



J&K sees paradigm shift in security situation, development: LG Sinha

JI NEWS SERVICE

Stating that over 33000 posts have been referred posts have been referred to recruitment agen-cies in Jammu & Kash-mir, Lieutenant Gov-ernor Manoj Sinha on Wednesday said that the improved law and order in the union territory has in the union territory has paved way for the high-est-ever tourist footfall

last year.
Addressing a news Addressing a news conference, he said that the law and order situation in J&K has improved considerably in the last three years bringing a record L&S crore tourists to J&K last year.

"The situation has improved to an extent that cinemas have opened again, restau-

opened again, restau-rants, hotels, Shikaras and other places are witnessing huge rush of people in the late evening hours. The schools remain open, the shops



remain open," Sinha

Claiming that the Claiming that the unemployment rate has reduced marginally in J&K, the Li Governor said that 33426 posts have been referred to recruit-

ent agencies. He said that after the allegations of irregulari-ties came to the fore in the three recruitment processes, the case was handed over to the CBI and the agency involved in conducting exams was also removed.

also removed.

"A tender was made
in a transparent manner
through which the
APTECH, a company,
was selected for conducting exams. However,
the case in this regard has been pending in the court and thus the government decided to for the orders from the High Court

CONTINUED ON >> PAGE 4

Highlights of J&K Budget 2023-24

- year J&K has witnessed economic orth of 14.64% and tax revenue has shown
- growth of 14.64% and tax revenue has shown growth of 31%.

 The law and order situation has improved appreciably in J&K and this year highest number of 1.88 crore tourists visited J&K. The Jammu and Kashmir has been among top performers in the country for imple-mentation of schemes like Pradhan Marti Gram Sadak Yojana (PMGSY), Amrit Sarowan, SVAMITVA Scheme. Azail Ka Amrit Marbaryan. SVAMITVA Scheme, Azadi Ka Amrit Mahot-sav, Nasha Mukt Abhiyan and Renewable Energy Development. Most of the social security schemes have been saturated in
- Under "My Youth My Pride, Har Din Khel Har Ek Kay Liye Khel" nearly 50 lakh youth have participated in different sports activi-ties this year.
- ties this year. Under Digital J&K initiative, 445 online services are being provided through e-UNNAT portal.225 e-services have been integrated with Rapid Assessment System for real time feedback on quality of service delivery. All the online services have been linked with Bublis Seneing Committee, act in I&K. Public Service Guarantee Act in J&K.
- J&K is the first among States/Union Territo ries to have District Good Governance Index for assessing the public service delivery CONTINUED ON ₱ PAGE 4

Global security landscape faced with several challenges, SCO region also affected: NSA Doval

AGENCIES NEW DELIIL MAR 29

The global security land-The global security land-scape is faced with sever-al challenges on account of development in recent years, affecting the SCO region as well, said Ajir Doval on Wednesday at the National Security Advisors' moeting in Advisors' meeting in

The global security landscape is faced with several challenges on several challenges on account of development in recent years. The SCO region is also affected by the impact of fhese chal-lenges. The charter calls upon the member states to have mutual respect for sovereignty, and terri-torial integrity of states;" NSA Doval said during his opening remarks at the opening remarks at the 18th meeting of the Secretaries of Security Council

of SCO member states. He added that regional and global security could highly beneficial as the SCO charter focuses enrich the discussion

to maintain and develop relations with other states and International organisations and to cooperate in the prevention of Interd conflicts

The Charter calls upon member states to have member states to have mutual respect for sover-cignty, territorial integ-rity of states, non-use of force or threat of its use in international relations, and seeking no unilateral military superiority in military superiority in areas, Doval said.

Speaking further, the NSA thanked the top delegates for accepting his invitation to the meeting and said the participation of officials will not only but also prepare the ground for a successful summit in a few months

time.
Regarding Connectivity, he said that it remains a key priority for India.
"We stand ready to cooperate on investing in and building connectivity in the region. Expanding connectivity is also important to ensure that such initiatives are constisuch initiatives are consti tuted," he said.

He further reiterated tial for ensuring that such initiatives respect the ter ritorial integrity and CONTINUED ON # PAGE 4

Revision of electoral rolls doesn't disturb schedule/conduct of polls: ECI The CEC said that they are aware that there is

Chief Election Commissioner Rajiv Kumar on Wednesday said the revision of electoral rolls in Jammu & Kashmir doesn't disturb schedule or con-duct part of polls and the poll-body is aware that there is a vacuum in the Union Territory which needs to be filled. Addressing a news conference in New Delhi, Jammu & Kashmir doesn't



Kashmir which needs to be filled. On fresh revision of

electoral rolls in Jammu electoral rolls in Jammu & Kashmir, the CEC said the process is aimed at bringing the voter list of J&K at par with the rest of the country. "There are four qualifying dates for enrollment of voters. The qualifying date

a vacuum in Jammu 8

CONTINUED ON # PAGE 4

India today the fastest growing major economy, is

best advertisement for democracy: PM Modi

Of 272 km Udhampur-Baramulla rail link, 161 km already commissioned: Union Minister in Lok Sabha

JI NEWS SERVICE

The Centre on Wednesday said out of the total 272 km Udhampur-Srinagar Baramulla rail link, 161 km has already been commissioned, while Rs 26,786 Crore expenditure has been incurred till March 2022 out of the anticipated cost of Rs 37,012 Crore. In a written reply to a question in the Lok Sabha, Union Railways Minister, Ashwini Vaish-naw, as per the news gar-Baramulla rail

naw, as per the news agency said that 272 km Udhampur-Srinagar Baramulla Rail link (USBRL) project was



sanctioned in 1994-95. He said the anticipat-ed cost of the project is Rs 37,012/- crore, against which, expenditure of Rs 26,786 crore has been

incurred up to March, 2022 on the project. "Out of the total 272 km length of the USBRI.

of 111 Km has been taken up," he said. He also said the com-

pletion of any Railway projects depends on various factors

CONTINUED ON 14 PAGE 4

raises issue of development of Housing infra

AGENCIES NEW DELHI, MAR 29

The Government of Jammu and Kash-mir has reported that no housing colonies and com-mercial sites have been developed by been developed by the agencies of the Housing and Urban Development during the past more CONTINUED ON # PAGE 4

ECI find excuses to delay elections in J&K: Omar

JI NEWS SERVICE

National Conference (NC) Vice

ter Omar Abdullah on Wednesday said that the Election commission of India seems to be in no hurry to conduct elections, saying CONTINUED ON ** PAGE 4

Kashmiri Pandit's Killing; SIA conducts raids in Pulwama village

JI NEWS SERVICE

The State Investigation Agency (SIA) on Saturday conducted raids in Achan village of south Kash-mir's Pulwama in connection with the killing of a Kashmir Pandit.

An official told the news agency that SIA is conducting raids at Achan in connection with the investigation into the killing of Kashmiri Pandit

Sanjay Sharma. He said the sleuths of the investigating agency assisted by the local police and CRPF have carried out raids in the native village of Sharma. Notably, Sanjay Sharma (40), who was working as a bank ATM guard, was killed by militants on February 26. 600

SIU presents charge sheet against 5 accused persons

JI NEWS SERVICE

The State Investigation Unit (SIU) Shopian presented a charge sheet against five accused persons on Wednesday.

A statement issued to the news agency, a police spokesman said that the SIU presented a charge sheet in a case FIR mumber 88/2022 U/S 17.18,20,23 & 39.14 (P) Act, 7/25 LA. Act of Police Station Kellar before the Court of Special Judge Kulgam (designated under NIA Act). ascins two (CS) accused person nated under NIA Act), against five (05) accused per-sons (terrorist associates). "The accused persons include Aaqib Hussain Nanda son of CONTINUED ON >> PAGE 4

AGENCIES NEW DELIIL MAR 29

Prime Minister Narendra rrme Minister Narendra Modi on Wednesday said that India despite the many global challenges is the fastest growing major economy today, and this is the best advertisement for democracy in the world.

world. In his virtual address at a plenary session of the US' Summit for Democracy, PM Modi cited examples of demo-



cratic processes from the ancient scriptures to say that "India is indeed the mother of democracies".

"The idea of elected leaders was a common feature in ancient India

long before the rest of the world. In our ancient epic Mahabharata, the first duty of citizens is described as choosing their own leaders. "Our sacred Vedas

"Our sacred Vedas speak of political power being exercised by broad based consultative bodies. There are many historical references to republic states in ancient India, where the rulers were not hereditary, India is indeed the mother of democracies," he said

"Democracy is not just a structure, it is also a spirit. It is based on the belief, that the needs and aspirations of every and aspirations of every human being are equally important; that is why in India our guiding philoso phy is Sabka Saath, Sabka Vikas, meaning, Striving Together for Inclusive Growth. Whether it is our effort to fight climate chanse through lifestyle change through lifestyle changes, to conserve water through CONTINUEDON >> PAGE 4

Credit for peace in J&K after revocation of article 370 goes to the people: Bukhari

JI NEWS SERVICE SRINAGAR, MAR 29

Apni Party presi-dent Altaf Bukhari on Wednesday agreed that peace is prevailing in Jammu and Kashmir Jammu and Kashmir after the revocation of Article 370. "I agree that peace has prevailed to a great extent and for that people deserve 80 per-



cent credit and 20 per-cent credit goes to the

Development of small hydroelectric projects in J&K

JI NEWS SERVICE

In what could raise ques-tions on J&K Govern-ment's capacity to har ness water resources, the Comptroller and Auditor General of India has revealed that only 10 micro/mini/small hydel power projects with the capacity of 79.75 MWs

(five percent) have been (five percent) have been commissioned in Jammu & Kashmir against 374 identified project sites with power generation capacity of 1,725.53 MWs. In its observations on development on the development of micro/ mini/small hydroelectric projects in Jammu and

projects in Jammu and Kashmir, the auditor has revealed that out of 374

identified project sites with a power generation capacity of 1,725.53 MWs, only 10 projects with a capacity of 79.75 MWs (five percent) had been

commissioned.

These projects
were completed with time overruns ranging between four months and over seven years, the report reveals "While no action was taken for 225 sites (60 per cent) after their identification, bids were invited for 115 sites (31 per cent) only. No response was received for 70 sites and out of 45 sites awarded for devel-opment of hydro power. opment of hydro power projects, 32 IPPs either failed to fulfill commit-ments like obtaining

statutory clearances for statutory clearances for execution of projects or did not deposit upfront premium or the allor-ment of projects was terminated due to land issues, slow progress and techno economic viabil-ity reasons," reads the report a copy of which report, a copy of which

is with news agency.

The audit also pointed out that Jammu & Kash-

mir couldn't avail Rs mir couldn't avail Rs 2000 crore proposed for the development of small hydroelectric projects under the Prime Minis ter's Development Pack

age announced in 2015. "For 20 sites proposed under Prime Minister's Development Package (PMDP), GoI had not acceded to the request CONTINUED ON * PAGE 4

Dogri comedy play "Chitta Singh" staged on National Theatre Festival



JI NEWS SERVICE

ongoing national theatre festival being organised by Abhinaya Kala Manch Abninaya Kala Manch (Regd.) Reasi supported by Ministry of Culture GOI. in collaboration with J& K Academy of art, culture and languages, on the sec-ond day Samooh Theatre presented Dogri adaptation of Hungarian playwright. Hungarian playwright tz Karnethe's 'The Refund' as the comedy play 'Chitta Singh' Adaptation be refunded personifying the intellectual atrophy of and directed by Ravinder the teaching community

The play chitta singh was

about that a student who after spending eighteen struggling years in search of suitable job realizes that the so called education has not stood him in good stead here returns to his school to demand refund of the school fee the principal bafschool fee the principal bal-fled by this unprecedented demand calls an emergency meeting of the teachers who decide to give a mock test to the student with the condition that only if he fails in the test the fee will

who in order to justify their

'BJP RULE FOLLOWING TWO SETS OF LAWS'

Estate Bungalows, govt vehicles, public properties in J&K, usurped by saffron leaders: Harsh Dev

morbid system ask very silly questions and treat the deliberately given stupid answers by the student as correct with equally convo-luted logic thus declaring students as having passed the test and succeeding to wriggle out of the situation

wriggle out of the situation the play emerges as univer-sal satire on the modern education system.

The dialogues of the Play laced with colloquial expressions, phrases, and one-liners, alluding to the contemporary scenario of corrupt social practices, commercialization of education, and the crises faced

by theatre artists and prac titioners of other creative fields-were successful in fields-were successful in engaging the audience. The young actors presented a combination of farce, satire, and slapstick comedy through fluent body move-ments, gestures, and voice modulations. The artists who gave

their scintillating perform-ance were Ravinder Sharance were Ravinder Shar-ma as Chita Singh, Rajat Gupta as Principal, Sand-eep Manhas as Recep-tion-ist, Jhanvi Sharma as Physics Teacher, Deepika Devi as Geography Teacher, Ajay Tamang as History Teacher, Viany Sharma as Maths Teacher, Back stage Make-Up by Shammi Dhamir, Lights by Avinash & Aditya Bharti, Chorographer Rohit Bains.

Dancers Manik Sharma, Hardik, Rafiq, Neetish and Amrita Kour. Rajinder Degra KAS

District Information Udhampur/Reasi was the chief guest on this occasion and appreciated the efforts made by the Abhinaya Kala Manch and imitative by Ministry of Culture, JKAA-CL. The play was wit-nessed and highly appreci-ated by the audience.

FRA -A KEY LEGISLATION TO **EMPOWER TRIBES: JAVAID RAHI**

JAMMU, MAR 29: A day JAMMU, MAR 29: A day-long workshop with Gujjars and Bakkarwals Scheduled Tribe groups was held here today to pro-vide them awareness about Forest Rights Act 2006 and its various provisions. The program was held under the chairmanship of noted Tribal Researcher Dr. Javaid Rahi.

Javaid Rahi.

Local PRI members,
Forest Right Committee
members of different
Panchayats took part in the
meeting including BDC
Chairman Bajalta
Chowdhary Rehmat Ali,
Sedia Boodhk Mohammad Sadiq Poodhh, Mohammad Shareif Shareif Chouhan ,Haji Mirza Bokda and Haji Zabeer Bakerwals

Zabeer Bakerwals.

During the workshop,
Forest Dwelling Scheduled
Tribes and Other
Traditional Forest Dwellers
groups were asked to give
inputs about the problem
they were facing to get constitutional rights including

Forest Rights so that a assistance could be provided to them in this regard.

Speaking on the occasion. Dr. Javaid Rahi stated sion, Dr. Javaid Rahi stated that Forest Right Act is key legislation that was extend-ed to J&K in 2019 after 14 years of its existence in other states of India. It pro-vides rights to Tribal and Forest Dwellers to Use and Protect Forests to earn their livelihood, be said

their livelihood, he said. He said that the new J&K Non-Timber Forest Policy was aimed at ensuring sus-

tainable collection and utilization of Non-Timber Forest Produce (NTFP), including medicinal plants including medicinal plants, by Tribals and Forest bwellers which will provide livelihood support to them by promoting sustainable extraction, value addition and development of market linkages. He also gives details to tribal people about this poli-icy and about "Van Dhan Yojana" and TRIFED which will help the Tribal lep the Tribal

which will help the Tribal and other Forest Dwellers

to use the Forest resource and get the benefits.

He called for raising ess among the com munity through volunteers besides the liberal distribu tion of awareness material

tion of awareness material among the stakeholders. The participant of the workshop made aware of the role of various institu-tions like Forest Right Committees, SDLC & DLC in the implementation of in the implementation of the Forest Right Act along with various procedures

Jagjeet Singh Rissam outshines in the movie 'The Era of 1990'



Khan, Arjun Manhas and Mir Sarvar. In the movie he played the role of Sikh Cop in which one can easily see him delivering strong dialogue like 'Meri Pagadi Muyle Jhukana Nahi Sikhati,' and many more. Actor Jagieet Singh Rissam from Jammu and Kashmir, who began his career as a model in 2014 and has participated in numerous fashion shows across India, has made his city proud by winning multiple awards. by winning multiple awards. Eventually, he discovered his passion Eventually, he discovered his passion for filmmaking and acting, and as a result, he founded his own production company, H.S. Rissam Productions. Under his banner, he produced two major Bollywood films, The Era of 1990 and B Town, which are set to be released in Indian cinemas in coming weeks.

cinemas in coming weeks.

During his modelling days, he also participated in several stage plays to perfect his acting skills, which helped him advance in his acting career.



Jagjeet established a platform for himself by launching his own production company, and he also acted in the two projects he produced, The Era of 1990 and B Town. Afterwards,

Era of 1990 and B Town. Afterwards, he appeared in a number of films on OTT platforms such as Netflix, Start Gold, and others.

Speaking at the outset Sikh actor Jagjeet Singh Rissam shares, "With my turban, I will build an identity for myself in Bollywood. For us Sikh men, the turban is our crown, it is a sign of our self-respect, our rinde." he sign of our self-respect, our pride," he continues. I'm sticking to my ideals. My father also advised me to carry

rofession Lchoo

profession I choose.

T am an actor and a passionate filmmaker, and I have always been captivated with the cinema universe, says actor Jagieet Singh. I come from a business family that is highly progressive and successful by God's grace. Yet, I was destined to become an actor and make films. Bollywords is a creative industry, and everyone is is a creative industry, and everyone is

is a creative industry, and everyone is seeking to make a name for them-selves in their respective fields. Similarly, my love of acting and filmmaking has brought me here, and I am extremely happy for the release of my upcoming film 'The Era of 1990,' I also have a significant role in the film and have learned a lot from my co-stars.

my co-stars.

Every day is a learning experience for me, and I hope to make a name for myself in this industry while making my community proud. I'd like to thank my Director and friend Shahid thank my Director and friend Shahid Kazmi in particular for his support and assistance in learning the nuances of my character. I hope that my performance will allow me to carve out a place in the hearts of the audience, and I am confident that my production's ambitious movie 'The Era of 1990' will garner a favourable response from the audience.

JAMMU, MAR Alleging conferment multifarious facilities the present regime to Ex-MLAs/Ex-Ministers of BJP to the exclusion of all other political parties, Mr. Harsh Dev Singh, former Minister and senior JKNPP leader said that J&K continued to witness two sets of laws even after the abrogation of

JI NEWS SERVICE

even after the abrogation of its special status. He said that while Rahul Gandhi was asked to vacate the govt bungalow immediately after his dis-qualification, as MP, the Ex-MLAs of BJP had been Ex-MLAs of BJP had been allowed to retain palatial govt mansions in J&K even after around five years of dissolution of legislative Assembly. He said that double standards and patronized corruption had become the hallmark of BJP rule with the present govt rule with the present govt

victimizing and harassing the opposition leaders. He ed his dismay expressed his dismay over the open violation of SOPs and guidelines in the mat-ter of allotment of governter of allotment or govern-ment accommodation so as to confer undue and illegit-imate benefits upon the political persons owing allegiance to saffron party

and its allies.

It was shocking to note that BJP leaders who were not BJP leaders who were not holding any position in government and fell in common man's category were occupying not only 'special type', 'A-type' Estates mansions but many of them were still living in Ministerial Bungalows. Ho Ministerial Bungalows. He said that while JKNPP office was sealed in Jammu, the Apni Party and People Conference were allowed Conference were allowed to retain govt bungalows as their political offices. And while the other opposition leaders including Ex-Ministers and heads of recognized political parties

were also hounded out of Estates quarters' years back Estates quarters' years back through police force, the said BJP workers were allowed to retain the same thereby providing the most glaring example of present govt's dictatorial and auto-cratic policies besides being indicative of political corindicative of political cor-ruption of highest order in BIP rule. He was address

BJP rule. He was addressing a press conference in Jammu today.

Not only the Estates Bungalows but the govt and security vehicles and PSOs were also being allotted purely on political considerations, said Singh. He pointed out that all the Ex-Ministers of the point MLAs and Ex-Ministers of MI.As and Ex-Ministers of BJP were provided Scorpio vehicles, Gypsies and a huge paraphernalia of security personnel while denying bare minimum security to opposition lead-ers.

He said that the heads of recognized political parties has also been divested of

their due security by with-drawing their escorts, vehi-cles as well as security PSOs. The security agen-cies had withdrawn the security cover of majority security cover of majority of opposition leaders and allotted the same to even the small time lower rung workers of BJP. He reminisced that a report had been made public in the past that a BJP worker of Kashmir had been provided as many as ten FSOs. Similarly Kiran Patel a Gujarati conman was not only treated as state guest only treated as state guest but provided highest secu-rity only for the reason that rity only for the reason that he was associated with BJP. Likewise many other insignificant people had been provided huge securi-ty at public expense in the most arbitrary manner purely on the whims and fancies of the helmsmen. Seeking a high level

Seeking a high level probe into the whole gamut of bungalows and security allotment. Mr security allotment, Mr.
Singh called for punitive
action against the officers
who were acting more as
BJP servants than public
servants.

He said that non adher-

ence to any set of norms and differential treatment of political parties by abusing of public exchequer and conferring benefits upon favourities was not only a crime but a financial scam which needed due attention of the vigilante bodies and Comptroller General of India.

10 Vehicles seized and 70 challaned for traffic rules violation in Rajouri

JI NEWS SERVICE

RAJOURI, MAR 29: Traffic Police established naka at different loca-tions in Rajouri against Traffic rules violators in Rajouri.The vehicles seized including two wheelers private vehicles, commercial vehicles and the vehicles which were being driven by under age. They asked par-ents of such minors to keep check on their children. The naka was estab-lished at Panja Chowk, Jawahar hed at Panja Chowk, Jawahar agar, Bus stand, Gujjar Mandi and



cles including vehicles of different types seized and others were chal-laned for violation of traffic rules. Aijaz Mirza and he is regularly con-ducting such drives in different areas NH. ducting such drives in different areas
The team was led by DTI Rajouri of Rajouri. In today's naka 10 vehi-

Care for you holds Drug De-addiction camp/ workshop in Majalta The participants suggest

the turban with pride and to make



JAMMU, MAR 29: Care for you, a philanthropic organization held drug Deaddiction camp at Majalta jammu to aware the people about the menace of drugs that's spreading fast in the

society.

