

LG visits Baltal; reviews status of preparedness of Shri Amarnath Ji annual pilgrimage through Baltal route

JI NEWS SERVICE GANDERBAL, JUN 14

Lieutenant Governor Manoj sinha visited Baltal today and reviewed the status of pre-paredness of Shri Amarnath Ji annual pilgrimage through Baltal route. Before on-site inspection, a review meeting was held at Sonamarg that was attended by Dr Mandeep Kumar Bhan-dari, CEO, Shri Amarnathji Shrine Board; Mandeep Kaur, Rural Lieutenant Governor Mano

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Shrine Board; Mandeep Kaur, Commissioner/Secretary, Rural Development and Panchayati Raj; Vijay Kumar, ADOP Kash-mir; Vijay Kumar Bidhuri, Divi-sional Commissioner Kashmir and senior officials of Shri Amarnathi Shrine Board, Civil Administration, Police, CAPFs and Army.

Administration, Police, CAPFs and Army. The Lt Governor took appraisal of the arrangements put in place for healthcare, electricity, communication, water supply and sanitation, weather forecasting, disaster management, security grid and all other basic necessities for the nilerins the pilgrims.

He directed the officials to nsure Yatra Base Camp has with fire extinguishing equipensure Yatra Base Camp has with a dequate number of doctors, ment.



staff, equipment, medicines Overall arrangements for and oxygen cylinders. BRO was instructed to mobilize resourc-es and finish all works before commencement of vatra. Since Yatra is in difficult ter-rain at an altitude where the care facilities, care around the clock must be ensured, said Lt Governor impressed upon the officials to ensure proto the fact of the the top of the the the communication services on Tith June.

vices. He further directed for

yatra route and night air ser-Dr Syed Abid Rasheed Shah, Secretary Tourism Department; Dr Raghav Langer, Secretary Planning, Development

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LG Sinha addresses J&K Bharat Scouts and Guides UT-Level camporee at Sonamarg



JI NEWS SERVICE GANDERBAL, JUN 1-

Fix responsibility about missing revenue maps;

start online Girdawari forthwith: Chief Secretary

Lieutenant Governor Manoj Sinha addressed J&K Bharat Scouts and Guides UT-level Camporee at International Youth Hostel, Somamarg, today. He called upon the youth to join the campaign against

drug addiction and help the administration to era menace from society. "Youth power is infinite source of energy that is always

ready to serve, always ready to make a difference, CONTINUED ON >> PAGE 4

Under C2S programme, Jammu IIT to design advanced chip for implantable pacemaker



JI NEWS SERVICE

The Ministry of Electronics and Information Tech-nology (MeitY), Governnology (MeitY), Govern-ment of India (Gol), under the Chip to Startup (C2S) Programme, has awarded a significant grant of R 4.8 Cr for Implantable Pacemaker Chip title. Sources in the IIT Jammu said that Assis-tant Professor at the Department of Electrical Engineering, IIT Jammu

Engineering, IIT Jammu, They revealed that the Dr Ambika Prasad Shah iPACE-CHIP, once in collaboration with CONTINUED ON » PAGE 4

researchers from IIT Indore, ABV-IIITM Gwali-IET-DAVV Indore, and SGSITS Indore has secured a significant fund-ing of Rs 4.8 cr for iPACE-

ing of Rs 4.8 cr for iPACE-CHIP project. "The primary objective of the project is to design an advanced chip for an implantable Pacemaker utilizing SCL 180nm/ TSMC 130nm CMOS High Voltage, Low power, BCD PLUS technology," sourc-es said. es said.

JI NEWS SERVICE Chief Secretary, Dr Arun Chief Secretary, Dr Arun Kumar Mehta today reviewed the overall implementation of various schemes for development of Agriculture in J&K and exhorted upon the officers to fix the responsibility for misplacing 392 revenue maps (Mussavis) and initi-ate the process for recreat-ing the same at an earliest.

GoI; ACS, Agriculture Production Department; Commissioner Secretary, IT; Commissioner, Survey & Land Records; Director, Parmete Searching beeides

JI NEWS SERVICE SRINAGAR, JUN 14

implementation of J&K Digital Agriculture Mission (Agristack) and said that the premise of missing of such a significant record ate the protects on rectain a flock management of the protects on rectain record ing the same at an araliest. & Land Records Director, such a significant record The meeting was Remote Sensing besides is unacceptable and needs attended by Advisor & other concerned officers. To be looked into seriously. Chief Knowledge Officer, The Chief Secretary He asked for carrying out Ministry of Agriculture, laid emphasis on early a thorough investigation

into the matter for fixing the responsibility for mis-placing these maps. He also directed that these records be recreated with-out lose of time out loss of time Regarding the Geo-referencing of

CONTINUED ON IN PAGE 4



India's Moon Mission Chandrayaan-3 Scheduled for July: Dr Jitendra Singh



AGENCIES AMROHA (UP), JUNE 14

of the month.

Chandrayaan-3 Space-craft successfully com-pleted the essential tests that validated its capability to withstand the harsh environment that the Spacecraft would be facing during its launch and the sub-sequent iourney. Chandrayaan-3 Space India's coveted Moon Mission Chandrayaan-3 is scheduled to be launched in July, most likely in the second half sequent journey.

Dr Jitendra Singh said, India's earlier lunar mission, Chan-

C M Y B

of the month. This was disclosed by Union Minister of State (Independent Charge) Science & Technology; MoS PMO, Personnel, Public Grievances, Pen-sions, Atomic Energy and Space, Dr Jitendra Singh in response to a question asked by media persons on the sidelines of a massive media persons on the sidelines of a massive public rally addressed by him here today. The Union Minis-ter said, if things go as planned, the Indian Space Research Organ-isation (ISRO), will Space Research Organ-isation (ISRO), will launch its ambitious Chandrayaan-3 mis-sion which is aimed at demonstrating critical technology to land the Spacecraft on the South Pole of the Moon. Ear-lier this year, he said,

Pertinent to mention that Chandravaan-3 is that Chandrayaan-3 is a follow up mission to Chandrayaan-2. Living upto the theme of "Sci-ence of the Moon", the scientific instruments on the lander and the rover in the CONTINUED ON » PAGE 4

lunar mission, Chan-drayan -2 had earned India a place of pride and supremacy in the world arena by identi-fying for the first time ever, the presence of water on the surface of moon. This input was noted with great sig-nificance even by the world's oremier Snace world's premier Space agencies like the USA's NASA, he said.

India accomplished journey from red tape to red carpet in 9 years of Modi rule: Amit Shah

AGENCIES NEW DELHI, JUN 14

Union Home Minister Amit Shah on Wednesday said India has accomplished a journey from red tape to the red carpet in nine years of the Narendra Modi gov emponent and ground a hored for horizonta goving

ment, making the country a preferred FDI destination. Shah also said Prime Minister Modi has

CONTINUED ON >> PAGE 4

of America (USA) to pursue a 3-month Peace Fellowship Pro-gramme at VALE University, Barandbench reported. The Court noted that Para has been accused of having close links with foreign and local terrorists, as well as of funding, aiding, and support-ing terrorist activities and CONTINED & PACE 4 CONTINUED ON >> PAGE 4

Lieutenant General Rajiv Ghai assumes $\frac{1}{\sqrt{1}}$ command of Chinar corps in Srinagar



JI NEWS SERVICE

Lieutenant General Rajiv Ghai on Wednesday assumed command of the strategic Kashmir-based Chinar Corps. A Defence Ministry statement said, "On taking over the com-mand, he paid homage at the Chinar Corps Memorial at Badami Bach Cantomnent in Srinagar Bagh Cantonment in Srinagar. CONTINUED ON # PAGE 4



NIA court rejects

plea by Waheed

fellowship 2023

Para for permission to travel abroad to pursue YALE peace

2015, senior Indian Police Service (IPS) officer Nitin Agrawal on Wednesday took charge as a new Director General of the Border Security Force (BSF), which claims to be the largest border guard-ing force in the world. Agrawal, a 1989-batch IPS from Kerala Carbe, has held various prominent positions in the Kerala Police as well as serving

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JI NEWS SERVICE

Security forces have busted major narco-terror mod-ules in Rajouri-Poonch range in Jammu by arresting eight persons in past two weeks, officials said. ADGP Jammu, in a tweet, said that the police and other security forces in Rajouri-Poonch range cracked major narco-terror modules with the recovery of 44.47 Ver Morin or doorne uncovers including requ Kg Heroin and some weapons including one CONTINUED ON >> PAGE 4

MeT predicts more Rains in J&K

The Meteorological Office on Wednesday predicted more rain and advised farmers that weather will not be favourable for carrying out farming operations for the next four-five days. The MeT predicted that a brief spell of rain or thun-durations are scale weather of the descent and places

derstorm may occur on Wednesday at scattered places of Jammu and Kashmir towards afternoon or evening. Rain lashed several parts of Kashmir in the early hours on Wednesday

CONTINUED ON # PAGE 4

Around 53 Lakh tourists explore Jammu Region in first 4 months this year

I NEWS SERVICE AMMU, JUN 14

erging as most favourable destinations, the picturesque hot-spots of Jammu region witnessed huge footfall of the tourists not only from all over the country but also from abroad as around 53 lakh tourists have visited in the

tourists have visited in the tourists visited parts of is popular for pilgrinage first four months of this jammu region. The visitors explored increased manifold in the famous as well as jammu region with the famous as mellar standard statistical set with the state set of the set

tourists visited parts of is popular for pilgrimage

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A special court designated under the National Investigation Agency (NIA) Act, Srinagar has dismissed an application filed by People Democratic Party (PDP) youth leader, Waheed Ur Rehman Para seeking permis-sion to travel to United States Narco-Terror module busted in

Rajouri-Poonch range, eight arrested

from January to April this Shri Mata Vaishno Devi, visited the Jammu year, a record 52.69 lakh adding, "Jammu region CONTINUED ON »





Natrang's Children Theatre Camp-2023 setting new trend of creativity



JI NEWS SERVICE

JAMMU, JUN 14: Children at Natrang's Theatre Camp-2023 is set-ting new benchmarks by exploring endless possibilities of creativity and innovation. The most noteworth innovation. The most noteworthy feature of this year's camp is that it is being monitored by Padamshree Balwant Thakur himself. He was away for the last four years on a for-eign posting as the cultural diplomat of India to South Africa and Mauritius and this year's partici-pants are extremely lucky to have got the opportunity to share and explore a new world of creativity through the one innovative methexplore a new world of creativity through the new innovative meth-ods which he acquired having worked globally. New horizons of creativity are being turned inside out by experimenting alternative ways of self-exploration through the vibrant during of theater. Notener vibrant devices of theatre. Natrang organises a children theatre camp every year for forty-five days since every year for forty-five days since the year 1990. This is the only pro-fessional platform for children in Jammu where children get an out of world exposure of creativity, art, aesthesis, innovation and culture. They are provided immense oppor-tunities to acreduce their immones They are provided immense oppor-tunities to explore their immense-hidden abilities. While discussing details of this initiative of Natrang, it's director Balwant Thakur informed that everywhere the work of creativity with children is being done as a fashion. Everywhere one can find some activity being organ-ised in the name of art and theatre but in Natrano. bioble expresenced but in Natrang, highly experienced and professionally trained people work in a strategic devised manner in infusing creativity amongst par-ticipating children. While others after school hours remain attracted working with children and Gauri to the idiot box (Television)/smart

phones or may be sleeping at home, the Natrang Theatre camp children have found an amazing space where they are equipping themselves with multiple abilities and qualities. Theatre is not only making them confident but is also enriching them with intellect and infusing in them the art of self-expression. Natrane is the only theatre organ-

Natrang is the only theatre organ Natrang is the only theatre organ-isation of the country which have been running a weekend club for children. This club works on Saturdays and Sundays and chil-dren get diverse kind of training in personality development, public speaking, organizing the self and self-exploration through theatre self-exploration through theatre. Natrang is all set to devise a year-

Natranç is all set to devise a year-long theatre training programme to make children aware of their own self-actualization with the help of experts training them. The curricu-lum of this year-long theatre pro-gramme is conceptualized and designed by Padamshree Balwant Thakur who has provided a new dimension to the Children Theatre of the Country with his hishibi innoof the Country with his highly inno-vative Children Plays like 'Rang Badalti Duniya' 'Bhag Beta Bhag, Hum Hain Naa' Udaan' 'Mee Hisse Ki Dhoop Kahan Hai' and 'Aap hamare Hain Kauri. In the past the experts to work with children have been coming from National and International institutions like, National School of Drawa New Dabi and London of the Country with his highly inno

Drama New Delhi and London International School of Performing Arts

The regular faculty include, Sumeet Sharma a National Awardee and also Masters in Dramatics, Neeraj Kant- a veteran theatre artist

who is Master of English literature with specialization in English Drama. Other than this many other experts of different art-fields like Music, Dance, Painting etc come as visiting faculty to impart a vast browledge and experient to the parknowledge and exposure to the participants. Theatre not only trains ticipants. Theatre not only trains actors or directors, but it teaches many skills which help its trainces to excel and lead in any field hey opt as a career. As Natrang is doing regular Children Theatre in J&K for the last 33 years. In these years Natrang has trained, inspired and motivated thousands of children till now and most of them have excelled illiantly in variants fields be it act. brilliantly in various fields be it actbrilliantly in various fields be it act-ing, management, civil services, medicine, engineering, Judiciary, social work etc. It clearly establishes that no matter, what you aspire to become in life, the confidence, spon-taneity, self-exploration, creativity, reasoning and discipline you imbibe while avoringencing theater, acts as

become in the use commonitely sport manely, self-queforation, creativity, reasoning and discipline you imbibe while experiencing theatre, acts as your ultimate strength and the moti-vational force for you to succeed and excel in every sphere of life. Natrang takes price in not only giving a new cultural and intellectual identity to this region but also have produced best of the human resource through these kinds of creative initiatives. The children who are participat-ing the workshop include Shafaq Singh, Ruhaan Chandan, Jayadity asang Sharma, Adeesha Singh, Ruhaan Chandan, Jayadity Soham, Raaga Sharma, Adeasha Singh, Ruhaan Chandan, Jayadity Shan, Daivit, Shan, Advik Sharma, Tamay Chopra, Tanishkka Chopra, Yanray Vashish, Aadhya Thukral, Karya Jandial, Jeevansh Sharma, Tamay Chopra, Tanishkka Chopra, Araray Vashish, Aadhya Thukral, Karya Jandial, Jeevansh Sharma, Yanang Cupta, Sharaya Sharma, Anadika Pandoh, Kayaansh Gandotra, Shanaya Gupta, Sharaya Sharma, Yanaya Gupta, Sharaya Sharma, Yanaya Gupta, Sharaya Sharma, Yandaya Kayala, Kamakhya Bali, Yidhanshi Jamwal, Viyaan Sharma, Yudvik Badyal, Kamakhya Bali, Yidhanshi Jamwal, Viyaan Sharma, Sharma, Araiya Sharma, Prial Ashok Cupta, Drano Dushyant Kohli, Annoti Sharma, Kushan Malhotra, Pragya Wadhera, Abhay Sharma, Praga Wadhera, Abhay Sharma, Praga Naga Adha Adha Sharma, Praga Yandoh Kashan Malhotra, Pragya Yadhera, Abhay Sharma, Praga Yandoh Kashan Malhotra, Pragya Yadhera, Abhay Sharma, Puikit Jayee, Nayonika Katal and Agasiya Koushal.

JKTPO organizes Walmart Vriddhie, Commerce onboarding drive in Srinagar



JI NEWS SERVICE preneurs participated in the drive and 25 were registered SRINAGAR, JUNE 14: ammu and Kashmir Trade Promotion Organisation (JKTPO), under the guid-ance of Commissioner Secretary, Industries and Commerce Department and supervision of Managing Director JKTPO, organized successful onboarding drive on Walmart Vriddhi at JKEDI, Pampore today. More than 45 local entre-

on-spot from various sectors continued efforts of IKTPO on-spot from various sectors including Handloom and Handicrafts, Agro and Food, manufacturing sector and others. Pertinently, JKTPO is continuously organising such promotion activities including continued efforts of JKIPO and Walmart Vriddhi to fos-ter economic growth and promote digital commerce in Jammu and Kashmir. These workshops have helped create awareness behave the hear first of huma about the benefits of leveractivities including onboarding on e-commerce platforms to enable local entrepreneurs to showcase and sell their products across the world. about the benefits of lever-aging the power of e-com-merce through Walmart Vriddhi and expand their reach beyond traditional boundaries. During the

event, it was observed that local entrepreneurs hesitate to register for GST which is primary document for regis-tration on any e-commerce platform. However, the . same misconception of GST registration and its advan-tages such as GST refund, Input tax credit in B2B trad-ing was briefed and cleared by the officials. As of now, 100+ sellers have completed The onboarding drive is a registration and learning significant milestone in the process of onboarding, of

which, 20+ sellers are live which, 20⁴ sellers are live on Walmart Vridhi plat-form. Similar onboarding drive for Jammu division shall be held on 16th June 2023 at Udhyog Bhawan. JKTPO shall continue the spree of such events to endorse e-commerce onboarding of potential

onwoarding of potential entrepreneurs and boost the socio-economic scenario

Tony anguishes over sidelining of local JKAS, JKPS Officers in J&K Administration

JI NEWS SERVICE

JAMMU, JUN 14: DDC Member JAMMU, JUN 14: DDC Member Taranjit Singh Tony expressed his disappointment against the present LG Administration in Jammu and Kashmir for sidellining local officers of the IKAS (Jammu and Kashmir Administrative Service) and JKPS (Jammu and Kashmir Police Service) fan bida bradina marilinea cuch ag for high-ranking positions such as SSP (Senior Superintendent of Police) and Deputy Commissioners. In a statement issued here today,

In a statement issued here today, Tony emphasized that it is crucial for the people of Jammu and Kashmir to recognize that their highly capable children have been overlooked by the present corrupt regime. He voiced his concern over the blatter breader of leap officers the blatant neglect of local officers

who are qualified and competent to serve in higher positions. "IAS and IPS officers lobbies are enjoying the plum postings in the Union Territory by sidelining the much more local competitive JKAS & JKPS officers," he added. Tony highlighted the unfortunate sidelin highlighted the unfortunate sidelin-ing of minorities in both the police and civil administration. He pointed out that in the present scenario, it is rare to find local officers from JKAS or JKPS occupying senior posts. Additionally, he highlighted the undorcompetitioned prime underrepresentation of minor minorities in the JKAS and JKPS services, adding to the need for fair and inclusive recruitment practices. and inclusive recruitment practices. Tony appealed to the Union Home Minister to prioritize and address this pressing matter. He

urged the Central Government to give due attention to the concerns raised, especially as Union Ministers frequently visit the region to address local issues. It is imperative that these significant issues are addressed seriously and rectified to addressed seriously and rectified to ensure a fair and transparent admin-istration in Jammu and Kashmir, he added. The senior political leader underlined the importance of upholding meritocracy and ensur-ing equal opportunities for deserv-ing coal officers. By rectifying the encort ensuring the diministration present situation, the administration can foster an environment that encourages the growth and success of talented individuals, thereby benefiting the overall development and governance of Jammu and Kashmir, governan he added.

NC seeks compensation for students forced to appear for CUET outside J&K

JI NEWS SERVICE

IAMMU IUN 14: The Jammu and JAMMU, JUN 14: The Jammu and Kashmir National Conference asked the government to compensate all J&K based students who were com-pelled to appear for the Common Undergraduate Entrance Test (CUUT) extisted the attract (CUET) outside the state.

In a statement issued on Wednesday, Sheikh Bashir Ahmed, Wednesday, Sheikh Bashir Ahmed, Provincial Secretary JKNC Jammu, criticized the government's decision to hold the CUET 2023 outside the JKUT. He said that students residing in far-flung areas have spent thou-

sands of rupees on traveling, food, and accommodation to appear in the CUET exam by going to the other state. This decision by the govern-ment has caused immense difficulty and frustration to the students and

and frustration to the students and their families, he added. Pertinent to mention here that the government has yesterday announced that students who were not able to appear in the CUET exam outside the state will be given admission in exhibits and collarge of admission in subjects and colleges of

government to provide admission to all J&K based students in local colall J&K based students in local col-leges of the JKUT and compensate all such students who were forced to appear for the CUET exam outside the JKUT. He strongly believed that the government should prioritize the convenience and well-being of students and ensure that such unjust decisions are not taken in the future, causing further stress and hardship to the students and their families. The LG administration is a bureau-The LG administration is a bureau their choice, the senior NC ques- crait setup which is anti people tioned why such a decision was not taken carlier. Senior NC leader urged the Ahmed, he added.

Shakti Parihar, Neelam Langeh address Beneficiary Sammelan in Doda West

JI NEWS SERVICE

JAMMU, JUN 14: Senior BJP leader JAMMU, JUN 14: Senior BJP leader and former Minister Shakti Parihar and Neelam Langeh, former MLA and President BJP SC Morcha J&K today addressed Beneficiary Sammelan of Doda West (53) Constituence to Convention Lind Constituency at Community Hall Constituency at Community Hall Doda. The program was organized as part of Maha Jan Sampark Abhiyan to celebrate 9 years of Modi Govt at the Centre. The Sammelan saw the participation of hundreds of beneficiaries who shared their expe-riances and expressed their experiences and expressed their grati-tude towards the Modi government for the various welfare schemes and initiatives launched for the betterment of general public

In his address, Shakti Parihar highlighted the various develop-mental works undertaken by the

Modi government across the coun-try and how the benefits of these initiatives have reached the grass-root tratives have reached the grass-root level. He urged the beneficiaries to utilise the benefits of the schemes and work towards building a better future for themselves and their fam-ilies. Parihar said "Under the vision-ary leadership of Prime Minister Narendra Modi, the government has achieved numerus, milestones in achieved numerous milestones in

the last 9 years. The BJP Government at the Centre has made significant The BJP Government at the Centre has made significant progress in transforming India, he said, adding that the farmers' wel-fare schemes, creation of new jobs, Start Schemes, providing affordable housing to the poor are some of the remarkable achievements. We are committed to american forward height committed to carrying forward this momentum of development and

launched for the welfare of Scheduled Castes (SC) and Scheduled Castes (SC) and Scheduled Tribes (ST) and how these schemes have brought a posi-tive change in the lives of the SC/ST community. He also urged the beneficiaries to take advantage of the schemes and

take advantage of the schemes and take advantage of the schemes and urged the government to continue working towards the upliftment of the marginalized sections of the society. The former Legislator said "The Modi government has made significant strides in providing equi-table development and empowering the marginalized communities. The launch of various schemes like launch of various schemes like Swachh Bharat Abhiyan, Digital India, and Beti Bachao Beti Padhao have brought about a transformative change in the country.

Javed Rana bats for collective fight against drug menace in Pir Panjal region knit strategy to ruin the future of the and individuals in raising aware-

JI NEWS SERVICE

JAMMU, JUN 14: Javed Rana former MLA and President NC Pir Panjal Zone on Wednesday appealed to all stakeholders to come together for collective fight against together for collective light against drugs and substance abuse in the Pir Panjal region claiming that the issues has become alarming and is eating up the vitals of society. He was addressing a meeting of NC workers and office bearers of Mankote Block, who highlighted the issue of drugs in the region.

youngsters as it seems to be the ploy enemies of nation to provide of enemies of nation to provide drugs to every household in the region through a network of ped-dlers as the situation has already turned critical. He said that sub-stance abuse and addiction affect individuals, families, and communi-ties and it often requires collabora. ties, and it often requires collabora-tive efforts to tackle the problem effectively. He laid stress on cooper-

and individuals in raising aware-ness, preventing drug abuse, pro-viding treatment and support to those affected, and implementing effective law enforcement strategies. He said, "By working together, we can make progress in combating drug-related issues and promoting healthier communities". He alleged that its part of ploy to keep the Pir Panjal region backward by making its youth defunct and directionless. eating up the vitals of society. It we efforts to tackie the protein He was addressing a meeting of effectively. He laid stress on cooper station among governments, law Mankote Block, who highlighted the Rana said that drugs are being supplied in the region under a well-ments, who are peddling drugs and ers, political parties of all shades, running the future of youngsters.

