



### PM Modi says natural to hold G20 event in Operation Posts being set up in border every part of Country; dismisses China's objections over Kashmir, Arunachal

Prime Minister Narendra Modi has said it is natural for India to hold G20 meet ings in every part of its territory as he dismissed Chinese objections over some of the events being organised in Kashmir and Arunachal Pradesh

As part of its efforts to showcase India's cultural

showcase India's cultural and regional diversity at a global stage, the Modi government has hosted G20 events across the country's length and breadth. China, a G20 member, and Pakistan, which is not a member of the bloc, had objected to the decision to hold one of the events in Kashmir, which they in Kashmir, which they call "disputed". China



also disputes India's sov-ereignty over Arunachal Pradesh. India has already dismissed claims by China and Pakistan.

"Such a question would be valid if we had refrained from conducting meetings view to news agency late alities would w in those venues. Ours is last week. India held the skills of Indians.

such a vast, beautiful and diverse nation. When G20 meetings are happening, isn't it natural that meet-ings will be held in every part of our country," Modi said in an inclusive inter-

third G20 working group meeting on tourism for three days from May 22 in Srinagar. Delegates of all G20 countries, barring China, visited the pictur-esque Valley for the event. A large number of delegates had also vis-ited Arunachal Pradesh in

ited Arunachal Pradesh in

March for a G20 event.
Dismissing Chinese claims, India had then said that it is free to hold meet

that it is free to hold meetings on its own territory.
By the time India's G20 presidency term ends,
Modi said, over 220 meetings would have taken place across 60 cities in all 28 states and eight union territories, and added that over one lakh participants from around 125 nationalities would witness the skills of Indians.

# area to augment anti-terror grid: DGP

Jammu and Kashmir Director General of Police Dilbag Singh on Sunday said that operation posts are being set up in border areas to augment the anti-terror grid. "Operation posts are being established by J&K Police alongwith Army

Police alongwith Army in border area to further augment the anti-terror grid and block the evil grid and block the evil A attempts being attempted from across the border," Al bei J&K Police Chief said Is chairing the joint review meetings at B G Brigade Headquarters at Menthar, deadour and Rajouri. but all the said Is a simple with the said Is a

Zone where he chaired security review meetings



with officers of Police and

He was accompanied by AIG (Training/Policy) PHQ S Iohar.

J S Johar.

He directed for intensified manhunt against drug peddlers saying that agencies from across the border are using it against worth.

youth.
"J&K Police and other security forces are work-ing shoulder to shoulder against the terrorism and hope that forces would continue their good work with more dedication and coordination to realise the

DGP took stock of the DGP took stock of the prevailing security situ-ation of these districts particularly the infiltra-tion attempts, narco trade and drone activities from across the border.

He directed for strength-ening the security grid by activating Naka checking points on different routes to keep check on the terror

to keep check on the terror activities. He also stressed strengthening the area

strengthening the area domination plan.
He emphasized on utilizing modern technology and human intelligence to monitor the movement on borders and as also in the hinterland to prevent anti-national activities and incidents thereof.

Appreciating the joint coordination to realise the goal of terror free Jammu and Kashmir, 'he added. Meeting at Mendhar Poonch was attended by DIG Rajouri-Poonch Range Dr. Mohammad Haseeb Mughal, Army Commander Brig Deepak Nayak CO Sambhav Sagar, SSP Poonch Vinay Kumar and CONTINUED ON » PAGE 4

Appreciating the joint efforts of Police and other

#### Major tragedy averted with timely detection of IED in Rajouri

A major tragedy was averted with timely detection of a powerful Improvised Explo-sive Device (IED) in Jammu and Kashmir's Rajouri dis trict on Sunday, officials said.

The IED, planted inside a tiffin box, was found lying on the roadside near a culvert the roadside near a culvert by the army's road open-ing party at Sangpur village along the Jammu-Poonch National Highway around 4.45 am, they said. Jammu-based defence PRO Lt Col Suneel Bartwal said three teams from the nearest Army camp moved

ing party at Sangpur village along the Jammu-Poonch National Highway around 4.45 am, they said. Jammu-based defence PRO Lt Col Suneel Bartwal said three teams from the nearest Army camp moved to the location and estable the Elo around 8.15 am. The officials said the transition the Jordan and established a motor vehicle check post at Kallar and Balavenue following the detection of the IED, which was later destroyed in grated into the operation, the said, adding that a bomit he said dading that a bomit he said the transition and successful out any damage. Police have registered a case and further investigation is on to identify and arrest the suspected terrorists who planted the IED on the busy highway remained suspended for over three hours following.



#### **CRPF Jawan shoots** himself dead in Ramban

AMMUSEPT3

A Central Reserve Police Force (CRPF) jawan allegedly shot himself dead with his service rifle in Ramban district of Jammu and Kashmir, officials said on Sunday, Bashit Narayan Yadav, a resident of Bihar, was on duty near Banihal-Qazigund Tunnel along the Jammu-Srinagar national highway when he shot himself around 11.45 pm on Saturday, they said.

They said the body of the deceased was shifted to sub-district hospital Banihal for postmortem and other legal formalities.

The motive behind his taking such an extreme step was not known immediately, the officials said.

Meanwhile, a police personnel was injured when his service rifle went off accidentally during an operation in Rajouri district of Jammu and Kashmir late Saturday evening.

day evening.
"During a routine operation task
CONTINUED ON » PAGE 4

#### Khellani tunnel to be upgraded to 2-lanes in J&K: Nitin Gadkari

JI NEWS SERVICE

Union Minister for Road Transport and National Highways, Nitin Gadkari on Sunday informed that the Khellani tunnel in Jammu and Kashmir 's Doda is getting upgraded to two large to two lanes

In a post on X, In Jammu & Kashmir, we

In a post on X, In Jammu & Kashmir, we are upgrading the Uni-Directional Khellani Tunnel into a 2-lane streuture, incorporating a paved shoulder and improving its approach road on NH-244. The entire length of this project spans 2.419 kilo-meters and falls within Package 3. The upgrad-ed tunnel is set to ensure



a development that will significantly benefit the local economy and the residents of the region.

Under the guidance of Prime Minister Shri ed tunnel is set to ensure of Prime Minister Shri in the year-round accessibility, @narendramodi Ji, this region

ambitious project is dedicated to achieving expeditious, trouble-free, and environmentally conscious mobility in the Jammu & Kashmir

#### Top law ministry officials brief panel chairman Soldier electrocuted to Ram Nath Kovind on simultaneous polls

Top officials of the Union Law Ministry on Septem-ber 3 held a preparatory briefing for former Presi-dent Ram Nath Kovind who heads the high-leve committee to examine and make recommendations for holding simultaneous polls to the Lok Sabha, te Assemblies and local



The government had on September 2 notified the eight-member committee. People aware of the development said, Law Secretary Niten Chan-related rules.

dra, Legislative Secretary Reeta Vasishta and others met Mr. Kovind this after-noon to understand how he would like to go about the agenda before the committee

committee. While Mr. Chandra is also the Secretary to the high-level committee, Ms. Vasistha's Department deals with the issue of elections, the Representa tion of the People Act and

# death in Samba

JI NEWS SERVICE

An Army personnel was electrocuted to death when he came in contact when he came in contact with a live wire inside a camp in Samba district of Jammu and Kashmir, officials said on Sunday. Deepak Pandey (25) of engineering squadron was electrocuted late Sunday night while working on

some product, the officials said.

They said the soldier hailing from Uttrakhand was rushed to the military hospital where he breathed his last.

Police have started

Police have started inquest proceedings in connection with the death of the soldier, the officials said, adding the body of the deceased would CONTINUED ON \* PAGE 4

performed successfully, says ISRO

First earth-bound manoeuvre of Aditya L1

### J&K govt, revokes suspension of lecturer senior Zahoor Ahmad

Jammu and Kashmir gov-ernment has revoked the suspension of Senior Lec-turer Zahoor Ahmad, who was suspended a day after he argued on Article 370 in Supreme Court.

Zahoor Ahmad Bhat senior Lecturer was suspended on August 25, 2023, on August 25, 2023, mir, Manoj Sinha, and As per the latest order, find out the reasons for

Zahoor Ahmad is directed to report his original place of posting for further duties

Supreme Court on August 28 asked the country's top law officer, the Attornev General (AG) R Venkataramani, to talk to the Lieutenant Governor (LG) of Jammu and Kash

the suspension of Zahoor Ahmad Bhat, a teacher, for appearing in person before the apex court and arguing against the Abro-gation of Article 370. The issue was raised by senior advocate Kapil Sibal, who termed the alleged act unfair. "This is not fair. This is not how

is not fair. This is not how our democracy should function", Sibal had CONTINUED ON IN PAGE 4

#### Chandrayaan spearheads India's Amrit Kaal journey over 25 years: Dr Jitendra

JI NEWS SERVICE

Union Minister of State (Independent Charge) Science & Technology; MoS PMO, Personnel, Public Grievances, Pensions Grievances, Pensions, Atomic Energy and Space, Dr Jitendra Singh today said, Chandrayaan-3 and Aditya-spearhead India's Amrit Kaal growth journey over the next 25 years. Dr. Jitendra Singh said this while launching the 'Meri Maati Mera Desh' campaign at Tikri-IB Pan-chavat in district Udham

chayat in district Udham-



over the country which includes collection of mitti and rice from every household symbolising the participation of the people in the prosperity of the motherland.

pur which marks the During the inauguranot the limit' di
beginning of the Amrit tion, Dr. Jitendra Singh
become true for
Kalash Yatras starting all said, India's recent Space CONTINUEDON

marvels have only been possible under PM Naren-dra Modi who has opened up new vistas for India's space sector through public private partnership model and pow the 'sky is model and now the 'sky is not the limit' dictum has

CONTINUED ON >> PAGE 4

## A day after India's first

solar observatory mission which was launched, the first Earth-bound firing to raise the orbit of the Aditya-L1, was perforn

Aditya-LI, was performed on Sunday. The ISRO Telemetry, Tracking and Command Network Work (ISTRAC) in Bengaluru performed the manoeuvre. The space agency said the satellite is healthy and operating nominally. "The

operating nominally. "The first Earth-bound maneuvre (EBN#1) is performed uccessfully from ISTRAC, Bengaluru. The new orbit



attained is 245km x 22459 km. The next maneuvre ISRO posted on X (for-(EBN#2) is scheduled for September 5, 2023, Aditya-L1 Mission:

around 03:00 Hrs. IST,"

and operating nominally. The first Earth-bound maneuvre (EBN#1) performed successfully from ISTRAC, Bengaluru. The new orbit attained is 245km x 22459 km.

The satellite is healthy

Post its successful launch ISRO said that the

launch ISRO said that the Aditya-L1 started generat-ing the power and that the solar panels are deployed. Following the launch Aditya-L1 stays Earth-bound orbits for 16 days, during which it undergoes 5 manoeuvres to gain the necessary velocity for its journey. Subsequentl Aditya-L1 undergoes CONTINUED ON » PAGE 4 Subsequently, Leopard mauls four-year-old girl to death in Udhampur JI NEWS SERVICE UDHAMPUR, SEPT 3

four-year-old girl was killed by a leopard after she was taken away from her house in Udhampur district, a senior forest officer said.

officer said.
The locals recovered her mauled body two kilometres away from her house in Upper Banjala village of Panchari tehsli in the district, said Rakesh Sharma, Range Officer of Jammu and Kashmir Wildlife Department in Udhampur said.
After getting infor-

After getting infor-mation, the Jammu and Kashmir Police CONTINUED ON >> PAGE 4

his name into the annals of history. As the first individual from Ramban

district to lead trekking, camping, and skiing activities alongside the

Indian Army, Tanveer became a trailblazer in the truest sense. His col-laborative efforts with the

army not only enthralled

tourists but also shone a

spotlight on the Mohu

valley's pristine natural beauty. This event was a

turning point, signaling the untapped potential for adventure tourism in the

region. Inspired by the Indian Army's support

Tanveer now harbors ambitious plans to carve out a virgin trekking route. This route, which he envisions will stretch from Mohu to Chirsar and

Bramsar lakes in Kulgam

District, promises breath-taking vistas that every-one should have the

opportunity to experi-ence. It's a testament to his unwavering commit-

encouragem

now harbors

and

Tanveer

### Defence correspondents course - 2023 arrives Jammu for forward area tour

JAMMU. SEPT 03: The 2023 edition of Defence Correspondents Course (DCC), a three weeks course conducted by the Ministry of Defence for select journalists from regional and national regional and national media houses, arrived at Jammu on 03 Sep 2023 for their most exciting part Forward Area Tour. The DCC headed by Col Amitabh Sharma, PRO (Defence) ce) Jaipur and Officer of the course were received by Tiger Division and PRO

Jammu.
The aim of DCC tour in
Army leg is to build a pool of journalists at all levels understand the understand the Assistance anu Disasses of Forces and are Relief and the organisa-understanding of the and the organisa-understanding of the stand of the domain tonal structure of the reporting on stories Army. The participants the properties of the Army and will also visit Line of crucial when reporting on Armed Forces and are cognizant of the domain



CI/CT environment During the one Forward Area attachment, the participants will be addressed by subwill be addressed by sub-ject matter experts from within the Army. They will acquaint the journal-ists with various aspects of the Indian Army of the Indian Army including Humanitarian Assistance and Disaster

Control visited they Balidan Stambh Jammu. The visit was conducted under aegis of

Tiger Division.
The primary objective of the DCC is to foster a stronger connection between the media and the military, equipping journalists with an

stories related to the environment ensuring accurate and informed coverage

The Defence Correspondents Course plays a role in fostering transparency, coopera-tion, and mutual understanding between the military and the media, ensuring that accurate and responsible reporting continues to be a hall-mark of Defence Journalism in India.

### NC committed to peace, prosperity & equality in J&K: Babu Rampaul

Conference is committed to ensure peace, progress, prosperity, stabilipeace, progress, prosperity, stabili-ty and equality among all the sec-tions of the society in Jammu and Kashmir, said former Minister and President Central Zone (Jammu, Samba, Kathua) Babu Rampaul while addressing a meeting at Old City. The meeting was organized by Zonal Secretary and Coordinator Jammu District (Urban) Dr Vikas

Sharma.

While speaking on the occasion,
Babu Rampaul urged upon the
youth to get ready for playing a vital
role to bring change. He said that
the present scenario of J&K has pushed the youth towards depression and anxiety as they are wor-ried about their future presently

looming in darkness.

"Unemployment among youth has also impacted the life of the educated youth who are concerned about their career for which their parents are in a doldrums and deeply worried about their chil-dren", he added.

Former Minister criticised the stoppage of 'Darbar Move' practice as immoral by the government because it has adversely affected the business community. "The rooted corruption at all levels

Referring to serious threat to J&K lands from the outsiders with the lands from the outsiders with the active patronage of the double engine government, Rampaul recalled the landmark Land Reforms Act brought in by the National Conference under the tow-ering leadership of Shere-Kashmir Sheikh Mohammed Abdullah, mak-tics the new code landless questions ing the poor and landless masters ing the poor and landless masters of holdings overnight at the muta-tion of just rupees two.How can these poor people part with their precious lands, he asked.

Lauding the pro-people work done during the NC rule, he said that his party leaders his how with

that his party leadership knew the ground realities and framed the policies in such a way that people of policies in such a way that people of J&K irrespective of region, religion, caste and creed benefited equally. "NC reads the pulse of people in the true sense of the term but the pres-ent government took all decisions in a hasty manner just to fulfill their political agenda," he added. "The law and order situation has

riorated, the business con nity is incurring losses, unemploy-ment rate is highest in the country, corruption and scams are happening everywhere, administrators & bureaucrats are not being held accountable.

This is the state of affairs in J&K," Rampaul said.
Ultimately, He asked the party workers of J&K to remain united and work with zeal and dedication and work with zeal and dedication for ensuring the welfare of the common masses of J&K and to strengthen the JKNC party at the grass root levels.

Zonal Secretary JKNC, Dr Vikas Sharma while speaking on the occasion said that it was under the common state of the st

NC's rule that the erstwhile state was among top states of our coun-try. He said that from unemploytry. He said that from unemploy-ment to literacy Jammu and Kashmir was and is in a far better position than other states of India. He lambasted those dividing people in the name of religion and region. He said that the time has come to He said that the time has come to defeat such forces and strengthen the hands of Dr. Farooq Abdullah and Jenab Omar Abdullah for lasting peace in the Union Territory.

He reiterated the resolve of the Month of the Abdullah Strength of the Month of the Abdullah Strength of the Month of the Abdullah Strength of the Abdull

NC party to put in back-breakingand painstaking efforts to restore statehood keeping the destructive elements at bay.

destructive elements at bay.
Others who spoke on the occasion were Adv. Rajinder Chamyal,
S.Surjit Singh Sassan, Naved Raji,
BD Dalotra, HemRaj, Som Raj,
Surjit kumar, Sagar Chand,
Manohar Raj, Romesh kumar, Dr
Sushil and others.

### IIPA JKRB organizes 10th Shri Ram Sahai Memorial Lecture



JAMMU, SEPT 03: Indian Institut of Public Administration, JK Regional Branch organized 10th Shri Ram Sahai Memorial Lecture on "Revitalizing Entrepreneurial Ecosystem in J&K" which was deliv-Ecosystem in J&K" which was delivered by Sh. Vikramjit Singh, IPS, Commissioner/Secretary to Government Industries & Commerce Department J&K. Sh B R Sharma, IAS (R), State Election Commissioner and Chairman, IPA

JKRB presided over the function. While delivering the lecture, Sh. Vikramiit Government of Jammu & Kashmir is committed to revitalize the entre-preneurial ecosystem through various innovative strategic and policy measures, which will enable the flow of finance for all types of indus-trial units, and create facilitating conditions for large scale units to come to J&K. Substantiating his arguments with various datapoints, he was of the view that agriculture, tourism, power, IT and logistics sector should be exploited by encouraging the youth to create start-ups. He also said that Lithium "White Gold" Reserve in J&K will be a game changer and bring in new opportunities. B R Sharma in his presidential remarks while paying homage to Sh. Ram Sahai said that he was a visionary and a passionate entrepreneur who had the ability to network and negotiate for a larger common good for J&K. While speaking on the theme, he said that the environment in J&K is conducive for entrepreneurs and it is only through the joint effort of government and other stakeholders that the opportunity can be fully

leveraged.

He suggested that regular stake-holder consultation workshops should be organized to fine tune the

. K B Jandial, IAS (Retd.), Director (Seminars), IIPA JKRB paid glowing tributes to Late Sh. Ram Sahai. He tributes to Late Sh. Ram Sahai. He said that as a founding member of the branch, Sh. Sahai has made immense contributions towards bringing the issues of trade and commerce to the forefront and this

memorial lecture is organized ever year to carry forward his legacy by year to carry forward his legacy by deliberating on issues of relevance to the industry. Rahul Sahai in his concluding remarks said that J&K has immense potential for socio eco-nomic development through entre-preneurship. He laid emphasis on entrepreneurial education and skill development. He further said access development. He further said access to capital, supporting infrastructure, networking opportunity and create conducive environment can surely make J&K an attractive hub of entrepreneurship. He acknowledged IIPA for organizing this memorial lecture in memory of his fether greater and the conductive of the conductive o father every year. Earlier Prof. Alka Sharma,

Earlier Prof. Alka Sharma, Secretary, IIPA JKRB delivered the formal welcome address and the proceedings were conducted by Dr. Anil Gupta, Joint Secretary. The progamme was attended by over 100 eminent citizens, members of IIPA, family members of Late Sh. Ram Sahai including Shri Khalid Jahangir MD JKTPO.Shri Teiwan Jahangir MD JKTPO,Shri Tejwant Singh Reen, Chairman Federation of Industries, Shri Lalit Mahajan, President BBIA, Shri Neeraj Anand, President CTF, Shri Rakesh Gupta, Ex- President CCI jammu, Shri Manish Cunt. Scotters Consent Manish Gupta, Secretary General CCI Jammu, Shri Rajesh Jain, Shri CCI Jammu, Shri Rajesh Jain, Shri Parveen Pargal, President Laghu Udyog, Shri Sanjay Bansal, Chairman Federation of All India Vyapar Mandal, Shri Sandeep Jain, General Secretary Jain Sabha, Shri Samer, Deckhoel, Co. Cheir, P.III. Samar DevCharak, Co-Chair PHD-CCI Jammu.

### Tanveer Ahmed: From adversity to adventure, A story of inspiration

testament indomitable spirit indomitable spirit of human determination and resilience. Hailing from the breathtaking yet remote Mahu-Mangat bowl, Tanveer's journey is a source of inspiration to all who hear it. Born into a humble farmer's family a humble farmer's family, his early life was marred by the tragic loss of both parents at a tender age. Despite facing formidable challenges, including his beethers including his brother's involvement in troubled paths, Tanveer's troubled paths, Tanveer's unwavering determina-tion and an insatiable thirst for adventure have propelled him to achieve the extraordinary. Tanveer's remarkable

journey commenced durjourney commenced dur-ing his high school years at Adnan Model High School in Banihal. It was here that he laid the first stepping stone towards his path of self-discovery and skill development. His pursuit of knowledge and adventure led him to enroll in a Bachelor of Tourism program. enroll in a Bachelor of Tourism program. Simultaneously, he decid-ed to embark on a journey of physical and mental endurance by honing his mountaineering skills at the prestigious Jawahar Institute of Mountainee ring. This training not only instilled discipline but also kindled a pro-



found love for the mountains and the uncharted territories they held.

