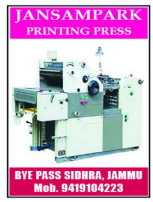




# JINDRAH IMAGES



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## 29,295 vacancies filled in J&K after Abrogation of Article 370: Centre tells Rajya Sabha

AGENCIES  
NEW DELHI, JUL 26

A total of 29,295 vacancies were filled in Jammu and Kashmir since the abrogation of Article 370 in the erstwhile state, the Centre told the Rajya Sabha on Wednesday.

Union Minister of State for Home Nityanand Rai shared the input in a written reply to a member.

"The Government of Jammu and Kashmir has carried out several governance reforms, including in the area of recruitment in Government. After the abrogation of Article 370,



a large-scale recruitment drive has been carried out and the Government of Jammu and Kashmir has filled 29,295 vacancies," said Rai, adding that recruiting agencies have advertised 7,924 vacancies and examinations in respect of 2,504 vacancies have been conducted.

He said that the identification of vacancies in the Government and recruitment is a continuous and ongoing process.

"The same is taken up under accelerated recruitment drive," the minister added. The Government of Jammu and Kashmir has taken various initiatives to bring down unemployment by implementing various self-employment schemes through different departments by providing subsidized loans for the establishment of their own sustainable income generation units, the MoS further said.

He further said that a number of self-employment schemes like Mission Youth, Rural Livelihood Mission, Himayat, **CONTINUED ON PAGE 4**

## Lt Governor chairs a Review meeting of Agriculture Production Department

JNEWS SERVICE  
SRINAGAR, JULY 26

Lieutenant Governor Shri Manoj Sinha today chaired a high-level meeting to review performance of Agriculture Production Department and progress made in agriculture, allied sector and flagship scheme of Holistic Agriculture Development Programme (HADP).

The meeting, at Civil Secretariat, was attended by Dr Arun Kumar Mehta, Chief Secretary; Sh Shailendra Kumar, Administrative Secretary, Agriculture Production Department (Addl. Charge); Sh Santosh D Vaidya, Principal Secretary, Finance Department; Dr Mandeep Kumar Bhan-



dari, Principal Secretary to Lt Governor; Sh Baldev Prakash, MD & CEO J&K Bank; Dr Nazir A Ganai, Vice Chancellor SKUAST Kashmir and other senior officers.

The Lt Governor directed the officials to establish 2000 Kisan Khidmat Centres on priority for hand-holding and clusterization and linking all farmers to institutional credit. Timely and hassle-free

credit to small and marginal farmers would play important role in increasing production, he added.

Highlighting the important role SKUAST-Jammu and SKUAST-Kashmir in conceptualizing Holistic Agriculture Development Programme, the Lt Governor said the continued support of two Universities in implementation of 29 projects should be ensured. **CONTINUED ON PAGE 4**

## Centre introduces bills for SC, ST in J&K in Lok Sabha

AGENCIES  
NEW DELHI, JUL 26

The Centre on Wednesday introduced two bills in Lok Sabha pertaining to the scheduled castes and scheduled tribes in Jammu and Kashmir.

Amid sloganeering by the Opposition over the Manipur issue, Social Justice and Empowerment Minister Dr Virendra Kumar introduced the Constitution (Jammu and Kashmir) Scheduled Castes Order Bill 2023, while Tribal Affairs Minister Arjun Munda introduced the Constitution (Jammu

and Kashmir) Scheduled Tribes Order (Amendment) Bill 2023. The Constitution (Jammu and Kashmir) Scheduled Tribes Order Bill 2023 seeks to include the Valmiki community as a synonym of Chhura, Bhangi, Balmiki, and Mehtar in the list of Scheduled Castes of Jammu and Kashmir.

While the Constitution (Jammu and Kashmir) Scheduled Tribes Order (Amendment) Bill 2023 aims to revise the list of Scheduled Tribes of Jammu and Kashmir. **CONTINUED ON PAGE 4**

## Bill for nomination of 2 Kashmiri Migrants, 1 displaced POJK resident to J&K assembly introduced in Lok Sabha

AGENCIES  
NEW DELHI, JUL 26

A bill to nominate two members, including a woman, from the Kashmiri migrant community and one member from the displaced persons from Pakistan occupied Jammu and Kashmir (POJK) to the legislative assembly of the Union Territory of Jammu and Kashmir was introduced in the Lok Sabha on Wednesday.

Introducing the bill on behalf of Union Home Minister Amit Shah, Union Minister of State for Home



Nityanand Rai said the bill provides for representation of Kashmiri migrants, displaced persons from PoJK and Scheduled Tribes in the legislative assembly of Jammu and Kashmir so as to preserve their political

rights as well as their overall social and economic development. "The Jammu and Kashmir Reorganisation (Amendment) Bill, 2023 provides for the **CONTINUED ON PAGE 4**

## Challenges before armed forces likely to be more complex in future, India should prepare itself: Army Chief

AGENCIES  
DRAS (LADAKH), JUL 26

Army Chief General Manoj Pande on Wednesday said the dangers and challenges before the armed forces are likely to get more complex in the future and India needs to be ready to face them.

The Chief of Army Staff said the armed forces should prepare for the future keeping in mind the complex challenges.

"Dangers and challenges before us are likely to get complex in the future, **CONTINUED ON PAGE 4**



we need to be ready," General Pande told reporters at the Kargil War Memorial here on the occasion of the 24th Kargil Vijay Diwas.

"We have been working on adaptive, resilient and responsive processes. Our Army will emerge as

a technology-enabled and future-ready force to deal with security challenges," he said.

The Army chief noted that the country will never forget the supreme sacrifice of the soldiers in the 1999 Kargil war. **CONTINUED ON PAGE 4**

## 3 killed as vehicle falls into deep gorge in Doda



JNEWS SERVICE  
JAMMU, JUL 26

Three people, including a young woman, were killed and another injured when a vehicle fell into a 200-foot deep gorge near Jammu and Kashmir's Doda district on Tuesday,

police said. The accident occurred near Bamoo village when the driver lost control over the vehicle, which was on its way to Gondoh from Thathri area. "Despite darkness and very slippery **CONTINUED ON PAGE 4**

## CS launches several competitions of DIPR to commemorate culmination of AKAM

JNEWS SERVICE  
SRINAGAR, JULY 26

To celebrate the grand finale of Azadi Ka Amrit Mahotsav (AKAM), going on from last more than one year, Chief Secretary, Dr. Arun Kumar Mehta today launched several competitions hosted by Department of Information and Public Relations (DIPR) on MyGov portal (<https://jk.mygov.in/>) here.

The competitions include singing of National Anthem, Selfie with Tiranga Contest, 'Draw your Favourite Freedom Fighter' contest, Essay Competition on the theme



'100 Years of Indian Independence' besides Badalta Jammu Kashmir Photography and Videography contest. During the launch of these competitions, the Chief Secretary also unveiled the rechristened logo of DIPR which represents the vision and values of the department in the contemporary times of emerging technolo-

gies and other relevant advancements. Commissioner Secretary, Information, Prema Puri; Director Information, Minga Sherpa; Joint Directors, Deputy Directors of DIPR and other officers of the Department were present on the occasion.

Addressing the officers after the launch ceremony, Dr. Mehta commended the

DIPR for launching these contests aimed at celebrating the spirit of freedom and fostering a sense of patriotism and unity among citizens. "These contests are an excellent way to engage all citizens in the jubilation of our country's phenomenal progress and remember the sacrifices made by our forefathers," he said. **CONTINUED ON PAGE 4**

## Two detained under PSA in Rajouri, Samba

JNEWS SERVICE  
JAMMU, JUL 26

Two alleged criminals were detained under the stringent Public Safety Act in Rajouri and Samba districts of Jammu and Kashmir, police said on Wednesday.

Mohammad Shakeel, a resident of Muradpur village in Rajouri, and Balwinder Singh alias 'Goru Jatt' of Rahya Ranjari in Samba were detained under the PSA for their repeated involvement in criminal activities for the past several years, a police spokesman said.

The PSA is an administrative law that allows

detention without charge or trial for up to two years in some cases.

The spokesman said the order for detention of the duo was issued by concerned deputy commissioners on the recommendations of the police.

"Shakeel was found involved in multiple cases of bovine smuggling, while Singh was accused in several cases related to attempt to murder, firing and heroin trafficking. They have been posing a grave threat to public peace and tranquility," he said.

Meanwhile, four drug peddlers, including **CONTINUED ON PAGE 4**

## India will be among world's top 3 economies in his third term: PM

AGENCIES  
NEW DELHI, JUL 26

Prime Minister Narendra Modi on Wednesday laid bare his blueprint for a third term of his government, saying India will become the third largest economy in the world with a faster growth rate than now.

Modi government will complete 10 years in office next May and he is seeking a third term on development plank.

"We have to achieve the target of making India a developed nation in the next 25 years," he said after unveiling a world-

class convention centre in the heart of the national capital.

India can definitely eradicate poverty, he said citing a NITI Aayog report that talked of 13.5 crore poor being lifted out of poverty.

Reeling out statistics of development from the number of airports to railway line electrification to expansion of city gas during his nine-year tenure, the Prime Minister said India was the 10th largest economy when the BJP government took office in 2014.

"The country is now ranked fifth in the world



behind the US, China, Germany and Japan.

"We will make India a developed nation working on the principle of nation first, citizen first," he said inaugurating the International Exhibition-Convention Centre

(IECC) complex which he renamed as Bharat Mandapam.

Modi said that when his government took office in 2014, the Indian economy was at the tenth position and now it is at the fifth position in the world.

He said that India will be one of the top three economies in the world in his third term.

The next general elections are due in May 2024.

He said that Bharat Mandapam, which will host the G20 summit in September under India's presidency, will promote conference tourism.

"World will witness **CONTINUED ON PAGE 4**

rising stature of India when newly built Bharat Mandapam will host G20 summit," Modi said.

He slammed people with negative thinking for trying to stall development projects, including the convention centre.

Just like privately accepting the grandeur of Kartavya Path, a 'toll' of negative thinkers will one day acknowledge Bharat Mandapam also, he added.

The IECC complex is India's largest MICE (Meetings, Incentives, Conferences, and Exhibitions) destination. In terms of the covered space **CONTINUED ON PAGE 4**

## Amarnath Yatra | Fresh batch of 2372 pilgrims leave from Jammu base camp

JNEWS SERVICE  
JAMMU, JULY 26

A fresh batch of 2372 pilgrims amidst the chants of 'Bam Bam Bhole' on Wednesday left from Bhagwati Nagar Base camp here for Shri Amarnath Cave Shrine in South Kashmir Himalayas.

An official said that 2372 pilgrims left the base camp in a convoy of 103 vehicles.

A group of 1701 pilgrims (442 males, 200 females, five children, 51 sadhus and three sadhvis) left for Pahalgam in a convoy of 70 vehicles. **CONTINUED ON PAGE 4**



For Baital, 671 pilgrims comprising 513 males, 157 females and one child left in a convoy of 33 vehicles.

amid tight security arrangements. The yatra started on July 1 will conclude on August 31. **CONTINUED ON PAGE 4**

# All-round development of J&K remains top priority of Modi Govt: Kavinder

## Kick-start development work at Parveen Colony, Ward 52



JJ NEWS SERVICE

JAMMU, JUL 26: Sky is the limit as far as development of J&K is concerned because Prime Minister Narendra Modi has special affinity towards the Union Territory and he has given standing instructions to ensure all-round development of the region.

This was stated by senior BJP leader and former

Deputy Chief Minister, Kavinder Gupta after kick-starting development work at Parveen Colony, Ward 52 in presence of local Corporator Ajay Gupta. On the occasion, Rakesh Singh (Tinku), Dinesh Gupta, Sandeep Gupta, Subhash Arya, Ramesh Choudhary, Nitin Thapa and Ajay Badan were present. He made an extensive tour of aforesaid ward and held threadbare discussions on the development issues with the locals. He listened to the stakeholders about constraints specifically being faced by them with regard to civic edifice and what measures needed to be taken to ensure that things could be rectified in the best possible way. Kavinder said that all-round development and welfare of the people of the

union territory is the top priority of the Modi government. Highlighting the BJP government's focus on addressing the issues faced by the common people, he said that serving the citizens has always been the top priority of the BJP-led government under the leadership of Prime Minister Narendra Modi. He stated that the BJP's ideology revolves around serving the people of the nation and ensuring their well-being. The senior BJP leader highlighted the Prime Minister's special inclination towards Jammu and Kashmir and its people, stating that there is no shortage of funds when it comes to the development of this Union Territory. He expressed confidence that the government's unwavering commitment to the progress and welfare of Jammu and Kashmir will continue to bring about positive changes in the lives of its residents.

# Rajesh Gupta quits NDPI takes 'SANYAS' from politics

JJ NEWS SERVICE

JAMMU, JUL 26: National Democratic Party Indian (NDPI) J&K UT Chief Rajesh Gupta on Wednesday quit NDPI and said he is taking sanyas. He said he is in a very confused situation and can't make any decision which is the reason he is taking 'Sanyas' from politics for a while.

NDPI president said he is going to some undisclosed place for meditation and prayers for the people of INDIA and particularly for J&K. He said the politics nowadays is very dirty and even our senior leaders of India and J&K are busy mudslinging on each other nobody is serious about the common people and our great country India.

NDPI leader while addressing the media said he always wanted the betterment of the poor and common man but seeing the system my heart goes



out why everyone is after money and power? Nobody is fair and true, the lust for power and position they can go to any extent and they want to divide the people on religion and ethnic basis.

Women are not at all safe in India see the example of Manipur. What the past and present governments taught

us to fight with each other and kill the weak and rape atrocities on women.

Rajesh Gupta said he is very upset about current issues happening in India and in J&K. He said I quit NDPI from my primary membership without any charges on thquit. Gupta further added that he has independent thinking and his working style is different he wants people should adopt the path of peace and brotherhood. Gupta said if all political parties do healthy politics and keep secular thinking our India will be heaven but some scoundrels enjoying in divisive politics.

Gupta said he is contended person he has not to have any greed for power or position. He has only passion to serve the people of Jammu and he may start his further political journey under the banner of 'Jammu Warriors Front' which was established in 2008 to raise the voice of Jammu.

# Modi Govt contained infiltration to the hilt in 2023: Purnima

JJ NEWS SERVICE

JAMMU, JUL 26: Adv Purnima Sharma, Spokesperson of BJP Jammu and Kashmir and former Deputy Mayor of Jammu, today lauded the efforts of the Modi government in effectively containing infiltration in 2023.

She referenced the statement made by Union Minister of State for Home, Nityanand Rai, in the Lok Sabha on Tuesday, revealing that no terrorists could infiltrate into Jammu and Kashmir until June 30 this year.

Adv Purnima highlighted that the strong approach adopted by the Government of India to tackle cross-border infiltration has resulted in a significant decline in infiltration attempts. The commitment to bolster border security and the implementation of a robust system equipped with modern gadgetry have played a pivotal role in curbing infiltration effectively, she said.

"The Modi government's unwavering



ing determination and proactive measures have led to a noticeable improvement in the security situation in Jammu and Kashmir," stated Purnima. "The stringent border management strategies have successfully deterred terrorists from infiltrating into our Union Territory, thereby contributing to the maintenance of peace and stability in the region."

She said that the focused efforts on

enhancing border security have not only safeguarded the lives of citizens but also provided a conducive environment for overall socio-economic development in Jammu and Kashmir.

Purnima expressed her appreciation for the security forces for their tireless efforts in safeguarding the nation's borders and ensuring the safety of its citizens.

Their dedication and commitment have played a vital role in maintaining the sanctity of the nation's borders, she added. She urged the people of Jammu and Kashmir to continue supporting the government's initiatives and to remain vigilant against any subversive elements that may try to disrupt peace and harmony in the region.

The BJP J&K spokesperson emphasized that under the present regime of the Modi government, there is a palpable sense of peace prevailing on the borders of Jammu and Kashmir, paving the way for progress and prosperity in the region.

# Chandel warns Pakistan to vacate PoK on Kargil Day

JJ NEWS SERVICE

JAMMU, JUL 26: National General Secretary of Shri Amarnath Ji Yatra Welfare Society Shri Raju Chandel and National Executive President Shri Rajkumar Goyal while talking to journalists during a press conference in Jammu said that today is Kargil Vijay Diwas.

On this day, on this day, on the top of the Kargil hill, our brave soldiers were captured by the goons of traitor Pakistan, they were freed by our brave soldiers by sacrificing their lives.

We bow down to our Kargil martyrs from the bottom of our heart and say that today we have sacrificed many of our innocent soldiers. Traitor Pakistan has been waging

a proxy war for 70 years continuously and PoK is an integral part of India under its occupation. is in

Mr. Rajkumar Goyal said that now we will keep taking PoK, no matter what martyrdom has to be sacrificed for it. Traitor Pakistan is like a dog's tail which can never be straightened. Poor beggar Pakistan is begging with a bowl, but its arrogance His arrogance has not gone, our Indian soldiers are going to take him out soon and we will take PoK at all costs.

Chandel said that on the occasion of Kargil Vijay Diwas, I want to warn Pakistan to voluntarily hand over PoK to India without any bloodshed, otherwise our three forces are so powerful that no power in the world can compete with them.

Can do it, the point of the Chinese army becomes wet after hearing the name of the Indian Army and seeing its might, before now India did not want to have any sizeable war, but the traitor Pakistan is not going to accept it with love, PoK is an integral part of India and its people are now completely unhappy with Pakistan and they want to join India, when will they go forward? Time has come for Pakistan to vacate PoK.

If Pakistan does not think of India with love and of its own free will, then its Balochistan, Sindh and other parts of its country will also be divided into small countries, for which Pakistan itself will be responsible, want to give it the last chance to hand over PoK to India as soon as possible.

