

Amid dry weather forecast, night temp drops below normal in J&K

AGENCIES

Amid forecast for mainly dry weather in the next 24 hours, the minimum temperatures recorded a drop in Jammu and Kash-mir with mercury settling below sub-zero level in Pabaleam and Culmare. Pahalgam and Gulmarg on Monday.

A meteorological department official here said that Srinagar CONT. ON to PAGE 4

India logs 1,805 new Covid cases in last 24 hours

AGENCIES NEW DELIII, MAR 27

India has registered 1,805 new Covid-19 cases in the last 24 hours, taking the total active case in the country at 10,300, as per the Health Ministry on

reported due to Covid-19, as the total death toll

19, as the total death toll reached 5,30,837. Meanwhile, Nine hundred and thirty two people have recovered during the same period said the health Ministry. The recovery rate is currently at 98.79 per cent. In the last 24 hours, 932 cases have been recorded, the total recovered cases stood at 4,41,64,815.

4,41,64,815. CONT. ON to PAGE 4

IGP Armed/IRP Jammu Zone chairs officers meeting to discuss functioning of Battalions

JI NEWS SERVICE

Today, a meeting was held at the Zonal Armed Police Headquarters of Jammu, which was chaired by Shri M N Tiwari IPS, IGP Armed/ IRP Zone Jammu. The meeting was attended by Smt. Nisha Nathyal, IPS DIG Armed/IRP Range Jammu, Smt. Manjit Kour JKPS, SO to IGP Armed/ IRP Zone Jammu and All Commandants of AP/IE Gommandants of AP/IR units of Jammu Zone with the aim of addressing various issues related to the Battalious. The mee-ing focused on enhancing their functioning, capac-ity building, and CONT.ON № PAGE 4

Jammu SIU produces Challan, Letter Rogatory in militancy

related cases JI NEWS SERVICE JAMMU, MAR 27

In order to investigate the cases related to mili-tancy and other unlawful activities, Government has setup separate State Investigation Units (SIU) in the Union Territory of J&K and all the cases falling in the catestory 'N' falling in the category 'A' have been entrusted to chief investigating offi cers (CIOs) not below the rank of Dy.SP

CONT. ON >> PAGE 4

Rajya Sabha passes and returns Jammu and Kashmir appropriation (No.2) Bill, Finance Bill

The Rajya Sabha on Monday a Joint Parliamentary Compassed and returned "The Jammu and Kashmir Appropriation (No 2) Bill, 2021" and "The Appropriation Bill, 2023" or Finance Bill 2023 amid the clock sabha last week amid or Finance Bill 2023 amid the clock sabha last week amid of without any discussion.

These bills were passed amid a ruckus created by the Opposition parties seeking a joint Parliamentary Committee probe into the Adani-Hindenburg issue. Both bills were passed by the Lok Sabha last week amid similar nandemonium creat-



on the same issue.

Minutes after Finance
Minister Nirmala Sitharaman
moved the "The Jammu and Kashmir
Appropriation (No. 2) Bill,
2023 aims to authorise payment and appropriation (So.
Bill, 2023' in the Bajis
Sabha, they were considered.

Union territory of Jammu and
and sloganeering by Opposi
ONLON & PAGE 4

Lt Governor chairs review meeting of the Department of Industries & Commerce

Lieutenant Governor Shri Manoj Sinha chaired a review meeting of the

Commerce, at Civil Secretariat today. The Lt Governor exhorted officials to strive to

maintain the momentum of growth recorded in the pre vious year and build a str yous year announce a strong gene ecoxystem for nurturing Discussion was also held start-up culture that would further drive our economic [ODDI) and District Export

growth.
"Sustained efforts are

required to give a fillip to start-up ecosystem that will further support entrepre-neurship, and enable largescale employment oppor tunities," the Lt Governor

During the meeting, the Lt Governor was informed about the progress made and the milestones achieved towards developing a robust industrial ecosystem in Jammu Kashmir.

(ODOP) and District Export Plan to realize CONT.ON ➤ PAGE 4

Lt Governor Sinha chairs high-level meeting to review power scenario in J&K

JI NEWS SERVICE

Lieutenant Governor Shri Manoj Sinha chaired a high-level meeting to review the power scenario in Jammu Kashmir, today at Civil Sec-

The Lt Governor appraised the multi-pronged strategies to meet the high electric- of theft of electricity, wrong ity demand in the summer ason and directed for integrating reforms for making the Power sector robust and



metering, enquiring into public complaints, unauthor-ized extensions in load and

rating reforms for making ized extensions in load and sufficient.

The Lt Governor directed or effective enforcement trough a declicated enforce trent wing for the detection repair of the damaged meters.

within one month

Smart meters must be satu-rated feeder-wise to protect consumer interests and qual-ity standards. It will empower the consumers and help them to conserve energy and usage in an efficient manner, the Lt Governor said.

The Lt Governor also

ther directed the department to fix the responsibility and draw up an action plan for reducing the losses within a specific timeframe. The Lt Governor empha-sized on training and CONT. ON >> PMCE 4

ther directed the department

Will migrate to safer place if govt fails to catch attackers, say families of Dhangri Terror attack victims

JI NEWS SERVICE JAMMU MAR 27

Family members of the Dhangri terror attack vic-Family members of the Dhangri terror attack vic-tims on Monday threatened to migrate from their village to a "safer" place and return the ex-gratia amount if the government fails to catch the attackers and bring them to intrio.



Terrorists had struck Dhan gri village in Jammu and Kash-mir's Rajouri district on January 1 and targeted villagers and fled before planting an Improvised Explosive Device

Improvised Explosive Device government cannot provide (IED).

While five people were killed in the firing by terror ists, two others died in the IED don't need jobs. We seek splosion the next morning, justice by bringing terrorists As many as I willagers were injured in the twin attacks.

The attackers are still at

large. Saroj Bala, who lost two sons - Prince and Deepak - in the terrorist attack, said if the

Large deficit between demand-availability of organs, tissues in J&K: Principal GMC Jammu

JI NEWS SERVICE SRINAGAR, MAR 27

There has been a large deficit between demand and avail-ability of organs and tissues in J&K like other parts of India, Principal Government Medical College (GMC) Jammu said on Monday.

As per the news agency— Kashmir News Observer (KNO), while holding a press conference at Super Special-

Sudhan Sharma said that GMC successfully in Government Jammu has been working to Medical College Jammu. start deceased organ dona. She praised the efforts of tion from brain dead persons

as well.
Principal GMC while elaborating the importance of
Human Organ/Tissue Transplantation said that there has
been a large delicit hetween
demand and availability of
organs and tissues in India
including lammu and Kachniir. including Jammu and Kashmir.

conference at Super Special-ity Hospital Jammu Dr Shashi plant programme is running

GMC administration, fac-ulty and staff for making the best services available to the patients here in Jammu, she said, adding that GMC has also been arranging training for Transplant Surgeons, Nurses and Transplant Coordinators etc. In collaboration with SOTTO J8K at PGIMEK Chan-digarh and other institutions. CONT.O. N. PMCI4.

CONT. ON >> PAGE 4

Online gaming

Bank officer charge-sheeted by CBI for embezzling Rs 55 crore bank funds

The CBI has charge sheeted a bank officer and his accomplice whose rapacious appetite for online garring lured them to allegedly embezzle more than Rs 55 crove from various accounts, a major chunk of which was funnelled to virtual betting tables, officials said on Monday. In what transpired to the a tale of avaries and subteringe, the CBI alleged that accused officer Bedarishu Shekhar Mishra and his accomplice Shallesh Rumar Jaiswal committed forgery in Punjab & Sind Kank, where Mishra CONTLON >> PAGE 4

SED asks employees to file rectified ITR or face action

JI NEWS SERVICE

Jammu and Kashmir school Education department has asked all the employees to file rectified ITR of face action in view of claiming refunds on the basis of fabricated documents.

The government in an order said that all the HOD's as well as DDO's of sub-ordinate offices in particular and offices in particular and

offices in particular and all employees in gen-eral working under the Administrative Depart-ment of School Educament of School Educa-tion Department UT JeK, are hereby informed that a meeting was convened by Principal Commis-sioner, Income Tax on 24/03/2021 in his office chamber at Rajbagh Sgr. wherein the DDO's of various institutions attended the meeting. It said that the chair intimated that the number of income

number of income CONT.ON ** PMGE 4

Govt endeavors to boost silk production by arming farmers with training, technology

SRINAGAR, MAR 27

The Jammu and Kashmir government is working under a multi pronged strategy towards revival and holistic development of Sericulture sector in the Union Territory.

"Cocoon growers are being facilitated with requisite skill development training, latest

development training, seems technological interventions leaf availability for reaces and related infrastructural enrich green wealth.

The Forest and Sericulture the global market,"

The futuristic row

the government in this regard. ing ensuring marketing sup- guard the age old skills being intervention has been set up.

The inturistic regulation for port to the corron prossure in transferred from storage from the properties of Productive December 1.

the government in this regard.
The futuristic roadmap for holistic growth of agriculture and allied sectors will help in ensuring product quality and quantily besides raising global demand, added the official. He said that the J&K exernment was weighten on government was working on area expansion under mul-

ing ensuring marketing sup-port to the cocoon growers in selling their produce in their vicinity.

Lieutenant Governor, Manoj Sinha, maintained during a function that "Our prime objective is to make better the lives of farmers associated with this dream fabric besides ensuring uniqueness, beauty and incearea expansion to increase fabric besides emonoged uniqueness, beauty and ingenity of the area wallability for rearers and uniqueness, beauty and ingenity of J&K's crafts dominate unity of J&K's crafts dominate.

guard the age old same transferred from generation to generation. The effort is aimed at to help preservation and promotion of unique and indigenous craft legacy of J&K

to reduce dependence on practice for silkworm rearing, imported silk. One of the The farmers were briefed

guard the age old skills being intervention has been set up transferred from generation at Kashmir's Pampore. It generation. The effort is aimed at to help preservation and promotion of unique and indigenous craft legacy of J&X nizaed Kissan Ghosti, Scientific across the globe.

The government is giving importance to adoption of latest technological advancements in the silk industry the latest technology and to reduce dependence on practice for silkworm rearins.

muty open scraus dominate imported size. One of the support for transforming the partners and Sericulture industry in [&K"]. Pepartners are jointly working an initiatives of Green Mission besides creat and allied sector will safe and allied sector will safe.

In a significant accomplishment, Kundan Lal, a progressive farmer of Lamberi Rajouri, has carned Rs 91666.50 in 20 to 25 days by selling 87.6kg dry crop. Similarly, Tilak Raj of Lamberi Village of Rajouri has carned Rs 133386 in 20 to 25 days by selling 131.50 kg of silk.

To cater to the research, training and extension needs of Jammu & Kashmir, the Central Silk Board (CSB) has set up the Central Sericulture In a significant accom-

Progress and promising governance are enigmas of BJP's popularity: Vibodh Gupta

BJP IS COMMITTED TO EMPOWER EVERY SECTION OF SOCIETY: REKHA MAHAJAN

IAMMU. MAR JAMMU, MAR 27: Progress and promising governance are enigmas of BJP's popularity across the region as the party has made a superiority in the political arena by making the population realize the importance of good gover-nance in the real sense. This was expressed by former MLC and BJP State General Secretary J&K Vibodh MLC and BJF State Collection Secretary J&K Vibodh Gupta during one-day Parvas in mandals Kunjwani, Gadigarh, and MiraSahib-RS Pura respectively. tively falls under Jammu District South RS Pura along with BJP District President Jammu South Rekha Mahajan, District eneral Secretary Akash

General Secretary Akash Chopra.

Dy Mayor Baldev Singh Billowaria, DDC Prof. Gharu Ram Bhagat, Pt. Ashok Khajuria, Municipal Committee Chairman SatPal Pappi, DDC Vidhya Mottan, District Vice President Shallu Gupta other prominent accompa-nied Vibodh Gupta, dur-ing the Parvas in different Mandals.

Vibodh Gupta met severmities He assert. ed that the government is devoted to providing all met in a phased manner.

the basic facilities to people

shortest period. He said that the union government is committed to equal mat the union government is committed to equal growth of all sections of society. He urged the concerned officials for proper utilization of resources in a time-bound manner to ensure holistic and sustainable development of the able development of the areas plummeted under district Jammu south so that netizens are the ultithat netizens are the ulti-mate beneficiaries of the development works. While addressing the gathering, Vibodh Gupta insisted the party cadres should reach the doorsteps of the inhabi-tants to be aware of the centrally sponsored schemes and analyze the

centrally sponsored schemes and analyze the data of the dilemmas being faced by the dwellers so

Vibodh also examined the various developmental works being executed by the different agencies. He reiterated his commitment reiterated his commitment to the development of the Jammu district south under the visionary leadership of Rekha Mahajan. Vibodh also boosted the morale of cadres and urged them to work hard so that

we can reach the target of 50 plus and form the gov-ernment in J&K with a thumping majority. Rekha Mahajan said BJP

Rekha Mahajan said BJP is always committed to empowering every section of society and discussed the party's forthcoming programs with the party workers and stressing that BJP's programs are specifically intended to build stronger and better coordistronger and better coordination in the organization. cadre, and public. Rekha

said that all the party pro-grams are to be done with the involvement of the ground-level activists and the common masses. the common masses.

"Ground-level programs ensure that the party ideology reaches the public and public's expectations reach the party leadership", she added.

Rekha asserted that Bharatiya Janata Party (BJP) is confident of achieving its target of winning its target of winning.

ing its target of winning over 50 seats to form the over 50 seats to form the next government with its chief minister for the first time in the history of Jammu and Kashmir," After Jammu now in Kashmir we also have been a stronghold in Valley and I'm confident that the "lotus" will bloom across "lotus" will bloom across the Union Territory in the Rekha Mahajan, said

MUTHOOT GROUP'S BRANCH OPENED AT KATRA

Lucrative and easy Finacing is the key to the growth of business: Wazir

JI NEWS SERVICE

IAMMU, MAR 27: While JAMMU, MAR 27: While inaugurating the Muthoot Group's 18th branch in J&K,which deals with Gold loan, Insurance,Mutual Funds, Deventures, Bonds,Gold Jewellery, Money Transfer and other businesses Rakesh Wazir President Hotel Restaurant Association Katra (HRAK) who is also Hotels. President Hotels,
Restaurants,Industries &
Commerce of Jammu
Region said that easy and
liberal financing is the tool
and key to the growth of
business.
Methoot Regional

Methoot Regional Manager Amritsar/J&K Region Rajan Kumar,Cluster Head J&K Arun Kumar Sharma,Chairman HRAK Sharma, Chairman HRAK Shyam lal Kesar, Director Shri Vaishnodevi Group Sonia Wazir, Sales Head Amritsar / J&K Region Amardeep Sharma besides prominent people from business and social life were also present on the

Wazir While speaking on the occasion said that with the opening of this Branch the much needed requireinstitutions also to come out with these type of tailor made schemes. Kesar emphasized that

ment of people and Business Community in particular at Katra would be met because Business be met because Business Community over here often require short term loans for meeting out day to day requirements like procurement of bulk dry fruit in season and keeping those in cold storages for selling that for whole com-plete year, for meeting out immediate need of people and Business community and Business community in particular and with the opening of this Muthoot branch these requirements would be met out and asked for other financial

India has got lot of gold reserves which are lying idle and their best utiliza-tion is the need of hour and tion is the need of hour and lucrative gold financing schemes is the need of the hour where no other secu-rity is required and loan is disbursed within minutes and other banks should also encourage it more

Rajan Kumar said that it 5300th branch Muthoot which is being opened here today and with this the presence of

Muthoot Group in J&K which was there at which was there at Jammu, Kathua, Udhampur and other districts and had 17th Brances in J&K as on today will increase its hori-zon to Reasi district also.

He further said that Group is now pushing its focus to Non Gold business also.Currently Total Assets under Management of the group are 65085 cr. Mr.Arun Kumar Sharma

while speaking on the occa-sion said Muthoot is providing most lucrative intrest rates and other facilities and people should avail those facilities.

GMC CREATING AWARENESS ABOUT ORGAN DONATIONS



JI NEWS SERVICE

JAMMU, MAR 27: A press confer-JAMMU, MAR 27: A press conter-ence on "Organ Donation & Transplantation" under the chairper-sonship of Dr. Shashi Sudhan Sharma, Principal, GMC Jammu was organized by State Organ and Tissue Transplant Organiz-ation (SOTTO) Transplant Organiz-ation (SOTTO)
ß&X at Conference Hall, Super
Speciality Hospital Jammu on
Monday in presence of Dr Elias
Sharma, HoD Urology & Renal
Transplant and Nodal Officer SOTTO
J&K, Dr. Sangeve Puri, Joint Director,
SOTTO J&K, Dr. Manoj Chalotra,
Medical
Superinte-ndent,
Superspeciality Hospital, Dr. Kailash
Thakur, Assistant Professor Surgery
and Dr. Raju Bhandari, Consultant
Nephrologisk, GMC Jammu.

Principal GMC elaborated the importance of Human Organ/Tissue Transplantation and said that there Transplantation and said that there has been a large deficit between demand and availability of organs and tissues in India including Jammu and Kashmir, Renal and Corneal transplant programme is running

Nephrologist, GMC Jammu.

essfully in Government Medical

successfully in Government Medical College Jammu. She praised the efforts of GMC administration, faculty and staff for making the best services available to the patients here in Jammu. Further GMC has also been arranging training for Transplant Coordinators etc. in collaboration with SOTTO J&K at PCIMER Chandigarh and other institutions. She apprised that GMC Jammu is the first Hospital to perform live Kidney Transplant in the Jammu Division. While responding to the questions put up by media personnel, she informed that SOTTO J&K established in September 2019 at Super Specially Hospital Jammu, has been working hard to create awareness of organ donation. It has organized around 140 awareness campaigns around 140 awareness campaigns and more than 1400 people have pledged their organs for donation during these activities

Prime Minister of India, Sh. Narender Modi in 99th episode of "Man Ki Baat" on 26. 03. 2023 fully supported this cause by requesting

people to volunteer for pledging Organ Donation, a nobel cause there-by giving life to others in their after-life, she added. GMC Jammu has done 13 Renal Transplants all under Ayushman

GMC Jammu nas done 13 Renal Transplants, all under Ayushman Bharat with logistics provided by the Hospital since its registration from Directorate General of Health Services (DGHS) in April 2022. Moreover, an Eye Bank has been Moreover, an Eye Bank has been established in Department of Ophthalmology which has performed of Corneal Transplants giving sight to the blind after its registration from DGHS in March 2022.

She also informed that GMC Jammu has been working to start preseased Organ Donation from Brain.

eceased Organ Donation from Brain Dead Persons diagnosed after Road Traffic Accidents as well as brain Traffic Accidents as well as brain haemorrhage etc., who can be potential donors for eyes, kidneys, lungs, heart, liver etc. Families of such persons can donate organs and tissues for saving lives of the end stage organ failure persons, who otherwise are going to die. And she said that those organs and tissues, other than eyes and kidneys, not utilized by this institution shall be transported to other hospitals by creating erene corridor. hospitals by creating green corridor, she added that multiple meetings were organized with stakeholder departments viz. Local Police, Traffic departments viz. Local Police, Traffic Police, Airport Authority and Airport Security for creation of a green corri-dor for transporting organs from GMC Jammu to other hospitals with-in and outside J&K. Soon GMC shall conduct a mock exercise for transport of organs between GMC and Airport. She thanked media nersonal who.