The counselors in the programme held a thread-bare discussion on the ill

affect the life of people especially the younger generation.The participants put forth their views and facts that drug menace is effects of drug addiction, its consequential spread and connective crimes that

the that stand the fine triang in the socie-fast spreading in the socie-ary and many people are becoming its victims. ed their ideas how to curb the spread of drug abuse cut down its supply chain mechanism, reporting it to the law enforcing agencies and coordinate among the civil society to jointly fight this social disease. The pro-gramme was attended by BDC chairman Nagrota, DDC Nagrota,sarpanches, Nambardars chowkidar, Nambardars ,chowkidar religious heads and other prominent citizens of the prominent citizens of the areas. In the concluding ceremony, an oath was taken by the participants and vowed to jointly fight this menace at all platforms and make jammu and Kashmir and india a drug free ctale.

ed their ideas how to curb

Udhampur: Chairperson DDC inaugurates District Court Post Office

UDHAMPUR, MARCH 29: The District Court Udhampur Post Office, which falls under Udhampur Postal Division, was inaugurated today by District Development Council Chairman, Lal Chand and Deputy

Development Council said that the post office will now serve customers in a better way and provide a cus-tomer-friendly atmosphere. The gen-eral public of the area was congratulated for the opening of the post office. The District Court Udhampur hairman, Lal Chand and Deputy
ommissioner, Krittika Jyotsna.
The Chairperson of the District
Omplex some years back due to nonby the post office.

availability of accommodation. With the help of the district administration, the post office has been made func-tional at its original place. The District Administration provid-

ed all support, including rent-free accommodation. The nearby public and offices will benefit immensely from the different services provided

Ravinder Raina inaugurates Mass bhandara at Ware House on Durga Ashtami

land for godowns. While raising the issue of notices served to Channi Himmat

served to Channi Himmat plot allottees, Deepak Gupta said that the depart-ment is harassing the allot-

tees by asking them to con-

struct 1000 Sq. Ft. area fail-ing it the plots allotments will be cancelled. He said

this is a dictatorship which

this is a dictatorship which is not acceptable.

On this occasion, BJP President Ravinder Raina assured the traders of Jammu that he will arrange their meeting with Aministation very soon to solve all their problems they are facing regarding

they are facing regarding GST. Raina said that BJP has always stood with the traders and will walk shoulder to shoulder with

the traders in future also

the traders in future also.

Those who were present on this occasion include Sh. Munish Mahajan, Sr. Vc. President, Sh. Abhimanyu Gupta, Vc. President, Sh. Vishal Gupta, Secretary, Sh. Amit Gupta, Cashier of Sh

Sh. Amit Gupta, Cashier of the Federation, Sh.Rattan Lal Gupta, Former



II NEWS SERVICE

JAMMU, MAR 29: A mass bhandara was organized at Ware House-Nehru Market Jammu today on the occa-sion of Durga Ashtami, wherein a large number of people including all traders participated with great enthusiasm. Sh. Ravider

Sh. Ravider Raina, President BJP JKUT unit inaugurated the bhandara in the presence of Sh. Baldev Singh, Dy. Mayor JMC, Former Minister Sh. Sat Sharma, Former MLC Sh. Yudhvir Sethi and Bjp Leader Vinay Kumar. Leader Vinay Kumar.

All the office bearers of Jammu City and office bearers of Chamber of Commerce and Industry Jammu also graced the

occasion.
Sh. Deepak Gupta,
President of the Traders
Federation Ware HouseNehru Market Jammu and other office bearers honoured the guests by pre-senting Chunri to them.

for all. A large number of people and commuters took 'parsad' in the Bhandara.

Bhandara.

While speaking on the occasion, Sh. Deepak Gupta, highlighted various welfare activities organized by the Federation for the poor and downtrodden. He also exhorted the well off also exhorted the well off people to come forward and be a part of this initia-tive taken by the Federation. Raising the issue of GST, Deepak Gupta said that when the GST was not being imple-mented in Jammu and Kashmir, the traders of Jammu came on roads demanding its implemen-

He said that warehouse He said that warehouse traders pay Rs 200 crore tax annually, but today the GST department is harassing them the most. Traders being fined lakhs of rupees for small clerical mistakes. Deepak Gupta also raised the demand to give ownership rights of shops to the shopkeepers of the ware-shopkeepers of the wareshopkeepers of the ware-house and Nehru Market President Traders Federation Ware House Nehru Market, Sh. Yashpal Gupta, President Retailers Association, Sh. Ramesh Gupta, President Jammu Central Mahajan Sabha, Sh. Kirti Gupta, President Dal Merchant Association, Sh. Rajesh bhagotra, President Sugar Association, Sh. Ajay Gupta, President Pota Onion Association, S Onion Association, Sh.
Happy Singh, President
Yuva Rajput Sabha, Sh.
Anoop Mittal, President
Kanak Mandi Traders
Association, Sh. Sanjay
Gupta, President
Paghunath Ragana Raghunath Bazaar Businessmen Association, Sh. Krishan Lal Gupta, Chairman Raiinder Bazaar

Chairman Rajinder Bazaar Association, Sh. Rajinder Gupta, President Link Road Association, Sh. Anil Kohli, President Apsara Road, Sh. Rajesh Dewan President Hari Market, Mrs. Pooja Kapoor, President Residency Road Association. Sh. Neerai Association, Sh. Neeraj Gupta, President Chamber of Traders Federation and his team members. Sh. Anil his team members, Sh. Anil Gupta President Karyana Association, Sh. Kulbushan Anand, Chairman Swarnkar Sang, Sh. Arun Sethi, President Upper Jain Bazar Association, Sh. Vishwamitra Gupta, President Shiv Market Railway Station Association Sh. Anii

Association, Sh. Anil Gupta, President Bahu Gupta, President Bahu Plaza Association, Sh. Rajesh Verma, President Upper Dhonthali Bazar Association and Sh. Arun Gupta, President Chamber of Commerce and Industry Jammu and his team mem-bers were prominent

human rights and was known as the father of the Indian Constitution.

The senior BJP leader said that BJP SC Morcha

has envisaged a number of events to hold glittering functions to mark the Jayanti of Bhim Rao Ambedkar.

Langeh said that SC Morcha is bound to uplift the marginalized sections of the society and for this,

LIC employees demand OPS for all; increase in family pension to 30% of basic pay

JAMMU, MAR 29: LIC employees under the ban-ner of Northern Zone Insurance Employees led by Association led by Divisional Secretary, Comrade Pawan Gupta and President- Com. Fayaz Ah Gul held massive demonstrationsacross LIC offices of Jammuk-Kashmir in support of LIC-GIC pensioners Dharma (represented by All India Insurance Pensioners' Association) at Jantar Mantar N. Delbi annar Mantar N. Delbi Pensioners' Association) at Jantar Mantar N Delhi today on 29 March 2023 to demand old pension scheme and increase in family pension to 30% of Basic pay. Speaking on the occasion at D.O.Cell Jammu, Com.
Pawan Gupta lambasted on the central Goyt for not

on the central Govt. for not increasing the family pen-sion to 30% of Basic pay,ir sion to 30% of Basic payin spite of the fact that the LIC Board has already recommended it since more than three years. It is the gross injustice to the widows of the deceased employees because all other institutions like Banks, Govt employees are already getting the family pension at ting the family pension at rate of 30%; while in LIC and GIC. Widows are getting it at merely 15% of Basic pay. It was also demanded strongly to scrap the NPS and imple-ment Old Pension Scheme for all, as the OPS gives social security in old age; and it is the oper and it is the duty of the gov ernment to provide social

security.

The demand of updation of pension was also raised forcefully by the demonstration. It was also stressed that, in case of Defined Contribution Pension Scheme, the employers' contribution should be raised to 14%. Others who spoke-Rajesh Gupta- Joint

JKNPP Thrust for public outreach

Secretary, Raj Kumar Sharma- Joint Secretary, Dinesh Kumar Sharma-Vice President, Rajesh Kumar-Treasurer, Raj Kumar, Dha Kumar, Nanak Kishore Lal, Priya Sharma, and others. Programme in Srinagar was led by President com. Fayaz Ahmad Gul, Ji. Sec. Syed Aadil Imam, Vice President Amarjeet Singh, Treasurer Ajaz Ahmad Dar, Com. Javed Ahmad Bukhari, Gulshan Singh. LIC employees on this occasion resolved to fight tooth and nail to protect LIC and nail to protect LIC and Kishore Lal, Priya Sharma

vatisation.

The progra organised at Sopore S.D.PEER, Srinagar-1 Nadeem, Srinagar-2 Irfan Javed Baba, Srina 3 by Gh. Nabi Mir, Pulwama by Stanzin Sherap, and Anantnag by Shakoor Ah. Dar, Jammu-2 Shakoor Ah. Dar, Jammu-2 by R.P.Singh ,Doda by Ran Raj, Poonch by Raj Kumar,Rajouri by Vikas Sharma and Vinod Sharma,Kathua by Vijay Verma and Mohan Lal, Samha by Surat Samba by Surat Singh,R.s.Pura by Jagdish ,Udhampur by Moti Ram,.

NORTHERN ZONE INSURANCE EMPLOYEES' ASSOCIATION SRINAGAR DIVISION

appoints new office bearers JI NEWS SERVICE JAMMU, MAR 29: To

strengthen the party at all levels JKNPP leadership under Sh. P. K. Ganju, Working President has elevated Capt Anil Gour as JKNPP Vice President from the post of Provincial President Jammu, Krishi Awardee and senior Awardee and senior Mahila leader Adv Kesar Mahila leader Adv Kesar Parveen as President Mahila Wing JKNPP and Mr Shayam Gorkha senior party leader and Agricultural Ambassador as Provincial President Jammu Province.

JKNPP is also organising Baisakhi Mela &Baba Sahib Ambedkar Jayanti on 14 April 2023 in RS Pura. In this connection prepara-tions have commenced from today by strengthen-ing JKNPP at the grass root level and make it broad based in Jammu Kashmir & Ladakh to reach every doorstep of the erstwhile state of lammu Kashmir & Sahib Ambedkar Jayanti on state of Jammu Kashmir & Ladakh. The venue will be

announced shortly to the public. Jammu Kashmir National Panthers party is grateful to the public for making the Celebrations of our 41st Foundation Day at Dogra Saddar Sabha Hall Jammu on 23 March 2023 a resounding success. This day was also the Martyrdom Day of 3 National Patriots, Sardar Bhagat Singh Ji, Ramji Rajguru, Shaheed Sukhdev& floral tributes making the Celebrations of

received love, support full-heartedblessing and form the public for our Revolutionary Leader and Founder President JKNPP, Professor Bhim Singh, Barrister at Law, popular Jurist, Human rights Crusader, and the com-moners honest Leader. JKNPP urges upon the Hon'ble President of India,Mrs Draupadi Murmu Ji to order Restoration of Statehood to J&K and holding of assem-Founder President JKNPP,

bly elections in the state at the earliest so that the common masses can approach their leaders for redressal of their problems

IKNPP also reiterates our Hon'ble LG Manoj Sinha Ji Hon'ble LG Manoj Sinha Ji to recommend Conferring of highest National Award to Prof Bhim Singh Ji as a recognition of Contribution for Unity and togetherness of Lappur Kashmir & of Jammu Kashmir & Ladakh by this Dogra Son

BJP SC Morcha committed to alleviate problems of marginalized sections: Langeh was India's crusader for



JI NEWS SERVICE

JAMMU, MAR 29: BJP SC Morcha President J&K and Former legislator Neelam eh on Wednesday ted that BJP SC the marginalized sections of society and for achieving this goal, no stone will be left unturned. He was addressing a

meeting here at party head-quarters to discuss the preparations for celebra-tion of Bhim Rao Ambedkar Jayanti falling on April 14. National Executive Member, Mohan Thapa, Jagdish Bhagat, co-

every single activist of the Morcha has the moral duty to fulfill this responsibility with due care. He said that the BJP SC Morcha is comon April 14. National Executive Member, Mohan Thapa, Jagdish Bhagat, collicharge Jeet Angral, General Secretaries Adarsh and Gulshan were present in the meeting.

Langeh that Baba Saheb

J&K Admin promoting alcoholism, NC worried about youth's future: R L Gupta

JI NEWS SERVICE

JAMMU, MAR 29: Rattan Lal Gupt JAMMU, MAR 29: Rattan Lal Gupta, Provincial President Jammu and Kashmir National Conference (JKNC), Jammu while expressing serious concern over the rising drug menace across Jammu and Kashmir has slammed the Administration for opening of new liquor shops in every nook and corner of Jammu.

In a statement issued to media here In a statement issued to media here today, Rattan Lal Gupta while quoting Lok Sabha data said that more than 10 lakh people stand affected due to drug menace in J&K including 1 lakh women. He questioned the Govt for opening 26 new wine shops in J&K and its decision to allow sale of beer at general stores just to earn revenue, least botherine about the revenue, least bothering about the children and youth of this region.

The senior National Conference The senior National Conterence leader said that one fails to understand as to what path the incumbent Govt of J&K is treading upon. He lamented that already the J&K tops so far as unemployment across the



nation is concerned and in such a sit-uation making alcohol easily and abundantly available in Jammu is bound to lure the youth and children into drugs. Rattan Lal said that in such a situa-tion National Conference is highly

tion National Conference is highly worried about the future of J&K youth and even children who are the future citizenry of this Union Territory as well as that of the nation.

He said that on one hand the Govt is clamoring a lot about the schemes rolled out by it like Beti Padao Beti Bachao, Make in India, StartUp schemes, etc but on the other hand

these schemes of the Union Govt will prove absolutely futile in J&K where the Administration is following the policy of promoting and facilitate alcoholism.

acconoism.

Accusing the BJP Govt at the Centre of being wholly and solely responsible for the chaotic situation of J&K, Rattan Lal Gupta said that the J&K Administration being a nondemocratic and non-representative dispensation has failed to address the

deinotratia. And moisrepresentative dispensation has failed to address the woes of the people here and the only solution left is to immediately announce the election schedule for the J&K Assembly so that the democracy is restored with people getting their elected representatives to the seat of Governance. Meanwhile the senior NC leader stressed to the NC cadre to strength-end the party at gross root level and made the people to understand regarding the drug abuses for the better future of their children and also condemned the policies of the LG administration for promoting and facilitating alcoholism in J&K.

Rajguru, Stianes. Sukhdev& floral tributes JioCinema Unveils a Galaxy of Superstars for the 2023 TATA IPL

cricket legend Sachin Tendulkar, India's most celebrated captain MS Dhoni and World No. 1 T20 batsman Dhoni and World No. 1 T20 batsman Suryakumar Yadav to excite and engage viewers, JioCinema today announced a galavy of superstars on their Expert panel for the 2023 TATA Indian Premier League. India's favourite sporting carnival will be brought to fans and viewers on JioCinema for free in 12 languages, English, Hindi, Marathi, Gujarati, Bhojpuri, Punjabi, Oriya, Bengali, Tamil, Telugu, Malayalam, and Kannada.

Indian Premier League champions, title-winning mentors, all-time stats leaders and future hall-of-famers like Suresh Raina, Chris Gayle, AB de Suresh Raina, Chris Gayle, AB de Villiers, Anil Kumble, Robin Uthappa, RP Singh, Eoin Morgan, Parthiv Patel and Scott Styris will headline JioʻCinema's star-studded expert panel bringing fans the most comprehensive, immersive, and in-depth coverage of the 2023 edition across 16 feeds. Joining them would be a battery of superstars including Zaheer Khan, Brett Lee, Graeme Smith, Graeme Swann among others.

Smith, Graeme Swann among others. The panel includes four of top-ten

TATA IPL run-getters of all time in Raina (5528), DeVilliers (5162) Gayle (4965), and Robin Uthappa (4952). Gayle and ABD are No. 1 & No. 2 respectively in Most Sixes list of the TATA IPL with Raina at eight and Uthappa at 10. Gayle also wears the crown of highest individual score with his unbeaten 175 and sits atop in the list of most centuries ever in the TATA IPL. Raina and Uthappa also

TATA IPL. Raina and Uthappa also have been part of multiple TATA IPL-winning campaigns.

Kumble and Jhulan Goswami will bring in tales and anecdotes from championship-winning experience, albeit as mentors with Mumbai Indians. IPL winners Patel and Kedar Jadhaw will give viewers their insights in Hindi and Marathi respectively. In Styris, the panel has an tively. In Styris, the panel has an expert who's been a champion with multiple franchisees including multiple franchisees including Deccan Chargers and Chennai Super Kings. One of the world's fastest bowlers ever and championship win-ner with Kolkata Knight Riders, Lee will be joined by World Cup winning captain Morgan and country mate Swann

Swann.
Adding further teeth to the line-up will be Smith, commissioner of SA20 and former IPL player and one of the world's most respected leaders the

"The grand assortment of experts and record number of feeds for the TATA IPL this year lends to our com-mitment to present the league like

mitment to present the league like never before.

They will bring viewers all things around the league, sport and beyond in one place, making JioCinema a one-stop shop for their favourite sports extravaganza," said Viacom18 Sports Head of Content Siddharth Sharma. "Fans are at the heart of our offerings and this panel will enhance the rich and engaging experience that JioCinema offers, reflecting the excitement and passion of this world-class event."

Giving viewers a new way to enjoy their favourite sport, IPL's Official Digital Streaming Partner will offer four additional feeds including the The Insiders feed, Lifestyle feed,

The Insiders feed, Lifestyle feed, Fantasy feed and Fanzone feed.

The Insiders feed is built on JioCinema's core proposition of mak-ing the TATA IPL's entertainment more accessible to viewers by giving them a peek into unheard tales, anec-dotes, and conversations from dressdotes, and conversations from dress-ing rooms, narrated by JioCinema's iconic empaneled experts who until recently rubbed shoulders with current players across different teams

FROM THE FRONT PAGE...

JAMMU | THURSDAY, MARCH 30, 2023

J&K sees paradigm...

to move ahead. We want to make it clear to the people that no guilty involved in irregularities shall go unpunished. The government will ensure all the recruitments for the jobs in a transparent manner," he said, as per the news agency.

"25450 selections have been made including 2436 selec tions of J&K Bank Limited. Around 2,02,749 youth have been covered under various self-employment schemes and the target is to cover 2, 37,000 by the end of the current year Next year around 3 lakh will be covered under all the selfemployment schemes," he said. The Lt Governor said that J&K has received the highest-

ever investment of Rs 1547.87 erore during the last 10 months. adding that a total of 500 startups have come up during the

adding that a total of 300 startups have come up during the last three years as well. He added that Jammu and Kashmir witnessed an economic growth of 14.64 per cent last year while 31 per cent growth was recorded in tax revenue in the union territory. Sinha further stated that the developmental works have gained pace in J&K since the financial year 2018-19, saying that in 2020-21, a total of 21943 have been completed against 9778 morbs in 2018 18. 9228 works in 2018-19.

"In 2021-22, 50627 works have been completed and this year we expect 70,000 works to be completed. This is the

year we expect 70,000 works to be completed. This is the paradigm shift in the pace of development in J&K over the last three to four years," he said. Road construction nearly doubled to 3200 kilometres against 1500-1600 Km in 2018, he said, adding that J&K has been among top performers in the country for implemen-tation of schemes like Pradhan Mantri Gram Sadak Vojana (PMGSY), Amri Sarovar, SVAMITVA Scheme, Azadi Ka Amrift Mabotsov, Nasha Mukt Abhiyan and Renewable Energy Devel opment. Most of the social security schemes have been satu-rated in J&K.

Highlights of J&K...

at district level. Aspirational Panchayat Development Programme, Aspirational Block Development Programme and Aspirational Town Development Programme are the three new initiatives being implemented in J&K.

Highest ever investment of Rs 15/12/87 crore received during the last 10 months of this year.500 start ups have

- during the last 10 months of this year.500 start ups have come up during last 3 years. Unemployment rate is manginally reduced; 33426 Posts have been referred to recruiting agencies. 25450 selections have been made including 2436 selections of J&K Hank Limited. Around 2, 02,479 youth have been covered under various self-employment schemes and target is to cover 2, 37,000 by end of current year. Next year around 3 lakh

- 2,37,000 by citio (crient) year, exclar around so will be covered under all the self-employment schemes. In 2018-19, 9228 works have been completed, in 2019-20, 12875 works have been completed, in 2020-22, 129413 have been completed, in 2020-22, 12962 works have been completed, in 2020-22, 12962 works have been completed. In 2020-22, 12962 works have been completed. This is the year we expect 70,000 works to be completed. This is the
- paradigm shift in the pace of development in J&K over the last three to four years. Road construction nearly doubled to 3200 kilometres against 1500 1600 Km in 2018.

Key Figures of Budget

- Revenue Receipts: Rs.1,06,061 Crore
- Capital Receipts: Rs.12, 439 Crore
 Total Receipts Rs.1,18,500 Crore
 Expenditure:
 Revenue Expenditure: Rs.77, 009 Crore
- Capital Expenditure: Rs. 41, 491 Crore Total Expenditure Rs. 1,18, 500 Crore

Total Expenditure 8s. 1.8s, 500 Crore
Fiscal Parameters
Tax -GDP ratio: 8.82%
Tax -GDP ratio: 8.82%
Expected Growth in GDP: 10%
Budget for FY 2023-24 is a Growth Oriented Budget
Budget Focus 2023-24
L. Good Governance
StreamPainton Crass-mod Democracy
StreamPainton Crass-mod Democracy

- Good Governance Strengthening Grass-root Democracy Promoting Sustainable Agriculture Facilitating Investment & Industrial Growth Employment Generation Accelerating Development & Inclusive Growth
- Women Empowerment

- Social Inclusion
 Doubling GIP in next five years
 Receipt & Expenditure Pattern (%age)
 E-Governance Initiatives
 E-office to be extended in all offices.
- E office to be extended in all offices.

 Creation of online census management system
 Intelligent ticketing management system by JKRTC.
 Creation of e-invoice system of GST, GST that a Triangulation and transition of GST IV into GST PIRIME.
 Linking of e-way bill to FASTag and VAHAN.
 Creation of single unique helpine in J&K.
 E bill system on PWOMAS to be extended to other Depart

ment. Agriculture & Allied Sectors- Rs 3156 crore allocated.

- Agriculture & Andrei Sectors is a sloc fore anicated.