# Dogra Group of Colleges in Collaboration with Dogra Sadar Sabha Celebrate 24th Kargil Vijay Diwas

JJ NEWS SERVICE

JAMMU, JUL 26: Dogra Group of Colleges viz Dogra College of Education, Dogra Law College and Dogra Degree College, Bari Brahmana, Jammu, District Samba in collaboration with Dogra Sadar Sabha, Jammu celebrated 24th Kargil Vijay Diwas on 26th July 2023 in the auditorium at Dogra Educational Complex to commemorate the victory of Indian Armed Forces over intruder Pakistan Army in the year 1999. Indian army duly supported by Indian air force defeated the enemy forces and proudly hoisted the tricolor on top of "Tiger Hill" thus declaring complete "Vijay of Indian Army". Every year 26 July is celebrated as "Vijay Diwas" in the honour of Kargil war heroes.

The programme began with the lighting of traditional lamp and paying floral tributes by the dignitaries to Kargil War Heroes followed by the welcome address given by Mrs. Shivali Mehta, Lecturer DCE. An impressive ceremony was proceeded with a series of heartwarming speeches, patriotic song and poetry recitation by the students of Dogra Group of Colleges that paid homage to the brave soldiers who exhibited unparalleled



courage and indomitable spirit during the Kargil conflict.

As a part of the celebration, two minutes silence was observed to honour the memory of martyred soldiers.

On this Occasion, Col. Dr.V.K Sahi, Vir Chakra, Director, War Decorated India, J&K Unit talked about the significance of Kargil War and told everyone about the valor and sacrifices made by the soldiers. He motivated the students to join the defence forces and serve the nation. Speaking on the occasion, Col. K.S Jamwal, Vice president, Dogra Sadar Sabha glorified the bravery of the soldiers and conveyed his best wishes to the Indian army on this memorable day and extended his heartfelt gratitude for their selfless service to the

nation and in maintaining peace and security of the country. Maj. Gen. (Retd) G.S Jamwal, (A.V.S.M) also paid tribute to the war heroes and appreciated the collaboration between Dogra Group of Colleges and Dogra Sadar Sabha for organizing such an event.

A formal speech was also given by Mrs. Indu Puri, Lecturer DCE. She stated that we salute the war heroes and will forever remain indebted to our brave soldiers and their families.

Further, a special address was given by Th. Gulchain Singh Charak, Chairman, Dogra Educational Trust and President, Dogra Sadar Sabha. In his address, he paid homage to the martyrs of Kargil Vijay Diwas brings up to the fore the heroic saga

of those wonderful brave hearts of India, who will always remain an inspiration for the countrymen. He also emphasized the importance of unity and patriotism, as the entire nation stood together in support of the armed forces.

Prominent among others present on the occasion were - Major Gen. (Retd) Sunil Kumar Kapoor (V.S.M), Prof. Drashana Sharma, Director, DGC&CD, Dr.Vikesh Kumar Sharma, Principal, DCE and Dr. Avdesh Pratap, Principal D.L.C. Staff and students of Dogra Group of Colleges were also present during the occasion. A formal vote of thanks was moved by Ms. Aditi Khajuria, Lecturer DCE and programme winding up with the National Anthem.

# PoJK is part of India and we are committed to take it back: Dr Indresh Kumar



JJ NEWS SERVICE

JAMMU, JUL 26: Muslim Rashtriya Manch (MRM) today launched a formal campaign for liberation of Pakistan occupied Jammu and Kashmir (PoJK) and Gilgit Baltistan which are under the illegal occupation of Pakistan.

The campaign was launched by the hundreds of activists of Manch and Gujjar Bakerwal leaders, during a seminar here which was held under the chairmanship of senior RSS leader and patron of the MRM, Dr Indresh Kumar, in a seminar held here today.

The seminar was organized by the Gujjar Desh Charitable Trust. Addressing a large number of Gujjar and Bakerwals leaders, Indresh Kumar said that PoJK was a part of India, it is a part of India and

will be remain a part of india and we are committed to take it back from the Pakistan, which is on the verge of poverty and inflation.

He further asked the Pakistan to vacate the PoJK, Gilgit and Baltistan which are the parts of India and were in its illegal occupation, said the people of these regions are being suppressed and oppressed by Pakistan Government.

Speaking to media persons at the sidelines of the programme, Indresh Kumar said that the campaign was launched in view of the slogan given by Prime Minister of India, Narendra Modi that the international boundaries be respected. He said Pakistan is not a nation but it has come into existence due to the conspiracy of Britishers as well as former Prime Minister of India, Pt. Jawahar Lal Nehru and founder of Pakistan, Ali

Mohammed Jinnah.

He said that Pakistan is on the verge of disintegration as the people of these regions want liberation from that country and they have already launched the movement in this connection. He said after its formation Pakistan got fragmented in 1971 after the formation of Bangladesh and now other regions have started a movement for liberation from Pakistan.

While giving the tributes to the brave Indian army jawans, on the occasion of Kargil Vijay Diwas, Indresh Kumar said, our army is the one the finest army in the world, every Indian must feel proud to be have such an army, who is saving the lives of 140 crores of Indian and always keep ready to sacrifice their lives for the safety of Indians.

Replying on a query over the implementation of Uniform Civil Code in India, Indresh Kumar said, there is nothing special in this code that the Muslims fear for its implementation, there are some leaders in our nation, who are misguiding the Muslims over its implementation. In our constitution, we have rights for every religion and this code has nothing to do with any religion.

Among others who participated in the seminar included, National -convenor, NRM Hari Mohd Afjal, Abu Bakar Naqvi, Jammu Kashmir and Ladakh, Convenor, Mir Nazir Ahmed, Organization Minister, Jammu Kashmir and Ladakh, Punjab and Himachal Gulshan Kumar and other members of the Manch.

# Present dispensation miserably failed to develop industrial towns: Rattan Lal

JJ NEWS SERVICE

JAMMU, JUL 26: Rattan Lal Gupta, Provincial President of Jammu and Kashmir National Conference (JKNC), Jammu, expressed great disappointment over the deplorable condition of industrial towns in the Jammu region. He highlighted the dire state of industrial towns like Bari Brahmana, Samba, and Kathua districts, which have been neglected and left in poor condition under the present dispensation. In a statement issued here today, Rattan Lal Gupta stated that the present administration has miserably failed to develop these crucial industrial towns, resulting in their stark contrast to the fully developed industrial towns found in other states. He lamented the hollow policies adopted by the present dispensation, which have led to the

sorry state of affairs in the industrial towns of the Jammu region.

Gupta highlighted that the industrial towns in the Jammu region are deprived of basic amenities, hindering the progress and well-being of the local communities. He emphasized that if the National Conference is voted to power then these industrial towns will be revitalized and developed on modern, smart towns, developed public parks and children play grounds, ensuring the availability of essential amenities for the residents.

The senior NC leader also expressed serious concern over the heavy losses caused by flash floods and incessant rains in border and Kandi belts of Samba district. He pointed out that the government's response to these calamities has been lackluster, showing little concern for the loss of infra-

structure, properties and crops. He appealed to the government to assess the extent of the damages and provide immediate compensation to the affected individuals. Meanwhile, in view of the upcoming polls of ULB in Jammu and Kashmir, the National Conference has constituted a committee for Samba, Bari Brahmana, Vijaypur, and Ramgarh.

The following 17 members committee has been constituted: Mr. Sudagar Gupta as Chairman, Mrs. Satwant Kour Dogra, Master Noor Hussain, Mrs. Sureya Begum, Mrs. Rajni Devi, Mr. Mohinder Singh, Mr. Chander Uday Singh, Mr. Bharat Bushan, Mr. Ashok Kumar Attri, Mr. Ajay Sharma, Mr. Yashpal, Mr. Krishan Dutt, Mr. Joginder Kumar, Mr. Nar Singh, Mr. Satpal, Mr. Bua Dita and Mr. Sawarn Singh as members.

# BJP always at the doorsteps of people: Sat Sharma

Sat Sharma, Ankush Gupta listen to public grievances



JJ NEWS SERVICE

JAMMU, JUL 26: BJP senior leader & former minister Sat Sharma (CA) accompanied by Ankush Gupta, department incharge, BJP Maha Sampark Abhiyaan during public darbar at party headquarters, Trikuta Nagar, Jammu, listened to the grievances of the people drawn from different areas of Jammu as well as Kashmir province. These people had reached party office in deputations and groups with their problems, which were listened and taken up with the senior officials of the concerned departments for early disposal by Sat

Sharma, who talked through phone to these officials and in some cases, representations of the deputations were forwarded to the departments. Among one of the main deputations, Ghagwal residents complained that a 10 MVA transformer reached Ghagwal receiving station six months ago but still it has not been installed and people have not been able to suffer. This matter was brought into the notice of Managing Director, JKPDCL by BJP leaders. As issue related to lifting of garbage from mandir complex of Kabir Mohalla, Rajpura, was also raised, which was taken up with

the Joint Commissioner, Jammu Municipal Corporation, for early action. Some individuals raised the issue of non payment of the financial assistance of rupees 5.5 lakh to refugee families as the will deeds of their fore fathers is not accepted by the department. A deputation of ward no. 73 took up the matter related to damages caused to two small bridges, which are causing inconvenience to the general public. A group of Ration dealers from some areas of Jammu city brought it into the notice of the BJP leaders that majority of the con-

sumers who get monthly ration from their outlets, want flour instead of rice. This issue was also taken up with the CAPD officials. Similarly many other issues related to the PHE, JMC, PDD, were raised by the people and the same were taken up with the concerned officials. Sat Sharma, on this occasion, said that the party deputed senior leaders on daily basis to meet the people and listen to their problems. He said that these leaders are available at BJP office as well as many other leaders are going door to door to educate the people about the development works and welfare schemes of the Modi government, besides getting on the spot assessment of the day today problems being faced by them. He said that the BJP stands with the people in their joy and sorrow and always at forefront to help in every possible way. Ankush Gupta conducted the proceedings and diazried the issues presented during the camp.

# People's problems increase manifold in absence of popular Govt in J&K: Hari Singh

HARI SINGH, RAJNI BALA CONDUCT DOOR-TO-DOOR CAMPAIGN IN WARD 60, JAMMU NORTH ASSEMBLY SEGMENT

JJ NEWS SERVICE

JAMMU, JUL 26: Hari Singh Chib, President of District Congress Committee, Jammu Kural, expressed deep concern over the increasing problems faced by the general public in absence of a popular government in Jammu and Kashmir. He made these remarks while conducting a door-to-door campaign in Ward No. 60 of Jammu North Assembly segment along with Rajni Bala, Corporator of the Ward today.

Hari Singh Chib underscored that the lack of a democratically elected government in Jammu and Kashmir has led to a crisis in governance, resulting in the deprivation of basic amenities such as regular power and water supply, dilapidated condition of roads, sanitation issues, etc for the citizens. This unfortunate situation has left the people with no option but to take to the streets in protest to demand their rightful entitlements.



"The BJP's failure to deliver on its promises has caused disillusionment and disappointment among the people. The lack of basic amenities has severely affected their daily lives, compelling them to voice their grievances on the streets," he observed. The senior Congress leader emphasized that the present situation demands immediate attention and a swift resolution. He called upon the government to take prompt

action in conducting elections in J&K, thereby reinstating democratic processes and ensuring that the aspirations of the people are duly represented. Later, both the senior Congress leaders interacted with the people of Ward 60 and listened to the issues being faced by them. They observed a growing resentment among the people against the Saffron Party in the Jammu North assembly segment. Rajni Bala, while addressing the concerns

raised by the people, assured them that their civic issues would be promptly addressed. She emphasized the Congress Party's commitment to serving the aspirations of the people and appealed to them to support the Congress Party in the upcoming elections. She asserted that the Congress Party remains dedicated to advocating for the welfare of the people and striving to bring about positive changes in their lives.

# FFMA pays tributes to Kargil Martyrs on Vijay Divas



JJ NEWS SERVICE

JAMMU, JUL 26: To commemorate the victory of Indian Army in Kargil in the 1999 War with Pakistan, the Freedom Fighters' Memorial Association (FFMA) on Wednesday organized a meeting at Dogra Shaurya Sthal, Ampbhalla under the chairmanship of Rajiv Mahajan. Floral tributes were paid to the martyrs and candles were lit in their hon-

our. A two minutes silence was also observed. Speaking on the occasion, the members remembered all the martyrs and said that the Indian Army was the best army in the world. Speaking on the occasion, Chairman of FFMA, Rajiv Mahajan saluted the soldiers who sacrificed their lives for the beloved nation. The Indian army fought very bravely along with the Indian Air Forces who

played the major role during the war and the Indian Battalion regained its position. Indian Army has always safeguarded the nation from alien forces and made us proud every time with their work and sacrifices for the Motherland. "Indian army is like a mother who does work selflessly and never asks for in return. This heroic sacrifice of our army won't be forgotten, and it will always inspire us," Mahajan added. Others were present on the occasion includes Ved Gandotra (Chief Patron) of FFMA, Ravi Puri (Former President of Association), Prof. S.S Balwal (President of Association), Th. Karnal Chand (General Secretary of Association), Pritam Sharma (Vice President), Ravinder Mittal (Organiser), Brij Mehra (Vice President), Prof. O.P Sharma (Vice President), Kulbir Singh Slatiha (Vice President), Garu Ram (Vice President), Raj Rattan Raina (Vice President), Guddu, Surinder Chouhan, Ramesh Singh, Prabhat Kapahi and others.

# Sham Sharma felicitates veterans of Jatt Chun Biradari

JJ NEWS SERVICE

JAMMU, JUL 26: In a heartfelt gesture, senior BJP leader and former Minister, Sham Lal Sharma today felicitated the esteemed veterans of Jatt Chun Biradari who have completed 80 years of their successful journey of life, in a special function held at Devsthan Bandowala (Pallanwala), Jammu. Recognizing the significant contributions of the Jatt Chun community to the society, Sham Lal Sharma lauded their pivotal role as the backbone of the area, with agriculture being their mainstay, providing grains for the sustenance of the entire community.

Addressing the gathering, Sham Lal Sharma expressed admiration for the progress made by the younger generation of the Jatt Chun Biradari. He commended their exemplary achievements and the remarkable positions they have attained in various spheres. Their hard work, dedication, and determination have been instrumental in uplifting the Biradari's reputation and contributing to the overall progress of the region.

During the event, the former minister extended special appreciation to Er. Ashok Singh for setting a unique example by facilitating the veterans of the Biradari. His efforts in recognizing and honoring the contributions of the elder members have not only strengthened the bonds within the community but have also inspired others to follow suit.

He also acknowledged the commendable efforts of Balwant Singh Choudhary in the education sector for the area. His tireless commitment to promoting education and creating better opportunities for the youth has had a profound impact on the community, fostering a culture of learning and growth, he added. Sham Lal Sharma expressed his deep respect and gratitude to the entire Jatt Chun Biradari for their valuable contributions to the welfare and progress of society. He pledged unwavering support to the Biradari and assured them of continued cooperation in their future endeavors.

Earlier, the former minister felicitated Ch. Balwant Singh, Ch. Krishan Singh-1, Ch. Ram Singh, Mrs. Banti Devi, Ch. Shiv Ram, Ch. Thoru Ram, Mrs. Pyari Devi, Mrs. Bachno Devi, Ch. Ajit Singh, Ch. Prakash Chand, Mrs. Shanti Devi-1 Ch. Swaran Singh, Ch. Krishan Singh-2 and Mrs. Shanti Devi-2.

Ch. Pritam Singh, President of the Jatt Chun Devsthan, Bandowala said that time has come when all the members of the Biradari should stand up for the welfare of the Biradari and the literate members of the Biradari should guide the new generation to achieve goals of their life and strengthen them to take pursue of education and professional studies. Er. Ashok Singh Choudhary, a retired Executive Engineer and Chairman of the Finance Committee of the Devsthan welcomed Sham Lal Sharma, former Minister, J&K and Vice President BJP, Suraj Singh Bha-

Vice Chairman DDC, Jammu, Bushan Kumar Bral, DDC Member, Bhalwal Brahma along with the Veterans who were facilitated today and all the Biradari Members present on the occasion.

Suraj Singh Bhaui, Vice Chairman of the DDC, Jammu praised the decision of the Biradari of facilitation and promised to provide funds for the Community Hall of the Jatt Chun Biradari and appeal the Biradari members to hold such interactive program in future as well so that Biradari remain aware of the Government Schemes also. Bushan Kumar Bral, DDC Member while speaking on the occasion appreciated the role of Er. Avtar Singh, Er. Ashok Singh and Ch. Pritam Singh President to organize such informative sessions for the welfare of the Biradari and promised to provide funds for the Community Hall at Bandowala. Er. Ashok Singh Choudhary stressed and appealed to the Biradari members that it becomes the responsibility of the young generation to respect and take care of the elders, especially when they are at the fog end of their life as they have left no stone unturned for the upliftment of the family to the best of their ability. Er. Singh elaborated that he will arrange much more programming like Medical Camps, Facilitation to the Excelling Students and the members who are at higher position for the welfare of the Biradari.

He said that Devsthan hall be developed with modern facilities on war footings for offering the prayers.

# AJKPC demands Delimitation of Panchayats, rationalisation of voters before polls



JJ NEWS SERVICE

SRINAGAR, JUL 26: Welcoming the State Election Commission's statement over the possibility of conducting Panchayat elections in October-November this year, All Jammu and Kashmir Panchayat Conference (AJKPC) on Wednesday urged the Union government for the conduct of Delimitation of Halqa Panchayats for rationalisation of electorates before holding these polls. Addressing a press conference here, Anil Sharma, AJKPC president said, "We welcome the statement of State

Commissioner B R Sharma that they are intended to hold Panchayat polls in October-November this year. We want to convey that the people of Jammu and Kashmir, particularly existing PRI members are ready for elections but it is imperative for the Commission to immediately conduct Delimitation of Halqa Panchayats so that rationalisation of voters is done prior to these polls. "There are Panchayats where the number of voters is just 600 while this number is anything between 3000 and 4,000 in other Panchayats. There is a need for rationalisation of these Panchayats to have level

playing field for ensuring free, fair and transparent polls," Sharma said. The AJKPC leader also reiterated its demand for conducting polls for all three tiers of Panchayati Raj Institutions (PRIs), as the guidelines of 73rd Amendment of Indian Constitution, together for bringing vibrancy in the system. "The term of existing District Development Councils (DDCs) will end in November-December 2025. The guidelines of 73rd Amendment state all the three-tiers of the PRIs should have co-terminus and elections to these bodies should be conducted within a span of 45 days.

