



# JINDRAH IMAGES



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## “LG’s Mulaqaat” Lt Governor interacts with citizens, addresses their grievances



**J1 NEWS SERVICE**  
SRINAGAR, JULY 31

Lieutenant Governor Shri Manoj Sinha today interacted with the citizens who had registered their grievances on JK1-GRAMS, during “LG’s Mulaqaat” at the Civil Secretariat.

The Lt Governor also reviewed action taken

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### I consider our tribal community as protectors of forests and the climate warriors: LG Sinha

**J1 NEWS SERVICE**  
SRINAGAR, JULY 31

Lieutenant Governor Shri Manoj Sinha inaugurated the two-day workshop on Pastoralism in Jammu Kashmir, today.

In his address on the occasion, the Lt Governor commended the endeavour of Tribal Affairs

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### Transformation of J&K UT in less than four years has been phenomenal: LG Sinha



**J1 NEWS SERVICE**  
SRINAGAR, JULY 31

Lieutenant Governor Shri Manoj Sinha addressed a roundtable discussion on development scenario in Jammu Kashmir, organised by India Foundation.

In his address, through video conferencing, the Lt Governor shared the stellar journey of Jammu Kashmir towards peace, prosperity and unprecedented development.

“The transformation of J&K UT in less than four years has been phenomenal. We have decimated discriminatory system prevalent for almost seven decades and implemented inclusive policies that

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## Amarnath Yatra completes one month; 4 lakh pilgrims perform darshan

**J1 NEWS SERVICE**  
JAMMU, JULY 31

The pilgrimage to holy Amarnath cave shrine has completed one month, with nearly 4 lakh devotees performing darshan of the Ice-Shivlingam.

Official sources told news agency, that since the commencement 3,97,272 pilgrims visited holy cave during last 31 days and preformed darshan of Holy Ice-Shivlingam of which 6,136 pilgrims paid obeisance till 5.00 pm on Monday (July 31).

Amid foolproof security arrangements and effective management, this year’s yatra outnumbered all the previous records.

This year many celebrities, including Badminten Champion Saina Nehwal, Sara Ali Khan and people from abroad visited the cave shrine and took blessing of Lord Shiva.

Prime Minister Narendra Modi also made a spherical mention about Shri Amarnath Ji Yatra during his recent Maan



ki Baat programme and praised the administration for the arrangements.

Lieutenant Governor Manoj Sinha has said that Amarnath Yatra pilgrims, coming from across the country and abroad, are now the brand ambassadors of Jammu and Kashmir.

Meanwhile, amid tight security arrangements, the 29th batch of over 1550 pilgrims including 1165 Male, 354 Female, 07 Children, 19

Sadhvis and 05 Sadhvis left the Bhagwati Nagar base camp, Jammu for Kashmir valley in a cavalcade of 66 vehicles under tight security arrangements.

The 62-day annual pilgrimage to the 3,888-metre-high cave shrine commenced from the twin tracks of Pahalgam in Anantnag district and Baltal in Ganderbal district on July 1. The yatra is scheduled to conclude on August 31. ■■■

## I-Day preparations: J&K Admin orders for decoration of all educational institutions, hoisting of national flag

**J1 NEWS SERVICE**  
SRINAGAR, JULY 31

The Jammu and Kashmir administration Monday ordered to decorate all educational institutions to be decorated with lights besides hoisting the national flag for Independence Day-2023 celebrations.

According to the news agency, Jammu and Kashmir Chief Secretary, Arun Kumar Mehta said this in a review meeting review for arrangements of Independence Day-2023 celebrations.

In the meeting, Mehta informed that the main Independence Day function shall be held at Jammu and Kashmir Cricket Stadium, Sonawar, Srinagar and Maulana Azad Stadium at Jammu.

“ADGP Security of Jammu and Kashmir divisions shall ensure fool-proof security arrange-



ments at all venues across the Union territory of Jammu and Kashmir and Inspector General (Traffic) shall devise a proper route and parking plan for the main events at Srinagar and Jammu,” Mehta said.

He said that no government employee shall avail leave on Independence Day, 2023, except under exceptional circumstances.

All employees shall invariably participate in the Independence Day celebrations.

“All government buildings and offices including Schools, Colleges, Universities, Urban Local Bodies, Panchayats, Blocks, Tehsils, Patwar Khanas etc. shall be decorated with lights and shall

hoist the National Flag on the respective buildings, offices and share videos of the same with the respective Divisional Commissioners,” Mehta said.

He said that it shall however be ensured that the national flag is hoisted in an appropriate and befitting manner having due regard to the flag code, for which purpose the Information Department shall generate awareness amongst all the stakeholders.