Medical Check-up Camp for Inmates of Palaash Children's Home conducted at Kishtwar ed the health checkup of the children.

JI NEWS SERVICE KISHTIWAR, JUNE 14: A medical check-up camp for the inmates of Palaash Children's Home Boys, oper-ated by the Social Welfare Department Kishtwar, was conduct-el today under the supervision of Dr. MY Mir, Chief Medical Officer (CMO). Rashtrius Rel Swasthwa Karyakram

Rashtriya Bal Swasthya Karyakram (RBSK) team from the Health and Family Welfare Department conduct-

The camp was organized on directives of Deputy Commissioner Dr. Devansh Yadav and managed by District Social Welfare Officer (DSWO) Zubair Ahmed Lone and Superintendent Palaash Children's Home Boys,

Rajash Shamarna. Rajash Shamarna. The RBSK team from the Block Medical Officer (BMO) office com-prising Dr. Shehnaz Khan, Medical Officer of RBSK, Ankush Sharma,

Pharmacist and Saima Iqbal, Female Multipurpose Health Worker (FMPHW) conducted the routine check-up of the inmates, ensuring their health and well-being. Free medicines catering to their specific healthcare needs were also provided to the inmates.

to the inmates. This initiative aimed to provide comprehensive healthcare services to the children to address any underly-ing health issues and ensure their overall well-being.

progress in the times to come Commissioner Secretary I&C chairs SLC meetings, approves 13 CII claims, 117 applications under New Central Sector Scheme JI NEWS SERVICE

SRINAGAR, JUNE 14: Commissioner Secretary Industries and Commerce, Vikramjit Singh, today chaired two separate meetings of Secretary Level Committee to approve applications for grant of registration and sanction-ing of Carbial Investment Incention ing of Capital Investment Incentive (CII) claims under New Central (CII) claims under New Central Sector Scheme for Industrial Development of Jammu and Kashmir. Director General, Industries and Commerce, Jammu, Anoo Malhotra and Director, Industries and Commerce, Kashmir, Mehmood Ahmed Shah deliberated upon incen-tive claims and resistration case. tive claims and registration cases. During the meeting, the Committee

sanctioned 13 cases of CII claims

amounting Rs 2242.44 lakh, of which, 09 CII claims amounting Rs 2188 lakh pertained to Jammu division and 04

Managers to expedite the process of registration and incentive claims under NCSS. Director General, CII claims amounting Rs. 54.44 lakh pertained to Kashmir division. The Secretary Level committee

Secretary stressed upon grounding of new investments and directed all the concerned officers and General

meeting

The Secretary Level committee approved total 117 applications (90 applications of Jammu division and 27 of Kashmi) for registration under New Central Sector Scheme. The total financial outlay of the approved units for registration involved is Rs 2967.27 crore (approximately). Commissioner Secretary dressed unon groupsing of under NCSS. Director General, Industrise & Commerce, Jammu and Director, Industrise & Commerce, Kashnir along with senior officers of both the Directorates of I&C includ-ing Directore Finance, Joint Director of Directore I&C, Jammu, concerned General Managers, DIC's of both the divisions and General Manager, JKDFC, Gowhar Arif attended the rooting

Neelam Langeh, in her address, spoke about the various initiatives

DIG Traffic interact with Office Bearers of CCI



JI NEWS SERVICE

JAMMU, JUN 14: On the President Chamber of Commerce & Industry Sh. Arun Gupta, DIG Traffic Sh. Shridhar Patil, IPS visited Chamber Patil, IPS visited Chamber House alongwith SSP Traffic Rural Sh. Vijay Kumar and SSP Traffic City Sh. Faisal Qureshi and interacted with the Sr. Members of Chamber of Commerce & Industry

While expressing grati-de and thanks to tude tude and thanks to Shridhar Patil, IPS, DIG Traffic for sparing his valuable time to interact with Office Bearers and Sr. Members of CCI said that our Transporters, Traders and Industrialists are facand Industrialists are fac-ing lot of problems after unloading their trucks at Srinagar and proceed back to Jammu and request for instituting appropriate measures for its streamlin-ing. The condition of the highway and bottlenecks there to are known to the there to, are known to the administration and stakeholders, yet some appro-priate measures will be

priate measures will be helpful for free flow of the downward traffic. The upward and down-ward movements of load carriers are on alternate days. The upward convoy movement from Jammu to Srinagar is regulated for-ward from Nagrota-Jajjar Kotli-Udhampur-Jakahani

JI NEWS SERVICE

JAMMU, JUN 13: Under the able guidance of JAMMU, JUN 13: Under the able guidance of Sh.Bharat Singh (JKAS) Secretary JKAACI a 20 day long Summer workshop commenced here today. barriers. In such an appreciated that in such a scenario, all of this activity arrangement the trucks reach the destination next day morning in a smooth

scenario, all of this activity is creating cascading and debilitating effect on the turnaround time and recy-cling of the trucks, is con-sidered avoidable wastage manner. However after unloading are made to halt for a day at Mir Bazar. Thereafter the trucks are also made to halt at boniof man hours, under utili sation of the precious human and mechanical also made to halt at boni-gaum and in this way it takes 8 to 10 days to cover the distance of 20-25 km from Mir Bazar to Qazikund. Further due to landslides unsuitable road conditions and inclement whether they are forced to halt at Vulnerable stretch-es Which adds another 2-3 human and mechanical resources and at micro level it translates into undue administrative and physical inconvenience to the truckers, financial loss to individual drivers as also to business establish-ments; all impacting the business environment necbusiness environment neges. Which adds another 2-3 es. Which adds another 2-3 days in time line. In addition, another reason for piling of the trucks at the above barriers is that the trucks for down

business environment neg-atively. We further suggest that the ONLY empty trucks of 12/14 tyres cate-gory be permitted to take a detour from Shopian via the Mughal Road on to movement are lined up and not allowed to break the queue, but the local trucks with Registration Jammu to partially address the situation. This arrangement was in place in the year 2022-23 but no Digits (of 01) / drivers are more allowed now.

Digits (of 01) /drivers are reported to be proceeding from the wrong side and from numerous lateral/feeder roads to the new tunnel, thus bypass-ing all the barriers. more allowed now. Arun Gupta also point-ed out that the Amarnath Yatra is going to start from 1st July 2023. We request that the Transport Department should not disturb and penalize pil-Such trucks when reaching the New Tunnel get preferential way down where the trucks are

disturb and penalize pil-grims tourist during Amarnath Yatra Period. We further request not to penalize those who are making efforts to facilitate the pilgrims by way of providing them eating facility etc. During interaction Sh. where the trucks are released in a phased man-ner due to the road/tunnel capacity/safety limita-tions, while the queues at the barriers keep on get-ting longer. It may be

JKAACL inaugurates a 20 day long

Summer Children's workshop

Arun Gupta also said that with the construction of the flyover from Canal Road to Muthi the businessmen of the Canal Road are feeling harassed as the traffic police did not allow traffic police did not allow the vehicles of the cus-tomers to be parked out-side their shops/establish-ments rather they immedi-ately penalize the cus-tomers for parking their vehicles there. We request to come up with a solution so that the traffic in this area plice without any hurso that the traffic in this area plies without any hur-dle and also the customers who visit there for shop-ping purposes get suitable parking facility for their vabiclae

vehicles. While reacting Sh. Shridhar Patil, IPS DIG Traffic said that the issue Irathc said that the issue regarding movement of Commercial vehicle from Jammu to Srinagar and from Srinagar to Jammu shall be resolved within 2-3 days and the issues of Amarnath Vata and Canal Amarnath Yatra and Canal Road Parking will be resolved after discussions with the concerned officers with the concerned officers on duties in these areas. Arun Gupta also lauded the commendable work done by Sh. K.K.Gandhi our member and a renowned artist(Painter). During his stay as artist in residence Hallein, Salzburg Austria he was Salzburg Austria he was chosen as a peace messen-ger in recognition of his work and he received a sculptor of a bronze dove that represents peace from the silent night museum Hallein Salzburg Austria. Sh. Arun Gupta congratulated Mr. K.K.Gandhi on receiving this peace dove(Gruber Taube) that will travel across India and finally reach back to Austria during the pre Christmas season. Today Christmas season. Mr. Gandhi hande ed over

the peace dove to Sh. Ajay Mathur, President Taj Ma

Hallein(NGO)in Chamber House.

India has changed during 9 years of BJP govt: Ashok Koul

JAMMU | THURSDAY, JUNE 15, 2023

PM Modi has deep concern for minority welfare: MP Khatana JI NEWS SERVICE

BARAMULLA, IUN 14: Bharatiya BARAMULLA, JUN 14: Bharatiya Janata Party today held a massive (public rally) as part of its month long . The event was chaired by General Secretary Organization, Ashok Koul ji who was accompa-nied by MP Khatana, Chairperson Waqf Board J&K, Dr. Darakhshan Oradeshi Ew Winischer & Comment one nied by MP Khatana, Chairperson Waqf Board J&K, Dr. DarAkhshan Andrabi, Ex-Minister & General sec-retary Sunil Sharma, Ex MLC Surender Ambardar, Prabhari and Incharge Lok Sabha Baramulla Constituency, M Anwar Khan, District President Baramulla, Gh Mohi U din Sofi, Prabhari Baramulla, MM War. Program was organised by Incharge Program and Prabhari Kupwara Mohammad Anwar Khan Lashing out against the previous govt. Sh. Ashok Koul urged people to give one chance to BJP in Jammu & Kashmir and see the transforma-tion in governance, transparency and development scenario. He said that previous MLAs and MPs just looted their voters and served their own, kith and kin's interests.

interests

"Here is your MP Gulam Ali who is visiting every nook and corner of Kashmir, meeting hundreds of dele-



gations and trying to redress your problems," Ashok Koul said.

problems," Ashok Koul said. BJP MP Rajva Sabha Er, Gulam Ali said that the Prime Minister Narendra Modi has initiated an inte-grated plan for bringing back peace in J&K, improve infrastructure, con-nectivity, and roads besides other veniecte projects.

General Secretary BIP I&K Sunil General Secretary BJP J&K Sunil Sharna said "BJP leadership has taken care of the aspirations of coun-try's citizens their empowerment, faster connectivity, more jobs, better education and improved quality of life," he said, the Good Governance model of Prime Minister Narendra Modi, encompasses these broad themes into simple takeaways

which have the potential of transforming India in the near futur

Dr. Darakshan Andrahi said PM Dr. Darakshan Andrabi said PM Narendra Modi respects women a lot and has bestowed upon her with a huge responsibilty by nominating her as chairperson J&K Waqf Board. BJP govt has delivered a deadly blow to corruption and unaccount ability if Rs.100 are released for ability if Rs.100 are released for common man, it reaches to the bot-tom, she said adding the DBT(Direct benefit transfer) has made it sure that the benefits are reaped by the last man in the row and middlemen have been rooted out. Ex-MLC Surender Ambardar also highlighted the achievements of event

PNB MetLife Launches Insurance Awareness Drive in J&K and HP

IAMMU, IUN 14: PNB MetLife, one JAMMU, JUN 14: PNB MetLife, one of India's leading life insurers, has launched an initiative to grow insur-ance awareness in Jammu & Kashmir and Himachal Pradesh. In line with IRDAI's State Insurance Plan to improve awareness and understanding of insurance among rural and semi-urban areas, PNB rural and semi-urban areas, PNB MetLife's awareness drive has so far reached 180 areas in Srinagar, Jammu, Budgam, Shimla, Mandi, and Dharamshala. Leveraging tools such as road shows, bima rath camps and nukkad natak, the insur-ar has been advecting computing

er has been educating communities about the importance of financial protection and the benefits insurance can offer in helping people to live life confidently and achieve their long-term financial goals.



Commenting on the initiative, Ashish Kumar Srivastava, MD and CEO, PNB MetLife, said, "I strongly believe that the IRDAI-initiated awareness drive is a crucial step towards improving financial literacy and promoting financial inclusion contributing to the nation's financial growth and development. We, at PNB MetLife, are committed to

working as an industry to bridge the financial protection gap in India and empowering the people of Jammu & Kashmir and Himachal Pradesh to build a more confident future.

As part of these efforts, PNB MetLife has launched Bima Shivir MetLife has launched Bima Shivir (insurance camp) to educate com-munities, including existing policy-holders about the features of protec-tion coverage, policy benefits, and the need for life insurance. To date, PNB MetLife has run 100 camps across these two states with more than 1100 carbicingate. than 1,100 participants.

The insurance awareness drive is The insurance awareness drive is an important step towards promot-ing financial inclusion and ensuring that more people have access to insurance services. With IRDAI's guidance on such innovative initia-tives, PNB MetLife is striving to make insurance accessible to all.

Building a Healthy India is priority of Modi Govt: Divya Jani

VISITS ANGANWARI CENTRE AS A '9 SAAL BEMISAAL' CAMPAIGN TO PROMOTE HEALTHY EATING & NUTRITIONAL AWARENESS

JI NEWS SERVICE IAMMII IIIN 14. Divya JAMMU, JUN 14: Divya Jain, President BJP Mahila Morcha Jammu South today emphasized that building a healthy India is the next priority of the Modi government. Under Prime Minister Narendra Prime Minister Narendra Modi's leadership, the government has launched various healthcare initia-tives to enhance the well-being of the Indian popu-lation

vide various services, including nutrition and health education. lation. The BJP leader was Divya Jain also empha

speaking during her visit to Anganwari Centre as a part of ongoing '9 Saal Bemisaal' campaign of Modi Government at the Centre sized the ill effects of junk food and the importance of avoiding the consump-tion of items such as chips, biscuits, cold drinks, and Centre. In this regard, Divya other packaged foods. The BJP leader also threw light on the holistic

In this regard, Divya Jain along with General Secretary Meetu Sharma, Mandal President Sangeeta and Sushila Poonam visited an Anganwari Centre and distributed Halwa among the children. Divya Jain said that the aim of today's program was to raise awareness among women who are nutritional scheme called Poshan Abhiyan (also known as the National Nutrition launched by the Narendra

Action of the Narendra Modi government to address the issue of mal-nutrition among under-privileged children in India. among women who are

running Anganwadi cen-ters about healthy and nutritious food. At last, Divya Jain highlighted that in the nine years of governance under Prime Minister Narendra Anganwadi centers are government-sponsored child and maternal care centers in India that pro-Modi, the focus on build-ing a healthy India has been a key priority.

1 AR 11 "The government has launched various healthcare initiatives, including the National Nutrition Mission (Poshan Abhivan), to address mal Abhiyan), to address mal-nutrition and improve the overall well-being of underprivileged children. The visit to the Anganwadi Centre as part of the '9 Saal Bemisaal' campaign symbolizes the

campaign symbolizes the commitment of the Modi

government to awareness and p healthy eating promote g habits among women running these centers. By prioritiz ing the health of its citiring the health of his chi-zens and emphasizing the importance of nutritious food while discouraging the consumption of junk the consumption of junk food, the government aims to pave the way for a healthier and brighter future for India," she said

Power shutdown JI NEWS SERVICE

JAMMU, JUNE 14: Superintending Engineer (Distribution) [IPOL, O&M Circle, Kathua has informed that the power supply to Nanga, Dadyal, Nathal, Chak Paras and adjoining areas shall remain affected on June 15,17 and 19 from 6 am to 10 am. Similarly, the power supply to Ramgarh Town, Trindyan Ridhma and adjoining areas shall remain affected on June 18 from 6 am to 10 am. Likewise, the power supply to Nai Mohalla, Bhagat Mohalla, Tall remain affected on June 15 and 16 from 6 am to 10 am.

Sh.Kavinder Gupta for-mer Chief Minister of Jammu and Kashmir ,in the presence of participat-ing in a Children from varthe presence of participat-ing in a Children from var-tious educational institu-tions and their parents inaugurated 20 day long summer Painting, Dance and Theatre workshops here today at K.L Saigal Hall in the premises of JKAACL, Jammu. After lightening the tra-ditional lamo. Gupta conand outside who are experts in their respective fields. He said, Through this workshop , the chil-dren will have the oppor-

ditional lamp , Gupta con-gratulated the Academy for organising special activities in view of summer vacation and also wished the children

very best for learning the basics of various arts like Music ,Dance , Theatre and painting from the sea-soned artists of national reputations of Academy

are not to produce painters, dancers and actors but to sensitise themselves about their surroundings and them-selves for being good human beings with the blend of courage, confi-dence and sensitivity and inspiration through actively participating in various arts . Dr.Shahnawaz , Editor Cum - Culture officer Gojr in his vote of thanks to the Chief guest also tunity to explore and excel in the different fields of their choice and will also their choice and will also interact with other chil-dren on the single plat-form'. Dr.Sudhir Mahajan , SDI, JKAACL and in charge Divisional office

Jammu while welcoming the Chiefguest, parents and Participating Children of the summer camp said, Academy workshop aims to the Chief guest also congratulated the Children and their parents

provide an opportunity to think logically, and also develop sensitivity towards art, literature and culture besides human values. The internal values. The internal experts are Dr.Sudhir Mahajan, Anil Tickoo, Sanjeev Gupta, Bhupinder Singh and Pankaj Gupta while Ankush , Akash Dogra , Neeraj Kant , Suresh Kumar , Rakesh Kona , Divam have been engaged from outside

Zila Sanik Board Udhampur Conduct Awareness programme for ESM, Widows & Veer Nari's JI NEWS SERVICE

PANCHARI, JUN 14: Zila Sainik Welfare Office (ZSWO) Udhampur on Tuesday conducted an awareness programme for Ex-ServiceMen (ESM) and Veer Nari's from remote areas of Tehsil Panchari at Govt.Model Higher Sec. School Panchari. The



eness programme men and resolve various the objective was interaction session pension anomalies and to provide comprehe The objective was also

resolution of grievances and make them aware about the latest benefits and welfare schemes

for using the holidays in a meaningful purpose as these types of workshops

and welfare schemes. A large number of ESM including Veer Nari's and War windows participat-ed in the programme. The lectures were deliv-ered by Col Sukhbir Singh Zila Sanik Board Officer and representatives from

Udhampu

and representatives from Zilla Sainik Welfare office Mission)

FROM THE FRONT PAGE...

JAMMU | THURSDAY, JUNE 15, 2023

LG visits Baltal...

and Monitoring Department and Sh Shyambir, Deputy Commissioner Ganderbal were also present.

LG Sinha addresses...

Girdawari (crop survey) digitally, capturing the actual record on ground in a more accurate manner. He fur-ther noted that in order to create the farmer's registry, a always ready to embark on adventurous pursuits, always ready to innovate, invent and always ready to transform the society for greater good," said the Lt ther noted [†]hat in order to create the farmer's registry, a mechanism should be devised to register actual cultiva-tors so that the objective of Agristack is met successfully. Dr Mehta remarked that the aim of this Agricultural Mission is to provide timely assistance to the farmers. He also said that it should be a means to extend credit facility etc to farmers with minimal human interface. The ACS, APD, Atal Dulloo informed the meeting that the Agristack is a major initiative to digitally push Agriculture towards new paradigm. He said that it pro-vides an ecosystem for facilitating delivery of various services to farmers. He said that with its successful implementation a farmer would get access to the right advice at the right Governor

Governor. Young Scouts and Guides through community ser-vices, Scout movement can assist PRIs and ULBs in making J&K UT drug-free, he added. Highlighting the key initiatives of the government for empowerment of youth, the Lt Governor said, under the guidance of Prime Minister Narendra Modi ji, the youth are being provided with countless opportunities in various sectors to fulfil their dreams and become responsible citizens. "Our Youth, Scouts and Guides are always aspiring to give birth to new consciousness to the society so that

farmer would get access to the right advice at the right time regarding crop selection, crop health, selling of to give birth to new consciousness to the society so that no one is left behind in the journey of development and prosperity," observed the Lt Governor.

The century old rich legacy of Scouts and Guides has become the symbol of discipline, selfless service, social for development of the sector. harmony, courage and duty. By following the ideals of Mahamana Pt. Madan Mohan Malaviya ji, they are Rajeev Ranjan apprised the meeting that the progress in digitization of land records is satisfactory. He said

of Mahamana Pt. Madan Mohan Malaviya Ji, they are shaping the future of the country, the Li Governor said. Youth is the energy that is creating new path for development of a modern society with ecological and economic sustainability. Industry 4.0 technologies, new tools of artificial intelligence are empowering the younger generation and enabling them to contribute in nation building, he added. At the Camporee, the Li Governor lauded the Scout and Guides for displaying exemplary courage during Covid Pandemic. He also acknowledged their contri-bution in the smooth conduct of Mata Kheer Bhawani Mela. that the progress in computerization of land records is more than 96%. that the projects and compared mathematical and records is more than 96%. Moreover, it was given out that Geo-referencing of 72% cadastral maps has been completed till date. It was further revealed that both the scanned and digitized data is available in public domain. The computerized records can be translated into multiple languages as per the requirement of the user, the meeting was apprised. Later on the Chief Secretary chaired the State Level Sanctioning Committee (SLSC) meeting of Centrally Sponsored Schemes (CSS) under Krishonnati Yojana, RVV, MIPI and PMKSY. The Chief Secretary laid emphasis on saturating pos-sible benefits to farmers under these Schemes. He also asked for implementing the specific schemes in the areas where the results are likely to yield maximum benefits to public.

Mela. With the spirit of 'Vasudhaiva Kutumbakam' and 'Ek

With the spirit of 'Vasudhaiva Kutumbakam' and 'Ek Bhara Shreshtha Bharat', Scouts and Guides are play-ing a stellar role during community service and social empowerment in far flung areas, he added. The LI Governor appreciated the Bharat Scouts and Guides for providing a unique platform for the youth to learn the priceless values of life through experience, field work and selfless service of the society. benefits to public.

Dr Mehta also laid stress on promoting Millets as a 'super food. He asked them to utilize the opportunity of Shri Amarnathij Yatra for its promotion. He also asked them to converge these schemes with the 'One District One Product' and Amrit Sarovar scheme for enhancing their impact on ground. He also asked for giving more focus to the production of pulses, cereals and oil seeds so that J&K contributes to reducing import these from outside neid work and seniess service of the society. On the occasion, the Lt Governor felicitated Scouts and Guides, and encouraged them to connect more youth with Scout movement. He assured every assistance and cooperation from the UT Administration in their endeavours of commu-

nity service. Ms Gulshan Ara, Commissioner J&K Bharat Scouts and Guides presented a detailed report on the UT-level outside. He enquired about the ways for enhancing the per capita income of farmers. He directed the Agricultural Universities to formulate a farm income tracking system so that its monitoring becomes possible. He took this opportunity to ask for making an export plan for all the crops grown here. He emphasized that the District GDP measurement is essential to take concrete steps for procelling U. on the arb to frowcrose say development.

