

# Lt Governor extends Navratri greetings

## **JI NEWS SERVICE** SRINAGAR, OCTOBER 14

Lieutenant Governor Shri Manoj Sinha has extended his greetings to the people on the eve of Navratri. In a message, the Lt Governor said: "On the auspicious occasion of Navratri, I extend my hearty greetings. The festival of Navratri signifies the triumph of truth, righteousness and virtue over evil. The nine-day celebration fosters goodness within and motivates people to work for peace, harmony and the progress of the nation. May Goddess Durga shower her blessings on the society for years to come and may the festivity bring health, happiness and prosperity to all."

**RSS Chief Mohan Bhagwat** calls for strengthening country's social harmony

JI NEWS SERVICE JAMMU, OCT 14

RSS chief Mohan Bhagwat on Saturday exhorted members of the Sangh and affiliated groups to work for the protection of the environment, cementing social harmony and strengthening the traditional family system in the country.

He was addressing Samanvah Baithak of various organisations affiliated with RSS here, the organ- Jammu on a three-day tour isation said in a statement. on Friday, emphasised the

of 38 organisations of the organisational networks Sangh Parivar attended so as to reach out to every the meeting in which vari- home with the message of hak, the RSS ous social issues were dis- the RSS.



cussed Bhagwat, who reached

Over 100 swayamsevaks need for further spreading

He especially focussed on spreading the organisation's network ahead of the centenary celebrations of the foundation of RSS to be observed in 2025. In the Samanvah Bait-

CONTINUED ON >> PAGE 4

# J&K Govt clarifies PMJAY-SEHAT Scheme implementation amidst misinformation

### JI NEWS SERVICE JAMMU, OCT 14

In a press conference held today, the Secretary Health and Medical Education, Bhupinder Kumar has addressed concerns and allegations surrounding the implementation of the Pradhan Mantri Jan Arogya Yojana - SEHAT (PMJAY-SEHAT) scheme.

tions was related to a loss mum term was fixed for government clarified that Rs. 304.59 Crores, while to incurred losses. the total claims payout

To avoid service inter- 2021, and the subsequent



One of the key allega- Health Agency, the maxiservices

Contrary to allegations of Rs. 500 Crores. The three years and renewable that the number of eligievery 12 months. The con- ble families was increased the total premium paid to tinuation of the contract to benefit the insurance Bajaj Allianz General Insurbeyond the first year was company, the government ance Company (BAGIC) to be based on mutual clarified that the number during the policy period agreement, and the insur- of families remained the from December 26, 2020, ance company decided to same during the policy to March 14, 2022, was exit after the first year due period, from December 26, 2020, to December 25, Mentally challenged teenager repatriated to Pakistan in Poonch **JI NEWS SERVICE** 

JAMMU, OCT 14

A mentally challenged teenager was handed over to Pakistani authorities along the Line of Control (LoC) in the Poonch district of Jammu and Kashmir on Saturday, an official said. Irshad Ahmad (17) was intercepted and arrested by the Army while crossing the border on Friday, the official added.

The teenager was handed over to the Pakistani Army by the Indian troops at the Chakan Da Bagh border crossing around noon, the official further said.

He said civil officials from Poonch and Pakistan-occupied Kashmir

being repatriated across

Ahmad, a resident

of PoK, was captured by the Indian Army

early Friday when he

was trying to cross the

border into the Indian

side in Poonch district's

Kerni sector.

the border, he said.

# Local actions collectively can contribute to global environmental sustainability: CS

JI NEWS SERVICE SRINAGAR, OCT 14

Chief Secretary, Dr Arun Kumar Mehta todav addressed the 'Manak Mohatsav' organized by the Bureau of Indian Standards (BIS) here at National Institute of Technology (NIT) on the eve of World

Standards Day. event, the Chief Secretary maintained that the event is important step towards sustainability. He observed that the period up to 2030 is very crucial during which the people across the globe should adopt changes in line with population.

Sustainable Development



He stated that each of that the population of

Goals (SDGs) as we have that the job of BIS is in sync with the SDG framework suggested by the Addressing the fac- us have the responsibility United Nations Organizaulty, students and other to safeguard our environ- tion (UNO). He said that participants of the ment for future. He noted each of the 17 goals and Two dead after

truck skids off

Two persons were killed

after a truck they were

traveling in fell into a

deep gorge on Zojila Pass

in central Kashmir's Gan-

derbal district on Satur-

the truck that on its way

from Kargil to Sonamarg

skidded off the road and

fell into a deep gorge near

He said that in the

accident two persons

died and their bodies were recovered by rescue

teams. Police have taken

cognisance of the inci-

Suspended J&K DySP

granted interim bail by

Suspended Jammu and

Kashmir Deputy Superin-

tendent of Police, Sheikh

Adil Mushtaq, who was

arrested last month in an

alleged corruption and

extortion case, was grant-

ed interim bail by the

Special Judge Anti-Cor-

CONTINUED ON → PAGE 4

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court, asks to deposit

dent, he added.

passport to IO

JI NEWS SERVICE

SRINAGAR, OCT 14

Mandir Mode on Zojila.

Quoting an official, that

road in J&K

**JI NEWS SERVICE** 

SRINAGAR, OCT 14

day.

169 targets are inter-relatthis planet is soon going ed in one way or other. He to reach around 9 billion made out that the humans need to understand the and if suitable measures are not taken forthwith to limitations of each system ensure sustainability, the and should not exploit it earth is not going to be beyond its resilience. He able to support this huge also sensitized about the benefits of having an

CONTINUED ON → PAGE 4 Dr Mehta mentioned

# J&K Apni Party delegation, President **Indian Newspaper Society call on LG**

only one earth.

## **JI NEWS SERVICE** SRINAGAR, OCT 14

A delegation of J&K Apni Party led by its President, Syed Mohammad Altaf Bukhari called on Lieutenant Governor Shri Manoj Sinha at Raj Bhawan today.

The delegation comprising of Ch Zulfkar Ali, former Minister; Ch Qamar Hussain, former Legislator, along with Sh Manzoor Hussain Shah, District President JKAP and Sarpanches from the delegation of appro-Rajouri apprised the Lt priate redressal of the

Top Army commanders to deliberate on national security challenges at 5-day conference commencing in Delhi today



development issues of the district.

The Lt Governor assured the members of



Special anti-corruption court here on Saturday. jected by them during the interaction. ruption Court, Srinagar Sh Rakesh Sharma, Surinder Singh granted the interim bail to the

President Indian Newspaper Society met CONTINUED ON → PAGE 4

Bag containing Pistol, some

accused



Ammunition seized in Poonch

Rs. 398.41 Crores. Conse- into an interim arrangeof Rs. 93.82 Crores.

to the contract between interest by ensuring the BAGIC and the State continuity of healthcare

to hospitals (both public ruption, the State Health interim period of 79 days, and private) by BAGIC was Agency of J&K entered totaling 21.24 lakhs.

The Government of quently, the allegation of ment with BAGIC on a Jammu and Kashmir a loss is unsubstantiated Stop Loss basis until a emphasized its adherence as the insurance company new insurance company to the guidelines of the incurred a monetary loss was selected. During this National Health Authorperiod, the government ity (NHA), Government Misinformation about bore the entire risk of loss of India, for the scheme's the termination clause of claims. The arrange- implementation. This and contract renewal has ment was cost-effective includes the use of the also surfaced. According and served the public Model Tender Document for the transparent

CONTINUED ON → PAGE 4

#### (PoK) were also present JI NEWS SERVICE at the border crossing JAMMU, OCT 14 point while Ahmad was

Top commanders of the Army will carry out a comprehensive review of national security challenges along the borders

with China-Pakistan and ways to boost the combat capability of the force at a five-day conclave beginning Monday October 16 at New Delhi.

A Delhi based army As per news agency– spokesman said, the apex-Kashmir News Observer level biannual event is an (KNO), this will be the institutional platform for year's second conference deliberations at the conwhere top commanders' will also focus on the ongoing reform process in the 1.3 million-strong

ceptual level, facilitating important policy decisions for the Indian CONTINUED ON >> PAGE 4

force and the use of high

technologies such as Arti-

ficial Intelligence, robotics

and virtual reality for vari-

ous purposes.



**JI NEWS SERVICE** JAMMU, OCT 14

IMD warns of heavy rain, snowfall in

J&K, Ladakh over next two to 3 days

search and cordon operation in the Poonch district of Jammu and Kashmir,

Security forces Saturday recovered a bag containing a pistol and some ammunition during a

officials said. The operation was

jointly carried out **CONTINUED ON → PAGE 4** 

# **BJP's Mission J&K ensures** equitable empowerment: Rana



## **JI NEWS SERVICI** JAMMU, OCT 14

Senior BJP leader Mr Devand Kashmir on security and developmental fronts of confidence and opti- the city periphery. mism among the people come.

been to ensure welfare of

the people by creating an atmosphere of peace and

stability wherein every segment of society gets ender Singh Rana today equitable opportunities said the huge transforma- to progress and prosper". tion witnessed in Jammu Mr Devender Rana said while interacting with the people along with senior during the past over four leader Vikram Randhawa years has instilled a sense at Satwari and Chowadi in

He said the BJP's focus about better times to under the visionary leadership of Prime Minister "BJP's Mission J&K has Narendra Modi has CONTINUED ON >> PAGE 4

After Chandrayaan, sky not the limit for India's space journey: Dr Jitendra



JI NEWS SERVICI JAMMU OCT 14

the theme 'Viksit Bharat @2047' at the Central Uni-

Union Minister of State (Independent Charge) the academia and stu-Science & Technology; dents, Dr. Jitendra Singh MoS PMO, Personnel, said, India's quantum leap Public Grievances, Penin space research with sions, Atomic Energy and India's space economy Space, Dr. Jitendra Singh standing at \$8 billion has been only possible due to today said, after the successful Chandrayaan-3 the courageous decision mission and the unlocking taken by PM Narendra of Space sector by Prime Modi to unlock the space Minister, Shri Narendra sector from the shackles Modi, 'sky is not the limit' of the past.

for India's Space journey. India's Space econo-Dr. Jitendra Singh was my is projected to grow delivering the inaugural beyond \$40 Billion by cum keynote address at 2040 and as per ADL 'Campus Dialogue' on (Arthur D Little) Chandrayaan 3 under CONTINUED ON >> PAGE 4

versity of Jammu today. While interacting with the

and Kashmir, the Army said on Saturday.

Recently inducted Agniveer Amritpal Singh was found dead with a bullet injury in a forward post on October 11.

"In an unfortunate incident, Agniveer Amritpal Singh died while CONTINUED ON >> PAGE 4

along loc in Rajouri,

## AGENCIES NEW DELHI, OCT 14

The India Meteorological Department (IMD) on Saturday issued an "orange" alert, warning of heavy rain and snowfall in parts of Jammu and Kashmir, Ladakh and Himachal Pradesh over the next two to three days due to an intense western disturbance. This is the first intense western disturbance of the season and will influence northwest and central India till Octo- northwest India. ber 17, the IMD said.

unseasonal rainfall to and lightning are predict-



Punjab may also expe-Western disturbances rience heavy rainfall on al Pradesh, Uttarakhand, are weather systems that Monday under the influ- west Uttar Pradesh, originate in the Mediter- ence of the western dis- Punjab, Haryana, Delhi ranean region and bring turbance. Thunderstorms and

ed in parts of Jammu and Kashmir, Ladakh, Himach-

**CONTINUED ON >> PAGE 4** 

# says Indian Army JI NEWS SERVICE JAMMU, OCT 14

Agniveer dies of 'self-inflicted injury'

An Agniveer died of 'selfinflicted gunshot injury' along Line

(LoC) in the

of Control Rajouri district of Jammu

# **NEWS** JINDRAH IMAGES

# Training programme concluded in **Government Polytechnic Jammu**

#### **JI NEWS SERVICE** JAMMU, OCTOBER 14

02

Six days Training Programme was concluded today at Govt. Polytechnic College Jammu which was organised to order up-skills the employees of Shri Mata Vaishno Devi Shrine Board (SMVDSB) Katra to latest technologies in Plumbing Technique.

Government Polytech- Types of Plumbing tools, presence of Er. Sukhdeep Dusgotra, Course Coordi-Singh HOD Civil Engg, Er. nator, briefed the impor-Engg. During the training and troubleshooting ing to them to enrich their Er Sukhdeep Singh HOD plumbing issues in your knowledge.



Civil Engineering briefed facility. The employees the employees about were also briefed about The programme was introduction to various the latest technologies organized under guid- plumbing tools and its established at CIIIT Jammu ance of Er. Arun Bangotra manufacturing, safety pre- with the aim of up-skilling Principal Government cautions and service tools. and enhancing employ-Polytechnic Jammu. On Mr.Pawan Kumar, Plumb- ability of engineering stuthe valedictory day Train- ing Instructor, provided dents to latest trends by ing Certificates were dis- hands on training to the imparting skill training tributed by the Principal employees of SMVDSB on on latest technologies as per industry 4.0 such as nic Jammu among the its implementation and electric vehicles, mechaemployees of SMVDSB in field practice. Er. Akash tronics, IOT, automotive air-conditioners etc. The employees of the Manjeet Singh HOD Elec- tance of providing plumb- SMVDSB thanked the coltrical Engg and Er. Raj ing training for staff can be lege administration for Kumar HOD Mechanical beneficial for maintaining providing excellent train-



#### JI NEWS SERVICE DODA, OCTOBER 14

Deputy Commissioner Doda, Vishesh Mahajan today convened a meeting with all the stakeholders to introduce the Pradhan Mantri Vishwakarma Kaushal Samman Yojana (PM Vishwakarma Scheme) in the district.

At the outset, GM Industries Doda, Idrees Lone highlighted the strategic aspects of the PM Vishwakarma Scheme. He informed that the scheme shall empower artisans, scheme. commonly known as Vishwakarmas by financial, technical, and logistic support, who form a vital part of the informal or unorganized sector of the economy.

During the meeting, the DC led discussions on taking on board Sarpanchvarious aspects of the PM Vishwakarma Scheme and in the verification of benemphasised for exhaustive eficiaries. awareness through print,

electronic and social to reach out to all the eli- progammes. The DC has media. The key areas discussed include all the 18 trades covered under the The DC stressed upon

the significance of conbranches. ducting extensive drive He exhorted to use of identification and registration of eligible beneficiaries on the designated He also stressed about es, who play a pivotal role

Banks have been asked

portal.

accounts are in their bank

Vishwakarma Yojana such public out reach Bhaderwah and Doda.

gible beneficiary artisans, asked the stakeholders to in collaboration with all focus on women artisens the stakeholder govern- to empower them and ment departments, whose transform their lives while promoting local traditional craftsmanship. The meeting was

Block Diwas as special attended by ADC Doda Dr campaign days for PM Ravi Kumar Bharti, CPO Suresh Kumar, GM DIC and the departments of Idrees Lone, ACP Ashfaq Industries, Employment, Khanji, Lead District Bank and Technical education Manager Parveen Kumar, shall take lead in spread- EOs of MC Doda, Bhadering awareness during wah and Thathri and rep-Block Diwas and other resentatives of ITI Doda,

World Migratory Bird Day: Wetlands

Division organizes 'Cleanliness Drives' &

DC reviews Progress of **Revenue Department** at Udhampur

## **JI NEWS SERVICE**

UDHAMPUR, OCTOBER 14

Deputy Commissioner, Udhampur, Saloni Rai, presided over a meeting with officers from the Revenue department to assess and streamline the department in the District. The meeting took place at the Mini Conference Hall DC Office Complex. Additional Deputy Commissioner Joginder Singh Jasrotia, Assistant Commissioner Revenue Rafiq Ahmad Jaral, SDMs from Ramnagar, Chenani, Dudu, and Basantgarh, along with all Tehsildars attended the meeting.

During the meeting, in-depth discussions were held on various issues, including the digitization of revenue records, quality checks on updated Jamabandies and digitized Mussavies, recreation of damaged Mussavies, data entry of backlogged mutations. revenue court cases. relief cases under SDRF, the status of the Public Service Guarantee Act, complaint and grievance resolutions, and building permissions etc were discussed in detail.

# **GDC Kunjwani organizes Programme on Amrit** Kalash Yatra under aegis of MMMD Campaign **JI NEWS SERVICE**

JAMMU, OCTOBER 14

NSS Unit of Govt. Degree College Kunjwani organized one day programme on Amrit Kalash Yatra under the aegis of Meri Maati Mera Desh Campaign. The aim of the programme was to pay tribute to the veers and veeranganas who had made the supreme sacrifice for the country.

In this regard Amrit Kalash Yatra was carried out to celebrate India's soil and valour at the college campus.

The event took place within the premises of the college under the patronage of principal of the college, Dr. Ravender Kumar Tickoo. He encouraged the students to instill a sense of national pride and inspire future generations to protect India's cherished heritage.

The programme included various activities such as plantation drives, memorials, singing the National Anthem and taking the Panch Pran Pledge.

This event will pay homage to those who sacrificed their lives for the nation with a special focus on freedom fighters and defense personnel.

The programme was coordinated by NSS Programme Officer and formal vote of thanks was presented by Prof.Bushra Nizami.

# International HR Conference, HR Conclave 6.0 organised at IIM Jammu

#### **JI NEWS SERVICE** JAMMU, OCTOBER 14

ronment."

The first day of HR Conclave Customer Centricity, Tata 6.0, the signature event of AIA Life Insurance

the Indian Institute of Man-Dr. Baljeet Singh Sani, Coa resounding success, with IIM Jammu, welcomed the industry experts sharing audience to the HR Contheir insights on a plethoclave 6.0 and introduced ra of topics related to the the theme of the Conclave, theme of the Conclave, "HR "HR in a Dynamic Business in a Dynamic Business Envi-Environment." He highlighted the importance of HR in The Chief Guest of the helping organizations navievent was Prof. Pragati gate the ever-changing busi-Kumar, Vice-Chancellor ness landscape and achieve overview of multiple pro-

of Shri Mata Vaishno Devi their business goals. He affirmed that HR University. The day began with an inaugural cer- Conclave 6.0 is an excepemony presided over by tional forum where human He also mentioned that Prof. B.S. Sahay, Director, resources professionals IIM Jammu; Prof. Jabir from the industry convene academia and industry Ali, Dean, Academics and to share insights, teach stu-Chairperson, Placements at dents how to navigate the IIM Jammu; and Dr. Baljeet challenges they will inevita-Singh Sani, Co-Chairper- bly encounter on their path son, Placements at IIM through the dynamic cor- and the excellent faculty at Jammu, Dr. Guangpuanang porate world, and exchange Kahmei, Conference Chair, ideas. IIM Jammu, Mr. Deepak

Talent Acquisition and Dr. ference Chair Dr. Guang-Roy Kshemendra Sharma, puanang Kahmei provided Head of Communications & an overview of the proceedings that were scheduled for the following two days. The special issue of jouragement (IIM) Jammu, was Chairperson (Placements), nals was announced by him during this HR conclave. He emphasized that the HR conclave's connections and

experiences will prove to be beneficial and enjoyable. In his address, Prof. Jabir Ali, Dean, Academics, IIM Jammu, provided the audience with an insightful grams in accordance with its mandate to cultivate transformational leaders. this collaboration between will provide students with knowledge and value. thanks to the exemplary leadership of the Director

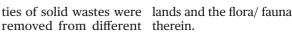
IIM Jammu, which is a testament to cultivating leaders In his welcoming who are pioneers in happi-Taduru, Northern Trust VP remarks, IIM Jammu Con- ness and mental health.

'Awareness programmes' at all RAMSAR sites

#### **JI NEWS SERVICE** SRINAGAR, OCTOBER 14

Under 'Swachhta Pakhwada' campaign, being organized across the country from 2nd to 15th October 2023 and in view of the World Migratory bird day, celebrated every year on 14th of October, Wetlands Division of Wildlife Protection department organized 'Cleanliness Drives' and 'Awareness programmes' at all RAMSAR sites viz. Hokersar, Shallabugh and Hygam wetland conservation Reserves and also at Pampore wetlands.

Field staff of the divi- removed from different therein. sion, students of differ- spots of all Ramsar sites panchs, wildlife Mitras and people living on lands solid waste free. peripheries of these wetevents



The main aim of ent colleges/schools, Sar- and the participants these programmes was pledged to keep these wet- to spread the swachhta Further, during aware- public and raise aware-

lands participated in the ness programs students ness among students/ and other stakeholders stakeholders about the During these cleanli- were acquainted about importance of habitats of ness drives, huge quanti- the importance of wet- migratory birds.

message to the general

# DC Kulgam reviews Action plan for implimentation of Special campaign 3.0 JI NEWS SERVICE

KULGAM, OCTOBER 14

The Deputy Commissioner (DC) Kulgam, Dr.Bilal Mohi-Ud-Din Bhat today chaired a meeting of officers to review action plan for proper implimentation of Special campaign 3.0 at mini-secretariat, here.

During the meeting, the DC instructed the officers to ensure that the offices are kept clean and organise Special Cleanliness drives towards the furtherance of better space management of the offices. He also instructed all offices to take initiatives under the campaign for better record management including weeding of files, review of files, etc.

Special emphasis was given on clearing the grievances received through various portals along with emphasis on disposal of stocks as per GFR.

The meeting was attended by ADDC, Showkat Ahmad Rather; ADC, Viqar Ahmed Giri; ACR, Imtiyaz Ul Aziz; JDP, Zahid Sajjad; ACD, Mohammad Imran Khan; ACP, Sharjeel Ali; CEO, BDOs, EOs and other officers.

# J&K Judicial Academy organizes One Day **Special Orientation Programme on "Cyber** Crime and Digital Evidence"

## **JI NEWS SERVICE** SRINAGAR, OCTOBER 14

Registry.

especially in cases related The Jammu & Kashmir Judi- to Cyber Crime leading to cial Academy today organ- the appreciation of digital ised a One Day Special evidence. He further stated Orientation Programme that by the medium of this on "Cyber Crime and Digi- programme Judicial Offital Evidence" for Judicial cers would get a practical Officers. The programme knowhow of how to deal was inaugurated by Justice with day today problems N. Kotiswar Singh, Chief faced in appreciating digi-Justice, High Court of J&K tal evidence during trials and Ladakh and Patron- and the way to tackle those in-Chief J&K Judicial Acad- problems. emy in august presence of

The technical session Justice Atul Sreedharan, was conducted by Justice Judge, High Court of J&K Sanjeev Sachdeva who and Ladakh, Justice Rahul dealt with different aspects Bharti, Judge, High Court of Cyber Law and electronic regarding the Cyber Laws of J&K and Ladakh and evidence from the perspec-Member, Governing Com- tive of their applicability to mittee for J&K Judicial the judicial proceedings in interactive session during Academy, Justice Sanjeev the courts of law, investigat-Sachdeva, Judge, Delhi High ing agencies and prosecut-Court who was the Resource ing wings. He also elaborat-Person and officers of the ed upon the brighter and darker side of the internet.