She thanked media personel who ined hands today with GMC Jammu for spreading message to general population of this nobel cause Blood Donation while living an

Story of 'Project Tiger' incomplete without knowing people behind endeavour to save national animal: Dr Karan Singh

Singh, former Member Parliament has emphasized on knowing the facts behind the success story of Project Tiger, which was envisaged after days of research and sheer hard work

days of research and sheer hard work and finally launched on April 1, 1973. In a statement issued here today, the former Member Parliament said "On the first of April, we will be celebrating the 50th anniversary of Project Tiger and, I am sure, many articles will be written about this. However, very few people now recall the genesis of this project in which I the genesis of this project in which I

layed a crucial role. In the late 1960s when I was in her Cabinet, Indira Gandhi asked me to take over Chairmanship of the Indian Board for Wild Life. The first meeting take over Chairmansinjo it the indian Board for Wild Life. The first meeting was simply introductory, but in the second meeting, I realised to my astonishment that till then it was the lion that was our National Animal,



based obviously on the Ashoka Lions in our national symbol. The lion is found only in one corner of India whereas the tiger stretches all the way from Himachal Pradesh to and from Gujarat to

We, therefore, passed a Resolution in our meeting requesting the

Government of India to change the national animal from the lion to the

tiger."
"I took the proposal to Indira ji
who got it through the Cabinet and made the necessary amendments. In this way I was responsible for the tiger becoming our National Animal," he added.

Animal," he added.
The former Member Parliament said, "Immediately thereafter we set up Project Tiger with the Prime Minister as Chairman and myself as Vice-Chairman, and I selected an excellent Forest Officer from Rajasthan Shri KS-Shankhala as the first Project Director.
We started with 9 tiger reserves, and I had the privilege to inaugurate Project Tiger in the Corbet National Park on first of April 1973.

Park on first of April 1973. I mention these facts simply so that when the articles are written they should, in all fairness, mention these interesting facts which are not known to the general public."

JU releases its Environmental Policy



JI NEWS SERVICE

JAMMU, MAR 27: The University of Jammu under its Green Campus Task Force (GCTF-JU) initiative released its Environmental Policy today. The policy aims to develop an envi-ronmentally sustainable and ecologically sound and ecologically sound campus. The Environmental policy of the University endeavours to create environmental consciousness among various stakeholders and strives to continually improve the environmental performance of the

Development of the campus. The University has pus. The University has committed to make sus-tained efforts towards the protection of the environ-ment, prevention of pollu-tion and promotion of green energy through appropriate eco-technolog-ical interventions. The ical interventions. The Environmental policy has been formulated as a part of the green auditing process of University of Jammu for obtaining ISO-14001-2015 certification.

14001-2015 certification. Prof. Umesh Rai, Vice-Chancellor, University of Jammu released the policy and appreciated the efforts of the Green Campus Task performance of the University for Sustainable

Force (GCTF-IU) and the Directorate of Internal Quality Assurance (DIQA) for formulating the Environmental Policy and also for initiating the Green Auditing process for obtaining the ISO 14001-2015 Certification Prof. Rai 2015 Certification. Prof. Rai assured all kinds of support from his office for various green initiatives to be taken by GCTF-JU for the taken by GCTF-JU for the development of a sustain-able University campus. He stressed upon the active participation of the stu-dents and research scholars in all the green initiatives in order to stimulate envi-ronmental consciousness and stewardship in the University. "Involvement of students in various environmental domains will inculcate in them a sense of

inculcate in them a sense of belongingness to the University", emphasized Prof. Rai.
Prof. Piyush Malaviya, Convener GCTF-JU and Head, Department of Environmental Sciences welcomed all the members, and Dr. Deepika Slathia, Member Scientary briefed Member Secretary, briefed the objectives laid out in the Environmental Policy. the Environmental Policy. The event was graced by Prof. Rajni Kant, Dean, Research Studies, Prof. Arvind Jasrotia, Registrar, Prof. Jasbir Singh, Prof. Seema Langer, Prof. Neeru Sharma, Prof. Savita Nayvar, Dr. Anil Gunta. Navyar, Dr. Anil Gupta Dr. Hema Gandotra, Dr Rashid Manhas, Dr. Rakesh Kumar Atri and Rakesh Kumar Atri and Dr. Meenakshi Khajuria. Besides, University offi-cials including Dr. Neeraj Sharma, Special Secretary to the Vice-Chancellor, Dr. Ginny Dogra, Deputy Director, DIQA, Dr. S. Dubey, Mr. Amit Targotra, research scholars and stu-dents from the Department. dents from the Department of Environmental Sciences ere also present on occa-

IGP Armed/IRP Jammu Zone chairs officers meeting to discuss functioning of Battalions

JI NEWS SERVICE

JAMMU, MAR 27: Today, a meeting was held at the Zonal Armed Police Headquarters of Jammu, Headquarters of Jammu, which was chaired by Shri M N Tiwari IPS, IGP Armed/IRP Zone Jammu. The meeting was attended by Smt. Nisha Nathyal, IPS DIG Armed/IRP Range Jammu, Smt. Manjit Kour, JKPS, SO to IGP Armed/IRP Zone Jammu and All Commandants of and All Commandants of AP/IR units of Jammu

Zone with the aim of addressing various issues related to the Battalions. The meeting focused on enhancing, their functioning, capacity building, and infrastructure. Emphasis was laid on the significance of welfare and mission statement activities to improve the Battalions' performance within their mandated domains.

The Commandants were encouraged to personally oversee welfare activities.

oversee welfare activities, including health checkups

and preventive measures, to maintain the morale of staff and officers. Additionally, it was instructed to incorporate regular sports activities into the daily routines of personnel, and other regi-mental activities were discussed to improve the work culture dynamics

work culture dynamics within the Battalions. The meeting also cov-ered the topic of providing police personnel to local and traffic police for vari-ous duties. It was empha-

sized that when assigned to these roles, staff should display exceptional professionalism, discipline, and dedication. Personnel should be thoroughly briefed and sensitized about their duties to

about their duties to ensure, they deliver their best performance.

The meeting also dis-cussed the training of PSOs, commandos, and pre-promotion courses for Battalion staff. It was decided that they would soon be started in Sunjwan.

BJP Swachh Bharat Abhiyaan team conducts cleanliness drive at Maha Maya Mata Temple



JI NEWS SERVICE

IAMMU, MAR 27: In continuation with its Swachta Abhiyaan program, BJP Swachh Bharat team launched it's cleanliness drive during Navratras at Maha Maya Mata Temple. A large number of vol-

unteers of BJP Swachh Bharat Abhiyaan cleaned the premises of the Maha Maya Mata temple. The drive was led by Er Dil are at Maha Maya Mata

Bahadur Singh and Er. T.K. Sharma BJP's Incharge and Co-incharge of Swachh Bharat Abhiyaan.

Bharat Abhiyaan.
While speaking on the occasion Er Dil Bahadur Singh congratulated the people on Navratras and asked the general public to keep their surroundings neat and clean. He also said that their cleanliness drive was started from Bawe was started from Bawe

temple for the cleanliness temple for the cleanliness drive he requested every-one to cooperate for clean and green Jammu. He fur-ther said that we should stop use of plastic and polythene and contribute to noble cause. While speaking on the occasion, Er. T.K. Sharma said that each one of us

said that each one of us should come forward to give 100 hours per year SHRAMDHAN for this Jammu and Kashmir UT neat and clean. He further said if our UT becomes clean and green it will enhance the tourism which will further contribute to the economy of the country. He also said that we often feel humiliated when we see the ube prictures of often feel humiliated when we see the ugly pictures of our UT, so it is the right time everyone should come forward to do a little bit of cleanliness drive for their part

NEWS

Co-incharge Swachh Bharat Abhiyaan also participated while speaking on the occasion he requested to the honourable mayor of Jammu municipal corpora-tion to get all the water tion to get all the water tanks clean, which are installed at water coolers of

Jammu south Swachh Bharat Abhiyaan, Er. S.k. Zailpuri and large numbe of volunteers participated in the Abhiyaan.

Amazon institute conducts MCC, F&B examination

JAMMU, MAR 27: Amazon Institute of Hotel management and Applied Nutrition today conducted the final exam of students undergoing Multi Cuisine Cook (MCC) training and Cook (MCC) training and Food and Beverages (F&B) services at Miran Sahib wherein students prepared various dishes and also appeared in theory, practical and viva exam. Ashig Regoo, senior faculty at Institute of Hotel Management (IHM), Srinagar assessed the credentials of students. dentials of students.

These students are being These students are being imparted training under the union government's "Hunar Se Rozgar" scheme sponsored by the Ministry of Tourism, Government of India at Miran Sahib. The Amazon institute known for preparing students for the hotel and hospitality industry conducted this industry conducted this final exam under the super-vision of Kapil Singh Chib, Principal of the institute Sadhvi Kashyap, faculty of MCC, Deepak Khanna,



their exam prepared mouth-watering three-course Continental dishes as well as three course Indian cuisines dishes Indian cuisines dishes which were presented before the assessors for evaluation. The menu included Vegetable and included Vegetable and Wonton Soup, White Sauce Pasta, Garlic Bread, Russian Salad, Cream of Spinach soup, Vegetable Do Pyaza, Lemon Rice, Fruit Raita and Beetroot Halwa and Puddings of

Senior faculty IHM, Srinagar Ashiq Regu appreciated the dishes pre-IHM, Regu pared by students and said that they are well prepared to be launched in the hospitality industry. He said the faculty of the

Amazon institute Amazon institute have done commendable job in imparting training to the students due to which they were able to prepare dishes of international standard taste. Managing Director of

BJP deprived people of basic amenities

for 12 years in Suchetgarh: Tony

KICK-START CONSTRUCTION OF TUBE WELL WORTH RS 7.23 CR IN CHAKROI

the institute Ruchi thanked the institute Ruchi thanked the visiting faculty from Srinagar apprising the stu-dents that very soon a placement drive will also be launched wherein good and recomized batels will and recognized hotels will be invited to interview stu-

She said the aim of this She said the aim of this placement drive is to create jobs locally and also encourage the domestic hospitality industry to employ local talent from Jammu and Kashmir.

eir part. Randeep Singh Pariha

installed at water coolers of JMC. Er. V.K. Gupta, convener Jammu east Swachh Bharat Abhiyaan and Bharat Bhushan Sharran, convener

A Four Day AoL Workshop organised by Gandhian Centre, JU commences

JAMMU, MAR 27: The Gandhian Centre for Peace and Conflict Studies University of Jammu in col-laboration with The Art of Living foundation Jammu Kashmir and Ladakh is organising a four-day The Art of Living workshop

" Utkarsha Yoga" for the children of Balgran, Jammu, which is a charitable home for destitute children in Jammu. The Utkarsha Jammu. The Utkarsha Yoga Program is a unique blend of breathing tech-niques, exercises and games that enable children to face today's ultra-com-petitive world and still retain their confidence and retain their confidence and uniqueness.

The core of the program The core of the program is going to be the Sudarshan Kriya-a breath-ing technique that removes stress, fear and, aggression, and enhances positive emotions. The purpose of the workshop is to build the capacity and empower young minds to bring out the best in themselves. the best in themselves

Prof Naresh Padha, Dean Academic Affairs was the



Padha highlighted the role of such workshops in bringing the underprivi-leged sections of societies into the mainstream.

He further appreciated the efforts of the Gandhian Centre in identifying the children of Balgran for takchildren of Balgran for tak-ing the training through this workshop. Sh Sameer Bharti ji IFS, member apex body of The art of living J&K was the special guest who in his address high-lighted role of such work-shops in dayaloning the shops in developing the moral values of the young minds. Dr Anuja Jasrotia Senior Faculty from The Art of Living provided an overview of The Art of chief guest at the inaugural session. In his address, Prof Living Programmes being

held across the globe cater-ing to the diverse sections of society. Sh Vinod Raina,

Secretary Balgran acquainted the audience regarding the objectives and activities of the Balgran. Sh. Ajay Kapoor, state coordinator Bureau of communication Bureau of communications and Projects presented the formal vote of thanks. Earlier Dr Seema Rohmetra, incharge Director, The Gandhian Centre for Peace and Conflict Studies University in her waterome. of Jammu in her welcom address highlighted the role of such workshops in making value addition to the life of children and youth. She also expre

her gratitude to the entire Art of Living team and the managing body of Balgran for giving a concrete shape to her proposal regarding the conduct of the workshop. Nearly seventy stu-dents in total from third to the seventh standard are the seventh standard are going to attend the work-shop next three days. Among others who attend-ed the inaugural session included Dr Sapna Sangra, Dr Shubha Vats, Dr Monica Narang from JU, Madam Anju Gupta senior faculty Sh. Jai Aggarwal Member Apex body, Sunny assist-Apex rouy, ing faculty , Ranjoy Jogeshwar from AOL, Neha Bharti and Bipasha

Guru Ravi Dass sacrificed his whole life by serving society: Sat

JAMMU, MAR 27: Former Minister and Ex MLA Jammu West Sat Sharma (CA) released the Music Song "Satguru Kanshi Waleya" based on the life of Shri Guru Ravi Dass Ji The song is sung by famous Dogri singer Rajni Sufi. Mandal President BJP Talab Tillo Keshav Chopra, Puran Chand Attri, Talab Tillo Keshav Chopra, Puran Chand Attri, President Guru Ravi Dass Sabha also accompanied the BJP leader during the release of the song. The song was released at Shri Guru Ravi Dass Mandir,

Kabir Colony, Talab Tillo. Speaking on the occa-sion, Sat Sharma said that sion, Sat Sharma said that Shri Guru Ravi Dass Ji holds a great significance in our society and it is our prime duty to promote his teachings which hold a great religious importance.



He said Guru Ravi Dass sacrificed his whole life by sacrificed his whole life by serving the society and we all must follow his teach-ings which allow us to cre-ate an atmosphere of broth-erhood and harmony. He said that such a tal-parted team of youngeters.

ented team of youngsters have taken an initiative to promote the things of reli-

gious importance and they must be encouraged by all so that they can take up their work to heights which will give a boost to our cul-ture as well.

He stated that there are still some evils in our socie-ty, who are trying to deteri-

ty who are trying to deteriorate our culture but with the efforts of such people, goodness still prevails and overpowers evil in every

stream.
Yash Pal Shivgotra,
Yash Pal Shivgotra,
Sachin Nargotra, Krishan
Lal Sangral, Rahul
Nargotra, Vikas Kumar,
Sunil Kumar Rana, Amit
Meenia, Jinder Kumar, Shivo Devi and several oth

Adv Purnima, Mahant Bittu release Dogri Bhajan "Mere Sapne Mein Aaye Ram"

JAMMU, MAR 27: To celebrate JAMMU, MAK 27: 10 cetebrate Navratri a new Dogri Bhajan song "Mere Sapne mein Aaye Ram"was released by distinguished guest Adv Purnima Sharma ji and Mahant Rajish Bittu ji along with Song maker Narayan Bharti Ji in Jammu.

Narayan Bharti Ji in Jammu.
Talking to media BJP State
Spokesperson Adv Purnima Sharma
starts with the blessings of navaratri
to everyone and praise the makers for
their efforts and making such a beautiful song, for the same she congrats
and pray for their success as Jammu
is place for multiple cultural heritage.
Chairman Religious and Heritage
Cultural Trust Rtd Mahant Rajish
Bittu ji praise Naravan Bharti Ji for

Bittu ji praise Narayan Bharti Ji for making such a beautiful Bhaian that too in days of Navaratri and he said thatI feel blessed to be part of this day.He added that what could be best time to release such a beautiful Bhajan in these days as Ramnavmi is



He also thanks Adv Purnima Sharma ji for gracing the occasion and other important dignitaries for their

At last maker of the Bhajan Narayan Bharti Ji thanks Mahant Rajish Bittu ji and Adv Purnima Sharma ji for their presence and making his efforts a success. He request ryone to be part of this Bhajan and make it a hit,later he introduced Bhajan to media and gave the infor-mation what it's all about.

matton what it's all about.
Jasvinder Singh kuku was also
present on the occasion and he also
gave his best wishes to makers.
The video of the Bhajan will be
available on official YouTube channel

All the distinguished guest release the poster of the devotional song and appeal people to watch and share the video on other platforms also.

Veterinary Aid and Rural Development Camp organised

UDHAMPUR, MAR 27: Veterinary Aid and Rural Development camp was organised under the aegis of was organised under the aegis of Udhampur Sub Area by Advance Field Veterinary Hospital at Dabrey village of Udhampur on 27 Mar 2023. Nearly 6200 animals of 240 benefici-ary farmers were treated. Apart from onsite specific treatment with assistance of a diagnostic lab set up by the hospital, medicines for various dis-ease conditions, nutraceuticals and feed additives were distributed to the farmers. Several minor surgical procedures, vaccinations, pregnancy diagnosis, infertility cases, farriery and dental procedures were per-

formed at the camp.

Civil veterinary administration under the Chief Animal Husbandry

Officer, Udhampur provided neces-sary support for the camp.
Other state departments involved in rural development like Horticulture, Agriculture, Sheep husbandry put up their stalls at the camp site. Response from the livestock farmers was overwhelming and the interactive session on lives agement was found highly educative for the farmers.



DDC member that he has made unprecedented development possible in and around Suchetgarh. Tony stated this at a func-tion in connection with the commencement of development work in the area here today. The senior AAP leader tick started development work of a tube-well at vil-lage Chakroi. In his address, Tony said that this tube-well will be construct-ed with an estimated cost



reiler as far as their drink-ing water problem is con-cerned.

Tony reiterated his commitment to provide basic amenities to the people. He lamented that it is ironic lamented that it is ironic that people of this area had to wait for 12 long years for safe drinking water which the BJP leaders could not provide to them till date. Tony said that after two years DDC elections, all round development is

going on in full swing in Suchetgarh be it roads, power infra, upgradation of new power transformers at zero line, clean drinking water through pipes, Installation of new tube wells, new playground for

vouths Tony assured that a new Tony assured that a new tube-well and OHTs will also be installed in other places to address the prob-lem of shortage of drinking water once for all. More schemes will come up in the new financial year, he added.

The senior AAP leader The senior AAP leader asked people of the area to support AAP in the upcoming polls for equi-table and overall develop-ment of J&K. Prominent among others

present on the occasion were Roshan Lal, N-Sarpanch Lower Chakroi; Sarpanch Lower Chakroi; Sham Lal Bhagat; Sarpanch Talk Raj, youth leader Mandeep Choudhary, Bawa Singh senior leader, Ch Tarlok Singh, Chairman Chaman Lal Bhagat, Hira Lal Fouji, Ravi and Ramesh.

From the Front Page...

Rajya Sabha passes.

Native Dessets.

services of the financial year 2023-24.

The Bill was passed by Lok Sabha last week without discussion amid din in the Lower House.

The Appropriation (No. 2) Bill, 2023 seeks authorisa-

JAMMU | TUESDAY, MARCH 28, 2023

tion of payment and appropriation of certain further sums from and out of the Consolidated Fund of India for the services of the financial year 2022-23. The Bill was also been passed by the Lok Sabha last week with-

The Lok Sabha on March 24 passed the Finance Bill 2023 with several official at created by sloganeering by the Opposition parliamen-tarians who continued with their demand for a Joint

tarians who continued with their demand for a Joint Parliamentary Committee probe into the Adani-Hin-denburg issue.

Finance Minister Nirmala Sitharaman had tabled 64 official amendments to the Finance Bill which was tabled in Parliament on February 1 along with the Budget proposals. (Agencies)

Lt Governor chairs...

the true potential of a district, fuel economic growth

and generate employment.

