

DAILY | JAMMU | VOL NO: 10 | ISSUE NO: 258 | PAGES: 12 | PRICE: Rs 2/- | RNI NO: JKENG/2013/49471 | POSTAL REGD. NO. JK-497/22-24 | dailyjindrahimages.com/Epaper.php | jindrahimages123@gmail.com

MeT predicts light Rain, Snow in J&K on Nov 8 & 9

JI NEWS SERVICE SRINAGAR, NOV 6

Meteorological Centre Srinagar on Monday predicted light rain over plains and light snowfall over the higher reaches on Wednesday and Thursday in Jammu and Kashmir.

MeT office said that the weather will remain cloudy but dry on November 8 but during the late evening there is a possibility of light snowfall at a few places over the higher catchments of Jammu and Kashmir.

On November 9, the MeT predicted light rain on the plains and light snowfall over the higher reaches of Jammu and Kashmir and at a few places of Ladakh Union Territory.

"There is a possibility of 4-5 inch of snowfall on higher reaches of north western parts and the higher reaches, roads including Mughal road, Sinthan top, Razdan Pass and at Zojila pass

CONTINUED ON → PAGE 4

No looking back, enhance capabilities of working to deliver better: J&K DGP to officers



JAMMU, NOV 6

ing of senior officers from man said. different wings here, deliver better.

charge of the post on practical and effective. October 31.

police functioning at ly, noted down issues, zonal, range and dis- and gave his views, the trict levels besides other spokesman said. Jammu and Kashmir wings of the organization Police chief R R Swain on from across the Union sary that leaders of the working and functioning Monday chaired a meet- territory, a police spokes-

urging them to enhance he said the discussions working capabilities to were held in an informal This was the first the challenges, the work meeting chaired by the environment related difdirector general of police ficulties, as also difficul-(DGP) at the police head-ties in planning and exe-security interests," the to work out measures quarters after assuming cuting responses that are spokesman quoted the to enhance professional

The DGP listened to Swain reviewed the the participants patient- pleasure and privilege

force at different levels to deliver better to the must unhesitatingly people. During the meeting, interact with their junior effective, public friendly and aligned to national DGP as saying.

Swain said it is a great nel and to ensure

for him to have an interaction with all the senior officers of a professional force at a big platform for the first time after assuming the charge of DGP. He said Jammu and Kashmir Police has faced many challenges with fortitude and have made a top position among the different forces of the country.

The DGP emphasized upon the officers to look forward and enhance "It is absolutely neces- their capabilities of

He also advised for colleagues and take their developing competence feedback so that the of personnel in dealing environment to identify police and law enforce- with public, crime, law ment responses are cost and order, and generating human intelligence.

Directing the officers ethics among the person-

3 passengers killed, 17 injured in Rajouri accident



JI NEWS SERVICE

RAJOURI, NOV 6

Three passengers travelling in a Tempo Traveller lost their lives while 17 others including children as well as women were injured in a road accident that took place at Charhan as the ill-fated vehicle fell off the road on Monday.

Police informed the news agency that an accident took place when a Tempo Traveller bearing registration number JKO2AB-5535 on way to Rajouri from Budhal skidded off the road at

CHILDREN SCIENCE FESTIVAL

LG Sinha condoles loss of lives in Rajouri mishap

JI NEWS SERVICE JAMMU, NOV 6

Lieutenant Governor Manoj Sinha has condoled the loss of lives in the tragic road accident in

"I am deeply shocked to learn of the unfortunate road accident in Rajouri today, in which precious lives have been lost and many others have been injured. I send my heartfelt condolences to the members of the bereaved families and wish those injured a speedy recovery. I have directed the district administration to provide all necessary assistance to the affected persons," the Lt Governor said.

Amarnath Cave Shrine gets Motorable Road, first set of vehicles reach Temple

JI NEWS SERVICE SRINAGAR, NOV 6

In a first, vehicles have cave as the Border Roads restoration and improve- the officials said. Organisation has expand- ment of Amarnath Yatra ed road connectivity up to tracks. the cave shrine in Jammu and Kashmir, officials said here on Monday.

road from Dumail to the route in the Ganderbal Amarnath cave via Baltal district and the Pahalgam the biggest crime one can base camp in Ganderbal Development Author- commit to Hinduism and district of central Kashmir ity (PDA) maintained the its faith in nature. Hinduhas been completed, the Pahalgam route in the ism is all about immersing

They said the Border ated history by expanding and upgradation. road connectivity up to

with the responsibility

shrine last year.

The widening of the maintaining the Baltal Hindus. Anantnag district.

Roads Organisation (BRO) in September last year are in the lap of the Himapersonnel completed the handed over the tracks to layas," PDP spokesperson formidable task and cre- the BRO for maintenance Mohit Bhan posted on X.

the Amarnath cave shrine. road widening project to picnic spots for "mere The first set of vehi- ease the difficulties faced cles has also reached the by the pilgrims who tradishrine, the officials added. tionally had to travel to the The BRO was entrusted cave shrine on foot.

With the motorable

of maintaining the twin road reaching the Amartracks leading to the cave nath cave shrine, the pilgrimage would become The BRO's 'Project more accessible and comreached the Amarnath Beacon' is involved in the fortable for the devotees,

> However, the People's Democratic Party (PDP) Earlier, the J-K gov- criticised the move callernment's Public Works ing it the "biggest crime" Department (PWD) was committed to the faith of

"This is not history, it's in spiritual mother nature, The UT administration that's why our pilgrimages

Bhan said turning reli-The BRO undertook the gious pilgrimages into political gains" is worth condemnation.

"We have seen the wrath of God in

CONTINUED ON → PAGE 4

Dr Jitendra inaugurates children science festival, emphasises harnessing of young aptitudes

JI NEWS SERVICE JAMMU, NOV 6

Union Minister of State (Independent Charge) Science & Technology; MoS PMO, Personnel, Public Grievances, Pensions, Department of Atomic Energy & Department of Space and Vice President CSIR, Dr. Jitendra Singh has emphasised the har-

tute of Integrative Medicine (CSIR-IIIM).

Dr. Jitendra Singh also Earth. took a round of the stalls

The union Minister was dents drawn from the a new India and Scientific such outreach activities for speaking after inaugurat- schools of Jammu region Social Responsibility (SSR) students from schools and ing the "Children Science" have also scripted slogans of Scientific Community colleges. He said that such Festival" organized here under the themes like and Institutions. Jigyasa is activities help to increase today by CSIR-Indian Insti- Health & wellness, Water a student - scientist con- the scientific aptitude and conservation, Waste man- nect programme imple- inculcates the spirit of agement and Save mother

in the exhibition put up school students, Dr. Jiten- ration with Kendriya Vidy- to the winners of various on the occasion and wit- dra Singh narrated how nessed different kinds of the Jigyasa programme is science models prepared inspired by Prime Minister applauded the efforts of ence Festival. by the students. The stu-Narendra Modi's vision of CSIR-IIIM for organizing

alaya Sangathan (KVS).

mented by the Council of innovation and entrepre-Scientific and Industrial neurship in young minds. While addressing the Research (CSIR) in collabo- He also distributed prizes competitions organized Dr. Jitendra Singh during the Children Sci-

CONTINUED ON → PAGE 4

Four Cops injured as police vehicle skids off road in Kulgam

JI NEWS SERVICE SRINAGAR, NOV 6

Four policemen were injured on Monday after a vehicle they were travelling in met with an accident in Jammu and Kashmir's Kulgam district, officials said.

The police vehicle skidded off the road in the Mohipora area of south Kashmir district, following which four policemen suffered minor injuries, they added.

The injured policemen were taken to District Hospital Kulgam for treatment, the officials said.

Mortar Shell defused by **BSF in Arnia Sector**



JI NEWS SERVICE $JAMMU, NOV\: 6$

defused a mortar shell in in Jammu's Arnia, officials

Acting on the informa- 27. tion of locals, BSF troops recovered the mortar

they said.

a major tragedy in the area, officials said, adding that the shell was fired by The Border Security Force Pakistan rangers during a on Monday detected and recent ceasefire violation.

Two personnel and a an agriculture field along woman were injured in the International Border unprovoked shelling by Pakistan rangers in the Arnia sector on October

Today's recovery of a rushed to the Arnia sector, mortar shell is the second such incident in the past shell and later successful- less than a fortnight. Early defused it in the fields, lier, one mortar shell was detected and defused on With this, they averted October 31 in Arnia.

to light up homes this Diwali

JAMMU, NOV 6

this Diwali in Jammu.

As part of skill training unit set up within scale units", he said. the premises.

and colours for Diwali. training initiative. We will put up stalls Superintendent at Dis-then put it out in a of Diwali.

trict Jail Amphalla, told machine for turning it reporters here.

Candles and earth- should know that pris- make candles of several en lamps of various oners are part of their designs," Kumar, who designs and colours society and they, too, has been in this jail for made by jail inmates are trying to contrib- the past ten years, said. will light up the homes ute to the community of hundreds of families through such initia-

ing and rehabilitation inmates' rehabilitation the people to light up of inmates, the authoriand skill training initiaties in the district jail tive. They are skilled in Amphalla here are and can earn a living that he was grateful to encouraging prisoners for their families once the jail authorities for to make candles and they are out of jail. diyas at a manufactur- They can set up small-

Shakti Kumar, who is "The prisoners are serving lifetime imprismaking diyas and can- onment at the district dles of various designs jail, is part of this skill

into candles and diyas He said people of various colours. We

He said he and his companions feel happy when the candles made "This is a part of by them are used by their homes.

Kumar also said introducing various initiatives to impart skill training to the jail inmates on various trades.

The jail authorities are selling the candles and diyas at a shop out-"We get wax from side Amphalla jail and outside the jail and outside. The material are also putting them other places for their comes from two com- up on sale at shopping sale," Harish Kotwal, panies. We boil it and marts organised ahead

Candles, Diyas made by Prisoners Chief Secretary review progress of implementation of JJM



JAMMU, NOVEMBER 6

Mission in the UT of J&K. The meeting was attended officers of the department. basic necessity that touch-

At the outset, the es the life of every citizen, (Bandipora), Agar Balby Additional Chief Sec- lian (Reasi) and also took quent meeting, the Jal retary, Jal Shakti Depart- feedback from local com- Shakti Department made ment, Shaleen Kabra munity members/Pani a detailed presentation mir besides other senior impressing that water is a informed that 99% of

Chief Secretary under- directed senior functiontook live virtual review aries and field staff of Jal Chief Secretary, Dr. Arun of several ongoing Water Jeevan Mission for strict Kumar Mehta today took Supply Schemes at vari- adherence to the deada detailed review of prog- ous far-flung areas of lines set for completion of ress under the Jal Jeevan J&K such as Tangdhar the project with active on-(Kupwara), Chithi Bandey boarding of Pani-Samitis.

During the subsealong with Mission Direc- Samitis regarding the pace regarding the status of tor, JJM, Chief Engineers and quality of the ongoing progress under the Jal of Jal Shakti Jammu/Kash- works. Dr. Mehta, while Jeevan Mission. It was

CONTINUED ON → PAGE 4

NEWS

3 Day District Level Kala Utsav takes off in GBHSS Gandhi Nagar

JI NEWS SERVICE

JAMMU, NOVEMBER 6

ondary School, Gandhi

cer Jammu, Suraj Singh Drama (Solo Acting). He Chief Education Officer, Rathore was the Chief also said that in all ten art Jammu Ashok Kumar Guest of the event. The forms, one male and one Raina informed that Kala host school Principal female winner will partic- Utsav-2023 competition Govt. Boys HSS Gandhi ipate in the Division Level shall continue for three Nagari Adarsh Bala wel- Kala Utsav competition. days till 08 November comed the Chief Guest Further he added that the 2023 and the declaration and other guests.

ers was presented to the IX to XII class students function shall be held on Chief Guest by Deputy giving them an opportu- 08 November, 2023. Chief Education Officer, nity to exhibit their talent Ashok Kumar Raina, Prin- in different art forms. cipal GHSS Hari Singh, Dr. the Jury members.

said that Kala Utsav-- ernment of India (GoI), and a large number of 2023} competition will launched in 2015, to pro- parents.

Kala Utsav-2023 Competional Folk, Instrumental students in the country. tition was inaugurated Music-Percussion, Instrutoday here in Govern- mental Music-Melodic, and Teachers having ment Boys Higher Sec- Dance-Classical, Dance- expertise in different art Folk, Visual Arts(2D), forms were nominated Visual Arts(3D), indig-Chief Education Offi- enous Toys and Games, the contestants. Deputy competition was being of result for all the cate-A bouquet of flow- organised every year for gories and the felicitation

be conducted in ten dif- mote different art forms ferent art forms which in education, by nurturincludes Vocal Classical- ing and showcasing the A three- Day District Level Music, Vocal Music-Tradi- artistic talent of school

> Lecturers, Masters as Jury members to judge

was attended by District The Kala Utsav is an Education Planning Offi-Kishor Kumar along with initiative of the Depart- cer, Jammu Tarlochan ment of School Education Singh Billowaria, DYSSO Speaking on the occa- and Literacy, Ministry of Sukhdev Raj Sharma, Lecsion, Suraj Singh Rathore Education (MoE), Gov-turers, Masters, Teachers

The inaugural function

DDC Chairperson Ramban kick starts work on road projects in sub-division Gool



RAMBAN, NOVEMBER 6

Chairperson District Development Council Ramban, Dr. Shamshad Shan today kick started construction work on two road projects in Sub-Division Gool taken up at a cost of Rs 13.47 cr under NABARD.

Chairperson launched the construction bass to Aloktop road at an

allotted cost of Rs. 7.15 crore in presence of local PRI, civil society members and officials.

Meanwhile, the Chairperson launched the work on another 4 KM road harka to Sangalkundi via Panchayat Ghar Seripura Rs. 6.32 crore, also funded tive areas. by NABARD.

work on 3 KM long Kapan- Haider Ali, Sarpanches, and listened to their issues PRIs and general public of developmental needs.

were present on the occasion. Addressing the gathering, the Chairperson said that with the completion of the project, a long pending demand of the area will be fulfilled which will go a long way in easing the life of locals.

Chairperson The directed the officers of PW (R&B) Department and line Departments to ensure quality and timely completion of the construction work which will benefit thousands of souls of the area.

She asked the PRIs to personally monitor the execution of work to ensure quality and timely completion of developfrom Jamia Masjid Thet- ment projects and implementation of all youth and beneficiary oriented with an allotted cost of schemes in their respec-

The Chairperson also AEE Vimal Sidha, JE interacted with the people

Ramban: AYUSH department organises farmers' awareness program on Agri-Ayurveda



JI NEWS SERVICE RAMBAN, NOVEMBER 6

Department of Indian System of Medicine (ISM)in the district. Delivering a lecture on the impor- nal plants. tance of medicinal plants

lighted the importance of AYUSH medicines, saying that these are helpful in strengthening the immune system, besides improv-AYUSH Ramban today ing the overall strength organized an awareness and vitality in humans. He camp on the theme, also dwelt in detail on dif-Agri-Ayurveda for farm- ferent schemes launched ers to promote cultiva- by the Government for tion of medicinal plants promotion of cultivation and marketing of medici-

The farmers appreciand their use, Senior ated the ISM Department AYUSH Medical Officer Ramban for organizing Dr. Masood Iqbal Zargar awareness camps across encouraged the farmers to the district and urged the develop Herbal Gardens officials to organize more to add to their income such camps for the benefit generation. He also high- of the farmers.

Legal Services Week

DLSA conducts Door to Door legal awareness campaign across Bandipora

JI NEWS SERVICE

BANDIPORA, NOVEMBER 6

As part of Legal Services Week and commemoration of Legal Services Day 2023, the District Legal Services Authority (DLSA) Bandipora in collaboration with Tehsil Legal Services Commitdays door to door awareareas of the district.

organised to impart legal vices Authorities and Inderkote, Parbal and awareness and provide other departments of the Budgund, Sumbal, about basic legal assistance to Government. public living in far flung areas. The campaign was aims at identifying and Section 12 of the Legal held under the supervi- connecting people to Services Authorities Act, sion of Secretary, District NALSA Schemes to 1987. Legal Services Authority, ensure that fruits of the Bandipora, Nusrat Ali welfare are passed to the



tees, Bandipora, Sumbal ness about welfare legis- awareness/ counseling and Gurez conducted two lations, various schemes and apprised the public and to strengthen the of far flung areas includness campaign in remote community's access to ing Panhar, Hudbal, the schemes being imple-The campaign was mented by the Legal Ser- Badwan Gurez, Asham,

The campaign also and those entitled under eligible people.

paign is to spread aware- ducted door to door ate advice and guidance.



On the occasion, people interacted with the PLVs of the district to It was given out that the During the course of address their problems main purpose of the cam- campaign, PLVs con- and to procure appropri-

free legal aid and services

Power shutdown JI NEWS SERVICE

JAMMU, NOVEMBER 6

Chief Engineer (Distribution) JPDCL Jammu has informed that the power supply to Thanamandi, Fatehpur, Behrote, Plangarh, Bawali, Shadra Sharief and adjoining areas will remain affected on November 07 from 9 am to 5 pm.

Similarly, the power supply to Village Dhar Mahanpur and adjoining areas will remain affected on November 09 from 10 am

Meanwhile, Superintending Engineer (Distribution) JPDCL, O&M Circle Kathua has informed that the power supply to Channi, Rajbagh, Dalati, Hamirpur, Khillo Chack, Amala and adjoining areas will remain affected on November 9 and 10 from 6 am to 10 am.

Similarly, the power supply to Ramkot, Nagrota Gujroo, Gurah Kalyal, Dharamkote, Ludera, Sadrota Kudetar and adjoining areas will remain affected on November 7 from 7

Vigilance awareness Week

Health Services Directorate Jammu concludes activities across Jammu Division

JI NEWS SERVICE JAMMU, NOVEMBER 6

Vigilance Awareness week that commenced on 30th October 2023 was observed in all health institutions and offices under Directorate of Health Services Jammu in collaboration with Panchayati Raj Institution members and schools. The initiative aimed to raise awareness about detrimental effects of corruption on the society and to bring transparency and accountability in governance to achieve all

A series of activities were conducted during the week starting with taking of Integrity pledge by all health employees. The week-long activities drawing, painting, slogan pendency of complaints. tion, Education and Com- Officer of the Directorate.

country.



signature campaign.

writing, essay writing, Gram Sabha awareness by Director Health Serquiz competitions and camps, to sensitize the vices Jammu, Dy. Director public regarding online Dentistry, Assistant Direc-Grievance redressal services and the portal tor Schemes, State Epiundertaken included lec- camps were organised of health department, demiologists, Technical

conducted included displaying posters, placards depicting messages of "Zero tolerance against corruption in offices, District Hospitals and all health blocks." At the Directorate of Health Services Jammu, an impressive skit related to the theme "Say No to Corruption; Commit to the Nation" was presented by the staff of Directorate in presence of Director Health Services Jammu Dr. Rajeev Kumar Sharma. The informative lectures on topics related to the theme were delivered

munication activities

tures cum discussions, for citizens to ensure zero were also held. Informa- Officer NIDDCP and Law

Kishtwar Administration hosts Diwali Mela from 9-12 November

JI NEWS SERVICE

KISHTWAR, NOVEMBER 6

The District Administration Kishtwar today finalized the arrangements for the celebration of Deepawali Festival in the dis-

Deputy Commissioner, Dr. Devansh Yadav chaired a meeting involving line and police departments als and staff of DC Office departments was consti-ment will ensure security as well as representa- attended the meeting. tives of the civil society to festival of lights.

CEO Kishtwar Develop- intervention by the con- emergencies. The Fire ment Authority, Dr. Rishi cerned departments. Kumar Sharma, Tehsildar Sharma, ExEn Jal Shakti, law and order, traffic regu-fire tenders on alert at Sunil Sharma, EO Municilation, drinking water and Dak Banglow and Hidyal Officer, Dr M Y Mir, AEE trol of eatables, and fire Chowgan Grounds with all PDD Sudheer Sharma, and safety, were discussed and safety measures.



Additional Deputy by the representatives of of food products. Commissioner, Inderjeet the Sanatan Dharm Sabha.

other concerned individu- finalized. A joint team of

During the meeting, the inspections to prevent address different aspects requirements for the effec- overpricing, profiteerof the preparations for the tive celebration of the holy ing, and black-marketing, festival were highlighted while ensuring the quality

Various aspects of the department will maintain HQ, Chander Shekhar festival, such as security, an adequate number of pal Council Kishtwar power supply, sanitation, Chowk, while firecracker Ninad Sen, Chief Medical healthcare, quality con-stalls would be set up on

The police depart- the temples and ensure tival.

tuted to intensify market measures in public and religious places during the festival. The ADC will deploy duty magistrates and establish a Control Room, while PRIs will Additionally, the health help raise awareness of Singh Parihar, Assistant The DC assured them department will have 2 safety measures among munity Service Initiatives Commissioner Revenue, that all issues would be ambulances available at the public. Authorities in and VR Gaming Centre. Varunjeet Singh Charak, addressed through timely the District Hospital for charge of water supply (Jal Shakti) will plug leaks sioner asked the attendees and Emergency services and ensure uninterrupt- to encourage the public to ed water supply, and the participate in the festive power supply (JPDCL) event enthusiastically. will remain uninterrupted during the Deepawali hold preparedness meetfestival. The EO Munici- ings in their respective

streets in Kishtwar town and at the temples are well-lit.

