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Start-ups reflect force shaping economy in the networked age: LG

JI NEWS SERVICE JAMMU, NOV 8

Jammu and Kashmir Lieutenant Governor Manoj Sinha on Wednesday reiterated that the administration is committed to creating a start-up ecosystem and ready to provide access to capital and other resources to start-ups and investors.

LG inaugurated 'Igniter' start-up festival of J&K organised by Jammu University in collaboration with J&K start-up associa-J&K Bank and J&K Rural Livelihood Mission.

brought together various puses are known as a istration is committed to stakeholders and investors liquid platform of ideas creating a start-up ecosyson one platform.

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tion, Tourism department, start-ups reflect the force realized", Sinha said while innovation and entreprethe networked age. Uni- here. The mega event has versity and college cam-

LG said that the adminand the best we can do is tem and is ready to pro-"I strongly believe to create an environment vide access to capital and facilities like so that great ideas can be other resources, fostering

shaping the economy in addressing the function neurship, and networking opportunities with other start-ups and investors.

"For an ideal entrepreneurial climate, it is important to provide

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ED gets 7-day custody of former J&K Minister Lal Singh arrested in money laundering case

JI NEWS SERVICE

JAMMU, NOV 8

A court here on Wednesday remanded former Jammu and Kashmir minister Lal Singh in seven-day custody of the Enforcement Directorate (ED), a day after the agency arrested him in a money laundering case.

Singh, the chairman of the Dogra Swabhiman Sangathan Party (DSSP), was arrested from a house in Chawadi area of Sainik Colony here on Tuesday evening within hours after a special court dismissed his anticipatory bail

Singh was under investigation of 14 days sought by the agency. by the Enforcement Directorate an educational trust run by his

Special public prosecutor Ash- the order. wani Khajuria said the arrested

accused was produced before the special court which granted the ED his seven-day remand instead

The special judge took note in connection with a case against of the complaint of physical discomfort made by the accused wife and former legislator Kanta and asked for his proper medical checkup, Khajuria said, quoting

Officials said Singh was shifted

to the Government Medical College (GMC) Hospital in the early hours of the day after he complained of uneasiness.

He was discharged from the hospital around 3 pm and straightway taken to the court.

However, Singh alleged that though he was taken to the hospital but was not given proper medical aid.

"I was present in the emergency ward of the hospital but was denied proper medical treatment and even my admit file was not prepared and several tests not done. They have compelled the doctors to say that it is me who refused to take a CT scan," he told reporters while being escorted to the court.

Scores of his supporters had assembled outside the hospital and chanted slogans against the BJP, claiming that their leader

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Will take India among top 3 ecomonies of world in my third tenure: PM Modi



JI NEWS SERVICE DAMOH, NOV 8

Prime Minister Narendra 2014, the country's econ-Modi on Wednesday said in his third tenure as PM, tion from 10th, leaving he will take the country behind the UK, which among the top three econ- ruled the country for omies in the world.

Addressing a public meeting in Madhya Pradesh's Damoh town ahead of the November 17 state assembly polls, Modi also said he will continue to fight against corrup-

People gave power to the Congress in Chhattisgarh and Rajasthan, but their chief ministers were found involved in "satta" (betting) and generating black money, he said. Modi said that after

omy climbed to 5th posi-

CONT. ON PAGE 4

award to Para Archers, coach



JI NEWS SERVICE JAMMU, NOV 8

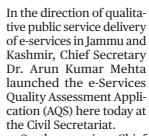
para archers Sheetal Devi culture in the Union Ter-

Jammu and Kashmir Lt excellence, saying their wheelchair-bound Kumar Governor Manoj Sinha strong winner's instinct at the Raj Bhawan here, on Wednesday honoured will popularize robust an official spokesman said.

and Rakesh Kumar and ritory. The award was coach Abhilasha Choud- presented to teenaged hary with certificate of armless archer Devi and

Assessment of quality of eServices

JI NEWS SERVICE JAMMU, NOVEMBER 8



On the occasion, Chief Secretary emphasized that the e-Services Qualtion (AQS) represents a back mechanisms and its ongoing assessment and substantial advancement ability to provide a com- improvement of e-servicin the government's efforts prehensive assessment of es. It aims to provide realto enhance the quality and all 1075 e-services under-time feedback and qualeffectiveness of e-services score the government's ity assurance for all 1075 offered to the citizens of unwavering commitment e-services offered by the Jammu and Kashmir.

Met predicts Rain, Snow in J&K on November 9-10



ity Assessment Applica- that AQS's real-time feedto delivering high-quality government Dr Mehta highlighted digital services to its con-

stituents. This initiative serves as a testament to the government's dedication to improving the citizen experience and ensuring transparency in governance.

Commissioner Secretary IT, Prerna Puri, informed that the AQS project is an indigenous initiative that empowers users to provide instant feedback through a mobile app dashboard, enabling them to contribute to the

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Artificial waterfall on river Tawi bridge likely to mesmerise Jammuities by Diwali

JI NEWS SERVICE JAMMU, NOV 8

As Jammu Smart City Limited (ISCL) is taking lot many initiatives for the beautification of Jammupopularly known as 'City of Temples'-as a part of this exercise, a first of its kind artificial waterfall is being introduced on River Tawi Bridge by an upcoming festival of Diwali.

The 1.75 cr worth waterfall is coming up not only to add on beautification initiatives being undertaken in Jammu but also to woo tourists visiting

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JI NEWS SERVICE SRINAGAR, NOV 8

Meteorological Centre Srinagar on Wednesday predicted widespread light to moderate rain or snowfall in Jammu and Kashmir on Thursday and Friday. MeT office said that the weather will mostly remain cloudy but dry on Wednesday but during the late evening there is a possibility of light rain or snowfall at isolated higher catchments of Jammu and Kashmir. It said that on

November 9 and 10 there is a possibility of widespread light to moderate rain or snowfall over the higher reaches of Jammu and Kashmir and Ladakh Union Ter-

ritory. "There is a possibility of 4-5 inches of snowfall on higher reaches of north western parts and the higher reaches, roads including Mughal road, Sinthan top, Razdan Pass and at Zojila pass while most parts of the plains will be lashed with rains throughout

the valley", the MeT office said. The weather will remain dry as there is no significant chance of any heavy precipitation from November 10 to 16, it said. Kashmir weather, an independent weather observer Faizan Arif told UNI that under the influence of an active Western Disturbance, widespread

The spell is expected to begin from Thursday afternoon, starting all-snow. Maximum

rain/snow is expected

in Jammu and Kashmir

between Thursday and

Friday.

from higher reaches, and then extending into plains by evening.

'There is a possibility of snowfall in Shopian plains in south Kashmir with a chance of 50 ? 60 percent", he said and added that "snowfall in surrounding plains also can't be ruled out".

Arif said snowfall is also expected in elevations above 2000 m.

Persistence of a heavy spell of rain in Shopian plains can lead the precipitation to change into

chances of snowfall, for plains, remain for Shopian district, followed by Kulgam district in south Kashmir.

"There are no expectations of snowfall in Srinagar as per the current weather conditions", he added.

The minimum temperature recorded at Srinagar, the summer capital of Jammu and Kashmir, on Wednesday at 2.0 degree Celsius, Qazigund 1.8, Pahalgam -0.6, Kupwara 1.8, Kokernag 3.8 and Gulmarg 1.5, the MeT office said.

'Double engine' states doing better than others: Dr Jitendra Singh

AGENCIES

JAIPUR, NOV 8

PMO, Personnel, Public dra Modi. Grievances, Pensions, "Double Engine" Governbetter than others.

said wherever there is a governments. Double Engine, the State

Atomic Energy and Space, unfortunate, he said, than don't want Rajasthan to Dr Jitendra Singh said that seeing the state of affairs go down the way of West in Congress ruled Rajastment States are doing han and comparing it with Addressing a public States of Uttar Pradesh and provided 12 crore cooking meeting here today, he Gujarat which have BJP

ment index due to more Bharat or Ujjwala scheme and, for the first time,

accountability and fine- in Rajasthan and compare tuning in implementa- it with Uttar Pradesh or tion of Centre's welfare Gujarat, where we are Union Minister of State schemes under the direct close to saturation point. (Independent Charge) Sci- monitoring and guidance People want development, ence & Technology, MoS of Prime Minister Naren- people want prosperity, people are sick and tired of Nothing can be more hollow promises, people Bengal or Delhi," he said.

Dr Jitendra Singh said immediately neighbouring the Modi Government has gas connections under the Ujjwala scheme, over Dr Jitendra Singh said, 10 crore toilets have been better on the develop- progress of Ayushman Swachh Bharat scheme Bharat scheme.



Dr Jitendra Singh said, top priority. In Rajasthan,

over 50 crore people are statistics prove States with for instance, more than Bharat. Double engine the responsibility of all of drawing health insurance Double Engine govern- 35,000 cases of Crimes Governments ensure coor- us to live up to the people's is seen to be performing "Just look at the tardy constructed under the benefits under Ayushman ments are also the States against Women were regwhere Law & Order is a istered in a year, he said.

"Uttar Pradesh is a shin-

"People of Rajasthan stream," he said.

don't want to deny themhe said. Everybody wants State.

ing example of how law- to be a part of this developlessness has been checked ment journey during the and for the first time crim- Amritkaal. People want inals have fear of being security, development under the watch of police," and growth in the state. he said. Dr Jitendra Singh Rajasthan too shall not be said, people of Rajasthan left behind, Rajasthan will have made up their mind. become part of the main-

Dr Jitendra Singh said, selves the benefits of the the common masses in Central Government's Rajasthan are keen to be a schemes. Under the lead- part of India's mainstream ership of PM Modi, we development journey led are on the path to a Viksit by PM Modi and it is now dination in implementa- expectation by electing a tion of welfare schemes, BJP led government in the

Weekly Block Diwas: DC Rajouri holds Public Outreach Camp in Thandikassi area

RAJOURI, NOVEMBER 8

tive and community-cen- dikassi to Chapper Galla, tered approach to address and addressing the water public concerns, Deputy scarcity issue in Padder. Commissioner Rajouri Vikas Kundal, today utilized this opportunity chaired a highly impact- to inform the public about ful public outreach camp various schemes and proin the Thandikassi area of grams aimed at improv-

Panjgrain block. The event facilitated well-being, encouraging a constructive dialogue active participation and where both the public the utilization of availand their representatives able benefits. The Deputy discussed a wide range Commissioner reaffirmed mented and would be missioner promptly the shortage of electric-piped water connections administration to contin-mad Khurshid; Assistant of issues, including the the commitment of the addressed through a addressed the road con- ity poles, Deputy Compressing need for road district administration to staged approach, with nectivity issue from the missioner Vikas Kundal district is the paramount accountability in deliver- ment, Vijay Kumar; Assisrepairs, the upgradation delivering quality essenand adequate staffing of tial services directly to playing a crucial role in school, instructing the ample number of poles government institutions, the people. He expressed addressing water scarcity, gratitude for the coland bolstering healthcare laborative efforts of all reach camp, the locals infrastructure, among stakeholders in achieving also expressed apprecia- ing issue of staff shortages other crucial topics.

tion of a road from the

for a boundary wall for HS Thandikassi, the construction of roads from Demonstrating a proac- Chawa to Broh and Than-

ing the community's Specific demands and encouraged them to able efforts of the district Commissioner has issued voiced during the event continue their hard work administration in imple- a directive to the CEO of

HS Thandikassi, the need public that their griev- changes brought about by growing demands.

Government officers

ances and concerns had these initiatives. been carefully docuconcerned departments main road to the high

resolving these issues.

The Deputy Comconcerned officer to expe-During the public out- dite its resolution.

In addressing the pressgovernment objectives tion for the commend- in schools, the Deputy main road to HS Thandi- Commissioner Vikas recognizing the signifi- need for a systematic staff of the community. kassi, the upgradation of Kundal assured the cant impact and positive rationalization to meet the

assured the public that an the RDSS scheme of the power sector. This commitment underscores the resolve of the administration to address critical this vital objective. infrastructure needs and included the construction for the common good. menting schemes under the Education Departing ensure reliable electricity

The Deputy Commis-

In response to the the public but also reafconcerns raised about firmed that delivering the dedication of the Planning Officer, Mohamto every household in the uous improvement and Commissioner Developfocus of the administration through the Jal Jeevan the people. would be provided under Mission (JJM). He emphasised that the administration is relentlessly work-

Furthermore, Deputy the Jal Jeevan Mission, ment, emphasizing the supply for the well-being ects are actively under-tion of numerous public Sharma; CDPO Manjakote, of Panjgrain, showcasing the Block Diwas initiative district and sectoral offisioner not only reassured the unwavering dedica- and commended the dis- cers.

tion of the administration trict administration's tire-

to the development and less efforts to find pracprogress of this strategic tical solutions to their concerns. This initiative The Deputy Commis- has proven to be an effecsioner also actively sought tive platform for fostering feedback regarding the direct interaction between implementation of vari- the general public and disous government schemes trict authorities, resulting in the area, displaying a in enhanced satisfaction strong commitment to and more efficient service ensuring the efficient delivery, embodying the execution of these pro- commitment of the Govgrams for the benefit of ernment to the welfare the community. This pro- of its citizens. The event active approach reflects was attended by the Chief ing essential services to tant Commissioner Panchayat, Sheraz Chowhan; Throughout the event, Chief Medical Officer, Dr swift and decisive actions Rajinder Sharma; Chief were taken to address Education Officer, Suling towards making every some issues on the spot, tana Kouser; Tehsildar possible effort to achieve making the Weekly Block Rajouri, Varinder Sharma; Diwas in Thandikassi a XEN PWD(R&B) Rajouri, He emphasized that a resounding success with Sardar Khan; XEN Jal multitude of vital proj- the discussion and resolu- Shakti Rajouri, Ashwini way in the border block issues. The public praised Israr Bukhari, and other

DC Reasi reviews achievements of Rural Development Department Emphasises on community works, their timely completion



JI NEWS SERVICE

REASI, NOVEMBER 8

Deputy Commissioner execution of different ground for benefit of the district. works under the Capex

the meeting, the ACD strictly adhering to qual- with regard to developapprised the Deputy ity parameters. Commissioner about the targets besides the physisioner emphasised on that deserving people should be properly uti- The meeting was attendcal and financial achieve- geo tagging of all assets can avail maximum ben- lised and also maintained. ed by ADDC, CPO, all

general population. He

ments registered so far and regular monitor- efits of the developmen-

officers to take stock of villagers so as to ensure institutions, tourist desti-

The Deputy Comalso stressed on creation missioner stressed that sioner was also apprised During the course of of durable assets while issues and bottlenecks about the status of Amrit mental works should be and MGNREGA assets. ACD and Pardeep Kumar The District Commis- resolved on priority so He directed that all assets ACP during the meeting.

under Capex Budget, ing of works for quality tal works and welfare SDP, NRLM, MGNREGA and time bound comple-schemes. He also urged tion. He underlined the the concerned officers a strong mechanism for The DC directed the importance of establish- to adopt an empathetic door to door collection Reasi, Vishesh Mahajan officers to work in tandem ing Community Sanitary and humane approach today convened a meet- and close coordination Complexes (CSCs) at while dealing with public ing of the Rural Develop- with the public represen- places of public impor- issues, adding he said that ment Department (RDD) tatives, PRI members and tance like educational the RDD personnel have a greater responsibility to physical and financial effective implementation nations and other far off address people's issues progress achieved in the of the welfare schemes on locations throughout the as they work at the grassroots level.

The Deputy Commis-

also reviewed the SBM Grameen progress and emphasised on ensuring the ODF Model plus status of the district sustainable. He asked the ACP to work out a mechanism whereby the plastic waste collected is processed and sold to end users to make waste economically beneficial for the locals. He also emphasised on ensuring of garbage and optimum utilisation of the assets created under SBM.

The Deputy Commissioner also assessed the preparation for the forthcoming Back to Village 5 programme in the district and issued instructions for its successful conduct.

Detailed presentations Sarovars, Shilaphalkams were made by Dr Anirudh During the meeting he BDOs and Engineers.

GHS Pranoo celebrates Parents Day



JI NEWS SERVICE DODA, NOVEMBER 8

Ahmed Wani, Principal were beautifully deco- of the students.

Government HSS Trown ty to interact with the par-

rated for the occasion, and a series of cultural programs and activities were organized to entertain and engage the parents. Students presented skits, songs, dance performances to showcase their talent and express their love and gratitude towards their parents.

The teachers and staff of the school also took this opportuni-

and Ramesh Babu Zonal ents and discuss the prog-Education Officer were ress and development of Parents day 2023 was cel- Guest of Honour, besides their children. The event ebrated at Government Parents, Teachers of GHS provided a platform for High School Pranoo with Pranoo, GHSS Trown and open communication and great enthusiasm and joy. GHSS Malothi and a large collaboration between the Chief Education officer, number of school children school and the parents, Parshotam Das Gouria was attended the celebration. fostering a strong partthe chief guest, Tanveer The school premises nership in the education

DC Pulwama leads preparations for B2V-5 programme

JI NEWS SERVICE

PULWAMA, NOVEMBER 8

The Deputy Commissioner (DC) Pulwama, Dr Basharat Qayoom in a proactive effort to ensure the success of the upcoming Back to Village-5 program, chaired a comprehensive review meeting at Circuit House Pulwama.

The program is scheduled to take place from November 9th to November 12th, 2023 in the district with training and orientation sessions held on November 7th and

During the meeting, Officers. the DC discussed various aspects of the program, ous deliverables expected counters and Common providing an overview of from different depart- Service Centre (CSC) countowards empowering local the responsibilities of the ments as part of the Back ters at every Panchayat. Visiting (Prabhari) Officers to Village-5 program. The This strategic move aims assigned to different Pan- focus was placed on the toenhance financial acces- of people in planning and



play a crucial role in con- ment schemes in addition ducting activities within to set deliverables for Prab-8th. During the Back to their designated Panchay- hari Officers (VOs) empha-Village-5 program, all the ats. The DC emphasized sising the program's role Visiting Officers shall visit the importance of involv- in empowering individuals the Panchayats allotted to ing all line departments in with the means to create them in two phases and the proceedings of Special sustainable livelihoods shall cover all 190 Pan- Gram Sabhas to be pre- and saturation of benefichayats across the district. sided over by the Visiting ciaries oriented Schemes.

The DC directed the He delved into the variestablishment of bank chayats. These officers will saturation of self-employ-sibility and digital services development.

for rural communities, fostering economic growth and development.

In a parallel effort to ensure that designated officers are well-prepared for their roles and responsibilities during village visits, a sensitization program was organized. This program served to familiarize officers with their duties and responsibilities while visiting the villages. The Back to Village-5

program is a cornerstone initiative by the Government to strengthen the connection between the district administration and the grassroots level, fostering development and enhancing the quality of life in rural areas. By involving all the Panchayats and focusing on selfemployment and financial accessibility, it promises to be a significant step communities and ensuring active participation

Doda Admin addresses important public issues at Block Diwas Outreach Programs

JI NEWS SERVICE DODA NOVEMBER 8

In an endeavor to better understand and address the concerns and grievances of the public, the district administration aegis of Weekly Block Diwas. The initiative prothe opportunity to voice their concerns, which departments for prompt resolution.

The Block Divas meetings took place at Panchayat Batoli, Block Halaran, Sub Division Thathri.

outreach program drew large gatherings of local vided local residents with residents. The block divas Batoli, Block Chilly, Sub Ashraf Pervez along with the members of PRIs and others representative of the public.

Throughout the day, Chilly, Sub Division a range of public issues benefits reach the people Gandoh, PWD Guest and demands were dis- without unnecessary House Baggar, Panchay- cussed, with some of delays, making the govat Karmail, Sub Divi- the most prominent ernance process more sion Assar, and Village concerns including efficient and responsive water supply, electric- to the needs of the comity supply, installation of munity.

The program held electric poles, upgrading at PWD Guest House of transformers, school Baggar, Panchayat infrastructure, road con-Karmail, Sub Division nectivity, and health-Assar was presided care centers. The discusover by SDM Lekh Raj, sions involved not only who listened to public the general public but issues and grievances. also members of PRIs, Doda on Wednesday He instructed the con- sarpanchs, panches, organised a series of cerned officers to ensure DDC Councillors, and public outreach pro- the prompt resolution BDC Chairpersons. The grams in different parts of the raised issues and gathered concerns were of the district under the grievances. The public directed to the respective officers and officials for speedy resolution.

The Block Divas events program at Panchayat held at different locations witnessed large gatherwere then forwarded to Division Gandoh was ings of local residents the relevant government chaired by the SDM who had the chance to present their genuine demands directly to district officers. This initiative aimed to ensure that government services and

DDMA Kishtwar approves 11 relief cases under **SDRF** norms

REFUGEE MESSAGE BUERAU KISHTWAR, NOVEMBER 8

District Disaster Management Committee Kishtwar on Wednesday approved 11 relief cases in favour of the disaster affected persons here at its meeting chaired by the Additional District Development Commissioner, (ADDC) Kishtwar Sham Lal.