 **A Holistic Agriculture Development plan to be rolled out, with 29 proposed projects at an outlay of Rs 50/2 crore over a period of next 5 years. Create additional job opportunities to 2,87/910 people in agriculture, horticulture and allied sectors. 18,861 new business enterprises will be created over the period of next five years.

 **Further 67/000 Metric Ton CA Storage Capacity to be created.
- Honey Production will be tripled over next 5 years Trout and Carp production to be doubled over the next
- 05 years. Milk production to reach 45 Lakh MTs from 25 Lakh MTs
- over next 05 years.

 Support for development of High Density Nurseries for Private and Public entities.

 Health and Wellness Rs 2004 crore allocated

 Full implementation of Indian Public Health Standard (PHS) norms to cover infrastructure deficit under Health Sector.

- (IPHIS) norms to cover infrastructure deficit under Health Sector.
 Reinforce Anaemia MUKT J&K.
 Reinforce Anaemia MUKT J&K.
 100% Screening of Non Communicable Diseases.
 Health screening at Pauchayat level.
 100% screening of School cilidren
 Tribal ASHAS and Mobile Medical Units for Tribal Areas.
 Establishment of 25 Urban health & Wellness Centras and
 57 Block Public Units
 rai and Urban Development- Rs 7097 crore allocated
 Implementation of Aspirational Panchayat Development
 programme and Aspirational Town Development programme.

- gramme.
 > SWACHII GAON AUR SWACHII SHAHR:
 All the villages and ULBs will be declared Open Defecation
 Free plus status (ODF plus)
 2420 Amrit Sarovars already completed, remaining to be

- completed by 15th August, 2023
- completed by least angules, 2005 10,000 further SHGs to be formed. 1500 new Panchayat Ghar sto be constructed under "Har Panchayat-Panchayat Ghar "initiative. 40,000 new houses for houseless families under PMAY-G
- 18934 dwelling units to be completed under PMAY-U New 87,350 IHHLs and 2500 CSCs to be constructed.
- Sewage Management of Dal Lake to be accomplished. 89.83 MLD STPs to be installed benefitting 6, 20,565
- people. Rs 1313 crore provided for PRIs and ULBs
- Rs 271.25 crore for DDCs/BDCs Elevated light Metro Rail in Capital Cities of Jammu and
- Kashmir to be rolled out. New Townships and Housing Colonies to be established
- for economically weaker sections /low income group/ Middle Income group at Jammu and Srinagar. Establishment of Ladies HAAT and Ladies Exclusive Markets in Jammu, Srinagar and other Major Towns. Creation of EKTA Malls

- Promotion of circular economy.

 Scheme for disposal of electronic waste.

 Rs 50 crore under Samridh Seema Yojina for development of Border Areas

Education- Rs 1522 crore allocated

- ucation- Rs 15/2 crore allocated Full implementation of National Education Policy (NEP) Saturating Kindergartens: 2000 Kindergartens are pro-posed to be established during 2023-24 for providing quality pre-primary education. Samarth "ERP eGov Suite", will be fully implemented in
- 2023-24. Drinking water facility and gender based toilet facility in
- all the Schools. Yoga Training for all the students to be introduced as part of co-curricular activities. 188 virtual reality labs and 40 robotic labs to be estab-

- 10 residential schools to be established with preference
- to tribal students and students from weaker sections. 1000 smart class rooms with LCD and high speed internet connectivity to be established.
- Industry- Rs 742 crore allocated 29 new projects for development of industrial estates during 2023-24.
- Quality certification with branding under Handloom and
- Handicraft sector.

 Setting up of Medicities in Jammu and Srinagar.

 1500 Units to be covered under J&K REGP with employ-
- ment to 9000 persons. One district one product to be promoted and Districts to

- Doing Business*. Full implementation of Gati Shakti.
- Creation of export hubs QR Code and GI tag of handloom and Handicraft products to be promoted. Employment and Skill Mission- Rs 200 crore for Mission

- imployment and Skill Mission- Its 200 crore for Mission Youth, Its 133 crore for Self Employment and Skill Vacant posts to be filled on fast track basis Target to cover 3 lath youth under various self employment schemes in 2023-24. Creation of Skill Itubs. Skill leans from J&K Bank for aspiring candidates. Up skilling of Youth through Youth Clubs Training workshop on wheels to be introduced. Training workshop on wheels to be introduced. Establishment of 66 model career centres. and Connectivity. Over Rs 4000 crore allocated 6000 kilometers of black-topping of road length targeted for 2023-24.
- 353 new projects under NABARD Completion of 60 new bridges.
- Resimption to other briggs.
 Resimptions and all major roads.
 Key roads to be developed as part of C20 summit meetings.
 Safety audit of bridges having completed 10 years.
 Road to every village.
 Water to every household-Rs 5500 crore allocated for 2023-24.
 All 18.36 Lakh household Tap connections by 2023-24 under
- JJM. Tawi Barrage to be completed in 2023-24.
- 60 water supply schemes to be completed. Implementation of Jehlum Flood Management Part B Desilting of irrigation canals with timelines.
- Online billing for water consumers on monthly basis ver- Bs 1965 crore allocated 100% consumer metering by 2024-25 Capacity addition of 854 MVA at 132 KV level and 1300

- 100% consumer unetering by 2014-25.

 Capacity addition of S64 MW. at T22 KV level and E300 MVa at 220 KV level.

 Addition of length of HT/LT network by 1324 kms.

 Underground cabling at Nunwan for reliable power supply to Holy Cave of Shiri Amarinali, Grid connectivity to Gunez and underground cabling for ensuring power supply to Sonamarg in winters.

 Reduction in Transformer Damage rate

 Power Generation capacity to be doubled in 3 years with more than 3000 MW Capacity addition.

 Construction of 540 MW KWAR HEP to commence in 2023-24.

 urism Mission-18: 447 crore allocated

 75 new destinations, 75 Suff/religious sites, 75 new cultural/heritage sites and 75 new tracks are being developed for economic gain of tourism industry

 Preservation and promotion of heritage sites and promotion of radional x cultural festivals.

 Conservation/Levelopment of Suff / keligious circuits.

 Heritage site of Shergari complex and old SI's museum to be restored.

- the range set or since pair to triplex and out of as induced in Development of Water Parks at Jammuand Srinagar. Abbinav Theatre at Jammu and Tagore hall at Srinagar to be upgraded. Introduction of Caravan Tourism. Water sports activities at Dal, Wular, Mansar and Bhagilyan To see the state of the

- Assistance scheme Rs 447 crore for Tribal Development
- is 447 Color for trans Development.

 Scholarship to 1, 24,300 pre-matric students belonging to SC/ODC/EDC and Physically challenged categories. District Disability Rehabilitation Centers (DDRC) to be established in all 20 districts, imparting of training for
- specially abled persons. Creation of Hub for Empowerment of Women (HEW)
- Mahila Shakti Kendras Establishment of GPS enabled women helpline.
- Construction of working women hostels.

 Introduction of buses and pink taxies for women.
- en only bus drivers and conductors to be introduced. 24 ST and Guijar / Bakerwal hostels to be completed. 07 transitaccommodations for nomadic population to be
- established. Market linkage and transport facilities to tribal families
- for the seconal migration of their goods and cattle. Rs 400 crore provided for construction of transit accommodations for Kashmiri Migrant employees to be provided. Further 1984 transit accommodations to be completed
- III 2023-24.

 Remaining posts of 355 out 6000 posts under PM Package for Kashmiri Migrants to be filled (Rs 309 crore provided)
- for salaries). Cash assistance and food grains for Kashmiri/ Jammu

Migrants to continue (Rs 393 crore allocated) estry and Environment- Rs 508 crore allocated including

- 1.50 crore saplings are targeted to be planted 4290 Village Panchayats to be covered under "Har Gaon
- Hariyali" plantation drive. Jambu Zoo will be ready and thrown open shortly.

"Plastic Free Forests" initiative, as a campaign PARIVISH 2 to be implemented noce and Technology- IS ID crore allocated 9000 solar agriculture pumps to be installed under PM-

- KOSUM
 SO MW roof top solar power plants to be installed at Jammu and 3 MW at Srinagar.
 Demonstration farms of aromatic and medicinal plants to be established.
 Grid connected roof top solar power plants to be installed
- in all the Government buildings in a phased manner. Construction of Energy Bhawan at Jammu to be com-Tie-up of MSMEs with E-Commerce Platforms.

 MSME Policy to be notified

 Reducing compliances on "Ease of Living" and "Ease of Food Civil Supplies and Consumer Affairs- Rs 391 crore allo
 - cated Digitisation of store inventory and complete implementa-
 - to of supply chain management to ensure timely distri-bution of food grains.

 Implementation of e-rupee in deliverance of Public Dis-tribution system.

 Cooperatives- Rs 25 crore allocated

- Restructuring of cooperative banks.

 Digitalisation and compilation of data of all cooperative
- societies in data base management system.

 80 new food processing units to be set up and made functional.

 Establishment of women Led Farmer Producer Organiza-
- tions (FPOs).
- tions (PPOs).

 > Cooperative Societies members to be saturated with Artisan Gredit Cards.

 Police Welfare Rs 799 crose allocated

 > Construction of police housing colonies for police person-
- Construction of 02 hostels for wards of Police Martyrs. Construction of 02 hostels for wards of Armed Forces
- (Ex-servicemen). Upgradation of police hospitals and police public schools. reeillance CCTV Surveillance system to be completed in all police stations and police posts Installation of CCTV cameras with command and control

system at public places.

Global security landscape...

sovereignty of all countries while also being transparent and inclusive.

Doval also underlined that India's foreign policy is based on

and inclusive.
Doval abo underlined that India's foreign policy is based on these very principles and reflects "our commitment in every possible manner". He also highlighted the issue of Chabhart port during the meeting.

"India's committed to fulfilling its obligations in the under the International North-South Transport Corridor and the inclusion of the Port within the framework of NISTC," Doval stated, India became a member of SCO in June '7, but our relations with SCO countries go back several centuries, he added. Furthermore, he strongly stated that Terrorism in all its forms and manifestations are a serious threat to the region. He said, "Terrorism in all its forms and manifestations are a serious threat to the region. He said, "Terrorism in all its forms and manifestations and its financing are amongst the most serious threats to international peace and security, Any act of terrorism, regardless of its motivation, is unjustifiable."

The Shanghai Cooperation Organization (SCO) is an intergovernmental organization organization (Sciatishished in 2001 and it comprises eight member states, namely, India, China, Kazakhstan, Krygyzstan, Pakistan, Russia, Taglisstan and Ubeksistan. In 2002, India assumed the Shanghai Cooperation Organization Chariship for 2023.

Pakistan and Calina are likely to attend the SCO NSA meeting in the state of the sciatish of the Score of Sciatism and Calina are likely to attend the SCO NSA meeting virtually.

Revision of electoral...

REVISION OF CRECTORAL...

for revision of electroal rolls in Jammu & Kashmir was
October I while January I was the qualifying date for summary
revision in the country. We wanted to complete the process
(previous revision) as soon as possible," he said, adding that
those who will attain the age of 18 years on April 1, 2023 are
eligible to enroll themselves as woters.

On March 20, the EU ordered a fresh revision of electroral
esercise in Januaru & Kashmir. The exercise would start on
April 5 with publication of the integrated darf electroral roll
and culminate on May 10 with publication of final electroral
rolls.

Water sports activities at Loa, visual many large and cligible to enroll themselves as voters. Port at Samba, Naristan Tral, Hari Parbat at Srinagar and cligible to enroll themselves as voters. General Zorawar Singh palace at Reasi to be refurbished. orts- Rs 145 crore allocated Around 70 Lakh youth to participate in different sports activities during 2023-24. High performance centres to be established in Fencing, Wushu and Gymnastics.

Cricket, Football, Volley Ball and Wushu academics to be established.

established.

Voga centres at Moulana Azad Stadium Jammu and Hakshi
Stadium Srinagar to be established.

25 national events to be hosted in different sports event
under "Ek Barata Shreshta Bharat" Abhiyan.

Stadium Srinagar to be established.

25 national events to be hosted in different sports event
under "Ek Barata Shreshta Bharat" Abhiyan.

Stadium Srinagar to de established.

Stadium Srinagar to be established.

Statistical events to be hosted in different sports event
under "Ek Barata Shreshta Bharat" Abhiyan.

Stadium Srinagar to de established.

Stadium Srinagar to be established.

➤ Women participation in sports and para athletics to be couraged.

Social Security, Tribal Welfare and Relief/Rehabilitation

RS 1246 crore for Old Age/widow/Uisability pension, Rs 245

Assistance scheme

Assistance scheme

Assistance scheme

Women participation in sports and para athletics to be clustered or classification of the complete of the clusteric considerations etc. "All these factors affect the completion time of the projects."

On whether the government is likely to increase the

number of trains deployed to Kashmir with the completion of USBRL project, he said at present, 19 passenger special train services are running on Baranulla-Budgam-Banihal section of USBRL Project. Moreover, introduction of new train services or extension of existing train services is an ongoing process over Indian Railways subject to traffic demand, operational feasibility and availability of rolling stock.

feasibility and availability of rolling stock.

On whether the government is proposing to provide transport linkages to tourist destinations nearby the USB rail link, the ministers add the new line projects are considered on the basis of demands raised by State Governments, Central Ministries, Member of Parliament, other public representatives and Railways' own requirements. 'As receipt of such proposals is a continuous and ongoing process, centralized compendium of such requests is not maintained."

BJP MP raises...

than two decades for any category prior to 2019. This was disclosed by Minister of State for Home Alfairs Nityanand Rai in response to a question by Bharatiya Janata Party MP Rajya Sabha Er. Gulam Ali on development of Hous-

ing Infrastructure in J&K.
PM Gulam Ali raised the questions how many Housing PM Gulam Ali raised the questions how many Housing colonies have been established by Housing Department, IK Housing Board, Srinagar Development Authority, Jammu Development Authority of Sci. ST, BORS, EWS, poor in J&K during last five years; how many commercial sites have been developed for StS, STS, OBCS, EWS, riblas and poor in J&K and allotted to them; whether there is any proposal for setting up and allotting affordable housing units to triblas, SCS, STS, OBCS, EWS, poor in J&K; and which were the housing colonies set up by J&K Queermient, year-wise, during last five years and how many housing units were allotted to Tribals, SC, ST, OBCS, EWS, DOORS, EWS. DOORS, EWS

OBC, EWS, poor?
Minister of State for Home Affairs Nityanand Rai further Minister of State for Home Affairs Nityanand Rai further informed that however post 2019, Srinagar Development Authority (SDA) has developed Multi storcyed Housing project at Bentina namely Shehjar Apartuments comprising 40 flats spread across 5 residential blocks/towers and these apartments have been allotted to the general public through draw of lots and no provision of reservation for any category was kept in the allotment process.

ECI find excuses...

FCI find excuses...

It is been managing to delay the polls further.

"It's been 8 years since the last assembly elections & 5 years since lask had an elected government. Its plainly obvious the BP in 18% is retrified of facing the people but it fair't the job of the Election Commission to give the BP a shield to cower behind," Ours as per the news agency tweeted.

"When asked about assembly elections in J&K the Chief Election Commissioner acknowledged" a vaccum that needs to be filled". Yet surprisingly the @ECISVEEP seems to be in on burry to conduct elections, on the contrary they manage to find new excuses to delay polls," Omar tweeted (KNO)

India today fastest growing... distributed storage, or provide clean cooking fuel to every one, every initiative is powered by the collective efforts of th

one, every initiative is powered by the consecute emors of the citizens of India.

"During Covid-19 India's response was people-driven; it is they who made it possible to administer over 2 billion doses of made in India vaccines," he said, adding that India through its Vaccine Mairi initiative has shared millions of doses of vaccines with the world, which was also guided by the democratic spirit of Vasudhaiva Kutumbakam of One Earth, One Family, One Fature.

Credit for peace in...

innocent person as happened in the past," Bukhari told reporters in Srinagar. Regarding elections he said the central Government is debugget the alections in become and Personal Conference of the party of the part

Regarding elections he said the central Government is delaying the elections in Jammu and Kashmir from 2018 but that does not mean the political parties will not go to the people and try to address their genutine demands. He said the motive of the Apni Party is to highlight the main issues of the people of Jammu and Kashmir and whenever elections are held we are ready to go to the people again. Regarding the disqualification of Congress leader Rahul Gandhi, he said "we are sitting in our homes as disqualified since 2018; adding "we are not being given the right to vote without disqualification."

Development of small... of the Government of SMAIL...

of the Government of J&K for the release of funds. The project "implementation of Small Hydro power projects" with provision. Its 2,000 crore was sanctioned (November 2015) under PMDF. The Board of Directors (Bob) of J&FDC in its 73rd meeting (October 2017) accorded approval for implementation of 20 projects through EPC mode to be funded under PMDP as well as funds to be arranged by Power Development Department subject to their viability vis-à-vis excuration of power. The request of GoJ&K for release of funds under PMDP was not acceded by Gol in view of high project cost and unviable tariff of these 20 projects as a result the JRPDC could not avail assistance from GoJ," the report states. (KNO)

Ashiq Hussain Nanda, Gowhar Manzoor Bhat son of Manzoor Ahmad Bhat, residents of Drabgam Pulwama, Assif Lateef son of Lateef Ahmed Naik resident of Babapora Zainapora, Alloq Yousd Digos os on Mold Yousd Digos os Uner Itussain Dar son of Mohammad Amin Dar, residents of Naina Batpora, Pulwama. They were part of conspiracy well hatched by accused active terrorist Rageeb-Ill-lah resident of Pakistan (linked with proscribed terror outfit LeT) and accused Late Uzair Ashraf son of Mohd Ashraf Dar resident of Melhora Shopian of terror outfit LeT now killed; 'the statement said. Worth to mention here that in the previous year, two militant associates of LeT namely Gowhar Manzoor thar & Angilh Hussain Nanda were apprehended at a checkpoint jointyl said by Police. CRFF & Armay at Village Gulabrang Keller, From their possession, incriminating materials, arms & ammunition, cash were recovered by the joint parts.

During investigation, three more militant associates namely Asif Lateef, Affo yousuf & Inner Hussain Itar were a reseeted besides involvement of one terrorist namely Uzair Ashraf (now Killed) also surfaced. SIU presents charge...









Kapoor starts hunger strike against children not getting admission in first class under NEP

president of All Jammu Parents Association, sat on a hunger strike outside Hari Singh Park today, angry over the denial of admission to chil-

over the denial of admission to chil-dren in the first class under the new education policy. On this occasion, he was accompanied by parents and children of a large number of victims. During this, he shouted slogans against the private schools and the director of the education department who were doing arbitrary. Expressing his views on this occasion, Amit Karogov asid that on the one Amit Kapoor said that on the one hand, the Directorate of School hand, the Directorate of School Education is saying that no notifica-tion has been issued by the Directorate in this regard, while the private schools do not allow children below the age of 6 years. Not giving admission in first class. They are talking about keeping these children in UKG again. There is still a state of confusion regarding this whole materials of the confusion regarding this whole materials on the confusion regarding this whole materials on the confusion regarding this whole materials of the confusion regarding ter as no clarification has been given by the LG administration so far

new education policy suggested to

implement 3 years age from nursery class this year and 6 years age for first class from 2025-26 like Goa Govt. He said that the way the Haryana government has given exemption to chil-dren, the same should be done in the case of Jammu and Kashmir UT or a decision should be taken like the Goz decision should be taken like the Goa government. He said that at present there is a state of apni dafli aap raag regarding this issue, due to which a situation of confusion has prevailed and the future of lakhs of children is hanging in balance. He also strongly criticized the LG administration and said that due to the anathetic attitude of the school

the apathetic attitude of the school education department, the future of young children, who are called the future of the country, is hanging in the balance. He demanded LG Manoj Sinha to take immediate concrete Sinha to take immediate concrete steps to rein in the mafia operating in the education department and the nexus between the education depart-ment and private schools could save the parents from being robbed. Amit Kapoor accused the officials of the education department of

schools. That's why they are not tak-ing any action in this matter. He said that the commissioner secretary of the education department should also intervene in the matter. At the same time, on this occasion, Amit Kapoor suggested to the government that he suggested to the government that he welcomes the new education policy but implement it from nursery to three years norm like Goa government and 6 years norm for first class like Goa government. Implement from 2026.

From 2026.

He further said that either the children should be exempted like the Haryana government because by this the children who are studying at present will be allowed to take admission in the first class and they will not be wasted in future.

