

Make sure every possible comfort is provided to pilgrims: LG to Officials

JI NEWS SERVICE

Lieutenant Gover or Shri

Lleutenant Governor Shri Manoj Sinha visited the Shri Amarnath Ji Yatra Base Camp at Baltal, today. At Base Camp, the Li Governor interacted with the Pilgrims, Service Pro-viders and Officials and reviewed the arrange ments related to ongoing Shri Amarnath Ji Yatra. "Shri Amarnath Ji Yatra

is making significant contribution to tourism, contribution to tourism, employment generation and revenue. Human spirit soaring to great heights, cultural diversity, com-munal harmony is being strengthened and J&K is emerging as a symbol of modern and eternal," the LI Governor said.

Lt Governor said.

The sacred journey is bringing happiness in people's lives and giving new wings to local aspirations,

The Lt Governor, during review meeting with the senior officers of the Administration



SASB, Police and Security Forces, directed for maintaining enthusiasm for excellent service, seam-less coordination, effective less coordination, effective communication, prompt response to concerns and encourage feedback from pilgrims during the remaining period of Yatra. Make sure every pos-sible comfort is provided to pilgrims, he added. The Lt Governor took

appraisal of the secuapprassa of the secu-rity arrangements, Heli operations, facilities like accommodation, food, connectivity, transporta-tion, power and water supply, sanitation, health, Department and Sh Shy

availability of fire tenders, parking facilities, awareness and IEC programmes

ness and IEC programmes for the yatris. The meeting also dis-cussed the installation of fences and CCTV cameras enroute and on critical points; regular checking of food quality through mobile testing vans and the preparedness of departments, police, security forces, health and disaster response teams in

view of the weather exi-Dr Raghay Langar, Secretary, Planning Devel-opment & Monitoring

ambir, Deputy Commis-sioner Ganderbal apprised the Lt Governor on the yatra arrangements at Baltal axis

Baltal axis.

During his visit, the Lt
Governor interacted with
the delegations comprised
of representatives of pony
walas, Shop owners, tent
providers, Langar organizations and NGOs.

He appreciated the

He appreciated the dedication and commitment of service providers, NGOs, volunt lauded their invaluable lauded their invaluable contribution in enriching the spiritual tradition of the holy yatra and bring-ing indescribable joy to pilgrims.

He also invited sugges-tions from the stakehold-ers in extending scamles services to devotees of Isha Amarnath II.

Baba Amarnath Ji.

At the base camp, the Lt Governor visited the eco-friendly, sustainable Langar set up with the efforts of Rural Develop-ment Department in col-laboration with Swaaha source Manag

NIA exposes international nodes of Khalistani terror groups, their complex fund raising mechanism

JI NEWS SERVICE

The NIA has filed a The NIA has filed a chargesheet against three 'individual terrorists'' associated with banned Khalistani outfits BKI and KTF, exposing their inter-national nodes involved in the recruitment and hanthe recruitment and handling of India-based terror operatives, an official said on Sunday.

Six other associates Six other associates working for the Babbar sters-turned-terrorists and Khalsa International and Khalsa International and Khalsa International and Khalsa International and trug-smugglers — Har-Khalistan Tiger Force winder Singh Sandhu allas 'Landa' of special court on Sunday, Biki and Arshdeep Singh also highlighting a complex mechanism of fundraising for the two outlits, a spokesperson of the appency said.

The National Investigation of the properties of th Khalistan Titger Force were also named in the chargesheet filed before a special court on Sunday, also highlighting a com-plex mechanism of fund raising for the two outlits, a spokesperson of the agency said.

The National Investiga- out t tion Agency (NIA) said it India. is also investigating the links of 16 other abscond-

sters-turned-terrorists and ties, extortion and cross-

out terror activities in

"Through this complex network of opera-tives based abroad, they uves based abroad, they have been recruiting, and KTF.

The spokesperson said the three notorious gang-

ties, extortion and cross-border smuggling of weap-ons and drugs into India. "They also have link-ages with major gangs operating in north india, including local gangsters, organized criminal syndi-cates and networks," the spokesperson said.

spokesperson said.

According to the NIA.
Rinda is a very important BKI member and Khalistani operative. "In the year 2018-19, he fled to Pakistan illegally and is currently living there under the patronage of ISI, and is involved in

Two injured as landslide hits Gypsum Mine In Ramban

JI NEWS SERVICE JAMMU, JUL 23

Two people were seri-ously injured on Sunday when they came under a landslide while worka landside white work-ing at a gypsum mine in Ramban district of Jammu and Kashmir, police officials said. The landslide struck

the mine at Haroog area of Dharamkund, 26 km from Ramban district from Ramban district headquarters, trapping a JCB machine operator and a dumper driver, the officials said. They said police along with State Disas-ter Response Force and

ter Response Force and local volunteers immedilocal volunteers immedi-ately launched a rescue operation and pulled out driver of earthmover Ajaz Ahmed of Bhathan-Ghan-dri Ramban and driver Anil Singh of Dhar Road Lidhampur Udhampur

The two suffered multiple injuries and were hospitalised, the officials said.

No scope for politics over Manipur issue after PM Modi's statement: Jitendra Singh

JI NEWS SERVICE

(Union minister litendra (Union minister Jitendra Singh on Sunday said there should be no poli-tics over the 'shameful' incident in Manipur and asked opposition parties to give up their "singular agenda" of finding faults in anything related to the BP-led sovermment.

P-led government. He also took a dig at TMC supremo and West Bengal Chief Minister Mamata Banerice over her reported remarks on the 1999 Pulwama terror attack, and said "leaders toeing the Pakistani nation hangs its head in



harming their reputation among the masses who know the reality".

There is no reason for doing politics over this (Manit ur incident) after having heard the prime minister on the first day in

shame and nobody will be allowed to go scot-free. There is nothing much to add as Narendra Modi's

statement makes his gov-ernment's intent clear," Singh told reporters on the sidelines of a functhe sidelines of a func-tion here. More than 160 people have lost their lives and several have been injured since ethnic vio-lence broke out in Mani-pur on May 3, when a "Tribal Solidarity March" was organised in the bill. was organised in the hill districts to protest against the Meitei community's demand for Scheduled Tribe (ST) status

CONTINUED ON IN PAGE 4

Rains lash Jammu & Kashmir, more in the offing: MeT

JI NEWS SERVICE

Rains lashed Jammu and Rains lashed Jammu and Kashmir causing flash floods at various places as the weatherman pre-dicted more showers during the next 24 hours, officials said on Sunday. The MeT office predicted fairly widespread light to moderate rains during the next two days over

the next two days over Jammu and Kashmir.

The weather will generally remain cloudy with intermittent light to moderate rain or thunder-shower at a few places of



office said and added that from July 24 to 27 the weather is likely to

with possibility of light to moderate thundershower at many places, especially during late night or early

The McT office has also issued warning of risk of flash flood, mudslide, and landslides due to continuous rains since the past two days in the upper and prone reaches of the Kashmir valley.

"People are advised to remain cautious and stay away from streams, in rivers and other vulnerable spots", the McT office warned.

er forecaster Faizan Arif said there is possibility ing standing crops.
of showers in some areas In view of the inclem of the union territory on Sunday, especially in parts of north Kashmir.

several upper reaches of frontier Kashmir district of Kupwara and Kulgam in south Kashmir damag-

Fresh batch of pilgrims leaves for Amarnath Yatra



Amid tight security, a fresh batch of over 3,000 pilgrims left here early Sunday for the Amarnath

officials said Himalayas, officials said. Over 3.20 lakh pilgrims have so far paid obeisance at the cave shrine since the commencement of the pilgrimage from the twin tracks of Pahalgam

CONTINUED ON >> PAGE 4

Anti-Tank mine destroyed by BSF near ib in Samba

JI NEWS SERVICE

The Border Security Force (BSF) on Sunday destroyed a rusted anti-tank mine in a controlled

tank mine in a controlled explosion near the Inter-national Border in Samba district of Jammu and Kashmir, officials said. The anti-tank mine, which is believed to have drifted away by flood waters, was noticed lying on the banks of Basantar river near Border Out-river near Border Outriver near Border Outpost Bandh tip, about CONTINUED ON > PAGE 1

Another Punjab resident arrested for firing in Samba



JI NEWS SERVICE

alleged inter-state uggler, wanted in connection with a firing incident, was arrested in Punjab and handed over

Police for interrogation, police said on Sunday Neeraj Jaswal

"Romi", a resident of

CONTINUED ON IN PAGE 4

Amritsar in Punjab, was

Youth Inclusiveness is the core focus of Modi Government: Ravinder Raina

JI NEWS SERVICE

Inspired by the pro-development and pro-poor policies of Narendra Modi policies of Narendra Modi government, Akash singh Slathia prominent social worker with Five hun-dreds of Youth Joined BJP under the leadership of Ravinder Raina State Pres-ident BJP Jammu Kashmir, Yuva Morcha President Arun Prabhat in the spe-cial presence of Surjeet Singh Slathia Former Min-Singh Slathia Former Min-



State General Secretary, at BJP Headquarters, Trikuta

ister and State Vice Presi-dent BJP & Dr. Devinder entire length and breadth wave of change is visible in have realised

more and more people are saying good bye to thei Nagar, Jammu. parties and joining BJP in Ravinder Raina, on large numbers. This has this occasion, said that a become possible as they

Serving last person of J&K cornerstone of Govt's developmental approach

In the past four years, witnessed a remarkable transformation with surge in initiation of develop-mental projects, most of which have been complet-

to serving the last person in the queue has become the cornerstone of their developmental approach.

The staggering figures speak volumes about the government's dedication to uplifting the lives of the people in the region. Over the last four years, the govwhich have been competered by the government.

From the valleys of completed an impressive Whashmir to plains of number of developmental and Jammu, the government's projects, creating inframent's unwavering commitment structure and opportunities un

ties for citizens. In 2019-20, 12,637 projects were completed fol-lowed by 21,943 projects in 2020-21. The momentum grew exponentially in 2021-22, with 50,726 projects completed, and in 2022-23, an astonishing

gov-fully 92,560 projects are being accomplished.

What sets the Jammu and Kashmir governd Kashmir govern-nt's approach apart is unwavering commit-

ment to inclusivity. The sis on rural development, LG led administration has acknowledging the imporpledged to ensure that tance of strong rural infrathe benefits of develop-structure for overall progrement reach even the most ress. Projects like road

ment reach even the most ress. Projects like road of employment opportuniconnectivity, clean water stupply, and electrification has been extively working to uptil marginalized communities by providing them access to education, healthcare, and livelihood opportunities. The government has placed significant emphations but has also provide the government's developmental approach. By

ed a much-needed boost to the local economy. Job creation has been a key focus, with a large number of employment opportuni

investing in infrastructure projects, like roads, bridg-es, and transportation net-works, the government has fostered better connectivity between regions. This has facilitated the smooth movement of goods and services, further enhanc-

is a testament to its com-mitment to serve the last person in the queue. Through its inclusive approach, the government has endeavoured to bridge gaps, uplift marginalized communities, and spur economic growth. As J&K population and reducing ing economic growth.

Improved infrastructure
has been a critical aspect
of the government's developmental approach. By
over the last four years

JKK.





at BOP Suchetgarh

Pardeep Dutta felicitates IMFA a

oration between FICCI FLO JKL and BSF, express-ing appreciation for the

exceptional artworks creat-ed by the artists and wish-

ing them success in their

During the ceremony,

During the ceremony, DIG BSF also felicitated Dr. Milan Sharma, HOD Department of Painting, along with Ankush Kesar, Print Maker, Department of Painting IMFA, University of Jammu, acknowledging their valu-able contributions

future endeavors.



IAMMU, IUI, 23: The Core Team of FICCI FLO Jammu & Kashmir (JKL) had the honor of attending the Beating Retreat Ceremony at the Suchetgarh Border

at the Suchetgarh Border
Outpost, along the Indo-Pak border in Jammu.
The evening retreat cere-mony was graced by DIG
BSF Jammu, Chiter Pal, and BSF Jammu, Chiter Fai, and Ajay Sharma, Commandant BSF, along with the Core Team of FICCI FLO JKL including Ruchika Gupta, Aarti Choudhary, Sona Mehta, Pooja Gandotra, and Mona

Saraf and IMFA artists The event was part of a two-day Art Camp organ-ized by FICCI FLO JKL. On ized by FICCI FLO JKL. On the first day, FICCI FLO JKL, in association with the BSF and Institute of Music & Fine Art (IMFA), University of Jammu, con-

ducted an Art Camp at Octroi Post, Suchetgarh Border, RS Pura, featuring the works of 20 tale artists from IMFA. talented paintings showcased the BSF as the true Sentinels of Peace on our Borders.

Peace on our Borders.

On the occasion,
Eminent Journalist and
Senior News Editor, Times
Now, Pradeep Dutta, felicitated the participating
artists during the programme. In his address, he
lauded the efforts of EICCI. auded the efforts of FICCI lauded the efforts of FICCI FLO JKI. for organizing such an impactful camp and recognized the creative potential of art in fostering a vision of peace and prosperity for the region. Following the Beating Retreat Ceremony, DIG BSF expressed grafitude to FICCI FLO JKI. for their initiative and stressed how events like these contributes.

events like these contribute to building peace. He encouraged further collab-

ation to all the artists and informed that they were generously provided with additional art materials as a token of recognition for token of recognition for their exceptional work, allowing them to fully explore and elevate their creative potential. She said that the paintings created during the Art Camp will during the Art Camp will be presented as symbols of peace and development of senior government offi-cials/offices, as a gesture of appreciation for their dedication to progress and sta-

cation to progress and sta-bility in the region. Varuna Anand also applauded the pivotal role of 6 BSF in maintaining peace at the borders and extended her gratitude to Prof Shohab Inayat Malik, Principal IMFA, for his cooperation in making this collaboration possible. The IMFA artists who participated in the Art

participated in the Art Camp include Suman Chib, acknowledging their valuable contributions.

Varuna Anand,
Chairperson of FICCI FLO
JKL, shared that the main aim of the two-day programme was to acknowledge the efforts of LG
Manoj Sinha and the Tourism Department in promoting the border area as a major tourist attraction while fostering peace and harmony within the region.

She expressed her appreci-

Two-day Art Camp concludes Dogri album "Raaje Jambulochan Ne Basaya Jammu Shair Ji"

JAMMU, JUL 23: Joint Director, Tourism, Jammu, Sunaina Sharma Mehta along with Chairman, Team Jammu, Zorawar Singh Jamwal and Rakesh Wazir, Chairman, All India Devotional Songs Committee jointly released Dogri Album "Raaje Jambulochan Ne Basaya Jammu Shair ji", durine a function organized at

Jambulochan Ne Basaya Jammu Shair Jir, during a function organized at Press Club, here on Sunday. Pardeep Kumar, EO, Shri Shiv Khori Shrine Board, Corporator from Kamal Nagar, Ban Talab, Kuldeep Singh Chib, Y S Jasrotia, former Chairman, Housing Corporation Ltd, renowned music composer Ravi Sharma were the guests of Honour on the occasion.

The mesmerizing Dogri song pre-sented by H N Music Studio has been sung by budding singer Ravi Raghuvanshi with upcoming models Arjun Singh Jamwal and Aish Rajput from Reasi district as co-star cast in from Reasi district as co-star cast in the album that depicts the scenic beauty of hilly belts and heritage sites of Jammu. The music director of album Sahil Nath, video director K K Malhotra, assistant director, Prerana Sharma were also present on the occasion

occasion.
In his address, famous singer Ravi Raghuvanshi shared that "though many dogri albums have been creat-ed on number of Maharajas and Dogra legendries but this album is first to pay tributes Raja Jambulochan who laid foundation of Jammu where finally Dogra rulers ruled for about a

While speaking on the occasion, chief guest, Suniana Sharma Mehta congratulated Ravi Raghuvanshi and congratulated Ravi Raghuvanshi and is co-star team for such a unique initiative that promote our art and culture besides generates employment opportunities and also engage youth in productive works. She lauded the efforts of musicians, singers and artists for promoting and glorifying the diverse culture of J&K by producing songs in Dogri language and honed that such sones cross borders. hoped that such songs cross borders to reach their admirers

Team Jammu chief, Zorawar Singh team jammu cnier, Zorawar singn jamwal said 'rhis Đogri album is not just another piece of music but it showcase unique culture and com-munal harmony that existed in Dogra community since ages. Jammu where lion and goat used to drink water together from a same pond was first

Shiv Sena visits Jagti migrant camp, KP urges

Uddhav Thackeray to facilitate safe return to Valley

seen by Raja Jambulochan following It clearly shows the piousness of Duggar land, which is also known as

a land of great warriors.

Zorawar Singh Jamwal further said that the government must open its door to the world of music industry door to the world of music industry besides film industry and ensure its presence felt here in a big way. He said that the video track made by Ravi Raghuvanshi involving young budding artists is the greatest exam-ple of their intellectual, creative all latent ability that needs to be har-nessed for their optimal self-actuali-sation. Parkeep Kumar, Rakesh sation. Pardeep Kumar, Rakesh Wazir and Y S Jasrotia in their respec-tive addresses said that the mind of the creative genius is a strange and wonderful thing. They said that the youth who are engaged in such activ-tites should be encouraged both by the Government and social organisa-

JMC turns blind eyes towards Gujjar Nagar: Manjit Singh



JI NEWS SERVICE

IAMMU, JUL 23: Accusing the JAMMU, JUL 23: Accusing the Jammu Municipal Corporation of turning blind eyes towards Guijar Nagar, the Apni Party Provincial President, Jammu, and Former Minister S. Manjit Singh today criti-cized Corporation its failure to address developmental issues of the excitability of the constraint of the providence of providence residential and commercial areas in Jammu City. The Former Minister was

Jammu City. The Former Minister was speaking at a worker's meeting that was organized at ward number 6 in Guijar Nagar area by District General Secretary, Mohammed Asif.

The Apni Party leaders, and workers accorded a warm welcome to Manjit Singh at Guijar Nagar and reached the meeting venue in the shape of a rally. Speaking at the meeting. S. Manjit Singh expressed gratius. ing, S. Manjit Singh expressed grati-tude to the people for extending support to the Apni Party and its policy of

quitable development.

Referring to the issues of develop-Reterring to the issues of develop-ment, cleanliness, and inadequate poor amenities raised by the people during the meeting, he said that it was unfortunate that Guijar Nagar falls under the JMC limits, yet the

Corporation has ignored its residen-tial colony where thousands of people live without proper development. "The residential area also comprises commercial market place and hotels. However, the authorities have not provided appropriate parking space, motorable roads and development of lanes/drains in congested locality," he said

He said that one of the biggest prob-lems is cleanliness in Gujjar Nagar's ward number 6 and collection of garbage. "The lanes and drains are ward number b and collection of garbage. "The lanes and drains are choked during the rainy season with the poor management system of the area to clean the drainage and remove the garbage scattered in the corners and market areas," he said.

and market areas," he said.
He said that the failure of JMC has
painted a wrong image of the locality
even as the people have several times
raised their voice. He also expressed
concern over unscheduled power cuts
and irregular drinking water supply
that has affected normal life.
He demanded that the electricity
should be provided in Guijar Nagar
and all other areas in Jammu City
and all other areas in Jammu City

and all other areas in Jammu City without curtailment as it also affected the drinking water supply. concerns over the improper installa-tion and non-working street lights and increasing menace of stray dogs

and increasing menace of stray dogs worrying the pedestrians. He also demanded that a ground which was developed by locals, and accordingly, the concerned authorities should provide sports equipment in the said ground so that the youth could get an opportunity to partici-pate in sports activities. He said that the youth in Guijar Nagar are ener-eric and their energy should be chanthe youth in Guijar Nagar are energetic and their energy should be channelized towards the right direction. He however assured the people that he would raise their demands before the concerned authorities for early redressal of the issues.

He appealed to the people to extend support to April Party as it is committed for the overall development without bias of all the sections of society. Prominent among those who were present on the occasion include Senior

present on the occasion include Senior Provincial Vice President, Jammu, Faqir Nath, Additional General Secretary, Arun Kumar Chibber, State Secretary, Arun Kumar Chibber, State President Apni Trade Union, Ajaz Kazmi, State President OBC Wing, Bhagat Ram, Spokesperson, Yasar Khan, State Vice President Youth Wing/Spokesperson Raqeeq Ahmed Khan, Provincial President Youth Wing Jammu, Vipul Bail, Provincial President Apni Trade Union, Raj Sharma, Senior District Vice President, Jammu Urban, Vaibhav Mattoo, District Socretary Ashraf Choudhary, District Youth President Shivam Choudhary, Provincial Secretary Youth Wing, Vishal Jotshi, and Salman Choudhary among others.

IIM Jammu organises Plantation Drive as

JAMMU, JULY 23: IIM Jammu, part of its, "Green IIM Jammu" initiative organised a massive plantation drive inside the state-of-the-art campus aimed at campaigning for green culture and promoting a greener ecosystem along with providing a pollution-free atmosphere to the residents inside the campus. The massive plantation drive of IMI Jammu was conducted in coordination with J&K Forest Department.

The drive was graced by Roshan Jaggi, Chief Conservator of Forest & Head of Forest Fore in UT of Jammu & Kashmir, B.M. Sharma, Additional drive inside the state-of-the-art cam-

Chief Conservator of Forests, Jammu Province, Prof. B.S. Sahay, Director, IIM Jammu, and other faculty, offi-cers, staff members and students of

cers, statt Incidence and community IIM Jammu.

Prof. B.S. Sahay, Director, IIM Jammu mentioned that IIM Jammu is committed towards building a green campus. We aim to create a good sense of social responsibility towards Mother Nature and eco-friendliness among our students, faculty, officers, and staff members through this initiaand staff members through this initia-tive. Through such initiatives, we would like to set an example to our students and particularly motivate the residents to contribute to the pro-tection of the environment as active

part of, "Green IIM Jammu" Initiative stakeholders, for contributing to a

stakeholders, for contributing to a sustainable ecosystem.

The plantation of the trees was successfully carried out as per the planned schedule. Many plant saplings of different types and large size trees planted during the plantation drive. The plantation saw active participation from the faculties, officers, staff members and students. rs, staff members and students Through today's event, the students and residents felt intimately connected with nature in their efforts to build a greener campus. The seeds of social and environmental responsibility sown at IIM Jammu are sure to bear fruit in the near future and go a long

JI NEWS SERVICE

JAMMU, JUL 23 : A team of Shiv Sena (UBT) Jammu and Kashmir unit visited the Kashmiri displaced colony Jagti Township located in Nagrota, Jammu, aiming to address the issues and concerns of the Kashmiri Pandit communi-

ty.
Manish Sahni, President of Shiv Sena, J&K, asserted that despite the passage of more than thirty five years, the return of Kashmiri Pandits to their homeland remains unfulfilled. He said that the community members are facing challenges and hardships while trying to rebuild their lives in their own country and

state.
"The displaced Kashmiri Pandits, currently residing in the camps, are being pro-vided a relief amount of Rs. On the name of relief amount, they are being given only Rs.3200 per head, in this era of inflation, it has become difficult to meet the expenses of home and children's educa-tion, it should be increased to Rs.7000/- per person.

