

# JINDRAH IMAGES

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## BJP sweeps Hindi heartland states 3-0, Telangana only solace for Congress

AGENCIES  
NEW DELHI, DEC 3

Prime Minister Narendra Modi led Bharatiya Janata Party (BJP) on Sunday wrested Rajasthan from the Congress, seemed on track for a similar feat in Chhattisgarh and marched spectacularly towards a massive two-thirds mandate in Madhya Pradesh, further brightening the saffron party's prospects in Lok Sabha elections a few months from now.

Having suffered resounding losses in the three Hindi heartland states, where it was the principal opponent of the BJP, the Congress got its sole success



in Telangana which it snatched from the BRS.

As per the Election Commission of India (ECI) website, BJP had either won or led on 164 seats in Madhya Pradesh routing the key rival Congress Party. In Chhattisgarh and Rajasthan, it won or led on 55 and 115 seats respectively as of 7 pm.

Congress party's tally stood at 64 as against Bharat Rashtra Samithi (BRS)'s 39 seats in Telangana, the only state that went to the hustings in southern India. BJP remained a distant third in trends and results there.

Emboldened by the party's show in assembly

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## Today's hat-trick guarantees hat-trick at Centre in 2024: PM

AGENCIES  
NEW DELHI, DEC 3

With the BJP registering big wins in Madhya Pradesh, Rajasthan and Chhattisgarh, Prime Minister Narendra Modi on Sunday said the assembly poll results in the three states indicate that the people are firmly with politics of good governance and development, which the BJP stands for.

The BJP was set to form the government in the Hindi heartland states of Rajasthan and Chhattisgarh while retaining power in Madhya Pradesh with an emphatic win. In a post on X, Modi



said, "We bow to the Janta Janardan. The results in Chhattisgarh, Madhya Pradesh and Rajasthan indicate that the people of India are firmly with politics of good governance and development, which the @BJP4India stands for." "I thank the people of these states for their unwavering support and assure them that we will keep working tirelessly for their well-being. A special thanks to the hardworking party Karyakartas. Each of them is exemplary! They have worked tirelessly and highlighted our development agenda among

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## Consider anyone coming to pick up drone-dropped weapons as Nation's biggest enemy: J&K Top Cop



JJ NEWS SERVICE  
SAMBHA, JAMMU, DEC 3

Asserting the drone activities from across the border is a challenge, DGP R R Swain on Sunday said anyone coming to pick up the drone-dropped weapons, narcotics and money is the nation's biggest enemy, and will be booked for treason and terrorism.

The Jammu and Kashmir Director General of Police (DGP) said if anyone, who comes to pick up the drone-

dropped materials, is arrested then he will be degraded and disinculturized in accordance with the law.

"We consider anyone coming to pick up the weapons, ammunition, explosives, narcotics or money as the biggest enemy of the country and the accused will be booked for treason and terrorism of the highest level," he added.

Swain said the security along the border areas is tight but attempts

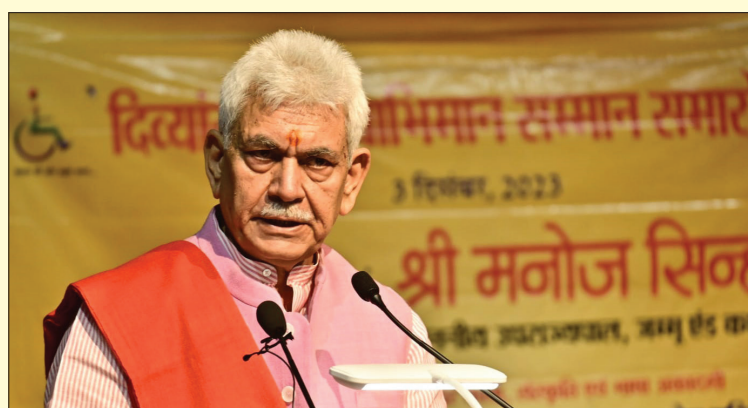
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## LG attends Kalpana Kala Kendra's International Day of Persons with Disabilities event at Jammu

JJ NEWS SERVICE  
JAMMU, DECEMBER 3

On the occasion of International Day of Persons with Disabilities, Lieutenant Governor Shri Manoj Sinha today felicitated the individuals and institutions who have overcome challenges in life to excel in various sectors and made outstanding contribution to empower Divyangjan.

The event was organized by Kalpana Kala Kendra in association with J&K Academy of Art, Culture & Languages; Jigar Jammu and Anam Sneh Parivar Prayagraj, at Abhinav Theatre. In his address,



the Lt Governor congratulated and commended the recipients of awards for their determination and hard work in pursuit of excellence in their respective fields.

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## VC SKUAST-Jammu calls on Lt Governor



JJ NEWS SERVICE  
JAMMU, DECEMBER 3

Prof. B. N. Tripathi, Vice-Chancellor SKUAST-Jammu called on Lieutenant Governor Shri Manoj

Sinha at Raj Bhawan, today.

Prof. Tripathi discussed with the Lt Governor various issues of academic and administrative

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## Mughal Road reopens after 3 days closure due to Snowfall

JJ NEWS SERVICE  
JAMMU, DEC 3

Mughal road, connecting Kashmir Valley's Shopian district with twin districts of Rajouri and Poonch, reopened on Sunday for one-way traffic after remain-

ing closed due to fresh snowfall, officials said.

The thoroughfare was closed due to snowfall at several places along the road including 'Pir Ki Gali' on November 30.

DTI Mughal Road Kapil Manhas confirmed that traf-

fic has been opened towards Shopian end.

Earlier this year, the road, considered as alternative to Jammu-Srinagar Highway, was closed on several occasions due to snowfall, particularly in 'Pir Ki Gali' and its adjoining areas.

## Woman's boyfriend held for murdering her husband in J&K: Police

JJ NEWS SERVICE  
SRINAGAR, DEC 3

A woman and her boyfriend were arrested in Jammu and Kashmir's Sopore sub-district for allegedly killing the former's husband.

Police said on December 1, 2023, a complaint lodged by one woman identified as Shaista, a resident of Zalooria who was accompanied by some Neighbours and relatives in Police station Bomai stated that during

intervening night her husband Riyaz Ahmad Mir went out of his house and didn't return till morning.

After receiving a complaint, police went to the spot for verification and during the search along with locals' body of Riyaz

was recovered from the trench of his house which was covered with a lid, Police said.

After examining the body, police found that it is a murder, and a case was registered

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## Amid Cold, Dry Weather in Kashmir, Gulmarg experiences seasons coldest night at -3.6-C

JJ NEWS SERVICE  
SRINAGAR, DEC 3

Amid dry and cold weather in Kashmir, Gulmarg experienced season's coldest night with temperature plummeting to -3.6-C on Sunday, officials said.

The famous ski resort of Gulmarg experienced the season's coldest night on Sunday at -3.6-C against the normal -0.6-C which is 3.2-C below normal for the valley of meadows in north Kashmir.

Tourist resort of Pahalgam in South Kashmir remained the second coldest place with mini-



mum temperature dipping to -2.4-C against the normal -3.3-C and it was 0.9-C above normal for the Valley of shepherds. Srinagar had a low of 1.4-C against the 4.8-C

recorded the previous night and it was 2.3-C above normal for the summer capital of Jammu and Kashmir during this period of the season. Qazigund on Srinagar-

Jammu national highway recorded a low of 1.2-C, Kupwara 1.2-C, and Kukurang 2.6-C on Sunday.

However, the maximum temperature

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## Hope result will be better for opposition in 2024 LS Polls: Mehbooba Mufti

JJ NEWS SERVICE  
SRINAGAR, DEC 3

PDP president Mehbooba Mufti on Sunday expressed hope that the result of the 2024 Lok Sabha elections will be better for the opposition parties after the BJP appeared set for a victory in three out of the four states that went to polls recently.

Speaking to reporters on the sidelines of a party convention in Kupwara, around 100 km from here, Mufti said the opposition parties faced the might of the government, including its

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## It's Mandate For 'Modi Guarantee', 'Double Engine': Dr Jitendra Singh

AGENCIES  
NEW DELHI, DEC 3

It's a mandate for "Modi Guarantee" and "Double Engine", said Union Minister Dr Jitendra Singh while summing up his response to election results of four States in a series of media interviews to different news channels at the BJP National Headquarters at Deen Dayal Upadhyaya Marg, here today.

Dr. Jitendra Singh said, people have authenticated their trust in what Modi says because it has been proven time and again with evidence that Modi has the capacity to "walk the talk".

As for the "Double Engine Sarkar" is concerned, Dr. Jitendra Singh recalled that during the election campaign, many critics took this impression with a pinch of salt



but he had repeatedly reiterated even at that time that the common man understands the essence of this impression. He said, for example, in Rajasthan, the common man did not say this in mincing words but in heart of hearts he could sense that he was not getting the benefits of Modi's welfare schemes to the same extent as was being received by the people in the neigh-

bouring States like Gujarat and Uttar Pradesh. Misuse of funds and lack of accountability to the Centre has taken their toll in both Rajasthan and Chhattisgarh and particularly the young voters could realise this, he added.

About Telangana, Dr. Jitendra Singh said, Congress victory is by default because it has benefited by the negative vote against

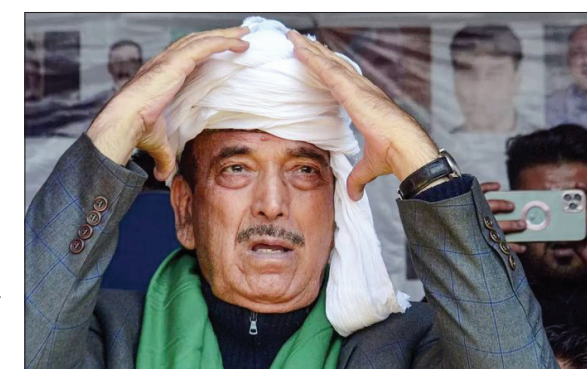
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## Assembly Poll Results | Minorities are not on agenda of Congress now: Azad

JJ NEWS SERVICE  
SRINAGAR, DEC 3

Democratic Progressive Azad Party (DPAP) President Ghulam Nabi Azad on Sunday said that the Congress, a grand old party of the state is witnessing defeat in assembly polls because it has no issue of minorities in its agenda.

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## Samagra Shiksha celebrates International Day of Persons with Disabilities at Jammu

JJ NEWS SERVICE

JAMMU, DECEMBER 3

Samagra Shiksha under the aegis of School Education Department (SED) today organized an impressive function on the eve of International Day of Persons with Disabilities (IDPD) at Teacher's Bhawan here. Principal Secretary, Education, Alok Kumar was the Chief Guest on the occasion.

Commissioner Secretary, Social Welfare, Sheetal Nanda; Project Director Samagra Shiksha, Director School Education Jammu and other senior officers of the SED were present on the occasion.

The event witnessed extraordinary cultural events showcasing the unique talent of Specially abled children drawn from schools of across the UT.

Addressing the gathering, the Principal Secretary lauded the specially abled students for performing with their best talent on the stage like folk dances, folk music, contemporary dance, singing and mimes.

He also reiterated that the aim of IDPD is to encourage the specially



abled students, adding that specially abled students must be renamed as specially talented students as they performed at par with professional people.

Alok Kumar maintained that all the facilities need to be provided under Inclusive Education so that the students may excel in their life and may fight with the challenges they face. He remarked that awareness needs to be imparted to general public, about the rights, security and development of Children with Special Needs.

While mentioning the role of SED, Principal Secretary said that under Samagra Shiksha 64 fully equipped resource rooms have been constructed wherein 83 special educators/resource persons are working for provid-

ing educational as well as therapeutic support to Children with Special needs (CWSN).

He also added that Assessments Camps are being organized in all 188 Zones and free aids and appliances are being distributed among the CWSN. He highlighted that as a remarkable achievement, 4990 children have been provided assistive devices under Samagra Shiksha in the current year in collaboration with ALIMCO.

The Principal Secretary further said that more than Rs. 2.35 Crores have been disbursed to CWSN on account of allowances during current year through DBT Mode. He also highlighted that 550 CWSN friendly toilets have also been constructed in the Government Schools.

Speaking on the occasion, Commissioner Secretary, SWD, said that specially abled children are having lot of potential which depicted from their performances in the cultural event. She remarked that school education and social welfare departments are jointly taking several initiatives for upliftment of Specially Abled Children who are enrolled in Government Schools.

The Commissioner Secretary also underlined several welfare schemes being implemented by the Social Welfare department for welfare of CWSN and urged the stakeholders to avail their due benefits. She added that parents and students should show courage and come forward for the education in Schools under Inclusive Education. "Teachers as mentors who can do miracles in the life of children with special needs by supporting them and they are doing at their best", she maintained.

Earlier, Project Director, Samagra Shiksha in his welcome address briefed about the different initiatives taken for

welfare of Children with Special Needs under Inclusive Education scheme of Samagra Shiksha. He highlighted that efforts are being made to encourage students to attend the school and special educators/resource teachers are working tirelessly for imparting Education to these children.

He informed the gathering that presently 21000 Children with Special needs are enrolled in various schools across the UT and getting benefits under inclusive education. He also intimated that special exposure tours and sports activities have been organised for the CWSN in the current year across the UT and reiterated that department encourages the NGOs genuinely working for specially abled children.

During the programme a Specially abled children in sign language presented National Anthem which mesmerized the audience with patriotic emotion.

The children were also felicitated on the occasion in different fields like academics, fine arts, Sports or other fields.

## Viksit Bharat Sankalp Yatra: People welcome Yatra in 7 Panchayats of Ramsoo, Ramban blocks



JJ NEWS SERVICE

RAMBAN, DECEMBER 3

Viksit Bharat Sankalp Yatra (VBSY) campaign has gained momentum in Ramban district under the aegis of Deputy Commissioner, Ramban, Baseer-Ul-Haq Chaudhary.

Amid vibrant participation of all stakeholders, the campaign is spreading awareness about government schemes among the public. Health camps, Sankalp pledges, and outreach activities are being organized, fostering community engagement, besides making available on-the-spot services.

The Viksit Bharat Sankalp Yatra (VBSY) on Sunday reached seven Panchayats of Maitra Govindpura-B, Chanderkote, Dhanmasta-A, Dhanmasta-B, Sujmatna-B, Sujmatna-C and Bajmasta in block Ramsoo and Ramban where people enthusiastically welcomed VBSY at each respective location, a dynamic mix of events and initiatives unfolded, success stories of empowerment and collective engagement towards a

shared vision of national development.

The primary objective of this outreach and information dissemination campaign is to empower citizens to become active stakeholders in the country's development.

SDM Ramsoo, Ghanishyam Basotra, Tehsildar, BDOs, PRIs and other officers and officials participated in the events in various panchayats.

The VBSY awareness camps were organized in panchayats wherein, besides awareness lectures on various government welfare schemes by several concerned officers, Viksit Bharat Sankalp pledges were also administered to the participants.

The Yatra aims to reach out to the unreached population, making them aware of various government schemes such as the Jal Jeevan Mission, Ayushman Bharat Yojana, Pradhan Mantri Garib Kalyan Anna Yojana, Pradhan Mantri Mudra Yojana, Jan Dhan Yojana, PM Awas Yojana, PM PRANAM Yojana, and the Urea Subsidy Scheme, along with the process to

avail benefits.

Free medical camps were held, providing free health services to local people at their doorsteps. Golden Cards and KCC cards were distributed among eligible beneficiaries. Attendees pledged in line with the vision of Viksit Bharat, aiming to foster India's development.

In the 'Meri Kahani Meri Zubani' activity, successful beneficiaries of various schemes shared their experiences. Cultural and sports events were also organized on the occasion.

In Chanderkote free gift kits were given to specially abled children and prominent sports children were also felicitated by the Sarpanch Mohammed Ashraf.

In Ramban-B Panchayat, the Tehsildar Ramban, S. Harveer Singh and officers of various departments heard the grievances of villagers and sensitized them about various government schemes. On the occasion, AEO, Jagdish Bali demonstrated the method of collecting soil for testing also.

## International Day of Persons with Disability observed at Residential School for Visually Impaired

JJ NEWS SERVICE

JAMMU, DECEMBER 3

In commemoration of the International Day of Persons with Disability, an event was held at the Residential School for the Visually Impaired (Boys) in Roopnagar.

The Social Welfare Department orchestrated the function under the overarching theme for this year's observance: "United in action to rescue and achieve the SDGs for, with and by persons with disabilities (Divyangjan)." Distinguished guests, Vivek Sharma, Director General Social Welfare, Jammu and Harvinder Kour, MD Mission Vatsalya (J&K), graced the occasion as Chief Guests. Mamta Rajput, District Social Welfare Officer, Jammu, was the Guest of Honour.

The event showcased a vibrant array of cultural performances by the visually impaired students of the Residential School. Adding to the celebratory atmosphere, those who clinched medals in the National Judo Championship at Amritsar were



felicitated by the Chief Guests.

Addressing the gathering, Vivek Sharma commended the exceptional achievements of the Residential School for the Visually Impaired children. She applauded their success in securing gold and silver trophies in the national judo championship and recognized their noteworthy accomplishments in diverse activities, including singing and academics.

She reiterated the department's commitment to empowering persons with disabilities and shed light on various initiatives aimed at enhancing their lives.

Emphasising the core

values of dignity and respect, Vivek Sharma highlighted the department's unwavering dedication to providing better schemes and platforms for specially-abled individuals. Notable initiatives mentioned included the opening of VYOM (Vibrant Young Open Minds) for intellectually challenged children and the establishment of CRC (Composite Regional Centre) in Jammu district.

The celebration concluded on a note of inspiration, showcasing the resilience and achievements of persons with disabilities, reinforcing the collective commitment to inclusivity and empowerment.

## ACR inspects 25 Polling Stations in Udhampur



JJ NEWS SERVICE

UDHAMPUR, DECEMBER 3

A team comprising Assistant Commissioner Revenue, (Electoral Registration Officer, AC 59- Udhampur West and 60- Udhampur East) and AERO, Jai Singh today conducted an extensive inspection of 25 polling stations of Assembly Constituencies 59 (Udhampur West) and 60 (Udhampur East), sprawling in four Tehsils (Udhampur, Majalta, Panchari and Moungrri) of Udhampur district.

The focus of the inspection was on assessment of Assured Minimum Facilities (AMF) and other essential aspects, which are significant to see before any Election.

During the visit, ACR Udhampur actively inquired about the progress of electoral roll updates, emphasizing the crucial role of Booth Level Officers (BLOs) in this process. BLOs were given specific instructions to engage with the public and eligible youth, emphasizing the importance of ongoing special summary revision and striving to register all eligible voters by 9th of December, 2023.

Furthermore, BLOs received directives to ensure that their respective polling stations are well-equipped with Assured Minimum Facilities (AMF) including provisions of drinking water, electricity, ramps, toilets, and suitable furniture.

## Director Fisheries tours Kathua, Samba districts to assess achievements under departmental schemes

JJ NEWS SERVICE

JAMMU, DECEMBER 3

Director Fisheries, Mohammad Farooq Dar today conducted an extensive tour of Samba and Kathua districts to assess the progress achieved under different Fisheries Sector developmental schemes.

The National Fish Seed Farm, Kathua was also inspected during the tour. The Director appreciated the Integrated Fish farming Unit established at Datta Tallab, Birpur, Purnanadal District Samba. A progressive farmer who has been associated with fish farming activity since 2011 has taken up Integrated Fish culture along with



Agriculture, Horticulture and Floriculture activities.

The farmer has also established a recreational pond which is a source of attraction for the people. Besides earning a handsome income the farmer is also generating employment for the local youth.

