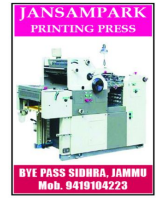




# JINDRAH IMAGES



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## 10 killed, 66 injured after Vaishno Devi bound bus fall into gorge on Jammu-Srinagar National Highway

**JNEWS SERVICE**  
JAMMU, MAY 30

In a tragic incident, a festive mood turned into a tragedy on Tuesday after the Vaishno Devi bound mundane party pilgrim bus fell into a gorge on Jammu-Srinagar National Highway in which ten pilgrims, most of them from Bihar, were killed and 66 others were injured.

As per details available with the news agency, at about 5:30 am, double-decker bus bearing registration number UP80CT-0999, on way from Amritsar to Katra, Reasi met with an accident and fell from Bhajar Kothi Bridge into deep gorge after skidding off the road and rammed into the railing of a bridge in Jammu district. The Lieutenant



Governor, Manoj Sinha approved an ex-gratia of Rs. 5 lakh each for the next of kin of those who have lost their lives due to a tragic bus accident today in Jammu and

Chief Secretary, Dr Arun Kumar Mehta Tuesday morning went to Government Medical College (GMC), Jammu to enquire about the condition of Shri

**CS enquires about health of Katra bound accident victims at GMC Jammu**  
**JNEWS SERVICE**  
JAMMU, MAY 30

Tuesday morning went to Government Medical College (GMC), Jammu to enquire about the condition of Shri

## G-20 meeting in Gulmarg cancelled due to time constraints; logistic issues: LG Sinha

**JNEWS SERVICE**  
BARAMULLA, MAY 30

Jammu and Kashmir's Lieutenant Governor Manoj Sinha Tuesday said that the G-20 meeting couldn't take place in the ski-resort of Gulmarg due time constraints and logistic issues. He, however, stated that the successful event in Srinagar will ensure a huge number of foreign tourist arrivals at the ski-resort in the ensuing year.

The LG stated this after inaugurating the several key infrastructure projects that include seven Custom Hiring Centres for farmers and nine Poly Green Houses for Self Help Groups (SHGs) in Baramulla district. "Baramulla dis-



trict has a history of valour and courage. This aspirational district has transformed itself into a centre of economic importance in the last few years," the LG said.

While hailing the preparations put in place by the district administration to host the G-20 guests, the

agency. He said 57 foreign guests from 27 countries attended the G-20 meeting which is the highest ever participation as far as the G-20 working group meetings is concerned.

The LG said that the people of J&K are forgetting the past and playing their role in peace building. "The UT is going through a massive development. But no development can take place without peace. There are still some elements who can't digest this peace. We will defeat their plans," he said. Taking a jibe at Pakistan, the LG said that the country that can't feed its own people can never be the saviours of J&K

CONTINUED ON PAGE 4

## Congress high command discusses local bodies' polls with J&K leadership

**JNEWS SERVICE**  
SRINAGAR, MAY 30

Amid indications that local bodies' polls in Jammu and Kashmir would be held in September-October this year, the Congress high command on Tuesday discussed the preparations for local bodies' polls with its leadership from the Union Territory.

Talking to news agency senior Congress leader and J&K in-charge, Rajni Patil said that the party today reviewed the preparations for local bodies' polls with leaders from

Jammu & Kashmir. "We have also told them to prepare for Assembly elections if they are held," she said, adding that the organizational issues also came up for discussion during the issue. The meeting was chaired by KC Venugopal, General Secretary AIKC and attended by Rajni Patel, PCC president Vikar Rasool, PCC working president Raman Bhalla, senior leader Tariq Hamid Karra and others.

The meeting was held at a time when there

CONTINUED ON PAGE 4

## Killing of Udhampur youth in Anantnag 'Deepu was lone bread-earner for giant family, his wife to deliver first baby in June, brother visually impaired'

**JNEWS SERVICE**  
JAMMU, MAY 30

Amid anti-terrorists and anti Pakistan slogans, Circus worker Deepu Kumar, who was gunned down by unknown gunmen South Kashmir's Anantnag district, was cremated near his native village near Majalta, Udhampur.

As per news agency, the killing of the lone bread-earner, who was looking after a joint family, sparked protests at his

native village with locals demanding strict action against the attackers.

Hailing from remote Thal village of Majalta, about 60 kms from the district headquarters, Kumar was a sole breadwinner in a joint family comprising his pregnant wife, ailing father besides blind brother, his wife and two children who are putting up together in a single-storey mud-house on a slope in the village. The couple was expecting

CONTINUED ON PAGE 4

## LG announces ex-gratia for NOK of slain Deepu, Jammu accident victims

**JNEWS SERVICE**  
SRINAGAR, MAY 30

Lieutenant Governor Manoj Sinha Tuesday approved an ex-gratia of Rs 5 lakh for the next of kin of Deepu, who was



CONTINUED ON PAGE 4

## Implementation of CCTV surveillance system in PSs: DGP chairs meeting of Task force

**JNEWS SERVICE**  
SRINAGAR, MAY 30

Director General of Police (DGP) Dilbag Singh Tuesday chaired a meeting of the task force for implementation of CCTV Surveillance system in Police Stations and Police Posts of Jammu & Kashmir.

The meeting was attended by ADGP Armed SJM Geelani, ADGP Hqs, Coordination M.K. Sinha, IGP Hqs B.S. Tuti, DIG CKR Sujit Kumar, DIG Armed Shahid Mehraj, AIG Tech.



Manoj Pandith, DySP IT Junaid Hakeem attended the meeting in person while Rayees Mohammad Bhat DIG SKR, Shridhar

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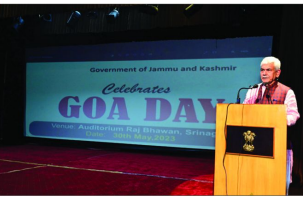
## LG greets people of Goa on Statehood Day

**JNEWS SERVICE**  
SRINAGAR, MAY 30

Jammu Kashmir Raj Bhawan Tuesday organized a grand cultural event to commemorate the celebration of Goa Statehood day.

Lieutenant Governor Manoj Sinha conveyed his greetings to the people of Goa on the occasion of Statehood Day. He paid tributes to the brave patriots, who made the supreme sacrifice for the freedom of Goa.

"Jammu Kashmir and Goa enjoy a very ancient, special relationship and there has been an unbreakable, priceless bond between the sandy beaches of Goa and the



hills and valley of Jammu Kashmir since the 4th Century," said the Lt Governor.

"This unique bond is also the reflection of the spirit of Ek Bharat, Shreshtha Bharat. The foundation day of the state of Goa is also the day to connect the new generation with

the ancient values blessed by the land of Vitasta, J&K and Mandovi River, Goa, he added.

"People of Goa have shown exemplary entrepreneurship, providing enviable strength and confidence to its economic growth, be it tourism

CONTINUED ON PAGE 4

## National Secretary Mahamana Malaviya Mission; KCC&I delegation call on LG

**JNEWS SERVICE**  
SRINAGAR, MAY 30

K.K. Parashar, National Secretary Mahamana Malaviya Mission and representative of Paytm Foundation, New Delhi called on Lieutenant Governor Manoj Sinha, at Raj Bhawan on Tuesday.

Parashar discussed with the Lt Governor various welfare initiatives being run by his organisation in Jammu Kashmir. He apprised the Lt Governor on the upcoming programmes including distribution of laptops to students, Oxygen plant at Kathua, and an MoU for Digital Literacy and



IT sector development between J&K Government and the Paytm Foundation. The Lt Governor appreciated the efforts of Parashar and assured him of all the support from the UT administration.

Earlier, a delegation of Kashmir Chamber of Com-

merce and Industry led by its president Javid Ahmad Tenga met the Lt Governor and discussed matters relating to Industries & Commerce; investment and growth in various sectors including Education, Hospitality, Food processing, and crop

CONTINUED ON PAGE 4

## ACB arrests Incharge Block Forest Officer, Forest Guard in Reasi

**JNEWS SERVICE**  
SRINAGAR, MAY 30

Anti Corruption Bureau (ACB) on Tuesday said that it trapped and arrested Incharge Block Forest Officer, Thakrakote, Reasi and 1 Forest Guard, Beat Narla Bambal, Reasi for demanding and accepting a bribe of Rs 15,000.

A statement issued to the news agency reads that Anti Corruption Bureau received a complaint against Incharge Block Forest Officer, Thakrakote, Reasi and 1 Forest Guard, Beat Narla Bambal, Reasi for demanding and accepting a bribe of Rs 15,000. A statement issued to the news agency reads that Anti Corruption Bureau received a complaint against Incharge Block Forest Officer, Thakrakote, Reasi and 1 Forest Guard, Beat Narla Bambal, Reasi for demanding and accepting a bribe of Rs 15,000.

"In the complaint, the complainant alleged that he had taken one dry fallen tree trunk from the forest and after few days Munshi of PP Taryath contacted the complainant and told that Forest Guard named Abneet Kumar of beat Narla Bambal lodged a complaint against him for cutting and taking of tree from the forest without permission," the statement reads.

It added that when the complainant met Munshi of PP Taryath, he told him to settle the matter with the Forest Guard.

CONTINUED ON PAGE 4

## SEC approves allocation of Rs 28 cr from SDRF, proposals for capacity building initiatives

**JNEWS SERVICE**  
JAMMU, MAY 30

The State Executive Committee (SEC) of the Department of Disaster Management, Relief, Rehabilitation and Reconstruction (DMRRR), under the chairmanship of the Chief Secretary, Dr. Arun Kumar Mehta, discussed proposal pertaining to the allocation of funds for State Disaster Response Fund (SDRF) and approved, among others, allocation of funds to the tune of Rs 28 crores to Deputy Com-

missioners and two Divisional Commissioners, to cover their expenditure for the current financial year.

The SEC also considered the proposal for the procurement of rescue equipment, including excavators, fire-fighting equipment, signal units, drones, etc., with an estimated cost of Rs 8.91 crores, which is to be financed through the SDRF.

In order to strengthen capacity building efforts, collaborative initiatives

will be undertaken with the SDRF 1st and 2nd Battalion across all districts of J&K. These initiatives aim to foster awareness among the public regarding effective disaster management practices.

To support the implementation of training and capacity building programs, the SEC decided to allocate Rs 50 lakhs from the current financial year's budget (2023-24) to the Department of DMRRR.

Addressing the communication needs during natural disasters or emer-

gencies, the SEC approved utilization of 400 satellite phones during the Shri Amarnath Ji Yatra.

Moreover, the SEC also approved a proposal for conducting mock exercises. An amount of around Rs 6 lakhs will be provided to the Department of DMRRR for this purpose. Additionally, the Deputy Commissioners of Anantnag and Ganderbal will receive Rs 2 lakhs each from the SDRF in support of these mock exercises during the current

CONTINUED ON PAGE 4

## MoS Dr Jitendra felicitates first 20 All India Toppers of IAS, Civil Services Exam 2022

**AGENCIES**  
NEW DELHI, MAY 30

Union Minister of State, Dr Jitendra Singh Tuesday interacted with and felicitated the first 20 All India Toppers of IAS, Civil Services Exam 2022, who called on him at the Department of Personnel & Training (DoPT) headquarters at North Block here. The result of the exam was declared on 23rd May 2023.



Among the first 20 IAS, Civil Services toppers invited, Dr Jitendra Singh said, first four toppers and 60 percent out of top

20 happen to be women and this is a great reflection of demographic change happening in the last 9 nine years of Prime

Minister Narendra Modi Government, where India is moving from women participation to women leadership.

He recalled that last year also the top three toppers were women and hoped that hattrick will be made in 2023 Civil Services Examination.

Dr Jitendra Singh also underlined that this year out of top 20, there are only 8 engineers

CONTINUED ON PAGE 4

## Kathua has enormous potential to become fulcrum of development: CS

JI NEWS SERVICE

**KATHUA, MAY 30:** Chief Secretary, Dr. Arun Kumar Mehta today chaired a meeting of Departmental heads to review ongoing development works including Central Sponsored Schemes (CSS) and other development projects at Conference hall of DC office Complex here.

At the outset, the Deputy Commissioner Kathua Rakesh Minhas gave a detailed account of the district development profile.

While chairing the meeting, Chief Secretary was apprised by the DC about the Physical and Financial achievements of the district so far besides sector wise proposed works under District Capex 2023-24.

It was given out in the meeting that the district has achieved the completion of 1475.31 km of road under Phase I, II & III of PMGSY wherein 459 habitations were provided road connectivity in twin PWD Divisions of Kathua and Billowar.

While sharing the status of Tap Water Connectivity scenario, it was informed

that district has achieved over 50% coverage where-in out of total 134135 Rural Households 66500 households were connected till March 2023.

Highlighting the achievements under MGNREGA, it was informed that Kathua district has generated 97.72% of Person Days, of which 50792 have been provided employment in the last fiscal.

Regarding allotment of affordable houses under PMAY, it was disclosed that against the target of constructing 10593 houses in Rural areas, 8557 houses have been constructed during 2022-23.

While giving account of the progress achieved under Border Bunker Scheme, it was apprised in the meeting that 1860 Individual Bunkers and 99 Community Bunkers have been completed till March 2023.

It was informed in the meeting that all 34 works have been completed under Aspirational Block Development Programme (ABDP) wherein assets of Education, Health, Power and RDD departments were created to facilitate people of remote areas of

the district.

On JIM, Chief Secretary stressed on reducing the gap between LOI and allotments besides highlighting the achievements of JIM through intensive IEC campaigns. He also emphasized on ensuring active participation of Pani Samitis in maintenance of assets created under JIM.

Underscoring the importance of convergence amongst various line departments, the Chief Secretary called upon the concerned officers to put in concerted efforts to augment creation of quality assets under MGNREGA.

Dr. Mehta impressed upon the officers of RDD to infuse life by adding aesthetic value to the Amrit Sarovars making them living entities which besides catering to the water needs of the locals will also provide recreational facilities, reinvigorating the water table along with strengthening the salubrious milieu.

On SBM Gramin, Chief Secretary laid thrust on achieving the target before the stipulated timeline of 15th August, also called for roping in NGOs for Door to Door waste collection, disposal and recycling.

Emphasizing on the need for skill up gradation of unemployed youth in the district, Dr. Mehta instructed for devising skill development plan besides ensuring proper counseling so as to acquaint them with required skills to enable them for self employment avenues.

It was also given out in the meeting that Kathua administration has retrieved 119565 kanals of state land through anti-eviction drives, The Chief Secretary directed, DC Kathua to prepare and submit a plan of utilization of the retrieved land to the Divisional Commissioner.

He also passed directions to the district administration to expedite the revamping and facilitating of entry point Lakhanpur so as to provide a pleasant and memorable experience to the visitors.

Stressing on the need for enhancing the GDP, Chief Secretary exhorted upon JKTEPO, J&K Bank, District Industries Centre to discuss modalities and formulate District Export Plan.

Stressing on the need for enhancing the GDP, Chief Secretary exhorted upon JKTEPO, J&K Bank, District Industries Centre to discuss modalities and formulate District Export Plan.

## PM Modi made India a Global Power: Sat



JI NEWS SERVICE

**JAMMU, MAY 30:** Nation Needs PM Modi as he is the only leader who has taken out India from the shackles which were halting the development in the country. He not only made India a global power but also made India one of the fastest growing economies of the world. Former Minister Sat Sharma (CA) stated these

words while holding a public meeting at Ward 32 of Jammu West Assembly segment. Sharma was also accompanied by Talab Tillo Mandal President BJP Keshav Chopra and several others.

Speaking on the occasion, Sat Sharma said that development has reached out to every nook and corner of the country and J&K is also a major part of it. He said

so many things including Improved Defence System, Jobs for youth, Support to Farmers, Self employment schemes for everyone, Housing for all, Toilets in every home and dozens of other things which gave India a global name, he stated. Sharma also said that in the last 9 years the lifestyle of people has improved a lot and PM Modi deserves credit for it.

Keshav Chopra said that BJP is committed to serve the public in every way possible and its policies has led to a great significant change in the system which has made people happy and nation want to see BJP and PM Modi leading the country again. He also said that only BJP has the capacity to serve the country and it can be seen from the positivity that has given a major boost to the country in the last 9 years.

Raman Sharma, Sumit Malhotra Binny and several others were also present on the occasion.

## J&K witnessing unprecedented number of developmental projects: Bharat Bhushan

KICK-START ROAD MACADAMIZATION WORK WORTH RS 1.7 CR FROM VILLAGE JERRY KHERRY TO VILLAGE KANGER

JI NEWS SERVICE

**JAMMU, MAY 30:** DDC Chairman Jammu, Bharat Bhushan Bodhi today kicked started road macadamization work of 2.1 Km road with an estimated cost of Rs 1.7 cr from Village Jerry Kherry to Village Kanger under 'City and Town' Plan.

On the occasion, BDC Chairman Kuldeep Raj, Ajay Shrama District General Secretary, Sarpanch Amin Choudhary, Rakesh Singh Mandal, President, Ex Sarpanch Narinder Singh, Asgar Ali District President ST Morcha, D/S/SP Retd Ghulam Rasool, Gang Ram and others PRI members were present. Referring to works started today, the DDC Chairman Bharat Bhushan said that the execution of works has been initiated and all pending roads



would be macadamized in a phased manner, with no compromise with quality of work. Special care will be taken during execution of different works so that the quality can be maintained and people don't have to suffer in future, he added.

Bharat Bhushan, while stressing upon the executing agency to maintain quality of the work, said that it should be completed within

the prescribed time.

The DDC Chairman was apprised by the public about the lack of various other facilities. Taking note of all the highlighted demands, he assured people that all their demands would be fulfilled at the earliest. He also assured that besides development projects, various welfare schemes meant for the socio-economic upliftment of the poor and needy

will be taken at the door steps of the genuinely deserving people in the constituency.