In addition to conquer-

ing the heights, Tanveer ventured into the exhilaventured into the exhila-rating world of winter sports. He chose Pahalgam as his play-ground, where he threw himself into the adven-ture of skiing. Completing a skiing course in the famed destination of Gulmarg, he emerged not only as a skilled skier but also as a unique talent in the world of winter sports.

An innate adventurer at heart, Tanveer spent five transformative exploring the enchanting exploring the enchanting Mohu-Mangat valley. This deep connection with the region and its natural beauty would eventually lead him to a destiny intertwined with adven-ture and discovery. ture and discovery.

Tanveer's journey took a momentous turn when he decided to participate in the winter festival organized by the Indian Army in the Mohu valley. ment to showcasing the hidden gems of his home-land to the world.

extraordinary journey extraordinary journey, catalyzed by his partner-ship with the Indian Army and driven by his passion for adventure, has not only fortified his skills but has also propelled him to greater heights in life. Beyond the physical chal-lenges it has been a jourlenges, it has been a jour ney of personal growth resilience, and self-dis-

covery.

Today, Tanveer Ahmed stands as a beacon of hope and a role model for the youth of the region. His story demonstrates that with unwavering determination, an unquenchable thirst for adventure, and an unyielding love for one's homeland, it is possible to overcome adversity and

overcome adversity and create a brighter future. In a world often defined by hardships and uncer-tainties, Tanveer Ahmed's journey serves as a pow-erful reminder that adversity can indeed be the springboard to a remarkable adventure, one that redefines the boundaries of human potential. It's a story that resonates with anyone who dares to dream and persevere, offering a glimpse into the extraordinary heights that can be reached through sheer determina-

### Natrang presents hilarious play 'Commission' in its Sunday Theatre series

JI NEWS SERVICE

JAMMU, SEPT 03: Natrang presented a new hilarious play hilarious play 'Commission' written by Saadat Hasan Manto and directed by Neeraj Kant in its weekler '

directed by Neeraj Kant in its weekly theatre series, 'Sunday Theatre'. This play showcases the magic of satire, that how a modern emperor, living in the era of social media deals with his people deals with his people, and how an emperor can easily escape from his responsibilities by form-ing commissions after commissions.

The play opens in the modern court room of a modern emperor along with his two head but-lers. The emperor is a satirical being who brags how he has developed a friendly relationship friendly relationship between the goats and lions in his kingdom to erase their hostilities. The play showcases, the emperor doesn't share a



comes when a 'Fariyadi' comes to seek justice for his workers who have been killed by the sevikas of the empress, who were practicing archery in an open place. The emperor promotes his head butlers to ministers and asks them to go through the matter and come up with a proper report. After a two month long process, the newly appointed min-isters comes up with a gigantic report of one

emperor. The emperor on listening about this mas-sacre satirically boasts that he is a better emper-or than Jahangir and his philosophies doesn't philosophies doesn't make sense in modern era and asks his minis era and asks his minis-ters to behead all the girls who were involved in the massacre, but before the culprits are executed, a commission needs to be formed to deliver justice. The play is full of humor

The artists who partici-pated in the play are Palshin Dutta, Chirag Anand. Abhimanyu Choudhary, Chaitanya Shekhar, Sumit Bandaral and Sanket Bhagat Neeraj Kant executed the was scored by Mehak Singh, Sushant Singh

### Asha Kesar's 'Bhaakh' ''Dhakki Ballein Ballein Chadevan'' released



JI NEWS SERVICE

JAMMU. SEPT 03: In an impres-Shamm, SEPI Oz. ii an impressive function organised at writers
sive function organised at writers
sive function organised at writers
shams and sha

folk singer Smt. Asha Kesar was released by the Chief Guest Sh. Gulchain Singh Charak Former

other personalities of the Duggar other personalities of the Duggar Pradesh including Padamshri. Jitendra Udhampuri, Padamshri. Mohan Singh, Padamshri. Balwant Thakur, Er. Ashok Singh President Delphic council, Zorawar Singh, Vijay Verma, J.R. Jackson, Randhir Singh Raipuria, Seema Anil Sehgal, Bishan Das, and Dr. Sushma Rajput. "Dhakki Ballein Ballein Chadevan" poster and Susma Rajput. Drakki Bailein Ballein Chadeyan' poster and audio was also released by Smt. Asha Kesar on the occasion. Sh. Devinder Singh who prepared the audio/video was also honoured. All the procleme resulting at the control of t the speakers speaking on the occa-sion highly appreciated Smt. Asha

Kesar, the queen of Dogri folk for her contribution in the field.

A vote of thanks was presented by Dr. Sushma Rajput who thanked the Audience for their par

### BVP organises Bharat ko jano quiz competition

JAMMU, SEPT 03: In order to inculcate and to know more about their Culture, Religion, History Geography, Arts, Constitution and other fields related to India, Bharat Vikas Parishad

GYAN PRATIYOGITA, a quiz competition in TINY SCHOLARS SCHOOL, LOGATE MORH, KATHUA, today on 02

KATHUA, today on 02 Sept, 2023. About 50 students of 12 schools participated in the quiz competition held in two categories. A pair of two students from each school participated in the category( class

junior category( class 6th-8th) and senior cate-gory( class 9th-12th). The Bharat Quiz pro-gram was held in three rounds- The Written round, The Visual round and the Current Affairs round. Evaluation of written was done on the spot. Use of Computer technology was intro-duced for the first time in



supervision of their Principal Madam Mrs. Reena Khajuria and the Chairperson Madam Manisha Gunta.

Nav Adarsh School, Kathua bagged 1st spot. Dhawani Priya and Anjal Jasrotia of Tiny Scholars School, Logate Morh bagged 2nd spot having a with MSK Hr. Sec tie with MSK Hr. Sec. School while R.S. Golden and Minerva bagged 3rd spot in the senior cate-gories while Spring Dales School, R.S. Golden School secured 1st and 2nd positions, respective ly. Rasanpreet and Rijul Sharma of Tiny Scholars School, Logate Morh, Kathua bagged 3rd position in the Junior category. The winners of the competition were given mementos and certifi-cates while all participants were given partici-pation certificates.

pation certificates.

The whole event was hosted by Mrs. Prerna Khajuriaalong with a student Tapasya Gupta from the host institution. Lamp Lighting was enlightened by members of Bharat Vikas parishad, Chairperson Mrs Manisha Gupta and Principal Mrs Reena Khajuria. Expressing his views, Mr. Ashok Gupta, President of the organisa-Lighting was tion, emphasized upon

the need of such a com-

students to face the future challenges in their lives. Professor Dr. Ram Murti Sharma, the chief patron highlighted the importance of such competitions and threw light upon the motives and ctives of the organi-

sation.

The vote of thanks we extended by Sh. Kuldeep Coswami, Secretary of Principal Madam Mrs Madam Mrs. Reena Khajuria, of the host institution was instru-

Success.

The deliberations were witnessed by Sh. Ditt Kumar, Sh. Khem Raj, Kumar, Sh. Khem Raj, Sh. Hem Raj, Sh. Pawan Sharma and other mem-bers of the organisation, teachers of various par-ticipating schools, stu-dents, staff and the Principal of the host institution. n. The pro-was initiated gramme was initiated with the reciting of Vande Mataram and adminated with the chanting of National Anthem.

## petition so as to develop a quest among students to know about the country Vibodh calls on youth to work for stronger & prosperous Bharat



General Secretary and former MLC Vibodh Gupta on Sunday urged Vibodh Gupta on Sunday urged the youth to embrace five pledges (Panchpran) with the vision for a stronger and more prosperous Bharat. During the 'Amrit Kalash Yatra' today under the 'Meri Mati-Mera Desh' campaign in RS Pura, Miran Sahib Mandal of District

General Secretary BJP J&K Vibodh Gupta, along with District President Rekha Mahajan, District Prabhari Ayodhya Gupta, Seh Sarpanch Prabhari, Sarpanch and Spokesperson BJP J&K Adv Devraj Sharma, DDC Prof. Gharu Ram Bhagat, BDC Vidhya Mottan, District General Secretary Akas, Chopra, Mandal Prabhari Vikram Sharma, Anil Sharma and promi-nent persons including large num-ber populace of the area were present on the occasion

Vibodh said that we must dedivioon said that we must dedi-cate our lives to the following Panchpran, First, we must move forward with grand resolutions and the determination for a 'developed' India; second, we should eliminate all remnants of servitude: third, we must take pride in our heritage must take pride in our nernage; fourth, recognize the strength in our unity, and fifth, fulfill our duties as responsible citizens," stated Vibodh during a party workers' meeting. Vibodh Gupta strongly asserted that Bharat, under the ly asserted that Shalad, under the leadership of Hon'ble PM Narendra Modi, is on its way to becoming a Vishwa Guru (world leader). He called upon the youth to commit the next 25 years of their lives to

rment of humanity as a whole During the Meri Mati Mera Desh (Amrit Kalash Yatra) campaign all BJP leaders visited the residence of Sha-heed Ravi Kumar, a resident of RS Pura, Mira Sahib. BJP leaders honoured the Parents of Martyr Ravi Kumar and collected Soil in Kumbh from their residence.

Pertinent to mention, this Soil will

sent to Delhi and it will be used Construct Amrit Vatika com-

the nation's development and the

memorating Martyrs. Avodhva Gupta said, that under Ayounya Gupia sain, inat unuer the governance of Prime Minister Shri Narendra Modi, the organiza-tion of over 2 lakh programs during the Azadi ka Amrit Mahotsav has once again awakened the spirit of

atriotism in the entire nation. Adv Devraj Sharma said, that It is not just a program, but a medi-um to connect oneself with the future of the country. He said that we are in 'Amrit Kaal' (golden phase) under the leadership of PM Narendra Modi and this mega campaign will help us realize our commitment to making India a devel-

oped country."

Rekha underlined that under these programs inscriptions have been installed in every village of the country, and crores of citizens of the country have taken the pledge of 'Panch Pran' which will pave the way to make India great.

### Apni Party reviews grassroot level working

JAMMU, SEPT 03: April Party today reviewed working at grassroot level in Poonch during a meet-ing that was held at the office premises of the party.

meeting was organized by Dis President Poonch, MLA Shah Mohammed Tantray in which Provincial Secretary Jammu Dr Rohit Gupta also participated. meeting was attended by large numbers of party district level leaders and



workers. During the meeting, a review of the working of the party was taken by the District President Shah Mohammed Tantray, and Prevised Control Secretary Description.

Provincial Secretary Dr Rohit Gupta in a threadparty leaders emphasized to strengthen the party at grassroot level by expe-diting membership drive in all the constituencies of district Poonch, the leaders party leaders said. Following the discussion,

all the district, block, and

tehsil office bearers assured that they would assured that they would intensify their public out-reach programme across the district and highlight the policy and agenda of Apni Party.

Meanwhile, a member-ship drive was also

ship drive was also launched at the district party office where large

party office where large numbers of people joined the Apni Party. Shah Mohammed Tantry, and Dr Rohit Gupta welcomed the new and hoped that their join

### Khatana listens to constituents' concerns and promises action

JAMMU, SEPT 03: several delegations had the opportunity to meet with BJP MP Rajya Sabha, Er. Gulam Ali Khatana, representing various regions and constituencies, including retired SRTC Employees and representatives from districts like Rajouri, Doda, Poonch, and

Among these delegations, the retired SRTC Employees conveyed their longstanding grievances to

ment of arrears spanning the past decade. The dedicated employees had faithfully served the organiza-tion, and their plea for fair com-pensation was a reflection of their dedication and commitment.

Another delegation, led by Sarpanch Mehri Gujjaran Shazia Tabassum, presented a series of crucial infrastructure demands. They emphasized the necessity of constructing a road that would

MP Gulam Ali. Their primary con-cern revolved around the non-pay-Thekrian to Band Bagla, extending further to Kathrian Mehari Gujjran nurther to Kathrian Mehari Gujiran in District Rajouri. Additionally, they urged for the construction of a 2-kilometer road from Atta Chaki Thekrian to Bashir Mohalla and a 1.2-kilometer road from Jabrian Morh to Kala Khan Baryal Mohalla, eth is Mahari Cuiiran. The dale both in Mehari Guijran. The delegation also highlighted the importance of installing a 63 KV Transformer at Mohalla Band

### Pritam Singh felicitates newly elected **President of Auto Union**



Chib's triumph was noth-

ing short of exceptional. His dedication and com-

JAMMU, SEPT 03: A significant gathering that reverberated with reverberated with the spirit of community and leadership. Corporator Pritam Singh, a respected representative of Jammu Municipal Corporation's Word Number 55 teels Ward Number 55, took the initiative to organize a the initiative to organize a special felicitation ceremony. The event was dedicated to honoring Mr. Johny Chib, a prominent figure who had recently secured a remarkable victory as the President of the Aute Union serving the Auto Union, serving the region from Kunjwani

His dedication and commitment to the welfare of the Auto Union had clearly resonated with the community, leading to his resounding win.

Corporator Pritam Singh's role in orchestication of the property of the commitment of the price of the trating this ceremony was emblematic of his dedication to fostering a sense of unity and appre-ciation within the com-munity. He seized the opportunity to convey his rm congratulations to Mr. Chib, emphasizing the significance of this milestone and the expecations that came with it The felicitation ceremo-

ny served as a platform for Pritam Singh to con for Pritam Singh to con-vey his optimism that Mr. Chib's leadership would usher in a new era of progress and harmony within the Auto Union. Pritam Singh's words car-ried the weight of comried the weight of community support, and his hope was that the newly elected President would leverage his position to work tirelessly for the betterment of the union.

In response to the ou pouring of goodwill, Mr Johny Chib expressed his heartfelt gratitude to Corporator Pritam Singh and the entire communi-

ty. He spoke passionately about his commitment to about his commitment to the responsibilities that came with his new role. He pledged unwavering dedication to the welfare and advancement of the Auto Union, promising to address the needs and aspirations of its mem-bers with sincerity and

diligence.

The ceremony was a symbol of unity, cooperation, and the seamless relationship between the political leadership political leadership, embodied by Corporator Pritam Singh, and the transportation sector, represented by the Auto Union. The event res-onated not only within the local community but also as a testament to the power of collaboration and the positive impact of committed leaders.

The felicitation ceremo-

ny held in Jammu on that memorable day was and infemoration day was not merely a ceremonial event; it was a reflection of a community's spirit and the promise of a brighter future under the leadership of individuals like Mr. Johny Chib, who are dedicated to the bet are dedicated to the betterment of their sectors and the well-being of their communities.

### 'Freedom Fighters, Martyrs receive due respect under Modi Govt'

Statue of Amar Shaheed Mast Ram, a Hero of the 1965 Indo-Pak War, unveiled

JAMMU. SEPT 03: A statue paying of Nishang Sahaped Mast Ram of Village Mandla, Basohli Rural Panchayat, was jointly unveiled by Major General Shiv Kumar Sharma, AVSM (Retd), President of Sharma, AVSM (ketd), President of the Forum for Awareness of National Security, J&K, and Former Board Member of Shri Mata Vaishno Devi Shrine Board, Commandant EME School Vadodara, along with Dr. Vikrant Sharma, Sang Prant Karwaha J&K.

Sharma, Sang Prant Karwaha J&K.
The ceremony took place in the
presence of numerous dignitaries,
including Col Mahan Singh (Retd),
DDC Chairman Kathua, Col
Dharam Vir Sharma (Retd), Ajeet Singh ADC Basohli, Darshan Singh BJP Distt President, Shiv Padha renowned Social Activist & Writer, Advocate Kartar Singh Slaria, Capt Des Raj, Capt Yubkaran.

Hundreds of ex-servicemen, Veer Naris, prominent citizens, government employees, local residents, and youth also attended the event, which garnered significant media

Following the statue's unveiling, wreaths were offered by the digni wreatis were observed by the digitaries, and a 'Pushpanjali' (floral tribute) was given to Amar Shaheed Mast Ram by all present at the occasion. Guests planted plants around the memorial site, and the national flag was hoisted, with participants singing the national anthem. Local musician and singer Lekh Rai Verma along with his troupe performed patriotic songs that moved the audience songs that moved the audience emotionally. Veer Naris (widows of brave soldiers) were honored by the Chief Guest and Mrs. SK Sharma during the event, which also

included a community feast. Shaheed Mast Ram had made the ultimate sacrifice while coura-geously fighting the enemy in a fierce battle in the Chhamb Sector of J&K. Addressing the gathering, Gen. Sharma highlighted the camaraderie and patriotism of soldiers in uniform and praised the

self-reliant (Atmanirbhar) approach of the Indian Armed Forces. DDC Chairman Col. Mahan Singh (Retd.) extended a warm welcome to the guests and participants, emphasizing the commendable work being carried out by Purab Seva Sainik Prashid (PSSP)

Basohli under its state body's direction. He underlined the commitment of Purab Sanniks (Soundary from the eastern region) to serve society with dignity and honor in the nation-building process. Col. Singh also announced plans for coother memorial in the Dhar Colonk mitment of Purab Sainiks (soldiers Mahanpur region by Purab Sainik Seva Prashid

The DDC Chairman urged the "Meri Maati Mera Desh" program proposed by Hon'ble Prime Minister Narendra Modi, emphasizing its significance for the nation.

ing its significance for the nation.

Notably, the statue has been made by a renowned Chandigarh based artist and the front wall has been beautifully painted by a young local Artist Sunita Kumari. The complete program was organized to the perfection by the veter-

### Ensure massive participation in paying tributes to Martyrs under 'Meri Maati Mera Desh' programme: Bali Bhagat

JAMMU, SEPT 03: Bali Bhagat, senior BJF leader and former minisleader and former minis-ter has urged the people to ensure massive partic-ipation in 'Meri Maati Mera Desh' programmes to pay tributes to martyrs of the world's largest democracy who laid down democracy who laid down their lives in defending the nation. He expressed this in his address during a programme held under the auspices of 'Meri Maati Mera Desh' organ-ised at JMC Ward No. 66 ised at JMC Ward No: 66 of North Assembly Constituency. This pro-gramme will continue in



then transported to the National capital where it will contribute in the making of 'Amrit Vatika' in front of 'Rashtra Pati and BJP activists and workers Bali Bhagat workers Bali Bhagat informed that the Prime Minister Narendra Modi is spearheading the cam-paign and Mitti (Soil) will be collected from the Bhawan' on 'Kartavya Path'. be collected from the houses and the grounds near the statues and memorials of the martyrs at various locations across the nation including J&K. This will be

The senior BJP leader The senior BJP leader stated that these cam-paigns will be carried out under the slogan, "Mitti Ko Naman, Veeron Ka Vandan" to celebrate 77 He said that the Kalash

Yatras carrying the soil in 7500 urns will finally 7500 urns will finally reach the nation's capital Delhi by carrying soil in 7500 urns. It is the duty of the people of this nation to join the campaign to honour the ultimate serifices made by mate sacrifices made by mate sacrifices made by the Military, Para, Police and other forces in the service to the nation and its people. He said that the nation has a rich history of cul-ture valour, and sacri-

ture, valour and sacrifices that needs to be preserved and promoted to remind the future generunique heritage of sacri

# Public resentment against BJP gaining momentum: Bhalla

IKPCC Working President JRPCC Working President Raman Bhalla along with Kanta Bhan,Yogesh Sawh-ney, Vijay Sharma today led another protest march from Janipur to New Plot in support of abolishing the toll plaza, installation of smart meters, and the imposition of property imposition of property tax that have been significantly hampering the daily lives of the people in Jammu and Kashmir.The Congress workers holding rty flags and placards with anti-government slowith anti-government slo-gans, strongly condemned BJP Govt over skyrocketing prices of various essential commodities. The pro-test March was organized by Madhu Secretary DCC Jammu Urban, Ward -16, Block-I. Prominent among those present on occasion include Sonu Dogra, Ashok Kumar, Sunil Kumar, Sikander Khan, Davinder Kumar, Koushalya Devi, Vicky Kumar,Kuldeep Kumar besides others.

Kumar besides others.
Speaking on the occasion, Bhalla said that
public anger was on the
rise against BJP Govt's
wrong policies in J&K. He
alleged that every section
of the society is fed up
with this "anti-people"
dispensation. He urged
the people to get rid of
the "anti-people" BJP in
the next Assembly elections. He said all sections. tions. He said all sections of the society are suffering because of "anti-people policies" of the BJP Gov-

to mis-rule of both Central and LG Administration, which are led by BIP.He asked the people that if they want to mitigate their sufferings, they must come under the bamer of Congress Party whose leaders have scarificed their whole life for the uplitment of poor masses of India. Senior Congress leader accused the BIP Government of befooling the people of J&K by its false claims of development. Bhalla lashed out at BIP Bhalla lashed out at BJP

for abandoning people with their problems being related to the basic amenirelated to the basic amenities during its nightmarish rule, saying the promises made during 2014 Parliamentary and Assembly elections proved just hoax. They said BJP did nothing for the people except generating passions on religious and regional lines. The people have been living miserable life during the past more than during the past more than nine years, with nobody addressing their problem he added. He also launched scathing attack on BJP and alleged that they have let down the people of Jammu region. They said the BJP stands totally exposed before the people of Jammu. He stated that the BJP is encountering wide-spread public discontent in J&K due to its policies that are perceived as unfat he added. He also launched that are perceived as unfavorable to the poor and middle class.