The Director exhorted the officers to provide constant hand holding to the existing unit holders

so that more such units come up in the district and the fish production can be enhanced. He stressed that the farmers need to be encouraged and assisted for starting fisheries projects.

The Director also visited the Large RAS Unit established in Bari Brahanna in District Samba and emphasized that both the District Samba and Kathua have

good potential for exploitation of Warm water fisheries and fish production. He called for technological interventions like RAS and Biofloc and by tapping potential water resources (community ponds) to further increase the productivity in the twin districts.

While interacting with the farmer at Village Jarai of District Kathua who have established a Carp Fish pond under PMSSSY Scheme, the Director impressed that the fish farming with new technology shall help in economic upliftment of the local people besides supplementing quality protein in their diet. The Director instructed the District Officers to identify the poten-

tial areas in their district to prioritize setting up of more fish farming units in private sectors under cluster based approach and facilitate organized marketing channels for the benefit of the fishers to sell their produce for better returns.

The concerned District Officers were directed to disseminate about PMSSSY and other beneficiary oriented schemes under HADP among the general masses.

The Director was accompanied by the team of officers comprising Chief Project Officer Fisheries, NFSF, Kathua, Assistant Director Fisheries Kathua and Assistant Director Fisheries, Samba.

## Vice-Chairperson DDC Udhampur inaugurates Tilhan Mela at Panchayat Bhawan Dehma



JJ NEWS SERVICE

UDHAMPUR, DECEMBER 3

Vice Chairperson, District Development Council Udhampur, Juhi Manhas Pathania inaugurated 'Tilhan Mela' at Panchayat Bhawan Dehma, Teshil Majalta organised by Agriculture Department to promote oilseed crop cultivation.

The event was aimed to promote the cultivation of oilseed crops and educate farmers about the latest techniques and practices to improve crop productivity.

In her address, Ms. Pathania highlighted the importance of promoting oilseed crop production in the region and encouraged farmers to adopt modern farming techniques to increase their yield. She also emphasized the need for creating better market

access for farmers and providing them with financial support to improve their livelihoods.

"The Prime Minister Narendra Modi has implemented impactful reforms in the agriculture sector, such as the Agricultural Produce Market Committee (APMC) Act and Essential Commodities Act, aiming to liberalize trade and provide better market access to farmers," the Vice-Chairperson said and added that these changes intend to boost farmers' income by enabling them to sell their produce beyond traditional mandis.

"In the context of Jammu and Kashmir, specific initiatives have been introduced to promote Agricultural growth. 'Tilhan Mela' is one such trailblazing initiative that aims to promote oilseed

crop production and improve the livelihoods of farmers in the region," she added further.

Earlier, Anil Kumar AEO Majalta, Rakesh Sharma SMS Ramnagar and other officials welcomed the Vice Chairperson.

The department also distributed free Nano urea bottles to the farmers and highlighted the benefits of Nano urea over traditional urea. Nano urea is a new technology that reduces the amount of fertilizer required for crop production while increasing crop yield.

Prominent among others present on the occasion included Mohan Lal Sarpanch; Surinder Singh Sarpanch C-Panjan, Nimarta Bali Naib Sarpanch Khoon, S.K.Bair, Manoj Verma, Kuldeep Singh, and other PRLs of Block Khoon



# MP Jugal Kishore Sharma attends Viksit Bharat Sankalp Yatra at Panchayat Babliana



**JINNEWS SERVICE**  
JAMMU, DECEMBER 3

The Viksit Bharat Sankalp Yatra, a nationwide campaign to spread the message and vision of Prime Minister Narendra Modi to make India a developed nation by 2047, reached panchayat Babliana of block Satwari today.

Member of Parliament, Jugal Kishore Sharma addressed the public and shared the vision of the Government to make India a developed nation by 2047. He appealed everyone to spread the message and objective of Viksit Bharat Sankalp Yatra, a campaign to reach out to the public with the message and commitment of the Prime Minister towards their develop-

ment. He emphasised that more people should be motivated to participate in these events organised for the remaining panchayats.

He directed that field functionaries of all the departments should establish a regular contact with the public and ensure doorstep delivery of government services without causing the public any inconvenience of visiting offices. He encouraged the public to participate in Gram Sabhas and other forums for raising their demands and interacting with administration for their development issues.

The MP distributed AYUSHMAN Golden Cards to the eligible beneficiaries and honoured the Progressive Farmers of the Panchayat with cer-

tificates of appreciation for their achievements in agriculture. Moreover, he handed over gas connections to the UJJWALA beneficiaries.

The Viksit Bharat Sankalp Yatra Van was welcomed in the panchayat by the members of the Swagat Committee and PRI members of panchayat Babliana in presence of the Member of Parliament.

The message of the Hon'ble PM was displayed on the van followed by the Sankalp pledge, taken by the people to make India a developed Nation by 2047.

The event began with the national anthem and was followed by the cultural performances by the students of Government Middle School Babliana.

The event was also attended by the former Deputy Mayor, Baldev Singh Bilawaria. Representatives of all the line departments were also present at the venue.

The event also demonstrated the use of a drone for spraying fertilisers and pesticides on crops, an innovative technology that can benefit the farmers.

The event concluded with a vote of thanks presented by the Additional Deputy Commissioner, Sandeep Seoindra.

The Viksit Bharat Sankalp Yatra is underway across the district with effect from November 27 to cover all the 305 gram panchayats and 7 MCs of ULBs and shall culminate on December 25, 2023.

# Int'l Day Of Persons with disabilities: Grand event held at Krishan Chander Memorial Degree College Poonch

**JINNEWS SERVICE**  
POONCH, DECEMBER 3

The International Day of Persons with Disabilities was observed with great enthusiasm in District Poonch here today.

The theme for this year's International Day of Persons with Disabilities was "United in action to rescue and achieve the SDGs for, with and by persons with disabilities (Divyangjan)".

To commemorate this important occasion, a grand event was organized at Krishan Chander Memorial Degree College Poonch.

At the outset, District Social Welfare Officer, Mohinder Paul warmly welcomed the Deputy Commissioner Poonch, Yasin M.Choudhary as the Chief Guest.

The program commenced with the singing of the National anthem, followed by the lighting of the ceremonial lamp by the Deputy Commissioner to signify the beginning of the event.

The Deputy Commissioner inspected stalls put up by different departments to showcase respective schemes.

District Social Welfare Officer, Mohinder Paul, highlighted different wel-



fare schemes being implemented by the department to extend hand holding to the weaker sections of the society.

A scintillating Cultural performance highlighting the core theme of the international Disability day was presented by the artists of Saraswati Sangeet Vidya led by Master Kartar Chand while skits presented by students from local schools added vibrancy to the event.

In his address, the Deputy Commissioner commended the Social Welfare department for organizing the program to encourage and imbibe

vocational programs. These measures aim to provide better services and enable individuals with disabilities to live with dignity and respect in society.

As part of the program, assistive devices such as commode chairs, hearing aids, crutches, walking sticks, Shawals and wheelchairs were distributed among the individuals with disabilities. Later, the Deputy Commissioner, along with other officials, presented mementos and trophies to the disabled persons. Finally, the participants, including disabled individuals, were served lunch by the Social Welfare Department.

Among others present were Chief Medical Officer, Dr.Anees Altaf Nabi, Captain Indian Divyang cricket team, Sayeed Shah Aziz Shah, Bowler Indian Divyang cricket team, Niaz Ahmed, DEPO, Narinder Mohan Suri, Waqar Choudhary, professors Sarfraz Mir, Member DGPC, Surjan Singh, Chairman of Pir Panjal Awami Development Forum Mohd. Fareed Malik, all Tehsil Social welfare Officers, Mohd. and other concerned officers.

## Jammu administration refutes news report regarding VBSY

**JINNEWS SERVICE**  
JAMMU, DECEMBER 3

The district administration Jammu has refuted a news claiming absence of Govt functionaries in Viksit Bharat Sankalp Yatra at Baspur and Chandu Chak panchayats in block RS Pura as reported in a section of press.

The news was found as baseless as panchayat and block level officers and officials of Revenue, Agriculture, Rural Development, Social Welfare, Public Works, Health and Education departments were present on the spot and participated in the outreach programme.

District Development Commissioner, Sachin Kumar Vaishya, has also reaffirmed the stance of district administration of providing doorstep and quality delivery of government services to the masses. He also assured that wherever required concerned senior officers will always be deputed for duty.

The DDC further assured that all revenue related grievances would be addressed on priority.

The district administration is successfully organising Viksit Bharat Sankalp Yatra in different panchayats and recently Municipalities are also being reached through the ambitious outreach programme of the Government.

The aim of the programme is to disseminate information about the welfare schemes and initiatives of the Government. The programme also provides an opportunity to the public to interact with the officers and raise their issues and demands. The district administration has appealed to the public to participate in the programme and avail the benefits of the Government schemes.

# ADDC reviews progress under District Capex Plan 2023-24 in Kishtwar district

**JINNEWS SERVICE**  
KISHTWAR, DECEMBER 3

Additional District Development Commissioner (ADDC) Kishtwar, Sham Lal chaired a meeting of officers to review the progress of works under the Area Development Plan/ District Capex budget for the year 2023-24.

The ADCD took sector wise review of Physical and financial progress of works in RDD, Education, YS&S, Health and other sectors under District Capex.

The focus was on review of allotment of works, works started on ground and works completed, tendering and other related issue.

The Joint Director planning informed that about 90 percent of the works approved under District Capex for financial year 2022-23 are nearing completion. The officers were directed to achieve



the 100 percent targets in a time bound manner with special thrust on the billing of the completed works. The concerned officers were directed to commensurate the financial expenditure according to physical targets achieved.

The indenting departments were asked to ensure 100 percent of physical progress and financial expenditure of all allotted works by December 15 of 2023 ahead of the winter

season in the district.

The meeting was attended by Joint Director Planning, Mohd Iqbal; ACD Kishtwar Manoj Kumar, ExEns of REW,PWD and all BDOs besides other concerned District officers.

# International Day for Persons with Disabilities Observed in Kishtwar

**JINNEWS SERVICE**  
KISHTWAR, DECEMBER 3

The Social Welfare Department Kishtwar, in conjunction with the District Administration Kishtwar, Health Department, and Education Department today orchestrated a momentous program in the Conference Hall of DC Office Complex Kishtwar, commemorating the International Day of Persons with Disabilities.

The event was inaugurated by Additional District Development Commissioner Kishtwar, Sham Lal, in the presence of DSWO Zubair Ahmed Lone, CEO Prehlad Bhagat, CMO Dr. M Y Mir, along with participants encompassing persons with disabilities and others.

This year's theme, "United in action to rescue and achieve the SDGs for, with, and by persons with disabilities," underscores the call for inclusive action and solidarity in pursuit of Sustainable Development Goals. Addressing the gathering, ADDC emphasized the government's unwavering commitment to the welfare of individuals with disabilities, citing the compelling journey of Sheetal Devi, the 16-year-old armless archer from Kishtwar, who has



ascended to the pinnacle of her sport, showcasing unparalleled determination despite her in born difficulties.

In his address, the ADDC highlighted the inclusive approach of government underscored by the implementation of ramp facilities at polling stations and schools, ensuring unimpeded participation of specially abled persons in civic duties like voting and education. Other Speakers also highlighted different governmental initiatives, including financial aid, free education, medical treatment, vocational programs, and distribution of motorized tricycles, intended to empower and uplift the lives of different-

ly-abled individuals.

The District Social Welfare Office urged the specially-abled to avail themselves of these benefits.

Meanwhile the CEO underscored ongoing efforts to enable educational and socio-economic empowerment of PwDs.

The programme also included the screening of inspiring films and the showcasing of the cultural performances and extraordinary talent by the students and persons with special abilities.

The programme culminated with the felicitation of specially-abled individuals/students by the ADDC, acknowledging their resilience and contributions.

# J&K Tourism Garners Acclaim at IITM Hyderabad; Bags "Family Holiday Destination" award

**JINNEWS SERVICE**  
JAMMU, DECEMBER 3

Jammu and Kashmir Tourism left an indelible mark at the India International Travel Mart (IITM) held in Hyderabad from December 1st to 3rd. Abdul Jabbar, Deputy Director Tourism Publicity, represented J&K Tourism at the event, making notable contributions.

The J&K Tourism stall emerged as the center of attraction, drawing attention from attendees. Abdul Jabbar actively engaged in insightful interactions and idea exchange with stakeholders from different states. During these engagements, he articulated the diverse programs and policies of the government, showcasing the rich



offerings of Jammu and Kashmir.

A moment of immense pride unfolded as J&K Tourism, under the visionary leadership of Secretary Tourism Dr. Syed Abid Rasheed, received the prestigious "Family Holiday Destination" award at IITM Hyderabad. The accolade stands as a testament to the unwavering dedication of the entire team. Abdul Jabbar graciously accepted the award on behalf of J&K Tourism.

This recognition is a significant achievement for the tourism sector.

In a compelling destination presentation, Sh. Abdul Jabbar garnered a positive response, showcasing the diverse offerings of Jammu and Kashmir. During the subsequent question-answer session, he clarified queries raised by the engaged attendees.

During media interactions, Abdul Jabbar highlighted the remarkable

progress of J&K Tourism under the visionary leadership of Secretary Tourism, Dr. Syed Abid Rasheed Shah. He shared that there has been a significant increase in tourist footfall, both from local and foreign visitors. Emphasizing the identification of 75 new offbeat destinations, Jabbar outlined the focused efforts to promote these unique locations, along with the potential of MICE tourism in J&K. He reiterated the commitment to sustainable tourism practices and film tourism. Additionally, he extended a warm invitation to explore the serene beauty of Jammu and Kashmir, inviting everyone to partake in exciting winter sports activities.

# International Day of Persons with Disabilities observed at Kulgam

**JINNEWS SERVICE**  
KULGAM, DECEMBER 3

On the eve of International Day of Persons with Disabilities, Social Welfare Department Kulgam today organised a day long awareness cum interaction program for persons with disabilities of district Kulgam at Auditorium of Mini Secretariat, here.

The programme was presided over by the DDC

Chairperson Kulgam, M Afzal Parray and was attended by Officers and Officials of Social Welfare department, President Bar Association Kulgam, Resource persons from DLSA and District Hospital Kulgam and Persons with Disabilities of district Kulgam.

The participants were made aware about various schemes and programs of the govt for the welfare of the specially

abled persons.

An interactive session to address the specific grievances of the participants was held before the culmination of the program.

A complimentary medical check up camp was also organised in collaboration with CMO Kulgam during which free medical checkup of the participants was carried out and free medicines were also distributed.



## Former Legislators, Yuva World Brahman Federation J&K call on Lt Governor

J1 NEWS SERVICE  
JAMMU, DECEMBER 3

A joint delegation of PRI members and Yuva World Brahman Federation J&K headed by Advocate Dakshesh Sharma called on Lieutenant Governor Shri Manoj Sinha at Raj Bhawan, today.

Vibodh Gupta, former MLC also called on the Lt Governor and put forth several issues of public importance of Rajouri



area. Balwant Singh Mankotia, former Legislator apprised the Lt Governor of various development issues of District

Udhampur. Later, a delegation of Janipur Market Association led by its President, Sh R C Bali, on behalf of the resi-

dents of Janipur Colony, submitted a memorandum of issues and demands to the Lt Governor.

Keshav Chopra, Chairman Samvedna Society also called on the Lt Governor. The Lt Governor assured the former legislators and members of the delegations of appropriate action on the genuine demands and issues projected by them during the interaction.

## International Day of Persons with Disabilities celebrated at Srinagar



J1 NEWS SERVICE  
SRINAGAR, DECEMBER 3

The International Day of Persons with Disabilities (IDPD) commemorated today at Abhinandan Home Solina here jointly organised by office of the Commissioner for Persons with Disabilities, Social Welfare department and Rehabilitation Council.

This year's IDPD under the theme 'United in action to rescue and achieve the Sustainable Development Goals (SDGs) for, with, and by Persons with Disabilities' highlighted the crucial need for collaboration and concerted efforts to uphold the rights of individuals with disabilities.

Speaking on the occasion, Commissioner of

Disabilities, M. Iqbal Lone emphasized on the significance of aligning these efforts with the provisions of the Rights of Persons with Disabilities (RPWD) Act, 2016. He highlighted that the observance of IDPD serves as a crucial platform to raise awareness about disability issues and garner support for the dignity, rights, and well-being of individuals with disabilities.

The Commissioner underscored the structural changes in Jammu and Kashmir's disability affairs scenario and announced the rollout of 2800 tricycles for people with disabilities on August 5th, 2023, by Lieutenant Governor.

Additional Commission-

er, Kashmir, Abid Hussain Kira while speaking on the occasion, highlighted the pivotal role of stakeholders in creating awareness about the rights of persons with disabilities and fostering partnerships for the SDGs.

Executive Director, Rehabilitation Council, Ishfaq Ahmad in his speech showcased the achievements of the Social Welfare Department while as DSWO, Srinagar Mukhtar Ahmad provided insights into the history and recent developments of Abinandan Home and its future plans under the Social Welfare Department. "This institution has now regained its institutional shape, with approximately 100

students benefiting from the support of the Social Welfare Department," Mukhtar Ahmad said.

Pertinently, the theme of this years IDPD echoed the commitment outlined in the Convention on the Rights of Persons with Disabilities and the 2030 Agenda for Sustainable Development.

During the event, students of Abhinandan Home actively participated in a series of activities aligned with the theme, including singing and painting competitions, debates, and discussions.

The Chief Guest and dignitaries felicitated the students who participated in various programs during the event and distributed certificates among them.

## World Disability Day: CRC Bemina organises series of events, distribution of Aids & Appliances

J1 NEWS SERVICE  
SRINAGAR, DECEMBER 3

The Composite Regional Centre, (CRC) Skill Development, Rehabilitation & Empowerment of Persons with Disabilities (Divyangjan) Department of Persons with Disabilities, Ministry of Social Justice and Empowerment Government of India, Bemina, Srinagar today observed 'World Disability Day' at the CRC campus, here.

This institution con-

ducted this World Disability Day by way of organizing series of cultural programmes, events, distribution of Aids and appliances in the interest of Differently Able Persons keeping in view the theme of this year 'United in action to rescue and achieve the sustainable development goals for, with and by persons with disabilities'.

During the event, students pursuing Degree and Diploma level rehabilitation courses in this

institution performed cultural and motivational programmes, themes, lectures, educational events etc showcasing the prevention aspects, needs and rehabilitation aspects of Differently Able Persons in our society.

On the occasion, Aids & Assistive devices under ADIP Scheme of the Ministry were distributed among the registered needy beneficiaries in presence of the Office in-charge CRC, Dr. Arifa Amin; Academ-

ic Head, Dr. Zafar Iqbal and Rehabilitation Officer Shameem Ahmad as well as faculty members of this institution.

The parents and siblings of the Differently Abled Persons (beneficiaries) who received these aids & assistive devices on the spot expressed pleasure and extended their satisfaction towards the work, Clinical and Rehabilitation services being provided by this institution in the interest of Differently Abled Persons.

## FROM THE FRONT PAGE...

### BJP sweeps Hindi...

elections, Modi said that the current trend will continue in coming times. In a post on X, he said that 'the results in Chhattisgarh, Madhya Pradesh and Rajasthan indicate that the people of India are firmly with politics of good governance and development'.

Congress was clearly disappointed from the poll outcome. It has now called the meeting of the opposition bloc to make strategies for Lok Sabha elections due early next year.

