



Some of inspiring chapters in India's freedom Militant killed in Rajouri struggle were written in Telangana: LG Sinha

JI NEWS SERVICE SRINAGAR, JUNE 2

Jammu Kashmir Raj Bhawan today celebrated Telangana Statehood Day. Students, eminent per-sonalities originally from Telangana were special invitees to the cultural programme presided over by the Lieutenant Gover-nor, Shri Manoj Sinha. The cultural pro-gramme comprising songs and dance of Telan-Iammu Kashmir Rai

The cultural pro-gramme comprising songs and dance of Telangana was presented by stu-dents of NIT Srinagar and artistes from J&K Cultural

Academy.
The Lt Governor conveyed his best wishes to the people of Telangana on the Statehood Day.
"I pay my homage to the great revolutionaries, freedom fighters, litterateurs and social reformers who continue to inspire who continue to inspire our great nation," said the

neonle of this blessed people of this blessed land, which has a glorious tradition of rich culture, music, literature, handi-craft and a progressive spirit. Some of the inspir-ing chapters in India's ing chapters in India's freedom struggle were written in Telangana," the

"I pray for good health and well-being of the "Telangana's farmers,

soldiers, scientists, entre soldiers, scientists, entre-preneurs, poets, artists have made invaluable con-tribution in nation build-ing. From the literary cre-ations of Malliya Rechana in the 11th century to the poetic, invarinations of poetic imaginations of Atreya, Gurajada Apparao CONTINUED ON >> PAGE 4

Members of Joint Committee on the Forest (Conservation) Amendment Bill, 2023 meet LG



JI NEWS SERVICE

Ioint Committee of Parliament on Forests (Conser vation) Amendment Bill 2023, under the Chairman-ship of Sh Rajendra Agrawal, Member of Parliament met Lieutenant Governor Shri Manoj Sinha, at Raj nawan today The meet

Bhawan today.

The meeting discussed conservation and protection of forests, digitization of forest records and public services and ensuring rapid growth and prosperity in Jammu Kashmir.

The Committee is on a study visit to Union Territory of Jammu Kashmir to receive the inputs and

suggestions from members of government CONTINUED ON >> PAGE 4

"After some reports of suspicious movement in inching closer to the mili-tants, a gunfight broke out the area, a Cordon and

encounter, Ops on

Search Operation (CASO) was launched in the area of Dassal and Mehari on on Friday," the officials said.

the intervening night of Thursday and Friday. Joint teams of Army and Police stared searches and after They informed that gunfight lasted for a few hours amid heavy exchange of fire. "In the

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Vacations announced for Jammu Summer zone schools from June 8 to July 22, 2023

JI NEWS SERVICE

JI NEWS SERVICE RAJOURI, JUN 2

Directorate of School Education Jammu (DSEI) today announced vaca-

security forces in the area

after reports of suspicious movement in the area.

Government and Private Schools from June 8 to July 22, 2003.

It is hereby ordered that all the Government/recognized Private Schools falling in summer zone of Jammu

Summer zone of Jammu

CONTINUED ON >>

division shall observe summer vacation w.e.f 08-06-2023 to 22-07 2023, an order issued by DSEI stated.

It further ordered that CONTINUED ON # PAGE 4

DC Jammu reviews functioning of Revenue Department



JI NEWS SERVICE

Deputy Commissioner Jammu, Avny Lavasa today reviewed the functioning reviewed the functioning of Revenue Department and the revenue related matters/services, besides the status and progress of development projects and schemes being implemented in the district here at a meeting held in DC Office Complex. DC Office Complex

ADC L&O, Harvinder Singh; ADC, ADM Sandeep Seointra; ACR, Piyush Dhotra SDMs, Tehsildars

and other officers from Revenue department were present in the meet-

were present in the meeting.

The Deputy Commissioner took a detailed review of writing up and digitization of Jamabandis, implementation of SVAMITVA scheme, status of eviction of unauthorised occupants from state ised occupants from state land, disposal of revenue court cases and uploading on RCCMS portal, issuance of online Fard Intlhab and other services.

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Div Com inspects status of work on Package I & III of Jammu-Akhnoor Road project

Divisional Commissioner Jammu, Ramesh Kumar on Friday conducted an extensive tour of Akhnoor and inspected the progress of work on Package I and III of Jammu-Akhnoor

and III of Jammu-Akhnoor Road widening Project. The Div Com took a round of the entire stretch and inspected the work progress on both the packages at several sites including Bhagwati Nagar, Muthi, Domana, Kangrail, Akhnoor and other loca-tions.

was accompanied by Deputy Commissioner Jammu, Avny Lavasa: Executive Direc-



er (P), NHIDCL, Col. S
Samgwan; Chief Engis
Fer, JPDCL, Site Engineer
HIDCL, Akash Saluja;
ncerned Tehsildars, informed that land acquisides the site Engineers
NHIDCL and other control officers and work on raising piers ager (P), NHIDCL, Col. S P S Samgwan; Chief Engi-neer, JPDCL, Site Engineer NHIDCL, Akash Saluja; concerned Tehsildars, besides the site Engineers of NHIDCL and other con-cerned officers cerned officers.

The Executive Director NHIDCL apprised the Div Com about the curtor NHICDL,Col sandeep rent status of work on the Sudhera; General Man-prestigious road project, rent status of work on the NHIDCL to expedite

for flyover under package 1 from 4th Tawi Bridge to Canal Head is in progress The Div Com directed

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Government commits to increase availability and accessibility of better veterinary health services to minimise economic losses due to animal diseases

JI NEWS SERVICE

Union Minister of Fisher ies, Animal Husbandry and Dairying, Shri Par-shottam Rupala chaired the Inter-Session Meetshottam Rupala chaired the Inter-Session Meet-ing of the Consultative Committee attached to his Ministry in Srinagar today. Dr. Sanjeev Rumar Balyan, the Minister of State for Fisheries, Animal Husbandry and Dairying, Dr L.Murugan, the Minis-ter of State for Fisheries, Animal Husbandry and Animal Husbandry and Dairying, Members of Par-

liament and members of

the Parliament Consulta- the socio-economic con

The Committee delib-erated on various aspects of "Strengthening of Vet-erinary Services through Mobile Units and Imple-mentation of Vaccination Programme in the coun-try"

try".

While chairing the meeting, the Union Minister of Fisheries, Animal Husbandry and Dairying, Shri Parshottam Rupala said that India has vast resource of livestock and poultry, which play a vital role in improving

tive Committee were also attended the meeting.
The Committee delibThe Committee deliberate efforts to increase

erate efforts to increase availability and accessi-bility of better veterinary health services to min-mise economic losses due to animal diseases. The Members of Par-liament appreciated the efforts being taken by the Department, especially for the Mobile Veterinary Units (MYUS) with 100% central assistance and central assistance and uniform toll free number 1962, and

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DGP J&K chairs meeting of Task force for implementation of UT wide CCTV surveillance System



JI NEWS SERVICE SRINAGAR JUNE 2

J&K, Shri Dilbag Singh, today chaired a meeting of the task force committee to review the progress of the UT wide CCTV Surveillance system project

in J&K.

The meeting was attended by ADGP Hqrs/
Coordination, PHQ, Shri M.K. Sinha, IGP Hqrs, PHQ, Shri B.S. Tuti, DIG CKR, Shri Sujit Kumar, AIG Provision & Transport PHQ, Shri Gurinderpal Singh, AIG Tech. PHQ, Shri Manoj Pandith, DvSP IT PHO, Shri unandith, DvSP IT PHO, Shri unandith DySP IT PHQ, Shri Junaid Hakeem, DySP (P&T) PHQ, Shri Sourab Prashar and

in person.
DIG DKR Range Shri
Sunil Gupta, DIG UR
Range Shri Mohd. Suleman Choudhary, DIG RP Range Dr. Mohammad Haseeb Mughal, DIG SKR Shri Rayees Mohammad Bhat, DIG Traffic Jammu Shri Shridhar Patil and representatives of TCIL and Earenst & Young attended the meeting

attended the meeting online. Speaking on the occa-sion, the DGP impressed upon the Police officers and representatives of the companies to expedite the work and complete the work within the stipulated time

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CS stresses on offering online appointments in JK Hospitals

Chief Secretary, Dr. Arun Kumar Mehta today stressed on extending the facility of online appointments with doctors in the health institutions of the health institutions of J&K. He impressed on the health officers to work for making this service avail-able to public within a month's time. Dr Mehta was speaking in the 12th Governing Body meeting of National Health



Mission (NHM) attended Sringgar/Jammu: Director. Mission (NHM) attended by Principal Secretary, Jal Shakti; Commissioner Secretary, RDD; Commis-sioner Secretary, Social Welfare; Secretary, Health; MD, NHM; Principal, GMC

MCH&I: Director Health. Kashmir/Jammu; Director, Ayush besides others. Dr Mehta maintained that the prior online appointments to patients

are given in many premier hospitals in the country and the Department needs to bring their own system in sync with their own ke

Death of College student in Rajouri: Highway blocked for 2 hours as family of deceased stage protest

JI NEWS SERVICE

RADURLJUN2 the vehicular movement on Jammu-Rajouri-Poonch national highway remains suspended for over two hours after the protest was held in Kallar area of Rajouri on Friday evening following 5the death of a college student in a road accident involving a Border Security Force (BSF) vehicle.

on Friday morning and

SF) vehicle. with each other at Chatyar family members, relatives The accident happened Pulli in Rajouri and motorand villagers assembled on

cyclist Mohammad Saqib the highway at Kallar and Malik (21) son of Moham blocked it for traffic Malik (21) son of Moham-mad Iqbal Malik resident of Chatyar sustained griev-ous injuries. "He was taken to GMC Associated Hospital Rajouri where he suc-cumbed to his injuries later in the day," the offi-cials told the news agency. Meanwhile, his death sparked a protest at Kallar

blocked it for traffic.
The protesters said that
the accident happened
due to negligence of the
BSF driver and no BSF
official bothered to meet
the family of the deceased
even to console the loss of
their son.
The protesters kept the

The protesters kept the body of the deceased on sparked a protest at Kallar Jammu Rajouri Poonch NHW at Kallar Chowk as a in Rajouri as the deceased's mark of protest

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Rains continue to lash J&K parts, MeT predicts improvement from June 5



JI NEWS SERVICE

The intermittent rainfall continued to lash Jammu and Kashmir parts on Friday, bringing down the mercury across the Valley while the weatherman

while the weatherman here has predicted more rains till June 04. According to the news agency–Kashmir News Observer (KNO), the rains lashed J&K parts in the late afternoon

late afternoon. Deputy Director Metesaid that the light rains, Jammu and Kashmir thunder is expected at a CONTINUED ON ** PAGE

June 04 towards late after

noon for a short period. He added that the weather would remain mainly dry from June 05-June 10, but stated that 05-June 10, but stated that as per the forecast, the possibility of a brief spell of shower, thunderstorm can't be ruled out.

"Overall there is no forecast of any major rainfall till June 10," he said.

The MeT also advised farmers to carry out all

farmers to carry out all farm operations from June orological department 05 onwards during morn-(MeT), Dr Mukhtar Ahmad ing hours. Pertinently,

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J&K farmers to adopt 'Cow-Farming' for doubling income

manure which is a natural

nutrient for growing

The Union Minister

The Union Minister while emphasizing the value of cow farming for increasing farmers' profitability said that those farmers who have adopted cow farming and dairy farming are already witnessing a significant increase in their income. He further underscored the

He further underscored the

potential for creating a strong 'cow-based econo-my' that can provide sus-tainable livelihood to the

farmers. The Union Minister said

in many countries, farmers are using cow dung to gen-erate energy that can be sold to the local communi-

ty, thus providing them yet

another source of income The potential of cow dung as a renewable energy

organic crops.



AHMADABAD, IUN 2: AHMADABAD, JUN 2: Kavinder Gupta, senior Bharatiya Janata Party leader and former Deputy Chief Minister met the Union Minister of Panchayati Raj, Giriraj Singh in Ahmadabad and discussed various ways discussed various ways and means for doubling income today. The meeting focused today. The meeting focused on the potential benefits of cow farming for farmers in India in general and J&K in particular. While the Union Minister enumerated the massive benefits of the aforesaid farming, the former Dy CM assured him to launch a strong awareness campaign in this regard across J&K Union Territory for the farmers of this senfor the farmers of this sen-

sitive region.

During the meeting,
Giriraj Singh highlighted
the importance of cows in

Indian culture, emphasiz-ing that they are considered deities in this nation of the oldest living civiliza-

He also asserted that cow farming can play a key role in doubling the income of

farmers.

He added that by taking up cow farming, farmers can increase their income mainly through production and sale of milk, cow-dung, and cow urine, all of which are in high demand across the nation

The Union Minister The Union Minister emphasized upon the farmers to adopt cow farming as it will be a determing factor that would go a long way in helping the farmers in doubling their income through dairy farming.

He highlighted many

He highlighted many benefits that cow farming can bring to farmers, including the production of

source is tremendous and offers a sustainable solu-tion to meet the world's energy needs. He said that with more and more counwith more and more countries moving towards sus-tainable energy sources, cow dung is one of the best solutions available today. This has positive implica-tions for rural areas, where such renewable solutions can help create jobs and improve rural livelihoods, he added.

During the meeting.

During the meeting, Giriraj Singh said that the Modi government has launched several subsidy schemes specifically for farmers' welfare.

farmers' welfare.

He assured the J&K's former Dy Chief Minister that the government will provide support and assistance to farmers who choose to adopt cow farming and profes sustainable. ing and prefer sustainable farming practices. Therefore, farmers across

the country can take advantage of these schemes to further augment their to further augment their livelihoods by boost their

Responding to the Union Responding to the Union Minister's concentrated focus on benefits of the Cow-Farming, Kavinder Gupta assured him that he would leave no stone unturned in promoting cow-farming in J&K. He pledged to launch a massive awareness can-

Kavinder meets Union Minister Giriraj Singh, assures to motivate Congress, NC, PDP always blocked the development of J&K: Jugal

JAMMU, JUN 02: Jugal Kishore Sharma Member of Parliament BJP Lok Sabha Jammu Parliamentary Constituency along with General Secretary Org. Ashok Koul, Prabhari Ashok Koul,Prabhari Arvind Gupta,District President BJP Rohit President BJP Robit
Dubey,Former Minister
Ajay Nanda, DDC Saraf
Singh Naag,DDC Abdul
Rashid, BDC Ashok
Thakur,Chairman MC
Reasi Sudesh Puri, Senior
Leaders BJP Kuldeep
Dubey, Pawan Sharma,
Sheel Magotra, Mandal
President Raghay,
Shamsher, Ajay Seth,
Mohan Lal and other tous Shamsher, Ajay Seth, Mohan Lal and other tours Mohan Lal and other tours Reasi Constituency and held Labharthi Sammellan at Talwara & Visited at Highest Railway Bridge at Kodi as vikaas tirth. He also met with prominent per-sonalities under Sampark se Samarthan programme & also listen the problems and grievances of the pub-lic net various locations

lic get various locations.
In continuation to the In continuation to the second day of BJP Maha jansampark Yatra Jugal Kishore Sharma, Member of Parliament today visited Reasi constituency and held a series of public meetings. He while addressing a pub-lic gathering at Talwara said that BJP lead govern-ment in Center is very strone and taking very hold ment in Center is very strong and taking very bold



decisions.He while taking a note on Congress, NC and PDP said that they always put barriers in the develop-ment of Jammu and Kashmir.

They had always done

They had always done dirty politics and played with the emotions of the people of Jammu and Kashmir.

They had always done dictatorship rule and never implemented democracy to the gross root level. He said the during the tenure of 9 years of BJP government in Center many historic steps has been taken like abrogation of article 370, triple talaq.political reservation to ST community.

He said that Honorable

He said that Honorable Prime Minister Shri Narendra Modi ji has full filled his promise which he said from New Delhi that "

Meri Sarkar Gaon Garib aur Kisan ko Samarpit Rahegi". Hie while appraising Centrally is Sponsored Schemes among the masses said that every section of said that every section of the society is getting benefit of Modi Welfare Schemes without any difference between any caste or Creed. He said that many projects which were pending since long have been completed in tenure of 9 years of Modi Government. Jugal Kishore also visited highest Railway Bridge at Kodi in Reasi as Vikaas tirath and said that all these

tirath and said that all these mega projects are the achievements of BJP Government which are ini-Government which are ini-tiated by Modi Ji and Completed in time. Ashok Koul General Secretary Org. BJP also took a strong note on NC,PDP

and said that during their tenure terrorism was on peaks and they always sup-ported them.He said that our Army have to face two challenges one with terror-ists and other with stone

District President BIF Rohit Dubey with DDCs, BDC, Sarpanches, Panches and Senior Leaders BJP and Senior Leaders BJP warmly wolcomed Member of Parliament and General Secretary Org. BJP. Sarpanches Kewal Thakur, Pawan Singh, Senior BJP Leaders Chaman Bhagat, Pawan Dev Singh,VC MC Yog Raj Raina, Mohd Akhlaq, Ganesh Chand,Vijay Paroch Ganesh Chand, Vijay Paroch, Ramesh Bhagat, Yuva Sukhdev Singh, Sahil Sharma, Neelam Rani, Babli Sarpanch and others alsk present at the occasion.

Hari Singh felicitates Judo players for bringing laurels to J&K

JAMMU, JUN 2: Hari Singh Chib, President of District Congress Committee Jammu Rural, today honored the partici-pants of CBSC North Zone pants of CBSC North Zone Jodo Competition in a func-tion held at Jammu North Assembly segment here today. Hari Singh Chib, who was the Chief Guest, distributed Gold Medals, Silver Medals, and Appreciation Certificates among the players who participated in the compeparticipated in the compe-On the occasion, h Gupta, Vice President Iodo Federation Rameshwar Singh Jamwal Judo Coach, players along with parents were also

present.
Addressing the function,
Hari Singh Chib praised
the players for their
remarkable performance in the competition and bring-ing laurels to Jammu and Kashmir State. He motivat-



themselves and work hard-er for achieving greater heights. He asked them to become the ambassadors of Jammu and Kashmir State by performing better in upcoming sports events. He also highlighted the overall development of stu-dents and emphasized on the need to inculcate sports culture to promote physical fitness and health. He urged the youth to invest their energy and time in sports and demonstrate their skills at state and

ational level competitions.

Chib also advised the outh of Jammu and youth of Jammu and Kashmir to take inspiration from these young players who brought laurels to the state and consider sports as a career option while con-tinuing their education.

He also praised the efforts of Jodo Federation and Judo Coach in training and Judo Coach in training the players and providing them with the necessary guidance to excel in the competition. Rakesh Gupta, Vice President Jodo Federation, in his address, expressed gratitude to Hari Singh Chib for encouraging and recognizing the young tal-

recognizing the young talents and promoting sports-manship among them. He expressed his satisfaction for the dedication and determination shown by the players during the com-petition. He encouraged them to maintain their focus and discipline, and to

The Five Days Training Programme for Officers concludes at JU

JAMMU, JUN 2: The five programme for newly recruited officers and Assistant Registrars concluded today in the University of Jammu. The

University of Jammu. The induction programme was conducted by the UGC-Human Resource Development Centre, University of Jammu. In the valedictory function Prof. Meena Sharma, Dean Planning and Development was the Chief Guest. Chief Guest.

Chief Guest.

In her address, Prof
Meena Sharma elaborated
on the working of the university and the role of the
newly recruited Officers.
She emphasized that all
the policies must have the
focus on cause and concerns of the students. She



stressed the officers must have a positive and con-structive mindset while

Earlier while welcoming the guests at the function Prof S K Pandita, Director HRDC threw light on the

covered during the induc tion programme. He informed that experienced resource persons were drawn from various organisations and the partici-pants were satisfied and happy to interact with

The participants were

provided the certificates of participation by the Chief Guest.

Ranjit Teaching Faculty put forth the formal vote of thanks

Jammu should teach lesson to **BJP for its failures: Wani**

IAMMU, IUN 2: President JAMMU, JUN 2: President JKPCC Mr. Vikar Rasool Wani has said that people of Jammu should teach les-son to BJP for its failures to fulfill commitments with people and put huge bur-den of taxations.

Interacting with corpora-tors, contested candidates tors, contested candidates and senior leaders of the party at PCC HQ here today, Shri Wani described them as the backbone of the party structure in urban area which are information centers. centers of spreading throughout the state. He said that they have a vital role to create awareness amongst the people about the policies of betrayal with e electorates by the BJP no has disrespected the irit of mandate time and

indulged in various mis-deeds and have failed to achieve anything as a result there has been enormous increase in the hardships and day to day problems of people in the state. Vikar Rasool Wani referred to the anti youth policies of the present dis-pensation and manifold,

again. He said that BJP has

pensation and manifold, inflammation in prices of all essential commodities besides problems of water, electricity and essential civic facilities. PCC President asked the party rank and file to maintain close rapport with the ward and block committees of the party and people of respective areas and high-light the common problems. all essential commodities light the common problems faced by them and render sary help for their

Wani had detailed dis-Wani had detailed dis-cussions with the partici-pants and got their feed-back of the problems of people and working of the organization structure. All the corporators assured the president that this time party's prospects stands best than the previous Municipal Corporation of 2018.