Camporee. Scouts and Guides also shared their learning and experience in the camp. Senior Officials, Guide Captains, Instructors, Scouts

and Guides besides Principals, teachers and students from various schools were present.

India's Moon Mission...

Chandrayaan would be capable of studying the vari-

Chandrayaan would be capable of studying the vari-ous aspects of Mouniculaing the Lunar environment and thermo-physio properties. But at the same time, another experimental instrument incorporated in Chandrayaan-3 Mission could be capable of studying different aspects of the Earth as well, thus prompting the simultaneous theme of "Science from the Moon". To Fitendra Singh said, various public-centric schemes rought by Prime Minister Narendra Modi in the last 9 years are not only meant for transforming the lot of those sections of society who did not receive their due attention in the earlier regimes, but in the long run these are going to create socio-economic transform-tions awell as change our social culture and behaviour. Dr Jitendra Singh said, variany of the public-centric ikie for example Rozgar Wela, StartU public-centric with a singh said, variany of the public-centric symmetry of the second singh said, schemes they outh that they are being provided a level-playing field with lequal chance to be rewarded for their capability and hard work. ing the Millet cultivation on 1000 ha of land hrst time in the valley. He said that the Department is planning to introduce certification of organic crops through PGS system valid throughout the country. He stated that the Department plans to introduce the National Programme for Organic Production (NPOP) for certifying organic crops recognized throughout the world. The meeting considered Annual Action Plan under seven components of Rashtriya Krishi Vikas Yojana (RKVY) including RKVY, Soil Health & Fertility, Rain fed Area Development, Per Drop More Crop, Agriculture Mechanization, Prampragat Krishi Vikas Yojana, and sub-Mission on Agro Forestry. The Annual Action Plan (AAP) to the tune 61 Rs 66.05 Cr was approved for fund-ing by Government of India. Similarly the AAPs for 2023-24 under Sub-Mission on Agricultural Extension (Rs 12.50 Cr), Food & Nutri-tion security and National Mission on Edible Olis (Rs 0.22 Cr), Seeds & Planting Material (Rs 9.43 Cr) now rechristened under the new Krishonnati Yojana were deliberated upon in the meeting. The AAPs for Mission for Integrated Development of Horticulture (MDH) accounting to Rs 47.78 Cr with

Under C2S programme...

successfully developed and tested, will be incorpo-rated into the next-generation commercial product of Shree Pacetronix Ltd., with an array of enhanced

features. "The Ministry's Chip to Startup Programme integral part of the Indian government's vision to estab-lish the nation as a global hub for Electronic System the funding pattern of 90:10 by Centre and UT was also approved. In addition the AAP for Pradhan Mantri Krishi Sinchayee Yojana (PMKSY) having components Design and Manufacturing," sources said adding that the initiative aims to foster a robust semiconductor ecosystem encompassing various facets such as design, manufacturing, packaging, testing, and related services. "The successful collaboration between Dr Shah, IIT

Programme and Watershed Development was also dis cussed. Jammu, and esteemed institutions highlights the It was revealed that these schemes have multiple objectives aiming at increasing the overall productiv-ity, replacement of seeds, providing assured irrigation facilities, better marketing facilities, value addition of crop produce, increasing soil fertility, besides creating employment opportunities for youth.

The successing control and the second second

India accomplished...

unleashed India's aspirations to drive growth in the "nine years of ease of business". "India accomplished a journey from red tape to the red carpet in the last #9YearsOfEaseofBusiness. PM @ narendramodi Ji introduced an efficient tax system, investor-friendly policy, and easier approvals to create a hassle-free business environment, making India an EVL destriction." has wreto on Envirter

of the benefits of start-ups, adding, "along with this, chips will also be made for ISRO." (Agencies)

Fix responsibility about...

cadastral maps of revenue villages, Dr Mehta of the g

observed that it should actually make the process of demarcation easy and more accurate. He also advised devising the SOPs/guidelines for resolving any issues or gaps arising from migrating the record from traditional spurred innovation and development. (Agencies) NIA court rejects...

system to modern systems. He also emphasised on carrying out seasonal

organizations. For these alleged offences, Para has been charged with various provisions of the Unlawful Activities Pre-vention Act (UAPA) and the Indian Penal Code (IPC), which are punishable with death and imprisonment for life, it was observed.

Which are pulsislations with death and imprisonment for life, it was observed. Hence, special judge, Sandeep Gandotra held that there are genuine apprehensions that Para may flee India and disrupt the collection of evidence against him. "Not only the trial of the case will get hampered which is at evidence stage but there are genuine appre-hensions of the applicant fleeing from the country and him trying to disrupt the collection of evidence in the USA for which MLAT request has been sent through government of India," the order said. On May 25, 2022, Para was granted bail by the High Court of Jammu and Kashmir and Ladakh subject to various conditions. These conditions included that he cannot leave Jammu and Kashmir without the prior per-mission of the trial court. Further, he was also ordered

mission of the trial court. Further, he was also ordered to surrender his passport before the investigating offi cer

In light of these conditions, Para moved the NIA court for permission to travel abroad and the release of his

In ingito intexe conductors, it anotes the release of his passport citing his selection as inaugural Peace Fellow of the YALE Peace Fellowship, 2023, which is slated to start in September and end in November this year. The Public Prosecutor (PP) objected to the applica-tion, contending that the Fellowship was a means to impede the ongoing investigation and trial against Para. The PP also asserted that there was a statutory bar under Section 51 of the UAPA on granting Para permis-sion to travel since his passport is deemed to have been impounded. The special court rejected the PP's contention with respect to Section 51, UAPA opining that, as per this provision, the trial court has the discretion to decide how long a passport ought to be impounded for and even to release It, depending on the particular facts and circumstances of the case. circumstances of the case.

However, the Court proceeded to reject Para's application in light of concerns that the investigation and trial, which is at the evidence stage, against him would get hampered if he were allowed to travel abroad.

Lieutenant General Rajiv...

"The Lieutenant General KcgIV... "The Lieutenant General addressed and interacted with the troops of Chinar Corps and exhorted them to continue to work with unflinching dedication and per-severance in pursuit of peace and stability in Kashmir. "He encouraged all ranks to take additional steps required to connect with the citizens in order to jointly work towards peace and development. According to the statement, Lieutenant General Chai, an alumnus of the Indian Military Academy, Dehradun, was commissioned in December 1989 into the Kumaon Regiment and has had an illustrious military career spanning 33 years during which he has held varied pres-tigious command, staff and instructional appointments. igious command, staff and instructional appointments. "As Colonel General Staff, he has served in the Divi-

sion deployed for Counter Insurgency Operations in J&K and Brigadier at Military Operations Directorate in Army Headquarters. In his command tenures, he has con manded a Battalion in the Western Sector lowed by command of a Brigade and a Division on the Northern Borders.

 On the occasion the ACS, APD, Atal Dulloo informed
 Northern Borders.

 that together with Holistic Agriculture Development
 "Ba (PALDP) the CSS are going to bring substantial
 Staff College, Wellington (Tamil Nadu), and has done

 Plan (HADP) the CSS are going to bring substantial
 Staff College, Wellington (Tamil Nadu), and has done

 Charge in the Agriculture sector. He maintained that the yield gap is going to lessen with each passing year through imple Ma National Defence College, NBow, and National Defence College, MBow, and Nation

various instruments of civil administration and society various instruments of civil administration and society to further the cause of peace and prosperity in Kashimi. He expressed hope at the improved security parameters in the Valley and is optimistic that even the ceasefire agreement along the Line of Control will further enable improvement of the overall security situation. "He called for the civil society to come forward and jointly work with the security forces to address the scourge of terrorism. "Eueutenant General Chai said that, together with the more of civil communication in the security of the context of the scourge of terrorism.

scourge of terrorism. "Lieutenant General Ghai said that, together with the support of all community members, Kashmir will move a step closer to its glorious past while leaping forward in the development barometers," the statement said. (Agencies)

Nitin Agrawal takes...

as Deputy Inspector General in the Central Indus-trial Security Force (CISF), and Inspector General in the Indo-Tibetan Border Police and Sashastra Seema Bal (SSB).

He took charge from CRPF Director General Sujoy Lal Thaosen, who has been holding the additional charge of the BSF for the last five months after the retirement

Indosei, who is been housing the additional utange of the BSF for the last five months after the refirement of Pankaj Kumar Singh in December 2022. Prior to assuming the role of Director General of the BSF, Agarwal served as Additional Director General (ADG) Central Zone and as ADG Operations in the Cen-tral Reserve Police Force (CRPF). He was promoted to the rank of ADG in 2014 while serving with the ITBP. Agarwal holds a B.Tech and an M.Tech degree from ITD Delhi, along with an M.Phil in Social Science from Punjab University. Acknowledging Agarwal's outstanding contributions to the field of law enforcement, the Central govern-ment honoured him Indian Police Medal for Metirorious Service in 2007 and the President's Police Medal for Distinguished Service in 2015. After lying vacant for five months post the retire-ment of Pankaj Kumar Singh in December 2022, the country's prestigious BSF got its new chief on Sunday

ag carpet in the last #97earS0rdasE0rdbusiness.PM (g) ment of Pankaj Kunar Singh in December 2022, the arendramodi Ji introduced an efficient tax system, ountry's presidous BSF got its new chief on Sunday vestor-friendly policy, and easier approvals to create hassle-free business environment, making India an (ACC) approved the Ministry of Home Affairs proposal of appointing Agarwal as the new Director General of The home minister said whether it is "StartUp India", the force last week.

Stand Up India", PLI or digital transformation, a whole f-the-government approach to facilitate growth has marily tasked to guard the 3,323 km of India-Pakistan

in J&K | Pulwama native Abdul Basit is an inspiration to many aspiring medical students

JI NEWS SERVICE SRINAGAR, JUN 14

With an exceptional

achievement in securing All India Rank (AIR) 113 in

All India Rank (AIR) 113 in the UGC National Eligibility cum Entrance Test (NEET), Abdul Basit, a native of Pul-wama has emerged as the topyer from the union terri-tory of Jammu and Kashmir. Basit, a young and talent-ed student haling from the picturesque Chewakalan area of Pulwama in south-ern Kashmir, has become a

ern Kashmir, has become a source of pride and inspira-tion for the entire region.

expressed his surprise and

delight at his remarkable

that I'll be the topper from J&K. It's totally amazing for me," he exclaimed with

a smile that reflected his

spending with my books,

and self-control in achiev-

"I wasn't expecting

feat.

down for extended periods.

Basit, however, showed remarkable resilience and adaptability by attending online classes during these tough times. He demon strated that determination

strated that determination and a strong work ethic can prevail even in the face of adversity. Basit's educational journey began in Pul-wama, where he received his elementary schooling before moving on to NIT Pulwama. Additionally, he joined Aakash classes for a comprehensive four-veat a comprehensive four-year course that laid a strong foundation for his succes

In an interview, Basit "Today, I received the wonderful news from the Aakash Institute, Despite continuously checking my results online, I was unable to access them due to the high website traffic. How-

a smile that reflected his high website traffic. How-humility and genuine grati-tude. How-exert, finally received a call from the Aakash coaching centre," he narrated with a cests this focused approach towards his studies. Unlike any of his peers, he had consciously avoided the distractions of social media his time to his studies. "Most of the time, 1 was spending with my books, not only to his teachers but not only to his teachers but spending with nij books, not only to his teachers out with no use of social media also to the significant role except WhatsApp," he played by his uncle. Their revealed, emphasizing the guidance and mentorship importance of discipline had been instrumental in shaping his academic jour-nev and moulding him into

ing one's goals. While acknowledging his ney and moulding him into the person he had become. For Basit, achieving suc-cess in life goes beyond aca-demic accomplishments. It requires unwavering focus, consistency, and a strong connection with the Almighty. He firmly believed that with the right mindset and determina-tion, anyone can overcome While acknowledging his own efforts. Basit was quick to recognize the invaluable support and guidance he received from his family and his uncle. He humbly stated, "For achieving this, there is much more contri-bution of my family and my uncle." The COVID-19 pan-demic posed its own set of challences, with schools tion, anyone can overcome challenges, with schools obstacles and achieve their and coaching centres shut dreams.

and 4,096 km international border with Bangladesh apart from rendering a variety of duties in the internal security domain. The BSF has over 2.65 lakh personnel working in various capacities. (Agencies)

Narco-Terror module...

AK 47 Rifle, two Pistols, eight Grenades and 13.2 lakhs cash. "Eight accused arrested in past two weeks," the ADGP said.

MeT predicts more...

"From 15-17th, light to moderate rain or thunder-storm is likely at scattered places of Jammu and Kash-mir. Some places in Jammu region like Poonch, Rajouri, Reasi, Samba etc. are likely to receive moderate to heavy thundershower during 15-16th (60% chance)," the MeT spokesperson said.

The weather department advised farmers that weath er will not be favourable for carrying out farming opera-

er will not be favoirable for carrying out farming opera-tions for the next four-five days. The weather is likely to improve from June 17. Kashmir has been witnessing erratic weather this year and the temperature mostly has been hovering several degrees below normal. Even in June, people here are seen wearing woollen clothes. Last night, Srinagar recorded 15.2 degree Celsius. The night temperature in Pahalgam, a popular tourist destination, was 9.8 degree Celsius and the ski resort of Gulmarg registered 7.5 degree Celsius. Jammu recorded a minimum temperature of 25.9 degree Celsius.

degree Celsius.

Around 53 Lakh...

region out of which, highest were in the month of April Sharing figures, official sources said that in January.

Sharing figures, official sources said that in January, 9,32,890 domestic tourists, three foreigners, in February 7,37,954 domestic tourists, five foreign-ers, in March 16,57,329 domestic tourists, 23 foreign-tourists visited parts of Jammu region. To woo tourists to the Jammu region, Directorate of Jammu Tourism will be boosting the adventure sports including paragliding for which the applications have also been invited from the aspirants for professional training in handling the adventure sports activities. Administrative Secretary, Jammu and Kashmi Tour-ism Department, Dr Syed Abid Rasheed Shah on June 5 at a function in Basohli, had said that the Department of Tourism is committed to promoting Basohli as a hadel nuclear bart of J&K and the Department shall make all endeavours to bring it to the global tour-ist map with modern-day State of the art facilities and ist map with modern-day State of the art facilities and infrastructure.

All critical gaps that need to be worked upon, shall be addressed by the Tourism Department, especially under the aegis of 'Swadesh Darshan' and other similar schemes of the Union Tourism Ministry, Dr Shah had said. (AGENCIES)

JINDRAH IMAGES

Emerging as NEET '23 topper

produce, access to inputs, loans and market besides

enefits under different beneficiary oriented schemes

The Commissioner, Survey & Land Records, Kumar

Dr Mehta also laid stress on promoting Millets as a

propelling UT on the path of progress and development. He impressed upon the Agricultural Universities to

make timely interventions to curtail the spread of cer-tain diseases like leaf minor etc complains of which

are made by orchardists. He enjoined upon the Deput Commissioners to seek assistance from SKUAST in orde

to safeguard their areas from any damage by these

On the occasion the ACS, APD, Atal Dulloo informed

of Horticulture (MIDH) accounting to Rs 47.78 Cr with

Krishi Sinchayee Yojana (PMKSY) having components like Har Khet ko Pani, Accelerated Irrigation Benefit

It was revealed that these schemes have multiple

FDI destination," he wrote on Twitter

NEWS

People well convinced of concern of BJP and Modi government for J&K: Raina



JI NEWS SERVICE

JAMMU, JUN 14: Jammu Kashmi BIP President Ravinder Raina, along with Vice Presidents Sham La Sharma and Surjit Singh Salathia and former Minister Chander Prakash Ganga, chaired a meeting of senior leaders at party headquarters to discuss the preparation for the successful conduct of the scheduled June 23 rally of Union Home Minister Amit Shah to be

Ravinder Raina, in the neeting, said that the party leaders have to the BJP and Narendra Modi government that have been concerned for party leaders have to mobilize the public for the rally by holding meetings in small groups with dif-ferent sections of society the peace, development and prosperity of J&K and there is no doubt that peoin Jammu to seek their in Jammu to seek their support for ensuring max-imum participation of the people from all the sec-tions of society, including those associated with dif-former and participation and the Union Home Minister, but still the party leaders have to approach them as a courtesy", said Ravinder Raina. Ravinder Raina further ferent professions and working in different

fields. "The people of J&K are well convinced that it is Linion and the people of J&K are thankful to him and the Modi government. Ravinder Raina, while discussing the required preparations for the upcoming rally, asked the senior party leaders to meticulously divide the work among themselves regarding various require-ments for the conduct of rally. He also asked them to share the details of blue print in the next meeting. Senior leaders includ-ing Yudhvir Sethi.

ing Yudhvir Sethi, Harinder Gupta, Sukhnandan Kumar, Prof. ple will come to listen to the Union Home Minister, Gharu Ram, Vikram Gharu Ram, Vikram Randhawa, Rajeev Sharma, Dr. Krishan Lal Bhagat, Vikas Choudhary, Kashmira Singh, Inderjeet Sharma, Pramod Kapahi, Rekha Mahajan, Ved Sharma, Puneet Mahajan, said that Amit Shah has contributed a lot to abro-Surinder Choudhary, Hari Om Sharma, Ajay Sharma and others attended the meeting. gate Article 370 and to ensure the full integration of J&K with the Indian

Manjit Singh demands 24/7 electricity in Jammu plains

SAMBA, JUN 14: Apni Party Provincial President

Jammu, and Former Minister, S. Manjit Singh today demanded 24/7 electricity supply in Jammu region in view of soaring temperature in the summer season Addressing a public meeting here, the Former Minister said that raised

Minister said that raised the issue of being con-fronted by the people across the plains of Jammu, Samba, Kathua, and Udhampur with regard to the unscheduled power cuts. These power cuts have affected normal life because the curtail. life because the curtailment is taking place for hours together in rural as well as in urban areas of

well as in urban areas of Jammu plains," he said. He said that the people are unable to bear the scorching heat wave whereas the PDD has failed to ensure round the clock supply of the elec-tricity despite assurances that the consumers would get 24/7 electricity supply in the meterod

"However, the PDD has not been able to fulfill its promise. The required electricity is not being purchased by the PDD citing various reasons but they forget that they collect revenue from the electricity

enue from the electricity consumers in the shape of electricity harges yet the electricity is not being sup-plied. The said. He said that the Govt should take a strict action against the officials of PDD for not projecting the required electricity that is to be purchased for J&K. Instead the PDD has restored to unscheduled long hours cuts that have caused uneasiness among



ral n

the e general masses. He said that the long hours power cuts also affect the water supply system especially in the Kandi belt and people remain without tap water supply during the sum-mer season. "With consupply during the sum-mer season. "With con-stant power cuts, the extra pressure is put on their pocket as they have to hire private water tanks to sup-ply them clean water," he odded

added. He also stated that the He also stated that the farmers in villages also face similar problems because water pumps do not work without the elec-tricity. "The paddy season is approaching and the ead the PDD has pred to unscheduled

BJP's self-centered and opportunistic approach

tarmers are unable to water their fields," he stat-ed.

15

He demanded that the Govt should ensure that the people get the electric-ity which was promised to them. He reminded the them. He reminded the people that the LG admin-istration is not answerable to the people. Therefore, holding of assembly elec-tions is a must to end the growing issues of the peo-ple. If the Apni Party forms the next Govt, he said that they will provide 500 units of electricity free

of cost during summer season, and 300 units dur-ing winters in Jammu

BJP Prioritizes Startups and Business **Growth in Jammu: Vibodh**

JI NEWS SERVICE

JAMMU, JUN 14: Today Abhiyan, Vibodh Gupta, General Secretary Janata Party Bharatiya Janata Party (BJP), J&K and former MLC, met wih leading businessmen, industrial-ists and their officer bear-ers in Bari Brahmana, Vijapura, and Samba. Vibodh accompanied by former Mayor Chander Mohan Gupta, Narayan Sinab Kashmira Sinab Bharatiya Singh, Kashmira Singh, Neeraj Anand, Sham Neeraj Anana, Such Langer and Rikki Gupta perity of Territory.

Gangyal President Rajesh Jain, Laghu Udyog Bharti contributions to the economy, employment genera-President Parveen Pargal tion, and overall develop-BBIA President Lalit ment of Jammu and Kashmir. Vibodh shed Mahajan and Prominent Mahajan and Prominent Businessmen of Samba. During the interactive session, Gupta reaffirmed the party's commitment to supporting startups, industrialists and busi-passmen and expressed

The BJP reas-emphasised the vital role played by industrialists and the business commu-nity in driving the pros-cerity of the Union BJP leader also hasised the vital role He acknowledged their significant pivotal role in fostering the growth and development of industries in Jammu. Vibodh strongly assert-ed that the Maha Jan Sampark Abhiyan, a mas-

sive outreach campaign, has been initiated to nas been initiated to engage with various sec-tions of society, including businessmen and industri-alists, to understand their concerns and aspirations. The BJP aims to strengthen its bond with the people, eather valuable feedback gather valuable feedback,

and Kashmir

Territory

He also reiterated that

Former Mayor Chande Mohan Gupta maintained that the BJP remains com-mitted to encouraging the business community and creating employment opportunities in Jammu

Sattron Party has shown no concern for the people of Jammu and Kashmir and their aspirations. In a statement issued here today, Rattan Lal Gupta, Provincial President of JKNC criticized the government at the Centre for mis-leading and betraving neonle of leading and betraying people of Jammu and Kashmir on the name of development. He said that the BIP claims to have developed the UT but the ground realities are in stark con-

Claims voluer-the ground realities are in stark con-trast to their claims. The people are still grappling with issues like lack of basic civic amenities, poor infrastructure, unemployment etc.⁸ Battan Lal expressed grave con-

Rattan Lal expressed grave con-cern over the lack of basic amenities cern over the lack of basic amenities in the region, which is the funda-mental rights of every citizen of the country. He said that the situation across the Jammu region has deteri-orated to such an extent that women/ Children are demonstrat-ing on the roads due to the scarrity. ing on the roads due to the scarcity of drinking water. Several protests witnessed from

JI NEWS SERVICE



Lakhanpur to Rajouri, Poonch and even so called parts of the capital Smart City due to the water scarcity with people decrying for basic ameniti

The senior NC leader criticized The senior NC leader criticized the government for working with-out any planning and laying water distribution pipes without having a source of drinking water and the works of most of the water supply characterized and the set of schemes are stopped or left incom-plete due to non availability of funds

plete due to non availability of funds in the region specially the kandi belt of Jammu, Samba and Kathua caus-ing people to suffer significantly. The senior NC leader raised seri-ous concern about the dismal condi-tion of power scenario the regular supply of which always remained affected due to substandard trans-

Sports infrastructure strengthened under Modi Regime: Col Mahan

Chhinj Mela concludes, draws massive partici

used in power distribution system So far health sector is concerned that too in a very bad condition. The public health centers and village dis-pensaries across the region which public health centers and village dis-pensaries across the region which are facing acute shortage of doctors. He said that in rural areas, the health centers are being run by paramedics, putting people at the mercy of God. Furthermore, he also pointed out that the aread conditions in Lonzow that the road conditions in Jammu region are in deplorable condition, region are in deplorable condition, causing daily accidents and the loss of precious lives. The Jammu to Sunderbani and Kalakote roads are in poor condition.Likewise the road conditions of Chenab valley are also in bad shape and also accidential propagate

prone areas. Lastly, he raised serious concern Lastly, he raised serious concern over the damages caused by the recent earthquake in the Pir Panjal Range and Chenab valley caused great loss to the people and urged the government to provide adequate compensation to the affected people. The Provincial President criti-cized the BJP for not holding elec-tions to end the notifical statemate in

tions to end the political stalemate in the UT, adding that the BJP's approach to the UT has been purely opportunistic and self-centered. The opportunistic and self-centered. The Saffron Party has shown no interest in the welfare of the people of Jammu and Kashmir he said.

robust Prasad delivery mechanism JI NEWS SERVICE KATRA, JUN 14: Shri Mata Vaishno Devi Shrine Board has entered into an agreement with the M/s DTDC Express Limited,

DTDC Express Limited, New Delhi (Desk to Desk Courier & Cargo) an Indian courier service firm having stout network nationally as well as inter-nationally, for providing logistics, packing and door to door speedy deliv-ery of Prasad Boxes to the devotees of Mata Vaishno Devi II across the country Devi Ii across the count

Devi Ji across the country. This initiative of the Board undertaken as per the directions of Sh. Manoj Sinha, Hon'ble Lt. Governor, JK-UT shall facilitate and will greatly help deructors in prochy

Board

facilitate and will greatly help devotes in speedy receipt of Prasad, said the Chief Executive Officer. Anshul Garg, Chief Executive Officer, Shri Mata Vaishno Devi Shrine Board today flagged off the vehicle of Prasad through this courier servthrough this courier service to various destinations at Spiritual Growth Growth at Spirituan Centre, Katra in the pres-Director Sales, M/s DTDC Express Limited.