"We will overcome temporary setbacks and prepare ourselves fully for the forthcoming Lok Sabha elections along with the 'INDIA' parties," said Congress President Mallikarjun Kharge in his post on X.

Several exit polls had predicted a win for Congress in Chhattisgarh and close fight in Rajasthan but the results have come otherwise. Some of the pollsters had projected a close fight between Congress and BJP in Madhya Pradesh but the actual result shows that the grand old party was nowhere in the race against its rival.

The Congress party's heavy dose of sops and welfare measures failed to turn the tide in its favour. Even the issue of the Caste census proved to be a damp squib.

Among all the four states, Madhya Pradesh has proved to be the biggest victory for BJP with the incumbent Chief Minister Shivraj Singh Chouhan emerging as the undisputed leader of the state unit. In a big surprise for state-level leaders, the BJP top brass in the run-up to the assembly election decided to field many of its MPs and Ministers in the state. This was seen by political analysts as a move to clip the wings of Chouhan.

With poll results almost clear now, the focus has now shifted on who becomes Chief Ministers in states.

### Today's hat-trick guarantees...

the people," the prime minister said.

In Telangana, the Congress was set to form the government while the BJP had won or was leading in nine seats.

In a post on X, Modi said, "My dear sisters and brothers of Telangana, Thank you for your support to the @BJP4India. Over the last few years, this support has only been increasing and this trend will continue in the times to come. Our bond with Telangana is unbreakable and we will keep working for the people." "I also appreciate the industrious efforts of each and every BJP Karyakarta," he said. (Agencies)

### Consider anyone coming...

are being made from across the border to disrupt peace in the Union Territory.

"In the recent past, the tunnels were dug at different places to push terrorists and weapons which was a challenge. Drone is another challenge and the people have to play a role (in countering this challenge)," Swain told reporters in Samba district.

Referring to a meeting in the Ministry of Home Affairs (MHA), the DGP said it was conveyed at the highest authority level that there is a lot of population who can work as eyes and ears because conventional methodology like air defence systems do not pick up the movement of drones given its stealthy nature.

"The drone intrudes stealthily like a rat. We want a system in place at the police station and police post-level with a focus to respond as quickly as possible on hearing about it (drone movement), trace and its interdiction besides intelligence gathering to know exactly when it is air-borne," he added.

The DGP said it is by a combination of intelligence, investigation, area domination and people's cooperation to make their work so difficult that they will understand it is of no use.

Asked about the growing terrorist activities in the twin border districts of Rajouri and Poonch in Jammu region, Swain said that "sweeping statements cannot

tell us about the real situation"

"Operational secrecy does not allow revealing the number of active terrorists. We do not talk about the numbers because it cannot tell anything about the situation. Even two persons can carry out a major incident," he added.

The DGP said that attempts are being made from across the border to disrupt peace.

"We are a border state and that cannot be changed," he added.

Swain said that "planning and strategy is needed to take on this challenge".

"I have previously said that it is a challenge or a challenge is being thrown at us. Whether it will overwhelm us, the answer is no," he added.

The DGP said the "people have a major role to play in countering such types of challenges".

He further said the people are actively cooperating with the security agencies in the fight against terrorism, adding the security forces are getting dozens of inputs about the terrorists in Poonch-Rajouri belt.

"Even at places, the people have themselves caught hold of the terrorists," Swain said, referring to arrest of dreaded terrorist Talib Hussain Shah of Rajouri and his Kashmiri associate Faisal Ahmad Dar of Pulwama who were overpowered by the villagers of Tukson Dhok in Reasi in July last year and later handed over to the police.

Two AK assault rifles, a pistol, seven grenades and a large quantity of ammunition were recovered from them. (Agencies)

### LG attends Kalpana Kala...

He shared the efforts of the UT Administration towards socio-economic empowerment of persons with disabilities and developing an enabling environment for them to lead a dignified life.

"Government is committed to end all discrimination and create an inclusive, just and equitable society in which our Divyangjan enjoy equal opportunities and are able to realise their potential and dreams," the Lt Governor said.

Various initiatives for inclusion of Divyangjans, including J&K Rights to Persons with Disabilities Rules, Appointment of a Disability Commissioner for focused attention and Registration with National Trust emphasizing the commitment to Intellectual Disabilities, he said.

He said the Administration has also taken steps to recognise 100% visual disability as benchmark disability for MTS post, increase in number of benchmark disabilities for various posts in Government sector and 200% increase in distribution of retrofitted scooties to achieve saturation.

Under the guidance of Hon'ble Prime Minister Shri Narendra Modi, efforts are being made to create accessible infrastructure for Divyangjan in government buildings and major public places, he added.

The Lt Governor urged all sections of the society to join the J&K Administration's endeavour in ensuring complete integration of Divyangjan into the mainstream and their effective participation in socio-economic activities with dignity.

He also assured every support and assistance from the administration to Persons with Disabilities in their entrepreneurial and business ventures.

On the occasion, the Lt Governor released a book titled "Swarn Dhara".

Sh Bharat Singh Manhas, Secretary JKAACL; Sh Rahul Sahai, Chairman PHD Chamber of Commerce & Industry; Smt Ritu Singh, founding Chairperson FICCI FLO J&K; Dr Anita Sharma, Vice President, Kalpana Kala Kendra; Prof Avinash Chandra Mishra from Delhi University; Ms Indu Sannoo, CEO Samsidh Group of Schools Bangalore, senior officers and people from various states and UTs were present.

### VC SKUAST-Jammu...

importance. He also apprised the Lt Governor about his recent visit, accompanied by Deans of faculties of SKUAST Jammu, to various universities in Australia.

The Lt Governor asked the Vice-Chancellor to explore potential collaborations in academic initiatives, student and faculty exchanges, research partnerships, and joint research projects focusing on key areas.

### Woman's boyfriend...

besides subsequently medical formalities were completed.

During investigation some suspects were called for questioning including the wife of the deceased, Shaista who had lodged a missing complaint related to her husband.

During questioning Shaista confessed that she along with her boyfriend Waseem, a resident of Tujjer killed her husband during the night and concealed his body in the trench.

After confession, accused Waseem was also arrested who also confessed his crime and rope used in committing the crime were also recovered. Further investigation is going on, police added. (Agencies)

### Amid Cold, Dry Weather...

in Srinagar was recorded 13.3-C the previous day which was 1.9-C above normal amid occasional appearance of sun.

The Meteorological department forecast weather to remain dry over Jammu and Kashmir during the next 24 hours.

Meanwhile, Mughal road connecting south Kashmir's Shopian district with the twin districts of Poonch and Rajouri in Jammu division remained closed for the 4th consecutive day today due to recent snowfall.

The traffic on strategic Srinagar-Sonamarg-Gumri road connection Zojila pass in Ladakh was put through after snow was cleared from the highway, a traffic official said and added amid slippery road conditions people are advised to drive cautiously.

### It's Mandate For 'Modi...

BRS. However, for BJP, he said, it is a qualitative vote because BJP has succeeded in enlarging its ideological base in spite of all the contradictions.

Another important factor emerging from the election results one after the other, said Dr. Jitendra Singh, is that Modi has sought to introduce a new political culture in this country which, unlike in the past, is above caste, creed and vote bank consideration. For example, the benefits of welfare schemes like Ujjwala and PM Awas Yozna went to those who needed them regardless of their political and religious kneeling. In addition, Modi has sought to address those sections of society which were hitherto neglected by the earlier governments. The example of which is PM Swanidhi Yojna for street vendors and Vishwakarma Yojna for traditional Artisans, he said.

About who would be the chief minister in the three States won by BJP, Dr Jitendra Singh said, this question is asked because the mind-set is conditioned by half a century of Congress rule where the preferences are dynasty driven and decisions are taken on the dining table. In BJP, on the other hand, he said, there is a convention and a system in place where decisions are taken with the consensus of all and then unanimously accepted by all, he said.

### Hope result will be...

probe agencies, money power, and the Election Com-

mission, in the Assembly elections.

"I hope that the results are better (for opposition) in 2024 (Lok Sabha polls) than these elections," Mufti, the former chief minister of the erstwhile state of Jammu and Kashmir, said.

"Today, when elections are held, on the one side is the opposition, and on the other side is the might of the government, agencies, money, and Election Commission," she said.

According to trends issued by the Election Commission, the BJP was leading in 155 of the 230 seats in Madhya Pradesh, 54 of the 90 seats in Chhattisgarh, and 111 of the 199 seats in Rajasthan.

Mufti refused to comment on the delay in elections in Jammu and Kashmir, saying she had come to Kupwara to address the problems of the people.

"I had come here to listen to the problems and sufferings of the people. We will talk about elections some other time," she said when asked about the delay in holding the polls.

She also refuted reports of internal bickering in the People's Alliance for Gupkar Declaration (PAGD) and asserted that the alliance was strong.

"Minor altercations do happen but the PAGD is strong," she said. (Agencies)

### Assembly Poll Results | Minorities...

After the Bharatiya Janata Party appears to have taken a giant leap in the results of the assembly polls in three states- Madhya Pradesh, Rajasthan and Chhattisgarh, Azad spoke to the reporters and said that the Congress did not mention the issues that the minorities are facing across the country.

"One thing that I've noticed in the last 20-25 days is that the Congress which was considered as the champion of minorities, didn't talk about the minorities... Now minorities are not in the agenda of Congress..." Azad, a former Congress leader said.

The Bhartiya Janata Party appears to be pulling off a spectacular victory to sweep Congress out of power in the three heartland states by successfully defending its government in Madhya Pradesh and wresting back power from the Congress in Rajasthan and Chhattisgarh.

Congress, the party, which till this morning, was hoping to retain Chhattisgarh and Rajasthan and register a win in Madhya Pradesh, is now trailing far behind the BJP in all three.

The Congress which had just one Lok Sabha seat in MP and just two in Chhattisgarh will now realise that it no longer holds any aces in the Hindi Heartland and is now a party relegated to the South of the Vindhyas.

The loss of the three states in the heartland will greatly worry the Congress, it means there are no takers here for the Congress' electoral volley 'Caste Census'.

The BJP appeared to upset the ruling Congress' appletar in Chhattisgarh, forging ahead in 55 of the 90 assembly seats, while the grand old party led in 32 seats, as per the latest information available with the Election Commission.

As per the latest figures available from the Election Commission, the BJP was leading in 161 of the 230 seats in Madhya Pradesh, while the Congress was ahead in 67 seats.

The BJP crossed the halfway mark in Rajasthan with its candidates leading in 111 seats while the Congress was ahead in 73. The lone spark of joy for the Congress has come from Telangana where it is poised to form a government on its own.

In Telangana, Congress is set to dethrone Chandrasekhar Rao-led Bharat Rashtra Samiti (BRS), which has been in power since 2014, when Telangana was granted statehood, by crossing the halfway mark. (Agencies)



## BJP government has thrown J&K into devastation: Bhalla

JNEWS SERVICE  
JAMMU, DEC 3

The District Congress Committee Jammu (Urban) on Sunday held monthly meeting at the Congress office at Shaheed Chowk to discuss important matters. The meeting was presided over by JKPC Working President Raman Bhalla and attended by former Minister and Vice President JKPC Yogesh Sawhney, Ved Mahajan, Sewadal Chief Vijay Sharma Babbi. The meeting was organized by new District Jammu Urban President Manmohan Singh. Prominent among those present on the occasion include General Secretary PCC Amrit Bali, General Secretary PCC Gurmeet Singh, Secretary PCC Sanjeev Panda, Secretary Dewarka Choudhary, Secretary Adv. Suresh Kr. Dogra, Satpal Spolia, Dr. Ramakant Khajuria, Satpal Spolia, AP Singh Lucky, Sandeep Dogra, Pritam Singh, Aman Bawa, Block President Surinder Singh Dutt, Pardeep Bhalla, Pawan Sharma, Som Nath, Baldev Singh Wazir, Sanjeev Katal, Anil Kumar, Chander Shekhar Sharma, Bharat Bushan Redi, Balwinder Singh Rinku, Adv. Bibnash, Darshan Lal Verma, Latish Sharma, Surinder Bhagat, Nageshwar, Balbir Kr. Balli, Ricky Dalotra, Raj Kumar Sodhi, Gurmeet Singh, Kartar, Sourab, Harbansh

Lal Sharma, Vijay Malhotra, vjanak Raj Mehra, Neeraj Kumar, Ram Magotra Rakesh Kumar, Yugal Sharma, Capt. Ghar Singh Gurdeep Singh Kaka besides others.

Speaking on the occasion, JKPC Working President Raman Bhalla today said that the BJP has lost the moral right to go to Jammu people after betrayal after betrayal. Former Minister took a dig at BJP over deceits and a failed government in order to highlight the failures and performance of the Modi Government on various fronts, including economy, foreign policy, communal harmony, inflation, farmers' income, national security, welfare for the Scheduled castes, Scheduled tribes, and other backward classes.

Bhalla alleged nine years of BJP rule has made the J&K miserable. The people of J&K have only seen the scene of devastation in nine years. The BJP government has thrown J&K into devastation. He said that "deteriorating economic condition and rising unemployment" have become the most pressing problems before the nation. Bhalla said it is time for us to stand in the name of humanity against ideas of divisiveness and nefarious designs of perpetuating identity-based hatred by destructive forces in order to save this nation. Our deteriorating



economic condition and rising unemployment have become the most pressing problems before J&K. Anti-people policies of the government have made the everyday life of common citizen miserable," he said.

Coming down heavily on BJP leadership for indulging into misinformation campaign against Congress, Bhalla pointed out that "Who provided basic facilities to the people since Independence? Who raised such a vast infrastructure like Hospitals, Government buildings? Who laid Rail lines? Which party ensured Air Services across the country and abroad? Who brought Green Revolution in the Country? Who brought IT revolution? It is all due to the concerted efforts of great leaders like Prime Ministers Pandit Jawahar Lal Nehru, Rajiv Gandhi,

Indira Gandhi, Manmohan Singh that India is on the path of prosperity." "What BJP is doing? It is just inaugurating the mega projects which were built and completed by Congress party," pointed out Bhalla and further added that "In Jammu and Kashmir also we initiated big infrastructure projects in J&K. You see Hospitals, road connectivity, schools, Degree Colleges, University campuses, Medical Colleges, widening of Jammu-Srinagar national highway, numerous drinking water supply schemes, power supply to all almost every village and remote belt of the state. It is not BJP but tireless efforts of Congress party that the people of the J&K are on the path of development and prosperity."

Yogesh Sawhney speaking on the occasion said Jammu people are now

realizing their mistake committed in 2014 and 2019 as these people who were sent by the voters to raise their voice remained unheard for nine long years. It is hoped that the people of Jammu will surely correct the past mistake and reject such opportunists and exploiters and show them their place in the future elections. It seems they have no time and commitment for the welfare of the people & country, and that electioneering, not governance is a priority for the NDA Government at the Centre. Questioning the NDA Govt Sawhney said, "Scores of Army and security jawans have been martyred on the borders and in terrorist violence, our innocent civilians have lost lives on the borders and Prime Minister and the BJP Government try to console the people of J&K by calling them 'brave' and showing lip sympathy", said Sawhney adding that where are those tall claims of BJP leadership which it used to make before coming to power at the Centre. Manmohan Singh alleged that the ruling government's promise of 'achche din' (good days) was meant only for themselves or a selected group of industrialists and capitalists whose wealth had increased. "Unemployment is high and has

broken record of four decades while inflation is rising especially of essential commodities, petrol-diesel prices are historic high and Rupee against Dollar is historic low, the foreign reserve is also dipping so the country is suffering from the economic crisis," said Singh. He said that If BJP has not been able to fulfill promises in nine years then what are they going to do now. "There is anger among people. BJP has played with the sentiments of the people who voted them to power. People are not happy with their policies and the government has proved to be a failure. We have taken to the streets against governance deficit, lack of development and failure of the government to deliver on the promises made to the people of the Jammu and Kashmir," Singh said.

Ved Mahajan in his address said that BJP climbed political ladder raising voice against discrimination with people of this region. They ended up doing same disparity with the people who voted them to power to rule the country. "Right of our youth on government jobs has been snatched and given to outsiders despite knowing how our youth get education in troubling times of militancy and frequent border disturbance in Jammu and Kashmir," he said.

## Apni Party kick start membership drive at Ward No 71 in Sidhra



JNEWS SERVICE  
JAMMU, DEC. 3

Apni Party today kick-started membership drive at Ward Number 71 in Sidhra. The drive was launched in a meeting that was organized by Youth Wing General Secretary, Abhay Bakay under the supervision of Provincial Secretary, and Membership Drive Incharge, Dr Rohit Gupta.

During the drive, active members participated in the meeting and dozens of people joined the Apni Party.

In his speech, Dr Rohit Gupta expressed gratitude to the people who participated in the meeting and subsequently joined the Party.

He explained the aims and objectives of the Party and emphasized on the need to take up member-

ship drive at the grass root level.

He said that the people have pinned their hopes on the Apni Party because of its equitable developmental approach.

Meanwhile, Abhay Bakaya highlighted the concerns of development faced by the people in Sidhra even as the area comes under the Jammu Municipal Corporation.

He said that the concerned authorities have not given any heed to the repeated demands for improvement in basic amenities in Sidhra especially at ward number 71.

Prominent among those participating in the meeting include Puran Chand Rahi, Shakti Devi, Sushma Sharma, Sushma Manjotra, Sushma Devi, Salma Begam, Raja Bebi, Mehnaz Kosar, Zareena Begam and others.

## BJP won semi-final, set to win final in 2024: Ravinder Raina



JNEWS SERVICE  
JAMMU, DEC 3

BJP's victory has vindicated the policies of Prime Minister Narendra Modi led government, said Ravinder Raina, President, Bharatiya Janata Party (BJP) Jammu and Kashmir in upbeat mood, while he led the party's victory celebrations at Jammu.

Leaders of J&K BJP on Sunday celebrated the party's landslide victory in Rajasthan, Madhya Pradesh and Chhattisgarh at party headquarters in Trikuta Nagar, Jammu, where hundreds of workers and leaders assembled and danced to the drum beats. J&K BJP President Ravinder Raina, J&K BJP General Secretary (Org.) Ashok Koul, former Dy. CM Dr. Nirmal Singh, former Dy. CM Kavinder Gupta, former Minister Sat Sharma, general Secretary Adv. Vibodh Gupta, general Secretary Dr. Devinder Kumar Manyal, former Minister Priya Sethi, former MLC S. Charanjit Singh Khalsa, former MLC Vikram Randhawa, former

MLA Ashwani Sharma, former MLA Neelam Langleh, former MLA Shiv Dev, Purnima Sharma, and others were amongst the prominent BJP leaders on the occasion.

Dancing to the beats of traditional drums and bursting crackers, jubilant BJP workers celebrated the party's impressive victories in three states where elections were held recently.

They were also raising pro-BJP and pro-Modi slogans, and chanted 'Bharat Mata Ki Jai', 'Modi ki Guarantee', 'Koi Nahi Hai Takkar Mein'.

Speaking on the occasion, Ravinder Raina said that the BJP has won the semi-finals with a great show and BJP will win the finals of 2024 with a thumping margin.

"The pro people policies of BJP have been accepted", he said, adding, "The victory is also befitting reply to Congress and INDI Alliance, as they are struggling for their survival".

Raina added that people have accepted the policies

of BJP in the whole nation and have certainly made up their minds to repeat Modi ji as the Prime Minister. In Jammu & Kashmir, the people are standing with Narendra Modi government as it is taking care of every section of society. In J&K, the next Chief Minister is certainly from BJP, he added.

Raina attributed the peace and progress in all the parts of Jammu & Kashmir and stoppage of Hartal Calls in Kashmir due to the public welfare policies of the Modi government.