The simultaneous elections will ensure vibrancy in the rural bodies," Sharma said. He added, "As the term of the District Development Councils shall end in 2025 therefore, there is no logic to end the term of the Panchayats prior to that. The government should both extend the term of the existing Panchayats in J&K by at least two more years and hold Panchayat elections in January 2026 or it should pre-poned elections of DDCs and BDCs for simultaneous polls by the end of this year." "We request the Prime Minister Narendra Modi ji and the Union Home Minister Amit Shah ji that they should personally intervene into the matter and the Delimitation of Halqa Panchayats should be ordered without any further delay". Among others who attended the press conference were Nazir Ahmed Rania, GH Rishi, Mohed yousef babba, Shanviwaz Rishi, AK Pandita, Manoj Pandita, Mahesh Dhar, Ranjini domi, noora bhagam.

# Sapna Kotwal inspires students at Bantalab Boys Pahari Hostel

JJ NEWS SERVICE

JAMMU, JUL 26: Secretary, Advisory Board for Pahari Speaking People Jammu and Kashmir, Sapna Kotwal, graced the Boys Pahari Hostel in Bantalab today and took a significant step towards uplifting the hostel's educational landscape by providing books. This addition to the hostel's library was made possible through collaboration with Director Libraries, Mohammad Rafi.

Addressing the gathered students, Sapna Kotwal expressed her enthusiasm about this initiative and its potential to elevate the hostel's educational standards. "Education is the key that unlocks countless opportunities in life. Make the most of the resources available in this upgraded library to broaden your horizons and chase your dreams," she passionately urged, motivating the young minds to embrace the wealth of knowledge. Encouraging the students to view



the hostel as more than just a place to stay, Sapna Kotwal emphasised, "This hostel is not just a place to stay; it's a sanctuary of learning. Let it fuel your ambitions and aspirations, propelling you towards greatness." She stressed the significance of collaboration and mutual growth, adding, "In the journey of self-improvement, never underestimate the power of learning from your peers. Collaborate, exchange ideas

and grow together." Sapna Kotwal reminded the students of their rich cultural heritage, urging them to embrace it with pride and let it inspire remarkable achievements. "You carry the legacy of a vibrant culture within you. Embrace it with pride and let it inspire you to soar to greater heights," she urged, instilling a sense of cultural identity and purpose among the young learners.



# BJP organizes free Ayush health check-up camp at Kanak Mandi



JJ NEWS SERVICE

JAMMU, JUL 26: On the occasion of Kargil Vijay Diwas, District Jammu Vice President BJP, Manav Mahajan organized a Free Ayush Health Check-up cum Awareness Medical Camp at Ward No. 11 Kanak Mandi. The camp was graced by the presence of District President BJP Sh. Parmodh Kapahi & Smt Purnima Sharma, Spokesperson BJP J&K and former deputy Mayor Jammu, Chamber of Commerce President Sh Arun Gupta along with other prominent figures from various associations.

The event was organized in collaboration with the Department of Ayush JK UT, Director AYUSH, Dr Mohan Singh, Dy Director Ayush, Dr Suresh and District Ayush Officer, Vandana Dogra and Medical Faculty and witnessed participation of over 962 patients, who received medical examinations and free medicines.

District President Parmod Kapahi

emphasized the importance of commemorating Kargil Vijay Diwas and lauded the initiative of the medical camp to provide relief to patients during the monsoon season.

Purnima Sharma highlighted the significance of unity and preparedness, drawing from the lessons learned during the Kargil War, and praised the free health check-up initiative. As we commemorate Kargil Vijay Diwas, she emphasized that it should not just be remembered as a day of victory, but also as a day of learning. The Kargil War taught us the vital values of preparedness, vigilance, and strategic acumen. Furthermore, it emphasized the importance of unity and the strength of a nation that stands together. She said that people of the country always remain indebted to the Kargil Martyrs.

Purnima appreciated the Free Medical Health Check-up organized by District Vice President Manav Mahajan, stating that it aligns with the

principles of 'Nar Sewa Narayan Sewa', as emphasized by our Prime Minister, Narendra Modi.

Arun Gupta, Chamber President, also acknowledged the significance of Kargil Vijay Diwas and commended the efforts of the District BJP Jammu for organizing the medical camp.

Manav Mahajan expressed his gratitude to the Department of Ayush and assured that more health camps and beneficiary schemes will be organized in the future.

Among those who were present include Gen Secy Munish Gupta, Vice President Rajesh Gupta, Cashier Rajesh Gupta, Kanak Mandi Association President Anoop Mittal and Gen Secy Ashish Gupta, District BJP Team, including Karan Singh, Brijesh Gupta, Kuldeep Kandhari, Surinder Anand, Balkrishna, Subash Anand, Joyti Mishra, Vagesh Bharti, Vishal Gupta, Jaspal Risam, Dawarakanth Gupta, Dwarkanath Malhotra, Amit Gupta, Sanjay Kohli, Parveen Arora, Nueer Anand, Sanjeev Sharma Tony, Sheru, Kartar Nath, Ravi Sharma, Shivkumar, Rajesh Sharma, Sukbir Kohli, Rajesh Talia, Anil Datta, Ishant Mahajan, President of Lakhdatta Bazar Association Tarun Kharbanda, Chairman of Darugjan Association Surinder Mahajan, Chairman of Purani Mandi Association Rajan Gupta, President of JPDA Rajinder Gupta, President of Link Road Bazar Association Yashpal Arora, and Gen Secy Pushanlal Sharma, Pawan Sharma, Suresh Lachotra, Raman Gupta, and Rohit Sodhi.

# Ex Mayor reviews ongoing works of Smart City Project in Ward-33



JJ NEWS SERVICE

JAMMU, JUL 26: Former Mayor Chandher Mohan Gupta accompanied by prominent persons conducted extensive tour of Ward-33 to see the progress of the ongoing work under the Jammu Smart City Project. Gupta had detailed interaction with the local people and prominent citizens of the area so as to

know their feedback regarding the execution of works including quality control measures for the works. Speaking on the occasion, Gupta stated that under the leadership of PM Modi Jammu is witnessing major projects under Smart City and the same will continue in order to provide best possible infra to the masses. He expressed satisfaction over the progress of

to do even much better for the people of J&K," he said. He asserted that the BJP Government at the Centre is committed to all round development of Jammu and Kashmir and no fragment of the Union Territory will remain untouched as far as progress and growth are concerned.

Gupta maintained that BJP is committed to equitable political empowerment of all sections of the society and equitable distribution of resources among all. The sense of deprivation has been removed and all regions and sub regions of J&K are getting equal share in development and progress and no region or sub-region has hegemony over the other region," he said.

He said unprecedented development has been witnessed in the region under the dispensation of the Narendra Modi-led Union government.

# Aakash BYJU'S Launches its Biggest and Most Awaited National Talent Hunt Exam, ANTHE 2023



JJ NEWS SERVICE

JAMMU, JUL 26: Aakash BYJU'S, the national leader in test preparatory services, today unveiled the 14th edition of its popular and widely sought-after ANTHE (Aakash National Talent Hunt Exam) 2023. The flagship annual scholarship exam presents the chance for Class VII-XII students to unleash their potential with up to 100+ scholarships and remarkable cash awards. Empowering young minds to soar towards their dreams of a promising future in medicine or engineering, ANTHE 2023 promises to be an extraordinary gateway to success. ANTHE scholarship recipients can enroll in Aakash and receive expert guidance and mentorship to prepare for various exams, including NEET, JEE, state CETs, School/Board exams, and competitive scholarships

like NTSE and Olympiads. An exciting addition for students this year is the chance for 100 students from various classes to win a 5-day all-expenses paid trip to a National Science Expedition. Over the years, Aakash has produced notable achievers, with several students from Aakash BYJU'S emerging as top rankers in exams like NEET (UG) and JEE (Advanced). A number of Aakashians who started their educational journey at Aakash with ANTHE, including Kaustav Bauri (AIR 3), Dhruv Advani (AIR 5), and Surya Siddharth N (AIR 6), became Champions in NEET (UG) 2023. Similarly, Aditya Neeraje (AIR 27) and Aakash Gupta (AIR 28), who also commenced their journey with ANTHE, attained commendable positions in JEE (Advanced) 2023. Commenting on ANTHE 2023, Mr Abhishek Maheshwari, CEO, Aakash

Educational Services Limited (AELS), said, "ANTHE has been the catalyst in fulfilling the aspirations of lakhs of students by bridging the gap between dreams and capabilities. Since its inception in 2010, we have strived to extend our coaching opportunities to deserving students nationwide, breaking barriers of location. ANTHE opens doors for students to prepare for NEET and IIT/JEE exams at their own pace, wherever they may be. We anticipate strong participation in ANTHE 2023 and remain steadfast in our mission of propelling students closer to a promising future." ANTHE 2023 will take place from October 7-15, 2023, in both online and offline modes across 26 states and union territories in India. In addition to scholarships of up to 100%, top scorers will also receive cash awards. ANTHE online will be held between 10:00 AM - 09:00 PM during all exam days, while the offline exams will be conducted on October 8 and 15, 2023 in two shifts: 10:30 AM - 11:30 AM and 04:00 PM - 05:00 PM at all 315+ centers of Aakash BYJU'S across the country. Students can choose a one-hour slot convenient to them. ANTHE will be a one-hour test carrying a total of 90 marks and comprising 40 multiple-choice questions based on the grade and stream aspirations of students.

# Manjit Singh asks Apni Party cadre to prepare for PRI, Urban Local Body elections

JJ NEWS SERVICE

JAMMU, JUL 26: Apni Party Provincial President, Jammu, and Former Minister, S. Manjit Singh has directed party leaders and workers to gear up for upcoming Panchayat, and Urban Local Body Elections in Jammu and Kashmir.

"The leaders should outreach the people in all the districts, villages and blocks of the region to make people aware of the policy and agenda of development adopted by Apni Party," said Manjit Singh, while addressing a meeting of Provincial Presidents of Different Wings, District Presidents, Frontal Heads, and other leaders at Gandhi Nagar Office of Apni Party.

He said that "The people are in no mood to accept the bureaucratic rule in Jammu and Kashmir. Therefore, the PRI and Urban Local Body elections provide an opportunity for the people to elect their own representatives from their areas."



"This is the first step towards the strengthening of democratic roots in Jammu and Kashmir as the Apni Party wants restoration of democratic system in the erstwhile State," he said.

He further stated that "Get ready for the PRI and Urban Local Body elections in J&K. These elections will be decisive. Hence, the public outreach programmes should be intensified in every nook and corner of the region."

He said that "The people of J&K are waiting for the assembly polls in Jammu and Kashmir and restoration of statehood to the erstwhile historic state that

was downgraded into a Union Territory."

"The sentiments of the people from both the regions of J&K have been hurt with the downgrading of the historic state of Jammu and Kashmir. Its honour should be restored and the assembly elections should not be delayed any further," he said, while asking the party leaders to educate people about the social security scheme, equitable development, protection of natural resources and employment for the locals from outsiders.

Provincial Senior Vice President, Jammu, Ex-MLA Faqir Nath, Additional

General Secretary, Arun Kumar Chibber, SC Wing Coordinator, Bodh Raj Bhagat, State President Apni Trade Union, Ajaz Kazmi, State President OBC Bhagat Ram, District President Rural - B, Pushp Dev Uppal, District President Udhampur, Hans Raj Dogra, Spokesperson, Yasar Khan, Provincial President Youth Wing, Vipul Bali, Provincial Women Wing, Pavnet Kour, Provincial President Legal Cell, Jammu, Vikram Rathore, Senior District Vice President Jammu Urban, Vaibhav Mattoo, Media Coordinator, Sandeep Vaid and others.

# Farmers embrace lavender revolution under aroma mission

JJ NEWS SERVICE

PULWAMA, JUL 26: What started as a passion for apothecaries for the locals in Jammu and Kashmir, hundreds of years ago, is now a full-blown herbal revolution.

Today the Kashmir Valley is coloured in the regal shade of purple. Depending upon where the Sun is in the sky, the Kashmiri lavender blooms in different hues of colour - Violet, Mauve, Lilac, and Amethyst. The lavender harvest season of July is no less than a festival that has extended its stay because the reason for the celebration is too important. Women folk of the Valley are proud to contribute their share in the value chain foretelling a flourishing time for the herb industry of Kashmir.

In the Bonera village of Pulwama, women work happily work through the day collecting purple blossoms from a field station under the jurisdiction of the Council of Scientific and Industrial Research (CSIR), Indian Institute of Integrative Medicine (IIIM).

Their enthusiasm and excitement can be directly credited to the soothing aura of the lavender that calms the nervous system and acts as an antidepressant, mood booster. The cultivation of this herb has a certain appeal to women. Imagine going to work and returning home with more energy than when you left!

This seasonal job for women is an excellent place to earn extra income that can support their daily needs. What started as a simple initiative of growing lavender for personal use in backyards has now translated to more than 200 acres of lavender

fields, the largest farm in North India. The field station contributes its success to members of the women-run SHGs (Self-Help Groups).

Like many others across the Union Territory, this particular field station plays an important role in empowering women. The officials provide training to hundreds of girls for lavender and rose cultivation, processing, and value addition. Many women end up establishing their backyard units in association with neighbours and friends in the form of Self-Help Groups (SHGs).

Recently, under the Aroma Mission, CSIR IIIM Bonera distributed 6,600 lavender saplings. Being a versatile herb, lavender is added to soaps, aromatherapy oils, tea, skincare, fragrances, etc., and then sold on various online platforms including the UMEED hort exhibition.

The presence of medicinal and herbal plants wasn't unknown in J&K but after the government's promotion initiatives, people want to take an active role in the revolution. J&K has finally tapped the unexplored potential of Agri-tech StartUps. The youth that had earlier left Kashmir for greener pastures and high-paying jobs in metropolitan cities of the country are running back to tend to their ancestral fields. People make fortunes selling local medicinal herbs and aromatic plants with a high export value. As lavender is a perennial crop, its oil is the new yellow gold in the region. In the last two years, J&K has been monitoring and catering to the growing demand for lavender oil in Europe. Standardization in cultivation techniques, processing, and post-harvest

technology has helped maintain quality, resulting in new customer bases, especially across Western Europe.

The success of this herb has also inspired greater production of Geranium, Clary sage, Artemisia, and Rosemary among other widely used herbs in homeopathy and naturopathy. Some varieties of these herbs have been imported from Australia to experiment with the best specimen of herbs for maximizing quality production.

Many herbs are extinct today and some individuals from prominent universities have taken it upon themselves to dig deeper and find ways to obtain these species from another place to be propagated once again in the valley. The Department of Genetics and Plant Breeding, SKUAST-Kashmir, is the frontrunner in the initiative.

For centuries, mankind has used plants to alleviate all sufferings, only excluding death. Scholars from the University of Kashmir (KU) among other universities are reviving the trusted age-old ethnobotanical practices in J&K. The shift towards aromatic, ornamental, and herbal farming is transforming the agricultural activity into an export-oriented venture.

A few years back the J&K UT administration dared to imagine thriving farmhouses, overflowing with premium quality plantations. Their goal to secure the title of the world's largest herbal sanctuary is finally coming to fruition. Youth, the driver of a nation, has replaced guns with shovels and baskets. In pursuit of peace and development, there is no place for terrorism.

# Khao Gali - The Street food Festival Start at Hotel Zone by the Park



JJ NEWS SERVICE

JAMMU, JUL 26: Hotel Zone by The Park, Jammu - India's leading social catalyst hotel chain has made its presence in Jammu. Hotel Zone by The Park, Jammu brings 'Khao Gali' Food Festival for first time in City of temple, Jammu. The event was graced by the presence of Mr Vivekananda Rai - Director Tourism & Mrs Sunaina

Mehta - Joint Director Tourism, Prateek Acharya - Director Operation - zone by the park, Jammu, Paras Malhotra - Food and Beverage Manager. Zone By the park, Chef Mannohan Singh - Executive chef.

"What's festivity without food? What's better than getting to gorge on the choicest Indian chat counter's without shedding tears in the kitchen? Hotel Zone by The Park

Jammu has lined up a delectable array of Khao Gali to make the memorable experience for Jammuites.

The feast, open for Dinner on July 25th - 08th Aug will bring alive the culture and flavour of Chat counter from different state of India available at 'BAZAAR'.

Indian is passionate about their taste bud and always looking for chat patli eatable things. The food festival has been designed to

provide our guests the authentic flavour of street food across India. We are certain that our guests will really enjoy the spread.

Special features: 'Chat counter- Pani Puri - poori these types of water, Dahi bhalla pappi chat, Masala bhel

Pav bhaji Vada pav & Misal Pav counter- with condiments, Dosa & Pesarattu counters with two types of chutney & sambar, Veg. Momo & veg. thupka counter with condiments, Khatti rol (Paner khurchan, also mater, soya champ and cheese)- live kitchen bazaar, Soya champ, Roomali Roti & kulcha Counter- Masala soya champ- live kitchen bazaar, Freshly cut fruit counter with display, Kulad wali chai- Adrak Gur tea & masala chat, Mock tails and beverages And many more.