The Chief Secretary also said that the housing and urban development department and Department of Rural Development and Panchayati Raj shall ensure the participation of all public representatives of ULBs, DDS, BDCs and Panchayats in all the ceremonies.

He said that special ceremonies, including hoisting of national

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## Suspension of IPS officer Basant Rath to continue for further period of 180 days

**J1 NEWS SERVICE**  
SRINAGAR, JULY 31

The Ministry of Home Affairs on Monday said that Basant Rath, an IPS officer of AGMUT cadre, would continue to remain suspended for a further period of 180 days beyond 31.07.2023.

The Ministry of Home Affairs, in an order, said that the Central Review Committee, while reviewing the suspension of Basant Rath has taken into accounts facts and circumstances of the case in totality and recommended the extension of his suspension tenure for a further period of 180 days beyond July 31, 2023 i.e., upto January 27, 2024.

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## Foiled infiltration bid, one intruder killed: BSF

**J1 NEWS SERVICE**  
JAMMU, JULY 31

The Border Security Force on Monday said that a Pakistani intruder was shot dead by its alert troops along the International Border in Jammu division today.

A spokesperson of BSF told news agency that its troops gunned down the intruder when he ignored the repeated warnings and tried to flee after managing to cross the border fence near Jabowal border outpost in Arnia sector of Jammu district at around 1.45 AM today.

He said on the intervening night of July 30-July 31, the vigilant troops observed suspicious

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## J&K High Court quashes govt order to take over madrassas in Kishtwar

**J1 NEWS SERVICE**  
JAMMU, JULY 31

Jammu and Kashmir High Court has quashed a government order to take over some madrassas in Kishtwar district, saying an official order issued last year cannot be universally applied to all such institutions in the Union Territory.

Justice Sanjeev Kumar passed a three-page order last week after hearing a petition that challenged a July 3 order of the Kishtwar additional deputy commissioner, directing the management of Charitable Educational Trust

to immediately hand over the possession of their madrassas (Islamic seminaries) to the administration.

The petitioners informed the court that the impugned order was violative of the principles of natural justice as no opportunity of being heard was given to them.

Besides, the trust has no links with the Maulana Ali Miyan Educational Trust, Bathindi, the functioning of which was taken over on the orders of the Jammu divisional commissioner on June 14 last year for missing funds received from for-

eign NGOs, they said.

The government lawyer confirmed that the madrassas run by the petitioners are different from those of the Maulana Ali Miyan Educational Trust.

However, he submitted that an investigation into illegal funding of these seminaries is an ongoing exercise and the respondents are free to initiate action against any such madrassas found involved in anti-national or anti-social activities and also those not in a position to explain the source of their funding.

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## Govt employees thank Dr Jitendra for ordering mass promotion in thousands

**AGENCIES**  
NEW DELHI, JULY 31

A delegation of Central Govt Secretariat employees, including Central Secretariat Service (CSS) Forum and Direct Recruits of Limited Departmental Competitive Examination (LDCE), called on Union Minister of State (Independent Charge) Science & Technology: Mos PMO, Personnel, Public Grievances, Pensions, Atomic Energy and Space, Dr Jitendra Singh here today and profusely thanked him for ordering and taking personal interest to carry out mass promotion in thousands at different levels, most notably from Assistant Section Officers (ASOs) to Section Officers (SOs).



Dr Jitendra Singh said, it is painful to see certain officials attaining superannuation after spending several decades on the same post without a single promotion. We need to change this trend, he said.

The Department of Personnel & Training (DoPT) had, on the instructions of Minister Incharge DoPT Dr Jitendra Singh, recently approved mass promotion of 1,592 officials working in

the capacity of ASOs to the post of SOs on adhoc basis with immediate effect.

The Minister had last year ordered about 9,000 mass promotions and prior to that the DoPT granted 4,000 promotions in the preceding three years.

Another 2,000 promotions in ASO and other Grades are in process and hopefully they will get promoted by this year end,”

said Dr Jitendra Singh.

The members of the delegation said that the promotions had been expedited on the directions of the Minister Incharge DoPT, Dr Jitendra Singh who personally reviewed the entire process.

Dr Jitendra Singh said, Prime Minister Narendra Modi is keen that hardworking and performing officials should be provided with a work friendly environment so that they may give in their best for nation building.

“DoPT has been granting mass promotions to employees in order to motivate them and overcome the problem of long stagnation. Another 2,000 promotions in ASO and other Grades are in process. ■■■

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## Remove tinted films from glasses of vehicles: J&K police to vehicle owners

**J1 NEWS SERVICE**  
SRINAGAR, JULY 31

Jammu and Kashmir Police on Monday asked all vehicle owners to remove tinted films from the glasses of their vehicles, officials said.