The organization has The organization has become more strong at the grass root level and the public perception regarding the party stand very clear and acceptable with regards to the unity and integrity of the country. As already, especially Jammu has suffered a lot on such account under the proxy account under the proxy regime of BJP Govt. at the centre. All the corporators assured that they are doing their level best to woo the

voters of their respective contribution of

contribution of the Congress party.

Others who were present in the meeting included Shri Rajnish Sharma Th.

Mamohan Singh, Ved Mahajan, Pranav Shagotra, Pawan Raina, Narinder Gupta, Narinder Sharma, Sanieev Panda, Vijay Gupta, Narinder Sharma, Sanjeev Panda, Vijay Sharma, Suresh Dogra, Thomas Khokhar, Kapil Singh, Sahil Sharma, Ottam Singh, Naresh Sharma, C.L Manyal, Corporators Dwarka Choudhary, Bhanu Mahajian, Inderjeet Kour, Rajinder Singh, Kamal Singh, Chander Shekhar. , Michael Wazir, Atul Sharma, Gurmeet Singh,

Sharma, Gurmeet Singh, Parshotam Mehra, Camres David Babloo, Nasar Masih

J&K bleeding, BJP in celebration mode: Harsh

JI NEWS SERVICE

UDHAMPUR, JUN 2: Harsh Dev Singh former minister and JKNPP UDHAMPUR, JUN 2: Harsh Dev Singh former minister and IKNPP president said that while J&K contin-resident said that while J&K contin-tion to suffer and bleed, the BJP most uninspiringly was celebrating its nine year rule quite unmindful of the sen-tment of the people of UT. Is there anything for a political party to cele-brate when expells are provering the anything for a political party to cele-brate when people are mourning the civilian deaths and targeted killings going unabated especially after the BJP's ascendance to power? ques-tioned Singh. He said not only Deepu Sharma of Majalta was brutally assas-sinated by the hate mongerers but Rajouri carnage continues to remain a grim reminder of failures of govt which promised zero tolerance against terror, said the NPP leader. He was addressing public meetings in Mani and Kasuri villages of Ghordi block today.

block today.

Describing BJP's celebrations and Describing BJP's celebrations and merry making as repulsively bizarre, Mr Singh said that its boisterous revel over 'nine years' achievements had only triggered cynicism. The nine year rule of BJP has witnessed extreme form of terrorism in J&K with dozens of episodes of attacks on scruity force; tivilians ald and the security forces, civilians, old and the young with 40 soldiers martyred in one single attack of Pulwama. Civilian killings and targeted killings



were a thing of the past before 2014 were a thing of the past before 2014 but became a routine feature in the ongoing saffron rule. The employees of Jammu region were also targeted and had to leave valley even risking their jobs which never happened before. But strangely, the BJP leader-ship continues to indulge in self adu-lation and unmindful drum beating, said Sinob. said Singh.

Demotion of state to the level of UT Demotion of state to the level of UT has been the most obnoxious dent on the pride of the people of J&K, said Harsh. And rather than restoring statehood, the BJP leadership continues to bully and browbeat those who seek status quo ante. The people have been deprived of a democratic govt and subjected to 'babu raj' of outside

bureaucrats having hardly any con-

bureaucrats having hardly any con-nect with the common masses. The people are suffering for want of basic civil amenities.

There is none to listen to the shrill cries of poor, marginalized classes especially in rural areas seeking ade-quate power, water supply, medicare and power connectivity. The unem-plowed youth are on poaks and the ployed youth are on roads and the daily wagers and contractuals with-out wages for several months and even years with an apathetic regime averse to their woes.

averse to their woes.

Corruption is at its peak and rising prices have made the lives of people miserable. But still the BJP is in celebration mode. Alas! What an irony, exclaimed Singh.

Modi govt ensured lasting peace on borders: Khatana



JAMMU, JUN 2: BJP MP Rajya Sabha . Gulam Ali Khatana has said that PM Narendra Modi has ensured lasting peace on borders resulting into increased economic activities in the border areas. He said that cross bor-der firing is now a thing of past and people are living peacefully and pros-

Bemissal on completion of 9 years of Modi govt, MP Gulam Ali said that infrastructure development, econom-ic prosperity, serving the poorest among the poor is the focus of the NDA Govt. He said that the bridge on river

Chenab worth more than Rs. 200 Chenab worth more than Ks. 200 crore in Pargwal area connecting the border areas became possible after 70 years of Independence only under BJP Govt. Prime Minister Narendra Modi has laid emphasis on connectivity across the country and new rail-

way routes, introduction of Vande Bharat and Bullet trains, 74 airports, express highways became possible only due to the visionary leadership of Sh. Narendra Modi.

NEWS

of Sh. Narendra Modi.
MP Gulam Ali said that as part of
visiting Vikas Tirath, he was fortunate to visit the land of warriors who
faced migration umpteen times
including 1947, 1965, 1971, 1998 but
still came back to the land of their
fore-fathers. The people of Akhnoor,
the property of the property Jourian, Khour, pargwal, RS Pura and border belt upto Kathua faced bullets from across the border and suffered loss of life, property and wealth but remain committed to their lands and

remain committed to their lands and cultivated them again.

MP Khatana said that BJP govt is committed to better the lot of the border dwellers and the poor and downtrodden and 9 years of Modi govt are parent of the them.

He said that Ayushman Bharat

He said that Ayushman Bharat scheme is a blessing for the poor who can now get treatment in best hospi-tals upto 5 lakh rupees. Ex-MLA Dr. Krishan Lal Bhagat, DDC Nisha Devi, BJP SC Morcha Prabhari Jagdish Bhagat, CS chib, Mandal Pradhan Swarn Singh & Bhupinder Singh accompanied.

assess prevailing concerns of general public JAMMU,JUN 2: Deputy Mayor Jammu, Baldev Singh Billawaria, under-

Dy Mayor undertook comprehensive tour to

Singh Billawaria, under-took a comprehensive tour to closely assess the prevail-ing concerns of the general public regarding develop-ment works at Ward No. 45, Digiana in Bahu con-stituency. The tour aimed to ensure that the concerns of the residents are heard and appropriate actions are and appropriate actions are taken to rectify any shortcomings. Accompanied by welfare committee and a welfare committee and local representatives, Deputy Mayor Billawaria embarked on a detailed inspection of various infrastructural projects and public amenities within the ward. This initiative was undertaken in response to numerous complaints undertaken in response to numerous complaints received from residents, highlighting the issues of substandard workmanship and incomplete works. During the tour, Deputy Mayor Jammu, Baldev Singh Billawaria interacted with the general public, actively listening to their grievances and concerns. He empathized with their dissatisfaction and assured dissatisfaction and assured them of immediate action to rectify the prevailing issues. The Deputy Mayor reiterated his commitment to ensuring high-quality workmanship and timely completion of construction

works in all wards of Jammu city. He also direct-ed the officers to ensure high quality development works of Jammu city and timely completion of devel-

opment works.

Deputy Mayor Jammu said, "We are committed to said, "We are committed to the development of Ward and ensuring that it remains a model ward. The construction of new lanes and drains is just the first step in our efforts to improve the infrastructure of the area. We will contin-ue to work towards the hetue to work towards the betterment of the Ward and its residents.

residents."

Acknowledging the importance of citizen participation, Deputy Mayor Billawaria emphasized that the administration values the feedback and concerns

raised by the residents. He assured them that their voices would be heard and taken into account when making decisions to improve the overall infrastructure and services in the ward.

the ward.

He emphasized the need for accountability and stated that appropriate action would be taken against any contractors or officials found guilty of negligence or compromising on quality standards. ty standards. Deputy Mayor Billawaria

also expressed his gratitude to the residents for their active participation and constructive feedback during the tour. He urged them to continue providing their valuable inputs to help improve the overall devel-opment of Ward No. 45,

Digiana. The welfare committee of the area said that the Deputy Mayor of Jammu is committed to addressing public griev-ances and ensuring the delivery of quality services for the residents of Jammu. The committee member The committee members also said that they have full faith in Jammu Deputy Mayor Baldev Singh Billawaria and he is always ready to bring transparency, accountability and resolve public grievances in Jammu city by actively engaging with the general public. Prominent among those present were Satpal Choudhary, Choudhary Aslam, Vinod Sharma, Kashmir Singh, Suraj Kumar, Magar Singh, Ashwani Kumar and oth-

9 years of Modi Govt remained fruitful for country: Langeh

KATHUA, JUN 2: Nine years of MAIDA, Jun 2: Nine years or Modi government remained momentous and fruitful for the country as many historical steps were taken in these years with the top notched move of abrogation of Article 370, which changed the course of life of people of J&K as normalcy and peace returned and days of turmoil ended successfully.

This was stated by Neelam Langeh This was stated by Neelam Langeh, President BP SC Morcha J&K and former Legislator while addressing a gathering at Kathua in connection with Maha Jan Sampark Abhiyan. The programme was organized by Sarpanch Mohan Singh Bhogal, in Chak Sona Nupa Panchayat of Kathua, Or the occasion, State Kathua. On the occasion, State Secretary Rakesh Dev, Mandal President Arpan Verma, President of Nagri Municipal Committee Bhaktawar Singh, Suman Bala, Asha Devi and Shashi Katru were also

Devi and Shashi Katru were also present.

Addressing the meeting, Langeh said that common people of this nation feel quite satisfied with the BJP rule despite the fact that there is still a lot of scope for further improvement in the coming years. He said that transparency and accountability have been the hall mark of this government besides principle focus occurring the besides priority focus on serving the rommon people especially the poor and needy.



various schemes launched by the Govt tailored specially for different sections of the society. Some of the highlighted schemes and achieve-ments included Pradhan Mantri Gareeb Kalyan Ann Yojana, Har Ghar Nal Se Jal Yojana, Ayushman Bharat, Swachh Bharat Mission, etc.

Swachh Bharat Mission, etc.
Reiterating that nine years of Modi
led BJP governance has been the
golden period of the nation, he asserted that the performance of the incumbent government speaks for itself and
the Bharatiya Janata Party is all set to
get a clear mandate for governing the
world's largest democracy for the
third consequitive term when the next third consecutive term when the next Parliamentary elections take place.

Asserting that only BJP can address aspirations of people of J&K in letter nd needy.

The former legislator highlighted and spirit, the senior BJP leader urged the party cadre to remain in public

and address people's issues by taking the same with the senior party func-tionaries and the authorities con-cerned. He asked them to make people aware about the achievements of Modi Govt besides educating them about the variety of schemes launched by the Union Govt.

Langeh asked the party cadre to mobilize all the resources to make the Maha Jansampark Abhiyaan exem-plary, adding that every single party worker should play a vital role in making the aforesaid campaign a big

success

During the programme, hundreds
of people of the area joined the BJP under the leadership of Neelam Langeh. He welcomed the newly joined members into party fold and stressed upon strengthen the party base at their respective areas.

Confederation pays tribute to Shaheed Bhagat Amarnath Ji

BATOTE, JUN 2: All India Confederation of SC/ST/OBC Organisations held a national level event at Batote, J&K in order to pay tribute to son of the soil, Shaheed Bhagat Amarnath Ji. Dr OM Sudha, National, Canper Segretary, of National General Secretary of Confederation was the Chief Guest at the event and it was presided over by RK Kalsotra, State President

RK Kalsotra, State President Confederation.

Two resolution adopted in national State of the soil, Staheed Bhagat Amar Nath ji, first to declare Gazetted holiday in UT-J&k under NI Act 1981 and second naming Baglihar Hydro Electric Power Project to be named as Shaheed Bhagat Amar Nath Hydro Electric Power Project of the named as Shaheed Bhagat Amar Nath Hydro Electric Power Project of the named as Shaheed Bhagat Amar Nath Hydro Electric Power Project of the named as Shaheed Bhagat Amar Nath Hydro Electric Power Project and memorandum to Power Project and memorandum to be submitted to President, Prime Minister and LG UT-I&K. Even it was

Minister and LG UT-J&K. Even it was also raised that in schools life history of Shaheed ji is to be introduced so that atleast students should know the sacrifice of Bhagat ji

The son of soil, Shaheed Bhagat
Amarnath was born on Friday the 27th Sep.1918 at village Champa near Batote Tehsii Ramban Distt Udhampur (Now Ramban) in a Bhagat or Megh family no one of the of Scheduled Castes. He resigned from the Govt, job and joined social the of Scheduled Castes. He resigned from the Govt, job and joined social service. He joined Congress party and was elected as Congress Block President and later was made the Secretary of this party. To fulfill his dreams of uplifting and betterment of the depressed classes educationally,

ocially, economically, he came to socially, economically, he came to Jammu from his native place with an explicit motive, and to secure justice for Dalit Samaj of J&K in particular and whole of country in general. Bhagat ji created a close contact with Jammu based Dalit leaders ie Babu Parmanand, Babu Milkhi Ram, Bhagat Chajiu Ram, Pashori lal and Mahasa Nar Singh, Jagat Ram Aryan (Kishtwan) and others But the ove-(Kishtwar) and others. But the gov-ernment was not acceding to the just demands of the Dalit leaders. Despite issue of G.O No 252-GD of 1969 dated 3-2-1969 and Govt. Notification No 37 3-2-1969 and Govt. Notification No 37 GR of 1970 dated 28th April 1970 for providing reservation in services for the SC's, SI's and OBC's the state Govt. was still reluctant to implement the reservation rules in services in let-ter and spirit. Shaheed Bhagat Amar Nath took it very seriously and a comprehensive note on the ill-concomprehensive note on the ill-con-ceived intention of the state Govt. Containing detailed demands was submitted to the State govt. When the submitted to the State govt. When the State government failed to give posi-tive respond, he intensified his non-stop agitation in the entire Jammu province by leading many proces-sions, demonstrations, public meet-ings for the expeditious redresal core issue including reservation. An ultimatum with deadline was given to state Govt to take remedial measto state Govt. to take remedial meas-ures soon otherwise he shall go for fast unto death. When convinced that the state government was not taking his threats seriously, he under took

in providing Reservation in Services in providing Reservation in Services in J&K State. However, later on with the struggle of Confederation State Govt passed a Act to give the Reservation sound legal footing is services for SCs, STc, OBCs was issued vide Jammu and Kashmir Reservation Act, 2004 Dated19/23 March, 2004. Shaheed Bhagat Amar Nath's name shall go in the History of Martrus for the cause of Rights of Martyrs for the cause of Rights of Dalits in India.

Leaders of the confederation paid

Leaders of the confederation paid tribute to Shaheed Bhagat Amarnath and pledged to make him a national hero who fought for the rights of underprivileged in J&K.

Dr Om Sudha, National Secretary, in his address mentioned that the government is committed to dilute the rights of SC/ST/OBCs by tweaking the Constitution of India. The biogest contribution of the biggest contribution of the SC/ST/OBC community to the strug-gle of Shaheed Bhagat Amarnath could be uniting to protect the Constitution of India which nshrined equal rights via reserva

enshrined equal rigins on the control of the government sector, no reservation in judicial appointments, issues with the EVMs, dilution of fundamental rights. He also emphasised on the need for also emphasised on the need for awareness at the grassroot level. He further said that Confederation is holding Bahujan Sansad on 2nd July at Constitution Club, New Delhi and Martyrdom of Bhagat Amar Nath in 1970 proved final blow to hurdles

Amar Nath in 1970 proved final blow to hurdles

Chhari Yatra to Sudhmahadev from Jammu on June 4th: Sudhmahadev Chhari Yatra Samiti



JI NEWS SERVICE

JAMMU, JUN 2: 5th Chhari Yatra JAMMU, JUN 2: 5th Chhari Yatra From Jammu to Sudhmahadev on 4th rof Jume (Sunday) this year. It was disclosed by the members of Sudhmahadev Chhari Yatra Samiti derence Samiti Members said that the during a press conference held at an ancient Panjbakthar Temple (Rupaye Wala Mandir) Jammu today-Samiti Mave Fere with Mata Parvati during Members Sh. Narinder Sharma, their marriage. One can have darshan

Varun Magotra, Ritu Choudhary, Ram Magotra, Raj Kumar Sodhi, Rajesh behal and Pandit Sahil Sharma

of exact place where the barat was served by then king himavat (Father of Mata Parvati). Trishul of lord shiva is still there in temple with which he killed the demon (Rakshas) Sudhanshu. Samiti told that after Chhahri Pujan on 3th of June at 11.00 pm in Panjbakthar Temple. Chhari Yatra will start from this temple on the properties of the properties of the properties of the pro-table properties of the properties of the pro-4th June early morning at 7.30 am with all pump and show. Chhari will with all pump and show. Chhari will be carried by Sant 1008 Swami Damodar Dass Ji Maharaj (Varindavan Wale). It will have Puja at Shiv temple, Kol kandoli (Nagrota) Devika Temple? Toldi Nallah, Chenani Town, Gouri kund and finally at Sudhmahadev Temple-Samiti appealed to all Jammutities and Shiv bhakts who want to accompany Chhari Yatra, individual or in group, recister themselves and vehicles in register themselves and vehicles in Samiti office, Panjbakthar Office

Inter command CME cum workshop held

JI NEWS SERVICE

UDHAMPUR. IUN 2: Command UDHAMPUR, JUN 2: Command Hospital (NC) will be hosting an Intercommand CME tilled SMART (Serving MOs Advanced Resuscitation, Triaga & Transport) Capsule on 02-04 Jun 2023. The CME is being organised by Department of Anesthesiology and Critical Care and is targeted towards the emergency medical/surgical care to be provided medical/ surgical care to be provided



medical Surgical care to be provided in life threatening situations.

Doctors from Armed Forces country along with those of

Command Hospital (NC) will join. Significant number of doctors from nearby civil hospitals like GME Jammu, AIIMS Jammu, SMVD Katra ad ASCOMS are also likely to join the same. The conduct of CME will be case scenario based and interactive in

The aim is to emphasize on the prioritized care to be provided in line with the current guidelines. Workshop has been planned on three ing along with case simulation.

MIER College Students Participate in Walkathon

JI NEWS SERVICE

JAMMU, JUN 2: The students of the Environment Unit, MIER College of walkathon on the theme "Say No to Polythene" con-ducted by Education participated in a

"Say No to Polythene" conducted by Jammu Municipal Corporation. More than 40 students from the college participated in this mission.

The students carried placards and banners appealing to the people not to use polythene. The rally commenced at Parade Ground, proceeded towards Raj Tilak Road, passed passed through PuraniMandi, Super Bazar and concluded at B.C.Road.



The students actively participated in the event and made bystanders aware of the harmful effects

of polythene and plastic. They also provided alter-

able carry bags made of cel-lulose-starch developed by DRDO.

Dr. Adit Gupta, Director and Principal MIER College of Education, appreciated natives for polythene carry bags, such as bio-degrad-the participation of the stu-dents in the walkathon and Education.

creating awareness in the

community.

The event was conducted under the guidance of Mrs.Suman Gupta, Gupta, Environment Convener Environment Unit, MIER College of



PM addresses 350th year of Chhatrapati Shivaji Maharaj's Coronation Day

Prime Minister, Narendra Modi addressed the 350th year of Chhatrapati Shivaji Maharaj's Coronation Day via video mes-

Addressing the gathering, the Prime Minister remarked that the coronation day of Chhatrapati Shiyaji Maharaj in the Azadi Ka Amrit Mahotsan has brought along new con-sciousness and new energy for everyone. He said that the cor-onation of Chhatrapati Shivaji Maharaj is a special chapter of the historic period three hun-dred and fifty years ago and the great tales of self-governance, good governance and prosperi-ty inspire everyone even today. "National welfare and public welfare have been the basic elements of Shivaji Maharaj's governance", the Prime Minis-ter underlined. He noted that the Azadi Ka Amrit Mahotsay ter underlined. He noted that a grand event has been organized in the courtyard of Rai-garh Fort at the first capital of

Swarajya and the day is fondly celebrated as a festival all over Maharaj. He mentioned that was a festival all over Maharaj. He mentioned that the confidence of the citizens ter informed that such events was at the lowest due to hundreds of years of slavery where year in Maharashtra and such experiments of the planning made the society weak. "An overment for the planning made the society weak." An

that when the coronation of Chhatrapati Shivaji Maharaj took place three hundred constant and the constraint of the constraint of Swarajay and nationalism were included in it. He said that Shivaji Maharaj anders but also instilled that Shivaji Maharaj inportance to upholding the unity and interest of the constraint of the thoughts of Chhatrapati Shivaji Maharaj can be sen in the vision of Ek Bharat, Shrestha Bharat.

Underling the responsibility of leaders of keeping the citit of leaders of keeping the citit is the constraint of the cons

that one can imagine the con-fidence levels of the country at leadership was weak. How-

government for the planning and execution. made the society weak. "An attempt was made to break the government of the ground attempt was made to Dreak up and execution.