The DC Kishtwar also announced that the district administration will host a 4- day Diwali Mela, from 9th November till Nov 12 at TRC Ground and surrounding area. The Activities and Attractions will be Traditional Food Stalls, Cultural Performances (Music, Dance, Drama), Craft and Merchandise Stalls, Rangoli Competitions, Fireworks Display, Diya Lighting Ceremony, Carnival Rides and Games, Charity and Com-

The Deputy Commis-

SDMs were directed to pal Council Kishtwar and headquarters to ensure CEO KDA will maintain timely and smooth cleanliness in and around arrangements for the fes-

DC Bandipora reviews overall working of Revenue Department

JI NEWS SERVICE BANDIPORA, NOVEMBER 6

The Deputy Commissioner (DC) Bandipora,

Dr Owais Ahmad Monday conducted a comprehensive review of the overall functioning of the Revenue Department in the district.

The meeting assessed tions and its impact on the residents.

members of the depart- people. ment, discussing their roles, responsibilities, and challenges.

ous aspects of revenue mentation procedures, cials from Municipalities administration, including and the timeline for besides concerned offi-5- Marlas land allocation, implementation. The dig-cials from the Revenue land records, mutation itization process of land Department, including processes, land acquisi- records and other e-ser- senior officials and experts tion, and the issuance vices were also reviewed in land allocation and of important documents threadbare during the social welfare.



like revenue extracts and Income certificates.

The meeting discussed the efficiency, transpar- identifying any bottleency, and effectiveness of necks in the system and the departmental opera- ensuring that the services provided by the to the affected parties. He Revenue Department are assured full support in Dr Owais interacted accessible, efficient, and addressing these issues. with the officials and staff responsive to the needs of

The meeting also discussed various aspects of Bandipora, Shabir Ahmad; land allocation, including SDM Sumbal, SDM Gurez, He also examined vari- eligibility criteria, docu- Tehsildars, BDOs, Offi-

Dr Owais emphasized the importance of transparency and accountability in the Revenue Department's functioning and urged the officials to adopt modern technology for record-keeping and service delivery.

The DC also stressed the need to address pending land disputes and expedite the disposal of cases to provide timely justice

The meeting, was attended by, ADC Bandipora Umar Shafi; ACR

BIS conducts sensitisation program for Gram Panchayats in Kahra Block

DODA, NOVEMBER 6

Bureau of Indian Stan-

Office Kahra of district

dards (BIS) today con- was conducted by BIS Kashmir Branch Office ducted a sensitisation Resource Person Raja (JKBO) Director and programme for Gram Amir Karim and spread head Tilak Raj. and Secretaries here marking, Hallmarking gramme, Sarpanches taries of different Pan- participated and were

in Block Development and other things.

The programme was conducted on the direcprogramme tions of BIS Jammu and

Panchayats Sarpanchs awareness about ISI During the pro- and Panchayat secre- chayats of Block Kahra





campaigns.

made aware about the the occasion, Sarpanch aware about ISI marking, Magray said that he has things," he added. Sarpanches were all attended many pro-

purpose of holding such Malanoo Zafrullah Hallmarking and other

The BIS resource praise for the BIS for grammes in the past but Person presented the holding such an inforthis one was unique and Indian National Flag, mative programme fruitful. "I congratulate which the Indian Stanwhich is useful for their BIS for holding this pro- dards 1 of BIS to BDO daily life. Speaking on gramme and making us Kahra Shabir Ahmed.

FESTIVAL SPECIAL TRAINS-2023

In order to clear extra rush of passengers during Deepawali and Chhath Puja Festivals, Northern Railway, in association with other zonal railway, has planned to run the following Festival Special Trains as per schedule given below:-

DC Reasi inspects progress of work on Delhi Katra-Expressway project



REASI, NOVEMBER 6

Commissioner Vishesh Agencies. Mahajan today inspected

of the land acquired for of Shri Mata Vaishno Devi, concerned officers.

trict. He also reviewed the meet the set deadlines. project in the region. status of Land acquisition, He asked for deployment

the prestigious project Katra. The Deputy Com-& expeditiously remove missioner asked residents hindrances, if any, being of Katra and the surround-District Development faced by project Executing ing areas to extend their full cooperation and sup-During the inspection, port to the National Highthe progress on Delhi the Deputy Commission- ways Authority of India Amritsar Katra Express- er directed the execut- (NHAI) in its efforts to way Project in the juris- ing agency to expedite ensure the timely complediction of the Reasi Dis- the pace of the work to tion of a critical highway

During the inspection, besides compensation dis- of additional men and the Deputy Commisbursement to the owners. machinery to complete sioner was accompanied The DC Reasi asked to the important project con- by Director NHAI Anuj expedite compensation necting the national capi- Kumar Singh, Project Mandisbursement process tal to the revered shrine ager RK Asthana and other

DC Kupwara chairs CLU Meeting

JI NEWS SERVICE KUPWARA, NOVEMBER 6

The Deputy Commissioner (DC) Kupwara, Ayushi Sudan today convened a meeting of the District Level Committee regarding Change of Land Use (CLU) cases in the district. At the outset, detailed discussion was held regarding comments submitted by various departments for the issuance of NOCs of pending cases of CLU in the district. As many as 16 cases were put up for discussion; after thorough deliberation on various aspects of the policy, 3 cases were approved by the committee, 4 were rejected and 9 cases were reverted to applicants to get some observations cleared.

Director Horticulture conducts comprehensive tour of Kupwara, assesses progress of various developmental works

JI NEWS SERVICE

SRINAGAR, NOVEMBER 6

The Director Horticulture Kashmir, G. R. Mir conducted a comprehensive tour of district Kupwara and made significant visits to key horticultural facilities, besides engaging with departmental staff.

During the tour, the Director actively assessed the progress of various developmental works and addressed critical issues within the region.

On the occasion, the Director visited Fruit Plant Nursery, Zangam Pattan, Baramulla, where he meticulously evaluated the operations and provided essential directives to enhance efficiency and productivity. He underlined the importance of bolstering the nursery's performance for the bet- ined the ongoing activi- fruit plants. ture sector in the area.



where he closely exam- hub for nurturing quality Horticultural landscape. for prompt resolution.

terment of the horticul- ties and offered valuable
The Director also vis- that the Secretary Panguidance to the staff to ited the Hi-Tech Walnut chayat would compile a Subsequently, Director optimize their efforts and Nursery in Chandigam, comprehensive report Horticulture proceeded resources. His visit aimed where he highlighted the addressing these conto the Fruit Plant Nursery to ensure that the nursery critical role of walnut cul-cerns, to be forwarded to in Chougal Handwara, continues to serve as a tivation in the region's the relevant authorities

He shared insights into further promoting hi-tech techniques in walnut production for the benefit of local farmers and the overall economy.

Mir, who is also the Prabhari Officer for Panchayat Halqa Chandigam-A, Sogam convened a crucial meeting there which brought together representatives from various government departments.

The meeting served as a platform for a comprehensive review of developmental initiatives across departments such as Jal shakti, KPDCL, Revenue, R&B, RDD schemes, Health, Education, Agriculture and Horticulture.

During this meeting, Panchayati Raj Institution (PRI) members presented their concerns and issues to the Director. In response, it was directed

GDC Vijaypur hosts Slogan-Writing **Competition to mark Constitution Day**

JI NEWS SERVICE SAMBA, NOVEMBER 6

To foster a safe and welcoming academic environment and to commemorate Constitution Day, Government Degree College on Monday organized two significant events. The Department of Political Science, in collaboration with the Anti-Ragging Committee and NSS Unit (KHIDMAT), organised an Anti-Ragging Slogan Competition on the theme "Anti-Ragging Laws" under the flagship banner of "My Constitution My Pride." The event was guided by the unwavering vision of the Head Prof. Anita Jamwal. This veyed the importance of cal Science, expertly the second place and the of cracking the same. It a harmonious campus assessed the entries. third place was shared by was followed by a ques-



initiative underscores and a sense of camarade- the occasion, articulated awareness programme the institution's commit- rie among all students. that ragging is a crime with great interest and ment to eradicate ragging The competition invited because it affects an indizeal. and to cultivate healthy young minds to come for-vidual's mental and physirelationships among stu- ward with their innova- cal health and it should dents. The slogan writing tive ideas and compelling not be propagated in the competition served as a words to inspire change. college campus. She con-to express their thoughts Prof. Poonam Kundan, of the competition. The They presented a talk on against ragging creatively. Convenor Anti-ragging first place was bagged by how individuals can start Through impactful and Committee and Prof. Tanshu Gakhar of B.A. preparations for different thought-provoking slo- Renuka Kundal, Lectur- sem.V stood First, Iqra gans, participants con- er, Department of Politi- of B.A. sem.V secured highlighted the strategies

of B.A. sem.III. The students were also provided certificates for their endeavours.

Meanwhile, the Career Counselling Cell of the College, in collaboration with NSS Unit (KHID-MAT), organised a one-day workshop cum awareness programme on "Career Guidance" in collaboration with Wings- Ek Udaan Institute. NSS volunteers and other college students actively participated in the

The team of Wings- Ek Udaan briefed the students about different government sponsored selfemployment schemes. competitive exams and atmosphere that pro- The Principal of the Col- Manvi Sharma of B.Sc. tion and answer session motes respect, empathy, lege, while speaking on Sem. III and Pallvi Sharma with the students.

1985	Spl. ain No.	OF FESTIVAL SPECIA Station From	Dept. Time	Station to	Arr. Time		Frequency / Day	Period
2009 Person J.	3255	Patna Jn		Anand Vihar Terminal		* *	Thursday, Sunday	23.11.2023 to 10.12.20
1985 Section 1985	3256		23:30				-	24.11.2023 to 11.12.20
1985 Section 1985	2391		+			leekly		25.11.2023 to 09.12.20
1985 Assard With Tentrell 200						-		
1979 Program Cord of m. 1925 Program Cord of m. 1925 Program Cord of m. 1926 Program C	3636	-				Tri-weel		21.11.2023 to 09.12.2
1979 Program Cord of m. 1925 Program Cord of m. 1925 Program Cord of m. 1926 Program C	5557	Jaynagar	06:00	Anand Vihar Terminal	05:00	- 		21.11.2023 to 05.12.2
1921 Debthorps 1920	5558							22.11.2023 to 06.12.2
1921 Debthorps 1920	4678	<u> </u>				/eekly		upto 29.11.2023
1915 Condesigner	4012			•		_		-
Seminate of the Common	4011					Bi-wee		08.11.2023 to 29.11.2
Seminate of the Common	4518	Chandigarh	23:15	Gorakhpur	18:20	ekly	Thursday	upto 30.11.2023
1985 Agency 1976 Agenc	4517					_		upto 01.12.2023
1985 Agency 1976 Agenc			_			weekl		
Age	4060					_		07.11.2023 to 28.11.2
1000	4059					Bi-wee		08.11.2023 to 29.11.2
1000	4488	Anand Vihar Terminal		Gorakhpur	14:00	ekly	Saturday	Upto 25.11.2023
Section 1.10	4487	•				_	-	Upto 26.11.2023
Section 1.10						Veekl	-	
Seminary Part Par	1664					_	-	upto 27.11.2023
Separation 1910	1663	Saharsa Jn	14:30	Anand Vihar Terminal	13:55	Weel	Tuesday	upto 28.11.2023
Separation 1910	3257	Danapur		Anand Vihar Terminal		eki	Sunday	26.11.2023 to 10.12.2
Section Sect	3258			·				27.11.2023 to 11.12.2
Section Sect	-					Veekl		
Martifregraf in 14:00 Anaerd Winer Temment 11:00 Contributor Martifregraf in 10:00 Contributor 14:00 Ameritan in 12:00 Contributor 14:00 Ameritan in 12:00 Contributor 12:00 Contributor	5531		_			_	-	26.11.2023 to 10.12.2
Section 14-90 Annitear an 12-26 Consulty Co	5532		+					27.11.2023 to 11.12.2
Section 14-90 Annitear an 12-26 Consulty Co	5273	•				veekly		22.11.2023 to 09.12.2
Service Serv	5274			•				23.11.2023 to 10.12.2
Service Serv	5005 5006	•	+			Veekly		•
1920 Varransai J. 1920 Varransai J.	4049			•				upto 27.11.2023
Section Sect	4050						-	upto 28.11.2023
Section Sect	4080					veekly		Upto 30.11.2023
Section Sect	4079 1654	10.0.0.0.0.0.0.0.0.0.0.0.0.0.0.0.0.0.0.				-		07.11.2023 to 01.12.2
Section Sect						Veekly		
Agent Agen	4646					_		upto 30.11.2023
Age	4645	Barauni Jn	15:15	Jammu Tawi	22:30	1 5	Friday	upto 01.12.2023
Age	4048	Anand Vihar Terminal	15:30	Katihar Jn.	15:00	wise	Wed, Sat, Tue, Fri	08, 11, 14 & 17.11.20
September Sept	4047					_		09, 12, 15 & 18.11.20
Annal Vilhar Terminal 0.03.0 Jayungar 0.70.0 § Thu, Sun, Wed, Sat 0.01, 12, 18 à 18, 11, 12, 10, 10, 10, 10, 10, 11, 10, 11, 11, 10, 11, 11								
1997 Jayreger 1:00 Anand Whar Terminal 10:00 § Fri, Mon, Thu, Sun 10; 10; 10; 10; 10; 10; 10; 10; 10; 10;	4058							
1969 1969	4057	Jaynagar						10, 13, 16 & 19.11.20
Deep	4066	Anand Vihar Terminal	23:00	Patna Jn.	16:00		Monday, Thursday	Upto 30.11.2023
Bears Bear	4065					_		07.11.2023 to 01.12.2
Annal Vibrar Terminal 23:15			_			/eekly		
Muzaffarpur Jn. 23:00 Anand Vihar Terminal 23:30 § Tuesday, Friday C7:11,2023 to 0:11,2023 to 0:1	1676					_	-	Upto 30.11.2023
New Delhi	1675	Muzaffarpur Jn.	23:00	· · · · · · · · · · · · · · · · · · ·	23:30	Bi-wee	-	07.11.2023 to 01.12.2
New Delhi	1678	New Delhi	08:10	Gaya Jn.	00:30	reekty	Monday, Friday	Upto 27.11.2023
Age	1677 2250	•				_		07.11.2023 to 28.11.2
Annard Vihar Terminal 23:55 Patha Jn. 15:45 #Fit. Sat. Mon. Tue, Thu 10, 11, 13, 14 & 16.11.	2249					ate wis		
Patria Jr. Pat	4002							
Saharas Jr. 19:00 New Delhi 20:20 \$ \$ \$ \$ \$ \$ \$ \$ \$	4001	Patna Jn.	18:45	Anand Vihar Terminal	10:20		Sat, Sun, Tue, Wed, Fri	11, 12, 14, 15 & 17.11.2
Muzaffarpur Jn. 18:00 Anand Vihar Terminal 11:00 \$	4022	New Delhi				wise	Fri, Sat, Mon, Tue, Thu	10, 11, 13, 14 & 16.11.2
New Delhi 07:25 Patna Jn. 19:00 Patn	4021					_		
New Delhi 07:25 Patna Jn. 19:00 Patn						i-week	-	
Patrick Patr	2252			·		-		
	ival Spl.)	New Deini	07:25	Patna Jn.	19:00	wise	Sat, fue, filu	11, 14 & 16.11.2023
	de Bharat	Patna Jn.	07:30	New Delhi	19:00	Date	Sun, Wed, Fri	12, 15 & 17.11.2023
Delhi Sarai Rohilla 10:00 Delhi Sarai Rohilla 10:10	9097	Bandra Terminus	21:50	Jammu Tawi	08:35	<u>></u>	Sunday	12.11.2023 to 26.11.2
Delhi Sarai Rohilla 10:00 Delhi Sarai Rohilla 10:10	9098					Week		14.11.2023 to 28.11.2
Malda Town 13, 20 & 27,11,20; Malda Town 14, 21 & 28,11,20; Malda Town 15,50 Malda Town	9523							-
New Delhi	9524					_		-
New Delhi	3435 3436					Veekly		
Patha Jn. 19:00 New Delhi 10:30 2	2246 Shakti SpL)						-	-
Anand Vihar Terminal 08:30 Lucknow 18:00 Friday 10.11.2023 10.11.20	2245 Shakti SpL)	Patna Jn.	19:00	New Delhi	10:30	Date		
Annal Anna	1494 Shakti SpL)					e wise		
Katihar								
Katihar	4498 4497					ate wis		
Second	5734						-	Upto 25.11.2023
Saharsa Jn. 19:00 Ambala Cantt. 22:20 8 Fri, Tue, Fri, Mon 10, 14, 17 & 20.11.2	5733	Amritsar	12:45	Katihar	03:30	_	-	Upto 27.11.2023
Signature Sign	1525					e wise		09, 12, 15 & 18.11.20
Signature Sign	1527							10, 14, 17 & 20.11.20
18:15 Bhagalpur 15:15 16:45	526					ate wis		08, 11, 14 & 17.11.20
2259 Bhagalpur 20:00 New Delhi 17:00 26 Wed, Sat 15 & 18.11.2023 1	2260					Se		
New Delhi	2259		_			Date w	- '	
115	1490		_			wise		08, 11, 15 & 18.11.20
Company Comp	1489					Date		09, 12, 16 & 19.11.20
Company Comp			_			ate wis		
Delhi Jn. 14:30 Gorakhpur Jn. 07:30 Monday Upto 04.12.2023	5023					_		Upto 03.12.2023
Title	5024	•	_			Week		-
Tue, Wed, Fri, Sun 07.11.2023 to 29.12.2 Tue, Wed, Fri, Sun 07.11.2023 to 29.12.2 Wed, Thu, Sat, Mon 08.11.2023 to 30.12.2 Wed, Thu, Sat, Mon 09.12 Wed, Thu, Sat, Mon 09.	5115	•	_	, ,		_		08.11.2023 to 29.11.20
Sun, Wed, Sat Sun, Wed, Sa	5116			·				09.11.2023 to 30.11.2
Delhi Jn. 23:05 Jaynagar 23:45	5306		_			te wise		07.11.2023 to 29.12.2
1005 Jaynagar 01:30 Delhi Jn. 01:00 E Sat, Tue, Fri 11, 14, & 17.11.23 1004 New Delhi 00:10 Sitamarhi 23:30 E E E E E 1005 Sat, Tue, Fri 11, 14, & 17.11.23 1006 Sat, Tue, Fri 11, 14, & 17.11.23 1007 Sat, Tue, Fri 11, 14, & 17.11.23 1008 Sat, Tue, Fri 11, 14, & 17.11.23 1009 Sat, Tue, Fri 11, 14, & 17.11.23	1006	•						08.11.2023 to 30.12.2
New Delhi 00:10 Sitamarhi 23:30						Jate wi		11, 14, & 17.11.23
Val Spl.)								
Situal Spl.)	1004	New Dollhi		OHAIHAI III		I as	Jai, Iue, FII	11, 14, α 17.11.23
	1004 eserved val Spl.)	New Delhi	00.10		20.00	e Wis		
ST OF FESTIVAL SPECIAL TRAINS PASSING THROUGH NORTHERN RAILWAY NETWOI	1004 eserved val Spl.) 1003 eserved					Date wis	Sun, Wed, Sat	12, 15, & 18.11.23
	1004 eserved val Spl.) 1003 eserved val Spl.)	Sitamarhi	02:00	New Delhi	01:30	Date		
076 Kathgodam 17:30 Mumbai Central 20:55 💆 Thursday 09.11.2023 to 30.11.	004 eserved ral Spl.) 003 eserved ral Spl.)	Sitamarhi DF FESTIVAL SPECIA Mumbai Central	02:00 AL TRA 11:00	New Delhi INS PASSING THRO Kathgodam	01:30 UGH N 14:30	Date	RTHERN RAILV Wednesday	VAY NETWO 08.11.2023 to 29.11.