Bhalla intensified his criticism of the incum-bent government's poli-cies, asserting that it has



ment for the youth, supporting weaker sections of society, and providing much-needed relief to much-needed relief to underprivileged sections of society. Addressing the delay in elections, Bhalla commented, "The BJP is avoiding elections due is avoiding electrons due to mounting concerns. The living conditions of those on the brink of pov-erty have not improved. Amid rampant inflation and unemployment, discontinuing food schemes has only compounded the daily struggles of the people. How can the BJP face those from whom it has taken away sustenance? How can a government that has imposed excessive taxes on the people confront them? Our struggling middle class, Below Poverty Line (BPL) individuals, and other marginalized communities are especially continuing food schemes munities are especially suffering." He continued, "They are unwilling to confront the people and are evading elections using various excuses.

roll revisions as reasons which were completed which were completed long ago. They even men-tioned unsuitable weather, but they lack justifications for further delaying the polls."

Bhalla affirmed, "Con-gress is dedicated to unlift-

gress is dedicated to uplift-ing the disadvantaged sec-tions of society. Our history reflects a commitment to pro-poor and pro-mar-ginalized actions. In the future, the Congress will future, the Congress will persist in working for the welfare of the poor, downtrodden, and the working class." He urged upon the administration of Lieutenant Governor Manoj Sinha to pay urgent attention as the public is suffering badly. He said that the BJP's claim of providing pro-epoole' governance 'pro-people' governance stand exposed as Central Government has failed miserably to address the issues affecting the general public. He castigated the BJP government, saying that the common man is going through the worst government in Jammu and sufferings under the cur- Kashmir, Bhalla referred

delimitation and electoral rent dispensation, which businessmen, ignoring the agonies of the coun the agonies of the cour-trymen. The victims of these three issues are the common men, the coun-trymen who are the true sons of the soil," said the former Minister."The BJP claims that theirs is a gov-ernment of the people, for the people. I ask them to explain how it could be a public friendly government when the com man is suffering from these issues for so long now," he asked. now," he asked.

Bhalla observed that
votes should be sought on
the plank of nation building, development, upliftment of poor and not by
exploiting religion. In
this grim scenario, the
vote base to plane, the

youth have to play a cru-cial role by negating and isolating all such forces which hoodwink them by the extreme levels of insignificance. generating fear about reli-gion being in danger", he added. Expressing dismay over functioning of the BJP

and said the scenario is dismal. Apparently refer-ring to alleged backdoor appointments, he said the confidence of meritori-ous youth have shattered, which call for course-correction. Speaking on the occasion, Bhalla said that the first and the fore-most priority for the union most priority for the union government should have been immediate restoration of Statehood to J&K which would have eventually paved the way for resumption of democratic ses, "Unfortunate ly, one fails to understand the reasons for the delay in the decisions of urgent nature when it comes to J&K," he remarked. Bhalla observed that people in J&K are already reeling under severe pressure of economic depression. one fails to understand "Administratively also the people in J&K feel suf-focated and are waiting feople in Jack teet surfocated and are waiting eagerly for a democratically elected government to address their sufferings. But the people at the helm in Delhi seem to be least bothered about these important public issues and are instead adding to their woes by these rushed decisions," he added. Bhalla said lack of will in the government has pushed all Sectors to the extreme levels of insign

Yogesh Sawhney said rogesh Sawhney said the present dispensation was working against the interests of the people of J&K and warned BJP not to barter the self-esteem

tion of youth in political activities, he said that Congress will continue to provide a vibrant platform to public-spirited activists. Congress will encourage honest and devoted youth to serve the people in best of their capabilities", he added. He decried politics of hate and urged the youth to fight the divisive youth to fight the divisive forces by strengthening the bonds of amity and brotherhood. He said and added that India belonged to all, irrespective of religion or cast. He said disruptive forces were doing a disservice to this great nation by sowing seeds of hatred. He said that Jammu and Kashmir was passing through a most difficult phase with the insensitive BJP Govt pursuing anti-poor policies. Sawhney said that Congress is getting open feedback of added that India belonged getting open feedback of the people to over nine years of 'mis-governance and maladministration.' and maladministration."
BIP should read the writing on the wall on the face
of historic public protests,
and it should serve as an
ultimatum to the government for failing Jammu,
Kashmir," he added. He
said Congress will continue to vouch for dialogue
between India and Pakibetween India and Pakistan, as he believes this to be the only way forward in heralding lasting peace in

the region Kanta Bhan claimed that "Youth are worst hit, as their avenues of jobs have been closed and whatsoever openings available movement

Defence Correspondents Course (DCC) - 2023

to nepotism and favor-itism in the process of loaves of power. Welcom-selection to various posts ing pro-active participa-and said the scenario is tion of youth in political she said, adding that this has blocked the future of has blocked the future of unemployed educated. See assailed the present dispensation for lack-ing transparency and accountability. The gov-ernment has lost its cred-bility and the adminis-tration its efficacy due to leadership deficit. The end sufferers remain the people, who find the people, who find themselves at the cross roads," she maintained. She accused BJP of plunging Jammu and Kashmir into uncertainty, saying their inherent contradic-tions can lead to unprec-edented political crisis. "Apart from failing on administrative front, the govt has not been able to give a matured political leadership to this sensi-tive state," she said. She said BJP, which publicly takes pride in boasting of solving the problems coning Jammu and Kashmi takes pride in boasting of solving the problems con-fronting the state, they are actually playing to galleries and addressing to own political constitu-encies. She exhorted the party functionaries and the grass root level work-ers to remain in readiness for any political develop-ment in near future. "The unnatural BJP Govt. can't ment in near future. "The unnatural BJP Govt. can't carry the baggage of contradictions anymore," she said, adding that Congress has to gear up for big challenge in the ensuing months. She said power has never been the desti nation of Congress, which she described as a mass

### IIPA JKRB organizes 10th Shri Ram Sahai Memorial Lecture

JI NEWS SERVICE

Indian Institute of Public Administration, JK Regional Branch organized 10th Shri Ram Sahai Memorial Lecture on "Revitalizing Entrepreneurial Ecosys-tem in I&K" which was tem in J&K" which was delivered by Sh. Vikramjit Singh, IPS, Commissioner/ Secretary to Government Industries & Commerce Department J&K. Sh B R Sharma, IAS (R), State Election Commissioner and Chairman, IIPA JKRB presided over the func-

While delivering the lecture, Sh. Vikramjit Singh said that Government of Jammu & Kashmir is com-

Substantiating his arguments with various data-points, he was of the view that agriculture, tourism, power, IT and logistics sector should be exploited by encouraging the youth to create start-ups. He also said that Lithium "White said that Lithium "White Gold" Reserve in J&K will be a game changer and bring in new opportuni-ties.

Sh B R Sharma in his presidential remarks while paying homage to Sh. Ram Sahai said that he was a visionary and a

he was a visionary and a passionate entrepreneur who had the ability to network and negotiate for a larger common good for J&K. While speaking on the theme, he said that the Jammu & Kashmir is committed to revitalize the
entrepreneurial ecosystem through various innovative strategic and policy
measures, which will
enable the flow of finance
for all types of industrial
units, and create facilitatmits, and create facilitatbe fully leveraged. He suging conditions for large



holder consultation work-shops should be organized

to fine tune the policy. K B Jandial, IAS (Retd.), Director (Seminars), IIPA IKRB paid glowing tributes to Late Sh. Ram Sahai, He said that as a founding member of the branch, Sh. Sahai has made immense Sahai has made immense contributions towards bringing the issues of trade and commerce to the fore-front and this memorial lecture is organized every year to carry forward his legacy by deliberating on issues of relevance to the industry.

entrepreneurship.

cluding remarks said that J&K has immense potential for socio economic development through laid emphasis on entre laid emphasis on entre-preneurial education and skill development. He fur-ther said access to capital, supporting infrastructure, networking opportunity and create conducive environment can surely make J&K an attractive hub of entrepreneurship. He acknowledged IIPA for organizing this memorial lecture in memory of his

father every year. Earlier Prof. Earlier Prof. Alka Sharma, Secretary, IIPA JKRB delivered the formal welcome address and the welcome address and the proceedings were con-ducted by Dr. Anil Gupta, Joint Secretary. The pro-gamme was attended by over 100 eminent citi-zens, members of IIPA, family members of IIPA, family members of Late Sh. Ram Sahai includ-ing Shri Khalid Jahangir MD JKTPO, Shri Tejwant Singh Reen, Chairman Federation of Industries, Shri Lalit Mahajan, Presi-dent BBIA, Shri Neeraj

dent BBIA, Shri Neeraj Anand, President CTF, Shri Rakesh Gupta, Ex and PRO Jammu. The aim President CCI Jammu, Shri of DCC tour in Army leg is Manish Gupta, Secretary General CCI Jammu, Shri to build a pool of journal-ists at all levels who under-General CCI Jammu, Shri Rajesh Jain, Shri Parveen Pargal, President Laghu Udyog, Shri Sanjay Bansal, Chairman Federation of All India Vyapar Mandal, Shri Sandeep Jain, General Secretary Jain Sabha, Shri Samar Dev Charak, Co-Chair PHDCCI Jammu. ists at all levels who under-stand the Armed Forces and are cognizant of the domain when reporting on stories relating to the Army and CI/CT environment.

During the one week
Forward Area attachment, the participants

#### Arrives in Jammu for Forward Area Tour JI NEWS SERVICE

The 2023 edition of Defence Correspondents Course (DCC), a three weeks course conducted by the Ministry of Defence for select journalists from National and Regional media houses, arrived at Jammu on 03 Sep 2023 for their most exciting part, Forward Area Tour. The DCC headed by Col Amitabh Sharma, PRO (Defence) Jaipur and Nodal Officer of the course were The 2023 edition of Officer of the course were received by Tiger Division



will be addressed by of the DCC is to foster will be addressed by subject matter experts from the Army. They will acquaint the journalists with various aspects of the Indian Army includ-ing Operations, Training, Humanizian Assistance Humanitarian Assistance and Disaster Relief and the organisational structure of the Army. The participants will also visit Line of Con-

of the DCC is to foster a stronger connection between the media and the military, equipping journalists with an under-standing of the Armed Forces.

This understanding is

This understanding is crucial when reporting on stories related to the defence environment, ensuring accurate and informed coverage.

will also visit Line of Control during their stay.

The course today visited Balldan Stambh at Jammu. The visit was conducted under aegis of Tiger Division, wherein they were briefed about the Balldan Stambam bad its importance. Wreath laying from two candidates of the course was also organised.

The primary objective

#### FROM THE FRONT PAGE...

Operation Posts being...

DGP impressed upon the officers to work in synergy for providing a better security environment to the people especially to the people living in difficult terrains of Rajouri and Poonch areas.

He also discussed an incident wherein members of a particular community were targeted and said that such attempts are made by the anti-nation elements to harm the communal harmony.

He directed for strict measures to prevent such incidents. The DGP directed for strengthening the anti-ter-

dents. The DGP directed for strengthening the anti-ter-ror grid by enhancing the human intelligence network

besides the modern technology.

He applauded the role of local police in recent successes in neutralising terrorists and also appreciated the role of civilians particularly the VDG in anti-terror

norts.

The officers from army and police apprised the DGP egarding the present security scenario and the mearegarding the present security scena sure in place on the anti-terror front.

#### CRPF Jawan shoots...

in Gundha Khawas area, a service weapon of a police personnel went off accidentally due to which the per-sonnel received injury in his foot," a police official said. On hearing the gunshot, some village defence guards fired some aerial rounds, he said, adding the injured jawan has been evacuated to hospital. (Agencies)

#### Soldier electrocuted...

be taken to his hometown for last rites after completion of legal formalities. (Agencies)

#### J&K govt, revokes...

told the Supreme Court.
To this end, the Chief Justice-led bench asked the AG to look into the matter and find out the reasons.
"If there is something else (other grounds) it is a separate thing. AG, you please speak to the LG and see what can be done, "the CJI Dr Dhananjaya Yeshwant Chandrachud, had said.
"The Splicitor Geograf (SC), Twhen Mekts, on behalf."

The Solicitor General (SG), Tushar Mehta, on behalf of the AG, interjected and had said there are other reasons as he continues to appear in court in various matters by taking leave from his teaching job.

"We will look into it. There could be other issues than

"We will look into it. There could be other issues than appearing here in this matter," SG Mehta told the Apex Court during the argument.

An anxious and concerned court also said such close succession to his appearing and getting suspended needed to be examined by Bhat, an Indian polity teacher in J&R who had appeared before the Supreme Court in the Article 370 batch of pleas hearing as one of the netitiners.

of the petitioners.

He had also argued in the case against the scrapping of Article 370 before the Apex Court. Surprisingly, he was later suspended from his post.

The five-judge Constitution bench is hearing a batch

of petitions challenging the abrogation of Article 370

Chandrayaan spearheads...

India's Space Sector.

The last nine years have witnessed a quantum jump in India's space journey making India standing at par with NASA, Roscosmos etc.which are now collaborating with ISRO for space expeditions, Dr. Jitendra Singh

Dr. Jitendra Singh said, the supremacy which India has evidently demonstrated before the world in terms of its human resource and human calibre through cost effective means despite constrained resources has put India as a frontline nation and a scientific cum economic force to reckon with.

Dr. litendra Singh further said, the whole world gives Dr. Jitendra Singh further said, the whole world gives credit for all this to PM Narendra Modi for having taken several progressive policy decisions like bringing all the stakeholders together to put in a joint effort with a collective contribution.

During the event, Dr. Jitendra Singh also urged people to participate in Amrit Kalash Yatras, take the 'Panch Pran' pledge, commit to India's progress and development so as to witness India reaching its zenith in 2047. Besides PRI representatives of the area, the event was addressed by DDC Chairperson, Lal Chand and Deputy Commissioner Udhampur. Saloni Rai.

Commissioner Udhampur, Saloni Rai,

#### and the bifurcation of the erstwhile state of Jammu and First earth-bound...

FIFST CAITTH-DOUDIGM...

a Trans-Lagrangian insertion manoeuvre, marking the beginning of its 110-day trajectory to the destination around the L1 Lagrange point.

Upon arrival at the L1 point, another manoeuvre binds Aditya-L1 to an orbit around L1, a balanced gravitational location between the Earth and the Sun. The satellite spends its whole mission life orbiting around L1 in an irregularly shaped orbit in a plane roughly perpendicular to the line joining the Earth and the Sun. (Agencies) roughly perpendicular and the Sun. (Agencies)

#### Leonard mauls...

along with senior officers of the Jammu and Kashmir Wildlife Department rushed to the spot. Meanwhile, the search is on to capture the leopard, the Range Officer

The deceased girl child has been identified as Tanu,

"After getting information about the leopard taking away a small girl, our teams launched a search operation but unfortunately we found her dead," the officer

said. I will also a massive search operation to catch the wild leopard and soon we will capture it. We have prepared the file of compensation for the victim's family. Proper compensation should be given to them as soon as possible," he said. (Agencies)

# of late PM A.B Vajpayee at Atal Ji Chowk

Purnima commits to upholding Vajpayee's vision for a stronger & more prosperous India



II NEWS SERVICE

Secretary (Org) of the BJP, and Kavinder Gupta, former Deputy Gupta, former Deputy Chief Minister, jointly unveiled a statue of the late Prime Minister Atal Bihari Vajpayee at the Rotary located in Atal Ji Chowk, Jammu.

The event was graced by the presence of Member of Parliament Member of Parliament
Jugal Kishore Sharma,
Purnima Sharma,
Corporator of Ward No. 1
and former Deputy
Mayor, Parmod Kapahi,
District President President District President, Rajeev Charak, Mandal President Parveen Kerni. nd Mandal President

It's noteworthy that the intersection was previ-ously named Atal Chowk by former Deputy Mayor Sharma. Purnima Additionally, the con-struction of this rotary was also accomplished through her determined

Ashok Koul commended Atal Bihari Vajpayee ji for his visionary leadership remarkable plished during his 60year parliamentary career. Ho

career. He said Vajpayee's contributions to India's growth and global standing remain etched in the nation's history. His dynamic history. His dynamic leadership played a piv-otal role in shaping India's destiny, and he continues to inspire generations with his states-manship and eloquent oratory, he added.

Ashok Koul also announced a grand cele-bration at Atal Ji Chowk on December 25th to commemorate Vajpayee's irth anniversary. Kavinder Gupta in his

address emphasized the significance of the abrogation of Article 370 and its positive impact on Jammu and Kashmir, paying tribute to Atal Behari Vajpayee for his invaluable contributions.

installed many statues during his tenure as Mayor, the prominent ones being two statues of Maharaja Hari Singh, Acharya Chanakya and Jai Prakash Narayan besides Balidan constructing Stambh Balidan Stambh at Ambphalla, Justice Mehar Chand Mahajan Road and Shyama Prasad Mukherjee Chowk. Speaking on the occa-

ing facilities, temples, and cultural centers. She highlighted that a parking facility was construct ing facility was construct-ed with Rs 24 crore while Rs 17 lakh was allocated for the development of Sardaron Ka Mandir, Rs

27 lakh for SatyaNarayan Mandir, Rs 25 lakh for Banwari Mandir, Rs 9 lakh for Chander Guffa, and Rs 37 lakh for Yog

and Rs 37 lakh for Yog Dhyan Sadhna Kendra. Additionally, she informed that 2 halls, 1 dispensary, and 1 library are currently under con-

struction at Circular Road with an estimated

cost of Rs 8 crore for the

welfare of people of East constituency.
Purnima Sharma also

threw light on the devel-

opment works initiated

by the Late MLA Rajesh

by the Late MLA Rajesh Gupta. She mentioned that the projects left unfinished by Rajesh Gupta were successfully completed by her and her

The event concluded

with Purnima Sharma

with Purnima Sharma participating in the 'Meri Mitti Mera Desh' cam-paign by collecting soil from the residence of Brigadier Rajinder Singh and Atal Ji Chowk in Ward No. 1. ST Morcha District Pessident Attor.

District President Attar Hussain, Abdul Hussain, Bajalta Mandal Youth

Panches were also pres-

ent at the gathering, along with Parmod Kapahi, District

Panjgrain,

sion, Purnima Sharma sion, Purnima Sharma shed light on Atal Behari Vajpayee's remarkable contributions to the nation and described the installation of his statue as a significant tribute to the great leader. She extended its heartfelt gratitude to everyone who gratitude to everyone who joined in this momentous occasion to celebrate the launch of Atal Bihari Vajpayee's statue and vowed to continue working tirelessly to realize his vision for a stronger and

vision for a stronger and more prosperous India. Purnima Sharma also shared information about several major develop-ment projects undertak-

ONFERE

### Ashok Koul, Kavinder, Jugal unveil statue Pre-LS elections, Democracy Process & Statehood unlikely to be restored in I&K: Shiv Sena



JAMMU, SEPT 03: There seems to be no possibility of holding Assembly elections in Jammu and Kashmir before the upcoming Lok Sabha elections, which is mainly due to the diminishing popularity of the BJP leaders in the state. It is certain that the longer the delay in elections, the bigger the defeat will

The slogan of 'One Nation, One Election' is also not likely to be effective in Jammu and Kashmir, said Manish Sahni, President Shiv Sena J&K unit.

Addressing a press conference Addressing a press conference held at Party's state central office today, Sahni said that the central government is not providing any positive indications for the restora-tion of democratic process and

statehood in Jammu and Kashmir, statehood in Jammu and Kashmir, thus indicating that the restoration of democracy in Jammu and Kashmir does not seem feasible in the near future. The main reason for this is the decreasing populari-ty of the BJP leaders in the state, he celded he added.

Sahni said that the BJP's "One Sahm said that the BJP's 'One Nation, One Election' campaign is not working to eliminate the anger of the people towards the state leaders. He mentioned that even the High Court has taken serious note of the delay in the restoration of democratic process in Lampui. of democratic process in Jammu and Kashmir and had questioned and kashmir and nad questioned the central government. In response, the Modi government has shifted all responsibility to the Election Commission. While it is no secret who the Election Commission works under, the cen-

tral government has also not provided any specific timeline for the restoration of full statehood

restoration of full statehood.

Sahni stated the ground reality is that the BJP has lost the trust of the people in Jammu and Kashmir.

Since the abrogation of Article 370, there has been no significant improvement in the ground situaimprovement in the ground situa-tion, and in such a scenario, the BJP wants to keep its narrative on Article 370 strong until the Lok Sabha elections.

Sahni mentioned that even the municipal elections in Jammu and Keal

Kashmir can be postponed along with the Assembly elections. There have been serious discrepancies found in the voter lists of wardfound in the voter lists of ward-level bodies and panchayat elec-tions in the state. The Election Commission has revised the sched-ule for the publication of the voters' list in Jammu and Kashmir on November 25 as the final date.

Sahni said that the BJP is trying out new strategies to postpone the elections, sensing the anger of the people, and the longer the delay in elections, the bigger the defeat will

of the Women's Wing, Meenakshi Chhibbar, chairman Gunta, General Secretary Vikas Bakshi, Vice Presidents, Sanjeev Kohli, Mamta Devi, Prabhari Ashwani Prabhakar, Sanjeev Sharma were present.

### 15th International Art Exhibition (Online) in Jammu Honors Late Artist Gobind Kour

JAMMU, SEPT 03: The 15th International Art Exhibition (Online) organized by the Jammu & Kashmir Centre for Creative Arts & Kashmir Centre for Creative Arts (JKCCA), Jammu, opened on a cel-ebratory note with the inaugura-tion ceremony graced by Sh. V S Rahi, a distinguished artist and former Vice-President of the All India Fine Arts & Crafts Society (AIFACS), New Delhi. This presti glous exhibition was dedicated to the memory of Late (Smt.) Gobind Kour, hailed as the first Contemporary Woman Sculptor of

The exhibition showcased an The exhibition showcased an array of capitivating artworks contributed by renowned artists from various countries, alongside emerging talents from India. The curation of this impressive display was entrusted to Sh. O P Sharma, an accomplished artist and accomplished artist and Director of JKCCA.