The Prime Minister stated morale of the people by attacking our cultural centers", the Prime Minister said as he highlighted that Chhatrapati

ing enemies at a very young age, while on the other hand, as a king, he also showed the way of good governance by implementing reforms in public administration. The Prime Minister further elaborated that on the one hand, he protected his kingdom and culture from invaders, while on the other, he put forward a comprehensive vision of nation-building. "Chhatrapati Shivaji Maharaj is completely different from other heroes of history because of his vision", the Prime Minister said as he highlighted his public welfare character of governance which ing enemies at a very young mpublic administration. The prime Minister underlined that his prime Minister further elaborated that on the one hand policies are equally relevant and protected his kingdom and culture from invaders, which are still relevant on the other, he put forward a comprehensive vision mivaders, which are prime Minister that India freed the Navy from that India freed the Navy fr

ever, the Prime Minister said, the personality of Chhatrapati Shivaji Maharaj also sent out a strong message teent as he established 'Swaraj' as well as 'Suraj'. The Prime Minister highlighted that Shivaji Maharaj gave an example of his millitary leadership to conquering forts and defeater in genemies at a yery would be the prime of the prime Minister and the prime dender and the propagated the spirit of self-reliance. The Prime Minister are mountains. During that unther added that it resulted in boosting respect for the mountains. During that the prime Minister are the prime Minister and the prime Minister and the prime Minister as the prime Minister and th in boosting respect for the nation. Be it farmer welfare, women empowerment, or making governance accessible to the common man, the Prime Minister underlined that his

period, the Prime Minister noted that his arrangements related to water management put the experts in awe. Throw-ing light on the inspiration derived from Shivaji Maharaj, the Prime Minister underlined

today", the Prime Minister remarked. Concluding the address, the Prime Minister expressed pride that the poli-cies of Chhatrapati Shivaji Maharaj are discussed in many countries of the world where countries of the world where research is carried out on it. Shri Modi also mentioned that the statue of Chhatrapati Shivaji Maharaj was installed in Mauritius a month ago. "Com-pletion of 350 years of the corneation of Soby Jeas to the Corjonation of Chhatrapati Shivaji Maharaj in the Azadi Ka Amrit Kaal is an inspiring occasion. Even after so many years, the values established by him are showing us the way forward", the Prime Minister concluded emphasizing that the journey of 25 years of Amrit Kaal must be completed on the basis of these values. "This journey will be to build the India of Chhatrapati Shivaji Maharaj's dreams will be the journey of Swaraj, good governance and onation of Chhatrapati Shivai

Handholding support for the National Startup Awards 2022 winners and finalists launched

The handholding support for winners and finalists of National Startup Awards 2022 was launched by the Secretary, DPIIT, Shri Rajesh Kumar Singh on 02.05.2023 after the announcement of the result of the National Startup Awards 2022 by the Union Minister of the Union Minister of consumer Affairs, Food consumer Affairs, Food ernment Connects, Corand Public Distribution, and Textless, Shri Piyush ments, Brand Showcase, Goyal on 16.01.2023 comments of the Comment of the Minister of the Commental Connects of the Connects of the Commental Connects of the Connects of the Commental Connects of the Connects of and finalists, the startups avenues to reach out to will be guided through a variety of initiatives ers. Several partners have aimed at helping them overcome challenges and execute the same. Major



ing & growth of startups, DPIIT has crafted distinct artacks to provide tailored and dedicated support to v the startups. These tracks f are curated to provide Investor Pitching, Govil ermment Connects, Corporate & Unicoro Engagements, Brand Showcase, and International Market Access: The handholding support has been aimed to provide the startups with the best showcase, learning & networking, opportunities, building trust for their brand, creating a huge zating a hugz around their tracks to provide tailored

Government e-Market-place, SIDBI, IVCA, IAN, HSBC, Mobikwik, Good Glam Group, PHDCCI and Viacom 18.

10+ pitching sessions were conducted for the winners overtoille Chairenges and achieve even greater success. For the holistic learned aunch event included and finalists. In addition to evaluation.

this, the cohort received 185+ hours of mentorship. More than 110 startups were also provided the exclusive opportunity to be showcased at Dubai Expo. Startup India, a flag-

ship initiative of the Gov-ernment of India under Department for Promo tion of Industry and Internal Trade (DPIIT) Glam Group, PHDCCI and Viacom 18.

As part of the hand-holding provided under Dational Startup Awards 2020 across 5 tracks, 400-connections facilitated with ministries, investors, 12 episodes on winners were aired on Doordar-hor and 192 finalists received ne-on-one mentorship from industry experts. Similarly, as part of the handholding provided under National Startup wards 2021 across 7 tracks, more than 30 knowledge sessions were ledntified as the winners of the National Startup Awards 2021 across 7 tracks, more than 30 knowledge sessions and 100 pitching sessions were ledntified as the winners of the National Startup Awards 2022 other than the exemplary winknowledge sessions and 100 pitching sessions were selected the method to the proposed to the propos up Awards 2022. Other than the exemplary win-ners, 82 finalist startups have proven their mettle through various rounds of

Amit Shah chairs high level meeting in New Delhi, to review overall preparedness for flood management in the context of upcoming monsoon

Minister of Cooperation Shri Amit Shah today chaired a high-level meeting in New Delhi to review overall pre-paredness for flood man-

Amit Shah directed that a comprehensive software to be developed by MHA and NDMA by March 2024, in which scientific data will be made available to all looks. White the comprehensive software to one the concerned stakeholders review meeting held on 2nd ben made available to all looks. White it is a comprehensive software the comprehensive software to comprehensive software the comprehensive software to comprehensive software the comprehensive s the early warning agencies immediately for dissemination to the disaster man-

pelhi to review overall preparedness for flood management in the context of
upcoming morsoon. Home
Minister also reviewed the
long-tern measures for formulation of a comprehensive and overarching policy.

To mitigate the perennial
lood problems of the country.

Union Home Minister

add that under the leadership of Prime Minister's rhir
Arendra Modi, efforts are
being made in the field of
disaster management to
help minimize the loss of
lives and livelhoods during
disasters. He said that 5 days
rain/ flood forecast currently being given by IMD
and CWC to be expanded
to 7 days forecast by next
monsoon season so that
the flood management can
be further improved. Shri
be said and appropriate meaburs and services of the country. He instructed
that during the current flood
season, the present and
forecasted river levels in major
season be the season so that
the flood management can
be further improved. Shri

Home Minister also

advised specialized institu-tions like the India Meteorological Department (IMD) and the Central Water Commission (CWC) to conand the Central water Commission (CWC) to continue to upgrade their technologies for more accurate weather and flood forecasts. He directed for timely dissemination of IMD warnings on lightning strikes to the public through SMS, TV, FM Radio and other mediums. Shri Amit Shah said that maximum publicity should be given to various mobile apps related to weather forecasting like 'Umang', Rain Alarm' and Damin', developed by the IMD, so that their benefits reach the targeted population. that their benefits reach the targeted population. 'Damini' app triggers warn-ing about lightning strikes three hours in advance which can help reduce losses to life and property.

languages for easy dissemi nation of information.

Union Home Minister directed that there should be coherence in commu-

be coherence in community awareness programme being run by different agencies and it should be integrated to have the maximum effect since the community is the first responder.

In the meeting, presentations were made by the Indian Meteorological Department (IMD), Chairman, Central Water Commission (CWC), MoRTH, DOWR & GR, Railway Board, DG, NDRF and Director, NRSC (ISRO). They also briefed about the action to briefed about the action to be taken / being taken on the directions given by the Union Home Minister in the flood review meeting, last year and the future plan of action for the current monsoon season.

FROM THE FRONT PAGE...

Some of inspiring chapters...

Krishnamacharyulu in the modern era, the Indian literature has been greatly enriched by them. Today, I pay my tributes to towering men, women of ideas and ideals from Telangana, who illumined the nation with their wisdom and intellectual brilliance, he added.

'The nation will forever be indebted to the bravery courage and supreme sacrifice of the great personalities and freedom fighters like Ramji Gond, the head of the Gond tribal; Komaram Bheem of brave tribal community and the great freedom fighter Alluri Sitarama Raju,

Militant killed in.

Militant killed in...
one unidentified militant was killed," they said, adding that the body of slain was retrieved.
The slain militant, as per officials, couldn't not be identified while as war like stores have been recovered from his possession that include one AK56 rifle, seven magazines, sixty AK rounds, four hand grenades, one biscuit, two packets of cigarettes, coconut cookles, four-teen keys, some tablets, one lighter, three injection syringes, twelve detonators, one IED switcht, three medicine packs, one sweater, one dress, two cloth pieces, one bag, one pouch and some eatables.
Medico-legal formalities and post mortem examination of militant's body was conducted at the site by a team of doctors from GMC Associated Hospital Rajouri after which body of militant was shifted from the site by police.

after which body of militant was shifted from the site by police.

Meanwhile, the Army in an official statement issued from Jammu based defence spokesman said that in a joint operation by Army in coordination with police, the intelligence based ambushes noticed suspicious movement in the forest area of Dassal Gujran near Rajouri in the night of ist and 2nd of June.

"On being challenged by our troops, they were fired upon which was retaliated by our troops and sporadic firing continued throughout the night." said army spokesperson, adding that one militant was killed while as searches were still on in the area—(KNO)

Div Com inspects status...

the pace of work by increasing men and machinery

for timely completion of the work of Package 1.
While inspecting work on Package 3 at different sites, the Div Com instructed GM NHIDCL to ensure that the adjoining road is connected with proper ramps.

The Div Com directed the GM NHIDCL to expedite the final works of package 3 and ensure its completion within the set timeline.

It was further informed that over 73 percent work has been completed under package 3 which is of 20.61 KM length from Ganesh Vilhar to Khati Chowk and the work on brighters is in progressor.

work on bridges is in progress.

It was further informed that the land acquisition process has been completed and the land has been provided to executing agencies for smooth execution of the work.

The Div Com also inspected the site for the nev

DGP J&K chairs meeting...

He said that the timelines should be respected and achieved as per plan. He impressed upon the officers to concerned officers of district administration for seeking logistic support and to share the requirement of construction material.

The Div Com asked the NHIDCL to set weekly, monthy targets and expedite the progress of work for timely completion of the 4 laning of Jammu-Akhnoor Road.

DC Jammu reviews...

pending Mutations, acquisition of land and payment of compensation for Jammu-Akhnoor road, Ring Road, Akhnoor-Poonch road etc.

At the outset, the pressure of the project of the projects, and valuable suggestions were exchanged.

AKINOOR-POONEN road etc.
At the outset, the revenue officers informed the Chair regarding the hiccups being faced by the department in providing online services.

regarding the incusp senig tacety by the depainment in providing online services.

While reviewing the progress regarding writing of Jamabandis and its digitization, attestation of mutations and writing of Girdawaris, the DC directed the Tehsildars to complete the same as per targets. She said that the proof reading of Jamabandis followed by certifications shall be completed at the earliest.

She set timelines for the concerned officers for speedy submission of details of mutations and updation of Jamabandis/Girdawari.

Regarding disbursement of e-rent, the Deputy Commissioner instructed the officers to disburse the rent to the beneficiaries without further delay.

The Deputy Commissioner also directed the Tehsildars for speedy disposal of court cases related to revenue and upload accordingly.

Vacations announced...

remain available for any on-line guidance of students during vacation period adding that any default on part from the last 5 years from 2018-19 has seen progressive

of the head of the Schools/Teaching staff in observance of the vacation schedule shall attract action under rules. Government commits...

also made various suggestions to improve the present veterinary services for the consideration of the Department. The Minister assured the Committee that the Department will ensure to take appropriate action on the valuable suggestions given by the Members.

DGP J&K chairs meeting...

CS stresses on offering..

a Hospital easier. He told them to adopt the simplest gap of two hours-(KNO)

a Hospital easier. He told them to adopt the simplest and efficient system available. Chief Secretary also enjoined upon the officers to digitize the patient history and other legacy data so that the same is accessible round the clock. He said that the convergence of data from Health Care Institutions, Anganwadi centres and Educational Institutions could make a database inclusive of all health details from birth till date for each person. He urged them to make it an objective to ensure 100% digitization of health records of all the individuals here in the UT.

On the occasion both the Secretary Health, Bhupinder Kumar and MD, NHM, Ayushi Sudan gave a detailed overview of the functioning of the Department especially the National Health Mission (NHM), J&K. It was given out that sufficient number of Critical Care Ambulances have been deployed across the health facilities of J&K.

have been deployed across the health facilities of J&K and integrated with 108 call centre for providing 24×7 hassle-free services to people.

Moreover it was given out that the utilization of funds

growth with each passing year. It was revealed that out of Rs 671.75 Cr amount of funds available in the year 2018-19, the percentage of utilization was 72%. The same increased to Rs 900.64 Cr in 2022-23 with percentage of utilization taking a quantum leap to reach 98.68% for the procedure for the great leaves. the previous financial year.

The Governing Body discussed the proposals of the NHM to ratify State Programme Implementation Programme (SPIP) to the tune of Rs 1441.60 Cr for FY 2023-24, procurement of Covid essential Diagnostic & Drugs Implementation of IT interventions like HMIS (e-SAHAJ) from District Hospitals and CHCs to Tertiary Care Hos pitals. It also discussed maternity leave in favour of contractual female employees as per the existing labour laws and other HR related issues for making the functioning of the mission smooth and efficien

Death of College student...

They raised slogans demanding justice.
However, the protest caused a massive traffic jam on the highway as the hundreds of vehicles remained stuck on either side of the road.
Officials said the Assistant Commissioner Revenue Rajouri, Imran Rashid Kataria, Deputy SsP of Police and SHO Rajouri reached at the spot and pacified the protest while BSF officials also reached at the spot.
After assurances, the protest was called off and the vehicular movement on highway was restored after a gap of two hours—(KNO)

Rains continue to lash..

has recorded an excess rainfall of 24 per cent in the month of May as against the normal precipitation of 77.5 per cent, the Union Territory has recorded 96.3 mm rainfall last month.

The data prepared by the Meteorological department reads that Jammu & Kashmir has recorded normal rainfall since Mar 01, 2023 to May 05, 2023–(KNO)

Members of Joint...

organizations on the proposed Forest (Conservation)

Sh C.P. Goyal, Director General Forests; Sh Dheeraj Gupta, Principal Secretary Forests; and Sh Roshan Jaggi, Principal Chief Conservator of Forests J&K were also present during the meeting.

Idol of Sant Kabir installed at Sant Kabir Nagar Temple



Shiromani Sant Kabir at the

Kabir Nagar, Village Kotli Kabir Nagar, Village Kotti Gala Bana, RS Pura, here. A colourful procession in the form of Jhanki carrying the statue of Shiromani Sant Kabir Sahib, bought from Rajasthan, passed through the Main Bazaar RS Pura nder the under the supervision of President of the Shiromani ant Kabir Mandir Trust,

Chaman Lal. The devotees

ipated in the function with singing of hymns of Sant Thousands of devotees

Thousands of devotees were welcomed by the main bazaar shopkeepers by serving them water and refreshments. Shiromani Sant Kabir Mandir Trust members present on the occasion

were Darshan Kumar, Jeet Raj, Shashi, Balak Ram Master, Fateh Chand (Sarpanch), Chander (Sarpanch), Chander Gorkha, Romesh Kumar, Gorkha, Romesh Kumar, Garu Ram, Dimple, Deepak, Surjeet Singh, Sarpanch Suraj Parkash, Chairman Bhushan Lal Dogra, Anand Kalia besides Sham Choudhary (formar Minister)

Maha Jan Samparak Abhiyan' a mockery of BJP Govt, people must question celebration of failures: Rattan

Provincial President Jammu and Kashmir National Conference (JKNC), Jammu has impressed upon the people to question the Bharatiya Janata Party (BJP) leaders and work-Janata Party (BJP) leaders and work-ers when they come to their door steps under the much hyped 'Maha Jan Samparak Abhiyan' as to what is there to celebrate the nine years of BJP's governance that has brought to the people nothing but a hell of mis-eries. He asserted that celebration of failures calling these achievements by the BJP Govt is indeed unprecedented mockery of the saffron party. In a statement issued to media here

In a statement issued to media here today, the senior National Conference today, the senior National Conference leader said that the people of Jammu and Kashmir have been the worst vic-tims of the BJP's misrule that has resulted out of its anti-people policies thrust upon the people of this Union Territory.

Territory.

Rattan Lal Gupta said that the Union Territory Administration which is running the proxy government of Jammu and Kashmir has utterly failed to resolve the power scenario here during its nine years of governance at the Centre. The power governance at the Centre. The power situation has gone from bad to worse during these years. He said the main reason for this is the use of sub-tan-dard material including the below standard electric transformers and electric wires which proves the level of corruption existing during 09 years of BP rule. He advised people to must ask BJP that why the Modi Govt has failed to resolve the noor power has failed to resolve the poor power scenario in Jammu region. The senior NC leader said that even the drinking water and irrigation scenario is no good too. The water crisis has further

BJP rule which is evident from the fact that apart from Kandi belts of Samba, Jammu and Kathua district even the capital city i.e. Jammu continues to face dry situation with people craving for regular drinking water supply. He said that the farmers are also suffering on account of erratic power and water supply with

He suggested people to raise a question before the BJP leader that why not scarcity of drinking water was addressed in nine years of rule of Modi Govt at the Centre.

their crops at stake.

Modi Govt at the Centre.
Rattan Lal Gupta also castigated the Govt for the poor scenario in health sector saying that no doctors are available in most of the Primary Health Centres (PHCs) across the Jammu Province so much so that even the available and the primary statements of the primary section even the paramedics are not available in some of the PHCs.

He requested people to ask why the LG Govt has not engaged adequate number of doctors and paramedics in the health centre across the Jammu

region.

He also questioned the J&K
Administration on its claims of industrialization, asking it to spell out the
number of medium, small and large
scale industries were established in scale industries were established in Jammu Province and how much employment has been provided to industrial workers as per the commit-ment made by Shri Amit Shah Honble Home Minister of India on the floor of Parliament on August 5, 2019. He said that the reality is that 2019. He said that the reality is that BJP's anti-industrial policy and bur-den of GST has led to the closure of multiple industrial units and substantial number of industries on the verge of closure today. Not only this, even thousands of youth have lost their

about the reason of closure of multi-

about the reason of closure of multi-ple industrial units in Jammu region due to which the graph of unemploy-ment growing day by day.

The NC Provincial President also came down heavily on Administration for mismanagement of Public Sector in Jammu and of Public Sector in Jammu and Kashmir that led to the closure of profit making service sector especially the JK Cement Ltd, SICOP, Joinery Mill, etc rendering thousands of workers jobless and not even discharging the liability of their pending

He advised people of Jammu region to must raise a question before the BJP leadership that why the recruitment agencies are playing with future of J&K youth. Why there isn't a transparent mechanism adopted while conducting exams and what about the scams taking place under the very nose of LG Administration, he added

he added.

Rattan Lal Gupta also raised the issues regarding commitment made to border youth about their recruitment in Border Battalions and the daily wagers compelled to come on roads demanding their regularization after having served the government departments during the prime of their life. their life.

He advised people to ask BJP why the daily wagers are on roads why not the J&K BIP leadership have

not the J&K BJP leadership have address the issue of these daily wager in the last nine years of BJP Governance at the Centre.

The Provincial President said that the failure on issues enumerated above constitutes only a tip of the ice-berg and reveals that celebrating nine years of governance under Waha Jan Samparak Abhiyaan' is only a mockey of the BIP and its Government at jobs due to the aforesaid closure.

He suggested people to ask BJP ery of the BJP and its Government at the Centre.

April Party holds meet to further accelerate public outreach programme

JI NEWS SERVICE

JAMMU, JUN 2: Apni Party today

JAMMU, JUN 2: Apm Farry today organized a meeting to further accelerate the growth of the party and public outreach programme.

The meeting was chaired by State General Secretary, Vijay Bakaya and Provincial President, Jammu, S. Manit Sines.

Provincial President, Jammu, S. Manjit Singh, The meeting was held in the Apni Party office at Gandhi Nagar where the party leaders discussed ways and means to further accelerate the growth of AP and to identify the burning public issues which need to be highlighted. The party leaders held threadbare discussion regarding party activities, and suggestions were



put forth to further the developmen-tal agenda, social security scheme, and public outreach programme to strengthen the party roots across Jammu as well as in the region.

The meeting was also attended by Additional General Secretary, Arun Kumar Chibber, State General Secretary Youth Wing /

S. Maniit Singh denounces demolition of commercial building in Kathua

JI NEWS SERVICE

SAMBA, JUN 2: Apni Party Provincial President, Jammu, and Former Minister, S. Manjit Singh today has condemned the action of municipal authorities in Kathua in which they have demolished a three floor commercial building for its alleged illegal construction.

In a statement to the press, the for-ner minister said that the way civil

acted and punished the building owner and showroom owner was unprecedented and against the con-stitutional rights of the people. "The incident has shocked all of us to the core as the people were left helpless with crores of liability on them and the complete destruction of them and the complete destruction of the commercial structure which could ed illegal construction.
a statement to the press, the forminister said that the way civil nistration and municipality has

for acting senselessly and causing for acting senselessly and causing huge damage to the private property in the name of illegal construction (without permission) should be pun-ished. He said that the administration and municipality could have imposed a penalty or sealed the building till the owners clear their supersystems of the superiries and out the issues with the authorities and get the permission. However, the decision to demolish has further widened the between the LG administration gap between u and the people.