In this regard, five cate-gories Prasad of denomiof denomi-Rs.100/-, of Rs.300/-Rs.500/-,



i.e. www.maavaishnodevi.or g or through mobile app of SMVDSB. The firm shall inaugurated on June 6 at Jammu Airport for the facilitation of the devotees also provide insurance of each and every consign-ment and facilitate devo-tees with the digital track-

by the Chairman, SMVDSB (Lt Governor, SMV Loc. JK-UT). Pertinently, Lieutenant Governor, JK-UT Shri ing. Besides, the firm shall Governor, JK-UT Shri Manoj Sinha, formally launched the 'Pooja Prasad' home delivery service for the devotees ensure that Prasad reaches the doorstep of the devo-tees in North India within 48 hrs, once the booking is being confirmed. In addi-tion, the firm shall also do packaging of Prasad Boxes throughout the country on 21 September, 2020 during the Pandemic and there-

.

after SMVDSB has taken several measures for several measures for enhancing the efficiency of the operation of door-to-door delivery of Prasad boxes by minimising the delivery time with real time tracking of Prasad. Among those present

Head Project Business, DTDC and other officers & concerned staff from SMVDSB & DTDC.

Chief Executive Officer; Dr. Sunil Sharma; Dr. J.C. Mehra, Jt. Chief Executive Officer; Vishavjeet Singh, Dy. Chief Executive Officer; Ajay Salaan; Vipan Bhagat, Asstt. Chief Evenutive: Officer Executive Officers, SMVDSB; Girish Dua,

KATHUA, JUN 14: ol Mahan Singh, DDC Chairman Kathua, highlighted the significant improvement in sports infrastructure under the lead-ership of Prime Minister Narendra Modi. Modi. Speaking at the Chhinj Mela in Plassi, Kathua, Col Mahan Singh emphasized the government's focus

emphasized the government's focus on strengthening sports accilities across the country. This underscores the commitment of the Modi regime to enhance sports infrastructure and provide opportunities for athletes to excel. The efforts made in this regard have played a pivotal role in bolstering the sports sector and encouraging the growth of sporting talent in India, he added. The DDC Chairman Kathua was on the occasion were Navneet Singh, Addl. Chief Executive Officer;

talent in India, he added. The DDC Chairman Kathua was the chief guest on the final day of the two-day Chhinj Mela held at Plassi in Basohli Sub District. The event witnessed an impres-sive participation of over 30,000



enthusiastic individuals. The second day of the event kicked off with a captivating cultur-al program by renowned Dogri singer Sars Bharti and her group. dominantly women and youth, graced the occasion. Ms. Sars, known as a social and the second s More than 5,000 participants, prechown as a social media youth icon, delivered a splendid performance that left the audience in awe. Col Mahan Singh also extended a

warm welcome to the participants, including wrestlers from various states and artists.

The Dangal event, eagerly antici-pated by the residents, lived up to its reputation as the best Dangal in the region. The wrestlers showcased their skills and enthralled the crowd with their remarkable performar adding to the excitement of the Chhinj Mela.

Chhinj Mela. DDC Member Tajinder Goldy, Darshan Singh, Satpanch Ramesh Chander, Capt Harnam, PC Sharma, Ram Chand Ex BDO, and others were present. Their presence further enriched the vibrant atmosphere of the Chbini Mela the Chhinj Mela.



SMVDSB partners with DTDC for a

remarkable progress achieved through schemes achieved through schemes such as the Mudra loan, which has provided cru-cial financial support to entrepreneurs and bud-ding startups. The incen-tives provided by the gov-ernment have played a He also reiterated that BJP is determined to empower every section of society to pave the way for a prosperous and vibrant future for the Union Torritory ernment have played a



JI NEWS SERVICE JAMMU, JUN 14: J&K National JAMMU, JUN 14: JEK National Conference today criticizing the Bharatiya Janata Party (BJP) for its self-centered and opportunistic approach towards the people of J&K. Gupta emphasized that the Saffron Party has shown no concern



OPINION



Logic will take you from A to B. Imagination will take you everywhere - Albert Einstein

JINDRAH MAGES

Vibrant PRIs to ensure inclusive development

n recent years, the rural areas of Jammu and Kashmir have shown great vibrancy in terms of developmental activities. The benefits of centrally sponsored schemes have started percolating down to the neediest and poorest of the poor in villages. This should be attributed to the extension of 73rd Amendment to Jammu and Kashmir for empowerment of Panchayati Raj Institutions (PRIs) post-abrogation of Article-370. A lot of thrust has been given on de-centralization of funds under three-tier Panchayati Raj system. Unfortunately, these three tiers of the sys tem are yet to work in full coordination with each other, resulting in discord and disharmony. The Sarpanches, who constitute the first-tier of Panchayat Raj system, are unhappy with chairmen of Block Development Councils and District Development Councils, alleging that they are being ignored and by-passed by these bodies while formulating development plans for their respective blocks and districts. In one of the incidents, the Sarpanches of block Pargwal have come out openly against the BDC for preparing development plans unilaterally and not taking them into confidence. Their plea is that all development plans prepared by the Block Development Council Pargwal should be cancelled as the same were formulated unilaterally in gross violations of the guidelines of Panchayati Raj Act. The plans were prepared unilaterally by a coterie of people who don't want inclusive development of the block. We request the UT administration and the Deputy Commissioner Jammu for immediate cancellation of these plans so that the new plans are drafted with the unanimous consent of all members of the BDC Pargwal. Another area of concern is the non-action on the part of officers concerned who turn a blind eye to these violations. To avoid this disharmony and discord, the Sarpanches, who are the members of the BDCs, should be consulted and taken into confidence before finalizing development plans. It will not only help in carrying out inclusive development but also ensure effective implementation of 3-tier Panchayati Raj system in Jammu and Kashmir. The UT administration had earlier started conducting Social Audit of all the works executed under centrally sponsored schemes in all 4291 Panchayats in order to ensure transparency and accountability. This process needs to be continued and implemented effectively so that accountability is restored. Apart from this, some additional schemes of the rural development department and other departments should also be brought within the ambit of Social Audit. The government should put in place a well-devised mechanism to immediately plug all loopholes without any delay so that no one is allowed to siphon off the public exchequer. The benefits of all welfare schemes should percolate down to the needy and poor people in far-off areas of Jammu and Kashmir, with the consultation of grassroots representatives of people. It will help the government in making PRIs more vibrant and dynamic institutions.

ALL RELIGIONS ONLY TEACH PEACE

PACHU MENON

t a time when religions are influencing A time when religions are influencing politics across the globe, the contention have gained political influence, marshalling reli-gious arguments to justify their activities, cannot be overlooked. "Moreover, religion has inspired a multitude of world events, ranging from horrific terrorist acts to altruistic responses to the refugee crisis." (Religion and World Politics) Let us accept the fact that religion is a creation of man, arguably a matter

creation of man, arguably a matter of convenience, one which would enable him to lead an honourable life within the constraints of an orderly society and a concept that would enable him to differentiate between good and vile deeds. With righteous and evil attributes of personality clearly emerging with the evolution of man, the perception of sins and virtues became a gateway to the thoughts of a Supreme Being, an omnipotent presence overseeing our existence. Thus God was born! Needless to say, man cre-

tent presence overseeing our existence. Thus God was born! Needless to say, man cre-ated God in his own image! The impression of the gods too started changing with time. Fire and water gave way to animals and birds. Any notion that was cary and was unexplainable manifested in Godly forms. Natural calamities and other disasters were the consequences of dis-pleasing the Gods. To appease them, the idea of sacrifice was mooted. The ushering in of the era of mumbo-jumbo saw the need for a special class of people who could deci-pher the signs of the Gods. This saw the birth of high priest, who were thought of as a privi-leged class due to their proximity to the Gods. The rise of this priestly rank in the hierarchy of power assumed alarming proportions, and soon commoners were alienated from their own Gods. Considering that modern times have seen farge-scale violence in the name of religion, many feel the world would be better of without 1. sincerly feel religion has been grossly mis-uscues for their materialistic motivations. The culture of any region is an amalgam of all the social and relievous beins that makes for the

culture of any region is an amalgam of all the social and religious beliefs that makes for the temporal identification of the inhabitants.

With religious fervour being kept alive by age-old scriptures that dictate the modalities of wor-ship, one is compelled to believe in the potency of religious texts that have time and again been of religious texts that have time and again been cited or misquoted for appropriate or unfortu-nate reasons. With the study of the scriptures being the prerogative of the aforementioned 'restricted sect', obviously the elucidations of the sacred texts would be time-and-need based -flattering interpretations to curry favour from royals, which turned oppressive when it came to the hoi poliol The trend continues to this day, with an exception that the expounders of the Word of God' may not necessarily be 'men of God'. The Gita, the Quran and the Bible have become texts that are being researched and God. The Gita, the Quran and the bible nave become texts that are being researched and analysed day in and day out, with exponents presenting their own views and putting up their own theories. A host of spiritual television net-works, in Hindi, English and vernacular lan-

guages, have exclusive telecasts of sermons inspiring inner strength, peace and happiness, spiritual growth and the powers of the mind, delivered by men who profess to have an in-depth knowledge of various

Undoubtedly, the business of consciousness and spirituality is a thriving venture these days! All that is fine; what is disturbing is the ten-dency of the present generation to move away from God and put undue stress on flis words'. This brought about the advent of a host of peri-paticic proselytisers, whose masquerades as the authority on various scriptures have gone unquestioned. The current cop of spiritual teachers and their knowledge of religious texts have ensured them a staunch following. Be that as it may, it is the devotion shown to mere mor-als than the Onnipotent which has come as an unbelievable fact. Of late, one has suddenly woken up to facts about Islam that wouldn't have been forthcoming in the last few decades. The problem lies in the laying bare of the Quran for public deliberations. Verses from the

Quran for public deliberations. Verses from the Quran for public deliberations. Verses from the Holy Text have been crudely misappropriated to perpetuate myths that the religion promotes vio-lence. A Holy writ that could have been the apt reasoning in the period it was conceived in need not necessarily apply verbatim in a future age. Strict adherence of the Sacred Commandments

Strict adherence of the Sacred Commandments without proper understanding and misinterpre-tation of the basic tenets of the religion amounts to fanaticism. This statement of belief is very dangerous, an affront to any religion, and this is precisely what is happening! Islam comes from the root word 'salaam', which means peace. It means submitting one's will to Allah. Thus Islam is a religion of peace, which is acquired by submitting one's will to the will of the Supreme Creator, Allah. At such a

religious 0 texts 2

time when religion is being overshadowed by virulent commentaries by orators who appear to incite a benign public with their senescent trans-lations of the revered books, even the Bhagavad Gita and the Holy Bible have not been above reproach. With instituations of these divine man-uals promoting violence and protection more than the practice of one's faith, the misinterpreta-tions of the texts have assumed precedence over matters spiritual. This could well be the justifica-tion of the communal conundrums that have become the order of the day! Let us now look at an apt example of an incon-gruity brought about by distortions of the erigi-nal text! When Islamic fundamentalists claim to be engaged in jihad' perpetrating heinous terror activities on an unsuspecting public, the asser-

activities on an unsuspecting public, the asser-tions by moderate Muslims that 'jihad' is an internal fight against the enemy, the evil within one's self, becomes a

Mahatma Gandhi, in one of his many jottings, questioned the wisdom in doubt ing the essence of the Bhagavad Gita with relevance to violence. The Mahabharata war within which the divine message is revealed, gives the impression that the Gita rec-ommends war. Although the essen-

gives the impression that the Gia rec-mends war. Although the essen-tial theme of the Gia is apparently a heartrending battle, it would be wrong to say that it promotes vio-lence. On the contrary, it uses the context of a war against one's fami-ly, elders and tachers specifically used to say that it promotes vio-lence in any form. In the New Testament, war is seen as evil; Jesus Christ emphasised peace. "If someone strikes you on the right check, turn to him the other also", "Love your enemiss and pray for those who per-secute you", "Be at peace with all men," and "Do not be overcome by evil, but overcome evil with Good" are among the advice one comes across in Christian texts. All sacred books promulgate a theory of peace and forgiveness and the several similarities in expression and meaning between them should convince mankind that, though born in different ages, prophets and messiaby born in different ages, prophets and messiahs were blessed with an uncanny instinct to see the

truth For instance, if in the Gita, Lord Krishna is seen telling Arjuna that, "I am the beginning and the middle and the end of things (Ch. X. 20)," the New Testament, Bible, says, "I am Alpha, Omega, the beginning and the ending" (Rev. 1.8).

When man unwaveringly swears by Gita, Bible or Quran that he will speak "only truth and nothing but the truth" in a court of law, he is acceding to the ultimate truth that these holy scriptures define his moral conscience. In any way one looks at it, down the years, the Gita, the Bible and the Quran have allegorically taught humankind to strive for an upright and practical existence. The vade-mecum of various beliefs, if existence. The vade-mecum of various beliefs, if seen and understood in the correct perspective, gives one an insight into the simplicity that defines life. Yielding to undue stress on the type of religoisty being advocated these days, man is making an inglorious exit from the spiritual path and enforcing a religoius order that will demand a bloody oblation - the sacrifice of the soul

INDIA NEEDS A TRADE PACT WITH EU

MAJ GEN ASHOK K MEHTA (RETD)

U and India first began hegotiations on a free trade agreement in 2007 before the talks were kept in abeyance because of a chasm in ambition between the two major

parties The European Union (EU), with as many as 27 disparate nations from the European conti-nent, is by far the biggest single unified market which any tradtimined market which any frad-ing nation would love to do busi-ness with as it ensures hassle-free transactions and commercial engagements of humongous pro-portions to the lasting benefit of both parties. No doubt, in line with the current languorous global world economic outlook, trade as an engine of growth and prosperity is not that efficient, with many a country taking shel-ter under insular policies to pro-tect its own domestic industries from the cold blast of competi-tion. For India, which successful-ly carfied a wider free trade agreement with the United Arab Emirates and Australia in the last couple of years besides a dozen FTAs with countries such as Sri ing nation would love to do busicouple of years besides a dozen FTAs with countries such as Sri Lanka, Thailand, Singapore, India-ASEAN (Association of Court First Arian Nations) South South East Asian Nations), South Korea, Japan, Malaysia and Mauritius to an agreement on SAFTA involving neighborhood nations, the one with the EU

remained a work in protracted progress for decades now! The EU and India first began negotia The tions on a free trade agreement in 2007 before the talks were kept in abeyance because of a chasm in ambition between the two major

EU is India's third largest part-er, accounting for Euro 88 bil-lion worth of goods in 2021 or well-nigh 11% of India's total trade. For EU, India is the 10th largest trading partner, account-ing for 2.1% of total trade in goods in 2021. Trade in services between the EU and India reached Euro 30.4 billion in 2020. The EU's share in foreign invest-ment stock in India reached Euro The EU's share in foreign invest-ment stock in India reached Euro 87.5 billion in 2020, up from Euro 87.5 billion in 2017, making the EU a leading foreign investor in India. According to a reply to a query in the Lok Sabha in the budget session of Parliament, minister of state for commerce Anupriya Patel said India's total trade with the EU during the first 10 months of fiscal 2022-23 (April to January) amounted to \$108.9 billion with a positive trade bal-ance of \$12.4 billion in India's favour, against \$116.4 billion with a positive trade balance of \$13.5 billion in India's favour during 2021-22. So, Indian exporters have been doing excep-tionally well in the vast unified EU markets during the last two years when the world economy



and trade were disrupted by the pandemic fallout. This also underlines the need to preserve the momentum, reflecting the high stakes entailed if both the the momentum reacting the high stakes entailed if both the markets become barrier-laden, both non-tariff and tariff, going forward. That is the reason why relaunched negotiations on abai-anced, ambitous, comprehen-sive and mutually beneficial free trade agreement in last June, besides rolling out negotiations on an investment protection agreement and on an agreement on geographical indications (Gls) to safeguard the goods peculiar to each trading party. The Gls pact, once wrapped up, would pact, once wrapped up, would bolster rural communities and help preserve the cultural her-itage of both sides, besides paving the way for simplified access to quality products for consumers on both sides and ambitions. That is why any

ment of the EU by international trade bodies, such as the World Trade Organization (WTO), is helpful in sifting the details to draw appropriate and relevant inferences for our policy makers to respond to the emerg-ing scenario. The WTO released its trade policy review of the EU most recently in the first week of June in Geneva. The WTO's 15th trade policy review of the EU examined critically the develop-ments and practices since the last review in 2020. Members taking promote the GIs globally. The promote the Gas guodaly. The aim behind likenalising trade and investment in lock step with trade will hopefully help harvest significant opportunities (or growth and also in domains going beyond goods, notably services and digital trade, intel-lectual property and public pro-curement. It is against this burst of renewal of relationship between India and the EU, with the latter being the biggest force and spur in India's White Revolution of high milk produc-tion, the EU has always been looked upon as a partner in progress. But being composed of a cluster of countries with each one known for its own problem ent and labour standards and s-commerce, have been at todds aim behind liberalising trade and

ments and practices since the last review in 2020. Members taking part in the discussions highlight-ed the impact of EU policies on them by broadly appreciating as promoting growth diversifica-tions and the sustainability of value chains. As a result, GDP growth resumed in 2020-21 and accelerated further last year. A considerable number of members in their intervention adverted to the EU's environ-mental and climate policies and those concerning digital transfor-mations, which cut across sec-toral WTO disciplines. Stressing that these initiatives should not result in barriers to trade, they nonetheless lauded the broader goals of achieving clean climate and improving the environment. They pointed, in particular, as a matter of concern the Carbon Border Adjustment Mechanism (CRAM), green taxation and green government procurement. green government procurement. India, too, referred to these areas

singled the and singled out the Deforestation-Free Commodities Regulation that have potentially a negative impact on trade. Many members pertinently underlined improvements that could still be made on non-tariff barriers through advance notice of pro-posed measures and opportuni-ties for comments and further engagement in matters pertaining to conformity assessment of standards and technical regulations. Equally, many members noted that the safeguard meas-ures on steel had been in place for several years and their recent ures on steel had been in place for several years and their recent extension was of particular con-cern. Also, hey zeroed in on the EU's intellectual property regime, including the implemen-tation of the unitary patent sys-tem and the expansion of the number of products liable to G1 protection. Members raised a raft of other crucial issues with a whopping impact on trade, including the Regulation of the Registration of Evaluation, Authorization and Restriction of Chemicals (REACH), the Waste Shipment Regulation, the Anti-Coercion Instrument (ACI), the Revised Enforcement Regulation, the European Critical Raw Materials Act, the Cyber Resilience Act, the Net Zero Industry Act and the Temporary Crisis and Transition Crisis and Transition Framework. That the EU is important for all trading nations

can be seen from the opening statement at its trade policy review by director general, Directorate General for Trade, European Commission, Sabine Weyand when she said that "EU trada with the seat of the world trade with the rest of the world represents over 16% of world trade, counting both goods and services. This is more than the EU's share in global GDP, mean-ing we punch above our weight in the area of trade. The EU is the world's largest single trading entity and the number one trad ing partner for 53 countries around the world that represent ing partner for 53 countries around the world that represent almost half of the world's GDP". Today the EU has, as of end-bocember2022, the largest net-work of regional trading arrange-ments (RTAs) in the world with 44 patts in place. Besides, it is also engaged in negotiations for new RTAs with New Zealand, Australia and Indonesia and to update and deepen the extant ones with Chile and Mexico. So as India is proceeding with a verivice ITA pact with he EU, it should go the extra mile to ensure that it stitches up this mega deal before long so that the resultant win-win situation for the conmercial alliance through cooperation and openness would be immense to the stakeholders, in general, and to India, in parti-ular, as it has no comfort of belonging to any big and major trade alliance of science belonging to any big and major trade alliance of salience.

7 superfoods you can eat daily for longevity



anced diet, but having meals with all the nutri-ents is not possible. One food might be a rich source of fibre or protein, but might be lacking in certain vitamins. Another one could be full of antioxidants, but could be full of antioxidants, but again might not be a good source of certain minerals needed by our body. That's why there are superfoods, which are beneficial for your body. HealthShots connected with Dr Shahid Shafi Bhat, Consultant Internal Medicing. Ulida Courne

Internal Medicine, Ujala Cygnus Group of Hospitals, Moradabad, to kr know all about superfoods. What are superfoods?

According to Dr Bhat, super-foods are foods that have a very

high nutritional density. This means that they have the power to give you a substantial amount of nutrients with less calories. They contain a high volume of minerals, vitamins and antioxidants - everything that your body needs. Antioxidants, which body needs. Antioxidants, which are natural molecules found in specific foods, help to neutralise free radicals in our bodies. Free radicals are natural byproducts of energy production that can harm our bodies. Antioxidant

molecules decrease or reverse the effects of free radicals that have close links with health

problems such as: you can try

Cancer
Arthritis Stroke Respiratory diseases

 Immune deficiency Superfoods to eat daily You can add colour to oatmeal with berries or sack on nuts

with berries or sack on nuts. Here are some of the superfoods you can eat every day! 1. Blueberries Be it fiber, manganese, vitamin K or antioxidants, if's all there is blueberries. They may lower blood pressure and prevent heart disease. 2. Goil berries

2. Goji berries
 Image: Construction of the section of the s healthy liver, eyes, and kidneys? 7. Seeds Sunflower seeds, pumpkin

Have this superfood and enjoy its health benefits. eeds, chia seeds or fla 3. Leafy greens If you want to dig into leafy green superfoods, go for kale, some healthy options that you can have as snacks. Eating seeds has been linked to lower rates of

NEWS

HEALTHY EATING IS ALL ABOUT PICKING

THE RIGHT FOOD. THAT MEANS EAT SUPERFOODS EVERY DAY TO GET MAXI-MUM NUTRIENTS.

spinach and collard greens. These foods are rich in vitamins A, C, E, and K, and also contain an abundance of carotenoids, iron, magnesium, potassium, and calcium, says the expert.

