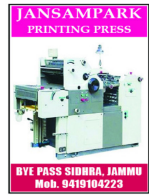




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Lt Governor addresses World Milk Day Celebration, Summer Meet for Animal Husbandry and Dairy Sector

JNEWS SERVICE
SRINAGAR, JUNE 1

Lieutenant Governor Shri Manoj Sinha addressed the World Milk Day Celebration and Summer Meet for Animal Husbandry and Dairy Sector, today.

Parshottam Rupala, Union Minister for Fisheries, Animal Husbandry and Dairying presided over the event organized by Animal Husbandry and Dairying Department and Agriculture Production Department of J&K UT.

Sanjeev Kumar Balyan, Union Minister of State; Dr. L. Murugan, Union Minister for Fisheries and Dairying, while



Rajeev Rai Bhatnagar, Advisor to Lt Governor, J&K; Ms. Alka Upadhyaya, Union Secretary and Dr Arun Kumar Mehta, Chief Secretary, J&K also graced the occasion.

Parshottam Rupala, Union Minister for Fisheries and Dairying, while

speaking on the occasion, extended his greetings to the farmers and all the stakeholders on the World Milk day.

Enthusiastic participation of Dairy and Sheep farmers in this historic event reflects affection and trust of people of Jammu Kashmir in the policies

and visionary leadership of Hon'ble Prime Minister Shri Narendra Modi ji, he added.

The Union Minister highlighted the initiatives like vaccination services; Mobile Veterinary Units; and other endeavours of the Government and the role of cooperatives in the growth of the dairy sector. He also lauded the Lt Governor led UT Administration for achieving unprecedented growth in Dairy, Agriculture and allied sector.

The Lt Governor, Shri Manoj Sinha expressed gratitude to Hon'ble Prime Minister Shri

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Will strive to take India-Nepal ties to Himalayan Heights: PM Modi after talks with Prachanda



AGENCIES
NEW DELHI, JUN 1

India and Nepal will strive to take their relationship to Himalayan heights and resolve the boundary issue and all such matters in this spirit, Prime Minister Narendra Modi said on Thursday after holding wide-ranging talks with his Nepalese counterpart Pushpakamal Dahal 'Prachanda'.

In his media statement after the talks, Modi said he and Prachanda took many important decisions to make the partnership between the two countries a "super hit" in the future even as the two leaders remotely inaugurated a number of projects and laid the foundation stone of some others.

The two sides also signed seven agreements to boost cooperation in a

PM Modi expresses happiness over inauguration of various developmental works in Baramulla

AGENCIES
NEW DELHI, JUN 1

The Prime Minister Narendra Modi has expressed happiness over inauguration of several key infrastructure projects including 7 Custom Hiring Centres for farmers, 9 Poly Green Houses for SHGs in Baramulla District of J&K. Sharing tweet threads of Office of Lieutenant Governor of J&K, the Prime Minister tweeted; "The remarkable range of developmental works inaugurated stand as a testament to our commitment towards enhancing the quality of life for the people of Jammu and Kashmir, especially the aspirational districts."

range of areas, including petroleum extension of cross-border
CONTINUED ON PAGE 4

Kashmiri Pandit killing State investigation agency raids 9 locations

JNEWS SERVICE
SRINAGAR, JUNE 1

Jammu and Kashmir Police's State Investigation Agency (SIA) on Thursday raided nine locations in south Kashmir in the ongoing investigation into the killing of a Kashmiri Pandit earlier this year, officials said.

Sanjay Sharma (40), who worked as an ATM guard, was shot dead by suspected militants in the Achan area of south Kashmir's Pulwama district on February 26.

On Thursday, SIA Kash-

mir carried out searches at nine locations in three districts of Pulwama, Shopian, and Anantnag in south Kashmir.

"Some electronic gadgets including mobile phones, electronic storage devices, SIM cards, documents, bank documents etc relevant to the ongoing investigation have been seized during these searches and preliminary questioning provided very pertinent leads in the case," officials of the SIA said. The searches were carried out in

CONTINUED ON PAGE 4

Rain lashes Jammu and Kashmir, more in offing during the next 24 hours

JNEWS SERVICE
SRINAGAR, JUN 1

Rains lash Jammu and Kashmir while Meteorological Department on Thursday predicted widespread intermittent light to moderate rain during the next 24 hours.

The MET office said on Thursday weather will generally remain Cloudy with the possibility of intermittent light to moderate rain, thunder and lightning at many places in Jammu and Kashmir.

There is a possibility of Hailstorm & gusty winds at a few places on June 2 while Rain and thunder-



storms in isolated to scattered places of Jammu and Kashmir towards late afternoon or evening on June 3.

Overall there is no forecast of any major rainfall till June 10, the MET office said.

It said the weather will

mainly remain dry but a brief spell of Shower or thunderstorm can't be ruled out from June 4-10 in J&K.

The weatherman has advised farmers to carry out all farm operations from June 4 and

CONTINUED ON PAGE 4

Time not ripe for Army's withdrawal from Kashmir Hinterland: Lt Gen Aujla

JNEWS SERVICE
SRINAGAR, JUN 1

The situation in Kashmir has improved vastly over the last few years but the time is not ripe yet for the army to go back to the barracks, a senior officer said here.

The number of active terrorists in the valley is at its lowest in the last 34 years, General Officer Commanding of Chinara Corps Lieutenant General A D S Aujla said news agency in an exclusive interview on Wednesday.

"In Sha Allah, but I think the time is not ripe at this point in time. We still



have to see a lot of good things happening before we can take a call. Let it be a deliberate one. I won't comment on the timelines per se, nor would I say that it is the wrong time or the right time," Lt Gen Aujla said.

The GOC said the army is just a tool in the plans of the government to ensure

that Kashmir prospers, flourishes, and blossoms. "We will work collectively with the state administration, with the other agencies so that we can see the better Kashmir before we can take a call. It is a national call and it will be taken appropriately at the right time," he added.

Asked to compare the situation in Kashmir today with that of the time he arrived in the Valley as a young officer around 30 years ago, Lt Gen Aujla said things have now fallen into place.

"When we look back

Last 9 years provided 'Suvidha, Suraksha, Samman' to women: Dr Jitendra Singh



AGENCIES
SIMBHAI, (UP), JUNE 1

Last 9 years under Prime Minister Narendra Modi provided "Suvidha, Suraksha, Samman" to women. Thoughtfully planned schemes like Ujjwala for Gas connections, Swachhta for female toilets and Jal Jeevan for household tap

water not only provided ease of living to women but also gave them a sense of self-confidence with self-esteem.

"This was stated here by Union Minister of State (Independent Charge) for Science and Technology, MoS PMO, Department of Atomic Energy and Department of Space and

MoS Personnel, Public Grievances and Pensions, Dr Jitendra Singh while addressing a congregation of Modi scheme beneficiaries, majority of whom comprised women.

The Minister said, there has been a paradigm shift in Public Service Delivery and the implementation

CONTINUED ON PAGE 4

Jammu-Srinagar national highway closed for road repair work in Ramban stretch

JNEWS SERVICE
JAMMU, JUNE 1

The Jammu-Srinagar national highway was closed for traffic on Thursday for repairing a patch of road in Jammu and Kashmir's Ramban district, officials said.

The 270-km highway, the only all-weather road linking Kashmir with rest of the country, was blocked by a landslide at Dhalwas section in Ramban district, on Wednesday but restored for traffic later, they said.

"The traffic on highway is closed as on now for restoration work at



Dhalwas", Deputy Commissioner, Ramban, Mussarat Islam said. The critical stretch of highway at Dhalwas has become narrow follow-

ing incessant rains, the DC said.

Work is underway to restore the highway at Dhalwas near Nashri tunnel.

SIU attaches under construction residential house of Militant associate in Anantnag

JNEWS SERVICE
SRINAGAR, JUN 1

The property of a militant associate was attached on Thursday in Jammu and Kashmir's Anantnag district, police said.

The under construction residential house of a militant associate Mohammad Ishaq Malik of Danwathpora Kokernag was attached by J&K police's Special Investigation Unit (SIU) after they found the structure was used by militants of Hizbul Mujahideen, they said.

"The under construction residential house used for terrorist activi-

ties was attached after obtaining necessary sanctions from the competent authority," a police spokesman said.

Police said during the course of investigation in a case registered in 2022 in Police Station Koker-nag under UAP (P) Act, it was found that the under construction residential house belonging to Malik was used by militants of Hizb.

"Accordingly, process for attachment of property belonging to the above accused falling within the ambit proceeds of terrorism was initiated by

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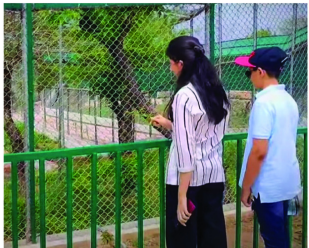
Jambu Zoo welcomes inmates of 17 species

AGENCIES
JAMMU, JUN 1

Days after its inauguration, Jambu Zoo here has welcomed inmates of 17 different species, including leopard, black bear, deer and birds, according to officials.

Situated on the outskirts of Jammu and spread over 3,200 kanals, Jambu Zoo was inaugurated on Sunday by Lieutenant Governor Manoj Sinha after several delays since its conception in 2016.

One acre is equal to eight kanals. "We have 3,200 kanals of land. As far as the area



is concerned, we will be considered among the big zoos. We have started out with 17 species of ani-

mals," Jambu Zoo Wildlife Warden Amit Sharma said. These species include leopards, peacocks, deer,

nilgai, wild boars, swans and monkeys.

"In the coming days, we will be introducing several species, which will bring us on par with other prominent zoos in the country," Sharma said.

The Central Zoo Authority (CZA) of India approved the concept plan for Jambu Zoo back in 2016 but the execution faced delays due to various reasons, according to officials.

"The project made headlines when it commenced in 2016-17 with funding from the Compensatory Afforestation Fund Management and Plan-

ning Authority. However, the funding was halted and we received support from the Jammu and Kashmir Infrastructure Development Finance Corporation.

"Unfortunately, work was stalled for two years due to the Covid pandemic. We were determined to complete it as soon as possible and now we have dedicated it to the public," Sharma said. The zoo also includes an open amusement theatre, a children's park and a small water body. To facilitate easy movement, battery-operated cars and bicycles are available for visitors.

Pak intruder shot dead by BSF along IB in Samba

JNEWS SERVICE
JAMMU, JUN 1

A suspected Pakistani intruder was shot dead by BSF troops along the International Border (IB) in Jammu and Kashmir's Samba district in the early hours of Thursday, officials said.

The incident took place near Mangu Chak border outpost (BoP) in Samba sector around 2:50 am, they said.

"In the early hours today, alert BSF troops noticed suspicious movement of a person, who crossed the IB from Pakistan's side. In Samba area," a Border Security



Force spokesperson said. He was challenged by the troops but the intruder kept advancing towards the border fencing. The troops opened fire, killing him, the spokesperson said.

The BSF has launched a search operation along the IB in Samba sector as the intruder's body is lying in the forward area. This is the second such incident along the India-Pakistan border in Jammu division in two days. On Wednesday, the Army foiled an infiltration bid with the arrest of three terrorists along the Line

CONTINUED ON PAGE 1

Jugal starts Maha JanSampark Yatra from Samba Constituency

JJ NEWS SERVICE

SAMBA, JUN 1: Jugal Kishore Sharma Member of Parliament Lok Sabha Jammu Poonch along with DDC Sudarshan Singh, BDC Yogeshwar Singh, Former minister Surjit Singh Salathia, Former VC OBC Rashpal Verma, District President BJP Kashmiria Singh, Senior BJP leaders Narayan Singh, Munish Khajuria, Amit Dubey Org. Indrajit Sharma, Mandal Presidents Brijpal Singh Singh, Mohinder Bikka, Ajay Sharma and others today visited village Chagwal, Sarora, Gurha Salathia, Samba and held a series of meeting with Public and Senior Leaders of Praja Parishad. He also facilitated intellectuals, Padam Shree Awardee and Players. Member of Parliament Jugal Kishore Sharma said that on completion of 9 years of Modi's government in centre nationwide program has been launched named as Maha Jansampark Yatra from 30 May to 30 June and while following the agenda of party's high command today on 1st June Maha Jansampark Yatra started in Jammu Kashmir from Samba Constituency. He said that many programs are incorporated in Maha Jansampark Yatra like to meet with Senior Party Leaders, to Facilitate Intellectuals to lead



Sampark se Smarthan and many more. He while addressing public gathering at Gurha Salathia said that Bharatiya Janata Party under the leadership of great Prime minister Sh. Narendra Modi ji has taken very bold and historical steps.

He said that Prime Minister Modi ji always worked for the betterment of Nation. He said that every worker of Bharatiya Janata Party serves as Nation First, Party Second and Self Last. He said that Gurha Salathia is a very ancient village and many braves have sacrificed their life for the nation from Gurha Salathia. The demand for Construction of Road over Bridge at Gurha Salathia was collectively raised by the inhabitants and it was assured by Member Parliament that best efforts would be provided and soon

we will try to sanction for construction of Road over bridge from the Ministry. The demand was also raised for construction of multipurpose shed near village and Member of Parliament sanctioned Rs 15 lac from Member of Parliament Local Area Development Funds for construction of Community Shed. Jugal Kishore Sharma Member of Parliament facilitated Padam Shree Awardee Sh. Mohan Singh Slathia, Praja Parishad Leader Kikkar Singh, Sher Singh Gothers during his Sampark se Smarthan Yatra.

Sarpanches Brij Pal Singh, Jatinder Singh, Yuva Morcha BJP Narinder Partap, Ankush Jamwal, Sanju Kumar, Honey Padha, Radhey, Vikas and others also present during the occasion.

BJP District Jammu South celebrates PM Narendra Modi's 9 years as "Vikas Tirath" mega programs

JJ NEWS SERVICE

JAMMU, JUN 1: BJP District Jammu South under the supreme leadership of its President Jammu South Rekha Mahajan celebrates PM Narendra Modi's 9 years as "Vikas Tirath" mega programs in both RS Pura Constituency at flyover near Gangyal, Kunjwani, and Bahu Constituency at Gandola point, Bahu Fort falls under Jammu District South. The mega Vikas Tirath events were organized under the presidency of District President Jammu South Rekha Mahajan.

Deputy Mayor Baldev Billowaria, Ex-MLC Vikram Randhawa, Charanjit Singh Khalsa, District Prabhari Ayodhya Gupta, Former District President Vinay Gupta, State Vice Presidents Anuradha Charak and Aseem Gupta, Senior leader Rajeev Charak, District General Secretary Akash Chopra and Puspinder Singh besides Mandal Presidents Vikram Sandhu, Lucky Puri, Bharat Bhushan, Vijay Sharma and Ranjit Singh, RS Pura Gangyal, Kunjwani intending to give a major boost to development in the Jammu region, Union Minister for Road, Transport and National Highways Nitin Gadkari has approved several projects saying under the leadership of Prime Minister Narendra Modi, infrastructure in the Union Territories of Jammu and Kashmir is transforming rapidly. Modi government



en was rolled out to 'improve the lives of people. She said with a key focus on 9 Saal Bemisal of Modi government and the BJP Jammu South on today celebrate nine years of the Narendra Modi government by tom-tomming the Prime Minister's domestic triumphs and his emergence as the "most popular world leader". Rekha said this is the transformation that the Modi government has brought in the last nine years. Rekha also highlights the flyover project in RS Pura Gangyal, Kunjwani intending to give a major boost to development in the Jammu region, Union Minister for Road, Transport and National Highways Nitin Gadkari has approved several projects saying under the leadership of Prime Minister Narendra Modi, infrastructure in the Union Territories of Jammu and Kashmir is transforming rapidly. Modi government

has approved the development work of the Jakh (Vijaypur)-Kunjwani section of National Highway-44 to a six-lane Expressway and it's another milestone that benefits the common masses in upcoming days, Rekha added.

Rekha furthermore underscored that setting the records straight regarding the Jammu Ropeway project, in Bahu Fort Gandola point in Jammu, today informed that the project is named as Bahu-Mubarak Mandi Ropeway project with Peer Kho as a takeoff point, Mahamaya as the intermediary and Bahu Fort as the landing terminal.

She said in nine years of the Modi government J&K is transforming into tourism. Rekha while elucidating numerous projects on Vikas Tirath (Mega Jan Sampark) public outreach program, envisages a total transformation in the state's tourism profile.

Baldev Billowaria said today on the one hand, under the leadership of Modi ji, the country is safe and is creating new dimensions of pride in the world, on the other hand, the government has new parameters of development and welfare of the poor.

Vikram Randhawa said that Jammu and Kashmir is receiving special focus in terms of financial and other incentives for development as a self-sustained tourism hub.

The union territory is witnessing a discernible change in every sphere of growth and development with a visible improvement and added professionalism in the working system.

Charanjit Kalsa, hailing the PM leadership and said that in the successful 9 years of Modi Sarkar, J&K witnesses a positive change and the whole populace feels proud and secure under his supreme visionary leadership.

ABGRF demands spacious cattle pounds in every District

HUDDLING COWS IN LIMITED SPACE AMOUNTS TO CRUELTY



JJ NEWS SERVICE

JAMMU, JUN 01: To strengthen the working of the organization, Akhil Bharatiya Gaushala Research Foundation (ABGRF), Jammu made some appointments in which Janak Singh was appointed as State Vice President, Sandeep Singh as State General Secretary, Vikram Mahajan as Youth President J&K, Pammi Janwal as State Youth Vice President, Satish Sharma State General Secretary Youth Wing and Mohit Sharma as Media Incharge State Youth.

In this connection, a meeting of Akhil Bharatiya

Gaushala Research Foundation was held under the chairmanship of Advocate P.S Chandel, State Convener in which Dr Vikas Bhardwaj, State Vice President, Ravi Abrol, State Vice President, Sunil Magotra, State General Secretary, Sanjay Pargal, State Treasurer, Mohit Sharma, State Secretary and Ravinder Singh, District President Kathua were present. The Foundation members hoped that by the appointments of Vikram Mahajan and Pammi Janwal, the working of the Foundation would be strengthened across the Union Territory.

While lauding the efforts of J&K Police in the direction of curbing and foiling the bovine smuggling attempts across the Jammu and Kashmir Union Territory, the Foundation members raised serious concern over the shortage of cattle pounds across the Union Territory. They said that the cows rescued by police have been kept in cattle pounds which can in no way be said to be adequate or comfortable for the rescued cattle. They said that there is one cattle pound at Nagrota but in coming times will not be able to meet with the rescued Cattles. The Sangathan asserted that in some cattle

pounds due to limited space it is highly uncomfortable for the cattle to stand at one place without any space for their movement and moreover it amounts to cruelty to the impounded cattle for the fault of their owners.

The Advocate P.S Chandel asserted that there is a dire necessity to initiate some drastic measures in the direction of establishing an adequate number of cattle pounds across the Union Territory with adequate space for the movement of the impounded cattle. It was suggested to the Government to establish cattle pounds in every District with a minimum space of 200 kanals of land to provide reasonable space for the movement of impounded cattle thus doing away with the cruelty met to these cattle by huddling them in limited space of the pounds.

The Foundation members appealed to the Hon'ble Lt Governor Manoj Sinha to take adequate measures and establish cattle pounds at District level for the welfare of cows, who is considered as Gau Mata in the Hindu community.

Rahul habitual of insulting India on foreign soil: Y V Sharma

JJ NEWS SERVICE

JAMMU, JUN 1: BJP Spokesperson, Y.V. Sharma, while addressing press conference at party headquarter, alongwith Media Secretary Dr Pardeep Mahotra, said that Congress Ex President, Rahul Gandhi, who is on a foreign trip, has once again started speaking against Indian traditions & the Prime Minister, Narendra Modi, which is highly condemnable.

"Rahul Gandhi has become habitual of insulting India on foreign soil, which is clear from his past track of foreign visits", said Y V Sharma.

Sharma said that in India Rahul Gandhi claims to be from "Dattatreya Gotra", wears Yagnopavit over his coat, selectively, during election times with an uncomfortably wrapped dhoti in public view to indicate that he believes in Indian tradition, but in foreign land he mocks the Indian tradition of "Sashtang Dandavat Pranam". If he had an iota of sensitivity about this tradition he could have gone to the nearest ISKCON temple in the US to understand the concept of "Sashtang Dandavat



Pranam" before opening his mouth or gone to "Swami Narayan" temple or probably read about the traditions of "Dandi Swamis". By this act of mockery he has exposed his hollowness & superficial understanding of Indian culture & traditions & convinced the Indians that he is playing to the tune of Sam Pitroda & the likes & doesn't have a mind of his own.

Rahul calls the elected Prime Minister of India a "specimen" & mocks his unquestioned rootedness in Indian traditions. Such is his deceptive "mayajal" that the people of India will have to be on constant guard & be careful about such a chameleon-like character. Rahul Gandhi is an uncouth human being, who believes that his fakery & falsehood & support

from agencies inimical to the interests of India shall catapult him into the seat of the Prime Minister of India. He believes that as an "entitled individual" he has a right to mock down to earth Prime Minister of India, who rose to this position because of his unstinting love for this country & his commitment to raise the living standard of the last person on the social ladder.