The meeting was attended by SDM Chatroo, Showqat Hayat Matoo; DPO, Sunil Bhutyal; Tehsildar, Muneeb Umar; Accounts Officer DC Office. Imran Ahmed Kichloo; Tehsildar Paddar, Satish Rana; Tehsildar Drabshalla, ExEn PWD Kishtwar, ExEn PWD Chatroo, ExEn PWD, Chief Animal Husbandry Officer Ajaz Hussain besides others concerned.

Director Employment, J&K inaugurates Job Fair-2023 at DECC Shopian

SHOPIAN, NOVEMBER 8

and Counselling Centre ticipated. (DE&CC) Shopian today

Departments promoting upon all the stakeholders tor Employment, Hafsa sector employers. self-employment, reputed to utilise this opportunity Qayoom emphasized upon

15 Employers from differ-

Director Employment, schemes and try to be job (jakemp.nic.in) to get latest Nakashi Sons, Ikhwan youth/ jobseekers from cum Job Fair, wherein programme. Addressing seekers. Speaking on the related to vacancies put tional, Ashoka Leyland, ed in the event. Different Shopian for inspection opportunities to the maxi-

Motors, MY Car Automo- their stalls and sensitized ing Course 'Junior Softbiles, Bajaj Allianz etc. wit- youth regarding various ware Developer'. During private employers from to the maximum. He urged the unemployed youth ent sectors including com- nessed an overwhelming self-employment schemes the inspection, Director The District Employment different sectors also parthem to avail the benefits to register themselves panies like Peace Traders response from job seekers. available with their respecof various self-employment on employment portal & Co, Gulshan Agri India, Hundreds of unemployed tive departments. organised a Career Expo J&K presided over the providers rather than job updates and notifications Agencies, Royal Interna- district Shopian participat- ment, J&K visited the ITI sized them to utilise these

apart from allied Govt. the youth, he impressed occasion, Assistant Direc- up by private and public PitMan Institute, Fairdeal departments also put up of the ongoing Train- mum.

Employment, J&K held a detailed interaction with Also Director Employ- the students and empha-

Back to Village - 5.0

Director General IMPA & RD Visits Panchayat Badhori

JI NEWS SERVICE

SAMBA, NOVEMBER 8

Bipul Pathak, Director General, Institute of Management, Public Administration, and Rural Development (IMPA & RD) today visited Panchayat Badhori in Block Bari Brahmana of District Samba as part of the fifth phase of the Back to Village public outreach program.

Pathak received a warm welcome at the Panchayat. tives such as construction paign in industrial areas. He was accompanied by of Amrit Sarovar and the He advised against a Abhishek Sharma, Deputy Swachh Bharat Mission. Commissioner Samba; Suriya Begum, District functioning of different He also emphasized the Development Council member; Rajinder Singh, Additional District Develcers of the District admin-

es and suggestions. Some connections, Common ed stalls put up by differ-



people included the fenc- services. ing of the local pond, the praised government initia-

departments including importance of cleanliness health, Jal Shakti, Social in the Panchayat. Welfare, and Revenue interacted with the people, education department, from substance abuse. listening to their grievanc- functional household tap

Addressing the offirepair of lanes, and road cials, Pathak emphasised congestion. The locals the need to intensify the Nasha Mukt Bharat campatchwork approach in Pathak reviewed the the execution of works.

Together with the Panopment Commissioner; and sought status of the chayati Raj Institution Shehnaz Akhtar, Sarpanch Aayushman Bharat satu- members and officers, of Badhori and other offi-ration, Kisan Credit Card, Pathak took the Nasha PM KISAN Scheme, Social Mukt Bharat pledge, audit of Pradhan Mantri vowing to work towards During the visit, Pathak Awas Yojana, school making the Panchayat free

Earlier, the DG inspectof the issues raised by the Service Centre, and online ent departments to show-

case respective schemes aimed at socio- economic development of rural pop-

Later, he visited the Amrit Sarovar site and Santosh Janak dairy farm maintained with the help of the Animal Husbandry Department.

Certificates were distributed to women achievers of the Panchayat, and Kisan Credit Card term loan sanction letters to the eligible beneficiaries.

Pathak commended the district administration for the event's arrangements and expressed gratitude to the locals and PRIs for their participation. He emphasized the importance of such events for connecting with the people and gaining firsthand information about their genuine grievances.

He assured the people that their issues would be brought to the attention of the relevant authorities for

these rights in ensuring a

just and equitable prison

The said legal aware-

DLSA Ganderbal convenes final UTRC meeting

JI NEWS SERVICE

GANDERBAL, NOVEMBER 8

The District Legal Services Authority (DLSA) Ganderbal today convened the final Under Trial Review Committee (UTRC) meeting at District Court Ganderbal.

The meeting was conto the directives issued by the National Legal Services Authority (NLSA) and J&K Legal Services Authority (J&K LSA), ensuring all necessary precautions were taken. The meeting was

headed by Pr. District & Sessions Judge and Chairman District Legal Services Authority, Ritesh Kumar Dubey virtually and attended by Civil Judge (Sr. Division)/Secretary, DLSA Ganderbal, Nusrat Ali Hakak, Addl. derbal, Mushtaq Ahmad Simnani, Senior Superin-

ducted in strict adherence ally, Chief Prosecuting stressed the vital role of Officer, Shafat Ahmad, and Incharge Officer of Subsidiary Jail Dignibal.

> The primary objective of the UTRC meeting was were brought up in previdelivering timely justice, emphasized the importance of effective case monitoring.

During the meeting, the District Development committee reviewed the cess. Commissioner of Gan- advancements made in

the UTRC in guaranteeing timely justice delivery by closely monitoring the progress of the cases.

The meeting highlightto assess the progress ed that timely disposal of made on the cases that cases is crucial to uphold the principles of justice ous UTRC meetings and and ensure the rights to streamline the legal pro-

Borkar also joined virtu- pending cases. DLSA provision of legal aid and under-trial prisoners.

support to the undertrials. Efforts were made to identify cases that required special attention, such as those involving vulnerable sections of society or cases pending for an extended period.

Principal District and Sessions Judge and Secretary DLSA conveyed their gratitude and appreciation to all the members of the UTRC for their dedicated efforts and their continued support in overseeing the progress of the suggested cases in achieving the common goal of timely justice delivery.

They emphasized the assess the current status of of the undertrials. The importance of collaborathose cases. DLSA, in line importance of effective tive efforts and shared with its commitment to coordination between all vision for the betterment stakeholders, including of the under-trial system the police, prosecution, in Ganderbal and outlined judiciary, and legal aid the key objectives and services, was emphasized functions of the UTRC. They further highlighted the need for regular The committee also dis-reviews and assessments each case and discussed cussed the need for regular to expedite the legal prostrategies to ensure the monitoring and follow-up cesses and ensure the tendent of Police, Nikhil expeditious disposal of of the cases, including the rights and welfare of the

DLSA Ganderbal organizes a Legal Awareness programme on the rights of prisoners at Subjail Dignibal

JI NEWS SERVICE

GANDERBAL, NOVEMBER 8

The District Legal Services Authority (DLSA) Ganderbal, in collaboration with the Tehsil Legal Services Committee (TLSC) Ganderbal today organized a legal awareness programme on the rights of prisoners at Subjail Dignibal.

The programme was held on day six of Legal Services Week, under the guidance of Chairman DLSA, Ritesh Kumar Dubey, and the supervision of Secretary/Civil Iudge (Sr. Division), Nusrat Ali Hakak and Chairman gram focused on creating the inmates about their TLSC Ganderbal, Mohammad Waseem Mirza.

Week is being celebrated the legal procedures and He also shed light on the with the primary aim of provisions that safeguard various rights enshrined in extending legal support to individuals in need, judicial system. and this initiative by DLSA Ganderbal is a proactive Rather, resource person and access to legal aid. step towards fulfilling highlighted the rights of

awareness among prison- entitlements and the legal ers about their rights and mechanisms available The Legal Services educating them about for them to seek justice. their well-being within the national and international

Adv. Ghulam Rasool on rehabilitation, fair trial, this objective. The pro- prisoners, enlightening strated the significance of teers of DLSA Ganderbal.

ness programme provided a platform for inmates in Sub Jail Dignibal to gain a deeper understanding of their rights and explore avenues that would enable them to exercise those rights effectively.

As Legal Services Week continues, more impactful initiatives will be organized by DLSA Ganderbal and TLSC Ganderbal, further strengthening legal awareness and support for society.

These efforts will contribute to a fair and just legal system, fostering a society where everyone's rights are protected and respected.

The programme was legal frameworks, focusing attended by police officials along with numerous inmates from Sub jail Dignibal, Para Legal Volun-

Back to Village-5: DC Bandipora tours various panchayats, reviews arrangements

JI NEWS SERVICE

BANDIPORA, NOVEMBER 8

The Deputy Commissioner (DC) Bandipora Dr Owais Ahmad Wednesday conducted a comprehensive tour of several panchayats in connection with the commencement of fifth phase of Back to Village programme and took stock of ongoing activities in village panchayats.

The DC was accompanied by ADDC Bandipora Mohammad Ashraf Hakak, besides various officers and officials of the line departments.

Dr. Owais visited several panchayat halgas of Check cerned. Arsla (CA) Khan, Gundpora, and Garoora.

He first visited panchay-



public and visited development work sites along with officers. The DC also interacted with the students here. On the occasion, the DC was accompa-Mohiuddin besides BDC panchayats, including the Arin, PRIs, and BDO con-

The DC later visited panchayats of Gundpora and ing officers have been from the front to keep Garoora, where he inter- deployed at 50 Panchay- their panchayats garbage ats of CA Khan, where he acted with the visiting offiats under the first phase free and clean and should reviewed the arrange- cers, PRIs, and the general of B2V5 to ensure that conduct regular gram ments for the B2V-5 pro- public. On the occasion, they can voice the genu- sabhas for proper program. He interacted with the DC inspected middle ine issues being raised by jection of their genuine

able to the children.

Regarding the ongoing Back to Village (B2V-5) program, DC said that He said that youth clubs all stakeholders can voice must highlight youth cennied by DDC Arin Ghulam their opinion regarding tric issues in the ongoing development activities B2V5 program. and implementation of government schemes.

the visiting officers and school Garoora and took people in a transparent demands.

manner so that effective solutions can be undertaken as well as to review the implementation of welfare measures besides different government schemes on the ground and identify gap areas.

The DC appealed to people to come forward and participate enthusiastically in the program. Speaking about the involvement of youth, the DC said that youth have an important say in the course of development.

Interacting with the sarpanches and panches, DC He said that the visit- said that PRIs must lead

DC Doda sensitises officers about **B2V5 & Viksit Bharat Sankalp Yatra**

JI NEWS SERVICE DODA, NOVEMBER 8

The first round of Back to Village phase-5 programme has been announced in 92 panchayats chosen from various

The Prabhari Officers on the 10th of November pation. till evening before their return. The Prabhari Offirespective panchayats.

that the 2nd round of B2V5 Government efforts in shall be held on 14th & 15th improving the delivery of were asked to plan their of November and the 3rd village-specific services. activities to saturate their and final round shall be The B2V Programme is schemes in all the 237 taken up on the 15th and aimed at involving the panchayats of the district. 16th of November 2023.

Singh, while the respective rural areas. BDO shall be a single point

Officers of that Block.



The Back to Village It was further informed grass-roots so as to tailor gramme.

of contact for the Prabhari also sensitised Officers on besides saturating the cards and natural farming The information was Sankalp Yatra' to be sored schemes. During tives of the Yatra.

CD Blocks in Doda District. given in a meeting chaired launched in the UT from by Deputy Commissioner, 15th of November 2023. shall visit their respec- Harvinder Singh, who It was informed that the tive panchayats on 9th of urged the officers to condistrict will be divided into November, stay there for duct the programme in a two categories, one with the night, and continue festive manner to attract road connectivity and the their scheduled activities maximum public partici- other without road connectivity.

He effectively demon-

The awareness Van (B2V) Programme is the shall travel in the rural cers were sensitised about flagship public outreach, and urban areas. The their role and responsi- participation, and feed- Panchayats where road bilities during their visit back programme of the UT connectivity is not availand were given hands-on Government. During the able, BDOs shall devise a training on the different programme, the Prabhari special plan to show the formats to be filled online Officers shall visit their developmental schemes to and in the booklet being respective panchayats, the people through projecprovided to them before stay there for a specific tors, screens, and LEDs. they proceed to their period to interact and ADDC Doda shall be the obtain feedback from the nodal officer for the pro-

The District officers people and government Sankalp Yatra is a unique The overall nodal officer officials in a joint effort initiative of the union govfor the B2V5 in the district to deliver the mission of ernment to create awarewill be ADDC Doda Pran equitable development in ness and ensure Jan Bhagidari in the developmental DC, Harvinder Singh and welfare schemes, farmers on soil health upcoming 'Viksit Bharat entire centrally spon- will also be the key objec-

20 schemes including Jal Jeevan Mission, Ayushman Bharat Yojana, Pradhan Mantri Garib Kalyan Anna Yojana, Pradhan Mantri Mudra Yojana, Jan Dhan Yojana, PM Awas Yojana, PM PRANAM Yojana and Urea Subsidy Scheme will be showcased. Vans will travel to rural and urban areas, disseminating information through audio-visuals. One of the major components of this yatra is that it will not only disseminate information but also collect feedback about the schemes. During the Yatra, people will be able to share their experiences 'Kahaani Meri Zubaani'. Prime Minister's Mann ki Baat will be live telecast through these vans. In addition, a virtual question and answer session will be held with the Prime Minister.

the Yatra, key features of

On-the-spot services such as health camps, Aadhaar enrolment, MY BHARAT volunteer enrolment would also be facilitated during the Yatra. Krishi activities like drone demonstrations and interaction with progressive

Food Safety Department, Kashmir conducts Surprise raids JI NEWS SERVICE Safety & Standards Act, any address the concern of conquality of Food items can be

SRINAGAR, NOVEMBER 8

On a specific tip-off, a team of Food Safety wing of Drugs & Food Control Organization, Kashmir comprising Intelligent Cum Legal Cell and Food Safety Wing Srinagar today conducted surprise inspections of Bemina, Qamarwari and Dalgate

During the inspection, the team found two sweets and bakery manufacturing units operational in contravention of provisions of FSSA 2006, as the bakery and sweets items were being manufactured under unsanitary/ unhygienic conditions, both units were sealed. 1.5 quintals of sweets were seized and samples were forwarded to the Food testing laboratory for testing of quality and safety parameters. It was given out that the raids will continue in the coming days in view of the festive season to ensure quality sweets and other food items are avail-

able to the consumers. Meanwhile, Food Safety authorities have warned all the Food Business operators particularly those dealing with the manufacture of Sweets, Bakery item and milk & milk products to strictly adhere to the guidelines and provisions of Food

kind of deviation/violation sumers, and other stake- registered through a dedishall call strict penal action holders, complainants/ cated helpline (Toll Free No.

warranted under law. To grievances with regard to 104).

CANCELLATION / PARTIAL CANCELLATION / RESCHEDULING AND REGULATION OF TRAINS

It is notified for the information of rail passengers that Northern Railway will undertake the Power and traffic block for crossing of 132 KV transmission line over railway track at Kms 143/23-25 and 143/26-24 between Nilokheri-Amin stations and shadow block for launching of protection plates at KMs 88/35A-88/37A & 88/38A-36A between Panipat-Babarpur stations involving UP & DN lines both at a time on Delhi-Ambala section. To execute these works there will be blocks of different durations on 10.11.2023. During this period following trains will be effected as under :-

CANCELLATION OF TRAINS			
Train No. & Train Name	Date(s) from Originating Station		
12460/12459 Amritsar-New Delhi-Amritsar Express	10.11.2023		
04449 New Delhi-Kurukshetra EMU	10.11.2023		
04452 Kurukshetra-Delhi Jn. EMU	10.11.2023		
PARTIAL CANCELLATION OF TRAINS			

Train No. & Name	Short Terminate at/	Partially Cancelled	Date of cancellation	
	Short Originate from	between Stations	(from the Originating Station)	
11841 Khajuraho-Kurukshetra Exp.	at Panipat	Panipat-Kurukshetra	09.11.2023	
11842 Kurukshetra-Khajuraho Exp.	from Panipat	Kurukshetra-Panipat	10.11.2023	
DESCRIPTION OF TRAINS				

Train No. 22451 Bandra (T)-Amritsar Express will be rescheduled from Bandra (T) at 15.00 hrs. (180

minutes late) on 09.11.2023 Train No. 12046 Chandigarh-New Delhi Express will be rescheduled from Chandigarh at 14.05 hrs. (120

minutes late) on 10.11.2023

REGULATION OF TRAINS				
Regulation period between stations	Date(s) (from originating station)			
120 minutes between Adrsh Nagar Delhi-Panipat	09.11.2023			
70 minutes between Adrsh Nagar Delhi-Panipat	08.11.2023			
20 minutes between Adrsh Nagar Delhi-Panipat	09.11.2023			
80 minutes between Mohri-Kurukshetra	10.11.2023			
60 minutes between Mohri-Kurukshetra	10.11.2023			
50 minutes between Mohri-Kurukshetra	10.11.2023			
40 minutes between Mohri-Kurukshetra	10.11.2023			
	Regulation period between stations 120 minutes between Adrsh Nagar Delhi-Panipat 70 minutes between Adrsh Nagar Delhi-Panipat 20 minutes between Adrsh Nagar Delhi-Panipat 80 minutes between Mohri-Kurukshetra 60 minutes between Mohri-Kurukshetra 50 minutes between Mohri-Kurukshetra			

For any kind of information such as detailed Time-Table and stations enroute etc., passegers are requested to contact RailMadad Helpline No. 139 or visit Indian Railways website https://enquiry.indianrail.gov.in or NTES App







SERVING CUSTOMERS WITH A SMILE

Regional Transport Officer,

Traffic Violators: 300 Vehicles

Challaned, 24 Seized, and Rs 23

In a proactive move to enhance road safety and

enforce traffic regulations, the Motor Vehicles

department Jammu has taken stringent action

against traffic violators wherein 300 vehicles were

challaned, 24 vehicles were seized, and a substan-

tial sum of 3 lakhs was collected in fines, primarily

vision of R.T.O Jammu Pankaj Bhagotra and com-

prising of ARTO HQ, ARTO BOI (G), ARTO BOI(P),

ARTO Flying Squad and MVI's of Jammu district.

and adjoining rural areas. The special focus of the

drive was to book motorcyclists who were either

not wearing helmets or illegally using modified

these efforts for booking violators have been

instrumental in sending a strong message that

traffic violations will not be tolerated, and strict

action will be taken against those who flout the

rules. Headed that "Our priority is to make our

roads safer for everyone". We are resolute in our

commitment to enforce traffic regulations and

traffic laws and drive responsibly to prevent acci-

NCC Cadet Vikrant Sharma

The checking teams urges all citizens to respect

ensure that motorists adhere to them.

dents and save precious lives.

Addressing the public, RTO, Jammu said that

The drive was conducted in Akhnoor, R.S.Pura

The drive was launched under overall super-

from motorcyclists and Permit violators.

Jammu Cracks Down on

Lakh recovered as Fine

JI NEWS SERVICE

vehicles.

JAMMU, NOVEMBER 8

DGP visits Shopian, Pulwama

JI NEWS SERVICE JAMMU NOV 8

Director General of Police, J&K Shri R R Swain today visited the twin South Kashmir districts of Shopian and Pulwama where he chaired meetings with the senior officers of Army, CRPF and Police officers to take first hand review of the current security scenario of these districts.

The DGP was accompanied by the ADGP Law & Order J&K, Shri Vijay gence agencies in fight- stressed for generating Kumar and IGP Shri Vidhi ing the terrorism in South more human intelligence, Kumar Birdi. He was Kashmir. 'To uproot the adding that people's welreceived at these districts by the district SsP Shopian joint efforts of all are He impressed upon the & Pulwama. Ceremonial needed, adding that syner- officers to work with pro-Guards of honour were gy among the forces have fessionalism, sincerity and presented to the DGP, on to be enhanced to the next in a dedicated manner for his arrival in these dis-

ing enhancing coordina- for zero terror plans. He in creating a conducive tion between the forces directed for working on atmosphere in the UT and besides the intelligence plans for area domination to maintain it is a big chalagencies. People friendly on routine basis. Policing and security of the vulnerable popula- officers to be vigilant as the DGP also took stock tion was discussed. Plans the enemies of peace are of the working of the for zero terror and area looking for the chances Police Stations and their domination also remained to disrupt the peace. He requirements. He directed on the agenda of these said that the peaceful the officers to take care of meetings. The working of atmosphere in the Jammu jawans immediate needs, Police Stations and their & Kashmir has been so that they can discharge requirements was also dis- achieved after a lot of hard their duties without any



ings, the DGP J&K lauded

The DGP stressed upon work and sacrifices by difficulty.

Addressing these meet- Police & Security Forces.

While impressing for the good work and efforts the safety and security of forces and of intelli- of the people, Shri Swain terrorism totally more fare is our prime concern. level. He emphasised for the safety & security of all coordination among ranks the people. He said that In these meetings dis- at different levels in plan- JKP along with other sister cussions were held regard- ning and executing actions agencies have succeeded

During these meetings ADGP L&O, ADGP CRPF,

commences at Bandipora, Villages wear festive look

Phase Ist of B2V-5

BANDIPORA, NOVEMBER 8

The phase fifth of ambitious "Back to Village (B2V-5) programme of government of Jammu and Kashmir started today across Bandipora with much fanfare.

