poll panel had announced the sevenphase Lok Sabha elections on March 10 and the results were declared on May 23.

Jmu-Sgr National Highway partially opened for Traffic; stranded vehicles being cleared

said, 23 Lakh Indian diaspora to both countries, would act innovation ecosystem with

are reinforcing Indo-Canadian as a bridge between the two around 60-70% participation

relations and contributing to nations, as Canada is one of the private sector. He also

the most favoured destinations

the largest Diaspora in Canada the delegation that under organizations to contribute

for Indian youth.

at 2.3 million, Dr Jitendra Singh Prime Minister Modi's lead-

JAMMU, FEB 21

The 270-km strategic Jammu-Srinagar national highway was opened for one-way traffic on Wednesday afternoon after remaining closed for the past two days due to multiple landslides in Ramban district, officials of the traffic department said. The highway was closed for vehicular traffic on Monday morning after landslides and shooting of stones from the hillocks hit the highlinking Kashmir with rest of the country, at over a dozen places, they said.

The officials said the opera- pari, Tabela and Chamalwas



said, the presence of Indian ership, India established

diaspora in Canadian Parlia- the 'Anusandhan' National

ment and even the cabinet is a Research Foundation, pri-

testimony of our longstanding oritizing research in areas

relation. He said, the diaspora of technology and science

which contributes positively to foster and revitalize the

The Minister also informed to welcome non-governmental

the arterial road at Dalwas, Peerha, near Peerha Tunnel, Mehad-Cafeteria, Jaiswal way, the only all weather road bridge, Trishul Morh, Seri, concerned road clearance T2, Monkey Morh, Mom Passi, agencies mobilized more men Gangroo, Hingni Marog, Kisht- and machines and managed wari Pather, Shalghari Ram- to partially open the highway

tions to clear the debris from were hampered by incessant rains and snowfall.

emphasized that the govern-

ment is keen on opening arms

CONTINUED ON → PAGE 4

With improvement in weather this morning, the CONTINUED ON → PAGE 4

JI NEWS SERVICE

SRINAGAR, FEB 21

The weather conditions improved on Wednesday after three-day wet spell however, despite the heavy rains and snowfall for three consecutive days, Jammu and Kashmir has received deficient rainfall of 39 per cent in the ongoing season from January 01, 2024 to February 21, 2024.

Pertinent, Jammu and Kashmir recorded prolonged dry spell from December 2023 to January 2024 end, leading to the water scarcity and simultaneous power paucity in the Union Territory. However, the three-day

wet spell continued in Kashmir parts from Sunday during has, however, been recorded

and other areas received

heavy snowfall. The weather conditions have improved across Jammu and Kashmir today while the weatherman here has predicted dry weather conditions till February 27.

Nonetheless, the Meteorological department's (MeT) official data reveals that J&K has received a deficient rainfall of 39 per cent during January 01, 2024 to February 21, 2024.

As per the data, Srinagar, the summer capital of J&K has recorded 46 per cent as against the normal precipitation of 163.9 mm, it has received 88.5 mm during the period.

The large deficient rainfall

which Sonamarg, Gulmarg, in Shopian where only 26.5 mm rainfall was received against the normal precipitation of 109.0 mm.

Ganderbal in central Kashmir has also recorded a deficient rainfall of 59 per cent as against the normal precipitation of 158.6 mm, it has received 65.4 mm during the period.

The other districts of Jammu and Kashmir except four including Bandipora, Baramulla, Rajouri and Ramban have recorded a deficient rainfall.

Bandipora and Baramulla are the only two districts where 123.8 mm and 173.9 mm rainfall has been received from January 01, 2024 to till date. Rajouri and

CONTINUED ON → PAGE 4

Tej Krishan Bhat posted as commissioner, survey and land records J&K

JI NEWS SERVICE JAMMU, FEB 21

The General Administration Department (GAD), Government of Jammu and Kashmir on Wednesday posted Mr. Tej Krishan Bhat as Commissioner, Survey and Land Records, Jammu and Kashmir.

According to an order, In the interest of administration, Mr. Tej Krishan Bhat, JKAS, Special Secretary to the Government, Agriculture Production Department, is hereby transferred and posted as Commissioner, Survey and Land

CONTINUED ON >> PAGE 4

District Capex 2023-24 in Udhampur

JI NEWS SERVICE

UDHAMPUR, FEBRUARY 21

Deputy Commissioner Udhampur Saloni Rai today chaired a meeting with line department officers to assess the physical and financial advancements under the District Capex Budget 2023-2024.

The meeting was attended by Chief Planning Officer Mudassir Yaqoob Zargar, PO Poshan, Subash Dogra, Assistant Commissioner Development Dr. Ranjeet Singh Kotwal, Block Development Officers, and other District Offi- (ABDP), DDC, BDC, expenditure booking.

The DC took exten- within the district. sive review of progress



Untied, and PRI grants

The DC emphasized the Development Programme Officers to ensure 100%

The Executing agencies received instructions to adhere strictly to timeachieved under District need for expeditious com- lines, with an emphasis Capex budget including pletion of pending devel- on conducting regular Area Development Plan opment works, direct- site visits to maintain (ADP), Aspirational Block ing Block Development uncompromised quality standards.

DC reviews progress achieved under DC Bandipora visits Business Unit of Shaheena Begum

JI NEWS SERVICE BANDIPORA, FEBRUARY 21

In a gesture of support and admiration for local entrepreneurship, the Deputy Commissioner (DC) Bandipora, Shakeel ul Rehman Rather on Wednesday visited the business unit of Shaheena Begum, a 35-year-old dynamic entrepreneur and educated Self Help Group (SHG) member of the National Rural Livelihood Mission (NRLM) from Sonerwani Bandi-

The Deputy Commissioner was accompanied by ACD Bandipora Mumtaz Peer, BPM NRLM and other concerned.

Shaheena Begum is a shining example of determination and business acumen, successfully managing multiple ventures with an estimated ing, and poultry farming, DC praised Shaheena support from the district cost of 10.50 lakhs. Her showcasing a diverse Begum for her outstand- administration to further taking advantage of govventures include a rice and sustainable business ing achievements and enhance her ventures and ernment schemes.



mill, flour mill, masala model. mill, oil expeller, beekeep-

entrepreneurial spirit. He During the visit, the assured her of continued

economy.

Shaheena Begum expressed her gratitude to the Deputy Commissioner and vowed to continue her efforts to expand her businesses and create more employment oppor-

tunities in the region.

Pertinent to mention here that, Shaheena Begum on Tuesday shared her inspiring journey of benefiting from NRLM SHGs with PM during a two way virtual interac-

While interacting with the Prime Minister, Shaheena highlighted her journey from poverty to a Lakhpati Didi.

During the interaction program, the Prime Minister appreciated the hard work and determination of the Shaheena and also congratulated her for successful entrepreneurship

PM Vishwakarma scheme One Day seminar cum awareness programme held at Udhampur



JI NEWS SERVICE UDHAMPUR, FEBRUARY 21

Commerce Department along with the Lead District Udhampur, under the super- Manager, shared insights vision of Deputy Commissioner Saloni Rai, organized in PM Vishwakarma Verifia seminar cum awareness cation and execution. ACD, programme on PM Vishwa- Dr. Ranjeet Singh Kotwal, holders. The event took motivating participants and place in the Conference Hall, District Administration offi-DC Office Complex. IEDS cers to enroll more potential Assistant Director, Rajesh beneficiaries for maximum Kumar initiated the session, benefits from the scheme. providing a detailed presen- GM DIC, Kishor Kumar tation on the Registration Katoch, shed light on the PM process of the scheme. DK Vishwakarma scheme and tor Officer from MSME DFO, to all dignitaries and par-Jammu, clarified various ticipants.

aspects. Representatives from the CSC centre and the Ministry of Skill Develop-The District Industries and ment, Government of India, into their departments' roles karma Scheme for stake- addressed the gathering, Tyagi, IEDS Assistant Direc- extended a vote of thanks

Labour Commissioner reviews preparation for Shri Amarnathji Yatra-2024 Asks officials to gear up for timely, hassle free registration of Service providers

JI NEWS SERVICE

JAMMU, FEBRUARY 21

Labour Commissioner, J&K Charandeep Singh Wednesday chaired a preparatory meeting regarding Shri Amarnathji Yatra-2024 with the Labour Department Officials here. Deputy Labour Com-

missioner Jammu, Deputy Labour Commissioner (Central), Deputy Director (Planning), Assistant of Ganderbal, Srinagar, Anantnag, Reasi, Doda, Kishwar, Ramban, Udhampur and Rajouri besides year other officials were pres-

Detailed deliberations were held regarding the Department to gear up for Action Plan-2024 for Registration of Service Providers viz Ponywalas, Palki- ers for smooth conduct of walas, Pithuwalas and the SANJY-2024. Dandiwalas who come

from both the Pahalgam and the Baltal Axis each

The Labour Commissioner asked the officers and officials of the Labour timely and hassle free registration of service provid-

from various districts of has a significant role in Jammu & Kashmir and the smooth conduct of facilitate the Yatries in the Yatra", Labour Com-

Cave of Shri Amarnathji added that Labour Department will be facilitating advance Registration of Service Providers both in their native districts and also at camps located in Ganderbal and Anantnag Districts besides ensuring timely and hassle free issuance of RFID Cards in their favour in coordination with the Shri Amarnathji "Labour Department Shrine Board (SASB) and tors and contract workers Anantnag and Pahalgam in concerned District Admin-



when the dates for com- ers were registered by mencement of the Registration Process are finalized, the same shall be communicated to the ser- las and 6893 Pithuwalas. vice providers through the print and electronic media purpose were established as well as social media.

better coordination with Baltal in District Ganderother line Departments bal and Matigawran, Sallar, with regard to contrac- Khayar, Aishmuqam, hired for different works District Anantnag besides for the Yatra-2024, the other district headquar-Labour Commissioner Labour Commissioner ters.

said that line Departments being the Principal Employers are required to share the list of all such contractors engaged by them with the Labour Department so that interest of contract workers are protected in terms of wages, hours of work and other basic amenities.

It was informed that

during SANJY-2023, the Labour Department including 15903 Ponywalas, 10023 Palki/Dandiwa-Registration Camps for the at Sonmarg, Kangan, Mani-While emphasising on gam, Gund, Gutlibagh and

Power shutdown JI NEWS SERVICE

JAMMU, FEBRUARY 21

Chief Engineer (Distribution) JPDCL Jammu has informed that the power supply to PHE Dansar, Railway Station Katra, Katra back, and adjoining areas will remain affected on February 22 and 23 from 11 am to 3 pm.

Similarly, the power supply to Shiv Khouri, Bharakh, Ransoo and adjoining areas will remain affected on February 25 from 9 am to 2 pm. Likewise, the power supply to Upper Barnai, Lower Muthi, Paloura, JK Colony, ChandanVihar, PHE Roop Mahar, MES Rajouri Lines, Patoli, BSF Paloura and adjoining areas will remain affected on February 24 from 9 am to 1 pm.

Similarly, the power supply to Keerian Local, Keerian Industry, CTM-1, CTM-2, Kathua-3 GMC and adjoining areas will remain affected on February 24 from 10 am to

DC Ramban, SSP traffic inspects road clearance work on NH-44

JI NEWS SERVICE RAMBAN, FEBRUARY 21

Deputy Commissioner, Ramban, Baseer-Ul-Haq Chaudhary, along with Senior Superintendent of Police, Traffic, National Highway, Rohit Baskotra, led an inspection and road clearance operation on NH-44 today amid incessant rain and snowfall.

Heavy rain and snowfall triggered heavy landslides blocking the 270-km long highway between Nashri to Banihal, the primary all-weather road connecting Kashmir with the rest of the country. The Deputy Commis-

sioner personally monitored the road clearance operations at various locations and directed executing agencies to maintain roads for safe and smooth journey of the commuters. The DC informed that stranded vehicles are being cleared on priority power supply for public other essential depart- vent traffic disruptions.

He further said that all

sioner said that public and medical help. safety remains a priority services like water, and PMGSY, Tehsildars, and clear landslides and pre- and other officers.



convenience.

been cleared for the traf- all necessary arrangefic and restoration work ments have been placed gently working to expeon priority-II link roads across the district with is under progress on war regard to health emer-community well-being, he footing for seamless congencies and special focus added. is on leading to expecting The Deputy Commis- mothers for their safety

for the administration. He the situation, the Deputy restoration of link roads sought people's coopera- Commissioner instructed for vehicular movement. Singh, SDM, Banihal, tion in the ongoing res-senior officers, includ- He asked them to deploy toration efforts aimed at ing SDMs, Executive sufficient manpower and Engineer PWD, Tehsildar restoration of essential Engineers, PWD and machinery to promptly Banihal, Imtiaz Ahmed,

ment officials, to ensure The Deputy Commis- regular essential services The administration is dili-

Emphasizing the urgency, the DC directed Executive Engineers of PWD Closely monitoring and PMGSY to prioritize

Additionally, commuters have been urged to priority-I link roads have sioner also informed that provision for the public. contact traffic control rooms before embarking on journey. In view of dite restoration, ensuring advisory regarding snow avalanche and intermittent shooting of stones, the public has been advised to stay indoors.

The Deputy Commissioner was accompanied by PD NHAI Parshotam Rizwan Asgar, Executive

Director Sericulture visits Kangan; promotes Silkworm Rearing, hand holding extended by deptt

JI NEWS SERVICE

istrations.

GANDERBAL, FEBRUARY 21

The Director Sericulture J&K, Ajaz Ahmad Bhat today undertook a comprehensive visit to the tribal areas of Kangan in District Ganderbal under Public Outreach Initiative Programme.

The primary objective of the visit was to raise awareness about the facilities and incentives provided by the department to silkworm rearers and individuals of tribal areas interested in adopting silkworm rearing as a means of earning a dignified livelihood.

Speaking on the occasion, the Director Sericulture said that Silkworm rearing being in-house practice does not require large space, thus, making it accessible and advantageous for both general and landless farmers. He informed the public about the plethora of facilities being provided by the department which also include financial assistance for the construction of rearing sheds in of the department. a phased manner to the Silkworm rearers.

The Director visited various mulberry farms informed that Mulberry part of the department's District Sericulture Officer and nurseries in the displants are indispensable strategic plan for the year Ganderbal, Officers from trict and inaugurated an for sustaining the growth 2023-24 under the Holistic Central Silk Board and extensive mulberry plan- of Sericulture Sector in Agriculture Development the field functionaries of tation drive by planting a J&K and keeping readily Plan (HADP). mulberry plant at Degree available mulberry foli-College Campus, Kangan age to Silkworm Rearers informed that the depart-



Principal Degree College, rearing. Kangan.

mulberry plantation drive

Emphasizing the Plantation across J&K, he organized across J&K as

in presence of Sadaf Nazir, for hassle free silkworm

Director Sericulture On the occasion the also inaugurated a 5-day Director informed that the Skill Development Traindepartment has a target of ing Programme at the planting 10,000 Mulberry Degree Collage, Kangan ing a spirit of entrepresaplings in Kangan, Gan- in District Ganderbal derbal as part of extensive under Capacity Building so that they shall become Activities for Silkworm self-sufficient and success-Rearers/Farmers. These ful in their future endeavskill Development Train- ors. importance of mulberry ing programmes are being

Moreover, he also Ganderbal.

ment is also organizing Exposure Visits of Silkworm Rearers/Farmers to Mulberry Farm Srinagar and Udhampur, besides the department facilitates such exposure visits outside U.T of J&K as well. In this backdrop, the department organizes special skill up-gradation programmes for college students in Tribal Areas for their skill up-gradation and awareness about various schemes of the Government.

On the occasion, as a token of encouragement the Director Sericulture felicitated silkworm rearers with tool kits.

Speaking on the occasion, Principal Degree College, Kangan highlighted the need of imparting skill up-gradation and awareness about various schemes of the Government. Moreover, she expressed her satisfaction that such programmes will go a long way in enthusneurship among students

Director Sericulture was accompanied by the the department of District

DC Kupwara takes stock of

JI NEWS SERVICE

KUPWARA, FEBRUARY 21

The Deputy Commission-

er (DC) Kupwara, Ayushi

Sudan today conducted

an extensive tour of vari-

ous areas of the district to

take stock of the situation

on ground after recent

During the visit, the DC

paid a visit to Health &

Wellness Centre (H&WC)

Rawathpora and inspect-

ed various sections includ-

ing OPD, IPD, X-Ray, Labo-

ratory and other rooms of

She also interacted

heavy snowfall.

the hospital.

snow clearance

Block Diwas

DC Kulgam chairs public darbar at Manzgam

KULGAM, FEBRUARY 21

Continuing its endeavour to reach out to people and to provide governance at their doorsteps, the Deputy Commissioner (DC) Kulgam, Athar Aamir Khan today visited far-off Manzgam area, where he presided over a grievances redressal camp under Block Diwas, a weekly public outreach programme. The programme witnessed overwhelming response of people from Avil, Aasnoor, Manzgam, Hallan and other villages who apprised the DC about their issue and grievances for early redressal.

areas demanded estab- tion of drainage for Hallan further action. lishment of a receiving road and various other mentation of LT network,



Manzgam, government redressed on the spot. accommodations for Gov-Delegation from these ernment offices, construc- demands were noted for

staff Augmentation at PHC of immediate nature were of their areas. He also

Other issues and

Addressing the occastation at Manzgam, Aug- developmental demands. sion, the DC urged people All the issues were list to actively participate in extension and proper restened to by the DC patient- Gram Sabhas to prioritoration of Ahrabal canal, ly, while some of the issues tize developmental works

of people in making the Kulgam district clean and beautiful.

The DC also instructed Agriculture and allied departments for organizing special awareness cum registration camps under HADP to aware and register beneficiaries under the Holistic Agriculture Development Programme.

Meanwhile, people of the area hailed the District Administration for timely snow clearance and restoration of the services.

Others who were present in the grievance camp included ADDC, Bashir Ahmad Wani; ADC Vigar Ahmed Giri; SDM, Noorabad, ACR, CMO, Tehsildar, BDO, Dy.SP and other officers.

GCW Udhampur hosts Webinar to Celebrate International Mother Language Day

JI NEWS SERVICE

UDHAMPUR, FEBRUARY 21

The Department of English, Government College for Women Udhampur today hosted a webinar, to mark observance of the International Mother Language Day. The event aimed to celebrate linguistic diversity and promote the preservation and appreciation of mother tongues nation-

In line with this year's theme, "Linguistic diversity and multilingualism count for sustainable development," the webinar featured Dr. Devika Sharma as resource person from Department of Languages, Shri Mata Vaishno Devi, Katra. She shared insights into the significance of preserving mother languages in the context of sustainable development on the

treated to engaging discussions on the cultural, intercultural understanding. Participants were and cherish their linguisadvocating for the recognition and protection of minority languages.

have facilitated meaningful conversations on Language Day," remarked Prof. Anjali Mahajan, Principal, GCW Udhaming our mother tongues, topic, "Mother Language: we honor our roots and English.

Dilemma and Delusion". contribute to a more The participants were vibrant and inclusive global community.'

The webinar attractsocial, and educational ed a diverse audience, importance of mother including students and languages, highlighting faculty members, undertheir role in fostering scoring the universal relinclusivity and promoting evance of language preservation and promotion. GCW Udhampur remains encouraged to embrace committed to fostering a culture of linguistic divertic heritage while also sity and inclusivity, and endeavors to continue organizing events that celebrate the rich tapestry "We are delighted to of languages and cultures around the world.

