

JINDRAH IMAGES

DAILY | JAMMU | VOL NO: 10 | ISSUE NO: 226 | PAGES: 12 | PRICE: Rs 2/- | RNI NO: JKENG/2013/49471 | POSTAL REGD. NO. JK-497/22-24 | dailyjindrahimages.com/Epaper.php | jindrahimages123@gmail.com

2 mortar shells found along IB in Kathua

JI NEWS SERVICE
 KATHUA, JAMMU, SEP 29

Two old mortar shells were found in a farm along the International Border (IB) in Jammu and Kashmir's Kathua district on Friday, officials said.

A farmer found the two live mortar shells while ploughing his farm in Patti Meru hamlet along the IB in Hiranagar sector, they said.

The farmer informed the police and BSF, who swung into action and recovered the two shells, they said.

The mortar shells were safely defused.

BJP disciplinary committee issues notices to 8 party rebels in Kashmir

JI NEWS SERVICE
 JAMMU, SEPT 29

Bharatiya Janata Party (BJP) Disciplinary committee issued notices to 8 party rebels in Kashmir.

The notice in this regard issued from party headquarters to following persons:

GM Mir, Dr Ali Mohd Mir, Altaf Thakur, Asif Masoodi, Arif Raja, Anwar Khan, Manzoor Bhat, Bilal Parry

The notice issued reads as:

While holding enquiry of indiscipline against Sofi Yusuf Vice President of Jammu and Kashmir Bharatiya Janata Party, it came to notice to Disciplinary Committee that there are serious allegations and proof of indiscipline against each of you for indulging in activities prejudicial to maintenance of discipline in party. By your activities sense of mistrust have been created in party leadership.

CONTINUED ON ► PAGE 4

DG CRPF visits Kashmir to assess operational readiness

JI NEWS SERVICE
 SRINAGAR, SEPT 29

The Director General of the Central Reserve Police Force (CRPF), Sujoy Lal Thaosan, undertook a visit to Kashmir to assess operational readiness and boost the morale of personnel stationed in the region, a spokesman of the Force said on Friday.

The visit of DG CRPF comes almost two weeks after a deadly gun battle in a forest area of south Kashmir's Anantnag district that left two decorated Army officers, a deputy superintendent of police, and a jawan dead.

Two militants, including a top Lashkar-e-Taiba commander who was behind the killing of the

CONTINUED ON ► PAGE 4

Joint Committee of Women and Child Development Uttar Pradesh calls on LG Sinha

JI NEWS SERVICE
 SRINAGAR, SEPT 29

A delegation of Joint Committee of Women and Child Development, Uttar Pradesh led by its Chairperson Neelima Katiyar called on Lieutenant Governor Manoj Sinha at Raj Bhawan today.

The members of the Joint Committee apprised the Lt Governor about the visits and activities of the panel during their study tour. They shared their views on the ongoing development scenario and the improved Socio-economic conditions in Jammu Kashmir.

Discussion was also held on the unprecedented transformation in Jammu Kashmir over the last four years in the areas of women empowerment, Tourism Sector, economy, education, peace and prosperity and cleaning of Dal Lake.

The Lt Governor shared a number

CONTINUED ON ► PAGE 4



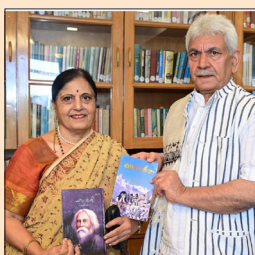
Mayor SMC, President Hindi Kashmiri Sangam call on LG

JI NEWS SERVICE
 SRINAGAR, SEPT 29

Junaid Azim Mattu, Mayor, Srinagar Municipal Corporation called on Lieutenant Governor Manoj Sinha at Raj Bhawan, today.

Mattu discussed various developmental issues, promotion of sports and welfare of the people, especially the members of marginalised communities in Srinagar.

Dr. Beena Budki, President Hindi Kashmiri Sangam also called on the Lt Governor



and apprised about the activities of the organisation including promotion of culture and literature.

She also presented her book 'Kokh ki Peeda' and Urdu translation of Gurudev Rabindranath Tagore Ji's 'Geetanjali'.

Chief Secretary takes stock of preparations for finale of AZAM

JI NEWS SERVICE
 SRINAGAR, SEPT 29

Chief Secretary, Dr Arun Kumar Mehta Friday took stock of the preparations made for the grand celebrations to be held at the culmination of year long celebrations under Azadi Ka Amrit Mahotsav here in the UT and the contingent to be sent to New Delhi to participate in the grand finale.

The meeting besides the Administrative Secretaries was attended by Divisional Commissioner Kashmir/Jammu, Deputy Commissioners, several HoDs from RDD, H&UDD and Culture Departments.

During this meeting, Dr Mehta also reviews preparedness for Gandhi Jayanti, Swachhta hi Sewa and Sankalp Saptah campaigns.

On the occasion the Chief Secretary impressed upon both the Housing

& Urban Development and Rural Development Departments to make all efforts in view of the programs to be organized in all the villages and Municipal wards for collection of Mitti (soil) for their respective Amrit Kalashes.

He also advised them to look into the possibility for construction of our Amrit Vatikas out of this collected soil from all over J&K. The Mitti from all villages shall be sent to New Delhi for the Amrit Watika at Delhi. He stated that these would signify our collective conscience and rich culture and heritage of the UT.

The Chief Secretary called for collecting the soil for Amrit Kalashes with traditional fervour as envisaged under the guidelines by the Ministry of Culture. He told them to celebrate all the Panchayat/Block/District level events in a befitting

manner. He asked them to make best arrangements for receiving the respective Amrit Kalashes from Blocks and Districts.

Dr Mehta also stressed on providing best of the facilities to the block level youth volunteers going to take their Amrit Kalashes to New Delhi. He asked for giving them warm sendoff from their villages as they are the representatives of these villages at UT and National level. He asked for adopting a uniform attire for all these youth from J&K representing our traditions and culture so that this group of around 400 people is identified collectively as the one from J&K.

Regarding the Swachhta hi Sewa campaign, the Chief Secretary urged each of the Administrative Secretary to hold the maximum possible events in their Departments.

CONTINUED ON ► PAGE 4

Dr Jitendra launches artificial intelligence driven grievance monitoring system

AGENCIES
 NEW DELHI, SEPT 29

Dr Jitendra Singh, Union Minister of State (Independent Charge) Science & Technology, MoS PMO, Personnel, Public Grievances, Pensions, Atomic Energy and Space, today launched Artificial Intelligence (AI) driven Grievance Monitoring System, IGMS 2.0 Public Grievance portal and Automated Analysis in TREE Dashboard portal of the Department of Administrative Reforms and Public Grievances (DARPG).

The Intelligent Grievance Monitoring System (IGMS) 2.0 Dashboard has been implemented by IIT Kanpur following an MoU with DARPG on December 14, 2021 for upgrad-



ing DARPG Information Systems (CPGRAMS) with Artificial Intelligence capabilities. The Dashboard provides instant tabular analysis of Grievances Filed & Disposed, State-wise & District-wise Grievances Filed & Ministry-wise data. Besides, the Dashboard will also help the officials identify the root cause of the grievance.

With a ballooning caseload of problems being raised by the common man and their trust in

the timebound redressal of their grievances, close to 20 lakh grievances are received annually on the CPGRAMS portal. In view of the large number of grievances, the classification and monitoring of grievances cannot be done manually. Thus, the IGMS portal will help the DARPG with creation of a draft letter for the selected scheme/ministry and expedite the grievance redressal process by the concerned

CONTINUED ON ► PAGE 4

Farmers' Stir in Punjab

Passengers stranded at Jammu, Katra Stations as 7 trains cancelled, 13 diverted

JI NEWS SERVICE
 JAMMU, SEPT 29

A large number of passengers, many of them pilgrims, were stranded at Jammu and Katra railway stations on Friday as seven trains were cancelled and 13 diverted due to a "rail roko" agitation by farmers in different parts of Punjab.

Members of several farmers' bodies began their three-day agitation on Thursday to press their demands such as a financial package for losses caused by recent floods, legal guarantee to mini-



mum support price (MSP) and debt waiver.

As part of the protest, farmers squatted on train tracks in many places, including Moga, Hoshiarpur, Gurdaspur, Jalandhar, Tarn Taran, Sangrur, Patiala, Ferozepur, Bathinda

and Amritsar.

"Due to this agitation, some trains have been affected but 60 to 70 per cent of trains are being run through diverted routes. Officials have been put on duty round the clock to monitor train traffic and

ensure minimum inconvenience to passengers," senior railway official Prateek Shrivastav said.

Railway officials said 13 trains have so far been diverted and seven cancelled due to the agitation.

Shrivastav said the agitation has directly affected Ambala and Ferozpur railway divisions.

"The trains have been diverted from here via the Nakodar area (in Punjab). Major affected area is Jalandhar. Two special trains to Katra have been cancelled. Shiv Shakti train has also been

CONTINUED ON ► PAGE 4

Inter-state chain snatcher gang busted by Jammu Police; 4 accused arrested

JI NEWS SERVICE
 JAMMU, SEPT 29

Jammu Police arrested a gang of local as well as inter-state chain snatchers and recovered snatched gold chains from the accused.

Giving details SSP Jammu Chandan Kohli, IPS said that chain snatching incidents took place in Jammu city in last few days. Complaints followed by FIRs were lodged at different Police stations of Jammu.

These snatchers were particularly targeting elderly and lone women especially at isolated places.

SSP Jammu said that these snatchers snatched gold chains from Sainik Colony, Greater Kailash, Gangayal, Satwari and Trikuta Nagar area.

These snatchers were targeting old age and lone travelling woman. With the help of CCTVs Police



was able to lay their hands on the images of snatchers as well as their motor cycle which they were using for commission of crime.

He further added that police teams of PS Bahu Fort, Channi, Gangayal and Satwari under the supervision of SP South Shaheen Wahid assisted by SDPO East Prupkar Singh, were assigned different tasks like collecting

CCTV footages tracking the culprits, follow their movement pattern, understanding their modus operandi and to identify and catch the accused.

On 28th September while they attempted another snatching incident in Trikuta Nagar, alert Police personnel in civvies caught hold of them. The duo have been identified as Ram Sevak

CONTINUED ON ► PAGE 4

28 Police officers of J&K inducted in IPS

JI NEWS SERVICE
 JAMMU, SEPT 29

In a significant development, the Government of India has inducted 28 officers of Jammu & Kashmir Police Service into the Indian Police Service (IPS).

The Union Home Ministry on Friday said the President of India has appointed 28 officers of Jammu & Kashmir Police in the coveted Indian Police Service (IPS) and allocated them to Jammu & Kashmir under AGMUT (Arunachal Pradesh, Goa, Mizoram & Union Territories) cadre.

The MHA issued notification for their appointment in IPS nearly three months after a selection committee comprising representatives of the Union Public Service Commission, Ministry of Home Affairs and Jammu & Kashmir

CONTINUED ON ► PAGE 4

At least 55 People killed in two suicide blasts in Pakistan

AGENCIES
 KARACHI, SEPT 29

A powerful suicide blast ripped through a mosque in Pakistan's restive Balochistan province on Friday, killing at least 52 people and injuring over 50 others gathered to celebrate Prophet Muhammad's birthday, authorities said.

Hours later, another blast at a mosque in Khyber Pakhtunkhwa's Hangu city killed at least three people and injured five others.

CONTINUED ON ► PAGE 4

Eid Milad-Un-Nabi celebrated across J&K

JI NEWS SERVICE
 SRINAGAR, SEPT 29

Eid Milad-un-Nabi, the birth anniversary of Prophet Mohammad, was celebrated across Jammu and Kashmir on Friday with thousands of devotees thronging the Hazratbal shrine.

Devotees offered prayers at the shrine, which houses the relics of the Prophet of Islam, as part of the celebrations, officials said.

They said the holy relic of Prophet Mohammad was displayed by its custodian after the prayers.

The Jammu and Kashmir Waqf Board, which



manages the affairs of the shrine, had made arrangements for the devotees.

Reports of celebrations were received from other parts of the Kashmir valley as well.

The Hazratbal shrine and several other mosques were decorated and illuminated to mark the occasion.

"Today is the birth anniversary of our Prophet Mohammad. I have come to offer Friday prayers to seek forgiveness for my sins, for peace and calmness, brotherhood, prosperity for the people of Kashmir as they are suffering," Nisar Hussain Pal, a devotee, said.

CONTINUED ON ► PAGE 4

J&K's ODF Plus Model Journey under SBM-G

JI NEWS SERVICE
 SRINAGAR, SEPTEMBER 29

The Union Territory of Jammu and Kashmir, having achieved ODF Plus Model status on 14th August' 2023, has declared all its 6650 villages across 285 blocks in 20 districts as ODF Plus Model.

The achievement of ODF Plus Model for all villages in the UT is a significant milestone as it goes beyond constructing

and use of toilets towards cleanliness by managing grey water and solid waste in each village.

Pertinently, for a village to achieve the status of ODF plus Model, it has to go through three stages of ODF plus including ODF plus Aspiring, ODF plus Rising and ODF plus Model. Only when a village has achieved a condition where it is visually clean with minimal litter and stagnant water, apart

from the solid and liquid waste management and adequate IEC activities it is declared as ODF plus Model.

In its attempt to make all villages ODF Plus Model, the Rural Sanitation department has made a comprehensive plan which was meticulously knitted in bringing all the stakeholders on board before execution of the same. The department made Village Sanitation

Saturation Plans (VSSP) for each village to ensure it has assets available for solid liquid waste management. Based on the plans, for grey water management i.e. water generated from kitchen, bathing etc. soak pits, magic and leach pits have been developed by the department at household and community level. About 353631 individual soak pits and 23781 community

CONTINUED ON ► PAGE 4

Change lifestyle to live a healthier life; Dr Sushil loud message on World Heart Day

JINNEWS SERVICE
JAMMU, SEPTEMBER 29

Giving a loud and clear message to the people to give priority to their health, Dr. Sushil Kumar Sharma, Head of the Department, Department of Cardiology, and Government Medical College Hospital (GMCH) Jammu today said that to keep the body in good health is a duty, otherwise, we will not be able to keep our minds strong and clear.

Eminent cardiologist Dr. Sushil Sharma focused on the need for preventive measures like maintaining a healthy lifestyle, dietary preferences, and physical activity to remain healthy. Addressing the gathering to mark the conclusion of the Walkathon organized by the Department of Cardiology to celebrate World Heart Day, Dr. Sushil Sharma emphasized the fact that since a healthy heart is the gateway to a healthy life, it is important to ensure the health of your heart. Continuing with the tradition of making masses and communities from all walks of life aware of the impending cardiovascular pandemic, the Department of Cardiology Super Specialty Hospital Jammu under the able

and visionary guidance of Dr. Sushil Sharma organized a daylong Walkathon on the occasion of World Heart day with main focus on this year theme "USE HEART, KNOW HEART"

The impressive Walkathon started from Bikram Chowk and culminated at Superspeciality Hospital, Jammu with the participation of people from all walks of life. Justice Sanjeev Kumar, Lok Sabha member Jugal Kishore Sharma, Dr Shakti Gupta - Director AIIMS, Dr Narinder Singh (National Sect. BJP), Shri Shakti Pathak - DIG , Shri Rajeev Panday - DIG NIA, Dr Rajinder Singh (Former Principal GMCH), Adv D S Chauhan and office bearers of the Jammu Chamber of Commerce and Industries participated in the Walkathon. BSF Jawans along with students of Jammu Sanskriti School, Wazir Janki Nath Memorial, Lawrence Public School, and Maha Saraswati Shishu Vidya Mandir Public School and people from all walk of Life also participated in the Walkathon.

"With the growing number of heart patients worldwide, it has become a cause of concern of late. As per reports, millions of people die of heart dis-

ease every year, which is an alarming scenario", Dr. Sushil informed and added that World Heart Day is celebrated every year on September 29 to create awareness against heart diseases and to prevent heart diseases by giving it a tough fight. He, however, revealed that nothing is more powerful than human resolve which can be ascertained from the Jammuites pledge to participate in the walkathon as well as by the huge response received with participation from all sections of society. The aim of organizing this Walkathon is to address the ever-rising trend of CVDs which take the lives of 20.5 million people every year, 31% of all global deaths. Triggering these diseases - which manifest primarily as heart attacks and strokes are tobacco use, unhealthy diet, physical inactivity, and the harmful use of alcohol", Dr Sushil said.

Regarding this year's theme masses were made aware of the fact that USE HEART, KNOW HEART IS OPEN-ENDED.

It is not limited to a specific theme or topic. Instead, those who activate the campaign can choose their area of focus - i.e., the environment, health-

care access, mental health, or priority risk factors - and provoke their audiences with questions that are relevant and interesting to them. While lauding the initiatives of Dr. Sushil Sharma to aware people, Justice Sanjeev Kumar said that nothing is more powerful than human resolve to prevent any disease. He lavished all praise on eminent cardiologist Dr. Sushil for his efforts to involve the masses in the awareness campaign. Lok Sabha member Jugal Kishore Sharma, in his address, said that today's impressive Walkathon is an indication that Dr. Sushil Sharma's initiatives yielding encouraging results. He pointed out that Jammuites have reasserted their resolve by participating in today's Walkathon with an overwhelming response from every section of the society. At the outset Dr Mohan Lal, Dr Gurjit Singh, Dr Arvind Kohli and Dr Nasir Ali Choudhary informed the participants on how to stay healthy and how to prevent any complications in patients who already have cardiovascular Disease. Dr Nitin Sharma conducted proceedings of the function and introduced the Guests.

World Heart Day: Heart attacks double in last 5 years in J&K

JINNEWS SERVICE
SRINAGAR, SEP 29

Heart attacks and strokes in Jammu & Kashmir have been rising, much like the rest of the world, and experts have identified pollution, insufficient exercise, and excessive consumption of fast foods as the primary factors contributing to this trend.

Cardiologists at several tertiary healthcare facilities in the Union Territory, who spoke with the news agency, revealed that the number of heart attacks in Jammu & Kashmir has nearly doubled over the past five years. They said the hospitals here have witnessed an almost twofold increase in the number of stent procedures performed in the last two years alone.

Dr A G Ahanger, a renowned Cardiologist, informed KNO that heart disease is responsible for approximately 27-31% of all deaths worldwide. However, about 85% of these deaths can be preventable if treated promptly, he said.

The doctor emphasised

that any symptoms associated with heart disease should not be disregarded, and a proper investigation should be done to diagnose and treat the condition and save lives.

He suggested that people must adopt the 5S policy to minimize the risk of heart disease, which includes reducing SALT and SUGAR intake, avoiding SEDENTARY lifestyle, managing STRESS, and quitting SMOKING. Following these guidelines could help save lives and promote a healthy heart, he said.

Dr. Irfan, a cardiologist at GMC Srinagar, told KNO that the rate of heart attacks at SKIMS or SMHS has doubled over the last five years. "There has been a change in the pattern of heart attacks. In the past, there would be 70% fewer cases in the summers than in the winters. However, this is not the case anymore. We are now admitting more young patients with heart-related issues, and performing stent procedures and pacemaker implantations frequently," he said. According to Dr

Irfan, air pollution, rapid urbanisation, drug abuse, sedentary lifestyle, physical inactivity, fast food intake, stress, and smoking are all reasons behind the increased prevalence of hypertension and diabetes, which in turn lead to heart attacks. He also noted that young patients with heart problems were rare some years ago, but now it has become a daily routine.

Dr Irfan commented on the current situation in Kashmir, stating that many people have become reliant on others and are not taking responsibility for their own actions. He identified a trend towards seeking out only comfortable and easy work, which has been further enabled by the rise of online delivery systems and the work-from-home culture.

"Unfortunately, this sedentary lifestyle has contributed to a rise in drug abuse and associated health problems, including Endocarditis disease, which had previously been uncommon in the region. Even college-going females have been reported to be struggling with heart-

related issues due to drug abuse," he said.

The doctor lamented that while Kashmir has made strides in terms of technological advancements, the population's overall health has suffered due to a lack of physical activity.

He advised that managing conditions like high blood pressure, diabetes, and cholesterol, as well as avoiding a sedentary lifestyle, quitting smoking, reducing stress, eating a vegetable-rich diet, maintaining a healthy weight, and regularly exercising can significantly lower the risk of heart attacks.

According to cardiologists, common symptoms of a heart attack include chest pain that feels like pressure, tightness, squeezing, or aching.

The pain or discomfort may also radiate to the shoulder, arm, back, neck, jaw, teeth, or upper belly. Other symptoms can include cold sweat, fatigue, heartburn or indigestion, lightheadedness or sudden dizziness, nausea, and shortness of breath. KNO

JCMS to celebrate Lala Hans Raj Mahajan birth anniversary

JINNEWS SERVICE
JAMMU, SEPT 29

A meeting of office bearers and working Committee members of the Sabha was held under the chairmanship of Romesh Chander Gupta, President regarding celebration of 157th birth anniversary of Lala Hans Raj Mahajan known as Sher-e-Duggar and founder of Mahajan Sabha on 2nd October 2023 (Monday) at Lala Hans Raj Park situated at Gurdawara Sunder Singh Road, Jammu. The President appealed to all the ward Presidents of the sabha and community members to take active part in maximum numbers in the said function. He also made clear that the sabha has been organizing such functions every year with full enthusiasm and spirit to pay their observance and remember the good works executed by the great visionary for the economical weaker sections of the society. He also stressed upon the youth of the community to come forward wholeheartedly and make it a great function.

He further expressed his inability to attend this function due to personal reasons and appealed to all the members of the biradari to make it a grand success in the presence of working President, Shiv Pratap Gupta of the Sabha who will also look after day to day the affairs of Jammu Central Mahajan Sabha. Shiv Partap Gupta, Sr. Vice President said that it will be a true tribute to Lala ji if we follow his footprints for the upliftment of the Mahajan Community. The members assured full support and the prominent personalities were also present which included Yash Paul Gupta, Chief Patron, Harinder Gupta, Sr. Vice President, Sanjay Mahajan, General Secretary, Dr Mohan Lal Gupta, Cashier, C P Gupta, Patron, Yash Pal Gupta, Superintendent, Subash Gupta, Surinder Gupta, Atul Gupta, Vice Presidents, Balbir Gupta, Incharge Lala Hans Raj Mahajan, Park, Shanti Parkash Gupta and other wards members.