T191 (UF FESTIVAL SPECIA	LIRA	ing passing inko	UGH I	JUI	CHILLIAN IVALE	VAI NEIWOR	
09075	Mumbai Central	11:00	Kathgodam	14:30	<u></u>	Wednesday	08.11.2023 to 29.11.202	
09076	Kathgodam	17:30	Mumbai Central	20:55	Weekly	Thursday	09.11.2023 to 30.11.20	
07651	Jaina	23:35	Chhapra	05:30		Wednesday	upto 29.11.2023	
07652	Chhapra	22:15	Pune	04:00	Weekly	Friday	upto 01.12.2023	
05063	Chhapra	16:15	Lokmanya Tilak	07:25	Weekly	Friday	upto 24.11.2023	
05064	Lokmanya Tilak	12:45	Siwan Jn	03:15	Wee	Sunday	upto 26.11.2023	
09417	Ahmedabad Jn	09:10	Patna Jn	21:05	Weekly	Monday	upto 27.11.2023	
09418	Patna Jn	23:45	Ahmedabad Jn	11:20	Wee	Tuesday	upto 28.11.2023	
05616	Guwahati	18:00	Udaipur City	21:05	₹	Sunday	Upto 26.11.2023	
05615	Udaipur City	13:45	Guwahati	23:30	Weekly	Wednesday	08.11.2023 to 29.11.2	
05537	Darbhanga Jn	13:15	Daurai	22:30	kl	Saturday	upto 09.12.2023	
05538	Daurai	23:45	Darbhanga Jn	06:50	Weekly	Sunday	upto 10.12.2023	
09183	Mumbai Central	22:50	Banaras	10:30	Weekly	Wednesday	upto 29.11.2023	
09184	Banaras	14:30	Mumbai Central	04:35	Wee	Friday	upto 01.12.2023	
09525	Okha	22:00	Naharlagun	16:00	Weekly	Tuesday	upto 28.11.2023	
09526	Naharlagun	10:00	Okha	03:35		Saturday	upto 02.12.2023	
02575	Hyderabad	21:05	Gorakhpur	06:30	Weekly	Friday	upto 24.11.2023	
02576	Gorakhpur	08:30	Hyderabad	16:20	% ≪	Sunday	upto 26.11.2023	
01053	Lokmanya Tilak	12:15	Banaras	16:05	흦	Monday	upto 27.11.2023	
01054	Banaras	20:30	Lokmanya Tilak	23:55	Weekly	Tuesday	upto 28.11.2023	
01431	Pune	16:15	Gorakhpur	21:00	- Š	Friday	upto 01.12.2023	
01432	Gorakhpur	23:25	Pune	06:25	Weekly	Saturday	upto 02.12.2023	
05303	Gorakhpur	08:30	Mahbubnagar	19:30	ikl Ş	Saturday	upto 25.11.2023	
05304	Mahbubnagar	18:00	Gorakhpur	09:00	Weekly	Monday	upto 27,11,2023	

For any kind of information such as arrival/departure timings and stoppages enroute etc., passengers are requested to contact RailMadad Helpline No. 139 or may visit Indian Railways website https://enquiry.indianrail.gov.in or NTES App.





Industrial visit of Tribal Youth from Bihar, Jharkhand, Odisha, Telangana to Bari Brahmana Industrial Complex

JAMMU, NOV 6

Odisha, Telangana today Bhawan. visited Bari Brahmana

State, Ladkh.

ident, BBIA along with and Hon'ble Lt. Governor

Sh. Tarun Singla, Sr. Sh. Manoj Sinha for the Vice President, BBIA, Sh. Central Package of Incen-Nehru Yuva Kendra San- Vivek Singhal, Treasurer tives 2021 granted to J&K gathan under Ministry of BBIA and Sh. Ravinder resulting in rapid Indus-Youth Affairs & Sports, Raina, Manager Estate, trialization in Union Ter-Govt. of India is orga- J&K SIDCO welcome ritory of Jammu & Kashnizing 15th Tribal Youth all the Youths, Escort mir on the card which Exchange Program spon- Officers from different will boost the Economy sored by Ministry of States along with Mr. of the State by providing Home Affairs from 02-11- Nitin Hangloo, District the Direct and Indirect 2023 to 08-11-2023 under Youth Officer, Rajouri Employment avenues to which 70 Tribal Youths & Poonch, Miss Jigmat the Local peoples of the and 20 Escorts leaders Spaldon District Youth State. Sh. Lalit Mahajan, from Bihar, Jharkhand, Officer, Kargil to BBIA President, BBIA & Sh. Tarun Singla, Sr. Vice Sh. Lalit Mahajan, Pres- President, BBIA interacts Industrial Complex along ident, BBIA conveyed with youths & told them with officials from Office his heartiest thanks to about Industrial Scenarof State Directorate Youth Hon'ble Prime Minis- io in J&K which includes Affairs & Sports, J&K ter Sh. Narendra Modi, types of Industries work-Hon'ble Union Home ing in Bari Brahmana, Sh. Lalit Mahjan, Pres- Minister Sh. Amit Shah Package of Incentives etc.

Koul addresses Booth Jan Samvad Abhiyaan at Rajouri

RAJOURI, NOV 6

Ashok Koul, general secretary (org.) Bharatiya

Janata Party (BJP), Jammu & Kashmir, addressed two "Booth Jan Samvad Abhiyaan". programmes in Rajouri. While speaking in these programmes, Ashok Koul said that it was in the year 2014 that BJP Prime Minister Narendra and in its rule of over nine of different sections of the

Ashok Koul said that a new chapter in the history of J&K was written when

of the people and make the government is con- Pura, Mandal-Muradpur, them aware of the splen- sidering to empower the Constituency-Rajouri in

abolished with the thumpled government under ing majority in both the houses of the parliament. Modi came into existence This historic step mitigated the sufferings of the refyears, many historical ugees, Valmiki Samaj, and works has been done for other sections, it restored development and welfare rights of the daughters of the soil, national flag got true honour after repealing of these controversial Articles, Koul said and & former MLC, Vibodh share with them the proadded that each one of us Gupta, while addressing development, pro-poor the special provision of should take responsibil- these programmes, said initiatives and also expose the prominent present in

did works of Narendra Pahari speaking people District-Rajouri. The prothat every booth has to be strengthened to ensure tionary changes in their Saryal respectively. that the party registers lives. He said that the victory by winning maxigets chance to serve the to have more close interacpeople. General Secretary tion with the people and rakpura And Panchayat Article 370 and 35A were ity to reach the doorsteps that the twin districts the opportunist parties, the programmes.

real place in the For the first time,

Modi government. He said of Rajouri and Poonch, which will bring revoluparty is organizing Booth Dinesh Prabhari Jugal mum votes of the area and Jan Samwad programmes

of Rajouri and which always took the Poonch and its innocent people for grantpeople have got ed for vote bank politics.

Garu Sanehi addressed schemes of the the programme in Boothunion govern- 5,6, Panchayat-Kotli Kalament under PM ban, Mandal-Manjakot, Narendra Modi. Constituency-Thanamandi, in District-Rajouri. the STs have been Harish Bharti, addressed granted political the programme in Boothreservation and 57,60, Panchayat-Mubarak grammes were organized by Aijaz Khan and Karan

> District President Dogra, Sarpanch Karan Saryal Panchayat Muma-Kotali Kalaban BDC Samshad Begum were amongst

FROM THE FRONT PAGE...

No looking back...

transparency and accountability in the working, Swain said "there should be no hesitation in self cor-

He also called for optimum use of resources and assured that at PHQ level all possible support and the working and functioning.

welfare of personnel should be taken care of at differ-

better police service to the people.

The meeting was, among others, attended by Additional Director General of Police (ADGP) and Director of Sher-i-Kashmir Police Academy Udhampur Garib Dass, Inspector General of Police (Jammu zone) Anand Jain, IGP (CID) Nitish Kumar, IGP (police headquarters) B S Tuti and IGP (armed Jammu) M N Tiwari.

and other officers, including DIGs and SSPs, attended the meeting through video conference, the spokesman models (Themes: Health & wellness; Water conservasaid. (Agencies)

3 passengers killed...

Charhan, around 15 kilometres away from Rajouri. The vehicle fell into a deep gorge, resulting in injuries to 20 passengers.

Dr. Mehmood H Bajar, Medical Superintendent of GMC Associated Hospital Rajouri, said that all the medico-legal formalities.

He said that three injured have been referred to Government Medical College (GMC) Jammu due to some

an adult and two children.

The three passengers, who lost their lives in the acci- (AIC) for hand-holding and promoting the startups. dent, include Abdul Rashid (34), son of Chandia of Hussain of Badhal and Mohammad Azam (37), son of Ghulam Din of Draj Budhal.

Meanwhile, the injured have been identified as Jagdev Jagdev Singh (25), Jajant Singh (2) son of Jagdev Singh, Naseem Akhter (30) wife of Abdul Rashid, Saika Kouser Nazir Hussain resident of Kandi, Mohammad Kafil (15) resident of Jaglanoo, Mohammad Altaf (34) son of Abdul Ali Mohammad resident of Dhar Sakri, Vinod Kumar (55) Begum (55) wife of Abdul Aziz resident of Kotranka, Abdul Aziz (62) son of Hassan Mohammad resident of Store & Purchase Officer. Kotranka, Imtiaz Ahmed (24) son of Yaseen resident of Hubbi and Rajeev Singh (38) son of Daleep Singh resident of Sakri-(KNO)

MeT predicts light...

while most parts of the plains will be lashed with rains throughout the valley", the MeT office said.

The weather will remain dry as there is no significant chance of any heavy precipitation from November 10 to 16, it said.

today with a forecast of dry weather to continue during year. the next 24 hours in Jammu and Kashmir.

The minimum temperature recorded at Srinagar, the summer capital of Jammu and Kashmir, is 2.7 degree Achiever Category (4 star) by November end. On the Celsius, Qazigund 1.8, Pahalgam -0.3, Kupwara 1.2, Kokernag 4.2 and Gulmarg 2.4, the MeT office said.

Amarnath Cave Shrine...

Joshimath, Kedarnath and yet we are learning no lessons instead inviting a catastrophe in Kashmir," the PDP leader said.

of the concrete road up to the holy cave shrine is being ducted through a network of 98 water testing labs and done after proper Environmental Impact Assessment and no trees have been cut.

"With the shrine of Baba Amarnath, lakhs of people but people are wise enough and won't fall prey to poli-through disclosure of real-time status of physical and

Thakur said in a statement. (Agencies)

Dr Jitendra inaugurates...

Dr. Jitendra Singh said, India's first Virtual Science resources will be provided to augment and strengthen Lab for Children under CSIR Jigyasa Programme was launched, which built a strong connect between stu-The DGP emphasized upon officers to ensure that dents and Scientists with scientists across the country. He also said, the main objective of establishing the Virtual Lab was to provide quality research exposure and The senior officers briefed him regarding the func- innovative pedagogy for school students based on an tioning of different units and measures taken to extend online interactive medium. He said, the new facility will immensely benefit students from Kendriya Vidyalayas, Navodaya Vidyalayas and Government Schools of various States Boards and will help in catching them young.

Today, in the Children Science Festival, more than 350 students from about 55 schools under the government of J&K, Kendriya Vidyalayas, Navodya Vidyalayas, Army Public Schools, Bhartiya Vidya Mandir Schools, From Kashmir, ADGPs J M Gillani and Vijay Kumar etc, from various districts of Jammu region showcased their talent in various competitions such as Science tion; Waste management; Save mother Earth), Science/ current affairs Quiz Competition, Poster competition on 'Swachh Bharat Mission' and Slogan writing competition on 'Space Mission of India'. Students of Seva Bharti, an NGO that provides free education and vocational training to children from economically weaker sections of society. These students displayed various products developed under the 'Waste to Wealth' theme.

Earlier, Dr. Zabeer Ahmed, Director, CSIR-IIIM, injured were brought to the hospital where three among Jammu, in his welcome address gave the details of them were declared as brought dead whose bodies this event and said that the main objective of the Chilhave been handed over to the police after conducting dren Science Festival is to ignite the scientific spirit in young minds. He informed the audience that CSIR-IIIM, Jammu, has been regularly organizing various youth conclaves and startup expo, as outreach activities and serious complicated injuries whereas other injured to support and nurture the startup ecosystem of the UT are undergoing treatment at GMC associated hospital. of J&K. Dr. Zabeer also informed that CSIR-IIIM has three Those who have been referred to GMC Jammu include incubation centers viz. Technology Business Incubator (TBI), BioNEST Incubator and Atal Incubation Centre

Prominent among the dignitaries present in the func-Hubbi Kandi, Mohammad Shabir (40), son of Nazir tion were Dr. Ashutosh Gupta, Principal Govt. Medical College, Jammu, Prof. Sanjeev Jain, Vice Chancellor of Central University of Jammu, Ashok Kumar Sharma, JKAS, Director School Education, Jammu, Nagendra Singh (30) son of Lal Chand, Kirna Devi (25) wife of Goyal, Deputy Commissioner, KV Sangathan, Jammu. The main programme in the auditorium was conducted by Rajni Kumari while as Er. Abdul Rahim, Chief (4) daughter of Abdul Rashid, Wajid Ali (2) son of Abdul Scientist & Head Srinagar Branch presented formal Rashid, all residents of Hubbi, Showket Ali (35) son of vote of thanks. The event was organized under the chief patronage of Dr. Zabeer Ahmed, Director CSIRson of Ghulam Rasool resident of Dhar Sakri, Imtiaz IIIM, Jammu and coordination by Dr. Asha Chaubey, Ahmed son of Ghulam Mohammad (20) resident of Senior Principal Scientist and Nodal Officer Jigyasa Pro-Mogra Draj, Mashooma Begum (64) wife of Abdul Aziz gramme, CSIR-IIIM. Among other organizing committee members were: Dr. Shashank Singh, Dr. Dhiraj Vyas, Dr. Aziz resident of Jaglanoo, Mohammad Younis (55) son of Tasduq Abdullah, Dr. Sumit G Gandhi (Sr. Principal Sci entists), Dr. Deepika Singh and Saurabh Saran (Principal son of Parshotam Kumar resident of Khawas, Hamida Scientists), Shri. Vikram Singh (Sr. CoA), Shri Rajesh Gupta, Administrative Officer and Shri Dileep Gehlot,

Chief Secretary review...

the works in Kashmir division and 95% of works in Jammu division out of the total 6623 works in the UT stand allotted; and that by December end, 91% of the functional household tap connections shall be made functional. It was also highlighted that the pace of the providing of household tap connections have increased from the average rate of 3200 per month previously to 37400 per month during the current year with 41000 The weather remains mainly clear to partly cloudy tap connections provided in the month of October this

> It was also apprised that at the current pace of work, J&K was expected to enter into the above 75%- High district front, the it was informed that 09 districts have entered the 4 star category (more than 75%), 07 districts have entered the 3 star category (more than 50%) in this current year with 02 district- Srinagar and Ganderbal having achieved the 100% target already.

Additional Chief Secretary, Jal Jeevan Mission apprised that J&K stands at the top among UTs and 3rd overall in the country with respect to Water Qual-The BJP's J-K unit hit back at the PDP saying laying ity Monitoring and Surveillance with 1.7 lakh test con-32000 women having being trained for use of Field Test Kits for water quality testing so far.

He also stated that a total of Rs. 2100 crores stand have their faith. PDP by opposing and finding faults in spent on Jal Jeevan Mission in the current financial the road stretch is trying to repeat the 2008 land row, year with transparency, accountability being fostered

Chief Engineers besides various robust interventions like monitoring through District level Project Man-Inspection Agencies (TPIAs).

public involvement through Pani Samitis is key tool for JJM and accordingly, issued directions that the same real-time feedback of the work and to create a sense of be made one of a focus areas in this edition of Back to public ownership of these works. In view of the onset Village Program.

tics of deceit again," the BJP's J-K spokesperson Altaf financial progress available on the JJM-IMIS portal of of winter in the Kashmir division, the Chief Secretary GoI, disclosure of details of release of UT funds available directed carrying out work on war-footing and to innoon the Ianbhagidari Portal and disclosure of details of vate to ensure that works are completed before peak allotments of works under various scheme under JJM winters. He enjoined upon all present to ensure that available on the departmental website of respective timelines are not breached and works are completed within the timelines set for completion.

Also, the Chief Secretary observed that the upcomagement Units (DPMUs), Consultants and Third Party ing visits of Prabhari Officers during the upcoming 5th Phase of Back to Village Program presents a great opporwDuring the review, Dr. Mehta observed that the tunity to review the ongoing/completed scheme under



UNION TERRITORY OF JAMMU & KASHMIR

OFFICE THE EXECUTIVE ENGINEER PWD (R&B) DIVISION REASI

SHORT NOTICE INVITING TENDER

Fresh e-NIT No. 84 of 2023-24 Dated 03-11-2023

(Single Cover System)

For and on behalf of the Lt. Governor, UT J&K, e-tenders (In single cover system) are invited on Percentage basis from approved and eligible Contractors registered with J&K Govt., CPWD, Railways and other State/Central Governments for the following works: -

S. No	Name of Work	Adv. Cost (₹ in lacs)	Cost of doc.t (in ₹)	Earnest Money (in	Time Allowed for completion	Class of Contractor
- 1.0		((=== ====)	(=== 4)	Rs.₹)		
1	2	3	4	5	6	7
1.	CONSTRUCTION OF ROAD FROM SUNGAL SCHOOL TO MAJRA KUND (KHARRHA) POUNI (L=3.00KMS) UNDER	96.45	1500/-	192900/	24 Month	A Class

The Bidding documents Consisting of qualifying information, eligibility criteria, specifications, Drawings, bill of quantities (B.O.Q), Set of terms and conditions of contract and other details can be seen/downloaded from the departmental website http://iktenders.gov.in as per below schedule:-

SCCI	seen downloaded from the departmental website http://jktenders.gov.in as per below senedate.							
1	Date of Publishing of Tender Notice	03-11-2023						
2	Period of downloading of bidding	From 03-11-2023 to 18-11-2023, 1600 Hrs						
	documents	From 03-11-2023 to 18-11-2023, 1600 Hrs						
4	Bid submission Start Date	03-11-2023						
5	Bid Submission End Date	18-11-2023 up to 1600 Hrs						
6	Date & time of opening of Technical Bids	20-11-2023 on or after 1200 Hrs in the Office of						
	(Online)	Executive Engineer PWD (R&B) Division, Reasi.						
7	Date & time of opening of Financial Bids	To be notified after technical bid evaluation is						
	(Online)	completed.						

- Bids must be accompanied with cost of Tender document in shape of e-challan through Treasury indicating Treasury Voucher No. & date, e-NIT No. and name of work duly crediting to 0059 (Revenue) favoring Executive Engineer PWD (R&B) Division, Reasi uploading a copy of treasury challan and EMD/Bid Security in the shape of CDR/FDR (The date of Treasury Challan/ Bid Security/Affidavits between date of start of bid submission and bid submission end date) duly pledged to Executive Engineer PWD (R&B) Division, Reasi as mentioned in the bid documents.
- The date and time of opening of bids shall be notified on Web Site www.jktenders.gov.in and conveyed to the bidders automatically through an e-mail message on their e-mail address.
- The bids of Responsive bidders shall be opened online on same Web Site in the Office of Executive Engineer R&B Division, Reasi.
- The earnest money of the unsuccessful bidder shall be released only after submission of Treasury Challan.
- The electronic bidding system would not allow any late submission of bids after due date and time as per server time. Bidders may modify their bids by uploading their request for modification before the deadline for submission of bids. For this, the bidder need not make any additional payment towards the cost of tender document. For bid modification and consequential re- submission, the bidder is not required to withdraw his bid submitted earlier. The last modified bid submitted by the bidder within the bid submission time shall be considered as the bid. For this purpose, modification/withdrawal by other means will not be accepted. In online system of bid submission, the modification and consequential- submission of bids is allowed any number of times. The bidders may withdraw his bid by uploading their request before the deadline for submission of bids; however, if the bid is withdrawn, the resubmission of the bid is not allowed. No bid shall be modified or withdrawn after the deadline of submission of bids.
- The date and time of opening of Financial-Bids shall be notified on Web Site www.jktenders.gov.in and conveyed to the bidders automatically through an e-mail message on their e-mail address. The Financial-bids of Responsive bidders shall be opened online in the Office of Executive Engineer PWD (R&B) Division, Reasi. The date for same shall be intimated separately.

No:- 5619-23 Dated:- 03-11-2023

SD/-(Er. Rajesh Sharma) **Executive Engineer** PWD (R&B) Division

DIP/J-10701/23 Date: 7-11-23

DC Rajouri reviews preparedness for Back to Village Phase-V

JI NEWS SERVICE

RAJOURI, NOVEMBER 6

Deputy Commissioner is imperative for the suc-Rajouri, Vikas Kundal on cess of the program. He also Monday presided over encouraged all government a meeting of concerned officers to actively engage officers to assess preparations for the 'Fifth Phase of the specific objectives set Back to Village Programme for this phase. (B2V5)'.

tiative is the flagship public years and is now an integral outreach, participation, component of the Aspiraand feedback program of tional Panchayat Program. the Jammu and Kashmir The primary aim of this Government. Threadbare program is to achieve the discussion on a number saturation of services and of activities scheduled to bridge the existing gap be carried out during the between the government program was held in the and the people it serves.

Vikas Kundal underlined Back to Village program. He noted that these initiathe efficient last-mile delivery of different government services. Furthermore, the

mobilize the people for other concerned officers.

enthusiastic participation in the program, emphasizing that their involvement in B2V activities to achieve

The 'Back to Village' pro-The 'Back to Village' inigram has evolved over the

The 'Back to Village' pro-Deputy Commissioner gram has proven to be a pivotal means of promoting the significant impact of community engagement, the previous phases of the strengthening governmentcitizen relations, and ensuring effective service delivtives have been instrumenery. As Jammu and Kashmir tal in identifying the spe- progresses in its commitcific needs and priorities ment to the welfare of its of villages, allowing for the citizens, the B2V5 program prioritization of essential serves as a beacon of hope public works, and ensuring and progress, bringing the government closer to the people it serves. The meeting was attended by the program has played a pivot- Additional Deputy Commisal role in spreading aware- sioner Rajouri, Rajiv Kumar ness about the numerous Khajuria; Chief Planning government services and Officer, Mohammad Khurshid; Assistant Commis-The Deputy Commis-sioner Development, Vijay sioner asked the stake- Kumar; District Panchayat holder departments to Officer, Auqil Nuvaid and

Summary Revision Electoral Rolls DEO Reasi discusses activity schedule with political representatives



JI NEWS SERVICE

cer (DC), Reasi, Vishesh to encourage the eligible Mahajan today discussed persons of the District to as the schedule of activities Voters. The Political parfor Special Summary Revities were invited to appoint sion of the photo Electoral their Booth Level Agents Rolls with the Political parto work and co-ordinate ties here at a meeting held with the Booth Level Offiin the video conference cers to facilitate error free hall of the DC office. The revision of the electoral Special Summary Revision rolls. Copies of the draft of the photo Electoral Rolls Electoral Rolls were also is being conducted with Ist given to the Political par-January, 2024, as the quali-

fying date. Revision was read out in concerned officers attendthe meeting and the rep- ed the meeting.