On the other hand, in Jagati township, about 200 shops have been built 13 year back for self-employ

back for self-employment to Kashmiri Pandits, which have not been allotted till date despite depositing security. Sahni said that the pre-vailing situation in Kashmir is marked by tar-ceted believes instilling geted killings, instilling fear among the working Kashmiri Hindus who were demanding safe zones in Jammu region through a year-long protest but unfortunately, their demands were overlooked.

Sahni emphasized that while the Modi govern-ment had capitalized on the votes of Kashmiri the votes of Kashmiri Pandits during its nine-year tenure, nothing has been done to facilitate their safe return to their homes. Despite the abrogation of Article 370 and 35A on August 5, 2019, the possi-bility of the return of Kashmiri Pandits to the valley remains uncertain. valley remains uncertain.

Kashmiri requesting Uddhav Balasaheb Thackeray for his safe return home.

his safe return home, remembering the Hindu Hradye Samrat venerable Bala saheb Thackeray. On this occasion Vice President Sanjeev Kohli, President Kamghar wing Pagi Singh Deporak Sharma Raj Singh, Deepak Sharma Vinod Bhat , Danish Tickoo, J K Ganjo, Sajan Dhar, Bansi Lal, Ravinder Sadhu , Rahul Ranina , Yogesh Kumar Chib , A K Raina , Surinder Kumar Bhat and many others were

NC vows to eradicate corruption, improve public services in JMC: Rattan Lal

Constitutes District Urban Committee, asks party cadre to gear up for ULB polls

JI NEWS SERVICE

JAMMU, JUL 23: The Jammu and Kashmir National Conference has deeply concerned with the prevailing situation in the Jammu Municipal situation in the Jammu Municipal Corporation (JMC), which has unfor-tunately become a den of corruption, resulting in the severe failure in deliv-ering essential public services to the citizens. The Party expressed its com-mitment to bring about positive change and address the poor working scenario of the JMC.

In a statement issued here today, In a statement issued here today, Rattan Lal Gupta, Provincial President JKNC, Jammu, said the new wards falling under the ambit of the Municipal Corporation are in a dilapidated condition, indicating a dire need for immediate attention and rehabilitation. The absence of proper garbage collection and man-agement has resulted in an insanitary environment, affecting the health and well-beine of the residents. well-being of the residents. Furthermore, the irregular supply of drinking water has added to the woes

of the general public, he added. The senior NC leader said that the imposition of Property Tax has been an additional burden on the already struggling citizens. However, we firmly assure the people that if the



Jammu and Kashmir National Conference is voted to power in the upcoming Urban Local Bodies elec-tions, the Party will roll back the Property Tax to ease the financial burden on the public and open modern health centres in all the wards of Jammu city

"Our vision for the future of "Our vision for the future of Jammu includes the establishment of new markets for small shopkeepers, creating opportunities for economic growth and prosperity. Additionally, we are committed to provide regular water supply to ensure a better quali-ty of life for all citizens," he empha-sised

The Provincial President asserted that one of the Party's primary goals is to transform Jammu into a modern and Smart City, something that the

present dispensation has unfortu-nately failed to achieve. "We will nately failed to achieve. "We will work tirelessly to create a city that is efficient, sustainable, and technologi-cally advanced, benefiting residents and businesses alike," he added. Meanwhile, Rattan Lal Gupta has constituted a 21-member committee for District Jamen Libra, in view of

for District Jammu Urban in view of upcoming ULB elections. This com-mittee, under the able Chairmanship mittee, under the able Chairmanship of Chander Mohan Sharma, District President of Jammu Urban, will be instrumental in gearing up our party cadre for the smooth conduct of Jammu Municipal Corporation elections. The formation of this committee has been undertaken at the direction of the Party High Command

tion of the Party High Command. The 21-member commi committee includes esteemed individuals who have demonstrated their commitment to the welfare of the people. The members included Chander Mohan Sharma (Chairman), Jugal Mahajan Ayub Malik, Naresh Bittu, Raghbii Ayub Malik, Naresh Bittu, Raghbir Singh Manhas, Ankush Abrol, Ghar Singh, Rakesh Singh Raka, Dr. Vikas Sharma, Dilshad Malik, Rashida Begum, Pinki Khalsa, Tejinder Pal Singh, Ch. Aslam Adv, Ashok Dogra, Subash Bhagat, Gurnam Singh, Ashwani Charak, Parvinder Singh, D.D Mehra and Tarsem Lal.

Rajinder Sharma Mayor JMC inaugurates plantation drive



JI NEWS SERVICE

Sanathan trust organized a plantation drive, the cam-paign was started from Raja Mandlik Dev asthan Patoli Mandlik Dev asthan Patoli Brahmana. Mayor Jammu Municipal Corporation Rajinder Sharma as chief guest, Guest of Honor Director Orthopedics Fortis Hospital Mohali Dr. Ravi Cunta etc. dignitaries were Gupta etc. dignitaries were present on the occasion. During this Mahant Rohit Shastr head of the

trust, told that under this campaign, along with plan-

be Uttam Chand Sharma be Uttam Chand Sharma, a member of the trust. To keep the environment healthy and beautiful, everyone's collective effort is necessary to take care of the plants planted by you Trust Devvani is playing an important role in the upliftment of the society along with promoting Sanskrit. He said that forest does not He said that forest does not mean only trees but it is a whole complex living com-munity which has been of great importance to mankind since prehistoric

The forest is composed of many trees and animals Forest land is home to many types of invertebrate organisms such as bacteria,

tant role in the recycling of nutrients in land and forest. On this occasion, Municipal Corporation Mayor Rajinder Sharma said that this is a good effort of the trust. The tree gives many benefits to nature and man during its entire lifespan

during its entire lifespan. Trees also play an impor-tant role in temperature

That's why people should plant more and more trees. Municipal Corporation will fully cooperate with this campaign trust. Trust Devvani is playing an important role in the upliftment of the society along with promot-

ing Sanskrit. He said that forest does

of great importance to mankind since prehistoric times. The forest is comtimes. The forest is composed of many trees and animals. Forest land is home to many types of invertebrate organisms such as bacteria, fungi which play an important role in the recycling of nutrients in land and forest. On this occasion Dr.

nutrients in land and forest. On this occasion, Dr. Ravi Gupta said that by planting saplings everyone will automatically get oxygen in the environment. It is the responsibility of all of us to keep the environment saplings. He called upon the people to plant at least one tree every month. one tree every month.

On this occasion, the coordinator of the campaign Uttam Chand Sharma said that it is the Sharma said that it is the moral responsibility of every human being to protect the environment. For this we should come forward and inspire others too. To protect the environment.

General Secretary Prabodh Sharma, Pawan Sharma, Sharma, Naresh Raina.Advocate Khajuria, Vijay Sharma eto

too. To protect the environ-ment, we must plant a tree in our life. On this occasion, Trust

JU's School of Biotechnology, Poonch Campus conducted

POONCH, JUL 23: School of POONCH, JUL 28: School of Biotechnology, University of Jammu organized farmer's awareness meet for introduction of Saffron cultivation in non-traditional areas in Poonch district, in collaboration with Poonch Campus, of University of Jammu. The meeting was conducted in hybrid

The meet was conducted under a transdisciplinary Project entitled "Socio-Economic effect of cultivating saffron using in-house developed method" sanction to Prof. Jyoti method" sanction to Prof. Jyoti Vakhlu School of Biotechnology, Dr Shallu Shegal from Dept. of Economics, Dr. Aubid Hussain Parrey from Department of manage-ment, Dr. Sunil Sharma from Department of statistics and Dr. Sheetal Ambardar from institutional research fund of University of Jammu

Prof. Umesh Rai, Honourable Vice Chancellor, JU, who has great vision for University of Jammu, believes that the research at the University level the research at the University level should have some translational effect. Prof. Rai strongly believes that knowledge generated in the University should finally benefit common man. Saffron, heritage crop of Jammu and Kashmir is primarily cultivated in Pampore of Pulwama and Kishtwar region of Jammu. The

demand of saffron is huge and grow-ing day by day due to its use in med-icine and cosmetics in addition to icine and cosmetics in addition to food. However, the yield is on decline due to various reasons climate change and corm rot being two most contributing reasons. In pursuit of increasing the prod-uct, the team led by Prof. Jyoti Vakhlu

conducted pilot field experiment in

Jammu with conducive pedoclimatic conditions to traditional saffron cultivating regions in the years 2018 to 2022. The pilot study led to selection of Poonch district as one of the potential areas for saffron cultivation. These Pilot studies were conducted in collaboration with Mr. Ajjaz Ahmed Bulls a progress former and a school

Farmer Awareness Workshop for saffron cultivation

collaboration with Mr. Aijaz Ahmed Bylla; a progress farmer and a school teacher from Bylla village in Poonch. Director Poonch campus Prof. Rakesh Vaid in his address congratu-lated School of Biotechnology, Poonch Campus University of Jamuu especially Prof. Jyoti Vakhlu School of Biotechnology University of Jamuu (so requisite this awareness Jammu for organising this awareness meet for introduction of Saffron cultivation in non-traditional areas in Poonch district. "Such awareness pro-grammes on Saffron Cultivation at Poonch District will definitely help grammes on Saffron Cultivation at Poonch District will definitely help farmers to increase their income," he added The JU SBH team that included Dr. Shanu Mangora, Mr. Tahir Ali and Dr. Nancy Bhagat have developed and evaluated a bio-formulation that enhances yield of saffron in fields. Now, in the transdisciplinary project funded by University, this study is being up scaled and extended to larger area in non traditional areas in Poonch. The meet was organized to educate 25 selected progressive farmers about cultivation of saffron using in-house technology. Tahir Ali, senior research scholar made presentation about how the saffron cultivation can be done, followed by the demonstration video by Dr. Nancy Bhagat about how to use in-buses tocholegow. This was followed.

Nancy Bhagat about how to use in-house technology. This was followed by the discussion and interaction of farmer with the PI of the project i.e. Dr. Shallu, Dr. Aubid and Dr. Sunil.

Since, the aim of the project is to increase farmer's income in addition to saffron cultivation; the team will

entific methods. In addition, the team would try to market it with efficient marketing strategy for the saffron spice produced at Mandi. Javed Ahmed Bhatt progressive farmer from Pampor region of Pulwama shared his first hand experience in

saffron cultivation practices.
Farmers those who attended via offline as well online mode were very offline as well online mode were very happy with the workshop and prom-ised full support to the mission of saf-fron cultivation in Poonch. Dr Rubia Bukhari Campus officer Poonch Campus while speaking on the occa-sion said that the initiative of School of Biotechnology University of Jammu for introduction of Saffron cultivation in pontraditional areas in cultivation in non-traditional areas in Poonch district is a ray of hope for the farmers of the area to cultivate saffron farmers of the area to cultivate saffron and earn more money to change their way of living, "Poonch Campus is already working with the farmers of the Poonch district to adopt new techniques for the Cocoon production and this new initiative from Prof. Jyoti Vakhlu from the School of Biotechnology University of Jammu has brought era of new revolutions in this border town Poonch,' She said adding further, that in future also adding further that in future such awareness programmes will reness programmes will def initely yield good results. Director SBT, JU Prof. Sanjana Koul

Director SBT, JU Prof. Sanjana Koul and Director Poonch campus Prof. Rakesh Vaid, were present during this interaction. School of Biotechnology acknowledges Ch. Mohd Yasin, Divisional Commisioner Poonch for all the administrative sup-cent. The program was organized by port. The program was organized by Ms. Ritika Mansotra, Ms. Ayushi Verma, Ms. Nitika Sharma and Ms Shallu Changotra research scholars of the Metagenomics lab, School of Biotechnology and from Poonch cam pus Dr. Rubia Bukhari, campus off

Opposition 'day-dreaming', 2024 belongs to BJP: Dr Parneesh

JAMMU, JUL 23: Dr Parneesh Mahajan, Convenor Deptt of Training, Blp J&K, said that the entire opposition camp busy in holding meetings is day-dreaming because 2024 belongs to BlP and no power on earth can change the destiny of PM Modi to retain thumping majority once again in upcoming Lok Sabha rolls.

In a statement given to Media persons, he said that Rahul Gandhi, or any other opposition leader are no match to PM Narendra Modi and it is staunch reality that BJP will come to power once again. He said that deep in heart every opposition leader



including all Congressmen know well that Rahul Gandhi stands nowhere in front of PM Narendra Modi although they are avoiding to say this fact in public for their vulnerability as many Congressmen had to face ouster for speaking the truth about their leader's caliber. The senior BJP leader said that opposition may try all formulas but the matter of the fact is that no leader in its came can match the appropriative

the matter of the fact is that no leader in its camp can match the popularity of PM Modi. "As there is no chal-lenger to PM Modi's popularity therefore 2024 belongs to BJP and whatever efforts are being made by the opposition by holding delibera-tions in east, south or any other region in the country, they are sup-posed to go in vain as the PM Modi is indomitable", he said adding that indomitable", he said adding that Modi Government has delivered more in the last nine years than others have in the last several decades.

BJP is working with an all-inclusive approach Vasudev Kutumbhakam: Rekha Mahajan

JAMMU, JUL 23 : Keeping JAMMU, JUL 23: Keeping in practice to continuously review and plan its future strategies, BJP District Jammu South led by its President Rekha Mahajan carries its agenda of strengthening its ground-level etwicken a general level structure a step fur-ther by holding a monthly meeting of Gandhi Nagar Mandal in Bahu Constituency regarding future course of agendas. During the interactive ses-sion with Party cadres, Rekha Mahajan said that the party's win is decided by the performance of the party at the "Shakti Kendra" level, so this whole program is organ-ized. meeting of Gandhi Nagar Mandal in Bahu

Mandal President Bharat Mandal President Bharat Bhushan, District General Secretary Pushpinder Singh, District Vice President Narinder Koki, Mandal General Secretaries Rachit Khosla and Suraj Rana are prominent pres-ent in the meeting. Rekha Mahajan tossed

light on the glorious proud history of BJP which is full

ed partymen. She asked all ed partymen. She asked all party workers including Shaktikendra Pramukhs to take this as an opportunity to connect with the people and term election as the festival of democracy, she prompted all to take all the public welfare schemes of the Modi government to the Modi government to the common masses. Rekha said that we are living in a times of facts and figures and also there is an ever-increasing need to counter the negative propaganda of opposition promptly. Rekha Mahajan high-lights that the booth-level

activist forms the building block and pillar of the party. She explained that the Shakti Kendra signifies an entity in between the Mandal i.e. Block and Polling Booth that can be compared to the Wards in the Urban areas thus including average Polling Booths per Shakti Kendra. Rekha said that BJP is

Kekha said that BJP is working with an inclusive approach "Vasudev Kutumbhakam", while the opposition is working on the negative propaganda, but we have to take J&K to the top slot, she insisted in

her address to party work

ers. She said that due to the hard work of the workers, the BJP has emerged as the largest party, and in the coming tomorrow, the BJP party will be formed in J&K's next assembly election, and the future the golden letters of history is will be written that BJP will be the first Chief Ministe pe the first Chief Minister in Jammu and Kashmir. She emphasized that the cadre will work for the best possible results from J&K as the party is getting always

NSF celebrates 117th birth anniversary of Chander Shekhar Azad

JAMMU, JUL 23: National Secular Forum (NSF), Jammu Unit organized a programmed in Jammu University, and on the Birth anniversary of Azad who laid his life for the country. who laid his life for the country, Amid slogans "Azad Amar Raha "inqulaab Zindabad" Bharat Mata ki jai and the activists of NSF paid trib-utes to Azad and garlanded the por-trait of the son of soil. A programme in this connection was organized wherein Dr Vikas Sharma Coordinator Jammu District (Irban) and Zonal Socretary IKNC

(Urban) and Zonal Secretary JKNC was the Chief Guest while TR Sharma KAS (Retd), Presided over the func rion. Dr Sukhdev Singh State President NSF was the guest of hon-our. Speaking on the occasion, Dr Vikas Sharma appreciated the initia-

tive taken by the NSF member to remember the birth anniversary of Article 370, bifurcation of Jammu Azad. He said that when arrested and produced before the magistrate, he gave his name as 'Azad', his father's name as 'Swatantra' and his residence as 'writerol'. He have considered to be a leading to the said of the s as 'prison'. He was considered to be one of the most famous revolutionaries of the Independence movement. Dr. Vikas Sharma also said that ever since BIP took over the reign into its since BIP took over the reign into its hand, besides the general public, majority of youth have totally been broken and gone into a state of desperation due to anti youth policies of the present government. He added that growing unemployment was a matter of great concern as the present regime has miserably failed to create job opportunities for the youth.

He mentioned that peough have

He mentioned that people have suffered a lot during the last four

self-centered outlook and contribute in the development of the nation. Dr Sukhdev Singh State President NSF, in his speech said that the sacrifices of such great people could not be ignored, which had secured freedom ignored, which had secured freedom for the country and its people. Roshan Sharma University President delivered the welcome address and Viskhay Vashist District President delivered the vote of thanks. Among others who spoke were Narinder Singh, Abhishek Uppal, Aditya Khajuria, Tufall Reyaz Khan, Punnet Bakshi, Adiiya sharma and

Punnet Bakshi, Aditiya sharma, and

Raj Rattan seeks capital punishment for perpetrators in humiliation of two women in Manipur

JAMMU, JUL 23: BJP leader Raj Rattan Raina today expressed deep anguish and concern over the recent incident of the heinous humiliation of two women in Manipur. In a strong statement, he called for swift and severe punishment for those respon-sible for perpetrating such a disgrace-

ful act.

The incident, which has shocked the nation, involved the humiliation and mistreatment of two women from Manipur. The perpetrators of this reprehensible crime must face the full force of the law, Raji Ratan Raina said and firmly believes that such a

brutal act demands the highest level of punishment to send a clear mes-sage that society will not tolerate any form of violence, abuse, or disrespect towards women. Raj Rattan stated, towards women. Raj Rattan stated, "Our society cannot progress if we fail to protect and respect the dignity of our women. Such acts of violence not only cause immense suffering to the victims but also reflect a larger prob-lem that needs to be addressed with utmost seriousness."

He emphasized that justice must be served swiftly and effectively as any

served swiftly and effectively, as any delay could undermine public trust in the judicial system. He urged the concerned authorities to conduct a thorough investigation and ensure

that the guilty are brought to justice without any leniency.

"As a society, we must unite against

any form of violence and work any form of violence and work together to create an environment where women feel safe and empowered," he said, urging citizens, community leaders, and law enforcement agencies to collaborate in fostering a culture of respect and gender equality. The BJP leader also urged the public to extend their support and empathy to the victims and their families during this difficult time. Providing them with a sense of security and assurance, along with delivering justice. assurance, along with delivering jus-tice, is crucial for restoring their faith in humanity and the legal system.

STO to organises Tiranga Yatra from Aug 1st



JI NEWS SERVICE

JAMMU, JUL 23 : Salute

that the upcoming 'Tiranga Yatra' is going to be organ-ised by STO." The journey

2023 at 11:00 am, the Yatra will be inaugurated with a Shikara rally on Dal Lake in

the spirit of nationalism, he

During the journey, STO will actively participate in various social activities and

various social activities and visits to old age homes and educational institutions," Jha mentioned.

On 15th August 2023 at 8 AM, a grand flag hoisting and convention will be organized in Japany with organized in Jammu, with the participation of nationalist brethren from across India, Jha stated.

In a press conference the National Organizing In a press conference the
National Organizing
Secretary Satchidanand
Pokhariyal Sanpathan
Mahamantri, Sri Sampat
Saraswat Jammu Kashmir
Prabhari, Sanjay Saraf
Rashtriya Mahamantri,
Muzzafar Hussain Kalal,
Pradesh Adhyaksh were also present.

Vice President expressed his pain over weaponization of disturbance in the temples of democracy

members for their narroy

agenda, he asked the stu-dents to be inquisitive

and focus on objectivity when dealing with such situations. "It is surpris-ing that those who had the occasion to serve this

the occasion to serve this country in one position or other, the moment they lose their position, they turn Nelson's eye to the great advance-ment that our country is making all around. I urge young bright students to neutralize and decimate

neutralize and decimate such anti-India narrative.

Such misinformation can't be allowed to be traded freely," he stressed.

Describing transpar-

corruption, middle men

and power brokers find no

The Vice President, Shri Jagdeep Dhankhar today mphasised that democ racy is all about dialogue ssion, deliberation and debate, and called disruption & disturbance antithetical to democratic antithetical to democratic values. He also expressed his pain and concern over the fact that "disturbance has been weaponized in the temples of democracy that should be functional 24*7 to ensure justice to the people at large." Calling upon everyone

Calling upon everyone to act to preserve and sustain the essence of good governance, democratic values, Shri Dhankhar underlined that the can be no alibi for of Jamia Millia Islamia at Visuvan Bhawan today, the not making Parliament functional every second. Stating that the people of this country are paying a huge price for it, he highlighted, "When there is



benefit of the government. Not having question hour can never be rationalized when you think in terms

Vice President underlined that disagreement and dis-sent are natural part of sent are natural part of democratic process, but "turning disagreement into hostility is no less than a curse for democra-cy." Cautioning that 'oppo-sition' should not turn into

from being among the 'Fragile Five' economies to being among the 'Top Five' economics in the world today, the Vice President said that with India's remarkable growth, there are bound to be challenges on 'Your progress can't

too. "Your progress can't be to the liking of every-one. There are perni-cious forces with sinister designs to taint, tarnish designs to taint, tarnish and demean your institu-tions and growth story," he said while exhorting the young minds to take initiatives and neutralize such forces.

institutions also use our students and faculty our nature." VP further said that

corruption as antithetical to equitable growth and equal opportunities, and found it soothing to note

equal opportunities, and found it soorthing to note that "all escape routes of violators of law engaged in corruption have been largely plugged."

Congranulating all passing out students for entering a new phase in their lives, the Vice President emphasised the need for students to become innovators and entrepreneurs so that our young students emerge as job creators rather than job seekers.

Stating that it is not in national interest to compromise economic nation.

promise economic nation alism for fiscal gain, Shri ency and accountability
as the main focus area of
the present government,
Shri Dhankhar said that
in economic nationalism."

While emphasising on lighted, "When there's is disruption in parliament on a particular day, there can't be Question Hour-can't be Question Hour-sality is no less dusting the said while exhorting the voying minds to take than a curse for democration by the said while exhorting the voying minds to take the vice President also go, stakeholders in corruption have converged into a such forces.

Referring to some for injustified the voying minds to take the vice of ingual forces to find cover addition to larger societal on use forces.