4. Salmon The high omega-3 fatty acid content in salmon and other fatty fish like trout and herring, can reduce cholesterol and decrease the risk of abnormal heartbeats (benefits of eating fish)

5. Nuts Nuts like walnuts and almonds are a good source of plant protein. They also contain monounsaturated fats, which might help in reducing the risk of heart disease.

of heart disease. 6. Cruciferous vegetables These include vegetables like broccoli, cabbage, cauliflover, collard greens, kale and turnips. Cruciferous vegetables are an excellent source of fiber and con-tain phytochemicals like indoles, nitriles and thiocyanates.

cardiovascular disease, high blood pressure as well as choles-terol. Who should avoid eating superfoods daily? The expert says that extra care should be taken while eating superfoods if people have a chronic disease.

superious if people have a chronic disease.
People with kidney disease should take leafy vegetables with caution, as it can dangerously increase potassium in them and even lead to cardiac

 Got liver disease? Then don't take animal protein, including fish in excess amount. It can cause hepatic encephalopathy, which is the loss of brain function when a liver that's damaged doesn't remove toxins from your blood.

 Oxalate containing foods like nuts should be avoided if you have kidney stones. It can contribute to kidney stones, so don't have them don't have them.

NATIONAL PROTEIN DAY: EVERYDAY TIPS FOR HEALTHY PROTEIN CONSUMPTION

WHILE IT IS IMPORTANT TO CONSUME ENOUGH PROTEIN. IT IS ALSO CRUCIAL TO ENSURE THAT THE SOURCES OF PRO-TEIN ARE HEALTHY AND NUTRITIOUS. CHECK OUT SOME EXPERT APPROVED TIPS FOR HEALTHY PROTEIN CONSUMPTION.

Protein is essential an macronutrient that plays a vital macronutrient that plays a vital role in building and repairing tissues, regulating hormones, and supporting a healthy immune system. While it is important to consume enough protein, it is also crucial to ensure that the sources of pro-tein are healthy and nutritious. Despite its many benefits, many people struggle to consume enough protein in their diet, which can lead to a host of which can lead to a host of health problems

health problems. That's why National Protein Day is an excellent opportunity to focus on incorporating more high-quality protein into your daily routine. Whether you're a vegetarian, vegan, or meat-eater, there are plenty of delicious and bealthu, protein-rich, forde, to healthy protein-rich foods to choose from. (Also read: Protein power: Check out these best ources of protein for a morning boost

On National Protein Day,

Soumava Sengupta, CEO, BUILD, shared so me tips with HT Lifestyle for healthy protein

H1 Litestyle for healthy protein consumption.

 Choose lean protein sources: Lean protein sources such as chicken, turkey, fish, and legumes are excellent options for healthy protein consumption. They are low in saturated fat and provide invocates turticates like provide important nutrients like iron, zinc, and vitamin B12.

Iron, zinc, and vitamin B12.

 Incorporate plant-based proteins: Plant-based proteins such as tofu, tempeh, nuts, and seeds are great sources of pro-tein for vegetarians and vegans. They are also typically high in fibre and other important nutri-ents.

ents. 3. Don't forget about eggs: Eggs are an excellent source of protein, as well as vitamin D, vitamin B12, and choline.

Aim to incorporate eggs into your diet in a variety of ways, such as scrambled, hard-boiled,

or in omelettes



only help ensure that you are getting enough protein but also help keep you feeling full and satisfied.

great opportunity to sneak in some extra protein. Some healthy protein-packed snack options include Greek yogurt, string cheese, and hummus with

important not to overdo it. Aim

important not to overdo it. Aim for a portion size of about 3-4 ounces of lean protein per meal. 8. Stay hydrated: Drinkling enough water is important for overall health, including proper digestion and absorption of nutrients like protein. Aim to drink at least 8 cups of water per day.

sources into your diet is essential for overall health and wellness

protein. With these everyday tips for healthy protein con-sumption, you can feel confident that you are providing your body with the nutrients it needs to thrive

Mental Health: Try These Remedies To Reduce Stress

The following recommendations might be useful for some people, while it might not be able to reduce all types of stress.



w people frequently endure stress and worr Many people frequently endure stress and worry. Everyday stresses such as those related to lead to higher stress levels. However, a person's suscep-tibility to stress is influenced by variables like heredity, social support, coping mechanisms, and personality type, thus some people are more susceptible to stress them others.

than others. For the sake of one's general health, chronic stress from daily life should be reduced as much as feasible. This is

daily life should be reduced as much as feasible. This is due to the fact that persistent stress is had for your health and raises your risk of developing aliments including heart disease, anxiety disorders, and depression. It's critical to realise that stress is not the same as men-tal health conditions like anxiety and depression, which call for professional medical care. The following advice may help persons with certain issues, although it may not alleviate al forms of stress. These home remedies can help reduce your stress lev-ole:

s: 1. Drink herbal teas

Making tea can be relaxing for some people, but con suming various herbal teas and other beverages can also be calming and anti-anxiety. For instance, studies have be caiming and anti-anxiety. For instance, studies have shown that chamomile helps to lessen the signs and symptoms of generalised anxiety disorder. An adapto-genic Ayurvedic herb called ashwagandha has long been used to lessen anxiety. Even though the long-term effects are yet unknown, recent research have verified its effec-tionenee.

2. Massage yourself

2. Massage yourself If there isn't a licenced masseuse around, consider giv-ing yourself a hand massage for immediate calm and relief from a racing heart. In general, hands can hold a lot of strain. To ease tension in the shoulders, neck, and scalp, smear some lotion on your hands and begin mas-

scalp, smear some lotion on your hands and begin massaging the base of the muscle under your thumb. 3. Journal daily Finding a technique to communicate your worry can help you feel more in control of it. Journaling and other forms of writing, according to some studies, may improve people's ability to manage their anxiety. For instance, a study discovered that keeping an emotion-based journal may lessen mental health issues and enhance general wellbeing. 4. Count backwards

4. Count backwards Try counting carefully from one to ten and then back again to calm yourself when your worries are out of con-trol. When you're preoccupied on memorising what number comes before sever, it's difficult to stress out about an upcoming exam or job interview. 5. Try aromatherapy Stress and anxiety can be lessened by inhaling calming plant essential oils. Consider experimenting with differ-ent possibilities because some secuts suit different people more effectively than others. Lavender may be especial-ly beneficial in treating anxiety problems, according to

ly beneficial in treating anxiety problems, according to limited evidence.

 Meditate
 Full awareness of the present moment, which involves Full awareness of the present moment, which involves observing all thoughts without judgement, is one of the fundamental objectives of meditation. Your capacity to deliberately endure all thoughts and feelings will grow as a result, which might bring to a feeling of peace and satisfaction. A key component of CBT, meditation is believed to reduce stress and anxiety.

Mental Health: 5 Lifestyle Changes To Uplift Your Mood And Confidence Everyday

Home LifestyleMental health: 5 Lifestyle Changes to Uplift Your Mood And Confidence Everyday

Mood And Contidence Everyday Mental Health: 5 Lifestyle Changes To Uplift Your Mood And Confidence Everyday As with physical health, tending to mental health is an ongoing process and can be improved with simple daily practices. Here are 5 sugges-tions to not cherd.

tions to get started. Mental health: 5 Lifestyle Changes

Mental health: 5 Lifestyle Changes to Enhance Your Mood And Confidence on Day-to-Day Basis Everyone agrees that Mental Health is as important as physical health, but do we really do enough to take care of our mental health on a day-to-day basis? Some basic ways of living that have been inherent to our culture have been proven scientifical-ly effective for maintaining good mental health. mental health.

As with physical health, tending to mental health is an ongoing process and can be improved with simple 5 Lifestyle Changes to Uplift Mood And Confidence Everyday



daily practices. Here are 5 suggestions to get started.

1. Sleep hygiene: sleep is essential to maintaining good emotional and ons to get starteu. 5 Lifestyle Changes to Uplift Your food And Confidence Everyday 8 hours of uninterrupted sleep at GET STARTED

2. Healthy diet: this seems more common sensical to physical well being, but unrelated to mental health.

ious before exams, the butterflies in the stomach are a real thing, and sub-sequent complaints of gastritis, acidity and constipation are not uncom-

night should be considered non nego-3. Leisure: All work and no play tiable to prevent sleep debt that we often try to cover up through mid day

need for belongingness. When this can make the human mind dull. Burn outs which are characteristic of the

AS WITH PHYSICAL HEALTH, TENDING TO MENTAL HEALTH IS AN ONGOING PROCESS AND CAN BE IMPROVED WITH SIMPLE DAILY PRACTICES. HERE ARE 5 SUGGESTIONS TO

naps or long sleeping hours over the state at a contemporary society are a result of lack of time for leisure and extra curricular activities that we

being, but unrelated to mental health. A good healthy diet with nutritious foods goes a long way in keeping our gut health, which is directly related to mental health. You would have noticed that when you're having a stressful day at work or feeling anx-iour hefore accore, the hutterflie in the figure hefore accore the hutterflie in

enjoy me time. 4. Social interaction: There's some

Indian culture which is rich with fesextra curricular activities that we stopped engaging in as we get busy with work/exams and our general living. When we don't get time to indulge in things we enjoy, our brain receptors responsible for pleasure are not being stimulated enough. Moreover, unwinding and resting are also good ways to slow down and enior me time.

Indian culture which is rich with fes-tivals throughout the year provides us with opportunity to experience social interactions. So next time you avoid going to that Diwali or Christmas party, think twice. 5. Exercise the Indian way of Iving has always incorporated some basic yoga asanas (postures) and pranayams (breathing exercises). Simple stretching and breathing that is ancient in our culture has now proven to be effective for good mental health by western science. So, next time you feel stressed out, you may find some ways of being healthy in our yoga culture. our yoga culture



day

Incorporating healthy protein

for overall health and wellness. By choosing lean protein sources, incorporating plant-based proteins, and balancing your meals, you can ensure that you are getting enough protein to support your body's needs. Additionally, snacking smart and watching your portions can help you avoid overdoing it on protein. With these everyday

Amit Shah announces 3 maior schemes worth Rs 8000 cr for disaster management

NEW DELHI: Union Home Minister Amit Shah Tuesday announced three major schemes worth over Rs 8,000 crore that would cover the modernisation of fire brigade services in all states, flood mitigation in seven major cities and pre-vention of landslides in 17 states

Addressing a meeting of the Ministers of Disaster Management of states and Union Territories, Shah also appealed to ensure there is zero loss of life due to any disaster anywhere in the

disaster anywhere in the country. "For the modernisation and expansion of fire brigade services, about Rs 5,000 crore assistance will be given to all states. We have prepared a detailed plan and will be forwarded to you. To mitigate the dan-ger of floods in urban areas, in seven major cities – in seven major cities – Mumbai, Chennai, Kolkata, Bengaluru, Ahmedabad, Hyderabad and Pune – Rs 2,500 crore will be given. Its detailed plan will be sent to

you. "To deal with landslides in 17 states, almost Rs 825 crore will be given by the central government," he caid said

said

The home minister said everyone's aim should be to ensure that no life is lost due to any disaster.

"All of us together, under the leadership of Prime Minister Narendra Modi, all the chief ministers are working on the ground. We will have to work more and chief ministers



preparations Disaster man-agement is not a new con-cept in our country. There are documents available from Chanakya's Arthashastra to the works of state administration of mythological times, all of them talk about disaster management," he said, Shah said during COVID-19 pandemic, under the leader said. Shah said the National Disaster Management Authority (NDMA) has vis-ited those states where seven nuclear power sta-tions are being built and it sent a strict protocol to these states (or adoption so that states for adoption so that any incident of possible dis-aster could be avoided. "I appeal to all those con-cerned states to make it a pandemic, under the leader-ship of PM Modi, along with the chief ministers of the states, the country suc-cessfully faced the worst priority. Before the commis-sioning of the nuclear nuclear power plants and before the epidemic of the century. In that difficult time, it is generation of power, what ever disaster prevention measures have to be taken, an excellent example before the world how the Centre, the world now the centre, the states and the people could fight against a disas-ter on all fronts together, he should be taken. It is utmost necessity for all of us," he

said. The home minister said that in the last nine years, the central government along with the states have made a lot of achievements towards disaster manage-ment, but no one should be complacent because disas-ters are constantly changing their nature and their inten-sity is also increasing. "The's eaby we ad have said He said earlier, the country's approach on the disas-ter was relief-oriented and reactionary and it used to work only on relief and rehabilitation. rehabilitation. In the last nine years, everyone came together and have implemented early warning system, preven-tion, mitigation and pre-paredness based disaster

sity is also increasing. "That's why we all have to keep expanding our

management, he said. Responding some state ministers' suggestion for enhancing compensation to farmers who face natural disaster, the home minister said the Central Government would exam-ine it seriously but states should also enhance their buderary rowision for it

budgetary provision for it. Talking about the model fire bill, disaster prevention policy, thunderstorm and lightning policy and the cold wave policy formulated by the Central Government, Shah said majority of the states have either not implemented them or work plans have not been formulated. (PTI)

He appealed to all states to work on them on priority and appreciated those who have already implemented or formulated the work plans. Shah said under the 'Aapda Mitra' scheme, one lakh youth volunteers are lakh youth volunteers are being prepared in 350 disas-ter-prone districts and this has yielded good results to deal with many disasters which is positive and encouraging.

US has necessary capital and technology while India offers both scale and talent: Amb Sandhu

WASHINGTON: Descri-bing the India-US ties as a "partnership like no other", the Indian envoy here has said the US has the neces-care carried and the techeral sary capital and the technol-ogy know-how while India offers both the scale and the talent which make this relationship a stock which any-one can bet on. The remarks by India's

Ambassador to the US Taranjit Singh Sandhu came during his address to the annual India Ideas Summit of the US India Business Coi incil "The tagline for the India-US relationship, which I like the most, is "a partnership like no other!", And you may think, that this is what,

The no built is rink you may think that his is what, good diplomats say, about every relationship. Believe me this is unique!" Sandhu said in his address to the Indian and American cor-porate leaders. "United States has the recessary capital and the technology know-how while we offer, both the consolid states has the technology know-how while we offer, both the stock, which anyone would, bet on!" Sandhu said. Over the last six months, there has been a flurry of activihas been a flurry of activities in the bilateral ties. "You take any day, there is a del-egation from India in the US or an American visitor in



India. Even as I speak, NSA Jake Sullivan is in New Delhi," he said. "Needless to say, all of this leads up to the historic visit of the Prime Minister There is an "unmistakable energy", a drive and a desire to get things done across sectors, he said. (Narendra Modi) to Washington DC. In about a week from now, PM Modi

"It was just in the end of will be received, by President (Joe) Biden at the White House, for a State Visit This will be, only, the third time, in our independ-ent history, that India's leader is accorded, this hon

"It was just in the end of January this year, in this very building, the two NSAs (Sullivan and Ajit Doval) along with the Commerce Secretary (Gina) Raimondo, spoke about the complementarities, in our vision, at the iCET (Initiative of Critical and Emerging Technology) Roundtable where we dis-cussed, the need for our strategic, commercial and scientific worlds, to con-verge. India-US Initiative, on Critical and Emerging Technologies, has been a game changer, in our partour by a US President," said the Indian Ambassador. It will also be a rare occasion, will also be a rare occasion, where the Prime Minister will address, a joint session of the Congress, for the sec-ond time, joining a select group of world leaders, and the only Indian leader, to do so, twice, he told the audi-ence. There will also be

Why do we need unelected 'so-called experts' to run crucial ministries: Chidambaram

NEW DELHI : "Why do we need unelected so-called experts to run crucial min-istries," Congress leader P Chidambaram asked on Tuesday in an apparent swipe at Union minister Ashwini Vaishnaw over the

Odisha rail tragedy and the alleged CoWIN data breach. The senior Congress leader also said he was "appalled" by revelations about now Vaishnaw, who is the minis-ter for Railways, and ter for Communications Electronics and Information Technology, runs his min-istries. "First, the Balasore data from the CoWin portal

tweets/accounts and the threats to unleash the Income Tax department and arrest employees demol-



exposed the claim that the personal data of millions of Indians are safe and protect-Twitter ed. Chidambaram claimed "The revelation that enor-mous pressure was put on Twitter to block or delete

Twitter: "Why do we need unelected so-called 'experts' to run these crucial min-istries and heap misery on the people," the former Union minister asked. Twitter co-founder Jack Dorsey on Monday claimed

threatened to shut the micro-blogging platform down unless it complied with orders to restrict accounts during farmers protest, an accusation Minister of State for II Rajeev Chandrasekhar dis missed as an "outright lie". There have been claims about a breach of data of citabout a breach of data of cit-izens registered on the CoWIN platform and oppo-sition parties have asked the government to take deter-rent action. The Government has termed such reports "mis-chievous" and "without any basis" while asserting that the CoWIN partiel in term

over the train accident in Odisha's Balasore district Balasore

As Surjewala's presence in meeting creates stir, Karnataka CM says it was not official BENGALURU: Karnataka Additional Chief Secretary Ministe

Chief Siddaramaiah Siddaramaiah on Wednesday clarified that Congress national general secretary and state in-charge Randeep Singh Surjewala had not "officiat-Surjewala had not officials, dismissing the

ermment and city civic body officials, dismissing the claims made by the opposi-tion BP and the [D(S). Siddaramaiah's reaction came as the BP has sought an appointment with Governor Thaawarchand Gehlot to complain against Surjevala allegedly 'offici-ating' a meeting with the senior bureaucrats of the state government and the Bruhat Bengaluru Mahanagar Palike (BBMP). "Surjewala did not offici-ate any meeting. He has only spoken to some MLAs. The Deume 'C' (C')

only spoken to some MLAs. The Deputy Chief Minister (D K Shivakumar) was present there. It was a meeting which the DCM had attend Siddaramaiah told reporters. "You must understand that it is not an official meeting. The Bengaluru city MLAs were summoned for

body)



has sought an appointment

(Surjewala) had also gone," the Chief Minister said. with the Governo The meeting was regard-The BJP on Tuesday ques ing issues prevailing in Rongaluru city. tioned the presence of Surjewala at the meeting chaired by Shivakumar with officials of the state Contextually, there were discussions about the (civic body) elections, Siddaramaiah said. The government and BBMP at a private hotel. private hotel. The opposition party shared a photograph of the meeting on its Twitter han-dle in which Surjewala is seen sitting next to Shivakumar DCM was going to inspect the Hebbal flyover in the city and Surjewala was also asked to attend it.

Meanwhile, a BIP delega-

tion comprising Members of Shivakumar where or "10 Janpath" government Parliament from the city Karnataka government's in the state.

Rakesh Singh, BBMP Chief Commissioner Tushar Giri Nath, and other govern-Addit, and other govern-ment officers were present. According to the BJP Karnataka unit, the meeting took place at a private five-data hotel star hotel "What is the secret #ATMSarkara?' AT ATM.

What is the secret of #ATMSarkara? ATM-Sarkara's clandestine meet-ing at Shangri-La Hotel, Bengaluru? What has Congress state in-charge Randeep Surjewala to do with the senior BBMP offi-cials, who have no official relationship with either the state government or BBMP? Is this an 85 per cent deal-fixing meeting? Please answer @Siddaramaiah Chief Minister Siddaramaiah and

Siddaramaiah @DKShivakumar and D Shivakumar," the BJP tweeted. Former chief minister and JD(S) second-in-com-mand H D Kumaraswamy too raised the issue in his tweet seeking to know whether there is Siddaramaiah government

Reliance climbs 8 spots to 45th rank on Forbes' Global 2000 list

NEW DELHI : Billionaire Mukesh Ambani's Reliance Industries Ltd climbed eight spots to the 45th rank, the highest for an Indian company on Forbes latest Global 2000 list of public companies worldwide. The Global 2000 ranks the largest companies in the world using four metrics: sales, profits, assets, and mar-ket value, Forbes said while releasing the 2023 ranking of the world's top 2,000 companies. JPMorgan, America's biggest bank with USD 3.7 trillion in assets, is at the top of the list for the assets, is at the top of the list for the first time since 2011 and has emerged stronger from this spring's regional banking crisis, with more deposits and opportunistic acquisition of the failed First Republic Bank, it said.

Warren Buffett's Berkshire Hathaway that topped the list last year, fell to the 338th position in the latest list due to unrealised losses in its vestment portfolio. Gas Saudi oil behemoth Aramco is at (232)

2nd position followed by three giant-sized state-owned Chinese banks. Technology giants Alphabet and Apple are at 7th and 10th place, respectively. Oil-to-telecom conglomerate Reliance, with sales of USD 109.43 bil-lion and profit of USD 8.3 billion, is the top most-ranked Indian firm at the 45th spot, climbing from the 53rd posi-tion it had held in last year's ranking. Reliance was ranked abead of well-known names like Germany's BMW

known names like Germany's BMW Group, Switzerland's Nestle, China's Alibaba Group, US-based Procter & Gamble and Japan's Sony. State Bank of India climbed to 77th

spot from 105th in the 2022 ranking. HDFC Bank is at 128th position (153 in 2022) and ICICI Bank is at 163 (204 in 2022

2022). Other Indian firms on the list include state-owned Oil and Natural Gas Corporation at 226 and HDFC

Life Insurance Corporation (LIC) made its maiden entry at 363 while Tata Consultancy Services (TCS) slipped to 387th rank from 384 last

year. Axis Bank (423), NTPC (433), Larsen & Toubro (449), Bharti Airtel (478), Kotak Mahindra Bank (502), Indian Oli Corporation (540), Indössy (554), Bank of Baroda (586), Coal India (591), Tata Steel (520), Hindako (660) and Vedanta (687) are other notable Indian firms on the let firms on the list.

In all, 55 Indian firms figured on the list

st. Three firms of the conglomerate helmed by billionaire Gautam Adani, whose group faced a scathing attack from a US short seller earlier this year

from a US short seller earlier this year that lead to him losing the world's third richest tag, figured in the list. The three Adani Group firms in the list include Adani Enterprises at 1062, Adani Power at 1488, and Adani Ports & Special Economic Zones at 1598.