Yasha Mudgal reviews

functioning of J&K SCARD

bank branches across J&K

resentatives of the Political parties were requested to disseminate the informa-District Election Offi- tion among the people ties. ADC, Abdul Star, DY. District Election Officer The schedule of the Rakesh Kumar and other

Rajouri road mishap: Deputy Commissioner meets victims at GMC &AH

JI NEWS SERVICE

RAJOURI, NOVEMBER 6

Deputy Commissioner Rajouri Vikas Kundal today rushed to GMC&AH to inquire about the condition of injured who had endured a dreadful tempo accident at Kanchi Morh on Rajouri-Kotranka Road. The accidents victims were shifted to the hospital for specialized care. Deputy Commissioner Vikas kundal shall also be given to the sufferers of the mishap.

Tragedy struck as eighinjured, while the lives unfolded at the fateful Kai-

total of eighteen individuensuring a smoother path visit.



varying degrees. These brave survivors were rushed to the GMC Assoteen people were left ciated Hospital in Rajouri, where a dedicated mediof three innocent souls cal team worked tirelessly were tragically cut short to assess and address their in a road accident that conditions. Deputy Commissioner Vikas Kundal nchi Morh, situated near engaged with the injured, Rehan. The heart-wrench- inquiring about their ing incident occurred health and offering words when a tempo traveler, of solace and encourageen route to Rajouri from ment. Furthermore, he Kotranka, lost control and directed the medical team veered off the road, tum- to provide the injured bling down a steep gorge. with the most compre-The aftermath of the hensive and effective HQr, Mudasir Chowdhury

als bearing the brunt of to recovery. In this trying assured that appropriate the catastrophe, all left hour, the Deputy Commiscompensation under rules grappling with injuries of sioner extended a heartfelt promise to the injured and their distraught families, assuring them that the District Administration would stand by their side, offering unwavering support and all the necessary assistance required during this difficult and trying time.

Among the others DDC Member Budhal New, Shazia Kouser; ACR, Imran Rashid Kataria: MS DH, Dr Mehmood Bajar; Tehsildar Rajouri, Varinder Sharma; DySP accident was nothing treatment, minimizing the and other officers accomshort of chaos, with a risk of complications and panied the DC during his

DC Ganderbal reviews land acquisition cases for Z-morh, Zojila tunnel projects



JI NEWS SERVICE

GANDERBAL, NOVEMBER 6

The Deputy Commissioner (DC) Ganderbal, Shy-Z-morh and Zojilla Tunnel projects.

details of all pending land acquisition cases/ rent agreements coming under the construction of Z-morh and Zojilla tunnel projects.

While reviewing the enue matters. status of land acquisition, ing the land besides all maintained that the dis- Executive Agencies.

at Sub-Registrar Office.

for the construction of and asked for clearing the December for emergency pendency with regard to purposes during winter. the acquisition of land At the outset, DC sought within the shortest pos- bursed an amount of Rs sible time. The Executing 1.07 Crore compensawork in coordination with of Rezan Kullan whose the SDM Kangan and Teh- houses and shops were sildar Gund for resolving the issues regarding rev-

agreements with the land trict administration has owners shall be notarized made all preparations for keeping Sonamarg open He also directed the to tourists during winter concerned to disburse and directed the Executambir today convened a the compensation amount ing Agency to ensure one meeting to review the in the cases where final tube of tunnel is made status of land acquisition awards have been issued functional from 10th of

> Earlier, the DC dis-Agencies were asked to tion among the families damaged due to the avalanche.

The meeting was Meanwhile, the DC also attended by SDM Kangan, the DC directed the offi-reviewed the prepara- Javaid Ahmad Rather; cial of NHIDCL to ensure tion of Z-morh tunnel for Tehsildar Gund, Execuconsent is taken from the winters and maintenance tive Director, NHIDCL land owners for acquir- of approach roads. He (projects) and officials of

DC Kulgam reviews arrangements for smooth conduct of B2V-5

JI NEWS SERVICE JAMMU, NOVEMBER 6

Commissioner Secretary, itable up to end of cur-Co-operatives, Yasha rent financial year. She Mudgal, on Monday emphasized the need reviewed the functioning of J&K State Cooperative Agriculture and Officers/ Officials of the Rural Development Bank Bank. Ltd., (J&K SCARD Bank) Branches operating across the Union Territory of Jammu and Kash- including Deposits, Loan mir at Civil Secretariat

the Managing Director/ CEO, J&K SCARD Bank appraised the Commissioner Secretary of key attended by Director financial parameters of Finance Cooperative

efforts to achieve the Bank.

set targets within the stipulated time frame and make the Bank proffor stringent action against poor performing

The meeting had a detailed discussion on various vital aspects and Advances, CD ratio, Recovery against NPAs, During the meeting, Loan disbursement and other related matters

The meeting was also Department, Joint Regis-Commissioner Secre-trar, Additional, Admintary urged concerned istrator, J&K SCARD Bank officers/officials to fur- Limited and other offither intensify their cers and officials of the JI NEWS SERVICE KULGAM, NOVEMBER 6

In order to take a detailed review of arrangements put in place for smooth conduct of 'Fifth Phase of Back to Village Programme (B2V5)', a meeting of officers was today held under the chairmanship of Deputy Commissioner (DC) Kulgam, Dr.Bilal Mohi-Ud-Din Bhat at mini-secretariat, here.

The meeting was informed that the Back to Village programme, which is J&K Governoutreach, participation and feedback programme will commence from 7th of

November. During the programme, Prabhari Officers shall visit by citizens at large etc. their respective panchayats and interact with the all the officers and line and other district/ secpublic and undertake departments to ensure toral and subdivisional/ review of previous and close coordination and tehsil officers.



ment's flagship public current year deliverables liaisoning to ensure with special focus with smooth and successrespect to improving ful conduct of this proe-services penetration, gramme. user experience for greater accessibility and usage

The meeting was attended by ADDC Showkat Ahmad Rather, The DC instructed ADC Vigar Ahmed Giri

GDC Ramgarh organises awareness workshop on Critical Issue of Domestic Violence

JI NEWS SERVICE

SAMBA, NOVEMBER 6

Women Development Cell, Government Degree College Ramgarh on Monday organised an Awareness Workshop for students on 'Critical Issues of Domestic Violence and its far-reaching impact on individuals and Communities.' The event was orgaof Prof. (Dr.) Geetanjali

and Human rights expert Violence is violence or to fight against it.

duced the students to her tion. She urged an end to with great zeal and enthuinitiative namely 'DHIRA'- the silence around any the undistracted mind, a sort of abuse. commitment to empower individuals with knowl- sion, Prof. (Dr.) Geetanjali





edge, understanding and Andotra said that Domesof legal protection and dig-specific to one gender or nized under the guidance awareness among the talk about domestic viowas the Resource Person. other abuse that occurs in In her address, Advo- a domestic setting, such as as well as students of the cate Kiran Thakur intro- in a marriage or cohabita- college attended the event

Speaking on the occa-

confidence in the realms tic Violence is not an issue ital security. She empha- one place, it can happen sized the need to create to anyone. The more we general public regarding lence, the more we will be Andotra, Principal of the different forms of Domes- able to spread awareness tic Violence and the legal about it and be better able Advocate Kiran Thakur, services available. She fur- to identify abusive behava cyber security expert ther added that Domestic iors and take active steps

All the faculty members siasm and had a patient hearing. In the end, a question answer session was also held.

DLSA Ganderbal conducts Door to Door Legal Awareness

JI NEWS SERVICE

GANDERBAL, NOVEMBER 6

On the eve of celebration of Legal Services Week, the District Legal Services Authority (DLSA) Ganderbal in collaboration with Tehsil Legal Services Committees Ganderbal and Kangan conducted two days mass Door to Door Legal awareness and Legal Literacy in their mission of justice at doorsteps in the

The campaign was organised under the guidance of Chairman DLSA, Ganderbal, Ritesh Kumar Dubey and under the supervision of Secretary/ Civil Judge (Sr. Division) Nusrat Ali Hakak and Waseem Mirza.

taken this proactive step Yarmukam C, Jabalpati and affordable legal aid towards providing free Anderwan, Rabitar, Khan services across the dislegal aid services in far- Mohalla Gund Roshan, trict, organised this doorflung areas by conducting Takanwari, Dab, Haknar to-door awareness prothis two days door-to-door Gund and Doieepati Gund. grammes to eliminate barawareness programme.



disseminating information these targeted awareness about their rights and the programmes this authorlegal assistance available ity aims to bring the bento them.

Ganderbal, Mohammad areas, of district Gander-tion." bal particularly Ander-

Ganderbal, DLSA aims to ness programmes. She available to them.

empower individuals by stated, "By organizing efits of legal aid services During the door to door to the farthest corners of awareness programmes, Ganderbal. DLSA Gandernumber of applications bal efforts align with the have been received from vision of ensuring equal the legal aid help seekers access to justice for all Chairman Tehsil Legal Ser- especially those resid- our citizens, regardless of vices Committee (TLSC) ing in rural and far-flung their geographical loca-

DLSA, recognizing the DLSA Ganderbal has wan A&B, Yarmukam, dire need for accessible Secretary DLSA Gander-riers and raise awareness Through door-to-door bal, expressed immense among the residents of awareness programmes satisfaction over the suc- far-flung regions, ensuring conducted by para-legal cessful implementation of they are informed about volunteers of the DLSA the door-to-door aware- the free legal assistance

National Level Workshop on New Working plan held at SKICC, Srinagar

JI NEWS SERVICE SRINAGAR, NOVEMBER 6

The Ministry of Environment, Forest and Climate Change (MoEFCC) in collaboration with department of Forest, Ecology and Environment J&K Govt today organized a one day National Level Workshop on New Working plan at SKICC,

As part of the workshop, different stalls were installed under various themes by the officials of different wings of the Forest Department including the stall installed by the scientists of J&K Pollution Control Committee (JKPCC) Kashmir.

On the occasion, the scientists from Air lab, Water lab and micro lab of JKPCC Kashmir presented a main description of their research work in presence of delegations and highlighted achievements in various sectors of JKPCC in Kashmir region.

Samba admin steps up Surveillance against illegal mining

JI NEWS SERVICE SAMBA, NOVEMBER 6

Deputy Commissioner Samba, Abhishek Sharma on Monday chaired a Multi Departmental District Level Task Force Committee meeting to address the issue of illegal mining activities in the district. During the meeting a series of instructions were issued to district and tehsil level officers for effective check on the unlawful mining.

Earlier, District Mining Officer M Sayeed Jpresented a comprehensive overview of the targets, achievements, and challenges faced with regard to the enforcement of mining laws. Following

a thorough discussion on e-challans, e-market places, mining pits, mineral based units, and transportation, it was emphasized that the government's notified rates for minor minerals must be strictly implemented.

To strengthen enforcement mechanism, the establishment of special check posts and the strengthening of existing checkpoints including police nakkas and forest check points were deemed necessary.

To tackle illegal mining activities, strict instructions were given to the police to lodge FIRs against individuals involved, particularly those operating during night hours.

MORTHERN RAILWAY										
	E-Tender Notice									
Sr.DEE/G/FZR acting for and on behalf of The President of India invites E-Tenders www.iresp.gov.in against below titled Tenders Bidders will be able to submit their original/revised bids up to closing date and time only.										
Tender No	Name of Work	App Cost (in Rs.)	Earnest Money (in Rs.)	Completion Period	Opening of tender	Website Particulars				
251-Elect/ T-40- 2023-24	Electrical work in c/w Illumination improvement and associated work for Various infrastructures to improvement security in J&K valley region.	1,97,17,766.73	2,48,600.00	06 Months	27.11.2023 after 15:00 Hrs.					
251-Elect/	251-Elect/T.Notice No. 32-Elect/2023-24 Dated: 06.11.2023									

EDITORIAL

Restrict human interference on glacier melt

There have been reports that at-least 15 major Himalayan glaciers in the Union Territory of Ladakh have retreated significantly due to climate change during the last five decades (from 1971 to 2021). This followed the recent study that three glacial lakes are likely to form around Parkachik Glacier in Ladakh due to rapid ice melt. It calls for a serious introspection from all stakeholders for human interference in the growing problem of glaciers retreating. The report on retreating of Himalayan glaciers is based on the various scientific studies and regular monitoring of several Indian institutes, universities and organizations funded by the Government of India through Ministry of Earth Sciences, Department of Science and Technology, Ministry of Environment Forest and Climate Change, Department of Space-Indian Space Research Organisation (ISRO), Ministry of Mines and Ministry of Jal Shakti. Responding to a query in the Rajya Sabha, Union Minister of Earth Sciences Kiren Rijiju revealed that a total of 15 Himalayan glaciers in Ladakh, including Pensilungpa, DurungDurung, Parkachik, Sagtogpa, Sagtogpa East, Thara Kangri, Garam Pani, Rassa-I, Rassa-II, Arganglas Glacier, Phunangma, Panamik-I, Panamik-II, Saser-I and Saser-II, have witnessed annual retreat between 1971 and 2021. Except Thara Kangri glacier that reported a surge of 11.13 m per year, all other glaciers have witnessed average retreat ranging from a minimum of 2.85 meter per annum (Saser-II) to the maximum 18.86 meter per annum in case of Arganglas Glacier. The mass balance (gain and loss of ice from the glacier) assessment of nine glaciers in the Himalayan region, including two each in J&K and Ladakh UTs, have also reported net change in its mass during the last five years. Kolahoi Glacier and Hoksar Glacier in J&K with Jhelum as their basin have reported shrinking as their mass balance was negative which means melting across these glaciers increased. Similarly, Stok Glacier with Indus as its basin and Pensilungpa Glacier with Suru river as basin, both in Ladakh, have also reported negative mass balance. A new study by scientists of Wadia Institute of Himalayan Geology has observed that the Parkachik Glacier in Ladakh is likely to have three lakes of different dimensions due to subglacial overdeepening -- a characteristic of basins and valleys eroded by glaciers. The glacial melt is worrying as it not only increases chances of glacial lake outbursts but can also lead to paucity of water, glaciers being the region's primary source of water. The study, published in the journal 'Annals of Glaciology', is based on satellite imagery between 1971 and 2021 and supplemented by extensive field surveys between 2015 and 2021. According to the experts, Jammu and Kashmir has lost 22 percent of its glaciers in just five decades and if this trend continues, it will lead to a serious water crisis in the next 30 years. Many reasons including accumulation of black carbon, generated mainly by use of coal and petroleum products remains trapped due to the peculiar geological shape of the valley, surrounded by majestic Himalayan ranges are attributed to be affecting the glaciers, source of several high altitude lakes and rivers. The need of the hour is to ensure minimum human interference in the natural processes.

Why School-Based Assessment Can **Transform School Education**

DR GHULAM HASSAN WANI

more than just a method of evaluation; it is a transformative approach that personalizes learning, promotes engagement, and enhances the quality of education.

Education is not merely a destination; it is a journey and over the decades traditional assessment methods, primarily relying on high-stakes summative tests, have dominated the educational landscape. However, these tests often miss the essence of this journey by failing to appreciate the learning process. School-based assessment is changing this paradigm by placing learning at the core of evaluation. SBA encompasses a range of assessments, from formative evaluations to projects, portfolios, and continuous feedback, enabling a more comprehensive and personalized understanding of a student's abilities. School-based assessment (SBA) has emerged as a dynamic and holistic approach to evaluating student learning. Unlike traditional summative assessments that primarily measure the outcomes of education, SBA focuses on the learning process, enabling teachers to tailor their instruction and students to take an active role in their own education. This article explores the significance and impact of school-based assessment in modern education.

Understanding School-Based Assessment

School-based assessment, often abbreviated as SBA, refers to a range of assessment methods and tools conducted within the school environment to measure students' performance and understanding. It involves ongoing evaluation and feedback, allowing educators to gain insights into students' progress over time. In essence, SBA refers to the practice of evaluating a student's learning process within the school environment. Unlike summative assessments, such as final exams, which measure the output of learning, SBA gauges the learning journey itself. This involves ongoing assessments, formative evaluations, observations, and feedthe academic year.

The primary objectives of SBA

To provide teachers with insights into their students' progress, enabling them to tailor their instruction.

their learning, promoting self- and communication abilities.

regulation and motivation.

 ¬ chool-Based Assessment is and well-rounded understanding of a student's strengths and areas that need improvement.

> To provide an opportunity for students to their own assessments and assessments of their

> In contrast to traditional assessments, which often emphasize memorization and and practical skills.

Key Elements of SBA SBA comes in various Assessment

forms, each serving distinct educational goals:

Formative Assessments: SBA includes formative assessment, which occurs during the learning process. It helps teachers understand their students' strengths and weaknesses, enabling them to tailor instruction to meet individual needs. These assessments are conducted during the learning process to inform instruction. They may include quizzes, debates, class discussions, projects and assignments etc. Formative assessments are not graded as final evaluations but are used need help and adapt teaching strategies accordingly.

Summative Assessments: These are end-term assessments designed to summarize a student's learning at a particular point in time. They have their place but are complemented by other forms of SBA. Summative assessments evaluate students' learning outcomes at the end of a specific period, such as a semester or school year. These assessments may take the form of final exams, final activities or

Performance Tasks: SBA often includes performance tasks that require students to apply their knowledge and skills in realworld or real-life situations. These tasks assess not only a student's content knowledge but also his/her critical thinking and problem-solving abilities.

Self-assessment and Peer Assessment: Through these assessments students are encouraged to assess their own force. work and the works of their peers, aiming to provide feedcollaborative learning among the learners.

Projects and Presentations: encourage students to explore a specific topic in-depth and pres-To empower students to ent their findings. They promote

Continuous Feedback: Con- assessments. To create a comprehensive tinuous and constructive feedback from teachers, peers, and students can foster improvement and ongoing reflection. This feedback system is a lifeline of the SBA approach. Students receive continuous feedback on their progress, allowing them to track their own development and make improvements in real time. Similarly, teachers also test-taking skills, SBAs focus on receive regular feedback data. developing deeper knowledge enabling them to refine and improve their teaching.

Advantages of School-Based

SBA has gained momentum in modern education due to the many advantages it offers:

Personalized Learning: SBA recognizes that each student is unique. It allows educators to tailor their teaching methods to individual needs, promoting personalized learning and addressing learning gaps effectively. Teachers can identify each student's strengths and weaknesses and tailor their teaching methods accordingly.

Increased Student Engagement: The focus on the learning process, as opposed to a single final exam, keeps students to identify areas where students engaged and motivated throughout the academic year. They see the immediate relevance of their studies to the day-to-day affairs and real-life situations. They feel like a part of the teachinglearning process.

Improved Learning Outcomes: SBA provides doable and actionable insights into student performance. It helps students understand their strengths and weaknesses and encourages their continuous improvement. Comprehensive Assessment:

Unlike traditional exams, which may favour specific learning styles, SBA offers a more comprehensive view of student capabilities. It values skills like critical thinking, problemsolving, creativity, and effective communication.

Development of Soft Skills: Through presentations, projects, practicals and portfolios, SBA promotes the development of soft skills that are crucial for success in the modern work-

assesses various generic skills, competencies. Reduced Stress: Students may

These multifaceted assessments experience less stress compared to high-stakes exams because SBA is integrated into the learn-

Authentic Assessment: Performance tasks in SBA mirror of the assessment. real-world situations, providing students with valuable skills and experiences.

Teacher-Student Interaction: SBA encourages more teacherstudent interaction, which can environment as well as collab-

Implementation and challenges thereof

Objectives must be clear: School heads and teachers must know clearly the objectives behind SBA. What skills and knowledge they are trying to assess, and how should these be aligned with the curriculum goals and learning outcomes and finally achieved through

Need extensive teacher training: For its successful implementation, proper training and professional development for educators are essential, to ensure that they can effectively use SBA in their teaching prac-

Selection of appropriate assessment tools: The selection of appropriate assessment tools, such as rubrics, checklists, portfolios, peer and self-assessments etc, that align with their educational goals and the content to be taught need a deep knowledge and expertise that will take time and need resources.

Regular feedback and reflection: Regular feedback and reflection sessions among teachers can help improve SBA practices and maintain consistency, but for this to happen, the department must free teachers from non-teaching assignments.

Active student involvement: Students should be involved in the assessment process, includassessment, to encourage selfregulated learning.

Clear communication: Effective communication among just a method of evaluation; it is teachers, students and parents is essential to serve the purpose and meet the expectations of

Grading consistency: Ensurfor teachers.