THOUGHT OF THE DAY

Logic will take you from A to B. Imagination will take you everywhere - Albert Einstein

JINDRAH IMAGES

Delivery justice to deprived people

Two highly discriminated and neglected communities-- Jammu and Kashmir's linguistic minority Pahari-speaking people and Valmiki are jubilant and filled with exuberance as the BJP-led Central government has introduced bills in the Lok Sabha while fulfilling its commitment to deliver justice to them. The four-decade-long demand of Pahari speaking people for grant of Scheduled Tribe status is being fulfilled while Valmiki's struggle for Scheduled Caste status is set to yield desired results. On Tuesday evening, the Union Home Minister Amit Shah while meeting the delegations of Pahari and Gujjar leaders, though separately, assured the Paharis for taking up the bill pertaining to Scheduled Tribe (ST) status to Paharis in the ongoing session of Parliament. He, however, again reiterated that there would be no dilution in the existing quota as well as other ST benefits to Gujjars after the grant of ST status to Paharis. A delegation of at-least 23 leaders from Paharis community, led by former deputy chief minister Muzaffar Hussain Beigh, met the Union Home Minister in New Delhi and expressed its sincere gratitude to the BJP-led NDA government at the Centre for fulfilling four-decade-old demand of the community. There is no denial of the fact that the political parties, including Congress, National Congress and PDP, which always ruled J&K for long and exploited Paharis and Gujjars for their political interests, have been instigating the Gujjars and pitching them against Paharis. Gujjars have been hitting roads and warned the central government against any move to tinker with the existing quota of Gujjars and Bakerwals under ST category. The introduction of Bill pertaining to ST status for Paharis has paved the way to make the demand of this neglected community a big reality. They are exuberant and excited with their areas giving a look of festivity. Based on recommendations of Justice GD Sharma Committee report, the Government has also added Pahari Ethnic Tribe, Paddari Tribe and Koli & Gadda Brahman for accord of Scheduled Tribes (ST) status. Gujjars and Bakerwals in Jammu and Kashmir enjoyed ST status and the Government has already clarified that their rights would not be diluted. Nine seats in the 90-member Assembly of Jammu and Kashmir have been reserved for the STs. Five seats are reserved for STs in Jammu division and four in Kashmir. The Pahari leaders are of the opinion that Gujjars should get benefits of reservation as ST Gujjars while they should be given the reservation benefits as ST Paharis. It would lead to the end of decades-long confrontation, if any, between two communities. Valmiki have also been on cloud nine as they have been delivered justice after decades long victimhood. They feel that their children would now live in a dignified way as they have been residing in Jammu and Kashmir since 1957-58 after shifting from Punjab but were denied genuine rights and reservation by the previous Governments on the grounds of Article 370 of the Constitution of India. The Centre's move ahead of Lok Sabha polls will definitely make a huge impact on the outcome of General elections in Jammu and Kashmir.

Change economic growth strategy to banish poverty faster

THE ALTERNATIVE STRATEGY WILL DO THE JOB OF REDUCING POVERTY FASTER, PROVIDED IT CAN KEEP INFLATION AT BAY.

SUBIR ROY

NOW that India, the world's fifth largest economy, has established itself as the fastest-growing major economy in a world beset by economic uncertainty, interest has grown on finding ways in which it can banish poverty quicker than by following the conventional route. So, here are the contours of an alternative pathway, but before we go into that, let us delineate the conventional route.

Conventional economic wisdom holds that poverty will be abolished in a generation if per capita income goes up by six times during the period. For this, the economy must keep growing at 7 per cent for 25 years. That, in turn, will require an annual investment of 30-32 per cent of the GDP. This is not beyond reach as last year, the gross fixed capital formation, a proxy for total investment, reached 29.2 per cent of the GDP.

However, the need to shift to renewable energy requires fresh investment, which will likely take away resources from the amount available for investment to raise output. This will slow down growth even as India has a long way to go. In terms of per capita income, it ranks a lowly 149th among 194 countries.

The first point about the alternative strategy is that it moves away from specific focus on per capita income. The present healthy aggregate growth in per capita income is enabled by a K-shaped recovery. The rich are getting richer, but the poor are not making much headway. So, such growth is not doing much to eliminate poverty by raising income at the lower levels.

This is tellingly illustrated by the trend in the sale of smartphones. Lately, the sale of cheap and middle-level smartphones costing up to Rs 30,000 has actually been falling and that of phones costing over Rs 30,000 is doing nicely.

If the per capita income is not a good number to go by in measuring poverty, what is? In the alternative growth strategy, the need is to focus on the entire range of human development indicators. If a country does well by this measure, then it does not matter so much if it does poorly by one indicator -- per capita income. A country can suffer from income poverty even as it does well in terms of indicators like life expectancy, infant and mater-



nality, fertility rate, average years of schooling for girls, stunting among children and out-of-pocket health expenditure.

Significantly, Bangladesh scores better than India on most of these indicators but is behind it in terms of per capita income measured in purchasing power parity terms. As per the International Monetary Fund's 2023 figures, India has a PPP per capita income of \$9,070 compared to Bangladesh's \$8,660. But in terms of the 2021 Human Development Report ranking, Sri Lanka (73), China (79) and Bangladesh (129) are ahead of India (132), whereas Pakistan (161), Nepal (143) and Myanmar (149) are behind.

So, where does India go from here? What strategy should it follow to rapidly reduce the level of poverty? There is a need to focus on food availability, schooling, healthcare (particularly reducing out-of-pocket expenditure) and women's empowerment, and let the overall growth rate take care of itself. If high growth mostly leads to higher income by the already well-off, which results in, among other things, buoyant sales of SUVs, then that is of not much help to the poor.

The government's focus till now has been on public investment in infrastructure, which, it is expected, will crowd in private investment. A robust infrastructure lays the foundations for future growth, but in the short run, it does not lead to much job creation.

Currently, the private sector has been far behind in capital investment, waiting for demand to pick up before deciding to add to installed capacity.

The quickest impact on poverty can be made by creating enough jobs. This can be done in two ways. By helping raise farm incomes, demand for rural services and hands needed to deliver them will increase. In the urban areas, the most powerful job creators are the micro, small and medium businesses, which should be able to access enough working capital. When these businesses run robustly, they create more jobs, enabling their workers to earn and consume more. The resultant rise in consumption expenditure will translate into higher sales volume for the FMCG companies.

The link between out-of-pocket health expenditure and poverty is too obvious to need explaining, with serious health episodes often driving families into destitution. As for adequate schooling and post-school skills training, these help young workers enter the job market with better skills and ability to earn more, which will take them out of poverty quicker. Few will have any quarrel with the logic of the foregoing ideas to beef up social services, except that the resources for such an action plan have to come from somewhere. The government has to maintain a fiscal balance as otherwise, it will be risking inflation. This, in turn, lead to the central bank tight-

ening the money supply and a rise in interest rates, which can do serious damage to growth and the fight against poverty.

Right now, elections and promises of freebies are setting the tone of Indian politics. The Congress is popularly believed to have come to power in Karnataka by promising a lot of goodies, not the least of which is free bus travel for women. The ruling Congress in Rajasthan, with elections approaching, has just passed a legislation that assures a basic minimum income to all, particularly the elderly and the specially abled. It will not be surprising if the ruling NDA at the Centre unveils its own bagful of giveaways as next year's General Election gets closer.

In sum, the conventional growth strategy will take longer to remove poverty. The alternative strategy will do the job faster, provided it can keep inflation at bay.

Measures which will help boost farmer-producer organisations to raise farm incomes or making available more working capital to micro, small and medium businesses are essentially non-inflationary.

These can top the to-do list for those adopting the alternative growth strategy. Free bus travel for women can come next as it is self-selecting.

Better-off women don't travel often by bus. As for the rest of the list, action on every item will have to be carefully weighed the welfare gains against the inflation risk.

Ukraine shadow set to loom large over G20 meet

VIVEK KATIJI

THE G20 summit is scheduled to be held in Delhi in a little more than six weeks. According to media reports, Prime Minister Narendra Modi will inaugurate the summit venue at Pragati Maidan today (July 26). There is no doubt that India has the capability to ensure flawless and successful logistics for the summit. The government has also held numerous meetings in different parts of the country on various subjects and themes covered by the G20. It adopted this novel and unprecedented approach to ensure that most parts of the country get a sense of participation in India's presidency of the group, even though it is only rotational in nature.

The G20 summit is one of the most important multilateral events ever hosted by India. This is because this group of 20 -- 19 countries and the European Union -- "represents around 85 per cent of the global GDP, over 75 per cent of the global trade and about two-thirds of the world population", as India's website on the summit notes. Modi would naturally be keen to do everything possible to have a memorable summit. The question, though, is what will actually constitute a successful summit.

While such a question is germane to every multilateral summit, it becomes essential to ask it regarding the G20 summit because of the deep global divisions generated by the Russia-Ukraine conflict. There will inevitably be special attention on India, as the host country, for generally it is the host's responsibility to find a way through the contentions to forge a consensus outcome document. If India is



unable to do so, will this detract from the success of the summit?

This question is also relevant because all previous G20 summits resulted in consensus documents. A Bali Declaration emerged from the last summit held in Indonesia in November 2022, following which India took over the group's leadership. The declaration contained a paragraph dealing with the Russia-Ukraine conflict. It was carefully crafted. It referred to the statements already made by G20 members at the United Nations Security Council and General Assembly. It noted that the UNGA deplored Russia's

aggression against Ukraine. It also mentioned that most G20 members "condemned the Russian aggression against Ukraine. Thus, the paragraph was, all in all, critical of Russia.

In all meetings at ministerial and other levels held under India's presidency on different subjects, Russia and China have refused to endorse the Bali Declaration paragraph on Ukraine. To deal with their objections, India adopted a policy to issue 'Outcome Document and Chair's Summary' for each of these meetings. While the 'Outcome Document' portion of the meetings' reports relate to the agreements reached on the subjects under consider-

ation in these meetings, the 'Chair's Summary' is on the Ukraine conflict.

The 'Chair's Summary' repeats the Bali Declaration paragraph on Ukraine with a footnote that Russia and China did not agree with it. This stratagem has worked because India has the cover provided by the Bali Declaration but that will not be available for the Delhi summit declaration. A subsequent summit is naturally not bound by the formulations of previous summits. Till now, the negotiations led by Indian officials have not closed the gap on this difficult issue. If India adopts the 'Chair's Summary' route at the Delhi summit, it has to ensure that its formulation is largely acceptable to all members. It cannot fly solo; it entails the risk of crashing and can lead to charges that the summit has failed.

Indian negotiators are aware of the problems that the Ukraine issue will create, though they will try their best to find a language that is acceptable to all members. This process, however difficult, cannot be ignored and will have to be undertaken at the next Sherpas' meeting. Meanwhile, Indian negotiators are falling back on what can only be considered as 'Plan B'. This banks on emphasising India's achievements during its presidency, especially giving primacy and voice to issues concerning the welfare of the Global South. It also involves making developed countries pay attention to the pressing problems relating to the debt burden of the Global South. In addition, India is keen to show how digital power can be harnessed for speedy development. The crowning part of 'Plan B' is India's advocacy for the African Union becoming a member of the G20. There is a

good chance that it will succeed in this endeavour. Thus, even if no consensus is reached on the Ukraine crisis, India will emphasise that its G20 presidency and the summit have been successful because it has emerged as the leading advocate of the Global South. This will be attributed to Modi's international stature and the great position India has come to acquire globally under his nine-year stewardship of the country.

While no G20 member is likely to challenge India's version of a successful summit, the western press would take a rather different view. Its main interest will be the Ukraine war and the statements of western leaders on that war. They will also observe the approach taken by China -- if President Xi Jinping participates in the summit, what he would say on Ukraine, and on his possible interaction with US President Joe Biden and other western leaders. It will also focus on the summit's approaches to the concerns of developed economies. Naturally, if Russian President Vladimir Putin attends the summit, all attention will be on his presence and the reaction it evokes among his western peers.

Thus, the yardstick by which the West will judge the summit will be radically different from the way India may like. Back in 1983, the Non-Aligned Movement (NAM) summit in India was overshadowed by the Iran-Iraq war. No consensus was reached on the paragraph on the war and a Chair statement was attached to the political declaration. But that Chair statement was acceptable to all and under Indira Gandhi's stewardship, the summit was an acknowledged success. But those were different times for Indian diplomacy.

# Britney Spears' memoir 'The Woman In Me' delayed due to bizarre legal troubles

American pop star Britney Spears' upcoming memoir 'The Woman In Me' has been delayed due to legal troubles as lawyers have 'demanded' to see and review it before it is released. The memoir will detail her many romantic engagements, rise to success as well as the many family and legal troubles caused by the long period of conservatorship. The star was the topic of a massive controversy surrounding her financial assets and her life, which had been held by her family for over 13 years leading to a huge online campaign by netizens on social media with the running tag #FreeBritney. According to The Sun, a source gave them the somewhat bizarre report: "Lawyers demanded to see her book in

advance and were adamant that some of the revelations were removed. There are still plenty of gobsmacking tales but Justin and Colin were conscious about what could be said about them." "The legal process meant the publication was held up by four months as discussions went back and forth about what could be included. But that has finally now been settled and her autobiography is all ready to go." Another source at The Sun, talking about the book, said: "The book is brilliant and heartfelt. It has given Britney the chance to tell her own story, which certainly hasn't been easy but which will be incredibly enlightening for her fans." Britney announced the release date of 'The Woman In Me', which seems to be taken from the lyrics of her 2001 hit single 'I'm Not a Girl, Not Yet a Woman' in



an Instagram post in early July, along with the cover art for the book. Captioning the picture, she wrote: "It's coming. My story. On my terms. At Last. Are

you ready? On sale 10.24.23." Recently, the pop star collaborated with Will.I.am for her new single 'Mind Your Business', an edgy track which has been received very positively so far

## Annu Kapoor: Maybe people will value me more when I'm gone



Actor Annu Kapoor says he leaves no stone unturned in delivering his best for the audience and living up to the faith of the makers. "Casting people, producers and directors know that whatever responsibility I will be given that will be delivered - puri jaan laga kar ke. To earn this kind of confidence is surely a tough job and that's why there is only one Annu Kapoor (laughs). Maybe people will value me more when I am gone," says Kapoor. The Jolly LLB-2 actor adds, "I am not angry but udsaeen ho gaya hoon! Zindagi ke itne thapade khaane ke baad, logon ke chehre se naqaab utar jaane ke baad noon I care a damn. I just do my work with full honesty and move on. I am not into drinking, smoking, parties or socialising. I don't watch TV, films nor read newspapers. For me life is about my work, my room and books."

Kapoor says his stellar performances come from his real life experience. "Ghaat ghaat ka pani pe kar aap unki boondein jama karte hain and when required you can bring them out. Mere paas bhasha hai, abhiyakti hai aur vichaar hai and that's what I add to my performances. Bahut kathin tapasya ki hai I have seen people constantly doing one kind of acting and still they have earned crores while the audience and media have made them mahaan superstars."

# WHO IS ZEBBA BAKHTIAR? HENNA ACTRESS OPENS UP ABOUT DIVORCE, CUSTODY BATTLE WITH ADNAN SAMI

In a recent interview, Pakistani actor Zebba Bakhtiar discussed her turbulent marriage to singer and music composer Adnan Sami. Zebba Bakhtiar gained prominence in the Hindi cinema business after starring alongside Rishi Kapoor in the Bollywood film 'Henna'. She also discussed the emotional toll that their son Azaan Sami's custody dispute had on her. Zebba claimed in a recent interview with Aamna Haider Isani that she gave up her acting career after being married to Adnan in order to focus solely on her family. She stated, "I was wrapping up a few films when I got married to Adnan. I didn't want to carry on acting, at that point, I desired to write and possibly produce. I wasn't much into acting. When Azaan was born after I married Adnan, I com-



pletely immersed myself in it." Zebba claimed, "I lost my mind" when she thinks of the 18-month custody dispute for her kid. "I was functioning, but

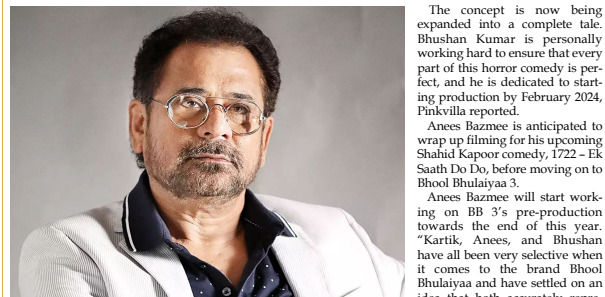
not really, because that coping technique comes from somewhere. It was quite challenging, but I'm glad Azaan and I made it back," she said. The child custody dispute lasted 18 months. "At the time, I wasn't employed, but a number of my friends advised me to do so for the sake of my own sanity." I joined the same play as a friend who was performing in an English serial. Then, I spent a few months in London," she said. Adnan Sami got Indian citizenship in 2016, after giving up his birth-citizenship with Pakistan. Recently, Adnan Sami's brother, Junaid Sami Khan, who is also a singer, used social media to make alarming accusations against his brother Adnan in a now-deleted post. "Adnan Sami was born in a hospital in Rawal Pindi on August 15, 1969, according to his post. In 1973, I was born at the same hospital. Therefore, any claims made by him that he was born in England or elsewhere are false."

## 'Dono' teaser introduces Rajveer Deol and Paloma Dhillon as leads



Sunny Deol's second son, Rajveer Deol, is ready to follow in his elder brother Karan Deol's footsteps and make his debut in the showbiz industry. Rajveer will be stepping into Bollywood with the film titled "Dono". This also marks the debut of Poonam Dhillon's daughter, Paloma Dhillon. Fans anticipate Rajveer Deol and Paloma Dhillon to make a mark with their debut. "Dono," a romantic drama directed by Avnish Barjatya, son of Sooraj Barjatya, has unveiled its official teaser on social media. The teaser showcases Rajveer Deol and Paloma sitting at a beach. They are dressed in wedding attire and the teaser introduces them as friends of the bride and groom. As the teaser progresses, we witness their growing closeness and romantic chemistry during the wedding festivities. Rajveer looks dapper and handsome throughout the teaser, while Paloma exudes cuteness and beauty, reminiscent of her mother, Poonam Dhillon. The story revolves around two strangers, Rajveer and Paloma, who meet at a wedding and eventually fall in love.