He highlighted the Delivering the inaugural address the Chief Justice upcoming challenges and

stated that nature of litigaopportunities with which tion has increased multi-fold the courts of law and investigating agencies shall be confronted with in near future. The speaker also discussed whole gamut of case law concerning important issues coming up before the courts of law.

Director J&K Judicial Academy, Yash Paul Bourney in his welcome address underscored the importance of organising this program. He said that the programme intends to build capabilities of judicial officers and other stakeholders in justice dispensation

The orientation programme concluded with an which the participants deliberated and discussed various aspects of the subject topic and raised queries which were answered satisfactorily by the resource person.

**Review meeting of National Rabies Control Programme** 2023 held at Govt. Hospital Gandhi Nagar Jammu

## **JI NEWS SERVICE** JAMMU, OCTOBER 14

Division.

Under the supervision of Director Health Services Jammu Dr. Rajeev Kumar Sharma, a review meeting of National Rabies Control Programme was held today at Govt. Hospital Gandhi Nagar, Jammu, which was organized by the Office of the State

Surveillance Unit, Jammu

**District Health Officers** (DHOs), Block Medical Officers (BMOs), Medical Officers (MOs) and District Epidemiologist from district Doda, Kishtwar, Rajouri, Ramban, Udhampur and Reasi participated in the meeting.

Assistant Director progressively achieving Schemes Directorate of SDG target for "Dog medi-Health Services Jammu ated Rabies-Zero by 2030 Dr. Sanjay Turki, Medical and he also emphasised Superintendent, Govt. on intersectoral coordi- stressed that such training and Dr. Harpreet Kour, Hospital Gandhi Nagar, nation between Medical should be routinely orga-Jammu Dr. Parveen Yograj, sector-Veterinary sectors nized as the staff gets reori-Husbandry. Deputy Director Animal and Municipality Corpora- ented with the latest devel-

Husbandry Department tion to achieve this goal. opments and guidelines AD Schemes, gave brief Presentations covering description about NRCP salient aspects and guide-

Husbandry Department, NRCP and Role of Animal which is aimed to prevent role and responsibilities ity in NRCP were given by

& Prevention of Rabies, Deputy Director, Animal Animal Component of VAS Department of Animal

Dr. D.K Bhagat also attended the meeting. Dr. Harjeet Rai, Epi-

and he also discussed the lines of the NRCP, Pathodemiologist/State Sur- strategies & achievements genesis, Clinical features veillance Officer, Jammu of the programme. Division welcomed all the participants. He explained the importance of NRCP mentioned about the Husbandry and Municipal-

and control deaths due of Animal Husbandry the resource persons- Dr. to Rabies in humans and Department in implement- Prem Lata, Medical Offiing the NRCP programme. cer Epidemiology Office, Medical Superinten- Dr. Anuj Kapoor, Lecturer dent, Govt. Hospital Department of Communi-Gandhi Nagar, Jammu ty Medicine, GMC-Jammu

**IIT Jammu** and BARC collaborate for

a successful Scientific and **Technical** Outreach Program

**JI NEWS SERVICE** JAMMU, OCTOBER 14 The Indian Institute of Technology Jammu (IIT Jammu), in partnership with the Bhabha Atomic Research nagar, with over 120 enthusi-Centre (BARC), Department astic students in attendance. of Atomic Energy, Government of India, organized a was graced by the esteemed one-day Scientific and Tech- presence of Prof Manoj Singh nical Outreach Program at Gaur, Director at IIT Jammu. Thakur.

IIT Jammu.

saw active participation from numerous schools and local Sharma, Director of Beam Technology Development; colleges in Jammu, including Jawahar Navodaya Vidyalaya S. Prabhakar, specializing Gharota and Government in Food Irradiation Technol-College for Women Gandhiogy; Sameer Mandal, expert in Nuclear Reactor technol-The inaugural ceremony Rao, R. K. Mishra, and Yatin

Accompanying him were

(Dean of Academics), Dr & environment; Herman uted to the success of the colleges in Jammu. event, with Dr B. D. Sehgal

BARC, including Dr Archana ed by Prof Kannan Iyer with the attendees

The Scientific and Techni-Vijayan Pallipattu (Dean of cal Outreach Program, orga-Administration), and Prof nized by the Public Aware-Debapriya Mondal. Prof ness Section of the Scientific Yogesh Nimdeo, the Head of Information Resource Divithe Chemical Engineering sion at BARC, extended over in the quiz sessions was ogy; R. K. B. Yadav, specialist Department. Furthermore, a week, from 9th to 13th of overwhelmingly positive and in Radiation safety in health other institutions contrib- October, 2023, across five encouraging. Their enthusi-

(GWC) and Mr Awadhesh ducted extensive discussions programs, reaffirming the IIT Jammu team was Kumar (JNVG) and their and interactions with stu- success of this outreach ini-This engaging program distinguished scientists from equally well-represent- colleagues actively engaged dents and faculty, comple- tiative.

skits on nuclear energy and BARC Technologies. The response from the students who attended the workshop and participated

mented by two captivating

asm has generated numer-Eminent scientists con- ous requests for more such

**DC Kupwara reviews preparations** 

for conduct of Swachta 3.0

**JI NEWS SERVICE** 

KUPWARA, OCTOBER 14

# **NEWS**

# DC Kupwara hands over a Motorcycle under PMMSY



# KUPWARA, OCTOBER 14

The Deputy Commission- the fishermen community er (DC) Kupwara, Ayushi as well as fish farmers who Sudan today handed over are engaged with the Fisha Motorcycle with Ice Box eries activities, adding to a beneficiary at D.C Office, here.

On the occasion, Assis- under the scheme. tant Director Fisheries, Sajad Hussain informed eficiary expressed his the DC that the Motor- gratitude towards the Dis-Cycle has been provided trict Administration and to the beneficiary under Fisheries Department Pradhan Mantri Matsya for providing the Motor Sampada Yojana (PMMSY) Cycle which will help him for Post Harvest Manage- in marketing his catch ment. The AD said that smoothly.

**JI NEWS SERVICE** DODA, OCTOBER 14

district.

One Stop Centre in the

of the Task Force Commit-

Stop Centre (OSC) and dis-

meeting that NGO, the

who is also the chairman HOPE.

DTFC discusses future plan of One Stop Centre in Doda

Deputy Commissioner also decided that untill

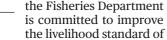
Doda Vishesh Mahajan the new office bearers

convened a meeting of are engaged purely on

District Task Force Com- a temporary and hono-

mittee (DTFC) meeting to rarium basis, the existing

discuss the future plan of staff shall be allowed to



# **DDC Rajouri reviews Livelihood Generation Activities under NLRM**



**JI NEWS SERVICE** RAJOURI, OCTOBER 14

Commissioner Rajouri, Vikas Kundal chaired a meeting, with concerned officials to assess and that the target is to cover enhance livelihood genmaximum beneficiaries Meanwhile, the benwithin the district. During the meeting, in-depth discussions revolved around plan for Self-Help Group

> ening SHG-Bank linkages, sion, and advancing vari-

updates from the NRLM inclusion and growth

revealed that a substantial District Development 36500 active members are the importance of colengaged with SHGs in the Organizations and 31 cluster-level federations showthe National Rural Live- of community engagelihood Mission (NLRM) ment in Rajouri.

Deputy Commissioner Vikas Kundal sought clarishaping the future action of SHGs successfully linked with banks, with (SHG) formation, strength- the response indicating a promoting financial inclu- having established these Assistant Commissioner crucial financial connecous livelihood initiatives. tions. This achievement han; DO NRLM, Javaid Ul The meeting com- signifies significant prog- Sofi and other concerned

representatives. It was within the community. The DDC underscored

laborative efforts among district. Additionally, the SHGs to diversify livepresence of 364 Village lihood activities and improve income levels. He issued a clear direceration activities under cased the extensive reach tive to officers, emphasizing their role in assisting SHGs to channel their collective endeavors toward establishing thriving and

fication on the number successful businesses. Among others who attended the meeting were Chief Planning Officommendable 2,100 SHGs cer, Mohammad Khurshid; Panchayat, Sheraz Chow-

# menced with insightful ress toward financial officers. DDC Reasi review District Skill Development Plan

# JI NEWS SERVICE

REASI, OCTOBER 14

District Development Commissioner Reasi Babila Rakwal chaired a meeting of District Skill Committee to review the District Skill Development progress on implementation of the plan approved

for 2023-24. DM asked the District to introduce the new age courses pertaining to energy conservation, automotive sector and courses like Dhari making etc.

Reviewing the activi-Deputy Commissioner, agreed upon by the NGO The Sub Committee tee, had a detailed review shall advertise the honorof the working of One ary posts and ensure their engagement within one cussed critical issues with month as per the specifithe Task Force members. cations mentioned in the

It was decided in the relevant rules. The meeting was HOPE, shall cease to run attended by SSP Doda Berozgar Mukt Ganderbal: ADDC chairs the One Stop Centre in Abdul Qayoom, CPO the District as is the case Doda Suresh Kumar, DPO coordination meeting for smooth conduct in other districts of the ICDS Doda Ashfaq Khanji, UT. It was further decided DSWO Doda Tariq Qazi,

istration through its sub

committee headed by

DPO-ICDS Doda. It was

perform their duties on

the terms and conditions



respective sectors.

# to avail benefits of recently

ADC Reasi Abdul Star, CPO Sunita Kanchan, PO Poshan Anwar Banday, trict Social Welfare Officer Reasi, Dr. Kulvinder Kour

# tor the status of cleanli- Swachta activities a regu- the meeting. DC reviews progress of holistic Agriculture

JI NEWS SERVICE UDHAMPUR, OCTOBER 14

Deputy Commissioner Udhampur Saloni Rai presided over a comprehensive review meeting today to assess the progress of connections with banks effective implementation made under the Holistic and financial institutions of the Holistic Agriculture Agriculture Development for beneficiaries, conver- Development Plan within Plan in the Udhampur District.

The meeting, attended by officers from various the Kisan Sampark Abhi- benefits of these schemes. allied departments, took place at the Mini Confer- online applications. ence Hall in the DC Office Complex, Udhampur.



gence of activities under their respective domains, HADP, physical and finan- ensuring that farming cial progress, the status of communities can reap the yan, and the receipt of

importance of promptly while Addressing the approving loans under meeting, the DC empha- agriculture and other At the onset, Chief Agri- sized that the HADP ini- allied department culture Officer, Sanjay tiative represents a signifi- schemes. The DC empha-Anand provided an over- cant stride in establishing sis on expeditious loan view of the achievements a robust and profitable sanctioning reflects a promade under the Holistic agricultural ecosystem. active approach to meet-Agriculture Development She urged banks to expe- ing the financial needs of Plan within the district. dite the sanctioning and farmers and enhancing In-depth discussions were disbursement of loans to their well-being. She urged held, covering several cru-support farmers in their the concerned officers to cial aspects such as the agricultural endeavors. analyze cases of rejected plan's implementation, The Deputy Commis- applications from farmers approval of beneficiaries sioner also called upon and encouraged them to for individual and group officers from various conduct awareness pro-

The DC stressed the

er (DC) Kupwara, Ayushi Sudan today convened a meeting of all district and sectoral officers to review the preparations be disposed-off as per the for conduct of Swachhta circular directions of the ats briefed the meeting 3.0 in the district. The DC Government. impressed upon the offimeeting that every departcers that the cleanliness should not be confined to ceremonial exercise but Nodal Official for coordi-

should be impactful on nating with ACP Kupwara and beautification of officthe ground. She asked the regarding Swachhta 3.0 officers to ensure cleanli- activities to be undertakness of their respective en.

offices and share the photographs of pre and post the officers to initiate the cleanliness drives with process of switching over the AC Panchayats on a to e-office as soon as pos- Ahmad Khan; ADC Handdaily basis. The District sible and also ensure the wara, Nazir Ahmad Mir; Officers were asked to quality disposal of pend- SDM Lolab, SDM Karnah, conduct inspection of sub ing grievances on priority. ACD, ACP, besides all offices of their respective

**Development Plan in Udhampur** 

ness and were directed lar part of their duty in to also initiate a process their respective jurisdicfor weeding out of unnec- tion. They were also asked The Deputy Commission- essary physical files and to sensitize the people for closing of e-files. The DC inculcating etiquettes for said that the scrap matepromoting a healthy and rial including machinery hygienic environment in and old records should rural areas.

Earlier, the AC Panchayabout the plan for imple-It was given out in the mentation of Swachhta 3.0 Campaign which includes ment shall designate a cleanliness at campaign sites, space management

es, disposal procedure of scrap and redundant items, public grievance She impressed upon all and appeals, record management etc.

ADDC Kupwara, Altaf She asked the BDOs other District and Sectoral departments to moni- to make monitoring of officers were present in

job opportunities. DM also directed the launched Vishwakarma

Skill Committee (DSC) departments to guide and other schemes of their their pass out trainees for availing the benefits from different job oriented schemes of various also introduced traditional sectors, so that the graph ACP Pardeep Kumar, Disof placements can be enhanced.

DM asked AD Employ- Principal GDC Reasi, Dr. ties approved and taken ment to sensitize the Preetpal Kour Principal up under the Skill Devel- already trained youth GDC Dharmari, Er. Vinay opment Plan, the DM especially girls towards Gupta Principal Govt Polydirected the Heads of handholding to set up technic College Reasi, Er. Skill imparting institutes their start ups business Rajesh Kumar Banotra for providing skill as well units at their local level. Superintendent Govt ITI as vocational training to DM directed all the depart- Reasi and other concerned the youth by organizing ments to organize local officers were also present.

that the One Stop Centre President Bar Associashall be taken over and tion Doda, and other conrun by the District Admin- cerned.

# **Campus Bird Count held** at GDC MARH to celebrate World Bird Migratory Day



JAMMU, OCTOBER 14: and awareness.

NSS unit in collaboration on World Bird Migratory Day at GDC MARH.

The programme was about the event. inaugurated by Princiservation of humanity.

and their conservation field.

Prof. Asha Kumari with JK Bharat Scouts (HOD Geography) and Guides units of college Prof. Ram Dayal (HOD and Bird watching club Maths) played a bird game of college organized two with students in which the days Campus Bird Count students identified the pictures of birds and their habitats and were excited

Students counted pal Prof Rakesh Kumar around 34 species around Koul who also explained the campus including the mystic connec- endangered Egyptian tion between birds and Vulture, Lesser Whistling humans. He highlighted Duck, Painted Snipe, Pied the role of birds for con- Kingfisher, Wood Sand Piper, Common Sand The bird count was con- Piper, Cattle Egret, Pond ducted by Sachin Kumar Heron, White Breasted Bhagat, Asstt. Prof. in Water Hen etc. Motivated Political science, who and inspired about birds, was recently awarded by students shared their Chief Secretary and Forest feedback and experience Department for his contri- that to how they got conbution towards discover- nected with nature and ing rare species of birds choose their career in this

# of Mega Job Fair on 21st October



**JI NEWS SERVICE** GANDERBAL, OCTOBER 14

21, 2023.

ployment-free.

career opportunities.

In a significant effort event, offering over 250 to create employment job openings to the aspiropportunities, the District ing youth of Ganderbal.

Employment and Counseling Centre (DE&CC) Ganderbal is organizing a over 7000 unemployed files were highlighted as mega job fair on October youth from the district. crucial aspects of office By bringing together both

This initiative comes sides of the employment under the umbrella of spectrum, the event aims "Berozgar Mukt Gander- to foster economic growth bal," a campaign aimed at and stability in the local making Ganderbal unemcommunity.

In this regard a meeting detailed discussion was proactively prepare and was chaired by Additional also held on shifting of strategize for potential District Development official work to e-Office. emergencies, underscor-Commissioner Ganderbal, Comprehensive directions ing the commitment to Mushtaq Ahmad Simnani were issued to various gov- the safety and well-being in the Conference Hall of ernment departments to of the local community. Mini Secretariat Gander- maintain a high level of bal. A diverse range of gov- organization within their attended by Additional ernment departments will respective offices.

actively participate in this event, making it a compre- environment for both CPO, CEO WMDA, SDM hensive platform for job employees and visitors, Kangan, ACD, DFO Sindh seekers to explore various Officers were directed to Forest Division Gander-

was revealed that around specific instructions were officers.

15 reputed employers given to identify scrap from different sectors materials and maintain are expected to grace the accurate records in compliance with the GFR 2017. Additionally, the efficient management of This mega job fair antic- public grievances and the

ipates the participation of systematic handling of operations.

In view of approaching winter, the meeting also discussed disaster and snow clearance plans. Directions were given to During the meeting different departments to

The meeting was Deputy Commissioner, To foster a conducive Mehraj-u-Din Shah, ACR, keep their offices clean bal, AD Employment and During the meeting it and orderly. Additionally, other district and sectoral

activities, establishment departments to ensure the grams.

# DDC Chairperson visited Khari area, reviews progress of RDD works



## **JI NEWS SERVICE**

RAMBAN, OCTOBER 14

extensive tour of Khari to inspect various develexecuted in block Khari.

on the occasion.

Chairperson inspected chayat Khari. Primary Health Centre

Trigam and enquired aspects which include about the stock of health- execution of development care facilities being pro- schemes of RDD sector Chairperson, District vided to the patients. She under Capex budget in Development Council, also directed the con- the district, the Chairper-Ramban, Dr. Shamshad cerned officers to ensure son stressed on execution Shan today conducted an robust functioning of the of works in a transparhealth centre and better ent and efficient manner of Sub division Ramsoo health services to patients. so that benefits reach to

opmental projects being chaired a meeting with hassle free manner. concerned officers and DDC Khari, Gulshan technical staff of Rural directed the officers to Parveen, DDC Ramsoo, Development Depart- ensure proper monitor-Faiyaz Naik, BDO Khari, ment to review the prog- ing and timely completion Kavita Bindhral, PRIs, ress about developmental of the RDD schemes like and Officials of concerned projects being executed PMAY-G and MGNREGA, departments besides gen- in block Khari. She also etc for taking tangible eral public were present inspected the progress of results at ground level. various under construc- She also asked the officers During the tour, DDC tion road projects in pan- to achieve both physi-

Later, DDC Chairperson the common masses in a The Chairperson also

cal and financial targets

Discussing various within prescribed time.

#### NEWS **JINDRAH IMAGES**

# **DC Poonch chairs** DGRC meeting to review grievances, implementation

# of AB-PMJAY

JI NEWS SERVICE POONCH, OCTOBER 14

Deputy Commissioner Poonch, Yasin M. Choudhary chaired a meeting of the District Grievances Redressal Committee (DGRC) to review the status of grievances and implementation of the Ayushman Bharat Pradhan Mantri Jan Arogya Yojana (AB-PMJAY).

The meeting was attended by Assistant Commissioner Panchayat, Naheem Un Nissa Bhatti, Chief Medical Officer, Dr. Anees Altaf Nabi, Medical Superintendent of District Hospital Poonch, Dr. Zulafkar Ahmed, Distt. Program Coordinator AB-PMJAY (MO Mandi), Dr. Riaz Jan, Distt. Inf. System Manager Poonch, Parvez Ahmed, and other con-

cerned officials. The committee members were apprised of their roles and responsibilities in ensuring the swift resolution of grievances related to the AB-PMJAY during the meeting.

Deputy Commissioner emphasized the significance of efficiency and urged the members to actively monitor the grievances database, ensuring that all issues are addressed within the prescribed timeline.

# J&K Judicial Academy organizes One **Understanding human psychology Day Special Orientation Programme** must for advocacy skills: CJ on "Cyber Crime and Digital Evidence"



#### **JI NEWS SERVICE** SRINAGAR, OCTOBER 14

04

organised a One Day Special Orientation Proand Digital Evidence" for cers would get a practical Judicial Officers.

in-Chief J&K Judicial Acadcers of the Registry.

Delivering the inaugu- net.

# N. Kotiswar Singh, Chief tal evidence during trials Bourney in his welcome Justice, High Court of J&K and the way to tackle address underscored the and Ladakh and Patron- those problems. emy in august presence of was conducted by Jus-Justice Atul Sreedharan, tice Sanjeev Sachdeva to build capabilities of

and Ladakh, Justice Rahul aspects of Cyber Law and Bharti, Judge, High Court electronic evidence from of J&K and Ladakh and the perspective of their Member, Governing Com- applicability to the judimittee for J&K Judicial cial proceedings in the gramme concluded with Academy, Justice Sanjeev courts of law, investigating an interactive session Sachdeva, Judge, Delhi agencies and prosecuting High Court who was the wings. He also elaborated Resource Person and offi- upon the brighter and darker side of the inter-

that by the medium of this knowhow of how to deal the courts of law.

The programme was with day today problems inaugurated by Justice faced in appreciating digi-

Judge, High Court of J&K who dealt with different pensation regarding the

litigation has increased and opportunities with multi-fold especially in which the courts of law cases related to Cyber and investigating agen-The Jammu & Kashmir Crime leading to the cies shall be confronted Judicial Academy today appreciation of digital evi- with in near future. The dence. He further stated speaker also discussed whole gamut of case law gramme on "Cyber Crime programme Judicial Offi- concerning important issues coming up before

Director J&K Judicial Academy, Yash Paul importance of organising The technical session this program. He said that the programme intends judicial officers and other stakeholders in justice dis-

Cyber Laws The orientation produring which the participants deliberated and discussed various aspects of the subject topic and raised queries which were ral address the Chief Jus- He highlighted the answered satisfactorily by

tice stated that nature of upcoming challenges the resource person.

pants.

JI NEWS SERVICE

SRINAGAR, OCTOBER 14

Young Lawyers of Kash-

mir and UT of Ladakh

organised by J&K Judi-

of Legal & Professional

human psychology was an

essential trait of the young

advocates to be success-

ful lawyers", observed

while addressing the

and successful lawyers

who got trained decades

back and have rich expe-

rience in the field. The

whole day was marked

by hectic activities which

include case studies,

practical demonstrations

and engrossing sessions

filled with knowledge

sharing exercises in vari-

ous aspects of advocacy

event.