The meeting at Shop-

ian was attended by ADG

CRPF Shri Nalin Prabhat,

GoC Victor Force Major

General Balbir Singh,

IG Kashmir Ops CRPF

Shri Gyanendra Kumar

Verma, DIG SKR Shir

Rayees Mohammad Bhat,

Sector 02 Commander

Shri Anirudh Chohan,

DIG CRPF Shri Kulvinder

Singh Jaswal, SSP Shopian

Ms Tanushree, COs of 44

RR, 34 RR & 02 RR, COs

of 14th Bn CRPF & 178 Bn

CRPF and other senior

jurisdictional officers of

IGP Kashmir, IGP CRPF,

DIsG SKR & CRPF the

meeting was attended

by 5 Sector Commander,

SSP Pulwama Shri Mohd

Yousuf, Army Comman-

dants of 50 RR, 53 RR &

55 RR, Commandants of

CRPF 183 Bn. & 182 Bn.

At Pulwama besides

the district.

As many as 50 Gram Panchayats of the district were visited by Visiting Officers (VOs) deputed by district administration Bandipora.

The 'Back to Village 5' is

Early morning, the vis-

Later the officers viscare centres, Anganwadi centres, besides other offices and took stock of the services being provided to the public.

tion under public welfare schemes and employment generation schemes were conducted, Sports kits, Land passbooks, kits to women beneficiaries were provided by the visiting officers.

Additional Deputy Commissioner, Umar Shafi, visited the panchayats of Onagam, Panzigam and Aragam, ACR Bandipora Shabir Ahmad visited panchayats. Similarly other panchayats were also abuzz with different

The visiting officers will be interacting with the people at Panchayat level during their two day stay and take a firsthand account of the issues and problems of the people besides assessing the village development needs and will submit a detailed ited several government report to the district offices in the villages administration along with including schools, health- the detailed report for the grievances/ issues and their redressal.

In the similar way, public outreach camps were organized in designated villages of subdivision Sumbal and Gurez where visiting officers under B2V5 interacted with the local people under the overall super-

judged as Best Editor in **National Camp** JI NEWS SERVICE REASI, NOVEMBER 8

NCC Cadet Vikrant Sharma S/o Subash Kumar, a student of the Government General Zorawar Singh Memorial Degree College, Reasi, was judged as Best Editor of National Camp which was held in NCC Directorate, New Delhi from 26th October to 6th of November, 2023.

During the camp, Vikrant won 2 Gold Medals in Tug of War and Editing and one bronze in the Dogri Folk Dance Competition for which he was honored by Additional Director General (Sena Medal) Major General S.P. Vishwas Rao. About 500 NCC Cadets participated in the camp from J&K, Ladakh, and Delhi.

30-Day Women Tailor Training Programme by SBI-RSETI concludes at Kishtwar

JI NEWS SERVICE

KISHTWAR, NOVEMBER 8

The State Bank of India, Rural Self Employment Training Institute (SBI RSETI) Kishtwar, has successfully concluded a 30-day training programme on "Women Tailor" as part of its In Campus batch.

This training program saw the participation of 24 trainees from various areas in District Kishtwar, each eager to enhance their skills in tailoring.

During the closing ceremony, key dignitaries including Pankaj Bhadani, Lead District Manager (LDM) / Director Kishtwar, Manoj Kumar, Additional Deputy Commissioner (ACD) Kishtwar, and Nikhil Sharma, District Development Manager (DDM) NABARD Kishtwar, interacted with the trainees who had successfully completed the program. They provided valuable motivation and encouraged the trainees to embark on their journey of setting up their own entrepreneurial

Certificates of completion were also awarded to the participants, marking their achievement in the training program. Furthermore, twenty passbooks were handed over to the candidates, and all twenty trainees were covered under the Pradhan Mantri Suraksha Bima Yojana (PMSBY) Scheme, ensuring their safety and security.

LDM Kishtwar extended his best wishes to the trainees for their future success. He urged the trainees to become ambassadors of RSETI and actively share their experiences and knowledge in their respective areas. This way, more young individuals can take advantage of the training facilities offered by the institute and be inspired to establish profitable self-employment ventures.

Rs. 34k recovered from erring FBOs at Shopian

JI NEWS SERVICE SHOPIAN, NOVEMBER 8

The Court of Adjudicating Officer, Additional Deputy Commissioner (ADC), Shopian, Dr. Zakir Hussain Faaz today recovered a fine of Rs. 34000 from the erring Food Business Operators (FBOs)

During the hearing, the Adjudicating Officer disposed of 09 Cases of Food Business Operators (FBOs) for violation of the prescribed provisions/ norms of Food Safety and Standard Act and Rules and Regulations made there under (FSSA) and imposed and recovered a fine from them.

The FBOs of Shopian were warned against any kind of violation in future.

FROM THE FRONT PAGE...

Start-ups reflect force...

cross-campus collaboration, dedicated work space, mentorship programs, industry collaboration & vehicles for the people," he said. for innovation", he said.

He said that such an enabling environment and challenges will ignite new innovations and solutions.

"A great idea will always survive in the long run, (Agencies) if the entrepreneur takes into account the changes happening in the world in terms of market, customer preference, technology and timely execution of business plan", he said adding that competition for ideas and execution must start from the campus.

LG said that by unleashing the creativity of the students and budding entrepreneurs, we will be able to ensure high growth rate and direct benefits for Jammu and Intellectual property.

ED gets 7-day custody...

was being framed in a baseless case ahead of the Lok Sabha elections next year.

Singh, a two-time MP and three-time MLA, switched from the Congress to the BJP in 2014 and was also a medal in men's doubles compound open event. minister in the previous PDP-BJP government which collapsed in June 2018 after the national party pulled out of the alliance.

Singh resigned from the BJP and floated the DSSP, following an uproar over his participation in a rally in support of the accused in the rape and murder of an eight-vear-old girl in Kathua in January 2018.

However, he defended his participation in the rally stating that he was there to "defuse the situation".

Last month, the Enforcement Directorate had conducted searches in Jammu and its adjoining areas as part of the money laundering probe against the educational trust of Andotra and a former government official in connection with alleged irregularities in land purchase to set up the trust.

The federal agency had raided about eight premises in Jammu, Kathua and Punjab's Pathankot on October 17 in the case against RB Educational Trust, its chairperson and Ravinder S, a former revenue official.

The money laundering case stems from an October 2021 charge sheet filed by the CBI in this case which alleged criminal connivance in the issuance of land between January 4 and January 7, 2011, without mentioning details in respect of violation of the ceiling limit of 100 standard kanals imposed under Section 14 of the Jammu and Kashmir Agrarian Reforms Act, 1976, thereby giving undue pecuniary advantage to trust.

Based on this, the trust acquired multiple pieces of land of about 329 kanals vide three gift deeds executed on January 5 and January 7, 2011, the CBI charge sheet claimed. (Agencies)

Will take India among...

"In 2014, when we came to power, the country's economy was at the 10th position. Gradually it moved to 9th, 8th, 7th and 6th but nobody was talking about it. When it reached the 5th position and left behind the UK, which ruled the nation for 200 years, everybody was surprised and started looking at India," he said.

Modi said during his third tenure as PM, he will take the country's economy among the top three in the

The Lok Sabha elections are due next year.

The PM said if the Congress comes back to power, the "85 per cent commission system" will work in the states as once stated by a prime minister of that party.

Notably, former prime minister Rajiv Gandhi had said only 15 paise of every Re 1 released by the Centre reached the targeted beneficiary,.

Modi also said that Congress leaders are saying they will complain to the Election Commission about his promise to extend for five years the free ration scheme

for the poor people.

"Let them do this sin, I will continue to do good work

The prime minister also said he will continue to fight against corruption and asked people whether he should do so or not, to which they replied in the affirmative.

LG presents certificate...

Devi recently became the first woman to win two gold medals in a single edition of the recently held Asian Para Games in China. She clinched the women's individual compound gold on October 27 to add to the vellow metal she won in the compound mixed team Kashmir and the nation in terms of knowledge products event with Kumar the previous day at Hangzhou in

> It was a hat-trick of medals for the 16-year-old who holds her bow with her foot. She had also won silver in the women's doubles compound event.

> Kumar also secured a brilliant silver medal in men's individual compound archery event in a closely fought contest and also along with Suraj Singh clinched silver

While interacting with the prodigious para archers, the Lt Governor said their outstanding performance at the 4th Asian Para Games have inspired the youth and Several months before the fall of the government, the entire Union Territory is proud of them for bringing glory to the nation.

"The strong winner's instinct of Sheetal and Rakesh will popularize robust sports culture in J&K," Sinha said. The Lt Governor appreciated the efforts of Shri Mata

Vaishno Devi Shrine Board, coaches, and support staff of the academy for their contribution in promotion of sports in the Union Territory.

Principal Secretary to the Lt Governor, Mandeep Kumar Bhandari, and Chief Executive Officer, Shri Mata Vaishno Devi Shrine Board Anshul Garg were also pres ent on the occasion, the spokesman said.

CS launches Application...

of UT of I&K, a significant expansion over the 470 services available through the RAS. Additionally, the mobile app reflects citizens' feedback, offering valuable insights into the quality of e-services. It provides a holistic overview of the performance of various government departments involved in e-governance, added Commissioner/Secretary IT.

This innovative platform, developed by a team led by Taransh Sudan, Mir Suhail Ahmed and others under the supervision of the Jammu and Kashmir e-Governance Agency (JaKeGA), was declared as winner of e-services quality assessment software development challenge. During the event, a jingle was also launched to promote disseminating information about the Janbhagedari portal among citizens.

Among others, the inauguration was also attended by Commissioner Secretary, GAD, Sanjeev Verma; CEO of JaKeGA, Anuradha Gupta; State Informatics Officer (SIO), Saleem Khan; and other senior officers.

Artificial waterfall...

the 'City of Temples,' said an official.

"The first of its kind in Jammu and Kashmir, a bridge based waterfall at a cost of Rs 1.75 crore is coming on River Tawi Bridge," Rahul Yadav, Chief Executing Officer (CEO), Jammu Smart City Limited project said.

Yadav said, "the waterfall will surely woo tourists and attract passersby and it is expected to be made operational by the Diwali festival."

The Festival of Diwali is to be celebrated countrywide on November 12.

The fountain however, has been installed along the barrier and railing wall of the bridge, said an official adding, "the water of river Tawi will be lifted and will take the shape of a waterfall."

The length of the waterfall is 100 feet, he added.

panchayats of Naidkhai to take part in the activities being organised in these

scheduled to be conducted in three phases from November 08 to November 14, 2023

iting officers reported at their respective Panchayats and held interactions with the locals while the locals apprised them about their grievances, projected public demands and village needs.

They also inspected the ongoing works including Amrit Sarovar sites, JJM works and took stock of other developmental

tural activities, distribu- Magistrates.

Sports activities, cul- vision of Sub divisional

DC inaugurates 02 Day State-Level MDP at GMC Baramulla

JI NEWS SERVICE

BARAMULLA, NOVEMBER 8

The Deputy Commissioner (DC) Baramulla, Dr. Syed Sehrish Asgar today inaugurated 24th, two-day Statelevel Management Development Programme (MDP) for Doctors, Nursing and other healthcare professionals at the Government Medical College (GMC) Auditorium, Baramulla. The programme was organized by the Academy of Hospital Administration (AHA), India in collaboration with GMC and Associated Hospital Baramulla to bolster hospital management skills within the healthcare professionals.

Dr. Yashpal Sharma, President AHA; Prof. Ruby Reshi, Principal GMC Baramulla; Prof. Iffat Hassan, Principal GMC Handwara; Prof. Farhan Anjum, Principal GMC Anantnag among other dignitaries and healthcare professionals were present in the inaugural ceremony.

During the two-day program, healthcare professionals including doctors, nurses, paramedics and workers from GMC and other hospitals in the district will receive comprehensive training from AHA experts. This training will focus on skill development, patientcentric behavior, learning improvement, women empowerment among other areas for enhanced patient care in healthcare facilities.

Prof. Ruby Reshi in her welcome address congratulated the chief guest, dignitaries and delegates for being the part of the two days state level MDP at GMC Baramulla. The DC, who was the chief guest on the occasion, expressed her gratitude to AHA for hosting this skills training program at GMC. She emphasized the profound impact it would have on healthcare professionals in the district, enhancing their ability to carry out their duties with utmost effectiveness.

While acknowledging the crucial role played by healthcare professionals, the DC stressed the significance regarding their profession not just as a job, but as a dedicated service to humanity.

B2V-5 Programme in full swing across Baramulla

JI NEWS SERVICE

BARAMULLA, NOVEMBER 8

The fifth phase of the 'Back to Village' programme is in full swing across Baramulla district with all the visiting officers conducting public outreach programmes in all 101 Panchayats across the district to take on spot appraisal of the issues and grievances of people.

Various Panchayats in Pattan, Sopore, Tangmarg, Rafiabad, Uri, were covered today under the supervision of the visiting officers, listening to the aspirations of the people and taking feedback to ensure effective implementation of developmental schemes and highlight their issues and grievances to the higher ups.

During the programme, visiting officers held scores of Gram Sabhas and informed people about the centrally sponsored and state-run schemes for the welfare of the general public.

Meanwhile, for the successful and smooth conduct of Phase 5th of the Back to Village programme, Deputy Commissioner Baramulla, Dr Syed Sehrish Asgar has directed all departments to work in coordinated approach during a preparatory meeting recently held to discuss its action plan.

Science, Technology& Innovation **Council hosts Science Model Exhibition at GHSS Jaganoo**

JI NEWS SERVICE UDHAMPUR, NOVEMBER 8

J&K Science, Technology and Innovation Council, Department of Science and Technology Udhampur, in collaboration with Gov-

ernment Hr. Sec School Jaganoo, on Wednesday organised a one day Science Model Exhibition on the theme "GREEN INNO-VATION AND SUSTAIN-ABLE FUTURE."

The program was inaugurated by Geetu Bangotra, Chief Education Officer Udhampur who graced the occasion as Chief Guest, while Darshan Kumar, Assistant Director Planning was the Guest of honour.

Students from different schools of complex HSS Jaganoo came up With their models escorted by their guide teachers. They beautifully explained the concepts of their models for their hard work and er Zoology, HSS Jaganoo to the chief guest and other guests apart from of school and students. judges throwing light on the importance of Green cipal Govt. HSS Jaganoo Rani in coordination with Energy for a sustainable welcomed the Chief Guest Shruti Khanna, District

Speaking on the occastressed on the impor- address She thanked the to be executed. tance of sustainability in Chief Education Officer the coming time and how for her immense presence brief introduction of the science exhibitions help on the occasion and also program and spoke how in igniting the minds of gave a brief account of the young children for cre- school functioning for all mately help in realising ative works. She along round development of the the skills of critical thinkwith guest of honour and students. She also thanked ing, creativity, collabora-Principal HSS Jaganoo Shruti Khanna District tion, communication as visited the different stalls Coordinator Department per NEP 2020 and making of the Science Exhibition of Science & Technology and interacted with the for initiating the efforts of and effective by actually



the efforts by the Principal nizing such events. and staff of HSS Jaganoo

Earlier, Sushi Rani, Prinstudents. She also lauded the department for orga-relating the classroom participants

Kuldeep Gupta Lecturdedication in the interest coordinated the whole program under the supervision of Principal, Sushi and other guests, partici- Coordinator, Department pants from different insti- of Science and Technology sion, the chief guest tutions. In her welcome who brought the program

Kuldeep Gupta gave a Science exhibitions ultiteaching learning joyful

teaching to real life situa-

The judgment team consisted of Renu Kotwal, Sr lecturer Physics, Boys HSS Udhampur, Rashpal Singh, Sr. Lecturer Zoology, HSS Garh Dhamma and Atul Kashyap Sr. Lecturer Botany, HSS Swena.

The winners in the exhibition were given cash prizes as a token of appreciation as first, second and third category and consolation prizes to the participating schools. Final vote of thanks was presented by Samsher Singh Sr Lecturer Physics and Vice Principal, HSS Jaganoo, who in his speech thanked all the guests and

GDC Ramgarh organises awareness programme on "Fire Safety Management"



JI NEWS SERVICE

SAMBA, NOVEMBER 8

Government Degree College Ramgarh on Wednesday organised an awareness Programme on "Fire Safety Management" in collaboration with Fire & Emergency Services Department". The event was organised under the supervision of Prof. (Dr.) Geetanjali Andotra, Principal of the College.

The awareness programme was organized by IQAC of the College under the students of the College the convenorship of Dr. Aditi Khajuria.

The event commenced with a Lecture cum Interactive Session, with Ashwani Dubey, Incharge Fire Station Swankha as Extinguishers, Techniques and Equipment young generation. being used in Fire Fighting operations. He also gave a live demonstration on preof accidental fires and Kumari.

how to deal with accidental fires in LPG cylinders

The demonstration team comprised of Vijay Kumar (Head Constable), Satpaul (Constable), Tilak Raj (Constable) and Simranjeet (Constable) In her concluding

address, Prof. (Dr.) Geetanjali Andotra highlighted the importance of the awareness programmes being organized by Fire & Emergency Services Demanded. She said that will be highly benefitted through this programme as it will foster a sense of Collective responsibility and ensure disaster preparedness to safeguard homes and communities. the esource Peson. He She appreciated Departapprised the students ment of Fire & Emergenabout the types of Fire cy Services Swankha for organising such events for

All the faculty members witnessed the event. The programme was co-ordivention and management nated by Prof. Sandeep

Day 02 of B2V-5 Special Secretary Education, other VOs interact with people, inspect developmental projects at Kulgam



JI NEWS SERVICE

KULGAM, NOVEMBER 8

Jammu and Kashmir UT government's ambitious 'Back to Village (B2V5)' Programme continued on day two in 84 Panchayats of the district.

During the programme, Prabhari Officers interacted with the public in these took review of previous schemes were also conand current year deliver- ducted. ables with special focus with respect to improvgreater accessibility.

able in Pahloo Panchayat in these panchayats. also interacted with the development.

pleas of people, and also designated panchayats.

took stock of pace and progress of developmental scenarios of these pan-

Several cultural programmes and sports activities were also carried out, wherein youth and students participated in large numbers.

Awareness sessions on various self-employ-84 panchayats and underment and other welfare

Meanwhile, the Additional District Developing e-services penetration ment Commissioner, and user experience for Showkat Ahmad Rather also visited several Pan-Special Secretary Edu- chayats in the district and cation, Naseer Ahmad took stock of arrange-Wani who remained avail- ments and proceedings

It was informed that people and took stock of there are total 178 panchayats in the district and He along with other outreach programme was officers also inspected conducted in 84 panchayvarious developmental ats in phase 1, and from projects and took stock of 9th November more 94 pace and progress of these panchayats will be covworks. Prabhari Officers ered where the Visiting in other panchayats also Officers (VOs)/ Prabhari gave patient hearing to Officers will visit their

DC Udhampur presides over Public Outreach Program at Kulwanta



UDHAMPUR, NOVEMBER 8

Udhampur, Saloni Rai weekly Block Diwas Public ing drinking water facilioutreach camp at Pan-ties in R C Peak, addressing chayat Ghar Keya after a unscheduled power cuts tour of at Block Kulwanta in Block Kulwanta and the of Tehsil Ramnagar and construction of a Sports listened to public issues.

BDC Chairman, Sushma

antgarh road, adequate nism. staff in health centers and dation of Government the UT Government.

High School Kulwanta to GHSS, upgradation of High School Chigla Balota to a Deputy Commissioner, higher secondary level, promotion of the area on presided over the tourism map, provid-Stadium in Kulwanta.

The DC emphasized Devi; DDC member, Ashri that the main objective of Devi; ADDC, Ghan Sham this Block Diwas is to gain Singh; SDM, Ramnagar a firsthand appraisal of Shishir Gupta; ACD, Dr. important grassroots-lev-Ranjeet Singh Kotwal and el issues. She stated that other senior officers, along such platforms enable the with PRI members and a District administration to large number of people understand the multifachailing from adjoining eted problems faced by panchayats attended the the general public. These outreach camps facilitate They highlighted sev- bringing governance to eral demands and prob- the doorstep of the public, lems, seeking repair of thus improving the public the Ramnagar Dudu-Bas- service delivery mecha-

During the program, educational institutions, many grievances were conversion of Ayurvedic redressed on the spot Hospital Kulwanta into an through interventions Allopathy Hospital, elec- and directions to officers trification of remaining from concerned departhouseholds in the area, ments. The DC urged officonstruction of a bridge cers to make people aware over Nallah Ujh to connect of income-generating the Silla area, registration and beneficiary-oriented of left-out cases under schemes launched by the the PMAY scheme, upgra- Government of India and

DC Reasi chairs Mega Block Diwas at Sub-Division Mahore

JI NEWS SERVICE REASL NOVEMBER 8

Deputy Commissioner (DC) Reasi, Vishesh Paul Mahajan on Wednesday chaired the proceedings of Mega Block Diwas at Sub-Division Headquarters Mahore.