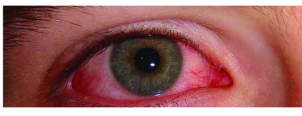
“No film of any transparency is allowed at all,” a police tweet said.

Police instructed all vehicle owners to remove the tinted films from all glasses, failing which vehicle will be seized and legal action would be taken.

“All vehicle owners are instructed to immediately remove tinted films from all glasses, failing which vehicle will be seized and legal action will follow. No film of any transparency is allowed at

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## Nearly 3,000 eye flu cases in Jammu in one week



**J1 NEWS SERVICE**  
JAMMU, JULY 31

Jammu has witnessed a sudden rise in cases of conjunctivitis, commonly known as eye flu, with nearly 3,000 infections reported in just over a week, officials said on Monday.

Doctors are advising the infected patients to isolate themselves at home and avoid public places.

“Nearly 3,000 cases of eye flu have been reported in Jammu over the past one week. At least 200 to 250 patients with eye flu symptoms visit the outpatient depart-

ment (OPD) daily. Out of them, 70 to 80 percent are confirmed conjunctivitis cases,” Head, Department of Ophthalmology, Government Medical College (GMC) Jammu, Prof Ashok Sharma said.

“The transmission has to be broken. Those infected should self isolate themselves. They should not visit public places,” he said.

Chief Medical Officer (CMO), Jammu, Harbakh Singh eye flu cases are common during the monsoon season.

He said the symptoms include redness, itching, watery eyes. (Agencies)

## Police files chargesheet against nine for attacking policemen in Samba

**J1 NEWS SERVICE**  
JAMMU, JULY 31

Police on Monday filed a chargesheet against nine persons for their alleged involvement in an attack on policemen in Jammu and Kashmir’s Samba district.

A head constable had sustained grievous hand injuries when suspected bovine smugglers attacked a police party in the Rajpura area of the district on December 28 last year.

“The chargesheet against the nine accused including a woman and three brothers was filed in the court of law for judicial determination in connection with the last year’s attack on the police party,” a police official said.

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# "Kranti Tirth" ensuring the lost glory of unsung heroes : Lt Gen Anup (Retired)



J I NEWS SERVICE

JAMMU, JUL 31: "Kranti Tirth" ensuring the lost glory of unsung heroes and we must worship our Freedom fighters and all those who laid down their lives to ensure freedom of our mother land" said, Lt Gen Anup Singh Jamwal, PWSM, AVSM, VSM, ADC (Retired) while addressing a function at Guda Salathian as chief guest, in

which Family members of local freedom fighters as well as from the adjoining areas were honoured. The function was organised by Akhil Bhartiya Poorva Sainik Seva Parishad and Center for Advanced Research on development and change, New Delhi. The function started by lighting the traditional lamp and offering flowers to Bharat Mata by Lt Gen Anup Singh Jamwal , Prof

Virender Koundal and Capt Sansar Chand, Maha Vir chakra. A large number of families of freedom fighters, Ex-servicemen and others were present on the occasion. Lt Gen Anup Singh Jamwal while addressing the gathering said that Ministry of Culture GOI is doing a great service to the country and towards "Unsung heroes" by starting a program like "Kranti Tirath" He further added

we must worship our Freedom fighters and all those who laid down their lives to ensure freedom of our mother land.

Prof Virender Koundal apprised everyone that how some of our heroes were deprived of desired honour and right place in the pages of History .

Earlier, the family members of freedom fighters were honoured by Lt Gen Anup Singh . Prof Verinder, Capt Sansar Chand MVC and Bharat Singh JKAS, Secretary Cultural Academy UT Of J&K.

Col Sukhvir Mankotia, General Secretary, Akhil Bhartiya Poorva Sainik Seva Parishad thanked everyone for taking part in such a patriotic event and added a special thanks to Bharat Singh JKAS because with his help tribute to the Unsung Heroes became complete. During the entire program the atmosphere was charged up with patriotic feelings.

# Department of Sociology, JU organizes 13th Prof S C Dube Memorial Lecture



J I NEWS SERVICE

JAMMU, JUL 31: The Department of Sociology, University of Jammu, today organized 13th Prof S C Dube Memorial lecture in the memory of Prof S.C. Dube, an eminent Sociologist, who was also the Former Vice Chancellor of University of Jammu. The Lecture was organised in collaboration with Reasi and Ramnagar Campuses on the theme "Modernity, its Rupture and Manifested Reflections". Prof Ashok Kaul, Professor Emeritus of Sociology, Banaras Hindu University, Varanasi, was the key speaker on this occasion and Prof Naresh Padma, Former Dean Academic Affairs, JU, was the chief guest.