Can Rahul Gandhi explain as to why more than 50% of his audience in his first meeting in the US did not stand up during the Indian National Anthem? My hunch is that most of the audience in the meeting included people from Pakistan who had no compunction of standing up to the Indian National Anthem.

Added to this is the public avowal of people like

George Sores that they would like to see a regime change in the 2024 parliamentary elections in India for which he has committed billions of US Dollars.

To sum it up, Rahul Gandhi, in my opinion, is not keeping good company & wants to come back to power with the help of companions whose interests lie not in the upliftment of Indian masses but elsewhere," Sharma said

The Spokesperson appealed to the people to stand united with Narendra Modi & see through the nefarious designs of powers that want to weaken the country. India has nothing to feel ashamed of for its old traditions. In fact the establishment of Sengol in the new Parliament by the Prime Minister shall constantly cajole & remind the parliamentarians for ages to always stand with the right - stand with "Dharma". India's destiny is on an upswing & looking up because of the efforts of the NDA/BJP Government during the last 9 years. Internationally, India has made a mark for itself & is getting counted. It is the responsibility of every Indian for the betterment of the country

Ex-Servicemen Association to build two memorials of war heroes in Basohli



JJ NEWS SERVICE

BASOHLI, JUN 1: A general body meeting of Ex-Servicemen Association Basohli was held at Marta Nagrota today.

The meeting was chaired by DDC Chairman, Col Mahan Singh (Retd) in which Capt Des Raj, Capt Harnam, Capt Yubkaran

Singh, Capt Kishori Lal, Capt Nake Ram and other Ex-servicemen members of the association participated.

The Association unanimously decided to build Memorials of Shaheed Mast Ram, a martyr of 1965 Indo-Pak War at Village Mandla in Basohli Rural Panchayat. Martyr Mast

Ram had made supreme sacrifice in a fierce fought in Chhamb Sector. The second memorial is being built at Dhad Mahanpur in the memory of legendary late Major Durga Dass Kanaria. An Army veteran of 1962 Indo-China and 1965 Indo-Pak wars and renowned social reformer of yester-

years. Speaking on the occasion, Col Mahan applauded the sacrifices made by hundreds of soldiers hailing from District Kathua in various battles fought on the mainland and abroad. He said the youth of the areas are hard core patriotic and serving the motherland in uniform has always been their first choice.

The Association also decided to register itself as a body and involve itself in social and progressive activities in the future.

The DDC Chairman appealed to the veterans to make substantial contributions to society and use their rich experience for the well being of the public.

The association appreciated the good work being done by Col Mahan Singh (Retd) as DDC Chairman Kathua and expressed its continuous support to army veterans for serving the public.

"Strengthen hands of PM Modi to carry forward his mission of nation building": Rajesh Gupta

JJ NEWS SERVICE

JAMMU, JUN 1: National Democratic Party Indian (NDPI) J&K UT Chief Rajesh Gupta on Thursday said while interacting with party workers here, Gupta said that Indian politics has entered into a new era of bonding with social barriers crashing and 'nation first' philosophy becoming the way of life and guiding force to ensure progression of all, irrespective of religion, region or caste. "In this journey of New India, every segment of the society is working towards

strengthening the hands of Narendra Modi to carry forward his mission of nation building". NDPI leader said the Prime Minister Narendra Modi has transformed the country's politico-development ethos in the recent past and the PM is committed to inclusive growth of J&K in every sphere by taking every segment along. Modi's outreach to every single person across the country has unmoved and rattled the elements creating fear psychosis with sinister designs of creating vote banks. In this unholy pursuit they have been

spreading negativity and dividing the people on the basis of religion and caste. "This might have benefited them to some extent but now that the people have started seeing through their dirty game plan, they are rallying behind the Modi for holistic development and equitable opportunities of progress to all," said Gupta. Gupta referred to the great initiatives taken over the years and implementation of various schemes and welfare programmes with missionary zeal, saying these have resulted in the growth of every section of the society.

Diamond jubilee celebration mark a glorious milestone for Ladakh Scouts Regiment



JJ NEWS SERVICE

JAMMU, JUN 01: Ladakh is a land of warriors producing legends like Col Chhewang Rinchen MVC**, SM who was awarded with the second highest gallantry award of the country, the prestigious Maha Vir Chakra when he was just 17 years and had not even

born. The LADAKH SCOUTS has prospered its mettle time and again in numerous conflicts and wars and has carved a niche for itself in the annals of History of being the most decorated Regt of the Indian Army with the youngest legacy.

LADAKH SCOUTS plays a pivotal role in the welfare and development of the region and the Ladakhi community has a deep emotional connect with LADAKH SCOUTS. Recently, upon the tragic demise of one of the Regiments brave hearts, the civil community came together in thousands to pay respects to the deceased and in assistance to his family. This gesture speaks volumes of the relation of the people with LADAKH SCOUTS. The civil administration and populace also gave their unwavering support and assistance towards the grand and successful conduct of the Run up events of the Diamond Jubilee Celebration of the Regiment throughout the year. The Regiment has also significantly assisted the administration and civil populace in enhancing the capabilities of the local populace through numerous programs focused on skill development, education and literacy, healthcare services and infrastructure develop-

ment in remote parts of the region through Sadbhavana Projects. The Regiment has always taken initiatives and made concerted efforts to safeguard and uplift the region and the population, be it during times of natural calamities through efficient disaster management or joining the remotest parts of the region to the mainstream society.

Besides enhancing connectivity to the hinterland, the Regiment has also been instrumental in boosting the economy of the Region. For the Ladakhi people, the LADAKH SCOUTS is not just a means to earn livelihood, but rather a proud tradition which has passed through generations. Even upon retiring, the veterans of the Regiment continue to work for the upliftment of the community, taking up employment in various Govt & private enterprises. Cultural exchanges and interactions are organised for the children of the region as also Veer Naris in different parts of the country. Educational exchanges are organised with institutes as also various NGOs operating in the region. Cultural exchange programs are encouraged and promoted in schools and universities and the Regiment routinely facilitates institutes and establishments in conduct of such events, thus enabling people from different parts of the region to experience the diverse aspects of the culture, lifestyle, dialects and tradition of the country. The security situation of Ladakh, being in such close proximity to Pakistan and China assumes vital importance. Gallant 'Nunnu' of LADAKH SCOUTS, as they are fondly referred to, are fiercely patriotic and instilled with Nationalism which has ensured the region remained peaceful.

Maha Jana Sampark will be a positive and effective exercise: Adv Vibodh Gupta



JJ NEWS SERVICE

RAJOURI, JUN 1: Former MLC and General Secretary BJP J&K UT Adv Vibodh Gupta conducted a day long meeting of senior party leadership of Rajouri District and review preparations for party's month long programmes at BJP office Rajouri. Pertinently, in the meeting District President Dinesh Sharma, District Gen Secretaries Ranjet Tara, Atam Parkash Gupta, DDC Member Thanna Mandi Abdul Qayoom Mir, District office bearers Morcha presidents Mandal presidents were present. In the said meeting lengthy discussions were held to gear up the cadre to ensure their full contribution

for the massive exercise under BJP's "Maha Jana Sampark Abhiyaan".

Vibodh in his address said that party leaders and workers will reach out to people even in far flung regions of Rajouri district to draw their attention to various programmes, schemes, decisions of the BJP government under "SabKa Saath, Sab Ka Vikas, Sab Ka Vishwas" as preached by Prime Minister Narendra Modi. "From June 1-30, the BJP Rajouri will launch Maha Jana Sampark Abhiyan in the entire Rajouri District. We will reach out to every household under the campaign," Gupta commented.

Vibodh further said the campaign will go on with a positive outlook and

will comprise several programmes to inform people about the successes of the Modi government and aims to reach every doorstep in the district between June 1 and 30. Dinesh Sharma, while speaking in the meeting, said that for every programme and event, the participation of the party activists and working of various teams need to work in unison. Sharma further said that while celebrating the 9 years of Modi government, the party is going to organize different programmes at different levels.

Reviewing the preparations for all the programmes to be conducted in a month-long campaign, Vibodh asked the participants in the meeting to suggest means for better conduct of these programmes. He also urged them to conduct these programmes from both level to Mandal and Assembly Constituencies.

Ranjet Tara stressed upon the party leaders to devote more time for the successful conduct of all the programmes in the upcoming month from 1st to 30th June.

Atam Parkash Gupta, Abdul Qayoom Mir also spoke on the occasion and urged party workers to dedicate their full month for making Maha Jana Sampark Abhiyan a great success.

Tribute paid to Shaheed Bhagat Amarnath



JJ NEWS SERVICE

JAMMU, JUN 1: Bhagat Amarnath and Jagan Nath Charitable Trust paid tribute to Shaheed Bhagat Amarnath Ji on his 53rd Birth Anniversary on Thursday at Shaheed Bhagat Amarnath Samark

Park, Jammu.

Surinder Bhagat, Ex Mayor Chandher Mohan Gupta, Ex MLA Ashwani Sharma, Anil Masoom Corporator, Sham Lal, Chand Bhagat, Bansil Lal Choudhary, Rashpal Dagra, Gian Chand Dogra, Prem Sharma, kuldeep sodhi

and other guest apprised that Shaheed Bhagat dedicated his life for social cause exclusively for downtrodden people of J&K.

He further elaborated that during 1970 there was a great resentment among Dalits Samaj for denial of

reservation rights by unjust and hostile state government, despite being implemented for SC, ST, ex-serviceman, handicapped in central services and in all other states after the Constitution of India came into force on Jan 26, 1950 with great efforts of Baba Sahib Dr. B.R. Ambedkar.

He said Shaheed Bhagat Amarnath took very serious and comprehensive note of the malafide intention of the state government and intensified his non-stop agitation in entire Jammu province and when his demand was not accepted he took an extreme step and sat on fast unto death on May 21, 1970 at Amarnath Samark park in front of civil secretariat and achieved martyrdom on June 1, 1970 and become martyr for reservation.

Natrang's Summer Theatre Workshop for Children from 6th June, 2023

JJ NEWS SERVICE

JAMMU, JUN 1: Natrang's much awaited 'Summer Theatre Workshop' for children is being commenced from June 6, 2023 at Natrang Studio Theatre (Air-conditioned), Jammu. This was informed by Director Natrang, Padmashri Balwant Thakur in a press briefing. He informed that daily timings of this month-long workshop would be 8 to 10 am and children between 6 to 14 years will be considered for this unique camp. He further informed that interested persons may immediately register with Natrang and for details, may call at 9419106669, 9713049875.

As theatre is considered as an efficient tool for the overall personality development of its practitioners, Children Theatre Camp-2023 offers a unique learning opportunity for Jammu Children.

Moreover, Natrang is doing regular theatre with children for the last 33 years, it has trained, inspired and moti-



ated thousands of children till now and most of them have excelled brilliantly in various fields be it Civil Services, acting, Business, medicine, engineering, social work etc. It clearly speaks that no matter, what you want to become in life, the confidence, spontaneity, self-exploration, creativity and discipline you imbibe because of theatre acts as a guiding, light and strong motivational force for you to succeed and excel.

At Natrang, it is believed that children have immense possibilities and abilities to outshine but at times, these are required to be explored through highly innovative techniques of theatre and arts. The training module of Natrang's Children theatre has been devised by Padmashri Balwant Thakur who has taken the children theatre of Jammu to the entire length and breadth of the Country.

Theatre requires a high degree of confidence, discipline, creativity, spontaneity, team spirit and consistency, those trained during theatre workshops imbibe the above qualities as they are trained in a highly professional manner by experts, the same ambience is provided by Natrang to the Children of Jammu where children get a chance to get trained under the expert supervision of well-trained trainers and visiting experts of the allied arts.

J&K Dharmarth Trust condoles demise of Padmashri Prof. Ved Kumari Ghai

JJ NEWS SERVICE

JAMMU, JUN 1: Trustees of J&K Dharmarth Trust today condoled sad demise of Padmashri Awardee Prof. Ved Kumari Ghai, a renowned Sanskrit Scholar from Jammu and Kashmir. In a message issued to media persons, Brig R.S. Langeh, President J&K Dharmarth Trust expressed grief and pain over the sad demise of the academic laureate, Prof Ved Ghai,

whose contribution in academic world especially in Sanskrit field is considered as unmatched and of the superlative quality.

He said, "It is matter of pride for all associated with the Jammu and Kashmir Dharmarth Trust that this iconic academician, daughter of the soil remained Member of the J&K Dharmarth Trust Council.

He said that Hon'ble Chairman, Trustee, Dr



Karan Singh besides other Trustees of Dharmarth Trust have personally

expressed shock and grief over her death and have prayed to almighty to grant eternal peace to the departed soul and provide lots of courage to the bereaved family to bear with this irreparable loss. He said that the void created in the society on account of her death shall never be filled again as her persona was extraordinary with so many exceptional qualities which are difficult to find in people.

SMVDU organizes poster-making on Mission Life

JJ NEWS SERVICE

JAMMU, JUN 1: The NSS unit of Shri Mata Vaishno Devi University, Katra, recently hosted a compelling poster-making competition centred around the theme of Mission LiFE. The initiative was inspired by the Honorable Prime Minister, Shri Narendra Modi's introduction of Mission LiFE at the 26th UN Climate Change Conference of the Parties (COP26) in Glasgow. Mission LiFE aims to foster a global movement of 'pro-planets people' by encouraging the adoption of sustainable lifestyles. With a keen focus on raising awareness among students about the Mission LiFE initiative, the



NSS volunteers took the initiative to organize this engaging event. Approximately 30 volunteers enthusiastically participated in the competition, where they exhibited their creativity and artistic skills through their thought-provoking posters. The event was skillfully coordinated by

Anshika, an enthusiastic NSS volunteer who ensured its smooth execution. Dr. Rajiv Kumar, the NSS coordinator, and Dr. Kamaldeep, the co-coordinator, were present to support and appreciate the volunteers for their exceptional efforts in organizing the event.

Mining Deptt hand in glove with mafia; alleges Tony

Botched up bidding process exposed Mining Deptt badly

JJ NEWS SERVICE

JAMMU, JUN 1: Taranjit Singh TONY, Chairman of AAP J&K for Administrative Engagement and Minority Affairs and DDC Suchetgarh on Thursday alleged that J&K Government's Mining Department is hand in glove with mining mafia and is involved in open loot of UT's resources.

The senior AAP functionary, while inaugurating the road work in Suchetgarh, said that recent botched up auction of mining blocks is the testimony to the fact that Mining Department is fully involved in the gross misconduct of affairs and has shown lopsided attitude giving benefit to mafia and ignoring the plights of genuine bidders.

He alleged as the Mining Department is playing in the hands of mafia, the auction process was purposefully foiled to usurp the minimum amount.



Talking about mineral Mafia ruling the roost by open loot of minerals, he said that the BJP govern-

ment has given a long rope to this mafia to act on its whims and fancies as no authority has the will or power to keep a check on

it. "The contractors and the mining mafias are also ruling the roost with no succor for the common man as

costs of building material has crossed all the limits," he added.

Tony appealed to the Union Home Minister for intervening in the matter and ensure transparency and accountability to stop the Gorakhdhandia and give respite to the genuine bidders hailing from J&K as big fish from outside the UT are hell-bent to snatch the genuine share of the locals belonging to J&K UT.

He said that the Union Home Minister should stop this open loot of resources or else J&K will be at a great loss.

One Week Workshop on "Blockchain and Cryptocurrencies" conducted at SMVDU

JJ NEWS SERVICE

JAMMU, MAY 31: One-Week Workshop on "Blockchain and Cryptocurrencies" 2023 was conducted by the School of Electronics & Communication Engineering, SMVDU University, Katra. The main objective of workshop is to provide an exposure to the faculty/staff/scholar/student in the field of "Blockchain and Cryptocurrencies" to enhance their knowledge in the domain. Workshop was started with the welcome note by the workshop

coordinator, Dr. Sachin Kumar Gupta, Assistant Professor, SOECE, SMVDU Katra. Dr. Manish Sabraj, Head of School, introduced the key outcomes of the School in front of the participants from the different states of India. The workshop coordinator, Dr. Vijay Kumar Sharma, Assistant Professor, SOECE, SMVDU has highlighted the importance of Blockchain and Cryptocurrencies in scenario of future development. Participants attended this workshop were from various states of India.

WORLD MILK DAY AND SUMMER MEET FOR ANIMAL HUSBANDRY AND DAIRY SECTOR AT SRINAGAR

JINNESSERVICE
SRINAGAR, MWI

The Department of Animal Husbandry and Dairying, in collaboration with the Agriculture Production Department, Government of Jammu and Kashmir, celebrated World Milk Day today and organized a two-day Summer Meet for the animal husbandry and dairying sector on 1 and 2 June, 2023 at SKICC, Srinagar, Jammu and Kashmir.

Addressing the gathering, Chief Guest Shri Parshottam Rupala, Hon'ble Minister for Fisheries, Animal Husbandry and Dairying, Government of India mentioned that India's dairy sector is growing rapidly due to the continued contributions of all the stakeholders. The minister said that the government aims to ensure the growth of the livestock sector by increasing farmers' access to animal health and credit services.

Shri Parshottam Rupala inaugurated a Book on "3Fs (Feed, Fodder & Feeding) for sustainable dairy production" and Training of A-HELP for 2023-24 in the august presence of Shri Manoj Sinha, Lieutenant Governor, J&K, Dr. Sanjeev Kumar Balyan, Hon'ble Minister of State of Fisheries, Animal Husbandry and Dairying, and Dr. L. Murugan, Hon'ble Minister of State of Fisheries, Animal Husbandry and Dairying. Hon'ble Minister also distributed A-HELP field kits and Sanction Letters to beneficiaries of Jammu & Kashmir. More than 500 farmers participated in the event. The achievements of the department Farmer oriented information were showcased through stalls.

Shri Manoj Sinha, Lieutenant Governor Jammu & Kashmir, while thanking the Ministry of Fisheries, Animal Husbandry and Dairying for its unflinching support to boost

the sector said that the Union Territory has moved ahead on the path of peace and development. He said that the dairy sector has the potential to boost other sectors also. The implementation of Kisan Samarak Scheme has uplifted our marginal farmers and given boost to our agri sector. It has not only helped in increasing the average productivity but also helped in creating more and more jobs, he added.

Shri Sinha said that the UT of J&K will be milk surplus in coming five years as we have embarked on a journey of holistic development and this sector remains at the centre-stage.

Speaking on the occasion, MoS Fisheries, Animal Husbandry and Dairying and Information and Broadcasting Dr. L. Murugan said that World Milk Day is an occasion to celebrate and acknowledge the contributions of our dairy farmers especially women

whose contributions have made India top milk producer in the world. He said that the dairy sector has empowered more than 80 million people in the country.

Dr. Murugan added that while the global milk production is growing at 2% annually, in India it is growing at above 60%. Our milk production in 2020-21 was record 221 MTs all achieved due to hard work of our dairy farmers, entrepreneurs & also due to the schemes of Union Government.

Dr. Sanjeev Kumar Balyan, Minister of State of Fisheries, Animal Husbandry and Dairying, said that among the entire agriculture sector, milk production is the only sector that yields substantial high profits. Shri Balyan underlined the need of paying attention to strengthening the basic framework in order to improve and achieve the best results.

Ms. Alka Upadhyaya, Sec-

retary, Department of Animal Husbandry and Dairying highlighted that the realigned schemes of DAHD is helping in improving per animal productivity. Increase in productivity will help in production of more Milk, meat and livestock products for the domestic market and export market. Department is implementing several programs for complete control and eradication of major livestock diseases and Infrastructure Development.

Union Minister for Fisheries, Animal Husbandry and Dairying Shri. Parshottam Rupala chairs the Summer Meet for the animal husbandry and dairying sector during 1-2 June, 2023 at SKICC, Srinagar, Jammu and Kashmir, with the presence of Union MoS of AHM and Fisheries, Shri Sanjeev Kumar Balyan & Dr. L. Murugan. The Summer Meet aimed to draw out the expectations of States/UTs, create a convergence frame-

work for effective programme implementation and entrepreneurship development at the ground level, and focus on various innovations, start-ups, & ways forward for the next season.

There were presentations, discussions, and interactions on various aspects of livestock and policies/programmes/schemes for their better and effective implementation at the ground level and well as out-of-the-box solutions, innovations, start-ups, and entrepreneurship development. Dr. O.P. Chaudhary, Joint Secretary, Department of Animal Husbandry and Dairying, Government of India presented a brief overview of the Livestock sector and the schemes being implemented by Department of Animal Husbandry and Dairying, Government of India.

Union Minister highlighted the current developments in the animal husbandry and

dairying sector, scheme benefits and various strategies for better implementation of livestock and dairy schemes in the field, so that large number farmers can reap benefits from the sector.