Among others, DDC Vice Chairperson, Sajra Qadir; DDC Mahore A, Jenab Israel; BDC Mahore, Shahida Parveen; BDC Chassana, Mohd. Razaq; being implemented in this District Officers, Engineers, Sectoral Officers, a large number of local residents of different vilthe public out-reach pro-

Commissioner Vishesh facilities and electrifica-Paul Mahajan was welcomed in a traditional way winter months. with 'Tikka' followed by

Reasi inspected stalls of intervention in acceleratof various departments which was evident from the people are minimised. ous departments.



On the occasion, PRIs Sub Division level officers, and local residents of dif-Sarpanches, Panches and ferent villages of Sub-Division Mahore apprised the Deputy Commissioner lages of Mahore, Chassana about their wide range and Gulabgarh attended of demands. The public as well as PRIs primarily raised the issue of road At the outset, Deputy connectivity, healthcare tion of villages during

The public of Mahore frame. the escort of NCC cadets. expressed gratitude to the Deputy Commissioner DC and sought his keen

the selection of Sub-Division Mahore for his maiden Block Diwas in the

District Reasi. hearing to the public and PRIs, the Deputy Commissioner assured that all shall be looked into on priority.

He said that all works of UT Capex and District local population and PRIs Capex shall be completed within the stipulated time

The Deputy Commissioner said that administration is making every Reasi was accompanied different departments and ing the development of effort so that Mahore Sub by ACD Reasi, ACP Reasi, was acquainted with the the area. He was praised division looks lively this SDM Dharmari, CEO Reasi schemes and programmes for his proactive approach winter and difficulties of and other officers of vari-

sioner directed all employees to be sincere towards their duties and monitoring will be keen and regular in both offline and online mode. He further assured people that their concerns have reached the concerned authorities and will be resolved on prior-

The Deputy Commis-

On the occasion, the Deputy Commissioner assured the local populace of resolving all their genuine demands.

He urged the local residents, PRIs and Civil Soci-After giving patient ety to co-operate with law enforcing agencies to put a complete check on drug menace so that lives their genuine demands of youth are saved from harmful effects of drugs.

Block Diwas at Mahore had a huge response from who appreciated the Deputy Commissioner for bringing District adminis-

tration on their door steps. **Deputy Commissioner**

District Admin Ganderbal holds mega **Block Diwas at Lar**



JI NEWS SERVICE GANDERBAL, NOVEMBER 8

The District Administration Ganderbal today held and Lalmarg areas. a productive Block Diwas derbal, Shyambir.

pation of PRI representa- promote tourism. tives and people from the the community.

management of garbage tourism promotion. collection, improvement

extended special thanks ments.

for her significant role in the development initiatives in the Mohanmarg The DDC emphasized

to the DDC Chairperson

event at Tehsil Office the importance of enhanc-Complex Lar, co-chaired ing tourism infrastructure by DDC Chairperson Gan- and maintaining cleanliderbal, NuzhatIshfaq and ness in the region. He District Development urged the community Commissioner (DDC) Gan- members to take responsibility for their sur-The gathering wit-roundings, making them nessed the active particiaesthetically appealing to

Furthermore, the DDC local community, who stressed the importance commended the dedicat- of collecting garbage dised efforts of the district posal charges from resiadministration and vari- dents, underscoring its ous departments, and also role in maintaining the apprised the DDC about cleanliness and hygiene of various issues confronting the area. He called upon the people to actively Among the concerns contribute to the bettervoiced were the need for ment of their locality, playground development, encouraging everyone to access to clean water, fre- work together to create an quent electricity cuts, environment conducive to

Among others, the of sumo services, and program was attended by addressing grazing issues. ADDC, Mushtaq Ahmad In response, the DDC Simnani; ADC, Gulzar expressed his gratitude Ahmad; CPO and several to all attendees for their other district and sectoral active participation. He officers of various depart-

DC Reasi reviews health sector services

JI NEWS SERVICE REASI, NOVEMBER 8

today chaired a meeting to evaluate the status of the health services in the district.

Central to the discussions were strategies for the fortification of Primary Programme (NTEP). Health Centers and Community Health Centers.

detailed review of achieve- utmost dedication and ments under health sector honesty adding that the into the healthcare needs schemes, functioning of people have direct concern of residents. health institutions, infra- with the health facilities

and the healthcare facili- sector. ties being extended to the Deputy Commissioner patients. He also reviewed Reasi Vishesh Mahajan progress under Ayushman provide comprehensive directive to ensure the Bharat, PMJAY SEHAT, and Vacancy position of all categories, Routine Immunization Programme, NCD Programme and National **Tuberculosis Elimination**

Addressing the meeting, the DC stressed upon The DC Reasi took a the officers to work with

details about all Primary Health Centers (PHC) and (CHC) operating in the district. trict. He was further directed to conduct a thorough health survey of every ity health services to the household in the district. people of the district and This survey will assess different medical issues and team of doctors to visit provide valuable insights Mahore and far flung areas

In a significant move not suffer anymore.

structure up-gradation being the most sensitive aimed at promoting health and hygiene in educational The Chief Medical Offi- institutions, the Deputy cer (CMO) was asked to Commissioner issued a installation of sanitary pad dispensing machines in all Community Health Centers schools and colleges across

The DC also said that to provide better and qualdirected to constitute a on every Thursday and Saturday so that patients may

JI NEWS SERVICE JAMMU NOVEMBER 8

A Grievances redressal cum Awareness Camp is being organized from Nov 16 to Nov 18-2023 in all the District Fund Offices of Jammu Division to address the grievances of subscribers/ex-subscribers regarding the General Provident Fund/State Life Insurance.

Fund Organization hosts 3- Day

Awareness Camp from Nov 16 to

18 across Jammu Division

The subscribers can visit the respective Fund Offices during the scheduled days in office hours for on-spot redressal of their grievances.

EDITORIAL

Bring harmony in relations

n modern day India, the tussle between the Raj Bhawan and the Chief Minister office is not new. It has become a new norm where two sides are engaged in a bitter fight over key constitutional issues, taking the routine and normal governance for a ride. Many times, this battle reaches the Apex Court which has now expressed serious concern over this phenomenon. In this series, the prolonged tussle between the Punjab Governor and the Chief Minister recently reached the Supreme Court where the latter has reminded governors that they are not elected representatives of the people. A Bench headed by the CJI Dhananjaya Yeshwant Chandrachud has maintained that governors must act on Bills before the matter reaches the Apex Court. The Punjab government has accused the Governor of sitting on several Bills, including those related to fiscal management and education. The Court while asking both the Governor and the Chief Minister to do soul-searching also rapped the state government for reconvening the Assembly, which was adjourned sine die in March, as an 'extension' of the Budget session. The June 19-20 session had been termed 'patently illegal' by the Governor. Such bitter confrontations between constitutional functionaries are being witnessed in some other states too, particularly those where the ruling party at the Centre is not in power. It inevitably takes the governance a hit when the Governor and the CM fail to see eye to eye on important matters concerning the state. Recently, the Kerala government has also approached the Supreme Court against the Governor over an inordinate delay in granting assent to Bills. The Governor, in turn, has accused the state government of 'using the legislature for purposes other than what it is meant for and keeping him in the dark on various issues'. The two sides must bear in mind that a cordial relationship between the Constitutional functionaries including the Governor and the CM is a prerequisite for smooth conduct of the state's affairs. Any discord between two only affects the governance and ultimately, the real stakeholders, common masses, remain at the receiving end of it. They must remember that the interests of the state and its people are bound to be compromised if the two remain at loggerheads. While there is a perception that some governors are indulging in political one-upmanship at the Centre's behest does not bode well for democracy, the Chief Minister office, particularly those belonging to the opposition must also ensure that they should work in coordination with the Raj Bhawan for the betterment of the society. The Chief Ministers should also bear in mind that though they are elected representatives of the people, they should not ride roughshod over the Governors' objections and reservations. It is anticipated that the Supreme Court's advice may bring some harmony among the Raj Bhawan and the Chief Minister's offices to ensure that governance does not take a hit.

Conditional Relationships: Trust Lost

ARSHAD KHAN

values and traditions can be left behind. One such and experience relationtradition is the selflessness ships in this modern age. and sincerity that defined The concept of "modernrelationships in the past. Our grandparents often be increasingly governed shared stories of a bygone era, when relationships were not based on "give and take," but on compassion and genuine care. In those days, people prioritized the well-being of their loved ones above all else. They displayed a profound tion, has taken a back seat, sense of empathy and selflessness, always willing to our collective consciouslend a helping hand or offer ness. Instead, relationships support without expecting are now frequently evaluanything in return. Relationships were built on a foundation of trust, respect, and unconditional love. People genuinely cared the rise of highly conditionfor one another, going out al relationships. of their way to ensure the happiness and comfort of a deep understanding that a successful relationship required effort, sacrifice, the other person thrive. In possessions or superficial of emotional connection well-being. Though times have changed, the values that once defined relationships serve as a reminder of

As I cast my gaze upon the decline of authenticity the world that surrounds in relationships. It is essenn a world driven by time us today, I cannot help but and progress, certain be struck by the stark conday relationships" seems to by a culture of reciprocity, where every favor or gesture is meticulously scrutinized and meticulously balanced against an invisible mental scale. The purity of sincerity, once a guiding force in the realm of human connecrelegated to the shadows of ated and measured against certain predetermined "parameters," creating an environment that fosters The shift we are currently

experiencing is of great magtheir partners. There was nitude and requires a deep exploration of the intricate details that form the foundation of our society. and a genuine desire to see One crucial aspect to consider is the rapid developthis era, relationships were ment of technology, which not measured by material has undeniably played a significant role in shaping gestures, but by the depth our interactions. The emergence of social media platand the unwavering comforms and the widespread mitment to each other's use of smartphones have fundamentally transformed the way we communicate as of selflessness and sincerity human beings. These technological advancements have brought people closer the importance of genuine together in certain ways, care and compassion in our but they have also unintion and acceptance in the

tial to acknowledge that the convenience and accessibility offered by social media and smartphones have altered the dynamics of human connection. While these advancements have facilitated instant communication and the ability to connect with others across vast distances, they have also created a space where superficial interactions and curated personas prevail. The constant exposure to carefully crafted online identities has made it increasingly challenging to discern genuine connections from mere appearances. As a result, the erosion of sincerity in relationships has become a concerning consequence of this technological revolution. Understanding the impact of these advancements is crucial in comprehending the full scope of the societal shift we

are currently undergoing. In the digital age, virtual connections dominate, blurring the lines between authenticity and artifice. Online personas are meticulously crafted, often bearing little resemblance to true selves. The virtual realm prioritizes validation and acceptance, fostering a culture of superficiality. Likes, comments, and followers take precedence over genuine human connection. Relationships become transactions, measured by the number of virtual accolades. The pursuit of valida-

scape where authenticity personal gain rather than others, we can rebuild the is sacrificed for the sake of mutual support and under-sanctity of relationships and popularity. People carefully curate their online personas, presenting an idealized version of themselves that may not align with reality. The desire for likes, comments, and followers drives individuals to prioritize superficial interactions over meaningful connections. In this digital landscape, relationships are reduced to mere transactions, where the value of an interaction is measured solely by its ability to garner virtual accolades. The pursuit of validation and acceptance in the virtual realm has created a culture where authenticity is often overshadowed and social validation.

material wealth and personal success has signifithat highly values individual of selflessness and genuine care for others has been desire for personal gain. This prevailing mindset of for the altruistic values that with individuals prioritizing their own needs and ambiof others. This transformation has led to a decrease tentionally contributed to digital age has led to a land- focus has shifted towards well-being and happiness of test of time.

ing to invest in the emotional and social aspects of their connections with others. The pursuit of material wealth and personal success has undoubtedly played a pivotal role in reshaping the nature of relationships, leading to a society that prioritizes individual achievement over genuine care and

selflessness. change and shifting values, it is crucial to reflect upon the consequences of our us to reevaluate our prioriessence of human connecine and selfless relationrelationships have shifted, energy if they receive something in return, has resulted

standing. Consequently, the create a more harmonious quality of relationships has society. It is through a colbeen compromised, with lective effort, where each individuals becoming more individual takes responsiself-centered and less will- bility for their actions and strives to be more empathetic and understanding, that we can hope to restore the true essence of human connection in this everevolving world.

As we navigate the uncharted waters of the modern age, it is crucial that we remain steadfast in upholding the values and traditions that have In this era of rapid guided us for centuries. The selflessness and sincerity that once characterized our relationships may by the desire for popularity actions and the impact have been overshadowed they have on the relation- by a culture focused on The relentless pursuit of ships we hold dear. The reciprocity and condierosion of sincerity and the tional connections, but it rise of highly conditional is important to note that cantly impacted the nature relationships should serve these qualities are not lost of relationships. In a society as a wake-up call, urging forever. We must acknowledge the profound impact achievement, the concept ties and rediscover the true of technology, materialism, and societal prestion. The fast-paced nature sures on our relationships overshadowed by a strong of our modern world has in order to rebuild the led to a decline in genu- foundations of compassion and genuine care. By "every man for himself" has ships, as people become doing so, we can strive to deeply permeated our relamore focused on their own create a world where the tionships, leaving little space needs and desires. This shift worth of relationships is towards conditional rela- not measured by a mere were once central to them. tionships, where individuals balance of "give and take," As a result, the dynamics of only invest their time and but rather by the profound depth of sincerity and the boundless capacity for selfin a loss of trust and authen-lessness. It is only through tions above the well-being ticity. It is essential for us to this collective effort that recognize the importance of we can transcend the limiselflessness and compassion tations imposed by this in empathy and compassion in fostering meaningful con-modern era and forge conwithin relationships, as the nections. By prioritizing the nections that endure the

Language: Emotional connect and more

VINAYSHIL GAUTAM

modern world.

ommunication is central to all living entities. Plants communicate; creatures and animals communicate; and, of course, human beings communicate. They communicate not only amongst themselves but also across different categories and species. The examples are many, the illustrations are need to over-emphasise this cess behind it. aspect of communication. The modes of communication.

For example, the uses and anatomy of communication among plants are well mapped, but there are not many who attempted an extensive research study of plant communication.

There are some exceptions, especially in the form of references and awareness. Illustratively, Kalidasa, in his epic drama 'Abhigyan Shakuntalam', when Shakuntala was leaving the 'Tapovana' (the hermitage) of Sage 'Kanva', the creepers of the jungle wrapped them- invitation. There are sounds of with such a situation is the lack

never be known, but it was obvious that sentiments and expressions were involved. The creepand communication medium. Like an electronic system, the system of communication points

somewhat more sophisticated. The chirp of the insects of one variety or another is an act of communication, as indeed is the howling, barking, whining, and such acts of the animals among themselves and across species.

All these creatures make sounds through their throats and mouths, and depending on of the animal, it is encoded and

an emotional farewell. What ing more but peace and the nication that the group needs invitation of an attempt to put together a group or give an alert about a danger. All put together, the derivation is obvious: 'comers wrapped themselves around munication' is not just a human Shakuntala as a kind of embrace phenomenon. It is as rich as the mind of the entity.

A dog, for example, communicates in multiple ways and requires encoding and decod- is capable of sounds of aggrenumerous, hence, there is no ing, and there is a thought progration, mating, warning, and Devanagari script, and there Plants don't make sound in from species to species and may have been a few other. It also attempts to integrate big concern is not with the act the way that animals, insects or from one breed to another. It is scripts that are no longer alive a range beyond the sounds of of communication but with the some other creatures do. This another matter that not many but must have existed. As time languages and written scripts of makes the act of communication texts have been scripted on this passed and the human species languages. between insects and animals theme, and hence there is little available on the language of the

Amongst human beings too, all races don't have a script, yet within the race, they communicate. The matter does not end

Amongst human beings too, as indicated, there are a large number of variations among would have us believe that the kind of noise that comes out those of human species that don't have a script for their decoded. There are sounds of language but still communicate fear, just as there are sounds of with each other. The difficulty reported that in the earlier

when dealing with a new group. limit to the expanse and range of languages. In the more evolved type of human species, a script practice, the script is comparayore, there was a Roman script, there was a Dravidian script, a durability. moved, mother scripts of Latin, and Sanskrit, acquired promilanguages were sprouted under their impact. It is not clear how many human languages exist on the planet today or, for that matter, how many languages are dead today.

Literature, as we understand it, is available in some of the lan-

guages. The coming of writing was another phenomenon. It is stages of writing, the writing was

selves around Shakuntala to bid anger and the sounds of noth- of standardisation and commu- on palm leaves, and pointed tips of hard material like bamboo Thus, there is a geographical an imprint on the leaves. The growth of writing is a specialisation in its own right, it is not feasible to attempt to document is available, and after a period of different stages of writing here. Put one clear thing, if that is the tively evaluated. In the times of only clear thing, that the writing of the language adds to its

> Language is a binding force more. The sound of a dog varies were Chinese scripts; there between individuals and groups.

In most parts of the world, among all human beings, there nence and thus many modern may be a struggle between human groups for dominance, but certainly no struggle over the value of any language. Any language within its range, growing along with each other, should be a binding force. It cannot be a force for mutual exclusion and antipathy. Put simply language is the vehicle of the mind.

(The writer is an internationally acclaimed management consultant. The views expressed are personal)

Do not bomb the medical neutrality

SIDHARTH TARA

l-Ahli Baptist Hospital in Gaza was bombed on A in Gaza was bounced the evening of October 17, 2023, killing between 100 and 300 individuals including caregivers and civilians who were either patients or escorting them. Just like in Yemen and Ukraine before no one was held accountable. No official was legally or administratively disciplined even for the sake of optics. Just a hollow and shallow performance of grief not even a condemnation from leaders of nation-states. In Gaza, multiple health care facilities have been hit by airstrikes. Danger looms over every hospital that Al-Shifa Hospital, the largest in Gaza. Electric, fuel, drugs and water supply have been cut off

being used as a force multiplier to increase casualties of war.

Violating the rules universally agreed upon and established in the Geneva Conventions, this attack goes against the most sacred of the laws of men, that is the law of Medical Neutrality and Immunity. Hospitals and medical centres have always been a refuge for the injured seeking help and escaping the violence in surrounding conflict zones, it is important for the future of humanity that they remain so. This is not an isolated incident but only the recent one in the long list of brutal deaths of civilians like medical personnel and journalists that resulted from the direct actions of official is still functioning, including government militaries instead of nonstate entities, either due to malfunction or malintent.



need trauma care. This number is additional to the regular disease load that exists in any population like infants requiring incubators, kidney patients requiring dialysis, diabetics requiring insulin and various conditions requiring emergency surgeries in addition to the trauma cases being brought in because of airstrikes. Medical resources are stretched thin and grossly inadequate concerning increased More than 8000 are dead, needs. Medical workers have to hospitals that have not been more than 70% of that number been working without respite, bombed yet. Strategic target- are children, women and elder- clean water, developing skin and ing of medical infrastructure is ly. More than 20000 injured gastro-intestinal infections.

and bombings of hospitals further aggravate the situation. The blood of the injured who survived the bombing of their ing this foundational pillar of houses only to be killed in air- human ethics and values on strikes on ambulances and hospitals will stain our collective conscience for a long are non-state actors but when time to come, as will the decision of the Indian government to abstain from the resolution engagement that keep us devolvof the ceasefire forwarded by Jordan. Collateral damage is not a magical word that makes the wanton murder of non-combatants trapped in a conflict zone legitimate or any less abhorrent. All human life is precious, more so to those who swore an oath to save it. Medical communities across the globe should question and a sign of hope and relief for this growing tendency of governments to ignore these old but wise laws of humanity. Citizens of the world need to hold their elected representatives accountable who are letting it happen,

Killing of Medical workers lest Gaza become another Auschwitz.

These governments are carelessly and irresponsibly attackwhich human civilization as we know it stands. Terrorists nation-states and countries ignore established rules of ing into savages during conflicts, it brings us one step closer to a dark age that may be high-tech but still darker than any that mankind has suffered before. An age when the red cross of hospitallers, a shared symbol of identity and purpose for medical caregivers across the world the sick and injured, a symbol holier to us than any God will cease to have any meaning.

(Dr Siddharth Tara is from **Progressive Medicos and Scientists** Forum, views are personal)

BREATHING EXERCISES TO HELP YOUR METABOLIC HEALTH

Bas conscious breathing or mindfulness, is the praction metabolically unhealthy. Intertice of intentionally controlling estingly, talking to HealthifyMe the length and depth of your expert nutritionist Parul Dube, inhales and exhales to change one understands interesting your emotional and physical condition. Whether working, fications, activity levels and sleeping, or exercising, our breathing fluctuates constantly. that once a nutritionist identi-We may not be aware of it, but our breathing has a significant in the blood glucose levels of a impact on our bodies and mind. Simple breathing exercises can improve metabolic health besides nutrition and exercise.

Respiratory muscles can influence respiratory functions by enhancing muscular strength and endurance. In addition, the Simple Breathing Exercises diaphragm is an essential factor influencing respiration. There are various breathing techniques to improve the respiratory system's muscle function. Furthermore, breathing exercises improve one's inspiratory capacity. Many different types of breathing exercises are listed

Breathing Excercise and Metabolic Health: The Connection

Breathing exercises widely help in improving your digestion and metabolic health, traditional eastern cultures Since breathing is automatic, and activities that have long **Buteyko Breathing** we may not realise how powerful its impact is on our bodies and minds. Deep breathing elevates the supply of oxygen that helps in burning the extra fat deposited in the body. By performing suitable breathing exercises, we can control our emotions and gain a sense of calmness. Moreover, breathing exercises improve blood circulation. Mindful breathing helps our nervous system's chemical makeup, including our hormones and metabolic processes.