The organizing com-International Mother mittee included Dr. Shivani Suri Verma, HOD, Department of English as the Coordinator of the pur. She further added, event, Dr. Kamal Deep "Languages are not just Kaur, Organising Secremeans of communica- tary, Dr. Preeti Sharma, tion; they are repositories Co-organising Secretary, of history, identity, and Dr. Rabia, Dr. Faheem, knowledge. By celebrat- and Dr. Manmeet, faculty from the Department of

with the patients, attendants and enquired about the health facilities being provided at the Health Centre. The DC checked the attendance of the doctors and hospital staff, and directed them to work with dedication to ensure people do not face any inconvenience in getting proper medical care.

She also took stock of the snow clearance operation on main road Kralpora-Chowkibal and inner links. She asked the concerned departments to ensure 100% snow clearance on all the links so that the movement of the people is not hampered, especially in emergency situations

During the tour, Ayushi met several public delegations and heard their issues. She assured them of proper redressal of the genuine issues and directed the concerned officers to attend public grievances, on priority.

The DC issued, on spot directions to the concerned officers of KPDCL, Jal Shakti, R&B and PMGSY for restoration of essential services in the areas including Trehgam, Kralpora, Shumnag, Panzgam, Rawathpora and Chowkibal.

Besides, she also directed them for restoration of electricity and other essential services on priority basis in different areas of the district where these services are yet to be restored.

DC reviews patient care services in Govt Medical College and Hospital Doda

JI NEWS SERVICE

management of the Gov- evaluate the functioning comprehensive security ernment Medical College of the hospital, catering to arrangements by the disand Hospital Doda to the patients from across foster patient care and the District. provide best possible civic and other amenities to the mier health institution.

on the prescription of generic medicines, provision of adequate secupotential incidents like molestation.

Om Kumar, Tehsildar.

Deputy Commissioner tors, and representatives

were addressed on the Aushadhi Kendras, the DC people visiting the pre- spot meeting, including emphasized prescription During a visit to the tion of the Ayushman patients and to ensure hospital, the Deputy Golden health card, status Commissioner stressed updates on Jan Aushadhi and many others.

need for a 24-hour ambuand addressing concerns coordination with civil related to parking, and and police administration.

Chief Medical Officer Dr which were duly noted.

out beneficiaries under

Additionally, gynecol-The DC talked to Mediogists and pediatricians cal professionals, UG Doc- highlighted security concerns during their work-(DC) Doda Harvinder of the medical depart- ing hours, prompting Singh today asked the ment. The purpose was to the SSP Doda to assure

trict police.

While inspecting the Several critical issues Jan Aushadhi and Amrit effective implementa- of standard medicines to the availability of quality generic medicines.

The DC inspected vari-The DC emphasized the ous hospital wards and the drug store of the Assority arrangements in the lance service and urged ciated Hospital, ensuring hospital premises, pro- the concerned officers to firsthand appraisal of the vision of an ATM facility resolve internal issues in infrastructure and services provided.

Directives were issued Medical students raised to address all highlightconcerns about accom- ed concerns promptly, He was accompanied by modation, library facil- aiming to enhance the Senior Superintendent of ity, security checking, overall healthcare expe-Police Javaid Iqbal, Princi-payment of stipend and rience for patients and pal GMC Dr. Puja Vimesh, housing rent allowances, medical professionals

ADDC Shopian chairs Mega Block Diwas at Gagran, Shopian

JI NEWS SERVICE

SHOPIAN, FEBRUARY 21

The Additional District Development Commissioner (ADDC) Shopian, Dr. Nasir Ahmed Lone today chaired a mega Block Diwas at block Gagran Shopian under Public outreach initiative of the government, aimed to take stock of public grievances besides assessing development activities being executed in the district.

response from the people.

During the programme, ADDC had extensive interaction with the participants who apprised him of their issues relating their respective areas. schemes in their areas lighting the importance irrigation Khuls and seg- district not only in UT of block diwas.

The Block Diwas wit- of Block Diwas, Dr Nasir nessed an overwhelming said that these public outreach programmes act as a bridge between the administration and the people, paving the way for enhanced growth and development in the district. The issues raised by He also sought feedback the people of Reshnagri from them on implemen- and Shopian during the tation of government programme include, construction of drains and while enquiring about by-lanes, installation of ress at a fast speed and line departments, besides, the impact of these initias solar lights, playground at hoped that it will also people in large numbers

issues of public impor- try tance etc.

ADDC, while responding to the issues raised by all the issues will be taken into actionable plans. up with the concerned authorities for an early redressal

the major initiatives in

these areas under the Inte-

grated Child Development

Services programmes.

regation sheds and other J&K but in the entire coun-

ADDC affirmed that all public inputs from the block diwas would be the public, assured that recorded and integrated

Assistant Commissioner, Development, BDO Shopian, BDO Ram-He said that Shop- nagri, officers and officials ian district is witnessing of Rural Development development and prog- Department and other tives on their lives. High- Devpora, construction of become a top performing participated in the said

Principal Secretary Finance presides over public outreach camp at Moughla Rajouri

JI NEWS SERVICE

RAJOURI, FEBRUARY 21

Principal Secretary gun licenses, forest clear-Finance, Santosh Datta- ance issues, providing an treya Vaidya, today presid- ambulance for Mougla, ed over a public outreach sanctioning adequate camp at Moughla block in funds under TSP, Gujjar Rajouri district.

er Rajouri, Om Prakash creation of separate post Bhagat and other senior of Munsif Judge, construcofficers of different depart- tion of building for mobile ments were present on the school, J&K Bank Branch

significant turnout of the stalls established by maintained. residents from Moughla various departments, redressal of the same.

brought to the notice of ers, paucity of staff in schemes and initiatives. educational and health road from Solki to Khab- ticipatory governance dards of farmers. bar, expediting work on system. This enables the

PMAY-G, sanctioning GDC for Mougla, renewal of Hostel for Mougla, subdi-Deputy Commission- vision status to Mougla, The camp witnessed cipal Secretary inspected tion of public at large", he

Principal Secretary during the Principal Secretary alia included construc- objective of holding these pal Secretary directed the tion of roads from Badgai public outreach camps is concerned officers from ment department are exeto Sagoon, from GHSS to bridge the gap between the Jal Shakti department cuting several ambitious Mougla to Lano Kheter the public and the govern- to take effective measures projects which will double and from Kanchi Morh ment. These camps serve to address this issue on to Dreari, augmentation as a platform to engage priority. of power infrastructure, with the public directly,

Several issues were ment of common masses. action would be taken to Addressing the event, address them effectively.

installation of electric- listen to their concerns public to take advantage importance of scheduled ity poles, requirement and gather feedback of various government of additional transform- on various government schemes, like Ayushman "By establishing direct welfare. He emphasized ness of the projects. He upscaling of medical and kote, CPO, DMO, DSWO, institutions, dilapidated communication channels the importance of governcondition of roads, con- with the public, the gov- ment's holistic agriculture struction of bridge for ernment aims to create a development program in Paltha in Treru, repair of more inclusive and par-raising the living stan-

The Principal Secretary JJM schemes, sanction- government to under- highlighted the develop- highlighted the achieve- cation and Social Welfare Shakti Nowshera, Execuing of 33 KVA Receiv- stand the needs and aspi- ment projects and initia- ments of the government departments for early tive Engineer Jal Shakti ing Station for Terayth, rations of the people and tives undertaken by the in tripling the tap water childhood education and Mechanical and other dis-

have led to vast improvements in road connectiv-Regarding repair of old ity and lowering of travel NHPC and Power Developthe hydropower capacity by 2026, he added. He also urged upon the He also stressed on the maintenance and quality operations to ensure the Bharat meant for their durability and robustemphasized on user fees paramedical education CEO Education, CMO, and metering of electricity and water connections for medical professionals for REW, Executive Engineer ensuring quality operation the UT.

and maintenance.

at Gai Bas etc. The Prin- as per needs and aspira- and Kashmir with empha- lakh to over 14 lakh during sis on infrastructure, 2018 to 2023, which has health, housing and edu- alleviated drudgery of a ments registered under The Principal Secre- cation. He highlighted large number of houseand adjoining parts who highlighting their respectary assured the people that the strenuous efforts holds. He also stressed projected their issues and tive schemes and initia- that their concerns would of National Highways on the rapid upscaling ent departments in the concerns seeking speedy tives being implemented be given careful consid- Authority of India and of rural housing by Rural for welfare and devlop- eration, and appropriate Public Works department Development department man Bharat, PMGSY, JJM, under the Pradhan Mantri Awas Yojana.

the transformative devel-Mantri Jan Arogya Yojana (PMJAY) Sehat scheme, which has provided fully redressed. free and comprehensive health cover to the entire population of J&K. He DDC Member Mougla, also stressed on the rapid ADC Kalakote, ASP Kalawhich will provide more LDM, Executive Engineer

The Principal Secretary major initiatives of Edu- Executive Engineer Jal inclusion of eligible left make the policy decisions government in Jammu connections from about 5 nutrition. He highlighted trict and sectoral officers.

He said that the UT government is committed towards accelerated and inclusive development and acknowledged the need for fostering tolerance and unity among the diverse streams of the society. Earlier, the Deputy Commissioner highlighted the achieve-

various schemes being implemented by differdistrict including Ayush-PM KISAN, etc. He also highlighted the status of The Principal Secre- grievances raised by the the event, which inter said that the primary handpumps, the Princitimes in the region. The tary further spoke about public during the recent public outreach camps. opments in the health He informed that out of sector, such as the Ayush- total 485 issues highlightman Bharat Pradhan ed during the recent 07 public outreach camps, 248 grievances have been Among others present

in the outreach camp were PDD Rajouri, Executive He touched upon the Engineer PMGSY Rajouri,

DG Rural Sanitation conducts district-wise review of departmental activities

JI NEWS SERVICE

JAMMU, FEBRUARY 21

Director General Rural districts participated in cation under SGLR. the meeting. The meetobjectives in a stipulated time.

The DG emphasized trict. the pivotal role each dispromote sanitation and tation of the mission. hygiene at the grass-

different districts. The main thrust was laid on the implemen- cluded with a sense of tation of the Annual shared commitment, as Implementation Plan Ms. Malhotra expressed (AIP), inputs on draft on confidence in the collec-Operation and Mainte- tive efforts to elevate the nance (O&M) policy, IEC SBM-G to new heights in initiatives taken by the Jammu and Kashmir.

directorate from time to time and its replication at District level, the status of process of land for Sanitation, Jammu and developing Faecal Sludge Kashmir, Anoo Mal- Treatment Plants (FSTP), hotra, presided over a identification of Legacy comprehensive district- waste sites and initiawise review meeting on tives to develop them, Wednesday. Assistant functionality status of Commissioner Pan- Segregation sheds and chayats (ACPs) of all the PWMUs, and self-certifi-

Malhotra stressed for ing focused on under-strategic roadmap for the lining the collabora- upcoming phases of the tive approach towards SBM-G, emphasizing the achieving the mission's need for creative solutions to address unique challenges in each dis-

During the interactive trict plays in the Swachh session, ACPs shared Bharat Mission- Gra- their experiences, promeen, urging ACPs to viding insights into the intensify their efforts to ground-level implemen-Director General

roots level. The Director encouraged ACPs to General meticulously foster community analyzed the progress involvement and ownof ongoing initiatives, ership of the mission, highlighting successful highlighting the role of practices and address- awareness campaigns ing challenges faced by and education in sustaining behavioral change.

The meeting con-

NEWS

Langeh discusses Basti Sampark Abhiyan, Shri Guru Ravi Dass Jayanti celebrations



JAMMU, FEB 21

Neelam Langeh, President directed the party workof BJP SC Morcha, Jammu ers to celebrate Shri Guru and Kashmir, and former Ravi Dass Jayanti with MLA, held a meeting at great enthusiasm and the Party Headquarters in fervor in every district of Jammu to discuss the Basti the Union Territory. He Sampark Abhiyan and the stressed the importance upcoming celebrations of of promoting unity, equal-Shri Guru Ravi Dass Jay-

During the meeting, need to intensify the Basti Lok Sabha elections. He nicate the initiatives and retary.

achievements of the BJP government.

Furthermore, Langeh

ity, and social harmony during these celebrations.

The meeting was Langeh emphasized the attended by prominent party members includ-Sampark Abhiyan in preping Balbir Ram Rattan, aration for the upcoming former Vice Chairman, Seema Devi, Morcha Vice urged the party workers President, Adarsh Jethiar, to reach out to the margin- General Secretary, Rakesh alized sections of society Dev, Morcha Secretary, and effectively commu- and Hans Raj Loria, Sec-

Delegation of Ex-Servicemen from Kishtwar calls on Lt Governor

JI NEWS SERVICE JAMMU, FEBRUARY 21

A delegation of Ex-Servicemen from Kishtwar called on Lieutenant Governor Shri Manoj Sinha at Raj Bhawan. The members of the delegation put forth various issues pertaining to the welfare of ex-Servicemen including establishment of Zila Sainik Welfare Office and dedicated Ex-Servicemen Contributory Health Scheme for

FROM THE FRONT PAGE...

Punjab was also studied. Thereafter the Health and

Medical Education Department took a decision to frame

SoPs in consultation with Registrar, J&K, Paramedical

Council. In consultation with GAD and J&K BOPEE,

H&ME Department submitted the instant proposal for

gratitude to Government of India, Union Sports Min-

istry, Sports Authority of India for their support and

cooperation. Under PMDP, national and international

level sports infrastructure has been developed in J&K,

and encouraged the participating athletes to give their

Nisith Pramanik, Union Minister of State for Youth

Affairs & Sports and Home Affairs lauded the Lt Gover-

nor led UT Administration for developing sports infra-

structure at grassroot level and setting a milestone for

Chairperson, J&K KVIB; Maj Gen J. Fernandes, HAWS;

Dr Mandeep Kumar Bhandari, Principal Secretary to

Lt Governor; Vidhi Kumar Birdi, IGP Kashmir; Yasha

Mudgal, Commissioner Secretary, Tourism; Sarmad

Hafeez, Secretary Youth Services & Sports; Minga

Sherpa, Deputy Commissioner, Baramulla, senior

officials, representatives of Sports Authority of India

and various sports organizations, prominent sports

personalities and sports enthusiasts in large numbers

Atal Dulloo, Chief Secretary; Dr Hina Shafi Bhat, Vice

Anurag Singh Thakur, Union Minister for Information

AC approves filling up...

the approval of Administrative Council.

LG Sinha inaugurates...

he added.

best in the tournament.

other states as well.

were present.

Lagan Society for Art and Culture greets Padamshri Dr. S. P. Varma



JI NEWS SERVICE

Lagan Society for Art and Culture greeted Padamshri Dr. S. P. Varma for achieving "Lifetime wish him more and more Achievement Award" by J&K Govt. (UT).

Government honored him to render his social LSAC), Adv. Sandeep services in the field of Gupta (Patron, LSAC), Ms. Peace and Harmony. He Sonia Dogra (Treasurer, also organized and coordinated various National Singh were present.

Integration Camps, Aman Melas, Peace Marches, All - Faith Prayers, Seminars, Conferences, Workshops, Relief Camps, Gandhian Quiz Competition. We

On the occasion, Sh. Rajesh Verma (President, LSAC) and Dr. Jug Mohan

success in his future.

20-member delegation of Padari Tribe calls on Lt Governor

JI NEWS SERVICE

JAMMU, FEBRUARY 21

Lieutenant Governor Shri Manoj Sinha met the delegation of Padari Tribe at Raj Bhawan, today.

The delegation led by Sh Sunil Sharma, former Minister expressed gratitude to the Hon'ble Prime Minister Shri Narendra Modi, Hon'ble Home Minister Shri Amit Shah and Lt Governor led UT Administration for Scheduled Tribe status to Padari tribe. The members of the delegation said, the historic decision has paved the way for the socio-economic empowerment of the community and it will create an enabling environment for the Padari Tribe to contribute to the development of J&K and the country. The Lt Governor said, Hon'ble Prime Minister Shri Narendra Modi Ji is committed to inclusive development of every section of society with the mantra of Sabka Sath, Sabka Vikas.

"Our effort is to create an inclusive and equitable society, empower the marginalised and ensure they enjoy the benefits of national development," the Lt

PM Modi ushered an era of developments, prosperity in J&K; stone pelting, infiltration nowhere today: Khatana

JI NEWS SERVICE

JAMMU, FEB 21

In the last about 10 years, Prime Minister Narendra Modi has ushered an era of developments and prosperity in J&K.

This was stated by senior BJP leader and Member of Parliament (Rajya Sabha), Ghulam Ali Khatana in a press release issued to the media on Wednesday in Jammu.

The MP also said that Ayushman Health Card has ensured free of cost treatment to lakhs of poor while Ujwala Yojana has turned the kitchens of poor smokeless.

He further said that during previous regimes there was an era of strike calendars, stone pelting, firing and uncertainty.

"The political leadership of PM Modi has ensured drastic reduction in incidents of cross border firing, infiltration

pletely finished," Khatana continued.

He further said that J&K now has better roads while tunnels have been made on Jammu-Poonch highway at Nowshera and Chowki Chora to make the hectic travel easy.

The senior BJP leader expressed confidence that in upcoming Lok Sabha elections BJP will easily win all the five seats from J&K and the one from Ladakh region with thumping majority as no one will prefer violence, strike calendars and terrorism over development and progress.

Khatana also said that BJP leaders are daily listening to the problems and issues of public at BJP headquarter in Triviolence, cross border kuta Nagar and redresses

He asked the people of J&K and Ladakh to vote for BJP candidates in upcoming Lok Sabha elections to enjoy the fruits of and terrorism while stone good governance for the pelting has been com- next more five years.

Tournament At GDC Nowshera

Inauguration of Intra-College Sports



JI NEWS SERVICE

NOWSHERA, FEB 21

Cell (IQAC) in collaboration with Department of Physical Education and Sports, Government Degree College gurated by Dr. K.K. Sharma, present.

Principal of the College.

In his address Dr K K Sharma wished students Internal Quality Assurance for their successful career and motivated students for their actively participation in all kinds of sports event in order to remain physical-Nowshera is organizing an ly fit and mentally healthy. intra college sports event Furthermore, he stressed in the category of Cricket, on the cultivation of disci-Table tennis, Volleyball and pline in student life. All the Badminton at GDC Now- esteemed faculty members shera. The event was inau- of the college were also

GDC Vijaypur hosts 2 Day **Sports Meet Competition**



JI NEWS SERVICE SAMBA, FEBRUARY 21

A two day Intra College Sports Meet competition began today here in Gov-Mukt Bharat Abhiyaan" and "Voting Awareness Campaign". The activity participated. was organised under the supervision and guidance organised by Dr. Anoop of the College Principal Kumar Bhagat (Convenor, Prof. (Dr.) Vandana Gupta Nasha Mukhti Abhiyan), and delivered the wel- Dr. Manoj Heer (Conve-

come note. ticipants, she appreciated and co-ordinated by Prof. and encouraged students Anita Jamwal, Prof. Mamta for active participation in Gupta, Prof. Ritu Bhagat, the various sports events Prof. Poonam Kundan, Dr. being organised by the Naseem Chowdhary (NSS sports committee of the PO), Prof. Rakesh Kumar,

college. awareness regarding Singh.

voting rights among the students and the staff of the college.