World Blood Donor Day: Delhi man walked 13,400 km across India in 17 months urging people to donate blood

New Delhi : Bengaluru: This is the second World Blood Door Duy on the road for activist Kiran Verma. This second World Blood Door Duy and the second blood, is point ways to ballouri. We see a second that urges people to donate blood, is points ways to Siliguri, West Bengal's points ways to Siliguri, West Bengal's points ways to Bliguri, West Bengal's blood donato. "We cannot be complacent about blis. Everyday more than 12,000 peop ple fail to get blood in India due to which more than three million people died. During the second wave of covid, this really hit home even hard-er as almost every person went through plasma crisis. This fear to donate blood must be tackled immedi-ately." Verma said over the phone form a highway dhaba en route siliguri, where he halted for dimer. Werna so the lecided to deciate a couple of years of his life to reset he id and that Indians don thave a culture of donatine blood. Ha baeva big car

couple of years of his life to reset the idea that Indians do not have a culture of donating blood. He began his cur-rent journey on December 28, 2021 in Thiruvananthapuram. In 2018 too, Verma travelled 16,000 km across

foot, to get people to donate blood. "India needs 15 million units of blood annually, according to 2017 gov-ernment data. There is no official data after that. It also states that annually, India manages to get 10-11 million units of blood. So, here I am valking, hoping to catch the attention of that 5 13,400 km across 176 districts, 12 states

million people who will make a huge difference between life and death," said Verma

difference between life and death," said Verma. Weisstory goes thus: On December 2016, Verma donated blood after being told that a poor family from Raipur was in dire need of it. After donating blood, he went to meet the family and got to know that the person who called him took 8k 1,500 for the blood that he donated for free. "I was gutted. I could not forget how desprate that family was. So, I started blood of. My aim is simple: blood y should die because of lack of blood in India," Verma added. According to Verma, Simply Blood, a virtual blood donors and seekers real time without charging anyone, was launched on January 29, 2017, and i thes saved more than 35,000 potential tives through blood donation so far. But Covid bought its own set of formplications, said Verma. Yountary blood donation in India has gone sig-

and UTs, including Kerala, Tamil Nadu, Puducherry, Karnataka, Goa, Maharashtra, Dadra Nagar and Daman and Diu, Gujarat, Telangana,

Maharashtra, Dadra Nagar and Daman and Diu, Gujarat, Telangana, Andhra Pradesh, Odisha and West Bengai ni Tomoths,'h essid. Verma added that the only time he took a break from walking, for almost a month, was to visit countries like Thailand, Vietnam, Singapore, Malaysia, Indonesia and Bangladesh, where he was invited to talk about his efforts to promote blood donation. In India, his strategy is simple. Walk to a place where people come in droves, like landmarks and temples, and stand there with the placard until he gets their attention. "My biggest moment was in 2020 in Ahmedabad, during the last IPL cricket match. I could target talks of people at time," said Verma. His ploy worked, not only was he given wide publicity by the media, 107 blood donation camps have been organised in different parts of the country, through which more of the country through which more than 22,640 units of blood have been collected so far. "To support this cam-paign, more than 7,000 individual donors have donated blood so far. I don't stop at encouraging common man. I also make it a point to meet the collectors and other district administrators so that there is also state sup-port to the effort. This is important. You see, on September 15, 2022, I had insuranted a blood bank in inaugurated a blood bank in Hyderabad dedicated to former prime minister P V Narasimha Rao

New Delhi : Bengaluru: This is the cond World Blood Donor Day on the

India, covering more than 6,000 km on

istrics: "First, the Balasore tragedy. Obviously, the minister or his officers did not read the CAG Reports Nos. 22 and 25 submitted in December 2022 or the letter of the Principal Chief Operations Manager in February 2023," the Congress leader said. The "massive leak" of

complications, said verma. Voluntary blood donation in India has gone sig-nificantly down in the last three years. So, I decided to do go on a walk to get the attention of people," he added. Renewing his efforts all over again to meet the deadline to his mission, Verma said by December 31, 2025, he bores to have convinced enough peahopes to have convinced enough people so that India could have all the blood it needs. This time he decided to cover the length and breath of the

"Last time when my Prime Minister addressed the US Congress, in 2016, he spoke about overcoming, the hesitations of history.

It is a measure, of how far we have come, in these last seven years, we have fixed our gaze, firmly on the future, building our cooper-ation, from the seas to the stars," he said. Without mentioning any country in his speech, Sandhu urged American companies to reduce their dependence on China

all of

Tchina, their dependence on "Geopolitics has taught us, the follies of over-dependence, on single geographies. We ended up here, because we played short balls took decisions, which were easy," he said. "We need to diversity", build resilient, reliable, and sustainable, supply chains. We have already seen many US companies take advan-tage of the opportunity, of PLI (Production Linked Incentive) Schemes in India, including most recently including most recently Apple, and its supplier Foxconn. It is estimated that by 2025, one out of every 4 iPhones in the world will be manufactured in India. We need more such stories," Sandhu said.

M ished the claim that the investigating agencies are independent," he said on

Weekly Block Diwas: DC Rajouri listens to public grievances at Gurdhan Balla; Assures early redressal of genuine concerns

JI NEWS SERVIC

RAIOURI, IUNE 14: As a RAJOURI, JUNE 14: As a part of the weekly Block Diwas, Deputy Commissioner Rajouri, Vikas Kundal today presided over a public out-reach camp at Gurdan Bala in block Paiouri to redress in block Rajouri to redress the public grievances at their doorsteps.

their doorsteps. During the camp, the Deputy Commissioner interacted with the locals and listened to their issues and concerns. He assured them that their problems ed on would be addre would be addressed on a priority basis and directed the concerned officials to take necessary action. Among others, DDC mem-ber Rajouri, sain Abdul Rashid; BDC chairperson Darbar Choudahary; CPO, Machareata, Khurchard, Mohammad Khursheed; ACP.Sheraz Chowhan DSWO, Wakeel Ahmed

Block Diwas: DC B'pora tours

far flung areas of Block Aloosa

Takes on spot review of repair work on PMGSY road after recent rainfall

JI NEWS SERVICE

BANDIPORA JUNE 14: In a move to enhance commun

BANDIPORA, JUNE 14: In a move to ennance communi-ty engagement, the Deputy Commissioner (DC) Bandipora, Dr. Owais Ahmed on Wednesday toured far flung areas of Block Aloosa, including Malangam and

other adjacent areas. The tour as part of Block Diwas was aimed to bring the

The tour as part or Block JWAS was anneed to bring me administration closer to the people, actively listening to their concerns and implementing transformative solu-tions to address their needs. Speaking on the occasion, the DC said that direct inter-action with citizens serves as a unique platform for citi-zens to voice their opinions, share their aspirations, and actively participate in shaping the future of their commu-ticit head de ulwains administration to a subthe

nities besides allowing administration to gather valuable

insights to ensure that policies and initiatives are tailored to meet the specific needs of the area.

to meet the spectric needs of the area. During the visit, Dr Owais inspected various ongoing developmental works and also took on site inspection of recently damaged Malanagam Bala road. The DC directed Ex. Engineer PMGSY to immediately

put up the necessary measures for repairing the damaged

road. He also visited Middle school Malangam Bala and

interacted with students and teachers besides taking feed-

back from students. On the way to different areas, the DC

interacted with PRIs and the general public and listened

Bhat: Tehsidar Rajouri Varinder STD Kalakote, Hasan Mohd rere present on the occa-

sion. The camp witnessed a good turnout, with people from various parts of the block coming forward to voice their concerns. The issues raised by the locals included the macadamiza-tion of roads, upgradation of Govt. Institutions, short-



Sharma: EXEN tion of health infrastruc-

road , non-functioning of borewell at Chawwa besides others. The Deputy Commissioner assured time bound redressal of issue For shortage of electricity poles, DC assured that the

age of staff and augmentasame would be provided under the RDSS scheme of tion of health infrastruc-ture,shortage of electricity poles,boundary wall of HS Gurdan Bala,dilipated con-ditionof MS Dhanore, com-pensation for the BCSBU under the RDSS scheme of the PDD sector. Regarding scarcity of water, he assured that all households of the district would be provided with tapped water connec-tion with the implementa-tion of TWL in the district tion of JJM in the district. Officers from the Horticulture Department were directed to organise special camps in the area to educate the public about

their schemes. Public also appreciated District Administration for taking prompt measures for the redressal of their genuine concerns in a time bound manner

Officers also educated the public about various schemes of their departments and motivated th to avail the benefits of the same. The DC appreciated the Health Department for

deliveries under Kaya Kalp Schemes. He also mentioned that JJM He also mentioned that JJM schemes are progressing well. Entrance test for EMRs Gurdhan Balla was con-ducted last week with mas-sive participation of stu-dents. dent

EMRs would be a milestone in the developm ent of the area. Services are being provided through online mode & efforts are being made to provide benefits of these schemes to all deserving beneficiaries. Several ing beneficiaries. Several Connectivity projects have been completed and many are under execution. Public participation is a must in the development process. Several initiatives are being taken for the tribal parelica meeting.

people welfare, meeting paucity of staff in Government institutions and augmentation of health infrastructure etc.

rue asked the concerned depart-ments to raise awareness about dif-ferent schemes and public welfare initiatives for the convenience of the multi-

Stressing on robust development

of the area, the DDC instructed con-

public.

World Blood Donor Day celebrated at Anantnag Participants donate 37 Points of blood JI NEWS SERVICE

ANANTNAG. JUNE 14: On 'World Blood Donor Day' cele-AnAATINAC, JONE 14: On World blood Donation Day Cele-brated every year on 14th June; a Blood Donation Camp was today held at Dak Bungalow Anantnag with the theme "Give Blood, Give Plasma, Share Life, Share often" by District Red Cross Society in collaboration with Indian Red Cross Society, GMC Anantnag and District Administration Anantnag

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The camp was organized to spread awareness and seek attention to the Blood Donation besides educating people on the importance of safe Blood donation for the purp se of

While inaugurating the Camp, the Additional District Development Commissioner (ADDC) Anantnag, Bashir Ahmad Wani termed the act of blood donation an act of solidarity and a service to mankind and most important activi-

He appreciated the donors for such an act and exhorted all to donate blood and asked them to make themselv

people to aonate blood and asked them to make themselves aware of the benefits of blood donations. ADDC also stressed on spreading awareness among the public regarding blood donation and debunking myths asso-ciated with it besides directing the health team to check all medical formalities of donors before donating. Volunteers from across the district thronged the camp and

donated blood besides the college students, CISF, CRPF, RR and JKP Personals donated 37 points of blood.

audited blood besides the conege students, CEF, KEF, AK and JKP Personals donated 37 points of blood. The camp was attended by ACR, Doctors from GMC, offi-cials from civil administration, Red Cross officials and offi-cials of various departments besides the volunteers of various social organizations

DC Budgam chairs Block Diwas at Panchavat Halga Ichgam

70 major works duly approved for Ichgam village under District Capex plan shall be initiated soon: Akshay Labroo JI NEWS SERVICE

BUDGAM, JUNE 14: The Deputy Commissioner (DC)

BUDCAM, JUNE 14: The Deputy Commissioner (DC) Budgam, Akshay Labroo today said that as many as 70 major works have been approved under district Capex for Panchayat Halqa of Block Budgam. DC said this while chairing a Block Diwas program at Panchayat Halqa Ichgam. He said that major works approved include development of playground, construction of 63 KV Sub-Station including HT and LT lines near PHC, development of graveyard at Ganai Mohallah, tile works on sround 20 number of innear protection under basilides around 20 number of inner lanes, protection works besides nd drain works

The DC said work on these projects shall be carried out in a swift and timely manner and shall be completed within the stipulated time frame for the convenience of the general pub-lic. During Block Diwas, local PRIs including BDC Chairman Budgam, Ghulam Hassan Khan, respected elders and local youth delegations from villages Ichgam, Naroo, Qazibagh yourn deegations from vulages (cngam, Naroo, Qazhagn and other adjacent villages who participated, raised their demands with the DC. The DC said that all other genuine demands shall be taken up and discussed with all the con-cerned departments and speedy disposal will be ensured for those demands too. Labroo urged local PRIs and others to cooperate with the District Administration for the sensedy completion of these

District Administration for the speedy completion of th

approved projects for public benefit. He reiterated that the District Administration is committed to ensure robust development and better facility creation

in all rural as well as urban areas of the district.

in all rural as well as urban areas of the district. He called for prompt redressal of public issues to ensure better service delivery to people. Among others, ADDC Budgam, Dr. Akhramullah Tak; ACR, ACD, ACP, Executive Engineers of all wings, BDO and all District and sectoral officers, officials were present on the

DC Shopian presides over Weekly Block Diwas programme at Imam Sahib

JI NEWS SERVICE

SHOPIAN, JUNE 14: The Deputy Commissioner (DC) Shopian, Faz Lul Haseeb today presided over a weekly Block Diwas programme at Block Office Imam Sahib and took appraisal of public welfare and development issues of peo-tection over the sector of the sector ple at their doorsteps. At the outset, a brief profile of Imam Sahib was also pre-

sented wherein the DC was apprised about the progress and performance achieved in various developmental sectors of the block.

On the occasion, DDC Members, other PRI members and On the occasion, DDC Members, other rKi members and people highlighted their grievances and public welfare issues like availability of potable drinking water, proper drainage network system in the area, replacement of electric poles and wires, road connectivity and other matters of vital

Among other demands, the people stressed for the restoration and upgradation of roads and link roads of the adjoining areas also.

resortation and upgradation of roads and anti-roads of the adjoining areas also. After giving patient hearing to the grievances and demands, the DC sought on spot response from the con-cerned District Officers present during the Grievance Redressal Camp.

Redressal Camp. He assured the people that all genuine demands and issues projected by them will be looked into on priority. Considering the importance of drinking water, DC said that the Administration is keen to streamline public service delivery and added that various developmental works are being identified and subsequently approved for their execu-tion. Hesaid that within three months of duration all the isobatistate of the district will be percoided postbalde direkings. inhabitants of the district will be provided potable drinking water facility after the completion of all 109 JJM works in the district

The Grievance Redressal Camp was attended by SDM, Zainapora, Mushtaq Ahmad; Tehsildar, Imam Sahib, District Officers, a large gathering of locals, besides represen-tatives of Panchayat Raj Institutions, viz. DDC Member, Sarpanchs and Panchs.

Block Diwas held at Sangarwani, Pulwama

District Administration committed to boost tourism potential of the area: DDC demands shall be taken up with the relevant quarters for early redressal. Speaking on the occasion, DDC praised the picturesque beauty of the area and said that the area has huge tourism protential JI NEWS SERVICE tate the general public. He asked the concerned depart-

PULWAMA JUNE 14: The District Administration Pulwama today con-ducted a weekly Block Diwas pro-gramme at Govt High School Sangerwani under the chairmanship District Developmen Commissioner (DDC) Pulwama, Dr

Commissioner (IDC) Pulwama, Dr Basharat Qayoom. Local PRIs, respected elders and local youth delegations from village Sangerwani and other adjacent vil-lages participated in the programme

ed their demands.

and rais

to ensure speedy public service deliv-ery and carry out improvement The DDC gave them patient hear-ing and assured that all their genuine works under various sectors to facili-

tourism potential.

Block Diwas: DC presides over Grievance Redressal camp at D.H.Pora

JI NEWS SERVICE KULGAM, JUNE 14: Continuing the initiative of special public outreach programme of LG's Administration under weekly Block Diwas, the Deputy Commissioner (DC) Kulgam, Dr Bilal Mohi-Ud-Din Bhat today chaired a public grievance camp at Block D.H Pora and listened to issues

redressal On the occasion PRIs and delega tions of people from Nagam, Boh, Chimmer, Ahmadabad, D.K.Marg, Kounsarbal and other areas particitheir

ances and demands that were put forth by the PRIs and concerned stakeholders and redressed various issues of emergent nature on the spot. Officers from various departments who were also present responded to the queries and issues raised by the people. The DC instructed the concerned to start Macademisation of

approved road length in the area at an earliest.

JKRLM, Ashok Kapoor Foundation Trust jointly opens "Duggardhani" dhaba in Bhalwal JI NEWS SERVICE KITCHEN TO OFFER TRADITIONAL DOGRA CUISINES, DELICACIES with necessary platforms and the

JAMMU, JUNE 14: Mission JAMMU, JUNE 14: Mission Director, Jamum Kashmir Rural Livelihoods Mission (JKRLM), Indu Kanwal Chib, on Wednesday inaugurated "Duggardhani-Dogra Dhaba", an outlet of women Self Help Group, here at Bhalwal, Jammu. Additional Mission Director JKRLM Jammu, Mridhul salathia, Founder Chairperson. Asbok

Founder Chairperson, Ashok Kapoor Foundation Trust, Kapoor Kunwarani Dr. Ritu Singh were present on the occasion

Pertinently, Duggar Dhnai is a int initiative of IKRLM and

Ashok Kapoor Foundation Trust Director said that Duggardhani which will be run and managed has been established to give a plat-by around 35 women members of form to the local Dogra cuisiness Self Help Group (SHG) of JKRLM, prepared by women SHG of The burger of the stable of th The people can enjoy dogra food recipes such as Maki ki Roti and recipes sarson da Sag among other dogra delicacies Mission Director IKRLM, Indu

kanwal Chib, appreciated women SHGs involvement in operating the Duggardhani. She said taht JKRLM is emerging as a huge platform for rural women to attain financial independence. which sets them apart from com-Giving Details, Mission mercial restaurants, MD stated.

has been established to give a plat-form to the local Dogra cuisines prepared by women SHG of Umeed JK. Duggardhani of these SHG

members offers an attractive menu with more than 20 varieties of comfort Dogra Recipe food. Some of the popular dogra food cuisines including Makki ki Roti, Saag, special dogra recipe dal, Rajmah Ambal and mixed rice would be available in their kitchen

INES, DELIGACIES To support and increase capaci-ty building of these women, JKRLM imparted skill develop-ment trainings from time to time. These women were also taught the basics of stocking up the pantry, making quick recipes, packing techniques and order management related to cooking techniques, she maintained. Underlining the role of SHGs in eradicating poverty she said these can play an important role in rais-ing the economy. ing the economy

She added the SHGs are being strengthened by providing them

with necessary platforms and they can showcase their calibre and contribute towards the society. While interacting with the aspir-ing members of self help groups, MD encouraged them to make full use of this platform to empower their livelihoods. She also dis-cussed strategies to boost sales such as food takeaway and home dilumer strategies. delivery system. The SHG members were

made to understand promotional strategies for modern market to run this outlet single-handedly, while keeping adequate quantity and affordable pricing as the core mantra of the business.

Central Nodal Officer JSA concludes 4 day tour to Ramban HOLDS INTERACTIVE SESSIONS WITH VARIOUS STAKEHOLDERS, INSPECTS WATER SUPPLY SCHEMES

JI NEWS SERVIO

RAMBAN, JUNE 14: Director (Law & Order), Internal Security-I Division, Union Ministry of Home Affairs, and Central Nodal Officer (CNO) for Jal Shakti Abhiyaan (SA), Catch the Rain (CTR), Nishtha Tiwari, along with Scientist Central Ground water, Chandreyee De, con-cludes her four day visit to the district.

cludes her four 'day visit to the district. During their visit, they held exhaustive interactive sessions with students and teachers, BDC Chairpersons, DDC Councillors, Sarpanchs, Panchs, Pani Simitis, common masses besides officers and officials of the district admin-istration re-arading development istration regarding development and welfare of the region.

On final day of their visit, they inspected GSRs, FHTCs, gravity



aspects of the program in the dis-trict. She reviewed the financial and physical progress achieved, so far, in the district and appreci-ated the efforts of the district administration and other stakelast day of their visit. CNO conducted a detailed assessment of various crucial holders in effectively implement-ing the Jal Shakti Abhiyan in the

district CNO and Scientist CGW sensi tized the locals about the need for

CNO and Scentist CGW sensi-tized the locals about the need for water conservation, its judicious use, protection of water sources and rain water harvesting to make safe and sufficient water available in future. CNO asked the PRIs to work out plans under various develop-mental schemes for conservation of water and rain water harvest-ing. She also emphasised wider publicity and awareness on the importance of neur harvest-ing and its techniques. During the four day visit, CNO and Scientist CGW visited Amit Sarovars, Water Sources, Streams, Forests in Ramban, Banibal, Gool, Batote, Sanasar and other important places in the district. They laso launched plan-tation drives at various places in tation drives at various places in

the district

Deputy Commissioner, Ramban, Mussarat Islam, pre-sented a detailed report on the steps being taken up by the dis-trict administration to harvest the rain water and ensure water conrvation

DC informed that extensive

DC informed that extensive awareness campaigns are being run in schools to motivate the stu-dents to imbibe in them the habits of water conservation. Pertinently, the Jal Shakti Abhiyan is a lagship program of the Government of India focused on ensuring water security and conservation in the country. The program aims to raise awareness about the importance of water conservation, promote water harvesting and improve infrastructure for water storage and distribution. and distribution.

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Pora and listened to issues nds of the people for early

pated in this grievance redressal camp and apprised the DC about their issues and developmental requirements of their areas. During the proceedings, the DC gave a patient hearing to all the griev-

of the area, the DDC instructed con-cerned to ensure speedy work com-pletion on all ongoing developmental projects including the water supply scheme which is long pending demand of the locals. He further said the demand regarding roads and bridges is under pipeline and proposals have been submitted to Govt. tourism potential of the area. The DDC sought commitment from the officers for fulfilling the gen-uine demands of the people within stipulated time. He emphasised concerned officers

He said the District Administration

shall focus to give a boost to the tourism potential of the area.

II NEWS SERVICE

BARAMULLA, IUNE 14: To lis BARAMULLA, JUNE 14: To Ins-ten to the issues and grievances of people at their door steps, the Deputy Commissioner (DC) Baramulla, Dr Syed Sehrish Asgar today visited Panchayat

Hewan Narwav Block and chaired weekly Block Diwas

chaired weekly Block Divas Camp, listening to various issues and demands of people meant for the overall welfare and develop-ment of the area. Different stakeholders includ-ing PRIs, Officers of all line development for an effective metric

departments among other promi-nent citizens of Malpora,

Kalaiban, Khudpora, Fatehga Sheeri besides other adjoin areas of Narwav Block particip

ed in the programme.

NEWS

establishment of road from Sheeri

to Babareshi, augmentation of health institutions besides sanc-

for the area and providing of Digital X-ray plant for the hospi-

tal. Repairs of power lines, macadamization, widening and renovation of inner links and con-

struction of toilet points at Echo parks were also among the major demands projected by the mem-bers of PRIs.

After giving a patient hearing to the grievances and demands of

the public, the DC assured that the District Administration will

the District Administration will provide active support for devel-opment of the area and also assured them that all their issues and demands shall be taken with the concerned authorities for their

DHEW, Sakhi OSC Budgam organize Awareness programme at GHSS Narbal

JI NEWS SERVICE

BUDGAM, JUNE 14: the District Hub for Empowerment of Women (DHEW), Sakhi One Stop Centre (OSC), and Women Helpline 181 today jointly organized an awareness program at GHES Narbal showcasing an unwavering com-mitment towards women's empowerment and societal transformations.

transformation. The event held as part of the Azadi Ka Amrit Mahotsav celebrations, aimed to enlighten students about the govern-ment's invaluable initiatives, Beti Bachao Beti Padhao ment's invaluable initiatives, beti bachao beti radinao (BBBP), and Nasha Mukh Bharat, which promote gender equality and combat substance abuse. Under the guidance of DSWO Budgam, the DHEV played a pivotal role in raising awareness among attendees, igniting a spirit of action, and ensuring the resounding success of ensuring the resounding success of these programs. Recognizing the transformative potential of Beti Bachao Beti Padhao and Nasha Mukht Bharat, the DHEW team tireless Padhao and Nasha Mukht Bharat, the DHEW team tredes-ly conveyed their message thereby fostering positive social change, and striving to build an equitable society free from substance abuse. Distinguished speakers at this event illumi-nated various government initiatives that create an environ-ment conductve to women exercising their choices, gaining control over their lives, and accessing opportunities. These initiatives empower women to make a significant impact on

initiatives empower women to make a significant impact on society, addressing gender disparities and discrimination in a positive and impactful manner. The success of this awarenees program cannot be under-stated, as students gained invaluable insights into the gov-ernment's unwavering efforts to promote women's empow-erment and combat substance abuse.

DIET Doda, Pratham organise organize Zonal Level Exhibition



DODA, JUNE 14: In a collaborative effort between the District Institute of Education Research & Training (DIET) and the Pratham Education Foundation, an exciting Zonal Level Exhibition was organized here today. The exhibition showcased a wide range of Teaching Learning Materials (TLM), Models, Toys, and Puppet Shows across all 10 Educational Zones. Educational Zones. The primary objective of this event was to promote foun-

the primary operative or more event was to provide roum-dational literacy and numeracy (FLN) among grade children by creating visually appealing and engaging TLM. With a focus on blended learning, teachers from various schools in District Doda came together to prepare colorful

and attractive TLM. These materials aimed to enhance the learning experience

for children, ensuring they gain a strong foundation in literacy and numeracy. The exhibition featured multiple stalls, each dedicated to

The exhibition featured multiple stalls, each dedicated to displaying ILM, Models, and Yoys. The purpose of these stalls was to align with the goals of the NITUN BHARAT initiative, which emphasizes the importance of foundational skills in children. By providing hands-on experiences and interactive displays, the exhibition aimed to foster a love for learning while strengthening fundamental knowledge. Through this collaborative effort, DIET Doda and Pratham Education Foundation hoped to create an enabling environment for the holistic development of children. By showcasing innovative teaching tractices. Ultimately, the goal was to ensure that every child in District Doda receives quality education, setting them on a path to success in their academic journey.