He also lauded LG Manoj Sinha led administration for leaving no stone unturned in carrying forward the priority schemes and projects launched by the Centre from time to time. He said it is the result of synchronized efforts of the Union Govt and the UT Administration that Jammu and Kashmir is today witnessing unprecedented number of developmental projects on ground and that too being carried out at unprecedented pace.

## Harsh Dev Discusses issues of Talwana Migrants with Relief Commissioner



JI NEWS SERVICE

**JAMMU, MAY 30:** Peeved over the plight of Talwana migrants living in wretched conditions in Reasi devoid of basic amenities, the NPP president and former minister Harsh Dev Singh called on the Relief and Rehabilitation Commissioner (RRC) and discussed the multifarious issues faced by the said people.

Leading a delegation of said migrants, Singh submitted a memorandum to the RRC, seeking immediate action for addressing the most genuine grievances of the said distressed class of

people. Pointing towards the dilapidated condition of residential units, lanes, drains and lack of other amenities, Singh called for provision of proper accommodation and all other facilities at the Talwana migrants on par with Kashmir migrants in consonance with the rulings of the Supreme Court.

He pointed out that the apex court had categorically ruled that all migrants needed to be treated on par in so far as provision of government relief and rehabilitation was concerned and no differential treatment could be accorded to the people

belonging to same category on the basis of region or religion. Seeking immediate construction of flats for Talwana migrants on the analogy of Kashmir migrants, Singh decried the undue delay in providing shelters to such Jammu region migrants and providing lanes, drains, sewage and drainage facilities in Talwana where more than 670 were living in extremely unhygienic conditions.

Harsh Dev Singh further regretted the non-extension of benefits under the centrally sponsored schemes to the habitations of migrants thereby doling out a discriminatory treatment to them. He said that migrants' children were even bereft of scholarships and old aged migrants deprived of pensions.

The state government schemes like "back to village" and "my town my pride" were also not extended to migrants colonies and habitations. He said that the Supreme Court decision for providing the fodder assistance of Rs. 300/- per month for livestock of migrants had also not been implemented amongst the affected families. The RRC said that all issues raised by the migrants would be addressed in the right perspective. He said that construction of tenements/flats at Talwana has been proposed to higher ups and would be duly followed.

The RRC said that the issue of extension of social security schemes for migrants pensions, scholarships would be duly considered.

He assured to visit Talwana migrants camp to have first hand assessment of various other issues of the affected people so as to take appropriate remedial measures in a time bound manner.

## CEO SASB visits Baltal, reviews preparations for SANJY 2023

JI NEWS SERVICE

**GANDERBAL, MAY 30:** Dr Mandeep K. Bhandari, Principal Secretary to Lt Governor and Chief Executive Officer Shri Amamath Ji Shrine Board, today visited Baltal Base Camp where he chaired a meeting of district officers to review the arrangements for the Shri Amamath Ji Yatra (SANJY) 2023 via Baltal route.

The CEO reviewed in detail the arrangements for the convenience of the pilgrims at base camp Baltal and en-route including sanitation measures, power and water supply, parking spaces, registration of service providers and ponies, health services, construction of shelter sheds, flood protection works and other arrangements. At the outset, the DC briefed the CEO about various facilities, langars, tents for yatri accommodation and other establishments planned at the Baltal base camp, for which all prerequisites are being undertaken by the District Administration, Ganderbal. The

CEO also reviewed the status of registration of ponies and other service providers. He called upon the concerned to carry registration vigorously and to upload data on portal on real time basis so that RFID cards could be generated and distributed timely to the service providers.

Regarding sanitation measures, ACD Ganderbal briefed in detail about the preparedness of sanitation services being put in place for the convenience of the pilgrims at the base camp Baltal and enroute. This included deployment of sufficient staff for managing these toilets including sanitation workers, supervisors and other staff, he added.

The CEO stressed on the need to appoint nodal officers/supervisors to monitor keep cleanliness and sanitation in and around toilet points and other locations and to maintain check lists for the same.

The meeting also discussed the illumination of track and power supply scenario upto Holy cave. The Chief Engineer KPDCL informed that illumination plan is already in

place and power supply has been restored upto Domail. In addition, backup gen sets will be stationed at identified locations.

While reviewing the preparations of Health department, timely establishment of health centers at various locations was emphasized in addition to setting up of oxygen booths at vulnerable spots. It was also informed by BMO GMU that work on installation of 100 bedded DRDO hospital at Baltal has also started.

The CEO while interacting with the officers observed that all the departments must be fully geared up for making adequate arrangements well in advance by working in close coordination for smooth conduct of the Yatra.

It was informed by Border Roads Organization that widening of track is in full swing besides fencing and other restoration works are also in pace. BRO is installing wire mesh and retaining walls in vulnerable stretches so that safety of Yatrias and other service providers is ensured along the track.

## Dozens Join BJP at Party Headquarter Trikuta Nagar Jammu

JI NEWS SERVICE

**JAMMU, MAY 30:** A joining programme was held at BJP Headquarter, Trikuta Nagar Jammu under the leadership of the Bharatiya Janata Party Minority Morcha UT President Ranjodh Singh Nalwa.

The main motive of this meeting was to conduct briefing session in which BJP Minority Morcha leadership was to be kept abreast of the latest developments and working of the organization especially about the upcoming party programmes.

The aim of the meeting was to ask all the party functionaries to remain alert in their respective districts, constituencies, booth levels and work at the grass roots levels for welfare and benefits of common people.

The purpose of the interactive session was equally to deliberate on the efforts to address the grievances of the masses, specially marginal, helpless and resourceless people as also to raise voice of concern in favour of their gen-



une demands. On this occasion, all the delegates and other prominent persons who joined the Party today were warmly welcomed to the party folds. Meanwhile, Sardar Charan Singh a prominent Socio-political personality of Jammu with his team today joined BJP Minority Morcha during an impressive party function at Jammu. Prominent among those who were present on the occasion included,

Sanjeev Singh Bali (Additional Incharge Prabhari UT), Balvinder Singh (Vice President UT), Adv Jasmeeet Kour Pandey (Vice President UT), Mubashar Azad (Vice President UT), Santokh Singh (Gen Secretary), Syed Asad Malik, Harpal Singh (Executive Member), Parvaz Singh (Bali Executive Member), Paramjeet Singh (Member), Gurmeet Singh, Haider Ali, Pranveet Singh, Ranjit Singh and others.

## Students of MIER participate in G-20 cultural event

JI NEWS SERVICE

**JAMMU, MAY 30:** Representatives from the world's most influential countries gathered at the G-20 Cultural Event in Srinagar to honour the rich cultural traditions and artistic prowess of each participating nation.

Among the distinguished

participants in the cultural showcase, four students from MIER College of Education, namely Kriti Singh Thakur and Arti Thakur of B.Ed. Sem IV, Sheetal Thapa of M.Ed. Sem IV, and Shavi Sharma of B.A. (Honours) Political Science, performed Gojri and Bhaderwahi folk dance forms organized by

Natrag, Jammu under the dynamic leadership of Mr. Balwant Thakur. The students of MIER College made an exceptional contribution to the cultural event of the G-20, showcasing different dance forms from Jammu and Kashmir. The outstanding performances of these four talented students have

undoubtedly left an indelible impression on the global stage as well as created memories for a lifetime. Dr. Adit Gupta, Principal and Director MIER, congratulated the students on their laudable achievements and encouraged them to actively participate in future also both at the national and international levels.

# Modi Govt mitigated all problems, satiated aspirations of people in 9 years: Kavinder

## EXPRESSES GRIEF OVER LOSS OF LIVES IN BUS MISHAP; CONDEMNS GHASTLY TARGET KILLING IN ANANTNAG



J I NEWS SERVICE

JAMMU, MAY 30: BJP government under the dynamic leadership of PM Narendra Modi has touched the heart of every single citizen of the country in one way or the other making the work of this dispensation unmatched and highly productive in the last nine years. This was stated by Kavinder Gupta, Senior BJP leader and former deputy chief minister on the sidelines of a public grievance redressal camp held at Party Headquarters in Trikuta Nagar Jammu.

The senior BJP leader said that there is no doubt in the saying that Modi Government's 'Nau Saal Bemisal' as people have experience the change when they compare this government with that of successive ones which never cared about the welfare of common masses. He said that BJP dispensation works on the principle of Seva Hi Sangathan Aur Seva Hi Sarkar.

Kavinder said that the entire country is standing along with BJP only because this party works for mitigating people's worries and providing them everything to satiate their aspirations, which used to miss during the earlier regimes. Citing an example, Kavinder said that BJP is not in power in the UT but considering moral responsibility BJP has established a Grievance Cell in J&K to listen to people's issues and address the same on priority, making a difference apparently. Earlier in the aforesaid camp, people from different parts of Jammu visited the party office in the form of deputations to represent the

issues of their respective areas as well as their individual concerns before the senior party leadership. Main issues presented were related to the non-availability of Govt ration, verification of land titles, transformer issues, electric poles, street lights, repair of lanes/roads, jobs and pension issues.

While giving patient hearing to the deputations, Kavinder Gupta resolved most of the issues instantaneously by talking to the authorities concerned on phone. He assured to take up the rest of the issues with the concerned authorities and get the same resolved at the earliest.

Meanwhile, Kavinder also condemned killing of a Hindu youth Deepu of a Hindu youth Deepu of Udhampur District in Kashmir's Anantnag District. He said that terrorists under the pressure from their mentors sitting across the borders are attacking soft targets. He assured that the perpetrators of violence will soon be tracked down and taken to task as the security forces are already on job. He also expressed grief over loss of lives in the bus accident in Jajarkotli.

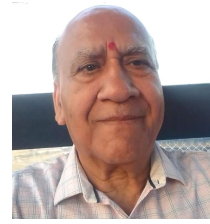
# BJP Govt's 9 years of misgovernance brought only miseries to people: Rattan Lal

J I NEWS SERVICE

JAMMU, MAY 30: Rattan Lal Gupta, Provincial President Jammu and Kashmir National Conference (JKNC) Jammu has pooh poohed the Bharatiya Janata Party (BJP) for initiating the Maha Jan Samparak Abhiyan to celebrate the 9 years of Modi Govt at Centre.

In a statement issued to media here today, Rattan Lal Gupta said that the people across the nation know very well that the BJP Govt at the Centre has proved to be utter failure on all fronts and they will never forgive the saffron party for bringing and following anti-people policies. He said that in such a situation it is not proper for the BJP leaders to celebrate their nine years of misgovernance and that too under the theme 'Nau Saal Bemisal'. He said that the reality is that instead of bringing the Achhe Din promised by the BJP, it has brought only miseries to the common people of the nation. Questioning the Govt and the BJP, Gupta said that the nation and its people want to know when will the promised Achhe Din come?

The senior National Conference leader said that Jammu and Kashmir has been the worst victim of the BJP's misrule. He said that there is acute shortage of drinking water in Kandi belt of Kathua, Samba and Jammu districts with people not getting water for 4 to 6 days in a week. This in itself speaks of the so called tall claims about



9 years of governance of Modi Govt made by the BJP leaders. He said that J&K Administration must take urgent measures to lift water from Chenab in order to cover the water shortage of Kandi belts of Jammu and Jammu city. MR Gupta questioned what about Ravi Tawi Canal for which the Modi gov't promised to construct and cover shortage of water of Kandi belt of Samba and Kathua districts.

that they have no future in J&K as the recruitment scams are taking a heavy toll.

The senior NC leader stated that PM Modi committed to double farmers income but the fact is that the farmer is not able to cover his production cost of the crop not to talk of profit or doubling of income. He castigated the BJP Govt for not giving MSP (minimum selling price) to the farmers. The result is that more than seven hundred farmers got killed during the farmers' agitation against the Farmers' Bill passed by the Modi gov't and later on the same were withdrawn as the bills were anti farmers.

On the health front too, J&K is still lacking healthcare facilities not only in rural areas but even in the urban areas, he alleged.

Gupta said that BJP is claiming that the relations of India with other nations has improved a lot but what has the Govt to say on its failure regarding SAARC.

He said that today beneficiaries of Govt schemes are facing inhuman treatment especially the old age, widows, handicapped citizens who are facing huge harassment in the name of pension cases verification and complete ban of new cases.

To conclude it, it can be without any doubt be asserted that BJP Govt during its 9 years of misgovernance promoted only hatred among the people by playing divisive politics, weaken secular fabric and brotherhood, Gupta said.

# Shiv Sena burnt the effigy of terrorism

## KASHMIR DOES NOT BELONG TO ANYONE'S FATHER; SHIV SENA WARNS TERRORIST ORGANIZATIONS TO DESIST FROM NEFARIOUS ACTIVITIES



J I NEWS SERVICE

JAMMU, MAY 30: Shiv Sena (Uddhav Balasahab Thackeray) Jammu and Kashmir unit, today strongly condemned the ruthless killing of another Hindu youth Deepu, a resident of Udhampur district, by the terrorists in Anantnag day, once again by carrying out

target killing. Shiv Sainiks gathered under the leadership of state chief Manish Sahni at the party's state office Rupnagar, Jammu, while raising slogans of end terrorism, teach Pakistan a lesson, burnt the effigy of the organization 'Kashmir Freedom Fighter', which took responsibility for the murder. Addressing media persons here today, Manish Sahni, warned the terrorist organization Kashmir Freedom Fighter that Kashmir does not belong to anyone's father, it is an integral part of India, and will always be so. Whatever the terrorist organizations are doing to

target innocent people with the target killing, just for the sake of running their shop of terror, it is a very serious situation for mutual brotherhood and better economic condition of Kashmir.

Nothing has been done on the abrogation of Article 370 and the situation in Kashmir, except for baking political loaves and garnering accolades in the country and abroad. There has been an increase in terrorist incidents in Jammu division along with Kashmir.

Sahni has demanded a government job and cash assistance of one crore to a member of Deepu's family, who was the victim of the targeted killing. Vice President Sanjeev Kohli, Balwant Singh, President Kamgar Wing, Raj Singh, Pawan Singh, Vinod Kaul, Prem Kumar, Mamun Pandit and many others were present on this occasion.

# Chairman, DDC Kupwara reviews implementation of SBM-G Phase- II

J I NEWS SERVICE

KUPWARA, MAY 30: The Chairman District Development Council (DDC) Kupwara, Irfan Sultan Pandithpuri on Tuesday chaired a meeting to review the implementation of Swachh Bharat Mission-Gramin (SBM-G) Phase-II at the Meeting hall of the RDD complex Kupwara.

The review meeting was attended by DDC members, BDC Chairpersons, ACD Kupwara, ACP Kupwara and all BDOs of the district.

During the meeting, the Chairman took a detailed review of the status/implementation of SBM-G and waste management plan in rural areas of the district. ACD Kupwara apprised the chair that having achieved the milestone of ODF Kupwara in a time bound manner in SBM Phase-I, sustainable efforts are on to achieve targets of SBM Phase-II (ODF plus).

56000 soakage pits have been constructed in Kupwara district for grey water management.

SSG survey of 490 Panchayats of the district has been allocated and peer to peer verification of survey is on. With regard to solid waste management, the chair was apprised that a target of 385 segregation Sheds (one segregation shed per Panchayat) has been fixed. Administrative approval for 237 segregation sheds in the district have been accorded already and 124 segregation sheds have been allotted till date and work on 70 segregation sheds is under progress. DPRs of 22 Plastic waste management units have been submitted to the Directorate of Rural Sanitation. DPRs of 10 Faecal Sludge Management units have been submitted to the Directorate of Rural Sanitation. In addition to this, a location plan of 180 CSCs has been submitted to the Directorate.

The Chairman, DDC Kupwara directed the con-

cerned to speed up the pace of work and ensure completion of segregation sheds and other components of the SBM-II within the timeline.

Chairman asked the concerned officers to take on board the PRIs in planning and implementation phases. On the occasion, Vice Chairman DDC Kupwara, Haji Farooq Ahmad Mir

impressed upon the officers and field functionaries of Rural Development and Revenue department to work in coordination so that ideal places out of state land and kachhara are identified for execution of segregation sheds and other SBM projects and cleanliness of villages in Kupwara district is ensured.

# Transport, Traffic management reviewed at Handwara

J I NEWS SERVICE

KUPWARA, MAY 30: In order to review the issues pertaining to the Transport & Traffic system in Handwara Town, the Additional Deputy Commissioner (ADC) Handwara, Nazir Ahmad Mir today convened a meeting of concerned officers at ADC Office Handwara.

The meeting held a threaded discussion and it was given out that all small Adhans/stands of Handwara town will be dubbed and optimum use of the space of New Bus Stand has to be ensured. Other major issues were also discussed including one way traffic entry into the New Bus Stand Handwara, traffic congestion at Handwara Town, illegal encroachment on footpaths by shopkeepers, shifting of small cart vendors from roadsides and optimum use of space of old Bus Stand. On the occasion, the ADC impressed upon all the officers for close coordination among themselves to ensure better traffic management in Handwara town so that the general public especially commuters do not face any inconvenience.