Divisional Level Under 17 Boys Kho-Kho Tournament inaugurated in Doda



JINNEWS SERVICE
DODA, SEPTEMBER 29

Divisional Level under 17 Boys Kho-Kho Tournament inaugurated today at the Sports Stadium in Doda. The tournament was officially inaugurated by Jaffer Haider Sheikh, the District Youth Services and Sports Officer (DYSSO) Doda.

Teams hailing from

various districts of Jammu Division have arrived safely to participate in this exciting U/17 Kho-Kho championship. The Youth Services and Sports (YSS) department has ensured comfortable boarding and lodging facilities for all out-of-town teams.

The Chief Medical Officer (CMO) of Doda provided necessary medical support at the ground.

Prior to the commencement of the matches, an oath of fair play was administered to uphold the spirit of sportsmanship. The preliminary results from the U/17 age group matches were, Samba triumphed over Reasi by a margin of 7 points, while Doda secured victory over Kishtwar with an impressive 11-point lead.

Triple "A" Performing Arts folk theatre workshop concludes

JINNEWS SERVICE
JAMMU, SEPT 29

Folk theatre workshop for ten days & play by the Triple "A" Performing Arts Reasi concluded here today. The workshop was conducted at Govt. General Zorawar Singh Memorial Degree College Reasi with financial assistance from the Sangeet Natak Akademi, New Delhi

As part of the concluding day today, the participants who attended the regular ten days workshop presented their own productions namely "Mela basoye da" dogri play prepared during workshop and the final performance stage on 3rd of October 2023.

Sarver Mir president TAPA said both the teachers and students should be disciplined as well as dedicated in their efforts to improve the academic environment through such type of workshop.

Be a part of the ten day



theatre workshop organized, participants learned the basic tricks of the art such as voice modulation, visualization, sense activation and many other features. It is a fun, yet emotionally challenging theatre workshop that aims at overall creative development of the participant.

The experts of the ten days workshop were Mr. Shadab Khan, J.R. Jackson, Bodh Raj Vardaan, Pt. Mohinder Bhardwaj, Akram Khan, Raj Rahi, Rajesh Ajanbi, Raja Amir Khan, Neha Chouhaan and Kishor Atri.

The participants who

attended regular workshop were Aural Kumar, Neeraj Kumar, Avinish thappa, Mohd Munir, Akshay Kumar, Sajid Saleem, Mohinder Kumar, Pallvi thappa, Garima dogra, Priya Devi, Kajal Thappa, Isha Devi, Priya Kumari, Samriti, Palak Atri, Nilakshi Devi, Priyanka Devi, Vasudha Rajput, Anjali Devi, Priya Kumari, Akashay Kumar, Vikrant Sharma, Rohit Sharma, Ambika Soni, Nidhi Singh Thakur, Shivani Nag, Anshu Parotra, Vishali Rajput and Khushi Devi. Anil Thakur, Vijay Singh and Lalit Singh.

Swachhta Hi Seva: Series of activities being held at Shopian



JINNEWS SERVICE
SHOPIAN, SEPTEMBER 29

Under the ongoing Swachhta Hi Seva campaign, Department of Rural Development is celebrating the ODF plus model camps in all the blocks of district Shopian alongwith engaging people taking the solemn resolve to sustain the mission.

The camps were mainly held at Block headquarters of Chitragam, Zainapora, Shopian, Kanjiullar, Ramnagri, Kaprin, Keller, Imamsahab and Hermain. The camps were attend-

ed by a large number of public and were chaired by BDOs of the concerned blocks. Members of different strata of society were made aware about the achievements under SBMG-II.

It was informed that the District has already achieved ODF plus model status under which all components of waste like Solid waste, Liquid waste, Faecal waste and plastic are managed scientifically.

People were given information about the uses of SWM sheds, Liquid Waste Management Units, Plastic Waste Management Sheds,

Soakage pits, Compost pits and door to door collection and segregation of the waste.

It was impressed upon in the camps that most important thing of SBM Plus is its sustainability. Different ways to sustain this model were discussed and the public took a resolve to act on these measures to make their areas clean and sanitized.

People in these camps expressed their satisfaction over the steps taken by the Department of Rural Development for making the District SBM plus under SBMG II.

Executive Engineer PMGSY Bandipora accorded warm send-off

JINNEWS SERVICE
BANDIPORA, SEPTEMBER 29

A grand farewell function was organised to accord warm send-off to Executive Engineer PMGSY, Er Bilal Ahmad at Manasbal.

Superintending Engineer PMGSY, BSE PWD, JD Planning Imtiyaz Ahmad attended the function besides officials of PMGSY Department.

Speakers highlighted the contributions of Er Bilal in challenging areas of Bandipora district. It was given out that the 80 kms of PMGSY roads got black topped and around 150 kms metaled due to untiring efforts of Er Bilal Ahmad. It was further stated that despite different challenges Kaloosa Gurdal, Bagtore Izmarg, Kashpot Khilsay and other hilly roads have been completed by the officer and his team.



AEE PMGSY Bandipora and Sumbal highlighted the working attitude of the officer and termed it beyond expectations. The Joint Director

planning Bandipora congratulated the officer on behalf of District Administration and appreciated the promptness of the officer in timely dissemi-

nation of information. He further stated that Er Bilal Ahmad worked hard and resolved very old issues of roads in Bandipora.

Indian Army organised a lecture on harmful effects of smoking at Sondar, Kishtwar

JINNEWS SERVICE
KISHTWAR, 29 SEP 2023

To educate the populace about smoking addiction and its effects on the human body, Indian Army organised a lecture on Harmful effects of Smoking for the populace of Sondar region, Kishtwar. The lecture was to impart awareness about ill effects of smoking.

During the lecture, the residents, specially the youth were sensitised about the smoking and their adverse effects on the health, various signs and symptoms and treatment aspects. The populace were educated that smoking is a leading cause of diseases in respiratory ailments & cancer in our country, resulting in poor eyesight, weakening sense of taste and smell. It badly affects the respiratory system, cardiovascular system, nervous system, reproductive system and digestive system.

The event promised to be a unique effort to improve the health and hygiene issues in day to day life. The populace lauded the initiatives and expressed hope that such initiatives by the Indian Army will give a fillip to general hygiene amongst the people.

Chief Secretary reviews developmental scenario of District Samba



JJ NEWS SERVICE
SAMBA, SEPTEMBER 29

Chief Secretary, Dr. Arun Kumar Mehta, conducted a comprehensive review of ongoing developmental projects and flagship initiatives spanning various sectors in district Samba today. The primary focus of the meeting was to assess the progress of various schemes and development projects currently underway in the district.

The meeting was attended by Divisional Commissioner Jammu Ramesh Kumar, SSP Samba Benam Tosh, along with the heads of various divisions and departments operating within the district.

During the meeting, the Deputy Commissioner Samba Abhishek Sharma presented a detailed sector-wise overview of the ongoing projects and flagship schemes being managed by various departments in the district. Notable projects, including the construction of the Bus Stand under JMRDA at Vijaypur, the Degree College at Purmandal, and the Nari Niketan building in Samba, were highlighted. Updates on the upgradation of the existing Municipal complex, the construction of a multifunctional complex at Samba bus stand, the

construction of Uttarbehni bridge over Dewar, several road projects, and the construction of the OPD block of District Hospital Samba, were also provided.

Chief Secretary also reviewed the status of ongoing projects, programs, flagship schemes, and financial progress for the fiscal years 2022-23 and 2023-24. A wide array of departments including Horticulture, National Rural Livelihood Mission, National Urban Livelihood Mission, Agriculture, Education, Health, Social Welfare, Animal Husbandry, Jal Shakti, JPDCL, SBM-G, Jal Jeevan Mission, PMGSY, PWD, and languishing projects were discussed in detail.

During the review, it was emphasized on to expedite the works as a top priority. Heads of various departments also provided updates on the current status of their respective schemes.

Several directives were issued during the meeting, including a strong focus on achieving zero unemployment in the district by the Labour and Employment department. The Education department was tasked with ensuring an adequate number of teachers in each panchayat and 100% functional female toilet facilities in

schools.

The Animal and Sheep husbandry department was directed to concentrate on export-based production of poultry and milk products and formulate one PACS per panchayat. The Agriculture department was instructed to increase crop intensity, conduct workshops in collaboration with SKUAST, and prioritize the production of fruits such as dragon fruit, strawberry, and citrus fruits. The goal is to make the J&K the leader in horticulture production by identifying and eliminating gaps in performance compared to other states.

The review also encompassed the Nasha Mukta Abhyas (drug-free campaign), with a directive to ensure a drug-free Samba district. Dr Mehta commended the work of the revenue department for their work in geo-referencing cadastral maps, digitizing Jamabandis, and addressing the status of Roshni land. The chief secretary stressed the importance of making land giridawari available online.

In the domains of PMGSY and PWD, authorities were urged to expedite work and meet assigned targets on time. The progress of the Jal Jeevan Mis-

sion was reviewed with an emphasis on accelerating its completion.

While reviewing the Jal Shakti Department, Chief Secretary asked the department to complete all works within stipulated timelines without exception.

While reviewing the RDD it was said that independent reports must be sought regarding the SBM(G) from the village to verify that the villages are really clean. He called for the removal of all legacy wastes from gram panchayats. He directed that all villages should be made plastic-free and achieve PMAY(G) targets within set timelines.

Regarding NRLM, Chief Secretary called for improving the average income of Self-Help Group (SHG) members by providing them the necessary handholding in terms of marketing, branding and value addition of their products.

While taking the review of Industries and Commerce department, Chief Secretary took note of the non-functional industrial units and impressed upon the district administration to look into the possible reasons so that these are made functional forthwith. He observed that the district has a great poten-

tial in terms of industrial development and if its potential is tapped optimally Samba is poised to be the developed industrial district of the UT.

As part of this comprehensive review, Dr. Mehta also e-inaugurated several projects, including the material recovery facility & compost pit shed in the Municipal Committee Bari-Brahmana, the improvement of WSS BHALORA under JJM in Block Rajpura and the improvement of WSS Rai Patti under JJM in Block Ghagwal.

Chief Secretary underscored the importance of identifying additional services that can be transitioned to online mode to streamline government processes and ensure citizens are not unduly inconvenienced by visiting government offices.

Dr. Mehta also held discussions with DDC Chairperson Keshav Dutt Sharma and members, BDC members and business delegations. He listened to them patiently and directed the District Administration to hold regular interactions with them for the overall development of the district and percolation of benefits of all the beneficiary oriented schemes down to grassroots level.

NCC unit of dogra degree college organized an awareness rally on food wastage at Bari Brahmana

JJ NEWS SERVICE
JAMMU, SEPT 29

The NCC unit of Dogra Degree College in collaboration with NCC unit of Dogra Law College Bari Brahmana organized an awareness rally on food wastage on "World Awareness Food Waste Rally" on food wastage to mark the Swachh Bharat Diwas which is observed to celebrate the Jan Andholan for swachhata which is a tribute to Mahatma Gandhi on his birth anniversary that is on 2nd October under the swachhata hi sewa campaign 2023. The NCC unit of both the colleges conducted an awareness rally in the Bari Brahmana and its adjoining areas, so as to aware people about the food wastage. The Cadets distributed the pamphlets to the local public and made them aware about the importance of food and guided them not to waste the food. The Cadets conducted a door to door awareness campaign wherein they visited the homes of the local public of the Bari Brahmana area and motivated the people to manage their meals



and daily food menus so that not even single grain of the food gets wasted. The Cadets also guided the people about the hardships of the farmers that they come across in the whole process of producing crops and making the food available for the whole population. The people were also motivated to imbibe the feeling of sharing their food with the needy and the poor, as most of the food gets wastage at the time of marriages and functions, so it should be shared with the people who are in the great need of that food, or should be donated to some orphanages or the old age homes. The cadets also gave certain slogans about the food wastage and its conservation so

as to make people realize the worth, value and importance of each grain of food.

Dr. Bela Thakur Principal Dogra Degree College appreciated the efforts of NCC units of both the colleges who took such a responsibilities to make the society aware of such a big issue that is food wastage and also guided people to manage their daily meals and food at the functions especially.

The programmed concluded with a pledge taking ceremony by the cadets and local people to save food, save life, save environment and the planet earth. The whole programme was well-coordinated under the able guidance of Mr. Gulshan Sharma CTO/ANO, DDC.

Baramulla adds another feather to its Cap: Young Cricket Talents triumph in Under-17 Provincial Cricket Championship



JJ NEWS SERVICE
BARAMULLA, SEPTEMBER 29

Baramulla's budding cricket stars have once again demonstrated their prowess on the cricket field, securing the under-17 Provincial Cricket Championship title with an exhilarating victory over Kulgam.

The thrilling match,

held at Anantnag, concluded with Baramulla winning by 5 wickets.

In a standout performance, Faizan Ibrahim from Baramulla earned the prestigious titles of "Man of the Series" and "Man of the Match" for his exceptional contributions to the team's success.

Jatinder Singh DYSSO Baramulla extended his

hearty congratulations to the entire Baramulla team for their outstanding win and remarkable achievements on the cricket field.

This victory not only adds another accolade to Baramulla's rich sports history but also underscores the immense talent and dedication of our young cricket stars, he added.

Adv Dakhseesh Sharma concludes meeting at Block Khour

JJ NEWS SERVICE
JAMMU, SEPT 29

Yuva World Brahman Federation J&k unit under the Presidentship of Adv Dakhseesh Sharma concluded meeting at Block Khour. The meeting was organised by members of the organisation in which socio-political people Sarpanches and panches of the area were present on the occasion.

In order to further strengthen the outreach programme by Yuva WBF, several meetings were convened by the Federation in Block Khour. The meeting were convened at Khour, Kleeth and Karah Bali which were widely attended by the members of the Brahman Community and several times touching upon the present onslaught on the Brahman Samaj in particular and the modes & manner of such mischievous propaganda were also discussed.



The meeting conducted at different places were aim of highlighting the necessity for the united face for community against reckless and deliberate targeting of the community on social media handles aimed to merely maligning the community were also brought to the notice of the members attending the meeting.

All the participants, further discussed the necessity for constituting village level committees in order to streamline, highlight & further endeavours to

counter the mischievous referred above. In the process following village level committee were also constituted which would operate as watchdog for befitting response to such mischievous campaign & further educate the masses about the contribution made by the members of the community for the upliftment of the society as whole.

Adv Sharma further resolved in meeting that the upcoming municipal and Panchayat elections, which are contemplated in near future, the Feder-

ation would play pivotal rule and ensure that the members of the community as whole become the trendsetter for the future and all aspiring candidates would be require to takes the community in confidence before excepting any support.

It was further resolved that the village level committee, so shall be constituted communication link between the federation and the members of the community on ground & shall further strive to reachout & help the needy members of the commu-

nity in hour of need in order to strengthen the members of the community. In order to uplift the poorer/disabled section and needy members of the community and institution in the name of Brahman Kalyan Board was decided to be constituted which shall received donation and disburse the payment or other receivables to the needy members of the community.

While addressing the gathering Adv Sharma pressed & appealed to the members of the community that we all should work together for welfare and betterment of the Brahmins. Teams of Block Khour will be constituted soon. Others who were present on the meeting were Atul Raina Vice President, Varun Sharma Secretary Satish Raina, Ranjeet Sharma, Rajan Sharma, Ashwani Sharma, Deepak Sharma, Ved Pal Sharma and Ashok Sharma etc.

DC Bandipora reviews preparedness for Swachhta Hi Seva, Sankalp Saptaah & other ongoing campaigns

JJ NEWS SERVICE
BANDIPORA, SEPTEMBER 29

The Deputy Commissioner (DC) Bandipora, Dr Owais Ahmad Friday convened a meeting to assess the preparedness for the upcoming Sankalp Saptaah initiative, as well as to review the status of ongoing campaigns, Swachhta Hi Sewa and Ayushman Bhava.

The meeting was virtually attended by all the

district officers including ADDC Bandipora Ali Afsar Khan, Nodal Officer Coordination/ACD Bandipora Mohammad Ashraf Hakak, ACR Bandipora besides all the BDOs and other concerned.

It was given out that 'Sankalp Saptaah' is linked to the effective implementation of Aspirational Blocks Programme (ABP). It aims to improve governance at the block level in

order to enhance the quality of life of people.

The Nodal Officer Coordination informed the meeting that Sankalp Saptaah, a week-long campaign is set to commence from October 03 and shall culminate on October 09. It was however informed that the Prime Minister is set to launch the programme on September 30. He further informed that during the campaign a series of

activities are scheduled to be carried by different departments to further strengthen the agendas of Aspirational Block Programme in the district.

Dr Owais urged all participants to actively engage in and support the activities planned for the week.

During the meeting, the progress of Swachhta Hi Sewa, the nationwide cleanliness drive, was also discussed. The officials

presented updates on the cleanliness activities carried out in the district.

Additionally, the Ayushman Bhava campaign, which focuses on promoting health and wellness, was also reviewed. The DC stressed on the importance of healthcare and encouraged the healthcare sector and other organizations to collaborate for the well-being of the citizens of Bandipora.

Kashmiri Filmmaker's Short Film on Snowboarding Earns Global Acclaim

JJ NEWS SERVICE
SRINAGAR, SEP 29

A short film on snowboarding by a Kashmiri filmmaker has been making waves on the global stage, earning awards and praises from audiences and critics.

As per news agency, Rizza Alee, a snowboarder and a filmmaker during winters shot a film titled Hamain Ast (It Is This), which revolves around 54-year-old Kashmiri Firdous Ahmad Chaila who introduced snowboarding to the region.

The documentary film which has been tracking the Chaila's journey of popularising this sport in Kashmir, is earning applause worldwide. Currently, the film has been selected for screening at Himalayan Film Festival (THFF), which commenced today.

"I am highly elated to witness a good response regarding the film. We shot

this film back in winter, which tells about the inspirational journey of Firdous Ahmad Chaila. We are planning to screen it in many more festivals," he said.

The film was Executive Produced by GoPro India, and shot entirely on GoPro cameras. "IT IS THIS" is co-produced by award-winning Iranian-American filmmaker, Shidan Majidi and Rizza Alee; with an original soundtrack by Kashmiri singer/songwriter, Ali Saffudin. Prior to it, the film was recently premiered in a hotel in Srinagar, where a hall was packed with film enthusiasts.

"The rousing audience ovation with overwhelming screams and applause continued with a Q&A featuring a distinguished panel that included Yatish Suvarna (Director of Marketing and Communications for GoPro India), Khalid Wani (Senior Director India, SE Asia at Western Digital), Firdous

Chaila, Ali Saffudin," Alee said.

Earlier this year, the film also won a prestigious award at Astoria Film Festival in New York.

"It is an honour for me to bag this prestigious award in New York. We worked hard to execute this project during winter in Kashmir. This film features snowboarders and narrates their expectations from the sport," he said.

Last year, Alee co-produced a documentary for Al Jazeera Media Network. His next documentary will be another co-production with an American media company exploring the growing state of mental health illness among Gen Z and Millennials of Kashmir. Alee, who is a snowboarder and mountaineer, has scaled many peaks including Stok Kangri. In 2019, he attempted to scale Mount Everest. KNO

FROM THE FRONT PAGE...

Joint Committee of..

of developmental steps taken in Jammu Kashmir for bringing transparency, accountability and responsibility in the governance system. "More than 1000 Public services have been made Online and many linked with auto escalation mode and financial penalty for delay of services," he said.

Passengers stranded at...

cancelled," he said. The official said that every day, 15,000 to 20,000 people arrive at the Katra railway station. "Of them, 70 per cent are pilgrims. Due to this agitation, some trains have been affected and the majority of trains are being diverted to ferry them," he said.

However, the number of stranded passengers at Jammu and Katra railway stations are increasing causing them inconvenience due to the cancellation and diversion of trains.

"We are stranded at the railway station. We don't know what to do. We would have reached home. But now they are saying that trains will be diverted.... It is a problem for us," Arvind Kumar of Gorakhpur said.

Bihari Lal of Chhatisgarh, returning home after paying obeisance at the Mata Vaishno Devi shrine, remained stranded at the railway station.

"We have been stranded here since yesterday after the train was cancelled. We don't know what to do. No one is listening to us. We are a group of eight people, including children," Lal said.

Suraj Singh of Ahmedabad, who along with 11 people returned from a Kashmir visit and were to take a train back home, was told that the train had been cancelled.

"They told us to come tomorrow. Where will we stay? It means Rs 10,000 to Rs 15,000 for staying in a hotel. Taxi operators demanded Rs 35,000 for a trip to Delhi," he said. (Agencies)

Chief Secretary takes...

He observed that the UT has nearly 18500 educational institutions, 28000 Anganwadi centres, 20000 individual government offices, 3000 health care institutions, 4000 sports stadiums besides thousands of other government organizations including courts, police stations, industrial estates and other public infrastructure. He maintained that even if each of them organises 2 events each the number would jump to 80000 easily.

He urged all of them to record these events and upload good quality photos and videos on the given web portal. He added that J&K has always been among the top with the joint efforts of all the officers and officials of the UT. He directed for establishment of District level control rooms in collaboration with IT Department for seeking assistance and advice for swift uploading of the feedback on the national portal.

As far as the celebrations of Gandhi Jayanti are concerned the CS urged for cleanliness of all the areas ahead of October 2nd. He impressed upon the officers to take measures for sprucing up all the towns by giving facelift to all of these areas. He asked for taking low-cost measures like painting of walls and other public buildings, cleaning of water bodies and restoration of all the water channels in both rural and urban areas. He also called for taking of 'Nasha Mukd' and 'Non-Violence' pledges in all the areas of the UT as the day symbolises victory of these virtues over their counterpart vices.