World Blood Donor Day observed at ANMT School Doda

JI NEWS SERVICE

DODA, JUNE 14: World Blood Donors Day 2023 was observed by the District Health Society by organizing an awareness programme at ANMT School Doda. The programme was held under the supervision of Chief Medical Officer and under the aegis of Azadi Ka Amrit Mahotsav.

Maholsav. The programme was attended by Dr N D Dar, Dr Javed Ahmed Parray, Mohammad Shafi Attu, Mohammad Faheem Butt, Zaheer Gattu, Mohd Umar Mughal, Altaf Hussain, besides staff of ANMT School Naveeda Anjum &

Rubina Ishtiqa and students. The aim of the event was to highlight the importance of voluntary blood donations in saving lives and enhancing

solidarity within communities. On this occasion, Dr Javed Ahmed Parray delivered a motivational lecture on the importance of the day.

GDC Reasi starts Yoga Classes JI NEWS SERVICE

REASL JUNE 14 Five day voga classes were started today by Government General Zorawar Singh Memorial Degree College Reasi under the guidance of Director Ayush and supervision of district nodal officer Reasi. Deputy Commissioner, Babila Rakwal was the chief Guest at the inaugural function. Around fifty students of the college attended the voga class. Abdul Majid (YOGA INSTRUC-TOR) explained the importance of Yoga in human life. The Deputy Commissioner highlighted the importance and need of practicing Yoga to stay fit and healthy. "Yoga was an invaluable gift of India to the world. It brings harmo-ny in all walks of life and heigs in disease prevention, health promotion and management of stress and anxiety besides helping to prevent many lifestyle related disorders, "she added.

Redressal Camp, various Public sought the timely resolution of delegations and scores of individ-uals projected various develop-On the occasion, the people projected various

agriculture crops. He said that besides the latest high yield-

ing varieties our local paddy varieties like muskbudji, zagg, meetha-chawal etc. are finding new markets. He said the depart-

Indung new markets. He said the depart-ment is working to facilitate the concerned farmers so that they could fetch good returns for their produce. Director agriculture reiterated the importance of transferring the latest tech-nologies, interventions to the farmers on field.

He impressed upon the officers to ensure He impressed upon the others to ensure that modern techniques and practices in the cultivation of agriculture crops includ-ing paddy reaches the farmers. Iqbal highlighted the importance of feed-back from the farming community with

respect to the implementation of different

centrally sponsored schemes so that the

farmers could be taken up on time

steps to address the issues of

field

necessary

A control of the provided and the second definition of the second defin

Agriculture Deptt Kashmir celebrates (Thaejkaad) 'Paddy Transplanting Day' Kashmir Division monitored by concerned

WEEKLY BLOCK DIWAS PROGRAMME HELD AT HEWAN NARWAV BARAMULLA

Dr Sehrish listens to people's Grievances/ Demands; issues

on spot directions to Officers for their early redressal

adjoining participat-

SRINAGAR, JUNE 14: The Agriculture

SRINAGAR, JUNE 14: The Agriculture Department Kashmir today celebrated (thaejkaad) Paddy transplanting day across the valley. The campaign was kick-started by Director Agriculture Kashmir, Chowdhary Mohammad Igbal from the central Kashmir's Ganderbal district. He also participated in the paddy transplantation activities in the farmer's field at various

activities in the farmer's field at various places in the district. While interacting with the farmers of dif-ferent areas of the valley, Director Agriculture said that paddy is a staple crop of the valley and paddy transplantation has its cultural importance in the valley of Kashmir. He said people of Kashmir cele-brate paddy transplanting day as they cel-brate paddy transplanting day as they cel-brate the religious and cultural festivals. Chowdhary lębal marked various initia-tives taken by the department for the development of the farming community of the valley. He said the department is work-

the valley. He said the department is working not only to ensure high yielding vari-eties of agriculture crops including paddy reaches the farming community but to preserve and promote the cultivation of tradi-Director agriculture was accompanied by Joint Director (Inputs) Mohammad

tional varieties viz. muskuudi, zagg, meetha-chawal etc. also in the region. Director Agriculture appreciated the role of the farming community in preserving the traditional varieties of paddy and other Younis Chowdhury and other senior officers of the department. Meanwhile the Paddy Transplanting Day was celebrated in all the districts of

Kashmur Division monitored by concerned Chief Agriculture Officers. At Shopian, Agriculture Zone Turkawangam celebrated Paddy Transplanting Day (IASHN-E-DHAAN) in Village Heff Shirmal Shopian.

timely redressal. She directed the concerned

authorities to resolve the issue of irrigation besides exhorted upon the concerned for establishment of sheep rearing units for employ-

ment generation. Meanwhile, the DC resolved

various grievances of immediate nature and said that the adminis

tration is keen to streamline pub-lic service delivery and added that other developmental works are being identified and subse-

quently approved for their execu-

Likewise weekly Block Divas

camps were also organized at all sub division levels of Baramulla

district where the concerned sub divisional heads presided the functions and heard their issues and grievances of the people.

State Taxes Department holds GST interactive session for Chartered Accountants

JI NEWS SERVICE

SRINAGAR, JUNE 14: As part of 'Kartayva, Commissioner State Taxes Department, Dr. Rashmi Singh, on Wednesday held a GST interactive session for Chartered Accountants of Jamnu and Kashmi rhere at Excise and Taxation complex, Solina. During the session, She responded to various issuer aixed by the participants and assured that all genuine issues and queries will be taken care of Additional Commissioner, State Taxes (Administration and Enforcement) Kashmir, Echend Mathematican and active site of the active trace and the state trace of t

Shakeel Maqbool, gave a detailed presentation sensitising the participants about mal-

Snakeei Maqboo, gave a detailed presentation sensitising the participants about map practices that lead to tax evasion and loss of revenue to the government. He particularly flagged the issues of utilisation of ineligible input tax credit for set-ting off tax liability and declaration of IGST liabilities by the hotels and travel agents in violation of place of supply rules which leads to loss of revenue to J&K government. He also emphasized the need of issuing e-invoices. Additional Commissioner, Tax Planning and Advance Ruling, Ankita Kar, educated the participants about the audit under CST Act.

Weekly Block Diwas: Udhampur Administration listens to public grievances at CFC Chennai

JI NEWS SERVICE

UDHAMPUR, JUNE 14: A Public Outreach camp, under weekly Block Diwas program, was held today at Community Facility Centre (CFC) Tehsil Headquarter Chenani, where Deputy Commissioner, Udhampur Sachin Kumar Vaishya listened to the public demands and aspirations. District Development Council Chairperson, Lal Chand; Additional District Development Commissioner, Ghan Shyam Singh; BDC Chairman, Parkash Chand; CEO PDA, Sher Singh; ACD, Dr Ranjeet Kotval and other District and Sectoral offi-cers of the District, besides PRI representatives and a large number of people from adjoining panchavats attended the number of people from adjoining panchayats attended the camp. During the camp , the public and their representatives raised a number of issues and demands of their areas. They raised a number of issues and demands of their areas. They demanded compensation of land acquired for Bupp to Barkunda and Barkunda to Kharwa PMGSY road, Separate Ration cards, Repair of hand pumps, Opening of new ration sale depot, construction of motorable bridge over Tawi river at Panchayat Bupp and Matlowa, Provision of JKKIC bus service on Udampur, Chennai, Mantalia, Lati and Dudu routes, Construction of road under PMGSY from Nagulta to Delian Placed Chengi Machine of Mich Parket and and the service on Udampur, Chenging and the service on Udampur, Chenging and Anti-Service of Chengi Machine of Mich Parket and the service on Udampur, Chenging and the service on Udampur, the service on the routes, Construction of road under PMGSY from Nagulta to Rajjar Block Chemani, Blacktopping of different roads, meet-ing shortage of staff in Nagulta Government High school, Upgradation of irrigation khul, Upgradation of middle to high school, Upgradation of road from Mantali to Naina Devi, Creation of self help groups, Shortage of staff in health insti-tutions, Construction of passenger shed, Handed over PHC building at Bash tet. The DC gave a patient hearing to all the issues projected by the PRI members and public during the event event.

Event: During the camp, many grievances were redressed on the spot by intervention / directions to officers of concerned departments' while the rest of demands would be redressed on priority by mobilization of budgetary provision to the best public interest DC added.



SEEKS EFFECTIVE UTILIZATION OF FACULTY, CCL REGULATION

KATHUA, JUNE 14: To mark World Blood Donor Day, District Red Cross Society (IRCS) Kathua, in collaboration with the Blood Transfusion Department, Government Modical College, Kathua Medical College Kathua,

the second

Medicai Car organised a Bloou Donation Camp here Deputy

Commissioner Rakesh Minhas, who is also the Staff of CMC Athua facili-Chairman of DRCS inau-gurated the Camp in pres-sion, Deputy Surinder Kumar Attri, Commissioner Rakesh Secretary DRCS Kathua OP Sharma and other offi-blood were donated by vol-blood were donated by vol-mintaining availability of unteers from Nehru Yuva Kendra, Police department the blood bank to cater emergencies and saving

Chairman DDC Budgam, DGP F&ES jointly inaugurate new Fire & Emergency Building at Khag

JI NEWS SERVICE

BUDGAM, JUNE 14: Chairman, District

appreciation from the local community, gency effectively

considering the area's remote location. The newly inaugurated Fire & BUDGAM, JUNE 14: Chairman, District Development Council (DDC) Budgam, Nazir Ahmad Khan, and Alok Kumar, Director General of Police (DGP) Fire & Emergency Vuilding stands as a testament to the commitment of the local administra-tion towards ensuring the safety and secu-fiere gency Services today jointy inaugu-rated a state-of-the-art Fire and Emergency The event was met with overwhelming

Speaking at the inauguration ceremony, Chairman DDC Budgam, expressed his gratitude to the government for their con-tinuous support in addressing the needs of

the region. He emphasized the importance of prompt emergency services, especially in far-flung areas, and highlighted the significance of the new facility in Khag.

Khan stated, "The opening of this Fire & Emergency Services building is a signifi-

Emergency Services building is a signifi-cant step towards enhancing the safety infrastructure in Budgam. Our administra-tion remains committed to ensuring the well-being of our residents, regardless of their geographical location. With this new facility, we aim to improve emergency response times, safeguard lives, and pro-tect valueble remorate.⁴ tect valuable property.

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He said Blood donation is a great service to the society and civil society should come forward in such kind of events aimed at benefiting the needy. "The occasion is also an opportunity to bust the myths associated with blood donation which will make neonle participate in make people participate in altruistic acts", he added.

The meeting also shed light on the nortcomings of childcare leave examination results for 12th class One of the concerns raised by the ADDC Singh was the surplus teachshortcomings of childcare le availed by female teaching staff.

A. 09 TE! Machan results in some Government Schools. The ADDC Singh interacted with over 30 principals and asked for explanation for the poor perform-ance in the recently declared board evanitation results for 12th class. JI NEWS SERVICE Doda, June 14: Additional District Development Commissioner (ADDC) Doda, Pran Singh, today

reallocation of surplus teachers to schools facing a shortage. This would ensure that students receive quality education and benefit from the expertise of dedicated teachers ... teachers. To address the surplus teaching staff issue, the ADDC directed the principals to take action against underperforming teachers. Those teachers who failed to deliver satisfactorily their salary or increment would be withheld.

ing staff in many schools across the district. Expressing displeasure, he emphasized the need for efficient uti-lization of human resources and the

World Blood Donor Day: District Red Cross Society organises Blood Donation Camp at GMC Kathua

ADDC Doda discusses measures for improving

board results in low performing schools

JI NEWS SERVICE He said Blood donation

SHRI AMARNATH JI YATRA

DC Jammu inspects arrangements at Railway Station, Vaishnavi Dham, other places

JI NEWS SERVICE

JAMMU, JUNE 14: Deputy Commissioner Jammu, Avny Lavasa today visited Railway Station, Vaishnavi Dham, Saraswati Dham and Panchayat Bhawan to inspect the arrangements for Shri Amarnath Ji Yatra (SANJY) 2023. The Deputy Commissioner was accompanied by Commissioner JMC, Rahul Yadav; SSP Railways, Mohan Lal Kaint; SSP Traffic, Faizal Qureshi; ADC (LO) Harvinder Singh; ADC, (ADM) Sandeep Seointra, Nodal officers of respective registration counters and other senior officers deployed for smooth conduct of SANJY 2023 The

Deputy Commissioner took a detailed review of the

ments including token and registration services at Railway Station, Vaishnavi Dham and Panchayat Bhawan. The Deputy Commissioner further inspected the RFID centre to be established at the Tourist Reception Centre building within the newn building within the prem-ises of the Railway Station. The Deputy Commissioner directed the concerned departments to

arrangements put in place for the Yatris including accommodation, security arrangements, installation of technical equipments and wi-fi, public address system, power and water supply cleanliness, sanita-tion and medical facilities tion and medical facilities registration counters Lodge ment centres and ially at Yatri Niwa especian, She also She also reviewed the security and other arrange-

put in place all arrange-ments before the com-mencement of Yatra. She also directed the concerned officers to gear up their men and machinery to onsure a comfortable jour. ensure a comfortable journey and stay of Yatris She asked the con

cerned departments to make sure that the pilgrims do not face any hardship on account of basic ameni ties.

World Blood Donor Day 2023: Motivation cum awareness lecturer on blood donation held at GCW Udhampur

UDHAMPUR, JUNE 14: To mark the World Blood Donor Day, 2023, an online motivation cum awareness lecture on the theme "Give blood, give plasma, share life, share often" and a plasma, share life, share otten" and a pledge ceremony was organized in Government College for Women Udhampur by Red Ribbon Club and NSS Unit in collaboration with J&K AIDS control Society under Mission Life, G20 and Azadi Ka Amrit Mabotaar Mahotsav.

The events were conducted under the guidance of the college Principal, the guidance of the college Principal, Prof. Anjaii Mahajan and under the convenorship of Dr. Kewal Kumar (Convenor RRC) and Prof. Sumita Rao (NSS PO) to thank individuals who donated blood to encourage more people to become new donors and to be aware about the importance of blood donation.

II NEWS SERVICE

Dr. Dinesh Kumar (PTI) was the resource person on the occasion who delivered a mind storming, informa-tive and inspiring lecture on blood donation on the theme "Give blood, give plasm, share life, share other." The lecture was attended by about

donation on the theme "Give blood, give plasma, share life, share often". 42 students including staff of the col-Explaining the importance of blood

Explaining the importance of blood donation, he said the despite remark-able advancement in medical science there is no laboratory that manufac-tures blood. He also motivated the staff and students to donate blood as they themselves might be using the same during their own emergency needs. Earlier Periorial of the College

Earlier, Principal of the College, Prof. Anjali Mahajan congratulated and appreciated the efforts of oragnise

She stated that such awareness lec-tures are need of hour in educational

AbhiyanEncourages eligible locals to apply for jobs in Ratle HEP

Mukt Unit, hosted the event and wel-

bers, friends, relatives, colleagues and public about the need of regular voluntary blood donation.

ence of Prof Ashni Devi, HOD Botany, Dr. Shaveta Sharma, Assistant Professor of Political Scie-

Geography and Mr. Balbir Singh from Department of Geography.

semester 6th presented his talk on the topic of the day and very assertively brought forth his views. Later, the Additional Deputy Commissioner addressed the audi-ence and it turned out to be an inter-active session where people from the audience put forth their issues they have been facing

have been facing. The event culminated with the anti-

drug abuse pledge administered by Dr. Tarseem Kumar.

The event proceeded with the Vote of Thanks by Prof. U S Liza, HOD

English. She extended gratitude to the ADC Reasi, and other District Administration officials, members of

DC Reasi presides Block Diwas meeting at Panchavat Dehote Block Pouni

SPECTS PROGRESS OF WORK ON JJM P

JI NEWS SERVICE

REASI, JUNE 14: Deputy si, Babila Rakwal er Re conducted Public grievances redressal Camp under weekly block Diwas at Panchavat Dehote, Block Pouni to assess the local issues and listen to the assess the local issues and listen to the issues of the people at their doorstep and redress the same with the inter-vention of district officers and repre-sentatives of Panchayat Institutions. The PRIs raised the issue of dam-aged Ransoo Khul and the Deputy Commissioner directed the concerned department for its early restoration. Issue of a construction of anomach

Issue of construction of approach road to bridge in Dehote Panchayat, posting of doctor and installation of Ultrasound & X-Ray machine at PHC

Ransoo, possing of staff in NTPHC Dhotte were also raised by the PRIs and general public. Demand regard-ing early start of work of Water Supply Scheme Ransoo sanctioned and allotted for 300 households was also projected. The issues regarding Road from Ransoo to Kanda were also highlight-ed and the DC directed the were public

ed and the DC directed the executing ed and the DC directed the executing agency to start repair and restoration of the road. Issue regarding incom-plete boundary wall and old structure of the Government High school Dehote was also projected during the block Diwas and on spot directions were issued to the execution agency complete the boundary wall as pro-jected under DDC Grant, while the Executive Engineer, PWD(R&B) was

asked to furnish a report on the condi-tion of the old structure. Demand of Mobile toilets at Ransoo, provision of water tankers on a weekly basis for Sangar area and release of pending land compensation were also project-ed during the block Divas.

Earlier, the DC also inspect-ed ongoing works of Jal Jeevan Mission (JJM) schemes in far-flung Panchayat Allya and Dehote of Poun Panchayat Allya and Dehote of Pouni Tehsil bordering Rajouri District. The scheme envisages retrofitting and Augmentation of Water Supply Scheme Allya FHTC 157 & Retrofitting and Augmentation of Water Supply Scheme Theru Sujanpur FHTC 480. The DC directed the executing agen-cies to expedite the completion of the work work.

DC Kishtwar Tours Drabshalla, Boniwah Tehsils

INAUGURATES FREE MEDICAL CHECK-UP CAMP, LISTEN TO PEOPLE'S GRIEVANCES, **DEVIGOL TEMPLE MANAGEMENT COMMITTEE**



and

Tehsildar

As many as 350 local individuals were checked for different ailments and provided free medicines as per

the requirement of their treatment. During the interaction, the local community and labourers raised sev-eral issues and demands, which were promptly addressed by Deputy Commissioner Kishtwar.

Necessary directions were issued to the relevant authorities at HPCL to resolve these concerns effectively

In response to the locals' requests In response to the locals' requests for employment opportunities, the Deputy Commissioner informed them about the job advertisement issued for recruitment in Ratle HPCL, inviting applications for 47 positions by Mega Engineering & Infrastructure Ltd. He encouraged the eligible locals to apply for suitable nels-assuring them that the selection roles, assuring them that the selection process would be transparent and fair. The Tehsildar was directed to ensure wide publicity and monitor-ing of the process. Furthermore, the Deputy Commissioner inspected var-ious activities in the project area to

ensure strict compliance with safety guidelines during blasts and other operations. Continuing his visit, the Deputy Commissioner proceeded to the Bonjwah Tehsil, where he visited the revered Devigol Temple and after paying his respects, he engaged with the temple management committee. He attentively listened to their con-cerns and assured them of full sup-port from the administration during the ongoing Yatra. The Deputy Commissioner empha-sized the tremendous potential of the Devigol area as a religious & tourist destination, which would not only boost local income but also contribute to the region's overall development. the revered Devigol Temple and after

to the region's overall development

Deputy Commissioner visited HSS Binoon to assess the damage caused Binoon to assess the damage caused by the recent earthquake. He assured that appropriate directives would be issued to initiate repair and mainte-nance work promptly. Later, the Deputy Commissioner inspected the Community Health and Wellness Center (CHWC) in Nali and evaluated the healthcare facilities the infrastructure requirements of the

infrastructure requirements of the center, including the need for ade-quate staff. Deputy Commissioner Kishtwar's visit to Drabshalla and Kishtwar's visit to Drabshalla and Bonjwah blocks showcased the administration's commitment towards addressing the needs and concerns of the local community at their doorstep. The tour underscored the significance of collaborative efforts between the district adminis-tation government bodies and ricitration, government bodies, and pri-vate entities in fostering development and ensuring the welfare of the peo-

Awareness programme/ Workshop on Organ Donation & Tissue Transplantation held at Gandhi Bhawan, KU

JI NEWS SERVICE

the Health department to mark the

2nd Raising Day of Ratle HPCL. Deputy Commissioner was accompa-

nied by Tehsildar Drabshalla/Bonjwah Irshad Ahmed Sheikh, besides Ashok Kumar Nauriyal, CEO of RHPCL, doctors, district officials, local administration, RHPCL representatives, and PRIs, formally inaugurated the camp.

by

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SRINAGAR, JUNE 14: The first ever awareness program cum workshop on the Organ Donation and Tissue Transplant was Wednesday organ-ized by Department of Bioresources and Department of Home Science, from University of Kashmir and JK Science Technology & Innovation Council (JKTIC), JKDST in collabora-tion with State Organ and Tissue Transplant Organization (SOTIO) J&K under the aegis of Ministry of Health & Family Welfare, Govt. of India. The program witnessed partic-ipation by around 200 people includ-SRINAGAR, JUNE 14: The first ever India. The program witnessed partic-ipation by around 200 people includ-ing Medical professionals, Educational professionals and stu-dents from various departments from University of Kashmir. As awareness is the key to success, the series of events include conduct of mutaness. Programma cum work-

awareness programme cum work-shop, display of banners and posters for awareness of general public, and awareness through print, electronic and social media.

and social media." The programme was inaugurated by Vice Chancellor University of Kashmir, Prof Neolofar Khan. In her talk, she said that this Awareness pro-gramme cum Workshop on Organ Donation and Tissue Transplantation is first of its kind being organized by University of Kashmir, and such pro-grammes should be organized by the istitute recularly to raise awareness institute regularly to raise awareness for organ/tissue donation. This was followed by views shared

by eminent dignitaries, including Saurabh Bhagat, Commissioner Secretary JKST⁣ Prof Pervaiz

Koul, Director SKIMS; Dr. Nisar Ahmad Mir, Registrar, University of Kashmir, and Prof Elias Sharma, Nodal Officer SOTTO J&K about this noble act of organ donation and tis-

noble act of organ donation and tis-sue transplantation various. Sourabh Bhagat addressed the lack of avareness and understanding among the general public regarding organ donation and tissue transplan-tation. He further said that by dis-pelling myths, providing accurate information, and fostering open dia-logue, the people will somehow get encouraged to participate in this favorable act. Prof Pervaiz Koul also highlighted

Prof Pervaiz Koul also highlighted the role and need of this noble act in a very articulate manner. He motivated

very articulate manner. He motivated all to become an Organ Donor and save lives of many who are waiting for organ transplantation. Dr. Nisar Ahmad Mir addressed the need for this noble act. He said that such collaborative effort is the need of the hour in present times. He said that university is open to such collaborations that are doing such tremendous and noble acts for the welfare of the whole community.

welfare of the whole community. Also, Prof. Elias put his views and thoughts before the audience in view

thoughts before the audience in view of the organ transplantation. He cleared the myths about organ donation and inspired the audience for taking the pledge for organ dona-tion after death. On the occasion, Prof. Nilofar and other divinitaries released a book

other dignitaries released a book related to breast cancer, authored by Dr. Manzoor Ahmad Mir, HOD department of Bio resources. The inaugural session was then fol-

lowed by a technical session where several eminent speakers from differ-ent medical institutes delivered their talks in a very understandable manner. The event also witnessed the pres-

ence of various principals from sever-al GMCs of J&K. Dr (Prof) Tariq Syed al GMCs of J&K. Dr. (Prof) Tariq Syed Qureshi, Principal GMC Ananhag in his remarks said nothing can be more selfless than truly giving those in need, a ray of hope and more precise-ly, a second chance to live. Reflecting the key initiatives under-taken by SOTTO J&K, Prof. Elias Sharma, Nodal Officer SOTTO J&K informed the audience about types of Donors. Brain Stem Death. greans

Donors, Brain Stem Death, organs which can be donated, myths and superstitions etc.