Dr Arun Kumar Mehta, Chief Secretary; Sh Prashant Goyal, Principal Secretary, Industries & Commerce Department; Sh H Rajesh Prasad, Principal Secre-Department; Si n Raglesn Prasad, Principal secre-tary, Housing & Urban Development Department; Ms Sarita Chauhan, Commissioner/Secretary, Labour and Employment Department; Dr Mandeep Rumar Bhan-dari, Principal Secretary to Lt Governor; Dr. Piyush Singla, Administrative Secretary, Revenue Department, besides senior officers of UT administration were pres-

Lt Governor Sinha...

capacity building of PDD staff; online registration of new consumers; massive awareness drive; proper maintenance of power infrastructure and constitution of teams of officers for monitoring physical condition of equipment.

The Lt Governor passed explicit directions for ensur-ing power supply to new industrial estates and railway

The Lt Governor also reviewed the steps taken

towards quality control; completion of languishing projects, revenue realization and network strengthening. Sh. H. Rajesh Prasad, Principal Secretary, Power Development Department briefed the chair on the effective measures taken to bridge the demand and

vas informed that additional capacities were cre ated during the winter to enable peak demand and 10 percent more power was supplied as compared to last

year.

Dr Arun Kumar Mehta, Chief Secretary; Dr Mandeep
Kumar Bhandari, Principal Secretary to Lt Governor;
Sh. Shiv Anant Tayal, Managing Director, IPDCL; Ch,
Mohd, Yasin, Managing Director, KPDCL; Chief Engineers and senior officials attended the meeting, in
person and through virtual mode.

Will migrate to...

If they don't address our demand, we will all migrate from here (Dhangri)," she told reporters in Rajouri. Flanked by a large number of villagers, Bala said though 90 days have passed since the gruesome attack, there were no whereabouts of the terrorists involved

"We have not received any information about the progress of the case and terrorists involved in the attack so far," She said.

progress of the case and terrorists involved in the attack so far," She said.

Bala said she appreciated the support provided to the victims' families by Union Home Minister Amit Shah and Jr K BJP Ravinder Raina. However, contrary to it, the J-K DGP said the attackers were Pakistani terrorists and have gone back after the killings, she added.

"How is it that? My son was fired 18 to 20 rounds. Terrorists from across the border would fire a single or twin shot to kill a person but why were so many bullets freed? They clattackers) killed people after checking their IDs," Bala said.

"Even if that is true, what about those who gave them support to infiltrate, guided them and provided food and shelter here," she asked.

"The administration, in order to escape its responsibilities, transferred the SSP and the SHO probing case," Bala said.

Jammu and Kashmir Director General of Police (DGP) Dilbag Singh on Thursday had said terrorists had infil trated from Pakistan and killed innocent people in Dhangri village.

Asserting that the victims' families do not need jobs or ex-gratia, Dhangri village sarpanch Deeraj Kumar said that the money will be returned back to to the same account where from it was credited if justice is not provided to the families. 46

Large deficit between...

Large deficit between...

She apprised that GMC Jammu is the first Hospital to perform live Kidney Transplant in the Jammu Division. She said that SOTTO J&K established in September 2019 at Super Specialty Hospital Jammu, has been working hard to create awareness of organ donation. It has organized around 140 awareness campaigns and more than 1400 people have pledged their organs for donation during these activities.

GMC Jammu has done 13 Renal Transplants, all under Ayushman Bharat with logistics provided by the Hospital since its registration from Directorate General of Health Services (DGHS) in April 2022, she said, adding that an Eye Bank has been established in Department of Ophthalmology which has performed 04 Corneal Transplants giving sight to the blind after its registration from DGHS in March 2022.

She also informed that GMC Jammu has been work-

She also informed that GMC Jammu has been work She also informed that GMC Jammu has been working to start deceased organ donation from brain dead persons diagnosed after road traffic accidents as well as brain haemorrhage etc., who can be potential donors for eyes, kidneys, lungs, heart, liver etc. Families of such persons can donate organs and tissues for saving lives of the end stage organ failure persons, who otherwise are going to die, she said.

Sharma added that the organs and tissues, other than eyes and kidneys, not utilized by the institution shall

be transported to other hospitals by creating green corridors.

She added that multiple meetings were organized with stakeholder departments viz. Local Police, Traffic Delica Miscrett which and Miscrett Century of the Control of th Police, Airport Authority and Airport Security for cre-ation of a green corridor for transporting organs from GMC Jammu to other hospitals within and outside J&K.

Soon GMC shall conduct a mock exercise for trans-

Soon GMC shall conduct a mock exercise for transport of organs between GMC and Airport, she said.

Dr. Elias Sharma, HoD Urology & Renal Transplant and Nodal Officer SOTTO J&K, Dr. Salieve Puri, Joint Director, SOTTO J&K, Dr. Manoj Chalotra, Medical Superintendent, Superspeciality Hospital, Dr. Kallash Thakur, Assistant Professor Surgery and Dr. Raju Bhardari, Consultant Nephrologist, GMC Jammu were present on the occasion. Soc.

was employed, to channel funds from various bank accounts into various betting games online, they said. Mishra was posted at the North Campus branch of Punjab & Sind Bank at Khalsa College of Delhi University since June 28, 2021. In a statement during bank enquiry, Mishra admitted to having used banking IDs of colleagues to make illegal transfers for online gaming purpose, the officials said.

In the CBI's scrutiny, Mishra was found to have "illegally and without any authority" encashed 32 fix deposits belonging to Khalsa College, maintained at the bank, amounting to St 48.76 crore, while also siphoning Rs 6.74 crore from various Mudra Loan accounts, the officials said.

cials said.

Bank officer...

Bank officer...
"During the investigation aforesaid original FDRs are said to have been seized from the Principal of Khalsa College, Jaswinder Singh, out of Which L2 FDRs were found to be issued in the name of the Principal, SCTB Khalsa College, and rest in the name of student fund, SCTB Khalsa College, the CBI has alleged. The agency also found that Mishra used the official Dbs allotted to the officer of Khalsa College Branch for transferring the funds into 29 different bank accounts. "It is revealed that no supporting vouchers regarding the aforesaid transfer were available in the record of the bank which confirms that all transactions were executed dishonestly and with mala fide intentions," the agency alleged.

the agency alleged.

The bank noticed irregularities, forgery, siphoning and misappropriation of funds in various accounts such as RTGS, Inward Parking Account amongst Deposits Customers, primarily of Khalsa College.

"It is further alleged that...Mishra along with unknown person has carried out these unauthorised forgery and fraudulent transactions by using system ID's of other staff members without their authorities, the CBI alleged

In So totler stain members windout their admonites, the CBI alleged.

Investigations showed that Mishra has a penchant for online games such as Monopoly and CrazyTimes offered on the web site "Goa247,Live," registered in Curacao in the Caribbean and managed in India by individuals based in Dubai.

Between May 12 and September 14 in 2022, Mishra regularly played online games and transferred the liquidated amount of the said FDR, to the tune of Rs 10.81 crore, in the four accounts provided by the gaming website, they said.

While tracking the website, the central probe agency discovered that Dubai-based individuals Rajat Muralidhar, Nishanth, Rahul Kumar, A Rajath, and Nishanth were managing it in India, they said.

mer managing it in India, they said.

"The aforesaid persons, namely Rahul Kumar and A Rajath, allegedly lured individual current account holders to offer their bank accounts in lieu of commission. These personal bank accounts were used to accept deposits from the customers of the gaming website," the

deposits from the customers of the gaming website," the agency charge sheve talleged. The investigation into the scam revealed that Mishra sanctioned and opened 48 Mudra loan accounts during he period from June 2021 to November 2022, they said. Mishra's alleged accomplice Jaiswal managed eight of these accounts through his relatives and employees. The proceeds of the loan amount were funnelled into the gaming business site GameKingII, and the rest of the amount was allegedly utilised for illegal purposes other than those for which the loans were sanctioned. Voice and text chats on WhatsApp showed that Mishra was in regular contact with accused Jaiswal. The contents of these conversations revealed that Jaiswal had asked Mishra to transfer the amount from the Mudra loan accounts to various current accounts

an accounts to various current accounts.

It was discovered that Mishra carried out tra tions in Mudra loan accounts on the direction of Jaiswal rithout any authority from the actual account holders.

Fraudulent transactions to the tune of Rs 6.74 crore in seven bank accounts were made on the directions of Jaiswal, indicating that Mishra was acting under Jaiswal's influence, and both played an active role in the conspiracy to illegally transfer public money using fake Mudra accounts and identities, they said. (Agencies)

SED asks employees...

tax refund claims of employees has increased manifold from last two years as the employees are utilizing the services of some tax professionals wherein TDS deducted from their salaries by DDO is refunded by using various sections of Income Tax on the basis of fabricated documents.

fabricated documents.

It also said these bogus refund claims have been viewed seriously by the Income tax Department and details of such employees who have claimed refunds have been prepared and intimated to Chief Secretary to Govt. J&K.

'However, it has been felt that before their names "However, it has been felt that before their names are forwarded to their respective departments one time relaxation has been given to such claimants till 31-03-2023 that a rectified ITR as (ITR-U) may be filed otherwise it shall have some serious repercussions followed by Departmental enquiries and imposition of penalties U/S 270(A) and U/S 276 (C) of Income Tax Act 1961," the

Govt endeavors to...

Training Institute (CSR & TI) at Pampore, Srinagar, in 1994 to revive earlier activities of the CSB in J&K. The institute is actively involved in Research and Develop-

ment besides human resource development through its network of 2 Regional Sericulture Research Stations (RSRS) and 8 Research Extension Centers. The High Yielding Silkworm hybrids and improved mulberry varieties have been developed by CSR and TI Pampore to increase the farmers' income through Sericulture.

The Central Silk Board is promoting bivoltine production program extending technical support through 6 clusters (including 2 mega clusters) besides extend-ing state of the art of soil testing facilities. Due to the continuous efforts of the Institute and technological

continuous efforts of the Institute and technological interventions, the average yield of bivoltine cocoons has been enhanced significantly.

Notably, the Silk Samagra Yojana launched in 2017-18 under the guidance of PM has proved to be a game changer in making sericulture sustainable by supporting country's as well as J&K's silk industry in an integrated manner.

Linder Silk Samagra Dhana Labour 2000 silknown.

manner.
Under Silk Samagra Phase-I, about 900 silkworm rearers have been benefited directly besides establishment of about 618 rearing houses. Besides, the Central Silk Board has allocated Rs 35 crore for J&K under Silk Samagra Phase-II benefitting around 27,000 families involved in Sericulture in the UT.

Amid dry weather...

recorded a low of 3.0°C against 5.7°C on the previous night and it was 3.1°C below normal for the summer

Oazigund, he said, recorded a low of 2.1°C against

Capital.

Qazigund, he said, recorded a low of 2.1°C against 5.0°C on the previous night and it was 2.6°C below normal for the gateway town of Kashmir.

Pahalgam, he said, recorded a low of Iminus .8°C against 2.0°C on the previous night and it was 3.4°C below normal for the famous tourist resort in south Kashmir's Anantnag district.

Kokernag recorded a low of 3.1°C against 4.1°C on the previous night and it was 1.6°C above normal for the place, the officials said.

Gulmarg recorded a low of minus 1.9°C against minus 1.4°C on the previous night and it was 1.1°C below normal for the world famous skiing resort in north Kashmir's Baramulla district, he said.

In Kupwara town, he said, the mercury settled at 1.6°C against 3.8°C on the previous night and it was 2.9°C below normal for the north Kashmir area.

Jammu recorded a low of 12.5°C against 11.9°C on the previous night. It was 4.1°C below normal for J&t°C on the previous night. It was 4.1°C below normal for J&t°C on the previous night. It was 4.1°C below normal for J&t°C on the previous night. It was 4.1°C below normal for J&t°C on the previous night. It was 4.1°C below normal for J&t°C on the previous night. It was 4.1°C below normal for J&t°C on the previous night. It was 4.1°C below normal for J&t°C on the previous night. It was 4.1°C below normal for J&t°C on the previous night. It was 4.1°C below normal for J&t°C on the previous night. It was 4.1°C below normal for J&t°C on the previous night. It was 4.1°C below normal for J&t°C on the previous night. It was 4.1°C below normal for J&t°C on the previous night night. It was 4.1°C below normal for J&t°C on the previous night night. It was 4.1°C below normal for J&t°C on the previous night night. It was 4.1°C below normal for J&t°C on the previous night night. It was 4.1°C below normal for J&t°C on the previous night night. It was 4.1°C below normal for J&t°C on the previous night nit

the previous night. It was 4.1°C below normal for J&K's winter capital, he said.

mier capital, he said. Banihal, he said, recorded a low of 3.8°C (below normal by 2.7°C). Batote 6.1°C (below normal by 2.4°C), Katra 11.2°C (2.6°C below normal) and Bhadarwah 3.6°C (1.8°C below normal)

Ladakh's Leh and Kargil recorded a low of minus 3.8°C and 2.0°C respectively

India logs...

The Ministry said, 1743, vaccine doses of COVID have been administered during the last 24 hours under the nationwide vaccination drive.

So far, over 220. 65 crore vaccine doses were administered across the country.

Meanwhile, Union health secretary Rajesh Bhushan on Monday, will hold a meeting with states' health secretaries and senior officers to review Covid-19 preparedness as India continues to report a rise in coronavirus. ness as India continues to report a rise in coronavirus

IGP Armed/IRP...

infrastructure. Emphasis was laid on the significance of welfare and mission statement activities to improve the Battalions' performance within their mandated

The Commandants were encouraged to personally oversee welfare activities, including health checkups and preventive measures, to maintain the morale of staff and officers. Additionally, it was instructed to incorporate regular sports activities into the daily routines of personnel, and other regimental activities were discussed to improve the work culture dynamics within the Battalions.

The meeting also covered the topic of providing police personnel to local and traffic police for various duties. It was emphasized that when assigned to these roles, staff should display exceptional professionalism, discipline, and dedication. Personnel should be thoroughly briefed and sensitized about their duties to ensure, they deliver their best performance. The Commandants were encouraged to personally

ensure, they deliver their best performance.

The meeting also discussed the training of PSOs, commandos, and pre-promotion courses for Battalion staff. It was decided that they would soon be started

Jammu SIU....

to investigate the cases in time bound and in profes-

to investigate the cases in time bound and in professional manner.

The official spokesman said that the SIU Jammu under the supervision of DIG SIU Jammu 20ne has launched a special drive to take the anti-national elements (Terrorists) to task by firstly getting Non Bailable Warrant (NBA) against the 13 terrorists namely Shahnawaz Kanth alias Munna alias Umer of Hullar, Kishtwar, Mohammad Iqbal alias Bilal of Near Kichloo Market, Kishtwar, Shahnawaz alias Nayeem of Chirool Padyarma, Javid Hussain Giri alias Muzamil of Kundali Pochal, Bashir Ahmed Mughal of Jugna Keshwan, Gazi-ul-Din of Jugna, Keshwan, Sattar Din alias Rajab alias Saifullah of Jugna Keshwan, Sathar Din alias Rajab alias Saifullah of Jugna Keshwan, Sathar Din alias Rajab alias Saifullah of Sandera, Kishtwar, Shabir Ahmed of Kither Bonjwah, Modo Raiq Keen of Patnazi Bonjwah, Muzaffer Ahm, Muzaffer Ahmar Of Semna Keen of Patnazi Boniwah, Muzaffer Ahmed of Semna Colony Zewar Kishtwar and Azad Hussain of Affani Padder.

The process of letter Rogatory has been initiated through the CIO of the case Dy. SP PC Kishtwar, Vishal

Besides, the CIO Dy.SP PC Kathua Tilak Raj Bhard-Besides, the CIO Dy.SP PC Kathua Tilak Raj Bhard-waj produced challan before the Court of NIA Jammu against two militants namely Zakir Hussain Bhat alias Umar Farooq of Near Govt. Primary School Malad, Tehsil Lohai Malhar, District Kathua and Gulam Farid alias Farid Bhai of Bhimber Pakistan who were involved in unlawful activities to flourish the terrorist activities

Police organises seminar on Drug De-addiction

JI NEWS SERVICE GANDERBAL, MAR

As a part of Civic Action Programme, Police organ ised seminar/awareness programme against drug addiction at Townhall Ganderbal. The seminar was Chaired by SSP Ganderbal Shri Nikhil Borkar-IPS

Chaired by SSP Ganderbal Shri Nikhil Borkar-IPS along with bySP Headquarters Ganderbal Shri GH Hassan-JRPS. The Seminar was attended by Teachers, respectable Citizens, Media Fraternity, students of Degree College Ganderbal & various other schools of the district.

Speaking on the event, SSP Ganderbal stated that the co-operation of the people is very pivotal to eradicate the severe menace of drugs from the society. He asked the students that Police is ready to help them in promoting sports & games. He further added drug addiction is a social crime & cooperation of the public is necessary and stressed upon the participants to share all information related to drugs & its Peddling in the area with concerned Police units so that Police can act swiftly. He also appealed the participants to extend their help in identifying drug addicts in their localities so that they can be counselled in better ways with

He also appealed the participants to extend their help in identifying drug addicts in their localities so that they can be counselled in better ways with the help of Drug De-addiction Centres.

DySP Hqrs Ganderbal also spoke about the sensitive topic of Drugs & its Addiction. He also highlighted the role of school management in identifying such cases and their role in treatment process thereof. Moreover, Psychiatrist Dr. Umar Jan also spoke about the psychological and social aspects of Drug Addiction. He further talked about the socio-economic, Physiological and Psychological causes and also preventive measures of Drug Addiction. The participants were encouraged to adopt positive approaches and to encourage others to do the same in eliminating this severe menace from the society. Moreover, various dignitaries, Social Activists, Artists and Students both Boys & Girls of different Schools of the District also threw light on this burning issue i.e. "Drug Addiction & its negative causes".

At the end of the Seminar, SSP Ganderbal distributed Guest of Honour mementos among the Guests for their utmost contribution towards the welfare of the society. Trophies were also distributed amonest the sudents who snoke on the said

welfare of the society. Trophies were also distrib-uted amongst the students who spoke on the said occasion. At the end, the vote of thanks was pre-sented by DySP Headquarters Ganderbal Shri Gh

Investiture ceremony held at DPO Budgam

JI NEWS SERVICE BUDGAM, MAR 27

An investiture ceremony held at District Police Headquarters Budgam where SSP Budgam Shri Al Tahir Gilani-JRPS accompanied by ASP Budgam Shri Gowhar Ahmed-JRPS presented DGP commendation certificates & medals to 05 officers & officials who have been honoured with the DGP's Medal for their exemplary services to the society and J&K Police during the year-2021.

The officers/officials who were awarded DGP's commendation certificates & medals include DySP Headquarters Budgam Shri Saalb Gani-KPS, SHO

Headquarters Budgam Shri Saqib Gani-JKPS, SHO PS Khag Insp. Bahar Ahmed Khan, SI. Irshad Ahmed, HC Shabir Ahmed and Constable Omer

Nabi. Interacting with the recipients, SSP Budgam congratulated them and their families for this prestigious recognition. He said that DGP's medal is an appreciation of your good work. He wished them good luck and hoped that they will continue to work with same dedication and zeal in future also.

Police organises medical camps at far-flung areas of Anantnag

JI NEWS SERVICE

Police in Anantnag under the aegis of Civic Action Programme (CAP) organised medical camps at Gawran Kokernag and Kapran Verinag areas of district Anantnag

The main aim of the medical camps was to provide the basic as well as specialist health care facilities to the downtrodden people of far-flung areas of district at their door steps. Faculty of Doctors like Physician, Cynaecologist, Eye specialist and General Medicine were available for patients. During these medical camps, free medicines were distributed among the people. The Medical Health Camps were attended by local PRIs, officers of Police department and large number of civil society, A total of 744 patients including 274 Men, 320 Women and 150 Children attended the camps. General public of the area appreciated the rolo folice for organising medical camps for Poor People in far-flung areas. The main aim of the medical camps was to

Notably, during the onset of the militancy in the J&K a large number of militants have crossed over to Paki-stan and are now actively involved in reviving militancy in J&K by either sending arms and ammunition through

in J&K by either sending arms and ammunition through drones or by recruiting new youth through social media and other modes of communication.

