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# **Adequate security for Bharat** Jodo Yatra in Kashmir: LG Sinha





Jammu and Kashmir Lieuten-ant Governor, Manoj Sinha on Friday said adequate security arrangements have been made

arrangements have been made for the Bharat Jodo Yatra led by congress leader Rahul Gandhi and the administra-tion will facilitate it smoothly. Lieutenant Governor was talking to mediapersons after laying foundation stone of 38 blocks comprising 386 flats Transit Accommodation for

Kashmiri Pandits who are working in Kashmir valley under PM Package Employees at Zewan, Srinagar Friday. The housing colony Is being made for the Kashmiri Pandit

made for the Kashmirl Pandit imployees working in the valley under the Prime Min-isters Development Package (PMDP), is being constructed on 113 Kanals of land by R&B Department. It will have 39 blocks comprising 398 flats. He said adequate secu-rity arrangements have been

placed for the smooth Bharat Jodo Yatra of congress leader Rahul Gandhi. "I think there is nothing to worry about regarding yatra", he added. He said there was a time

He said there was a time when land was not available for making the houses for the KP's now everywhere work has been started and some have been completed and others are under construction that would be completed till December this year.

The KP employees have also

been promoted and those who were non-gazetted having been placed in gazette posts sent to the Public Service Commis-sion are expected to get within ten days.

"For the security of the KPs the authorities with the help of Jammu and Kashmir police have made adequate arrange-ments and other measures ments and other measures have been taken up. I think their security has been sani-tized properly". CONTINUED ON » PAGE 4

### Rozgar Mela: PM Modi distributes 71,000 appointment letters

The Prime Minister, Shri Nar-endra Modi distributed about 71,000 appointment letters to newly inducted recruits in Government departments and organisations via video confer-Government aepartments and organisations via video conferencing today. The Rozgar Mela is a step towards the fullfilment of the commitment of the Prime Minister to accord the highest priority to employment generation. The Rozgar Mela is expected to act as a catalyst in further employment generation and provide meaningful opportunities to the youth for their empowerment and participation in national development. The Prime Minister also interacted with the appointees on the occasion

The Prime Minister also interacted with the appointes on the occasion Suprabha Biswas from West Bengal who got her appointment letter for Punjab National Bank was the first to interact with the Prime Minister. She thanked the Prime Minister for the quick completion of the formalities of the appointment and the opportunity to serve. The Prime Minister also asked about her continuing studies. She explained her association with the iGOT module and elaborated upon the benefit

inquired about the promotion of digital transactions in
misser The Prime Minister
pressent the Prime Minister
the grist taking new strides in
every field.
Faisal Shaukat Shah from
Srinagar, Jammu & Kashmir
who got appointed as a Junior
Assistant in NIT, Srinagar
interacted with the Prime
Minister and informed that
he is the first member of the
family who landed a government job. The Prime Minister
asked him about the impact of
his appointment on his peers.
Faisal informed the Prime Minster This interaction of the prime Minister
prisal informed the Prime Minister
that his friends are feel-

ing inspired to join a government job. He also conveyed the benefits of IGOT Module. The Prime Minister said that he is confident that thorough youth like Faisal Jammu and Kashier will reach new heights. He also asked the young appointee to keep on learning.

Vahuel Chong from Manipur got her appointment letter as a Nursing Officer at AIIMS, Guwahati. She said it was her dream to be in the health sector in the Northeast. She, like others, is the first appointer in a government job from her family. The Prime Minister asked her about the

### Amid wet weather SDMA issues avalanche warning in J&K

Plains of J&K including Srinagar

The State Disaster Management Authorities (SDMA) on Friday has issued an avalanche warning for the people living 2500 meters above sea level in ten districts of Jammu and Kashmir.

pammu and Kashmir.

In a statement, the SDMA said an avalanche with Medium danger level is likely to occur above 2500 meters over Doda, Kishtwar, Poonch, and Rambam districts of Jammu division in the next 24 hours.
Low danger Level avalanche is likely to occur above 2500 meters over north Kashmir district of Bandipora, Baramulla while areas falling in Central Kashmir district of Ganderbal and frontier Kashmir district of Kupwara above 2000 meters and in south Kashmir district of Kupwara above 2000 meters and in south Kashmir district of Kashmir district of Kashmir district of Anantanae and Kulzam

Kupwara above 2000 meters and in south Kashimir districts of Anantnag and Kulgam in next 24 hours, the statement said. It has also issued an advisory for the people living in these areas to take precau-tions and avoid venturing in the CONTINUED ON PAGE 4

Plains of J&K including Srinagar received light snowfall and rain during the past 24 hours while currently the weather is cloudy with light rain and snow at scattered places, Meteorological Centre said. Srinagar, the summer capital of Jammu and Kashmir, received 1.2mm of rainfall and 0.5 cm snowfall during the past 24 hours till 0830 hours Friday. Srinagar recorded a low of minus 0.1 degree CONTINUED ON » PAGE 4

receive light snow, rain

#### Jammu-Srinagar National Highway closed for traffic

The Jammu-Srinagar National Highway has been closed for vehicular traffic due to shooting stones and snowfall between Ramban and Banihal, the officials said on Friday.

"Traffic movement stopped from both sides on Jammu Srinagar NHW due to shooting stones and snowfall between Ramban and Banihal." Jammu and Kashmit Traffic nolice said

Ramban and Banihal," Jammu and Kasn-mir Traffic police said.

The highway is the lifeline of the Kash-mir valley and the main road link connect-ing Kashmir with the rest of the country. Kashmir-bound trucks laden with essential supplies and other vehicles pass through the highway and fruit carrying trucks from Kashmir head for the rest of the country through this road.

#### Rahul led BJY resumes from Kathua's Hatli Morh, to halt at Chadwal



The Bharat Jodo Yatra led by Congress leader Rahul Gandhi that entered the Jammu and Kashmir in its last leg, resumed on Friday from Hatli Morh in

resumed on Fritag Holl Heat Holls.
Kathua district.
Amidst chill and inclement weather conditions, Rahul Gandhi donning rain-coat over White T-Shirt started the yatra flanked by Shiv Sena leader Sanjay Raut

and other senior leaders including JKPCC head Vikar Rasool.
Raut told reporters that he had come all the way to join yatra because Rahul Gandhi is a leader of masses and he is on the right path to raise voice against the unemploy-

# people in the country. The Bharat Jodo Yatra that started from Kanyakumari will culminate on CONTINUED ON >> PAGE 4

#### **Union MoS Defence** pays tributes at Balidan Stambh, lauds troops

Union Minister of State for Defence, Ajay Bhatt on Friday visited the Balidan Stambh war memorial in the jurisdictions of Tiger Division of Rising Star Corps here. He was received by Maj Gen Gaurav



Gautam, GOC Tiger Division in Jammu. He paid tributes to the Bravehearts in a ceremonial wreath laying ceremony at Balidan Stambh.

#### Congress's stand on restoration of statehood status to J&K is very clear: Jairam Ramesh



Terming revocation of Article 270 as unconstitutional, senior Congress leader Jairam Ramesh on Friday said party's stand on restoration of statehood to Jammu and Kashmir is very clear.

The bill passed on August 5, 2019 in the Parliament was done without discussion, examination and majority. It was 'forcefully' revoked,' said Jairam Ramesh speaking to mediapersons at a press conference at Chadwal village of Kathua district where Rahul Gandhi led Bharat Jodo Yatra is making a halt tonight.

We are against UT status to Jammu and Kashmir and statehood status must be restored,' he said adding that many states in India have Article 371 with special provisions.

provisions.

On Indo-Pak talks, he said, "everybody wants to have peaceful dialogue with Pakistan but only on a condition that they should stop terrorism. Talks and terrorism cannot go together."

On participation of a large number of people in the Yatra despite rains, he called it a "healthy sign" in

Yatra despite rains, in current particular and a particular and a particular and a particular and a political parties to join Rahul Gandhi at National Flag hoisting ceremony in Srinagar when yatra culminates at Lal Chowk on CONTINUED ON >> PAGE 4

### In Naya Jammu & Kashmir everyone gets health insurance, new hospitals; other facilities make lives easy for people

zen enjoys.

The health insurance which used to be a privilege enjoyed by an elite class till 2019 was extended to every J&K denizen through

Just three years ago only the elite class in Jammu and Kash-mir enjoyed the privilege called health insurance. For a common man, health insurance was not

meatin insurance was not even an option as he couldn't afford to pay hefty premiums of the insurance was not the insurance companies. After the Centre scrapped the Article 370, a temporary provision in the Constitution, on August 5, 2019 and turned Jammu and Kashmir into a Union Territory, the government ended the discrimination between the ellic class and the common people by implementing the Article 14 (Right to Equality) in letter and spirit in the Himalayan region. The idea was to ensure that no



Chinar Corps warriors conducted

**Indian Army evacuates** 

80 year old lady, with severe fever & arthritis

amid heavy snowfall

Chinar Corps warriors conducted a swift emergency evacuation of an ailing elderly lady, Mrs Sardar Beewa Wo Mir Modd from Jabri village, Boniyar Tehsil, Baramulal district, to Primary Health Care (PHC) Centre in Boniyar, today. In the early morning hours, Indian Army detachment at Paro proactively acted on a distress call from Mir Mohd, a resident of the remote Jabri village, CONTINUED ON » PAGE 4

### Congress B-team of PAGD, Rahul its foot soldier: Rana



Senior BJP leader Mr Devender Singh Rana said the Congress has become the B-team of soft separatist, Kashmir cen-tric and communal Peoples' Alliance for Gupkar Delegation (PAGD) with Mr Rahul Gandhi furthering its cause as a foot-soldier. "The Congress does not seem to have learned any lesson from its

repeated follies as the fourth generation Nehru-Gandhi scion is now hobnobbing with soft-separatists, known for their divisive, communal and separatist poli-tics", Mr Rana said while interacting with delegations that called on him here

With delegation.

His afternoon.

He held the Congress responsible for decades long mess in Jammu

CONTINUED ON >> PAGE 4

### **DDC** Chairman inaugurates Tubewell under JJM scheme in Tridwan panchayat

Jal Jeevan Mission all set to resolve archaic water crisis in Kandi belts: Col Mahan

#### JI NEWS SERVICE

JI NEWS SERVICE
KATHUA, JANUARY 20:
DDC Chairman Kathua Col
Mahan Singh (Retd) on
Friday said that the Jal
Jeevan Mission envisaged by Government is all set to in Kandi belts forever. He was speaking after the inauguration of a Tube

inauguration of a Tube well at Patwani locality in Tridwan Panchayat of Hatli in Kathua area. DDC Member, Keerian Gandyal, Shaveta Kumari also accompanied the DDC Chairman during the inau-guration ceremony of the newly constructed tube

Speaking on the occa-sion, the DDC Chairman assured people that potable water availability in village Tridwan (Hatli) will be Tridwan (Hatti) will be well catered as the project worth Rs 6 Crore encom-passes three Water Supply Schemes, laying of new water supply lines and



development of allied infrastructure which will fulfil the drinking water needs of all the inhabitants.

Col Mahan said that the government in J&K has been able to address been able to address the issues of people which they were confronting since ages only because of visionary insight of PM Narendra Modi. The PM took personal interest in finding out remedies to the problems which people faced in the region due to indifference of successive governments that reigned the region in the past. The DDC Chairman

expressed gratitude to PM Narendra Modi for launching JJM to resolve perenni-al problems of drinking water in Kandi regions of Kathua District. He said that time is not far when the dream of Har Ghar Nal Se Jal will be fulfilled in the

....ed in the DDC Lohai Malhar, Sarpanch Tridwar Sarpanch H-----Jalsh--Sarpanch Hatlı, AEIN Jalshakti Deptt & Staff, and locals were also present in

#### Kathua Admin retrieves 12751 Kanal State Land, 1132 Kanal of Kacharai land under ongoing anti-encroachment drives

DC Kathua takes review of revenue related matters



JI NEWS SERVICE

KATHUA, IANUARY 20: Deputy er Kathua, Rahul Pandey today chaired a meeting of Revenue officers to review the performance of the Revenue Department here in the Conference Hall of the DC office com-

plex.

At the outset, the DC took detailed review of the ongoing anti-encroachment drives being carried out by the

district administration across the district. He laid emphasis on furni daily reports regarding removal of encroachments for apprising the higher authorities about the progress. It was informed that 12751 Kanal State Land and 1132 Kanal of Kacharai land have been retrie across the district in the ongoing anti-

the progress made under updating and digitisation of jamabandies, digi-tisation of cadastral maps, delineation of land records, generation of land passbooks, status of eviction of Roshni land, land acquisition cases, change of land use cases. Thrust was laid on regular monitoring and reporting, besides furnishing action taken reports at the district headquar-ters.

ters.

While stressing on the need to speed up the pace of digitisation of revenue records, the DC impressed upon the revenue officers to put in best efforts to complete the assigned task within set timelines.

The DC also took a detailed review of the status of the online services offered by the Revenue Department, while calling for ensuring delivery of services within the prescribed time frame.

Regarding the Revenue Court Regarding the Revenue Court Cases Monitoring System (RCCMS), the DC stressed upon revenue officers to dispose of the pending matters on priority, besides uploading the updated status on the prescribed por-

updated status on the prescribed por-tal regularly.

On the issue of vacant posts of Numberdars and Chowkidars, the DC called for taking up the process within laid down procedure in a time bound manner. ADC Basohli, ADC Billawar, SDM Hiranagar, SDM Bani( virtually) ADC Kathua, ACR Kathua, Tabsildars, and other Rewanne

### 4021 Kanal state/kahcharai land retrieved from encroachers across Kupwara

DC says drive will continue to retrieve encroachments

JI NEWS SERVICE

KUPWARA, JANUARY 20: Over 4021 kanals of State/kahcharie land was retrieved in Kupwara district during the present drive initiated during the present drive initiated against the land encroachers by the

against the land encroachers by the government.

On the directions of Deputy Commissioner Kupwara, Dr.Doifode Sagar Dattaray, a major anti encroachment drive was held across Kupwara district from 11th of this month till date. The teams of month till date. The teams of Revenue Department headed by con-cerned Tehsildars conducted opera-tion on state/ kahcharie land which was illegally occupied by encroach-ers in different parts/ tehsils of the

Accordingly, over 4021 kanals of Accordingly, over 4021 kanals of kahcharai/ state land have been retrieved from the encroachers in all Tehsils of the District during the present drive, till date. As per the reports of Tehsildar Drugmulla, 301 kanals of kahcharai land have been retrieved in

land have been retrieved in Drugmulla tehsil of Kupwara district which include 276 kanals single patch of land and 25 kanals which atch of land and 20 kmm. vas used as commercial purposes.

was used as commercial purposes. Likewise, as per Tehsildar Kupwara, 280 kanals of land have been retrieved during the drive till date in Kupwara tehsil which include 205 kanal kahcharai Land and 75 kanal state land. In Keran tehsil, 712 kanals of land

have been retrieved as per Tehsildar Keran, which include 617 kanals of state land and 95 kanals of kahcharie

In Vilgam tehsil of Kupwara dis trict, 1863 kanals including 758 state land and 1105 kanals kahcharari land have been retrieved till date, as



reported by Tehsildar Vilgam.
Likewise, in Kralpora Tehsil, as per concerned Tehsildar 247 kanildar 247 kanildar 248 kanil

from Chandigam and 20 kanals from Sogam tehsil

Šimilarly, 70 kanals of kahcharar/ state land have been retrieved from Trehgam tehsil, 50 kanals in Karnah Tehsil, 46 kanal 15 marlas in Handwara tehsil, 26 kanal 5 marlas in Zachaldara tehsil, 5 kanals in Taratprora tehsil, 80 kanals in Langate, 70 kanals in Qaziabat tehsil and 116 kanals in Qaziabat kralgund tehsil during the ongoing drive against land encroachers. Similarly, 70 kanals of kahcharari/

While talking about the anti-encroachment drive, the Deputy Commissioner Kupwara said that anti-encroachment drives will con-tinue in all the parts of the district to retrieve the entire State and Kahcharai land encroached by the land grabbers. He sought coopera-tion of the general public in its action against encroachments and also warned of action under CPTC in malwarned of action under CrPC in matencroachment state/kahcharie lands.

The District Administration has iven strict directions to the given strict directions to the Tehsildars and enforcement teams to speed up the drive against the land encroachments in their respective jurisdictions with added zeal and dedication so that all State/Kahcharai land is retrieved in the district which can be subsequent. the district, which can be subsequent ly used for public purpose.

#### 10 Maize Cob Shellers provided to Panchayats in Mendhar

II NEWS SERVICE

POONCH, JANUARY 20 Department of Agriculture today pro-vided free of cost Maize Cob-Shellers to 10 different Panchayats of Block Mankote and Block Mendhar under Capex Budget in Sub Division Mendhar. During the programme,

Mendhar.
During the programme,
Sarpanches of Mankote, Upper
Kasblari, Upper Salani, Chhajla
Lower and Ghani Dharati of Block
Mankote besides Salwah Upper, Banola, Pathnateer, Kalbuaban Takyia, Salwah and Chaperdhara of block Mendhar were present to receive their Maize CobShellers .

receive their Maize CobShellers .

Vice Chairman District
Development Council Poonch,
Engineer Mohammad Ashfaq
presided over the function. The
Maize CobShellers have been provided to Panchayats for community Use. It will be considered as property of the Panchayat and shall be handed



of farmers manage Maize cob sheller for shelling of Cobs on rent basis. Keeping in view the requirement of Maize CobShellers in every Maize CobShellers in every Panchayat, the department of agricul-ture proposed 229 cobshellers to cover all the Panchayats of the District Proposition of the District Poonch in a phased manner.

Sub Division Agriculture Officer Mendhar, Harvinder Singh said 58

Panchayats of the block out of total 7 have been covered and remaining 1

have been covered and remaining 17 shall also be covered in due course. Subject Matter Specialists, Aksir Singh and Manmohan Singh; Agriculture Ext.officer Sudheer Sharma, concerned JAEOs/AEAs and Technical officer of Sub Div.Mendhar, Sudheer Bakshi were

### **5th Coordination Committee** meeting held in Rajouri

JI NEWS SERVICE

RAJOURI, JANUARY 20: The 5th Coordination Committee meeting of Committee meeting of stakeholders for District Rajouri was held under the Chairmanship of

Rajouri was held under the Chairmanship of District and Session Judge, Kalpana Reevo. CJM, Manjeet Rai; DC Rajouri, Vikas Kundal; ADDC, Pawan Kumar; ADC Rajouri, Sachin Dev Singh; CPO, Mohammad Khurshid; ASP, Vivek Khurshid; ASP, Vivek Shekhar; SE PWD (R&B) Kamal Kishore: Tehsilda Rajouri, Varinder Sharma and other concerned offi-cers attended the meet-ing. The meeting held detailed deliberations on a number of issues, including meeting the infrastructural require-ments of judicial institu-tions Rajouri, Varinder Sharma

Provision of adequate power supply, repair of drinking water facility available in district court



struction of washrooms, boundary wall, change of electricity wires in district

the issues disc ssed in the

## **Principal Secretary visits Samba, reviews** development of New Industrial Estates

JI NEWS SERVICE SAMBA, JANUARY 20: Principal Secretary, Industries and Commerce, Prashant Goyal, on Friday toured industrial area of Samba and reviewed development of new

reviewed development of new Industrial Estates besides assessing status of land availability. Secretary in Industries and Commerce Department, Samita Sethi, Deputy Commissioner, Samba, Anuradha Gupta, MD, SIDCO, Raman Kumar Kesar, SDM Vijaypur, ACR Samba besides officials of Revenue, Industries and SIDCO were present on the occasion.

Principal Secretary visited Bari

present on the occasion.