The meet was graced by State Animal Husbandry and Dairying (AHD) Ministers, Secretary, Department of Animal Husbandry, Govt. Adnl. Secretaries, Joint Secretaries of Animal Husbandry, and attended by State Secretaries and Directors of the AHD and senior officers of Central and State Governments/UTs.

Concluding the event, Shri G. N. Singh, Joint Secretary, Department of Animal Husbandry and Dairying, Government of India, expressed gratitude towards all the dignitaries.

The Government of Jammu and Kashmir enthusiastically provided all administrative and logistical support to make the event a grand success.

FROM THE FRONT PAGE...

Lt Governor addresses...

Narendra Modi and Hon'ble Minister Shri Parshottam Rupala for their continuous support for the development of agriculture & allied sector in Jammu Kashmir and also for including the UT in the pilot launch of the National Digital Livestock Mission.

He said the celebration of World Milk Day in J&K is a significant opportunity to acknowledge the important contribution of dairy farmers, entrepreneurs and all stakeholders in the growth journey of dairy industry.

Exchange of ideas during the two-day long summer meet will help in identifying new viable strategies for upgrading the technological capabilities of livestock sector, significant interventions for dairy sector's productivity, processing and value addition, he added.

Addressing the gathering, the Lt Governor shared the efforts of the UT Government for creating new opportunities and introducing interventions to make Animal Husbandry and Dairy Sector sector more lucrative for all the stakeholders.

"Dairy makes an important contribution to prosperity of the society and to wellbeing, economic activity of the farming families. The UT government attaches the highest importance to sustained increase in productivity and growth of dairy sector," said the Lt Governor.

The Lt Governor highlighted the contribution of dairy sector in giving impetus to the rural economy and providing livelihood to a large population associated with the sector.

"Dairy sector continues to play a vital role in Agriculture GDP and such deliberations will play a pivotal role in energising research and extension efforts and modifications required for livestock management and productivity enhancements," the Lt Governor said.

The Lt Governor said the Jammu Kashmir is strengthening its ties with other countries and states to transform the livestock and dairy sector and to improve farmers' remuneration. We are taking reformative measures to unlock the huge untapped potential of Animal Husbandry, Agriculture and allied sector, he added.

Fodder production, improving wool quality and addressing issues like inbreeding are other focus areas of the government. We will become self-sufficient in fodder production with 80% fodder being grown locally, he further added.

Speaking on the Holistic Agriculture Development Program (HADP), the Lt Governor said the UT government is committed to create new avenues to farmers and youth entrepreneurs. He said J&K government's aim is to write a new chapter in the history of animal husbandry, agriculture and allied sector of Jammu Kashmir.

Under the Holistic Agriculture Development Program, the UT government is launching Integrated Dairy Development scheme that will not only provide social safety net to the farmers but also provide employment and entrepreneurship opportunities to the people, added the Lt Governor.

The Lt Governor shared the valuable suggestions on financial inclusion of farmers and easy credit access to farming community of J&K UT. He stressed on the need to make the banking system streamlined for the welfare of farmers.

We must identify the 25 potential projects of agriculture and allied sector and rope in reputed universities and educational institutions to work out strategies through which these projects can fulfill the needs of the country. The Lt Governor cited the example of SKUAST which was recently directed to explore the possibilities of growing Tulip's planting material in J&K instead of relying on imports.

The Lt Governor urged the Government of India to make a list of PMUs for guiding the projects. Agriculture sector and also called for considering J&K UT for international funding on the same pattern as received by other Himalayan States and UTs.

Feeding the Future: Five Days of Action for Feed and Fodder campaign and A-HELP training programme were launched on the occasion.

The dignitaries also released a book on sustainable dairy production, besides distributing Fodder seeds to livestock farmers and A-HELP field kits to Pashu Sakhis. Sanction Letters were also handed over to beneficiaries of Jammu Kashmir under different schemes.

Senior officials of the Central Government and J&K UT Government, and Dairy and Sheep farmers in large numbers were present.

Will strive to take...

pipeline, development of integrated check posts and boosting cooperation in hydroelectric power.

One of the key pacts signed was the revised India-Nepal treaty of transit.

"We will continue to strive to take our relationship to Himalayan heights. And in this spirit, we will resolve all issues, be it boundary related or any other issue," Modi said in presence of Prachanda.

Modi also referred to his priority in strengthening ties with Nepal after he took charge as prime minister nine years back.

"I remember, nine years ago, in 2014, within three months of taking office, I made my first visit to Nepal. At that time I had given a 'hit' formula for India-Nepal relations - Highways, I-ways, and Trans-ways," Modi said.

"I had said that we will establish such a relationship between India and Nepal that our borders do not become barriers between us," he said.

Modi said he was feeling proud to say after nine years that "our partnership has been really a 'hit'." Following the talks, the two leaders virtually inaugurated integrated check posts at Rupaidiha in India and Nepalgunj in Nepal. They also virtually flagged off a cargo train from Bathnaha in Bihar to Nepal custom yard.

To further strengthen cultural and religious ties, PM Prachanda and I decided that projects related to Ramayana circuit should be expedited, Modi said.

In his comments, Prachanda said he and Modi carried out an "extensive review" of the progress in the ties and renewed their commitment to further strengthen relations and cooperation.

The Nepalese prime minister said he appreciated Modi's "neighbourhood first policy".

"The relations between Nepal and India are age-old and multi-faceted. This relationship stands on the solid foundation built on one hand by the rich tradition of civilisational, cultural and socio-economic linkage and on the other by the firm commitment of the two countries to the time-tested principle of sovereign equality, mutual respect, understanding and cooperation," he said.

He said the two sides discussed ways to further strengthen cooperation in diverse areas including trade, transit, investment, hydro-power, power trade, irrigation, power transmission line, expansion of petroleum pipeline, construction of integrated check post and land and air connectivity.

"We are happy to see the remarkable transformation of India's economic and development landscape under the able leadership of PM Modi. I congratulate PM Modi on the completion this week of nine years in government with far reaching achievement in many fronts," Prachanda said.

The Nepalese leader arrived here on Wednesday on a four-day visit.

Nepal is important for India in the context of its overall strategic interests in the region, and the leaders of the two countries have often noted the age-old "Roti-Beti" relationship, which refers to cross-border marriages between people of the two countries.

The country shares a border of over 1,850 km with five Indian states - Sikkim, West Bengal, Bihar, Uttar Pradesh and Uttarakhand.

Land-locked Nepal relies heavily on India for the transportation of goods and services.

Nepal's access to the sea is through India, and it imports a predominant proportion of its requirements from and through India.

The India-Nepal Treaty of Peace and Friendship of 1950 forms the bedrock of the special relations between the two countries. (Agencies)

State investigation...

pursuance of search warrants issued by the Special Court for UAPA offences (designated under the NIA Act) Pulwama, actively assisted by sister agencies, during the pre-dawn hours today, they said.

The case of killing of Sharma was initially investigated by Pulwama Police and subsequently it was transferred to the Jammu and Kashmir.

"Investigation is progressing well and the agency is hopeful of taking it to its logical conclusion," the SIA officials said. (Agencies)

Rain lashes Jammu...

added rain or Snow may lead to temporary disruption

of traffic over vulnerable places.

It has also cautioned all concerned to remain cautious and alert and follow traffic advisories before going for travel.

Regarding rainfall, the MeT office said Srinagar received 10mm, Qazigund 11.4mm, Pahalgam 11.5mm, Kupwara 10.7mm, Kokernag 10.4mm and Gulmarg 14.6mm during the past 24 hours till 0830hours on Wednesday.

Srinagar recorded a low of 11.4 degree Celsius against 12.5 degree Celsius which was 1.1 degree Celsius below normal for the summer capital of Jammu and Kashmir.

The maximum temperature was 11.0 degree Celsius below normal of 26.3 degree Celsius recorded on Thursday forcing people and tourists to wear warm clothes.

Qazigund recorded a low of 11.0 against 11.2 degree Celsius a day ago and it was 0.1 degree Celsius below normal for the gateway of Kashmir.

Pahalgam had a low of 9.4-degree Celsius against 8.8 degree Celsius the previous night and it was 1.0 degree Celsius above normal for the famous tourist spot of south Kashmir.

Kokernag had a low of 9.8 degree Celsius against 8.3 degree Celsius a day ago and it was 1.3 degree Celsius below normal for south Kashmir's picnic spot while the frontier district of Kashmir's Kupwara recorded a low of 10.7 degree Celsius against 11.2 degree Celsius the previous night and it was 0.3 degree Celsius below normal.

Srinagar recorded a low of 4.6 degree Celsius against 4.0 degree Celsius a day ago which was 3.0 degree Celsius below normal, the MeT office said.

Time not ripe for Army's...

at the situation when I first came here, things were on the boil, they had to be controlled. Today, I can say with a certain amount of honesty that in the last 30 years, and particularly in the last three, three-and-a-half years since August 2019, things have fallen into their places," he said.

The officer said normalcy and peace in Kashmir was achieved after a lot of "sacrifices" and hard work.

"Being a soldier myself, I think this is the place where the sacrifices of the soldiers, the sacrifices of so many agencies, the administration, the people who have been involved in the daily dynamics of this place, have made a difference. You can say at this point of time, the silver lining is definitely on the horizon," he said.

It was a gradual process that went on over the last 30 many years and there is still a lot of ground which needs to be covered, he said.

"At least, we are on the right path... whatever the Army does or whatever the sister agencies do... the developmental work by the UT administration has changed the narrative in a big way. There is a huge change on the ground in every domain, every segment, every sphere," he said.

Asked if the presence of militants in south Kashmir was a cause of concern, he said there was some "visibility" of militants but "the challenge is to weed them out" further lower the numbers.

"I won't specify the numbers because numbers do not give the correct picture, but it suffices to say that we have been able to control this particular aspect and we have got it down to numbers which are very far and few.

"So, that should be an aspect of great credibility for every agency, and of course, the Army is the major role player in all this," he said.

In response to a question on the ability of terrorists to strike during big events, Lt Gen Auja said while there is an inclination among the ultras, the security forces were in great shape to control the situation.

"The propensity is definitely there. Even one individual can create a lot of trouble. But with the type of efforts, synergy, and domination being put in by every agency, and the army has the largest footprints, I think we are in a fair amount of control of the situation.

"Whatever we can do and whatsoever we want to achieve to make the others comfortable, I think we are in a great shape to look after the interests of security within the Valley at this point," he said. (Agencies)

Last 9 years provided...

of Government schemes in the last 9 years."Be it DBT, or provision of basic facilities like electricity,

water, toilets to poor people, all these have brought a revolution at the grassroots level," he said.

Dr Jitendra Singh said, Prime Minister Narendra Modi has put Nari Shakti at the forefront of India's development journey. Mission Shakti comprises two sub-schemes 'Sambal' and 'Samarthya' for the safety, security and empowerment of women. The impact of this approach has been evident in the outcomes, such as an improved sex ratio at birth which is now for the first time 1020 women per 1000 men, a rise in institutional deliveries, declining infant mortality, and a lower maternal mortality rate.

With a promise to remove drudgery from the daily life of Women, Dr Jitendra Singh said the increased usage of LPG cylinders under the Ujjwala Yojana has saved crores of women from chronic respiratory disorders through smoke-free kitchens. With the success of Swachh Bharat Abhiyan, crores of women are now able to access toilets in their homes without any fear of safety or violation of dignity. Walking long distances to fetch water for daily consumption is becoming a thing of the past as households across the country are getting tap water connections under the Jal Jeevan Mission. Over 27 crore women pads have been sold at One Rupee at Jan Aushadhi Kendras.

He said women empowerment is contingent upon the economic empowerment of women. Programmes such as MUDRA Yojana in which 68% of loans have been extended to amounting to more than 27 crore women have enabled crores of women across the country to pursue their level entrepreneurship and become financially independent. 3.18 crore Sukanya Samridhi Yojana accounts have been created. To promote financial inclusion among women, Mahila Saman Savings Certificate was introduced as part of the Union Budget 2023-24, which is a small savings scheme exclusively for female investors.

Under PM Awas Yojana, women are being made owners of the family home thus becoming active participants in household decision-making. In the 9 years of the Modi government, women have grown from strength to strength. Their success can be seen in the significant increase in the numbers of female police personnel, in the laurels won by sportswomen from the country and in the enrolment of women in the fields of Science, Technology, Engineering & Maths.

The government has transformed Women from being targets of welfare to agents of empowerment. "Today it is no longer women development, but women-led development," he said. Jitendra Singh said, with a view to Women Empowerment, the Modi Government has been guided by the principle of "Sambal, Suraksha, Samman". Prime Minister Narendra Modi has put Nari Shakti at the forefront of India's development journey. Mission Shakti comprises two sub-schemes 'Sambal' and 'Samarthya' for the safety, security and empowerment of women. The impact of this approach has been evident in the outcomes, such as an improved sex ratio at birth which is now for the first time 1020 women per 1000 men, a rise in institutional deliveries, declining infant mortality, and a lower maternal mortality rate.

SIU attaches under...

the SIU Anantnag under section 25 of UAPA) Act & the connection related to the attachment of property was accorded by the Divisional Commissioner Kashmir," the spokesman said.

Police said the house was attached as part of continuing crackdown on harbouring militants and providing logistic support to them.

Police have once again advised the general public to not harbour or provide shelter or extend, Suraksha, Samman". Prime Minister Narendra Modi has put Nari Shakti at the forefront of India's development journey. Mission Shakti comprises two sub-schemes 'Sambal' and 'Samarthya' for the safety, security and empowerment of women. The impact of this approach has been evident in the outcomes, such as an improved sex ratio at birth which is now for the first time 1020 women per 1000 men, a rise in institutional deliveries, declining infant mortality, and a lower maternal mortality rate.

"SIU shall continue identification and initiation of attachment /confiscation of properties falling under the ambit of proceeds of terrorism to shake the ecosystem of terrorism in UT of J&K," the spokesman said. (Agencies)

Pak intruder shot...

of Control (LoC) in Poonch district. The terrorists, from whom a huge consignment of arms and narcotics was recovered, were arrested after an exchange of fire near the border fence, according to a defence spokesperson.

Yudhvir leads deputation of Bus Stand traders to VC JDA, highlights their issues



J I NEWS SERVICE

JAMMU, JUN 1: Yudhvir Sethi, J&K BJP Vice President urged the government not to shift the traders of Old Bus Stand before initiating development work of Old Bus Stand in Jammu.

In this context, Yudhvir Sethi today led a delegation of Bus Stand traders comprising Ramesh Kumar Tak, President, Welfare Association Old Bus Stand Jammu and Madhu Sudan met Vice Chairman of Jammu Development Authority and apprised him of the problems being faced by the traders.

Notably, the deputation of Bus Stand Traders headed by Ramesh Kumar Tak and Madhu Sudan, Presidents of both the Unions reached the grievances redressal camp organised by Yudhvir Sethi at Pt Prem Nath Dogra Bhawan Kacchi Chawni Jammu and apprised him of the problems being faced the traders of Bus

livelihood of these traders will be affected. He said that the Department will take all possible measures in rehabilitating them first then the development work will be carried out.

Ramesh Kumar Tak and Madhu Sudan expressed gratitude to Yudhvir Sethi for personally taking up their issue with Vice Chairman of JDA.

Earlier, Yudhvir Sethi interacted with individuals and deputations during the public grievances camp held at Pt Prem Nath Dogra Bhawan Kacchi Chawni Jammu.

Various deputations including individual persons and most of them were women visited the party office to discuss their issues with the senior BJP leaders. Issues related to the ration, education, pension, PHE, PDD, revenue, power, water scarcity, roads and other issues related to the development and personal issues were presented in front of senior party leaders.

While giving patient hearing to the deputations, Yudhvir resolved most of the issues instantaneously by talking to the authorities concerned on the phone. He assured to take up the rest of their issues with the concerned authorities and get the same resolved at the earliest.

Sethi said that the Party is fully committed to address the day to day problems being faced by the people in general and that of Jammu City in particular.

He said that it is a sincere attempt to lessen the gap between administration and people and ensure that genuine issues of people are redressed in an efficacious manner.

Stand area.

Sethi apprised the VC JDA that near about 160 traders are running their establishments in the premises of Old Bus Stand Jammu having minimum 3 to 4 employees and every vendor has 1 to 2 employees. Since, the Bus Stand Terminal has been shifted to nearby newly constructed Bus Stand but maximum passengers come for purchasing and eating food at Old Bus Stand while the conditions of bus stand is in shambles. He said the government is planning to reconstruct the whole premises which is a welcome step but need of the hour is to rehabilitate the traders. He said that the government is for the people and the government must think about the traders who are running their establishments in the bus stand area so that their livelihood will not be affected at any cost.

The Vice Chairman gave a patient hearing to the deputation and assured the senior BJP leader that the

Delegation led by R. S. Chib call on M.D. JPDC

J I NEWS SERVICE

JAMMU, JUN 1: A Delegation led by R. S. Chib, General Secretary Democratic Azad Front with representatives of Farmers along with representatives of the Border area along the International Border met the M.D. of Jammu Power Distribution Corporation Ltd. in respect of Amnesty Scheme introduced by the Government. Mr. Chib said a large number of people have been benefitted due to Amnesty scheme in respect of domestic power connection and with the result Power Department have received the payment against outstanding bills to a large extent.

He further said the department has been benefitted and at the same time, the people are feeling a great relief because of waver of the interest on

the pending electricity bills. Hence this scheme have brought a great relief for the public as well as the Department of power.

The delegation impressed upon the Managing Director that this area along the IB (International Border) from KATHUA to River Chenab is known for producing good quality of Rice. He further said that Canal irrigation system is not very effective and most of us are depending upon the Pump sets for irrigating the land. A Large number of Pump set owners are under stress, since their bills for electricity are pending in respect of their pump sets. It was explained to him the land holdings of our farmers are very small and hence their agriculture income is quite less. It is also brought to his notice that, all the farmers residing along the

IB (International Border), from Kathua upto River Chenab, have been facing migration problem, since 1947 till date because of unprovoked firing by Pakistan.

The members of the delegation demanded that a similar Amnesty scheme on the lines of DOMESTIC Power Supply, may be introduced in respect of those, having Pump sets, for the purpose of irrigation, so that they can clear their outstanding bills.

Mr. Chib thanked the Managing Director and hoped that and early decision will be taken to provide relief to the farmers and they will also be brought under the Amnesty Scheme, like the Domestic Power Connections. Mr. Gurdyal Singh Majotra, Vice President of Jammu Central Zone was also part of the delegation.

NC slams Modi Govt for failure to create 2 cr jobs per year

Frowns on celebration of 9 yrs of BJP rule: Zeeshan

J I NEWS SERVICE

JAMMU, JUN 1: Zeeshan Rana, Additional Spokesperson Jammu and Kashmir National Conference (JKNC) Jammu has frowns upon the Bharatiya Janata Party (BJP) for celebrating 9 years of Modi Govt at Centre. He said that it is an irony that despite the BJP Govt having failed miserably on all fronts, the Party is misleading the nation and its people by celebrating the same under its 'Maha Jan Sampark Abhiyan' programme.

In a statement issued to media here today, the National Conference leader alleged that Modi Govt failed to tackle unemployment in 9 years of its governance at the Centre. He said that today unemployment being at peak across the country reveals the incompetence and utter failure of the



BJP Govt at the Centre despite having promised to provide unprecedented number of jobs to the youth. He slammed the PM Modi Govt for its failure to create 2 cr jobs per year, a narrative created to just attract votes to hold the governance of the world's largest democracy.

Zeeshan Rana said that there are no

result oriented policies tailored for the youth as a result of which the future of the youth especially has been plunged into darkness. Moreover, in this Union Territory the Administration has become a den of corruption with recruitment scams having further finished the scope of getting jobs for the youth of this disturbed region.

The senior JKNC leader said the BJP must conduct a fair introspection of its Govt's functioning and draw an unbiased conclusion. He asserted that a fair conclusion clearly shows that BJP Govt has achieved unprecedented success in creating a communal divide and spreading hatred across the nation. He said that the people have now understood the BJP's game plan and they are waiting to teach it a lesson in the upcoming 2024 Parliamentary elections.

Fill vacant posts on fast track basis: Bali Bhagat urges LG Sinha

J I NEWS SERVICE

JAMMU, MAY 31: Bali Bhagat, senior BJP leader and former Minister has urged the Lt Governor to fill all the vacant and identified posts in all government departments on a fast track basis. In a statement issued here today, Bali Bhagat said that the Modi Government has taken various measures to address the problems being faced by the youth of Jammu and Kashmir, and the timely filling of government posts is essential in providing them with the much-needed employment opportunities. Notably,

the Jammu and Kashmir Government has identified 26,000 vacancies in various departments for filling up in the current year including Gazetted, non-Gazetted and Class-IV.

