

DAILY | JAMMU | VOL NO: 10 | ISSUE NO: 105 | PAGES: 12 | PRICE: Rs 2/- | RNI NO: JKENG/2013/49471 | POSTAL REGD. NO. JK-497/22-24 | dailyjindrahimages.com/Epaper.php | jindrahimages123@qmail.com

Five soldiers killed in gunfight with terrorists in Rajouri



JI NEWS SERVICE

C M

Five soldiers were killed in a gunfight between terrorists and security forces in the Kandi area of Jammu and Kashmir's Rajouri district, officials said on Friday. "In the ongoing opera-

tion in Rajouri sector. an officer. three soldiers who were critically injured in the morning have unfortu-

Kandi Forest in Rajouri Sector, a joint opera-tion was launched on 03 May 2023. At about 0730 hours on 05 May 2023 a coarsh toam nately succumbed to their injuries. The opera-tion is still in progress," the Army said. Earlier, the Army said the torrester triggered an the terrorists triggered an explosive device in retali-2023, a search team established contact with ation. The Army team suffered two fatal casuala group of terrorists well entrenched in a cave. The area is thickly vegetated with rocky and steep ties with injuries to four more soldiers, including cliffs

an officer. "On specific infor-mation about the pres-ence of terrorists in the "Additional teams from the vicinity have been directed to the site of

Article 370 is history, Wake up and smell the coffee: Jaishankar on Bilawal Bhutto's J&K remark



AGENCIES

tternal Affairs Minister S Jaishankar rapped his Pak-istani counterpart Bilawal Bhutto Zardari for raking the abrogation of Article 370 in Jammu and Kash-mir and blaming it as the reason behind the fallout between New Delhi and Islamabad.

"Article 370 is history "Article 370 is history. Wake up and smell the coffee," Jaishankar said while addressing the press after the conclusion of the Shanghai Cooperation Organisation (SCO) meet-ing in Goa.

We have to take disengagement process forward: Jaishankar on eastern Ladakh

AGENCIES

Border row BENAULIM (GOA), MAY 5 The relations between

The relations between India and China cannot be normal if peace and tranquillity in border areas are disturbed, External Affairs Minister S April 22 CONTINUED ON * PAGE 4

J&K political leaders outraged over killing of soldiers in Rajouri JI NEWS SERVICE

Political parties in Jammu & Kashmir on Friday

Political parties in Jammu & Kashmir on Friday expressed ourage over the killing of five soldiers in a blast in Rajouri district, saying their sacrifice for the nation will not be forgotten. As per the news agency-Kashmir News Observer (KNO), condemning the attack, former chief minister Omar Abdullah said terror is a scourge that has blighted numerous lives over the decades in J&K. In a tweet, he wrote, "Tragic news from Rajouri where 5 army personnel have laid down their lives in the line of duty. Terror is a scourge CONTINETORY NEW 4

CONTINUED ON >> PAGE 4

encounter

"As per initial reports, a group of terrorists are trapped in the area. There is a likelihood of casualties in terrorist's group. The operation is in progress," the Army said. The Indian Army

ducting "relentless intelli-gence-based operations" to flush out a group of ter-rorists that was involved in an ambush on an Army truck in the Tota Gal area of Bhata Dhurian in Jammu region.

columns have been con

Northern Army Commander visits **RoBs in Kishtwar, Rajouri reviews** troops' operational preparedness

JI NEWS SERVICE JAMMU, MAY 5

Northern Army Com mander Lieutenant Gen-eral Upendra Dwivedi visited troops at remote operating bases (RoBs) in Rajouri and Kishtwar districts of Jammu and Kashmir and reviewed the security situation and operational pre-paredness of troops, officials said on Friday. This is the second visit of Lt Gen Dwivedi to the Rajouri sector to review mander Lieutenant Gen

Rajouri sector to review the operational pre-paredness of troops after the April 20 terror attack in which five soldiers were killed in Bhatta Dhurian in Poonch. Earlier, Lt Gen Dwivenurian in Poonch. in dominating the area, Earlier, Lt Gen Dwive-had visited Rajouri on roll 26 and the attack to track down terrorists te at Bhata Dhurian on Spil 22. A the stress of the area to track down terrorists responsible for killings ril 22. has been going on for the past 15th day. di had visited Rajouri on April 26 and the attack site at Bhatta Dhurian on

operational prepared More than 230 people ness on Thursday, he reviewed the secuwere picked up for ques reviewed the secu-rity situation and comtioning in connection with the terror attack mended the troops for their sustained efforts with most of them being let off, they said. in dominating the area,

A six-person module has been busted which gave full support to ter-rorists involved in the killings of five jawans, the officials said, adding they have been arrested.

AIIMS Jammu to be dedicated to public by Oct this year JI NEWS SERVICE

C M

During a review of the progress of works on all the newly established Medical Colleges across J&K besides the ongo-ing work on the two All India Institutes of Medi-cal Sciences (AIIMS) being established at Vijapur (Jammu) and Awantipora (Kashmir) here with Chief Secre-tary, Dr Arun Kumar Mehta, it was stated that all five Medical colleges approved during phase one shall be completed before end of the finan-cial year. During a review of the



tary, Dr Arun Kumar Melta, it was stated that al five Medical colleges approved during phase before end of the finan-cial year. The meeting was attended by Secretary, attended by Sec

any way. The progress of two new Medical Colleges being established at Udhampur and Hand-alization of these 05

wara (Kupwara) was also New Medical Colleges in discussed. It was stressed Phase-I, the intake capacthat necessary steps be completed for starting ity of MBBS seats in the UT has increased from academic activities there. 500 to 1100 seats annually. The intake capac-ity is expected to further increase to 1300 MBBS The meeting was informed that the Academic, Administrative and Hostel blocks at all seats this year with the start of academic session start of academic session in GMC Udhampur and Handwara sanctioned under Phase-III of Cen-trally Sponsored Scheme for Establishment of Med-ical Colleges. The Letter of Permission (LoP) has been received in favour of GMC Udhampur and Handwara for 100 MBBS seats each recently from seats each recently from the National Medical Commission. Additionally, two new AIIMS at Vijaypur and CONTINUED ON >> PAGE 4

vote bank politics: PM Modi AGENCIES BALLARI (K'TAKA), MAY 5 Mounting a fresh attack on the Congress, Prime Minister Narendra Modi 16

Congress nurtured and gave

shelter to terror for the sake of

on Friday alleged that for the sake of vote bank politics, it has nurtured, giver shelter and surrendered before terror He said the movie 'The

He said the movie "The Kerala Story" is said to be a work based on the ter-rorists" deceiful policies and conspiracies in just one state, and accused the Congress of indulg-ing in backdoor political bargaining with people having terror inclinations. "To make Karnataka number one state in the number one state in the country, law and order is important. Karnataka remaining free from terror is equally important. BJP has always been harsh against terror. But when-ever there is action against terror Congress will get a

stomach ache," Modi said Addressing a public meeting here ahead of the May 10 Assembly polls in the state, Modi said today the whole world is wor-ried about the danger of terror and that India too has on several occasions suffered due to it. The

suffered due to it. The country has lost a large number of innocent civil-ians due to terror attacks. "Terrorism is anti-humanity, anti-human values and anti-develop-ment. I am surprised that for the sake of its vote bank, Congress has sur-rendered before CONTINUED ON » PAGE 4

All minority employees association Kashmir calls on LG Manoj Sinha

JI NEWS SERVICE SRINAGAR, MAY 5

JINEWSS. SRINGGR MAYS A delegation of All Minority Employees Association, Kashmit coday at Rá Bhawan. The delegation headed by its President Sanja by its presid under PMDP and other tion for promptly resolv- and demands projected employment schemes, ing many of the issues of during the interaction.

employees. The Lt Governor assured the delegation assured the delegation of appropriate redressal of the genuine issues

the minority community

Northern Army Commander pays tribute to technician killed in chopper crash

JI NEWS SERVICE JAMMU, MAY 5

AMMULAWS Northern Army Com-mander LI Gen Upendra Dwivedi paid rich tributes to aviation technician who succumbed to his injuries on Thursday after the "hard landing" crash of the Army helicopter in Jammu and Kashmir's Kishtwar district. An Army Aviation ALH Dhruv helicopter on an operational mission crashed while making a 'precautionary landing' on the banks of Marua River in Jammu and Kashmir's Kishtwar, officials said on Thursday. As per the

statement, there were two pilots and a technician on board. The condition of two injured pilots was

J&K Bank records highest-ever net annual profit of Rs 1,197 crore



15.39 per cent and NPAs a an eight-year low of 6.04 per cent, the bank also recorded its highest-ever

JI NEWS SERVICE RINAGAR, MAY 5

Jammu and Kashmir Bank has announced its quarterly profit of Rs 476 highest-ever net annual crore in the last quarter, profit of Rs 1,197 crore in "Jammu and Kashmir the results for the finan- Bank has recorded Rs

cial year 2022-23. 1,197 crore as net profit With a decade-high for FY 2022-23 which capital adequacy ratio of CONTINUED ON » PAGE 4



longer a global emergency: WHO

The World Health Organisation (WHO) has announced that Covid-il9 pandemic is over as a global health emergency. Dr Tedros Adhanom Ghebreyesus, Director-General of WHO, made the announcement while addressing a media brief-ing on Covid-19 and global health issues. "It is therefore with great hope that 1 declare #Covid19 over as a global health emergency. How-ever, that does not mean announced that Covid-

ever, that does not mean Covid-19 is over as a global health threat. Last week, Covid-19 claimed a life every three minutes and that's just the CONTINUED ON * PAGE 4

(Avn Tech) Pabballa Anil in the line of duty during Operational flying of ALH MK III near #Kishtwar Kashmir & offer



J&K Social Welfare Deptt grants Rs 10 lakh aid to Jammu unit of SOS Children's Village India provides children without parental care or at the risk of losing it, a value chain of

JAMMU, MAY 05: The J&K Social Welfare depart-ment has provided a grant of rupees 10 Lakh to SOS Children's Village of India, the largest self-implement-ing NGO for child-care in the country. This grant will be utilised to enhance the be utilised to enhance the well-being of the children living at SOS Children's Village Jammu, encom-passing their educational, nutritional and healthcare requirements requirements.

requirements. Speaking about the grant, Mr. Sumanta Kar, Secretary General, SOS Children's Villages of India, stated, "With the help of the grant received for Children's Village at Jammu, expenditures including education, food, including education, food, clothing, and other ameni-ties will be covered, ensur-ing fundamental needs of each child is fulfilled. It is a significant contribution towards the betterment of the lives of children in need. SOS Children's Village Jammu is dedicated Village Jammu is dedicated to providing a loving home and a bright future for vul-nerable children. Our aim is to make a safe and nur-turing environment acces-sible for all the children when have lost or are at trick who have lost or are at risk of losing parental care. I am

NEWS SERVICE

JAMMU, MAY 05: Shiv Sena (Uddhav Balasaheb Thackeray) lead-ers today took out a peace march from CPO Chowk to Raj Bhavan in

Jammu seeking free registration of

Amarnath Yatra starting from 1st

Headed by Manish Sahni, scores of

workers and leaders of other

cai



grateful to the Social like care, love, and holistic Welfare Department of development till the time Jammu for providing us they become self-reliant, with such a generous grant. The grant announced by the grant announced by The grant announced by the Social Welfare Department, Jammu will which will go a long way in supporting this noble be utilised towards provid-ing essential amenities to At present, over 119 chil-

dren are being supported at 12 family homes and 3 children at Children's Village Jammu, ensuring they receive a safe and nurturing environyouth homes under the Family Like Care pro-gramme at SOS Children's ment. Established in 1964, SOS Children's Villages of India gramme at SOS Children's Village Jammu, ensuring each child receives family

holy Himshivling during the yatra

period. He said memorandums have been

submitted to the Lieutenant Governor of Jammu and Kashmir,

who is also the Chairman of the Shri

Amarnath Shrine Board, along with Home Minister Amit Shah and the

Lieutenant

quality care services that goes beyond childcare alone, ensuring compre-hensive child development. Our customized care inter Our customized care inter-ventions such as: Family Like Care, Family Strengthening, Kinship Care, Short Stay Homes, Foster Care, Youth Skilling, Emergency Childcare and Special Neede Childcare Special Needs Childcare are aimed at transforming lives and enabling children under care into self-reliant and contributing members of society. The organization empowers vulnerable fam-ilies in communities to become financially inde-pendent, thereby enabling them to create safe and nurturing spaces for chil-dren under their care. Today, over 6,500 children live in more than 440 fami. and contributing members live in more than 440 family homes, inside 31 SOS Children's Villages of Children's Villages of India, in 22 States/UTs, India, in 22 States/UTs, from Srinagar to Pune, and Bhuj to Shillong. They are lovingly cared for and nur-tured by over 600 SOS Mothers and Aunts. As India's largest self-imple-menting childcare NGO, SOS Children's Villages India directly touches the

India directly touches lives of around 45,000 children every year

SOS

of Modi rule: Rakesh Mahajan JAMMU, MAY 05: Rakesh JAMMU, MAY 05: Rakesh Mahajan, Incharge All Cells BJP J&K on Friday announced plan to hold month-long celebrations starting May 15 to mark the completion of nine upon of completion of nine years of

BJP Government led by PM Narendra Modi at the Centre Centre. At the outset of the meet-ing, Ved Prakash, Co Incharge All Cells, present-ed a welcome address and gave the introduction of the meeting.

In the meeting, S.K Sharma, Professional Cell; Rajesh Thapa , Convenor Legal Cell; Neeraj Anand Convenor Industry Cell; Ravi Baikshi, Convenor Tourism Cell; Ashu Tourism Cell; Ash Mahajan, Conveno Mahajan, Convenor Transport Cell; Col Retd Gurbaksh Singh, Convenor Ex-Serviceman Cell; Jai Singh Manhas, Convenor Border Cell; Vasant Raj Thakur, Convenor VDC Cell; Vulbaer Singh Convenor Kulbeer Singh, Convenor Sanskriti Cell; J.D Singh, Rakesh said that several



union ministers and top

leadership of the party an

Convenor Senior Citizen Cell and Sanjeev Sharma, Convenor Co operative

also likely to be a part of these events. He said that the tenure of Modi Government so far Convenor Co operative Cell were present. Chairing a meeting of BJP All Cells, Rakesh said that BJP All Cells is going to observe month-long cel-brations from May 15 to June 15, 2023 in connection with completion of nine years of Modi Government at the Contre He said that Government so far remained phenomenal as several historical steps were taken by the BJP lead-ership with abrogation of Article 370 being the most momentous one as this has led to peace and develop-ment in J&K and also befitat the Centre. He said that during the celebrations several programmes will be organized at various places across the region. ting response to the rogue nation Pakistan. "Of course, this was the

BJP All Cells to celebrate 9 years

Government which changed the course of life of people in J&K as peace of people in J&K as peace has replaced turmoil and development the destruc-tion", he said asking the party carte to disseminate this information among the masses so that BJP reclaim majority in all the ensuing political battles because BIP in power means India BJP in power means India becoming more powerful. During the meeting threadbare discussion meeting, hreadbare discussions vere also held with regard o strengthening All Cells

ness, have resorted to undue interference in their working, posing serious blow to their business which is already in dole-

drums due to instability in the market.

Anoop Mittal, President Kanak Mandi Traders

Kanak Mandi Traders Association assailed the GST department officials for creating nuisance in the working of trading com-munity in Jammu who are under hard pressed condi-tions due to instability. He

tions due to instability. He said the traders have suffered heavy losses in the

fered heavy losses in the last few years. Now this time they were expecting good business turnover but the way the officials are treating the members of Trading Community, there is no doubt that this year, they have to undergo the same fate as was in the last few years.

last few years. All Trade leaders appealed to the Hon'ble Lt.

Governor of Jammu and Kashmir Sh. Manoj Sinha

to kindly come forward to rescue the trading commu-nity of Jammu and imple-ment ease of doing busi-

ent ease -ess on ground. Munish Mahajan, Sr. 'ico President, - 'to Vice

Vice President, Abhimanyu Gupta, Vice President, Sham Langer, General Secretary, Vishal

Gupta, Secretary and Amit Gupta, Cashier of Traders

Nehru Market (Regd.) Jammu also remained

Federation Ware Hous

nt on the occa

master stroke of Modi of the party

Attitude of Commercial Taxes (GST) Deptt is not Acceptable: Jammu Traders



JI NEWS SERVICE

over the atrocious attitude of Commercial Taxes(GST) Department Officials, the business community under the banner of Traders Federation Ware House-Nehru Market (Regd.) Jammu has warned the UT Govt. of serious conse-ment officials, the Federation has threatened to come on roads in case the govt, fails to check the malicious attitude of the

concerned authorities. While launching a scathing attack on the authorities, the Federation President Deepak Gupta lambasted the government. for not tightening the



Chamber of Commerce and Industry Jammu and Sham Lal Gupta, Former Sr. Vice President Traders concerned authorities



munity by resorting to undue checking of their vehicles carring goods from Lakhanpur to Banihal. He termed this whole process as useless because whatsoever matebecause whatsoever mate-rial they are bringing from outside, has already been checked by the GST department at Lakhanpur and they fulfilled all the formalize by aubatting formalities by submitting GST through e-way bill.

Secretary Hence there is no need to further check their vehicles further check their vehicles by the authorities. By doing so they are just resorting to harassment of the traders. Yashpal Gupta, President Retailers Federation expressed con-cern over the behavior of GST deptt. officials who instead of myoriding a fac-

Will spread awareness about Hinduism to prevent 'conversion': Rajesh Kesri JI NEWS SERVICE

JAMMU, MAY 05: Shiv JAMMU, MAY 05: Shiv Sena Hindustan J&K Chief Pt Rajesh Kesri today said that HSS Activists will raise that HSS Activists will raise awareness about Hindu religion and culture in order to stop groups and agencies working for the conversion of Hindus. This was stated by Kesri while interacting with villagers of Madola after complaints of religious conversions in border villages by tricking and luring them with and luring them with money.Cautioning that there are various organizations and agencies that are involved in conversion of Hindus to other religions, Findus to other religions, Kesri asked volunteers to spread awareness about their own religion and cul-

ture and strongly protest those involved in such antinational activities. Stressing on develop-ment of villages which are

the base of the economy and culture, Kesri said that focus should be to develop focus should be to develop villages across the country. He also emphasized on the importance of cows, calling for a "cow-centred" village economy. Several attempts have been going on since long to convert Hindue into long to convert Hindus into other religions but failed to gain anything as our roots remained strong thanks to the efforts of our ancestors, Kesri said. So, the society should understand that deceit. We have to strengthen the faith," he said. Deceptive people

eligion to waver the faith, e said, adding, "Our socie-

ty never faced such people earlier so people get skepti-cal. We have to remove this weakness, added Kesri weakness, added Kesri There have been many incidents in recent days that have drawn attention towards the issue of reli-gious conversion in border areas using foreign money and anti-India propaganda and anti-India propaganda by organizations and their interference in our internal affairs. Religious conver-sion leads to separatism. sion leads to separatism. Conversion separates one from the roots. Hence, we should strive to stop reli-gious conversion," Kesri said."If we want India to remain as India, we have to be what we are or else India will not remain India.

Hence, we have to ensure that 'Dharma' should pervade all over," he added

Kesri emphasized upor focusing on Indian culture focusing on Indian culture such as respecting the eld-ers and treating women with dignity. 'Modern way of teaching imparts educa-tion but it distances from culture. If we have to strengthen culture and commitment, then we have to associate ourselves with some form of worshipmion. some form of worshipping which the seers alone can do," Kesri said.

Prominent among those present on the occasion include Balveer Kumar, include Balveer Kumar, Vijay Kumar, Raj Kumar, Labba Baba, Sanjeev Kumar, Darshana Devi, Jyoti Devi, Rajni Devi, Ujagar Singh, Lata Singh.