"BJP has done unprecedented public welfare works in all fields gaining the trust of people from every region and every religion, particularly the underprivileged and neglected classes", said Raina.

Raina said that the winning trend clearly shows the victory of the developmental agenda and vision of Prime Minister Narendra Modi. People have voted for the BJP for peace, security and development, he added.

## Large Influx of Tribal youth into BJP demonstrates growing support for Modi policies: MP Khatana

JNEWS SERVICE  
JAMMU, DEC 3

In a significant development, a substantial number of people, particularly Scheduled tribe youth, enthusiastically joined the Bharatiya Janata Party (BJP) in the presence of MP Rajya Sabha, Er. Gulam Ali Khatana and district president Jammu South, Rekha Mahajan. The joining took place at Booth Jan Samvad programme at Karyani Talab, Narwal-Bathindi and witnessed a surge in new members, highlighting the increasing popularity of the BJP among the Scheduled Tribe community.

Prominent among those who joined were Ashraf Choudhary Ashu, Rafiq Choudhary, Shokat Khan, Parvaz Choudhary, Azhar Choudhary, Ashiq Choudhary, Aslam Malik, Attar Kholi, Razak Choudhary, Alyas Choudhary and others.

Addressing the gathering, MP Gulam Ali Khatana emphasized the historical neglect faced by the tribal population, especially the Gujjars and Bakarwals, by previous political regimes for the past 70 years. He asserted that political parties such as the Congress, National Conference (NC), and Peoples Democratic Party (PDP) exploited the tribal population for vote bank politics without delivering substantial benefits. Underlining the commitment of the BJP to the welfare of tribals,

## Altat Bukhari congratulates PM, Home Minister on election results in 3 States

JNEWS SERVICE  
SRINAGAR, DEC 3

Apni Party President, Syed Mohammed Altat Bukhari has congratulated Prime Minister Narendra Modi



MP Khatana highlighted the positive steps taken by the Narendra Modi led government, including the provision of political reservations for the tribal community. He expressed concern about the attempts by opposition parties to instigate the tribal community by questioning the reservation policy.

"We should demand welfare and progress for ourselves, but we should not impede others from receiving their due benefits," said MP Khatana, urging the tribal community to focus on their own development without hindering the progress of others. Drawing inspiration from the teachings of Prophet Mohammad (PBUH), MP Khatana stressed the importance of helping neighbors and the poor rather than becoming obstacles in their path.

He said that during Prime Minister Narendra Modi's rule of over nine years, many historical

works has been done for development and welfare of different sections of the society.

Khatana said that a new chapter in the history of J&K was written when the special provision of Article 370 and 35A were abolished with the thumping majority in both the houses of the parliament. This historic step mitigated the sufferings of the refugees, Valmiki Samaj, and other sections, it restored rights of the daughters of the soil, national flag got true honour after repealing of these controversial Articles, he said and added that each one of us should take responsibility to reach the doorsteps of the people and make them aware of the splendid works of Narendra Modi government. He said that every booth has to be strengthened to ensure that the party registers victory by winning maximum votes of the area and gets chance to serve the people.

## NSF celebrates 134th birth anniversary of Khudiram Bose

JNEWS SERVICE  
JAMMU, DEC. 3

National Secular Forum (NSF), University Unit organized a program in University Campus, and on the Birth anniversary of Khudiram Bose who laid his life for the country. Amid slogans "Khudiram Bose Amar Raha" "inqlaab Zindabad" "Bharat Mata ki jai", they paid tributes to Khudiram Bose and garlanded the portrait of the son of soil.

Ankush Abrol Provincial Joint Secretary JKNC was the Chief Guest and Dr. Vikas Sharma Coordinator Jammu District Urban and Zonal Secretary, JKNC presided over the function. Dr Sukhdev Singh President NSF was the guest of honour.

Speaking on the occasion, Ankush Abrol said that many freedom fighters laid down their life for the sake of the independence of this country. One of the youngest people to walk to the gallows fighting for India's independence was Khudiram Bose. On December 3, 1889, Khudiram was born in West Bengal's Midnapore district to Trailokyanath Bose and Lakshmi Priya Devi.

Khudiram was the only brother to three sisters. Both his parents passed away when he was a child. Khudiram was brought up by his eldest sister, Aparupa Roy.

NSF members to come forward and organize these functions. He also said that the right tribute to Khudiram Bose would be to launch the struggle for restoration of full status of Jammu and Kashmir State. On this occasion, he said that we all should take oath not to sit silent and continue our endeavor to regain Jammu and Kashmir State. Referring to the unemployment problem, Dr. Vikas said that youth is very disturbed due to wrong policies of the Govt with a graph of unemployment growing fast. Dr Sharma urged the youth to come together on a single platform to push for this demand. NC would leave no stone unturned to achieve statehood for J&K. Speaking on the occasion, Vikshay Vashist state Secretary said that J&K suffered immensely due to misadventures of Centre. Post abrogation of statehood people here were suffering due to rising unemployment, inflation and discrimination.

Mohd. Umar Farooq University Unit President delivered the welcome address; Roshan Sharma District President was delivering the vote of thanks. Among those who were present on the occasion included, Aditya Kargotra, Vineet Gupta, Abhishek Uppal, Aditya Khajuria, Ankush, Vikas Sharma, Rahul Sharma, Tufail Khan, Puneet Bakshi, Navdeep and Pankaj Sharma.



## EDITORIAL

## NC's sharp focus on Jammu region

The results of assembly elections in four states, especially three in Hindi heartland, has once again brought into fore the growing difference among the alliance partners of I.N.D.I.A bloc. The BJP managed to take control of three states—Rajasthan, Madhya Pradesh and Chhattisgarh, while the only solace for Congress was Telangana. The NC vice president and former chief minister Omar Abdullah did not mince words to take on the Congress for its failure to make any impact in three states. The party is now launching a vigorous campaign to strengthen its base in Jammu region with a sole motive to go alone in assembly polls as and when it takes place. The efforts to bring unity among opposition parties ahead of Lok Sabha polls have failed to yield positive results in Jammu and Kashmir. This is despite the fact that the veteran politician and president of the National Conference Dr. Farooq Abdullah has been making all out efforts to unite all opposition parties of Jammu and Kashmir against the ruling BJP. With differences cropping among opposition groups, former Chief Minister Omar Abdullah has seized all opportunities to attack his bête-noire Peoples' Democratic Party (PDP) to dominate politics of Kashmir Valley. Omar's fresh statement on the abrogation of Article 370 developed cracks in the unity of opposition parties as he blamed the PDP for depriving people of J&K of their special rights. The NC leader believes that the abrogation of Article 370 and bifurcation of the erstwhile state of Jammu and Kashmir into two Union Territories was the outcome of the decision of the PDP to ally with the BJP in 2015. He recalled that his party had offered unconditional support to the PDP after a fractured mandate in the 2014 assembly elections. 'Instead of accepting our unconditional support, the then leadership of the PDP preferred BJP and allied with the Saffron Party', he said while arguing that had the PDP accepted unconditional support of NC following the 2014 Assembly elections, the situation would have been entirely different. This is not the first time that Omar Abdullah has blamed the PDP for the abrogation of Article 370. Earlier Omar also blamed the founder of the PDP and former Chief Minister Mufti Mohammad Sayeed. 'Mufti Sayeed's one wrong decision' of forming a coalition with BJP in J&K was the only reason for the abrogation of Articles 370 and 35-A', he said. Last week Omar Abdullah had disclosed that the PDP was created by the then BJP government headed by Atal Behari Vajpayee to counter the National Conference in 2000. Notably, both the National Conference and the PDP are two important constituents of the Indian National Developmental Inclusive Alliance (I.N.D.I.A). Omar had even castigated the Congress government in Karnataka for banning all forms of head cover during recruitment examinations. Given the current scenario, the opposition parties have been facing a challenging task of keeping all constituents of the Indian National Developmental Inclusive Alliance together. There is no doubt that the BJP is facing anti-incumbency in different states and it is the great opportunity for the opposition parties to corner the Saffron party but the growing differences among I.N.D.I.A bloc constituents will only give an edge in Lok Sabha polls. Opposition parties have decided to join hands with a sole motive of defeating the BJP in the parliamentary elections and dislodging its government at the Centre. The BJP has been facing an anti-incumbency factor but unity among opposition parties is the prerequisite if they are really determined to ensure the defeat of BJP in the upcoming Lok Sabha elections. The BJP will also ensure that its face value does not get dwindled in Jammu region.

## Sculpting Dreams: The Global Journey of Ganesh Kumar Sharma

YOG RAHII GUPTA

In the picturesque village of Sanoora, nestled within the Tehsil of Rajpura of District Samba, Jammu, Ganesh Kumar Sharma emerged as a luminary in the world of Sculpture. Sculpture is the art of creating three dimensional forms, often by carving, modelling or assembling materials. Renowned sculptors like Ganesh Kumar Sharma have left a lasting impact on the field.

In the international market, sculptors showcase their work in the galleries, museums,

and public spaces. The demand for sculptors exists in various sectors, including public art installations, private collections, and commissions. Success often depends on artistic innovation, recognition, and the ability to convey meaningful narratives through their creations.

Ganesh Kumar Sharma is well exposed in his field and has participated in many international exhibitions and competitions, contributed his visibility globally. This field offers opportunities for collaboration with architects, urban planners, and institutions, expanding the



scope of their influence. Born in 1956, his artistic journey began at the University of Jammu, where he honed his skills under the guidance of V.R. Khajuria. His accolades speak volumes, from on the spot painting awards to prestigious honours like

the Broadway Award from Jammu and Kashmir Cultural Academy in 1991. His artistic prowess garnered recognition not only from regional institutions but also internationally, with distinctions like the Distinguished Leadership Award by the American Biographical Institute in 1997.

As a founder member of Contemporary Art Society Jammu and chairman of K.H. Art Gallery in Hiranagar, Jammu, Sharma played a pivotal role in promoting artistic endeavours. His global influence is evident through membership in organizations like the International Sym-

posium Sculpture Association (ISSA) and Research Board of Advisors for the American Biographical Institute. Sharma's artistic legacy extends beyond physical exhibitions, with his active participation in numerous international online art showcases. This extensive list of awards, certificates, and honorary doctorates reflects not just his talent but also the global impact of his work.

Our Jammu has birthed countless artists, singers, musicians, poets, writers, stage and actors, Ganesh Kumar Sharma stands as a testament to the rich cultural fabric woven by its

people. His journey from a humble background to International fame symbolizes the heights of achievements that individuals from this vibrant land can reach.

Let us celebrate and honour the artists of Jammu, recognizing their invaluable contributions to the world of culture and art. In the spirit of admiration, sculptor Ganesh Kumar Sharma becomes a shining example of the artistic brilliance emanating from our beloved Duggar Land.

Free Lance Writer  
Based in Winnipeg,  
Canada since 1977

## Home is the First School of Citizenship

OMKAR DATTATRAY

There are no opinions about home being the first school of citizenship and mother being the first teacher who imparts social, cultural, religious and what not knowledge to their children. It is again the home where children learn first lessons about civic life as first lessons are learnt by children in the family. The foundation of human personality is laid down in the family as it is the family where children receive informal education about the things which matter most and are beneficial to the lives and personalities of the children. In fact it is the home where sanas-kars, values and moral and ethical lessons are imparted to children while playing. In fact the mother prepares, children for schooling as children learn alphabets and rhymes in home and children learn how to talk and behave in family and therefore nothing such should be done in family which adversely affects the lives of children and therefore children learn through fruitful interaction and guidance of the parents especially the role of mother cannot be exaggerated as its importance is very great in the development of children.

All great personalities which world produced was possible only through active role of mothers and all the great men owe their personality to their mothers. Thus in the development and growth of human personality, the role of parents

especially mother is very great. The influence of mother in the growth of human personality cannot be denied. Mother in fact is the first tutor and the personality of mother and father has a great bearing and influence in the personality of an individual. Moral, religious, social, cultural etc values are imparted to children first in family and later on in the formal education in school. It is in the home that a child learns how to talk, walk, behave, eat and dress and the child learns the civic values first in the home and later in the school these finer values are strengthened. It is the home and mother which teaches and imparts the lessons of cultural heritage and transmits the treasure of culture to children as all cultural values and ethical values are taught to children by the parents more so by mother. The influence of mother in shaping the personality of an individual is great. In fact a child learns in the womb of his mother and the family imparts cultural, moral, religious, spiritual, social values to children which later on help in shaping the personality of an individual.

Home in fact is the first school where he/she learns many things which helps the children to nurture in future in formal schooling. Things learnt at home help children to lead a good and desired life in future. Good behavior of children is formed at home. Many things are taught to children at first years of their life which helps them in future school days and

in their life in later years. Therefore many good things are and should be borne home to children at home by the parents especially by mother. Discipline, fulfilling duty towards society and country should be taught to children at home and so good citizens are formed at home and through home. Children learn decent behavior and manners and how to behave with others and children are taught how to use their knowledge and brain in the best possible way and they should be taught the responsibility towards society and of course to the nation as well. It is true that home is the first school of a child where he or she learns many useful things which in fact lays the strong foundation which builds the human personality of course with formal schooling in later years. The brain of a child is so blank that what he sees is what he understands and does. The brain of the child is impressionable and what is taught in early years at school forms the part of his personality. So parents should be most careful in nurturing children at the formative and early years of his or her life. Parents have the sole responsibility for the formation of a child's character.

The first thing that a child learn is good habits, without which he may not be liked by anyone in society. Second most important thing a child should be taught at home is the his culture, tradition, which is must and the third important thing is the value of life. In today's con-

text, teenagers are misusing the precious life that they have been blessed with. At the birth of the child and in his formative days later, parents become his first teachers where the child learns many good things.

It is often said and rightly so that home is the first school and parents are the first teachers for a child. They should provide such an environment so that their child can easily cope with the situational learning. Kids must be nurtured and brought up to match with the school education at home before they are admitted in a school. The child's brain is like a white sheet of paper and whatever is said or done kids promptly mimic and behave accordingly. Good manners are the first thing, parents must teach children. They should behave well with all family members so the child learns from home and behaves the same way in school too which would enhance their learning.

A good mannered child attracts teachers and gets love and nurturing from them. Second important thing is to provide adequate information to kids. So that the child can at least say his name and other simple stuff. The third important thing is that a child must be taught to listen to others. So the parents should teach their children the art and habit of listening to others. This can be by patiently listening to the child or other members of the family. Learning does not mean merely knowing alphabets and

numbers. Good manners, punctuality, regularity must also be taught, then only parents aspirations will be fulfilled. For a child, school is an introduction to world outside the family unit and parents must prepare them for it, teaching them at home makes the new generation a good and great one. Parents are the best guides who lead us to the path of enlightenment. Parents must teach children lessons of ethical values, which applies for life time.

Secondly, it is very important to teach children hard work that eventually and definitely pays. Parents, being the best leaders, must teach their kids that patience is the foundations of success. A child's first school is his/her mother's womb where he/she receives tender care and feels safe until born. According to Hindu mythology, a home is everything for a child as it gives the child a feeling of security, safety and happiness. A home for a child is a small world surrounded with parents and rest of family members and an environment mingled with their love until he/she grows up. It is a fact that every child receives his/her first education at home. To conclude it can be said safely and rightly that home is the first school of citizenship where the foundation of a strong human personality is built. It has been said long ago that the hands that rock the cradle the rules the world so much is the importance of home and mother being the first teacher of the child.

## Shehla Rashid: Recognizing Modi Govt as the Game Changer in Kashmir's Peace

ISRAAR SHAHID

The recent tweet where Shehla Rashid acknowledges the Modi Government for restoring peace in the valley went viral on Twitter. She stated, 'What caused my change of heart is the realization that the PM @narendramodi is a selfless man who is taking radical decisions to transform India. He has braved intense criticism but remained steadfast to his vision of inclusive development that leaves no one behind.' This is also what she spoke on ANI News, which garnered 4.7 million public views.

Reflecting on the era of parallel governments, one led by the Muftis and Abdullahs, and another by separatists, it becomes evident that a lack of strong political will delayed the peace and prosperity we are witnessing now. It seems that past government establishments were more inclined towards their own electoral gains than the well-being of the region. The common Kashmiri was systematically fed misinformation and falsehood, manipulated to oppose government establishments by both the mainstream and separatist factions, whose own progeny enjoyed the peaceful sun of the UK or US. However, the last four years have left the common

Kashmiri astounded by the outcomes of the abrogation of Article 370. They have experienced peace, development, tourism, and more. This article unveils the transformation of "Shehla Rashid Shohra," who was once a fervent critic of the PM and HM, now applauding them for delivering what Kashmir needed most—PEACE.

## Who is Shehla Rashid?

Born in the heart of Srinagar's old city, Habba Kadal in Downtown, Shehla, much like other children born in the '90s, grappled with the impact of violence and street unrest during her early years. Despite these challenges, she pursued computer engineering at NIT Srinagar, marking the beginning of her academic journey. Her professional trajectory led her to HCL Technologies as a software engineer. However, her thirst for knowledge drove her to Jawaharlal Nehru University in Delhi, where she pursued an M.A. in Sociology and later earned an MPH in Law and Governance. Transitioning into the realm of research at the same university, Shehla embarked on a Ph.D., exploring the profound impact of algorithm-based decision-making on policy formulation. Throughout her academic journey, Shehla has consistently demonstrated

excellence, securing top positions in every examination she undertook. Beyond the realm of academic achievements, Shehla's life has been marred by the painful specter of domestic violence within the confines of her home. She has bravely acknowledged the mental, physical, and emotional abuse her father inflicted upon her mother and sister, tormenting her mother in unimaginable ways. This harrowing experience has made Shehla exceptionally attuned to the profound impacts of violent acts, propelling her to advocate for change and justice.

## When Did Shehla Become a Face Nationwide?

Upon entering JNU, Shehla swiftly evolved into a precocious politician. Serving as the Vice-President of the Jawaharlal Nehru University Student's Union (JNUSU) and aligning herself with the All-India Student's Association (AISA), she plunged into the political landscape. The year 2016 marked a turning point when a viral mobile video showcased JNU students protesting the hanging of Afzal Guru, with some chanting the controversial slogan, giving rise to the term "Tukde Tukde Gang." Shehla, along with Umar Khalid and Kanahya Kumar, was prominently associated with this term, vehemently

criticizing Prime Minister Modi and Home Minister Shah.

Despite benefiting from a scholarship provided by the Government of India for her studies at JNU, Shehla consistently voiced anti-state sentiments on her social platforms. Another notable chapter unfolded in 2019 when she briefly joined Shah Faesal's Jammu and Kashmir People's Movement (JKPM), formed on March 16, 2019. However, she resigned from the party post the abrogation of Article 370, later becoming a key petitioner in the Supreme Court challenging the abrogation. Eventually, she withdrew her name when the SC geared up for hearings. Throughout, Shehla remained steadfastly left-leaning, failing to acknowledge the commendable efforts of the present-day government. This stance propelled her into national prominence.

## What Made Shehla to Change Her Mind?

The post-2019 metamorphosis in Kashmir stands glaringly apparent to observers both within the nation and on the global stage. Shehla Rashid, once a vocal critic of the Central government and its Kashmir policy, underwent a profound transformation as she bore witness to the affirmative changes

unfolding in Kashmir post-2019. In a candid podcast revelation, she acknowledged relying on second hand information that had distorted her perception of Kashmir. However, upon recognizing the actual transformations, she discarded ideologies and prisms devoid of both explanatory and predictive power. As a human rights activist fervently campaigning against civilian killings, Shehla observed the cessation of such atrocities in Kashmir following the abrogation of Article 370 and 35A. She, alongside myself, asserts that the key to restoring peace in Kashmir lies in the resolute political will embodied by the Hon'ble Prime Minister. She contends that the Prime Minister crafted a bloodless solution for Kashmir. The palpable changes in Kashmir over the last four years are indisputable.