Potential for bias: SBA can be sometimes subject to teacher ing process and is not solely bias and subjectivity, making it become active participants in critical thinking, research skills, focused on a final exam but o crucial to establish clear rubrics comprehensive and continuous and guidelines. Teachers may

unintentionally favour certain students, affecting the fairness

Time-consuming job: Implementing SBA requires time for planning, assessment, and feedback. Teachers need to manage their workload effectively and the department needs to relieve foster a supportive learning teachers from non-teaching

> Resource allocation: Schools may need to invest in training, technology, intellectual resources and material resources to implement SBA effectively.

Assessment overload: Excessive assessments may sometimes lead to teachers' fatigue and may not always align with the curriculum's objectives.

Despite these challenges in the implementation, SBA is the best small-scale assessment method, and to maximize its benefits teachers should consider the following practices:

Frame clear criteria for assessment, ensuring both students and teachers understand the expectations.

Providing continuous and constructive feedback. As it will foster improvement and help students identify areas for growth, and maintain transparency in the assessment process.

Teachers should encourage students to take an active role in their learning by setting goals, self-assessing, and participating in the assessment process.

Make regular data analysis to identify trends, areas for improvement, and strategies for enhancing teaching and learn-

Conclusion

In the ever-changing landscape of education, schoolbased assessment has emerged as a potent tool. It recognizes ing self-assessment and peer the value of the learning process and empowers both educators and students to grow. School-Based Assessment is more than a transformative approach that personalizes learning, promotes engagement, and enhances the quality of education. While it comes with challenges, its bening consistent and fair grading efits in terms of holistic learncan be a challenging task for ing, feedback, and reduced teachers in SBA, as it often relies stress make it a valuable addi-Holistic Assessment: SBA on subjective and individual tion to modern education sysjudgment. Teachers must work tems. Implementing it effecback that can occur throughout back of learning their learning including logical thinking, com- to establish clear criteria and tively requires clear objectives, progression. This promotes self- munication skills, creativity, and standards beforehand. Quanti- teacher training, and collaborarealization, self-regulation and problem-solving, in addition to fying the marks with the levels tion among educators, students, subject-specific knowledge and of competencies is a difficult and parents. By implementing and a bit confusing task. Hence best practices, addressing chalthe grading can be a challenge lenges, and embracing technology, SBA can lead the way toward more effective, relevant, and equitable education in the

The writer can be reached at wanihassan1@gmail.com

Qualification Concerns in Jammu and Kashmir

he Department of Rural Development and Panchavati Raj, a government organization focused on rural development and local self-governance, has released an advertisement through Vision India, a respected organization dedicated to social causes. This advertisement offers a unique opportunity for qualified individuals to become Resource Persons at the Block and District

The advertisement has generated significant attention and interest due to the potential impact these positions can have on rural areas. As Resource Persons, individuals will be responsible for providing expertise and guidance in various areas of development, such as agriculture, education, healthcare, and infrastructure. They will work closely with local communities, government offieffective strategies for prog-

This role requires individu-

education and experience in rural development. Successto the advancement of rural areas and make a meaningful Department of Rural Development and Panchayati Raj encourages interested individuals to apply and seize this remarkable opportunity to contribute to the development of rural areas and promote local self-governance. The advertisement for the

Swachh Bharat Mission has received considerable attention due to its emphasis on the urgent need for qualified individuals to contribute to the nationwide campaign. This campaign, also known as the Clean India Mission, aims to ensure cleanliness and sanitation throughout the country. Currently, there are The advertisement states 325 job openings available, that candidates must possess cials, and other stakeholders providing a significant oppor- a graduation degree in Rural to identify and implement tunity to make a substantial Development. Unfortunately, impact on the implementa- this particular field of study tion of the mission at the is not offered by any college

als with the necessary qualithis initiative, individuals can Jammu and Kashmir. This so, they can ensure that the fications, including relevant actively contribute to improving the overall cleanliness and hygiene standards in India. ful candidates will have the The Swachh Bharat Mission opportunity to contribute is a crucial step towards creating a healthier and more sustainable environment for difference in the lives of the all citizens. With the support people residing there. The of qualified individuals, this campaign has the potential to bring about positive and lasting change in communities across the nation. Joining the mission not only offers a chance to make a difference but also provides individuals with an opportunity to gain valuable experience and contribute to a national cause. By becoming part of the Swachh Bharat Mission, individuals can play a vital role in building a cleaner and healthier India for future generations.

However, there is a slight concern that has been raised regarding the specified qualification for these positions. grassroots level. By joining or university in the state of

has led to a wave of queries recruitment process does and concerns from aspiring not inadvertently result in candidates who are eager to contribute to the mission but team for the implementation lack the specific qualification of the Swachh Bharat Mission mentioned.

In light of this issue, it is crucial to address the need for alternative options at the graduation level. It is only fair to provide aspiring candidates with a wider range of educational backgrounds that align with the goals and objectives of the Swachh Bharat Mission. By doing so, Vision India can ensure that a diverse pool of talented individuals can be considered for of the mission in Jammu and

It is imperative that this matter be brought to the attention of Vision India. The Department of Rural Develalong with concerned indivoice their concerns and sider the current qualifica- in Jammu and Kashmir. tion requirements. By doing

the hiring of an incompetent and JalJeevan Mission (Water Life Mission) at the grassroots level in Jammu and Kashmir.

The recent advertisement released by the Department of Rural Development and Panchayati Raj, in collaboration with Vision India, presents a remarkable opportunity for individuals to contribute to the Swachh Bharat Mission. However, the specified qualification requirement has raised concerns due to these positions, ultimately the unavailability of the menleading to a more effective tioned field of study in Jammu and efficient implementation and Kashmir. It is crucial that Vision India considers alternative options at the graduation level to ensure a diverse pool of qualified candidates. By addressing this issue, the Department can avoid the opment and Panchayati Raj, risk of hiring an incompetent team and instead, assemble a viduals, must collectively highly skilled workforce that will effectively implement the urge Vision India to recon- mission at the grassroots level

IS COGNITIVE DECLINE RELATED TO METABOLIC HEALTH?

GUNJAN SOODEN

Health means having sugar, diet, metabolic health, nutrition, and fitness training. glycerides, blood sugar, cholesterol, blood pressure, etc. pillars: calorie tracker, CGM, Your metabolic health plays health coaches, smart scale a vital role in keeping your and metabolic panel. It helps body healthy and protecting it assess your internal health against various metabolic dis- and provides real-time advice eases. Multiple factors affect on eating right and exercisyour metabolic health, but it ing adequately. These pillars is essential to understand that can help you manage your everyone's metabolic health is metabolism better. With the different. It depends on mul- calorie tracker, you can easily tiple parameters like sex, age, track the carbs, protein, fats lifestyle, genes, etc. The main and fibre in your food, leading job of your metabolism is to to more mindful eating. Then convert the food you eat into comes CGM with a BIOS device energy. When your metabo- that monitors your blood lism works properly, your sugar or glucose levels with body can easily perform the every small bite of food you conversion.

are genetic, some affect your metabolic health. organs, and some affect the parts of your cell that pro- Note duce energy. Among all these disorders, the most common trols various vital functions one is organ dysfunction in your body. Poor metabolic Dementia which occurs when the organs health can lead to metabolic involved in metabolic function dysfunctions like mitochon- nitive condition that causes become diseased, like the drial disorders, diabetes, deterioration in mental cells.

type2 or type1 diabetes. orders, a study suggests that parts of the body, including skills. Dementia develops over people with diabetes, espethe brain, leading to cognitive time and is more complex and cially with type2, are more decline. Therefore, it is vital severely impacts daily funcprone to have severe cogni- to keep your metabolic health tions. tive decline or problems like in check. dementia, Alzheimer's, vascular dementia, amnesia, etc. Different Types of Cognitive In addition, older people with **Decline** diabetes or someone who has

tive declines. ous other metabolic diseases lion new cases yearly. affect different functions of your body like the brain, Different types of cognitive weight, etc., which also leads decline are: to cognitive decline.

managing different health **¬**xcellent metabolic aspects, from weight to blood Interestingly, it has five

take that shows how different Metabolic diseases are confoods or combinations spike ditions that occur together your glucose levels. As a result, risk of dementia. due to any unusual activity or it enables you to make more chemical reaction that cause active and conscious lifestyle Alzheimer's disturbance with your normal choices. It eventually leads to metabolic function. It means proper weight management common form of cognitive memory. This affects problemthat your body produces too and the right food intake based much or too little of the sub- on your needs and daily rou- ent studies, almost 80% of which causes sleep disorders, Both these conditions can stances and chemicals necestine. This together collates to memory loss is caused by hallucinations and memory sary to remain healthy. Dif- nuding you towards making Alzheimer's. The symptoms loss. ferent metabolic diseases fall long-term behavioural changinto different groups; some es that positively affect your time and decrease the ability Metabolic Disorders and

Your metabolic health conpancreas and liver, leading to phenylketonuria, Hemochro-Symptoms of dementia cause matosis, etc. Such diseases damage to reasoning, memory, Concerning metabolic dis- can affect various organs and communication and mobility

had diabetes for a long time relation of metabolic health words, it affects the brain's are more prone to such cogni- with cognitive decline, it is nerves responsible for behavnecessary to understand how ioural, language, and personal-Cognitive impairment or different cognitive disorders ity development. decline causes frequent con- affect your health. According fusion, a noticeable decrease to WHO, more than 55 mil- Vascular Dementia in mental ability, or memory lion people live with mental loss. Not just diabetes but varidecline dementia, with 10 mildue to the lack of blood supply ties and cognitive decline.

metabolic health and blood loss. A person suffering from sugar level in check is Health- mild cognitive decline shows ifyPro 2.0. It is an advanced slight memory loss, which, if Lewy Body Dementia and accessible approach for not treated timely, raises the



Alzheimer's is the most decline. According to differof Alzheimer's occur over to understand and perform daily tasks. In addition, it interferes with the communication between cells and nerves.

Dementia is another cog-

Frontotemporal Dementia

It is a form of dementia that affects the temporal and fron-Before reading about the tallobes of the brain. In other

to the brain. It primarily happens due to the build-up of **Diabetes and Cognitive** plaque that affects the arter- **Decline** ies and increases the risk of

due to the abnormal build of and resulting in insulin resisprotein in cells and different brain parts responsible known as insulin-dependent for thinking, movement and solving and reasoning ability,

Cognitive Decline: The Connection

Your metabolism works tions like breathing, regulating body temperature, digestion, blood circulation, etc. But memory, mood and appetitesometimes, your metabolic related functions. health can go haywire due to various external and internal factors, leading to serious metabolic diseases or dysfunctions. Some metabolic disorders are inherited, and some occur due to the improper it can cause severe problems functioning of the organs.

orders affect how enzymes, information and communicaenergy, heart, insulin, the tion functions in the brain. brain and the digestive system Furthermore, when the insulin diabetes etc., are associated Vascular dementia occurs with various brain abnormali- reduces capillaries reactivity Disease.

Type2 diabetes affects how Mild cognitive impairment stroke. It also affects the ability the body takes up insulin, memory centre of the brain and metabolism, and it is often and attention span. Exercise The easiest way to keep your is the early stage of memory to make judgments and inter- which means the body does feres with the thought process. not properly use glucose from the blood, which causes the ders affecting insulin function pancreas to make more insu- can lead to neurodegenerative Age Lewy body dementia occurs lin, raising blood sugar levels diseases.

tance. In type1 diabetes, also diabetes, your pancreas produces little to no insulin resulting in low blood sugar levels. affect many bodily functions, verbal fluency. including the brain, which can cause cognitive decline.

The brain needs insulin for **Decline** energy and to function properly. When the brain detects a shortage of insulin, it generates even when you're resting to energy from ketones. Howensure essential bodily func- ever, the brain can become prone to insulin resistance in the long run, affecting various

A study suggests that insulin plays two vital roles in the brain: regulating food intake and controlling cognitive functions. When the brain does not respond effectively to insulin, in protecting and generating Different metabolic dis- neurons that safeguard the

is more common in people with type2 diabetes and can Factors Affecting Cognitive result in different dementia Functions and Metabolism states causing Alzheimer's. It mainly affects the learning and affect both cognitive function memory, learning, reaction called the hippocampus. In the longer run, metabolic disor- brain abnormalities:

Obesity and Cognitive Decline

Metabolic disorder and digestive system breaks down nitive declines. foods into sugars. However, due to metabolic disorders, Oxidative Stress your body can not efficiently

Concerning metabolic disorand the learning part of the causing inflammation. brain. The same research also suggests that obesity-inducing Diet inflammation can disrupt the brain's processing speed, causing various abnormalities and cognitive decline. In addition, disturbances in carbohydrate metabolism can impair the brain's learning, reasoning and

Energy and Cognitive

Metabolic disorders occur when various chemical reac- How to Take Care of your tions impair the body's metabolism. Such conditions affect how the body uses and breaks solution to Alzheimer's or down molecules for energy for other cognitive declines. Still, your body to work correctly. Also, it can cause problems with energy-producing organs malfunctions. However, there and how well your body and brain distribute and regulate energy. Metabolic disorders adopt to help strengthen your can cause energy deprivation metabolic and brain activities and a decline in the efficiency health of energy metabolism, which causes various brain abnor- Exercising

co-related resulting in various

Your age plays a vital role and cell connection.

in how your metabolic health performs; with age, your metabolic health and energy metabolism do not respond well. In insulin resistance are the addition, the brain also does leading causes of obesity and not function properly due to are closely linked to inactivity decreased basal metabolic and being overweight. Your rate, resulting in various cog-

Stress is another common use those sugars to be used factor that affects both metabas fuel for your body to run. olism and cognitive decline. As a result, it accumulates as For example, oxidative stress fats, making the person gain impairs various bodily functions. It impairs the wound healing process, resulting in ders, a study reveals that obe- chronic diseases and overprosity changes the function of the duction of free radicals involvhippocampus, the memory ing the brain's function and

A balanced diet and proper nutrition are vital in managing healthy body functions. including the brain. Conversely, not eating proper meals and oily or processed foods can impair body functions. It can cause different metabolic diseases and energy deprivation resulting in brain abnormali-

Cognitive Health?

So far, there is no sure-shot researchers are working on finding solutions to curb brain are some standard solutions or lifestyle changes that you can

Keeping your body active A study revealed that a com- and doing daily exercise manplex neuroendocrine system is ages various metabolic diseasresponsible for energy regues. You do not have to do heavy lation in the body. In case of workouts or weight training work, leading to cognitive receptors in the brain are at metabolic disorders, the brain daily; you can do Zumba, decline in the long run. In a higher density, it affects the can not effectively use the cardio or other forms of activaddition, a study suggests that signalling system. As a result, energy. Less energy metabo- ities as well. Exercising daily metabolic syndrome leading to it causes various energy and lism results in brain malfunc- keeps your physical health in cardiovascular disease, type2 glucose metabolic disorders. tion and ageing, causing cognicheck, stimulates your brain Insulin resistance that tive decline called Alzheimer's cells, reduces inflammation, and helps decrease brain disease risk.

Everyone, especially adults, should do some form Some common factors of exercise as it helps increase also helps develop the hippocampus, improving the understanding and memory formation that strengthens the brain

Careful - Common steroids like inhalers may change the brain structure

he use of prescribed steroids, including inhalers, is linked to changes in the structure and volume of white and grey matter in the brain, finds a new study.

The study, published in the journal BMJ Open, indicates that the associations found might help to explain the neuropsychiatric effects, such as anxiety, depression, mania, and delirium frequently seen after long-term use, sive properties mean that numbers of people with say the researchers.

white matter integrity, medical conditions. which may in part undercoids," said researchers, with structural abnor- roids. including Merel van der malities and shrinkage versity Medical Center.



glucocorticoids, a class specific conditions. "This study shows that of synthetic steroids, are

Their immunosuppres- have involved only small

For this study, the team both systemic and inhaled among some of the most drew on data, comprising glucocorticoids are associ- frequently prescribed half a million 40-69-yearated with an apparently drugs. They are used to olds from the general widespread reduction in treat a wide variety of population to see if there were any detectable dif-Previously published ferences in brain volume lie the neuropsychiatric research suggests that and structure between in systemic users than in side effects observed in long-term medical ste- users and non-users of patients using glucocorti-roid use is associated systemic and inhaled ste-

The MRI brain scans of the effects might be even Meulen from Leiden Uni- of certain brain areas. 222 people using system- larger among long-term But most of these studies ic steroids and 557 using users.

inhaled steroids were compared with those of 24,106 non-users. None of the study par-

ticipants had previously been diagnosed with neurological, psychiatric, or hormonal (endocrinological) disorders or were taking mood-altering drugs, such as antidepressants. A comparison of the MRI scan results showed that systemic and inhaled steroid use was associated with less intact white matter structure than was seen on the scans of those, not on these drugs. White matter has a role in neuronal connectivity and signalling in the brain.

The effects were greater users of inhaled steroids. And further detailed analysis suggested that

Take note: A popular everyday drink could be key to a longer life

here is nothing quite as soothing as a cup of tea - a hot, well-brewed cup of the beverage is known to have a calming effect on the nerves like no other. And now, the wonder that tea is, experts associate it with longer and healthier Across various cul-

tures, people enjoy various forms of tea - green tea, chai latte, black tea, or herbal tea. Some like drinking it as it while others prefer adding whole spices to raise the flavour and nutrition quotient of the beverage. And of whether one used milk efits.

or sugar or not - the same goes for coffee.



Talking of the health thermal injury. benefits of tea, studies The study which have previously stated suggestions mentioned according to a new study, appeared in the Annals of how drinking the beverage in the article are for genthose who drink two or Internal Medicine journal regularly could combat eral information purposes more cups of black tea in discovered that 89 per heart disease, dementia, only and should not be a day have a 9 to 13 per cent of regular tea drink- and cancer. This effect is construed as professional cent lower risk of dying as ers consumed black tea. attributed to antioxidants medical advice. Always opposed to those who do Other variations of the in the drink which clear consult your doctor or a not drink black tea. And drink included green tea out damaging atoms from dietician before starting what's more, the benefits which is also known to the blood and reduce any fitness programme were the same regardless have several health ben- inflammation. Another or making any changes to study revealed that drink- your diet.

ing five brews in a day could help improve brain function as well. At the same

time, it is important to not gulp a boiling hot cup of tea as it could significantly raise the risk of throat cancer or esophagal cancer by damaging the food pipe, known as

Disclaimer: Tips and

DM Jammu chairs RTA meeting, calls for strict action against violators of traffic rules



JI NEWS SERVICE

JAMMU, NOVEMBER 6

Sachin Kumar Vaishya, transport plying only on today chaired a meeting the peak passenger moveof the Regional Transport ment routes. He directed issues related to public ments to suspend the agement in the district.

The meeting was the rules. attended by SSP Traffic, M.

The District Magistrate and ensure transparency. has given strict orders

applications, he said.

need for strict adherence

to expedite the process

The DM passed strict that the transport opera- directions against vehicle ineligible for any future pended. He also suggested trict roads.

that FIRs be filed against The DM stressed on the serious offenders.

He further said the offi-District Magistrate, to the authorised public cers to issue notices to offenders impose penalties as per the law.

The DM also called for Authority to discuss the the enforcement depart- monitoring traffic and route violations on the outtransport and traffic man-permits and licences of skirts of the Jammu city. those found in violating He directed concerned departments to depute He also reviewed the special teams for routine Fiesel Qureshi, Regional status of applications for inspection and checking Transport Officer, ARTOs route permits and asked for overloading and other and other concerned offi- the concerned authorities traffic rules violations. He underlined that passenger comfort and safety be kept as the priority.

The DM also laid tors who are not plying on modification and said emphasis on the enforcetheir allotted routes will that all such vehicles are ment drives and adherface cancellation of their to be seized and the driv- ence to traffic rules by permits. They will also be ers' licences are to be sus- anyone driving on the dis-

DC Kulgam visits Mahipora, inaugurates playfield

JI NEWS SERVICE KULGAM, NOVEMBER 6

The Deputy Commissioner (DC) Kulgam, Dr. Bilal Mohi-Ud-Din Bhat today visited village Mahipora where he inaugurated the playfield in presence of officers and youth of the village.

It was informed that this playfield in the village was a demand from youth of the area to provide them a platform for sports activities and the demand was fulfilled by District Administration and was developed at an estimated cost of Rs.12

Showkat Ahmad Rather; ACR, Mir Imtiyaz Ul Aziz; ACD, Mohammad Imran Khan and other officers besides scores of people and Sports lovers were present at the inaugural function.

Later, the DC also listened to issues and demands of people for early and timely

SOTTO organizes awareness programme for faculty, students, paramedical staff of GMC Handwara



JAMMU, NOV 6

Jammu And Kashmir State Organ & Tissue Transplant Organization (SOTTO) organized an Awareness Programme for faculty, students and paramedical staff of GMC Handwara in association with Hospital Administration Department of GMC Handwara.

Principal GMC Handand Prof Dr M Saleem the gap between demand Wani, Head Department and availability of organs, Wani explained the role of ment, GMC Handwara.

Transplant Unit, SKIMS, honour.

Head of Urology GMC

cer SOTTO J&K, Dr Elias wara, Prof Dr Iffat Hassan Organ donation in India under Ayushman Bhav to dinated by Assistant Prof presided over the event can be the answer to fill become an organ donor.