Home Minister Amit Shah and the Chief Secretary of Jammu and Kashmir. Despite all this there was no positive response received from any-where. "We belong to a country where subsidy was given for reli-gious pilgrimages. Registration on Amarath Yatra in 2019 was just RS 50 which be home increased to Reparty workers and leaders of other Hindu organizations gathered at CPO Chowk, Jammu and took out a peace march towards Raj Bhawan Jammu. The protesters raised slo-gans'free Amarnath yatra registra-tion", "toll exemption for devotees and Lanoar service vehicles". Keen 50 which has been increased to Rs 220/120," he said, adding that it canand Langar service vehicles", Keep not be tolerated. Sahni said that government the Himshivling safe for Darshan. Sahni demanded free registration for encroachment on religious places of Hindus has become mere profit mak-ing. He said that the collection in the name of registration of religious visits Shri Amarnath Yatris, toll exemption for devotees coming by road and vehicles providing Langar service, including offering Darshan to the name of registration of religious v of Hindus in a Hindu-majority c CollegeDekho launches Career Compass - Free test to help students make informed career choices JI NEWS SERVICE

JAMMU, MAY 05: CollegeDekho, India's largest and most trusted higher education ecosys-tem, has unveiled its latest innovation - Career Compass VC innovation - Career Compass. Keeping in line with the company's stu-dent-first approach, Career Compass is a free tool designed to end students' anxiety by recommending career streams based on career streams based on individual personality traits. The offering is pow-ered by a psychometric test based on the globally accepted Holland Personality Traits Test, which allows students to gain greater insight into their career initerests whilst unearthine dormant skills

tion such as potential career paths, work environ-ment preferences, and even job suggestions. Students will also get free cus-tomised guidance from CollegeDekho's highly experienced and trained counsellors bads trained report and student require-ments, for no cost. career paths. The Career Compass test The Career Compass test identifies the top three per-sonality traits through a technology tool developed in-house by CollegeDekho. Created specifically for Bharat, it is a simple test that takes only three to five minutes to complete and is minutes to complete and is available in English, Hindi, Telegu, Marathi, Bengali ments, for no cost. The company's website and Gujarati to aid stuprovides students with provides students with access to useful informa-tion on courses and more than 35,000 colleges as well. CollegeDekho is India's largest ecosystem in higher education, having served over 205 million students from all 28 states and 8 Union Territories in

and Gujarati to aid stu-dents in making more informed career choices. CollegeDekho plans to launch this test in more lan-guages in the future. Each student's free per-sonalised Career Compass report is based on their responses to the sixty ques-tions in the test that is and 8 Union Territories in tions in the test that is devoid of any right or 2022 unearthing dormant skills and identifying potential includes helpful informa-

registration, toll waiver for Amarnath Yatris try reminds of Jaziya of Mughal peri-od. He said that if there is no positive response from the government, Shiv Sena will stage a Dharna at the Jantra Mantra in Delhi.

Mantra in Délhi. Sahni said that if the BJP govern-ment sitting at the Centre does not take an immediate decision in favor of the above demands, then it should give-up the claim of being a Hinduist. Representatives of various social organizations including Thakur Hosiyar Singh Karni Sena, Col Pathania Sainik Samaj Party, All United Party, corolitei Satich

United Party , socialist Satish Poonchi, and others joined the peace march in Jammu and supported the

brothers participated.

brothers participated. Shiv Sena units across the country including Punjab, Haryana, Delhi, Himachal, Bihar, UP, Karnataka, Assam have staged sit-in demonstra-tions on the above demands. Many leaders and workers includ-ing President Women's Wing Meenakshi. Chihiber, General Secretary Vikas Bakshi, President Kamear, Rai Singh Vico Posident

Kamgar Raj Singh, Vice President Sanjeev Kohli, Jatindra Arora, Mangu Ram, President Udhampur Sanjee Sharma , Geeta Lakhotra,Dimple were present on the occasion.

Founder, Ruchir Arora said, "We are proud to launch CollegeDekho Career Compass, which is designed to help our stu-dents discover a career guidance for college admis-sions. We believe this fea-ture will be of immerse

ture will be of immense

help to the student commu

nity, especially those that

have just completed their

class 12th and are confused

about their career choices."

about their career choices." CollegeDekho also won awards for the 'Best Edtech Company of The Year' and 'Best Enrollment and Admissions Platform of the Year' at the recently con-cluded 3rd Technology Uncollenge Aurorde 2002

Excellence Awards 2023 and Education Innovation

Summit and Awards 2023,



instead of providing a fea-sible atmosphere for busi-



said. Deceptive people raise some questions about





Sham Lal pays obeisance at Bawa Kailakh Dev Temple, prays for peace & prosperity of J&K



JI NEWS SERVICE

JAMMU, MAY 05: Senior IP leader and former min-ter Sham Lal Sharma today called for a united effort for harmonious growth of the society, saygrowth of the society, say-ing that the bonds of amity and brotherhood need to be further strengthened to be further strengthened to make this world a better place to live in. The senior BJP leader was speaking at the annual congregation of Fawa

JI NEWS SERVICE

IAMMU, MAY 05: Jammu

JAMMU, MAY 05: Jammu Kashmir Medical Employees Federation under the Presidentship of Sh. Sushi Sudan held Press Conference to high light the prevailing situation in Health Department which created mess among health employees

Federation also urged to Government to consider the following demands at the earliest in the best inter-est of Public and

after the retirement of Dr. Saleem Ur Rehman. Due to

non availability of Director

non availability of Director Health Services and Director Family Welfare lot of work are lying pending in both the wings of Health department. Public as well as Employees are wonder-ing Pillar to post for their genuine work. It is first time in history after inde-rondence that such a

pendence that such a Decorative post are kept

vacant for prolong time

Many emplo ing for their transfer for which the portal has been

vees are wait-

employees

Employees. The post of Director Health Services is lying vacant from 1st April 2023

Mahajan Biradari at Bawa to Bawa Kailakh Dev for Kailakh Dev Temple the peace and prosperity of Thattar Bantalab, Jammu Jammu and Kashmir Union On the occasion, State BJF Territory. He said that reli-Territory. He said that reli-gious tourism has a great potential in Jammu and Kashmir and it was one of the major contributors to the Union Territory's econ-omy. He said that there is dire need to bring Baba Jitto Shrine and Bawa Kailakh Dev Temple on the tourism map of Jamnu as of Jamnu as Swachh Bharat Abhiyan Coordinator Dil Bahadur Singh, Councilor JMC, Coordinator Dil Bahadur Singh, Councilor JMC, Kuldeep Singh, Chairman Fawa Mahajan Sabha Shiv Gupta, President Pawan Gupta, Vice President Satish Gupta, Treasurer Vijay Cupta, Shakti Dutt and Dev Raj accompanied the former minister tourism map of Jammu as the former minister. Sham Lal Sharma prayed both the places have the potential to boost the reli-

JKMEF highlights prevailing

situation in Health Department

gious tourism in the Union Territory. Sham Lal Sharma said that promotion of harmo-nious society holds the key to creating an enabling environment for peace and progress of mankind. He said that the congregation being held at the iconic place of Bawa Kailakh Dev

being neural at the conceptace of Bawa Kalakh Dew Temple reminds of the glo-rious ethos of Dogras, who are the proud inheritors of great cultural heritage. Sham Lal said social jus-tice, compassion, amity and peace has been the sole motivation of the saints and sages who have blessed the greatest civi-lization across the country in general and Jammu in particular. Their message of peace and tranquility has to be imbibed in letter and spirit for bequeathing it to the posterity to make this world a better place to live in he added. live in, he added. minister The former

called for strengthening the bonds and brotherhood, saying this has been the cornerstone of Jammu's glorious ethos

Those who participated in the press conference are. Smt.Neemal KUmari

Anita Bhagat,Parfulat Singh,Mohd Nadeem,Ch Aslam,Bharat Bushan

Aslam,Bharat Bushan Bhagat,Madan Sharma, Waryam Massih,Dinash Sharma ,Nakul Sharma,Arti Devi,Pormlla Devi and Sandeep pandita Sanjay choudhary Subash chander Aiu sharma

Tony, Kundal seek 'Vote and Support' for Rinku to make AAP stronger to serve people of Punjab

JI NEWS SERVICE NAKODAR, MAY 5: Taranjit Singh Tony, Chairman Aam Aadmi Taranjit Singh Tony, Chairman Aam Aadmi Party (AAP) Jammu and Kashmir for A d m i n i s t r a t i v e Engagement and Minority Affairs, and DDC Member Suchetgarh while appeal-ing to the people in Punjab to vote and support AAP candidate Subsel Kumar Rinku in the upcoming Parliamentary poll has asserted that APP has proved that it is the only Party in India which deliv-ers whatever it promises whether prior to polls or while in governance and people fully realize that it is the common man's party in letter and spirit.

letter and spirit. The senior AAP leader accompanied by Yashpal Kundal from Jammu and local AAP MLA Charanjit

local AAP MLA Charanjit Singh expressed this dur-ing a meeting as part of election campaign for AAP candidate Susheel Kumar Rinku at Village Bilga near Nakodar here today. Both AAP leaders from Jammu also participated in an also participated in an awareness march conduct-ed by AAP Punjab Unit for highlighting the achieve-ments of Bhagwant Maan Govt. Prominent among others accompanying

Taranjit Singh Tony and Yashpal Kundal were Mandeep Choudhary and Atri. Taranjit Singh Tony while elaborating on the promises made by AAP and fulfilling these said thet will be set to different said hilt just for securing their vote bank interest by mak-ing false promises and befooling the people.

Tony vociferous-ly asserted that as of today there is only one politician who is serving the people of this nation with truth and honesty in words as well as deeds and that is our senior-most party leader Arvind Kejriwal. He added that Kejriwal instead of making promises guar-antese the people the deliv-ery of good governance and services at their door there is only one politiciar that unlike the rest of the parties including the Bharatiya Janata Party (BJP) and Akali Dal who have done only Jumlabandhi till date, AAP has practically delivered on ground by providing free education, free water, free power and free health infrastructure to the people under its governance. He lamented that all the parand services at their door step. He said that it is because of such policies of ties except AAP only exploited the people to the Kejriwal nobody repents or feels cheated after voting

for AAP candidates. On the contrary by voting for can-didates of other parties the voters have to ultimately cut a sorry figure and keep repenting till the next elec-

The AAP leader from The AAP leader from Jammu Yashpal Kundal also appealed to the people to vote for AAP candidate Susheel Kumar Rinku in the elections to make the party stronger to serve the people of Punjab by addressing pressing issues of the people of Punjab of the people of Punjab. Earlier, Vicky Pahalwan

District Vice President of Akali Dal joined the AAP due to pro people policies of Keiriwal Govt.

BLSKS presents 358th musical play " Nasha Nai Karna"

JAMMU, MAY 05: To celebratesthe JAMMU, MAY 05: To celebratesthe "Buddha Purnima", BhartiyaLokSangeet Kala Sansthan, in coordination with Ministry of Social Justice and Empowerment Government of India, Social Welfare Deptt. J&K Govt. and SangamTru Art Poduction mounte threa days en-Production, mounts three days spe-cial campaign&presented 358th Friday Series Musical Play "NashaNai Friday Series Musical Play "NashaNai Kama'atNeelam Public High School Janipur Jammu on today under the overall Direction of Dr.M.L.Dogra.A pledge was also takenby more than 200 students and teacherswhich was recited by Sh.M.C. Kotwal, Secretary of BLSKs and certificate honored by the Ministry of Social Juscie was the Ministry of Social Justice was felicitated to the Principal of the Host felicitated to the Principal of the Host School.The programe was inaugurat-ed by the Chief Guest DaneshSadhotta, Principal Neelam PublicHigh School JanipurJammu. Among the Guest of Honors present wereSanjay Gupta, Meenu Rana, Neha Chowdhary, Senior Teachers of the host school. The day commemo-rated as well with sole aim of rejuve-nating the traditional , Primitive Folk, Art, Culture of J&K Region. The Specially items prepared on the Specially items prepared on the theme " Jan Gan Man", "Swatch Bharat

Bharat Ho ", "NashaNaiKarioMundeKureio", "Nai Pee Shraban", "Are Jammua Pare Bawa" , "SavdhanSavdhan ae BhaartvasiSavdhan", " Mere BhaartvasiSavdhan", "Mere GharParbhu aye Hai", Nukkad, Skits Songs and Dances were presented to aware the masses. The Chief Guest saidBuddha Purnima has a great importance in Hindu religion. On this particular day, people visit holy

places to take a holy bathe in Ganga river. Devotees worship Lord Vishnu and observe Satyanarayan fast on this auspicious day with full devotion, offer prayers to Lord Vishnu and recite Satyanarayan Katha and Chief Curest also scild yan have come toroth-Guest also said we have come togeth-Guest also said we have come togeth-er to strengthen our determination against drug abuse in any form and to send a message to the world that India will leave no stone unturned to fight against this evil. The efforts of the organizers in making such aware-ness programmes colorful and effec-tive. During the three days campaignBlsks will present 3 prog in Bishnah Block of Jammu District to aware the masses. The artists of aware the masses. The artists of BLSks presented theme based songs BLsks presented theme based songs which were written by Dr.M.L.Dogra& the music was the composed by Mr.RajuBajgal, Music Instructor, Blsks. The program was also recorded & uploaded online on Social Media for benefit of the peo-

ples. Welcome speech was given by Dr. M.L.Dogra, Chairman, BhartiyaLokSangeetKala Sansthan said the current statistics on the rise in suicides and mental health issues in suicides and mental health issues has led the government to take the much required action for drug demand reduction. NashaMukt Bharat Abhiyaan, the flagship cam-paign of the Ministry of Social Justice & Empowerment is an initiative in this stride. The Abhiyaan has been valiantly fighting against the baleful repercussions of substance abuse at the ground level with the surport of the ground level with the support of local administration teers, online competitions and several events. It has been evident that men-tal health disorders need to be

addressed to build a healthy society that contributes to the national growth and development. NashaMukt Bharat Abhiyan is an efficacious attempt to fight against substance abuse and raise awareness for healthy lifestyles&also said I am happy to know the initiative taken up by the BLSKS, I hope and pray that this programs will be fruitful and Bharat will be a No.1 drug free coun-

This is a day of great religious and spiritual significance for the followers and practitioners of Buddha and His teachings as on this day they go to the V²barae/Temples/Monasteries and Viharas/Temples/Monasteries and take part in the prayers and medita-tion and listen to discourses. They tion and listen to discourses. They observe sila (moral vows) and prac-tice meditation (samadhi), make offerings (dana) to the Bhikkhu Sangha. People decorate the Vilaras and their homes which gives a festive look on the occasion. Buddhists dis-tribute food, medicines, fruits, milk, biscuits, breads and nourishments to the patients in the hospitals, orphan-ages old age homes and inventile ages, old age homes and juvenile homes. They make special effort to bring smile and happiness to the unfortunate, the old and the infirm and the sick and the needy. Monks and the sick and the needy. Monks recite/chant the sutu/sutures uttered by the Buddha himself 2600 years ago to invoke peace and happiness, love and compassion, unity and brother-hood, well being and prosperity for the individual, society, country and government. Buddhists are reminded of thein sed and associativita to lines of their role and responsibility to live in harmony with people of other faiths and to respect the beliefs of other people as the Buddha had Himself taught.

Notorious criminal booked under public safety act: Police

JI NEWS SERVICE REASI, MAY 05: Working on multipronged strategy of Reasi Police to deal with the notorious criminals, deal with the notorious criminals, today District Police Reasi booked a notorious criminal of Reasi under Public Safety Act (PSA) and lodged him in District Jail Amphalla Jammu. Somraj @ Shamu s/o Shankar Dass R/O Kanjali, Dera Baba District Reasi

Age 30 Years was found involved in many criminal cases: FIR No. 18/2018 U/S 354 IPC (P/S Reasi), FIR No. 19/2018 U/S 382/342/323 IPC (P/S Reasi), FIR No. 92/2019 U/S 8/21/29 NDPS Act (P/S Ramsoo, Distt Ramban), FIR No. 302/22 U/S 341/323/504/506 IPC (P/S Reasi)

and, FIR No. 41/23 U/S 307/341/ 506 IPC (P/S Reasi). However in view of his continuous involvement in variety of criminal cases and to safeguard the general public it was necessary to book him under stringent law.

directions of Sh Amit On the On the directions of Sh Amit Gupta-JKPS Senior Superintendent of Police Reasi his dossier for Public Safety Act was framed and sent for necessary detention order to District Magistrate who formally issued the order of their detention under the PSA. Today by the order of Smt Babila Rakwal District Magistrate Reasi, he was arrested and lodged in District Jail Amphalla Jammu under Public Safety Act. SSP Reasi while sharing the details

conveyed that Reasi Police is committed towards the safety of the public and to eradicate notorious criminal from the society.

Hart -

not filled. Number of files of Health employees and public are waiting the nod of Director Health for terminal ill patients who are minal ill patients who are waiting to get their treat-ment of Kidney/Liver Transplant from higher institute. Release Salary of FMPHW- The salary of FMPHW is pending from last six month and they are parsitently demanding for persistently demanding for release of Salary. Despite of



closed on 01/04/2023 and federation request the Government to keep this portal open till the post of Director Health Service is out 6114 Durnhere feller repeated request to Government the issue of pending salary is not resolved till date. Many FMPHW now on Life Long treatment and at the mercy of Almicidut for sustanano of Almighty for sustenance. The salary of FMPHW and other staff Working under 2211 head is disbursed from the state coffer bursed from the state coffer all over the country and budgetary grant sanction later on by the Central Government,and same grant is to the UT Govt, but this rule is not implement-ed in JKUT. We appeal to the His Excellency

J&K youth inspired from PM's

vision of Aatmnirbhar Bharat: Sat also stated that PM I inspired the youth of J&K to become Job Creators DEED CLOTH HOUSE instead of Job seekers and the owner has also provid-ed jobs to 5 people which will benefit the same num ber of families, he added Dinesh Gupta congratu-lated the owner for open-ing up the new venture and

Sodhi and others, Sharma

JI NEWS SERVICE

JAMMU, MAY 05:: Sai ishno Dhaba was inaugurated by Former Minister and Ex MLA Sat Sharma (CA) at Sarwal area of Jammu. Accompanied by a large number of people including Corporator Ward 18 Dinesh Gupta, Mandal Presidents BJP Raveesh Mengi & Raman Sharma, Owner Krish said that the young owner is inspired from the PM Narendra Modi's vision of Aatmnirbhar Bharat. Speaking on the occa-sion, Sat Sharma said that the Dhaba inspired restau-

fusion dishes & heart warming service will make it the most sought after eat-ing destination in the city. He stated that Jammu and Kashmir is known for its iconic food dishes and foodies love to explore new food dishes and Sai Dhaba rant boasts an innovative menu, vibrant and quirky decor, and an experience to relish. He said the owner is will go a long way in satiat-ing their taste buds for long. He wished the owner best for his endeavour. Sat offering unique and unfor-gettable experiences to the

foodies and the delicious

heart

dishes fusion

> Pritam Sodhi, Rohit Gupta, Ashok Gandhi, Karan Sharma, Bodh Raj Pradhan, Sunil Bindru, Rajesh Gupta, Madan Pandey, Puneet Chawla

said that it is located at an ideal location and apt place to spend quality time with family and friends while

dining on sumptuous dish-

. Krish Sodhi thanked the

dignitaries for inaugurat-ing his venture and said that we are ready to treat people with lip smacking food and flavours and that too at reasonable prices.

and others were also pres-



India-China relations not normal: EAM rebuffs Chinese statement of 'stable' border

External Affairs Minister S Jaishankar on Friday said that he had a very frank discussion on the border issue with Chinese Foreign Minister Qin Gang and had made it clear to him that India-China relations are "not normal" and cannot be so if peace and tranquil ity in the border areas is disturbed.

Answering questions at a press conference in Panaji after the holding of the Shanghal Goopera-the word stable, if I'm not Ministers' Meeting, EAM Ministers' Meeting, EAM that's the issue, I think there is an abnormal posi-readout of the Chinese along the boundary, and meeting held on Thursday according to which "Qin Gang pointed out that the cussion, I had spoken to foreign Minister's Meeting ward, and I have made it well; and what I say withide, which is that India-China relations are not normal if foreign Minister's Meeting that's the issue is a normal if form what I say withide which is that India-China relations are not normal if foreign Minister' Gin Gang

100

turbed. "I have been very, very clear about it, very consistent about it. I have not changed my position at this meeting either."

Asked about the Chinese FM meeting with relatives of Dr. Kotnis, representa-tives from the India-China Friendship Associations as well as Chinese and Indian students in Goa on Thursday, the EAM said:

"I've answered the question... Relations today question....Relations today are not normal and to sug gest somehow that they lese can continue, and klese can continue, and with India to carry out when the central problems are not being addressed-and exchanges, step up this wor't wash; there are dialogue and cooperation issues we need to discuss, within multilateral frame-and it may be an endeav-our and expectation to try dination and collabora-and project the picture (of tion on international and normaley), but i certainly back on the track of sound Jaishankar had held a

AGENCIES NEW DELHI, MAY 5

India logs 3,611

new Covid cases

"detailed discussion" with Chinese Foreign Minister Qin Gang on the bilateral relationship, with the focus on resolving the out-

standing issues and ensur ing peace and tranquility in the border areas. In a tweet after the around hour-long talks with FM Qin, EAM said in a tweet that the two sides also discussed the Shang hai Cooperation Organisa tion, the G20 and BRICS.

PM to attend Bastille Day Parade in Paris as Guest of Honour

AGENCIES NEW DELHI, MAY 5

Prime Minister Narendra Modi will be travelling to France to attend the Bastille Day Parade in Paris as Guest of Honour on July 14.