The senior BJP leader said that unemployment has become a major issue in J&K and therefore it is advisable that the government recruitment agencies JKSSB and JKPCS should advertise all the vacant posts available with them on fast track recruitment because the BJP Government in the Centre is resolute for giving employment to youths in the UT of J&K. He said that the Government at

the Centre is quite concerned towards the people of the people especially the youth therefore the local Government under the realms of LG Manoj Sinha should also take a cue for giving priority to fill these identified posts on fast track basis.

Bali Bhagat also advised the youth of Jammu and Kashmir not to depend solely on government jobs as the Modi Government has launched numerous schemes to foster entrepreneurship in the country.

He mentioned that the Modi Government has launched various schemes such as

Manjit Singh resents forcefully process of acquiring land for NHAI in Samba

J I NEWS SERVICE

SAMBA, JUN 1: Apni Party Provincial President Jammu, and Former Minister S. Manjit Singh has strongly resented the forcefully acquiring the possession of land from the innocent villagers in Samba for the widening, and Expressway Construction.

Addressing a monthly meeting of Apni Party leaders and workers in Vijapur, he said that there is a very strong resentment among the people in village Chak Manga Gujran in Samba where the revenue authorities using the police force took over the possession of the land for NHAI from the poor families.

"These families were not consulted but they were misled by the administration by calling them to the direct headquarters for a meeting, but did not hold the same. Under the garb of the meeting with the villagers, their land was taken over even after protest by the women," he said, citing strong resentment among the villagers in Samba's various villages.

He said that the anger will burst in the shape of protests across the district for the injustice done with the people whose land was taken over and the compensation was accorded less and higher in some cases in the same area having similar market value. "Many people who had commercial value properties, and established businesses have lost their source of earning and these families of land owners were given very less in comparison to the market value of the land," he said.

Highlighting the plight of the Displaced Persons/Refugees of 1965 and 1971 was not given by the NHAI even as the Govt had assured them ownership rights on the custodial land.

"After displacing people from one place on the name of development, no plan has been made for their



of the people in Samba, he said that "These people have also accused NHAI for discriminating with them as in some areas close to them were given appropriate compensation, but they were declined the same right," he said.

He said that the villagers of Chak Manga Gujran have claimed that they were allotted land in 1952 by the Govt but still they were not given any kind of compensation nor were they given a chance to represent themselves.

"Many villagers whose 200 kanals have been taken over by the authorities for terminal and other construction work for Expressway claimed that they were deceived by the authorities," he said.

He said that the shops on the highway in Samba were also dismantled, and the land compensation to the Displaced Persons/Refugees of 1965 and 1971 was not given by the NHAI even as the Govt had assured them ownership rights on the custodial land.

"After displacing people from one place on the name of development, no plan has been made for their

resettlement at an alternative place. There are many examples of shopkeepers whose shops were dismantled by the authorities but when they construct the shops at their own land away from the highway, the JDA jumps in, to harass the villagers/landowners/shopkeepers etc. The JDA must be pulled for unnecessarily harassing the people even in areas where they were not given any kind of compensation nor were they given a chance to represent themselves.

He said that the LG administration is incompetent in providing equitable development, ensuring employment to the educated youth.

"In all these nine years, J&K has gone to the stone age like situation with a model of governance implemented by the bureaucracy across Jammu and Kashmir. The Govt officers are not treating people well, and people have to line up in front of their offices. The public grievance redressal system seems to have collapsed," he said while recalling the recent anti-encroachment drive where poor were displaced from their homes, and land.

Earlier, the Former Minister, S. Manjit Singh offered tributes to Shaheed Amarnath Bhagat Ji, who started a movement for reservation of marginalised sections of society, to ensure their educational, social, economic and political upliftment.

"The growing issues of

Sham Lal Sharma, Kulbhushan, Dil Bahadur, Danish listen to public grievances

J I NEWS SERVICE

JAMMU, JUN 1: Sham Lal Sharma, J&K BJP Vice-President & former Minister, accompanied by BJP Library Incharge Prof. Kulbhushan Mohtra, Swachh Bharat Abhiyaan Incharge Er. Dil Bahadur Jamwal and BJYM Vice-President Danish Mishra, was listening to the grievances of a large number of people belonging to different areas of Jammu & Kashmir at party headquarter, Trikuta Nagar, Jammu.

Individuals and Deputations of people from various areas of Jammu & Kashmir had reached Trikuta Nagar office to meet these leaders with their grievances. They narrated their woes and sought kind intervention of the party leaders to get their problems solved.

No. of deputations from different areas including from Gangyal, New plot, Janipur, Bantalab, and outskirts of city met the leaders and presented their grievances pertaining to water supply, Lanes and drains, for laying of crates especially in view of upcoming rainy season.

A deputation of Diploma Engineers apprised the senior party leadership about irregularities in promotions in diploma Engineer cadre. Their grievance was taken up with Additional Secretary and Commissioner Secretary Jal Shakti Department for their early redressal strictly based upon the merit. Another deputation from Trikuta Nagar, requested to take

action on illegal saw mill running in Parvin Colony, Trikuta Nagar, Extension, which is causing noise and air pollution apart from life threatening fire incidents that have earlier occurred.

A deputation of Daily Wagers of Jal Shakti Department also requested to resolve their issues of regularization as early as possible.

Sham Lal Sharma gave patient hearings to the problems presented by the people, which were immediately taken up with the concerned officers of the concerned departments for their early redressal.

Prof. Kulbhushan Mohtra, Er Dil Bahadur Singh Jamwal and Danish Mishra coordinated the Camp proceedings.

BJP SC Morcha pays homage to Shaheed Bhagat Amarnath on his 105th birth anniversary

J I NEWS SERVICE

JAMMU, JUN 1: Neelam Langeh, President of BJP SC Morcha and former Legislator paid heartfelt tributes to the great martyr, Shaheed Bhagat Amarnath, on the occasion of his 105th birth anniversary, in a function held here today.

During the event, Langeh threw light on the inspiring life history of Shaheed Bhagat Amarnath. He emphasized that Bhagat Amarnath, often referred to as the Dr. Ambedkar of Jammu and Kashmir, made the ultimate sacrifice in 1970 for the upliftment and empowerment of the entire Dalit community.

The former Legislator acknowledged his pivotal role in bringing about the implementation of reservation policies in Jammu and Kashmir, which continue to



shape a more inclusive society in the region. Today, the educated society of our region continues to benefit from the opportunities provided through reservation.

Langeh expressed deep respect and gratitude for the indomitable spirit and

legacy of Shaheed Bhagat Amarnath, whose contributions continue to inspire generations and shape a more inclusive society in Jammu and Kashmir.

Among those who paid tributes to Shaheed Bhagat Amarnath include Shri

Ashwani Sharma former MLA, DDC Member Charu Ram Bhagat, Shri Adarsh Jathiyar General Secretary SC Morcha J&K, Shri Surinder Bhagat National Executive Member, Raj Kumar, Ashwani Charak, and others.

THOUGHT OF THE DAY

Logic will take you from A to B. Imagination will take you everywhere - Albert Einstein

JINDRAH IMAGES

Appalling human behaviour

The gruesome and brutal killing of a teenager in full public view in Delhi's Shahbad Dairy area was not only shocking but also threw light on the toxic masculinity that still prevails in the society. The 16-year-old girl was stabbed multiple times besides the accused used boulders to crush her face. The spine-chilling incident, video of which has gone viral in social media, has raised disturbing questions about the law and order situation in the national capital. As she was being repeatedly stabbed and bludgeoned by a 20-year-old, apparently her boyfriend, not one of the several bystanders and pedestrians intervened or alerted the police. The People getting scared and running away from the scene of the crime is understandable, but the shocking video footage of the crime scene shows them casually passing by. The CCTV footage shows that Sahil pinned her to the wall, stabbed her more than 20 times and kicked her even when she went still. Thereafter, he picked up a rock and struck her multiple times and left. Not one individual came to the victim's rescue. Not one raised the alarm. This was quite unfortunate and regrettable. The alleged murderer Sahil Sarfaraz has confessed to committing the crime in a fit of rage and that he has no regrets. If one goes by the statement of the police, the victim could have been saved if someone had stepped forward to stop the killer. The swift arrest of the accused has brought a little or no solace to the victim's family. What was quite shocking was the absolute lack of remorse on the part of the accused. The moot question arises as to what about the people looking the other way when a gory murder was being committed right in front of their eyes? What does it say about the national capital and the safety of its women residents? Is it that normalisation of violence has led to a situation where Delhi's people just don't care? This, ironically, played out in a setting where it is common to see a crowd gather within seconds to offer help to an accident victim. The brutal murder of a young girl is a chilling reminder of the deep-rooted patriarchal mores, as exhibited by the killer. Now is not the time for a political blame game over the deteriorating law and order situation. The incident must trigger serious reflection and debate on the appalling public behaviour. Civil society, the police and political activists, all need to come together to address the issue. The citizens of the country also owe a moral responsibility and they should come forward to minimize, if not stop, such incidents in near future. The people can't remain mute spectators to such gory incidents.

Erdogan's win a triumph of religion-based nationalism

THE PRESENCE OF INDIAN BUSINESSES IN TURKIYE AND GROWING NUMBER OF INDIAN TOURISTS COULD HELP IMPROVE BILATERAL TIES.

ANAND KUMAR

THE recent election in Turkey saw incumbent President Recep Tayyip Erdogan emerging victorious over his rival, Kemal Kilicdaroglu. Despite facing challenges such as a cost-of-living crisis and the devastation caused by an earthquake, Erdogan managed to shift the focus of his campaign to religion-based nationalism, which resonated with many voters. His control over the state apparatus and support from foreign powers such as Russia also played a role in his victory.

Erdogan has been in power for 20 years, initially serving as Prime Minister and then as President since 2003. He transformed the presidency from a ceremonial role to a powerful office through a referendum in 2017, which replaced Turkey's parliamentary system with an executive presidency. Erdogan's party, the Justice and Development Party, abbreviated as AK Party, has hollowed out political institutions, tamed the media and reshaped the military command to consolidate power.

The opposition Nation Alliance led by Kilicdaroglu, aimed to shift away from the executive presidency and promote a strengthened parliamentary system. It also appealed to right-wing voters as it advocated the transfer of Syrian refugees back to their home country. However, despite leading in opinion polls prior to the election, Kilicdaroglu was ultimately defeated.

The victory of Erdogan and AK Party caused concern among critics — both within Turkey and internationally. Erdogan's economic policies, a slow response to the earthquake and erosion of democratic institutions have invited criticism. Many hoped that Kilicdaroglu's win would bring about a more democratic and prosperous Turkey, aligned with western values and pursuing European Union membership. However, Erdogan's win indicates that Turkey is likely to continue on its current path, which has seen it taking a more confrontational stance in foreign affairs and forging closer ties with countries like Russia. Erdogan's personal relationship with Russian President Vladimir Putin has also survived the Kremlin's war on Ukraine. Turkey's troubled economy is ben-



efiting from a crucial deferment of payment on Russian energy imports that helped Erdogan spend lavishly on campaign pledges this year.

These elections are significant beyond Turkey's borders as the country is positioned at the crossroads of Europe and Asia and plays a crucial role in the North Atlantic Treaty Organisation (NATO). The Erdogan government has made decisions that have impacted international relations, such as vetoing Sweden's bid to join NATO and purchasing Russian missile-defence systems, which led to Turkey's removal from a US-led fighter jet project. However, Turkey has also played a role in brokering important agreements, such as facilitating Ukrainian grain shipments during a global food crisis.

As Erdogan begins his new term as President, he faces several challenges. The unravelling economy and the cost-of-living crisis pose an immediate challenge for Erdogan. High inflation and eroded purchasing power have impacted Turks. Addressing this crisis and stabilising the economy will be a top priority. His unorthodox policy of cutting interest rates to combat inflation has faced criticism. Balancing the need to lower inflation while maintaining economic stability will be crucial for his administration.

Turkey's NATO partners, particularly the US, are eager for Ankara to lift its veto on Sweden joining the alliance. Ankara's demands for the extradition of Turkish figures suspected of links to Kurdish militants have complicated the situation. Erdogan will need to navigate these

tensions and find a resolution.

Turkiye also needs to mend fences with Syria. Erdogan's backing of opposition forces during the Syrian civil war has strained relations with neighbouring Syria. Turkiye has conducted military operations in northern Syria and maintains a military presence there. Efforts to mend ties, including Russian-mediated talks, have so far failed to normalise diplomatic relations.

Under Erdogan's leadership, Turkiye has aligned itself with countries like Pakistan on certain issues, including taking a stance on Kashmir. It has also been part of a group with Iran and Malaysia that seeks to assert leadership in the Islamic world, often at odds with India. Despite India's assistance after the earthquake, it remains to be seen if there will be any change in Turkiye's approach towards India.

Erdogan might also open a new chapter in relations with India during his new term, primarily due to various factors such as political instability in Pakistan, Turkiye's shrinking economy, and changing world politics. Turkiye may be becoming disenchanted with Pakistan, and this could potentially affect its relationship with India. Last year's ouster of Pakistan PM Imran Khan, who was seen as Erdogan's biggest supporter, and Pakistan's increasing financial dependence on Saudi Arabia could play a role in this shift.

Turkiye might adopt a more pragmatic policy focused on economic recovery. Its foreign policy has been moving towards detente with coun-

tries in West Asia since 2020. This shift could potentially lead Turkiye to prioritise economic interests over its religious identity, potentially opening up opportunities for closer ties with India. The presence of Indian businesses in Turkiye, as well as the growing number of Indian tourists, could help bring potential improvement in bilateral relations. Indian businesses have been expanding their presence in various sectors, and Indian tourists now rank third among Asian tourists in Turkiye.

There is concern in Turkiye regarding the number of illegal Pakistani immigrants in the country. The Turkish authorities claim that there are 3,000-6,000 illegal Pakistani nationals in detention at any given time, with many others staying in Turkiye with the intention of finding a way to reach Europe. The authorities express concern about the Pakistani immigrants not respecting Turkish culture, particularly in relation to women.

While former President Mustafa Kemal Ataturk's secularism may not be in fashion in Turkiye today, his nationalism continues to resonate.

Erdogan has retained support of conservative voters who appreciate his efforts to raise the profile of Islam in the republic founded on secular principles and increase Turkiye's influence in global politics.

As the Turkish republic celebrates its 100th anniversary, it finds itself at a critical juncture, with Erdogan's leadership shaping its domestic and international trajectory.

New building will not solve the key problems India's Parliament face

ANAKAR PATEL

THE problem that affects India's Parliament is the quality of debate, the lack of time spent discussing important legislation, the absence of quality for the most part in speeches, the chaos and anarchy, the horse-trading and the disregarding of the Opposition and minority opinion.

The new building that was inaugurated on Sunday will solve none of these problems, of course, but then it is not expected to. Like the Vande Bharat trains, it is a solution to problems that do not exist. And behind the introduction of new rituals and a new object is an absence of clarity or direction and the presence of theatre passing itself off as traditionalism. Let us see why.

Conservatism is described as the "commitment to traditional values and ideas with opposition to change or innovation".

What are these traditional values? Those which are orthodox, long-established and customary. The United Kingdom's Parliament is in a building that goes back 900 years. Fire destroyed a lot of the structure in 1263 in the reign of Henry III, then again in 1298 and again in 1512 and again in 1834. Each time the parts that were burnt down were rebuilt. This is traditionalism and conservatism and that is one reason why the House of Commons and the House of Lords is so respected. If you have seen parlia-



mentary debate in the UK, with its stiff formalism and insistence on protocols and the members' discipline in following these, it is because both major parties accept traditionalism in these matters. This is why, truth be told, their debates are enjoyable, while ours are not.

India's Parliament House was opened only in 1927, but it has now been discarded in favour of something newer, though it is not clear why the new building was needed.

The other buildings constructed around the same time, including the centres of administration and Rashtrapati Bhavan (built in 1929), are still occupied and being used.

The new Parliament's inauguration was accompanied by religious ritual as a sign of belief in tradition but the larger principle of traditionalism was abandoned with the previous building. We can see this elsewhere in New India as well. Ideology must be rooted in principles. A focus on conser-

vatism must then show itself across the spectrum of functioning. This is not easy to do because it puts tradition and values above immediate advantage. Traditionalism acts as a restraining hand on the wrist of the person making decisions or one who has a say. It says "go slow", "do not disturb that which is working", respect what you have inherited and try to understand why it has worked.

Traditionalism also understands that there are boundaries, and tradi-

tionism respects them by adhering to these boundaries himself. The often-written rules of engagement between institutions are followed by the traditionalist through convention and precedent, rather than innovation and invention. Again, it needs to be repeated that this shows itself particularly where and when there is tension between institutions. This is when the conservative, the traditionalist, steps back.

The radical individual knows all this and doesn't care for traditionalism or conservatism. The goal here is to undo the past and to break with it totally. Complete political and social reform is the call of the radical, also defined as extreme social and political change.

The current uncertainty with India's currency is not the result of an act of conservatism or traditionalism. It is a radical act, just like the one that inspired it in 2016. Experimentation of this sort is not to be found in traditional governments like the UK, or even the United States. In those countries, people holding bills of high denomination have the confidence that their money will be accepted today, tomorrow and in the future.

"This note is legal tender for all debts, public and private" — is what the dollar says. Shopkeepers do not refuse the note in the US or the pound in the UK because they are unsure of its future or concerned that accepting it will put them through difficulty.

Traditionalism must extend to the Constitution and its values. If it espouses pluralism and freedom, then the traditionalist has to stress them. If it contains fundamental rights, meaning those which enjoy a high degree of protection from encroachment by the State, then it is this value that must be echoed. In constitutional democracies, the Opposition is legitimate and is a part of the legislature. To see it as the enemy and to try and get rid of it through convictions and expulsions is not traditionalist because it is not democratic.

The traditionalist treads carefully on laws that bring change. Especially change that is unclear. If there are safeguards in the law then these must give pause. Undoing parts of the Constitution for popular reasons or even those of nationalism is an act of radicalism. Consider where Jammu and Kashmir is today more than three years after executive action. If it is in a place of uncertainty, it is because the action was not conservative or traditionalist.

When it is said that the party governing India is 'right wing' it is implied that it is traditionalist and conservative.

It is opposed to liberalism, which wants to interpret laws based on the spirit of the time and not some eternal principles. But this traditionalism does not appear to show itself in either language or behaviour.

ALIA BHATT JOINS JULIA ROBERTS, IDRIS ELBA, SALMA HAYEK FOR GUCCI CAMPAIGN

Actor Alia Bhatt is unstoppable. With her work especially this year she has been giving multiple reasons to fans to beam with pride. If you are an Alia Bhatt admirer, then the latest update about the actor will surely make your heart swell with happiness. The 30-year-old, who was recently appointed as the first Indian Global ambassador of the Italian high-end luxury brand Gucci, has now joined a few artists and models from around the world for a special video for the brand.

Taking to Twitter, Alia dropped a video in which she is seen speaking out for gender equality along with stars like Julia Roberts, Salma Hayek, Idris Elba, Serena Williams, Halle Bailey, John Legend, Julia Garner and Daisy Edgar-Jones. The actors talked about freedom,

education, strength, opportunity and dignity in the clip. "Excited to be chiming in for Gucci Chime's 10th Anniversary Campaign #GucciChimeForGenderEquality #Chimeln@gucci," Alia captioned the post.

Alia's presence along with renowned international stars garnered praise from the fans. "Wooaah... Alia goes global," a social media user commented. "Super proud!" another one wrote. Alia also made her Met Gala debut in the month of May. The 'Raazi' star hit the iconic red carpet in a dreamy white gown designed by fashion designer Prabal Gurung. This year's theme was 'Karl Lagerfeld: A Line of Beauty', based on the new Costume Institute exhibition exploring the work of the iconic designer.



Anand Pandit Highlights Importance of Showcasing Savarkar's Story on Grand Scale



Veteran producer Anand Pandit has always put cinema and storytelling first. He recently released the first teaser of the highly anticipated film 'Swatantra Veer Savarkar', the often-misunderstood freedom fighter. The film aims to bring Swatantra Veer Savarkar's inspiring life and contributions to the forefront, featuring acclaimed actor Randeep Hooda in the dual roles of the titular character and director.

Speaking about his decision to back Swatantra Veer Savarkar, Anand Pandit expressed his deep admiration for historic films that highlight different leaders and eras of India's freedom struggle. He emphasized the need to portray Savarkar's story on a grand scale, as it has not been adequately showcased before.

Pandit adds, "History is always a perspective. Having said that, we are a vibrant democracy where different portrayals can co-exist beautifully. Cinema is an exceptional medium to tell a story. We are a country of a billion stories, and I want the films I am associated with to be a rich mix of that diversity." Swatantra Veer Savarkar aims to depict the journey of Veer Savarkar, highlighting his unwavering dedication to the nation and his pivotal role in India's struggle for independence.