Head, Department of Sociology introduced the dignitaries to the audience and gave the welcome address. In her address she talked about the Department of Sociology and its achievements and contributions to the society.

Prof S.K. Pandey, Director, Reasi Campus and Prof. Vinod Sharma, Director, Ramnagar Campus shared their views with the audience. Dr. Hema Gandotra, Associate Professor, Department of Sociology spoke about the academic acumen of Professor Shyama Charan Dube and narrated about his life achievements. Dr Sapna Sharma introduced the speaker to the listeners.

Prof Kaul in his lecture elaborated that Sociology is a product of modernity and how it was dear to Prof Dube in his critical contemplation of understanding the evolving Indian society.

He paid his tributes to Prof Dube by reviewing the journey of modernity, its rupture and reflections on the lines of discursive discourse of illusions, disillusionments and its reflective manifestations, a trajectory already treaded by Prof Dube.

He asserted that while Prof Dube's initial thrust was the 'village India', he explored the process of modernization and his work reflect critical indulgence of modernity with Indian society. By highlighting few significant contributions of Prof Dube which discussed the transformation of Indian society, he pressed their relevance till date.

The lecture was followed by closing remarks by Prof. Naresh Padma, former Dean Academic Affairs. Prof. Padma lauded Department of Sociology for organizing lectures on pertinent social topics and encouraged the organisation of more such events in the future to provide learning opportunities to the young minds of University of Jammu.

Ms Kajal Kalsi, Assistant Professor, Department of Sociology presented vote of thanks on the occasion. The proceedings of the lecture were conducted by Ms Diksha Nargotra, Lecturer, Department of Sociology. Among others present in the lecture were Prof Jasbir Singh, Prof. Vijaylaxmi Brara, Dr Gopal Sharma, Dr Ravinder Singh, Dr Monica Narang, Dr Saranjit Kour, Ms. Kunzang Angmo, faculty members from Ramnagar and Reasi campuses, Research Scholars and students.

# Howard County, Maryland and Texas in CANADA & USA declare Sri Sri Ravi Shankar Day



J I NEWS SERVICE

CANADA, JUL 31: In a moment of historic pride, Indian spiritual master and humanitarian leader, Gurudev Sri Sri Ravi Shankar is the first and only spiritual leader to be honored by 30 US/Canadian cities now with proclamations to celebrate Sri Sri Ravi Shankar Day, with latest two cities being Howard County, Maryland; and the state of Texas. The proclamations honor and acknowledge the tireless efforts of The Art of Living, under the guidance of Gurudev, in serving, spreading peace, joy, resolving conflicts, work-

ing for the environment and bringing communities together in an increasingly polarised world.

"Emboldened by deep seated convictions, Gurudev and his followers have journeyed to war-ravaged regions of the world, counseled hardened prisoners, and resolved seemingly irreconcilable differences..." read the citation by Governor of Texas, Greg Abbott.

In addition, the executive proclamation made by Howard County, Maryland mentions, "a global humanitarian, spiritual leader, peace envoy and one of the most recognized change makers in the

world...and while the fabric of our society has been torn apart by polarization and isolation, Gurudev strives to bring our society and world together through peace, unity, hope and self renewal at both the individual and societal levels..."

While Howard County declared 22 July 2023; Texas and Birmingham declared July 29th and July 25th respectively as Sri Sri Ravi Shankar Day citing the immense contribution of the spiritual leader and the organization in transforming the lives of people through spirituality and service.

The cities accorded a warm welcome to Gurudev, as he met and addressed thousands of seekers across backgrounds, races and genders, taking them on the Journey Within through powerful meditations. The cities also witnessed the launch of 'Notes for the Journey Within', a book that answers every timeless question that comes up in a seeker's mind on the path of spirituality and daily living.

Last month, the US County of Allegheny became the 28th US city to honor Gurudev Sri Sri Ravi Shankar for his humanitarian efforts in peace and conflict resolution.

# Ganga, Rekha inaugurated Vriksha the pre-school, Bирpur Jammu

J I NEWS SERVICE

JAMMU, JUL 31: A new chapter begins at Shemford Futuristic School, Bирpur Jammu when they proudly unveil VRIKSHA JAMMU- The new Pre School; A place where Little Stars Shine Bright and "EVERY CHILD MATTERS". The school strongly believes learning should be an adventure, and the school strives to provide the best environment for your bundle of joy to thrive. Vriksha Jammu understands that it is in pre-school that the earliest "SOCIAL" interactions are initiated as the little ones make their first friends. It is here that responsibility is taught to them-in taking care of their belongings and taking pride in what they create.