The Intra college sports competition started with a chess competition in ernment Degree College which four teams of men (GDC) Vijaypur under and two teams of women the banner of "Nasha took part. Volleyball competition was also organised in which three teams

The sports meet was nor, Sports Committee), Addressing the par- Dr. Jan Mohd. Wani (PTI) Prof. Mazid Malik, Dr. Pri-The Principal of the yanka Ganjoo (Member, College also declared the Nasha Mukhti Abhiyan), sports meet competition Dr. Tisha Singh, Dr. Attied open, organised to create Khawar and Gagandeep

M. K Ajatshatru condemns attack on media freedom

JI NEWS SERVICE

M.K Ajatshatru Singh, a senior BJP leader and former minister, expressed profound concern over the recent incident of attack on media freedom in West Bengal.

in West Bengal

The incident occurred on Monday evening when a TV journalist reporting on the Sandeshkhali horrors was taken away by the West Bengal Police.

In a statement released here today, M.K Ajatshatru Singh firmly denounced the prevention of journalists from reporting on the atrocities committed led by a woman Chief Minphenomenon in West Bengal.

"The stifling of freedom of expression in West Bengal is deeply regrettable and constitutes a threat to democracy, he said remarked that the Trinamool Congress (TMC) government is disregardare being protected democracy.

while the media is being silenced under the leadership of a woman Chief Minister.

M.K Ajatshatru Singh called upon the West Bengal government to against women in a state uphold the values of freedom of expression and ister. He emphasized that allow journalists to carry coercive action against out their duties without journalists is not a new fear or intimidation. He emphasized the importance of transparency in addressing the safety concerns faced by women under the current administration

He emphasized that the significance of protecting democratic principles and ensuring that the voices ing constitutional norms of journalists are not supand concealing the truth. pressed. He urged the He further added that it authorities in West Bengal is deeply alarming that to take immediate action those responsible for the to restore media freedom atrocities against women and uphold the values of

GDC Marh organises counseling session on career in Management, allied fields

JI NEWS SERVICE

JAMMU, FEBRUARY 21

Career Counselling Cell, Government Degree College Marh, in collaboration with Triumphant Institute of Management Education Ltd on Wednesseling session on career the guidance of Principal Prof. (Dr.) Rakesh Kumar informed decisions about coaching support.

their academic and professional futures", he hoped The resource person of the event was Aryan Gupta, Centre head, Triumphant Institute of Management Education Ltd Jammu. He deliberated in detail about the attractive job avenues day organized a coun- that management courses offer. He demystified many options in Management myths surrounding MBA and allied fields. The pro- courses. He elaborated gram was conducted under on how to prepare for entrance tests for MBA Programs. Later, an interactive Koul. He appreciated that session ensued where stuthe session would provide dents cleared their doubts. comprehensive insights In the end, a scholarship into the dynamic land- test was conducted to offer scape of MBA programs waivers to students who in India. "This guidance score well in tests helping will help students to make them to have professional

DLC approves 7 cases for Change of Land Use at Ganderbal

JI NEWS SERVICE GANDERBAL, FEBRUARY 21

The meeting chaired

Ganderbal.

cases have been deferred seamless execution.

for further scrutiny in the subsequent meeting.

Underlining the sig-In a proactive move nificance of timely resotowards fostering planned lutions, the DC urged development and optimiz- departments to furnish ing land utilization in the quality comments and district, a pivotal District necessary NOCs for the Level Committee (DLC) remaining cases within meeting was convened the specified timeframe today at the VC Room of to enable the prompt Mini Secretariat Complex, approval of the outstanding cases.

During the meeting, by Deputy Commissioner the DC also took stock (DC) Ganderbal Shyam- of the status of buildbir discussed 13 cases for ing permissions in rural Change of Land Use (CLU). areas. He directed the After in-depth delibera- concerned Block Develtions on comments from opment Officers to expevarious departments dite the processing of all regarding CLU cases pending applications in and following a compre- accordance with estabhensive review of NOCs lished rules and guideshared by concerned lines. Stressing the need departments, the com- for effective inter-departmittee approved 7 cases mental coordination, the for Change of Land Use, DC instructed officers to rejected 2 cases, while 4 adhere to deadlines for

High level Canadian...

in technology development and support them. Dr Jitendra Singh said, India is keen to develop

research collaborations with Canadian R&D institutions and technology collaboration with Canadian industries especially focusing on the following areas such as Sustainable Energy Technologies (generation, conversion, storage and conservation), Environment and Clean Technologies, Bioeconomy, Bio-based materials for different applications, Food & Agri Technologies, Affordable Healthcare (including Pharmaceuticals and Biomedical Instrumentation), Technologies for Advanced Manufacturing, Integration of AI and Machine Learning in all domains.

The Minister of Science and Technology categorically mentioned 'Global Biofuels Alliance' (GBA), an initiative by India as the G20 Chair last year, bringing together the biggest consumers and producers of biofuels to drive development and deployment of biofuels. The initiative aims to position biofuels as a key to energy transition and contribute to jobs and economic growth.

Dr Jitendra Singh said, National Hydrogen Mission (NHM) has been launched by the Prime Minister Narendra Modi while commemorating India's 75 years of Independence with an aim to cut down carbon emissions and increase the use of renewable sources of energy. It is a futuristic vision that can help India not with immediate effect, relieving Mr. Prasanna Ramasonly cut down its carbon emissions but also diversify wamy G, IAS, Administrative Secretary, Revenue its energy basket and reduce external reliance, the Department of the additional charge of the post. Minister added.

Referring to the success of VAIBHAV fellowship programme, the Minister also mentioned PM Modi's invitation to India's diaspora to do research in India's premier institutions and contribute to its progress

Mr. Scott Moe said that Canada and India relations have made great strides in recent years and have become truly multidimensional, spurred by a significant convergence of interests, mutual goodwill and exchanges.

He said, Science and Technology cooperation is one of the strategic pillars of the bilateral relationship between the two countries. Academia, Research Institutions and Industries of both countries have strong bonding and are playing the role of catalyst in our strategic research and development partnerships.

Mr. Scott Moe said that the relationship has grown & Broadcasting and Youth Affairs & Sports, through a between India and Saskatchewan, especially after openvideo message, extended his best wishes for the suc- ing their office in Delhi and strengthens their resolve to cessful conduct of the Khelo India Winter Games event work with India and achieve collective growth.

Dr. Abhay Karandikar, Secretary, Department of Science and Technology and senior officers were present in the meeting who briefed the high-level delegation on India's progress in various emerging technology

AC approves 50% hike...

hike in honorarium at 50% in favour of these Rehbar e-Khel teachers

The enhancement of honorarium in favour of ReKs will encourage them for further promotion and popularization of sports activities in the schools of UT of J&K.

Jmu-Sgr National...

for one-way traffic this afternoon, paving the way for clearance of the stranded vehicles between Nashi and Banihal, they said.

The officials said the clearance operation was going on and the road is likely to be made trafficable for both ways by tonight.

Fresh traffic from both sides will be allowed on Thursday morning after a fresh review of the road condition, they said.

Weather improves...

Ramban stations have also recorded nearly normal precipitation of 128.0 mm and 276.6 mm respectively. Meanwhile, the Srinagar-Jammu National Highway and other major roads continued to remain closed for vehicular movement for the straight day.

Officials said that the work on clearing the debris from Srinagar-Jammu highway is going on and the road will be thrown open for the traffic soon.

However, the flight operations resumed normally today. Earlier, 23 flights were cancelled due to bad weather conditions on Tuesday.

Moreover, five trains were cancelled in the morning today following which the services were resumed normally, officials said–(KNO)

Tej Krishan Bhat posted...

Records (ex-officio Settlement Commissioner), J&K,

Public Outreach Programme: DC Srinagar holds Public Grievance Redressal Camp at Koolipora, Khanyar in Shahr-e-Khaas

SRINAGAR, FEBRUARY 21

Continuing its endeavours to listen to the grievances of people at their door steps and to ensure on spot resolution of their developmental issues, the Deputy Commissioner (DC) Srinagar, Dr. Bilal Mohi-Ud-Din Bhat Wednesday held a Public Grievance Redressal Camp at Koolipora area of Shahar e Khaas in Khanyar Tehsil of the District as part of Public Outreach

Programme. The Programme wit- tation of drinking water ance Redressal Camp. nessed large participation supplies, strengthening of people from Koolipora, of drainage and sewerage people of Tehsil Khanyar Nowpora, Alamdar Colony, network, repairs of lanes that all genuine demands other Government Offices. areas. Imambara, Nowhatta, and drains, widening and and issues projected by Rangar Stop, Rainawari, macadamization of roads, them will be looked into SaidaKadal, Khojyarbal, development of Brari on priority for their speedy Brari Nambal, Babademb, Nambal, making water redressal. He also gave to take appraisal of local Khawaja Bazar, Astanpora Brein, Abi Karpora and functional, upgradation the concerned officers to public. He said the deci- Zahoor Ahmad Mir; Genother adjoining areas of of Power infrastructure, redress the public issues the Khanyar Tehsil of Srinagar District.

During the Grievance issues. Redressal Camp, Public delegations, local Masjid hearing to the grievanc-Intizamiya Committees es and demands of the ing, the DC said the District and number of individuals public, the DC sought on Administration has initithe DC including augmen- present during the Griev- including Shahr-e-Khaas to address them in a time of the District.

interiors of Dal and other

After giving patient bound manner.

The DC also assured the fountains and street lights on the spot directions to cleanliness measures in of immediate nature taken up during Grievance Redressal Camp in a time

Addressing the gather-

to reach to the doorstep of the people instead of them visiting the DC office or

Dr Bilal said the purpose of holding such grievance redressal camps is issues from the general with regard to public addressed with proper

bound manner.

The DC said that people can also visit the DC Office also with genuine developmental issues for which the Office remains open for the public. He also asked the officers to show their presence in the public by conducting field visits of their respective areas to address public issues.

Responding to the issue related to augmentation of water raised by the people, the DC assured them that several new schemes including Amrut 2.0 are being implemented to further augment the drinking water supply in urban

Among others, Public Grievance Redressal Camp was attended by Additional District Development Commissioner, Srinagar, sions taken during Public eral Manager DIC, Joint Grievance Redressal Camp Commissioner SMC, Assistant Commissioner Revissues and demands are enue, Tehsildar Khanyar, District Social Welfare Offifollow up to ensure all cer, Executive Engineers of demands are fulfilled for PHE, R&B, UEED, PDD and the public good. He added Srinagar Smart City, Lead projected various devel- the spot response from the ated a process of holding that proper follow up of Bank Manager and other opmental issues before concerned District Officers such camps in City areas public grievances is key Zonal and Sectoral Officers

DC takes stock of patient care services at CHC Ramgarh ahead of External assessment

JI NEWS SERVICE

SAMBA, FEBRUARY 21

Deputy Commissioner Samba Abhishek Sharma visited CHC Ramgarh in connection with the upcoming External assessment of the hospital to be conducted by State Assessment Committee comprising of National External assessor and Internal assessor.

The evaluation by the committee is scheduled for tomorrow (22-2-24) under Kayakalp programme, an important component of Swachh Bharat mission.

Abhishek Sharma assessed all components of the checklist of 8 thematic areas under Kayakalp and instructed the EO Municipality, AEE and the assessment. The DC Samba also provided various valuable inputs panied by ADDC Samba and other officials.



and innovative ideas to Mr Rajinder Singh, CMO kayakalp programme.

other concerned depart- improve the score and Samba Dr Vidhi Bhatial ments to meet the gaps achieve Maximum points (National assessor, Qualif any identified during as per the guidelines of ity), BMO Ramgarh Dr lakhwinder singh, EO DC Samba was accom- Municipality, AEE PWD

Empowering Pahari Speaking Community: Sheetal Nanda releases calendar, brochure on culture, heritage of PSP

JI NEWS SERVICE JAMMU, FEBRUARY 21

Commissioner Secretary, Social Welfare, Sheetal Nanda, today unveiled a series of initiatives aimed at empowering the Pahari Speaking community within Jammu and Kash-

Sheetal Nanda unveiled ment, Anil Kumar Dogra; towards building a more a meticulously crafted cal-Geo-locational map highlighting all Pahari hostels across the UT. This innohostel facilities, catering in promoting unity, diverthe region.

Social Welfare Depart- istration's commitment Speaking people.

endar and brochure dedi- Board for Development of our society. 'The unveilcated to showcasing the Pahari Speaking People, ing of the calendar, brocers and officials.

tion and accessibility of tance of such initiatives sioner Secretary.

Secretary J&K Advisory equitable and harmonirich heritage and vibrant Sapna Kotwal, Additional chure, and Geo-locational culture of Pahari Speaking Secretary SWD, Kamlesh map represents a signifipeople. She also released a were also present on the cant step forward in the occasion among other offi- ongoing journey towards empowerment and inclu-Speaking on the occa-sivity for the Pahari Speakvative map provides valusion, Sheetal Nanda ing community in the UT", able insight into distribu- emphasized the impor- maintained the Commis-

While addressing at to the needs of Pahari stu-sity, and inclusive devel-the event Sapna Kotwal dents and residents across opment within J&K UT. expressed her gratitude to She said recognition and the Commissioner Secre-Secretary in Social Wel- celebration of unique cul- tary for her guidance and fare Department, Rachna tural identities within the support in welfare and Sharma; Director Finance region, reaffirms admin- development of Pahari

DSEK conducts extensive tour of far-flung areas of Pulwama & Shopian

JI NEWS SERVICE PULWAMA, FEBRUARY 21

In order to take firsthand appraisal of the preparations for opening of schools and the upcoming examinations, the Director School Education Kashmir (DSEK), Dr Tassaduq Hussain Mir Wednesday conducted extensive tour of several far-flung areas of Pulwama and Shopian Districts.

During the tour, DSEK interacted with teachers of many institutions and instructed them to work for the betterment of their respective institutions. He also advised the field staff to review all the preparations for upcoming examinations and ensure all the requisite arrangements are in place.

"The schools are reopening after winter break and staff need to give the opening of the schools a festive celebration" he said.

The Director visited many institutions during the tour including SP HSS Srinagar, HS Khadermoh Pulwama, MS PM Shri Kakapora, HSS Kakapora, HSS Pinglina, HSS Hawal and HSS Narpora Shopian, and interacted with the staff while taking stock of preparations for opening of schools and upcom-

ing examinations He expressed his satisfaction over the dedication of the staff of these schools and advised them to identify hot spots within their institutions and address them including cleanliness, retrofitting etc.

GDC Ramgarh refutes News item regarding election of **College Union**

JI NEWS SERVICE SAMBA, FEBRUARY 21

Government Degree College Ramgarh today refuted the news published in a section of press regarding the election of College

It is for the information of the students and all stakeholders of the college that no election was held in the college under the Supervision of College authorities. The College administration strongly condemned the publication of wrong information which can adversely affect the smooth functioning of the college.

DC Rajouri interacts with workers at Moughla Coal Mine JI NEWS SERVICE

RAJOURI, FEBRUARY 21

Deputy Commissioner Om Prakash Bhagat today undertook a comprehensive visit to the coal mine situated in the Moughla block of Rajouri district. The visit aimed to assess the operational efficiency, workforce engagement, the coal mine. During the that the Mougla coal mine while fostering economic boasts a commendable growth in the region. daily production capacity

employees. ing adherence to safety tivity and workplace safety protocols and environ- measures.

mental regulations. This



One of the noteworthy of 30 tonnes of coal. This aspects of the visit was the scored the unwavering impressive figure stands as interactive session con-support of the administion and hard work of the missioner Bhagat with workforce, comprising a the workers. This engag- being. robust team of 225 skilled ing dialogue provided an Deputy Commission- the workers to voice their Prakash Bhagat reaffirmed mining sector. er Om Prakash Bhagat, concerns, share insights, the commitment of the mining operations, ensur- further enhancing produc- a conducive environment Bajrang and Tehsildar Kal-

Expressing his appre-



Deputy Commissioner Om visit, it was highlighted sible mining practices Prakash Bhagat emphasized the significance of their contribution to the local economy and undertheir welfare and well-

> the mining sector, with a keen focus on promoting

and inspection of overall visit underscored the com- ciation for the relentless equitable development, efforts of the workforce, environmental sustainability, and social responsibility.

The visit of Deputy Commissioner to the Mougla coal mine exemplifies the proactive approach of the adminisa testament to the dedica- ducted by Deputy Com- tration towards ensuring tration towards facilitating the development and fostering harmonious rela-Furthermore, Deputy tions with all stakeholders invaluable opportunity for Commissioner Om & workers involved in the

Among others, District meticulously observed the and offer suggestions for administration to fostering Mineral Officer, Naseeb for sustainable growth in akote Shiv Kumar accompanied the Deputy during

Stage set for Kishtwar Idol 2.0: A Platform to promote Local Talent

JI NEWS SERVICE

KISHTWAR, FEBRUARY 21

To celebrate talent and musical prowess local budding artists, the District Administration Kishtwar is going to start the Ground Auditions for the 2nd Session of Kishtwar Idol from tomorrow.

The ground auditions are scheduled to commence on 22nd February 2024 at various locations across the district, providing a platform to local musical brilliance.

The Inaugural Ceremoof ground auditions.

occasion, the Inaugural Ceremony will also witto provide comprehensive tors to the district. information to the tourists



while, Deputy Commisny is set to take place at sioner Dr. Devansh Yadav, Picture Time Theatre, TRC alongside CEO Kishtwar Kishtwar, marking the Development Authority beginning of the first leg Dr. Rishi Kumar Sharma, inspected the prepara-Adding grandeur to the tions for the event at the venue here today.

During the inspection, ness the unveiling of the the Deputy Commissioner official website of Kisht- ensured the accessibility war Development Authoria and richness of content on ty and the Kishtwar Calen- the website, making it an dar. These initiatives aim informative hub for visi-

Reflecting on the sucinterested in exploring the cess of Kishtwar Idol Sesbeauty of District Kisht- sion 1, he said the expec- Kishtwar invited all talentwar, besides highlight- tations for the second ed individuals to attend ing tourism milestones, session are also high. He the nearest audition venue

effective ground audition to nurture budding artists. The CEO KDA and the

incharge of Cultural Cell and District Information Centre Kishtwar officials assured timely arrangements for the ground audi-

Aspiring singers can get information about the date and venue for ground auditions on the social media handles of District Administration Kishtwar and District Information & Public Relation (DI&PR).

In his message, DC treks, and unique features emphasized the need for as per their convenience.

ADC Bhadarwah convenes introductory meeting

JI NEWS SERVICE

BHADARWAH, FEBRUARY 21

Additional Deputy Commissioner (ADC) Bhaderwah Sunil Kumar convened an introductory meeting with officers at Dak Bungalow Bhaderwah.

Executive Engineer PWD R&B/Irrigation & FC Division, Division Forest officer, Child Development Project Officer, Block Development officer Bhalla, Horticulture Development officer, Manager-Cum-Chemist, **Executive officer Municipal** Committee, Tehsil Social welfare and Agricultural Extension officer Kotli, Sartingal, Bhalra, Principals of various govt institutions besides other officers

attended the meeting. ADC reviewed the progress of ongoing developmental works/activities and impressed upon the officer to closely monitor the developmental activities of their respective departments. He also stressed on the time bound completion of works to provide early benefit to the people.

He asked the officers to work in coordinated

DC Ganderbal reviews modalities for delimitation of Municipal Wards



JI NEWS SERVICE GANDERBAL, FEBRUARY 21

sioner (DC) Ganderbal, 97 dated 14-02-2024.