BOLLYWOOD'S LOVE AFFAIR WITH CRICKET CONTINUES AS AYUSHMANN SET TO PLAY DADA'

Biopic on one of India's best cricket team captains - Sourav Ganguly - known as 'Dada' - was announced back in 2021. However, the producers Luv Ranjan and Ankur Garg haven't made any more announcements ever since.

It was being speculated that Ranbir Kapoor would be playing the role of Sourav Ganguly in the biopic, but with the 'Rockstar' actor refuting the rumors saying that he was not approached for the role, rumor mills had gone silent.

Now, there are reports of the makers zeroing in on



Ayushmann Khurrana to play the cricketer's role in the biopic. According to reports, the film will go on floors by the year-end. Interestingly it is being reported that Superstar

Rajinikanth's daughter Aishwarya Rajinikanth, who helmed 'Dhanush and Shruti Hassan's psychological thriller '3' is being considered as the director. If the film comes into being, it will continue Bollywood's love affair with cricket and biopics on cricketers.

Here are some of the biopics made on cricketers: MS Dhoni: The Untold Story: Written and directed by Neeraj Panday, this biopic, as the name suggests was based on the life of India's most successful captain Mahendra Singh Dhoni. The film starred late Sushant Singh Rajput in the titular role while

Kiara Advani played the role of Sakshi Singh Dhoni (Dhoni's wife) and Disha Patani as Priyanka Jha (Dhoni's girlfriend). 83. The movie was based on the Indian National Cricket team led by Kapil Dev which famously won the 1983 Cricket World Cup.

The film was directed by Kabir Khan and has Ranveer Singh play the legendary Kapil Dev. The movie starred Deepika Padukone as Romi Devi, Kapil Dev's wife, Jhira as Krishnamachari Srikkanth, Panikaj Tripathi as PR Man Singh and Tahir Raj Bhasin as Sunil Gavaskar among others.

My personal belief is my personal matter Sara Ali Khan on being trolled after Mahakal temple visit



Actor Sara Ali Khan, who faced trolling by a section on social media for her visit to Ujjain's Mahakaleswar temple, has said her "belief" is her "personal matter" and she will continue to visit shrines of all faiths without worrying about what others say.

Sara, daughter of actors Saif Ali Khan and Amrita Singh, was criticised by certain social media users after she posted pictures of her praying at the iconic temple in Madhya Pradesh.

The 27-year-old actor, who is on a nationwide promotional campaign for her upcoming film 'Zara Hatke Zara Bachke', had previously shared her photos from a Lord Shiva temple in Lucknow, Uttar Pradesh. She often posts her pictures from different places of worship on her Instagram page.

At the press conference of the movie, Sara was asked to respond to the backlash.

"I have said this before and I'll say it again. I take my work very seriously and I work for the audience and for you (the media). If you all don't like my work, I'll feel bad. But my personal belief is my personal matter. I'll visit Ajmer Sharif with the same dedication as I'll visit Bangla Sahib or Mahakal."

"And, I'll keep visiting. So, whoever wants to say anything about it, they can. I don't have any problem. But, what's most important is that no matter where you go, you should like its energy. I believe in energy," the actor told reporters here on Wednesday.

For R Madhavan, to be working on birthday is the best gift

Actor R Madhavan turned a year older on Thursday, and he will celebrate his special day engrossed in work.

The '3 Idiots' actor is currently busy shooting for his upcoming project 'Test' in Chennai in which he will be seen opposite actors Nayanthara and Siddharth.

Talking about having a working birthday, Madhavan said, "Birthdays are special, no doubt, but for me, my work is equally important. I feel fortunate to be doing what I love, and that in itself is the best birthday gift."

The Tamil Wides Mangro actor recently received the best director award at the IIFA 2023 for his film 'Rocketry: The Nambi Effect'.

The film is a 2022 Indian biographical drama film written, produced and directed by R. Madhavan in his directorial debut and is based on the life of Nambi Narayanan, played by Madhavan, a scientist at the Indian Space Research Organisation.

'Rocketry' was released in six languages worldwide, including Hindi, English, Tamil, Telugu, Malayalam and Kannada. The movie was shot in India, France, Canada, Georgia and Serbia. Shah Rukh Khan and Suriya played cameos in the film. He will also be seen in the upcoming yet-to-be-titled supernatural thriller film alongside Ajay Devgn and Jyotika.



Jon Batiste joins hands with 'Coke Studio' for new song Shreya Ghoshal, Diljit Dosanjh part of collective

Grammy award-winning musician Jon Batiste has teamed up with Coke Studio to open the platform's new season with the song "Be Who You Are (Real Magic)".

The track is penned by Batiste, who has also performed the melody with international artists K-pop breakout group NewJeans; J I D, an Atlanta-born rapper; Camilo, a Latin Grammy-Award winning pop artist from Colombia; and Cat Burns, a chart-topping British singer-songwriter.

As a platform that celebrates borderless collaboration, "Coke Studio" has partnered with Batiste and genres together, a press release stated.

These artists have created nine brand new multi-artist "collision" songs, and exclusive "Coke Studio" sessions from each artist, which will be released to global music fans on all music



platforms in June and July??"

"Be Who You Are (Real Magic)" was launched Wednesday. According to the makers, the song is a celebration of the power of staying true to yourself.

Batiste said he is "proud" to partner with "Coke Studio" to share a message of encouragement and humanity with the world through his music.

"The Coke Studio platform does great at harnessing their global reach to bring artists of different cultures together in celebration of our cultural differences and the ultimate oneness of us all. This is such a non-traditional, innovative approach we've taken, and it felt very organic for me to just do my World Music Radio thing."

"When I wrote 'Be Who You Are (Real Magic)' I was inspired to create an anthem that captures the Real Magic that happens when we come together as our authentic selves. The anthem features new friends of mine from all around the world, these phenomenally special artists NewJeans, Camilo, J.I.D and Cat Burns. We really had a lot of fun and I hope people everywhere feel the vibe," the musician said in a statement.

There is always something to learn in life actor Aanjan Srivastav on turning 75

For veteran actor Aanjan Srivastav, who turns 75 on Friday, a birthday is just another reminder about the new mountains he wants to scale in his career going forward. Best known to Indian masses as the common man Srinivas Wagle of 'Wagle Ki Duniya', the Doodarshan show of the late 1980s, the actor said his children have planned to throw a birthday party for him.

"There will be a screening of some of my best work. Then, there will be a party, some of my old friends and colleagues will be there," Srivastav told PTI in an interview here. From being a bank employee, read-

ings plays on All India Radio to later joining the Indian People's Theatre Association (IPTA) on arriving in Mumbai in the late 1970s, the Kolkata-born actor has come a long way. Likening acting to life, Srivastav said after straddling several mediums of expression, he wants to actively delve into the digital scene. He previously starred in the Disney+ Hotstar series 'Out of Love'.

"There is always something to learn in life. Similarly in acting, you keep on learning. I have done radio plays, stage plays, television, ads, cinema, and web series. I want to do more web series now. I enjoy it," he added.

Over the years, Srivastav said he has learned to "stay grounded" and work with "good directors and actors".

"I am still the same, I live in a middle-class family set-up," he said, crediting his chance meeting with screen icon Balraj Sahni in Kolkata for his introduction to IPTA. "I became his (Sahni's) fan, I learnt more about him... the social work he did, how he became part of IPTA. Acting is not just about dialogue delivery or dancing, there are other things that you need to understand. I learnt more about acting at IPTA," he added.

It was the exposure at IPTA that helped Srivastav meet

artists like his "Wagle Ki Duniya" director Kundan Shah, and creator-carroonist R K Laxman, and legendary poet Kafi Azmi. "I cannot explain in words the impact that they have had on my life and acting career," he said, adding that doing theatre at his age is "difficult" but he has continued to devote time to it. Srivastav will be back on stage in Ahmedabad on July 2 for 'Kashnakashi', a stage production that revolves around a freedom fighter.

"For me, there is no difference between theatre and life... I pray to God that till the very end (of my life), I keep doing theatre. Whether I do TV,

movies or not, but theatre is something I'll never quit," he said. The actor continues to be busy in films too. His next project is the Vicky Kaushal-starrer 'Sam Bahadur', based on the life and times of Field Marshal Sam Manekshaw, one of India's greatest war heroes.

"I have worked with a new generation of actors like Ayushmann Khurrana (in 'Chandigarh Kare Aashiqui'), he is a very good actor, Vicky Kaushal is also good. I believe actors who are down to earth are always a good actor because they bring out life experiences onscreen," he said.

Most recognised for his pivotal roles in films such as "Jo

Jeeta Wohi Sikandar", "Chamtakar", "Raju Ban Gaya Gentleman", "Kabhi Haan Kabhi Naa", "Chak De India", and "Sanju", Srivastav said he was never enamoured by the idea of playing "the hero".

"The idea of being a hero is something that I have never let come to me since the time I started work in Calcutta, I wanted to be a character artist. If you look at my young photograph, I was called Jeetendra. But I had decided to play diverse characters, get into the depth of a person," he recalled. Srivastav still remembers knocking on the doors of production houses for an acting job and it all changed in one

flash after "Wagle Ki Duniya", a serial based on Laxman's character of "the common man", aired. The actor said he is grateful to Laxman for all the popularity and work opportunities he received post the TV show. A lot of artists were amazed by the success of the serial and would often ask him, "What have you done?" Late Hindi cinema star Rishi Kapoor was one of them, he said.

"Rishi Kapoor had once asked me, 'What is this 'Wagle Ki Duniya' and what have you done in it?' I told him, 'I did the same thing as any actor would do, but people started looking at me differently'.

Vegetable fat not the route to a healthy heart: Study

Replacing animal fat in the human diet with vegetable oil seems not to lower heart disease risk, and might even boost it, according to a study published Wednesday that challenges a cornerstone of dietary advice.

Switching from saturated to unsaturated Omega-6 fats did result in lower blood cholesterol in a trial with nearly 10,000 participants, it said, but not the expected reduction in heart disease deaths.

In fact, those with a greater reduction in cholesterol "had a higher rather than a lower risk of death," according to the research published by The medical journal BMJ.

For 50-year-olds, animal fat in meat, butter, cheese and cream has been the bad boy of the diet world -- blamed for boosting artery-clogging cholesterol linked to heart disease and stroke.

In 1961, the American Heart Association recommended vegetable oils replace saturated fats -- a position it still holds even as some research has started to challenge that hypothesis.

The World Health Organization also advises that saturated fats should comprise less than 10 percent of total energy intake.

For decades now, the world has viewed full-fat milk and bacon with suspicion and replaced pork with chicken, and butter with plant-based margarines and cooking oils.

But in the past few years, researchers have started poking holes in the "fat is bad" hypothesis.

The new study, led by Christopher Ramsden at the National Institutes of Health, re-analysed data from a ran-

domised controlled trial conducted 45 years ago with 9,423 residents of state mental hospitals and nursing home in Minnesota.

This is a



type of experiment -- generally consid-

ered highly reliable -- in which people are randomly divided into

groups to receive, or not, the treatment being studied. Part of the Minnesota group had their intake of saturated fat replaced with corn oil, while the rest ate a diet high in animal fat.

"As expected, the diet enriched with linoleic acid (a fatty acid found in plant oils) lowered cholesterol levels," said a statement by The BMJ.

But "this did not translate to

improved survival. In fact, participants who had greater reduction in blood cholesterol had higher, rather than lower, risk of death."

The team also looked at other randomised controlled trials, and found no evidence anywhere to support the hypothesis that vegetable oils curb heart disease.

"The benefits of choosing polyunsaturated fat over saturated fat seem a little less certain than we thought," Lennert Veerman, a lecturer at the University of Queensland School of Public Health commented on the study.

Further research is needed, he added, to determine whether all Omega-6 type fats provide similar results.

"While we wait for further clarification, we should continue to eat more fish, fruits, vegetables and whole grains," Veerman wrote.

Tips for Managing Your Sugar Intake: From Reading Labels to Choosing Whole Foods



Sugar is a common ingredient found in many foods and drinks. While it may taste delicious, consuming too much sugar can lead to health problems such as obesity, diabetes, and heart disease. To manage sugar intake, it's important to understand how much sugar you're consuming and to make healthy choices.

Read food labels: Food labels provide important information about the sugar content of foods. Check the total sugar content and the ingredients list to see where the sugar is coming from. Look for words like glucose, fructose, sucrose, and corn syrup, which all mean sugar. Avoid sugary drinks: Sugary drinks like soda, sports drinks, and energy drinks are some of the biggest sources of added sugar in our diets. Instead, opt for water, unsweetened tea, or low-sugar drinks like coconut water or fresh juice.

Choose whole foods: Processed foods often contain high levels of added sugar. Choose whole foods like fruits, vegetables, whole grains, and lean proteins instead. These foods are naturally low in sugar and provide essential nutrients.

Use sugar substitutes: If you have a sweet tooth, consider using sugar substitutes like stevia or monk fruit. These natural sweeteners can be used in place of sugar and have zero calories.

Plan ahead: Planning ahead can help you avoid reaching for sugary snacks when you're hungry. Pack healthy snacks like fruit, nuts, or veggies with hummus to have on hand when hunger strikes.

Eat smaller portions: Eating smaller portions can help you manage your sugar intake. If you're craving something sweet, have a small piece of dark chocolate or a small serving of fruit.

HIGH-PROTEIN SNACKS FOR GUT HEALTH THAT ARE DIETITIAN-APPROVED

DIETITIANS REVEAL THEIR BEST HIGH-PROTEIN SNACK RECOMMENDATIONS THAT ARE ALSO GREAT FOR YOUR GUT.

If you need a gut health boost, but you're not sure where to start, we've got you covered. We spoke to dietitians and health experts to bring you some of the best snack recommendations for gut health that are also high in protein.

Oftentimes, we hear a lot of fear mongering around gut health. There is so much information about how to improve gut health -- but this area of research is quite new, and we don't have all the answers yet. Whether you have a condition like irritable

bowel syndrome (IBS), or you're just looking for ways to support your gastrointestinal system, this list is for you. So let's dive in! Here are nine high-protein snacks recommended by top experts in the field of nutrition. Also, for more healthy eating

advice to support quality gut health and function, don't forget to also check out The Best Eating Habits For Your Gut Health, Say Dietitians.

1. Dried chickpeas High in fiber and a good source of protein for a snack,

dried chickpeas offer a unique gut health boost at snack time. One serving of dried chickpeas, or about 1/4 cup, delivers a whopping 9 grams of fiber and 10 grams of protein. That kind of nutrition will leave you feeling full for hours.

Pollutants in fish may prevent humans from expelling toxins



Fish that contain environmental pollutants may harm people who eat them by preventing the human body from doing its natural job of flushing out toxins, researchers said.

The study in the journal Science Advances examined 10 persistent organic pollutants (POPs) -- including the pesticide DDT and industrial chemicals such as flame retardants -- found in yellowfin tuna and human blood and urine.

All 10 pollutants studied interfered with the effectiveness of a key protein in humans and animals, known as P-gp, which expels foreign chemicals from the body.

One chemical used to make flame retardants in upholstery and plastics, known as PBDE-100, was found for the first time

to bind itself to the crucial protein and prevent it from doing its defensive job.

"When we eat contaminated fish, we could be reducing the effectiveness of this critical defense system in our bodies," said lead author Amro Hamdoun of the Marine Biology Research Division at the Scripps Institution of Oceanography at the University of California, San Diego. Babies are particularly vulnerable to pollutants in fish -- which they may ingest via breast milk even if they are not eating solid food yet -- because they have low amounts of the protective P-gp protein, the study said.

The US Food and Drug Administration currently recommends that pharmaceuticals be tested to see whether they impede the body's natural defense system. Researchers urged authorities to do the same for pollutants that can make their way into fish.

"It's unsettling to find that all of the tested persistent environmental pollutants interfered with the P-gp protein's ability to protect cells," said Jacob James, managing director of the Waitt Foundation, which funded the study.

"We are the only species that can influence entire food chains and habitats, we must act more responsibly in the design and use of chemicals in our environment."

Drink plenty of fluids to keep UTI at bay

Do not ignore the signs if you experience a burning sensation or pain while urinating. Doctors say these are classic symptoms of a urinary tract infection (UTI), which is seen more commonly in women, children and the elderly.

UTI is an infection in any part of the urinary system -- kidneys, ureter, bladder and urethra. "Most infections involve the lower urinary tract the bladder and the urethra and can be painful and annoying, but are less severe," says G.K. Venkatesh, former director of the State-run Institute of Nephro-Urology. However, an infection in the upper urinary tract can be severe and serious as it can spread to the kidneys.

"These infections can be due to underlying factors, such as kidney stones and congenital anomalies or diabetes," he says. Although UTI is not seasonal, the general perception is that people experience symptoms during summer. "It can be because people tend to get dehydrated in summer

if they do not drink enough water. This can cause a burning sensation and pain while urinating. But not all burning sensation and pain is an UTI, and people need to see a doctor at the earliest," said Keshavamurthy R., Director and Professor of Urology at the Institute of Nephro-Urology.

Over 20 cases of UTI are reported at the institute's outpatient department every day. Venkatesh Rao, a urologist with Apollo Clinic, says women may be prone to UTI because they have shorter urethras, which allow bacteria quick access to the bladder. Some women are genetically predisposed to UTI while others have abnormalities in the structure of their urinary tract that make them prone to infection. Women with diabetes may be at higher risk, he says. Doctors advise drinking a lot of water to flush the bacteria out. Maintaining hygiene and emptying the bladder at regular intervals are a must. Consuming cranberry juice is a preventive measure for those prone to repeated infections, doctors say.



Doctors Say You Should Add These Proteins To Yo

Losing weight and getting rid of excess belly fat can be a long and strenuous process before you can actually see results. But, a great way to start for long-term, sustainable weight loss is consuming a diet that keeps you full and satisfied, while also helping you shed some extra pounds. Specifically, including more protein in your diet can foster abdominal weight loss. When combined with exercise, a diet rich in protein helps keep you full and builds more lean muscle which can help you burn more calories throughout the day.

To learn more about the best proteins you should add to your plate to lose abdominal fat, we spoke with Lainey Younkin, a registered dietitian and founder of Lainey Younkin Nutrition, Heather Hanks, a nutritionist at Medical Solutions Barcelona, Jennifer Pallian, a registered dietitian, food scientist, and recipe developer, and Lisa Richards, a nutritionist and creator of The Candida Diet. They agree that the best proteins to eat to help reduce visceral fat are salmon and tofu. This is because they're both high in protein, but low in fat. Read on to learn more about the benefits of these proteins for weight loss! Lean proteins are especially good for anyone who wants to lose visceral fat. This is because lean proteins like salmon are low in fat and can significantly reduce the number of calories for faster weight loss. "Chicken and salmon are great high-protein options for dinner. One 3-ounce serving of chicken has 25 grams of protein with very little fat and no carbohydrates," Younkin says. "A 4-ounce portion of salmon has 23 grams of protein and also comes with heart-healthy omega-3 fats that help reduce inflammation."

FAO MAKES CASE FOR MEAT, EGGS AND MILK AS 'ESSENTIAL SOURCE OF NUTRIENTS'

This is particularly vital during key life stages such as pregnancy and lactation, childhood, adolescence and older age, says the study, entitled Contribution of terrestrial animal source food to healthy diets for improved nutrition and health outcomes.

Comprehensive analysis It's the most comprehensive analysis yet of the benefits and risks of consuming animal source foods and is based on data and evidence from more than 500 scientific papers and some 250 policy documents, said FAO.

A plate of bacon and eggs with a glass of milk on the side, can provide a range of important so-called "macro-nutrients", such as protein, fats and carbs, and also micro-nutrients that are hard to find in plants, "in the required quality and quantity", said FAO.

High quality protein, a number of essential fatty acids -- together with iron, calcium, zinc, selenium, Vitamin B12, choline and bioactive compounds like carnitine, creatine, taurine -- are



provided by foods from farm and other livestock animals, and have important health and developmental functions. Chickens are a widely held economic and nutritional asset in rural Africa and are frequently managed by women.

Iron and vitamin A are among the most common micronutrient deficiencies around the world, particularly in children and pregnant women, FAO notes.

More than one in two preschool children (some 372 million) and 1.2 billion women of child-bearing age, according to a study published in the Lancet, suffer from the lack of at least one of three micronutrients: iron, vitamin A or zinc.

Three-quarters of these children live in South and East Asia, the Pacific and sub-Saharan Africa. Regional variations Not surprisingly, according to the

report, consumption of animal-based food from animals varies widely around the world.

A person in the Democratic Republic of the Congo (DRC) for example, consumes on average only 160 grammes of milk a year, while your average Montenegro resident, consumes 338 kilograms.

Looking at eggs, a person in South Sudan consumes 2g on average a year compared to an average 25kg for a person in Hong Kong. The average person in Burundi consumes just 3kg of meat a year, compared to 136kg for someone living in Hong Kong, said FAO.

Contribution of terrestrial animal source food to caloric supply by region and subregion.