# Anees Bazmee to begin shooting for Bhool Bhulaiyaa 3 in February 2024



The concept is now being expanded into a complete tale. Bhushan Kumar is personally working hard to ensure that every part of this horror comedy is perfect, and he is dedicated to starting production by February 2024, Pinkvilla reported. Anees Bazmee is anticipated to wrap up filming for his upcoming Shahid Kapoor comedy, 1722 - Ek Saath Do Do, before moving on to Bhool Bhulaiyaa 3. Anees Bazmee will start working on BB 3's pre-production towards the end of this year. "Kartik, Anees, and Bhushan have all been very selective when it comes to the brand Bhool Bhulaiyaa and have settled on an idea that both accurately represents the world of this movie and has a distinctive component when viewed as a whole," an insider told Pinkvilla. Beginning in February, it will be filmed over a four-month period. Prior to moving on to the horror comedy, Kartik will wrap up filming for Chandu Champion as well. He might do one more film before BB 3, but he hasn't decided which one yet.

## 'As Bees In Honey Drown' a play directed by Anahita Uberoi captivate audience



Aadyam Theatre, an initiative by the Aditya Birla Group, recently brought its latest production, 'As Bees in Honey Drown', to the stage at Kamani Auditorium in New Delhi on July 22, 2023. This adaptation of Douglas Carter Beane's award-winning play is a side-splitting comedy infused with thought-provoking satire on contemporary culture. Under the direction of acclaimed theater director Anahita Uberoi, and adaptation by Akarsh Khurana, the play introduces audiences to the phrase "As Bees in Honey Drown," an expression describing complete absorption or surrender to something pleasurable, much like bees drawn into honey until they drown in it. This contemporary satire delves into an insatiable thirst for fame and reveals startling revelations as the plot unfolds, rendering it incredibly relevant to today's societal context. Director Anahita Uberoi masterfully delivers this amusing production, which lampoons society's fascination with fame and success, infused with humor and wit. The production boasts an outstanding cast, with Aditya Rawal skillfully portraying the lead role of Dhruv, while Shikha Talsania impressively brings Alexa's character to life. The stellar ensemble, including Ashwin Mushran, Chakori Dwivedi, Mehfil Acharya Ra, and others, contribute to the play's remarkable adaptation. Noteworthy contributions from Anisa Uberoi's makeup and hair design, Devang Manjrekar and Julie Gupta's set design, and Kaizad Gherda's sound and music, along with Gurleen Judge's and Argha Lahiri's lighting, create a captivating ambience on stage. Under Anahita Uberoi's skillful direction, the Aadyam artists and crew delivered a heart-warming performance, adding another feather to the cap of Aadyam's impressive repertoire.

# "I am not deaf": Jaya Bachchan gets angry at paps at 'Rocky aur Rani Kii Prem Kahaani' screening

Veteran actor Jaya Bachchan on Tuesday got angry at paps at the screening of her upcoming romantic drama film 'Rocky aur Rani Kii Prem Kahaani' in Mumbai. To attend the screening, she arrived with her son Abhishek Bachchan and Shweta Bachchan. As she entered the venue, she stopped for a moment for Shweta and Abhishek to accompany her. Meanwhile, the shutterbugs started calling out to her to click her picture. Ired by their shouting, Jaya

**RANVEER SINGH AND ALIA BHATT AS WELL AS CELEBS SUCH AS RANBIR KAPOOR, VICKY KAUSHAL, KATRINA KAIF ATTENDED THE SCREENING OF ROCKY AUR RANI KII PREM KAHANANI.**

shut them down and said, "I am not deaf. Chilo mat, aaram se baat karo," and was then seen entering the theatre along with her kids. Well it's not the first time Jaya Bachchan scolded the paparazzi's, she is known for her non-nonsense attitude towards the paps. Several big B-town actors like Ranveer Singh, Alia Bhatt, Ranbir Kapoor, Karisma Kapoor, Vicky Kaushal, Katrina Kaif, Neha Dhupia, Sara Ali Khan, Ananya Panday, Ibrahim Ali Khan and Chunky Panday among others attended the special screening. Helmed by Karan Johar, the film stars Ranveer Singh, Alia Bhatt, Dharmendra, Jaya Bachchan and Shabana Azmi in the lead roles and is all set to hit the theatres on July 28. Recently the makers unveiled the songs 'What Jhumka' and 'Tum Kya Mile', 'Ve Kamleya' and 'Dhindhora Baje Re' and the official trailer of the film which received massive responses from the audience. The trailer took us into the lives of Rocky Randhawa and Rani Chatterjee, whose lifestyles are diametrically opposed. While Rocky is a Punjabi lad from a wealthy Punjabi family, Rani comes from a Bengali household where knowledge and intelligence are valued above all else. And they fall in love but soon the couple realizes that their families don't like each other. Then Rocky and Rani decide to 'Switch' and live with each other families to impress them. Rocky Aur Rani Kii Prem Kahaani promises to be a wholesome, big-screen entertainer. Blending Johar's storytelling finesse with an impressive ensemble cast, grandeur and music.



## WOMEN WITH OUTDOOR JOBS

17 per cent less likely to develop breast cancer due to high vitamin D levels

There are several health issues around the world that affect women particularly. The bodies of males and females are also made differently, and therefore, require different nutrients, in different quantities in order to perform the various body functions. However, some nutrients are essential for both males and females. One such nutrient is vitamin D, also known as the sunshine vitamin. Vitamin D plays a crucial role in bone and teeth health. It has also been associated with a lower risk of COVID-19, the disease caused by the novel coronavirus. Vitamin D is especially vital for women as it helps reduce the risk of the most common cancer around the world – breast cancer.

Breast cancer recently took over lung cancer as the most common cancer around the world, according to WHO. Breast cancer can affect both men and women, but women are found to be at a higher risk. A study has however recently found that women who have outdoor jobs and spend more time in the sun are likely to have reduced risk of developing breast cancer since they get a daily dose of vitamin D.

Women who work outdoors have reduced risk of developing breast cancer

As per a new study, women who work outdoors are regularly exposed to high levels of sunlight, which reduces their risk of developing breast cancer. As per a study by Danish researchers, women who spent more than 20 years working



outdoors had a 17 per cent lower chance of a breast cancer diagnosis. The team has said that this may be due to high levels of vitamin D, which is produced by the body when it is exposed to sunlight. The study, however, did not specifically look at the vitamin D levels of the participants, unable to draw a direct link between supplementation, diet, vitamin D levels, and risk of breast cancer, therefore.

Researchers identified women with a history of breast cancer and compared their data with women who did not have the disease. On analysing the parameters, they found a link between profession, sunlight exposure, and risk of breast cancer. They found that outdoor workers of more than 20 years were at 17 per cent less chance of getting breast cancer. The findings of the study were published online in the journal BMJ.

According to Julie Elbak

Pedersen, study author from the Danish Cancer Society, "The main hypothesis is that sun exposure through vitamin D production may decrease the risk of breast cancer after age 50."

"Women who work outdoors may regularly be exposed to sunlight and thereby have more sufficient long-term levels of vitamin D compared with women working indoors," she added.

Vitamin D and risk of breast cancer – What we know so far

Vitamin D is one of the most vital nutrients required by the body. However, due to reduced sun exposure and the increasing popularity of indoor spaces and offices, vitamin D deficiencies are on a rise. Breast cancer, at the same time, has also become the most common cancer around the world. The increasing incidence of both may imply that there exists a link between the deficiency and the risk of cancer.

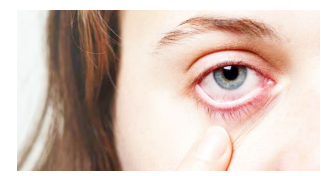
## Monsoon menace: Conjunctivitis cases rise in Delhi, Gujarat, Arunachal Pradesh. Schools shut in Itanagar

MUMBAI: In recent years, the battle against lifestyle diseases has intensified, with more people seeking natural remedies to combat the adverse effects of sedentary lifestyles and poor dietary choices. One such unassuming hero in the fight against excess body fat and lifestyle diseases is the cucumber. This seemingly humble superfood possesses numerous health benefits that can help us achieve a balanced and healthy lifestyle.

Cucumber: A Low-Calorie Superfood

Cucumbers, often dismissed as mere salad fillers, hold remarkable potential for aiding weight loss and promoting overall well-being. Comprising mostly water (around 96 per cent) and minimal calories, they are an excellent addition to any weight management regimen.

Incorporating cucumbers into your daily diet can be incredibly beneficial, helping to flush out harmful toxins from the body. Heart Health: Cucumbers are anti-inflammatory and contain compounds like potassium and magnesium that are beneficial for maintaining healthy blood pressure levels, reducing the risk of cardiovascular diseases. The fibre manages cholesterol. Many studies have found a connection between cucumber and lower blood pressure because it promotes vasodilation (widening of the blood vessels). A 2017



Indonesian study, though limited to just 20 elderly participants with hypertension, found a significant decrease in blood pressure after they consumed cucumber juice for 12 days.

Skin Nourishment: Silica, a compound found in cucumbers, promotes collagen production, leading to healthy and radiant skin. Topical application of cucumber slices can also help reduce puffiness and dark circles around the eyes.

Bone Health: The presence of vitamin K in cucumbers aids in maintaining bone density and reduces the risk of fractures and osteoporosis.

Blood Sugar Regulation: Cucumbers have a low glycemic index, making them suitable for individuals with diabetes or those seeking to stabilize blood sugar levels. Besides, they are low-calorie. There are just 16 calories in a cup of cucumber with its peels. Cucurbitacins in cucumber help regulate insulin production and the metabolism of hepatic glycogen, a key hormone in the processing

of blood sugar.

Prevents cancer: Cucumbers are good sources of phytonutrients (plant chemicals that have protective or disease preventive properties) such as flavonoids, lignans and triterpenes, which have antioxidant, anti-inflammatory and anti-cancer benefits. According to a 2010 research review published in the Scientific World Journal, cucurbitacins in cucumbers can help block the signalling pathways that are important for cancer cell proliferation and survival.

HOW TO HAVE A CUCUMBER

1) Have it unpeeled so as not to lose fibre. The peel and seeds are the most nutrient dense parts of the cucumber. A Pakistani study found that cucumber seeds were a good source of minerals, particularly calcium.

2) Eat a cucumber to quell hunger pangs.

3) Try it out in salads, smoothies and cold soups.

4) You can easily pair it with other macro nutrients like protein, good fat and carbohydrates.

By embracing a balanced diet rich in superfoods and incorporating regular physical activity, we can take significant steps towards achieving a healthier and happier lifestyle. Remember, a holistic approach to health is the key to a life brimming with vitality and well-being.

## NO MAGIC ANSWERS

Masks, travel restrictions, testing as coronavirus cases surge

Coronavirus case numbers are rising to dire new levels in several U.S. states and around the world, potentially wiping out two months of progress in fighting the pandemic and prompting governments and businesses to impose new restrictions.

Indonesia exceeded the 50,000 mark for confirmed infections on Thursday as the government allowed businesses to reopen amid increasing economic pressures. In Melbourne, Australia, health workers planned to do door-to-door to test more than 100,000 residents in a coronavirus hot spot that threatens to undo the nation's success in battling the virus.

In the Indian capital of New Delhi, which has reported over 70,000 cases, authorities will conduct house-to-house screenings for the virus. With the city's hospitals overwhelmed, military personnel were providing care at makeshift medical wards fashioned from railroad



coaches. India reported a record 16,922 cases on Thursday, taking the national total to 473,105, with nearly 15,000 deaths.

American hospital officials and health experts, meanwhile, are warning that politicians focusing on the economy and a public tired of being cooped up are letting a deadly medical disaster spiral to new heights. The 34,700 COVID-19 cases reported Tuesday returned the U.S. to near its late April peak of 36,400 new cases in one day, according to a count kept by Johns Hopkins University.

Several states have set

single-day case records this week, including Arizona, California, Mississippi, Nevada, Texas and Oklahoma.

Some also broke hospitalization records, as did North Carolina and South Carolina. "People got complacent," said Dr. Marc Boom, CEO of the Houston Methodist hospital system. "And it's coming back and biting us, quite frankly."

The virus has been blamed for over 120,000 U.S. deaths – the highest toll in the world – and more than 2.3 million confirmed infections nationwide. On Wednesday, the widely cited University of

Washington computer model of the outbreak projected nearly 180,000 U.S. deaths by Oct. 1.

New York Gov. Andrew Cuomo, New Jersey Gov. Phil Murphy and Connecticut Gov. Ned Lamont announced that their states, which were devastated by early outbreaks that appear to be under control, will now require travelers from certain states to quarantine for 24 days upon arrival.

The quarantine applies to people coming from states with a positive test rate higher than 10 per 100,000 residents on a seven-day average, or with a 10% or higher positive rate over seven days.

European nations appeared on track to reopen their shared borders by July 1, and their EU representatives debated criteria for lifting restrictions on visitors from outside Europe. In Greece, aviation officials were visiting regional airports that are due to open to direct international flights on July 1.

## How stress impacts skin

Staying at-home has resulted in a lot of stress for people – of being stuck indoors for weeks on end, the uncertainty has taken a toll on people's mental well-being. Stress cannot be hidden; it shows on your face. The first tell-tale signs reflect on your face as pale skin and mild eruptions on the surface.

Stress causes hormonal imbalance, which leads to acne, rashes, hair thinning and fall, and various other skin break-outs. It is imperative that people follow good skin care routine while they're indoors. Staying inside does not necessarily mean you can forego or overlook skin and hair care. These are prone to more damage owing to stress. One should follow a strict, if not elaborate, skincare routine, which involves cleansing, toning and moisturising.

Geetanjali Shetty, Consultant Dermatologist and Cosmetologist on



behalf of Cetaphil India shares most important of all, keep yourself hydrated with water and lots of liquid! Side effects of Stress – Oily Skin & Acne

Acne and oily skin are the most common side effects of stress. When our body is stressed it releases cortisol which is our fight or flight hormone. The cortisol (stress hormone) weakens the skin's immune system, leading to oxidative (free radicals) stress, which manifests itself as wrinkles, lines and lack lustre skin. It also increases inflammation in the body and conditions like eczema, rosacea and psoriasis can flare up.

Prevention

For skin, stress is quite evident in various forms like redness of skin, acne, etc. If there are skin break-outs and eruptions – it is better to avoid exfoliation and stick to cleansing your face three daily. Similarly, those with skin on the drier side should aim to wash their face only twice a day with a foaming cleanser. Should your skin need a little boost, indulging in Vitamin C to help combat the loss.

If you know you're about to enter a stressful period, try to make time for the activities that will help you feel calm and rested – your skin will

thank you.

Home Remedies to fight acne

It is highly imperative to discover what one is getting exposed to and when. Stick to your skincare routine – cleansing, exfoliating, and moisturising, and keep a sunscreen handy for the times that you may have to make a quick dash to the grocers. Even if you're not wearing makeup, your face still gathers sweat, sebum and dirt build up throughout the day. Lastly, it's important that to stay away from fried and spicy food. Vitamin E is a superfood for your skin – you can apply it topically or you can choose to consume it through vitamin E rich foods like almonds, corn oil, cod-liver oil, hazelnut, lobster, peanut butter, safflower oil, salmon steak, and sunflower seeds. The most essential thing to bear in mind is to keep yourself hydrated – drink lots of water, juices and liquids.

## Teas for better health - Include these teas in your diet if you suffer from metabolism, sleep issues and more

The human body can be affected by various diseases and disorders when a foreign pathogen enters it, or when the body systems are not able to perform their functions efficiently. This can result in a variety of symptoms which can include health conditions like pain, cough, cold, fever, or just disrupted sleep, poor digestion and metabolism, among others.

Proper diagnosis and treatment of such conditions are vital. However, various home remedies can also come in handy and help aid treatment, or even act as a treatment themselves. One home remedy that has been a part of many cultures around the world includes Tea. Teas are of hundreds of varieties and are consumed in different ways by people from various parts of the world. However, even with the diversity, everyone agrees that teas are a great mood-booster, are refreshing, and have many health benefits.



Which tea should you consume if you suffer

from the following health problems While all types of tea have their own set of benefits, some specific teas can help treat, or aid treatment for certain specific health conditions. These include -

Green tea for slow metabolism - Green tea is known to have many health benefits, one of them being weight loss. Green tea is known to help boost metabolism, which refers to the rate at which your body burns the food you consume for energy. Green tea is rich in various antioxidants that boost metabolism, and thereby help in weight management.

Chamomile tea for sleep troubles - For many people around the world, a healthy sleep routine is a major cause of concern. Especially after the pandemic began, people have experienced a lot of trouble falling asleep in time, and staying asleep for longer. Chamomile tea is a popular tea consumed to

relax your body and mind and helps you sleep better. Elderflower tea for common cold - Common cold is caused by a common virus. Elderflower is known to help with inflammation of the sinuses and can help remove viruses such as those that cause flu, cold, and influenza.

Lavender tea for stress - Lavender tea is known for its calming health benefits. Lavender tea can help relieve your stress levels and should be your go-to remedy if you are feeling extremely tired, fatigued, and stressed. It is also known to relax you and help you sleep.

Peppermint tea for bloating - Bloating is very common if you have eaten something that does not suit your stomach, and even during menstruation. Peppermint tea can help relieve bloating. It also helps reduce the intensity of period cramps and therefore is a great remedy for that time of the month.



# Central Bureau of Communication organizes Integrated Communication and Outreach programme at Dawar, Gurez

BANDIPORA, JULY 26: The Central Bureau of Communication (CBC) on Wednesday organized an Integrated Communication and Outreach programme at Government Degree College Dawar, Gurez.

The programme was organised to foster effective communication, community engagement, and outreach in the region besides informing students regarding various welfare and employment schemes available in different government sectors.