(NOTP) in India which was online for organ donation. Sharma gave a detailed launched under Ministry presentation on Human of Health and Family Welassociated with it. He steps to register in Organ

of Urology and Kidney thereby saving many lives. the religion in the cadaver-Joint Director, SOTTO ic donation and informed Srinagar was the guest of J&K, Dr Sanjeev Puri everyone that Islam perexplained the importance mits organ donation to of the National Organ save lives and he encour-Jammu cum Nodal Offi- Transplant Programme aged every one to pledge

Irfan Ahmed, Transplant Coordinator, SOTTO Organ Donation and fare to give impetus to the enlightened about the Transplantation and he cadaveric donation in this sequence of events hapclarified various myths country. He also described pening in a hospital during the cadaveric organ donasaid that only Cadaveric Donation Pledge Drive tion. The event was coor-Dr Mohd Sarwar, Hospital Professor M Saleem Administration Depart-

GDCW Kathua organizes awareness programme on "Drug De Addiction and Common Female Health issues"

JI NEWS SERVICE

Drug De-Addiction and

JAMMU, NOV 6

Psychological Counseling cell of GDCW Kathua, in collaboration with the Government Homeopathic Hospital, Kathua, organized an awareness session and medical camp on Homeopathy and its treatment. Dr. Savi Behl, the Principal of the colthe event, formally welcomed Dr. Nitin Magotra, Dr. Ifrah Dilnawaz, and Dr. Ruhi Raza from the Government Homeopathic Hospital, Kathua. During the event, Dr. Ifrah delivered a lecture in which she informed the students about the widespread use of drugs, which is becomamong young people. She to psychological problems and that Homeopathic

Ifrah also highlighted the common health issues faced by women, mentioning that women have a 50 percent higher chance of experiencing depression and other health issues

tors advised all the stu-those associated with drug ence.

able approach to over- adopt a healthy lifestyle, cal challenges. coming such issues. Dr. which includes a balanced

lege and the patron of medicines can be a valu- dents and participants to addiction and psychologi-

The event was coordiet, regular exercise, and dinated by Dr. Renu, the avoiding harmful practices Convenor of the Drug Delike the misuse of medica- Addiction and Psychologitions (antibiotics) with- cal Counselling cell. Severout consulting a doctor. al faculty members graced They also conducted an the program, including interactive session with Dr. Arun Dev Singh, Prof. compared to men. This is students, followed by a Pallavi, Dr. Surekha Rani, in part due to the numer- medical camp on the col- Dr. Mukesh Kumari, Dr. ing increasingly common ous biological changes that lege premises, where they Anupam Manuhaaar, and women undergo, such as demonstrated the efficacy Dr. Shivali. The formal vote emphasized that drug menstruation, acne, PCOS, of homeopathic medi- of thanks was delivered by consumption often leads anxiety, and menopause. cines in treating common Dr. Deepti Salotra from the The expert team of doc- health issues, particularly Department of Home Sci-

DC Rajouri reviews working, achievements of Social Welfare Department

JI NEWS SERVICE RAJOURI, NOVEMBER 6

Deputy Commissioner Rajouri, Vikas Kundal, today chaired a crucial meeting to review the functioning and achievements of the Social Welfare Department in the district. The meeting served as a platform to assess the various schemes and ini- and promoting inclusivity. tiatives of the department

widow pensions and 9,290 ity and independence. persons with disabilities different schemes.

dedication to the specially-

ly involved in the imple- State Marriage Assistance ment to the commitment mentation of several schol- Scheme (SMAS). This of the district administraarship schemes, such as scheme plays a pivotal tion to social welfare and fare Officer, Abdul Rahim pre-matric, post-matric, role in assisting financial- its unwavering support and Tehsil Social Welfare and merit-cum-means ly disadvantaged fami- for the marginalized and Officers.

scholarships for minority lies during matrimonial vulnerable segments of students, further enhanc- events, thereby promoting society. ing access to education social equality. Furthermore, 249 cases

Notably, the depart- have been sanctioned aimed at the welfare of the ment has demonstrated its under the militancy pension scheme, ensuring that During the meeting, abled community by con- those affected by conflict reflecting a dedication to it was informed that the ducting 7 camps this year receive the support they department has been alone to assess the needs need. The department is steadfast in its commit- of 645 individuals. In the also committed to raising ment to welfare, with an previous year, 264 pros- awareness on social welimpressive tally of 47,685 thetic aids were distribut- fare schemes and com- mism about the transforbeneficiaries currently ed to enhance the mobility bating drug abuse, with a mative impact of these benefiting from a range of and quality of life for these dedicated drug de-addic- welfare programs and programs. Among these individuals. Moreover, 216 tion center established in their vital role in building beneficiaries, 34,003 motorized tricycles have the district. The Deputy a more inclusive and equiindividuals are receiving been provided to specially- Commissioner under- table society. The meeting old age pensions, while abled persons, significant- scored the significance of concluded with a renewed 4,392 widows are availing ly improving their mobil- effective implementation of welfare schemes and The department has directed the department (PCP) are beneficiaries of also shown an admirable officers to ensure that the commitment to social benefits reach those who The Social Welfare welfare with the approval need them most. This Department is also active- of 1,567 cases under the meeting served as a testa-

The department is actively engaged in different projects under the Pradhan Mantri Gram Adarsh Yojana (PMAAGY), holistic development in the district.

The Deputy Commissioner expressed his opticommitment to ensuring that the benefits of these schemes are extended to the last mile, ensuring no one is left behind.

The meeting was attended by the Chief Planning Officer, Mohammad Khurshid; District Social Wel-

Withdraw order banning Govt employees from holding peaceful protests in J&K: Ajaz Kazmi

JI NEWS SERVICE JAMMU, NOV 6

Apni Trade Union President Ajaz Kazmi today urged the Govt to withdraw an order that bans Govt employees from participating in the peaceful protest demonstration in Jammu and Kashmir. In a statement issued to the press, Ajaz Kazmi appealed to the Govt to withdraw the order that has imposed a blanket ban on the participation of the Govt employees in the peaceful protests while warning them of strict action.

"Such orders shall not be imposed in Jammu and Kashmir and the Govt employees who are the backbone of the Govt functioning shall be provided stage to highlight their issues before the authorities and their issues like implementation of minimum wage act in J&K, regularization of daily wagers, release of pending wagers of the daily wagers and restoration of Old Age Pension in favour of the permanent Govt employees/officers," he said in response to the ban imposed by the authorities on the Govt employees.

Prof. Gharu, Anuradha listens to public grievances at BJP headquarter



 ${\it JAMMU, NOV\,6}$

public grievances at BJP headquarters, Trikuta Nagar, Jammu.

Dr. Pardeep Mahotra, J&K BJP Media Incharge remained present on the occasion.

ment oriented related to issues. their respective areas.

Former MLA Prof. Gharu areas presented issues that BJP has consistently Ram and J&K BJP Vice- related to the repair of worked for common President Anuradha lanes & drains, repair masses at every moment Charak listened to the of streetlights, revenue and it's every activist feels record issue, issues relat- duty-bound to listen to, ed to the CAPD, installa- to understand and then tion of electric poles and to provide best possible others issues of public

A large number of the deputations patiently people, individually as and immediately took well in the form of deputa- up the matters with the tions, visited the BJP office concerned departmental that the public Darbar at to discuss their respec- officials telephonically the party office on daily tive issues with the senior as well as issued letters basis provides a platform party leaders. Various for the others. Talking to to the public for direct issues raised contained the concerned authori- interaction with the BJP matters of individual conties, they pressed for the leaders and it is receiving cerns as well as develop- prompt redressal of the massive response.

Prof. Gharu Ram speak-People from various ing on the occasion said solution to the affected person. He insisted on BJP leaders listened the commitment of the to all the individuals and party and its leaders to solve the issues faced by the masses.

Anuradha Charak said

Legal Services Week campaign

Chairman DLSA Kathua flags off Mobile Van for providing legal services

JI NEWS SERVICE KATHUA, NOVEMBER 6

Legal Services Week" launched by the Jammu and Kashmir Legal Services Authority under the Patronage of Justice Tashi Rabstan who is also Executive Chairman, J&K Legal

For the "Observance of

Ashok Kumar Shavan.



Mobile Van here from the ness among the masses aid being provided by the District Court Complex. in remote and backward Legal Service Institutions The Mobile Van was areas of the District to the people. The camformally flagged off by Kathua. After leaving the paign was held under the Chairman District Legal District Court Complex, supervision of Secretary Services Authority Kathua the Mobile Van traversed District Legal Services phlets of DLSA Kathua through the interior areas Authority Kathua Rekha The idea behind deploy- and stopped at Kathua Kapoor Nischal. Assistant ing Mobile Van was to give Main Market, Kalibari, Legal Aid Defense Counsel

Advocates Mukesh Kumar Talo-Rameshtra, war Chouhan, Rajesh Kumarand, Jyoti Dwivedi acted as the resource

Neeraj Kumar,

persons in the places. They highlighted the role of Legal Service Institution at Centre, State, District and Tehsil levels and also the category of persons who are entitled to Legal Aid.

Besides this, Para Legal Volunteers of DLSA Kathua distributed pamwith respect to the persons eligible for getting

Blanket ban on employees' protest infringes employees rights to freedom of speech, assembly: NC

JI NEWS SERVICE

JAMMU, NOV 6

Castigating government over its dictatorial mindset that led to banning thousands of employees in J&K UT from holding peaceful protests and demonstrations to get justice for their demands, Rattan Lal Gupta Provincial President JKNC Jammu on Sunday claimed that by imposing blanket restriction the helmsmen have infringed the employees' right to freedom of speech the reasonable voice of and freedom to assemble the employees for their for the right to hold peacefor getting justice for their genuine demands as both attempt to decay demo- cause and did the same so these have been guaran- cratic rights of employees. many times during his lifeteed by the Constitution of the country in a democratic set-up.

NC stalwart leader said help the party in power to and against the law of nat-



is an attempt to muzzle

that the aforesaid order win the faith of the elec- ural justice.

torate in J&K, which has been tormented by the government several times. He said such an order has been issued to create fear and harassment among the employees so that they cannot raise their voice against the wrongdoings of the government.

The Provincial President said that the government in its overzealous attempt to kill democracy has even ignored the guidelines given by apostle of peace Mahatma Gandhi, who had batted genuine cause and is an ful protest for their right He said that the tactics time. He said that the govon which the proxy gov- ernment should reconsidernment of the centre is er its decision, and rescind In a statement issued relying in J&K are bound to the same because this is to media persons, the boomerang as these won't unacceptable, unjustified

Sri Sri 1008 Mahamandaleshwar Santosh Das Moni Ji Maharaj's birthday was celebrated with great pomp

Thousands participate; biography of Moni ji Maharaj released

JI NEWS SERVICE NOWSHERA, NOV 6

Birthday of Sri Sri 1008 Mahamandaleshwar Santosh Das Moni Maharaj was celebrated yesterday with great pomp and show at Thakurdwara, Nowshera city.

Thousands of devotees gathered in the morning, Ashta Chiranjeevi Puja was performed with chanting of mantras by Acharya Shubham Shastri and Acharya Pandit Narraj, weighing scale of fruits, grains, and jaggery was donated. Moni

Ramesh Tyagi ji offered Punjab sang hymns of God Abhishek Bhog with san- and Guru, the emotional dalwood brought from devotees danced fer-Badri Vishal, after which devotees anointed Maharaj with flowers. On day and shouted slogans



Maharaj, the book writendra Sharma. For the ten by Ram Archana was longevity of Moni Maha- released and books were distributed.

After this in the Bhajan Sandhava artist Guriwal. Maharaj's disciple who came from Dhariwal, the biography of Moni of Moni Maharaj and Lord On this occasion, former Moni Maharaj.

bhajan and kirtan. Moni Maharaj's followers from Nowshera, Rajouri Poonch, Jammu, Udhampur, Punjab, Himachal vently, the devotees kept of the country partici- Incharge Insp Manpreet dancing throughout the pated in the birth cele-Singh, bowed their heads bration of Moni Maharaj.

der Chaudhary, SOS International Chairman Rajiv Chuni, DDC member Seri Sangeeta Sharma, Chair-Nowman shera Master Bodhraj, Councilor Rohit Kohli,

MLC Suren-

Vijay Bakshi, Ram Ji. Nowshera echoes Mohan Sharma, District with the sound of drums. President DPAP, Sushil A huge bhandara was Sharma, PCC Secretary organized along with Ashok Sharma, Sanatan Dharam Sabha head Nowshera, thousands of people including Jagdish Chandra Sahni, Brahmin Sabha Pradhan Sukhdev Pradesh and other parts Sharma, Police Station and sought blessings from

Congress seeks immediate revocation of ban order on employees

JI NEWS SERVICE

JAMMU/ SRINAGAR, NOV 6

Congress has sought immediate revocation of the draconian ban order on employees, restraining them from peacefully agitating for their genuine demands.

Speaking to a section of reporters here today, JKPCC Senior Vice President & Incharge Media Ravinder Sharma hit out the government for the ban order and termed it draconian and anti democratic. He said this order deprives the employees of their fundamental rights to peacefully protest for genuine demands. Such order in peace time is unprecedented and worst than emergency.

Shiv Sena terms ED action against Ch. Lal Singh as politically motivated

JAMMU, NOV 6

Leaders of Shiv Sena (UBT) Jammu and Kashmir unit have termed the Enforcement Office (ED) action against former minister and MP Chaud-

cally motivated. A team of Shiv Sena leaders led by party state chief Manish Sahni today reached the ED office in Narwal, where Chaudhary Lal Singh is being interro-

the ongoing protest by made to suppress the loud Chaudhary Lal Singh's voice of the leaders who supporters outside the are becoming the voice ister in the Jammu and ED office.

address that conspira- agencies their political cies are continuously being hatched to destroy Dogra identity. The BJP



raising their voice for the al identity. Opposition leaders are being targeted due to political malice, Shiv Sainiks also joined and now efforts are being

opposition leaders are to be suppressed at all.

He said that Chaudhary protection of their cultur- Lal Singh is a Duggar lion who is not going to panic and back down from the investigation of politically motivated agencies. An ED team is interrogating Lal Singh, a former minof Dogra by making the Kashmir government, in Sahni said in his government investigative the money laundering case. This inquiry is being conducted in connection Sahni said that Shiv with alleged irregularities Sena stands with every in the purchase of land state leaders themselves person who raises the for the establishment of have not done anything voice of Dogra and this RB Educational Trust, run for the Dogras, but the voice will not be allowed in the name of Lal Singh's wife Kanta Andotra.

BJP committed to end all sorts of discrimination against women: Purnima

JI NEWS SERVICE JAMMU, NOV 6

Advocate Purnima Sharma, Spokesperson Bharatiya Janata Party (BJP) Jammu and Kashmir and former Deputy Mayor Jammu, has welcomed the decision of Defence Minister Rajnath Singh approving the proposal to grant maternity, child care and child adoption leave to women soldiers, sailors and air warriors at par with their officer counterparts. She said that the Defence Minister deserves full appreciation for this approval as this decision reflects the sincere intent of the PM Modi led BJP Govt to do away with all sorts of gender discrimination especially against women.

In a statement issued to media here today, Purnima Sharma asserted that the decision taken by the Defence Minister is in line with BIP's armed forces, irrespective of or any other rank, will now the sector of their choice.



their ranks. She said that this is a big leap forward towards women's over all welfare in the society adding that it will go a long way in improving the work conditions for women in the military. The best part of this decision is that it will help women in defence force to balance their professional and family lives in a smooth and better way.

Further elaborating the impact of the Defence Ministhat grant of grant maternity,

be equally applicable to all. She added that the said decision is in line with the Prime Minister's commitment to utilizing "Nari Shakti" (women power) and the three services have already taken the lead in bringing a paradigm shift with the inclusion of women as soldiers, sailors and air warriors.

The senior BJP leader said that it is a matter of great pleasure that women are today being operationally deployed in Siachen, the highest battlefield in the world, posted on warships and dominating the skies. Last but not the least as of today the Supreme Commander of the Defence Forces is also a woman i.e. Droupadi Murmu the President of India. She said that BJP Govt led by Narendra Modi is of the firm conviction ter's decision, Purnima said that women should be at par with their male counterparts child care and child adoption in every field and now it is for vision of "inclusive partici- leave to all women in the the women to come forward pation" of all women in the military, whether an officer and avail the opportunity in

Army Recruiting Office Jammu Instruction for Agniveer Candidates (Male)

JI NEWS SERVICE

JAMMU, NOV 6

scheduled with effect from 07 November 2023 the rally. Candidates are army is a free service. also advised not to carry carry fake admit card plinary action.

All candidates who have

the date given in the at any stage.

admit card. Candidates are advised not to fold admit card near barcode line. Keep admit applied for Agniveer card in plastic cover for Recruitment Rally prevention from rain & water. Entry will start from 21 November 2023 at midnight, 02:30 AM to 02 December 2023 and gates will be closed at Akhnoor Military at 7 A.M. Candidates Station are advised to are advised to carry all download their Admit documents as per rally Card from their own notification. No candiregistered email ID date will be entertained without admit card and onwards & carry the original document. same while attending Recruitment into the

Candidates fake admit cards, same advised not to pay bribe will disqualify the candi- to anyone for recruitdature. Candidates who ment as it is based purely on merit. Selecwill be handed over to tion process during police for further disci-recruitment at all stages is computerised and All candidates are transparent. Therefore, requested to carry candidates are advised computerised Admit to beware of touts as Cards at rally site as per they cannot help them

Yuva Rajput Sabha visits **Mubarak Mandi Complex**



JI NEWS SERVICE JAMMU, NOV 6

Heritage Save Identity " Palace and saw the condithe Dogra dynasty. tion and YRS announced Dogra Heritage. Team Mughal architecture. YRS reached Mubarak

that Team YRS started manner that resembles then how our future genthe agitation to save both Rajasthani and eration knows about our

Vikramjeet vice presi-

Sanjay Singh, Deepak media Vishal Singh Jammu and Kashmir.

Akash Singh, Spokesperson YRS also Makhan Singh and many said that Heritage is nothother. Gilli brief that this ing but combination of As to save Dogra Heritage Heritage is a Identity of cultural and social beliefs, and Dogra Identity, Yuva Dogra History and it is practically a bridge con-Rajput Sabha (YRS) start-necessary to restore and necting past, present ed agitation drive "Save save it as Mubarak Mandi and future. Jammu is forpalace was the royal resitunate to have one such Team YRS visits Dogra dence of the Maharaja of rich heritage spreading Heritage Mubarak Mandi Jammu and Kashmir from across almost 350 years and if we doesn't save The palace is built in a our heritage and culture Dogra Heritage.

All members who are Mandi in the leadership dent also brief that we the present appeal the adminof YRS former president people of J&K doesn't recistration to save our heri-Surinder Singh Gilli along ommended the project tage and the people of with members Komal of Heritage Hotel as this J&K also gave their sup-Singh, Mukesh Singh, project is totally against port to save Dogra Heri-Vishal Singh ,Vikramjeet the Act of ancient monu- tage and we always said Singh, Ajay Singh, Rajeev ments and Heritage 1920. proudly We are proud to Jamwal, Raghuvir Singh, While briefing the be Dogra and residence of

GDC Darhal Organises Awareness programme on "Anti Ragging Laws"

JI NEWS SERVICE

(IMDAD) in collaboration sense of shame or embarwith Department of Eng- rassment so as to adversely lish, GDC Darhal organized affect the psyche of freshan awareness programme er or a junior student. He on `Anti Ragging Laws' urged the youth to stay based in the theme "My away from the criminal Constitution My Pride" act of ragging and also to under the patornship of enlighten others towards Prof. Mussaraf Hussain the resultant penalties. Shah, Principal of the college. Prof Tahir Mah- lege principal highlighted mood. Head, Department that institution has zero of English, in his welcome tolerance for ragging and address, emphasized that the Anti-ragging comragging not only inflicts mittees and squads have emotional and psychologi- already been constituted cal scars but disrupts the in the college to monitor pursuit of knowledge and personal that should define regarding anti ragging. our academic institutions. The resource persons had He gave a detail presenta- a healthy interaction with tion on anti ragging and its the students and staff and laws. He provided insides they responded to queries on what is ragging, and its from students with respect effects and repercussion of ragging. He emphasized was coordinated by Dr. that ragging is any disor- Sunil Kumar Mangoch derly conduct whether by (NSS PO). Besides the perwords spoken or written, manent faculty includor by an act which has the ing Dr. Ahsan ul Rehman effect of teasing, treating Rizvi, Dr. Mohd. Akhlaq, or handling with rudeness Dr. Imtiaz Hussain Shah, any student, indulging in the programme was rowdy or undisciplined attended by students, acaactivities which cause or demic and non-teaching are likely to cause or are staff of the college. Vote of

, hardships or psychologi- Dr. Mohd Riaz.

cal harm or to raise fear or apprehension thereof in a fresher or a junior student In observance of consti- and which has the effect tution day, the NSS Unit of causing or generating a

Prof M. H. Shah, coland generate awareness to anti ragging. The event likely to cause annoyance thanks was presented by

"Participants of 15th Tribal Youth **Exchange Programme explore** manufacturing sector, local heritage"

JI NEWS SERVICE

The fourth day of the 15th Tribal Youth Exchange

Programme included an informative tour of the Industrial Area and Bahu Fort Complex, plantation drive, and a cleanliness drive. The plantation drive was conducted at Saraswati Dham, Jammu. This was followed by a cleanliness about manufacturing. A packaging industries, and drive under the Swach team visited the Pepsico excitedly conversed with Bharat Abhiyan. The youth plant in Bari Brahmna the industry professionparticipated in both drives where they learned in als. In the evening, the enthusiasm. The par- manufacturing process. the Bahu Fort Complex. It ticipants were taken to They were briefed on consisted of a visit to the different industrial units the history of the plant, park and a laser show. The in Jammu to witness the and how automation and participants were intromanufacturing sector, and AI is changing manufac- duced to the rich cultural it's subsequent subtypes turing. A second team heritage of Jammu and up close. Lalit Mahajan, visited Kamalfire Equip- offered a glimpse of the Industrial Association, learn more about steel to offer. The participants Jammu, welcomed the manufacturing. Manager expressed excitement participants to Jammu. He Neeraj Gupta, and Man- on being offered several and gave a short history Area) Indu Sethi explained during the day. The 15th of the industrial sector in the process in detail and Tribal Youth Exchange J&K. He commented how answer the participants' Program organized by the manufacturing indus-queries. The last team NYKS was created to offer try has rapidly progressed visited VKC Nuts Pvt. Ltd. tribal youth from remote in the recent years. Tarun where they witnessed areas and districts with Singla, Senior Vice Presi- the how walnuts and unrest a chance to closely dent, held an interaction other nuts are acquired, observe different cultures session with the partici- processed, cleaned, and of the nation, and learn pants and answered their packed for wholesale and about the various oppor-



with incredible gusto and detail about the beverage participants were taken to President, Bari Brahmna ment Co. Ltd, Digiana to diversity the province has briefed the participants ager (Digiana Industrial learning opportunities visited various industrial participants were eager to and the Government of complexes to learn more learn about the different India has to offer.

questions. The youth then retail consumption. The tunities that the nation

NEWS

DPS Jammu students bag gold medals in district karate championship



JAMMU, NOV 6

District Karate Champion-October, 2023.