. To mark the 25th anniversary of the India-France Strategic Partner-ship milestone, an Indian armed forces contingent will participate in the Bas-tille Day Parade alongside

said

their French counterparts. An official statement ment said.

ment said. To mark this impor-tant milestone, an Indian armed forces contingent will participate in the Parade alongside their French counterparts. Prime Minister Modi's visit is expected to herald the next phase in the India-France Strategic Partner-ship by setting new and ambitious goals for our strategic, cultural, scien-"On the occasion of "On the occasion of the 25th anniversary of the India-France Strate-gic Partnership, Prime Minister Narendra Modi has accepted President Emmanuel Macron's invitation to attend this year's Bastille Day Parade as Guest of Honour on 14 July 2023 in Paris, a state-

tific, academic, economic cooperation, including in a wide range of industries. India and France have

shared vision on peace and security, especially in Europe and the Indo-Pacific and uphold the objectives and the principles of the Charter of the United Nations, which are also the basis of our coop eration in the Indo-Pacific

region. This historic visit will This historic erormon ini-tiatives in order to respond to the key challenges of our time, including cli-mate change, biodiversity loss and the achievement of Sustainable Develop-ment Goals and will be an opportunity for India and France to reaffirm their commitment to mul-tilateralism, including in the context of India's G20 Presidency, the statement said. also deliver common ini

VP Dhankhar in London interacts with King Charles III, Commonwealth leaders

AGENCIES NEW DELHI/LONDON, MAY 5

Vice President Jagdeep Dhankhar, who is in London, on Friday inter-acted with UK's King Charles III and other Commonwealth leaders

Commonwealth leaders at a reception hosted by the British monarchy at Marborough House. MEA spokesperson Arindam Bagchi in a tweet said that the Vice Presi-dent exchanged views with Commonwealth leaders on making the institution of the Com-monwealth stronger and more focused. "VP Jagdeep Dhankhar @VPIndia joined leaders of the Commonwealth countries at a special

countries at a special event hosted by H.M. King Charles III at the Marlborough House, London.

Exchanged views with Commonwealth leaders on making the institu- tion of the Commonwealth stronger and more focused. Dhankhar is in London to attend the Coronation

J&K political leaders...

FROM THE FRONT PAGE...

J&K political leaders... That has blighted numerous lives over the decades in J&K & deserves unreserved condemnation. I send my sincere condolences to the families of those we loss today." Terming the loss of lives of soldiers as 'terrible', former chief minister and Peoples Democratic Party (PDP) president Mehbooba Muft on her Twitter handle wrote, "Terrible news coming in. My deepest condo-lences to the families of those who died in the line of duty." She also expressed condolences. President of the April Party and senior political leader Ataf Bukhari said the sacrifice of the soldiers for the safety of the nation will never be forgorten. Bukhari tweeted, "Deeply saddened by the tragic news from Rajouri. My thoughts are with the families of the brave soldiers who lost their lives in the ongoing

of the brave soldiers who lost their lives in the ongoing encounter. Their sacrifice for the safety of our nation

will never be forgotten." "We strongly condemn the act of terror in Rajouri. These are senseless acts of violence perpetuated by lunatics. And they will inshallah rot in hell, "the chair-man of Peoples Conference Sajad Lone tweeted–(KNO)

to terror. "With changing times, the nature of terror is also changing. Whether smuggling or drug trade or com-munal frenzy, all are somehow connected to terror,"

ne saud. Highlighting that in the last few years, another dan-gerous form of terror has emerged, Modi said, the sound of bomb and guns can at least be heard, but there won't be any sound to terror conspiracy of "hallowing the

Even courts have expressed worry on this nature

of terror, he said. The film made on such a terror con-spiracy, "The Kerala Story" is under discussion. "It is said the film is based on the terrorists' deceitful policies

and conspiracies in just one state," Modi said.

Congress nurtured and...

"VP reaffirmed commit- ceremony of King Charles



en the India-Great Britain ment of India. India and UK have his Comprehensive Strategic Partnership.

toric relationship and share values of democra-"VP Jagdeep Dhankhar @VPIndia met with H.M. King Charles III and concy, rule of law and many complementarities and veyed greetings on the occasion of his Coronaconvergences. The relationship was elevated to Comprehensive Strategic Vice-President Jagdeep Partnership in 2021 with the adoption of Roadmap 2030 for Future Relations, a statement said.

perated from the disease is 4.43 crore (4,43,99,415) The COVID-19 recovery rate stood at 98.74 per cent, whereas the fatality rate was recorded at 1.18 per cent.



The Ministry said 1,930 vaccine doses of COVID have been administered during the last 24 hours under the nationwide vac-cination drive. Around 20.66 cr Total Vaccine doses (95.21 cr Second Dose and 22.87

Second Dose and 22.87 cr Precaution Dose) have been administered so far under Nationwide Vaccination Drive said the Ministry. Meanwhile, 92.74 cr

Meanwhile, 92.74 cr Total Tests conducted so far; 1,73,263 tests con-ducted in the last 24 hours showed the Ministry data.

Cyclonic storm likely to intensify in Bay of Bengal by May 6: IMD

AGENCIES NEW DELHL MAY 5

The Indian Meteorologi

The Indian Meteorologi-cal Department (IMD) on Friday warned that cyclonic circulation is likely to develop over the Southeast Bay of Bengal by Saturday. "Under its influence, a low-pressure area is expected to form over the same region on May 7, which may develop into a depression by May 8", the weather agency said. "The system is expected to intensify into a cyclon-ic storm, moving nearly orthwards towards the central Bay of Bengal". The MD said the details of its path and intensity would be provided after the formation of the low-pressure area. pressure area. In view of the "cyclo-

in view of the "cyclo-genesis" over the Bay of Bengal, light to moder-ate rainfall is expected at most places with isolated heavy rainfall very likely over Andaman and Nico-



areas of Andaman & Nico

to venture into the South

adjoining areas from May 7 onwards and into the adjoining Central Bay of Bengal from May 9 onwards The IMD has also urged

people to remain alert and take all necessary precau-tions to ensure their safety

take all necessary precau-tions to ensure their safety during this time. In another event, a version of the safety may sho, and the sea con-dition is likely to be rough heavy rainfall at isolated on May 7 and very rough places over Tamil Nadu, rore May 8 onwards places over Tamil Nadu, rore the southeast Bay of pradually increase, may function on May 5 and gradually increase, be coming 50-60 kmph gusting to 70 kmph over the Southeast Bay of gusting to 70 kmph over the Southeast Bay of gusting to 70 kmph over the Southeast Bay of Bengal and adjoining areas of Andaman & Niko over any part of India

over any part of India during the next five days. bar Islands and Andaman Sea on May 8 and 9. In view of the warn-"Maximum temperatures are very likely to increase ing, the IMD advised the and become near normal over Northwest India by May 7 and over remaining parts of the country by May 9," it said. fishermen, small ships, boats, and trawlers not east Bay of Bengal and

Meanwhile, the daily positivity rate was record ed at 2.08 percent while the weekly positivity rate was pegged at 2.88 per

However, there was no indication of any clear for-

However, there was no indication of any clear for-ward movement in ending the three-year row. The ties between India and China nosedived signifi-cantly following the fierce clash in the Galwan Valley in June 2020 that marked the most serious military conflict between the two sides in decades. The Indian and the Chinese troops are locked in a standoff in a few friction points along the Line of Actual Control (LAC) in eastern Ladakh for the last three years though they disengaged in several places following a series of military and diplomatic talks. India has been maintaining that the relationship between the two countries should be based on 'three mutuals' — mutual respect, mutual sensitivity and mutual interests. The eastern Ladakh border standoff erupted on May 5, 2020, following a violent clash in the Pangong lake

5, 2020, following a violent clash in the Pangong lake area.

the two sides completed the disengagement process in 2021 on the north and south banks of the Pangong lake and in the Gogra area. (Agencies)

AIIMS Jammu to...

AIIMS Jammu to... Awantipora shall add another 200 MBBS seats. The meeting further deliberated upon the status of two AIIMS level Hospitals being established at Vijaypur (Samba) and Awantipora (Pulwama). It was said that the AIIMS, Vijaypur is all set to be dedicated to public by October this year and AIIMS, Awantipora Aby 2025 after 34 more acres of land were provided to the institute for its updated design. ... It is pertinent to mention hare that the medical infrastructure and education has been given a major push during the past couple of years. Besides these 07 Medical Colleges and 2 AIIMS level Institutions, 07 new Nursing Colleges shall also be set up across the UT. Further, the District and Sub-District Hospitals are given being given adequate manpower in addition to other infrastructure required for providing quality health care to public. care to public.

J&K Bank records...

is the highest ever annual profit," a bank spokesper-tries to transition from emergency mode to manag-son said. "The bank's gross and net NPA as percentages in #Covid19 alongside other infectious diseases," he to gross and net advances improved considerably to added.aenoso

6.04 per cent and 1.62 per cent respectively, compared to 8.67 per cent and 2.49 per cent recorded last year." The growth of advances outpaced the increase in depos-tive record and advances outpaced the increase in depos-

The growth of advances outpaced the increase in depos-its. While advances grew by 17 per cent to 82,285 crore, deposits increased by around 6 per cent to 81,22,038 crore. "It is a great feeling to deliver better-than-prom-ised annual numbers. Looking back to March 2022 with these set of numbers, I see an unmistakable shift in per-formance, as well as the functioning of the bank," Man-aging Director and CEO Baldev Prakash said. He said after revamping the business strategy to reduce con-centration risk, the loan book in return on investment has grown by more than 20 per cent during 2022-23.

Centration hisk, the loan book in return on investment has grown by more than 20 per cent during 2022-23. "While making our balance sheet stronger on a daily basis, we have now entered into a progressive phase wherein business growth coupled with process excel-lence is all set to yield better returns to all stakeholders of the bank," Prakash added. (Agencies)

COVID-19 no longer...

deaths we know about," he said. "As we speak, thousands of people around the world are fighting for their lives in intensive care units. And millions more continue to live with the debilitating effects of post-#Covid19 condition," the Director Gen-eral of WHO added.

energi of WHO added. The WHO had declared Covid-19 as a global emer-gency in January 2020. "1221 days ago, WHO learned of a cluster of cases of pneumonia of unknown cause in Wuhan, China. On the 30th January 2020, on the advice of an Emergency Committee convened under the International Health Regulations, I declared a public health emergency of international concern over the global outbreak of #Covid19 - the highest level of alarm under international law." Tedros said. "At that time, outside China there were fewer than 100 reported [#Covid19] cases, and no reported deaths. In the 3 years since then, Covid-19 has turned our world upside down. Almost 7 million deaths have been report-ed to WHO, but we know the tol is several times higher

ed to WHO, but we know the toll is several times higher at least 20 million," he noted. "What this news means is that it is time for coun-

"Such a beautiful state of the country, where people are hardworking and talented. This Kerala Story film brings out terror conspiracies happening in that state," he said. "It is unfortunate that Congress can be seen standing with this terror trend that is seeking to ruin the country. Congress is even indulging in backdoor political bar-gaining with people having terror inclinations. People of Karnatak should be cautious about Congress," the PM added. (Agencies)

We have to take...

Jaishankar said on Friday.

His comments at a press conference came a day after his talks with Chinese Foreign Minister Qin Gang. "I think the issue is that there is an abnormal position in border areas," he said, adding "we had a frank discussion about it."

"We have to take the disengagement process forward," he further said

Jaishankar and Qin held bilateral talks on Thursday on the sidelines of a meeting of the Council of Foreign Ministers of the Shanghai Cooperation Organisation (SCO)

The meeting between the two foreign ministers was terror. Can such a party protect Karnataka and its civilians in any way. Under the climate of terror, the industries here, the IT industry, farmers, and rich cul-ture and heritage here will be destroyed, " he added. Claiming that the Congress has lost courage to speak against terror. Modi alleged that for the sake of vote bank politics, the party has nurtured and given shelter to terror. their second in the last two months. The Chinese foreign minister visited India in March to attend a meeting of

their second in the asis two infomus: The Chinese foreign minister visited India in March to attend a meeting of the G20 foreign ministers. During the talks, Jaishankar conveyed to his Chinese counterpart that the state of India-China relations is "ahonrmal" because of the lingering border row in eastern Ladakh. Last week, Defence Minister Rajnath Singh told his Chinese counterpart Li Shangfu at a meeting that Chi-nàs violation of existing border agreements "eroded" the entire basis of ties between the two countries and that all issues relating to the frontier must be resolved in acordance with the existing pacts. The meeting on April 27 took place in New Delhi on the sidelines of a conclave of the SCO defence ministers. Days ahead of the meeting between the two defence

Days ahead of the meeting between the two defence ministers, the Indian and Chinese armies held 18th

round of talks on ending the border row. In the Corps Commander talks on April 23, the two sides agreed to stay in close touch and work out a mutu ally acceptable solution to the remaining issues in eastern Ladakh at the earliest

As a result of a series of military and diplomatic talks,

Delaying elections violates democratic

values of country: RS Chib

Bali Bhagat slams Farooq, Mehbooba for raising hue & cry over holding G20 in Kashmir

JI NEWS SERVICE

jammu, may 05 Bali Bhagat, senior Bharatiya Janata Party (BJP) leader and former Minister has slammed the former Chief Ministers of erstwhile State of Jammu and Kashmir Dr Faroog Abdullah and Mehboob Abdullah and Mehbooba Mufti for their unwanted and objectionable state-ments against the holding of C20 Summit in Kashmir. He said that it is an irony that despite the whole nation is lauding the Prime Minister Narendra Modi for holding this historical for holding this historical international event in Jammu and Kashmir, these two CMs are unne raising hue and cry over a



NC and PDP heads have started towing the Pakistani line. Asserting that both Dr Farooq and Mehbooba are spewing venom against the sover-eignty of the nation, he demanded strict action against both of them under the law of the land. The senior BJP leader accused Dr Farooq Abdullah and Mehbooba Mufti of leaving no stone unturned in provoking the people of Jammu and Kashmir by issuing all sorts of irrelevant statements to In a statement issued to media here today, Bali Bhagat said that Dr Farooq and Mehbooba Mufti by airing such obnoxious airing such obmoxious statements against G20 Summit being held in Kashnir makes it amply clear that both the former CMs are agents of Pakistan as they are parroting the tone of Pakistan day in and day out. He said that earli-er it was Pakistan which raised hue and cry over of irrelevant statements to disturb the aforesaid International level event and raise fingers against the Union Govt led by Narendra Modi. He said that these two erstwhile raised hue and cry over

holding of the G20 summit Chief Ministers never in Kashmir and now these wanted to give peace a NC and PDP heads have chance in J&K as they pro-Chief Ministers never wanted to give peace a chance in J&K as they pro-moted their own personal interests by befooling the people of J&K. While lauding Prime

Minister Modi led Govt for Minister Modi led Govt for holding G20 summit in J&K, Bali Bhagat came down heavily on the Congress Party said that its leader and then Prime Minister Pt Jawahar Lal Nehru committed the

Nehru committed the greatest blunder by taking non issue to the United Nations for which the nation had to pay heavily. He said that the incumbent He said that the incumbent Govt led by Narendra Modi has been trying to undo the wrongs of the Congress regimes for about seven decades.



JI NEWS SERVICE JAMMU, MAY 05: The Progressive emocratio Azad Party's General Azad Party's General Secretary RS Chib expressed his disappoint-ment over the delay in Assembly elections and said that depriving people of their electer persenta-tives tantamounts to violat-ing the democratic values. He said that violating democratic values doexet democratic values doesn' augur well to a country like India which has rich histo-

ry of democracy the intervention of the gov-However, Chib directed his party members to intenhis party members to inten-sify the membership drive and by the time elections in Jammu and Kashmir are held, DPAP shall emerge as one of the largest political party in the UT. "Our district presidents much width contractivaly. In

All J&K Pasmanda Tabka Development Welfare

must visit extensively to their respective areas and intensify the drive of membership," he said while chairing an office bearers neet in Jammu. Meanwhile, Chib sought directed all District Presidents to Chalk out the

the intervention of the gov-ernment and adequate compensation to the farm-ers who lost their wheat crop in extensive rains. * The farmers who are affected have lost the cru-cial crop of the year. The worst affected are the farm-ers living in border areas who have no other source who have no other source of income. They need fully to be compensated,"Chib said. Jugal Kishore Sharma Provincial President

all

tour programme of their Districts in consultation with the Zonal presidents in order to create aware-ness regarding the mission of our Party He also stressed upon them to make Party offices in their Districts functional in functional in

15

to time. Among others who attended the meeting were,Ch Gharu Ram, P.S.Manhas, Zahid Malik (Zonal Presidents), Ashok Sharma, VP Province, Ashok Bhagat, Balbir Singh, Gourav Chopra, Brijeshwar Singh Indoo, Thankur Dharam Chand, Sushil Sharma. Surinder Sushil Sharma, Surinder Bhagat (Distt Presidents) Anita Thakur Gen Secretary, Sobat Ali Gen Secretary, Prabha Salathia Mahila Chief, Rajinder Sharma, Lovely Gupta, Vishal Chopra, Ashutosh Raina, Pinky Manhas and others Anita Thakur Ger

BJP fulfilled poll promise of strengthening democracy at grassroots level: Kavinder

JI NEWS SERVICE

REASI, MAY 05: Bharatiya Janata Party (BJP) has ful-filled poll promise of strengthening democracy at grassroots level and reconduct of DDC and BDC polls on time for the first time in the history of J&K is

time in the history of J&K is the proof of party's sinceri-ty towards J&K. This was stated by Kavinder Gupta, senior BJP leader and former Deputy Chief Minister while addressing a meeting of party workers at Reasi. The meeting was convened by meeting was convened by Panchayati Raj Cell of BJP which Surjeet Chowdary, Convenior Panchayati Raj Cell J&K,

Gurdeep Saini and Rambesher Dutt Co-Convenors of Panchayat to institutions. "Un institutions of Raj Cell were present. The senior BIP func-Minister. tionary said that in the last tionary said that in the last over 70 years, the power was in hand of limited peo-ple but under BJP regime, the power has been distrib-uted to the lowest level as more than 30,000 elected public representatives have been empowered to direct-ly deliver services to com-mon man thus removing

Minister, Narendra Modi, the culture of work has changed and the dynamics of development has improved. The present government at the Centre has empow-ered the people in the real sense and the three tier sys-tem of PRIs has been estabtem of PRIs has been established across Jammu and mon man thus removing Kashmir The PRI representatives the gap between centre, state and the masses.

and has given more pov

Panchayati

"Under the

Narendra Modi.

Prime

. The PRI representatives have been empowered to such an extent that they can now take decisions inde-pendently without any interference of the Centre and State, which is proving Kavinder said that the Government led by Prime Minister, Narendra Modi has strengthened the grass-roots democracy in the UT

to be a real game changer thus speeding up the development without any chance of siphoning of funds as local governance is monitored by the people at local level", he main-

at local level , ... tained. The former deputy Chief Minister said that what BJP government has given to J&K and what is in the offing is something which no other political party in the country can even imagine as the same has been expe-rienced by the people in the last over 70 years when dis-pensations of different hues and shades ruled the erstwhile state of J&K. Kavinder also asked the party workers to celebrate nine years of Modi Government at the Centre in a big away from May 15 Raj

in a big way from May 15 to June 15 under the name 'Nav Saal -Bemisal'. He informed that the Party has

informed that the Party has 16 organizational districts in Jammu region and from May 15 to June 15, a mega conference will be held in every organizational dis-trict

rict. Rumail Singh, Ashok Kumar BDC, Sham Lal BDC, Chander Mohan BDC and Panches and Sarpanches of the entire district were pr meeting

Society celebrated 2585th Buddha Jayanti CHARITABLE TR

JI NEWS SERVICE IAMMU, MAY 05: All I&K Pasmanda Tabka Development Welfare Society, working for the betterment of weaker section of the society, on Yog Kender Veena Bakshi, Friday celebrated 2585th Sanjeev Gupta, Bimla Devi

Buddha Jayanti celebra-tion, here. Provincial President VK Dogra, National President Youth Wing Batwal Biradari Koushal Taghotra, Chairmen Leurit (chila Chairman Jagrati Mahila

Sarika Dogra besides a large number of members were present during the event. Speaking on the occasion, Dogra said that Buddha Purnima is celebrated as the birth anniversary of Gautama Buddha, a spiritual teacher on whose

Districts functional in order to address the issues raised by people from time to time.

teachings Buddhism was

founded He added that Gautam He added that Gautam Buddha left his kingdom to seek spiritual enlighten-ment, and in the process founded Buddhism in India in the 6th-5th cen-

turies. Lord Budhha was an extraordinary human, a seeker who attained enlightenment through meditation and intellimeditation and intelli-gence, and then set out to preach his learnings to the people, he said. A philosopher, religious leader, spiritual guide, and enlightened being, Lord Buddba is known for

Buddha is known for preaching Dharma (duty), non-violence, peace, and kindness, he added. At the age of 30, he gave a worldly belongings and and suffered hardships search-ing for the truth, Dogra

Dharun Kesar inaugurates u.Hitasha Makeover Studio

ernment has initiated several schemes aiming to foster entrepreneurship in the country.