Director of JKCCA.

In a heartfelt message, Sh. V S
Rahi lauded the artistic prowess of
Late (Smt.) Gobind Kour, recognizing her mastery across various
mediums such as sculpture (portrait, figurative, and abstract),
printmaking, and drawing. He
noted that she had received
numerous prestigious awards from
craenizations across the country. organizations across the country

during her illustrious career.

O P Sharma, Director of JKCCA, conveyed that this International Art Exhibition served as a fitting

tribute to the memory of Late (Smt.) Gobind Kaur, honoring her remarkable contributions to the remarkable contributions to the field of visual arts. The exhibition featured artworks from seventy-five artists halling from diverse corners of the globe, offering viewers a glimpse into the unique styles.

gimpse into the unique styles, mediums, and perspectives of artists working worldwide.

JKCCA, in its commitment to the development, promotion, and propagation of art, culture, and literature in the Union Territory of Jammu & Kashmir, has tirelessly cronsized numerous cultural activ. organized numerous cultural activities at state, national, and international levels

The list of participating artists was extensive, encompassing renowned names such as V S Rahi

(Delhi), T S Batra (Jammu), Dr Nathu Lal Verma (Jaipur), Jang S (Jamn Verman (Jammu), Ramesin Bhosale (Pune), K S Gill, and Dharminder Sharma (Amritsar), O P Sharma (Jammu), Dr. Mamta Singh (Dehradun), Pratima Singh (Lucknow), Gaytri (Hoshiarpur), and Dr. A K Dixit (Delhi), among

and Dr. A K Dixit (Delhi), among many others.

This international platform not only celebrated the rich tapestry of artistry but also embodied the spir-it of cultural exchange, fostering a deeper appreciation for diverse artistic expressions worldwide. The event stood as a testament to the enduring power of art to bridge

### President, and Rajiv Charak, a senior BJP forts. Even before this, During his address, Kavinder Gupta has JPBM urges restoration of Statehood, Land, and Job Guarantees for J&K

JAMMU, SEPT 03: While demanding restoration of statehood with land and job guarantee Jammu & Kashmir, the Jammu Province Bachao Manch (JPBM) urged upon the Government of India to combat corrup-tion, price hike, unprece-

imposition,drug abuse, crime, unrest among youth, farmers, work-men, professionals and traders. JPBM ed awareness campaign on non-Political levels from Vijaypur Chowk today which shall be taken to the gross root level in all the districts and blocks of

the districts and DIOCRS of the region.

While mentioning about the Permanent Residential Certificate, Mr. Ashok Sharma, Chairman of the Manch said that every citizen of



removing Sarore and Ban Toll Plaza and smart Toll Plaza and smart meters beside levying the Property tax', Advocate Ashok Sharma said that people are already facing the brunt of soaring prices of commodities and at this juncture burdening the poor people is

tants of LoC and IB, the ment must restore the
PRC system to the people
of erstwhile State of
Jammu & Kashmir.
Coming heavily on the
government for not

from job opportunities. Sr. leaders of JPBM insane step so it should be rolled back immedi-

JPBM chairman said that JPBM chairman said that government must provide them 5 marlas of residen-tial plots to the safe places so that they may live their lives without fear psychosis. He exhorted that the Trade & Commerce' is being high jacked by the outsiders and the same should be retained with the original residents of J&K, ensuring the locals

Kuldip Sharma and Satish poonchi while be rolled back immediately.

Referring to the inhabi-

Jammu, said that government must develop a mechanism to mechanism to make Jammu region a Drug Free Zone. They further asked the government to immediate release the wages of daily wagers of PHE and other departments, besides regularize ments, besides regularize all those daily wagers who have completed the seven years in services. They exhorted the gov-ernment to save the culture of Jammu as out siders are damaging the culture which is matter of concern. The awareness event was organised by Mr. Rakesh Kumar Sharma and his team.

### **Motivational talk on joining Indian Armed Forces held**



dents to join the Indian Armed

The students were informed in detail about various entries available to males and females to join as Officers and Other Ranks in the three Services.

They were also explained about

They were also explained about the academic and physical requirements for appearing in the entrance examinations and recruitment rallies.

Teachers and other members of the society attending the lecture expressed their gratitude to the Indian Army for this positive engagement with the young minds and inspiring them to become ideal members of the society.

### Janmashtami Festivities: Sadhvi Radhika Bharti shares Lord Krishna's Leelas



JI NEWS SERVICE

REASI, SEPT 03: On the auspi-REASI, SEPT 03: On the auspi-cious occasion of Shri Krishna Janmashtami, Sadhvi Radhika Bharti, a devoted disciple of Shri Ashutosh Maharaj ji, presented the divine pastimes of Lord Shri Krishna during the fourth day of the five-day Shri Hari Katha event held

five-day Shri Hari Katha event held at Sanyog Banquet Hall in Reasi Ghar, organized by the Divya Jyoti Jagruti Sansthan. This celebration holds profound significance, as it is believed that through his playful act of stealing butter, during shillbead. Lead during childhood, Lord Krishna conveys a universal mes-

sage - the quest to attain the essence of God. Just as butter repessence of God. Just as butter rep-resents the essence of milk, God is

inspiration and guidance on the path to realizing God. Lord Shri Krishna's act of breaking the earthen pot and discarding it symbolizes

en pot and discarding it symbolizes the abandonment of ego. It illustrates that human ego often acts as a barrier that separates indi-viduals from God. Lord Krishna's actions emphasize that God yearns for sincere devotion and heartfelt emotions. Renowned saint Tulsidas ji emphasizes the importance of

knowing God first, as true under-standing is the foundation of unwa-vering faith in God. Faith, in turn, serves as the basis for love towards God, as devotion lacks strength without love.

without love.

A genuine Satguru plays a pivotal role in guiding devotees to attain God's vision. It is through the grace of a Satguru that individuals can perceive God within themselves, leading to spiritual engine to spiritu leading to spiritual enlightenment. The love for God serves as the cor-The love for God serves as the cor-nerstone of patriotism. True devo-tees of God earnestly pray and work for the well-being of their mother-land and the entire world.

The event featured beautiful bha-

jans performed by other Sadhvi sis ters participating in the Katha.

The program concluded with a Sri Aarti, attended by sacred Sri Aarti, attended by esteemed guests including Swami Suchetanand, Swami Haridas-anand, Sanatan Dharma Sabha President Nandkishore Sharma, Municipal Committee President Sudesh Puri, and Dr. Dev Sharma, 66 THOUGHT OF THE DAY 99

"An eye for and eye will only make the whole world blind." - Mahatma Gandhi

#### JINDRAH IMAGES

### Much-needed succour

the Union Government has provided the much needed succour L to common masses after it slashed the prices of domestic gas cylinder by Rs 200 though the decision has triggered a major debate at national level with opposition parties saying the move is aimed at taking political benefit because of upcoming assembly elections in five states and Lok Sabha elections scheduled to be held early next year. The people are quite happy and expect that the government may announce more measures to take them out of economic morasse. Prime Minister Narendra Modi has described the decision as 'a gift to crores of my sisters of the country on the occasion of Raksha Bandhan', adding that the government will always do everything possible to improve the people's quality of life and benefit the poor and the middle class. There is no denial in fact that the populist decision is expected to bring respite to crores of households whose budgets have been under strain in recent years due to the everrising LPG prices. The cost of a cooking gas cylinder had crossed the Rs 1,150 mark in March this year. The rates had been upwardly revised almost on a monthly basis during 2021, with February that year witnessing three hikes. With the Congress promising cheaper LPG in poll-bound states, it was expected that the BJP-led NDA would definitely do something to make further connect with the masses as it desperately tried to show that it is not indifferent to the problems being faced by domestic consumers, particularly women. The government, however, has taken too long to rein in LPG prices. Allowing things to drift undermined the success of the Pradhan Mantri Ujjwala Yojana, which has played a key role in more than doubling the number of LPG connections in the country in the past nine years - from 14.5 crore in April 2014 to around 33 crore now. If one looks at the financial implications of this populist decision, it will cost the exchequer about Rs 7,680 crore in the current financial year and will help a bit in assuaging public anger over the rising prices of essential commodities. It would be interesting to see whether it would benefit the BJP in this year's Assembly polls and next year's General Election next year. In any case, easing the financial burden on citizens should not be a seasonal affair with an eye on their votes. Public welfare should always be a top priority, uninfluenced by political and electoral considerations. Secondly, the opposition parties should not refrain from doubting each and every decision of the government which has a direct impact on the day-to-day affairs of the people. The decision should have been welcomed by one and all for the larger public interest but it again sadly turns into a political debate. The government should take further decisions to ease the financial burden of the common masses to ensure that they are able to live a normal life and sustain their livelihood.

#### DISCLAIMER

"Jindrah Images" does not take responsibility for the contents o advertisements (Display) Classified) carried in this newsp paper does not endorse the same. Readers are request fy the contents on their own before acting there upon."

# Bidding goodbye to antiquated legalese

Tt's time to bid adieu to the antiquat ed archaisms that have long been entrenched in the corridors of ius tice. In a landmark move towards fostice. In a landmark move towards fos-tering gender equality and dismantling deep-seated stereotypes, the Supreme Court of India has taken a decisive step by taking a linguistic leap forward and releasing a handbook that aims to elim-iests, exchain and disconsistents. In inate archaic and discriminatory language from its proceedings. Gone are guage from its proceedings. Gone are the days when a 'career woman' or a 'fallen woman' conjured visions of melodramatic narratives, and a 'faith-ful, dutiful or obedient wife' sounded like an instruction manual for marital conformity.

The handbook suggests to simply use

the term 'woman' in place of the above ntioned archaic and uniust terms mentioned archaic and unjust terms. The legal fraternity must acknowledge that language has power, and the lexicon of law should be a reflection of societal progress rather than a stagnant pool of stereotypes. The Handbook on Combating Gender Stereotypes is hence a timely intervention, effectively hence a timely intervention, effectively brushing a linguistic mop on terms that have no place in today's world. While some might argue that these terms are mere semantics, it's essential to recognise that language shapes per-ceptions, beliefs and attitudes. Shakespearean English might charm literare certwingte, but it as not how literary enthusiasts, but it is not how we communicate today. Similarly, these we communicate today. Similarly, these genderunjust terms belong to a bygone era of thinking. By shedding light on words that perpetuate gender inequality, the apex court has set a precedent for a language evolution that mirrors the broader evolution of social norms. mations lies in the replacement of the term 'eve-teasing' with 'street sexual harassment'. By using more accurate nariasment. By using more accurate and comprehensive language, the court acknowledges the severity of such actions and sets a tone for a society where victims are heard, understood and given justice. This shift also sends a powerful message that trivialising and normalising such behaviour will not be tolerated.

The handbook also recommends referring to what is commonly termed as 'forcible rape' simply as 'rape'. The term 'forcible rape' is undoubtedly redundant because rape, by its very nature, involves non-consensual sexual intercourse achieved through force, coercion or lack of consent. In most coercion or lack of consent. In most jurisdictions, the absence of consent is a crucial element in defining the crime of rape. Therefore, any sexual act that is non-consensual, regardless of the specific level of force involved, would fall under the category of rape. The handbook also suggests using the terms 'menstrual products' instead of

feminine hygiene products'.

This change reflects the growing need to normalise menstruation as a natural and regular bodily function in biologically female individuals. It aims to fos ter an environment where discussions surrounding menstruation are free from stigma and treated with the same from stigma and treated with the same respect and consideration as other aspects of human biology. The hand-book also proposes to refer to an 'unwed mother' simply as 'mother'. This approach seeks to eliminate the

social stigma associated with single motherhood and recognise the fundamental role of parenting regardless of

'mother' without the unnecessary qualifier, the handbook promotes a more inclusive and non-judgmental approach, emphasising the importance of supporting all mothers and their children irrespective of their marital circumstances. The inclusion of terms like 'intersex' instead of 'hermaphro-dite' in the handbook demonstrates the court's commitment to understanding court's commitment to understanding and acknowledging diverse gender identities. In a country as culturally rich and diverse as India, recognising the existence and rights of intersex individuals is a critical step towards inclusivity.

The handbook further recommends using the term 'transgender' in place of 'transsexual', and 'crossdresser' 'transexual', and 'crossdresser' instead of 'transvestite'. This adjustment is aligned with the evolving understanding of gender diversity and inclusivity. Transgender' is a more accurate and respectful term that acknowledges an individual's gender identity beyond their biological sex, while 'crossdresser' is a term that reflects a personal choice in clothing and presentation without implying any specific gender identity. These changes aim to create a language framework aim to create a language framework that respects and affirms the identities of individuals while promoting a more informed and compassionate dialogue around gender-related matters. By around gender-related matters. By using appropriate language, the court is signalling a departure from harmful practices of mislabelling and ostracis-ing marginalised communities. Initially, the Code of Civil Procedure 1908 made mention of individuals lacking financial means as 'paupers'.

Acknowledging that language carries

and can either uphold or undermine the respect of such individuals, the law the respect of such individuals, the law was modified. The term 'pauper' was substituted with the term 'indigent'. This alteration to the law wasn't solely driven by legal technicalities but was intended to acknowledge the inherent worth of the people it pertained to. Similarly, numerous words and phras-es employed in legal discussions (both by legal practitioners and by indees) es employed in legal discussions (both by legal practitioners and by judges) echo outdated notions intertwined with patriarchal nuances. "Even when the use of stereotypes does not alter the outcome of a case, stereotypical lan-guage may reinforce ideas contrary to our constitutional ethos. Language is critical to the life of the law.

Words are the vehicle through which Words are the vehicle through which the values of the law are communicat-ed. Words transmit the ultimate inten-tion of the lawmaker or the judge to the nation. However, the language a judge uses reflects not only their interpretation of the law, but their perception of society as well. Where the language of iudicial discourse reflects antiqua judicial discourse reflects antiquated or incorrect ideas about women, it inhibits the transformative project of the law and the Constitution of India, which seek to secure equal rights to all per-sons, irrespective of gender," Chief Justice of India DY Chandrachud has written in the foreword of the handhook.

The Court. hence, is acting as the ultimate 'word police', ridding its judg-ments and orders of gender-biased terms as if they were miscreants in the linguistic underworld. Additionally, the handbook includes tables that debunk various stereotypes and present the actual realities in those scenarios.

### Reflections on an ideal trainer

police job is exacting and strenuous and so the object of Astrenuous and so the object of
Atraining of IPS officers, leaders of the police force of tomorrow, is
to make them tough and strong They
have to protect society from crime and
criminals. Like Spartan generals they have to be brave and no-nonsense leaders. The Central Police Training leaders. The Central Police Training College (CPTC) at Mount Abu was the post induction training institution of IPS officers. It was a makeshift institution hurriedly set up after independence. Training facilities were inadequate and in the curriculum there was an overemphasis on drill, parade, horse riding and physical exercises To

horse riding and physical exercises 10 many young IPS probationers CPTC was an acronym for constant physical torture college.

When we entered the portals of the CPTC, the commandant was a celebrated and colourful police officer of the UP cadre, G K Handoo. Tall, handsome and with silvery mane, he was a commanding and captivating person-

We used to experience a sense of awe and trepidation in his presence. He made clear to us in no uncertain terms that the police service is for the brave and lion-hearted and not for weaklings. He left on deputation to the government of India after two months and the Deputy commandant, E L Stracey became Commandant-in-

Stracey became commence charge.

Stracey was an IP officer of the Madras cadre. Smart, handsome and ramrod straight, he was an inspiring model, and an ideal trainer who took great interest in imparting training to great interest in imparting training to budding leaders of the Indian police service. Stracey was a stickler for cor-rect etiquette and manners and took great interest in teaching raw proba-tioners how to hold forks and knives correctly at the dinner table, how to greet a lady and how to salute correctin uniform. We used to call him ly in uniform. We used to call him Etiquette Loving Stracey. He could be blunt and stiff at times but always sought to inculcate in the probation-ers officer the same qualities. Colour of the socks not matching the shoes, hastily shaven cheeks and loose tie knots would not escape his eagle eyes. Conce while noticing a young proba-tioner lowering his head too much while sipping, he advised him not to do so and devastatingly added horses do like that. Though punctilious, he was never a heartless martinet. Behind a tough exterior there was warmth and concern for the welfare of the trainees. He would tick off not only the probationers but also the instructional staff and the senior officers

coming for the advanced courses. He used to chastise outdoor instructors used to chastise outdoor instructors for using swear words on the parade ground. He pulled up a senior officer (who later became a Member of Parliament) for coming late as a player in a cricket match and setting a bad wrounds for control of the property example to probationers. Once while admonishing an errant probationer he said that one has to be at times cruel in order to be kind. Firmness and fair

in order to be kind. Firmness and nar-ness must go hand in hand. Stracey used to take classes on police procedures. He was not very knowledgeable on police regulations and administration but always emphasised that in police investiga tion third degree methods are count-er-productive and morally unaccept-able. He used to emphasise that only when the senior officers stand rocklike and insist on policing according to due process would Indian police be able to get out of the miasma of distrust that now envelops it.

Twenty years later when I was serv-Twenty years later when I was serv-ing as DIG in Rourkela in Orissa, I received a letter from MIS Iyer, the then Deputy Director Training, National Police Academy, that Stracey's sword was to be kept in the Central IPS mess at the NPA and wanted me to suggest some appropriate lines to be inscribed on the brass below the sword. I wrote back to Mr

Iver that Stracy had become a living legend and would occupy a distin-guished place in the annals of the Indian Police Service. I suggested the following lines to be inscribed below the sword:

Be Just and fear not. Let all the

ends thou aimst at

Be thy country's, thy God's and

truths.

I sent a copy of my letter to lyer to
Stracey, who was then DirectorGeneral of police, Tamil Nadu. Stracey
wrote back that the "compliments you
have paid are touching, all the more
because they are sincere. I only hope I
deserve them."

Today, many of the police training Today, many of the police training institutions of the country are in a bad shape and have become dumping grounds for inefficient and demotivated officers and men. We need outstanding and committed officers like Stracey at training colleges and institutions to galvanise them. His dignitutions to galvanise them. His dignified bearing graceful manners, eye for detail and constant and unremitting endeavour to improve an institution mark him out as an ideal trainer.

(The writer is Senior Fellow Institute of Social Sciences, a former Director General of the National

Human Rights Commission and for mer Director, National Police

### The shrinking space for books within our homes

More than a year ago, at the apartment complex where I stay, someone suggested setting up a space for a library within the premises. It evoked nodding approvals, enthusiastic responses, pledges of book donations and so on. At the same time came another suggestion for a sports area for children, which the building was sorely lacking. Soon enough, work becan on an indoor sports court. But was sorely lacking. Soon enough, work began on an indoor sports court. But the library was, well, forgotten. It's not that nobody wanted a library. It's just that nobody wanted one so badly. And there was nothing surprising about it. Pre-Covid, there used to be a couple of lending libraries in my neighbourhood. Today, there are none

Which brings to mind what writer Which brings to mind what writer Neil Gaiman said at a lecture some years ago: "The simplest way to make sure that we raise literate children is to teach them to read, and to show them that reading is a pleasurable activity. And that means, at its simplest, finding books that they enjoy, giving them access to those books, and letting them read them." Gaiman was building a case for public libraries. He added, "Prose fiction is something you build

up from 26 letters and a handful of punctuation marks, and you, and you punctuation marks, and you, and you alone, using your imagination, create a world and people it and look out through other eyes. You get to feel things, visit places and worlds you would never otherwise know. You learn that everyone else out there is a me, as well. Vavie being company alone and well. You're being someone else, and

weil. You're being someone eise, and when you return to your own world, you're going to be slightly changed."
Gaiman couldn't be more right.
Everyone worries about the receding role and shrinking space of public and private libraries, which is truly worthy of some serious discourse. But there is nother equilibraries results are received. another equally grim reality that may not have the statistics to back it up: the not have the statistics to back it up: the shrinking space for books within our homes. Ever so often, there are requests from people wanting to give away books, especially when shifting houses. But there aren't always takers for them. Both the generous givers and reluctant takers know this too well: that books take up space, accumulate dust and may never even be read. There's an anecdote about Jacques There's an anecdote about Jacques Derrida, philosopher, father of deconstruction and a notoriously abstruse writer. When asked if he had read all the books in his vast library. Derrida

for an earlier age. Today, they jostle for space with gadgets, crockery, toys, knick knacks and all the clutter that so defines modern-day living in cubby-

hole apartments.
So, are we witnessing the slow death So, are we witnessing the slow death of home libraries? It may be too premature to posit that. But we may be headed there. It is not that people don't enjoy reading. Evidently, there are people buying them. There are socially active online book clubs with a wide network. We have audiobooks and e-books that sustain reading and make reading sussustain reading and make reading sustainable too. But should these digital disruptors make the home library cor

disruptors make the home library conveniently dispensable? That's where the problem lies.

Writer Douglas Adams was being witty but spot-on when he said, "We notice things that don't work. We don't notice things that do. We notice computers, we don't notice pennies. We notice co-book readers, we don't notice books." Technology has indeed made books more accessible today. But it may also have invisibilised them in the home space. The visibility and accessi-

replied, "Only four of them. But I read those very, very carefully." mal and enriching environment of It's true that books were the Google mal and enriching environment of reading at home. They foster conversa-tions around books, broaden the mind-space and make us more discerning readers. That in itself is a big deal. But that's possible only when someone spies a book on a shelf. Which makes the whole idea of printed, physical books in a home a shared experience. books in a home a shared experience. Writer Margaret Atwood, while advocating reading and writing at a young age, cautioned that "if there are no young readers and writers, there will shortly be no older ones. Literacy will be dead, and democracy — which many believe goes hand in hand with it — will be deed as me!" dead as well".