Shyambir today chaired a meeting at V.C Room, here focusing on the potential delimitation of municipal areas of Municipal Council Ganderbal.

municipal council Gantions for inclusion in the level for approval. municipality and other criteria that might influ- attended by Additional ence the creation of new District Development wards and the inclusion of Commissioner, Mushtaq new areas under municipal limits were held.

ent, Ganderbal munici- officials concerned.

pal council comprises 17 wards, and criteria for inclusion of new areas The Deputy Commis- were clarified as per SO

The DC directed the constitution of third-party verification to authenticate the actual population in the town by conducting door to door verification At the outset, a com- of the population census prehensive discussion in the Municipal Council about various challeng- Ganderbal. Proposals for es, including the survey new areas to be included of the population of the in the town and inviting town, proposals for new suggestions for the creareas to be included in ation/ inclusion of new areas shall be proposed derbal and invitation of so that the same could be suggestions and objec- taken at an appropriate

The meeting was Ahmad Simnani; Assistant Commissioner Revenue, The EO Municipal EO Municipal Council Council Ganderbal Ganderbal, Tehsildar informed that at pres- Ganderbal and other ward

Int'l Mother Tongue Day Dogri poetry recitation organized at GDC Marh

JI NEWS SERVICE JAMMU, FEBRUARY 21

To commemorate International Mother Tongue Day, a Dogri poetry recitation was today organised by the department of Dogri, Government Degree College Marh to educate the students about the importance of mother tongue and its cultural richness. The theme of the event was 'Multilingual Education is a pillar of Intergenerational learning.'

The Principal of the College Prof. Dr. Rakesh Kumar Koul was the chief guest. He congratulated all the concerned faculty members for observing the day of international importance and said languages are essential tools to communicate and share knowledge, memories, history and key to full and equal participation. The Students of Dogri department of all semesters presented thought provoking poems about Dogra and Jammu culture. Dr. Sheetal Devi HOD Dogri co-ordinated all the proceedings. Dogri cuisine Kyur was prepared by the student as refreshment. In the end, vote of thanks was presented by Dr. Ashu Jolly HOD Education.

EDITORIAL

Ladakhis pin high hopes!

fter an almost four-year-long strug-gle of Ladakhi people, the Govern-ment of India has finally agreed to discuss three key demands concerning Ladakh, such as Statehood for Ladakh, the inclusion of the union territory (UT) in the Sixth Schedule of the Constitution and the setting up of an exclusive public service commission for the high-altitude region. This breakthrough has prompted members of the Leh Apex Body and the Kargil Democratic Alliance to put off their plan to go on a hunger strike. A sub-committee has been formed to discuss the demands. The next meeting of the sub-committee is scheduled to take place on February 24. One of the major demands, two parliamentary seats have been dropped for the time being as the fresh Delimitation of parliamentary segments is scheduled to take place in 2026 and Ladakh groups including Leh Apex Body and Kargil Democratic Alliance don't want to get into technicalities. In the past few months, the urgency on the part of agitating groups in Ladakh has been witnessed and they are not ready to wait anymore for resolution of their demands. These groups observe that the Election Commission of India (ECI) may announce the dates for upcoming General Elections in the next few weeks and the imposition of Model Code of Conduct (MCC) would lead to further delay in the resolution of all genuine issues confronting the people of Ladakh. The arid region had become a Union Territory after the decades-long struggle of Ladakhi people when Article 370 was abrogated and the erstwhile state of Jammu and Kashmir was bifurcated on August 5, 2019. While the UT of J&K has a Legislative Assembly, Ladakh has none. Earlier, there were four representatives from Ladakh in the erstwhile J&K Assembly. There is also a demand that Ladakh should have two Lok Sabha constituencies (currently, it has one). In September 2019, the National Commission for Scheduled Tribes had noted that Ladakh, comprising Kargil and Leh districts, was predominantly a tribal region. The Commission had recommended that the UT should be brought under the Sixth Schedule so as to facilitate democratic devolution of powers and preservation of the distinct culture of the region, besides the protection of agrarian rights. At present, this Schedule pertains to tribal areas in Assam, Meghalaya, Tripura and Mizoram. The recent protests in support of the demands have undermined the Centre's assertion that it is according highest priority and attention to Ladakh after decades of neglect by previous governments. It is imperative that the Union Government address the concerns of the Ladakhi people, who also want adequate job opportunities. Considering the strategic importance of the region, fulfilling the aspirations of local residents is a must. It is hoped that the ongoing talks will pave the way for Ladakh's statehood and inclusion in the Sixth Schedule. While the government of India is looking for some flexibility on the part of Ladakh groups, the agitating people want that the Centre should come forward and ensure a hand holding of a backward region. The Centre should also ensure that the dialogue process will not stretch anymore and all issues concerning Ladakh will be addressed while taking all stakeholders on board. Both sides must understand the importance of dialogue which is the only way forward to find an amicable solution to all problems.

Another suicide. It's a wakeup call

BHAVANA C J

n February 13, discovered in his dorm "bright future" are as room. This was the important as personal fulfourth student suicide of filment when it comes to the year in Kota. Shubh Choudhary, a Jharkhand resident preparing for JEE-Mains, was shocked form well is most intense by his lower-than-anticipated score when the results were announced.

this year, with 11,70,036 individuals actually taking the test. The question arises: Is it parental pressure or societal obligation to enrol in these engineers every year?

in life, and children are to perform well in school from an early age. In addition to parental pressure, deeply ingrained cultural is ingrained with intense of taking their own lives. pressure and competi-

into esteemed colleges.

the body of an maintaining family IIT aspirant was honour and ensuring a the pressure to perform well academically.

over competitive tests such as the Joint Entrance Examination (JEE) for He went back to his dorm engineering programmes room, only to be found at the IITs or the National hanging from a ceiling Eligibility and Entrance Test (NEET) for medical A total of 12,31,874 can-programmes as these are didates were enrolled for viewed as the only doors both components of the to well-paying jobs. Par-JEE Mains examination ents frequently have lofty expectations from their children because they want to see them achieve "success". Pressure to perform

well in school can take competitive exams, or many different forms, do 12 lakh Indian students such as enrolling children apparently overwhelmactually aspire to become in a lot of extracurricular activities to give them a In India, the pursuit well-rounded profile, or of academic excellence even starting tutoring or one might conclude that is closely tied to success coaching programmes at suicide is the best course an early age. Although of action. When facing under constant pressure these behaviours could a crisis, one could have have the best of inten- a kind of tunnel vision tions behind them, and think that the only they can add to feelstress. Their career path them to the extreme step

In many Indian homes, mitted suicide in 2021, a 27% increase from 2016. Twenty-six students ended their lives in Kota alone in 2023; the majority were preparing for the Joint Entrance Examination (JEE) Main The pressure to perand Advanced for engineering, or the National Eligibility cum Entrance Test (NEET UG) for admission to medical colleges. Across age groups, 2,095 people ended their lives after failing examinations. Maharashtra had the largest number (378), followed by Jharkhand (174) and Madhya Pradesh (277). Gujarat (155) and Karnataka (162) also have

> Suicidal thoughts typically come from a sense of helplessness in an one does not think there is hope for the future, thing they can do is end an important contributing factor to student sui-

high rates of suicide fatali-

vital reasons for suicide. the extreme step of ending their lives when under academic stress. Exams, competition, and lofty expectations of performance are all major causes of academic stress, but these factors are freunderlying mental health conditions. The pressures of school can cause anxifactors like social isolation, financial stress, and expectations from family can make it worse.

The alarming rise in stuties linked to examination academic stress and presemphasising the need for goes beyond professional ing life circumstance. If therapies. This complicated condition has several roots and symptoms, indicating that treating it merely in clinical settings is insufficient. Parents, society, and new non-clinical approaches will play important roles in reducing student suiings of inadequacy and their life. Though parencides. It is critical to idenexpectations from society increased stress in stu-tal and societal pressure tify the warning signs mental health problems also contribute to this dents, sometimes leading to perform well can be and symptoms of student suffering in order to prevent suicides. These Data from the National cide rates, other reasons might include social dis- and intervention can be tion, from doing well in Crime Records Bureau such as social isolation, engagement, behavioural provided by peer support

life events can also be and depressive or worthless emotions.

Parents play an essenferent and related rea-tial role in helping their sons why students take children's psychological stability and well-being. Essential actions parents interact, exchange stomay take include being ries, and get information aware of symptoms of distress, developing ting. Students can also healthy communication, and creating a supportive and open environment at aptitude, interests, and quently aggravated by home. Parents may also strengths that can guide advocate for modifica- them towards fulfilling tions to the educational paths before making a system that put the needs ety in students, and other of their children's overall health above their with natural abilities, academic performance. students may experience The structural problems less pressure and find dents' academic stress dent suicides caused by and pressure must also stream fields such as engibe addressed by society neering and medicine dissure is a major problem, as a whole. Important regarding their aptitude a varied approach that include lowering the student suicides brought focus on standardised on by stress and prestesting, advocating for sure due to academics mental health education in schools, and developing welcoming environfeel appreciated for who

> academic achievements. Creating a culture of support also requires destigmatising treatment for and making resources easily accessible.

> they are outside of their

Extra levels of support

school exams to getting (NCRB) shows that some substance abuse, loss of or emotional alterations, groups, mentorship pro-13,000 students com- a loved one, or stressful academic degradation, grammes, school-based wellness initiatives, and community outreach

projects. These non-clinical options offer places where students can in a less structured setavail themselves of psychometric tests to assess career choice.

By aligning pursuits that contribute to stu- greater success, instead of being forced into mainpreventive measures and ability. Preventing calls for a comprehensive approach involving parents, the community, and ments where children clinical as well as creative non-clinical methods.

> This is the least society can do for its children.

(The writer is a BSc (Hons) Psychology student at the School of Social Sciences, Ramaiah University of Applied Sciences)

For some politicians, all that matters is being on the winning side

JYOTI PUNWANI

candidate and Nanded on the votes of the largest strongman Ashok Chavan stepped out of his bungalow for his first engagement of the day: a meeting Murli Deora's 'votebank' with the local unit of a pan-Indian Muslim organisa- two-time Congress MP tion. This was one engagement the former Chief 2004 to 2014. Chavan too, Minister of Maharashtra benefited from the legacy wanted to keep low-key.

Congress for years, Deora would wave out to the families looking out from balconies above, as his procession wound its way through the narrow lanes of the old Muslim quarter decided to cross over to in his South Mumbai con- the other side? Surely, stituency.

nect with Muslims at a them. The two parties time when 'votebanks' these khandani (dynast)

or Chavan's covert rela-'t was the height of tionship in the Narendra the 2019 Lok Sabha Modi-Amit Shah era, both campaign. Congress Congressmen depended minority. Milind Deora, not half as approachable as his father, inherited and went on to become from South Mumbai from man in 1956 until he died

Did the thought of these loyal 'votebanks' come to mind at all when Ashok Chavan and Milind Deora they knew that these Be it Deora's open convoters would not follow

in 2004

antipathy towards Mus-

Of course, both former MPs probably knew they would be nominated to the Rajya Sabha and, hence, would be spared the ordeal of seeking votes in their constituencies. But there's no doubt that both will have to deliver the constituencies of Nanded and South Mumbai to the of his father, Shankarrao Bharatiya Janata Party different in the 1980s. ister of Maharashtra and look your Nanded voters the need to 'save the Con- and Bihar. However, even side all that matters? Murli Deora's famous late- Union minister multiple in the eye and shout 'Jai Sri stitution'. It's legitimate to though it barely gave repnight election processions times, whose association Ram'?" Chavan was asked ask him what happened to resentation to minorities, in another old dictum: used to be organised by with the Congress lasted on a Marathi TV channel. that concern. Forget the at its ideological core, the forget politicians, go Muslims. Kingpin of the from when he was a young His reply, that Ram didn't abstract idea of secular- Congress is inclusive. But to the people. Temples belong to any one party, and that he'd put up posters of Ram with the slogan: 'Ishwar Allah tero naam' befits a Congressman. That line would not please the

Questions about the ideology of the party he is joining have followed Chavan in a way they haven't fol-

weren't a term of abuse, Congressmen joined have who crossed over. Milind the years that it was in 'unity in diversity' motto? The reason for Chavan's initiation into politics was through the Congress; or known – recurring riots, the high posts he's held in impunity for communal it; or because he was the police forces, the backlast man standing against wardness of the commusecond seat, Hingoli, won on fake terror charges, by the Congress in those etc. Indeed, whenever Lok Sabha elections was an alternative was availalso partially credited to able, Muslims chose it, Chavan's influence). Since as seen in West Bengal, ism; did the ground real- the rapidity with which holding iftaars; mosques ity of Maharashtra, the senior Congress leaders hosting Hindu weddings; hate speeches since the have switched to the BJP, Sikhs and Hindus building Fadnavis-Shinde combine makes one wonder how a mosque – far away from took over; the communal clashes and the selective Deora's minds?

the Congress was some millions of Indians who

committed against Musparty is long and wellstrong is that core.

As rats desert the sinkuse of the bulldozer, at ing ship of the Congress all feature in Chavan's or and opposition parties queue up to ally with the Of course, it's not as if BJP, what happens to the lowed other Congressmen beacon of secularism all still believe in the old

made no bones about their Deora is too lightweight. power. The list of wrongs They need to ask: do the so-called Lohiaite Nitish grilling could be that his lims by India's oldest Kumar, Rashtriya Lok Dal (RLD)'s Jayant Choudhry who organised Jat-Muslim bhaichara sammelans before the 2022 Uttar Pradesh polls, Chandrathe 2014 Modi wave (the nity, indiscriminate arrests babu Naidu and Ashok Chavan endorse the bulldozing of dargahs and closure of madarsas that BIP chief ministers boast about? Do they share the 2014, Chavan's election Uttar Pradesh, Andhra dream of a Hindu Rashtra? The scenario was quite Chavan, twice Chief Min- (BJP). "Will you be able to speeches have focused on Pradesh, Telengana, Delhi, Or is being on the winning

> Perhaps the answer lies political parties, 'unity in diversity' is alive and kick-

Jyoti Punwani is a senior

Seeking truth in the world of deception

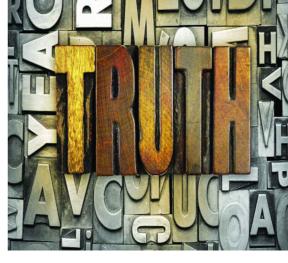
RAJYOGI BRAHMAKUMAR reasons for this is that it is

the task at hand. A commonly accepted definition of the term lie is a false find newer ways of perstatement made by an individual who knows that the statement is not true. This definition emphasises the volitional nature of a lie, while the judiciaries keep recognising that not only must the liar make a false landmark judgements. But statement, but that he/she with changing times, more must also know that the and more unique cases of statement is indeed false. crime and dispute come

make us realise that we sures of justice fall short are living in a world where hence the chain continues. conditions are so fertile for To ensure equity, governfalsehood to flourish that ments give special privilegthe very idea of truth is es to women, scheduled

easier to climb down the ladder of values than climb e all know that up. There are several verdishonesty is a sions in which falsehood part of life and breeds. Corruption is ramthe majority of us lie, pant in every sphere. To cheat, and deceive not tackle this menace, the just to increase our gains governments are installbut for a variety of reasons ing and sharpening antithat relate as much to our corruption machinery. own particular social and However, as we can see, moral underpinnings as to corruption is growing like a chain reaction. Anti-social elements

petuating corruption. Similarly, to ensure a just society, parliaments keep making new laws guard, pronouncing more Looking around would up and the current mea-



and others. There is no teria of a healthy society end to this list as groups today, paradoxically, is demanding special status due to discrimination in the past have been increasing instead of reducing pitals are an indicator of of affairs in totality from foundations, collapse and laws fail to strike at more illness and greater a broader perspective. It automatically. the notion of separateness physical and mental disis not the result of individ- (The writer is a spiritual that causes this division.

tainted. Isn't it? One of the tribes, backward castes, getting fainter. The cri-security concerns proves cator of the fact that the

the number of hospitals, which is false in its very sense, because more hos- to view the current state which were built on faulty Thus the whole idea of of a country's wealth that together at the same time. columnist; views are fairness or equity keeps is spent in the name of In reality, all this is an indi-

they aim to restrain.

the concept of security a present time is in a state sham because more and of spiritual crisis where more sophisticated tech-values of mercy, kindness, nologies are developed humility and love have today to make weapons been replaced by cruelty, causing more destruc- aggression, dominance tion under the pretext of and hatred. Concepts of protection. It is a great happiness, joy and peace irony of the age that while have become false & faithmaking weapons in the fulness and loyalty have name of security, nations become dubious. Rememspread insecurity and ber! there will be no end hold to ransom the sea of to falsehood unless its humanity against which root cause i.e. the identhey may be used. In short, tification of self as the our every step towards body is not removed. We progress is split and ends must realise that the soul with several steps towards is eternal. In other words, downfall. We fail to see it is the truth. The body is that notions of equity, prone to destruction and security, and peace have is hence transient. When contradictory characteris- we shed body conscioustics that perpetuate what ness and identify ourselves as a soul, truth prevails The need of the hour is and other constructions,

tress. A major percentage ual problems cropping up educator and popular

FLEXIBILITY TRAINING: HEALTH BENEFITS AND BEST PRACTICES

JEH LEKHI

f you have played any sport, you would remember how the coach would make you jog a couple of rounds and stretch for the first 15-20 minutes. Did you ever ponder as to why she or he was so adamant about it? Those couple minutes of stretching and jogging warm up your body and activate your muscles. It prepares you to respond to the demands of the game. Warm-up exercises and flexibility training are crucial to avoid injury during cardio or weight training.

This article talks about the importance and benefits of flexibility training. Read ahead to know the types of flexibility training you could choose

Flexibility Training: An Introduction

Flexibility is the ability to stretch a muscle from one point to another. It enables you to move your body across a varied range of motion. For example, flexibility ensures that a joint or series of joints can move through an unrestricted, pain-free range of motion. Although flexibility varies widely for individuals, minimum ranges are vital for maintaining joint and total body

An imbalance in muscle functioning can harm your body's movement, during daily duties. leading to falls and accidents. Flexibility and balance workouts can help reduce the risk of muscle imbalances. Plus, they are the perfect workout for people starting their journey. Without are not used to working out regularly.

Research suggests that flexibility training can help improve the flex ibility of the hip, knee, ankles, shoulders, and spine. Thus, making it less likely for you to hurt your back while fixing the ceiling lamp. In addition, flexibility training does not have to be hardcore. Some simple exercises good enough.

Is the Range of Motion and Flexibility

The ability of tissues, ligaments, tendons, and muscles to extend or move through the range of motion is known tenderness, or cracking. as flexibility

affect your workout sessions and other daily activities. It would reduce stiff- atic way. However, getting it checked ness and tightness of joints preventing by a physician will only make things injuries. Regular stretching activities more straightforward and rule out any are one approach to increasing flex- underlying issues. ibility. It is not only advisable to begin the workout with stretching but also Flexibility Training Benefits to end with it.

Stretching is also vital after long hours of desk work. During the pan- Improved Muscle Condition demic, stretching was adopted enthuour desks often.

A well-stretched muscle may attain its entire range of motion more read- lation to your muscles. It nourishes



ily. It helps with sports performance, tennis serve, and functional capacities like reaching, bending, and stooping ous workout.

According to a study, a two-month **Productive Workouts** flexibility training program for older women enhanced their spine's ROMs (Range of Motions). Active people who can engage in the same daily routine flexibility, you may get injured if you could slow down the stiffness of joints that comes with age and improve flex-

Can You be Hyper-Flexible?

Remember when Harry potter fractured his arm during the Quidditch match? Anybody who has watched that movie must remember that section of the film especially clearly. daily to keep your joints moving are Hyper flexibility would look similar, although it is a severe condition that might restrict you from carrying out daily activities.