The DIG SIU Jammu has impressed upon all his CIOs to investigate every case in a thorough and professional manner so that all the militants wanted in their cases could be arrested and those who have sneaked into Pakistan and are actively waging war against the country can be cornered either by issuing red notice through Inter-pol or by issuing LR through the Court of law.

Further, more Challans against the terrorist involved in UAPA cases of SIU Jammu Zone are expected to be produced before the Court of law in a couple of weeks time.

MP Gulam Ali seeks details of projects for promotion of tourism in JK

scheme places of religious, spiritual and heritage are restored, developed and

promoted. Jammu and Kashmir Rajya Sabha MP

Gulam Ali Khatana sought

answers from the Ministry

of Tourism on the specific

or lourism on the specific schemes promoting tourism in tribal areas along with details of employment generated through tourism for tribals through promotion of tourism in these particular tribal areas

tribal areas. Seeking replies from the ministry about reasons for

JI NEWS SERVICE

Bharatiya Janata Party MP Rajya Sabha Er. Gulam Ali sought the details of projects for the development and promotion of tourism

and promotion of tourism in Jammu and Kashmir.

Er. Gulam Ali sought details regarding schemes promoting tourism in tribal dominated areas, the number of proposals under PRASHAD scheme received from J&K, reasons for delay in sanction of Purmandal-Uttarvahini proposal, budget allocated proposal, budget allocated for development of tourism in Doda, Poonch, Kishtwar, in Doda, Poonch, Kishtwar, Rajouri and Kashmir and status of schemes for pil-grim tourism, Minister for Tourism said that major schemes implemented are Cyteddeb

darshan, PRASHAD, Safe Tourist Destinations for Women, Champion Service Schemes



Union Minister of State for Tourism, G. Kishan Reddy presented elaborate details of various schemes sanctioned for promotion of tourism in Union Territory of Jammu and Kashmir. He gave the bifurcation of the budget allocation of the Jammu and Kashmir Tourism and Kashmir Only one work, Hazarathal PRASHAD, has been sanc

Parmandal-Uttarbahni proposal clearance delay and details regarding tourism budget for Jammu and Kashmir as there has been Tourism. Kashmir as there has been much delay in the restora-tion and development of these place of much impor-tance for the people of Jammu and despite visits and assurances by Ministry of Tourism nothing on PRASHAD, has been sanctioned for whole Jammu and Kashmir. Proposals of Katra-Reasi are under sanctioning process whereas proposals for Sunderbani-Rajouri are awaited. It is to mention that under this ground has been achieved

NEWS

rere made in the past.

MP sought in detail the number of proposals received from Jammu and Kashmir under PRASHAD scheme and how many of those proposals been accepted and what is the

accepted and what is the status right now. Minister replied in detail about projects under Swadesh Darshan, in all six projects were sanctioned in 2016-17 with a total budget allocation of 519,58 crores of which 434,50 have been release till now. Work is release till now. Work is underway on many of these projects and some had been completed.

In addition to these Central agencies for In addition to these Central agencies for tourism infrastructure development schemes had been provided 17 crores funds for sound and light show at Dal Lake, 5 crore, and for manufacture of Class Ton Coaches 12 Glass Top Coaches, 12

Modi Govt moving ahead of time to provide all weather road connectivity: Sham Langer

JI NEWS SERVICE

IAMMU, MAR 27: Sham JAMMU, MAR 27: Sham Lal Langer, Converner BJP Trade Cell, J&K, on Monday said that Centre led by PM Narendra Modi is moving ahead of time in providing all weather road connectivity in J&K.

In a statement issued to media persons, the senior BJP leader said that open-ing of T5 Tunnel along the NH44 axis in record time is testimony to the fact that



ating desired road network in the Union Territory in a fast pace manner and the time is not far when the commitment made by the BJP Government to the

people about all weather road connectivity shall be fulfilled fully. Sham Langer rulfilled fully. Sham Langer said that under the pledge of making all weather con-nectivity a reality soon T5 tunnel spanning 870 meters was developed at Panthyal on Ramban-Banihal section of Jammu-Srinagar National Highway and was thrown open for traffic last

He said that many ongoing road projects in J&K are nearing completion well in advance of the specified completion dates making it evident that in the coming years, J&K will have the network of roads which will remain through all the year irrespective of rains,

will remain through all the year irrespective of rains, snowfall or any other weather condition.

The senior BJP leader said that government is working with steady pace to ensure all weather roads ready J&K and it is now the matter of few years when the dream of J&K having

Namrta slams Govt for breaking spine of common people by imposing heavy taxes, hiking toll plaza rates

JAMMU, MAR 27: Namrta Sharma, President Women Wing Aam Aadmi Party (AAP) Jammu and Kashmir has accused the LG Administration of leaving no stone unturned in breaking the spine of the common people by imposing tax after tax on them despite living in miserable conditions despite inving in miserable conditions due to wrong policies of the Govt. She said that as if all this was not enough that now the Administration has given yet another blow to the people by arbitrarily hiking toll plaza rates.

In a statement issued to media here today, Namrta Sharma said that the BJP Govt at the Centre as well as its proxy Govt in Jammu and Kashmir have failed miserably on all fronts with the people feeling it quite diffi-



cult even to fetch a square meal a day. "The price hike and inflation have crossed all the limits and the common people can't afford the essential commodities. It is really an irony that rich are growing richer and the poor becoming poorer and it would not be wrong to state that the present BJP Govt is for the rich, of the rich and by the rich thus throwing the democrat-ic principles to tatters," she added. The senior woman leader of AAP,

while accusing the BJP Govt of being just a Jumla Govt, said that with eight just a Jumla Govt, said that with eight years of its governance no money has been brought back from Swiss Bank, the doubling of farmers income still continues to be a distant dream so much so that not a single promise made by the BJP in its manifestos has been fulfilled by it and instead it continues to befool the people every day with its false narratives.

However, the neeple have under-

However, the people have understood the BJP's game plan and they will teach BJP a lesson in the upcoming 2024 Parliamentary elections as well as in J&K's impending Assembly elections whenever held, she added.

Establish strong connect with farmers' community: Johal to workers ble the farmers' income and boost agriculture econ-



JI NEWS SERVICE

JAMMU, MAR 27: The government has done more work in eight years of its rule for making farmers self-reliant than farmers self-reliant than was accomplished ever before and its agriculture-friendly schemes have become the real power of farmers. This was stated by Sarabjit Singh Johal, President BJP Kissan Morcha, J&K and DDC Member while speaking at

the programme in district Srinagar. Bharatiya Janata Party Spokesperson Altaf Thakur and Minority Morcha in-charge Sheikh Bashir were prominently present in the meeting. Notably, lobal conducts

present in the meeting.
Notably, Johal conducted a meeting of BJP Kissan
Morcha of six districts of
Kashmir Province in which
district presidents and
workers of all six districts
rottigizated. participated.
The senior BJP leader asserted that the Central

Government headed by the Prime Minister Narendra Modi has done more work in the last eight years than ever before for empowering farmers and making them self-reliant. He said the Government at the Centre stands fully com-Centre stands fully com-mitted to the welfare of the farmers who deserve spe-cial attention especially in view of their being the food producers of the nation. He said the government is making every effort by day.

omy.

The BJP Kissan Morcha
President, J&K, said that
the farmers' issues have
been best addressed by PM
Modi led Govt at the
Centre. He mentioned that the schemes and initiatives by the government like Kissan Sammaan Nidhi, Kissan Credit Card, Kiss

> Fasal Bima, Soil Health
> Card, Pradhan Mantri
> Krishi Sinchayee Yojana
> (PMKSY), National
> Agriculture Market (eNAM), SVAMITVA
> Yojana, and many more such schemes have been providing benefits to all the farmers of the nation.

Fasal Bima, Soil Health

Johal asked the Kissan Johal asked the Kissan Morcha leaders and work-ers to establish a strong connect with the farmers' community and ensure that they avail the benefits of the aforesaid schemes. He asked them to take ade-quate measures in und the government is strengthen the base of the making every effort to dou-

Miss & Mrs North Jammu Season 4 concludes

JI NEWS SERVICE

IAMMU, MAR 27: The fashion and modeling event Miss & MRS North Jammu season 4 concluded today. Total 15 contestants, 8 miss and 7

mrs category, participated for the title of Miss and Mrs North Jammu Season which was organised by 999 Production.

Akriti Panotra won the title of Miss North Iammu and Meenakshi Gupta

North Jammu and Meenakshi Gupta won the title of Mrs North Jammu. Waqf Board Member and eminent journalist Sohail Kazmi was the chief guest of the event whereas Former Deputy Chief Minister of JK kavinder Gupta, Pooja Gupta (Social activit) were the guest of the honour and Meenu Mahajan was the special guest on the occasion. on the occasion.

on the occasion.

Kazmi congratulated the winners
and appricated the effort of organiser
for providing a platform to the talented youth. "No doubt such kind of
event and initiatives help to motivate
the talented youth and also help to
give new degree and direction to their



Jammu Kashmir and youth of Jammu Kashmir are the prime concern of Modi Government. Such event not Modi Government. Such event not only help to enhance the professional career of participants but also help to fight against Drugs."

The event was conducted at Jammu Club, Jury Members are Manya Singh, Jasmeet Reen, Ashima Sharma, Supreet Kour and Mammeet Singh.

2 ND runner up is Rekha katoch and 1 st Runner Up is Dipanshu in Miss Category of the Show.

Mrs Category Jyotsana is 2nd

up The other dignitaries were Manmeet Singh, Supreet Kour, Rani Bhan, Irfan Choudhary, Gurdeer

Bhan, Irfan Choudhary, Gurdeep Kour, Surinder Suri, Nirmal Mahana (AAP Leader), Inderjeet Raina, Madhavu Sharma All Broadcaster. Paramjeet Properties, Kudan Motor, Colour Trends, Dheeraj Studios , J&K Immigration Consultant, 999 fitness were the main sponsors wheras the MJ Colour saloon, Galaxy Enterprizes and My Tomorrow Land Bistro by 999 were the presenting sponsors of the event.

Dr. Nirmal Singh, Anuradha Charak, listens to the public grievances

JI NEWS SERVICE

JAMMU, MAR 27: Dr. Nirmal Singh, former Dy. Chief Minister, accompa-nied by BJP Vice-President Anuradha Charak, listened to the public grievances at BJP headquarters, Trikuta Nagar, Jammu.

Numerous people, indi-vidually as well in the form of deputations, visited the of deputations, visited the BJP office to discuss their respective issues with the senior party leaders Various issues represented contained matters of individual concerns as well as development oriented related to their respective

Besides various personal presented related to PHE, PDD, roads, lanes, drains



etc. Dr. Nirmal Singh lis-tened to all the individuals and the deputations patiently and immediately took up the matters with the concerned departmental officials telephonically as well as issued letters for the others. Talking to the concerned authorities, they

pressed for the prompt redressal of the issues. "BJP is a cadre-based party and the organization has several grievance reso-lution mechanisms. We work as a family to serve work as a family to serve the masses with full effort, while trying to address every single concern of the

diarized all the issues and conducted the proceedings of the grievance camp. BJP VDC Cell Convenor

people," said Dr. Nirmal Singh. Anuradha Charak

other BIP leaders were also

Fulfilled near impossible task of connecting Kashmir with rest of nation by train: Kavinder

SAYS MODI GOVT REALISED DREAMS OF J&K PEOPLE

JAMMU, MAR 27: Senior BJP leader and former deputy chief minister Kavinder Gupta on Monday said that Kavinder Gupta on Monday said that the BJP government led by PM Narendra Modi has realized the dreams and aspirations of the people of J&K. In a statement issued to media fraternity, the BJP stalwart said that Centre has been keen to change the development profile of J&K and for this it has been accomplishing for this it has been accomplishing development with an exemplary pace. He said that rail connectivity between Jammu and Srinagar and to

all other destinations across the country is like dream coming true for the people of the country especially those belonging to J&K.
Kavinder said that connecting Kashmir with rest of the country

through rails was a near impossible task but with strong resolute the Modi Government has realized the Modi Government has realized the same with extreme levels of proficien-cy. He said that J&K is about to wit-ness economic boom after the trains start chugging between Jammu and Srinagar as trains bring prosperity

along. promise of making J&K the best place.

The former Deputy Chief Minister in the country will be fulfilled.

reiterated that the Article 370 was the main bottleneck restraining develop-ment in the UT but the farsighted step taken by PM Modi to make this con-tentious Article of Constitution null and void has removed all the hurdles and today the J&K is moving steadily on the path of development with almost all the residents of the UT almost all the residents of the UT extending unprecedented support to government. Kavinder said that PM Modi has been meticulously fulfilling all the promises made with the coun-trymen and days are not far when his

J&K embarked upon mission of greater transformation: Danish

JAMMU, MAR 27: Danish Mishra, Vice President of Bharatiya Janata Yuva Morcha (B)YM), J&K, has assert-ed that the Jammu and Kashmir Union Territory is moving fast on the path of unprecedented development. He said that this is evident from the fact that investments have gone up to Rs. 60000 crores with the Govt having received 5327 proposals. It is not only limited to investments but even 129 units out of these proposals are already functional as of today

the mission of greater transformation with main focus on Industries. with main focus on Industries, movestments have gone up to Rs. 60000 affordillure and Entrepreneurships sectors as these sectors have the great 129 units out of hese proposals are already functional so of today.

In a statement issued to media here

today, Danish Mishra said that J&K is receiving special attention of the Govt at the Centre led by the Prime Minister Narendra Modi and with synchronized efforts of the Centre and the UT Jammu and Kashmir Administration led by L1 Governor Manoj Sinha J&K has embarked upon anticipated investment was Rs. 64058 crore in December 2022, it has now touched Rs. 66,000 crore which is a touched Rs. 66,000 crore which is a matter of great satisfaction and an indication that the new industrial pol-icy has proved to be a big success and has been playing a vital role in the unprecedented development in this Union Territory.

Raj Rattan lauds boxers Nitu, Sweety for scripting history by winning gold in IBA world c'ship

JI NEWS SERVICE

JAMMU, MAR 27: Raj Rattan Raina, BIP leader on Monday congratulated boxers Nitu Ghanghas and Sweety Bora for bringing double delight for the country by bagging gold medals at the IBA women's world boxing

championship.

In a statement issued to media per-In a statement issued to media per-sons, the BJP leader said that it is a double delight for India at the women's boxing world champi-onship with Nitu Ghanghas clinching gold in the 48 kg category and Sweety

Bora in the 81 kg final. He said that this is just the beginning as the sports policy adopted by the BJP Government led by PM Narendra Modi will change the scenario of sports in the coming time with players excelling in all games and at all levels.

and at all levels.

He said that the BJP Government
has envisaged everything required
for grooming sportsperson to bring
out champions out of normal human beings and the results have started pouring in with Indian sportspersons leaving their mark at every interna-

tional sports event. Raj Rattan Raina said that the way the rest of the country is excelling in sports at international arena, J&K also need to work in the same direction with particular focus on girls and women segments as UT will have to take extra care to surmount the play-

take extra care to surmount the play-ers of other regions.

He said that there is no dearth of funds under the Modi Government to enhance the sports infrastructure but the need is to manage things to bring about the desired changes in the play-grounds of the UT. 5 5 THOUGHT OF THE DAY 9 9

Logic will take you from A to B. Imagination will take you everywhere - Albert Einstein

JINDRAH MAGES

Ladakh needs practical solution to dog bite cases

t is quite unfortunate that the UT administration of Ladakh remained in deep slumber over the growing menace of stray dogs and came out with a vague advisory for general public only after a septuagenarian woman was mauled to death by a pack of feral dogs in the Kargil district's remote Zanskar area on Saturday. The incident was shocking and created a massive outrage in the cold desert of the country with stakeholders accusing the UT administration of being lethargic and ignorant to the serious problem of stray dogs. The authorities in Ladakh administration had disclosed that Leh district reported over 230 dog bite cases till the second week of February this year. The officials claimed that a total of 22,145 stray dogs were sterilised by the Department since 2013. A total of 2,000 dog bite cases were registered at SNM hospital in 2022 from all over the union territory of Ladakh. Going by the number of dog bite cases, it can be safely assumed that the menace of stray dogs have become a major problem in the otherwise peaceful region. Instead of spelling out a solution to the problem, the UT administration issued an advisory for the general public asking them to exercise caution while approaching a stray dog. What was more ironic was that the Department of Animal and Sheep Husbandry & Fisheries remained silent over the possible measures being taken to tackle the problem of stray dogs in the Union Territory. After outrage in the region, the concerned department, in a face-saving exercise, admitted that there was increase in the cases of dog bite in some parts of the UT and issued an interesting advisory for the general public, asking the people to "exercise caution while approaching a stray dog, if they are not familiar with their behavior especially during the early/late hours and walking alone". Some interesting tips to stay safe around stray dogs include, always carry a stick while going for a walk in the morning or evening time, do not approach stray dogs directly. If you see a stray dog, do not approach them directly. Instead, stay at a safe distance and observe their behavior. If the dog seems agitated or aggressive, it is best to stay away and report the same to Municipality/rescue teams in your respective areas immediately. Do not make direct eye contact: Dogs can see direct eye contact as a sign of aggression, so it is best to avoid making eye contact with stray dogs and avoid disturbing their pups. Stay calm and quiet: Dogs can sense fear and anxiety, so it is important to stay calm and quiet around stray dogs. Avoid making sudden move-ments or loud noises that might startle them. The killing of an elderly woman by stray dogs was not only horrifying but also an eye-opener for UT administration to seriously work out some plans to deal with the problem. UT Ladakh has the highest dog-to-human ratio in India. The birth control method is significantly failing, and it is posing threats to Humans and also to the wildlife of Ladakh. The UT administration should take all stakeholders on board to tackle this problem.

The perils of selective international justice

How can the ICC's arrest warrant against Putin be executed? Can the ICC suo motu act like the West-constituted International Military Tribunal for the Far East (1945), which brought to justice 28 Japanese 'war criminals' and put them to the sword? Assuming that the West-backed ICC does succeed in doing so, will the Bench impart justice objectively and fairly?

THE International Criminal THE International Criminal Court's (ICC) arrest warrant against Russian President Vladimir Putin has given a twist to the Russia-Ukraine war. What's in store for the President of one of the warring nations? Can he be brought to justice? Or will the ICC

brought to justice? Or will the ICC remain cocooned in its hallowed precincts, in keeping with the tradition of the world bodies of the past 100 years?

It's hard to predict and naïve to visualise a quick and effective implementation of the ruling of a Bench which doesn't have the wherewithal to enforce its verdict. It's because international criminal It's because international criminal It's because international criminal. It's because international criminal justice is selective, creating contradictions, confusion and chaos and giving rise to the belief that it's a system of, for and by the privileged to take on the underprivileged, deprived and provoked combat-

ants.