On the occasion it was also given out that the 'Sankalp Saptah' is going to be organized in all the 44 Aspirational Blocks of the UT from 3rd to 9th of October. During this program, each day from October 3rd to October 9th, 2023, will be dedicated to a specific development theme that all aspirational blocks will actively address. The initial six days will focus on themes such as 'Sampoorna Swasthya,' 'Suposhit Pariwaar,' 'Swachhta,' 'Krishi,' 'Shiksha,' and 'Samridhi Diwas.' The concluding day, October 9, 2023, will be dedicated to celebrating the collective achievements of the entire week, marked as 'Sankalp Saptah - Samavesh Samaroh'-(KNO)

Inter-state chain...

son of Beedal resident of Shamli, UP. He was the rider of the bike, Dharmendra @Ravi son of Mannu resident of Shamli, UP. He was the pillion rider.

During investigation it came to fore that both belonged to District Shamli in UP and were involved in multiple incidents of District Jammu. They were also involved in similar such incidents in Delhi, Punjab and Haryana. Their modus operandi was that they used to pose as Shri Mata Vaishno Devi Pilgrims to avoid suspicion. 6 stolen Gold chains and a stolen bike was also recovered from their possession.

Similarly, today two more suspects namely Akash Khushu @ Lalla son of Lt. Ashok Kumar Khushu resident of Durga Nagar Jammu and Rahul Rawal son of Lt. Ravi Ji Rawal resident of Durga Nagar Jammu were rounded up in case FIR No. 87/2023 U/S 382 IPC of P/S Janipur who were also involved in chain snatching.

These accused were involved in multiple chain snatching in Roop Nagar, Canal Road, Sarwal and Paloura area.

The accused were arrested by the team constituted by the special team constituted under the supervision of SP North Kulbir Handa assisted by SDPO West Vikram Singh and SHO PS Janipur Inspr Sikander Singh.

During investigation accused confessed and disclosed that they had snatched 05 gold chains from different locations of Jammu District using Motor cycle KTM Duke bearing Registration No. JKO2 DC 8234 and have sold to Muthoot Finance Branch Talab Tillo, Jammu. The snatched chains shall be recovered from the finance company and they shall be liable for the criminal offence.

Further investigation of the cases is going on.

28 Police officers...

government gave go-ahead for their induction.

This is for the first time in Jammu & Kashmir that such a large number of officers have been appointed in IPS at one go.

According to the notification, Maqsood-ul-Zaman, Mubassar Latifi Ameer, Shiv Kumar, Rashmi Wazir, Rajeshwar Singh, Sandeep Wazir, Anita Sharma, Sameer Rekhi, Jatinder Singh Johar, Anil Kumar Magotra, Swarn Singh Kotwal, Zahid Nasim Manhas, Dr. Koshal Kumar

Sharma, Ashok Kumar Badwal, Showkat Ahmed Dar, Altaf Ahmad Shah, Bakar Samoon, Firdous Iqbal, Ajaz Ahmad Bhat, Ranjit Singh Samyal, Mohd. Yaseen Kichloo, Rajinder Kumar Gupta, Rajesh Kumar Sharma, Sanjeev Kumar Khajoria, Rajesh Bali, Sanjay Kumar, Mumtaz Ahmed and Mohd. Aslam.

These officers have been inducted against vacancies for select list of 2015, 2016, 2017, 2018 and 2019.

These officers will be on probation for a period of one year as per IPS (Probation) Rules, 1954 and will undergo induction training as per sub rule 5(4) of IPS (Probation) Rules, 1954.

It is worthwhile to mention that the selection committee had also cleared two retired police officers- Anil Magotra and Parshotam Kumar Sharma- for induction in IPS. It had also given its opinion on promotion of one local officer in a sealed cover in view of an inquiry pending against him--(KNO)

At least 55 People...

The blast in Balochistan occurred near Madina Mosque on Al Falah Road in the Mastung district. No group has claimed responsibility for the attack.

Mastung's Deputy Superintendent of Police (DSP) Nawaz Gashkori, who was on duty for the rally, was among the deceased.

The explosion took place when people were gathering to mark Eid Miladun Nabi, the birth anniversary of Prophet Muhammad.

City Station House Officer (SHO) Mohammad Javed Lehri said the explosion was a "suicide blast" and that the bomber exploded himself next to DSP's car.

The bomb attack came a day after the Counter Terrorism Department (CTD) killed a key Islamic State (ISIS) commander in the Mastung district.

Lehri said that the wounded are being shifted to a medical facility while an emergency has been imposed in the hospitals.

At least 52 people were killed and over 50 injured in the blast in Mastung, District Health Officer Rashid Muhammad Saeed said.

Some of the injured were in critical condition. Officials expressed concern that the number of casualties may increase.

Balochistan interim Information Minister Jan Achakzai said rescue teams have been dispatched to Mastung. He added the critically injured persons are being transferred to Quetta and that an emergency has been imposed in all the hospitals.

"The enemy wants to destroy religious tolerance and peace in Balochistan..." Achakzai said. "The explosion is unbearable." Caretaker Chief Minister Ali Mardan Domki has directed authorities to arrest those responsible for the blast.

"The perpetrators of the destruction do not deserve any leniency," he said. "Those who target peaceful processions will be dealt with firmly." Chief Minister (CM) Domki urged the people to unite against terrorism, adding that Islam was a religion of peace and "those who commit such heinous acts cannot be called Muslims".

The caretaker CM also announced three days of mourning throughout the province over the tragic incident.

Interim Interior Minister Sarfraz Ahmed Bugti also strongly condemned the blast.

Stating that "terrorists have no faith or religion", Bugti asserted that all resources were being put to use during the rescue operation. He added that no effort would be spared in treating the injured and that terrorist elements did not deserve any concession.

Meanwhile, Pakistan Muslim League-Nawaz (PML-N) President and former premier Shehbaz Sharif said that carrying out such a despicable act on an occasion marking the birth of the Holy Prophet is detestable now and in the hereafter.

He condemned the attack and offered condolences to the families of the deceased and injured.

Soon after the explosion in Balochistan, the Punjab police also said that its officers were performing security duties for Friday prayers at mosques across the province.

Meanwhile, the Karachi police said that Additional Inspector General Khadim Husain Rind has directed the police to remain "completely on high alert" in view of the Mastung blast.

He directed the policemen to tighten security arrangements regarding Eid-i-Miladun Nabi processions and Friday prayers across the city, as well as to monitor any unusual activities.

This is the second major blast that has terrorised Mastung over the last 15 days, Geo News reported.

Earlier this month, at least 11 people were injured in a blast in the same district.

Mastung has remained a target of terror attacks for the past several years with a major attack in July 2018 being one of the deadliest in the district's history during which at least 128 people were killed. The Tehrik-i-Taliban Pakistan, which set up as an umbrella group of several terrorist outfits in 2007, called off a ceasefire with the federal government and ordered its terrorists to stage terrorist attacks across the country.

The group, which is believed to be close to al-Qaeda, has been blamed for several deadly attacks across Pakistan, including an attack on army headquarters in 2009, assaults on military bases, and the 2008 bombing of the Marriott Hotel in Islamabad.

In January, a Taliban suicide bomber blew himself up in a mosque packed with worshippers during afternoon prayers in Pakistan's restive northwestern Peshawar city, killing over 100 people.

Last year, a similar attack inside a Shia mosque in the Kocha Risaldar area in the city killed 63 people. (Agencies)

Eid Milad-Un-Nabi...

"Today, we pray for Muslims as well as Hindus and for the entire humanity. The Prophet is merciful to the entire world irrespective of religion. This is the day the Prophet was sent to this world," another devotee, Ghulam Hassan, said. (Agencies)

Dr Jitendra launches...

ministry/department.

Speaking on the occasion, Dr Jitendra Singh, said

Prime Minister Narendra Modi has flagged again and again that Grievance Redressal is important for accountability of the Government and also for the Citizen-centric Governance. A more robust human interface mechanism including Counselling post-resolution of the grievance has also been introduced.

The Minister commended the DARPG for making the CPGRAMS portal available in 22 scheduled languages along with English so that the common man could avail of its benefits. He also underlined the need to integrate State PG portals and other government portals with CPGRAMS and name it more uniformly for seamless accessibility.

Dr Jitendra Singh said that for the first time, the average disposal time of public grievances by Central Ministries & Departments has reduced to 16 days due to reforms undertaken by DARPG in the CPGRAMS. He noted with satisfaction that there has been a decline of almost 50% in the average disposal time for Central Ministries/Departments from 32 days in 2021 to 18 days in 2023.

During his visit to DARPG Office, Dr Jitendra Singh also launched the Swachhata Special Campaign 3.0 and released the Precedent Book (e-book) prepared by the Department. He lauded DARPG for achieving a completely fileless office with all communication transferred to the eOffice portal.

The Union Minister was informed that close to 90 lakh square feet of prime office space has been cleared during the last two Swachhata campaigns and put into productive usage. Besides, the Government generated a revenue of Rs. 370.83 crores from disposal of scrap, 64.92 lakh files were reviewed, 4.56 lakh Public Grievances Redressed and 8,998 MPs' references replied. Swachhata campaign also spurred eOffice work culture in the Government and now over 90% file work has been made online.

The Government of India has announced Special Campaign 3.0 from 2nd October, 2023, coinciding with the Birth Anniversary of Father of the Nation, Mahatma Gandhi, till 31st October, 2023. The Campaign is a sequel of the Special campaigns conducted in the last two years.

Dr Jitendra Singh said the Prime Minister Shri Narendra Modi transformed the Swachhata campaign into a Jan Andolan within a few months. He said, the DARPG has launched a compendium of 300 Best Practices which will be implemented by all Government Ministries and Departments and published widely through media, highlighting 'Whole of Government' and 'Whole of Science' approach".

Special Campaign 3.0 will focus on field/outstation offices responsible for service delivery or having public interface, in addition to the Ministries/Departments and their attached/subordinate offices. Department of Administrative Reforms and Public Grievances is the Nodal Department for implementation of Special Campaign 3.0.

The Cabinet Secretary had addressed all Secretaries of Government of India on 25th August, 2023 and DARPG guidelines for the same were issued on 1st September, 2023.

J&K's ODF Plus...

soak pits have been constructed by the department. Wherever kitchen gardens are available people have been motivated to dispose grey water through the kitchen gardens.

For biodegradable waste management, individual and community compost pits have been constructed. Nearly, 137824 individual compost pits and 1218 community compost pits have been constructed either by the department or by people themselves in their households. People are being encouraged to segregate dry and wet waste and process wet waste in compost pits. Also, 1850 waste collection and segregation sheds have been constructed for proper disposal of waste. Besides, 536 Community Sanitary Complexes have also been constructed in J&K.

GOBARdhan which is Galvanising Organic Bio Agro Resource is a waste to wealth initiative where animal dung and kitchen waste is used to generate biogas/bio slurry. While two such projects are already functional in JK UT, 18 more such projects are in the final stage of completion.

Door to Door collection of waste has been initiated in all the panchayats. Through involvement of locals, youth clubs, NGOs, expert agencies waste is being collected from households to be taken to segregation sheds where waste is segregated into various categories such as paper, wood, plastic etc. for its disposal. Some of these segregation shed are semi mechanized with bailers, shredders etc.

To cater to plastic waste in villages, Plastic Waste Management Units (PWMU) are being established in each block, some of which are in the final stage of completion. The plastic in these centers would be cleaned, shredded, bailed etc. for its final disposal. The complete life cycle of the waste is properly managed.

The work which was done on ground was promptly captured and updated on the IMIS portal of SBM-G by the Blocks and Districts which facilitated timely completion of the task and making JK UT one of the first few UTs/ States in the country to achieve this goal. The entire work is required to be uploaded on the SBM(G) IMIS portal. For declaring a village as ODF plus besides the uploading of ground reporting with clear visual, videos of Gram Sabhas being conducted and declaring their villages as ODF Plus are all required to be uploaded on the portal.

To enhance Capacity Building of officers, village level workers, elected representatives about Swachhata, Capacity Building programs across 285 blocks in 20 districts have been conducted at the panchayat level. Under the initiative, 9793 people have been trained to further train the people professionally for sustaining the goals of the mission.

Trainers have been trained to dispense information and provide orientations at the panchayat level. SBM(G) is not just a scheme for asset creation but is a behavioural change program which each household of the UT has to embrace for its success.

The focus of the departments on IEC through paintings, banners, awareness programs, plog runs, nukkad natak is immense. Innovative ideas such as Swachhata Karwan, Swachhata Karwaan 2.0, Swachhata Internship, Swachh Yodha Pratiyogita, Swachhaton, Swach-

hata Bulletin and Swachhata Quiz have been launched to nudge behavioral change through cleanliness.

The role of PRIs is pivotal in motivating people to understand the importance of Swachhata and help in making the everyday activities such as Door to Door collection of waste a success. Some elected representatives have done exceptional work in their respective panchayats for which they have received awards and appreciation at the UT and national level.

Throughout Phase II of the Swachh Bharat Mission Grameen campaign, J&K has carried out many innovative campaigns and initiatives such as "Pink Toilets" to improve school attendance, Zero Landfill Shri Amarnath Ji Yatras, Give Polythene Get Gold campaign, pink societies to promote holistic development, Sarpanch Samvads, Swachhata Internship, Swachhata quiz and Swachh Yodha Pratiyogita.

In another remarkable move towards combating the sanitation challenges in rural areas of Jammu and Kashmir, the Directorate of Rural Sanitation, J&K announced the nomination of country's highest gallantry awardee, the Param Var Chakra recipient Captain Bana Singh, a dedicated and decorated former soldier, as the ambassador for the "War Against Waste" initiative in Jammu & Kashmir.

As part of another initiative aligning with the ongoing Swachhata Hi Seva campaign, the Directorate of Rural Sanitation in Jammu and Kashmir has introduced the 'Swachhata Bulletin'. Its primary objective is to monitor and share daily updates on Information, Education, and Communication (IEC) activities conducted by districts under SHS 2023. It would create a platform wherein additional community members would come forward and add to the cause of Swachh and Swasth Bharat. The bulletin can be used to collect feedback from stakeholders, aiding in program evaluation and improvement.

Through consistent efforts, support of the people and elected representatives the department has achieved the status of ODF Plus Model. However, the biggest challenge shall be in sustaining the efforts that have been put to ensure that J&K becomes the cleanest UT of the country.

Further, engaging the community is pivotal in making ODF Plus sustainable. Local communities shall be actively involved in the planning, implementation, and maintenance of sanitation facilities. This not only ensures a sense of ownership but also enhances accountability.

Moreover, leveraging technology and innovation can significantly enhance sustainability. The use of smart sanitation solutions, remote monitoring and data analytics can help in efficient resource allocation and timely maintenance.

Sustainability in ODF Plus is not a one-time achievement but a continuous journey. It requires a multi-dimensional approach encompassing infrastructure development, behavioral change, community engagement, financial sustainability, technology integration, and more. By embracing these principles, J&K can not only sustain its ODF Plus Model status but also maintain it for generations to come, ensuring a cleaner, healthier and more sustainable future.

It was through all such initiatives, along with concerted efforts of the Department, support of the people, and elected representatives in panchayats that the UT was successful in attaining the ODF Plus Model status.

BJP disciplinary committee...

Keeping in view your position in the party and your past contributions Disciplinary Committee has decided to give you one opportunity to submit your unconditional apology for your conduct and not to repeat in future in any such activity failing which Disciplinary Committee will initiate regular proceedings against you and which may lead to your removal for official positions and even from Primary Membership of Bharatiya Janata Party in case allegations of indiscipline is established. Should you choose to give unconditional apology and undertaking for future the same may be sent to party President within one week from today. Notice is being served through WhatsApp and there will be no separate service of notice.

BJP disciplinary committee consists of Sunil Sethi as the Chairman along with Aseem Gupta and Rekha Mahajan as the members of the committee.

DG CRPF visits Kashmir...

officers, were also shot dead in the operations that lasted for a week.

A CRPF spokesman said the visit of the DG was aimed at assessing operational readiness and boosting the morale of CRPF personnel stationed in the region.

The DG CRPF visited the Recruit Training Centre (RTC) in Srinagar, now based at Lethpora Pulwama, and a CRPF battalion in south Kashmir.

DG Thaoson was accompanied by Additional Director General (ADG) of Jammu and Kashmir Zone CRPF, Nalin Prabhath, Inspector General (IG) of Kashmir Operations Sector CRPF, Gyanendra Kumar Verma and IG of Srinagar Sector CRPF, Ajay Yadav.

The visit commenced at RTC, where DG meticulously inspected the facilities and engaged in meaningful interactions with the trainees.

The DG shared profound words of inspiration and motivation, reaffirming the CRPF's commitment to excellence in training and operational preparedness.

Subsequently, they proceeded to 180 battalion in Tral Pulwama, where a guard of honour was accorded to DG Thaoson by the CRPF personnel.

DG also inaugurated the "Shaheed Mukesh Lal Meena Barrack", a solemn tribute to the brave heroes who have made supreme sacrifices in the line of duty.

During an insightful "Sainik Sannam", he applauded the unwavering dedication of CRPF officers and Jawans, commending their steadfast commitment to the nation's security, the spokesman said.

The visit culminated on a warm note as Thaoson joined the personnel for a convivial meal at Badakhana in 180 Bn.

"Such moments of camaraderie reinforce the bonds that define the strength and unity of the CRPF.

Thaoson's visit reaffirmed the CRPF's unwavering commitment to the security and well-being of the nation. It also served as an opportunity to acknowledge the dedication and sacrifices of the CRPF personnel stationed in the region, the spokesman said.

SKUAST-Jammu VC leads the Team to Attend G20 University Connect Finale

J1NEWS SERVICE
JAMMU, SEPT 29

On the invitation of the Research and Information System for Developing Countries (RIS), Ministry of External Affairs, Govt. of India, a team of faculty members and students led by Dr. B.N. Tripathi (Vice Chancellor and Chairman, University Connect Program, SKUAST-Jammu) participated in the G20 University Connect Finale interaction program with the Prime Minister Sh. Narendra Modi at Bharat Mandapam, New Delhi.

The Faculty members who attended the meet were Prof. Rajinder Peshin, Coordinator G20 University Connect at SKUAST-Jammu; Dr. Manmohan Sharma, Professor, School of Biotechnology and Dr. Sachin Gupta, Professor, Plant Pathology.



A group of nine undergraduate and postgraduate students, who were the winners of pre event activities also attended the Program. More than 5000 students from 101

universities across India attended the mega show. It was a golden opportunity for faculty and students to listen to the thought provoking address by the Prime Minister Sh.

Narinder Modi and witness the world class facilities developed at Bharat Mandapam, the venue of G20 Conclave. The Prime Minister gave a clarion call to youth of the nation to put their best efforts and support the government policies for making India a developed nation by 2047. He expressed full faith and confidence in the youth of nation to take India forward. The team also interacted with Sh. Harsh Vardhan Shringla, Chief Coordinator for India's G20 Presidency in 2023 and former Foreign Secretary, Govt. of India. The students also got a chance to visit the galleries showing unique exhibits from G20 nations as well as artistic and decorating works at the venue and attend a mega cultural show at Jawaharlal Lal Nehru Stadium hosted on this occasion.

Secretary Sports Council tours tribal areas in South Kashmir

J1NEWS SERVICE
SRINAGAR, SEPTEMBER 29

While continuing with its concerted efforts of reaching out to the far-flung and tribal areas of the union territory, the Secretary Sports Council Nuzhat Gull toured tribal areas of Dongawari, Manzmo, Gulab-Bagh, Hilar-Shahbaad, Ujru, Wangud, and Khaterchek areas in South Kashmir today.

The visit came as a follow-up to an invitation extended by the tribal delegation from the Gulab-Bagh area located at some distance from Dooru near the old tunnel in Anantnag.

Motivated to curb the drug menace with the means of sports that the area has been battling for a long, the visiting delegation had requested for the continuous engagement of youth under the ambit of My Youth My Pride upon which the Secretary Sports Council had responded in affirmative.

Reaching early in the morning today, the Secretary, Sports Council Nuzhat Gull interacted with several local civil society groups from



affected by extreme weather conditions. Whether it is playing under scorching heat or cold, they remain undeterred and give their best performance and it is this unwavering spirit that reflects their love for the sports and their commitment to excel, Nuzhat Gull added.

While concluding, Nuzhat Gull said that tribal sportspersons are exceptional individuals who deserve recognition for their amazing talent, dedication, high endurance, and ability to perform under any circumstances.

The Secretary Sports Council also ensured that sports programs under different verticals will be organized in these areas especially under the flagship program of My Youth My Pride to extend the reach of the sports to far-flung areas besides keeping a check on the growing menace of drug addiction among the youth of these areas.

The Secretary Sports Council also distributed Cricket kits and Cricket mat on the spot and assured more assistance to the sports persons in future as well.

'Swachta hi Seva' & 'Meri Maati Mera Desh': Event held at Agriculture Directorate Lalmandi



J1NEWS SERVICE
SRINAGAR, SEPTEMBER 29

Under the aegis of "Swachta hi Seva" and "Meri Maati Mera Desh", an event was held at the Agriculture Complex Lalmandi Srinagar.

The cleanliness campaign was launched by Director Agriculture Kashmir, Chowdhury Mohammad Iqbal in which all the officers and officials participated and cleaned their premises and adjacent areas with commitment and devotion.

Under the slogan of "Swachata hi Seva" the Director Agriculture

Kashmir addressed the participants and highlighted the importance of collective responsibility towards maintaining a clean environment. He said the main objective of cleanliness and sanitation among the officers/officials of the department is to ensure a hygienic environment around for their overall well being.

Director Agriculture actively took part in the cleanliness drive together with other participants carrying brooms to exemplify their commitment to cleanliness with an objective to disseminate message regarding the event.

ADDC Ganderbal flags-off Shanti Yatra from BHSS



J1NEWS SERVICE
GANDERBAL, SEPTEMBER 29

The Additional District Development Commissioner (ADDC) Ganderbal, Mushtaq Ahmad Simnani today flagged-off the Shanti Yatra-2023 from Government Boys Higher Secondary School (BHSS) Ganderbal which culminated at Girls High School Pandach.