The event was graced by the esteemed dignitaries of Jammu, Chander Prakash Ganga; Ex-Minister Industries & Commerce, J & K, and Rekha Mahajan District President BJP-Jammu South. Along with them some prominent educationists Ajit Singh Sodhi-MD DRS group; Anita Sharma, Chairperson Maven Vibes; Neeta Rawal, Principal Army Public School B.D Bari also attended the ceremony. The inauguration was commemorated with a splendid program featuring various cultural performances and a

tour of the new wing. The festivities commenced with the lighting of the ceremonial lamp symbolizing the bright future ahead for the young learners. Students showcased their talent through mesmerizing dance performances captivating the audience and adding an aura of excitement to the event.

Addressing the gathering Sushma Choudhary, Headmistress Pre Primary school expressed immense gratitude for the support and encouragement received from the distinguished guests. She highlighted the school's commitment to providing an unrivaled learning environment that fosters intellectual, physical, and emotional growth. The esteemed guests were delighted with the state-of-the-art infrastructure of the



new building. They appreciated the school's focus on providing a comprehensive educational experience encapsulating both academics and extracurricular activities. The visitors expressed their confidence in Vriksha Jammu's ability to nurture young minds and shape them into confident global citizens.

The occasion also served as an opportunity for the guests to explore the entire school premises gaining insights into the various facilities and programs offered. They were impressed by the school's emphasis on providing a conducive environment that stimulates innovation, creativity, and character development. Some of the highlights of the school that fascinated the guest were: Theme based AC classrooms, Technology

based learning, a 24 X 7 CCTV security system, a curriculum focusing on personal, social, and emotional growth, kids multi-plex, a Music and Dance Studio, a splash pool, etc. Academic Director of the School Vijay Puri expressed her gratitude to distinguished guests, parents, and staff members for their unwavering support and encouragement. She further added that your trust in our institution means a lot to us, and we promise to live up to your expectations and deliver quality education and care to your little ones. Later on Shri Shri Ismaily I/C Principal extended heartfelt thanks to the esteemed guest for their valuable time and to mark this spectacular milestone in their school's history through their gracious presence.

based learning, a 24 X 7 CCTV security system, a curriculum focusing on personal, social, and emotional growth, kids multi-plex, a Music and Dance Studio, a splash pool, etc. Academic Director of the School Vijay Puri expressed her gratitude to distinguished guests, parents, and staff members for their unwavering support and encouragement. She further added that your trust in our institution means a lot to us, and we promise to live up to your expectations and deliver quality education and care to your little ones. Later on Shri Shri Ismaily I/C Principal extended heartfelt thanks to the esteemed guest for their valuable time and to mark this spectacular milestone in their school's history through their gracious presence.

# Darakhshan reaches Poonch today, attends many programs



J I NEWS SERVICE

POONCH, JUL 31: Beginning the second leg of her Panchal region tour, Minister of State & Chairperson J&K Waqf Board Dr Darakhshan Andrabi today reached Poonch after touring in Rajouri District for three consecutive days. On her arrival at Poonch, she was accorded a warm welcome by the Waqf Board Staff, BJP activists & the local representatives.

Dr Andrabi chaired a meeting of the Waqf officers of the district and took a review of the Waqf projects & the financial management in the hill district. She emphasized on the staff to inculcate the new approach in synchronisation with the spirit of the new working system of restructured Waqf Board. "Waqf Board has come out of the primitive work systems and is fastly upgrading itself in harmony with the new technological facilities. This change has resulted in transparency and accountability of the assets of the Board. We have gone a long way ahead but much more needs to be done", said Dr Andrabi. She hailed

the efforts of the Waqf staff in making the change possible.

Darakhshan later visited the shrine of Aala Peer (RA) and stock of the facilities there.

She issued orders to the accompanying officers of the Board for submitting a futuristic development plan for the shrine. Andrabi later chaired a meeting of the BJP Poonch leaders in which an effective threadbare deliberation on the Party's ground level support system took place.

Dr Andrabi praised the hard work of the party

cadres in reaching out to the last person in the society.

"BJP believes in Antodaya & this social principle guides us all to serve each & everyone without any discrimination.

The Modi government benefited Gujjars & Bakewals by giving them political reservations for the first time, extended Central Tribal benefits to them after seven decades & now fulfilled the demand of the Pahari community by including them into the Scheduled Tribes list", said Dr Andrabi. She said that after 2019, we were witnessing a new J&K in making at a speed never thought of by anybody.