Referring to some for injustified the vice of inguilt the voying minds to take the vice of injustified to the vice of injustified the vice of injustified to the vice of injustified to the vice of injustified the vice of injustified to the vice of injustified the vice of injustified the vice of injustified to the vice of injustified the vice of injustif academic achievements

not by political intoxi cation but through the mechanism of capacity building and personality development," he added. Praising the NEP-2020

Praising the NEP 2020 for providing greater flexibility and bringing joy of learning. VP expressed confidence that this visionary polley will catalyze to the big change. Noting that in some parts of the country, there is a requirement of adopting this policy, he expressed hope that everyone will be able to reap the benefits of this policy. Calling every citizen as the trustee of the country's natural resource. country's natural resourc-es, the Vice President called for equitable distri-bution of these resources. "Let's have a culture

mum, as per your need, not as per your financial capacity," he added. capacity," he added.
Shri Dharmendra
Pradhan, Union Minister
of Education; and Skill
Development & Entrepreneurship, Prof. Najma
Akhtar, Vice-Chancellor,
Jamia Millia Islamia University, faculty, students
and other eminent personalities were present on
the occasion.

that utilisation of natural

resources would be opti

5th Helicopter & Small Aircraft Summit to be organised on 25th July at Khajuraho, MP

Small Aircraft Summit is to be jointly organised by the Ministry of Civil Aviation, Government of Madhya Pradesh, Pawan Hans Ltd. and the Fed-eration of Indian Cham-bers of Commerce and bers of Commerce and Industry (FICCI) on 25th bers of Commerce and Industry (FICCI) on 25th bers of Commerce and Industry (FICCI) on 25th bers of Commerce and Commercitivity through Indicopters & Small Aircraft'. It will be inaugurated by Shri Jyotiraditya M. Scindia, Union Minister of Civil Aviation & Steel. The event format includes an inaugural session followed by a session followed by a technical session.

of the Summit are:
Provide a common
platform for all indus-

copter & Small Aircraft connectivity to places with existing and poten-The 5th Helicopter & tial tourism hotspots by providing uninterrupt ed services. Helicopters and small aircraft play integral roles in India's transportation ecosys-tem. Civilian helicopters tem. Čivilian helicopters contribute to improved accessibility, particularly in remote areas, while offering tremendous potential for tourism, allowing travellers to experience scenic land-scapes and cultural des-tinations in unique ways. Other roles of helicopter service include emergen-cy medical services and cy medical services and disaster management during floods, rescue operations etc. Similarly, small air-crafts provide efficient

The broad objectives and convenient trans-the Summit are: portation options for Provide a common business and leisure travellers, enhancing regional air connectivplatform for all indus-travellers, enhancing try stakeholders, and regional air connectiv-policymakers to discuss ity and promoting the the growth story of the Enhance the scope is mindustries mutually of the UDAN Scheme in remote and hilly ter rains and expand the country's rural to urban connectivity. Boost Heli-

Traditional medicine effectively highlighted in all health and engagement working groups meeting and Ministry of Ayush acknowledges these efforts: Secretary Ayush

in an important interaction with G20 engagement
groups held at New Delhi.
Thakur, Additional Secretary, MoHFW, Shri Abhay
groups held at New Delhi.
Thakur, Additional Secretary, MeH. Chairs of vari
usengagement goups and
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working groups. We need to
mpility the importance of
Ayush for being at the force
front of actively collaborating with all engagement and
working groups. We need to
mpility the importance of
Ayush practices in achieving Holistic health and Well-In an important interac

cha, Secretary, Ministry of Ayush, Shri Lav Agar wal Additional Secre-

being."

He added that "Tradi-tional Medicine" is very important because it has been an integral resource of health for centuries in set. We have been working India, and there is a need to amplify Ayush practices in achieving holistic health and the least of the and all have a clear view in terms of acceptance of the edith at World Health Organisation has come up with a dedicated WHO Global Centre for Traditional Medicine (WHO CCTM) in India, and this center will harness senior officials participating model of the analysis of the control of the en an integral resource

Agarwal said, "The world is talking about the concept of integrative health or holistic health in terms of approach-ing all the health challeng-es. We have been working

tion acknowledging the potential role of the Tradi-tional Medicine.

On this occasion Vaidva On this occasion, Vaidya Rajesh Kotecha personally complimented the leader ship of engagement and working groups for contributing in the area of traditional medicine through their recommendations and insightful deliberations. He said that the main objective was to share court/bution of the Ministry of Ayush under India's G20 presidency and it was achieved successfully.

effectively highlighted in all health working group meet-ings and Ministry appreci-ates these efforts.

While welcoming the august gathering, Shri Rahul Sharma, IS, Ministry of Ayush, highlighted the role of Ministry of Ayush in actively building dialogue around Traditional Medicine with various engagement, and working groups of G2O." As the leaders of the world major economies convene for G2O summit, it is imperative to contemplate the pivotal role Tradit While welcoming the Medicine. emerged a strong likelihood it was achieved successfully. plate the pivotal role Tradi-In his address Shri Lav that the health declaration Traditional medicine was tional Medicine can play in

Global social wellness, and lize G20 platform to proj contributing in advancing ect India as driver of Global Medical Knowledge and Traditional Medicine and developing new ments.", He said. Treat-

ments.", He said.

Dr. Bhavana Prasher,
Senior Principal Scien
tist, CSIR: IGIB highlighted Ayush engagement
with G20 engagement
groups like Think20, Science20, Startup20, Civil20,
Women20, Youth20 and
Agriculture20. Chair of
respective engagement respective engagement groups functioning within the purview of India's G20 presidency talked about tary, Ministry of Ayush were coordinated efforts to uti-present on this occasion.

recommendation to achieve this vision

Prof. Sachin Chaturwedi. Prof. Sachin Chaturvedi, DG, RIS and Chair ZO, Shri Chintan Vaishnay, India Chair, Shri Rajiv Vasudevan, MD & CEO, Ayurvaid Hos-pitals, Dr. Subrata Sinha, Ex VP INSA & Professor AlbiS, Dr. Priya Nair, Work ing Group Coordinator of Amrita Hospital, Dr. Tanuja Nesari, Director of Alla, and Kavita Garg, Joint secre-tery, Ministry of Ayush were Lary, Ministry of Ayush were

FROM THE FRONT PAGE...

Make sure every possible...

Ite also inaugurated langar installed by CRPF, distributed jure bags and vermi-compost bags to the pligrim. Jackets sponsored by JaK Bank were also distributed by the Lt Governor among service providers.

Dr Mandeep Kumar Bhandari, CEO, Shri Amarnath Ji Shrine Board, Sh Vijay Kumar, ADCP Kashmir; Sh Suji Kumar Singh, DiG and other senior officers of UT Administration, Shri Amarnath Ji Shrine Board, Police and Army also accompanied the Lt Governor.

NIA exposes international...

the commission of terrorist activities against India.
"Kinda is involved in various offences like smuggling of arms, ammunition explosives and drugs into Indian territory from Pakistan, recruitment of BKI operatives, murders, raising funds for BKI through extortion in the states of Punjab and Maharashtra," the spokesperson

The official said Rinda has been involved in many ter rorist activities, including the RPG attack on the Puniah Police Intelligence headquarters in May 2022, and was declared an "individual terrorist" along with Dala and

declared an 'individual terrorist' along with Dala and Landa by the centre, the agency said. Moga resident Dala is an infamous gangster who left for Canada sometime back and came in contact with Hardeep Singh Nijiar who was the chief of proscribed terrorist organization KTF, according to the spokes-

The duo engaged in the recruitment of youth and formation of terrorist gangs for carrying out extortion for raising funds for KTF and for carrying out targeted killing of businessmen and leaders of particular communities in Punjab, the spokesperson said.

The official said Landa of Tarra Taran was initially involved in criminal and gangster activities and left for Canada in 2017 where he came in contact with Rinda.

Landa started working for the BKI and emerged as the main accused in a number of terrorist incidents.

Landa Statieu working for the box and emerged as the main accused in a number of terrorist incidents, including the RPG attack on Punjab Police Intelligence headquarters and RPG attack on Sarhali Police station in Tarn Tarian in December, 2022. He was also the mastermind of the conspiracy to kill

The was also the mastermina of the conspiracy to kill Punjah Police Sub Inspector Dilbagh Singh in August last year, the spokesperson said.

The agency said other foreign based chargesheeted operatives of BKI include Harjot Singh who is currently in the USA, Kashmir Singh Galwadid, who is abscond-ing in the Nabha Jailbreak case and suspected to be presently in Nepal, and Landa's broyher Tarsem Singh,

currently in Dubai.

currently in Dubai.
Gurjant Singh, who is hiding in Australia, is amongst the foreign-based nodes of KTF who has been chargesheeted, the spokesperson said, adding other accused chargesheeted are Deepak Ranga and Lucky Khokhar alias 'Denis', who were recruited by foreign-based handlers for carrying out terror activities in India. (Agencies)

No scope for politics...

Tension further mounted last week after a video pur-portedly shot on May 4 surfaced online, showing two women from one of the warring communities being paraded naked by a group of men from the other side. Meiteis account for about 58 per cent of Manipur's population and live mostly in the Imphal valley, while

tribals, including Nagas and Kukis, constitute 40 per cent and reside mostly in the hill districts. Singh, the Minister of State for Prime Minister's Office, alleged that the Opposition has always been doing selective condem nations of killings and other human rights violations

nations of killings and other human rights violations.
"It is because all the opposition parties have always followed singular agenda of finding faults with anything related to the Narendra Modi government. And in their keemness to condenn and find faults, they go to the extent of finding fault with mother India," he said.

On the Congress-led opposition unity efforts ahead of the 2024 general elections, the minister said their joining hands itself means that they are feeling weak and are coming together to find out how best to live up to the challenges posed by the Bharatiya Janata Party (1919) under Modi.

Asked about the reported remarks of TMC supremo Bancrijec that the Pulwama attack was "stage managed", he said the statement is the echo of what Pakistan is saying.

ymg. "They say it was stage-managed, something that ould be like talking on behalf of Pakistan... In matters of national interest, it has been a tradition, convention and practice over the past 75 years of independence that all political parties should rise above politics as far as the Pulwama incident is concerned," Singh added.

Rains lash Jammu...

Kupwara have advised the people living in Keran, Karnah, Machill, Budnamal, Jumgund, Nowgam, Kum-kadi and those in the periphery of different nallahs and rivers prone to floods and sloppy areas to refrain from venturing in avalanche prone areas till the improvement

of the weather

of the weather.
Srinagar and its adjoining areas experienced intermit-tent light to moderate rains that waterlogged many low lying areas, disrupting normal life.
Srinagar received 9 mm, Qazigund 22.3 mm, Pahal-gam I74 mm, Kupwara 4.5mm, Kokernag 2.8 mm, Gul-marg 19.4mm, Jammu I. Zimm, Batibal 4.2 mm, Katra 48 mm, Bhaderwah L8mm and Batote 19.3 mm during the past 24 hours rill 8.30 AM on Sunday, the MeT office said.
Srinagar, the summer conital of the contractions of the contraction of the contractio

Srinagar, the summer capital of Jammu and Kashmir samagar, inc summer capital of Jammu and Kashmir, recorded a minimum temperature of 19.3°C, Qazigund 18.9°C, Pahalgam 13.9°C, Kupwara 17.0°C, Kokernag 17.1°C, Gulmang 11.0°C, Jammu 24.5°C, Banihal 17.6°C, Batote 18.0°C, Kara 21.2°C and Bhaderwah 18.7°C, the MeT office said.

Fresh batch of pilgrims...

in Anantnag and Baltal in Ganderbal districts on July "The 21st batch of 3,691 pilgrims left Bhagwati Nagar ase camp Jammu for the valley in a convoy of 141 vehi-

cles this morning," an official said.

He said while 2,203 pilgrims are heading for Pahal gam for their onward journey to the cave, 1,488 pilgrims are heading for Baltal base camp. (Agencies)

400 metres from the International Border, around 8 am, the officials said.

They said the powerful mine was later detonated by experts at the scene without causing any damage.

Another Punjab...

the fourth accused arrested in connection with a firing incident at Rangoor near the International Border in Samba district during the intervening night of June 11 and 12, a police spokesman said.

and Lz, a poince spokesman said. He said Jaswal was working as a guide of his associ-ates at the time of the midnight firing and had fled the scene on a motorcycle, taking advantage of darkness. However, he was arrested by the Punjab Police on the request of the Jammu and Kashmir Police, the spokesman said, adding a police team from Samba was deputed to Punjab and has taken custody of Jaswal

was deputed of a man and a man and a man and a for interrogation.

Earlier, three alleged heroin smugglers, all from Punjab, were arrested at Radian in Ramgarh sector of Samba while they were fleeing after firing on some

uths who reportedly intercepted them after observ

youths who reportedly intercepted them after observing their movement at Rangoor. One of the accused and a local youth were injured in the firing.

A car along with heroin worth Rs 14 crore, Rs 93,200 in cash and a pistol with some ammunition were recovered from the possession of the arrested accused, while a special investigation team was formed to crack the case, the spokesman said.

Meanwhile, the police in Poonch district have detained a drug peddler under preventive custody for one month following complaints.

There has been a large number of complaints against Banaras Khan, a resident of Kota village of Mendhar, that he is luring the youngsters into drugs.

Khan was apprehended and produced before a magistrate who sent him to the district jail in Poonch under preventive detention for one month, the police spokes

preventive detention for one month, the police spokes ian said. (Agencies)

Youth Inclusiveness

that the Modi government has done splendid work in the last nine years and there has been massive devel opment in all fields. The people of all sections have been taken care through various schemes of the Modi government. He said that instead of mere sloganeer-

government. The said that instead of mere sloganeering, Narendra Modi government has done real work on ground, which has been highly appreciated by everyone, irrespective of region, faith or caste.

Surject Singh Salathia also spoke the Narendra Modi govt has fulfilled the aspiration of youths and also did tremendous work in healthcare, education, road connectivity fields and social security schemes, which has initiated an era of peace, progress and prosperity with people leading dignified lives.

Speaking on the Occasion Arun Prabhat Singh welcomed all the Youths into the party and also assured that IJP is the only party who did justice with the Youth of Jammu Kashmir.

Speaking on the Occasion Akash Singh Salathia

Speaking on the occasion Akash Singh Salathia thanked the BJP leadership, and also assured the party that he will work hard to take the motto and ideology of the party at grassroot level Youth who joined are Neeraj Singh, Nitin Balloria,

Vishal Singh Jamwal, Gulab Singh, Abhishek, Ishwar Saini, Sikander Singh, Rohit Singh, Sangram Singh, Naveen Jamwal, Mohit Chib, Abhishek Panday, Narot

tam Manhas, Varun Chib, Nitin Balloria and others The proceedings of the programme done by Abhish Singh Salathia (State Gen. Secy. BJVM) & Akhil Prash also present there.

BJP OBC Morcha Conducted Public meeting in Kulgam, South Kashmir

SRINAGAR, JUL 23 Sunil Prajapati (State President BJP OBC President BJP OBC
Morcha) on four days Visit
to kashmir along with
Fayaz Ahmed Najar (State
General Secretary BJP OBC
Morcha), Sajjad Hussain
Kumhar (State General
Secretary BJP OBC Morcha
), Sheraz Ah Kumar
(District president kul-(District president kul-gam),Mohd Aamin Sheikh (District president Annantnag), Muzfar Ah Kumar (Prabari Shopion), Mushtaq Ah Sheikh Kumar (Frau...)
Mushtaq Ah Sheikh
(District president
Shopion),District General
secretary Khurshid Ah
hajam, Sartaj Ah Constituency Presidents kulgam, Mohd Yaseen wagay Constituency President DH Poro and

President DH Poro and other dignity are also present in this meeting.

Sunil Prajapati has asserted that People across the nation are highly impressed by the policies of Prime Minister Sh.



Narendra Modi led Govt at the Centre and this stands proved by the fact that more and more People joining Bharatiya Janata Party marking their entry into party fold.

Sunil Prajapati said that Sunil Prajapati said that Bharatiya Janata Partye (BJP) has initiated several Pro - People policies for the obc's like Pre-Matric, Post Matric Scholarship, Post Matric Scholarship, StartUp India, Make in India, Skill India Mission, Fit India Movement, Beti Bachao Beti Padao, Digital

India Mission, which focus mainly on youth welfare including the female folk as they constitute the most proactive component of the society that can bring the requisite transformation of

the nation and its people. He also said that BJP ide-

Betrayed earlier by the Previous Governments by Diverting their Reservation kota by making unconstitu-tional RBA Category.

He also said Pasmanda muslim samaj in kashmir is also in anger against the

Governments.

While addressing
Pasmanda Samaj in
Kulgam Sunil Prajapati
said the People of kashmir
Will give befitting reply to
regional Parties in upcoming elections.

Darakhshan presented Rashtriya Prerna Awards at Indore



JI NEWS SERVICE

BHOPAL, JUL 23: Minister of State and Chairperson J&K Waqf Board Dr Darakhshan Andrabi today present-ed Rashtriya Prerna Awards 2023 today at Indore during a very colour-ful event held by India Book of Star Records in association with Rashtriya Vaikalpik Upchar Paddhati Parishad participated in the event s the Chief Guest while as Member f Parliament from Indore Shankar

Lalwani also graced the event.

Rajib Pal, the Director of the IBSA sketched the achievements of the awardees in the Vishwaguru Bharat awardees in the Vishwaguru Bharat National Debate held on the occasion. Awards were presented by Dr Andrabi to the people from different walks of life for their innovative and inspiring contribution. Speaking on the occasion Dr Darakhshan said that India has emerged as the global leader under the leadership of the Prime Minister Shri Narendra Modi.

"The talent of India has become the inspiration for all globally. Indian mind power has begun leading the world. The Prime Minister had infused new energy into the brilliant minds of India. Our innovative and scientific approach is being acknowl-edged throughout the world", said Dr edged throughout the world', said Dr Darakhshan Andrabi. She empha-sized on the awardees to continue their unique work in their respective fields and also inspire others to go things differently so that they also join the vast contributor's club of ledia.

She applauded the efforts of the organisers for felicitating the talented people from different walks of life at National level. "We all need to cele-brate the talent of India at different

levels.

We have to strengthen the innovation culture in the country so that we
are able to enhance the speed for
achieving the status of a developed
nation with the ability to lead the
world towards common good and
prospertive, said Dr. Andrabi

Perpetrators of heinous act must face harshest punishment under the law: Pritam Saini on Manipur incident

JI NEWS SERVICE

IAMMU, IUN 23: Pritam Singh Saini JAMMU, JUN 23: Pritam Singh Saini, National Vice President of Gantantrik Samaj Sangathan (GSS) and President of All Jammu Kashmir Kshtriya Saini Sabha, has expressed profound shock and condemnation over the recent horrifying incident in Manipur, where two women were paraded naked amidst the ongoing violence in

In a statement issued here today. In a statement issued here today, Pritam Singh Saini has called for an impartial judicial investigation into the incident and demanded swift and severe justice, including capital pun-ishment for the culprits involved. Pritam Singh Saini emphasized that an impartial judicial junity is sessen.

an impartial judicial inquiry is essen-tial to uncover the truth behind this reprehensible crime and to hold those responsible accountable for their actions. "The incident of two women



being subjected to such heinous and inhumane treatment is deeply dis-turbing and highlights the urgent need for swift action to ensure justice

is served," he added.

"The perpetrators of this heinous act must face the harshest punishment under the law, leaving no room

for mercy," he said and urged the judicial authorities to expedite the investigation process and ensure that justice is meted out swiftly to provide solace to the victims and their fami-

He said that the incident has sent He said that the incident has sent shockwaves across the nation, demanding a comprehensive and unbiased inquiry to restore public trust in the rule of law. He expressed solidarity with the victims and their femilies promising supersigning. families, promising unwavering sup-port during this distressing time.

"It is crucial that we, as a society, stand united against such acts of vio-lence and work collectively to create an environment where the safety and an environment where the salety and dignity of all individuals, especially women, are protected," Pritam Saini said and called upon the citizens and law enforcement agencies to join hands in ensuring that the guilty are brought to justice swiftly.

IIM Jammu to hold 8 Day Holistic Orientation Program

JI NEWS SERVICE

JAMMU, JULY 23: Indian Institute of JAMMU, JULY 25: Indian institute of Management (IIM) Jammu will be holding a holistic 5-day Orientation Program for the 4th Batch of Ph.D. (Full time) (2023-26), 2nd Batch of Ph.D. (Working Professionals) (2023 -26), 8th Batch of MBA (2023-25), 2nd Batch of MBA (HA&HM) (2023-25), 3rd Batch of EMBA (2023-25)and 1st of EMBA (CA&M) (2023-25) from 24th July to 31st July 2023 at its state-of-the-art permanent campus at Jagti,

Jammu.

The idea Associated with this Orientation Program is to acquaint the incoming students with the culture, academic opportunities, ethos, and general rules of IIM Jammu. The

programme will help in facilitating a elcoming environment for the new aspiring students and their families to

aspiring students and their families to meet and have open communication with the faculty, staff, senior students, and all key activity heads of the Institute under one roof.

During the Orientation Program, each day will commence at 600 AM with 'Maximize Happiness and Mindfulness' sessions conducted by Mr. Sahil Mehra, Yoga Guru. It is imperative to build strength, awarenses as well as harmony in both mind ness as well as harmony in both mind

The orientation also will have a session titled, "The Path Less Travelled: Embark on Meaningful Learning Journey" by Bochasanwasi Shri Akshar Purushottam Swaminarayan Sanstha, Delhi.

The programme will be formally inaugurated on 24th July 2023. Dr. Milind Kamble, Chairman, BoG, IIM Milind Kamble, Chairman, BoG, IIM Jammu, will preside over the function and deliver the presidential address. Prof. B.S. Sahay, Director, IIM Jammu, will deliver the welcome address. Prof. Manoj Singh Gaur, Director, IIT Jammu, and Prof. (Dr.) Shakti Gupta, Director, AIIMS Jammu, will also deliver their wel-come address. ome address

Top bureaucrats, and industry speakers, are also invited to address the new batch and motivate them for their academic journey at IIM Jammu, including Anand Kripalu, MD & Global CEO, EPL Limited (Blackstone), Dr. Vijaysinh.

Modi Govt realizing dreams of people of J&K: Kavinder Gupta

BJP leader and former Deputy Chief Minister, Kavinder Gupta said that Kavinder Gupta said that the BJP Government led by PM Narendra Modi is leav-ing no stone unturned to fulfill the aspirations of the people of J&K by ensuring holistic development and prosperity. Addressing a gathering after starting development works in different wards of

works in different wards of Jammu city, Kavinder said that BJP through its strong that BJP through its strong credentials has proved today that democracy has fully flourished in India when it gave chance to Narendra Modi, a leader from a humble background to sit on the highest chair of the country.

the country.