A few years ago, a global research led A tew years ago, a global research led by sociologist Joanna Sikora of the Australian National University found that home libraries equipped children with life skills, enhancing literacy, numeracy and technology aptitude in adulthood. "Growing up with home libraries boosts adult skills in these areas beyond the benefits accrued from areas beyond the benefits accrued from parental education or own education and and occupational attainment," the study said.

study said.

So, why not make room for books, whether one reads them or not.

## 'JAWAN' REFLECTS UPON **HOW WE CAN MAKE A CHANGE** THAT WE WANT AROUND US: SHAH RUKH KHAN

Sunday said his much-anticipated film "Jawan" is about mpowering women and fighting for ite right.

Similar Sanda his Tanjil filmmedar Atles Cogra, Sunil Grover and Mukesh

"Jawan" outlines the emotional jour ney of a man who is set to rectify the wrongs in the society. The high-octane action thriller is set to arrive in the

action thriller is set to arrive in the-atres on September 7.

During an #AskSRK session with his fans on X, formerly known as Twitter, Shah Rukh was asked about the message he is trying to convey through "Jawan".

"The movie reflects upon how we as

The movie renects upon now we as people can make a change that we want around us. Empower women and fight for the right," he wrote.

A Red Chillies Entertainment presentation, "Jawam" is produced by Gauri Khan and co-produced by Gauria Verma. It also features Vijay Schwarth in sirical. Sethupathi and Navanthara in pivotal roles as well as Deenika Padukone in

Chhabra round out the cast.

Asked how he would define his character in the film, Shah Rukh said:

character in the him, Shah Kukh said: "Upright, honest and patriotic."

The 58-year-old superstar described the film as a "mix of mass and international class in terms of action. With some really cool background music!"

Popular music composer Anirudh Ravichander has created the soudtrack for the film.

Shah Rukh said the film is a product of three years of immense hard-work and now he is "excited that "Jawan will entertain as many as pos-sible in the theatres!"

Advance booking for "Jawan" opened on Friday.

Talking about his biggest learning in life, the superstar said one can achieve anything they believe in with



hard work and prayers.

"I have learnt this in my life... if the mind can conceive it, the heart can mind can conceive it, the heart can believe it... then you can achieve it. Work always like that and don't forget to pray!" he wrote. Shah Rukh said he is happy that audiences are returning to the the-atres for the community watching

"I feel blessed by the love of so many

grateful to all for this immense love, he said.

When one of the fans asked him about his childhood memories of visit ing his grandparents in Hyderabad, the superstar recalled going to Charminar and eating delicious food

He also shared that Rajkumar Hirani, the director of his next film "Dunki", loved the trailer of "Jawan"

### **Hrithik Roshan goes shirtless** and flaunts his washboard abs. **Saba Azad reacts**



Bollywood star Hrithik Roshan treated his fans and followers with a jaw-dropping picture of him flaunting his perfect six-pack abs. Hrithik, on Saturday, took to Instagram as he dropped a new shirtless monochrome picture. "Can't see the finish line," he captioned the image.

Soon after he dropped the post, his friends and fans sould not the subline about the thick translations. ollywood star Hrithik Roshan treated his fans

soon anet net ordypect the post, his inetius and an account not stop gushing about the thirst trap picture. Hrithik's girlfriend Saba Azad dropped a muscle fire and a heart emoticon. The director of his upcoming film Siddharth Anand wrote: 'It's on Fighter set. When you come tomorrow 'Il show it to you.'
Hrithik's co-star Anil Kapoor dropped fire and clamed emoils

lapped emojis. Hrithik recently unveiled a motion poster of his Hrithik recently unveneu a mouton posses. or upcoming film 'Fighter' starring Deepika Padukone and Anil Kapoor's first look as Indian Air Force pilots.

He captioned it: "#SpiritOfFighter | Vande and Anii Kapoor's first look as Indian Air Force pilots. He captioned it: "#SpiritOFFighter | Vande Mataram! See you in the theatres on the eve of India's 75th Republic Day. Fighter releases worldwide on 25th January 2024." Directed by Siddharth Anand, Fighter' also stars Karan Singh Grover and Akshay Oberoi. The aerial action film is set to release in the-atree on Invary 25, 2024. atres on January 25, 2024.

### Shraddha drops adorable bday wish for her 'rockstar baapu'

A ctress Shraddha Kapoor shared the most adorable birthday wish for her father Shakti Kapoor and gave it a spin of the actor's iconic style. Shraddha took to Instagram, where she posted a video to wish Shakti.

In the fun video, the father-daughter duo can be seen sharing a fun banter while the smiles and laughter follow.

She further jotted down the caption

my ultimate rockstar, my Baapu

Britney flaunts new tattoo



@shaktikapoor"
Shakti is mostly known for playing villainous and comical characters. In a career spanning over three decades, Kapoor has appeared in more than 700 films

700 films.

Shraddha began her acting career with a brief role in the 2010 heist film Teen Patti', and followed it with her first leading role in the teen drama Luv Ka The End'.

Baaghi'. Following a series of poorly-received films, her highest-grossing releases came with the comedy horror 'Stree' (2018), the action thriller 'Saaho' (2019), the comedy drama 'Chhichhore' (2019), and the romantic comedy 'Tu Jhoothi Main Makkaar'

On the work front, Shraddha will be next seen in 'Stree 2', wherein she will be reprising her much-loved character

#### while wishing her 'rockstar baapu' The actress then starred in 'Aashigui "Happy Birthday to my one and only. from Stree 2', 'Haider', 'Ek Villain', 'ABCD 2' and





mid her separation from husband Sam Asaghari, singer Britney Spears got a new tattoo on her back. On Friday, Britney took to Instagram to show off her new ink, which featured the repile design sitting right above her fairy tattoo on the lower spine. "My new snake tattoo, guys. I'm so excited," she said in the clip. "It doesn't hurt that bad, actually," Britney added. The Toxic hitmaker simply captioned the video with a snake emoji.

This video comes amid her shocking snlit from mid her separation from husband Sam

This video comes amid her shocking split from Sam, after he filed for divorce from the singer last month. A few days ago, Britney penned a lengthy note on Instagram, speaking for the first time publicly about the end of her marriage to the 29ang Leaders don't always remain united, because sometimes friendly rivalries take the form of violent encounters. Such is the case between Prince Narula and Gautam Gulati, who so far have been rivaling one another in the been rivaling one another in the

However, the two nearly end up having a physical fight while Sonu Sood was announcing the

vote-outs.

This time though, Prince ends up chiding Gautam for his comments about his earlier condescending comments, about him not being his competition. While Prince had viewed Gautam as his competition, Gautam had been less sporting and told his team members in private, that he does not consider Prince a competitor.

For telling his members this in private instead of having a face to face conversation with him, Prince ends up calling Gautam a coward, while Gautam gives a smug reply by telling Prince that he does not want to talk to him at

While Sonu Sood tries to calm their fight by telling Prince to



apologise for his comments, this only adds to the fire as Prince then further insults Gautam with the latter also getting up and retorting.

What initially started as an What initially started as an angry, but nonetheless civil argument heats up and turns into something much worse, as both the Gang Leaders get personal and start swearing at each other before preparing to fight one postboric ments are sent or the contract. another in great anger.

At this point, the two nearly At this point, the two nearly end up hitting one another as contestants and Sonu Sood pull them back, trying to diffuse the situation, with less than any kind of good luck.

However, another thing that is

really going to be affected by this development are the vote-outs, because Sonu Sood had announced that some people will have to pack their bags, but this entire thing was interrupted.

As the vote-out needs the Gang As the vote-out needs the Gang Leaders to participate and have their unanimous agreement, alongside the contestants' poll, the two fighting each other is likely to delay or even alter the

neery to treap or even after mersuits of the pending vote-outs.

To watch what happens next, and how these Gang Leaders end up diffusing their tensions, viewers can watch this special on MTV Roades: Karm Ya Kaand' on MTV and JioCinema on the Sunday special. Sunday special.

### Amitabh Bachchan fulfils his Sundav ritual with Tunior R



Superstar Amitabh Bachchan never misses an opportunity to meet and greet his fans on Sundays, when people gather outside his house, Jalsa, to catch sight of the actor. This Sunday was no exception, Big B waved to the awaiting fans at the gate of his residence but this time his son and actor Abhishek Bachchan was also seen with him.

Big B can be seen dressed in a white kurta that he paired with a matching shawl. Amitable can be also

paired with a matching shawl. Amitabh can be also

paired with a matching shawl. Amitabh can be also seen joining hands towards the crowd in the image. Meanwhile, on the work front, Big B was last seen in the family entertainer film 'Uunchai' along with Anupam Kher, Parineeti Chopra and Boman Irani. Helmed by Sooraj Barjatya, the film got positive responses from the audience.

He will next be seen in 'Project K' alongside Deepika

He will next be seen in 'Project R' alongside Deepika Padukone and Prabhas. He will also be seen in Ribhu Dasgupta's next courtroom drama film 'Section 84'. Abhishek, on the other hand, was last seen in 'Ghoomer', which is a cricket and disability-themed film by director R Balki. The movie has Abhishek essaying a cricket mentor who trains a young crick-eter, played by Saiyami Kher, who loses her right arm. Shabana Azmi and Angad Bedi are also a part of the movie. Farlier Big R also shared that he has watched

Abhishek also serves as a producer on 'Ghoomer'.
The film recently received a standing ovation at the Indian Film Festival of Melbourne 2023.

#### try to be in the moment, says actor Panka<sub>1</sub> Tripath<sub>1</sub>

Gifted actor Pankaj Tripathi has every rea-son to be on cloud nine. He has just won yet another National Award (for 'Mimi'). His 'Oh My God 2', which with-stood the tsunami of 'Gadar 2'. stood the tsunami of 'Gadar 2', may not have set the box office on fire but has crossed the elu-sive Rs 100-crore mark, besides winning over critics. His portrayal of central character Kanti Sharan Mudgal, combining a dramatic flourish with

bining a dramatic flourish with measured acting, has garnered much appreciation. An 'A' certificate for 'OMG 2' was certainly self-defeating. The fact that the very section (teenagers) whose problem is being addressed in the film

can't watch it is indeed coun-terproductive. But Tripathi is still not flying high. Equanimity is one of his many qualities. As he puts it, "I am qualities. As he puts it, "I am not affected easily, neither by success nor failure. Na zyada khushi mein khush, na zyada dukh mein dukhi." Just like the philosophy of the Bhagavadgita." Like his character of a Shiv bhakt in 'OMG acter of a Shiv bhakt in 'OMG 2', he is a believer, only he follows the Advait school of Hinduism. He feels that giving an 'A' certificate to 'OMG 2', which dared to broach the taboo subject of sex education, was certainly self-defeating. 'The fact that the very section (teenagers), whose problem is

being addressed, can't watch the film is indeed counterpro-ductive." Refusing to be drawn into the game of numbers and the speculative drill that 'OMG 2' would have fared better had it been a solo release, he says,

it been a solo release, he says, "I am not a man of trade. I am an actor. I do my work earnestly and go home." All praise for director-writer Amit Rai, he shares how Rai had written the script some eight years back. When Tripathi was first offered the film, he had said no. The reason for his reluctance was his packed schedule. But once he heard the script, he knew he had to juggle his dates. had to juggle his dates.

With innumerable projects in

hand, he would certainly like to slow down. Do actors too face burnout? "More than anyone else, since we invest physically, mentally and emotionally. We mentally and emotionally. We have to laugh and cry on the spur of the moment, at others' predicament, and that makes acting a gruelling process."

By next year, he hopes to do salt four projecter, we have the salt four projecter.

only four projects a year. So, no more cameos. He says, "I don't see any point in doing what I have already done. Besides, it is unfair to those who offer me

is unfair to those who offer me meatier roles."

Among the plum roles on his plate is the titular role in 'Main Atal Hoon', wherein he steps into the shoes of former Prime Minister Atal Behari Vaipavee.

He has also been part of biopics like 'Harjeeta' and Gunjan Saxena: The Kargil Girl'. On being asked if biopics Girl'. On being asked if biopics tend to idolise unnecessarily, he says, "What's wrong with hero worshipping? If the person is awe-inspiring, he/she deserves to be looked at with respect." Having made his point, however, he also adds, "The Vajpayee film, directed by National Award-winning director. Ravi directed by National Awar winning director Rav Jadhav, will be balanced and has been well researched." Tripathi himself has delved deep into both Vajpayee's per-Ravi



# For the Love of Salads: How to Make **Your Salads Healthy (And Tasty)**



Salads have got a bad rep for being boring, bland and unpalat-able. But hear me out - when done right the humble salad can not only be wholesome and healthy, but also super

fulfilling. Here's are some ways you Here's are some ways you can spruce up your salads with some creativity to get the most out of them. The Journey of a Salads First, a quick history lesson

on how salads came to be.

It's quite intriguing that the food history of western cuisine originates out of Rome and

ence of royalty, the feasts and

which set the precedent for what went on to become staples in these countries'

Salad as a component of a Salad as a component of a meal had its roots firmly set in European food where one of the courses were greens and raw vegetables mixed with a dressing to elevate flavor and make the vegetables more palatable.

salads were cate-Basic salads were categorised into bound, tossed, composed, vegetable and fruit, and a category that could be a combination of all these.

It is presumed that America introduced programation into the combination of all these.

introduced mayonnaise into salads, an emulsified sauce with origins in France but a lot of food historians have traced it to Spain, yet the instance of usage is most apparent in

American cuisine. Whether it was this instance or the fact that American food or the fact that American food was easily marketable and very popular as a culture, sal-ads went on to show up in menus across the world. After the initial high of may-

onnaise-based salads like Russian Salad, Potato Salad and even Caesar Salad in

and even Caesar Salad in some caese, every salad count-er and menu boasted about these supposed classics. Classics that were far removed from their original character as leafy greens, moistened with dressing, a

Salads were now heavy, creamy, loaded and still just a

bring the whole dish together. ourse of a larger menu. If you add pita chips, like Making Salads Palatable there is in a Mediterranean

HERE'S HOW YOU CAN SPRUCE UP YOUR BORING OL' SALADS TO MAKE THEM MORE INDULGENT, WHILE ALSO KEEPING IT HEALTHY.

and Healthy
With the advent of conscious
eating and sustainable food,
more and more questions
started arising about the efficacy of salad as a healthy means of nutrition.

But is it too much to expect that salads could also be indulgent and tasty along with being healthy?

from emulsified dressings was to choose a quality oil that could be eaten raw.

The choices started from avocado and toasted sesame oil which was used extensively in Asian dishes.

As a chef, I would expect a perfect salad to have the following components:

Seasonal leafy greens A seasonal reary greens
A seasonal vegetable
A seasonal fruit
A type of cheese that pairs
with the other elements select-

Fattoush salad, you get carbo-hydrates as well, alternatively, to maintain the healthy stance of the salad, use whole-grain pita chips that are double baked for crispiness.

Dressing that is neutral can Dressing that is neutral can be multi-purpose as well, like a basic vinaigrette, it can be made fresh, bottled in a clean, dry, glass jar, refrigerated and used over a week. Add lean meats like leftover

Add lean meats like lettover grilled chicken or fish, poached prawns or fresh cot-tage cheese for lean protein and enjoy a salad as often as you like. Fresh herbs add an excellent flawor profile and are a treas-

flavor profile and are a treas-ure trove of vitamins and min-

So, whether you make your So, whether you make your own salads or are flummoxed by what to order when you eat out, ask for an oil based dressing, preferably one that doesn't use a seed oil and definitely not refined oil and you're in

### **Celery seeds: Nutritional Value.** health benefits, uses and more



n the world of spices and seasonings, celery seeds often remain an underappreciated gem. These tiny seeds pack a big punch, not only enhancing the flavors of dishes but also offering numerous health benefits. In this article, we will explore what celery seeds are, their nutritional value, health benefits,

seeds are, their nutritional value, health benefits, culinary uses, types, how to buy and store them, as well as precautions and potential side effects. What Are Celery Seeds? Celery seeds, scientifically known as Apium grave-olens, are the small, brown seeds extracted from the wild celery plant. While they may resemble the famil-iar celery stalks, celery seeds possess a much more concentrated flavor, often described as earthy, slight-the bitter, and remisiscent of celery albeit intensified. ly bitter, and reminiscent of celery, albeit intensified.

Nutritional Value: Though tiny, celery seeds are nutrient-rich. In a one-teaspoon (2 grams) serving

you'll find:
Calories: 5, Carbohydrates: 1 gram, Fiber: 1 gram,
Protein: 0 grams, Fat: 0 grams, Calcium: 15 mg,
Iron: 0.2 mg, Health Benefits

Anti-Inflammatory Properties: Celery seeds contain compounds that may help reduce inflammation in the

Blood Pressure Regulation: Some studies sugges

nood rressure regimmon: some studies suggest that celery seed extract may have a mild diuretic effect, potentially aiding in blood pressure control. Antioxidant Effects: The seeds are rich in antioxi-dants, which combat oxidative stress and promote overall health.

Digestive Health: Celery seeds have been tradition ally used to alleviate digestive discomfort, such as

any used to anevate digestive disconnoit, such as bloating and gas.

Arthritis Relief: Some people use celery seed sup-plements to manage the symptoms of arthritis and

## UV protection to anti-ageing, here are skincare benefits of Licorice or Mulethi

Want radiant, rejuvenated skin? Try licorice/mulethi that stands as an indispensable ingredient for skincare enthusiasts seeking natural solutions within beautyLicorice root extract or the Indian ingredient mulethi is a powerful skin-brightening agent as it is known to inhibit the production of a melanin-producing enzyme. If you want a radiant and rejuvenated skin, harness the potential of licorice in its skincare formulations offering as licorice gains prominence and stands as an indispensable ingredient for skincare enthusiasts seeking natural solutions within the Indian beauty industry landscape.

icorice root extract or Licorice root extract or the Indian ingredient mulethi is a powerful skin-brightening agent as it is known to inhibit the production of a melanin-producing enzyme. If you want a radiant and rejuvenated skin, harness the potential of licorice in its skincare formulations offering as licorice gains prominence and stands as an indispensandatands as an indispensandations. and stands as an indispensa-ble ingredient for skincare enthusiasts seeking natural solutions within the Indian

beauty industry landscape.
In an interview with HT Lifestyle, Dr Rachna Rastogi, Head R&D at Skincare 82°E,

flavonoids and polyphenols. These antioxidants can antioxidants car help protect the skin from free radical dam-age caused by environmental stressors like UV radiation and

pollution, which con-



ageing, such as tributes to premature ageing fine lines and wrinkles. and skin damage. The antioxi-

to reduce inflammation can contribute to a more youthful and radiant

According to Dr Taruna
Yadav, Senior Ayurveda
Doctor at Forest
Essentials, licorice, known as Mulethi, is

revolutionising skincare with its remarkable ben-efits. She efits. She revealed, "Rooted in Ayurvedic medi-

cine, licorice is a natural powerhouse for various skin concerns. It con-

against free radicals, environagainst free radicals, environ-mental toxins, and UV dam-age, preventing premature ageing. Licorice's ability to inhibit melanin production makes it an effective solution for dark spots and hyperpigmentation, promoting a bal-anced complexion. With antianced complexion. With anti-inflammatory properties, it soothes sensitive and acne-prone skin, reducing redness and inflammation. Licorice also helps maintain the skin's moisture balance, providing hydration and enhancing elas-

### Are you tapping into the power of peptides? This is what you need to know

Peptides are to skincare what the Z-press move is to fitness and what clean eating is to nutrition: convoluted and almost impossible to distil into a one-line explanation. For starters, there are hundreds of them, all working in different ways. And while they've been around for some time, they've historically played a supporting role, never quite achieving the star status of anti-ageing heroes such as vitamin C, glycolic acid or retinol. Until now.

Thanks to advances in skincare science pentides.

Thanks to advances in skincare science, peptides are now being harnessed in a whole new way. Brands are now being harnessed in a whole new way. Isrands from Lancôme to No7 are giving peptides a starring role in their formulations, with promises of delivering even better results for your skin. Never one to miss a beauty beat, TikTok is on board; peptides are cur-rently the second biggest search term for beauty on the platform and Google search traffic for peptides has increased by 50% since 2022. But are the new wave of peptides really as promising as they sound? FACE FACTS

Like flat-pack furniture instructions and cryptic crosswords, peptides require your undivided atten-tion to understand. Peptides are the building blocks of proteins, which are made up of chains of amino acids strung together by peptide bonds,' says Anjali Mahto, consultant dermatologist and founder of the clinic Self London.

# National Nutrition Week 2023: Understanding the importance of micronutrients in your diet

lthough micronutrients have A lthough .... micro (meaning little ... small) in their name and are needed by the body in very small A small) in their name and are needed by the body in very small amounts, don't let that fool you. According to Ruchi Rai, Dietitian, SRV Hospitals – Goregaon, their impact on a body's health is critical, and deficiency in any of them can cause severe and even life-treatening conditions.

For the unversed, micronutrients are basically the vitamins and min-

are basically the vitamins and minerals our bodies need to sustain, and they are required in estabdosages (RDAommended

Nedika Premnani, Clinical Dietician, Sir H.N. Reliance Foundation Hospital, Mumbai, explained that these micronutriexplained that these micronutri-ents play a vital role in our system, such as enabling the body to pro-duce enzymes, hormones and other substances needed for normal growth and development. They are also essential for energy produc-



tion, immune function, blood clotting, bone health, fluid balance and several other processes.