Scores of students from government and private schools, and staff of different departments participated enthusiastically as the Yatra made its way through the district.

The Yatra is an initiative that seeks to foster a spirit of harmony and understanding among the youth and, aims to propagate Mahatma Gandhi's mes-

sage, particularly emphasizing his philosophy of truth and non-violence.

Chief Education Officer Ganderbal, M A Kohli and officials from various educational institutions, and large number of students were also present on the occasion.

In a symbolic gesture, the Shanti torch (Mashal) was received yesterday morning from Chief Education Officer Bandipora at BHSS Safapora and after passing through various Government and private schools the same was kept for night in BHSS Ganderbal. The Shanti Mashal will be halted for tonight at GHS Pandach and tomorrow will be handed over to the Chief Education Officer Srinagar at BHS Umerhair Buchpora.

Air pollution increases risk of heart attacks: DAK on World Heart Day

J1NEWS SERVICE
SRINAGAR, SEP 29

On world heart day, Doctors Association Kashmir (DAK) said air pollution increases the risk of heart attacks.

"Polluted air heightens your chances of having a heart attack," said DAK President Dr Nisar ul Hassan in a statement issued to the news agency.

Dr Hassan said according to a study published in the Journal of the American Medical Association (JAMA) people exposed to fine particulate air pollutants have an increased risk of experiencing a heart attack.

He added the study

found that PM2.5 exposure at a concentration between 12.0 and 13.9 micrograms per cubic meter was associated with a 10% increased risk of experiencing a heart attack and a 16% risk of dying from heart disease.

Additional analyses found that the increased

risk of heart attacks persisted even at concentrations below the current air quality standards of 12 micrograms per cubic meter, he said.

"This suggests that we could see fewer heart attacks if the standards are reduced further," he said.

The DAK President said air quality in Kashmir has been constantly deteriorating for the past few years due to increasing number of vehicles, constructions, brick kilns, cement and other factors which emit pollutants and significantly pollute the air.

Government Polytechnic Jammu celebrates World Tourism Day - 2023



J1NEWS SERVICE
JAMMU, SEPT 29

Travel and Tourism Department of Government Polytechnic Jammu celebrates Tourism Day with theme and thought of "Tourism and Green Investment" which highlight the vital need to deliver investment for projects that work for People (by investing in education and skills), Planet (by investing in sustainable infrastructure and accelerating green transformation) and Prosperity (by investing in innovation, technology

and entrepreneurship). Tourism Day is a day dedicated to acknowledging the pivotal role that tourism plays in fostering economic growth, and global connectivity. It's a day to honor the wanderlust that resides in us all and the profound impact that travel has on our lives. Opening of event by worthy Principal Er. Arun Bangotra, Government Polytechnic Jammu who delivered notes on Importance of this day and contribution of tourism in economy of country and also in employment gen-

eration. The whole function was organised by the students and staff of travel and tourism department, which includes speech by students of travel and tourism department and various other cultural activities. The Speakers on occasion was Sh. Amit Kumar Sharma HOD Travel and Tourism, Sh. Dheeraj Kumar Lecturer Travel and Tourism, Sh. Gagan Pratap Singh Lecturer and staff of Travel and Tourism department

NORTHERN RAILWAY
Tender Notice
The Sr. Divisional Commercial Manager, Northern Railway, Firozpur Division invites applications for allotment of halt contract for sale of tickets for the following stations:-

- Name of work :** Allotment of Halt contract at Ghallu & Jandwala Kharta Halt Stations over Firozpur Division.
- Tenure of contract :** 5 (five) years
- Last date & time of submission and opening of applications :** On 25.10.2023 Up to 15:00 hrs. (Applications will be opened on 25.10.2023 and in case the day on which the applications are to be opened is a holiday, the same will be opened at the same time on next working day).
- Address of the office & date from which application forms will be available:** Office of Sr. Divisional Commercial Manager, Northern Railway, Firozpur. Date 26.09.2023 to 25.10.2023
- Northern Railway's website :** Applications can also be downloaded from Northern Railway's official website www.nr.indianrailways.gov.in

The notice for inviting application forms and other related information is also available on the official website of Northern Railway www.nr.indianrailways.gov.in 2971/2023

SERVING CUSTOMERS WITH A SMILE

IMPORTANT NOTICE
This is notified for the information of Rail Passengers that Railways have decided to provide stoppage to train no. 19027/19028 Bandra Terminus - Jammu Tawi - Bandra Terminus (Weekly) Express at Gotan station on experimental basis w.e.f. dates mentioned below and will continue till further advice, as per details given below:

Train No. 19027	STATIONS		Train No. 19028
Bandra Terminus - Jammu Tawi Exp. From 30.09.2023		Jammu Tawi - Bandra (T) Exp. From 02.10.2023	
Arr.	Dep.	Arr.	Dep.
03:20	03:30	23:00	23:15
04:46	04:48	22:06	22:08
05:08	05:13	21:35	21:40

For detailed information regarding stoppages and timings of above trains, please call RailMadad Helpline No. 139 or visit enquiry website <https://enquiry.indianrail.gov.in> or NTES App.

RailMadad Helpline No. 139
Visit RailMadad website: www.railmadad.indianrailways.gov.in
Download RailMadad App

NORTHERN RAILWAY
Your Convenience - Our Concern
Visit us at: www.indianrailways.gov.in

SERVING CUSTOMERS WITH A SMILE

NORTHERN RAILWAY
E-Tender Notice
Sr. DEN/IFZSR acting for and on behalf of The President of India invites open tenders (E-Tenders) against below titled tenders and available on www.ireps.gov.in with closing date: 17.10.2023 up to 15:00 Hrs. Bidders will be able to submit their original/bidvised up to closing date and time only. Manual offers are not allowed against these tenders, and any such manual offer received shall be ignored. Contractors are allowed to make payments against this tender towards tender document cost and earnest money only through only payment modes available on www.ireps.gov.in portal like net banking, debit card, credit card etc. Manual payments through Demand draft Banker Cheque, Deposit receipts, FDR etc. are not allowed. For more information logon to www.ireps.gov.in

Tender Type	Tendering Section	Bidding System
Open	Works	Single Bid System
Date of Uploading Tenders	Bid Starting Date	Bid Closing Date/Time
25.09.2023	03.10.2023	17.10.2023/15:00 Hrs

S.No.	Tender No.	Details of Tender	Advertised Value (Rs.)	Earnest Money	Validity of Offer	Period of Completion
1.	232-2023-24-PTK-DRM-FZR	Provision of 12.00 m wide FOB at Gurdaspur Railway station on ASR-PTK section under ADEN/PTK in CWABSS.	2,66,83,022.12/-	2,83,400.00/-	60 Days	10 Months
Similar nature of work :- "Any Civil Work other than track work".						
2.	233-2023-24-JAT-DRM-FZR	TRR (P) 25.712 Tkm on BHRL-JAT section i.e. 22.495 Tkm at Km 38.817 to 42.8 DN, 46.8 to 52.934 DN, 24-JAT-KM 32.112 to 33.879 UP, KM 35.755 UP, KM 42.85 to 47.048 UP, KM 52.897 to 59.57 UP, KM 63.798 to 64.799 UP and 3.217 Tkm at Km 20.178 to 20.178 to 21.133 DN, KM 37.522 to 38.817 DN and KM 21.033 to 22.00 UP under ADEN/JAT on BARL-JAT section in jurisdiction of Sr. DEN/IFZSR.	4,46,77,887.84/-	3,73,400.00/-	60 Days	10 Months
Similar nature of work :- "CTR/TRR/TFR/TRR including raising of track, screening, distressing of track, pre & post works for track maintenance machine like Tamping machines/Ballast screening/regulating machines and TTR by T-28".						
3.	234-2023-24-PTK-DRM-FZR	Upgradation and Modification of existing RPF barrack complex for provision of 40 bedded female barrack accommodations for RPF staff at PTK in the section of ADEN-1/PTK.	71,85,150.17/-	1,43,700.00/-	60 Days	08 Months
Similar nature of work :- "Any Civil Work other than track work".						
4.	235-2023-24-PTK-DRM-FZR	Repair and Maintenance of Level Crossings in the section of ADEN/PTK.	39,99,880.35/-	80,000.00/-	60 Days	12 Months
Similar nature of work :- "Not Applicable".						
5.	236-2023-24-PTK-DRM-FZR	Repair and Maintenance of Bridges in the section of ADEN/PTK.	37,77,754.01/-	75,600.00/-	60 Days	12 Months
Similar nature of work :- "Not Applicable".						
6.	238-2023-24-PTK-DRM-FZR	Extension of 06 Numbers Bridge on ASR-PTK section i.e. w/El under ADEN/PTK.	90,76,457.45/-	1,81,500.00/-	60 Days	06 Months
Similar nature of work :- "Construction of any Bridge work".						
7.	239-2023-DRM-FZR	Rehabilitation work of breaches during monsoon (year-2023) by providing Retaining wall for slope 24-PLMX, Km 77/3-6, 97/5-6, 116/1-2, 123/7-8, 158/9-10, & other related locations for restoration of track on PTK-JDNX section.	2,61,78,636.85/-	2,80,900.00/-	60 Days	04 Months
Similar nature of work :- "Any Civil Work other than track work".						
8.	240-2023-DRM-FZR	Rehabilitation work of breaches during monsoon (year-2023) by providing Retaining wall for slope 24-PLMX, Km 95/9-10, 87/2-3, 92/8 to 93/1, 93/6-7, 95/5-6, 96/2-3 & other related locations for restoration of track on PTK-JDNX section.	1,40,63,789.97/-	2,20,300.00/-	60 Days	04 Months
Similar nature of work :- "Any Civil Work other than track work".						
9.	241-2023-DRM-FZR	Rehabilitation work of breaches during monsoon (year-2023) by providing Retaining wall for slope 24-PLMX, Km 92/8-9/3/1, & other related locations for restoration of track on PTK-JDNX section.	2,54,53,492.91/-	2,77,300.00/-	60 Days	04 Months
Similar nature of work :- "Any Civil Work other than track work".						
10.	242-2023-DRM-FZR	Rehabilitation work of breaches during monsoon (year-2023) by providing Retaining wall for slope 24-PLMX, Km 92/8-9/3/1, & other related locations for restoration of track on PTK-JDNX section.	4,14,99,361.95/-	3,57,500.00/-	60 Days	04 Months
Similar nature of work :- "Any Civil Work other than track work".						

Note 1:- Before bidding, bidders to check for any corrigendum issued against tender. Tender Notice No.: 232, 234, 235, 236, 238-2023-24-PTK-DRM-FZR, 233-2023-24-JAT-DRM-FZR & 239, 240, 241 & 242-PLMX-DRM-FZR, Dt. 26.09.2023 3009/2023

SERVING CUSTOMERS WITH A SMILE

EDITORIAL

Work collectively to stop Manipur violence

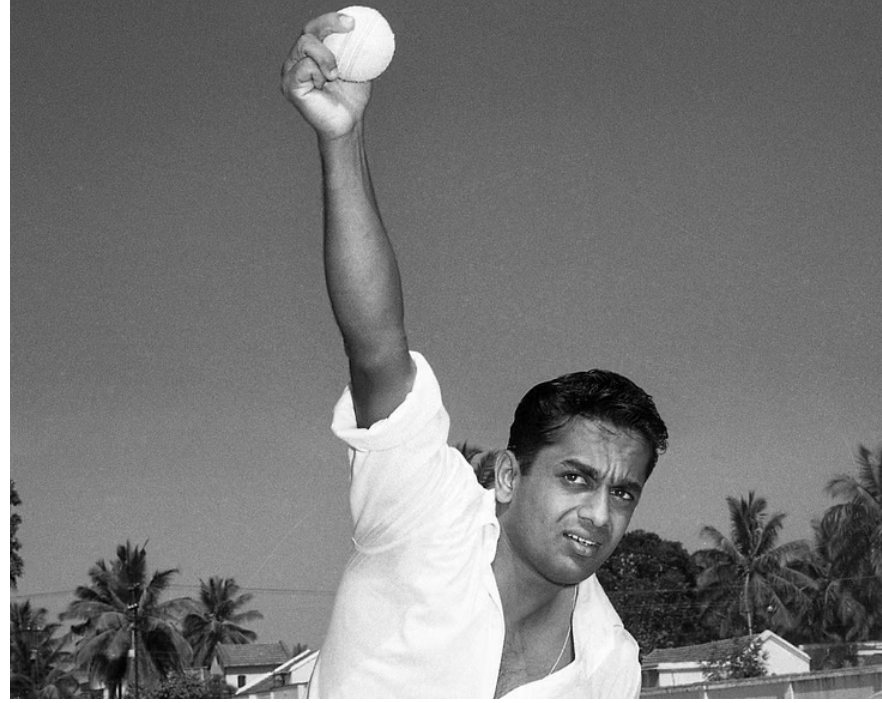
Situation has remained volatile in Manipur where an angry mob tried to storm the personal residence of Manipur Chief Minister N. Biren Singh at Heingang in Imphal East on Thursday evening. The unrest follows the simmering anger over the murder of two Meitei students who went missing in July. The photos of their bodies surfaced on social media earlier this week, leading to agitations and demonstrations by students. It has been almost five months since clashes broke out in Manipur during a 'Tribal Solidarity March' organised by residents of hill districts in protest against the majority Meitei community's demand for Scheduled Tribe status. Unfortunately, this ethnic violence has claimed more than 180 lives so far and what is more disturbing is that both the Central and state governments have failed miserably in bringing the situation under control. Despite uneasy calm in recent weeks, the situation has again become volatile. Manipur took centre stage in July when a video clip of two women being paraded naked created uproar across the nation. It triggered widespread protests with opposition parties accusing the Prime Minister Narendra Modi of maintaining a silence over the issue. The incident shook the nation's conscience, prompting the Prime Minister to break his silence on the crisis in the northeastern state, hours before the start of the Monsoon Session of Parliament. Despite Prime Minister Narendra Modi's assurance that the guilty would not be spared, the situation has not returned to normal. Things were soon back to square one. The cycle of violence in Manipur receded into the background amid the nationwide euphoria over the success of Chandrayaan-3 and the G20 summit but a fresh wave of trouble has erupted in state capital Imphal after photos of the bodies of two youths — who had gone missing in July — went viral on social media. A mob consisting mostly of students vandalised the Deputy Commissioner's office in Imphal West. Repeatedly accused of laxity, the Centre has extended the Armed Forces Special Powers Act (AFSPA) by six months in most parts of the state and transferred senior IPS officer Rakesh Balwal from Jammu and Kashmir to his parent cadre Manipur. It is not clear whether these moves will make any difference on the ground. Opposition parties too seem to have failed in their role over the issue and except politicization, nothing has been done on their part. Congress chief Mallikarjun Kharge only criticised the Prime Minister for not visiting the strife-torn state. The ruling BJP's decision to persist with Chief Minister N Biren Singh has not helped stakeholders to resolve the issue. The need of the hour is that the Centre and the state government should bring the warring groups to the negotiating table which is a prerequisite for the restoration of peace and law and order situation in the state. The ruling as well as the opposition parties should work in close coordination to ensure restoration of peace and normalcy in the state instead of politicizing the issue for their petty interests.

RAMACHANDRA GUHA

I first went to a cricket match at Bengaluru's Chinnaswamy Stadium in March 1974 when I was just short of my sixteenth birthday. I have watched countless matches there since, played between clubs, states and countries. It may not be the prettiest or most well-equipped sporting venue in the country, but it remains the place I most like to go to watch cricket because I am a life-long follower of the Karnataka Ranji Trophy team and this is its (and thus my) home ground. That the Chinnaswamy Stadium is a mere 15 minutes' walk from my home, and a cricket ball's throw from my favourite park as well as from my favourite café, further consolidates the special place it has so long occupied in my heart.

The stadium is named after the man who was instrumental in building it. A lawyer by profession, M Chinnaswamy was an altogether atypical cricket administrator. That is to say, he was untainted by either corruption or cronyism. He was utterly devoted to the game of cricket and to the cause of Karnataka cricket in particular.

From the early 1960s, Karnataka, then known as Mysore, began sending a steady stream of cricketers to the Indian team. However, unlike other strong Ranji teams such as Tamil Nadu, Bombay (now Mumbai), Delhi and Bengal, the state side had no ground it could call its own, playing its home matches at Bengaluru's Central College. Chinnaswamy single-handedly set out to correct this. He got the government to allot a piece of land in the heart of the city (previously empty, but technically under Army control) on a long-term lease to what was then still the Mysore State Cricket Association, of which he was the secretary. The paperwork for the lease completed, the Association hired an architect and a contractor, who, working under the secre-



tary's supervision, built the stadium. Because of him, no bribes were given or taken.

That the home ground of the Gujarat Cricket Association carries the name of Narendra Modi is a scandalous disgrace. On the other hand, that the home ground of the Karnataka State Cricket Association carries the name of M Chinnaswamy is befitting. However, it is surprising, as well as disappointing, that the different stands of the ground have not yet been named after the great cricketers of the state.

The Wankhede Stadium in Mumbai has stands or gates named after Sachin Tendulkar, Sunil Gavaskar, Vijay Merchant, and Vinoo Mankad (among others). The Feroz Shah Kotla ground in Delhi was recently (and regrettably) named after a politician, but at least the stands or gates themselves suitably honour the deeds of Bishan Bedi, Mohinder Amarnath and Virender Sehwag.

Cricket grounds in England and Australia likewise have stands and gates named after cricketers who made their reputations playing there — Shane Warne at the Melbourne Cricket Ground, Clarrie Grimmett at the Adelaide Oval, Denis Compton and Bill Edrich

at Lord's, Jack Hobbs at The Oval. In Bengaluru, however, the major cricket ground does not celebrate the contributions to Karnataka and Indian cricket of such remarkable figures as G R Vishwanath, Erapalli Prasanna, and Bhagwat Chandrasekhar.

This lack of public respect for the players from the past who made Karnataka a powerhouse in Indian cricket has long grated not just with me but with all cricket fans in the state. I once raised this issue with Brijesh Patel who, before he became a cricket administrator, had played in the first Karnataka team to win the Ranji Trophy back in 1974. About a decade ago, when he was still running the KSCA, I urged Patel to name stands after Vishwanath, Prasanna and Chandrasekhar. For it was largely due to Vishy's batting and the bowling of Pras and Chandra that Karnataka defeated Delhi and Bombay en route to winning the Ranji Trophy. Earlier, in 1971, this trio had played critical roles in India's first series wins in the West Indies and England. By honouring them, Karnataka cricket would be honouring itself.

Brijesh Patel was not welcoming of my suggestion. Then everybody will begin asking for their

names to be put on stands, he said. I told him that no one — and especially not later greats like Rahul Dravid, Anil Kumble and Javagal Srinath — would ever grudge Vishy, Pras and Chandra being honoured before them. Dravid, Kumble and Srinath had all grown up idolising this trio and would be very content waiting their turn.

Earlier this year, I raised the issue afresh, again with a cricketer who had been a junior colleague of Vishy, Pras and Chandra in the Karnataka Ranji team before going on, like Patel, to becoming a cricket administrator himself. This is Roger Binny. We found ourselves at an airport, waiting to check in for a flight that would take us both back home to Bengaluru. I thought I must not allow this opportunity to make the case for my fellow fans to go abegging. So I asked Binny whether he would support the naming of stands at the Chinnaswamy Stadium after the great Karnataka cricketers of the past.

To my query, Binny rather grandly replied that he was president of the BCCI, responsible for Indian cricket as a whole, and not for a particular state unit within it. I reminded him that he had previously served a term as president of the KSCA.

Had he done anything at all to pursue the matter then? The enquiry was met by silence. The queue was taking its time, so I berated him further. Surely, I told him, it was past time to name stands in his, and my, home ground after Vishy, Pras, and Chandra as well as one after Shantha Rangaswamy, the first great female Indian cricketer, also a resident of our state? I reminded him of his own personal and professional debt to his seniors. Binny shifted uncomfortably on his feet as I spoke — he would not acknowledge the merits of the case, but at least he did seem somewhat embarrassed.

As Roger Binny stayed silent, I offered a telling parting shot. I told him that Salman Rushdie had, in his most recent novel, named three characters Erapalli, Gundappa, and Bhagwat, respectively. When writing about Karnataka, even an Anglo-American novelist with no known prior interest in cricket sought fit to honour Pras, Vishy, and Chandra for what they had meant to the history and people of the state.

In their respective tenures as cricket administrators, both Brijesh Patel and Roger Binny have had ample opportunity to do the decent thing and have stands named after these cricketers older and greater than themselves. Why haven't they done so? Might it be that they are fearful of offending commercial sponsors, such as those that run the local IPL franchise? Or could it be that drunk with the arrogance of administrative power, they resent other cricketers being publicly appreciated?

Let me speculate no further. Let me only say that the proper and just thing to do would be to, as soon as possible, name stands at the Chinnaswamy Stadium after Vishy, Pras, Chandra and Shantha and, perhaps a few years down the line, name some other stands after another great quartet who selflessly served Karnataka and Indian cricket,

namely, Kirmani, Dravid, Srinath and Kumble.

Next year marks the fiftieth anniversary of the first time Karnataka won the Ranji Trophy. As I have argued elsewhere, that was a truly epochal event in the history of Indian cricket, for, by dethroning Bombay, my side opened the way for other teams such as Delhi, Hyderabad, Tamil Nadu, Baroda, Railways, Punjab Haryana, Bengal, Madhya Pradesh, Saurashtra and even Gujarat to put their names on the trophy in later years. Karnataka themselves have been Ranji champions on eight further occasions. In recent years, while Bombay (now Mumbai) has won the tournament quite often, it has never remotely been as dominant as it was in the years from 1958 to 1974.