Principal Secretary visited Bari
Brahmana tehsil where he was
apprised that after demarcation all
available land has been handed over
to SiDCO. He inspected work undertaken by the Industries Department
for establishment of the Industrial
Estate. He also inspected the site for
alternative approach road for
Kartholi

Kartholi. Later, Prashant Goyal visited Karandi in Samba tehsil where about 364 kanal of land has been identified for developing the Industrial Estate there. He asked the Industries department to immediately start develop-



ment of the industrial estates to enable setting up of Industrial units. Principal Secretary also visited the

Dry Port and reviewed progress on Dry Fort and reviewed progress on ongoing development works there. He was apprised that efforts are being made to ensure that the dry port shall start its functioning by the end of this financial year. Deputy Commissioner informed the Principal Secretary that delin-eation work on industrial estate Katli is also underway.

Principal Secretary asked the MD SIDCO and other officers of industries department to expedite develop-ment of Industrial estates in these

### SHD B'pora organises workshop on FRDP

JI NEWS SERVICE
BANDIPORA, JANUARY
20: The Sheep Husbandry
Department (SHD)
Bandipora today organised
a one day workshop on
Fodder Resources

Fodder Resources Development Plan (FRDP) for J&K at District Sheep Husbandry Office, here. At the outset, District Sheep Husbandry Officer

(DSHO) Bandipora, D: Showkat Ahmad presented the overall fodder scenario of the district and the need to promote cultivation of fodder crops for sustainable commercial livestock farmcommercial livestock farm-ing. He said that the Department has launched an aggressive public out-reach campaign for live-stock development in the district with special focus on fodder production and its utilization and conservaits utilization and contion. Dr Nazim Hamid Mir Sr. Scientist, RRS Srinagar presented a detailed fodder resources development plan of UT of J&K including pan of U1 of Jek. Including road map, implementation, stakeholder responsibilities and forage production/ protection technologies suitable for UT of J&K. He said that there is a

vast scope and prospects for fodder production in the district. He said that the Institute is ready to provide any kind of technical sup port to meet fodder deficit in the district.

nte district. Dr Syed Aijaz, Dy. irector F&F threw a etailed light on various



forage production initia-tives taken by the depart-ment including distribution of improved varieties of fodder seed kits procured from National Seed Corporation, Pusa among the sheep farmers.

the sheep farmers.

Dr Mujtabha Yehya,
Chief Agriculture Officer
emphasized on use of fodder production technolo-gies for improving farmers income. He said that there

der bank in the district to meet nutritional require ments of livestock in ments of livestock in remote hilly areas especial-ly Gurez region which usu-ally remains cut-off from the rest of the valley for almost 5 months. DFO Bandipora, Mudasir

Ahmad gave a detailed account of measures taken for protection and conservation of forest areas and silvi pasture management for enhancing fodder pro-

AHD B'pora organises KCC/Awareness Camp at Nadihal

He further said that the department in coordination with IGFRI, RRS Srinagar and is planning for mas-sive plantation of rootslips of fodder crops in Kehnusa forest area to augment fod-der production. Dr Tahir Saleem SMS

Dr Tahir Saleem SMS KVK said that KVK is actively working for the development of grasslands and grass reserves in the district.

with Lead Bank Bandipora today organised awareness cum KCC Camp under Nation wide KCC campaign at the Meeting Hall of Panchayat Ghar Nadihal, here.

The Camp was chaired by Chief Animal Husbandry Officer Bandipora, Dr Ghulam Ahmad Lone and was atteded by BDC Member Bandipora Hari Begum as special

invitee.

The Camp was also attended by Block Veterinary Officer Bandipora, Dr Mohammad Ramzan Chopan; delegates from Lead District Bank, Nodal Officer, concerned Bank Managers, PRIs including Sarpanch

and concerned Veterinary Assistant Surgeon along with the staff mem-

On the occasion, 28 KCC cases were sponsored on the spot through differ-

ent banks.

The farmers were given awareness regarding different departmental schemes with special focus on KCC. They were also introduced to Holistic Agriculture Development Programme.

### Agri Deptt Kashmir sends consignment of Kashmir Vegetables to UAE

Sending Vegetables to UAE opens global window to Kashmir specific agri produce: Director Agri

II NEWS SERVICE

JI NEWS SERVICE SRINAGAR, JANUARY 20: Pursuing the vision of introducing/ promoting Kashmir based vegetables, spices and other agricultural commodities on global platform and increasing the participation of farmers, agri-preneurs of Kashmir in the global agriculture trade, the Department of Agriculture Kashmir in col-Agriculture Kashmir in col-laboration with an interna-tional marketing group (Lulu) has sent this year's first consignment of Kashmir specific vegeta-bles (Radish, Turnip, Carrol) to UAE. It is worth mentioning here that last year a num-ber of vegetable consign-ments were sent to Dubai, Shariah, Abu Dhabi and

Sharjah, Abu Dhabi and other Gulf markets.

other Gulf markets.

Today's vegetable consignment of Dal area of Srinagar was procured by FAIR exports pvt ltd. from an FPO namely Dal Lake Stem producer company ltd. The consignments was flagged off by Director Agriculture. Kashmir

Chowdhury Mohammad Iqbal. Speaking on the occasion, Director Agriculture said that the department is working on a long term ambitious plan to strengthen the export promotion policy of UT of J&K. He said that department is endeavoring to a superior of the control of the contro development of agriculture and allied sectors, the and allied sectors, the proper marketing of Kashmir specific vegeta-bles, spices and other agri-culture produce at interna-tional level is one of the top priorities and different strategies have been devised in this direction by ment is endeavoring to get more and more famers, the department.

preneurs attracted ards the international Pertinently the entire operation of grading, pack-ing, labeling of the veg-etable consignment was conducted under the strict supervision of Director Agriculture Kashmir and all the set global standards towards the international trade of Kashmir specific agriculture produce with the aim to fetch high returns for their produce. Director Agriculture said that under the holistic

Pertinently the entire

for the international trade of vegetables and other agricultural commodities were upheld while sending the vegetable consignment to UAE. Sending vegeta-bles, agriculture produce to Dubai, Sharjah, Abu Dhabi and other gulf markets has commod a cibbal window opened a global window for Kashmir specific agriproduce, Di Agriculture said. Director Agriculture and Chief Agriculture officer Srinagar Mohammad Younis Chowdhury and various officers of the department were present on the occasion.

### SDM Sumbal convenes meeting of tehsil level anti-encroachment teams

attracted



Sub Divisional Magistrate (SDM) Sumbal, Amir Choudhary on Friday

convened a meeting of tehsil level anti-encroachment teams to discuss the progress of anti-encroachment

The meeting discussed threadbare various measures to be employed to ensure removal of encroachments before the stipulated time.

before the stipulated time.
Achieving daily targets given to all
Tehsils was also discussed threadbare. The SDM asked the concerned
teams to involve DDCs, BDCs, PRIs
and locals in anti-encroachment
drives to retrieve the land and protect
it from land grabbers.
He asked the concerned to ensure

He asked the concerned to ensure that land is not encroached again as the land retrieved is meant for developmental projects.

Choudhary said that the recovered land is handed over to different artments as per feasibility so that e lands are not encroached again.

these lands are not encroached again.

The meeting was attended by
Tehsildar Sumbal, SDPO Sumbal,
Tehisildar Hajin, EO Municipality,
BDO Sumbal/ Naidkhai, BDO Hajin/
Ganastan, SHO Sumbal and Hajin,
AEE R&B besides other concerned
officiale.

### ERVICE Animal Husbandry Department (A, JANUARY 20: The (AHD) Bandipora in collaboration of the collaboration of th National seminar on "Environment@75: Ecocritical Discourses & Posthuman Turn" held at CUJ

II NEWS SERVICE

JI NEWS SERVICE

JAMMU, JANUARY 20: As part of
Amrit Mahotsav, a National seminar
on "Environment@75: Ecocritical
Discourses and the Posthuman Turn'
organized by the Department of
English in collaboration with Indian
Council For Social Sciences Research concluded in the university campus of Central University of Jammu

(CUJ).

During the program, eminent young scholars from various parts of the country presented papers.

Professor Nishi Pandey, Professor of Eminence, from University of Lucknow and Professor Kalpana Purohit from Jai Narayan Vyas University, Dr. Sayantan Das Gupta, Dr. AK merchant were the plenary. Dr. AK merchant were the plenary speakers during the event.

The keynote address was delivered by Professor Kapil Kapoor, a scholar of international recognition.

He gave substantial illustrations

He gave substantial illustrations from vedic traditions to underscore how Indian consciousness had always been showing reverence towards nature and the colonial ecological intrusion and our mindless aping of western civilization dissociated Indian from their heritage and consciousness.

consciousness. Vice Chancellor, Sanchi University of Buddhist Indic Studies, Professor Neeraja A. Gupta, was the chief guest in the inaugural session who is an



acclaimed scholar of ancient Bhartiva

wisdom.

Professor Gupta highlighted significance of the topic and its relevance to Indian cosmology and vedic tradition which propagates ????? ?????? ?????? He underscored the need for revisiting the Indian legacy which gives loud signals, be it Panch Mahabhoots or perceiving nature as a pratib-himbh.

In his welcome address, Professor Vandana Sharma, Head of Department of English and Seminar Coordinator, highlighted the aim of the seminar. She stated that the Department of English under the

Department of English under the patronage and guidance of Vice Chancellor, Professor Sanjeev Jain is exploring critical areas of research in tune with national interests.

O P Vidyarthee, Former Principal denvironmentalist was the guest of honor who threw light on his creative and environmental endeavorable. and environmental endeavors

During the seminar, the post graduate students of the department made a poster presentation related to the theme of the seminar.

Naveen and Ananya Jodha won the best poster presentation.

### Dr Samoon visits Polytechnic College Chadoora, ITI Charar-e-Sharief

BUDGAM, JANUARY 20: Principal Secretary, Skill Development Department, Dr Asgar Hassan Samoon, today visited Polytechnic

Samoon, today visited Polytechnic College Chadoora and III College Charare-Sharief in Budgam to assess functioning of the institutes besides reviewing progress on development works at both institutions. During his visit to Polytechnic College, Principal Secretary inspected various laboratories of civil and mechanical engineering to take on spot stock of availability of various facilities.

Principal Secretary also chaired a brief interaction session with students

brief interaction session with students and staff of the college. Speaking on the occasion, Principal Polytechnic College, Altaf Hussain Shalla, highlighted various achievements attained by skill development department besides projecting their demands and grievances.

Principal Secretary said that government polytechnic college is leading as number 1 polytechnic college.

ing as number 1 polytechnic college in the Valley and number 2 at overall ranking in the UT of J&K as marked by the government.

by the government.

Dr Samoon said that Rs. 2.8 crore have been allotted to the college for purchase of machinery and equipment. He said that other trades including automobile will be started at the college from the next academic



session. Principal Secretary asked the offi-cers for speedy completion of hostel accommodation with all requisite facilities including bus service. He stressed on providing skilled training to local youth under different trades saying that handholding of skilled youth shall open economic resources youth shall open economic resources

and employment avenues for them. At ITI Charar-e-Sharief, Principal Secretary visited various labs and interacted with the staff and Superintendent ITI, Bashir Ahmad

eigh. He asserted on training of students

workshop block and hostel building on war footing. Principal Secretary also

on war footing.

Principal Secretary also enquired about the training facilities being provided to the students. He asked for introduction of new age courses keeping in view the demand of the

Principal Secretary laid stress on imparting skill education to the youth in tune with the industry demand so

in tune with the industry demand so that they are in position to earn their livelihood and instead of seeking the job, the pass outs of ITI's shall become the job providers.

He was accompanied by Joint Director Skill Development Kashmir, Deputy Director Trainings and Superintendent ITI Charar-e-Sharief and other concerned officers.

#### FROM THE FRONT PAGE...

#### Adequate security...

The Lieutenant Governor said the highest number of KPs working in Kashmir are in Srinagar where a big housing project has been started in Srinagar today and R&B has assured the project is likely to be completed by December this year. He said this will end the agony of the KP's working in Srinagar for which the government is taking all measures. "I understand that with the completion of this project the problem of the KP's who are working under PM's package here would come to an end", he added.
"We have initiated a sensitive effort to address the problem of KP's especially those who are employees working in Kashmir or in fammu. The authorities are in touch and the genuine problems one time that the posts which were vacant were not being fulfilled mow all have been fulfilled". Regarding the land eviction, the LG reiterated that the nogoing drive to vacate State land from the encroachers is against the influential people who misused the power and grabbed huge land. "I want to assure the poor and common man that they won't be touched and that they shouldn't be afraid," the LG said.

The LG overnor interacted with officials at the site and ald emphasis on timely completion of the project. He said ald emphasis on timely completion of the project. He said

laid emphasis on timely completion of the project. He said the maximum PM Package employees are based in Srinagar and with the creation of this facility, their housing problem will be solved.

will be solved.

Earlier in the month of December, the Lt Governor co ducted on-site inspection and took first hand appraisal the ongoing construction work of Transit Accommodatio for PM Package employees at Baramulla and Bandipora. Dr Arun Kumar Mehta, Chief Secretary, Pandurang Pole, Divisional Commissioner Kashmir, Vijay Kuma ADGP, Kashmir, Nazim Zai Khan, Secretary to Governmen Department of Disaster Management, Relief, Rehabilitation & Reconstruction were present on the occasion.

#### Rozgar Mela: PM...

obstacles that she faced during the selection process if any and also asked her to share her experience. She also conveyed her desire for continuous learning. She also informed about sensitization and learning about the provisions dealing with sexual harassment in the workplace. The Prime Minister congratulated her for the appointment in the North east region and said that the government is committed to the development of the region.

Minister congratuated ner for the appointment and reseast region and said that the government is committed to the development of the region.

Shri Raju Kumar a divyang from Bihar got his appointment letter as a Junior Engineer in Indian Eastern Railways. Raju, a divyang, explained his journey and conveyed his desire to go further in life. He also talked about the support he got from his colleagues and family. Raju has done 8 courses on Karmyogi Pirarambi course and benefited a great deal from the course on stress management and code of conduct. He told the Prime Minister that he will try for the Civil Services Exam of UPSC. The Prime Minister wished him well for his journey.

Kannamala Vamsi Krishna from Telangana got his Kannamala Vamsi Krishna from Telangana got his and the support of the course of the prime Minister for the Rogar Mela. Karnamala Vamsi Krishna also found the module very useful especially as it is available on mobile phones. Shri Modi wished him well and hoped that he will keep on learning in his career.

especially as a 18 season with the will keep on learning in his career.

Addressing the gathering, the Prime Minister remarked that this is the first Rozgar Mela of 2023 which brings the precious gift of employment into the government fold for the 71,000 families. The Prime Minister congratulated the new appointees and noted that these employment opportunities will infuse a new ray of hope not just in the appointees but also among crores of families. The Prime Minister informed that takins of new families will get appointed to Government jobs in the days to come as Rozgar Melas are being organised regularly in NDA-valued states and Union Territories. He concluded the states of the control of the contro

show that whatever resolution is taken by this government is realised."

The Prime Minister said that he could clearly notice happiness and satisfaction on the faces of the new appointees and noted that most of these candidates come from ordinary backgrounds and many are the first to get a government job in five generations in their family. This, the Prime Minister said, goes beyond getting a government job. The Candidates are happy that through a transparent and clear recruitment process, their talent has been recognized. "You must have felt a massive change in the recruitment process. In central jobs, the recruitment process has become more streamlined and time-bound", the Prime Minister said.
The Prime Ministers ald that the transparency and speed of this recruitment process today characterise every aspect of the function of the government today. Shri Modi retailed the time when even routine promotions were mired in delay and disputes. He said that this government has addressed such issues and ensured a transparent process. "Transparent recruitment and promotion generate trust among the value of the contraction of the function of the source of the contraction of the con

such issues and ensured a transparent process. "Transparent recruitment and promotion generate trust among the youth", he said.

Underlining that it is the beginning of a new journey for those who received their appointment letters today, the Prime Minister highlighted the contributions and partnerships that they will make by being a part of the government machinery in the developmental journey of the nation. He noted that many new appointees will be interacting with the general public as direct representatives of the government and they will create an impact in their own ways. Drawing an analogy to the adage in the world of business and industry that the consumer is always right, the Prime Minister remarked that a similar mantra of 'citize is always right' should be implemented in administration. "This gives rise to the feeling of service attitude and also strengthens it", the Prime Minister added as he noted that when one gets appointed in the government fold, it is referred to as government service and not a job. He also highlighted the joy that can be experienced by servicing the 140 crore Indian citizens and said that it has a positive impact on the people. Referring to many government servants taking online courses on iGOT Karmyogi platform, the Prime Minister said that in addition to official training, this platform has many courses for personal development. He said that self-learning through technology is an opportunity for today's generation. Shri Modi gave his own example and said that he has never allowed the student in him to die. "Attitude of self-learning my and the capabilities of India", he said. Modi asserted "In rapidly changing India, opportunities for employment and self-employment are continuously improving. Fast growth leads to a massive expansion of self-employment opportunities. Today's India is witnessing this."

self-employment opportunities. I oday's IRIUR IS WILLIAMS IN THE Prime Minister informed that lakhs of employment opportunities have been created in the last eight years with a holistic approach to infrastructural development in the country. He gave the example of a hundred lakh crore investment in the infrastructure and emphasised how a newly built road gives rise to employment opportunities along the path. The Prime Minister mentioned that new markets emerge along the periphery of the new roads or railway lines and makes transportation of food grains from the farm to the

field a lot easier while also giving rise to tourism. "All these possibilities gave rise to employment opportunities", the Prime Minister added.

Referring to the Bharat-Net project of providing broadband connectivity in every village, the Prime Minister high lighted the new opportunities for employment when this connectivity takes place. Even those who are not too tech savvy, said the Prime Minister, understand its benefits. This has opened a new area of entrepreneurship by providing online services in villages. Shri Modi also noted the flourishing startup scene in tier 2 and tier 3 cities and said that this success has created a new identity for the youth in the world. Lauding the journey and efforts of the appointees, the Prime Minister congratulated them for getting the opportunity to serve the people of the country and exhorted them to remember what brought them here and asked them to keep leaning and keep serving. "You have to learn and make yourself capable to take the country forward", the Prime Minister concluded.

#### Amid wet weather...

avalanche prone areas.

The MeT forecast light to moderate Snow/rain scattered to fairly widespread places over J&K from January 21-25 with moderate to heavy Snow over middle & higher reaches(60 per cent chance).

#### Plains of J&K...

Celsius against minus 1.4 degree Celsius the previous night. It was 2.0 degree Celsius above normal during this period of the season, the MeT office said, against minus 4.3 degree Celsius on Thursday, It was 0.7 degree Celsius above normal during this period of the season.

Pahalgam in south Kashmir 9.7mm of rainfall and 8.7 cm of snowfall, 0.8 gaigund 11.0 mm of rainfall and 9.0 Cm snowfall, 0.8 mm of rainfall and 10.5 cm of snowfall, 8.2 mm of rainfall and 16.0 Cm of snowfall and six resort of Gulmarg 10.5 mm of rainfall and 10.5 cm of snowfall and six resort of Gulmarg 10.5 mm of rainfall and 10.5 cm of snowfall and six. Gelgree Celsius for the second consecutive day on Priday. It was 0.1 Celsius for the second consecutive day on Priday. It was 0.1

hours till 0830 hours Friday,
Gulmarg in north Kashmir settled at minus 7.6 degree
Celsius for the second consecutive day on Friday. It was 0.1
degrees above normal during this period of the season for
the famous ski resort.
Pahalgam had a low of minus 2.9 degree Celsius against
minus 4.3 degree Celsius recorded a day ago, Qazigund
minus 3.3 degree Celsius, Kokernag minus 1.5 degree Celsius on Friday.
The frontier Kashmir district of Kupwara recorded a low
of minus 1.5 degree Celsius against minus 2.4 degree Celsius on the previous night, the MeT office said.
The MeT forecast there is "No" large change in weather
today. From January 21.24 Generally Cloudy with light to
moderate Snow/rain in plains of Jammu over scattered to
fairly widespread places and from January 24.25 Moderate
Snow/rain in Jammu) & moderate to heavy Snow over
middle & higher reaches (60% chance).
Moderate Rain in Jammur region & light snow in Kashmir(
60% chance) on January 25 overall, weather very likely or
remain erratic with cloudy, intermittent rain/snow during
January 20-26 in whole J&K.