Drawing parallels with the Israel-Gaza situation, where Gaza is cordoned off and residents must seek permits, the contrast is stark in India, where individuals can acquire property, land, and jobs irrespective of regional or religious affiliations. Shehla astutely notes in her podcast that, compared to Gaza, we should be thankful that Kashmir is not subjected to such restrictions. Challenging conspiracy theories that propagate Muslim discrimination, the

truth is that Muslims in India, constituting the second-largest majority, enjoy the same rights and benefits as every other citizen, transcending religious or regional lines. The debunking of false narratives against Indian security forces in Kashmir has been a recurrent theme, reaffirming their commitment and credibility.

Shehla succinctly defines three years of LG Sinha with three words: 'Peace, Accountability, and Integrity,' resonating with the evident reality. The separate flag, constitution, and other provisions, rather than serving any constructive purpose in the valley, perpetuated a sense of separatist ideology. Their removal through the abrogation of Article 370 was a necessary step, leading to a perceptible congruence between Delhi and J&K over the past four years. Noteworthy is the historical context of the prompt declaration of results in JKPCS's Combined Competitive Exam, leaving no room for manipulation. The restoration of peace, developmental initiatives, accountability, integrity, justice, and the dignified treatment of commoners have collectively reshaped the perspectives of Kashmiris, including one who was once an ardent critic of the Hon'ble PM. Inescapable now is the acknowledged

ment that the Prime Minister is a selfless leader driven solely by national interests.

## Shehla's Role as a College Teacher

Recently appointed as an assistant professor and securing the top position in the selection process, Shehla Rashid is poised to wield significant influence in moulding the minds of her students. Beyond the confines of teaching Sociology, she is poised to instill in her students the values of truth, wisdom, and the transformative power of realization. Her commitment extends to imparting the invaluable lesson of recognizing the good and giving credit where it is due. While steering clear of advocating any specific political agenda, Shehla Rashid is destined to become a beacon of inspiration for countless young minds, particularly for the youth and girls under her tutelage.

In the intricate tapestry of Kashmir's history, Shehla Rashid's metamorphosis symbolizes the region's evolving dynamics. From outspoken critic to advocate of positive change, her journey resonates with the transformative spirit shaping Kashmir. As an influential educator, her commitment to truth and wisdom signals hope for a harmonious future.



# Home Remedies to Lower Cholesterol Levels

FARHA AKRAM

High cholesterol levels can cause concern, and it's normal to feel anxious about it. Many worry about the risks associated with high cholesterol, medications' costs, and potential side effects. Your doctor may suggest statins or other drugs to lower your cholesterol if your levels remain high.

## Conclusion

Research suggests that those with elevated levels of low-density lipoprotein (LDL) cholesterol may benefit from statins, as they have been linked to a lower risk of heart attack and stroke. Nevertheless, these drugs may come with some unwanted side effects. In addition, with so many different cholesterol drug types available, it can be challenging to know where to start.

But you can make a few simple changes to your diet and lifestyle that can be beneficial. For example, using natural methods to reduce your cholesterol may reduce the medication you need to take. Additionally, some ingredients in everyday kitchen items can help reduce high cholesterol levels.

Explore the healthy and feasible home remedies mentioned below to manage your cholesterol for a healthy you.

## What Function Does Cholesterol Serve?

Cholesterol is an essential lipid found in the body. Typically, the body receives the cholesterol it needs from the liver and animal food sources. Usually, the body excretes any extra cholesterol. However, due to various reasons, sometimes, this system doesn't always work correctly or is

overwhelmed, which can lead to increased cholesterol levels in the blood.

You can now check your cholesterol levels at home with the HealthifyMe Metabolic Panel. This comprehensive and personalised test shows 85+ other parameters in addition to your blood lipid profile. This information can help you make more informed decisions and progress steadily toward your health objectives.

Cholesterol is necessary for survival, but having too much of it can be damaging. The body needs it to perform several essential functions. These processes include:

It helps build layers around the cell membranes, which protect the cells. You can regulate what enters and exits your cell with the help of these layers.

Aiding the production of bile in your liver, which is essential for the digestion of food.

It assists in producing sex hormones, vitamin D, and other hormones in your body.

Home Remedies to Manage Cholesterol like a Pro

Lowering your cholesterol naturally may seem challenging. Nevertheless, a few simple steps in lifestyle changes make it easier to manage your cholesterol levels.

## Increase Your Fibre Intake

A healthy diet should contain both soluble and insoluble forms of dietary fibre to reduce the risk of heart disease. Studies have shown that soluble fibre can help lower LDL (low-density lipoprotein) cholesterol levels, often referred to as the "bad cholesterol" due to its increased risk of heart disease.

Dietary fibre acts like a sponge, helping to absorb fat and cholesterol when you eat



fatty or cholesterol-rich foods, thus lowering your blood cholesterol levels.

Even when eating a low-fat, low-cholesterol diet, soluble fibre can still help lower cholesterol. Sources of soluble fibre include oats, legumes, fruits (such as oranges, pears and apples), peas, and psyllium. This soluble fibre helps to regulate your blood sugar levels and thus reduces the production of additional cholesterol.

## Consume Adequate Turmeric

For optimal results, you should incorporate turmeric into your meals regularly. It reduces plaque buildup in arteries and has antibacterial properties.

Studies suggest that having curries, vegetable dishes, and sabzi that contain turmeric can help manage cholesterol levels. Additionally, drinking a glass of turmeric milk before bedtime can be beneficial.

## Astragalus

Astragalus, a plant commonly used in traditional Chinese medicine, is believed to have an adaptogen-like effect, which means it can help the body withstand various kinds of stress.

It also has anti-inflammatory and antibacterial properties. Additionally, research suggests that astragalus may provide certain cardiovascular benefits like managing lipids.

## Eat Raw Amla Or Drink Amla Juice

According to a study, consuming one or two amla fruits daily can considerably lower bad cholesterol levels. Amla, rich in vitamin C, is one of the excellent natural therapies for lowering cholesterol. Additionally, it aids in the regeneration and repair of bodily tissues.

## Drink Green Tea

According to research, green tea contains catechins and other antioxidant substances that may help lower "bad" LDL and total cholesterol levels in the body and keep you feeling energetic. So consuming green tea every day can aid in lowering high cholesterol.

Omega-3 Fatty Acid Supple-

ments Produced From Fish Oil

Fish and fish oils are excellent sources of omega-3 fatty acids. Particularly abundant sources include herring, sardines, lake trout, salmon, tuna, and other fatty fish.

According to a study, omega-3 fatty acids in fish lower the chance of developing heart disease. Therefore, the additional nutrients found in fish can protect your heart health. Furthermore, combining those nutrients plus omega-3 fatty acids can make it more effective.

Eating one or two portions of fatty fish per week may decrease your risk of a heart attack. Omega-3 fatty acid supplements and other meals high in these fatty acids may be

helpful if you have heart disease. Walnuts, canola oil, and soybeans are a few examples of good sources.

## Garlic

Garlic is renowned for its health benefits and has become a staple in Indian cuisine. It is composed of amino acids, vitamins, minerals, and molecules with sulphur-containing oxygen, all of which are the active components that give garlic its medicinal properties.

Various scientific studies have demonstrated that garlic consumption can significantly reduce total and LDL cholesterol levels.

## Coriander Seeds

Ayurveda uses Dhaniya seeds to treat various illnesses, one of which is reducing harmful cholesterol levels. Coriander seeds contain essential vitamins, such as vitamin C, folic acid, vitamin A, and beta-carotene.

Consuming these seeds first thing in the morning can help boost your body's good cholesterol (HDL) levels and decrease bad cholesterol levels (LDL).

## Fenugreek Seeds

Methi seeds, also known as fenugreek, have been used since antiquity as a spice, flavouring agent, and medicinal herb. They are rich in vitamin E and possess anti-diabetic, anti-inflammatory, and antioxidant properties.

Research has revealed that the saponins and fibre in fenugreek can reduce cholesterol levels and inhibit its production in the liver. Therefore, taking ½ to 1 teaspoon of fenugreek seeds is generally recommended daily.

# Premature Birth: Survival and Health Concerns

JAHNVIRANJAN

A preterm, premature or preemie baby is one who is a baby born too early, or about three weeks before the due date. While normal pregnancies last a period of about 40 weeks, preterm birth occurs at 37 weeks or earlier. We understand that preterm births are one of the most challenging experiences for a family, both physically and emotionally and demand a great deal of courage and stability to stand through it. Our heart goes out to all those who have to live through this difficult time and we wish you all the strength in the world.

This article is aimed at spreading awareness about the issues associated with premature births, both for the baby and the pregnant females. If you wish to know about the reasons behind premature labour, warning signs and measures to be taken to prevent premature labour, here is an article for you- Premature Birth: Causes, Warning Signs and Preventive Tips.

Before we get to the bridge, let's first familiarize ourselves with a few terminologies and facts so that we become the right channel towards making this world a better place for our babies of today, tomorrow and years to come.

## (Preterm Labour, Premature Labour), (Preterm Birth, Premature Birth) - How similar or different are these terms?

First things first, preterm and premature are literally synonymous, i.e. they mean the same thing and you can use them interchangeably.

Labour is a series of continuous, progressive contractions of the uterus that help the cervix dilate and thin out for the fetus to move through the birth canal. Labour is further divided into 4 stages where the second stage is the birth of the baby. However, unlike

the cases of normal pregnancies (beyond 37 weeks) where early labour is a preparatory sign for the birth of the baby, preterm labour doesn't always lead to preterm birth. Preterm labour may stop on its own, or with the right and timely treatments.

Once a baby is born there are a number of factors at play that play a significant role in deciding whether the baby will survive and what its life will be like. Let's take a look at the most prominent ones.

## Factors Contributing Towards The Survival Of A Preemie Baby

Gestational Age  
Premature babies are divided into 4 categories on the basis of the age of their viability.

Late Preterm - Babies born between 34 and 36 weeks.

Moderately Preterm - Babies born between 32 and 34 weeks.

Very Preterm - Babies born between 28 to 32 weeks.

Extremely Preterm - Babies born before 28 weeks

This is the most common factor used to predict the survival capabilities of premature babies. The older the gestational age, the higher the survival rate since the baby has more time to develop inside the mother's womb. Babies with a greater gestational age also have a very low risk of health and developmental complications later on in their lives. Fortunately, advances in medicine mean even the tiniest babies can likely get bigger and stronger in neonatal intensive care units (NICU).

A baby born during very preterm has around 80 to 90 percent chances of survival as shown in studies by the University of Utah. This is made possible by their vital organs like the heart and lungs which are developed to the extent of being able to support the babies' lives outside the womb. Research indicates



that babies born between 30 and 32 weeks, while still considered preterm, have at least a 99 percent chance of survival. They also have a very low risk of health and development complications later on. The 34 to 36 weeks category called the "late preterm" is the most common kind with nearly a 100 percent survival chance.

## Birth weight

Birth weight is one of the most important predictors of mortality, correctly predicting mortality in 82.9% of premature birth cases. A Low Birth Weight (LBW) baby i.e. a baby weighing less than 5 ounces right after birth already require some special care and preterm birth further complicates the situation. Since a preterm baby doesn't get enough time to fully develop inside the mother's body, being underweight is one of their most common characteristics. Preterm LBW

babies are at reduced odds of survival and a higher risk of disabilities and health problems.

## Sex

Premature baby girls have a higher chance of survival than male babies owing to their biological buildups such as genes and hormones. For instance, estrogens strengthen the body's immune defences and help the body sustain itself in the new environment.

## Race/ Ethnicity

Asian and African premature babies have a better survival rate as compared to their white counterparts according to this report of The Washington Times based on a study by the University of Florida.

## Preterm Birth History

Singleton preterm births are more likely to be viable than multiples.

The footnote is that medical advances are being made in caring for premature babies which means better outcomes and more peace of mind for parents. While every week in the womb gives us more assurance for a healthy baby, know that chances for your preemie's survival are increasing every day with medical developments. However, we cannot shy away from the fact that premature babies have a heightened chance of developing health issues ranging from short-term complications to long-term diseases. The only way we can prepare ourselves is by being educated. Read ahead to know about the potential health issues a premature baby may have to face.

## Potential Health Problems In Premature Babies

While not all premature babies experience complications, being born too early

can cause short-term and long-term health problems. With that being said, it is also important to remember that the factors that affect the survival of a preemie also impact their overall health status for the initial weeks or years that follow.

## I. Short-Term Health Issues (Life-threatening)

Respiratory issues due to an immature respiratory system.

Intraventricular haemorrhage (Internal brain bleeding).

Hypotension (Low blood pressure).

Hypothermia (Abnormally low body temperature).

Hypoglycemia (Low blood sugar).

Immature gastrointestinal system leading to conditions like intestinal inflammation.

Anaemia.

Blood infection.

New-born jaundice.

Immune system issues that make preemies more susceptible to infections.

## II. Long-Term

Disorder of movement, muscle tone or posture caused by infection, inadequate blood flow or injury to the newborn's underdeveloped brain.

Slow cognition leads to learning disabilities.

Impaired vision and even partial blindness in some cases.

Increased risk of some degree of hearing issues or complete hearing loss.

Dental problems such as delayed tooth eruption, tooth discoloration and improperly aligned teeth.

Behavioural or psychological problems such as ADHD.

Developmental delays. Now it is safe to say that we are aware of the health issues our preemies may have to fight against. But what about the mother? Does her body also suffer the consequences of this untimely procedure? How

does it adjust to the changes? What about the psychological self? How does deal with the tornado of emotions that surrounds her? Continue reading this article where we get to all these apprehensions.

## Mothers & Premature Births

As important as it is to care for your baby, its health status may put you in a helpless situation. On top of all the worry about its physical condition, you may miss the experience of holding, breastfeeding, and bonding with your body as you would have hoped or planned. We can imagine how heart-wrenching this can be but know you're not alone. As aforementioned, new research, every day is taking us closer to our preemies, quite literally. For instance, this 2021 report by WHO suggests that immediate Kangaroo mother care, which involves skin-to-skin contact and exclusive breastfeeding, significantly improves a premature baby's chances of survival. This means that you will have the opportunity to spend time with your baby and play a pivotal role in helping them sustain the consequences of early birth.

However, the emotional trauma of this unsettling experience can lead to various mental health conditions like PTSD, anxiety and postpartum depression. Furthermore, you may be ready to return home before your newborn is, which can be difficult to accept, but trust the doctors and remember that your baby is in safe hands. You can use your time away from the hospital to get some needed rest and prepare your home and family for your baby's homecoming. Once your baby will be home, you can spend ample time with them. Cuddle with them or cuddle them, they're yours and will be so.



## "Theatrical Politics: Natrang's 'Topian' Unveils the Chameleon Nature of Politicians"

J1 NEWS SERVICE  
JAMMU, NOV 3

Natrang presented a hardest political satire 'Topian' written by Mani Madhukar under the direction of Neeraj Kant here today at Natrang Studio Theatre under Sunday Theatre Series. Most appropriate and timely presentation on the contemporary political scene of the country, the play is a dig on the lusty politicians who can change colors faster than a chameleon just to ensure that they remain in power. For them, mission is to be befool public and for that they have the requisite theatrical art, know-how, expertise and the excellence to transform themselves to any color or attire as per the situation and the requirement. Human civilization has witnessed lot of social and political revolutions, each time thinkers and philoso-



phers have sold new political thoughts and doctrine of governance. But ironically the same faces have made their way to power just by hiding real faces in new masks. They have been changing color of their caps and not their mind set.

In the backdrop of the story of two neighbors who pledge to change the political scene are shown looking for alternatives. Each time they come across a person they meet only those wearing different caps and attire

offering them variety of manifestos. Each time they identify him as a different person and expect a different ideology from him. This way they succumb to his tactics. Over the time when they find that nothing is changing, the slogans of socialism are furthering the divide between rich and poor, quality of life is deteriorating day by day and the security of life and property is at the mercy of God. Both muster courage and strip the person selling those dreams. Surpris-

ingly inside clothes they find that he is the same person and every time he used to come to them in different attire.

The playwright successfully portrayed that the politicians are the same; they only change their caps and their colors just to befool the public. They can be friends and the enemies at the same time, their equations and confrontations change for lust of power. This absurd play posed a big challenge before the young actors of Natrang but interestingly their handling of the characters surprised many.

The roles of two neighbors were played by Abhimanyu Choudhary and Sumit Bandaral where as Aadesh Dhar rendered excellent support to them. The lights of the play were executed by Neeraj Kant and the music of the play was rendered by Kushal Bhat. The show was coordinated by Mohd. Yaseen.

## Massive Maha-Panchayat in Jammu: Gujjar Bakerwals unite against J&K S.T. Amendment Bill 2023

J1 NEWS SERVICE  
JAMMU, DEC 3

The Jammu & Kashmir Gujjar Bakerwals Organizations' Coordination Committee held a Mammoth Maha-Panchayat at JDA Parking Ground, Rail Head Complex, Bahu Plaza, Jammu in which thousands of delegates including Panches, Sarpanches, BDC, DDC, Chairmen & Chairpersons participated. All the participants of Maha-Panchayat expressed their unity & solidarity with the Gujjar Bakerwals & existing Scheduled Tribes of J&K. They also expressed their solidarity with Scheduled Tribes of rest of the Country. The legends of community appealed to the Scheduled Tribes of rest of the Country & Gujjars Bakerwals of India from Kashmir to Kanyakumari to safeguard the rights of already existing Scheduled Tribes of Jammu & Kashmir. While speaking on the occasion the Chairman of Coordination Committee Anwar Chowdhary Advocate appealed to the Gujjars of the Country to come forward in support of Gujjars of Jammu & Kashmir for protecting the rights of Gujjar-Bakerwals of J&K. The Speakers in the Maha-Panchayat expressed their deep anguish over the illegal & unconstitutional Bill being introduced in the Parliament in the ensuing Parliament Session beginning from tomorrow i.e. 04.12.2023. All the Speakers termed the said Bill i.e. J&K S.T. Amendment Bill 2023 illegal & unconstitutional. The Veteran leaders of Gujjar-Bakerwals said that an illegal & unconstitutional Commission headed by Retd. Justice G.D. Sharma made recommendations for inclusion of some high Classes & Castes in the Scheduled Tribe List which by no stretch of imagination



can be Scheduled Tribes. A number of Advocates, Retd. K.A.S & I.A.S Officers of Gujjar Community expressed their astonishment as to how these recommendations were made & Bill prepared on such illegal, illogical & unconstitutional recommendations. The Speakers in the Maha-Panchayat also condemned the conduct of some leaders of a Political Party who forced some people of their party belonging to Gujjar Community to hold a Press Conference on 02.12.2023 & made them to mislead the Scheduled Tribes of Jammu & Kashmir that no harm shall be done to the Status of already existing Scheduled Tribes. All the following legends & Veterans of the Community were unanimous to continue their struggle for preservation of Scheduled Tribe Status of Gujjar-Bakerwals of Jammu & Kashmir & have vowed to fight for the rights of Gujjars-Bakerwals by adopting all legal means, whether i.e. to come on the roads in Legislative Assembly & Counsel, Parliament & in the Courts of Law including the Supreme Court of India. Finally, all the Speakers appealed to the Govt. of India to drop from discussion and passing the J&K S.T. Amendment

Bill 2023 immediately in the interest of Scheduled Tribes of Jammu & Kashmir & peace & prosperity not only in J&K but in the whole of Country.