"The micronutrient content of "The micronutrient content of each food is different, so it is best to eat a variety of foods to ensure we are consuming adequate amounts of each," she added.

Let us understand which micronutrients are the most impor-

tant to us, how to add them to our diets and if we don't, what the repercussions can be

Which micronutrients are the most important?

Iodine

lodine helps regulate hormone levels, especially thyroid hor-mones. This helps balance our body's metabolism. "Although iodine is present in various nutritious foods, including

several salt brands, it is noteworthy that the typical adult diet often lacks an adequate amount of this essential nutrient," said Rai.

The childhood tale linking car-The childhood tale linking car-rots to improved eyesight holds a surprising degree of accuracy. Carrots serve as exceptional sources of vitamin A, a nutrient genuinely associated with enhanced vision. Furthermore, vitamin A plays a crucial role in supporting a robust immune sys-

Vitamin D

Vitamin D plays a crucial role in promoting robust bone develop-ment and lowering the risk of bone

This essential nutrient is often referred to as the "sunshine vitamin" for a valid reason-our body

min" for a valid reason—our body produces it naturally when our skin is exposed to sunlight. The proper amount of Vitamin D in our bodies can increase calcium absorption as well. Nutrients such as calcium play a crucial role in building and maintaining healthy bones, regulating heart rhythm,

metabolism, Premnani explained, "It is required for every muscle contraction in the body, including heartbeat."

tem with a much-needed boost to help fight off diseases. Since our neip ignt of diseases. Since our body doesn't produce zinc on its own, dietary choices and supplements are our only sources of this nutrient. "Zinc plays a role in immune function, protein synthesis and wound healing," said Premnant.

Iron not only plays a vital part in maintaining a healthy bloodstream

maintaining a healthy bloodstream but also supports the mental and physical development of young children and promotes healthy pregnancies for expectant mothers. "It is involved in oxygen trans-portation in the body. This is extremely important during exer-cise and recovery," Premnani noted.

What are some deficiencies caused by lack of micronutrients? caused by lack of micronutrients?
Individuals lacking an adequate supply of these vital nutrients may experience the adverse effects of micronutrient malnutrition, which can have profound consequences.

Accomic

Iron and vitamin B12 deficiency Iron and vitamin B12 dencency can lead to anaemia, even though iron deficiency is the most common type. Particularly in pregnancy, it can lead to inadequate fetal growth, premature birth, low birth weight, and an elevated risk of mortality for both the mother and the infor: the infant.

Osteoporosis

Osteoporosis
Deficiency in vitamin A can
cause night blindness, dry skin,
and increased susceptibility to
infections.
Thyroid malfunctioning

Iodine deficiency can result in goiter (enlarged thyroid gland) and negatively impact thyroid function, leading to hormonal imbalances.

### Ghosi by-poll: The first NDA-INDIA showdown ahead of 2024 LS polls

Uttar Pradesh. In support of the BJP candidate from a backward

BJP candidate from a backward community, Dara Singh Chauhan, the NDA's Apna Dal (S), Suheldeo Bharatiya Samaj Party (SBSP) and Nishad Party have united with unwavering commitment. Meanwhile, SP candidate Sudhakar Singh a Thaku; has sgar-

Meanwhile, SP candidate Sudhakar Singh, a Thakur, has gar-

nered support from the Congress, the RLD. Left parties, the Appa Dal

the RLD, Left parties, the Apna Dal (K), and other constituents of INDIA forming a formidable force to reckon with. The electoral atmosphere unmistakably reveals that this contest extends beyond two individuals to a clobe for Ulsippers.

The SP and allies have started

The intricate caste dynamics among the 4.40 lakh voters have

among the 4.40 lakh voters have added complexity to the race. The backward-dominated seat has a sizable number of Muslim and uppercaste voters. Out of the total voters, 1,50,000 are from OBCs including 60,000 Rajbhars, 40,000 Chauhans

and 40,000 Yadavs.

Taiba and former Prime

Taiba and former Prime
Minister Dr Manmohan
Singh used to say that
the minorities have the
first right on the budget.
"But the Modi

"But the Modi Government said that it

Government said that it was the poor people who have the first right on the budget. The Congress party's president said if Modi returns, Santan Dharma rule will prevail. We say that Santan Dharm lies in the heart of people. This exists in

people. This exists in India's Constitution,"

Snan said.

Blaming Chief Minister
Ashok Gehlot led
Congress government in
Rajasthan for not allowing the Modi

ing the Modi Government's schemes to

run, Sha said: "By the

ends, the departure of

Shah said.

dubbing Chauhan an outsider pitdubbing Chauhan an outsider pit-ted against a native in Sudhakar Singh. Singh is a two-time lawmak-er, who last won the Ghosi seat in 2012. On the other hand, Chauhan had never contested the seat before

to a clash of alliances.



NEW DELHI: VThe Ghosi assembly seat in the Mau district is set to wit seat in the Mau district is set to wit-ness a do-or-die electoral battle on September 5. The by-election for the constituency will showcase the real power of the newly-constituted Opposition bloc, INDIA [Indian National Designamental Indiana) Opposition bloc, INDIA (Indian National Developmental Inclusive Alliance), against archrival NDA in Uttar Pradesh.

Uttar Pradesh.

The by-poll is touted to be a semifinal before the 2024 Lok Sabha
elections in the state that boasts of
the highest number of 80 Lok
Sabha seats in the country. The
alliances and strategies of the NDA
and the NDIA will be put to the test and the INDIA will be put to the test in this by-poll. It will shape the political landscape of Purvanchal and beyond.

Hence, the by-election has evolved into a political showdown of an enormous proportion, tran-scending the traditional BJP Vs SP in the state to a bigger battleground of NDA Vs INDIA with constituents of NDA vs INDIA with constituents of both the blocs throwing their weight behind their respective candidates, transforming this seemingly small seat in Poorvanchal into a pivotal battleground.

The outcome of this election is beyond to research throughout

bound to resonate throughout Poorvanchal and potentially influence the Lok Sabha elections. If the BJP candidate wins, the NDA will

DELHI: Union

formation as

Home and Cooperation Minister Amit Shah on

Sunday slammed INDIA

alliance for allegedly dis-respecting Sanatan Dharma, terming the new

Ghamandiya' alliance

"The UPA went bankrupt. Now they have changed it into the INDIA

changed it into the INDIA alliance. For the past two days, I have been seeing that these people are insulting the country's culture and Santan Dharma by saying that Santan Dharma by saying that

Santan Dharma should

be abolished," Shah told a massive rally at Baneshwar Dham before flagging off the BJP's sec-ond leg of 'Parivartan

Dharma. In the 2014 and

Dharma. In the 2014 and 2019 LS polls, their numbers were reduced. In 2024 polls, they will not be visible even through binoculars," he claimed. The Home Minister also received Palval Cardia of

accused Rahul Gandhi of

comparing Hindu organi-

group like Lashkar-e-

insulting

Congress is

Sanatan

Dalits (roughly 60,000). The con-Datts (rougnly 00,000). The con-stituency has around 77,000 upper-caste Hindus – 45,000 Bhumihars, 16,000 Rajputs and 6,000 Brahmins.

The stakes are high for BJP can-didate Dara Singh Chauhan, whose political future hinges on the out-

Chauhan has amassed 1.08.430

only after BSP's Muslim candidate received 86,000 votes. But if the BSP does not contest this time, SP would benefit by getting an entire chunk of the Muslim votes.

The area also has an influence of mafia don Mukhtar Ansari's family which could be of an added advantage for the SP condidate.

tage for the SP candidate.

The Ghosi seat has a sizeable umber of Rajbhar voters. Last ritime, SBSP President Omprakash Rajbhar was with the SP whereas this time he has come from BJP's side. Voters of the Nonia caste of Dara Singh Chauhan are also con-

sidered to be in a decisive role here.

Analysing Sudhakar Singh's strengths, the SP candidate benefits from his local roots and enjoys the backing of the Congress, RLD, and Left parties and substantial support from the Muslim, Yadaw, and Thakur communities. The absence of a BSP candidate will also minimus the risk of a spit in the imise the risk of a split in the The second highest number of Muslim vote bank.

> "What did the UPA Government give to the people of Rajasthan for ten years? Do not talk here and there by being

naive. I know you will not answer but I am the son

answer but I am the son of a tradesman, I keep accounts. In the ten years of the UPA govern-ment, only Rs 1.60 crore was given to Rajasthan,

whereas in nine years the

Modi government gave Rs

8 lakh crore to the people of Rajasthan.

of Rajasthan."
"Gehlot is a magician. I
have seen other magicians who make their
cap, ring, or handkerchief disappear.
Similarly, Gehlot made

electricity disappear from Rajasthan by magic. Women's safety disap-peared. Youth's jobs dis-appeared," he said sar-

castically. Later, Shah flagged off

BJP's Parivartan Yatra

from Baneshwar Dham ir

Dungarpur district. It will travel 2433 km in 18 days, and will cover two divisions of Kota and

Udaipur, and Bhilwara

the second phase

Amit Shah slams INDIA alliance at Rajasthan rally

the Gehlot Government

would have been decid-

Shah said that the Gehlot Government which instigated the riots

Referring to the 'red diary' on which he spoke

in the IFFCO event at Gangapur city on August 26, Shah said: "If some-one wears red clothes,

they see a red diary

Gehlot's corruption worth

hundreds of crores of rupees is recorded in this

rupees is recorded in this red diary. This diary has not been given by us but by his former minister. If you have courage, then hold a press conference

in Jaipur and give an

committed in the last five

Shah asked Gehlot: cies

account of the

should be overthrown.

voters is Muslim, around 90,000. There are also a sizable number of

political future hinges on the out-come of the by-poll. Having crossed over from the SP and subsequently resigned as MLA of the constituency, Dara Singh's expectation of a ministerial role has yet to materi-alise. While a victory would see him secure a ministerial berth, a loss could jeopardise his political trajec

votes in the 2022 elections, and replicating this performance is his primary challenge.

In the 2022 assembly polls, he defeated the BJP candidate as a SP candidate by around 23,000 votes only after BSP's Muslim candidate

sidered to be in a decisive role here.

## What will common man get from One Nation One Election, asks Kejriwal



AGENCY

NEW DELHI: Questioning the rationale behind the Centre's 'one nation, one election' concept, Delhi Chief Minister Arvind Keiriwal on Sunday asked what the common

unday asked what the common than will get from this concept.
"What is important for the coun-

try? One Nation, One Election Or One Nation, One Education (good education for everyone whether rich or poor). One Nation, One Treatment (Rich or poor, equal treatment for all). What will the

has formed an eight-member committee on Saturday to examine the 'One Nation, One Election' with former President Ram Nath Kovind as its chairman and Union Home Minister Amit Shah and others as its members.

Earlier, AAP Minister Saurabh

Bhardwaj had said that BJP was doing it to divert the attention from Hindenburg report 2.0. "I am very convinced that this is just a debate to deflect from the real issue of Hindenburg report 2.0. The Central Govt is scared of growing popularity and footprints of INDIA alliance and may push for early elections, Bhardwaj had said.

Simultaneous elections for the state assemblies and the Lok Sabha ere held till 1967. However, in were held till 1967. However, in 1968 and 1969 some legislative assemblies were dissolved prema-turely followed by the dissolution of the Lok Sabha in 1970. This forced a change in electoral schedules for the states and the country.

### INDIA alliance wants to 'eradicate Sanatan Dharma': BJP's no holds barred attack over Udhayanidhi Stalin remark

NEW DELHI: The Bharatiya
Janata Party (BJP) Sunday
launched a scathing attack against
the INDIA bloc over Tamil Nadu
Sports Minister Udhayanidhi
Stalin's "eradicate Sanatan NEW DELHI: The Bharatiya Stalin's "eradicate Sanatan Dharma" remark and asked the Opposition if they are going to use "anti-Hindu" strategy in the elec-

tions.

Udhayanidhi Maran, who is also
the son of Tamil Nadu Chief
Minister MK Stalin, Saturday

Minister MK Stallin, Saturday equated Sanatan Dharma with "dengue, malaria, corona" and called for its "eradication". Speaking at a conference organised by the Tamil Nadu Progressive Writers Artists Association in Chennai, Udhayanidhi said, "Few things cannot be opposed, they should be eradicated. We can't propose deraye myosuitees. oppose dengue, mosquitoes, malaria or corona, we have to eradmaiara or corona, we have to eradicate them. In the same way, we have to eradicate Sanatana (Sanatan Dharma), rather than opposing it."

The name Sanatana is from Sanskrit. It is against Social Justice and equality," he added. 'Mohabbat Ki Dukan' spreading

Reacting to his statement, BJP ational president JP Nadda said

Rahul for genocide of India 80 per cent

that Congress leader Rahul Gandhi's "Mohabbat Ki Dukan" Gandni's "Monaddat ki Dukan" was spreading hatred against "Sanatan Dharma" and asked if Udhayanidhi's statement was part of INDIA bloc's political strategy.

'Are you going to use this anti-"Are you going to use this anti-lindu strategy in the upcoming elections? You have proved multi-ple times that you hate everything related to our country and your Mohabbat ki Dukan is spreading hate," Nadda said while addressing a rally in Madhya Pradesh's Chircabord Chitrakoot.

Udhayanidhi remarks "genoci-

dul", says Amit Malviya Amit Malviya, BJP's social media in-charge, also slammed Rahul Gandhi and accused Congress party's Tamil Nadu ally of calling

for genocide of India 80 per cent Hindu population. "Udhayanidhi Stalin, son of Tamilnadu CM MK Stalin, and a Minister in the DMK Gov't, has linked Sanatana Dharma to malar-ic and dayang. He is of the opin ia and dengue... He is of the opinion that it must be eradicated and ion that it must be eradicated and not merely opposed. In short, he is calling for genocide of 80% popula-tion of Bharat, who follow Sanatan Dharma, "Malviya said. Reacting to Malviya's "genocide accusation", the son of Tamil Nadu CM said that he didn't call for

genocide of Hindus but remained genociate of initiats but remained firm on his statement. "I will say it today, tomorrow, and forever: Our resolve to stop Sanathana Dharma from the Dravidian land would not reduce even a bit." he said

## Ex-Trinamool MLA Mitali Roy joins BJP ahead of key bypoll in Bengal

KOLKATA: Just two days before the crucial bypoll to the Dhupguri Assembly seat in West Bengal's Jalpaiguri district, the ruling

Japaguri district, the ruling Trinamool Congress received a jolt as the party's former MLA from the same constituency shifted her camp to the BJP on Sunday. Mitali Roy, the former party MLA from Dhupguri from 2016 to 2021, also contested on behalf of the ruling party in the 2021 West Bengal Assembly elections from the same Assembly elections from the same constituency, However in 2021 she was defeated by BJP's Bishnut Pada Roy, who died recently necessitat-ing the bypoll. Party insiders said that she was expecting a re-nomination for the September 5 bypoll. But the ruling

party instead of re-nominating her fielded Nirmal Chandra Roy, a pro-

fessor at the Dhupguri Girls Jalpaiguri district," he said.

College, for the seat. Giving her The chief of BJP's Info College, for the seat. Giving her reaction to media persons immediately after joining BJP, Roy said that she was virtually isolated within Trinamool Congress since her defeat in the 2021 polls. "BJP leadership has accepted me in the party with the due respect that I deserve and hence now I want to work for

and hence now I want to work for the common people of Dhupguri," she said.

Welcoming her to the party, the state BJP president and the party Lok Sabha member Sukanta Majumdar said that despite being majumaar said that despite being an active and popular face in Dhupguri, Mitali Roy was not able to work for the people while staying in Trinamool Congress. "We welcome her to the party. She will now be of great help in strengthening our organisational network not just in Dhupguri but in the entire

The chief of BJP's Information The chief of BJP's Information Technology cell and the party's spe-cial observer for West Bengal Amit Malviya also issued an X (formerly Twitter) message welcoming Roy in the party. "In another sure sign, that Mamata Banerjee is losing control, Mitali Roy, former TMC control, Mitali koy, former 'IMC MIA from Dhupguri, who also contested the 2021 Assembly election, on TMC's ticket, joins the BJP, ahead of the by-poll. There is a reason Mamata Banerjee is not being taken seriously in the Opposition alliance. The political ground in her home state has slipped... 'his mes-sage read. However, Trinamool Congress' state vice-president Jaiprakash Majumdar did not give much importance to the develop-ment. 'Mitali Roy joined BJP just to hills her notified ambitines. This fulfil her political ambitions. This will not affect us anyway," he said.

### Bengal Guy's new order: No state university bound by education dept direction

NEW DELHI: Afresh notification from the office of the West Bengal from the office of the West Bengal Governor, C.V. Ananda Bose virtu-ally bringing down the level of state government authority on state uni-versities to zero has opened yet another channel of confrontation between the Governor's House and

In the notification it has been clearly said that the faculty and clearly said that the faculty and non- faculty staff members of all state universities are answerable first to the chancellor and then to the vice- chancellor. The Governor himself, by virtue of his chair, is also the chancellor of all state universities. In the fresh notification from the Governor House, it has also been mentioned that the state government might give instruc-tions to the state universities' authorities, but those instructions

authorities, but those instructions are not binding on the universities authorities or employees. It has also been informed in the notification that any instruction from the state government or state education department to any state university will become valid only if that is cleaved by the wice, choucel. that is cleared by the vice- chancel-

On September 1, the Governor announced that he as the chancel-lor of the state universities will play the role of interim vice-chancellors

for state universities where the chairs of the functional heads are currently vacant. The decision attracted scathing criticisms from the state education minister Bratya Basu who said that the state government will move to the ne Court against the deci-

sion.
This fresh notification bringing down the level of state government authority on state universities to zero has also attracted scathing zero has also attracted scatning criticism from the state's ruling party leadership which has described the move as an attempt on part of the Governor to run a parallel administration in the

## No anti-incumbency against my govt.: Ashok Gehlot

AGENCY

JAIPUR: Rajasthan Chief Minister Ashok Gehlot has expressed confi-dence that the Congress would retain power in the state by secur-ing a massive mandate in the mbly elections, scheduled to be held by the end of the year.

be held by the end of the year.
"There is no anti-incumbency
against the Congress government
in the state despite the fact that
the Assembly elections are round
the corner. We will beat the antiincumbency trend for the first time

in the state," he said in an interview to The Statesman.

He claimed that the state govern-He claimed that the state govern-ment was taking decisions with the aim of providing the maximum relief to the people and the schemes launched by his govern-ment were being discussed across the country.

the country.
"People in other parts of the country are talking about our schemes, like the Old Pension Scheme and the Right to Health."

Citing an example, the veteran leader said: "Laws have been made income and the Right to Health, which are not there in any other

which are not there in any other state in the country. A law has also been made for the welfare and security of Gig workers." In February, the state govern-ment had announced the decision to raise the coverage amount of its flagship, health, scheme. flagship health Chiranjeevi Swasthya Bima Yojana — from Rs 10 lakh to Rs 25 lakh per year per family. "People in the state are happy with the Right to Health Act," the CM said.

### Asia Cup matches likely to be shifted out of Colombo after heavy rain

Five Super Four matches and the final have been scheduled in Colombo from September 9 onwards



#### PALLEKELE LANKA), SEPTEMBER 3: The Asian Cricket Council (ACC) is mulling a change in the venue for the Super Four matches of the Asia Cup in the wake of the heavy rains that have

been lashing in Colombo. Five Super Four match es and the final have been scheduled in Colombo

weather relenting.
In that context, the ACC is currently engaged in a discussion with the Sri Lanka Cricket (SLC) and tournament host Pakistan Cricket Board (PCB) about the possible change of

The media has been informed that three ven-ues are under considera-tion – Pallekele, Dambulla and Hambantota.

he six participating ms have also been intimated about the possible change in venue. Pallekele is

Pallekele is currently hosting the Asia Cup league matches, but the league matches, but the possibility of rain in this hill town is also on the higher side.

Dambulla is about 70 In the chances of rain are much less in the former city.

However, a SLC official said the Rangiri

Rangiri said the International Cricket Stadium at Dambulla be ready to host matches at a

ort notice. The weather

The weather in Hambantota is predicted to be the brightest in Sri Lanka at this moment, and the ACC is keenly evaluating the readiness of Mahinda Rajapaksa International Cricket nternational Cricket tadium to host the Asia

Cup matches. The ACC has another couple of days to take a final call, considering the Colombo leg starts only on September 9, but the Sri Lankan board did not want to leave the event to the mercy of elements.

Sri Lanka has been drafted in as the Asia Cup coed in as the Asia Cup co-host after the hybrid model proposed by then PCB chief Najam Sethi. "The tournament will be hosted in a hybrid model

with four matches being held in Pakistan, and the remaining nine matches being played in Sri Lanka," the ACC had stat-

### Asia Cup: Bumrah flies back to Mumbai due to personal reasons, to return during Super Four stage, say sources



KANDY, SEPTEMBER 3: Star India pacer Jasprit Bumrah has left for Mumbai amid the ongoing Asia Cup due to personal reasons, as per

is expected to be back in time for the Super Stage of the tournament, starting from September 6 onwards veteran Mohammed Shami.

against Pakistan at Kandy, could replace him during the match against Nepal.

Bumrah had just made his international cricket return after over 10 months from injury during India's T20I series against Ireland as a cap-

tain.

Not only he led a young Indian team to a series win, but also displayed amazing fitness and rhythm, taking four wickets in two matches, with the best figures of 2/15.