# Mission LiFE programmes organised at Kalu Chak, Jammu

J I NEWS SERVICE

JAMMU, MAY 30: Nations Development Association (NDA) affiliated Nehru Yuva Kendra Sangathan Jammu under the Ministry of Youth Affairs and Sports Government of India as part of Mission Lifestyle for Environment Programme is organising various awareness programs on Water conservation, Minimization of food wastage, Reduction of E-waste, Reduction of Single-use plastic etc, through various campaigns and activities/competitions like Know Your Tree campaign, Slogan writing competition, Poster making competitions, Seminars and Essay writing competition at Bal Shishu Shiksha Kendra High School Kalu Chak from 30th May 2023 to aware people to adopt Sustainable lifestyle and to engage individuals in mit-



gating the adverse effects of climate change. The Mission Lifestyle for Environment Programme creates and nurtures global network of individuals, namely 'Pro-Planet People' (P3), which will have a shared commitment to adopt and promote environment friendly lifestyles. Through the P3 community, the Mission seeks to create an ecosystem that will reinforce and enable environment friendly behaviours to be self-sustainable. Nations

Development Association (NDA) affiliated NYKS under the Ministry of Youth Affairs and Sports Government of India is making every effort through various awareness programmes to create awareness among people to adopt Sustainable Lifestyle. Awareness programs was conducted under the supervision of Nisar Ahnadi Bhat, State Director, NYKS J&K, Ladakh. Sushil Singh Charak Chairman Nations Development Association

(NDA) said that UN Climate Change Conference (UNFCCC COP26), Hon'ble Prime Minister Narendra Modi introduced the mission of 'LiFE (Lifestyle for the Environment)' to engage individuals in mitigating the adverse effects of climate change. This initiative encourages a lifestyle that focuses on mindful and deliberate utilization of resources and aims to change the present use and disposal of consumption habits.

# SMVDU organizes a talk on sustainable agriculture and food security

J I NEWS SERVICE

JAMMU, MAY 30: The School of Biotechnology (SoBT) at SMVDU University (SMVDU), in collaboration with the DBT-PG Teaching Programme, organized a talk on sustainable agriculture and food security. Prof. Ramakrishna Wusirika, a distinguished professor at the Central University of Punjab in Bathinda, delivered the guest lecture. The lecture emphasized the 'Proteomic and Metabolomic Reprogramming in Wheat by Plant Growth Promoting Bacteria and Arbuscular Mycorrhizal Fungi.' Prof. Wusirika presented his research findings, highlighting the significant impact of plant growth-promoting bacteria and arbuscular mycorrhizal fungi on enhancing wheat plants' proteinic and metabolomic



profiles. Dr. Sharada Potluchchi, Coordinator (DBT-PGT program), thanked the professor for sharing his knowledge. Participants had an opportunity to gain insights into agricultural research and the applications of microbial biotechnology in improving yield parameters in wheat, a staple crop. The lecture also explored the broader implications of this research for sustainable agriculture and food security. Dr. Rakesh Kumar, Coordinator (DBT-PGT program), expressed his grati-

tude to Prof. Wusirika. Dr. Ratna Chandra, Head, SoBT, together with an impactful event.

# Vikramaditya strongly condemns selective killing in Anantnag

J I NEWS SERVICE

JAMMU, MAY 30: Former MLC, Vikramaditya Singh strongly condemned the selective killing of a youth belonging to a minority community, in Kashmir's Anantnag District. In a statement issued here today, the former MLC termed the killing of a Hindu youth namedly Deepu killing from Udhampur District as an act of cowardice by the terrorists. He said that such acts are being carried with the sole aim of vitiating the peaceful atmosphere of Jammu and Kashmir.



# Civil Society must shoulder responsibility to curb 'Chitta' menace: Tony

## POLICE ALONE CANNOT WIN WAR AGAINST SCOURGE OF DRUGS



JJ NEWS SERVICE

JAMMU, MAY 30: Taranjit Singh Tony, Chairman of AAP J&K for Administrative Engagement and Minority Affairs and DDC Suchetgarh on Tuesday asserted that the Civil Society members must play their vital role in curbing the 'Chitta' menace from society as men in Khaki cannot accomplish this herculean task on their own. Addressing a workers meeting in Bhour Camp

area here, the senior AAP leader said that the 'Chitta' menace has become alarming with large numbers of youths including girls being entangled in this scourge with society becoming helpless as no way out is coming to sight. He said that the Civil Society members including parents, teachers, cops, political and religious leadership and even those youths who are still playing safe should come forward and fight this menace jointly

and expose those supporting the drug cartels and mafia for vested interests as police alone cannot accomplish this herculean task. Tony asked the AAP cadre to get united and start this combat against the drugs and help the trapped youth to come out of the habit of substance abuse as this will eat up the vitals of society. He however said that this is a complete failure of the Modi Government and the J&K administration because their

incompetency has forced the youth of J&K to move on the path on which the youth of Punjab used to move sometime back. The senior AAP leader said that phlegmatic approach of the dispensations both central and the UT has made the youths of the UT to suffer endlessly as these have failed to stop free flow of drugs and the presence of drug peddlers in every nook and corner of the UT. Tony said that society as a whole should understand that there is no one who will come to rescue the vulnerable section and therefore all should join hands to fight this menace on their own as the government in power has no time to look after this most vital issue of present times. The meeting was attended by Bal Krishan, Block President AAP, youth leader D.C. Raja, Mandep Choudhary and Iqbal Singh.

# BJP to launch massive campaign to highlight achievements of Modi govt's 9-Years: Ashok Koul

JJ NEWS SERVICE

JAMMU, MAY 30: BJP will launch a massive campaign during the next 30 days to highlight PM Modi's 9-Year-tenure. Senior party leaders will take the achievements of Modi government to masses in Jammu & Kashmir during the meticulously designed 'Maha Jana Sampark Campaign', which will start with a Press meet by Party



Gupta, Mahila Morcha Chief Spokesperson Ritika Trehan and others participated in the meeting.

Ashok Koul, General Secretary (Org.), Bharatiya Janata Party (BJP), Jammu & Kashmir was chairing a review meeting of Media and Social Media teams at party headquarter, Trikuta Nagar, Jammu. J&K BJP General Secretary & former Minister Dr. Devinder Kumar Manyal, who is supervising the campaign along with Members of state level media and social media teams including party Spokesperson Abhijeet Jasrotia, Media Incharge Dr. Pardeep Mahotra, social Media Incharge Ankit

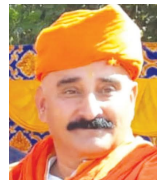
corner of the region. Koul also discussed the highlights of recently concluded media and social media conclave organized by the party which received the positive response from all the quarters of media and social media fraternities. "The party will formally launch the 'Maha Jana Sampark Campaign' and share the details in a Press Meet to be addressed by party President Ravinder Raina at party headquarters. Thereafter, the party will also hold Press Meets in all the Lok Sabha constituencies to share the minute details of the whole

campaign", said Ashok Koul. Dr. Devinder Manyal, in his address, gave a briefing of various activities covered under the Abhiyaan and outlined the roles of Media and social media departments during the Abhiyaan. He distributed the responsibilities among the team members and prompted them to work professionally to present the merits of the Modi government. He asked them to highlight the major landmark achievements of the Modi government in respect to the J&K during the campaign.", said Ashok Koul.

# New Parliament will mark beginning of new era of India's colossal progress: Raj Rattan Raina

JJ NEWS SERVICE

JAMMU, MAY 30: BJP leader Raj Rattan Raina congratulated the countrymen on the opening of a new Parliament building by PM Narendra Modi. In a statement issued to media persons, the BJP leader said that the new building to house the Parliament will mark the beginning of a new era of India's colossal progress as this could be compared as the Golden era under the dynamic leadership of



Prime Minister Narendra Modi. The BJP leader condemned those political parties which boycotted the opening ceremony on Sunday claiming that it was

their loss as one's presence on this occasion of national pride is itself a matter of prestige as the names of those present in the ceremony shall be written in the annals of the history of India and those who missed the opportunity will not be remembered at all. It is pertinent to mention that PM Narendra Modi has dedicated the new Parliament building to nation today. Raj Rattan Raina said that by boycotting the inaugural ceremony the opposition

parties have shown their narrow-mindedness and Obscurantist bent of mind. He said that the attempts made by the opposition to undermine the significance of the work accomplished by PM Modi in the last nine years across the country and before that in Gujarat would not be thwarted by none other than the people of the country who are observing every jealous move of the leaders of the opposition parties and shall teach them the lesson of life during the election time.

# DC asks for stringent action against illegal mining in Udhampur

JJ NEWS SERVICE

UDHAMPUR, MAY 30: To discuss the measures for curbing illegal mining in the district, Deputy Commissioner, Udhampur Sachin Kumar Vaishya chaired a meeting of the Multi Departmental District level Task Force Committee, here on Tuesday. Speaking at the meeting, the DC said that excessive mining causes irreparable damage to the environment and there is a dire need to stop by taking stringent measures. There is a need to tighten the noose around the

people who are causing loss to the state exchequer and larger public interest, he said. The DC asked the concerned departments to step up vigil to check on illegal mining and take strict action against those found involved. He asked the enforcement departments to raise Nakas to plug all routes used to transport the illegally extracted minor minerals. "Identify the areas, places where illegal mining is carried out and ensure that systematic, scientific and only legal mining will be done in district" he asked the stakeholder departments. The DC also

directed the District Mineral Officer to formulate a plan of DMFT for the financial year 2023-24. Detailed deliberations were held on various other aspects related to progress and recommendations of the MDDLTC for better coordination and enforcement with regard to illegal mining control measures. Collecting of report and status of illegal mining, FIRs and other observations/recommendations for the renewal of environmental clearance, Single window for the collection of various NOCs from stakeholder departments etc were discussed at length.

# Shri Ram Universal School holds Investiture Ceremony

JJ NEWS SERVICE



JAMMU, MAY 30: "Leadership is the capacity to translate vision into reality". With this thought-provoking ideology, The Shri Ram Universal School Jakh organised the most auspicious ceremonial function of "Investiture Ceremony" to legislate the constitution of the prestigious Students' Council for the academic session 2023-24 on 30 May 2023. The Investiture Ceremony is the most momentous occasion wherein the school reposes faith and entrusts the mantle of responsibility on to the shoulders of the young students inducted into the Students' Council. Adding to the fervour of the occasion, Captain (Indian Navy) AK Desai, Principal Sainik School Nagrota consented to be the Chief guest.

The school is highly indebted to Sh Keshav Dutt Sharma, Chairman DDC Samba who very humbly marked his presence as Guest of Honour. It was in true sense a red-letter day for the school to have personalities with diverse leadership qualities sharing the

Chief Guest and the Guest of Honour jointly did the honours of presenting the sash and pinning the appointment badge on to the chest of the office bearers. The newly appointed Students' Council is sworn in by Col VK Sharma (Retd), Principal TSUSJ. The bearing faces of the office bearers bore testimony to the fact that each member was committed to the responsibilities bestowed upon him. The chief guest, Captain (Indian Navy) AK Desai urged the students to realize the importance of opportunities that come across and acquire skills that will make them worthy citizens who are willing to give back not

only to their family but also to the society, the Nation, and the world at large. The Head boy of the school Master Chait and the Head girl of the school Ms Minalini on behalf of the Students' Council expressed their gratitude to the school for reposing faith in them and assured of their commitment to keep the school flag flying high. In her valedictory speech, Ms Shivani Vaid Sharma, Headmistress TSUSJ expressed deep sense of gratitude to all the dignitaries for having graced the occasion. To mark the culmination and as a sense of respect, all present in the auditorium stood up and sang the National Anthem in unison.

# Mayor, Dy Mayor inaugurates Free Health Check Up Camp

JJ NEWS SERVICE



JAMMU, MAY 30: Nations Development Association (NDA) in collaboration with Bal Shishu Shiksha Kendra High School Kalu Chak, Jammu and Medanta - The Medicity Multi-Specialty Hospital in Gurgaon, organised a free health screening camp for its Kalu Chak, Greater Kailash, Kurjwani, Apna Vihar, Jallo Chak People's Saturday. The camp was organised by Chairman of Nations Development Association, Sushil Singh Charak . A medical team of experts, including a physician and a Cardiology, examined the Public. The Free Health Check Up camp was inaugurated by Honble Mayor, Jammu, Sh. Rajinder Sharma, Jammu Municipal Corporation, Honble Deputy Mayor, Deputy Mayor, JMC. Sh. Baldev Singh Billawaria, Sh. Shamsher Singh Charak Editor in Chief, Dainik State Samachar, Sh. Kailash Sharma Chairman BSSK High School Kalu Chak, Jammu and Mrs Arju Bakshi Principal BSSK High

School. The motive of the camp was to provide the best health services to the local public of Kalu Chak, Greater Kailash, Jallo Chak, the Jammu at their doorstep. More than 90 patients were examined by Dr. Vamsi Merugumala Senior Consultant Cardiologist and Dr. Arvind Sharma, SMO General Physician deputed by Medanta Medicity Gurgaon. Honble Mayor, JMC. Sh. Rajinder Sharma, Jammu Municipal Corporation, appreciated the efforts of Sushil Singh Charak Chairman Nations Development Association

(NDA) and said that organisations like it play an important role in providing help and care to people at their doorstep. Honble Deputy Mayor, Deputy Mayor, JMC. Sh. Baldev Billawaria, highlighted the importance of routine health check-ups and praised the society's initiative to provide voluntary services to employees. Shamsher Singh Charak Editor in Chief, Dainik State Samachar appreciated the efforts of Sushil Singh Charak and said that organising a health camp for employees is true service. Sushil Singh Charak said that Nations Development

Association is always ready to work for common people and assured that it will continue to conduct free medical camps for needy people in the future. Present on the occasion Varinda Sharma, Sandeep Singh Jantwal Assistant Marketing Manager Medanta Gurgaon, Trishula Gupta Sanskar Parmukh Shivalki Branch Bharat Vikas Parishad, Poonam Gupta State Executive BJP Kamlesh Magotra Trikuta Nagar Mandal President, Advocate Surinder Singh, Tanjeet Kour and Vandana Kumari.

# 'City of casualties' will be the best name for Jammu: Rajesh Gupta

JJ NEWS SERVICE

JAMMU, MAY 30: Rajesh Gupta, the Chief of the National Democratic Party Indian (NDPI) in Jammu and Kashmir, has expressed his anguish and deep concern regarding the routine road accidents in the region. He said not a single day passed without accidents in Jammu region. LG administration is least interested in daily deaths of humans like insects. Gupta suggested change the name of Jammu

City of temples to 'City of casualties'. Gupta also condemned the innocent killing of Udhampur man Deepu in South Kashmir by militants. Addressing to media today, Gupta specifically referred to the recent Doda and Jhajar Kotli accidents, in which 15 people lost their lives and several others sustained serious injuries after a taxi and bus accidents. Expressing shock and anguish, Gupta urged the authorities to implement a preventive strategy to curb

accidents rather than relying solely on post-accident measures. He highlighted the poor condition of roads in hilly areas, emphasizing that their deteriorated state makes them prone to accidents. Gupta stated that numerous lives have been lost, and many people have suffered severe injuries due to road accidents in these areas. Gupta called upon the Lieutenant Governor of Jammu and Kashmir, Manoj Sinha, to prioritize human

lives, emphasizing that a person's life is more valuable than anything else. He further emphasized that Jammu and Kashmir has witnessed a significant number of fatalities last year, marking the highest toll in a decade. Gupta acknowledged that while the conflict in the region often dominates headlines, it is essential to address the issue of road accidents, which disproportionately affects the youth of Jammu and Kashmir.

# DLSA Udhampur organises awareness program on MVA, CMV rules for Police officials

JJ NEWS SERVICE

UDHAMPUR, MAY 30: An awareness programme on the recent amendments in the Motor Vehicle Act, particularly Central Motor Vehicle (5th Amendment) Rules 2022, was organized today here under the

Chairmanship of Chairman District Legal Services Authority Udhampur, Haq Nawaz Zargar and under the Supervision of Secretary District Legal Services Authority Udhampur, Ajay Kumar.

The participants were the DySPs, SHO's and Investigating Officers from all police stations of the District Udhampur and ARTO Udhampur. The Resource Persons were Advocate Rajesh Gupta and Advocate Sunny Mahajan.

THOUGHT OF THE DAY

Logic will take you from A to B. Imagination will take you everywhere - Albert Einstein

JINDRAH IMAGES

Wrestlers' agitation turning political?

With the protesting wrestlers, including Sakshi Malik, Vinesh Phogat and Bajrang Punia, handing over their medals to Bhartiya Kisan Union chief and Balian Khap head Naresh Tikait, who had reached Haridwar's Har ki Pauri to stop them from putting these into the Ganga as a symbolic act of protest against Wrestling Federation of India (WFI) Brij Bhushan Sharan Singh, whom they have accused of sexual harassment, there is a clear indication that a lot of dirty politics is involved in it. Opposition parties have also upped their ante against the BJP-led government at the Centre and they are right now busying to exploit the situation to an optimum level. The country witnessed ugly scenes after the security personnel tried to stop wrestlers from marching towards the parliament which witnessed the historic inauguration of the new Parliament building. The police not only detained more than 100 protesters, including champion grapplers, but also used force to get the sit-in site at Jantar Mantar vacated. The Police FIR shows that the wrestlers and their supporters ignored a warning by the police that creating a ruckus during the inauguration ceremony would 'harm national prestige'. The FIR also stated that at-least 15 personnel, mostly policewomen, were injured in a scuffle with the protesters. The violent confrontation took place exactly a month after the Delhi Police registered two FIRs against BJP MP and WFI president Brij Bhushan Sharan Singh on the basis of complaints of seven female wrestlers, including a minor. Cops questioned Bhushan earlier this month, but the tardy pace of the investigation has enraged the protesters, who are demanding the MP's arrest. Tikait, along with the wrestlers, have now given five days to the government to sort out their demands, failing which wrestlers will go ahead with their decision to submerge their medals in the Ganga. The entry of BKU leader in the whole controversy, that too, at the last minute, reflects that a well-planned story was woven to put the central government in bad light. It has been perceived that the pandemonium might not have happened had the BJP-led Central government been proactive about addressing the wrestlers' grievances. The situation spun out of control because the protesters felt that they were not being taken seriously by the powers that be. There is no iota of doubt that the Centre should ensure a free, fair and time-bound probe into the serious allegations. Athletes who win laurels for the country in the global arena deserve remedial action and justice. It is also wrong to treat wrestlers, who brought laurels for the country, badly. But, wrestlers must also understand that they have already made their point and they should have some faith in the system. The internal investigation is already underway and they should extend their cooperation for speedy completion of the probe so that the guilty, if any, is brought to justice. This 'tamasha' must come to an end now.