AIIMS is one of the greatest gift to J&K residents by Modi Govt: Raina



JI NEWS SERVICE

IAMMU, IUN 2: People of JAMMU, JUN 2: People of Jammu & Kashmir will soon have access to the world-class health care facilities on the commence-ment of the newly con-structed AIIMS in Samba, said Rayinder Rains

said Ravinder Raina. He made this observation during his visit to the tion during his visit to the AIIMS complex at Samba along with "Maha Jana Sampark Abhiyaan Convenor" & BJP General Secretary Dr. D.K. Manyal, BJP Vice-President Surjit Singh Salathia, former Minister Chander Prakash Ganga, DDC Chairperson Samba Keshav Dutt. DDC Samba Keshav Dutt, DDC Shilpa Dubey, DDC Asha Rani, DDC Sarbjit Singh Johal, BDC Darshan Singh, BDC Yogeshwar Singh, Dy. Mayor Baledev Billawria, Kashmira Singh and oth-

Ravinder Raina said that

Narendra Modi for his untiring efforts in extend-ing all the developmental projects and welfare schemes to this border UT. He said that AIIMS is on He said that AIIMS is one of the prestigious health institutes as well as a landmark of development of the Modi government. He said that prior to it, there was no Health Institution of the level of AIIMS and the cufficient people heal to the suffering people had to move outside Jammu and Kashmir for specialized

treatment. "This AIIMS is one of the "This AlIMS is one of the greatest gifts to us and humanity", Raina said and added that the Modi government has sanctioned a number of other projects for providing better health care facilities. care facilities. Dr. Devinder Manyal, on

this occasion said that the Modi government has also anctioned one AIIMS for Kashmir and Medical Colleges two are being established in Jammu as well as Kashmir provinces.

This AIIMS is not just a concrete structure but a big project built for catering to the needs of lakhs of people, Manyal said

ple, Manyal said.
Surjit Singh Salathia and
Chander Parkash Ganga
also highlighted the signifi-cance of AIIMS and
expressed hope that on its
completion it will prove to
be helpful for ailing per-

"The Modi government is committed to provide world class health facilities world class health facilities to the residents of Jammu & Kashmir as the AIIMS starts functioning in the Union Territory", said Ravinder Raina. Today's visit was part of the party's nationwide programme of "Vikas Tirath" under "Maha Jana Sampark Abhiyaan" being undertak.

Abhiyaan" being undertak-en in the month of June.

Similarly, In Reasi the programme was held at Railway Bridge Kouri and attended by BJP General Secretary (Org.) Ashok Koul, MP (Lok Sabha) Jugal Kishore Sharma, former MoS Ajay Nanda, DDC Chairperson Sarf Singh Nag, Pawan Sharma, Secretary Arvind Gupta, District President Rohit Dubey, Sheel Magotra and others

others.

Ashok Koul, at the Railway Bridge, said that providing rail connectivity of Kashmir with the rest of the country is a mega project of the Modi government and almost it is near completion and will serve the people.

the people. Jugal Kishore Sharma also termed the rail project as a magnificent gift of Modi government for the people of Jammu & Kashmir.

Kashmir.

In Pargwal, MP (Rajya Sabha) Gulam Ali Khatana visited Pargwal bridge.

In Akhnoor the programme was held under the supervision of Akhnoo Municipal President Saniay. Municipal President Sanjay

In Jammu North. Sanjeeta Dogra President Mahila Morcha and Omi khajuria District President

were present.

In Kashmir South on Chamgund Bridge, Zubair Ahmed district President along with Shazia Jaan DDC chairperson were

In Ayushman Hospital Dingi Simbli block man Dingi Simbli DIOCK HIGH dli,Billawar, DDC Vikram Singh, Narayan Dutt, BDC Chairperson Nisha Rajput and Reeta Devi were prent.

Connectivity Sandhi To Bhandar Constituency Bani under the supervision of Jeevan Lal (Ex MLA).

Walkathon organises at GDCW Kathua

Walkathon was organized by NSS,RRC, NCC units and Sports Department of Govt. Degree College for women, Kathua on 02-06women, Kathua on 02-06-2023 to celebrate World Bicycle Day under the G20 Presidency of India. The entire Programme was organized under the patronage of Dr Savi Behl worthy Principal of the col-lege. The Walkathon was flagged off by Dr Savi Behl, estemed Pincipal of the esteemed Principal of the college, on this occasion, she appreciated the effort of Dr. Arun Dev Singh, NSS Programme officer,Dr Dr. Arun Dev Singh, NSS
Programme officer,Dr
Vaishno Devi ANO,
NCC,Mr Roshan Lal
Sharma PTI for organizing
such a wonderful
Programme in which all
the NSS ,RRC Volunteers,
NCC Cadets and sports students participated with dents participated with great zeal and enthuse. She encouraged, supported all



the participants by saying that walk is very beneficial for their health and it would definitely reduce the tension, stress and work pressure and uplift their physical standard as well.

She also added that such practices shall develop pos-itive atmosphere among the masses which will also masses which will also pave the way of society for improving of health stan-dard and make them dis-ease free. She said that by using bicycle we can pro-tect our environment and make society pollution free.

Dr Arun Dev Singh also spoke and motivated the Volunteers, NCC cadets and sports students to carry out the message among the people of use maximum bicycle and walk daily, using of bicycle we can reduce carbon dioxide and other greenhouse gases. He said that they must He said that they must spread awareness among the people and can guide the children and masses to use cycle for their better health and added that by using cycle we can mini-mize our mental, physical

and emotional stress and also suggested the volun-teers that it would be help-ful for them and they may have healthy, congenial and disease free life style, he motivated the volun-teers and NCC cadets and inspired them that they inspired them that they may also play a vital role ir the society to inculcate the spirit of fitness, prosperity and happiness.

Dr Vaishno Devi also

Rahul Gandhi insulted India from foreign soil, must apologize: Ritika Trehan

IAMMU, JUN 2: Congress leaders JAMMU, JUN 2: Congress leaders have a habit of maligning the country and putting the blame on others, Chief Spokesperson BJP Mahila Morcha J&KUT Ritika Trehan said on Friday. Rahul Gandhi has maligned India from foreign soil, has spread lies and insulted countrymen should apologize. Ritika recalled that former Prime Minister Rajiv Gandhi had called Planning Commission members a "bunch of jokers", while Rahul Gandhi had torn a government ordinance and dubbed it as "non-

The Congress places "one family" above everyone else, Ritika said and added that "earlier also they used to say 'Indira is India and India is Indira". Ritika said a gentleman tried to school Rahul Gandhi that even Indira Gandhi had refrained from commenting on Indian politics on for-



eign soil, but the former Congress President did not learn from him

Calling the remarks of Rahul Gandhi "condemnable", Ritika said it has become Rahul Gandhi's habit to go to foreign countries and insult Indian people and institutions, and hurt the confidence of the country. She said that after "failing miserably"

in India, Rahul Gandhi is creating in India, Rahul Gandhi is creating havee" in foreign countries. At a time when G20 meetings are taking place in the country, foreign ministers of different countries have come here, Rahul Gandhi is making this kind of statements, "Kitika said.

Ritika further said that "Rahul Gandhi himself hoisted the tricolour in Kashmir recently during his so called Bharat Jodo Yatra. But he didn't even once criticised the terror

n't even once criticised the terror activities in Kashmir. She said that hundreds of people walked with him in Kashmir

in Kashmir.

But he is forgetting that this was possible only after Article 370 was abrogated by the BJP. We strongly condemn his ridiculous statements and believe that the Indians living abroad will never believe this India is becoming an economic power under the leadership of PM Modi and the world is praising India's G20 leadership," she said.





5 THOUGHT OF THE DAY

Logic will take you from A to B. Imagination will

take you everywhere - Albert Einstein JINDRAH MAGES

Bringing consistency across all school boards

n an important and significant move, the Union Ministry of Education has begun the exercise to establish a common assessment framework for all state board examinations by November. It has been necessitated by the wide disparity in the exam results declared by various school boards; major deviations have also been witnessed in the performance of students of schools affiliated to different boards even within the same state or the Union Territory. It has also led to unhealthy competition among the students. Resultantly, students are facing problems not only when they switch over from one board to another but also when they take national-level tests such as the JEE, NEET and CUET. It is placed to mention here that the importance of having standardised syllabi and exam format for consistency across various boards cannot be emphasised enough. The National Education Policy (NEP-2020) envisages the setting up of a National Assessment Centre, PARAKH (Performance Assessment, Review and Analysis of Knowledge for Holistic development), under the aegis of the ministry. PARAKH's main functions are to encourage and assist school boards to shift their assessment patterns towards meeting contemporarily relevant skill requirements. The obsessive focus on producing exceptional results, with an astonishingly high proportion of students getting more than 90 per cent marks in exams conducted by the CBSE as well as state boards, has called into question the credibility of the existing evaluation systems. In a state like Jammu and Kashmir, it becomes very difficult for students from remote and far-off places to compete with their counterparts in other states. Over the years, doubts have also been raised about the quality of education imparted and whether all the top-performing students are future-ready. It will undoubtedly be a challenging task for the Central assessment body to bring various state boards on the same page, especially in states where Opposition parties are in power. It is high time that the Centre and the states and UTs should rise above political considerations and it is expected that they would work in close coordination for the success of this key reform in school education. The skewed sciencearts ratio for students' preferences in Class XI-XII is another issue that requires urgent attention. What is important is the successful roll out of the scheme which will be only possible if the states and UTs extend a cooperation to the Centre for a better future of the students.

Gender-based violence stems from systemic malaise

BUT CAN ALSO ESCALATE RE-VICTIMISATION.

UPNEET LALLI

FRAMING laws is only a limited FRAMING laws is only a limited solution for gender-based violence. A decade ago, the Criminal Law Amendment Act of 2013 was passed against the backdrop of outrage over the Nirbhaya gangrape. By way of this amendment, the definiway of this amendment, the defini-tion of rape in Section 375 of the IPC was broadened and several new offences were recognised and incor-porated into the IPC, e.g. voyeurism, stalking and sexual harasment (Section 354A). The Act also amended certain existing sec-

also amended certain existing sections, making them more stringent.

A decade later, crimes against women have not reduced. There were nearly 3 lakh cases of crimes against women in 2013, in 2021, the number increased to 4.28 lakh (Crime in India, 2021). Women continue to the weeds belot in serious. tinue to be unsafe both in private and public domains.

and public domains.

The Convention on the Elimination of all Forms of Discrimination Against Women (CEDAW) was adopted by India in 1993. It recognises that "violence and harassment in the world of world or proceedings of the constitute a human rights. work can constitute a human rights violation or abuse." Prior to the Vishakha judgment of 1997, there Vishakha judgment of 1997, there were no specific guidelines to deal with cases of sexual harassment at the workplace. The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013, was enactand Rectressal) Act, 2013, was enacted to provide a safe workplace for women. The Act was widely welcomed and expected to meet the needs of women's safety. However, the Supreme Court recently flagged serious lapses in the implementation of this legislation. The conumburation is the analysistic of the drum lies in the application of the Act, marked by a gap between its broad, well-meaning provisions and their reluctant, if not shoddy, imple-

mentation.

The unhindered ability to file a complaint is the first step towards securing justice. Unfortunately, multiple factors and barriers may prevent women from disclosing incidents of violence and hara ment at work. Some of these include power dynamics and fear of profes-sional repercussions, lack of faith in the internal committee, and fear of reprisals, as well as concern for their reputation. Some individuals may opt to confront their harassers directly, others may engage in

strategies to avoid or deflect hara ment, and still others seek out alternative employment.

The culture of silence is being The culture of silence is being challenged today in the country. Women wrestlers have spoken up about the alleged sexual misconduct and blatant misuse of power by Brij Bhushan Sharan Singh, the Wrestling Federation of India (WFI) wrestleded and BIPAME. president and a BJP MP.

"The purpose of law is to prevent the strong (from) always having "The purpose of law is to prevent the strong (from) always having their way," said Roman poet Ovid. Bhanwari Devi, Rupan Deol Bajaj, Ruchika Girhotra and the women wrestlers have all had their own struggles while seeking justice.

struggles while seeking justice. Globally, the sports environment is recognised as a breeding ground of sexual harassment and assault due to the power dynamics and the idolisation of masculinity. The Larry Nassar scandal in the US had shed light on the painful reality of abuse of adolescent athletes he a bisbly. of adolescent athletes. In a highly aspirational environment, abuse and harassment by figures in a rela and harassment by figures in a rela-tionship of trust need to be severely dealt with. Misogyny and devalua-tion of women should be replaced by dignity, respect and honour, not only when female sports stars win medals but also in daily interaction.

Sexual harassment is of two types: Sexual harassment is of two types: quid pro quo and 'hostile work environment'. Quid pro quo harass-ment is related to the offer or inducement of benefits in return for sexual favours. 'Hostile work environment' harassment covers conduct that makes the workplace environment repulsive to the victim due to her gender. Many organisations, including sports bodies, have not constituted Internal Complaints Committees (ICCs), which are mandatory under Section 4 of this Act. Many of those established do not have an external member

The sad reality is that invariably, these ICCs are hurriedly constituted on an ex-post facto basis, after a complaint is raised. Having an independent and expert external mempendent and expert external mem-ber is important for an unbiased inquiry. After all, internal members are part of the power structure and the lack of independence can make the protective edifice envisioned by the Act crumble. The inquiry through an ICC has to be completed within three months of the receipt of the complaint. Timelines for the employer to act on the recommenemployer to act on the recommen-dations are specified. These provi-sions seem to have been totally ignored while dealing with the com-plaints of women wrestlers. The pervasive pattern of gender

ce shows that it is not an individual anomaly, but is the result of systemic and societal conditions that perpetuate violence against women.
For most women, given the endemic nature of the abuse and the lack of punitive action, it is 'normal' to shrug away catcalling or inappropriate jokes even though these make them feel very uncomfortable.

This normative behaviour is an example of the diverse mobilisation strategies adopted by women in response to sexual harassment — the choices are framed as per personal and social contexts. As a community we cannot leave it to the aggrieved to respond and we should be cognisant of the social pressures on victims. nal member on some ICCs, it is clear that while following the principles of natural justice is essential, it's also of natural justice is essential, it's also important to create a conducive environment without gender stereo-types. Training sessions on the theme can dispel gender-based assumptions and change deep-rooted mindsets. Men resist the implementation of the law for the threat it poses to their own status privileges while women ignore the protectior of the law, fearing further loss in

The first step to change social norms is to speak up. More broadly, tle the systems that uphold a toxic work environment, idolise masculinity and condone sexual vio-lence. Specific focus on changing the culture should be a priority; this should start in every home.

Advertisement We also need to be fair. The nature of the offence, its severity,

nature of the offence, its severity, intentionality and pervasiveness need to be considered to deliver justice to the victims.

Why not integrate restorative approaches into the options available for dealing with sevual harassment complaints? The survivors in many cases may not want a punitive many cases may not read a approach but an acknowledgment of the harm. Failure to acknowledge wrongful behaviour is not only insulting but can also escalate re-vic-timisation. Sexual harassment has debilitating consequences for both the victims and society as a whole We need to adopt approaches that promote reflection rather than denial.

Strong steps needed to tame zooming retail profits from farm produce

ast week, travelling in Himachal Pradesh, I stopped at a fruit and vegetable seller's makeshift shop L'vegetable seller's makeshift shop by the roadside. After making pur-chases, I casually asked him the price of capsicum. "Rs 40 per kg," came the prompt reply. The same week, news reports had stated that with Punjalv's farmers unable to get a reasonable price in the markets, many of them were re-ploupling their fields. Earlier, reports had said that irate farmers

reports had said that trate larmers were dumping capsicum on the roads. They were not getting even Re 1 per kg in the market.

A quick, back-of-the-envelope calculation revealed that the retail trader made a killing with a commission/profit of 3,900 per cent. It only shows that while the consumer only shows that while the consumer has got used to price gouging — a phenomenon that attributes astronomically inflated prices to a sudden surge in demand — they remain oblivious to price extortion at a time when there is no shortage in supply and neither is there a heightened demand for the

there a heightened demand for the vegetable.

This is happening at a time when, according to a recent news report, farm labourers in Asia's largest wholesale fruit and vegetable market — Azadpur mandi, New Delhi — are unable to buy vegetables themselves from the wages vegetables themselves from the wages they get. For over 40 years, their wages



Politics aside, Rahul Gandhi's conversation with truck drivers clearly brought out the distress wages that truck drivers have to live with. In other words, underpaid farmers, workers and transporters actually form the

and transporters actually form the agricultural supply chain.

As food inflation soars, retail profit margins continue to climb. It, there-fore, is quite clear that the spiralling food inflation is the result of greed rather than any supply-demand match. This new phenomenon of price

extortion has predominantly taken over the global markets, since the start of the pandemic in 2020.

The supply-demand constraints dur ing lockdowns have been very cleverly ing lockdowns nave been very cleverly used by the industry to indulge in profiteering and pass on the burden to consumers, citing inflation as the reason. Not only with vegetables and food products, a report in the New York Times (May 20, 2023) shows how even car manufacturers have formed a cartel and raised prices. A study shows dealer margins forming 35 to 62 per cent of the hike in car prices between 2019 and

Another study by international charities GRAIN and IATP have shown thes GRAIN and IATP have shown that fertiliser companies, too, have extracted their pound of flesh. Profits of nine top fertiliser manufacturers have increased from \$14 billion pre-pandemic in 2019 to \$28 billion in 2021 and finally to \$49 billion in 2022, tribling their profits in these years. tripling their profits in three years Returning to food products, a study

in Britain had earlier shown that farmers get less than 1 per cent of the profers get less than I per cent of the profi-tis earned by agribusiness companies on five everyday essentials — apples, cheese, beef-burgers, carrots and bread. Such high profits are being extracted in a country where free mar-kets operate and where there is no APMC mandi that we can shift the blame to. That is why after a lot of pubblame to. Inat is wny after a lot of pub-lic pressure, the British government is reportedly working on a plan to cap the retail prices of some of the daily necessities so as to regulate the zoom-ing retail profits.

Those who blame farmers for oppos-ing the corporations farm laws that

ing the contentious farm laws they believe would have pulled out farmers from the clutches of arhtiyas farmers from the clutches of arhityas and paid them reasonably high prices — must know that even in the US, where corporate agriculture domi-nates, farm distress has been steadily worsening. With laws being intro-duced to take care of farm distress in the US, the increasing farmer suicide the US, the increasing farmer suicide rate shows how inconveniently farmare snows now inconveniently fami-ers are placed in the food supply chain. With corporates having failed to pro-vide an assured price, the rate of farmer suicides exceeds 3.5 times the national average.

Further, to ensure that farmers earn rutner, to ensure that farmers eam a decent livelihood, the US provides massive subsidy support to its dwin-dling number of family farms. As per the New Delhi-based Centre for WTO Studies, the annual US domestic supwhat an Indian farmer receives as subwhat an Indian farmer receives as sub-sidy support (including fertiliser, seed, water, electricity and crop insurance) — not exceeding Rs 35,000 a year. Isn't it, therefore, surprising that a country that preaches free markets as

the global mantra for agriculture prothe goods matura for agriculture pro-vides huge domestic support to keep its beleaguered farmers on land? Farming engages just 1.5 per cent of the US population. In India, as per the 2019 Situational Assessment Survey for Agricultural Households, the monthly farm income finduling from monthly farm income (including from non-farm activities) is hardly Rs 10,218 per family, which means a lowly Rs 1.22 lakh per year. Even if you add the subsidy component, the total income is a meagre amount.

Besides the half-hearted approach to introducing schemes that provide for deficiency payments, there has been no trade. Farm gate prices have routinely trade. Farm gate prices have routinely crashed for vegetable crops such as onion, turmeric, potato, brinjal and tomato, to name a few; a quick analysis shows that if farmers are selling onions or tomatoes at an average price of Rs 2 per kg and the consumers are being made to shell out upwards of Rs 20 per kg, the trader has quietly made an extortionate commission of 900 per cent. Such rapacious margins are being routinely extracted, and the middle class hasn't even reacted.

Netflix sets 'Tudum' for June 17 Alia Bhatt 'The Archies' cast to attend global fan event

stars and creators from across the globe and present feature never-before-seen footage, trailers, and first looks of the upcoming series, films and games, a press release issued by the streamer read. Hollywood star Chris Hemsworth and director Sam Hangraeve will table about their movie 'Extraction 2' at the extravaganza, which will also see start of 'The Witcher' season three Henry Cavill, Anya Chalotra, Freya Allan, and Joep Batey, as well as Zack Snyder, Deborah Snyder, and Sofa Bouttella for Rebel Moon', and 'Navatar. The Last Airbender' cast in attendance. There will be special appearances by the 'Stranger Things' team. Jenna Ortega, Hunter Doohan, Emma Myers and Joy Sunday for the series 'Wednesday'; Balph Macchio and William Zokla for 'Cobra Kait'; and John Boyega and Teyonah Parris for 'They Cloned Tyrone'.



NEWS

Want to raise the bar without being delusional about it Anil Kapoor on acting

Bollywood star Anil Kapoor says he will never have a 'I have done enough' moment in his acting career as he knows how to keep the momentum high without compromising on life's other aspects.