#### Rahul led BJY...

January 29-30 at Srinagar with hoisting of Tri-colour. The yatra will halt today at Chadwal and it will be a day eak on Saturday.

Senior Congress leader Jairam Ramesh with MP Rajni Patli will also address a press conference at Chadwal. On Thursday, Rahul Gandhi at Lakhanpur slammed BJP, RSS stating that they have spread hatred in the country and also asked people to join him to 'save' India. National Conference president, Dr Farrooq Abdullah also joined the yatra at Lakhanpur on Thursday. Hundreds of people carrying Tiranga' was seen waving at Rahul Gandhi en route the destination.

January 29-30. He said Bharat Jodo Yatra is launched with a motive to highlight increasing economic inequality, social polarisation and political dictatorship in India due to Prime Minister Narendra Modi's policies.

On Ghulam Nabl Azad's Democratic Azad Party, Jairam Ramesh said, 'Azad is 100 percent B team of B.P. His party is almost finished before taking off. The 'ranneet' of Modi-Shah has failed in Jammu and Kashmir."

On difference of ideologies of B.P and Congress he termed it as 'clash of ideologies' stating, 'Congress is not only a voting machine but gave constitution and modern India and contrary to that B.P took the nation completely on a different pato the state of the property of the Market P. Gongress is launchine the state of the Market P. Congres

arther revealed that from January 26 to March 26, ss is launching two-month long 'Haath Se Haath Jodo

Congress is launching two-month long 'Haath Se Haath Jodo Abhiyan'.

During this campaign, Congress will aggressively visit door-to-door all over the country to aware people on document ready in shape of 'chargesheet on Modi gov's failure' and the state of the stat

Congress MP and incharge J&K Affairs Rajni Patil, senior leader Digvijay Singh and others too were present in the

ieader DigVijay Singn and otners too were present in the press conference. A theme song on Bharat Jodo Vatra' was also released in regional Dogri language on the occasion. Bharat Jodo Yatra started on Sprember 7 from Kanyaku-Bharat Jodo Yatra started on Sprember 29:00 at Srinagar. Earlier in the morning, Rahul Gandhi resumed the yatra from Hatil Morh in Kathua district that halted at Chadwal village.

Tight security arrangements are made for the yatra while the traffic department has also issued advisory for the vehicular movement on the highway.

#### Union MoS Defence...

The Minister was briefed on the operational pref f the Tiger Division.

The Minister was briefed on the operational preparedness of the Tiger Division.

Later he interacted with the troops of the Tiger Division and lauded their morale for maintaining highest standards of professionalism and dedication towards duty while safe-quarding the territorial integrity and sovereignty of the

As on date 60 lakh people in Jammu and Kashmir have een issued the "Golden Cards" and 16.38 lakh families ave been provided with the health insurance under Prad-an Mantri Jan Arogaya Yojana (PMJAY) and Ayushman harat-Pradhan Mantri Jan Arogya Yojana (AB-PMJAY)-EHAT-scheme

Bharat-Fradhan Mantri Jan Arogay 1 (1981) A JUSHIMAH Sharat-Fradhan Mantri Jan Arogay 1 (2019an (AB-PMJAY)-SEHAT schemes.

These schemes have removed the burden of out-of-pocket expenses and have turned the entire process of paying for healthcare cashless. All public and empanelled private hospitals have been directed not to charge any extra payment for medical care from all PMJAY beneficiaries.

Under AB-PMJAY and AB-PMJAY SEHAT, during the current policy period, 1,47,582 cases have already been benefited amounting to Rs 221.66 crore, out of which Rs 129.83 crore have already been paid to the hospitals by the insurance company, thus ensuring free of cost specialized treatment to all.

ment to all.

Insurance on floater basis

These schemes were launched to provide best and advanced health care facilities to the people of Jammu & Kashmir. The AB-PMJAY SEHAT scheme in convergence with the Central Government's AB-PMJAY scheme provides free of cost Universal Health Insurance Coverage up to Rs 5 lakh per family on a floater basis.

Schemes also provide for healthcare benefits offered by specialists like cardiologists and urologists. Moreover, advanced medical treatment like that for cancer, cardiac surgery and others are also covered.

The beneficiaries under these schemes can seek treatment across the country. This scheme covers pre-existing illnesses and makes treatment mandatory in all public hospitals. At present 97 per cent of the population of Jammu & Kashmir has insurance cover and the administration is spending Rs 2 crore everyday on the treatment of the common people. The SEHAT Golden cards have been provided to 80 lolk citizens, with 28,000 hospitals extending treatment facilities to them across the country.

Infrastructure boom
After the abrogation of so-called special status of J&K and its transition into a Union Territory several steps have been taken to improve the infrastructure and increase access to quality healthcare services in the region. Earlier there were only four medical colleges in Jammu & Kashmir, today seven new medical colleges have been established. Earlier there were 500 medical seats, now 2,000 students can pursue MBBS degree from J&K.
Work is currently under progress on two All India Institute of Medical Sciences (AlIMS) in Samba and Awantipora at the cost of Rs. 2000 crore each.
Five Government Medical Colleges have been made functional at Anantrag, Baramulla, Rajouri, Doda and Kathua.
The Centre has sanctioned funds for establishment of a State Cancer Institute at Government Medical College, Jammu at an approved cost of Rs. 120 crore, and work on ground has commenced. The Medical Education Department has proposed to establish two medical universities, one each at Jammu & Srinagar, to cate to the needs of 10 medical colleges, nursing colleges, paramedical colleges, etc. According to the figures dished out by the officials a total of Rs 7,177 crore has been invested in development projects for the health sector in J&K.
A new 500-bedded Children Hospital built after spending Rs 115 crore has come up in Srinagar, Rs 990 crore have been earmarked for modernizing existing hospitals in J&K. Under Pradham Mantri National Dilayiss Programme, Dialysis Centres have been established in Jammu, Udham-pur, Rajouri, Kathua, Srinagar, Anantnag, Baramulla, Pulwama, Poonch, Kishtwar, Kulgam, Kupwara & Doda, Two Medicities are being established, on each in Jammu and Kashmir.

Former rulers offered lip service only

Politicians, who ruled J&K till 2018, were least concerned about the issues like providing health insurance, quality and accessible healthcare for all. The former rulers in their speeches used to claim that the health sector is a priority but they always fell short of implementing their promises. The common man was never a priority for them as they focused more on politics rather than providing good governance. For them J&K was a "troubled zone" where no development could have taken place without the involvement of Pakistan and the terrorists sponsored by it. As on date all the claims of these leaders stand punctured as J&K has developed at a rapid pace without involving the trouble mongers.

During the past three years J&K's health sector has witnessed a sea change. It has become affordable and accessible for the common people. The regional imbalances that existed earlier have been removed and J&K is performing better than the national average on several parameters. The health indicators are an ample proof of the fact that the administration has worked hard to uplift this all important sector. The health services effective, people-centric and equitable.

In 'Naya Jammu and Kashmir' health sector has been a priority and the government has ensured that everyone is treated equally irrespective of him belonging to any section of the society. Today any J&K denizen having an Ayushman Bharat' Gold Card' can approach any top hospital in the country for treatment.

The privilege of health insurance that was enjoyed by a selected group of people in Jammu and Kashmir has been extended to all and it has helped many poor people to fight the allments.

#### Indian Army...

who desperately sought an evacuation of his 80-year old fe, who had developed severe fever, vomiting and abdomi-

wife, who had developed severe fever, vomiting and abdominal pain.

Jabri Village, is located along a steep gradient, from which evacuation during heavy snow fall, is extremely challenging.

The Chinar Corps warriors, walked through knee deep snow and reached the ailing lady's home. They carried the aged lady on their back, to minimise injury to the patient, due to mountainous nature of tracks, steep gradient involved and heavy snow fall conditions.

On reaching Paro, the lady was swiftly shifted to a waiting Army ambulance and successfully evacuated to PHC, Boniyar.

#### Congress B-team...

and Kashmir, saying the party and its new found allies are destined to fail, as the BJP is committed to clear the mess and put Jammu and Kashmir on the path of political stability and prosperity.

Devender Rana said the beginning of undoing the wrongs commenced on August 5, 2019 when Parliament repealed the Article 370, granting special status to this part of the country, and making it integral with the nation emotionally and in totality. He said the onus now lies on the Congress to clear its stand on this historic milestone, especially in the wake of its alliance with the PAGD, which has made known its opposition to total integration of Jack with the Dominium of India. Devender Rana said, as if the follies and erroneous political moves of Jawaharlal Nehru in respect of Jammu and Kashmir were not enough, Mr Rahul Gandhi has embarked upon the Mission Break India under the garb of "Bharat Jodo Yatra", which is reflected by his controversial alliances with elements inimical to peace and tranquility. By joining

#### Pakistan requests IMF to send review mission next week

Pakistan Prime Minister Shebbaz Sharif sent a letter to the International Monetary Fund (IMF) requesting the lender of the last resort to send its review mission to the federal capital next week, media reports said.

"The government has concluded that there is no other choice but to review the IMF programme on an immediate basis, so we have decided to invite the IMF.

The decision was taken during a high-powered meeting of the economic team chaired virtually by PM Shebbaz for the second consecutive day, according to Geo news.

A day earlier, PM Shebbaz gave a nod to implement tough prescriptions of the IMF in order to break the deadlock and accomplish the pending ninth review necessary to release of \$1 billion tranche under the \$7 billion Extended Fund Facility (EFF).

The sources confirmed that the secretary of finance has sent a written request to the Fund for sending its review mission and "hopefully, the lender will respond positively."

positively."
It was also learnt that the economic team under the PM had finalised a macroeconomic and fiscal framework and attached conditions of the IMF. It would be implemented once agreed with the Fund mission on the negotiating

Therefore, the authorities decided to first evolve a consus with the IMF on all the attached conditions and en implement them.

#### 2nd phase of Bishwa litema begins at Tongi in Bangladesh

The second phase of Bishwa Ijtema, the second largest congregation of Muslims, began on the bank of the Turag River at Tongi, on the outskirts of capital Dhaka, in the early hours of Friday.

The Ijtema began with 'Aam Bayan' (general sermons) by noted Islamic scholars after Fazz prayers and will ned with Akheri Munajat (final prayers) on January 22.

The government has taken adequate security measures ahead of the 2nd phase of Bishwa Ijtema.

The security management of the Ijtema Maidan will be monitored through close circuit (CC) cameras, watch towers and rooftops while adequate number of police personnel and intelligence agencies in plain clothes will be on duty in every Khitta along with specialized teams, according to law enforcement sources.

Many pilgrims from different countries of the world, including Bangladesh have already reached their respective Khittah' a the Ijtema wenue as the entire Ijtema Maidan is divided into 85 Khittah'

Tablighi Jamaat media coordinator Muhammad Sayem said that the devotees of Tabligh Jamaat from almost all Muslim countries of the world, and the second phase.

Muslim countries of the world are expected to participate in the second phase.

He said that a Jamast of 50 Muslims of Nizamuddin came to the Maidain on Wednesday.

Besless, the guests are coming from Pakistan-Jamast and Nizamuddin-Jamast as the Mashara' will be held at night in presence of them, he added.

The vehicular movement will be restricted ahead of The vehicular movement will be restricted ahead of On the occasion of the Akher! Munajat of the 2nd phase of Biswal Hieran, the metro, rati, will lum non-ston from

On the occasion of the Akheri Munajat of the 2nd phase of Biswa I Jiema, the metro rail will run non-stop from Uttara North Metroral Station to Agargaon Metroral Station from 8 am to 5 m on January 22 to ensure smooth journey of passengers, a press release said here yesterday, MRT pass sless will be closed at the aforesaid stations from 3 m to 9 m on Sunday (January 22) in this regard. The traffic department of Daka Metropolitan Police balas sought the full cooperation of the citizens to maintain as sought the full cooperation of the citizens to maintain the life of the full of the cocasion of the full conder and avoid traffic jams on the occasion of

#### Japanese PM instructed cabinet to revise Covid restrictions by spring

Japanese Prime Minister Fumio Kishida held a meeting with cabinet members on Friday and instructed them to revise COVID-19 restrictions and reevaluate risks posed by the disease by spring, which may allow it to be placed in the same category as the seasonal flu.

Thue to the amended category under the infectious legislation, the rules for self-isolation of those infected and those who had contacts with them will be revised. State financial assistance is also subject to detailed reconsideration. A gradual transition to measures for the return to 'regular' Japan and living' along with the cornoavirus' will be considered. The wearing of masks and other measures aimed at preventing infection will be revised, 'he told reporters after the meeting.

Currently, COVID-19 belongs to the second category of diseases listed in the law on infectious diseases, which entails placing patients in quarantine and introduces other restrictions. Today, the ministers have discussed possibilities and conditions for moving the disease to the fifth category, the one for the seasonal flu.

Under present regulations, residents of Japan are obliged to wear masks inside buildings and on public transport. School students are allowed to take off masks only during sport activities. If the distance between people utuside is more than two meters (6.5 feet), they can also take off masks, however many Japanese people choose to wear them voluntarily, even when they are walking the dog or cycling. If COVID-19 is assigned to a new category, people will be no longer required to wear masks inside.

hands with the PAGD, the Congress has allowed itself to ge

hands with the PAGJ, the Congress has allowed itself to ge consumed by their politics of deceit and deception, he adder "It is because of the policy paralysis and wrong decisio from time to time that the Congress is on the verge of it extinction in the entire country". Mr Devender Rana sait adding that the plight of the so-called grand old party it that it is losing its ground in the length and breadth of the country.

that it is Iosing its ground in the rengul and Kashmir can se-country.

Rana said the people of Jammu and Kashmir can se-through the political opportunism of the trio—the Congres-the NC and the PDP, who are desperate to grab power b hook and crook. The trauma with the three parties is the they are no more relevant in the political arean of Jamm and Kashmir, given their trail of misgovernance and ant people policies. On the contrary, the BJP has created a nich for itself due to path breaking initiatives taken for welfarec the people and progress of the both regions of Kashmir an Jammu. He said the Union Territory is close to the heart c her prime Minister, who has a vision for Naya J&K, wher opportunities of progress are available to all, irrespective opportunities of progress are available to all, irresponding of region or religion, and without any discrimination

asement.

na referred to the initiatives taken for holistic develop Rana referred to the initiatives taken for holistic development being undertaken across Jammu and Kashmir wit focus on investments for growth and job generation. H said the time is not far when the gains of investment will be discernible in terms of infrastructural development and av nues of jobs to professionals, educated unemployed beside skilled and unskilled workforce.

### **DIPR Cultural Wing celebrates Republic** Day with students of GHS Qasim Nagar

JI NEWS SERVICE
JAMMU, JANUARY 20:
Cultural wing of Cultural wing of Department of Information and Public Relations (DIPR) today organised a cultural program in the Government High School Qasim Nagar Jammu to mark the celebration of Republic Day.

Artists of Cultural Wing Information, Department

Information Department Jammu participated in the event and presented patri-otic songs. Students of the school also presented a school also presented colourful Cultural pro



Republic Day. Republic Day. She also appreciated the Cultural appreciated the Cultural Wing of the Department of Information and Public Relations for organizing such a meaningful pro-gram to aware the future of the nation.

gram to aware the tuture of the nation.

Among others, staff members of the school, offi-cials of the Information Department and a large number of audience wit-nessed the program. The program was conducted under the supervision of Cultural Officer, Parul Kbaiuria

### DC Doda finalises activities for 13th National Voters Day, Republic Day 2023

Parola making, Waste to Art, Dogri Cuisine competitions form main attraction of mega event



JI NEWS SERVICE

DODA, JANUARY District Administr 20: Administration Doda today finalised the colander of activities for the 13th National Voters the 13th National Voters
Day (NVD) here in a virtual meeting chaired by
District Election Officer,
(DC), Vishesh Paul
Mahajan,. The arrangements for the Celebration
of Republic Day 2023 were of Republic Day 2023 were discussed finalised during the meet-

Bhaderwah, ah, Assistant ioner Revenue, All SDMs, Dy. District Election Officer, Principal Degree College Doda, Chief Education Officer,

Chief Education Officer, Representatives of Principal GDC Bhaderwah/Kastigarh/Th athri and Tehsildars. Ace India Shooter Chain Singh also attended the meeting.

meeting.
The meeting listed different activities, and direc-tions were passed to the concerned for the smooth conduct of the programme.

The activities discussed included Pledge taking ceremony, Rally of students, and general public, and Celebrations Community Hall Doda.

Community Hall Doda.
The meeting also decided to organise events involving students like competitions (essay, debate etc) and webinars in the GDCs/institutions on the theme "Nothing like Voting, I Vote For Sure" It was also decided that

It was also decided that events shall also be organized at each polling station the BLOs to create

awareness among the people about the importance and power of vote. Further, it was decided to post the content on the social media handles with the hashtag #NVD2023, # Main Bharat Hun, # Vote Penelay e.g. #VoteDenejayegey, #Nothinglikevoting, and #Myvotemypower. All the concerned, including the District Information Officer, were directed to handle the social media

handle the social media campaign. While reviewing the arrangements for Republic Day 2023, the DC asked all the departments to cele-brate the national festival with great fervour, and with great fervour and

He instructed the officers to decorate their offices and surroundings with tri-colour lights. He urged the colour lights. He urged the public, including shop-keepers/ business operators and others in the towns and in villages to celebrate the National Festival with great zeal, passion, and warmth to cherish India's 75 years of Independence

### **DDC Ramban discuses modalities for** implementation of APDP

Direct officers for timely utilization of funds

#### JI NEWS SERVICE

RAMBAN, JANUARY 20: District Development District Development Commissioner Ramban Mussarat Islam, on Friday chaired a meeting of the concerned departments to discuss the modalities for discuss the modalities for the implementation of the Aspirational Panchayat Development Programme (APDP) in the district. The meeting was attend-ed by Additional Deputy Commissioner, Harbans Lal; CPO, Kasturi Lal; SDM

Gool Tanveer-Ul-Majid; ACD, Ashok Katoch; CMO, Dr Kamal Zadoo; Executive Engineer, Jal Shakti, Sudhir Sharama; Executive Engineer, Nisar Ahmed and other senior

officers.
A detailed discussion was held on the parameters pertaining under different categories including avail-ability of basic infrastructure, environment conser-vation, Governance, skill



bare discussion on identi-fied indicators, effective mechanism for timely collection of data and meeting

other aspects of APDP.
Speaking at the meeting, the DDC impressed upon all the departments to collect realistic and authentic

data on identified indica-tors and put in best possi-ble efforts in this regard. He said that the Government is all set to introduce the Panchayat Development Index to develop and replicate best practices that drive improvement across the

Programme (APDP).

Earlier, the CPO gave a detailed overview about the rollout of APDP and its significance in future plan ning of least performing panchayats. He also stressed upon all the departments to start data collection of the parameters pertaining to their depart-ments

## Jammu to host 11 day SARAS Fair 2023: Indu Chib

Mela will have unique stalls, cultural evenings, food courts Rural artisans, SHGs to participate from across India

JI NEWS SERVICE

JI NEWS SERVICE
JAMMU, JANUARY 20:
The Union Territory of
Jammu and Kashmir is
going to host SARAS Fair
2023 from 4th to 14th
February with participation of artisans and women
Self Help Groups' from
screes the country.

across the country.

The national level food The national level food and cultural fair will exhibit unique and famous indigenous products from various states and UTs of the country. The event will provide platform to the participants to sell and promote their self made products.

This was informed by Mission Director, J&K Mission Director, J&É
Rural Livelihoods Mission
(JKRLM), Indu Kanwal
Chib, while chairing a
meeting with different
departments held to discuss arrangements regarding SARAS Fair 2023 or
SARAS Fair 2023 or
SARAS Aajeevika Mela to
be held in the UT.
The annual SARAS fair
will be held in Jammu in
which over 75 stalls and
food courts will be set up at
the exhibition site.

exhibition

e Bahu, Jammu.