He said that with this the new edu-

Door to Door Enrollment drive Community Mobilization Program continue in Zone Thannamandi on Day 2

RAJOURI, MAR 29: As per direction of Director School Education Jammu Dr Ravi Shankar Sharma and Chief Education Officer Rajouri Sultana Kouser Enrollment Driva Compunity Drive Community Mobilization continue in Zone Thannamandi on second Day to aware public about different schemes of Government for the chil-Government for the chil-dren In this regard Zonal Education Officer Thannamandi Parvaiz Akhter have passed direc-tion to all the Primary and Middle schools to conduct the drive in every Panchayat for community

drive In this regard today
Teachers and students,
the Zones was organised in
different Panchayat of
Zone Thannamand in
which special rallies were
also organised shot slat fivisited Door to Door for the
drive Today Mobilization
program / Ehrollment
Drive organised by HSS
Dodasan HSS Behrote HS
International Unit Day 2

Students, student can play games in
their schools as all the
Government schools are
equipped with sports
facilities like ICT, CAL centree etc. Moreover well
qualified and experienced
streets was the side of the service of Zone Thannamandi in which special rallies were also organised snd staff vis-ited Door to Door for the drive Today Mobilization program /Enrollment Drive organised by HSS Dodasan HSS Behrote HS Chowatta, MS Chamrutti PS Pattian, MS Kalas, PS Lah Dhok PS Hill and oth-

Ean Driok PS Fill and others school in the Zone
In these areas special
meetings were also organised and staff started Door
to Door campaign in the

areas
A large no of PRI's
Sarpanches, panches,
Prominent citizens of area

Vibodh Gupta said that the J&K administration will

J&K administration will soon make a provision to provide land and homes to poor families. There is no law in J&K to provide land to the landless poor fami-lies and many of them are facing difficulty, Vibodh Gupta said. He also appre-ciated the historical efforts

ciated the historical efforts of LG Manoj Sinha in favor

of LG Manoj Sinha in favor of the upliftment of the poor class living in J&K for so many decades. Vibodh said the abrogation of Article 370 has unified the hearts of people from Jammu and Kashmir with the rest of the country. He said J-K broke the shackles of Article 370 and is now progressing towards

progressing towards wholesome development

Munish Sharma stressed

with the rest of India

Abrogation of Article 370 has unified

lot of beneficial schemes launched by Government are given to students in Govt schools such as MDM Govt schools such as MDM Free uniforms, Text books Scholarships Special KG rooms are made in some schools having in which all the facilities are provided to student as special grants were alloted to schools for KG Classes. It was told to them that

platforms are provided to student of Government Schools to excel in the area of interest During the proof interest During the pro-gram some others locals including PRIs also told locals to admit their chil-dren in the school and avail all the facilities of govern-ment for the students Enrollment drive received

He said that with this the new edu-cation policy will also be implement-ed and the future of the children who are currently enrolled will also be saved from being affected. Amit Kapoor warned that if their demands were not accepted, they would take even bigger steps against it and the government would be sole-by responsible for the situation arising out of it. the hearts of people in J&K: Vibodh the education department of Amit Kapoor said that under the indulging in commissions and said that they have a nexus with private

JAMMU, MAR 29:
Bharatiya Janata Party
(glP) held a "Booth
Shaktikaran" review meeting of Gandhi Nagar and
Trikuta Nagar Mandals
respectively of Bahu
Constituency as an important part of Jammu District
South, which was attended South, which was attended by party senior leaders at the party office, Trikuta Nagar Jammu. Former MLC and BJP. General Secretary Vibodh Gupta chiefly addressed the meeting which was also addressed by Munish Sharma Incharge Booth Sashaktikaran Abbiyaan and BJP District President Jammu South Rekha South Rekha

Mahaian General Secretary Pushpinder Singh, Mandal Presidents Bharat Bhushan Gupta, and Neeraj Puri, senior leaders of BJP hailing from the Jammu District south AJP Vistaraks, Shakti Kendra pramukhs, ward presidents participated in the important meeting. The meeting saw threadbare discussions on various issues related to Booth Sashaktikarah. District

issues related to Booth Sashaktikaran. Vibodh Gupta shared his valuable experience while guiding the party cadres and asked them to bolster the party activities at the grass root level to further explanee the party activienhance the party activities. He emphasized workers will also do door-to-

Constituency falls under Jammu District South. five principles, and history. said that BIP is an ideoloand to have direct interac-tion with ground-leve Jammu District South. Vibodh Gupta hails the decision of Lieutenant Governor Manoj Sinha announced that the Government is making a law to give land and houses to the poor people of Jammu and Kashmir. Vibodh Gupta said that the said that BJP is an ideolo-gy-based party that strives to serve the nation and society. Similarly, address-ing the BJP cadres in his interaction with party workers He reportedly asked workers to make

house-to-house visits a

practice to propagate the initiatives taken by Prime

Minister Narendra Modi Minister Narendra Modi. Munish wanted 'karyakar-tas' to be active in their wards and booths and con-stantly interact with voters he added.

In her presidential address, Rekha Mahajan clarified that BJP has been organizing review meetclarified that BJP has been organizing review meetings at the Mandals level in the past and recently it has started holding such meetings at the Booth levels also. Various sessions were held in these meetings which included "History and Growth of BJP over the years, vision and ideology of BJP and landmarks in the past decades, future challenges and election strategies". She explained the main motto of the meeting of the babt constituent. ing of the bahu constituenis held periodically

tion with ground-level party workers. While addressing the party lead-ers and activists, Rekha said that for the effective functioning of the party based structure these peri-odic meetings are held from the very Central level to the very basic level of the organization. She said that after the National, State, and District level, the and District level, the Mandal level review meet-ings are organized so that every public-related issue of the activists including messages from the top leadership of the organiza-tion can be transmitted to the target. Rekha acknowl-edged the focus on strengthening booth shak-tikaran by forming effec-tive booth committees tive booth committees while concentrating on every single booth keeping a focus on each vote, the leader said.

All Mandal Presidents of Bahu Constituency presented a report card on health presented a report card on

booth empowerment, and organizational and political activities in their respective Mandals. Pushpi Singh conducted the ceedings of the progra

'Sufi teachings of Islam lead us to spiritual excellence and universal peace': Darakhshan

RAJOURI, MAR 29: Chairperson J&K Dr Darakhshan Andrabi Chairperson J&K Dr Darakhshan Andrabi today participated in pro-gramme 'Ramzan Cum Sufi Conference's' organised bt the NGO 'Awaam Ki Awaaz' at townhall in Pulwama. The theme of the conference was Faith Towards Brotherhood & Harmony'. Dr Andrabi was the Chief Guest on the occasion. The keynote and welcome address was presented by the founder of the NGO Arshad Bhat who complasized on the need for Pulwama. The theme of the emphasized on the need for propagation of brother-hood and tolerence for a hood and tolerence for a peaceful society of coexis-tence and harmony. He said that Awaam Ki Awaaz Organisation is doing con-tinuous efforts to reach out to the people especially the youth and is taking many



initiatives for the social, economic, political & other moral empowerment the young minds of the

Chairperson J&K Waqi Board addressed the gathering and said that we need to teach and preach the sufi order of Kashmir has always bridged the gaps and emphasized on the harmonious synthesis of faiths in Kashmir.

We need to return to our spiritual past where a just society is guaranteed", said Dr Andrabi.

cally sound, spiritually sign, strong, morally high. "High dreams and a universal vision can lead us to a future where we can lead the society and the country to bigger heights", said Waqf Board Chairperson.

advantage of the peaceful

conditions and try to make

a society which is economi-

NIC Sciences performs 'MitraClip' procedure on Pak woman with Mitral regurgitation for 27 years

JAMMU, MAR 29: A 43-year-old woman- Arifa Bano traveled a long way from Pakistan to India to access much-needed care for her cardiac condition. She needed heart valve surgery dition. She needed heart valve surgery as she was suffering from Mitral regurgitation (leakage of the heart) for over 27 years. She could have had traditional surgery at home, but she was told by family and friends to visit India where Cardiac specialistsat Narayana Institute of Cardiac Sciencescould fix her valve with the most advanced procedure without pain or prolonged hospitalization. After evaluation at NH. she underwent a 'MitraClip' implanta-tion procedure which is performed only at a few centers by spe-ciallyskilled and experienced interventional cardiologists.

The patient's trust in Indian doctors The patient's trust in indian doctors was fully justified by the highly experienced team at Narayana Hrudayalaya. (NH) at its flagship center in Bengaluruknown for excellence in Cardiac Care. After successfully performing the 'MitraClip' Implantation, the patient was mobilized without any competence within 2d hours and discontinuous control of the patient was mobilized without any competence within 2d hours and discontinuous control of the patient was mobilized without any competence within 2d hours and discontinuous control of the patient was mobilized without any cont symptoms within 24 hours and dis charged from the hospital within only

charged from the nospital within only 27 hours of the procedure.

"The patient was diagnosed with Mitral regurgitation at the age of 16 and had been advised to undergo valve surgery by repair or replace-ment, which typically requires open heart surgery. She had been experienc-ing breathlespose for ourse; a decade. ing breathlessness for over a decade and her condition had gradually wors ened over the last 1.5 years, significant-ly affecting her daily routine. We per-formed the MitraClip procedure at NH negating her need for open heart sur-

gery.

The procedure was completed with-

in one hour and she was hospitalized in one hour and she was hospitalized for post-procedure observation for only 72 hours.On March 11, she was discharged from the hospital in a normal and active condition," said Dr. Uday Khanolkar, Senior Consultant, Interventional Cardiology who has been trained for performing

interventional Cardiology win has been trained for performing 'MitraClip' procedures at Cedar Sinai Hospital in Los Angeles, USA. "The 'MitraClip' procedure, which involves inserting a clip into the heart via a small puncture in the groin, has empered as a pone surgical alternative. emerged as a non-surgical alternative emerged as a non-surgical alternative to open heart surgery in recent years. The 'MitraClip' procedure is available in onlyselect hospitals across the world.Narayana Hrudayalaya is one of the leading centers for minimally invasive and non-surgical cardiac treatments andthe team of doctors from Narayana Hrudayalayahas extensive experience in performing the procedure even in complex cases. We procedure even in complex cases. We procedure even in compiex cases. We are now performing the procedure at our hospitals across India. Those who are suffering from similar problems can visit any of our hospitals" added Dr Sanjay Mehrotra, Senior Consultant Interventional Cardiology.

Prior to the procedure, the surgical

options were reviewed by a team of surgeons led by Dr. Devi Shetty, Cardiothoracic Surgeon and Chairman of Narayana Health.

of Narayana Health.

After the review, the non-surgical

MitraClip' procedure was performed
by a team of experienced doctors led
by Dr. Uday Khanolkar - Senior
Consultant, Interventional Cardiology, Dr. Sanjay Mehrotra - Senior Consultant, Interventional Cardiology Consultant, Interventional Cardiology
Dr. Satish Govind, Senior Consultant Non-Invasive Cardiology, and
Dr. BagirathRaghuraman, Senior
Consultant, Interventional Cardiology.
Narayana Hrudayalaya continues to

be at the forefront of providing advanced and minimally invasive treatments for various heart condi-tions, and the successful MitraClip procedure on this patient from Pakistan is a testament to their expert-ies and commitment to natiget care. ise and commitment to patient care

se and commitment to patient care.

"I had a very traumatic heart condition for the past 27 years and in the last
two years, it deteriorated further. I was
hopeless and very scared for undergoing open heart valve replacement surgery. A family friend who was well
aware of the experience and expertise. aware of the experience and expertise of Indian cardiac specialists at Narayana Health saved my life by referring me to safe hands. We express deep gratitude towards them and the Hospital," said Arifa Bano. The family is now all set to fly back home. The credit for these advancements goes to the dedicated healthcare professionals and medical institutions who have been working tirelessly to improve cardiac care in the country. Their efforts have not only saved aware of the experience and expertise

Their efforts have not only saved countless lives but have also estab-lished India as a leading destination for rdiac surgeries

Congratulating the team, the Chairman of NH, Dr. Devi Shetty said, "India has made significant advancements in treatment of cardiac ailments in recent years. With the advancements in recent years. With the advancements in technology and medical expertise, India has become a hub for advanced cardiac Care, including minimally invasive procedures and complex procedures like "MitraClip.' These advancements have not only helped interest the outcomes of position that the contemporary that improve the outcomes of cardiac treatments but have also made them more ments but have also made them more accessible to patients in India and abroad. Our surgeons' and cardiolo-gists' expertise and dedication to pro-viding advanced cardiac care are truly

Fight against drug addiction possible with community participation: Manjit Singh

JI NEWS SERVICE

JAMMU, MAR 29: Apni Party Provincial President Jammu, and Former Minister, S. Manjit Singh has demanded community participation and strict curbs against drug addic-tion in Jammu and Kashmir Kashmir.

As per the press release, the Former Minister Minister the Former Minister chaired a meeting at Mean Sarkar area in Bari Brahmana where he met scores of young people, most of them unemployed and discussed with them the challenges they were facing

facing. He said that the youth were concerned about the growing drug addiction and poor changes of employment in Govt as

employment in Govt as well as private sector.

He said that the youth want to contribute to nation building by serving the country, but the Govt has no vision with regard to the issues of the youth.

He said that "The unemployment is growing and the industrial sector which has enough potential to provide employment has also failed to do the need-ful." He further said that "The menace of drug addiction is spreading fast and it has consumed the future generation's life He also demanded that the youth in villages should be provided train-ing courses to get recruit-ment in defence, police and paramilitary forces. "Mostly the youth from the border villages prefer joining Defence Forces, but they do not have proper

future generation's even as the authorities claimed to have put strict curbs." He said that "The curbs." He said that "The drug addiction cannot step unless the community is not involved to stop the menace with the involvement of families, youth and the members of civil society."

on encouraging sportsman-ship among the youth and providing them infrastruc-ture to play at the village

ever. He said that the youth must be provided sports infrastructure and coach-ing free of cost in the vil-lages so that they come on the right track. He also demanded that

knowledge about how to prepare for physical as well as written tests," he added. He said that the civil administration and retired defence personnel can play an important role to guide the youth with regard to the joining of defence forces.

NSS SMVDU organized Shramdaan activity in Sirah Village

JI NEWS SERVICE

IAMMU, MAR 29: NSS SMVDU organized shran JAMMU, MAR 29: NSS SMVDU organized shram-dam activity in Sirah village with main focus on clean-liness drive. The event started with an awareness rally in the market area of the village with the message "Say No To Single Use Plastic". Afterwards, a cleanliness drive was organized in the market area for around 2 hours.

During the drive mainly single use plastic waste was During the drive mainly single use plastic waste was collected. More than 100 volunteers participated enthusiastically and collected 112 Kg of plastic waste during the said drive. Wall painting was also done by 10 volunteers during the Shramdaan activity. NSS Programme coordinator & ec-coordinator Dr. Rajiv Kumar and Dr. kamaldeep also participated in the drive. Viec Chancellon, Prof. R. K. Sinha appreciated the efforts of the NSS volunteers. 5 6 THOUGHT OF THE DAY

Logic will take you from A to B. Imagination will

JINDRAH MAGES

take you everywhere - Albert Einstein

Rahul Gandhi's disqualification triggers political slugfest

wo arch rivals-BJP and Congress- have entered into a bitter fight that had now reached its crescendo after the disqualification of Congress leader and Gandhi family's scion, Rahul Gandhi from the Lok Sabha. It has also triggered raging politics over the controversial defamation law. The conviction and sentencing of Rahul Gandhi by a Surat court is purely a legal matter and no opposition parties should avoid casting aspersions on judicial decisions. Rahul Gandhi has been found guilty of defaming the entire 'Modi community' on a complaint lodged by former Gujarat minister and BJP MLA Purnesh Modi. The court awarded the harshest punishment under Section 500 of the IPC-two-year imprisonment with a fine—even as the sentence has been suspended for 30 days to enable Rahul to challenge the verdict in a higher court. Congress, in an attempt to gain sympathy at national level keeping in view Lok Sabha elections scheduled for next year, has started nation-wide protests and even called for Satyagraha at Mahatma Gandhi's memorial. The Saffron party, in a counter attack, questioned the Congress leadership as to who against whom they have resorted to Satyagraha--against OBCs, against courts, against law or for Gandhis? Amid this political slugfest, questions are now being asked about whether the trial court followed the due process while proceeding against an accused outside its territorial jurisdiction. Opposition parties believe that name-calling and mudslinging are par for the course during electioneering in India. It is not a new phenomenon that most politicians have no qualms about making below-the-belt and controversial remarks against their opponents. During his speech at an election rally in Karnataka in April 2019, Rahul Gandhi insinuated that "every Modi was a thief". The comment deserves to be condemned in the strongest terms, but if one looks at the quantum of punishment, it is quite disproportionate to his offence. A written apology would have served the cause of justice. Legal experts opined that the trial court should have taken a cue from Delhi Chief Minister Arvind Kejriwal's apology spree of 2018, when he had expressed regret for his statements against rival politicians such as Nitin Gadkari, Kapil Sibal and Bikram Singh Majithia. For political reasons, Rahul Gandhi has even refused to tender an apology for his recent remarks on Cambridge. There is no doubt that defamation laws are being misused in India and abroad to stifle free speech and settle scores. It had observed last year that 'the global campaign to decriminalise defamation, which was gaining traction a decade ago, was now facing a setback'. Whatever be the outcome of this political slugfest, there is need to respect rule of law and the court verdicts. Bringing judicial decisions under the lens of suspicion will set a wrong precedent which is not a good sign for free and fair judiciary.

Manipur fighting uphill battle against drugs

From 2018 till March 3 this year, 217 people have been convicted in 636 cases. But those convicted are mules or couriers; no kingpins have been convicted due to shoddy investigation. The conviction rate is poor, with many officials authorised to seize drugs and make arrests under the NDPS Act not being very familiar with the processes involved in seizures. The public and the Centre should support the state government to win the war against drugs.

anipur, which shares a 398-km border with Myanmar, is combating

398-km border with Myanmar, is combating the menace of illicit drugs on two fronts – cultivation of popty and ganja and conversion of opium into heroin, and smuggling of drugs from Myanmar.

The problem of hard drugs is now so serious that people are no longer bothered about soft drugs like ganja, except for seizures by the police and excise personnel. Replying to a question in the House recently, Manipur Chief Minister N Biren Singh said 11 categories of illicit drugs had been seized in the state, including heroin powder (74 kg in 2022, 12 kg in 2023), brown sugar (500 kg; 35 kg), opium (496 kg; 49 kg), ganja (929 kg; 108 kg), ICE (9 kg; nil) WY tablets (364 kg; 66 kg), NOI tablets (151; 1,191), pseudoephedrine (118 kg; 33 kg), poppy seeds (25kg; 29 kg), SP capsules (34 kg; 200 gm) and cough syrup (39,952 bottles; 410).

Opium and ganja are mainly

Opium and ganja are mainly produced within the state, while heroin is either manufactured locally or brought from across the border. The rest all are smuggled from across the border. As the bor-der is not patrolled and is loosely warded, it is easy to cope it guarded, it is easy to cross it. Drives are conducted on a regular basis to seize illicit contraband, but basis to seize illicit contraband, other the seizures are limited as illicit drugs, which originate from Manipur, are seized in neighbour-ing states such as Nagaland, Assam and Meghalaya. All securi-ty agencies have been empowered under the NDPS Act to seize illicit drugs and make arrests.

drugs and make arrests. According to the CM, the number of cases registered under the NDPS Act in 2022 was 500 and this year it's 120 so far. As many as 625 people were arrested in 2022 and 99 in 2023. From 2018 till March 3 99 in 2023. From 2018 till March 3 this year, 217 have been convicted in 636 cases. But those convicted are mules or couriers; no kingpins have been convicted due to shoddy investigation. The conviction rate is poor, with many officials author-rised to seize drugs and make arrests under the NDPS Act not being very familiar with the being very familiar with the processes involved in seizures.

Another important dimension is the increase in the cultivation of poppy to harvest opium, which is rted into heroin hydrochlo ride or heroin No. 4 or brown sugar ride or heroin No. 4 or brown sugar (heroin No. 3). In the early 1980s, small patches of poppy fields were cultivated in a few villages in the hills to cater to local opium addicts. This continued for a few decades till around 2017 when there was a sudden rise in the acreage. Poppy plantation seems to have shot up after the Myanmar Government

the acreage has been around 8,000 acres; the figure is disputed as many claim that it is over 40,000 acres. There are limited avenues to verify the figures as the plantations are located in difficult terrain in the are located in difficult terrain in the hills. Since 2022, the government has started using drones to map the area, but the penetration is limited and the only option could be real-time satellite imagery. Many community leaders had promised to abstain from penery alpatation. to abstain from poppy plantation within their area last year, but unfortunately the area under this illicit crop has not diminished, forcing the CM to order the arrest of the village chiefs and others and filing of criminal charges under the

In a reply to another question, the Chief Minister stated that till February, poppy plantation on 18,500 acres had been destroyed. 18,500 acres had been destroyed. From January 1 to 17, the total area of poppy plantation destroyed was 777 acres, which would have yielded about 9,324 kg of opium at an average yield of 12 kg per acre, which can be converted into 373 of pure heroin in ydrochloride. The value of 375 kg of pure heroin is around Rs. 1500 come in the country of the control of the con

try, though it is far lesser in Manipur. The total area destroyed till February is 18,500 acres. The effort has curbed the harvest of 2,22,000 kg of opium or production of 8,800 kg of pure heroin, valued at Rs 35,529 crore - which is

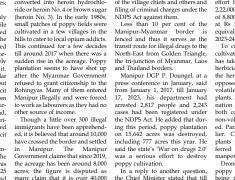
at Rs 35,529 'crore – which is equivalent to the state Budget for 2023-24.

To curb the menace of poppy cultivation, the state government has taken recourse to spraying of herbicides using drones, though the herbicide used – 2,4-D – is volatile and can affect nearby cather Suitching over to, a combinate Suitc plants. Switching over to a combination of paraquat and diquat, both contact herbicides that are both contact herbicides that are non-volatile, has been recommend-ed. Paraquat and diquat are cost-lier. Cutting down the poppy plants physically is still the pre-ferred method, though a huge manpower is required for it.

poppy plantations and efforts are being made to analyse real-time satellite imagery to identify these plantations in the hills.

plantations in the hills.

CM Biren Singh has said that
children as young as 16 years are
getting hooked to drugs. He has
stated that drug users should not
be stigmatised; they should be
brought to rehab centres for treatment and if necessary the number
of government-run rehab centres
would be increased.



Ensuring stability in energy supplies vital

SUSHMA RAMACHANDRA

The manmade equivalent of a natural disaster is shaking the global banking system. For a change, the impact on India is not adverse. The oil markets are reflecting concerns over the banking crisis by pushing prices downwards. So, after a year of both these the banked markets. high rates, the benchmark Brent crude is now ruling at \$75-78 per barrel. This is roughly the same level as before the Ukraine conflict

same level as before the Ukraine conflict broke out last February. It is unalloyed good news for an exchequer that has had to cope with a rising import bill for the 2022-23 fiscal. What is even more encouraging is that predictions for 2023-24 are now moderating from earlier forecasts of \$100 per barrel made by Goldman Sachs. The investment bank has lowered its sights and is now talking about a level of \$94 by the end of the year. While this is still not comfortable for a country that imports \$5 per cent of its crude oil needs, it indicates that a softening trend is expected to continue for the rest of the year.

Forecasts of oil prices, however, are notoriously unreliable.

No one would have anticipated a black

ously unreliable.

No one would have anticipated a black swan event like the Ukraine war to occur and reverberate in oil markets to such an extent that prices would touch \$139 per barrel. Neither would oil industry experts have expected a zero-Covid policy in China to realize all the product of the product of the product that the product the product that the product the product that t prices begin to slide from October last year.
The current banking crisis was all reduce global demand to such an extent that

the current banking crisis was also unfore-en given that the 2008 financial crash is con-lered a distant memory that is not likely to a distant memory that is not likely to eated. The argument given is that stringent regulations have been put in



place for banks all over the world. And yet, California-based SVB collapsed, while Swiss flagship Credit Suisse had to be taken over by UBS. Still more chaos could be in the offing as shares of Deutsche Bank are reported to be

The net result is that the prospect of recessionary conditions depressing demand has made oil prices fall over a 10-day period from \$86 to \$73 per barrel. Yet, the dip in prices has not come soon enough to reduce the oil import bill in any significant way for the 2022-23 financial year. Oil purchases are likely to touch \$200 billion, nearly double of the \$118 billion recorded in 2021-22. The pandemic fiscal = 2020-21 — had an unusually low import bill of \$63.5 billion owing to the crash in prices following the advent of Covid.