Headquartered in The Hague,
Netherlands, the ICC is a "court
established by a treaty known as
the Statute of the International
Criminal Court (effective from
2002), with jurisdiction over geno-cides, crimes against humanity,
war crimes and aggression."
Curiously, the ICC's inception Curiously, the ICC's inception coincided with post-September 11, 2001, developments, when the US, under President George W Bush, launched the 'global war on terror'. Will it, therefore, be wrong to perceive that the prime aim and objective of the ICC is to target perpetration of crime operating in preions. tors of crime operating in regions located far away from the West? Today, the ICC has field offices

Today, the ICC has field offices in the Central African Republic, Ivory Coast (Cote d'Ivoire), the Democratic Republic of the Congo, Kenya, Mali and Uganda — in the developing world. Powered and defined by the 1998 Rome Statute and its amendments, "while the ICC is independent of the UN, the Rome Statute grants the UN Security Council (UNSC) certain powers of referral and deferral." So, who all constitute the Rome

So, who all constitute the Rome Statute? It consists of '123 parties' and the best — or the worst — part thereof is that all Permanent Five (P5) members of the UNSC (France, China, the UK, Russia and the US) are either virtually conspicuous by their absence or happen to be there with a conditional or token presence. Whereas China is totally absent from the statute, Russia and the US (along with Israel and Sudan) have signed but not ratified the Rome Statute. not ratified the Rome Statute. These four nations declared that 'they no longer intend to become party to the statute.' The UK and France are signatories to the statute, but 'with reservation and/or declaration', thereby reducing the whole institution of the ICC to a sham, which mirrors the past 400 years of arrogance of the exclusive club of western impethe exclusive club of western impe-

The situation becomes murkier owing to Ukraine's stand. Kyiv isn't a party to the statute, but it has "accepted jurisdiction of the ICC with respect to alleged crimes committed on its territory since November 21, 2013." Thus, the ICC jurisdiction over Ukraine "extends to action committed by citizens of non-parties to the statute on Ukrainian territory but, since Ukraine itself isn't a party, not to the crime of aggression without a referral from the UNSC." Therefore, an extraordinary situation brings Ukraine under the ICC through an indirect route, without having formally accepted the Rome Statute. The ICC jurisdiction over Ukraine, unlike other contracting and consenting parties, The situation becomes murkier

comes through the New York-based UNSC, thereby making it one of a kind in the midst of uni-versally accepted, so-called inter-national law. Exception, rather than equality, seems to have found favour with western expediency when international law comes to the fore in mainland Europe

the fore in mainland Europe.
Since contextually and conceptu-ally, we are in the legal terrain per-taining to crime, one cannot avoid the fundamentals of jurisprudence or the principles on which the law is made.
Hence, the alleged crime of Russia being angoing and visible

Russia, being ongoing and visible, could be referred to for invoking speedy justice. But, does prosecu-tion for murder or manslaughter have a shelf life? Can it fall under the limitation act for being 'time-barred'? No. That's the reason barred? No. That's the reason, even after being absconding for years, charges against a young murderer can be taken up for imprisonment or capital punishment even in the twilight of his life. In other words, murder/manslaughter can be punished any time as it doesn't have any time limit for implementation of the hidrid is used in the control of the control of the hidrid is used in the control of the hidrid is used in the control of the hidrid is used in the control of the control of the hidrid is used in the control of the control of the hidrid is used in the control of the control of the hidrid is used in the control of the hidrid is used in the control of the control of the control of the control of the hidrid is used in the control of the control of the control of the hidrid is used in the control of the contr

any time limit for implementation of the judicial verdict.
Coming back to the ICC arrest warrant against Putin, how can it be implemented, by whom, how and when? Can the ICC suo motu act like the West-constituted International Military Tribunal for the Far East (1945), which brought

to justice 28 Japanese 'war criminals' and put them to the sword? Assuming that the West-backed ICC does succeed in doing so, will the Bench impart justice objective-

ly, impartially and fairly?

As of now, a fair trial looks highly doubtful. Everything today,

ly doubtful. Everything today, regrettably, appears to be a cacophony of culpability. 'One nation, one man, one army' is cited as the cause of all violence and brutality, maybem and massacre. In 1945, too, it happened when the jury of the West unanimously found Japan to be a 'war criminal'. The exception, however, was the sole Indian on the Bench. was the sole Indian on the Bench. Justice Radhabinod Pal gave a landmark dissent judgment. absolving the 25 Japanese defen-dants in the case. "I sincerely regret dants in the case. "I sincerely regret my inability to concur in the judg-ment and decision of my learned brothers," were the words of the Indian jurist.

That history-making verdict of Justice Pal was significant because when the West atom-bombed two

Japanese cities, there was no uproar over a war crime, human rights violation and barbarism on the part of the Occident. Though the Hiroshima and Nagasaki bombings are not time-barred, history invariably stood for the crime of the West. Hence, any war or western land is a war against the

Improving employability a challenge for Punjab

PUNJAB'S youth are at a cross-roads. Large-scale unemploy-ment, exodus to foreign lands, vulnerability to drug abuse and involvement in agitations suggest that all is not well. The need of the hour is to provide opportunities to the youth for actively participating in development activities.

development activities.

The state government has made a good beginning by providing 26,797 jobs in a year. In February, the state had an unemployment rate of 8.2 per cent, a little higher than the national figure of 7.45 per cent.

According to source: the state has

figure of 7.45 per cent.

According to sources, the state has around 25 lakh unemployed people and, hence, the generation of quality jobs on a large scale is the most challenging task. Employability of the Punjabi youth is also low. It is around Punjabi youth is also low. It is around 10 per cent in the case of general edu-cation and 25 per cent for technical education. Thus, improving employa-bility should also be prioritised. Jobs offered by the agriculture, industry and service sectors are short of choic-er for the state wouth. es for the state's youth.

The thrust of the state's model of development has been on agriculture development has been on agriculture. The job profile of farm operations, however, is not as per the aspirations of the youth. The agriculture sector has produced jobs which have largely attracted migrant labourers. The state's situation is ironical, with growth creating jobs for the migrants



phenomenon is also undergoing a change due to rapid mechanisation and, hence, may result in job losses even for migrants.

Barring a few, the existing industries hardly offer decent jobs to the local youth. The industrial sector is local youth. The industrial sector is dominated by small enterprises using old technologies and employing mainly migrant workers. The service sector, though, is offering around 40 per cent jobs, but technical know-how is not modernised and, hence, the quality of jobs is compromised.

With a view to mitigating unem-ployment, a three-pronged strategy is suggested. The first strategy is to suggested. The first strategy is to clear the existing backlog. The second is to prepare the youth for future jobs and the third is to bring structural changes in the economy. At present, most of the unem-

ployed people are matriculates, Class-XII passouts, graduates, post-graduates and diploma holders. They are qualified in the respective streams but lack skills required in the market. Job seekers consider themselves qual-Job seekers consider themselves qual-fied, but job providers regard most of them as unfit for jobs. The gap is widening as educational institutions are following traditional approaches to designing and implementing cur-ricula, while the landscape of the job market is changing fast owing to tech-nological advances. What is the way out? To clear the

What is the way out? To clear the backlog, the government should pre-pare a roadmap in consultation with the industry, educational institutions the industry, euclational institutions, sector skill councils and financial institutions. After getting feedback from the stakeholders about skills in demand, the educational institutions should organise short-duration skill ditional approaches to designing and implementing curricula, while the landscape of the job market is changing fast owing to technological advances. Future jobs are driven by technologies such as artificial intelligence, the Internet of Things, 3D printing, robotics, cloud computing, smart sensors and drone technology

development programmes with practicum to equip the youth with the required skills. For this purpose, the required skins. For this purpose, the institutions may set up special-purpose vehicles in the form of finishing schools having the mandate to fill the gaps in the skills the youth possess and those required in the market. For self-employment and startups, the government should provide the seed

government should provide the seed money and arrange loans from finan-cial institutions.

In order to improve employability, the state's Finance Minister announced two schemes in the 2023-24 Budget — Professional Coaching for Employment and Soft Skill and for Employment, and Soft Skill and Communication Training. The gov-ernment also announced the Punjab Young Entrepreneur Programme to 'incentivise business ideas'.

'incentivise business ideas'.

Preparing the youth for future jobs is a multipronged process. Our mindset is mainly trapped in the existing jobs. Enabling students for existing jobs is a good practice, but, simultaneously, we should take decisions to invest resources for future jobs. Enturns jobs are driven by the chools. Future jobs are driven by technologies such as artificial intelligence (AI), Internet of Things (IoT), 3D printing, robotics, cloud computing, smart sensors, drone technology, cybersecurity technology, blockchain technology and data science.

Punjab's job seekers consider themselves qualified, but job providers regard most of

them as unfit for jobs. The gap is widening as educational institutions are following tra-

According to the World Economic According to the World Economic Forum's (WEF) report on the future of jobs, the top emerging jobs in the US are of big-data architects, automation technicians and engineers, organisational development specialists, new tech-nology specialists, IT administrators, digital transformation specialists, IT project managers and data analysts. The universities in the state should

The universities in the state should join hands to prepare the youth for future jobs. The universities should identify ubiquitous technology-driv-en courses, research and innovations, en courses, research and innovations, depending upon their strengiths. They should also restructure the existing curricula in tune with the new jobs. Institutional partnership with the industry and society should be made mandatory. Another challenge for the state is the obsolescence of the skills of work-

the obsolescence of the skills of work-

ers due to changing technologies. The WEF, in its report 'Towards a Reskilling Revolution', has suggested inservative matheds to identify viable innovative methods to identify viable job transition pathways for disrupted workers. By learning from worldwide experience, the state government

experience, the state government should incentivise the employers and educational institutions to initiate reskilling programmes for the work-ers to make them ready for new jobs. Structural transformation of the economy based on the existing tech-nology is not enough to generate quality jobs. The policymakers, like entrepreneurs, should adopt innova-tions in policies to build a 'new tions in policies to build a 'new Punjab' in tune with technological

advances.

Thus, for creating future jobs in the state, the structural transformation in economy in favour of high-tech industry (Industry 4.0) and the service sector (Service 4.0), steered by digital and smart technologies, should be initiated in a planned manner. The state's Industrial and Surface state's Industrial and Business Development Policy-2022 is a step in this direction. this direction.

Jodhpur Man Who Threatened Salman Khan Sent To Police Custody Till April 3

A Rajasthani youth, who was arrested in a joint operation by Mumbai and Jodhpur Police, was produced before a Magistrate Court which sent him to seven-day police custody, an official said here on Monday.



Baby boom in Hollywood: From Lindsay Lohan, Kaley Cuoco to Rihanna, check out celebs that are ready to embrace parenthood

rom Rihanna's second pregnancy to Lindsay Lohan's first baby, many celebrities from the world of Hollywood are expecting babies in 2023. And every outing where they flaunt their baby bumps, makes us excited about the arrival of the little one. As the list contin-

arrival of the little one. As the list continues to grow, we get you a list of celebs who are ready to embrace parenthood, or have just welcomed their bundle of joy. Alexander Skarsgård Actor Alexander Skarsgård has confirmed that he welcomed his first child with girlfriend Tuva Novotny recently. "Thank you very much," Skarsgård said while responding to a congratulatory message by ET. Skarsgård and Novotny were spotted out in November with their baby. He even showed a stuffed



animal he received at the premiere of

actor announced that she and her hu actor announced that she and her hus-band, who got married in 2019, were expecting their first baby. Sarah Snook Succession actor Sarah Snook is expecting her first child with husband Dave Lawson. It was during the pre-miere of season four in New York City

their first child together. According to

People magazine, the couple is now the proud parents of a baby boy. It was in July last year when the Jane the Virgin

when she revealed to Entertainment

when she revealed to Entertainment Tonight that they are expecting their first child together.

The 35-year-old pregnant star dis-cussed her baby bump, revealing that she is 32 weeks along. "It's exciting, I feel great," she said.

AMITABH BACHCHAN Does Namaste To Fans In 'Homemade **Sling' Outside His Home**



egastar Amitabh Bachchan greeted his fans out-side his house for the first time since he injured himself on the sets of 'Project K'.

The cine icon was seen wearing a "home made sling" as he did namaste on meeting his fans on Sunday, something he would do religiously every week.

The actor took to his blog where he shared a slew of pic-tures in a white kurta pyjama paired with a jacket. He also wore an ivory coloured hand sling to give support to his

arm. He wrote on his blog: "And the work continues .. the Sunday blessings of the well wishers .. my love affection and gratitude .. they still come .. me in homemade sling and the grey."

It was earlier in March when Amitabh suffered an

injury during the shoot of 'Project K', in Hyderabad.

The actor shared his health update on his blog. After consulting a doctor and undergoing a CT scan at AIG Hospital in Hyderabad, he left for Mumbai, where he is taking rest at his home.

The 80-year-old suffered a muscle tear in his right rib cage during an action sequence of the film. He wrote that after the incident the film shoot was postponed.

Prosenjit Chatterjee Dedicates His 'Jubilee' Look To His Father **Biswaieet Chatteriee**



Bengali superstar Prosenjit Chatterjee, who will soon be seen playing Srikant Roy - the head honcho of a Hindi film studio in the upcoming streaming series, Jubilee - recently revealed that his style in the series is an ode to his father Biswajeet Chatterjee.

The series, which is set parallel to the evolution of both India and the Hindi film industry, is a layered drama, interneurous with multiple characters.

interwoven with multiple characters.

intuita and the Finitum limitudusty, is a layered urana, interwoven with multiple characters.

Speaking of his character, Prosenjit shared, "I was living Srikant Roy's character for Tomoths before shooting (due to lockdown), there were just minor changes when I got back on the sels. In the series, you will see me in a very nice hairstyle. This is dedicated to my father Biswajeet Chatterjee, they used to have that kind of styling back in the days."

The series also stars an ensemble cast of Aditi Rao Hydari, Aparshakti Khurana, Wamiqa Gabbi, Sidhant Gupta, Nandish Sandhu, and Ram Kapoor.

Directed by Vikramaditya Motwane, Jubilee is created by Soumik Sen along with Motwane and is produced by Andolan Films in association with Reliance Entertainment and Phantom Studios. The I-oepisode series will stream and Phantom Studios. The I-oepisode series will stream and Phantom Studios.

and Phantom Studios. The 10-episode series will stream on Prime Video starting Part 1 on April 7 and Part 2 on

Nani Denies Clash **Between 'Dasara' And Ajay Devgn-Starrer 'Bholaa'**



elugu star Nani denied claims about a clash between Ajay Devgn's 'Bholaa' and his 'Dasara' as both are releasing on March 30.

"We all love Ajay Devgn and I don't think there is a clash between the two. I would request everyone to and watch 'Bholaa' in the morning and 'Dasara' in

he evening." He talked about his film and shared: "There are He talked about his film and shared: "There are emotions that we can easily relate to in the film. It is based on a real story experienced by our director. His share was a worker in the Singareni coal mines so it is based on a real story."

"It has content as well as all the elements of entertainment. It will connect with the masses. There is no one leaves they life and work-character our will see in

one larger than life and every character you will see in the film is relatable. You will cry and laugh with

There are 36 cuts in the film and he said there is nothing to think about as 22 cuts are from one dialogue only.

Dia Mirza on her character in Anubhav Sinha's Bheed: I was sobbing while reading the script based on migrant crisis who amid the lockdown, is desper-



the migrants and tack-les the delicate subject of social inequality with heart-breaking visuals and soul-stir-ring stories. Mirza says that makes the film all the more relemakes the film all the more revant in today's time, "We no more films like these to understand the social inequalities that we have lived with. We need to recognise they exist. nise they exist



are so consumed by their problems but that's natural. That's also human. This charac-ter helped me understand that as an actor, I do not have to judge the character I am playing. I just have to just have to become the charac-ter," she says and goes on, "There are moments in the film, where you will see the grey side of my character, and by extension, the grey side of our society.

Cardi B. Post Malo- e. Gwy- eth Paltrow a- d more: Hollywood celebs a- d their legal woes

appearing in for the first day of a civil trial over claims she seri-ously injured a man in a skiing accident in Park City, Utah, in 2016. Terry Sanderson, a 76-year-old retired optometrist, filed the suit against Paltrow, alleging that the Shakespeare

Trom Gwyneth Paltrow collision that left him seriously celebrities from Hollywood are busy with legal woes, some clearing it up, and some settling it. We take a loud their descent down the some settling it. We take a loud their descent down the some settling it. We take a loud their descent down the some settling it. We take a loud their descent down the sopes sanderson initially support of the state of t filed a counterclaim, seeking legal fees and \$1 in damages. The Oscar winning actor has alleged that Sanderson is over-stating his injuries and trying to exploit her wealth and celebrity. The Weeknd

The Weeknd's copyright legal issue with his 2018 cut call Out My Name is officially resolved. According to Pitchfork, lawyers for The Weeknd and his co-defendants Nicola's Jaar and Frank Dukse, and the legal team of producers Suniel Fox and Henry Strange filed in court that they have reached a settlement, with the details kept under wraps. It puts an end to the copyright lawsuit initially filed by Fox and Strange in September 2012, where they accused the My Dear Melancholy track as one that legal issue with his 2018 cut Call Out My Name is officially resolved. According to Pitchfork, lawyers for The Weeknd and his co-defendants Nicolás Jaar and Frank Dukes, and the legal team of produc-ters. Surial Exe. and Harry. ers Suniel Fox and Henry Strange filed in court that they have reached a settlement, with the details kept under wraps. It puts an end to the copyright lawsuit initially filed

Juan earlier this month, though the outlet Noticel first reported it just this week. She has alleged that the singer used the recording shortly thereafter without authorization, in the introduction of the song Pa Ti introduction of the song Pa Ti and a few years later in Dos Mil 2016.

Post Malone

Singer Post Malone avoided Singer Post Malone avoided a legal trial over Circles by opting for settlement. He settled a copyright suit from a musician alleging he co-wrote a 2019 hit but was denied credit and compensation. The terms of the deal weren't disclosed.

Diabetes: Eat These 3 Medicinal Leaves To Reduce Blood Sugar Levels



A t least 5% of the world's population is suffering from di-Asuffering from dia-betes, according to a report pub-lished by National Center for Biotechnology Information (NCBI). Diabetes is a severe disease which causes problems related to the heart, blood pres-sure, eves and kidneys. sure, eyes and kidneys. According to the World Health Organisation, around 422 mil-lion people in the world are suf-fering from diabetes and about 15 lakh people die due to it every year. In India, around 8 crore people have diabetes and according to the reports, by 2045, more than 13 crore people will be diabetic in India.

We all know that diabetes is

diet and a sedentary lifestyle. Due to this, the blood sugar level increases. Health experts say, if we correct our lifestyle patterns and eat healthy food, and indulge in regular exercises, our blood sugar levels can be managed. Research by NCBI has claimed that if some medicinal leaves are consumed, then diathese medicinal herbs increase the production of insulin in the blood.

3 Medicinal Plant Leaves to

properties. Sharifa leaves con-tain photo-constituent proper-ties which help in increasing the amount of insulin in the pancreas. Along with this, it lowers

ACCORDING TO NCBI RESEARCH, NEEM LEAVES AND CUSTARD APPLE LEAVES HAVE ANTI-BACTERIAL AND ANTI-DIA-BETIC PROPERTIES THAT CAN CONTROL DIABETES.

It has been proven in research by NCBI that aloe vera has hypoglycemic properties, which means it can reduce blood sugar levels. Consuming aloe vera leaves on an empty stomach in the morning can increase the production of insulin, which can control blood sugar and diabetes.

Custard apple leaves (Annona

squamosa) Custard apple also known Sharifa is a very tasty fruit but its leaves have no less surprising benefits.

According to NCBI, custard apple leaves (Annona squamosa) have anti-diabetic blood sugar as it also has hypo-

glycemic properties.