Breathing exercises can Coherent Breathing also reduce stress. The leading stress hormone is cortisol. the body uses glucose, carbs, and other nutrients and regusugar. Psychological factors health severely as they raise the production of cortisol. Research suggests that increased cortisol levels negatively affect metabolic health. Deep breathing can reduce stress hormones and benefit metabolic health.

Through continuous moni-

reathwork, also known 2.0 can detect the upheaval in linkages between dietary modibreathing techniques. She says fies the foods that cause a spike person concerned, they suggest alternatives based on the ideal weight. The dedicated coaches also recommend lifestyle modifications to help their clients in their journeys.

Diaphragmatic Breathing

The most extensively studied type of breathwork is diaphragmatic breathing.

Diaphragmatic breathing, often known as belly breathing, entails taking deep breaths frequency of breathing entails constricting the diaphragm, expanding the belly, and lengthening the inhale and exhalation. Buddhism, martial arts, yoga, and tai chi are just a few of the acknowledged the advantages of diaphragmatic breathing. Deep, diaphragmatic breathing is a technique that can promote physical and emotional well-

Numerous studies have to improved cardiovascular people were over-breathing. health, decreased blood pressure, less stress response, and increased heart rate variability (HRV), a marker of cardiovascular health and adaptability.

coherent breathing (also known soft It significantly impacts how as resonant breathing), takes about six breaths per minute. By slowing down our breathlates blood pressure and blood ing, we may get our autonomic system, which controls things like stress affect our metabolic like digestion, heart rate, and other unconscious functions, to do the same. According to studies, this type of breathing may alter brain activity in a way that lessens tension and anxiety while also improving our overall well-being.

toring, BIOS from HealthifyPRO To Achieve Coherent Breathing



Exhale slowly until your breath is gone when lying down or sitting comfortably with your feet on the floor.

For a count of six, steadily inhale through your nose until from your belly. To lessen the you reach the top of your lung

Exhale completely via your nose until your lungs are empty on a further count of six.

Repeat as many times as necessary to achieve relaxation.

The most sophisticated breathwork technique on this list is the Buteyko technique by the Ukrainian physician Konstantin Buteyko. He believed that breathing solely through the nose was beneficial for connected slow breathing human health and that most

To Follow the Buteyko Technique Start inhaling through your

Instead of taking deep breaths that fill your lungs to the brim, start to slow down your breath-A slow breathing rhythm, ing and maintain it quiet and

> Breathe slowly till you sense a minor air shortage.

> Maintain these short breaths rather than giving in to the

impulse to breathe more deeply. Keep breathing in this manner for one minute, concentrating on the breath.

Alternate Nostril Breathing

The technique involves softly breathing in and out while gently closing one nostril at a

At Home, Try Inhaling Via Other

Exhale completely through the nose while seated comfort-

Close your right nostril with your thumb, then breathe in through your left.

Release the right nostril at the peak of the inhale, then seal the left nostril with the left forefinger before exhaling via the right nostril.

Exhale via the left nostril while blocking the right nostril as you inhale.

Repeat this technique for 5 to 10 minutes until you feel more Sama Vritti or Equal Breathing

Bhramari or Honeybee Humming

Bhramari is a very effective breathing technique for calming the mind and releasing pent-up resentment and wrath.

How to Practise Bhrarmari or Honeybee Humming Breath

Sit upright on the ground with your legs crossed.

Keep your thumbs on your respective ears, your other fingers on your closed eyes, and both of your index fingers on your forehead.

Now take a calm, deep breath in through both nostrils. After that, keep your mouth closed while exhaling and make a bee-like humming noise while covering your ears with your

Sheetali Pranayama

anxiety is Sheetali Pranayama. also improves insulin efficiency, (HDL or good cholesterol) above lism.

How to Proceed

Sit cross-legged on the ground with your eyes closed and hands

Make your lips in a circle and curl the tip of your tongue inward to create a tube.

Extend the tongue in the tube formation out of your mouth. Breathe deeply and gently

Hold your breath and gently move your tongue inside.

Close your mouth and exhale slowly through your nostrils.

ful breathing technique that improves sleep quality by sooth-

Sama Vritti is a power-

ing the mind. **How to Practice Equal Breathing**

or Sama Vritti

Close your eyes and begin by lying down or sitting comfort-

Inhale for four counts through your nostrils followed by four exhalation counts through the same.

Gradually, try increasing to 6 to 8 counts every breath.

Your breath becomes slightly more naturally resistant as a

Breathing deeply, slowly, and deliberately can help our bodies function better. It can help balance elevated blood sugar levels and increase glucose production by the liver, which may jump An excellent breathing tech- under highly stressful circumnique for reducing stress and stances. Conscious breathing

fuel. Furthermore, it prevents dL in men the accumulation of glucose in the blood, which can affect the new 'smoking' by health problood sugar levels and, if left fessionals. Sitting for extended unchecked, develop into a long- periods or most of the day harms term risk. A healthy metabolic system has improved oxygen- best to include some physical ation. The body absorbs nutriactivity in your daily schedule. ents more readily when there is
It may improve your mood in higher oxygenation.

Benefits of Breathing Exercises

breathing has numerous positive effects on health:

It affects how your brain func-

pressure.

cal function, memory function, and metabolic rates.

It may boost weight reduction levels, decreased appetite, and decreased hunger in some studies, all of which may benefit weight loss.

motions, tones the abdomen and correct path. reduces belly fat

It soothes our body's muscles.

Other Ways to Improve Metabolic Health

High blood pressure, high blood sugar, high triglyceride levels, low high-density lipoprotein levels (good cholesterol), and a large waist circumference up metabolic syndrome (excess have one of these symptoms, metabolic syndrome raises your chance of significant health Summary issues. The metabolic syndrome, strongly associated with obesity and inactivity, affects up to one-third of the population. The onset of significant health consequences from metabolic and even assists in controlling syndrome can be delayed or prevented with aggressive lifestyle modifications and weight loss. Maintaining the ranges listed below will support good metabolic health.

Blood pressure: below 120/80

Blood sugar below 100 mg/dL Triglycerides below 150 mg/

allowing cells to use glucose as 50 mg/dL in women and 40 mg/

Sitting has been labelled as your metabolic health. So, it is addition to helping you burn calories and reduce weight.

To keep healthy metabolic Deliberate and focused health, getting adequate sleep is essential. Lack of sleep can alter the balance of hunger and satiety hormones, increasing tions; taking slow, deep breaths the need for calories. Moreover, might help you feel more at ease. one of the elements of metabolic It may help you become more syndrome, insulin resistance relaxed and balance your blood and elevated blood glucose, can cause sleep deprivation. It may enhance immunologi- Another crucial thing to do for excellent metabolic health is to manage stress. Stress causes the body to undergo several metaand reduce body fat. Addition- bolic changes, some of which ally, breathing exercises have can prevent you from losing been linked to decreased stress weight. Additionally, some people find that stress makes them eat more. Maintaining a healthy diet and being physically active daily are two easy It ensures smooth bowel things that will set you on the

Our breathing patterns are entirely automatic. However, becoming aware of and incorporating breathing exercises into our daily routine has numerous benefits, including promoting a sense of calm, increasing focus, and performing at your best. are the five factors that make Deep breathing exercises are the most subtle relaxation techbelly fat). However, even if you niques. You may perform them whenever and where you wish.

Research shows that controlled breathing or breathing exercises can positively impact our nervous system and metabolic health. It reduces stress blood sugar levels. Although there are several ways and practices of breathing, several nutritionists and health experts recommend diaphragmatic breathing the most. In addition, ancient eastern cultures have long recognised the benefits of deep breathing. Breathing exercises reduce stress, blood pressure, the risk of cardiovascular High-density lipoprotein disease, and increase metabo-

A Beginner's Guide to Lose Weight Fast

ability to meet the demands of regular life. The most critical reason for losing weight is obesity or being overweight. Exercising is one of the essential strategies if one wants to shed extra weight. Around 650 million making it a common health problem. Obesity is associated with several health conditions with adverse effects on the human body.

There are numerous other reasons as well, why people want to lose weight, such as looking better, feeling healthier, and so on. Consuming healthy foods and exercising regularly will help one achieve their goals. Consistency and discipline are the essential keys to effective weight loss.

Best Exercises for Weight Loss

The leading cause of obesity is insufficient physical activity. The sedentary nature of most occupations results in excess weight gain. Physical exercise and activity help burn extra calories to keep our weight under control. There are several kinds of physical activities which help in weight loss. Listed below are the best types of exercises for weight loss

Aerobic Exercise

Aerobics is a form of physical exercise that elevates the heart rate and improves cardiovascular and cardiorespiratory conditioning. It increases pain tolerance and bone density, improves blood circulation efficiency and reduces blood pressure. It also increases optimum oxygen consumption and as a result, it effectively loss. Aerobic exercise includes indoor as walking, jogging, running, cycling, dancing, swimming, rope jumping, stair climbing, rowing, and interval

While low-intensity aerobic exercise burns more calories due to increased

healthy weight increases one's duration of training, high-intensity aerobic exercise increases resting metabolic rate which in turn helps burn more calories throughout the day.

Studies suggest that high-intensity interval training is more effective in altering the body composition and people worldwide suffer from obesity, increases the release of catecholamine and growth hormones. It enhances excess post-exercise oxygen consumption and increases lipoprotein lipase activity as well. Therefore, it results in fat loss that helps to significantly reduce the body weight.

Strength/Resistance Training Workouts

Strength/Resistance training helps increase strength, range of motion, flexibility, and mobility of muscles, tendons, and ligaments. It increases bone density, cardiac function, fitness, and metabolic rate. Increased flexibility and mobility of joints reduce the risk of injury. It involves pushing and pulling objects against the resistance to build strength and muscle endurance. Some of the best exercises for building muscle and for weight/fat loss are squats, deadlifts, pull-ups, push-ups, and Olympic lifts,

Research shows that strength training helps weight loss by increasing the resting metabolic rate, total energy expenditure, and maximal oxygen consumption. Therefore, this training is ideal for long-term weight loss success

Yoga is a holistic approach for longterm results. It stimulates mind-body awareness and mindful concentration. Moreover, regular yoga practices effectively decrease the body mass index in reduces body fat leading to weight obese people. Yoga is a low-impact exercise for weight loss. It reduces stress and outdoor physical activities such and lowers cortisol levels, which are pose, and cobra pose. responsible for weight gain.

Research shows that yoga with Zumba dietary interventions significantly reduced the body weight and body mass index in obese and overweight children dance fitness workout consisting of low and adults. In addition, it improves to high intensity moves. As a full-body



such as self-control, reduced emotional eating, and reduced food intake. These prevention strategies reduce excess calorie consumption by curbing food cravings leading to weight loss. In addition, yoga also strengthens and corrects posture.

Some examples of yoga asanas to lose weight are sun salutation, plank pose, warrior pose, triangle pose, downward dog pose, bridge pose, bow pose, chair

weight management and behaviours aerobic workout, it helps burn calories and reduce body fat. In addition, Zumba training also enhances maximal oxygen consumption and improves flexibility and cardiorespiratory fitness

Studies show that performing Zumba three times a week helps to reduce about 3 kg weight in a month. In addition, it significantly decreases the total body fat percentage in females.

Dietary Recommendations for Weight

The fundamental principle behind weight loss is to spend more energy Zumba is a fun way of exercise to (calories) than you consume. Therefore, lose body weight. It is a Latin-inspired dietary management for people who want to lose weight includes several components such as high protein and

fibre, low-moderate carbohydrates, and a low-fat diet. Some of the dietary recommendations for weight loss are:

Individuals should improve their nutrient distribution. Small dietary changes can improve blood glucose levels, blood pressure, and insulin Long-Term Success sensitivity and reduce blood cholesterol and triglyceride levels. A diet with low glycemic index fruits, vegetables, whole grains, protein foods, nuts, coconut, and olive oil can help maintain weight.

Individuals should reduce 400-500 calories per day from their food intake. The recommended dietary intake in a calorie deficit diet is usually 1200-1500 kcal/ day for females and 1500-1800 kcal/day for men. But these numbers can vary depending on several factors. Studies show that a calorie-controlled diet helps to shed and maintain weight loss. The body uses stored fat as an alternate energy to perform bodily functions. Burning fat for energy ultimately leads to weight loss.

Eating fibre-rich foods makes one feel fuller for longer and improves the metabolism. Foods with high fibre usually have low calories. Fibre is present in fresh fruits, vegetables, whole grains, pulses, legumes, and meat. Studies show that eating a high-fibre diet reduces the frequency of food consumption and promotes weight loss.

Avoid drinking sugary and carbonated beverages such as soda, fruit juices, and alcoholic beverages. These drinks and beverages contain excessive sugar and are considered empty calories, resulting in weight gain and other metabolic diseases.

Restrict the intake of highly processed foods such as fast foods, desserts, breakfast cereals, and fried foods.

Eating a protein-rich diet can reduce hunger and enhance the feeling of fullness. In addition, it reduces excess calorie intake and effectively helps lose loss.

Drinking a glass of water 30 minutes before meals decreases food intake, promotes portion control, and helps reduce weight. Research shows that water consumption before meals reduces energy dietary patterns that include optimum intake among middle-aged and older

Long-term success in weight management depends on the individual engaging in a specific follow-up program. Maintaining a regular exercise routine for at least 30-60 minutes daily is essential. In addition, portion control is a critical factor in losing weight. Eating healthy foods like fruits, vegetables, pulses, and whole grains and decreasing the consumption of energydense foods such as fried foods, beverages, and sugary drinks helps in weight

management. It is necessary to get guidance from nutrition counsellors for weight man-

To lose weight, we must be consistent in our efforts. In addition, we must enjoy the exercises we choose to sustain them in the long run.

Conclusion

A sedentary lifestyle often results in insufficient physical activity. Inactive living choices increase the risk of gaining weight, a significant risk factor for chronic metabolic diseases. There are several factors to overcome an inactive lifestyle and reduce obesity. Proper dietary and exercise regimen helps in effective weight loss.

Adopting healthy lifestyle choices, including physical activities, modified diets, optimum nutrition, and stressbusting therapies, are effective ways to lose weight. The main component of a weight-management program is preventing unwanted weight gain. The most effective way to lose weight includes consistency and discipline, which is the key to successful weight

NEWS

Pakistani trending show 'Kabli Pulao' first time on Indian Television

JAMMU, NOV 8

that has lifted the ban on only on Zindagi. Pakistani artists in India. This launch is a testa-

fully spun a narrative that the show. delves into the intricacies

the thoughtful direction of Kashif Nisar. Taking the audiences on a heartfelt Zindagi, known for its journey, experience the commitment to fostering 18-part series starting11th cultural exchange is set November 2023 at 10pm, to unveil the latest trend- Monday to Sunday only ing Pakistani show Kabli on Zindagi DTH Services Pulao for the first time Dish TV, D2h, Tata Sky, ever on Indian television. and Airtel. Moreover, two This marks a significant nations (India & Pakistan) milestone for Zindagi, as will join forces and togethit embraces the Honorable er witness the grand simul-Bombay High Court ruling cast of Kabli Pulao's finale

Kabli Pulao follows ingin love for the first time star & Dum Mastamand of human emotions under the story of Haji Mush- in his life.



Kabli Pulao is a mas- taq aka Mohammed terpiece and relishes its Ehteshamuddin an upright ment to Zindagi's ongoing depth through extraordi- man from Lahore, and efforts to celebrate artistic nary performances from Barbeena, played by Sabee- Pulao a show that crossed freedom, diversity, and lead actors - Moham- na Farooq, an Afghan girl 100 million+ views and the rich tapestry of sto- med Ehteshamuddin and in need. The story revolves ries from both sides of the Sabeena Farooq, who around how Haji (a simple have breathed life into bachelor who is in his 50s) Kabli Pulao is an uncontheir roles. The show also crosses paths with a young ing viewers to connect ventional and emotionally enjoys a mesmerizing orig-girl Barbeena(In her 20s) charged series that has gar- inal soundtrack - Ankhain, in need seeking medical nered effusive praise for its sung by the music maestro help for her ill mother. remarkable writing, direc- - Ustad Rahat Fateh Ali As the protagonist spends tion, and profound acting. Khan which has struck a more time with the girl, The celebrated Pakistani chord with audiences and he starts seeing the world writer Zafar Mairajhas art- beautifully complimenting from a different perspective and finds himself fall-

role of Haji Sahab said, "This show brings forth the essence of love in the most unexpected and love, the pursuit of hapwritten story that dives heart. Kabli Pulao will With its focus on refuheart as this was perhaps playing Haji Mushtaq, after gressive storytelling, invitin India, maverick direc-

Mohammed Ehteshamud- and patiently await all the din, who plays the lead love and views from the Indian audiences." [RP1]

Lead actress Sabeena Farooq, unlike her recent stint in the hit show Tere heartwarming way and Bin where she played a diashowcases the power of bolical role, will be seen in a completely different and piness, and the blending lovable character as Barof cultures in an inspiring beena in Kabli Pulao. Talknarrative. It's a beautifully ing about the show's India release, she adds,"Acting deep into the human in 'Kabli Pulao' has been an emotional rollercoaster. hold a special place in my The depth of the characters and the realism of the the one of the few times story is unlike anything where I got the chance to I've worked on before. It's be in front of the camera, a privilege to be part of a project that showcases being behind it for many love's ability to transform years. It is extremely lives. The distinctive storyoverwhelming to see the line is beautifully reflected love and appreciation that throughout the show and the show is receiving &It I'm certain that it'll leave brings me immense joy to a mark on everyone who see Zindagi air this show in watches it. I can't wait India along with its airing for the Indian viewers to in Pakistan and truly con- embark on this emotional nect audiences for this journey with us as Kabli tor behind films like Super- heartfelt cross-border Pulao immerses the audijourney. I couldn't be more ence in an authentic world TV show SadqayTumhare thrilled to be a part of this that feels close to home."

Release detenues who doesn't have serious allegations: Omar demands authorities

JI NEWS SERVICE

SRINAGAR, NOV 8

ed that the authorities pelting. in Jammu and Kashmir should start the process body has his right to of releasing the detenues who do not have serious allegations.

a public rally at north he said. Kashmir's Bandipora dissaid that the people who

He said those against whom there are no serious allegations, a process to release them should be started immediately.

meeting held in New Delhi ister, it was also decided that the people who do not have serious allegain Jammu and Kashmir

The former Chief Minfor the past five years.

He reiterated that a way to protest in order danger but on the basis

employees for participat- and vehicles". ing in demonstrations and

13th Kargil Taekwondo

Championship concluded

strikes.

Omar said nobody wants the employees to National Conference Vice come out on the roads President Omar Abdullah to resort violence or in on Wednesday demand- offices or to resort to stone

"In democracy, everyprotest for his genuine demands and similarly employees should also Talking to media per- have such a way to prosons on the sidelines of test for meeting them",

Regarding the snapping trict on Wednesday, Omar of internet facilities in south Kashmir' Pulwama have been arrested espe- district yesterday, Omar cially after 2019 should said if the internet facility be released immediately was snapped in pulwama, people should have been told the reason behind why it was barred.

"People are not fools neither they are so harsh that they can lodge a pro-The NC Vice President test. But they definitely said during the all-party would like to learn what makes the authorities chaired by the Prime Min-snap the internet", the NC Vice President said.

Addressing a rally earlier, the former J&K tions would be released Chief Minister said that after August 5, 2019, the people whose security has ister alleged that people of been reduced and those Jammu and Kashmir are who have been increased passing through hardship should be differentiated for the people.