The burden on the exchequer would have been even higher during the 2023 fiscal but for the availability of Russian crude oil at disthe availability of Russian crude oil at dis-counted rates. When supplies began to be sourced from that country, it was offering crude oil at rates \$16 cheaper than the then average price of \$110 per barrel. The dis-counts continued since then, ranging from \$8 to \$12 per barrel. Rough estimates are that the country has saved over \$3 billion by buying Russian oil rather than relying on traditional suppliers in West Asia. suppliers in West Asia.

This policy decision was taken despite pres om western countries to join the ing sought on buying Russian oil supplied

One of the ways to prevent countries from buying it was to direct insurance and ship-

IN THE CASE OF VOLATILE OIL MARKETS, INDIA NEEDS TO KEEP A CLOSE WATCH ON DEVELOPMENTS SUCH AS DECISIONS BEING TAKEN BY OUL CARTEL ORGANISATION OF THE PETROLEUM EXPORTING COUNTRIES (OPEC), THIS DOMINATING GROUP HAS JOINED HANDS WITH RUSSIA AND OTHER ALLIES TO FORM OPEC+ BUT CONTINUES TO RESTRICT OIL SUPPLIES BY FIXING PRODUC-TION QUOTAS. RUSSIA MAY BE THE OUTLIER IN THE SYSTEM AND IS NOW OFFERING DISCOUNTED RATES.

ping companies to abstain from dealing with Russian supplies. These efforts did not suc-ceed, however, and were followed by the move to put a cap on prices of Russian oil. But the ceiling of \$60 per barrel was not an issue for India and China which were anyway buy-ing it at lower rates. India will need to continue to follow an independent policy on oil purchases as it can-not afford to get boxed in by western sanc-tions on Russia. Incidentally, the curbs on buying hydrocarbons from that country did not apply to supplies going overland by ping companies to abstain from dealing with

buying hydrocarbons from that country did not apply to supplies going overland by pipeline since that would have affected Europe's energy requirements. These were already constrained by Russia's cutbacks in gas supplies through the Nord Stream pipeline as well as the subsequent damage to the pipeline.

oil and gas came into effect nine months after the conflict began in Ukraine. Imports of crude and petroleum products via pipeline continued to be exempt. The sanctions on Russian oil were thus evidently meant more for the rest of the world than the western

countries.

At the same time, India needs to accept that it is more intertwined than ever before with the global economy. The latest international banking crisis is not expected to impact banks here, but there are other ramifications of such developments. These could be positive as in the case of falling crude oil prices but could also be negative in terms of affecting Indian investments abroad.

Even in the case of volatile oil markets, the country needs to keep a close watch on develountry needs to keep a close watch on develountry needs to keep a close watch on develous.

Even in the case of volatile oil markets, the country needs to keep a close watch on developments such as decisions being taken by oil cartel Organisation of the Petroleum Exporting Countries (OPEC). This dominating group has joined hands with Russia and other allies to form OPEC+ but continues to restrict oil supplies by fixing production quosas. Russia may be the outlier in the system and is now offering discounted rates. But it remains a part of the cartle which has a vested interest in hardening world oil prices.

Going forward, the country needs to remain watchful and cautious in dealing with all

watchful and cautious in dealing with all external entities in order to ensure stability of

Before Aiming For Oscars. Get Your Distribution Game

Right: Guneet Monga

aving been to the Oscars twice, you're bound to know how things work in the Western entertain ment industry. Film producer Guneet Monga whose production 'The Elephant Whisperers' bagged the Oscar for Best Documentary Short at the 95th Academy

Oscar for Best Documentary Short at the 95th Academy Awards, feels that a sturdy distribution network is the sledgehammer that helps one crack through the unsur-mountable walls of the Oscars.

Talking to media, Guneet said that she is optimistic about the big win changing the dynamics of storytelling in India for the good. She said: "It's definitely a new dawn for Indian cinema. I hope the Oscar wins, both of Naatu Naatu and The Elenkent Wisconsense on the Control of the Con

Dia Mirza recalls starring as extra in Jumbalakka video for 'good money'

DIA MIRZA RECENTLY REVEALED THAT SHE ONCE STARRED IN A MUSIC VIDEO BY OSCARWINNING MUSIC COMPOSER MM KEERAVANI TO EARN MONEY FOR HER PROFESSIONAL PHOTOGRAPHS.



NEWS

HOUSE OF THE DRAGON SEASON 2 TO BE SHORTER AS HBO LOOKS AHEAD TO SEASON 3

that the episode count trim was story-driven. The development

The upcoming second season of fantasy drama House of the Dragon will consist of eight episodes, two less than season one. According to report by Hollywood trade website Deadline, the decision is part of a long-term plan for the series, which includes network HBO considering renewing the prequel spin-off of Game of Thrones for a third season as well. (Also read: GOT star Maisie Williams arrives in Mumbai for Christian Dior show, is impressed with her desi show, is impressed with her desi

An HBO spokesperson, who confirmed the news to the publi-



arrives as production is about to begin on the second season in the UK for an expected premiere in the summer of 2020. HBO green-lit season two soon after House of the Dragon premiered on August 21, 2022, as it drew the largest audience for any new original series in history of the premium broadcaster with "over 20 million viewers across linear, on viewers across linear, on demand and HBO Max platforms in the US, based on a com-bination of Nielsen data and first party data". House of the Dragon is a prequel based on George RR Martin's book Fire & Blood, which gives the history

arrives as production is about to of House Targaryen set 200 years before the events described in Game of Thrones, described in Game of Thrones, which ended its eight-season run in 2019. In what is a relative-ly common practice, HBO did not reveal the episode order in the season two renewal announcement last summer. The second chapter was sup-posed to have another 10-episode run, which eventually changed. Jeading to some script changed. Jeading to some script changed, leading to some script changed, leading to some script rewrites. A potential season three is being prepared and might go ahead, with HBO con-sidering committing to moving ahead with scripts, casting and a production plan.

for Indian cinema. I hope the Oscar wins, both of 'Naatu Naatu' and The Elephant Whisperers', encourage many filmmakers, many women and storytellers to come up with more disruptive ideas so that the world recognises the power of Indian cinema at large." The producer cred-its the streaming giant Netflix as it helped her 45-minute short film reach out to the entire world and left each set of eyeballs mesmerised by the sheer beauty of the film's director Kartiki Gonsalves' lens. She told in a interview: "Netflix has been in India for quite some time and it's so rewarding for the filmmakers and producers to take heir stories to the global level because on streaming platforms the content is simultaneously available to the entire world, it's akin to putting a billboard on the moon." world, it's akin to putting a billboard on the moon. From pirates to pep talks, The Mandalorian Season 3 Episode 5 reveals major plot twists



FTER a confusing few weeks, the fifth episode of The Mandalorian Season 3 is now live. Pedro Pascal starred The journeys of the Mandalorian through the Star Wars galaxy continue. Droid phobic lone bounty hunter Din Djarin accompanied by little foundling Grogu's story won every fan's heart.

With this Wednesday episode The Mandalorian seems to have come full circle. In season one we saw Din fighting back his way out from Nowaya and today as passed with the production of the pr

have come full circle. In season one we saw Din fighting back his way out from Nevaro and today as we return to Nevarro to rescue the citizens from pirate seizure. It's going well with our swamp face pirate lord Gorian Shard and his squad of pirates lead by Bane returning with a vengeance as they plague and pillage the city. This was a surprise from John Favreau for the fans of Star War Rebel animated series. Zeb made a live action debut voiced by the same voice actor from rebel, Steve Blum. It's amazing to hear Blum reprising his role as Zeb. Zeb was a major character in that animated series and was part of

major character in that animated series and was part of the Ghost crew. The dress suggests that Zeb became a New Republic pilot after the Galactic Civil war ended. New Republic pilot after the Galactic Civil war ended. Karga sends out a message for help but the New Republic proved that they are not as generous as they seem. They wash off the onus literally battering the Outer Rim planet. Captain Carson Teva played by Paul Sun-Hyung Lee is adamant to the New Republic that they should authorize a rescue party of star fightress but they refuse to help. That's when The Mandalorian comes in. Teva somehow discovers The Watch's covert and delivers a rousing pep talk to Din along with other Mandos so they make a stand against the printers. After a dramptic discussion and pen against the pirates. After a dramatic discussion and pep talk The Watch decided to join together and help Karga. Outnumbered by ten to one The Mandalorians still being ordinate of the first total in a substantial salt deligible incredibly badass including epic action sequences both in air and on land, and The Armorer's 30sec being a girl boss by bringing down five pirates single handedly with a hammer and tong.

Samantha Ruth Prabhu Suffered A Concussion On 'Citadel India' Sets: I Forgot Everyone's Name For Two-Three Hours



fter 'Shaakuntalam', Samantha Ruth Prabhu will next feature in the Indian leg of Prime Video's action-thriller 'Citadel', helmed by Raj

A. Nvideo's action-thriller 'Citade', helmed by Raj and DK. She is already filming for the web series along with actor Varun Dhawan. Recently, in an interview with Miss Malini, the actress opened up about suffering a concussion on the sets of the show during the shoot of an action sequence. She recalled, "I had a concussion on sest. I forest engrowed name for a need true them hours." forgot everyone's name for a good two-three hours. To Raj, I was like, 'Wait let me check my phone, what is his name?' I haven't had a concussion before, I didn't know how it felt but I went back and shot after a

Samantha also mentioned how Rai and DK are try Samanna also mentioned now Raj and DAs are ri-ing to raise the bar of action sequences of 'Citade' (India), moving ahead from 'The Family Man', which were the duo's previous runaway hit. Samantha was seen as Raji in the second season of the show, which also featured Manoj Bajpayee.

Chitrangda Singh texted Saif Ali Khan to talk about Sara Ali Khan. Here's what she told him

hitrangda Singh's next, Gaslight, features her as a stepmother to Sara Ali Khan's character Meesha. The Khan's character Meesha. The thriller features the two on oppo-site sides as Meesha tries to figure out the mystery of her missing father after her return home and believes her stepmother to be hid-ing something. While this is the first time that Chitrangda and Sara are working together, the actor had already worked with her father Saif Ali Khan in Baazaar (2018).

While they are antagonists in the While they are antagonists in the upcoming psychological thriller, Chitrangda shared that she enjoyed working with Sara and they laughed often on set. In Baazaar, Saif Ali Shan and Chitrangda played husband and wife. She had recalled that Saif was very particular when they worked together. He would bring a different performance in each late. This ent performance in each take. This also the same year that Sara had made her debut with the films



both Saif and Sara, Chitrangda said, "It's so strange that she [Sara Ali Khan] was doing her first film at that time when Saif Ali Khan and I were shooting for a film and now I am working with her. I mes-saged Saif saying how wonderful his daughter is and how happy I was to work with her. She is lovely nad made her debut with the mins
Kedarnath and Simmba. The actor
felt it was a great coincidence that
she worked with both father and
daughter, five years apart.
Speaking about working with
Speaking about working with

Mishra's Hazaaron Khwaishein Aisi in 2005. She is known for her work in films like Yeh Saali Zindagi (2011), Desi Boyz (2011) and I, Me Aur Main (2013). She was last seen in Bob Biswas (2021) opposite Abhishek Bachchan. Gaslight is produced by Ramesh

Taurani and Akshai Puri. Directed by Pavan Kirpalani, the film will premiere on March 31, 2023 on Disney+ Hotstar. Vikrant Massey, Akshay Oberoi and Rahul Dev are

Ishaa- Khatter recalls Shahid Kapoor cha- gi- g his diapers: 'He always kept me i- check'

ISHAAN KHATTER RECENTLY TALKED ABOUT HOW SHAHID KAPOOR WAS A STABLE

A ctor Ishaan Khatter shares a close bond with half-brother Shahid Kapoor. Recently, Ishaan talked about Shahid being a consistent male figure to him while growing up. He said Shahid was always parental towards him as he ven changed his diapers in

even changed his diapers in childhood. Ishaan is actor Neelima Azeem and her ex-husband Rajesh Khattar's son; they divorced in 2001. Before Ishaan, Neelima had Shahid Kapoor with Pankaj Kapur. Later, Neelima married Raza

MALE FIGURE TO HIM DURING CHILDHOOD. HE IS SHAHID'S HALF-BROTHER. Ali Khan and parted ways in

Ali Khan and parted ways in 2009.

Talking about Shahid, Ishaan recently told Pinkvilla, "He is the person who grounds me. He is a very rooted, grounded person. And he is very deep. It's a very big part of who he is." He also revealed Shahid's suitenemeated added "Whisilea is." He also revealed Shahid's nickname and added, "We joke about it a lot, I call him 'Baba Sasha', but it's who he is and he is that one person in my life who is like a consistent male

didn't have an elder sibling. So

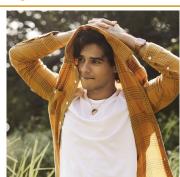
also shares a close bond with Shahid's kids Misha Kapoor and Zain Kapoor. When asked about spoiling them as their uncle, Ishaan shared, "Of course, who wouldn't? So they have a lot of fun with me, I didn't have an elder sibling. So he was that sibling for me. I think. But, they are very smart action them. It yn otto (spoil then) because they have very elder brother in many ways.

But he is also young at heart so we have a very unique relationship."

Not only Shahid but Ishaan

Misha. They seem too smart for heir age. I think what's starring in the war-drama,

the IQ but when the kid is emo-tionally intelligent enough to feel or sense what an adult is feeling and try to correlate...that's just... bizarre to me. I learn a lot from them. I



Pippa. On the other hand, Shahid's last outing was Farzi, which marked his OTT debut on Prime Video.

How A Longevity-Focused MD Exercises For A Longer, Healthier Life

think of strength training as a form of retirement saving. Just as we want to retire ■Just as we want to retire with enough money saved up to sustain us for the rest of our lives, we want to reach older age with enough of a "reserve" of muscle (and bone density) to protect us from injury and allow us to con-tinue to pursue the activities that we enjoy. we enjoy.

It is much better to save and

It is much better to save and invest and plan ahead, letting your wealth build gradually over decades, than to scramble to try to scrape together an individual retirement account in your late 50s and hope and pray that the stock market gods help you out. Like investing, strength training is also cumulative, its benefits compounding. The more of a reserve you build up, early on, the better off you will be over the long term. long term. Yet unlike some guys in the

Yet unlike some guys in the gym, I'm less concerned with how big my biceps are or how much I can bench press. Those might matter if you're a body-builder or a powerlifter, but I'd argue they matter less in the Centenarian Decathlon (or in real life)

A far more important measure of strength, I've concluded, is how much heavy stuff you can carry. I say this on the basis of my intuition but also research my intuition but also research into hunter-gatherers and human evolution. Carrying is our superpower as a species. It's



one reason we have thumbs, as well as long legs (and arms). No other animal is capable of carrying large objects from one place to another with any efficiency. (And the ones that can, like horses and other livestock, do so only because we bred and trained and harnessed them.)
This frames how I view

This frames how I view strength training in general. It's largely about improving your ability to carry things. Tve always been a fan of carry-ing heavy objects with my hands. As a teenager working on a con-struction site over the summers, I always volunteered to haul tools and materials across the site, and and materials across the site, and today I still incorporate some today 1 stari incoprate some kind of carrying, typically with dumbbells, kettlebells, or sand-bags, into most of my workouts. I was introduced to this pas-time by Michael Easter in his eye-

obsessed with an activity called rucking, which basically means hiking or walking at a fast pace with a loaded pack on your back. Three or four days a week, I'll spend an hour rucking around my neighborhood, up and down hills, typically climbing and descending several hundred feet over the course of 3 or 4 miles. over the course of 3 or 4 miles. The 50+ to 6-pound pack on my back makes it quite challenging, so I'm strengthening my legs and my trunk while also getting in a solid cardiovascular session.

The best part is that I never take my phone on these outings; it's just me, in nature, or maybe with a friend or a family member

with a friend or a family member or a houseguest (for whom ruck-

opening book The Comfort Crisis. His intriguing thesis is have removed that because we have removed all discomfort of any kind from modern life, we have lost touch with the fundamental skills (not to mention the frequent suffer-ing) that once defined what it meant to be human. Carrying stuff over long distances is one of stuff over long distances is one of these skills; our ancestors likely had to range far and wide to hunt food for their families and then carry their kills back to camp to carry their kills back to camp to feed everyone. But it's offec-tive that the military has incorpo-rated it into their training. "Carrying shaped our species," he says. 'Our ancestors carried often.

It gave them robust functional strength and endurance that was

likely very protective. But we've engineered carrying out of our lives, just as we have many other forms of discomfort Rucking is a practical way to add carrying back into our lives."

The main difference is that

instead of carrying 60 pounds of antelope meat in my pack, I'm typically hauling heavy metal weights, which are admittedly

less appetizing.
One thing I specifically focus One thing I specifically focus on when rucking is the hills. Going uphill gives me a chance to push my VO2 max energy system; first-time ruckers are amazed at how taxing it is to walk up a 15% grade with even 20 pounds on your back—and then walk back down. (A good goal is to be able to carry onequarter to one-third of your body

quarter to one-third of your body weight once you develop enough strength and stamina. My daughter and wife routinely carry this much when they join me.)

As great as rucking is, it's not the only thing I rely on to build my strength. Fundamentally, I structure my training around exercises that improve the following.

lowing: Grip strength, how hard you Grip strength, how hard you can grip with your hands, which involves everything from your hands to your lats (the large mus-cles on your back). Almost all actions begin with the grip. Attention to both concentric and eccentric loading for all movements, meanine when our

movements, meaning when our muscles are shortening (concentric) and when they are lengthen-

ing (eccentric).

In other words, we need to be In other words, we need to be able to lift the weight up and put it back down, slowly and with control. Rucking down hills is a great way to work on eccentric strength because it forces you to put on the "brakes."

Pulling motions, at all angles from overhead to in front of you, which also requires grip strength (e.g., pull-luns, and rows)

(e.g., pull-ups and rows).

Hip-hinging movements, such as the deadlift and squat, but also step-ups, hip-thrusters, and countless single-leg variants of exercises that strengthen the legs,

Build Serious Strength in 15 Minutes with the 'Strongman Linda' CrossFit Workout

rossFit work-out Linda goes by another name in boxes up and down the country: the 'three bars of death'. That's because Linda is a devilish workout consisting of three consisting of three moves: deadlifts, bench press and

cleans.

It's a full-body. full-throttle session

It's a full-body, resulting in strength gains and a frue test of grit. The workout also happens to be MH Elite coach Tom Kemp's favourite go-to 15-minute session, and luckily (or perhaps unluckily) for us, he's shared his strongman edition. Keeping the pull, push, pull focus consistent, he's added a sandbag for a strongman inspired kick.

The workout is to be completed 'for time' so choose your rest periods wisely. Kemp's strongman Linda can also be adjusted to suit your abilities. The workout can be scaled to a bodyweight for 50% bodyweight for the clean', he says. 'Ensure you can complete the rep scheme with good quality reps maintaining good form throughout.'

Deadlift (1.5 bodyweight) x 10-9-8-7-6-5-4-3-2-1 Reps Hinge down with a flat back and grasp the bar with an overhand grip. With a straight back and braced core, pull

overhand grip. With a straight back and braced core, pull your torso up and thrust your hips forward to stand up, keeping the bar as close to your body as possible. Reverse and repeat.

Bench Press (bodyweight) x 10-9-8-7-6-5-4-3-2-1 Reps Lay flat on a bench, your knees bent, pushing your feet into the floors. Take the weight out of the rack, locking out your elbows. Lower the bar slowly until the bar touches your chest keep your elbows at 45 degree angle, pause here before explosively pressing back up.

Gym Heart Attacks: 7 Warning Signs Your Heart Is Not Functioning Properly When Exercising

S YOUR HEART WORKING PROPERLY? LEARN EVERYTHING ABOUT THE SIGNS OF HEART PROBLEMS DURING A WORKOUT AND WHAT YOU CAN DO TO PREVENT AND TREAT THEM.

eart attacks are becoming extremely common in India. And most cases are coming from young people, especially those who are into fitness and exercise regularly. So is there a connection of the control o regularly. So is there a connection between gym, or workout and heart attacks? Can working out at the gym increases your chances of suffering a heart problem and death due to a heart attack? Let's find the truth. Although several cases have appeared in the past few months, where known faces who are into evmmine and follow a

are into gymming and follow a healthy workout routine have succumbed to heart attacks there is scientifically no such connection that can validate that workout can cause heart attacks workout can cause heart attacks. Instead, experts say that exercis-ing regularly can help a person keep the heart safe and protected from severe diseases. According to the World Heart Federation



(WHF), a lack of exercise can increase your risk for heart dis-ease by 50 percent. The most common contributing factors to a heart attack include

a heart attack include Exercising is important to keep the heart healthy, but at the same time, one must realise that the body is perfectly fit to per-form those exercises. Chronic extreme exercise training and competing in endurance events can often damage the issues in can often damage the tissues in the heart, and lead to severe damage inside the organ. In this article, we will explain Understanding what is good for how to spot a troubled heart

your body and what is not is important to avert such serious health complications. When we talk about heart attacks during talk about heart attacks during gym or while exercising, we mean your heart could be at risk to suffer an attack or failure due to some of those exercises that you are doing at the time when your heart is already in trouble. How to spot the difference between a healthy heart and a troubled heart? By understand-ing the signs and symptoms. ing the signs and symptoms

In this article, we will explain

while exercising. Make sure to stop right there, when any of the below-mentioned signs appear especially when you are at the gym or in the middle of any

Chest Discomfort

Sudden and intense chest pain is the first and the most common sign of an impending heart attack. It can begin with mild discomfort, followed by heavy discomfort, followed by heavy pressure and a feeling of fullness in the center of the chest. Stop exercising immediately and seek medical attention if this symp-tom last for more than a few minutes.