Development (IILPD).



emphasized the impor- young legal professionals ing such programmes for tance of advocacy skills in with the knowledge, skills, the benefit of one and all. the legal profession and and techniques which He said that it has been cial Academy in associa- underlined the impor- are essential for effec- a much-needed initiative tion with Indian Institute tance of organising such tive advocacy. This event to hone and upgrade legal training programmes marks the beginning of an and advocacy skills of lawwhich help in gaining "Understanding the the advocacy skills by the young and emerging es to contribute towards sion needs continuous lawyers. He appreciated the work done by IILPD in of legal profession in the achieving the said objective

the Chief Justice observed Chief Justice also highlighted the importance of The event has brought lawyers and judges worktogether the enthusiastic ing together in close colparticipants i.e. young laboration for achieving lawyers with the eminent the common goal deliverjurists of the country ing justice to the people. Chief Justice empha-

sised that there were many training programmes organised for the benefit of judicial officers at state Judicial Academies as well as National Judicial Academy Bhopal but no such training programmes were organised for the new entrants into the profession. He further observed that in given cir-

for the benefit of particicumstances, the present Delivering the inaugu- Training Programme is ral address, Chief Justice poised to empower the

enriching journey for all participants and promisgrowth and excellence and consistent practice, region, he added.

yers keeping in view the

fact that the legal profes-

the programme has been

conceptualized in col-

Priya Hingorani and

The working sessions

In his special remarks, laboration with Indian Justice Sanjeev Sachdeva, Institute of Legal & Profes-Judge Delhi High Court, sional Development. highlighted the significance of Advocacy Skills Rajeev Virmani set the and critically dwelt over tone for the programme the different facets of by giving a succinct overadvocacy. He observed view of the Indian Instithat it is easy to get a case tute of Legal & Professionand client but it is difficult al Development and varito hold him back, so that ous training programmes he comes back happily conducted by the Institute to the same advocate. He across the country and further emphasized that their relevance. a good advocate needs to

develop a case concept or during the day involved theory so that he knows the participants to conhow to present the case to duct a case study, mock the court effectively. chief and cross examina-

Director J&K Judicial tion in a hypothetical case Academy, Yash Paul and also were involved in Bourney, in his welcome discussion to demonstrate address, underscored the how to make an oral arguimportance of organis- ment.

# FROM THE FRONT PAGE...

# **RSS Chief calls for...**

chief reviewed various projects initiated others. by the local units for the development of villages and rural economy, the statement said.

He gave some suggestions to the members who have taken projects for village development and social harmony in the society.

Bhagwat also interacted with the students of the hostel of Sewa Bharti at Keshav Bhawan in the city.

He is scheduled to address volunteers in Kathua district on Sunday. (Agencies)

# J&K Apni Party delegation...

the Lt Governor and shared his views Kashmir.

Later, Prof. Sudhakar Yedla, Director NIT

# J&K Govt clarifies...

selection of insurance companies and the adoption of Health Benefits Packages (2.2 version) for implementation.

Since the launch of the PMJAY-SEHAT scheme, the government has paid Rs. 1175.32 Crores in premiums to insurance companies. In return, insurance companies disbursed a total of Rs. 1,249.33 Crores in claims to empaneled hospitals, benefiting approximately 5.67 lakh patients. The scheme has provided crucial medical care carbon emissions. He gave the examples on the developmental scenario in Jammu for patients with life-consuming and life- of construction of around 2000 AmritSar- like amount," the court order said. threatening diseases.

The insurance model has shifted the risk Cr saplings previous year besides making to insurance companies, leading them to pay nearly Rs. 74 Crores beyond the premium to empaneled public and private hospitals. This model has strengthened the healthcare system within the UT and significantly reduced out-of-pocket expenses for families in need of hospitalization. Additionally, a feedback system using QR codes and a 104 Call Centre has been implemented, with nearly 99% of patients rating their treatment experience as Excellent or Good. The government emphasized that allegations intended to discredit the scheme are baseless, false, and aimed at maligning its image. It reiterated its commitment to providing quality healthcare services to the public.

Salman Choudhary, Kaka Ram and many ery of a 9-mm pistol with a magazine and nine bullets, 159 bullets of AK assault rifle, a long period, no purpose would be served one pouch, one dress, one black trouser and one waterproof suit.

However, no one was arrested in connection with the recovery, the officials said.

## Local actions collectively...

eco-friendly lifestyle for the earth is home not only to humans but millions of other life forms.

Regarding J&K, the Chief Secretary elucidated that the UT has taken dozens of measures to conserve its environment and cut ovars, 200 e-buses, planting of nearly 1.5

to the prosecution and it is for the prosacceptance of bribe money by the accused and affect the recovery thereof," it added.

The Court said it is amply clear that there would be no danger of justice being thwarted if the applicant is granted bail.

"Therefore, applicant/accused has carved out a strong case for grant of bail in his favour. The bail application succeeds and is allowed. Accordingly, the applicant/ accused is admitted to interim bail subject to his furnishing two surety bonds in the sum Jitendra Singh said, India today is at par with of Rs. 50,000 each with personal bond of countries, such as the United States which

"...Keeping the accused in the custody for impacting serving personnel and veterans. The Army Commanders' Conference, with its broad scope, ensures the Indian Army ecution to investigate, prove demand and remains progressive, forward-looking, adaptive, and future ready. KNO

# After Chandrayaan...

Report, India's space economy has the potential to go beyond \$100 Billion by 2040, which is going to be a gigantic jump, Dr. Jitendra Singh added.

On the successful conduct of the G20 Summit and Chandrayaan-3 Mission, Dr commenced their space journey decades While granting the interim bail, the before us. Stating that India has made a accused has been directed by the Court not quantum jump in its space journey in the to directly or indirectly make any induce- last nine years, the Minister said, Prime Minment, threat or promise to any person ister Narendra Modi-led government has acquainted with the facts of the case so as created a supportive ecosystem. He added that the space sector has been opened for public private participation, with a swift increase in number of Space StartUps. Dr Jitendra Singh informed that the Government of India has embarked on a mission to open Space Technology Teaching Centres in higher educational institutions. In this regard, the Minister mentioned the ISRO Teaching Centre established at the Central University of Jammu. A similar centre has also been set up at NIT, Agartala in Northeast, he informed. Enumerating the salient features of the National Education Policy 2020, Dr Jitendra Singh stated that India's youth are no more "prisoners of their aspiration" as the Policy now empowers them to choose or change subjects freely depending on their aptitude, skill, interest and other factors. Prof. Sanjeev Jain, Vice Chancellor, Central University of Jammu and Prof. B.N. Tripathi, Vice Chancellor, SKUAST, Jammu were among those who also spoke on the occasion.

Srinagar also called on the Lt Governor.

# **BJP's Mission J&K...**

been to create an enabling situation for the people, who have undergone difficult times for decades due to misgovernance and the various other challenges, The first priority in such a grim situation was to restore peace and normalcy which became possible due to strong support of the people, finally leading to unprecedented initiatives on economic and developmental fronts. The results are discernible as the people are now deriving the dividends of peace, he added.

Rana exuded confidence that under the bold leadership of the Prime Minister, all the regions and sub regions of Jammu and Kashmir will grow as vibrant units with opportunities of progress to all, without any discrimination or any favour of appeasement. He said the voice of every region and sub-region is now being heard and course correction has been done in the process of governance. As a result of concerted efforts the Union Territory is poised to a new era of progress, he added.

He referred to the great initiatives taken over the years and implementation of various schemes and welfare programmes with missionary zeal, saying these have resulted in the growth of every section of the society. The BJP's outreach to every single person speaks about the sincerity of intent to ensure Jammu and Kashmir's fast track development as per the cherished agenda of Sabka Saath, Sabka Vikas, Sabka Vishwas, Sabka Prayas, he added.

Rana dwelt in detail various path breaking initiatives aimed at ensuring development, creating infrastructural facilities, strengthening utility services and giving fillip to growth as a result of massive investments. He also spoke about various initiatives taken for improving the civic amenities and other totality services under the Jammu Smart City Project and said the most thronged pilgrim destination of north India is getting a renewed look and grandeur it deserved.

Among others present on the occasion included Pawan Singh, Corporator, Sarpanch Chowadi, Kali Dass President All J&K Mahasha Sadar Sabha, Muneer Choudhary,

Divisional Commissioner Jammu Ramesh Kumar, Additional Secretary in Chief Secretary office, Vishal Sharma, Joint Director HQ Information, Naresh Kumar, Deputy Director Information PR Jammu, Dr. Vikas Sharma were also present during the press conference.

# Agniveer dies of...

on sentry duty in Rajouri Sector, due to a self-inflicted gunshot injury. A Court of Inquiry to ascertain more details is in progress,' the Army's Jammu-based White Knight Corps wrote on X.

It said the mortal remains of the deceased, accompanied by a Junior Commissioned Officer (JCO) and four other ranks, were transported to his home town in a civil ambulance hired by the Agniveer unit.

The accompanying Army personnel also attended his last rites, the Army said.

It said the cause of death being a selfinflicted injury, no guard of honour or military funeral was provided, in accordance with the existing policy.

'Indian Army offers deepest condolences to the bereaved family,' the post read.

## **Bag containing Pistol...**

by police and the amy in Dhargloon area in the Mendhar sector following specific input, the officials said.

They said a bag was spotted lying near a natural cave and its search led to the recovefforts to cut use of 'Single Use Plastics' in the UT.

He enumerated that J&K today has many a distinctions to its credit for its contributions towards environmental sustainability. He made out that the UT is among the top performers in Food safety, Ayushman Bharat health scheme, Agricultural income, eco-tourism, use of renewable energy, and other eco-friendly activities. He said that the administration is committed to do more to protect the fragile environment for posterity. He urged that each of us have to think global and act local to bring about a positive change

The Chief Secretary complimented the Institute and the other organizers for conducting the event. He asked them to frame clear cut recommendations for the future course of action which each of us may adopt to make our own local area as well as the planet safe and sustainable in times to come. KNO

# Suspended J&K DySP...

DSP Sheikh Adil, a 2015 batch officer of the Kashmir Police Service (KPS), was arrested on September 21. The accused allegedly took money to drop certain charges in a "terror funding case" and attempted to implicate a police officer who was investigating a terror operative.

After his arrest, a five-member Special Investigation Team was formed to investigate the case. Adil was suspended by the J & K government soon after his arrest.

"The apprehension expressed on behalf of the prosecution that the applicant/ accused being a highly placed officer may intimidate or win over the witnesses and influence them, this court is of the view that on this score alone the interim bail cannot be denied to the applicant, as the investigation in the case is almost complete.

Firstly; in the event of such event, the prosecution can always approach the competent court for cancellation of bail; secondly, the applicant is a suspended police officer having to power; thirdly, the applicant can be directed not to influence proceedings against him," the Special Judge Anti-Corruption Court observed.

to dissuade him to disclose such facts before the court or any other authority.

In the order, the Court also asked the accused to cooperate with the investigation and make himself present before the investigating officer during investigation as and when he is called upon to do so.

The accused DSP was also asked to deposit his passport and travel document with the investigating officer until the completion of investigation of the case, so as to avoid any risk or possibility of his abscondence.

He was also directed not to leave the valley of Kashmir without prior permission of the investigating officer or Court as the case may be.

The Court said in case the accused breaches any of these conditions, the investigating officer shall be at liberty to move before the competent court for cancellation of bail granted in his favour.

# Top Army commanders...

Army. In continuation with the new format adopted this year, the upcoming Army Commanders' Conference is also being conducted in a Hybrid format wherein Army Commanders and other senior functionaries will meet virtually on the first day followed by remaining deliberations being conducted in a physical format.

The spokesperson informed that Defence minister Rajnath Singh is scheduled to attend the conference on 18th October 2023. General Anil Chauhan, Chief of Defence Staff, General Manoj Pande, Chief of the Army Staff and Air Chief Marshal VR Chaudhari, Chief of the Air Staff will address the gathering. Dr Ajay Kumar Sood, Principal Scientific Adviser to the Government of India will also deliver a talk on "Leveraging Technology for National Security".

The apex leadership will brainstorm current/ emerging security scenarios besides reviewing the operational preparedness of the Indian Army. They will also delve into ongoing transformation process, training matters, HR management aspects and issues

## IMD warns of heavy...

Rajasthan during this period.

A cyclonic circulation has developed over central Pakistan and neighbouring regions under the influence of the western disturbance. It is likely to intensify further with the possibility of merging with a fresh western disturbance on October 15, the IMD said.

This system is expected to receive moisture from the Arabian Sea, leading to an increase in rainfall intensity and distribution over northwest India during the same period.

Dry northwesterly winds from the Himalayas are likely to prevail over northwest India in lower tropospheric levels after the passage of the western disturbance. As a result, temperatures are likely to fall by 2 to 4 notches from October 17 over the region.

The IMD uses four colour codes for weather warnings – green (no action needed), pivotal subjects including review of the yellow (watch and stay updated), orange (be prepared) and red (take action).

# **NEWS**

# **DDC Jammu prioritises border villages; Identifies 73 border villages for the mission**

## JI NEWS SERVICE JAMMU, OCTOBER 14

District Development Commissioner, Sachin Kumar Vaishya, chaired a meeting to assess the progress of government schemes and skill development initiatives in the district's border regions here today.

prior instructions of the of these benefits. DDC, all departments are fied for this mission. The Ladli Beti and Pradhan awareness camps to reach others. out to the communities effectively.

During the meeting, and other relevant author- efits. the Chief Medical Officer ities to expedite the issuvarious schemes, includ- and necessary documents Suraksha Karyakaram, delivery. PMJAY SEHAT Golden



In accordance with the eficiaries who have availed Credit Card, Soil Health tion schemes, including

Card and other schemes, The Integrated Child with strict targets set for to prioritise border vil- Development Services identification and delivlages. A total of 73 border (ICDS) was questioned ery of benefits to eligible villages have been identi- regarding the progress of recipients.

The Animal Husbandry DDC has also instructed all Mantri Matru Vandana and Sheep Husbandry departments to organise Yojana schemes, among departments were also urged to accelerate their The DDC instructed the efforts and ensure the effi-Sub-Divisional Magistrates cient distribution of ben-

The Chief Education reported on the status of ance of income certificates Officer received instructions to address the specifing Janani Suraksha to eligible candidates, ic requirements of border Yojana, Janani Shishu ensuring swift benefit area schools, emphasising tant Commissioner Develthe need to rationalise the The Agriculture Depart- teaching staff to maintain

Cards and ABHA cards and ment was pressed for quality education. the number of eligible ben- updates on the Kisan

Tejaswini, were discussed in the meeting and department heads were motivated to promptly provide benefits to eligible individuals.

In addition, activities of other departments were also discussed and their representatives instructed on the course of action to be taken.

The meeting was attended by Additional Deputy Commissioner, Sandeep Seointra; Assisopment, Preeti Sharma: Chief Planning Officer, Yoginder Katoch and vari-Employment genera- ous district officers.

# DC Rajouri chairs meeting to review progress of Special Campaign 3.0



## JI NEWS SERVICE RAJOURI, OCTOBER 14

Deputy Commissioner Rajouri, Vikas Kundal today chaired a meeting to assess the progress of the ongoing Special Campaign 3.0 in the district. The meeting was held to evaluate the effectiveachieving its set objectives.

meeting was The Mohammad Khursid; GM of Special Campaign 3.0. DIC, Ashwini Sharma; PO He underscored the need Malik; Deputy Director disposal of public griev- erated the resolve of the vices.

CEO Education Sultana assurances. Kouser; CMO Dr. Rajinder Sharma; CHO Madan Lal; Deputy Commissioner CAO Sohan Singh, along officers. During the meeter Rajouri, Vikas Kundal, the responsible disposal tance of ensuring the suc-

of Employment, Qadeer ances, emphasizing the administration to address Ul Rehman; ACD Vijay significance of addressing public grievances effec-Kumar Verma, ACP the concerns raised by tively, maintain a clean Sheraz Chowhan; AD Members of Parliament and healthy workplace, FCS&CA, Auqil Nuvaid; and fulfilling Parliament and streamline admin-Furthermore, the

istrative processes for better service delivery.

The meeting conclud-Vikas Kundal stressed the ed with a renewed sense with other concerned importance of maintain- of purpose and detering a clean and hygienic mination to achieve the

## ness of the campaign in ing, Deputy Commission- workplace, promoting objectives of the campaign promptly. The emphasized the impor- of scrap materials, and district administration streamlining adminis- remains steadfast in its attended by CPO, cessful implementation trative procedures to commitment to improvenhance efficiency. ing governance, fostering The Deputy Commis- transparency, and deliv-ICDS Shoket Mehmood for timely and effective sioner Rajouri, Vikas reitering efficient public ser-

# Div Com calls for early notification of Patnitop **Development Authority's Master Plan under revision**

#### **JI NEWS SERVICE** JAMMU, OCTOBER 14

Divisional Commissioner Jammu, Ramesh Kumar, on Saturday chaired a significant meeting to oversee the progress on the revision of master plan of the Patnitop Development Authority (PDA) and related issues.

During the meeting, concerned officers and stakeholders discussed various aspects of the plan and its impact on the region.

attended by Vivekanand Rai, Director Tourism Town Planner, Jammu Dev Singh, Additional Department, Sher Singh, tor CEPT University and some objections, necessiof Town Planning Orga- and resolution.

nization.



included an overview vations within a period of the Authority's func- of 15 days. The CEO of JKAACL while DIG Jamtions, its jurisdictions, PDA was also tasked mu-Samba-Kathua Range, and the villages pro- with coordinating with Deputy Commissioner posed under revision of town planning organizathe Master Plan of PDA. tion, Jammu and CEPT Furthermore, the CEO to address the same in conferencing. The meeting was reported on the progress Master Plan which is

made in the preparation under revision. of the Master Plan under Jammu , Shiv Kumar revision. The revision sioner stressed on the sures in place to ensure Gupta, VC JDA (Chief of existing Master Plan need for a time-bound the smooth conduct of by CEPT University of notification of the final Addl. Charge), Sachin Ahmedabad, and a draft revised Master Plan. Navratra festival. was released for public This step is crucial for the Secretary, Tourism review and feedback timely implementation of sanitation work on main from locals, stakeholders the plan on the ground, venue has been started Chief Executive Officer, others. However, it was which is expected to alle- alongside other required Patnitop Development noted that town planning viate challenges related works like road improve-Authority, besides Direc- organization had raised to building permissions. ments, arrangements for other concerned officers tating further discussion thized with the difficul- activities, competitions,

In response to these seeking building permis- ties etc. The Div Com The CEO of the Pat- objections, the Division- sions for construction asked the concerned

individuals do not face inconvenience.

Later, in a separate meeting, the Divisional Commissioner also reviewed the preparations for the upcoming Navratra festival in Basohli.

The meeting was attended by Director Tourism, Secretary Kathua, ADC Basohli participated through video

The Deputy Commissioner Kathua briefed the Divisional Commis- Div Com about the meaevents during the Basohli

It was informed that The Div Com empa- accommodation, cultural ties that people face when repair work, sports activi-

Delegation of MSME **DFO calls** on Director I&C Jammu regarding PM Vishwakarma Scheme **JI NEWS SERVICE** 

JAMMU, OCTOBER 14

G. Velladurai, Joint Director & Head of Office, MSME- Development & Facilitation Office, the field office of Union Ministry of MSME for Jammu & Kashmir called on Kishore Singh Chib, Director of Industries & Commerce, Jammu and discussed in full detail about implementation of PM Vishwakarma scheme.

# DC Poonch reviews progress under **District Capex Plan 2023-24**

other concerned officers.

## **JI NEWS SERVICE** POONCH, OCTOBER 14

at the conference hall of

attended by Addition- successfully completed. al District Development Commissioner cution of projects, the Poonch, Sandesh Kumar Deputy Commissioner Sharma, Chief Plan- directed the concerned ning Officer Poonch, officers to aim for 70% PDA, Dr.Mohd.Tanveer, approved allocation by Assistant Commissioner December 2023. Development, Abid Hus-

The District Develop- the physical and financial ment Commissioner, status of the works was the completion of more Yasin M. Choudhary assessed, highlighting convened a meeting of all the achievements of the Sectoral/District Officers physical targets till date. It was reported that a the DC Office Complex total of 1929 works were Poonch to review the planned under the disprogress of works taken trict capex, out of which

up under the District 1755 works have been Capex Plan 2023-24 and tendered, 1466 works to expedite the pace of have been allotted, 778 developmental projects. works have commenced, The meeting was and 209 works have been

To ensure timely exe-

Jahangir Khan, Assistant he urged for an expedit- interface.

Altaf Nabi, XENs beside to maximize the utilization of funds allocated During the meeting, under the Central Sponsored schemes, enabling projects within the designated time frame. Furthermore, the Deputy Commissioner stressed the need to initiate all pending works promptly to achieve the set targets within the specified time frame

Meanwhile, discussions were held regarding a month-long Swachhata Special Campaign 3.0. The campaign aims at improving overall cleanliness of government offices and enhancing public experience. Maqsood Ahmed, CEO expenditure of the therefore special attention will be given to field and outstation offices Emphasizing the responsible for service sain Shah, SDM Mendhar, importance of efficiency, delivery or having public

During the meeting the issue of nominating district wise officer from **MSME** Development &Facilitation Office, Jammu & Kashmir was discussed and a formal order to be issued in the next week by MSME DFO Jammu, J&K to further speed up the scheme implementation in Jammu & Kashmir.

Time bound clearing of applications received from the beneficiaries in the portal were planned meticulous manner to avoid delay in the benefits reaching the needy.

The scheme aims to solve the issues of lack of finance which stops them from living better lives despite their commanding skills in their field of expertise. This scheme will train and financially help the skilled artisans who need support by providing much needed collateral free loan.

Surinder Paul Sharma, GM DIC, Samba, Vireddnar-Manyal, GM DIC, Jammu and Ajaykumar, Assistant Director, MSME DFO Jammu and Kashmir were also present during the interaction.

Commissioner Panchay- ed tendering process and The Deputy Commis-at, District Social Welfare minimal wastage of time. sioner called upon the Officer, Mohinder Paul, The Deputy Commis- officers to actively engage CEO Education, Bisham- sioner also instructed in the campaign and prober Dass, CMO, Dr. Anees the executive engineers

vide daily reports.

nitop Development al Commissioner direct- of their homes. He high- officers to ensure all the Authority provided a ed the Town Planning lighted the importance of arrangements in place for comprehensive update Organization to submit expeditious completion smooth conduct of Navraduring the meeting. This optimum/specific obser- of the plan to ensure that tra festival.