INDIA SHOULD EXPAND BILATERAL RE TRADE WITHIN ASIA

THE RBI NEEDS TO ACT ADROITLY TO HELP MAKE THE RUPEE STABLE AND NOT LET IT BE SEEN AS A MERE PIECE OF PAPER.

ABHIJIT BHATTACHARYA

INDIA has been at the receiving end of China's transgressions since the 1950s. The trend is continuing with ferocity, high frequency and increased penetration into the Indian system. Virtually every Indian sector - economics, defence, commerce, trade industry - has received body blows, and there's little to hope for better things anytime soon. At last, India is finding its rightful place in the world. A new 'currency front' appears to be opening as the rupee faces critical times. The Reserve Bank of India (RBI) needs to act adroitly to help make the rupee stable and not let it be seen as a piece of paper flying all over in a storm. Indeed, a consistently weak and unstable (depreciating) rupee has been one of the main reasons debilitating the development of the Indian economy for more than six decades. India certainly can do better.

In contrast, China has managed its currency smoothly in turbulent times. Thus, a close look at the two currencies' exchange rate fluctuations vis-a-vis the dollar during the past 15 years would be instructive.

Between 2008 and 2023, the Chinese yuan's or renminbi's average closing price per dollar fluctuated between 6.95 (maximum) in 2008 and 6.15 (minimum) in 2013, thereby showing that Beijing had a steady currency even in unfavourable times. It proves that no country can progress/prosper without a stable currency, as earlier shown by post-World War II Japan.

Occupied Japan was rehabilitated by American banker Joseph Dodge on the basis of three simple principles: sound currency, balanced budget and fiscal stability. As the Japanese yen had suffered during the war, with misery heaped on people through inflation, in one stroke, the Japanese currency's exchange rate was fixed at 360 yen to a dollar. The yen became unitary, leading to enormous economic benefits through a stable currency. From 1949 to 1971, 360 yen equalled a dollar, which singularly led to an extraordinary export-led economic growth of Japan. Dodge ruthlessly reversed the policy of deficit spending, which was the bane of the Japanese economy since the 1930s' advent of militant polity. A balanced budget, fiscal prudence and stable currency made the miracle of the Land of the Rising Sun in all its splendor. In view of the Japanese and Chinese examples, the performance of the rupee in the international market during the past 15 years would make one suggest that due diligence by the RBI is overdue. True, the first major devaluation of the rupee took place on June 6, 1966, wherein it fell from Rs 5 to a dollar to Rs 7.5. Overnight, the balance of payments went haywire as the Indian currency plunged into a chronic depreciation and deficit. Successive governments have not been able to stabilise the rupee.



In 2008, one dollar was worth Rs 43.51. On May 29, 2023, the rupee touched 82-plus, underscoring the volatility of the Indian currency. Topping it all, the RBI issued an order for the withdrawal of notes of Rs 2,000 denomination. It has had an avoidable and undesirable ripple effect on India's currency-friendly market of Dubai and adjacent territories where currency exchange units attract customers. Simply put, the rupee today faces problems on both internal and external fronts. Demonetisation, depreciation, devaluation and the withdrawal of the Rs 2,000 note are constantly keeping it in a state of turbulence and instability; and that's not a

good omen. No doubt, despite the hurdles, India's foreign exchange reserves are nearing \$600 billion, thereby giving its economy the much-needed confidence for foreign trade transactions. Nevertheless, it must be borne in mind that in contrast to India's foreign currency control, China has accumulated \$3.2 trillion to take on foreign aid, trade and investment. With the ever-expanding one-way bilateral trade profit across continents, backed by favourable balance of payments, Beijing is determinedly challenging the dollar's omnipresence in the global market.

Advertisement It has launched a two-pronged attack to attain supremacy of the currency. First, reduce dollar payments in imports and exports, and follow it up by coercing weaker, smaller and handicapped trading partners to transact in yuan/renminbi. The aim is two-fold. Save the dollar-filled foreign exchange kitty and make its own currency a force in the financial world.

In a way, wider acceptance of the yuan/renminbi is testimony to the Chinese Communist Party's sovereignty. Doesn't the currency, like the national flag, denote national identity too? Thus, there once was the globe-trotting British pound. The dollar

eclipsed the pound post World War II. But the US is today challenged by China. True, China has a long way to go, but its aggressive machinery is working overtime. From Russia to Bangladesh, Bolivia to Brazil, Argentina to Iran, Mongolia to Kazakhstan, the process is yielding fruit. The renminbi is rising and the yuan is transacting with aplomb.

What can India do? It must make a determined start with a rupee push to pluck at least the low-hanging fruit. Russia and India once had a healthy rupee trade. Unfortunately, the dire situation arising out of the Ukraine conflict has made Moscow turn away from bilateral rupee transactions. The yuan seems to have stormed the Russian economy. Hope this is a fleeting trend.

Bangladesh appears keen on the Indian rupee trade because of its depleting dollar kitty, which stands at \$30.18 billion. Dhaka owes \$41.1 million to India's public sector oil company Numaligarh Refinery Limited and \$147.2 million to Indian Oil Corporation.

It could be a win-win situation if India expanded bilateral rupee trade with Asia. For that, of course, the RBI has to ensure the rupee's stability, which will enhance consumer confidence and lead to wider acceptance.

At last, India is finding its rightful place in the world

The speed with which the current government is addressing the challenges gives hope for a brighter future.

SRI SRI RAVI SHANKAR

INDIA, the most ancient living civilisation of the world and the oldest, largest and the most vibrant democracy, had a dream of 'Sarve Bhavantu Sukhinah' - everyone be happy and everyone prosper. In the past nine years, India has made a significant progress in this direction. A resolute Prime Minister with strong administrative skills, the unflinching support of the people and modern technology have made it possible.

This has kindled hope in the youth and the poorest of the population. While previous prime ministers have admitted that the end beneficiary only gets around 10 per cent of what is allocated by the government for them, the current PM, Narendra Modi, has made sure that the end beneficiaries get their full due by facilitating the opening of an unprecedented number of bank accounts and transferring money directly to these accounts.

While unemployment is a big issue worldwide, steps have been taken to tackle it and more skill centres established not just in cities, but even in remote places of the country. Dignity of labour has been upheld as Class-IV workers have been honoured by the PM on several occasions. A big difference in the infrastructure



in such a short period of time is testimony to a developed India. In the past, while travelling in Europe, I used to hear comments from many that the health issues afflicting record numbers of people globally.

The main global trends in this period have been the once-in-a-century Covid pandemic, the increasing trend towards deglobalisation and the polarisation of the world in different camps,

the war in Europe in the form of the Russia-Ukraine conflict, the increasing climate concerns, a persistent inflation across the world and, finally, mental health issues afflicting record numbers of people globally.

While many governments in Asia are failing, India has risen with its astute and intelligent policies towards a robust and growing economy.

Foreign diplomacy has earned India an unprecedented goodwill around the globe. Though India is home to about

one-sixth of the world's population, its voice was never heard like it is being heard now. All in all, in the international arena, India is finding its rightful place. The credit for it solely goes to the current government and its policies.

India's well balanced act over the Russia-Ukraine conflict by not taking sides has put it on the mantle as a nature mediator and peacemaker of the world. While many Asian economies are collapsing and inflation is a big issue in many countries, India

has shown an incredible resilience. During the Covid pandemic, the government took steps to make sure that nobody went hungry.

In spite of having a huge draw of domestic and international tourists, places of pilgrimage in the country had been dirty and had an abysmal infrastructure. Most of these places were ignored by previous governments. In the last few years, the facilities that places like Varanasi, Ujjain, Kedarnath and Rishikesh have received would be appreciated for years to come.

The new education policy is a revolution as compared to the earlier outdated colonial education system which was a blot on the intelligence of the modern civilisation. It's a relief for our youth; they don't have to bury their brilliance anymore as they have received an open field to express their creativity. The initiatives taken in this field have enhanced the quality of education in the country and made it more accessible to all.

Importance and encouragement have been given to art and culture. Many new museums have been opened and many forms of art have found a place in them. This shows the possibilities we have and how we were a nation of sleeping giants, not realising our true potential.

Though the political leaders and par-

ties have faith in religious rituals and practices, they have not been open about it. Modi has never been shy of admitting them and he has restored the pride in adopting them. He even introduced this invaluable and intangible heritage to other world leaders. The progress of any society depends on the confidence and self-esteem of the people. Honouring one's roots and one's culture can raise self-esteem and this has been done very well without hesitation or prejudice.

The North-East, which was ignored for a long time, has woken up to its many possibilities. The development achieved in Kashmir and justice given to its women are an eye-opener and demonstrate how one can undo the wrongs done to one's own people. This poses a big challenge for the cynics and critics. Many are not aware that Modi had gifted a new parliament building to Afghanistan. The presidential palace in Nigeria was also built by India a few years back. And now, Modi has dedicated a beautiful Parliament building to our country, honouring the Constitution and our traditions. A marvellous structure has been built in a short period of time.

But all is not rosy. Many avoidable mistakes have been made and there is a long way to tackling unemployment, rising prices and other issues.

## CARRY ON JATTA 3 TRAILER: Gippy Grewal transfers familiar plot to London for the third installment

**Apart from Gippy and Sonam, Carry on Jatta 3 also stars Binu Dhillon, Gurpreet Ghuggi, Jaswinder Bhalla, Karamjit Anmol, Kavita Kaushik, and BN Sharma.**

The third installment of the popular Punjabi film franchise Carry On Jatta is set to release soon. On Tuesday, the makers released the trailer of Carry On Jatta 3. Much like the first two films, the ensemble cast of the movie is reprising their roles with a few new additions to the cast. This time too, the plot revolves around Gippy Grewal's character and his shenanigans whilst trying to get married to the woman he loves, played by Sonam Bajwa. The trailer shows that unlike the previous two films, which were set in Punjab, this one is set in London.

Once again, Gippy's character has fallen in love but getting married is no piece of cake for him. Directed by Smeep Kang, the movie is scheduled to hit screens on June 29. Watch the trailer of Carry on Jatta 3 here: Apart from Gippy and Sonam, Carry on Jatta 3 also stars Binu Dhillon, Gurpreet Ghuggi, Jaswinder Bhalla, Karamjit Anmol, Kavita Kaushik, and BN Sharma. Aamir Khan and Kapil Sharma attended the trailer launch of Carry On Jatta 3 and danced with Gippy Grewal.



## Naseeruddin Shah on role of artistes in times of propaganda films: 'People whose voices matter are all scared'



Actor Naseeruddin Shah says the only way to fight bigotry, propaganda and films designed to spread disinformation is through artistes speaking up and using their voice in making a difference. The only problem? There aren't many who are willing to do so, Shah laments.

The last few years have seen a rise in films about sensitive issues, getting a treatment which, many dubbed as blatant propaganda. In an interview with indianexpress.com, Shah called the phase "worrying" and noted how "pure, undisguised propaganda", which was Islamophobic in nature, was being "lapped up" by people.

When asked, what is the role of an artiste in these fractured times, Shah said ensuring that they speak up and make it a point to not champion anything that doesn't align with their world view.

"To make your voice heard, if it carries any weight; to not participate in movies which clash with your own beliefs, or any work which clashes with your beliefs. To make one's voice heard, which is unfortunately not the case with a lot of people whose voice, if it were raised, would make a difference. But they're all scared. They all want to be on the winning side," Shah told indianexpress.com in an interview on Monday.

The veteran, however, noted that art alone can't bring in healing; it has to be backed by action, which comes from a space of fearlessness, that many at the moment lack.

## Rajesh Khattar recalls the time when Shahid Kapoor fell in love in school: 'I thought he was going to marry her'

Shahid Kapoor spent 11 years of his life with his stepfather Rajesh Khattar and those years were a defining time for the then 9-year-old Shahid who, until then, had been living with his mother Neelima Azeem. In a recent interview, Rajesh recalled how the three of them, him, Neelima and Shahid, were "absolutely like a normal family" and he was like a "father figure" to Shahid for 11 years.

Talking to Siddharth Kannan, Rajesh said, "I think I was a father figure, 11 years." The actor recalled an incident from Shahid's childhood when the latter liked a girl in his school, got a photo of hers and placed it in his house. He recalled, "There was a girl in his school that he liked. He got her photo and placed it at home. I was boiling after that, I was so scared. I did not



know how to deal with it. I thought he was going to marry her or something. His mother calmed me down and said no, it

doesn't work like that. If there's a photo, let it be, it won't matter later." Rajesh laughed and added, "I had a different

thought altogether. I used to think he's such a handsome boy, who is she?"

Rajesh Khattar recalled another anecdote from Shahid Kapoor's school days and said that he had to score at least 80 per cent marks if he wanted to join dance classes at Shiamak Davar and that was the only time when Shahid scored such high marks. "Everyone knows now that Shahid wasn't a brilliant student. His marks were average," he shared. Rajesh said that by the time Shahid was in senior classes, he was very frazzled because good marks were needed for his stepson's college admission.

"We made one pact. He wanted to join Shiamak. So, I said, 'Listen, if you get the percentage, 80 or so, then you do whatever you want. If not, then you have to listen to us and do what we say.'"

## Lee Seung-gi deletes Instagram posts; his agency shares explanation



Korean actor-singer Lee Seung-gi has deleted all posts from his official Instagram account, a decision his management agency said was taken for "renewal" purposes.

Lee's fans on Tuesday were surprised to discover that all posts on his Instagram page were removed, including his profile photo. Some even wondered whether his account was hacked, reported Korean outlet Soompi.

Lee Seung-gi's agency Human Made later issued a statement confirming that the actor, known for K-dramas such as The King To Hearts, Vagabond and Mouse, had personally deleted the posts.

"It is true that Lee Seung-gi had deleted all of the (Instagram) posts himself. He was not hacked and nothing has happened to him, it was just done for a renewal," the agency said in the statement.

Lee Seung-gi, who has over 4 million followers on Instagram, hosts SBS' variety show Strong Heart League, the reboot version of Strong Heart.

## Kangana Ranaut takes dig at Priyanka Chopra over her statement on pay gap: 'A-listers do films for free... only I get paid like male actors'

Kangana Ranaut excels at generating attention-grabbing headlines like no other Bollywood star. Through her unfettered nature and biting comments directed at her contemporaries, coupled with her frequent involvement in political debates via social media, Kangana has consistently demonstrated her ability to make waves in the film industry.

One of the first to openly address and criticise nepotism in Bollywood, while pointing fingers at those who are actively involved in the practice, Kangana has now claimed that only she gets paid like male actors do, while most A-listers "do films for free".

Kangana Ranaut, Priyanka Chopra Kangana Ranaut made the statement, through an Instagram story, while reacting to one of Priyanka Chopra's interviews with BBC from last year, in which she spoke candidly about the pay gap in Bollywood and how she never got paid the same amount as her male

co-actor. "It's true women before me simply submitted to these patriarchal norms..."

I was the first one to fight for pay parity and the most disgusting thing that I faced while doing this was that my contemporaries offered to work for free on the same roles that I was negotiating for... I can say with confidence most A-listers (women) do films for free along with offering other favours because they fear roles will go to the right people... and then shrewdly release articles that they are the highest paid, haha... in the film industry everyone knows that only I get paid like male actors and no one else... and they have no one else to blame at least now," the Thalavivi actor wrote.

During the interview, Priyanka Chopra said, "I have never had pay parity in Bollywood. I have done almost 60 movies there, but I have never got paid the same amount as my male co-actor. I would get paid about 10 per cent of my male co-

actor. It (the pay gap) is substantially large and so many girls still deal with that."

"I did think that I was dark-skinned. I did think that I was not pretty enough. I did think that I would have to work a lot harder even though I was probably a little bit more talented than my co-actors who were lighter-skinned. I thought that was right because it was so normalised. I think, as I grew up, I saw things in my career that I didn't even know were right or wrong and I had to be educated and learn along the way," she added.

In 2017, while making an appearance on Karan Johar's Koffee With Karan, Kangana Ranaut called the host the "flag-bearer of nepotism" in Bollywood and also the "movie mafia".

She told Karan Johar, that he was completely intolerant towards outsiders in the industry and was the flag bearer of nepotism. "So if there is a biopic on Kangana Ranaut, you know Karan will be the antagonist," she added.

## DIPIKA KAKAR says her miscarriage hit her 'very badly': 'Took time to come out of it'



Dipika Kakar, who is expecting her first baby with husband Shoaib Ibrahim, had previously revealed that she suffered a miscarriage last year. In a recent interview, the actor said that she was affected very badly when it happened. She credited her husband for standing with her "like a rock" through that entire phase.

In a chat with TV Times, Dipika said that it was the first time she had conceived and the entire family was over the moon when they first broke the news. "That was the first time I had conceived and the entire family, including me and Shoaib, were in a different zone altogether. We planned the delivery even though it was very early but it's very natural, you start thinking about all of this. You start building expectations," she said.

Dipika continued, "When the unfortunate thing happened, it hit me very badly. Shoaib stood like a rock for me because I don't remember him being sad in front of me. No one in the family got upset in front of me." The actor recalled that she was in tears when she came back home from the hospital but her mother-in-law was there to support her.

"I reached home and started crying but my mother-in-law was extremely supportive. Nobody made me feel like something horrible had happened," she shared. Dipika said that it took her a while to "come out of it" and shared, "I took my number of days to come out of it. I was undergoing a treatment and that took a very heavy toll on my body." She added, "You can't get out of it alone, you need your family. You need your husband to be there with you."

Dipika Kakar and Shoaib Ibrahim first opened up about their miscarriage in a vlog.