Shortness of Breath

Not being able to breathe while exercising? Your heart is asking you to stop and take care
of it. A feeling of unusual breathlessness with acute chest pain or
chest discomfort during a worklessness with acute chest pain or chest discomfort during a work-out can be a sign of an impend-ing heart attack. ight-Headednes

Physical activities can make you feel fatigued, but feeling dizzy or light-headed while exercising is a sign you should never ignore. Heart Rhythm Abnormalities

Heart skipping, palpitating or pounding heart rate could indi-

pounding heart rate could indi-cate a heart problem. You must immediately stop exercising and seek medical help. Sweating Profusely Excessive sweating is a sign that your heart is not working properly, or that there is some problem inside your heart. Rapid Heartbeat A ranid heartbeat is another

A rapid heartbeat is another sign of an impending heart attack and you should never ignore it.

omfort In Other Parts of the Body A troubled heart can also cause some sensations in other areas of the body besides your chest.

Meet The "World's **Greatest Stretch**"



There's a wildly popular warm-up movement called "the world's greatest stretch", and it actually lives up to its name as one of the — if not the — best stretches you could do, especially right before a workout. Trainers say the bendy move is packed with benefits that get your bedy ready to run, jump, lift, or whatever else you've got planned for the gym.

To break it down, the world's greatest stretch is a dynamic stretching exercise that combines a lunge with a torso twist to target several muscle groups at once, including the hip flexors, hamstrings, glutles, spine, and chest, says personal trainer Michael Hamlin, NSCA, CSCS. Many other stretches zero in on one specific muscle, but this move truly targets everything. "There are so many different movements in this warm-up exercise that it looks and feels like a blend of athletics and yoga," he tells Bustle. While you can do the stretch whenever you want to unwind tight muscles, it's especially great right before a workout because of the way it prepares your body to move, says Hamlin.

I did 90 commando planks every day for a week — here's my results

e've done plenty of plank challenges at Tom's Guide. If there's a plank variation, one of us has jumped on it for a fitness challenge. But one plank I had yet to conquer was the commando plank, so I added 90 reps to my

do plank, so I added 90 reps to my daily routine for one week only. I admit, I do love the plank exercise. Whether it's a weight training session or a bodyweight workout, the plank seems to fit nicely into either. It's known primarily for its core strengthening abilities but the exercise also targets and builds strength in your shoulders, chest, back, glutes, hamstrings, and quad muscles—basically, your entire body. It does this using isometric contraction(opens in new lab)—holding

It does this using isometric contrac-tion(opens in new lab) – holding muscles under tension without them lengthening or shortening (flexing or extending). It's one way to activate muscles under less load, but plenty of plank variations exist to torch mus-cles more, using movement. Find out what happened when I took on 90 commando planks every day for a week and why I probably won't again. And these are the best yoga again. And these are the best yoga mats to do your planks on.



To do a commando plank, move from a high plank position to a forearm plank and back again. You can
learn how to do an up-down plank
and variations to master here.
Start in a plank position on your
mat with elbows extended, shoulders
over wrists and bis in line with your.

over wrists, and hips in line with your shoulders (here's how to do a plank) Brace your stomach and lower your left elbow onto the mat underneath your left shoulder, followed by your right
Pause in a plank position on your

elbows, then press your left palm back onto the mat followed by your right hand.

Switch your leading arm each time to work the body evenly, and keep your hips square to the mat without

winging your torso. This move is bout slow, controlled movement. Unlike a regular plank, commando

pain afterward. I program commando planks for clients regularly, so I'm used to demonstrating and doing

the intensity and increase my heart rate and muscle engagement. Pushing back up against the additional weight

THIS PLANK VARIATION TORCHES YOUR CORE AND SHOULDER MUSCLES

planks or "military planks" also work more of your chest, arms (including more of your chest, arms (including your triceps), and shoulders and raise your heart rate. Strengthening the muscles in your lower back, glutes, and hamstrings will support better posture and protect your spine while developing a strong core helps you lift heavier, run faster, and function better with less chance of injury.

I did 90 commando planks every lay for a week — here's my results

day for a week - here's my results Commando planks are a full-body

burner.

For beginners, practice holding a plank for extended periods beforehand. You could also use your knees to help you adapt to the movement pattern. To advance the exercise, try wearing a weight vest or balancing on one lee.

I like approaching the commando plank like ripping off a band-aid - just get it done and think about the them myself, but perhaps not 90 reps

them myself, but perhaps not 90 reps in one go.

My approach on day one was to tackle them head-on with very little rest and move consistently. That tac-tic worked until around 50 reps when the shoulder burn began. At this point, I decided to add a 45-second rest halfway through for the rest of the week.

DAYS 2 AND 3

After day two, my army worse feel.

After day two, my arms were feel-ing it, but I couldn't feel it anywhere ing it, but I couldn't feel it anywhere else, so I added a weighted vest to spice things up. I only recommend working with a weighted vest if you feel confident knowing, how to. They're great for making bodyweight resistance exercises harder but add extra load on your joints, particularly during aerobic activity.

If you have issues with weightbearing activities, a weighted vest might not be suitable.

might not be suitable.

got me trembling through the remaining reps with a sweaty indignance that I had no one to blame for. DAYS 4 AND 5

90 reps of anything is a fair number of reps, and while I would encourage high reps in a workout — loads of classes adopt high-rep endurance strategies or max reps against a time cap — I wouldn't do it for one move every day for a week. Despite years of weight training, I

occasionally need to nudge myself to keep my core active. A surefire way to realize you're not is a very sore lower back.

By day five, it was time to focus on By day five, it was time to focus on re-engaging my core, resetting my form every 30 reps. We spoke to calis-thenics coach Jase Robinson when creating this calisthenics workout. He reiterated the importance of compound contraction - contracting every muscle simultaneously, includ-Personally, it helped me ramp up ing the back, belly and bum.

Principal Secretary ARI visits Kulgam, interacts with DDC, BDC, PRI members



KULGAM, MARCH 29: Principal Secretary ARI & Trainings
Department, Ashok Kumar Parmar
today visited Kulgam and inspected development projects being execut-ed in the district.

During the visit, Principal

Secretary convened an interactive meeting with DDC, BDC and

Panchayat members to get first hand appraisal of their concerns, griev-ances and development issues. Deputy Commissioner Dr. Bilal Mohi-Ud-Din Bhat gave a brief detail about developmental scenario of the district of the district.

of the district.

During the meeting, DDC

Chairperson Mohammad Afzal

Parrey, DDC, BDC and other PRI
members highlighted various devel-

opment issues of the district

opment issues of the district.
They informed about the devastation caused by floods in 2014 and
demanded construction of a proper
protection bund at Veshow river to
avoid any flood threat in future.
They also demanded augmentation
of staff at District Hospital Kulgam
and enhancement in PMAY-G
quota. Speaking on the occasion,
Principal Servators wild that tole of Principal Secretary said that role of PRIs is vital in development and implementation of schemes. He assured that all development con-cerns of PRIs shall be looked into so

cerns of PRIs shall be looked into so that the vision of democratic decen-tralization is realized. Later, Parmar visited flood protec-tion bund at Aadigatnoo and Zungalpora where he was informed that these bunds have been con-structed in convergence mode with structed in convergence mode with a cost of Rs 5.85 crore, protecting several villages of the area from the onslaught of floods.

onslaught of floods.
While visiting Amrit Sarovar at Pahaloo, Principal Secretary was informed that the district has rejuvenated and constructed more than 274 Amrit Sarovars in the district. He also inspected the newly developed playfield at Aakhran constructed by RDD with a cost of Rs 12 lakh.

Market checking drive in Ramban, Rs 7300 fine realised from erring traders



carried out massive checking drive at various places in Ramban district on the directions of Deputy Commissioner, Mussarat Islam. The drive was con ducted to intensify the fight against overcharging and black marketers during the ongoing festivals.

The team realised a fine of Rs 7300 from various

The team realised a fine of Rs 7300 from various erring traders. The drive was conducted by a joint team of Food, Civil Supplies and Consumer Affairs (FCS&CA), Food Safety, Revenue Department and Police in Maitra, Ramban, Rajgarh and Khari. They realised Rs 5300 from defaulters.

The checking squad also sensitised shopkeepers about the rules and regulations. They were instructed to display the rate list and sell commodities at the rates fixed by the Department or Associations. People were additional to a margareth bare plants the case of the control of th

advised to approach the relevant department in case of any complaint.

any complaint.

The Legal Metrology Department also conducted
market checking at various places including Nashri,
Chhampa and Batote area. They realised Rs 2000 from
erring traders for violation of the Legal Metrology Act.
Traders were directed to use only verified weighing
and measuring instruments and not to indulge in overcharging and other unfair trade practices.

DE&CC Pulwama conducts Job Fair at Pulwama



PULWAMA MARCH 29: To facilitate employment oppor tunities for unemployed youth and to provide a platform of job opportunities in private sector, a day Long Job fair was organised today by District Employment & Counselling Centre, Pulwama for jobseekers from the District which saw participation from reputed private employers from insurance sector.

Companies like ILC India, ICICI Lombard, Accure India insurance, PNB MetLife, VS participated with more than 100 vacancies, participated in the event.

On the occasion Assistant Director Employment, Hafsa Qayoom interacted with the Jobseekers and Job Providers and impressed on the Employers and Job seekers to register on the Employment Portal of Govt. Of Jammu & Kashmir www.jakemp.nici.

Kashmir www.jakemp.nic.in

Kashmir www.jakemp.nic.in
The event witnessed good response from job seekers.
More than 200 unemployed youth/jobseekers from the
District participated in the event.
149 Job Seekers with varied skills were shortlisted by the
companies for different jobs. Moreover 63 candidates registered themselves on the Employment Portal i.e.,
www.jakemp.nic.in on the spot.
The unemployed youth from District Pulwama
expressed their graftitude to District Employment and
Counseling Centre Pulwama for organizing this job fair.

Counseling Centre, Pulwama for organizing this job fair and bringing employers to their doorsteps.

Div Com signs MoU with JSW **DDC Udhampur inspects ongoing** Foundation for development of works of Devika Project JI NEWS SERVICE facilities at Shiv Khori Shrine UDHAMPUR, MARCH 29: District Development Commissioner, Krittika Jyotsna conducted a tour of Udhampur town to



JI NEWS SERVICE

JAMMU, MARCH 29: Divisional Commissioner Divisional Commissioner
Jammu and Chairman of
Shri Shiv Khori Shrine
Board, Ramesh Kumar
signed an MoU with JSW
Foundation for the development and restoration of facilities at Shiv Khori

Major works to be undertaken include refur-bishment of food kiosks and resting shelters, instal-lation of a sound system along pathways, provision of rain shelter branches and dustbins along pass ways, refurbishment of existing Ghats, beautifica-tion, development of four undertaken include refurmeditation centres, conmeditation centres, con-struction of a reception centre with refreshment facilities, installation of signages, IT intervention (online registration, WiFi zones) and other required development works

development works. The Div Com said that The Div Com said that the MoU aims to provide the best facilities to pil-grims visiting the Shiv Khori Shrine. He informed that work on the project has already started and will be completed in a time-bound manner. JSW Foundation is a charitable trust incorporat-ed under the Indian Trust Act 1882 with its regis-

Act 1882 with its regis-tered office in New Delhi. The government has invit-

ed the foundation to restore, improve and upgrade facilities in and around the shrine. The foundation will provide necessary funds under its

necessary funds under its Corporate Social Responsibility (CSR) corpus for the development of facilities and support the Shiv Khori Shrine Board in ensuring public convenience. Deputy Commissioner Reasi and Vice Chairperson SSKSB, Babila Rakwal. Executive Officer SSKSB, Pardeep Kumar; Deputy Director Planning, Munish Dutta; representatives of JSW foundation Sanjay Sagar and Jyoti Chetal were also present on the occasion. It was informed that the work of laying major sewer lines along both banks of Holy River Devika has been completed. In addition to laying the sewer network, 2 Sewerage Treatment Plants and 8 Intermediate Pumping Stations were also completed in the last 10-11 months. Out of the balance project work, STP-1 which is

Jyotsna conducted a tour of Udhampur town to inspect the ongoing execution works of the Devika Project today.

During the tour, the DDC visited various locations in the interior of the city to get a first-hand report on the progress of works. The Executive

works. The Executive Engineer informed her that the sewer network of

that the sewer network of the project is nearing com-pletion and that all major sewer lines have been laid. Work on laying sewer lanes and their offshoots is ongoing along with household connections in Zone 2 and 3.

It was informed that the

It was informed that the



part of Zone-1 will be commissioned by July 15 and IPS-8 which is part of Zone-3 will be functional by May 2023. Household connections in Zone-2 and Zone-3 have already start. Zone-3 have already start-ed and so far, 200 connections have been completed Household connec ed. Household connec-tions in Zone-1 will start from the first week of July on the eve of commission-ing STP-1. The DDC was informed that the remaining work of

that the remaining work of the Devika Project will be executed as per the time-lines of micro planning and is being monitored on a daily/weekly basis by LIEED and PMC

The UEED Executive The UEED Executive Engineer informed her that restoration work by way of bituminous tarmac is pending for 4 km and cement concrete tiles for 1.5 km. This work has been taken up by subcon-tractors and is scheduled to be completed by April 30.

While inspecting the

remaining works, Jyotsna asked the executing asked the executing agency to gear up men and machinery to complete the ongoing works within the stipulated time frame. She stressed on inter-departmental coordination for smooth execution of their respective plans, especially the restoration works, to minimise inconvenience to the imise inconvenience to the general public and save

time and resources. The DDC was accompa-ied by the UEED The DDC was accompa-nied by the UEED Executive Engineer, other field Engineers of UEED, Project Management Consultant and subcon-tractors.

Workshop on bio-medical waste disposal held in Doda

DODA, MARCH 29: A workshop to educate doctors and

DODA, MARCH 29: A workshop to educate doctors and paramedical staff about the disposal of bio-medical waste was held at the office of CMO Doda, organised by the District Health Society. Around 30 participants from Block Ghat attended the workshop, which was held under the supervision of Chief Medical Officer, Dr Ab Hamid Zargar. Sanitary Inspector, Zaheer Abass was the guest speaker who gave a lecture on the importance of segregating bio-medical waste and treating each category appropriately and effectively to render it harmless. He informed participants about the generation and proper keeping, segregation and disposal of biomedical waste and the use of black, red, blue, yellow and white dustbins for disposal. He also warned that if bio-waste is not disposed of properly, it can cause diseases/infections that adversely affect patients. cause diseases/infections that adversely affect patients, attendants, medical/paramedical staff and the surrounding environment.

Besides others, District Programme Manager NHM (National Health Mission), Jahangir Mehta; Block Medical Education Officer NHM, Mashhood Latif and Incharge Stores. Zeeshan Ali Tramboo were also present on the

DECC Kupwara organises Job Fair at Kupwara



JI NEWS SERVICE

KUPWARA, MARCH 29: District Employment and Counselling Centre (DECC), kupwara today organised a Job Fair cum Placement Drive at DECC Kupwara.

The Fair was inaugurated by District Development Council (DDC), Member Sogam, Nasir Ahmad Lone. The programme was attended by unemployed youth of District Kupwara.

Kupwara.

Around 110 candidates participated besides this, 3 reputed employers & corporates with 40 plus vacancies participated. These included Edel Weis Tokio, Natural Life Care Pvt Ltd, LIC Kupwara who held one to one interaction with candidates.

49 candidates were short listed by these companies while 50 plus candidates have been registered on the employment particle to protect.

ment portal on spot.
On the occasion Career Counselling Officer of DECC On the occasion Career Counselling Officer of DECC Kupwara emphasised upon the online registration of unemployed youth on department's portal and integration of Employment portal with National Career Services so that they could get real time information in future regarding employment avenues. The unemployed youth expressed gratitude to the DECC Kupwara for organising this job fair.

JI NEWS SERVICE

DC Srinagar visits Psychiatric diseases Hospital, SMHS De-Addiction Center; inspects treatment/Counseling facilities for victims of Drug Abuse

SRINAGAR MARCH 29: The

SRINAGAR, MARCH 29.- The Deputy Commissioner Srinagar, Mohammad Aiga Asad here on Wednesday undertook a visit to Govt Psychiatric Diseases Hospital, Kathi Darwaza and Drug De-Addiction Centre at SMHS Hospital to oversee the facilities being provided to the victims of Drug Abuse.

During the visit, the DC was accompanied by Chief Planning Officer, Mohammad Yaseen Lone, Principal ITI, Bemina, Dr Shafaqat Principal ITI, Bemina, Dr Shafaqat Principal ITI, Bemina, Dr Shafaqat Principal Govt. Addiction College, Imiyaz Ahmad, Gogji Bagh, Project Manager, JRYCC, Sajad Ahmad, Incharge Drug De-Addiction Centre, GMC Srinagar, Dr Yasir Rather, Medical Superintendent, Govt Psychiatric Hospital, Dr Ajaz, Nodal Officer, Dr Arshid and other concerned.

At new building of IMHANS At new building of IMHANS (Govt Psychiatric diseases Hospital) , Kathi Darwaza, the Deputy Commissioner took a detailed round of the Hospital and inspected various units of facilities including Indoor Patient Wards, Brain Stimulation Centre, Diagnostic Centres, Counselling Centre, Telemans Monitoring Cell, Clinical Psychology Lab etc and inspect due facilities being extended to the patients. On the occasion, the DC was given first hand appraisal about the routine functioning of Hospital and treatment facilities being extended took stock of the measures being laken for development of Skill Development and Rehabilitation Centre for Youth affected from Drug addiction for their reinterstances and the stones. Psychiatric Drug addiction for their reintegration in society. While inspect-ing the Centre being created in the Hospital, the DC asked con-cerned to prepare a DPR

(Detailed Project Report) within 2 days for undertaking necessary additional infrastructure develadditional infrastructure devel-opment works in the proposed Skill Development Centre for Rehabilitation of Youth affected from Drug Abuse. The DC asked the concerned to take all required steps on the State of Art pattern to make all sections including Library, Computer Lab of Skill Development Centre functional and incorporate facili-

Lab of Skill Development Centre functional and incorporate facilities like Interactive Touch Penal, Portable Mic System, other electronic gadgets etc at the Centre. Similarly, the DC asked the members of District Skill Committee including Principals of ITI, Bagh-Toillawar Khan, ITI, Bemina and Polytechnic College Gooifi Bagh to design some short Gogji Bagh to design some short skill development courses for youth affected from drug abuse so that they are imparted train-ings relate to different market ented trades which will enable the youth to get maxi-

mum skilling opportunities and enhanced job opportunities/ placement so that they earn their livelihood with dignity and hon-our. Meanwhile, the Deputy Commissioner also asked the JRPCC authorities to formally hand over the new hospital building to the management of Govt Psychiatric diseases Govt Psychiatric diseases Hospital with commitment that balance works of the project shall be completed in one month's time

Later, the DC also visited the Drug De-Addiction Centre at SMHS Hospital. He was apprised that the centre acts as an integrated centre where affected youth are being treated, counselled and enabled to main-stream again in their lives. On the occasion, the DC inter-acted with several immates Later, the DC also visited the

acted with several inmates admitted in the Drug De-Addiction Centres and sought their views about the treatment facilities and counselling being

given to them. The patients apprised the DC that they are being given satisfactory treatment at the centres. The DC also emphasised upon the Doctors and other parametical staff to take the job as a noble task and treat the affected people with patience and dedication. He said youth are our precious asset and youth are our precious asset and every step would be taken to use every step would be taken to use their energies in a positive way. He said by availing the benefits through different self-employ-ment schemes they can earn livelihood with dignity & hon-our and will also help in their reintegration in society and pre-vent any relapses in them in future. The DC further said to combat this rising societal prob-lem, multi-promed rehabilitalem, multi-pronged rehabilita-tion, counselling, skill develop-ment and guidance policy is being implemented on ground to monitor drug abuse and take remedial measures to curb the

NEWS

DC Kupwara held interactive session with Hoteliers, Transporters, Tour operators

commissioner(DC) Kupwara, Dr. Doifode Sagar Dattatray today held an interactive session with hoteliers an interactive session with hoteliers, transporters and leading Travel and Tour Operators to take stock of accommodation, transport facilities and exploring of off-beat tourist des-tinations of Kupwara district for upcoming tourism season in Kupwara district. A detailed power point presentation (PPT) showcas-ing unseen Kashmir-Bungas, Keran, Teetval, Lolb, and Kupwara was Teetwal, Lolab and Kupwara was presented. The PPT showed availability of accommodation facilities, cleanliness, Hygiene at different locations of Kupwara district. The interactive session was attended by Travel Operators which included Zelam Amit Chaubal; Chairperson, Keseri Tours & Travels, Pune, Vandana Shailesh, Abhimanya Nawal, Farooq Ahmad, Executive Engineer Lolab-Bungas, Drangyadi Development, Authority (BDIA) ability of accommodation facilities, Development Authority(LBDDA), Shamim Ahmad Pir; President Hotel Shamim Ahmad Pir, President Hotel Owners Association Kupwara, Showkat Ahmad Mir, President Sumo-stand Kupwara and other travel and tourism representatives. During the interactive session, Deputy Commissioner Kupwara welcomed the representatives of Keseri Tours and Travels for show-



friends by indulging in Trekking, fishing, hiking, boating, Zorbing, camping, snow-biking. Executive officer said that Bungas

valley, Lolab, Satburn, Chandiga

valley, Lolab, Satburn, Chandigam, Drangyadi, Sadna Top, Karnah, Teetwal, Rishwadi, Machil and Keran has really interesting ecological areas surrounded by green grass-lands, green meadows and springs, rolling mountain peaks. On the occasion, Zelam Amit Chaubal; Chairperson Keseri Tours and travels said that due care should be taken by measurements and

be taken to preserve ecosystem, nat-ural habitat while planning the tourism activities in off- beat tourist

tourism activities in oft- beat tourist destinations of Kupwara district. She said while adding that tourists from different states of country look for proper accommodation, good food and trained guide facilities and to give flip to tourism activities these facilities should be increased.

ing interest in sending tourists to off-beat tourist destinations of Kupwara district. The Deputy Commissioner apprised the travel trade representa-tives about the steps taken by the District administration Kupwara for

District administration Kupwara for a comfortable and safe stay of tourists in Kupwara district. The Deputy Commissioner while highlighting the prospects of tourist season in Kupwara district said that the divine beauty and enticing sceneries of different off-beat desti-nations in Kupwara district will surely make everyone to fall in love with these tourist destinations. with these tourist destinations.