Hyper-mobility or Hyper flexibil-Many individuals confuse range of ity is a connective tissue disorder. It motion with flexibility. The range of occurs when a joint can move beyond motion of a joint refers to its ability to its normal range of motion. It might move in all directions without pain. sound like a superpower, but it isn't. Excess Range of Motion could result in joint pains, dislocation, swelling,

Treatment may not be necessary if A good range of motion might also your joint hypermobility is not causing trouble or pain in any symptom-

Flexibility training like stretching siastically and proved beneficial when exercises or foam rolling can help you working from home became a way of avoid injuries and enhance the health the joints are mobile. life. If you were working or studying of your muscles. Foam rolling can from home, you know the back pain we assist loosen stiff muscles. In the long all developed at the beginning of the run, having relaxed muscles that are pandemic due to not getting up from neither tight nor tensed will increase your flexibility.

Stretching improves blood circu-

your muscles while also assisting in stretching promotes. According to a daily flexibility training. It is easy, think a less constrained golf swing or the removal of waste. It aids in recovering faster, especially after a strenu-

Your workouts won't be as effective as they could be if you can't squat down to a near parallel because your muscles are stiff. You may only be able to do half a rep of several exercises in your training. Short-range reps are ineffective in increasing muscle growth and strength.

Your ROM is essential if you want to bulk up, build strength, manage your weight or be healthy. Flexibility training increases the mobility and Range of Motion of your muscle movement. As a result, this makes your workout worth the time and effort.

Improves Balance

Good balance is not only crucial in specific activities like ballet. Good balance can assist you in improving your athletic performance and focus. It's imperative as you age because it can help you avoid injuries and falls. Increasing flexibility and balance can also improve core strength and stability. The chances of you falling after flexible. tripping on something is way more likely if your balance isn't that great. Balance is also imperative when practising yoga, as some asanas are impossible without good balance.

Reduced Injury Risk

Flexibility training increases the range of motion for tendons, liga- Static Stretching ments, and joints. At the same time, sues, muscles and the whole body. As a result, muscle damage is less likely when the supporting tissues around

Stretching elongates muscles and enhances blood flow which aids recovery and healing. Even simple activities like walking, reaching for something, and bending over might benefit from stretching. Not just injury prevention

study, stretching increases blood flow, delays muscle soreness, and reduces stiffness while an injury is healing.

Muscle tension can cause much tural balance. pain and anguish. A partially constricted muscle restricts blood flow Dynamic Stretching and could even cause pain. Also, this could happen because of the area's stress and lactic acid build-up. Regular stretching, on the contrary, promotes blood flow and is both physically and psychologically soothing, which can might have seen them doing specific help relieve tension and stress.

Research says a short session of stretching exercises implemented in the workplace successfully reduced anxiety, bodily pain, and weariness. It also increased vitality, mental wellness, general health, and flexibility.

Less Pain and Bodyache

When you focus on stretching and loosening your muscles, your body Active Isolated Stretching will likely feel better overall. For example, you'll have fewer joint pain and aches if your muscles are less tense and stiff. You may also be less likely to get muscle cramps if you are

Types of Flexibility Training

Here are four stretching exercises that might help you increase your flexibility. Of course, you could choose the intensity and reps according to your comfort level.

exercise boosts blood circulation to tis- into a position and stretch or lengthen ing tension in the connective tissues 60-90 seconds as you gradually become forward for 30 to 60 seconds. more flexible.

stretch. Take a break of a few seconds between reps and repeat with your but recovery is also something that primary muscles. Include this in your Listen to Your Body

simple, and fit for any age group.

Research suggests that a brief static stretching session in healthy, old-aged men could be a helpful strategy for lowering stiffness and restoring pos-

Dynamic stretching is the motion that stretches your muscles and joints. It also serves as a warm-up. It improves sprinting, jumping, and strength. Whatever the game, you movements before the match or race.

Sprinters would do ankle rotations, hip circles, or leg pendulums. Swimmers and ball throwers would warm up by doing arm rotations, wrist spins or shoulder rolls. According to studies, dynamic stretching is more beneficial than static stretching before a game or sport.

As the name suggests, active isolated stretching involves stretching a muscle, holding it for two seconds, and then giving it a split second to relax. Then, you repeat each rep around ten times, increasing stretch time. Also, this activity might require equipment like a resistance band. Some active isolated stretching includes exercises like quadriceps, straight leg hamstring, bent leg hamstring, etc.

Myofascial Release

specific muscles. You might want to called fascia. You can use foam rollers hold in that position until you feel a on your back or leg muscles. To stretch pull but not pain. For example, you your calf, for example, sit down and could hold on for 30 seconds when you place your calf over the foam roller. begin this training. It could go up to Then, move your leg backwards and

Make sure that you do not over- Tips for Better Flexibility Training

When stretching, pay attention to your body and don't over-exert your-self. Instead, glide into stretching and know when you've hit the limit of your ability. It would help if you avoided rapid stretching, which involves rushing in and out of a stretch. Slow stretching is excellent for preventing injuries and is more effective.

Follow a Flexibility Training Program

You could have a customised program that considers your body and needs to get the most out of flexibility training. Your fitness trainer could assist you in developing the best plan for you. Remember that the more effort and attention you devote to stretching, the more advantages you will reap in the long run.

Stretching is a Must

You may have the misconception that stretching is solely for rehab patients or only for individuals who aren't in good shape. It's time to put that misunderstanding to rest. Stretching should be done by everyone irrespective of age. It helps improve your overall blood circulation and health.

You can utilise towels or other props to assist you in getting deeper in your stretches as part of the workout plan. Maybe play your favourite music, and find a workout partner. If you mix and match things, you'll likely stick to your flexibility training regimen.

Freshen up Your Mind

Pilates and yoga are great ways to improve flexibility. This could help you calm your body and emotions, making your body more responsive to stretching.

Flexibility training is primarily safe and effective in providing benefits. However, like any other training, it requires adequate care and protective measures. So, before you start training, you must stretch your muscles. Furthermore, it is always better to join a training program and perform your training under expert guidance. You must also avoid overdoing any training as that might harm your body and cause pain.

Conclusion

Stretching daily increases flexibility, which is essential for our joints and overall wellness. You could do static stretching or any other type of stretching daily to enhance flexibility. Plus, stretching should be a part of your daily routine if you want your workouts to be as efficient as possible. It isn't something you practise for a few Foam rolling is a kind of myofas- weeks and then stops. Instead, stretchcial release technique that focuses ing and flexibility exercises along with A static stretch requires you to get on increasing flexibility and reliev- cardiovascular and strength training will help you look after your body through the years.

If you have been experiencing constant joint pains, muscle cramps, and random muscle and joints ache, it may be time to see your physician. Take advice, ask and consult your health professional to help choose a combination of diet and movement that aids

Oat Milk: Health benefits of drinking this plant-based milk

idea of veganism, there is also a growth of alternative ideas for dairy, meat and fishes as well. Today, there are plantbased meats available in the market and along with that, there are several alternatives for dairy products as well. Instead of cottage cheese, people use tofu and instead of cow or buffalo milk, people use different kinds of nut milk or oat milk or soy milk, these are only some of the options.

Oat milk can be made at home and it is produced industrially also. However, the oat milk made at home might not have all the nutritional value that an industrially produced milk will have. Oat milk has high amounts of nutrition and contains the same amount of fibres and other nutrients that are um, potassium, B vitamins, and vitamins A and D. all of risk of heart disease. which are extremely necessary for the human body.

soluble fibres present in it healthy. Calcium helps to dative damage in the body.



It is good for your bones. Oat milk has calcium and vitamins. B vitamins are It can help to lower bad vitamin D present in it which essential for the body as they cholesterol. Oat milk has helps to keep your bones help to fight stress and oxi-

lesterol. When you have low vitamin D aids in the absorppresent in oat. It has calcibad cholesterol present in tion of calcium in the body. the blood, it also reduces the Both of these are essential for your bone health.

important to keep your nails, hair and skin healthy. It is vegan and is free from

lactose. Since it is made from It is a good source of B oats, there is no presence of nuts and lactose in it. So it is a safe option for people who are allergic to nuts and

Turmeric for skin: Is it beneficial and does it work?

urmeric is known to be a natural healer and it can help the human body with several health conditions. Not just for the body, turmeric is also good for the skin as well. Today, it is hailed as an ingredient which has several health benefits. It is being used as an ingredient for several skincare prod-

The presence of curcumin in turmeric is what makes this spice extremely special. Curcumin is known for its antioxidant and antiinflammatory properties. It has the ability to fight the oxidative stress in the body and also soothe inflammations. Here, take a look at the benefits of turmeric for the skin.

It can help your wounds to heal. The anti-inflammatory property of turmeric can help reduce the inflammation of your wounds. When the inflammation reduces, it helps the wounds to heal easily.

scars. Many a time, after your acne inflammations by working on reducing the might have sudden flares

•••• **♦CMYK** ◆ ••••



have reduced, it leaves scars inflammation. behind. You can use turmeric to reduce those scars. And

also help to reduce the acne

It can help you if you're suffering from psoriasis. It can help with your acne not just that, turmeric can Psoriasis can't be cured permanently, however, you

and inflammations. The antioxidant and anti-inflammatory properties of turmeric can help with the inflammations and reduce them

NEWS

Claim of better Govts than BJP shows opposition living in fool's paradise: Kavinder

JAMMU, FEB 21

Kavinder Gupta, senior BJP leader and former Deputy Chief Minister today slammed the hollow claims of opposition leaders, asserting the BJP's commitment to the unprecedented development of Jammu and Kashmir. He emphasizes that the opposition parties are living in a fool's paradise with their unfounded assertions and overlook the overwhelming support of the people in Jammu and Kashmir, during their tenure? He of Jammu and Kashmir merely engaged in lip towards the BJP and the service and failed to take success of Prime Minister substantial actions for opposition's narra-Narendra Modi's rally in the welfare and progress Iammu region.

opposition's statements the people of their rights the best government since regarding development and leaving them without independence. Under the projects initiated during tangible development leadership of Prime Ministheir tenure, Kavinder projects, he added. highlighted that the opposition leaders, during about the inability of structure development,



of the people. Their rule declared that the incum-In response to the only resulted in depriving bent BJP government is

their seventy-year rule National Conference and numerous projects

and Kashmir. for other states in the Why the opposition leaders had failed to Jammu and Kashmir, he establish AIIMS, Expressway, IIM, IIT, ring acknowledge the reality road projects, of the BJP's achievements expansion of Jammu Airport, holding of G20 Summit in J&K the BJP government's

and many more dedication to the welfare

Counteracting the itself through its tangible tive, Kavinder proudly ter Modi, the BJP govern-He raised questions ment has prioritized infra-

Parliament Festival at district level and Congress initiated during its tenure JI NEWS SERVICE in establishing have been completed in UDHAMPUR, FEB 21 record time. This commitopment proj- ment to efficient execu-Nehru Yuva Kendra Udhampur, Ministry of ects in Jammu tion has set a precedent

Youth Affairs & Sports, Govt of India organised National Youth Parliament Festival at district level on 20-02-2024 in which almost 100 young participants from 7 districts Udhampur, Reasi, Doda, Kistwar, Ramban, Leh & Kargil participated and spoke on the allotted topics of national importance. The theme of 5th edition of National Youth Parliament Festival is Young Voices: Engage and Empower for Nation's Transformation. The virtual event was presided over by District Youth Officer Khushal Gupta and adjudged by five jury members namely Sh. Swatan-Sh. S.S Billowria (Eminent Artist), Sh. Rakesh Sharma

(Teacher), Sh. Amar Dev Singh (Teacher) and Sh. the Future: Youth Led ini-Gagan Deep Sharma (emi-tiatives Paving the way for nent Politician).

NYK Udhampur organizes National Youth

The virtual event which nessed the presentation of udhampur, Pallavi Sharma views of scores of youth to and Rohit Sharma from qualify for the State Youth Parliament Festival. Youth and Khushi Bhardwaj from from NYKS, NSS and many district doda, Priya Devi educational institutions and Anurag Sharma from and Ladakh spoke on the Goswami and Athar Hustopics - Making India a sain wani from district Global Leader: The role Ramban, Tsering Chosol of young entrepreneurs and Naziya Jabeen from disin boosting India's eco-trict Leh & Kannez Fatima ter Dev Kotwal (Dy. Chief nomic power, From Atma and Shehnaz Fatima from warden, Civil Defence), Nirbhar to Viksit Bharat: district Kargil qualified for Charting India's Growth the State Youth Parliament Trajectory powered by Festival.

youth and Empowering a responsible community.

Baljit Singh and Vishal went on to 4 hours wit- Roudhan from District district Reasi, Qurat Ul Ain from across the UT of J&K district Kishtwar, Arushi

PCPG Meeting organized at Kanachak by PS Kanachak Jammu

JI NEWS SERVICE JAMMU, FEB 21

SP Rural Brijesh Sharma alongwith SDPO Domana Muddasir Hussain and SHO PS Kanachak Inspr Sham Lal conducted a PCPG meeting at PS Kanachak. Various Sarpanches, Panches, exsarpanches/panches and other prominent persons participated in the meet-

A threadbare discussion took place regarding drug-menace, theft and other related issues. SP Rural Jammu also briefed them to inform the nearby PS/PP if any information regarding drug trafficking is received to them.

SP Rural Jammu flanked by SDPO Domana and SHO PS Kanachak gave a patient hearing to the public and assured them of addressing the genuine demands in shortest possible time. Also people were encouraged to cooperate with Police and Administration in maintaining Law & Order in their area of responsibility as well as in identifying Anti-Social Elements who are indulging in Drugs Peddling, Illicit liquor brewing, Bovine smuggling etc

Later SHO PS Kanachak thanked the participants.

GPS Tracker installed on feet of accused released on bail by PS Bahu Fort Jammu

JI NEWS SERVICE JAMMU, FEB 21

An accused namely Shakir Ahmed naikoo S/O Md Shafi Naikoo R/O Harpura, Durapora. Tehsil Zainapora, Shopian was

released on interim bail. The accused was arrested in case FIR No. 56/2022 u/s 18,20,23,38,39 UAPA Act ,3,4,5 ESA registered at PS Bahu Fort. Accused has been finally put up on interim bail by installing GPS Tracker on his feet.

NS Bhau spearheads coronation of Radha-Krishna Temple

JI NEWS SERVICE

JAMMU, 21 FEB

Today, devotees convened at Khour temple to commemorate the coronation of the Radha-Krishna idol, a revered ceremony orchestrated by Rakesh Khanna. The aim of organizing the program was to connect Krishna's devotees with each other.

Distinguished personalities such as Narinder tive Member, graced the themselves in bhajan-The melodious hymns reverberated through the faith and devotion, har- dering the coronation certemple, fostering a serene monizing individuals from emony enriched with spiratmosphere.



said,"Radha is often seen elry. As the Radhe-Krishna Singh Bhau, President as the epitome of devoof All India Bhau Rajput tion and surrender. She invocations and offerings, Sabha and BJP Execu- symbolizes complete sur- a sense of peace and unity render to the divine will permeated the congregaaffair with their pres- and unconditional love for tion, binding them in a ence. Joined by numerous Krishna. This teaches us shared spiritual encoundevotees, they engrossed the importance of surrenter. dering our ego and desires kirtan conducted by the in relationships, cultivat- their profound thanks to esteemed Gurudev Acha- ing trust, and allowing all attendees and dignitarrya Mahant Suraj Shastri. love to guide our actions."

Narinder Singh Bhau engage in the divine rev- with Krishna's essence.

idol was crowned amidst

The organizers extend ies for their involvement The event epitomized and encouragement, rendiverse backgrounds to ituality, which filled the air

PM Modi boosted party workers' morale ahead of upcoming LS elections: Langer

JI NEWS SERVICE JAMMU, FEB 21

country and has particu-

larly brought progress to

added. Kavinder asked

the opposition parties to

rather than resorting to

baseless claims. He fur-

ther emphasized that

of the people of Jammu

and Kashmir speaks for

results and the trust it has

garnered from the masses.

The former deputy Chief

Minister asserted that

the BJP will undoubtedly

form the next government

at the Centre by winning

more than 400 plus seats

with an aim to make India

a more prosperous and

developed nation.

Sham Lal Langer, Convenor of BJP Trade Cell in Jammu and Kashmir, expressed his admiration for Prime Minister Narendra Modi's exceptional leadership and his efforts in energizing party workers in view of upcoming Lok Sabha elections.

In a statement issued here today, the senior BJP leader said that PM Modi addressed the party cadre and general public with utmost enthusiasm and passion, igniting a sense of motivation and unity among them. His powerful words and dynamic presparty workers throughout the people of J&K. Jammu and Kashmir.

rational speech, stat- nation towards progress that Narendra Modi will ary leadership of PM Modi.



ing that it has not only are confident that under victory in the upcoming instilled a renewed sense of purpose and dedication among party workers but ence have undoubtedly has also reignited their uplifted the spirits of the commitment to serving

"Prime Minister Nar-Sham Lal Langer endra Modi possesses people of J&K." emphasized the signifi- unparalleled vision and cance of PM Modi's inspi- capabilities to lead our expressed his belief Kashmir under the vision-

and prosperity. His undoubtedly become the than ever to work towards the better-Kashmir," said Sham Langer.

immense importance for us, and we

PM Modi's leadership, we Lok Sabha elections. will achieve great success. His dynamic personal-

for Jail inmates at Bhaderwah

Health dept organizes testing of Hepatitis B & C

unwavering commit- Prime Minister for the ment to the welfare third consecutive term in of every citizen has 2024, as the people of the been truly com- country are firmly behind mendable. With him. The unwavering suphis guidance, our port and trust of the citiparty workers are zens further strengthen more motivated the resolve of the BJP party workers to work tirelessly towards the vision ment of Jammu and and goals set by PM Modi. Sham Langer encour-

aged all party workers to He further added, actively interact with the The upcoming Lok community, propagate the Sabha elections hold achievements and vision of the BJP, and work tirelessly to ensure the party's

Sham Langer expressed his gratitude to Prime ity, inclusive policies, and Minister Narendra Modi relentless efforts to trans- for his continuous guidform India have garnered ance, and reiterated the immense support from the dedication of the party workers towards building The senior BJP leader a prosperous Jammu and

J&K is grateful to PM Modi for

JAMMU, FEB 21

The people of I&K are grateful to PM Modi for his hearty and liberal allocation of funds to develop J&K unprecedently, said Ravinder Raina.

Ravinder Raina, President, Bharatiya Janata Party (BJP), Jammu & Kashmir, accompanied by Jugal Kishore Sharma, MP (Lok former Deputy Chief Min-

addressing the media per- is being established in J&K, like this", said Raina. sons, thanked the people for all this every person, of Jammu and Kashmir for woman, and child of J&K, their massive participation is feeling indebted and in the rally addressed by expressing thanks to PM Prime Minister Narendra Modi", said Raina. Modi. He said that the the massive rally into a historical one.



unprecedented development: Raina

"On 20th February, enthusiastic participation during the visit of PM by lakhs of people turned Modi, an ocean of people had come to MAM stadium development in J&K. Rail Raina also thanked the stadium creating an network, health infrastruc-Prime Minister Modi on impression of a sea of ture, water, electricity, and behalf of the people of people. People from hilly help of needy & downtrod-Jammu & Kashmir for alloareas like Rajouri, Poonch, den have led to the attraccating the development etc. as well as from all the tion of a massive crowd in projects, inauguration, areas of Kashmir attended the rally by PM Modi. and their public dedication the rally to thank PM Modi with a massive funding to for all the welcome steps belonging to different Baig for praising PM Modi

enormous love, I want "The people of J&K are to thank people from all Sabha), Kavinder Gupta, indebted to PM Modi for walks of life from all the his hearty allocation of regions of J&K for welcomister, Dr. Devinder Kumar funds to develop J&K, this ing the PM braving heavy Manyal, BJP General is the love of PM Modi for rains and snowfall. On Secretary and Dr. Pard- the people of J&K, which behalf of the BJP, I would eep Mahotra, BJP Media has led to the unprec- like to thank the people Incharge, was addressing edented development of J&K for expressing so a press conference at the in every region of J&K at much love and affection BJP headquarter, Trikuta the massive level. J&K is to PM Modi and support touching new heights in to BJP. I am optimistic that Ravinder Raina, while development, and peace this support will continue Raina said, "I thank PM

Modi for funds to the tune of 32000 crore rupees including AIIMs in Vijaypur Samba, Devika project, multipurpose irrigation project, Ujh. PM Modi has given a new pace to the inside and also outside of network, ring roads, road

"Thousands of people the tune of 32000 crore taken by him. For this groups like women, self-

help groups, Gujjar-Bakerwals, STs, listened to PM Modi in different blocks in different locations around the J&K, and PM Modi talked to them via digital mode. They mentioned the development works in their areas and thanked PM Modi for the houses, water, electricity, Ayushman Golden card, free ration, pension, equitable justice to all the communities, job opportunities to the youth of J&K. PM Modi assured the unprecedented development and said that the world will forget the foreign locations and instead, visit the beautiful landscape of Jammu & Kashmir now", said Raina. While replying to ques-

tions by media persons, Raina said that the doors of the BJP are open for anyone who wishes to join the party and serve the people under the leadership of the prime minister.