The former Deputy Chief Minister said that peace and progress is the mission of BJP-led Government at of BJP-led Government at the Centre and the way the development is being car-ried out sooner than later all the dreams of the people of J&K will be realized without discrimination, prejudice or lopsidedness. He said the revolutionary steps taken by the Modi-led dispensation includine led dispensation including abrogation of Article 370 made it possible for the people to avail all the bene-fits which were readily fits which were readily available to their counteravailable to their counter-parts in other parts of the country but the same were denied to J&K residents due to short sightedness of political class that ruled the region in the past over 70

Kavinder, Baldev Billawaria initiate development works worth Rs 1.70 cr at Wards No 47, 51, 68, 70

BIP-led Government at the BJP-led Government at the Centre will not disappoint any of the countrymen who had reposed faith in the leadership of PM Modi not once but twice. He asked the party cadre to create connect with the masses to city
At Ward No 70, the for-At Ward No 70, the for-mer deputy Chief Minister along with Deputy Mayor Baldev Singh Billawaria, Councillor Narinder Singh Bunty and prominent resi-dents of the area started strengthen party at grass-roots level. He said disdevelopment work of an environmental park at Sector -E with an estimated roots level. He said dis-pensing information on the public welfare schemes among people is the best way to convince them about bountifulness of BJP as this will make strong-hold of the party both in urban as well as rural ham-lets. cost of Rs 30 lakhs

cost of Rs 30 lakhs.
At ward No 51, Kavinder
Gupta along with
Corporator Rajkumar
Tarkhan and Vinay Kumar
Gupta former District
President initiated development work of a tile work
at Mohalla Guijran with an
estimated cost of Rs 30
lakhs. On the occasion residents of the area comprise along with Baldev Singh Billawaria, Deputy Mayor Jammu, Councillor Rajkumar (Ward No 51), dents of the area compris Rajkumar (Ward No 51), Councillor Narinder Singh Bunty (Ward No 70), Councillor Sharda Kumari (Ward No 47) and Councillor Anil Kumar (Ward No 68) kick-started development works worth Rs 1.70 crore in the aforeing Jagdish Raj Proch(Ward President), Proch(Ward President), Vinod Gupta, Jeewan Singh Charak, Noor Hussain, Nazir Ali, Gul Mohd, Lal Din, Peer Mohd, Alif Din, Khush Mohd, Majid Ali, Abdul Sheen,

said four wards of Jammu Abdul Meen, Hussain, Khan Hussain, Khan Mohd, Farman Hussain, Mohd Rafiq, Nazir Choudhary, Lal Mohd, Shean, Sarab Din, Mohd Saleem, Shah Mohd, Fareed, Sadiq Ahmed, Sardar Nirmal Singh, Pankaj Sharma, Naresh Sharma, Mirza Baghat, Dinesh Malhotra, Virusl Sharma, Balvinder

Vimal Sharma. Balwinder Kumar and Rakesh Kumar Kumar and Rakesh Kumar were present. At Ward No 68, Kavinder Gupta along with Corporator Anil Kumar, party workers and prominent residents of the area started development work at Lane No 55 Greater Kailash with an estimated Kailash with an estimated costs of Rs 40 lakhs

costs of Rs 40 lakhs.

At Ward No 47,
Kavinder Gupta along with
Corporator Sharda Kumari
kick-started development
work worth Rs 70 lac in
presence of party workers
and prominent citizens of
the Ward at Kachha Talab

Kali Dass elected Chairman, Sham President of Barwala Biradari



JI NEWS SERVICE

JAMMU, JUL 23 : Barwala Biradari JAMMU, JUL 23: Barwala Biradari members residing in and outside Jammu Province today gathered at Aijal Malal village of District Jammu in a congregation to elect office bear-ers of Biradari to represent aspira-tions of community members and to address visious issues conferming. address various issues confronting members of Biradari. It deserves mentioning here that election for various office bearers of Biradari has been conducted after nearly two

had threadbare discussion on the issues related to the welfare of the Biradari , employment share , eco-nomic condition along with social status of the families of the Biradari. Political representation and other issues were also discussed.

issues were also discussed.

Members after detailed discussion, decided to elect new team for the Biradari with dedicated and honest members who can represent the Biradari with devotion and to set agenda for future generations. It was also decided to have election for the also decided to have election for the

team after every two years.

On this occasion, members of the

Biradari unanimously elected Kali Dass as Chairman, Biru Mal elected as Vice Chairman and Sham Lal as as Vice Chairman and Sham Lal as President by raising their hands in the august gathering. Those who were elected Vice Presidents include present Sham Lal, Mohan Lal , Romesh Chander, Capt Gopal Dass , Rattan Lal, Kuldeep Raj , Kali Dass Suraj Parkash , Om Parkash , Baku Ram Mohal Lal , Om Parkash , Bir Kumar , Tara Chand, Bachano Devi, Sema Devi

General secretaries elected on the occasion include Jagu Radha, Mukesh Kumar, Gopal Dass Mukesh Kumar, Gopal Dass Bandana Devi, Arti Devi, Seema Devi Labha Ram Roshni Devi Skinder Lal, Robit Kumar, Bachat Kumar, Bachat Lal, Gorkha Ram, Ramesh Lal, Adan Lal Suresh Kumar, Pawan Singh, Raj Kumar Jyoti Devi Gabar Singh Baldev Raj, Sawarn Lal, Sarfo Devi, Badmo Devi, Jarsem Lal, Further Leeted Tesil Presidents include Isber Gested Tesil Presidents include Isber elected Tesil Presidents include Isher Dass ,Hoshyar Chand ,Sai Dass ,Dalawar Śingh,Sat Paul,Sardar Chand ,Kartal Chand Mohinder Kumar, Romesh Chander, Jagu Ram were elected cashiers

Parshotam Maas Manmas Mokh programme organized at Shiv Temple

JI NEWS SERVICE

JAMMU, JUL 23 : Parshotam Maas Manmas Mokh programme which started July 18th will culminate on 16 Aug 16th 2023 at Shiv Temple, Trikuta Nagar. Prominent among those present on the occasion include Urmil Arora, RK Kakroo, Visha Khatir Sabha J&K President Devender Seth and his family, KK Khajuria, Vijay Vaid, Mrs Kohli Large number of devotees participated in Hawan Path done on the occasion. Temple priest addressing devotees sad that Adhik Maas is an additional month in the Hindu calendar. Adhik-Maas is often considered an inauspicious work. It is also called Purushottam month or Malmas. JAMMU, JUL 23 : Parshotam Maas

Purushottam month or Malmas He further said that because of this month in Briibhoomi, the whole year



is also known as the year of lond. According to Jyotish Shastra, more month comes after every three years, but which Hindi month will be more it is extracted from astrology calcula-tion only. The Hindu calendar consists of 12 months, based on the movement of the moon. A year in the Surva calendar is 365 days and about 6 hours, while a lunar year in the Hindu calendar is considered to be about 11 days between these two cal



THOUGHT OF THE DAY

Logic will take you from A to B. Imagination will take you everywhere - Albert Einstein

JINDRAH MAGES

Need better mechanism to clear high pendency

There is a legal maxim "Justice delayed is justice denied" which means that if legal redress or equitable relief to a party is available, but is not forthcoming in a timely fashion, it is effectively the same as having no remedy at all. This is what is being seen in today's era where there has been a huge pendency of cases in courts across the country. In Jammu and Kashmir, more than three lakh cases of both civil and criminal-are pending in various courts, including in the High Court. The data tabled in the Lok Sabha recently revealed that 3,62,814 cases are pending in courts of Jammu and Kashmir. Among total pending cases, 45093 are pending in Jammu and Kashmir High Court while 317801 are pending in district as well as subordinate courts of J&K and Ladakh. Overcrowding has remained a major issue in courts across the country including in the Union Territory of Jammu and Kashmir, Given the official statistics, it has come to fore that Courts are bursting at the seams in J&K with over nearly three lakhs cases still pending in various courts, including in the High Court. On the functioning of the Fast Track Courts, it has been disclosed that a total of 1071 cases are pending. In 2020, as many as 27 cases were disposed of while one Fast Track Court was functional that year in Jammu and Kashmir. During the year 2021, four Fast Track Court was made functional which disposed of 391 cases in Union Territory. Similarly, in 2022, 54 cases were disposed of by Fast Track Courts; however, at the end of that year, as many as 686 cases were pending. These figures are not good for delivering justice to a person. Though several measures have been taken to reduce the pendency of cases in various courts, including High Court, yet the number of pending cases has remained on higher side in Jammu and Kashmir. The high pendency of cases in courts has also validated the Apex Court's observation that the delay in decision on cases before the courts of law had led to diminishing faith among the public in the judicial system. The Union Department of Justice while implementing a Centrally Sponsored Scheme for setting up Fast Track Special Courts (FTSCs) including exclusive POCSO has established four FTSCs in Jammu and Kashmir since 2019 to settle the cases without any delay. There is, however, a significant decline in pendency of cases as the number of cases in the High Court was 71,693 including on December 31, 2019. The situation in district subordinate courts is even more worrisome where a total of 2, 49,751 cases were pending till January 31 this year. The number of pending cases in district and subordinate courts in the vear 2019 was 1, 72,769 which further swelled to 2, 15,803 by the end of 2020," statistics showed. Similarly, the sanctioned strength of judges in district and subordinate courts in Jammu and Kashmir is 300. Though the disposal of cases in courts is within the domain of the judiciary, the reasons for pendency of cases could be due to several factors which, inter-alia, include availability of adequate number of judges, supporting court staff and physical infrastructure, comxity of facts involved, nature of evidence, cooperation of stakeholders viz. bar, investigation agencies, witnesses and litigants and proper application of rules and procedures. The need of the hour is that a mechanism should be put in place to ensure early disposal of cases so that litigants don't have to wait for years to get justice.

National cybersecurity strategy should spur digital resilience

THE US STRATEGY EMPHASISES THE INTEGRATION OF LAW, POLICY, PROTECTION OF CIVIL LIBERTIES, PRIVACY, PUBLIC SAFETY, NATIONAL AND ECONOMIC SECURITY INTERESTS.

AMANDEEP SINGH KAPOOR

HEN asked which country has the best V v cybersecurity strategy, ChatGPT first hints at your naivete with the usual verbosity and euphemisms, but after dishing out the usual leaderboard, it throws up the usual leaderboard, it throws up some surprises. Estonia is shown to have developed a highly secure digital infrastructure, while South Korea has established a strong legal framework and invested heavily in cybersecurity education. Studies of cybersecurity strate-gies of various countries, available in the public domain, are a revela-tion. The International

tion. The International Telecommunication Union has a repository of national cybersecuri strategies of its member states be it in the form of a single or mul-tiple documents or as an integral part of a broader National Security

its cybersecurity strategy, studying the approaches of other nations is a exercise. It actually comes out that Estonia has put forth its third national cybersecurity strate-gy document (2018-2022) (after 2008-2013 and 2014-2017) with a 2008-2013 and 2014-2017) with a horizontal strategy that predates the EU's 2013 strategy. Ukraine has the most crisp strategy paper in the public domain, while the UK's strategy focuses on a whole-of-society approach and integrating cohesescritic into meaning tests. cybersecurity into emerging tech-nologies (security by design). The US released its third cybersecurity

US released its third cybersecurity strategy in March this year, mark-ing a comprehensive effort to secure its cyberspace. As this is the most recent docu-ment available, the US cybersecuri-ty strategy would offer a good tem-plate to study its evolution. After the 9/11 attacks, the existing policy (Presidential Decision Directive 63 of 1989) was updated in 2003 with the National Strategy to Secure Cyberspace. Through the Through Cyberspace. Homeland Security Presidential Directive 7, the Secretary of Homeland Security was made responsible for coordinating criti-cal infrastructure protection

The Comprehensive National Cybersecurity Initiative was launched in the US in 2007 to combine cyber defence missions with law enforcement, intelligence, counter-intelligence and military capabilities. In 2015, the 'Clean lished a clear command structure. The 2023 Cybersecurity Strategy

The 2023 Cybersecurity Strategy emphasies the integration of law, policy, protection of civil liberties, privacy, public safety, national and economic security interests.

A similar thrust for executing cybersecurity strategies in letter and spirit was followed in other spatial strata such as the EU and the Far East due to the use of deviant technologies as tools of triptherance of econolitical plans of triptherance of econolitical plans of furtherance of geopolitical plans of dubious states

India has shown that it can inno-India has shown that it can inno-vate population-scale initiatives which can democratise markets constituted by Aadhaar, UPI, GST Network and Ayushman Bharat. With the use of digital commons in the form of an open protocol and digital economy being in focus, applications such as the Open Network for Digital Commerce (ONDC) were in the officer to sulcol-Network for Digital Commerce (ONDC) are inte offing to unlock the value trapped within the crosystem. Many such population-scale applications shall follow, hence the need for a no-nonsense cybersecurity strategy and paving the way for surefooted digital resilience and digital trust. India's first cybersecurity policy was introduced in 2013. The

was introduced in 2013. The National Cyber Security National Cyber Security Coordinator and the National Security Council Secretariat

The draft National Cybersecurity Strategy, 2023, focuses on compli-ance with global security standards and an enabling regulatory frame-work for a secure cyberspace

ecosystem.

The 2023 strategy is based on common but differentiated responsibilities (CBDR), recognising the different responsibilities of individuals, businesses, academia and the government. sAll citizens using cyberspace

and information networks must and information networks must secure the part that they own or for which they are responsible. It will be interesting to observe how hori-zontal the strategy would be, dove-tailing the domains or theatres under the National Security Strategy as well as digital com-merce, financial technology and future technologies with cyberse. future technologies with cybersecurity needs. Also, how will a whole-of-nation approach be adopted?

adopted?

There is a clamour that, like the Corporate Social Responsibility policy, public and private sectors must allocate 2 per cent of their productivity towards national critical infrastructure and space cybersequity. Earlier, this way, the security. Earlier this year, the Union Government approved the Space Policy 2023; it may eventual-ly be incorporated in the Policymakers must address key issues. What red flags can 5G impose? Can repositories of black-listed entities and best practition-ers of cyber resilience be created, ranked and made shareable? Do we create something like the US National Institute of Standards and Technology cyber framework or continue with the Bureau of Indian Standards 'ISO certification and audits? Can the ONDC pose data theft and cybersecurity challenges? Conversely, can we give cyberse-Policymakers must address key Conversely, can we give cybe curity tools and services an ONDC-

curity tools and services an ONDC-type platform?

How to improve the Security
Operations Centre efficiency by
incorporating the User and Entity
Behaviour Analytics as well as
other advanced security analytics,
stificial intelligence (AD) and artificial intelligence (AI) and machine learning capabilities into SIEM (security information and event management) platforms? What about regulating Metaverse

and Al?
Hopfully, the best and worst practices shall be shared by the departments dealing with cybersecurity, critical infrastructure and Internet governance with the NSCS. Conformity assessment (product, process, technology and people) and an enabling regulatory framework would elicit a good



Asymmetrical federalism & abrogation of Art 370

LUV PURI

TITH the Supreme Court having fixed August 2 as the date to start hearing a batch of petitions challenging the 'dilution' of Article 370, live proceedings will be watched with heap interest part only hy variance. keen interest not only by vari-ous stakeholders but also con-

ous stakeholders but also constitutional experts and the wider community of scholars from varied disciplines.

The contextual genesis of Article 370 has to be comprehended. The provision was introduced in the Indian Constitution concomitant to the fact that Muslim-majority J&K under the leader-ship of 5 helb. under the leadership of Sheikh Abdullah challenged the divi-sive two-nation theory, and sided with a democratic and sided with a democratic and secular India in 1947. It is true, as argued by Foreign Minister S Jaishankar on various occasions, that the draft of the Instrument of Accession signed by Hari Singh, the ruler of the princely state of J&K, Viceroy Mountbatten and the rulers of 564 other princely states was 564 other princely states was exactly the same. In less than six years, Sheikh was dethroned and arrested on August 9, 1953, and thus began a tumultuous relationship between New Delhi and the Kashmir valley. A

the factors that led to the the factors that led to the estrangement between the two sides. In hindsight, the birth pangs of a newly independent poor country, including real or perceived insecurities in a com-nunal riots-ravaged north India, were among the factors contributing to the misunder-standings. Today, India enjoys heft in the international arena, unlike the situation in 1947. unlike the situation in 1947, when the pulls and pressures of

when the pulls and pressures of big powers were hard to ignore. The action taken on August 5, 2019, was no different from the earlier acts that substantially hollowed out various provi-sions of Article 370. The differ-ence is that this time Parliament completely de-operationalised Article 370.

The proponents of Article 370 underestimated the political resonance of its abrogation across the country. This is also across the country. This is also on account of the rigid interpre-tation of its interlinked provi-sions such as Article 35A. This prevented long-term residents in J&K, including Partition refugees, many of whom were Dalits and poor, to acquire domicile rights. These facts were at the core of the arguments presented by the defenders of the abrogation. The fact is that most of the political parties



in India, with the exception of DMK and Left parties, didn't come out in the open against the abrogation of Article 370. The PM made a reference to the The PM made a reference to the plight of the Valmiki community in his speech to the nation on August 9, 2019. It was not a coincidence that BSP president Mayawati was one of the first Opposition leaders to back the Centre's decision. The same cavalier attitude was demonstrated by the IME product of the Community of the Communit strated by the J&K political elite on the issue of political reserva-

tion to the Scheduled Tribes clarity over the powers of the (STs). Political reservation to the STs, which is part of the new legislation, will primarily benefit the Guijars and Bakerwals, who are all Muslim in I&K

who are all Muslim in J&K.

The abrogation of Article 370
was also accompanied by the
creation of the Union Territory
of Ladakh on August 5, 2019,
after its separation from Jammu
and Kashmir. In 2019, it didn't take too long for the initial excitement over the new status of UT to dampen in Leh. Lack of

elected councils of Leh and Kargil in the new constitutional arrangement proved to be an impediment.

In the new arrangement, the

In the new arrangement, the unelected Lieutenant-Governor is the de facto head of the government and head of state. Out of the nearly Rs 6,000 crore budget allocated annually for Ladakh by the Centre, about 9 per cent has to be shared by the two councils. The rest is under the LG's administration. The

working season in the region is less than six months long and the principle of rolling over of the unspent funds was followed before August 5, 2019. Now, the unspent funds lapse. There is also an absence of the mechanism of institutional coordination between the administration of the LG and the elected council, with the senior bureaucrals. cil, with the senior bureaucrats reporting to the former. There is also a demand for the application of North-East-centric Sixth Schedule of the Constitution in Ladakh. The Sixth Schedule was primarily designed for the tribal areas in Assam, Meghalaya, Tripura and Mizoram, where autonomous district and regional councils are endowed with legislative, executive, judicial and financial powers. These demands may or may not be viable, but this rare Ladakh. The Sixth Schedule may not be viable, but this rare

may not be viable, but this rare solidarity between Leh and Kargil is hard to ignore.

The abrogation of Article 370 was a setback to efforts to facilitate a constructive narrative around federalism.

The volatile situation in Manipur today proves that federalism for a particular region has to constantly evolve to address the aspirations of diverse communities and relations among them without curtions among them without cur-tailing fundamental rights.

Compared to the statutes of many western democracies, the Constitution of India is less federal. Even then, it accommodates a degree of asymmetrical federalism. This is illustrated in parts XXI and XXII of the Constitution, which has Article 371 that grants temporary, transition and special provisions to some states. In the case of PM Modi's home state Gujarat, special powers have been given to eral. Even then, it accommo cial powers have been given to the Governor to create inde-pendent development boards for Saurashtra and Kutch. There for Saurashtra and Kutch. There are customised provisions for Maharashtra (Vidarbha and Marathwada) in addition to Article 371A (Nagaland), 371B (Assam), 371C (Manipur), 371D and E (Andhra Pradesh), 371F (Sikkim), 371G (Micaram) (Sikkim), 371G (Mizoram), 371H (Arunachal Pradesh) and 371I (Goa).

In the context of the Global South, India's varied experi-ences in federalism are considences in federalism are considered significant as the socioeconomic conditions are relatable. Thereby, both supporters and detractors of Article 370 have lost an opportunity to advance the discussion around the contesting claims of diverse stakeholders of India within a more harmonius and construcmore harmonious and construc tive ambit of asymmetrical fed-

Intimate scene in 'Oppenheimer' featuring copy of Bhagavad Gita sparks outrage among netizens

hristopher Nolan's latest directorial 'Oppenheimer', which hit the the-atres on July 21, has received rave reviews from fans and critics alike but it has also hurt the sentiments of many Indian viewers over a sex scene featuring

Indian viewers over a sex scene featuring a copy of the Bhagavad Gita, considered a holy scripture by the Hindus.

A section of social media users vented their outrage and slammed the makers over the scene. "If this was a scene in a Bollywood film, theatres screening it would have been burned down," a Twitter

"Art knows no boundaries, but Oppenheimer's Bhagavad Gita scene tests the limits of creative expression," another

Further, Uday Mahurkar from Save Culture Save India Foundation penned an Cutture save into a roundation penned an open letter to the makers of 'Oppenheimer', saying the scene featuring a copy of the Bhagavad Gita scene has hurt religious sentiments. He also urged the Union Information & Broadcasting Ministry to take necessary action.

His letter read, "It has come to our resize that the service 'Openheimer' can be considered to the control of the con

notice that the movie 'Oppenheimer' con-tains a scene which makes a scathing attack on Hinduism

attack on Hinduism.

As per social media reports, a scene in the movie shows a woman making a man read Bhagwad Geeta aloud while indulging in sexual intercourse. She is



een holding a copy of the Bhagwad Geeta

NEWS

He added, "We do not know the motivation and logic behind this unnecessary scene in (a film based on the) life of a sciscene in (a film based on the) life of a sci-entist. But this is a direct assault on (the) religious beliefs of a billion tolerant Hindus."

"We urge, on behalf of billion Hindus

and the timeless tradition of lives being transformed by revered Geeta, (the mak ers) to do all that is needed to uphold the dignity of our revered book and remove this scene from the film across the world. this scene from the film across the world.

Should you choose to ignore this appeal, it would be deemed as a deliberate assault on Indian civilisation. Eagerly await needful action," he added.

Who Is Susan Benedetto? All **About Tony Bennett's Wife**



As the world mourns the loss of legendary singer Tony Benneth, his wife, Susan Benedeth, paid a heartfelt tribute to her late husband, who passed away at the age of 96 on Friday. In a joint statement with Bennetf's son Danny, Susan expressed her gratitude to all the fans, friends, and colleagues who celebrated Tony's life, humanity, and musical legacy. Tony Bennett, an iconic figure in the music industry, touched the hearts of millions with his velvety voice and timeless medodies. Diagnosed with Alzheimer's Disease in 2016, he faced the challenges the condition with streneth and arace Thromobout his iowns the world mourns the loss of legendary sing the condition with strength and grace. Throughout his journey, Susan Benedetto stood by his side as a pillar of support and love. A graduate of both Fordham University and Columbia University's Teachers College, Susan embarked on a career in education, teaching social studies at the Fiorello H. LaGuarda High School of Music & Art and the Performing Arts in New York City. Prior to her work as an educator, she owned Creative Artists Management in Manhattan, where she guided artists in managing their careers. The paths of Tony Bennett and Susan Benedetto crossed in the late 1980s, following one of his mesmerizing concerts. Their connection blossomed over two decades before they exhanged vows in an intimate ceremony in the condition with strength and grace. Throughout his jourbefore they exchanged vows in an intimate ceremony in 2007. Notably, after their wedding, Susan chose to adopt her husband's legal surname, Benedetto, as a symbol of their lifelong commitment.