# **ADC Bandipora chairs** meeting of District Grievance **Redressal Committee**



The ADC also took

The ADC directed to

stock of the revenue gen-

erated from claims by

## JI NEWS SERVICE BANDIPORA, OCTOBER 14

On the directions of both public and private Deputy Commissioner EHCPs in the district. (DC) Bandipora, a review meeting of the District enroll the beneficiaries Grievance Redressal Com- who are yet to be enrolled mittee was conducted under the scheme in the under the chairmanship district. The meeting was Additional Deputy Com- also attended by ACR Banmissioner (ADC) Bandi- dipora Shabir Ahmad, pora Umar Shafi Pandith. CMO Bandipora, Medical During the meeting, the Superintendent DH Bandi-

ADC stressed the need for pora, DIO Bandipora, Tehtimely resolution of griev-sildar Bandipora, besides ances related to the AB- DIU Team of AB-PMJAY PMJAY and Sehat scheme. Bandipora.

# DC Rajouri inaugurates **Empowering Camp for Senior Citizens**



**JI NEWS SERVICE** RAJOURI, OCTOBER 14

In a heartwarming and community-oriented Kundal, inaugurated a spebeing of senior citizens.

Deputy Commissioner, our society. He not only health checkups. recognized their wisdom own well-being and the legal entitlements.

welfare of the community. The primary focus of this special camp was to

and concerns of senior initiative, Deputy Com- citizens. One of the standmissioner Rajouri, Vikas out features of this event was the on-the-spot sanccial camp for the senior tioning of pension cases, citizens. The event was a a critical step towards step towards recognizing ensuring financial stabiland enhancing the well- ity and security for the elderly.

Furthermore, a medical in his address, highlight- camp was set up, provided the pivotal role that ing the senior citizens with senior citizens play in a valuable opportunity for

Another significant and experience but also aspect of the event was the motivated them to take awareness drive about the full advantage of the vari- rights of senior citizens. A ous government schemes. representative from the This encouragement is District Legal Services a source of inspiration Authority (DLSA) played for the senior citizens, a pivotal role in this iniempowering them to be tiative by educating the active participants in their senior citizens about their

# **10-day EDP concludes at JKEDI Kupwara**



## **JI NEWS SERVICE**

## KUPWARA, OCTOBER 14

neurship Development urday at District Centre, including Ishfaq Ahmad J&K. Institute.

The EDP was organized lation, marketing plans, about different facets of trict.

accounts management the livelihood generation and record keeping, cus- scheme.

In his address, Distomer management, and The 10-day Entrepre- other topics of relevance. trict Nodal Officer, JKEDI The program was coor- Kupwara, highlighted the Programme (EDP) under dinated by JKEDI District scope of entrepreneur-Mission Youth's Tejaswini Centre, Kupwara while ship and self-employment (The Radiant) livelihood the training was impart- and its contribution to the scheme concluded Sat- ed by a team of trainers economic development of

Kupwara of the Jammu Mir, District Nodal Officer, and Kashmir Entrepre- EDI Kupwara and Mohsin was modelled for retail neurship Development Abrar, Assistant Faculty, and services sector activi-EDI Kupwara.

by JKEDI for the aspiring Bank, District Employ- of small business ventures female entrepreneurs of ment and Counselling like retail outlets of footdistrict Kupwara. During Centre, Kupwara, Labour wear, readymade, pesthe 10-day EDP, the candi- Department, Kupwara, ticides, electrical goods, dates were apprised about among others, were cosmetics, DTP centres, basic business concepts also invited as guest fac- boutiques in different like business plan formu- ulty to brief the trainees areas of the frontier dis-

The training program ties. The aspirants were Officials from the J&K trained for establishment

address the unique needs

# **EDITORIAL**

# **Refugees still at** crossroads!

D ecently, the Union Home Ministry released its report wherein it stated that the Centre has disbursed Rs 1452.34 crore among 33,636 beneficiaries of Pakistan Occupied Jammu and Kashmir (PoJK) and Chhamb settled in the Union Territory of Jammu and Kashmir since the introduction of the scheme. In its Annual Report for the year 2022-23, the MHA stated that under the Prime Minister's Development Package-2015 (PMDP-2015), financial assistance of 5.5 lakh is being disbursed to 36,384 displaced families from PoJK and Chhamb settled in Jammu and Kashmir. It also approved similar financial assistance for the inclusion of those Displaced Persons (DP) families out of 5300 families who initially opted to move outside the erstwhile State of J&K but later returned and settled in J&K. On financial assistance to West Pakistani Refugees, it claims that financial assistance of Rs 5.5 lakh per family is being disbursed by the Government of India for 5,764 families of West Pakistan Refugees (WPRs) who migrated from several areas of West Pakistan in the aftermath of the partition and settled in different parts of Jammu region. Since inception of the scheme in the year 2018, a total amount of Rs 38.28 crore has been disbursed to 1035 beneficiaries so far. Despite the extension of these benefits to all refugees and displaced people, these people are largely not satisfied and happy with the Centre's approach. What they are looking for the time being is political empowerment. While the Government of India, after the Delimitation of Assembly segment in Jammu and Kashmir, has decided to reserve at-least one seat for PoJK refugees against the demand of eight seats, the West Pakistan Refugees are aghast and miffed over the denial of any political empowerment to them as no seat has been reserved for them in the legislative assembly of Jammu and Kashmir. This is notwithstanding the fact that West Pakistan Refugees claim that they have more than 1.5 lakh voters in two parliamentary constituencies of Jammu region-Jammu and Udhampur seats. On the other hand, the Government of India has projected unprecedented developmental activities being carried out across Jammu and Kashmir after the abrogation of Article 370 in August 2019. Going by the sta tistics of the Centre, as many as 9229 projects were completed in Jammu and Kashmir in the year 2018-19 but this number went up to 12637 projects during the year 2019-20 in Jammu and Kashmir. In 2020-21, 21943 projects were completed in Jammu and Kashmir. During the financial year of 2021-22, over 50627 projects were completed. There is no denying in fact that the Government of India has initiated inclusive development in Jammu region but the need of the hour is to ensure that all genuine concerns of displaced persons and refugees who form a large share of BJP's vote bank, must be addressed without any delay. The POJK and WPRs form the large chunk of voters both in assembly and parliamentary elections and no political party including BJP can afford to offend them at this critical juncture. The government should immediately address the genuine concerns of refugees and displaced people.

# **Precarious path forward for Israel, Hamas**

## MAKHAN SAIKIA

crisis.

lah.

UN

he escalating confight to Hamas. Only time flict between Israel will tell how the current and Hamas has crisis unfolds and how become a critical juncture bloodier and costlier it is the Philippines, Camboin the West Asian region. Hamas' audacious attack has exposed vulnerabilimost serious humanitar- etc. ties in Israel's security ian tragedies in recent apparatus, triggering a days in West Asia. humanitarian crisis. Controversial evacuation is a Palestinian Sunni

militant group that was orders have rekindled founded on December 10, memories of historic displacements. As tensions 1987, after the first intifamount, there are growing da (uprising). Its name is concerns about the potenan acronym which comes tial for a broader regional from Harakat al-Muqawama al-Islamiya. Its English Hamas has surprised translation means Islamic

the State of Israel by Resistance Movement. launching one of the For Hamas, the main objectives since its incepdeadliest terror attacks on it last week, since its tion have been the crefoundation in 1948. This ation of an independent brazen assault by the Palestine state and the terror group is viewed as destruction of the Israeli a turning point in Israelstate. It will fight till the Palestinian conflict. The end. However, sustaining a prolonged conflict with multi-pronged war is now seen as long planned and an armed Israel would clearly failed the sophistiinevitably lead to further cated Israeli security netloss of lives, both in the work, known for decades Gaza Strip and the West for its stealth work and Bank, in the days to come. extensive espionage activ-Is it possible for Israel

ities against its enemies to fortify the nation adelike Hamas and Hezbolquately? It is an extremely challenging task for any This crisis is crucial for nation, including Israel.

the US. No US President Israel has been under can ignore a conflict in threat from all its neighwhich Israel is at stake or bours since its inception. directly involved in the However, the country war. Also, for President has built an excellent Joe Biden, who is fight- security system over the ing re-election next year, years to counter attacks the quagmire in West Asia from non-state actors like is decisive. This crisis is Hamas and Hezbollah. virtually challenging the This attack by Hamas indiworld order led by the cates a near-total security US, since the end of the and intelligence failure on Second World War and Israel's part, as experts the establishment of the suggest.

Meanwhile, there has Well, Hamas knows been a deluge of interits limits. And Israel can national reaction to the immediately after the easily assess how far it can ongoing war between push. With an annual mili- Hamas and Israel. The with Israel. Let us make State, Antony Blinken, vis- May 14, 1948. This finally tary aid of about \$3 billion international victims no mistake." He further ited Israel and reaffirmed resulted in the beginning

to the country, the Israe- of assault on Israel by emphasised that Hamas his country's unwav- of the first Arab-Israeli lis will be giving a tough Hamas come from the US, the UK, Ireland, France, Germany, Italy, Austria, Canada, Thailand, Nepal, going to be. But for sure, dia, China, Tanzania, it will lead to one of the Brazil, Paraguay, Mexico,

It is certain that Gaza Strip will soon turn into Who is Hamas? Hamas a hotspot of humanitarian tragedy. Israel has asked more than one million Gazans to vacate the North Gaza in no time and to move towards the south. But the UN says the Israeli evacuation order is impossible without a major humanitarian catastrophe.

The UN also warns that Gaza is becoming a "hell hole on the brink of colthis.' lapse" signalling that war clouds hovering over the Gaza Strip, the people might face all the hardships simply to survive. On the other hand, Hamas told Gazans not to leave their homes.

By now, the humanitarian crisis in Gaza is deepening, as Israel has already cut off food and electricity to the besieged territory. Most of the common people are at risk of starvation. According to the estimate from the Palestinian Ministry of Health, more than 1,800 people have died so far. The UN reports that over 4,23,000 people are internally displaced due to the massive air raids conducted by the Israeli Defence leading to thousands Forces (IDF) since October 7. US President Joe Biden

strongly criticised Hamas for its military mission against Israel. In an official message delivered offensive, he said, "We are

eration President Vladi- Benjamin Netanyahu, Strip. mir Putin has criticised Blinken said, "You may be Israel for employing strong enough to defend "quite cruel methods" in yourself on your own. But its response to the Hamas as long as America exists, attack. He said, "In my view, it is unacceptable. to. We will always be there More than two million by your side." people live there. Not all of them support Hamas is directly providing aid by the way, but all of them to the Jewish state, while have to suffer, including all other Western allies of Of course, it is difficult quiet. Washington has for anyone to agree with taken one step further by

is fully aware of the chaos left behind by the relent- Aviv and assure all posless aerial bombing carried out by Israel over the Gaza Strip.

sible help to its ally.

the inexcusable."

northern Gaza.

phe brought by the cre-

port to Israel, Austin said,

Previously, he also stated that an Israeli trality, or for false equivground operation would alence or for excuses for be entirely unacceptable, as it would result in significant casualties. He advocates for the resolution of this crisis through peace process due to its longstanding relations with both parties. These lofty words coming from a crude statesman who has been at war with his neighbour and creating another global crisis of deaths and displacement of lakhs in Ukraine. to clash between Hamas and Israel, he must first

homes deescalate the Ukraine crisis that he had started after the end of the historin February 2022. ic British Mandate and the The US Secretary of establishment of Israel on

does not represent the ering support for the War. Subsequently, the Palestinian people's right latter. However, he also Zionist military forces to dignity and self-deter- acknowledged the legiti- captured 78 per cent of mination. Its stated pur- mate aspirations of the the historic lands of Palespose is the annihilation of Palestinians that are not tine and today the remainthe State of Israel and the represented by Hamas ing 22 per cent are left as murder of Jewish people. militants. While meet- the occupied West Bank However, Russian Fed- ing Israeli Prime Minister and the besieged Gaza

EDIT

So now, with the evacuation of the Northern Gaza as per the order of Israel for beginning its ground offensive to crush you will never ever have Hamas and to rescue the hostages taken might lead This shows how the US to another Nagba.

At the moment, the Israeli security forces are conducting local raids in women and children. Israel remain relatively Gaza to locate the hostages taken by Hamas. And as per some media reports, sending its Defence Secthe IDF is able to free This shows that Putin retary Llyod Austin both nearly 200 hostages from to bolster support for Tel the hands of Hamas so far. The battle is on, and it is certainly going to be By pledging full supbloodier than ever before.

The road ahead is com-"This is no time for neuplicated and filled with dangerous twists and turns for both Israel and Hamas. There will be no When Blinken met the solution until an indepen-President of Palestindent state of Palestine is ian Mahmoud Abbas in created. But this will not Jordan, the latter rejected be feasible given the cirnegotiations, with Russia the "forced displacement cumstances that have playing a role in the of the Gazans" from the led to the current hostilities between Israel and He strongly opposed Hamas. Furthermore, a the idea of evacuation and counteroffensive by Hezto him such a move would bollah and involvement lead to "Second Nakba". of nearby Arab nations against Israel might fur-Naqba (Palestinian Catastrophe) is an Arabic word ther complicate the situthat refers to the catastroation.

However, while dealing with Hamas, the IDF ation of the Zionist State in 1948 and the displaceand the Israeli State is Before offering solutions ment of nearly 7,50,000 careful to minimise civil-Palestinians from their ian casualties. Otherwise, the Israel-Hamas conflict may escalate into a larger This all happened only regional quagmire.

> (The writer is currently president of the Global **Research Foundation**)

# **Israel-Hamas conflict: No holds barred**

## **PRAFULL GORADIA**

especially after the Balfour mosque. Declaration of 1917, when

for many years, marked as the Al Aqsa

today is Jerusalem. The identity. Curiously, it is the country, possibly Iran. lation. The late Saddam nity to not only obliterate spot from where the non-monarchical coun- The Ayatollah's regime of Hussein, Iraq's military Hamas but also wipe out Test Asia has Prophet is said to have tries like Egypt, Iraq, Iran Tehran has been appre-dictator for three-and-a-Iran's nuclear programme been an enigma ascended to heaven is and Syria that have been hensive of Israel attack- half decades, was pursuing for good, which the Jewish stridently anti-Israel. Since ing or even destroying its a similar nuclear program nation sees as an existenthe coming to power of nuclear programme. Isra- of an ostensibly peaceful tial threat to itself; indeed, In 1948, the region was Gemal Abd El Nasser in el's great ally the United nature. Saddam, though, many of Israel's politicians the then British Foreign divided into the Jewish Egypt in the early 1950s, States of America certainly was a self-declared enemy and military leaders have Secretary Lord Arthur Bal- part called Israel and the the Arab monarchies, does not approve of what of the Jews; in 1981, with- often said so, publicly.

Jerusalem would also

homeland of their own in called Palestine, which been more wary of the tion, and Iran's nuclear and F-15 warplanes burst want to reshape the poli-Missing in the Balfour Dec- a proper country. It exists laration was the timeline as a crowd, vaguely ruled by which this was to be by a terrorist organization called Hamas. Ever since brought about.

All three Abrahamic the rule of the Avatollahs religions have a claim on began in Iran in 1979, the region centred around that country has patron-Jerusalem, considered ized Hezbollah, a terrorist one of the world's holigroup based in Lebanon, est cities. The Jews hailed apart from also siding with from there; Jesus Christ Hamas (although the latter preached there and his is a Sunni terrorist group). miracles were performed Whether this policy and in this area. He was cru- measures thereof are cified on Calvary Hill and meant to keep Israel on was buried nearby. Jesus the boil, or are intended was born a Jew, some to engage in geopolitical miles away at Bethlehem. manoeuvring in the West Islam's claim to Jeru- Asian theatre is a matter

salem and its territory is of debate. based on the belief that

Prophet Mohammad's Arab sheikhdoms of the terrorist attack on Israel favourite horse Barack region have largely been cannot be an independent just a couple of steps away Israel might also look at took him to meet Allah indifferent to Israel despite act but has the guidance from building a bomb? from the centre of what the latter's declared Jewish and support of some other

four promised the Jews a dominantly Muslim part i.e., the sheikhdoms have it calls nuclear prolifera- out warning, Israeli F-16 to keep their people loyal or subservient to their monarchies rather than any entity outside. In the process, the Palestinian issue fell into neglect. On the rebound, they have been dependent on ter-Hamas and Hezbollah. The current war between

these outfits and Israel has indeed come as a rude

wipe out the existence of the Jewish country. As is well known, the allegations that the latest

administrations of both of the country's political Democrat, for a consider- threat to Israel. ably long time.

rorist organizations like arises: could this explosive to grab for itself the domiwar be an attempted preemptive strike by Iran to keep Israel or the US from Asia, although, for a Shia attacking its nuclear sites? surprise. It is a desperate Alternatively, could it be be difficult to achieve and attempt on their part, to a precursor for armed action by Israel and the US dominated by Sunni Islam. to knock out Iran's nucle- Whatever Tehran's aim, There are widespread ar programme, which the attacks by Hamas have

according to Israeli and American allegations, is large scale. Conversely, this temporary rude mili-This is no mere specu- tary setback as an opportu-

the territory of Palestine. however, failed to become threat of Arab socialism programme, although into Iraqi airspace without tics of West Asia to its than Jewish nationalism. claimed by Teheran to be warning and in a matter advantage in the decades This must have been likely of only a peaceful nature, of a few minutes, totally to come. This is one objechas been a hugely conten- bombed the Iraqi Osirak tious issue of American nuclear reactor to ashes, completely ending Iraq's nuclear ambitions and parties, Republican and wiping out an existential

A third possibility is that The question, therefore, this is Iran's bold gamble nant position of leadership in the politics of West nation, such a role might sustain in a Muslim world undoubtedly been on a

tive which Israel's foremost ally the United States would be unambiguously aligned with. Israel's Prime Minister Binyamin Netanyahu, even while launching a retaliatory war against the Hamas holed up in Gaza, has publicly declared his intention to do so, saying "We will change the Middle

East". Given the history of Jewish resolve, it shouldn't surprise us if this happens to be the beginning of that event.

(The writer is a well-known columnist, an author and a former member of the Rajya Sabha. The views expressed are personal)

# A tale of the journey of 'two wanderers'

#### NIRMAL KANTI BHATTACHARJEE

he dictionary meaning of the word wanderer is a place to place without any particular destination or purpose. It reminds me of one's early college days when one was required to read the old English poem 'The Wanderer'. It is narrated by a man deprived of his lord and kinsmen whose ization that there is stabil-

to whom all the traditional accounts of Buddhism relate were Maudgalyayana and

person who travels from Sariputra; they became spiritual wanderers in their early youth, then came across Buddha's teachings and later met ma to a dying Buddhist monk. Buddha and were ordained as monks. They later became two of the closest disciples of Buddha.

journeys lead him to the real- novel 'Two Wanderers' is meaning of action and adven-

by expediency and part by a commitment made by Sriverfraught with dangers, both at physical and psychological

in the heavenly lord. However, through intense personal passion, and both Snorre and Tamday-Terek, a small deso- Chachkand, Kashgar also was the element of love in its full the two original wanderers experiences in their wander- Sriverma search for an under- late village a little away from a heavy mixture of all kinds of splendour. There are some ings, until their paths cross at standing of these roots. Taken Kashgar, and they embark on together, Sriverma and Snora journey together for Tibet. re's story defines a praxis for and Chachkand; from Chach-The journey is dictated part every man in search of answers to the eternal 'whys' of life and living

While reading 'Two Wander-The journey to Tibet is itself ers', what struck me most was the amount of research into the topography, history and levels. As the dreadful journey geopolitics of North India, Silk Bappaditya Chakravarty's unfolds Snorre was seeking the Route, Tibet and even Nordic areas of the 9th century that set in the ninth century. It is ture in life, whereas, Sriverma has gone into the book. We a solitary exile, extorting the Buddhist scholar at Nalanda are joined together through have to cross two rivers Emba values of faith and forbearance University. Both of them go the medium of emotion and and Dariya and pass through

the Emba river.

Then you go through Kazaly Poplar Pass and then traverse through the Pamirs crossing two high passes and the Isfaithrough Kokand and Margelan, where there is an old fort believed to have been built by Alexander, the great, locally known as Sikander.

This place Kashgar is rich ery, murder, betrayal, and ity only in heaven. The poem the story of Snorre, a Nordic was seeking the meaning of get to know that on your way and important because all the espionage-all aplenty. With reads like the meditations of Viking and Sriverma, an Indian knowledge. These two sides from Sweden to Kashgar, you caravans travelling through the the advent of Lady Pema, the Silk Route have to pass through daughter of a Tibetan chief-Kashgar. Like Samarqand and tain, the author introduces

peoples and religions. There were Jews, Manicheans, Nestorian Christians, Zoroastrians, emanating from the author's kand you cross Terek-Devan or and of course, Muslims. There knowledge of Buddhist texts. were pagans also from the wild nomadic tribes, and not a few Tibetans professing a ran River. On the way, you pass religion they called Bon. The reached the conclusion that to novel is full of such a wealth of information at every stage of description.

Their journey to Tibet reads like a taut thriller with treachprofound thoughts expressed throughout the novel, perhaps For instance, the wanderer Sriverma told the Shreshthi of Kanyakubja, 'You see, I have experience the world, movement is of the essence. I was proud of every step that I took because it signified my movement-both physical and in the mind.'

(The writer is an author, professor of English Literature and former editor of Sahitya Akademi. Views are personal)

# HEALTH

## PARUL DUBE

ating a banana or a baked Departing a balance of a balaced potato with the skin on provides you with a good dose of potassium. However, high potassium levels can throw electrolyte levels out of balance if you have compromised kidney function or chronic renal illness. That is when your healthcare professional will recommend a low-potassium diet.

If your doctor recommends a low potassium diet, incorporating low potassium foods from each food group will help you stay the healthiest.

#### **Understanding a Low-Potassium** Diet

Hyperkalemia is a condition where you have excess potassium in your blood. In such cases, doctors may suggest a low-potassium diet. It is one of the first therapies, defined as a Tofu dietary consumption of potassium between 2000 and 3000 mg/day.

most meals. But if you're on a in potassium and raw vegetadiet limiting your potassium bles have a very high potassium intake, you must avoid foods content. You need to limit your high in potassium. You should intake or boil them to reduce quantities of any beverage that low-potassium diet. You can contains potassium. Even small also use several vegetables from amounts can rapidly raise potassium levels in your body.