The meeting was attended by Additional Mission
Director Jammu, Mridhu
Slathia, senior officers from
different line departments
including district adminisincluding district administration Jammu, Jammu Municipal Corporation, Fisheries, Floriculture, Information Public Relations

and Public Relations, Hospitality and Protocol, Fire and Emergency Services, JKAACL, PDD, Jal Shakti, Traffic, district Police Jammu, Health and Medical Education among

others. MD JKRLM gave a detailed presentation el-orating an overview SARAS Fair.

SARAS Fair.

She informed that 11 day fair is expected to witness participation of Self Help Group women from 25 states and UTs from across the country to sell their self made products.
On the occasion, the offi-

On the occasion, the offi-cers of several line depart-ments also gave their sug-gestions in order to make the event a grand success. The meeting also held threadbare discussion on several issues including

erated upon necessary logistics and arrangements need to be put in place for official dignitaries

MD emphasized upon the departments to follow all the necessary fire safety protocols besides installing first aid kiosks and 24\*7 ambulance services at the venue. Another key feature of this national fair would be mesmerizing cultural events depicting cultural and traditional legacy of Jammu and Kashmir.

### Scale of Finance plan -2023-24 for Agriculture, allied sectors approved in Rajouri

II NEWS SERVICE

RAJOURI, JANUARY 20: District Level Task Force (DLTFC) today met re to discuss the fixation of Scales of Finance for the year 2023-24 in respect of agricultural and allied activities in Rajouri district. The meetactivities in Rajouri district. The meet-ing was chaired by Deputy Commissioner, Vikas Kundal, and attended by CPO, Mohammad Khurshid; CAO, Sohan Singh; LDM, Sanjeev Bhasin; AD Fisheries, Manish

of Finance plan after thoroughly discussing the criteria to be adopted for the scale fixation.

the scale fixation.

The Deputy Commissioner highlighted the importance of the fixation of finance for agricultural allied activities, as it will help farmers in the district to take advantage of various types of free credit in a convenient manner. He also noted that the fixation of finance will create employment opportunities in the district

through agricultural entrepreneur activities. He emphasized the need to involve all stakeholders in arriving at proper scales of finance and the sity of accurate field data

The DC also urged them for main taining close coordination to ensure that credit flow to the farmers is ade-

that credit flow to the farmers is ade-quate and timely.

He further highlighted the impor-tance of the fixation of finance for agricultural allied activities due to the increasing input costs.

### DC Ramban chairs meeting of Advisory Committee for **Clinical Establishment Registration and Regulation Act**

Rs 16 crore disbursed among 112 beneficiaries

JI NEWS SERVICE RAMBAN, JANUARY 20: Deputy Commissioner Deputy Commissione Ramban, Mussarat Islam Ramban, Mussarat Islam, who is also the Chairperson of the Advisory Committee for Clinical Establishment Registration and Regulation Act, today chaired the meet-ing of the committee here in his office chamber. Chief Medical Officer, Dr. Kamal Zadu, ACD. Ashok

Kamal Zadu, ACD, Ashok Singh, Medical Superintendent District superintendent District Hospital, Dr. Mehboob, Dy. SP, Pardeep Kumar attend-ed the meeting. The meeting scrutinized the applications received by



district for registration. All the genuine cases were approved by the Committee after taking comments and suggestions from the panel

The DC directed the

### HRM students of JU visit JKEDI campus for exposure tour the experts from JKEDI provided an overview of the startup ecosystem of

JI NEWS SERVICE
JAMMU, JANUARY 20: Students of
International Centre for Cross
Cultural Research and Human
Resource Management (ICcCR &
HRM), University of Jammu today
visited the Bari Brahmana campus of
Jammu and Kashmir
Entrepreneurship Development
Institute (IKEDI) for an exposure
tour.

tour.

During a day-long exposure visit,

overview of the startup ecosystem of UT to help the students develop an entrepreneurial mindset.

entrepreneurial mindset. Ajaz Ahmad Bhat (IAS), Director JKEDI also interacted with the visit-ing students and faculty members. In his address, Ajaz Ahmad Bhat encouraged the students to avail dif-ferent incentives of the Government available for the startups. He reiteral-ed the fact that enterpreneurs are cured the fact that entrepreneurs are cur-rently driving the growth story of the country and 'each and every one of us has a part to play.'

In view of the recent policy initia-tives by the central and the UT gov-

tives by the central and the UT gov-ernment, the majority of youth are taking up entrepreneurship as their first career choice, he said.

"The Startup policy of J&K is going to get a new shape in the near future and I am confident that it will prove beneficial for aspiring entrepreneurs who are driven by passion and inno-vation. From guidance and counsel-

ing to mentoring, to starting professional courses in entrepreneurship and management, JKEDI's role has never been more important. We are also working on an initiative to provide short-term entrepreneurship courses to school and college students," said Ajaz Ahmad Bhat.

The Day-long visit also included technical sessions for the students. Vishal Ray, In Charge, Centre for innovation, Incubation and Business Modelling, IKEDI gave an overview of

Modeling, JKEDI gave an overview of the startup ecosystem in the UT. He deliberated upon the incentives and facilities available at the Institute for aspiring Startups. Dr. Vinod Kumar, Teaching Associate at the Institute gave a technical session on preparation of a business plan and detailed project reports. Divya Sharma, Assistant Faculty gave a general overview of the Institute.

Dr. Isha Sharma, Faculty and Placement Coordinator, ICcR & HRM, coordinated the visit. Modeling, JKEDI gave an overview of

### Doda Admin hosts hands-on training on government e-Services

JI NEWS SERVICE
DODA, JANUARY 20: Union Territory of Jammu and Kashmir, in its effort to provide fair, transparent, and time-bound delivery of services to the citizens has fully switched over to e-governance. In this regard, District Administration Doda today organized a virtual hands-on training programme for the general public, in collaboration with the NIC and terbnical experts of all the departments. The and technical experts of all the departments. The day-long training for usage of online services of var-

ious departments was hosted through the ADBHUT Doda portal and was also aired live on the Facebook Doda portal and was also aired live on the Facebook page of District Administration Doda and from other social media platforms. Technical experts of Revenue, Health, Industries, Social Welfare, Mining, Election, Education, and other departments gave detailed demonstrations on the use of all the services from e-Unnat platform.

The district administration has decided that the virtual training on usage of online services shall be

held weekly by the departments to train the people at the grassroots level. During the hands-on training, at the grassroots level. During the hands-on training, citizens were sensitised about 400 plus online serv-ices being offered by the Government, Rapid Assessment System (RAS) for real-time feedback, UMANG platform for mobile Governance, Digi-locker for safe and secure storage space, MySchemes for central repository of government schemes, por-tals such as e-Umart, Janbhagidari, Apki Zameen Apki Nigrani etc. THOUGHT OF THE DAY 9 9

Logic will take you from A to B. Imagination will take you everywhere - Albert Einstein

#### JINDRAH MAGES

#### Giving boost to border tourism

ecently, Ladakh tourism department decided to regulate tourist movement in border areas in a hassle-free and smooth manner in order to give a further push to the tourism sector in the Union Territory. To ensure that the fragile environment and ecology of the region don't get disturbed, Ladakh administration has planned to establish police check posts in consultation with the Army for proper management and convenience of tourists as well as locals in border areas of the region. For this, the UT administration has even shot off a letter to the Army's 14 Corps for a written communication being required for all such areas so that the tourism department can notify these areas as open for domestic tourists without any permission from any authority. There is a need for the proper identification of locations where police posts are to be established for the regulation of tourists/visitors. This would help tour operators of Ladakh and other places to accept bookings for such places. This is being done because Ladakh holds strategic importance as it shares boundaries with two hostile nations-China and Pakistan. It has come to fore that Army and ITBP have no objection and they have assured that free movement would be allowed in all identified areas to the establishment of police posts at strategic locations for regulation and safety of tourists/visitors. There was also a need to regulate off-roading activities in eco-sensitive zones. Tourism department of Ladakh has also decided to regulate off-roading activities by Tourists and locals in wildlife areas and other eco-sensitive locations across Ladakh. The locations such as Hanle, Pangong, Hunder, Tsokar, etc. experience most of the off-roading incidents. An urgent need to discourage such activities has been felt considering the harm such activities are causing to the wildlife habitat and Ladakh's sensitive ecology. Sensitization workshops should be conducted for tour and travel operators and commercial vehicle unions to carry out responsible tourism activities, other than putting information sign boards and installing "hidden cameras" at strategic/potential locations. There is a further need to rope in village Panchayats to regulate such activities for which necessary instructions with the approval of the competent authority would be issued. Ladakh, having unmatchable beauty, has witnessed a significant increase in tourist inflow with foreigners and domestic tourists making a beeline to strategic locations of the region. The need has been felt to regulate the movement of these visitors to save the fragile ecology and environment from further degradation. It should be the collective responsibility of all stakeholders to supplement the government's efforts in preserving the ecology of Ladakh region

# **DEFENCE BUDGET MUST BE CAPABILITY-DRIVEN**

Having had this long experience of underfunding and underutilisation, maybe it is time for a fixed amount to be transferred every year to a defence modernisation fund that can be managed by the RBI or a designated bank. This fund should be drawn upon to make acquisitions in a time-bound manner. A necessary concomitant would be transparent acquisition processes, whether it's from domestic or foreign sources. The defence hudget should not be viewed as a drain on the national economy.

#### LT GEN PRADEEP BALI (RETD)

THE annual budgetary process is well underway and the expected allocation for the nation's security under the defence head is a matter of great interest and greater concern. India has an inimical neighbourhood, both on the western and northern fronts. on the western and northern fronts.
While the western adversary has
been a constant irritant, it does not
pose a major threat by itself. The
main issue of concern is and will
remain China, with whom the unsettled land borders stretch across the
Himalaws. The security is thation in Himalayas. The security situation in the neighbourhood, as well as global-ly, remains unpredictable and

In the past, we have been mostly reactive in dealing with any crisis sit-uation, not only militarily but even uation, not only militarily but even the monetary requirements were mel in an emergency mode. While there has been a regular annual increase in global defence outlays, especially of the USA and China, the sudden jump in the case of a country like Japan is a stark pointer to the fragile security environment, which majorly factors in our northern adversary

A clear perception of desired capa-bilities linked to timelines is essential for meeting the security challenges that confront the nation, in at least a

years.

It is a well-known truism that building capacities and developing capabilities need time, while intentions can change rapidly. The bottom line for capability development is the fiscal outlay. Infusion of high-end technology in military systems and equipment, which in the present day includes cyber, space and unmanned platforms, is cost-intensive. includes cyber, space and unmannum, is cost-intensive. However, every year we see only a marginal increase in the defence budget, which is not even adequate to overcome inflation. In fact, it has been decreasing as a proportion of total government expenditure. During the last 10 years, the annual defence hudget as a precentage of the fence budget as a percentage of the GDP has shown a decline, with the ratio for the last year being the lowest since the 1960s. This has been well below the desired levels. The Parliamentary Standing Committee on Defence had recommended that ended that nditure should be 3 per defence expenditure should be cent of the GDP to ensure adea

capabilities against hostile neigh-bours. The allocation for the Ministry of Defence has shown a much lower annual growth as compared to the average growth in overall Central average growth in overall Central government expenditure of 14 per cent. Since 2011-12, the capital outlay for defence grew at an annual aver-age rate of 7 per cent, while the over-all capital expenditure of the Central government grew at 13 per cent. The share of capital outlay for defence in total covernment canital expenditure. total government capital expenditure decreased from 41 per cent to 23 per cent in this period. The increase in capital outlay for defence over the last two years, which includes expenditure on big-ticket platforms such as tanks, naval vessels and aircraft, as well as a large and varied inventory of smaller systems, equipment and infrastructure, has been around 10 to 12 per cent, while capital expenditure of the Central government has gone up by around 25 to 29 per cent. It may well be argued that the competing fiscal requirements for national development, which includes a mulcapital outlay for defence over the development, which includes a mul-titude of projects and government initiatives, civilian infrastructure, healthcare and education, among

developing nation like ours with a burgeoning population living at sub-sistence levels, it is ironic and dis-tressing that even the reduced alloca-tions for defence are not fully Budgetary constraints processes undoubtedly been a dampener in acquisition of military weapons and

others, may preclude any substantial increase in the defence outlay. While

this needs to be appreciated in a developing nation like ours with a hurreening population.

all this have been highlighted often

all this have been highlighted often enough, not only by the armed forces but also by the Parliamentary Standing Committee for Defence. First and foremost, the defence budget must be capability-driven and not intention-driven! The total annual outlay is always falling short of the projected requirements. To safeguard against slippages due to procedural tardiness in procurements, it is imperative to make the Capital Budget 'non-lapsable' and follong' in nature, with a three-to-'roll-on' in nature, with a three-to five-year time span. During the recent winter session of Parliament, the Standing Committee on Defence the Standing Committee on Defence has once again stressed that a 'non-lapsing fund' for military modernisa-tion must be created so that the mid-year need for additional grants and budgetary allocation is avoided.

At present, there is no separate allocation of funds for committed liabilities and new schemes, as both are covered under capital acquisitions, contrary to recommendations made by this committee. Under the present rules of business, allotted funds lapse rules of business, allotted funds lapse at the end of the financial year on March 31, hence the pressing need for an amendment in making the capital head of the defence budget 'non-lapsable' and 'roll-on'. This would also enable meeting urgent defence needs during critical situa-tions. The draft Cabinet note for a non-lapsable defence modernisation non-lapsable defence modernisation fund has been under consideration by the government for quite some time now and its approval needs to

be accorded expeditiously. The situation demands solutions, not shuffling of papers. Having had this long experience of underfunding and underutilisation, maybe it is time for a fixed amount to be transferred a fixed amount to be transferred every year to a defence modernisa-tion fund that can be managed by the RBI or a designated bank. This fund should be drawn upon to make acquisitions in a time-bound manner. A necessary concomitant would be transparent acquisition processes, whether from domestic or foreign sources. Language of capital funds sources. Lapsing of capital funds, convoluted procurement processes and red tape, with no accountability, have no place in modern-day gover-nance, least of all in the area of national security. It is time to make a

national security. It is time to make a bold move in this Budget. On February 1, the Finance Minister will present the Union Budget, which will be the last full-year annual financial statement by the present government. It is fervent-ly hoped that due importance will be given to the monetary cost of ensuring national security, not only terms of enhanced outlay but also by making provisions to obviate non-utilisation of funds.

utilisation of funds. Most importantly, the defence budget should not be viewed as a drain on the national economy. With emphasis on high-quality indigenous defence production, both by private players and efficiently managed defence public sector undertakings and the large dual-use ecosystem that this creates, a major portion of the defence expenditure can well of the defence expenditure can well be seen as an engine of economic growth.



# Alcohol's cancer risk calls for policy review

#### RAKESH KOCHHAR

THE world is taking note of ramifications of alcohol-related costs to the nations. In a recent article in The Lancet, the World Health Organisation (WHO) has warned that there is no 'safe limit' to alcohol consumption, and even a small amount may increase the risk

Overall, alcohol consumption is linked to as many as 3 million deaths (5.3 per cent of all deaths) in the world each year. Younger people are disproportionately affected by alcohol com-pared with older people, and one in seven deaths among those aged between 20 and 39 years is attributed to alcohol. In 2020, alcohol was responsible for 7,40,000 cancer cases

The National Family Health Survey-5 The National Family Health Survey-5 (NFHS-5) for 2019-21 revealed that nearly 15 crore people (over 15 years of age) consume alcohol in India (1.5 per cent of women and 18.8 per cent of men; 16.5 per cent in rural areas and 19.9 per cent in urban India). Alcohol consumption was the highest in Arunachal Prades (38.47 per cent) and Jharkhand (20.19 per cent). In Punjab, it was 11.9 per cent, Haryana 8.5 per cent, and in Chandigarh 9.84 per cent.

There has been an increase in alcohol con-

There has been an increase in alcohol consumption in India in the last three decades by close to 5.5 per cent in men over 15 years of age and to a smaller extent in women too.

and to a smaller extent in women too.
The increase in consumption could be due to
increased access and marketing, changing
social acceptance, female empowerment and
rising incomes. Alcohol consumption is no
more a taboo and age is no longer a factor.



Liberalisation of alcohol permits and licences for restaurants and bars has also contributed to the rising consumption. The average age of ini-tiation has also come down. Alcohol is widely known to cause liver cir-

Alcohol is widely known to cause liver cirrhosis and its resultant complications. The toher major impact of alcohol consumption is accidents due to drunk driving. Alcohol is also linked to a number of other diseases like pancreatitis, alcoholic cardiomyopathy, stroke, alcohol dependence, psychiatric disorders, dementia, self-harm and interpersonal violence. Most gastroenterology wards in public hospitals of north India are full of patients of alcoholic liver disease and alcohol-induced pancreatitis, both of which can be life-threatening and can financially ruin a family. Absenteeism, loss of productivity, social strife and domestic violence are also the negative effects of alcohol use.

lence are also the negative effects of alcohol use. In addition, illicit alcohol may lead to blindness

and even death. It has been seen that the 'harm per litre' is more to poor individuals than those affluent. There is not much awareness about the link between cancers and alcohol. Apart from liver cancer, cancers of head and neck, panliver cancer, cancers of head and neck, pan-creas, colon, esophagus and breast are also related to alcohol use, accounting to over 4 per cent of all cancers. The International Agency for Research on Cancer has classified alcohol as a high-risk carcinogen, together with radiation and smoking. Alcohol is a ready cash cow for India, with each state trying to increase its rev-enue from alcohol by boosting sales. In some states, excise duty on alcohol contributes up to 25 per cent of all revenue. Punjab's excise department collected over Rs 4,000 crore in the first six months of 2022 and the revenue collecfirst six months of 2022 and the revenue collection increased by over 37 per cent. The govern ment admitted that its twin objective was to maximise revenue and provide affordable

There is a need to educate people about the harmful effects of alcohol, much like what's done for smoking. Most patients with alcohol-related diseases do not fathom the gravity of the situation. All forms of alcohol advertisements, including surrogate ones, should be prohibited.

liquor. Haryana also clocked an increase of Rs 1,000 crore in excise duty on alcohol in the first half of 2022. A PGI study had projected the economic cost of alcohol consumption in India. By mathematical modelling, it was calculated that between 2011 and 2050, treatment of alcoholrelated disease conditions will impose a burden of Rs 3,100 billion on the health system. The economic burden on society, out-of-pocket economic burden on society, out-of-pocket expenditure, productivity losses and health costs, all put together, amount to over Rs. 120,000 billion and reflect a net economic loss of 1.45 per cent of the GDP per year to the Indian economy after taking account of revenue from sales. It needs to be kept in mind that this expenditure is borne by the families, industry, society, and not by the government. The current government spending on health is 1.2 per cent of the GDP.

cent of the GDP.

While prohibition is in force in Bihar and Gujarat, we have permissiveness in other states with aggressive availability in states such as with aggressive availability in states such as Punjab and Haryana. Some years ago, liquor availability on highways was curbed following a Supreme Court ruling, but it's back to square one again. It is ironical that in some states, home delivery of alcohol is permitted, invoking the Disaster Management Act, 2005, on the pre-text that crowding outside liquor stores can be urruly. India needs to re-evaluate its approach towards alcohol. Admittedly, today we cannot prevent anyone from consuming alcohol, and prevent anyone from consuming alcohol, and

revenue from alcohol is useful for developmen-tal projects in the short term. However, in the long run, the economic burden of consequences of alcohol consumption far outweighs that. Since it is the young adults, especially males, who are affected the most, it is important to prioritise interventions targeted at these demo-graphic groups. The 75th World Health Assembly adopted the Global Alcohol Action Assembly adopted the Global Alcohol Action Ilan last year. It was pointed out that alcohol consumption is driven by 'rampant and unre-stricting advertising on social media and inter-ference by the alcohol industry to influence pol-icy decisions'. It called for generating public awareness on disease burden of alcohol, curtali-ing advertisements related to alcohol, and for-mulation of policies related to public health. There is a need to educate people about the harmful effects of alcohol, much like what is

harmful effects of alcohol, much like what is done for smoking. Most patients with alcohol-related diseases do not fathom the gravity of situation they land in. All forms of alcohol situation they land in. All forms of alcohol advertisements, including surrogate ones, should be prohibited. Moving liquor vends away from the public glare can be a small but significant step. Drunk driving should be penalised heavily. It is equally important that states should not look merely at enhancing revenue from alcohol sales. Experts in public health and health economics should be involved in policymaking matters related to alcohol

# Randeep Hooda Announces 'Laal Rang 2', Actor To Reprise His Role In A 'Darker, Meaner, Violent' Sequel



R andeep Hooda is all set to reprise his role of Shankar in Syed Ahmad Afzal's 'Laal Rang 2' which is a sequel to the 2016 film 'Laal Rang', was et in Haryana and it was a dark comedy drama which revolved around the blood trade business and Shankar (Randeen) was

ness and Shankar (Randeep) was shown as the owner of an illegal blood bank.

