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"Awaam ki Awaaz" Lt Governor dedicates this month's episode to Unsung Heroes, Nari Shakti of Jammu Kashmir

JI NEWS SERVICE JAMMU, FEBRUARY 18

During this month's Awaam ki Awaaz programme, Lieutenant Governor Shri Manoj Sinha highlighted efforts to provide social justice to build an Atmanirbhar Jammu Kashmir. He also shared the stories of beneficiaries and inspiring unsung heroes that have become embodiment of transformation in Naya Jammu Kashmir.

"After more than seven pendence, Hon'ble Prime opmental imbalances and Justice in J&K, which development. ensured everyone has said.

Sabka Saath Sabka Vikas tunities is further strength- to



decades of India's inde- Prayas has removed devel- observed.

"No future-oriented Scheduled Tribes list, access to equal opportu- society can progress while safeguarding our

The historic decision Minister Shri Narendra put J&K on the path of of the inclusion of Paha-Modi Ji established Social accelerated and inclusive ris, Padari Tribes, Koli and Gadda Brahmin in

nities and the resources to without people-centered the interest of well-being and prosperity governance. Our vision Gujjar, Bakarwsociety," the Lt Governor must reach all sections of listed society and measures for tribes is a He said the vision of equitable access to oppor- testimony Sabka Vishwas and Sabka ened," the Lt Governor commit-

of marginalised sections of is to ensure that growth als and other

Governor lauded Bandipora's Ms Shabnam Bashir for her significant contribution to the society and standout efforts for the revival of tribal culture.

He made a special mention of Ms Waheeda Akhtar from Budgam who overcame immense challenges and serves as an inspiration to women in the area and helping in their economic empower-

ment towards the empowerment of all, he said.

Dedicating the 35th edi-

tion of Awaam ki Awaaz

programme to Unsung

Heroes and Nari Shakti

of Jammu Kashmir, the Lt

ment. Ms. Reva Raina from Jammu is promoting values-based education using sports in different schools. Her

vision TINUED ON » PAGE 4

Security stepped up in Kashmir ahead of PM's visit to J&K

JI NEWS SERVICE SRINAGAR, FEB 18

Security forces have been put on an alert in Kashmir ahead of the visit of Prime Minister Narendra Modi to Jammu on Tuesday.

Police and paramilitary forces are conducting random checking of vehicles at dozens of places in the city and elsewhere, officials said here on Sunday.

Special checking points, ncluding entry and exit points have been set up at various places in the city as a precautionary measure, the officials said.

minister will be visiting valley have been put on in Udhampur. an alert to ensure that terrorists do not carry out ly flag off the first train in the meeting was to underany subversive activities Sangaldan-Baramulla rail take a comprehensive during the high-profile link and also address a review and strengthening visit to the Union Territory, they said.

This will be Modi's second visit to Jammu and Kashmir during his second term in office.



The Prime Minister is in a meeting at PCR Kashexpected to inaugurate mir.

various development projects during his visit attended by senior offito Jammu which include cers of various security Although the prime the AIIMS hospital Jammu, agencies including police, world's highest railway Army, BSF, CRPF, SSB, the Jammu region, the bridge over Chenab river CISF and state and censecurity forces in the and Devika river project tral intelligence agencies,

Modi is likely to remotepublic rally in Jammu later of the security arrangein the day.

General of Police, Kashmir Union Territory of J&K, as Zone, V K Birdi, reviewed well as other events the security in the valley

The meeting was

a police spokesman said. He said the objective of

ments "in anticipation Meanwhile, Inspector of visits by VVIPs to the

CONTINUED ON » PAGE 4

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Not seeking 3rd term for political Srinagar-Leh highway closed gains, but for benefit of India: PM following fresh Snowfall

AGENCIES NEW DELHI, FEB 18

Prime Minister Narendra Modi on Sunday asked the BJP cadre to work with renewed vigour and confidence for the next 100 days to reach out to new voters and win their confidence to ensure the party's return to power in the upcoming Lok Sabha elections.



Addressing the BJP to improve living stan- not 'rajneeti'," he said.

JI NEWS SERVICE SRINAGAR, FEB 18

Authorities have closed the Srinagar-Leh Highway for vehicular movement due to snow accumulation at Baltal in Jammu and Kashmir's Ganderbal District.

Baltal is a camping ground for pilgrims, 75 km from Ganderbal and



93 km from Srinagar. It is Kashmir division over the in Sringar city will reach 3 located 15 kilometres to next three days, starting degrees Celsius on Sunday,

LG addresses Convocation **Ceremony of Khardiha** Mahavidyalaya at Ghazipur



less service, compassion,

now have to dream big minister said. and make big resolutions to make India a developed country by 2047.

ensure the return of the ister said.

women, poor and youths attacks, and made efforts working for 'rashtraniti',

national convention here, dards of the poor and the The prime minister said

are going to be crucial. thought of my home, it We have to take a big leap would not have been pospeople out of poverty

Dreams of crores of were no ordinary feats. "A senior leader once said. "We rid the country enough as PM and CM, of mega scams and terror I should rest. But I am

Modi said the nation will middle class," the prime he lives by the ideals of Chhatrapati Shivaji Maha-Modi said he was not raj and takes inspiration

seeking a third term to from him. "I am not someenjoy power, but to work one who lives for his own "The next five years for the nation. "If I had happiness. I am advocating for a third term for the BJP not for political gains, towards 'Viksit Bharat'. sible to build homes for but for the benefit of India. The first imperative is to crores of people," he said. My efforts are dedicated to He said 10 years of the people of India. The BJP to power in strong unblemished governance dreams of Indians are my numbers," the prime min- and pulling 25 crore commitments," Modi said. He said he was the first prime minister to raise the issue of toilets and speak are Modi's dream, he told me I had done about dignity for women from the Red Fort. The BJP

> is bringing CONTINUED ON >> PAGE 4

the north of Sonmarg. today.

The Border Roads Organisation, which develops and maintains road networks in border areas, fresh snowfall on Sunday also shared a video of the fresh snowfall. morning.

Meanwhile, the Pir Panjal range in Poonch district witnessed fresh snowfall on Sunday, as seen in the visuals.

Meanwhile, Gurez received fresh snowfall on Sunday morning, with the Srinagar weather department predicting heavy forecast from the Meteoto very heavy snow over rological Centre Srinagar,

Visuals showed, upper reaches of Gurez Valley, including Tulail Valley and Dawar village, received

Gurez Valley is located 19, while the maximum in the high Himalayas, temperature will be 5-8 about 86 kilometres from Bandipora and 123 kilometres from Srinagar.

Following the snow-Gurez-Bandipora road for on Sunday.

traffic movement. the higher reaches of the the minimum temperature

Celsius over the next five days, starting February degrees Celsius over the same period of time.

Gulmarg, the ski resort in Kashmir, witnessed a Valley, in north Kash- fall, the authorities have minimum temperature of mir's Bandipora district, reportedly closed the minus 3 degrees Celsius

> In a post on X on Feb-As per the seven-day ruary 17, Meteorological Centre Srinagar said, "18-20 Feb: Light to

CONTINUED ON >> PAGE 4

degrees Celsius. The min-

imum temperature will

hover around one degree

JI NEWS SERVICE GHAZIPUR, UP, FEB 18 while the maximum temperature will reach 8

ny of Khardiha Mahavidy-

alaya, Ghazipur today.

success in the future.

social harmony, sacrifice truth, non-violence and Lieutenant Governor Shri work for the betterment Manoj Sinha addressed of the society. Your strong character, courage and the Convocation Ceremoself-confidence will lead you to overcome the challenges in life, he added.

The Lt Governor congratulated the graduating Youth are engine of students and their parents nation's growth and develon the momentous occaopment. They will be the sion and extended his best flag bearers of our knowlwishes to them for all the edge and cultural heritage. Under the guidance He also paid homage of Hon'ble Prime Minister to the great educationist Shri Narendra Modi ji, the progressive educational and freedom fighter Shri

Brijmangal Rai. reforms have paved the The Lt Governor way for the bright future exhorted the students to of the younger imbibe the values of self-

CONTINUED ON >> PAGE 4

Low-Danger level Avalanche warning issued for Anantnag, Kulgam for next 24 hrs

JI NEWS SERVICE

SRINAGAR, FEB 18

State Disaster Manageissued a low-danger level avalanche warning on and Kashmir for the next 24 hours

above 2500 metres over districts.

warning of an avalanche hours.' with a medium danger and Ganderbal districts in lanche-prone areas.

the next 24 hours. Taking to the micro-

blogging site, X, JK DMA Jammu and Kashmir posted, "Avalanche with *LOW Danger Level* is ment Authority (JK DMA) likely to occur above *2500 metres* over *ANANTNAG & KULGAM* Sunday for Anantnag and districts in the next 24 Kulgam districts of Jammu hours. Avalanche with *MEDIUM Danger Level* is likely to occur above The warning said that *2200 metres* over the avalanche is likely *DODA, KISHTWAR,

POONCH, RAMBAN BANthe Anantnag and Kulgam DIPORE BARAMULLA, KUPWARA & GANDER-JK DMA also issued a BAL* districts in next 24

People living in these level over Doda, Kishtwar, areas are advised to take Poonch, Ramban Bandip- precautions and avoid ore, Baramulla, Kupwara venturing into the ava-

Country has made up its mind that PM Modi will be at helm for 3rd term: Shah at BJP meet

AGENCIES NEW DELHI, FEB 18

Home Minister Amit Shah on Sunday likened the upcoming Lok Sabha polls to the Mahabharata war, asserting that Prime Minister Narendra Modi is leading the BJP-led camp working for the country's development while "INDI alliance" under the Congress is full of family-run

parties and corruption.

In his address at the for its promotion of dynastic and appeasement poli-

tics.



sha" (BJP: Country's hope, opposition's despair).

He said the opposition BJP's national convention is full of "2G, 3G and 4G" here, Shah lashed out at parties, a reference to the the opposition INDIA bloc second, third and fourth generation of families running these parties.

He said the prime development, INDIA bloc He was speaking on the minister has worked for leaders think of making resolution "BJP: Desh ki the development of all their children prime minaasha, vipaksha ki hata- sections of society and ister and chief ministers,

global standing. Shah asserted there is no doubt in people's mind that the

prime minister will retain power for a third term. While PM Modi thinks of the poor and the country's

he said, referring to Sonia Gandhi, Sharad Pawar, Lalu Prasad and M K Stalin among others.

All the family "princes" have come together against Modi as they think only someone from a powerful family can occupy the top position, he said amid slogans in support of Modi at the meeting.

"On the one hand there enhanced the country's are family-run parties and on the other is the son of a poor mother," he said.

> The government has worked to lift the living standards of 60 crore poor who earlier felt left out of the development process, he said.

Opposition parties are in denial mode,

CONTINUED ON >> PAGE 4

Selfie point near LoC in Uri becomes major tourist attraction

JI NEWS SERVICE URI (J&K), FEB 18

A selfie point near the Line of Control (LoC) in Kashmir has become a brainchild of artist and major attraction for tour- RNAF founder Rouble ists as it allows them to Nagi. It has been posicapture the mesmerising tioned strategically along beauty of Uri's remote the National Highway-44 border region and offers and the structure offers a panoramic view of the a panoramic view of the Jhelum river, officials said here.

The INDIA selfie point provides visitors with an ists, the officials said. engaging environment symbolising a sense of last year opened 'Kaman Setu', zero-point at the

LoC here, for tourists. The selfie point was opened for the public around the Republic Day this year. The selfie point is the

picturesque Jhelum river, enhancing the pride of the locals as well as the tour-

The army thanked Nagi's foundation which nationalism in the region, is known for its women they said. The army had empowerment projects. "Her gesture of gifting CONTINUED ON >> PAGE 4



DC advocates for multifaceted strategy to combat Drug Abuse in Pulwama

JI NEWS SERVICE PULWAMA, FEBRUARY 18

The Deputy Commissioner (DC) Pulwama, Dr Basharat Qayoom chaired a review meeting of Narco Coordination Centre (NCORD) with concerned officers and highlighted the urgent need for a multifaceted strategy to combat drug abuse in the region.

He called for a multistakeholder collaborative approach to tackle the impact of drug abuse on communities in Pulwama. to at-risk individuals.

The DC emphasized the that encompasses prevenenforcement. "We cannot issue with a one-size-fitsdrug abuse while also prothe Dr Basharat stated.

about the dangers of drug tives against the offenders. abuse and promoting institutions to raise aware- 2003 to implement the options for those strug- that involves local gov- tration.



individuals, families, and ness and provide support NTCP. The chair was informed

Education department that special drives were importance of address- was directed to prepare conducted in eight villages ing drug abuse through a an annual Nasha-Mukt of district Pulwama under comprehensive approach calendar of activities to Nasha Mukt Abhiyan, 19 be implemented across all tion, treatment, and law educational institutions. Enforcement measures, ance of set SOPs besides 5

afford to address this including FIRs, property licenses were suspended. attachments, and reducall approach. It requires a ing areas under illicit reviewed the status of multifaceted strategy that crops, were reviewed as CCTV camera installation tackles the root causes of part of a comprehensive and computerized billing strategy. The chair was viding support and treat- briefed on the lodging ment for those affected," of 153 FIRs, 26PIT NDPS cerned officers for satura-Cases registered and the tion in CCTV installations With initiatives aimed attachment of 7 properties in both wholesale and at educating young people in line with prior direc- retail drug outlets.

He gave directions and sectors informed that 825 healthy lifestyle choices, suggestions to build the kanals of land have been the DC stressed the impor- capacity of the enforce- restricted/ cleared. tance of engaging with ment wings to have a schools, community orgabetter understanding of the need for accessible

gling with drug abuse. Collaborating with healthcare providers and community organizations will be crucial in delivering these essential services to those in need.

medical shops were disallowed for non-compli-The meeting also to combat the supply and trafficking of drugs in Pulwama. "We must work closely with law enforcement agencies to tackle the illegal drug Chair directed the contrade and hold those responsible accountable for their actions," the DC emphasized. This includes Agriculture and allied enhancing surveillance and enforcement efforts to disrupt the distribution networks of illicit

The DC emphasized substances. By working together, we can leverage our collective expertise and resources to make a meaningful impact in our community," he stated. The DC announced plans to convene a task force comprising representatives from various

implement a coordinated strategy. The task force will be responsible for developing specific initiatives and action plans tailored to the unique needs of Pulwama.

He underscored the resources to enhance drug significance of robust law abuse prevention, treatenforcement measures ment, and law enforcement efforts in Pulwama. These resources will be directed towards implementing targeted programs, training personnel, and strengthening coordination among relevant agencies.

importance of raising public awareness and reducing the stigma associated with drug abuse.

ing was also attended by

ernment agencies, law enforcement, healthcare providers, and community organizations. "Addressing drug abuse requires a united front. Campus here.

sectors to develop and sion.

The DC has allocated

Among others the meet-



Deputy Commissioner Doda Harvinder Singh; CEO Bhaderwah Development Authority, Bal Krishan; officers of district administration, officers of line departments Sarpanchs, Panchs, PRI representatives and large number of people were also present on the occa-

During the programme, number of issues spanning She assured timely resolu- Secretary also asked the tourism industry develop- tion of raised issues, high- officers for creating awarement, adventure tourism, lighting the importance ness about HADP schemes infrastructure maintenance, lavender farming within stipulated time- of the sector. She also and implementation of frames and pledged sup- directed officers to frame government schemes were port for initiatives to boost a tourism calendar to probrought in to the notice of Commissioner Secretary basic infrastructure needs agri-tourism destination. to Sarpanchs, PRI repre- of the region. sentatives and public repinitiatives in the region for schemes to maximize beninclusive development.

The Commissioner Sec- emphasized the potential dola car cable service to retary, while addressing of Bhaderwah in adven- enhance tourism.

DC visits Mechanical Field **Sub-Division Kulgam**

the gathering, acknowl- ture tourism and called edged the progress under for promoting initiatives the present UT govern- like homestays to enhance ment, emphasizing signifi- tourism and livelihood cant advancements across opportunities. all sectors in the district. The Commissioner

of completing projects for inclusive development tourism as well as address mote district Doda as an

During the programme, Yasha Mudgal, on the Deputy Commissioner resentatives. The demands occasion, urged con- reiterated the adminisranged from improving cerned officers to priori- tration's commitment to amenities, employment tize the implementation resolving public grievopportunities and tourism of government-sponsored ances and promoting initiatives such as lavender efits for the public. She farming and the Gan-

2 JCBs among 09 vehicles seized for illegal mining in Kathua

JI NEWS SERVICE KATHUA, FEBRUARY 18

As many as nine vehicles including two JCB machines involved in illegal mining were seized here today.

On a specific complaint lodged by a local person regarding illegal mining and excavation at Bhagtali areas, a team of Geology and Mining department rushed to the spot and detained all five vehicles and two JCBs.

It was found that the JCB machines were illegally excavating ordinary earth at Bhagtali for fur-



in retail medical shops.

JI NEWS SERVICE LUCKNOW (UP) FEBRUARY 18

Director General Rural Sanitation, Jammu and Kashmir, Anoo Malhotra, participated in the twoday National Conference on Swachh Bharat Mission-Grameen (SBM-G) and Jal Jeevan Mission (JJM) held in Lucknow on 16th and 17th of February.

The conference aimed to discuss strategies and



practices.

topics through panel discussions and interactive sessions. The Minister of Jal Shakti, Gajendra Singh Shekhawat, launched three impactful books from SBM-G. He spoke about the critical time of this conference which comes when both JJM and SBM-G have reached significant junctions in terms of their outputs and when the focus needs to be on sustainability. He spoke



JI NEWS SERVICE KULGAM, FEBRUARY 18

To oversee preparedness for snow clearance and meters priority 1st and 177 availability of machin- priority 2nd roads. ery, the Deputy Commissioner (DC) Kulgam, Athar ing of machines it was Aamir Khan today visited shared that 5 machines Mechanical Field Sub- are kept at D.H Pora con-Division Kulgam.

Kulgam and Bathipora.

and the department is clearing 554 Kilometer road length with 377 Kilo-

With regard to position-

Dr Basharat called for the senior officers of nizations, and religious the provisions of COTPA and effective treatment a collaborative approach Police and Civil Adminis-

He also stressed the

initiatives to further the programs.

Rating (SGLR) initiative, standards. and information educaideas and best practices.

Anoo Malhotra gave a es, encouraging them to in raising awareness and detailed presentation on adopt best practices and encouraging behavioral the Swachhata Green Leaf improve overall sanitation change towards sanitation

Malhotra highlighted tion and communication the best practices- from strategy received all the (IEC) strategies at the con- Swachhathon, Swachh praise from participants ference- which brought Yodha Pratiyogita, and delegates. together diverse stakehold- Swachhata Bank, Waste ers from across States/UTs, to Wonder, War against Malhotra emphasized the fostering a confluence of Waste, Give Garbage Get importance of sustainabil-Gold, Rural Technology ity in achieving the goals Swachhata Green Leaf Park, Swachh Samagaam, of SBM-G. She outlined the Rating initiative is aimed My 10 Kg Plastic and other way forward to achieve Uttar Pradesh, MP, Gora-received, and her insights at improving sanitation initiatives adopted by these goals, stressing the khpur and Vini Mahajan, are expected to contribute standards in the hospital- Jammu and Kashmir to need for continued efforts Secretary - DDWS, GOI ity sector with the focus promote sanitation and and innovative approaches

goals of the SBM-G and JJM establishments based on the masses. These practic- of sanitation practices in their sanitation practic- es have been instrumental rural areas.

> guished presence of Union Minister of Jal Shakti,

J&K's Innovative IEC Gajendra Singh Shekhawat, alongside other eminent personalities including Atul Kumar Tiwari, In her presentation, Ms. Secretary - Ministry of the country to share their Skill Development and experiences, learn from Entrepreneurship, GOI, each other, and strategize Shri Swatantra Dev Singh, for the future. Malhotra's Cabinet Minister Jal Shakti, presentation was well-

on rating hotels and other hygiene practices among to ensure the sustainability shop covered a range of tion in rural J&K.

about the work we do in SBM-G and JJM which must be done in mission mode The conference was when we are addressing graced by the distin- the concern of saturation and transformative mis-

> sions- JJM & SBM. The National Conference on SBM-G and JJM provided a platform for stakeholders from across significantly to the ongoing

Day one of the work- efforts to improve sanita-

During the visit, the DC ance in Noorabad area. took a detailed stock of availability of snow clearance machines, snow and 14 machines are in clearance plan and functioning of control rooms. AEE Mechanical Engiwalgam.

neering Department briefed the DC about the officers to keep all men availability of machinery and machinery ready to and added that there are ensure timely Snow clear-24 machines available ance from all roads to with the department avoid any inconvenience including 2 snow cutters.

He also informed that Accompanying the DC they have established were ADC Viqar Ahmed Snow clearance control Giri, ACR Mushtaq Ahmad rooms at Chawalgam, Lone and other officers.

to people.

Director Agriculture Jammu flags off

farmers group for training outside UT

ther transportation to industrial areas. trol room for Snow clear-

Later, two Punjab based dumpers were also seized for illegal One machine is pretransportation of minerpositioned for Kund area als near Shree Ram stone ready mode for rest of crusher in Keedian Gan-Kulgam stationed at Chadyal area as these were moving towards Gurdas-The DC instructed pur.

The District Mineral Officer informed that the action has been initiated as per the MMDR Act of 1957 and SRO-105 of 2016 wherein powers have been delegated to officers for taking action against illegal transportation and illegal mining activities.