Sub Division Magistrate (SDM) Gurez, Dr Mudassar was chief guest on the occasion. Among others Principal GDC Dawar, Farooq Ahmad Mir, AD Employment Bandipora, experts from agriculture department, college staff besides a large gathering of students was present on the occasion.

The programme was organised in collaboration with GDC Dawar with an aim to strengthen the flow of information, enhance public awareness, and promote socio-economic development within the Gurez region. On the occasion a series of speeches were delivered by experts from different



departments besides interactive sessions and panel discussions were held which focused on a variety of topics including Effective Communication Strategies, Community Engagement and Participation, Effective utilisation of government schemes besides employment opportunities available to unemployed youth.

Field Officer CBC Srinagar, Mohammad Sikander Qureshi on the occasion informed students that the Central Bureau of Communication is a government agency committed to promoting effective communication, transparency and accountability in governance. He further informed that CBC plays a crucial role in bridging the gap

between the government and the public by facilitating clear and reliable information dissemination. AD Employment Bandipora on the occasion informed students that there is a vast range of government schemes available for upliftment of unemployed.

He said that youth should take due benefits of these schemes to set up their own business units rather than only depending on government jobs.

Later during the programme, a prize distribution ceremony was held wherein the students and the participants were presented with certificates and mementos for their participation in painting competition and speeches.

SDM Gurez on the occasion wished best of luck to the students for their future and advised them to work hard and prioritise their career opportunity. He further suggested students to become job creators rather than job seekers.

Dr Mudassar appreciated the efforts of CBC for organising such awareness programmes.

## ADDC Bandipora visits Gurez Valley; reviews status of developmental works

JJ NEWS SERVICE

BANDIPORA, JULY 26: On the directions of Deputy Commissioner Bandipora, the Additional District Development Commissioner (ADDC) Bandipora, Ali Afzar Khan Wednesday visited Gurez valley to review the developmental activities in the border Sub-Division of Bandipora district.

The ADCD convened a meeting of officers at Dak Banglow Dawar to review the pace of developmental activities in the Gurez Valley and was apprised of the status of works and activities being carried out by different departments for the betterment of the people.

The meeting was attended by DCs, PRIs, SDM Gurez, and BDO Gurez besides concerned officers and officials from the sub division.

SDM Gurez, on the occasion gave a detailed presentation about the achievements registered and ongoing projects in Gurez along with their present status.

The ADCD was informed that works are in progress in several major projects. It was given out that the new court complex was recently inaugurated by the Chief Justice of UT Jammu, Kashmir and Ladakh in presence of District Development Commissioner Bandipora thus fulfilling the long pending demand of the people. The SDM also informed about the status of various works under CRE, BAPD and other centrally sponsored schemes.

Ali Afzar Khan informed all the officers that Deputy Commissioner Bandipora Dr Owais is regularly monitoring the pace and progress of developmental works in Gurez Sub Division.

On the occasion, ADCD directed the officers to expedite the work on ongoing projects and work extra hours to meet the deadline. He said there is a limited working season in the Gurez Valley due to which the officers need to work extra hours to complete the works before the onset of winter in the region.

He also reviewed the availability of essential commodities including ration, fuel and cooking gas. He urged the officers to stock ample quantities of essentials for the upcoming winter so that people do not face problems during tough weather conditions.

The ADCD also reviewed the performance and activities of key departments including agriculture, horticulture, Handicraft and Handloom, Animal and Sheep Husbandry, Health and Education.

He directed the officers to regularly visit Gurez to take on spot review of developmental works and also asked them to mobilize the field staff for redressal of genuine grievances and effective implementation of different state and central sponsored schemes.

## Indian Army, NCC Students pay tributes to Kargil Heroes at Banihal

JJ NEWS SERVICE

RAMBAN, JULY 26: To commemorate 24th year of Kargil Vijay Diwas, Indian Army organised a wreath laying ceremony in Banihal tehsil of Ramban District today. The ceremony was attended by 20 NCC students, teachers, media personnel and soldiers.

The event was conducted on July 26 every year to commemorate the victory of Indian Armed Forces in the Kargil War fought against Pakistan. It is observed to pay tribute and to honor the bravery and sacrifice of the soldiers in the war of 1999.

The event started with paying homage to Kargil heroes by a wreath laying ceremony followed by the slogan of 'Jai Hind'. The enthusiasm and patriotism of the NCC students added to the charm of the event.

## Plantation drive held at GDC Qazigund

JJ NEWS SERVICE

ANANTNAG, JULY 26: The Govt. Degree College (GDC) Qazigund in collaboration with 163 Battalion CRPF Qazigund, J&K Wednesday organized a plantation drive within the college campus, here.

The plantation drive was kick-started by the Principal of the College, Prof. G.R. Verma along with Second In-charge Commandant 163 Battalion CRPF Virendra Kumar, Prof. Mohd Maqbool Pala, Prof. Showkat Ahmad Malik by planting some medicinal plants.

Thereafter faculty members, students and CRPF personnel planted different medicinal and other plants within the campus to make the campus eco-friendly, beautifying its landscape and for various medicinal uses.

The college dedicated a patch of land within the campus wherein various medicinal plants were planted by the faculty and students with great enthusiasm keeping in view their utility and significance for survival and maintaining ecological balance.

The plantation drive was followed by an interaction cum counselling session, conducted by the female Medical officer Dr. Prajitha from 163 Battalion CRPF with the female students of the college.

## Eklavya Model Residential School Gurez remains abuzz with various activities

JJ NEWS SERVICE

BANDIPORA, JULY 26: Eklavya Model Residential School (EMRS) Gurez, in line with the already scheduled G20 program, is abuzz with various scholastic and non-scholastic activities.

Under the G20 Banner, the curriculum at EMRS Gurez emphasizes a comprehensive and inclusive approach to education, equipping students with the skills and knowledge required to excel in the 21st century. Through a combination of academic rigor, sports, arts, and cultural activities, the school aims to groom well-rounded individuals who can contribute positively to society.

Students, teachers, and parents said that they are happy to witness the commencement of activities at EMRS Gurez, which shows commitment to providing quality education to the young minds of the valley.

Under the schedule of activities in line with India's G20 presidency, students conducted a youth parliament (Y20) in a very professional manner and discussed various issues.

## MVD Doda, SDRF organise awareness camp on Disaster Management at Thathri

JJ NEWS SERVICE

DODA, JULY 26: Motor Vehicles Department (MVD) in collaboration with the State Disaster Response Force (SDRF) team of Doda conducted a highly beneficial awareness camp at Dak Banglow Thathri.

The primary focus of this camp was to address the alarming rate of accidents occurring in the district due to negligence and other factors.

Spearheaded by ARTO, Rajesh Gupta, the event aimed to provide specialized training to drivers and cleaners, equipping them with essential first aid procedures to safeguard both passengers and themselves in times of mishaps while driving. The expert members of the State Disaster Response Force diligently imparted detailed training on first aid procedures to drivers and cleaners of commercial vehicles. The camp witnessed an overwhelming turnout of commercial vehicle operators who participated with dedication and enthusiasm.

The presence of SHO Thathri, Amit Katoch, along with other police officials, traffic police officers, PRIs, and BDC Chairpersons ensured effective supervision and successful execution of the awareness camp. DIO Doda Mohd Ashraf further elaborated

that the awareness camp held at Dak Banglow Thathri aimed to equip commercial vehicle operators with the necessary knowledge and skills to effectively handle emergencies and provide first aid to accident victims. The region being prone to potential disasters, it was deemed crucial to ensure every vehicle operator is well-informed and capable of handling any situation. ARTO Doda, with the support of Motor Vehicle Inspector Chandar Mohan, a team of MVD, SHO Thathri, traffic police officers, volunteers, PRIs, and senior citizens, orchestrated a comprehensive and impactful event. In conclusion, the collaborative effort of MVD Doda and the SDRF team in organizing the awareness camp at Thathri proved to be a significant step towards promoting disaster management and road safety in the district.

By empowering commercial vehicle operators with life-saving first aid skills and educating them on accident prevention, the event aimed to reduce the number of mishaps and ensure a safer community. The active participation of various stakeholders and the overwhelming response from vehicle operators emphasized the importance of such initiatives to foster a culture of preparedness and responsibility on the roads of Doda.

## Dy. Mayor SMC visits Khanqah Moula & Kalashpora Srinagar; reviews status of ongoing macadamization

JJ NEWS SERVICE

SRINAGAR, JULY 26: The Deputy Mayor, Srinagar Municipal Corporation (SMC), Parvaiz Ahmad Qadri visited Khanqah Moula and Kalashpora Srinagar to review the status of ongoing macadamization of road from Qaziyar Chowk Bhoori Kadal to Fateh Kadal via K Moula Srinagar.

The Deputy Mayor thanked the R&B Circular Roads Division for incorporating the macadamization Plan with their current macadamization plan. Locals and representatives of the area on the occasion requested for development of lanes and by-lanes besides installation & repairing of



street lights in their vicinity. Qadri also visited Government High School Kalashpora Srinagar where adminis-

tration of the school apprised the Deputy Mayor Srinagar regarding the lack of infrastructure.

## Chairperson DDC Ramban conducts extensive tour of Gool, visits SDH, reviews developmental scenario of area

JJ NEWS SERVICE

RAMBAN JULY 26: Chairperson District Development Council, Ramban, Dr. Shamshad Shan, conducted an extensive tour of Sub-Division Gool to take stock of the developmental scenario and the basic infrastructure and services available for the people.

The Chairperson was accompanied by the BMO Gool, Dr. Ashfaq Hussain, PRIs, prominent citizens and locals.

The Chairperson visited Sub District Hospital and Jan Aushadhi Kendra to take first hand appraisal about health care facilities and staff

strength including doctors available for providing medical treatment to patients.

The Chairperson directed the BMO Gool to extend quality health care facilities to the patients visiting in different health centers of Sub-Division Gool. Reviewing sanitation conditions, stock position of medicines and other equipment, the Chairperson directed health officers to provide medicines and necessary treatment to visiting patients, besides sensitizing them and their attendants about personal hygiene and importance of healthy lifestyle.

Meanwhile, Dr. Shamshad Shan also met with the number of deputa-

tion and individuals to listen to their grievances.

She passed on the spot direction to the concerned officers for early redressal of the same.

Interacting with the people, the Chairperson informed about the initiatives taken by the District Development Council and other departments especially for the development of the rural and far-flung areas of the district.

After listening to issues and demands highlighted by the locals, the Chairperson assured them their genuine issues shall be taken up with the higher authorities for their desired redressal.

## Late-night sports activities kick-started at Pulwama

### DC inaugurates the tournament

JJ NEWS SERVICE

PULWAMA, JULY 25: In a first, the Youth services and Sports Department in collaboration with District Administration Pulwama organised an 'open night Kabaddi tournament' at Pulwama HeadQuarters.

The tournament was inaugurated by Deputy Commissioner (DC) Pulwama, Dr. Basharat Qayoom in

presence of a galaxy of officers from civil and police Administration.

The tournament is being organised under the banner of Nasha Mukht Bharat and Azadi Ka Amrit Mahotsav (AKAM).

Dist. Youth Services & Sports Officer, Pulwama, Jagdish Raj Sharma, in his welcome address briefed the chief guest and the other officers about the event to counter the Drug Menace and to involve youth in various sports activities. He further apprised that it is going to be the first experience

for the department to organise such an event and more such events will be organised in the district in coming days.

At the start of the play an oath was also administered to team members, participants and officers present to make a resolve to avoid the usage of any banned substance and to make the district and nation drug-free.

Speaking to the player and a huge crowd of spectators, the DC said that it was a long pending demand from the common youth to organise late night events in the

district and this is just a beginning and District Administration is planning to consider some other games to be played in such fashion.

He impressed upon all to keep away from drugs to build a healthy society.

He while briefing the media persons said that engagement of youth and social organizations for sustained eradication of drug menace from every nook and corner of the district is the need of the hour. He further stressed on making efforts for youth led development which will synchronise with the

Youth Development.

People were highly enthusiastic and jubilant and have appreciated the department for organising such events and have requested the District Administration to continue sports tournaments for betterment of youth.

They have further requested for organising events for other sports disciplines as well.

The event has attracted thousands of participants and people from all walks and ages to witness the historical beginning in the night events in the district.

## DC Poonch discusses activity plan for Azadi Ka Amrit Mahotsav celebration -Themed "Meri Mati Mera Desh"

JJ NEWS SERVICE

POONCH, JULY 26: Deputy Commissioner Poonch, Yasin M. Choudhary, chaired a meeting to discuss the activity plan for the celebration of Azadi Ka Amrit Mahotsav themed-"Meri Mati Mera Desh".

The meeting was attended by Additional Deputy Commissioner Poonch, Tahir Mustafa Malik; General Manager DIC, Dr. Zakir Hussain; Assistant Commissioner Revenue, Zaher Ahmed Kafil; Assistant Commissioner Development, Abid Hussain Shah; Tehsilidar Hqr, Jhangir Hussain; Principal SKC GDC Poonch, Dr. Jasbir Singh; Principal GDC



Mendhar Dr. Mohd. Azam; Chief Development Officer, Bisamber Das; CEO Municipality, Mohd. Hanief; Chief Horticulture Officer Poonch, Sanjeev Kumar; District Informatics Officer, Narindar Singh; BDO NSSB, Ayaz Bahit; DPO Poonch, Chanderkant; AD

Food Ranjeet, besides ARTO Poonch, representative Govt Degree College Surankote, besides BDOs and tehsildars attended the meeting through virtual Mode.

During the meeting, the attendees discussed the activities for celebrating India's 75th

Independence Day.

In consonance with the theme "Meri Mati Mera Desh", a "Mitti Yatra" will be taken out from each Panchayat to the national capital. The yatra will symbolize the connection between the land and its people and will mark the 75th year of India's independence.

In addition, 75 indigenous saplings will be planted at each panchayat to promote environmental conservation.

The attendees also discussed the need for outreach sessions with the heads of each panchayat and self-help groups to leverage mitti diyas and kalash. All government buildings and institutions will take the Panch. Pran pledge with partici-

ipation of local leaders. A memorial pledge will be constructed in and around Amrit Sarovar, where water bodies are available, to honor the country's freedom fighters. The DC emphasized the need to celebrate the Azadi Ka Amrit Mahotsav in a grand manner while ensuring the safety of all participants.

This year, the focus of the celebrations will be on "Veero Ko Naman" and "Veero Ka Vandan". Local veers (heroes) will be felicitated to acknowledge their contribution towards the country. The families of the freedom fighters will also be felicitated as a mark of respect and gratitude towards their sacrifices.

# DC B'la presides over Block Diwas at remote Village Dhani Syedhan Uri; listens People's Issues/Grievances

**Dr Sehrish re-affirms Government's resolve to provide accessible Administration in all remote areas of Baramulla**

**JJ NEWS SERVICE**

BARAMULLA, JULY 26: In its endeavour to bring Administration to the door steps of the people particularly living in remote areas of the district, the Deputy Commissioner (DC) Baramulla, Dr Syed Sehrish Asgar today presided over a day long weekly Block Diwas programme at Dhani Syedhan Uri to listen to the demands of the local people and address their genuine issues.

A large number of people of adjacent areas, DDC Member, Panchayat representatives, besides all concerned officers including Joint Director Planning, M.Yousuf Rather; Sub Divisional Magistrate Uri and other functionaries were present in the block diwas programme.



During the programme, the DDC member and the people of the area expressed their gratitude to the DC for bringing the District Administration at their doorsteps by holding Block Diwas at Dhani

Syedhan, a remote area of Uri in Baramulla district. On the occasion, the PRIs and other prominent stakeholders highlighted their grievances viz. availability of potable drinking

water, uninterrupted power supply, road connectivity and other matters of vital public significance. Dr Sehrish after giving patient hearing to the grievances and

demands of the public issued on the spot directions to the concerned officers for their time bound redressal.

She assured them that all other genuine demands and issues projected by them will be taken up with concerned authorities on priority.

Addressing the gathering, the DC said the purpose of holding such grievance redressal Camps is to take appraisal of local issues from the general public especially of the far flung areas and ensure their time bound redressal without visiting the DC Office or other Government Offices.

Meanwhile, the DC urged people to play an active part so that inclusive and public oriented projects and schemes are framed in larger public interest.

# DC Rajouri discuss arrangements for annual Urs of Baba Ghulam Shah Badshah (RA)

**JJ NEWS SERVICE**

RAJOURI, JULY 26: Deputy Commissioner Rajouri, Vikas Kundal, chaired a meeting to discuss the arrangements for annual Urs of Baba Ghulam Shah Badshah (RA) Pakharpora scheduled on July 28 and July 29, 2023 (9th and 10th Moharram).

The meeting was attended by SSP, Anirpal Singh, Administrator Asfaq Rajpuri, Ashraf Rafiq Malik, SDM Thanamandi, Shafiq Mir, Tehsildar Thanamandi, Syed Sahil Ali and other officials.

The DC had a detailed review regarding different arrangements including security arrangements, health facilities, transport facility, sanitation, potable water supply, uninterrupted electricity and provision of related facilities for the visiting devotees.

Administrator Waqf Board Rajouri informed the meeting that the Waqf Board will make all arrangements with regard to Urs and further development of Ziarat Sharif. The meeting also discussed the beautification plan and related projects for Shrine which includes construction of Dining Hall, police post and other works related to repair and renovation of buildings.

The DC issued directions to Executive Engineer PWD to fill potholes on Thanamandi-Shahdara Sharief road. The CEO Tourism Development authority and Assistant Director Tourism were also directed to complete tourism related works on priority.

# Block Diwas held at Wangam of Block Kapran, Shopian

**DDC listens to people's grievances, assures prompt redressal**

**JJ NEWS SERVICE**

SHOPIAN, JULY 26: In order to assess the local issues and listen to the grievances of the people for their speedy disposal, Block Diwas was today held at Village Wangam of Block Kapran in Shopian.