"Today security is not employees should have given on the basis of to meet their genuine of how strong is your relationship with BJP", he The authorities in said and added "the more Jammu and Kashmir you befriend with BJP the banned government more you will get security

Govt committed model of 'Good

Governance': Sham Langer

to make J&K a

JI NEWS SERVICE JAMMU, NOV 8

Sham Lal Langer, Convener Bharatiya Janata Party (BJP) Trade Cell has reiterated the BJP Govt's resolve to make J&K a role model of 'Good Governance' to be emulated by the other states and Union Territories across the nation. He said that the intentions of the J&K Administration in this regard are quite clear as reflected in its strict action against its own employees who falter in providing services to the people. In a statement issued here today, the senior BJP leader lauded the LG led Administration for initiating penalty proceedings against 55 officers for the delay on their oart in delivery of various services in the revenue department. This clearly proves that the administration stands fully committed to ensure timebound delivery of online services, e-services being covered under the Public Services Guarantee Act (PSGA) with linkage to Auto-Appeal System (AAS) which escalates breach of timeline cases to the next authority for

officer, they said. Sham Lal Langer further welcomed the statement of Commissioner-Secretary General Administration Department (GAD) Sanjeev Verma who today said, "To ensure time-bound delivery of online services, e-services are progressively being covered under the PSGA with linkage to AAS which escalates breach of timeline cases to the next authority for action against defaulting officer."

action against defaulting

Women College Parade organizes presentations on making of Gulab Gatha

gees and empowering

female characters, Kabli

counting on Youtube,

stands as a beacon of pro-

with the characters' expe-

rience and form a bond

that transcends the screen.

gi's latest announcement

of telecasting 'Kabli Pulao'

Commenting on Zinda-

JI NEWS SERVICE

JAMMU, NOV 8

Women Parade organised a production of Mahathree presentations on the raja Gulab Singh Memomaking of Gulab gatha by rial Trust and Natrang the writer and the director Jammu. Narrating further of the film Balwant Thakur he shared that he travelled followed by the screening of the film for jam packed his team of scholars, creaudiences at the audito- ative people, designers, rium of the College. Dr. and actors over three years S.P. Sarswat Principal of on research and the mobilithe college presided over sation of resources in crethe proceedings of the pre- ating this master-piece sentations. In his address Balwant Thakur dwelt in detail about the making of film for one and all. Dr. S.P. the film 'Gulab Gatha' and shared both the aesthetic Natrang, Maharaja Gulab and technical aspects of the film production. For Balwant Thakur for giving personified in the eyes of him it was not just like any college students a rare the people. Napoleon was a other feature or documen- opportunity to learn about military and political hero tary film but a big mission their rich past. Natrang is of France and Alexander of exposing generations currently showcasing a has been applauded for his about the sacrifices and the series of fifty shows all over greatness for his conquest. contributions of Dogras in Jammu province. the making of the largest princely state of India. On is about the journey of a being a courageous war- different shades of the life Editor), Sartaj Singh (Prothe occasion he thanked soldier who achieves great rior. He was a normal of Maharaja Gulab Singh. duction) Mohd Yaseen and

Memorial Trust for giving him this life-time opportunity to produce and direct Government College for this film. 'Gulab Gatha is places and it took him and Kashmir. This is a must-see Sarswat Principal thanked Singh Memorial Trust and

Dr. Karan Singh, Chairman success at everything he person with no lineage of The lead lady of the film Gaurav Jamwal (Coordinaof Maharaja Gulab Singh initiated. His unquestion-royalty but he established is played by Gauri Thakur. tion).



regarded and given value in this. The greatness of leaders is not just in their works but in the way they have been appreciated and

his unconditional sacri- continued to keep a hold fice and his conception on his empire because of ever produced in Jammu & of a kingdom has been his well-planned strategic Razdan, Kanav Sharma, and diplomatic intelli-

part of the film was the Sushant Singh Charak, dynamic acting by the local artists who simply created magic on screen with their highly professional performances. Sunil Kumar

prosperity and sustainable

Gupta, Neeraj Kant, Vijay Bhat, Subash Jamwal, Sumeet Sharma, Gaurav Jamwal, Rahul Singh, Aftab Singh Chauhan, Meera Tapasvi, Aarushi Thakur Rana, Brijesh Avtaar Sharma, Lalit Kumar. Aman Sharma, Akshay Jatin Sharma, Brighu Sharma, Sumeet Raina, The most noteworthy Naresh Kumar, Udit Sagar, Vanshika Gupta, Sanket Bhagat, Arvin Tickoo and

The prominent amongst

others who gave remark-

able performances includ-

ed Arvind Anand, Madan

Rangeela, Sudhir Jamwal,

Suresh Kumar, Janak Kha-

juria, Anil Tickoo, Sanjeev

Shivam Sharma. Technical crew included Maloop Singh (Tech-Palwal a meritorious pass nical Director) Sanjay out of FTII and popular Kumar (Cameraman), Gulab Singh as an emperor TV/Film actor has done Kamal Sharma (Makeup), The film 'Gulab Gatha' held the same qualities of a great job in portraying and Neeraj Badyal (Film

Congress strongly reacts to Lal Singh's arrest

JI NEWS SERVICE JAMMU, NOV 8

Law should take it's own course, not in case of Lal Singh only but every such matter, which requires investigation .Selective approach, politics of vendetta and misuse of agencies have become order of the day,

The Congress party said this while strongly reacting today to the arrest of Former minister Ch Lal Singh by the ED. JKPCC Senior Vice President Shri Ravinder Sharma said this in tweet on X today.

Congress has said that law should take it's own couse in every case which requires investigation . It should be principle & approach in every serious allegations in public domain against high ups & should be investigated.

JAMMU, NOV 8 The 13th District Kargil Taekwondo Championship concluded at Indoor focus on their respective Stadium, Kargil. About 4 clubs with 132

JI NEWS SERVICE

players participated in the district championship Kargil Mohd Ali.

Councillor LAHDC President Ladakh Tae- cials and guests. kwondo Association also present. Haji Moham-then.

mad Abass said that the sport has a great opportunity as a sector and our players can have a better and bright future if they games, taking the example of Shahnaz Parveen and Tashi Tundup.

He further assured that under the overall supervihe will take up the issues sion of Observer Ladakh raised by the Association Taekwondo Association with CEC LAHDC Kargil Mohd Ali Bhagi and SAI for further redressal of the issues.

The chief guest and Kargil for Town Haji other guests distributed Mohammad Abass Adulpa medals and mementoes was the chief guest, while among the players, offi-

Anayat Ali General Sec-Gulzar Hussain Munshi retary Ladakh Taekwondo was the Guest of Honour, Association while talking and Activities Officer to media said that it has DYSSO Kargil, Mohd been more than 20 years Yousuf was the Special that Kargil Taekwondo Guest along with Anayat Association is working Ali general secretary for the promotion of the Ladakh Taekwondo Asso- Game and development of ciation, Mohd Hassan Gen- the players in Ladakh and eral Secretary Tangtha they have produced some Association Ladakh, were of the finest and famous the guests of honour were players of Ladakh since

ASSOCHAM J&K Council meets Director I&C Jammu, discussed various issues

JI NEWS SERVICE JAMMU, NOV 8

The Associated Chambers of Commerce and Industry of India (ASSOCHAM) J&K Council warmly welcomed Mr. Arun Manhas, the newly appointed Director of Industries & Commerce for Jammu on Wednesday. A delegation from ASSO-

CHAM J&K Council, led by Mr. Manik Batra, Chair-Council and Director of in the region. Batra Group, Mr. Bhupesh



The meeting, which Gupta, Co-Chairman of took place at the Director-ASSOCHAM J&K Council ate of Industries & Comand Managing Partner of merce in Jammu, marked Radisson Blu Jammu, and a significant step towards Mr. Amit Khajuria, Assis- strengthening the collabtant Director of ASSO- oration between ASSO-CHAM J&K, Ladakh, visit- CHAM and the Industries scape of Jammu & Kashed Mr. Arun Manhas at his Department in Jammu office to extend their sup- & Kashmir. Mr. Arun ASSOCHAM delegation, extending full support to port and discuss various Manhas, who has recently known for its dedication the industries in Jammu &

man of ASSOCHAM J&K Industries and Commerce tor of Industries & Commerce, expressed his commitment to fostering growth and development in the region's industries.

meeting, a wide range of plays in driving economic issues related to the indus- advancement. He reitertrial and commercial land- ated his commitment to mir were discussed. The friendly environment and pertinent issues related to taken charge as the Directo promoting economic Kashmir.

facilitate economic growth and investment opportunities in the region. Arun Manhas expressed his appreciation for the work being carried out by ASSOCHAM in Jammu & Kashmir and acknowl-During this productive edged the pivotal role it facilitating a business-

IGP Jammu Zone reviews crime, law & order of Rajouri distt, interacted with civil society

JAMMU, NOV 8

Inspector General of Police Rajouri with all supervisory Rajouri, on his arrival. officers including SHOs,

by DIG Rajouri-Poonch Range Shri Haseeb Mugal Rajouri district. ,IPS , received by SSP functioning of District Police a guard of honour at DPL reviewed, discussed and dealing with Narco cases /

Jain,IPS was accompanied besides interacted with the investigation to ensure closer supervision of impor- the narco-terrorism in the civil society members of effective Parvy and prosecu-

During the meeting the

tion cases.

IGP Jammu directed instructions issued. The UAPA cases. He impressed IGP Jammu interacted Investigating Officers and upon the officers that they

tant cases, especially NDPS/ results for the remainand prosecution to increase the convictions.

Jammu Zone Sh. Anand meeting with Police officers to improve the quality of meetings and by ensuring dinated efforts to uproot crimes.

Rajouri this afternoon.IGP sonnel and later chaired given detailed instructions by conducting supervisory enhanced synergy and coordrug abuse and other social improve policing.

UAPA cases to get better lar interactions/briefing of Jammu Zone about the Law security scenario of the dis-Jammu Zone, Sh. Anand Rajouri Shri Sh. Amritpal disposal of cases registered the officers to augment ing period of the year. He levels. He said that people's scenario along with other the crime and its disposal. Jain-IPS today reviewed the Singh,IPS and his team of during the current year and measures for improving advised them to improve cooperation in the fight initiatives being carried out other crimes is a must. He Pir Panjal Rajouri & Poonch.

The SSP Rajouri gave an police related issues.

Dr Haseeb Mughal, IPS elaborate Power Point Pre-Range. He emphasized regu- DIG RP Range briefed IGP sentation on the prevalent the subordinates at different & order, crime and security trict and overall position of

Moreover, IGP Jammu Sh. crime position and overall officers besides he was given previous pendency was capability of personnel in the quality of investigation against narco-terrorism and by Police of twin districts of Anand Jain-IPS interacted with the civil society memdirected jurisdictional offi- He also highlighted mea- bers made an appeal for IGP Jammu directed cers to seek people's coop- sures adopted to strength- maintenance of law/order in investigating officers at DPL with Police officers/per- Supervisory officers were need to contribute more the officers to work with eration in the fight against en the security grid and their respective areas. The people dwell at length about

about ground situation in Channi Himmat

JI NEWS SERVICE JAMMU, NOV 8

In response to a serious concern raised by local residents regarding damaged manhole covers and grating in the lane adjoining Bags & More Sector-3 Channi Himmat, Corporator of Ward No. 51, Raj Kumar, and State IT Head of BJP Jammu & Kashmir, Advocate Ishant Gupta, took swift action by contacting the concerned officials of the Jammu Municipal Corporation. The officials, including Joint Commissioner (Works) Rajesh Sumbria and Executive

among the local residents. sized the need for prompt urgent plea, Rajesh Sum-seriousness it deserves.

Engineer Lokesh Gupta

assess the ground situa-



Raj Kumar and Ishant resolution of the issue, bria, Joint Commissioner Gupta, recognizing the prioritizing public safety. were called to the site to urgency of the situation, They made it abundantly personally apprised Joint clear that the safety of the taken on a priority basis. Commissioner Rajesh public at large is of utmost The damaged manhole Sumbria of the criti- importance, and any delay covers and grating had cal need for immediate in addressing the issue become a life-threatening action. During the on-site could have severe consehazard for the public, inspection, Raj Kumar quences. causing grave concern and Ishant Gupta empha-

(Works), assured that necessary action would be The Jammu Municipal Corporation is committed to ensuring the safety and well-being of the public, and this incident will be In response to their treated with the utmost

Raj Kumar, Ishant Gupta apprise JCW (Works) Incumbent Govt transformed developmental scenario of J&K UT: Purnima

JI NEWS SERVICE

JAMMU, NOV 8

Adv Purnima Sharma, Spokesperson Bharatiya Janata Party (BJP) J&K and former Deputy Mayor has asserted that the incumbent Govt at the Centre in synchronization with the Jammu and Kashmir Administration led by Lt Governor Manoj Sinha has totally transformed the developmental scenario of this Union Territory with unprecedented developmental works going on in full gear across the region. The people can today themselves witness and feel that the incumbent Govt has presented never ever witnessed ear-

here today. She performed Parliamentary elections the ritual commence- on the basis of its excellent to work with full dedicament of the work along performance that ensured tion for the people of this with Corporator Ward 5, welfare and prosperity ward be it development Gopal Gupta, who is also of all the sections of the the Chairman of Swacch society. She said that PM Bharat Committee of JMC. Narendra Modi has a soft He said that the people of

that the BJP had won the elections due to its been a restraint in case of a developmental scenario successful endeavour of taking development to The former Dy Mayor nation to which J&K is Gopal Gupta and apprecision were Chaman, Ward 5 expressed this in her no exception. She said ated him for the efforts ini- President, Sunil Prajapati address after kick starting that yet again the party tiated by him in addressing President OBC Morcha of development work worth will come out with flying the development needs of BJP, Neeraj Gupta, Anil Rs. 44 lakh at Ward No 5 colours in the upcoming the people of the Ward. Dutta, Mahi and Bakshi.

Purnima Sharma said corner for the people of the ward are fully aware

this Union Territory. new heights across the also lauded Corporator those present on the occa-

She said that his contribution can be witnessed on ground in this ward and hoped that the whole ward will get transformed in the coming days with more developmental works in the pipeline.

Corporator Gopal Gupta in his address thanked Purnima Sharma for gracing the occasion with her presence and affirmed his commitment or addressing any other issue confronting them. J&K and funds have never of the transformation on ground and want BJP Govt to come back for the third The senior BJP leader tenure. Prominent among

CUJ hosts National Environmental Youth Parliament

JI NEWS SERVICE

JAMMU, NOV 8

dents' Welfare at Central and challenges. The event University of Jammu, in commenced with the cercollaboration with "Stu- emonial lighting of the dents for Development" lamp, followed by a brief and "Paryavaran Sanrak- introduction by Shubham shan," successfully organ- Raina, the State Convener ised the "National Environ- of SFD J&K. mental Youth Parliament" sities, with the ultimate mental responsibility. goal of accelerating India's progress and promoting from the Department of

esteemed platform for real change in environ- representing their respec- Pradesh. The event was departments to represent Bakshi, Dean of Students' perspectives on environ- in their respective fields, ceedings were skillfully challenges.

elected representatives from different states and share their perspectives on The Office of Dean Stu- environmental concerns

Distinguished guest (NEYP) on the university speakers at the inaugucampus. This prestigious ral session included Prof. event, held under the Deepak Pathania, Dean Jain, aimed to foster dis- about unsustainable cussions and interactions waste management prac- the event a success. Dr. among talented individu- tices and emphasized the Vinay Kumar, Associate 32 were shortlisted for als from various univer- importance of environ- Dean of Students' Welfare, finale at university with

The NEYP provided an academic insights to effect donned traditional attire mir, Punjab, and Himachal



their vital role in making concluded the session with Prof. Richa Kothari a formal vote of thanks.

stressed the need to apply ous departments, who

patronage of Hon'ble Vice- of Research Studies, who Welfare, congratulated mental concerns and chal- including Dr. Shvetam-Chancellor Prof. Sanjeev highlighted concerns the packed auditorium for lenges enriched the event's inclusive platform.

> the top 10 chosen to represent the university at the pants from Jammu & Kash-

bri Jasrotia (Department 2024. of Zoology), Dr. Dinesh Out of 140 candidates, Kumar (Department of Environmental Studies), and Dr. Neena Gupta Vij (Department of English).

The event drew a full-

conducted by Meenakshi, a Research Scholar from the Department of Educational Studies.

In a moment of great significance, Hon'ble Vice-Chancellor Prof. Sanjeev Jain expressed his heartfelt appreciation for the students' commendable efforts and extended his warmest wishes and encouragement to the 10 selected students who will represent the university at the regional level NEYP-

The NEYP at Central University of Jammu showcased a commitment to environmental sustainability and the nurturing of young leaders dedicated to The NEYP featured regional level, where they house audience, including driving progress in India. environmental sustain- Environmental Studies participants from vari- will compete with partici- undergraduate, postgrad- It emphasized the power uate, and research stu- of collaboration and the dents, as well as esteemed academic community's faculty members from the dedication to addressing students from various mental issues. Dr. Ritu tive states. Their youthful adjudicated by experts university. The event pro-

Congress fully capable to deal with challenges, misleading politics of BJP: Vikar Rasool

JI NEWS SERVICE

mittee (JKPCC) Chief and deceit, he said. Vikar Rasool Wani on

gress Committee Presi- in holding Assembly and dents, District Incharges, other elections in J&K. Frontal Organization

Centre is apparently pun-agenda of the BJP. ishing people of J&K on different counts after other issues, the particisnatching their democrat- pants debated over the ic rights and downgrading impact of Party's ongofull-fledged State into two ing district level review UTs in an undemocratic meetings and public outmanner by a stroke of reach programmes, while pen just to settle political resolving to hold similar scores and rule J&K direct- review meetings at Tehsil/ ly from the Centre.

that BJP Govt has made Party at grass roots. J&K testing laboratory BJP's vendetta and divi-spoke on the occasion.

sive politics, but the Congress Party is fully capable to deal and defeat the The Jammu and Kashmir BJP's political ambitions, Pradesh Congress Com- which are based on lies

JKPCC Chief said that Wednesday urged the Party is preparing a road-Party Leaders and work- map to deal with the ers to vigorously start challenges particularly mass contact programmes the political vendetta in their respective districts unleashed against "J&K", and areas and highlight besides the fake narrathe issues concerning the tive being built by BJP for public for their resolution. the lust of Power, while Wani was addressing a expressing grave concern meeting of District Con- over the prolonged delay

Vikar Rasool Wani felt heads, Departments confident that Congress and Cells of JKPCC at Party will emerge stron-Srinagar Party office in ger in the forthcoming which threadbare discus- elections given the dedisions were held on the cation and hard work of current state of affairs in Party Cadres coupled J&K especially in Kashmir with the pro-people policies of Congress Party Addressing the meeting and its uncompromising JKPCC Chief told the Party fight against the loot of Leaders that BJP Govt at public money and divisive

Apart from various block levels across J&K to It is an established fact further strengthen the

JKPCC Senior Vice Preswhere experiments are idents G.N.Monga (Ex. being done on daily basis MLC) and Mohd Anwar to get benefited politically Bhat also addressed the and mislead people in rest meeting and expressed of the country on J&K's confidence over the Conprosperity and develop- gress Party's acceptance ment, which is nowhere and public appreciato be seen aiming to cover tion of the work done by its (BJP) utter failure on all it(Congress) for the develfronts, People have real- opment and prosperity ized the misleading and of J&K. Frontal Organizahateful politics of BJP, tions Heads, DCC Presi-PCC Chief added and said dents, Incharge Districts, that J&K is the victim of PCC Functionaries also

"Cultural Competition, valedictory function mark 15th Tribal Youth Exchange Programme a success"

JAMMU, NOV 8

Exchange Programme of the jury for the cultural concluded on 08 Novem- competition. He elabober, 2023 in the presence rated on the activities and of the chief guest, Member achievements of the par-Parliament Rajya Sabha, ticipants throughout the Sh. Gulam Ali Khatana at week-long duration of the Saraswati Dham, Jammu. exchange program, includ-The day was made memo- ing the educational tours rable by a series of capti- to Patnitop and various vating cultural dance per- industries near Jammu, as formances during a spir- well as several informative ited dance competition, lectures delivered by the culminating in a dignified representatives of SEBI, tant Professor, Cluster from district Kalahandi, valedictory ceremony.

In his welcome address, BBIA Jammu. Sh. Nisar Ahmed Butt,

P. Verma, Senior Journalist Rampal Singh Dogra, Social Activist S. Kirtan The 15th Tribal Youth Singh, and the members

Family Chairperson Dr. S. of Dr. Shalini Rana, Assis- Jammu declared the team with trophies and cash them the best for the sity of India first hand.