Series of special awareness camps organised across Kashmiri Migrants Camps in Jammu

JI NEWS SERVICE

JAMMU, FEBRUARY 18

The Relief & Rehabilitation Commissioner (M) J&K, in collaboration with the J&K Bank, organized special awareness camps at Jagti, Nagrota, Muthi, and Purkoo Camps during the week ending 17th February, 2024, under the LGs SSS(Self Employment, Skill Development/Scholarship and Social Assistance/Sports) Campaign, to aware the beneficiaries ture, Animal Husbandry, ment generation schemes. about various Govern- Agriculture, Employment, ment Schemes.



ments viz Industries, and gave detailed informa-Social Welfare, Horticul- tion about self employ-On the directions of KVIB, Labour, Handicraft MD & CEO of J&K Bank,

cers from the Line Depart- also enrolled beneficiaries Incharge Advances and & Rehabilitation Commis-

crore. Further, the

doctors from the Ayush

concerned branch sioner (M) J&K, accomheads also attended panied by Vijay Sharma, these camps and gave Deputy Commissioner(awareness about the Relief), senior officials of various services offered Relief Organization, and by the J&K Bank. The officials from PWD(R&B), Jammu & Kashmir PDD and Jal Shakti also Bank also sanctioned visited different migrant 117 cases of self employ- camps and took stock of ment on spot involving the problems being faced an amount of Rs 2.47 by the camp inmates.

The Relief & Rehabilibank assured sanction tation Commissioner (M) of more cases in the J&K, visited the Health coming week. A team of Centre, Zonal Office (Relief) and Higher Sec-Department held free ondary Schools in the health checkup in these camp area, and assured camps and examined camp residents of early On the directions of & Handloom gave aware- Baldev Prakash, a team of more than 500 persons. resolution of their genuine District Development ness about various Gov- J&K Bank Officers headed Free medicines were dis- demands and also empha-Commissioner, Jammu, ernment schemes in the by the Zonal Head, Rajesh tributed to the patients. sized on transparent and Sachin Kumar Vaishya offi- Camp. The departments Dubey, Rohit Kumar, Dr. Arvind Karwani, Relief time bound disposal of all issues.

JAMMU, FEBRUARY 18 A group of 48 Farmers of Marh Sub-division today left for a 6-Day Exposure cum capacity building training to CSK Himachal Pradesh Krishi-Vishav-Vidayalaya (CSKHPKVV) Palampur.

JI NEWS SERVICE

Krishi Bhawan.

HADP Project Promotion Cultivation etc. He advised pur.



the farmers to interact with the scientists and research workers to get the clarifications regarding latest techniques

of Aromatic and Medicinal being adopted in the farm-Plants.

The Director Agriculto utilize the technology in ture Jammu, while intertheir fields after learning The farmers' visit was acting with the farmers, from such trainings and flagged off by Director said that the exposure also share it with fellow Agriculture Jammu, S. A. visit is being organized for S. Reen here from Direc- acquainting the farmers to torate of Agriculture, different aspects of Culti- tral), Sanjhog Kotru, Agrivation of Aromatic and culture Economist, Jog Raj The six day training Medicinal Plants besides Salathia, SDAO Marh, Sahil visit w.e.f. 18th to 23rd Integrated Farming Sys- Gandotra besides other of February, 2024 to tems including Organic officers were present on CSK Himachal Pradesh Farming, Mushrooms the occasion. Two officers Krishi-Vishav-Vidayalaya Growing, Beekeeping, are also accompanying the (CSKHPKVV) Palampur Animal Rearing, Vermi- farmers for the exposure has been arranged under composting, Vegetable visit to CSKHPKV, Alam-

farmers. Deputy Director (Cen-

ing. He asked the farmers

'Miss World Undeclared': A tale of beauty and acceptance presented by Natrang Theatre

JI NEWS SERVICE JAMMU, FEB 18

'Miss World Undeclared', a plav in Hindi, written by Satyendra Shrivastava and directed by Neeraj Kant, was staged here today at Natrang's Studio Theatre Kachi Chawni in its Weekly Theatre Series, Sunday Theatre. Mrs Varsha Jain wife of ADG Police Jammu zone was the Chief Guest on the occasion who appretheatre

the sad saga of all those ularly bullied by her class- and anyone with a good people, particularly mates who have fair com- heart and calm mind is Mohd. Yaseen.



ciated the performance of Asians who reside in the plexion. They tease her young artists and comple- developed European for not being as beautiful mented Natrang for pro- Countries and are sub- as them to the extent that viding training and per- ject to racial discrimina- she decides to discontinformance opportunities tion and hatred from the ue her education. But her to the enthusiastic new natives as they think their mother, a very wise lady, entrants in the world of resources are shared and makes her realize that the The play 'Miss World was shown from the point is not being fair or having Undeclared' presented of view of a school going external beauty, the real

reduced by them. This criteria for being beautiful at Natrang Studio unfolds girl, 'Noorie' who was reg-beauty is internal beauty

much more beautiful than those people who are just externally good looking. Motivated by her mother, she goes to the school and comes back very happy as on that day the result of the Miss World pageant gets declared and the winner was an Indian girl. The play ends with a positive and inspirational note that "it does not matter how we look but it really matters what we are" and that is the key to real and eternal happiness.

Natrang's young artists who presented a remarkable performance included Mehak Chib as 'Noorie' and Vandana Thakur as 'Mother'. Lights were designed and operated by Neeraj Kant whereas the music was scored by Chaitanaya Shekhar. The show was coordinated by

Under PM Modi's leadership J&K has flourished, become 1st state to have IIT, IIM, and 2 AIIMS: Rohiin Chandan

Rohiin

JI NEWS SERVICE JAMMU,FEB 18

India has emerged as a beacon of progress globally under the visionary leadership of Prime Minister Narendra Modi, and the union territory of J&K has a model of good governance this was stated the Modi government took by Bharatiya Janata Party (BJP) District Secretary, to restore normalcy to the Jammu South Rohiin Chandan. He said the credit for the change in the ground



a multisectoral approach a challenge as big as the state

Rohiin Chandan highlights that the work which said. situation in the union ter- was not done in the last 70 ritory of J&K goes to PM years, was only done by Narendra Modi who has the Modi Sarkar in just 10 achieved targets that were years of magical tenure, considered impossible. which no one had even and realizing the aspira-Rohiin asserted that Modi- imagined and the real tions of Sardar Patel also led government public definition of developed known as Iron Man, and friendly multiple schemes India was shown to the Babasaheb Ambedkar Ji, he Minister Modi always con- has achieved what was peerless courage in abro- total to 1300 today. Rohiin sidered Jammu and Kash- considered unthinkable, gating Article 370. This his-

leadership of PM Modi, the the reinstatement of an discrimination has ended era of peace and progress and so has terrorism in in J&K.

J&K. He emphasized the Rohiin Chandan educhange happened because cates that the infrastrucof the sacrifice of (Jana ture of J&K is another Sangh founder) Syama key area of focus that has Prasad Mookerjee, devoseen substantial investtion, inspiration of others ment from the Modi-led and the strong political will government in just ten of PM Modi who overcame years of successful good, governance. He further-"Himalayas" and made J&K more added that the a permanent part of India, abrogation of article 370 which is historic, Rohiin is a "Gamechanger" and a turning point for the yuva Chandan shakti of J&K. He said in the expressed, honoring last 70 years, there were the profound legacies of only 4 medical colleges, Syama Prasad Mookerjee but 7 new medical colleges have been built by the Modi government along with 28 nursing colleges, and 19 paramedic colleges, benefit all citizens of J&K. citizens of all domains. added that Prime Minister 800 more medical seats He informed that Prime He elaborates that J&K Narendra Modi showed have been added taking the

highlights remarkably, that

Cardiovascular Consequences of Metabolic Syndrome-Unforeseen circumstances: Dr. Sushil

JI NEWS SERVICE JAMMU, FEB 18

With pandemic of metabolic syndrome looming over urban as well as rural population Head Department of Cardiology GMCH Jammu Dr Sushil Sharma held a day long cardiac Awareness cum health Check up camp at Shiv

Mandir , Muthi village Block Bhalwal ,Jammu with main motto of educating people about the ill consequences of metabolic syndrome and remedies there off so as to adopt a cardiac friendly diet and lifestyle and prevent cardiac complications at early stage.

While interacting with the people Dr Sushil Stated that metabolic syndrome is defined as the concurrence of obesity-associated cardiovascular risk factors including abdominal obesity, impaired glucose tolerance, hypertriglyceridemia, decreased HDL cholesterol, and/or hypertension. Earlier conceptualizations of the MetS focused on insulin resistance as a core feature, and it is clearly coincident with the above list of feapendent risk factor for cardiovascular disease and and severity of cardiovas-



microvascular dysfunc- that insulin resistance is tion, coronary atheroscle- the essential cause of metrosis and calcification, car- abolic syndrome. Multiple failure. While advances in link insulin resistance and understanding the etiol- compensatory hyperinsuogy and consequences of linemia to the other metathis complex disorder have bolic risk factors. Finally, been made, the underlying considerable individual pathophysiologic mecha- and ethnic variation exists nisms remain incomplete- in the clinical pattern of ly understood, and it is metabolic risk factors in unclear how these concurto produce the variety of obesity-associated adverse cardiovascular diseases. risk factors of the meta-

bolic syndrome appear to be abdominal obesity and insulin resistance; other that despite significant their locality. associated conditions can advances made to date, be physical inactivity, the physiological and aging and hormonal imbal- molecular mechanisms of Dhaneshwer kapoor and tures. Each component of ance. An atherogenic diet metabolic, functional and Dr Devinder Singh . Parathe syndrome is an inde- (e.g., a diet rich in satu- vascular disease in obe- medics and volunteers rated fat and cholesterol) sity/MetS remain poorly although not listed specifi- understood. The most the combination of these cally as an underlying risk obvious hurdle is the com-, Amish Jamwal, Rahul Vaid risk factors elevates rates factor for the condition plicated, inter-dependent , Sunil Pandit, Mukesh can enhance risk in people multi-factorial nature Kumar, Gourav Sharma cular disease, related to a with the syndrome for of the syndrome itself, , Amnish Dutta, Ranjeet spectrum of cardiovascu- developing cardiovascular making it difficult to dis- Singh and Rajkumar.

treat obesity and MetSlar conditions including disease. One theory states diac dysfunction, myocar- metabolic pathways have cific treatment of insulin dial infarction, and heart also been proposed to resistance but to identify obese/insulin-resistant of the area Brig. Dr Vijay rent risk factors conspire subjects. It is likely that the Sagar Dhiman, Pandit expression of each meta- Pyare Mohan Shastri, Balbolic risk factor falls par- want Kataria, Raman Chatially under its own genetic lotra and Dharam Chand He elaborated that the control which influences Shastri appreciated the predominant underlying the response to different efforts of Dr Sushil and environmental exposures. his team for conducting Dr Sushil Sharma in his cardiac awareness cum concluding remarks told health checkup camp in

associated cardiovascular disease, in order to better address the considerable public health implications of these conditions. Further he explained that there may be value in diagnosing the metabolic syndrome, not just for spepersons (even with only modestly elevated risk factors) with an extremely adverse metabolic state that warrants aggressive intervention for specific traits, He Said. Prominent members

entangle relevant factors

or specific combinations of factors There is a clear

need for ongoing explo-

ration of issues, to better

understand and better

Others who were part of this Camp includes Dr includes Paramveer Singh ,Vinay Kumar, Jatin Bhasin

Gurmeet Singh criticizes BJP Government's policies on unemployment and inflation, calls for nationwide protest

JI NEWS SERVICE JAMMU, FEB 18

Gurmeet singh General Secretary JKPCC & President Beopar Mandal conveyed to everyone that the Congress's ongoing protest as 'Bharat Jodo Nyay Yatra'-led by MP Rahul Gandhi was not for any political gain. It is to raise



voice against issues like of the BJP led NDA Govt. the protest it was highspecially inflation corrup- at the Centre. He said lighted that only but get- ever economic situation tion, irregular raised taxes that our dynamic leader ting LPG Gas Cylander @ and lowest ever growth

essential commodities including LPG Cylander and continue hike in price of petrol and diesel making life miserable for all sections of societies in the county.

Gurmeet Singh has said that Modi Govt. has imposed heavy taxes on the people, as its economic policies have been total failure leading to worst

mir as his family and did fulfilling the long-standing toric move, affirmed by the under PM Modi, J&K has not discriminate with the wishes and aspirations of Supreme Court of India, flourished and become the people and gave whatever the people. Rohiin added stands as an irreversible 1st state to have IIT, IIM, benefit he could. He said that now under the vibrant transformation, heralding and 2 AIIMS.

Jammu Sanskriti School Jammu Advocates Sustainable Development Goals by pioneering Global Sustainability Fest 2024- One of the kind

JI NEWS SERVICE

JAMMU, FEB 18

Jammu Sanskriti School, Jammu hosted first of its kind a groundbreaking Global Sustainability Fest aimed at raising awareness and promoting action towards achieving the Sustainable Development Goals (SDGs). The event brought together students, educators, community leaders, and sustainability experts to discuss and global challenges.

into reality, Khalid Jhangir of this Fest. (JKAS)- Managing Direc-



collaborate on solutions to ernment Gandhi Nagar with traditional lamp light-Hospital, Directorate of ing ceremony, followed The Fest marked the Health Services, Jammu, by myriad cultural events commencement in the Dr Roopali Slathia-Physi- on theme sustainability benign presence of Dr cal Director - GDC RS Pura ensued by panel discus-Ashok Pandey - An edu-, Dr Alka Sharma - Educa- sion. The exhibition put cation leader and Innova- tionist, State Anchor were up by different schools tor who was the Keynote the panelists who promul- was inaugurated by waterspeaker of the day, deliber- gated the sustainability in ing 17 potted plants repreated on how can we bring different aspects of life. senting 17 SDG goals by the SDG Goals into action and Principals from different dignitaries. Students from thereby bringing them schools were also the part Jammu Sanskriti School,

The Global Sustainabili- schools of Jammu namely tor, J&K Trade Organisa- ty Fest served as a platform Model Academy, APS BD tion, Prof Yashpal Sharma to engage participants Bari, APS Miran Sahib, - Professor in department in meaningful dialogue APS Jammu Cantt., IDPS of Botany, JU, Dr Aman- surrounding the 17 SDGs Jammu, KC International, deep Kour Anand-MD, established by the United Jammu Sanskriti School CIMP, RCOG Associate ingenvironmental, social, School, Kathua, exhib-& HOD DNB OBGYN Gov- Fest marked its beginning well sustainability can be principal of the school.

achieved by showcasing their 17 SDG goals in a diligent manner which was appreciated by keynote speaker and other panelists.

Rohini Aima - Principal Cum Vice-Chairperson of Jammu Sanskriti School, expressed her enthusiasm for the event, stating, "The Global Sustainability Fest underscores our school's commitment to nurturing responsible global citizens who are passionate about creating positive change. By empowering our students to understand and act upon the SDGs, we are fostering a culture of sustainability and social responsibility."

The management of the school conveyed their best wishes and appreciation to students and faculty. The notion was conceived by Jammu and other CBSE Rohini Aima - Principal Cum Vice-Chairperson of Jammu Sanskriti School, Jammu to create a mass awareness about how our youth can play a crucial role in achieving sustain-MAMS, FICOG, FICS, Nations to address press- Kathua, Kartar Public ability. The vote of thanks was delivered by Avneet Consultant Gynecologist and economic issues. The ited and portrayed how Kour Budhraja - the Vice

by center and State BJP led NDA Govt. at the Centre & oppressive policies of the capacity of purchasing the unemployment of youth in the country. Gurmeet Singh said

that People are feeling harassed by tax terror and unprecedented price hike, at the same time, they realize that BIP Govt. is looting them to recover misrule and mismanagement of things since the the society including wrong policies of BJP and 'Bharat Jodo Nyay Yatra' started by UPA.

behind the Congress leadership. Gurmeet Singh Address-

east, against price rise, rising unemployment the losses it has done to today lashed out at Centre the Country economy by Govt. for the unprecedented price hike and record unemployment besides day one as a result there failing to address the grievcountry. Every section of every count after promisees are up in arms due to said that developmental process started by UPA this is the reason Congress in J&K received a major party under the leader- setback, as the NDA Govt. eral Secretary JKPCC & Kumari, Vishal Devi, Ram ship of Shri Rahul Gandhi failed to carry forward the President Beopar Mandal Lal, Kasholya Devi, Pooja has launched Nationwide massive developments

Rahul Gandhi is fearlessly Rs. 950 /- which is not at of the Country leading to Governments, and wrong fighting for the cause of all toerlable by the poor unprecedented price rise policies of the BJP led every Indian against the people and beyond the of all commodities. Modi Govt. and the entire cylander at very high rate. cized the BJP Govt. for Congress cadre is solidly Speaking on the occasion plight of common poor Gurmeet Singh Distt. Gen- man and unemployed eral Sect. Congress stress youth as well as the sufferthe BJP Govt. to issued ing largely attended Con- LPG cylinder FREE OF the society and said that gress protesters at jammu COST to the BPL and poor Congress would continue

families so that they may to highlight the problems be able to pull on their daily life peasefully.

It is also added that the those who accompanied poor peoples should get kerosene oil as was earlier issue to them it is not ward no 3, President Haris a restlessness across the ances of people of J&K on known why it has been davinder Singh, Santosh stopped by the BJP Govt it Devi, Shanti devi, Reena ing massive development is strongly stress that the Devi, Asha Rani, Asha youth, students, employ- post August 5, 2019. he kerosene oil be issued on Devi, Sandya Kumari, Jyoti regular basis to the poor Sevi, Pooja, Poly Devi, families.

strongly attacked the BJP Devi, Amarpreet Singh, Govt at centre for the Apu Singh, and beside Gurmeet singh said In incessant price hike of others.

Gurmeet Singh criti-

ings of different sections of of the people.

Prominent among :- Gurmeet Singh President Beopar Mandal, include Bimla, Rita Devi, Suman Gurmeet singh Gen- Devi, Sushma Devi, Kavita

against the wrong policies

Police arrests drug peddler in Baramulla

JI NEWS SERVICE BARAMULLA, FEB 18

Continuing its efforts to eradicate the menace of drugs from the society, Police have arrested a drug peddler in Baramulla and recovered contraband substance from his possession.

cepted a person who tried During search, officers was



A police party headed ly. He has been identified sion. He has been arrested by SHO PS Tangmarg at a as Imtiyaz Ahmad Mir son and shifted to Police Stacheckpoint established at of Ab Hameed Mir resident tion Tangmarg where he Bus Stand Tangmarg inter- of Ferozpora Tangmarg. remains in custody.

Police Station Tangmarg and investigation has been initiated.

We urge the common masses that if you witness drug peddling or any other crime anywhere near you, feel free to contact nearest police establishment or dial 112. People are requested to cooper-

ate with police in curbing the menace of drugs from the society. We reassure the community members that police will act tough

Accordingly, a case to flee from the spot but able to recover 35 grams under relevant sections of against the criminals as was apprehended tactful- of Charas from his posses- law has been registered at per law.



Director I&C calls for renewed trust and confidence between MSMEs and Govt

JI NEWS SERVICE JAMMU, FEB 18

Khalid Majid has called MSMEs. for renewed trust and schemes and policies.

guest over an impressive

While regretting the nega- progress and was deadly tions were being made on which would obviously tive perceptions, the against creation of unnec-various demands put forth result in lower share. Director of Industries essary hurdles by any offi- by FCIK in their memoand Commerce Kashmir cial in the facilitation of randum to the incumbent the claim that 'Delayed

He said that difficulties Speaking as the chief doing business".

"While grasping the schemes. oath ceremony function contours of existing poliorganised by Industrial- cies and schemes, I have of regional discrimination pertaining to delayed payists Association Khunmoh, also been interacting with in disbursement of incenthe director said that the leaders of the industry to tives, Khalid regretted in coming months.

Chief Secretary. confidence between the encountered by the entre- equipped to take up MSMEs and government preneurs in pursuing their bigger matters with relin order to bring a revolu- cases at various levels evant authorities, the ments had been received tion in industrial develop- were being ascertained to Director sought cooperament in UT of J&K under plug these with industry- tion from its constituent 2013 out of which 36 newly launched ambitious friendly procedures under associations in collection claims had been disposed the guidelines of "ease of of data required for vari- and 57 claims were under

Replying to the question

Hon'ble Lieutenant Gov- take their feedback", said that very less number of ernor was personally Khalid Majid, adding that MSMEs in Kashmir applied monitoring the industrial appropriate recommenda- for various incentives

He also overruled Payments Act' was not While FCIK was well being implemented. He informed that only 195 claims of delayed payby his department since ous existing and upcoming disposal. He, however, assured that the facilita-

tion in disposal of cases ments would be expedited

Take One hosts 1st edition of 'Open Mic Hub' in Jammu; 15 performers showcase talent



JI NEWS SERVICE JAMMU, FEBRUARY 18

first edition of 'Open Param Sagar (actor), on Sunday. 15 partici- Ishveen Kour (singer) Shoes. pants took the stage to and Rajveer Singh (Tabla showcase a wide variety player). of talent including poetry, ing, and tabla playing.

include - Yogeshwar artists and their talents. Singh (poet), Sushant The audience also hailed Singh Rajput (singer), the initiative by Take One Rashi (singer), Kanha a public setting.