(V-I) and Rishit Basson (IV-J) also bagged gold and bronze medals, respectively in Jammu District Karate Championship held at Talab Tillo, Jammu on 9th October, 2023.

The esteemed Management DPS Jammu-Hon'ble President-RCT, Ananya Gupta (V-I), a Sh. M.K Ajatshatru Singh student of Delhi Public Ji, distinguished PVC, Dr. School Jammu brought Kuwarani Ritu Singh Ji, laurels to the school and Hon'ble Director-Sh. S.S her parents by winning Sodhi Ji along with Pringold medal in U-10 age cipal-DPS Jammu, Ms. category in Open Jammu Ruchi Chabra and faculty too congratulated all the ship organized by Karate winners, their parents and Association of J&K held coach, Mr. Suresh Kumar at Sports Complex, Bhag- for their achievement. wati Nagar, Jammu on 11th They also extended their best wishes to them for all While Aryan Mathur their future endeavours.

Road to Amarnathji cave is a matter of happiness, those criticizing should meet a psychiatrist: Kavinder

JI NEWS SERVICE JAMMU, NOV 6

Senior BJP leader and former deputy chief minister Kavinder Gupta on Monday castigated PDP and other parties for criticizing the herculean task accomplished by BRO to ensure vehicular movenathji cave from Baltal

mentally insane would BRO and deserves praise over the issue.



ment upto Shri Amar- of one and all. He said that there are certain political groups in valley, which do In a statement issued not want development to to media persons, the BJP take place as today Kashstalwart said that only mir is booming with tourists both domestic and criticize this benevolent foreigner with all available move of the Modi Govern- accommodations remainment to provide succor ing jam packed and with lakhs of people intended such remarkable developto pay obeisance at the ment of vehicles reaching holy cave shrine of Baba Amarnathji Shrine, things Barfani. He said those will further improve thus having problem with this making it necessary for people-friendly move the common people to must visit a psychiatrist as reject the negativity being this is historic step by the spread by PDP leadership

CSIR Floriculture Mission

and CSIR Integrated Skill

Initiative. The participants

CSIR-IIIM Field Station Pulwama organizes workshop under CSIR **Integrated Skill Initiative**

JI NEWS SERVICE PULWAMA, NOV 6

CSIR IIIM at its Field Station were apprised about the from Department of Botany, Amar Singh College, Sri-

like CSIR Aroma Mission, ing the event.

Pulwama today organized Entrepreneurship and Livea One Day Workshop on lihood opportunities offered Entrepreneurship Oppor- in the value chain of such tunities in Cultivation, Pro- crops and were imparted cessing and Postharvest practical training and skill Technology of Aromatic, on propagation techniques, Medicinal and Floricultural cultivation, processing techcrops under CSIR Integrat- niques and post harvest ed Skill Initiative. The work-technology of these crops shop was conducted under in the daylong programme. the patronage of DrZabeer DrAadilKhursheed, Project Ahmad Director, CSIR IIIM Associate-I demonstrated Jammu and Er Ab Rahim, the distillation techniques Head, RMBD&IST & Head, for extraction of essential CSIR IIIM, Srinagar. 75 stu- oils from aromatic crops dents and faculty members and informed the participants about the important bioactive constituents and nagar participated in the their properties attributed to these crops. DrNahida At the outset of the pro- Chishti, Associate Professor, gramme, DrIqra Farooq, Amar Singh College while Project Associate-I gave speaking at event apprecian overview of the role of ated the efforts of the team CSIR-IIIM in development of the Field Station in orgaand dissemination of the nizing the workshop that technologies on cultivation aimed in knowledge based and processing of industri-skill and capacity buildally important medicinal, ing and inculcation of the aromatic and floricultural spirit of entrepreneurship crops viz., Lavender, Rose- among the participating stumary, Rose Scented Gerani- dents. She also expressed um, Damask Rose, Saffron, her gratitude to Dr Zabeer Lilium, Marigold and Gladi- Ahmad, Director CSIR IIIM olus and the expansion of and Er Abdul Rahim, Head such highly remunerative IIIM (Br) Srinagar, Dr Shaindustrial crops to farmer hidRasool, Senior Scientist fields for increased income and Incharge Field Station and livelihood generation Pulwama, Principal and through various projects the administration of Amar and Mission programmes Singh College for conduct-

Only Congress can fulfill wishes, aspirations of J&K people: Hari Singh, Udhay Chib

lash Singh, Tarsem Kumar,

and others were present.

meeting, the party work-

hardships being faced by

Hari Singh Chib, Vice President of Jammu and Kashmir Pradesh Congress Committee, today asserted that the Congress party is the only party that can fulfill the wishes and aspirations of the people of Jammu and Kashmir.

While addressing a workers meeting at Nardani Ward of Panchayat Raipur 2nd falling in Harbans Lal, Dev Raj, Jammu North Assembly Segment, Chib said that er Singh, Jyoti Kumar, Kaithe Congress Party has a long history of serving the people of Jammu and Kashmir and has always stood by them through thick and thin. He added that the party has a clearcut vision for the equitable development of Jammu and Kashmir and is com- the people of the area mitted to working for the which included scarcity welfare of all sections of of drinking water, short-

During the meeting, dilapidated condition of Uday Bhanu Chib, former roads in the area. **President Youth Congress** Jammu and Kashmir, leader Hari Singh Chib Fayaz Diwan Vice Presi- immediately brought the dent Youth Congress, matter to the notice of President Pata Paloura, Singh, Tarun Vaid, Om He also demanded early Asha Ram, Sansar Chand, rently leaks from it, result- the people.



Pappu, Jaswant Singh, ing in a scarcity of drink-Capt Khushi Ram Bhagat, ing water. Chib also urged the Virender Mehta, Kulbind-

authorities concerned to restore the road from Nardani Morh to Bajion by Hans Raj, Parveen Akhtar blacktopping the aforesaid road. With regard to the At the beginning of the issues of ration shortage and renewal of ration ers apprised the senior cards, Chib urged the functionaries of the Con-Food, Consumer Affairs, and Civil Supplies Departgress Party about the ment to provide regular supply of ration and hold regular camps at Nardani to renew ration cards. age of ration supply, and Presently, ration distribution and renewal of ration cards are done at Kot, The senior Congress which is far away and very difficult for the people of

Nardani to reach there. Uday Bhanu Chib criti-Som Nath Sharma Block the Chief Engineer of the cized the Bharatiya Janata

Public Health Engineer-Party (BJP) for its failure Parshotam Singh Presiing (PHE) Department to deliver on its promises dent BCC Bhalwal, Kamal requesting for early resto- to the people of Jammu Singh, Jung Bahadur ration of the water supply. and Kashmir. He said that the BJP has only brought Parkash, Ramesh Chan-repair of the damaged division and hatred to the der, Kaka Ram, Panches overhead tank at Nardani, region and has done noth-Harbans Lal, Kamal Singh, as maximum water cur- ing to improve the lives of

NHM Employees Doda hail positing of Babila Rakwal as new MD NHM for J&K

JI NEWS SERVICE DODA, NOV 06:

The National Health Mission (NHM) Employees including Doctors, Paramedics and District Programme Management Unit (DPMU) and Block Programme Management Units (BPMU) of Doda District under the banner of NHM Employees Association District Unit

the Association Dr Nasir the State Govt decision the resolution of NHM Masood Indrabi on behalf for assigning her with this Employees demands.



doing it in the past.

The NHM Union Doda described Babila Rakwal as an honest, competent and good performing officer and expressed hope that her posting as MD NHM will prove beneficial Doda accorded welcome of NHM Employees of the for the NHM Employees and hailed govt decision District extended warm of Jammu and Kashmir, for posting of Ms Babila welcome and extend adding that MD NHM Rakwal (JKAS) as new Misheartiest congratulations would play her role not sion Director NHM J&K. to Ms Babila Rakwal for only in streamlining the In a press statement, assuming the charge of health department but the District President of MD NHM J&K and hailed would also advocate for

new task and assured that the NHM Employees of the state will work with more and more dedication and sincerity under her able guidance as they were

ing through



Anirudh Sawhney strongly condemns

J&K Govt's New Sports Policy

The new rule effectively depending upon their pro-

restricts the employment fessional qualifications. Anirudh Sawhney critiplished sportspersons cized the government's Under this rule, these decision for its detrimenoutstanding athletes will tal impact on the career now only be eligible for prospects of these taljob positions within the ented individuals. By lim-Sports Department, with iting their job options to conceived decision and exclusion from any other a single department, the urges the government to department in the govgovernment effectively reconsider its stance in the ernment. thus, despite curtails their opportubest interest of the state's the qualifications of a nities to contribute to sporting talents. sportsperson, they will be various sectors of public eligible for same posts i.e service. What is more con-Level 4 in Non Gazetted cerning is the decision to ing various sports award-Cadre . This disappoints disregard merit and edu- ees including state awardall the sports persons as cational qualifications ees at Level 4 in Non earlier they would have in the selection process, Gazetted Cadre is just disthe opportunity to get making it evident that the gracing their own awards. respectable jobs in other government's approach

is undermining the skills and achievements of sportspersons.

Anirudh Sawhney con-

tended that the govern-

ment's decision to limit their career options not only fails to recognize their talents but also reflects a regressive step that diminishes the dreams and aspirations of these exceptional sportspersons. The J&K Administration and BJP Government should are dismantling the foundation of J&K and the country by irrational moves such as these which target the deserving section of the society, Sawhney said. The J&K Youth Congress, he added, stands united in condemning this ill-

Anirudh Sawhney asserted that by appoint-

Amit Gupta, Rajesh Bittu inuagrate upgradation work of Dr BR Ambedkar community hall at Chand Nagar

JI NEWS SERVICE

JAMMU, NOV 6

JAMMU, NOV 6

In a stern response to the

recent decision made by

the Jammu and Kashmir government concerning

the newly formulated sports policy by way of

amendments made in

amended S.O 412/2023

of SO 12/2022, Anirudh

Sawhney, General Secre-

tary of the J&K Youth Con-

gress, has expressed his

opportunities for accom-

JMC Corporator Amit Gupta And Mahant Rajesh Bittu ji inuagrates upgradation work of Dr BR Ambedkar community hall Works in Ward-19 Chand Nagar Jammu

Jammu 6 Nov 2023: Jammu Municipal Corporation (JMC), Corporator Amit Gupta And Mahant Rajesh Bittu ji inuagrate upgradation work of Dr BR Ambedkar community hall work At Chand Nagar the residents especially in the JMC old persons were facing

media appealed the gen- throw debris, garbage filth member.



20 lakhs The upgradation ward and cooperate with nity hall nallahs. work of Dr BR Ambedkar Jammu Municipal Corpocommunity hall Works ration in various develop- adopt the habit of segrework are in dilapidated ment works undertaken gation of dry and wet garcondition since long and by the department with bage at their own level so

lot of problems while pass- urged upon the residents beautiful city. to avoid using single used Corporator Amit Gupta plastics, polythenes in ing and other were preswhile addressing the their routine work, don't ent on the occasion. Other

in Ward-19 at the cost of Rs eral public to come for- etc in the public commu-

He added that kindly to that Jammu can be made Mahant Rajesh Bittu ji neat, clean, green and

Local residents includ-

Congress represents each and every section of society: Bhalla

JI NEWS SERVICE JAMMU, NOVEMBER 6

JKPCC Working President Raman Bhalla today made a fervent appeal to the people to support Congress for "steering Jammu and Kashmir out of the present crisis." Interacting with aggrieved people of Bahu constituency, Bhalla said Congress has a roadmap for solving the economic and social problems and wipe the tears of suffering people. Support Congress party to get the roadmap impledream come true," Bhalla said. He also talked about delay in assembly polls, economic and social and growing drug addiction among the youth.

facing serious economic Bhalla said. problems. "Inflation is ting employment. "How and urged for a joint fight the wrongs of BJP govt tion for vote bank politics or the genuine office for popular government in

the jobs are not provided. We have social problems. Lakhs of our educated youth are unemployed. issues, unemployment Their parents had invested whatever they had for the education of these youth. Referring to the delaying We have to come out of in assembly polls, Bhalla these economic and social said that there is no end to crisis. We cannot come the wait for polls. "Nobody out with mere sloganeerknows when exactly these ing or through lectures elections will be held,"he and speeches but with said.He stated that Jammu proper planning and the and Kashmir is presently execution of the plans."

many times the inter- on all levels against this and present dispensation and cautioned them not the prompt disposal and place is one of them."

mented and making your views were conducted but menace. He said the main and introduce the people to fall prey to the exploiis unemployment among poor policies in Jammu & of religion, caste, creed & the youth. The former Min- Kashmir thus giving major colour. He said Congress calling the shots. The soister advocated stringent relief to the sufferings of always believes in unit- called Naya J&K of BJP, earned wealth by smug- others. Bhalla referred to why in the prevailing situ- democratic mooring is gling drugs. Bhalla said the contributions of Con- ation in the country, Rahul also opposite to the idea of BJP has brought miseries gress party towards uplift- Gandhi led the 4000 km Naya Kashmir propoundthrough unprecedented price rise for the poor, every sphere including common man, educated unemployed and daily from top to bottom right wagers and each section upto panchyats. He said of society due to unprecedented price rise by huge framed the reservation Act day-to-day problems, visible on the ground. Far taxations, besides snatch- for Reserved categories in some societal and other from delivering on much-Bhalla also expressed ing the lands of the poor 2004 which was earlier developmental issues." touted development prombadly hitting the people. serious concern over the farmers during last more regulated by an SRO in The people have little ises, the people of J&K are He alleged that the unemincreasing drug addiction than nine years of its rule. J&K.He accused BJP of crechoice when it come to continuously being denied ployed people are not get- problem among the youth. The congress shall undo ating division & polarisa- approach to a right person, their rights, and having a

ment of downtrodden in political empowerment to Kashmir. it was Congress which

reason for drug addiction friendly and various pro tation of BJP in the name punishment for those who poor, downtrodden and ing the people and that is besides being low on the

people have their issues, ganza, and infrastructure which are related to their amplification is nowhere

hence it becomes the duty of the concerned person, especially the designated department official, to immediate provide relief to those who have approached the office with high hopes," he said. He said that the Congress, as a public party, has built up robust grievances redressal mechanism at the party headquarters, where people approach with their issue.

Bhalla said "the ruling BJP was on a mission to disenfranchise J&K people with its selective policies and a coterie of federallyappointed officers, bereft of democratic bearings, padyatra " Bharat Jodo ed by the Congress governyatra " from Kanyakumari ment," Bhalla said, adding, "The downpour of fresh

Bhalla said that all the investments, job extrava-

Tony flays Govt's undemocratic order banning employee protests

JI NEWS SERVICE

SUCHETGARH, NOV 6

Criticizing the government over its autocratic mindset that led to banning thousands of employees in the Jammu and Kashmir Union Territory (UT) from holding protests and demonstrations, Taranjit Singh Tony, General Secretary of the Jammu and Kashmir Pradesh Congress Committee (JKPCC) and DDC Member Suchetgarh, strongly condemned the undemocratic order issued by the J&K government, terming it as against the principles of natural justice and fundamental rights. Notably, the J&K its employees was a reflec-4, 2023, banning all gov- ance of dissent. ernment employees from tion of employment.

While inaugurating blacktopping work at the people to root out the independent institutions



the government's order power in the 2024 general was a clear violation of the election. He said that all fundamental right to pro- independent institutions test, which is enshrined in of the country, including the Constitution of India. He said that the government's attempt to silence Government had issued tion of its authoritarian which our freedom fightan order on November mindset and its intoler-

of protest or demonstra- direct attack on the dem- these dictatorial orders." tion, including strikes ocratic fabric of India. and rallies. The order also He said that the right to warned that any employee protest was essential for are provided the chance to violating the order would a healthy democracy and be subject to disciplinary that the government's action, including termina- attempt to suppress it was Modi government must a dangerous development. be shown the door to

Suchetgarh, the senior Bharatiya Janata Party of India," Tony said.

Congress leader said that (BJP) through their vote the judiciary, were under grave threat by the BJP/ RSS-led government.

"This is not the India for ers fought," Tony said. "The Modi-led govern-Tony also said that the ment is hell-bent on crushparticipating in any form government's order was a ing employees by issuing

> "In the coming months, when the citizens of India exercise their vote power in 2024, the BJP/RSS-led Tony appealed to all save our autonomous and

NIT Srinagar, NRF IIT Delhi jointly organise workshop on popularizing the INUP-i2i program

SRINAGAR, NOV 6

The Department of Physics, National Institute of Technology (NIT) in

collaboration with NRF (Nanoscale Research Facility) IIT Delhi Monday organized a day-long workshop on popularizing the INUPi2i program. The inaugural session of

the workshop was graced

by the presence of Dean Faculty Welfare, Prof. G.A Research & Consultancy, Prof. (Dr.) M.F Wani, who assumed the role of Guest of Honor. The event was attended by Chairman of the workshop, Prof. M. Ikram (HoD Physics), Convener Prof. Seemin Rubab. Coordinator Dr. Mohd Zubair Ansari, Prof. Babar Ahmad, Prof. Abid Bazaz, Dr. Amandeep Singh, Dr. Brajendra Sengar and other dignitaries.



address, Prof. G.A. Har-Harmain, who served as main highlighted the the Chief Guest, and Dean focus of the workshop, emphasizing its emphasis on materials characterization and fabrication.

> He said significant benefits can be derived from the active involvement of both students and faculty members in this initiative.

Prof. Harmain shared the sentiment that "If you tell me, I may forget; if you teach me, I may remember, and if you involve me, then I will learn," express-

During his keynote ing his belief in the workfor students.

> between IIT Delhi and NIT Srinagar, acknowledging for spearheading this collaborative effort.

He extended gratitude unwavering support and available at both instituencouragement for such tions, namely IIT Delhi

mended Workshop Coordinator Zubair and the experts for their significant contributions to the workshop.

He said this program is multidisciplinary in nature, fostering innovation and promising mutual benefits for the faculty members of NIT Srinagar and IIT Delhi.

Prof. M.F Wani, Dean of Research & Consulshop's potential as a valu- tancy said that the timeliable learning experience ness of workshops of this nature, stating that they Prof. Harmain also men- are crucial in the prestioned the existence of a ent academic landscape. faculty exchange program He encouraged IIT Delhi and NIT Srinagar to delve into additional avenues for the Physics department research and experimen-

Prof. Wani underscored the importance of both to Director NIT, Prof. faculty and students utiliz-Sudhakar Yedla, for his ing the research facilities programs on the campus. and NIT Srinagar.