"World now knows J&K for all good reasons as it has come out of the rule of the killers of our youth, the exploiters of the people. We are now forgetting the old miserable days and are together creating a prosperous, peaceful Jammu & Kashmir full of great dreams and innovative enterprises", said BJP National Executive Member.

# Tu Ta Chadi Na Jaya Sansaar Thakura bhajan of famous singer Manish Parihar released



J I NEWS SERVICE

JAMMU, JUL 31: Today a melodious Bhajan Tu Ta Chadi Na Jaya Sansaar Thakura of famous singer Manish Parihar showcasing the Machail Mata was released in the Jammu Press Club in presence of large gathering.

The main dignitaries present on the occasion were Dr D S Jamwal, Sh

Sanjay Gupta, Deepak Gupta Dr Varun Padma Abhimanyu Kotwal, Gorav Gupta and P.R. Raighunandan Shastri of Shri Mata Vaishno Devi temple. All the guests present on the occasion expressed their desire to witness many more presentations in future too.

The lyrics of the Bhajan were written by Manish Parihar who himself

has sung the Bhajan. Manish Parihar who is a devotee of Shri Machail Mata said that he has written the lyrics in 2009 and got a chance to release it now. He appealed people to watch the Bhajan in the temple of Shri Machail Mata. Manish Parihar is a melodious singer who used to sing the bhajans of Machal Mata. He is also seen in many jagrats and is very famous for his singing. He expressed gratitude to the people for always supporting and giving love to him.

The other dignitaries present on the occasion hailed the efforts of singer and appreciated the content of Bhajan. Speaking on the occasion Pt. Raighunandan Shastri congratulated the team of Bhajan for producing the Bhajan. He praised the high production quality and applauded the efforts.



# BJP ready for ULB, Panchayat elections: Ravinder Raina



J I NEWS SERVICE

JAMMU, JUL 31: Bharatiya Janata Party (BJP) is ready to face Urban Local bodies (ULBs) and Panchayat elections in the Jammu & Kashmir, stated Ravinder Raina, President, J&K BJP.

Ravinder Raina along with party General Secretary (Org.) Ashok Koul and other senior leaders addressed a series of meetings throughout the day at party headquarter, Trikuta Nagar, Jammu.

In the first meeting, Ravinder Raina, Ashok

Koul, and party General Secretaries Adv. Vibodh Gupta and Dr. Devinder Kumar Manhas addressed a meeting of Jammu-Reasi Parliamentary constituency Core Group that was attended by the respective Core Group members.

Ravinder Raina, Ashok Koul, former Dy. CM Kavinder Gupta, former MP (Rajya Sabha) Shamsheer Singh Manhas, former Minister Sat Sharma and Dr. Devinder Manhas addressed a meeting of Assembly Constituencies Prabharris, Assembly

Constituency Sanjoyaks, District Prabharris and District Seb-Prabharris besides Jammu-Reasi Parliamentary Constituency Core Groups members.

Similarly, in another meeting, in the presence of party leaders, held discussions with Urban Local Body, Panchayati Raj Institutions Convenors and Co-convenors, District Prabharris, District Presidents and district Seb-Prabharris.

Ravinder Raina, while addressing the meetings, stressed upon the party

leaders holding important responsibilities at different levels, to further gear up their activities in view of the upcoming elections of ULBs and Panchayats.

"The BJP is always in field with its leaders and ground level activists in regular contact with the masses while undertaking door to door campaign, education them about various welfare schemes and extending help in availing the benefits of social security schemes of the Union government", Raina said and added that the party is fully ready to go for these elections.

Ashok Koul, in these meetings discussed various programmes to be held in the upcoming months while emphasizing that these programmes will also help them in their outreach to the masses at ground level.

He asked them to work more vigorously for the organizational expansion while reaching out to the masses during party programmes and also while carrying out ensuring public welfare schemes to the needy.

# Rana reminds Mehbooba of PDP's dubious role in Kashmir politics



J I NEWS SERVICE

JAMMU, JUL 31: Hitting out at the Peoples' Democratic Party leadership for its dubious role in promoting separatism and creating disharmony in the inclusive Jammu and Kashmir over the decades in different avatars, Senior BJP leader Mr. Devender Singh Rana today advised them not to stand exposed for their dubious politics and double speak.

Reacting to remarks of PDP President Mehbooba Mufti, against BJP at the PDP Foundation Day, Mr. Devender Singh Rana on the sidelines of a party function here while talking to the reporters said the people of Kashmir are well aware about the dubious role played by the PDP and its leadership in different forms and colours to instigate and exploit the people.