Neem leaves

Azadirachta indica is commonly known as neem. These medicinal leaves have antifungal medicinal leaves have antifungal and antibacterial properties and it has been proven in the research of NCBI that neem leaves can also control diabetes. Chewing neem leaves and consuming its extract early in the morning does not increase blood sugar levels and the pancreas work properly. Due to this, insulin is produced through a natural process. Several compounds have been found in pounds have been found in neem leaves which help in controlling blood sugar levels

Doctor's Kindness Rewarded With Heartfelt Gift from Grateful Patient



The internet offers us a wide range of content, each with its unique essence. Some content is informative, while others are purely for entertainment. And then, we stumble upon content that adds a dose of positivity to our daily lives. Recently, we came across such good news that was all about humanity and relationships. It's a heartwarming story about a doctor and his patient, and we'd love to share it with you. The story his patient, and we'd love to share it with you. The story begins with a post shared by Dr. P Kamath on his Twitter handle. Dr. Kamath is the head of the cardiology department at KMC Hospital in Mangalore. In the post, he talks about one of his patients who gifted him a box of dry fruits during Ugadi (Telegu New Year).

According to the post, Dr. Kamath had been treating this patient for almost a decade. However, despite this long association, he had never taken any consultation fees from her, considering her low salary. It was the woman's last day at the bank where she worked as a helper when she presented the box of dry fruits as a

woman's last day at the bank where she worked as a helper when she presented the box of dry fruits as a token of gratitude for all the doctor's help. Dr. Kamath shared a picture of the dry fruit box and wrote, "Yesterday, after I had finished seeing all my patients, someone came into my clinic. She has been my patient for more than a decade and works as a helper in a bank. Knowing fully well her salary, I had never charged her for any consultations. She presented me with this jar of dry fruits and conveyed her Ugadi wish-es, saying that she had not come as a patient. Today is her last day at the bank, and she is grateful for all my help. "Take a look at the heartwarming pos below: Take help." Take a look at the heartwarming post below: Take a look at the heart-warming post:

betes can be controlled easily as Smelling stinky armpits may reduce social anxiety: Study

of social anxiety? Well, according to some Swedish researchers, smelling other people's body adour could be an effective anxiety therapy. According to a BBC report, they offer you. Scientists have been using ings at a medical conference in Paris this armpit sweat in their experiments and they have reportedly found that social anxiety can be reduced with the help of human "chemo-signals". The study was done by researchers from Karolinska

The researchers believe that smell activates brain pathways linked to emotions, which eventually offers a calming effect. But the study is in its initial stage and it is far too soon to say if they are right or For the study, the researchers asked volunteers to donate their armpit sweat while watching either a scary or a happy movie. Then they looked for 48 women who had social anxiety and asked them to sniff some of these samples, alongside receiving a more conventional therapy called mindfulness, which encourages people to focus on the present moment than replaying negative thoughts. Some of the women were given gen-

Some of the women were given gen-uine body odour to sniff, while others

were given clean air instead. Scientists say that those who were exposed to sweat appeared to do better with mind-fulness therapy. Lead researcher of the study. Elisa

Lead researcher of the study, Elisa Vigna, says, "Sweat produced while someone was happy had the same effect as someone who had been scared by a movie clip. So there may be something about human chemo-signals in sweat generally which affects the response to treatment."

Ramadan 2023: WHO guidelines on healthy fasting

amadan 2023: The spe-cial time of the year is almost here. The largest festival of the Islam community is slated to be celebrated. The holy month of Ramadan of the Islamic calendar is observed by Muslims all over the country by keeping fast from sunrise till

sunset.

After a month of fasting, Eidul-Fitr is celebrated. During
Ramadan, Muslims cannot have
food during the time between
sunrise and sunset. So, they
their fast by having a meal
before sunrise, and then break
their fast after sunset.
Traditionally the breaking of the
feat includes busine threa dates. fast includes having three dates, followed by a feast.

Ramadan will start



April 21, when the crescent moon is observed in the sky. As we gear up to celebrate a month full of festivities, here's a look at the fasting guidelines put for-ward by World Health in mind in order to stay healthy throughout the month: Drinking water:

The fasting starts with suhur a meal consumed before sunrise and ends with iftar - the feast

sunset. However, in between, we must remember to drink lots of meal called suhur right before

RAMADAN 2023: FROM AVOIDING SWEETS TO CONSUMING FRUITS AND VEGETABLES, HERE ARE A FEW THINGS TO KEEP IN MIND ABOUT FASTING DURING RAMADAN.

water and stay hydrated throughout the time, to give body the nutrients that it is missing out on.

Fruits: Consuming fruits and vegetables with more water content will help in hydrating the body and kenging it healthy.

body and keeping it healthy. Cool and shaded place: With

at least 15 to 16 hours of fasting. it is important to stay in a cool and shaded place to keep the body hydrated and healthy.

sunrise It is extremely important to incorporate vegetables, a serving of carbohydrates and protein-rich food to boost the

protein-rich food to boost the body with energy. Sweets: it is also recommend-ed to avoid consuming a large number of sweets after iftaar. Consumption of food items rich in fat should also be limited.

Fried food items: It is advised to use other methods of cooking than frying to keep the body healthy throughout Ramadan.

Diet for changing season: 6 superfoods for this spring

hanging season brings a lot of changes in the surroundings. Importantly, it also makes an impact on the body and many times trigger infections and viral fever reducing the immunity of a

person.

That is why when the season is turning a new leaf and now that the spring is around, it's time to include some special foods in your diet so that the changes do not affect your health.

Vitamin C-rich foods: Foods that are rich in Vitamin C like bell peper, orange, amla, cruciferous vegetables, and tomatoes are extremely good for health especially when the season is changing. You must include these foods in good amounts in your daily diet.

Servers's recentain inverses the varience and vitamin.

foods in good amounts in your daily diet. Sprouts: Sprouting improves the mineral and vitamin content in moong and matki. Sprouted moong is especially rich in manganese, phosphorus, magnesium, and vitamin K as well as antioxidants like zinc, iron, and copper that improve the defense mechanism of the body against bacteria and other diseases. Garlic: Garlic has a naturally occurring chemical called allicin that has anti-fungal and anti-bacterial properties and hence helps fight viruses and bacteria. Thus, con-suming garlic daily cuts down the risk of getting the flu or cold.

Yogurt: Fermented natural probiotics like yogurt boost immunity with their good bacteria content thereby help-ing in improving the body's immunity and keeping you safe from flu.

Fast and spurious: Why kuttu atta sends so many to hospital every year

By India Today News Desk: For 65-year-old Anita Thakur kuttu ka atta is the go-to ingredient during the Navratras when most members of her family fast. She lovingly prepares puris, tikkis and halva from buckwheat flour.

Anita Thakur loves crispy puris and that is the reason she only for

and that is the reason she opts for kuttu ka atta and mixes it with singhare ka atta (water chestnut flour) Puris from just singhare ka atta aren't that crispy.

Kuttu ka atta or buckwheat flour is

Kuttu ka atta or buckwheat flour is one of the popular food ingredients of people fasting during the Navratras. It is especially popular in and around Delhi. In other places, the popular choice is singhare ka atta or water chestnut flour

Though a good source of fibre, pro-tein, vitamins and minerals, adulterated and old buckwheat flour is behind hospitalisation of hundreds of people every year.

At least 350 people fell sick in



Harvana's Sonipat on Wednesday Haryana's Sonipat on Wednesday after eating food prepared with kuttu atta or buckwheat flour on the first day of Navartai: People were hospitalised in UP's Modinagar too. Every year, around this time of the year, hundreds of people fall sick and have to be hospitalised due to consuming old or adulterated kuttu atta.

Buckwheat flour is made from the Buckwheat flour is made from the seed of a flowering plant and the plant doesn't belong to the grass family. Most cereals belong to the grass family. Buckwheat isn't a popularly cultivated crop in India. The reason it is so popular as a fast-ing food among Hindus is that it isn't a cereal. People traditionally avoid

cereals during fasts.

In 2020, world production was 1.8
It is suspected that they had fallen million tonnes, led by Russia with sick after eating food made from 49% of the world total, followed by China with 28% and Ukraine with Buckwheat flour is made from the Buckwheat flour is used only during the Narvartars and is in high demand then. So, shopkeepers and

KUTTU KA ATTA OR BUCKWHEAT FLOUR IS POPULAR AMONG PEOPLE WHO FAST DUR-ING NAVRATRI. BUT WHY DOES FOOD FROM BUCKWHEAT FLOUR SEND HUNDREDS TO HOSPITAL EVERY YEAR? IS IT JUST ADULTERATION OR SOMETHING ELSE?

5%, according to a report by UN agency FAO.

The hulled kernels, or groats, are cooked and served much like rice. Buckwheat flour is used, alone or mixed with wheat flour, to make griddle cakes called buckwheat fakes in the US and Canada, according to Britannica. Around 350 people flex isk in Haryana's Sonipat after eating food prepared with buckwheat flour on Wednesday. People were hospitalised in UP's Modinagar too with symptoms of dehydration, ahdominal pain and diarrhoea after eating kuttu atta food. According to doctors, all of

seed of a flowering plant and the plant doesn't belong to the grass family. Fating old and adulterated buckwheat flour is used, alone or ked with wheat flour, to make didle cakes called buckwheat cakes the US and Canada, according to the US and Canada, according to the use of the US and Canada, according to the US and the patients of the plant of the patients of the patients of the US and the patients of the pa

after eating food from kuttu atta or buckwheat flour. Other than adulteration, problems are also caused due to old stocks of buckwheat flour. "The shelf life of kuttu atta is generally between two and three months,"

dealers store it and the flour becomes dealers store it and the flour becomes old," said Dr. Anurag Sethi. "There is absolutely no problem in consuming kuttu ka atta which is fresh and unadulterated," said Dr. Anurag Sethi. To preserve the quality of kuttu atta, it should be kept away from direct sunlight and moisture. The shelf life of buckwheat flour can be maintained by keeping vi in the

maintained by keeping it in the fridge. Buckwheat flour is dark brown in colour. In the case of adulteration, it might have gray or a light green colour. It is also difficult to bind and knead adulterated kuttu atta into

FOR CONVENIENCE OF PATIENTS AND THEIR ATTENDANTS

J&K Bank installs mobile charging stations at three hospitals under CSR

SRINAGAR, MARCH 27: Under its Corporate Social Responsibility, J&K Bank has dedicated 45 Mobile Charging Stations for public utility at three hospi-tals in Srinagar. These charging Terminals have been set-up for the convenience of patients and their attendants visiting these hospitals.

these hospitals.

The Bank's Zonal Head Srinagar, Shabir
Ahmad and Medical Superintendent
SMHS Hospital Dr Muzaffar Ahmad
Zargar today dedicated these device Zargar today dedicated these device charging stations to public formally at SMHS Hospital in presence of officials from Bank and the hospital. Pertinently, under the initiative, the Bank has also installed these charging stations at Children's Hospital Benina and Lal Ded Maternity Hospital, the other two associated hospitals of GMC, Srinagar.

Speaking on the occasion, Zonal Head Shabir Ahmad said, "The situations of vis-



iting a hospital occur unexpectedly and more often than not, the patient or the attendant are caught up in a situation where the battery runs out and phone is rendered useless.", adding, "Taking cog-

nizance of such an exigency, J&K Bank as to set up these charging stations inside these hospitals for we believe they can

to both the patients and attendants going through such situations". Besides lauding the Bank's role in socio-economic development of J&K, Dr Muzaffar Ahmad Zargar thanked the Bank for providing these terminals under CSR. "Since mobile phones have become CSR. "since mobile phones have become key means of communication, these charging stations will provide much-needed relief to patients and their atten-dants facing difficulty in keeping their mobile devices charged during their stay in the hospital", he said. Notably, the charging stations can be used to charge multiple mobile phones at a time and provide variety of cords that sait widely used handsets.

suit widely used handsets.

Placed perfectly throughout the hospi-

tals with a focus on waiting areas where patients and visitors usually spend most of their time, these stations offer easy and convenient charging facilities to the peo-ple for their electronic devices while in hospital.

Labour Deptt Ganderbal disburses 9.19 lakh among beneficiaries



JI NEWS SERVICE

GANDERBAL, MARCH 27: Additional Deputy Commissioner Ganderbal, Mehraj-ud-Din Shah in pres-ence of Assistant Labour Commissioner, Ganderbal dis-bursed an amount of 8s 4.10 lakh under Death Assistance Scheme to the dependents of two construction workers and an amount of Rs 509500 was also disbursed among the 70 construction workers under Lower Education Assistance scheme benefitting 127 children.

DC Ramban inspects progress on NH-44 four laning project

JI NEWS SERVICE

RAMBAN, MARCH 27: Deputy Commissioner, Mussarat

RAMBAN, MARCH 27: Deputy Commissioner, Mussarat Islam visited National Highway 44 to inspect various construction sites for the four-lane project. This included the Ramban Fly-Over, which will bypass the Ramban market. Representatives of the construction companies informed the DC about the progress of the highway and fly-over works. The DC instructed them to expedite the construction of the Ramban Fly-Over to ensure its completion within the given timeline.

The Denuty Commissioner stated that the District of the property of the progress of the property of the propert

The Deputy Commissioner stated that the District Administration is working tirelessly to ensure that the Jammu-Srinagar National Highway four-lane project is completed without delay

DECC Udhampur organises awareness, counselling sessions for unemployed youth

UDHAMPUR, MARCH 27: The District Employment & Counselling Centre organised awareness and counselling sessions at Government Degree College Majalta, Government Degree College Ramnagar and BDO Office Government Degree College Ramnagar and BDO Office Ramnagar. The sessions focused on career counselling and self-employment schemes such as Mission Youth Schemes and schemes run by other departments including PMEGP, Handicraft, Handloom, Fisheries, Agriculture, Horticulture and Animal Husbandry. More than 300 unemployed youth participated in the programmes. Deputy Director Employment, Anshuman Singh; Employment Officer, Sh Imtayaz Ali and Career Counselling Officer, Navdeep Kour urged the youth to take advantage of the self-employment schemes run by different departments in the district.

ferent departments in the district

The youth were informed about quarterly job fairs conducted by the Employment Department and on-spot registration for JK Employment & NCS Portal was also done.

Doda: 9th NCORD meeting held to combat drug abuse



JI NEWS SERVICE

DODA, MARCH 27: District Magistrate, Vishesh Mahajan chaired the ninth district-level Narco Coordination Centre (NCORD) committee meeting to discuss measures for a drug-free district. Senior Superintendent of Police, Abdul Qayoom briefed members on achievements and strategies. A list of suspected drug peddlers and addicts has been made and put under surveillance.

He called for strict legal action and the use of Village Defence Groups for surveillance and informed that an SPO has been booked under the NDPS Act 1985.

has been booked under the NDFS Act 1985.

The DM directed educational institutions to check students for drug addiction and send addicts to rehabilitation centres. More breath analysers will be purchased and 2000 drug test kits introduced in schools and police agencies, he assured. The DM urged officers to send timely action taken reports on previous decisions and take the campaign seriously. Tehsildars were asked to use drones and Google Maps to locate illegal cultivation.

The DM emphasised awareness activities and directed departments to start campaigns in people colleges.

departments to start campaigns in schools, colleges, and public places. Prabhari Officers were asked to focus on educating school children about the dangers of drugs.

Udhampur administration organises 'No to Drugs' walkathon, awareness rallies

UDHAMPUR, MARCH 27: To raise awareness among the general public, particularly young people, the district administration, in collaboration with Mission Youth J&K and Department of Social Welfare, organised a series of activities including a walkathon and rallies with the theme "No to Drugs" today.

today.

The rally was flagged off from the DC Office Complex by Deputy Commissioner, Krittika Jyotsna. Scores of young people from various schools and colleges, members of youth clubs in the district, staff, officers and officials from various allied department took act in the allied departments took part in the

Speaking to the media, the DC Speaking to the media, the DC advised the youngsters to chan-nelise their energy into positive pur-suits such as studying, sports and physical exercise. She praised the efforts of allied departments in organising this mega youth carnival and said that such events should be held regularly to channel the energy



schemes for youth awareness and educated them about government schemes run under CSS and by the

of young people. Jyotsna also advised young people to lead healthy lifestyles to remain stress-free and focused on their goals.

During the Mega Youth Carnival, various government departments shout different gisplayed banners about different processing of the proc Kanika Gupta besides other officials were present in the culmination cer-emony.

Special teams launch intensified Market checking drive across Ganderbal district

GANDERBAL, MARCH 27: Special teams of District Administration Ganderbal today launched intensified Market checking drive across the district.

The drive was conducted on the directions of Deputy

Market checking drive across the district.

The drive was conducted on the directions of Deputy Commissioner Ganderbal, Shyambir to curb the hoardings and profiteering in Ganderbal markets.

The checking squad under the supervision of Assistant Director FCS&CA Ganderbal, Dr. Naseer Ahmad Baba conducted an intensive market checking in main town and booked several erring shopkeepers found failing to maintain the quality of food items, not displaying rate lists of essential commodities, selling expiry products, besides indulging in practices of illegal profiteering and sale of underweight products. During the market checking fines were imposed on the erring shopkeepers and rotten vegetables and other items were destroyed on the spot.

Meanwhile, joint team of revenue, food, legal metrology, MC Ganderbal and police conducted market checking in main markets of town and fine of Rs, 1200 was realized from erring shopkeepers. Further rotten vegetables were destroyed on spot and shopkeepers were directed to display govt approved rate list.

list.

Similarly, intensified market checking was also conducted in Kangan Sub-Division where joint teams including revenue, police,egal metrology, food safety and CAPD imposed a fine of Rs 3800 from erring shop-

DDC Rajouri reviews progress of SAMAGRA Shiksha, District Capex Budget

RAJOURI, MARCH 27: District Development Commissioner, Vikas Kundal held a meeting with concerned officers to review the progress of works under the SAMAGRA Shiksha under the SAMAGRA Shiksha programme and District Capex Budget in the district. During the meeting, Kundal sought a detailed report from the



officers on the physical and financial progress of works under Samagra Shiksha, District

Capex Budget, UT Capex, DDC, BDC and PRI grants. The officers briefed him on the current status

of these projects.

Kundal instructed the officers to speed up their progress to complete the projects within set deadlines while maintaining quality for better longevity. He

made it clear that no laxity would be tolerated. He also instructed them to swiftly resolve any bottlenecks hamper-ing developmental projects to ensure smooth execution of works. Kundal also asked for proposals for the repair and ren-ovation of unsafe school build-ings to be included in the plan. The meeting was attended by Chief Planning Officer, Mohammad Khurshid; Chief Education Officer, Sultana Cusser, District Information

Kouser: District Information Officer, Narinder Kumar; ExEn PWD (R&B) Rajo

Ramban: Animal Husbandry Department organises awareness camp, Calf Show

RAMBAN, MARCH 27 RAMBAN, MARCH 27:
Department of Animal
Husbandry organised an
awareness camp at
Kowbagh today. District
D e v e l o p m e n t
Commissioner, Mussarat
Islam was the chief guest on the occasion.

the occasion.

District Sheep
Husbandry Officer, Dr.
Vikas Gupta, PRIs, 85 animal breeders including
female farmers attended the

Chief Animal Husbandry
Officer, Suhail Jan Kawoosa
and Panchayat Education
Officer, Sajad Ahmad
Bakshi were the main
speakers. They informed the public about govern-ment schemes such as the Holistic Agriculture Development Programme and Integrated Dairy Development Scheme. They also encouraged unem-ployed youth to take advan-



tage of these schemes to generate sustained liveli-hoods.

The public was informed The public was informed about the benefits of Artificial Insemination using Frozen Semen Technology and the Sex Sorted Semen scheme for the second of the se genetic improvement of local cattle breeds. They were encouraged to use Sex Sorted frozen semen tech-

Sorted frozen semen technology from nearby Veterinary Centres for Artificial Insemination.

To boost local milk production, farmers were given free medicines, mineral mixtures and calcium. They were also informed about other beneficial schemes such as Kisan Credit Cards and Livestock Insurance. and Livestock Insurance.