Randeep, who is known for 'Highway', 'Jannat 2', 'Jism 2', 'Kick', 'Sultan', among others, shed light on 'Highway', 'Jannat 2, 'Jism 2, 'Kick', 'Sultan', among others, shed light on his role and donning the cap of a pro-ducer, he said, "Shankar Malik is one character that will always stay close to my heart, the film even after seven years stays relevant and has a dedicat-ed fan-base to it."

'This is what has compelled me to

"This is what has compelled me to embark on this new journey as a pro-ducer too with a lot of joy and a sense

of responsibility towards it."
Director Syed Ahmed Afzal also
briefed about his film as he shared:
"We are extremely excited to begin the
madness again, the storyline is dark,
murky and lays the perfect plinth for
an enchanting film and we once again
have a chance to deliver somethine have a chance to deliver something

The essence of the sequel shall remain akin to the original. This sequel will be darker, meaner, violent

sequel will be darker, meaner, violent and yet funny."

Akshay Oberoi and Pia Bajpiee will also reprise their roles from the first part. The search is on for the new additions to the second part.

'Laal Rang 2: Khoon Chusva' is pro-duced by Randeep Hooda Films, Avak Films and Jelly Bean Entertainment, and co-produced by Anwar Ali and and co-produced by Anwar Ali and Sonu Kuntal. The film is slated to go

## Akshay Kumar To Sumeet Vyas To Ayushmann Khurrana -Rakul Preet Singh's 5 Co-Stars Who've A Distinct Charm

If we look at the actresses of the current generation who are setting up their distinct charm with their co-stars on the screen, Rakul Preet Singh is that rav-ishing beauty who is acing the task. Her long list of filmography is proof of her amazing screen presence, alongside any co-star. Be it superstars who've been in the film industry for decades like Akshay. the film industry for decades like Akshay Kumar or Ajay Devgn or it is the young new generation stars like Ayushmann Khurrana, Sidharth Malhotra and Sumeet Khurrana, Sidharth Malhotra and Sumeet Vyas, she has performed with a wide range of actors in her multi-lingual career, and has aced the pairing with them all. Today, let us look at some amazing pairs that Rakul Preet Singh has brought on the screen with her co-stars in recent recents.

Ajay Devgn ('Runway 34')
The actress played the character of first officer Tanya Albuquerque opposite Ajay Devgn and she did surely win her screen ence. While her brilliant acting and cuteness set up a magnificent persona of the prettiest co-pilot one could ever imag-ine, the film marked Rakul's second film ine, the film marked Rakul's second inition with Ajay Devgn after 'De De Pyaar De'. The two are also set to come back togeth-



er for the sequel to 'De De Pyaar De'. Akshay Kumar ('Cuttputlli') Rakul played the role of a school

teacher in this psychological crime thriller in which the audience witnessed her fresh pairing with Akshay Kumar. While the

actress set up amazing love chemistry with Akshay in the film, their pairing added up a flavour of romance that cer-tainly came as a treat to the viewers. Sidharth Malhotra (Thank God') Rakul played the character of a police officer and the wife of the bandcome

officer and the wife of the handsome hunk Sidharth Malhotra. This was Rakul's 3rd film opposite Sidharth after they already won the hearts of millions in 'Marjaavaan' and 'Aiyaary'. Ayushmann Khurrana ('Doctor G')

Ayushmann Khurrana ('Doctor G')
Rakul is seen playing a doctor with
Ayushmann Khurrana. While the audience witnessed Rakul as the prettiest doctor in the film, this also marked her first
film with Ayushmann. Their chemistry
was lauded by all and fans just couldn't
have enough of their cuteness onscreen.
Sumeet Vyas ('Chhatriwali')
Rakul is garnering a lot of praises for
her performance as a small town quality

Rakul is garnering a lot of praises for her performance as a small town quality tester at a condom factory in 'Chhatriwali'. Even though the film is a female centric one, her chemistry onscreen with Sumeet Vyas is definitely one of the best aspects of the film. They're cute together, and surely leave the audi-ence wanting to see more from this pair.



### Anil Kapoor On How It Is Tougher To **Impress Audience Now: Only Hard Work Doesn't Make The Cut**

A nil Kapoor, on Friday, launched the trailer of his upcoming show, 'The Night Manager' in Alibaug. It stars the actor with Aditya Roy Kapur and Shobita Dhulipala show, which is the Indian adaptation of a British series, is

adaptation of a British series, is set in the backtrop of illegal arms deals. It will stream on Disney+ Hotstar from February 17, and will have Anil and Aditya pitted against each other. During the trailer launch event, the veteran actor men-tioned how after having decades of experience in the industry, he feels only hard work cannot guarantee success.

guarantee success.
"The first thing is that it

should make me nervous and feel that I can't do this, I've not done something like this before. And then I think about how I want to give my best, because without doing my best (onscreen) otherwise how will I show my face to my friends. Will directors offer me work after seedirectors ofter me work after see-ing this or will 1 stop getting work altogether. I always have this nervousness and anxiety and hunger (to do good work) all the time and it pushes me," Indian Express quoted him say-ing

He added that it is now more the added that it is now more the audience. difficult to impress the audience "After working for so many years it has become very, very

tricky, what should I do, what have I done that people have not already seen me do. It is very tough and every day it is becoming tougher to excite the audience with so much stuff happening around. One needs bles only hard work doesn't (make

only hard work doesn't (make the cut) anymore. The right people have to come together to make something remarkable today," he added.

He was last seen in 'Jug Jugg Jeyo' alongside Neetu Kapoor, Varun Dhawan and Kiara Advani. He now has Ranbir Kapoor's 'Animal' and 'Fighter', alongside Hrithik Roshan and Deepika Padukone as his Padukone upcoming projects.

### 'Jailer': Tamannaah **Bhatia Stuns In The First Look Of Raiinikanth-**Mohanlal Starrer



2022, 2023 looks even busier for Tamannaah Bhatia with back-to-back shoot schedules and multiple releases. Fans were curiously waiting for an update about the upcoming projects from Tamannaah and the first

Tamannaah and the first one just dropped a while ago. The actress unveiled the first look of her upcoming Jailer, where she will be seen along-side Rajinikanth and Mohanlal.

Speaking more about her film in a joyous mood, arannaah shares, "Having a busy year is just a blessing. I'm just switching from one just switching from one character to another with the tedious schedules. While it can be exhausting at some point, it's extremely fulfilling as there are people out there eagerly waiting to see me on the big screen and this is what makes me love my work more and work harder."

Taking to her social the tedious schedules

"Finally I can share this with you all... the news is out!!! I am soo soo happy and honored to be a part of this movie #Jailer with the one and only only Thalaivar @rajinikanth sir directed by @nelsondilipkumar Can't wait to share this experience with all of you (sic)."

Film No. 160-

Rajinikanth's Upcoming Action Drama To Be Titled 'Jailer' She is constantly shift-

ing gears and making ends meet to deliver her best on-screen timings. With projects like With projects like Amazon Prime Video's 'Jee Karda', Netflix's 'Lust Stories', 'Bhola 'Jee Karda', Netflix's 'Lust Stories', 'Bhola Shankar', 'Jailer' and many more, fans will be seeing Tamannaah Bhatia in roles that are poles apart from each other. For the unversed, 'Jailer' also stars Shiva Rajkumar besides 'Jailer aus Rajkumar Rajinikanth, Mohanlal and Tamannaah Bhatia.

#### **Dakota Johnson Leaves Audience Gasping With Her Joke At Sundance** Opening Night

ifty Shades' star Dakota Johnson started off the 2023 Sundance Film Festival with a laugh in her role as a very the 2023 Sundance Film Festival with a laugh in the role as a presenter at the inaugural 'A Taste of Sundance' dinner. The actress joked that she was offered the role of the peach in Luca Guadagnino's Oscar-winning indie 'Call Me by Your Name', but she had to turn it down due to scheduling conflicts, reports 'Variety'.

"Thank god, though," she said. "I would have been enother woman that Armie Hammer would have tried to eat." Johnson praised Guadagnino as a lover of cinema (and Prada) as she presented him with the international icon award. She starred in his remake of 'Suspiria,' but her joke about Hammer made the room gasp and giggle. As per 'Variety', Hammer, who

"Suspiria," but her joke about Hammer made the room gasp and giggle. As per Variety, 'Hammer, who starred alongside Timothee Chalamet in 'Call Me by Your Name', has been accused of having cannibalistic fetishes, sexual assault and abusive behaviour by extramarital partners. Hammer has denied the claims. In the film, Hammer plays the love interest of Chalamet, whose character Elio performs a sexual act on a piece of fruit, which Hammer eventually discov-ers. "It's been five years since that film premiered here, and Luca hasn't stopped taking us to exciting places," ers. "It's been five years since that film premiered here, and Luca hasn't stopped taking us to exciting places," Johnson said, quoted by "Variety" referring to Guadagnino's 2022 film Bones and All', a cannibalism romance drama also starring Chalamet.

# Aniruddh Dave On The Impending Recession In 2023: Don't Think It Would Affect India And Its Economy

The covid-19 pandemic that led to many businesses shutting shop led to a global meltdown. Now with the virus attack in China and the Russia-Ukraine war having affected the economy, it a recession is impending. While the recession is ing. While the recession is becoming a talking point, showbiz needs to survive as entertainment is of prime importance. People in India, much like the rest of the world, enjoy watching TV, films, and OTT. Aniruddh Dave, known for his TV shows 'Raajkumar Aaryyan', 'Woh Rehne Waali Mehlon Ki', 'Ruk Jana Nahi' and 'Patiala Babes', shares his

affect India and its economy Our government is ready for every possible crisis and effort to keep it unaffected. We are to keep it unaftected. We are doing great in global affairs. Our GDP is growing, INR val-uation is also increasing etc, so a lot of development is hap-pening. India is a developing nation. At the upcoming G20, 120 nations will come to know where we stand in business, stock, and investment. Many would like to better their rela-tionship with India as we are already on the higher side," he says. About the changes or pre cautionary measures, the industry should take to deal with the situation, the actor shares, "Money saved is money earned. Alternative income or investment, saving is a must. Recession and pandemics are like uninvited guests or you can call them to cautionary measures,

gate crashers, so one should be prepared. But even if you're prepared, a fatal mishap can take a decade back. I've wit-nessed it. This is a part and parcel of life."

The competition is increasing every day, although the opportunities have also increased. A number of new

increased. A number of new platforms are coming up. "There are many opportuni-ties, but still a lot of people have no work even when there's no recession. We have nothing to do with this I

believe, those who shoot or were working have also earned during the pandemic. So it's better to go wisely. Stay strong and open your eyes, keep watching the scenario. Working hard is a must as competition is high. Working on your skills, craft and knowledge as that will only help you

edge as that will only help you move ahead," he explains. The two tips that one should follow to fight the recession sit-uation, Aniruddh adds, "If a recession comes, be wise and



# 4 essential food pairings for optimal nutrient absorption, from a vegan dietitian

We all seem to be looking for more ways to get the nutri-ents our bodies need, but nutrient intake is so much more than just the foods we eat.

Even if you're eating foods that Even if you're eating foods that are high in the nutrients you're aiming to increase in your diet—like calcium, iron and antioxidants—depending on how the foods are paired, you may be getting less nutrients than you think. Multiple factors go into how your body absorbs food, according to Catherine Perez, a vegan dietitian

"Regardless of your dietary choices, your ability to absorb nutrients is going to kind of change throughout your life cycle," she says. As children, you needed more nutrients than adults because

our lifestyle required more ener-

body won't digest certain vita-mins like B12 as well as others,

because your stomach acid decreases as you age. But for vegans and vegetarians specifically, "certain plant-based foods have different absorbability rates, and those can change depending on how you treat those foods and even what you

those foods and even what you might be eating those foods with," she says. Luckily, there are certain nutri-ents that, when paired together, can increase your ability to absorb them. Here are a few that Perez recommends having at the same time. 4 essential food pairings for

optimal nutrient absorption 1. Pair iron with vitamin C

Iron deficiency is a huge con-cern for people on a plant-based diet, says Perez. Plant-based sources of iron are more sources of iron are more absorbable when you pair them with something that's high in vitamin C, she says. For example, consider eating a burrito with beans, which are



high in iron, and diced bell pep-pers, which have a healthy serv-ing of vitamin C.

orporate zinc in your diet

"Zinc is another nutrient that tends to be a concern for those looking to go plant-based," says Perez. Found in grains, seeds and legumes like chickpeas, zinc can be better absorbed when paired You may already be cooking your chickpeas with sources of sulfur like onions and garlic, and that's making your zinc absorption even better.

3. Eat your antioxidants with fats and fat-soluble vitamins.

Absorbing antioxidants on a vegan diet can be a bit tricky. So, to ensure you're absorbing them properly, you should cook toma-toes, that are rich in the antioxi-

dant lycopene, with fats like olive oil, says Perez.
"If you're making a tomato sauce and you're using extra virgin olive oil with the tomatoes and cooking them down, that's going to help you activate and absorb lycopene a lot better than if you didn't have that fat there at all," she says.

4. Have your calcium with vitamin D

Bone health is vital for every one, even those who aren't vegan, and calcium is helpful for strengthening your bones. "When you have those calciumrich foods and you have enough vitamin D in your diet, your body is going to be able to absorb it betsavs Perez.

Pair calcium-rich sources like soy milk, almond milk or plantbased yogurts with a walk out-side, because the source of vitamin D from sunlight can help you better absorb the calcium

being a potential metabolic rea-

being a potential metabolic rea-son for any weight-loss benefits to time-restricted feeding, these findings suggest simply eating smaller meals, less frequently, is what ultimately leads to weight loss. "Although experimental studies have suggested that time-restricted eating could improve circadian rhythms and play a role in metabolic regulation, our study did not detect an association in a

did not detect an association in a population with a wide range of body weights," the researchers write in the study. "Importantly,

we found an association between

### The best thing about the **Mediterranean diet? It** doesn't taste like a diet



or people focused on healthy eating in the new year, advice from specialists (and, problematically, non-specialists) can be hard to decipher, never mind follow. But one diet in particular has withstood the test of time and been repeatedly heralded by doctors and researchers as promoting vitality and long-with

ity and longevity.

The Mediterranean diet, identified in the 1950s through a global study of men's heart health, is a pat-tern of eating based on the habits of Italians, Greeks, and others who live in the region. The regimen favors healthy fats such as those found in olive oil and nuts

healthy fats such as those found in olive oil and nuts and sets limits on consumption of animal products. Walter Willett, a professor of epidemiology and nutrition at the Harvard T.H. Chan School of Public Health, has spent more than three decades studying links between food and health, with special attention to the Mediterranean diet, around which, he says, "there are a lot of misconceptions." In a conversation with the Gazette, edited for clarity and length, he cleared some of them up.

cleared some of them up.

WILLETT: Well, there's quite a bit of flexibility —
that's probably one of the reasons people can stay

with it for the long run.

A general rule of thumb is to think about having A general rule of thumb is to think about having two servings of animal-sourced foods per day, which would be about one serving of dairy a day and about one serving of another animal-sourced protein. This could mean having red meat about once a week, fish a couple of times a week, poultry a couple of times a week, and eggs a couple of times a week. That's a pretty good goal. If someone would like to further reduce animal-sourced foods or be a strict vegan, that can also work, but taking an inexpensive multivitamin/multimineral supplement is desirable to ensure adequate micronutrient intake.

While this would be an appreciable shift for many

While this would be an appreciable shift for many Americans, it's not difficult because most of the Americans, it's not difficult because most of the ingredients are foods that are already familiar. Although I should say that 25 years ago, many people were not very familiar with whole grains. And most people were not familiar with good olive oil. I remember growing up in Michigan, my mom hat his little bottle of olive oil up on the top shelf that had been sitting there for years; it was rancid and tasted terribe. Adopting the Mediterranean dietary pattern is likely to mean some adjustments and new flavors. but in eneral, they're thinse that most people. rancerranean dietary rancerranean silver is likely to mean some adjustments and new flavors, but in general, they're things that most people can find enjoyable.

In terms of the percentage of calories from fat, this can vary but will usually be about 30 percent to 40 percent of calories, as long as they're mostly healthy fats from plant sources such as olive oil.

Walter Willett

Walter Willett.

"Diet during adolescence appears to be particularly important for cancer risk later in life, and sometimes even more important than what we're eating in midlife," said Walter Willett, professor of epidemiology and nutrition.

# For weight loss, how much you eat is more important than when you eat

new study led by researchers from the Johns Hopkins University School of Medicine has followed the meal-time habits has followed the meal-time habits of more than 500 people for six years finding weight change is most affected by the size and frequency of meals rather than the interval from first to last meal. The study challenges the popular trend of intermittent fasting as a useful weight loss strategy. Intermittent fasting, also referred to as time-restricted feeding, is a dietary strategy where all meals dietary strategy where all meals are consumed during a short window of time each day. These window of time each day. These win-dows can span anywhere from six to 10 hours, resulting in a person essentially fasting for up to 18 hours each day. Micro-cabin with rock-like fini-sh blends into a French forest From a weight-loss perspective, there has been plenty of debate over whether intermittent fasting techniques are effective because they trigger genuine metabolic

they trigger genuine metabolic changes or whether they simply make it easier for a person to just eat less food. A study published last year, for example, found similar weight loss outcomes between time-restricted feeders between time-restricted feeders and all-day eaters when both groups were given the same calo-rie-controlled dietary limits. Another earlier intermittent fast-ing study with no dietary direc-

tions saw participants who were limited to eating only during an eight-hour period each day wake-up to first meal and time from last meal to sleep. The find-ings revealed there was no link six-year instinctively reduce their between the time of a person's eating window each day and caloric intake participant weight changes over the six-yea follow-up. So it didn't make mucl of a difference to weight loss if around 300 calories a study used follow-up. So it didn't make much of a difference to weight loss if a person ate all their meals each day across a shorter window ver-sus a longer window. Speaking to media, lead investigator on the study Wendy Bennett said there were no signals in the data to sug-gest compressing one's meals into a smart-phone app to record sleep, wake and meal times across several week-long stretches. This enabled the This study took a different gest compressing one's meals into a small window each day plays a role in weight loss. track "Based on other studies that out, including ours we are starting to think that timapproach ing of meals through the day most likely doesn't immediateat investigating the
subject. Instead of
directing the nearly 550
participants to follow a specific pattern of eating, the
researchers simply tracked
daily meal times and sizes, and
correlated them with weight loss ly result in "said Bennett.

we found an association between the eating of more frequent and larger meals per day and weight increase, indicating that total overall caloric intake is the major driver of weight gain."

All of this, of course, doesn't mean intermittent fasting strate-gies won't help someone lose weight

ly clear is that the weight loss ben-efits occasionally seen with these eating strategies may be primarily driven by a reduced caloric intake. And intermittent fasting intake. And intermittent fasting certainly can be a useful way to help someone better control their caloric intake but it doesn't mean you can simply eat all you want in a short six or eight-hour window each day and still expect to lose waight.

# Why mothers in Gujarat are feeding nutritious rations meant for children to cows

hen 28-year-old Ekta Chawda was pregnant last year, the local anganwadi in Pamol village, an hour's ride from Vadodara, gave her three pack-te contributes of the white his ets containing a soft white mix-ture every month. Each 1.5kg packet of the mixture, made up of wheat, gram flour, soyabean flour, sugar, oil, rice, and maize, was protein and nutrient-rich.