Cyber Cell, DIC office, and University of Jammu, Dr. Odisha as the winner, fol-Shubra Jamwal, Assistant lowed by district Malkangi-

prices of Rs 10,000, Rs future. The esteemed 5,000, Rs 3,000, Rs 2,000, guests and jury members exchange programme.

and Rs 2,000 respectively. were gifted mementos as Dr Rana congratulated a gesture of gratitude from the winners and asked NYKS Jammu. In the vote the participants to make of thanks, DYO Rajouri they nation proud. She Nitin Hangloo thanked the expressed appreciation guests and participants to NYKS and the Govt. of for their time. In his state-India for their commend- ment, he expressed his able initiative through the optimism that the participants have acquired Member Parliament valuable insights and cul-Rajya Sabha Sh. Gulam tural knowledge from the Ali Khatana congratulated exchange program, par-NYKS on the organisa- ticularly gaining a deeper tion of the exchange pro- understanding of Jammu's gramme, and expressed rich cultural heritage. The delight on experiencing Tribal Youth Exchange Pro-Youth from nine dis- Professor, Govt. College ri, Odisha, district Khunti, tribal culture up close. gramme is an initiative of State Director NYKS, J&K, tricts over all four districts of Education, Jammu, and Jharkhand, district Bhan- He congratulated the the Government of India welcomed the guests, MP presented mesmerising Mrs. Priyanka Mahajan, dra, Telangana, and disparticipants on their suctitation that enables tribal youth Rajya Sabha Sh. Gulam Ali cultural dance perfor- Assistant Professor, Govt. trict Sarikela, Jharkhand. cessful completion of the from remote areas to expe-Khatana, Gandhi Global mances. A jury consisting College of Education, The teams were awarded programme and wished rience the cultural diver-

Revenue Deptt worst hit by illegal gratification culture: Tony

Strongly condemns arrests of Ch Lal Singh

JI NEWS SERVICE JAMMU, NOV 8

Ramesh Khajuria here at corrupt officials, who are in Santokh Vihar, Kalu Chak abundance in this specific in Jammu. Ch Hussain Ali department although the JKPCC General Secretary Waffa, Chairman Congress situation in other departand DDC Member Suchet- SC Cell, youth leader Man- ments is also not much garh, Taranjit Singh Tony deep Choudhary, Rakesh promising because coron Wednesday said that Kundal and others also ruption is deep rooted. rampant corruption has attended the meeting. He urged LG Manoj Sinha become the hallmark of Tony said that the Revenue to take substantial action incumbent government Department is worst hit by and do the needful to end ruption will not change the has been publicized about J&K and announce elecgiving a tough time to the the illegal gratification cul- the graft culture as the situation as there is need this evil of society. common man. The senior ture alleging that anything common man is finding it to work on ground because Congress leader was and everything is possible difficult to cope up with under the present dispen- leader also urged the people and denying this the voice of J&K, which opposition leaders with addressing a meeting of in this department by this scourge of society. He sation, the corruption has Centre not to check the right will cost dearly to the will be taken up very seri- Ch Lal Singh becoming the



party cadre organized by greasing the palms of the said rhetoric against cor- thrived contrary to what patience of the people of party in power at the union ously by the people espe- next target.

of Ch Lal Singh, Tony said that action by the Enforcement Directorate is testi- ED and CBI have sadly mony to the fact that the turned as tools of the BJP agency is working under government to mount presimmense pressure losing sure on opposition parties its sovereign trait shod- losing their attribute to act dily. He said that sending against the wrongdoers as tions as popular govern- Lal Singh to jail is nothing for the last many years the The senior Congress ment is the right of the but an attempt to muzzle duo is acting only against

cially Dogras as the entities Condemning the arrest behind this act have hit them below the belt.

Tony observed said that

Screening of **Blood Samples** for Chikungunya initiated at GMC **Udhampur**

JI NEWS SERVICE UDHAMPUR, NOVEMBER 8

The Department of Microbiology at Government Medical College Udhampur has commenced the screening of blood samples from febrile patients to detect Chikungunya.

In recent times, the Hospital is receiving patients with symptoms such as fever, joint pain, and cough, and Chikungunya is emerging as a significant cause of fever, alongside dengue. So far, for Dengue, 2677 blood samples have been screened, with 554 testing positive.

It is noteworthy that the Department of Biochemistry at GMC Udhampur has recently introduced eight new laboratory tests, in addition to the existing ones. These include vital tests, such as HBA1C, which is crucial for monitoring blood sugar control in diabetic individuals.

Revenue Services Camp held at **Tehsil Banihal**

JI NEWS SERVICE RAMBAN, NOVEMBER 8

A day-long mega Revenue Services camp was today held at village Dooligam in Sub Division Banihal of Ramban district, under the supervision of Sub Divisional Magistrate, Banihal, Zaheer Abass Bhat to aware the people about their legal rights, besides sensitizing them about various government schemes under different sectors.

Tehsildar Banihal, Imtiaz Ahmed, Naib Tehsildar, PRIs, a large number of people from different areas and other revenue department officials participated in the camp.

The Revenue Department Officers and officials demonstrated an unwavering dedication to make a tangible difference in the lives of the citizens as they proactively engaged in addressing complaints and swiftly implementing necessary directives for their resolution.

During the camp, 110 domicile certificates, 107 ST certificates, and 6 Inheritance mutation certificates were provided to

CUJ concludes Two-Week Online Faculty Development Programme in Chemistry and Allied Sciences FDPCAS - 2023



JI NEWS SERVICE JAMMU 8 NOV

in Chemistry and Allied nized by the Depart- convener of this FDP. ment of Chemistry and Chemical Sciences, Cen- bers of Chemistry and tral University of Jammu other allied subjects of during 26th October-08th Colleges/Universities, November, 2023 success- early- career researchfully concluded. The ers, academicians and program was organized other participants had a under the patronage of great opportunity to learn hon'ble Vice Chancellor from an esteemed panel Prof. Sanjeev Jain.

Head, Department of areas of chemistry and Chemistry and Chemi-shared their experiences

cal Sciences, Central and perspectives relating University of Jammu was Two-Week Online Faculty Princy Gupta, Assistant Chemistry and Chemical Sciences FDPCAS - 2023 Sciences, Central Univer-(Refresher Course) orga- sity of Jammu was the Co-

> The faculty memof experts who delivered

to newer methods/techthe Convenor and Dr. niques used in teaching and research. During this Development Programme Professor, Department of FDP, a panel of 34 speakers from well reputed institutions including IISc, IITs, IISERs, Central and State Universities delivered Invited talks. The valedictory session was concluded by Prof. V. Sridharan who presented detailed report of this Two-Week Online FDP. Dr. Princy Gupta, Co-Convener of the FDP presented the formal vote of thanks. About 36 participants Prof. V. Sridharan, talks on various emerging from different parts of the country participated

Day 1- "Women for Water, Water for Women" Campaign witnesses enthusiast response nationwide

JI NEWS SERVICE NEW DELHI, NOV 8

The inaugural day (i.e 7th November, 2023) of the ' Women for Water, Water for Women", an ambitious initiative by the Ministry of Housing and Urban Affairs (MoHUA) under its flagship scheme - AMRUT, in partnership with the National Urban Livelihood Mission (NULM) and Odisha Urban Academy, ating success. This campaign commenced yesterday i.e. on 7th November, SHG women with flowers 2023. It will continue till and were presented field 9th November, 2023.

Water for Women" cam- eco-friendly bags, badges, paign aims to provide a etc.

into the heart of the cam- water infrastructure. paign during "Jal Diwali".

water to households. State officials welcomed visit kits, including water The "Women for Water, bottles/ sippers/ glasses,

platform for inclusion of Throughout the day, the wisely and protect the prewomen in water gover- women were immersed in cious resource through nance. They will be given the world of water infra-thoughtful actions and first-hand knowledge structure, receiving expert conscientious decisionabout water treatment guidance on water quality making. processes through visits testing protocols, ensurto Water Treatment Plants ing the highest standards (WTPs) in their respective of water purity for their communities. The cam- a resounding success, Enthusiastic participa- paign's goal of empowtion marked the first day ering women through of campaign as more than knowledge was achieved 4,100 women from across as participants left with a all States (barring the deeper sense of ownership poll bound States) delved and responsibility towards

These empowered women day encompassed familembark on visits to more iarizing and educating than 250 Water Treatment women about the AMRUT Plants (WTPs) nation- scheme and its wide- 10,000 women SHGs, wide, gaining invaluable spread impact, providing firsthand knowledge of comprehensive expothe intricate processes sure to Water Treatment campaign shall continue involved in delivering Plants, promoting inclu-till 9th November 2023.

concluded with reverber- clean and safe drinking sivity through souvenirs and articles crafted by Women Self-Help Groups (SHGs), and encouraging the adoption of Water Efficient Fixtures in households. Participants also committed to conserve and use water resources

> The efforts of SHGs and State officials made day 1 of the campaign marking a significant stride towards inclusivity and empowerment in the critical domain of water infrastructure under the AMRUT 2.0 initiative. Day 2 and 3 of the campaign The focus areas of the are expected to witness visits to more than 400 WTPs with an additional participation of more than coming together to celebrate "Jal Diwali" as the

DC Kishtwar conducts day long tour of Block Mughal Maidan of Chatroo Sub Division

KISHTWAR, NOVEMBER 8

comprehensive inspection initiatives. of ongoing developmental projects, with a particular focus on road infrastruc-

as well as concerned AEE from PMGSY, the Deputy

particular attention was installation and black spot given to KK Loidhar Road, removal efforts. He emphature, within the block Dadpeth Kuchhan Road sized the need for these Mughal Maidan of Chatroo and Tagood Basdewna works to be carried out accompanied by BDO sub-division of District Road.

Accompanied by SDM Road, the Deputy Commis-Chatroo, Showkat Hayat sioner was briefed by AEE

Ahmad AEE R&B Chatroo ensure its timely comple-

Simultaneously, at the Deputy Commissioner Commissioner assessed KK-Loidhar Road of PMGSY Kishtwar, Dr. Devansh the progress and status of and Dadpeth to Kuchhan Yadav today undertook a these key infrastructure Road of PWD, the Deputy Commissioner assessed During the inspection, the ongoing crash barrier promptly while preserving At the Tagood Basdewna the existing BT (Bituminous Tar) works on these roads.

Tehsildar Kishtwar Matoo, Tehsildar Kishtwar, PWD (R&B) on the com-received directives to Muneeb Umar, Tehsildar pletion of 5 kilometers of resolve any bottlenecks Mughal Maidan, Nayeem earth cutting by PWD. Dr. on the KK-Loiedhar Road tioning of the facility was Iqbal Sheikh,BDO Dheeraj Devansh Yadav instructed to facilitate uninterrupted closely examined to ensure Kumar, SHO Chatroo Sand- the executing agencies progress on this route. He effective waste manageeep Parihar, Er Sheikh Nisar to expedite the work and stressed upon all the offi-

cers of PWD, PMGSY and revenue to have a comprehensive interdepartmental coordination for removing bottlenecks in smooth execution of developmental works to ensure their completion in time bound In another part of the

visit, Dr. Devansh Yadav, Mughal Maidan, Dheeraj Kumar, and his team, inspected the Solid Waste Segregation Shed in Panchayat Moolchitter of Block Mughal Maidan. The func-

BRO conquers impossible with road to **Amarnath Shrine:** Vikramaditya



JI NEWS SERVICE JAMMU, NOVEMBER 11

Former MLC Vikramaditya Singh today lauded the Border Roads Organization (BRO) for accomplishing a feat that many considered impossible, constructing a road to the sacred Amarnath Shrine.

In a statement issued today, Vikramaditya Singh expressed deep concern about the potential environmental damage that could be caused to the fragile ecosystem of the region as a result of increased vehicular traffic ferrying devotees to the holy Cave Shrine. He cautioned that the increased influx of pilgrims could lead to pollution, littering, and other disruptions to the delicate environment.

The former MLC emphasized the need for a comprehensive environmental management plan to minimize the impact of the road construction and increased pilgrimage on the region's ecology. He urged the authorities to prioritize sustainable practices and environmental protection measures to preserve the pristine beauty of the Amarnath pilgrimage route.

'We must ensure that the construction of the road and the increased pilgrimage do not come at the cost of the environment," he said, adding "We must work together to protect the fragile ecosystem of the Amarnath region for future generations."

received a grant for a Design Patent



Dr. Baijnath Kaushik of SMVDU





JI NEWS SERVICE JAMMU, NOV 8

The design patent for the

patent include Dr. Akshma issued the patent, which "Digital Antibiotic Vials Chadha, Dr. Yusera Farooq was assigned the design Auger Filling Machine" Khan, Dr. Malvika Ashok number 6319100. Version has been granted to Dr. (Research Associates), 14-2023 of the interna-Baijnath Kaushik, Asso- and Mr. Abhigya Mahajan tional design classification ciate Professor and the (Research Scholar) under falls under the class Medi-Head, School of Computer RP-126 at the School of cal and Laboratory Equip-Science and Engineering Computer Science and ment and the subclass who is also the Principal Engineering, SMVDU. Apparatus and Equipment Investigator of Research On October 19, 2023, for Doctors, Hospitals, Project RP-126 at Shri the Comptroller-General and Laboratories.

Mata Vaishno Devi Univer- of Patents, Designs and sity. Other collaborative Trade Marks, Intellecrecipients of the design tual Property Office, UK

Khatana visits District Hospital Gandhi Nagar to assess facilities



JI NEWS SERVICE JAMMU, NOV 8

In a dedicated effort to better understand the healthcare challenges faced by the medical fraternity and patients, Bharatiya Janata Party (BJP) Member of Parliament in the Rajya Sabha (Nominated), Er. Gulam Ali Khatana, paid a visit to the District Hospital Gandhi Nagar today. The visit aimed at assessing the facilities and identifying

cal Superintendent, MP Khatana undertook an first-hand insights into the state of healthcare in the

During the visit, he interacted with doctors, discussing their experiences and challenges they face in delivering quality healthcare services. The discussions covered topics such as infrastructure, availability of medical equipment, and the work environment for medical professionals. MP Khatana also met

the concerns of healthcare with patients, listening providers and patients in to their experiences, concerns, and suggestions to services in the district.

After the visit, MPKhat- district. extensive tour of the ana said, "It has been an District Hospital Gandhi insightful and eye-open- Khatana attended a func-Nagar, engaging with doc- ing experience to visit the tion organized by Nehru tors, nurses, patients, and District Hospital Gandhi Yuva Kendra, Jammu

administrative staff to gain Nagar and speak with both the healthcare providers and the patients. Their feedback is invaluable in improving our healthcare system. The government is committed to addressing these concerns and ensuring that the healthcare infrastructure is upgraded to meet the needs of the people.'

The MP assured the medical community and the public that their concerns and suggestions would be given due consideration and that efforts would be made to enhance the facilities and services Accompanied by Dr. improve the quality and at the District Hospital Praveen Yograj, Medi- accessibility of healthcare Gandhi Nagar and other healthcare facilities in the

Later MP Gulam Ali

'Back to Village 5'

Active Community participation a must for effective, need based development: DC Ramban

JI NEWS SERVICE RAMBAN, NOVEMBER 8

Asserting that people's active participation in decision making plays an important role in overall development of an area, Deputy Commissioner Baseer-Ul- Haq Chaudhary today said that the locals should be involved while making and executing developmental plans of the area.

The Deputy Commissioner said this while participating in 'Back to Village 5' programme in Panchayat Halla of Ramban district.

The DC directed the line departments to work in tandem to develop the rural areas like Panchayat Dhandrath Halla on modern lines, saying that it should be developed as Model Panchayat of the district.

Calling upon the people, particularly youth, to actively contribute towards the development of the country and betterment of their localities, the DC asked the people to come forward to take part in the aries for early redressal development process of of the same. He said that their respective areas. He the genuine demands of



to achieve effective and at Dhandrath area would

ent beneficiary oriented schemes offered under that their developmental area at their doorsteps. needs are fulfilled.

PRIs, locals and youth of the area, the Deputy Commissioner passed on-the-spot directions to the concerned function-

need based development. be looked into for the He urged the youth to convenience of general take benefits from differ- masses. He directed Chief Medical Officer, Ramban for organizing a Special different sectors by the Health Camp in the areas, Government. He asked besides deputing medicos the locals to put forth in Health and Wellness department and sector- Centre on rotational basis wise development plans to provide better mediin the next Block Diwas so care to the patients of the

Directing the Chief Edu-Responding to the cation Officer to upgrade issues highlighted by the toilet facilities for the students and staff of the local barriers at critical locaschool, the DC also directed the District Sheep Hus- community hall. bandry Officer to conduct

teachers as builders of the nation. He asked them to focus on imparting quality education to the students for their overall development, besides preparing them to crack prestigious competitive examinations. He also inspected infrastructure available in the school.

Interacting with the students, he said that their demand with regard to change of school timing would be looked into.

Later, the Deputy Commissioner inaugurated the Carrom tournament for U19 boys category organized by the District Youth Services and Sports department.

Earlier, locals projected a chatter of demands which included development of the playground, replacement of wooden poles with iron polls with the provision of transformers, up-gradation of Karol-Kumait Halla road, with installation of crash tions, and construction of

Likewise, Back to Vilfrequent field visits of the lage 5 Phase-II has been area to provide better ser-started in 40 Panchayats vices to sheep breeders. of 4 Blocks and Phase-I of Interacting with the B2V5 has been successstrongly batted for active the locals regarding set-faculty, the Deputy Com-fully completed today in 3 community participation ting up of Naibiat office missioner termed the Blocks of Ramban district.

BRO surmounted insurmountable by realizing road to Amarnath Shrine: Dr Parneesh

JI NEWS SERVICE JAMMU, NOV 8

Dr Parneesh Mahajan, Convener, Department of Training, BJP, J&K, today lauded the Border Roads Organization (BRO) for constructing a motorable road upto the Shri Amarnathii Shrine.

In a statement issued to media persons, the senior will change 180 degrees BJP leader said that the as a lot more devotees BRO men have created are likely to visit the cave history by surmounting shrine and pay obeisance the insurmountable in including the speciallyrecord time as road to abled but pollution, litter-Shri Amarnathji Shrine ing, traffic management was is simply the dream and certain other issues coming true because entities in the field of road construction were of the the concerned authority opinion that this is something next to impossible.

deep concern over how to manage things like the things will be man- conserving ecology, etc aged once the vehicles but a workable plan is a will be allowed to ferry devotees to the holy fore the same has to be cave shrine? He said chalked out in a comprethat the triumph of BRO hensive manner to avoid over gigantic mountains mayhem at the later has opened up vistas of stage. He lauded the hard opportunities for the toil and failsafe planning devotees because after behind the widening of the clearance of this road the path to transform it



will accompany this feat making it necessary for to plan things accordingly.

Dr Parneesh asserted He however expressed that it is not difficult pre-requisite and therefor the pilgrims things into a motorable road.

Shrine Board batting for devp of civic amenities at Katra

nent citizens of the town.

Darshani Deodi.

JI NEWS SERVICE KATRA, NOVEMBER 8

Shri Mata Vaishno Devi

Shrine Board continuing with the initiatives for overall socio-economic development of the region as per the directions of Hon'ble Chairman, SMVDSB (Lt. Governor, IK-UT) has undertaken various projects in Katra and surrounding areas.

The projects include renovation and upgradation of the road already constructed by the Shrine ward members and promi-Board alongwith drain from Hansali to Panthal Road via Bhumika Temple including maintenance of the road for a period of five years besides, renovation and upgradation traditionally travel to the of Govt Girls High School Holy Cave on foot via at Banganga Road, Katra and construction of Lane development is poised & Drain from Darshani to make the pilgrimage Deodi towards Katra.

In the endeavour, Chief Executive Officer, Shri besides helping the locals Mata Vaishno Devi Shrine in decongesting traffic of Board, Shri Anshul Garg the main road towards today inaugurated renovation and upgradation of lane & drain works taken up by the Shrine from Darshani Deodi to Board for the renovation Shalimar Park, Katra at and upgradation of Govt an expenditure of over Girls High School at Ban- amenities.

Rs.48.06 lakh in the presganga Road, Katra at the ence of Chairman, Munic- estimated expenditure of ipal Committee, Katra; Rs.98.93 lakh likely to be completed by the ending Sub Divisional Magistrate, Katra; Jt. Chief Executive March, 2024. The Board Officer, SMVDSB; Engiearlier completed many neers of the Shrine Board, civic amenities related works in Katra town which included providing and fixing of ornamental rail-Completion of the entire stretch within a ing and installation of dual period of three months lamp LED street lights on will alleviate the difficulthe Central Verge of the ties faced by pilgrims who road leading to Railway Station, Katra; providing and fixing of Children old Darshani Deodi. This Playground equipment at Shalimar Park, Katra and construction of road and more comfortable and drain in Ward number 2 in accessible for devotees Katra. Besides, from time to time has also provided financial support under social support initiatives to the Municipal Committee, Katra for undertak-The other project being ing various development

works and improving

sanitation and other civic

BJP concerned for dignified living of every citizen: Khatana

JI NEWS SERVICE

JAMMU, NOV 8

Er. Ghulam Ali Khatana, MP (Rajya Sabha) accompanied by J&K BJP General Secretary Dr. Devinder Kumar Manyal during a public sitting in BJP headquarter, Trikuta Nagar, Jammu emphasized on the people friendly approach of Public departments like Revenue to achieve the mission of PM Modi's good governance model at the ground level.

BJP Secretary Arvind Gupta and Media Incharge Dr. Pardeep Mahotra the district Authorities. assisted them during the public sitting.

nity members, who comgoing to snatch their lands for development pur- and assured the visitors poses. They narrated that that the BJP is concerned their uprooting will create for the dignified living of problems for their resettlement and proper dignified

dors of Kathua city, who them to the best possible their livelihood earning by

issues with the district Er. Khatana was listen- Authorities and stressed towards these people and the progress of the issues every citizen.

Khatana also listened that the party is always at cadre has always followed to the problems of fruit the beck and call of the this line in letter and spirit. and vegetables Rehri ven-people and ready to help

informed the MP that they extent in mitigating their are not allowed to carry on problems. He informed that the doors of BJP and its leaders are always open The MP took up their for everyone.

Arvind Gupta stressed on the party's commiting to the grievances of a upon the senior officials to ment to reach at the doorgroup of minority commu- adopt a friendly approach steps of the people and serve as a bridge between plained of harassment at take care of their proper the party and the masses the hands of the revenue settlement. He asked them and facilitate the people department, which is to keep him informed on to get solutions to their

Dr. Pardeep Mahotra, on this occasion, said that reaching and helping the last man in the last row is Dr. Devinder Kumar the basic principle of serv-Manyal also assured them ing the people and the BJP

SMVDU, Faculty delivered Keynote at World Intellectual **Property Right** Conclave 2023

JI NEWS SERVICE JAMMU, NOV 8

Dr. Baijnath Kaushik, Associate Professor and Head of the School of Computer Science and Engineering at SMVDU, and Principal Investigator of Research Project RP-126, delivered the keynote lecture at the World Intellectual Property Right Conclave 2023 in New Delhi. He spoke on the topic entitled "System and Methods for Brain Tumor Segmentation." The attendees acquired significant knowledge concerning various segmentation methodologies and their application in the context of brain tumors. The presentation received applause from other delegates who participated from across the world.