He asserted that Jammu and Kashmir is becoming self-sufficient Union Territory in all respects. He wished for the success of the new wished for the success of the new venture and asked the proprietor to provide good service to the cus-tomers. He said that quality service has always attracts potential cus-tomers and will make good business. He said that quality is very important in the business and the owner of the showroom should surely utilize qual-ity moducts for the customers.

ity products for the customers. DK asked youth to explore the entrepreneurial avenues as both the J&K and Central Government have launched number of schemes for the launched number of schemes for the welfare of people as well as youth of the nation. He exhorted upon youth to avail the benefits of the central sponsored scheme to become job cre-ators instead of job seekers.

PSAJK offers its platform, RPs to turn educational institutes into Centers of Learning AND HAMZAH MAKHDOOM GUEST HOUSE



JI NEWS SERVICE

SRINAGAR, MAY 05: The University of Kashmir The University of Kashmir held a first-ever get-togeth-er of its superannuated teachers, where several innovative ideas were dis-cussed to address the growing challenges in the education sector, from pri-ment to hidper education mary to higher education.

The function was presided over by the Vice Chancellor of the University of Kashmir, Prof Neelofar Khan, and attend ed by former deans of aca-demics, deans of college development, heads of departments, and profes-

sors of the university. The event took place in th lawns of Shaikh Ham lawns of Shaikh Hamza guest house, where lunch was served to the partici-pants. Prof Neelofar Khan and Prof Muhammad Zaman Azurda were feliciguest hou tated for their achieve-ments in the field of education. The event was attended by the academic advisor of the Private Schools of the Private Schools Association of Jammu and Kashniir (PSAJK), Prof Hamid Naseem Rafiabadi, who suggested that higher teaching institutions should support the private educational sector from the primary school level and arts, engineering, social sci-ence, literature and man-agement and commerce streams. There should be progression from lower to higher education through these efforts," said Rafiabadi. Prof Neelofar Khar

Prof Neelofar Khan assured all possible assis-tance from her side and encouraged teachers to come forward with propos-als that could benefit socie-ty and the community at large. The host of the event, Prof Muhammad Akbar Khuroo, welcomed the participants, and Muhammad Prof Peerzada delivered the

Peerzada delivered the inaugural speech. Other dignitaries present at the event included for-mer registrar of IUST Awantipora Prof Riyaz Rufai, Dean Research IUST Prof A H Moon, and the present Presistrar of the present Registrar of the University of Kashmir, Dr Nisar Ahmad Mir. Prof A R Yusuf, Prof Mohd Amir Sofi, Prof Khurshid Ali, Sofi, Prof Khurshid Ali, Prof Muhammad Zaman Azurda, Prof Mohd Ashraf Wani, Prof Mushtaq Ahmad Kaw, Prof Majruh Rashid, Prof Mohammad Akbar Khuroo, and many others were present at the others were present at the occasion.



IAMMU, MAY 05: Dharun Kesar JAMMU, MAY 05: Dharun Kesar (DK), actor of Dogri fame movie Aaun Aan Shinda today inaugurated u.Hitasha Makeover Studio trained by Meenakshi Dutt at Lane No 15,

Talab Tillo Jammu. On the occasion, Viren Satti, owner of Sallon World was the special guest. Speaking on the occasion, Dharun

Kesar complemented the owner Hitasha on opening of the new saloon in the city area. He asserted that gov-

NC zonal secretary lashes out at LG admin for befooling youth Dr Vikas urges youth to get united and support NC for bright future

JI NEWS SERVICE IAMMU. MAY 05: National JAMMU, MAY 05: National Conference Zonal Sccretary and Coordinator Jammu District Urban, Dr. Vikas Sharma held a meeting with youth coming from different parts of Jammu and discussed various issues related to them. He expressed deep anguish over the increasing taxt of unemolument

The expressed acep anguist over the increasing rate of unemployment in J&K especially during the present regime and castigated the UT admin-istration for playing with the future of youth. Dr. Sharma urged the youth to get united for their cause and extend whole hearted support to National

Conference (NC) in the forthcoming local body elections. He said, "Present regime has imposed several burdens on the shoulders of J&K people in the form of Smart Electric Meter, Property Tax etc. The Government is pursuing anti-people policies and time has come for all of us to teach BJP a lesson in forthcoming Municipal Polls." He said that if NC was voted to power in vive hody elections. they will frame said that if NC was voted to power in civic body elections, they will frame pro-youth and pro-people policies. "Don't think Municipal Polls are of least importance, the civic body also holds important powers as Mayor and Dy Mayor can also do a lot of better things for people. At least through the ---

medium of these elections, people can teach a lesson to arrogant leaders of BJP," he added. NC have a proven track record of giving services to people of J&K as credit of all the developmental works and welfare schemes goes to the party so if's high time to strengthen hands of Dr. Earoog. Addullab Lenab Omar of Dr Farooq Abdullah, Jenab Omar Abdullah and other top NC leaders to safeguard our future, Dr Sharma asked the youth. He appealed to them to shun differences, leave those who are creating differences among differ-ent sections of society and come together to support NC for a bright and prosperous future.

act as patrons to all stake holders in the educational holders in the educational field. He further proposed that the PSAJK could pro-vide a platform for retired teachers to work as resource persons to help private institutions trans-form into centers of higher form into centers of higher learning. He recommended

that higher education institutions should operate as academic think tanks to facilitate the development facilitate the development of an outstanding educa-tional and knowledge-based society. "We need to hold refresher and orienta-tion courses for all educa-tional institutions from pri-mary onwards in science mary onwards in science, .



THOUGHT OF THE DAY

Logic will take you from A to B. Imagination will take you everywhere - Albert Einstein

JINDRAH MAGES

Regulate social media platforms

ake news on social media platforms and web portals have become a matter of serious concern. It has become the potential source of disturbing communal harmony and putting national security at risk. On Thursday, the Supreme Court also expressed its anguish over the prevailing situation of dissemination of fake news on social media and observed that news broadcasts loaded a communal tone on TV channels and social media might bring a bad name to the country. The Apex Court's observation also authenticated that there has been no control over fake news and slandering via web portals and YouTube channels. It is very easy to find how fake news is freely being circulated and anyone can start a channel on YouTube. The government authorities need to be blamed for the current mess as they did not bother to regulate the functioning of web portals and YouTube channels. Every Tom, Dick and Harry has started a YouTube channel wherein they disseminate news via web portals without following journalistic ethics. Moreover, there is no check on their functioning as well. Without going depth into the consequences of news broadcasts bearing a communal tone, their irresponsible act many a times becomes a potential threat of disturbing communal harmony and peace in the country. During the last few years, authorities at the helm of affairs never attempt to regulate these private channels on YouTube and other social media platforms. It is not clear whether the government did it intentionally to sideline mainstream media organisations or it was the failure of authorities to keep a check on functioning of such private channels. Ultimately, the country is getting a bad name. The Supreme Court's concern was that Twitter, Facebook or YouTube-they never respond to them and there's no accountability. About the institutions they have written badly and they don't respond ... and say this is their right. They only worry about powerful men and not judges, institutions or common man. The irony of subject matter is that the government itself has admitted that these web portals not only broadcast communal but also planted news. Though the new IT rules make social media intermediaries a bit accountable, yet there is a lot that needs to be done to keep a tab on their functioning. Given the present situation, the government should immediately take all measures to regulate online content, including social media and web portals under the newly enacted IT rules. It is also said that the new social media rules provide a means of addressing grievances of content that can be harmful to the nation's security as well as the modesty or safety of a person. The need of the hour is to strictly enforce the new IT rules and all social media platforms should be directed to keep a check on the veracity of new news content they are broadcasting on their private channels.

CONFLICTING INTERESTS

OPINION

THE RUSSIAN WAGNER GROUP IS REPORTEDLY BACKING THE RAPID SUPPORT FORCES (RSF). HOWEVER, AFTER THE MAYHEM AND A TENTATIVE CEASEFIRE, THE REGIONAL ACTORS SEEM TO HAVE TAKEN A PAUSE. EGYPT, ALONG WITH ITS ARAB FRIENDS, IS TAKING A MORE DISTANT VIEW AND LETTING THE INTERGOVERNMENTAL AUTHORITY ON DEVELOPMENT INITIATIVE PROCEED

GURJIT SINGH

HE recurring crisis in Sudan over the past two decades is saddening. Sudan was the largest country in Africa, among the first to be decolonised, and a close friend of India. There is a Sudan block at the India. There is a Sudan block at the National Defence Academy in Khadakwasla. In 1955, at the Bandung Asian-African confer-ence, India was at the forefront of inviting emerging African coun-tries such as Sudan and Ghana to the meet. India has contributed to the consolidation of their inde-pendent identify. Sudan attracted Indian investment in oil, sugar, etc. Even after South Sudan secold

Indian investment in oil, sugar, etc. Even after South Sudan secceded in 2011, the Darfur crisis, which began in 2003, continued. Competing Afro-Arab forces, stoked by various regional players, fought the government in Khartoum. Sudan was governed by military dictator Omar Bashir from 1989 to 2019. He had links with Al-Qaeda and, ultimately, was put on the wanted list by the was put on the wanted list by the International Criminal Court, restricting his movements

Khartoum escaped the first Arab pring, but in 2019, Bashir was top-Spring, but in 2019, Bashir was top-pled in a countercoup, backed by the Forces of Freedom and Change (FFC). The promise of a transition-al government guided by the army was often kept in abeyance. Sudan saw a whiff of freedom under Prime Minister Abdalla Hamdok, who was backed by the army. He attracted new investments, and attracted new investments, got sanctions lifted and led Sudan sanctions lifted and led Sudan towards normalcy. The pace at which he worked perhaps upset the balance in Khartoum; in 2021, he was removed in another coup. At that time, he was the Chairperson of the Intergovernmental Authority on Development (IGAD), the political bloc of the resion

bloc of the region.

bloc of the region. This led to two strange situa-tions. Firstly, due to the coup, Sudan was suspended by the Krican Union (AU). Secondly, the IGAD was rendered headless because of the crisis in Sudan. The current problems in Sudan. The subscription is the subscription of the SS was the Deputy President and Gen was the Deputy President and Gen Abdel Fattah al-Burhan was the



the Khartoum elite, which is used to governing Sudan for decades coups afte

For practical reasons, they had ccommodated the RSF, which is accommodated the RSF, which is mainly backed by the old Darfur militia. The RSF is a successor to Darfur groups, including the cruel Janjaweed, the most feared sur-vivors among all the competing groups in Darfur.

Hemedti created the paramili-tary RSF from the remnants of the Janjaweed, but expanded it rapidly. Inadequately employed youths are easily radicalised and militarised in several African co tries. The RSF successi tarised in several African coun-tries. The RSF successfully achieved this as Sudan has a medi-an age of 19 years. The RSF num-bers are about a third of the Sudan army, but they held off the army, attacked it in Darfur, Kharloum and other ploces and cartured can. and other places and captured cen-tral Khartoum civilian areas. This prevented the army from under-taking serious operations or using the Air Force, lest it be accused of

the Air Force, lest it be accused of attacking civilian areas. The RSF is less concerned with that, and has larger control over Khartoum. This is a typical contention between the centre and the periphe-vy. The RSF is essentially from the periphery of Darfur, which adjoins Chad, Central African Republic and Libya. Since the militant RSF ad pelity ci men and material had plenty of men and material, they were often used by competing powers to play a role in Yemen and Libya.

This has strengthened them,

in Sudar The military said they wanted to

move to a democratic transition faster and abide by the transition expected for 2023. The RSF is less expected for 2023. The RSF is less keen on this change, Further, the RSF opposes a quick integration into the army; the army, in turn, resists that. This contradiction remains unresolved. Who is going to bell the cat now? Institutionally, the UN has become weak. Its long-standing special representative is disliked by both either and it unplue no lay any

sides and is unable to play any role. The AU is dealing with a susrole. The AU is dealing with a sus-pended country. How to have leverage over a suspended mem-ber is a new challenge for the Peace and Security Council of the AU. The Arab League seems equally helpless, having no influence in the matter. matter

Under the principle of subsidiarity, the AU seeks an IGAD initiative to create conditions for negotiations. The IGAD has a three-memations. The IGAD has a three-mem-ber presidential delegation, com-prising the Presidents of Djibouti, South Sudan and Kenya. Initially, they could not go there due to the inability of planes to land in Khartuur

Marting of plates to failed in Khartoum. Now, the South Sudan President has sought army and RSF negotia-tors, who could engage IGAD to possibly find a solution. On the ground, reports suggest that this is going to be a long-drawn-out affair because the army does not want to share power with the RSF any further

The RSF tasted power in Khartoum, and does not see why it should remain peripheral. Its fight-

should remain peripheral. Its fight-ing capacities seem to be better. Rivalries among regional powers are impacting this conflict. Egypt traditionally backed the army out of solidarity with its own kind of government. It requires Sudanese support against Ethiopia over the Grand Ethiopian Renaissance Dam on the Nile. The UAE, which works with Egypt in Libya, for instance, has been on the side of the RSF along with Eritrea, which has a border with Sudan. The RSF has control of mines of gold and other resources, which attract both state

control of mines of gold and other resources, which attract both state and non-state actors. The Russian Wagner Group is reportedly backing the RSF. It operates from the Central African Republic and is close to the RSF in Darfur.

However, after the mayhem that has happened, and a tentative ceasefire, the regional actors seem to have taken a pause. The UAE and Saudi Arabia are

The UAE and Saudi Arabia are now not openly backing the RSF because the problem has become different in the Sudanese context. Egypt, along with its Arab friends, is taking a more distant view and letting the IGAD initiative proceed. Ethiopia is watching with trepida-tion because uncardiative in Sudan tion because uncertainty in Sudan is troublesome for it.

Ethiopia and Tigray are already having negotiations in Kenya to settle their civil war, and they least want another civil war to overtake their concerns

WHY JOBS DO NOT MATTER IN POLITICS

Those who have left agriculture to look for non-farm jobs return to the village and help out on the farm, even when they are not required. People accept their fate that they will not get a full day's work. They depend on the government to keep their heads above water, and organise politically to get just that much. That is why access to government handouts, and not jobs, has become the fundamental driver of the politics of the governed.

AUNINDYO CHAKRAVARTY UR carpenter, Manoj, is a master craftsman. Give him any design and he can repli-cate it perfectly. But his skills in furniture making are offset by his com-plete inability to estimate costs. Push him hard and he might be able to tell you how much raw material he would need, but ask him about his labour cost and he will give you a labour cost and he will give you a bemused smile, and quote a random number. Manoj simply has no sense of the time cost of his own labour. But when he has to hire someone to help him, he is perfectly capable of estimating usage costs — so many. estimating wage costs - so many days of work needed, at so much, or

dihaadi or daily wages. Manoj makes a clear distinction between the value of his own time and that of someone he hires, even though they would be doing exactly the same work. He never pays himthe same work. He never pays him-self what he would pay to another carpenter he has hired to assist him. There are two key elements in this attitude to work – both of which are typical to economies where non-cap-italist production relations exist simultaneously with capital-labour relations. The first is the act of 'self-evolution' or the underroling of exploitation', or the undervaluing of

one's own labour power, even when an external benchmark exists. The second is the distinction a 'petty prosecond is the distinction a 'petty pro-ducer' makes between his own labour power and that of someone he employs. British historian EP Thompson wrote about this in his celebrated essay 'Time, Work-Discipline and Industrial Capitalism' datailing how ideas of Discipline and Industrial Capitalism,' detailing how ideas of Capitalism,' detailing how ideas of the time value of work, notions of productivity and economic better-ment only developed with the emer-gence of industrial capitalism in England. Before that, work was if the arigned,' as empendent to the 'task-oriented' as opposed to the 'time-oriented' work that became

'time-oriented' work that became the norm under capitalism. But that was 18th-century England; this is 21st-century India. Task orien-tation and the absence of time disci-pline all but disappeared in England by the mid-19th century, giving rise to universe here the proceed to universal and abstract homoge neous labour, which could shift from one industry to the other in a standardised form. As workers began to perceive the value of their labour power in terms of the time spent working for their employer, they began to agitate for standard-ised wages, 'overtime' pay, paid leave and various other things that we now associate with 'normal' neous labour, which could shift

work conditions For capitalism to flourish as a politi-cal system, it has to hold out the promise of vertical mobility. Workers must believe that if they are able to save and accumulate some able to save and accumulate some money, they too have the chance to deploy that as capital. One way to do that is to increase the time spent working, or else improve one's skills, such that each time unit of one's labour power is treated as equivalent to multiple units of a lessequivalent to multiple units of a lessskilled worker's labour power. Since the (market) value of a worker's

labour power is the time taken to produce the consumption goods needed to bring that worker back to the labour market the next day – in produ other words, 'reproduce' his labour-power - skilled labour enables power - skilled labour enables workers to save and accumulate. It holds out the promise that they too can, one day, become capitalists themselves. Capitalism, therefore, breeds ambition and aspiration. It entices workers to labour harder and improve their productivity. improve their productivity. At the time of Independence, India's

ruling elite recognised the impor-

tance of inculcating capitalist time discipline among the 'masses.' The so-called 'Bombay Plan' drawn up by some of India's top industrialists underscored the link between higher labour productivity and better stan-dards of living, "Benefits of higher efficiency will be increasingly avail-able to the... workers in the form of a corresponding increase in their a corresponding increase in their incomes," it said. This was an underincomes," it said. This was an under-lying assumption of the post-colo-nial project to build a modern indus-trial economy under the aegis of the state, with significant support from private capital. Abolishing the zamindari system, ending, bonded labour to allow workers to leave the labour to allow workers to leave the farm and work in the factory, train-ing workers to improve productivity and learn machine discipline – these were all part of the process of building a modern, growing econo-my. By all accounts, both Nehruvian 'socialism' and free-market reforms 'socialism' and tree-market reforms have failed to achieve this. My car-penter is not alone in not having a sense of time discipline when it comes to self-labour. If anything, time orientation has steadily decreased because of three reasons: First, that even 75 years after Independence more than one-third of employment comes from farms,

where the movement of the sun and the agricultural seasons dictate the rhythms of work. The second reason rhythms of work. The second reason is that less than 40 per cent of work-ing-age Indians have any kind of paid employment. Finally, the nature of jobs available in our econ-omy has stalled the emergence of capitalist time discipline and aspira-tions among the working people. The manufacturing sector, where capitalist 'ethics' first develop, accounts for less than 10 per cent of all jobs, and a significant number of these are in the unorganised sector. About one in six workers is

About one in six workers is employed in construction, where work is mostly unskilled, manual labour. Even though construction workers are paid daily wages, con-tractors have full control over their labour time. Nearly one-fifth of all jobs are in the

retail trade – an overwhelming majority of these would be small kiosks and shops run using family labour where time-based wages have no meaning. Five per cent of those who have work earn their liv-ing by providing 'non-professional' ing by providing 'non-professional' personal services – as plumbers, electricians, barbers, security guards and domestic help - when ings are task-dependent.



When you wear the uniform, even your gait changes!

Sop onakshi Sinha, who plays a cop for the first time in Dahaad, is thrilled with her

as Anjali Bhati is very dif m Chulbul Pandey. She hat she wants, and what ng, she's on the side of jusou can let go of such a part. It's ve represented real and strong many stories like this to be told. It was really an honour to play this pa How has the representation of

I was doing action seq I was born to play thi ad to look a certain w aap Yo You walk straighter, you I tough. I learned how to driv and have bought one for my love driving it (my mom can to drive carefully). I also ha the dialect. It is a wonderfu



On Buddha Purnima 2023, Kangana Ranaut says 'Indians never get enough credit for leading the world'

Buddha Purnima is celebrated on May 5 to commemorate the birth anniversary of Lord Buddha, also known as Mahatma Buddha. To mark the Buddhisi festival, actor Kangana Ranaut took to Instagram Stories to ask her followers to meditate on Ruddha Purnima meditate on Buddha Purnima. Speaking about how he became Lord Buddha, Kangana became Lord Buddha, Kangana also said 'Indians never get enough credit for leading the world' as she gave the example of Lord Ram, Shiva and Krishna. Along with an illustration of Buddha, Kangana wrote, Telefore he became Buddha, he was just a boy called

Sammi 'Sweetheart' Giancola returns to

'Jersey Shore: Family Vacation' with explosive

drama and surprising reunion

ing them shocked and confused. But if's not all sunshine and rainbows for the jewel-ry designer, who quickly finds herself in heated exchanges with her former housemates. In the clip, Sammi can be seen getting frustrated and yelling at an unseen cast member, causing both Deena Cortese and Nicole "Snooki" Poliziz to burst into tears. Desvite the drama. Sammi remains unapologetic,

Despite the drama, Sammi remains unapologetic closing out the clip with her signature tagline: "I'm still the sweetest bitch you'll ever meet."

the sweetsst bitch you it ever meet." Fans of the CG Jersey Shore series will remember Sammi as one of the original cast members, but she opted out of Family Vacation when it premiered in 2018, citing a desire to avoid "toxic situations." However, she had a change of heart and returned to the spinoff for season 6.

t's official -S a m m i "Sweethea

rt" Giancola has returned to Shore

Jersey Shore: Family Vacation for season 6, and things are heat-ing up fast. In a sneak peek released during the season 5

the season 5 finale, Sammi surprises her castmates with her arrival, leav-

Iersey



Siddhartha. Indians never get "Like Shiva, like Lord Rama, like enough credit for leading the Krishna, here's another Indian, world..." She further wrote, who was bestowed upon with

the ultimate realisation... the world is still shining in his glow..."