The DC said that various new and innovative schemes are being implemented to boost the tourism sector in mented to boost the tourism sector in the district and hoped that in coming time Kupwara district would be best tourist destination where not only local but national and international tourists also visit.

On the ocasion, Executive engineer LBDDA told Tour &Travel operators that different tourist destinations of

Udhampur: DDC Council discusses. finalizes Annual Plan 2023-24



UDHAMPUR, MARCH 29: A meeting was held today by the District Development Council Udhampur to discuss and finalise their Annual Plan for 2023-24. The meeting was chaired by Chairman District Development Council Udhampur, Lal Chand. The discussions included various aspects of the Area Development Plan, including rural connectivity and infrastructure, water conservation, agriculture, power, health and education.

health and education.

The meeting was attended by Chairpersons of the Block Development Councils and members of District Development Councils.

During the meeting, a proposal was made for an Area Development Plan consisting of 2226 works with an estimated cost of Rs 69.2 crore. This includes 1691 PRI works, 175 BDC works and 360 DDC works.

Other attendees included Vice Chairperson DDC, Juhi Manhas Pathania; Deputy Commissioner of Udhampur, Krittika Jyotsa; Additional District Development Commissioner, Ghan Sham Singly; Chief Plannine Officer, Mudassir, Yaooob Zarazar, ACD. Dr Development Commissioner, Ghan Sham Singh; Chuel Planning Officer, Mudassir Yaqoob Zargar, ACD, Dr Ranjeet Kotwal and other senior district officers from various departments. All participants unanimously approved the Annual Plan for the district. The Council also complimented and appreciated the district administration for achieving all of their physical and financial targets set for the year 2022-23.

DC Rajouri inspects working of **Tehsil Treasury Office Nowshera**

RAJOURI, MARCH 29: Deputy Commissioner, Vikas Kundal inspected the working of the Tehsil Treasury Office in Nowshera today. During his visit, he took stock of the financials and accounts maintained by the treasury and stressed the importance of timely recording and comple-tion of all accounts. The staff were asked to be diligent in tion of all accounts. The staft were asked to be diligent in their duties and to check for any deficiencies in the accounts. The Deputy Commissioner also instructed the team to ensure that all bills are paid on time and that all deficiencies are fulfilled and records updated accordingly. This inspection is a strong indication of his commitment to transparency and accountability in government expendi-ture.

ADC Shopian convenes regarding prevention of Child Marriage



JI NEWS SERVICE

SHOPIAN, MARCH 29: Additional Deputy Commissioner, Shopian, Yar Ali Khan today chaired a meeting of concerned offices to take stock of the progress made in addressing and preventing child marriage in the district.

ADC directed the officers to take tangible steps for consulting the contraction of the contraction of

trolling and preventing the occurrence of child marriages.

He also emphasised upon them to counsel the people of

the district not to indulge or allow child marriages and also to create awareness about the ill effects of child marriages. ADC directed CEO and DSWO for conducting aware-

ADC directed CEO and DSWO for conducting aware-ness camps in this regard taking Ullamas of Masijds, AWWs in confidence and generate awareness to stop the social evil for ever from the society. Police authorities were asked to keep close vigil on it and taking stern action against those involved in child mar-riages. Among others, CEO, DSWO, ALC, CDPO, repre-centative from collics and other concerned upon recent

riages. Among others, CEO, DOVO, ALC, CO, C, CP, Sentative from police and other concerned were present

Block Diwas: DC Rajouri listens to public issues at Breri



JI NEWS SERVICE

RAJOURI, MARCH 29: RAJOURI, MARCH 29: Deputy Commissioner, Vikas Kundal presided over a public outreach camp at the border area of Breri in Nowshera block as part of the weekly Block Diwas. A number of issues and demands were highand demands were high-lighted during the event, including scarcity of water, speedy implementation of Jal Jeevan Mission schemes, upgradation of Government Girls Middle School Breri to High School level sarctioning of a sublevel, sanctioning of a sub-centre at Breri, dilapidated condition of the road at Gai Gangota, shortage of elec-tricity poles and transformers, sanctioning of a veteri-nary center and an Aangawadi Centre in

ing special camps for issuing disability certificates.

The Deputy
Commissioner gave a patient hearing to all the issues projected by the public and assured them that their demands would be fulfilled in a timely man-ner. In response to the issue of water scarcity, he stated that dedicated efforts are being made to complete work on JIM schemes in time. Regarding the upgra-dation of CG/MS Breri, he assured that he would take up the matter with the con-cerned authorities. He also stated that an adequate that their demands would stated that an adequate stated that an adequate number of electricity poles would be provided under the RDSS scheme of the PDD sector. For sanction-ing a health sub-centre at Breri, he asked the con-cerned officer from the Health Department to sub-

the earliest. Regarding the dilapidated condition of internal roads, he asked the concerned officer to repair any damage to ensure road any damage to ensure road safety. The officer was also asked to fix any potholes and surface irregularities. He directed officials to ensure timely payments for the construction of bunkers and motivated educated and unemployed wouth to and unemployed youth to avail benefits of selfemployment schemes and employment schemes and become job creators rather than job seekers. Deputy Commissioner of Rajouri, Vikas Kundal briefed the public about the district administration's initiative towards making. Rajouri drug-free and sought their cooperation in the fight against drug abuse. against drug abuse. Among those present dur-ing the event were Block Development Chairman Nowshera, Bodh Raj; Deputy Additional Deputy
Commissioner Nowshera,
Kartar Singh; Additional
Superint-endent of Police
Nowshera, Sheraz
Chowhan; ExEn Jal Shakti
Nowshera, Vipin Kumar;
Assistant Regional
Transport Officer, Shami
Kumar and other district Additional

Kumar and other district

Div Com visits Shrines, Mosques; Reviews facilities; Pays obeisance at Dastgeer Sahib, Zadibal Imambarah

availability of electric and

drinking water facility, Div Com directed con-

cerned to ensure uninter

rupted supply of services to facilitate devotees visit-ing these Shrines and Mosques.

Mosques.

He instructed illumina-tion of Dargah Hazratbal, Dastgeer Sahib Shrine and

Imambarah to reflect an environment of festivity.

Dargah Hazratbal Management Committee

& SMC to make currently defunct water fountain in the frontier lawn of Shrine

functional at the earliest.

Besides, he issued directions for grass cutting and landscape development of

He also instructed



JI NEWS SERVICE

SRINAGAR, MARCH 29: In view of the Holy Month of Ramadan and forth-coming Shab-i-Qadir and Eid ul Fitr, the Divisional Commissioner Kashmir.

Commissioner Kashmir, Vijay Kumar Bidhuri conducted an extensive visit of Shrines and Mosques in Srinagar.

He was accompanied by Addl Commissioner Kashmir, Qazi Sarwar, Commissioner SMC & CEO Smart City, Athar Amir; officers of line departments including Power, PHE, R&B, Sanitation, SMC, Wadd Sanitation, SMC, Waqf Board etc While reviewing the

premises with reparation of railings. Moreover, he called for

a continuous dog catching drive at Hazratbal Shrine to ensure the safety of people and the sanctity of

ple and the sanctity of holy place. He also exhorted to speed up renovation works at Dastgeer Sahab and development of sepa-rate Wazu Khana for women at the Shrine. While visiting Imambarah Zadibal, the

Imambarah Zadibal, the Divisional Commissioner was apprised by Committee regar was apprised by the Committee regarding requirement expansion of premises and road widening issues and sought his intervention in this matter. Regarding, Power & Electricity Div Com issued on spot directions to PDD & PHE officials to ensure continuous sample of electronity Days as supply of electronity pages.

continuous supply of elec-tricity & drinking water to the Imambarah.

Bidhuri during the visit paid obeisance at Dastgeer Sahih Shrine Imambarah Zadibal dur-ing which he prayed for peace & prosperity of Kashmir.

Kishtwar: Agriculture Deptt organises awareness camp at panchayat Chamoti



JI NEWS SERVICE

KISHTWAR, MARCH 29: A farmer awareness camp was held at panchayat Chamoti by Agriculture Department today, where more than 30 farmers from different villages

today, where more than 30 farmers from different villages participated. The camp provided farmers with information on the latest practices for Kharif crops and different schemes of the agriculture department. Kharif vegetable seeds were also sold at a 50% subsidy rate under the inten-sive vegetable scheme. Speeches were delivered by Agriculture Extension Assistant, Yasir Aftab Mughal, Agriculture Extension Officer, Ampy Singh and Junior Agriculture Extension Officer, Ajay Chandra. They discussed the significance of organic farming, judicious use of fertiliser, and natural farming.

The camp was organised by direction of Sub-Divisional Agriculture Officer, Amied Hussain Mallik. The aim was to promote agriculture and spread awareness among farmers.

J&K gets maiden twin Centre of Excellence in Handicrafts, Carpet Sector

SRINAGAR, MARCH 29: Craft Development Institute (CDI) and Indian Institute of Carpet Technology (IICT), Baghi-Ali-Mardan, Nowshera, Srinagar have been declared as J&K's maiden "Centre of Excellence" (CoE) in Handicrafts and Carpet

The Directorate of Handicrafts and Handloom, Kashmir (DHHK) had submitted two proposals in the month of February 2022 to Handicrafts and Carpet Sector Skill Council of India for recognizing CDI and IICT as Centre of Excellence in

recognizing CDI and IICT as Centre of Excellence in Traditional and Heritage Crafts. The twin Centre of Excellence in skilling cosystem have been envisioned to be one stop resource centres for raising train-ing standards, boost productivi-ty, address emerging skill-gard and align training & research with the current industry needs with the intent to overcome skill with the intent to overcome skill demand-supply mismatch and to have continuous supply of have continuous supply of skilled workforce and dissemiThe key objectives of the Centre of Excellence CDI/IICT include conducting high quality training in Handicrafts and Carpet sector with special focus on reviving the languishing crafts and new/future crafts with

and new/future crafts with emerging technologies. The CoE shall also work towards developing association between academia and industry for the benefit of the skill devel-opment sector, conduct Research and Development in Handicrafts and Carpet sector and dissemi-nate the results of the R&D and other activities through filling of other activities through filling of patents and transforming them into sustainable business proposinto sustainable business proposi-als/solutions. It shall also pro-vide support to creative and innovative designs with respect to crafts based on the emerging national and international demands and establish a sound new institutional base for execut-ing the preoragines/projects by

Director, Handicrafts and Handloom, Kashmir said, "These CoE institutions are first of its kind in Handicrafts and Carpet

ing the programmes/projects by strengthening the existing infra-

and heritage crafts from J&K shall be taken to the global level by introducing frugal design innovations and develop a unique academia-industry model

unique academia-industry model for the better product develop-ment to revive the Handicrafts and Carpet industry of the UT". Besides, the two CoE shall work to foster relations across countries, between governments, provide incubation, mentoring & expected to start use in the error. support to start-ups in the entre neurship education domain establish

Entrepreneurship cell for inter-ested youth in Handicrafts and Carpet Sector. These shall also

Carpet Sector. These shall also conduct training of trainers for master trainers and shall also host exclusive art galleries.

The CoE shall offer skill development courses as per with the National Skills Qualification Framework (NSQF)with an aim to increase general which if the to increase employability of the artisans and job seekers in the Handicrafts & Carpet sector for different job roles, certifying up

Sector in J&K and have been envisioned to work towards realizing the vision of Atmanirbhan envis 3 years. In recognition of Bharat wherein the traditional this, two skill development to 500 candidates and training as much as 100 master trainers in next 3 years. In recognition of this, two skill development courses have already been started in Papier-Machie and Carpets at CDI and IICT respectively. These courses are being run under the aegis of NCPUL and Central Board. Ministry of Textiles, government

of India. Both the CoE at CDI and IICT is recognized by the Ministry of Skill Development & Entrepreneurship (MSDE) Entrepreneurship (MSDE) through National Council of Vocational Education and Training. This comes in the backdrop of launching the GI certifi-cation and labeling for all the crafts for which the J&K UT has

Kishtwar: One Stop Centre for Women hosts awareness camp on women's rights

JI NEWS SERVICE

KISHTWAR, MARCH 29: An awaren KISHTWAR, MARCH 29: An awareness camp was organised at Neelam Academy Kishtwar by the One Stop Centre for Women today. The camp was held under the direction of District Social Welfare Officer, Zubair Ahmed and the supervision of Central Administrator, Indu Balla School staff attended the camp where the OSC team provided information on women's rights and the various types of assistance available at the One Stop Centre. This includes police aid, medical aid, counselling, legal aid and temporary shelter for up to five days. Women-centric schemes were also highlighted and the procedure to avail benefits under different schemes such as the Restructured Marriage Assistance Scheme was explained. At the end of the programme, grievances of women explained. At the end of the programme, grievances of women were recorded and the OSC team assured them of assistance with the help of relevant departments.

President MC Ramban, DC inaugurate shopping complex



JI NEWS SERVICE

RAMBAN, MARCH 29: Deputy Commissioner, Mussarat Islam and President Municipal Council Ramban, Sunita Sumbria inaugurated one of the biggest shopping com-plexes in Ramban here today. The four-storey shopping complex is situated in ward no. 3 of Ramban town.

complex is situated in ward no. 3 of Ramban town.

The Deputy Commissioner congratulated the owner of the shopping complex, Pankaj Kapoor, for opening the first biggest shopping complex in Ramban town. He wished him success in his venture.

Sunita lauded Pankaj's initiative as it will provide space for local unemployed youth to start their own businesses. This will provide them with a livalithout and enhances the

This will provide them with a livelihood and enhance the

The ceremony was attended by District Development Council Councillor, Renuka Katoch; Assistant Superintendent of Police, Gourav Mahajan; President of ar Mandal, Ved Bhushan Gupta and former President of the Municipal Council, Amit Bharti.

Director Employment J&K inaugurates Job Fair at Govt. Polytechnic College, Gogii Bagh

22 COMPANIES PARTICIPATED; 24 YOUTH PROVIDED ON-SPOT OFFER LETTERS 337 CANDIDATES SHORTLISTED FOR NEXT ROUNDS

SRINAGAR, MARCH 29: In an endeavour to provide a convenient platform to the educated unem-ployed youth and to facilitate their interaction with the Private Companies and Employers for Training, Skilling and placement, District Employment & Counseling Centre (DE&CC) Srinagar today

Centre (DĒ&CC) Srinagar today organised a one day Job Fair at Kashmir Govt. Polytechnic Gogji Bagh, Srinagar here.

The Job fair was inaugurated by Director Employment J&K Nisar Ahmad Wani, in presence of Deputy Director Employment, DE&CC Srinagar Dr. Sheeba Inayat. Around 22 Private Companies and Skill Development

and Skill Development Organisations operating in varies exctors and fields including M/S Zaydaan Renewable Energy Pvt. Ltd, M/S Dominos Pizza, M/S Wishfin Pvt. Ltd,M/S Continental Heating and Air conditioning system, M/S R5 Profiling Pvt. Ltd, M/S ALBA Power Pvt. Ltd, M/S Intel Four Points by Sheratron, M/S Janta Joinery, M/S DG Power Systems LtC, Himalayan Motors, Mahindra Shuhul, Amco Automobiles, M/S Rooman Skill Development



Technologies etc. participated in the

Resource Persons from government line departments including District Industries Centre and Women Development Corporation also disseminated the information about their respective schemes and

about their respective schemes and programmes. The event saw an overwhelming, response from the Job seekers and companies. Director Employment visited the stalls and interacted with the participating youth and repre-sentatives of private companies. While addressing the youth, Director Employment emphasised upon them to come out of the tradi-

upon them to come out of the tradi-tional mind set up and participate in such kinds of events to extend their horizons of vision and wisdom. He

further briefed the audience about the options available in private sec-tor, public sector and incentivized schemes under the self employment

The CEO's/Managing Directors and representatives of the partici-pating private sector establishments also spoke on the occasion and acquainted the participants regard-ing the job opportunities, skill development and employment ori-ented courses offered by these com-panies

panies. 24 Unemployed youth were pro-vided on spot offer letters, 617 fresh registrations were made and 337 candidates were shortlisted for the next rounds. The Programme was moderated by Career Counselling Officer, DE&CC Srinagar.

Srinagar Admin launches major crackdown on illegal profiteering in different markets of the city

Deputy Commissioner (DC), Srinagar, Mohammad Aijaz Asad the District, the special Market Checking teams of District Administration Srinagar Wednesday teams of District Administration Srinagar Wednesday launched an intensified market checking in all markets of Srinagar City to crackdown on illegal profiteering and black marketing to control prices of food items and ensure all essential commodities are sold at Government approved rates as per the quality stan-dards. The checking squads headed by SDMs with Tehsildars of Srinagar South, Eidgah, Shalteng, Panthachowk, Srinagar North, Chanapora and Khanyar Tehsils conducted intensive market checking in Sonwar, Dalete, Druisian, Jal Chowk, Rawalpora. in Sonwar, Dalgate, Drugjan, Lal Chowk, Rawalpora Sanat Nagar, Channapora, Hyderpora, Eidgah, Panthachowk, Zewan, Bemina, Nishat, Harwan,

Panthachowk, Zewan, Beninia, Nishat, Harwan, Khanyar and other adjoining markets of the City and took action against dozens erring shopkeepers. During the drive huge fine of Rs 3.53 lakh was imposed on erring shopkeepers for failing to maintain the quality of food items, not displaying rate lists of essential commodities, selling expiry products, besides indulging in practices of profiteering and overcharging. The large quantity of expired food products and rotten vegetables/fruits were also destroyed on the spot. During the drive, a Restaurant was sealed in for not maintaining proper hygiene besides found in over-not maintaining proper hygiene besides found in over-not maintaining proper hygiene besides found in over-

spot. During the drive, a Restaurant was sealed in for not maintaining proper hygiene besides found in over-charging, Similarly, 2 shops including a Grocery and Bakery outlet were also sealed for violating norms. The Deputy Commissioner, Srinagar in this regard has asked the Market Checking teams to continue the drive to ensure all essential commodities are sold at Government approved rates as per the quality stan-dards with sufficient availability of consumables in wake of ongoing Holy month of Ramzaan.

AS college organises extension lecture on Personality Development

SRINAGAR, MARCH 29: The NCC wings of Amar Singh College today organized an extension lecture on "Personality Development".

On the occasion, Col. Deepak Bhatt, AO 1 J&K Bn

On the occasion, Col. Deepak Bhatt, AO 1 J&K Bn Srinagar was the resource person while Dr. Pervaiz Ahmad Dar, Assistant Professor Department of Botany, Amar Singh College Srinagar moderated the pfogramme. While welcoming the guest and participants, Principal Amar Singh College Srinagar, Prof. Bashir Ahmad Rather highlighted the importance of personality development among students for achieving the goals in life. Col Deepak Bhatt delivered a talk on Personality Development in which he deliberated upon importance of personality and the ways of developing a strong personality.

personality and the ways of developing a strong personal-

He stressed upon developing habits of reading as a means of awareness about recent developments in society

means of awareness about recent developments in society and added that hard work and sincerity are key to success. The lecture was attended by Dr. Ulfat Jan, Head Department of Byxchology, Dr. Shams un Nisa Assistant Professor Department of Psychology, NCC Cadets and NSS volunteers of the College. The event concluded with the vote of thanks delivered by Dr. Pervaiz Ahmad Dar. The event was organized by ANOs Dr. Helal Ahmad Lone and Dr. Pervaiz A. Dar.

AD Enforcement seals 3 shops for violation of Essential Commodities Act

JI NEWS SERVICE

SRINAGAR, MARCH 29: The Enforcement squad of SRINAGAR, MARCH 29: The Enforcement squad of FCS&CA Department headed by Assistant Director Enforcement launched a massive drive within the vicinity of Srinagar City during the current month amid complaints pouring in from various corners.

During the course of action 355 erring traders were penalised with a sum of Rs 24000 in District Srinagar.

Besides, three mutton shops have been sealed for violation of the Essential Commodities Act, 1955.

It pertinent to mention here that during the current financial year in the entire vallev, an amount of Rs.

financial year in the entire valley, an amount of Rs 11019280 has been collected as fine from 23730 erring traders. Besides, 401 establishments have been sealed and

traders. Besides, 401 establishments have been sealed and police complaints against 22 defaulters lodged for viola-tion of the set norms.

"The erring lot has been reprimanded to remain careful in future. The drive will continue in the same passion in future as well & whoseever found violating the norms will be brought to justice.", AD Enforcement.

JI NEWS SERVICE

BANDIPORA, MARCH 29: Deputy Commissioner Bandipora, Dr Owais Ahmad on Tuesday Ahmad on Tuesday chaired a meeting of offi-cers to review the imple-mentation of develop-mental projects under Resettlement and Rehabilitation (R&R) Plan funded by KGHEP NHPC Bandipora

attended by Additional Deputy Commissioner ora Waseem Raja. Sub Divisional Magistrate Gurez Dr Mudasir, Gurez Dr Mudasir, General Manager NHPC, Tehsildars and other sen-ior officers of the district. The meeting discussed threadbare the develop-mental needs in the Snowbound Gurez valley

DC Bandipora reviews R&R

Plan, Developmental activities of

KGHEP NHPC Bandipora

Snowbound Gurez valley in Education, Health, Livelihood, Skill develop-ment, Animal Husbandry and Agriculture. DDC reviewed the implementation of several schames including devel-

schemes including devel-opment of several roads, construction of infrastructure in several schools in Gurez and Bandipora,

Gurez and Bandipora, development of parks, beautification of towns and villages besides other developmental projects. He directed the officers to expedite the works so that the projects can be completed soon for the welfare of the people welfare of the people. He also directed the

department of Education to complete works taken up under RR Plan and CSR in schools while R&B was directed to complete works taken up by them with improvement in weather conditions.

Dr Owais took the feed-Dr Owais took the feed-back about the status of various pending projects besides reviewing the staff strength in schools, availability of staff and medicine in hospitals besides other projects. He said with the improvement in weather

the working season has started and directed the

started and directed the executing agencies of var-ious projects to expedite the pace of works to meet the deadlines.