KAREENA KAPOOR SMILES AS SAIF ALI KHAN GOES FISHING WITH TAIMUR AND IEH IN EUROPE

Tew photos from Kareena Kapoor and Saif Ali Khan's family vacation have surfaced online. The family is enjoying a long holiday in Europe. The new photos feature Saif and Kareena enjoying a sunny day with their sons. Taimur and lebaneir by a sons, Taimur and Jehangir by a lake. The boys also tried their hands at fishing. Saif, Kareena, Jeh and Taimur

Sait, Kareena, Jeh and I aimur in Europe
The first photo showed
Kareena sitting and observing
Saif and the kids from a distance
as they held a fish, which they
seemingly caught. Kareena
looked relaxed in a basic t-shirt



with jeans and sunglasses. Saif opted for a breezy white t-shirt

with matching pants. Jeh and Taimur wore T-shirts and half-pants. The next photo had Saif fixing bait to a fishing pole while someone was assisting Jeh. The next one featured Saif with Taimur as both held fishing rods by a lake. While it's not known which part of Europe they are currently in, previously they were in Italy.

Kareena's family holiday

Kareena's family holiday
Kareena has been sharing several photos from the holiday
with her family.
Previously, she had posted a
picture of herself as she posed
amid the greenery with the
mountain in front of her. A

small hut was also seen in the photo. In the picture, Kareena wrapped a shawl around herself and wore denim. She captioned the post, "Framed (sparkling heart emoji)."

(camera emoji)-by my dear friend@ginaroznerpr." Kareena and Saif got married

Kareena and Saif got married on October 2012 in Mumbai, after years of dating. They were blessed with Taimuri 2016 and had Jeh in 2021. Kareena was last seen in Laal Singh Chaddha. She will be next seen in The Crew also starring Tabu, Kriti Sanon and Diljit Dosanjh. The film is slated to hit the theatres on March 22, 2024.

Salman Khan savs 'You are an escapist' to Jad Hadid on Bigg Boss OTT 2



The 'Weekend Ka Vaar' episode on Sunday turned into a nightmare for housemate Jad Hadid, who will be seen getting evicted from the show. Salman was seen talking to all the housemates about their interpersonal relationship. It was only when he questioned Jiya and Jad about their relationship that things went problematic for Jad. Salman scolded Jad about being disinterested in things lately. He explains that Jad's behaviour has changed and he hasn't been putting in the effort. "You are lacking behind. I cannot see the effort." He later calls him an escapist as he always recents," and down!" in all the tasks he does.

I cannot see the effort." He later calls him an escapist as he always repeats, "I am down!" in all the tasks he does. Before schooling Jad, Salman did a "pardafaash" on housemates leaving in-house relationships a little shaken. Continuing to the "Asli Chehra" task from Saturday, Salman says it was his turn to "Bonshead" was

Salman says it was his turn to 'Benakaab' now.

He goes on to talk to Manisha Rani and exposes a few He goes on to talk to Manisha Rani and exposes a few unseen facts about her, saying "Aapne shayad khud Naqab kabhi nahi pehna but dukaan khol rakha hai." He explains that she tries to convince people to get her points only. "Your concentration is on everyone but not yourself." said Salman.

Uorfi Javed shares video of men who 'harassed' her on flight, says she's not 'public property'

Reality show star Uorfi Javed had a bad experience on a recent flight from Mumbai to Goa. The actor has written in a new note on Instagram that she was harassed by a bunch of men on the

that she was harassed by a bunch of men on the flight who said 'nasty things' to her. Sharing a video that was shot inside an Indigo flight, Uorfi showed the men who allegedly misbehaved with her. A few were sitting next to her and in front of her while others stood up from eithers shood up from others stood up from their seats. All of them their seats. All of them were laughing. However, she had muted the video. Sharing it on her IG sto-ries, Uorfi wrote with the video, "While travelling from Mumbai to Goa on one of the flights yester-day. Lad to go through day I had to go through harassment, the men in this video were saying nasty things, Eve teasing and calling names. When I confronted them one of them said that their



friends were drunk.
Being drunk is no excuse
to misbehave with
women. Public figure
YES, Public property
NO."
Uorfi gained limelight

after appearing on Bigg Boss and Splitsvilla. She is known for her quirky, risque DIY fashion choices and appearances.
Recently, in an interview to Humans of Bombay, Uorfi spoke about how her pictures once landed on a porn site when she was still a teenager. "When I was 15, someone uploaded my picture on a porn site.

uploaded it wearing a tube top as my Facebook profile photo. Someone downloaded them and uploaded it on a porn site uploaded it on a porn site without morphing, without anything. Slowly, everyone got to know about it. Everyone started blaming me a lot. I was told I am a porn star. I was like 'Where is the video?' But they said, 'No, no she is a porn star', 'she said.

"Even my father was like 'she is a porn star'. I think my father was trying to gain sympathy

think my father was try-ing to gain sympathy from all this. He was stelling everyone that porn site people are ask-ing for ?50 lakh. He told our relatives. I was like that isn't possible but I couldn't say anything because they were beat-ing me up at home I was ing me up at home. I was so confused that 'I am the victim here, why are you hitting me?' But they were not ready to believe it... I endured that for

Wicked love triangle! Ariana Grande's romance with 'Wicked' co-star Ethan Slater leaves wife Lilly Jay 'blindsided'



ove can be both enchanting and treacherous, and the world of entertainment is no stranger to dramatic twists. Recently, rumors of a surprising romance between pop sensation Ariana Grande and her married

between pop sensation Ariana Grande and her married "Wicked" co-star, Ethan Slater, have sent shockwaves through Hollywood. As the story unfolds, Slater's wife, Lilly Jay, is left in disbelief, and sources reveal that she was "completely blindsided" by the relationship, Let's dive into this love saga and see how it all unraveled. Once upon a time, Ethan Slater and Lilly Jay were high school sweethearts. Their love story blossomed, leading them to tie the knot in 2018, and together they celebrated a decade of togetherness last November. Their bond appeared unbreakable, strengthened further by the arrival of their child, making them a happy family in the eyes of the public. eyes of the public.

The alleged love intrigue

However, life is known for its twists, and the stage often sets the scene for unexpected drama. Slater and Grande sets the scene for unexpected drama. Stater and Grande have been working together on the London set of "Wicked" for a year now, and rumors suggest that their on-screen chemistry might have spilled into reality. Sources speculate that Grande might be the reason behind Stater and Jay's sudden breakup, leaving many wonder-ing if art imitated life or vice versa.

Ananya Panday sets Instagram on fire with Ibiza pics; fans ask 'Where is Night Manager'

ollywood diva Ananya Panday, who has Bollywood diva Ananya Panday, who has recently returned from her Europe vacation, has set the internet on fire on Saturday, by sharing some glimpses of her picturesque holiday

picturesque holiday.

Ananya was on vacation with
her rumoured boyfriend and
actor Aditya Roy Kapur.

They were spotted in a
restaurant in Lisbon, Portugal,
having an engrossed happy
conversation with each other.

The rumoured couple was also spotted together taking a stroll on the streets of Spain,

where Aditya was seen hug-ging Ananya from behind, while they were enjoying the picturesque view.

They had also attended a rock concert there.

In a string of photos, Ananya flaunted her toned body, donflaunted her toned body, don-ning an aqua coloured bikini. In one photo, she is seen holding a coconut in her hand, while sit-ting beside a poolside. Another photo is a full mirror selfie of Ananya, with the vast

sea as the backdrop. One photo shows her sitting on the sand, on the seashore. She also shared a view of the

She also shared a view of the alluring locales.
She captioned the photos as, "blue baby", with a blue heart, blue butterfly, blue cap, blue whale emoil. She gave the geotag of Ibiza.

tag of Ibiza.

The post, which is liked by Sara Ali Khan, and Mira Rajput, has left the fans excited and they wrote:

"Where is Night Manager?" referring to Aditya's character in the recent espionage thriller

'The Night Manager'.

One user wrote, "Where is Adi", the other said, "where is

One fan also said: "Aditva and Ananya is a perfect cou-

Another user said: "Is Night Manager taking photos? Ananya's bestie Suhana Khan commented: "woww bikini

Earlier, the viral photo of the new B-Town couple on the Instagram, showed Aditya in a navy blue shirt, and Ananya in a white and pink top, with her hair loosely tied at the back.

Both were seen facing towards each other and Ananya

flaunted her big hearty smile, while she was listening to Aditya.

The picture was evident that

both were having a good time together, over a glass of wine. On the work front, Ananya has Vikramaditya Motwane's

has Vikramaditya Motwane's untitled cybercrime-thriller. She also has Farhan Akhtar's 'Kho Gaye Hum Kahan', 'Dream Girl 2' and web-series 'Call Me Bae'. Aditya's latest release is 'The

Night Manager, part 2'. He also has Anurag Basu's 'Metro... In



Diabetes: Eat These 3 Medicinal Leaves To Reduce Blood Sugar Levels



A t least 5% of the world's population is suffering from diapetes, according to a report pub-ished by National Center for Biotechnology Information (NCBI). Diabetes is a severe disease which causes problems related to the heart, blood pressure, eyes and kidneys. According to the World Health Organisation, around 422 million people in the world are suffering from diabetes and about 15 lakh people die due to it every year. In India, around 8 crore people have diabetes and according to the reports, by 2045, more than 13 crore people will be diabetic in India

We all know that diabetes is usually caused by an unhealthy diet and a sedentary lifestyle. Due to this, the blood sugar level increases. Health experts say, if we correct our lifestyle patterns and eat healthy food, and indulge in regular exercises, our blood sugar levels can be man-aged. Research by NCBI has claimed that if some medicinal sumed, then dia

betes can be controlled easily as

properties. Sharifa leaves contain photo-constituent properties which help in increasing the creas. Along with this, it lowers

ACCORDING TO NCBI RESEARCH, NEEM LEAVES AND CUSTARD APPLE LEAVES HAVE ANTI-BACTERIAL AND ANTI-DIA-BETIC PROPERTIES THAT CAN CONTROL DIABETES.

Aloe vera leaves
It has been proven in research
by NCBI that aloe vera has hypoglycemic properties, which
means it can reduce blood sugar means it can reduce blood sugar levels. Consuming aloe vera leaves on an empty stomach in the morning can increase the production of insulin, which can control blood sugar and dia-betes. Custard apple leaves (Annona sugarmes)

squamosa) Custard apple also known Sharifa is a very tasty fruit but its leaves have no less surprising

According to NCBI, custard apple leaves (Annona squamosa) have anti-diabetic

blood sugar as it also has hypo-

glycemic properties.

Neem leaves

Azadirachta indica is commonly known as neem. These medicinal leaves have antifungal medicinal leaves have antifungal and antibacterial properties and it has been proven in the research of NCBI that neem leaves can also control diabetes. Chewing neem leaves and con-suming its extract early in the morning does not increase blood sugar levels and the pancreas work properly. Due to this, work properly. Due to this, insulin is produced through a natural process. Several com pounds have been found in em leaves which help in con

study has found that remnants of million-yearold viruses passed down in humans, could have been hiding inside DNA, and might help the body fight cancers. Scientists believe that the findings could be useful to treat more people to survive lung can-

Traces of ancient viruses in DNA of humans could help

fight cancer: Study

cer. A group of scientists were studying lung cancer and analysing why some patients respond better than others to immunotherapy.

Lung cancer is a type of cancer which begins in the lungs and spreads to other organs. It is common cancer, caused by harmful cells in lungs and grows unchecked.

While the scientists at the Francis Crick Institute were relution lung cancer and table immunotherapy, there extends in the cancer and table immunotherapy, there

studying lung cancer and related immunotherapy, they found that the dormant remnants become active when

found that the dormant remnants become active when cancerous cells go out of control and then help the immune system target and attack the tumour. Julian Downward, who is the associate research director and head of the oncogene biology laboratory at the institute, said: 'This work opens up a number of new opportunities for improving patient responses to immunotherapy, a crucial step in helping more people survive lung cancer."

The study titled 'Antibodies against endogenous retroviness promote lung cancer immunotherapy, was pub-

The study titled "Antibodies against endogenous retro-viruses promote lung cancer immunotherapy" was pub-lished in the journal Nature this week.

A part of the story mentioned that anti-tumour anti-bodies are frequently induced in multiple cancer types, targeting both internal and tumour cell-surface antigens. And these tumour-associated antigens (TAAs) include non-mutated differentiation antigens and shared tumour antigens, as well as antigens derived from endogenous retroviruses (ERVs)

Smelling stinky armpits may reduce social anxiety: Study

ot social anxiety? Well, according therapy. According to a BBC report, they to some Swedish researchers, smelling other people's body odour could be an effective anxiety therodour could be an efective anxiety therappy for you. Scientists have been using armpit sweat in their experiments and they have reportedly found that social anxiety can be reduced with the help of human "chemo-signals". The study was done by researchers from Karolinska Institute in Sweden.

per cent when clubbed with mindfulness movie. Then they looked for 48 women

are presenting some of their early find-ings at a medical conference in Paris this

The researchers believe that smell actirates believe that smell acti-vates brain pathways linked to emotions, which eventually offers a calming effect. But the study is in its initial stage and it is far too soon to say if they are right or

while watching either a scary or a happy

who had social anxiety and asked them

who had social anxiety and asked them to sniff some of these samples, alongside receiving a more conventional therapy called mindfulness, which encourages people to focus on the present moment than replaying negative thoughts. Some of the women were given geruine body odour to sniff, while others were given clean air instead. Scientists say that those who were exposed to sweat appeared to do better with mindfulness therapy.

someone was happy had the same effect as someone who had been scared by a movie clip. So there may be something about human chemo-signals in sweat generally which affects the response to treatment."

Vigna added, "It may be that simply Vigna added, "It may be that simply being exposed to the presence of some-one else has this effect, but we need to confirm this. In fact, that is what we are testing now in a follow-up study with a similar design, but where we are also including exposed from individual value. fulness therapy.
Lead researcher of the study, Elisa
Vigna, says, "Sweat produced while
ing emotionally neutral documentaries."

Ramadan 2023: WHO guidelines on healthy fasting

amadan 2023: The special time of the year is festival of the Islam community is slated to be celebrated. The holy month of Ramadan of the Islamic calendar is observed by keeping fast from sunrise till sunset.

After a month of fasting, Eidul-Fitr is celebrated. During Ramadan, Muslims cannot have Ramadan, Muslims cannot have food during the time between sunrise and sunset. So, they start their fast by having a meal before sunrise, and then break their fast after sunset. Traditionally the breaking of the fast includes having three dates, followed by a feast

followed by a feast.

This year, Ramadan will start
on March 22 and will end on



April 21, when the crescent oon is observed in the sky. As e gear up to celebrate a month ill of festivities, here's a look at e fasting guidelines put for-ard by World Health in mind in order to stay healthy

Drinking water:
The fasting starts with suhur - a meal consumed before sunrise, and ends with iftar - the feast consumed to break fast after

sunset. However, in between, we marked by having a breakfast must remember to drink lots of meal called suhur right before

RAMADAN 2023: FROM AVOIDING SWEETS TO CONSUMING FRUITS AND VEGETABLES, HERE ARE A FEW THINGS TO KEEP IN MIND ABOUT FASTING DURING RAMADAN.

water and stay hydrated throughout the time, to give body the nutrients that it is miss-

Fruits: Consuming fruits and

Fruits: Consuming fruits and vegetables with more water content will help in hydrating the body and keeping it healthy.

Cool and shaded place: With at least 15 to 16 hours of fasting, it is important to stay in a cool and shaded place to keep the body hydrated and healthy.

Suhur: The start of the fast is

sunrise. It is extremely impor-tant to incorporate vegetables, a serving of carbohydrates and protein-rich food to boost the

protein-rich food to boost the body with energy.

Sweets: it is also recommended to avoid consuming a large number of sweets after liftaar. Consumption of food items rich fat should also be limited. Fried food items! It is advised to use other methods of cooking than frying to keep the body healthy throughout Ramadan.

5 Lifestyle Changes One Should Make To Stay Fit



C taying fit and healthy has become an important Laying fit and healthy has become an important part of almost everyone's file. While many people follow diets to keep themselves fit, some people opt for physical exercises like hitting the gym, doing yoga and others. Though staying fit might turn out to be difficult at times amid the hectic schedule, making some simple lifestyle changes will also help in staying fit and healthy. An Ayurvedic expert Dr Dixa Bhavsar Savaliya took to her Instagram recently and suggested some lifestyle changes to make to keep oneself healthy and fit. She wrote while sharring, "Avoid these habits to stay Healthy."

Lifestyle Changes To Stay Healthy

Litestyle Changes To Stay Healthy Eating without Hunger/ Appetite - Hunger is a sign that your previous meal is digested well. When you eat without appetite, you are over burdening your liver. The best rule you need to follow is to eat only when you are hungry. Eating without hunger can disturb your gut and reduce your metabolism.

Study Finds Exercise More Effective Than Medication to Manage Mental Health

Exercise plays a key role in our health, and studies have shown that being active can boost your memory, lower your risk of future hospitalizalower your risk of future hospitaliza-tion, and even lower your risk of can-cer. Now, there's evidence suggesting that exercise may be more effective than medication at managing mental health disorders like depression and

anxiety.

The study, published in the British Journal of Sports Medicine, encom-passed 97 different analyses over 1,039 trials, involving 128,119 participants, making it the most comprehen-sive review to date. The researchers

sive review to date. The researchers found that physical activity significantly improved symptoms of depression, anxiety, and distress. Specifically, they found that physical activity is 1.5 times more effective than counseling or the leading medications (important note: the study did not indicate what medications were included in the analysis). The results also showed that introducine results also showed that introducing periods of exercise that were 12 weeks or shorter was the most effective at reducing mental health symp-toms, highlighting the speed at which physical activity can make a change. The largest benefits were seen in

people with depression, HIV and kidpeople with depression, HIV and kid-ney disease, in pregnant and postpar-tum women, and in healthy individuals. Higher intensity physical activity was associated with greater improve-ments in symptoms, likewise with shorter bursts of activity versus longer durations. Physical activity is known to help improve mental health. Yet despite the evidence, it has not been widely adopted as a first-choice treatment.

adopted as a first-choice treatment, said Ben Singh, M.D., lead researcher, in a press release. "Our review shows that physical activity interventions can significantly reduce symptoms of depression and anxiety in all clinical populations, with some groups showing even greater signs of improvement"

ment."

This study also highlighted the fact that all movement is good movement—that all types of physical activity and contribution were beneficial, ity and exercise were beneficial, including aerobic exercises such as walking, resistance training, Pilates,

and yoga.

How does exercise improve mental health?

Among other things, exercise improves resilience, reduces anxiety and stress, and reduces the percep-

tion of pain, which is a major contributor to depressed mood for many, explains Amit Sachdev, M.D., direc-tor of the Division of Neuromuscular

tor of the Division of Neuromuscular Medicine at Michigan State University.

Any attempt to exercise usually helps with our mental well-being, says Dr. Sachdev. 'For those who aren't engaged at all, doing some-thing factive] often refocuses some of their energy. For those seeking pain relief and, by extension, depression relief, they will need to work hard to very hard to get natural endorphins released."

released."

It's important to keep in mind that
this study did not look at the actual
mechanisms of action of physical
activity on mental health, but most
scientists agree there are likely multiple factors that contribute to the
impact of a con mental health and impact of pa on mental health and well-being, says Carl Marci, M.D., physician, neuroscientist, and author of Rewired: Protecting Your Brain in

the Digital Age.
"These include direct physiological factors including reduced heart rate from increased vagal tone [or activity of the vagus nerve] and the release of BDNF, [a key molecule involved in

changes related to learning and memory], both of which are good for brain

health."

Then there are the psychological benefits of taking action and having a sense of accomplishment, Dr. Marci adds. "For some, there may be a social aspect to going to a gym or just getting out of the house. All of these things are likely to contribute [to your mental health]."

Can exercise replace medications for mental health disorders?

The answer is not one size fits all,

The answer is not one size fits all, The answer is not one size hits all, and no one should stop any medication prior to speaking with a health-care professional. But for some people, yes, says Dr. Sachdev. "The challenge is, brains are really hard to predict"

dict."

We have many drug classes available to medicate mental health, says

"Take anxiety for example. If we "Take anxiety for example. If we had a single nerve transmitter problem leading to all anxiety, then we would need just one drug class." However, brain chemistry is not so simple, he notes. "I would include exercise in the routine of every patient with anxiety, but I would not be discouraged if exercise alone left a gap that still needed to be treated."

Dr. Marci believes the consistency Dr. Marci believes the consistency of the findings in this study is comparable to any review of medication or psychotherapy interventions. "Keep in mind, all three (meds, therapy, physical activity) likely work on different mechanisms and so the combination can be very complementary."

No treatment or intervention is a perfect solution, so we have to set

perfect solution, so we have to set expectations, says Dr. Marci. "There is a difference between mild to moderate depression and anxiety and

erate depression and anxiety and major mental illness like schizophrenia or severe bipolar disorder.

I believe some form of physical activity can and should complement a comprehensive treatment plan that often includes medication, therapy, a good diet, and a commitment to setting clear and achievable goals."

The bottom line
Good body health and maintenance more directly affect sood brain health

more directly affect good brain health and maintenance than most would recognize, explains Dr. Sachdev. Still, that doesn't mean that you should stop taking any prescribed medica-

If you're currently taking medica-tion to improve your mental health,

decisions to exchange the daily dose for a workout.

your clinician about "Talk to your clinician about options and be aware that you never want to just stop taking antidepressants without medical advice," says Dr. Marci. That said, there is an opportunity, especially for some people with mild to moderate depression of a paviety, but start a magnific programment. or anxiety, to start an exercise pro-gram and have a goal to get off of their medication, he adds.

For some scenarios, however, like For some scenarios, however, like severe phobia, suicidal thoughts or panic attacks, these conditions require immediate medical attention, says Dr. Sachev. "Moderate [mental health disorders] can be supplement-ed with exercise. But if you feel that you may need help, there's never a wrong time to reach out to your doc-tor. A good physician can help you tor. A good physician can help you gain insight anytime, says Dr. Sachdev.

For those with chronic health con ditions, check with your doctor before starting a new exercise routine, advis-es Dr. Marci. And, "when symptoms are interfering with work or relation-

Rohit smashes his fastest Test fifty

PORT OF SPAIN, JUL 23 Mohammed Siraj secured a career-best five-wicket haul with a sizzling spell as India bowled out the West Indies for 255 to take a healthy 183-run first innings lead on day four of the second Test here on

the second Test here on Sunday.
Siraj ended with figures of five for 60 in 23.4 overs after running through the West Indies lower-order. The hosts, who resumed the day at 200 for five lock five with 229 for five, lost five wickets for 26 runs in the morn ing session to concede a

ing session to concede a huge advantage to India. The visitors came out all guns blazing in their second innings and were 98 for one in just 12 overs before rain forced early lunch, extending their lead to 281 runs. Rohit Sharma (57 off

44) and Yashasvi Jaiswal (37 batting off 28) batted on T20 mode considering the



ters found him unplayable

the first over of the day

Play began half hour before

scheduled time after time was lost due to rain on day

dropped twice during his whirlwind knock, was ters found him umplayable as the 29-year-old, like he often does, used the scrambled seam to perfection.