Kangana also asked her fol-lowers to meditate on Buddha Purnima and said she was blessed to be born in India. She wrote, "Bowing down to this land that has raised so many Gods...meditate on this Buddha Purnima and feel blessed to be born in Bharat." Kangana often takes to social media to share her views on the film industry, religion and society in general. She also often documents her travels. She was recently in Dehradun and Haridwar, where she not only attended the Ganga Gods... meditate on this Buddha

Aarti, and offered prayers, but also feasted on desserts. The actor also shared her optiono on same-sex marriage and showed her support, when asked about it during her recent Uttarakhand visit. Kangana had said during a media interaction. To cheadi

Kangana had said during a media interaction, "Jo shaadi hoti hai, woh dil ke rishte hote hai, ye sab hi jante hai, Jab logo ke dil mil gaye hai, baaki kuch logo ki jo preference hai, usme lomi kya bol sake hai (Marriage is a matter of the heart, and everyone knows that. When hearts have met, what can we say about people's prefer-ences)?"

Sudhir Mishra savs Hindi films don't wish to infuriate: 'Most of them are upper cast, heroes have no surnames'

Sudhir Mishra has said that most Hindi films have main char-acters without a surname. He suggested that most mainstream Hindi films ignore the caste dynamics of our society, thereby

dynamics of our society, hereby escaping the risks of infuriating any particular section. Sudhir spoke to Vivek Ranjan Agnihotri in a two-hour-long pod-cast and the filmmakers discussed the different aspects of the Hindi film industry. They also shared their views on what ails the indus-try and how it can be rectified. Sudhir told Vivek, "Let me tell you, Hindustani films do not want

vou. Hindustani films do not want to offend anyone. Where do any of the Hindi films infuriate anyone Our films may infuriate a few. My films. We wish to shake them up a tilms. We wish to shake them up a bit. But the mainstream Hindi films, where do they wish to upset anyone? Most of them are upper cast, and most of their heroes have no surnames. It is all just goody, goody stuff."

He added that a good or rooted He added that a good or rooted film does not necessarily have to be set in a rural region, "even urban India is part of India". He also said that filmmakers such as Anubhav Sinha and Hansal Mehta are making films that talk about



characters. Sudhir also said that film stars Sudhir also said that film stars used to raise their voice over vari-ous social concerns, but they do not do so now. He said that the real problem is that people do not speak at all. Dilip Kumar, Raj Kapoor, Dev Anand, and Manoj Kumar were among the top stars

who spoke on various issues. The filmmaker also said that the

industry is not united enough. "Where is Bollywood? They are not united at all. Look at South India (they stand for each other)...Hindi film industry ithe bikher hue hain (you may feel hey support each other) but they do not. Things like when and how to not. Things like when and how to release films, what should be the ticket prices, etc should be decided upon (together, for the entire industry).



Cuperstar Shah Rukh Khan's "Pathaan" is all set to Superstar Shah Rukh Khan's "Pathaan" is all set to be released in Bangladesh theatres on May 12, pro-duction banner Yash Raj Films announced on Friday. Fronted by Shah Rukh Khan, the Siddharth Anand directorial released in theatres on January 25 and has raised over 8s 1,000 crore worldwide at the box office. Produced by YKF, "Pathana" also stars John Abraham, Deepika Padukone, Dimple Kapadia and Ashutosh Rana. According to Nelson D'Souza, Vice President, International Distribution at YKF, "Pathaan" will be the "first Hindi flim" to pelase in Bangladesh since the course "first Hindi film" to release in Bangladesh since the country attained freedom in 1971.

This i much min to recease in bangaotesi since the coun-try attained freedom in 1971. "We have learnt over the years that Shah Rukh Khan has treemedous fan following in Bangladesh and we feel Pathaan, our latest offering from YRF's Spy Universe, is the perfect first film of SRK and Hindi cinema to release in the country and represent Indian culture and cinema in its full glory," he added. Indian films were banned from playing in Bangladesh cinemas since its independence in a bid to protect the local movie industry.

local movie industry. The authorities had lifted the ban in 2010 as the coun-

try's film industry witnessed an unprecedented slide and the number of active movie halls shrank. But after a protest by the local industry, the ban was reimposed.

Amber Heard leaves Hollywood behind, relocates to Spain with daughter Oonagh: Reports



A fter a tumultuous few years in the public eye, actress Amber Heard has reportedly left Hollywood behind and moved to Madrid, Spain 2 AHollywood behind and moved to Madrid, Spain with her young daughter Oonagh Paige. According to a friend of the actress, Heard is bilingual in Spanish and is happy to be raising her daughter away from the noise of Hollywood. Heard has been spending plenty of time in Spain since selling her Yucca Valley, California home in July 2022 for 51.1 million. Last October, the "Aquaman" star was seen flaunting her bikini body on the beaches of Palma de Mallorca, and was later spotted playing with her daughter at a kids' park during a Spanish getaway. The move comes nearly a vear after Heard's biehly nuch.

The move comes nearly a year after Heard's highly pub-licized defamation trial with ex-husband Johnny Depp. licized defamation trial with ex-husband Johnny Depp. The trial ended with the court ordering Heard to pay Depp \$10 million in compensatory damages plus \$350,000 in punitive damages for defaming him in a 2018 op-ed piece she wrote for The Washington Post. Heard later asked the judge to toss the verdict and requested a retrial. While Heard's move to \$pain may come as a surprise to fans, it seems the actress is content to live a quieter life away from the public eye. Whether or not she will return to Hollywood remains to be seen, but for now, it seems Heard is happy to call \$pain home.



Afwaah review: Real a- d relatable political drama will push you to rethi- k what you trust o- li- e

There is a dialogue in in the film: 'Achhi kahaniyaan woh hain Sudhir Mishra film to be. jisme tark ho, jo aapko provoke jisme tark ho, jo aapko provoke karein to ask why. 'That's pre-cisely my view after watching Sudhir Mishra's thought-pro-voking and gripping political drama, Afwaah. Subtly yet strongly, the film turns out to be a social commentary on var-ious things – from the current political scenario in the coun-try, to love jihaad debate to social media rumours comine social media rumours coming into play and corrupting the youth. Afwaah is as real and relatable as you would expect a

Sudhir Mishra film to be. Set in Sawalpur, a small to learn about her fiance town in Rajasthan, the file leader of the ruling party, official starts with future deputy leader of the ruling party, decides to run away and that's when things go out of hand. Wikky Bana aka Vikram Singh (Sumeet Vyas), getting attacked at a political rally. Handan (Shandan (Shangan) attacked at a political rally. Handan (Shandan (Shangan) tocal. A vide of Vicky lish to chandan and giving some orders goes viral on social norders goes viral on social nadis platform called Qwitter (Bhumi Pednekar), who is save Nivi, endangering his engaged to Vicky. She's miffed

own life. The two manage to escape in his car but not for too long before their picture goes viral on Qwitter and they are subjected to 'love jihad' hatred. subjected to 'love jihad' hatted. Mishra practices no restraint when it comes to showing the unapologetic prevalence of communalism and feudalism, especially in small towns, and how the power of social media can be exploited at the hands of rich and mighty to spread a rumour. Afwaah is hard-hit-ing and hearthreaking at the ting and heartbreaking at the same time. It engages you with its dialogues and the narrative that doesn't digress much.

What I liked the most is that despite having several important messages that the film tries to convey through its characters and events unfolding one ters and events unfolding one after the other, it never sounds preachy. With actors such as Pednekar, Siddiqui and Hashmi, Afwaah has a strong cast and a nuanced perform-ance from each of them would blow your mind. Vyas is a true revelation. Right from his dialect, body language, man-perisme to the way he emotes nerisms to the way he emotes anger, love, strength and vulnerability - it's a surprise pack age.

.

e

•

Chocolate milk is a surprisingly good recovery drink — and there's science to prove it

It's far from perfect, but it's a cheap and readily available alternative

hocolate milk contains carbohydrates, proteins, and fat, as well as water and electrolytes which makes it a and electrolytes which makes it a surprisingly good candidate for a recovery drink. In a recent meta-analysis, a team of researchers investigated other studies that looked at how well chocolate milk fares in this regard, compared to a placebo or other products. The results, as some would say, will sur-prise you prise you.

In recent years, the health indus-In recent years, the health indus-try has boomed. Just go to any mar-ket selling specialized products (or even to health aisles in many super-markets), and you'll see myriad products, often nigh-indistinguish-able from one another. While some are indeed more scienco-based and are indeed more science-based and effective, it's hard to know how to find them in the unfamiliar crowd

tind them in the unfamiliar crowd on the shelves. Chocolate milk was reportedly created in Jamaica by Hans Sloane, an Irish physician, naturalist, and collector. It took a while for it to get popular, but nowadays, it's become one of the most provula drinks on one of the most popular drinks on the market. The main draw is the as the mouthfeel of the milk masks the dietary fibers in the cocoa



solids and the dark richness of solids, and the dark richness of chocolate works well with the fatty milk (although more recently, non-fat or skimmed chocolate milk have also become popular). The health benefits of chocolate

milk are still hotly debated, with milk are shill holly debaled, with sugar being a particularly con-tentious topic, especially when it comes to child nutrition. However, the drink may also be helpful in some situations – such as recover-ing from a workout. A study ued by Moican Amiri

A study led by Mojgan Amiri, currently at the Erasmus University Medical Center in the Netherlands and previously at the University of

Medical Sciences in Yazd Iran ana Medical Sciences in Yazd, Iran, ana-lyzed the effects of chocolate milk as a recovery drink. The team analyzed 12 previous studies on the topic. "Chocolate milk (CM) contains

carbohydrates, proteins, and fat, as well as water and electrolytes, which may be ideal for post-exercise which may be ideal for post-exercise recovery. We systematically reviewed the evidence regarding the efficacy of CM compared to either water or other "sport drinks" on post-exercise recovery markers," the recoveries units in the durth. the researchers write in the study. Several previous studies have suggested that ingesting chocolate milk improves recovery and per-

formance measures, especially a metric called the "time to exhaus-tion" or TTE- the time (at a given power or intensity) after which an everying of the second sec power or intensity) after which an exercise cannot be maintained. However, singular studies often focus on small sample sizes or a sin-gular metric, whereas a meta-analy-sis (a study of studies) can offer a more large-scale picture. Although this is a faithy small meta-analysis, it's one of the most comprehensive efforts to date. efforts to date

When you're fed-ing hungry mid-day, it can be tempting to reach for some-thing quick—which often-times means processed (and not the healthiest). However, let us remind you that not all grab-and-go snacks have to come from a box. In fact, your body will thank you if you reach for something simple

reach for something simple and packed with protein.

and packed with protein. Just ask cognitive health and longevity expert Max Lugavere: On a recent episode of the mindbody-green podcast, he shared his go-to snack to nurture his brain and keep his ener-gy levels balanced. His answer? A simple cup of Conek yeart Hore, field a

answer? A simple cup of Greek yogurt. Here, find a few ways to mix up this expert's favorite afternoon nosh. Why Greek yogurt makes a great midday snack. Because Greek wogurt doerst take much

vogurt doesn't take much

time to prepare (just, you

know, scoop some into a

bowl and dig in), it makes a great snack for those on the go. Not to mention, Greek yogurt is packed with nutrients.

Of course, you can reach

"Full-fat dairy has a num

ber of really cool nutrients

in it: whether we're talking

about vitamin K2. of

butyrate, or CLA, I think there's a lot of good to be had in dairy, if you're not

for a dairy-free alternative for a dairy-tree alternative, like almond or cashew yogurt, if you follow a plant-based diet. Lugavere, however, says dairy yogurt has some worthy perks, if you can telerate it

you can tolerate it

Lugavere

efforts to date. When it comes to chocolate milk as a recovery drink, the studies don't always agree. Some have found that fat-free chocolate milk increases the TTE, while others merch works with a report more mixed results. It's actly in this type of situation that meta-analyses can provide a clearer picture. In this case, the researchers concede that there is a need for larg-er studies, but they ultimately conclude:

"Chocolate milk provides either Chocolate must provides entire similar or superior results when compared to placebo or some other recovery drink. Overall, the evi-dence is limited and high-quality clinical trials with more well-con-trolled methodology and larger sample sizes are warranted."

What's the difference between veganism vs vegetarianism?

VEGANISM VS VEGETARIANISM: WHICH IS BETTER? WE COMPARE THE BENEFITS AND RISKS OF THESE POPULAR PLANT-BASED DIETS

Most people can broadly describe the difference between veganism vs veg-etarianism. The basic principles behind these diets are similar both involve eating a plant-based diet, whether that be for environmental, whether that be tor environmental, ethical or religious purposes. But while vegetarians only exclude meat from their diets, veganism is more restrictive and involves wider reaching lifestyle changes. However, if you're considering switching to a more plant-based wear of hjim you man we do ungene

way of living, you may feel unsure as to which one of these lifestyles as to which one of these litestyles would better suit your individual circumstances. On top of this, many myths and misconceptions sur-round the veganism vs vegetarian-ism debate, making it difficult to male an informed desiries. make an informed decision.

With more people taking an inter-est in eco-friendly ways of living, understanding the pros and cons of understanding the pros and cons of veganism and vegetarianism can come in handy. Here, you can find a comprehensive guide to vegan and vegetarian diets to help you navi-gate the plant-based world. WHAT IS A VEGETARIAN DIFT?

DIET? According to the Vegetarian Society, a vegetarian diet excludes products and by-products of animal slaughter, such as meat, poultry, game, fish and shellfish, as well as

hat is the Mediterranean keto diet?

Before getting into the specifics of the Mediterranean keto diet, it's helpful to dive into the

monly eaten by people who live near the Mediterranean

helpful to helpful to dive into the basics of each of the individ-ual plans. Mediterranean diet A Mediterranean diet con-sists of foods that are com-



insects, gelatine, animal rennet, stock and animal fat. Instead, vege-tarians tend to base their meals on stock and animal fat. Instead, vege-tarians tend to base their meals on fruits, vegetables, grains, pulses, nuts, and seeds. When it comes to consumption of other animal-based foods (dairy, honey, and eggs in particular) it largely depends on the type of vegetarianism involved. WHAT IS A VEGAN DIET?

WHAT IS A VEGAN DIET? A vegan diet is somet Dietre ered to be a subtype of vegetarian diet. According to the Vegan ociety, a vegan diet excludes all animal-based foods, including meat, poultry, game, fish, shellfish, eggs and dairy products, as well as all animal derivatives, such as gela-tin, carmine, honey, pepsin, shellac, albumin, whey, casen and some forms of vitamins. The idea behind veganism is to avoid all forms of animal exploitation and reruelty. animal exploitation and cruelty.



Vegans tend to base their meals on Vegans tend to base their meals on fruits, vegetables, grains, pulses, nuts and seeds, and need to use cer-tain dietary supplements to avoid potential deficiencies. Highly active vegans may also need to invest in the best to rester and the sector. the best vegan protein powder to top up their protein intake. VEGANISM VS VEGETARIAN-

SM: SIMILARITIES Veganism and vegetarianism have a lot in common. Both of these movements emphasize the need for protecting animals from harm, though the exact scope of these though the exact scope of these beliefs may differ. Both vegans and vegetarians avoid meat completely and focus on eating a plant-based diet that's rich in wholefoods, par-ticularly grains, fruit, vegetables, beans, lentils, nuts, seeds and sea weeds. Also, both dietary patterns allow the consumption of plant-

based meat alternatives, dairy and egg alternatives, as well as dietary supplements, alcoholic drinks, cof-VEGANISM VS VEGETARIAN-

To help you get an understanding of where these two diet plans differ, let's take a closer look at some of the key differences between veganism and vegetarianism.

Modern production chains are Modern production chains are designed to efficiently produce, store and distribute large quantities of foods. To fulfill the consumer demands for fresh meat, eggs and dairy, many food producers turn to industrial farming practices which can cause a lot of distress and suffer-ing for the avirable. For a lot of sure. ing for the animals. For a lot of veging for the animals. For a lot of veg-etarians and vegans, this is a driving factor in their dietary preferences. However, while animal welfare is the primary reason why they avoid eating animal flesh, they can differ in terms of the degree to which they consider a nimal modulet. consider animal products accept-

able Vegetarians generally agree to Vegetarians generally agree to consuming animal products like eggs and milk, as long as they were produced in an ethical and sustain-able way. A lot of vegans avoid eat-ing animal-based products altogether, as well as opting for cruelty-free clothing, cosmetics, entertainment and household items.

> you're free to consume a wide variety of low-carb foods like meat, poultry, seafood, eggs, cheese, avoca-dos, nuts, oils, butter, and ome full-fat dair

some full-fat dairy. Mediterranean keto diet The Mediterranean keto diet combines aspects of both nutrition plans, offer-ing a unique hybrid solution for those who aren't totally for those who aren't totally sold on either. It retains the Mediterranean diet's high-protein, healthy fat foods with nonstarchy veggies, but without the high-carb foods like legumes, fruits, beans, and unbelo areairs. and whole grains.

and whole grains. What to expect. There's no shortage of studies backing the Mediterranean diet-it offers many potential health benefits, like improved blood sugar control, better



I Study Brain Health &

of our favorites include nuts, berries, seeds, cinna-mon, and a drizzle of one of the many people who are dairy sensitive," explains Research has even shown honey. Pack in skin-sup-Hottey, Fack in skitt-sup-porting supplements: Yogurt serves as an easy vehicle for powdered sup-plements. Our go-to, of course, is the mbg beauty & gut collagen+. Not only is this blend packed with even more protein (thanks) that dairy has the potential to enhance cognitive functo enhance cognitive func-tion as you age. As Lugavere adds, "If you're not dairy sensitive, I do think that it is a food worth welcoming back to the table." Beyond that, Greek yogurt is an affordabla even more protein (thanks to the grass-fed collagen) yogurt is an affordable option, too. "Greek yogurt but it also contains vitamin is one of the most economi-C and E, hyaluronic acid is one of the most economi-cal ways of getting a high-quality protein source in the modern supermarket," Lugavere shares. One 4-ounce serving of Greek yogurt contains 12 grams of protein ac your get a lot of and turmeric for extra skin and turmeric for extra skin-healthy benefits.* Bonus: It comes in a chocolate flavor (with zero added sugar) for those who prefer some-thing more rich. If you're yogurt contains 12 grams of protein, so you get a lot of bang for your buck." How to spice up a cup of Greek yogurt. If you find a cup of plain Greek yogurt a tad boring, bere are a fow ways to have thing more rich. If you're curious about what Lugavere eats in a day (beyond this delicious snack), check out the full daily menu here. The takeaway. When it comes to select-ine a midday enack some.

ing a midday snack, someing a mudday snack, some-thing easy and quick is gen-erally the way to go. Greek yogurt (especially with col-lagen powder) is packed with protein to help satisfy your midday hunger.