## Aamir Khan says he will do a film when he is 'emotionally ready'; asks Kapil Sharma when he will invite him on his show

Bollywood superstar Aamir Khan on Tuesday attended the trailer launch of Punjabi movie Carry On Jatta 3 in Mumbai. The film's star cast, including Gippy Grewal, Sonam Bajwa, and others, were also in attendance.

At the event, Aamir addressed a question about his next project as after Laal Singh Chadda, he has not announced a film. Responding to this question, he said, "I haven't signed any film yet. I just want to spend time with my family and I am doing just that. When I am emotionally ready to do a film, I will

definitely do it." The actor was also asked why Bollywood stars don't do Punjabi films anymore citing examples of how Shatrughan Sinha, Sunil Dutt, Raj Kapoor have appeared in Punjabi films. On this, Aamir said, "For me, if the story is good, I'd do it. If it is in a different language and if I love it, then I'll learn the language and do it."

He added, "Stars back then, like Yusuf sahab (Dilip Kumar) his first language was Punjabi. Raj Kapoor too spoke in Punjabi, so it was natural for them to do Punjabi films. For us

it would be a little bit of effort. For example, Punjabi is not my first language, but I would love to do it."

He then turned to Carry On Jatta 3 director Smeep Kang and said, "If you have a good film, please tell me. I have done Andaz Apna Apna also. I am interested in doing comedy." Along with Aamir Khan, comedian and actor Kapil Sharma was also present at the trailer launch of Carry on Jatta 3. Aamir also shared how he has become Kapil's fan in the last few months as he watches his show The Kapil Sharma Show

on TV before he goes to bed every night. He shared, "I am doing less work these days and spending more time with my family. So, I enjoy watching comedy in the evening. I watch something funny before I go to sleep. Since last few months I've been watching The Kapil Sharma Show and I have become his (Kapil Sharma) fan. I called him a few weeks ago to thank him for the entertainment through his show and making people laugh. It is a big thing to make people laugh. Thank you, Kapil." Aamir then put Kapil on the

spot and asked him why he was never invited him on The Kapil Sharma Show. He said, "It is spending more time with my family. So, I enjoy watching comedy in the evening. I watch something funny before I go to sleep. Since last few months I've been watching The Kapil Sharma Show and I have become his (Kapil Sharma) fan. I called him a few weeks ago to thank him for the entertainment through his show and making people laugh. Thank you, Kapil." Aamir then put Kapil on the

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# LifeBoost Keto ACV Gummies Shocking Benefits



REVIEWS [KETO+ACV LIFEBOOST GUMMIES]  
LIFE BOOST KETO ACV GUMMIES 2023 SCAM  
EXPOSED

**K**eto edibles are the latest discovery that everyone is talking about but with a slightest overturn in every individual's thought about getting weight loss results. However the most important question still arises whether you should try keto edibles or not? LifeBoost Keto ACV Gummies qualify on every single ground of weight loss supplementation that perfectly caloric management as well as metabolic resistance in the natural fat loss process. Ketogenic diet helps to control the vital aspects of fat loss that ultimately works in your favor to achieve your long lasting fitness goals. Dietary management is the key aspect that keto diet primarily controls when it comes to calories management because every single dietary solution comfortably adopts according to the uses dietary habits.

What are the problems associated with being overweight? There are plenty of health problems that are associated with your individual body weight because of an interconnected system that regulates fat production as well as body repositioning. Under such conditions our body goes through invasive changes that will shape your physical appearance in front of others. For most individuals staying below 30 BMI is the only thing that they see in the hope of getting fit at any age possible. But as with going on high rate fast food, every individual desires to be slim and attractive in their own body. But with the ongoing struggle between physical health and mental perception of the problem most people often end up having listed below problems. LifeBoost Keto ACV Gummies generally help to resolve over-

weight problems. LifeBoost Keto ACV Gummies are the perfect combination of a ketogenic diet and a tasty gummy treat that would help you to address obesity and overweight problems through weight loss. However these problems are slightly complicated because of the natural environment of diet appetite and metabolic state of the body. Generally people feel occupied with several health problems that might affect their lifespan and the only possible solution really seems to be fat loss. Ketogenic diet strategically helps you to lower hunger cravings and appetite control your appetite for sustaining in the ketosis regime for weight loss. Most importantly there are several other aspects that require your attention in the weight loss process. LifeBoost Keto ACV Gummies

features for weight loss. LifeBoost Keto ACV Gummies truly opt a natural way to address obesity or overweight problems which is providing weight loss in an advance that would suit your modern lifestyle. Fortunately the keto diet simplifies the fat utilization process in which your body can easily loose extra amounts of body fat through producing Ketone bodies. These are the essential energy resources that can be utilized by the body. Listed below as some of the great features of the keto Gummies:-

In the Keto diet the most intriguing factor is to initiate the ketosis state which is the challenge it self but with the help of appetite control and vital ingredients you can easily satiate your hunger cravings naturally.

By taking keto Gummies you will be feeling much more optimal in terms of hunger cravings and you can easily avoid the sugar cravings without any forceful restriction.

Ketosis state represents a higher metabolic state that can start fat utilization at its very best by breaking down fat molecules in the liver and converting it into Ketone bodies that can be used by the body itself.

BHB(Beta-Hydroxybutyrate) is a primary energy source that ultimately helps your body to assist in the energy production properly replacing the traditional glucose during fat loss.

Keto gummies are considered the best and most effective dietary conception method through which your body will get natural ketosis stimulant as well as you won't be feeling tired of taking Gummy bears everyday.

How does it work? LifeBoost Keto ACV Gummies precisely work on the basis of keto diet which represents an extreme method to lose extra body fat effectively. But the most challenging aspect is the diet itself because the fact that you need low carbohydrate in order to start the keto diet brings appetite control on the table. Keto Gummies are equipped with appetite separation ingredients that would help your body to survive on low calorie food and help you to overcome overeating disorder to maintain calories deficit state. However the most crucial aspect is to sustain on the ketosis regime which is a fat utilizing state. This particular state requires proper flow of Ketone bodies in the blood that can be provided by the help of exogenous ketones to support feed breakdown in the liver. Finally Ketone bodies need to be utilized properly and should be placed before glucose because of its relevance in the ketosis state.

LifeBoost Keto ACV Gummies are required to be effective on every single ground of keto diet in order to deliver weight loss benefits to its user.

## Paleo and keto diets bad for health and the planet, says study



**T**he health benefits of a meat-based versus a plant-based diet are often hotly debated both in the research community and by self-styled health gurus on social media platforms. A new study adds another checkmark to the plant-based column, this time looping in the environmental impact from choosing the paleo or keto diets over veganism. The findings, the researchers hope, could help people choose diets that are not only nutritious, but environmentally friendly as well.

When it comes to the more extreme ways of eating, the paleo and keto diets are on one side of the field, while veganism is on the other. Paleo dieters focus on meats, vegetables, fruits and nuts while avoiding beans and grains, while Keto practitioners dial back nearly all carbohydrates, focusing instead on meats and fats. Vegans avoid all animal products and animal byproducts in their diet.

While it's possible to find studies touting some benefits and some drawbacks on human health from both ways of eating, researchers out of Tulane University took a slightly different approach to comparing the eating plans: they tracked how much carbon dioxide paleo and keto diets release into the atmosphere versus a plant-based diet. Carbon dioxide is a key contributor to global warming trends, so understanding how it gets into the atmosphere can help mitigation efforts.

To compile their results, the researchers used information from a database they had previously developed called DataField, which tracks the carbon footprint of various foods. They also examined the nutritional impacts of the various types of diets by applying point values derived from the federal Healthy Eating Index to data from over 16,000 adults participating in the CDC's National Health and Nutrition Examination Study.

## OVER 95% OF AMERICANS ARE MISSING OUT ON THESE VITAL OMEGA-3 FATS

**A**s a nation, we're seriously missing out on some highly important healthy fats. You guessed it, I'm talking omega-3s—specifically, marine-derived omega-3 fatty acids EPA and DHA. The fact is, the majority of health benefits you likely associate with omega-3s—such as promoting cardiovascular health, cognitive function, healthy vision, and a normal inflammatory response—come from EPA and DHA.\* And yet, most Americans aren't getting nearly enough.

How much EPA and DHA do we need? While official daily nutrient requirements for EPA and DHA don't currently exist, the Dietary Guidelines for Americans suggest eating two 4-ounce servings of fish each week, which equates to approximately 250 to 500 milligrams of EPA plus DHA per day.

For heart health benefits, the American Heart Association recommends even more: At least 1,000 milligrams (i.e., 1 gram) of EPA plus DHA daily to promote optimal cardiovascular function and longevity.\*

The average U.S. adult consumes way less: Only 86 milligrams daily! More than 95% of Americans and 80% of people worldwide have low levels of EPA and DHA omega-3s.\* COED's director of consumer and health care practitioner communications, Elana Natker, M.S., R.D., previously shared with mindbodygreen.

Luckily, the solution to getting sufficient amounts of these vital fatty acids is quite simple—even if you're not a seafood lover.

## WEIGHT LOSS: 7 TIPS THAT WILL HELP YOU PRACTICE MINDFUL EATING

IF YOU ARE PUZZLED ABOUT HOW TO PRACTICE MINDFUL EATING, THEN NUTRITIONIST LOVNEET BATRA SHARES SOME MUCH-NEEDED TIPS. LET'S TAKE A LOOK.

**W**e all know that it's quite hard not take a bite of a scrumptious burger when it is offered to you. In such cases, we sometimes tend to lose our control and wolf down excessive amounts of food. The tempting dishes make us want to eat more and more even when our belly gets full and we don't require any more food. This is called mindless eating when you are not really paying attention to what you are consuming and just chewing mindlessly. Doing this over a long period of time can have adverse impact on your health. Hence, it is crucial to begin mindful eating to get healthier.

So, if you are puzzled about how to practice mindful eating, then nutritionist Lovneet Batra shares some much-needed tips. 7 tips for mindful eating

1. Do not hurry
- The nutritionist says that you must not hurry while eating your meal and take things slow. This will ensure that you focus on what you are eating rather than just gulping down food.
2. Chew properly
- Our parents often tell us to focus on chewing and grind the food properly before swallowing it. Chewing properly is another important part of mindful eating and the nutritionist advises that you must start focussing on it.
3. Put down the phone



Scrolling social media pages endlessly while eating is the new normal. But, if you want to eat mindfully then switch off your TV and keep your phone down.

4. Eating in silence

Rather than talking and having debates at the dinner table, consider eating in a room in silence.

You can also choose to sit in the open where there isn't much

noise. 5. Think about how the food makes you feel

Every food has a different texture, taste, and consistency. So, when you eat a spoonful of something, try to focus on what feelings that food is evoking.

6. Stop eating when its time
- No matter how delicious the food is, you are not supposed to eat once your belly is full. Overeating is associated with many health problems and you should avoid doing that.
7. Why are you eating?
- It is important to ask yourself if you are truly hungry or just eating because the food is tasty. Also, ponder upon the choices you make when it comes to food and check if it's nutritious or not.

## Mediterranean diet may help prevent memory loss in people with MS

**A**Mediterranean diet may help multiple sclerosis (MS) patients ward off damage to their thinking skills.

New research finds that a diet rich in veggies, fruit, fish and healthy fat reduced their risk of developing memory loss as well as losing the ability to concentrate, learn new things or make decisions.

A loss of such key mental skills, or "cognitive impairment," is a common feature of MS, a neurological disease that short circuits critical communication between the brain and body.

But the new analysis of diet and mental status among 563 people with MS linked the Mediterranean diet to a 20% lower risk for cognitive difficulties.

"Mediterranean diet is a broad term and there are geographical variations," said lead author Dr. Ilana Katz Sand, an associate professor of neurology at Icahn School of Medicine at Mount Sinai in New York City. "However, it refers to an overall pattern that favors fruits, vegetables, olive oil, nuts, fish, and whole grains and limits meats - particularly red meat - baked goods, and highly



processed foods." Prior research has suggested that Mediterranean diets "have broad health benefits," Katz Sand added, including some protection against heart disease, obesity, cancer, diabetes, Alzheimer's and overall mental health decline.

"In this study," she said, "we demonstrate a significant positive

association between the level of alignment of one's diet with a Mediterranean pattern and better cognition in people with MS." Katz Sand stressed that the protective association "remained" even after her team accounted for factors that can influence mental status. Those included age, gender, race, ethnicity, income, obesity, diabetes,

smoking history, exercise habits and high blood pressure.

About 7 in 10 of the study participants were women, at an average age

function of the gut microbiota, (meaning) the bacteria that live in the gut," she suggested.

In sum, she noted, the metabolites

for people living with MS, we need well-designed interventional studies that provide a high level of evidence." Connie Diekman, a former pres-

**NEW RESEARCH FINDS THAT A DIET RICH IN VEGGIES, FRUIT, FISH AND HEALTHY FAT REDUCED THE RISK OF DEVELOPING MEMORY LOSS AS WELL AS LOSING THE ABILITY TO CONCENTRATE, LEARN NEW THINGS OR MAKE DECISIONS AMONG PATIENTS WITH MULTIPLE SCLEROSIS**

of 44. All completed a nutrition assessment and a screening for mental sharpness, or acuity.

About 19% of the MS patients had already experienced some degree of mental decline.

"When we grouped people according to their Mediterranean diet score, those in the lowest (scoring) group were far more likely to meet our criteria for cognitive impairment than those in the higher (scoring) groups," Katz Sand said.

More research will be required to fully understand why such a diet would be protective among MS patients.

One possibility: The benefit may owe to "the chemical structure of the foods themselves, and the effects of these foods on the composition and

produced by digestion may have 'distant effects outside the gut, including the ability to protect the brain from physical and cognitive decline due to MS." Katz Sand stressed that the findings are "observational," reflecting the cognitive status of each participant at one moment in time. In other words, the study cannot prove that a Mediterranean diet staves off progressive mental decline in MS patients.

"We are encouraged by these results, but because of the study design, we are not able to say certain that if people make a change in their diet, that they will have better cognition going forward than if they did not make that change," Katz Sand said. "Before we make recommendations that promise particular benefits

dent of the Academy of Nutrition and Dietetics who reviewed the findings, agreed that more research is needed to understand how the eating regimen might help MS patients and whether it changes the course of the disease.

Diekman said the study adds to existing research and "appears to further the support for a Mediterranean-type diet," both for MS patients and as "a positive for everyone."

The researchers released their findings Wednesday in advance of a presentation scheduled for late April at the American Academy of Neurology annual meeting, held in Boston and online. Research presented at meetings is typically considered preliminary until published in a peer-reviewed journal.



# Samba admin gears up to host Chamliyal Mela

## DC REVIEWS ARRANGEMENTS WITH STAKEHOLDER DEPARTMENTS FOR ANNUAL EVENT

JJ NEWS SERVICE

SAMBA, MAY 30: Deputy Commissioner Samba, Abhishek Sharma today chaired a meeting to review the preparations for the upcoming annual mela at Baba Chamliyal Shrine. The highly anticipated mela is scheduled to take place on June 22, 2023, at the Baba Chamliyal shrine situated near the International border in Ramgarh sector.

During the meeting, the DC emphasized the need for well-planned arrangements to ensure the smooth conduct of the mela. The officials from the Roads and Buildings (R&B) depart-



ment were directed to prioritize the blacktopping of all major roads leading to the shrine well in advance of the event. Additionally, repair and improvement works were advised to enhance the convenience of the devotees visiting the shrines. Uninterrupted water supply was also

stressed upon. To enhance the overall experience and safety of the attendees, the Power Development Department (PDD) was instructed to ensure proper lighting arrangements and uninterrupted power supply throughout the mela. The DC also emphasized the

significance of maintaining proper sanitation at the shrine and requested the installation of an adequate number of dustbins in view of the large influx of devotees expected during the annual event.

The DC emphasized the importance of coordinated efforts by all concerned

departments to ensure timely and efficient arrangements for the mela. Furthermore, the DC addressed the BSF authorities regarding the removal of bund near the shrine to facilitate the expansion of services. Security arrangements, as well as preparedness related to Fire and

Emergency Services and traffic regulation, were also reviewed during the meeting.

To maintain smooth traffic flow and prevent road encroachment, the DC called for proper arrangements for setting up temporary shops near the roadside. It was stressed that the mela should be organized at a grand level, and all officials were urged to ensure its success. The meeting was attended by SSP Samba, Benam Tosh, SDM Ghagwal, Chief Agriculture Officer, Tehsildar Kamgarh, Xens of PWD, PDD, and PHE as well as the Commandant BSF.

## Successful conduct of e-Auction of seven Minor Mineral Blocks in District Jammu generated revenue of Rs 55 Crores

JJ NEWS SERVICE

JAMMU, MAY 30: The District e-Auction committee, under the Chairpersonship of Deputy Commissioner Avny Lavasa, successfully conducted the e-Auction of three minor mineral blocks located in Tawi river on 30 May 2023.

The e-Auction notice for these three blocks was notified on 04-05-2023 by District Mineral Officer, Jammu and the e-Auction for the same was conducted under the supervision of ADC L&O Harvinder Singh. The Department of Geology & Mining had identified 32 minor mineral blocks in Tawi river and its tributaries in District Jammu, out of which clearances for 07 Number of Minor Mineral Blocks were issued by Single Window Committee of District Jammu.

These blocks were put to e-Auction and four blocks had already been successfully auctioned and L&Os have been issued H1 Bidders, for which revenue of Rupees 15 Crores was generated.

The remaining three blocks following in the Tawi river which were e-Auctioned on 30-05-2023 generated additional revenue of Rupees 40 Crores which is the highest ever recorded revenue for any minor mineral block in J&K. During the e-Auction, the highest bid amount for Block Number 12/J and 13/J was submitted by M/s Choudhary Power Projects Pvt. Ltd. and for block 19/J highest bid amount was submitted by Sandeep Singh.