Dr Owais stressed on starting skill development programmes under mission youth so that youth are equipped with skills to earn livelihood in a more dientified manner. more dignified manner

He also directed officers to ensure better healthcare facilities in the region besides ensuring punctu-ality of teachers in schools.

DLSA organises awareness campaigns on Solid Waste Management in Bandipora



JI NEWS SERVICE

BANDIPORA, MARCH 29: The three-days awareess camp on Solid Waste ent organised by District Legal Services

District Legal Services Authority Bandipora con-cluded on Wednesday The awareness pro-grammes were held in col-laboration with Municipal Council Bandipora and District Pollution Control Board Bandipora under the Chairmanship of Chairman District Legal Services Authority and Services Authority and Principal District & Principal ns Judge, Bandipora Amit Sharma

Secretary DLSA Nusrat Ali Hakak said three mega

awareness programmes were held on 23rd, 24th and 25th March at Government Degree Government Degree Colleges of Bandipora, Hajin and Sumbal respec-

tively. She said the She said the programmes were aimed at to create awareness among the general public to segregate waste and to explain them about the

explain them about the evils of dumping garbage in public places.

On the occasions resource persons and other speakers delivered lectures on the importance of Solid Waste Management and also highlighted the issue of Solid Wastes, effects of

poor solid waste manage-ment.

It was apprised to everyone that due to improper disposal of solid waste particularly by waste management organ-izations, the collected wastes gets piled up and become a problem for both the environment and pub-lic. During the pro-grammes, participants were sensitized regarding the proper collection, treatment, analysis and disposal of Solid Wastes by the speakers.

by the speakers.

The programmes had

The programmes had the presence of Staff Members of DLSA Bandipora, Officials of TLSC Sumbal, Officials of GDCs Bandipora/ Hajin/ Sumbal, Members of Municipal Council Bandipora, Members of District Pollution Control Board Bandipora, Para Board Bandipora, Para Legal Volunteers of DLSA Bandipora TLSC Sumbal, Students and other partici-

G2 NORTHERN RAILWAY enders) against below titled tenders and ar ing date 24.04.2023 up to 15:00 hrs. Bio Details of Tend sed Value Earnest Money Validity of offer Period of Compl ₹9,66,10,937/- ₹6,33,100/- 60 Days 10 Months Similar Nature of work: "Any Civil work other than track work"

Notice No.: OP-04-GSU-FZR-2022-23 Date: 29.03.2023 SERVING CUSTOMERS WITH A SMILE 951/2023

NORTHERN RAILWAY Sr.DE Tender No

Public Grievance Redressal camp held at Rawalpora Khansahab

JI NEWS SERVICE

BUDGAM, MARCH 29: Additional District D e v e l o p m e n t Commissioner (ADDC), Budgam, Dr Akramullah Tak today chaired a public grievance redressal camp at Panchayat Halqa Rawalpora in Block

Locals, PRIs, village eld-Locals, PRIs, village eld-ers and others respected from villages including Rawalpora, Khospora, Dangerpora, Pannagund, Chanpora, Hanjigund and other adjoining villages of Block Khansahab raised their demands.

their demands.
After giving patient hearing, the ADDC assured that all genuine demands shall be taken up with the relevant quarters for early resolution. The ADDC called for the holistic development of the area and



emphasized that work all ongoing projects expedited to ensure timely completion. He stressed on development of road connectivity and all hassle- free

irrigation and potable water supply to locals. The ADDC also instruct-ed concerned to conduct a joint awareness camp to apprise locals about various government schemes and initiatives in the area.

Instruction were given to ARTO Budgam to ensure adequate transport facility on local route for conven-

on local route for convenience of general public.

The ADDC urged that villages elders and parents must play active role in curbing the drug abuse spread by keeping tight

vigil on their wards and tap water supply across the emphasized youth should actively participate in co-curricular activities and district. He instructed panchayat

members to ensure cleanlisports activities to remain healthy and away from the drugs and other social evils. ness and maintenance of proper sanitation in all pan chayat halgas of the block drugs and other social evils.
At the outset, the ADDC
also appealed youths to register themselves under different self-employment schemes and create their own ventures to become job providers instead of job seekers. He also empha-sized on cleanliness and maintenance of propers san chayat halqas of the block and urged PRIs to ensure that people ban use of one-time plastic items and dumping of garbage road-side and in open areas. He said that instead they use separate dusthins for

use separate dustbins for proper disposal of garbage generated daily by the households. maintenance of proper san-itation in the area. Among others, SDM Khansahab, Tehsildar The ADDC informed that The ADDC informed that various JJM works have been approved to ensure improvement in the tap water supply to all the habitations in the area and added that under JJM, projects worth Rs. 1240 crore shall be executed to provide

Khansahav, BMO, BDO, ARTO repre-from BMO, BDO, ARTO repre-sentatives from Agriculture, Horticulture, Animal Husbandry, Sheep Husbandry and other con-cerned officers and officials were also present on the occasion.

	ZR acting for and on behalf of dders will be able to submit their					against below tit				
Tender No.	Name of work	App. Cost (in Rs.)	Earnest Money (in Rs.)	Completion period	Opening of tender	Website Particulars				
251-Elect- T-39/ 2022-23	Electrical Work in c/w Repair, Maintenance and improvement of coach maintenance facility at BJPL and Nurpur station for restoration of traffic in kangra valley.	26,63,291.77	53,300.00	04 Months	21.04.2023 after 15:00 Hrs.	www.ireps.gov.				
No.: 251-El	ect/T.Notice No. 31-Elect/2022-2	23 Dated: 31.	03.2023			964/20				
Serving Customers with a Smile										
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E-TENDER NOTICE

De		s available on www.	ireps.gov.ii	n portal like net bankin	g, debit card, cr	edit card e	earnest money only throu tc. Manual payments throu on to www.ireps.gov.in.	
Г	Tender	Туре	Tendering Section			Bidding System		
Open			Works			Single Bid System		
Date of Uploading Tenders			Bid Starting Date			Bid Closing Date/Time		
28.03.2023			06.04.2023			2	20.04.2023/15:00 Hrs	
No	Tender No.		Details of Tender					
1	497-2022- 23-Track-DRM	Pre & post attention works in connection with T-28 Machine for TBR, T/Out and Layout Correction and other misc. track						
	-FZR	Advertised Value (Rs.)		Earnest Money	Validity of Offer		Period of Completion	
		1,91,19,904.96/-		2,45,600/-	60 Days		24 Months	
		Similar nature of work: -CTR/TR/TFR/TFR/Tricholding raising of track, Deep screening, distressing of track per & post works for track maintenance machine like tamping machines/ballast screening/regulating machines & TTR by T-28.						
2					I K Dy 1-20.			
2	498-2022- 23-ADEN- I-PTK	Provision of ballas earthern surface	st depot for swith toe wa	stacking & loading ba	llast into DMT o	L-Xing n	including the work of level b. 108 & 109, dismantling ADEN-PTK.	
2	23-ADEN-	Provision of ballas earthern surface	st depot for s with toe wa d & other Mis	stacking & loading ba	llast into DMT o	L-Xing notion under	o. 108 & 109, dismantling	
2	23-ADEN-	Provision of ballas earthern surface existing good shee	st depot for with toe wa d & other Mis ue (Rs.)	stacking & loading ba II, provision of appro c. work at MEX yard o	llast into DMT o ach road from n JUC-PTK Sec	L-Xing nation under	o. 108 & 109, dismantling ADEN-PTK.	
2	23-ADEN-	Provision of ballas earthern surface existing good shee Advertised Val 1,64,26,506	st depot for s with toe wa 1 & other Mis ue (Rs.)	stacking & loading ba II, provision of appro ic. work at MEX yard o Earnest Money	llast into DMT of ach road from n JUC-PTK Sec Validity of 60 Day	L-Xing nation under	p. 108 & 109, dismantling ADEN-PTK. Period of Completion	
3	23-ADEN-	Provision of ballas earthern surface existing good shee Advertised Val 1,64,26,506 Similar nature of the Repairing & Rep cutting of jungle,	st depot for a with toe wa 1& other Mis ue (Rs.) .15/- work:-"Any lacement o bushes, wil	stacking & loading ba II, provision of appro- ic. work at MEX yard on Earnest Money 2,32,100/- civil work other than tra f approach road/op	llast into DMT c ach road from n JUC-PTK Sec Validity of 60 Day: ack work. en stacking al B/hydra crane	L-Xing notion under Offer s rea by un, hiring of	p. 108 & 109, dismantling ADEN-PTK. Period of Completion	
	23-ADEN- I-PTK 499-2022- 23-Track-DRM	Provision of ballas earthern surface existing good shee Advertised Val 1,64,26,506 Similar nature of the Repairing & Rep cutting of jungle,	st depot for s with toe wa 1 & other Mis ue (Rs.) .15/- work:-"Any lacement of bushes, will nance of Dh	stacking & loading ba II, provision of appro- c. work at MEX yard o Earnest Money 2,32,100/- civil work other than tra f approach road/op Id grass, hiring of JC	llast into DMT c ach road from n JUC-PTK Sec Validity of 60 Day: ack work. en stacking al B/hydra crane	L-Xing notion under Offer s rea by un, hiring of vision.	o. 108 & 109, dismantling ADEN-PTK. Period of Completion 06 Months	
	23-ADEN- I-PTK 499-2022- 23-Track-DRM	Provision of ballas earthern surface existing good shete Advertised Val 1,64,26,506 Similar nature of Repairing & Rep cutting of jungle, labour for mainte	st depot for s with toe wa 1& other Mis ue (Rs.) .15/- work:- "Any lacement of bushes, will nance of Dh ue (Rs.)	stacking & loading ba II, provision of appro- c. work at MEX yard o Earnest Money 2,32,100/- civil work other than tra- f approach road/op Id grass, hiring of JC illwan Track Depot on	llast into DMT of ach road from n JUC-PTK Sec Validity of 60 Days ack work. en stacking al B/hydra crane ver Firozpur Di	L-Xing notion under Offer s rea by un, hiring of vision. Offer	o. 108 & 109, dismantling ADEN-PTK. Period of Completion 06 Months eserviceable PRC sleepe tractor trolly and un-skill	

J&K poised to achieve the historic milestone of completing 2 lakh works under MGNREGA

NEARLY 6 FOLD INCREASE SINCE 2018-19 | GENERATES MORE THAN 2.8 CR PERSON DAYS OF EMPLOYMENT

JI NEWS SERVICE

JAMMU, MARCH 29: In a historic achievement J&K is well on target to complete around 2 lakh works under the Mahatma Gandhi National Rural Employment Guarantee Act (MGNRE-GA) this financial year.

This information was given out in a meeting chaired by Chief Secretary, DrArun Kumar Mehta to review the performance of Rural Development Department & Panchayati Raj schemes implemented in the UT of J&K. IAMMU, MARCH 29: In a historic

plemented in the UT of J&K

Besides the Administrative Secretary, RD&PR the meeting was attended by the Administrative Secretaries of Agriculture Production and Farmers Welfare Department; Jal Shakti; Forest; PWD; Labour& Employment; IT & Information; Revenue; Health; YS&S; Secretary in RDD; Holbs of Agriculture and Rural Development Departments. Besides the Administrative Secretary



eeting was informed that as com pared to previous years the Department has this year set a very high target of 2 lakh works for it and the Department is expecting to achieve it also. It was revealed that the in the current financial year so far the Department has generated more than 2.82 Cr person days of work for the inhabitants of the rural population. It also came to force during the meeting that during the past years the number of has this year set a very high target of 2

works completed used to be far less than what has been achieved this year so far. It was given out that during the year 2018number of works completed under REGA were mere 26,352 and MGNREGA were MGNREGA were mere 26,352 and increased substantially in the coming years. The number nearly doubled and reached to 54,311 works in the next year of 2019-20 thereby taking a leap reaching 67,278 in 2020-21, 84,705 in 2021-22 and this year the scheme already crossed

1,71,824 mark in the number of works completed taking a plunge of more than 200% so far, the meeting was informed. This remarkable number of completed works has been achieved at the expenditure of Rs 931.16 Cr. It was further given that the acceptance of the property of out that the percentage of women person days hovered at around 30.35% thereby extending an opportunity to the women

extending an opportunity to the women for their empowerment through employment. The meeting was also apprised that nearly 9 lakh persons belonging to around 6.84 lakh households worked under this scheme to earn their livelihood.

It is pertinent to mention here that the average wage rate per day per person was hiked last year from 8s 21.3344 to 8s 226.78 and the payments are made exclusively through online mode directly into the accounts of the workers. Most of the payments had been made in a span of just 15 days after completion of work, the meetdays after completion of work, the meet-

avail real-time support from the experts of rele-vant subject-domains. The

vant subject-domains. The portal contains various learning modules of Indian institute of Banking

& Finance (IIBF) with a special focus on training material related to credit,

Forex, Treasury opera-

tions, Information Security etc.," he said Notably, the advanced

Lt Governor greets the people on Ram Navami

JI NEWS SERVICE

JAMMU, MARCH 29: Lieutenant Governor Shri Manoj Sinha has greeted the people on the auspicious occasion of

embodiment of righteousness, compassion, justice and high moral values. May the auspicious festival of Ram Navami strengthen our faith in the goodness of mankind, inspire all of us to rededicate ourselves to the cause of selfless service and usher in happiness, prosperity and well being of all, said the Lt Governor.

CS wishes people on the eve of Ram Navami

JAMMU, MARCH 29: Chief Secretary, Dr Arun Kumar Meha today extended his greetings to the people of J&K on the eve of Ram Navami.

on the ewe of Ram Navami.

Dr Mehta in his message said that Ram Navami, the birth day of Lord Ram, celebrated by the people of the nation with deep religious sentiment and fervor. He stated that Lord Ram is worshipped as the epitome of virtues and embodiment of righteousness and morality.

Ram Navami offers to the people an opportunity to renew their faith in spirituality, moral and ethical values and to rededicate themselves to the cause of underprivileged with service and sacrifice, he added.

Advisor Bhatnagar extends Ramnavami greetings

JI NEWS SERVICE

IAMMU, MARCH 29: Advisor to Lieutenant Governor. Rajeev Rai Bhatnagar has extended his warm greetings to the people of Jammu and Kashmir on the auspicious occa-

sion of Ram Navami.

In his message, Advisor Bhatnagar remarked that this sacred festival marks the celebration of Lord Ram's life of righteousness and truth. He added that on this great occasion we all need to spread Lord Ram's noble message of righteous conduct and renew our commitment to his ideals. The Advisor also prayed for peace, progress and rescentific and ratio larger and Vashwit. prosperity of entire Jammu and Kashmir

Block Diwas programme held at 4 locations across Doda

JI NEWS SERVICE

DODA, MARCH 29: Public outreach programmes were held across the district of Doda at four different locations under the banner of Block Diwas, here today. These pro-grammes were supervised by Deputy Commissioner, Vishesh Mahajan.

Vishesh Mahajan.

The Block Diwas was held at Assar block headquarters, Gandoh sub divisional headquarters, Bhaderwah block headquarters and Thathri tehsil headquarters. Large numbers of people attended the programme at all four locations and demanded upgrades to local infrastructure in health and education sectors, as well as improved road connectivity, water and power facilities. Participants also raised demands for macadamisation of roads, execution of works under MGNREGA (Mahatma Gandhi National Pural Employment Gurenthe act and unertal.) National Rural Employment Guarantee Act) and upgrading electricity poles

ANTI-DRUG RALLY ORGANISED BY DISTRICT POLICE JAMMU AT DOMANA

JI NEWS SERVICE

JAMMU, MARCH 29: An Anti-drug rally was organ-ised today by the District ised today by the District Police Jammu (Sub-division Domana) to raise aware-ness about the drug men-ace. The rally was flagged off by District Development Council Chairman Jammu, Bharat Bhushan. The rally was attended

by a gathering of around 350 people, including 350 people, including youth, who were briefed on the issue. Block Development Council Marh, Surinder Kumar; Addit-Surinder Kumar; Addit-ional Deputy Commiss-ioner Jammu (ADM), Sandeep Seointra, Superin-tendent of Police Rural Jammu, Sub-Divisional Police Officer Domana, Station House Officer Kanachak and Station House Officer Domana along with other officials were present on the occa-sion. Speaking on the occa-sion, DDC Chairman said, sion, DDC Chairman said, "it is our collective respon-sibility to fight against the drug menace and protect our youth. We must come together as a community to raise awareness and provide support to those in need." Other officials also need." Other officials also emphasised the importance of staying away from drugs and leading a healthy lifestyle. They encouraged the youth to spread awareness about the harmful effects of drugs and to support their peers in making positive choices.

J&K Bank MD & CEO launches Banks e-Pathshala

SRINAGAR, MARCH 29 J&K Bank MD & CEO, Baldev Prakash today rolled out J&K Bank's maiden staff portal - JKB e-Pathshala - a Unified e-Pathshala - a Unified e-learning platform that has been designed to meet the knowledge requirements of the staff. The launching ceremo-ny held at corporate head-quarters was attended by Executive Director Sudhir Gupta, General Managers

Gupta, General Managers and senior officials of the bank besides representa-tives of K-Nomics (Mintbook) that has devel-

(Mintbook) that has developed the module.
While appreciating the concerned department for coming up with such a vibrant e-learning portal, MD & CEO urged upon the staff to take full advantage of the courses and tage of the courses and training programs that have been tailored to upgrade their knowledge levels about contemporary



issues and practices in banking and finance. MD & CEO said, "We want to & CEO said, "We want to develop learning culture in the Bank. And with sweeping changes hap-pening in knowledge driv-en sectors like Banking, there was a need for our staff to have an easy access to quality learning any-time and anywhere. I am happy to see JKB e-Pathshala as a result of that quest."

at quest. "In line with the digital

progress and to ensure training needs of our employees are addressed in an effective and convenient manner, we have implemented a Unified eLearning Solution to enable our L&D team to organize, track, manage and most importantly develop the talent within the organisation. The plat-form will also encourage healthy competition among the staff with best performers getting

rewarded suitably", he added.
Earlier General Manager (Human Resource) Sushil Gupta while giving an overview of the platform stated that new module will go a long way in building the capacities of the staff the staff

have employed gamifica-tions such as coins and

Notably, the advanced eLearning platform allows employees to access the courses online besides enabling the Bank to manage training initiatives both online as well as offline programs. offline programs.
Digital library with eBooks from reputed pub-

lishers is another unique feature in J&K Bank eLearning. Through this platform, the Bank staff can now undertake "In IKB e-Pathshala we mandatory training and

> Regular inspections will conducted in Thathri, Gandoh, Assau and Bhaderwah areas

Intensive market checking conducted in Doda town representatives of the Food Safety Department Doda, have already been JI NEWS SERVICE

DODA, MARCH 29: A team of officers led by Additional Deputy Commissioner Doda, Dr RK Bharti conducted a surprise market inspection in Doda town to check for Doda town to check for food adulteration, hoard-ing of commodities and to ensure the quality, quanti-ty and hygiene of edibles and other consumables. The market inspection teams, headed by ADC

constituted and are conducting regular inspec-tions in view of the holy days of Ramazan and

The team also included The team also included Additional Superin-tendent of Police Doda, Assistant Director Food Civil Supplies and Consumer Affairs Doda, Assistant Commissioner Legal Metrology, veterinary doctors from Sheep Husbandry Department,

and Municipal Council Doda. They inspected various food establishments ious food establishments including sweet shops, fruit and vegetable shops, chicken shops, mutton shops, kiryana shops and milk shops in the town.

Erring shopkeepers were fined a total of Rs 5800 for offences such as not displaying rate lists.

not displaying rate lists, unhygienic conditions and selling rotten fruits and inspected jewellery shops, hardware shops and other establishments and sensitised shopkeepers about maintaining quality and hygiene in and around the

market.

Bharti urged shopkeepers to display rate lists in a conspicuous place in their shops, maintain hygiene and refrain from over-bensies bearding and charging, hoarding and adulteration. Similar mar-ket inspections were

Atal Dulloo asks for priority movement of fertilizers, fruit laden trucks in, out of Kashmir

JAMMU, MARCH 29: Additional Chief Secretary (ACS), Agriculture Production Department (APD), Atal Dulloo, today asked the officers for prior-itizing movement of fertilizers and fruit laden trucks in and outside the Kashmir in and outside the Kashmir valley during a meeting held here at Civil Secretariat. The meeting was attended by Secretary in Agriculture Production Department, Inspector General of Police Traffic J&K, Special Secretary, APD, Directors of Horticulture, Iamput, APD, Horticulture Jamir, Directors Jammu/ Jammu/ Kashmir, Director of Horticulture P&M, SSP Kashmir/Jammu.



Highway, National Highway, Chairman of Kashmir Valley Fruit Growers Union, President of Fruit Mandi Sopore, President of CA Stores, President of Association Anantnag, and representa-tives of fertilizer companies tives of fertilizer companies including CCFCL, IFFCO, IPL and NFL while Kashmir based officers and participants participated

During the meeting, ACS directed for priority move-ment of fertilizer trucks to and fro from Kashmir and Jammu. He also instructed that fruit-laden trucks from that truit-laden trucks from CA stores going outside Kashmir be given priority to reach their destinations. He added that with the arrival of vegetable season, trucks carrying vegetables

and other perishable items will also be given priority Jammu-Srinagai National Highway

IGP Traffic J&K assured that all the fruit-laden and that all the fruit-laden and vegetable-laden trucks would be given priority. He urged upon the fruit associations to provide reg-stration numbers and paste sticks so that they may be given priority during the movement on high-way. The meeting also dis-cussed stock availability of fertilizers in the Kashmir valley. ACS urged upon the fertilizer companies to transport fertilizers to Kashmir in sufficient num bers to avoid any shortage during the peak season.

Power shutdown JI NEWS SERVICE

JAMMU, MARCH 29 Superintending Engineer, O&M Circle Jammu JPDCL has informed that JPDCL has informed that the power supply to IIM, CD Hospital, Psychiatric Hospital, PHE Bakshi Nagar, PHE Kabir Basti, Resham Ghar Colony and adjoining areas shall remain affected on March

25,26,27 March 2,3,4 April Call: 7006200079

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