(rapper), Malvika Kalra (poet & writer), Rageesh

Sharma (singer), Sahaj Take One hosted the Sabarwal (poet & writer), Bahra University, Dewan Mic Hub' performances Devi Playway and Higher Mic Hub' at its studios in Sukhleen Kour (singer), Secondary School, Daksh Take One Television, Take Channi Himmat, Jammu Vijay Bhaskaran (writer), Institute and Walker's All participants were

felicitated with gift ham-The spectacular per- pers presented by Take rap, mimicry, acting, sing- formances of the artists One Operations Coordimesmerized the audience nator Capt Subash Chan-Those who performed and they appreciated the der.

The first edition of onto a national and inter-'Open Mic Hub' was spon- national level via its vast sored by Amul, Rayat- digital reach. The 'Open will be broadcast across One Digital Network website and Take One's latest social media vertical 'Take One Originals'.

The second edition of 'Open Mic Hub' will be held on 17th March 2024 at the Take One Stu-'Open Mic Hub' is an dios at Channi Himmat open-to-public talent in Jammu. The openshowcase initiative by ing of registrations was Siloni Sharma (singer), adding that it will help Take One to provide a announced during the Arti Bhagat (actor), Sid- artists to explore their stage to upto 15 talented event with several audihant Panotra (singer), talent and showcase it in performers every month ence members registering and propel their talent to perform on the spot.

Empowering Partnerships: Servokon System limited hosts dynamic channel partner meet in Jammu, unveils future growth strategies

JI NEWS SERVICE JAMMU, FEB 18

Servokon Systems Limited, a leading player in the power conditioning equipment and transformer manufacturing sector and India's No. 1 Servo Voltage Stabilizer Manufacturer, made a significant announcement ner Meet at Hotel KC's Orchids Banquet and Convention Center in Jammu. The event unfolded with a comprehensive display of Servokon's extensive product portfolio, including the most demanding Automatic Voltage Stabilizer, underscoring the company's unwavering commitment to innova-

solutions. Among the key announcements made was



during its Channel Part- tegic move underscores unwavering dedication the company's dedication to meeting the needs of This strategic initiative to providing cutting-edge both our valued customsolutions that cater to ers and esteemed distribuevolving customer needs tors and channel partners. dynamics and reaffirms while contributing to a This event represents a our commitment to servsustainable future. Servo- significant milestone in ing the region effectively." kon's new solar product our journey, and we are a greener planet.

tion and customer-centric Founder and Managing ongoing efforts to deliver opment of the power Director of Servokon Sys- innovative solutions that sector in Jammu. The tems Limited, expressed resonate with our cus- expanded product portfothe introduction of new his enthusiasm for the tomers. The active par- lio is poised to empower solar rooftop solutions tai- expansion, stating, "Our ticipation of our partners, individuals and businesses lored for the Jammu region Channel Partner Meet in who play a pivotal role in alike with advanced techin response to the bur- Jammu underscores our Servokon's success, has nological solutions for geoning demand for Servo- steadfast commitment added immense value to their power conditioning kon's products. This stra- to excellence and our the event. Their insights requirements.

and our shared dedication to innovation have propelled us forward in our quest for excellence."

Highlighting the company's responsiveness to market demands, Mr Kamruddin noted, "The growing demand for our products in Jammu has spurred us to enhance our manufacturing capabilities to meet this surge. underscores our agility in adapting to market

Servokon Systems Limofferings include panels, delighted to announce its ited remains steadfast in inverters, and batteries, resounding success. We its commitment to fosteraligning with its vision for are thrilled to introduce ing robust partnerships, our enhanced product driving innovation, and Mr Haji Kamruddin, offerings, reflecting our contributing to the devel-

Jammu Computer Dealers Association elects new Executive Body

JI NEWS SERVICE JAMMU, FEB 18

Jammu Computer Dealers Association (JCDA) held elections for the various positions and elected its new executive body, here today. JCDA is the apex body representing business owners dealing in computers, office automation, and other IT products

and services. As per the certificate issued by the two election commissioners Dr. Adit Gupta and Mr. Rakesh Badyal, the new team includes Mr. Sandeep Malhotra of L.S. Technolo-Sharma of Aar Gee Traders as Vice President, Dr.



of Aarya Technology Ven- outgoing President Mr. tures as General Secretary, Rohit Jandial informed S. Jatinder Singh of Royal the august gathering about Infotech as Organizing various achievements of business owners will join Secretary and S. Gurpreet the association during his JCDA and help the com-Singh of Duke Comput- Presidency. He assured full munity manage its affairs ers as Treasurer of JCDA. support to the new team in a better manner. All It is worth mentioning that was announced by other newly elected office here that all the five office the election commission- bearers in their respective gies as President, Mr. R C bearers have been elected ers. All the office bear- addresses sought support unopposed.

Gopal Parthasarthi Sharma of the association, the with the new team. Both meaningful manner.

the election commissioners wished great future for the IT fraternity and offered their continued support to the association.

In his address, the new President, Mr. Sandeep Malhotra thanked all the members of the association for their unconditional support and promised to work tirelessly for the common goals of the association. He expressed hope that during his tenure more ers of the outgoing team from the members to run In an impressive AGM expressed their solidarity the association in a more

Lt Governor attends the Annual college festival of Shri Jagjivan **Ram Inter College at Ghazipur**

Lt Governor dedicates...

FROM THE FRONT PAGE...

shape the young minds, the Lt Governor said.

Udhampur's Anita Sharma and Shahnaz Bano; points of the district. Sunita Devi from Kathua; Medhavi Sharma; Saras Bharti; Baramulla's Nazish Rashid, Mehbooba Akhtar of Ganderbal and Lakshmi, a resident of Samba also received a special mention from Lt Governor for their inspirational journeys in fields like entrepreneurship, promotion of Dogri Folk, Basohli art & hinterland to prevent the potential terror activities," painting; mushroom cultivation and establishment of Polygreen house unit.

The Lt Governor shared the valuable suggestions received from Dr. Syed Saileen from Srinagar, Priya Varma from Reasi and Insha Manzoor from Pulwama on women's health, well-being and safety and issued necessary directions to the concerned departments for appropriate action.

He also voiced the inspiring thoughts of Rishu Gupta from Samba, Kupwara's Neelofar Bukhari, Chanchal Kumari from Udhampur and Arifa Ara from Budgam pertaining to financial literacy among prime minister said. women, entrepreneurship and leadership roles for women.

In this month's episode, the Lt Governor paid homage to Thakur Raghunath Singh, a nationalist thinker-writer and recalled his significant contribution to the promotion of Dogri language and culture.

He also congratulated and commended Padma Shri recipients Dogri folk singer Sh Romalo Ram and master craftsman Sh Ghulam Nabi Dar of Srinagar for preserving and promoting the rich art and heritage of Jammu Kashmir.

Security stepped up...

in offing".

Stressing the need for maintaining a balance said. (Agencies) between security needs and the smooth conduct of events, the IGP Kashmir directed officers to ensure heightened vigilance, particularly during night hours, to mitigate the risk of terrorist threats.

Birdi underlined the need to bolster intelligence gathering and anti-terror operations and urged officers to minimize the risk of untoward incidents by strengthening security at vulnerable points, especially during significant events.

along the National Highway, tunnels, minority pickets and other critical pockets," the spokesman said.

The IGP issued specific directives to intensify secu-

and selflessness have helped revolutionize and downtown areas of Srinagar, with round-the-clock patrolling and increased presence at entry and exit

The IGP also underscored the importance of following the SOPs, considering the heightened security concerns during events.

"Special instructions were given to border district heads to maintain strict vigilance along the LoC and he added. (Agencies)

Not seeking 3rd...

together the power of youths, women, farmers and the youth in building a "Viksit Bharat", Modi said. "We asked those who were not acknowledged by anyone, and not just that, we have also worshipped them," he said.

In the times to come, there will be plenty of opportunities for "our mothers, sisters and daughters", the

He said Mission Shakti will create a complete ecosystem for the protection and empowerment of women in the country and added that 15,000 women self help groups will get drones.

"Now, 'Drone Didi' will bring scientific temperament and modernity to farming. Now, three crore women in the country will be made 'Lakhpati Didis'," the prime minister said.

He also said that the BJP ended the five-century wait of people and constructed the Ram temple in Ayodhya. "The religious flag has been hoisted in Pavagadh, Gujarat, after 500 years. After seven decades, we opened the Kartarpur Sahib Highway. After waiting for seven decades, the country has got freedom from Article 370," the prime minister

Srinagar-Leh highway...

moderate Snow/Rain over plains with heavy to very heavy snow over higher reaches of KMR Division & Pir Panjal Range of JMU Division," it said.

The India Meteorological Department predicted Jammu and Kashmir, Ladakh and Himachal Pradesh "Special attention was given to enhancing security on February 18 and 20, and over Uttarakhand on February 19 and 20. (Agencies)

rity and surprise naka measures in both uptown and LG addresses Convocation...

generation, he said.

He asked the youth to take full advantage of the enormous opportunities available in diverse fields and contribute in realising the vision of Viksit Bharat. A publication on Human Values and Human Rights

was also released on the occasion.

Prof. Vandana Singh, Vice Chancellor, Veer Bahadur Singh Purvanchal University, Jaunpur; Prof. Prem Narayan Singh, Director IUCTE Varanasi; Dr. Shashikant Rai, Administrator and Dr. Kunwarbhanu Pratap Singh, Principal Khardiha Mahavidyalaya; Heads of various institutions, teachers and students were present.

Country has made...

he said, adding they oppose everything for the sake of it, be it the repeal of Article 370, ban on triple talaq, the Citizenship (Amendment) Act or the construction of the new Parliament building.

The Congress, he said, turned down the invite for the Ram temple consecration ceremony due to its appeasement politics.

If family-run politics existed in the BJP, then son of a tea seller would not have become the country's prime minister, he asserted. (Agencies)

Selfie point near...

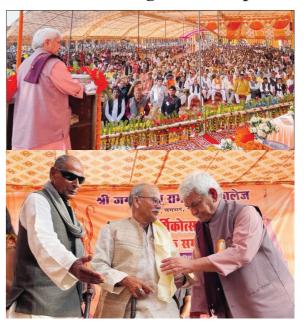
the structure stands as a testimony to rising nationalism in the valley. The selfie point was conceptualised with an aim to provide a unique engaging environment for individuals and groups alike," the army said.

Nagi said sculpting the name of the nation through her art installation is a tribute to the sacrifices made by various sections of society for the country's freedom.

"Nothing feels better than sculpting the name of my nation through my art. Proud to install my sculpture #INDIA at Uri, a remote border region," Nagi, daughter of a retired army officer, said.

"How blessed we are to be free. Our children need to know the sacrifices that were made by so many to heavy rainfall very likely at isolated places over protect the freedom we enjoy today,: she said, urging people to include Uri as their tourist destination.

Nagi has been instrumental in making selfie points in Kashmir which included one at the revamped Polo view market, Rajbagh and Dal Lake.



JI NEWS SERVICE GHAZIPUR, UP, FEB 18

training," he said.

sion.

Lieutenant Governor Shri

nurture leadership qualities among the students and create a conducive environment to develop

Manoj Sinha attended the lifelong learning skills. Annual college festival of Dedication, discipline Shri Jagjivan Ram Inter and determination of College, Nagsar, Ghazipur, youth will help the society today. The Lt Governor to grow from strength to congratulated the college strength, the Lt Governor management, teachers said. and students on the occa-

The Lt Governor also honoured the promi-"Educational institu- nent citizens for their tions are the centers of significant contribution social transformation. It is in diverse fields. He said, a matter of immense satis- their felicitation on the faction that teachers, stu- occasion will inspire the dents and college admin- youth to selflessly serve istration are working with the society.

single-minded pursuit of Members of the Shri knowledge and vocational Jagjivan Ram Inter College management, teachers, The Lt Governor students, prominent citiimpressed upon the zens and people in large

teaching community to number were present.

Freezing of Congress bank accounts an assault on democracy: Bhalla

JI NEWS SERVICE JAMMU, FEB 18

JKPCC Working President Raman Bhalla on Sunday strongly condemned the freezing of bank accounts belonging to the Congress and the Youth Congress by the Income Tax department, just ahead of the Lok Sabha polls. Terming the move as an assault on democracy, Bhalla stated, "I think this is very unfortunate and a direct attempt to influence the elections in democracy. Central Government is added Bhalla. using each and every one ency.



announced any time in a the Indian National Con- alleged. week or two and freezing gress not only liberated the bank account of the the country but also laid the party functionaries sized the need for timely primary opposition party the foundation of a pros- to maintain close rapport before that is completely perous India. We have cre- with the public and highillegal and undemocratic. ated such an India, which light the "various failures" "A pattern is visible, a is the largest and strongest of the BJP government. He design is visible that the democracy in the world, asked the local leadership

of its agencies against the years of BJP regime as an for polls. Without taking opposition," he asserted. era of great economic, any names, he said parties Bhalla speculated on the social and political injus- exploiting the sentiments BJP's motives, implying a tice in the country in which of the people on various nefarious plan to under- the rate of unemployment emotional issues for vote mine democracy. "This increased three times." bank politics need to be conspiracy is not against "During this period, the isolated."They have utterly opposition parties, it economic condition of failed to deliver on their their dreams were shatis a conspiracy against the people remained at commitments, causing tered by the central and democracy, it is against the lowest level. He alleged unrest in different regions elections."Congress stands that there had been severe and sections of the society. for 'patriotism and sacri- assault on the economic, The people must identify fice', 'service and dedica- social and democratic such political parties and tion' 'loyalty and inspira- rights of the people and reject them for being is brazenly ditching the tion', for 'prosperity and the constitutional institu- their worst enemies and happiness', 'compassion tions in the country in 10 responsible for the misand justice', 'fearless- years of BJP regime. "The trust and unrest amongst ness and discipline' and record unemployment has the people," he said. Congress stands for 'Indi- frustrated the youth as the Bhalla asked the people anness'. This was stated number of unemployed of the Jammu region to by JKPCC Working Presi- has increased to 4 crores join hands and defeat the a 'callous approach' on strong, then the future of dent Raman Bhalla while in 2022 from one crore in "nefarious designs of comaddressing huge gather- 2012 and the unemploy- munal, divisive and sepaing of people of RS Pura ment rate is the highest ratist forces". Jammu South constitu- in 45 years. The unprece-

Speaking on the occa- diesel, LPG, CNG, flour, tricity meters and unemsion, Bhalla said every pulses, rice and other ployment have added to Congress leader and essential commodities, the misery of people of worker is a symbol of this imposition of GST on them Jammu and Kashmir. He spirit. They have to go has reduced the domestic highlighted honorarium ahead and do more work. savings to the lowest of rates, delayed payments

Elections are going to be We must remember that fifty years," Bhalla further

Bhalla of districts, blocks, wards

Bhalla termed the "10 and observers to get ready

Bhalla said property dented price rise in petrol, tax, toll plazas, smart elec-

and inadequate facilities to Anganwadi Workers

called upon and Helpers. He emphaessential needs without undue financial strain. Bhalla said that Congress has launched campaign to apprise the people of the kind of hatred which is seen in society and the prevailing situation in J&K. We have presented certain facts against the government on issues such as farmer suicides, betrayal of the youth, and how the J&K governments," he said. Bhalla regretted that since the 2014, BJP-led Government at the Centre helpless people in one way or another. "Instead of addressing their long Government has adopted out that democracy is in the Congress party will ue to fight for the people.

ble in the current situation of the common people. Their hardships are piling up as BJP continues to favour the rich and neglect the poor," they said. They further said that the Congress party is determined to expose the hypocrisy of the BJP Government. Bhalla further said

that electoral contests will continue to happen, but no matter how long it takes and how much struggle it takes, we are ready to fight unitedly. We got the same guidance from 'Bharat Jodo Yatra' as well. Increasing economic disparities, reckless privatization of public properpayments to meet their ties, rising unemployment and inflation are our biggest economic challenges. Farmers and farm laborers should be the priority of our economic policy. Green Revolution and White Revolution were made possible by the Congress governments.

Today, we have many challenges before us, but there is no such challenge that Congress cannot manage. What is needed is - unity, discipline and determination. Our strength lies in the strength of the Party. The ideology of party should go to crores of our comrades at every level, district and village. That's why I especially want to pending just and genuine appeal to young friends demands, the present that the future belongs to you. If the Congress is this human issue. Pointing this country will be prosperous. It is the biggest decline, he conveyed that responsibility of all of us to take forward the atmostand for truth and contin- sphere created by Rahul Ji, by treading the most dif-"BJP's failure to deal with ficult of paths. The biggest issues like unemployment, challenge is to save the price rise and the overall Constitution and democprosperity and security of racy created by Babasaheb the country is clearly visi- Ambedkar, added Bhalla.

Manjit Singh demands proprietary rights to DPs/Refugees, local allottees of Custodian Land in Jammu Region

JI NEWS SERVICE VIJAYPUR, FEB 18

Apni Party Provincial President, Jammu, and Former Minister, S. Manjit Singh on Sunday demanded proprietary rights for the Displaced Persons, and local allottees in Jammu, Samba, and Kathua Districts.

As per the press release, Manjit Singh chaired a meeting of the Displaced Persons (DPs) at Vijaypur and reviewed the issues of the pending package, and proprietary rights to them.

During the threadbare discussion, he was informed about the delayed process of distribution of packages amounting Rs 25 lakhs to each family of DPs / Refugees that was sanctioned by the then Govt of India. favour whereas the rest of not released.

fertile agricultural land. can be helped to uplift the Govt should enhance Hence, they were settled their living standard. by the then Govts in tricts, and parts of Pirpanjal," he added.

people lived life in huge be accepted. economic distress, and poverty in absence of any support from the Govt. Keeping in view their tees on Custodian Land lation and the vast area of financial condition and to support for sustainable said that these families of survival, he said that the DPs/Refugees and local then Govt of India had allottees have been living sanctioned Rs 25 lakhs in the Custodian Land/ per family to the DPs/ Property for decades and Refugees. However, the constructed their houses, release of the package amount was delayed first, and then the Govt only





However, only Rs 5.5 lakhs released Rs 5.5 lakhs to well as the DPs/Refugees were released in their the DPs/Refugee families. should be given property However, the rest of the rights on the Custodian

the package amount was amount was not released Land so that a sense of till date, he said, while security can be provided "The DPs/Refugees asking the Govt to look faced migration in 1965 into the demands of the and 1971 after they were DPs/Refugees in a humaniforced to abandon their tarian manner so that they reservation, he said that

He also condemned border areas of Jammu, the casual approach of Kathua and Samba Dis- the authorities towards the suffering of the DPs/ Refugees and demanded for decades politically. He said that these that their demands should

> He also referred to the property right to the DPs/ Refugees and local allotin Jammu Division. He yet the Govt has not given gees up to eight seats in them property rights.

wake of aspiration, the Govt should enhance the reservation for DPs/Refuthe legislative assembly in These local allottees as Jammu and Kashmir.

to these hundreds of fami-

Referring to the political

their assembly seats up to

eight seats for the DPs in

have remained ignored

Although the Govt has

reserved one assembly

seat for them, the repre-

sentation is insufficient in

comparison to their popu-

their dominance across

the Jammu region," he

He said that in the

"The DPs/Refugees

legislative assembly.

lies, he said.

Central Govt's betrayal dashed hopes of refugees, unemployed youths: Rattan Lal JI NEWS SERVICE

Fulfill demand of protesting farming community: Sadhotra

UDHAMPUR. FEB 18

ing on raising awareness ulated the newly appointabout the failures of the ed members of City Block

said.

JI NEWS SERVICE JAMMU, FEB 18

Rattan Lal Gupta, Provincial President of the Jammu and Kashmir National Conference (JKNC), launched a scathing attack on the Bharativa Janata Party (BJP) government at the Centre for its betraval and misdeeds, which have shattered the till date, only one installleft unemployed youths been paid to them. in despair as promises the youth into an unem- too long. ployment abyss due to its failure in honoring com- support for the welfare ensure the implementamitments made to the of refugees, Gupta reaf- tion of fair and supportive people, especially refugees

In a fiercely worded championing the cause of the imperative for the Censtatement released to PoK Refugees. He urged tral Government to honor the media today, the the Central Government its commitments made senior National Confer- to heed the long-stand- to farmers regarding the ence leader highlighted ing plea of refugees and implementation of Minithe glaring disparity promptly disburse the mum Support Price (MSP). between promises and remaining compensation actions, citing the meager as recommended by the that the people of J&K compensation provided then Omar Government. have grown disillusioned to PoK refugees despite



hopes of refugees and ment of Rs. 5 lakhs has

He underscored the it increasingly challengremained unfulfilled. pressing need for the ing to maintain a decent He emphasized that the immediate release of the standard of living. He also Central government has pending compensation underscored the pressing callously disregarded in a single installment, concerns echoed by farmthe trust of refugees in labeling it as a genuine ers through their ongoing the Jammu and Kashmir and justified demand that protests, emphasizing the Union Territory, plunging has been neglected for far pivotal need for the gov-Expressing unwavering underlying grievances and

firmed the National Con-policies for the agriculturference's commitment to al sector. He emphasized

The Provincial Presi- with the BJP's rule, citing earlier recommenda- dent further castigated the its failure to address crutions. He pointed out that BJP for its hollow promise cial issues such as refugee the then Omar Abdullah of creating 2 crore jobs per compensation and unem-Government had recom- year in the country, high- ployment, despite grandimended Rs. 25 lakhs as a lighting the stark reality of ose campaign promises. comprehensive package rampant unemployment He warned that the electo PoK refugees, and later, plaguing the nation, espe- torate is poised to deliver a the Parliamentary Stand- cially in Jammu and Kash- resounding verdict against ing Committee on Home mir. With Prime Minister the BJP in the upcoming Affairs had recommended Modi's scheduled visit to Parliamentary elections, Rs. 30 lakhs as a compre- J&K on 20th February, reflecting widespread dishensive/one-time settle- he stressed the urgent content and disillusionment package for refugee need for tangible action, ment with the party's govfamilies. He lamented that urging the Prime Minister ernance.

to prioritize the release of

Ajay Sadhotra, a senior pending compensation to refugees and jobs to the leader of the National Conunemployed youth of J&K ference, has vehemently as promised during his accused the Bharatiya Janata Party (BJP) gov-Furthermore, Rattan ernment at the Center of

Lal Gupta said that the stifling the voices of the highest-ever inflation has nation's food producers. He highlighted the plight plunged the general public into a state of financial strain, as they grapple

and services, rendering

ernment to address the

Rattan Lal asserted

visit.

of farmers who have been protesting against contentious agricultural laws. with the soaring costs of essential commodities

held here today, Sadhotra strongly condemned the government's handling of the ongoing farmer protests and expressed solidarity with the farmers who have marched citizens to stand in solidarto Delhi to demand the ity with the farmers and fulfillment of their legiti- demanded accountability mate demands. He underscored the critical role of its failure to uphold the farmers in ensuring food democratic rights and welperity, emphasizing that munity.



their concerns should be addressed with empathy and urgency.