The decentering and democratisation of Indian cricket began at the Chinnaswamy Stadium in the spring of 1974. I was there when it happened, watching every ball as Karnataka beat Bombay on their way to their previously long-elusive goal. However, this column is not written for personal reasons. That the Chinnaswamy Stadium does not yet have room and space to honour the great Karnataka cricketers of the past should offend every Indian cricket fan, even those who do not live in this state. Perhaps the KSCA can wake up to this injustice and belatedly make amends, inaugurating stands named after Chandra, Pras, Shantha and Vishy on October 20 when the first of the five World Cup matches to be played in Bengaluru takes place.

(The writer is a historian of modern India and of cricket, and the author of *A Corner of a Foreign Field: The Indian History of a British Sport* and *The Commonwealth of Cricket: A Lifelong Love Affair with the Most Subtle and Sophisticated Game Known to Humankind*)
(This article first appeared in *The Telegraph*)

Standing ovation, please

Video game competitions should be in the Olympics

ADAM MINTER

The hottest sports ticket in Asia-Pacific right now isn't for a soccer match, an NBA exhibition game or even a swim meet. It's for the medal event debut of competitive video gaming, or esports. The milestone moment is taking place at the quadrennial Asian Games — sometimes referred to as an "Asian Olympics." Leading up to this week's games, at least 5 million people applied for the right to buy a pricey ticket to the futuristic purpose-built esports arena in Hangzhou, China, the host city. No other event, from basketball to table tennis, had near the demand, much less a ticket lottery.

But so far, the Olympics, the world's preeminent sporting competition, has no intention of following Asia's lead. That's a mistake. With hundreds of millions of fans and players, esports can bring a desperately needed infusion of youth, cultural relevance and money to the lagging and scandal-plagued Olympics.

Esports, which requires a high level of critical thinking, quick decision making and coordination, is already among the world's most popular competitive activities. Last year, the global audience totaled more than 500

million people. More than half of that amount was watching — not playing — competitive gaming online or on TV at least twice a month. The 2022 League of Legends World Championship, one of the world's biggest tournaments, had 5.1 million viewers during peak times; by comparison, ESPN had a record-breaking 3.4 million viewers for the 2023 women's US Open tennis final a few weeks ago.

It's not just Asia where esports are popular, either. The US, home to developers responsible for some of the world's most popular games, has also produced top players (though they are not eligible to appear at the Asian Games).

It has been a 50-year growth story that started in the 1970s with individual home game consoles that connect to televisions. It went global in the 1990s with the rapid expansion of broadband internet access. Game developers adapted by creating multiplayer online games that eventually enabled millions of people to log in and roam through vast virtual worlds where they can cooperate or battle one another and a range of virtual friends and foes. Over the last three decades, multiplayer games like StarCraft, Dota, and League of Legends became the foundation of



the industry — and career and lifestyle choices.

Early on, Asia-Pacific emerged as uniquely suited to be the center of esports. In the 1990s, personal PC ownership and home broadband were too expensive for large swaths of the region's middle class. So the government and the private sector opened internet cafes hoping to boost the new technology. It turns out they also boosted multiplayer gaming, creating needed public spaces for young men (primarily) to socialize and relax.

In the early 2000s, while living and traveling in China, I would stop into crowded, dingy, smoke-filled cafes to check my email. Invariably, I was the only person doing so. Everyone else was wearing headphones and playing Counter-Strike, StarCraft

or other fantasy-oriented multiplayer games that were driving the growth of the cafe business. There were 40,000 Chinese internet cafes in 2000; by 2010, there were 140,000.

The growth was so spectacular that in 2003, China officially recognized competitive gaming as one of its 99 supported (administratively and financially) sports. The designation ruffled the feathers of some traditionally minded fans and contributed to the continuing argument over whether gaming is a "sport."

It's a fun debate, but it's beside the point for hundreds of millions of people, especially in emerging markets where traditional sporting facilities are inaccessible and often expensive. The same goes for students across urban Asia, who

often have few opportunities for outdoor play. For them, esports are among the only competitive social activities available.

Culture has bent to this reality. Esports athletes — yes, I'm using the term deliberately — are celebrities in Asia-Pacific. Gamer-friendly hotels are popping up in China to accommodate the vacation preferences of fans, and governments, especially China's, are actively supporting the development of esports careers.

So far, however, the world's premier sporting event has barely budged. In 2017, the International Olympic Committee declared that esports "could be considered as a sporting activity" and has supported non-Olympic demonstrations. But it has stood firm in arguing that popular video games,

including titles being played at this week's Asian Games, are violent and thus incompatible with Olympic values such as peace and understanding (it prefers virtual sports games like archery simulator Tic Tac Bow). Meanwhile, Paris 2024 is preparing to host the violent sport of boxing — and rifle and pistol events.

The unwillingness of the IOC to accept esports is a self-defeating mistake.

For one, it places more distance between the games and younger audiences — an emerging market the Olympics have struggled to capture. And too often, sports adopted by the IOC are popular, first, in the West (the 2028 Los Angeles Games are considering American flag football). An Olympic recognition of competitive gaming would be crucial in acknowledging another hemisphere's cultural influence over global sports and recreation.

Are the Olympics prepared to turn away from an influential facet of global youth culture because it doesn't meet its Westernized standards? Or will it have the courage to adapt? The Asia Games prove that esports will flourish with or without the Olympics. The IOC should take the hint and embrace them for the future.

Will weight loss help lower heart disease risk?

AGENCIES
NEW DELHI, SEP 29

While reducing abdominal fat may be key to cut down risks to heart health, anything in excess – extreme diets and exercise may prove to be harmful, said health experts on Friday, on the occasion of World Heart Day.

World Heart Day is annually observed on September 29 to raise awareness of diseases related to the heart, and also to work on solutions to mitigate it. Obesity is one of the major risk factors for heart disease, that also include smoking, eating unhealthy foods, diabetes, blood pressure, and a lack of exercise.

According to the US Centers for Disease Control and Prevention (CDC), even a modest weight loss, such as 5 to 10 per cent of your total body weight, is likely to produce health benefits, such as improvements in blood pressure, blood cholesterol, and blood sugars.

"Typically, your health is at 'increased' risk if you're a man with a waist over 94cm (37in), or a woman with a waist over 80cm (31½in)," as per the British Heart Foundation (BHF).

"Abdominal fat, supposed to be the worst fat, is likely to raise the risk of



heart failure, high blood pressure, coronary artery diseases, heart attacks," G. R. Kane, Consultant Cardiologist, P. D. Hinduja Hospital & Medical Research Centre, Mahim, told IANS.

Kane explained that the abdominal fat is deep among the intestine, stomach, liver and spleen.

"It is set to be metabolically active once it secretes proteins or hormones, which stimulates the blood pressure to go up which also causes retention of sodium so it makes the person more prone for heart disease, it also causes the arteries to constrict because it produces those types of proteins," he said.

A recent study published in the Journal of American Heart Association showed that visceral adipose tissue (fat that wraps around your abdominal organs) is associated with heart failure.

"Visceral fat produces

properly it can harm our body, Gupta said.

"Drastic reduction in caloric intake/ rapid weight reduction can result in hypotension (low blood pressure), accumulation of uric acid that can increase the chance of gout, gallstones," she said.

Studies show that a very low calorie diet is also associated with ketosis.

Ketosis is a situation when the body starts burning fats for energy, instead of glucose. Kane said that weight loss is based on the energy that you take.

"One has to be on a supervised diet according to the energy requirements that are spread throughout the day. However, people do all types of fad diets and eat all types of things which are not good for the body. And then that produces a deficiency of several trace metals and nutrients which the body requires," he said.

He also advised avoiding sudden binge eating after fasting for a long time, because they can cause problems.

"Anything in excess, like if you over exercise, there are people who do exercise for a prolonged period of time, or they lift weights or run marathons beyond the capacity which the body can handle," can be harmful, Kane added.

Plastic contaminant may raise risk of autism, ADHD: Study

AGENCIES
NEW YORK, SEP 29

Autism spectrum disorder (ASD) and attention deficit hyperactivity disorder (ADHD), that have recently seen a significant rise, may be linked to the common plastic additive, bisphenol A (BPA), according to a study.

BPA, used in everyday objects such as in medical devices, compact discs, dental sealants, water bottles, the lining of canned foods and drinks, among others, has previously been linked to several health issues, including cancer.

The study, published in the public access journal PLOS ONE, showed that children with ASD and ADHD often have a reduced ability to clear BPA from their bodies, thereby increasing their exposure to BPA.

Previous studies have found associations between children with autism and exposure to BPA.

In the new study, researchers from the



Rowan University in New Jersey, US, found that the reason for the link is decreased efficiency in a key step involved in BPA detoxification.

After BPA is ingested or inhaled, it is filtered from the blood in the liver through a process called glucuronidation. Glucuronidation is the process of adding a sugar molecule to a toxin. Doing so makes the toxin water soluble, allowing it to quickly pass out of the body through urine.

Humans show genetic variability in their ability to detoxify BPA. Genetically susceptible individuals have more difficulty

detoxifying their blood through this process, meaning their tissues are exposed to BPA at higher concentrations for longer time periods.

The team measured the efficiency of glucuronidation in three groups of children in the US: 66 with autism, 46 with ADHD and 37 healthy children.

The findings showed that for a significant proportion of children with autism, the ability to add the glucose molecule to BPA is about 10 per cent less than that of control children. For a significant proportion of children with ADHD, it's about 17 per cent less.

The compromised ability to clear such environmental pollutants from the body is "the first hard biochemical evidence of what the linkage is between BPA and the development of autism or ADHD," said lead author T. Peter Stein, Professor of surgery at Rowan-Virtua School of Osteopathic Medicine.

"We were surprised to find that ADHD shows the same defect in BPA detoxification," he added.

The inability to effectively clear these chemicals from the blood is not present in every child with the neurodevelopmental disorders, but compromised clearance of BPA is a "major pathway, otherwise it would not have been so readily detectable in a study of moderate size," Stein said.

However, more research is needed to determine whether autism and ADHD are developed in utero through increased exposure to the mother or to the child sometime following birth, Stein said, noting that there can be other factors too.

Vegan diet may lower risk of eating disorders: Study

AGENCIES
SAO PAULO, SEP 28

People who follow vegan diets have low risk of eating disorders, finds a study. The team at University of Sao Paulo (USP) in Brazil used an online questionnaire to collect socio-demographic data (such as education, income and location, among others) and information on eating habits for 971 participants aged 18 or older from all parts of Brazil.

Analyzing the data, they were able to arrive at the percentage of vegan diet followers reporting dysfunctional dietary behaviour and therefore, risk for the development of eating disorders.

The study, published in the journal JAMA Network Open, found that only 0.6 per cent of almost 1,000 participants, or less than a tenth of the estimated proportion shows dys-



functional dietary behaviour.

"However, the results of the study absolve veganism of blame by showing that the presence of dysfunctional dietary behaviour is mainly associated with the reasons for dieting, rather than the type of diet," said Hamilton Roschel, a professor at the Medical School (FM-USP) and head of the Applied Physiology and Nutrition Research Group.

"The fact that 62 per cent of the participants said their motivation for

following a vegan diet was 'ethics and animal rights', whereas only 10 per cent cited 'health reasons', helps explain the low prevalence of dysfunctional dietary behaviour in the study sample.

"Understanding motivations for choosing a diet and the reasons for patients' dietary choices helps us design more focused and effective nutritional care programs," said Roschel.

The team also explained that they wanted to understand the motiva-

tions behind adhering to a vegan diet, and to identify any disordered eating attitudes among individuals who do so.

"Of course, nutritional adequacy and possible deficiencies in restrictive diets should also be analysed, but as far as mental health is concerned it's clear that what matters most is understanding why individuals make their particular choices, monitoring their status, and if necessary referring them to a suitable specialist," said Roschel.

AGENCIES
NEW YORK, SEP 29

Skin behind the ears and between the toes can host a collection of unhealthy microorganisms that can lead to many skin diseases, finds a study.

The microbiome, or the collection of microbes living on and in the human body, play a role in human health, and the skin is no different.

The study by a team at the George Washington University (GW) in the US has shown that the composition of the skin microbiome varies across dry, moist and oily regions of the skin.

"My grandmother always instructed the kids in the family to scrub behind the ears, between the toes and in the belly button. So our team decided to test what we call 'the Grandmother Hypothesis'," said Keith Crandall, Director of the Computational Biology Institute and Professor of biostatistics and bioinformatics at GW.

"These hotspots are normally washed less often compared to the skin on the arms or legs



and thus may harbour different types of bacteria," Crandall added.

The findings of the study was published in the journal Frontiers in Microbiology. For the study, the team designed an innovative genomics course and then unleashed a team of 129 students who were taught to collect their own data by swabbing certain moist and oily hotspots, behind the ears, between the toes and in the navel as well as from control dry areas like the calves and forearms. Then they extracted and sequence the DNA in the skin samples in order to compare the microbes living in the hotspots to those in the control regions. The researchers found that

forearms and calves which are often cleaned more thoroughly at bath time had a greater diversity and thus potentially a healthier collection of microbes compared to the samples taken in the hotspots.

"When certain trouble-making microbes take over the microbiome they can shift the balance away from health and if the microbiome tips in favour of detrimental microbes, skin diseases like eczema or acne can be the result," Crandall added.

"The students proved the grandmother hypothesis and their results suggested that cleaning habits can change the microbes living on your skin and consequently its health status," he added.

Explained: How Covid-19 heightens risk of heart attack, stroke

AGENCIES
NEW YORK, SEP 29

Scientists have found that SARS-CoV-2, the virus behind Covid-19, triggers a dangerous immune response in hardened fatty deposits (plaques) lining the heart's largest blood vessels, leading to the risk of heart attack, stroke.

Experts have long observed that the Covid-19 coronavirus increases the likelihood of having a heart attack or stroke for up to a year after infection, particularly for those who already have underlying heart conditions.

However, the specific mechanisms that account for these risks had until now remained unclear.

Researchers at New York University's (NYU) Grossman School of Medicine

in the US explored how the coronavirus behaves in those with atherosclerosis – a disease in which plaque collects in major arteries and prompts chronic inflammation.

For the study, published online in the journal Nature Cardiovascular Research, the team detected the virus within the arteries of eight men and women with a history of atherosclerosis who had died of Covid-19.

Besides colonising arterial heart tissue itself, the coronavirus was also spotted inside local immune cells called macrophages, which normally protect the heart by "swallowing" and disposing of excess fat molecules in arteries.

The experiments further showed that in response to the infection,



the macrophages release inflammatory signalling proteins called cytokines that promote a chronic immune response. Notably, the researchers said, two of the identified cytokines, interleukin-1 beta and interleukin-6, have already been linked to

heart attacks.

"Our findings provide for the first time a direct mechanistic link between Covid-19 infection and the heart complications it provokes," said lead author Natalia Eberhardt, Postdoctoral fellow in the Department of Medicine at

NYU Langone Health.

"The virus creates a highly inflammatory environment that could make it easier for plaque to grow, rupture, and block blood flow to the heart, brain, and other key organs."

For the analysis, the research team collected 27

artery tissue samples from autopsies of patients who had died of severe Covid-19 between May 2020 and May 2021. All had been previously diagnosed with heart disease.

They team trained an artificial intelligence (AI) computer programme to measure coronavirus levels in plaque cells. It was able to count thousands of viral features on a cell-by-cell basis.

The team also examined samples of plaque-covered tissue collected from patients who had received surgery to remove the fatty buildup from their arteries. Using a new technique that allowed them to study coronavirus infection of live tissue in the lab, the researchers showed that exposing plaque to the virus boosts inflammation

levels in blood vessels.

Together the experimental findings revealed that macrophages rich in engulfed fat were invaded more frequently and for longer periods than those containing less fat.

According to the researchers, this suggests that the coronavirus flourishes more easily in people who already have large amounts of plaque buildup in their arteries, explaining in part why those with atherosclerosis are more vulnerable to Covid-19.

The research team next plans to more closely explore this potential link between the coronavirus's behaviour during atherosclerosis and long Covid, which includes heart palpitations, chest pain, and fatigue, among other issues.

Scientists have developed a new molecular test that can rapidly detect bacteria and viruses, including SARS-CoV-2, the virus behind Covid-19.

The test called 'Electro-chemical LAMP' (eLAMP) is affordable, rapid, sensitive and can be performed at home, in a GP surgery or in a hospital lab.

eLAMP has the sensitivity of lab-based polymerase chain reaction (PCR) tests but, when connected to a smartphone, could be performed at home.

It converts the output of a PCR like test, called LAMP, into a simple electric current for which scientists are already exploring its potential to be further miniaturised into a simple memory stick sized device that could be operated by anyone with an app.

This would allow the test to be performed at home and the result to be instantly sent to health services to monitor the spread of infection, while also providing the patient with immediate advice.

"A key lesson we took from the covid pandemic is how crucial rapid, effective and cheap diagnostic tools that can be used at home are to monitoring and containing infectious diseases," said Professor Johnjo McFadden, Professor of Molecular Genetics at the University of Surrey in the UK.

"Our test meets these criteria and can detect lower amounts of the SARS-CoV-2 virus compared to other home-based tests. We are looking for commercial partners to further develop the test and take it to market," he added.

Researchers tested human blood, saliva, and swabs from the nose and throat and found that their test had a 93.33 per cent detection accuracy rate according to the study published in the journal iScience.

PHDCCI should focus on maximizing youth, women's benefits from Modi govt policies: Amit Shah



J I NEWS SERVICE
JAMMU, SEPTEMBER 29

Union Home and Cooperation Minister Amit Shah, in his address at the 118th annual session of the PHD Chamber of Commerce and Industry held at the Science Building in New Delhi on Friday, recounted the country's 75 years of democratic journey and the achievements of the past 9 years. During this address, Shah stated that the PHD Chamber of Commerce and Industry should work to maximize the benefits of the policies of the Modi government for the youth and women.

Amit Shah praised the

foresight of PM Modi and the policy decisions made during the past 9 years, which have transformed the country in every sector. He emphasized the theme of 'Rising India: This is the time, the right time,' and mentioned events like the G20, Chandrayaan-3 mission, Aditya L-1 mission, and the passage of the Women's Reservation Bill, which have filled the country with new energy. He asserted that democracy in India is now firmly rooted.

Shah's belief in this journey of determination to success is that when the country celebrates its centenary of independence,

India will lead in every sector because it has the largest youth population, the most populous country, the most doctors, engineers, and technocrats. He pointed out that India has progressed from being the 11th largest economy in the world in 2014 to becoming the fifth largest in 2023 and is on track to become the third largest by 2027.

In 2013-14, India had 4 unicorn startups and 350 startups, but today it is one of the leading countries with 115 unicorns and over 1,00,000 startups. The 'Make in India' program, which was once ridiculed, is now setting production records in the country.

The PLI scheme has realized the dream of 'Make in India' in 14 sectors. Today, India is recognized as a vibrant spot in the world.

In the past 9 years, under the political stability and policy decisions, the country has witnessed several unprecedented changes and progress. The leadership of Prime Minister Narendra Modi and the efficient management of Central Home and Cooperation Minister Amit Shah in the last 9 years have given a new momentum to the country's progress. This is the right time for Indian industries to move forward in both size and scale.

BJP to form Govt in Rajasthan; Gehlot set to lose even his own seat: Rana

J I NEWS SERVICE
JODHPUR SEPT 29

Asserting that the BJP is all set to form its government in Rajasthan with a thumping majority, Senior party leader Mr Devender Singh Rana today predicted imminent defeat of Chief Minister Ashok Gehlot in Sardarpura seat in Jodhpur during the upcoming assembly elections.

"BJP is all set to sweep the Rajasthan polls and register a thumping victory", Mr Rana said while addressing Sangathan Baithak at Sursagar Assembly Constituency in Jodhpur, adding that the anger against Ashok Gehlot is growing for his misgovernance, non-performance, divisive and appeasement policies.

Devender Rana, a senior BJP leader from Jammu and Kashmir, who is the Prabhari for Jodhpur, said that the people of Rajasthan are hugely disillusioned with the Congress in general and the Chief Minister in particular, and have made up their mind to show the anti-people government the door.

He described the Congress as a villain of democracy and said that for lust of power it can jump the red line and even sacrifice the national interest. In this context he referred to rigged Jammu and



Kashmir elections in 1987 post Rajiv Gandhi-Farooq Abdullah infamous accord that brought the sensitive border state to a situation of morass, leading to cult of violence unleashed by the neighbouring rogue country. Had Rajiv Gandhi not ignored the warning signals from the then Governor Mr Jagmohan the Valley would have not plunged into the dark era of radical terrorism, witnessing the hounding out of minuscule Kashmir Pandit minority from their homes and hearths. He said but for the course correction by the BJP under the visionary leadership of Prime Minister Mr Narendra Modi, the Congress with its lackeys in the political spectrum had brought Kashmir to disaster.

Taking the Congress head on for its historical blunders, Mr Devender Rana asked what had motivated the first Prime Minister Pandit Jawaharlal Nehru to take the so-called Kashmir issue

to United Nations; who promoted secession and terror in both Punjab and J&K and who weakened democracy by dismissing duly elected governments as per whims and ego of very tall Congress leaders. In this context he referred to the installation of a puppet government in J&K in 1984 by dislodging duly elected government on the directions of Mrs. Indira Gandhi.

"Talking about the political issues would certainly expose the Congress, which is solely responsible for all the ills afflicting the body psyche of the nation because of greed, lust and lack of vision of the dynasts", Mr Rana said, adding that the follies and wrongs committed by the grand old party during the past seven decades will manifest in the annihilation of the Congress. Such a scenario will fulfill the dream of Mahatma Gandhi who had suggested disbanding the Congress immediately after the independence,

he added.

Devender Rana referred to the ongoing BJP wave sweeping across Rajasthan and said that the people are eagerly awaiting the D-day to punish the Congress for its opportunistic and divisive politics. By spearheading the anti-Sanatan INDI Alliance, the Congress has drafted the script of its own annihilation, as the 'Hate Modi Campaign' has strengthened the resolve of nationalists to stand behind the Prime Minister like a rock to make India the Vishwa Guru. While the stature of the Prime Minister is growing leaps and bounds across the globe, the Modi haters back home are getting reduced as political dwarfs, he added.