RGIP Welcomes New Batch of D Pharmacy **Students**

JI NEWS SERVICE JAMMU, NOV 6

Rajiv Gandhi Institute of Pharmacy hosted a highly successful Orientation Programme for its incoming students. This event, held on 6th Nov 2023, was meticulously organized to provide our new students with the essential information and support needed to begin their educational journey in pharmacy. The Orientation Programme at RGIP is an annual tradition designed to ensure that students make a seamless transition into their new academic environment. It is a pivotal point in their journey towards becoming skilled pharmacists and professionals in the field of health-

J&K Youth Congress launches "Mera Pehla Vote for India" Poster **Campaign to Empower New Voters**

JI NEWS SERVICE JAMMU, NOV 6

Jammu & Kashmir Youth Congress Launches "Mera Pehla Vote for India" Poster Campaign to Empower New Voters Jammu & Kashmir Youth Congress is delighted to announce the launch of its "Mera Pehla Vote for India" poster campaign, aimed at inspiring and guiding young voters who have recently turned 18 and are eligible to cast



their votes. At a press conthe urgency of motivating With the Lok Sabha elec- The press conference involvement of its youth.

tions scheduled for March was attended by notable 2024, Mr. Bharat stressed members of the Jammu & Kashmir Youth Congress ference held today, Mr. and guiding new voters leadership, including Vice Aakash Bharat, the Presi- to select a political party President Divyansh Singh, dent of Jammu & Kashmir that will work towards a Jammu HQ incharge Ricky Pradesh Youth Congress, brighter future. The poster Dalotra, State spokesperhighlighted the pivotal campaign "Mera Pehla Vote son Rahul Tandon, Genrole that the youth plays in for India" is the brainchild eral secretary Anirudh shaping the future of our of Jammu & Kashmir Sawhney, and Social media nation. He emphasized the Youth Congress and seeks convenor Tanveer Singh. significance of their votes to engage with first-time This campaign represents in electing a government voters, aligning them with a vital step in promoting committed to the welfare the values and principles youth engagement and of the people. Mr. Bharat of the Indian National Conensuring that the voices expressed concerns about gress. The campaign is set of the young electorate past governments that to be rolled out across are heard in the upcoming he believes have not pri- all districts and assem- elections. Jammu & Kashoritized the needs of the blies, aiming to empower mir Youth Congress is dediyouth, citing instances of the youth and encourage cated to building a brighter job losses, pension cuts, their active participation and more promising future and economic challenges. in the electoral process. for India through the active

IIT Jammu's I3C Incubated **Startup Shines at IMC-2023**

JI NEWS SERVICE

The ingenious minds nurtured by the Institute Incubation and Innovation Council (I3C) at the Indian Institute of Technology (IIT) Jammu have left a lasting impression at the Indian Mobile Congress (IMC) 2023 in the nation's capital. The event, graced by the esteemed presence of Prime Minister Narendra Modi Ji and Railway Minister Ashwini Vaishnaw Ji, offered a stage for the promising startup, Rach Smart Solutions Pvt Ltd, to showcase their innovative achievements. **Rach Smart Solutions**

Pvt Ltd, a startup crafted by Mr Atul Banotra, a PhD student in the Electrical Engineering Department from telecommunications distinguished visitors.



giants like Ericsson, Jio, Airtel, and BSNL, among others. The presence of

ing experience. We had ma Solutions Pvt Ltd; and hakar Modem, Assistant the privilege of engag- Dr Rajesh Kumar Pal from Professor at IIT Jammu, ing with representatives IIT Delhi were among the for providing this incred-

To add the crowning touch to their accomplishments at IMC-2023, esteemed guests, includ- Rach Smart Solutions Pvt at IIT Jammu, Mr Shahid ing the Prime Minister of Ltd was bestowed with Gulzar, also a PhD student India and the Railway Minrecognition as one of the in the Electrical Engineerister, was truly inspiring." event's top startups, marking Department, and Mr The startup's exhibiting a moment of pride for Harshit, a fourth-year tion stall captivated the the IIT Jammu incubated undergraduate student interest of numerous enterprise. Looking ahead in Mechanical Engineer- delegates from diverse to the future, the team ing, has thrived with the sectors, including agri- shared their aspirations, steadfast support of IIT culture, the Department saying, "In the coming Jammu and the Andhra of Telecommunication, years, we aim to secure an Pradesh government. In Ministry of Communica- even more significant reptheir reflections on this tion, DSIR, the Indian Air resentation for our instiextraordinary journey, Force, MHRD, and vari-tution." They extended the team expressed their ous multinational corpo- heartfelt gratitude to key excitement, remarking, rations. Eminent figures individuals who paved "Attending and repre- such as Dr Rajesh Kumar the way for their remarksenting our startup, Rach from DSIR; Mr Satish able journey, including Smart Solutions Pvt Ltd, Kumar from the Ministry Prof Manoj Singh Gaur, an I3C incubated com- of Communication; Lt. Col Director of IIT Jammu; pany at IIT Jammu in the VS Velan from Elena GEO Prof Manoj Aggarwal, the Indian Mobile Congress Systems; CA Aditya Amar Professor-in-Charge of I3C event, has been an endur- Matamsetti from Telema- at IIT Jammu, and Dr Sud-

Yudhvir organizes Ram Katha to celebrate consecration of Shri Ram Temple in Ayodhya



JI NEWS SERVICE

JAMMU, NOV 6

Gummat, Jammu, in connection with the consecration of the Shri Ram and the significance of the for this historic event. Shri Ram Temple in Ayodue upto November 6.

vir Sethi appealed to the Vijay President Upper people of Jammu city to Gummat Association, Virmark their participation inder Gupta dharm jagran in the consecration of the manch S Harvinder Singh, Shri Ram Temple in Ayod- Lower Gummat Steps

reclaim the site."

Hindus. He termed the consecration of the Shri Ram Temple is a symbol J&K BJP Vice President of national unity and har-Yudhvir Sethi today orgamony, and hoped that it nized a Ram Katha at would usher in a new era Shri Haumam ji Mandir, of peace and prosperity for

"I appeal to all the people of Jammu city to Temple in Ayodhya on Jan-mark their participation uary 22, 2024. The Katha in this historic event," he was performed by Pt Sunil added. He also said that Sharma, who threw light those who are able to travel on the seventh incarnation to Ayodhya should do so, of Lord Vishnu as Shri Ram so that they can be present Prominent among those

hya. The Katha will contin- who were present include Ashok Sharma, Secretary In his address, Yudh- J&K Dharmarth Trust, hya on January 22, 2024. Association, Sanjay Mahey "It is our good fortune ex Corporator, Gulshan that we are going to wit- Mahajan ex corporator, ness this historic occasion Parveen Kerni President with the installation of the East Mandal, Arun Sethi Ram Lalla idol at the Ayod- General Secretary East hya temple in the presence Mandal, Sunita Dadwal of Prime Minister Narendra Secretary Jammu District, Modi," Sehti said. "This is Anuradha Sharma Presithe culmination of decades dent, Chakshu Kapoor of efforts, including the General Secretary Mahila largest mass mobilization Morcha East Mandal, post-Independence and a Ranju Sharma Secretary, hard-fought legal battle, to Pooja Khajuria Media Secretary East Mandal, Gaurav Sethi said that the con- Kapahi General Secretary secration of the Shri Ram Yuva Morcha, Rohit Mehra, Temple is a moment of Yuva Morcha East Mandal great pride and joy for all President and Raju Raina.

Yoga activity organized at MIER College



JAMMU, NOV 6

to promote students' aged the participants for of life. the activity.

More than 60 stu- Director and Princidents from the SSSH pal said that yoga is a participated in the activ- way to attain optimal The Sports Unit of MIER ity where they practiced health, reduce stress College of Education 12 significant asanas and increase relaxation arranged a yoga session and understood their during these times of relevance in attaining uncertainty and chaos. holistic development, holistic well-being. The By practicing yoga and physical and mental well- program emphasized the pranayama students being, and stress man- benefits of mindfulness could improve their agement. The resource and methods for reduc- flexibility, strength, and person was Ms. Madhu ing stress through yoga general physical health. Bala, a yoga instructor at and meditation. Students For students to maintain Model Academy School. were guided to develop a healthy lifestyle, yoga Dr. Monika Bajaj, Head of a deeper connection should be a part of their School of Social Sciences with their inner selves, daily routine. The activand Humanities and the enabling them to better ity was organized under staff members encour- cope with the challenges the supervision of Mr. C.R. Jangra, Incharge Prof. Adit Gupta, Games and Sports Unit.

A group of 14 students from the School of Electronics and Communications Engineering, Shri Mata Vaishno Devi University attended the India Mobile Congress (IMC),

Asia's largest digital technology event, which was held from October 27 to 29, 2023 at Pragati Maidan, New Delhi, India. The students had the opportunity to experience the latest leaders including, Prime 400 companies and insti- Mittal, etc.

Minister Narendra Modi tutions like Airtel, Reliwho quoted "The Future" ance Jio, Dell, Intel, and by the latest technolois Here and Now", Min- organizations like ISRO, gies on display and the technologies in mobile, ister of Electronics and DTU, IITs, including perpotential of these technologies 5G, the Internet of Things Information Technology sonalities such as Akash nologies to change the inputs of Vice Chancellor (IoT), Satellite Internet, Ashwini Vaishnav, panel Ambani, Chairman, Reli-Smart Agriculture, XR, discussions and work- ance Jio Infocomm Ltd, tive in satellite internet, Registrar, Sh. Ajay Kumar, and other emerging fields shops on a wide range of Chairman of Bharti Enter- ISRO's human Space flight Dean of Students Welfare, and also attended key- topics, and exhibits and prises and founder of Program Gaganyan, One Dr. R. K. Mishra, Dean of note addresses by global demonstrations from over Bharti Airtel Sunil Bharati

Students were amazed world. Like, Jio's initia- Prof. (Dr.) Pragati Kumar, Web's Satellite Constel- Faculty of Engineering, lation, and many more. Dr. K. R. Jha.

and knowledge to make a positive impact on the world. Furthermore, students had the opportunity to network with potential employers and investors at the event. They were particularly interested in learning about the latest trends in the digital technology industry and how they can apply their skills to solve real-world problems. The students' participation in IMC 2023 was made possible by the

SMVDU Students are now

eager to apply their skills

SMVDU Students visit India Mobile Congress in New Delhi

ible opportunity.

JI NEWS SERVICE

JAMMU, NOV 6



CS reviews preparation for the upcoming fifth phase of B2V

JAMMU, NOVEMBER 6

Chief Secretary, Dr Arun Kumar Mehta today chaired a high level meeting of senior functionaries of the Government of Jammu and Kashmir to review preparations for 'Fifth Phase of Back to Village Programme (B2V5)' which is J&K Government's flagship public outreach programme and serves as a robust tool for participation of people in Administrative Secretaries of Home, Jal Shakti, Department, Informa- identification of benefi- ing flagship programmes. tion Technology Depart- ciaries (especially youth ment, Revenue Depart- and women) for availing that this edition of B2V ment and other senior skill development and selffunctionaries, besides employment schemes. **Divisional Commissioners** of Jammu and Kashmir Prabhari Officers should progress on implemenprovinces, ADGP Kash- take their job seriously and tation of Jal Jeevan Mismir, IG Jammu, DCs and visit their respective pan-sion, saturation of wel-SSPs and District Officers chayats to interact with fare schemes including



previous editions of B2V have helped in improving

thorough video confer- the public and undertake old-aged pension scheme,

Governance. The meet- ence. At the outset, Chief review of previous and sports, culture, progress preparation of next year Gram Panchayat Devel-PWD (R&B), Finance, service delivery, bridging opment Programme with Education, General infrastructure gaps and special focus with respect Administration Depart- ensuring last mile delivery. to improving e-services ment, Rural Development They have also helped in penetration, and saturat-

> Chief Secretary stressed shall among others focus on saturation of self-Dr. Mehta said that employment schemes,

ing was attended by DGP, Secretary said that the current year deliverables, on achievement of deliverables, availability of electricity in villages along with host of other parameters for which a booklet is being circulated to Prabhari Officers.

Dr Mehta asked the Deputy Commissioners to do the phasing of B2V in their districts as per their felt requirements.

B2V5 will be conducted from November 7 to 16 with main objective to saturate the services and bridging the gap between Government and people.

Diwali arrangements discussed in Udhampur

UDHAMPUR, NOVEMBER 6 In preparation for the

upcoming celebration of Diwali, the festival of lights, Deputy Commissioner, Udhampur, Saloni Rai today chaired a meeting of line departments here in the Conference Hall of DC Office.

Threadbare discussions were held on various arrangements including the installation of firecracker sale stalls, security arrangements, traffic regulation, drinking water supply, power supply, sanitation, quality and price eatables and the deployment of fire tenders.

It was decided that a market would be conducted by officers from the Food Civil Supplies and

to monitor the rates and visit to purchase firequality of products, par- works. The CEO Municiticularly sweets, eatables pality was tasked to conand fruit items during the duct a sanitation drive in advance and encouraged festive days. Subash Sta- the town, including the the public to celebrate an and quality checking of dium was selected as the venue of the cracker stalls eco-friendly Diwali this venue for selling firecrack-

joint inspection of the directed to ensure ade- aid arrangements at the SP Anwar-Ul-Haq, and quate supply of drinking Subash Stadium to meet representatives from water and uninterrupted any emergency situation. Beopar Mandal, Chamber power supply, especially Consumer Affairs, Munic- at the Subash Stadium Emergency department prominent citizens of the ipality, Legal Metrology, venue, where a large was directed to keep town attended the meet-

and its surroundings.

and Revenue departments number of people would standby fire-fighting ten- ing.

to ensure proper traffic arrangements within the limits of Udhampur town during the festive days. Shopkeepers were reminded not to sell crackers at their establishments, except at the designated venue. The Deputy Commissioner directed all departments to ensure foolproof arrangements related to their respective responsibilities well in year. Additional Deputy The CMO was instruct- Commissioner, Joginder PHE and PDD were ed to make necessary first Singh Jasrotia, Additional Additionally, the Fire & of Commerce, as well as

ders at the cracker sale

venue to deal with any emergency during the

sale days. The District and

Traffic police were urged

DC Reasi reviews progress of R&B, allied sector projects



JI NEWS SERVICE REASI, NOVEMBER 6

of developmental works Point presentation. taken up under R&B Sector

physical/financial review at large. of targets with regard to infrastructure develop- directed XEN Mahore

macadamization process To review the progress through a detailed Power-

took a comprehensive that people are benefitted

Deputy Commissioner Shiv Khori Shrine.

present status of major the concerned Officers to developmental works and monitor the progress of works on a daily basis.

To accelerate the completion of the vital road After reviewing the project connecting Kanda in the District during ongoing works taken up in to Ransoo, the DC directed financial year 2023-24, a the current year by R&B the Executive Engineer meeting of concerned offi- and other allied sectors, Public Works Department cers was held today here the Deputy Commissioner (PWD) to execute the work under the chairmanship directed the stakeholder in double shift .This deciof Deputy Commissioner departments to expedite sion aims to ensure the Reasi, Vishesh Mahajan. the pace of work on each timely completion of the At the outset, the project to ensure their road, particularly for the Deputy Commissioner timeline completion so enhancement of pilgrimage, as number of pilgrims from different states visit

ADDC Jyoti Slathia, Joint ment, up-gradation works to speed up the pace of Director Planning Sunita and the macadamization execution by working in Kanchan, SE R&B Reasi, process undertaken by double shifts to complete Xens PWD Katra, Reasi the projects before the and Mahore and other The R&B functionaries onset of severe winters/ concerned officers were apprised the DC about the snowfall. He exhorted present in the meeting.

tive of conducting aware-

DDC Kupwara reviews Power scenario in district

JI NEWS SERVICE KUPWARA, NOVEMBER 6

The District Development Commissioner (DDC) Kupwara, Ayushi Sudan on Monday convened a meeting of concerned engineers and Officers to review the power scenario of the district

On the occasion, the DDC stressed upon the officers to ensure close coordination for better results on ground. She directed engineers and Officers to ensure uninterrupted power supply to the consumers as per the curtailment schedule so that the people do not face inconvenience.

The DDC also directed them to ensure completion of all ongoing augmentation projects within the stipulated time frame so that more improvement is visible on the ground.

Meanwhile, it was informed in the meeting that the electric maintenance and operation of power system upto 33 KV level in the circle is being created by Sub Transmission Division Sopore and KPDCL Division Kupwara and Handwara are under the jurisdiction of Superintendent Engineer O&M KPDCL circle Sopore.

It was informed that total agreemented load of District Kupwara is 97.34 MW, Peak demand in the district is 250 MW and total Power available in the district is 125 MW and shortfall of available power during the winters in Kupwara district is 125 MW.

Chair was further apprised that adequate proactive measures have been taken for winter preparedness 2023-24. Men and machinery

has been kept ready, branch cuttings along the corridors of lines have been done and maintenance of receiving stations and substations has been done to keep the transformers and allied equipment.

GCW Udhampur concludes 'Vigilance Awareness Week" activities on high note

JI NEWS SERVICE UDHAMPUR, NOVEMBER 6

Literary club, in collaboration with Heritage Club, Government College for Women Udhampur today organized a valedictory ceremony to mark the end of the weeklong series of programs organized to observe vigilance awareness week.

The events during this period were convened under the theme 'SAY NO TO CORRUPTION:-COMMIT TO THE NATION' under the patronage of the literary club of the college.

The proceedings of the programme began with the lighting of a ceremonial lamp by Principal of the college Prof. Anjali Mahajan, who was also the chief guest on 30th Oct. afternoon.

`In her address, Prof. Anjali Mahajan while addressing the audiences appealed that this week long initiative was aimed and staff to refrain from involving themselves in to corruption, awareness such activities and report lecture on Ethics in govthe incidents happening ernance, Seminar on corin their neighbourhood in ruption as a social evils, the society if any.

of the program presented the nation. the detailed report of varicarried out during Obser- the departments, Clubs, Department of Music.





vance of Vigilance Aware- committees, NCC and NSS Poster making and Slogan Dr.Mool Raj convener writing and Elocution

Worthy

DC Gbl convenes meeting for finalizing modalities

ful disposal of public ser-

A colourful cultural college and coordinator corruption:-Commit to college on this occasion to and Literary club. realize harmonious devel-

to raise public awareness ness week. These activities volunteers for organizing students of the college about corruption and to included pledge taking, such events for the larger Faculty Members, Mempromote a corruption free screening of movie/ benefits of the student bers of Literary Club, environment. She further video regarding the cam- community and nation. Heritage Club and Cultural appealed all the students paign against corruption She further urged the Committee, NSS and NCC ,Nukkad Natak on Say no respective clubs to orga- including various Heads nize such programmes in of the department and the near future for right- other faculty members of the college participated in the programme. The Proceedings of the valedicprogram was also present- tory ceremony were conof the literary club of the on the theme Say no to ed by the students of the vened by Heritage Club

A formal vote of thanks Principal opment of child education was presented by.Dr. ous events and activities lauded the efforts of all in collaboration with the Kamal Deep Kour on this

DC Pulwama takes comprehensive review of Self Employment Schemes in district

JI NEWS SERVICE PULWAMA, NOVEMBER 6

A meeting was today convened under the chairmanship of Deputy Commissioner (DC) Pulwama, Dr.Basharat Qayoom to undertake a comprehensive review of various ed the imperative necessity self-employment related schemes within the dis-

The meeting, held to including Employment, Agriculture, Horticulture, Fisheries, NRLM, Handicraft, Handloom, Sheep Husbandry.

schemes, the DC highlight- applications. The imperatiatives.



to expedite case processing and eliminate procedural

address employment ini- achieving full employment tiatives, encompassed an saturation in the panchaytimely and seamless disship alignment.

ness camps to facilitate the effective implementation of beneficiary-oriented schemes at the grassroots level was also underscored. In the review meeting, it was noted that in the fiscal

year 2023-24, self-employment schemes have made significant strides in job creation within the district. With 2,429 cases sanc-Emphasizing the goal of tioned, they've successfully generated employment for 10,356 individuals. A total extensive evaluation of ats, the meeting addressed of 63 crore rupees has been multiple departments, the critical need to ensure disbursed, indicating substantial financial backing bursement and sponsor- for these initiatives.

The meeting explicitly Furthermore, the bank- addressed resolving any Husbandry, and Animal inginstitutions were directissues related to disburseed to play a pivotal role ment to prevent the accu-In the pursuit of opti- in facilitating the expedi- mulation of pending cases, mizing self-employment tious clearance of pending guaranteeing the smooth opportunities and enhanc- cases, ensuring no backlog and rapid implementation ing the efficiency of and swift processing of all of employment-related ini-

of Milk chilling plant at Chountwaliwar JI NEWS SERVICE

GANDERBAL, NOVEMBER 6

The Deputy Commissioner (DC) Ganderbal, Shyambir today convened a meeting to finalize the Modalities for running of milk chilling plant at Chountwaliwar.

In order to make the project potentially a viable unit, it was decided that a tri-party agreement shall be made between Animal Husbandry Department Ganderbal, Department of Cooperatives Ganderbal and The Chountwaliwar Milk Producers Dairy Cooperative Society Ltd Chountwaliwar Lar.

The DC directed the conoutsourced on cooperative Animal Husbandry Depart- Society Ltd Chountwaliwar waliwar Lar.



pattern strictly on the terms ment District Ganderbal, Lar before handover of the and conditions under the Department of Coopera- unit (Milk Chilling Plant) relevant Cooperative Soci- tives District Ganderbal and to the Chountwaliwar Milk eties Act 1989 and MoU Chountwaliwar Milk Pro- producers Diary Cooperacerned that the unit shall be shall be signed between the ducers dairy Cooperative tive Society Ltd Chount-