However, it was debutant Mukesh Kumar who triggered the West Indies collapse by trapping southpaw Alick Athanaze (37) in front with an inswinger in the first over of the day. whirlwind knock, was finally caught at fine leg off Shannon Gabriel towards the end of the morning ses-sion. The India skipper brought up his fastest Test fifty off 35 balls. Siraj, who is the leader

of India's pace attack in the Caribbean in the absence of Mohammed Shami and injured Jasrpit Bumrah, has embraced the responsibili-ty. The West Indies batof the day was Jason Holder who fished at a full ball swinging away to be caught behind. Next to depart was Alzarri Joseph, who had little clue about Siraj's sharp incoming ball and was trapped LBW after India successfully

NEWS

and was trapped LBW after India successfully reviewed the on-field call of not out. Siraj completed his second five wicket haul of his Test career with another quick scrambled seam delivery that was to good for number 11 Gabriel. India came out to bat

India came out to bat with an ultra aggressive approach. The first over of the innings went for 11 runs as Jaiswal stepped out to dispatch Kemar Roach over cover for a six before flicking him for a bound-

Rohit, who smashed three sixes and five fours in his entertaining effort, non-chalantly flicked Roach for his first maximum. It was

India skittle out West Indies for 255 before Ben Stokes rues Old Trafford rain after 'pretty much perfect' performance

LONDON, JUL 23: Ben Stokes believes England did "literally everything we possibly could" to force a result in the drawn fourth Ashes Test at Emirates Old Trafford, delivering a "pretty much perfect" performance in a game they "completely and utterly" dominated. England led by 275 runs on first innings after winning the so, bowling Australia out for 317 before racking up 592 in 1074 overs, and led by

ing up 592 in 107.4 overs, and led by 61 runs heading into the final day with Australia five wickets down in their second innings.
But after rain had limited the

fourth day's play to 30 overs, it forced a total washout on Sunday, forced a total washout on Sunday, denying England the opportunity to push for victory and leaving Australia 2-1 up heading into the final Test at The Oval next week thereby retaining the Ashes urn. "The cricket we got in, in this game, was potentially an opportunity for a team to play it safe; to wait and see what the outcome might be," Stokes said.
"We didn't do that. We definitely didn't shy away from what we need-



it's the first draw for us, through no fault of our own," he said. "We try and take the positive out of these things. We did literally everything we possibly could. "The weather didn't help us and

denying England the opportunity to bush for victory and leaving Australia 2-1 up heading into the final Test at The Oval next week thereby retaining the Ashes urn.

"The cricket we got in, in this game, was potentially an opportunity for a team to play it safe; to wait and see what the outcome might be," Stokes said.

"We didn't do that. We definitely didn't shy away from what we needed to do.

"We're always putting our front foot forward and trying to press the game as hard as we possibly could.

As a captain, that's something that makes me very proud as a leader of the ten other guys out there. It's just unfortunate that we managed to get three hours of play she had. It's a shame, but, oh well."

Ben Stokes believes his team have "already done wonders" for Test cricket in England When asked to compare how he fame saked to compare how he fame saked to compare how he fame to the play she that the work of the mother to the remotions after England's defeats in the first of Stokes.

The draw was the first of Stokes' there hours of play some brilliant cricket in those games, Butly we days."

The draw was the first of Stokes' the said "I think they're completely different.

"We obviously played some brilliant cricket in those games, Butly we days."

The draw was the first of Stokes' the said "I think they're completely different.

"We obviously played some brilliant cricket in those games, Butly we day some cricket that we knew we could have been better at But in the same that the could have been better at But in the same that the could have been better there, because we were pretty we can't change that. It's a tough pill

"Bowling Australia out and then game.
"Bowling Australia out and then scoring the runs that we did at the pace that we did -1 can't really say we got anything wrong about this game, to be honest. It is tough to say we ended up with a draw when we've dominated the cricket that we've managed to get in."

England can no longer win the series outright, but can deny Australia a first away Ashes win since 2001 by beating them at The Oval in the fifth Test - just as the did four years ago - which starts on Thursday.
"It's very similar to 2019, when we had to go to The Oval and win to draw the series," Stokes said. "We'll have to get over the disappointment of today and then focus on that game. It is a massive game for us and 2-2 sounds a lot better than 3-1.
"The mentality and mindset with the dressing-room is to go out and win.

Go back to the Pakistan series,

in the dressing-room is to go out and win.

Go back to the Pakistan series, where we could have taken it easy in that last game knowing we'd won the series but we didn't. We still went out with the same mentality of how we wanted to play our cricket. "Every time we walk out on the field, that's all I encourage the players to do: just concentrate on what you need to do as an individual to influence a game in the right way. If it doesn't happen, you've still got an opportunity to do that in a different way or a different session. Everything we do is to try and be positive and get a result for England."

Pat Cummins: 'Good to retain Ashes but work to do for next week'

PORT OF SPAIN, IUL 23 PORT OF SPAIN, JUL 23: In contrast to four years ago, there won't be any big celebrations from Australia on retaining the Ashes with Pat Cummins

aware the Manchester rain helped them escape with a

draw after being uo...
ed by England.
Cummins was part of
the side in 2019 when they
eventually shared the
series 2-2 having also series 2-2 having also retained the urn at Old Trafford, albeit with a convincing victory on that occasion, and those who featured that year have often spoken about it leaving unfinished business.

often spoken about it leaving unfinished business. There was a flatness allround at the end of this game with England knowing their chance of regaining the Ashes had gone while the visitors were aware they'd put in one of their worst performances under the Cummins-Andrew McDonald era. However, Cummins did make reference to their earlier success in the series which put them 2-0 up. Labuschagne gets his act together after testing Ashes tour "It's a bit of a strange



of work gone into putting us into a position where a draw does make us retain the Ashes. But there's a

the Ashes. But there's a Test match starting in three days so that's going to be our full focus. "It's a pretty similar group to 2019 when we retained it and we all came away feeling okay but we felt like we'd just missed what we'd come over to achieve.

what we'd come cachieve.

In some regards whatever happened today wouldn't really change how we look at next week. We want to win it to make sure we win it outright."

Barring Marnus

Ashes tour Ashes tour Marrius one, "Cummins said." As a group [we're] proud that we've retained the Ashes but it's off the back of not our greatest week. It feels like it's good to retain the Ashes, but we know we've got a fair bit of work to do for next week. "I don't think there will be huge clebrations. Maybe a bit of a pat on the back for retaining the [Ashes]. There's been a lot

as a captain and instead turned the focus on his own bowling which fell significantly below his usual high standards. "As a bowler it's frustrat-

usual high standards.
"As a bowler it's frustrating that I didn't bowl very weell at all, not up to the standards. I try and keep myself to; he said." I let through more boundaries than I normally do. Probably just one or two bad balls an over. I don't know [why] really. [My] rhythm felt pretty good, I felt like I was pretty clear in my own mind with plans.
"In terms of captaincy I think there has been a few of those moments where the [England] batters have played well, the game moves very quickly.
"We knew coming, into this series they were probably going to have a couple of days where it went their way and the game moves very quickly, so it was one of those days. It's tough, frustrating, but that's cricket. We've been on the other side of it plen.

ty of times."

The game most dramatically ran away from Australia in the middle session of the second day where Zak Crawley, Moeen Ali and Joe Root racked up 178 in 25 overs with the visitors unable to find a response. The innings then ended in chaotic fashion as well with Jonny Bairstow and Jimmy Anderson added 66 for the last wicket.

"That two-hour block in the second that the second the second that the second that

"That two-hour block in the middle session wasn't our best," Cummins said. "We tried to throw a few different plans at them and maybe on another day they work, a couple of the edges carry through or some of the catches go to hand, but I thought they batted well. I was pretty proud of the end of that day. We were able to wrestle back some of that control.

"You definitely look at what you can try and do differently for next time," he added. "Intak will be part of this week for sure. I think there are some obvious things we could do a little bit differently. Maybe some plans, the way we executed our bowling."

However, Cummins picked out Australia's first innings when they left themselves on the back foot with a total of 317 where numerous starts from the top porder weren't converted as five of the top six reached 32.

"We probably left a few runs out there in the first innings," be said.

Satwik-Chirag win fourth title of year at Korea Open

YEOSU (KOREA), JUL 23 YEOSU (KOREA), JUL 23: India's Satwiksairaj Rankireddy and Chirag Shetty continued their dream run, clinching the men's doubles title at the Korea Open with a gritty three-game win over world number one Fajar Alfian and Muhamad Rian Ardianto in the final here

Ardianto in the final here on Sunday.
Playing their fourth final of the year, the world No. 3 Indians rallied their way to a 17-21, 21-13, 21-14 win over the two-time world championships bronze medallists Alfian and Ardianto in a thrilling sumit days of the Surger Signary of the Surger mit clash of the Super 500 badminton tournament.

"The way we played today in the finals, didn't start off that well but happy that we could win that second game and keep the momentum until the very end. Yes, extremely happy that we could win happy that we could win consecutive titles after the Indonesia Open," Chirag said after the match.

The reigning Commonwealth Games



the Swiss Open, Asian Championships and Indonesia Open this year. "It's been pretty good week for us. We played

some amazing badminton throughout the week here and I am happy with the performance today. We want to continue with the want to continue with the same momentum next week at Japan Open. So, we'll go back now, rest and focus again," Satwik said. The Indian pair had a 2-2 head-to-head count against

Asian Games silver medallists Alfian and Ardianto but they had beaten the Indonesians on last two

Commonwealth Games champions thus extended their winning streak to 10 matches. It was another feather feather on their cap, following their victory at

narrowing a 10-19 deficit with a six-point burst before falling short. However, they found the

momentum in the second game and dominated the proceedings thereafter to come up trumps.

The Indonesians played The Indonesians played flat rallies at a high pace to open up a 4-2 lead early on.

The Indians were pegged back as Alfian and Ardianto didn't allow their

opponents to mount their attack. Errors also crept in as Satwik and Chirag conceded a seven-point advantage to their rivals at the break.

to their rivals at the break.

The Indians won a few quick points but the Indonesians managed to move away to 16-7 after Ardianto smashed one down the middle.

Another down-the-mid-dle smash from Ardianto took the Indonesians to 19-11. Satwik and Chirag won next three points before playing an exciting rally which ended with the Indonesians going to the

net.

A booming jump smash from Satwik further cut down the deficit to three points but he sent one wide to hand four game points to the Indonesians.

The Indians saved one with Chirag's cross court return before Satwik sprayed one to the net.

The second game started on an even keel with the

on an even keel with the on an even keel with the two pairs engaging in some delectable rallies. The Indians infused more power and pace into their game as they started to dominate the proceedings. The Indians opened up a slender 6-4 lead after a Chirag interception and maintained it till 10-8, with Satwik unleashin his

Satwik unleashing his trademark smash.

The Indian duo had a The Indian duo had a cushion of three points at the break when the Indonesians went wide. A cross court return from the front court from Chirag took them to 17-11.

Todkar upsets Dahiya, but Aman earns Asian Games ticket, Kaliraman vows to save 65kg place

NEW DELHI, JUL 23: Unheralded Atish Todkar caused a huge upset by knocking out Olympic silver medallist Ravi Dahiya with a sensational 'pin' but it was unflappable Aman Schrawat, who won the 57kg trials to qualify for the Asian Games here Sunday.

Games here Sunday.

It was not just the shock result but the manner in which Maharashtra's Todkar went Maharashtra's Todkar went about his business against the decorated Ravi Dahiya that created a flutter at the IG Stadium early in the day.

The scorecard reading an unbelievable 20-8 and a 'win by fall' for diminutive Todkar left the spectators, the coaches, the referees.

referees, everyone present inside the main hall, stunned.

The fast and furious Todkar consistently dodged Dahiya by moving swiftly from under his arms to move back for take-



Dahiya had a small 6-4 lead going into the second period but from there it was one-way traffic. Two consecutive take-downs and a four-pointer from the edge of the mat that Todkar

pulled off had rattled Dahiya. Using all his might, Dahiya went all out for a pin but Todkar wriggled out and got himself into a position from

where he had his opponent's shoulders on the mat. Dahiya's support staff team said he had recently recovered from a knee injury and lacked mat-time to be performing at his best. "Ravi had suffered both ACL

and MCL tears in his right knee on February 6. We started train-ing early April and he began practising full throttle about 10

days back. He needed competition and lack of it, hurt him,"
Dr. Munesh Kumar, who looked after Dahiya's rehabilitation told PTI. After ousting Dahiya and Naveen (7-3), Todkar later lost to Rahul by technical superiority in the semifinal. Todkar could not do much a days and the semifinal. Todkar could not do much as days to the semifinal to the much against Rahul, who suc-cessfully employed the move after taking a 4-0 lead to end the bout early in the second period. Aman Sehrawat, the Asian

Aman Schrawat, the Asian champion, was a bit wobbly at the start with Rahul Aware scoring an impressive four-pointer against him but the calm and composed Chhatrasal trainee remained unperturbed to win 9.6 to win 9-6.

He followed that up with He followed that up with wins by technical superiority against Ankit and Shubham. In the final too, he remained his self with his speed, technique and strategy pushing him to an

entry. In the same category, Sujeet, who lost his petition in the High Court against the exemption given to Bajrang, faded in the quarterfinals against experienced Rohit. Vishal and Rohit clashed in the

"I just wanted to win the trial today. Even if Bajrang was here today, I would have won, I was determined to win. We respect him for his achievements but what they are doing may destroy the careers of junior players," Kaliraman, 25, said after his win.

He was not willing to accept that he will just be a stand-by in 65kg after winning the trials. "We will fight this, if we have to go to Supreme Court, we will go. We have been training for 15 years now. They just can't give him entry like that," he added. Kaliraman's parents had held a demonstration in Hisar held a demonstration in Hisar and also outside the Olympic

and also outside the Olympic Bhawan to get the exemption decision reversed.

"We had supported Bajrang and Vinesh in their protest. They had said the protest is for juniors and now they are hurting the juniors. They are cheating us. We will fight against this injustice," his father Subhash Chander told PTI.

His mother Raibala said. "I

Chander told PTI.

His mother Rajbala said, "I don't even talk to my son for days because I don't want to disturb him in his training. I don't see my son for weeks and months because he is trying to

learn and compete at big stage.
Now that this chance is being taken away from him, what do we do?"
Not only Kaliraman's parents but the coaches at the Chatarsaal stadium said they will devise a strategy to counter this exemption decision.

this exemption decision.

"We will sit and find a way. If need be, we will move the Apex need be, we will move the Apex Court to get the decision reversed," said Praveen Dahiya and Lalit. From among the established names, Olympian and 2019 World Championship silver medallist Deepak Punia edged Jonty Bhati in a very close final to seal his place in the Indian team in the 86kg cat-eroory. In the 125kc, Sumit egory. In the 125kg, Sumit Malik, who successfully fought Malik, who successfully fought off a doping ban, sealed his place in the Indian team while Vicky (97kg) and Yash (74kg) emerged winners in their respective categories.

80-year-old woman burnt alive during Manipur Adityanath lays foundation stone for Rs 6 riots, another found with throat slit: Reports



GUWAHATI, IUL 23: An 80-year dom fighter. old woman, wite of a freedom fighter, was burnt alive in her home on May 28 during the ethnic clashes in Manipur, said reports. The woman, identified as Sorokhaibam Ibetombi, was locked inside her home before being set ablaze by an armed group, reported NDTV quoting a FIR filed with Serou police station. The inciwith Serou police station. The inci-dent happened in Kakching district's Serou village in Manipur which wit-Serou village in Manipur which wit-nessed massive violence and exchange of gunfire. Ibetombi was the wife of the deceased freedom fight S Churachand Singh, who was honoured by President APJ Abdul Kalam, The report comes days after paraded naked went viral, triggering

paraded naked went viral, triggering massive outrage.

The slain woman's grandson, 22-year-old Premkanta, told NDTV that the victim was locked inside the house by those who attacked her village. The house was then set on fire, killing the woman before her relatives could rescue her. "When we came under attack, my grandmother told us to run now and return for her after some time. 'Come back to get me,' she said as we left. Those were her last words, unfortunately," unfortunately," Premkanta told NDTV. He too had a narrow escape after bullets grazed his arm and thigh as he tried to save his

members has since returned to their village but their house is just broken

wood and metal.

Ibetombi's daughter-in-law, S
Tampaksana, told NDTV that they
took shelter at an MLA's house,
where they reached with great diffiwhere they reached with great diffi-culty amid the intense firing. "At 2.10 am, we fled as we were frightened and she (Ibetombi) insisted we run to safety first and send someone to rescue her later. We took shelter at our local MLA's house, frightened as the firing continued. Then we told our boys to go and rescue her at 5.30-6 am. By the time they went, the house was completely consumed by fire,

Reports added that old videos of Reports added that old videos of burnt woman have resurfaced along with that of another woman whose body was found in a semi-burnt state. The victim Thiendam Vaiphei was a 45-year-old widow and mother of two. Thiendam Vaiphei, was not only assaulted and had her throat slit but loca officers forms have no her loca. also suffered from burns on her legs, hands, and head.

The harrowing incident came to light when a pastor, accompanied by the Gorkha Regiment and Andro grandmother. police, went to retrieve her body on May 7, reported.

cr-sports complex in Gorakhpur GORAKHPUR (UP), JUL 23 : Ultar Pradesh Chief Minister Yogi ple. Iawn to accommodate 250-300 people. Aditynanth on Sunday laid the foundation stone here in Bhati Vihar colony of a mini sports complex, to be built at the cost of Rs 6.18 crore. Iawn to accommodate 250-300 peoples wrestler Janardan Singh's akhada. "Activities like Khelo India, Sansad Khel Kumbh, and Fit India under the leadership of Prime Minister Narendra Modi have created new awareness in the field of sports.

The Chief Minister also announced the construction of marriage halls 'Kalyan Mandapams' - for the poor at six places in the city.

Adityanath on Sunday laid founda-

Adityanath on Sunday laid founda-tions of 42 development projects worth Rs 72 crore. The projects included the Ramgarh Tal Ring Road which will cost Rs 44.13 crore. The CM said weddings and other such functions are often held in tents

by roadsides in urban areas, which causes a lot of inconvenience to the people. In view of the problem, he directed the Municipal Corporation and Gorakhpur Development Authority (GDA) to construct 'Kalyan Mandapams' for the poor. Initially, six places in the city have been chosen for such buildings, each of which will be equipped with a hall with several rooms, parking, and causes a lot of inconvenience to the

with several rooms, parking, and

Aditynath said that the state government will build its first mini sports complex in Gorakhpur, in addition to an international stadium, which will an international stadium, which will be built across 150 acros in Baghagada. "The action plan will be prepared soon and further action will start." The mini sports complex will have a 300-metre synthetic running track, a basketball court, an indoor badminton court alaum tennis court badminton court, a lawn tennis court, a volleyball court, a table tennis court, a rifle and pistol shooting range, the cricket net practice area, and a multi-purpose hall.

After the construction of the mini

After the construction of the mini sports complex, an MoU should be signed with the sports department for getting good coaches, said the CM, who has pledged Rs 3 crore from his MLA fund for the project. He said a plan is being prepared for the revival of Pakki Bagh and

"Today, players are getting encour-aged with the construction of stadiaged with the construction of stadiums in every development block, playgrounds in gram panchayats, open gyms in villages, and parks," he said. Adityanath claimed Gorakhpur was a changed city now with several new civic structures and a stricter law and order in compension to fine water. and order in comparison to five years ago. "A person who came here five years back would not be able to recognise the city today. In Gorakhpur, there is AIIMS on one hand and a fertiliser factory on the

hand and a fertiliser factory on the other. The place is connected with four-lanes and wide from all sides. "There is innovation everywhere, whereas earlier, filth and gang wars had become the identity of Gorakhpur," Adityanath said in the

Jharkhand inches towards drought-like situation due to scant rainfall: Officials

RANCHI, JUL 23: Jharkhand is inch-ing towards a drought-like situation in 11 of the 24 districts, paddy was ing towards a drought-like situation due to 45 per cent rain deficit, leading to around 85 per cent rain deficit, leading to around 85 per cent of the arable land in the state remaining fallow in the peak monsoon season, officials

4.15 lakh hectares against the target of 28.27 lakh hectares till July 21 or only in 14.71 per cent of the arable land. In 2022, around 20.40 per cent of the arable land was cultivated till the coresponding date, according to official

data. Sowing of the main crop of the sea-son, paddy, was even lesser at 11.20 per cent of the target of 18 lakh hectares. Last year, the figure was 11.76 per cent till July 21. According to agricultural experts, the ideal sowing period for paddy is from July 1 to July 20. With belawate or scart rainfall in

rrom July 1 to July 20.

With delayed or scant rainfall in the early months of monsoon in the last few years, many farmers nowadays sow crops till mid-August but that does not lead to a good harvest, they said.

ey said. Jharkhand Chief Minister Hemant Soren has also expressed concern over the situation.

function in Ranchi on Saturday, he said, "In the backdrop of climate change, farmers must be informed about what changes are

informed about what changes are required in farming."

Birsa Agricultural University
(BAU), Ranchi, Director Research P K
Singh told PTI, "The next seven to eight days are very crucial for the farmers of Jharkhand. If we get a good spell of rainfall, farmers will bring more hectares under cultivation and the impact of the drought situa-

in 11 of the 24 districts, paddy was sown in less than 5 per cent of the tar-geted area till July 21. Only West Singhbhum district has recorded sowing of paddy in 50 per cent of the targeted land, according to the state agriculture department's data. Ravindra Mahato, a farmer from Hazaethae, said that he had penavared

Hazaribag, said that he had prepared his paddy nursery on time due to good rainfall since June 20 but could not start transplantation of seedlings from the nursery to farms in July due to scanty rainfall.

to scanty rainfall.

Agriculture Department Director
Chandan Kumar said the sowing coverage is a matter of concern for the
state. "With the assessment of the current scenario, we can say that
Jharkhand is inching towards a
drought-like situation. With the sowing period coming close to an end, the
rainfall is still erraits. Even now, if
harkhand ear a need early the situ-

rainfall is still erratic. Even now, if lharkhand gets a good spell, the situ-ation is expected to improve, he said. The sowing coverage for other Kharif crops was also not encourag-ing. Maize was being sown in 32.99 per cent of the targeted area, down from 50.28 per cent last year. Similarly, coverage of pulses was at 14.77 per cent, while it was 29.72 per cent last year and oilseeds were being cent last year and oilseeds were being. cent last year and oilseeds were being sown in 20.05 per cent of the targeted area, down from 33.72 per cent last vear, Kumar said.

year, Kumar said.