He complimented the Karykarts for reaching out to the last person in the society and ensuring massive support for the BJP, which will see the party triumphing with all its glory in the ensuing Legislative Assembly elections.

Eid Milad-un-Nabi celebrated with religious fervor, gaiety in Baderwah



J I NEWS SERVICE
BHADERWAH, SEPT 29

The Eid Milad-un-Nabi was celebrated with religious fervor and gaiety in Baderwah here today. Holding of religious get togethers and taking out of processions by Members of Muslim community marked the celebrations. The religious processions were taken out from Jamia Masjid Baderwah which after passing through old welcome gates and banners on road sides at various places to greet the processionists on the occasion . Meanwhile strict security arrangements were made by the local administration for Eid festival in whole Baderwah town .

Islamic banners in their hands were raising religious slogans enroute. A religious conference was organized by Anjuman Islamia Baderwah at Jamia Masjid in which religious scholars threw light on the significance of the day and life and teachings of Prophet Mohammed (PBUH) who lived a simple life and worked for peace and prosperity of mankind. People had erected welcome gates and banners on road sides at various places to greet the processionists on the occasion . Meanwhile strict security arrangements were made by the local administration for Eid festival in whole Baderwah town .

5 grams of heroin recovered by PS Akhnoor Jammu. 3 peddlers arrested

J I NEWS SERVICE
JAMMU, SEPT 29

Continuing its drive against drug trafficking and substance abuse, Jammu Police achieved major success by recovering 05 grams of heroin from three accused persons in the jurisdiction of PS Akhnoor. A police team of PS Akhnoor led by SDPO Akhnoor Mohan Sharma assisted by SHO PS Akhnoor Inspr Zaheer Mushtaq while on naka duty at Chandian near Old bridge Akhnoor rounded up three suspects coming from Old Bridge Akhnoor in a vehicle bearing Registration No. JK02DF- 6636. On search, 05 grams of heroin was recovered from them. In this regard a case FIR No.266/2023 U/S 8/21/22/29/60 NDPS Act got registered in PS Akhnoor and accused were arrested. The accused arrested were identified as :- (1.) Ghar Singh @ Gharu S/o Rattan Singh R/o Rajan Thathi (Driver Car) (2.) Abhinash Kumar @Kana S/O Vikram Singh R/O Ward No. 8 Rama Colony Akhnoor (3.) Ankush Sharma S/O Kulbushan Sharma R/O Pacca Danga Akhnoor

Radio Mirchi 98.3, WheeloCity Skoda celebrate World Heart Day

J I NEWS SERVICE
JAMMU, SEPT 29

In the last few years, Life has thrown major challenges on mankind and people have suffered higher stress levels, thereby impacting their heart health. This world heart day, Radio Mirchi 98.3 came up with the idea of Wheelocity Skoda presents 'Mirchi Dil Dhadakne Do', keeping the promise of spreading happiness and entertaining the people of Jammu . Mirchi's RJ, RJ Chaitanya, RJ Tani and RJ Rohit interacted with the listeners through radio and asked them to share their heart out, things that are leading to stress and making their heart feel heavy. After getting an overwhelming response on Radio they Culminated this Activity with a stress relieving event 'Mirchi DIL DHADAKNE DO' on the world heart day on 29th Sep 2023 at Wheelocity Skoda showroom Channi highway in pres-

ence of eminent gathering of cardiologists, psychologists and counsellors, and mirchi listeners.

World Heart Day is an annual event observed on September 29th to raise awareness about heart-health and promote heart-healthy lifestyles worldwide. The event commenced with the importance of healthy mind which leads to healthy heart by RJ Rohit, RJ Chaitanya and RJ Tani. Their enthusiasm and efforts made it a truly memorable and enjoyable experience for everyone involved. Several entertaining activities and sessions were held like retro singing session, fun games and a poetic tribute. The energy and spirit of the audience made the event truly special. Life stories from the doctors were deeply touching. Their willingness to be vulnerable and authentic made this gathering truly special.

Mr Jagdeep Singh (JKAS), Dept of Industries



and Commerce, UT of J&K, who once was a very popular Stand Up comedian graced the occasion and shared his experience of making a perfect balance between personal and professional life and how important it is to prioritise your own health.

The MDs of Wheelocity Skoda, Mr. Mudasir Nabi Sheikh, Mr. Ranjiv Khaju-

ria and Mr. Munish Khajuria expressed their gratitude to the august gather and said, "One's heart is the hub of their life's journey; it is more than just an organ. On World Heart Day, choose actions that will keep your mind happy and heart healthy".

Chaitanya Gupta, Station head of 98.3 Mirchi's Jammu Station also extend-

ed heartfelt thanks to these modern-day heroes by felicitating them, for they not only mend bodies but also mend spirits, reassuring us that, in our moments of greatest need, we are never alone. He also extended gratitude towards all the people present especially the Lecturers, Professors and HODs of Psychology department,

the scholars from different institutions, and the teachers from Jammu Sanskriti School. Mirchi since its inception has always ensured to come up with new ideas and events to keep the city KHUSH and entertained with its tagline 'It's HOT'. Shwetima Jamwal, Programming head at Radio Mirchi 98.3, said, "The 'Mirchi Dil Dhadakne Do' is an initiative by Radio Mirchi 98.3 and Wheelocity Skoda Jammu to make people realise How we have stopped listening to our heart amidst the stressful lifestyle and under the heavy weight of responsibilities and to showcase how the power of compassion and little meaningful gestures can create a healthy and stress free environment for the people who have been dedicatedly working day and night for the health of society. More like 'Jorakhtehaimaredil ka khayal, hum banayengeunki sham kamaal'.

E-Waste Collection Booth: A Joint Initiative by CBC and DIPR, Doda

J I NEWS SERVICE
DODA, SEPT 29

In a remarkable collaboration aimed at fostering environmental sustainability, the Central Bureau of Communication, Ministry of Information & Broadcasting, Government of India Field Office in Doda, today joined hands with the Department of Information & PR Doda, establish an E-Waste Collection Booth. This initiative received an enthusiastic response from the community, underscoring the collective commitment to responsible e-waste disposal.

The E-Waste Collection Booth, remains for two days on 29th & 30th of September 2023 and served as a beacon of eco-consciousness in Doda as a part of ongoing campaign on "Swachta Hi Seva", offering residents a convenient avenue to dispose of their electronic waste responsibly. With the rapid advancement of technol-



ogy, the proper disposal of electronic devices has become a pressing concern to mitigate environmental hazards.

The citizens of Doda demonstrated their environmental responsibility by actively participating in this initiative. By depositing their old electronic gadgets at the collection booth, they not only contributed to reducing electronic waste but also set

a noteworthy example for the community at large.

To recognize and appreciate the individuals who took a step towards a greener future, certificates of Eco-Responsibility were awarded to those who deposited their e-waste at the booth. This gesture aimed to encourage more people to participate and embrace sustainable practices in disposing of electronic waste.

Vikram Uppal incharge Central Bureau of Communication, Doda Circle, expressed his gratitude to the people of Doda for their active involvement in the E-Waste Collection Booth initiative. He said, "We are thrilled to see such a positive response from the community. It's heartening to witness the commitment of our citizens to preserving the environment.

We hope this initiative inspires others to adopt responsible e-waste disposal practices."

The Central Bureau of Communication and the Department of Information & PR Doda remain committed to advancing initiatives that promote environmental sustainability and community welfare. This joint effort underscores the power of collaboration in creating positive change and driving awareness about the importance of responsible e-waste management.

Sustainable success of a bank depends upon goodwill of its customers: K J Raina

J I NEWS SERVICE
JAMMU, SEPT 29

Sustainable success of a bank depends upon the goodwill of its customers. State Bank of India enjoying a huge reservoir of that client-goodwill among its valuable customers across operational geographies in the country, KJ Raina, SBI RM RBO 2 Jammu made these remarks after taking charge in Jammu recently. Speaking on the occasion, Raina said, besides embracing technology to serve the changing needs of our costumers we are paying adequate attention to fundamental aspects of our service delivery mechanisms that primarily include respecting the dignity of customers we serve while we make banking simple, swift, accessible and flexible. Besides, the Bank has a robust cus-

tomers redressal mechanism in place to swiftly address all the concerns and promptly resolve all the grievances of our valuable customers."Raina further said that as custodians of public trust, the fundamental role of banks is to maximize value of its stakeholders through efficient delivery of its products and services. And that efficient delivery can only be ensured through a regular exchange of views and feedback between the bank and its customers", Raina added. The Bank's leadership underscored the importance of feedback for achieving excellence in service delivery systems and emphasized upon the symbiotic nature of relationship between the Bank and its customers besides seeking cooperation of the participants for further strengthening of the bond.

BJP set to score big win in upcoming LAHDC Kargil: Ashok Koul



JNEWS SERVICE
KARGIL, SEPT 29

Ashok Koul, General Secretary (Org.), Bharatiya Janata Party (BJP), Jammu & Kashmir and Ladakh, during his tour of Kargil District along with former State President & former Minister Sat Sharma (Incharge), former MLC Ch. Vikram Randhawa (Co-Incharge) addressed a series of review meetings for the upcoming LAHDC (Kargil) elections.

Phunchuk Stanzin Ladakh UT President and Hazi. Mohd. Abdul Kargil District President along with Mohd. Ali Mazaz, Tsewang Nurboo, Mohd. Husain Tanmir, Javed Ahmed, Tsering Nurboo, Ahmed Hussain, Zaheer Babbar, Mohd. Askari, Qasim Ali and others participated in the meetings.

During his meetings, Ashok Koul, along with the Election Management Team reviewed the ongoing preparations for the upcoming LAHDC (Kargil) elections to be held on 4th of October. He said that with the unprecedented development of the whole region under the strong leadership of Prime Minister Narendra Modi, BJP is set to score a big win in the upcoming Ladakh Autonomous Hill Development Council (LAHDC).

Ashok Koul asked the party leaders to garner support of every individual in the form of vote for BJP for promoting development. He stressed that all the activists should reach the polling booth in time, while he focussed on the preparation of party workers in the ongoing campaign of LAHDC elections in Kargil District.

Sat Sharma asked the party leaders to ensure their meetings and seek blessings of various prominent social organizations, Lamas and other prominent persons in the area, while familiarizing them with the initiatives taken by the BJP government for the welfare of the region.

Vikram Randhawa asked the party workers to focus their complete energy to gain the votes for the party in the few days for elections.

Phunchuk Stanzin focussed on various landmark decisions taken by Prime Minister Narendra Modi led Government at the Centre for facilitating development of Ladakh and Kargil in particular.

Hazi Mohd. Abdul said that the people of Kargil are in support of BJP and that they will vote enmass for BJP in the coming elections ensuring all the seats in BJP's kitty.

Revitalised Congress will bounce back with full strength, will form Govt in J&K: Kundal



JNEWS SERVICE
SAMBA, SEPT 29

Expressing confidence that the Congress will bounce back in a revitalized form on the J&K's political scene, Former Minister and Senior Leader Yash Paul Kundal on Friday said that the party will continue to push for peace with dignity and will form next government in the Union Territory of Jammu and Kashmir. Interacting with prominent persons of Rajpura Block as a part of his mass public outreach programmes, Kundal said that leadership has started working on a revival plan and the cadre is being revitalised to carry on the party's political campaign with renewed vigour. He said that Congress is a movement that will surge back. The utterances of leaders of regional parties are inconsequential. It's time for involving youth in the party, their involvement will regenerate the hollowed pillars of the Congress Institution. "Congress will continue to fight anti-people poli-

cies of the Centre and LG's Administration in J&K UT, besides defeating the challenges faced on various fronts especially, misleading politics of BJP", said Kundal. Speaking on the occasion, Kundal stated that the party has always held the need of dialogue and political approach as the only way out of the unending crises J&K is facing for many decades. It will continue to pursue it till durable peace is restored in J&K and people start living a normal and peaceful life," Kundal said. "The J&K needs humane handling and promotion of genuine democratic process which cannot be achieved by inspired fragmentation of votes in a particular region of J&K," he said. Kundal said people of Jammu and Kashmir are eagerly waiting for assembly elections and they will teach a lesson to BJP in J&K and will definitely show this party its place in the next elections. Mahesh sharma, block president rajpura, sarpanch rajpura Suresh sharma, prominent people also present.

14 visionaries honoured at 14th NCPEDP-Mphasis Universal Design Awards 2023

JNEWS SERVICE
JAMMU, SEPT 29

Fourteen exceptional innovators have been honoured with the prestigious 14th NCPEDP-Mphasis Universal Design Awards. The Awards are given to innovators who work to break barriers for the disabled and create an inclusive society for the past 13 years. These awards acknowledge efforts of individuals and organisations dedicated to fostering accessibility and inclusivity in India through their innovative designs and inclusive projects.

Complementing the endeavour of NCPEDP and Mphasis towards building an inclusive and sustainable future for persons with disability through the institution of Universal Design Awards, the Union Minister for Civil Aviation & Steel, Shri Jyotiraditya M. Scindia, during his video address, said, "As India advances towards becoming the world's third-largest economy by 2030, involving its entire 1.4 billion population is crucial for national development. In this journey from today's status as



the fifth-largest economy, the participation of differently-abled individuals is equally vital in achieving our ultimate goal of success."

Arman Ali, the Executive Director of the National Centre for Promotion of Employment for Disabled People (NCPEDP), articulated the mission behind these prestigious awards, stating, "In a world where one billion people need assistive products, but only one in ten have access, the Universal Design Awards 2023 remind us of our duty to bridge this gap. Access to assistive products is integral for inclusive development. Without them, people are often excluded, isolated, and locked into poverty. With this we advance India onto the global stage as a beacon of knowledge and expertise in accessibility.

While giving away the

Awards, Rajesh Aggarwal, Secretary, Department of Empowerment of Persons with Disabilities (DEPwD), Government of India complimented the awardees for doing incredible work in promoting the accessibility and supporting the role of assistive technology for creating a conducive ecosystem for persons with disability.

Srikanth Karra, CHRO of Mphasis, commended the awardees, emphasizing, "The Universal Design Awards has achieved remarkable success in fulfilling its core mission, which is to celebrate innovators dedicated to advancing inclusive designs and deepening the understanding of accessibility and inclusive design principles. At Mphasis, we hold a steadfast belief that accessibility should serve as a foundational pillar in every project and endeavour. In

partnership with NCPEDP, we are unwavering in our commitment to champion the cause of accessibility and lead the charge in fostering positive transformation to create a more inclusive and accessible world for all. I extend my heartfelt congratulations to all the recipients of the 14th Universal Design Awards throughout India, whose dedication to promoting inclusivity and accessibility within our society is truly extraordinary."

The awards are conferred in three categories: persons with disabilities, working professionals, and companies/organizations that have made an impact in accessibility and Universal Design in areas such as built environment, transport infrastructure, service provision, ICT, consumer products, mobility aids, assistive technology, and more. "The 14 awardees for this year's ceremony belong to eleven states across India, from Nagaland and Lakshadweep to Puducherry, underscoring the growing awareness and progress in the field of Universal Design and accessibility", added Ali.

Rekha Mahajan conducts "Basti Sampark Abhiyan" to develop greater connect with backward communities

Jammu, 29 September: Bharatiya Janata Party (BJP) District President Jammu South Rekha Mahajan, under "Basti Sampark Abhiyan" campaigned in Jawahar Nagar Pasmanda basti of Bahu Constituency, aiming to develop a greater connection with the people of backward communities. Many leaders and party workers from Jammu South were a part of this program. Rekha Mahajan along with District Vice President Narinder Gupta, Gandhi Nagar Mandal President Bharat Bhushan, Shaktikendra Parmukh Ankit Kochhar, Booth Presidents Vivek Khajuria, Naresh Kumar and team BJP have started the Basti Sampark Abhiyan.

While addressing the public in Basti Sampark Abhiyaan, Rekha Mahajan, talked about the core idea behind the party's vision and their course of action regarding the welfare schemes of the government for backward communities. She stated since 1951, Jansang to BJP's



journey has only been dedicated to the country and society. The ideals that were laid down by Pandit Deendayal Upadhyay were taken forward by PM Modi in the name of 'Sabka Sath Sabka Vikas', Rekha said she added that in Kisan Samman Nidhi, almost 30 percent, in Jal Jeevan 32 percent, and in PM Awas 34 percent of beneficiaries belong to the scheduled castes, Dalits, Adivasis only. Now, our party workers have to act as bridges and ensure that all the welfare schemes of the government reach the most backward and downtrodden as well," Rekha further added. She

also said that PM Modi is guiding the country in breaking the shackles of its colonial past. Rekha emphasized that PM Modi is breaking the shackles of colonial times. 'Raj Path' is now known as 'Kartavya Path'. The PM house earlier known as '7 Race Course' is now known as 'Lok Kalyan Marg. Rekha further said that this is becoming possible because the Modi-led government is moving forward on the "path of duty" (Kartavya Path) and not to rule (Raj Path) like others corrupt political parties and always wants to contribute to the service for every section of society.

CUK's Deptt of Law holds legal awareness progs

JNEWS SERVICE
GANDERBAL, SEPT 29

The Department of Law, School of Legal Studies (SLS), Central University of Kashmir (CUK), through its Legal Aid Clinic, conducted multiple legal awareness programmes across the Bandipora and Ganderbal districts.

In Bandipora, the programme was held at the Degree College, where four speakers from the Department addressed the audience on various pertinent topics. Ms. Raheeq Assad, Mr. Basharat Hussain, Mr. Mursat Rizvi, and Mr. Muneer Ahmad elucidated on subjects including Cyber Crimes, Juvenile Justice, Right to Information (RTI), and Child Marriage.

Simultaneously, another group of students conducted discussions at the Government Boys' Higher Secondary School, Kalsoo Bandipora. Ms. Atufa Farooq, Ms. Aiman, Ms. Fariah, and Mr. Parveez Ahmad raised awareness on vital issues such as Drug Abuse, Elder Abuse, Child Labour, and Right to Information (RTI).

In Ganderbal, the department organized the programme at J&K Sainik School, Manasbal. Students including Mr. Tarun Kumar, Mr. Suhaib Samad, Ms. Matiha Khan, and Ms. Sadaf Iqbal discussed compelling topics such as Consumer Protection Act, 2019, Right to Information (RTI), Elder Abuse, and Prevention of Sexual Harassment of Women.

These initiatives were conducted under the guidance of Dr. Hilal Ahmad Najar, Assistant Prof. The program facilitators were, Dr. Imran Ahad and Dr. Uzma Qadri.

Why BJP shared power with PDP, NC: Congress asks Chugh

JNEWS SERVICE
JAMMU, SEPT 29

Reacting to the "irresponsible" & "absurd" Utterances of BJP Senior leader Tarun Chugh, questioning role of PDP & NC, as well as Congress, over terrorism, JKPC has asked as to why the BJP had shared power with PDP, as well as allowed NC to share power in NDA, if their credentials on terrorism were so doubtful.

BJP is in the habit of making irresponsible and questionable statements against political opponents but blaming their old allies of being pro terrorism, is the lowest form of their vocabulary. How unfortunate it is that ruling BJP tries to malign their once allies, by fake & false allegations with cheap rhetoric, JKPC Chief spokesperson Ravinder Sharma said.

BJP begged before same PDP for more than two months to share power, on whatever terms, out of lust of power. It was running for making a pro separatist leader, as Chief Minister, after indulging in illegal, unethical and unconstitutional exercise of make-break of parties but were pre-empted by

PDP, by staking claim to government thus forcing dissolution of state assembly by Governor Satya Pal Malik.

It is shameful for BJP to make such wild & absurd allegations against mainstream opposition, who were their partners in power in the recent past, simply for the reason they won't oblige BJP again.

Who is BJP to issue certificate of patriotism when they have no history of any contribution in the freedom struggle rather shared power with Pro Pak muslim league.

Raising fingers on the Gandhi family and Congress party, who lost two Prime Ministers to terrorism, questioning their nationalist credentials, exposes their lack of knowledge coupled with arrogance.

Needless to remind them that their political forefathers were sharing power with pro pak muslim league, who was leading movement for separate Pakistan, when Congress was fighting british to "Quit India" under the leadership of Mahatma Gandhi, Pt Nehru, Sardar Patel & others, he added.

Reasi Police seizes 06 vehicles involved in illegal mining

JNEWS SERVICE
JAMMU, SEPT 29

In an action against illegal mining Reasi police seized 06 vehicles involved in theft of minor minerals in different areas of district Reasi.

In incidents of illegal mining at Reasi, one Tractor bearing chassis number MBNAU48AFK-CG30045 loaded with river bed material is seized by PP Dera Baba and two Dumpers bearing registration numbers JK02 AW 3285, JK20 0223 seized by team of Police Station Reasi and DMO Reasi informed accordingly.

In another incident of illegal mining, 03 Tractor bearing registration number JK20 2547, JK11D 4226 and JK20B 8993 alongwith trolley (loaded with Bajri) seized in Pouni Block by team of Police Station Pouni and DMO

Reasi informed accordingly.

The whole operation against illegal mining is done by ICPP Dera Baba, SHO PS Reasi and SHO PS Pouni under the supervision of DySP HQ Neeraj Padyar-JKPS.

While giving the details SSP Reasi Sh. Amit Gupta - JKPS conveyed that Reasi Police is committed for protecting the public property & 'Rights of Consumer' & enforcing genuine rates of goods & services in the jurisdiction. Police is also committed to eradicate the menace illegal mining and other mining related issues in the area. Persons found indulging in illegal extraction activities shall be dealt with as per law. Community members are requested to share information regarding the crimes in their neighborhoods with their concerned police units.

Department of YSS organizes Inter School Zonal level meet at Verinag



JNEWS SERVICE
VERINAG, SEPTEMBER 29

Department of youth services & Sports zone Verinag organised inter school Zonal level Athletic meet for U-14 & U-17 Girls. The inter school Zonal level Athletic meet in disciplines of Running, throwing & jumping events for U-14 & U-17 Girls was

organised by ZPEO Verinag at sports stadium chownd. The event was started with the anti drug pledge ceremony. Many students of zone Verinag participated with zeal and enthusiasm. Zonal Physical Education Officer Verinag Mr Mohd Ashraf Shah sahib inaugurated the said event along with all the staff of zone Verinag.