The actor whose filmography of four decades boasts of successful entertainers like "Mr cessful entertainers like "Mr India", "Ram Lakhan", "Nayak", "Welcome" and critically acclaimed movies such as "Parinda", "Lambe", and "Pukar" among, said he enjoys every bit about acting. "I don't think there ever will be a time when I would say, 'I baye done enough. Jam fed un'

have done enough, I am fed up'. I don't think so. I enjoy my work, I love it," Kapoorn told PTI in an



"Whatever you are capable of, you have to just raise the bar and do your best and not be delu-sional about it. Do not over-stretch yourself," he said, adding

that he avoids doing anything that will affect his family life or health.

"So, I will sacrifice some films which I cannot do," he said.

Kapoor, who has no formal training in acting, credited watching films, movie sets, and paying attention to how his co-actors perform a scene, for helping him evolve as an actor. The 66-year-old actor said he

The 66-year-old according by has learnt a lot about acting by Pacino, Tom Hanks, Tom Cruise, Dev Anand, Raj Kapoor, Kamal Haasan, Amitabh Bachchan,

Haasan, Amitabh 'Bachchan, Dharmendra, and Rajnikanth, among others. "We all have learnt something from them. Each of their films, you see you get entertained and you learn from them," Kapoor said, adding, "I have worked with all kinds of actors like Paresh Rawal, Pankaj Kapur, Manoj Bajpayee, Nawazuddin

Siddiqui, Irrfan Khan sahab, who I miss so much. I keep on watching his work. There is a pool of talent, which is so phe-nomenal, world-class." He is equally enamored by the

dedication and commitment shown by some of the actors younger than him be it Hrithik Roshan, his co-star from "Fighter", Ranbir Kapoor, Varun Dhawan or his son

"Fighter", Ranbir Kapoor, Varun Dhawan or his son Harshvardhan. "They all come with different mindsets," Kapoor added. Actors of all ages and kinds like Hollywood star Christian Bale and Ranbir Kapoor, with whom he will be seen next in "Animal", drive him to push himself physically and mentally for a role he said

Sana Amin Sheikh Shares **Details On Her 'Tum Bin Jaun Kahan' Character**



ctress Sana Amin Sheikh, who has been roped in for the upcoming romantic drama tilled Tum Bin Jaun Kahan', has shared the details of her role. In the show, Sana plays the lead character of Zaara who

is a female servant.

The show follows the story of a family of Kaneez (female

Ine show rollows the story or a family of Kaneez (temale servants) based in Lucknow and takes a dramatic turn when one of the Kaneez falls in love with a guy from upper case who is engaged to her best friend.

Talking about her role, Sana shared: "I am thrillied to be playing Zaara. As I am a Muslim, I have always wanted to play a Muslim character on screen and this will be my very free time. The bioblibliot of the sergies is that it's entrotwed. first time. The highlight of the series is that it's structured and well written script. Zaara is a kaneez, who falls in love with a guy from the upper caste creating quite a stir and

navoc.

"We have started shooting and I am thoroughly enjoying it, while I am giving 100 per cent to my character Zaara. I am really excited for the audiences to witness it," she added.

The show has gone on floors and will be out on Atrangii TV and OTT this year.

Dwayne Johnson announces 'Fast & Furious' return, ends feud with Vin Diesel



wayne The Rock Johnson will return for the next
Fast & Furious movie, the actor confirmed on
Thursday. The actor bowed out of the successful
franchise in 2021 due to differences with former co-star
Vin Diesel. The latest movie in the franchise, Fast X, star-

ring Diesel and Jason Momoa released last month.
"The next Fast & Furious film you'll see the legendary lawman in will be the HOBBS movie that will serve as a lawman in will be the HOBBS movie that will serve as a fresh, new chapter and set up for FASTIX Part II," Johnson said in a Twitter post. He further said: "Last summer Vin and I put all the past behind us. We'll lead with brother-hood and resolve - and always take care of the franchise, characters & fans that we love." The actor added that he has always put the audience first, and will continue to do so. Johnson entered the franchise with 2011's Fast Five as an agent of the Diplomatic Security Service. He reprised the role in 2013's Fast & Furious 6, 2015's Furious 7 and 2012's The East of the Furious. The actor also featured in a 2017's The Fate of the Furious. The actor also featured in a 2019 spinoff, Hobbs & Shaw, alongside Jason Statham. The feud grabbed headlines on 2016 when Johnson shared a feud grabbed headlines on 2016 when Johnson shared a controversial Instagram post about an unnamed male co-star, which he later confirmed to be Diesel. "Some conduct themselves as stand up men and true professionals, while others don't. The ones that don't are too chicken s**t to do anything about it anyway. Candy a**es. When you watch this movie next April and it seems like I'm not acting in some of these scenes and my blood is legit boiling —you're right." he wrote in the now-deleted post. Last year, he refused Diesel's public offer to return to the franchise, and also accused the actor of 'manipulation' by bringing in a also accused the actor of 'manipulation' by bringing in Paul Walker's death and his children in a post.

'Sirf Ek Bandaa Kaafi Hai' Migrates From OTT To Theatres: To Also Release In Tamil, Telugu



The streaming courtroom drama film 'Sirf Ek Bandaa Kaafi Hai', which stars National Award winning actor Manoj Bajpayee as a lawyer, is set to be released in two additional languages of Tamil and Telugu. The film has also been released in theatres makreugu. Ine num has also been receased in theaters manight the first Hinds film to migrate from OTT to theatres. The Telugu and Tamil versions of the film will drop on OTT on June 7. The film, directed by Apoorv Singh Karki, has Manofs character P.C. Solanki fighting the biggest case of his life against a powerful self-styled modese in a critical self-styled modes.

godman in a minor girl's rape case.

Despite death threats against him, his family and the key witnesses, P.C. Solanki is persistent in his fight for

Manoj Bajpayee said: "I am overwhelmed by all the mand) appayee sain: I am overwheimed by an the armth, love, support and affection the film has ceived from fans, critics and my friends in the indus-y. It is a matter of pride to be recognised for a film hich tackles such an important subject.

A source of great eternal pride Ayan Mukerji as 'Yeh Jawaani Hai Deewani' completes 10 years

Tilmmaker Ayan Mukerji says the Ranbir Kapoor-Deepika Padukone starrer "Yeh Jawaani Hai Deewani", which completed 10 years on Wednesday, represents a piece of his "heart and soul". Released on May 31, 2013, "Yeh

Jawaani Hai Deewani" was Mukerji's second feature after he made his directorial debut with 2009's "Wake Up Sid", also starring

Kapoor.
"YJHD - My second child, a "YJHD - My second child, a piece of my heart and soul - 10 years old today! I think after all these years, I can confidently say that... Making this movie was one of the greatest joys of my life! And what we achieved with it - with all its perfections and imperfections is a source of great eternal pride for me," the filmmaker wrote in a post on Instagram. Also starring Kalki Koechlin and Aditya Roy Kapur, the romantic comedy followed the stories of four friends - Bunny (Kapoor), Naina (Padukone), Avi (Kapur) and Aditi (Koechlin) as they go

and Aditi (Koechlin) as they go through the various adventures life has in store for them.

Mukerii, 39, revealed that he has



never seen "Yeh Jawaani Hai Deewani" from "beginning to end, since the day it released". "But when I'm older and wiser -I think I will watch the movie at

least once a year - because a big part of who I was and how I looked at life - is forever captured in this movie!" he added.

in this movie!" he added.

The filmmaker said even today, people recognise him more for "Yeh Jawaani Hai Deewani" than "Wake Up Sid" and his most recent directorial 'Brahmastra: Part One-Shiva'. "So, putting out a whole lot of gratitude for Yeh Jawaani Hai Deewani", and all the many people who connected deeply with the

movie over the years!" he added.

Later in the day, Padukone shared some snippets from the film on her Instagram Stories and called it "a piece of my heart and called "a piece of my heart and some like years lebor who he soul". Karan Johar, who backed the film under his banner Dharma Productions, described "Yeh Jawaani Hai Deewani" as "a special Jawani Hai Deewani' as 'a special story''. "Time flies... especially when a film like #YehjawaniHaiDeewani never gets old. This was a special story which really got the heart and pulse of the generation and many more to come... And what a dream team that told this story of dreams so beautifully!!!

Who is Jig- a Vora, jour- alist whose arrest a- d acquittal i- spired Netflix's 'Scoop'

ne of the eagerly-await-ed Netflix releases this Friday is Scoop, direct-ed by filmmaker Hansal Mehta. The series is based on the real The series is based on the real life story of Mumbai-based journalist Jigna Vora, who was arrested for allegedly conspiring with gangster Chhota Rajan in the killing of veteran crime reporter J Dey in 2011. While Rajan was sentenced to life imprisonment, Vora was acquitted seven years after the killing Scoro based on Vora's killing. Scoop, based on Vora's memoir Behind Bars in Byculla:

role and features Mohammed Zeeshan Ayyub, Harman Baweja, and Prosenjit Chatterjee in supporting roles. In the trailer, Tanna says:

In the trailer, Tanna says:
"Problem yeh hai ki either you
break a story or the story
breaks you." This best
describes Vora's journey.
Who is Jigna Vora' Vora was
a journalist who worked as a
crime reporter for Asian Age
newspaper in Mumbai. She did
her law degree from Ruparel
College in Mumbai and later
did a diploma course at
Somaiya College where Velly
Thevar. her faculty and well-

known crime reporter working for the Times of India influenced her to take up crime reporting. Upon her parents' compulsion, Vora was forced

compulsion, Vora was forced to give up her internship with a reputed law firm to agree to a marriage to a man who was supposedly an engineer and ran a printing press in Baruch, Gujarat. She later discovered that these claims were not true; the marriage ended on a bitter note. In May 2004 Vora moved back to be maternal bome in back to her maternal home in Ghatkopar, Mumbai, where My Days in Prison, stars Somaiya College where Velly she decided to pursue her Karishma Tanna in the lead Thevar, her faculty and well-career in media alongside

being a mother to her four-year-old son.

Vora joined the Free Press

Journal (FPJ) in November 2005

first task was to cover gangster Abu Salem's case at the TADA court situated inside Arthur Road Jail. After three years in as a court reporter where her the FPJ.

NOTICE

I Romesh S/o Thakur Dass R/o Q.no 6 Old Aahata Amar Singh Panjthrithi Jammu ,J&K U.T that my name Romesh Sharma is wrongly written in Community Polytechnic Six month certificate course in Motor Winding the bearing Serial no 1675
Dated 3-3-99 instead of correct Romesh Now I am applying for the correction of thesame. Objection If any may conveyed to concerned authorities i.e. chief Coordinator C.D.T.P Govt. Polytechnic Jammu within seven days from the publication of this notice..

Mental health: it's not always good to talk

Hew of us would question the need to break the silence around mental illness. Countless campaigns have drilled into us that such silence is harmful and that we should try to break it wherever we find it

we find it.

Britain Get Talking is one such campaign. It launched with a splash on Britain's Got Talent a few years ago when hosts Ant and Dec paused the show for a minute to allow viewers to talk to each other about their mental health. When the minute ended, Ant declared: "See, wasn't hard, was it?"

Doubtlessly, campaigns like Doubtlessly, campaigns like this have helped many people open up about their mental health problems, particularly those who have stayed silent because of prejudice and stigma. However, they can also feed misconceptions about silence in mental illness. They imply that silence in and around mental ill-ness is always bad, ropted in fear

ness is always bad, rooted in fear and stigma, and any effort to break it is good. In fact, silence in mental ill-

In fact, silence in mental ill-ness comes in many forms. Some kinds of silence form part of mood disorders like depression. People who have written about their experiences of depression often describe losing their ability to form thoughts and feeling to form thoughts and feeling unable to speal

For example, the author Andrew Solomon recalls that he



much". Elaborating, he writes, "Words, with which I have always been intimate, seemed suddenly very elaborate, difficult metaphors the use of which entailed much more energy than I could possibly muster."

I could possibly muster. This aspect of depression is well-known in mental health-care. Thinking and speaking less are actually considered two different symptoms of depression. Some research even suggests silence is such a reliable symptom that it might be possible to develop automated tools that diagnose depression based on a person's patterns of speech.

The launch of Britain Get Talking, If you're experiencing

Talking. If you're experiencing

rooted in stigma. That someone is well-meaning and knows some facts about mental health doesn't mean they are the right

should perhaps be broken under the right circumstances. Since depressed silence seems to form person to talk to about mental part of the depressive illness, it

SILENCE IN AND AROUND MENTAL ILLNESS IS NOT ALWAYS BAD; DEPRESSED SILENCE CAN NEED HELP FROM MENTAL HEALTHCARE PROFESSIONAL AS PART OF RECOVERY

ple struggle to think and speak, others struggle with thinking and speaking too much.

and speaking too much.

That might, for example, be
the case for someone with bipolar disorder, who experiences
episodes of depression as well as
mania, which often involves racing thoughts and a compulsion
to speak. For such people,
moments of peaceful silence can
be a hard-won achievement, and
sometimes they nay a tracically sometimes they pay a tragically high price for it We rarely h

rarely hear about these We rarely hear about these other sides of silence in mental illness. But therapists have recognised the role of silence in supporting mental health, at least since Donald Winnicott published his seminal paper The Capacity to be Alone. And silence in some form is a key element in meditation, which studies have shown can prevent the ies have shown can prevent the recurrence of depression.

may be something the patient has to break with the help of a mental healthcare professional as part of their recovery. Along similar lines, someone might benefit from breaking their

beneift from breaking their peaceful silence in therapy, even if the silence feels good. For whatever reason, many people won't find those circum-stances with their family, friends, or colleagues, despite the encouragement of a celebrity on TV.

to talk about mental health problems, even with people who love and support us. Sometimes that is because of stigma, but somese of stigma, but some-

times it isn't.

We should, of course, continue We should, of course, continue to strive to make it easier for people to open up about their mental health problems in the right setting. But we have to get rid of the rhetoric that pressures people to break the silence with the rest of the rest to the rest for what have the rest for what have the rest for the rest to the rest for what have the rest for what have the rest for what have the rest for the re out regard for why they are silent or if speaking would bene-

Does exercise cause you heartburn or acidity? Try this out to avoid it!



xercise is good for overall health, losing weight and feeling energetic all through the day However, what if you get acidity or heartburn post-workout? When you exercise intensively, the acid is pushed towards the esophagus during the movements and leads to irritation or burning.

and leads to irritation or burning.
It is quite common to feel heartburn after a vigorous
workout session. It is more common in people who do a
lot of bending and twisting exercises or who had a very
heavy meal a couple of hours before exercising.
Avoid foods that cause acidity
Even though intense movements do push the acid
from the storeosci into the acessbases; the formation of

from the stomach into the esophagus, the formation of acid is triggered only when you eat oily and spicy foods So you must avoid eating such foods or limit your portion. Drinks such as coffee, carbonated beverages, and alcohol also cause heartburn and should be avoided. Do not lie down immediately after exercise

Do not lie down immediately after exercise It is natural to feel exhausted after a heavy workout routine. However, even then you must not lie down immediately after the exercise. Let the body's blood cir-culation and overall functioning settle or it may cause heartburn. You should wait for at least half an hour before lying down after the exercise.

Stay away from certain exercises

At times certain exercises can cause heartburn and acidity. For that, you need to watch which exercises trigactury, For that, you need to water which exercises true ger acid reflux. More often downward dog pose or per-forming inversions can cause acidity as these are the exercises against the natural gravity of the digestion. If intensive workouts or core exercises cause acidity then you should shift to normal exercises like cycling and swimming.

COVID INFECTION RISING IN KIDS, DOCTORS REPORT HIGH FEVER, ITCHY EYES

of their good intentions. After all, the problem isn't that others

aren't open to what you have to

say or that they might react

say or that they might react poorly to it. It is that you have nothing to say. Other kinds of silence might be empowering. Some with mental illness are defaintly silent because the people around them ask unwelcome questions or give them unhelpful input. They might wisely choose to save dif-ficult conversations for their

ficult conversations for their

Such a choice isn't necessarily

WHILE THE INFECTION IS RISING. THE DOCTORS SAID THAT THERE HAS BEEN NO CASE OF HOSPITALISATION AND THAT THE CHILDREN ARE RESPONDING TO TREATMENT

The surging cases of Covid-19 infec-tion have also started affecting infants and children, with many of them reporting high fever, cough, and even itchy eyes and conjunctivitis, said doctors here on Monday. From the begin-ning, Covid was rare and mild in children. But some of those infected faced severe multisystem inflammatory syndrome (MIS) - a condition where different body

(MIS) — a condition where different body parts can become inflamed, including the heart, lungs, kidneys, brain, skin, eyes, or gastrointestinal organs. However, this time, it is showing newer symptoms like litchy eyes that were not seen during previous Covid waves.

There has been a sudden onset of acute febrile illness with positive RT-PCR for SARS-CoV2 among infants, aged 6-11 months," Dr. Vipin M. Vashishtha, member of WHO's Vaccine Safety Net, told. "Most childfren presented with moderate

ber of WHO's Vaccine Safety Net, told.

"Most children presented with moderate feever, cold and mild cough with features of bronchitis. The one differentiating feature is conjunctivitis, not seen in previous waves, especially here," he added. Vashishtha, who is also a consultant paedi-atrician at the Mangla Hospital and Research Centre in Bijnor, UP, said that the Covid infection in children, which has sur-



faced once again after a gap of six months, is not "MIS-C, which has rash and other features". "The incidence of Covid amon features". "The incidence of Covid among children is rising. They are being brought with simple respiratory infections and then testing positive for Covid," Dr Krishan Chugh, Director and head of the department of paediatrics at Fortis Memorial Research Institute, Gurugram, told. Chugh added that children, mainly of "school going age, are increasingly being affected with Fever and throat pain since the last two weeks". He said that in most

cases they are acquiring the infection from infected family members

While the infection is rising, the doctors said that there has been no case of hospitalsaid that there has been no case of hospital-isation and that the children are respond-ing to treatment. They suggested using masks, maintaining social distance, and washing hands regularly. India on Monday logged 5,880 coronavirus cases, according to data released by the Union Health Ministry on Monday. The country also, saw 14, deaths, due to the virus also saw 14 deaths due to the virus. Besides, Covid, doctors report that

Respiratory syncytial virus (RSV) is also rising among kids. RSV is a highly conta-gious virus that causes respiratory infec-tions, especially in young children. "In changing weather, along with Covid-19 and the flu, we are witnessing a spike in cases of RSV, and not only young children but two infents are outling affect." children but even infants are getting affected by it," Dr. R. D. Srivastava, HoD and Senior Consultant in Pediatric Medicine Senior Consultant in Pediatric Medicine and Neonatology at Sri Balaji Action Medical Institute, Paschim Vihar, told. RSV is highly contagious and spreads through contact with droplets from the nose or throat of an infected person, or by touching surfaces contaminated with the virus. Symptoms include fever, cough, running or stuffy nose, breathing prob-lems, sore throat, earnches ems, sore throat, earache, and hea "Prevention is the key to dealing with this "Prevention is the key to dealing with this. Prevention includes frequent hand wash-ing, avoiding contact with people who have respiratory infections, covering your mouth and nose when coughing or sneez-ing, keeping infants and young children away from crowds and people with respi-ratory infections, and vaccination for those at high risk," Dr Roli Munshi, Consulant-Paediatrics at Dharamshila Narayana Superspeciality Hospital Delhi, told.

Add the health benefits of raw mangoes to your summer diet with these recines

Raw mango is one of the summer fruits that brings along a lot of sweet childhood memories. Many of us must have grown up waiting for the raw mangoes to drop from the tree. Eating it with red chilli powgoes to drop from the tree. Eating it with red chilli pow-der and sall or using it to make aam panna, raw mango is versatile that way. Its tangy flavour is one of the rea-sons why it's the star of many dishes. It is also packed with vitamins, minerals and antioxidants that help our body to stay healthy. Let's find out the health benefits of raw mangoes and some delicious raw mango recipes you can use this summer. Health Shots connected with Haripriya. N, executive nutritionist, Cloudnine Group of Hospitals, Chennai, to know all about this favourite summer fruit. Health benefits of raw mango

It is a great source of Vitamins A, B6, C and K, and is also full of minerals such as potassium. Thanks to these, raw mangoes offer many health benefits!

Here are some products that you can try:
Have raw mango this summer for better health. Image ourtesy: Adobe Stock

courtesy: Adobe Stock

I. Raw mango hydrates the body
Raw mango is rich in sodium chloride, potassium,
magnesium, phosphorous, vitamin C, calcium and iron
which help to replenish the electrolytes that get lost due
to excessive sweating in summer. It also gives instant
energy prevents fatigue and tiredness, says Haripriya.

2. Raw mango bootsi immune system Consuming raw
mannose will habe to neat un backlut deep cit stravies.

mangoes will help to meet up the daily dose of vitamins A and C.

Fitness watch: The many benefits of a cold shower

Aside from the physical benefits, cold showers could have mental health benefits too.

cold shower in the morn A cold shower in the morning is a pretty unpleasant way to start the day. Yet many have been tempted to take up the habit because being immersed in cold water has many purported health benefits, both physical and mental. mental.