Raina said that the preparations are going on to contest the elections in all the five Lok Sabha constituencies of J&K and one of Ladakh. He also thanked the leaders of various opposition parties including National Conference president Farooq Abdullah and former deputy chief minister Muzaffar Hussain on the occasion.

JI NEWS SERVICE DODA, FEB 21 In view of prevalence of Hepatitis B & C among

prison inmates and with an objective to provide access to good quality healthcare to prisoners, the health department Doda in collaboration with District Jail organized a day-long testing cum awareness camp at District Jail Bhaderwah on Wednesday. The camp which was

held on the directions of worthy Administrative Secretary Health Dr Syed Abid Rasheed Shah (IAS) and Deputy Commissioner Doda Sh Harvinder Singh (IAS) and under the supervision of Chief Medical Officer Doda Dr Om Kumar was organized with the aim to regular monitoring and testing of jail inmates for Hepatitis B & C, HIV, Tuberculosis, Dental Checkup besides general Health Check Up, in order to prevent and control the transmission of various contagious diseases

The camp was inaugurated by Block Medical Officer Bhaderwah Dr Mohd Ashraf in the presence of Superintendent District Jail Bhaderwah Mr Mushtaq Ahmed Malla, DIO/DTO Doda Dr Versha testing and check-ups, the health officials. Sharma, Epidemiologist the health experts includ-

among the jail inmates.



Jail Bhaderwah.

were tested and screened for Hepatitis B & C, Tuber-Up and general medical checks were examined by the team of Doctors and Paramedical staff of SDH Bhaderwah.

On this occasion, the jail inmates were also educatof health, hygiene and significance for a healthy life.

Doda Mr Umar Anayat ing Dr Versha Sharma Doda Dr Om Kumar while prison inmates.

Khan and staff of District also dispensed impor- and to educate them about tant advice to inmates on the need of improving During the camp, how they can improve standards of good health. around 187 prison inmates their health standards by adopting better practices of personal hygiene, and culosis, HIV, Dental Check improving their physical well-being. They may the medical team besides be prisoners, but their District Jail Authorities health is as important as Bhaderwah who provided any other fellow citizen. all possible support in It is our strong belief that making the camp a great healthcare providers must success. Superintendent also play a role in helping District Jail Bhaderwah ed about the importance ensure better access of Sh Mushtaq Ahmed Malla healthcare delivery to pris- thanked and lauded the oners. This is why such efforts of health depart-Apart from offering camps are all the more ment for organizing such basic health screenings/ important for them," adds an important camp, which

giving detail about the camp, informed that the concerned with the health issues of prisoners in various jails due to spread of contagious disease and to facilitate provision of timely and effective medical treatment to the prisoners with medical problems, the camp was organized to detect any sign of disease, which can be prevented before it's onset

The programme was made possible by the generous support of BMO Bhaderwah who deployed would surely benefit the Chief Medical Officer health standard of the

3 days HADP training on Remote Sensing & GIS begin in SKUAST-J

JAMMU, FEB 21

Under the able guidance of Dr. B.N. Tripathi, Hon'ble Vice Chancellor, the Division of Soil Science and Agricultural Chemisprograme on Remote natural resources maning programme shall pro- Remote Sensing in Natural Dean, Faculty of Agricul-



ture, who dwelt upon the benefit of the farming grammes.

try, SKUAST Jammu today importance of geospatial community. Mr. Manish started a 3-day training sciences in the field of Sharma, ESRI was the primary resource person Sensing and Geographic agement especially in agri- for this event. Dr. Vivak Information System for cultural sciences. Dr. Vikas Manohar Arya and Dr. the officials of Agriculture Sharma, Coordinator of Mahital Jamwal, the Coand line departments as the programme extended coordinators of this trainwell as for youth of the a welcome address and ing programme shared region. This skill devel- gave introductory lecture their experiences on opment programme was highlighting the impor- Remote Sensing and Natuplanned under the HADP tance of the training pro- ral Resource Management project 'Development of gramme. He helped the in the UT of J&K. Dr. S.K. J&K Soil and Land Infor- trainees in understanding Gupta, Director Research mation System'. This train- the application of GIS and exhorted that skill development is the need of vide the opportunity for resources management. the hour and all trainhands-on learning process He informed the train- ing programmes under with direct access to use ees that this three-day HADP will certainly help software in the geospatial introductory programme the youth in skill enhance-Lab to individual trainees. shall provide a feed back ment and appealed that The programme was inauto frame a much detailed youth should come forgurated by Dr. Anil Kumar, programme on the sub- ward and take the benefit ject in near future for the of skill development pro-

Lachhipura Bn under Operation Sadbhavna starts skill development classes

JI NEWS SERVICE BARAMULLA, FEB 21

As part of Operation Sadbhavna, Lachhipura Bn has started skill development classes aimed at empowering the youth with particular focus on women of Lachhipura and neighboring villages.

These classes seek to equip individuals with valuable skills in tailoring and Tally solutions, fostering economic independence and self-reliance within the community.

In the tailoring class, 16 individuals will be imparted necessary skill set, learning the art of stitching and garment making.

Through hands-on training and guidance from experienced instructors, participants will be gaining practical skills essential for employment and entrepreneurship in the textile industry.



Similarly, in the Tally solutions class, 9 individuals will be imparted specialist training sessions focused on mastering

accounting software.

employability in various nities it serves.

These skill development classes are specifically designed to benefit the weaker sections of society within the Battalion Area of Responsibility. By providing opportunities for skill enhancement and capacity build-Lachhipura Battalion aims to uplift and empower individuals from marginalized backgrounds, contributing to overall developmen socioeconomic development in the valley. Through initiatives like these, Operation Sadbhavna con-

This training equips tinues to demonstrate the participants with the nec- Indian Army's unwavering essary skills to handle commitment to fostering financial transactions effigoodwill, unity, and prosciently, enhancing their perity within the commu-

Two Missing ladies reunited with their families by Jammu **Police**

JI NEWS SERVICE JAMMU, FEB 21

Two missing ladies reunited with their families by Jammu Police in the areas under the jurisdiction of PS RS Pura.

Two different complaints were lodged at PS RS Pura by the legal heirs of two ladies stating that they got missing from their home.

In this regard two different missing reports i.e missing report vide DDR No. 12 Dated 02-10-2023 and missing report vide DDR No. 21 Dated 11-03-2021 of two different missing ladies got registered at PS RS Pura and investigation got started.

On this special police teams led by SHO PS RS Pura did strenuous efforts and finally traced the missing ladies.

Subsequently families of both the missing ladies were informed and the traced lady were handed over to their family members after completing all the legal formalities.

10 grams of heroin recovered by Police **Post Pounichak** Jammu. One peddler arrested

JI NEWS SERVICE

JAMMU, FEB 22

Continuing it's drive against drug trafficking and Narcotics Drugs and Psychotropic Substance abuse, Jammu Police achieved major success by recovering 10 grams of heroin from one accused person in the jurisdiction of PP Pounichak.

A police team of PP Pounichak led by SHO PS Domana and I/C PP Pounichak while on naka duty at Pata chungi Bohri Chowk rounded up a suspect who was coming from Pounichak side. On search, 10 grams of heroin was recovered

Anupama Gupta esteemed Principal of the college

Notorious drug peddler arrested with 8 grams heroine



JI NEWS SERVICE AKHNOOR, FEB 21

Under Sanjeevani opera-

ous drug peddler namely Zahid Mohd S/O Sher Ali R/O Gandu Chak Phallian mandal tehsil Mandal distion of Jammu and Kash- trict Jammu and recovered mir police to eradicate about 8 grams of Heroin the drug menace from the from his possession at society today a police team Pata chungi Bohri Chowk of Police post Pouni Chak where the above said pedheaded by PSI Vijay kumar dler came to deliver the under the guidance of SHO said NDPS material. In this PS Domana Inspector Sush- regard FIR is registered eel Choudhary and Super- at Police station Domana vision of SDPO Domana under relevant section of DySP Muddasar Hussain law and investigation of the apprehended the notori- case set into motion

AI, most transformative technology of century: Galaxy developers

JI NEWS SERVICE JAMMU, FEB 21

Stating that the AI is the an engineer, I have wit- new possibilities for all." nessed many examples for mobile experiences much more." and Samsung Galaxy has

nology of the century, hensive product portfothe engineers involved in lio, heritage of innova- with Google, an incredseries for Samsung have open collaboration - is in stated that developing a great position to accelerthe Galaxy S24 series has ate its global expansion. been the most rewarding We will make mobile AI period of their career. "As easy to access and ignite

According to a press of incredible innovations, communiqué, issued but AI is the most trans- here, the engineers furformative technology of ther stated that, "As we the century, said one of pioneer groundbreaking the team members. "Few experiences in mobile engineers get the chance AI, we've thought a lot to be involved in some- about how this new thing with such seismic and exciting technology potential. It brings great can enhance our lives change, not only for and inspire society's Samsung and the mobile next steps. Applied with industry, but for all care and consideration, AI features that build on humankind. When inte- Galaxy AI helps people these ideas and concepts grated into phones, AI, communicate beyond over time as Samsung is to put it simply, a revo-borders, complete everylution. This is a new era day tasks easily, and so

"Since the launch of

tures is Circle to Search discovery. Our communication tools for removing language barriers, such as Live Translate, Chat Assist and Interpreter, have capmany. People also love creativity powered by our

ProVisual Engine." "Again, we're only getting started. While developing the Galaxy S24 series, we had many ideas and concepts that we wanted to bring to life. Galaxy users will be able to enjoy more Galaxy

a leading role to play in Galaxy S24 series, we've already planning next there are challenges choice.

it. Mobile devices will had great feedback about steps for Galaxy AI beyond and responsibilities to become the primary how people actually use smartphones - optimizing consider. AI models in access point for AI, and Galaxy AI features in their it for various categories training are still suscepand unlock a whole new era of expanded intelligent health experiences. tured the imagination of AI experiences across categories through collabo-Photo Assist, our tools for rations with more industry-leading AI partners.

> frequently asked ourneed and what they could achieve with a little assisexperiences." this emerging category wacy by providing users "Moreover, we are of AI phones. Of course, with transparency and

Samsung Galaxy - with daily lives. One of the of devices, across varitible to hallucinations, most transformative tech- our broad and compre- most welcomed AI fea- ous services. In the near and the debate on intelfuture, the select Galaxy lectual property rights wearables will use AI to continues. It is crucial development of Galaxy tion, and philosophy of ible new tool for intuitive enhance digital health that companies openly collaborate to carefully define AI experiences, so users can confidently and Samsung will keep enrich- reliably enjoy their new ing and expanding Galaxy abilities. It's also important to raise the standards of security and privacy in this new era of dataintensive mobile expe-Over the past year, we riences. That is one of the reasons we've taken selves what users want or a hybrid approach that combines on-device and cloud-based AI. Besides tance. These questions ensuring seamless usabilinspired the Galaxy S24 ity, this lets users limit series, our first AI phone some features to function that invites users to imagentirely on-device, giving ine how their lives could them greater control over change thanks to AI. It is what they do with their the phone of the future, data. We remain commitcontinuously enhances shaping the standard of ted to enhancing Galaxy and grows the mobile AI mobile AI and defining device security and pri-

Sankalp Divas Commemorated at CUJ

JAMMU, FEB 21

The Department of National Security Studies and Dean Students'

Welfare, Central University of Jammu in association with Jammu Kashmir Study Centre (JKSC) organized 'Sankalp Diwas' programme. The event was presided over by Prof. Sanjeev Jain, Hon'ble Vice dignitaries released the under three categories Chancellor, Central University of Jammu. The PRERNA STROT" written ness and Integration. Chief Guest and the main by Dr. Shashank Kulkarni speaker of the event was Ji Post-doc. Fellow, Central Sh. Rupesh ji, Prant Pra- University of Jammu and speaker, Sh. Rupesh ji charak of Rashtriya Sway- Kuljeet Singh Ji Scholar, explained various imporamsevak Sangh (RSS) and CSIT department, Central tant aspects of POJK and Prof. Virender Koundal, University of Jammu and POTL and further congrat-Vice President JKSC.

Prof. Ritu Bakshi, Dean nor. Students' Welfare formally welcomed the speakers program, Prof. Virender and encouraged the paralong with other digni- Koundal, Vice President ticipants to contribute ed by JKSC members, factaries. The programme JKSC gave a brief intro- their best to preserve the was inaugurated with the duction of Jammu Kashmir Unity and Integrity of the auspicious ceremony of Study Center and further nation. lighting the lamp by the highlighted the achieve-



book "MERA GAON, MERE i.e., Academics, Aware-

While addressing the gathering, as the main ShoDH J&K State Conve- ulated the University for organizing such events. In In the beginning of the his address, he motivated

Prof. Sanjeev Jain, dignitaries which was fol- ments of the center and Hon'ble Vice Chancellor, representatives from the lowed by documentary on further elaborated the CUJ in his Presidential media were also present POJK and POTL. Further working of association speech congratulated the at the event.

Department of National Security Studies and Dean Students' Welfare, Central University of Jammu and Jammu Kashmir Study Centre for successfully organizing the event which is relevant for public awareness and national interest. For motivating and encouraging the students towards the building of "AKHAND BHARAT", hon'ble Vice chancellor, also made special announcements in this regard.

The event was gracefully moderated by Dr. Nancy Mengi, H.O.D, Department of Social work. The vote of thanks was presented by Prof. Vinay Kumar, Dean Physical and Applied Sciences. The program was attendulty members, scholars and students of different departments of Central University of Jammu. The

Reasi Police arrests absconder evading arrest for last 05 years

JI NEWS SERVICE

REASI, FEB 21

hended one absconder, who U/S 323/341 /504/506 IPC by a team led by SHO Arnas. was evading arrest since and was absconding since

is facing trial before Hon'ble the said accuses has been FIR against him. Court Reasi in case O1) FIR arrested from Jij Kesari and No. 72/2017 U/S 458/323 produced before Hon'ble District Police Reasi appre- RPC, 02) FIR No. 88/2023 court. The arrest was made

Accused person evaded 2017. Absconder namely long. On 10/02/24 Hon'ble arrest by disguising and area and Police will leave no Rashpal Singh S/O Lal Singh Court Reasi issued gen- changing locations and stone unturned to arrest R/O Chakalsalta Tehsil eral warrant U/S 299 Cr.PC couldn't be apprehended and produce them in con-

Mohita Sharma - IPS, SSP Reasi conveyed that arrests of criminal is important police work to maintain peace and tranquillity in the Thakrakote Distt Reasi, who against the said accused, since registration of Case cerned trial courts of law.

Valedictory function of 7 Day Long Winter Camp organizes by NSS unit GDC, Marheen

Valedictory function of

KATHUA, FEB 21

the 7 Day Long Winter Camp was organized by NSS unit of Government Degree College Marheen on 21-02-2024. On this occasion, Dr Janak Singh, the most revered Retd. Principal of the college was the chief Guest and Dr Anupama Gupta esteemed Principal of GDC, Marheen was Guest of Honour. The function was started by Dr Arun Dev Singh NSS Programme Officer of the College by offering the Bouquets to the Guests followed by the lightening ceremony, recitation of Saraswati Vandana and NSS song by NSS Volunteers.He has read out detailed report of 7 Day were carried out by 55 Long Winter Camp at 20-02-2024 a Yoga Sesadopted village Marheen ,On 16-02-2024 NSS unit yoga training. invited a team of SDRF



District headquarter and college appreciated the team organized a well- efforts of NSS volunteers planned demo in the col- and supported them by lege, On 17-02-2024 Planta- saying that they played tion Drive and Nasha Mukt a vital role and rendered and Sports Government Campaign was organized community services in of India ,Regional Directhe welcome address of and the large number of the interest of the people torate NSS Delhi, Dr NSS volunteers partici- during the camp which Yasmeen Ashai worthy pated actively in Planta- would help them in future Director Hr. Education tion drive which was to develop their personal- NSS Officer of Jammu and conducted in the Primary ity, confidence and feeling Kashmir UT, and Dr Hema Health Centre of village of wellbeing. The Chief Gandotra respected NSS Marheen On 18-02-2024 a Guest distributed certifi- Coordinator University of Swachta rally and door to cates, the Mementos and Jammu without their supdoor campaign was con- medals among the NSS port it was quite difficult ducted. On 19-02-2024 Volunteers who attend- to organize such type spea Lecture was organized ed Camps and rendered cial camp of 7 Day Long Long Winter Camp in by NSS unit on the theme meritorious services in the winter. And eventually, which he elaborated the of "EAT HEALTHY, STAY interest of society. Siya, he extended his thanks various activities which HEALTHY". The lecture Sr, Volunteer received and gratitude from core was delivered by Dr San-NSS volunteers during jeet Sharma and Dr Nam- 7 Day Long Winter Camp members: Prof. Sandeep the camp:On 15-02-2024, rata from District Ayush whereas Mr Shubam was Choudhary, Prof Anoop NSS unit started a 7 Day Department Kathua, On given Best- Runner--up Sharma, Dr Munisha, Dr sion was organized by NSS Arun Dev Singh extended eet, Dr Reemi, Dr Rajni, Dr under the aegis of Viksit unit. On this occasion, Mr his special thanks to Dr Surbhi, Prof Preeti, other Bharat @ 2047 which was Ankush Modeel and Mr Janak Singh respected official, NSS volunteers inaugurated by Dr. Anu- Balwinder Kumar experts Retd. Principal of the Col- of the college, media perpama Gupta, esteemed from Ayush Department lege who consented to sons who gave wonderful Principal of the College Kathua were invited for be the Chief-Guest and and huge coverage. The

Best Volunteer Award of of heart to the faculty Dr Anupama Gupta, lot of blessings and he out by Siya and Neha NSS and Civil - Defence from esteemed Principal of the also extended thanks to Dr Volunteers.

who constantly supported the entire NSS unit and Volunteers during the camp. He also extended special thanks to locals: Sh Shiv Dev Singh, Sh Subash Singh, Sh Anupawan Singh and others for providing support during the camp. He said that he would fail if he could not be able to extend his gracious thanks to Ministry of Youth Affairs NSS Volunteer award. Dr Imran, Dr Shallu, Dr Barngraced the Occasion with Proceedings were carried

People from BJP, other parties join Congress

RS PURA, FEB 21

Taranjit Singh Tony, General Secretary of Jammu & Kashmir Pradesh Congress Committee and DDC Member Suchetgarh, has voiced deep disappointment over Prime Minister Narendra Modi's visit to the Jammu as he chose to people. remain silent on pressing

of Jammu and Kashmir. the PM's silence on prom- for Assembly elections. the region a decade ago leader observed that the out any further delay.