Chawda would add ghee to the mixture to cook a sweet dish the mixture to cook a sweet dish -sheera - or make theplas, both commonly consumed in Gujarat. "I never liked the taste, but I ate it," she said. With Chawda's family engaged in farm labour, there was little money to spend on food while she was prepant.

food while she was pregnant, and the food mixture distributed by the anganwadi filled a vital nutrition gap. Local anganwadi centres, under the state's women and child develstate's women and child devel-opment department, provide care and nutrition for children under six years of age, and pregnant and lactating women. After Chawda's delivery, the anganwadi began providing a similar packet – called Balshakti

- for her six-month-old son. But Chawda's son, now a year old, spits out any food cooked using the mixture. Chawda said she told the anganwadi worker to stop giving her the food ration packets, but to no avail. "She says take the packet and do whatever you want," said Chawda

Chawda now dumps the con tents into a neighbour's cattle feed container. "I tried, [but] my son does not like the taste,"

my son does not like the taste," she said.
Several rounds of the National Family Health Survey data have shown that Gujarat's nutrition levels are worrying, especially among children. Since 2019, the Gujarat govern-ment has been handing out ment has been handing out these ready-to-cook ratio energy-dense, micronutrient-fortified food to children,

fortified food to children, teenage girls, and pregnant and lactating mothers. Gujarat has over 53 lakh ben-eficiaries under the angan-wadis. In 2020-21, the govern-ment provided take-home rations of the food mixture to 38.18 lakh beneficiaries. It also made an annual budgetary pro-



But, going by ground reports and feedback from anganwadis, children find the nutrient-rich

children find the nutrient-rich food packets unappetising, pos-ing a challenge for the state. Sunita Macwan, a health activist with the non-profit Kaira Social Service Society that

works on health and women's issues, said that despite the feedback, the government is intent on continuing with the take-home rations. "So much take-home rations. "So much money is being wasted on procuring it," she said. "The government knows that women

nrow away the rations." Ekta Chawda with her son at amol village. Credit: abassum Barnagarwala. 'At least, cattle are getting Daksha Prajapati, an angan-wadi worker in Pamol village of Anand district, said she has told her supervisor about the complaints from mothers in her village. "I can do nothing mo said. As she watched over children at the anganwadi eat a hot meal of rice and dal without fuss, she added, "Children pre-fer cooked meals over that fer cooked meals over that packet." Reshma Chawda tried but gave up a few days later and fed the contents to her cow. "At least the cattle are getting healthy," she said. Madhuben Chawda, who owns a cow and a buffalo in the

same village, has stopped buy-ing fodder since several villagers give away the food rations to her cattle. Her granddaughter, now four years old, too prefers hot meals at the anganwadi, like other children

anganwadi, like other crimien in the village.

Rushida Chawda, aged 37, has two children enrolled in the anganwadi. When the anganwadi workers counselled her about the benefits of the fortield food mixture, she made chapatis and sheera for her son. "He ate it initially," she said.
"But his weight did not increase," she said. Later, he began vomiting the food. Her elder daughter, who is five years old, eats at the anganwadi

KK Nirala, secretary in the KK Nirala, secretary in the state's women and child devel-opment department, said the fortified food packets were meant to supplement a child's diet. Worsening trend The fifth round of the National Family Health Survey conducted in 2019-21 showed that in Gujarat, 25.1% of the surveyed children under the age of five suffered from wasting, or were too thin for their height. This was much worse than the national average of 19.3%. That's not all. Gujarat's performance on this count has got-ten worse. The third round of ten worse. The third round of the National Family Health Survey conducted in 2005-'06 found that 19% of the children under the age of five in the state suffered from wasting. In 2019-'21, Gujarat's num-bers for stunting – when chil-dren are too short for their age-stood at 30% among children

stood at 39% among children under the age of five, compared to the national average of 35%. Also, nearly 40% of children under five years of age were underweight, compared to 32% at the national level.

at the national level.
While India's national averages for stunting, wasting and underweight children have improved compared to the previous surveys, Gujarat's numbers have shown little change or worsened.

Cong has no moral right to

take out BJY in J&K: Priya

Congress deprived women of equal rights for 70 years

### Rahul Gandhi is the brand ambassador of Tukde Tukde Gang: Vibodh



# II NEWS SERVICE

JI NEWS SERVICE
RAJOURI, JAN 20:
Congress leader Rahul
Gandhi who reached
Jammu and Kashmir on
Thursday evening for the
last leg of the Bharat Jodo
Yatra blamed BJP for
diverting people from real
issues. Reverting him, BJP J&K general secretary and former MLC Vibodh Gupta held congress onsible for the uncer responsible for the direction time that tainties prevailing in J&K while addressing a press conference on Friday Ranjeet Tara Dr Garu Snehi Varun Chandan Kewal Sharma Radish Sharma Sourab Kumar also present in press intraction.

intraction.

The people of Jammu and Kashmir will never forgive Congress and its proxies for decades of terrorism, the killing of innocents, and uncertainties prevailing in the UT.

The man behind this

The man behind this ambivalence is his(Rahul) forefather Jawahar Lal Nehru and we are suffering because of his wrong policies. The crisis originated in the Union Territory due to Congress, Vibodh said.

Vibodh said.

Hitting out at Farooq
Abdullah for his remark of
Sheikh and Nehru's
Jammu & Kashmir, Vibodh
said that in Nehru's
Jammu and Kashmir Rahul
Gandhi would not be able
to enter the UT without a
permit. It was the sacrifice
of Shyama Prasad
Mukherjee that the permit

of Shyama Prasad Mukherjee that the permit system was ended. Further with the conviction of Hon'ble PM Narendra Modi ,Article 370 and 35 A

never heard their pain. The hands of Congress and National Congress are cov ered with their blood, he added. He asked Rahul

Vibodh asserted that Rahul's Bharat Jodo Yatra was joined and supported by breaking India forces. Terming it as Bharat todo yatra, he said that Rahul yatra, he said that Rahul Gandhi through his yatra brought all the enemies of the nation under one umbrella and called him the brand ambassador of the Tukde Tukde gang. He told that India is all prepared to fight its enemies under the leadership of Hon'ble PM Narendra Modi who is committed to the unity and integrity of

### AAP only ray of hope for underprivileged, farmers, unemployed: Tony, Namrta



JI NEWS SERVICE JAMMU, JAN 20: Taranjit Singh Tony, Chairman Aam Aadmi Party (AAP) Jammu and Kashmir for Administrative Affairs, and District Development Council (DDC) Member Suchetgarh vowed world class amenities to people of J&K. Addressing a meeting here at ward no 74 in Sainik Colony, Tony said that AAP's Delhi Model is testimony to the fact that testimony to the fact that what he is promising is true to hilt as already the

ple showing unrelenting support election after elec-

shadow of parties which brazenly speak lies and blatantly admit that what blatantly admit that what they have promised was a political Jumla, there is only one party which can provide rock solid support to the marginalized sec-tions of the society in J&K be it farmers, jobless youths or underprivileged. He said that AAP's per-formance in Punjab is also stupendous with CM stupendous with CM Bhagwant Mann bringing

about much needed change to make the state a better place to live. He said that AAP is standing shoulder to shoulder with protesting Rehbar e Khel teachers, reserved category employees and daily employees wagers, and will support them until justice is deliv-

ered.

A meeting was organized in the residence of Darshan Singh, a hardworking BJP leader.

During the meeting, Darshan Singh alongwith Aslam Choudhary and scores of supporters joined AAP. Former Corporator Namrta Sharma, Provincial

President Women Wing AAP Jammu was also pres-ent in the joining function. Mandeep Chouhdary, AAP youth leader has arranged the joining pro-gramme. Jagjieet Singh Slathia, Block President Kunjwani Chowadi Block, Ramesh Panytra (SP Rettl)

Kunjwani Chowadi Block, Ramesh Panotra (5P Retd), Shubham Sangral, and oth-ers were also present. Namrta Sharma said that every section of society is on roads seeking justice but the incumbent BJP dis-pensation and its proxy rule in J&K has failed mis-erably to satiate the aspira-erably to satiate the aspiraerably to satiate the aspira-tions of the people. She said that the government is unable to provide justice to even men of the society leave aside the scope for women. She said AAP is

women. She said AAP is the only hope in J&K and therefore deserves support of all sections including the women of the society. Tony earlier welcomed the new entrants to the party fold and urged them to strengthen the party at grassroots level and expose the misdeeds of BJP and its ilk in J&K to educate peoilk in I&K to educate people about what is right and what is not for Jammu and

### Pritam Saini felicitates Sofia Saini for cracking KAS exams



JI NEWS SERVICE

JAMMU, JAN 20: All J&K Saini Sabha today hon-oured Sofia Saini for cracking the prestigious KAS examination in Jammu.

In this regard, Pritam Singh Saini, President All J&K Saini Sabha along with Sabha Members today felicitated Sofia Saini for clearing the prestigious exam and bringing laurels to the Saini community.

Pritam Saini also con gratulated the parents of the girl and wished Sofia Saini a bright future. He had all the praise for exceptional success of Sofia and said her victory will prove as a source of inspiration for youngsters, especially the girls. He said, "Basant Singh Saini, Chairman of Cooperative Marketing Cooperative

Society and Darshna Devi, parents of Sofia Saini need special accolades for their daughter's feat as she has brought laurels not only for them but to the entire Saini

Pritam Saini said that others should take cue from the success of Sofia and toe her line to ensure

and elated

Pertinent to mention that Sofia Saini is presently working as Assistant Registrar in the Cooperative Society. She did MSc Geology from the University of Jammu and after four years of hectic hard work, she cleared this prestigious exam.

Speaking on the occa-sion, Sofia Saini expressed gratitude towards Pritam Saini, President of All J&K Saini, President of All J&K Saini Sabha and others present there and gave a message to the entire young brigade of Jammu and Kashmir to first of all have confidence in their abilities and then toil hard to make their dreams come true. She said that there is no shortcut to success hard work is the only key hard work is the only key to have things which peo-ple dream about. She said that hard work, self-confi-dence and support of the family were the factors behind his feat.

# were abrogated and Sheik-Nehru's political blunder was corrected. Vibodh further said that Rahul Gandhi never visit-ed Kashmiri Hindus and

added. He asked Rahul Gandhi to apologize on behalf of Congress for denying basic human rights to daughters of J&K, Valmiki Samaj, PoJK refugees, Gujiar-Bakerwal, Pahari Tribe, etc. for decades under the veil of Article 370 and 35A.

II NEWS SERVICE JI NEWS SERVICE JAMMU, JAN 20: Priya Sethi, National Executive Member Bharatiya Janata Party (BJP) and former minister while countering of Jammu and Kashmir continued to be deprived of

#### Pushpinder Charak, Vivek Patyal, Divya Jain.

Grover State MM Spokeperson. Large number of promithe Congress party on Rahul's so called 'Bharat Jodo Yatra' has questioned its leaders where was the gress when the women

continued to be deprived of their due rights for more than 70 years and now it has started shedding croco-dile tears to befool the peo-ple during the said Yatra. She expressed this dur-jury a function at the Party. ng a function at the Party Headquarters in which scores of women joined the BJP in her presence.

Among others present incuded was BJP Vice President Anuradha Charak, Distt President South Rekha Mahajan,

he program ordinated by ver State

nent social activists from Shahidi Chowk, Channi and other areas of Jammu along with their supporters joined the Bharativa Janata

joined the Bharatiya Janata Party at party beadquarter, Trikuta Nagar, Jammu. BJP NEM & former Minister Priya Sethi for-mally welcomed the new entrants. Rita Devi, Neeraj Sharma, Keshav Dev, Ridham Gupta, Imran, Shelly Gupta, Imran, Shelly Gupta, Sushma Arora, Kamilesh, Sunita, Maya, Joshish, Nitish Atri, Sonia, Seema, Girish, Mani Bhushan Thapa, Laksh Bhushan Thapa, Laksh Thapa, Kirti Thapa, Surinder Kumar, Baby Devi and others joined BJP

on the occasion. Former Minister Priya Former Minister Priya Sethi welcomed the scores of new women entrants into the party and briefed them about their duties and responsibilities. She said that women empowerment is the top priority of Modi regime and asked the new entrants to impress upon women folk to join the world's largest political party BJP to make the nation the Super power of the world. The senior BJP leader and former minister leader and former minister
Priya Sethi said that it was
Shyama Prasad Mukherjee
made the supreme sacrifice
to get the obnoxious
'Permit System' abolished
and now it is PM Modi's
conviction and visionary conviction and visionary leadership that paved the way for showing the door to Art 370 and 35A thus fully integrating J&K with

India with every person of J&K enjoying all the rights at par with the clitzens across the nation.

Mocking at Rahul Gandhi-led 'Bharat Jodo Yatra', Priya Sethi said that it is the same Congress Party and its allies when during its governance Bharatiya Janata Party leaders were not allowed to go to hoist the National go to hoist the National Flag in Srinagar, opposed and stopped the BJP's Yatra besides taking three senior leaders Arun Jaitley, Sushma Swaraj and Anant Kumar into police custody at Jammu Airport and then forcibly sent to Pathankot. She said that it is really an irony, of the nation that irony of the nation that Congress having estab-lished its vote bank adopt-ing the policy of divide and rule in today taking out the 'Bharat Jodo Yatra'. She Bharat Jodo Yatra'. She asserted that people have already understood the politics of deceit followed by this party and they can't be befooled any more now.

Accusing the Congress party and its ilk of nurturing separatism and terror-ism to become MPs and MLAs, she said that today's citizens across the nation are fully aware of the Congress misdeeds the Congress which is evidenced by the fact that as of today

#### DAP protest in Doda against land Eviction order

### "Issue white paper, to safeguard poor people': DAP to J&K UT Govt



JI NEWS SERVICE DODA, JAN DODA, JAN 20: Continuing the protests against the unfriendly land 20: eviction order, hundreds of eviction order, hundreds of leaders & workers from Democratic Azad Party on friday held the peaceful protest at Doda. The pro-testers marched towards DC office and submitted the memorandum to DC Doda in presence of Doda in presence of District President DAP Asif Gattu, General Secretary DAP R.S. Chib, Vice Chairman G.M. Saroori, DAr Chairman G.N. Jugal Kishore Sharma Provincial President, Aslam Goni Working Member,

Salman Nizami P.R. Manhas Zonal President. Ex MLA Sham Lal Bhagat. Ex MI.A Sham Lal Bhagat, Ramesh Parihar, Capt Sham Lal, Iqbal Kohli, Farooq Shikari, Mohd Sadiq, General Secretary DAP R.S. Chib said that as long as the order is not revoked and people heav-ing sigh of relief, they will continue to register their protests across the Union Territory of Jammu Kashmir. The protest was organized on the instrucns of party chief Ghulam

India, we demand that the UT govt should come out with full details about all ses so that the inter

the cases so that the inter-est of the poor people is safeguarded. The SC directions not to demolish the houses, makes our demand more genuine and justified. We will continue our protest, till order is not revoked and fresh order be issued to safeguard the genuine cases. G.M. Saroori, Vice Chairman said "Our only demand is government have the first right over our resources and our bureau-crats can't render people

cosy rooms," they said. Chief Spokesperson Salman Nizami said the order by the government is order by the government is reflecting its mind-set towards the needy and poor people. "If they continue to have same mind-set, the day is not far when every person will be on roads against the government," they said, Jugal Kishore, Provincial President said urged government to revoke the order on humanitarian order on humanitarian grounds and spare the common and poor people n these harsh winters. in these harsh winters. DAP is always raising the voices of people and it will continue to support and stand for the people as long as they get their rights. The party has been holding protests all across the Union Territory ever since the order of land eviction was nassed by the governwas passed by the govern-ment. The protest was held despite rains and snowfall in the area which failed to dampen the spirit of pro-testers. Among others who testers. Among others who participated in the protest were Asghar Khanday, Iqbal Telli, Amin Magray, Amar Chand Bhagat, Neelam Devi, Shafi Amar Chand Devi, Shafi Magray, Pritam Kotwal, Shikari, Ashraf Malik, Rakesh Kumar, Kartar Singh, Jagdish

### **Inter-DYTE centre Quiz competition** organised in Samba

JI NEWS SERVICE

SAMBA, JANUARY 20: An inter cen ter Quiz competition for the trainees of District Youth training & District Youth training & Empowerment (DYTE) centers of dis-trict Samba was today organized here in the Conference Hall of District Administration Complex, Eight teams Administration Complex. Eight teams from DYTE centre Samba, Nud, Purmandal, Ramgarh, Vijaypur, Rajpura, Chagwal and Sumb consisting of 5 candidates in each team participated in the program. The team from

Sumb bagged 1st, 2nd and 3rd positions, respectively. At the outset Sulakshna Thakur, Assistant Director Employment Samba, presented a brief overview of the activities being carried out in the block level DYTE centres. At present 435 trainees including

319 male and 116 female candidate are enrolled in the block level DYTE centres across District Samba. Rajinder Singh, ADDC Samba, the Nodal officer of the DYTE Samba, complimented the

pating in the program. He motivated them to adopt a systematic approach them to adopt a systematic approach for preparing for the competitive exams. The DYTE is an initiative of District Administration Samba and Mission Youth department J&K wherein the rural youth in the age group 18-30 years, aspiring to join armed, paramilitary and related jobs, are imparted 3 month free academic and physical training by the instructors hired by District administration.

## Dy Mayor visits Ward No. 56, review water supply system



JI NEWS SERVICE JAMMU, JAN 20: Deput Baldev Baloria recently visited Ward No. 56, Gangyal, area of RS Pura-Jammu South Assembly to review the Assembly to review the water supply system. While speaking to the members of the public, he said that the Jal Shakti Department has been directed to improve the water supply system in the ward. He further said that the department has already started work to law drinks. started work to lay drink ing water pipes, and the work will be completed in

improvement of the water supply system in this part of the Jammu is of utmost importance. He said that the JMC is committed to providing clean drinking water to every household in the ward. He further

in the ward. He further said that the department is taking every measure to ensure that the water supply system works efficiently and without any issues. The purpose of this project is to improve the water supply system in this area and ensure better access to clean drinking water. The Deputy Mayor said that the newly laid drinking water pipes will ensure that the people of this area get betpeople of this area get bet-

He expressed his grati-tude to the Central Government for taking this initiative and providing better access to clean drinking water. He also urged members of the public to inform him or the administration about any issues they face in the ward.

they face in the ward.

Later, Guru Ravidas
Samiti also honored
Deputy Mayor Jammu
Baldev Singh Billawaria in
recognition of his contribution to the development of
the Jammu city. Deputy
Mayor Jammu was felicitated at the samiti's headquared at the samiti's headquared at the samiti's headquarters in the presence of its

the local community.

The members of the Guru Ravidas expressed their gratitude to Deputy Mayor Jammu for his support and commit-ment to the development of

ment to the development of the city.

The samiti members also put forth their problems before the Deputy Mayor, Jammu. These included damaged wall of Community Hall of Guru Ravidas Community Hall, Gangyal Jammu. Deputy Mayor The Jammu red them that all the ands would be demands demands would be resolved in a phased man-ner which includes the development and upgrada-tion of Community Hall of Guru Ravidas, Gangyal

animu. Deputy Mayor Baldev Singh Billawaria thanked he samiti members for their appreciation and assured them that he would continue to work for the betterment of the city He also stated that he would take up the issues raised by the samiti members with the relevant

### NC intensifies protest against Govt's land eviction order at Kalakote

JI NEWS SERVICE

KALAKOTE, JAN 20: J&K National Conference, Kalakote unit today staged a peaceful demonstration against the land eviction order by the Jammu and Kashmir Government.

Kashmir Government.

Hundreds of Civil
Society members and party
workers under the chairmanship of Th Yashu
Vardhan Singh, Additonal Spokesperson and charge Kalakote stituency JKNC assembled near Bus Stand Kalakote and raised slogans against the draconian order of I&K Govt. DDC and BDC members were also joined the

protest.