The e-Auction was conducted in presence of Dr. Gulsan Kumar, District Mineral Officer, Jammu (Member Secretary), H.L. Langoh, Joint Director, Geology & Mining, Jammu, Ashok Khajuria, Treasurer, Officer, Jammu, Kumar Jatinder Sharma, Executive Engineer, (flood Control) and Fungo Ram Bhagat, Executive Engineer, (Irrigation).

## Doda hosting Lavender Festival on June 4; District admin starts preparations

### Also discusses Activity plan for Int'l Yoga Day

JJ NEWS SERVICE

BHADERWAH, MAY 30: District Development Commissioner (DDC) Doda, Vishesh Mahajan today chaired a meeting to discuss and review the arrangements for Lavender festival being held at Bhaderwah on 4th of June 2023. He also discussed the activity plan for celebration of International Yoga Day.

It was informed that the Lavender Festival Function shall be held at Bhaderwah Campus on 4th June and International Yoga Day on 21st June 2023 at Jai Valley Bhaderwah. A large number of people including high level dignitaries are expected to visit Bhaderwah during these events. The meeting decided that a colourful cultural programme shall be held at the community Hall and the artists



of the District shall be invited to participate in it. Threadbare discussion was held with regard to the venue, decoration of stage, safety and security measures, traffic management, parking facility, lodging of the guests, besides availability of other essential services on the scheduled days and dates. The DDC directed ADC Bhaderwah and other concerned officers

to work in coordinated manner to make the programmes a grand success and memorable. The concerned were directed to take the step forward and ensure checking of Hotels, Guest Houses etc in the Bhaderwah, besides ensuring the cleanliness of municipal area, roads, streets and venue of programme.

## DC inspects progress on Multi Storey Car Parking at New Bus Stand Doda

JJ NEWS SERVICE

DODA, MAY 30: Deputy Commissioner Doda Vishesh Mahajan today inspected the status of work on the upcoming Multi storey Car Parking here in the Bus Stand.

Deputy Commissioner was accompanied by SE R&B (PWD) Circle Doda RP Singh, Executive Engineer R&B Doda, Manoj Gupta, EO MC Doda Yousaf-Ul-Umar and other officers. Inspecting the project, DC Doda directed the executing agency to expedite the pace of work on the prestigious project and ensure its completion within the stipulated time frame.

He said that it will go a long way in providing quality infrastructure facilities to the people.

## Power shutdown

JJ NEWS SERVICE

SRINAGAR, MAY 30: Power Controller Kashmir has informed that, the power supply to Receiving Stations Gulshanabad and Mitragam shall remain affected due to facilitate installation of hardware on May 30 from 10 am to 4 pm.

Similarly, in order to facilitate Branch Cutting of trees lying in the vicinity of 132Kv Mirbazar-Kulgam Transmission line the power supply to receiving stations Kulgam, Yarpura, DH Pora and Devsarl shall remain affected on June 04 from 10 am to 5 pm.

Likewise, in order to facilitate Branch Cutting of trees lying in the vicinity of 33 Kv lines the power supply to receiving stations Ashajpora, Dalgam, Brakpora and Malakng shall remain affected on June 01 from 10 am to 4 pm and receiving stations Brakpora, Malakng and Anchidra and Akura shall remain affected on June 03 from 10 am to 4 pm. Similarly, in order to carry out erection of ST Poles the power supply to receiving stations Karan Nagar and Shalistro shall remain affected on June 04 from 10 am to 4 pm. Likewise, in order to carry out laying of OPGW on 132 Kv Wanpoh-Awantipora Transmission line the power supply to 132 Kv Wanpoh-Awantipora Ckt-L, 33Kv SICOP Line (From Wanpoh GSS), 11Kv Wanpoh Feeder (From Harnag receiving station) and 11 Kv Railway Feeder (From Harnag receiving station) shall remain affected on May 31 from 05 am to 05 pm.

### 11th NCORD meet held at Doda

## DM bats for final attack on drug peddling Poppy & Cannabis cultivation

JJ NEWS SERVICE

DODA, MAY 30: Appreciating the efforts of the civil and police administration in fighting drug menace, District Magistrate Doda, Vishesh Mahajan and SSP Doda Abdul Qayoom today batted for a final attack on drug trafficking, Cannabis and Poppy cultivation to make the district drugs free.

The DM was speaking at the 11th district level Narco Coordination Centre (NCORD) Committee meeting here in the DC office, the other day. Directions were given to all the ADCs, ASPs, SDMs, SDOs, Tehsildars, and SHO's to step up the onslaught to end this menace.

The DM asked the health and education department to submit the figures of students checked, counselled, and cases referred to the rehabilitation centres, if any, in every NCORD meeting henceforth.

Sub-Divisional and Tehsil level authorities were entrusted to provide details, including revenue records of those involved in Poppy and Cannabis cultivation in the district, to take stringent legal action against them.

The meeting also discussed the setting up of a Drug De-addiction and Rehabilitation centre in the old hospital building in Bhaderwah. The results of drug testing kits distributed in the areas vulnerable to drug addiction were also discussed during the meeting.

SSP informed that 15 FIRs have been lodged against drug peddlers in the current year, and many others are under surveillance.

Moreover, 5 FIRs have been lodged against the Poppy plant cultivators during this year. He assured the meeting that stringent action shall be taken against the persons involved in drug trafficking.

The meeting was attended by ADC Doda, ADC Bhaderwah, ASP Bhaderwah, SDM Thathri, SDM Gandoh, SDM Assar, SE PWD, ACD Doda, ACP Doda, CAO, DMO Doda, DFO Bhaderwah, and other concerned officers and officials.

## "Didi Ki Rasoi" SHG run canteen opened in DC Office Complex Poonch

**Initiative aims to empower women Self-Help Groups by providing Employment opportunities: DC**

JJ NEWS SERVICE

POONCH, MAY 30: Deputy Commissioner Poonch, Yasin M. Choudhary, inaugurated a new canteen called "Didi Ki Rasoi" in the premises of the Deputy Commissioner Office Poonch.

The eatery, being run by Women Self Help Group Members, will serve a variety of affordable, home-cooked meals to office staff, visitors, and the general public. The inauguration ceremony was attended by Additional Deputy Commissioner Poonch, Tahir Mustafa Malik, Chief Planning Officer Poonch, Maqsood Ahmed, Manager Social Dev and Infrastructure under DAY-NULM Ishfaq Ahmed, several dignitaries, including government officials, members of the self-help groups.

## GDC Bhaderwah observes "International Day of Action for Women's Health"

JJ NEWS SERVICE

DODA, MAY 30: As part of the community outreach program, the Women Development Cell and CASH Committee of Government Degree College Bhaderwah, in collaboration with Sub District Hospital Bhaderwah, organised an awareness program on Women Health at village Gutassa. The event was organised to mark the "International Day of Action for Women Health" under the guidance of the College Principal Dr. K. K. Sharma. The program started with the formal welcome address presented by Dharam Singh, Sarpanch Halqa Gutassa. Dr. Heenu Sharma from SDH Bhaderwah and Prof. Pinky Kotwal delivered a lecture to the women folk on Women Health in which she talked about the issues related to physical health and mental health of a woman and also advised them to take care of their health.

A medical checkup of some of the women was done by the doctor and prescribed medicines were also distributed among them free of cost.

## 5th Faizal Abbas Memorial Volley ball tournament concludes

JJ NEWS SERVICE

JAMMU, MAY 30: The 5th Faizal Abbas Memorial Volley ball Tournament, which commenced on 22nd May, 2023 at Government Polytechnic College, Jammu concluded here today.

Principal Secretary, Skill Development Department, Dr. Asgar Hassan Samoon was the chief guest on the concluding ceremony while Director Skill Development Department, Sudershan Kumar, was the guest of honour. Principal, Government Polytechnic College, Engineer Arun Bangotra highlighted that the volleyball tournament is being organized since 2016

in memory of one of the finest volleyball players of the college Late Faizal Abbas Ashoor. He also highlighted other activities being undertaken by the Sports wing during the current session.

The summit clash for the title of 5th Faizal Abbas Memorial Volleyball tournament was held between Automobile Engineering and Electrical Engineering in which Electrical Department knocked down Automobile Engineering 2-1 (25,13), 25-17, 25-19 and lifted the trophy. Earlier, Automobile Engineering won against Mechanical Engineering by 2-0 (25-12, 25-17) in the first set and in the 2nd semifinal Electrical Engineering were victorious over

Computer Engineering by 2-1 (25-18, 25-19, 25-20). Dr. Asgar Hassan Samoon appreciated the efforts of Government Polytechnic Jammu for organizing such sports events in the college campus which will inculcate good habits among the students for a brighter future.

The tournament was organized under the overall supervision of Amit Kumar Sharma, Lecturer, Travel and Tourism and Sports Secretary, Chamel Singh, Physical Education Master, Toshi Devi, PET of Sports Department. Others present on the occasion were Engineer Suket Gupta, Principal Government Polytechnic for Women Jammu, Neelanjana Manawati,

Principal Government Polytechnic Samba, Engineer Vivek Mahajan, Principal Government Polytechnic Ramban, Rashid Sheikh Principal Government ITI Jammu, Amanpreet Singh, Superintendent Government Women ITI Jammu, Superintendent Government ITI Samba, Ruchi, Superintendent Government ITI R S Pura, Engineer Inderjeet Singh Workshop Superintendent, Engineer, Kuldeep Singh Registrar JK Board of Technical Education Engineer Raj Kumar HOD Mechanical Engineering, Engineer Rani Devi, HOD IT Engineering, Engineer Manjot Singh HOD Electrical Engineering, Engineer Manish Kumar.

## Social Welfare Department organises awareness Camp on Nasha Mukht Bharat Abhiyan for Tribal Empowerment

JJ NEWS SERVICE

POONCH, MAY 30: The District Hub for Empowerment of Women Mission Shakti Poonch, in collaboration with the OSC Poonch and ICPS Department, conducted an awareness camp on "Nasha Mukht Bharat Abhiyan for Tribal Empowerment" here in High School Bagyal Darra.

The camp was conducted under the guidance of the District Social Welfare Officer, Mohinder Paul.

The Social welfare Officer, Mohinder Paul said that the Government of India Ministry of Social Justice and Empowerment has announced an initiative "Nasha Mukht Bharat Abhiyan for Tribal Empowerment" scheduled to be held from 23rd May to 30th June. Under the initiative, a range of interactive and educational activities have been planned as part of a month-long Programme



which aims to empower the tribal population living in border areas by creating awareness about the harmful effects of substance abuse and promote a healthy and drug-free lifestyle among tribal communities. The awareness camp was held as part of the Azadi Ka Amrit Mahotsav to educate the students about the Nasha

Mukht Bharat Abhiyan launched on 15th August 2020. The campaign aims to tackle the issue of substance abuse and create a drug-free India.

During the awareness programme, the speakers highlighted the causes, consequences, and treatment options for substance abuse. They also emphasized the role of rehabilitation centres in

providing various therapeutic interventions for those struggling with addiction.

The initiative also aimed to create awareness about the Nasha Mukht Bharat toll-free helpline number 14446 among students. The staff of the District Hub for Empowerment of Women Mission Shakti Poonch distributed pamphlets to the children, providing them with information about the helpline number and how to access it.

Speaking about the initiative, the District Social Welfare Officer, Mohinder Paul, said, "The Nasha Mukht Bharat Abhiyan is an important campaign that aims to address the issue of substance abuse and create a drug-free India. It is our responsibility to educate the youth about the harmful effects of substance abuse and provide them with access to the necessary resources to combat this issue."

The awareness camp received a positive response from the students, who appreciated the efforts made by the District Hub for Empowerment of Women Mission Shakti Poonch, OSC Poonch, and ICPS Department in creating awareness about the Nasha Mukht Bharat Abhiyan.

The Nasha Mukht Bharat Abhiyan is a significant step towards empowering tribal communities and promoting their overall well-being and the initiative of the government to provide tribal communities with the necessary tools and resources to lead a healthy and productive life.

During the Nasha Mukht Bharat Abhiyan, the Social Welfare Department created awareness about the harmful effects of substance abuse among tribal communities.

The Department has also urged tribal communities to actively participate in the initiative.

## Empowering women is vital for the overall development of J&K: Advisor Bhatnagar

**CHAIRS 27TH BOBS MEET OF JKWDC**

JI NEWS SERVICE

SRINAGAR, MAY 30: Advisor to Lieutenant Governor, Rajeev Rai Bhatnagar today chaired the 27th Board of Directors (BoDs) meet of Jammu and Kashmir Women's Development Corporation (JKWDC) here.

The meeting was attended by Commissioner Secretary, Social Welfare department, Sheela Nanda; Managing Director, JKWDC, Ulfat Jabeen; DG, Budget and representatives of Planning Development and Monitoring department, National Minorities Development and Finance Corporation (NMFDC), National Backward Classes Finance and Development Corporation (NBCFDC), National Handicapped



Development Corporation (NHFDC) both in person and through video conferencing. During the meeting, the Board held detailed deliberations on differing aspects of the corporation besides action taken report of previous board meeting was also discussed in meeting. The meeting also discussed strategies and

initiatives aimed at enhancing women's development and welfare in Jammu and Kashmir. The meeting also focused on formulating progressive policies, devising effective implementation frameworks, and exploring innovative avenues for advancing women's economic, social, and educational empowerment across

Jammu and Kashmir. Speaking during the meeting, Advisor Bhatnagar emphasized the Corporation's unwavering dedication to empowering women from diverse backgrounds, enabling them to achieve economic independence and equal participation in society. He highlighted the need for inclusive programs and initiatives that cater to the unique challenges faced by women in the region, acknowledging that empowering women is vital for the overall development of Jammu and Kashmir. Commending the corporation for their performance in previous financial year, Advisor Bhatnagar called upon the management of the corporation to launch massive awareness campaign in all districts of Jammu and Kashmir so that maximum women take benefits of different schemes operated by JKWDC.

He also asked them to revise the targets for the ongoing financial year so that more women are brought under the ambit of JKWDC. During the meeting the Board of Directors reviewed the Corporation's ongoing schemes, evaluated their impact on women's lives, and explored potential ways and means to further strengthen their efforts. The discussion also revolved around identifying key areas where the Corporation can expand its reach and engage with marginalized communities, ensuring that no woman is left behind. The BoDs approved and adopted draft Balance Sheet for the year 2021-22. The Board also decided that the vacant posts will be filled only after the proper recruitment rules are notified by the corporation with the approval of Administrative department.

## 100 Laptops provided to Jammu Division Govt Schools for girl students

JI NEWS SERVICE

JAMMU, MAY 30: Director School Education Jammu, Ashok Kumar Sharma today distributed 100 free laptops, 25 laptops each to Boost, Kathua, Jammu and Kashmir districts for the government school girls of Jammu division here at a function organised in the Government Girls Higher Secondary School Mubarak Manadi. The event was marked as an important step towards promoting digital literacy and IT awareness among girls in line with the vision of the Prime Minister, Narendra Modi.

The laptops were distributed by the Director, the chief guest on the occasion, along with the guests of honour. K K Parashar, representative of Paytm Foundation and General Secretary, MAHAMANA MALAVIYA MISSION, JAIPUR (RAJ) and Dharmendra Jhamb, Vice President, Paytm Foundation, New Delhi, S S Rathore, Chief Education Officer, Jammu and the Principal of the school, Poonam Sharma. Speaking on the Director said that the aim of the program was to bridge the digital divide and empower the girl students by providing them access to digital platforms, digital education, and IT awareness. Addressing the teaching fraternity, he said that the Directorate keeps reinventing itself to keep up with the changing times in order to provide the students with the latest teaching aids and tools. "We believe that digital literacy is the key to unlock the potential of individuals, businesses, and nations. We are committed to bridging the digital divide by providing access to digital platforms and education to everyone, regardless of their gender or geographical location", he added.

The event was marked as a significant milestone in promoting digital literacy in Jammu and Kashmir, especially among girls, who often miss out on the opportunity to access digital platforms and IT education due to various social and cultural barriers.

## Director inaugurates 'Job Fair' at Employment Complex Jammu

**EIGHTEEN COMPANIES OFFER 500 JOBS, OVER 1000 JOB SEEKERS PARTICIPATE**

JI NEWS SERVICE

JAMMU, MAY 30: Director Employment, Nisar Ahmad Wani, today inaugurated one day 'Job Fair' at Employment Complex, Toph Sherkhania, Jammu.

The event was organized by District Employment and Counseling Centre, Jammu, wherein eighteen companies participated and offered more than 500 jobs in different sectors. The event witnessed an overwhelming response from job seekers with more than 1000 youth participating in the event.

On the occasion, Director interacted with the job providers and job seekers and highlighted the importance of such events for educated unemployed youth of the region.

He said that the government is facilitating the unemployed youth to avail employment in the private sector by organizing regular Job fairs. The main purpose



of these events is to bridge the gap between job seekers and Job Providers and provide them a common platform, he added. He encouraged and motivated the participants to broaden their career choices and seek alternate employment avenues by looking for gainful employment opportunities available in private sector. He also deliberated upon various other departmental activities and emphasized on self employment in addition to employment in private sector.

Director said that such platforms are meant to provide private companies with an opportunity to exhibit their vacancies, skill

requirements and make on spot recruitments whereas the unemployed youth get an opportunity to interact with companies available under one roof, learn about skills in demand and secure gainful employment for themselves. Joint Director Employment, Dr. Khalid Hussain Malik also addressed the event and highlighted the importance of the fair. Nearly, eighteen companies from different sectors including HDFC Bank Limited, Axis Bank Limited, Bajaj Allianz Limited, Jio Mart, Emcare Pharmaceuticals, Ravenhbb Biotech, Paytm, Nov Solutions, Fairdeal Motors and others participated

with vacancies available in Jammu and adjacent areas. More than 1000 job seekers participated in the event, of which, 160 candidates were shortlisted by the participating companies. Pertinent to mention here that these Job Fairs are being regularly organized by the Department of Employment besides conducting quarterly Job Fairs in every district of Jammu and Kashmir through District Employment & Counseling Centers.