The outreach programme was presided over by District Development Commissioner (DDC) Shopian, Faz Lul Haseeb. Several public issues including construction of drainage system along roads, removal of encroachments on road sides, better medical facilities, macadamization of link roads, providing of potable drinking water facility, reconstruction of orchard roads, upgradation of Middle School, fencing and upgradation of playground, reconstruction of damaged bridge at Wangam, construction of School building, irrigation facilities, flood protection bund, etc were projected by the people of various areas.

The DDC gave a patient hearing to the grievances raised and assured quality disposal of genuine issues in a time-bound manner while directing the concerned officers to resolve the same expeditiously to facilitate the demands of the people.

He enquired about the requirements of the youth of the area who projected demands of the upgradation of the local playground and was appraised by the concerned RDD officials that works of about 8 lakhs are slated for completion this year for upgradation of playground.

The DDC further directed officers of R&B, RDD, PMGSY and others to take works demanded by the people which are feasible and of routine nature. Other issues of public importance were noted for further follow up with authorities.

He emphasized upon the RDD about the need to manage the household waste and ensure sanitation in panchayats across the block by putting required measures for proper waste segregation and waste disposal.

On the occasion, officers and officials of line departments responded to the queries and grievances of the people. CEO, Mushtaq Ahmad; DIO, Showkat Hussain Ganie; officers and officials of revenue, other departments, PRIs, were present on the occasion.

# DDC Anantnag presides over Block Diwas at Larkipora

**'Jan Bhagidari' our core philosophy: S F Hamid**

**JJ NEWS SERVICE**

ANANTNAG July 26: The District Development Commissioner, (DDC) Anantnag, S F Hamid today presided over the Block Diwas held at Larkipora.

PRIs members and the general public put forth their suggestions regarding the various development aspects of the area before the DDC.

DDC while addressing the gathering said that District Administration is taking every effort to address the issues of the general and genuine nature. He said that mass participation and positive response of people

indicates the importance of Block Diwas.

He gave on spot direction to concerned departments for redressal of issues projected in Block Diwas.

He thanked the people for their active participation in initiatives like Nasha Mukht Bharat and Swachh Gram and turning them into public movements.

The DDC directed the officers for conducting awareness camps regarding employment generation schemes so that maximum youth get benefited besides, directed for technical guidance to orchardists and agriculturists by the concerned officers.

# DC presides over weekly Grievance redressal camp at Kulgam

**JJ NEWS SERVICE**

KULGAM, JULY 26: As part of weekly Block Diwas, public outreach programmes were today held across Kulgam district to take first hand appraisal of the issues of the general public at their door steps.

In this connection, the Deputy Commissioner (DC) Kulgam, Dr Bilal Mohi-Ud-Din Bhat today chaired a grievances redressal camp at Kulgam and listened to various issues and demands of people meant for the overall welfare and development of the area.

The programme witnessed participation of PRIs and people from Aagro, Pombay, Frisal, Aadpora, Denow and other adjoining areas.

Among others, the Public Grievance redressal camp was attended by ACR Mir Imtiaz-ul-Aziz; ACD, Mohd Imran Khan besides



other district and sectoral officers of the district. During the grievance redressal camp, various public delegations and scores of individuals projected a number of developmental issues before the DC and sought the timely resolution of their grievances and demands.

All the issues, grievances and demands were patiently listened to

and some of the issues were redressed on the spot.

Officers from various departments who were present in the grievance redressal camp also responded to the grievances and issues of people raised.

Grievance redressal camps were also held at Akhran and Nandimarg areas of the district.

# Weekly Block Diwas: DC conducts public redressal grievances camp at Block Sewna

**JJ NEWS SERVICE**

UDHAMPUR, JULY 26: To address the grievances of the public, Deputy Commissioner, Udhampur Sachin Kumar Vaishya along with a team of District officers today conducted a public outreach cum grievances redressal camp at Block Sewna of District Udhampur.

DDC Chairman Sewna, Subash Chander; DDC Councillor Narsoo, Subash Chander; Sarpanches, Panches and local people of adjoining Panchayats projected several demands and problems being faced by them.

They demanded early construction of Sewna -Satyalta road, release of pending liabilities under MGNREGS, Construction foot bridge over local nallah, renovation of Jakhani to Pakhlai road, Early completion of GHSS Pakhlai old building, Opening of bank branch at Sewna, establishment of Veterinary and Cutting and tailoring centres, Opening of ration depot, up gradation of local middle school, meeting shortage of staff in GHSS Sewna, Blacktopping of the local Link roads, Maintenance of Samroli-Sewna road, bringing Dhar Gaddia and Yuggdhar on the tourism map etc.

The DC gave a patient hearing to the demands and directed the concerned officers to take necessary action under norms for early redressal of the same. He urged the officers to visit people's doorstep and provide them with all the basic facilities. The CEO was directed to conduct inspections of the schools and resolve the issues as soon as possible. Executing agencies were directed to expedite the progress and complete the projects in a time bound manner.

# ADC inspects development works in Kashtigarh area

**JJ NEWS SERVICE**



DODA, JULY 26: Assistant Commissioner Development Doda, Phulail Singh today visited Kashtigarh area and inspected ongoing work on Panchayat Ghar at Panchayat Kashtigarh - B.

The work on the panchayat Ghar is nearing completion, which was held up for a long time and was resumed by resolving the bottlenecks by the ACD. The Panchayat Ghar has been constructed under RGSA and 13 FC at an estimated cost of Rs 35 lakh.

Meanwhile, the ACD also inaugurated a drinking water point at Kashtigarh-A panchayat provided by LIC India under Bima Gram scheme under Corporate Social Responsibility. Later, the ACD held interaction with PRIs and listen to their demands including identification of land for BDC building, speedy execution of works taken up under different schemes etc. The ACD directed the BDO to formulate the DPR for BDC building, which would be forwarded to the authorities for approval.

The ACD was accompanied by BDO Kashtigarh, Abhilash Sharma, Ex En REW, Panjaj Sharma, besides office staff of RDD block Kashtigarh and PRIs.

# DDC Rajouri presides over public grievances redressal camp at Katarmal Panchayat; Assures quality redress of genuine issues

**JJ NEWS SERVICE**

RAJOURI, JULY 26: As part of the weekly Block Diwas initiative, District Development Commissioner Rajouri, Vikas Kundal, today chaired a public grievances redressal camp at Katarmal panchayat in block Pangrain.

During the camp, the public and their representatives raised a number of issues, including the need for better road infrastructure, up-gradation of government institutions, improved healthcare facilities and provision of adequate staff in Government Institutions.

Specific issues included road connectivity for village Dayali, up-gradation of GPS Dalayali and BMS Katarmal, augmentation of water etc. Officers from different departments briefed the public about the schemes being implemented in the district and responded to queries related to their departments.

The DDC gave a patient hearing to all the issues raised by the public and assured them that their genuine concerns would be addressed in a phased manner. He also highlighted various livelihood generation schemes of the government and urged the youth to take advantage of them.

# Locals imparted awareness on IMI 5.0 & SBM-II, other Govt initiatives



Stressing on close coordination between frontline workers and public representatives, he urged them to work together for the prompt delivery of essential services and sustainable development of the region.

In response to the issue of water scarcity, the DDC assured that all households in the block would be provided functional tapped water connections with the implementation of the Jal Jeevan Mission.

Similarly, while addressing the other issues and demands, the DDC directed concerned officers to work towards resolving the difficulties of the people at the earliest.

The DDC highlighted the efforts being put in to complete the targets with regard to the construction of border bunkers and implementation of PMAY-G and

Awaz Plus programs. He urged the youth to avail themselves of the benefits of livelihood generation schemes and emphasized the importance of the HADP program for holistic agriculture development.

Additionally, the DDC highlighted the ongoing work on JJM schemes and the PMGSY program meant to connect all unconnected habitations.

He urged the residents to cooperate with the district administration to curb illegal mining and reminded lambardars and chowkidars of their crucial role in the development process.

The DDC exhorted officers to take immediate measures to mitigate the problems highlighted during the public outreach program. He urged the PRIs to play a crucial role in the development

process and ensure that all developmental works were completed within the set timelines while adhering to quality parameters. The public grievances redressal

# Functional Manager DIC inaugurates PMEGP unit at Thanda Padhar

**JJ NEWS SERVICE**

UDHAMPUR, JULY 26: Functional Manager, District Industries and Commerce (DIC) Udhampur Deepika Sharma today inaugurated the Prime Minister Employment Generation Programme (PMEGP) unit sponsored by KVIB, Udhampur and financed by JK Bank. The unit, a Beauty Parlour, has been established at a Project Cost of Rs. 5.00 lakh at Thanda Padhar Udhampur.

Sandhya Devi, Beneficiary thanked both KVIB as well as Bank for their support for providing her employment opportunity under the PMEGP Scheme. Among others, Surinder Paul Sharma I/c District Officer KVIB Udhampur and branch head of the concerned bank were also present.

# DMO Doda seizes dumpsters, illegal crushed material in Bhalla and Kahara area

**JJ NEWS SERVICE**

DODA, JULY 26: In a major crackdown, District Mineral Officer Doda, Sunil Manhas, leading a departmental team, thwarted an attempt of transportation of illegal minor minerals in Bhalla area of Bhadervah Sub District. The team seized illegal crushed material at Diamond Stone Crusher Kahara.

The team seized three dumpsters laden with illegal minor minerals and 65 metric tons of crushed material (Bajri). On a tip of information from reliable sources, a prompt action was taken, and vehicles carrying illegal mining activities were seized, preventing further environmental damage.

### Govt college for Women, Parade Ground, Jammu celebrated Kargil Vijay Diwas under Meri Mati Mera Desh Programme



J1 NEWS SERVICE

NSS Units GCW Parade Ground Jammu in collaboration with NCC cadets of the college celebrated Kargil Vijay Diwas under the umbrella programme of Ministry of Youth Affairs Sports, Government of India "Meri Mati Meta Desh". The event was organized under the guidance of NSS programme officers of the college Dr Gurpreet Kour, Dr Mohd. Majed and ANO Suman Lata. The programme started with a formal welcome address by the principal of the college Dr S P Saraswat who welcomed the family members of martyrs and also appreciated their sacrifice in upholding the pride of the motherland. As a part of this programme, about 50 NSS Volunteers and 50 NCC cadets participated in the programme and presented their programme. Families of martyrs were invited in the event for felicitation. It was a step taken to spread awareness among the students regarding the sacrifice of the soldiers in Kargil war. Martyr widows of Shaheed Havaldar Dalbir Singh Bhu, Shaheed Hav Nain Singh Jamwal, Shaheed Head constable S. Randhir

Singh were invited and they were honoured with Shawls, Mementos and Hand made cards by the students.

The outlay of the programme was introduced by Dr Gurpreet kour, NSS programme officer of the college. Also, Ex-Hav Pradeep

Singh Mehta, a living example shared his experience of Kargil war. All the participants took pledge on "Panch Pran" read by NSS volunteer, Ms Kaashvi Chhabra. After that a mega plantation drive was carried out by the volunteers wherein about 75 saplings of indigenous varieties were planted in the college campus and adopted village. The event concluded with the formal vote of thanks by ANO NCC Suman lata.



#### NORTHERN RAILWAY

##### E-Tender Notice

Dy.CE/GS/SUFZR acting for and on behalf of The President of India invites E-Tenders (www.irps.gov.in) against below titled Tenders. Bidders will be able to submit their original/revised bids up to closing date and time only.

Tender No.	Name of work	App. Cost. (in Rs.)	Earnest Money (in Rs.)	Completion period	Opening of tender	Website Particulars
27-Elect/ GS1-T/ 15-2023-24	Electrical work for Design, manufacture, supply, installation of wall hanging/door mounting type LED illuminated signage/ direction boards in elliptical shape under Amrit Bharat Station Scheme. (Installation of LED illuminated signage / direction boards in elliptical shape at Budgam, Dhandaikanan, Phagwara, Hoshiarpur, Phailaur, Kapurthala, Fazilka, Baijnath Paprola, Udhampur, Firozpur Cantt, Kothapura, Muktsar, Moga, Gurdaspur and Pathankot Railway Stations).	14136635.10	220700.00	06 Months	16.08.2023 after 15:00 Hrs.	www.irps.gov.in

Open Tender Notice No. NIT-15/2023-24 Dated :- 25.07.2023

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#### NORTHERN RAILWAY

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Sr. DEE/GFZR acting for and on behalf of The President of India invites E-Tenders (www.irps.gov.in) against below titled Tenders. Bidders will be able to submit their original/revised bids up to closing date and time only.

Tender No.	Name of work	App. Cost. (in Rs.)	Earnest Money (in Rs.)	Completion period	Opening of tender	Website Particulars
251-Elect/ T-15/ 2023-24	Electrical work in c/w Provision of waiting area for patients, parking for staff, improvement/modification to OPD, wards, OT etc. in Divl Rly Hospital FZR & Electrical work in c/w Provision of Divyangans Toilets, entry path, 50 mtr COP and Drinking water booth for divyangans under ADEH-WFZR & Electrical work in c/w Provision of Divyangans Toilets, entry path, 50 mtr COP and Drinking water booth for divyangans under ADEH-WFZR & Electrical work in c/w Repair to GYM hall at firozpur in the jurisdiction of SSE/WFZR under ADEH-WFZR & Electrical estimate in c/w improvement/ repair and augmentation of RPF Barrack including provision of Dining and Recreation Room for RPF staff at Firozpur.	59,84,798.90	1,19,700.00	06 Months	17.08.2023 after 15:00 Hrs.	www.irps.gov.in

251-Elect/T/Notice No. 10-Elect/2023-24 Dated:-26.07.2023

SERVING CUSTOMERS WITH A SMILE

#### NOTICE

I wishal kumar, son of Late Sh. Jagdish raj, born on 15 Nov 1983 residing at No-272 sec-9 nanak nager near sunny book center jammu, pincode: 180004 Shall henceforth be known as wishal kumar sadhotra.

### GOVERNMENT OF JAMMU AND KASHMIR OFFICE OF THE EXECUTIVE ENGINEER JAL SHAKTI PHE MECHANICAL DIVISION UDHAMPUR NOTICE INVITING TENDER

E-NIT/JSPEHMUDHR/ 58 OF 2023-24 DATED 24-07-2023

Executive Engineer Jal Shakti PHE Mechanical Division, Udhampur, on behalf of the Lt. Governor of Jammu and Kashmir UT, invites tenders by e-tendering mode from registered firms who have sufficient experience in the relevant field of electro-mechanical electrical works.

Sl.	Name of the work	Qty	Name of Division	Cost of Tender Document / Tender Fee (in Rs)	Earnest Money (in Rs)	Bid validity
1	Repair to 3500 GPH x 230 meter head HC pump of pumping station Chakarbhathi stage-2 <sup>nd</sup>	01 job	Jal Shakti PHE Mech. Division Udhampur	Rs. 200.00 (Non-refundable in shape of treasury challan in favour of the Executive Engineer Jal Shakti PHE Mech. Division Udhampur	(Rs. 1400.00) 2% (in case of non-registered firms) Or (Rs. 700.00) 1% (in case of firms registered with DIC / SSI / MSME)	90 days

- Bid documents can be seen at and downloaded from the website <http://jktenders.gov.in> from 24-07-2023 (18:00 Hrs.)
- The Bids shall be deposited on the website <http://jktenders.gov.in> from 24-07-2023 (18:30 Hrs.) to 02-08-2023 (3:00 Hrs.).
- After opening tender only successful bidder shall be asked for submitting the hard copies of documents with CDR and tender fee.
- The complete bidding process will be online <http://jktenders.gov.in>.
- The technical bid will be opened on line on 03-08-2023 at 11:00 A.M or any other subsequent date in the office of the Executive Engineer Jal Shakti PHE Mechanical Division Udhampur.
- The Financial bids of the bidders shall be opened online in the office of the Executive Engineer Jal Shakti PHE Mechanical Division Udhampur after evaluation of technical bids. The date shall be communicated separately.
- Bids must be accompanied by bid security and cost of Tender Document as specified in column 5 & 6 of the table (and for DIC/SSI/MSME registered firms as per Industrial Policy of J&K govt.) payable at Udhampur pledged in favour of Executive Engineer, PHE Mechanical Division, Udhampur.
- Bid security will have to be in form of CDR / FDR / BG of any scheduled bank and shall have to be valid for one year or more after last date of receipt of Bid. The cost of downloaded tender documents shall be in form of Treasury Challan / e-Challan in favour of Executive Engineer PHE Mechanical Division, Udhampur payable at Udhampur.
- Firms who will fulfill the following parameters are eligible to participate.
  - Average Annual financial turnover during the last 3 years, ending 31 March of the previous financial year, should be at least 30% of this estimated cost.
  - Experience of having successfully completed similar works during last 07 years ending last day of month previous to the one in which applications are invited should be either of the following-
    - Three similar completed works costing not less than the amount equal to 40% of the estimated cost
    - Two similar completed works costing not less than the amount equal to 50% of the estimate cost.
    - One similar completed work costing not less than the amount equal to 80% of the estimated cost.
  - Definition of "similar work" should be clearly defined.
- The bid shall remain open for acceptance for a period of 90 days from the date of opening bids. If any bidder / tenderer withdraws his bid / tender before the said period or makes any modifications in the terms and conditions of the bid, the earnest money of the firm shall stand forfeited.
- The tenderers are advised to visit the site of work before uploading their tenders so as to acquaint themselves with exact site conditions.
- Other details can be seen in the bidding documents from the website <http://jktenders.gov.in>

NO. JSPEHMUDHR/2023-24/1925-28

Dated:-24-07-2023

DIP/J-5753/23

SD/-  
EXECUTIVE ENGINEER  
JAL SHAKTI PHE MECH. DIVISION  
UDHAMPUR

### UNION TERRITORY OF JAMMU & KASHMIR OFFICE OF THE SECRETARY JAMMU TAWI GOLF COURSE, SIDHRA

#### NOTICE INVITING TENDER

E-NIT NO: - JTGC/040F 2023-24 DATED:- 25-07-2023

For and on behalf of the Lieutenant Governor, Union Territory of Jammu and Kashmir e-tenders are invited on item rate basis from Authorized Dealers / Distributors/ Retailer /Genuine Spare parts Supplier associated with firm having registered certificate of company for each of the following work: -

Sl. No.	Name of work	Advertised Cost (In lac)	Cost of doc. (In Rs.)	Earnest money (% of Adv. Cost)	Time of Completion	Class of Contractor
1.	Supply, Testing and Installation of 3 Nos. of New Honda Engine for Green Mower at Jammu Tawi Golf Course, Sidhra	5.31	600/-	2%	30 Days	Dealers / Distributors/ Retailer / Genuine Spare parts Supplier
2.	Procurement of Batteries for Golf Carts at Jammu Tawi Golf Course, Sidhra	5.18	600/-	2%	30 Days	
3.	Purchase of Spares and consumables for 4 Nos. of Hover Mower at Jammu Tawi Golf Course, Sidhra	1.94	600/-	2%	30 Days	

- Bidding documents consisting of pre-qualification criteria, specifications of the work, Bill of Quantities, set of terms and conditions of contract and other relevant details can be seen/downloaded from the website [www.jktenders.gov.in](http://www.jktenders.gov.in).