India's self-confidence is growing under PM Modi's clairvoyant leadership: Rohiin Chandan

JI NEWS SERVICE JAMMU, NOV 8

Bharatiya Janata Party (BJP) District Secretary and Prabhari Yuva Morcha, Jammu South Rohiin Chandan today exuded confidence that brave and courageous Modi is all set to return



Prime Minister Narendra paved the way for progress and peace in J&K. He to power for a third term underlined that this was with a clear majority in the only probable in coordina-2024 Lok Sabha elections. tion between central gov-Rohiin Chandan claimed ernment public friendly that the faith of the people schemes in direct camaparticularly in the union raderie with the state top territory of J&K and the leadership of BJP in J&K entire country is with amid the general public. general populace and sev- dence under the admirin Jammu & Kashmir has the poor and reinvigo- added.

rate their pride and selfrespect, Chandan said, the Modi-led government has not only transformed lives but also helped the poor in overcoming poverty and common citizens feel empowered and encouraged today.

Rohiin Chandan indicated that Modi's leading government successfully a long decade has not only transformed lives but also helped the poor in overcoming poverty", Chandan educates and informs that more than 13 crore people have come out of poverty in the last 5 academic, linchpin Prime He commented today, years alone. He said that 13 Minister Narendra Modi that every "Bharatwasi" is crore people have successand it is the opinion of the brimming with self-confi- fully broken the barrier of poverty and become part eral political pandits have ing supreme priceless, of the neo-middle class also acknowledged this clairvoyant leadership of in the country under the fact that he is coming back Modi Sarkaar. He counted umbrella of PM Modi's with a clear majority in that numerous Jan Dhan swift moves. He is fully the 2024 Lok Sabha elec-bank accounts became confident that "People tions. Rohiin highlights a medium to break the should re-elect the Modi abrogation of Article 370 mental barriers amongst government in 2024, he

16 Corps Signal Regiment Cycling Expedition reaches Bodhkharbu, will be flagged in at Leh on Nov 16



JI NEWS SERVICE JAMMU, NOV 8

Adventure is an aspect which requires a high degree of physical as well as mental fitness and robust-

Corps Signal Regiment. in 23 days, with an aim to passed Namika La(12,198 foster camaraderie and esprit-de-corps amongst the top. serving soldiers and veter-

made the supreme sacrifice for the country and felicitate the Veer Naris. The expedition will be flagged in at Leh on 16 November

The cycling expediness. The same is beautifultion team started from 31 ly exemplified by all ranks Punjab (Kargil) at 0820 of 16 Corps Signal Regt, by hrs and reached Bodhplanning and undertaking kharbu at 1620 hrs after a cycling expedition from covering an approx dis-Nagrota to Khardungla tance of 68 Kms. Enroute, in Leh, to commemorate the team halted for tea the Platinum Jubilee of 16 at 55 Road Construction Company(Mulbek) where The expedition is tra- the team was recieved by versing a mountainous AE(C) Ram Kumar. The and treacherous route of team then started for Bodhapproximately 800 kms kharbu. Enroute, the team

The team is halting ans and inspire youth. The for night at 260 Transit cycling team, enroute, is Camp(Bodhkharbu) and paying reverence to brave will be moving for Khaltse hearts of the nation who tomorrow morning.

feet) and stopped for tea at

Kavinder meets Maharashtra Planning Commission Chairman, discussed growing business opportunities in J&K



JI NEWS SERVICE JAMMU, NOV 8

Kavinder Gupta, senior BJP leader and former Union Territory presents a Deputy Chief Minister, welcoming environment today met Rajesh Vinayak for business investments. Kshirsagar, Chairman of He requested the Chairthe State Planning Com- man of the State Planning mission of Maharashtra Commission of Maharashpolitical scenario and pre- to seize the vast opportuvailing peace in the Union nities now available in Territory.

Kavinder Gupta detailed the transforma- acknowledged the tive steps undertaken by remarkable progress in the Modi Government Jammu and Kashmir, since 2014, including affirming the potential the pivotal scrapping of for economic growth Article 370, which have and development in the paved the way for endur- region. He expressed a ing peace in Jammu and keen interest in fostering Kashmir. He emphasized collaboration between the profound changes in Maharashtra and Jammu the region, now ripe with and Kashmir to explore opportunities for indus- these burgeoning opportrial and business sec- tunities, ensuring mutual tors, inviting enterprises prosperity and a stronger to flourish in the "paradise" national economic frameon earth."

Underlining the peaceful and stable conditions in Jammu and Kashmir, Kavinder asserted that the and discussed the current tra to encourage investors Jammu and Kashmir.

Rajesh Vinayak

BJP will sweep Lok Sabha elections in J&K: Raina

JAMMU, NOV 8

Bharatiya Janata Party (BJP), Jammu & Kashmir led by its President Ravinder Raina held a "Booth Jan Samvad Abhiyaan" at Village Kot in Raipur Domana Mandal of Jammu North district. J&K BJP General Sec-

retary (org.) Ashok Koul, DDC Chairman Bharat Bhushan Jammu North district President Omi Khajuria, Mandal President Ashok Kerni were amongst the prominent leaders present.

leadership and its dedicathere as well. ed cadre is always in the first choice of masses.

yaan programmes is overbee in chair to serve them. Panchayat in Amb Gharota



public, which is making addressing the programme present in the Jan Samvad. this party popular and the said that a wave of change Similar programmes In is seen in the entire length Booth no. 17, 18, 19 and 20 "While the response to and breadth of J&K and of Panchayat Channu Chak booth Jan Samvad Abhi- the people want BJP to of Marh Mandal and Amb

the other parties", Ravin- bitter experience of the Ravinder Raina, while der said and added that governments of Congress addressing the Sam- the 2024 general elections and NC in the past and melan, said that fearing will write a new chapter in have made up their minds their defeat in elections, the political history of the to teach these parties a the opposition parties are nation as people will be lesson for making false making false statements voting in favour of BJP to promises and betraying and Dharana Panchayats, and targeting BJP on one see Modi as the PM for the them. District General Secpretext or the other, but third consecutive term. retaries Ajay Sharma and the fact is that their politi- The voters of Jammu & Surinder Bhagat, Mandal cal existence is at the Kashmir will contribute to Presidents Rakesh Singh verge of extinction. He ensure that the BJP sweeps Bhalwal and Amit Singh said that the BJP's entire the Lok Sabha elections Rajput, Ankush Sharma and others were the Ashok Koul while prominent party leaders

Mandal of Marh Assembly constituency, Ashok Koul, Bharat Bhushan and other leaders addressed these programmes., Programmes were also held in Poonch in Sarglan, Dharti which were attended by a large number of people of the areas.

More programmes were organized in Dreri, sokar, and Dabrot Panchayats of Rajouri.

In Udhampur, the programme was held in Sounthan Panchayat.

In Jammu south, similar programmes were held in Shastri Nagar and Ward

Omar intentionally hurting sentiments of Hindu community: Dr. Manyal

JI NEWS SERVICE JAMMU, NOV 8

The BJP strongly condemns the remarks of Jammu Kashmir National Conference (JKNC) vice president Omar Abdullah on construction of road to Shri Amarnath. By raising objections on providing road facility for vehicular access to the holy shrine, the former Chief Minister has intentionally hurt the sentiments of crores

Dr. Devinder Kumar Manyal, J&K BJP General publicly apologize for the potential of hurting Airport, thus providing sentiments of other com-

of Hindus in India and

abroad.



ments. He said that the NC leader has tried to link and created unnecessary controversy, which is not tolerable.

making communal state- the religious sentiments direct flight from Valley to munities.

The holy cave of Shri Amahas also enhanced the Haj rnath is situated at high subsidy for the Minority altitude, with changing pilgrims and BJP did not weather conditions and raise any objection, rather the pilgrims have been it welcomed the decision travelling on foot or poni of the government as it to cover difficult tracks. stands for better facilities No proper road connec- to everyone, irrespective tivity has been creating of religion or region. problems for aged people, those suffering from some ernment, which provided ailments, women and the visa free facility to children. By construct- Sikh Minority community the construction of roads ing a proper road will to travel across the border with the environment provide relief to the pil- through Kartarpur corrigrims, which cannot be dor to pay obeisances at digested by leaders like Gurdwara Darbar Sahib. Omar Abdullah. The BJP Dr. Devinder Kumar leader reminded the NC NC leader not to provoke Secretary and former Manyal said that the BJP that the Narendra Modi the peace loving people Minister expressed these respects all the religions government has added a of Kashmir on the name views of the party and and has never made any facility to travel for 'Haj' of environment and learn asked the NC leader to such statement, which has by upgrading the Srinagar to respect the religious

of a community or faith. Jeddah. This government

Again, it is the Modi gov

Dr. Manyal advised the

NEWS

B2V5Day 2

CS orders establishment of district control rooms, calls for serious efforts from Prabhari Officers and district administrations

JAMMU, NOVEMBER 8

To review the ongoing B2V5 programme, Chief Secretary, Dr. Arun Kumar Mehta, today held an interaction with visiting Prabhari Officers from three districts of Shopian, Sopore and Kathua.

Taking note of the lack of information on government schemes among some of the Prabhari officers, Chief Secretary impressed upon the General Administration Department, Divisional Commissioners of both provinces and Deputy Commissioners of all districts to hold orientation drives for the visiting officers to apprise them of the 137 actionable deliverables which are under review during this phase of the outreach programme.

all line departments to asked to extend their full district administrations activities and provide reliensure the presence of support and coordina- were instructed to set able staff support to vis-





Dr. Mehta directed officers. They were also of Prabhari Officers, the to facilitate coordinated at-level reviews of their during B2V5 meetings.

During days of visits these control rooms is

or demands that may arise to the appropriate authorities for timely resolution. Chief Secretary emphasized the need for increased engagement among all stakeholders, including Prabhari officers, PRIs, divisional and district administrations, and all line departments, to ensure that the fifth phase of the Back to Village program (B2V5) is more successful than the previous phases. He reiterated the focus areas under B2V5, including Jal Jeevan Mission (JJM), Mission Youth, Pradhan Mantri Awas Yojana, Amrit Sarovar, Swachh Bharat Mission, selfemployment schemes, PM Garib Kalyan Anna Yojana, PM Awas Yojana, PM Ujjwala Yojana, PM Vishwakarma, PM Kisan Saman, Kisan Credit Card, PM PRANAM, Nasha Mukt J&K, and various e-initiatives like Ianbhagidari and services their field functionaries tion in early resolution up B2V control rooms iting officers", Dr Mehta like quality school eduin the ongoing Panchay- demands being raised in their respective dis- said. In addition, these cation, free healthcare tricts. "The purpose of control rooms will help through golden cards etc.

in escalating any issues

Back to Village Phase-V

Mandeep Kaur visits Panchayat Seri Khawaja, addresses public grievances



POONCH, NOVEMBER 8

to Village" program com-Block.

Tazim Akhter, Deputy Commissioner, Yasin M Choudhary, Director RDD and Panchayati Raj, ACD, ACP, SE Hydraulic Circle ment, all Executive Engineers, BDO Lassan, CMO, common masses. CHO, CAO besides all panchs and Panchs were present.

the area.

The day began with a tion schemes. plantation drive at Govmental conservation.

ladies in the panchayat, to enhance grievance manner.

hygiene.

The fifth phase of "Back Commissioner Secretary inspected stalls set up menced today in the by various departments district of Poonch with and assessed the progof Rural Development ent schemes, focusing Department (RDD) and on achieving the prede-Panchayati Raj, Mandeep termined targets. She Kaur, visiting Panchayat actively engaged with Seri Khawaja in Lassana PRIs, senior citizens and activities undertaken in the area.

ing, the Commissioner field functionaries to Secretary emphasized expedite the execution Poonch, Chief Educa- the significance of Back to process and ensure the tion Officer, DSWO, LDM, Village program in bridg-Deputy Director Employ- ing the gap between the ongoing projects. administration and the

ernment Girls Middle tary promptly issued on- (BDO). School Hurmi Dhaki Seri the-spot instructions to Khwaja, symbolizing the concerned departments, importance of environ- urging them to prioritize participation in Gram speedy resolution of pro-Additionally, the Com- jected issues. She stressed come. She assured the missioner Secretary the importance of strong public that the issues inaugurated a Commu- coordination among gov- raised during the Back nity Composite Pit and ernment departments to Village Phase-V would Pink Toilet Complex for and local PRI members be addressed in a phased

promoting sanitation and redressal and ensure effective implementation During her visit, the of development projects on ground.

After addressing public grievances, sports activities were organized by Commissioner Secretary ress made under differ- DYSSO Poonch, where the Commissioner Secretary interacted with the players and encourage their participation.

During her visit, the the general public, gath- Commissioner Secretary District Development ering detailed feedback also inspected ongoing Council Chairperson, on the developmental works initiated during the last phase of the Back to Village program in the Addressing the gather- Panchayat. She directed timely completion of all

Mandeep announced inclusion of As part of the visit, previously left-out benedistrict officers and Sar- Mandeep Kaur distribut- ficiaries under the PMAY ed School Bags under the (G) scheme and instruct-"Beti Bachao Beti Padho" ed officials to display the The visit aimed to scheme and handed over updated beneficiary list address the grievances vehicle keys under the in every Panchayat. She of locals and facilitate Mumkin schemes, along urged PRIs and locals to meaningful interactions with loan sanction letters verify the authenticity of with the general public of by J&K Bank under the PMAY cases and report Self-Employment Genera- any errors or false claims to the concerned Block Commissioner Secre- Development Officer

> The Commissioner Secretary encouraged active Sabhas for optimum out-

Back to Village Phase-V: Vikramjit Singh visits Fakir Gujri; interacts with public, inspects developmental works

JI NEWS SERVICE

SRINAGAR, NOVEMBER 8

Commissioner Secretary, Industries and Commerce, Vikramjit Singh, today visited Fakir Gujri Panchayat in Harwan block of Srinagar district and presided over 5th phase of ambitious "Back to Village" public outreach programme.

He was accompanied by Deputy Commis-

tion and improvement occasion. made in public services delivery mechanism.

stock of ongoing develop- upgradation of PHC, mary School Fakir Gujri mental works taken up in Fakir Gujri, the Com- and inspected the ongo- sion, the Commissioner and flung areas and heed their areas under differ- missioner Secretary was ing class work. He also Secretary highlighted them and address their



During the visit, the and other public welfare ensure all basic health over sports kit to the local Commissioner Secretary establishments and took facilities are provided to youth club. interacted with the public stock of their function- the local people at their and undertook review of ing. He also inspected doorstep. progress achieved on the Shilaphalakam installed

While inspecting the compassionately. ongoing construction

sioner, Mohammad Aijaz Primary Health Centre, steps have been taken to dents and teaching fac-Asad and other senior Primary School Fakir upgrade the healthcare ulty of the school. Gujri, Anganwari Centre facilities in the area to Vikramjit Singh handed

On the occasion, Vikdevelopmental front with at a Fakir Gujri School ramjit Singh interacted special focus on improv- and took part in Graha with the doctors and ing socio-economic con- Parvesh of beneficiaries other staff members in tation of ICDS schemes. ditions of local popula- in PMAY-G houses on the the PHC and stressed them to attend patients

Vikramjit Singh took works on infrastructure Secretary also visited Pri- Gramin of the area. ent schemes, inspected apprised that various interacted with the stu-the importance of con-issues on the spot.



inspected the recently gramme is an important constructed house by a The Commissioner beneficiary under PMAY-

ducting 5th phase of "Back to village" programmes. He said that such programmes are being conducted to see Similarly, the Commis- development on ground sioner Secretary also vis- and bring administraited Anganwari Centre, tion at the door steps of Fakir Gujri and took a people to listen to their review about implemen- developmental issues and demands. He added that Later, Vikramjit Singh the "Back to Village proinitiative to bridge the gap between the administration and the people par-Speaking on the occaticularly living in remote

Back to Village Phase-V

Prerna Puri visits Panchayat Airwan; assesses public issues, concerns

JI NEWS SERVICE KATHUA, NOVEMBER 8

With an aim to provide governance at the doorsteps of rural populace besides facilitating community participation in development process, the fifth phase of ambitious flagship 'Back to Village' (B2V5) public outreach programme was today set in motion across 150 panchayats of nine blocks of Kathua district.

In all the blocks where the programme was rolled and other issues concern- from Amrit sarovar asset out, multitude of activities ing the panchayats. were held in different Pan-

ous departments and the Ghar Airwan.



At Panchayat Airwan the villagers besides delib-scenario in the panchay-the villagers. erating on ways to resolve at. She also inspected stalls of different depart- of Back To Village-5 was Awareness regard- ments, Health & Wellness held with great enthusiing individual benefi- Centre Airwan besides asmacross 150 Panchayats ciary based schemes and taking stock of ration dis- of 09 blocks of the district. guidelines of govern- tribution and progress ment schemes envisaging achieved in construction activities, inauguration of increase in rural incomes of PMAY houses. She also recently completed works was also generated by the inspected under construc- including PMAY houses frontline workers of varition building of Panchayat besides inspection of new

The villagers, during al, at Panchayat Kardoh, books and health cards, the programme, apprised Special Secretary Informa-presiding over sports the Visiting officers of the tion, Dr Mushtaq Ahmad events and inspection of difficulties being faced by dedicated Paddle Boat to rural assets was also conthem in availing the bene- the Panchayat that will ducted by the visiting offifits under various schemes help in generating income cers.

of the panchayat.

In Block Hiranagar, at chayats wherein Visiting in block Nagri, Commis- Panchayat Chann Kha-Officers held Interaction sioner Secretary, IT & trian, Joint Director Inforwith PRI representatives, Information, Prerna Puri, mation Jammu, Atul Gupta frontline government interacted with PRI mem- inspected stalls of differfunctionaries and promibers, held detailed delibert ent departments estabnent citizens. He had erations about realisation lished at panchayat Ghar detailed discussion with of deliverables by differ- where officers of conthem on core problems ent departments besides cerned departments genand issues being faced by taking stock of e-services erated awareness among

Likewise, the first phase

During the day long works under MGNREGA, In Block Keerian Gandy- distribution of land pass

Kishtwar Admin charts out comprehensive plan for conduct of B2V5 Program

JI NEWS SERVICE

KISHTWAR, NOVEMBER 8

Additional District Development Commissioner (ADDC) Kishtwar, Sham Lal today chaired a comprehensive meeting with (B2V5) in the district.

scheduled to take place Raj Institutions) and citi- achievements of previous sion Cases, Organizing on 14th, 15th, and 16th zens in the planned activi-November 2023 in each ties. panchayat of the district.

strategy was devised for cers (BDOs) were directed grassroots level. the efficient execution of to visit as many panchayinitiative.



the community, as well as cess. The B2V5 program is engage PRIs (Panchayati

all relevant officers to at the subdivision level and (AWWs), Self-Help Groups saturation and bridging deliberate and formulate establish regular camps at (SHGs) associated with the existing gap between a comprehensive action the block and panchayat JKRLM, and field func- the government and the conduct Parent-Teachplan for the successful levels during the B2V protionaries from various line people it serves. implementation of the gram. The primary objec- departments to ensure the Back to Village Programme tive is to actively involve program's resounding suc-stressed the importance success stories of the Pan-

phases of the program, sports events, Conducting attended by key officials ADDC Sham Lal high- Health Camps for the iden- including Joint Director Additionally, the Assis- lighted the progress made tification and screening of Planning, Mohd Iqbal, The meeting involved tant Commissioner Devel- across various sectors and Diabetics, Hypertension, ACR Kishtwar, Varunjeet an in-depth discussion in opment (ACD) and all the successful resolution Cataracts, and Cancer Singh Charak, DFO Kishtwhich a well-thought-out Block Development Offi- of public concerns at the Patients, Formulating the war Sagar Singh, DFO

He emphasized that cial Year 2024-25, Review- ACP Kishtwar, Zakir Husthis ambitious outreach ats as possible within the B2V5 program has ing ongoing schemes for sain Wani, ACD Kishtwar, their respective blocks. been shaped by valuable the current financial year, Manoj Kumar, DPO Kisht-Sham Lal They were also tasked feedback from previous Hosting Employment war, Sunil Bhutyal, BDOs, instructed the officers to with mobilizing Pani Sami- editions and is primarily Melas to achieve the Self- and other district officers arrange large-scale events tis, Anganwadi Workers aimed at achieving service Employment Target and and concerned officials.

Furthermore,

of focusing on key areas chayats during the three-While reflecting on the such as Saturation of Penday program. GPDP Plan for the Finan- Marwah Vijay Kumar,

as part of the B2V5 Program In addition, he highlighted the need to identify out-of-school children, initiate cleanliness drives in educational institutions

and Panchayat buildings,

er Meetings (PTMs) in

Conducting Mutation

Camps in each panchayat

he schools, and showcase The meeting was

visiting officers.