Cold showers were first adminis tered for health reasons in the early 19th century when doctors designed them for use on asylum and prison inmates to "cool hot, inflamed brains, and to instil fear to tame impetuous wills' By the mid-

the mid-19th century, the Victorians realised that the shower victorians realised that the snower had other uses, namely washing people - and it would be better if the water was warm. So the shower went from being a device used to inflict unpleasantness for an hour and a half to one that was very pleasant and lasted about five minites.

And yet the practice of taking a cold shower for health benefits never truly went away, and, indeed, seems to be enjoying a resurgence. Especially among Silicon Valley



But what does the evidence show? A large study from the Netherlands found that people who took a cold shower were less likely than those who took a warm shower to take time off work due to sick-

A group of over 3,000 people was A group of over 3,000 people was split into four groups and asked to have a warm shower every day. But one group was asked to end it with 30 seconds of cold water, another

with 60 seconds of cold water. with 60 seconds of cold water, another with 90 seconds of cold water. The control group could merely enjoy a warm shower. The participants were asked to follow this protocol for a month. (Although, 64% continued with the cold-water regimen because they liked it so

After a three-month follow-up period, they found that the groups that had cold water had a 29% reduction of self-reported sick leave

from work. Interestingly, the dura-tion of the cold water did not affect the sickness absence.

The reason a blast of cold water

The reason a blast of cold water might stop people from getting ill is not clear, but some research suggests it may have something to do with boosting, the immune system. A study from the Czech Republic showed that when "athletic young men" were immersed in cold water three times a week for six weeks, it was a slight boost to that ir immune. gave a slight boost to their immune system. However, more and larger studies are needed to confirm these

studies are needed to confirm these indings.
Cold water also appears to activate the sympathetic nervous system, the part of the nervous system that governs the fight-or-flight response (an automatic physiological reaction to an event that is perceived as dangerous, stressful or frightening). When this is activated, such as during a cold shower, you get an increase in the hormone noradrenaline. This is what most likely causes the increase in heart rate and blood pressure observed when people are immersed in cold water, and is

Cold water immersion has also been shown to improve circulation. When exposed to cold water, there is decreased blood flow to the skin. When the cold water stops, the body has to warm itself up, so there is an increase in blood flow to the surface of the skin. Some scientists think that this could improve circulation. A study that looked at cold-water

this could improve circulation. As study that looked at cold-water immersion after exercise found that, after four weeks, blood flow to and from muscles had improved. There is also some evidence that a cold shower can help you lose weight. A study found that cold-water immersion at 14? increased metabolism by 350%. Metabolism is the process by which your body con-verts what you eat and drink into energy, so a higher metabolism oughly equals more energy burned. Aside from the physical benefits, cold showers could have mental health benefits too. There is a school of thought that cold water immer-sion causes increased mental alert-ness due to the stimulation of the

linked to the suggested health improvements. Cold water immersion has also been shown to improve circulation.

A cold shower may also help

tion.

A cold shower may also help relieve symptoms of depression. A proposed mechanism is that, due to the high density of cold receptors in the skin, a cold shower sends an overwhelming amount of electrical impulses from peripheral nerve endings to the brain, which may have an anti-depressive effect.

There is a fair amount of evidence that cold water immersion or having a cold shower is good for your health – even if the reasons why are still a little unclear. But before you start turning the cold tap on towards the end of your shower, you should know that there are some risks to a cold shower. Because a sudden gush of cold water shocks the body, it can be dangerous for people with heart attack or heart-rhythm irregularities. Lindsay Bottoms, Reader in Exercise and Health Physiology, University of Hertfordshire

Lt Governor releases Central University of Kashmir's Target 100 Days for launching of Academic and Reforms with Specific Focus on Infrastructure Development

Shri Manoj Sinha released the brochure of Central University of Kashmir -Target 100 Days for launching of Academic and Administrative Reforms

Academic and Administrative Reforms with Specific Focus on Infrastructure Development, today.

The Central University of Kashmir will adopt best practices from other leading institutions in the world and country keeping in view the emerging trends and present packs and unsent process. and present needs, and launch innova tive reforms within the framework as nvisaged under National Education olicy-2020. The action plan to be pre-ared by various engagement groups

UDHAMPUR, IUNE 02:

Vice Chairperson District

Vice Chairperson District Development Council Udhampur, Juhi Manhas Pathania today called for time bound and qualitative completion of public projects. She was addressing largely attended Janta Darbars at Pathwar and Babey inaugurates Comm-mity hall at Babey Block

unity hall at Babey Block

Khoon. She also inaugurated two

newly constructed Comm-

one at Babey. After the inauguration, the Vice Chairperson emphasized the importance of commu-

nity spaces in promoting social cohesion and com-

The Community Halls will be a valuable asset and

residents of the area can

organize social gatherings, festivals and meetings over there. She was optimistic that the Halls will be used for various activities that

munity development.

y Halls, one at



outlines the main goals for implementa-tion of academic and administrative lence of higher education at the

well for irrigation facility, PM-KISAN installments related problems faced by

people, and other public

importance issues were dis-

cussed in brief.

While interacting with
the general public, the Vice
Chairperson said that UT
dispensation is over anxious regarding public outreach programmes. She
added that the Sarkar is
committed towards good
governance and easy and
ready access to public serv-

ready access to public serv-

ices. She underlined the role

of Panches/ Sarpanches in ensuring a proactive and participative administra-tion, sought their coopera-tion in dealing with vital issues of public importance.

ed in brief.

University. Further, the primary emphasis will be on infrastructure creation through a well-designed master plar using green technologies with a provision for future expansion of academic and research activities. They also proposed three iconic buildings consisting of Skill Development Centre of Skill Development Centre, Knowledge Resources Centre and Student Activities Centre and opening access to these facilities for students of their institutions, besides students of Central University of Kashmir, Prof. A. Ravinder Nath, Vice Chancellor, Central University of Kashmir, Dr Mandeep Kumar Bhandari, Principal Secretary to L. Covernor, sortior, officials and stru-Lt Governor, senior officials and students were present.

DDC Rajouri calls for timely achievement of PMAY-G. Awas Plus targets

RAJOURI, JUNE 02: District Development Commissioner (DDC) Rajouri, Vikas Kundal, today reviewed the progress under the Pradhan Mantri Gramin Awas Yojana (PMAY-G) and Awas Plus in the district here at a meeting of the functionaries of Gramin Awas Yojana (PMAY-C) and Awas Plus in the district here at a meeting of the functionaries of the Rural Development Department. The objective of the meeting was to expedite the implementation of the twin flagship housing schemes and ensure timely realization of the set targets.

Assistant Commissioner Development, Vijay Kumar, informed that meeting that a significant progress has been made under the PMAY-G in the district with the completion of 24,287 houses against the target of 30,394 houses to be constructed in the district. "Under Awas Plus, 4,373 houses out of the

district."Under Awas Plus, 4,373 houses out of the 11,103 allotted houses have been completed," he added.

added. The DDC emphasized the need to further accelerate progress and achieve the set targets within the shortest possible time. He highlighted the importance of using quality construction materials to ensure durable and resilient houses for the beneficiaries. Additionally, the DDC directed the officers to recipitate intensive to provide the construction of the properties of the proficiency to the peneficiaries to preprioritize timely payments to the beneficiaries to pre-

The meeting was attended by Chief Planning The meeting was attended by Chief Planning Officer, Mohammad Khurshid; Assistant Commissioner Development, Vijay Kumar; District Information Officer, Narinder Kumar, and Block Development Officers.

The District Development Commissioner expressed confidence in the dedication and commitment of the officers to achieve the goals of PMAY-G and Awas Plus.

DDC Vice-chairperson seeks quality,

time bound completion of projects

will help to bring the com munity together and foster a sense of unity.

While addressing people

at public darbars at Panchayats Babey and Pathwar, she had a detailed

Pathwar, she had a detailed overview of public grievances of the people of the areas. The Darbars witnessed an overwhelming response wherein a large number of people apprised the Vice Chairperson with their grievances, demands and issues of public impor-

and issues of public impor-

tance. Detailed discussions

were held on various issue

like, blacktopping and maintenance of roads, removal of encroachments,

augmentation of Water Supply, tube well/ bore

administrative support to ensure implementation of

developmental projects in

their respective wards besides all the development issues raised during the meeting would addressed at the earliest.

addressed at the earliest.
While addressing the
meeting. She urged them to
come up with suggestions
to improve the development scenario in their
respective wards to maintain a good rapport
between the administration
and the public and urged

and the public and urged them to work with dedica-

tion to improve the living standards of the people liv-

standards of the people liv-ing in rural areas.

Along with the officials of various departments, the Prominent amongst those who were present included, Mohan Lal Sharma, Sarpanch Sikspur, Manoj

Verma, Sarpanch Bilaspur, Kamala Devi, Sarpanch Babey, Nimrata Bali, Naib

Sarpanch Khoon, Tirth Ram, Naib Sarpanch Babey,

be

DC Doda conducts surprise inspection of GHS Seri



JI NEWS SERVICE

BHADERWAH, JUNE 02 Deputy Commissioner Doda Vishesh Mahajan today conducted a surprise inspection of Government High School Seri and took appraisal of its

working.

Accompanied by ACD, Phulail Singh and ACP, Ashfaq Khanji, the DC interacted with the staff and the students. He urged the school staff to maintain punctuality and work with dedication to educate the future generation to compete with the world.

He checked the classrooms and gave directions for immediate repair of the school building under SAMAGRA. Checking the attendance, he stressed on the punctuality follott the beachers and the students to achieve the desired of the students to achieve the desired

of both the teachers and the students to achieve the desired results. He informed the students about the mega event being organised at Jai Valley on International Yoga Day falling on 21st of June and urged them to participate in the event.

Doda: Jal Shakti Kendra shifted to DC office complex to ease public access

JI NEWS SERVICE

DODA, JUNE 02: Jal Shakti Kendra (ISK) Doda under Jal

DODA, JUNE 02: Jal Shakti Kendra (JSK) Doda under Jal Shakti Abhiyan has been shifted to the DC office complex here for the convenience of the general public. Earlier, the Kendra was functioning at District Employment and Counselling Centre (DE&CC) building situated far away from the main town.

The shifting of the JSK was ordered by Deputy Commissions we the neonly have for the breakbirs in your

Commissioner as the people were facing hardships to avail the services due to long distance.

Pertinent to mention here that the main objectives of Jal Fertiment to mention nere that the main objectives of jal Shakhti Kendra is to serve public in getting information/ various services with regard to water connections, operates a public helpline number for people to clear their doubts on any water related issues, protect water resources, improve rainwater harvesting, Geotag water bodies and create awareness among people in the district on water conservation and rain water harvesting.

Sapphire Exploration team reaches Kishtwar

DISCUSSES ACTION PLAN WITH DISTRICT ADMINISTRATION

JI NEWS SERVICE

KISHTWAR, JUNE 02: An expert team deployed for Sapphire Exploration in Paddar area of Kishtwar District today discussed the action plan with the district administration here at a meeting chaired by Deputy Commissioner Dr Devansh

Yadav.

The meeting was attended by Director,
Geology and Mining, J&K, O P Bhagat;
Joint Director, Geology and Mining,
Jammu, Harbans Lal; District Mineal
Officer, Dr Brijesh Manhas; Sub



Divisional Magistrate Paddar, Dr Rishi Kumar; Senior Geologist from the Geological Survey of India, Jammu, Neeraj Kumar, besides the MECL was represented by General Manager (Geology) P R Nair and Director

Technical Pankaj Pandey. The team informed the meeting abou

the action plan formulated for Sapphire investigation in the designated area

The team shared insights regarding the duration of their stay, which is

expected to span 90 days, subject to weather conditions. In light of the requirements for successful exploration, the investigation team requested facilita-tion and support from the District Administration.

Administration.

Acknowledging the importance of the exploration project, the Deputy Commissioner assured the team of all possible administrative support and issued necessary directives to the concerned departments.

The meeting concluded with a shared commitment to advancing the Sapphire exploration efforts in Kishtwar, with the aim of harnessing the region's potential and contributing to its economic growth.

ADDC Kishtwar chairs weekly meeting to review progress of **Jal Jeevan Mission**

JI NEWS SERVICE

KISHTWAR, JUNE 02: Additional District Development KISHTWAK, JUNE 02: Additional District Development Commissioner Kishtwar, Sham Lal today convened the weekly meeting with officers/officials of Jal Shakti Department to review the implementation of different works taken up under Jal Jeevan Mission. He also reviewed the progress of ongoing works taken up to pro-vide safe drinking water to all villages of district Kishtwar under Jal Jeevan Mission.

The meeting was attended by Executive Engineer Jal Shakti, Sunil Kumar Sharma, IEC District Coordinator Riaz Ahmed Butt, all the Assistant Executive Engineers, repre sentatives of DFO Marwah and Kishtwar, Team Leader GVT for ISA activities and the Junior Engineers of Jal

Shakit department.

The ADDC directed the department to strengthen the groundwork for the start of the pending schemes, including seeking their forest clearance.

The Executive Enginer 218 Shakit department Kishtwar Sunil Kumar Sharma apprised the meeting about the progress on ongoing works under the Jal Jeevan Mission.

The ADDC directed to allot the tendered water supply schemes at an earliest and asked to fill the gap between allotted works and started works. The chair was further informed this for 192 tendered out schemes. 105 have been informed that of 129 tendered out schemes, 105 have been allotted and work has started on 63.

Shakti Nagar Goushalla gets Cattle **Dung Log Making Machine**

SAMBA, JUNE 02: Jammu and Kashmir Pollution Control Committee, Samba (South) has secured a Cattle Dung Log Making Machine for Goushalla at Shakit Nagar under Mission Life Campaign 23. M/s UPL LTD, Phase-J, IGC Samba has donated the Cattle Dung Log Making Machine to JKPCC, Samba (South) under Corporate Social Responsibility (CSR). The Machine was handed over to Chander Mohan Gupta, Former Mayor Jammu Municipal Corporation, in presence of Deepak Abrol, Divisional Officer, JKPCC, Samba (South). Committee, Samba (South) has secured a Cattle Dung Log

Srinagar Admin organises Awareness Programmes/Rallies in various Schools under Nasha Mukt Bharat & Mission Life Activities

COMMITTED TO CREATE A DRUG-FREE ENVIRONMENT IN THE DISTRICT AND SAVE THE YOUNGER **GENERATION FROM THE ILL EFFECTS OF THE DRUGS: DC SRINAGAR**

SRINAGAR JUNE 02: On the directions of the Deputy Commissioner Srinagar Mohammad Aijaz Asad, the District Administration. District Administration, Srinagar in collaboration with the Chief Education Office Srinagar organized series of awareness programmes/rallies in various Educational Institutions of Srinagar District under Nasha Mukt Bharat in order to create awareness. order to create awareness among people about the harmcts of drug menace and

The participants through skits, nukkad nataks and other cultural programmes to educate



the young generation about the nd deadly effects of the drugs. The participants displayed placards and raised slogans about the harmful effects of the drugs. They also raised awareness about ill effects of tobacco products and mobilized public opinion to set up tobacco free zones at public places in

different parts of the Srinagar

schools of the District also gen-erated awareness about Environmental protection and cleanliness under Mission Life initiative

initiative.

The Locals also appreciated the people-friendly initiatives and efforts of the District Administration Srinagar or raising awareness among Youth about the Drug Menace.

Speaking about the programme, the Deputy Commissioner Srinagar, Mohammad Aliaz Asada Ali

Mohammad Aijaz Asad said that the programmes were held with an aim to create a drugfree environment in the District and save the younger genera-tion from the ill effects of the drugs. He reiterated that the District Administration Srinagar is committed to create a drug-free environment in the District and will continue to take all necessary steps to

take all necessary steps to achieve this goal.

Pertinent to mention that the District Administration, Srinagar in collaboration with the Chief Education Office Srinagar has formulated a weeklong calendar during which awareness rallies will be conducted in as many as 106 Educational Institutions of Eight Education Zones across. Eight Education Zones across the District.

J&K Raj Bhawan Celebrates Telangana Statehood Day

SRINAGAR, JUNE 02: Jammu Kashmir Raj Bhawan today cele-brated Telangana Statehood Day. Students, eminent person-

Day. Students, eminent person-alities originally from Telangana were special invitees to the cultural programme presided over by the Lieutenant Governor, Shri Manoj Sinha. The cultural programme com-prising songs and dance of Telangana was presented by students of NIT Srinagar and artistes from J&K Cultural Academy.

Academy.

The Lt Governor conveyed his best wishes to the people of Telangana on the Statehood



"I pay my homage to the great revolutionaries, freedom

fighters, litterateurs and social reformers who continue to inspire our great nation," said the Lt Governor.

"I pray for good health and well-being of the people of this blessed land, which has a glorious tradition of rich culture, music, literature, handicraft and a progressive spirit

music, literature, handicraft and a progressive spirit.
Some of the inspiring chapters in India's freedom struggle were written in Telangana," the Lt Governor said.
Telangana's farmers, soldiers, scientists, entrepreneurs, poets, scientists, entrepreneurs, poets, artists have made invaluable contribution in nation building. From the literary creations of

From the literary creations of Malliya Rechana in the 11th century to the poetic imaginations

and Dasaradhi Krishnama-charyulu in the modern era, the Indian literature has been great-ly enriched by them. Today, I pay my tributes to towering men, women of ideas and ideals from Telangana, who illumined the nation with their wisdom and intellectual heillings. In and intellectual brilliance, he

"The nation will forever be "The nation will forever be indebted to the bravery, courage and supreme sacrifice of the great personalities and freedom fighters like Ramji Gond, the head of the Gond tribal; Komaram Bheem of brave tribal community and the great free-dom fighter Alluri Sitarama Raju," the Lt Governor said.

DC reviews progress of formation, promotion of FPOs in Udhampur



JI NEWS SERVICE

UDHAMPUR, JUNE 02: To review the progress of forma tion and promotion of "Farmers Producer Organizations (FPOs) under central sector, Deputy Commissioner, Udhampur Sachin Kumar Vaishya today convened a meet-

Udhampur Sachin Kumar Vaishya today convened a meeting of officers and other stakeholders here in the Mini
Conference Hall DC Office Complex.
Additional District Development Commissioner, Ghan
Sham Singh and the district heads of various line departments attended the meeting.
Detailed discussion was held on the status of functioning
of FPOs in the district to scale-up production, branding,
and marketing under the centrally sponsored scheme of
NABARD sector.

The DC said the Farmers Producer Organizations (FPOs) The DC said the Farmers Producer Organizations (FPOs) are intended to provide a platform to small farmers to enable them to collectively meet their challenges such as access to agricultural inputs and reliable market linkages. The concerned department was directed to share the business plan of the FPOs running in the district. "Convene meetings with the stakeholders on quarterly basis to streamline and improve the functioning of the district" he asked the department. The DC further directed the concerned department to share stage wise deliverables so far. ADDC was asked to personally monitor the working of all the FPOs in the district.

DDC Rajouri reviews implementation of PM-Kisan scheme; Seed Stock position for Kharif season



JI NEWS SERVICE

RAJOURI, JUNE 02: Commissioner Development Commissioner Rajouri, Vikas Kundal, on Friday Rajouri, Vikas Kundal, on Friday chaired a meeting to review the implementation of the Pradhan Mantri Kisan Samman Nidhi Yojana (PM-Kisan) Scheme in the district. The meeting also discussed the seed stock position for Kharif Season. Reviewing the status of the PM Kisan scheme, the Chief Agriculture Officer, Sohan Singh informed that a number of Gampers are receiving

number of farmers are receiving financial financial assistance under the scheme in the district. The scheme scheme in the district. The scheme aims to provide income support to small and marginal farmers and has been successful in providing much-needed relief to farmers. It was also informed that out of 66830 registered PM-Kisan benefici-aries, the land record of 37252 bene-ficiaries with ownership right, has

ficiaries with ownership rights has been uploaded on the PM-Kisan por-

tal, which is a mandatory require-ment to avail the PM-Kisan benefit. The e-KYC of 1925 beneficiaries and NPCI of 1535 beneficiaries are pending and inheritance of mutation cases of 4448 farmers is pending with cases of 4448 farmers is pending with Revenue. Speaking at the meeting, the DDC said that the government is taking proactive steps to support small and marginal farmers and the PM-Kisan scheme is a significant move in this direction. The PM-Kisan scheme has been widely acknowledged for its role in providing financial assistance to small and marginal farmers. The DDC instructed the Chief Agriculture Officer and Lead District Manager to clear the e-KYC and NPCI pendency before the and NPCI pendency before the release of the 14th Installment of PM-Kisan, He further directed Assistant Commissioner Revenue to clear all the pendency under "Inheritance of Mutations" so that more farmers can

Later, the DDC also reviewed the Later, the DJX also reviewed the status of seed stock position for Kharif Season. The Chief Agriculture Officer informed that about \$400 quintals of Maize Seed, 303 quintals of Paddy seed, 955 quintals of Fodder Seed, 36 quintals of Pulses seed, and \$41 quintals of Millets seed have been stocked in the district for Kharif 2073 assets.

have been stocked in the district tor Kharif 2023 season.

The seed is being distributed on subsidized rates through 170 seed stores spread across the district. To promote cultivation of Millets in the district, about 1946 demonstrations covering an area of 600 hectares are covering an area of 600 hectares are being laid during the current Kharif season. The seed for these demon-strations are being provided free of cost to the farmers. The DDC empha-sized the importance of timely distri-bution of seeds to farmers and direct-ed the officials to ensure that all the necessary arrangements are made to provide assistance to farmers in the district.