BNI Jammu presents Milap Sportz 2023 Kicks -off today

J1 NEWS SERVICE
JAMMU, SEPT 29

The League will begin on Friday, September 29th 2023 and the Final will be played on Sunday, October 8th 2023 at M. A. Stadium at 12 pm.

Jammu has witnessed one of the finest cricketing sports among business owners last year with Milap Sportz. And the same is back with more teams, more players and greater enthusiasm this year. Milap Sportz Winner 2023 trophy, Knockout Trophy and Super over Cup have been introduced this year for playing teams.

BNI Jammu presents Milap Sportz 2023, The first of its kind cricket league for entrepreneurs locally to promote sports among business owners in Jammu. Total of 7 Chapter Teams are playing and competing each other namely Abundance, Benchmark, Inspire,



Ace, Oscar, Vyapaar and Aarambh playing 6 league matches each and 30 matches in totality.

Milap Sportz chairman, Anubhav Aggarwal, said: "Sports has always been a great way to promote health, fitness, entertainment and building relationships among business owners. This Year, the format of tournament has been designed in a completely different way with back-to-back 4+2 Days of cricketing. The matches are being hosted at two

iconic venues of Jammu city, Green Field Gandhi Nagar and M A stadium, Jammu. We are grateful to the J&K Sports Council, Jammu for offering us some spectacular locations and making it such a memorable experience for all."

Since we announced Milap Sportz, we have received nothing but unwavering support from the authorities and we invite fans and all cricket lovers across the Jammu to come and watch Busi-

ness Owners in action," he added. Milap Sportz is looking forward to promote Cricket and make it a household name.

Dimpi & Raghav Gupta, Executive Directors BNI Jammu, said, "BNI is India's largest and most successful business networking organization. At BNI, we offer our members the opportunity to network, share contacts, and, most importantly, business referrals. We at BNI Jammu is the community of 280+ Business Entrepreneurs who help each other to grow each other's business. He added, "Now, more than ever, business people need to network and build relationships to stay in business. BNI provides a structured and supportive system of giving and receiving business referrals. The complete event was conceived by the Executive Committee of Milap Sportz 2023, and Executed by the Organ-

izing Committee of Milap Sportz 2023. Executive Committee Members- Abhimanyu Sharma, Raman Gupta, Sharang Kotwal, Akul Sharma, Gourav Gumble, Dheeraj Sharma and Tejas Bhardwaj. Organising Committee headed by Tanvir Husain with his team Kaushi Raina and Dinesh Kumar.

The Schedule is as follows: League Matches at Green Fields Ground, Gandhi Nagar, Jammu starting from 29th September 2023 to 2nd October 2023, 10 am to 4pm

Semi Finals and Finals at M.A. Stadium, Jammu on 7th October 2023 and 8th October 2023 respectively, 10 am to 2 pm

BNI Jammu on behalf of all members welcomes all of Jammities to witness the thrill of cricket and network with more than 300+ business owners of Jammu city. The event shall be followed by Match Ceremony, Celebrations and lunch.

Shrimad Bhagavat Katha being organized in Dogri at Banvari Temple ward-01, Jammu city

J1 NEWS SERVICE
JAMMU, SEPT 29

To remember the martyrs of the country and the ancestors Shrimadbhagvat Katha is being organised at Banvari temple ward number 1 Jammu.

A press conference regarding this was addressed by Sat Pal Raina President dharam prachar seva mandal sanstha and Mahant Rajesh Bittu working president sadhu dharam sthan surakshini samiti Jammu Kashmir.

In the press conference information regarding the bhagwat saptah is being started from 7th of October and will end at 14th October. The venue of katha will be Banwari temple ward no.1 near مبارک مندی. In the



press conference Mahant Rajesh Bittu appreciated the and Sat Pal Raina for taking this initiative. He appealed everyone to witness the bhagwat saptah which is being organised in the respect of martyrs and ancestors.

Speaking on the occasion Sat Pal Raina said that the katha will be in Dogri. He said that they are trying to do these kinds

of kathas free of cost so that everyone could know about the history of hinduism. He said this time this saptah is being organised for our ancestors and martyrs of the country, and the saptah will end by paying tributes to the martyrs and a bhandara. He also appealed everyone to join this saptah and take blessings of Martyrs and ancestors.

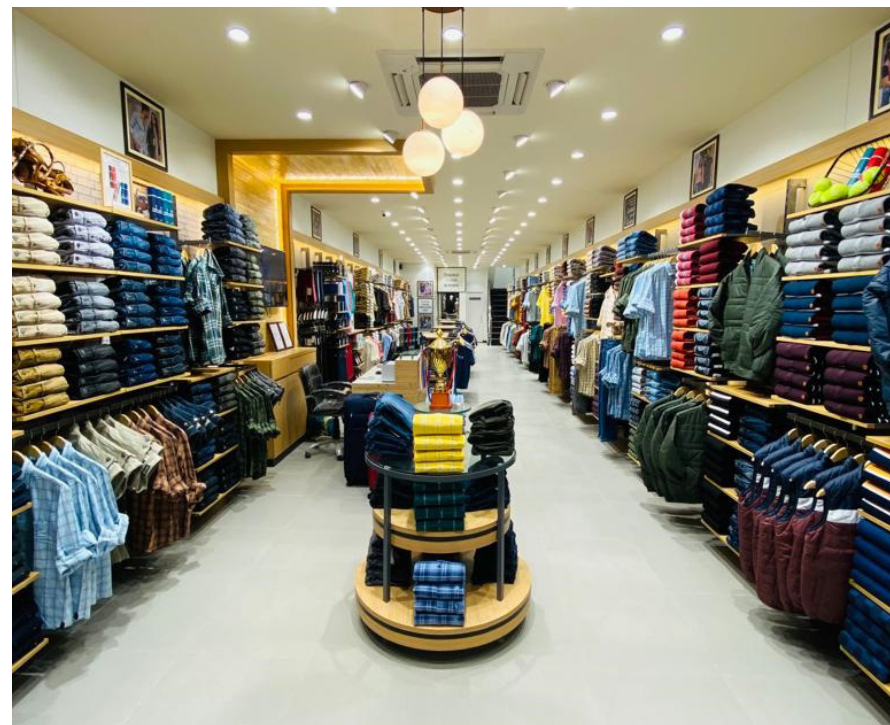
Cantabil Retail expands its retail presence with opening of a new store in Samba

J1 NEWS SERVICE
SAMBA, SEP 29

Cantabil Retail India Ltd., one of India's leading apparel manufacturer and retailer, has announced the opening of its retail store in Samba. Spread across an area of 2000Sqt., this brandstore is located at Kh.No. 1697 Khewta No, Khata No.186 &190, Ward No.6 Bari Barhamna, Samba, J&K 181133.

The all-new Cantabil Retail store represents the future of retail experience for its customers, as it offers a full range of formal-wear, casuals, and ultra-casual clothing for men, women & kids at competitive price. With this store opening, Cantabil retail has reached to 480 store mark across India and plans to continue expanding its retail presence.

Commenting on the opening of the store, Mr. Deepak Bansal, Director, Cantabil Retail India Ltd. said, "We are delighted to announce the launch of our new retail store



in Samba. Cantabil Retail as a brand has been well received and admired amongst our customers in the mid-premium segment, across all age groups. In order to ensure the availability of trendy yet competitive fashion apparel to our customers,

we have opened our 15th retail store in Jammu & Kashmir. Today, we have a strong presence across the length and breadth of the country and aim to aggressively expand our retail presence further over the next few years." Cantabil Retail has always been

at the forefront of offering premium clothing in cutting-edge style. Every year, the brand keeps curating a cozy yet classic and stylish apparel assortment, giving it a new narrative that relates to the rapidly shifting times we live in.

Only Congress listening to people's sufferings, BJP turns deaf ear: Bhalla

J1 NEWS SERVICE
JAMMU, SEPTEMBER 29

Prominent personalities of Sainik Colony including Thakur Jai Singh, Subash Singh, Dalip Singh, RS Reen, Satish Singh, Kuka, Suriender Singh Latti, Radhey Sham, Arun Singh Sunny, Ch. Sukhdev Singh, Manu Jamwal, Babu Dutta along with their hundreds of supporters under the leadership of JKPC Working President Raman Bhalla extended wholehearted support to Congress for all forthcoming elections saying that BJP has made life of all sections of society miserable.

Speaking on the occasion, Bhalla called on people of J&K to lend unwavering support to the Congress. Speaking during a public meeting, he stressed the importance of the upcoming Elections and encouraged people of J&K to mirror their steadfast support during forthcoming elections. He cautioned against neglecting the duty to vote, pointing out that every uncast vote is an indirect gain for the BJP. He firmly asserted that the nation's stability and peace depend on the Congress taking the reins of power. He highlighted Congress's track record of formulating development plans with the people's interests at the forefront.

Describing labour class people as back bone of the development and economic progress of the country, Bhalla said that party is committed for their welfare. He said "Congress is committed for the welfare and to protect the rights of labour class people of the country." He said that Congress party has its existence in more than six lakh



villages across the country and represents all sections of the society and is always committed to protect the rights of the working class who are the back bone of the India's economic progress and overall development of the country. He said that UPA government had brought land mark legislation to the benefit and protect the rights of labour class in the organized and unorganized sector. He said that all beneficiary labour laws were applied in J&K during the Congress regime.

Bhalla asked party men to take care of aggrieved people and ensured their support to them to accelerate the economic development and equal participation of labour class in the economic activities. He said Congress is the only party which listens to the problems of the people. He also said the people J&K are determined to teach the BJP a lesson in the upcoming elections. He said that the people's issues must be addressed in a time bound manner by those who have the power to do so. Bhalla said the Government of India (GoI) has failed to address the legitimate aspirations of the people of Jammu and Kashmir. "The BJP government has failed to live up to the spirit of accommodation and reconciliation

towards the realisation of the legitimate political aspirations of the people of Jammu and Kashmir," he said, adding, "Today democracy in J&K is facing onslaughts from no other than the ruling party itself."

Bhalla said that all the people have their issues, which are related to their day-to-day problems, some societal and other developmental issues." The people have little choice when it come to approach to a right person or the genuine office for the prompt disposal and hence it becomes the duty of the concerned person, especially the designated department official, to immediate provide relief to those who have approached the office with high hopes," he said. He said that the Congress, as a public party, has built up robust grievances redressal mechanism at the party headquarters, where people approach with their issues.

Bhalla added, "Ideally the political and ideological difference should have been put aside while dealing with a sensitive region like that of ours. The major stress of the government should have been to assuage the miseries of our unemployed youth who regrettably have grown up in conflict. The need of the

hour called for the adoption of a magnanimous approach to give our youth new hope and rescue them to safe shores, but nothing substantial is being done by the incumbent central and LG government to achieve that end." Bhalla said compelling narratives of progress, modernity and development justifying its "unconstitutional" actions in J&K have fallen flat and that the "aggressive" policies of the ruling BJP towards the region have hurt its development path and its economy.

Bhalla said "the ruling BJP was on a mission to disenfranchise J&K people with its selective policies and a coterie of federally-appointed officers, bereft of democratic bearings, calling the shots. The so-called Naya J&K of BJP, besides being low on the democratic mooring is also opposite to the idea of Naya Kashmir propounded by the Congress government," Bhalla said, adding, "The downpour of fresh investments, job extravaganza, and infrastructure amplification is nowhere visible on the ground. Far from delivering on much-touted development promises, the people of J&K are continuously being denied their rights, and having a popular government in place is one of them."

Rakesh slams successive regimes for neglecting marginalized sections of society

J1 NEWS SERVICE
JAMMU, SEPT 29

Rakesh Mahajan, Incharge of BJP All Cells in Jammu & Kashmir today highlighted the failures of successive regimes headed by Congress, NC and PDP that led the erstwhile state of Jammu and Kashmir for more than seven decades in addressing the concerns of marginalized communities.

Rakesh Mahajan made these remarks during an awareness campaign held at Bazigar Mohalla in Ward No 47, Jammu. The program was attended by prominent local figures, including Corporator Ward No 47 Sharda Kumar and Corporator Ward 54 Ajay Gupta.

Addressing the residents of Bazigar Mohalla, Rakesh Mahajan emphasized the commitment of the BJP government at the Centre towards uplifting the lives of weaker sections of society. He noted that numerous communities had been denied their rights by previous governments, specifically the National Conference (NC), Congress, and the Peoples Democratic Party



(PDP), who had exploited Article 370 for their political gains.

He underscored the importance of conducting awareness programs during the ongoing Sewa Pakhwada, aimed at informing people about the government's initiatives for their welfare. He detailed several flagship schemes launched by the BJP government designed to benefit the weaker sections of society, which include Pradhan Mantri Awas Yojana (PMAY), Pradhan Mantri Jan Dhan Yojana (PMJDY), Pradhan Mantri Mudra Yojana (PMMY), Jan Aushadhi Yojana, Stand Up India, National Health Mission (NHM), Pradhan

Mantri Matru Vandana Yojana (PMMVY), Post-Matric Scholarship for SC Students, National Scholarship Portal (NSP), Digital India, Ujjwala Yojana, Saubhagya Yojana and many more. He asserted that these schemes reflect the government's commitment to creating a more inclusive and equitable society by addressing the specific needs and challenges faced by economically weaker and other marginalized communities.

Rakesh Mahajan reiterated that it is Prime Minister Narendra Modi's vision that BJP party workers will reach every doorstep of marginalized sections of society, under-

stand their challenges, and ensure that the Jan Kalyan schemes initiated by the government reach every corner of the country. This, he emphasized, is the primary objective behind the Sewa Pakhwada.

Later, the senior BJP leader has also formed a dedicated team to kick-start a cleanliness drive in the area, as an integral part of the upcoming Sewa Saptah scheduled to commence on October 1.

During his visit, he interacted with the local residents, attentively listening to their concerns and issues. In a warm gesture of solidarity, he had lunch with the community members before personally launching the cleanliness drive, reinforcing his commitment to fostering a cleaner and more inclusive environment for all.

Rakesh Mahajan reaffirmed the BJP's unwavering commitment to the welfare and empowerment of the marginalized sections of society, promising that the party will continue to work tirelessly to make a positive impact in their lives.

Pavneet reviews organization set-up of Apni Party

J1 NEWS SERVICE
JAMMU, SEPT 29

Apni Party Provincial President Jammu, Women Wing, Pavneet Kour today reviewed expansion of the Party's activities.

The meeting was here at the Apni Party Office in Gandhi Nagar, Jammu. While addressing the meeting, Pavneet Kour reviewed the working of the Party leaders and worked to review the ongoing door to door campaign to strengthen the roots of the party.

After taking the review,



she directed the party leaders and cadre to hold meetings with the people and educate them about the policy and agenda of

Apni Party. She said that the people should be educated about the welfare schemes and aware them about the

schemes provided by the Govt.

At the end, she expressed concern over the stopping of the old age pension and demanded that the pension for the old age pensioners should be resumed.

The meeting was attended by District President Jammu Women Wing, Ritu Pandita; Provincial Secretary, Sheetal Rajput; Provincial Secretary, Shekha Dogra; Provincial Secretary, Shivani Koul, Sunita Monika Gill, She-wata, Neelam Gupta and others.

Traffic police hold nakka seized 10 vehicles challaned to 30 vehicles

J1 NEWS SERVICE
SUNDERBANI

Today DTI of traffic police held a nakka at Sunderbani and challaned to 30 vehicles and 10 vehicles were seized. According to reports today DTI traffic The Traffic Police of Jammu and Kashmir has restricted the entry of vehicles violating the norms of High Security Registration Number Plates on their vehicles.

A special nakka hold by DTI of traffic police Ajaz Mirza at Sunderbani city who is the gate of Rajouri Poonch.

During the drive numbers of vehicles entering in Sunderbani city are verified from checking up of documents and numbers plates are verified and 10 vehicles were seized challaned to 30 vehicles. DTI gave a special message to owners of all private schools follow the traffic rules and keep helper with each school buses if any school bus found overload or without helper then bus will be seized on the spot and legal action will take against school owner.

DMO seized agricultural mining vehicles of Shamsher brick kiln

J1 NEWS SERVICE
SUNDERBANI, SEPT 29

Today district mining officer (DMO) Rajouri seized one JCB machine and two dumpers of Shamsher brick kiln Ainpur Bhajwal tehsil Sunderbani. These vehicles was involved in agricultural mining at village Kalideh panchayat lower Bhajwal-A tehsil Sunderbani district Rajouri.

According to reports on 27 September 2023 on the direction of district mining officer (DMO) Rajouri Nissar Ahmed police station rushed on spot and took own custody and sent to police station Sunderbani two tippers its registration numbers JK11 7445, JK11A 3367 and one JCB its registration number JK11D 0345 who found agricultural mining.

Today district mining officer came at Sunderbani for checking permission of agricultural mining but no found any documents then he seized one JCB and two dumpers of Shamsher brick kiln Ainpur Bhajwal. DMO warned to others owners of brick kiln if any found your vehicles illegal mining on rivers or on agricultural lands then we seized vehicles on the spot and legal action will take against owner of brick kiln.

JKYCC accelerates 'Booth Jodo, Youth Jodo' initiative in today's SE Meeting



J1 NEWS SERVICE
JAMMU, SEPTEMBER 29

The Youth Congress Jammu & Kashmir, under the guidance of National General Secretary of youth congress and Incharge Jammu Kashmir, Jagdev Gaga, convened a crucial state executive meeting today at the PCC Headquarter in Jammu. The primary focus of this gathering was to strategize and intensify the recently launched signature drive initiated by the Youth Congress Jammu & Kashmir. The signature drive was launched in response to the statement made by LG Manoj Sinha, claiming that 80 percent of the population in Jammu & Kashmir is content without elections. This initiative aims to gauge the sentiment of the people regarding elections and their overall satisfaction.

One of the highlights of the meeting was the discussion surrounding the "Booth Jodo, Youth Jodo" campaign.

Aakash Bharat, the State President of the Youth Congress, expressed concern over the perceived failure of the LG government in

Jammu & Kashmir and the resulting hardships faced by the people. He asserted that the BJP is delaying elections due to a fear of losing, recognizing the growing dissent against their rule.

Aakash Bharat highlighted the impending expiration of the tenure of urban local body representatives on November 15th, emphasizing the need to address the issues faced by the people effectively. He urged members of the Jammu & Kashmir Youth Congress to proactively engage with the public at the grassroots level, listening to their problems and striving to find solutions.

In attendance at this pivotal meeting were Vice President Divyansh Singh, VP Romi Sharma, VP Amit Syal, and VP Fiaz Diwan, along with General Secretary Sushil Bhagat, GS Sahil Singh Langeh, GS Ajay Salaliya, GS Anirudh Sawhney, GS Shahnawaz Khaki, and GS Fairoz Khan. The Youth Congress Jammu & Kashmir remains committed to its mission of amplifying the voices of the youth and addressing the concerns of the people of Jammu & Kashmir.

Col Mahan inaugurates free medical check-up camp at CHC Basohli

J1 NEWS SERVICE
KATHUA, SEPT 29

Col Mahan Singh (Retd), DDC Chairman of Kathua, inaugurated a one-day free medical check-up camp at the Community Health Centre (CHC) Basohli, in a commendable initiative aimed at providing specialized medical care to the residents of the region.

The event was organized through the collaborative efforts of Col Mahan Singh, educationist Ashok Purohit and Kamal Kishore Sharma, with invaluable support from Dr. Paras Khanna, Dr. Gurpreet, and Dr. Vikas of Shankus Cancer Hospital Jammu, along with Dr. Kanav Mahajan from Orthopaedic Surgeon Umang Health Care Bari Brahmana, Dr. Ravi Kumar, Surgeon at CHC Basohli, BMO Basohli, and her dedicated team of doctors.

The camp garnered widespread participation, with prominent figures such as Prem Sagar



Aziz, Ex-Minister; Darshan Singh, BJP President Pahari Zila; Ajeet Singh, ADC Basohli; Sushma Jamwal, Chairperson Basohli; Ashok Purohit, Ex-ZEO; and numerous prominent citizens, media personnel, and patients.

People traveled from far-flung areas to avail themselves of the opportunity for specialized medical check-ups and treatments offered by esteemed doctors present at the venue.

Col Mahan Singh expressed his deep commitment to the well-

being of the community, emphasizing that the one-day camp was organized with the specific intention of providing specialized medical care to individuals suffering from various ailments, including cancer, orthopedic issues, surgical needs, dental care, gynecological concerns, and ENT problems. He extended his heartfelt appreciation to the volunteer doctors for their unwavering support and goodwill gesture towards the residents of this remote region in District Kathua.

Nation is safe, moving on path of progress, prosperity: Sanjay Baru

J1 NEWS SERVICE
JAMMU, SEPT 29

Senior BJP leader and Councillor ward-41 Sanjay Kumar Baru accompanied by Talab Tillo BJP mandal President Keshav Chopra, JMC(Works) JE Shabab Malik and local BJP local leaders started the work of black topping of ramp and main lane at Paloura market opposite BSF HQ, Paloura.

Inaugurating the black-topping work, Sanjay Kumar Baru said that the concerned main road was damaged at different places. He stressed that the ramp connecting the market with Jammu-Akhnoor main road was left without blacktopping by National Highway Authorities, which was causing major hardship for the locals and the commuters, also causing various accidents every day. He said that as a responsible public representative, he highlighted the issues on several occasions, but the efforts went in vain.

Baru, expressed pleasure that after a quite lapse of time, the ramp is being blacktopped now, which will provide relief



to the locals, passersby and the vehicles.

Black topping work of the road initiated by Jammu Municipal Corporation with the estimated cost of 5 lakhs, he added.

Baru also spoke on the splendid works of Modi government and said that during the past nine years many historic decisions have been taken, which reflects the concern of the government for justice to all and appeasement to none. The programmes and policies of this government has made people realize that nation is safe, fast moving on the path of progress and prosperity and this reality stands

acknowledged even by many developed countries of the world.