"When it suits the PDP leadership, they can go to any extent in raising communal passions, as they did in 1984 and 1987", Mr. Rana said, recalling the Years of Mufi Mohammed Sayed as Home Minister when the national interest was hugely compro-

mised. He said the PDP's close links with anti-national and subversive elements, especially during 2002 and 2009 are well known. He recalled the sinister observations of the then PDP Chief who went to the extent of telling terrorists in 2002 that they need not worry as their representatives were in the Assembly.

"Much water has flown down the Jhelum during the past five years after abrogation of Article 370 that brought about discernible turnaround in the situation in the Valley and opened up vistas of economic opportunities across Jammu and Kashmir in the wake of focused attention towards infrastructural development and massive investments", Mr. Rana said while addressing the workers.

He advised the opportunistic political entities in public space to shun colour blindness and muster the courage to move outside their comfort zones and ask the people associated with tourism and allied industries and they will tell them about the dividends of peace that has brought cheer in the lives of millions, they kept them deprived of for over three decades as a sinister strategy to

remain in the power corridors. Normalised and peaceful Kashmir doesn't fit in with their schemes, which is why they can't conceal their discomfort on seeing the Valley humming with activities round the clock, be it summer or the winter. Never ever has Kashmir witnessed such a tourism and pilgrim boom that is directly associated with the economy of both the regions of Kashmir and Jammu, he added.

Mr. Devender Rana said whenever self-proclaimed representatives of Kashmir feel politically irrelevant; they raise the bogey of talks with Pakistan, terrorists and separatists, forgetting how severe miseries they have brought to the people. On the other hand, they used to remain in close proximity to those at the helm to bargain for power. However, such a strategy of 'blackmail and exploitation' has ended under the dynamic and decisive leadership of Prime Minister Narendra Modi. He said the scenario has now changed because Delhi now has a strong determined government that wants the common people to be the end beneficiaries of the schemes and funds allotted for Jammu and Kashmir with no role for the 'middlemen' in terms of dubious politicians.

Cautioning against the double speak of rejected political leaders, who were attempting to strain Jammu and Kashmir trust with progress, development and harmony as per the cherished agenda of Prime Minister Mr. Narendra Modi's solemn pledge of Sabka Saath, Sabka Vikas, Sabka Vishwas, Sabka Priyas, Mr. Devender Rana said the people can not be dissuaded from their chosen path of being the part of the country's growth story, with equal opportunities to all, irrespective of region, reli-

# Thakur Sabha Bani protests, demands Pahari Status for Tehsil Bani



J I NEWS SERVICE

BANI, JUL 31: Thakur Sabha Bani, under the leadership of President Darshan Manhas, staged a protest in Bani to advocate for the much-needed Pahari status for Tehsil Bani. The movement aims to bring attention to the unique cultural and traditional heritage of the region, predominantly inhabited by Pahari-speaking people.

Tehsil Bani, situated in District Kathua, boasts a distinct Pahari identity reflected in its language,

culture, and customs. The majority of the population relies on migratory farming practices, with maize being the primary crop. Unfortunately, the absence of Pahari status has hindered the area's growth and development, particularly in terms of education and infrastructure.

Residents of Tehsil Bani face several challenges, especially in accessing higher education opportunities. The lack of educational institutions within the region forces many students to seek education

outside of Bani, often leading to additional financial burdens and hardships. Furthermore, the harsh winter conditions in Bani result in heavy snowfall, leading to the closure of roads and disruptions in the supply of electricity. These adversities further highlight the need for support and recognition through the grant of Pahadi status.

President Thakur Sabha Bani, Darshan Manhas, strongly advocated for the rightful Pahari status for Tehsil Bani, similar to the status granted to Poonch

and Rajouri regions. It is a just demand to ensure the region receives its due share of attention, development, and resources, he added.

The people of Panchayat Lowhang have joined the chorus of demands, expressing their collective support for the Pahadi status and Special Tribal (ST) status for Tehsil Bani. The movement has garnered widespread community support, highlighting the urgent need for action from the concerned authorities.

The protesters urged the government and relevant authorities to address the legitimate aspirations of the people of Tehsil Bani. Granting Pahadi status and ST status would not only empower the region but also foster its all-round growth and progress, he added.

He also called upon all stakeholders to lend their support to this just cause and join us in advocating for the recognition and development of Tehsil Bani as a Pahadi region.

# ARMA demands flyover's pillar number as permanent landmarks



J I NEWS SERVICE

JAMMU, JUL 31: Akhnoor Road Market Association (ARMA), Jammu has urged Jammu Municipal Corporation and Jammu Smart City Corporation

Limited to include pillar number of Akhnoor Road flyover as permanent address.