UPHC Batamaloo in Srinagar District wins Kayakalp Award

SRINAGAR MARCH 27:-The Urban Primary Health Centre(UPHC) Batamaloo in Srinagar District has been selected District has been selected for the Kayakalp Award in the category of UPHCs for promoting cleanliness, Hygiene and Infection Control practices in Public Health Care from Jammu and Kashmir this year. The UPHC Batamaloo tops in External Assessment(EA) of UPHCs by obtaining the UPHC Batamaloo tops in External Assessment(EA) of UPHCs by obtaining the properties of the proper of UPHCs by obtaining the highest EA score of 87.22 among all 20 Districts of J&K for the year 2022-2023 for show-

year 2022-2023 for show-ing exemplary perform-ance in adhering to stan-dard protocols of cleanli-ness and infection control. The Kayakalp Awards are given annually to the Health facilities with the highest standards of sani-

tation, hygiene and bio-medical waste manage-ment. The Kayakalp Award started in 2015 Commissioner Srinagar, with the aim of encourag-ing and incentivising said that the sincere public health facilities in practices. Commenting on the Award, the Deputy Commissioner Srinagar, Mohammad Aijaz Asad said that the sincere efforts and hard work put in by our dedicated staff of UPHC Batamaloo have been recognised. the country to demonstrate their commitment to cleanliness, hygiene

IGR J&K changes Helpline number from 0194-3575911 to 0194-3100104

JI NEWS SERVICE

SRINAGAR, MARCH 27: The general public of Jammu and Kashmir are informed that the office of Inspector General of Registration (IGR), J&K has changed the Helpline number from 0194-3575911 of 1094-3100104. The helpline was recently estab-lished by IGR office for facilitation of general pub-lic to nesister their complaints and nurses and for lic to register their complaints and queries and for seeking response and guidance on various issues related to document registration during office hours. The citizens of J&K are therefore informed that they should contact the IGR office on above mentioned helpline number for any future queries.



tour to district Kishtwar to conduct Nidhi Aapke Nikat, a public hearing cum awareness programme for EPF beneficiaries and stakeholders. The aim was to

EPF beneficiaries and stakeholders. The aim was to ensure broad-based participation, awareness, grievances redressal, and information exchange closer to EPFO stakeholders.

About 200 participants including district officers, employees and employers of various establishments, private schools, NHIDCL, and HEPP participated in the outreach programme. During the programme, the majority of grievances of EPF beneficiaries were addressed on spot. The PF Commissioner provided handholding support to stakeholders and heard their suggestions, inputs and grievances. A detailed insight into various provisions of EPF schemes 1955 and 1995 was siven to participants. The role and responsibilities into various provisions of EPF schemes 1955 and 1959 was given to participants. The role and responsibilities of principal employers and significance of related online portal were also discussed. Issues and problems faced by various organisations in implementing the EPF & MP Act 1952 were heard, and necessary actions taken accordingly.

Govt. Hospital Gandhi Nagar, Community Health Centre Katra among 175 facilities of J&K to bag Kayakalp Awards 2022-23

JAMMU | TUESDAY, MARCH 28, 2023

JAMMU, MARCH 27: Under "Kayakalp Awards to Public Health Facilities" 2022-23, a total of 175 facilities have qualified for Awards under NHM, J&K.

Among the top winners, Govt. Hospital Gandhi Nagar has bagged winner award among the District Hospitals and CHC Katra has bagged winner award among the Community Health Centres.

Community Health Centres.

Pertinent to mention that under
the Swachh Bharat Mission for promoting Cleanliness Hygiene and
Infection Control in the public
Health Facilities (District Hospitals/
Community Health

Community Health
Centres/Primary Health Centres/
Urban Public Health Centres),
Government of India givesawards to those public health facilities that demonstrate high levels of cleanli-ness, hygiene and infection control

ness, hygiene and infection control after being qualified the three tier Assessment process as per the guidelines, named as Kayakalp Awards.

Mission Director NHM J&K, Ayushi Sudan, while giving details, informed that a total of 4 District Hospitals, 23 CHCs, 56 PHCs, 7 UPHCs and about 85 Health &

Wellness Centres have qualified Wellness Centres have qualified Kayakalp criteria as per the Govt of India guidelines and Checklist. The award and the incentive involved with the Kayakalp motivates the health care staff to improve the cleanliness indicators and sustain those standards in the health care facilities. Kayakalp award schem not only encourages the Public Health Facilities to maintain cleanli-ness, but also creates a healthy comness, but also createsa healthy competition among the public health facilities, which further improves and enables environment for improving the quality of care, she

Ayushi said that over the years, the UT of J&K has observed a progressive progress under Kayakalp in the cleanliness of the public health facilities and it is because of the behaviour change and acceptability of Kayakalp among the Public Health facilities of the UT.

The impact of Kayakalp over the years could be observed by the percentage improvement of the qualified facilities under Kayakalp over

fied facilities under Kayakalp over

the years. During the year 2022-23, there is about 58% improvement in the qual-ified facilities over the previous

NSS GDC Khansahib started a national survey on youth

JI NEWS SERVICE

SRINAGAR, MARCH 27: Under the supervision of Regional Director NSS, Ministry of Youth Affairs & Sports, GOI, NSS volunteers of GDC Khansahib started a three day survey on youth at the adopted village of Katch, Khansahib.

In this regard, an inaugural ceremony was held at college campus, wherein volunteers were provided with necessary stationary items for conducting the survey.

Dr. Nargis Bano, Principal of the institution, conveyed her best wish-

Dr. Nargis band, Frincipal of the institution, conveyed her best wish-es & appreciated the role of NSS for its proactive role. Prof. Zaffar Shadad Khan, Staff Secretary, highlighted the importance of surveys in social science research.

Reasi: Poshan Pakhwada Week celebrated in Talwara



REASI, MARCH 27: A program celebrating "Poshan Pakhwada Week" was organised by Poshan Project Pouni in panchayat Talwara under Mission Shakti on the directions of District Social Welfare Officer Reasi today. The program was attended by Panchayati Raj representatives, Child Development Project Officer, Sushma Kohli, Anganwadi Workers, Anganwadi Helpers, Iactating mothers and local women.

ers and local women.

The public was informed about women-centric schemes all over the country such as the old age and widow pension un country such as the old age and widow pension schemes, Sukanya Samridhi Yojana, loan facilities from different departments and Pradhan Mantri Matru Vandana Yojana scheme.

rogata scheme.

Pamphlets and gifts were distributed among beneficiar
ies of baby girls and their names were enrolled for Sukanya
Samridhi Yojana. Women's grievances were also noted for
early redressal.

District Level Neighbourhood Youth Parliament programme held at Udhampur



UDHAMPUR, MARCH 27: Nehru Yuva UDHAMPUK, MARCH 27: Nentri Yuva Kendra Udhampur, Ministry of Youth Affairs & Sports, Government of India organised a District Level Neighbourhood Youth Parliament at Riwaayat. The objec-tive was to celebrate India's G20 presidency, International

tive was to celebrate India's G20 presidency, International Year of Millets and Mission LiFE.

The event was attended by DDC Councillor, Puran Chand as chief guest and Assistant Labour Commissioner, Pradyot Gupta as guest of honour. Superintendent ITI, Er Naresh Singh was a special guest.

District Youth Officer, Khushal Gupta welcomed the guests and participants and explained the objectives of the event. Lectures were given by resource persons Utam Singh Albela on G20 and its presidency by India and Prof Sanjay Kumar on International Year of Millets and Mission LiFE.

Young participants spoke and gave their views followed

Young participants spoke and gave their views followed by cultural performances by students. Puran Chand appre-ciated the initiative by Nehru Yuva Kendra and called for regularly organising such programs for information dis-

semination.

Pradyot Gupta spoke about government initiatives for uplifting the marginalised and poor, giving detailed explanations of schemes for youth.

More than 1000 participants attended the program anchored by NYK Volunteer, Barsha Sharma and Chairman of Bhartiya Kala Manch, Deepak Kumar. The programme ended with the distribution of certificates and presented to participants. mementos to participants.

KVIB Reasi organises awareness programme for unemployed youth



REASI, MARCH 27: The Jammu and Kashmir Khadi and Village Industries Board (KVIB) organised a district-level awareness programme in Talwara today. The aim of the event was to educate and sensitise unem-

ployed youth in the area about the various self-employ-ment schemes offered by KVIB and other departments. Sarpanch Talwara village was the chief guest at the

out a value of the court of the

Doda administration plans afforestation, other campaigns against plastic use from April

DODA MARCH 27 Deputy Commissioner, Vishesh Mahajan held a meeting with members of the District Environment Committee to review the implementation of District Environment Plan here today. During the meeting, it was decided to plant trees on the bank of Bhaderwah Nallah and around all water bodies in the district. Intensive campaign against single-use plastic below 120 microns was also planned. It was District Environment Plan was also planned. It was decided that the Pollution Control Department and other stakeholders will for polythene twice a week at Assar Naka. carry out random checks

for polythene twice a week at Assar Naka. The District Mineral Officer informed that e-bidding for mining mineral leases is in progress and that they have intensified their crackdown on illegal mining. The DC ordered the creation of a plan to reduce the harmful effects. reduce the harmful effects of construction and demolition waste on the environ-

cussed actions taken regarding solid waste management, domestic management, plantation drives, medical waste and

bio-medical waste. They urged educational institu-tions to undertake creative activities on cleanliness and waste management to protect the environment for future generations.

Power shutdown

JI NEWS SERVICE

JAMMU, MARCH 27: Superintending Engineer, O&M Circle Jammu, JPDCL has informed that the power supply to Nanak Nagar, Railway Complex and their adjoining areas shall remain affected on March 28 from 10 am to 2 pm.

March 28 from 10 am to 2 pm.

Meanwhile, the Superintending Engineer (Distribution) JPDCL, 0&M Circle Kathua has informed that the power supply to CTM Factory, GMC, Chackludan, Godrej Factory and Industries under SICOP lst and SIDCO shall remain affected on March 28 and 29 from 8 am to 1 pm.

Director School Education Jammu inaugurates enrollment drive at GHS Ghagwal



SAMBA, MARCH 27: Enrollment drive for the academic session 2023-24 was formally inaugurated at Government High School Ghagwal by Director School Education Jammu, Dr Ravi Shanker Sharma, here today. Joint Director, HR

Joint Director, HR
Pakhroo; Chief Education
Officer Samba, Kewal
Krishan, Principals,
Headmasters and teachers
of district Samba were also

by the chief guest and a welcome address by CEO Samba. A short cultural programme was also organised. The Director highlight-

ed various schemes for the benefit of students in gov-ernment schools. He said ernment schools. He said that enrollment will be conducted by all heads of institutions in all govern-ment schools and asked teachers to strengthen their efforts to further uplift the standards of . ducation in government

The Joint Director said that more focus should be placed on pre-primary and primary schools to make a strong foundation.

CEO said that the enrollment drive will make the general public aware of the various benefits prothe various benefits pro-vided to students in government schools.

New students namely Saraswati, Jamuna, Simran, Ganga, Yamuna and Muskan were admitted for the upcoming ses-

DC Kishtwar interacts with Class 8th toppers

teachers of respective

schools and about 250 stu

dents from government and private schools partici-pated in the session.

and private schools participated in the session.

During the interaction, Dr Yadav congratulated the toppers and other students who qualified for the board exam and asked about their future plans.

He shared his own experi-ences from school and



JI NEWS SERVICE

KISHTWAR, MARCH 27: interaction session with Class 8th board exam top-pers at the district headquarters today.

Chief Education Officer, Sudarshan Kumar Sharma: Dy CEO, Tirath Lal, par-ents of toppers; escort encouraged students to work hard and strive for Dr Yadav emphasised

Dr Yadav emphasised the importance of educa-tion and urged students to continue working hard. He assured them that the district administration would provide support to help them achieve their goals.

The toppers shared their experiences of preparing for exams and spoke about their aspirations. They pressed gratitude to their rents and teachers for their guidance and sup-

their guidance and sup-port.

The interaction session was appreciated by all as an opportunity for stu-dents to gain inspiration and motivation.

The district administra-tion plans to hold similar exessions in the future to

sessions in the future to encourage students to excel in their academic pursuits.

Udhampur: Krishi mela cum exhibition held at Panchari



JI NEWS SERVICE

UDHAMPUR, MARCH UDHAMPUR, MARCH 27: Department of Agriculture and Farmers' Welfare, organised a Krishi Mela Cum Exhibition at Panchari under the submission on Agriculture Extension (ATMA). The aim was to make farmers. Self Help make farmers, Self Help Groups (SHGS), and entrepreneurs aware of the Holistic Agriculture Development Plan as envisioned by the Prime ernment. More than 300 farmers attended the

Chairman District Development Council Udhampur, Lal Chand was the chief guest and praised the department for implementing farm-ers' welfare schemes. He was accompanied by Chairman Block Development Council, Development Chairman Block Development Council, Jeevan Sharma; Member District Development Council, Jasvir Singh and

Representatives

their activities and mis sion for the farming com-

Chief Chief Agriculture
Officer, Sanjay Anand,
presented a welcome and
keynote address highlighting schemes to
empower the farming vegetable seeds and spray pumps were dis-tributed among farmers.

community. Incharge AEO Mansar, Dr Satvir Singh Sudan conducted proceedings of the Mela. Vegetable seeds and

allied departments installed stalls displaying

EPFO organises "Nidhi Aapke Nikat" to resolve Provident Fund related issues of employees in Bandipora.

JI NEWS SERVICE

BANDIPORA, MARCH BANDIPORA, MARCH 27: Employees Provident Fund Organization (EPFO) in collabora-tion with District Administration Bandipora on Friday organised "Nidhi Aapke Nikat" programme in Bandipora as part of district out-

reach and awareness programme. Deputy Commissioner Bandipora Dr Owais Ahmad presided over the Dr Owais Animau presides of the programme in presence of M A Hakak Nodal Officer Coordination Bandipora,

Officer Coordination Bandipora, ALC and other senior officers.

Officials said the program aimed at providing handholding support to the stakeholders including employees as well as employers besides hearing their suggestions, inputs and pringrances.

besides hearing then supportinguists and grievances.
Experts said issues and problems faced by the organizations in implementing the EPF and MP Act. 1952 were heard, and necessary actions to the problems accordingly. "UAN were heard, and necessary actions were taken accordingly. "UAN Activation. Bank and Aadhaar Seeding, filing of online claims, fil-ing of e-nominations, e-sign, filing ECR were explained with hands-on demonstration in the programme". The stakeholders, including



and employers, were informed about the different benefits of the schemes and the procedure to avail the benefits. DC Bandipora Dr Owais was present in the inaugural session of Nidhi Aapke Nikat and thanked CPFC for such a novel initiative. During the programme, several grievances were redressed online where a process was set in motion for redres-sal of several other grievances.

DRAC approves 9 rent assessment cases at Bandipora

JI NEWS SERVICE

BANDIPORA, MARCH 27: The District Rent Assessment Committee

DANJITUKA, MAKLH 27: The District Rent Assessment Committee (DRAC), which met here on Friday under the chairmanship of Deputy Commissioner, Dr Owais Ahmad, approved nine rent cases.

The rent cases pertaining to Handicrafts, Sheep and Animal Husbandry, Security Forces, Food I, Civil Supplies and Consumer Affairs were approved by the Committee.

The Committee discussed the fixation of rent of various structures in which various government offices are functioning.

Counseling Prog for CUET-UG aspirants held at Govt Degree College Kupwara

JI NEWS SERVICE

SRINAGAR, MARCH 27: One-day counseling pro-gram for the aspirants of CUET-UG 2023 was held at

gram for the aspirants of CUET-UG 2023 was held at Govt Degree College Kupwara. The program aimed to provide guidance and infor-mation about the CUET (UG) admission process, col-lege activities, and other relevant details to the prospective candidates. Prof. Mohammad Shafi Lone, the Principal of GDC

Kupwara welcomed the participants and emphasized on the importance of the counseling program to help aspirants to take decisions about their future.

Dr. Mehraj Ud Din Sheikh, Head of the Department of Education, gave a brief background of the program, highlighting its objectives and expected outcomes. A video presentation showcasing the college profile and various activities undertaken by the institution

and various activities undertaken by the institution was also played.

Dr. Aabid Hussain Naik, the Convener of the College Admission Committee, then explained the CUET (UG) registration process, including the eligibility criteria, application procedure, and important dates.

The presentation was followed by a question answer session, where the participants raised their gueries and concerns

queries and concerns.

Dr. Mehraj Bashir, the Convener of the Counseling
Cell, moderated the Q&A session and addressed the
participants' doubts and queries.
Finally, Prof. G. R. Ganie, the Head of the
Department of Zoology, delivered the Vote of Thanks.
He expressed his graittude towards the speaker,
participants, and organizers for their efforts and contribution towards making the counseling program a
success.

AS College organises a mega plantation drive on World Arbor Day



JI NEWS SERVICE

SRINAGAR, MARCH 27: Amar Singh College, Srinagar

SRINAGAR, MARCH 27: Amar Singh College, Srinagar organised a mega plantation drive on the eve of World Arbor Day under the slogan "Each one plant one" in the campus here today.

The main objective of this programme was to make students aware about importance of plants in maintaining ecological balance. This drive was particularly dedicated to G20 for the well being of mother earth so that humanity can thrive in a safe future. G20 has prioritized plantation of all varieties or plants in order to focus on arresting land. of all varieties of plants in order to focus on arresting land degradation, ecosystem restoration and climate sustainability. This programme was part of Green Campus Initiative flagged by Principal Prof. Bashir Ahmad Rather who inaugurated the event by planting a sapling in college campus. Faculty members, non-teaching staff members and students participated in the plantation drive with great enthusiasm by contributing their own saplings and planted different kinds of plants which include confiers, medicinal plants, ornamental plants and fruit trees in different parks of the College.

Some of the important plants that were planted in the botanical garden include Petunia, Rosa, Abrratia, Monestra, Thuja, Eunomyous etc. degradation, ecosystem restoration and climate sustain

Training Prog on "Promotion Of High Density Plantation & Rejuvenation of Orchards" started in Budgam



JI NEWS SERVICE

BUDGAM, MARCH, 27: District level training programme on "Promotion of High Density Plantation and Rejuvenation of orchards" was inaugurated by Dr. M [qbal Baba, Chief Horticulture Officer Budgam at Sheikh-alam-

The programme KVK Budgam. Dr Kursheed Zargar, Assistant Prof. KVK; District Horticulture Officer Mr. Altaf Maldayal; District Subject Matter Specialist, Masarat Jabeen and Horticulture Subject Matter Specialist, Masarat Jabeen and Horticulture Development Officers along with officials attended the said programme. On the occasion, PPP was given by the experts on the subject. During the programme, emphasis was laid on the production of quality planting material, employment generation to boost the economy of the UT Jammu and Kashmir. The main aim the training pro-gramme was to take technology to ground level in order to double the economy of farmers and to have inclusive sus-tainable horticulture development.

DC Bandipora calls for strict action against illegal mining



JI NEWS SERVICE

BANDIPORA, MARCH 27: Deputy Commissioner Bandipora Dr Owais Ahmad on Monday directed the con-cerned law enforcing agencies to keep a close vigil on ille-gal mining in the district and strictly deal with such illegal

activities.

He said this while chairing a meeting to discuss the issues with regard to the mining in the district.

The meeting was attended by nodal officer coordination Bandipora, Additional Deputy Commissioner Bandipora Waseem Raja, Assistant Commissioner Revenue Parvaiz Rahim, Joint Director Planning Intivia x Ahmad, Divisional Forest Officer, District Mineral Officer and other senior officers of the district. officers of the district.