Keshav Chopra on the occasion said that ward-41 is fast getting developed as "Model Ward". He also appreciated the good work being done by the local councillor in the ward, adding that every nook and corner is taken care in all matters.

BJP Shaktikendra Pramukh Rakesh Sharma, Bubesh Thappa, Jugal Kishore, booth Presidents Bachan Lal Bhagat, Ashish Mangotra, Babu Ram, Kewal Sharma, Pt. Deeraj Shastri, Dabhu Suri and others were present on the occasion.

JKLSA (DoT) organizes Hindi Pakhwada



J1 NEWS SERVICE
JAMMU, SEPT 29

Jammu and Kashmir Licensed Service Area, Department of Telecommunications organized Hindi Pakhwada from 14th September to 29th September, 2023. Under this, various competitions were organized like 'Hindi General Knowledge Competition' that was organized on 21st this month and Essay Writing Competition on 25th September, 2023.

A debate competition

on the topic 'Impact of Mobile Revolution on Social Relations' was also organized at IIM Jammu. All the competitions under Hindi Pakhwada received good response from the officers and employees who participated in it enthusiastically.

The closing ceremony of the Hindi Pakhwada was organized today in which Dr. Ratnesh Kumar Yadav, Assistant Professor, Central University of Jammu was the chief guest. This program was

conducted by Shri Vijay Kumar, Assistant Director and poems, bhajans etc. were also presented. The chief guest expressed his views for enhancing the use of Hindi. Deputy Director General Shri Arun Agarwal also highlighted the importance of Hindi.

After the end of the program, the winners of various competitions were given prizes by Dr. Ratnesh Kumar Yadav and Shri Arun Agarwal, Deputy Director General.

Dr. Manyal stresses BJP's commitment to National Service

J1 NEWS SERVICE
JAMMU, SEPT 29

In a remarkable demonstration of community spirit and altruism, the Bharatiya Janata Yuva Morcha Kashmir Displaced District (BJYM KDD) organized a Blood Donation Camp at the prestigious Govt. Medical College in Jammu today. The event was graced by the esteemed presence of Former Minister & General Secretary of the BJP, Dr. Devinder Manyal, State President of Yuva Morcha, Arun Prabhat, District President of Kashmir Displaced District, Chand Ji Bhat, and numerous other dedicated office bearers.

The blood donation camp was organized by District President BJYM Kashmir Displaced District Rohit Ganjoo in the presence of District Vice Presidents Kashmir Displaced District Chetan Wanchoo, Sanjay Bhat, Treasurer P K Bhat, Office Secretary Chaman Lal Pandita, General Secretary Yuva Morcha Aditya Pandita Vice Presidents Mahila Morcha Anjali Suri, Raj Kumari, Reetika Bhat & others.

Dr. Devinder Manyal, emphasized the party's unwavering commitment to serving the nation in every conceivable aspect. During his address at the event, he highlighted the immense significance of blood donation, stating that "every blood donor is a hero." Dr. Manyal



passionately encouraged the youth to inspire their peers to become regular voluntary blood donors, thereby ensuring a consistent supply of blood for both routine and emergency medical treatments. District President Chand Ji Bhat educated the audience about the frequency of blood donation, explaining that individuals can donate blood every three months.

Bhat underscored the profound impact of this act, reminding everyone that every drop of donated blood has the potential

to save a precious life. In closing, he commended the dedicated efforts of BJYM KDD workers for their selfless contribution to this noble cause.

State President Yuva Morcha Arun Prabhat said that Blood Donation Camp organized by BJYM KDD served as a shining example of the party's dedication to social welfare and community service. By rallying together for this vital cause, the BJP and its youth wing continue to make a positive impact on the lives of the citizens they serve.

Arun Prabhat engages with Ghumat Basti residents on Modi's Mission

J1 NEWS SERVICE
JAMMU, SEPTEMBER 29

In a dynamic display of political outreach and youth empowerment, Bharatiya Janata Yuva Morcha (BJYM) State President Sh. Arun Prabhat, alongside Former MLA and State SC Morcha President Sh. Neelam Langey, BJYM District Jammu President Sh. Kanav Gupta embarked on a visit to the heart of Jammu District's Ghumat Basti Area as part of the Basti Sampark Abhiyaan. Arun Prabhat interacted with the residents fostering a direct connection with the grassroots of the community. During this outreach program, a sense of optimism and gratitude was palpable. Residents voiced their satisfaction with the governance of Prime Minister Narendra Modi, emphasizing how his policies have made a significant difference in their lives.

Speaking about the significance of involving youth in politics, Sh. Prabhat emphasized, "Youth are the driving force of our



nation's progress. Their active participation in politics is essential to bring fresh perspectives and ideas into governance."

On this noteworthy occasion, Former MLA and State SC Morcha President Sh. Neelam Langey played a key role in the Basti Sampark Abhiyaan. His engagement with the locals further highlighted the BJP's commitment. The Basti Sampark Abhiyaan underscores the commitment of the BJP to engage with the people at the grassroots level, listen to their concerns, and work towards building a better future for all. It aligns seamlessly with Prime Minister Narendra Modi's mission to

transform India through progressive policies and inclusive governance.

Sh. Arun Prabhat and his team left Ghumat Basti with a renewed sense of purpose, inspired by the people's trust in the leadership of Prime Minister Modi and determined to further involve the youth in the political process. The outreach in Ghumat Basti serves as a beacon of hope and progress, leaving an indelible mark on the collective consciousness of the community. It reaffirms the faith of the people in the leadership of Prime Minister Modi and underscores the BJP's unwavering commitment to transforming the lives of the underprivileged.

Police books 04 notorious drug smugglers under PIT NDPS Act in Baramulla

J1 NEWS SERVICE
BARAMULLA, SEPT 30

Acting tough against drug peddlers and to eradicate the menace of drugs from the society, Police booked 04 most wanted and notorious drug smugglers under PIT NDPS Act in Baramulla and lodged them in Central Jail Kot-balwal Jammu.

The four most wanted and notorious drug smugglers namely Muzamil Majeed Bhat @ Hashim resident of Mohalla Mir Sahib Old Town, Showkat Ahmad Sheikh resident of Umerabad Srinagar, Hayat Ahmad

Bhat resident of Kawoosa Budgam & Bashir Ahmad Sheikh resident of Palpora Pattan have been booked under PIT-NDPS Act after obtaining formal detention orders from the competent Authority. The booked drug smugglers have been detained and subsequently lodged in Central Jail Kot-balwal Jammu.

Pertinent to mention that many cases are registered against these drug smugglers and were involved in promoting drug abuse trade by supplying drugs to local youth of Mohura Heewan, Bandipayeen Chandoo-

sa, Khambiyar Pattan & other areas of District Baramulla. Despite their involvement in many FIR's they did not mend their activities and were again involved in promoting drug abuse trade by supplying drugs to local youth.

General public of Baramulla appreciated the role of Police for their action against drug peddlers. Baramulla Police consistent actions against the drug peddlers should reassure the community members that police is making all efforts to keep our society free from drug abuse.

J&K Athletics C'ship ends, qualified athletes to take part in NZ Junior event

AGENCIES
JAMMU, SEP 29

The two-day Jammu and Kashmir Athletics Championship organised for the first time on synthetic track at University of Jammu concluded here. Nearly 900 athletes from parts of the Union Territory participated in the competition in various categories. It is pertinent to mention here that the UT Championship was

held on Synthetic Athletics Track for the first time, using all the latest techniques such as the Photo-finish system. The competitions were held in accordance with rules and regulations of the Athletics Federation of India and World Athletics.

Jammu Deputy Mayor, Municipal Corporation Baldev Singh Baloria was the special guest and he distributed medals and certificates to the winners

in presence of Suneel Mahajan, association President, Sharat Chander Singh, General Secretary, Ravinder Singh, Vice-President, Varinder Kour, Joint Secretary, Vinod Bhatia, Joint Secretary, Rajesh Kumar, Treasurer, Ajay Sharma, Executive Member from J&K Amateur Athletics Association and Bhim Singh Rana from Chandigarh Athletics Association. Sharat Chander Singh,

General Secretary said that the Athletes who have qualified in the championship will participate in forthcoming 34th North Zone Junior Athletics Championship-2023 scheduled to be held at Jammu from October 15-17, 2023. The Championship was conducted under the overall supervision of Organizing Secretary Sharat Chander Singh and Technical supervision of Nirmal Singh.

AP: New Cricket stadium at Gollavanikunta to be ready soon: TMC Commissioner

AGENCIES
TIRUPATI (ANDHRA PRADESH), SEP 29

Tirupati Municipal Corporation (TMC) Commissioner Haritha said on Friday that the new cricket stadium under construction at Gollavanikunta, will soon be ready.

Talking to reporters after inspecting the ongoing stadium works at Gollavanikunta in Autonagar near here, Haritha directed officials to complete pending works like Dressing rooms, galleries, removal of wild growth on the pitch and ground, draining out of stagnant water, compound wall and entry arches on a war footing. She said a development of a Hyderabad Tank Bund type recreation spot was also underway at Tirupati with walking track, pavement, landscaping and beautification works. The government allotted 30 acres of land belonging to Sri Venkateswara University for the stadium and the foundation stone was laid on November 20, 2013.

The new cricket stadium near Tirupati would be the second one in Andhra Pradesh after Visakhapatnam.

Asiad: Indian women's squash team settle for bronze

AGENCIES
HANGZHOU, SEP 29

The Indian women's squash team were defeated 1-2 by Hong Kong China in the semifinals at the Asian Games 2023 here on Friday.

Tanvi Khanna lost the first match of the tie, but Joshana Chinappa brought India at par with Hong Kong China by clinching a five-game thriller.

The 15-year-old Anahat Singh gave everything, but Lee Ka Yi guided her country to a gold glory, and made India to be satisfied with a bronze in women's team squash.

Meanwhile, the India vs Malaysia men's squash semifinal will begin today at 4:00 pm IST. The Malaysians clinched gold while the Indian men's team won bronze at the 2018 Asian Games.

Kane Williamson to miss opening WC match against Eng

AGENCIES
HYDERABAD, SEP 29

New Zealand captain Kane Williamson will miss the opening game of the ICC Cricket World Cup against England as he continues to progress his knee rehabilitation.

Williamson will play as a batsman-only in today's first warm-up match against Pakistan in Hyderabad, with the aim of batting and fielding in Monday's second and final warm-up match against South Africa in Thiruvananthapuram. Coach Gary Stead said the priority was ensuring Williamson had time to progress his return to match fitness.

Tom Latham will Captain the side in today's first warm-up match against Pakistan here.

RCB appoints Mo Bobat as Cricket Ops Director

AGENCIES
BENGALURU, SEP 29

Royal Challengers Bangalore (RCB) on Friday announced Mo Bobat as the new Director of Cricket Operations for the men's team, with the Englishman succeeding Mike Hesson in the role.

Bobat, who has worked with the England Cricket Board (ECB) first as Player Identification Lead from 2011-2019 and then as Performance Director from 2019 up until now has been at the epicenter of the Three Lions' quest to usher in a cricket revolution.

During this period of Bobat's involvement, England have gone on to win the 2019 50-over World Cup and the 2022 T20 World Cup, apart from also famously registering a 3-0 Test series whitewash against Pakistan in their home conditions.

Bobat, 40, has already worked with RCB during the last couple of seasons as Performance Consultant. In his new role as Director of Cricket Operations, he will oversee all player recruitment and performance activity, in addition to working towards establishing the cultural and high-performance foundations for sustained success.

Asiad tennis: Team India settle for silver

AGENCIES
HANGZHOU, SEP 29

India's Saketh Myneni and Ramanathan Ramkumar settled for the silver medal in men's doubles at the Asian Games 2023 here on Friday.

They lost to the unseeded Chinese Taipei pair of Jason Jung and Yu-hsiou Hsu 6-4, 6-4 in the final played at the Hangzhou Olympic Sports Centre Tennis Centre.

In an hour and 12 minutes match, India and Chinese Taipei were on par until the fifth game in the first set. Jason Jung and Yu-hsiou Hsu scripted the crucial first break of the match.

The Chinese Taipei duo held onto their serve against the second-seeded Indian tennis players and took the first set.

In the second set, Jason and Hsu pushed the Indian combo on the backfoot, but they managed to keep the Chinese Taipei players from taking the lead until in the ninth game. The Indian duo conceded

the break to their rivals off Saketh's serve.

Ultimately, the Indian duo gave in to the strong service to clinch Chinese Taipei's first gold medal in Asian Games tennis men's doubles tournament.

While Ramanathan made it to the Asian Games podium for the first time in Hangzhou, it is Saketh's third medal, which includes a mixed doubles gold at Incheon 2014.

India's Rohan Bopanna and Divij Sharan had bagged the gold in the same event at the Jakarta 2018 Asian Games.

Meanwhile, Rohan Bopanna and Rutuja Bhosle made it to the final of the mixed doubles tournament. The second-seeded Indian pair defeated Hao-ching Chan and Yu-hsiou Hsu of Chinese Taipei 6-1, 3-6, 10-4.

Bopanna and Rutuja will be up against Tsung-hao Huang and En-shuo Liang, another doubles team from Chinese Taipei, in the gold medal match on Saturday.

Double delight for Pune teenager Sarthak Chavan, Vignesh Goud takes pole in Novice category

AGENCIES
CHENNAI, SEP 29

Sarthak Chavan (Petronas TVS Racing), the 16-year-old from Pune, scorched the track and qualified for pole position in both the premier Pro-Stock Open categories (301-400cc and 165cc) to kick-start his campaign in the fourth round of the MRF MMSC-FMSCI Indian National Motorcycle Racing Championship 2023 at the Madras International Circuit, here on Friday.

Sarthak, fresh from a win (Super Sport 400cc) in the OR BRIC Superbike Championship in Thailand last weekend, clocked a hot lap of 01 minute, 50.764 seconds, ahead of championship leader Rajiv Sethu (01:51.223) of RACR Castrol Power1 team and Deepak Ravikummar (01:51.831), also of Petronas TVS Racing in the Pro-Stock 301-400cc Open.

Late in the evening with storm clouds gathering, Sarthak qualified for pole position in the Pro-Stock 165cc Open category, piping team-mate Chiranth Vishwanath (Bengaluru), also 16. Sarthak clocked a top lap of 01:56.179 as against Chiranth's 01:56.218 while KY Ahamed (01:57.332), who last week took part in the Moto3 World Championship at the MotoGP Bharat in Noida, completed a Petronas TVS Racing

front-row sweep. Hyderabad's Vignesh Goud (Race'ists Motorcycle Club), seeking his sixth win this season, yet again took pole position in the Novice (Stock 165cc) category, comfortably outpacing the pack with a time of 02:09.665.

Earlier, the TVS Apache RTE (Racing Throttle Electric), the first electric race-spec motorcycle to participate in the National championship, made its debut with practice session for the eight riders, including Ann Jennifer (Chennai), the only female competitor on this grid, who have been selected to participate in the TVS E-Invitation Race.

Bengaluru's 16-year-old Chiranth Vishwanath was the quickest with a lap of 01:51.343, followed by Thailand's guest rider, Vorapong Malahuan (01:52.097) and Sarthak Chavan (01:52.108) who also recorded a top speed of 186 kmph. Former girls National champion Ann Jennifer from Chennai became the first female rider in India to ride an electric motorcycle in race trim.

Earlier, Chennai youngster Kavin Quintal, who is in hot form this season, led the pack in practice session for the Idemitsu Honda India Talent Cup (NSF 250R), clocking a best of 01:51.812, nearly three seconds ahead of closest rivals.

Asiad women's hockey: India pip Malaysia 6-0 to top Pool A

AGENCIES
HANGZHOU, SEP 29

The Indian women's hockey team continued its winning spree at the Asian Games 2023 with a 6-0 win over Malaysia at the Gongshu Canal Sports Park here on Friday.

Monika (7'), Deep Grace Ekka (8'), Nisha (11'), Vaishnavi Phalke (15), Sangita Kumari (24') and Lalremsiami (50') scored a goal each to secure the three points for India.

This victory catapulted Indian team to the top of the Pool A standings as top two teams from each pool qualifies for the last four



rounds. In the first match, India defeated Singapore 13-0 on Wednesday.

Minutes into the match, the seventh ranking Indian side slotted the first goal through Monika, capitalis-

ing on a very strong start.

India struck three more goals after finding holes in the Malaysian defence as their strikers were in search of an equaliser. The goals came off the sticks of Ekka, Nisha and Vaishnavi

as the first quarter finished at 4-0 in India's favour.

In the second quarter, India pushed hard at the Malaysian backline, and the rivals did succeed in resisting them, but they found the back of the net through Sangita Kumari. The first half came to an end with India leading 5-0.

After the break, the Indian team controlled the tempo of the game and added another goal through Lalremsiami in the final quarter to wrap up the contest.

The Indian women's hockey team will play the Republic of Korea next on Sunday.

Asiad boxing: India's Nikhat Zareen enters semis, book 2024 Paris Olympics quota

AGENCIES
HANGZHOU, SEP 29

World champion and India's top pugilist Nikhat Zareen entered into the semifinals of the women's 50 kg boxing event at the Asian Games 2023 here on Friday and secured 2024 Paris Olympics quota.

With this win, Nikhat has assured a medal for India at Hangzhou, and this is her first appearance at the Asian Games. She defeated Jordan's Hanan Nassar by RSC (referee stops count) in the quarterfinals in just 53 seconds.

The Jordanian boxer was declared unfit to continue by the referee soon after she suffered a volley of effective jabs inside a minute, allowing Nikhat to march into the last four stages.

She will next lock horns with Thailand's Chutha-



mat Raksat on Sunday.

In other results, Asian champion Parveen Hooda won her round of 16 bout against China's Zichun Xu by unanimous decision. Hooda landed some effective punches on the counter and won the opening two rounds.

Zichun Xu put up a fight in the final round but Parveen Hooda was in total control and edged out her opponent.

The Indian boxer will face Uzbekistan's Sitora

Turdibekova in the quarterfinals.

Lakshya Chahar, meanwhile, lost by a 4:1 split decision to Omurbek Bekzhigit Uulu of Kyrgyzstan in the men's 80kg round of 16.

On Thursday, Jaismine Lamboria defeated Hadeel Ashour of Saudi Arabia by RSC to progress to the quarterfinals of the women's 60kg division. The Saudi Arabian boxer endured two standing counts in the second

round before the bout was stopped.

Jaismine will face the Democratic Republic of Korea's Won Ungyong in the quarter-finals on Sunday.

Deepak Bhorla lost by a 4:1 split decision to former world champion Tomoya Tsuboi of Japan in his men's 51kg round of 16 clash.

In the men's 71kg, Nishant Dev knocked out Phuoc Tung Bui of Vietnam in under two minutes to head into the quarterfinals. Nishant will face Japan's Sewon Okazawa in the quarter-finals on Saturday.

Olympic medallist Lovlina Borgohain will start her Asian Games 2023 boxing campaign on Saturday in the women's 75kg quarterfinals. She will face Suyeon Seong of the Republic of Korea.

Asiad shooting: India continue with medal spree led by Palak, Tomar with golds

AGENCIES
HANGZHOU, SEP 29

Indian shooters made India proud by winning five medals led by Palak Gulia and men's 50m rifle 3 positions team bagging gold medals on Day 6 of the Asian Games 2023 here on Friday.

The five medals took India's tally in shooting at the Asian Games 2023 to 18, which is India's best performance in shooting at the Asian Games with six gold, seven silver and five bronze.

Previously, India had bagged three golds out of 14 medals at Doha Asian Games in 2016, and in Jakarta 2018, India claimed nine medals which included two golds.

The Indian shooters will also compete in trap events, and women's skeet in the next two days.

The gold-winning Indian men's 50m rifle 3 positions team comprises Aishwary Pratap Singh Tomar, Akhil Sheoran and Swapnil Kusale.

The Indian women's 10m air pistol team won silver before Palak and Esha Singh claimed India's first one-two finish in Hangzhou with gold and silver in the women's 10m air pistol. Aishwary Pratap Singh Tomar won the individual silver in the 50m rifle 3P.

The 17-year-old Palak won the gold with a score of 242.1. She managed 577 (23x) in the qualifying round for seventh place and sneaked into the medal round. Only the top



eight made it to the final.

Esha, who was the top Indian in the qualifying round at fifth place with 579 (17x), led the women's 10m air pistol final after 10 shots but Palak followed with seven 10+ shots, including a 10.7, to take home the gold medal with an Asian Games record.

Esha settled for silver in the final with 239.7 points. Earlier at Hangzhou 2023, she won gold with the women's 25m pistol team and silver in the individual event.

Pakistan's Kishmala Talat was eliminated after 22 shots but secured her country's maiden medal, a bronze, in shooting at the Asian Games with a score of 218.2. India's Divya TS was 10th in the qualifying round with a score of 575

(10x).

However, Divya TS was also among the medals as the combined score of 1731 of the Indian trio helped them take a silver in the women's 10m air pistol team event. China (1736) won the gold and Chinese Taipei (1723) settled for bronze.

The men's 50m 3 rifle team position team, meanwhile, claimed gold with a world record score of 1769 -- six points more than silver medallists China, who also shot through the previous record of 1761 set by the USA last year. The Republic of Korea won the bronze medal with 1748.

Swapnil and Tomar claimed the top two spots in the qualifying round with scores of 591 (33x) and 591(27x), respectively.

Akhil Sheoran, who won India an Olympic quota earlier this year, finished fifth with 587 (30x) but could not progress further since only two from a country can advance to the final eight.

Swapnil was also leading during the medal round during the standing eliminations but dropped to fourth after an underwhelming 7.6 and finished in the same position with a total of 438.9.

Tomar recovered from the poor start to claim silver with 459.7. China's Linshu Du claimed the top podium with an Asian Games record of 460.6. Jiaming Tian of China won bronze with 448.3.

Shooting events at the Asian Games 2023 will conclude on October 1.