Talking to reporters, Th
Yashu Vardhan criticized
the government for rendering the people homeless by
carrying out the antiencroachment drives.

He said that the incumbent L&A Administration

bent J&K Administration has crossed all the limits on all fronts thus creating misall fronts thus creating mis-erable conditions for the people who have been left to fend for themselves. He expressed this in response to the Government's direc-



ments from State land including Roshni and Kahcharai by the end of current month and submit compliance report.

Yashu Vardhan asserted the BJP Government at the Centre through its proxy Administration in Jammu and Kashmir has fiddled with all the laws of the erstwhile State of Jammu and Kashmir especially the land laws. He said that instead of making the life of its own people comfort-able, the Govt brought these land laws to allow

people from o Jammu and Kashr outside own land by putting J&K on sale and depriving the residents of this region of their due right to use the

The senior NC leader termed it an anti-people order and should be revoked immediately because it is hitting the poor and needy people

During the protest, DDC Kalakote Anita Thakur Ralakote Anita Ihakur along with DDC Dangri Th Rameshwar Singh, DDC Moghla Shamim Akther, DDC Moghla Surekha Kotwal, DDC Dangri Akther District President Rajouri Ashok Sarpanchs, Panches and senior party leaders sub-mitted Memorandum to the Tehsildar Kalakote against the eviction drive initiated by the proxy Government of BJP in

Jammu and Kashmir. "We want this order to be revoked immediately. We can't keep watching the

### Gear up for upcoming elections: Langeh to party cadre



JI NEWS SERVICE DODA, JAN 20: Neelam Langeh, President BJP SC Morcha and former MLA today asked party cadre to gea up for the upcoming elections in Jammu and Kashmir and ensure maximum participation of youth by bringing them into party fold right

bringing them into party fold right from the grass root level.

The former MLA was speaking at the meeting held exclusively to mobi-lize the party activists in Doda West Constituency under BJP's three days campaign which started here today. Langeh has been appointed as the Constituency Incharge for Doda West under the aforesaid campain. Vinin under the aforesaid campaign. Vipin

Incharge Doda

Sharma, Incharge Doda
Parliamentary constituency was also
accompanied the former MLA.
Convening the maiden meeting
today, the former MLA urged the
stakeholders to take the policies and plans of BJP upto ground level by mobilizing the grassroots level work

He said that upcoming polls including Assembly, Panchayat and the Lok Sabha are the real test for the the Lok Sabha are the real test for the BJP as nothing short of clean sweep is the aim of the party in these three political battles and to achieve the goal hard work and dedication are the keys. Besides, the former legislator will also constitute a committee to vitalize the organizational structure of the party.

The former MLA said that BJP is a

The former MLA said that BJP is a party of principles, working for the upliftment of all the sections of the society, irrespective of their religion, caste and creed and its activists from its backbone. However, the Party Karyakartas are the greatest asset of Karyakartas are the greatest asset of the party as they are in continuous contact of the people in general and youth in particular at the grass roots level. While the BIP gives its workers full opportunity to move forward, the party workers are expected to proactively carry forward the legacy of the party keeping public service devoid of any discrimination at the core of their functioning policy.

Langeh said that synergy between different committees and the ground

different committees and the ground level workers could be the game changer for the forthcoming elections and therefore frequent meetings and chalking out strategy on the basis of real time situation is significant to real time situation is significant to ensure victory of the party. He asked the party activists to further intensify the efforts to motivate more and more youth into the party fold before the elections in the Union Territory.

### **Congress can only break country,** not unite it: Sat, Yudhvir

Ask party workers to gear-up for upcoming polls in J&K



JI NEWS SERVICE

JAMMU, JAN 20: Th. Gulchain Singh Charak, President, Dogra Sadar Sabha, Jammu and Kashmir and for mer Minister has hailed the latest mer Minister has hailed the latest directions of Chief Secretary Dr Arun Kumar Mehta to the concerned Revenue authorities regarding strengthening of traditional and vital village institutions of Numberdars and Chowkidars throughout J&K. He has termed as significant the assertion of Dr Mehta that the position of Numberdars and Chowkidars is regarded. important for better coordination at grassroot level besides the instructions to district admin Numberdars and Chowkidars is very tions to district administration to fill up all their vacancies by engaging young and enthusiastic persons as per the relevant rules and acts before 26 January 2023.

Sat Sharma, senior BJP leader and former minister today attacked Congress leader Rahul Gandhi over going Bharat Iodo Yatra, saving that the Congress party can only break the country and not unite it. He was speaking at the programme in Bajalta Mandal of Jammu East

Constituency. Yudhvir Sethi, J&K BJP Vice President accompanied the former minister.

Sat Sharma and Yudhvir Sethi along with Karan Singh, Vice President Jammu District and Adv arong with Kanali Singh, Vice President Jammu District and Adv Rajesh Gupta, General Secretary BJP Jammu District today conducted four meetings in Majeen, Bajalta, Aithem and Jagti areas falling under the Bajalta Mandal of Jammu East constituency to mobilize the party workers for the upcoming elections in the Union Territory. The senior BJP leaders also convened meetings with District office bearers, Mandal office bearers, Polling Booth Presidents, Shakti Kendra Parmukhs, and all other committees to revitalize the organizational structure of the party. Sat Sharma criticized the Congress leader Rahul Gandhi for pursuing the anti-India tirade by inviting the persons of doubtful and controversial

sons of doubtful and controver credentials to join the Bharat Jodo Yatra. He said Rahul Gandhi should clear the stand of his party by allow-ing valley based political parties in Bharat Jodo Yatra on PAGD's pro370. He asserted that it seems that the aforesaid Yatra is an attempt to revive the dynasty rule of three fami-lies i.e, Gandhi, Abdullah and Mufti in the country as well as in J&K also.

The former Minister said that eight years of Modi rule in the country has shown the people that it is only BJP which can fulfill aspirations of the nationalist people because the parties which used to rule J&K in last 70 years have compromised the interests of the country and the common masses a number of times

Yudhvir Sethi said that upcoming polls including Assembly, Panchayat and the Lok Sabha are the real test for the BJP as nothing short of clean sweep is the aim of the party in these three political battles and to achieve the goal hard work and dedication are the keys. He said that synergy between different committees and the ground level workers could be the game changer for the forthcoming elections and therefore frequent meetings and chalking out strategy on the basis of real time situation is significant to ensure victory of the

Adv Rajesh Gupta has asked party cadres to strengthen the base of the party at the grassroots level and also promised to act as the ambassador of the party convincing others to become part of this political class which in today's India is a matter of pride and prestige, for BJP being the only nationalist political outfit.

Karan Singh asked stakeholders to take the policies and plans of BJF nd level by mobilizing the

### Chander Mohan, Satti inaugurates, distributes Bhandara at Bakshi Nagar Jammu

II NEWS SERVICE

JAMMU, JAN 20: Chander Mohan Gupta ( Vice President BJP and for-mer Mayor JMC ) and Braham Jyot Satti ( Senior BJP leader) inaugurat-ed and distributed Bhandara outside

GMC , Bakshi Nagar Jammu . It was Organised by Sri Sri Radha Govind Dham Goushala Shakti Nagar Jammu and it was supported

by Sanjay Kumar ( Gugga) . Chander Mohan Gupta , Braham Jyot Satti , Shashi Verma ( President Vishwakarma Sabha Jammu arma Sabha Jammu ) were present in main Kashmir there . Hardev Singh ( President Auto union ) , Vijay verma ( General Secretary vishwakarma Sabha ) , Nitaai Dass ( Radha Govind Gou Shalla ) , Madalsa Devi ( Radha Govind Dham Goushala) , Rakesh Kumar ( Vishwakarma Sabha Gurah , Vijay kumar ( Ravi Das Sabha ) were present on the occasion and serve devotees

started with obeisance

peace and Harmony of Nation After that they inaugurated Bhandara for general public and performed anger Seva , Served Langer a eneral public and attende General public and attendents Patients. Speaking on the occasion Chan-

Mohan praised the efforts of Sri Radha Govind Gou Shalla and Goushala is serving and hungry peo-ple also . He is this this blessings of pte also . He is this this blessings of cow which is very sacred animals in hindus that Radha Govind Gou Shalla is organizing bhandara for general public twice in a week which is highly angreeiable.

is highly appreciable.

He said the he is always available He said the he is always available for any kind of help for this Gou dham and he is also trying to sort out all problems which are facing by this goushala presently.

Braham Jyot appreciated the works of Sri Sri Radha Govind Dham Gowelal at imitative and cow.

Dham Goushala dignitaries and cow is sacred Animal for Hindus and has various religious beliefs and Sri Sri Radha Govind Dham Goushala team is doing hard work for cows .

He said BJP always provides helping hands to other so we don't leave anyone in his / her hard time . Huge number of patients and their atten-dents visit GMC daily for treatment daily so we always try our best to provide them food

He said BJP is organising Social Programs and providing food and other essential items to needies and working on ground level in the serv-

working on ground level in the serv-ice of humanity.

He also praised the efforts of Chander Mohan Gupta in support-ing this Radha Govind Dham Goushala and said he know Chander Mohan Gupta from past more than 20 years and said Chander Mohan Gupta is very noble person but unfortunately some people are trying to create controversy against him just for the fame . He said we are always available

for in the service of humanity and Nations first , Party second and self

### Scouts and Guides of Model Academy attend National Jamboree at Rajasthan



II NEWS SERVICE

JAMMU, JAN 20: 18th National Bharat Scouts and Iamboree Guides organised from 4th to 10th January 2023 at Rohat, Pali January 2023 at Rohat, Pali district in Rajasthan. The theme of this year's jam-boree was 'Progress with Peace' which aimed at knit-ting the world together and learning about collaborative working. It gave young cadets a platform to share their customs, food habits, handicrafts, culture, religious practises with one

another.

The jamboree was inaugurated by the President, Madam DroupadiMurmu and concluded by Mr.Anurag Thakur, Union Youth Sports Minister,

overnment of India. A total of 37,000 scouts

and guides from all over India and eight overseas contingents participated in the event. Seven Scouts and two guides of Model Academy school under the leadership of Mr. Imran Ahmed, escort master par-ticipated in the event. Various competitions

re organised during the were organised during the week-long affair which included, Estate Gate, Rangoli, Folk Dance, March Past, Colour Party, Painting and Cultural

Dress. The school bagged nine badges in different activi-ties like electronic games, ties like electronic games, badge swapping, vocation-al hobby, and adventure activities like, monkey bridge climbing, rock climbing, parasailing, air cycling, drum rolling and water activities etc. The management of the school praised the efforts of the Bharat Scouts and Guides wing in encourag-ing the young boys and

ing the young boys and girls to work for humanity without any distinction of creed, race, or gender. Chairperson, Dr.Renu Gupta advised the Scouts Gupta advised the Scouts and Guides to adopt the universal values and ethos which would guide them in future and enrich their lives in positive ways.

### PM Modi 's matras in Exam Warriors book will definitely lead to stress free exams: Jugal

JI NEWS SERVICE JAMMU, JAN 20: Jugal Kishore Sharma Member of Parliament Lok Sabha and Senior Leader Bharativa Janata Party has impressed upon the students' fraternito adopt the Prime Minister's valuable advice to be a 'Warrior and not a Worrier' while facing the exams free of any fret, fear or stress to achieve opti-mum success. He expressed this while addressing students during a programme organ-ized under the theme 'Pariksha Pe Charcha' at Luthra Academy here

The programme was organized by the Shyama Prasad Mukherjee Samriti Nyas in which a Drawing cum Painting competition was conducted for the students.

dents.
While MP Jugal Kishore Sharma was the Chief Guest on the occasion, other prominent persons present included Rohit Chahal National Member Chahal National Member Shyama Prasad Mukherjee Samriti Nyas, Ravinder Jamwal renowned sculp-tor, Suman Gupta renowned artist and painter, Mr. Rajiv Luthra Director Luthra Academy Director Luthra Academy, besides others. The pro-gramme was held in a bid to boost the morale of students especially for facing the examinations.

Member Parliament Jugal Kishore Sharma said that it is indeed a pleasure



the students so that they can be best guided in the right direction. He said they need to imbibe in the students the spirit to over-come exams by treating the exam period as a festival. Sania Slathia, Class 12th of Carmel Convent School haeved first prize. Suwanei

bagged first prize, Suwangi

Mythili Gupta of Class 3rd

from Heritage School bagged 2nd and 3rd prizes

Chandan, Class 9th Heritage School a

for the nation that PM Modi is devoting his ener-gy to address the issues of children at micro level. He said that the book 'Exam Warriors' is a perfect syl-labus not only for the chil-dren of this nation but also dren of this nation but also for the whole world on how to relieve the tension and stress amid the exams.

Sharma said tha Prime finister Sh Narendra Modi has been conducting 'Pariksha Pe Charcha' for students since 2018 in order to reduce their stress during exams. The programme encourages stu-dents to share their experiences and tips for reducing stress. Ever since its inception, it has become a very popular and beneficial pro-

Rohit Chahal, National Member. Shyama Prasad Mukherjee Samriti Nyas said, since this era is tech-

respectively.

The winners of the competition were presented prizes by the Chief Guest Besides, twenty five outsaid, since this era is tech-nology driven and students have everything on their mobile handsets, what is required is identification of talent and proper guidance that can only be done by the teachers of this country. standing personalities were also felicitated and presented awards on the occasion. He said that teachers now have a larger role to play to build confidence among the students so that they

Meanwhile MP Jugal Kishore interacted with students and discussed PM Narendra Modi's recent book Exam Warriors with

State President BIYM Arun Dev Singh Jamwal,
District President BJP
Parmod Kapahi,Mandal
President Keshav Chopra, Corporator Sanjay Baru, Fine Artist Dr. Amarjeet Singh,Ravi Kant,Teachers of Various Schools and others were also present at the occa-

### Jal Jeevan Mission all set to resolve archaic water crisis in Kandi belts: Col Mahan

JI NEWS SERVICE
KATHUA, JAN 20: Col Mahan Singh
(Retd) DDC Chairman Kathua on
Friday said that the Jal Jeevan
Mission envisaged by BJP
Government is all set to resolve archaic water crisis in Kandi belts for

ever.

He was speaking after the inauguration of a Tube well at Patwani locality in Tridwan Panchayat of Hatti in Kathua area. Shaveta Kumar DDC Member Keedian Gandyal also accompanied the DDC Chairman during the launch of the aforesaid tube well. The DDC Chairman assured that potable water shortage in village Tridwan (Hatti) will soon become history as the project worth Ks 6 Crore encompasses three Water Supply Schemes, laying of new water supply lines and allied infrastructure.

structure.

Col Mahan said that the government in J&K has been able to address the issues of people which they were confronting since ages only because of visionary insight of PM Narendra Modi as he took personal interest in finding out remedies to the problems



which people faced in the region due to indifference of successive governments that reigned the region in the

The DDC Chairman expressed ratitude to PM Narendra Modi for gratitude to PM Narendra Modi for ongoing JJM to resolve perennial problems of drinking water in Kandi regions of Kathua District. He said that time is not far when the dream of Har Ghar Nal Se Jal will be fulfilled in the Kandi belt. He sought people's

support in the upcoming polls in the UT and asked them to install a double engine government of BJP to ensure all round development with no room for any kind of prejudice or discrimi-

Besides, DDC Chairman and Di Kumari Shaveta, Sarpanch Tridwan, Sarpanch Hatli, DDC Lohai Malhar, EE Jalshakti Deptt & Staff, and local ent in large num residents were present in l ber despite incessant rains

### **Literary Club of DEC organises Debate Competition** on "Impact of Internet on Health"

JI NEWS SERVICE

JI NEWS SERVICE
JAMMU, JAN 20: Literary Club of
Dogra College of Education organized Debate Competition on 20th of
January 2023 on the topic "Impact of
Internet on Health". The programme
started with welcome address by Ms.
Askahita Magotra, student of B.Ed.
Sem. III of DCE. She highlighted the
consequences of Internet usage on
human health and psychological well
being of the individual.
Dr. Vikesh Kumar Sharma,

Dr. Vikesh Kumar Sharma, Principal, Dogra College of Education highlighted the negative impact of Internet on the students mental well being and high level of stress due to ise of Internet, About

the excessive use of Internet. About 20 students of B.Ed. Sem. I and Sem. III took part in the debate competition. Participants of the debate expressed their views on the Impact of Internet on health and stressed that social media and mobile devices may lead to psychological and physical issues, such as eyestrain and difficulty in focusing on impor-

tant tasks.

They may also contribute to more serious health conditions, such as depression, the over use of technolodepression, the over use of technology may have a more significant impact on children and teenagers. Participants also support to the idea that the Internet is a way to strengthen and maintain social ties and associated with declines in depression.

The Judges of the event were Mrs. Indu Puri, Lecturer in Hindi, Mrs.

Sarika, Lecturer in Education, Ms. Priyanka Bendral, Lecturer in Commerce. Ms. Arushi Sharma, Sem. I, Akshita Magotra, Sem. III and 1, Akshita Magotra, Sem. III and Archana Charak, Sem. III adjudged 1st, 2nd and 3rd respectively. All the staff members and students of both the Semesters were present during the event.

The program ended with vote of thanks presented by Mrs. Gagandeep Kour, Lecturer in English, DCE.

### Teachers must have stability of Tenure: AJKLTF



II NEWS SERVICE

All Jammu JAMMU, JAN 20: All Jammu Kashmir & Ladakh Teachers Federation affiliated to Akhil Bhartiya Rashtriya Shikshak Mahasangh has demanded a com-prehensive transfer policy for all cadre of teachers including the Grade 2nd & 3rd teachers, particu-larly

the female teachers married outside their zones and areas are the worst sufferers and facing mental trauma because of no transfer policy and also expressed the deep concern over the delay of DPC which is not over the delay of DPC which is not held since 2014 and transparent Transfer policy under ATD in Jammu Kashmir and also demanded replacement of New Pension Scheme with the Old Pension Scheme for the employees in Jammu and Kashmir. Addressing the teachers of Kishtwar district here today Akhil Bhartiya. Rashtriya. Shikshak

State President Devraj Thakur, said that the department have no policy regarding the issues pertaining to the teachers community in Jammu

Kashmir Since last eight years the SED has Since last eight years the SED has failed to conduct DPC in Jammu division in teachers cader which caused the shortage of teaching staff in many institutions and effects the studies of students.

Thakur said that the Jammu Kashmir having no definite policy with regard to the transfer of gov-ernment school teachers was leading to unnecessary confusion every year Teachers form the largest group among the government employees However, the successive govern-However, the successive govern-ments have failed to implement a definite transfer policy in J&K. The teachers have been demanding for inter-zonal transfers to ensure better quality of education.

consider seriously the need for hav-ing a transfer policy for school teachers. Regarding the transfer the gov-ernment should make some forward ove in consultation with teachers.

move in consultation with teachers, officials and experts, he said.

He also highlighted other issues and demands of Grade II/III Teachers, who are facing stagnation and other hardships for the last two decades, include implementation of transfer policy and promotions of 5000 ReT teachers.

He also appealed to the Director School Education Jammu to regularise the left out ReTs and convert

larise the left out ReTs and convert the regularised RRETs to teachers Grade II/III so that they may get

"The teachers in JK UT are agitating for non seriousness of the Authority to transfer them in times in suitable places. Further we appeal to the Government to take the appropriate actions and instructions for the Education department to fulfill the long pending demands of teaching community. The teachers are the worst suffered due to not transparent transfer Policy in the UT" Thakur added. "The teachers in JK UT are agitat-

"Teachers are often asked to spend "leachers are often asked to spend large portions of their time on non teaching activities, such as MDM preparation, electioneering, or vari-ous Administrative tasks. This pre-vents teachers from concentrating on their actual jobs" he added further.