Those who spoke on the Occasion include Mukhya Gurjar Ex. Legislator Uttar Pradesh (Meerut), Supreme Court Advocate Sunil Bhainsla Delhi, Anand Patel Advocate Jaipur Rajasthan, Narinder Singh Gurjar Delhi, Veer Gurjar Delhi, Mohtarma Sumaiya Ch, Adv. Mohd. Owais, Adv. Akram, Student Leaders Bilal Rashid, Murtaza Kamal, Guftar Ahmed Ch., Adv Talib Choudhary, Shahid Ayoub Tahir Choudhary, Kashif Choudhary, Sakib Choudhary, Aamir Choudhary Abdul Aziz, Nahila Falak (Female representative), Zafar Iqbal (Udhampur), Aryan Choudhary (Kashmir), Imran Ashraf (Kashmir), Imtiaz Ahmed (Reasi), All Social Activists.

G&B Leader Mohd Yousaf Majnu, Haji Allah Rahim Chechi, Hussain Ali Wafa, Ishtiaq Bhatti, Fatima Farooq BDC Member Kahra, Ch. Amjad Sarpanch Anantnag, Syed Choudhary, Sardar Khan Gujjar Mahasabha, Basharat Phamda Mansar.

Those Prominent Social Workers/Leaders who were present on the Occasion include, Shabir Kohli,

Nihal Singh Gurjar Madhya Pradesh, Nitin Gurjar Foji Uttarakhand. Ali Hussain Hakla, Hamid Hussain, Sajad Majeed Chechi, Mohammad Yousaf Khepar, Rafiq Kohli, Mohd Shafi Bajard, Dr. Meraj Din, Shouket Javed, Shouket Sharvez, Adv. Mushtaq Ahmed, Mohd Amin Ch, Shamim Akhter Member DDC, Suraiya Begum Member DDC Samba, Mushtaq Choudhary Khatana, Ch. Rehmat Ali Chairman BDC, Shoukat Gujjar President All J&K Gujjar-Bakerwal Federation, Jameel Choudhary President Dodhi Gujjars Associations, Ch. Mohd Aslam Khan President Gujjar Islahi Committee, Pervaiz Wafa, Ch. Sobat Ali Corporator, Ch. Razaq, Adv. Mushtaq, Saleem Choudhary, Adv Jameel Choudhary Ch. Amir Din Kasana, Mohd Rafi Dharmadi, Mohd Mushtaq Dhanu, Molana Mohd Akram Reasi, Farooq Shikari Ex- Sarpanch Doda, Yasir Hussain, Dr. Sameer, Altaf Samba, Saif Ul Malook, Prof. Dr. Mussarat (DU) and many Panches & Sarpanches including prominent persons of the community were also present.

The Proceedings of the Maha-Panchayat were conducted by Bashir Ahmed Noon Co-Convenor.

## Kaith Biradari members pay obeisance to Baba Jitto, Sankri Devta

J1 NEWS SERVICE  
JAMMU, DEC 3

The Kaith Biradari members today visited Jhiri where they paid obeisance to Baba Jitto, who laid down his life in fight against feudalism.

While paying obeisance, R.L.Kaith said, Baba Jitto was a 'Martyr' & a Universal Redeemer' as in



fighting for the cause of the good of the people, he gave up his life to mobil-

ise the masses to protest against tyranny than let it ruin their lives.

The members also visited the Sankri Devasthan and sought blessings of their tutelary deity.

After paying obeisance, the members visited the Jhiri Fair where they witnessed various events.

Members included Havildar Des Raj, Havildar Gharu Ram, Master Naresh Kumar, Chaman Lal, Yog Raj and many others.

## GCW Udhampur felicitates students for participating in Display Your Talent-2023

J1 NEWS SERVICE  
UDHAMPUR DECEMBER 3

In a remarkable triumph, Government College for Women (GCW) Udhampur won the Overall Runner Up Trophy and Overall Theatrical Trophy of the prestigious Display Your Talent (DYT)-2023 held at Brig. Rajinder Singh Auditorium of the University of Jammu.

All the winners were felicitated by the college and speaking on the occasion Principal Prof. Anjali Mahajan congratulated the students for their wonderful achievement and also appreciated the efforts of the Music Department, Student Welfare Committee, Cultural Committee, Literary Committee. She also requested to ensure wider participation of students in such activi-



ties in the days to come. The efforts of the students are also commendable because such efforts motivate the students to showcase their talent in various activities which leads to the overall development of the students, she added. Students of all semesters of this college participated in various types of events in mega competitions under display your talent 2023-2024 held at Univer-

sity of Jammu.

GCW Udhampur secured first position in Indian Group Song Competition, One Act Play, Folk Dance Competition besides third position in Skit, top position in Mime, Mimicry and Certificate of Merit in Mehndi Competition. Meanwhile, Rekha Rani of Semester 3rd was given the second prize for Best Actress in One Act Play and Ritika Karthol of

Semester 5th was given the Certificate of Merit for Best Actress in One Act Play.

Among Other, Dr. Seema Sharma HoD Music, Dr. Mool Raj Convenor Literary Club, Prof. Sarika Mahajan, Dr. Meena Gupta Convenor SWC, Dr. Sumit Sharma, Dr. Shalju Jasrotia, Dr. Sanjay Kumar and Prof. Yash Kumar were also Present on the occasion.

## Reinforcement of religiosity/spirituality in lifestyle interventions - Need of hour: Dr Sushil

J1 NEWS SERVICE  
JAMMU, 3RD DEC

In order to understand and highlight the relationship between religiosity and body mind practices in primordial prevention of cardiac ailments Head Department of Cardiology GMCH Jammu Dr. Sushil Sharma held a day long Cardiac Awareness cum health checkup camp at Saint Balak Yogeshwar Dass Ji Ashram, Pouni (Reasi). The camp was inaugurated by Saint Shri Balak Yogeshwar Dass Ji Maharaj , Dr Sushil Sharma along with Rita Sharma ( DDC Pouni) in presence of various disciples who gathered during the ongoing 40th Ati Maha Vishnu Maha Jagya in mythological memory of country's Immortal martyrs .More than 1000 people were screened, evaluated, diagnosed and free medicine and diagnostics were also provided as per the requirements.

While interacting with the people Dr Sushil Stated that Cardiovascular disease (CVD) affects nearly half of all adults, who are 30% more likely to die of CVD (ie, coronary heart disease, heart failure, stroke, and peripheral artery disease) than the overall population .Prevention and manage-



ment of major CVD risk factors are key for addressing these persistent CVD disparities for promotion of cardiovascular health. Religiosity may improve health through several mechanisms.

He elaborated that Religiosity may improve stress levels and encourage people to live healthy lives, including the prevention of substance or alcohol abuse. Social support among believers may also provide positive effects on their health. Prayer and meditation as a part of religious activities may also be a form of relaxation. Individuals who have strong religiosity are significantly and likely to have favorable health habits for smoking, alcohol consumption, and exercise, as well as a better cardiovascular metabolic profile with the

exception of obesity. Standard modifiable risk factors for CVD are cigarette smoking, excess alcohol, physical inactivity, poor diet/nutrition, high blood cholesterol, obesity, diabetes mellitus, high blood pressure, and psychosocial stress (including depression, anxiety, and personality traits such as hostility) . Each of these risk factors is related in one way or another to Religiosity/Spirituality.

He maintained that Positive aspects include encouragement to live healthily, provision of mechanisms to regulate stress, and contribution to building a social support network .This could be the result of discouragement of alcohol consumption or encouragement by religious leaders to be physically active .On the contrary, a favorable inter-

actions with fellow members and religious doubts or discontent can induce increased psychological stress levels, which is a known risk factor for CVDs . These health behaviors can influence cardio metabolic conditions and subsequently CVD risk. Spirituality is more related to one's emotional self-regulation, which could lead to less stress and therefore lower chances of developing cardio metabolic conditions and CVDs. Support from social networks can also influence this emotional self-regulation, He Said. Management Committee of the Trust Saint Balak Yogeshwar Dass Ji Maharaj and Davinderjit Singh (Pintu) appreciated the efforts of Dr Sushil and his team for conducting Cardiac awareness cum health checkup camp at such far flung area with special emphasis on maintaining spiritual well-being which indirectly affects cardiovascular health

Others who were part of this event includes Dr Dhaneshwer Kapoor and Dr Yashwant Sharma . Paramedics and volunteers includes Raghav Rajput , Rajkumar , Paramveer Singh , Aman Gupta , Rajinder Singh , Gourav Sharma ,Vikas Kumar , Amandeep Singh, Nirvair Singh Bali and numerous disciple of the Trust .

## SKUAST- Jammu organized two days training programme under "Pilot project on Crop Diversification" at Udhampur

J1 NEWS SERVICE  
JAMMU, DEC 3

Two-days training program on Crop Diversification was organized for Agricultural Extension Officers by On-Farm Research, AICRP-IFS, Farming System Research Centre of SKUAST-Jammu, in collaboration with Department of Agriculture, Udhampur. This training was organized under the "Pilot Project for crop Diversification" funded by the Ministry of Agriculture, GOI. Dr. Ashok Kumar Gupta, Chief Scientist & PI of the project addressed the Agricultural Extension Officers regarding importance of crop diversification and agronomic management practices of diversified crops, Dr. N.P. Thakur, Chief Scientist & Co- PI of the project provide information about SSNM practices in Crop Diversification. Besides, Sh. Sanjay Anand



CAO, Department of Agriculture, Udhampur, gave information about Integrated Pest Management, Organic and Natural Farming approaches for various field and vegetable crops

and also state that the pilot project will be operated on about 100 hectares of land in different blocks of Udhampur district in which after interaction with farmers, tradition-

and Mr Kanik Kumar Bansal facilitated in the program. At the end of two days training Program Mr Dheeraj Rajwal presented the vote of thanks to the participants.



## Economic Offences Wing nabs absconding accused after 11 years: 19th arrest in recent crackdown

JINNEWS SERVICE  
JAMMU, DEC 3

Special team of Economic Offences Wing, Crime Branch Jammu apprehended accused absconder- Rahul Kumar Singh @ Rahul S/O Sh. Triguna Singh R/O Village Benaud, P.O. Sarahu District Chapra, Bihar A/P Sailqui Haripur District Dehradun, Uttarakhand after remaining at large for 11 years in case FIR No. 10/2013 U/S 420,465,467,468,471,120-

B/RPC r/w 5/2 PC Act SVT 2006 and Section 27 of Drugs and Cosmetics Act, 1940 registered with Crime Branch Jammu. After allegations were proved against the accused and other accused persons, charge-sheet of the case was produced in the Court of law on 20-06-2013 for judicial determination. However, the accused remained on a run to evade his arrest by changing his locations outside the UT of J&K. The Hon'ble Court of

law had issued arrest warrant U/S 512 Cr.PC against the culprit to bring him to justice.

After meticulous planning and well directed / coordinated efforts, the Special team of EOW-Crime Branch Jammu chased and arrested the absconder from Dehradun and produced him before the Court of law. This is the 19th arrest of the absconding criminals wanted U/S 512 Cr.PC in last 5 months.

## BEE ENN CARE Empowers Internship Students with Special Contact Program at General Hospital Complex



JINNEWS SERVICE  
JAMMU, DEC 3

Dr. Chand Trehan, Director BEE ENN CARE (The First Counsellor of UT of J&K) BEE ENN Charitable Trust, headed by Mr. Kunil Bhalla, in collaboration, launched a meticulously planned internship program for students in

Psychology, Sociology, Nursing, Educationists, and Teachers, aiming to focus on skill-building and contribute to the proficiency of counselors in the state.

The occasion was graced by professors from the University of Jammu and counselors from various departments. Chief

guest Mr. Kunil Bhalla felicitated the successful students, and the Guest of Honour, Dr. Sandeep Gupta, Assistant Regional Director IGNOU, also participated in the event.

Ms. Manpreet Kour Sodhi, a counselor from Jammu Sanskriti School, spoke on various childhood disorders.

## Viksit Bharat Sankalp Yatra camps held in Narwal Sabzi Mandi and Jamwal Chowk Channi Himmat in Jammu

JINNEWS SERVICE  
JAMMU, DECEMBER 3

Viksit Bharat Sankalp Yatra (VBSY) is progressing smoothly in Jammu city. VBSY camps were today held in Narwal Sabzi Mandi and Jamwal Chowk Channi Himmat. Inhabitants of the two areas and nearby surroundings joined the yatra in large numbers. Under the IEC campaign, camps were organised to offer services like free health checkups, on the spot facility to get new aadhaar cards issued and update the existing cards. The residents also came forward to get new LPG connections and Ayushman Bharat health cards issued, and loans sanctioned under PM SVANidhi scheme.

As part of nationwide campaign, the specially designed IEC (Information, Education, Communication) van through Multimedia content cre-



ated awareness among the general public about various programmes, schemes and initiatives of the Government of India to better people's lives especially in Jammu and Kashmir. On the occasion, a pledge - Viksit Bharat Sankalp - to make India a developed and self-reliant nation by the year 2047 - was administered to the participants. Viksit Bharat Sankalp Yatra, which was launched by Prime Minister, Shri Narendra Modi on

November 15, 2023, aims to reach out to public to create awareness and attain saturation of welfare schemes on sanitation, essential financial services, electricity, access to LPG cylinders, housing for the poor, food security, proper nutrition and reliable healthcare. The Campaign aims to cover over 2.55 lakh Gram Panchayats and over 3,600 urban local bodies by January 25, 2024, touching every district of the country.

## Abhay Bakaya demands revamp of developmental activities in Odina Transit Camp in Bandipora

JINNEWS SERVICE  
JAMMU, DEC 3

Apni Party Youth Wing, General Secretary, Abhay Bakaya today demanded revamp of developmental infrastructure in Odina Residential Transit Camp for the PM Package Employees in Bandipora.

In his press statement, Abhay said that the PM Package Employees were

allotted flats at Odina Camp by the authorities, but the camp has insufficient facilities for the residents. "The employees live with their families and children in these flats. However, the allottees have complained of shortage of grocery, drinking water supply, poorly managed road as it is not macadamized, and installation of railings in the

flats," he said, quoting complaints from the allottees. He appealed to the concerned department to seriously investigate the concerns of the allottees and improve the facilities. "The residents have demanded block wise availability of grocery and other basic amenities that are poorly managed in the residential transit camp/colony," he added.

## JKBS urges Govt to announce public holiday on Sri Guru Gyagi's birthday

JINNEWS SERVICE  
JAMMU, DEC 3

The Jammu and Kashmir Batwal Sabha (JKBS) held its monthly meeting in Guru Gyagi Ashram at Shahzadpur here today which was chaired by Shri Dilay Ram Kaith and attended by a large number of Batwal community members.

The meeting discussed the activities to be organised on the 127th Birth Day of Sri Guru Gyagi Ji



that falls on February 24, 2024.

It urged the Government of Jammu and Kashmir to announce public

holiday on this pious day so as to enable the employees and students to participate in the birth commemorative function.

## VNKM JK organizes Multilingual Mushaira dedicated to Guru Nanak Dev Ji



JINNEWS SERVICE  
JAMMU, DEC 3

Vrisht Nagrik Kavya Manch, J-K Unit Jammu organized a multilingual Mushaira at residence of Sh. R S Baroka, Trikuta Nagar today. The poets of different languages presented their poetry dedicated to Guru Nanak Dev Ji and his teachings. S. Jagjeet Singh Sudan, a scholar on Sikhism was the chief guest on this occasion whereas Sh. R S Baroka was the special guest. S. Ajit Singh Mastana, a noted Ghazal writer & former President JK Punjabi Sahit Sabha, Srinagar presided over the programme.

While expressing his views on the presenta-

tion and conduct of the one programme S. Ajit Singh Mastana said that the teachings of Guru Nanak Dev Ji guide us to keep away from the discrimination on the basis of class, creed or religion. He appreciated the quality poetry recited by the poets of different languages. S. Jagjeet Singh Sudan and S. R S Baroka also expressed their views on this occasion.

Earlier Smt. Amarjeet Kour, President VNKM/JK welcomed the guests and participants of the programme. In her welcome address she gave a brief of the monthly activity of the Manch.

The poets who recited their poetry in the programme included Sharan

Kour, Davinder Kour, Veena Tandon, Surinder Safal, Dr. Gurpreet Kour, Ratan Singh Kanwal, Devinder Singh Dhanjal, M S Kaamra, Rajni Kapoor, Simranjit Kour, Bhupinder Singh Bhargav, Amarjeet Kour Neer, Suraj Ratan Bakshi, Bachan Bharti, Jang S. Verman, and Ajit Singh Mastana. These poets presented poems of different genres on different topics & themes dedicated to Guru Nanak Dev Ji on the eve of Parkash Utsav of Guru Nanak Dev Ji. A Langar was served after the programme.

The proceedings of the programme were conducted by Dr. Gurpreet Kour. Smt. Amarjeet Kour Neer extended the vote of thanks.

## BJP Sweeps Elections in Madhya Pradesh, Rajasthan, and Chhattisgarh: A Resounding Victory

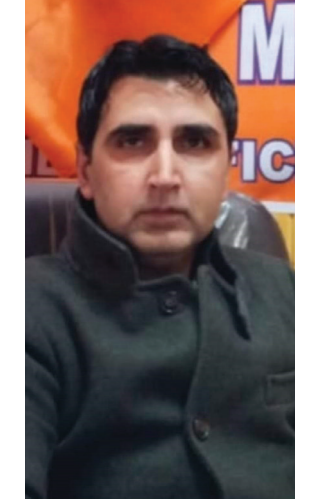
JINNEWS SERVICE  
SRINAGAR, DEC 3

In a resounding triumph, the Bharatiya Janata Party (BJP) secured a sweeping victory in the recently concluded elections in Madhya Pradesh, Rajasthan, and Chhattisgarh. The electoral landscape witnessed a significant endorsement of the party's policies and leadership.

The BJP's exemplary performance underscores the trust and confidence reposed by the electorate in the party's commitment to development, good governance, and inclusive policies. The party's unwavering focus on addressing the needs of the people resonated strongly across these states.

Senior BJP leader, and chief spokesperson for party's Minority Morcha, Hilal Jan, extended warm greetings to the party high command and applauded the visionary leadership of Prime Minister Narendra Modi. Jan expressed gratitude for the collective efforts that contributed to this historic win, emphasizing the tireless dedication of party workers and the strategic acumen of the leadership.

"We are humbled by the overwhelming support



received from the people of Madhya Pradesh, Rajasthan, and Chhattisgarh. This victory is a testament to the transformative vision of Prime Minister Modi and the hard work of our party members. We are committed to fulfilling the aspirations of the people and ensuring a brighter future for the citizens of these states," remarked Hilal Jan.

The BJP remains steadfast in its commitment to delivering on promises, fostering development, and promoting a harmonious and progressive society. As the party celebrates this electoral triumph, it looks forward to continuing its work towards the overall welfare and prosperity of the people.

## BJP leader foresees 2024 victory, emphasizes Sanatan Dharma Triumph



JINNEWS SERVICE  
JAMMU 3 DEC

Speaking to journalists today, Hindu nationalist BJP leader Shri Raju Chandel emphasized the impressive victory of the Bharatiya Janata Party (BJP) in the state assembly elections as a triumph of Sanatan Dharma. He stated that the Sanatani Hindus have now awakened, and the assembly elections were just a preview, with the real test in the upcoming 2024 Lok Sabha elections.