A low potassium diet is essen- listed below: tial, mainly when diagnosed Alfalfa sprouts with chronic kidney disease Asparagus (CKD). Sometimes you need to Beans follow this diet long-term, and Cabbage, green and red other times you will only need Carrots, cooked to follow it for a short while. Cauliflower Therefore it is essential to see Celery your doctor regularly to review Corn your diet. Remember, you are Cucumber not aiming to avoid all foods containing potassium. By subscribing to HealthifyMe, you can get Parsley the proper guidance on making Green peas simple yet effective diet changes.

#### Note

A nutritionist or registered dieti- Grains tian can help create a low-potas- Look for rice cereals or bread sium meal plan depending on prepared from refined flour Mango height and weight. The key is to instead of whole grains and choose foods with a low potassi- bran. White rice and pasta nooum level, when possible, but not dles made from refined white totally eliminate a food group.

# Foods to Eat

You can incorporate a range of Fruits



Edamame

## Vegetables

Potassium is omnipresent in Fresh produce is typically rich also avoid consuming large their potassium content for a Beverages cans as long as they have been rinsed and drained. A few are

> Eggplant Onions Peppers Radish

flour work on a low-potassium

diet.

a modest amount of milk or products. voghurt every day. However, Condensed milk listed below are a few dairy Dried milk products low in potassium. No-fat milk Cottage cheese Whole milk

Dehydration can throw off your is the best option for remain- sauces or gravies. ing hydrated. However, fresh lemonade, the juice produced Sweets from low-potassium fruit, and strained frozen fruit puree are also good drinks.

## **Foods to Avoid**

Almost all foods contain potassium, so the only way out is to choose foods with a low potassium level.

# potassium are: Fruits

The following fruits have higher potassium content: Avocados Bananas Kiwi Prunes Pomegranate Orange Papaya

# Vegetables

You might be able to consume sumption of following milk Evaporated milk

Protein

Steer clear of processed meats containing potassium-containing additives such as sausage. bacon, and lunch meats. When body's electrolyte balance and cooking meat, drain the liquids lems. cause hyperkalemia. Water and avoid utilising them to make

Desserts high in potassium often contain nuts, syrups, and chocolate, among other ingredients. Therefore, you must be careful when choosing cookies, pastries, and ice cream.

### You need to avoid the following sweets and snacks:

Foods with high levels of Biscuits containing nuts/ chocolate/ dried fruit Fudge

Liquorice Sesame snacks

Toffee All standard chocolate bars

Sweets containing evaporated **Diet** or condensed milk/ nuts/ dried Leaching can bring down the fruit

#### Note

than 200 mg of potassium per before cooking. Leaching helps serving. Foods with the high- pull some potassium from the est potassium concentrations soaked foods and into the water. are healthy, but if your kidneys cannot handle the potassium, Some other cooking tips to follow they are not healthy for you. are: Also, limit your portion size since potassium can quickly add

sium than a small serving of high-potassium food. Plus, your height and weight dictate the range of servings you need in a low potassium meal plan.

## An example of one such plan

includes: Breakfast Oatmeal: 1/2 cup Blueberries: 1 cup Egg whites: 2 Mid-morning Bean sprouts: 1 cup

## Lunch

White rice: 1 cup Peas curry: 1/2 cup Cucumber salad: 1/2 cup **Evening Snacks** Digestive biscuits: 2 Herbal tea: 1 cup

#### Dinner

Roti: 3 Chicken curry: 1/2 cup Broccoli salad: 1/2 cup

#### **Benefits of Eating Low-Potassium** Foods

Healthy potassium levels are crucial because they keep your heart, muscles, and nerves functioning at their best. A lowpotassium diet benefits people with specific medical disorders, including heart or renal prob-

The benefits of potassiumrestricted diets for particular groups of people, such as dialysis patients with kidney diseases, have been the subject of numerous research. However, there is conflicting information regarding the effectiveness of a strict low-potassium diet because it is unclear whether the body processes all dietary sources of potassium (both plant and animal) equally. But, because there are no other dietary treatments for hyperkalemia, most researchers believe low-potassium diets should work positively for the body.

# **Cooking Tips for Low-Potassium**

amount of potassium in some vegetables. It is the process of soaking raw or frozen vegetables You must avoid foods with more in water for at least two hours

# **HEALTH NEWS**

# World Stroke Day: Signs of a silent brain stroke and how it is difficult to be identified

A stroke is caused by a blood clot that blocks a vessel in the brain. The blockage prevents blood and oxygen from reaching the area, causing the brain cells to die.

There are many symptoms of a stroke like having an excess dropping of the face due to relaxed muscles, but the fact is, there can also be silent stroke symptoms. This means that it is possible to have a stroke without even getting to know about it, and the result of that can be far more damaging.

According to Harvard Health, depending on its location, a clot can cause symptoms like weakness in an arm or leg or even trouble speaking or seeing. But sometimes, the area of damage is quite small and occurs in a part of the brain that doesn't control any vital functions, so the stroke remains undetected.

### Signs and symptoms of a silent stroke

A stroke that is followed by lesser-known or less obvious symptoms can sometimes be far more damaging to the brain and body as a whole. Those who do not know they have had a stroke may go longer leaving their bodies untreated for stroke prevention.

Unlike the symptoms of a heart attack where there are obvious signs of pain and discomfort, a silent stroke may include:

- Sudden lack of balance
- Temporary loss of muscle movements Memory loss
- Change in personality
- Cognitive skills and ability
- Trouble walking
- Blindness in one eye or cuts in your field
- of vision Sudden, severe headache
- Dizziness Confusion

## Can silent strokes be prevented?

According to the Mayo Clinic, while it is hard to spot a silent stroke, it is even harder to restore areas of the brain affected by them. Here are a few things you can do to prevent strokes from happening:

Get blood pressure under control: High blood pressure raises your risk for silent stroke and hence it is important to keep it under control.

Exercise: Regular exercising and workouts can reduce the chances of having a stroke by up to 40 per cent, doctors say. It is important to indulge in high to moderate-intensity exercises for at least 30-45 minutes daily.

Cut down on salt: According to the American Stroke Association, high salt intake can increase the chances of heart attacks and stroke. Hence, it is imperative to reduce sodium intake.

Weight management: Obesity and being overweight can rapidly increase the chances of a stroke. And so, strive to keep your weight

nutrient-dense foods with low A few of the low potassium fruits potassium levels in your diet. to include are: Listed below are a few of them: Apple

## Protein

Potassium is abundant in the Cherries majority of animal and plant Grapes proteins. Some low-potassi- Mandarin oranges um, high-protein food sources Peaches include: Chicken Plums Egg White Fish Dairy Peanut butter

Cooked broccoli Brussels sprouts Chinese cabbage Apricots Raw carrots Greens other than kale Blackberries Potatoes Cooked pumpkin Tomatoes Spinach Pineapple White mushrooms Watermelon Dairy

avoiding or limiting the con- food might have more potas- come from potassium salts.

Sample Menu for a Low Potassium Diet

up if you eat a large portion.

Measure the serving size when calculating the amount of potas-A low-potassium diet requires large serving of low-potassium

Peel the vegetables with skin (e.g., potatoes, carrots, beets, rutabagas) before slicing. Rinse the cut vegetables in warm water. Soak the vegetables for two hours or overnight in unsalted warm water.

Choose pepper, herbs and sium in food. For example, a spices to flavour dishes. Do not use salt substitutes since they

at a body mass index of 18.5 to 24.9.

Lower cholesterol levels: To reduce the risk of a stroke, keep cholesterol levels low. According to health experts, your good cholesterol should ideally be 60 mg/dL or higher. Your LDL (bad) cholesterol should be under 100 mg/dL.

Stop smoking: Cut your smoking habit to reduce the risk of stroke.

Eat a balanced diet: Eat fresh and seasonal fruits and vegetables along with whole grains, and meats for your heart health.

# Increasing incidents of brain stroke cases among younger generation a cause of concern: Doctors

revealed that youngsters Hospital, Faridabad. take it too easy when it comes to health.

old.

cause of death and disabil- Northeast. ity combined in the world. based study from India has period. shown that the proportion of strokes in young people Causes of stroke in young now ranges from 15-30 per people cent. In another population-

**7** oung people live life 8.8 per cent of total stroke cent of strokes occur in mia, a medical condition their life king size and patients were found to people under the age of quite literally. There belong to the younger age 50. Some of the inherited have been many studies group," said Dr. Sanjay causes of stroke in people associated with various Pandey, Head of the Neu- under age 50 include: organisations that have rology Department, Amrita

And with an increase in 11 per cent increase in the various life-threatening ill- rate of stroke among US nesses and infections across adults over the 15-year study the world, it is high time period. Stroke increased of platelets to clot while that the younger generation at a faster rate for adults takes serious stock. Stroke under age 65 compared is no longer a disease of the to those 75 and older. The rate of increase also varied a disease where deformed

death and the third-leading Midwest than it did in the

Among those who had Conditions like Fabry dis-So, it is a matter of serious strokes, the percentage of ease may cause you to concern that it is no longer people who had high blood a disease for the elderly in pressure also rose, from such as narrowing of blood our country. A hospital- 75-87 per cent over the study

based study in the country, Clinic, an estimated 10 per

Heart diseases: Condi-

tions leading to structural According to heart.com, abnormalities of the heart researchers have found an increase the risk of stroke. Blood clotting disorders: These are conditions that increase the tendency

> moving through the body leading to stroke. Sickle cell disease: It is

"Stroke is the second by region, climbing faster sickle cells may block artermost common cause of in the South, West, and ies and vessels and increase the risk of a stroke.

Metabolic conditions:

develop stroke risk factors vessels supplying blood to the brain.

According to Dr. Gupta, several other risk factors are arm or leg unique to the young Indian

According to Cleveland population. Hyperhomocysteinae-

characterized by an abnormally high level of homocysteine in the blood, is often found in people with vitamin B12 deficiency. "Considering the large vegetarian population in India with an inadequate intake of vitamin B12, this risk factor for stroke is quite significant. Many studies have published data suggesting that vitamin B12 therapy helps lower homocysteine levels in an individual," he said.

#### Symptoms of stroke

A few signs and symptoms of stroke that youngsters can experience are: A sudden loss of balance

or coordination Sudden vision loss or

double vision

Any drooping on one side of the face.

speaking or understanding words

# Health benefits of Turmeric for diabetes; delays cataract, cures erectile dysfunction in men

urmeric is one of the most favourite spices which not only enhances the flavour in food but is known for its immense health benefits as well.

Being antiseptic, antioxidant, and anti-bacteria, turmeric is also a wonder drug when it comes to regulating blood sugar levels and decreasing the risk of diabetes, a global health worry.

and is grown commercial-According to Healthunderground stem is used as a culinary spice and traditional medicine, according to Ayurveda. Turmeric is used exten-

skin issues, digestive issues, kidney problems, burns, respiratory infections, allergies, liver diseases, etc.

#### Benefits of turmeric for Turmeric is a common diabetics

spice belonging to the Curcumin is effective in ginger family plant. It is reducing hyperlipidemia



native to Southeast Asia or increased cholesterol. Curcumin has anti-inflamly in India. Its rhizome or matory and anti-carcinogenic properties that are immensely beneficial for diabetics. Other benefits of turmeric include:

Reducing the risk of sively to treat infections, liver diseases: Those suffering from diabetes are always at risk of contract-Suppresses cataract: patients.

Those cataracts: Those suffering from diabetes over time also contract neuropathy, a condition in which nerves are affected. Experts believe curcumin suppresses diabetes-related cataracts and improves hyperalgesia, a condition in which the patient experiences sensations of increased pain.

Improves vascular conditions: Diabetes also attacks the blood vessels and affects them worse over time. Health experts believe that curcumin helps in improving vascular conditions that are associated with diabetes.

Cures erectile dysfunction: Many studies conducted on the subject have ing the fatty liver disease also proved to be effective and other disorders. How- in problems of muscles ever, curcumin in turmeric and bones which arose helps improve the condi- from a diabetic condition. tion of such patients and It has been proved that reduces the risk of any curcumin improved erecother liver-related issues. tile functioning in diabetic

Sudden weakness in one What is turmeric? Slurring or difficulty

## line, diabetes is related to disruptions in your blood sugar level that plays an important role in how your body metabolizes food

and uses energy. Diabetes occurs when your body cannot produce or use insulin and affects nearly 12 per cent of people ages 20 and older.

# Deputation of families evicted from airport Jammu meets JKPCC Working President Utility services suffered major jolt due to self-centred approach of BJP: Bhalla

#### **JI NEWS SERVICE** JAMMU, OCTOBER 14

on JKPCC Working Presi- rights violation. dent Raman Bhalla. They

airport Jammu as a part and keeping them waiting ritory Government. of expansion today called for rehabilitation is human

apprised Bhalla that at sion, Bhalla said lakhs persons. First, they asked the time of the proposal of people belonging to thems to make UIDAI cards registered themselves on fronts," he said, adding seeking an extension of weaker sections such as to avail pension scheme the Airport in Jammu, the old age persons, widows/ and when they made these houses of 29 families were divorcees, women in dis- cards after a lot of struggle pension. demolished. Houses were tress, transgenders and then they asked them to vandalized on 29 Nov 2019 persons with disabilities apply on SUGAM portal to and till date, no possession (PwDs) are struggling for get benefit of the pension Territory's interests and and Kashmir, said in the ers. "Apart from develop- by the previous Congress the Government against of plots has been given. their survival and are on scheme."He said the pres- development "subservi- absence of an elected gov- mental and administra- Government with regard testing the patience of They informed that the roads against the J&K Gov- ent J&K administration is ent to the pleasure of its ernment, the Lieutenant tive inertia, the present to implementation of vari- the people and hoped administration is lethargic ernment which has failed leaving no effort to harass towards giving possession to release Rs 1000 pension the handicapped people. the "lack of cohesion tion has failed to give a credited of sowing seeds of ects and welfare schemes be looked into for early of plots in Belicharana in their favour for more "For years they were and vision" has made the push to the schemes and discord and perpetrating have been put under the redressal. "The lack of and warned to intensify than a year now. He said demanding enhancement people of Jammu and Kashthe protest if the admin- for years together, Rs 1000 of the disability pension mir suffer on the developistration does not do the in the name of financial from Rs 1000 to Rs 3000 ment front. "Despite being needful. They said that a assistance was being pro- but instead of enhancing in power at the Centre and committee based on the vided to these people by this meager financial assis- in Jammu and Kashmir, society."We will keep cal strategy", Bhalla said . directions of the courts the Social Welfare Depart- tance they have stopped the party has failed miswas formed which was ment of Jammu and Kash- it too." Bhalla claimed erably when it comes to ing every issue, major or credibility deficit, saying people of J&K including ship to list their achieveemployed for land demar- mir under its Integrated and said that even those governance and let Jammu minor, to see Jammu and cation in Sunjawan but till Social Security Scheme but who have successfully and Kashmir down on all Kashmir progress and tion between words and scarcity of drinking water, filling the developmental

date possession of plots for last around 20 months, has not been given. Bhalla these people are without demanded govt to imme- pension despite applying Deputation of families diately address this issue fresh on SUGAM portal as who were evicted from on humanitarian ground directed by the Union Ter-Bhalla said, "The pres-

ent UT administration has Speaking on the occa- no mercy for handicapped



SUGAM portal months that the BJP has noth-

Bhalla accused the BJP Govt of putting the Union vested interests". He said

Governor-led administraprojects aimed at overall development and welfare pursuing and highlight-

prosper, notwithstanding actions of govt. Referring deteriorating living stanthe odds," the Congress to the deceptive postur- dard of people, defunct leader said.

ferent segments of the tion as per sinister politi- across the state.

Bhalla blamed Govt of issues being faced by the BJP and dared its leader-"There is a huge contradic- erratic power supply, ments with regard to ful-

ing of govt, he said this is utility services, increase Bhalla reminded the BJP being done with a purpose in prices and deficiency of the massive 2014 Jammu to conceal its failures on of ration stocks have termandate for development governance and devel- ribly hit the common and welfare and said that opmental fronts.He also man, who is feeling sense instead of doing a little bit described lack of coordi- of deprivation. The former in this regard they pushed nation between various Minister said people, espethe entire region to the components of the Gov- cially unemployed youth wall. The developmen- ernment detrimental to and different segments tal machinery came to a the interests of the sen- of employees and daily back are deprived of the ing to showcase as its grinding halt and the util sitive state, which needs rated workers are taking achievement.Bhalla refer- ity services suffered major special dispensation for to streets and this Governring to the issues confront- jolt due to the self-centred its unique problems. He ment doesn't seem to be ing the people of Jammu approach of the BJP lead- said the initiatives taken concerned. He cautioned anti-people dispensation is ous developmental proj- that their problems would polarization by bringing carpet mostly, which has cohesion and vision has regions and communities considerably retarded made people of J&K suffer of various areas and dif- eyeball to eyeball situa- growth and development on account of develop-

**PTTI Vijaypur organizes Lecture** 

ment," he said and made Bhalla listed various a particular mention of the

# Hanuman Ji Padh Yatra, Pranprathishta event, scheduled for Oct 16, 17: VYSA

## JI NEWS SERVICE JAMMU, OCT 14

Today, the tranquil and where attendees serene surroundings of will have the oppor-Vishwa Yog Sansthaan tunity to partake in Ashram in Jammu played a delicious and trahost to a noteworthy ditional meal. press and media event. The occasion was marked October, the event by an engaging discussion will feature the on the upcoming Hanu- Pranprathishta cerman Ji Padh Yatra and emony, which is Pranprathishta event, scheduled to conscheduled for the 16th clude by 8:30 AM.

the attendees. experience for all partici- Ashram's mission. pants. The 16th of October will kick off at 7:45 guished attendees at the and its importance. AM with the Padh Yatra, a event were Yog Guru

lowed by the sacred Navratri Bhojan,

The Yatra will be fol-

On the 17th of

The event commenced ritual, a medical camp will tual insights and blessings. Hanuman Ji Padh Yatra enjoying the camaraderie at 12:00 PM and was fol- be set up in collaboration Additionally, Sham Lal and Pranprathishta event of like-minded individuals lowed by a delightful and with the renowned Shri Basan Ji, the dedicated sumptuous lunch for all Mata Vaishno Devi Naray- Corporater of ward 48, an Hospitals and AYUSH, was present, showing his commitment to nurturing haan Ashram has once The discussion, attend- aiming to provide health- unwavering support for the spiritual and physical ed by prominent per- care services to those in the event and its noble well-being of the commusonalities, aimed to shed need. This initiative aligns cause. Rajesh Padha Ji, light on the significance perfectly with the ideals Vikas Chopra Ji, and Sanhi be a spiritually enriching the Vishwa Yog Sansthaan also contributed to the



The Vishwa Yog Sanst-

Sansthaan, who graced awakening and holistic and 17th of October, 2023. Following this sacred the occasion with his spiri- living. The upcoming their minds and souls, and promises to be a remarkable extension of their nity.

This grand press and and details of the two-day of holistic well-being, Ji, all well-known figures media event succeeded in Jammu. event, which promises to which are at the core of within the community, generating considerable excitement and anticipadiscussion, sharing their tion for the upcoming October, 2023, and be a Among the distin- perspectives on the event Hanuman Ji Padh Yatra part of this remarkable and Pranprathishta event. With blessings from Yog religious procession dedi- Karan Ji, the esteemed haan Ashram has long Guru Karan Ji and the Har Ki Pauri, Bagh e Bahu, cated to Lord Hanuman. Chairman of Vishwa Yog been a hub for spiritual support of dedicated indi-Jammu.

viduals like Sham Lal Basan Ji, it is expected to be a profound and spiritually fulfilling experience for all attendees. As the event dates draw near, residents and visitors of Jammu can look forward

to participating in these sacred rituals, enriching on this spiritual journey. The Vishwa Yog Sanstagain opened its doors to all, offering a unique opportunity to experience

the divine in the heart of Mark your calendars for the 16th and 17th of spiritual journey in the peaceful surroundings of



#### **JI NEWS SERVICE** VIJAYPUR, OCT 14

Principal Police Techni-(M) Mulkh Raj of PTTI regarding the types of Mohan Lal, Narinder Vijaypur delivered lec- enquiries, procedure of Kumar and others were

various rules laid down and detail of penalties, with regard to Discipline punishments which can and Enquiries. He said be imposed upon mempolice personnel should bers of service under cal Training Institute have a high quality con- service conduct rules for (PTTI) Vijaypur Shri duct both at department sufficient reasons. Shiv Kumar-IPS orga- as well as at society level. nized a Lecture on "Dis- He emphasised upon deep Raj, Dy.SP (Indoor/ cipline and Enquires" the trainees to avoid Tech) PTTI Vijaypur, at PTTI Vijaypur for misuse of Social Media Inspr. Vivek Kalsotra, the awareness of train- which is contravention Inspr. Kanwal Raina, SI ees of various training of service conduct rules. Kuljeet Singh, ASI Sourab courses undergoing in The officer has further Samotra, ASI Narinder the Institute. Inspector briefed the participants Singh, ASI Yash Paul, HC

Among others Shri Kul-

# **NEWS** JINDRAH IMAGES

# PM Congrats, lauds UT of J&K for achieving 100 percent **ODF Plus Model Status under SBM (Grameen)**

## **JI NEWS SERVICE**

JAMMU, OCT 14

Social and Human Rights this goal. Activist during his inter-

mile stone.

development and growth Where ever kitchen ability. To address plasand SBM is one amongst gardens were available tic waste, plastic waste blocks, panchayats, door stated Prof Kaul.

now emerged as one of water through kitchen Prof (Dr.).P.,L.Kaul, BJP the first few UTs /states gardens. Setting of soak leader and a prominent in the country to achieve pits was made possible disposal.

these with its global rec- people were

by information, educa-Motivation ,commu- tion and communication Capacity building mea- Swachhta becomes a action with the intellec- nity participation and activities (IEC) including sures have been under- mass movement in rural tuals, said it is a proud recognition of excep- awareness programme taken across 285 blocks areas. Engaging commoment for every one of tional work under the at house hold and ward in 20 districts, involving munity participation, us that UT of Jammu and able administration of levels. It is really appre-Kashmir has declared all the Lieutenant Gover- ciable that the Directorits 6650 villages across nor and his dedicated ate of rural sanitation lage level workers and also play an important 285 blocks in 20 districts team has remained point of the Govt is keen to as Open Defecation Free of focus in propagating ensure effective grey (ODF)Plus model Status this noble mission, said water management in all under SBM for which Prof kaul. The journey the districts, panchayats social circles to achieve monitoring can also Lieutenant Governor to achieve the ODF Plus and villages. Biodegradhis dedicated staff Model Status in each able waste management and the people deserve village, involved well was managed through congratulations. It is a planning, collaboration compost pits, with 1, 77, remarkable accomplish- and its execution on the 442.individual and 12,621 ment and a significant part of administration, community compost pits staff and stakeholders constructed. Efforts were taks, swachhta karwan, continuous and never Prime Minister Naren- and creating necessary also made towards the swachhata quiz, swachh- ending journey and dra Modi ji congratulated infrastructure for solid waste collection and its ta pledge, print media, needs multi dimensial and lauded the efforts of and liquid waste man- segregation with 6,509. J&K Govt for achieving agement (SLWM). For Collection and segrega-100 percent village ODF grey water management tion sheds. The construc- bring about behavioural ation to come to ensure plus Status in the model ,water generated from tion of 5523 community

category under SBM kitchen ,bathing and sanitary complexes and (Grameen) phase -2, and institutes has been well 17, 46, 619. Individuals towards cleaner and hold and community clean and pollution free healthier India. It signi- levels, to the extent of environment. Gobardment towards solid and 24,088 community soak Health' to focus on conliquid waste manage- pits constructed. it has verting animal dung and ment, thereby promot- gone long way to pre- kitchen waste into biogas tion and hygiene apart borne diseases ,besides positive results with 20 from construction of reducing environmen- projects nearing comple-

moti- management units are to door collection of ognition. UT of J&K has vated to dispose grey established in each block waste, initiations and

change through cleanliness. Today, every village of J&K carries the messaid this is a monumen- managed by construct- house hold toilets further sage of Swachhta and are proud of this great tal step in our journey ing soak pits at house- contributed towards the we are all proud for this achievement and extend achievement.

fies the Govts commit- 4,83,404 individual and han initiations - Waste to ity of ODF Plus model tenant Governor, his ing cleanliness, sanita- vent water logging, water and bio slurry yielded efforts of Govt and the coordinative efforts to toilets. After abrogation tal pollution ,protect- tion. Door to door waste tion facilities includ- model Status which is a of article 370, the UT has ing health and keeping collection has been ini- ing toilets and waste testament to their comattained new heights in villages neat and clean. tiated to ensure sustain- management system mitment to cleanliness,

to clean, shred and bail efforts towards behavplastic waste for proper ioural change, account-

It is worthy to note that participation so that officers from rural devel- social culture groups, opment department, vil- womens'self help group trained Swachhagrahis role in this noble miswho will further train sion. More so innovative the people and other techniques and remote the mission's goal. The enhance sustainabilcampaigns focussed ity and more sustainon IEC through various able future for the rural initiatives viz, paintings people of Jammu and ,banners ,awareness Kashmir. Sustainability programmes, nukudna- in ODF plus Status is a radio talks, announce- approach to sustain its ments and many more to mission for future generclean and healthier environment.