Justice Vinod Chatteriee Koul visits District Court Complex Anantnag

Conducts inspection of Court Complex; listens to Judicial Officers, Bar Members of Anantnag



JI NEWS SERVICE

ANANTNAG, JUNE 02: Justice Vinod Chatterjee Koul, Judge High court of J&K and Ladakh and Administrative Judge for District Anantnag today conducted an inspection of District Court Complex

During the visit, the Administrative Judge, District Court Anantnag was received by the Principal District and Sessions Judge Anantnag in presence of

District and Sessions Judge Anantnag in presence of other judicial officers.

At the outset, Justice Vinod held a meeting with judicial officers in presence of Deput Commissioner Anantnag, Syed Fakhruddin Hamid and SSP Anantnag Ashish Mishra. He was apprised about the lack of infrastructure and space, and security issues regarding functioning of NIA Court.

Administrative Judge after giving patient hearing to the judicial Officers issued necessary directions to the Deputy Commissioner Anantnag.

Director Rural Sanitation visits Kulgam; takes stock of Implementation of SBM-G



JI NEWS SERVICE

KULGAM, JUNE 02: In order to take stock of the imple

KULGAM, JUNE 02: In order to take stock of the implementation status of SBM-G in the district, the Director Rural Sanitation Jammu & Kashmir, Charandeep Singh today visited several panchayats of Kulgam district. The Director Rural Sanitation began his tour from Chekpora panchayat where he inspected plastic waste management unit coming up at an estimated cost of 16 lac. Later, he also took first hand appraisal of solid waste management in individual households and also visited solid waste management in various Panchayats in the district. He took stock of progress made in construction of a plastic waste management unit at Panchayat Mirhama coming up at an estimated cost of 13.80 lacs.

The Director also visited Kilam Panchayat to ascertain the progress of construction of segregation sheds in the

the progress of construction of segregation sheds in the panchayat.

The Director also interacted with PRI members

The Director also interacted with PRI members, youth and inhabitants of Kilam and other areas and people were apprised about various aspects of SBM(G). He also expressed satisfaction about the progress of department with regard to implementation of SBM-G and impressed upon all field functionaries to complete SBM targets within given time frame so as to achieve the status of ODF-Plus model within set timelines.

During the visit the Director was accompanied by ACD.

During the visit, the Director was accompanied by ACD, Mohammad Imran; ACP Shurjeel Ali, BDOs and other offi-

DC Doda interacts with PRIs in Bhaderwah

URGES FOR SYNCHRONISED EFFORTS FOR IMPLEMENTATION OF DEVELOPMENTAL SCHEMES

BHADERWAH IIINE BHADERWATI, JUNE V...
Deputy Commissioner Doda
Vishesh Mahajan today interacted with the BDCs, DDCs and
Sarpanches of the Bhaderwah
Sub district and urged them to immediately start the approved works under MGNREGA for their early completion. Accompanied by

Mir, ACD, Phulail Singh and ACP, Ashfaq Khanji, the DC stressed on synchronised and coordinated efforts of PRIs and coordinated efforts of PRIs and Administration for the smooth implementation of rural Development schemes, Swatchta and Nasha Mukht Bharat campaigns besides, indi-vidual and community welfare schemes

their early completion.

Accompanied by ADC
Bhaderwah, Chowdhary Dil
Bhaderwah, Chowdhary Dil
Schemes.

BDC Chairman Bhaderwah
Omi Chand, DDC Councillor

Thakur Yudhvir Sigh, and sarpanches interacted and presented their local and common sented their local and common demands/ issues for early redressal. Some of the major demands presented during the interaction included toilet facilities in the Jai Valley and other tourist spots, telecom network in Jai and other tourist places, installation of tents at Jai and other tourist places, provision of other tourist places, provision of dustbins in the villages, staff for

health and educational institu tions, road connectivity to Kurshari, Gutassu and other Kurshari, Gutassu and other unconnected villages, replacement of wooden poles in Nalthi village, filling vacancy of GRS in Gutassa Panchayat, up-gradation of schools, blacktopping of roads etc. The DC gave a patient hearing and assured timely response/ redressal of all the genuine demands by the concerned denartments.

cerned departments.

onwards", Malhotra said.

Pertinently the U-16 national Team shall be participating in

The Deputy Commissioner

The Deputy Commissioner urged PRIs to play their role in maintaining peace and communal harmony in the district.

He also informed them about the upcoming Lavender Festival going to be held on 4th of June in the Bhaderwah and mega yoga event at Jai valley on 21st of June on the International Yoga day, and asked them to contribute in making these events a grand success.

Zonal Selection Camp for U-16 footballers commences in J&K

JI NEWS SERVICE

SRINAGAR, IUNE 02: While J&K Sports Council has embarked on a mission to make the union territory of J&K the sports hub of the country; simultaneously it is also making efforts to make society prudent by way of combating the social evils with

In one such instance the sports activities held under the nner of My Youth My Pride banner of My Youth My Pride in the disciplines of Tug of War and Athletics were con-ducted at Government Boys Higher Secondary Bishna today during which competi-tions for Discus throw, Shot put, 100- and 200-Meters sprint for boys and girls were creanized. organized.

The head of the institution Rekha Rani presided over the function as the chief guest while her deputy was the

guest of honour. While addressing the participants, Rekha Rani said that it ipants, Rekha Rani said that it is imperative on part of our young generation to propagate the benefits of sports among their friends and family enticing more and more youth towards sports to save them from the clutches of social evils such as drug menace.

Students from the school of the school

were fielded into various teams and in the final match of the Tug of War competition played between class 11th and 10th of the host school, former emerged as winner with score

emerged as winner with score reading 21 in favour of the winning team.

The female staff of the school divided into senior and junior teams also participated in the Tug of War competition.

The senior team sailed to the

winning post getting better of their juniors with a score of 2:1. Meanwhile in the sprint

100 meters event Nitin Kumar, Aryan and Nikhil bagged first three positions respectively and in 200 meters sprint Abi, Javaid and Gori Kumar and in 200 meters sprint Abi, Javaid and Gori Kumar bagged first three places. In the competition of Discus throw Sanjay Kumar, Shiv Kumar, and Arun Kumar clinched first three positions getting better off their school fellows Meanwhile, Arun Malbotra. the former Malhotra, the former International Footballer and member of AIFF technical committee speaking to the desk said that the Zonal camp desk said that the Zonal camp for selection to U-16 Boys national team will be held at both Srinagar and Jammu. While in Srinagar, the trails will be held at Synthetic Turf Football Stadium, TRC and in Jammu, the Mini Stadium Parade Synthetic Ground has been finalized as the venue. "The trails will be held on 3rd and 4th June from 10. AM

the SAFF Championship being held in Bhutan later this year. held in Bhutan later this year.
Meanwhile Secretary Sports
Council Nuzhat Gull has
directed the Sports Officers of
both divisions to provide all
the logistic support for the
selection and put an effective
monitoring system in place to monitoring system in place to ensure that trails are held in fair and transparent manner. Assuring that the selection

of four talented footballers for of four talented footballers for the national team will be carried purely on merit basis and the list of selected players will be forwarded to Sarthak Mishra, Manager- State Development, AIFF immediately upon the completion of trails, Arun Malhotra said that team of selectors will leave no stone unturned to field the best players from J&K.

The services of former interand 4th June from 10 AM The services of former inter-

national star and Pro License Coach Ahmad Ishfaq has been pressed into the service for overseeing the selection proce-dure in Kashmir division, he shall be assisted by Javed Sofi

shall be assisted by Javed Sofi, qualified football coach of Sports Council.

The Jammu division selection panel comprises of Arun Jasrotia, the C-License Coach and in this pursuit Sports Council senior football coach Satpal Singh shall assist him.

The Football (ever has also

The Football fever has also The Football fever has also reached Kishtwar district which is hosting the prestitions CVPIP. Football Cup for U-17 footballers. While wishing all the participating teams the best of the tourney, Secretary Sports Council Nuzhat Gull said that she is rooting for all of them. Meanwhile teams of Kashmir XI, Jammu XI and Lone Star are also participating in the are also participating in the tournament

ADDC Bandipora conducts Physical Verification of Languishing Projects

JI NEWS SERVICE

BANDIPORA, JUNE 02: The Additional District

BANDIPORA, JUNE 02: The Additional District Development Commissioner (ADDC) Bandipora, Ali Alsar Khan Friday conducted a comprehensive physical verification of recently completed languishing projects in Sumbal Sub Division of district Bandipora.

The physical verification covered several important projects, including the upgradation of Sumbal Wanguipora, Sumbal Nesbal, Sumbal Arampora Road, Dumpora Road and their alided links. The well at Odina and the Water Supply Scheme (WSS) at Pahalipora Chandegeer in the Sumbal Sub-division were also part of the verification Sumbal sub-division were also part of the verification process. During the verification process, the concerned departments were instructed to submit all relevant docudepartments were instructed to submit all relevant docu-ments promptly to facilitate the preparation of the physical verification report for higher-level submissions. The report will serve as an essential document in assessing the com-pletion and effectiveness of these projects. The ADDC emphasized the importance of transparent and accountable project implementation. He said the phys-ical verification process aims to ensure that the completed projects meet the required standards and specifications, and that public funds have been utilized efficiently. Ali Afsar Khan further said that completion of these lan-guishing projects will contribute significantly to the devel-opment and welfare of the communities in Sumbal Sub-

opment and welfare of the communities in Sumbal Sub-

Wrestlers' protest: 1983 World Cup winners 'distressed and disturbed' at developments

NEW DELHI: Members of India's 1983 World Cup-winning cricket team are "distressed and disturbed" at leading Indian wrestlers being "manhandled" by security personnel in the national capital of Delhi earlier this week.

In a statement, the squad members also said they are "most concerned" that that athletes might be "dumping" their medals in the River Ganga as part of their ongoing protest against the non-action against Wrestling Federation of India chief Brij Bhushan Sharan Singh, against whom the wrestlers have levelled accusations of sexual abuse and exploitation.

"We are distressed and disturbed at the unseemly visuals of our champion wrestlers being manhandled," as tatement released to agencies on Friday by members of the squad said. "We are also most concerned that they are thinking of durning their hard earned metals."

cerned that they are thinking of dumping their hard earned medals into river Ganga.

"Those medals have involved years of effort, sacrifice, determina-tion, and grit and are not only their own but the nation's pride and joy.

own but the nation's pride and joy.

We urge them not to take any
hasty decision in this matter and
also fervently hope that their grievances are heard and resolved
quickly. Let the law of the land prevail."

Kapil Dev, the captain of that side, told media that "the whole of 1983 team stands by the statement we have issued".



Apart from Kapil, the 13 surviv-ing members of that squad includes Sunil Gavaskar, one of the icons of the game, as well as Ravi Shastri, Mohinder Amarnath, Krishnam

Mohinder Amarnath, Krishnamachari Srikkanth and Roger Binny, the current BCCI president who was also the highest president who was also use in-wicket-taker in the tournament.

The update came two days after Anil Kumble, Robin Uthappa and a few other former cricketers expressed their anguish at the situ-

on Sunday, images of Vinesh Phogat, among other wrestlers, being dragged away from the site of their protest in central Delhi had emerged. Delhi Police acted against the wrestlers - whose protest has been led, since January, by Phogat, Sakshi Malik and Bajrang Punia, the last two of whom are Olympic Games medallists - when they breached the security barriers and started to march towards the new parliament building, which was

being inaugurated by Narendra Modi, India's prime minister, at the time. The protesters were pushed into buses and taken away, and police personnel cleared the protest site - not far from the parliament

building not long after.

Apart from Kumble and
Uthappa, there was a message from Unappa, there was a message row in fran Pathan, who tweeted "I'm so sad to see the visuals of our Athletes" on Sunday night itself, and from Manoj Tiwary, now a Member of the Legislative Assembly in West Bengal, who offered his support to the wrestlers. The tweets from Kumble, Irfan and

The tweets from Kumble, Irfan and Tiwary came around the time of the IPL 2023 final, which Chennai Super Kings won off the last ball against Gujarat Titans.

The morning after the final was completed – after rain in Ahmedabad caused long delays over two days – Malik had even tweeted out a jibe of sorts directed at the Indian cricket community.

Not long after that, Malik, Phogat and Punia made public statements saying that they would be immersing their medals, carned at competitions around the world including the Olympic Games and the World Championships, into the River Ganga, which they have since opted against. The wrestlers' protest started in January. They have alleged that Singh sexually abused and exploited women wrestlers- including a minor - over the past decade. That was after Delhi Police agreed to investigate the charges against Singh a week after the complaint was first filed and only after the wrestlers' larger mission. But the wrestlers' larger mission has been to remove Singh from his position, and to draw attention to the charges against him.

Just around a month ago, Kapil Dev, Virender Schwag, Harbhajan Singh and Shikha Pandey were among the cricketers to speak up about the protests being carried out by India's by wrestlers demanding

among the cricketers to speak up about the protests being carried out by India's toy wrestlers demanding Singh's dismissal.

"Will they ever get justice," Kapil had asked at the time in an Instagram post with a photograph of Phogat, Punia and Malik, who have been the faces of the protest. They were part of a group of 30-odd wrestlers at Jantar Mantar in January, too, when they made public the allegations against Singh, a member of parliament from the ruling Bharatiya Janata Party.

Shweta Sehrawat to lead India A at Emerging Women's Asia Cup

THE CORE OF INDIA'S U-19 SQUAD THAT WON THE WORLD CUP THIS YEAR WILL FEATURE IN THE TOURNAMENT IN HONG KONG



2023 U-19 Women's World

under-19 team that won the 2023 U-19 Women's World Cup in the India A squad for the Emerging Women's Asia Cup in Hong Kong from June 12-21.

Shweta Schrawat, who played a starring role in India's title triumph in South Africa, was named captain of the A team, which includes her U-19 team-mates Soumya Tiwari, G Trisha, Titas Sadhu, Parshavi Chopra and Mannat Kashyap.

The BCCI have also ensured continuity by appointing former allrounder Nooshin Al Khadeer as head coach. Khadeer had headed the backroom staff during the Under-19 World Cup cam-

MUMBAI: India have paign in January, and was picked the core of their under-19 team that won the Giants at the inaugural Women's Premier League in March. Sehrawat topped the run charts at the World in March. Schrawat topped the run charts at the World Cup, making 297 runs in seven innings, while 17-year-old Chopra, who was among the youngest players in the WPL, finished as the second highest wickettaker with 11 wickets in six innings at an average of 7.00. The selectors also rewarded Sheryanka Patil and Kanika Ahuja, both 20 years old, for their performances in the WPL. The duo was among the bright spots for Royal Challengers Bangalore, who finished fourth in the five-team league. Patil impressed with her power in the lower order and her offspin in the death overs, while Ahuja displayed her inventive strokeplay and big-hitting

ability.
Sadhu, rated highly by
Goswami, will Jhulan Goswami, will spearhead the pace attack along with Kashyap and Chandigarh's Kashvee Gautam, who took 10 wickets in an innings, with a hat-trick, against Arunachal Pradesh in the Women's Under-19 One Day Trophy Pradesh in the Women's Under-19 One Day Trophy in 2020. India A are in Group A in the Emerging Women's Asia Cup and will open their campaign against hosts Hong Kong on Thailand A and Pakistan A on June 13 before taking on Thailand A and Pakistan A, Sri Lanka A, Malaysia and UAE make up Group B. The top two teams from each pool will qualify for the semi-finals. India A squad: Shweta Schrawat (capt), Soumya Tiwari (vc), Trisha Gongadi, Muskan Malik, Shreyanka Patil, Kanika Ahuja, Uma Chetry (wk), Mamatha Madiwala (wk), Titas Sadhu, Yashasri S, Kashvee Gautam, Parshavi Chopra, Mannat Kashyap, B Anusha.

Ollie Pope takes over from Ben Duckett as England pile on the pain for Ireland

Stokes declared with a firstinnings lead of 352 to give his bowlers another run at Ireland early in the final session on the second day of

their Test at Lord's.

Pope had returned from the tea interval on 197 not Pope had returned from the tan interval on 197 not out and, having moved to 199, it was in true Bazball style that passed 200, skipping down the pitch to disapatch Andy McBrine down the ground for six. It was the fastest Test double-hundred scored in England, coming off 207 deliveries. Pope fell next ball, however, again shimmying out of his crease as McBrine tossed the hall up outside off stump and Lorcan Tucker whipped off the balls, prompting the declaration. Having reached his half-century just before tea, Joe Root fell just three balls into Root fell just three balls into the evening session, bowled by McBrine as he came down the pitch to one that turned and slid between bat and pad and into the

Pope saw Ben Duckett's 182 and raised it. Duckett had scored 101 in the morning session and resumed after lunch on 161, with

Pope poised at 97 not out. It took the replacement of a misshapen ball for Ireland to challenge Engalnd's bat-

LONDON: It was a double-century and out for Ollie Pope - and England - as Ben

ters - and remove Duckett, who fell trying to cut Graham Hume's delivery who fell trying to cut Graham Hume's delivery on a length and angling in to find a thick outside edge

to find a thick outside edge and ricochet ont off stump. By that stage Pope had comfortably navigated the six balls he faced across two overs after the interval to bring up his ton by advancing and whipping McBrine gast mid-on for a single. Duckett helped himself in McBrine's next over, including a slog-weep for six, but then he was gone to the replacement ball which also kept Pope and Joe Root on their toes early on as the Ireland bowlers found more movement.

movement.

But the England duo settled into a 50-run stand off 49 balls with Root, who faced 15 balls for his first five runs, contributing 16 off 23. From there they found their stride with Pope and Root each peeling a six off McBrine, Pope down the ground and Root wide over mid-on.

The first of back-to-back fours off Curtis Campher took Pope past the 150-mark in 166 balls, equalling the record for the fastest 150 in Tests at Lord's held by Sir Donald Bradman and which Duckett had smashed by reaching the milestone at a-run-a-ball in Pope also equalled Duckett's earlier feat of adding 100 runs in a session shortly before tea, but there shortly before tea, but there was still time for Root to bring up his half-century and take England past the 500-mark with a pulled four off Campher. Next ball, a leg-side single left Root with 11,000 Test runs to his

ieg-stade single left Koot with TL/000 Test runs to his name at the interval. Nearly seven years after making his Test debut and having spent six of those years on the outer, Duckett has cemented his place at the top of England's batting order and now a place on the Lord's honours board with a centruty against Ireland, his second ton in six months and first on home soil following his 107 against Pakina and first on home soil following his 107 against Pakina and first on home soil following his 107 against Pakina and first on home soil following his 107 against Pakina and first on home soil following his 107 against Pakina and first on home soil following his 107 against Pakina and first on home soil following his 107 against Pakina and first on home soil following his 107 against Pakina and first on home soil following his 107 against Pakina and first on home soil following his 107 against Pakina and First his

29 overs in the day's first session but with an air of serenity, only occasionally looking like they were trying to make things happen and otherwise cashing in on some loose Ireland bowling England resumed on 152 for 1, just 20 runs in arrears with Duckett on 60 and Pope on 29. Duckett cut the first ball of the day, from Graham Hume, for four to set the tone and reached his ton off 106 balls including

Shastri: Bharat vs Kishan could hinge on bowling combination

The former head coach also suggested that R Ashwin and Umesh Yadav are contesting one spot in India's XI

Gumbie, Marumani, Kaia in Zimbabwe squad for World Cup qualifiers



WEST INDIES: Zimbab-we have made just three changes to their squad for the upcoming ODI World Cup qualifiers from the 15 that competed at the T20 World Cup last year. Top-order batter Joylord Gumbie is in line for an international debut, while Tadiwanashe Marumani and Innocent Kaia are also in the playing group. Regis Chakabva, Milton Shumba and Tony Munyonga miss out from the last time Zimbabwe were part of a global tournament.

The three new squad members have all been rewarded for recent form. Gumbie has enjoyed a successful last three months, with a century against a touring Glamorgan side and hundreds in both the first-class and List A formats against Pakistan Shaheens, where Kaia was also among the runs. And Marumani topped the batting charts in runs. And Marumani topped the batting charts in Zimbabwe's Pro50 Championship last summer. The squad will be captained by Craig Ervine and includes familiar faces such as Sean Williams, Blessing Muzarabani, Luke Jognwe and Sikandar Raza. Raza has just returned from a stint with the Punjab Kings at the JPL, and has been signed by Seattle Orcas in the upcoming Major League Cricket [MLC] lournament. By the time that competition begins on July 13, Zimbabwe will know whether they have qualified for this years ODI World Cup in India, after missing out on the 2019 edition.

Then Zimbahwe failed to make it out of a home qualify

Then, Zimbabwe failed to make it out of a home qualify-ing tournament after losing to UAE in a rain-reduced encounter in Harare in March 2018.

This edition of the qualifiers is taking place in June-July, in the southern hemisphere winter, which is typically dry in Zimbabwe and should reduce the risk of weather-inter-rupted fixtures. It will also, unlike the 2018 edition, include the use of the DKS system from the Super Six stage onwards. The group stage will have a third umpire referral for run-outs at its disposal.