Shri Chandel declared that in the 2024 Lok Sabha elections, the opposition will be completely wiped out, leaving no one even to mention their name. He accused the opposition of attempting to eradicate Sanatan Dharma from India, asserting that India is a land of Hindus and will always remain so. He looked forward to the establishment of Ram Rajya and the inauguration of the grand palace-temple of Lord Shri Ram on his birthplace on January 22, 2024, after thousands of years. He emphasized that all Sana-

tanis have vowed to bring in those who brought Ram and that the cities of Vishwanath Baba Bholenath, Mathura, and Kashi are soon to be reclaimed by Sanatanis.

Chandel expressed confidence that in 2024, the BJP would once again form the government in the Lok Sabha, with millions of Sanatani Hindus unitedly voting for the BJP. He reiterated that the state assembly elections were just a glimpse of what is to come in the Lok Sabha elections.

Regarding Prime Minister Narendra Modi, Chandel stated that those who called him unlucky have proven to be unlucky themselves, both for their party and their families. He praised Prime Minister Modi as a protector of Dharma and a true son of Mother India, whose legacy will never be diminished. He warned that those who called Modi unlucky should leave the country or face humiliation in the 2024 Lok Sabha elections, where they would not even be able to show their faces to the public.

## JK Congress thanks people of Telangana, to redouble efforts to expose BJP on J&K

JINNEWS SERVICE  
JAMMU, DECEMBER 3

JKPCC has said that the victory of the party in Telangana is an encouraging factor, although the election results of Chhattisgarh, Rajasthan and MP are not on expected lines and even against the media projections & exit polls, too but the party will redouble efforts to expose BJP's policies & stage come back.

Telangana results, the second after Karnataka have closed the South window for BJP, however the party shall analyse the results at various levels in due course, as there are several local and state level factors which dominate results in the state elections and the issues of state and general elections are quite different, said JKPCC Senior Vice President and party's media incharge.

He also expected victory of the party in the Mizoram, the counting of results of which are awaited. The party leadership and workers have tirelessly worked & a very aggressive campaign was carried out in the five states against the several factors against the might of ruling party.

The leadership has already thanked the people of different states who reposed faith in the Congress party and also the party workers for the tireless work & said that party workers will work harder to ensure victory of the party in the next election's including in Jammu and Kashmir, where people are totally fed up with BJP's policies and programmes and denial of democracy & democratic rights to the people and failure of restoration of statehood besides large scale unemployment and unprecedented price hike.

## One day awareness camp organized by CD Jammu



JINNEWS SERVICE  
JAMMU DECEMBER

One day awareness programme was held at Carmel Convent High Secondary School Kunjwani Jammu, which was organized by Civil Defence, Jammu under the supervision of Dy.SP, Anita Pawar, Dy. Contoller Civil Defence Jammu. The awareness programme was attended by 150 students including girls student of the School. Awareness about the basic knowledge of First Aid, CPR, Chocking, Fire fighting especially on drugs addiction were given by the Civil Defence expert to the students. During the programme demonstration on the above said topics was also presented by the Civil Defence

team. The main aim of the awareness programme was to educate students with regard to preventive measures during natural or Man-made disasters.

On the occasion Dy. SP. Anita Pawar delivered valuable lecture on the topics of Disaster Management and highlighted the role and importance of Civil Defence organization. Sr. Maria Swati, Principal of the School appreciated the role of Civil Defence in spreading awareness about disaster management.

Besides Sh. Paramjit Kumar Chief Warden CD Jammu, Sh. R. Vijay Magotra Dy. Chief Warden CD Jammu, Sh. Sandeep Bhat Sector warden CD Jammu, and other staff of the School were present on the occasion.



# Cultural programme Meeras organised by SKLCWS in Collaboration With JKAACL at Tagore Hall, Srinagar



J1 NEWS SERVICE  
SRINAGAR, DEC 3

Shahr e Khaas Literary & Cultural Welfare Society in Collaboration with Jammu & Kashmir Art Culture And Languages & Angel's Cultural Academy conducted a one day grand cultural programme "MEERAS."

The youth Cultural Event was held at Tagore Hall with an aim to encourage youth towards Kashmiri culture and arouse their passion to protect it and inspire more people towards its beauty. A large number of youth participated in the event with full of zeal and zest. Many segments were presented to people which includes Folk songs, Drama, Ladishah, Mimicry, Sufi Songs, Rouff and Folk Dance etc, presented by the participants. Students from different schools partici-

pated who waited all day in auditorium in a chilling cold for an opportunity to get a chance to speak on about to extinct kashmiri culture. They belonged to Radiant public school, Alamdar Memorial Institute Chawalgam Kulgam, Spring Buds Educational Institute Ompora Budgam, New Career Convent School Habba Kadal Srinagar & PG Girls Hostel Bemina Srinagar. The students of Spring buds school ompora enthralled on the stage after highlighting kangir, samavar and other different stuffs belonging to Kashmiri culture. They depicted the daily chores of Kashmir and made people realise how beautiful it would have been appeared before the introduction of western culture which has done a huge damage to our ethnic culture, have left very few kashmiri speak-

ers and handful number of people to practice kashmiri culture, unfortunately. The grand daughter and grandson of renowned poet Shad Ramzan Syed Bakhtawar Shah and Syed Hoor shah both threw light on the same topic, Syed Bakhtawar Shah amazed people when letting them about the touch of important personalities with kashmir including the father of ayurveda Patanjali, he also claimed that kashmiri culture is older than harappa and indus valley civilization, Syed Hoor Shah expressed the beauty of being kashmiri citizen and said we should be proud of it. Kalaam e raheem sahab was beautifully performed by Affan Firdous and his party. Gojri performance was also performed by the students of PG Girls hostel bemina Srinagar though the language was

not easily understood by audience but the students were appreciated for showcasing their performance, it makes us realise how much beautiful and colourful is our kashmiri culture. Peaceful Musical Group Srinagar, Shahnai Group from kulgam and Lotus Cultural Group also left an impression over the minds of the audience with their stunning performance. Artists from Angel's cultural academy also performed on stage. They played a skit in which they showed how westernization has effected youth and made them to become heedless towards their ethnic culture and language and raised a request to youth to nook and corner of Kashmir to come back to their culture and feel proud of practicing it. GM Bujjal, Sabzar Shiekh, Tabasum Rehman, Mr. Sahil Bashir,

Arsalan Yousuf and Mr. Tariq Ahmad Shera also performed on stage, they intended to show how kashmiri culture is mocked nowadays by youth who are utterly inclined to Western culture be it language or a way of dressing and they handfoldedly requested youth and called them back to it. They suggested schools should play an important role in promoting culture by engaging their students in different activities related to the kashmiri culture. The audience was delighted with the performances and were thankful to the organisers for organising such a vibrant program and asked to engage more youth in such programs and continue to organise such fruitful programs in future because it is high need of time. An urge is felt to organise such programs because most of youth are impressed by western culture who are

unaware of the beauty of their own culture. Meanwhile, Khawaja Farooq Renzu Shah was the Chief Guest on the occasion. Dr Farooq Anwar Mirza, Firdous Ahmad Dar (Owner of DFA Builders & Royah-The Bridal Store), Dr. Syed Iftikhar Ahmad, Dr. Mohammad Rafeeq Khan, Ajaz ul Ramzan & other dignitaries were also present on the occasion as Special Guests, they appreciated Mr. Tariq Ahmad shera for staying steadfast on the way of promoting the kashmiri culture by every possible means and inclining more and more youth in it. This program was hosted by Best Motivational Speaker Junaid ul Islam. A large number of eminent artists and other persons from Kashmir also graced the occasion. Khawaja Farooq Renzu Shah hailed the artists for the outstanding performance and awards were distributed

among the participants, Dignitaries, Sponsors & Media persons during the conclusion of programme which includes Sadiq Tariq a wushu champion, Ayan Sajad a singer, Arfat also known as Rap Kid Arfat a rapper, Umar Farooq Bhat a social activist, Anis Bhat young entrepreneur, Imran Badhana, Jameel Ansari, Dr. Shugufta khalidi, Simnan Ishtiyag Mir, Peerzada Masarat Shah, Firdous Ahmad Shakhshaz, Abdul Gani Shakhshaz, Mohammad Ishaq Mir, Hashir Afnan, Tanveer Ahmad Dar, Sheikh Anwar ul Hak, Mr. Tariq Ahmad Shera, Junaid Ul Islam, Firdous Ahmad Dar, Shabir Ahmad Mir and many others. President of Angel's Cultural Academy & SKLCWS Mr. Tariq Ahmad Shera while giving a special vote of thanks to dignitaries, participants and guests, he also wholeheartedly thanked Secretary

of tourism and culture Dr. Syed Abid Rasheed Shah (IAS) for his unconditional support towards programmes which are exclusively and especially held for culture, the mission of promoting culture is taken to heights under the excellency and supervision of Dr. Syed Abid Rasheed (IAS). He also said that more such programmes will be organised in future. This programme was Sponsored by J&K Bank, Kulhad Chai, DFA Builders, Royah-The Bridal Store, Jee Enn Sons, Modern Hospital, Jewel Souk & Color Curve & Media Partner's are Nida e Kashmir, Asian Mail, Daily Gadiyal News, Kashmir Thunder, Kashmir Headlines, Valley Headlines, Daily Afaq, Gawah Express, Weekly Kashmir Express, The Weekly Shaherbeen, Heaven Mail, Buzz Bytes, Tameel i Irshad, New State reporter, ANN News, ANS News & Daily Zamindar etc.

## OFFICE THE EXECUTIVE ENGINEER PWD (R&B) DIVISION UDHAMPUR

### SHORT NOTICE INVITING TENDER

e-NIT No. 154 of 2023-24 Dated 30.11.2023

For and on behalf of the **Lieutenant Governor, Union Territory of Jammu and Kashmir** e-tenders are invited on **percentage basis** from approved and eligible Contractors registered with Union Territory of J&K, CPWD, Railways, MES and other State/Central Governments for each of the following works:-

S. No.	Name of Work	Advertised Cost (Rs. in lacs)	Cost of document (in Rs)	Earnest Money	Time Allowed for completion	Class of Contractor	Head of Account
1.	2.	3.	4.	5.	6.	7.	8.
1.	Const. of side drain from H/o Mohd. Akbar Khanday to Printing press adjoining wall at MH Wall W. No. 11 Udhampur	0.84	600/-	@2% of advertised cost	30 Days	"D"	GIA
2.	Construction of drain from H/o Suram Chand onwards W. No. 14 Udhampur	0.52	600/-	@2% of advertised cost	30 Days	"D"	14 <sup>th</sup> F.C

Position of AAA:- Accorded  
Position of T.S:- Accorded  
Position of Funds:- Available

The Bidding documents Consisting of qualifying information, eligibility criteria, specifications, Drawings, bill of quantities (B.O.Q), Set of terms and conditions of contract and other details can be seen/downloaded from the departmental website <http://iktenders.gov.in> as per below schedule:-

1	Date of Issue of Tender Notice	30-11-2023
2	Period of downloading of bidding documents	From 01-12-2023 to 07-12-2023, 1800 Hrs
3	Date, Time and place of pre-bid meeting.	-
4	Bid submission Start Date	01-12-2023 from 900 Hrs
5	Bid Submission End Date	07-12-2023 up to 1800 Hrs
6	Date & time of opening of Technical Bids (Online)	08-12-2023 on or after 1200 Hrs in the Office of Executive Engineer PWD (R&B) Division, Udhampur.
7	Date & time of opening of Financial Bids (Online)	To be notified after technical bid evaluation is completed.

- Bids must be accompanied with cost of Tender document in shape of **e-challan through Treasury indicating Treasury Voucher No. & date, name of work duly crediting to 0059 (Revenue) favoring Executive Engineer PWD (R&B) Division, Udhampur uploading a copy of treasury challan and EMD/Bid Security in the shape of CDR/FDR (The date of Treasury Challan/ Bid Security/Affidavits between date of start of bid submission and bid submission end date) duly pledged to Executive Engineer PWD (R&B) Division, Udhampur** as mentioned in the bid documents. The earnest money of the unsuccessful bidder shall be released only after submission of Treasury Challan.
- The electronic bidding system would not allow any late submission of bids after due date and time as per server time. Bidders may modify their bids by uploading their request for modification before the deadline for submission of bids. For this, the bidder need not make any additional payment towards the cost of tender document. For bid modification and consequential re-submission, the bidder is not required to withdraw his bid submitted earlier. The last modified bid submitted by the bidder within the bid submission time shall be considered as the bid. For this purpose, modification/withdrawal by other means will not be accepted. In online system of bid submission, the modification and consequential-submission of bids is allowed any number of times. The bidders may withdraw his bid by uploading their request before the deadline for submission of bids; however, if the bid is withdrawn, the re-submission of the bid is not allowed. No bid shall be modified or withdrawn after the deadline of submission of bids.
- The date and time of opening of Financial-Bids shall be notified on Web Site [www.iktenders.gov.in](http://www.iktenders.gov.in) and conveyed to the bidders automatically through an e-mail message on their e-mail address. The **Financial-bids of Responsive bidders** shall be opened online in the **Office of Executive Engineer PWD (R&B) Division, Udhampur**. The date for same shall be intimated separately. No:- \_\_\_\_\_

Dated:- 30.11.2023

Executive Engineer  
PWD (R&B) Division  
Udhampur

DIP/J-12008/23  
Date: 2-12-23



## OFFICE OF THE DEPUTY CONSERVATOR OF FORESTS AGROSTOLOGY WING, FOREST DEPARTMENT, SIDHRA

Contact:- 0191-2662672

Email:- [dcfagrostology@gmail.com](mailto:dcfagrostology@gmail.com)

### Publication of e-tender .

E-NIT No.49 of 2023-24 dated 29-11-2023 The e-NIT titled erection of fencing & Plantation at Ramnagar in Billawar Agrostology Range, Agrostology wing, Jammu under HADP Scheme 2023-24.

Publishing Date	29-11-2023
Download Start Date	29-11-2023
Bid Submission Start Date	29-11-2023
Bid submission End Date	13-12-2023 4:00 PM
Date of opening of Technical Bid (Online)	14-12-2023 from 12:00 PM (in the Office of Conservator of Forests, Agrostology circle, Sidhra By pass Jammu).
Date of opening of Financial Bid(online)	14-12-2023 from 12:30 PM (in the Office Conservator of Forests, Agrostology circle, Jammu).

E-NIT No.50 of 2023-24 dated 29-11-2023 The e-NIT titled erection of fencing & Plantation at Athialta in Billawar Agrostology Range, Agrostology wing, Jammu under HADP Scheme 2023-24.

Publishing Date	29-11-2023
Download Start Date	29-11-2023
Bid Submission Start Date	29-11-2023
Bid submission End Date	13-12-2023 4:00 PM
Date of opening of Technical Bid (Online)	14-12-2023 from 12:30 PM (in the Office of Conservator of Forests, Agrostology circle, Sidhra By pass Jammu).
Date of opening of Financial Bid(online)	14-12-2023 from 1:00 PM (in the Office Conservator of Forests, Agrostology circle, Jammu).

E-NIT No.51 of 2023-24 dated 29-11-2023 The e-NIT titled erection of fencing & Plantation at Upper Pota, in Poonch Agrostology Range, Agrostology wing, Jammu under HADP Scheme 2023-24

Publishing Date	30-11-2023
Download Start Date	30-11-2023
Bid Submission Start Date	30-11-2023
Bid submission End Date	14-12-2023 4:00 PM
Date of opening of Technical Bid (Online)	15-12-2023 from 12:00 noon (in the Office of Conservator of Forests, Agrostology circle, Sidhra By pass Jammu).
Date of opening of Financial Bid(online)	15-12-2023 from 12:30 PM (in the Office Conservator of Forests, Agrostology circle, Jammu).

Sd/-  
Deputy conservator of forests  
Agrostology wing, Forest Deptt.  
Jammu

DIP/J-12009/23  
Date: 2-12-23



## Sadhguru Madhuparamhans Ji Maharaj Enlightens Sangat on the Path of Devotion and True Saint Worship



J1NEWS SERVICE  
JAMMU, DEC 3

Sadhguru Shri Madhuparamhans Ji Maharaj of Sahib Bandgi, while delighting the Sangat with the nectar of his sermons during the satsang in Satwari, Jammu today, said that the saints have always been condemned. The slanderer can go at any cost. It has been happening, it will keep happening. Great men dealt a severe blow to evil practices. The section whose interests were harmed protested. Don't worry about criticism. In devotion one has to endure all this. There is condemnation that their business comes to a halt. There can be no devotion as long as there is connection with the caste of the world. For true devotion one has to rise above these things.

Sahib ji said that Guru is the main person in the stream of sainthood. In the rest of devotion the Guru is only a silent spectator. Now the prob-

lem was that everyone added the word saint to their gurus. They don't even know. I don't know what a Sadguru is, what a saint is. He became a sage, sage, tantric and yogi. He is also being called a saint. Sahib is saying that even Gorakhnath could not differentiate between the body. This body is immeasurable. Then what else to talk about? Some Sahib is saying from his earnings that even Gorakhnath could not differentiate between body types. This body is immeasurable. Then what else to talk about? No one can attain that power by his own earnings. Saints do not have their own earnings. Sahib is saying that there are many people who meditate, but there is only one who serves the Guru.

Like the person opposing you only blames you. Quality speaks little. In this way, that section has not mentioned even a single quality of Kabir Sahib. So that people

don't go that way. This has been happening.

When Pandavas performed Yagya, they provided food to thousands of sages and yogis. But the bell for the completion of the Yagya did not ring. When Vasudev Krishna meditated, he said that not a single saint had eaten food in this yagya. Everyone was shocked. Provided food to so many sages. Then he said that Sapacha Sudarshan has not been invited. feed him. He was a disciple of Kabir Sahib. When he had food, the yagya bell rang and the Pandavas' yagya was completed.

Paltu Sahib is also saying who should be worshipped. In this word he took all the trinity, 33 crore gods. Then said that the saint is the greatest. His worship alone gives liberation. Kaal Niranjani who is going to swallow everyone is afraid only of the saint.

The rules we are telling you to follow strictly. Speaking the truth, not

eating meat, not drinking alcohol, not stealing, living a virtuous life, eating rightful earnings, not gambling, worshipping a man of truth. This devotion to the Satya Purusha will be achieved through devotion to Saint Sadguru. Saints are his mirror. These rules are going to make you a saint. They have no place in the true devotion of the saints.

Sahib ji said that when the soul is realized then this world becomes void. The world is becoming meaningless due to ignorance. Saying this will baffle the minds of great intellectuals. Like the dream state is a foolish state. In dreams, man does such things, which he cannot do at any cost in waking life. The reason for that foolish state is that everything appears to be true. In this way, when the soul gets mixed with the five physical elements and the body, the world appears true. Actually this is not true, it is like a night dream.

## GDC Udhampur start winter charity week under the theme "Kill The Chill"

J1NEWS SERVICE  
JAMMU, DEC 3

"Nothing can be greater than the service of the Poor and Needy, that's the noble Dharma that we must follow ever" Patron Prof. (Dr.) Romesh Gupta, while addressing the staff and volunteers.