Additionally, the department of Employment is engaged in other activities like counseling, registration on employment Portal i.e., www.jakempn.cin (which has recently been integrated with National career Services Portal), awareness regarding self employment schemes to guide and motivate unemployed youth to seek self employment or employment in public/private sector and similar other activities.

## Mission Life for Environment: Essay Writing, Poster Making competitions held at GCW Udhampur

JI NEWS SERVICE

UDHAMPUR, MAY 30: To celebrate World Environment Day 2023, which would be observed on June 5, the NCC unit (1 J&K Girls Battalion NCC, Srinagar) of Government College for Women, Udhampur is organizing a series of activities with the support and guidance of the College Prof.

Anjali Mahajan. The series focuses on the themes of Mission Life (Lifestyle for Environment), G-20 and Azadi Ka Amrit Mahotsa. In continuation to the ongoing series of activities, the NCC unit, on the 3rd day, organized an essay writing competition on the theme 'Plastic Free India' to generate environmental awareness among the students. The medium

of expression was English and Hindi. The main aim and motive of conducting this activity was to create awareness and to generate some innovative ideas among the community on how to reduce the use of single use plastics. A total of 15 NCC cadets of 1 J&K Girls BN NCC Srinagar, actively participated in the competition and

highlighted the harmful effects of using plastic in our day-to-day life. They also expressed their views and suggestions for making India plastic free. Earlier, NCC Caretaker of the BN, Shalini Jasrotia, briefed about the rules and highlighted the main theme of the competition 'Plastic Free India'. Principal of the college, Prof Anjali Mahajan, appreciated

the efforts of the NCC cadets and explained how being environmentally conscious is extremely important and the need of the hour. She also extended warmest wishes to NCC cadets for future endeavors.

Meanwhile a poster making competition on 'Say no to plastic' was also held in the College under mission life.

## Restriction on vendors near schools, entry of vehicles in town area imposed in Doda District

JI NEWS SERVICE

DODA, MAY 30: The District Administration Doda today imposed restriction on Vendors going near schools, road side parking and dispensing of fuel to two Wheeler owners driving, sans Crash Hamlet.

Dr. R K Bhatti, Additional District Magistrate, in exercise of the powers conferred upon him WS 144 Cr.P.C. has ordered that no street vendor shall be allowed in and around 100 mtrs radius of any Educational Institution from 08:00 AM to 04:30 PM in the jurisdiction of District Doda. The order shall come into force with immediate effect and shall remain in force for a period of two months from the date of its issue. In another order, the ADM ordered the imposition of restrictions on the movement of vehicles in the municipal area of Doda town for a further period of 2 months, parking on roadside from the Old Bus Stand Doda to Old Exchange Bazaar Road Doda, besides parking of cars, bikes, scooties etc only inside parking spaces. Meanwhile, ADM Sanjeev Kumar, by virtue of powers vested under Section 144 of Cr.P.C. has ordered that no Petrol Pump station / Filling station in District Doda shall sell fuel to any two wheeler rider who is without helmet; All Petrol Station owners shall install CCTV cameras in their fuel outlets which should clearly show the footage of the buyers. Any police officer posted as Station House Officer; I/c Police Post; or of the rank of Dy. Superintendent of Police and above posted in District Doda or any Executive Magistrate of 1st class shall be authorized to check the riders footage of the petrol stations and recommend defaulters to the District Magistrate.

The petrol stations selling fuel to such traffic rule violators shall be personally held responsible and shall be dealt under law. The Station House Officers of all Police Stations in District Doda shall cause the service of this order upon all petrol stations, under intimation to the District Magistrate. It may be noted that any violation of this order will be dealt in accordance with Section of IPC.

## DIPR hosts Cultural prog cum Mushaira to promote Nasha Mukh Bharat campaign



JI NEWS SERVICE

JAMMU, MAY 30: A Cultural program cum Mushaira was today organised by the Cultural Unit of Department of Information and Public Relations, in collaboration with Dogri Sahitya Sabha Kuppadd Pargalta on the theme Nasha Mukh Bharat campaign.

Artists of the Cultural Wing of Information Department Jammu participated in the event held at Dogri Sahitya Sabha Kuppadd Pargalta near Railway Station Bajalla. The artists presented Folk songs, patriotic songs and theme based songs. Poets of the Dogri Sahitya Sabha also recited their poems on the topic.

Speaking on the occasion Subash Sumbria, President Dogri Sahitya Sabha shared his views on the subject and also appreciated the Cultural Unit of Department of Information and Public Relations Jammu for organizing such a meaningful program to aware the people of Bajalla.

Among others, poets and members of the Dogri Sahitya Sabha, officials of the Information Department and a large number of audience witnessed the program.

The whole program was conducted under the supervision of Cultural Officer Mr Mukesh Kumar Sharma.

## Director Agriculture, Kashmir visits different areas of Kupwara; addresses Kisan Sampark Abhiyan



JI NEWS SERVICE

Integrated farming has huge potential for sustainable agriculture economy in the region: Chowdhury Iqbal

SRINAGAR, MAY 30: The Director Agriculture Kashmir, Chowdhury Mohammed Iqbal today visited different areas of Kupwara district including Lolab subdivision to take stock of agriculture scenario in the district. During the visit, Director Agriculture addressed a large gathering of farmers under Kisan Sampark Abhiyan at Chogul Handwara.

He marked the importance of integrated farming for the area and asked the farmers that the geo-climatic conditions of the concerned area are suitable conducive for the adoption of integrated way of cultivation. Chowdhury Iqbal assured the farming community of every possible technical guidance from the department.

He asked the concerned officials to prepare DPRs for the implementation of various initiatives under Holistic Agriculture development program.

He also asked the farmers to come forward and take benefit from all approved projects under HADD.

Amid prevailing weather conditions, the Director Agriculture asked the farmers to follow the guidance and advisories by the department.

## Govt Polytechnic organizes workshop on 'Electric Vehicle'

**COLLEGE NEWSLETTER RELEASED, PLACEMENT LETTERS DISTRIBUTED AMONG STUDENTS**

JI NEWS SERVICE

JAMMU, MAY 30: The two day workshop on 'Electric Vehicle' held at Government Polytechnic Jammu concluded here today with Principal Secretary, Skill Development Department, Dr. Asgar Hassan Samoon, chairing the valedictory ceremony.

Dr. Samoon was accompanied by Director Skill Development Department, Sudershan Kumar and Mission Director, Skill Development, Leena Padma. Principal Government Polytechnic Jammu, Engineer Arun Bangotra briefed the dignitaries about the event insights. He highlighted various activities being conducted in Government Polytechnic Jammu and Center for Innovation, Innovation, Incubation and Training (CIIT Jammu) that together are taking the department to new heights. On the occasion, Dr. Samoon along with other dignitaries distributed workshop participation

certificates held at CIIT, Government Polytechnic Jammu in collaboration with School of Mechanical Engineering SMVD University, Katra in which faculty, staff and students of various institutes like DAV Jalandhar, HKM Haryana, SMVD University Katra, YCET Jammu and Government Polytechnic Jammu participated.

The workshop was organized to provide an insight to the participants about the working of Electric Vehicles, Design of Motors and Batteries and application of Power Electronics in electric vehicles. Dr. Samoon also inaugurated the new CIIT Jammu website which will provide details about various futuristic courses, contents, eligibility, fee structure and job opportunities in the 18 courses being offered at CIIT Jammu.

Later, Dr. Samoon also released two books being authored by the faculty of Government Polytechnic Jammu. The books titled "Applied Mechanics" and "PLC and



Microcontroller' have been authored by Engineer Arun Bangotra, Principal Government Polytechnic Jammu and Engineer PK Agrwal, Lecturer Electrical Engineering Department, Engineer, Ashok Verma besides Lecturer Instrumentation & Control Department respectively.

Dr. Samoon also distributed the certificates among meritorious students who had undergone three months courses at CIIT Jammu. He also offered job placement letters to the students in the recently

concluded One week-long campus placement drive in which 09 companies participated, and selected around 39 students for various departments. While speaking on the occasion, Dr. Asgar Hassan Samoon lauded the efforts of Principal Government Polytechnic Jammu and his team for achieving such a milestone in terms of imparting quality education, providing industry oriented short term courses, exposing the students to various aspects of industry 4.0. Director Skill Development

Department, Sudershan Kumar briefed about various aspects of Skill Development Department and latest updates in terms of Skill add-on courses in various IT's and Polytechnic's along with 03 years diploma courses. Others present on the occasion were Engineer Suket Gupta, Principal Government Polytechnic for Women Jammu, Neelanjana Manawati, Principal Government Polytechnic Samba, Engineer Vivek Mahajan, Principal Government Polytechnic Ramban, Rashid Sheikh, Principal Government III Jammu, Amandeep Singh, Superintendent Government Women III Jammu, Amanpreet Singh, Superintendent Government III Samba, Ruchi, Superintendent Government III R S Pura, Engineer Inderjeet Singh Workshop Superintendent, Engineer, Kuldeep Singh Registrar JK Board of Technical Education Engineer Raj Kumar HOD Mechanical Engineering.

# Give-and-take as Amit Shah meets Kuki groups in Manipur

## HOME MINISTER ASKS THEM TO ENSURE NO VIOLENCE FOR AT LEAST 15 DAYS, PROMISES MEASURES TO BRING PEACE TO VIOLENCE-HIT STATE.



NEW DELHI: Union Home Minister Amit Shah Tuesday held a closed-door meeting with leaders of Zo-Kuki civil society organisations, tribe leaders and intellectuals from Manipur's Churachandpur district, which has been among the worst hit by violence in the state.

Shah arrived at the district headquarters around 2:50 pm in a chopper and was received by five MLAs - L M Khaute, Paolial Haokip, Letzangam Haokip, Chinlungthang and Nurganglur Sanate.

Soon after his arrival at the 36 Assam Rifles helipad, he headed to the 27 Sector, Assam Rifles at Tuibong. Along the road, several people had formed a human chain, holding up placards with messages such as "We want separate administration", "No separate administration, no rest", and "Separation from Manipur our only hope for survival."

He held the first round of talks with

civil society organisation leaders, student bodies, women groups and tribe leaders.

Indigenous Tribal Leaders Forum (ITLF) spokesperson Ginza Vualzong, who was among those who met Shah, said: "He assured a permanent political solution for the tribals of the state while asking for 15 days of peace. As requested, we will maintain peace. But we have to defend ourselves if we are being attacked."

Lal Ngaithe, spokesperson of the Zomi Students Federation (ZSF), said tribal bodies put forth several demands such as imposition of President's Rule and a separate administration.

"We also want peace. But we no longer have faith in the Manipur government. We were under the impression that Article 355 had been invoked but it turned out to be a lie," said Ngaithe. After about an hour-long discussion with various tribal leaders,

Shah met intellectuals and prominent citizens to discuss how to bring back normalcy back to the state.

Khansum Mung, who attended the second meeting, said that the talking points were similar to those in the first meeting.

Educators and intellectuals also expressed concerns about the fate of thousands of students not being able to study because of the violence. They said Shah told them he would speak with the Cabinet Secretary and figure out a way to have as little disturbance as possible.

"We also brought up the matter of affiliation of our schools with the CBSE and the affiliation of colleges with central universities so that the future of students displaced from their institutions is not disturbed. The point was well taken by the Home Minister," Mung said.

Shah asked tribal leaders not to use arms and asked them to maintain peace for 15 days. According to them, he also said Prime Minister Narendra Modi is taking the matter seriously.

According to sources, promises made by Shah include constitution of a judicial inquiry commission headed by a retired Chief Justice of the Supreme Court; selected cases to be taken up by the CBI with no involvement of state officers; rehabilitation for loss of life and property to be transferred via direct benefit; relief materials being sent to the state; and helpline number in Imphal and Churachandpur to control rumours.

Shah also assured them he would come back for three days in June and three in July.

# Uganda signs anti-LGBTQ bill into law

May 30: Ugandan President Yoweri Museveni signed new anti-LGBTQ legislation on Monday. Museveni has assented to the Anti-Homosexuality Bill 2023. It now becomes the Anti-Homosexuality Act 2023, the Ugandan presidency said on Twitter.

Uganda's head of state had called on lawmakers to amend the bill, and a new draft of the legislation was presented earlier this month. The amended version clarifies that merely identifying as gay would not be cause for imprisonment.

Museveni had also advised lawmakers to remove a provision that made "aggravated homosexuality" subject to capital punishment, but this suggestion was rejected by Uganda's parliament. The



provision pertains to repeat offenders and those found to have had sex while HIV-positive. Uganda has not carried out capital punishment in many years.

Same-sex relations were already illegal in Uganda under a law that dates back to the British colonial period. The new law introduces a 20-year sentence for "promoting" homo-

sexuality. "With a lot of humility, I thank my colleagues the Members of Parliament for withstanding all the pressure from bullies and doomday conspiracy theorists in the interest of our country," parliament speaker Anita Among said.

The new law has been widely condemned by rights groups and Western countries. The Global Fund to

Fight AIDS, Tuberculosis and Malaria, the UN's HIV/AIDS program and the US AIDS relief program all expressed concern over the harmful impact of the newly signed law.

Amnesty International said that the law "flagrantly violates the human rights of LGBTQ people in Uganda, including the right to a private life, protection against discrimination and the right to equal protection before the law." Ugandan authorities have also recognized the possibility that the new law will lead to the imposition of international sanctions.

When Museveni signed a less restrictive anti-LGBTQ law in 2014, Western governments suspended some aid, reduced security cooperation with Uganda and imposed stronger visa restrictions on its citizens.

# Amid Tussle With Sachin Pilot, Ashok Gehlot Says 'You Win Trust By Giving Trust'

New Delhi, May 30: Amid a festering leadership tussle in the Congress' Rajasthan unit, Chief Minister Ashok Gehlot on Tuesday hoped to work together with his former deputy Sachin Pilot in an effort to resolve the political crisis in the state ahead of key Assembly elections.

On being asked by reporters whether Sachin Pilot, the former Rajasthan Congress chief, will work together with him or not, Gehlot said he will work together if he is in the party.



"Today it's my duty to do the work that the high command wants which is to win the election," Ashok Gehlot said and gave a word of advice to Sachin Pilot that "whoever shows patience, will be rewarded".

Remembering former party chief Sonia Gandhi's statement, Gehlot said, "You win trust by giving trust. If everyone will walk together then our government will be repeated."

Congress on Monday evening said Chief Minister Ashok Gehlot and his former deputy Sachin Pilot have agreed to fight the upcoming Rajasthan assembly elections unitedly and have left all issues to be resolved by the party's high command.

Top Congress leadership led by party chief Mallikarjun Kharge and Rahul Gandhi held marathon discussions with Chief Minister Ashok Gehlot and Pilot joined them later in the evening. The Congress in-charge of state affairs Sukhjinder Randhawa was also present at the meeting.

The party sought to project that all was fine in its Rajasthan unit with sources claiming that the party has worked out a formula for both the state leaders to work together and fight the assembly elections unitedly. Addressing reporters after the meeting at Kharge's 10, Rajaji Marg, residence, party general secretary K C Venugopal said both the

leaders held lengthy discussions with Kharge and Gandhi about the upcoming Rajasthan election.

"We have decided to fight the election unitedly. Both are in agreement that the Congress party has to work together and definitely, we will win the election in Rajasthan," he said, flanked by Gehlot and Pilot.

"It is very clear that Rajasthan is going to be a strong state for the Congress party. We are going to win. Therefore, both Gehlot ji and Sachin ji have decided to go together. The Congress party will fight elections unitedly," Venugopal said.

"Both the leaders Ashok ji and Sachin ji agreed to the proposal on these things," he

also said.

Asked what proposal he was talking out, Venugopal said, "Both have left it to the (party) high command. The high command will take the decision and both have agreed." On what formula has been decided, he said, "We decided that both the leaders have agreed to go together and it will be a joint fight against the BJP. We will win the state."

Congress general secretary Jairam Ramesh later tweeted, "The Congress party is well on its way to repeating its Karnataka success in Rajasthan as well."

Later in a tweet, Venugopal said, "Our team in Rajasthan will unitedly fight the 2023 elections and break the decades-long tradition of alternating governments by registering a thumping victory!" Pilot has been attacking the Gehlot government

over the issue of inaction on alleged corruption during the previous BJP government led by Vasundhara Raje and has been vocal against his own party's chief minister. This was the first time after a long gap that the Rajasthan chief minister and his former deputy met face-to-face in the presence of top party leadership.

# India to host SCO summit in virtual format on July 4

NEW DELHI: India will host the annual summit of the Shanghai Cooperation Organisation (SCO) in the virtual format on July 4, the Ministry of External Affairs (MEA) announced on Tuesday.

However, it did not cite reasons for holding the summit in the virtual mode. Last year, the in-person SCO summit took place in the Uzbek city of Samarkand that was attended by all top leaders of the grouping including Prime Minister Narendra Modi, Chinese President Xi Jinping and his Russian counterpart Vladimir Putin.

In September, India will host the G20 summit for which it is going to invite Xi and Putin, besides other leaders of the bloc.

India assumed the rotating chairmanship of the SCO at the Samarkand Summit on September 16 last year.

"Under India's first-ever chairmanship of the 22nd summit of the SCO Council of Heads of State will be held in the virtual format on July 4, chaired by Prime Minister Narendra Modi," the MEA said in a statement. The MEA said all the SCO member states - China, Russia, Kazakhstan, Kyrgyzstan, Pakistan, Tajikistan and Uzbekistan



- have been invited to attend the summit. "In addition, Iran, Belarus and Mongolia have been invited as observer states. As per SCO tradition, Turkmenistan has also been invited as the guest of the chair," it said.

The SCO is an influential economic and security bloc and has emerged as one of the largest transregional international organisations.