During the meeting, officers informed the chair about various issues with regard to the mining. On spot direc-tions were passed with regard to the resolution of these

Dr. Owais directed the officers of different department

Dr. Owais directed the officers of different departments to work in close coordination for better results and early completion of tasks.

He stressed on a strict ban on illegal mining and urged the officers, especially Tehsildars and Mineral Officers, to keep a close watch on their respective areas, especially in the Sumbal Sub division.

During the meeting, DC Bandipora directed the officers to identify state land for extraction of mineral material needed for government works. He directed officers to

ensure proper permissions and adherence to mineral and mining rules even for the developmental projects.

DC Shopian Chairs DLIMC meeting, reviews "Computerization of PACS"

SHOPIAN, MARCH, 27:- To review SHOPIAN, MARCH, 27: 10 review the implementation of Centrally Sponsored Project "Computerization of Primary Agriculture Credit Societies" (PACS), the 2nd meeting of District Level Implementation and Monitoring Committee (DLIMC) for Shopian was

Committee (DLIMC) for Shopian was held under the Chairmanship of the Deputy Commissioner (DC) at DC Office here today?

The meeting discussed threadbare various aspects with regard to identification of Primary Agriculture Credit Societies (PACSs) of Shopian district to be recommended to State Level Implementation & Monitoring Committee (SLIMC) for computerization under Centrally Sponsored Project for Computerization of Primary Agriculture Credit Societies (PACSs).

Addressing the meeting, the DC directed concerned officers to start work on all Primary Agriculture Credit Tocity Start Work on all Primary Agriculture Credit work on all Primary Agriculture Credit Tocity Start Work on all Primary Agriculture Credit Start Work on the Primary Agriculture Cre

directed concerned officers to start work on all Primary Agriculture Credit Societies in the district and keep regular monitoring. He said the scheme has an extremely bright future and needs to focus on it with other desirations.

ed dedication.

The DC stressed on proper implemen-tation of all need-based schemes in vogue in a time bound manner as per laid down specification and guidelines. He asked the concerned officers to monitor the recom-mended PACS as selected by the commit-

tee.

The DC further said that all the pro-curements shall be made in accordance with Standard Operating Procedures,



besides exhorted upon the officers to ensure the proper training under PACs for existing Societies and also took a detailed overview of the key components

of the Project.

The DC advised the Cooperative department to ensure maintenance of records of PACS to facilitate the comput-

Among others, the meeting was attended by Additional Deputy Commissioner, Shopian, Yar Ali Khan, DDM NABARD, Rouf Ahmed, Dy? Registrar Cooperative Societies, Mr Intikhab Hussain Din, General Manager, ACC Bank and PACS Development Officer. others, the meeting was attend-

Congress needs to do some serious introspection instead of melodramatics: BJP

NEW DELHI, MAR 27: The BJP on Monday slammed the Congress, asking it to "do serious introspection" and ponder over what is acceptable in a political and legal system. Union Minister Hardeep Singh Puri's comments came amidst esca-

Singh Puri's comments came amidst esca-lated agitation by the Congress over the disqualification of Rahul Candhi from Lok Sabha and the Adani issue.

They really deserve to do some serious introspection," Puri said when asked about the Congress observing 'black day' on Monday, a day after their party's Satyagraha' protests at the Rajipat.

"You know the lines of propriety, what is acceptable in the political system the

is acceptable in the political system, the legal system. He (Rahul Gandhi) has been legal system. He (Rahul Gandhi) has been convicted by a court. Then, there are auto-matic procedures," he said, alluding to Rahul Gandhi's disqualification as a Lok Sabha MP after being convicted by a Surat court for his remark in 2019. "And, then to bring in this kind of melo-dramatics? I mean people of India will judge them for what they are," the minis-ter added. Puri also slammed the Gandhis for invokine Lord Ram and Savarkar in for invokine Lord Ram and Savarkar in

for invoking Lord Ram and Savarkar in their arguments. "The other day he said 'I their arguments. The other day he said 'I will not apologise because I am not Savarkar'. Do you know the contribution of people like Savarkar ji'. You are getting, as I said, getting an **s to run a horse's race,' he told reporters in Parliament complex. With Opposition MPs continuing with their protest in Parliament complex. By members also staged a counter protest over the alleged insult to Savarkar and OBC by Gandhi Information and OBC by Gandhi. Information and Broadcasting Minister Anurag Thakur said Rahul Gandhi cannot be "Veer Savarkar" even in his "best dreams" as the freedom fighter never stayed abroad for months together neither he sought help from foreigners against his own country

It requires strong determination and love for the country to become V D Savarkar, he added. "Rahul Gandhi very

Savarkar, he added. "Rahul Gandhi very rightly said that he wasn't Savarkar," Union Minister Gajendra Singh Shekhawat said.
"If Rahul actually wishes to know Savarkar, then he must go to the Andaman Jail and spend time there to realise who Savarkar actually was and the kind of sacrifices he made," he added.

Linion Minister for Culture G. Kishan.

Union Minister for Culture G Kishan Reddy alleged that the Congress leader doesn't understand what he says. Gandhi Reddy alleged that the Congress leader doesn't understand what he says. Gandhi has been disqualified as Lok Sabba MP following a court's verdict due to "such speeches", he said. "What can we do when he still doesn't mend his ways," he added. Raising, the pitch against the BJP over Rahul Gandhi's disqualification from Lok Sabba, the Congress held protests across the country on Sunday, with party president Malikarjun Kharge and Priyarka Gandhi Vadra on Sunday accusing the government of "triying to slience" a "martyr's son" for raising the voice of people. Countering the BJP's charge that Rahul Gandhi insulted the OBCs with his remark for which he has been convicted in a criminal defamation case, Priyanka Gandhi had asked how a leader whose family has "given its blood to nurture democracy" and who has walked thousands of kilometers from Kanyakumari to Kaehnir with a measurand in this could live the counter of the suntre democracy" and who has walked thousands of kilometers from Kanyakumari to Kaehnir with a measurand in this could invite the counter of the supplement of the could invite the counter of the supplement of the could invite the counter of the supplement of the could invite the counter of the supplement of the could invite the counter of the supplement of the could invite the counter of the supplement of the supple tres from Kanyakumari to Kashmir with a message of unity could insult the country or a certain community.

SCERT concludes science workshop series on pedagogy, content enrichment

JI NEWS SERVICE

SRINAGAR, MARCH 27: The State Council of Educational State Council of Educational Research and Training (SCERT) recently organized a series of workshops for lecturers, with the aim of improving the quality of science education at the secondary level.

The workshops for the subjects namely Zoology, Botany, Physics, Chemistry and Environmental Science were conducted between December 2022 and March 2023 focused on enhancing pedagogical

enhancing pedagogical approaches and content enrich-

ment.

The programs were designed to be interactive and engaging, with a focus on providing practical insights into the late teaching methods and techniques. The programs included workshops, discussions, and hands-on activities that helped the lectures to eain a deeper the lecturers to gain a deeper understanding of science teach-

ing and learning.

During the orientation sessions, the lecturers were encouraged to share their experiences, challenges, and best practices in teaching of various science subteaching or various science sub-jects. This helped to create a col-laborative learning environ-ment, where the participants could learn from each other and build a network of like-minded professionals.

The programs covered vari-ous topics such as lesson plan-ning, classroom management, ssment and evaluation, and the use of technology in teaching. The lecturers were also introduced to the latest developments in science education, such as inquiry-based learning, flipped classrooms, and blended

"The programs were highly beneficial for the lecturers, as they provided a platform for professional development and growth," said a participating lecturer. "We were able to acquire new skills and knowledge, which we can apply in their teaching practice to enhance student learning and engagement."
Overall, the SCERT's orienta-

Overall, the SCERTs orienta-tion training programs have helped to raise the bar for sci-ence teaching in the higher sec-ondary schools. The lecturers who participated in the pro-grams are now better equipped to provide quality education to their students, and to inspire them to develop a passion for science and learning. science and learning.

science and learning.
The training program was
conducted by several experts
from prestigious institutions
such as Government Medical
College (GMC), Srinagar,
Institute of Mental Hicalth and
Neuro Sciences (IMHINS), SheriKashmir University of
Agricultural Science and
Technology (SKUAST),
University of Kashmir (KU),
Islamic University of Science
and Technology (IUST),

National Institute of Technology (NIT), along with professors from the higher education department and resource per-sons from SCERT.

The experts shed light on

The experts shed light on modern concepts of teaching in the light of the newly launched NEP-2020 education policy. Pertinently, the NEP-2020 emphasizes the importance of science education in promoting critical thinking, problem-solving, and innovation, and encourages teachers to adopt a more student-centred amproach more student-centred approach to teaching. The training pro-gram provided an opportunity for lecturers to learn about these

for lecturers to learn about these modern teaching methods and to develop their teaching skills. SCERT is the premier education facility responsible for teacher training and research in the field of education.

The SCERT team played a vital role in organizing and executing the training more amount of the scenario of

cuting the training program. The team included prominent

faculty members like Dr Sajad Ahmad Mir, Dr Sajad Husain Mir, Ms. Asima Farooq Shah, Rabia Naseem Mughal, Riyaz Ahmad Dar, Sheikh Gulzar, Dr Jan Mudasir Gul and Javaid Ahmad Dar.

Addressing the participants, int Director, SCERT. Joint Director, SCERT,
Mohammad Sharif Dehdar, said
the workshops such as these are
a significant step towards
improving the quality of science
education at the secondary
level.

"It will help between to goin

'It will help lecturers to gain a better understanding of mod-ern teaching methods and to develop their teaching skills," he said. "This, in turn, will lead he said. "This, in turn, will lead to better learning outcomes for students and will help to promote a culture of scientific inquiry and innovation in the valley."

Overall, the program, Dehdar said, is a laudable initiative that deserves recognition and support

IIM Jammu inaugurates leadership course for Kishtwar youth

KISHTWAR, MARCH 27: The KISHTWAR, MARCH 27: The Indian Institute of Management (IIM) Jammu's "Community Leadership Executive Course" for youth from Kishtwar was inaugurated by Director Skill Development Jammu and Kashmir, Sudershan Kumar. The event was attended by Director IIM Jammu, BS Sahay; Dean of Academis, Jabir Ali and other Academics, Jabir Ali and other programme directors and faculty members. The course has been organised in collaboration with organised in collaboration with the District Administration Kishtwar, Mission Youth and Government Polytechnic College Kishtwar. The chief guest highlighted the challenges faced by local

Ramban: Labour Deptt releases pending

> wages to worker JI NEWS SERVICE

RAMBAN, MARCH 27: Labour Department Ramban released pending wages to Javed Anjum, a construction worker from Thathri in the Doda dis-

Inathri in the Doda district.

The payment was for wages owed by the Power Grid Corporation of India's Batote Wing.
Assistant Labour Commissioner, Sushant Mahajan presented Anjum with a cheque for the amount in his office.

amount in his office.

Sushant Mahajan emphasised the importance of providing support and guidance to construction workers and highlighted various government initiatives to onsure ment initiatives to ensure their welfare.

These include health

These include health and safety measures at work sites and a database of registered workers to ensure timely support. The Assistant Labour Commissioner also stated that the government is running several schemes for the welfare of building and construction workers. and construction workers. The aim is to regulate employment and condiemployment and condi-tions of service and pro-vide safety, health, and welfare measures for reg-

welfare measures for reg-istered workers. He appealed to con-struction workers who have not yet registered with the Jammu and Kashmir Building and Other Other Construction Workers Welfare Board (JKBOCWWB) to do so immediately and take advantage of the govern-ment's various welfare



industries in Jammu and dis-cussed potential solutions. He emphasised that the leadership Sahay mentioned that the emphasised that the leadership training programme from IIM Jammu would give youth a lead-ing edge in skill development, business incubation, entrepre-neurship and the development

JAMMU | TUESDAY, MARCH 28, 2023

Community Leadership
Programme is part of the institute's Correct tute's Corporate Social Responsibility initiative for the people and community of

Jammu and Kashmir. He urged participants to work towards making Kishtwar hundred percent literate

He stated that the programme would pave the way for mean-ingful outcomes for the people and community of Jammu and

Kashmir.

Prof Jabir Ali stated that skill development is crucial and encouraged participants to dream big and become "job creators rather than job seekers".

He said that the leadership training programme would enhance ing programme would enhance the skills of youth from Kishtwar and pave the way for sustainable development and growth in Jammu and Kashmir.

Jammu and Kashmir.

Prof BS Sahay engaged in a
discussion with participants
about their career progression
and the challenges they face in
their district.

The inaugural ceremony
ended on a positive note with a

ended on a positive note with a vote of thanks from Programme Director IIM Jammu, Vaseem

under Mission Youth under

which the unemployed youth can

avail opportunities under Mumkin, Tejaswini etc where

ample subsidy is also provisioned

by which youth can start new ven

PSPS GCW Gandhinagar hosts awareness lecture on education abroad



JAMMU, MARCH 27: The Career Counselling and Placement Cell of Padma Shri Padma Sachdev Government College for Women, Gandhinagar organised an awareness lecture on "Education Abroad Opportunities" in the college today.

Opportunities" in the college today.

The programme began with a formal welcome of the chief guest, Prof Minu Mahajan, Principal of the college; Prof Neelam Bhagat, Associate Professor in the Department of Home Science; and Vinay Kamal, Lead Counsellor of Gateway Abroad Consultants for Higher Education Abroad Education Abroad.

Education Abroad.

Prof Mahajan encouraged students to break out of their cocoons and fly high in pursuit of their ambitions. She added that a lack of guidance can hinder progress but the efforts of the college's Career Counselling Cell have provided opportunities to students at their doorstep.

In his interactive presentation, Vinay Kamal talked about various courses offered hy foreign universities, their

about various courses offered by foreign universities, their selection process and an overview of admission guidance

He also motivated and informed students about IELTS,

He also motivated and informed students about IELTS, GRE and GMAT tests to help them fulfill their dream of pursuing higher education abroad.

The proceedings of the programme were conducted by Prof Sugandha and concluded with a formal vote of thanks by Prof Suman Bala.

The entire programme was coordinated by Prof Rajni Kumari, Convener of the Career Counselling Cell, and members Prof Renu Rajput, Prof Malti Rajput and Prof Rainder Kumar

DDC Raiouri leads Greh Parvesh ceremonies under PMAY-G. AWAAS Plus scheme

JI NEWS SERVICE

RAJOURI, MARCH 27: District Development Commissioner, Vikas Kundal attended Greh Parvesh ceremonies for PMAY-G and AWAAS Plus beneficiaries to celebrate the completion of 26,922 affordable housing units for

affordable housing units for rural poor today. Kundal congratulated beneficiaries and shared insights about the schemes. The schemes aim to provide affordable housing to lowincome families and marginalised communities.

Beneficiaries expressed gratitude towards the gratitude towards the Prime Minister and district

administration.

Kundal stressed the importance of the schemes and urged beneficiaries to maintain their homes

ACD Rajouri lauded the efforts of the administration and beneficiaries in ensuring the success of the hous ing the success of the hous-ing schemes, saying "The completion of the new homes under the housing scheme has brought about a significant improvement in the living conditions of the beneficiaries."

Sports activities, counselling sessions mark Day 1 of 'Festival of Youth' in Kathua

KATHUA, MARCH 27: The Sports Stadium in Kathua wit-nessed a wave of enthusiastic participation from youth, as the "Festival of Youth" commenced its activities today. The event was inaugurated by the Additional District Development Commissioner, Ankur Mahajan

Commissioner, Ankur Mahajan who also addressed the youth, encouraging them to make the most of the various opportunities presented to them.

While addressing the gathering of youth, the ADDC Kathua said the 'Festival of Youth' brought together the youth from various parts of Kathua to nearlack in mul. parts of Kathua, to partake in mul-tifarious activities that aimed to promote their physical, emotional,

And social well-being.

Some of the major highlights of the event included sports activities, a plantation drive, and coun-



selling sessions on Nasha Mukt
Bharat Abhiyan A Nukkad Natak
was also presented on the occasion which was aimed at educatbistrict Industries Centre, Lead ing the Youth about the perils of drug abuse (Nasha Mukt Bharat Abhiyan) and the importance of leading a healthy lifestyle.

The sports activities were highly engaging, with various games and competitions being held,

District Industries Centre, Lead Bank, KVIB, Health and other departments explained at length about the programmes and initia-tives offering self-employment opportunities for the youth of Jammu and Kashmir. Assistant Director Employment,

by which youth can start new ven-tures to become self-reliant and job providers for others.

Later, the plantation drive was carried out in the premises of District Employment & Counselling Centre. Besides, there were also awareness sessions regarding skill development opportunities and self-employnent opportunities for the youth. The event also included scintil-

The event also included scintil-lating cultural performance by youngsters from Nehru Yuva Kendra which was appreciated by the audience. Pertinently, the pro-gramme was part of Mission Youth J&K initiative aimed at revitalisation of Youth Clubs.

GDC Purmandal organises debate competition for Nasha Mukt Bharat Abhiyan

JI NEWS SERVICE

JAMMU, MARCH 27: A debate competition on the topic "Is Bad Parenting responsible for Drug Abuse among the Youth" was held at Government was held at Government
Degree College,
Purmandal today. The
event was organised by
the NSS Unit in collaboration with Red Ribbon Club
and Happiness Club of the
college under the aegis of
Red School Presidency. India's G20 Presidency. DDC Purmandal, Avtar Singh was the chief guest

while Sarpanch Katwalta, Sapna Sapolia was the guest of honour.

Twenty students participated in the debate. The first prize was won by Lakshita Sharma of BA

Semester 6th while Ruksana Akther Semester 6th and Supriva Devi of BA Semester 2nd stood 2nd and 3rd respec-

guest urged stakeholders to create awareness about illegal drug use and prevention measures Sa Sapolia acknowledged the college Principal's efforts in organising the pro-

gramme.

Principal, Prof Dr Raj
Shree Dhar spoke about
fighting drug abuse
through awareness campaigns and adherence to five pillars: drug detection network destruction, culprit detention, addict reha-

The proceedings were conducted by Nodal Officer of RRC, Prof Shahima Akhter. A formal vote of thanks was presented by HoD Dogri, Prof Dr Deepika Mehra.

DC Gbl inspects preparation for Ashthami & Nawami at Kheerbawani Temple Tulamulla

JI NEWS SERVICE

GANDERBAL. MARCH GANDERBAL, MARCH
27: Deputy Commissioner
Ganderbal, Shyambir
today visited Kheerbawani
Temple Tullamulla to
inspect and finalize the arrangements for ensuing Ashthami and Nawami festival which is to be cele-brated on 29th and 30th March. During visit the DC was accompanied by Additional District Development Commis-sioner Ganderbal, Mushtaq Ahmad Simnani, Tehsildar Lar and other concerned. On the occasion the DC

took the round of the premises and inspected the preparation for the cel-



officers ensure quality arrange-ments are put in place on both the days for the con-venience of the devotees visiting here.

The DC was briefed by

The DC was briefed by the representatives of Darmath trust regarding the arrangements to be put in place including un-interrupted power and water supply, repairment of street lights, availability of adequate essential food items, sanitation and cleanliness in and around the Kheerbawani Temple, deployment of health deployment of health teams, adequate transport facilities, security arrangements and other related

On the occasion the DC

assured the representa-tives of Darmath trust that all requisite facilities will be put in place on time. Earlier, the DC con-vened a meeting of con-cerned officers to finalize the arrangements for both

the days here at DC Office.

The said meeting was attended by Additional District Development Commissioner, ACD, District Development Commissioner, ACD, ACP, EO Municipal Council Ganderbal, Tehsildar Lar besides rep-resentatives of Darmath

During the meeting, the DC gave necessary gave instructions to the con cerned departments for ensuring all facilities are put in place on time.



Jaquar showroom