HOW MUCH EXERCISE DOES IT TAKE TO **AVOID HEART PROBLEMS IN YOUR 70S?**

here are a few ways to have

fun with your snack-and

keep it blood-sugar-friend-

Add toppings: There are tons of options to choose from when it comes to dressing your yogurt. Some

ly

A ny amount of exer-cise is better than none. But at least 20 minutes of daily physical activity could be the sweet spot for avoiding cardiovas-cular problems in your 70s, according to an observation. according to an observation al study from Italy, pub-lished online Feb. 14, 2022, by the journal Heart. The study included almost 2,800 study included almost 2,800 people ages 65 or older who were followed for more than 20 years. People who got between 20 and 40 minutes per day of moderate-intensity activi-ty (such as brisk walking) or unorcous-intensity activity

active. And among men, at least 20 minutes of daily exercise was associated with a 52% lower risk of cardiovigorous-intensity activity (such as gardening, work-ing out in a gym, biking, vascular problems, dancing, or swimming) had fewer heart attacks and carpared with people who didn't exercise diovascular problems and a lower risk of premature death, compared with peo-ple who weren't physically The greatest benefits were seen among men ages 70 to 75. Becau

prove conclusively that exercise prevents heart dis-ease. However, many stud-ies have shown that moderate- or vigorous-intensity exercise helps protect your heart and brain; helps prevent diabetes, cancer, and other chronic diseases; and reduces the risk for prema observational, it doesn't ture death

com

se the study is

Mediterranean Keto Diet: What It Is, Benefits & Ingredients To Buy

emphasis on macros-meaning you have to count how many grams of fat, pro-tein, and/or carbohydrates tein, and/or carbohydrates you're eating-the eating style typically consists of 50% carbohydrates (includ-ing grains and veggies), about 15% proteins, and 35% fats (more on Mediterranean diat macros berg) diet macros here). Keto diet

The keto diet is a high-fat The keto diet is a high-fat, low-carb plan. Unlike the Mediterranean diet, the suc-cess of the keto diet relies heavily on macro counting. Typically, carbs are limited to about 5 to 10% of calories, while 37% of calories should live near the Mediterranean Sea in countries like Italy, Spain, and Greece. The diet emphasizes whole grains, beans, nuts, legumes, fruits, veggies, and olive oil, leavveggies, and onve oil, leav-ing room for fish and seafood a couple of times a week. Eggs, cheese, and yogurt are recommended in moderation, and red meat and sweets are limited. While there isn't a specific while 75% of calories should come from fat. Protein makes up the rest of the plan, at 10 to 20% of calories. "The downside of the keto diet is that to get and stay in ketosis-the state where



your body burns fat rather than glucose as its predomi-nant fuel source-you'll Because carbohydrates are o restricted on a keto diet, this usually means eliminatneed to keep your carbohying most high-carb foods, drate intake between about but that doesn't mean your drate intake between about 20 and 50 grams a day," says board-certified internist and mbg Collective member Vincent M. Pedre, M.D. (For reference, a small apple has 20 grams of carbohydrates.) plate should be stacked with plate should be stacked with meat and cheese. "Ask some-body what keto is, and the foods that pop up would be bacon and butter and steak and lard. Most of us don't

appreciate that you can do keto without that," Ethan Weiss, M.D., preventive car-diologist and co-founder of Key Eats previously told mbs

While you do eliminate many high-carb options like beans, fruits, legumes, starchy vegetables, grains, and low-fat dairy products, cardiovascular outcomes (like lower blood pressure and cholesterol), and can help maintain healthy

help maintain healthy inflammatory response. But adding the keto angle may take things up a notch. In a 2021 study, researchers compared the outcome of following a keto diet versus a Mediterranean diet for 12 words in 22 erse diet versus a Meditterranean diet for 12 weeks in 33 peo-ple. While both plans result-ed in a similar rate of adher-ence, the participants on the keto diet experienced better glucose control and a more significant decrease in trigtycerides and LDL levels. They also lost more weight.

They also lost more weight, They also tost more weight, on average. In another 2021 study published in Nutrients, researchers set out to com-pare a Mediterranean diet with a low-carbohydrate

diet. They divided 36 partic ipants into two groups - one group followed a traditional Mediterranean diet, while the other followed a low the other followed a low-carb (but not quite keto) nutrition plan with the same amount of calories. While both groups experi-enced health benefits, like

improved insulin sensitivity the low-carbohydrate group lost about 60% more weight

on average. Years ago, researchers also looked at an unlimited-calorie Mediterranean keto diet, specifically, and found thet it can promote unight that it can promote weight loss, normalize blood pressure, and reduce total cho lesterol, LDL cholesterol, and triglycerides in individ-uals with obesity. It can also raise HDL, or "good," choles-

Basha Sangam: SCERT's Tamil Quiz Promotes Language Diversity, Multilingualism

JI NEWS SERVICE

SRINAGAR, MAY 05: The SRINAGAR, MAY 05: The Department of Education in Languages wing of the State Council of Educational Research and Languages (SCERT), Thursday, con-ducted an inter-district quiz competition on Tamil lan-guage where-district quiz tricts of the Kashmir Division took part. The "Basha Sangam" ini-tiative, launched by the Government of India, aims to faster linguistic diversity and multilingualism within

and multilingualism within the country. The program's primary goal is to establish a platform where different languages can converge and interact, as the name "Basha

Sangam" suggests, which translates to "confluence of languages." In his inaugural speech,

Ianguages." In his imagural speech, the academic head, Unit-I, Zahoor Ahmad Dar said that Basha Sangam is an essential initiative that would go along way in pro-moting inguistic diversity. "It would eventually help in preserving endan-gered languages, and encourage multilingualism in the country," he said. "The program has a signifi-cant impact on society by promoting cultural under-standing, enhancing cogni-tive abilities, and improving communication skills." The Wing's head, Ms Shabrum, who is also the Basha Sangam's divisional would officer exist the

Basha Sangam's divisional nodal officer, said that

colleges of Jammu. They particularly laid stress on the posts of Tabla Assistants in Fine Arts

Assistants in Fine Arts College. Priya assured the visit-ing deputation members to take up their issue before the concerned quarters claiming that already J&K Administration headed by

already J&K Administration headed by LG Sinha has already identified 60,000 posts lying vacant in several departments of J&K gov-ernment. She assured the

ernment. She assured the youths of the UT of J&K to rest assured that sooner than later the government will open up vistas of opportunities for them as the process to advertise

the process to advertise the jobs is underway and

Priya Sethi bats for filling all vacant posts in Govt departments does not act fast, the future of many of the tal-ented youths will become redundant. Earlier, the deputation apprised the former min-ister about several posts lying vacant in different colleges of lammu. They

JI NEWS SERVICE

jammu, may 05 National Priya Sethi Executive Member BJP and former minister on and former minister on Friday urged the LG Manoj Sinha's administra-tion to fill all the posts lying vacant in the gov-ernment departments. The senior BJP leader raised the issue after meet-ing a deputation of job aspirants, who highlight-ed their piloth reearding

appirants, who highlight-ed their plight regarding vacant posts of Tabla Assistants in various Degree Colleges and also in Fine Arts College run by J&K Government. After listening to the grievances of the young job aspirants, Priya Sethi made a fervent appeal to LG Manoj Sinha to inter-vene in the matter and take steps to fill all the vacant posts to safeguard vacant posts to safeguard the future of the young generation as many job aspirants are about to cross the upper age limit. She said if the government



Basha Sangam celebrates the linguistic diversity of India by providing a plat-form for various languages to come together and inter-act. "The initiative helps to promote cultural under-

Mascod Ali said that Basha Sangan empowers teachers and students to appreciate the importance of lan-guages beyond the official and regional languages of India. The quiz was con-ducted in multiple stages, where the participating stu-dents were subjected to a rigorous evaluation of their research of the Tomil Lane. asp of the Tamil lan-

gauge the terminal tark gauge. It was inspiring to wit-ness them answer complex questions with ease, consid-ering that Tamil was not their native language, and they were not proficient in its scrint.

they were not protected a its script. Upon the conclusion of the quiz, the participants received certificates to acknowledge their active involvement in the event. G-20 SUMMIT

> Parraypora, Hyderpora, Perbagh, Humhama and Hyderpora,

Airport Junction. On the occasion, the DC stressed the Officers of the

concerned Departments

concerned Departments and Executing agencies to mobilize all available machinery and manpower to accelerate the pace of ongoing works and ensure their completion with the

set timelines keeping in view the nature of exigency

DC Srinagar inspects progress of works in

City parts, on Gupkar-IG Road Axis

Deputy

Rambagh

Masood Ali said that Basha The certificates served as a symbol of recognition for the students' hard work and accomplishments in

the students' hard work and accomplishments in in enhancing their under-standing and knowledge of the Tamil language. Furthermore, the win-ners of the quiz were also presented with trophies, which were a symbol of their exceptional perform-ance and proficiency in the Tamil language. The presentation of tro-phies to the winners not only recognized their talent but also motivated other participants to strive for excellence in learning dif-ferent languages. To everyone's surprise, academic officier Sheikh Gulzar Ahmad read out his "vote of thanks" in Tamil.

surrounding boundary walls of building, boundary walls of building along IG Road should look fascinating through facade improvement.

Iascinating through lacade improvement. He said making the City beautiful is a joint effort and all departments shall play their part in hosting the C20 Summit in Srinagar District. The DC further asked the Officers to push for double shift of working in all the existing works including development of footpaths, medians, traffic road fur-nishing. landscape improvement, installation of hoardings, besides removing debris & con-struction material from roads recently upgraded, etc. to increase the aesthetic value of the area.

value of the area. During the visit, the DC

was accompanied by Chief Planning officer, Srinagar, Joint Commissioner SMC, SDM, East, SDM, West,

Executive Engineers of R&B, PDD, PHE, SSCL,

Tehsildar South, Tehsildar

other

KU's South Campus gets e-Rikshaw from I&K Bank under CSR

4



JI NEWS SERVICE

SRINAGAR, MAY 05: The Jammu & Kashmir Bank under its Corporate Social Responsibility (CSR) initia-tive has provided a battery operated e-Rikshaw to the South Campus, University of Kashmir.

South Campus, University of Kashnir. Zonal Head, Ananthag Mr. Khursheed Muzaffar handed over the keys of 4+1 seater E-Rikshaw to Director, South Campus, Prof Mukhtar Ahmad Khanday at a small function held at South Campus. Ananthag. The E-Rikshaw will cater to the needs of spe-cially-abled students and female staff of the Campus. The function was attended by faculty members, offi-cers of the Campus, and a team of officials and officers from J&K Bank. Speaking on the occasion, Prof Mukhtar Khanday expressed his gratitude to J&K Bank for acced-ing to the request of dedicating a battery operated E-Rikshaw to South Campus. He further said that South Campus will try to further build a strong relationship with J&K Bank and promote

build a strong relationship with J&K Bank and promote entrepreneurship and help the campus in various eco-nomic initiatives. He said that under the National Green nomic initiatives: He said that under the National Green Corps programme launched by the Ministry of Environment, Forest and Climate Change, Government of India, the Campus is mulling collaborating with the JK Bank to make South Campus a Green and Carbon-Free Campus. Dr Khanday requested the Bank authori-ties to support the campus students by providing bus service in future under the CSR scheme. Zonal Head, Mr. Khursheed Muzafar while speaking on the occasion said that J&K Bank is hapwy to provide

on the occasion said that J&K Bank is happy to provide financial services to University of Kashmir and its stu-dents to excel in the field of education. He said that J&K dents to excel in the ited of education. He said that J&K Bank will try to come up to the expectations of the employees and students of the varsity in terms of pro-viding them educational loans and other facilities to carry out their academic and research activities. He agreed to the request of South Campus for an MoU to strengthen the relation with JK Bank.

HADP Awareness prog on Post harvest held in Kaprin, Shopian



JI NEWS SERVICE

SHOPIAN, MAY, 05: Department of Horticulture Planning & Marketing Shopian today organized an awareness Camp on Post harvest schemes/management with special focus on Strengthening of Agriculture Marketing under Holsitic Agriculture Development Programme (HADP) in Block Kaprin at Panchayat Halap Partaborat Shopian.

Ingramme (IFLP) in book kapini at includy traique Partabora Shopian. Besides a large gathering of locals, representatives of line departments attended the Programme. Area Marketing Officer Shopian presented a detailed overview of the schemes being implemented in the District under HADP by this department. The audience were urged to come forward and reap the benefits of the ocheme.

The Participants were also made aware about other schemes like PMFME and Support for Grading & Packaging Scheme of this department. Also a presenta-tion about the working of e-NAM was brought before the Participants

DC Srinagar Mohd Asad flags off Swachhta Carvaan in District

JI NEWS SERVICE

SRINAGAR MAY 05:- With a view to promote cleanliness and hygiene among the public, the Deputy Commissioner Srinagar, Mohammad Aijaz Asad Friday morning flagged off a Swachta Carvaan vehicle here from Gupkar Junction to spread the cleanliness and hygiene awareness in all the Panchayat Blocks of the district.

The Swachta Carvaan in an initiative aimed at promot ing cleanings and hygiene, creating awareness among the people about the importance of keeping their sur-roundings clean and hygienic under Swachh Bharat Mission

The Swachta Carvaan initiative "Ek Kadam Safai Ki The Swachha Carvana initiative 'Ek Kadam Satai Ki Aur ' also ains to ensure that the open defecation free behaviours are sustained and that solid and liquid waste management facilities are accessible. Assistant Commissioner Development, Srinagar, Syed Farooq Ahmad, Block Development Officer, Majid Iqhal and other concerned were present on the occasion.

SRINAGAR, MAY 05: In order to review the progress of Spruce up works ahead of C-20 Summit in District, the Deputy Commissioner Srinagar, Mohammad Aijaz Asad in the evening hours undertook onsite visit and inspection of various beau-tification works being car-ried out in different City parts and enroute to the Srinagar International the long wait for getting jobs shall soon be over. of the works. The DC also instructed Gogjibagh, Bazulla, Khanyar and Concerned Officers. Baghat Modi's outreach to every single person across the country has unnerved opp. :NDPI Chief

JI NEWS SERVICE

SRINAGAR, MAY 05: In

JI NEWS SERVICE

JAMMU, MAY 5: National Democratic Party Indian (NDPI) J&K UT Chief Rajesh Gupta on Friday said the Prime Minister Narendra Modi has transformed the country's politico-develop

ment ethos in the recent past and with sinister designs of creating the PM is committed to inclusive vote banks. person across the country has unnerved and rattled the elements creating fear psychosis

with sinister designs of creating vote banks. In this unholy pursuit they have been spreading negativity and dividing the people on the basis of religion and caste. "This with the here further there to might have benefitted them to some extent but now that the peo-

Airport.

The

Commissioner was accom

panied by Commissioner Srinagar Municipal Srinagar Municipal Corporation and CEO, SSCL, Athar Amir Khan.

During the visit, the Deputy Commissioner took stock of beautification,

stock of beautification, upgradation and redevel-opment works at Zero

Bridge, Raj Bagh, Lal Mandi, LD Hospital Road,

ple have started seeing through their dirty game plan, they are rallying behind the Modi for hol-listic development and equitable opportunities of progress to opportunities all,said Gupta NDPI leader said while inter-

MGNF, Ms Farah Farooq State coordinator ladakh, had an activity/ interaction session Iadakh, had an activity/ interaction session with the students about Innovation & Skill Development. Over 200 students and col-lege faculty members, Head of the Departments participated in the pro-gramme. The program was concluded by Vote of thanks presented by Dr Shazia Mushtaq Assistant Dean of the college.



JI NEWS SERVICE

SRINAGAR, MAY 5: The Dean Students Welfare of Sri Pratap College, Srinagar organized a lecture in honour of late Prof G. M. Bhat who was a great innovator, acade-mician and a role model to the student com-munity and teaching fraternity. The programme was attended by the Principal Sri Pratap College, Srinagar Prof. (Dr) Gh. Jeelani Quershi, Guest of honour Dr Tasleema Jan W/o Late Prof GM Bhat, Prof Rabia Ahmad Head Department of

Professor IIM Jammu, Dr Shahid Jibaran Program officer IIM Jammu, Dr Azra Mufti (State Resource coordinator MGNF), Ms For the source coordinator MGNF), Ms Farah Farooq (State Resource Co-ordinator, Ladakh), Dean Student Welfarer (Girts), Dr Khalida Hassan & Dr Shazia Mushtaq , Dean Student Welfare (Boys), Dr Jan Shabir & Dr Mohmmad Raies ul Haq. The programme was further moderated by Dr Shazia Mushtaq and the Rapporteur of the programme was Dr Syed Javid Abmad Anrizabi

of the program Ahmad Andrabi.

The programme started with an addre

The programme started with an address by the Principal of the college, Prof. (Dr.) Gh. Jeelani Quershi. The Principal high lighted the role of Entrepreneurship and Skill Development. He briefed the students about the impor-tance of business management in Science and Technology and how economic aspects can be important in day to day life. The Principal addressed the contribution of Late Prof G. M Bhat by highlighting the monumental contribution in Technology and Science. Guest of Honour, Dr. Tasleema

Gupta said that Indian politics has entered into a new era of bonding with social barriers crashing and 'nation first' philos-ophy becoming the way of life and aviding force to ensure me and guiding force to ensure pro

gression of all, irrespective of reli-gion, region or caste.

SP College remember academician late Prof G. M. Bhat

Entrepreteurship and Chairgerson of IIM Jammu's Srinagar Campus and also Chairgerson of Center for Entrepreneurship. Innovation & Skill Development IIMJ (Srinagar campus). In his lecture, he highlighted the strate-gies, business policies and apprised the audience about how important it is to understand and inculcate the Entrepreneurship knowledge in their cur-riculum and also in day to day life. Dr. Shahid Jibran Program Manager at IIM Jammu & currently looking after Mahatma Gandhi National Fellowship Program highlighted the various aspects related to Innovation & Skill Development. The focus of his presentation was to make students understand how to start, organize and run a business.

and run a business. Dr Azra Mufti State Resource coordinator

Construction of the second second

101

NEWS

and the spirit of Indian culture. District President Jammu South Rekha Mahajan added that the cele-

Rekha Mahajan added that the cele-bration of such festivals brings people together and cements the bonds of brotherhood and communal harmo-ny. She hoped that this auspicious occasion will usher Jammu and Kashmir in peace. Rekha Mahajan said Narasimha Juvanti ic compensorated as the day

Jayanti is commemorated as the day of Narasimha's birth anniversary, symbolizing the victory of good over

evil and the triumph of faith over adversity. She said It is believed that

adversity. She said It is believed that worshipping Lord Narasimha on this day can grant protection, prosperity, and blessings to devotes. She said the festival is celebrated with great enthusiasm and devotion across India and is particularly significant in the southern parts of the country.

JAMMU,MAY 05: In a move to reach out the peo-

ple across the corners of Banihal, the Democratic the corners of

Banihal, the Democratic Progressive Azad Party (DPAP) on Friday kick started the massive mem-bership drive in Banihal under the presence of party Vice Chairman G.M. Saroori, Chief Decleoperson Column

Thakur Dharam Dhand, Secretary Arun Singh Raju, Zonal VP Fayaz Naik, Dr

Zonal ÝP Fayaz Ňaik, Dr Asif Khanday, Munner Bhatt, Ilyas Banihali, Farooq Wani Block President, Ch Mohd Farooq, Asghar Rasool Bhat, Sheikh Shabir, Ayoub Naik & others. Mr Saroori stressed for the maximum reach by the party leaders

stressed for the maximum reach by the party leaders during the membership drive and said that DPAP shall be the household name in the Union Territory. He said Party Chief Mr Ghulam Nabi Acad made tramendous

Azad made tremendous efforts to build up the

Salman Spokesperson Salman Nizami, District President

BJP District Jammu South unit pay obeisance at Narsingh Dham Ghagwal While interacting with the devo-tees, Rekha Mahajan said that these occasions and festivals serve as a great opportunity for people to come together and celebrate the festivals and the activity of Indian authors.



JI NEWS SERV

JAMMU, MAY 05: Bharatiya Janata Party (BJP) District President Jammu South Rekha Mahajan along with the team of District Jammu South paid obeisance on the holy occasion of lord Narsingh Jayanti at Ghagwal Temple in Kathua District and praved for the peace and prosperity of the Union

Territory. Narasimha Jayanti is a Hindu festival that celebrates the birth an val that celebrates the birth anniver-sary of Narasimha who is considered by devotees as an incarnation of Vishnu. It is observed on the 14th day of the

Hindu month of Vaishakha, which falls between April and May in the Gregorian calendar

Serious lapses in development under Smart **City Project in Jammu: Pavneet Kour**

JAMMU, MAY 05: Apni Party Provincial President, Jammu, Women Wing, Pavneet Kour today expressed serious concern expressed serious concern over lapse in development in Smart City Project undertaken by the Jammu Municipal Corporation. "Jammu City was prom-ised development but all the store taken on the name

the steps taken on the name of Smart City Project were implemented on ground in an unplanned manner by the authorities," said

ner

the authorities," said Parneet Kour. Kour said that "The installation of street lights and sign boards does not make Jammu a Smart City unless traffic menace, unclean and stinking drains are cleaned, proper garbage collection and its disposal is done in an envi-

JI NEWS SERVICE



She further said that: "The pathways in the city are uprooted, and where the new tile work is started, it is done without taking into account the shopkee

into account the shopkeep-ers. The business has suf-fered because of unplanned development and several times, they have resented it." She also referred to the water rises and unsched-

water rises and unsched-uled power cuts in Jammu

ple. "The unscheduled power cuts during the summer season especially in metered areas are highly condemnable and it shows how the PDD has collapsed now the PDD has collapsed to ensure round the clock electricity to the con-sumers. The electricity cuts have also adversely affect-ed drinking water supply," she added. She was addressing a meeting which was organ-

President Youth

ized by Shivani Koul. The meeting was attended by State General Secretary Youth Wing, Abhay Bakaya, Provincial Wing Jammu, Vipul Ban, Disus. President Youth Wing, Shivam Choudhary, Shivam Choudh District President Wor Wing, Ritu Pandita, Senior Vice President Youth Wing, Sandeep Vaid, District Abhinav Gupta, District Secretary Youth, Ankush Dogra and others.

grave. Mr. Pathania called upon the Lt. Governor to immediately direct the assessing agencies to assess the com-pensation losses and provide ade-



People trust Azad, we will sweep

chenab valley; Saroori, Nizami

overlooked mountainous town when he was the projects were completed during Azad's tenure while town when he was the Chief Minister. He said while serving as Union minister, Mr Azad ensured good number of projects are sanctioned for Banihal like Degree College, Hospital, Distt for Ramban, Roads, Tehsils etc since it was lacking proper connectivity and during Azad's tenure while all the successive regimes ignored the Banihal," he said while addressing a public meeting. Chief Spokesperson Salman Nizami said if the DPAP comes to power, we will ensure Banihal is devel-oped as the model town of proper connectivity and attention from the succesentire UT since it is at the center and shall remain as

nomic and social point of view

He said that the support He said that the support & particiaption of the peo-ple in Azad's rally in Banihal was so commend-able and he thanked them for it. He said, we don't have competition with any party people of Banihal are party, people of Banihal are with Mr Azad and we will sweep the entire Chenah valley

Pathania for declaring crop losses as a 'calamity'

JI NEWS SERVICE

RAMNAGAR, MAY 05: While inter acting with delegations of farmers at Ramnagar who have suffered due to incessant and untimely rains at the peak of harvesting season causing whopping losses to their harvests, Mr R S Pathania, BJP Spokesperson called for immediately assessing the called for immediately assessing the said crop losses and compensating the affected farmers as these losses have broken the back of farmers. The main crop (Wheat) is the economic lifeline of agriculturists throughout the entire Jammu region. Either wheat grains have re-sprouted or have turned black, causing disap-pointment to the farmers fratemity.

pointment to the farmers fraternity A crisis-like situation has been pre-

Mr. Pathania was further of the view that a holistic call needs to be taken regarding the repair of hand pumps in Ramnagar municipality due to impending summer season. These out of order hand pumps are acting as a jugular vein for the people who are facing daily issues due to lesser access to drinking water. He further called for provision of tatfi in

A crisis-like situation has been pre-vailing in areas of Udhampur in scores of villages where incessant rains have caused whopping losses to ripe crops. Given the situation in view of unprecedented rainfall in areas of Rammagar, Majalta and other parts of Udhampur, Chenani, Chordi and Panchari, and the absence of gov-ermment touch over here, situation is crue. further called for provision of staff in the animal husbandry centers in the area. Due to recent transfers there are

dozens of centers which have been left unmanned. Mr. Pathania then called for ensur-ing that the people have quality access to animal healthcare in the area. He called for improving the



alternative support for the marginal

farmers. Mr. Pathania while taking up the case of Kirchi to Seoj Dhar road, Thai to Chountra Mata road and missing link of Pinger to Marwal road. These roads connect exquisite tourist desti-nations and various temples which can be of a great significance in boost-ing up the local tourism and the road connectivity in the area.