Sahotra called upon the BJP government to engage Speaking at the meeting in constructive dialogue with farmers' representatives to find equitable solutions that safeguard the interests of agricultural communities across the country. He also urged from the government for

The former minister

Lok Sabha elections. He emphasized the importance of highlighting the misdeeds of the BJP government in failing to prothe people. He stressed public.

The senior NC leader tary. security and national pros- fare of the farming com- urged party members to

current administration Committee, Udhampur. and advocating for posi- He expressed his confitive change in the interest dence in their abilities of the people.

organized by Sunil Verma, tirelessly towards the goals District President, JKNC, and vision of the Jammu Udhampur, in which Ajay and Kashmir National Sadhotra, Additional Sec- Conference. Emphasizing urged party workers to retary, JKNC, and former the importance of unity gear up for the upcoming minister was the Chief and dedication, he urged Guest.

Sunil Verma announced strive for the betterment of the formation of Party's the party and the welfare City Block Committee, of the people. vide basic amenities to Udhampur, by appointing Om Prakash as City present include Manmothe need for active par- Block President, Ram han Verma, K.D Sharma ticipation in the demo- Paul Sharma as Senior Advocate, Amarnath, cratic process to hold the Vice President, Pir Gulam Bishan Dass, Attar Chand government accountable Hassan as Vice President, (KAS) Retd SDM, Sham and work towards address- Bachan Lal as Block Sec- Lal Sharma, Mishambar ing the grievances of the retary and Ravi Kumar was Dass, Savittry Devi, Sunita appointed as Joint Secre- Mehra, Radhey Rani,

Speaking on the occa- and senior youth leader

PM Modi's Feb 20 visit to boost morale of party cadre ahead of Lok Sabha polls: Dr Parneesh

JI NEWS SERVICE JAMMU, FEB 18

Dr Parneesh Mahajan, senior BJP leader and Convenor of Department of Training, BJP, J&K, said that the forthcoming visit of Prime Minister Narendra Modi to the City of Temples on February 20 will boost the morale of the party cadre which holds much significance because of upcoming Lok Sabha Elections.

In a statement issued to media persons, the senior BJP leader said that party cadre will get the much needed boost with the visit



as they help in mobilizing the people to vote in favour of the party.

Dr Parneesh asked the workthe next level of development due in the coming time.

of Pradhan Sewak which in turn after the abrogation of Article 370 will become a major factor in and to continue the momentum of rejuvenating the mood of the development it is quite important ground level workers who are that the BJP government should the real soldiers of the party be elected for a third term at the Centre.

The senior BJP leader said that the onus of thumping victory of the party in upcoming Lok Sabha ers to disseminate information elections in J&K fully lies on the about BJP achievements among shoulders of ground level workers the people of Jammu and Kash- as they are the ambassadors of the mir to ensure that opposition party. He said that only BJP can parties do not sway them by satiate the aspirations of people deception and false promises. and for this party's victory is a He said that J&K has witnessed must in the elections which are

to effectively fulfill their Today's meeting was responsibilities and work the committee members During the meeting, to collaborate closely and

> Among those who were Simran Devi, Shakti Devi,

mobilize effectively, focus- sion, Sunil Verma congrat- Akash Verma.



EDITORIAL

Make timely payments to get uninterrupted power supply

The government has initiated several power reforms to ensure uninterrupted electricity supply to the people of Jammu and Kashmir. Under the reforms, the Power Development Department (PDD) has made it mandatory for all government employees in Jammu and Kashmir to clear their electricity bills to get salaries in the next month. The decision has been taken given the huge Aggregate Technical & Commercial (AT&C) losses in the Union Territory of Jammu and Kashmir. Not only government employees, but contractors also have to clear their electricity bills to get payments for their developmental work. Taking a lead in this regard, the Kashmir Power Distribution Corporation Limited (KPDCL) urged the district magistrates of the Kashmir division to disburse the salaries of government employees after the clearance of electricity dues. It thinks that the electricity due lying pending with the government employees and contractors needs to be cleared before the disbursement of the salaries of government employees and before the release of funds in favor of the contractors for development works. There is no denying in fact that any default on power bills always leads to serious consequences for both employees and employers. It reflects poorly on the financial management skills of individuals, and for departments, it can be a sign of financial instability or irresponsibility. This issue can arise due to various reasons such as financial difficulties, oversight, or lack of awareness. As per the letter, the KPDCL says it is entrusted with the responsibility of collecting revenue on account of electricity charges from all categories of consumers, including government employees and contractors executing various development works, in the Kashmir division. The government has fixed revenue targets for KPDCL for the current financial year. Regular review meetings are being chaired at the highest level, and information is shared weekly. The Finance Department has from time to time issued directions for the timely recovery of government money deposited instead of power and energy dues from government employees. The move seems to be a well-thought-out strategy. For government employees, defaulting on power bills despite getting handsome salaries, can lead to disconnection of services, which can disrupt their daily lives. It can also result in additional fees and penalties, further exacerbating their financial burden. From an employer's (department's) perspective, this behavior can indicate potential issues with employee morale, financial stress, or lack of communication. Having said this, government employees and departments as well as contractors need to recognize the importance of timely payment of power bills. By fostering a culture of financial responsibility and providing support where needed, departments can help in achieving the power department's set target of revenue. In light of these directives and to ensure government revenue realization recovery is fixed for the current financial year, all district magistrates of Kashmir division as per past practice are now requested to issue circular directions to all DDOs, District Treasury Officers, and Treasury Officers in their jurisdiction to draw and disburse the salary of government employees working in the districts only after the clearance of electricity dues. The Union Territory of Jammu and Kashmir has recorded huge Aggregate Technical & Commercial (AT&C) losses during the last few years. After Nagaland, Jammu and Kashmir recorded huge AT&C losses during the last few years. Nagaland has the highest number of 60.69 percent AT&C losses followed by Jammu and Kashmir with 59.28 percent AT&C losses. The need of the hour is that the district magistrate in coordination with various departments should ensure strict implementation of the directive.

Skill development: Key to India's shifting job market

DINESH SOOD

abilities.

n today's rapidly changdemands skills that align ing job market, skills with business productivity. development is of par-The impending job landamount importance. The scape in India requires a job market is constantly blend of advanced technievolving due to technocal skills and softer, translogical advancements, ecoferable skills. It is crucial nomic developments, and to provide early exposure shifting client preferences. to these skills during high To excel in this dynamic school to ensure that environment, people must young individuals are adeadapt and develop new quately prepared for the future job market.

The future of work will According to a World not only revolve around Economic Forum report, hard skills but also encomby 2027, 69 million new pass holistic skills. India, jobs will be created, while with over 808 million 83 million will be eliminatyoung workers below the ed. The era of generalists is age of 35, needs to reflect giving way to an era of speseriously on the correlacialists. The next few years will witness significant tion between skills and employability, potential demand for Artificial Intelversus realization, and ligence (AI) professionals, sustainability specialists, ambition versus support. The current skill business intelligence anadeficit of only 5% being lysts, and information formally skilled, and a security specialists. focus on formal learning, In today's highly com-

leaves graduates unprepetitive job market, there pared for the competitive are still plenty of opporjob market. Therefore, tunities for those with the the shift towards holis- right skills. To stay ahead tic skill-based education, of the competition, even as outlined in National many traditional skill-Education Policy 2020, is based businesses are now imperative for success. actively seeking out AI and

The primary goal of skill automation experts. Professions are being development is to enhance sustainable employability, transformed by automatransition unskilled work- tion and artificial intel- most sought-after. Employers into formal employ- ligence, with certain jobs ers demand individuals upskill in digital marketing edge but also practical ment, and improve job becoming obsolete and who can rapidly acquire to remain competitive.

quality and livelihoods. new opportunities emerg- new skills and apply them The evolving job market ing in growing industries. As machines take over repetitive tasks, there is now a greater demand for specialized technical skills. Currently, data science, artificial intelligence, robotics, and machine learning are the leading job creators. This means that job seekers must possess a different set of skills to remain competitive.

Today, technology and digital literacy skills are essential for most employment roles. Programming languages, data analysis, cloud computing, and cyber security expertise are critical as data-driven businesses must protect their data from cyber threats. Moreover, in this digital

age, soft skills are more crucial than ever. Communication skills, problem-solving, creativity, and critical thinking are all essential to navigating an automated world successfully.

Those who can combine technical skills with these soft skills will have a significant advantage in today's job market.

In the current Asian job market, candidates with adaptable skills are the

the job market, many job emerge.

and the ability to reskill and upskill have become highly valued and critical for both employees and employers to remain competitive and relevant.

As technology continues to reshape job creation and the implementation of AI and automation, deep data analytics across functions are driving these changes. The introduction of new technologies has compelled businesses to reskill their work-India's workforce requirjobs in manufacturing, reskill to find new opportunities

enhancing existing abilities to meet the changing needs of a job function to

be more effective and reliable. Hence, a salesperson, for example, may need to with theoretical knowl-

effectively in a dynamic ability: Lifelong learning work environment. Given is an absolute necessity the dynamic nature of for adapting to the everevolving job market. It is roles become obsolete imperative to understand ing to the evolving job over time, and new ones that learning should not be market, where adaptabiliconfined to formal educa-Therefore, adaptability tion, as it holds greater significance than ever before. Continuous learning is the key to remaining employable and excelling in a career. Furthermore, business-

es highly value individuals who can embrace change and seek out new learning opportunities. Adopting a mindset of constant improvement is an invaluable asset in a job market that values adaptation and creativity. Additionally, lifelong learning can sigforce. With over 54% of nificantly improve an individual's job satisfaction ing reskilling, traditional and overall well-being. It is the prime responsibiladministration, and retail ity of individuals to take the practical tech-based become obsolete due to charge of their skill develautomation, and the work- opment and always adapt competitive advantage force in these fields must to the changing landscape of today's job market.

As India approaches Upskilling, on the other a transformative era, hand, is the process of rethinking education and prioritizing on-the-job training are crucial.

Embracing apprenticeships can shape a workforce equipped not only tech-based skills, essential

Sustainable Employ- for gaining a competitive edge and thriving in the dynamic economic landscape. Lifelong learning is paramount in adaptty and creativity are highly valued. Individuals must take charge of their skill development to remain employable and excel in their careers. The future of work demands a blend of technical proficiency and soft skills, underscoring the necessity for continuous self-improvement and

EDIT

adaptation. In conclusion, as India stands on the brink of an era of transformation, it is vital to rethink education, give priority to on-the-job training, and embrace apprenticeships to shape a workforce that not only possesses theoretical knowledge but also has skills necessary to gain a and thrive in the dynamic landscape of the country's economy.

(The writer is a Co-Founder and MD of Orane International, a Training Partner with the National **Skill Development** Corporation (NSDC), and a Network Member of India **International Skill Centres** (an initiative of GoI). Views are personal)

Siddaramaiah vs Modi: The 'cess-y' mess in fiscal federalism

PRAVEEN CHAKRAVARTY

bonds" to India's political **¬** omething unique and rare in Indian politi-**U**cal history happened Modi government.

recently. Karnataka Chief Elected governments Minister Siddaramaiah, across the world rely on Deputy Chief Minister D direct and indirect taxes K Shivakumar, and many for revenues to implement senior cabinet ministers schemes and fulfil their elecwent to Delhi and sat in a toral promises. As per the dharna for a "My State My Constitution, state govern-Tax" protest. They were ments in India do not have joined by ministers and leadpowers to levy direct income ers from the other southern and corporate taxes, unlike states of Kerala and Tamil in other federal nations. Nadu and supported in After GST, state governments spirit by Telangana. It was an lost their exclusive powers extraordinary development for indirect taxes, too. They where democratically elect- are only left with powers to ed heads of India's states tax sin goods, fuel, property, were forced to go to Delhi electricity, and agriculture, to demand their share of tax which constitute a small

federalism" and "electoral mise states' share. When a Karnataka resi-

lexicon have been rendered dent buys a certain good dubious and hollow by the or service and pays Rs 100 as central taxes on it, the Union government keeps Rs 58 of it and shares Rs 42 with the states. But for the same transaction, if Rs 100 is charged as cess by the Union government, then it gets to keep all of it and not have to share it with the states. This is a quirk and a relic of India's historical taxation laws. So, a "cooperative federalism"minded Union government will try to minimise cess and maximise tax revenues which can be shared with governance. Unsurprisingly,

depriving state governments course of Modi's tenure, resentment more freely than hence state governments are made in bridging either the but because of the extreme high-command culture and imposition of their will on BJP-ruled states, BJP Chief Ministers can only grumble in private rather than join Karnataka, Kerala, Tamil Nadu, Bengal and Telangana in an overt protest. The Modi government's "cess mess" has stained India's fabric of federalism.

of nearly Rs 3 lakh crore. this gap has only widened, their Maharashtra, Haryana This is a huge amount, and and little progress has been and Gujarat counterparts. crying foul. This has impact-fiscal or the development Sitharaman exemplifies this ed every state government gap between the richer and disdain for states, especially poorer states. Now, the con-

extreme skew in the distribution of tax revenues. The very idea of India as she released in parliament a 'Union of states' is now recently. It claimed that precarious. There is a com- India's economy and infraplete breakdown of trust and structure have grown in trustworthiness between the the last decade, all due to Union and states. This grow- the untiring efforts and the ing banyan tree of distrust inordinate skills of Naren-This deceit by the Modi between states was sown dra Modi. It was like pargovernment is what has by the duplicitous fiscal ents celebrating the growth state governments for their angered the high tax-con- approach of the Modi gov- in age of their child from 5 tributing southern states ernment, watered by the to 15 after a decade. Even and prompted them to imposition of a 'one nation if cricketer Ravindra Jadeja question the transfer of one policy' framework, or actor Akshay Kumar had their tax revenues to poorer branched by the extreme been Prime Minister in this Cesses and surcharges northern states. The aver- politicisation of institutions period, GDP would have such as ED, CBI, Income Tamil Nadu pays Rs 20,000 Tax, Election Commission, houses constructed, more annually in taxes while the and tended by 'governor' average person in Madhya politics. It is no secret that built, and India would have most states harbour deep been the Chair of the G-20. disenchantment with the The real question is not average person in Bihar, Modi government's anti- whether the child has grown UP or Madhya Pradesh get federal style of governance. in age, which is largely inevito about Rs 46 lakh crore back Rs 260 for every Rs It so happens that the more table, but how tall, healthy, 100 they pay in taxes, while developed southern states, and happy is the child for Arun Jaitley's contribution garner greater share of tax 10% of this increase came the average Kannadiga gets which are not ruled by the her age. Ask the states!

Finance Minister Nirmala those that are governed by tributing states are ques- non-BJP parties, with her tioning the need for such an scornful public rebukes and shallow pomposity, evident in the "white paper"

revenues and taxation rights. slice of overall tax revenues. "No taxation without repre- To put it simply, post-GST, sentation" was the slogan for democratically elected state the American independence struggle against the British. Southern states in India are now protesting against "Representation without taxation"

the Modi government, true With the southern states' to its governance style, has protests and the Supreme politicised India's federalism Court's recent ruling, the through duplicitous means late BJP finance minister of cesses and surcharges to by 2023. But a whopping of the phrases "cooperative revenues for itself and mini- from cesses and surcharges, back only Rs 40. Over the BJP, are able to express their

exact opposite in its decadelong tenure.

governments in India are have nearly doubled as a forced to be almost entirely share of revenues from 12% to 20% of overall tax revedependent on the Union govnues during Modi's tenure. To make matters worse, In 2014, overall tax revenues collected by both the Union and state governments was Rs 18 lakh crore, which rose

the Modi government did the

age person in Karnataka or Pradesh or Uttar Pradesh pays just Rs 4,500. But the

grown, more toilets and airports, ports and highways

Embracing the Wisdom of the Dawn

SWAMI CHARANASHRIT

n the serene hours before dawn, when the world is enveloped Vedas and echoed through the teachings of saints and sages, the practice a pathway to spiritual growth, physical vitality, and mental clarity.

In Hinduism, the day is and allowing individuals divided into various segments called "Yamas" and "Nakshatras," with each energies and influences. ly auspicious for spiritual

conducive for meditation, prayer, and introspection. One of the primary scriptures in Hinduism, in a tranquil embrace, the Bhagavad Gita, empha-Hindu scriptures whisper sizes the importance of the profound significance disciplined living and selfof rising early. Rooted in mastery. Lord Krishna the ancient wisdom of the advises Arjuna, "One who is disciplined in his habits, including eating and sleeping, can mitigate all mateof waking at dawn holds rial pains by practicing the profound importance in yoga system." (Bhagavad Hindu culture, offering Gita 6.16). Waking early is seen as a foundational aspect of this discipline, setting the tone for the day

divine energy, making it

ernment for resources.

to align their actions with higher principles

Furthermore, the conhaving its own unique cept of "Brahmacharya," often translated as celiba-The pre-dawn period, cy or chastity, encompassknown as "Brahma Muhur- es more than mere abstita," is considered especial- nence from physical indulgence. It entails the conpractices and self-reflec- servation and channeling tion. It is believed that of vital energies towards during this time, the atmo- spiritual growth and selfsphere is charged with realization. Waking early rhythm of nature and



aids in this endeavor moments for focused sadhana (spiritual practice), fostering a deeper connection with one's inner self and the divine.

The ancient seers and rishis, who delved into the mysteries of existence, recognized the profound relationship between the

human consciousness. the natural cycles, individuals can attune themselves to the harmonious enhanced well-being and

clarity of mind. physical and mental sleep-wake cycles. health.

Ayurveda, the ancient by providing precious By synchronizing with system of medicine, advocates for a daily routine higher truths. As the world ("Dinacharya") that aligns with nature's rhythms to flow of life, experiencing promote balance and vitality. Rising with the sun of Hindu scriptures and allows for exposure to nat-From a practical stand- ural light, which regulates tive power of rising with point, waking early offers the body's internal clock numerous benefits for and promotes healthy

Moreover, the early

morning hours provide an opportunity for solitude and reflection, free from the distractions of the bustling world. It is a time for setting intentions, planning the day ahead, and cultivating a sense of inner peace. By starting the day mindfully, individuals can navigate life's challenges with greater resilience and clarity.

In the Hindu tradition, waking early is not merely a ritualistic practice but a sacred endeavor that encompasses physical, mental, and spiritual dimensions. It is a testament to the reverence for life and the pursuit of awakens to the gentle embrace of dawn, may we heed the timeless wisdom embrace the transformathe sun.

(The writer is a spiritual guide, views are personal)

HEALTH

VIRTUAL WORKOUT PARTNER: THE BENEFITS AND CHALLENGES

JEH LEKHI

workout is a session where you perform physical exercises or, Ain some cases, do vigorous training. It keeps your body active and fit. It also makes your body ready for any physical challenges you might be aiming for. If you are part of any sports, it becomes vital for you to work out every day. It keeps your body flexible and strong and also improves your stamina. Working out is still very important if you have nothing to do with physical strength and a desk job. It is more critical for you to exercise every day since you are not giving enough physical movement to your body. It is crucial to understand the importance of workouts in our everyday life.

Having a daily workout session is very important. It doesn't matter how long or where you do the workout. What matters is whether you are consistent with your exercises or not. It is imperative to stay motivated to work out every single day. It sometimes becomes difficult to wake your body up if you are alone, but with a buddy, we know it becomes way easier. The motivation we get from a friend is something we cannot give to ourselves. That's where virtual workouts come in handy.

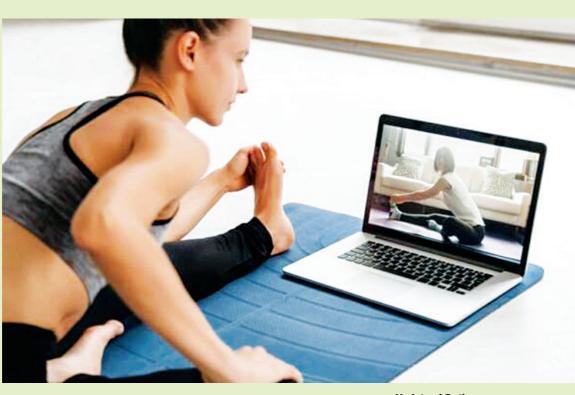
For a virtual workout to be the most beneficial, tracking your progress and having proper guidance are necessary. HealthifyMe Weight Loss Coach can reflecting motivational effort. You can help you track your progress much better. You can also connect with baseline without significant difference internationally certified coaches in in conditions. Self-efficacy and enjoyreal-time and get suggestions on exercises you should include in your workout. It will provide you with the proper guidance required to get faster results.