## BJP workers are the backbone of the party says Vinay Gupta



bugle of elections can ring anytime in

II NEWS SERVICE

JAMMU, JAN 20: BJP Senior leader, Jammu North Seh Prabhari Vinay Gupta, taking forward the activities of party cadres of BJP Marh Mandal falls under Jammu North District holds Shakit Kendra Pramukh meet-ing. The meeting was held under the leadership of District President Omi Khajuria, Seh Prabhari Jammu North Khajuria, Seh Prabhari Jammu North Vinay Gupta along with Vikas Choudhary BJP State Secretary here at the district Jammu North, Mandal Marh. The meeting was organized by Vikramjeet Singh Mandal President and the proceedings of the meeting were conducted by District General Secretary and BDC Chairman Surinder Bhagat. Vinay Gupta, while addressing the Shakti Kendra Pramukh meeting con-centrated on the dedicated mass

centrated on the dedicated mass working of the BJP Marh Mandal working of the BJP Marh Mandal party cadre. He said that this is the strong principled blood that flows through the veins of our party activists and prompted everyone to keep their spirits high to scale further success heights. He pressurized for the prompt activation of the BJP Marh Mandal team for organizational work. He furthermore asked them to work actively for organizational strengthening in their respective

bugle of elections can ring anytime in the union territory of Jammu and Kashmir, be ready for that and keep in touch with the public and keep moving forward with the development works. He said highlighted the achievements of Modi sarkar and ask the general public to avail the benefits of multiple schemes of the government of India. Vinay expressed confidence that BJP will be able to win people's trust in the next upcoming assembly election in I&K as it is win people's trust in the next upcoming assembly electron in J&K as it is moving forward by taking up issues close to the people. Omi Khajuria discussed organizational matters with the Marh Mandal party cadre. He said focused on strengthening the party at Panchayat, wards as well as at the booth level. He also educated the party cadre about the forthcoming programs and asked them to organize them with fervor. Omi Khajuria appreciated the party cadre for their active participation in the meeting and urge them to work with dedication in the interest of the pubmeeting and urge them to work with dedication in the interest of the public. He took an assessment of the booth committees framed at all the Shakti Kendras and pressurized for the prompt activation of the booth teams for the organizational work. Omi Khajuria appealed to them to work actively for organizational

strengthening in their respective areas. Vikas Choudhary asked party areas. Vikas Choudhary asked party workers to pledge together to ensure the win of every polling booth in coming elections and this will be achieved by working on every indi-vidual Shakti Kendra. He educated that BJP is the only party hat is mov-ing ahead with the goal "Sabka Sath, Sabka Vikas, Sabka Vishwas" while working organizationally. working organizationally.

#### **PUBLIC NOTICE**

PUBLIC NOTICE

I, Parshotam Kumar S/o Girdhari Lal

R/o H.no.284, L.no.22, Jawahar

Nagar, New Plot, Jammu have

Purchased vehicle bearing registration no. JK02BH-0544, from Gulzar

Ahmed S/o Mohd Mir R/O 333 Housing Colony, Jammu. Now I, am applying for transfer if any objection may be conveyed to concern authority within seven days from this publi-

#### **PUBLIC NOTICE**

I Raja Wazim Ahamed S/O Late Raja Gull Ahmed R/O Village Dallah Near H.No. 71 Phase-II, Housing Colony have changed my name from Raja Wazim Ahamed to Raja Wasim Ahmed, for all future purposes. Objections if any please contact the concerned department or under-

#### **Armed forces strengthened under** Modi regime: Sham Langer II NEWS SERVICE

JAMMU, JAN 20: Sham Lal Langer, Convener Bharatiya Janata Party (BJP) Trade and Industries

Cell, Jammu and Kashmir has asserted that Armed forces of the nation have been strengthened under the Prime Minister Narendra Modi's regime unprecedented level thus bringing the much needed transformation in the saviours and guardians of the

iours and guardians of the world's largest democracy. In a statement issued to media here today, the sen-ior BJP leader said that prior to the BJP Govt at the Centre those governing the nation failed to augment



the defence forces with the latest state of art technolo-gies. He said that the incumbent regime feeling it the dire need of the time to further strengthen these forces paid priority atten-tion to the vital issue took outstanding measures to ensure that the nation has Tech-Advanced Sham Langer asserted

that technologically-advanced soldiers will play a key role in the armed forces in the times to come. He said that under the Prime Minister's vision of "New India" renewed vigour and efforts are underway to modernise the armed forces and make them 'Atmanirbhar' (selfreliant).

Sham Langer asserted that the BJP regime at the Centre led by the Prime Minister Narendra Modi deserves full appreciation for modernizing the forces. He said that in the 21st century, the techniques and

strategy adopted to fight wars stands totally changed today with the changed today with the novel idea of contactless warfare and challenges of cyber warfare the transfor-mation of the forces was inevitable and BJP Govt. has risen to the occasion and done justice with the Defence personnel, the people and the Nation at large.

:. eanwhile, lauding and saluting the security forces of the nation, he said their 'dedication and ready for sacrifice spirit' are reflec-tive of their bravery as a result of which they have always kept the flag of the nation flying high.

# IIM Jammu's MDP on Effective Leadership for Branch Managers of J&K Bank Ltd ends on a grand note

JI NEWS SERVICE JAMMU, JANUARY 20: Indian Institute of Management (IIM) Jammu, as part of its Executive Education and Consultancy offering, today successfully comthe five-day power-Management packed Development Programme (MDP) on Effective Leadership for the Branch Managers of J & K Bank Ltd. at its transit Campus

in Jammu and Srinagar Off-

Campus.

The program was a five-day program from 16th to 20th Jan 2023. The program was carefully tailored to address the changing landscapes in the banking sector and the contribute to the claim. and to contribute to the skill development of J&K bank professionals. All the participants at Jammu visited the IIM Jammu state-of-the-art campus coming

for Republic Day celebration

JI NEWS SERVICE
KISHTIWAR, JANUARY 20: Deputy Commissioner
(DC) Kishtwar, Dr. Devansh Yadav today chaired a
meeting of officers to finalize the arrangements for the
celebration of Republic Day 2023 at the district
Headquarter and other places.
SSP, Khalil Poswai, ADDC, Sham Lal; ADC, Kishori
Lal Sharma; ACR, Varunjeet Singh Charak; ACD, Atul
Dutt Sharma; DTO, Lokesh Kumar; DPO, Sunil
Bhutyal; CEO, Kishtwar, CMO, DIO representatives of
Cultural cell, Executive Engineer R&B, PHE besides
of cultural cell, Executive Engineer R&B, PHE besides
other concerned officers of various departments were
present during the meeting.
The arrangements like decoration of main venue,
invitations, seating, PA system, power supply, drinkinvitations, seating, PA system, power supply, drink-

invitations, seating, PA system, power supply, drinking water, medical facilities, availability of ambu-

es, cleanliness and sanitation, traffic management

ing water, medical facilities, availability of ambulances, cleanliness and saintation, traffic management and other arrangements were discussed and finalised in the meeting. Addressing the meeting, the DC passed directions to the concerned officers for smooth conduct of the National event with fervor and gaiety in all educational institutions and government offices besides at Tehsil and block headquarters. DC informed that the main programme shall be held at DC Office Complex Kishtwar where celebration of the national event will begin with the playing of Shehnai Vadan by the Information Department, the national flag will be unfurled by the chief guest followed by the parade comprising the contingents from J&K Police, CRPF, NCC cadets and school children besides the presentations by the Women Self help group members of NRLM will be special attraction for this year, he added. The DC directed the concerned officials of Culture cell and Education Department for ensuring cultural programs on Swachh Bharat Abhiyan, Nasha Mukht Bharat Abhiyan and National integrity.

DC Doda attaches GRS

Commissioner Doda, Vishesh Paul Mahajan today

Commissioner Doda, Vishesh Paul Mahajan today attached a Gram Roigar Sevak (GRS) of Block Thattri in the office of DDC on the basis of complaint against him which appeared in some TV channel.

Block Development Officer, Thathri has been instructed to seize all the official record from the said Gram Roigar Sevak (GRS). Assistant Commissioner Development, Doda has been asked to make an alternate arrangement to ensure that the work does not suffer in the said Block.

It is pertinent to mention here that four GRSs have already been dismissed from the services in the district on the basis of their poor performance or on their proved involvement in malpractices.

DODA, JANUARY



up at Jagti.
The valedictory session at Jammu Transit Campus was graced by Prof. B.S. Sahay, Director, IIM Jammu, Dr. Pankaj. Chairperson Consultancy (EE &C) joined by Dr. Rashmi Ranjan Parida and Dr. Mahima Raina, the program director of MDP. The valedictory

session at Srinagar Off Campus was graced by Dr. Baljeet Singh and Dr. GaanaJ, the program director of MDP, and other facul-ty of IIM Jammu. Prof. B.S. Sahay, Director, IIM Jammu interacted with all the participants and invited their feedback on the entire program from each participant. During

from each participant. During his address, he quoted many

real-life examples from his life and provided meaningful insights from his long journey as nician

He also gave an overview of nandam-The Centre of Happiness at IIM Jammu con-tributing to the overall develop-ment of students, faculty, officers, and staff members.

He also mentioned working on mission mode as an Institution of national importance along with IIT Jammu, and AIIMS Jammu and contributing to the ove progress of the U.T of Jam and contributing to the overall progress of the U.T of Jammu and Kashmir. He also quoted that the people from the U.T of J& K are very friendly and they should keep this characteristic intact.

He also mentioned that III. Jammu has always been committed to the creation of leaders

through its innovative programs, outstanding faculty, and thought leadership. He mentioned it is an opportunity for IIM Jammu as a management institute to contribute to an important sector like banking, as banks play a vital role in the country's economy and development Lastly. he my and development. Lastly, he vished good luck to all the par ticipants for their journey al

The program consisted of 20 participants at Jammu and 20 participants at Jammu and 20 participants at Srinagar-off Campus. The overall administration coordination of the entire program at both centers was handled by Nadeem Younus Zargar, Administrative Officer, Executive Education, and Consultancy. The valedictory session culminated with the distribution of certificates by the Director, IIM Jammu. Director, IIM Jammu.

#### RTA approves 54 route permits in Rajouri

JI NEWS SERVICE
RAJOURI, JANUARY 20: Regional Transport
Authority today issued 54 route permits for different
areas of the district here at its meeting chaired by
District Development Commissioner Rajouri, Vikas

Kundal. During the meeting, threadbare dis

During the meeting, irreadoare discussion was neid with respect to the safety aspects of the commuters. During the meeting, as many as 54 permits were issued to the selected applicants with a view to minimize overloading and road accidents.

mize overloading and road accidents. While taking note of the road accidents happening in the district, the DDC asked the ARTO and Traffic Department to conduct special drives and take strict action against the violators.

The DDC asked the regulating authority to ensure early plying of services on the approved route permits and maintain a close check on overloading, overcharging and irregular vehicular movement.

#### **GDC Ramgarh conducts** Shramdaan in Public Park

JI NEWS SERVICE
SAMBA, JANUARY 20: The National Service Scheme
unit 'Prabha' of Government Degree College Ramgarh
organized Shramdaan in a nearby public park on daythree of the ongoing 7-Day NSS Special Winter Camp
under the banners of 'My College My Pride' and 'My
Town My Pride' initiatives.
The drive was conducted under supervision and

The drive was conducted under supervision and leadership of Prof. (Dr.) Satinder Kaur, the Principal of the College. Dr. Shamsher Lal, Programme Officer of the NSS unit 'Prabha' of the College, the NSS the NSS unit 'Trabha' of the College, the NSS Committee members and the NSS volunteers visited the nearby designated public park to carry out Stramdaan. Programme Officer briefed the volunteers about the guidelines to carry out the cleanliness drive. He also explained the importance of cleanliness and said that the drive was one of the social responsibilities that the College has towards the society at large. The volunteers and the NSS Committee members wore sanitary gloves throughout the drive. The collected waste was disposed of at a designated site. A large number of volunteers were present and they participations and the participations.

number of volunteers were present and they partici-pated in the drive. The residents of the area applauded this role of the College. The College performs such social responsibilities on regular intervals.

# DC Rajouri inspects progress of

II NEWS SERVICE

work on circular road

JI NEWS SERVICE

RAJOURI, JANUARY 20: Deputy Commissioner
Rajouri, Vikas Kundal today inspected the progress of
work on Circular road, the work on which is being executed by the PWD(R&B).

During the inspection, the DC was informed that the
circular road is set to become an important alternate
link within the town connecting New bridge to Tariq
bridge, thereby reducing the overall distance by
around 4.5 kilometers. The estimated cost of the road
is Rs 1.32 cms.

During the visit, the DC also discussed the issi hampering the execution of work and asked the Department and concerned stakeholders to amicably resolve the bottlenecks at the earliest as the road is being constructed for the betterment of the general public.

public.

The Deputy Commissioner asked the ExEn PWD (R&B) to expedite the progress and ensure that the work on the road is completed within the shortest possible time to provide benefits of connectivity to the general public with the completion of the project.

He also asked for regular monitoring of the progress on the project with special focus on the quality of

Officers accompanying the DC during the visit were Chief Planning Officer, Mohammad Khurshid; SE PWD(R&B), Kamal Kishore; ExEn PWD (R&B) Rajouri, Maqbool Hussain and other concerned officers.

### NORTHERN RAILWAY 620

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ost and earnest money only through online payment modes available or www.ireps.gov.in portal like net banking, debit card, credit card etc. Manua ayments through Demand draft, Banker's cheque, Deposit receipts, FDR etc. are

	Type	System	tenders		losing /Time	opening E-Tender	
	Open	Single packet System	20.01.2023 T 15.28 hou		023 Time 0 hours	13.02.2023 Time 15.05 hours	
	S/n.	Tender Number	Details of Tender				
	1	01-2023AC	Repair/services and overhauling of 08 nos Air compressors (03 nos Air Compressors (03 Diesel driven & 05 Electric driven) installed at C&W depots JAT, ASR, FZR & LDH of Firozpur division.				
			Advertised Value	Tender Document Cost	Earnest Money		Period of completion
			1410207.06/	MIII	20200.00	20 Down	OG Montho

SERVING CUSTOMERS WITH A SMILE

G2@ NORTHERN RAILWAY

FIRST CORRIGENDUM TO
TENDER NO. 251-Elect/T-31/202-23,
Notice No. 22-Elect/202-23 dated 17.01.2023
sonal Electrical Engineer (S). Northern Railway, Firogur has invited above
the tender Notice published in leading newspapers on 18.01.2023 to be
on 10.02.2023. The date of opening of lender has now been changed du
institute reasons. Now tender will be open on 42.02.2023. Others terms

SERVING CUSTOMERS WITH A SMILE 219/2028

#### DC releases publication highlighting Socio-economic DC Kishtwar finalises arrangements Profile of Kathua District, Evaluation Study Report on

"Pardhan Mantri Matsaya Sampada Yojana"

II NEWS SERVICE

JI NEWS SERVICE
KATHUA, JANUARY 20:
In a move to highlight the
socio-economic and development profile of the
District, Deputy
Commissioner Kathua,
Rahul Panday released

Commissioner Kathua, Rahul Pandey released "District Statistical Handbook for the year 2019-20 & 2020-21" and report of Evaluation study report of Evaluation study on "Pardhan Mantri Matsaya Sampada Yojana (PMMSY)" at a brief release ceremony held in his office chamber, the

other day.

Both the publications viz District Statistical Handbooks for two financial years and study on PMMSY (implemented by Department of Fisheries in district) were conducted and compiled by District Statistics & Evaluation Office, Kath

Evaluation Office, Kathua.

The DC appreciated the efforts of all the staff members of DSEO Office Kathua involved in conducting and finalising the twin publications/study

report. While highlighting the findings of the study, the DC expressed hope that



the suggestions/recom-mendations such as open-ing of more departmental outlets at block and dis-trict level will facilitate the marketing, cold storage and transportation and making available the making available the feed/seed of trout fish to the fish rearing farmers. He asked the Fisheries Department to utilize the study for widening the scope of the coverage of the PMMSY scheme in the

district.
"The data contained in "The data contained in the publication "District Statistical Handbook" will serve as an effective tool for the Researchers, Planners, Students and other users in their respec-

& District Statistics (DSEO), Ranjeet Thakur informed that study also suggests for the enhance-ment of financial assistance to the beneficiaries of low cost houses in hilly areas keeping in view the carriage and overhead carriage and overhead charges of the construc-tion material. He further informed that the publica-tion and a detailed study report will be made avail-able on Official website of able on Official website of A d m i n i s t r a t i o n (https://kathua.nic.in) as well as on Official Website of DSEO, Kathua (dseokathua.in).

Pertinently,

Statistics & Evaluation Office is the Nodal agency for collection, compilation and dissemination of important Statistical data in the District. The Evaluation study on the topic "Pardham Mantri Matsaya Sampada Yojana (PMMSY)" was allotted (PMMSY)" was allotted by the District Level by the District Level Evaluation Committee (DLEC) for the year 2022-23 in which all beneficiar-ies of two Circles of Fisheries Department namely Bani and ies of two Circles of Fisheries Department namely Bani and Hiranagar were selected for collecting primary data by conducting door to door survey by the offi-cials of DSEO Office, Kathua.

#### Power shutdown

JI NEWS SERVICE
JAMMU, JANUARY 20: Chief
Engineer (Distribution), JPDCL Jammu
has informed that the power supply to
Purana Pind and adjoining areas shall
remain affected on January 21 from 9 am to 2 pm. Similarly, the power sup-ply to District- Reasi, Rajouri, and Poonch, Part of Jammu-Patoli Brahmana, Domana, Barnai, Purkhoo,

Mishriwala, Baba Talab, Shamachak, Mishriwala, Baba Talab, Shamachak, Gurha, Singhu, Batera, Dabbin, Chorpur, Manyal, Dhramkhu, Tirth Talab, GREF, Gumpul, Sua No.1, Garkhal, Mohinder Nagar, Bhagwati Nagar, Shakti Nagar, Canal Road, Krishna Nagar, Bakshi Nagar, Raipura, Gurha, Rehari, Sarwal, Nitco Lane, Part of Talab Tillo, Kabir Golow, Lane, Part of Talab Tillo, Kabir Colony, Basant, Vihar, Manorma Vihar, Hazuri

Bagh, Col. Colony, Poonch House, Priya Darshani Lane, Top Paloura, Part of Barnai, Akalpur. Udheywala, Sangrampur, Lale-De-Bagh, Nagbani, DPS School Manorma Vihar, Adheywala, Anand Nagar, Domana, Lower Machlian, Nagbani, Akhnoor and adjoining areas shall remain affect-ed on January 21 from 10.30 am to 2.30

### GDC Ramgarh organises Essay Writing Competition on theme 'Life & Contributions of Netaji Subhash Chandra Bose in India's Independence Movement'

JI NEWS SERVICE SAMBA, JANUARY 20: Red Ribbon Club & NSS of Government Degree College Ramgarh organ-ized an Essay writing competition on the theme 'Life & Contributions of Netaji Subhash Chandra Bose in Subhash Chandra Bose in India's Independence Movement', here today. The event was organized under able guidance and leadership of Prof. (Dr.) Satinder Kaur, Principal of the College.

the College.
The students of the College participated with great Zeal and enthusiasm. Prof. (Dr.) Satinder Kaur, Principal of the College



skills and a charismatic orator, Subhash Chandra Bose, as an Indian nationalist, had made significant attempts to defy colonialism and had coined the term 'Jai Hind" she said and added Neta Ji raised the first Indian National Army (INA). Azad Hind Army (INA), Azad Hind Fauj in 1943 and started an armed coup and inspired thousands of Indian youth thousands of Indian youth to join the struggle for independence from the British colonial rule. His famous slogans are 'tum mujhe khoon do, main tumhe Aazadi dunga', 'Jai Hind', and 'Delhi Chalo'.

In the essay writing Competition, the first posi-tion was bagged by Jaswant Kour, Semester 1st; Ritika Manhas, Semester 3rd & Ravinder Kour shared the second position, while third posiposition, while third posi-tion was shared by Sarbjeet Singh and Gurjeet kour.

The event was organized by Dr. Sandeep Kumar and Prof. Risha Kumari. The event was judged by Dr Ekta Rani, Dr. Rahul Kundal and Dr Anjali Bala. The other faculty members present were Dr. Shamsher Lal, Dr. Varinder Kour, Ms. Amarjot Kumar.