India will take on Nepal in their Asia Cup clash at Kandy. In Group A, Pakistan qualified for the Super Four stage with three points following a win over Nepal and a washout against arch-rivals India, which

against arch-rivals India, which caused them to share a point each. Now India (1 point) and Nepal (0 points) have to win this match to qualify for the Super Four stage. India: Rohit Sharma ©, Virat Kohli, Shreyas Iyer, KI. Rahul, Shubman Gill, Suryakumar Yaday. Tilak Varma, Ishan Kishan, Hardik Tilak Varma, Ishan Kishan, Hardik Pandya (vc), Ravindra Jadeja, Azar Patel, Shardul Thakur, Jasprit Bumraj, Mohammed Shami, Mohammed Siraj, Kuldeep Yadav, Prasidh Krishna, Sanju Samson (travelling reserve).

Nepal: Rohit Paudel ©, Kushal Bhurtel, Aasif Sheikh, Bhim Sharki Bnutret, Aasit Sneikn, Bnim Snarak, Kushal Malla, Aarif Sheikh, Dipendra Singh Airee, Gulshan Jha, Sompal Kami, Karan KC, Sandeep Lamichhane, Lalit Rajbanshi, Pratish GC, Mousom Dhakal, Sundeep Jora, Kishore Mahato, Arjun Saud.

### Asia Cup: 'Have plans to tackle Rohit and Virat', says Nepal skipper Paudel ahead of India clash

# KANDY, SEPTEMBER 3: Following his side's Asia Cup clash against India at Kandy, Nepal skip-per Rohit Paudel expressed his side's excitement to where

side's excitement to play against Men in Blue and said that they have plans to tackle the team's sta batters, Virat Kohli and Rohit Sharma, terming the former as team's "inspiration" as well. India will take on Nepal in their

Asia Cup clash at Kandy. In Group A. Pakistan qualified for Super A, Pakistan qualified for Super Four stage with three points follow-ing a win over Nepal and a washout against arch-rivals India, which caused them to share a point each. Now India (1 point) and Nepal (0 points) have to win this match to qualify for Super Four stage. We

are excited to play against India. India is a big country

We are all excited to represent Nepal against India at the biggest stage," said the skipper at a pre-match press conference on

About tackling Virat and Rohit, Paudel said, "Virat and Rohit have



over ten years. We have made

over ten years. We nave made plans to tackle them and hopefully, we will execute them tomorrow." He termed Virat as an "inspira-tion" for all. "Virat is an inspiration for all of us, not only for his work

for all of us, not only for his work ethic but also his discipline, on and off the field," said the skipper. Paudel expressed happiness because of fans' response despite the heavy defeat to Pakistan in the first match, eaving that the feas first match, saying that the fans have been extremely encouraging and positive to the team.

last two three general seniors tried a lot (for big opportunity to continuous this opportunity to

seniors tried a lot (for big opportunities), we got this opportunity to play. We want to represent them in the match," he added.

The skipper agreed that a match will India will be a "fanboy moment" for the Nepal team as Men in Blue has a lot of big super-Men in Blue has a lot of big super-stars of the game. "But on the field, it will be a game that both of us will be wanting to win," he concluded. India: Rohit Sharma ©, Virat Kohli, Shreyas Iyer, KL Rahul,

Shubman Gill, Suryakumar Yadav Tilak Varma, Ishan Kishan, Hardik Pandya (vc), Ravindra Jadeja, Axar Pandya (vc), Kavındra Jadeja, Axar Patel, Shardul Thakur, Jasprit Bumraj, Mohammed Shami, Mohammed Siraj, Kuldeep Yadav, Prasidh Krishna, Sanju Samson (travelling reserve). Nepal: Rohit Paudel ©, Kushal Bhurtal Aceif, Sheikh, Bhira

Bhurtel, Aasif Sheikh, Bhim Sharki, Kushal Malla, Aarif Sharki, Kushal Malla, Aaril Sheikh, Dipendra Singh Airee, Gulshan Jha, Sompal Kami, Karan KC, Sandeep Lamichhane, Lalit Rajbanshi, Pratish GC, Mousom Dhakal, Sundeep Jora, Kishore Wahata, Asin Saud

### Bangladesh beat Afghanistan by 89 runs in Asia Cup

Afghanistan bowlers struggled to make inroads on a flat pitch, with Mujeeb Ur Rahman and Gulbadin Naib taking one wicket each

LAHORE, SEPTEMBER 3: Bangla desh beat Afghanistan by 89 runs to remain in contention for Super 4 stage of the Asia Cup here on

stage of the sale cup have Sunday.

Bangladesh posted 334 for 5 in their allotted 50 overs after opting to bat with Najmul Hossain Shanto and Mehidy Hasan Miraz hitting centuries and then bowled Afghanistan out for 245 in 44.3

Alghanistan out for 245 in 44.3 overs for a big win.
Taskin Ahmed (4/44) and Shoriful Islam (3/36) were the main wicket takers for Bangladesh, who had lost their first match to Sri Lanka by five wickets.

Earlier, Mehidy, promoted to open the innings, retired hurt at 112 from 119 balls, while Shanto made 104 off 105 balls before he was run



et before the former suffered an injury to his hand and had to leave

Afghanistan bowlers struggled to make inroads on a flat pitch, with Mujeeb Ur Rahman and Gulbadin Naib taking one wicket each.

Hossain Shanto Najmul Mujeeb Ur Rahman 1/62, Gulbadin Naib 1/58). Afghanistan: 245 all out in 44.3 ov rs (Ibrahim Zadran 75 Hashmatullah Shahidi 51; Shoriful

### **Asia Cup: Eyeing Super Four berth, India face greenhorns Nepal**

PALLEKELE (SRI LANKA). SEPTEMBER 3: Coming off a washout, India would hope they only have greenhorns Nepal to tackle and not rain as the heavyweights eye a berth in the Super Four of the Asia Cup here on

Four of the Asia Cup here on Monday.

From Group A, Pakistan have already qualified to the Super Four with 3 points, and India have one point from the washed-out game against their arch-rivals on Saturday.

Even in the event of another rain-marred match on the morrow, India can advance to the Super Four with two points, but Rohit Sharma's men will certainly not

want it that way. India received some encouraging signals from their match against Pakistan, and they would want to build on them ahead of the business end of this tournament and much sterner assays in the wait

ing. Pakistan pacers Shaheen Shah Afridi and Haris Rauf had reduced India to 66 for 4 by the 15th over At that point, India's worries might have been accentuated by the fact that they have a jelly middle-order. Ishan Kishan was playing the first match of his career at No. 5 in

ODIs and Hardik Pandya never really fitted the bill of a firefighter. However, both Kishan and Pandya overcame their personal predicaments to amass 138 runs for the fifth wicket, cornerstone of

India's eventual 266.

Kishan was particularly impressive, as his forte is being a dashing

top-order batsman. So, there was that hint of doubt whether Kishan would be able to whether Kishan would be able to make the necessary adjustments to his batting and approach to suit the No. 5 slot. He excelled on both the counts. As a top-order batter Kishan was

susceptible to pacers who could move the ball around.

move the ball around.

Instead of trusting his defence,
Kishan's method to get out of the
cage was being aggressive. But
here he had to be defensive.
Rauf, Afridi and Naseem Shah
tested his fortitude but for once
Kishan showed that he can offer a

Kishan showed that he can offer a scratch. Nepal do not have quality of Pakistan, but Kishan quality of Pakistan, but Kishan would like to have a go at them and add some more runs under his belt to boost his new profile. Similarly, the management will

also welcome the composure Pandya showed while playing sec-ond fiddle to Kishan, and the seamless shifting of gears the allrounder did after the left-hander's

The adaptability and the no-egotistical methods of Pandya would have pleased the think-tank no

end.

Even though the stuttering effort of their top four – Rohit Sharma, Virat Kohli, Shubman Gill and Shreyas Iyer – against Pakistan pacers could be treated as an aberticische in the state of the s ration, the management would ration, the imanagement would want them to get into ODI mode at the earliest. Rohit and Kohli were rested for the ODIs against the West Indies, while Shreyas Iyer is making his return after an injury lay-off. Nepal might just give the trip the perfect opposition to earn trio the perfect opposition to earn some valuable game time and

However, the team top brass might be a tad disappointed because the bowlers never got a chance to test their skills against a quality opponent in Pakistan. They would have been eager to see how Jasprit Bumrah responded to the task of bowling 10 overs and fielding the length of 50 overs.

# **HEATH STREAK, FORMER ZIMBABWE** CRICKET TEAM CAPTAIN, DIES

SEPTEMBER 3: Forme Zimbabwe captain Heath Streak died on Sunday at Streak died on Sunday at the age of 49. This was confirmed on social media by his wife. Streak, who played 65 Tests and 189 ODIs for Zimbabwe from 1993-2005, was battling liver cancer for a

battling liver cancer for a long time.

"In the early hours of this morning, Sunday the 3rd of September 2023, the greatest love of my life and the father of my beautiful children, was carried to be with the



Angels from his home where he wished to spend his last days surrounded by his family and closest loved ones," wrote Streak's wife Nadine on Facebook. "He was covered in love and peace and did not walk off the

Park alone. Our souls are

Streaky. Till I hold you again," Nadine added. A few days ago, former Zimbabwe fast bowler

Henry Olonga announced the demise of Streak on social media, only to deny

it hours later after a mes sage from his captain, but by then condolence messages by several for-mer cricketers had surfaced. "RIP Streaky," Olonga wrote on X, for-Twitter.

In Test cricket, Streak claimed 216 wickets and scored one century and 11 half-centuries for Zimbabwe. In 189 ODIs, he bagged 239 wickets and made 2,943 runs and made 2,943 runs with 13 fifties. He is the highest wicket-taker for Zimbabwe by a long mar-gin in both Tests and ODIs.

### England go 2-0 up against New Zealand

MANCHESTER, SEPTEMBER 3: MANCHESTER, SEPTEMBER 3: England's Johnny Bairstow and Harry Brook smashed half cen-turies before debutant Gus Atkinson took four wickets to power England to a 2-0 lead over New Zealand in their four-match T201 series with a 95-tru victory. T20I series with a 95-run victory

on Friday.

After winning the toss and opting to bat, Bairstow finished with an unbeaten 86 off 60 balls and Brook impressed with 67 from 36 as England finished on 198/4.

Atkinson made an immediate impression by taking the wickets of Devon Conway, Tim Seifert, Tim Southee and Lockie Ferguson. Already named in England's pre-liminary squad for the World Cup,



Atkinson was given his chance to prove his worth and wasted no time taking it. Magnificent Marsh

Durban: New Australia T20I captain Mitch Marsh scored a second successive unbeaten half century to lead his side to an emphat-ic eight-wicket victory over hosts South Africa on Friday and claim an unassailable 2-0 lead in the an unassailable 2-0 lead in the three-match series. The home side were sent in to bat and posted 164/8, a total that never looked enough with the small boundaries at Kingsmead.

Australia had little trouble knocking off their target in 14.5 overs as Marsh followed up his upbeaten 29 in the 111-mu victo.

unbeaten 92 in the 111-run victounbeaten 92 in the 111-run victory in the first match on Wednesday with 79 not out from 39 deliveries, including eight fours and six sixes.

He put on 100 in 45 balls for the constant with impression.

second wicket with impressive opener Matthew Short, who was both elegant and brutal in equal measure for his 66 from 30 balls.

### **Doda District all set to kick start activities** under Bhrashtachar Mukt J&K Week

DODA, SEPTEMBER 3: To elimi-DODA, SEPTEMBER 3: To eliminate corruption and promote transparent governance, Jammu and Kashmir UT Government has decided to launch Week Long Bharatabhar Mukat J&K campaign which will start from the 4th of September and culminate on 10th of September.

To join this campaign against corruption, the district administration Doda has formulated a wibrant activity plan under the

vibrant activity plan under the supervision Deputy Commissioner, Vishesh Mahajar

Commissioner, Vishesh Mahajan.

The week-long campaign will witness a series of awareness events across the district with a focus on the promotion of transparent and accountable gover-

Special Gram Sabhas, MC meet-Special Gram Saonas, Mc meet-ings, and meetings with key stake-holders, including Self-Help Groups (SHGs), MGNREGA work-ers, farmers, students, and citi-zens, have been devised to spread cance of corruption free gover-nance. These meetings will also serve as platforms to discuss and combat corruption at the grass-

An essential aspect of the cam-paign is to raise awareness about IT-related initiatives, such as the Empowerment-Janbhagidari Portal." This portal plays a pivotal role in establishing a transparent role in establishing a transparent system of governance. Simultaneously, the "Digital Literacy Week" will be celebrated, highlighting the significance of digital initiatives in government

The campaign will be given The campaign will be given widespread publicity through print, electronic, and social media. Workshops and sensitization programs will be conducted at the district level, Sub Divisional level, and Tehsil level to educate participants about anti-corruption policies. pants about anti-corruption policies and procedures.

This initiative also stresses the importance of promptly address-ing corruption-related grievances and complaints. Special counters trative levels to receive and resolve the issues relating to corruption The IT Department will work in conjunction with other depart-ments to create "Feedback Forms" for recording grievances and complaints, ensuring proper docu-mentation and timely resolution. All complaints received during the week will be given top priority, with clear timelines provided for resolution.

In addition to these efforts, edu-cational institutions will participate by organizing competitions and activities like quizzes, debates, plays and more, aiming debates, plays and more, aming to raise awareness about corrup-tion-free governance. District-level competitions, including quiz, car-toon making, slogans, paintings, rangoli, and cultural events, will actively engage the community in the fight against corruption. The "Bhrashtachar Mukt J&K Week' promises to be a significant step towards a more transparent and corruption-free administration in Doda District.

### **HPL-T20** concludes at Habba Sahib Sports Ground Zaingair

Secretary Sports Council urges youth to participate in sports activities with vigor

BARAMULLA, SEPTEMBER 03: A Hotelier's Premier League (HPL) T20, Session 17 cricket tournanent which was organized by locals in Sopore today culminated with a colourful closing ceremony after the final match of the tournament was played between Lala 11 Sopore and Seer Sports at Habba Sahib Sports Ground Hathlangoo

Secretary Sports Council J&K, Nuzhat Gul was the Chief Guest on the occasion. Senior Superintendent of Police Sopore, Shabir Nawab, Fayaz Ahmad Malik besides other dignatories

participanted in the ceremony as the guest of honors. Pertinently, thirty two teams from different areas of the District participated in the tournament with great enthusiasm, passion

On the occasion, the Secretary Sports Council extended appreciations to both the teams for playing the final stage and also congratulated the winning team. She also presented trophies to the winner and runner up teams. Both the teams were awarded with teams were awarueu wim Trophies, Cash Prize of 240,000/-and 220,000/- respectively. Moreover, the Man of the series awardee was given a cash of Rs.

5000. Speaking on the occasion, the chief guest said that every initiative is being taken to provide a platform to youth and guiding them to follow their goals adding that only Sports can keep youth away from drugs. Secretary Sports said that a special focus is being given to the development of sports infrastructure across the district to provide world class facilities to the youth of the district. Later, SSP Spore appreciated the particthe youth of the district. Later, SSP Sopore appreciated the participating teams for their sportsmanship and enthusiasm during the tournament. He also urged them to motivate others to inculcate sports habits in their lives.

### 71 Kg banned MFP seized at Banihal

JI NEWS SERVICE

RAMBAN SEPTEMBER 03: RAMBAN, SEPTEMBER U3: Atleast 71 kg of banned minor for-est produce was today seized from Compartment 11 of Sarbagni Block Banihal Range which comes ompartment 11 of Sarbagni dock Banihal Range which comes nder forest division Ramban. All seized MFP was brought to A team of forest and FPF officials under forest division Ramban.

headed by Sajjad Hussain, Range Officer Banihal and Mushtaq Ahmed, Forester Sarbagni Block conducted a raid in forest com-partment number 11 and seized banned MFP Kuth in 06 gunny

investigation and a Damage Case No. 03/2023-24 was registered under relevant sections of the Indian Forest Act, 1927. A hunt has been launched to nab the cul-

prits.
The whole operation was carried under the supervision of DFO Ramban.Dr Rajan Singh.

### Nowshera Forest Division ties up with Giri foundation for marketing of Chir needle handicrafts

RAJOURI. SEPTEMBER 03: To improve livelihood opportunities for the peo-ple living on the periph-ery of Nowshera Forest Division, a one day grooming session on preparation of handipreparation of handi-crafts with chir needles and their value addition was held at Sunderbani Forest Range. The chairpersons of all

15 Self Help Groups associated with chir handicrafts besides

handicrafts besides many girls and women participated in the event. The grooming session was started by Divisional Forest Officer, Nowshera Satyendra Maurya by putting light on use of chir needles for making handicrafts and creating livelihood opportunities for women and girls in addition to their routine

Expert from GIRI oundation Megha Foundation Sharma imparted training to participants to improve quality of chir handicraft products pre-pared by the SHGs. She

emphasized that by improving the quality of products by using good quality material with prequality material with pre-cision and good market-ing skills, the scope for this emerging handicraft industry can be expand-ed all over the world. At present GIRI foundation is working on marketing of chir needle handicrafts in India.

in India.

The participants lauded the efforts of Nowshera Forest Division for holding a series of livelihood improvement proimprovement pro-grammes for people liv-ing on the periphery of Nowshera Forest Division. They also demanded to extend such training pro-grammes to ther remote areas of Reasi and Rajouri districts so that may take benefit of such self employment genera-tion activities in addition to their daily routine works.

Range Sunderbani Sudesh Kumar made all arrange ments for smooth con

grooming session on preparation and value addition of Chir handicrafts. The whole pro- Verma.

gramme was conducted under guidance of Conservator of Forests, West circle Rajouri Vivek

### G2 NORTHERN RAILWAY

EIROR PRAIL VAN

EIROR PROVICE

Trader Notice No. 18 8. 198-2023-48-00-00 NOTE:

Tender Notice No. 18 8. 198-2023-48-00-00 NOR-FZR Dates (199.2023

SCENNVEZ Raillog or and on behalf of The President of India unities opin

tenders (E-Tenders) against below titled tenders and available on

workingsa gook in Morcing disk-2009/2023 up to 15-09 Nr sidders will be

able to summit their original invested bids up to dosing date and time only. Manual

fields are not allowed against these intendrs, and any such manual offer received

shall be ground Continuous and advanced money may through only agreed

and the state of the state o des available on <u>www.ireps.gov.in</u> portal like net banking, debit card, cre d etc. Manual payments through Demand draft, Banker cheque, Depi

receipts, FDR etc. are not allowed.							
Tender Type	Tendering Section	Bidding System					
Open	Works	Single Bid System					
Date of Uploading Tenders	Bid Starting Date	Bid Closing Date/Time					
01.09.2023	12-09-2023	26-09-2023 15:00 Hrs					

SNo.1 Tender No. 181-2023-24-000MORNAFER

Deaths of Treder FRING) 1780 7 from 109 ren als with 25 kg (50 UIS) rails in various too lines at BOIM ANT OG, PTIN HME KARP, PJOM, SDUA, ATRA NA, SZUA, MIZAM actions in BAHL-BRML section under jurisdiction of ADENBOGM.

Advertised Value (Rs.) [Earnest Money. Validity of Offer Period of Completion 2,58,41,99.55\* 2,79.200\* 60 Days 12 Months Similar nature of West V-TORT/RIFF/RIFF Reduling Railing From 15 from 15 miles of the State of Toronto Completion 15 miles of the State of Toronto Completion 15 miles of Toro

machine/ballast screening/regulating machines & TTR byT-28\*
S.No.; 2 Tender No. 196-2023-24-BDGM-DRM-FZR
Details of Tender: Through Fitting renowal 14.90 000-778 etails of Tender: Through Fitting renewal (136.299 KM) o SC sleepers at Km 0.00 to 117.890 Km at various location AHL-QG Section 18.40 Km (from Km 150.30 to 168.70) uni dvertised Value (Rs.) Fames May 1.50 Advertised Value (Rs.) Earnest Money Validity of Offer Period (3,38,77,024.62/- 2,69,400/- 80 Days 12 Mon Similar nature of work: "CTR/TRR/TFR/TTR including Reising of the Company of the sing of track, pre & post works for track ma

SERVING CUSTOMERS WITH A SMILE 2785/2

#### **Indoor Saffron Cultivation Technology** introduced in Kishtwar

JI NEWS SERVICE

KISHTWAR. SEPTEM-KISHTWAR, SEPTEM-BER 03: In a momentous event at the Agriculture Extension Office in Kish-twar, Deputy Commis-sioner Dr. Devansh Yadav today unveiled state-of-the-art Indoor Cultivation Saffron Cultivation Technology. This innova-tive initiative marks a significant step towards revolutionizing saffron cultivation practices in the region.

event also witnessed the presence of Chief Agriculture Officer, Amjad Hussain Malik, and DAO, Sanjay Amjad Hussain Maiik, and DAO, Sanjay Sharma, along with ben-eficiary farmers who stand to benefit stand to benefit immensely from this technological advance-ment. Under the Skill Development program , the Department of Agriculture and Farmers Welfare, District Kishtwar has realised the project with an estimated cost of Rs 1.35 lakh, under the SANKALP under the SANKALP Scheme. In a generous gesture, each of the 9 beneficiary farmers on the occasion, received 25 Kgs of Saffron Corms and travs, com

pletely free of cost during

the event. This support aims to empower local farmers and encourage the adoption of advanced the adoption of advanced saffron cultivation techniques, addressing the climatic challenges prevalent in the region. The unveiling of Indoor Saffron Cultivation Saffron Cultivation Technology reflects the commitment of the Kishtwar Administration Kishtwar Administration to promote agricultural innovation and enhance the livelihoods of the saf-fron farming community by fostering the alternate

mode of cultivation.