Interesting Research on Virtual Workout Partners

There has been a lot of study and research regarding the effect of virtual workout sessions. During the pandemic and confinement to our homes, one role of digital physical activity during understood the importance of physical the UK COVID 19 lockdown study. well-being. We realised that fitness is all about immunity and strength. As data we saw, many personal benefits a result, there was a rise in workouts make people choose virtual workout and yoga at home. One can undertake a successful workout session with improved virtual connectivity in India

According to the research, after the covid times, there was more than a 300% increase in purchase of home fitness products. People converted the extra space in homes to personal gyms and workout places to maintain mental and physical health. The pan- towards virtual workouts over physivirtual workouts.

Working out at home through virtu-



Another study suggests an increase us choose one from the other. in motivation due to virtual connec-

tivity. Researchers also noticed that **Benefits of a Virtual Workout Partner**

Convenience and Flexibility

A busy schedule sometimes doesn't allow us to get to the gym. Instead, we get caught up in our daily lives, and it is here that virtual workout becomes super convenient. With a virtual workout, you can work out from the conve nience of home without wasting any Cost-Effectiveness travel time.

Constant Motivation

A virtual workout is good for motivation. The coaches ensure you stay on track and have enough room to chat with them. Therefore, if a particular activity or the tempo is not working, you can customise it to stay motivated and on track.

Proper Attention

In the gym, there is a large crowd present for the workout. Therefore, the gym instructor cannot give sufficient focus to a single person. In virtual training, your gym instructor can closely observe your exercise and give you valuable tips to improve your technique.

Comfort and Confidence

It is imperative to feel comfortable, and only then can you give your best. If you are someone who doesn't feel comin the wake of COVID-19. People dis- of security as you are at your place.

Variety of Options

In a virtual workout, using an app can give you many more options than choosing your activity in a gym. For example, a health portal or an app has a pool of trainers. You can choose which exercise is best and attracts you the most from the available list of Start with Basics activities. The coach even may suggest a mix of various exercises.

An app or a virtual training provider is far more cost-effective than a gym membership. The cost that real-estate adds get removed from the price. Also, online resources are available on various platforms to help you get the essence of a workout. For example, you may see free videos on HIIT before signing up for it.

Challenges of a Virtual Workout Partner

Connectivity Issues

A significant concern with virtual workouts is that we depend on network connectivity. No matter how motivated we wake up, internet issues can crumble it down due to bad network. A full intensity workout can be we cannot do anything about it.

Lack of Proper Space

Space may be an issue if your place is crowded, making proper movements such as strains and muscle pulls as it fortable working out in front of other difficult. A quiet place is required to helps relax the body and mind. demic also increased the popularity of cal gym workouts. The purchase of people, virtual workouts can be an exercise with your virtual partner gym equipments increased manifolds ideal solution for you. It gives a sense and stay appropriately focused. Dis- stretching, hip flexor, thigh stretch, benefits include convenience, flexturbance at any one end can affect the upper body stretch, arms cross shoul- ibility, motivation, proper attention, Insecurities about our body shape workout routine of both partners and der stretch, jogging, and brisk walk- confidence, multiple options, cost-

Note:

individual performance and motivation. A virtual coach can inspire and but unstable internet can make it all emotionally support you to stay committed to the task. The advantages are cally slow down the workout. Freezing the same as a physical coaching session. However, there is a convenience that comes with virtual workouts. Virtual coaching is easier to fit in during a busy schedule. One way to stay committed to a virtual workout session is to fix a particular time in the day and not deviate from that.

Tips for a Better Virtual Workout

Warm-up Sessions

Warm-up is the preparation for a workout. Warming up prepares our heart, lungs, and muscles for aerobic and anaerobic activities. It is the critical factor of any workout to activate the body's healing mechanism. Warming up before an exercise plays a significant role in raising body temperature. The warm-up should last 10 to 15 minutes and involve cardiovascular and stretching exercises.

Jumping into an exercise directly without any warm-up sessions can lead to injuries. Also, warm-up exercises help in awakening the body from a passive state and make the muscles contract. In addition, it improves muscle elasticity and reduces the chances of muscle pull or soreness.

If you are new to workouts, engaging in complex exercises at the onset can increase the risk of injuries. Any workout routine is challenging at first. You must practice with the help of an expert. Also, enrolling yourself directly into complex training and not achieving the desired results will demotivate you and may even make you quit. Thus, it's essential to start with the basics.

To avoid mistakes and burnout, you can start with short workout sessions as part of your lifestyle. Motivation increases when you plan the workout with a partner. Consistency is another crucial factor when it comes to discipline. Body-related goals need proper consistency.

Cool Down Exercises

Cooling down is critical after working out to speed up recovery suddenly interrupted by bad weather and reduce soreness and fatigue. In addition, cooling down significantly reduces breathing unevenness, dizziness, and problems like lactic acid buildup. It also helps prevent injuries

can discuss goals, ideas, and exercis-Virtual partners can help improve ing techniques with your workout partner and work on a shared outcome go waste. Slow internet can automatior lagging in the middle of the training is very demotivating for the trainee and the trainer. Therefore it's imperative to upgrade your speed when doing virtual workouts.

Making Online Partners Work for You

For many of us, performing in our comfort zone is easier. There is no better comfort than it is at our home. Therefore, it is vital to understand how to plan a virtual workout session. In cases where you do not have enough space in your home, or you do not feel motivated at your house, it might be better for you to go to the gym physically.

Making your online partners work for you is essential. Communication is the key. Assess your fitness levels. Talk to your coach or fitness buddy and be goal-oriented.

Easier to Connect

Virtual makes it possible to connect with several coaches. You may try out two or three different forms of exercise. Once you do that, you may narrow down on one and understand what works for you.

No Geographical Limitations

On choosing a gym, it becomes essential to select a gym within a certain distance. When choosing a trainer online, there are no geographic boundaries. Therefore, you can choose the best trainers even if they are not in the same country.

Furthermore, a busy schedule sometimes forces us to move to a particular place for some time. In a physical gym, it breaks the cycle of the workout. In case of virtual workouts, you are connected to your trainer and can continue your training even from a different location. Therefore, this helps you maintain the regularity of the workout session.

Summarv

The difficult pandemic times showed us the power of virtual connectivity. A study by NCBI explains the role of exercise and fitness in the age of social distancing during the COVID-19 pandemic.

Just like work from home became popular, you can perform workouts with virtual workout partners. It is beneficial as it offers many benefits. Many personal benefits make people choose virtual workout sessions over Cool down exercises include a physical gym membership. Such

technology

al exercises provided the required con- covered the benefits of virtual workvenience. It offers the same experience out and have thus held on to it even and image can sometimes prevent us create a sense of demotivation. as traditional in-person workouts, as after the Pandemic is receding. There they receive tips and guidance from a are various benefits of virtual workpersonal trainer while interacting and out sessions which such as flexibilworking alongside others virtually. ity, safety, cost-effectiveness among out to the gym. One can easily plan a This major transformation in the exer- others. Everything has its benefits and cises has been due to advancements in challenges as the two sides of the same out of a scheduled workout. coin. The difference in benefits makes

people exercise longer at a strength

task in virtually partnered exercises.

As a result of the study, change in

intensity (75% and 90% maximum

heart rate) was the primary variable

see an increase in performance over

ment significantly lead to an increased

There has been a drastic increase

in virtual workout sessions even after

the critical pandemic. The person-

alised nature of the workouts, doing it

at home and the advantages of virtual

connectivity have made it a new way

of exercising. We can also look at the

Apart from the performance-related

sessions over physical presence. Such

benefits include convenience, flexibil-

ity, constant motivation, proper atten-

tion, confidence building, available

options, cost-effectiveness, and com-

There has a growing tendency

fort. We will discuss these advantages

in detail in the next section.

effort in the more intense interval ses

sions

Note:

from opening up in a gym scenario. Therefore, working out in your own space is sometimes easier than going one-on-one consultation to get the best

Lack of Discipline

Home is a place to relax; sometimes, we make excuses not to do a workout. You may be feeling lazy and keep postponing your workout session.

strength

Good Internet Connection

Virtual exercise is only possible with a good internet connection. One

ing. Just a 3 to 10 minutes cooldown effectiveness, and comfort. There are can provide relaxation benefits and a few disadvantages of virtual workcan help boost mental and physical out too like lack of proper space, network connectivity and accountability issues. However, it is one's dedication that becomes the decisive agent here. Where there is a will, there's a way!

5 signs of toxic parenting and ways to deal with it Adopt THESE 6 habits for a longer, happier life

arents are the primary caregivers for their children. Among the various relationships that a person might have throughout their lifetime, the bond with their parents plays an important role in building the groundwork for the rest of their lives. Parenting involves a great deal of dedication, sacrifice, fortitude, and patience.

Because there is no perfect way to parent, many people make mistakes in some way. Rachna Muralidhar, Clinical Psychologist of Mpower Centre, Bengaluru, says parents need to be aware and conscious of their behaviours which can be toxic and impact their kids.

Critical treatment: When a parent constantly criticises, over-corrects, and tries to mould their child based on exceeding expectations, the impact can be detrimental to the child's well-being. Self-doubt, lack of self-confidence, and inability to draw boundaries are common tendencies in such children. The child feels inadequate since they could not match up to their parents' relentless demands

Uncontrolled emotions: Parents that are unable to self-regulate, for example, quick to show anger or sciously teaching the child about Extreme emotions are normalised them to adapt to society.

Oversharing: In a classic case of



adopt the role of the parent at an children, major trust issues are early age due to oversharing of emotions and responsibilities by parents. These situations push them to become problem solvers, negotiators and caregivers. Due to their people's pleasing attitude and suppression of their own needs, they often find themselves in abusive situations as adults.

Constant comparison: In Indian society, 'Sharmaji ka beta' is a prone to deep sadness, are uncon- common phenomenon. All of us have come across instances where parents acceptable forms of behaviour. relentlessly compare their child to someone else. It can be a sibling. in the child's mind which may cause cousin, neighbour, or classmate. them to adopt uncontrolled forms of Self-doubt and dissatisfaction are behaviour, making it difficult for common in such children, as they are never made to feel worthy.

Breach of trust: When parents role reversal, the child is forced to cross boundaries and spy on their thetic, it helps children communi-

created. Checking a child's mobile phone, reading their diaries and revealing secrets are instances of a serious breach of trust. These children either grow up to be rebellious or may be prone to bullying even later in life

Challenging Situations Parents Face: non-toxic ways to deal with it Peer pressure: Often when parents come across unhealthy behaviours, they tend to overreact. Other times when children try to tell parents about their issues, they may not There is no bible or perfect manual be taken seriously. Judging, punishing, and 'I told you so' behaviour only pushes children away. Parents should create a safe space for children and listen without judgment. When parents are calm and empa-

cate with little hesitation. Share a set of rules and consequences, assisting children to understand unacceptable behaviours while retaining trust.

Addiction to gadgets/mobiles: In this digital age, addiction to mobiles has become a common phenomenon. Understandably parents are worried about its implications. However, resorting to threats and punishments will not do much good. Parents are advised to keep a consistent approach toward discipline. Children often get addicted to gadgets when they want to forget about the world around them. If a child is going through pivotal transitions or difficult experiences, connect and help them deal with the situation.

Working parents: Children need love, safety, and guidance to grow up to be healthy adults. Common toxic behaviours associated with working parents include lack of connection with their kids, temper, and absence of affection. Parents should look at investing quality time to build meaningful connections with their children. Encourage children to com-

municate and share their feelings. Consistent shows of affection while disciplining by setting boundaries helps children understand expectations and feel loved at the same time.

Parenting can be an uphill task. or training course which can make a parent perfect. Being conscious, kind, dependable and consistent are qualities a parent should imbibe to ensure their children get a healthy childhood

Veryone wants to live a healthy, disease-free life with sound mental health. However, that is not always the case. People chase their careers and in that, they forget to look after their health and wellbeing. They compromise on their lifestyle and later end up with several health conditions.

Therefore, it is absolutely important that you follow a healthy lifestyle and along with that, you also take care of your mental health. All of these factors tend to affect your life in the long run. Also, the relationships that you build over the years affects vour life and building healthy relationships has a positive effect on your health. Here, look at the habits you should adopt for a longer and happier life.

Go for regular screenings: This is one of the ways in which you go detect diseases and chronic illnesses in the early stages. Annual health checkups are a good thing to start with as they help you to know if you have some sort of an illness or are in the early stages of an illness like prediabetes.

Exercising regularly: There is no alternative for this as this helps to keep you healthy in the long run. This also helps to keep you healthy and fit in the long run and averts the risks of chronic health conditions and diseases

Eat nutritious food: It is important that you eat healthy and nutritious food that has vitamins, minerals and antioxidants present in them. Vitamins and minerals help to keep the body healthy whereas, antioxidants help to fight oxidation in the body which prevents the risks of chronic diseases and inflammations. Take care of your mental



health: Mental health is as much important as your physical if not more. If you are not mentally healthy, it will affect your physical health and that is not a very good thing. Therefore, if you are suffering from stress. anxiety or depression; take care of that and work towards it.

Sleep well: Sleep is as much important for your health as other things. When you sleep well and are well rested, you will have lower stress levels and that will have a positive effect on your overall life.

Build healthy relationships: Relationships are a big part of your life and it is absolutely important that you build healthy and strong relationships. These relationships can make your life more joyful and can also help to reduce your stress. "The surprising finding is that our relationships and how happy we are in our relationships has a powerful influence on our health," said Robert Waldinger, director of the 80-year-long Harvard study. "Taking care of your body is important, but tending to your relationships is a form of self-care too. That, I think, is the revelation," said Robert Waldinger who is also a professor of psychiatry at Harvard Medical School



IIM Jammu: Pioneering Excellence

JI NEWS SERVICE JAMMU, FEB 18

Nestled amidst the breathtaking Himalayas, the Indian Institute of Management Jammu (IIM Jammu) stands as a beacon of excellence, shaping the future of management education, business, and society. With a strong dedication to nurturing leaders and fostering innovation, IIM Jammu has consistently set benchmarks in management education while making significant contri-

butions to the society. Govt. of India, IIM Jammu innovation. began its journey from transit campus at Canal various programs.

including smart class- neurs, IIM Jammu is com- development and empow- to nation-building.



rooms and the "Nalanda", mitted to serving as a cat- er communities. Through a modern library, foster- alyst for positive change Initiatives such as the Established in 2016, by ing an environment of in the U.T of Jammu and Community Leadership the Ministry of Education, academic pursuit and Kashmir and Ladakh. The

On the occasion of the campus by Hon'ble Prime inauguration of the New Road. From its modest Campus, Prof. Sahay, Modi signifies the Instibeginnings with just 47 mentioned "IIM Jammu's tute's unwavering commitstudents in 2016, the Insti- vision is to develop lead- ment to excellence, socitute has grown exponen- ers and entrepreneurs, etal impact, and economic tially, currently catering to aiming to motivate stu- development." over 1200 students across dents from job seekers to

job creators through prac- mentioned, "The Centre Under the leadership tical exposure and indus- for Diversity and Incluof Prof. B.S. Sahay, Direc- try collaborations. Despite sion reflects IIM Jammu's tor of IIM Jammu, the being the youngest of IIMs, dedication to providing a Institute embarked on a IIM Jammu has earned safe environment for marjourney with the construc- recognition, ranking 15th ginalized communities to tion of its new campus in overall among all, IIMs in explore entrepreneurship. Jagti. Spanning 200 acres the NIRF Rankings 2023. In a short span the Instiand built at a project cost The Institute offers MBA, tute has been spearheadof Rs. 500.91 crores, the Executive MBA, Ph.D, new campus reflects IIM MBA in Hospital Admin- like the Community Lead-Jammu's commitment istration and Healthcare ership Program, Mahatma to providing world-class Management jointly with Gandhi National Fellowinfrastructure conducive AIIMS Jammu and IIT ship Programme, and the to holistic development of Jammu, Dual Degree Pro- establishment of Centre student. The new campus gramme (B. Tech +MBA) for Entrepreneurship, to emerge as one of the has been completed in with IIT Jammu. Driven by Innovation & Skill Develrecord time, boasting its vision to develop global opment, IIM Jammu aims state-of-the-art facilities, leaders and entrepre- to foster socio-economic look and a commitment

Program aimed at empowinauguration of the new ering youth with essential leadership skills, while Minister Shri Narendra collaborations like the STEM program with SIDBI promote grassroots entrepreneurship. The Education Leadership Training Programme for College Adding further, he Principals of Jammu and Kashmir enhances education quality in Jammu and Kashmir, showcasing IIM

Jammu's holistic approach to education and societal impact." As IIM Jammu continues its journey, it remains dedicated to fostering ing impactful programs leadership, innovation, and societal transformation. With a focus on excellence, inclusivity, with state-of-the-art facilities, IIM Jammu is poised top business schools in India with a global out-

Grand Gurmat samagam in memory of Sant Gurbaksh Singh Ji Dana held at Domana

JI NEWS SERVICE JAMMU, FEB 18

A grand `Gurmat Samagam' in the memory of Sant Gurbaksh Singh Danna was held today at Gurudwara Sri Guru Arjun Dev Ji, Akhnoor Road Domana, under the patronage of Sant Tejwant Singh Ji, `Dera Mukhi' Sant Pura Danna.

organized with the active Singh Bali and Updesh Waley), Baldev Singh CEO Bhagri family from USA and Jeet Singh of Holand and others followers of Dera Sant Pura Dana.

Besides local Ragi jathas Prominent Ragi Jatha of Bhai Sahib Bhai Shub Deep Singh, Hazuri Ragi Sri Darbar Sahib Amritsar was the main attraction of the Sama-

The programme was Chandigarh also graced p[al Singh, Bhai Sahib Ragi Gurudwara Sant

Pura Danna, , Bhai Sahib organised with the coop- and Vice president DGPC Bhai Bahadur Singh, eration of various Sikh Jammu, S Avtar Singh Bhai Sahib Charanpreet organisations, Noujwan Member DGPC Jammu, Singh, Bhai Sahib Bhai Sabhas and Sikh Sangat S Paramjit ex-Corporator Gian Singh Ji, Bhai Sahib of JKUT. Sikh Devotees etc. Bhai Gurmit Singh, Bhai from Rajasthan espe-Sahib Bhai Suraj Singh cially came to attend the nated by S Manjit Singh ji gam, another prominent Hazuri Ragi Gurudwara Samagam and paid rich Bali Administrator SGSD Ragi Jatha of Bhai Sahib Shaheed Bunga Srinagar, tributes ot Sant Gurbaksh International School Bhai Tavneet Singh of Bhai Sahib Bhai Surinder Singh Ji Danna.

the occasion by recit- Bhai Ramneek Singh & cooperation of Joginder ing Shabad Kirtan. Local Bhai Sahib Bhai Param- the samagam included prominent Ragi Jathas vir Singh. Bhai Harpin- S Charanjit Singh Khalsa Kour Bali (Hongkong who recited Shabad der Singh Ji Incharge former MLC, S J.P Singh Kirtan were Bhai Sahib Sikh SGPC Sikh Mission retd. Inspector general Peaks, Adv Surinder Kour, Davinder Singh ji, Bhai Jammu & Kashmir, Bhai of Police J&K., Sh Raman Sahib Bhai Kulwant Balwant Singh Parcharak Bhalla Ex- Minister, S Singh ji, Bhai Sahib Bhai & Bhai Kulwant Singh Ji Taranjit Singh Tony DDC Jagjir Singh ji Hazuri Parcharak Mission J&K.

Eminent personalities who also participated member, Balvinder Singh The programme was renowned Social Activist

> The Stage was coordi-Domana.