Meat and drink for the SDGs If consumed as part of an appropriate diet, animal source foods can help

with meeting the nutrition targets endorsed by the World Health Assembly and Sustainable

Development Goals (SDGs) related to reducing stunting, wasting among children under five, low birthweight, anaemia in women of reproductive age, and obesity and non-communicable diseases (NCDs) in adults, FAO adds. But at the same time, the livestock sector "must contribute to addressing a range of challenges," writes FAO Deputy Director-General Maria Helena Semedo and Chief Economist Maximo Torero Cullen in a foreword to the report.

Environmental hazards "These include issues related to the environment" such as deforestation, CO2 emissions, unsustainable water and land use, pollution, and animal health related issues such as diseases and antimicrobial resistance; and live-

stock related issues like zoonotic and food-borne disease risks, said the FAO deputy chief.

Some consumers may choose veganism, or a pescatarian diet, but meat, eggs and milk, offer crucial sources of much-needed nutrients which cannot easily be obtained from plant-based foods, a new report issued on Tuesday by the UN's Food and Agriculture Organization says.

Red meat alert The report makes it clear that consumption of even low levels of processed red meat can increase the risk of mortality and chronic disease outcomes, including cardiovascular diseases and colorectal cancer. However, consuming unprocessed red meat in moderate amounts "may have minimal risk", said FAO, "but is considered safe with regards to chronic disease outcomes."

Meanwhile the evidence of any links between milk, eggs and poultry consumption in healthy adults and diseases such as coronary heart disease, strokes and hypertension is inconclusive (for milk) or non-significant (for eggs and poultry), said FAO.



SANJY-2023: DC Srinagar visits Yatra Transit Camp Panthachowk to oversee preparations for annual Shri Amarnath Ji Yatra-2023

J1 NEWS SERVICE

SRINAGAR, JUNE 01: In wake of forthcoming annual Shri Amarnathji Yatra (SANJY)-2023, the Deputy Commissioner (DC) Srinagar, Mohammad Aijaz Adnan on Thursday visited Yatra Transit Camp (YTC) at Panthachowk to review the arrangements being put in place for the Yatries expected to participate in SANJY-2023.

On the occasion, the Deputy Commissioner inspected the upgraded facilities made for convenience of the yatries during their temporary halt at the transit camp.

The DC was informed that all requisite measures are being taken to ensure that every necessary arrangement including facilities like drinking water, electricity, sanitation etc shall be made available at the Yatra Transit



Camp well in advance before the commencement of the annual Shri Amarnathji Yatra (SANJY)-2023.

While taking the Departmental review of the arrangements, the DC asked the R&B authorities to take up the work for black top-

ping of the Transit Camp premises besides repair work for the fencing around the compound.

The DC also asked them to carry out the augmentation of the space that can be used as additional space to accommodate

yatries.

Similarly, the PDD Engineers were asked to ensure proper power supply and back at the camp during the yatra period besides a DG set for adequate capacity at the venue.

The authorities of Srinagar Municipal Corporation (SMC) were directed to ensure proper sanitation and cleanliness in the transit camp on a regular basis, besides deployment of sufficient staff at the camp for periodical cleanliness in and around the transit camp every day.

The DC also directed for installing dust bins at different locations in the premises of the halt camp. On the occasion, the Chief Sanitation Officer, SMC informed the DC that as many as 260 mobile toilets will be kept available at the Yatra Transit camp during Yatra period, beside

70 bath stations to facilitate the yatries, in addition to newly constructed prefabricated public convenience facilities.

The Chief Medical Officer was also asked to ensure proper healthcare facilities at the camp as per past practice.

The DC was informed that all necessary arrangements shall be put in place before the commencement of the annual yatra with regard to drinking water facility. He was informed that a 50 thousand litre water tank has been installed at the venue to cater to the requirement at the transit camp.

Similarly, the officers of NRLM were directed to set up stalls of Self Help Groups (SHGs) regarding Handicraft and Handloom related items at the identified space in the transit camp at the earliest.

DLTFC approves 44 JKREGP cases at Udhampur



J1 NEWS SERVICE

UDHAMPUR, JUNE 01: District Level Task Force Committee on J&K Rural Employment Generation Programme (JKREGP) today approved 44 cases seeking loan assistance under the scheme here at its meeting, chaired by Deputy Commissioner Udhampur, Sachin Kumar Vaishya.

In all, 55 applications were placed before the DLTFC, out of which ten applicants were absent, one was rejected and 44 applications were approved for sponsoring to banks after thorough scrutiny of the documents and interaction with the applicants.

The DC urged the unemployed youth to come forward and avail the benefits of flagship schemes and programmes to earn and live life with dignity and honour.

GDC Ukhral organises awareness program on "Importance of Yoga for Human Health"

J1 NEWS SERVICE

RAMBAN, JUNE 01: NSS Unit of Government Degree College, Ukhral, in collaboration with Internal Quality Assurance Cell (IQAC) and Seminar and Debates Committee of the College, organized an awareness programme on "Importance of Yoga for Human Health." A large number of students and staff members attended "Azaadi Ka Amrit Mahotsav", programme, which started with the welcome address of Prof Zakir Hussain Naik, NSS Programme Officer. Prof Suresh Chander, HoD Dogri was the resource person. He threw detailed light on the importance of Yoga for human health and highlighted that Yoga brings unity and harmony between mind and body.

The Principal of the College, Prof (Dr) Shalalu Samyal, in her message, impressed upon the students to practice Yoga daily to stay healthy and fit.

Dr. Shafiq Ahmed Katoch, HoD Urdu, in his talk, advised the students to perform Yoga daily to achieve sound mind in sound bodies.

A large number of students participated in the awareness programme and expressed their views on the significance of Yoga in the individual's life.

Those who were present on the occasion included Prof. Ishfaq Hassan Mir, Prof. Mushtaq Ahmed, Prof. Akash Verma, Ms. Lila Devi. The programme culminated with the vote of thanks by Prof. Itikhar Hussain Lone, HoD English.

Chairperson, J&K Hajj Committee reviews arrangements for Haj-2023

J1 NEWS SERVICE

SRINAGAR, JUNE 01: The Chairperson, J&K Hajj Committee, Safina Beigh today convened a meeting of officers at Haj House Bimina to review the arrangements for comfort and convenience of pilgrims scheduled to perform Hajj, this year.

The meeting was attended by Vice Chairman, J&K Hajj Committee, other members besides Additional Commissioner Kashmir, Director Health, ADDC Budgam, ADC Srinagar, Director Airport Authority Srinagar, Haj Officer, J&K Hajj Committee, officers of various departments including Immigration, SRTC, Customs, CSF, CRPF, BCAS, Police, Traffic and other concerned departments.

The meeting deliberated on agenda points including commencement of Haj flights, reporting of pilgrims at the Haj House, deployment of staff and machinery, shifting of X-Ray machine from Airport to Haj House, issuance of Entry Passes, transportation of pilgrims by J&K SRTC, Custom/ Immigration clearance by Customs and Immigration Department.

Besides, the meeting also discussed security arrangements and traffic management, civic services, medical facilities at the Haj House and the airport, free passage of pilgrims at the Drop gate of airport, issuance of Entry Passes for Airport, avoiding repeated screening of luggage and storage of Zam Zam at the airport.

Moreover, deployment of Magistrates by DC Srinagar/Budgam, boarding/lodging of pilgrims and dissemination of relevant information were also discussed. Addressing the meeting, the Chairperson impressed on all the officers to ensure respective arrangements are put in place before the commencement of departure of pilgrims.

World Anti-Tobacco Day: Awareness programme held at Govt. SRJ HSS Anantnag

Students & faculty join hands in the fight against Tobacco Addiction

J1 NEWS SERVICE

ANANTNAG, JUNE 01: Government SRJ Higher Secondary School Khanabal Anantnag, in collaboration with the District Legal Services Authority (DLSA) Anantnag today organized an awareness programme on World Anti-Tobacco Day.

The event aimed to educate students and faculty members about the detrimental effects of tobacco and the importance of building a tobacco-free society.

The programme was presided over by Tabassum Qadir Parray, Secretary DLSA Anantnag, who highlighted the significance of the occasion. Addressing the audience, she stressed the need for students to become ambassadors in their communities, spreading awareness about the dangers of smoking and working towards its eradication.

Idees Magrey (LADC) from DLSA Anantnag served as the resource person and delivered a compelling speech on the devastating impact of tobacco on individuals, families, and communities. He emphasized the urgent need for collective action to combat the tobacco epidemic.

Principal of Government SRJ Higher Secondary School Khanabal, along with several faculty members, shared their insights on Anti-Tobacco Day. They reiterated the importance of maintaining good health and encouraged students to choose a life free from tobacco addiction. The theme for this year's Anti-Tobacco Day was "We need food, not tobacco," highlighting the significance of prioritizing healthy choices over harmful habits. Through various interactive sessions, the participants engaged in discussions about the risks associated with tobacco use and explored effective ways to create awareness among their peers. The programme witnessed an enthusiastic turnout, with students actively participating in the event.

The dedicated staff members of DLSA Anantnag and the school faculty played pivotal roles in organizing and facilitating the awareness programme.

Development, Govt of India. The event was inaugurated by the Joint Secretary, Ministry of Skill Development and Entrepreneurship and Director NIESBUD. The program was comprehensive, deliberated by the organizing authorities. The event theme was deliberated by NIESBUD who extensively talked about issues and challenges to entrepreneurship in India with focus on women entrepreneurship.

The webinar was attended by over 60 participants in the college. The webinar witnessed a series of events as part of Ishaq bhagdari. In the college, the programme was coordinated by Dept. of Sociology and Commerce.

GDC Dooru hosts Webinar

J1 NEWS SERVICE

ANANTNAG, JUNE 01: The Government Degree College (GDC) Dooru today hosted a webinar on virtual platform in collaboration with National Institute of Entrepreneurship and Small Business Development, a premier institute of Ministry of skill

Development, Govt of India. The event was inaugurated by the Joint Secretary, Ministry of Skill Development and Entrepreneurship and Director NIESBUD. The program was comprehensive, deliberated by the organizing authorities. The event theme was deliberated by NIESBUD who extensively talked about issues and challenges to entrepreneurship in India with focus on women entrepreneurship.

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2 Day Capacity Building Programme organised for PRIs at Block Paddar



J1 NEWS SERVICE

KISHTWAR, JUNE 01: The Department of Rural Development & Panchayati Raj, Block Paddar today organised Two-Day Capacity Building/Training Programme for PRIs (Panchayati Raj Institutions) to enhance their understanding of the Gram Panchayat Development Plan (GPDP) and its significance in local governance for holistic development of their respective Gram Panchayats.

The training programme was organised at Block Headquarter Paddar.

The elected representatives, officials and the stakeholders from various Gram Panchayats participated in the interactive session & workshop. Besides case studies, they were provided with valuable insights and practical tools to strengthen their understanding and implementation of GPDP.

Key objectives of the Capacity Building/Training Programme included Enhancing understanding of the Gram Panchayat Development Plan (GPDP) and its significance in local governance, Equipping PRIs with the necessary knowledge and skills to formulate and implement effective GPDPs, Facilitating the exchange of best practices and lessons learned from successful GPDP implementations across different Gram Panchayats. The training programme was moderated by Master trainer Subhash Thakur (Panchayat Secretary) Machhal. Through a combination of presentations, group discussions, and hands-on exercises, participants were encouraged to actively contribute, share their experiences, and gain practical insights into the implementation of GPDP. Positive notes were shared by PRIs attending the programme.

Selected Haj-2023 pilgrims from Kashmir div. to collect Passports & other documents from respective DC Offices

J1 NEWS SERVICE

SRINAGAR, JUNE 01: All the Selected Pilgrims of Haj 2023 who belong to Kashmir Division except Srinagar are hereby informed that they can collect their Passports and other material from their respective Deputy Commissioner's office from 03 June, 2023 during working hours on production of State Haj Dues Payment Slip (JK Bank Slip) and Passport receipt.

Further, the Pilgrims of District Srinagar shall collect their Passports and other material from Haj House Bimina Srinagar from 03 June, 2023 to 05 June, 2023 during working hours on production of the above-mentioned documents.

Implementation of Measles-Rubella elimination program reviewed in Reasi

J1 NEWS SERVICE

REASI, JUNE 01: To give impetus to the Measles-Rubella elimination campaign in the district, a meeting of the District Task Force (DTF) was held today in the DC Office here under the Chairpersonship of the Deputy Commissioner Reasi, Babila Rakwal. The DDC said that despite all efforts more positive cases are emerging in District

Reasi. Detailed discussion was held on the control measures including Routine Immunization. He reminded the stakeholder departments that the Ministry of Health and Family Welfare Govt of India has set December 2023 as the deadline for Measles Rubella elimination.

The DDC directed the concerned officials to remain vigilant and ensure NMRN (Non-Measles Non-Rubella) rate in accordance

with the MR elimination protocol. Directions were also given to all blocks to conduct the headcount survey of 0-5 years children of affected areas with active search for any suspected cases of fever and rash, if found isolate the cases to contain the spread.

The DDC said that Reasi district has adequate healthcare infrastructure to manage the universal immunization programme and surveillance activities to achieve

the target.

The DC urged upon the Health Functionaries of the district to take all possible measures and give focused attention towards the Measles, Rubella elimination in the District. DDC said schools and other community centres shall be scrutinized thoroughly for fever & rash along with sensitization of community members. Give 1 additional dose of MR vaccine to children between 9 months to 5

years of age with 2 doses of Vitamin A within 24 hours interval.

DDC stressed upon all the stakeholders to concentrate in High-Risk areas so that no child is left out/dropout in the age group of 9 months to 5 years of age and to establish

1 Toll Free Number for All Blocks to be displayed to Public and constitute ERT (Epidemic Response Team).

'Hello Kishtwar- Inter Voice Response System' gains great popularity among masses

Cutting-edge facility saves both time, money of people with assured accessibility for all

J1 NEWS SERVICE

KISHTWAR, JUNE 01: The "Hello Kishtwar," an innovative Inter Voice Response System (IVRS) launched by District Administration, Kishtwar under the aegis of Deputy Commissioner Dr. Devarsh Yadav, has witnessed overwhelming success in the district.

The pioneering initiative has gained immense popularity among the masses by providing a convenient platform to the citizens to voice their grievances over the phone, ultimately enhancing the overall public service delivery mechanism for the people.

To avail services of this remarkable service, citizens simply need to dial 8470800900 and select the appropriate option to regis-

the delivery system, all calls are recorded, and the callers receive a unique Grievance ID via SMS, which they can use to track the progress of their complaint on the district administration's website at <https://kishtwar.nic.in/hello-kishtwar/>. The IVRS lines remain open for all citizens of Kishtwar every Tuesday and Thursday of the week from 11 AM to 12 Noon.

The innovative initiative, "Hello Kishtwar," not only provides a convenient platform for citizens to voice their grievances but also fosters SMS-based online tracking, revolutionizing the way complaints are addressed.

This cutting-edge feature saves both the cost of transportation and time for citizens, as they can now conveniently track the

progress of their complaints from the comfort of their homes.

The simplicity of the call-based system is another remarkable aspect of "Hello Kishtwar." It ensures accessibility for all, including the poorest and even illiterate individuals. By just dialing a phone number and selecting the appropriate option, anyone can register their grievances with the respective officers, facilitating easy and seamless communication between citizens and the administration.

This inclusive approach recognizes the importance of empowering every member of society, regardless of their educational background or socioeconomic status, to have a voice in governance. "Hello Kishtwar" breaks barriers and creates an environment where everyone's

concerns are heard and addressed, promoting a more equitable and inclusive society.

With its SMS-based online tracking and user-friendly call-based system, "Hello Kishtwar" has truly transformed the grievance redressal process, making it efficient, cost-effective, and accessible to all. The District Administration of Kishtwar remains committed to providing seamless public service delivery and ensuring that no citizen is left behind in the journey towards progress and development.

In conjunction with the Block Dwas program, the IVRS has emerged as a powerful tool for swiftly and transparently addressing the concerns of the people, thereby fostering good governance at the doorstep of every citizen.

'Create Block Print Patterns' contest launched in Samba to revive calico printing designs

JI NEWS SERVICE

SAMBA, JUNE 01: Deputy Commissioner Samba, Abhishek Sharma today launched the 'Create Block Print Patterns' contest for reviving the designs used for calico printing in Samba on jkmygov.in portal here on Thursday.

This contest is available on the web portal that could be accessed by logging in to www.jkmygov.in and going to the active link of the competition there from. Speaking on the occasion, the DC Samba called this initiative a way of celebrating and revival of this indigenous craft of the District.

He in his message urged all residents of J&K, especially the students and artists to participate in



this contest to gain and spread knowledge about the unique cultural heritage and local flora and fauna depicting rich diversity, with special reference to District Samba. The main objective of holding this contest is that the

local artisans practicing calico printing can have a dictionary of prints that have historical and cultural importance and are in great market demand. The designs so obtained from this contest will be utilised by the Directorate of

Handicrafts and Handloom Jammu for developing the wood-blocks used in block printing. AD Handicrafts Samba, Ms. Niharika briefed the gathering about the art of calico printing, District Samba - traditionally

known as the Sheeton Ka Shehar, was famous for its calico printing, mostly on handwoven cotton sheets, in soothing natural colours using wooden blocks. Directorate of Handicrafts and Handloom Jammu in collaboration with District Administration Samba is trying to revive this languishing art by bringing the youngsters and traditional artisans together to contemporise the heritage art. The entry should be original and should not have been previously published in any print or digital media without any copy-righted or trademarked images and logos and need to be submitted on jkmygov.in portal till June 10, 2023. Also present on the occasion was ADDC, Samba Rajinder Singh along with all the district officers.

DC felicitates Parsanjeet Kour of District Poonch on Securing Rank 11 in UPSC Civil Services Exam



JI NEWS SERVICE

POONCH, JUNE 01: Deputy Commissioner of Poonch, Yasin M. Choudhary today felicitated Parsanjeet Kour on her exceptional achievement of securing Rank 11 in the UPSC Civil Services exam here at a programme held in Dakbanglow Poonch.

The DC appreciated Parsanjeet Kour's hard work, dedication, and perseverance in achieving this significant milestone. The Deputy Commissioner met with Parsanjeet Kour, her Father, Nirmal Singh, Mother Darshan Kour and family members. He presented memento to Parsanjeet Kour for her outstanding performance in the Civil Services exam.

The parents of Parsanjeet Kour expressed their gratitude to the Deputy Commissioner and his team for taking the time to acknowledge and appreciate their daughter's hard work and dedication. The Deputy Commissioner also commended the efforts of all those involved in Parsanjeet Kour's preparation especially her parents who have played a crucial role in her success. "Parsanjeet's success will serve as an inspiration to many other youth who aspire to progress in their education and careers" the DC hoped. He said the achievement of one individual can have a ripple effect on an entire community. The Deputy Commissioner encouraged other aspirants to follow in Parsanjeet Kour's footsteps and pursue their dreams with passion and determination.

Deputy Commissioner Rajouri empowers 35 trained 'Aapda Mitras' with rescue kits

JI NEWS SERVICE

RAJOURI, JUNE 01: In a significant step towards strengthening disaster response and preparedness, Deputy Commissioner Rajouri, Vikas Kundal today handed over rescue kits to 35 highly skilled and trained 'Aapda Mitras' here in the District Administrative Complex.

The trained volunteers were provided necessary tools to effectively respond to emergency situations and provide timely assistance to the community.

The 'Aapda Mitras', have undergone rigorous training in disaster management and rescue operations and play a pivotal role in safeguarding the lives and property of the residents during times of crisis.

The rescue kits, comprising essential equipment and supplies, includ-



ing first aid kit, searchlight, ropes, helmets, and communication devices, will enable them to perform their duties more efficiently and effectively. Deputy Commissioner expressed his appreciation for the dedication and commitment shown by the 'Aapda Mitras' in serving the community. He emphasised the importance of their role in mitigating the impact of disasters and ensuring the

safety and well-being of the residents of Rajouri.

The distribution of the rescue kits marks a significant milestone in the district's efforts to enhance disaster response capabilities. It reinforces the administration's commitment to building a resilient community by equipping trained individuals with the necessary resources to act promptly in times of need.

DC Udhampur clears pending Land Acquisition cases

JI NEWS SERVICE

UDHAMPUR, JUNE 01: Deputy Commissioner Udhampur, Sachin Kumar Vaishya today chaired a collectors' meeting for fixation of rates under Compulsory and Private Negotiation Committee (PNC) mode pertaining to District Udhampur. As many 7 land acquisition cases under Compulsory and 9 under PNC

mode were approved. In total Acquisition of 215 kanal land was approved for final award and disbursement of Compensation negotiated under PNC acquired for construction of training infrastructure STC BSF Udhampur. Construction of road from Bandhale to Upper Pattangarh under PMGSY, from Champari to Chantwal under PWD sector, from Sarota to Chounthal

phase -I under NABARD and Installation of towers of Power Grid Corporation of India limited in different villages. It is pertinent to mention here that 16 land acquisition cases were submitted by Spl Collector Defence Udhampur, Collector Land Acquisition (SDM) Chenani and Dudu to the office of District Collector Udhampur, for accord of approval.