The solution to bridge the ever "The solution to bridge the ever widening gap between organ avail-ability and organ requirement in India is possible only through sys-tematic strengthening of the decased organ donation programme,"he added. The event was then followed by a valedictory function where Dr. Manzoor A Mir, Head Department of Bioresources thanked all the dieni-Bioresources thanked all the digni taries, eminent speakers, other respected participants, faculty mem-bers and students and scholars for their immense efforts and participa-

their immense efforts and participa-tion in the programme. The event was anchored by Dr. Manzoor Ahmad Mir, Department of Bio resources, University of Kashmir and coordinated by Anshu Sharma Consultant (IEC/Media) SOTTO J&K, Irfan Ahmad Lone Transplant Coordinator, SOTTO, J&K, Nisha Coordinator SOTTO J&K, Nisha Choudhary, DEO, SOTTO J&K.



The College Principal, Dr. Udhay Bhanu underlined the setback being caused by the menace of drug abuse Government Degree College Pouni witnessed overwhelming participa-tion of students of all the semesters, including NSS and RRC.

caused by the menace of drug abuse in the society. He deliberated in detail how its ten-tacles are spreading the grip on our younger generation and pose a seri-ous threat to the society as a whole. Balvinder Singh, a student of The audience also included District Administration officials, Sarpanch and Panch, and Panchayat members. Tanpreet Singh, Convener of Nasha

Tehsil administration, Sarpanchs and Panchs and organising Members of the event and students. Sports Council, SAI sign MoU

JI NEWS SERVICE

SRINAGAR: J&K Sports Council and Sports Authority of India have come together to flourish sports in the Union Territory of J&K. In a firstof-its-kind initiative, the premier sports body of J&K will collaborate with SAI for the expansion of the footthe expansion of the foot-prints of Khelo India centers in J&K. The Memorandum

The Memorandum or Understanding (MoU) on behalf of J&K Sports Council was signed by Secretary, Nuzhat Gul while Nadeem Dar, Deputy Director, incharge J&K and Ladakh represented Sports Authority India of Pertinently the Khelo India centers were allotted to J&K in a phased manner and in the first phase around 40 Khelo India centers were awarded to I&K in 2020-21. Recently 60 more centers were added to the existing number making it hundred



meet its due recognition and equal opportunity when it comes to honing the Union Territory of the country. Sarmad Hafeez Secretary,

skills and making a name in the field of sports. Sports pundits consider this to be one of the remark-Department of Youth Services and Sports said two autonomous bodies coming together will help able interventions for makable interventions for mak-ing the Union Territory of J&K a sports hub as Khelo India centers specifically allotted to J&K will further the sports to grow in all cor-ners of the UT and the best facilities for players will mean more and more peothe impetus of sporting cul-

mean more and more peo-ple taking up the game. Secretary Sports Council Nuzhat Gul said with the signing of the MoU, J&K sports will usher into a new ture in J&K. As a joint venture of Sports Council and SAI, a low-cost effective training

mechanism has worked out wherein past champion athletes would become coaches and men tors to train the future stars of the region and, run th training autonomously and earn their livelihood. Most of the Khelo India

Most of the Khelo India centers are equipped with state-of-the-art facilities, highly qualified coaches, and a range of training pro-grams that cater to the needs of athletes from various age groups and disciplin

ous age groups and uscr-plines. This has not only helped in the overall development of sports in the region but has also encouraged more and more children to take up sports as a viable career option. In addition to scouting the best talent in the district, each of these centers lays special emphasis on taking sports to the grassroots level and acting as an alter-native arrangement for the places where no sports activities existed earlier.

rated a Free Medical Check-up Camp organized by Ratle Hydro Power Construction Ltd. (RHPCL). Assistant Frotessor of Concess of Annual State nce, Prof. Roopa Kumari, Assistant Prof. of Edu-cation, Prof. Pooja Bharti, Assistant Professor of Construction Ltd. (RHPCL). He availed the opportunity to interact with the residents and labor-ers of the Ratle Hydroelectric Power (RHP) project and listened to their grievances. The Free Medical Camp was conducted in collaboration with the Health denortment to mark the GDC Pouni Organises awareness camp Nasha Mukt Bharat

untary blood donation. They also pledged that they will always donate blood to the needy irrespective of caste and religion. About 55 students participated in pledge ceremony. The event was graced by the pres-prese of Prof. Achini Dwit. HCD KISHTWAR, JUNE 14: Deputy Commissioner Kishtwar Dr. Devansh Yadav today conducted an extensive tour of Drabshalla and Bonjwah Tehsils. During the tour, he engaged with the local community ssed their concerns and inauguaddre





Modi Govt Schemes Giving Benefits to Everyone: MP Jugal Kishore

JAMMU: Today Jugal Kishore tours West Sharma tours Jammu West Assembly Constituency under Mahajansampark Yatra a nation-wide programme led by Bharatiya Janata Party on comple-tion of 9 years of Modi Government in Center, BJP Talab Tillo. Mardal. cerapirad Government in Center. BJP Talab Tillo Mandal organized Beneficiaries Sammellan de BJP Bakshi Nagar Mandal organized Vayapari Sammellan and interac-tion with POJK refugees pro-gramme (District Jammu) Organises at Sheela Resorts Talab Tillo, Bakshi Nagar and Rehari Colonv in which Member Colony in which Member Parliament Jugal Kishore Sharma along with Former BIP President along with Former BJP President Sat Sharma CA, District President Parmod Kapahi, JKUT Vice President and Parbhari Rajeev Charak,Senior Leaders BJP J&K Munish Sharma, Ayodhya Gupta, Munish Sharma, Ayounya Gupta, Arvind Gupta,Prem Gupta, Veenu Khanna,Kuldeep Kandhari,Media Sccretary Dr. Pardeep Mahotra, Municipal Councillors Sanjay Baru,Neelam Nargotra, Dinesh Gupta,Sr. Sucha Singh, Jeet Angral, Surinder Choudhary and other laodaex alea attended. Tha other leaders also attended. The Programme was organised under the Mandal Presidentship of the Mandal President Keshav Chopra & Atul Bakshi

Commissioner Secretary inaugurates Rs 1.20

cr Public Park at Baba Sunara. Ihaiiar Kotli

JI NEWS SERVICE

JAMMU, JUNE 14: Commissioner Secretary

Floriculture, Parks and Gardens, Sheikh Fayaz Ahmad, today inaugurated a Public Park at Baba Sunara, Jhajjar Kotli, Jammu. Director General,

Ahmad, today inaugurated a Public Park at Baba Sunara, Jhajar Kotli, Jammu. Director General, Horiculture, Parks and Cardens, S Jatinder Singh was also present on the occasion. The public park expand-ed over an area of 16 kanal has been developed by the department with an expenditure of Rs.120 crore. It has various features like chain link/grill fencing view-point, mesmerizing landscaping, ornamental plants, flowering beds, turfing, tile path/walk way, illumina-tion system, sprinkers, benches and other basic facili-ties. While addressing the public. Commissioner Secretary informed that 11 new parks are being con-structed during the current financial year 2023-24. The aim of the government is to focus on providing all req-uisite facilities to individuals at their door steps, espe-cially to senior cites and children. He also took a detailed revice wit maintenance and development of existing parks and gardens of the said area. He direct-d the officers to maintain quality of works and emphasized the need for overall beautification of all parks. Meanwhile, he also interacted with the PRIs and listened to their grievances Nd demands. Commissioner Secretary assured the local represen-tatives and the public that all their genuine demands will be considered and action shall be taken for redre-sal in a time bound manner. On the occasion, Director

sal in a time bound manner. On the occasion, Director Finance Floriculture, Hemkant Prashar, Deputy

Secretary Floriculture Mushtaq Ahmad Chowdhary Executive Engineer Floriculture, D. K. Kaith, Deput

Director Planning, Priti Agarwal, Floriculture Officer, Jammu, Sunil Singh, PRI members and other officers



Continuation with the Nationwide Celebration of 9 years of Modi Govt as Sampark se Samarthan Abhiyaan, Several other Programmes were also Samarthan Abhiyaan, Several other Programmes were also Conducted in which Jugal Kishore Sharma along with Sat Sharma CA and Other Leaders Visited Himalayan Heritage Museum in which Rare Antique Colluction unc Presented by Collection was Preserved by Chairman Sardar Inder Singh and his family

his family. Jugal Kishore Visited the Residence of Priya Gupta in which She along with her Son Achyut Mahajan who have shown their talent by making colourful backyard, planted sev-eral plants with the help of waste material & plastic bottles, discard boxes, Later on they Visited

Kashmir.

Rehari Bakshi Nagar Mandal in which Jugal Kishore along with which Jugal Kishore along with other Leaders Visited the resi-dence of R.K Chibber, Former Chariman JK Bank, Anandpur met with Raju Mahant Ji and resi-dence of Shanti Swaroop Gupta Senior Praja Parishad Member and Felicitated them under Samrak co Somarthon Albituaan Sampark se Samarthan Abhiyaan

Sampark se Samarthan Abhiyaan. Jugal Kishore Sharma While addressing the gathering said that Bharatiya Janata Party is working on the agenda of Sabka Sath Sabka Vikaas and today everyone is getting benefit of Modi Welfare Schemes. While addressing Beneficiaries at Sheela Resorts he correctioned the Work of Peina appreciated the Work of Prime Minister Narendra Modi and said that Modi govt is committed to empower every section of the

society. He said that after Abrogation of Article 370 and removal of 35 A all the ways for development of Jammu &

He said that many mega proj He said that many mega proj-ects in various sectors are in progress and many of them are completed. Member of Parliament interacted with Businessmen and traders at Bakshi Nagar and lis-tened their demands and prob-lows. He acid that their problems tened their demands and prob-lems. He said that their problems are local & genuine and soon they would be re-adressed.PoJK refugees beneficiaries warm wel-comed Member of Parliament and thanked Horble Prime Minister Sh. Narendra Modi Ji who lis-band and full their pring after a tened and felt their pain after a decade. They said that it is only Bharatiya Janata Party who have given them right to exist and com-

carland Programme was alao organized at Brigadier Rajinder Singh Park and Shaheed Bhagat Singh Chowk & Senior leaders paid them tributes

Sat Sharma CA while speaking Sat Sharma CA while speaking said that BJP Govt is doing tremendous work for the uplift-ment of down trodden section of the society, Several bold and his-toric steps have been taken by modi govt which has given ben-fiet to all of up to further added fits to all of us he further added Parmod Kapahi, Munish

Sharma, Arvind Gupta also appreciated the work of Modi govt and said that PM Ujjjwala Yojna, Jan Dhan Yojna and other schemes have given benefits to lot people, over, R Jammu Poonch over, Ring Road project ught revolutionary change in Flve

brought revolutionary change in the life of locals. BJP Talab Tillo Mandal President Keshav Chopra managed the proceedings of the programme and Mandal General Secretary Munih Gupta presented

Secretary Munih Gupta presented vote of thanks District General Secretaries Kuldeep Kandhari, Adv. Rajesh Gupta, Manav Mahajan, Sarpanch Pritipal Singh, Ravinder Tiku, Mandel Connent Secretari Pritipal Singh, Ravinder Tiku, Mandal General Sccretary Paramjeet, Anil Angral, Pratibha Sharma, Anupam,K.I. Sharma, Chaman Lal Bhagat/veena Gupta, Varinder Dogra, Rajesh Qupta, Depak Sharma, Akusum Gupta, Parveen Ghai, Rahul Nargotra, Ramesh Kumar, Ceeta Sodhi, Vikas Kumar, Devinder Gupta, Manohar Lal, Japial Sharma. Bhuminder Gunta, Sharma, Bhupinder Gupta, Lovekesh Gondi, Sudershan, Lovekesh Gondi, Sudershan, Ritesh peer, Ghanisham sharma, Rakesh sharma, Bhubesh sharma, Jatinder khajuria,Omkar verma, Sanchit sharma, Sachin nargotra,Arun sharma, Vina rathod, Pinki bhat,Manoj Tandon and others were also present.

Shive and Shive Voga shall be indire-tained in such areas. Nikhil Gogna , SDPO, R.S. Pura also deliberated on the social evil and informed that Police Authorities have put the department on high alert to

eradicate the social evil from the soci-ety. He emphasized that all the sec-tions of society shall join hands to

propagate the awareness regarding ill

effects of drug abuse amongst the

Archana Mujoo, Assistant Drugs Controller, Jammu also apprised the Participants about ill effects of drug menace & its effect on society. She impressed upon the trade fraternity to switch over to computerized sys-tem of billing for maintenance of records and install CCIV cameras in licetus of different series of the series of the series of the licetus of different series of the series of the series of the licetus of different series of the serie

light of guidelines issued Government

Archana Muioo, Assistant Drugs

ignorant mass

Advisor Bhatnagar inaugurates

JINDRAH IMAGES

blood donation camp



SRINAGAR, JUNE 14: Advisor to Lieutenant Governor, Rajeev Rai Bhatnagar, today inaugurated a blood donation camp at GB Pant Hospital here to mark 'World Blood Donors Day' celebration. "Donating blood is essentially a gesture, an act of compassion and solidarity which can be the most pre

act of compassion and solidarity which can be the most pre-cious gift which a person can give to another person saving numerous lives on earth¹, maintained the Advisor. The camp, which was organised by the Directorate of Health Services Kashmir in collaboration with Badami Bagh Cantomment (BBC), was aimed to foster a culture of volum-tary bloed donation while addressing the critical need for bloed source in earther lowers and Krebnic blood supply in entire Jammu and Kashmir.

Secretary Health and Medical Education, Bhupinder

Secretary Health and Medical Education, Bhupmder Kumar CEO BBC, senior officiers of health department, doc-tors, paramedical staff and large number of blood donors were present on the occasion. Addressing the gathering, Advisor Bhatnagar highlighted the humanitarian aspect of blood donation saying that it symbolizes compassion and unity within society. He encour-ued the neutrigenet to activate proteinate in crimite initia aged the participants to actively participate in similar initiatives to meet the increasing demand for blood transfusions

tives to meet the increasing demana for tood transitisons, especially during emergencies and medical procedures. Advisor further said that this year's theme "Give Blood, Give Plasma, Share Life, Share Often" is very unique and this theme depicts the significance of this important service for the markind. He added that it also focuses on life long trans-fusion support and underlines the role every single person can play, by giving the valuable gift of blood or plasma. Advisor Bloros reasonadored that or messing denoting the

can play, by grving the valuable gift of blood or plasma. Advisor Bhatnagar remarked that every single donation is a precious lifesaving gift and repeated donation is key to building a safe and sustainable blood supply. He empha-sized the importance of voluntary blood donation while explaining how it plays a vital role in ensuring timely med-ical care for patients in need.

8th round of "Kisan Sampark Abhivan" concludes in Ramban

JI NEWS SERVICE

RAMBAN, JUNE 14: The 8th round of ongoing Kisan RAMBAN, JUNE 14: The 8th round of ongoing Kisan Sampark Abhyan (Farmers Orientation programme-HADP) under the aegis of Azadi Ka Amrit Mahotsav with the theme Aatmanirbhar Bharat was held successfully in the blocks of district Ramban. The campaign ended today at a positive note as an over-

whelming response was received from the farming community in all ten blocks of the district. Audio-visuals (AVs) aids were used to disseminate the information about different government sponsored schemes meant for the welfare of the farmers associated with Agriculture, Animal Husbandry, Sheep Husbandry, Horticulture, Apiculture, Pisciculture, Sericulture etc.

The resources persons from different departments educat-Interessources persons from dinterent departments educat-ed the farmers regarding the agro bases schemes. Informative booklets, in 03 (three) languages, regarding the HADP schemes were distributed among the participants. Moreover, farmers were also made aware about Daksh Kisan (online learning portal for skill development) and Kisan Sathi (IT Dashboard) portals offering online services/ schemes

DC Samba listens to people's issues at Block Diwas meeting held in Sarna Panchavat

JI NEWS SERVICE

SAMBA, JUNE 14: Deputy Commissioner Samba, Abhishek Sharma, accompanied by district officers of various depart-ments, chaired the weekly Block Divas meeting here at Sarna Pauchavat

Sharma, accompanied by district officers of various depart-ments, chaired the weekly Block Divas meeting here at Sarna Panchayat. BDC Chairman Block Nud, Dev Raj; ADDC, Rajinder Singh; ADC Rakesh Dubey; ACD, Sidharath Dhiman; tehsil-dar, CEQ, CHO, CAO, Ex, Engineers of PWD, PHE, PDD, BDD and several other district officers, block level officers and PRI members attended the block divas. The locals demanded augmentation of power infrastruc-ture, macadamization of rural roads, better facilities in Educational institutions, Ground water Department, Flood Control works, promotion of Tourism, Bank facilities, fast caking of PWD, Health, RDD, NABARD, PDD, Veterinary Department, Flood Control works. The Deputy Commissioner sought department wise response to the issues projected during Block Divas in the presence of PRI members and resolved several grievances on the spot with the intervention of line departments and discussion with district head officers. He said that public outreach programmes such as Block Divas are devised to reach to the doorstep of the people and redress their problems with the intervention of concerned departments besides assessing the progress of developmen-

departments besides assessing the progress of development

tal works. The DC enquired about the status of Solid Waste Management in the Panchayat, including door to door garbage collection and exhorted to bring behavioural change towards cleanliness around villages and public area

He laid emphasis on resolving the local issues through inter department coordination with active involvement of PRI members. He also assured that policy matters would be taken up at appropriate level for its early resolution.

INT'L DAY AGAINST DRUG ABUSE D&FCO ropes in Pharmacists to spread public awareness at Bishnah Pura /Bishnah; Vikram Sharma, SHO Bishnah and Members of Chemists Association of Bishnah and sitive and strict vigil shall be main-JI NEWS SERVICE

IAMMU, IUNE 14: To mark the

JAMMU, JUNE 14: To mark the upcoming International Day against Drug Abuse and illicit trafficking, Drugs and Food Control Organization J&K organized an awareness program at Bishnah on the prevention of drug abuse- Role of Pharmacists Fratemity in eradication of the menace from the society. The objective of the awareness pro-gramme was to strengthen action and cooperation of Pharma Fratemity in achieving a role model society free of Drug Abuse. The awareness Programme was attended by people from different sections of the society, including Prominent Citizens and senior officers of the Department. Mohammad Iqbal, Deputy Drugs Controller; Renuka Raina, Deputy Drugs Controller; Renuka Raina, Deputy

Controller; Renuxa Kaina, Deputy Drugs Controller ((IkL); Arvind Sharma, Assistant Drugs Controller, Jammu; Archana Mujoo, Assistant Drugs Controller (HQ) Jammu; Pankaj Malhotra, Assistant Drugs Controller; Drugs Control Officers, besides Nikhil Gogna, SDPO, R.S

R.S Pura. Speaking on the occasion, Mohammad Iqbal Palla, Deputy Drugs Controller invited an urgent attention of Stakeholders towards this issue. He informed that the Government has initiated pro active measures by constituting District Level Monitoring Committees under NOCORD to bring an end to this menace and rehabilitate the affected outh

Mentee and relationate on anceces youth. He said that the Department has adopted Zero Tolerance Policy against the nefarious elements and has taken proactive measures to pro-hibit the illicit use of medicinal for-mulations and it will go a long way in dealing with the disastrous prob-lem within our society. Renuka Raina, Deputy Drugs Controller, ILJ J and K, in her address said that such programs definitely help to educate the common masses about the drug abuse which is destroying our future generations. She said that Border Belts of RS-Pura and Bishnah are sen-

Government Anuj Kumar, President Chemist Association Bishnah and S. Ijwant Singh, President Chemist Association R.S Pura assured full cooperation of that association in restricting the sale of restricted drugs excent for the locit. of restricted drugs except for the legit-imate requirements.

World blood Donor Day observed at CRPF 137 Battalion

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UDHAMPUR, JUNE 14: A one day blood donation camp was organized by District Red Cross Society, in collaboration with 137 Battalion of Contral Reserve Police Force (CRP) over the programme. Speaking on the and District Hospital to mark "World Blood Donor Day" on the theme mented the initiative taken by the "Give blood, give plasma, share life, District Red Cross Society and Health

Udhampur. Commandant 137 Bn Central Reserve Police Force, Ramesh Kumar was the chief guest, while Secretary District Red Cross Society, Udhampur Dr V.P Sharma presided

share often " here at 137 Battalion department for the noble cause of savdepartment for the noble cause of sav-ing one's lives. He also appreciated the officers, jawans for participating in blood donation camp. While highlighting the importance and benefits of blood donation, the

Commandant said that such camps would go a long way to minimize the paucity of blood in health institutions from time to time.

Kupwara girls presented hand embroidered national flag to Mr Shankar Bapat of Aseem Foundation

JI NEWS SERVICE

of the department were also present.

KUPWARA: In a special gesture Mr Shankar Banat from Assem KUPWARA: In a special gesture Mr Shankar Bapat, from Assem Foundation, a Pune based NGO, Kupwara girls working in differ-ent skill development centers at Kawari and Kunanposhpora vil-lages of Kupwara presented a large sized Hand embroidered national flag to Mr Shankar Bapat on 13 June 23. Aseem Foundation is a Non-

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Aseem Foundation is a Non-governmental organisation work-ing for the betterment of people since 2002. The organisation is committed for development and establishing connections between the people from disturbed order areas. Aseem foundation is working hand in glove with Indian Army for providing edu-cation, Social entrepreneurship and is assisting people of remote boarder areas to get basic human facilities. The NGO is also assist-ing Barket Bistro run by Indian Army's Kupwara Territers in a unique endeavour to support Veer Naris at Pathahirri, Kupwara. The NGO had placed a demand for National flag meas-Kupwara. The NGO had placed a demand for National flag meas-uring 9ft x 6ft in which Ashok Chandra would be beautifully crafted with Kashmiri Hand embroidery. Today the leading young girls Miss Nazima Khan and Miss Maryem Jaan who are



working as the instructors at Crewel and stitching centers at sented this National flag to

Ascen Foundation. The NGO rep was thankful from core very happy with the work done by these young girls and they assured them for more such orders in comming days also. In this way Ascen founda-tion in association with Indian Army is assisting local Kashmir orisk to set up on their feet so that girls to get up on their feet so that instead of becoming a burden on their families they can become self sustained self sustained. Indian Army is committed to keep the women of Kashmir engaged in constructive activities especially promoting local handi-crafts to keep them away from receptive influence.

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