Once again we all our heartiest congratu-To ensure sustainabil- lations to Honble Lieu-Status in rural villages dedicated team and the is a challenging task and people of Jammu and thus calls for, combined Kashmir for their co people for its consistent achieve this mile stone and continued sanita- of 100 percent ODF Plus across the districts, sanitation and hygiene, ture and threw light on departmental enquiries present on the occasion.

# **BIS celebrates Manak Mahotsav on theme** Shared Vision for Better World at NIT Srinagar

## JI NEWS SERVICE

ability and citizens SRINAGAR, OCT 10

> Bureau of Indian Standards (BIS) - Jammu and Kashmir Branch Office (JKBO) on Saturday organized "Manak Mahotsava" to celebrate the World Standards Day "Shared Vision National Institute of Technology (NIT), Srinagar.

The function was pretor NIT Srinagar, Prof. Sud- actions, he said. hakar Yedla was 'Guest of Honour'.

tion Kashmir Tassaduq Hussain Mir, General Kashmir Branch, Pankaj Prof. G.A Harmain, Dean AA Dr. Mohammad Shafi Ahmad Sheikh, Dean P&D Prof. Yedla said. Dr. J. A. Bhat among other dignitaries were present in mega event.

the NIT Srinagar side.

Secretary J&K, Dr. Arun sumers and businesses dards club mentors of the Kumar Mehta emphasized worldwide," Prof. Yedla Kashmir valley.



for a Better World" at the the importance of sustain- said. He said this year's ability in our daily lives. theme for World Stan-It is not always essential dards Day is "A Shared for significant decisions to Vision for a Better World." sided over by Jammu and be made at higher levels It reflects the importance Kashmir Chief Secretary of government, as each of standards in addressing Dr. Arun Kumar Mehta individual can play a piv- global challenges such as who was Chief Guest on otal role in shaping a better climate change, poverty, the occasion, while Direc- tomorrow through their and inequality.

tor NIT Srinagar, Prof. Sud- able, equitable, and inclu-Director School Educa- hakar Yedla said standards sive world for all," the play a vital role in our daily Director NIT Srinagar said. lives. They help to ensure Manager, DIC, Hameeda that the products and ser- Srinagar is committed to Akhtar, Tilak Raj Direc- vices we use are safe, reli- promoting the culture of tor and Head of Jammu able, and efficient, he said. standardization among its

Atri, Joint Director BIS, interoperability and sus-Dean FW NIT Srinagar, tainability across vari- attended by more than ous industries, ultimately benefiting consumers and Model Higher Second-Mir, Dean A&IA Prof. Nazir businesses worldwide,"

ensure that the products Gadakhud Sonawari, Banand services we use are dipora, Govt. Unani Medi-Dr. Chilaka Ranga, Dr. safe, reliable, and effi- cal College Ganderbal and Iqra Altaf were the coordi- cient. It promotes interop- faculty members from NIT nators of the program from erability and sustainability Srinagar along with more across various industries, than 100 participants from In his key speech, Chief ultimately benefiting con-various Industries, stan-

"Standards can help us On the occasion, Direc- to build a more sustain-Prof. Yedla said NIT "They also promote students and faculty.

The program was 300 students of Govt. ary School Shadipora, Bandipora, Govt. Model "Standards help to Higher Secondary School

# **NEWS**

# Shri Raghunath Ji Mandir Sewa Samitti demands **CBI enquiry into irregularities at Dharmarth Trust**

#### **JI NEWS SERVICE** JAMMU, OCT 14

Shri Raghunath Ji Mandir Sewa Samitti has issued a fervent appeal to Lt. Governor Manoj Sinha to take over the administration and inappropriate handling.

for the establishment of a considerable dissatisfac- it remained under private public board to oversee all tion among the public. temples and shrines under

Trust. This audit aims to in the state. It initially shrine board by then-Gov-



of the Dharmarth Trust. clarify the extent of land operated as a government The Samiti asserted that and properties held by the department, with Maharaja the Trust's properties are trust prior to 1947, before Ranbir Singh appointed as currently subject to wide- the current trustees gained the sole trustee. spread mismanagement control through alleged manipulation. These long- ishment of the monarchy in standing demands from the 1947, the Dharmarth Trust Shri Raghunath Ji Mandir Hindu community remain should have transitioned to Sewa Samitti is advocating unanswered, leading to a public entity. Regrettably,

Rajiv Mahajan, Presi- ing to the current scenario the Dharmarth Trust, dent and Thakur Karnail thereby ending a 76-year- Chand, General Secretary Karan Singh. Allegations old family rule over this sig- of the Samitti, addressed nificant public trust in the the media during a press and misuse of trust assets Jammu and Kashmir state. conference, alleging that The Samitti further Maharaja Gulab Singh cerns being documented called for the formation established the Dharm- in the state government's of an independent com- arth Department in 1846 response in the Jammu and mission to conduct a com- to ensure the proper man- Kashmir High Court (Writ prehensive audit of all agement and supervision of Petition No. 1154/86) conproperties owned by the Hindu temples and shrines cerning the takeover of the

those in control of the trust of mismanagement, misappropriation of funds, and illegal land deals, particularly in relation to the transfer of properties to the Muslim community in Kashmir Valley, which has raised significant concerns

ernor Late Sh. Jagmohan.

among the Hindu popu-However, with the abollace Shri Raghunath Ji Mandir Sewa Samitti appealed to the LG for a thorough CBI enquiry into the matter and, in the interim, sugcontrol, eventually leadgests the formation of an ad-hoc committee under under the trusteeship of Dr. the guidance of the Divisional Commissioner of of financial impropriety Jammu and Srinagar, Prof. R. P Sharma, Prof. S.S Bhalpersist, despite these conwal, Rajiner Bhagat, Karan Singh, Pritam Sharma, Garu Ram Malhotra, Kamal Sharma, Subash Chander, Chuni Lal, and Nirmal Kishore, all members of the Samitti, present during the conference.

# **DDC Suresh Sharma holds review** meeting with R&B officials

The Samitti accuses JI NEWS SERVICE JAMMU, OCT 14

> BJP senior leader and DDC member Pandit Suresh Sharma held a review meeting with the officials of R&B. In this meeting, he stressed upon these officials to immediately start the black topping of roads, repair such roads which got damaged due to the recent rains. He said that roads should also be

maintained and kept clean by jungle cutting. Pandit Suresh Sharma asked them that tender process should be initiated under state sector for Mahadev mandir Gousan Road, Migalla Gian Chand 8 kilometer to Dhanna, mohalla Ram Rattan and Tilak Raj Kathat road,



to sub centre Goudan, and forward the same for Dhanna Kufi road, mohal- approval to the higher la Chaman Lal to mohalla officials and the roads

Rattan Lal, Sandal pan- which has already got chayat Majur, Mohalla approval under NABARD, Jasbir Singh Bala, Bala Bus tenders should be invited Stand to Ammi Sati devst- to start the work to fulfil han, Hardoo Malada road, the motive of connecting Syal mohalla road, Kandi every village with pacca Sira Chapad road, Bala road network. Bus Stand to Shah mohalla road, and work be started Sunil Dogra, AEE Angrez Mandrian to Badhan at the earliest. He further Singh, JEs Somnath, di Chapdi, Baduyee to asked for preparing DPR Rakesh Sharma, Tilak Raj Parsoti, Mohalla Lelyal for NABARD covered and Mujid Choudhary Chouki Choura road, roads of block Maira Man- were present in the review Middle School SC mohalla drian and Chouki Choura meeting.

Will regularize dailywagers, restore Roshi Scheme if elected to power: Azad JI NEWS SERVICE JAMMU OCT 14

DPAP chairman Ghulam

Nabi Azad on Saturday met various delegations led by Sobat Ali Provincial Incharge ST wing and a delegation by district president Udhampur Ashwani Khajuria.. Mr Azad was apprised by various issues by the delegations and he assured them they will taken for the redressel at appropriate quarters. Azad, however, asked them to intensify the party activities and reach out the people at grassroots. While addressing the ST community leaders, Azad said the eviction drive to retrieve government land was "unlawful" and claimed he will bring back the Roshni Scheme if his party is voted to power in the next assembly elections in Jammu and Kashmir. Everyone, including government officials, who used the scheme to usurp large chunks of land will face the law, he said. The Gujjars community members led by DPAP leader and JMC corporator Sobat Ali met Azad at his residence and informed him that they were being constantly harassed by the government officials who kept saying that they were living on forest land and their houses and shops would be razed. The Gujjars community members led by DPAP leader and JMC corporator Sobat Ali met Azad at his residence and informed him that they were being constantly harassed by the government officials who kept saying that they were living on forest land and their houses and shops would be razed. Meanwhile, Democratic Progressive Azad Party General Secretary RS Chib on Saturday appealed the LG Manoj Sinha to provide compensation to the farmers of various areas of Jammu region who suffered extensive losses to their paddy crop due to

# **Organ Donation Pledge Drive** launched in Jammu

## JI NEWS SERVICE

JAMMU, OCT 14

State Organ and Tissue Transplant Organization (SOTTO) J&K in collaboration with Bhartiye Jain Sanghthana (BJS) J&K, SS Jain Sabha J&K, Jain Taruni Mandal and Jain Yuvak Sangh today organized today the Online Organ Donation Pledge Camp for the general public at Namah, Shri Vimal Muni Jain Bhawan in Bahu Plaza.

Drive was inaugurated by Inspector General of Police Jammu, Sh Anand Jain in presence of Director Ayush J&K, Dr Mohan Singh and Joint Director man Bhav has launched a tion. SOTTO J&K, Dr Sanjeev national portal for regis-Puri. Jeev Daya President, tering for Organ Donation. organised an Ayurvedic Sh Sandeep Jain also graced the occasion.

felicitated by the office gov.in/ with the adhaar bearers of BJS and SS Jain linked mobile. Sabha.

for Organ Donation.



Ayushman Bharat Digi- tant and Ashwani Kumar tal Mission under Ayush- coordinated the registra-

J&K Ayush Department Anyone can get an organ medical camp for all in the donor card by clicking the camp with free consulta-The dignitaries were link https://notto.abdm. tion and medicines. Dr. Sanjeev Puri, Joint

Director, J&K SOTTO Many persons from informed that such camps Sh Anand Jain inspired the Jain community and are being organised under all by registering himself others participated in this the Ministry of Health and drive and became organ Family Welfare, Govern-

# 18 successful Renal Transplants held in SSH Jammu - Big positive news for Jammunities

#### JI NEWS SERVICE JAMMU OCT 14

In a historic medical breakthrough, Super speciality Hospital Jammu (SSH) is cation in performing this proud to announce the intricate procedure, fursuccessful completion ther solidifying our hospiof the first-ever independent, in house renal ing healthcare institution transplant procedure conducted by our local team ful renal transplant would under the able guidance not have been possible of our worthy Principal without the remarkable GMC Jammu Dr. Ashutosh teamwork and coordina-Gupta. This remarkable tion of our entire OT staff. achievement marks a significant milestone in our services to our people. our team under the supervision of Dr. S Raina from Jaslok Hospital Mumbai.

& Head Urology, Dr. Rahul

Sharma, Dr. Yashir Mehmood exhibited extraordinary expertise and dedital's reputation as a leadin the region. The success-Medical management

issues related to Evaluacommitment to providing tion, pre transplant work world-class healthcare up, dialysis, cross match and immunosuppres-All previous transplants in sion was taken care by Jammu have been done by Dr. Abdul Majeed, Dr. Raju Bhandari, Dr. Aman Gupta, Dr. Anuradha, Dr. Danish, Dr.Priyanka, Dr. The surgical team, led Sahil from Nephrology been managing and fol-

been on waiting list for a recovery with a creatinine community. of 0.9 mg/dl at the time of

discharge. and after surgery was pioneering medical breakcomprising of Dr. Smriti Gupta Prof., Dr. Ashwani the field of renal trans-Kumar Prof. And Dr. Anjali Mehta Associate Prof, Dr. Amit Manhas Asso. Prof. in Jammu, Jammu& Kashand Dr. Neha Dang Assis- mir dedicated to providtant Prof.

Urology and nephrol- services and advancing ogy teams expressed their medical knowledge. With gratitude to the hospital's a team of highly skilled dedicated staff and the healthcare professionals by Dr. Elias Sharma Prof team of SSH, who had trust placed in the hospi- and state-of-the-art facilital by Mohd Faryad and ties, SSH is at the forefront Gupta, Dr. Ajay Anand, Dr. lowing this patient for their family. This achieve- of medical innovation and Muzzain Iqbal, Dr. Sunil more than 6 months. ment is a testament to the patient care.

Kumar Bhatt, Dr. Yashir This patient, [36]-year- relentless pursuit of excel-Rehman, Dr. Chetan old male, who had been lence in patient care and suffering from end-stage medical advancements at renal disease and had SSH. We are immensely proud of this milestone, kidney transplant has now which would not have been given a new lease on been possible without the life and is on the road to support and faith of our

Executive Engineer

SSH is committed to continuing its tradition The silent force behind of delivering high-quality the scene before, during, healthcare services and provided by a team of throughs. We look forward our Anaesthesiologist to helping more patients in need and advancing plantation. SSH is a leading healthcare institution ing exceptional medical heavy thunderstorm and rains.

Sh Sandeep Jain, Presi- donors. dent, Bhartiye Jain Samaj drive.

Kumari, Programme Assis- after death.

ment of India, to raise SOTTO staff Anshu awareness about Human (BJS) J&K requested every Sharma, Media Consul- Organ/Tissue Donation one to pledge for organ tant, Irfan Ahmed, Trans- and motivate people to donation in this special plant Coordinator, Nisha pledge to donate organs

# 41st Chhari Yatra to Mata Vaishno Devi taken out with religious fervor

## **JI NEWS SERVICE**

JAMMU, OCT 14

The 41st Chhari Yatra led by Shiv Sena (UBT) Jammu-Kashmir unit was carried out with traditional fervor, commencing from the historic Radhunath Temple in Jammu, making its way as a grand procession through the main markets of Jammu and culminating in the picturesque hills of Trikuta, the abode of Shri Mata Vaishno Devi.

The Yatra was organized under the patron-Saffron Flag. Following the Chaddi Yatra reached its rituals and worship at Shri ultimate destination at the that after the worship and Radhunath Temple, a mul- Darbar of Mata Vaishno rituals at Shri Radhunath titude of devotees cheered Devi.



age of Kunwarani Dr. Ritu Board and Party's Katra and economic advance Singh and Child Saint Sahil unit. The second Darshan ment in Jammu and Kash-Ji Maharaj, who initiated was conducted at Deva mir, as well as the entire the Yatra by hoisting the Mai. Subsequently, the nation.

Sahni further noted

Temple in Jammu, the

and celebrated the Yatra, Speaking on the occa- Dharmarth Trust honored proceeding through sion, Manish Sahni stated the Shiv Sena's National Radhunath Bazaar, City that on the auspicious Organization, Ashok Chowk, Purani Mandi, and occasion of Navratras, Tiwari, Vinod Kumar, and Raj Tilak Road in Nagrota, special Chhari Puja ritu- State President Manish where the first Darshan als will be conducted at Sahni by presenting them was held at Kaul Kandoli. the Holy Cave Shrine, in with a ceremonial Chunri Afterward, the Yatra which Goddesses Laxmi, (scarf). Additionally, continued to Dharm Saraswati, and Kali will the Shiv Sena, as a mark Nagari Katra, where it be venerated with full of respect, conferred received a warm welcome traditional customs. The mementos to Kunwarani from the officials of Shri prayers will be for brother- Dr. Ritu Singh and Child Mata Vaishno Devi Shrine hood, peace, prosperity, Saint Sahil Ji Maharaj.

Billawaria dedicates newly constructed lane, drain to public at Gadigarh



#### **JI NEWS SERVICE** JAMMU, OCT 14

Continuing to provide better development as well Mayor Baldev Singh Bilresidents, he immedi- of the public. The public concerned authorities to to the notice of Deputy prepare an estimate for Mayor Billawaria and said its construction and today that work should be exewith his efforts the demand cuted on priority. Deputy along with that of water, as the Government at and others. electricity for a common Centre led by Prime Min-

person. The Deputy Mayor ister Narendra Modi has said that it is very astonish- resolved total developing that the Gadigarh area ment and prosperity of has remained undevel- the J&K UT. He appealed oped. He further said that to the public to come up as basic amenities to the the previous Government with the developmental people of Jammu, Deputy was biased and playing works which are a neceswith the sentiments of the sity of the hour so that the lawaria dedicated newly people in terms of devel- process for the execution constructed lane and opment. Deputy Mayor is initiated at the earliest. drain to public at Gadigarh said that he is commit- The Deputy Mayor said in RS Pura-Jammu South ted to carry forward the that the Municipal Corconstituency. This devel- equitable development of poration is committed opment work was done the Jammu city irrespec- to provide better infraunder the supervision of tive of caste, colour and structure and other basic Jammu Municipal Corpo- creed. He said that being amenities to the people of ration (JMC). Speaking a public representative, Jammu city. The local resion the occasion, Deputy he would carry forward dents also expressed their Mayor Jammu Baldev the slogan of the Prime gratitude to Deputy Mayor Singh Billawaria said that Minister, Narendra Modi Baldev Singh Billawaria for as the demand of the lane "Sabka Saath, Sabka Vikas, fulfilling their long-pendand drain was brought Sabka Vishwas, and Sabka ing demand. Prominent to his notice by the local Prayas" to the doorsteps among those present on the occasion were Mandal ately directed upon the brought some problems President Vijay Sharma, Ashok Khajuria, Ramneek Singh, Pushap Khajuria, Mohinder Singh, Meetu Sharma, Malvir Singh, of development works has Mayor Baldev Singh Bil- Nariender Singh, Popinder been fulfilled. The Deputy lawaria assured the resi- Singh, Gurcharan Singh, Mayor said that the lane dents that their legitimate Raghubir Singh, Ichpal and drain work is one of demands would be ful- Singh, Darshan Singh, the basic works needed filled in a phased manner Balbir Singh, Kirpal Singh

Sarsanghchalak calls for strengthening social harmony



**JI NEWS SERVICE** JAMMU, OCT 14

The Sarsanghchalak of celebrations (100th year) Rashtriya Swayamsevak of the foundation of RSS. Sangh (RSS) Dr. Mohan Bhagwat Ji on Saturday hak, the Sarsanghchalak exhorted Sangh Sway- reviewed various projects amsevak to work for the initiated by the J&K RSS protection of the environ- for the development of vilment, cementing social lages and rural economy. harmony and strengthen- He gave some suggestions ing the traditional family to the Swayamsevaks who system of the Bharat.

of his three-day visit to social harmony in the Jammu, Dr Mohan Bhag- society. wat Ji addressed Samanvah Baithak of the various organizations of the met with the inmates of Sangh Parivar.

38 organizations of the acted with the students Sangh Parivar attended and inquired about their the meeting in which vari- educational activities. ous social issues were discussed.

emphasized the need for lak. further spreading orgaof the RSS. He especially present on the stage.

focussed on spreading the organization's network ahead of the centenary

In the Samanvah Baithave taken projects for During the second day village development and

During this busy schedule, the Sarsanghchalak hostel of Sewa Bharti at

105 Swayamsevaks of Keshav Bhawan. He inter-Inmates of the hostel recited patriotic songs The Sarsanghchalak before the Sarsanghcha-

Khastriya Sanghchalak nizational networks so Sita Ram Ji Vyas and Sangas to reach out to every hchalak of J&K Prant Dr. home with the message Goutam Mengi were also

# 'Runway Diaries' to host a mega fashion show on Oct 15 in Jammu BJP Kissan Morcha President

#### JI NEWS SERVICE JAMMU, OCTOBER 14

The Runway Diaries, a platform set to redefine and give wings to the fashion industry in Jammu & Kashmir, is hosting a mega fashion show on October 15, 2023, at the prestigious Hari Niwas in Jammu. The show will showcase the exquisite craftsmanship

'The Runway Diaries' while ceilings, and she now ence here today.

said "The Runway Diaries" Runway Diaries.' is an ambitious platform & Kashmir, it aims to proglobal perspective.