### 620 NORTHERN RAILWAY E- AUCTION NOTICE The Senior Divisional Commercial Manager, Northern Railway, Firozpu for and on behalf of President of India invites E-Auction for the following 1 Auction Catalogue No. EAFZR-OH23-19 Auction start Date & Time 15-09-23 at 10:30 Hrs

n start Date & Time | 15-U9-23 at 10:30 tres | Contract for Commercial Advertisement rights on exterior of Overhead and Water Tanks at Ammitsar, Jammur Tank, Jalandhar (NA) Pathankor Dahaway Station. Contract for Commercial publicity rights through static media at Level crossing adplining to Veriar, Bhagtanwala, Jaintipura, Batala, Chihira a Patti Railway Station. Batala, Chihira a Patti Railway Station. Batala, Chihira a Patti Railway Station. Station of China a Patti Railway Station. Station of China and Chin

2 Auction Catalogue No. EAFZR-PnU23-12
Auction start Date & Time 15-09-23 at 11:00 Hrs

Allotment of contract for Operation & Maintenance (O&M) of Work Normal Pay & Use Toilets at Jagraon, Fardikot, Moga Anantineg, Ozagigund, Barramulla, Spour & Sri Mata Valson, Operikara Rahway Station.

Omplete details of auction can be seen by registered bidder or www.teps.gov.ii.

SERVING CUSTOMERS WITH A SMILE

#### NORTHERN RAILWAY E-TENDER NOTICE

Sci. DSEE/ST acting for and on health of The President of India involve. Employe against Tender Nation on 333 Sign 500 2-52 (Chorop Date/Irm 2009) 2020 at 150 Oils Resident will be able to exhaust their originatives to this up to indicate gainst extension only. Manual offers are not allowed gainst their tender, and any such manual offers occeed that be ignored. Contractors are allowed to make payments against the intender lowestic bender document cost and deserted money for their comparison of the contractors of the deserted money for their comparison of their contractors of their contract tender of their contract tenders. Deposit moneyth, FDR etc. are not allowed.

Name of Work	Provision of additional CCTV Surveillance System at 16 RPF Posts/Out Posts having coverage over space provided for keeping accused and interrogation purpose in Kashmir Valley over Firozpur Division.     Upgradation of CTV's & SCADA for Tunnel Monitoring and control system with allied work for reliable operation of Pir Panjal Tunnel Banhai- Quziquend section of Pirozpur Division.					
Tender Type		Open	Bidding System	Single Packet System		
Tender closing Date & Time		1) 20/09/2023 15:00 2) 22/09/2023 15:00	Date & Time of Uploading Tender	1) 28/08/2023 18:19 2) 30/08/2023 18:50		
Pre-Bid Required		No	Pre-Bid Query Date Time	Not Applicable		
Advertised Value		1) Rs.3,92,04,933/- 2) Rs.2,98,85,826/98	Tendering Section	Telecom		
Bidding Style		Single Rate for Tender	Bidding Unit	Above/Below/par		
Earnest Money (Rs.)		1) Rs. 346000/- 2) Rs.299400/-	Validity of Offer (Days)	60 days		
Tender Doc. Cost (Rs.)		Rs. 0/-	Period of Completion	(i) 04 Months (ii) 04 Months		
Bidding Start D per IREPS	ate as	1) 06/09/2023 2) 08/09/2023				

#### UNION TERRITORY OF JAMMU & KASHMIR

#### OFFICE OF THE EXECUTIVE ENGINEER JAL SHAKTI MECH. DIVISION NORTH JAMMU

e-mail: xennorth@gmail.com

#### NOTICE INVITING TENDER

e-NIT No. 188 of 2023-24

For and on behalf of Commissioner, Municipal Corporation, Jammu, Executive Engineer, Jal Shakti Mech. Division North Jammu, invites tenders by e-tendering mode from the reputed/registered firms/Sole Prop for the below mentioned work:-

S. No.	Name of work	Cost of document/ tender fee (in Rs.)	Earnest money	Validity of Rates	Bid validity
1.	Providing and fitting of parts of 670 HP LRS installed at HT pump house Sitlee under Capex Budget.	200/-	Rs. 5000/- in the shape of CDR / FDR	180 days	180 days

Date of Publishing: 31-08-2023 (04.00 pm)

- Publishing: 31-08-2023 (04.00 pm)
  Bid documents can be seen at and downloaded from the website http://jktenders.gov.in from
  31-08-2023 (04.00 pm).
  The Bids shall be deposited in electronic format on the website
  http://jktenders.gov.in from 31-08-2023 (04.00 pm) to 07-09-2023 (04.00 pm).
  The complete bidding process will be online http://jktenders.gov.in.

specified, the bids will be opened on the next working day at the same time and venue

- The Technical blds received shall be opened online on 80-99-2023 (04.00 pm) or any other subsequent date in the office of Executive Engineer Jal Shaktl PHE Mech. Division North Jammu. The Financial bid of the bidders shall be opened online and fers excutibizing the technical bid in the office of the Executive Engineer Jal Shaktl Mech. Division North Jammu in presence of the bidders who wish to attend. If the office happens to be closed on the date of opening of the bids as
- The bidder should make payment for cost of bidding document in shape of single window challan of JMC / online payment through the JMC website link http://www.jmcjammu.org/online-payment.html in the name of Executive Engineer, Jal Shakti Mech. Division North Jammu.
- original instruments in respect of cost of document. EMD in the shape of CDR/FDR and other relevant document of L, bidder will be required to be submitted to the Executive Engineer Jal Shakti Mech. Division North Jammu after opening of financial bids on line. No separate intimation about opening of financial bids will be sent by this office / by the tender opening authority. In case the original documents are not submitted by the L<sub>1</sub> bidder opening of financial bid, the tender will be cancelled and the bidder will not be allowed to participate in any further / future tendering process in the division for a period of one year.
- The date and time of opening of financial bids will be notified on website http://jktenders.gov.ir and conveyed to the bidders automatically through an e-mail message on their e-mail addres:
- The original documents when submitted by L<sub>1</sub> bidder for the cost of tender documents, specified in The Original occuments when summed by 4, blader for the cost of tender occuments, specified in the tender document should be same as uploaded on line (Scanned copies) otherwise allotment will not be issued, the tenders will be cancelled and the bidder will not be allowed to participate in any further / future tendering process in the division for a period of one year.
- Bid security of successful tenderer will have to be in form of CDR/FDR of any scheduled bank and shall have to be valid for 180 days from last date of receipt of Bid. No exemption of any kind shall be allowed on this
- allowed on this.

  10. Only such firms should submit tender, who have requisite infrastructure and workshop facility for carrying out similar type of job which may be inspected by the competent authority before awarding the job contract so as to access the working capacity of the tenderer. The workmanship and material used should be of high quality and as per the specifications of the job order / tender
- 11. The bid for the execution of work shall remain open for acceptance for a period of 180 days from the date of opening of bids. If any bidder/tenderer withdraws his bid/tender before the said period or makes any modifications in the terms and conditions of the bid, the earnest money of the firm shall stand forfeited.
- 12. The tenderers are advised to visit the site of work / inspect the parts to be fabricated before uploading their tenders so as to acquaint themselves with exact measurement and site conditi
- Special conditions as per Finance Department order No. OM A/24 (2017)-651 dated 07-06-2018.
   Furnishing of hard copies of bids immediately after submission of e-tenders is dispensed with The same should be obtained only from the bidder who is declared as L-1 after opening or
- The cost of tenders should be collected by introducing e-challan or simply uploading a copy of
- necessary challan / receipt.
- Similarly, instead of insisting on actual call deposit receipt, a copy of same duly pledged to the concerned department should be uploaded by the tenderers. However, before allotting the work or issuing the supply order, the original CDR/FDR should be obtained and kept on record. Other details, instructions and terms and conditions can be seen / downloaded from the bidding document.

DIP/J-7717/23

ISMDNI/2911-13

**EXECUTIVE ENGINEER** JAL SHAKTI MECH. DIVISION NORTH

## VC Akal University Punjab Tours Baramulla; interacts with Students, Stakeholders

BARAMIILIA SEPTEMBER BARAMULLA, SEPTEMBER 03: In a significant bid to familiarise the students about the importance of value based education, Vice Chancellor of Akal University Punjab Prof Gurmail Singh today paid a Gurmail Singh today paid a visit to Delina Baramulla where he held an interactive session with the students and other prominent stakeholders of the society. During the interactive session the VC shared experience

sion, the VC shared experience about his educational journey and underlined the need for quality education for achieving



academic as well as competitive excellence

He emphasised upon the parents to let their children choose career options based on their interest and potential besides highlighting the negative consequences of such courses achieved through coercion. Calling upon the students to familiarise themselves with modern skill set, Prof Gurmail Singh said that the present era is the age of information and technology and added that the need of

He further advised not to chase mere degrees but to inculcate the spirit of charac-ter and value as such features distinguish between an edu-cated person and a literate person. At the conclusion of the session a question and the session, a question and answer session was held wherein the participants asked the VC an array of questions with respect to academic and career pursuit.

The participants also expressed gratitude to the Vice Chancellor for paying a visit to the area and holding such a productive and educational session with them.

#### **Director Agriculture Kashmir takes stock** of paddy, other crops in Anantnag



SRINAGAR, SEPTEMBER 03: The Director Agriculture different paddy fields of Anantnag district and took stock of the agriculture scenario in the area. During the visit he held interactions with farmers and received visit he held interactions with farmers and received feedback from them regarding various interventions of the department. Speaking to the farmers, he reiterated the department's commitment to provide every possible technical guidance to the community during their crop cultivation operations. He impressed upon the farmers to the first the discussion of two politicities and the cultivation operations. He impressed upon the farmers to go for the diversification of crop cultivation and asked them to take full advantage of the different schemes and programmes implemented by the department for the development of the agriculture sector in the region. He expressed satisfaction over the conditions of paddy, vegetables and other agricultural crops in the area. Chowdhury exhorted upon the concerned officers to work shoulder to shoulder with the farming community so that the said targets under various projections. community so that the said targets under various proj-ects of HADP could be met with. He asked the farmers to work as a team and the department of agriculture for the successful and effective implementation of projects under the Holistic Agriculture development

### Free Medical camp under, "Doctor Apke Gaon Mai" initiative organised at Village Singpur in Kishtwar

Health Department today organised a free Medical Camp here at Village Singpura under the pioneering "Doctor Apke Gaon Mai" initiative.

Apke Gaon Mai" initiative.

The move aims at providing comprehensive medical screening services to remote villages in the District Kishtwar.

ined by Specialists including Gynaecologist, Physician, Civil Surgeon, Paediatrician, Opthalmologist, orthope-dic and Dental Surgeons.

During the camp, doctors conducted 118 USGs, 21 ECGs, 270 NCD screening and 138 Lab tests including urine

The primary objective of the initiative to bridge the healthcare gap between

urban and rural areas, with a particular emphasis on reaching the most vulner-able populations who have limited access to medical resources.

Through regular visits over the course of three months, "Doctor Apke Gaon Mai" aims to provide comprehensive healthcare services, including general health check-ups, diagnosis of common ailments, and the provision of vital healthcare advice.

Furthermore, the healthcare profes-sionals will prioritize health education, promoting preventive measures, and raising awareness about prevalent diseases in the region

Meanwhile the public of Singpura have thanked Dr Devansh Yadav. Deputy Commissioner, Dr.M.Y Mir CMO and Dr. Saima Agoo, BMO Chatroo for fulfilling the aspirations of the public

## routine, HB, Blood sugar and pregnan-cy tests, all free of cost.

## Digital Week Celebrations: Ganderbal Admin conducts Workshop on e-Office

JI NEWS SERVICE



The workshop was presided over by the Additional Deputy Commissioner (ADC) Ganderbal, Mehraj-ud-Din Shah along with Chief Planning Officer, Irfan

Apart from others, the workshop was

Apart rom otheres, the workshop was attended by government officials, including district and sectoral officers, staff members, and other concerned.

Different topics were covered during the workshop, including Introduction to e-Office and its benefits, Navigation and basic functionalities of the e-Office platform. Direct blue received in the contract of the contra form, Digital file creation, movement and tracking, e-Leave management and strated. Interactive sessions were also

held where participants asked questions and sought clarifications on using the e-Office platform effectively to understand the system and its effective usage in administrative assignm daily administrative assignments.
Addressing the gathering, the ADC
stressed the significance of transitioning
towards a paperless and efficient administrative system. He emphasized the
importance of e-Office in reducing paperwork, streamlining processes, and ensuring transparency in government

the e-Office platform, which is designed to digitize routine office tasks.

Meanwhile, awareness programs including lectures, school level quiz including lectures, school level quiz competitions and painting competitions were held in various schools of the dis-trict regarding different e-services being provided by the Government of J&K. Several programs under digital week campaign were held in all blocks of the district middle, withseased the competitions of

district which witnessed overwhelming participation of locals who were acquainted with initiatives of digital

### Director Fisheries review projects under CAPEX, HADP programmes



JI NEWS SERVICE

SRINAGAR, SEPTEM-BER 03: In light of the recent reorganization of the Public Works (R&B) Department, which Department, which included the incorpora-tion of the Departmental Engineering wing, a crucial review meeting was convened by Director Fisheries, J&K UT in his Fisheries, J&k UT in his office chambers at TRC, Srinagar to take the first hand appraisal of all works approved under UT (CAPEX) and HADP programmes for the year 2023-24.

The meeting was attended by all the Joint Directors, Chief Project Officers and District/ Project Officers of the Department.

All officers received detailed instructions to promptly engage with the Public Works (R&B) Division within their respective jurisdictions.

This engagement is necessary for develop-mental projects that are either currently underway, awaiting execution, or require the comple-

ties viz, estimation/ Detailed Project Reports (DPRs), tendering processes and work allocation. He directed to cation. He directed to initiate on-ground execution without unnecessary delays caused by the transitional phase.

All the Joint Directors were advised to oversee

the process of execution of works in their respecof works in their respec-tive jurisdictions ensur-ing that projects are completed within the time frame with judi-cious utilization of funds

The Director conducted a thorough review of the various beneficiaryoriented schemes cur-rently being implement-ed by the Department under the Prime Minister's Matsya Sampada Yojana (PMMSY) and HADP Schemes.

All officers were instructed to double their efforts to achieve both physical and financial targets set for the current fiscal year within predefined time-frames.

#### Shobha Yatra Marks Beginning of Janmashtami Celebrations in Ghadwal

SAMBA, SEPTEMBER 03: In anticina SAMDA, SEPTEMBER OS: II aniucipa-tion of the upcoming Janmashtami Celebration, a vibrant Shobha Yatra was taken out today at Ghagwal, spreading the spirit of unity and festivity among the people. The Shobha Yatra embarked the people. The Shoona Yatra embarket on its auspicious journey from the sacred Shree Narsingh Ji Mandir, weaving through the heart of Ghagwal via Raghu Chack, Lala Chack, Rajpura, Sanoora Randhwal, Harsath Ghagwal Jatwal, and eventually retracing back to the Shree Narsingh Ji Dham through the Heavite Isents. the Hospital route.

This event was a collaborative effort This event was a collaborative effort orchestrated by Narsingh Dham Ji Committee Ghagwal, in partnership with the District Administration of Samba and the Directorate of Tourism Jammu. The Shobha Yatra was also graced by the presence of Abhishek Sharma, District Commissioner Samba, who exit only control of the same of the control of the same of the control of the same of the who not only participated in the sacred Puian but also shared his assurance of Pujan but also shared his assurance of fool proof arrangements for the forth-coming Jansmashtami mela at Ghagwal, ensuring the safety and comfort of all devotees. The Shobha Yatra showcased the vibrant cultural heritage and community spirit of Ghagwal, setting the state for a world Lorenthesia. and community spint of Ghagwai, set-ting the stage for a grand Jammashtami Celebration that promises to unite hearts and celebrate the divine with utmost devotion. The esteemed partici-pants were the DDC Chairperson Samba, Keshav Dutt Sharma, DDC member Ghagwai, Süresh Kumar, BDC Chairman Ghagwai, Visiar Tavottra, ADC memoer Gnagwai, Suresn Kumar, BJC Chairman Ghagwal, Vijac Pragotra, ADC Samba, SDM Ghagwal, Vice President of Vyapar Mandal Ghagwal, Tehsildar Ghagwal, and a multitude of local resi-dents from Ghaghwal, whose active involvement added to the joyous fervor of this splendid occasion.

### DC Ramban reviews implementation of welfare schemes, NSAP, ISSS

operations. During the workshop,

ticipants received the training in using

JI NEWS SERVICE

RAMBAN, SEPTEMBER 03: Deputy Commissioner, Ramban Mussarat Islam chaired a meeting to review the imple-mentation of welfare schemes of the Social welfare department, besides ensuring 100 percent reverification of reverted cases of Pension on Jan Sugam reverted cases of Pension on Jan Sugam portal. The meeting was attended by Chief Planning Officer, Dr. Kasturi Lal, SDM Gool Tanveer Ul Majid, DSWO Rahul Gupta and other concerned offi-cers besides SDM Banihal, Ramsoo and During the meeting the Deputy Commissioner directed the SDMs to organise the melas at Panchayat level to ensure 100% saturation of reverted pen sion cases and get the list of beneficiar-ies from TSWOs concerned.

Earlier the DC briefed the participants about the directions conveyed from the Divisional Commissioner Jammu to address the problems of reverted cases and finish all the reverted cases of pensioners by or before 11.9.2023. Emphasising the need to work on Mission mode , the DC directed the SDMs to ensure that all pension beneficiaries whose forms have been reverted shall be informed and handholded for ensuring 100% re application by eligible pension beneficiaries

The Deputy Commissioner also took a detailed review of the progress achieved by the Social Welfare Department in the implementation of National Social Assistance Programme, Integrated Social Security Scheme, Scholarships, Prosthetic Aid and State Marriage Assistance (SMAS) like schemes Assistance (S launched for down trodden society. ched for privileged, vulnerable trodden and weaker sections of



### Digital J&K Week Campaign: Series of informative events being hosted across district Ramban

JI NEWS SERVICE

RAMBAN. SEPTEMBER 03: Continuing Digital J&K Week celebrations various informacelebrations various informa-tive and attractive programmes being organised by the differ-ent departments at Panchayat, Block, Tehsil and Sub-division level across the district

Digital J&K Week programmes witnessed huge pub-lic participation where differ-ent departments imparted awareness to visitors about the online services of their respecdepartments, besides extending them hand holdings

for availing the benefits of beneficiary oriented schemes different sectors at their door

After culmination of 3-day Digi Mela 2023 at Ramban Dig Mela 2023 at Ramban which witnessed huge participation of people from all walks of life, the 2nd leg of the Digital J&K Week campaign has been intensified at Panchayat, Block, Tehsil and Sub-division level under which three mega events are being organized at Sub-Division level in Banihal, Sub-Division level in Banihal, Ramsoo and Gool on September 4th, 5th and 6th respectively. During the aware-ness programmes senior offi-cers of different departments



sensitized the people about hands-on training. They urged the people to avail benefits of 612 online services of different

sectors to avoid frequent visits of Government offices and other services providers.

During the Digital Week the

line departments showcased their online schemes to the people and enrolled the benefivided on spot e-services being offered by them, including Aadhar enrollment, Golden Cards, services of Revenue Carda, services of Revenue department, Horiculture, Agriculture, Holistic Agriculture Development Schemes, RDD schemes besides other services that can be availed online by the public.

At Ukhral people, especially youth attended the Digital youth attended the Digital week programme in presence of SDM Ramsoo, Ghansham Basotra held at Panchayat Senebathi and Chakwa. Information was provided to visitors regarding online services of various departments

#### **ADC Anantnag inaugurated Ayushman** Bhavah' campaign at Anantnag

JI NEWS SERVICE

ANANTNAG, SEPTEMBER 03: Additional District Ananthad, SEPLEMBER US. Additional District Commissioner (ADC) Ananthag in presence of Chief Medical Officer (CMO) Ananthag today inaugurated Ayushman Bhavah' campaign at Old Age home Pazalpora and Iklavia school Ananthag to envisage & saturate all identified health care services in every village/ town in line with the commitment of Prime Minister Sh Narendra Modi to ensure access to health Minister Sh Narendra Modi to ensure access to health care services to everyone in the society. 'Ayushman Bhavah' initiative involves a set of interventions that include 'Ayushman - Apke Dwar 3.0', 'Ayushman Melas- at Health and Wellness level and Medical Camps by Medical Colleges at CHCs' and 'Ayushman Sabhas' and eventually ensuring Gram Panchayat / Urban ward to attain the status of 'Ayushman Gram Urban ward to attain the status of 'Ayushman Gram Panchayat' or 'Ayushman Urban Ward' in a saturation mode. During the campaign health check up was ensured to all registered beneficiaries besides various items including sports kits ,carom board, Medical Kit, winter thermals were distributed.

Printed, Edited, Published & Owned by Shambu Nath Sharma, Managing Editor: Arteev Sharma Mob.: 9419391611, Printed at: Jansampark Printing Press, Bye Pass, Sidhra, Jammu and Published from Jansampark Printing Press Bye Pass Sidhra, Jammu | Mobile No. 9419104223, 09419138284, Phone No. 0191-2539712 Email :- jindrahimages123@gmail.com