Open district Speedball Championship conclude APS Dhar Road wins over all Champion-24

JI NEWS SERVICE JAMMU, FEB 18

Today Open District Speedball Championship Conclude Organized By J&K Sports Speedball Association At Dogra hr.sec school On 18 feb.2024. Around 200 Players From Various Schools of jammu province Districts Are Taking Part In This Fablous Event. Schools Namely Aps Dhar Road Udhampur, Dogra Hr.sec School, S.D Tara Puri High School, Shiksha Niketen High School, R.N Tagore Hr.Sec School, May Fair International School, Jammu Sankriti Schoool Crescent Sports Club

Janipur, Jammu. In The Evening Was The Chief Guest DR.Arvind Karwani JKAS (Relief & Rehabilitation Commission (M)



guests on this occasion. Gave A Brief Presentation Speedball Association) In The Event Host By RENU Regarding National And this championship APS Nanda (Secretary, J&K International Achieve- DHAR ROAD Win Overall Sports Speed Ball Associa- ments

tion) The Chief Guest Affri- Officiated By Sahil Up And SHIKSHA NIKET-J&K), Mrs Pooja Malhotra (cated The Association Janjua, Jagdeep Janjua, AN HIGH SCHOOL 2nd Founder Patron) Presiding For Involving Such A Big Gurvansh Choudhary Runner Up. Master Shivang

Champion, S.D TARA PURI The Matches Were HIGHS CHOOL,1st Runner

Unifying people, ending discrimination & insecurity will be priority of my govt: Azad

JI NEWS SERVICE JAMMU FEB 18

Chairman DPAP Ghulam Nabi Azad today addressed a significant public meeting in Paloura, Jammu, emphasizing the importance of voting for development and rejecting parties that sow division in the name of religion. The public meeting was organised by Provincial Gen



Secretary Adv Maheshwar working for the welfare formance of various other cial Gen Secretary, state others.

ing development agendas ed based on religion or record and his tenure. acknowledged the govern- track record of initiating ment to prioritizing develareas but criticized the and Kashmir regions, opportunities above all revocation of Article 370 underscoring his commit- else. Among others who and Article 35A, labeling it ment to equitable devel- were present on the occashe pledged that if DPAP if DPAP comes to power, Mr. GM Saroori, General comes to power, they will they will reinstate the secretary RS Chib, Anita work towards reinstating Roshni scheme, empha- Thakur, Provincial presijob and land rights, ensur-sizing its importance for dent Jugal Kishore Sharma, ing that no outsider can equitable land distribution Gen secretary Vinod purchase land or secure and development in the Mishra, Chief, spokesper-

Singh. Mr Azad highlighted of all people, stating, 'As parties, people should secretary Sunita Arora, the necessity of prioritiz- CM, I never discriminat- now shift to DPAP's track Zonal president Choudhary Gharu Ram, Secreover divisive politics. He caste.' He highlighted his He reiterated his commit- tary Hira Lal Abrol, Zonal president PR Manhas, ment's efforts in certain projects in both Jammu opment and employment Subash Gupta Provincial VP, Ashok Sharma Provincial VP, District president Gourav Chopra, Ashok as a blunder. Furthermore, opment. He affirmed that sion were, Vice chairman Bhagat, Sobat Ali, Prabha Salathia, Anoop Khajuria, Vishal Chopra, Prabha Salathia, Kirtan Singh, Fatima farooq, Sheikh Zafarullah and Kulwant Singh Chib, Rajinder singh pinky, jobs in J&K. Azad empha- region. Azad asserted that son Salman Nizami, Adv Ashutosh raina, kamalpresized the importance of after experiencing the per- Maheshwar Singh Provin- et singh, Sanjay Manhas,

observed that since the

start of construction in

the area those who were

earlier trying to spoil

Rajesh Kesri reviews ongoing construction of temple at Sainiya De Kotha

JI NEWS SERVICE

JAMMU, FEB 18

Shiv Sena Hindustan J&K President Pt Rajesh Kesri today organized meeting at Sainiya De Kotha to review progress of ongoing construction of temple being built in the area under the supervision of Mahant Rajendra



Saini. Kesri was told the construction of the small contributions so that every villager is very temple by providing assis- collected will be used for happy and enthusiastic tance of 500000 dona- the construction of grand over the construction of tions for the construc- temple in the area. Kesri temple and that temple is tion of temple at some while thanking all those being constructed in an distance in the area and who have contributed for atmosphere of great hap- demanded same amount the construction of grand piness and priest Rajen- for ongoing construc- temple also appealed Shiv dra Saini is fully contrib- tion of temple along with Sena Hindustan workers uting to it. Kesri on the contribution of villagers for donating generously occasion also thanked and also contribution and wholeheartedly Member Parliament Jugal made by devotees from for the construction of Poli Devi besides dozens Kishore ji who helped in adjoining areas. These temple. Kesri meanwhile of other Shiv Sainiks.

peaceful environment in the area have now mended their ways and now there is congenial environment and everyone is working together to build the temple. Prominent among those present on the occasion include Balveer Kumar, Block Bishna Pradhan Rajkumar Baba General Secretary Sanjeev Sharma Deputy Chief Deshraj ji Rakesh Kumar, Rajesh Kumar, Balwant Fauji, Suresh Kumar, Dheeraj Kumar, Darshana Devi ,Rajni Devi, Neeru Devi,

Devinder kour (Principal And Girls In This Speed-Sanvi, Pallvi, Survansh Wins today Title of Chamdhss) was the Guest. Mr. ball Event. The General ,Sahil Kaith,Suchit Kumar pion of The Day Cash Munish gupta (Vice presi-Secretary of The Associa-, Under The Supervident Jksba), Mr.Sucha tion Mr.Sunny Nanda Wel-sion of Event Organizers Singh (Retd.HOD Sports comes All Guests On The Mr.Sunny Nanda (Gen-SMVDU) Were the special Behalf Of Association And eral Secretary J&K Sports by Vanshika Manhas.

Over The Function, Ms. Number of Young Boys ,Vishal Kumar, Taniya, Nargotra Stduent Of Dhss

Awarded 2500 By J&K Sports Speed Ball Association. At the vote of thanks

Indian Army

Village Defence

Organised

Committee

JI NEWS SERVICE

REASI, FEB 18

Meet at Reasi

Mahant Rohit Shastri meets Sarbananda Sonowal in Delhi

JI NEWS SERVICE JAMMU/DELHI

Mahant Rohit Shastri, President of the Shri Kaliakh Jyotish evam Vedic Sanathan Trust, had a meeting with the Union Minister of Ports, Shipping & Waterways and Ayush, Shri Sarbananda Sonowal, in Delhi, during which he presented to the minister an idol of Shri Mata Vaishno Devi and books published by the trust. Discussions were held on issues related to the preservation, promotion, and propagation of Sanskrit, besides the welfare of students and scholars of Sanskrit in Jammu and Kashmir. Highlighting the unique Indian heritage and culture on the occa-

sion, Mahant Rohit Shastri said that Sanskrit is the thread that ensures the unity in the diversity of commitment of the Trust Indian knowledge and warmly appreciated. He at the event.



wisdom is embedded in expressed heartfelt gratithe Sanskrit language and tude to Lieutenant Goverliterature. Mahant Rohit nor Sinha for his efforts.

Shastri mentioned that During this event, Union under the leadership of Minister of Ports, Shipping Shri Manoj Sinha, the cur-& Waterways and Ayush, Shri Sarbananda Sonowrent Lieutenant Governor Indian culture and civili- of the centrally governed al, commended the work zation. He also stated the union territory of Jammu being done in the field of and Kashmir, Sanskrit is Sanskrit by the Shri Kaitowards the protection receiving adequate protec- lakh Jyotish evam Vedic and development of San- tion, and his efforts in the Sansthan Trust. Jagdev skrit and said that the glo- promotion and propaga- Singh Chib, a member of rious heritage of ancient tion of Sanskrit are being the Trust, was also present

Indian Army organised an interactive workshop with Village Defence Committee (VDC) members of Reasi. During the workshop, the members displayed their training prowess and skills in weapon handling. The Army unit assisted all the members of VDC in further improving their self defence capabilities and laid emphasis on the role of Village Defence Committee. A lecture cum demonstration on weapon handling and cleaning, musketry and minor repairs of weapons was conducted as part of the workshop. The event was also utilized to exchange views on role of VDC members including motivating youngsters for joining defence services & stay away from Narcotics. A total of 30 VDC members were present during the workshop.

YV Sharma hails the visit of Narendra Modi to Jammu

JI NEWS SERVICE JAMMU, FEB 18

YV Sharma, spokesperson BJP, expressed great delight at the scheduled visit of Sh. Narendra Modi, Hon'ble Prime Minister of India on 20th of February to Jammu, the city of temples, on behalf of the people of J&K & the BJP party. This is the first visit of Sh. Modi to Jammu city after the abrogation renaissance of India but is of article 370 & 35A of also ensuring close politithe Indian constitution & cal & economic relationcomes close on the heels ship with the neighbourof the PM's successful visit ing middle eastern coun- in India where every citito UAE & Oman. It may be mentioned that the Govt beyond. of Narendra Modi was able to bring back home the 8 some misunderstanding.

suing his goal of cultural that the work on 8 lan- government will always during his visit to Jammu.



tries as well as the nations

Navy veterans who were Sabka Vishwas, Sabka as per their requirement. sentenced to death by the Prayas" is bearing fruit For this the people of J&K Oman Govt. because of & this, he said, will be shall always remain thankvisible in J&K during his ful to the Hon'ble PM. The visit also comes at a visit where he is slated to time when the Prime Min- inaugurate projects worth under the PM's leaderister was involved in the thousands of crores that ship several steps have "Pranpratishtha" of Ram have seen their opera- been taken for upliftment Lalla temple at Ayodhya tionalisation in the recent of the hitherto forgot-

to be a game changer for development of road infrastructure, under the leadership of the Hon'ble PM, in several districts of J&K is a welcome step that will

areas & will also improve the ease of doing business. YV Sharma said that the UT of J&K is the only place zen is provided with the "Ayushmaan Bharat Card"

The slogan of the PM thus enabling its people to "Sabka Sath, Sabka Vikas, avail best medical facilities YV Sharma said that

after the decision of the times. These projects ten people be they the Hon'ble Supreme Court include the AIIMS, IIT, refugees from 1947, resof India paved the way IIM several roads & road ervation for the Paharis & for resolution of the long- segments, road bridges, other tribals & reservation standing issue. He also railway & power sector of seats in the legislature inaugurated the Swami infrastructure. Founda- & PRIs for women. These Narayan temple of BAPS in tion stone for a modern & steps, he said, are going to Dubai & the close relation- state of the art petroleum substantially improve the ship between the authori- terminal at Bajalta is also condition of the people of ties of UAE & Indian gov- expected to be laid by the J&K & will have an everernment was visible for PM that will ensure year- lasting positive impact on all the viewers of the inau- long & hassle-free availabil- the political, social & ecoguration ceremony. This ity of petroleum products nomic well-being of J&K clearly shows that the PM for the people of the Union for which the initiatives

ning of Delhi - Amritsar be remembered.

Katra express way & YV Sharma said that Jammu ring road is going the spectacular hosting of G20 summit in India the economic upliftment by the PM & involving the of the people of Jammu entire country in many of & Kashmir. The thrust on its programmes underpins the desire of Narendra Modi to involve the entire nation in such big events & showcase the strength of cultural diversity of ease the living condition of the country to rest of the the people living in remote world. His stress on the policy of "India First" has ensured that the country steers clear of the Russia -Ukraine & Israel - Hamas war & has minimal impact on the economy of the country. These wars have wrecked havoc on the economies of several other countries including those in the developed world causing spiralling inflation.

He emphasised that Jammu is not only welcoming Narendra Modi the Prime Minister but also a statesman who is steering the country to new heights of development & cultural renaissance & at the same time ensuring respectable place for India in the comity of nations. Given the respect, love & affection bestowed by the people of the country on our Prime Minister & the position he has created for the nation & himself on the world stage it is our sacred duty to give Sh. Narendra of India is not only pur- Territory. YV Sharma said of the Hon'ble PM & his Modi a rousing reception

Reasi District Mountaineering Association elects leadership and outlines promotional plans

JI NEWS SERVICE REASI, FEB 18

Ashwani Katoch, Principal of Amba Kids Home, Panthal (distt. Reasi) who has been in the forefront to promote sports especially sport climbing in the district, has been unanimously elected as the President of District Mountaineering Association, Reasi in an election meeting held at Press Club of Jammu. Sumit Khajuria, a prominent mountaineer and a sport climbing judge of J&K was elected as General Secretary of the Association.

Whereas Abhi Sharma the elected body to nomiof Katra, an adventure sports promoter was unanimously elected as Vice President, Ms. Tania Thakur of Reasi, a sport climber and Ashwani Sharma of Katra were elected as Joint Secretary and Treasurer respectively of the district association.

Executive body which included Sumaiya Kousar of Mohore, a north zone sport climbing medalist, Ramnik Nowadha of Katra, Mohd Asif of Mohore, Akul Sharma of Reasi and

Khajuria, General Sec-Bandhu of village Panthal ing Association of J&K, Secretary who has been

level.

were also unanimously

It was also resolved by

elected.

was the Observer Sonam a successful organiser of Sidharth, an executive many trekking and mounmember, was the Return- taineering expeditions, ing Officer for the elec- while addressing the mem-

nate Shiv Kumar Sharma, tions After the conclusion trust they had imposed in President of J&K Indian Style Wrestling Associaof the election Ram Kha- him and announced that juria, founder President very soon a meeting of the tion and a former Joint of Mountaineering Asso- Association shall be held Secretary of J&K Sports Council, as Advisor of the ciation of J&K and Shivani to devise ways and means District Mountaineering Charak, the top ranked to promote trekking in Association.Shiv Kumar sport climber of India who the Trikuta hills especially were special invitees in the Devi Pindian shrine for the Sharma humbly accepted the offer and assured to meeting interacted with local as well as trekkers Five members of the take up all the matters the newly elected mem- from outside the district. regarding promotion of bers and gave them con- Concerted efforts shall adventure activities in the crete suggestions for the also be made to create district to the highest govt promotion of adventure climbing infrastructure in activities especially sport the district for organising Whereas Shawetica climbing in Reasi district.

> Sumit Khajuria, the retary of Mountaineer- newly elected General

climbing competitions so as to produce more champion sport climbers, he added. PM deep grief as

bers thanked them for the

Jain seer Acharya Shri 108 Vidyasagar Ji Maharaj attains Samadhi PIB

NEW DELHI, FEB 18

Prime Minister, Narendra Modi expressed deep grief as Jain seer Acharya Vidyasagar Maharaj attains Samadhi.

Modi said that the demise of Acharya Shri 108 Vidyasagar Ji Maharaj is an irreparable loss for the country.

The Prime Minister also said that Acharya Ji's valuable efforts for spiritual awakening among the people will always be remembered. Throughout his life he remained engaged in poverty alleviation as well as promoting

Will ensure PM Modi's Feb 20 rally becomes his biggest-ever in J&K: Jasrotia

JI NEWS SERVICE KATHUA, FEB 18

Prime Minister Narendra Modi will visit Jammu & Kashmir on February 20 and inaugurate several mega development projects besides addressing a mega public rally at MAM Stadium here.

"PM Modi will lay foun-



Indian Army Organised Celebration of Guru Ravidas Jayanti at Kishtwar

JI NEWS SERVICE KISHTWAR, FEB 18

Indian Army in its continuous efforts to motivate the youth has undertaken a variety of programmes. In continuing with the same spirit, the Army organised a lecture on the occasion of Guru Ravidas Jayanti motivating the resident vouth to join Indian Armed Forces at Shergwari and Gahan. It was highlighted during the lecture that students having passion for adventure, excitement and a temperament for challenges

in Inter School Painting tude. Celebration of Guru Competition on the theme Ravidas Jayanti was a of "Unity". The populace true manifestation of the can fulfill their desires and especially the civil digni- national spirit among the expectations by espousing taries school children and residents and the bonhoa career in the Defence the teachers applauded mie that exists between the Services. The School Chil- the efforts of the Indian Armed Forces and the resi-



dation stones for many new

Modi will address a mas- BJP's election campaign PM Modi in J&K so far, he of people from across J&K the rally and listen to the everyone."

projects to give boost to the added. This would be the will come to listen to their Prime Minister who has development in Jammu & second public rally of PM popular leader," he said. put J&K on the "develop-Kashmir," former Minister Modi at MAM Stadium in Jasrotia said that PM Modi Rajiv Jasrotia said while Jammu City. Earlier, Modi has given a new direction addressing a press con- addressed the 'Lalkar Rally' to the peace and prosperference here. He said PM at MAM Stadium during the ity here. Today, one can witness sive public rally at MAM for the 2014 Lok Sabha many new projects, rails,

Stadium in Jammu at 11:00 elections. Jasrotia said the roads, highways, medical am, to be organised by the people of Jammu & Kash- colleges, AIIMS, higher als, Pahadi, women, OBCs BJP. The party has geared mir have always remained education institutes, etc in and other communities got up to make sure that the enthusiastic to attend the J&K, he said. He appealed their due rights," Jasrotia rally becomes the biggest- rally of PM in massive num- to all the residents of said, adding, "Modi governever being addressed by bers. "This time too, lakhs Jammu & Kashmir to join ment has ensured justice to

ment map"."PM Modi has led the all-round development in J&K, which is the reason that whole of J&K residents including Dogras, Kashmiris, WPRs, PoJK, Valmikis, Gujjar-Bakerw-

VNKM JK organizes Multilingual Mushaira at Trikuta

JI NEWS SERVICE

JAMMU, FEB 18

Vrisht Nagrik Kavya Manch, JK (UT) organized a multilingual Mushaira at residence of Sh. R S Baroka, Trikuta Nagar today. The poets of different languages presented their poetry in different languages. S. Jang S. Verman, a senior artist, journalist & writer was the chief guest wheareas Sh. R S Baroka was the special guest on this occasion. views on the presenta- es on one platform. He Neer, Sudesh Kumar Jan-Denior poet & President, programme.

of the Manch.

While expressing his sharing different languag- Bhargav, Amarjeet Kour



S. Harjit Singh Uppal, tion and conduct of the congratulated the poets one programme S. Harjit for presenting highly Punjabi Sahitak Sabha, R Singh Uppal said that appreciable & quality S Pura presided over the the poetry needs many poetry in Hindi, Punjabi aspects to be observed to and Urdu languages. S. R Smt. Amarjeet Kour, shape it. He appreciated S Baroka also expressed President VNKM-JK the quality poetry recited his views on this occasion. extended a formal wel- by the poets of different The poets who recitcome to the guests and languages. Jang S. Verman ed their poetry in the participants of the pro- in his address said that programme included gramme. In her welcome the efforts made by the JPS Azad, Ratan Singh address she gave a brief Manch are appreciable as Kanwal, Devinder Singh of the monthly activities such activities promote Dhanjal, M S Kaamra, T S communal harmony by Premee, Bhupinder Singh

gral, Suraj Ratan Bakshi, Bachan Bharti, Jang S. Verman, Jagjeet Singh Sudan, Harjit Singh Uppal. These poets presented poems of different genres on different topics & themes.

The proceedings of the programme were conducted by T S Premee, Secretary, Manoranjan Kala Kendra. He also extended the vote of thanks

dren also proved their Army and expressed their dent population. A total of physical as well as paint- gratitude for organising 70 students attended the ing skills by participating an event of such magni- lecture.

Dr. Preeti Bhagat organised free medical camp, distributed medicines



JI NEWS SERVICE JAMMU, FEB 18

Social activist Dr. Preeti Bhagat organized a free medical camp in Mottien village of Kaloen Panchayat of Suchetgarh assembly constituency. During the ning. She wants to do camp, Dr. Preeti Bhagat and her team conducted free checkups of more joining the medical prothan 100 patients and fession and now she is distributed medicines to serving people through them. People who came to this profession. Such the camp for checkup said that usually social organizations organize medical camps only once or twice to the people who came to a year, but the passion of the camp for checkup to Dr. Preeti Bhagat takes stay healthy without medout time from her busy schedule and organizes follow a good routine and camps in some village maintain proper eating every week. The villagers habits, you can stay safe said that by getting check- from diseases to a great ups done in such camps, extent.

they remain aware of their health. Otherwise they do

not have the facilities to get their health checkup

done. Dr. Preeti Bhagat said that the passion for social service has been in her mind since the beginsomething for the society. This was the purpose of camps will be continued in future also. Dr. Preeti Bhagat also gave many tips icines. He said that if you

health and education in the society, Modi further added.

Mohit Manas becomes president of GDC Ramgarh, will work for betterment of students



JI NEWS SERVICE RAMGARH, FEB 18

Ramgarh. A total of two candidates were standing Mohit Manas has been but at the last moment appointed for the post the second candidate of President of Student withdrew his nomination Union of Government and I have been unani-Degree College, Ramgarh. mously appointed as the Mohit Manas has been President of Government unanimously declared the Degree College, Ramgarh, President of Government for which I thank every-Degree College, Ramgarh. one. Mohit Manas told After which the students that college students have congratulated the newly many problems. I will appointed president act as a bridge between by garlanding him with the college administraflowers. Talking to the tion and the students. media, newly appointed Whatever problems the President GDC Ramgarh students have, I will put Mohit Manas said that them before the college the process of selecting administration and get the President was done them resolved. Along with under the supervision this, I will also work with

for the post of President, of the Principal and Col- the students for the bet-lege Committee of GDC terment of the college.



International Conference on Traditional Medicine and Phytopharmaceuticals concludes at IIIM

JI NEWS SERVICE JAMMU,

at CSIR-IIIM. The event, including USA, Malaysia, first of its kind, deliberat- Bangladesh, United Kingthe advances and cutting Ghana. edge research in the traditional medicines and phy-

Himalaya Wellness Com- dant plant biodiversity pany. Dr. Marco Leonti, found in the region that to sustainably leverage the Source of Novel Drug", A three day International Secretary, International possess multiple phyto-Conference on Traditional Society of Ethnopharma- pharmaceutical proper-Medicine and Phytophar- cology besides more than ties and offer huge oppormaceuticals and the 11th 100 distinguished scien- tunities for researchers, macology made by the International Congress tists of eminence, tech- startups and industries to policy makers, industry, of the Society for Eth- nologists, policy makers, explore for the new fronnopharmacology from industrialists, academi- tiers in pharmacology and 16.02.2024 to 18.02.2024 cians, clinicians, research- discovery of novel phytoconcluded here today ers, from India and abroad medicines.