In the continuum of the league of programs in Azaadi ka Amrit Kaal during the year of G20 presidency of India, and following the age old tradition of Sarve Bahvantu Sukhinah, the NSS Units of the College in collaboration with Red Cross and Red Ribbon under the Patronship of Principal Prof. (Dr.) Romesh Gupta and supervision of NSS PO's Dr. Gupreet Kour and Prof. Sanjeet Singh started a 'Winter Charity Week'. As winters have approached and the chill is increasing, the NSS Units have geared up to organize the Charity Program under the Theme 'Kill The Chill'. During the entire campaign the NSS Volunteers of the College will collect and distribute warm clothes, blankets, shoes, socks etc. for the Poor victims of Pancherri landslide, occurred on 2015, which includes approximately 40 families having 185 members accommodated in the 'Community Hall' of the Sui, a village adopted by the NSS Units of the College. The event was inaugurated on 2nd December 2023 by Worthy Principal Prof. (Dr.) Romesh Gupta along with NSS POs Dr. Gupreet Kour and Prof. Sanjeet



Singh by donating warm clothes to the volunteers and further followed by staff members and volunteers. The clothes would be collected for another four days after which those would be distributed amongst the need victims of the Suddal landslide. Speaking in the Occasion the Patron Prof. (Dr.) Romesh Gupta apprised all that the Aim

of the event is to provide some relief to the Poor migrants of Pancherri landslide in which the victims of Suddal area residing in Sui village so that they could bear with the approaching chill of December and January. He further added that this is also a campaign to inculcate habit of helping the poor and needy amongst the youth of our

college in particular and country in general. He was of the view that these activities have lessons for life. The program was attended by a large no of volunteers and members of the staff of the College.

Dr. Gurpreet Kour looked after the proceedings of the event, while Prof. Sanjeet Singh presented the vote of thanks on the Occasion.

## Inter-School GK Quiz Competition on G20: KPS Kathua Secures First Place

J1NEWS SERVICE  
JAMMU, DEC 3

The school hosted an Inter-School GK Quiz Competition under the Sahodaya flagship based on the G20, where students from various schools participated with great enthusiasm. The competition was tough, and the children held their nerve, contesting keenly. The students not only gained knowledge but also enjoyed answering the diverse questions compiled for them.

The event was graced by Dr. Jasmeet Kour (Assistant Professor in BioTechnology, GDC Udhampur) as the Chief Guest, Rajesh Rathode - President Sahodaya Schools Complex and Principal JK Public School, Kunjwani who presided over the event and Shivani Vaid Sharma (Headmistress - The Shri Ram Universal School) as an adjudicator. In total 16 teams from different schools participated enthusiastically. The winner of the event was KPS, Kathua, second prize



was won by Birla Open Minds and third prize was clinched by JK Police Public School.

The judge announced the results, congratulated the students on their grand success, and wished them a bright future in their forthcoming quizzing endeavors. The Chief Guest, in her words of wisdom, mentioned that such events are highly competitive, helping students grasp the fundamentals of this global initiative. This quiz serves as

an informative tool and encourages students to explore and understand the significance of the G20 in shaping the world's economic landscape. It is a valuable resource for educators and students alike, fostering awareness and interest in international affairs.

The questionnaire was diligently prepared by Randeep Kour (PGT Political Science), Arun Salaria (PGT-Sociology) Deepika Manhas (PGT History), Jasmininder Kour (PGT Geogra-

phy), and Sunny Kumar (H.O.D Computers).

Rohini Aima -Principal cum Vice Chairperson, in her address, stated that the school aims to empower students with essential knowledge about the G20, promoting awareness, and encouraging them to actively participate in discussions about the world's economic future. She congratulated the winners and conveyed gratitude to the dignitaries and Principals of different schools for their participation.

## Kavi Sammellan held in the memory of Late Mansa Ram Sharma

J1NEWS SERVICE  
HIRANAGAR, DEC 3

8th dogri kavi-sammellan in memory of Late Sh Mansa Ram Sharma 'Chanchal' a great Hindi writer of J&K and son of the soil was organized at Bhagwan Shree Parshuram Dham Gurah Mundian by Bhagwan Shri Parshuram Dham Mandir Management Committee Gurah Mundian in collaboration with Sabras Sahitya Sangam Kathua(registered).

Kavi-sammellan was organized in collaboration with Jammu and Kashmir Academy of Art Culture and Languages Sub Office Katha. The function was presided over by Dr Mrs. Pragya Khanna, Principal of Girdhari Lal Dogra Memorial Govt Degree



College Hiranagar. In the dogri poets namely S/Sh Bishan Singh 'Dardi', C S Kaatal, Sat Pal Garwalia, Madan Lal Toofan, Thakur Khajoor Singh, R.S Kaatal, Naresh Kumar, Hasya-kavi

Vijay Kumar Sharma, Tilak Raj Sumbria, Mangal Dass Dogra, K.P. Kippy, Saroj Bala, Dr. Guru and Sham Lal Khajuria recited their dogri poems. Sh.R.S. Kaatal compared the proceedings. At the start, rich

tributes were paid to late Sh Mansa Ram Sharma 'Chanchal' a great literary personality and son of village Gurah Mundian by garlanding his photo. Students of Ambica Public School Gurah Mundian in their colorful dress performed Saraswati -bandana and sung beautiful bhajan in praise of Bhagwan Rama. Professor Daya Vilas, retired Principal of Degree College and Sh. Ram Pal Sharma, President Brahman Sabha Hiranagar were Guest of Honours on the occasion whereas Sh. Narotam Sharma, a retired IRS officer was special invitee. Many educated and elite persons of the surrounding villages were present in the kavi-sammellan who praised the presentations of the poets.

## International Seminar held at SMVDU

J1NEWS SERVICE  
JAMMU, DEC 3

One Day International Seminar on "Green building: Sustainable Business for Cleaner and Greener Environment" was organized by the School of Mechanical Engineering, Shri Mata Vaishno Devi University (SMVDU), Katra. Dr. Varun Dutta and Dr. Sanjay Sharma, Assistant Professors at the School of Mechanical Engineering and the Convener and Co-

convener of the program respectively, provided a comprehensive overview of the webinar's objectives. The primary aim of this seminar was to acquaint the participants to explore the Green building practices and sustainable development policies. The inaugural session of the online seminar was graced by Dr. Balbir Singh, Dean, Academic Affairs, Dr. V.V. Tyagi, Dean, R&D and Prof. M Eswaramoorthy, Head, School of Mechanical Engi-

neering, who inspired the participants, which include academicians and industry personnel from Indian and abroad, to delve into the diverse importance and potentials of Green Buildings. Esteemed speaker, Dr. Pankaj Mehta, Senior Faculty member, Department of Environmental sciences, Centre University of Jammu, spoke on various aspects of Green buildings and their design aspects. He emphasized that the green building

has enormous potential to combat climate change. At the end, Dr. Sanjay Sharma, co-convener of the program, expressed his heartfelt gratitude during the vote of thanks. The coordinators extended their appreciation to the Hon'ble Vice-Chancellor of SMVDU, Professor Pragati Kumar, and Sh. Ajay Kumar Sharma (JKAS), Registrar of SMVDU, for their invaluable support in successfully organizing this enriching seminar.

J1NEWS SERVICE  
JAMMU, DEC 3

Shri Kailakh jyotish avim Vedic Sanathan trust President Mahant Rohit Shastri and trust trustee Deepak Gupta Meet Additional Secretary in the office of the Lieutenant Governor of Jammu and Kashmir, currently Director of Directorate of Information and Public Relations (DIPR) of Jammu Kashmir and Jammu and Kashmir Tourism Development Corporation (JKTDC) MD of JKTDC, Minga Sherpa (IAS) at Raj bhavan Jammu and informed him about the social work being done



by the trust to promote Devvani Sanskrit language and presented magazine "

kartavya Marg". On this occasion, Mahant Rohit told them

that all the ancient temples of Jammu and Kashmir should be brought on the tourism map, tourists will get acquainted with the history of religious places by coming on the tourism map of temples, religious places will be developed, people will get employment and the economic condition of u.t will be strong.

On occasion Deepak Gupta said that under the representation of His Excellency Lieutenant Governor of Jammu and Kashmir Manoj Sinha, the U.T is moving forward on the path of development everyday.



# Mega Event organised at Rajouri to commemorate Int'l Day for Persons with Disabilities

J1 NEWS SERVICE  
RAJOURI, DECEMBER 3

The District Administration Rajouri, in collaboration with the Social Welfare, Health and District Legal Service Authority today organized a grand program to commemorate the International Day of Persons with Disabilities. The event aimed to raise awareness about the challenges faced by persons with disabilities and promote their rights and inclusion in society.

The event was presided over by Deputy Commissioner, Vikas Kundal. The theme for this year's International Day of Persons with Disabilities is "United in Action to Rescue and Achieve the SDGs (Sustainable Development Goals) for, with, and by Persons with Disabilities." The theme emphasized the importance of collective efforts to address the needs and aspirations of persons with disabilities.

Several speakers took the stage to address the audience and shed light on the significance of the day.

Deputy Commissioner, Vikas Kundal, reiterated the unwavering commitment of the Government to ensure the welfare of persons with disabilities. He highlighted the numerous measures implemented by the government to support and empower



persons with disabilities.

Among the measures mentioned by the Deputy Commissioner were financial assistance in the form of pensions, free education, free medical treatment, free travel facilities, vocational programs, and other essential services. These initiatives have significantly contributed to the well-being and improved the quality of life for a large number of persons with disabilities in the district.

Vikas Kundal further emphasized that the Government has taken special measures to promote the socio-economic empowerment of persons with disabilities. Efforts are being made to create an inclusive environment where persons with disabilities can actively participate in society and contribute to its progress.

Advocate Ashfaq Lone

explained the legal rights and special measures being taken by the Government to realize the goal of socio-economic empowerment of persons with disabilities.

Speaking at the commemoration of the International Day for Persons with Disabilities, District Social Welfare Officer, Abdul Rahim, shed light on the multitude of welfare measures being implemented by government departments in the district to support persons with disabilities. These measures encompass a wide range of initiatives, including the provision of pensions to ensure financial assistance, the distribution of prosthetic aids to enhance mobility and independence, and other essential support services. He also informed that 9781 specially abled persons are taking benefits under

disability pension from the social welfare department while 216 scooties have been distributed during this financial year. He further added that 945 prosthetic appliances will be distributed among the specially abled persons soon in the district.

The International Day of Persons with Disabilities celebration in Rajouri has undoubtedly contributed to raising awareness, promoting inclusivity, and fostering a more empathetic and supportive community for persons with disabilities.

Later, momentos were also presented to the participating students as a symbolic recognition of their contribution and engagement during the International Day of Persons with Disabilities celebration in Rajouri. In addition to this, disability certificates were also distributed among the persons with disabilities.

The event was attended by the District Social Welfare Officer, Abdul Rahim, Executive Engineer PDD Rajouri, Mohd Rashid; Warden Pahari Hostel Rajouri, Vinod Sharma; TSWO Rajouri, Rahul Puri; Advocate, Ashfaq Lone, ENT, Surjeet Singh and others.

# Viksit Bharat Sankalp Yatra Amplifies Government Initiatives in Doda District

J1 NEWS SERVICE  
DODA, DECEMBER 3

District Doda witnessed a transformative stride amid the Viksit Bharat Sankalp Yatra, spreading awareness about numerous ongoing government initiatives for the region's holistic growth.

Across locations like Assar, Kastigarh, Bhaderwah, Bhalla, Thathri, and Changa blocks, the program educated locals about various developmental programs. The yatra united community members, leaders, and dedicated individuals, all committed to advancing national development.

This vibrant initiative not only showcased the diverse cultural heritage of the region but also provided a platform for different government departments to present their flagship schemes and services at stalls. The engaging cultural extravaganza and the presence of esteemed personalities and community leaders boosted enthusiasm among attendees, urging active participation in the nation's progress.

The yatra made its mark by visiting numerous panchayats like Chakka B, Bibrota, Kuddhar A, Kastigarh A, Butla, Nalthi, Rewara, Pranoo, Thathri A, MC Thathri, Thalorn, Samai, Shamthi, where residents responded with overwhelming enthusiasm. The events were enriched by the partici-



tion of government middle school students who delivered speeches on moral values and added vibrancy with captivating cultural programs.

At the Thalorn Panchayat Ghar in Changa block, a health checkup camp drew a significant crowd. Members of self-help groups highlighted the benefits of government-sponsored schemes like NRLM and PMAY, expressing gratitude to the Jammu and Kashmir UT government for extending these benefits to the community. Enthusiastic welcome of the yatra Van by locals and the airing of the Prime Minister's message on a big LED screen added fervor to the event. Similarly, at panchayat

Kuddhar A in Kastigarh block, various activities including pledge ceremonies, information on the Ayushman health card, and cultural programs were organized. The vibrant display of Viksit Bharat Sankalp's message by the Hon'ble PM on a big LED screen captured the attention of the attendees, fostering deeper awareness of government schemes.

The event at Panchayat Nalthi in Bhaderwah block was colourful and significant, witnessing the presence of beneficiaries of widows' pension and old age social welfare schemes. A health checkup camp and a quiz for students added value to the event. The LED screen

displayed crucial schemes like Jal Jeevan Mission, Ayushman Bharat Yojana, and PM Garib Kalyan Anna Yojana, emphasizing the government's commitment to these initiatives.

This mission of Viksit Bharat Sankalp Yatra underscores the importance of bringing government schemes closer to communities, igniting a spirit of development. Frontline workers actively participated, strengthening the impact of this public outreach. Expressing gratitude, the Nodal Officer commended the participants, emphasizing the significance of the Viksit Bharat pledge taken by officials and attendees across all visited panchayats.

# MD JKRLM inaugurates Workshop on vision development programme

J1 NEWS SERVICE  
JAMMU, DECEMBER 2

Mission Director, Jammu and Kashmir Rural Livelihoods Mission (JKRLM), Indu Kanwal Chib, today inaugurated a five-day workshop for the officials of the Mission under the non-farm theme aimed at developing their capacity in implementing non-farm livelihoods generating programme at the block and district levels of JKRLM.

The workshop, facilitated by training modules developed by Kudumbashree NRO and drawn from field experiences in implementing various non-farm programs, aims to enhance staff competencies in program planning and implementation. The comprehensive training program fosters a holistic approach to non-farm initiatives within the organization.

Throughout this intensive training program, the staff will develop a clear understanding of non-farm programs and their expansion in respective blocks and districts. They will also conceptualize the role of strengthening community institutions, nurturing cadres for non-farm promotion, understanding different aspects of business, convergence, and establishing effective monitoring and documentation practices. By gaining an overall vision for non-farm programs and developing action plans, the staff will align with the overall vision of non-farm initiatives under NRLM (National Rural Livelihoods Mission).

On the occasion, Mission Director JKRLM stated that the intention and purpose of the work-



shop is to focus on nurturing community-based organizations in non-farm livelihoods and building their capacity to support entrepreneurs. In addition, resource mapping, the role of community-based organizations in startup support, and the management of facilitation centers will be explored.

By equipping the non-farm staff with the necessary skills and knowledge, Mission Director envisions to strengthen the overall implementation and impact of non-farm programs in Jammu and Kashmir, contributing to the Mission's mandate of poverty reduction and sustainable livelihoods promotion. The workshop highlights the mission's commitment to uplifting rural women and supporting rural self-help group women in becoming successful entrepreneurs, she added.

Emphasizing the significance of the workshop and the intention to benefit rural women immensely, MD encouraged the staff to take full advantage of

the program in order to have complete awareness and address the queries of women entrepreneurs. She also acknowledged the efforts put into strategizing, evolving, and rolling out this program, commending the team of the Mission and Kudumbashree NRO for their contributions.

Giving details, State project Manager non-farm livelihoods (SPM-NFL) Yasir Bhat said the workshop will continue for five days, during which the NRO experts from Kudumbashree will provide sectoral training to the staff, helping them scale up livelihood activities and rural enterprises.

It is to mention here that JKRLM, and Kudumbashree NRO (National Resources Organization) have entered into a partnership agreement to support the Micro Enterprise Development (MED) program in Jammu & Kashmir to create sustainable livelihood opportunities and promote economic empowerment for rural communities.

# DC leads Special Voter Enrollment Drive for Persons With Disabilities in Rajouri

J1 NEWS SERVICE  
RAJOURI, DECEMBER 3

As a part of the ongoing special summary revision and in a remarkable display of commitment towards inclusivity and empowerment, the Election Department today organized a special program in the Conference Hall of the PWD Dak Bungalow to enroll eligible specially abled persons as voters.

The event was presided over by the Deputy Commissioner, Vikas Kundal. The event witnessed an overwhelming response as 22 persons with disabilities were enrolled on the spot, with their application forms being received by the Deputy Commissioner himself. The program also aimed to raise awareness about the rights of persons with disabilities and encourage their active



participation in the electoral process.

The specially abled persons who enrolled as voters during the program exemplify the spirit of determination and active citizenship. By taking this important step, they have paved the way for their voices to be heard and their opinions to shape the democratic process. Their participation serves as an inspiration to others, highlighting the importance of being an active

and engaged member of society.

Deputy Commissioner Rajouri Vikas kundal, who is also the District Election Officer, expressed his appreciation for the enthusiastic response received from the specially abled individuals. He personally received their application forms, symbolizing the commitment of the Election Department to ensure a seamless and efficient enrollment process.

Deputy Commissioner

# Director Agriculture visits Interiors of Dal Lake

J1 NEWS SERVICE  
SRINAGAR, DECEMBER 3

Director Agriculture Kashmir, Chowdhury Mohammad Iqbal today visited interior areas of Dal Lake and interacted with the vegetable growers. Speaking to the vegetable growers, Director Agriculture reiterated department's commitment to provide every possible technical support to the vegetable growers of Dal Lake. He said the vegetables produced in the floating gardens of Dal Lake are different in various characteristics from the vegetables produced in other areas. He said different vegetables including Nadur (Lotus stem), Cauliflower, brinjal, eggplant, tomatoes, carrots, bottle guard and turnip of good quality are produced here.

# International Day of Persons with Disabilities observed

J1 NEWS SERVICE  
SAMBA, DECEMBER 3

Social Welfare Department Samba, in collaboration with District Legal Services Authority (DLSA) Samba and NGO Muskan Foundation, orchestrated a significant event to mark the International Day of Persons with Disabilities here today.

The event, held with the aim of raising awareness about welfare schemes and initiatives, saw active participation of the stakeholders committed to enhance the lives of divyangjans.

Director General of Police J&K, R.R. Swain; DIG, Jammu-Samba-Kath-



ua Range Shakti Pathak; DC Samba Abhishek Sharma; SSP Samba Benam Tosh; ADC Suresh Chander Sharma; District Social Welfare Officer Nawaz Sharief, Advocates Varsha Anthal and Tania Pargal, along with members of the Muskan Foundation Samba were the prominent guests.

DGP expressed commendation for the welfare

measures being implemented by the Social Welfare Department and District Administration Samba for divyangjans, acknowledging their significant contributions towards the well-being of the specially-abled community.

Earlier, District Social Welfare Officer, Nawaz Sharif, shed light on the diverse welfare schemes

being implemented by the Social Welfare Department, underscoring their pivotal role in uplifting the lives of divyangjans.

A representative from DLSA discussed the dedicated efforts being made by the legal Authority towards the welfare of specially-abled individuals.

The Muskan Foundation representative underscored the advantages of

the Nirmaya scheme for those affected by autism, cerebral palsy, multiple disabilities, and intellectual disabilities. Attendees were also briefed about their voting rights, enhancing their civic participation.

The event was attended by DGP J&K R.R. Swain, DIG Shakti Pathak Jammu-Samba-Kathua Range, Abhishek Sharma DC Samba, Benam Tosh SSP Samba, Suresh Chander Sharma ADC Samba, Nawaz Sharief DSWO Samba, Advocates Varsha Anthal and Tania Pargal (Defense Counsel), along with members of the Muskan Foundation Samba.