Those who were present included Benti Devi, Chairman M.C. Ramnagar, Jattu Ram DDC Benti Devi, Chairman M.C. Ramnagar, Jattu Ram DDC Ramnagar-J, Kuldeep Sharma, Rameshwar Gupta, Jagmohan, Bikram Singh, Dr. Sunil Bhardwaj, Raj Gopal, Rameze Sheikh, Pritam Chand, Ram Lal and a galaxy of local leaders.

Will Win Comfortable Majority": BS Bommai **Dismisses Pre-Poll Surveys Favouring Congress**

ns of centers which have been

SHIGGOAN: Dismissing SHIGGOAN: Dismissing opposition Congress an edge in the May 10 Assembly elections in the state, Karnataka Chief Minister Basavaraj Bommai on Friday exuded confidence bic nacty. BIP confidence his party BJP will retain power with a "comfortable majority" and

the party may not require without the JD(S)' support. In an interview with PTL In an interview with PTI, Mr Bommai said whether he will continue as Chief Minister in the event of the party coming to power will be decided by the BJP high command and its and

command Parliamentary Board. We will win Shettar's seat." Parliamentary Board. He also said former chief minister Jagadish Shettar, who defected to Congress over denial of a BJP ticket to yet again contest from Hubli-Dharwad Central, will lose this time. Whereas, the 14 defectors who helmed the BIP tomple We will win Shettar's seat." The dominant Lingayats comprise 17 per cent of Karnataka's population. "Looking into his back-ground and track record, it is neither acceptable to BJP por, to some of the nor to some of the Congress supporters. So, it is totally not at all an organic shift for Shettar," who helped the BJP topple who helped the BJP topple the Congress-ID(S) govern-ment in 2019 will win from their respective segments. BS Bommai also alleged that Congress has taken the election discourse to a "very low level". "There was no edue to Congress at organic shift for Shettar," he said. On the caste-based quota, he said internal reservation under OBCs and other things was a long pending demand and "I have addressed" them. Farlier many people were was no edge to Congress at all. We know how surveys Earlier, many people were denied the benefit because are made. I am expecting a comfortable majority," Mr the reservation was not given as per the popula-tion. Those sections of peo-



ple have got hopes now the support of the JD(S). "No chance at all (of takwith internal reservation, he said. "We have recomhe said. "We have recom-mended the internal reser-vation; ultimately the Government of India has to take a call," he added. Ahead of the elections, 'No chance at all (of tak-ing JD(S) support). We will get an absolute majority," he said. Asked if the exit of Mr Shettar will impact

Lingayat votes, the chief minister said, "Not at all. the state government created two new categories of ed two new categories of OBCs including the Lingayats and Vokkaligas to provide the benefits of reservation. Dismissing the Congress' 40 per cent com-mission charge against his government, BS Bommai challenged, "Let the press or the Opposition or the contractors" association contractors' association contractors' association show one case (against our government). I will answer." He also blamed the Opposition for the BJP not raising development issues in the election cam-paign. "It is because of the Opposition We have done

Opposition. We have done a lot of development in the state. They are going to fail," he added.

Stating that the Congress has taken the election dis-course to a very low level, Mr Bommai said BP legis-lator Basangounda Patil Yatnal's "Visha Kanye" remarks, aimed at former Congress chief Sonia Gandhi, are "not normal." But it has been taken to a "very low level by the Congress." It started with Congress. The Visha Sarpa (venomous snake) remark was made at none other than (Prime Minister) Narendra Modi by AICC President (Mallikarjun Kharge). That's how the reaction comes. You cannot reaction comes. You cannot reaction comes. You cannot say and get away," he said. Asked if he is emerging as a dominant Lingayat leader after BS Yediyurappa, BS Bommai said, there was a battery of leaders in the party now. "All are leaders, there is nothing called second rung."

Stating that the Congres

rung." The Chief Minister is The Chief Minister is seeking re-election for the fourth consecutive time from the Shiggaon con-stituency in Haveri district. The Congress has fielded Yasir Ahmed Khan Pathan from the constituency from the constituency, while Sashidhar Yeligar, who is a Panchamashali Lingayat, is the JD(S) pick

Congress leader Jammu and JKDCC General Secretary Urban Romesh Sharma today strongly condemned terrorist attack in Rajouri resulting in martyrdom of Five soldiers and including an officer during a gunfight with the terrorists in frontier district of Rajouri.Sharma in a statement said or Rajouri.5narma in a statement said that the incident is serious and belies claims of the government and the security heads regarding the ground situation. My deepest condolences to the families and relatives of mar-



Sharma strongly condemns terrorist attack in Rajouri

the injured," he said. The incident is highly condemnable. It shows that the enemies of peace are desperate to damage communal harmony and sta-bility in the district," he said. The recent terror strikes in Rajouri and Poonch and also in Jammu, Udhampur, Reasi, Ramban and Kishtwar districts of the Jammu divi-tion indicate that attempte are being sion indicate that attempts are being made to revive militancy in these areas. Terrorism is on rise in J&K. The vernment should come up with ne tangible plan to safeguard peo-

All India Radio Is Only 'Akashvani' Now. **Experts Weigh In With A Note Of Caution** Broadcasting. In 1956, the name Akashvani was adopted for the national broadcaster," the website said. Image guru Dilip Cherian said

NEW DELHI: National broadcaster Prasar Bharati's move to direct all the departments concerned to ensure that All India Radio is referred to only as "Akashvani" in accordance with the Prasar Bharati (Broadcasting Corporation of India) Act, 1990 is a

Corporation of India) Act, 1990 is a major move in its history. Apart from the official order, the policy division of the public broad-caster has also sent a message to all station heads on Wednesday saying as per the stationary provision of the act, the radio vertical of Prasar Bharti is officially known as Akashvani, and instructed heads to use the term Akashvani "wherever applicable in all announcements going on air." all announcements going on air." "..Further the term, Akashvani may be used invariably in all official combe used invariably in all official com-nunciation. Accordingly, the announcement in English should go like. 'this is akashvani in place of this is All India Radio' and the pattern be followed in other languages with immediate effect.⁹ Some experts that NDTV spoke with have suggested caution, and not doing away with 'AIR' entirely, as although the act refers to the use of Akashvani, All India Radio is cement-

Akashvani, All India Radio is cemented in the minds of listeners, and is

important for brand recall and recog-

nition. Others, while suggesting that the move may not have any fallout, said it was however important to harmonise the branding, as it is known worldwide by All India Radio or AIR and its app, website, and most impor-tantly the logo, have the initials 'AIR'. The order issued by Prasar Bharati The order issued by Prasar Bharati said that Section 2(a) of the PB Act that came into force on November 15, 1997, says that "Akashvani" means all the offices, stations, and other estab-lishments which are or were under the Director-General All India Radio of the Information & Braadcasting of the Information & Broadcasting Ministry

The Prasar Bharati website says that broadcasting in India started about 13 years before the AIR came

into existence. The history of the national broad-caster says that on June 8, 1936, the Indian State Broadcasting Service became All India Radio and the Central News Organisation came into existence in August 1937. "In the Same year, AlR came under the Department of Communications and four years later came under the four years later came under the Department of Information and

the insistence on the use of Akashvani instead of All India Radio is in line with the often-witnessed push for Bharatiyata (Indian-ness) and wanting to avoid certain parts of and wanting to avoid certain parts of the nomenclature."The consumer is left cold here. If there is a new prod-uct, a rebranding allows it to address a new audience which had either abandoned it or was never addressed by it. So the only option Prasar Bharati has now is to enhance the content which justifies the new branding." branding. "Plus, there is a lot of 'not invented

here' going on, and brands cannot be led by that. The consumer is not interested in

The consumer is not interested in who is taking credit for inventing something," he said. Mr Cherian added that when one does a brand change, 80 per cent of it is outward facing but 20 per cent of it is inward facing facing.

"How do you feel when you go home and tell people the company that you work for has been rebranded, is important here." Bommai said and added

.

Amit Shah Cancels Karnataka Poll Campaign **Amid Manipur Violence: Report**

Unior NEW DELHI: Home Minister Amit Shah has cancelled all his programmes for the upcom-ing assembly elections in Karnataka in the wake of clashes reported in parts of Manipur, sources said. According to the sources, Mr Shah who is closely monitoring the sit-uation in Manipur, is expected to continue to hold meetings with hold meetings with authorities in the state, about the prevailing scene and measures being taken

to restore normalcy. On Thursday, Mr Shah called off all his election meetings, and held multi-ple meetings via video conferencing and also conferencing and also spoke to chief ministers of the northeastern states on the law and order situation. "The Union Home

added.

On Thursday, Mr Shah

On Ihursday, Mr Shah held two meetings via video-conferencing and spoke with the Chief Ministers of Manipur and meighbouring states, including Assam, Nagaland, and Mizoram in view of the cituation in

in view of the situation in

Four Far-Right Proud Boys Convicted

of Sedition in US Capitol Riot Case

NEW YORK : Four members of the far- obtaining convictions for sedition among

obtaining convictions for sedition among the January of roiters could raise the stakes for Trump and his aides in the probe by a special counsel into whether they plotted or fomented the Capitol attack. More than 1,000 people have been arrested in connection with the storming of Congress by Trump supporters – and more than 600 convicted – but only about a dozen have faced the rareful vused charce

a dozen have faced the rarely used charge

of sedition. - Special counsel probe - Two

of sedition. - Special counsel probe - Two leaders of another far-right group, the Oath Keepers, were convicted of sedi-tious conspiracy last year, including founder, Stewart Rhodes, and several other members pleaded guilty without going to trial. According to Tarrio's indictment, he met with Rhodes on January 5 in an underground parking carage in

met with Rhodes on January 5 in an underground parking garage in Washington and was in contact with members of the Proud Boys who breached the Capitol. In January, four other members of the Oath Keepers were found guilty of seditious conspiracy, for-tifying the government's argument that the January 6 attack was not simply a soontaneous action. but involved signifi-

spontaneous action, but involved significant planning and coordination. Th

assault on Congress left at least five peo-

ple dead and 140 police officers injured

ple dead and 140 police officers injured and followed a fiery speech by Trump to thousands of his supporters near the White House. Trump was impeached for a historic second time by the House of Representatives after the Capitol riot – he was charged with inciting an insurrection – but was acquitted by the Senate. A House committee that investigated the Capitol rice recommended that the

House committee that investigated the Capitol riot recommended that the Justice Department pursue criminal charges against Trump. Garland named a special counsel to oversee the probe into the January 6 assault and the former pres-ident's efforts to overturn the 2020 elec-tion are with the second seco

The

Minister Shah held discussion late at night with Manipur Chief Minister N Biren Singh and other top officials in view of the sit-

right Proud Boys were convicted of sedi-

right Proud Boys were convicted of sedi-tious conspiracy on Thursdayl for their roles in the January 6, 2021, attack on the US Capitol by supporters of former pres-ident Donald Trump. Enrique Tarito, 39, the former "national chairman" of the neofascist organization, was among those found guilty by a jury after a more than three month trial in the nation's capital. Three of Tarrics' lieutenants - losepti

three month trial in the nation's capital. Three of Tarrio's licetenants -- Joseph Biggs, 39, Ethan Nordean, 32, and Zachary Rehl, 37 – were also convicted of seditious conspiracy, which carries a sen-tence of up to 20 years in prison, while a fourth Proud Boy, Dominic Pezzola, was found not guilty. 'After January 6, 1 promised that the Justice Department would do everythine in its power to hold

would do everything in its power to hold accountable those responsible for the heinous attack that sought to disrupt a

heinous attack that sought to disrupt a cormerstone of our democracy -- the peaceful transfer of power to a newly elected government," Attorney Coneral Merrick Garland told reporters. "Today's verdict makes clear that the Justice Department will do everything in its power to defend the American people and American democracy," Garland said. Tarrio was not in Washington on Isnuary. 6 but was accured of directing

January 6 but was accused of directing

January 6 but was accused of directing the storming of the Capitol in an attempt to stop the certification by Congress of Democrat Joe Biden's election victory over Trump. All five Proud Boy defen-dants were also convicted of several less-er charges, including obstruction of the memorime of Congress impacting Juny.

er charges, including obstruction of the proceedings of Congress, impeding law enforcement and destruction of govern-ment property. The 45-year-old Pezzola was also found guilty of robbery of US property. In widely viewed video footage from January 6, Pezzola can be seen using a stolen police riot shield to break a win-dow at the Capitol. The success of federal prosecutors in

The success of federal prosecutors in



tary forces have been deployed in Manipur and situation in control, the central paramilitary forces were rushed to Manipur. According to sources, there was a speculation that Mr Shah could visit the violence-hit state, but the speculations were turned down by the party leaders, who said that as of now, he will be moni-toring the situation from were rushed to Manipur. flag marches were also taken out to keep the situ-ation under control.

ation under control. Violence broke out on May 3, during a rally organized by the All Tribals Students Union (ATSU) Manipur to protest the demand for inclusion of Maitai (Maetai Manipur. to keep the Delhi. Army and paramiliinclusion of Meitei/Meetei in the Scheduled Tribe cat-

Thackeray as chief minis

state

post being circulated by inimical elements for vested interests. #IndianArmy ed interests. #IndianArmy requests all to rely on con-tent through official & ver-ified sources only," the Spear Corps, Indian Army said in a tweet. A day after this, Meghalaya Chief Minister Corond Corners relived

Conrad Sangma called an urgent meeting to ensure the safety of students from the state after violence was reported in Manipur.

Wrong, Says Uddhav Thackeray Party Leader On Ally Sharad Pawar's Criticism

MUMBAI: Shi's Sena Mr Pavar also blamed (UBT) leader Sanjay Raut nrthinsday termed the to quell the discontent criticism of Uddhaw within his own party and Thackeray in Nationalist for resigning as Maharashtra chief minis-Congress Party supremo Sharad Pawar's autobiog-Maharashtra'chie' minis-ter without putting up a fight. A rebellion by Eknath Shinde in June last year brought down the Maha Vikas Aghadi government under Thackeray. Mr Shinde went on to become the CM with the support of the Bharatiya Janata Party. Mr Pawar wrote that a CM needs "political acumen" and must Sharad Pawar's autobiog-raphy "wrong informa-tion" and downplayed it by claiming books are read for two days and then put into libraries. He also said Mr Thackeray would soon respond to what has been written about him in tha written about him in the

written about him in the book. In his revised auto-biography 'Lok Majhe Sangati', which focuses on events post-2015 and was released on Tuesday, Mr Pawar wrote it was acumen" and must remain well-informed about political goings-on, and "we all felt that these Mr Pawar wrote it was things were lacking". Speaking on the issue, Mr Raut said, "I have not difficult to fathom why

Inackeray as chuef minis-ter chose to visit Mantralaya, the state sec-retariat in south Mumbai, only twice during the coronavirus pandemic. "This is wrong informa-tion. He (Thackeray) was regulady going to office Mr Raut said, "I have not read the book. I will read it. People read a book for two days and then it goes into the library. Let it go. Shiv Sena (UBT) chief (Uddhav Thackeray) is giving an interview on this very soon. He will respond to what is writ-ten about him." At his book laurech regularly going to office. His visits (to Mantralaya)

His visits (to Mantralaya) reduced during coron-avirus pandemic because there was a central gov-ernment directive to work from home," Mr Raut said, adding that the prime minister, Union ministers and other chief ministers too were not ten about him." At his book launch event on May 2, Mr Pawar left the leaders and workers of the Nationalist Congress Party shellshocked when e announced that he he announced that he ministers too were not would be stepping down as the NCP chief. going to office during the pandemic. In his book,

MELBOURNE: A promi-nent Hindu temple in Sydney was defaced by "anti-social elements" on egory. This prompted the state government to issue pro-hibitory order and sus-pend internet services across the state for five days. Along with a ban on eatherings a night curfew Friday with anti-India graffiti at the walls, in the latest incident of yandalgraffiti at the walls, in the latest incident of vandal-ism against Hindu tem-ples in Australia ahead of Prime Minister Narendra Modi's visit to the country gatherings, a night curfew too has been imposed in en imposed in several districts of the later this month. The incident took place at the BAPS Shri The Army asked people The Army asked people to be careful about rumours and fake videos. "Fake videos on the securi-ty situation in Manipur including a video of an attack on Assam Rifles une BAPS Shri Swaminarayan Mandir in Rosehill, c..... Rosehill, Sydney. However, the time is not yet known. yet known. Temple authorities also found a Khalistani flag hanging on the gate, and reported the matter to New South Wales (NSW)

police, Today newspaper reported.

ed. "We are deeply saddened by the anti-India graffiti on the walls of the BAPS Shri Swaminarayan Mandir in Rosehill, Sydney by anti-social ele-ments," the temple said in ments," the temple said in a statement. "We are fur-ther disheartened that BAPS temples in Australia have been targeted. For the last 23 years, the BAPS Swaminarayan Mandir has been a cornerstone of Consul General of Sydney for their continued supthe local community and a prominent Hindu Temple which, like all BAPS tem-ples worldwide, is an abode of peace and harport," the temple said. "BAPS temples across Australia are symbols of a thriving multicultural

the Australia

mony, equality, selfless service and universal Hindu values," it said. Member of Parliament for Parramatta Andrew Charlton reached the

Hindu Temple in Sydney Vandalised

BAPS Temple as soon as he was informed of the Hindu Hate incident, the Australia Today newspaper reported. Charlton along with

Charlton along with Temple authorities helped to repaint the wall. "This morning, the BAPS temple in my electorate of Parramatta was van-dalised by religious extremists. I am deeply

shocked and saddened by shocked and saddened by this act of mindless van-dalism. Everyone in Australia has the right to practice their faith in peace," he was quoted as saying by the newspaper. "At this time, the BAPS Swaminarayan Sanstha prays for peace and unity and has appealed to all devotees and well-wishers in the community to main. in the community to maintain peace. We are thanktain peace. We are thank-ful to the local police com-mand, the Department of Home Affairs, State and Federal Members of Parliament, the Indian High Commission and the Concel Concerts of Student

ahead of PM Modi's Australia visit society that nurture Australian values of respect, mateship and tolerance. We request every-one to join in worldwide prayers that God blesses prayers that God blesses and guides us all to con-tinue to do good and think good of all," it said. "Officers from Cumberland Police Area

Command have com-menced an investigation following reports of mali-cious damage to a reli-gious site in Rosehill," NSW Police spokesperson

said in a statement. "Police are conducting inquiries into the circuminquiries into the circum-stances surrounding the incident." Earlier this year three Hindu Temples in Melbourne and two Hindu Temples in Hindu Temples in Brisbane were vandalised

Brisbane were vandalised by Khalistan supporters. PM Modi is scheduled to visit Sydney for the QUAD summit on May 24. In March, During Deime Micristra Achieves Prime Minister Anthony Albanese's visit to India PM Modi raised the issue PM Modi raised the issue of frequent attacks on Hindu temples with him and conveyed his con-cerns. On this, Albanese assured PM Modi that Australia will not tolerate attacks on religious places and that anyone responsi-ble for such activities will face the "full force of the

"You Better Enjoy Being In Jail": SC To Former Amrapali Head NEW DELHI: The

NEW DELHI: The Supreme Court has reject-ed the bail plea of former CMD of Amrapali Group of Companies Anil Kumar Sharma, saying he cheated thousands of home buyers and did of home buyers and did not deserve any

and did not deserve any sympathy. A bench comprising Justices Ajay Rastogi and Bela M Trivedi refused to issue notice to the prose-cuting agency on the bail plea of Sharma, who has been in jail for over four years in the case. "You have cheated thou-"You have cheated thousands of home buyers

sands of home buyers. You siphoned off their hard-earned money and their life savings. You do not deserve any sympa-thy," the bench said on Thursday.