Furthermore, the Prime reference to vital concerns populace. Speaking at the joining such as the protection of

of betrayal among the Lieutenant Governor, and other political parties

Dr Ashok Kumar Gupta

Club President & Retd

Drug Controller J&K has

Dr Shreyansh Kumar

country, besides the other

Abhinandan Jain,

underscoring the lack of in the Suchetgarh area of genuine support for the issues affecting the people Minister's speech made no BJP's agenda among the

Tony reiterated that the programme here today, jobs and lands, as well as rally was not a genuine dis-Tony said Prime Minister the pressing demand for play of support for the BJP Modi neglected to mention the reinstatement of state- but rather a forced assemthe urgent need for the hood, Tony said and high-bly orchestrated by the restoration of statehood lighted the conspicuous LG. He called upon the BJP and the long-overdue absence of any acknowl- government at the Center Assembly elections, which edgment of the farmers' to address the pressing new members to the has left the populace dis- steadfast demand for mini- issues facing the nation illusioned and disheart- mum support prices (MSP) and restore democracy ened. He emphasized that and the imperative need in Jammu and Kashmir ises made to the youth of The senior Congress Assembly elections with-

crores jobs per year has were forced to join the development, several landscape of the Suchetonly deepened the sense rally organized by the members from the BJP

RS PURA have joined the Congress party under the leadership of Tony. This significant move marks a step forward for the Congress party in the region as it looks to bolster its support ahead of the upcoming elections.

Tony welcomed the party, emphasizing the Congress's commitment to the betterment of the comby promptly facilitating munity and the welfare of the people. This coalition will undoubtedly influwith regard to create 2 government employees In a major political encethe changing political garh area of RS PURA.

SCSSC celebrates Int'l **Mother Language Day**



JI NEWS SERVICE JAMMU FEB 21

Senior Citizens Service awared that only 10% of Support Club organized the population in urban and celebrated Inter- areas of Jammu is speaknational Mother Lan- ing Dogri. It is estimated guage Day for Promo- that by 2050, there will be tion of Dogri Language no of individuals speakin J&K. Lectures cum ing Dogri in urban areas Rallies were organized , negligible the language at 9 places by Schools will gradually stop to exist namely, Tiny Tots, Sainik in due course of time. Colony, JK Public School Sainik Colony, Coop- Jain, State Yoga Commiserative Public School, sioner & Club Vice Presi-ASN Higher Secondary dent recited a Dogri poem School, UP Public School, that Dogri is Mother Lan-Modern Public School, guage of around 30 lakhs Luthra Acadmy, Himmat people, staying in Jammu Learning Field Higher Province and an equal no Secondary School & NSK is staying in other states High School. Nearly 250 and abroad. In 2003, students besides school Dogri was given the status teachers and staff partici- of official language in the

Dr Kasturi Lal Gupta, 21 languages. It was also Former Principal Medical included in the Schedule College & Club Chairman, Eight to the constitution said that scholars, whose in Sept 2020. Lok Sabha efforts for Promotion of passed the J&K official lan-Language would have guage (Amendment) bill, been lauded for Promo- making Dogri the official tion of regional language language of JK UT, as well were found to be con- as in the country. spicuous by its absence. The traditional festivals Member Executive & and cuisine, which were Ashok Khajuria Retd cherished as a symbol of Chief Manager manprovincial pride, stopped aged the programme in to exist. The knowl- HLF Higher Sec Sechool edge of Dogri Language & Luthra Academy, HC remained restricted to Vaid Financial Secretary Mohallas, and it was not arranged function in NSK even allowed to spread in High School & UP Public the streets. Cultural differ- School, Anju Bansal put ences and diverse social her efforts to make prostructures that prevented gramme a grand success the acceptance of Dogri as in Cooperative School, regional language defied Tiny Tots & JK Public the perception of rich School. Vijay Sharma I/C Dogra culture and heri- Club Media cell, Vijay tage. It was expected from Gupta & Ashok Gupta I/c the available work force in Yoga Cell and other Office the past that they should bearers of the club also have fought for inclusion graced the Mega Funcof Dogri Language as a tion. CM Sharma, Chairsubject of studies in syl- man HLF HR Sec School, labi of School education announced that the upto 5th class in schools Slogan Writting Competiof Jammu Province where tion in Dogri will be orgathey abysmally failed. nized in different schools.

GDC Thathr organizes Voter Awareness Campaign



JI NEWS SERVICE THATHRI, FEB 21

on 21 Feb 2024, the NSS about the program.Prof program" Role of Youth titled," Role of Youth in tion" regarding voter all patronage of Prof. HOD English. Basharat Iqbal, Princiand local youth that they HoD education. are the future of our the democracy.

All the staff and NSS volunteers were present in the program.Prof. Today on the eve of Deepak Raj, HoD English National Voters week gave a brief introduction unit in collaboration with Arshad Ayoub HoD Politithe voter literacy club of cal science gave a detailed GDC Thathri organised a lecture about the program in Electoral Participa- Electoral participation".

The programme was awareness. The program managed by Dr Sanjay was organised under the Kumar HOD ,Urdu NSS banner of voter aware- programme officer, Prof. ness campaign for the Arshad Ayoub HoD Politiyouth "under the over- cal and Prof Deepak Raj

Others present on the pal of the college. The occasion were HoD Eco-Principal addressed the nomic, HoD EVS, HoD students, NSS volunteers sociology, HoD Dogri and

The programme was nation and they have a ended with a formal vote great role in electoral par- of thanks presented by Dr ticipation to strengthen Sanjay Kumar HOD Urdu, NSS programme officer.

Gurdeep praises massive turnout at PM Modi's rally in Jammu

JI NEWS SERVICE RS PURA,, FEB 21

Co-Convenor of BIP P'anchayati Raj Cell, large numbers from vari- rural areas. ous districts of Jammu and

Gurdeep Singh Saini,

was evident in the grand ing Lok Sabha elections. rally held in Jammu. ence held in RS Pura, to Lieutenant Governor Gurdeep Singh Saini Manoj Sinha for efficiently expressed his gratitude to implementing the central the district administration government's schemes and the people for making for Jammu and Kashmir. the grand rally of Prime He mentioned that the Minister Narendra Modi a resounding success. He being fully utilized by mentioned that during his the people, especially at visit to Jammu and Kash- the panchayat level, and mir, Prime Minister Nar- the Vikasit Bharat Sankendra Modi inaugurated alp Yatra has served as a several projects that were catalyst for their developcompleted at a cost of ment. crores of rupees, which were a gift to the people thousands of workers of of Jammu and Kashmir. the BJP Panchayati Raj Especially noteworthy Cell attended and listened was the commencement to Prime Minister Naren-



expressed gratitude to the which will provide better people who showed up in healthcare facilities to the

He stated that the mas-Kashmir at Prime Minis- sive turnout at the rally ter Narendra Modi's rally proves that the people of in Jammu. He stated that Jammu and Kashmir stand the overwhelming trust with Prime Minister Narand support shown by endra Modi, and their love the people towards Prime will be witnessed through Minister Narendra Modi their votes in the upcom-

Gurdeep Singh Saini During a press confer- also expressed gratitude government schemes are

During the grand rally, of AIIMS in Vijaypur, dra Modi's speech.

OFFICE OF THE DISTRICT ELECTION OFFICER

(DEPUTY COMMISSIONER, NEW DISTRICT ADMINISTRATIVE COMPLEX, MAURA, RAMBAN) Email: dc.ramban@jk.gov.in Ph./Fax:-01998-266701

ub:	Conduct of Parliamentary Election Fixation of rates - thereof.	ons - 2024 -	
	PUBLIC NOT	ICE	
ectoral C	ursuance to the communication receiv Officer, UT of J&K, Jammu vide No. CEO-I	ELECOCOE/6/2023	-1/721-82,
be fixed	02.2024, the rates for various items / ma I for following items. uch, this office is invited Quotation, in s		·
ns deali ated Ma	ing in different items/services/supplies for aterial/ supplies/ services for the conduct	or fixation of rates of Lok Sabha Elect	of Election tions 2024.
	are advised to submit quotations of their gned within seven days from the publica		
S. P	Particulars	Per Unit/ Per	Rates
	RATE FOR TENT HOUSE ITEMS	day	
$\overline{}$	Ceiling Fancy 15'X15' Ceiling White 15X15	Sq ft Sq ft	
	Curtain White	Sq ft	
_	Curtain Coloured Fancy Kanat Coloured Fancy	Sq ft Sq ft	-
6 P	Pole Cover	Sq ft	
_	Firpai 15X15 Mat 30X3	Sq ft Sq ft	+
-	Drugget Durret 12X10	Sq ft Sq ft	
11 K	Kaleen	Sq ft	
_	Kaleen 15X5 Chaddar Print/Masnand	Sq ft Sq ft	+
_	Chaddar White Durrie 15'x25'	Sq ft Nos.	1
16	Carpet Passage 30'x3' length	Nos.	
_	Chair (Sleeve/Plastic) Chair (Cushioned)	Nos Nos	+
19 F	Full Chair cover with Bow	Nos	
_	Table 5*25' Table Cloth per Table	Nos Nos	\pm
22 T	Table Jhaller per Table	Nos.	1
_	able Round 4.5 (Oia) Table Round Cover	Nos.	
_	Table Basin (Sanmica) Wash Basin (Steel)	Nos.	1
27 T	Takhat Posh'4X4'	Nos.	
_	Gas Bathi (single Barney) Patila with Lid	Nos.	+
30 K	Carahi Set (with Pooni & Tentha)	Nos.	1
_	Karshi (Big) Karshi (Small)	Nos.	
-	Balti Chirmachi	Nos.	
35 T	īub	Nos.	
_	Paraat Plastic Dustbin	Nos.	1
_	Vater Drum (Full)	Nos.	
_	Vater Drum (Half) Fan Pedestal with connection	Nos.	
_	Full Plate (Melamine) Full Plate (Bone China/Glass)	Nos.	1
_	Q. Plate (Bone China/Glass)	Nos.	
_	Coffee Mug (Crocker/ Ordinary) Coffee Mug^Bone China)	Nos.	1
46 C	Cup Saucer (Crocker/ Ordinary)	Nos.	
	Opp & Saucer^Bone China) Onga/Rice Plate (Steel)	Nos.	+
_	Donga/Rice Plate (Bone China/Glass)	Nos.	
	Tea Pot (Steel) Tea Pot (Crockery Ordinary)	Nos.	
_	Milk Pot/Sugar Pot (Steel/Crockery) Milk Pot/Sugar Pot (Bone China)	Nos.	+
54 J	ug (Steel)	Nos.	
_	ug (Glass) Glass (Steel)	Nos.	+
_	Glass Tumbler Plain	Nos.	
-	Glass Fancy Thali (Steel)	Nos.	
	ce Cube Container Snack Warmer	Nos.	-
62 T	ea Container	Nos.	
$\overline{}$	Service Tray Re-Sheffing Dishes (Normal Size)	Nos.	+
65 R	Re-Sheffing Dishes (Big Size)	Nos.	
_	Re-Sheffing Dishes (Hotelware) Spoon (Ordinary)	Nos.	
_	Baby Spoon / Tea Spoon Fable Spoon	Nos.	
70 S	Service Spoon	Nos.	
_	Gervice Spoon Bone China Fork/Knife	Nos.	+
73 S	Salad Plater Steel	Nos.	
-	Salad Plater (Bone China) Mattresses (Ordinary)	Nos.	<u> </u>
	Mattresses (Foam)	Nos.	
_	Rajai with cover Pillow with cover	Nos.	
_	Bed Sheet Single (Print) Bed Sheet Single (White)	Nos.	+
81 (Coffee Machine	Nos.	
_	an Pedestal Fan Pedestal with wire connection	Nos.	1
$\overline{}$	PUBLICITY MATERI		1
-	Offset printing (Laser Type Setting) 8 X 22 /4		
_	.8 X 22/5 .8 X 22/6		+
1	.8 X 22/8		
_	.8 X 22/12 Multi Colour		+
Р	Positive Single Color per sq inch		
_	Scanning/Planning per sq inch PLATE MAKING (PS) PER PLATE	+	+
1	.6x20		
_	.8x23 .9 x 26	<u> </u>	
2	20 X 30		
_	PRINTING BLACK AND WHITE		
_	.6X20 .8X25		
1	9X26		
-	20X30	-	+-
	. **	1	1

	20740		
88	28X40	<u> </u>	
00	PRINTING MULTI COLOUR PER SET 16X20	<u> </u>	
	18X25		
	19X26		
	20X30		
	23 X 36		
	28X40		
89	OFFSET PRINTING (10x15 TO 15x20) COST OF MATTER INCLUDING PRINT		
	OUT		
	Legal		
	A - 3		
90	POST PRESS		
	Lamination 0.05 per sq inch Coating: Full spot 10X15 /11X8		
	Thermal lamination 0.5 Sq inch		
91	SCREEN PRINTING (LETTER FORM/		
	BILL BOOK)		
92	RECEIPT BOOK		
	18 x 23/4 18 x 23/5		
	18 x 23/6		
	18 x 23/8		
	18 x 23/12		
93	INVITATION CARD/WEDDING CARD/		
	ENVELOPS Minimum charges per 100 color	-	
	Visiting Card per 100 per color		
	Dairy/Table Calender per 100		
	Calender upto 12 inch		
94	DIGITAL PRINTING SIZE 12 x 18		
	ELECTRONIC MEDI	Α	
95	FM	Per 10 sec	
96	Led Advertising	Per 10 sec	
97	Plasma TV 45 X 42	Per day with vehicle	
98	National TV e.q., Gulistan, 24X7, ETV	Per 10 sec	
	etc.	Do:: 10	
99	Doordarshan P.A SYSTEM	Per 10 sec	
100	1. Amplifiers		
	a). 100 Watt	Per day	
	b). 500 Watt	Per day	
	c). 100 Watt	Per day	
101	2. Speakers		
	a). Horn + Speakers		
-	b). Speaker 600 Watt	<u> </u>	
102	3. Battery 150 mah	Per day	
103	4. Generator Set		
	a). Genset without diesel b). Genset with diesel		
104	5. Microphone		
	a). Microphone		
	b). Mega Mircro-phone		
105	6. PHOTOGRAPHY		
	a). Video	Per hour	
	b). Still	Per hour	
	Full Day Video		
	Full Day Still		
106	Public Address System (Gathering upto	I EM	
100	10000) with G/Set		
107	Public Address System (Gathering upto		
108	5000) with G/Set Hire Charges of Generator per day		
109	Hiring Charges of Generator per hour	<u> </u>	
	Flexes hoarding with frame	Per sq ft	
TIU			
111	Flexes hoarding without frame	Per sq ft	
		Per sq ft	
111 112 113	Flexes hoarding without frame Banners per 10 Sq ft Pamplets 18 X 22	Per sq ft	
111 112 113 114	Flexes hoarding without frame Banners per 10 Sq ft Pamplets 18 X 22 Posters/Stikers 10 X 7.5	Per sq ft	
111 112 113	Flexes hoarding without frame Banners per 10 Sq ft Pamplets 18 X 22 Posters/Stikers 10 X 7.5 Flag Badges 18 X 23 /28 inch		
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ENT/Rbn/2023-24/3951-58

DIP/J-15250/23 Date: 21-2-24

District Election Officer

Col Ranveer Singh Jamwal gets Gold Medal from **Arunachal Pradesh State**



JAMMU, FEB 21

Pradesh State Award (Gold Medal) for "Har Shikhar Tiranga" Mission

As a testament to the exceptional leadership and dedication to promoting adventure and nation-Samba district, and presently heading a very pres-

with 15 members team vice president of NIMAS. of NIMAS, involved scaldiversity of India.

the esteemed presence Indians.

of the Hon'ble Governor of Arunachal Pradesh, Lieutenant General KT Director of NIMAS, Col Parnaik (Retd.), and the Ranveer Singh Jamwal, Hon'ble Chief Minister receives Arunachal of the state, Shri Pema Khandu, along with other dignitaries and other state

Expressing his gratitude upon receiving the award, Col Jamwal stated, "It is truly an honor to be al unity, Colonel Ranveer recognized for NIMAS's Singh Jamwal, who hails efforts in promoting from Village Badhori of national unity and adventure through the 'Har Shikhar Tiranga' mission. tigious, National Institute This achievement would of Mountaineering and not have been possible Allied Sports (NIMAS), without the unwavering has been honoured with support of all the memthe prestigious Arunachal bers of NIMAS team and Pradesh State Award the encouragement of (Gold Medal) for the "Har Hon'ble Raksha mantri Shikhar Tiranga" mission. Sh Rainath singh who The "Har Shikhar Tiran- is the president of this ga" mission, an ambitious institution AND Hon'ble endeavor was led by Col CM ArunChal Sh Pema Ranveer Singh Jamwal khandu who is also the

Under Col Jamwal's ing the highest moun- visionary leadership, tain/point of all 28 states NIMAS continues to of India while hoisting inspire and empower the tricolor flag at each individuals to push their summit. This remarkable limits, embrace chalfeat not only showcased lenges, and explore the the spirit of adventure majestic landscapes of but also celebrated the India. The "Har Shikhar cultural and geographical Tiranga" mission serves as a shining example of The award ceremony, NIMAS's commitment to held at the Rajbhawan excellence and its dedicain Itanagar, Arunachal tion to fostering a sense of Pradesh, was graced by unity and pride among all

Rajouri Police organizes **Cyber Security Awareness Prog at GDC Nowshera**



JI NEWS SERVICE NOWSHERA, FEB 21

Under 'Operation Pathshala' aiming towards spreading awareness among reason of this. He further students, Jammu & Kash- appealed the students to mir police in Rajouris' remain fully aware about Nowshera sub division such kind of frauds and organised an awareness also to act as ambassadors program at Government of awareness in the socidegree College Nowshera. ety making every single Sub Divisional Police Officitizen aware about this cer Nowshera, Jaswant threat. Singh presided over the

cybercrime are increasing with each passing day and lack of awareness and proper education towards this new type of crime is a

The participants were event in presence of staff also made aware that members of institution Jammu and Kashmir alongwith SHO Sumit police has established Magotra. During this a number of dedicated awareness program, Sub cyber crime units and Divisional Police Officer any victim of such crime Nowshera Jaswant Singh should immediately delivered lecture on report the matter before cyber security and aware- these dedicated units for ness among the students timely investigation and making them aware about action. The police officer cyber risks, precautions also appealed the particiwhile using internet and pants to remain cautious social media handles and towards banking frauds to remain safe from online and not to share OTP, frauds. The police officer credit and debit card numinformed the participat- bers, CVV code and other ing students that the cases personal bank details with of online frauds as well as unknown callers.

JKAACL celebrates Rich Cultural Heritage of J&K with spectacular program at IIM Jammu



JI NEWS SERVICE JAMMU 20-02-2024

Jammu and Kashmir academy of Art culture and languages proudly presented a vibrant cultural extravaganza showcasing the region's diverse traditions, music, dance, and art. The event, set to captivate audiences, aims to celebrate the inaugura-Hon'ble Prime Minister

Sh. Narinder Modi. and exquisite folk dances of J&K, offering a glimpse into the vibrant tapestry of Jammu and Kashmir's cultural identity. From the melodious tunes of tra-



was presented.