Principal Govt. Medical that that there are huge topharmaceuticals was College, Jammu, the Chief challenges and constraints to touch the new heights Award Session", "SFE organized by CSIR-Indian Guest while delivering the in ensuring the delivery of in ethnopharmacological Institute of Integrative valedictory lecture said optimal healthcare servic-Medicine, Jammu in col- that the conference organ- es, plant-based medicines laboration with Society for ised by CSIR-IIIM Jammu and phytopharmaceuticals Ethnopharmacology, India and SFE featuring the have found a unique niche 700 delegates partici- to Srijon Gayen, Rubina (Jammu Chapter). The deliberations and meet- in the national and global conference was inaugu- ings among traditional healthcare arena owing rated on 16th February by healers, researchers, sci- to their efficacy, safety in program: Business Meet, tation award was given Dr Jitendra Singh, Union entists, industrialists and use and predominantly Minister of State (Indepen- policy makers would have increased consumer condent Charge), Ministry of far reaching impact on sciousness for using drugs Science and Technology the global positioning of derived from non-synthet- ceutical Drugs: Tradition and Vice President, CSIR, the traditional and phy-hic sources and manufacthe Chief Guest, in pres- topharmaceutical drugs. turing processes. ence of Dr N Kalaiselvi, DG He further asserted that CSIR and Secretary, DSIR, we would enhance the Dr. Zabeer Ahmed. Direc-GOI, Padma Shri Prof. research collaborations tor CSIR-IIIM, said that the Vinod K Singh, Chair Pro- with the organisations Institute has a very robust fessor, Gautam & Namita like CSIR-IIIM and also system for scientific study, Chair, Deptt. of Chemistry, mentioned that the IIIM, validation, and legaliza- macology Inspired Drug Banjare. The Himalayan IIT Kanpur & Chairman, Jammu has beaconed tion of phytopharmaceu- Discovery and Develop-CSIR-RAB, Dr. Pulok K. research and developmen- ticals and organizing a ment", "Development of Tusharika Kotra, Suhail Mukherjee, Director IBSD tal pursuits and accom- conference on the futurisand Chairman, Scientific plishments in the area of tic theme "Ethnopharma- Global Perspective", and Anita Kumari Rai. The Services, SFEC-2024, Dr. discovery of novel drug cology for Development DS Reddy, Director CSIR- molecules sourced from of Phytopharmaceutical AYUSH Products: Stan- were given to V Badireen-IICT, Dr. CK Katiyar, CEO plants. While commend- Drugs," symbolises our Emami Healthcare Ltd., ing the scientists of the strong desire and effort tion", "Natural Products Ahmed and Kapil Dev. Dr. RN Acharya, Director Institute, Dr. Gupta, said to push for the new fron- Inspired Modern Drug General CCRAS, Dr. Subhra that the conduct of the tiers of knowledge and Discovery", "Network/ Chakraborty, Director conference on traditional innovation in the field of Reverse Pharmacology in NIPGR, Dr. Lal Hingorani, medicine and ethnophar-traditional healthcare and Herbal Drug Discovery", soon Gupta presented the Managing Director, Phar- macology at CSIR IIIM drug development using "New Approaches for Phy- formal vote of thanks. manza Herbal Pvt Ltd., Dr. Jammu assumes much sig- phytopharmaceuticals. topharmaceutical Drugs

Dr. Amarjeet Singh

Bhatia, Principal and ing and brainstorming on dom, Australia, Italy and Dean, Govt. Medical College, Rajouri, guest of

Earlier, in his address,

traditional knowledge and systems and ethnopharresearch and development, he said.

on the theme's "Development of Phytopharmato Translational", "Phy-Development from Traditional Medicine", "Eviof Traditional Medicine", "Traditional Ethnophar-Botanical/Herbal Drugs:

UV Babu, Director R&D nificance due to the abun- The recommendations on Development", "Ethnothe different approaches medicine: an Invaluable "Regulatory Aspects of methodologies in medical Phytopharmaceutical Drugs (US FDA/EMA)", "Opportunities and Challenges in Cannabis scientific fraternity and Research", "Bioprospectsocieties participating in ing Plants and Microbes around 20 intriguing sci- for Development of Theraentific sessions at the con- peutics", "New Approachference since last three es in Natural Product Drug days are going to define Discovery", "Young Eththe future discourse in nopharmacologist Award planning and execution Function", "American Dr. Ashutosh Gupta, honour at the session said of the novel and tangible Chemical Society (ACS) research methodologies Best Oral Presentation Best Poster Presentation Session".

The ACS Poster presen-Pertinently around tation award was given pated in the conference Chowdhary, Sheetal Bhat that besides I-Connect and the ACS oral presenincluded scientific sessions to Norein Khantwal, Mahir Bhadwaj and Priyamvada Gupta. The RSC best poster presentation award was given to Laetitopharmaceuticals: Drug ta Meuyou Youmbi, Mandeep Kour and Haseena Shafeeq and the RSC best dence-Based Validation oral presentation award was given to Lokesh Dev, Dhivya Dheer and Nagma awards were given to Maqbool, Shweta Sharma "Global Positioning of ACD Best Research Awards dardization and Valida- ath Konkimalla, Bashir Dr.Gurleen Kour, Scien-

tist conducting the proceedings whileas Dr. Par-

37th Convocation of IGNOU to be held in University of Kashmir

JI NEWS SERVICE SRINAGAR, FEB 18

Open University (IGNOU), al Centre Srinagar. the world's largest Open to take place on 20th Febthis momentous occasion,

eligible to apply for receiv- informed to "Sign up now 126 different programmes ing the degree. Online for a streamlined process, are eligible for receiving Portal for registration for making your academic degrees on the convothe 37th convocation and achievements easily and cation. Among which remitting the requisite fee conveniently accessible. is open. The eligible students, who have not paid initiative of Ministry of on the convocation and the requisite registration Electronics & IT (MeitY) 214 Learners have opted fee of Rs. 600/- per certifi- under Digital India pro- to receive the degree in cate online so far, may pay gramme. DigiLocker aims person during the Regionthe requisite fee through at 'Digital Empowerment' al Convocation of RC Srihttps://onlineservices. of citizen by providing nagar.

ignou.ac.in/convocation/, access to authentic digiinformed Dr. Shahnawaz tal documents to citizen's Ahmad Dar, the Regional digital document wallet. Indira Gandhi National Director of IGNOU Region- DigiLocker is a secure cloud based platform for

Dr. Shahnawaz said that storage, sharing and veri-University, is delighted the university is also going fication of documents & to announce the Date, to distribute the degrees certificates. Venue and Distinguished through the Blockchain Chief Guest for its upcom- Technology. Blockchain- also informed that the ing 37th Convocation. The supported distribution 37th Convocation funcgrand event is scheduled of degrees ensures faster tion will also be simulsubmission of degrees taneously held at some ruary 2024 at the IGNOU through the DigiLocker, selected Regional Centre Campus New Delhi. We he said. Students pursu- of IGNOU. The IGNOU are honored to share that ing different programmes Regional Centre Srinagar Shri Jagdeep Dhankhar, from the IGNOU will be has also been selected as the Hon'ble Vice President able to access and down- one of the Regional Cenof India, has graciously load their degree cer- tres to organize the Conaccepted our invitation tificates from their Digil- vocation function. The to be the Chief Guest for ocker accounts. The step function will be organized for blockchain supported by the IGNOU Regional adding an extra layer of degree distribution has Centre Srinagar for the significance to the event. been taken to ensure Learners of the Kashmir The proceedings of the faster submission and and Ladakh region and Convocation will be authentication of degrees the venue for the function telecast live on IGNOU's through Digi-Locker. Dr. is Gandhi Bhawan, Uni-Gyan Darshan Channel, Shahnawaz said that the versity of Kashmir. The Swayam Prabha Chan- students are informed to students who have opted nels for Higher Education create an account in the to receive the degrees Managed by IGNOU and Digilocker so as to swiftly during convocation in streamed live through access the degree on the Srinagar are informed to Facebook Page of IGNOU day of convocation when reach the venue by 9.00 (https://www.facebook. Hon'ble Vice President a.m. com/OfficialPageIGNOU). of India, Shri Jagdeep All the Learners who Dhankhar will click the added that for the 37th have completed their pro- button for the distribu- convocation of IGNOU gramme in the Term End tion of degrees through under IGNOU Regional Examination December blockchain technology. Centre Srinagar, 9616 2022 and June 2023 are The eligible students are Learners belonging to

The Regional Director

Dr Shahnawaz further 1266 have registered for DigiLocker is a flagship receiving their degrees

Muslim Rashtriya Manch Kishtwar Unit celebrated the birthday of MRM Patron Dr Indresh ji in Kishtwar J&K

JI NEWS SERVICE KISHTWAR, FEB 18

Birthday of the founder of Muslim Rashtriya Manch Dr Indresh ji celebrated with great joy in the district Kishtwar today, wishing him a long life while working on a large scale



Jammu and Kashmir but also in other places. In its press statement, District Kishtwar Unit of Muslim Rashtriya manch has said that soon such campaigns will be started inside District Kishtwar, in which the youth will be involved. there is a need

UNION TERRITORY OF JAMMU & KASHMIR OFFICE THE EXECUTIVE ENGINEER PWD (R&B) DIVISION SATWARI SHORT NOTICE INVITING TENDER

Short-NIT No. 72 of 2023-24 Dated 16-02-2024

For and on behalf of the Lieutenant Governor, Union Territory of Jammu and Kashmir, e-tenders are invited on a percentage basis from approved and eligible Contractors registered with Union Territory of J&K, CPWD, Railways, MES and other State/Central Governments for each of the following works:-

S. No	Name of Work	Advertised Cost (in lacs)		Earnest Money (In Rupees)	Time allowed for completion	Time and date of opening of tender	Class of Contractor
1	Upgradation of parking at Bhour Garden and Bagh-e-Bahu Jammu	37.14	600	(2% of the Advertised Cost)	01 Months	24/02/2024	``А″,″В″

and saying that we will organize the get-together of Muslim Rashtriya Manch in the district Kishtwar. Will try to strengthen in

different parts also. MRM celebrated with great joy said we are working for Kishtwar said that at pres- in the district Kishtwar the unity of the country, ent every possible effort and an attempt was made integrity of the country is being made to connect to emphasize on the youth and success of the coun- ers of Muslim Rashtriya people with the Muslim by bringing them on one try and in the coming Manch have always been Rashtriya Manch within platform. While issuing time, every possible effort trying to make people Chanderbhaga. today the a statement to the press, will be made to strength- aware to end the spread birthday of Shri Indresh ji Muslim Rashtriya Manch en the MRM not only in of drugs in the country

to strengthen the strength of the youth within the country and for this the Muslim Rashtriya Manch has gather all the youth on one platform and efforts will be made to boost the morale of the youth. work-

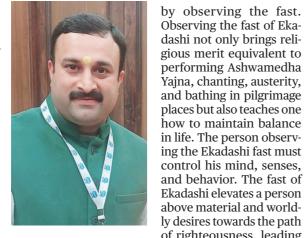
Jaya Ekadashi Vrat on 20th February Tuesday: Mahant Rohit Shastri Jyotishacharya

JI NEWS SERVICE

JAMMU, FEB 18

The fast of Ekadashi of Shukla Paksha of Magh month is on Tuesday, 20th February 2024 . Regarding the Ekadashi fast, Mahant Rohit Shastri Jyotishacharya, the head of Shri Kailakh Jyotish and Vedic Sanathan Trust, explained that there are 24 Ekadashis in a year, but when an extra month (Adhikamasa) comes once in three years, then their number increases to 26.

date of Jaya Ekadashi of 07:11 AM to 09:20 AM. The fast. Magh Shukla Paksha will Ekadashi of Magh month be on Monday, 19th Feb- Shukla Paksha is known ruary at 08:51 AM and the as Jaya Ekadashi. Accordend of the date of Jaya Eka- ing to religious scriptures, ary. The fast of Jaya Eka- day, King Harishchandra



21st February, Wednesto salvation. Both men and The beginning of the day, Dwadashi date, from women can observe this

On this day, whoever state. On this day, Brahdashi will be on Tuesday, by observing this Ekadashi mins and needy people 20th February at 09:56 fast, a person becomes should donate gold, land, AM. The sunrise will occur free from lower births fruits, clothes, sweets, stay away from alcohol on 20th February Tues- such as ghosts, spirits, food, education, donation and other intoxicants. Not day, hence the fast of Jaya and demons. Jaya Eka- of Dakshina, and donation only on the body but also Ekadashi will be observed dashi fast is considered of cows according to their on your future, adverse on Tuesday, 20th Febru- superior because on this capacity.

On this day, worship dashi can be broken on got rid of all difficulties of Lord Ganesha, Lord

by observing the fast. Lakshminarayana, Lord Shri Krishna, and Lord Mahadev is also done. The gious merit equivalent to story and Aarti of Lord performing Ashwamedha Lakshminarayana must be Yajna, chanting, austerity, performed or heard. The and bathing in pilgrimage significance of Ekadashi fast is not only religious how to maintain balance but also very important in life. The person observ- from a mental and physiing the Ekadashi fast must cal health perspective. The fast of Ekadashi is dedicated to the worship Ekadashi elevates a person of Lord Vishnu. Fasting teaches discipline to the mind and provides new of righteousness, leading energy to the body. Whoever worships Lord Lakshminarayana on this day surely attains Vaikuntha.

According to religious donates annihilates all sins scriptures, on the auspiand attains the supreme cious day of Ekadashi, one should not consume rice and any kind of tamasic substances, and should effects can occur, hence only sattvic items are consumed on this day.

Position of AAA :- Accorded

Position of TS :- Accorded

Major Head of Account :- Under Capex budget 4406 (Maintenance & upgradation) for the Year 2023-24 Position of funds :- Partially available

The Bidding documents consisting of qualifying information, eligibility criteria, specifications, Drawings, bill of quantities (B.O.Q), Set of terms and conditions of contract, and other details can be seen/downloaded from the departmental website http://jktenders.gov.in as per below schedule:

1.	Date of Issue of Tender Notice:	16/02/2024		
2.	Period of downloading of bidding documents:	From 16/02/2024		
3.	Date, Time and place of pre-bid meeting:	17/02/2024 at 1200 Hrs. in the Office of Executive Engineer PWD (R&B) Division Satwari		
4.	Bid submission Start Date:	16/02/2024 at 1800 Hrs.		
5.	Bid Submission End Date:	23/02/2024 up to 1800 Hrs.		
6.	Date & time of opening of Technical Bids (Online):	24/02/2024 on or after 14:00 Hrs in the Office of Executive Engineer PWD (R&B) Division Satwari		
7.	Date & time of opening of Financial Bids (Online):	To be notified after technical bid evaluation is completed		

1. Bids must be accompanied with cost of Tender document in shape of e-challan through Treasury indicating Treasury Voucher No. & date, e-NIT No. and name of work duly crediting to 0059 (Revenue) favoring Executive Engineer PWD (R&B) Division Satwari and upload the same i.e. treasury challan/receipt, Earnest money/Bid security in shape of CDR/FDR/BG pledged to Executive Engineer PWD (R&B) Division Satwari. The CDR/ FDR/BG shall be valid for 45 Days beyond the bid validity period. The original instruments in respect of cost of documents, EMD and relevant documents of L1 be submitted to the Executive Engineer PWD (R&B) Division Satwari at the time of allotment.

2. The electronic bidding system would not allow any late submission of bids after due date and time as per server time. Bidders may modify their bids by uploading their request for modification before the deadline for submission of bids. For this, the bidder need not to make any additional payment towards the cost of tender document. For bid modification and consequential re-submission, the bidder is not required to withdraw his bid submitted earlier. The last modified bid submitted by the bidder within the bid submission time shall be considered as the bid. For this purpose, modification/withdrawal by other means will not be accepted. In online system of bid submission, the modification and consequential-submission of bids is allowed any number of times. The bidders may withdraw his bid by uploading their request before the deadline for submission of bids; however, if the bid is withdrawn, the re-submission of the bid is not allowed. No bid shall be modified or withdrawn after the deadline of submission of bids.

3. The date and time of opening of Financial-Bids shall be notified on Website www.jktenders.gov.in and conveyed to the bidders automatically through an e-mail message on their e-mail address. The Financial-bids of responsive bidders shall be opened online in the Executive Engineer PWD (R&B) Division Satwari The date for same shall be intimated separately

No:- XEN/SAT/PWD/2023-24/72-24 Dated:- 16/02/2024

DIP/J-15139/23 Date: 18-2-24

Sd/-**Executive Engineer** PWD (R&B) Division Satwari

SPORTS

3rd Test: Jaiswal's double ton, Jadeja's 5-wicket haul help India hammer England by 434 runs

AGENCIES RAJKOT, FEB 18

Yashasvi Jaiswal scored a phenomenal unbeaten double-century while local lad Ravindra Jadeja followed up his first-innings century with a five-wicket haul in the fourth innings as India hammered England by 434 runs in the third Test at the Niranjan Shah Stadium here on Sunday.

Jaiswal, who retired hurt on 104 due to back cramps on Day Three, remained unbeaten on a career-best score of 214 off 236 balls. He hit 14 fours and 12 sixes and levelled series. With his smooth five-match series. power game enthralling ongoing series and also behind Vinod Kambli and Don Bradman.

in their entertaining 172-



with Wasim Akram for skittled out for 122 in 39.4 tration was summed up disdain -- smashing sixes the world record for most overs, with Jadeja taking when they burnt a review over fine leg, cover, and sixes in a Test innings. 5-41. The result gave India on Kuldeep off Wood and Jaiswal is also the first Test their biggest win by runs failed to take one when the to take 21 runs off the over. player to hit 20 sixes in a in Tests to go 2-1 up in the batter was trapped plumb

From 33/3 on the open- deserted India when Kulfans under bright sun- ing day, India have now deep didn't time the ball shine, Jaiswal is now the gone to win at Rajkot with well to mid-on and set out leading run-getter in the a day to spare. It is also for a non-existent single. England's second-biggest became the third-young- defeat in Tests, with their steps but sent Gill back, est player to smash two implosion coming under who was too late to get double-centuries in Tests, bright sunshine, leaving back into the crease and them a lot to ponder ahead of the fourth Test at Ranchi from mid-on despite the On the other hand, Gill starting on February 23. batter making a full-length mark in style by slicing made a fine 91 while Sarfar-Resuming from 196/2 dive, ending his knock at az piled on the misery for and the lead at 322 runs, 91, which was coinciden-England's inexperienced nightwatchman Kuldeep tally the same score he spin bowlers by making danced down the pitch made in the 2021 Gabba 68 - his second fifty on to hit Tom Hartley for a Test chase. Shortly later, Test debut, becoming the delightful six over mid-on, fourth Indian batter to do also his first maximum in drive sent an outside edge so. Sarfaraz and Jaiswal, international cricket. He to slip off Rehan Ahmed. who come from the same then slapped a short ball From there on, Jaiswal and school in Mumbai, pro- from the left-arm spinner Sarfaraz, the Mumbai lads, duced plenty of fireworks over extra cover for four. took a six each off Root

run partnership for the ary-hitting spree with a entertaining the fans with fifth wicket in just 26.2 trademark short-arm jab sweeps, flicks, slog-sweeps overs as India declared and sumptuous drive, and lofts till lunch came. on 430/4, showing that even as Kuldeep grew in

LBW on the sweep. Luck He took a couple of was run out by a direct hit

Kuldeep fell when his Gill joined the bound- over long-on fence, while

Post lunch, Jaiswal the future of Indian Test confidence by drilling took a single to get his 150 cricket batting is indeed Hartley over the bowler's and then scooped James very bright. Given a mam- head and bringing in a deft Anderson over fine leg for moth 557 to chase, Eng- late cut off Wood to bring a boundary. If this wasn't

straight down the ground Sarfaraz continued to get boundaries by picking the leg-side gaps with ease, and eventually got backto-back fifties on debut. Jaiswal's carnage had no stopping as he reached his 200, leaping in joy, kissing the helmet and raising his hands to soak in the applause from the crowd.

He celebrated the landand slog-sweeping Root for back-to-back sixes. Sarfaraz then crunched Rehan for two leg-side sixes and a four lofted over extra cover, before Chasing 557, England were off to a watchful start, in win for India. complete opposite of their aggressive nature. Zak Crawley took two boundaries but was involved in a horrible mix-up as Ben a single after pushing the ball to mid-wicket.

Crawley sent Duckett in 39.4 overs (Mark Wood land crumbled under the the fifty up of his stand enough, Jaiswal treated back, but it was too late 33; Ravindra Jadeja 5-41) pressure of runs and were with Gill. England's frus- Anderson with absolute as Mohammed Siraj fired by 434 runs

in a throw and wicketkeeper Dhurv Jurel rushed towards the stumps and collected the ball in motion to break the stumps quickly. At the stroke of tea, Crawley was trapped lbw by Jasprit Bumrah by a sharp nip-backer, which England couldn't overturn on review.

Post tea, England fell like nine pins. Ollie Pope tried a cut shot off Jadeja but was caught at first slip. Jonny Bairstow tried a sweep off Jadeja but was trapped plumb lbw. Root battled for 40 balls before missing Jadeja on the sweep and was trapped lbw.

Capitan Ben Stokes was beaten on the sweep against Kuldeep and became the third batter in the innings to be trapped LBW. Rehan Ahmed went for a big shot down the ground off Kuldeep but found long-on. Ben Foakes and Hartley put some resistance with a 32-run standoff 67 balls for the eighth wicket, but the former gave a thick edge on a cut to an impressive Jurel behind the stumps.

Ravichandran Ashwin, who left the match midway due to a family medical emergency, came back to take Hartley's inside edge to the stumps and Jadeja ended the match Rohit Sharma declared the by ending Wood's cameo innings, leaving England of 33 off 15 balls when the with a mountain to climb. batter holed out to long-off to complete a dominating Brief scores:

India 445 & 430/4 dec in 98 overs (Yashasvi Jaiswal 214 not out, Shubman Gill 91, Sarfaraz Khan 68 not Duckett went in pursuit of out; Tom Hartley 1-78, Rehan Ahmed 1-108) beat England 319 & 122 all out

Anmol seals historic win as India clinch maiden Badminton Asia **Team Championships title**



AGENCIES SHAH ALAM, FEB 18

on Sunday proved to be India's trump card yet again and sealed a historic win as the Indian women's team clinched its first-ever 21-16. Badminton Asia Team Championships title after beating Thailand 3-2 in the

final, here on Sunday. India a thrilling victory.