He said farmers are being encouraged to opt for millets to deal with a possible drought situation.

"The government is also contemplating financial assistance for the cultivation of millets," Kumar said.

[] harkhand has registered a 45 per rainfall deficit till Saturday.

The state received 229.3 mm of rainfall from June 1 to July 22 against ormal rainfall of 414.9 mm during normal raintall of 414.9 mm during the period. Twelve districts are facing a rainfall deficit of more than 50 per cent, with Chatra and Jamtara record-ing the highest shortfall at 75 per cent and 67 per cent respectively. Only three districts — Sahibganj, Godda and Simdera, hower period downal and Simdega -- have recorded normal

Ranchi Meteorological Centre in Ranchi Meteorological Centre in-charge Abhishek Anand said, "fharkhand has received good rainfall in the last two days and it will contin-ue till July 24. Monsoon is likely to be weak till July 27 and thereafter, it may become active again. But I don't think it will help farmers much." Anand said symptoms of climate change are visible in [harkhand and other parks of the country. "Farmers"

change are visible in Jharkhand and other parts of the country. Farmers need to change the farming pattern according to the weather. They should also go for some alternative crops," he said. Kumar said that in 2022, the JhM-led government had on October 29 declared 226 of the 260 locks of the state as drought-affected and decided to provide a cash relief of Rs 3,500 to each affected farmer family under the chief minister's drought relief scheme.

The Jharkhand government had

The Jharkhand government had also placed a demand for a financial package of Rs 9,682 crore to the Centre for drought-hit blocks in the state. However, the state has not yet

state. However, the state has not yet received any drought package till date from the Centre, he added.

When another senior official of the agriculture department was asked whether a food shortage was likely, he said, "It is too early to comment on that."

BRS woos minorities with financial assistance scheme

NEW DELHI, JUL 23: Ahead of the assembly elections in the state, Telangana government issued an order for providing financial assis-annoted it will oppose the tance of Rs one lakh to minorities Uniform Civil Code and announce with 100 per cent subsidy.

However, this falls short of finan-However, this falls short of finan-cial assistance of Rs 10 lakh offered to Dalits under the Dalit Bandhu scheme to encourage entrepreneur-ship, which was being demanded by AIMIM chief Asaduddin Owaisi for the economically backward Muslims in Telangana. Although Chief Minister K Chandrasekhar Rao prom-ised to look into it after Owaisi raised the demand it has not been imple.

the demand, it has not been implemented. Instead the financial assistance for minorities will be on the lines of the assistance that is currenty extended to the backward classes in the state. Muslims form the major-ty among the minority population in the state which include Christians, the start of construction for extending

the Metro railway into Old City area of Hyderabad which has been pend-

of Hyderabad which has been pend-ing for a long time.

Under this scheme the Christian Minority Corporation would identify and extend the benefits to eligible Christians while the State Minority Corporation would undertake the task of identifying and providing projectors as the beneficiarie from assistance to the beneficiaries from Muslim, Sikh, Buddhist and Parsi communities. The grant will be given to only one member of a family and to only one member of a family and the age limit has been fixed between 21 and 55 years. The annual income of the applicant shall not exceed Rs 1.50 lakh in rural areas and Rs 2 lakh in urban areas. According to a statement

from the Chief Minister's office, the Telangana government was striving to maintain the Ganga Jamuni Tehzeeb and claimed to have spent Rs 8581 crore between June 2014 and January 2023 on the welfare of minor-

January 2023 on the welfare of minority communities.

In 2018, the BRS government had won a second term because of popular welfare measures including Shadi Mubarak under which parents of girls above the age of 18 got Rs one lakh for expenditure in marriages and old age and disabled pensions, particularly among Muslim voters.

However, a few months back AIMIM chief Asaduddin Owaisi slammed the BRS government for overlooking the issues of the Minorities in Telangana including the extension of Dalit Bandhu scheme to the poor Muslims as well as delay in initiating the construction work for metro train to the Old City area.

Internal strife in Kerala BJP intensifies

THIRUVANANTHAPURAM: The internal differences in Kerala unit of the BJP seem to be intensifying. The official wing of the party in the state has approached the central leadership with a complaint against state party vice-president Sobha Surendran, who is at loggerheads with the party state is at loggerheads with the party state leadership. In the complaint, the BIP leaders have brought to the notice of the party central leadership the public statements Sobha made indirectly against Union Minister V Muralidharan and party state president K Surendran. Such statements are creating disgrace to the party among the general public, it has been pointed until the complaint. pointed out in the complaint.

Kerala BJP General Secretary P Sudheer had the other day warned Sudheer had the other day warned Sobha Surendran of grave conse-quences if she continued to make statements against the party leaders and that she should air her grievances at the party forums. Responding to this, Sobha asked who is this Sudheer and she didn't know any Sudheer. The BIP state official wing has approached the central leadership with the complaint against Sobha with the complaint against Sobha Surendran, who is considered as a

firebrand leader of the party in Kerala, at a time when the party's Kerala in-charge Prakash Javedakar and organising secretary K Subhash are holding talks with Sobha to bring her on board. Following the official wing's complaint to the central leadership, the other wing, who supports Sobha, has decided to file a complaint Sobha, has decided to file a complaint against the leaders of the official wing of the BJP in the state. They are reportedly seeking enquiry into party state president K Surendran's relationship with Kodakara money heist case accused Dharmarajan.

They also demanded the sources of income and account details of many.

income and account details of many leaders in the official wing. The financial position of many of the leaders in the official group has grown quickly and that the assets of these leaders have increased sharply after the last Lok Sabha polls, the complaint report-

colly states.

Sobha Surendran alleged that she is being kept out of the party by the state leadership. In an interview given recently to a Malayalam news channel Sobha Surendran has said that she faced disgrace from the party state leadership and that she was perform-

ing her duties in the party, shedding tears within her. In the interview, Sobha said that she is being ignored, ill treated and sidelined by the party

state leadership.

A large number of party workers A large number of party workers and sympathiesrs do not approve of the treatment being meted out to Sobha Surendran by the party state leadership. They feel that the party is not making use of her potential to connect with people, to take up the issues related to the people and to make inroads for the party in new areas. Political analysts state that if the issues raised by Sobha Surendran is not settled amicably before the compile Los Sabba polls, it will adversely ing Lok Sabha polls, it will adversely affect the prospects of the BJP in the state, as many BJP workers and sympathisers feel that Sobha Surendran, who toiled for the party for around 25 years, is not getting due consideration in the party.

Opposition leader VD Satheesan recently said that understanding between the CPI-M and the BJP was behind the silence of the central agencies on the serious allegations levelled against the Chief Minister by gold ing Lok Sabha polls, it will adversely

against the Chief Minister by gold smuggling accused Swapna Suresh

Yamuna breaches danger level again; heavy rain hits Noida

NEW DELHI, IUL 23: As the NEW DELHI, JUL 23: As the Yamuna breached the danger mark again, Delhi stands risk of another spate of waterlogging and chaos. There seems no respite, as the swollen river threatens to affect the rescue and enablitation work, which and rehabilitation work, which is being progressed. Following a surge in dis-

charge from the Hathnikund Barrage into the river and heavy rains in Uttarakhand and

Barrage into the river.

After reaching an all-time high of 208.66 metres on July 13, nigh of 208.66 metres on jury 13, the river water level had been around the danger mark 205.33. According to the Central Water Commission's (CWC) data, the water level rose to 205.96 metres at 9 am on

Sunday. It is expected to reach 206.7 metres by 4 pm.
Meanwhile, heavy to very heavy rainfall is predicted in parts of Himachal Pradesh and Uttarakhand till Tuesday.
According to the CWC data, the flow rate at the

the flow rate at the Yamunanagar-located Hathnikund Barrage crossed the 1 lakh-mark at 9 am on Saturday and oscillated Saturday and oscillated between 2 lakh and 2.5 lakh cusecs between 10 am and 5

pm.
"This significant volume of water poses a risk of mid-scale floods in the capital, which is still recuperating from one of the worst flood spells it experi-enced in the second week of July," Bhim Singh Rawat, associate coordinator of the South Asia Network on Dams, Rivers and People was quoted by PTI.

"The second spell of floods
will likely see the Yamuna river
reclaiming most of its flood-

plain in Defini. Given the Valu-able insights gained from the last flood spell this month, city planners and policy makers must take note of the lessons learned. Citizens are counting on the swift response of author-ities, expecting all the gates of the ITO barrage to be opened and fully functional. Additionally, immediate attention should be given to fix any



plain in Delhi. Given the valu-

breached sites and bunds," he

Amid heavy rains in the upper hill regions, the water level has been fluctuating since last week.

last week.

According to Delhi Irrigation and Flood Control Department officials the heavy rains and waterlogging in low-lying areas would hamper the rehabilitation of families.

Earlier, due to severe water-Earlier, due to severe water-logging the water treatment plants had to be shut making it difficult for the people to get access to drinking water. Four treatment plants remained closed due to overflowing

Due to inundation of pump house in Wazirabad, the water supply in the city was hit. The pump house supplies raw water to Wazirabad,

Chandrawal and Okhla treat-Chandrawal and Okhla treat-ment plants.
Delhi have been witnessing waterlogging and flooding for over two weeks.
With receiving over 125 per

cent of its monthly rainfall quota, severe waterlogging occurred in the national capital

on July 8 and 9. At 208.66 metres on July 13, At 208.66 metres on juny 2.7, the Yamuna surpassed its pre-vious record of 207.49 metres set in September 1978 by a sig-nificant margin.

Over 27,000 people were evacuated from their homes due to floods.

Experts attribute the unprecedented flooding in Delhi to encroachment on the river floodplain, extreme rainfall within a short span of time and silt accumulation that has raised the riverbed.

However, Union Home

However, Union Home Minister Amit Shah spoke to Gujarat Chief Minister Bhupendra Patel on Sunday and enquired about the flood-like situation in various parts of

the state. Shah also had a discussion with Delhi Lieutenant Governor V K Saxena about the water level in the Yamuna river.

Spoke to Guiarat CM Shri "Spoke to Gujarat CM Shri 'Bhupendraphip Ji about the flood-like situation occurring in various parts of the state due to the recent heavy rainfall. Also had a discussion with LG of Delhi, Shri VK Saxena Ji about the water level in the Yamuna tne water level in the Yamuna river. Ample numbers of SDRF and NDRF teams are available to help the people in need," the home minister said on Twitter. Heavy to very heavy rains pounded several districts in Guiarat's southern and

. Gujarat's southern and Saurashtra regions on Saturday, triggering a flood-like situation in urban areas and isolating vil-lages amid the water level in dams and rivers surging to dan-

dams and rivers surging to dan-ger levels.

The water level of the Yamuna in Delhi breached the danger mark again on Sunday following a surge in the dis-charge from the Hathnikund barrage into the river after heavy rain in parts of Uttarakhand and Himachal Pradesh. A further increase in the water level of the river is likely to impact the relief-and-rehabilitation work in the flood-affected low-lying areas of the national capital, officials said.

Delegation from JKTPO met JDC NSEZ, DDG TPCI

DISCUSS HOST OF ISSUES LIKE ESTABLISHING SEZ, ENHANCING TRADE OPPORTUNITIES, STRENGTHENING EXPORT CAPABILITIES OF J&K

Promotion Organization (IKTPO), led by its Managing Director, Khalid Jahangir today met Joint Development Jahangir today met Joint Development Commissioner (JDC,) Noida Special Economic Zone (NSEZ), Surendra Malik and his team here, to explore possibilities of developing a Special Economic Zone (SEZ) in the Union Territory of Jammu and Kashmir. During the interaction, the Joint Commissioner suggested the idea of developing a private SEZ in Jammu and Kashmir for IT, ITES, Handicrafts, lewellery. Econd Processing and Jewellery, Food Processing and Pharma sectors who are majorly into Pharma sectors who are majorly into exporting. He also assured the JKIPO delegation that they would check with the interests of private players to setup SEZ in the UT. JKIPO delegation on the occasion informed the NSEZ officers that they will organise a virtual meeting with NSEZ to accept the LTE extensity for

NSEZ to present the UT's strengths for having an SEZ in the region. NSEZ is about 310-acre state of art facility which houses about 210 units from IT. TIES, Electronics, Gems & Jewellery, Aerospace Manufacturers, Packaging Industries, etc., and is one of the biggest SEZs in India. SEZ usually includes Free Trade Zones, Export Process Zones, Freeports, and many other benefits the state and central governments which hugely benefit manufacturers who are exporting their products from J&K.

The JKTPO delegation on the occa-The JKTPO delegation on the occa-sion also visited units of NeoKraft Global Pvt Ltd and KnitPro International who are manufacturing products in the NSEZ. Later, Managing Director, JKTPO, Khall Jahangir, also met Deputy Director General (DDG). Trade Promotion General (DDG). Trade Promotion General (DEG) and post to discuss and expedite the forthcoming Buyer-Seller Meet (BSM) scheduled to be held in August at Jammu, This sigbe held in August at Jammu. This sig-nificant meeting aimed to enhance trade opportunities for the region and strengthening the export capabilities of Jammu and Kashmir.

of Jammu and Kashmur.

During the discussion, Khalid Jahangir emphasized the importance of prior orientation sessions for the exporters representing Jammu and Kashmir in the upcoming BSM.

He added that these sessions will enable the exporters to acquire a comprehensive understuding of tradeurs.

prehensive understanding of various technicalities involved in exports, including, logistics, financing, sampling, insurance, and other relevant

He further said that by empowering the exporters with essential knowledge, JKTPO aims to facilitate seam-less trade interactions during the

The meeting concluded on a posi-tive note with the formulation of a detailed responsibility matrix, outlining the roles and responsibilities of all stakeholders involved in the event. This matrix will ensure efficient coor

This matrix will ensure efficient coordination and cooperation among all parties, enabling the BSM to run smoothly and productively.

Moreover, the meeting also discussed plans to mobilize potential buyers and investors, attracting them to participate in the event. The BSM will received a union allestore for will provide a unique platform for buyers to explore the diverse range of products offered by exporters from Jammu and Kashmir, thereby foster-Jammu and Kashmir, thereby tostering new trade partnerships. In addition to the above, the delegation and
TPCI also finalized the process of on
boarding relevant stakeholders who
will be participating in the informative sessions during the BSM.

These sessions will offer valuable

insights into the intricacies of international trade and provide a platform for interactions and knowledge-sharing among exporters, buyers, and other key players.

Large groups gathered in the streets under a red sky

Sikh man who died attempting to save minor honoured with Carnegie Hero Award

NEW YORK: 31-year-old Sikh farmer, who died while trying to save an eight-year-old girl in California in 2020, has been bestowed with the Carnegie Hero Award, North America's highest honor for civilian heroism. Maniit Singh from

Manjit Singh from Fresno died while trying to save Samantha Cruz Pedro

save Samantha Cruz Pedro from the Kings River in Reedley on August 5, 2020. Pedro struggled to swim as she was separated from a group of children playing in the river and the swift current carried her down-stream. Singh then entered the river to save the child, despite not knowing how



to swim. He unwrapped his turban and tried to use it as a lifeline as he went neck to try to help the little

girl. Shortly after this, he sub-

sight of him in the chaos A man located Pedro and took her to first responders on the bank. She was taken to a hospital

downstream and was brought to the bank unre-sponsive. All attempts to revive him were unsuc-cessful.

revive him were unsuc-cessful.

Each of the recipients or their survivors will receive a financial grant, the Carnegie Hero Fund Commission announced in a release late last month. The Carnegie Medal is given throughout the US and Canada to those who enter

Canada to those who enter extreme danger while sav-ing or attempting to save the lives of others.

So far, the Carnegie Medal has been awarded to 10,371 individuals since the inception of the Pittsburgh-based Fund in 1904

2500 people attend Maiden "Singpora FoxGlove Festival"

MEGA ACTIVITIES LIKE TREKKING, BIKE RALLY, SPORTS ACTIVITIES, DANCE & SINGING, PROMOTION OF LOCAL CULTURE, CUISINE ORGANISED

JI NEWS SERVICE

KISHTWAR, IULY 23: The enchantidistrict Kishtwar came alive with vibrant festivities at the inauguration of "Singpora FoxGlove Festival" here

at Singhpora Chatroo.

The festival organised by the District Administration in collaboration with the Directorate of Tourism tion with the Directorate of Tourism Jammu, Marwah Forest Division, Excise & Taxation Department, Development Authority, Indian Army and NHIDC, witnessed an overwhelming response with the par-ticipation of around 2500 visitors. The festival showcased a wide-array of activities aimed at celebrat-ing the local culture and natural beauty of the region.

beauty of the region.

The event included thrilling activities like Trekking, Bike Rally, Sports Activities, Dance & Singing performances, and the promotion of local cuisine, all contributing to the joyous

sine, all contributing to the person-ambiance.

The event was inaugurated by Deputy Commissioner Kishtwar, Dr. Devansh Yadav in presence of ACR, Varunjeet Singh Charak; PO ICDS/ CEO KDA, Dr. Rishi Sharma; SDM CEO KDA, Dr. Rishi Sharma; SDM Chatroo, Shokat Hayat Mattoo; DFO Marwah, Vijay Kumar; Tehsildar Chatroo, Suman Ji Sharma; Tehsildar Mughalmaidan Nayeem Iqbal Sheikh; Tehsildar HQ, Chander Shekhar Sharma; AD FCS&CA Shafqat Keen; XEN R&B Chatroo, Irfan Banday; BDO Inderwal, Tasleem Wani; BDO Mughalmaidan Dheeraj Bahadur; SHO Chatroo, Parvaiz Ahmed Khandey, Major Bhuban Thappa, PRIs, among other District Sectoral Officers. District Sectoral Officers.

group of trekkers embarking on a

group of trekkers embarking on one-hour trek from picturesque Singhpora Tunnel point to Marh, which was flagged off by the Deputy Commissioner.

The DC himself along with other Officers participated in the trek. The scenic beauty and lush forest area along the route was highly appreciated, making it an ideal track for trekkine enthusiasts.

trekking enthusiasts.
In addition to the trekking expedi tion, a thrilling bike rally from TRC to tion, a thrilling bike rally from TRC to Singhpora was organized, receiving accolades from the participants and onlookers alike. Health camp was also organised by the AYUSH Department Kishtwar. To promote sports and a healthy lifestyle, a Volleyball Match was organized by IIR, which was inaugu-rated by the Deputy Commissioner himself. He encouraced the vouth to

himself. He encouraged the youth to actively participate in sports ties to maintain their fitness and well-

being.

The festival was further graced by The testival was turther graced by the enchanting performances of local singers and artists like Shoaib kan-doo, Moin Raja, Bilal ahmed malik, Owais butt, Istiyaq hussain, Shahid Hussain, Gojri Song by Students of GHSS Chatroo, Maroofa Wani and party besides Dancers like Tavishi Agand Tvisha Mahaian Mehvish Anand, Tvisha Mahajan, Mehvish Akhtar, Folk dance by Shanti Institute of education, Inderwal who mesmerized the audience with their mesmerized the audience with their melodious voices and capitvating dance moves. The cultural perform-ances showcased the rich heritage and artistic brilliance of the region. One of the highlights of the festival was the delectable cusine offered at stalls installed by local entrepreneurs,

providing visitors with a taste of the

providing visitors with a taste of the region's authentic flavors.

Addressing the gathering, the Deputy Commissioner emphasised the immense tourism potential of the region and urged the tourism depart-ment to organize more such events in the future.

the future.

He expressed confidence that such initiatives would help unveil the hidden marvels of Kishtwar, further elevating its position on the tourism map.

Speaking passionately about the significance of the festival, the SDM significance of the festival, the SDM Chatroe explained that the "Singpora FoxGlove Festival" was dedicated to the flowering plant known as Foxglove (scientific name: Digitalis), found abundantly in the forests of Singhpora area. The vibrant blossoms of Foxglove added to the region's already lush green forests, making it an ideal occasion to promote the pic-turesque Singhopora Vallev.

He stated this event may uplift the socio economic conditions of the area socio economic conditions of the area as this area is having a major tourist potential and urged youth to come forward and promote this area so that business avenues may also be made available to them.

The maiden "Singpora FoxGlove Festival" not only celebrate di the nat-trual beauty and cultural betriage for

ural beauty and cultural heritage of Kishtwar but also provided a plat form for fostering tourism and

encouraging local talents.

The event's success lays the foundation for future editions, promising to elevate Kishtwar's prominence on the tourism map of Jammu & Kashmir.

The whole programme was co-ordinated by Avni Sen.

Tourists flee wildfire on Greek island Rhodes, flights cancelled seaside villages of Kiotari, Gennadi, Pefki, Lindos, Lardos and Kalathos.

ATHENS: A wildfire rag-ing on the Greek island of Rhodes forced thousands of tourists and island resi-dents to shelter in schools and indoor stadiums on Sunday after they were evacuated from coastal vil-

evacuated from coastal vil-lages and resorts.

Thousands spent the night outdoors and tour operators Jet2, TUI and Correndon cancelled flights departing for the island, which is located in southeastern Greece and is popular with holidaymakers for its beaches and his-

toric sites.

One government official told Reuters 19,000 people had been moved away from their homes and hotels, 3,000 of them by boat. Many were assisted by police. There have been no reports of casualties in by police. There have been no reports of casualties in the fire. Greek authorities with her 11-year-old



said the evacuation effort was among the biggest the country had ever conduct-

"We were walking down "We were walking down the road at 2 o'clock in the morning and the fire was catching up with us", tourist Amy Leyden told Sky News, calling the exper-rience "just terrifying". "I didn't think we were going to make it." Leyden said, describing being

daughter, before being taken to the safety of a school in the northern part of the island.

Coastguard vessels and Coastguard vessels and dozens of private boats car-ried more than 2,000 tourists from beaches on Saturday after the wildfire, which has burned for nearly a week, was fanned by strong winds and rekindled along the southeastern part of the island. Many fled hotels when

Many fled hotels when huge flames reached the

the streets under a red sky waiting to be taken to safe-ty. Smoke hung heavy over a deserted beach. Volunteers fought to extinguish a blaze that blackened the hillside and charred buildings near Lindos, which is one of the island's most visited sites and is famed for an acropo-lis perched on a massive lis perched on a massive rock within medieval

walls "We have between 4.000 and 5,000 people now accommodated at different accommodated at different structures," Thanasis Virinis, a vice mayor of Rhodes told Mega televi-sion on Sunday, calling for donations of essentials

Russian attack on Odesa kills one, damages cathedral, Ukrainian officials say

MOSCOW: A Russian air attack on Ukraine's southern port of Odesa early on Sunday killed one, injured nearly 20 and badly damaged an Orthodox cathedral, Ukrainian offi-cials said, adding the icon of the patroness of the city had been retrieved from under the rubble.

retrieved from under the rubble.
"Odesa: another night attack of the
monsters," Oleh Kiper, governor of
the Odesa region, said on the
Telegram messaging app.
One person was killed and 19
injured, including four children, in
the missile attacks that also destroyed
six houses and apartment buildings.
Fourteen people were hospitalised,
he said.