The programme began Attendees were treated with the Ganesh Vandana by a mesmerizing display by the artists of JKAACL of traditional dances, soul- which followed by the ful music performances, melodious singing by the talented singers like Vanshika Jaral, Rakesh Malhotra and Master Vicky. They were equally supported by the renowned musicians like Rakesh ditional folk songs to the Anand on Flute, Darbari of diversity included Prof. intricate movements of Lal on Tabla, Krishan B.S.Sahay, Director IIM, graceful dance forms, the Kumar on Synthesizer, program was a feast for the Rajeev Kumar of Dholak senses. In the beginning and Aman on Octopad. Prof. B.S.Sahay, Director The main attractions of IIM, Jammu welcomed the program were Kashand felicitated Sh. Bharat miri Pandit dance Veeg Singh, Secretary, JKAACL Vachun and Dogri Jagarna. under whose guidance The program concluded Mitali Gupta.

tion of IIM JAMMU BY the this spectacular program with the thrilling Bhangra by the artists.

The cultural program presented by the artists of Academy fostered a deeper appreciation for the unique cultural fabric of Jammu and Kashmir. Dignitaries who joined the program in experiencing the magic of Jammu and Kashmir's cultural program and celebrating the beauty Jammu, Sh. Bharat Singh, Secretary, JKAACL, Cmdr Kesavan Baskkaran, Chief Administrative Officer, IIM, Jammu , Prof. Jabir Ali and others. The program was ably conducted by Ms.

Dr. Shashank Kulkarni authored book, "Mera Gaon Mere Prerna Srot" launched at CUJ



JI NEWS SERVICE

Brigadier Rajinder Singh warmly receive it. Auditorium in the Central and Kuljeet Singh, a schol- the untold history of the ar at the CSIT department, unrecognized great warthe Central University of riors of Jammu and Kash-Jammu, and the SHoDH mir to the nation. This is J&K State Convener.

the Jammu and Kashmir tigating the lives of those thanks.

Study Centre, introduced the program. He stated that the book's release on

who devoted their entire lives to society and the nation. In the near future, this writing task must be carried out extensively in other regions of Jammu and Kashmir as well. Professor Sanjeev Jain,

the Vice Chancellor of the Central University of Jammu, presided over the program. He stated in the presidential address that The book launch event for Sankalp Diwas is a fortu-the writing by Mr. Kuljeet "Mera Gaon Mere Prerna nate coincidence, and he Singh and Dr. Shashank Srot" took place today at believes that readers will Kulkarni of our university is not just for this book. I Mr. Rupesh Kumar, am certain that this will University of Jammu. This Prant Pracharak of Rash- soon be disseminated book was authored by Dr. triva Swayamsevak Sangh, to various regions of the Shashank Kulkarni, a post- was the main guest at the country as a campaign. doctoral fellow at the Cenevent. He stated that this The institution apprecitral University of Jammu, significant book will unveil ates this undertaking and wishes the young writers well in their future literary endeavors.

Dr. Nancy Menghi modreally necessary in the erated the session, while Professor Virendra present day. This book has Professor Vinay Kumar Kondal, Vice President of been completed by inves- delivered the vote of

he will held deliberation

PoJK Refugees call on senior PDP leader, resents delay in registration of land



JI NEWS SERVICE JAMMU, FEB 21

Expressing concern over villages today met senior PDP leader and social cern regarding land reg-

not able to transfer their land. Moreover, displaced ity" basis, Narinder said. people earlier had full When the Centre is repeatrights under Cabinet Order edly assuring farmers of non-registration of their 254-C, 578-C but this letter continued procurement land, transfer of land, has created a situation of of their produce at the the villagers of RS Pura confusion in the entire minimum support price, Revenue Department. there should be no hitch Along with this, there has in giving it a legal shape activist Narinder Sharma been talk of ending the through necessary legislato express their deep con- Agrarian Reforms in this tion, he added. "The fact letter. After the said notiis that the BJP and its govistration. The displaced fication, a deadlock has ernment at the Centre and members said that ever arisen inside the Revenue in states have got jittery since the notification, their Department in Jammu and by the success of farmers' lands are not being regis- Kashmir.Narinder assured secular and democratic tered and hence they are the displaced leaders that movement," said Narinder.

with Registrar Inspector General and also bring the matter into kind notice of concerned officials. Narinder appealed to Prime Minister Narendra Modi to personally address all "genuine" issues of agitating farmers after putting aside all his other engagements.The Prime Minister should resolve the issues of agitating 'annadatas' on a "top national prior-

people is unparallel: Sat Sharma

Modi's passion to serve nation &

Jammu and Kashmir BJP senior leader and former minister, Sat Sharma CA, stated that the people of the UT have seen the real development and welfare of the masses during the past about ten years, under PM Narendra Modi.

ing with a large number of of them are beneficiaries of deputations and individuals during his weekly public has all been possible due to and the party leaders make Darbar at party headquar- the concern and committers on Wednesday. Sat Sharma said it has

got a fair deal in projects and Jammu in particular. schemes of any union govopment projects and welfare watching fast development, up gradation and modernization of road, rail, and air connectivity, construction of



Biotech Park, hydel projects respectable Prime Minister. etc. The people have also availed benefits of varied more than one scheme. This ment of Prime Minister Nar- them. endra Modi to deliver justice happened for the first time to the neglected and discrimthat Jammu and Kashmir has inated Jammu and Kashmir,

Sat Sharma said that the ernment. He said that the good governance model of people, who might not have the Modi government has even thought of mega devel- attracted the attention of the Jammu city, Akhnoor, Bilschemes, are themselves have realized that Modi is Anand Vihar, Rajpura Manserving the people with commitment and can be trusted.

Modi's passion to serve tutions like AIIMS, IIT, IIM, the most trustworthy and encroachment etc.

Jeet Angral, Seh-Prabhari BJP SC Morcha, said that

Sat Sharma was interact- welfare schemes, and many people throng the BJP headquarters daily to seek help in mitigating their problems every possible effort to help

Ankush Mahajan, Incharge RMSA, who diarized the proceedings, said that the public response to the public darbar has been overwhelming. In today's public darbar, people from people across J&K and they lawar, Tikri, Talab Tillo, gotrian, Bajalta, had reached the party headquarters, with the resolution of their probthe nation and its people is lems related to PM Awas bridges, flyovers, the estab- unparalleled and has earned Yojana, digging of a water lishment of prestigious insti- him the distinction of being well, covering of Nallah, land

DPS Junior Kathua organizes Engaging Activity for UKG Students

JI NEWS SERVICE JAMMU, FEB 21

Delhi Public School Junior Kathua recently organized an exciting activity for the students of UKG, which was met with great enthusiasm and zeal. The event showcased the hard work and performances of the students, highlighting their talents and dedica-

the various community ings, highlighting the roles ment of the students. and responsibilities they undertake for the betterand Mrs. Sonam Gupta munity Helpers in our school promises to conthe students. Mr. Vivek parent or grandparent. tance of community help-Arora, the School Princi- But do we know there are ers in our lives.

pal, expressed his delight people in our surroundto see the students' perings who are constantly formances, the teachers'

The event aimed to the parents' support. He of ecosystem that helps in educate students about emphasized the value of the smooth functioning of such activities in nurtur- the things around us. They helpers in their surrounding the overall developare Community Helpers.' Mrs. Monika Singh empha- mitted to organizing such ment of society. Through sized the importance of activities that contribute this activity, the class recognizing Neighbour- to the holistic developfacilitators Mrs. Anu Bala hood Network and Com- ment of the child. The

present, doing their work, and staff's hard work, and which has created a sort

Delhi Public School The School Incharge Junior, Kathua is comendeavored to instill a daily lives. She stated, tinue organizing such sense of appreciation and "Whenever children want" activities to help students understanding of the com- something, the first thing understand the value of munity helpers among they do is approach a life skills and the impor-

NYKS J&K and Ladakh to organize **State Level-National Youth Parliament** Festival 2024

JI NEWS SERVICE JAMMU, FEB 21

Nehru Yuva Kendra Sangathan UT od I&K and Ladakh under Ministry of Youth Affairs & Sports, Govt. of India is going to host 5th edition of National Youth Parliament Festival at State Level on 23rd February, 2024 in which 44 winners in the age group of 18 to 25 years will participate and deliberate on national issues towards achieving the goal of Viksit Bharat

by 2047. The selected first and second position holders of 22 districts of J&K and Ladakh will be participated in the State level event to be held on 23-02-2024 in virtual mode. It is a golden opportunity for the youth to showcase their talent and put forth their views in this virtual

The theme of National Youth Parliament Festival 2024 is Young Voices Engage and Empower For Nation's Transformation which will be deliberated on following three topics:

•Yuva Ke Dwara, Yuva Ke Liye: Bridging the gap in Rural India through Youth Volunteerism

PM Jammu visit nothing new, just lollipop and election agenda: Sanjeev Sharma

JI NEWS SERVICE SAMBA, FEB 21

Congress Distt Samba

President Sanjeev Sharma today said that Prime Minister Narendra Modi disappointed the people of Jammu and Kashmir by not spelling out any the dreams of Metro cities

ing the jobs and lands of the speech delivered by the permanent residents, the Prime Minister at MAM granting statehood, Stadium in Jammu district addressing the burgeoning Sanjeev Sharma said that unemployment problem, the youth were expecting ending developmental a big employment packinertia and tackling the age, given the promises selective attacks by ter- held out by the BJP in 2014 rorists in the Valley. San- and 2019 but not speaking jeev said that PM visit of a word is anti-climax of the Jammu just an "Election visit. He said the educated Lollipop", and nothing employed are not only new. He also avoided to struggling for some sort mention his earlier prom- of sustenance but are also ises and hopes given to worried about their share the people and youth of in the jobs being usurped different categories like by the outsiders."The large scale unemployed youth find themselves in and thousands of daily a very precarious situawagers, need based and tion with no hope in sight other contractual & tem- in the near future. Much porary employees besides disappointing fact about refugees and Kashmir the speech was the stoic Pandits had high hopes silence of the PM over the which were shattered. regularization of about Unemployment is at its 80,000 daily wagers, peak, the resentment over casual labourers, needs agniveer scheme, failure based, adhoc based in of adequate jobs were various departments who



roadmap for safeguard- smart cities. Reacting to burning issues but prime along with their families minister showed atten- are suffering for decades,' tion. He didn't referred to Sanjeev added.

NEWS

Deputy Commissioner Samba listens to people's issues at weekly block Diwas programme

JI NEWS SERVICE

SAMBA, FEBRUARY 21

Commissioner Samba, various roads. Abhishek Sharma, today

Block Diwas program.

chaired the weekly demands, the Deputy help to reach governance block Diwas programme Commissioner assured at the door steps of the at Community hall of public that all their public which improves Channi Manhasan block genuine issues would the public service deliv-Vijaypur district samba. be addressed in a time ery mechanism. Besides, tions were issued to all Additional District bound manner. The the Deputy commission- the officers to organize Development Commis- Deputy Commissioner er Samba also inaugu- awareness camps in their sioner, Rajinder Singh, also extended his best rated a tubewell under respective areas so that ACD, SDM, BDO, and wishes to all the people Jal Jeevan Mission at the general public can district officers of other for participating in the Village Thalodi Gujjran avail the benefits of vari-

To take governance to the scheme, Dilapidated the main objective of doorsteps of people and conditions of various this public outreach to speed up the griev- link roads, Electric Poles, programme is to take ances redressal mecha- Maintenance of internal a firsthand appraisal of nism at all levels, Deputy Roads, Black topping of important issues to grass Responding to the these outreach camps

While interacting at Village Raika Labana, The public demanded with public, the Deputy Ramgarh & also visited Implementation of JJM commissioner said that CHC Ramgarh regarding the drainage issue.

The Deputy Commissioner asked the officers to note down the demands and redress root level. He added that them on priority basis and directed them to work in coordination for equitable development of all Panchayats in the district. Necessary direc-

DC Srinagar conducts late night inspection of various ongoing construction sites

JI NEWS SERVICE

SRINAGAR, FEBRUARY 21

In order to ensure smooth movement of Traffic on city roads particularly around ongoing construc-

The Deputy Commissioner (DC), Srinagar, Dr. Bilal Mohi-Ud-Din Bhat Wednesday late night undertook inspection of various various parts of the City.

The Deputy Commissioner visited Bemina, Sanant Nagar and Nowgam crossing along bypass and other adjoining areas and took onsite inspection of traffic movement on service roads near infrastructure development sites.

During the inspection, the DC passed spot directions to the concerned carrying the patients.

ulation on service roads conditions of service better traffic regulation smooth ply of traffic.

public appeals regarding remove bottlenecks, if sioner was accompanied executing agencies to traffic congestion in some any hindering the traf- by concerned officers and ensure smooth Traffic reg- areas caused due to rough fic movement to ensure engineers.

around the construction roads, the DC instructed in city. The DC also asked sites so that commuters the executing agencies them to speed up the do not face any difficulty to upgrade these service pace of ongoing works particularly the vehicles road stretches to ensure to ensure their timely completion. During the Taking cognizance of He also asked them to visit the Deputy Commis-

departments partici- weekly Block Diwas pro- and visited the Hi-tech ous centrally Sponsored pated in the weekly gramme. Polyhouse under HADP schemes. Dr. Abid reviews functioning of JKMSCL

SRINAGAR, FEBRUARY 21

Secretary, Health & Medical Education, Dr. Syed Abid Rasheed Shah today undertook a comprehensive review to assess the functioning of Jammu and Kashmir Medical Supplies Corporation Limited (IKMSCL) during a meeting at Civil Secretariat here

/ CAO, General Managers, for testing regime. Deputy General Managers

to work in mission mode to the UT of J&K. and ensure the seamless Drug List (EDL).



and Medical Officers of the instructed the officers to mobile app. He further take advantages of State- directed the MD JKMSCL Addressing the officers of-Art testing Laboratory to ensure timely procureduring the meeting, the of D&FCO at Kathua inaument of drugs, diagnostic Secretary instructed the gurated by the Prime Min- as well as machinery and management of JKMSCL ister during his recent visit equipments to prevent

and timely supplies to the ed the management to emphasized in facilitating health care institutions thoroughly review the necessary procurements ensure due compliances across the J&K especially empanelled labs of the for operationalization of in respect of audits of the availability of the Corporation and take State Cancer Institute, accounts in the Corporamedicines under Essential strict action against that Jammu on top most priorsuppliers whose supplies ity. He also emphasised on are declared as "Not of Dr. Abid also stressed detailed power point pre-

H&ME, Financial Advisor a fool proof mechanism sary steps in this regard The Secretary also beta version of the DVDMS any disruptions in patient Dr. Abid further direct- care services. He further

ment. He instructed them stressed on the officers ly in terms of Machinery ration.

seven new Medical Colleges. He further impressed upon the management of corporation to maintain due transparency in including launch of the the procurement process and ensure that tenders are finalized within the fixed timeframe. He also asked them to draw out timelines for tendering process and bottlenecks in this process should be addressed promptly.

The Secretary instructed all the officers to tion. During the meeting, MD, JKMSCL gave a the need to strengthen Standard Quality" (NoSQ). upon augmentation of sentation regarding the supply chain manage- The Secretary also infrastructure particular- functioning of the Corpo-

Amid heavy snowfall SDH Sogam conducts 13 Deliveries, 6 Dialysis in 02 days

KUPWARA, FEBRUARY 21

Amid heavy snowfall in the entire Kupwara district including Lolab Sub-division, Doctors at Sub-District Hospital (SDH) Sogam successfully conducted 13 deliveries which included 8 'Lower Segment Caesarian Section' (LSCS) surgeries and 5 normal deliveries with zero gynae referral.

In this tough time, when life had come to stand still, braving all odds, a team of doctors under the supervision of Block Medical Officer (BMO), Dr. Fareed Shaheen Choudhary, conducted these surgeries.

Giving details about the surgeries conducted, the officials said, "In the last 24 hours, the dedicated and hardworking medical staff at sub district hospital Sogam had done a mar-fully. velous job and conducted Section' (LSCS) success- during the period. The



13 deliveries including 8 Sogam also conducted 6 tional during this challeng- has been appreciated by 'Lower Segment Cesarean dialysis and one autopsy ing time.

Outpatient Department dedication of Hospital The medical staff at SDH (OPD) remained fully func- staff and administration

the people of Lolab.

Winter Sports Capital, Gulmarg turns abuzz with Khelo India Winter sports activities

GULMARG, FEBRUARY 21

Phase of 4th Khelo India day for Nordic Men for Winter Game were raised, Sprint 10 KM witnessed the festivities of celebra- the enthusiastic participations kicked on the prevition of thirty-three playous cold & serene night. ers including ten from

open, the Jammu & Kash-five J&K, two each from mir Sports Council and Uttarakhand, Himachal associated departments Pradesh, Jaharkhand, with close coordination Karnataka, and one from & synergy on first Day West Bengal. organized two events of Women & Men category.

officials facilitating par- position. ticipants assigning them chest numbers and install- the jerseys and Skiing ing timers at the finishing equipments were pushing & starting points.

letes who participated made rounds along the in the first game of the track with focus on to season represent differ- scale the top position. ent states and organiza- Some of the player were tions including ten from fresh while others had ITBP, two from Guja- second or third opporturat, two from Himachal nity carrying with them Pradesh, two Ladakh and the past experience. one each from Karnataka, Uttarakhand.

from Karnataka emerged about the ongoing Winter memories. the winner in the Nordic Games of Khelo India said

got second and third position respectively.

While the 2nd Sports After curtains for 2nd event scheduled for the With the stage laid Army, nine from ITBP,

In men's category, Nordic Skiing one each for all three positions were taken by Army as Padma The Event of Nordic Namgail achieved first Women Skiing for Sprint position, Mangeet second 1.6 KM started at the Golf while Rameez Ahmad Culb with supporting Paddar settled with 3rd

The players donning themselves against slopes Twenty Women ath- overcoming the friction

Geeta Thakur, a coach ers are in high spirits to destinations, to channel-Bhavani Thekkada ing ITBP, while speaking experience & resplendent Olympics.

Soreng and Sapna of ITBP ment in the weather, play-which is better than other ments including Trans- Winter Games and is also He expressed gratitude stated that players feel at sents agility & strength.

Meghalaya, Haryana & of Snow Boarding from display their potential & ize the talent of young-Uttarakhand represent- skill to take home medals, sters for bigger events like

NORDIC SKIING

(SPRINT)

She appreciated Offi-Gulmarg is provid- cers of J&K Sports Council

facilities.

Sports event while Selma that with the improve- ing unique opportunity, for making all the arrange- all the three Khelo India weather is also pleasant. J&K Sports Council and tains of J&K which repre-

port & accommodation taking part today in the to the Centre & UT govfourth edition. Sharing his ernments for enhancing Rajesh Thakur player experience Thakur says the facilities all over the moves for the second of Nordic Skiing Sprint 10 that he feels excited today destinations. Talking time in KIWG said that KM, representing ITBP, as the snow accumulation about the arrangements, the Snow Leopard is comwho has participated in is much better and the he showered all praise to monly found in the moun-

home and the officials are entirely supporting.

Joginder Kumar, from Haryana said that the players from the state arrived two days before which provided them ample time to practice and refresh for the competitions.

He expressed that all Khelo India Winter Game unfolds vast opportunities for the young generation to make a professional career and represent nation at international level.

"This event unites Nation by Youth & Culture exchange besides helps players to understand & Know one another", he maintained.

The games commenced amid the traditional local cultural presentation of Bandpether wielding the occasion with music and soulful essence

One of the many attractions of KIWG is the Snow Leopard Mascot, the role is being played by Adil, an employee of J&K Sports council. He has been enthralling the spectacle with choreographed