Thursday. The former CMD of the real estate group and other directors of the firm were arrested on the direction of the top court after the forensic audit report revealed that a large the forensic audit report revealed that a large amount of home buyers' money was siphoned off

by the management.

It said the offence ran "very deep" and even the court was facing difficul-ties in tackling the prob-Yours is not a case of

simple cheating. See the plight of thousands of home buyers. You cannot have our sympathy. You

have our sympathy. You better enjoy being in jail... This court is very aware of what you did. You created the mess and we are not able to find a way out of it. A large number of home buyers are suffering," the bench said. Earlier, the top court had created Anil court had granted Anil Sharma interim bail for a few weeks on medical grounds in the case.

Anil Sharma and others ave been in jail after their rrest in 2018 for various arrest in 2018 for various offences, including that of cheating, criminal breach of trust and money laun-dering and have spent nearly four years in prison. They have been accused of siphoning borne burger money. home buyers money

home buyers money. The top court, in its July 23, 2019 verdict, had cracked down on errant builders for breaching the trust reposed by home buyers and ordered the cancellation of registration cancellation of registration cancellation of registration of the Amrapali Group under real estate law RERA and ousted it from prime properties in the national capital region (NCR) by nixing the land leagest

leases. The top court had directed a probe by the Enforcement Directorate (ED) into alleged money laundering by realtors, providing relief to over 42,000 home buyers of the 42,000 home buyers of the Amrapali Group with the

King Charles And Queen Camilla: Crowning Moment In Long Love Story

LONDON: After decades of devo-Charles III will finally see his goal realised when his "darling wife" Queen Camilla is crowned at his

She was the non-negotiable part of his life, despite their long relation-ship challenging Britain's institutions and triggering strong public resistance

But at London's Westminster Abbey, Camilla will be anointed

Abbey, Camilla will be anointed and crowned as queen, in the pres-ence of world leaders. Never truly in her element in the public eye, is the woman who lived for so long in the shadows worried about the global spotlight of the coronation?

"Anyone would be anxious on an occasion of this sort of importance," her son Tom Parker Bowles told The News Agents podcast. "I'd be terrified if I had to sort of

"To be terrified if I had to sort of walk out wearing ancient robes," the food writer said. "She's 75, it's hard to do it. But she



"doing amazingly' His 74-year-old stepfather was a "good, kind, intelligent man who cares deeply about his roles," he

said However, the road to the coronation s not been easy.

has not been easy. Vilified In the 1990s, Camilla was the most hated woman in Britain, blamed by Princess Diana for the break-up of

her own marriage to Charles. Diana nicknamed Camilla the "She's 75, it's hard to do it. But she never complained." icknamed Camilla the "Rottweiler". Charlies and Diana's younger son Andrew Parker Bowles, tying the the

But Charles never wavered in his devotion to her. The couple first met in the 1970s. Close to aristocratic circles, Camilla Shand was relaxed in his company, amusing and reassuring the then-income methods. insecure prince. However, while Charles went off to

Prince Harry, now estranged from

the monarchy, branded her a "villain" who played the long game to

get the crown. But Charles never wavered in his

knot in 1973, leaving Charles feeling empty and devastated. Their marriage crum Their marriage crumbled amid Parker Bowles' extra-marital affairs.

Parker Bowles' extra-marital atfairs. In 1981, Charles wed Diana Spencer, the daughter of an earl, in what was branded a fairytale marriage. He was 32; she had just turned 20. Camilla was among the wedding queets guests. Hopelessly mismatched, Charles and Diana soon drifted apart. Prince William was born in 1982 and Harry

in 1984. As the in 1984. As the marriage disintegrated, Charles fell back on Camilla and they rekindled their relationship. Home and dry Britain's tabloid press went to town,

in 1993 publishing transcripts of intimate phone conversations secretly recorded four years earlier. The conversation veered between The conversation veered between being reincarnated as a tampon and discussing motorway directions. After that humiliation, some won-dered whether Charles would ever become king.

Camilla divorced in 1995; Charles in 1996. Diana's death in a 1997 Paris

car crash saw Charles's popularity plummet. Camilla retreated further into the shadows. It took years of carefully orchestrat-

It took years of carefully orchestrat-ed public relations work to pave the way towards even public accept-ance of Camilla – let alone the pos-sibility of marriage. Queen Elizabeth II was long hostile towards their relationship, but orded un accepting for upon the

ended up accepting she was the right one for Charles.

right one for Charles. A compromise was found allowing the couple to marry in April 2005: a civil ceremony followed by a reli-gious blessing. At the wedding reception at Windsor Castle, Queen Elizabeth ---in a creace paperered with horse

in a speech peppered with horse racing references -- said: "My son is home and dry with the woman he loves." Soulmates

Soulmates Charles and Camilla are "soul-mates", said royal expert Richard Fitzwilliams. "Similar age, a similar sense of humour, similar friends... every-thing that he and Diana did not basis accurate AEP. have in common," he told AFP.

He said Camilla had a "strong

He said Camilla had a "strong sense of duty" and "regards her role as to support Charles." Having come through a barrage of attacks and never spoken out, "she's tough", Fitzwilliams noted. "My mother has strong views on many things but she keeps them quiet." At the time of their marriage, it was apnounced that Camilla would announced that Camilla would eventually take the lesser title of eventually take the lesser title of princess consort rather than queen. But seven months before she died, Queen Elizabeth said it was her "sincere wish that...Camilla will be known as Queen Consort" - put-ting that issue to bed. The coronation invitations mantion

The coronation invitations mention "Queen Camilla" for the first time. Despite her dedication, hundreds of public engagements a year and numerous charitable patronages, Camilla's approval rating remains mixed, at 48 percent positive, according to pollsters YouGov last month. Only 14 percent of Britons want a "Queen Camilla", according to apother poll Despite her dedication, hundreds

another poll.







Dr. Shahid emphasizes understanding of multifaceted job requirements before entering into public service

SRINAGAR, MAY 5: Jammu and Kashmir Mission Youth, organ-ized a one day interactive session and career guidance programme for candidates undergoing coach-ing under PARVAAZ scheme in Srinagar

Secretary, Tribal Affairs and Chief Executive Officer, Mission Youth, Dr. Shahid Iqbal Choudhary, was the chief guest on the occasion.

Director, CCPC, University of

on the occasion. Director, CCPC, University of Kashmir, Professor Ishaq Ahmad Geer and officers from Mission Youth, Sajad Ahmad (CAO), Dr. Mohammad Maqbool Deputy Director (P&M), OSDs Tabish Saleem and Dr. Murtaza Rashid and domain experts were present on the occasion. The event was aimed to provide exposure to the candidates select-ed under the PARVAAZ scheme through direct interaction and a question answer cum feedback session. The event was attended by around 400 candidates who are presently undergoing caching at various institutes empanelied with Mission Youth along with faculty members from the coach-ing institutes. ing institutes

D

ACP Kupwara reviews different

sanitation, development schemes

JI NEWS SERVICE

KUPWARA, May 5: Following the directions of District

Development Commissioner (DDC) Kupwara, Dr Doifode Sagar Dattatray, a review meeting was held at ACD complex Kupwara under the Chair of ACP Kupwara, Parvaiz Raheem.

ACD: Conjuget Neural Linear Action Strict Conjuget Science The meeting was convened to review achievements under ODF plus status of the district, completion & func-tionality of segregation sheds, status of door to door col-lection of wastes, SSG 2023, Completion of Community Sanitary complexes, completion and Uploading GPDP on portal and Conduct IEC activities to aware the gen-eral public regarding Solid & liquid waste management. Meeting was attended by all BDOs of the district , AEEs, JEEs and Dealing Assistants of different schemes. ACP took a detailed review of different similation and development schemes being executed by RDD unde dif-ferent sectors in all Blocks of Kupwara District.

JI NEWS SERVICE



On the occasion, Professor Ishaq Ahmad Geer, Head CCPC form of questions from the candi-Ishaq Ahmad Geer, Head CCPC University of Kashmir, spoke on the important topic of career guid-ance. He stressed upon the impor-tance of managing stress in hyper-competitive examinations like IAS and JKAS for performing well in these examinations. The most significant event of the program was the direct one to one session of candidates with Dr. Shahid Iqbal Choudhary.

ties and expectations from the public servants. Dr. Shahid emphasized the importance of understanding the unlificated requirements of the job before entering into public service. He encouraged the stu-dents to remain open-minded, mindful of their strengths and weaknesses and avoid herd men-tality while preparing for these During the interactive session, Dr. Shahid Iqbal focused on candi-late's expectations and aspira-

competitive exams. Furthermore, Dr. Shahid emphasized on the sig-Dr. shall emphasized of the sig-nificance of having a backup career plan right from the day first. He encouraged the candi-dates not to feel disheartened for dates. The candidates were also asked about how they relate them selves with the role, responsibili-ties and expectations from the not clearing such competitive exams rather take the experience as a learning opportunity to become better individuals and cit-

He also highlighted the crucial role of time management in achieving success in these civil service exams. He also empha-sized the value of taking a person-

SPECIAL SUMMARY REVISION 2023

ality test to gain better insight into one's strengths and weaknesses, which can help in confirming career choices and goals. He shared his insight on the importance of writing concise and precise answers, staying within the designated word limit to effec-tively communicate ideas while tively communicate ideas while managing time efficiently. CEO Mission Youth further advised the candidates to choose the right study materials as it can significantly impact their understanding and retention of information. He also emphasized that besides investing quality time in studies, one should also devote some leisure time in the extra curricular activities of their interest to destress and relax their mind and activities of their interfect to destress and relax their mind and body. Throughout the interaction, the students actively participated and provided feedback on the ongoing PARVAAZ scheme. They also expressed grafitude to J&K government for implementing such a scheme that helps to fulfii appriations of thousands of youth in the region. They also requested to conduct such programs in future also to harmess their potential and moti-vate them to achieve their goals and satiate aspirations.

DC Anantnag interacts with media fraternity

JI NEWS SERVICE

JINDRAH IMAGES

ANANTNAG MAY 05: DC Anantnag S.F. Hamid con-ducted an interactive session with the media fraternity, which was attended by DIO Anantnag and all the repre-sentatives from electronic, print, and social media in South Kashmir.

South Kashmir: During the session, the Deputy Commissioner empha-sized the pivotal role of the media as the fourth pillar of democracy. He highlighted how the media shapes and mobilizes opinions and ideas, acting as a bridge between the administration and the public. The DC appreciated the role of journalists in various social security schemes, including COVID-19, disaster management, electoral enrollment drives, Nasha Mukth Bharat, and Swatch Bharat Abhiyaan. He called the media fraternity the eyes and ears of the administration. He appealed to the media fraternity to discourage social evils that can spoil the social fabric and ethos of civ-dized human society, such as drug addiction, cultivation

ilized human society, such as drug addiction, cultivation of poppy and cannabis, and other such issues. During the session, the media fraternity introduced

themselves and put forward their demand for the con struction of a pr ss club for Anantnag and better coordination between the officers and media

Eye Camp organised in Boys Pahari Hostel Jammu



JI NEWS SERVICE

DEO Ramban reviews progress of Special Summary Revision of Electoral Rolls- 2023 detailed review of the progress achieved in the District under ongo-ing SSR-2023 and sought details about the number of fresh applica-JI NEWS SERVICE He also asked them to ensure time-

of claims and objections.

RAMBAN, MAY 05: District Election RAMBAN, MAY 05: District Election Officer, Ramban Mussarat Islam today reviewed the progress achieved under ongoing Special Summary Revision-2023 of Electoral Rolls in the District here at a meeting of EROS, AEROS and Supervisors convened through virtual mode. The meeting was attended by EROS, AEROS, Supervisors and offi-cials from the Election department. At the outset, the DEO took a

ly disposal of claims and objections. The DEO also enjoined upon the concerned EROs and AEROs to com-plete the revision of the special sumtions received, as well as the number of claims and objections. He emphasised upon the con-cerned Electoral Registration Officers (EROs) and Assistant Electoral Registration Officers (AEROs) to con-duct revisions according to guide-lines of ECI as per notified schedule and expedite the process for achiev-ing targets. mary with 100 percent enrolment of eligible voters, including the addition of new voters and deletion of duplicate voters, besides to ensure no ele tor is left unregistered keeping in view the limited time period to con-

duct the exercise He also directed the concerned to bridge the gender gap

DDC Anantnag visited GMC Dialgam Anantnag

DDC Chairperson Ganderbal inaugurates JI NEWS SERVICE ANANTNAG, MAY 05: DDC Anantnag, SF Hamid, today visited Govt. Medical College Dialgam, where he was welcomed by Principal, Faculty members and students of the Medical **Cricket Tournament at Warphowa** GANDERBAL, MAY 05: DDC Chairperson, Ganderbal Nuzhat Ishiaq today inagurated a knockout Cricket Tournament at Iqbal Cricket Ground Warphowa Alustang, Tournament has been organized by the young-sters of Warphowa in which 16 teams will participate. The Inagural match was played between Batapora and Warphowa 11.

Defines and students of the vector. College. He was briefed by the Manager, JRYCC regarding outlay and comple-tion of works of the college. Thereafter, District Development Commissioner along with Principal Medical College, Prof. (Dr.) Tariq Syed Qureshi and Faculty, members visited al minine (99)

The people and the management body highly thanked the DDC Chairperson Ganderbal for participating in this Inaugural match and also demanded for upgradation of Faculty members visited all rune (09) individual Departments. The infra-structure, equipments and develop-mental work of departments was appreciated by the District Development Commissioner and expressed hope that these well-devel-oped departments will go in a long Play ground Warphowa. Interacting with the participating players the DDC Chairperson complemented the local youth for organiz-ing the tournament and urged them to involve more youth in sports activities which is the most effective tool to save our younger generation from social evils.

her.

and advised them to work in double shifts so that the project including landscaping will be completed by 15th of May 2023.

Anantnag during the current year. visited the central Moreover he library and appreciated its working for 24x7 which is highly beneficial to stu-

JI NEWS SERVICE

ANANTNAG MAY 05: Deputy Commissioner Anantnag, S.F. Hamid held an introductory meeting with the District Development Council to Dak Banglow Khanabal. The meeting was attended by all the DDC members and BDC Chairpersons. During the meeting, the District Development Commissioner emphasized the important role that council members play in imple-nenting developmental programs and welfare schemes for the better-ment of the general public. He stressed the need for planning and monitoring of developmen-tal projects and welfare schemes to achieve assigned targets in a time-ly and efficient manner. The council members raised several public-oriented demands, including the macadamization of roads, the upgrading of health faci-tional institutes, and issues raled to roads, water supply, and health facilities. The DC assured council members that all genuine demands would be examined and incorporated into projected plans. He also stressed the importance of sectoral officers remaining, execution, and call developmental works under District UT and centrally

The chairman, vice-chairman, and other members appreciated the

JAMMU, MAY 05: An eye camp was today organised by Government Boys Pahari Hostel, Jammu here under the guidance of Sapna Kotwal, Secretary, J&K: Advisory Board for Development of Pahari Speaking People. The event was organised in collaboration with Kotary Eye and ENT Hospital, Udhampur, wherein eye testing was done for the hostel immates. Secretary J&K Advisory Board for Development of Pahari Speaking People was the Chief Guest. Boys Pahari Hostel Warden Jammu, Ankush Tripathi, Ab. Hamid, Warden Govt. Hostel Rajouri, Ab. Majid Khan Zindadil, Senior Pahari Leader, staff of Government Boys Pahari Hostel Jammu, along with all the inmates of the hostel attended the event. The Team from Rotary Eye & ENT, Hospital Udhampur tested almost 70 inmates and all were issued prescription slips. prescription slips

drive at Magam Budgam

BULKAM, MAY Us: In view of the torthcoming G4D meet-ing in Srinagar, a plantation Drive was organised here at Magam Budgam today by the Social Forestry Department under the supervision of DFO Division Srinagar Tanveer Paray. The drive was attended by Mushlaq Ahmed, Range Forest Officer Range Budgam, Municipal Councillor of Magam, Mustafa Mir along with other Municipal Council members, J&K. Trade Union Council President, Abdul Unicid Part Laboratories and for the Social Council Council Council Council Council President, Abdul

performed at district hospital shopian



SHOPIAN, MAY, 05: In a first, laparoscopic liver surgery of a 45 year old hypertensive female patient with radio-logically diagnosed huge hydatid (754 of right lobe of liver was operated successfully at District Hospital shopi-

an The surgery laparoscopic en-nucleation of hydatid cyst of Liver was performed under the meticulous expertise of laparoscopic surgeon Dr Seth Mujtaba and the anaesthe-sia team comprising of Dr Ajaz wani and Dr Aatif nabi shah.

The paramedical staff assisting comprised of Mr Fayaz, Mr Ajaz, Miss Sameena, Mr Umar, Mr Nasir and Mr Gulzar. It is pertinent to mention that laparoscopic hydatid cyst surgery is a procedure that is usually performed at tertiary care centers in view of the surgical expertise needed and high anaesthetic risk in view of potential anaphylaxis

thanked Dr Rubina Maqbool, MS DH The team Shopian, for providing proper logistical support for the procedure. Dr Shafi, consultant surgeon, also played very procedure. I crucial role.



Deputy Commissioner and SSP Kishtwar also attended the calls and patiently listened to the grievances of the people. The officers assured the callers

of prompt redress in a transparent and hassle-free manner.

The IVRS is a significant step towards providing quick and effi-Printed, Edited, Published & Owned by Shambu Nath Sharma, Managing Editor: Arteev Sharma Mob.: 9419391611, Printed at: Jansampark Printing Press, Bye Pass, Sidhra, Jammu and Published from Jansampark Printing Press Bye Pass Sidhra, Jammu | Mobile No. 9419104223, 09419138284, Phone No. 0191-2539712 Email :- jindrahimages123@gmail.com

cannot afford to attend district offices frequently.

way to impart practical knowledge to upcoming Doctors and Paramedics. He directed Manager JKPCC that DDC congratulated GMC Anantand, the deadline of 15th May, 2023 as fixed for starting post graduate DNB vourses and hoped that more number of seats could be allotted to GMC Anantana de divised them to used in days in the should be followed in letter and spirit

District Administration's IVRS -Hello Kishtwar gains much Popularity among Masses

45 CALLS RECEIVED IN 4TH SESSION: 5TH SESSION ON MAY 9 DC INVITES PEOPLE TO PROJECT THEIR GRIEVANCES, OUERIES

KISHTWAR, MAY 05: The District and Police Administration of Kishtwar, led by Deputy Commissioner, Dr Devansh Yadav

JI NEWS SERVICE

Play ground Warphowa.

Kishtwar, led by Deputy Commissione, Dr Devansh Yadav and SSP Kishtwar Khalil Ahmed Poswal today conducted IVRS, Hello Kishtwar to address the grievances and queries of people residing in far-flung areas of the district. The fourth session of the IVRS was conducted and received an over-whelming response from the peo-ple. A total of 45 calls were received by Senior & District Officers of District & Police Administration Kishtwar within a span of one hour from 11 am to 12 soon on the IVRS phone number 8470-800-900. Besides the District Officers, the



The district administration is committed to make this initiative a

success and urges the people to make the most use of this system to ease out their life

DC Anantnag Convenes meeting of District Development Council

ANANTNAG MAY 05: Deputy Commissioner Anantnag, S.F. Hamid

monitoring of developmental works under District UT and centrally sponsored schemes.

initiative taken by the DC for having an introductory meeting and expressed their willingness to work together for the development and welfare of the district.

Social forestry organizes Plantation JI NEWS SERVICE

BUDGAM, MAY 05: In view of the forthcoming G20 meet-

Majeed Paray and other shopkeepers of the locality

Laparoscopic enucleation of hydatid cyst of liver