The Spaso-Preobrazhenskvi

Cathedral, or the Transfiguration Cathedral, was severely damaged, Odesa's military administration said. Odesa's largest church building, it is located in the historic city centre, which is a UNESCO world heritage which is a UNFSCO world heritage site. a"The Kasperovska icon of the Mother of God, who is the patroness of Odesa, was retrieved from under the rubble," the administration said on its Telegram channel. Aftermath of a Russian missile attack in Odesa Local residential building, damaged, during, Russian building, damaged, during, Russian

building damaged during Russian missile strikes, amid Russia's attack on Ukraine, in Odesa, Ukraine July

on Ukraine, in Odesa, Ukraine July 23, 2023. (Reuters) Parts of the building were destroyed, the floors were covered in rubble and chunks were ripped off the cathedral's ornate walls.

Russia's Defence Ministry reported strikes on targets in the area but denied it had struck the cathedral and said the building had probably been hit by a Ukrainian anti-aircraft missile.

Russia has attacked Odesa with

missiles and drones several times since it withdrew on Monday from a year-old deal that had allowed for year-old deal that had allowed for safe exports of Ukraine's grain from Black Sea ports. Odesa's ports were the departure point for grain leaving Ukraine in the Turkey and UN-bro-kered agreement. President Volodymyr Zelenskiy condemned Sunday's attack and vowed payback. "There can be no excuse for Russian evil. As always, this evil will lose. And there will definitely be a retalia-tion to Russian terrorists for Odesa. tion to Russian terrorists for Odesa. They will feel this retaliation," he

They will feel this retaliation," he said on Twitter.

In its daily briefing, Russia's Defence Ministry said it had struck targets "where terrorist attacks were being prepared" in the Odesa area, and that all targets had been destroyed. Aftermath of a Russian missile attack in Odesa Rescuers stand in front of residential buildings damaged during Russian missile damaged during Russian missile strikes, amid Russia's attack on Ukraine, in Odesa, Ukraine July 23,

Ukraine, in Odesa, Ukraine July 23, 2023. (Reuters) Separatelly, the ministry said Ukrainian reports of a Russian strike on the cathedral were false, and that its targets in Odesa were located "a safe distance" from the cathedral complex. It said that the "probable

cause" of the damage to the cathedral was a Ukrainian anti-aircraft missile. Russia has been pounding Odesa and other Ukrainian food export facilities nearly daily over the past

Pro-Kremlin military bloggers have said in the past week that Russia has changed its air attack tactics,

has changed its air attack tactics, using a combination of weapons in a "swarm" manner, one wave after another, which they say is more difficult to defend against.

Ukraine's air force said on its Telegram messaging app early on Sunday that Russia launched high-precision Onyx missiles and sea-to-shore Kalibr cruise missiles on Odesa.

The city's military administration said that air defence systems destroyed a "significant part" of the missiles, which they said included Iskander ballistic missiles.

Iskander ballistic missiles.
Russia has previously described its
attacks on Odesa as revenge for a
Ukrainian strike last week on a
Russian-built bridge to Crimea, the
Ukrainian peninsula that Moscow
annexed in 2014. It has accused
Ukraine of using the sea corridor to
launch "terrorist attacks".
The cathedral that was hit of
Sunday is of the Moscow-linked

Sunday is of the Moscow-linked Ukrainian Orthodox Church (UOC) Ukraine's second-largest Church. Most Ukrainian Orthodox believers belong to a separate branch of the faith formed four years ago by unit-ing branches independent of Russian

Benjamin Netanyahu in hospital as Israeli judicial crisis flares

Israel's Prime Minister Benjamin Netanyahu was in hospital after being fitted with a pacemaker on Sunday, as tens of thousands of people converged on Jerusalem to protest a planned overhaul of the Supreme Court being debated in parliament. With Israel embroiled in its liament. With Israel embroiled in its most serious domestic political crisis in decades, the 73-year-old leader was rushed to Sheba Medical Center near Tel Aviv on Saturday after a heart monitor implanted a week earlier in what was described as a dehydration episode detected a "temporary arrhythmia", his doctors said.

The pacemaker procedure went

The pacemaker procedure went smoothly and Netanyahu was expected to be discharged later on Sunday, his office said, adding that trips planned to Cyrus and Turkey would be rescheduled.

would be rescheduled.

That should give him enough time to take part in the final vote in parliament on Monday on a key element of his highly contested judicial overhaul, which has ignited months of nationwide protests and concern abroad over Israel's democratic beth. Network of solition with a health. Netanyahu's coalition with a clutch of nationalist and religious parties has been determined to push ahead with plans that would curb the Supreme Court's power to overrule government actions on legal grounds, arguing that the court has

become too politically intervention-ist. Lawmakers on Sunday began debating a bill to limit the court's ability to void decisions made by the government and ministers it deems "unreasonable". The result of Monday's vote could come as soon as Monday's vote could come as soon as that evening. Critics say the amend-ment is being rushed through parlia-ment and will open the door to abus-es of power by removing one of the few effective checks on the execu-tive's authority in a country without a formal written constitution. Supporters say opponents of the bill want to override the will of the majority that yoted Netambu's onymajority that voted Netanyahu's govmajority that voted Netanyahu's gov-ernment into power last year, and the battle has opened up deep divisions in Israeli society. The crisis has spread to the military, with hundreds of volunteer army reservists threatening not to show up for service if the government continues with the plans, and former military and secu-rity chiefs warning that national secu-rity was at risk.

rity chiefs warning that national secu-rity was at risk.

Tens of thousands of Israelis opposing the judicial changes marched to Jerusalem over the week-end, carrying flags and beating drums under a scorching summer sum. Many pitched tents in a park near the Knesset. "We're worried, we're scared, we're angry. We're angry that people are trying to

change this country, trying to create a democratic backslide. But we're also very, very hopeful," Tzivia Guggenheim, 24 and a student in Jerusalem, said outside her tent.

Across town in the Old City, hundreds of protesters gathered near the Western Wall, Judaism's holiest Western Wall, Judaism's holiest prayer site, singing and dancing in circles. The furore over the judiciary has contributed to strains in relations with the U.S., as have surging Israeli-Palestinian violence and progress in Iran's nuclear programme. Washington has urged Netanyahu, who is on trial for corruption charges the denies. In seek broad aergements

he denies, to seek broad agreements

over any judicial reforms. First elected to Israel's top office in 1996. Netanyahu has been both

1996, Netanyahu has been both dynamic and polarising.
He spearheaded a free-market revolution in Israel, while showing distrust of internationally backed peacemaking with the Palestinians and world powers' negotiations to cap Iran's nuclear programme.

PUBLIC NOTICE

No 13764575 H Hav Harbans Singh of 6 JAK RIF Age 44 Years Son of Shri Sukhdev Singh Resident of VPO Ganiah Teh. NOWSHERA Distt RAJOURI J&K PIN 185155, DEVI have changed my Mother name as KAME-LESH DEVI in stead of KAMLESH DEVI

DC Pulwama visits Imambaras, takes firsthand appraisal of arrangements for smooth observance of Muharram proceedings

PULWAMA, IULY 23: The Deputy Commissioner (DC) Pulwama, Dr Basharat Qayoom today undertook an extensive visit of various C visit of various Shia populated areas of the district to take a firsthand appraisal of arrangements being made for smooth observance of Muharram pro-

observance of Muharram proceedings.

The DC visited Markazi Imam Bargah Gangoo, Dangerpora, Wakherwan and Hathkoul and held a detailed interaction with the local Shia people to have first-hand feedback of the arrangements put in waco during the Holyl Month of place during the Holy Month of Muharram-ul-Haram.

On the occasion, locals



flagged-off some demands and issues including medical facili-ties, repairs of procession routes, cleanliness of lanes and drains, uninterrupted electrici-

ty, electricity poles and ade-quate drinking water facility. The DC listened to the

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demands of people patiently and issued on spot instructions to all the concerned depart-ments to fulfill them within stipulated time.

He assured the locals that

their legitimate demands will be resolved immediately, par-

Muharram, so that mourners may not face any difficulty. On the occasion, the Chief Medical Officer and officers of the Health Department were asked to keep first aid facilities, Medical teams and Ambulances available in the areas and also accompany the processions to ensure immediate first aid/ medical treat-

She was also asked to keep available Pediatrician on call to

available Pediatrician on call to facilitate the sick children. Similarly, the DC asked S.E. PDD to repair all street lights that have developed snag and make them functional and also ensure uninterrupted electricity during these auspicious

ticularly pertaining to days. Whereas Executive Muharram, so that mourners Engineer PHE was asked to keep provision of water tanker supply wherever required and carry out repairs of damaged

pipes.

Meanwhile, the DC also stressed for cleanliness of lanes and drains within Imambaras and other routes leading to Imambaras and routes through which Muharram procession which Muharram processions will pass so that people do not face any difficulty. The DC was accompanied by Asst. Commissioner Revenue, Assistant Commissioner Panchayat, Chief Medical Officer, Superintending Engineers, Executive Engineers of R&B, PDD, PHE, Naib Tehsildar and other concepted officers. other concerned officers.

Mining Department Kathua seizes 22 vehicles involved in illegal mining

JI NEWS SERVICE

KATHUA, JULY 23: A team of Geology and Mining Department, led by District Mineral Officer, Rajinder Singh today conducted surprise raids at various locations of the

involved in illegal mining and illegal transportation of sand and bajri from Taraf Tajwal, Logate, Sahar Khad, Nagri road, Basantpur, Gandial, Chadwal, Rajbag and

Nagri road, basamptur, Gandial, Chadwal, Rajang and Haria Chak areas of the district.

The DMO Kathua informed that the seized vehicles were handed over to the incharge of the local police posts after completing the legal formalities as per the rules of the department. The seized vehicles shall be released only after paying penalty in Joint Director Office Jammu on fixed date.

The projectation (Chasis/Serial Nos. of seized vehicles

fixed date.

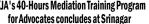
The registration/Chasis/Serial Nos of seized vehicles are [K08-2259, R]04CC-6254, R]04CC-6429, [K08G-7698, [K08M-0130, NNFI]04212, NNA16641B, MBNBC55AFL, WYCH45929947684, [K02BE-0485, [K210-9051, [K08L-2817, [K08M-7681,]K08M-1522, MBNBU53AANTG27, NHN363002MC546603, WWTM30405042471, PB02EG 4351, PB05AI-3325, WWCA45605135505, IK02BH-9350 and IK14I-1216

Earlier, during seizure some owners of vehicles tried to forcibly take away the seized vehicles from police custody at Bedian Naka and also involved in altercation with the DMO but a police party led by SHO Kathua rushed to the spot and forced the violators to disperse from the spot. The District Mineral Officer informed that the action

been initiated as per the MMDR Act of 1957 and SRO-105 of 2016 wherein powers have been delegated to officers for controlling illegal mining activities and illegal transportation of minerals

Deputy Commissioner Kathua Rakesh Minhas has already instructed the Geology and Mining Department to take stern action against the violators for illegally lifting raw and finished mineral from the Khads and Nallahs.

JKJA's 40-Hours Mediation Training Program



JI NEWS SERVICE

SRINAGAR, JULY 23: The 40 hours Mandatory Mediation Training program organised by Mediation and Conciliation Committee, High Court of J&K and Ladakh, for the Advocates of Kashmir province, concluded successfully today at J&K Judicial Academy (JKJA), Moominabad,

here.

That training was started on 19th of this month with an objective of fostering strong foundation of alternative dis-pute resolution methods within the legal community, enhancing their abilities to address disputes with efficien-

enhancing their abilities to address disputes with efficien-cy, compassion, and fairness. Spread over five days, the training program delved into various facets of mediation, including communication skills, active listening, neutrality, and ethics. The partici-pants' unavoring enthusiasm and active engagement showcased their determination to enrich their understand-ing of mediation practices. During the program, it was emphasized that the significance of mediation is in allevi-ation the burden on courts and expedition the resolution of the program of the program is the program of the program is the program of the program is the program of the program of the program is the program of the program of the program is the program of the program of the program is the program of the progr ating the burden on courts and expediting the resolution o

disputes.

Distinguished experts on the subject were instrumental in guiding the participants through the intricacies of medi-

tion practices. Dr. Aditi Choudhary, Senior Judge Trainer, reflected on Dr. 'Adtit Choudhary, Senior Judge Trainer, reflected on the immense potential of mediation to bring about transformative change in the lives of individuals and communities. She said, "Mediation empowers parties to take ownership of their conflicts, promoting amicable resolutions that endure beyond the courtroom. The commitment shown by the participants reflects their dedication to uphold the principles of justice,"

A.J. Jawad, Senior Advocate Trainer, commended the participants dedication and passion throughout the five-day program. He expressed that it was truly heartening to witness the participants' growth and enthusiasm as they imbited the essence of mediation. "I firmly believe that the skills acquired during this trainine will significantly con-

skills acquired during this training will significantly con-tribute to their effectiveness as legal professionals," he said.

said. Speaking about the program, Amit Gupta, Coordinator, Mediation and Conciliation Committee, High Court of Jammu & Kashmir and Ladakh thanked the Director, J&K Judicial Academy, all the trainers and participants for their participation and commitment in making the program a resounding success. He also expressed gratitude to Chief Justice and Mediation and Conciliation Committee, High Court of J&K and Lodakh. Court of I&K and Ladakh as also the Member Sec Mediation and Conciliation Project Committee (MCPC) for their guidance and support.

DC Kupwara issues Weather Advisory; asks people to refrain from venturing in avalanche prone areas

KUPWARA, JULY 23: In view of rain showers prediction by Meteorological Department upto 25th July 2023, the by Meteorological Department upto 25th July 2023, the Deputy Commissioner Kupwara, Ayushi Sudan today issued a Weather Advisory for the people of the district in general and those residing in the areas like Keran, Karnah, Machil, Budnamal, Jumgund, Nowgam, Kumkadi and those living on the periphery of different nallahs/rivers that are prone to floods, sloppy areas of the district. The people have been advised to refrain from venturing in avalanche prone areas till the improvement of weather. Further, the general public have been advised to avoid traveling to the areas like Keran, Karnah, Machil, Budnamal, Jumgund, Nowgam, Kumkadi etc without proper information on the weather system.

Serving last person of J&K cornerstone of Govt's developmental approach

SRINAGAR, JULY 23: In the past four years, Jammu and Kashmir has witnessed a remarkable transformation with surge in initiation of develop-mental projects, most of which have been completed by the

have been completed by the government.

From the valleys of Kashmir to plains of Jammu, the govern-ment's unwavering commitment to serving the last person in the queue has become the cornerstone of their developmental

approach.

The staggering figures speak volumes about the government's dedication to uplifting

opportunities for citizens. In 2019-20, 12,637 projects were completed followed by were completed followed by 21,943 projects in 2020-21. The momentum grew exponentially in 2021-22, with 50,726 projects completed, and in 2022-23, an astonishing 92,560 projects are being accomplished. What sets the Jammu and Kashmir government's

Kashmir government's approach apart is its unwavering commitment to inclusivity. The LG led administration has

the lives of the people in the region. Over the last four years, fits of development reach even the government has successfully the most remote and marginal-completed an impressive number of developmental projects, tration has been actively work-creating infrastructure and infrastructure and munities by providing them access to education, healthcare,

access to education, healthcare, and livelihood opportunities.

The government has placed significant emphasis on rural development, acknowledging the importance of strong rural infrastructure for overall progress. Projects like road connectivity, clean water supply, and electrification have been privitized, sointificantly improving oritized, significantly improving the quality of life in rural areas. The completion of thousands

of developmental projects has not only improved living condi-tions but has also provided a much-needed boost to the local economy. Job creation has been a key focus, with a large number of employment opportunities generated across various sectors. This has had a cascading effect

This has had a cascading effect in the region, empowering the population and reducing unemployment.

Improved infrastructure has been a critical aspect of the government's developmental approach. By investing in infrastructure projects, like roads, bridges, and transportation networks the ouvernment has fosworks, the government has fos-tered better connectivity between regions. This has facili-tated the smooth movement of goods and services, further enhancing economic growth. The record number of devel-

opmental projects completed by the Jammu and Kashmir govern ment over the last four years is a testament to its commitment to testament to its commitment to serve the last person in the queue. Through its inclusive approach, the government has endeavoured to bridge gaps, uplift marginalized communi-ties, and spur economic growth. As J&K forges ahead on its jour-ney of development, it holds the promise of a brighter and more prospersus fitting for every citiprosperous future for every citi-zen in J&K.

Agriculture Department Doda organises awareness drive



JI NEWS SERVICE

DODA, IULY 23: The Department of Agriculture and Farmers Welfare Doda on Sund

Production and Farmers Welfare Doda on Sunday organized a comprehensive awareness drive in the Malan Dessa area of Tehsil Bhagwah. The event, held under the guidance of the District Administration Doda and supervised by Chief Agriculture Officer, Anil Gupta aimed to educate farmers about different government schemes crucial for their necessity.

for their prosperity.

The farmers were enlightened about the PM
KISAN scheme, which provides direct financial assis-KISAN scheme, which provides direct financial assistance to eligible farmers, besides benefits of obtaining. Kisan Credit Card (KCC) for easy access to credit facilities and the Holistic Agriculture Development Programme (HADP) to foster sustainable farming practices. With main focus on farmer welfare and rural development, the awareness drive provided a vital platform for educating farmers about flagship schemes and programs. District Commissioner, Vishesh Paul Mahajan, played a key role in guiding the initiative towards its successful implementation the initiative towards its successful implementation

Through interactive sessions and informative dis-cussions, the farmers were made aware of the benefits and procedures of availing themselves of the PM KISAN scheme, which offers crucial financial support directly to their bank accounts.

port circcity to their bank accounts.

Additionally, they were encouraged to apply for the Kisan Credit Card (KCC), a crucial financial tool that facilitates hassle-free access to credit, enabling them to invest in modern agricultural inputs and technology.

DDC Kupwara visits flash flood hit far-flung areas of Hayhama, Kalaroos & Lolab

TAKES ASSESSMENT OF FLASH FLOOD SITUATION

JI NEWS SERVICE

KUPWARA, JULY 23: The District Development Commissioner (DDC) Kupwara, Ayushi Sudan Sunday visited flash flood hit areas of Hayhama, Kalaroos and Lolab to take on-spot inspection of the situation arises due to flash floods.

The DDC accompanied by officers The DDC accompanied by officers of concerned departments visited Chalgund, Gundisana, Zadipora, Trumnard, Batpora and other areas where flash floods have damaged standing crops and other infrastructures including roads, culverts, electricity lines and PHE lines.

Ayushi asked locals to take precautionary measures and avoid venturing close to Nallahs and stressed upon the concerned departments to stay vigilant in case of any eventuali-

stay vigilant in case of any eventuality.

The DDC on the occasion said that our field teams have reached the spot. Restoration and evacuation work is in progress and the losses are being assessed. She said that people living close to Nallahs/ Streams should avoid venturing out till the weather improves and water level decreases.

The DDC also interacted with the PRIs and public to listen to their

She visited Kalaroos and took on She visited Kaiaroos and lock co-spot assessment of the situation where a culvert was damaged in flash floods

floods.

The DDC later visited Krusan, Shalgund, Brunut Takia Khurhama and other areas of Lolab and took firsthand appraisal of flood situation arised due to flash floods triggered by Nallah Khurhama. In Khurhama (Jalb) the DDC was commanded. (Lolab), the DDC was accompanied by the Vice Chairman, District Development Council Kupwara, Haji Farooq Mir, ACD Kupwara, Hilal Mir and SDM Lolab, Ijaz Ahmad Bhat

SWD Jammu organises Drug Demand Reduction campaign at Qasim Nagar

JI NEWS SERVICE

JAMMU, JULY 23: Department of Social Welfare Jammu today organ-ised a one day awareness cum inter-active programme on "Drug Demand Reduction" here at Qasim

Demand Reduction* here at Qasim Nagar, New Bahu Fort. The programme was oriented to impart awareness to the general masses about illicit trafficking of drugs, their harmful impacts and control. Director General, Directorate of Social Walfers, Visue Khamma, use of Social Welfare, Vivek Sharma, was

The programme was attended by Assistant Director (Adm) SWD, Shivani Gotra; Assistant Director (Schemes) SWD, Pallvi Sharma; Director JKSPYM, Pallavi Singh, and the whole team of NGO JKSPYM. The event witnessed participation of Mohalla President, D.D. Mehra

and youth and locals of the commu-nity. During the interaction, Director General, SWD said that addiction is General, SWD said that addiction is an advanced stage of substance abuse where the user develops a compulsion to take the drug, persists in usage despite its harmful conse-quences and exhibits a determination to obtain the drug by almost any means and its high time to aware every individual of the society about the menace, it's impacts. She also suggested various ways to curb the

suggested various ways to curb the menace of drug usage. The Director JKSPYM also gave details about the rehabilitation centre run by the NGO- JKSPYM and methods to curb drug abuse and control drug demanding desires.

Local PRI members also shared

Local PRI members also shared their views pertaining to agenda and shared means which are being adopted by the community people to avoid the harmful consequences. Further, local kids also participated in the programme with their performances and also enthusiastically performed the signature campaign.



AHD Kishtwar organises mega awareness camp addition to vaccination and the

JI NEWS SERVICE

KISHTWAR, JULY 23: A Mega KISHTIWAR, JULY 23: A Mega Awareness Camp was organized by the Department of Animal Husbandry Kishtwar at far-flung village Cherjee Dool of Nagseni Block, the other day. Public Representatives of the area and around 100 Farmers including female farmers partici-vated in this case.

pated in this camp.

Chief Animal Husbandry

Officer Dr. Sanjay Kumar Sen Officer Dr. Sanjay Kumar Sen was the main campaigner of the event accompanied by Staff of CAHO office along with the staff of the concerned Veterinary Centers and A-HELP (Pashu Sakhis) The public was educated about the ongoing HADP and the flagship schemes of the Department like IDDS, IPDP etc. The Educated unemployed youths were urged to come forward and take benefits of these

schemes to generate livelihood for themselves and others too.

The local public was informed about the availability of Frozen Semen and Sex Sorted frozen Semen and Sex Sorted frozen semen technology in the nearby Veterinary Centers for Artificial Insemination and up-gradation of local cattle breeds.

During the camp, the farmers were given free of cost medicines, mineral mixtures, calcium

supplements, Dewormers in

general treatment. They were also educated about different beneficial schemes of the Department like KCC, Livestock Department like KCC, Livestock Insurance etc. The people were asked to co-operate & get them-selves benefitted by various schemes of the Department. The public Representative of the vil-lage appreciated the efforts put forth by the Chief Animal Husbandry Officer Kishtwar for organizing such kind of Awareness camps in the far flung areas and thanked the Department for uplifting the socio- economic status of the socio- economic status of the public and further asked the Department that full cooperation will be extended for achieving the benefits extended under dif-ferent various schemes by the Department & requested to con-duct such camps in future as

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