The SCO was founded at a summit in Shanghai in 2001 by the presidents of Russia, China, the Kyrgyz Republic, Kazakhstan, Tajikistan and Uzbekistan. India and Pakistan became its permanent members in 2017. Heads of the two SCO bodies, the secretariat and the SCO RATS (Regional Anti-Terrorist Structure), will also be present.

chairmanship - startups and innovation; traditional medicine; digital inclusion; youth empowerment; and shared Buddhist heritage," the MEA said.

"In addition, India has worked towards fostering greater people to people ties that celebrate the historical and civilizational bonds between our nations. These include the various socio-cultural events hosted by Varanasi under the framework of the first-ever SCO cultural and tourist capital for 2022-23," it said.

The MEA said India's chairmanship of SCO has been a period of intense activity and mutually beneficial cooperation between member states.

"India has hosted a total of 134 meetings and events, including 14 Ministerial-level meetings. India remains committed to play a positive and constructive role in the organization, and looks forward to a successful SCO Summit as the culmination of its Chairmanship," it said.

India was made an observer at the SCO in 2005 and has generally participated in the ministerial-level meetings of the grouping, which focus mainly on security and economic cooperation in the Eurasian region.

# NATO soldiers injured in Kosovo clashes with Serb protesters

Kosovo, May 30: Around 25 NATO peacekeeping soldiers defending three town halls in northern Kosovo were injured in clashes with Serb protesters on Monday, while Serbia's president put the army on the highest level of combat alert.

KFOR, the NATO-led peacekeeping mission to Kosovo, condemned the violence. "While countering the most active fringes of the crowd, several soldiers of the Italian and Hungarian KFOR contingent were the subject of unprovoked attacks and sustained trauma wounds with fractures and burns due to the explosion of incendiary devices," it said in a statement.

Hungary's defense minister Kristof Szalay-Bobrovniczky said that 7 Hungarian soldiers were seriously injured and that they will be taken to Hungary for treatment. He said 20 soldiers were injured. Italian soldiers were also injured in clashes.

"What is happening is absolutely unacceptable and irresponsible," Italy's Giorgia Meloni said in a statement. "It is vital to avoid further unilateral actions on the part of the Kosovar authorities and that all the parties in question immediately take a step back to ease the tensions."

Hungarian soldiers serving in the NATO-led peacekeeping force KFOR guard a municipal building in the town of Zvecan, northern Kosovo, Monday, May 29, 2023. (AP) Hungarian soldiers serving in the NATO-led peacekeeping force KFOR guard a municipal building in the town of Zvecan, northern Kosovo, Monday, May 29, 2023. Serbian President Aleksandar Vucic said that 52 Serbs were injured, three of them seriously. Kosovo President Vjosa Osmani accused Serbian counterpart

Aleksandar Vucic of destabilising Kosovo. "Serb illegal structures turned into criminal gangs have attacked Kosovo police, KFOR (peacekeeping) officers & journalists. Those who carry out Vucic's orders to destabilise the north of Kosovo, must face justice," Osmani tweeted.

Vucic accused Kosovo Prime Minister Albin Kurti of creating tensions. He called on Serbs in Kosovo to avoid clashes with NATO soldiers. The tense situation developed after ethnic Albanian mayors took office in northern Kosovo's Serb majority area after elections the Serbs boycotted - a move that led the US and its allies to rebuke Pristina on Friday.

In Zvecan, one of the towns, Kosovo police - staffed by ethnic Albanians after Serbs quit the force last year - sprayed pepper gas to repel a crowd of Serbs who broke through a security barricade and tried to force their way into the municipality building, witnesses said. Serb protesters in Zvecan threw tear gas and stun grenades at NATO soldiers.

Serbs also clashed with police in Zvecan and spray-painted NATO vehicles with the letter "Z", referring to a Russian sign used in war in Ukraine.

In Leposavic, close to the border with Serbia, US peacekeeping troops in riot gear placed barbed wire around the town hall to protect it from hundreds of angry Serbs. Later in the day protesters threw eggs at a parked car belonging to the new Leposavic mayor. Vucic, who is the commander-in-chief of the Serbian armed forces, raised the army's combat readiness to the highest level, Defence Minister Milos Vucovic told reporters.

"This implies that immediately

before 2:00 pm (1200 GMT, 5:30 pm IST), the Serbian Armed Forces' Chief of the General Staff issued additional instructions for the deployment of the army's units in specific, designated positions," Vucovic said, without elaborating.

NATO peacekeepers also blocked off the town hall in Zubin Potok, witnesses said.

Igor Simic, deputy head of the Serb List, the biggest Belgrade-backed Kosovo Serb party, accused Kosovo Prime Minister Albin Kurti of fuelling tensions in the north. "We are interested in peace. Albanians who live here are interested in peace, and only he (Kurti) wants to make chaos," Simic told reporters in Zvecan. Serbs, who comprise a majority in Kosovo's north, have never accepted its 2008 declaration of independence from Serbia and still see Belgrade as their capital more than two decades after the Kosovo Albanian uprising against repressive Serbian rule. Ethnic Albanians make up more than 90% of the population in Kosovo as a whole, but northern Serbs have long demanded the implementation of an EU-brokered 2015 deal for the creation of an association of autonomous municipalities in their area. Serbs refused to take part in local elections in April and ethnic Albanian candidates won the mayoralties in four Serb-majority municipalities - including North Mitrovica, where no incidents were reported on Monday - with a 3.5% turnout. Serbs demand that the Kosovo government remove ethnic Albanian mayors from town halls and allow local administrations financed by Belgrade resume their work.

# One cannot malign judicial officers by using social media, says Supreme Court

New Delhi, May 30: One cannot malign judicial officers by using social media, the Supreme Court observed Tuesday while dismissing a plea challenging the Pradesh High Court order that sentenced a man to 10 days in jail for making corruption allegations against a district judge.

A vacation bench of Justice Bela M Trivedi and Justice Prashant Kumar Mishra said it was not inclined to interfere in the matter.

"Just because you don't get a favourable order doesn't mean that you will malign the judicial officer's independence of the judiciary doesn't just mean independence from (the) executive but also from outside forces. This has to be a lesson for others also."

"He should have thought twice before casting any aspersions on the judicial officer. He maligned the judi-



cial officer. Think of the damage done to the judicial officer's image," Justice Trivedi observed orally.

The counsel appearing for the petitioner sought leniency from the Supreme Court and said the imprisonment order was excessive. The lawyer said this is a matter pertaining to per-

sonal liberty and the applicant has already been in jail since May 27.

The top court bench then remarked, "We're here to decide on law, not show mercy. Especially to such persons." The apex court was hearing a plea filed by Krishna Kumar Raghuvanshi, challenging the high court judgment in a suo motu criminal contempt case initiated against him for making allegations of corruption against a district judge. The proceedings were initiated against Raghuvanshi in response to a reference made by Additional District Judge SPS Banerjee under Section 15(2) of the Contempt of Courts Act. The reference was based on Raghuvanshi's defiance of the court's orders in a temple-related dispute and his circulation of a letter maligning the court's image, reputation and prestige through WhatsApp.

# Jammu students shine at Olympiad Awards 2022-23

JINNEWS SERVICE  
JAMMU MAY 30

Three students from Jammu have achieved international ranks in the SOF Olympiad exam 2022-23. Advik Dutt, a student of grade second from G.D. Goenka Public School Jammu bagged National Science olympiad rank-1 while Eith Vik Mehra of second from Shubh Memorial International School secured International mathematics olympiad rank-1 both of them won international gold medal, merit certificate while Manasvini of class first from K.C. Public School have got International mathematics olympiad rank-3, received international bronze medal and a merit certificate.



In the SOF Olympiad Examination 2022-23, approximately 60 lakh students from 70 countries participated, with more than 55,000 students from Jammu alone. Schools such as Jodhamal Public School, G.D. Goenka Public School, Jammu, Army Public School, K.C. International School were among the participants.

The Science Olympiad Foundation conducted an awards ceremony at Delhi to honour and present awards to the Olympiad exam winners, teachers, and principals for the academic year 2022-23. The top three SOF worldwide rank winners from classes First to Twelve that participated in seven Olympiad exams were recognised during the ceremony. The auspicious occasion was presided by Justice Dipak Misra, former Chief Justice of India.

During the event, 66 international rank-1 winners received Rs. 50,000 in addition to an international gold medal and a merit certificate, while the 66 international rank-2 winners received Rs. 25,000 as well as an international silver medal and a merit certificate, and 66 international rank-3 holders were given Rs. 10,000, a

bronze medal, and a merit certificate. From the 70 participating countries, the top 25 principals and top 60 instructors, whose students excelled at the worldwide level, were also honoured with cash prizes, souvenirs, and citations.

Mahabir Singh, Founder and Director of SOF, said, "SOF has conducted Olympiad exams for 25 years. Over 7000 schools from 1400 cities in 70 different countries took part in the seven SOF Olympiad exams from February 22-23, and millions of students registered to sit for them. The top state level rankings of more than 81,000 pupils from 6300 schools have earned them awards. Additionally, 'Gold Medals of Excellence' have been given to

almost 100,000 pupils for receiving the highest grade in their individual schools. Additionally, 3000 principals and instructors have received awards for their dedication to education and single-minded quest of successfully enhancing pupils' academic understanding."

Other dignitaries present at the event were Justice Rekha Palli, Judge High Court of Delhi, Col. Comd. Prof. Dr. Rajendrakumar Anayath, Vice Chancellor, Deenbandhu Chotu Ram University of Science & Technology, Sonpat, Manish Gupta, President of The Institute of Company Secretaries of India, Dr. Satish Arya, Dean (retd.) CBL University, Haryana and R. Ravi, CEO, Founder Epiance Software Pvt. Ltd., B'turu.

# Anti-Drug Drive Programme: DYS&S Akhnoor organises Inter-Panchayat Zonal Level Sports Competitions at GHS Devipur

JINNEWS SERVICE  
JAMMU MAY 30

As part of the 'Anti-Drug Drive Programme', the Department of Youth Services and Sports Zone-Akhnoor today starts the Inter-Panchayat Zonal Level competitions for boys between 19 to 35 years age group in the Sports disciplines of Kabaddi and Volleyball here at an impressive and well attended function on the ground of Government HS Devipur.



DDC Bhalwal Brahmana Sh. Bhushan Bral was invited as a chief guest to create awareness of the ill-effects of drugs. He said the younger generation can be kept away from different kinds of addictive materials only through involving them in sports and practicing a healthy culture. He called upon everyone to actively participate in building a drug-free society.

The programme was also attended by the I/C Headmaster GHS Devipur Sh Som Nath, Sarpanch Devipur Sh Ganesh Dass and Ex. Sarpanch Khajuria. Sh Chamal Lal Khajuria, I/C Headmaster GHS Devi-

pur appreciated the efforts being put in by the YSS Department Akhnoor for conducting sports events to provide young people with an opportunity to showcase their sports talent for a good cause. After his speech, all staff along with participants

took a pledge against the use of any sort of drug. At Least 100 players drawn from different Panchayats of Zone Akhnoor participated today in the discipline of Kabaddi. In the final match, Panchayat Gandharwan emerged the winner.

# Jiaansh Sharma wins Gold Medal in 200 mts Roller Skates

JINNEWS SERVICE  
JAMMU MAY 30

Roller Skates Competition was Held at MAM Stadium Jammu in which Jiaansh Sharma from Jammu Won Gold Medal in 200 metres and 500 metres race. Jiaansh Sharma Won the race below 5yrs Category, Jiaansh is from Jodhamal School and Studying in Class Nursery.



School Management, Parents Vikas Sharma (Father) and Rimple

Sharma (Mother) were Very Happy for Jiaansh on receiving this Medal. Parents dedicated this victory to the School Management and Staff.

# UNNAT distributes sports material to students of GHS Qasim Nagar

JINNEWS SERVICE  
JAMMU MAY 30

NGO UNNAT today distributed sports material to students of Govt High School, Qasim Nagar, Jammu in which School Head Master Waheeda Kousar was Chief Guest and Sudarshan Abrol, NGO President presided over the function. The programme was organised by General Secretary, Neena Abrol of UNNAT.

On this occasion, Neena Abrol said that NGO have been rendering help in many ways to poor children to boost them financially and morally. Further she said that sports activities have a bigger role to divert the attention of youth and growing child from the malice of drug addiction. This is a small initiative towards this end, she said, reiterating that our NGO will continue such efforts for the help of poor children and hold several programmes in areas where people are living below poverty line, she added.

She said that besides these acts of philanthropy, our NGO UNNAT has been holding seminars, workshops and other different awareness programmes for the benefit of the public and students.

On this occasion, School Head Master Waheeda Kousar appreciated the organisers and office bearers of NGO for distributing sports material to school children and expressed deep gratitude for helping needy students. Others who spoke on the occasion were, Dr Anuradha Trebure, Ashwani Dubey, Preeti Gupta, Vikram Gupta, Kanchan Sharma and others.

# 5th Faizal Abbas Memorial Volleyball tournament concludes

JINNEWS SERVICE  
JAMMU MAY 30

The 5th Faizal Abbas Memorial Volley ball Tournament, which commenced on 22nd May, 2023 at Government Polytechnic College, Jammu concluded here today.



Principal Secretary, Skill Development Department, Dr. Asgar Hassan Samoon was the chief guest on the concluding ceremony while Director Skill Development Department, Sudershan Kumar, was the guest of honour.

Principal, Government Polytechnic College, Engineer Arun Bangotra highlighted that the volleyball tournament is being organized since 2016 in memory of one of the finest volleyball players of the college Late Faizal Abbas Ashoor. He also highlighted other activities being undertaken by the Sports wing during the current session.

The summit clash for the title of 5th Faizal Abbas Memorial Volleyball tournament was held between Automobile Engineering and Electrical Engineering in which Electrical Department Master, Toshi Devi, PET of Sports Department.

Others present on the occasion were Engineer Suket Gupta, Principal Government Polytechnic

Mechanical Engineering by 2-0 (25-12, 25-17) in the first 1st and in the 2nd semifinal Electrical Engineering were victorious over Computer Engineering by 2-1 (25-18, 25-19, 25-20).

Dr. Asgar Hassan Samoon appreciated the efforts of Government Polytechnic Jammu for organizing such sports events in the college campus which will inculcate good habits among the students for a brighter future.

The tournament was organized under the overall supervision of Amit Kumar Sharma, Lecturer, Travel and Tourism and Sports Secretary, Chamel Singh, Physical Education Master, Toshi Devi, PET of Sports Department.

for Women Jammu, Neenajana Manawati, Principal Government Polytechnic Samba, Engineer Vivek Mahajan, Principal Government Polytechnic Ramban, Rashid Sheikh Principal Government ITI Jammu, Amandeep Singh, Superintendent Government Women ITI Jammu, Amanpreet Singh, Superintendent Government ITI Samba, Ruchi, Superintendent Government ITI R. S. Pura, Engineer Inderjeet Singh, Workshop Superintendent, Engineer, Kuldeep Singh Registrar JK Board of Technical Education Engineer Raj Kumar HOD Mechanical Engineering, Engineer Rani Devi, HOD IT Engineering, Engineer Manjeet Singh HOD Electrical Engineering, Engineer Manish Kumar, HOD I&C Engineering, Engineer Sanjay Kaul HOD Computer Engineering, faculty, staff and students of the institute.

# UT Open Roller Skating Championship 2023

## DPS Jammu win gold medals

JINNEWS SERVICE  
JAMMU MAY 30

Students of Delhi Public School Jammu brought laurels to the school and their parents by winning gold, silver and bronze medals in J&K UT Open Roller Skating Championship-2023 held at M.A Stadium from 26-29 May, 2023. Students participated in various skating events in their respective age categories. The details of the winners are as follows Sanvi Grover (VIII-B) - 3 gold medals, Arushi (IV-F) - 2 gold medals, Arushi Gupta (III-J) - 1 gold medal, Riyanish Mahajan (I-C) - 2 silver medals, Avilam Ashok Gupta (III-F) - silver medals, Madhav (VII-B) - 1bronze medal, Ayan Singh Langeh (IV-B)



- 3 bronze medals Hon'ble PVC-DPS Jammu, Dr. Kuwaran Ritu Singh Ji congratulated the winners and their parents for the brilliant performances in the event. She also remarked that the winning medals would serve as encouragement

for other young players to follow their path. Hon'ble President-RCT, Sh. M.K Ajatshatru Singh Ji and Hon'ble Director, Sh. S.S Sodhi Ji congratulated all the winners and extended their best wishes for their future endeavours.

# YSS organises unique trekking expedition in Gurez

JINNEWS SERVICE  
BANDIPORA, MAY 30

The Department of Youth Services & Sports J&K, organized an exhilarating trekking expedition in the picturesque Gurez Valley of Bandipora district.

The trekking expedition, coordinated by the Zonal Physical Education Office Gurez, aimed to provide an enriching

experience for the students of HS Chorwan. Under the supervision of dedicated officials of Youth Services & Sports, the students eagerly embarked on this adventure, ready to explore the stunning landscapes and delve into the natural beauty of the Habba Khatun Mountains. A total of 60 students, both boys, and girls, participated in the trekking



expedition, which proved to be a memorable and transformative journey for all.

Joint Director Kashmir of the Youth Services and Sports Department Waseem Raja while conveying his appreciation to DYSSO Bandipora and ZPEO Gurez for arranging this activity in an impressive and unique way has said that the best part of the trekking expedition was students' vibrant display of the local Shina cultural program. "As they were trekking through the mesmerizing landscape, the students showcased their talents by performing

traditional music using indigenous musical instruments. The melodic tunes resonated through the valleys, creating an atmosphere of joy and cultural celebration" he added. Raja further explained that through such endeavors, we aim to create a generation of well-rounded individuals who are not only physically fit but are also culturally aware.