#### Schedule of tender:

A	Date of Issue of Tender Notice	25-07-2023
B	Period of downloading of bidding documents	25-07-2023 from 1800 Hrs to 08-08-2023 upto 1630 Hrs
C	Bid submission Start Date	26-07-2023 from 1630 Hrs
D	Bid submission End Date	08-08-2023 upto 1630 Hrs
E	Date of opening of Technical Bids (online)	09-08-2023, 1400 Hrs in the office of the Secretary JTGC Sidhra, Jammu

No. JTGC/B/177-80/2023-24

Dated: 25/07/2023

DIP/J-5761/23

Sd/-  
Secretary JTGC Sidhra,  
Jammu

### GOVERNMENT OF JAMMU AND KASHMIR OFFICE OF THE DISTRICT SOCIAL WELFARE OFFICER, AMPHALLA, JAMMU

Email: - [dswojmu1@gmail.com](mailto:dswojmu1@gmail.com)

#### NOTICE INVITING TENDER

E-NIT No. DSWOJ/01 of 2023-24 Dated:- 24-07-2023

For and on behalf of Lieutenant Governor of Union Territory of Jammu and Kashmir, e-tenders are hereby invited from Government/Semi-Government Departments/ Original Manufacturers/ Authorized Distributors/ SSI/ firms/dealers for supply of Dietary and Non-Dietary items(detailed in Annexure-A) for use in CCIs/RSFB/Observation Home & Half Way Home for the financial year 2023-24 in Jammu as mentioned below:-

- Palaash(CCI) 50 inmates
- Parisha(CCI) 50 inmates
- Residential School for Blinds 50 inmates
- Observation Home 50 inmates
- Halfway Home 25 inmates
- Open Shelter Home for Boys 25 inmates
- Open Shelter Home for Girls 25 inmates

This NIT notice along with a list of items/articles (BOQ) uploaded on [www.jktenders.gov.in](http://www.jktenders.gov.in) with following details:-  
**Date of publishing of E-tender documents is**

1	Date of issue of tender notice	24-07-2023 (16:30 P.M)
2	Period of downloading of bidding documents	25-07-2023 (10:00 A.M)
3	Bid submission start date	25-07-2023 (16:30 P.M)
4	Bid submission end date	08-08-2023 (16:30 P.M)
5	Technical bid opening date & time	09-08-2023 (14:00 P.M)
6	Financial bid opening date & time	Financial Bid will decide after opening of technical bid

- The complete bidding process will be online.
- Bid document containing qualifying criteria for bidder, specification, conditions and other details can be seen at and downloaded from the website [www.jktenders.gov.in](http://www.jktenders.gov.in).

No:- DSWOJ/1690-95

Dated:- 24-07-2023

DIP/J-5765/23

Sd/-  
District Social Welfare Officer,  
Jammu.

# DC Srinagar inspects progress of major construction Projects: Lasjan Grade Separator; Flyovers at Nowgam, Sanat Nagar and Bemina Bypass Corridor

### Takes onsite review of works of Noor Jehan Bridge over River Jhelum at Qamarwari

JJ NEWS SERVICE

SRINAGAR JULY 26:- The Deputy Commissioner (DC), Srinagar, Mohammad Aijaz Asad Wednesday undertook a visit of different City areas to oversee the progress of works being carried out on several major developmental projects including ongoing construction works on Lasjan Grade Separator on NH-44 (Jammu-Srinagar highway), Flyovers at Nowgam Junction, Sanat Nagar Chowk and Bemina Crossing to improve flow of traffic on heavy loaded traffic intersections of the District.

The DC also took onsite appraisal of ongoing construction works on Noor Jehan Bridge being constructed over River Jhelum at Qamarwari at an estimated cost of Rs 10 crore.

At Lasjan, the Deputy Commissioner inspected the progress of works on the 560-meter span Flyover/Grade Separator being executed by NHAI at an estimated cost of Rs 1.03 crore.

On the occasion, the Project Manager NHAI apprised the DC of the present status of ongoing work and informed that over 90 percent of the work on the project has been completed and Bitumen/finishing works are going on in full swing.



The DC directed the concerned executing agency to speed up the work by deploying additional men and machinery and complete the project as per revised deadline so that movement of traffic is improved on the corridor of National Highway.

While reviewing the ongoing work on Flyover at Nowgam crossing, the DC took stock of the work on 0.85 km span flyover being carried out at a cost of Rs 36.93 crore.

The DC was apprised that over 55 percent of work has been completed including piling work and work of pile cap and pier

caps. He was also informed that girder works are under progress, besides work on the approach road is also going on.

The DC on the occasion, stressed on accelerating the pace of construction work on the Flyover and set a November, 2023 deadline for its completion.

Similarly, the DC also visited Sanat Nagar Chowk, and inspected the construction work on Rs 37 crore project of 0.85 km span Sanat Nagar Flyover.

On the occasion, the concerned Engineers brought issues related to removal of bottlenecks to divert traffic on

alternate route and erecting of barricades around the construction site of the project into the notice of the Deputy Commissioner.

The Deputy Commissioner gave spot directions to the concerned officers to address the issues immediately so that works on the project are carried smoothly.

At Bemina crossing, the DC also inspected the pace and progress of ongoing work on construction of flyover at bus junction of Bemina bypass being executed at a cost of Rs 31.49 crore by PWD.

On the occasion, the DC directed the concerned executing agency to accelerate the pace of work by employing additional manpower and machinery to complete the prestigious project by the end of September this year.

The DC was apprised that over 55 percent of works on flyover at Bemina junction stands completed so far and the project will be completed in full within set timelines. Speaking on the occasion, the DC hoped that as soon as these prestigious projects on NH-44 (Jammu-Srinagar highway) are completed shall improve transport facilities in Srinagar and also will prove helpful to overcome traffic congestion along the highway and on other important road corridors.

## Block Diwas: Doda Admin holds series of outreach events amid overwhelming public response



JJ NEWS SERVICE

DODA, Jul 26 : In a commendable demonstration of public outreach and engagement, the District Administration Doda organised a series of events as part of weekly Block Diwas program, here today. The event were held at village Tesna in the Panchayat Saura-block Bhalla, Sub-District Bhaderwah; Revenue complex Gandoh, Sub-Division Gandoh; Health and Wellness center Jathi, sub-division Assar and Kahi park revenue village Kahila, tehsil Thathri, sub-division Thathri.

The outreach programs received an enthusiastic response from individuals representing diverse backgrounds, including members of Panchayati Raj Institutions (PRIs). The Participants passionately voiced their grievances, seeking improvement in water and electricity supply, better healthcare infrastructure with sufficient staff, appointment of teachers in educational institutions and enhancement of road connectivity, among others.

Throughout the day-long proceedings, both the public and PRIs voiced a wide range of demands and concerns. The presiding officers attentively listened to these issues and directed the respective officials to compile a list of raised grievances and work towards resolving them as quickly as possible.

The event at the health and wellness centre in jathi, sub-division Assar, was presided over by SDM Lekh Raj. He attentively listened to the public and directed the concerned officers to address the raised issues and grievances at the earliest.

Similarly at Gandoh, SDM, Ashraf Pervez, along with the concerned officers, resolved a host of public issues and grievances on the spot with the intervention of concerned departments.

## DC Srinagar Chairs District Advisory Committee Meeting for PC&PNDT Act Implementation

### Accords approval for provisional registration of 36 cases under PCPNDT Act Stresses on utmost patient care in the Health Institutions

JJ NEWS SERVICE

SRINAGAR JULY 26:- To ensure proper regulation and operationalization of in Srinagar District A meeting of the District Advisory Committee(DAC) for Pre-Conception and Prenatal Diagnosis Techniques (PC&PNDT) Act implementation was today held under the Chairmanship of Deputy Commissioner(DC) Srinagar, Mohammad Aijaz Asad here at Conference Hall of the DC Office Complex. Additional District Development Commissioner, Zahoor Ahmad Mir, Chief Medical



Officer, Dr Jameel Ahmad, Medical Superintendent JLN, Dr Tajamal, Deputy Superintendent of Police, Owais Wani, District Social Welfare Officer, Dr Mukhtar Ahmad, District Health

took a detailed account of Provision of Registrations, Inspections, Mechanism for monitoring and implementation of PCPNDT Act in the District. He also discussed the enforcement measures in place in execution of the Act.

During the meeting, the DC/Chairman DAC also reviewed case put forth before him for grant of provisional registration of cases under Pre-Conception and Pre-Natal Diagnostic Techniques (PCPNDT) Act, an Act of the Parliament of India enacted to stop female foeticides and arrest the declining sex ratio.

At the outset, the DC who is also the Chairman District Advisory Committee(DAC)

## GZMD Govt Degree College organises Mega Plantation Drive

JJ NEWS SERVICE

REASI, Jul 26 : To mark Kargil Vijay Diwas, the NSS Unit of Government General Zorawar Singh Memorial Degree College, Reasi, in collaboration with J&K Forest Department, on Wednesday organised a mega-plantation drive - themed Meri Mati Mera Desh. During the day-long Plantation drive about 40 NSS volunteers of the college planted more than 100 saplings of different origins in different places. A total of 25 saplings were planted in the adopted village Seela at Govt. Primary School, Khaletar & Guru Nabha Dass Ji Mandir. Ravi Kumar, Sarpanch of Seela Panchayat was the chief guest who

planted the first tree of the day to kick-start the drive.

He appreciated the efforts made by the NSS volunteers & NSS Programme Officer, Prof. Ajay Kumar for making the plantation drive successful. He further added that the volunteers were on the job since the beginning of this month and their efforts are praiseworthy. Others who planted saplings during the day along with NSS volunteers included Vijay Kumar, Headmaster, GPS Khaletar (Seela), Dr. Rajinder Kumar, Assistant Professor, Sehdev Bhagat, Anita Devi, Panch ward No. 2 (Seela). A tree was also gifted to the Chief Guest and refreshment was provided to the volunteers by the School Administration. Further, more than 75

saplings were planted on the College Campus (Government General Zorawar Singh Memorial Degree College) where Block Forest Officer, Reasi Arvind Bargartha delivered a talk about the step-by-step process of tree plantation.

He, along with some other officials of the forest department and NSS volunteers planted trees. Assistant Professor Dr. Amit Bali and Assistant Professor Dr. Surita Sharma also planted trees. Speaking on the occasion, NSS Programme Officer Prof. Ajay Kumar said that the volunteers were really excited from day one about the plantation drive and participated in the whole process with great zeal and enthusiasm.

## MD JJM inaugurates three day orientation programme on 'Source Sustainability of Ground Water' at Srinagar

JJ NEWS SERVICE

SRINAGAR, Jul 26 : The Mission Directorate of Jal Jeevan Mission (JIM) in collaboration with the Central Ground Water Board (CGWB) organised a comprehensive three day orientation programme on 'Source Sustainability of Ground Water' here today.

The programme was inaugurated by Mission Director, Jal Jeevan Mission (JIM) J&K, Dr. G. N. Itoo, in which field Engineers from different districts are participating to address the crucial issue of source sustainability of ground water effectively.

The primary aim of this orientation programme is to equip field Engineers with the necessary knowledge and tools to



ensure the long-term viability of ground water sources. During the course of programme, with the help of informative sessions, field visits, and practical demonstrations, participants will gain valuable insights into geophysical surveys of sources and required interventions for different source types. Speaking on the occasion, Dr Itoo highlighted the paramount importance of source sustainability of Ground Water. He reaffirmed the commitment of

Mission Directorate to organise such programs especially in five water districts of J&K like Ganderbal, Bandipora, Ramban, Doda, and Jammu.

The Mission Director also informed the participants about ongoing efforts under JIM, with 3100 schemes comprising of 6700 works currently under execution in Jammu & Kashmir. He highlighted that the Mission Directorate has undertaken various initiatives, including Full Training Kit training for 31000 women and the establishment of Pani Saniti in each village, to mobilize communities and ensure their active involvement in water conservation efforts.

Dr Itoo also said that JIM remains steadfast in its commitment to ensuring sustainable

access to clean water for every household. He added that orientation programs like this play a pivotal role in empowering field Engineers and fostering community mobilization, enabling significant strides in water conservation and management in the region.

The three day programme will also include field visit during which demonstrations shall be made about geophysical survey of sources and interventions required for particular source types.

The programme also has dedicated sessions on topics like NAQUIM and Geospatial Data Analysis. Additionally, water shed mapping will be discussed to ensure effective water resource management.

## Army organises 'Run for Martyrs' at Batote

JJ NEWS SERVICE

RAMBAN, Jul 26 : To commemorate 24 years of victory over Pakistan in the 1999 Kargil and pay homage to the gallant warriors for their valour and sacrifices, a series of events were conducted by the Indian Army at Dharmund-Batote.

The two-day event was filled with a series of activities starting with a drawing competition, essay writing, Rakhi making, Run for Martyrs followed by prize distribution to the winners of different events.

The children from local schools enthusiastically participated in these events held at the Government Middle School Dharmund, Government Middle School Batote, Government Middle School Thopal and Government Primary School Mainal.

The event witnessed the participation of a senior Army officer and civil dignitaries, who came together to pay their respects to the valiant soldiers who made the supreme sacrifice in the line of duty.

On July 23, the ceremony commenced with the event 'Run for Martyrs' followed by a solemn wreath-laying ceremony at the war memorial to honor the memory of the fallen soldiers. The occasion provided a venue for nurturing among the kids a sense of appreciation as well as patriotism and unity.

## Kargil Vijay Diwas: Zila Sainik Welfare Board, Forest Div Doda organise plantation drive

JJ NEWS SERVICE

DODA, Jul 26 : Zila Sainik Welfare Board Doda and Forest Division Doda, in collaboration with District Administration, celebrated Kargil Vijay Diwas at Doda by organizing a plantation drive under the ongoing JK Green Drive initiative campaign of the Forest Department.

On this occasion, Zila Sainik Welfare Officer, Wing Commander, Tirath Singh briefed participants about the Vijay Diwas celebration and elaborated that the saplings were planted in memory of our National Heroes.

ACR Doda, Sanjeev Kumar, DFO Doda, Ravinder Singh; AO, DC Office, Sumit Sharma; AD Legal Metrology, Kapil Janwal and other District officers and staff of Zila Sainik Welfare Board and Forest department participated in the event.

## Kargil Vijay Diwas: Indian Army's Noble Spirit Shines, remembering our Heroes

### ORGANISES MEDICAL CAMP FOR NEW CONVENT INSTITUTE STUDENTS

JJ NEWS SERVICE

RAMBAN, Jul 26 : To remember the Brave heroes of Kargil, the Officers, JCOs and Jawans of MLI Regiment of Indian Army organized a two day medical checkup camp at the New Convent Institute Maitra.

The camp which witnessed participation of around 360 students along with their parents and teachers was organized to provide comprehensive health and dental check up to the students. The camp yielded remarkable results, with many students benefiting from early screening and detection of various illnesses like Myopia, Colour blindness, stunted growth and many more.

The other objective of the camp was to enlighten the children and parents about the importance of physical fitness, balanced nutrition, dental hygiene and regular health check-ups.

The school authorities and parents were counseled and advised for further treatment by the Army medical team. They expressed their heartfelt gratitude to the Indian Army for organizing this educational and motivational event.

## 160 Battalion CRPF organizes plantation drive

JJ NEWS SERVICE

JAMMU : Under Tree Plantation Program-2023, 160 battalion CRPF today organized a tree plantation drive at Sher-i-Kashmir University of Agricultural Sciences and Technology (SKUAST), Jammu.

On the occasion, Sh. Rakesh Shetty, Deputy Inspector General of Police, Range Jammu, Sh. Hari Om Khare, Commandant 160 Battalion, Sh. Kamal Jost Singh, 2nd Officer in Command 160 Battalion, Sh. Dinesh Kumar Sharma, Deputy Commandant, Dr. B.N. Tripathi, Vice-Chancellor Sher-e-Kashmir, University, Jammu, other officers along with faculty members and students planted different types of saplings.

After the plantation drive, Mr. Rakesh Shetty, Deputy Inspector General of Police, Range Jammu informed that the Central Reserve Force Police, which is leading in the security of the country, always strives to make the environment clean and pollution free. In the last years too, thousands of plants were planted and taken care of under the tree plantation drive. This year also under the direction of Ministry of Home Affairs, Government of India, 160 Bt. CRPF has set a target of planting 10,500 saplings. To fulfill this goal, this plantation program was organized.

Dr. B. N. Tripathi, Vice-Chancellor, Sher-e-Kashmir, University, Jammu, expressed gratitude for the cooperation in the plantation drive and expressed hope that the Vice-Chancellor will ensure comprehensive measures at his level for the protection of these saplings.