This was disclosed by mism, and grace. She has acumen to the project. She Kunwarani Ritu Singh, a track record of bridging is a driving force behind Founder and Director of gaps and shattering glass "The Runway Diaries." addressing a press confer- extends this vision to the Founder of Dernier Cri.

world of fashion and self-Kunwarani Ritu Singh expression through 'The artist and Marketplace The dynamic team

talent, and craftsmanship Thakur, an entrepreneur, show will open with colthat the Jammu region educationist, and fashion lections by Varun Bahl and to redefine and uplift the founded the National as the jeweler partner. The fashion industry in Jammu Institute of Fashion Design grand finale will be pre-(NIFD) in Jammu 25 years

and rich culture of the has been a driving force With a diverse background region through the collec- in contributing to the in software technology tions of renowned design- empowerment and growth and event management, ers, both from within and of the region with her Ankita Bansal brings outside Jammu & Kashmir. remarkable vision, dyna- innovation and business

Dev Krishan Sharma: Sarita Tondon: Makeup Coordinator.

The 'The Runway Diadesigned to celebrate the behind 'The Runway ries' fashion show will fearich cultural tapestry, Diaries' included Vanita ture a stellar lineup. The has to offer. With a vision curator. Vanita Thakur Jyotika Jhalani, with Talla Zardozi work, fusion of will give live demonstrasented by JWs and Kisna vide opportunities to local ago. Her dedication to jewelers, with Iqbal Khan dery. One of the designers artisans, promote culture, nurturing young designers and Esha Sharma as their will illustrate the evolution boost tourism, and nur- and preserving indigenous show stoppers. The event of the Dogra dress over ture art and talent with a art forms has transformed will be enriched with the years. The design-Kunwarani Ritu Singh the region. Ankita Bansal: including Bharatnatyam Shivani, Jogmaya by Chan-Baag, Shaalz, and Bonn.

by Sonali Dogra.

The runway will be by Simmi Gulati, Kyari (FEMINA Miss India finalist top 10), along with top Jammu models.

Collaborators for this prestigious event include Anshu Khanna of Royal Fables, NIFD, Mitali Gupta, Amar Chouhan, Nafisa Rachel William, Manav Parahawk, Samaya Interiors, and other esteemed personalities from the fashion world.

The 'The Runway Diashowcase the work of 19 designers from Jammu, highlighting the rich culwith intricate Gota and modern and traditional Dogri designs, and Kashmiri work and embroi-

by Nitika Aggarwal and drik, Virtues by Sumeet, live Dogri and Sufi songs Athleticon by Shubham and Ddivyanshu, Dharni

graced by 34 supermod- by Winnie Singh, Neem els from Mumbai and Dote by Ritu and Rusky, Delhi, alongside Dimple Esha Modi, Monika Bhatia Patel (Miss DIVA Globe, Couture, Adaa by Sonali, 2016) and Aprajita Sharma SC Sharma Studio, Angad Creations, JWS, NIFD Institute, Tana Jewellers, Kisna Jewellers, Pooja Khurana Jewellery, Sunder Gems Jewels by Neetu Bali, Nazrana by Ridhima and Parakh, and Pitarra by

Iewellers. Apart from the fashion show we also have the display of products in 60 stalls, having a great variety of merchandise rangries' fashion show will ing from clothing and textile, art, craft, lifestyle and fashion accessories, bakers and many more. Artisans ture of the region. These from across Jammu district designers will present as far as Basohli, Reasi, exquisite Dogra Poshaks Marh, Akhnoor, Samba, Udhampur and Kishtwar tion of their products.

Ferry Sachdeva, Shanti

The event's sponsors include Tawi Automobiles, Hero, Dada Motors, Jaguar Land Rover, Chandigarh, Ruchika Makeovers, Pans and Pots, Core Fitness, the fashion landscape in cultural performances, ers include Sabhyata by City Walk, October, Paper

# expresses concern over hailstorm damage to Basmati crops

#### JI NEWS SERVICE JAMMU, OCT 14

Sarabjit Singh Johal, President of BJP Kissan Morcha Jammu and Kashmir and a member of District Development Council (DDC) Ramgarh, today expressed serious concerns over the widespread damage to standing crops of 'Old Basmati' caused by a recent hailstorm.

Addressing media per- livelihoods. sons at BJP Headquarters officer, recently conducted of affected farmers.

a comprehensive on-site assessment of the affected affected farmers hail from ensure that they receive fields. The team witnessed the distressing impact on Bishnah, RS Pura, Samba, pensation they require

in Jammu, Johal revealed visit, the team promptly to the government to conthat more than 75 percent met with the Deputy Com- duct a comprehensive of the standing basmati missioner of Samba to crops in the region have apprise him of the exten- crops and provide muchbeen severely affected sive crop damage. Johal needed compensation to by this natural disaster. urged the Deputy Commis-He also shared that he, sioner to take swift action accompanied by party in this matter, including backs due to the hailstorm. leaders Darshan Choud- the necessary steps to hary and Rakesh Pant, assess the full extent of the asserted that the Modi along with an Insurance damages and prepare lists

Johal mentioned that the ers and is determined to various regions, including local farmers, who depend RS Pura, and others, all of during this challenging on these crops for their whom are now grappling time.

Modi gov-

ernment to

**Operation Ajay has instilled world's** 

confidence in Modi govt: Chugh

with significant agricul-Following their field tural losses. He appealed evaluation of the damaged the affected farmers who have suffered financial set-The senior BJP leader

Government is committed to support affected farmthe assistance and com-

Chugh said the Modi

He said the Opera-

government was not just

serve the cit- helping Indians in the con-

izens of the flict zone of Israel but has

nation. and also extended assistance

help other to those from Nepal and

nations as Bangladesh.

port in moments of con- ment would take every

# BMW Group India records best-ever year to date performance for all brands - BMW, MINI, BMW Motorrad

#### JI NEWS SERVICE JAMMU, OCT 14

After posting the best-ever half-year in 2023, BMW Group India continues the success story by posting the best-ever year to date sales (January - September) - for all three brands - BMW, MINI and BMW Motorrad. In the first nine months, 9,580 cars (BMW and MINI) and 6,778 motorcycles (BMW Motorrad) have been delivered. MINI 582 units.

in a decade last year and a high note."

BMW sold 8,998 units and specific strategies and tre- India. The first-ever BMW mendous customer con- iX1 was gone in a flash Vikram Pawah, Presi- nect are yielding excellent on launch day, getting dent, BMW Group India results. We will keep the completely sold out for said, "BMW Group India excitement up with pow- 2023. Provision of comis on an unstoppable erful launches from our plimentary charger with in its segment to offer a thrill a notch up. record-breaking path. We stable and are dedicatedly every BMW and MINI BEV

Er. Wajid Bashir Khan member DDC

Mendhar, Narinder Singh meet IGP, Jammu

this trend continues in BMW Group India is segment at BMW Group number of orders for the customised and flexible 2023 by first posting the the leader in luxury bat- dealer network in 35 cities new BMW X5 which was financial solutions which best-ever half-year and tery electric vehicle (BEV) plays a vital role. A landnow the best-ever January sales thanks to the most mark milestone in luxury further impetus to SAV to premium clientele of - September sales as well. versatile electric range - electric sales has been sales. Our business strategy is BMW iX1, BMW i7, BMW achieved with over 1,000 playing out well and there iX, BMW i4 and MINI SE. electric BMW and MINI are many important fac- Among all models, BEVs cars running on Indian tors driving success for us. registered the highest roads today. With unprecedented achieving growth across electric vehicles were desire for BMW Luxury segments in a healthy, delivered during January Class, sales for BMW 7 balanced and profitable - September 2023 than in Series, BMW i7, BMW manner. Whether it is the the same period in 2022. X7 and BMW XM, saw top-end or entry-level, The BMW iX remains a trailblazing growth of 3-Door Cooper SE was also a new BMW among other BEV dominance or SAV India's most sought-after 102% y-o-y. The flagship at 17%. BMW Motorrad benefits.



popularity, our segment- luxury electric vehicle in

(+10%). Buoyed by the brand. BMW Sports Activsuccessful BMW luxury sports activity vehicle - the RR, BMW M 1000 RR and BMW X1 - became the first BMW M 1000 R taking the new electric avatar (iX1) in

model - the BMW 7 Series thrived with sales of 6,778 - captured the limelight units (+26%). Leading in ultra-luxury segment. the volumes were 'Made The demand for BMW X7 in India' BMW G 310 R, has nearly doubled as its BMW G 310 RR and BMW extremely popular among G 310 GS with a combined high-end Sports Activity share of 88%. The core Vehicles (SAV) customers. bikes available as com-BMW achieved best- pletely built-up units saw ever sales of 8,998 units a growth of 36%. The BMW GS Adventure segment, in new launches, Septem- particular, has been gainber sales hit an all-time ing tremendous popularhigh in the history of the ity. The GS community is strong with over 10,000 ity Vehicles (SAV) con- GS bikes sold in India till tributed over 50% to YTD date. Another popular segsales volumes. The highly ment is Sports with new bikes such as BMW S 1000

BMW India Financial posted the highest growth focused on ending 2023 on and the leading charging addition to the petrol and Services played an instruinfrastructure in premium diesel drivetrains. High mental role by providing introduced in Q3 gave a are significantly valuable BMW, MINI and BMW Big Love drove MINI Motorrad. Customers to record YTD sales with enjoy great value and comdeliveries of 582 units plete peace of mind with (+10%). The locally pro- BMW 360° finance soluduced MINI Countryman tions which offer attracdominated with a share of tive monthly instalments, 63% and the iconic MINI assured buy-back options, Hatch 17%. The contri- flexible term-end opporbution of electric MINI tunities and upgrades to

## **JI NEWS SERVICE** JAMMU, OCT 14

BJP national general secretary Tarun Chugh today hailed the "Operation Ajay" under which 212 Indians have been evacu- well. He said the prime ated from Israel and said minister had acquired a tion Ajay holds great sigthat Prime Minister Naren- distinguished status on nificance for all Indians

dra Modi was committed the international platform regardless of their current to safeguard every Indian. where all countries look location as it instills hope The special rescue for his guidance and sup- that the Indian governoperation for the Indians exemplifies the unwaver- flict as well for the causes possible measure to help ing commitment of the of economic development. them repatriate quickly.



## **JI NEWS SERVICE** JAMMU, OCTOBER 14

Bharat Bhushan Bodhi, DDC Chairman Jammu today started development



Most importantly, we are growth. Five times more

# Free medical camp organized at Panchvati Apartments

#### **JI NEWS SERVICE** JAMMU, OCT 14

Today, Er. Wajid Bashir Khan (Tickoo) DDC Member Mendhar (HQ) & Narinder Singh Bhau met with IGP Jammu Anand Jain during their visit to Jammu City and wished him Good luck for his future Endeavors, But his services were more required in Jammu province Because he worked hard during his Tenure to curb Terrorism and Drug Menace.

A delegation of bjp province. workers along with Er IGP Jammu Shri Anand encourage the youth Jain and discussed the problems of Jammu province.

The drug trade is Narinder Singh Bhau. destroying the youth of Jammu today.

with the serious shifting was raised.



(Tickoo)

More problems of the

people of Jammu prov-

ince and Chhamb were

discussed. They assured to

of terrorist acts in Jammu Similar kinds of prob lems are faced in Mend-

They talk about focus- har and things that can Wajid Bashir Khan & ing on sports programs be done are discussed Narinder Singh Bhau met organized by the police to by Er. Wajid Bashir Khan

Farmers on our borders should not be stopped from going to the fields:

The issue of a police solve them soon! remain, post near the degree col- emphasizing that academ-

The topic of banning lege of Khour of Chhamb ic success would render this was discussed along assembly constituency them eligible for this beneficial scheme.



## JI NEWS SERVICE

JAMMU, OCT 14

A free medical camp was organized at Panchvati from Medanta Group participated.

son BJP Mahila morcha in Er VK Gupta. collaboration with Er Dil BJP Swachh Bharat Mission.

Full body tests including ECG were performed free of cost and free medi-

cal advice was given to the public by the experienced Apartments, Nanak Nagar doctors in this medical

Pooja Grover spokesper- Gupta, Er S. K Zailpuri,

Bahadur Singh and Er. T. K appreciated BJP lead-Sharma BJP State Incharge ers for the initiative and and State Co incharge of thanked the visiting doc-

work of Water Supply Scheme (WSS) Kanhachak in Marh Assembly with an estimated cost of Rs 4 shortage of water scarcity. in adequate quantity of ated his commitment to

who were present include ular and long-term basis ment of district Jammu DDC Balbir Kumar, BDC leading to improvement with special emphasis on Surinder Kumar, Sarpanch in their living standards. rural and far-off areas. He Kana Chak Pooja Rani, For this, the Jammu dis- assured that besides devel-Panch Bodh Raj, Roshan trict alone has got a major opment of the area, he will Lal, Bunty Singh, Bhu- share under this scheme ensure that the benefits of vnesh Kumar General Sec- to provide household tap various schemes meant retary BJP Jammu North, connections which will for the socio-economic Ex Sar Devinder Singh and definitely improve the upliftment of the poor and all Panchs.

Speaking on the occasion, the DDC Chairman that after completion of then we can say that the said that the BJP led Cen- this WSS, every household objective of good govertral Government is imple- in the vicinity will get tap nance has been achieved.

crore aiming to provide menting the Jal Jeevan water and the problem 'Har Ghar Nal Se Jal'. The Mission (JJM) in partner- concerning the dearth of project included 2 tube ship with states and union potable water will be fully wells, two sump tanks, territories to ensure every eliminated from the entire one Over Head Tank with rural household in the belt. capacity of 50000 gallons country has functional and a distribution system household tap connec- interacting with the in the area to fulfill the tion for drinking water people of the area, reiter-

Bharat Bhushan, while Prominent among those prescribed quality on reg- ensure overall developease of living, he added. needy reach the doorsteps Bharat Bhushan assured of the people. He said only

# **Big Boost to Democratic Azad Students' Union in Jammu**

# JI NEWS SERVICE

Former District President of NSUI Kathua, Nitish Sharma joined Democratic Azad Students' Union along with his supporters in the Presence of Sh Ghulam Nabi Azad, Chairman **Democratic Progressive** 

Azad Party. DASU President Sh Nadeem Choudhary that Students of J&K are Anirudh Raina, Vice welcomed him to the with Ghulam Nabi Azad President Sh Manik Student Wing. In a joint and wants him as Chief Sharma & General Sec- statement Anirudh Raina Minister of J&K.



retary

Mohammad & Manik Sharma claimed

JAMMU, OCT 14

The public of the area tors and Para medical staff

for this noble cause.

Jammu in which Doctors camp. Around 80 patients underwent free body tests and took free consultation The free medical camp from experienced docwas organized by BJP tors. Prominent among

Library Incharge Prof others who participated Kulbhushan Mohtra, included Miss Pallavi

# **NEWS**

# MP Khatana meets LG, discusses unemployment, pending selections

#### **JI NEWS SERVICE** JAMMU, OCT 14

Bharatiya Janata Party MP Rajya Sabha(Nominated) Er. Gulam Ali Khatana today called on LG Jammu and Kashmir Manoj Sinha JEs, selected Compilers in in the publication of the JSA waitlist candidates.

ment to bring Jammu careers. and Kashmir out of the the unemployed youth.



issues of public impor- ing from various regions the need to change the tance here today including of the state meet his and nomenclature of the comproblems of unemployed discuss their concerns munity from Other Social youth, aspirants JKPSI/ and the prolonged delay Castes to OBC.

He sought LG Manoj the selected candidates uncovered areas so that Sinha's personal interven- and operation of waitlist. atleast 10K girls and boys tion to resolve the pending These aspirants have been each of the community issues and new avenues eagerly awaiting their should be accommodated. for jobs in the Union Ter- results for many years, He also stressed the need ritory. MP Gulam Ali Khat- which has left them in a for playgrounds, security, ana appreciated LG Manoj state of anxiety and uncer- and other basic facilities Sinha's personal commit- tainty about their future like computer lab etc. in

MP Gulam Ali further

and discussed various delegation youth hail- nity. He further stressed MP Gulam Ali also dis-Finance department and recruitment exam results, cussed the issue of open-

appointment letters to ing new Gujjar Hostels in the existing hostels.

LG Manoj Sinha morass created by previ- appreciated LG govt deci- assured to address the ous regimes headed by sion to provide political issues of selectees and Congress, National Con- reservation to OBCs in result seekers in a time ference and PDP for last Local bodies and Pan- bound manner and issued 70 years and stressed for chayati Raj Institutions. instructions to the concreating job avenues for He said that this would cerned for the same. He address the long pending also assured to look into He said that 100s of demands of OBC commu- other issues on priority.



Maha Sampark Abhiyan

will highlight post-Art 370

initiatives in J&K: Kavinder

**JI NEWS SERVICE** JAMMU, OCT 14

Bharatiya Janata Party, and attracting investment Jammu and Kashmir, is through summits. Educagoing to initiate the Maha tional reforms, infrastruc-Jan Sampark Abhiyan starting from October 24, 2023, employment initiatives with an aim to highlight the were launched to empowtransformative initiatives undertaken by the Modi government in the Union Territory after the historic efforts have led to a decline abrogation of Article 370.

This was disclosed by Kavinder Gupta, senior BJP leader and former Deputy tory. "Women's rights have Chief Minister while chair-Party functionaries at the land rights and educa-Party Headquarters in Iammu.

following the abrogation of mented," he said. Article 370 from the erst-Kashmir.

sion to revoke Article 370 brought about a positive transformation. The Modi government's actions have provided a dignified life to various communities in the region. He mentioned that several Central laws related to labor, education, and healthcare, were extended to Jammu and Kashmir, aligning the Union Territory with the rest of the country. The government conducted successful Dis-

# IGP Jammu greets people on Sharad Navratri

#### **JI NEWS SERVICE** JAMMU, OCT 14

Inspector General of wished the people a bliss- families of Police Martyrs Police, Jammu Zone, ful festival. Sh. Anand Jain-IPS has felicitated all citizens of Jammu has expressed prosperity of the UT of Jammu Province, J&K hope that the festival J&K.

police personnel and will bring joy and happitheir families on the ness among the people of eve Sharad Navratri. He the UT of J&K including and their families. He has In his message, IGP also prayed for peace and

	OFFICE OF T (HY SH <u>E-NI</u> Tenders are invited by t Governor of Union Territory of Govt. approved and eligible co	HE EXEC DRAULI ORT NOTI I No. 39 of he Executive I J&K by e-tend ntractors regis	C) DIVI CE INVII f 2023-24 Engineer Jal dering mode tered with J	ENGIN SION R ING E-T Dated: - Shakti Hydr on Item/Per &K State G	EER JAL AMBAN ENDERS 12-10-2023 aulic Division I rcentage Basi ovt. having val	Ramban ( <u>s</u> on <mark>SO</mark>	on beha	20 from
SI. N 0.	Technical Bid open upto 19-10-2 Name of Work	Division of Division	Approx. Cost (₹ in lacs)	Cost of Documents/ Tender fee (in ₹)	2% Earnest Money (in ₹)	Completion period	Class of Contractor	Tender Receiving Authority
1	2	3	4	5	6	7	8	9
01	Construction of 01 No Collection Tank at Ashri, Providing and Laying of Roofing Structure Chicken meshed, Supply channel at Nabul, Washout Drain at Ramban, Dry Masonry, Construction of Anchor Block and Providing, Laying and Fitting of Gravity Mains/ Distribution Main, at Nabul Gravity Ramban Town under MH- 4215 (UT Capex Budget) Position of AAA: Accord	Shakti Hydrauli c División Ramban	₹ 34.32 lacs	₹.1000. 00	₹68640/-	60 Days	AAY, BEE	EXECUTIVE ENGINEER JAL SHAKTI HYDRAULIC DIVISION RAMBAN
	Major Head of A/c: MH- 42         Position of funds.       Provisio         01.       Date of publishing 12-14         2.       The Bidding documents         1000 (Hours) to 18-10-2         3. (a)       The Bids shall be deposi         1000 (Hours) to 18-10-2         online or any other convo         (b)       The complete bidding pro-	on Kept in Ca 0-2023 1000 (1 can be downl 023 (1600 Hou ted in electron 023 (1600 Hou enient date.	apex Budge Hours) oaded from urs). ic format on urs). The bid	et the website the website	http://jktenders	. <u>gov.in</u> fi	rom 13-	10-2023
	<ul> <li>(c) Technical bids of bidde Hydraulic Division Ran</li> <li>4. Bid documents can be qualifying criteria for bid</li> <li>5. The site for the work is a No: JS/Hyd/D/R/ 8009-33</li> <li>Dated: 12-10-2023</li> </ul>	nban on 19-10 downloaded f lder, specificati	-2023 at 140 from the web	<i>0 Hours</i> or a osite <u>http://j</u>	ny other conven <u>ktenders.gov.in</u>	nient date Bid doc er relevar	cuments	contain
					Executive Jal Shakti Hyd Ran			



# Vikar Rasool Wani welcomes hundreds into Congress Party



## JI NEWS SERVICE SRINAGAR OCT 14

District into the Congress Wani added Party.

people policies while appealing people to come forward to support Congress in its endeavor to seek redressal of people grievances. JKPCC President welcomed hundreds of political and social activists led by social activist Irfan Ahmad into Congress, hoping that the new entrants will work hard to further strengthen the Party in their respective areas and serve people to the best of their abilities. Talking to media on the sidelines of the function, JKPCC President said political leaders and workers from different political parties are joining Congress as they have realized that BJP and other political parties cannot do what Congress has done for the wellbeing of the people and inclusive development of India. It is the Congress Party which stands guarantee to equitable development of all sections of the people living in the country irrespective of their colour or religion. Wani said BJP has betrayed people even after getting a second chance to rule the country, but could not fulfill the promises it has made to people before 2014 elections, rather many anti people measures and unexpected decisions taken by the ruling BJP led to the economic losses and backwardness of people. All the promises made by the BJP have fallen flat, unemployment has broken all records, people are confronted with multiple issues espe-

cially economic distress, BJP Govt to pave the way

How long people will lust of power. Wani termed the new be kept away from their Congress Party's pro questioned and asked the present.

unprecedented price hike for holding elections in on essentials and lack of J&K rather than creating The Jammu and Kashmir development. Though obstacles. Election has to Pradesh Congress Com- much has been said with happen in J&K one day, mittee (JKPCC) Presi- regard to development, but that will be the end of dent Vikar Rasool Wani but the reality is the devel- BJP's betrayal and deceiton Saturday welcomed opmental process started ful policies as that it (BJP) hundreds of political and by UPA Govt in J&K has stands exposed for failing social activists of Srinagar received severe setbacks, people on all counts and then mislead them for the

On this occasion Senior joining an outcome of democratic rights, Wani Congress Leaders were

in terrorist incidents and significant economic growth in the Union Terribeen promoted through ing a meeting of senior initiatives focusing on tional opportunities, while educational institutions During the meeting, and infrastructure devel-

trict Development Council

Kavinder Gupta said that opment have improved the primary objective of access to quality education. the Maha Sampark Abhi- Schemes and programs van is to emphasize the aimed at empowering the significant initiatives taken youth and reducing corby the Modi government ruption have been imple-

while state of Jammu and Minister urged the party workers to gear up for the He said one of the key Maha Jan Sampark Abhiyan aspects highlighted during and reach every nook and the meeting was the impact corner of the Union Terof Article 370's abrogation ritory to highlight these on various communities. It initiatives and key achievewas recognized that Article ments of the Modi govern-370 had deprived several ment. This campaign aims communities of their due to transform the region, rights. However, the deci- promote development, and offer better opportunities to its residents, he added.