DHSK observes World No Tobacco Day, nominates prominent citizens as anti tobacco ambassadors

SMOKING AT PUBLIC PLACES DECLINING IN J&K: SECRETARY HEALTH

JI NEWS SERVICE

SRINAGAR, JUNE 01: Directorate Health Services Kashmir (DHSK) observed World No Tobacco Day here yesterday in which the participants took pledge for quitting smoking and supporting the anti-tobacco campaign in Kashmir valley.

To commemorate the global celebration, a grand function was organised by State

Tobacco Control Unit at Government Dental College where prominent personalities including Secretary Tribal Affairs, Dr Shahid Iqbal Choudhary, renowned Doctor, Dr Suhail Razdan and International cricketers Parvez Rasool were nominated as anti-tobacco campaign ambassadors.

The function was attended by Secretary Health and Medical Education, Bhupinder Kumar, Mission Director NHM, Ayushi

Sudhan, and Director Health Services Kashmir, Dr Mushtaq Ahmad Rafter, Principal Government Medical College Srinagar, Dr Masood Tanveer, Principal Government Dental College, Dr. Reyaz Ferooq, Director Ayush, Dr. Mohan Singh and Dr. Tabassum Jabeen Director Family Welfare among others.

The dignitaries also released an annual magazine edited and drafted by State

Tobacco Control Unit.

Speaking on the occasion, Secretary Health and Medical Education, Bhupinder Kumar, said the day is being observed to educate people about harmful effects of tobacco use.

He said that due to the consistent anti-tobacco campaign and anti-tobacco laws smoking in open is on decline in J&K.

Dr Razdan, through a video message, vowed to fight for tobacco control measures in J&K.

Unabated response from farmers, 1.78 lakh farmers attend orientations till date

Baseline survey analytics being developed for prospective planning in J&K's agriculture sector

JI NEWS SERVICE

SRINAGAR, JUNE 01: The participation of farmers is continuing unabated in the Kisan Sampark Abhiyan with a total of 1.78 lakh farmers participating in first six rounds of the orientations being held under the ambitious programme which began on 24th April.

The sixth round was held from 29th May to 31st May which saw overwhelming participation of farmers. The programme has covered a total of 1626 panchayats in these six rounds conducted, so far.

Pertinently, the Agriculture Production Department is currently engaged in a first of its kind, ground breaking, extensive farmer orientation exercise. Under the KISAN SAMPARK ABHIYAN, ambitious goals have been set for reaching out to every farmer in each Panchayat of the UT within the next four months. The exercise, started on April 24 under Holistic Agriculture Development Programme

(HADP), will last until August 31, 2023.

Simultaneously, a baseline survey/skill gap study of farmers in the UT is also being carried out during the abhiyan. Specially trained Resource persons are capturing the data of farmers and till date the data of around 1.67 lakh farmers has been captured using the IT tools. Besides, analytics of baseline survey data are being developed for prospective planning in agriculture sector of the UT. Such an exercise is expected to have long term gains as it is for the first time that real time data is being used to assess problems in agriculture sector, major areas of concern and inherently strong areas which then subsequently shall help the policy makers to devise commensurate interventions. All districts in the UT are holding the Kisan Sampark abhiyan during the first three days of the week. The government has released a thorough calendar that is specific to each district. Officers and Officials from

Agriculture, Animal/Sheep Husbandry, Horticulture, Sericulture and Fisheries Departments who were trained in advance during the 64 training sessions that were held throughout all districts from January to April are acting as the resource persons for the farmer's orientations. A creative method has been implemented to use short films/videos to describe various initiatives and projects. The farmers will be shown a total of 49 short films/videos about HADP and other centrally supported programmes at various locations in J&K. In addition, a question and answer session was held following each video screening session to allay farmers' concerns. Additionally, pamphlets and brochures detailing all of the programmes are given to the farmers in Hindi, Urdu, and English. These brochures also included contact information for every department under the UT's agriculture production department. During the Kisan Sampark

Abhiyan, the farmers are also being made aware of DAKSH KISAN, a Learning Management System (LMS) designed to help them increase their skills. The Agriculture Production Department has created DAKSH KISAN, a first of its kind learning management system exclusively for farmers, where they can enrol for free in 121 skill-building courses, organised according to the agro-climatic zones of the J&K UT. A farmer can register for free and enrol in any skilling course of their choice at the DAKSH KISAN Portal by simply scanning the QR code on the back of the brochure. More than 21200 farmers have already been registered on DAKSH KISAN PORTAL and 6000 farmers have already enrolled in various skilling courses of their choice.

The textual material under DAKSH KISAN portal is provided in Hindi, Urdu, and English, and the video lectures offered by the LMS are available in Kashmiri, Urdu, Dogri, and Hindi.

In addition, specialised modules on business management and financial/credit linkages have been included to make sure that the farmers receive more than just simple training. The courses have been designed to turn farmers into skilled entrepreneurs. Farmers who successfully complete the skilling course under DAKSH KISAN will receive certificates from SKUASTI-J&K.

Through use of KISAN SATHI-IT Dashboard created for the schemes, farmers were also informed about the method of application under these programmes. The farmer can quickly register on the KISAN SATHI Portal and apply for any of the schemes without visiting offices by just scanning the QR codes on the pamphlets. More than 3165 farmers have registered on the portal and 1020 applications have also been received on the KISAN SATHI PORTAL from farmers across the UT under various schemes, which are under various stages of processing.

DC B'ta distributes Passports/ other documents among Hajj Pilgrims at Dak Bungalow

1276 PILGRIMS OF BARAMULLA TO PERFORM HAJJ THIS YEAR

JI NEWS SERVICE

BARAMULLA, JUNE 01: To facilitate the intending Hajj pilgrims of Baramulla district, the Deputy Commissioner (DC) Baramulla, Dr Syed Sehrish Asgar today distributed Hajj related documents including passports to selected Hajj Pilgrims at Dak Bungalow, here. After distributing passports, the DC assured Hajj Pilgrims that the District Administration has finalized all the necessary arrangements with regard to the smooth conduct of Hajj 2023. He reiterated the District Administration's endeavour to facilitate the pilgrims with every facility. Interacting with the pilgrims, the DC congratulated them for the holy Hajj-2023 and urged them to pray for the well-being and prosperity of the people of the district.

Pertinently, 1276 pilgrims across Baramulla district will proceed to the annual Hajj from Srinagar International Airport from June 7 for which two flights shall operate on each day.

On the occasion, the DC asked pilgrims to report hours before the flight departure time at Haj House Srinagar to complete the necessities of customs and immigration on time so they do not have to face any inconvenience.

Chairman DLSA-K takes suo-moto note of social media reports of roofless ticket counters at DH Kulgam

JI NEWS SERVICE

KULGAM, JUNE 01: The District Legal Services Authority Kulgam (DLSA-K) today took suo-moto note of the news viral on social media platforms regarding inconvenience faced by the attendants as well as patients at District Hospital (DH) Kulgam during erratic weather especially in rains due to roofless ticket counters. In this regard the Chairman, District Legal Services Authority, (Pr. District & Sessions Judge) Kulgam, Mohammad Ashraf Bhat has directed the District Administration Kulgam and Hospital Administration, Kulgam to ensure installation of rooftop of ticket counters at District Hospital Kulgam for the easement of general public so that the attendants as well the patients can get a breather from both rain and scorching heat. Moreover, Secretary District Legal Services Authority Kulgam has been directed to take up the matter with District Administration and District Medical Department Kulgam and ensure that the needful is done at the earliest and submit the details of the steps taken by the concerned authorities to the office of Chairman District Legal Services Authority.

Power shutdown

JI NEWS SERVICE

SRINAGAR, JUNE 01: Power Controller Kashmir has informed that, the power supply to Receiving Stations Rangreth and Wanbal shall remain affected due to facilitate repair works on June 04 from 3 am to 6 pm.

Similarly, in order to carry out RMU works on 33 Kv Pampore-Badamabagh line the power supply to receiving stations Badnighat, Sonwar, Panthchowg, Tangwar WSS, Govt Press, Lashan and DPS shall remain affected on June 03 from 2 am to 3 pm.

Likewise, in order to facilitate erection of poles the power supply to receiving stations Hutmurrah, Aishnuagam, Salla, Batkoot, Sallar, Pahalgam AIS, GIS Pahalgam and District Jail shall remain affected on June 03 and 06 from 10 am to 4 pm and receiving stations Kakapora, Nawa, Pinglena, MLIS Stage-I, II, III and IV shall remain affected on June 04 and 06 from 9.30 am to 5 pm.

Similarly, in order to carry out Hardwear installation and Stringing works the power supply to receiving stations Gulshanabad and Mitrganj shall remain affected on June 03 from 9.30 am to 5 pm.

Likewise, in order to facilitate erection of poles and other related works the power supply to receiving stations Watalab, Doora, Tuijar, PHE, Rohama, Chakloo, Ganapora, Hadipora, Watergam, Hachipora, Safapora, Seer, Jagir and SIDCO shall remain affected on June 03, 06 and 10 from 9 am to 4 pm; receiving stations Salanaband, Bandi, Mohra and Noorkha shall remain affected on June 03 and 06 from 10 am to 4 pm; receiving stations Phuropheth, Zachaldara, Chanjnulla and Adoora shall remain affected on June 05, 08 and 10 from 10 am to 4 pm; receiving stations Krusen, Sogam, Machil, Khumryal, Tikkar, Hyhama, Drugmulla and MES shall remain affected on June 05 and 07 from 10 am to 4 pm and receiving stations Tangdar, Keran, Kralpora, Irehgam, Karihama, Taratpora and Panzang shall remain affected on June 06 and 10 from 10 am to 4 pm.

AKAM: Awareness/ Distribution camp held at Chadoora Budgam

JI NEWS SERVICE

BUDGAM, JUNE 01: As part of ambitious 'Beti Bachao Beti Padhao' scheme, a daylong awareness cum distribution camp was today organised at Palash (Child Care Institute) in Chadoora, Budgam.

The programme was organised by District HCU for Empowerment of Women and witnessed huge participation of lactating mothers along with their girl children.

On the occasion, speakers from different walks of life highlighted the importance of educating and securing a girl child, and exhorted upon strict enforcement of relevant rules and regulations.

During the programme, one of the speakers from DHEW complimented the participants and said that effective implementation of BBBP for empowering the girls, has always remained the top most priority of District Administration.

She said that various initiatives have been taken by the government for educating and empowering a girl child besides terming them at par with boys in every respect.

Meanwhile, team DHEW distributed some blankets among girl children along with their lactating mother.

Lt Governor interacts with Senior officials of Police and Civil Administration of Kashmir Division

CREDIT OF SUCCESSFUL CONDUCT OF G20 MEETING MUST GO TO THE TEAM OF OFFICIALS: LG SINHA

J1 NEWS SERVICE

SRINAGAR, JUNE 01: Lieutenant Governor Shri Manoj Sinha interacted with senior officials of Police and Civil Administration of Kashmir Division and commended their efforts in the successful conduct of G20 meeting in Srinagar.

Dr. Arun Kumar Mehta, Chief Secretary; Sh R K Goyal, ACS, Home Department; Sh Dilbag Singh, DGP; Sh RR Swain, Special DG CID; Dr Mandep Kumar Bhandari, Principal Secretary to Lt Governor; Sh Vijay Kumar, ADCP Kashmir; Sh Vijay Kumar Bidhuri, Divisional Commissioner Kashmir, Deputy Commissioners, SSPs and other senior officers were present.



Credit of successful conduct of G20 meeting must go to the team of officials, which worked hard on the ground. The entire Civil and Police administration had shown excellent coordination. The transformative work done by officials shows that J&K UT is now fully prepared to host international-level events, said the Lt Governor.

G20 MEETING AND ENTHUSIASM OF ALL SECTIONS OF SOCIETY REFLECTS ASPIRATIONS OF THE PEOPLE: LG

ALL OFFICERS, CIVIL AND POLICE DEPARTMENT, MUST FOCUS ON FULFILLING THE HOPES AND ASPIRATIONS OF PEOPLE: LG SINHA

overview of the benefits of development at grassroots level. He said Animal Husbandry, agriculture sector and saturation of schemes for farmers should be priority areas. It is essential to conduct in-depth analysis of the progress achieved on both law & order and development fronts. DCs and SSPs can also play an important role in identifying industries best suitable in their respective districts, and what more can be done in other sectors like self-employment, agriculture, horticulture and allied sectors, the Lt Governor said.

Commissioner State Taxes J&K calls on Lt Governor

J1 NEWS SERVICE

Srinagar, June 01: Dr. Rashmi Singh, Commissioner State Taxes J&K, called on Lieutenant Governor, Shri Manoj Sinha at Raj Bhawan today. She was accompanied by Sh Shaheek Maqbool, Additional Commissioner State Taxes Kashmir. Dr Rashmi Singh apprised the Lt Governor that the State Taxes Department of Government of J&K UT has been awarded SKOCH Award 2023 in Finance Silver category for its successful implementation of GST and record growth exhibited in last Financial Year with innovative strategies combining both regulatory and promotive measures. The Commissioner further apprised the Lt Governor of the initiatives of the department to increase taxpayer awareness, including seminars, workshops, and outreach programs to educate taxpayers about their rights and responsibilities under the umbrella of its Kar-tavya program. The Lt Governor appreciated the efforts of the department in ensuring successful implementation of GST and subsequent achievements. He said that winning SKOCH Award is a significant accomplishment and reflects the dedication and hard work of the team.

Notably, J&K with a GST GDP ratio of 3.65 is amongst the best-performing GST jurisdictions in the country with the GST collections contributing to as much as 45% of the UT's own tax revenue.

Chairperson Kashmir Servers Foundation calls on Lt Governor

Srinagar, June 01: Ms Refat Wani, Chairperson Kashmir Servers Foundation (NGO) called on Lieutenant Governor Shri Manoj Sinha, at Raj Bhawan today.

Ms Refat Wani discussed various issues of public importance with respect to District Kupwara.

Ms Refat also presented her recently launched book 'The Melancholic Tales of a half orphan' to the Lt Governor.

Tourism Department organises grand 'Dangal Mela' at Mansar

J1 NEWS SERVICE

JAMMU, JUNE 01: In its endeavour to organize Promotional events and activities at Mansar, the Department of Tourism, J&K today organized a grand 'Dangal Mela' in collaboration with the local stakeholders and Dangal Committee. The event was celebrated with grandeur and festivities which was appreciated by the locals and the visiting tourists.

It is pertinent to mention here that Dangal Mela is organized annually at Mansar and locals participate in this annual event with great enthusiasm.

The event was organized in joint collaborative effort of the Directorate of Tourism Jammu, Chief Executive Officer Mansar-Surinsar Development Authority and District Administration Udhampur along with the local Stakeholders and PRI representatives of the area.

The event was attended by CEO



Mansar-Surinsar Development Authority Ved Prakash along with prominent citizens of the area. Participating wrestlers from J&K, Punjab, Haryana, Uttar Pradesh and Delhi wrestled for the coveted title amid loud cheers of the onlookers. Speaking on the occasion, Ved Prakash, Chief Executive Officer

the area within J&K and outside so that the local as well as outside travelers visit Surinsar and Mansar in huge numbers.

He also added that the traditional festivals and local folk performances shall be organized in the area in close collaboration with local Stakeholders, so that our culture is also presented before the visiting tourists.

He elaborated to the media persons that the annual Dangal Mela has been organized as the first of the events planned for this area for the ongoing year 2023-24 and more promotional events are in the offing in the near future. Among others present on the occasion were Amit Sharma, DDC member Udhampur, PRI representatives, local stakeholders and prominent citizens. They appreciated the efforts of the Tourism Department in enhancing the foothold of tourists in the Surinsar Mansar area.

Judicial probe peace committee to resolve Manipur violence: Amit Shah

IMPHAL, JUN 1: Union Home Minister Amit Shah on Thursday said a judicial probe headed by a retired high court chief justice to inquire into clashes which erupted in the north-eastern state of Manipur, will soon be announced.

He also announced at a press conference held at the end of a four day tour of the strife torn state, that a peace committee under the Governor of Manipur Anusuya Uiker with representatives of all political parties, the warring Kuki and Meitei communities and social organisations will be set up.

"Dialogue is the only solution to the ongoing crisis in Manipur," Shah said.

"We will soon announce a judicial probe headed by a retired high court chief justice and set up a peace committee," he said.

The Home Minister also announced a CBI probe to investigate FIRs alleging five criminal conspiracies and one general conspiracy behind the violence in Manipur.

Soon after the press conference, a senior IPS officer Rajiv Singh, belonging to the neighbouring Tripura cadre, was formally appointed as the new director general of police of Manipur for a period of three years "as a special case in public interest", an official order said.

Singh, a 1993 batch IPS officer serving as the inspector general of operations at the CRPF headquarters in Delhi, replaces P Doungel, a 1987 batch IPS officer from Manipur, for whom a post of Officer on

Special Duty (Home) has been created. He is due to retire at the end of the month. This is expected to be the first of a major overhaul in the state administration. He, however, also said, "Violence is a temporary phase, misunderstandings will go away... the situation will soon be normal."

Officials separately said the situation remained calm on Thursday after overnight reports of firing by militants. Shah said the leaders of both Meitei and Kuki communities, as well as other civil society representatives who have met him, have assured him that they would work to assuage hurt feelings and remove misunderstandings. The home minister said an Inter-Agency Unified Command will also be formed for "better coordination" among all security agencies in Manipur as multiple forces are working on the ground.

Currently some 10,000 army and Assam rifles personnel have been brought into the state to keep the peace. Besides, as central police forces and state police is also functioning on the ground, it was felt that a unified command was necessary to avoid confusion. Shah also told newsmen that he felt for a permanent solution to the Indo-Myanmar border issue, the fencing on the border between the two countries will have to be completed. There are apprehensions that the porous border is being used for drug smuggling and for movement of militants.

Timing for JK&LHC Jammu Wing, subordinate Courts of Jammu Division changed from June 5, 2023

J1 NEWS SERVICE

JAMMU, JUNE 01: High Court of Jammu and Kashmir and Ladakh today ordered the change of timing for Jammu Wing of JK&LHC and subordinate Courts of Jammu Division from June 5, 2023 to September 30, 2023.

As per a notification issued by Registrar General of J&K and Ladakh HC, Shahzad Azeem, the Court timing of Jammu Wing of High Court, from June 5 to September 30, 2023, will be 8:30 AM to 2:30 PM with half an hour break from 11:30 AM to 12 Noon, while the office and the registry High Court Jammu Wing timing will be from 8:30 AM

to 3:00 PM with half an hour break from 11:30 AM to 12 Noon.

Similarly, the office timing of subordinate courts in Jammu Division, except Baderwah, Kishtwar, Batote, Banihal, Gool, Bani and Ukhral, will be 8:30 AM to 3:00 PM with half an hour break from 11:30 PM to 12 Noon, while the Court timing will be from 9:00 AM to 2:30 PM with a half an hour break from 11:30 AM to 12 noon.

The Courts located in Kishtwar, Batote, Banihal, Gool, Bani, Ukhral and Court District Baderwah shall observe the timing from June 5 to September 30, 2023, as prescribed for the Kashmir Division and UT of Ladakh

NORTHERN RAILWAY
E-TENDER NOTICE

Notice for Parcel Cargo Express Train (PCET) Under Expression of Interest (EOI) Sr. Divisional Commercial Manager, Northern Railway, Firozpur. And on behalf of President of India invites Expression of Interest (EOI) for Leasing of Parcel Cargo Express Train (PCET) on round trip basis. The details are as under- 1. No. of PCET Proposed: 03 2. Department: Commercial 3. Office: Sr. Divisional Commercial Manager, Northern Railway, Firozpur Cantt. 4. Name of Work: A. PCET from Jammu Tawi (JAT) to Guwahati area & back to Jammu Tawi. B. PCET from Amritsar (ASR) to Mumbai area & back to Amritsar. C. PCET from Moga (MOGA) to Chennai area & back to Moga 5. Scheme: The main terms and conditions of Parcel Cargo Express Trains are as follow: 1. PCET service will be provided on round trip basis only for 06 years. II. Reserve price for the above PCET service (round trip) will be 1.25 million per single journey freight at Scale - P. Reserve price for leasing of PCET shall be worked out with minimum composition of 15 Parcel Vans (VPHS/VPs/VPUs/UPHUX/LVPH) + one brake van. III. After six months, the minimum composition of leased PCET shall be 20 Parcel Vans (VPHS/VPs/VPUs/UPHUX/LVPH) + one brake van and lumpsum leased freight shall be charged on pro-rata basis. IV. Permission for loading/unloading of parcels may be given at a maximum of four intermediate stations for PCETs covering 2000 Kms between OD paid in single trip journey & above 2000 Kms more intermediate station can be permitted, through the parcel train passes. V. PCET shall be leased out for a period of 06 (six) years. There would be no escalation in first three years in lumpsum leased freight. An annual escalation of lumpsum leased freight at the rate of 10% per annum on the lumpsum leased freight of immediate preceding year shall be applicable from the fourth years onwards. VI. Security/Performance guarantee will be equivalent to 05% of Annual contractual value calculated on the basis of accepted lump sum leased freight/accepted rate which train is leased out for composition of 20 Parcel vans + 1 Brake Van. 6. All terms and conditions will be followed as time to time instructions issued by Railway Board for PCET. Railway shall reserve the right to change any provision at any stage. 8. Type of Tender: Expression of Interest (EOI) 9. Email ID: sr.dcomfmr@gmail.com 10. Hard copy of EOI should be submitted to the office of Sr. Divisional Commercial Manager, Firozpur on or before 15:00 hrs. till 15 June 2023. 11. For more details or any information kindly visit Northern Railway's website i.e. www.nr.indianrailways.gov.in.