Indian title charge in style, teristic errors. beating the 17th-ranked Supanida Katethong 21-12, 21-12.

eight encounters against Katethong.

consistently delivered competition. outstanding performancment, once again rose to Busanan Ongbam- years."

the occasion and doubled rungphan trounced Ashthe lead for India.

17-year-old Anmol Kharb 23rd, caused an upset by Later, women's doubles defeating the 10th-ranked national champions Priya Jongkolphan Kititharakul and Rawinda Prajongjai Mishra went down 11-21, with a score of 21-16, 18-21,

Treesa-Gayatri began with a clear game plan of pinning their opponents to the back court and Anmol, who is ranked attacking at every oppor-472 in the world, beat tunity they got to clinch the 17-year-old once again 42nd-ranked Pornpicha the opening game. But it delivered in style. She took Choeikeewong in the was the superior defence time to get used to Porndeciding rubber to hand of the Thai pairing that picha Choeikeewong's helped them claw their power game and trailed It was the two-time way back in the match Olympic medallist PV and it led to the Indians but once she started con-Sindhu, who kicked off the making some uncharac- trolling the rallies there

But to their credit, Treesa and Gayatri hung up the match 21-14, 21-9 in when things weren't to send the entire team in Sindhu thoroughly out- really going their way and frenzied celebrations. performed her opponent, managed to turn around a securing victory in just 6-10 deficit in the decider team on the title tri-39 minutes. This marked to draw level at 14-14. They umph, Badminton Asso-Sindhu's fifth triumph in then won five straight ciation of India secretary points from 15-all to earn five match-point opportu- a proud moment for all The women's duo of nity. They converted the of us. It also underlined Treesa Jolly and Gayatri second one to finish with the depth of badminton Gopichand, who had an all-win record in the talent in India and we are

Then, the Thai team of players will win many es throughout the tourna- staged a fightback when more titles in the coming

mita Chaliha 21-11, 21-14 in The Indian pair, ranked the second singles rubber. Konjengbam and Shruti 9-21 against Benyapa and Nuntakarn Aimsaard sister and the match went into the deciding rubber.

It again came down to Anmol to win the deciding point for the team and 4-6 in the opening game was no stopping her.

She ultimately wrapped

Congratulating the Sanjay Mishra said: "It is confident that this bunch

Indian Veteran Premier League

Indian men's team keen to take on moved from Dehradun to Greater Spain in the FIH Hockey Pro League

Johnson replaces Stoinis in Australian squad for NZ T20Is

Noida, set to debut on Feb 23

AGENCIES

GREATER NOIDA (U.P), FEB 18

Just a few days before it would kickoff, the organisers of the Indian Veteran Premier League (IVPL) have moved the event from the original venue Dehradun to Greater Noida and will now start on February 23.

Six strong teams comprising some of the legends of the game will be fighting for honours in the first edition of the Indian Veteran Premier League and Mumbai Champions in the event being orga-100 Sports.

Pathik Sports Complex the enduring spirit that and Fancode.



in Greater Noida. This defines our cricketing vet-(IVPL) at the Shaheed decision aims to ensure erans," Sudhir Kulkarni, Vijay Singh Pathik Sports the seamless staging and Secretary, BVCI said.

Complex in Greater Noida smooth execution of the Delhi, Chhattisgarh War- Acting President of BVCI riors, Telangana Tigers, and Chairman of IVPL.

(BVCI) and managed by ing teams, Shaheed Vijay Greater Noida. Singh Pathik Sports Com-

The IVPL promises an from February 23 to March league, providing an extraordinary showcase 3. The field includes VVIP enhanced experience for of cricketing talent, bring-Uttar Pradesh, Rajast- both players and fans," ing together veterans han Legends, Red Carpet said Praveen Tyagi, the such as Virender Sehwag, Suresh Raina, Chris

Gayle, Praveen Kumar, An International Cricket Herschelle Gibbs, Rajat stadium with a pavilion Bhatia and many more. nized by the Board for having facilities of two The players are excited to Veteran Cricket in India dressing rooms for play- be playing in the league in

The IVPL will wit-The announcement plex is sure to enthral fans ness fierce competition was made on Sunday by with its captivating beauty. among six formidable Praveen Tyagi, Acting The Stadium was also teams, including VVIP President, Board of Vet- the home ground for the Uttar Pradesh, Rajasteran Cricket in India and Afghanistan cricket team han Legends, Red Carpet Sudhir Kulkarni, Secre- a few years ago. "We are Delhi, Chhattisgarh Wartary, Board of Veteran excited for the first edition riors, Telangana Tigers, Cricket in India during a of the Indian Veteran Pre- and Mumbai Champions. press conference at Sha- mier League. As Secretary Each team boasts a roster heed Vijay Singh Pathik of the Board of Veteran of iconic players from Sports Complex in Greater Cricket in India, I believe around the globe, enhanc-Noida. "We are delighted in honouring the veterans ing the league's allure and to announce the new of the past while inspir- competitiveness. The venue for the Indian Vet- ing the stars of the future. matches will be broadcast eran Premier League, that Today we are here to cele- live in India on the Eurosis Shaheed Vijay Singh brate not just the skill, but port channel, DD Sports,

AGENCIES

ROURKELA, FEB 18

The Indian men's team are set to face Spain in the first match of the Rourkela leg of the FIH Hockey Pro League 2023/24 on Monday at Birsa Munda Hockey Stadium. India emerged victorious 4-1 the last time they faced Spain in the Bhubaneswar with India claiming the played four matches in the Pro League. They won their games against Spain and Ireland by a 4-1 and 1-0 margin respectively



leg. India have thus far bonus point after a penalty shootout which ended with a 4-2 score line.

Reflecting on the team's performance in the Pro League so far, India capand registered a 4-6 loss tain Harmanpreet Singh to Australia. Meanwhile, said: "Spain and all the lands ended as a 2-2 draw, to play against. In addi-

with Spain, we learned 1-4, 3-4, and 0-3 respeca lot from our matches tively. In the last match against Australia and the of the Bhubaneswar leg Netherlands and the game they registered a 4-2 vicagainst Ireland was tough tory against Ireland.

as well. For us, these are

ourselves.' on February 25.

their clash against Nether- other teams here are hard hand, lost their matches Miralles ahead of their against India, Australia, clash against India.

tion to our first match and the Netherlands by

"We want to win every major matches before the game and the game Paris 2024 Olympics, the against India is no difteam has performed well ferent. This time we will so far and we are keen aim to improve on our to take on Spain again in penalty corners and our Rourkela to further test movement in the attacking circle, the game was After their contest closer than the score against Spain, India will line suggests and we battle the Netherlands on just need to be focused February 21, Australia on in and around the circle February 24 and Ireland and I'm sure we will give

India a tough contest,' Spain on the other said Spain's captain Marc

hit directly at the left pari-

etal area (head) of Mus-

tafizur Rrahman. There

was an open wound at his

parietal area and we have

worked with compression

bandage to stop bleeding

and immediately had

shifted him to Imperial

hospital," Zahidul Islam,"

the team physio said, as

"After CT scan we are

quoted by Cricbuzz.

AGENCIES

NEW DELHL FEB 18

Just a day after Aaron Hardie was enlisted as a replacement for injured all-rounder Marcus Stoinis for a three-match T20I series against New Zealand, Spencer Johnson has been named as Stonis's replacement in the Australian squad.

"Stoinis, who missed the last match against the West Indies in Perth, has been replaced in the squad by Spencer Johnson," a statement from Cricket Australia read.

Stoinis tweaked his back in the warm-up of the second T20I against West Indies in Adelaide last Sunday but was still able to play. He made 16 off 15 with the bat before picking up 3 for 36 to continue his bowling form.

In Stonis' absence, Hardie has earned a callup as a replacement but the 25-year-old batter suffered an injury scare during a Sheffield Shield match for West Australia.

WA coach Adam Voges said, as quoted by cricket. com.au, "Aaron Hardie (calf injury) was sent from the field and unable to bowl as a precaution but would bat on Monday if required.

Meanwhile, Matthew Wade, who will miss the first T20I, will join the squad in Auckland for the second and third games of the series having stayed home for the birth of his family's third child.

Mustafizur Rahman taken to hospital after blow to head during training session

AGENCIES

NEW DELHI, FEB 18

Bangladesh Fast bowler Mustafizur Rahman has been rushed to the hospital in Chattogram after being hit on his head during a training session with Bangladesh Premier League (BPL) franchise Comilla Victorians at the Zahur Ahmed Chowdhury Stadium.

tioned close to his bowl- and was promptly pro-



Mustafizur was posi- fered a bleeding injury Cricbuzz.

The incident took place satisfied that he had only ing mark when he was vided with initial medical on Sunday morning when external injury. There is struck by a shot from assistance at the venue Comilla were preparing no intracranial bleeding. Litton Das, who was bat- before being transported for their next BPL game Now surgical team has ting in a nearby net. The to the hospital for further against Sylhet Strikers, given him stitches on the left-arm paceman suf- treatment, according to which is scheduled on open wound," he added.

Monday. "During practice a ball



Sarmad Hafeez reviews preparations for Khelo India Winter Games

JI NEWS SERVICE SRINAGAR, FEBRUARY 18

Secretary, Youth Services and Sports, Sarmad Hafiz, toady chaired a review meeting at Gulmarg to review preparations being put in place for the 4th Khelo India Winter Games, slated to be held in the world famous ski resort Gulmarg from 21st to 25th of this month.

Sarmad Hafeez expressed satisfaction over the progress made, so far and directed the officials to ensure that the roads leading to Gulmarg are cleared of the snow and maintained properly for smooth traffic movement.

He instructed the officers to ensure adequate accommodation, transport and other facilities for the athletes and delegates expected to participate in the event. He extolled that Gulmarg has potential to become a world class the world. winter sports destination left unturned to make the event a grand success.

tunity for J&K to showcase various departments. the beauty of the venue



Earlier in the day, which has one of the Nuzhat Gull chaired a event, Nuzhat Gull said finest slopes and the best meeting during which it that the preparations for quality snow otherwise was briefed that 4th edi- the games are complete sports in J&K to grow. also known to skiers who tion of winter games will and the venue is ready to travel from other parts of exclusively focus on the welcome the athletes and in the meeting included clude on the 5th day.

snow related winter sports The meeting was also events. She informed that and no stone should be attended by Secretary competition has been seg-Sports Council, Nuzhat regated into four snow Gull, Chief Executive Offi- related sports events The Secretary empha- cer Gulmarg Development which included Ski Mounsised that Khelo India Authority, Waseem Raja taineering, Alpine Skiing, of J&K for their support ism and economy of the Winter Games is an oppor- and other officials from Snowboarding and Nordic Skiing.

Divulging further on the

other participants.

Expressing gratitude to Union Ministry for Youth Affairs and Sports, Sports Authority of India and Winter Games Association and cooperation, Gull said region, as well as inspire that this is going to be one more youngsters to take of experience rich collaboration which shall foster

country's famed winter sports and Olympic athlete Shiva Keshavan, Sachin, Under Secretary SAI; Nusrat Gazala, Divisional Sports Officer Kashmir, nodal officer of the event and other officials from the Sports Authority of India and J&K Sports Council.

Pertinently, the Khelo India Winter Games are part of the flagship Khelo India scheme of the central government, which aims to promote mass participation and excellence in sports. The first chapter of the 4th edition of KIWG featuring two ice sports events including Ice Hockey and Ice Skating were held in Leh earlier this month.

The live streaming of the games apart from being aired on multiple platforms of DD Sports shall also be carried out by various portals giving a wider coverage to the event providing the bigger audience with an opportunity to watch the athletes in action and cheer for them. The games are also expected to boost tour-

up winter sports. The games are slated new bonds and enable the to be inaugurated on 21st of this month and the fun

floor of the house: Tarachand JI NEWS SERVICE JAMMU, FEB 18 Facilitating the newly appointed office bearers of Chaamb and Akhnoor Constituency includ-

ing block presidents in mammoth gathering in border town khour today. Former Deputy Chief Minister and chairman Campaign Committee J&K Congress, Sh Tarachand expected prime minister to announce his commitment on the floor of the as full fledged state from

will fight as the spirit we block came in Power. are feeling In party leaders Tarachand named this as



rural and border belt who Tarachand said in this Union territory during his allways remain on foot areq our local leaders tour to Jammu in Coming to serve the country by remained our strength as days. While speaking to volunteering themselves in odd days also Congress party delegates gathered for Army and other para got best share and reprein khour, Tarachand military forces. Employstressed upon the party ment for meagre 4 years is line to strengthen Con- nothing but a lollipop for on this were General gress at grass root level youth of the country. He Secretary (Org) Narinder and ready to face any chal- said our leader promised Gupta, General Secrelenge with iron hands. He to reverse this scheme on tary S. Gurmeet Singh, said every Congressman previous lines if INDIA Narinder Sharma, District

Congress expect PM to

announce his commitment on

Former Dy CM said that Chib, Sahil Sharma, Vijay like Rahul Gandhi ji who is Congress will fight every Singh Chib, Varun Magonowadays on Bharat Jodo election against BJP gov- tra, Jagatter Singh, Daljeet nyay Yatra. Criticizing ernment on local issues as Singh, Madan Sharma, present Central Govern- Jammu and Kashmir was Devinder Singh Bittu, Jagment led by BJP to initi- degraded to Union terri- dish Raj Sharma, Capt kaliate schemes like Agniveer tory and our special status dass, lala Bansilal Gupta, for unemployed youths, was also snatched from us. Kewal Sharma, Romesh Garlanded the newly Verma and others.

house Jammu and Kashmir mockery against youth of appointed office bearers, sentation too.

> Others who also spoke President Shamsher Singh

Sonamarg hosts first-ever National **Snowshoe Championship**

Successful Conclusion of Educational Tour for Kashmir University Students by Chinar Corps

JI NEWS SERVICE SRINAGAR, FEB 18

The Chinar Corps & HQ 31 Sub Area is pleased to announce the Successful conclusion of an enriching educational tour for Students from Kashmir University. The tour was meant to broaden the horizons of the students



es, ranging from academic students from Kirori Mal honor of engaging in a and foster cross-culture engagements to cultural College, Delhi Univer- thought- provoking dia- opment, and community understanding. From excursions. Throughout sity, where participants logue with Lieutenant engagement initiatives. As February 17, the students the tour, students had the engaged in vibrant discus- General M. V. Suchindra the students returned to embarked on a transfor- privilege of visiting iconic sions on topics ranging Kumar, Vice Chief of Army Kashmir University, they mative journey, engaging landmark such as Rashtra- from academia to current Staff. Lieutenant General M. memories and newfound in insightful interactions, pati Bhavan, India gate, affairs. This exchange of exploring historical land- National War Memorial, ideas and perspectives V. Suchindra Kumar com- sense of purpose, perspecmarks, and forging lasting PM Sangrahaalay & his- served as a catalyst for mended the students for tive, and camaraderie. The connections with press toric places like Red Fort, intellectual growth and Qutub Minar, Jama Masjid mutual learning, tran- and curiosity, emphasizing dedicated to supporting The educational tour, & thereby gained first- scending boundaries and the importance of youth the academic aspirations organized by the Chinar hand insights into India's fostering camaraderie empowerment and aca- and holistic development Corps, provided students rich cultural heritage and among students from different backgrounds. A highlight of the tour Furthermore, the stu- the students to leverage tial as future leaders and diverse arry of experienc- was the interaction with dents had the distinct their experiences from the change-makers.

tour to become catalysts for positive change in their communities and beyond.

The success of the educational tour, highlighting its significance in nurturing talent and promoting cross-cultural exchange remains Indian Army's commitment to empowering youth through education, leadership devel-

brought along cherished

JI NEWS SERVICE GANDERBAL, FEBRUARY 18

The picturesque Sonamarg is making history by hosting its firstever national-level event in winter sports, the 8th National Snowshoe Championship-2024.

This event marks a significant milestone for the mountain resort, as previous editions of the championship were traditionally held at the renowned Ski-resort Gulmarg.

The 8th edition of the regions further empha- providing boarding and collaboration with the role in promoting winter Sonamarg Development sports in Sonamarg. Authority and key stake-



championship is being sizes the national signifi- lodging facilities for both organized by the J&K cance of the champion-visiting athletes and other SnowShoe Federation in ship and underscores its tourists. The DC expressed his and our Union Terriholders viz. the Hoteliers delight at the hosting tory to consider visiting Association of Sonamarg. of the championship in Sonamarg during winter, The event was inaugu- Sonamarg, highlighting its emphasizing the unparrated by Shyambir, Deputy potential to catalyze devel- alleled and picturesque Commissioner (DC) Gan- opment and enhance the experience it offers. derbal, in the presence health resort's prospects of Farooq Ahmad Baba, for a brighter future. He progresses against the Chief Executive Officer further said that the dis- backdrop of Sonmarg's (CEO) Sonamarg Develop- trict administration is snow-covered terrain,

Among others present filled excitement shall con-

from Delhi University.

with a unique opportunity architectural marvels to immerse themselves in a

their enthusiasm, intellect, Chinar Corps remains demic excellence in nation of the youth in the region, building. He encouraged recognizing their poten-

ment Authority and Gen- committed to providing spectators are treated to a eral Secretary Snow Shoe all necessary facilities to spectacle of skill and ath-Association J&K, Dr. Altaf- enhance the experience of leticism. With its stunning ur-Rehman.

Over 200 athletes rep- during the winter months. competition, the National resenting 13 states across India are participating in opment Authority extend- in Sonamarg truly embodvarious events through- ed his gratitude towards ies the essence of winter out the three-day cham- the Hoteliers Association sports, making it a dream pionship. This gathering of Sonamarg for making come true for enthusiasts of athletes from different this event possible by and participants alike.

He further urged tourists from other states

As the competition tourists visiting Sonamarg scenery and the thrill of CEO Sonamarg Devel- Snowshoe Championship

IGP Kashmir revisits security in a joint meeting at PCR Kashmir

JI NEWS SERVICE

SRINAGAR, FEB 18

Inspector General of Police Kashmir Zone, Shri V K Birdi, convened a meeting today at PCR Kashmir, which was attended by senior officers of various security agencies including police, Army, BSF, CRPF, SSB, CISF besides state VVIPs to the UT of J&K, SSsP/SP's of Districts and as well as other events in PDs. offing.

Kashmir, CID CIK, Traffic, importance of maintain- incidents by strengthen- increased presence at to the Kashmir valley.



and Central intelligence Security & PC & Telecom, ing a delicate balance ing security at vulnerable agencies. The meeting DC SB Sgr, and CSO (1) 15 between security needs points, especially during aimed to comprehensive- corps whereas those who and the smooth conduct significant events. Special ly review and strengthen joined virtually were DIsG of events, IGP Kashmir attention was given to security arrangements in NKR, SKR Baramulla, directed officers to ensure enhancing security along anticipation of visits by CRPF Bla & South and all heightened vigilance, the National Highway,

During the meeting, of terrorist threats. Among the participants comprehensive briefing were IG CRPF (SOS) Sri- was given by participat- ative to bolster intelligence to intensify security/sur- the importance of collecnagar, IG BSF Ftr, DD IB ing officers on the secu- gathering and anti-terror prise naka measures in tive vigilance and proac-Kmr, DIsG of CKR, SSB, rity plans devised in operations, IGP Kashmir both uptown and down- tive measures to ensure BSF, Armed, IRP, CRPF, the backdrop of coming urged officers to mini- town areas of Srinagar, the safety and security of ITBP, SSsP Srinagar, PCR events. Recognizing the mize the risk of untoward with 24x7 patrolling and all residents and visitors

particularly during night- tunnels, minority pickets, and other critical pockets. hours, to mitigate the risk

Emphasizing the imper- directives were issued Police Kashmir reiterated

the district. The IGP also stressed the importance of briefing personnel to take care of SOP, considering the heightened security concerns during events. Additionally, IGP Kashmir Zone emphasized the critical need for thorough monitoring of vulnerable areas and prompt action against suspicious activities. Special instructions were given to border dis-

entry and exit points of

trict heads to maintain strict vigilance along the LoC and hinterland to prevent the potential terror activities.

In conclusion, the Furthermore, specific Inspector General of

Police have traced the was lodged at Police Sta- search started to trace out missing girl and reunited tion Bari Brahmana by the the missing lady. it with the family in Bari mother of missing lady, Brahmana area of Samba resident of Kala Gate, Bari the SSP said that a police district in Jammu and Brahmana stating therein team has traced out the Kashmir.

Vinay Kumar on Sunday home.

said that a missing lady has been reunited with out by the family mem- bers expressed gratitude her family whose miss- bers but the whereabouts towards Police in reuniting report was lodged at of the missing lady could ing their missing member Police Station Bari Brah- not be ascertained," said with the family," they said.

mana.

the SSP adding that acting He said that on Febru- on complaint, a missing ary 7, a written report report was entered and

With strenuous efforts, that her daughter went to missing lady and handed Senior Superinten- ESIC Hospital Bari Brah- over to her legal heirs dent of Police, Samba, man but did not return after completing all legal formalities. "All efforts were made

"The family mem-

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Police reunites missing lady with family in Samba

JI NEWS SERVICE JAMMU, FEB 18