(DDC) elections, allowing local self-governance ture development, and er the youth and improve overall stability, he added. Kavinder said these

The former Deputy Chief

GOVERNMENT OF JAMMU AND KASHMIR DIRECTORATE OF INDUSTRIES AND COMMERCE (REGISTRAR OF SOCIETIES/FIRMS JAMMU) 1st Floor, Udyog Bhawan, Rail Head Complex, Jammu Telefax-0191-2474085 | Email: directorindcomjammu@gmail.com.

PUBLIC NOTICE

The below mentioned members have applied for registration of society namely, "HELPING HANDS JAMMU" LOCATED AT H.NO.99, AJIT COLONY, CAMP RAOD, TALAB TILLO, JAMMU in the Office of Registrar of Society under Society Registration Act, 1860. Objections if any, from individual, Institution, State or Semi State Government organization may kindly be communicated to the office of Registrar of Societies (Director, Industries and Commerce) 1st Floor, Jawahar Lal Nehru Udyog Bhawan, Rail Head Complex, Jammu by post or in person within a period of 10 days from the date of publication of this notice in the newspaper.

S. No	Name with Parentage	Occupation	Designation in Society
1	Sh.Pardeep Kumar Sharma S/o Lt.Sh.Dev Dutt Sharma R/o H.No.99, Near Shiv Mandir, Ajlt Colony, Camp Road, Talab Tollo, Jammu	Social Work	President
2	Sh. Hitesh Malhotra S/o Sh.Surinder Malhotra R/o H.No.164 1A, South Extn. Trikuta Nagar, Jammu.	Business	Vice President
3	Sh.Sourav Sharma5/o Sh.Pardeep Sharma R/o H.No.99, Near Shiv Mandir, Ajit Colony, Camp Road, Talab Tollo, Jammu	Social Work	General Secretary
4	Sh.Sonali Sharma W/o Sh.Gourav Sharma R/o R/o H.No.99, Near Shiv Mandir, Ajit Colony, Camp Road, Talab Tollo, Jammu	House Wife/ Social Service	Treasurer
5	Smt.Akshita Charak D/o Sh.Rakesh Singh Charak R/o Sec.No.7, Ext. Channi Himmat, Jammu.	Advocate	Legal Advisor
6	Sh.Ishan Sharma S/o Sh.Sushil Sharma R/o H.No.24, Gandu Chawni, Near Hari Singh School, Jammu.	Advocate	Legal Advisor
7	Sh.Rajinder Koul S/o Omakar Nath Kaul R/o H.No.325-P, L.No.01, Extn. Near Peer Baba, Trikuta Nagar, Jammu.	Executive Member	Business
8	Sh.Shumalini Goswami D/o Sh.Ganesh Goswami R/o H.No.11, L.No.2, Manroma Vihar, Bohri, Talab Tillo, Jammu.	Executive Member	Musician
9	Sh.Divyanshu Sharma S/o Rajinder Sharma S/o H.No.35, Rajinder Bazar, Jammu.	Executive Member	Business
_	Paulai forma		
	gistrar of Societies, 12,10,023. f Industries and Commerce,	DIP/J-96	647/23

## Annexure B

## Notice

Whereas vide this office advertisement notification No:-02 of 2023, Dated:-24-07-2023 applications for the post of Sanginis (Anganwadi Workers) were invited from the eligible female candidates for various vacant posts in Municipal/ Panchayat wards under the jurisdiction of Poshan Project Dansal.

Whereas after receiving application forms (6), scrutiny was conducted by the members of the selection committee as per laid down guidelines in the New Human Resource Policy issued vide Govt. order no:-222- JK SWD of 2022 Dated 30.11.2022 and provisional selection list has been framed at annexure A and objection notice at annexure B excluding 01 AWC (Bye Pass - B) where no application forms were received and it's date was extended.

Now therefore objections are invited with regard to residence/Ward No./date of birth etc from the general public/applicants of the concerned municipal/panchayat wards within 10 days from the date of issuance of this notice failing which no claim shall be entertained and the provisional selection list shall be treated as final without any further notice.

No: CDPO/D/1133/2023 Dated: 11-10-2023

**DIP/J-9590/23** 

(Member Secretary) **Child Development Project Officer** Dansal

		Sub	ject :- PROVISIONAL SE	LECTION LIST FOR	PUST OF SA	NGINIS (Ang	anwadi workers	J OF FOSI	in in in order				
0		Name of the Poshan Project	Name of Sanginis(AWWs)	D.O.B	Pa	arentage	Resid		Ward No.	Contact N		ne of AWC	Aadhar N
-	Jammu	Dansal	Sheema Bibi	21-04-2004	Shah Mohd	ł	Keran (T	arah)	5	941949000	3 Tarah B	ami	3165591598
	4				yat <b>Tarah</b> Ward W.No. <b>05</b> Anganwadi ost of Sanginis (Anganwadi Worker) in r			pect of I		roject Dan	nsal		
	S.No Name			e Resid	lence	D.O.B	Aadhar No.	Q Marks Obtained 12+2		Percentage 10+2	Points based on relative criteria of	Total	Remarks
1	Applica												
				Kerap /Tara	(b)	21-04-2004	316559159832	440	500	88.00	retiree	Points	
	1 Sheema Bib	Shah Mohd		Keran (Tara			316559159832 594396576802	440 324	500 500	88.00 64.80	retiree	Points	
	1 Sheema Bib 2 Kiran Devi	Shah Mohd Sham Singh		Tarah Kerar	n (	07-03-1996	594396576802				retiree	Points	
	1 Sheema Bib 2 Kiran Devi 3 Minakshi De	Shah Mohd Sham Singh vi Rounak Singh		Tarah Kerar Tarah (Barn	n ( 1i) (	07-03-1996 12-03-1999		324	500	64.80	retiree	Points	
	1 Sheema Bib 2 Kiran Devi	Shah Mohd Sham Singh vi Rounak Singh Raghbir Singh	Farman Ali	Tarah Kerar	n ( 1i) : 1i) (	07-03-1996 12-03-1999 01-05-1994	594396576802 608891688787	324 313	500 500	64.80 62.60	retiree	Points	



## AGENCIES

12

AHMEDABAD, OCT 14

Iyer's deep batting skills fielder. drowned Pakistan cap-Stadium here on Saturday. ropes.

The 192 runs target was unbeaten 53 at the end.

to the cleaners with his in just 10 overs. graceful batting display and masterful strokemaking.

deep backward square leg pretty soon and sending a was the highlight of Rohit's knock. His raucous innings with 7 wickets in hand and 19.3 overs to spare.

target as expected, and were left bemused of sur-They were reduced to 191 is where the neighbouring 8-0. giant lost.

a boundary of the first ball tling them for a paltry 191. in his comeback match, but did not stay for long. Pakistan's jinx remained He cut Shaheen Afridi's unbroken as Captain ball hard, but it landed Rohit Sharma and Shreyas into the hands of the point

tain Babar Azam's dreams were off to a great start India's bowlers were offto give his team the first- with Virat Kohli smacking the-mark, especially they ever win at the World Cup two consecutive boundar- carted away Mohammed ODIs, and it came about ies off Shaheen, but more in the easiests of ways for than anyone else, it was and were looking omi-India at Narendra Modi Rohit who fired over the nous.

never going to bother guns blazing, Kohli fell ies in his very first over, India's strong batting while trying to repeat the but he gave India the first lineup, and Rohit made it heroics at the other end. breakthrough by trapping happen with a splendid 86 He attempted an uncharruns, and Shreyas with his acteristic cross-batted shot Rohit was on song, Nevertheless, India were Imam to snick one behind taking the Pakistani pacers still on the top with 79/2

Rohit got to his fifty off boundaries. Pakistan were just 36 balls. After that, 73/2 and their most trust-Rohit and Shreyas started The trademark pull off to deal in sixes, hinting middle. Haris Rauf towering over at wrapping the match

strong message. ensured Shreyas dropped Rohit as he went into the anchor, but did not lose an anchor and guided India shot mode early and mis- opportunity to put away to a resounding victory cued it, but did an awe- loose balls to boundaries. some job for India. He It looked Pakistan were in hammered 86 off just 63 for a big total with the duo

Shubman Gill smashed ers shocked Pakistan, skit-

Modi govt concerned for devp of every region: Ashwani

Considering the start Pakistan got off to, it was quite extraordinary how they folded their innings for a total less than 200. The Pakistani batsmen got

Despite losing Gill, India off to a rollicking start as Siraj for few boundaries

While Rohit went all Siraj for three boundarand mistimed it to mid-on.

worthy pair was out in the Mohammad Rizwan held

fort and started accumu-Change of pace foxed lating runs. They dropped

Pakistan did not set the balls to put India com- at the crease. pletely on top. But there was a big Shreyas smacked a moment when Rizwan rendering to Indian bowl- boundary to bring up fifty was given out lbw against ers superexcellent efforts. and finished the job for Ravindra Jadeja, and India as they extended the looked out in real time, all out from 155/2, and that streak in the World Cup to but the batsman reviewed the decision and the TV

Earlier, the Indian bowl- umpire watched the ball missing the stumps.

DC reviews progress of ongoing developmental works in RDD Sector

## **JI NEWS SERVICE** UDHAMPUR, OCTOBER 14

ongoing developmental sector, Deputy Commissioner Udhampur Saloni Udhampur.

trict Development Comtiple RDD work schemes timeframes.

and programs, including MGNREGA, PMAY-G, ADP, progress of Amrit In an effort to assess the Sarovars, SBM-G advancecurrent status of various ments, estimates for CSC under SBM-G phase-II, projects in Rural Develop- material expenditure by ment Department (RDD) block, work progress up to the financial year 2023-24, and ensuring timely Rai conducted a com- payments, among other prehensive review meet- critical aspects. During ing with RDD officers at the meeting, BDOs were the DC Office Complex directed to prioritize the timely execution of all The meeting, attend- schemes while maintain-

ed by Additional Dis- ing a strong emphasis on quality and transparency. missioner, Ghan Sham The DC emphasized the Singh, Sub Divisional importance of adhering Magistrates, and Block to project timelines and Development Officers completing ongoing initia-(BDOs), focused on mul- tives within the stipulated

# SLCA organizes "2-days Training Program on De-addiction" for HS providers

#### **JI NEWS SERVICE** JAMMU, OCT 14

JKSPYM State Level Coordinating Agency organized "Two-days Training Program on De-addiction for Health Service Providers" at training hall, Govt. Maternity Hospi-Jammu on Oct 13th & Oct 14th, 2023 in collaboration with the National Insti-& Empowerment, Govt. of India. Nurses, MLHPs, Tutors, Counsellors, and pharmacists from district training program.

Training Program initiates with the inaugura- ment, Drug Addiction presented the certificates tion by Dr. Arun Sharma, in Women & Pregnant to all the participants.

tal, Gandhi Nagar GMC Medical Superintendent, Women, Introduction to tute of Social Defence, gram were from Psychi- duction to ASSIST tool, Ministry of Social Justice atric department, GMC, "Pharmacotherapy in Health Educators, Nursing two-days program were know)". Training program Samba, Kathua, Reasi and Overview of drugs, drug Medical Superintendent, Jammu took part in the addiction prevention and GMH, Gandhi Nagar, Dr.

Govt. Maternity Hospital, ASSIST Screening Tool, Gandhi Nagar. Resource how to use ASSIST Tool, persons for training pro- How to Score and intro-Jammu and GMH, Gandhi Drug Addiction (what Nagar. Topics covered in health workers should components of Nasha concluded with the certifi-Mukt Bharat Abhiyaan, cate distribution function. treatment, Principles of Arun Sharma & Program Drug Addiction Treat- Director, Ms. Pallavi Singh

# Ladakh's election verdict will be repeated in J&K giving a hard reality check to BJP: Sawhney

### **JI NEWS SERVICE** JAMMU

A pivotal meeting of the Congress party was held in Ward no. 19 of Gumat, Jammu East with the public and Congress members. Former Jammu and Kashmir Minister Yogesh Sawhney, District President Incharge Jammu (Urban) also attended the meeting which was organised by Sardari Lal and Ladakh's recent political developments, seen as a sharp return gift to the BJP for the Article 370 revocation and statehood chang-& Kashmir.



for the way Article 370 and of people will give a harsh statehood were handled," reality check to BJP. The Sawhney remarked. "I am Mannat Mehra. During the confident that the people in Ladakh, shows that meeting, the former Min- of Jammu & Kashmir will ister made a significant also give a sharp reply to wronged anymore. statement, asserting that the BJP through their votes

and collective actions." The revocation of Article 370 and the bifurcation of Jammu and Kashmir into two Union Territoes, would echo in Jammu ries in 2019 were done with doubtful mecha-The meeting, attend- nisms. While the governed by a diverse group of ment argued that these reflect the aspirations and political activists, com- moves would bring develmunity leaders, and local opment and integration, populace and their desire residents, focused on we know that they were for political change. The the party's goals for the meant to undermine the results in Ladakh serve region. Yogesh Sawhney region's special status as a reminder that public

BJP, winning only 2 seats people are not ready to be

The former Minister further emphasized that the recent electoral results in Ladakh, which witnessed a political shift away from the BJP, have set a crucial precedent for Jammu & Kashmir. He noted that these results sentiments of the local expressed his belief that and autonomy, he said. sentiment and local pref-Ladakh's response to the The impending electoral erences can shape the

# Sat, Neelam provide Wheel Chair to Divyang



JI NEWS SERVICE JAMMU, OCT 14

them the wheelchair at his Former Minister Sat Sharma CA, Municipal Councillor Ward No-40 Neelam Nargotra and sion Neelam Nargotra Mandal President BJP and Keshav Chopra said Talab Tillo Keshav Chopra that for BJP Nar sewa is provided Wheelchair to a Narayan sewa and we are specially abled person at committed to work for the Kabir Colony Talab Tillo. welfare of the needy sec-Speaking on the Occa- tions of the society. sion Sat Sharma said that

doorstep.We are always ready to serve the society. Speaking on the Occa-

team immediately took

the action and provided

Arun Dubey, Rahul Nar-



## Power shutdown JI NEWS SERVICE JAMMU, OCTOBER 14

Imam-ul-Haq smashed

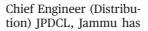
Abdullah Shafique (20) in

the stumps to KL Rahul for 36 off 38 balls with 6

Hardik Pandya forced

Captain Babar and

front in the 8th over.



#### **JI NEWS SERVICE** JAMMU, OCT 14

darbar.

Ashwani Sharma, 370 and 35 A. while interacting with upliftment.

years, his government posals.

has taken one historic decision after the other,

exclusively for Jammu and During weekly sitting at Kashmir and its people, party headquarter, Tri- which has brought many kuta Nagar, Jammu, BJP changes. He said that the senior leader and former erstwhile state of Jammu MLA, Ashwani Sharma lis- and Kashmir, now Union tened to the grievances of Territory has witnessed the people in the public historic development with the abrogation of Article

Modi government has the people in the public taken great step for full darbar, said that the BJP integration of J&K with as well as its government the rest of the country. at the centre under Prime Today, there is no sepa-Minister Narendra Modi, rate constitution and flag are concerned for the and national tricolor has development of every true honour here, which region and welfare of all is a big achievement, he the sections of the soci- said and added that J&K is ety. He said that BJP is the fast moving on the path of only political party whose peace, progress and proscadre is always at the perity. During the public doorsteps of the people darbar people from Kishtwithout any leave or holi- war, Laswara, Shangus, day and working tirelessly Bishnah and other areas to help every household highlighted their problem in availing the benefits of related to settlement of numerous schemes meant bank loan, construction for the socio-economic of road, regularisation of SPO, tile work, lane and Ashwani Sharma said drain in main bazaar Bish-

that Narendra Modi took nah. Their problems were over as Prime Minister of taken up with the senior India in 2014 and during officials of the concerned the last more than nine departments for early disinformed that the power supply to Industry Estate Digiana, Digiana, Jeevan Nagar, Babliyana, Raina Colony, Parts of Gangyal and adjoining areas will remain affected on Octo-

ber 15 from 8 am to 12 noon. Similarly, the power

supply to Tanda, Balli Gulaba, Sungal, Chowki Choura, Maira Maindrian and adjoining areas will remain affected on October 16 from 8 am to 12 noon. Likewise, the power supply to Thanamandi, Fatehpur, Behrote, Plangarh, Bawali, Shadra Shareif and adjoining areas will remain affected on October 17 from 9 am to 5 pm. Similarly, the power supply to Floura, M/C Domana, Machallian and adjoining areas will remain

affected on October 17 from 6 am to 10 am. Likewise, the power supply to Industry, DC Office, Bainglad, Raiyan, BSF, Mawa, PHE and adjoining areas will remain affected on October 15 from 6 am to 10 am.

Similarly, the power supply to SICOP, Birpur Complex, Bari Brahmana, Palli, Kothi Morh, Canal Road, Sevada and adjoining areas will remain affected on October 15 from 6 am to 12 noon.

Likewise, the power supply to Industrial area Bari Brahmana will remain affected on October 15 from 9 am to 9.30 am and 5 pm to 5.30 pm.

central government's developments and the political course, and that actions could set a prec- decisions of the electorate sentiment is against the edent for Jammu & Kash- will ultimately determine BJP for ruining the oppormir. "Ladakh has clearly the course of the region's tunities for all sections of shown its stance and sent a political journey, Sawhney society in erstwhile state, strong message to the BJP said, adding that majority he said.

this has come to our notice gotra, Abhishek Sharma, that Raj Kumar a resident Vikas Kumar, Manoj, of Kabeer Colony lost the Raman Sharma, Kaku, ability to walk and he has Saini and others were to go through the Dialy- also present during the sis twice in a week, Our programme.

# SKUAST-J organizes seminar on "Critical Stress Management through Positive Thinking, Scientific Meditation, and Stress Coping"

**JI NEWS SERVICE** JAMMU, OCT 14

Sher-e-Kashmir University of Agricultural Sciences and Technology of Jammu organized an important seminar on the crucial topic of "Critical Stress Management through Positive Thinking, Scientific Meditation, and Stress Coping" yesterday under the leadership of Prof. B. N. Tripathi, Vice Chancellor, SKUAST-Jammu and Chief Patron of the event. This event brought together a distinguished group of speakers and featured well-known indi-Dr. B. N. Tripathi, Vice Chancellor, SKUAST-Jammu who spoke about the fessor at IIT Jammu. Prof. critical issue of stress and the Crucial Role of sound Sleep for Managing Mental



viduals from the world of Former Vice Chancellor to happiness, as it empowin New Delhi and Dr. Amitash Ojha, Assistant Pro-J. P. Sharma spoke on Hap-

content and fulfilling exis-

dignitaries. The seminar of the notable speakers Stress management is the such as exercise, mind- to addressing and managincluded Dr. J. P. Sharma, key to unlocking the door fulness, and seeking sup- ing critical stress-related academia and healthcare. of SKUAST J; Dr. Mohit ers individuals to navigate navigate life's challenges world. This event was a The seminar began with Gupta, Professor of Cardi-life's challenges with resil- with resilience and com-significant step in fosteran opening address from ology at GB Pant Hospital ience and embrace a more posure. Dr. Amitash Ojha ing knowledge and stratetence. Dr. Mohit Gupta who, but who are you and promoting overall followed with an enlight- and through his candid well-being. The proceedening discussion Seven sharing of personal expe- ings of the seminar were piness is Happening and Transformation that will riences with stress, he conducted by Dr. Vivek M shared valuable insights Change your Life forever. made a profound contri- Arya, Associate Professor Health. He also expound on stress management He elaborated on stress bution to the seminar's & Organizing Secretary ed on the challenges and and achieving happiness, management, scientific discussions. He skillfully and vote of thanks was stress that students com- offering practical strate- meditation, and effective delved into various facets presented by Dr. Sanku monly face during their gies that attendees could ways to cope with stress of stress, impact on indi-Borkataki, Organizing academic journey. Some apply in their. He said and said Stress manage-viduals and strategies for Secretary of the seminar.

ment is managing it effectively. crucial for Earlier, Dr. Vikas Sharma, maintain- Prof. & Head, Soil Science ing physi- and Agricultural Chemcal and istry and PI, NAHEP-IDP m e n t a l welcomed all the dignitarhealth, ies and guests. Following with sci- this, a ceremonial lighting entific of the lamps marked the medita- auspicious beginning of tion offer- the event. All the statuing a pow- tory officers of the unierful tool versity were also present to reduce on the occasion. Also the stress. He seminar received enthuwas of the siastic participation from view that the faculty members effective and students of SKUAST c o p i n g Jammu, underscoring the strategies, university's commitment port, help individuals challenges in today's spoke on the topic Not gies for dealing with stress

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