No. 179-c/Proposal/PCET/2023 Date: 31.05.2023 1664223

SERVING CUSTOMERS WITH A SMILE

NORTHERN RAILWAY
E-TENDER NOTICE

Tender Notice No: 778-W/169WA-1/FR/51-2023-24-ADEN-LDH acting for and on behalf of the President of India invites open tenders (E-Tenders) against sealed tenders and available on www.rps.gov.in with closing date-23.06.2023 up to 15:00 Hrs. Bidders will be able to submit their sealed tenders till 15:00 hrs on closing date and time only. Manual offers are not allowed against these tenders, and any such manual offer received shall be ignored. Contractors are allowed to make payments against the tender towards tender document cost and earnest money only through only payment modes available on IRPS portal like net banking, debit card, credit card. Manual payments through Demand draft, Banker cheque, Deposit receipts, PDR etc. are not allowed.

Tender Type	Tendering Section	Bidding System
Open	Works	Single Bid System
Date of Uploading Tenders	Bid Starting Date	Bid Closing Date/Time
31.05.2023	09.06.2023	23.06.2023
S.No.	Tender No.	Details of Tender
1.	51-2023-24-ADEN-LDH	Creation cum improvement of infrastructure of LDH Loco Depot to Cater the load of increased holding of NR due to shifting of Electric Locomotives in Diesel sheds of Ludhiana & Meerut in connection with the maintenance of track and Deep screening of track SWR TR-2023 on SWL-J&K section in the section of S&E/W/LDH in the jurisdiction of ADEN-LDH
Advertisement Value (Rs.)	Validity of offer	Period of completion
17557399.57	60 Days	12 months

SERVING CUSTOMERS WITH A SMILE 167823

UNION TERRITORY OF JAMMU & KASHMIR
JAL SHAKTI DEPARTMENT
OFFICE OF EXECUTIVE ENGINEER, MECHANICAL IRRIGATION DIVISION, JAMMU
Phone: 0191-257745, Email: ifji.xenmidjmu@gmail.com

ABSTRACT OF NOTICE INVITING E-TENDERS
e-NIT No. MID/J/e-NIT/2023-24/31 Dated: 31-05-2023

Executive Engineer, Mechanical Irrigation Division, Canal Road, Jammu, on behalf of Lt. Governor of J&K UT, invites tenders by e-tendering mode from registered and reputed Firms/Refrs to 5 cusec discharge x 17 meter pumping unit I along with allied works at lift irrigation station Burejal & Refrps to 8 cusec discharge x 15 mtr pumping unit III along with allied works at lift irrigation station Kobby Parfah New. The bidding process shall be completed online in two covers viz. Cover 'I' Tender fee and Earnest Money Deposit, fulfillment of prequalification criteria, technical specifications and acceptance of terms and conditions of the tender and Cover 'II' Financial Bid in the prescribed BOQ.

S. No.	Name of Work	Qty.	Earnest Money	Cost of tender document	Period of completion	Validity of Rates	Name of Division
1.	Requires to 5 cusec discharge x 17 meter pumping unit I along with allied works at lift irrigation station Burejal & Refrps to 8 cusec discharge x 15 mtr pumping unit III along with allied works at lift irrigation station Kobby Parfah New.	3	2% of the quoted value per Scope of Work	Rs2000	10 Days	180 Days from date of opening of price bid	Mechanical Irrigation Division, Jammu.

1. The tender documents can be viewed and downloaded from the website <http://www.tenders.gov.in/firm> 31-05-2023 (06:00PM)
2. Submission of bids: 05-06-2023 (10:00AM) to 21-06-2023 (02:00 PM).
3. Opening of Cover I online bids: 22-06-2023 (2:00 PM)

DIP/J-2462/23
EXECUTIVE ENGINEER
MECHANICAL IRRIGATION DIVISION
JAMMU

GOVERNMENT OF JAMMU & KASHMIR
OFFICE OF THE EXECUTIVE ENGINEER MUGHAL ROAD DIVISION BUFLIAZ
NIT No: 09/MRP/BUF/E-TENDERING/2023-24
DATED: 30-05-2023

For and on behalf of the Lt. Governor of Union Territory of Jammu & Kashmir, e-tenders on Percentage basis in Single Cover System are invited from approved and eligible Contractors (Agency/Firm/Society)/Joint ventures for below mentioned items:-

S. No.	Name of work	Cost of Tender (Rs. Inc)	Cost of T/Doc. (Rs.)	EMD (Rs. As.)	Time of Completion (days)	Class of contract
1.	Supply and Fixing of Road Signs Km 0+000 to 43+600 at various spots Mughal Road Bufliaz Side.	14.54	500/-	29500/-	45 days	"C"/D"

Position of AA/ TS: Accorded/ Sanctioned

1. The NIT Consisting of qualifying information, eligibility criteria, specifications, Bill of quantities (BOQ), Set of terms and conditions of contract and other details can be seen/downloaded from the departmental website www.tenders.gov.in as per schedule of dates given below:

Sl.	Date of issue of Tender Notice	30-05-2023
1.	Period of downloading of bidding documents	From 01-06-2023 10:00 PM To 06-06-2023 2:00 PM
2.	Bid submission Start Date	01-06-2023 From 10.00 PM
3.	Bid Submission End Date	06-06-2023 Up to 02.00 PM
4.	Date & time of opening of Bids (Online)	06-06-2023 at 03.00 PM in the office of the Executive Engineer Mughal Road Division Bufliaz.

2. Bids must be accompanied with cost of tender document in shape of Treasury Challan / Receipt (Under MH- 0099 PWD) in favour of Executive Engineer Mughal Road Division Bufliaz. Tender Inviting authority (Name of Works to be mentioned on the Treasury Challan / Receipt) Refr. Code: Under No. O.M No. A/24 (2007)-451 Dt. 07-06-2008 (The Date of Treasury Challan / Receipt) should be between the date of Start of Bid and Submission End Date and EMD (2% of advertised Cost) in the shape of CD/PDR/BOQ pledged to Executive Engineer Mughal Road Division Bufliaz (Tender receiving authority).

DIP/J-2454/23
HEAD DRAFTSMAN
TECHNICAL OFFICER
EXECUTIVE ENGINEER
MUGHAL ROAD DIVISION
BUFLIAZ

DC Jammu reviews progress of works under District Capex Budget 2023-24, DDC BDC, PRI components

J I NEWS SERVICE

JAMMU, JUNE 01: Deputy Commissioner Avny Lavasa today reviewed the progress of works proposed under District Capex Budget 2023-24 including DDC, BDC, PRI components.

The concerned official informed the Chair that against total 3634 proposed works, around 400 have been tendered, 291 are under execution and 192 have been completed so far.

The Deputy Commissioner was informed that of the total 3646 approved works, 202 are under UT component, 253



under BDC, 363 under DDC and 2828 are under PRI component.

It was further apprised that out of 2828 works under PRI component 190 works are

already under execution and 140 have been completed.

Similarly, under DDC component out of 363 works 18 have been completed in just

two months.

After taking the work wise review under all the components, the Deputy Commissioner asked the officers to expedite the tendering process followed by their execution and completion of the same.

The DC stressed on the concerned authorities to take all possible measures to accelerate the pace of various ongoing works on different projects for their time-bound completion.

Among others, CPO Yoginder Katoch and senior officers of the concerned departments were present in the meeting.

DC Jammu holds introductory meeting with C-DYTE new appointees



J I NEWS SERVICE

JAMMU, JUNE 01: Deputy Commissioner Avny Lavasa today held an introductory meeting with newly appointed C-DYTE staff here in DC office.

ADC, (ADM) Sandeep Sointra and Incharge C-DYTE Surinder Kumar were also present in the meeting.

The Deputy Commissioner commended their wonderful work of guiding the district youth, especially youth from border areas for recruitment in armed forces and engaging them in a positive activities with great results.

The Deputy Commissioner also highlighted the appreciable work of C-DYTE volunteers in whatever assignments given to them so far especially regarding the Shri Amarnath Yatra.

There are total 16 centres functional across Jammu district with a more than 600 boys and girls enrolled in 6th C-DYTE Batch for 90 day training.

The Staff evinced great enthusiasm during the introductory cum appreciation meet. The extended gratitude to the DC and also gave few suggestions for consideration like introducing preparation course for officer ranks and converting C-DYTE training into certificate course etc.

The DC Jammu assured the team of full support to make C-DYTE an institution of excellence.

J&K Bank extends instant digital loan facility to Jammu University employees

ALSO PROVIDE FREE GPAI COVER RS 25 LAKH TO EACH ELIGIBLE EMPLOYEE

J I NEWS SERVICE

SRINAGAR, JUNE 01: J&K Bank today extended Instant Digital Loan facility through STP platform to all the active permanent employees of the University of Jammu under its Memorandum of Understanding (MoU) signed with the varsity last year.

The Bank shall also extend a Free Group Personal Accidental Insurance (GPAI) Cover of Rs 25 Lakh to the eligible permanent employees of University of Jammu drawing their salary through J&K Bank. This accidental insurance will be effective from 10th June 2023.

Vice-Chancellor Jammu University Prof. Umesh Rai and Bank's General Manager & Divisional Head Jammu, Sunit Kumar launched the 'Extension of Online Loans' today in presence of Registrar Jammu University, Arvind Jasrotia, Bank's Zonal Head Jammu, Rajesh Dubey and other senior officials of the Bank



Mr. Sunit Kumar, General Manager, Divisional Head, Jammu, J&K Bank and Prof. Umesh Rai, Vice-Chancellor, Jammu University.

While lauding the significant role of J&K Bank in the financial system of Jammu and Kashmir, Vice-Chancellor Prof. Umesh Rai said that extension of the instant digital loan facility is a welcome step as the employees of the university are going to benefit hugely from this facility in terms of time and convenience. Prof. Rai further exhorted that extending free Group Personal Accidental Insurance Cover of Rs 25 Lac is another landmark decision of the Bank aimed at the economic well-being of the university employees and their families.

Speaking on the occasion, Divisional Head Sunit Kumar said, "Catching up fast with the digital-services landscape in the country, J&K Bank recently rolled out its state-of-the-art Instant Digital Loan facility through STP platform for salaried employees within the ambit of MOUs. Now onwards all the active employees of Jammu University banking with us can avail the world-class facility that ensures processing and disbursement of personal loan up to Rs 1 Crore to an eligible borrower in just 10 seconds."

"With its end to end automation, Straight through Processing (STP) is a self-service offering for customers aimed at simplifying the process and making the experience more pleasant for clients. The facility shall initially be available for Consumption Loan, Cash Credit Facility and Festival Advance Scheme for Salaried employees", he added.

Notably, all the received loan requests of the eligible employees shall be processed exclusively via Straight Through Processing / Loan Originating System and disbursed instantly. Under this mechanism, the employees of Jammu University can apply for any of the mentioned personal loans through Bank's platforms i.e. J&K Bank mPAY mobile application, Agent/IVR or Bank's official website. STP is a self-service journey with no manual intervention for processing the loan request. As an anytime and anywhere (24x7) credit dispensation facility along with real-time sanctioning and disbursement, its consistent and standardized user experience is resulting in increased customer satisfaction.

Dr Samoon reviews status of skilling of youth identified under B2V4, SANKALP programs



J I NEWS SERVICE

JAMMU, JUNE 01: Principal Secretary, Skill Development Department (SDD), Dr Asgar Hassan Samoon today chaired a meeting to review the status of skilling of youth identified under B2V4, SANKALP and Women Self Help Groups (WSHGs) programs at Civil Secretariat here. Mission Director, Skill Development Mission, Leena Padha; Mission Director, JKRLM, Indu Kanwal Chib; Director, Skill Development Department, Sudeshan Kumar; Deputy Commissioners, representatives of different Banks and senior officers of various departments attended the meeting both in person and through virtual mode.

During the meeting, detailed discussions and deliberations were held on various issues and officers briefed the chair about present status of training imparted under B2V4, SANKALP and WSHGs.

Addressing the officers in the meeting, Dr. Samoon directed them to impart the required training to candidates of each district identified under B2V4 programme. He stressed upon them that to enhance quality and reach of skill training by leveraging technology and industry partnerships.

The Principal Secretary also asked the officers to coordinate with educational institutions and PRIs so that maximum youth are brought under the skill training.

Fire safety mock drill conducted in Government Hospital Sarwal



J I NEWS SERVICE

JAMMU, JUNE 01: A Fire safety mock drill was today conducted in the Government Hospital Sarwal by the Hospital Administration and J&K Fire Emergency Service.

The Hospital staff, including doctors, nurses and support personnel followed the fire safety protocols and procedures accurately.

At the outset, a lecture cum demonstration was delivered by Kiran Ji Raina, Fire Safety officer and his team.

The drill included a simulation of a fire outbreak in the hospital premises. The incident was quickly responded to and the fire safety measures were used to contain and prevent it from spreading to other areas.

The expert team also gave a demonstration and imparted hands-on training to the staff regarding the operationalization of different types of fire extinguishers. The visiting fire safety officers also used the fire tenders and other fire safety equipment for the drill. The mock drill was followed by a debriefing session where the performance of staff was evaluated and areas for improvement were identified. Overall the fire safety drill was a success.

KVK Jammu starts 15 Day Integrated Nutrient Management certificate course

J I NEWS SERVICE

JAMMU, JUNE 01: Krishi Vigyan Kendra, Jammu, working under the administrative control of Sher-e-Kashmir University of Agricultural Sciences and Technology of Jammu and under able leadership of Prof. S. K. Gupta, Director Extension, SKUAST-Jammu, today started a 15 day certificate course on "Integrated Nutrient Management (INM) for Input dealers." Rural youth, progressive farmers, members of co-operative societies and FPOs from different districts of Jammu Division will participate.

At the outset, Dr. Punit Choudhary, Chief Scientist and Head, KVK Jammu welcomed the Chief agriculture Officer, SDAO and other officers of line department and participants for the programme. He apprised that the Agri-input dealers in the country are a prime source of farm information to the farming community, besides the supply of inputs and credit. Speaking on the occasion Vinod Kumar Kundal, Chief Agriculture Officer, Jammu appreciated the efforts of KVK Jammu for conducting this certificate course on INM for new input dealers. During his interaction with the participants, he guided them how to apply online for the retail and wholesale fertilizer licence and educated the participants regarding various documents, which are required for filling online application. He also addressed various queries raised by them. Dr. Muneshwar Sharma, Scientist Plant Protection, KVK Jammu gave a brief description and outline of the course and elaborated upon objective of conducting this certificate course. Smt. Anshu, District Officer, Jammu, Sh. Ashwanti Sharma, SDAO R. S. Pura, Sh. Arun Jaral, District SMS also put forth their views during the programme. Dr. Sheetal Badyal, Sr. Scientist Home Science and Dr. Prem Kumar, Scientist Fisheries, addressed the participants regarding various activities of the Krishi Vigyan Kendra Jammu being run for the farming community of District Jammu. Dr. Amitesh Sharma, Scientist Plant Breeding, Dr. Raju Gupta, Programme Assistant Farms and Dr. Ashish Katoch, Programme Assistant Computers also helped in the smooth conductance of the Programme. The Programme concluded by vote of thanks delivered by Dr. Raju Gupta.

PSPS GCW Gandhinagar observes Puneet Sagar Abhiyaan - World Environment Day

J I NEWS SERVICE

JAMMU, JUNE 01: A series of activities are being organised by the 2 J&K Girls Bn.NCC wing of Padma Shri Padma Sachdev Govt. College for Women Gandhinagar to commemorate "World Environment Day - 2023" under Puneet Sagar Abhiyaan and Mission and LIFE - Lifestyle for the Environment.

The special series of activities started on May 29 and will continue till June, 2023.

MISSION LIFE Pledge on 29th May marked the beginning of the activities organized under Puneet Sagar. A total 59 cadets vowed to keep their surroundings green and adopt an environment friendly lifestyle.

The next activity was a Poster-Making & Slogan

Writing activity on the theme "Plastic Free India." As many as 55 NCC cadets participated with full zeal and enthusiasm. The creative exhibition of thought-provoking Slogans and eye-catching Posters inculcated the sense of responsibility among the cadets to keep the environment clean and green. Cdt. Radhika Dogra, cdt. Kehkash Sharma & cdt. Souhani Sargotra were adjudged

1st, 2nd, 3rd in Poster-Making competition, while cdt. Palvinder Kour clinched the 1st Position in Slogan writing , the 2nd Position was shared by Rani Kumari, Rajeshwari & Sudha Devi Bhagat. Cdt. Nikita Bharti bagged the 3rd Position. The event was judged by Prof. Neelam Thapa (English) and Prof. Malti Rajput (Chemistry). In another activity i.e. a Symposium on the topic

"Plastic- a Bane For Future, as many as 23 NCC cadets aired their views on plastic as a menace and its impact on marine life and environment. They also suggested measures to reduce its use to achieve the goal of Plastic Free India. Prof. Paramjeet Singh (PolSci) and Prof. Neelam Thapa (English) judged the Cdt. Monali Pradhan, Cdt.Souhani Sargotra and Cdt. Tanu Nayak as 1st,

2nd and 3rd respectively. Prof. Minu Mahajan, the Principal of the College lauded cadets and ANO Lt. Suman Bala for being instrumental in organising the activities dedicated to environmental issues and concerns. She also motivated the young cadets to be the ambassadors for spreading awareness among the masses to make India Plastic Free.

INTER DIVISION UT LEVEL U-19 TOURNAMENT

8 girls among 14 trainees of Khelo India Hockey Centre Poonch selected to represent Jammu division Team

EFFORTS BEARING FRUITS: SECRETARY SPORTS COUNCIL

J I NEWS SERVICE

JAMMU, JUNE 01: In what counts as one of the major achievements of the efforts of the administration in expanding the scope of sports in J&K, 14 trainees including 8 girls of Khelo India Hockey Centre, Poonch have been selected to represent the Jammu Division Hockey team in the Inter Division UT Level U-19 Tournament held at K.K Hakku Stadium Jammu.

The trainees have been undergoing rigorous priming in the newly set up centers since the inception under the tutelage of trained professionals. "Both skill



and mental aspects of the trainees are being fine-tuned in these centers across the J&K and due care is being taken to provide all the best possible facilities to our athletes," said Nuzhat Gull Secretary Sports Council. Gull also said that the efforts put in past few years are bearing fruits and our athletes are second to none when it comes to display of skills at the highest level, adding that our players shine day in and day out across

the globe and we must credit them for their unrelenting hard work.

The Secretary Sports Council also congratulated Harvinder Singh, son of the soil for creating history by being nominated as the coach of Indian Senior Men Softball national team. Harvinder, hailing from Gangwal, Jammu is a former outstanding Softball player and a certified NIS Softball coach. He will be part of the

national team participating in the Men's Asia Cup Senior Softball Championship later this month which is being organized by Japan Softball Association and Softball Confederation of Asia.

Terming Harvinder's appointment as coach of the National team as a big achievement, Waseem Raja Khan, General Secretary, J&K Softball Association said that Softball is growing fast in the Union Territory of J&K due to the facilities put in place by the J&K Sports Council.

The team is leaving for Japan on the 23rd of this month.

Meanwhile, the Volleyball and Kho-Kho events were organized at Government Girls High School in the border Area, Arni. Many students, both boys and girls participated in the event.

The final match of the volleyball was played between Maharaja Club and Bishna Higher Secondary School in which former knocked out the latter with the final score line reading 25:13, 25:18, 25:19 in their favour. In the Kho-Kho event Senior Girls Club won the final bout.

A friendly Volleyball match was also played between the teams of Junior and Senior staff members of the school. In the meantime, the closing ceremony of Farooq Memorial Open Taekwondo Championships was held at Sher-i-Kashmir Indoor Complex, Srinagar today. The event was organized by J&K Taekwondo Association under the aegis of Taekwondo Federation of India (TFI) in the memory of the Senior Taekwondo Coach Farooq Ahmed.