UNION TERRITORY OF JAMMU & KASHMIR

OFFICE OF THE EXECUTIVE ENGINEER JAL SHAKTI **MECH. DIVISION NORTH JAMMU**

e-mail: xennorth@gmail.com

NOTICE INVITING TENDER e-NIT No. 82 of 2023-24

, Municipal Corporation, Jammu, Executive Engineer, Jal Shi

S. No.	Name of work	Cost of document/ tender fee (in Rs.)	Earnest money	Validity of Rates	Bid validity
1.	Replacement of components of 1.00 lakh GPH x 250 mtrs. Head multistage HC pump (Standby) of HT Pump house Sitlee.	200/-	02% of the Quoted amount	180 days	180 days

- Date of Publishing : 01-06-2023 02.00 pm. Bid documents can be seen at and downloaded from the website http://jktenders.gov.in from 01-06-2023 (02.00 pm).
- The Bids shall be deposited in electronic format on the website http://jktenders.gov.in from 01-06-2023 (02.00 pm) to 09-06-2023 (02.00 pm).
- 3. The complete bidding process will be online http://jktenders.gov.in.
- The Financial bid of the bidders shall be opened online after scrutinizing the technical bid in the office of the Executive Engineer Jal Shakti Mech. Division North Jammu in presence of the bidders who wish to attend. If the office happens to be closed on the date of opening of the bidds as specified, the bids will be opened on the next working day at the same time and venue.
- Cost of bidding document in shape of e-challan/single window challan of JMC pledged to Executive Engineer, Jal Shakti Mech. Division North Jammu/tender fee receipt through online payment through the JMC link http://www.jmcjammu.org/online-payment.html
- The original instruments in respect of cost of document, EMD in the shape CDR/FDR and other relevant document of L, bidder will be required to be submitted to Executive Engineer Jal Shakiff Mech. Division North Jamma after opening of financial bids on line separate intimation about opening of financial bids. will be sent by this office / by the teo opening authority. In case the original documents are not submitted by the L; bidder openin financial bids, the tender will be cancelled and the bidder will not be allowed to participate in further / future tendering process in the division for a period of one year.
- The date and time of opening of financial bids will be notified on website http://jktenders.gov.ir and conveyed to the bidders automatically through an e-mail message on their e-mail address.
- The original documents when submitted by L₁ bidder for the cost of tender documents, specified in The original documents when submitted by L₁ bidder for the cost of tender documents, specified in the tender document should be same as uploaded on line (Scanned copies) otherwise allotment will not be issued, the tenders will be cancelled and the bidder will not be allowed to participate in any further / future tendering process in the division for a period of one year.
- 10. Bid security of successful tenderer will have to be in form of CDR/FDR of any scheduled bank and shall have to be valid for 180 days after last date of receipt of Bid.
- 11. Only such firms should submit tender, who have requisite infrastructure and workshop facility for carrying out similar type of job which may be inspected by the competent authority before awarding the job contract so as to access the working capacity of the tenderer. The workmanship and material used should be of high quality and as per the specifications of the job order / lender.

14. Special conditions as per Finance Department order No. OM A/24 (2017)-651 dated 07-06-2018.

- Furnishing of hard copies of bids immediately after submission of e-tenders is dispensed with. The same should be obtained only from the bidder who is declared as L-1 after opening of financial bids. The cost of tenders should be collected by introducing e-challan or simply uploading a copy of
- necessary challan / receipt.

 Similarly, instead of insisting on actual call deposit receipt, a copy of same duly pledged to the concerned department should be uploaded by the tenderers. However, before allotting the work or issuing the supply order, the original CDR/FDR should be obtained and kept on record.
- 15. Other details, instructions and terms and conditions can be seen / downloaded from the bidding

then it'll go the other way, it might go Ishan Kishan's way." Shastri has experi-enced a WTC final as coach, and he is aware of the effect conditions can have. Two years ago, his India side picked three fast bowlers and two spinners against New Zealand in

The WTC final, which begins on June 7, will be the first-ever Oval Test to be played in June. Regardless, Shastri indicated he was learning towards a two-spinner combination, given that the UK has experienced a mostly sunny summer so far. Outside of the wicket-keeper, Shastri was certain about his 12 for the final, with Ashwin and the fast bowler Umesh Yadav battling it out for one spot in India's five-man attack. "When you look at the "When you look at the WTC, if I remember from the last time India were in the final, what you learn from that game is very important," Shastri said.

starting in July. The WTC final, which

DIP/I-2563/23

EXECUTIVE ENGINEER
JAL SHAKTI MECH. DIVISION NORTH

MUMBAI: Who should keep wicket for India during the World Test Championship final against Australia? India have a call to make between two inexperienced candidates, with KS Bharat having played only four Tests and Ishan Kishan yet to debut in the format, and Ravi Shastri feels the choice could come down to conditions at The Oval. Speaking to Star Sports,

Oval.

Speaking to Star Sports,
Shastri said India should
pick their keeper depending
on the composition of their
bowling attack. They went
with Bharat ahead of
Kishan in their most recent
Test series at home against Test series, at home against Australia in February-March, and Shastri reckoned they might do the



same if conditions at The Oval warrant picking two

spinners.
"I have a feeling that India might just go with, depending on who's playing - if two spinners are playing, maybe KS Bharat, but if there are four seamers and one spinner having. and one spinner playing,

Southampton, where over-cast weather almost took starting in July. cast weather almost took spin out of the equation. While R Ashwin made an impact, picking up four wickets while conceding just 45 runs in 25 overs across two innings, Ravindra Jadeja ended up bowling just 152 overs in the match. New Zealand, who played five seamers, won the Test by eight wickets.

ets.
Spin usually comes into play at The Oval, but the catch for India is that the venue usually hosts Test matches during the warmer, drier second half of the English summer.
Of the 104 Tests The Oval has hosted since 1880, the vast majority have been played in August and

Union Joint Secretary inspects Amrit Sarovars, launches plantation

drive, interacts with PRIs

DODA, JUNE 02: Union Joint Secretary, Ministry of Development of North Eastern Region and Central Nodal Officer (NO) for Jal Shakti Abhiyan (JSA), Catch the Rain' (CTR), Angshuman Dey, today visited Amrit Sarovars constructed under McNREGA at Thilroo, Pranoo panchayat and Upper Bhalla. He was accompanied by Scientist D, CGWB, Gargee Sharma and members of Jal Shakti Abhiyan besides Superintendent Engineer, Jal Shakti Department, Anil Gupta, and other concerned engineers and officials. Livion Joint Secretary, also authords observed.

and officials. Union Joint Secretary also launched planta

tion drive by planting various saplings at Thilroo village of

Union Joint Secretary, Scientist D, CGWB and members

Union Joint Secretary, Scientist D, CGWB and members of Jal Shakti Abhiyan, on second day of their three day visit to the district, interacted with the PRI members and took stock of their issues and concerns. While interacting with the gathering, Joint Secretary asked the PRIs to plan GPDP, MGNREGA, and other developmental schemes for creation of infrastructure required for water conservation and rain water harvesting in the district. He asked them to understand the need and importance for water conservation and tis, indicious use

importance for water conservation and its judicious use, protection of water sources and rain water harvesting to

ensure safe and sufficient water availability for our future

The Jal Shakti Abhiyan is a flagship program of the Ine Jal Shakti Abhiyan is a flagship program of the Government of India focused on ensuring water security and conservation in the country. The program aims to raise awareness about the importance of water conservation, promote water harvesting, and improve infrastructure for water storage and distribution.

Panchayat Pranoo.

Govt commits to increase availability and accessibility of better veterinary health services to minimise economic losses due to animal diseases

SHRI PARSHOTTAM RUPALA CHAIRS THE PARLIAMENTARY CONSULTATIVE COMMITTEE MEETING IN SRINAGAR

SRINAGAR, JUNE 02: Union Minister of Fisheries, Dairying, Shri Parshottam Rupala chaired the Inter-Session Meeting of the Consultative Committee attached to his Ministry in Srinagar today. Dr. Sanjeev Kumar Balyan, the Minister of State for Animal Husbandry and Shri Parshottam Rupala Kumar Balyan, the Minister of State for Fisheries, Animal Husbandry and Dairying, Dr L.Murugan, the Minister of State for Fisheries, Animal Husbandry and Dairying, Members of Parliament and members of the Parliament



ttee were also The Committee

the integration of technology in tourism and the pivotal role of young entrepreneurs in driving the tourism

Jammu, Sunaina Sharma said that the Homestay Business Workshop aims at empowering entrepreneurs from different parts of Jammu to enhance their skills and knowledge in running successful homestay businesses. She elaborated that the workshop shall enrich the interested Homestay Proprietors in properly channelizing all marketine strategies and the

all marketing strategies and the required formal skills for functional

operation of Homestays and thereby

enriching the local stakeholders with

enriching the local stakeholders with better opportunities for livelihood and promotion of rural tourism in all tourist areas of Jammu Division espe-cially offbeat tourist destinations. The workshop, hosted at the JRTDC Conference Hall, will take place from June 2nd to June 4th, 2023. Other dignitaries present at the inau-guration ceremony included Sh. Manish Ahluwalia Director of LEAD, CA Sat Sharma Board Member &

CA Sat Sharma Board Member & Secretary LEAD, CA Rajeev Gupta Board Member & Secretary LEAD,

Board Member & Secretary LEAD, Dr. Anii Gupta Associate Professor Jammu University and professional team from MakeMyTrip who con-ducted various training sessions to equip the participants with the essen-tial tools for establishing and operat-ing homestay businesses effectively.

The Joint Director Tourism Jammu, Sunaina Sharma said that the

industry in Jammu & Kashmir.

through Mobile Units and Implem-enta-tion of Vaccination Programme in the country. While chairing the meeting, the Union Minister of Fisheries, Animal Husbandry and Dairying, Shri Parshottam Rupala said that India has vast resource of livestock and poultry, which play a vital role in improving the socio-economic conditions of rural mass-socio-economic conditions of rural masssocio-economic conditions of rural mass-es. Therefore, the Department has to make deliberate efforts to increase availability and accessibility of better veteri-nary health services to minimise economic losses due to animal diseases

Tourism Directorate organises 3 Day 'Homestay Business Workshop' at TRC Jammu



JI NEWS SERVICE

JAMMU, JUNE 02: A three day wareness Workshop on Homestay Capacity Building of interested Homestay Proprietors and individual homestay owners was today inaugu-rated here in TRC Jammu. The workshop organised by Directorate of Tourism Jammu is being conducted under the overall supervision of Secretary to the Government, Tourism Department J&K Syed Abid Rasheed Shah. The three day workshop was inau-JAMMU, JUNE 02: A three day

The three day workshop was inau-gurated by Director Tourism Jammu, gurated by Director Tourism Jammu, Vivekanand Rai IRS along, with Sanjeev Jain, Vice Chancellor Central University of Jammu. The three days extensive Capacity Building Workshop was attended by about 80 interested Homestay stakeholders from District Doda, Ramban, Kishbuar Lampu, Paiouri and Paesi. Kishtwar, Jammu, Rajouri and Reasi. The Homestay Business Workshop shall set the stage for the growth of rural tourism in Jammu region, intending to empower local entrepre-neurs to offer unique and authentic experiences to travelers while foster economic development in the

on. the region.

In the welcome address,
Vivekanand Rai emphasized the
potential of homestays and rural
tourism in Jammu region.

He highlighted the financial
empowerment of women through

Homestay Businesses, drawing a correlation with the ancient principle of "Atithi Devo Bhava," which signifies the importance of treating guests as

He highlighted the role of tourism He highlighted the role of tourism in fostering cultural exchange and building bridges between communities in the modern-day context.

Dr. Sanjeev Jain, Vice-Chancellor, Central University of Jammu, delivered the keynote speech, focusing on

awareness for Staff Members



KISHTWAR, JUNE 02: Guided by the vision of the Prime Minister of India to encourage active participa-tion of people as the central focus of India's G20 Presidency, DIET Kishtwar, under the directions of SAMAGRA SHIKSHA, J&K, organized an awareness camp for DIET faculty in collaboration with Pratham NGO. The experts from DIET Kishtwar, along with Team Leader Pratham, held an awareness program Team Leader Pratham, held an awareness program on the prestigious project and briefed the participants about the series of activities and programs to be conducted from 1st to 15th June 2023 across the district of Kishtwar. The aim is to promote and endorse the theme of "Ensuring Foundation Literacy and Numeracy (FLN)," especially in the context of blended learning.

SAMAGRA, J&K has proposed seven activities, such as drama, cultural programs, rallies, etc., in schools on different themes like FLN, NIPUN Bharat, C-20, and NEP 2020. These activities will be imple-

G-20, and NEP 2020. These activities will be implemented in all educational institutions across the dismented in all educational institutions across the dis-trict. Principal of DIET Kishtwar, Ashok Kumar, apprised the participants about the road map ahead and how to complete the activities on designated themes from 1st to 15th June 2023 in all educational institutions of the district. The different events will be conducted as per the directions of the authorities in schools, followed at the zonal level, and finally on 12th and 13th June at the district level.

DIET Kishtwar organises lanbhagidari



JI NEWS SERVICE

NCC transforms youth into disciplined & good human beings: Div Com Kashmir

RECTS OFFICERS OF EDUCATION DEPTT TO ENROLL **MAXIMUM STUDENTS TO FILL UP VACANCIES**

SRINAGAR, JUNE 02: National Cadet Corps (NCC) training transforms the behaviour of youth by disciplined, good human beings and instills in them the spirit of social service.

spirit of social service.

This was stated by Divisional Commissioner (Div Com)
Kashmir, Vijay Kumar Bidhuri today while chatring a
meeting regarding the functioning of NCC in Kashmir.

At the outset of the meeting, Brigadier Kuldeep Singh
Kalsi through PPT gave an overview regarding the functioning of NCC, objectives, infrastructure requirement, filling of vacancies in Senior and Junior Wings, besides land
requirement for new training camps in Anantnag,
Baramulla and Ganderbal.

The meeting was informed that the chunk of land has

Baramulla and Ganderoat.

The meeting was informed that the chunk of land has been identified, however there is the need for joint inspection by the District Administration and NCC to explore the

tion by the District Administration and NCC to explore the feasibility of establishing NCC Training Camps.

Addressing the meeting, Div Com asked Director Colleges and concerned officers of the School Education Department to enlist students for NCC. He also asked Director Colleges to share the details of Colleges where in campus training may be provided to candidates.

Among others, the meeting was attended by Deputy Commissioner Anantnag, ADC Baramulla, ADC Ganderbal- through VC besides officers of Royal Springs Colf Course Screets Curvail (ADM 0.848). Manashal Dev.

Golf Course, Sports Council, PWD (R&B), Manasbal Dev Authority, NSS Kashmir University Hazratbal Srinagar and Bharat Scouts and Guides, Kashmir.

Sgr city to come alive with 'Vitasta' Cultural festival

SRINAGAR, JUNE 02: Chief Secretary, Dr. Arun Kumar Mehta today took stock of the arrangements for the 'Vitasta' Cultural Festival to be organized here by the Ministry of Culture, Gol in the last week of this month. Those who were present included ACS, Home; Principal Secretary, Education; ADGP, Security; Divisional Commissioner, Kashmir; Secretary, arrangements for the 'Vitasta'

Tourism; Commissioner, SMC; Director Tourism, Kashmir; Director Colleges, VC, LCMA; Secretary, Academy of Art, Culture & Languages besides others. Officers from Ministry of Culture, Gol also participated in the meeting through video conferencing. Dr Mehta maintained that the festival would be one of the events that is going to play a major role in promoting tourism

and showcasing our rich cultur-al values. He made out that the all values. He made out that the festival is not only an opportuni-ty to showcase our culture and crafts but to exhibit our talent and immense diversity before the world.

The Chief Secretary stressed on including crafts and cuisine from every part of J&K. He urged the concerned nodal Department here to ensure that all the areas should find their representation in this mega cul-tural event. He also impressed upon them to give opportunity to students of Colleges and Universities to display their skills during the festival.

He also advised them to hold events related to this festival all across the Srinagar City so that more people get opportunity to participate in it. He stated that the events should be organized all areas, heritage destinations and enroute the places on River Jhelum (Vitasta). He observed that the theme of the festival deserves to be depicted amid natural settings to enhance their appeal for the audience. He also chircled utilizing the heavest tells. advised utilizing the breath-tak-ing locales of Dal Lake, Char Chinar, Panch Chinar, Old Museum, Ihelum Riverfront and others for making the festival vibrant and more interesting.

Indian ambassador to Saudi Arabia meets Kashmir's Industrial Associations, discuss business opportunities

TERMS THE INTERACTION AS SIGNIFICANT MILESTONE IN PROMOTION OF TRADE, EXPORTS

JI NEWS SERVICE

SRINAGAR, JUNE 02: India's ambassador to Saudi Arabia, Dr. ambassador to Saudi Arabia, Dr. Suhel Ajaz Khan, today had an extensive interactive session with industry and trade associa-tions of Kashmir to discuss and plan strategies towards explor-ing business opportunities between the regions. The session, organized by Jammu and Kashmir Trade Promotion Kashmir Trade Promotion Organization (JKTPO), was aimed at providing a platform to foster stronger economic ties and explore mutually beneficial trade opportunities. Managing Director, JKTPO, Khalid Jahangir, expressed grati-tude to the ambassador for reaching out to the Trade and fullstrp narbers of Jammu and

Industry partners of Jammu and



Kashmir. He gave an overview about the prevailing trade scenario in the region with special reference to products having competitive advantage for export to Saudi Arabia.

The event brought together esteemed business leaders, entreesteemed business leaders, entre-preneurs and representatives from various industry and trade associations of Kashmir, offering a unique opportunity to discuss and address the challenges being faced by the local business com-munity. Dr. Suhel Ajaz Khan, while speaking on the occasion, emphasized the importance of strengthening bilateral trade between UT of J&K and Saudi Arabia. He acknowledged the Arabia. He acknowledged the rich cultural heritage and entre-preneurial spirit of Kashmir and expressed his admiration for region's contribution towards nation's economy. He observed that unique and niche products

of J&K have lot of potential as far as the markets of Saudi Arabia are concerned. Responding to issues and concerns raised by the issues and concerns raised by the participants, Dr. Suhel Ajaz Khan praised the efforts of JKTPO in promoting trade and investment opportunities in Kashmir. He conveyed Embassy's commitment towards comporting each initiative. Embassy's commitment towards supporting such initiatives. He assured the participants that the Indian government is

continuously working hard towards creating a conducive business environment for all to flourish their businesses. He Hourish their businesses. He added that necessary support is being extended for trade and investment activities especially for export of GI tagged products of Jammu & Kashmir. He assured to create business link-

ages for the exporters of J&K, adding that efforts would be made to organize delegation vis its, B2B meets, exhibitions, road shows and related events in Saudi Arabia.

"This interaction marks a sig-"This interaction marks a sig-nificant milestone in strengthen-ing economic ties between the two regions. It reflects the shared commitment towards exploring new avenues of cooperation and leveraging the vast potential for trade and investment", main-tained the ambassador.

During the event, representa tives from industry and trade associations of Kashmir presentassociations of Adshinir present-ed their perspectives on key sec-tors including tourism, Handloom and Handicrafts, Agriculture, Food Processing and Horticulture.

DIET Doda organises series of events under NIPUN BHARAT MISSION

DODA, JUNE 02: The District Institute of Education and Trainings (DIET) Doda embarked on a series of events as part of the Janbhagidari initiative, focusing on the "NIPUN BHARAT MISSION." With the upcoming G-20 event scheduled to be held in Pune, Maharashtra from June 19th to June 22nd, 2023, India aims to exhibit its educational talents and achievements on this prestigious occasion. In line with this objective, the education department has recently imparted training to the teachers under the National Education Policy (NEP), NIPUN Bharat and Foundational Literacy, and Numeracy (El N), programs. (DIET) Doda embarked on a series of event

Education Policy (NEP), NIPUN Bharat and Foundational Literacy and Numeracy (FLN) programs.

The training aimed to enhance the teaching and learning process, particularly at the foundational stage, by fostering creativity, innovation, and friendliness among students. By incorporating these pedagogical approaches, the goal is to develop engineering-skilled minds. The DIET Doda, under the guidance of Principal Sandhra Malhotra and Chief Education Officer, organized a pleegle creemony across various institutions in the district, affirming their commitment to implement the NIPUN BHARAT mission. The event received widespread support and cooperation from students, teachers, and parents, who actively participated in activities centered around voge and sports. pated in activities centered around yoga and sports.

To ensure the success of the Janbhagidari/NIPUN

BHARAT initiative and make it even more enriching Principal Sandhra Malhotra encouraged maximum participation from different stakeholders. Kismat Singh, the ipation from different stakeholders. Kismat Singh, the District Nodal Officer for Janbagidiani, along with Chander Parkash, the Assistant Nodal Officer, collaborat-ed with Pankaj Sharma, the District Coordinator of Pratham, and sought assistance from Zonal Nodal officers and their teams. Their collective efforts have been com-mendable in organizing a prestigious and eloquent pro-gram. The government's initiatives for the betterment of children be commended more proportion. children have garnered appreciation from the public and