Addressing a press conference President Akhnoor Road Market Association (ARMA), Puneet Jamwal said that the entire land-

scape and landmarks of Akhnoor Road has been changed after construction of New Flyover. He said from the last few years people have conceived pillar numbers as their new landmarks and accordingly updated the address.

However, he added that from the past few days under city beautification Municipality and Smart City authorities started colouring the pillar walls and easing its numberings, which could again lead to puzzling people for establishing new landmarks.

"After so many struggles, people are now able to understand the pillar number as landmarks and if crased, losing direction could be more frequent for the locals as well as shoppers, who visit the commercial space on Akhnoor Road," the president said.

The ARMA has urged the government to consider its proposal and make pillar number permanent entities on address for convenience of people.

# Malik leads protest against missing of army soldier on leave from Kulgam



J I NEWS SERVICE

JAMMU, JUL 31: IJP (R) activists led by its J&K President Rafiq Mahalik held strong protest against missing of army soldier on leave Javid Ahmad Wani, a resident of Achatthal area of Kulgam district demanding every possible action to trace him at the earliest who was supposed to join work on Sunday.

Prominent among those present on the occasion include Santosh Singh State Senior Vice President JKUT, Mahraj Krishan Bhat State President Migrant Cell JKUT, Neha Bhagat President Mahila Wing JKUT, Deepak Kumar Jammu Province President, Mulik Raj State President SC Cell JKUT, Parshotam Lal Maniyal State President

Majdoor Dastkar Union, Nirmal State General Secretary Mahila Wing, Shahbaz Malik State General Secretary JKUT, Rajiv Gorka State President Legal Cell Chief Advisor JKUT, Showkat Shah State General Secretary JKUT, RP Singh State General Secretary, Sanju Bhagat State Senior Secretary. Speaking on the occa-

sion, Malik demanded Govt to take every possible step to trace missing. Army soldier and expressed solidarity with the aggrieved family and pray to almighty for his safe return. Expressing serious concern over earlier abduction of army soldiers and later their killings, Malik said such heinous acts will not weaken our resolve to establish peace and normalcy in the Valley," he said. Last year in March, Sameer Ahmad Malla, a Territorial Army (TA) jawan attached with the Jammu and Kashmir Light Infantry, was abducted and later killed by militants of Lashker-e-Toiba (LET) outfit in central Kashmir's Budgam district.

In August 2020, another off-duty soldier, Shakir Manzoor of 162 Battalion, TA, was abducted from his car and later killed by the militants in the Kulgam district.

# Preservation of Natural Resources must for future generations: Sat

J I NEWS SERVICE

JAMMU, JUL 31: Bharatiya Janata Party in collaboration with the Forest Department of J&K UT held a massive plantation drive at Baba Kailash Dev Mandir, Banatalab, Jammu. The program was organized by BJP's Employees, Education and Teachers Cell. Former Minister Sat Sharma (CA) formally launched the drive and graced the occasion with his presence. The program was organized by Convener of the Cell Mukherji Sharma and his team. Kl. Sharma, District Convener of the Cell and several others also accompanied the BJP leader during the program. Speaking on the occasion, Sat Sharma said that this drive is conceptualized in a hope to reduce environmental degradation and evoke awareness towards ecological balance. He said that plants not only provide a



green cover but also create a healthy environment. He further added that it is our collective responsibility to save our Mother Earth and environment through such plantation activities. Sharma also stated that BJP under the leadership of PM Narendra Modi has initiated several efforts towards environment conservation and climate change. He also appealed to all to contribute in protecting the environment and said that we must preserve our natu-

ral resources for our future generations. Mukherji Sharma said that such drives help in providing numerous ecological benefits such as air purification, soil erosion prevention and many other things. He said that more such drives will be conducted in coming days with a pledge to conserve the environment. Kl. Sharma said that it is the moral duty of every citizen to plant a tree. He said by planting trees we are not

only protecting our environment but ensuring survival of our present and future generations on planet Earth. Pawan Kakkar, Suresh Sharma, Sunil Kumar Gupta, Vinod Khajuria, Rakesh Mattoo, Neeraj Sharma, Ravinder Tickoo, Lal Singh, Vijay Kumar Sharma, Kiran Jh, Jagdish Sethi, Ashok Kumar Gupta, Santhi Sharma, Ravi Kant Sawhney, Sushil Chopra and others were also present.



# DC discusses modalities for celebration of JJM fortnight in District Kishtwar

JNEWS SERVICE  
KISHTWAR, JULY 31

Deputy Commissioner Kishtwar, Dr. Devansh Yadav today chaired a meeting with officials from the Jal Shakti Department and the associated officers of JJM (Jaalvean Mission) to discuss the action plan for celebration of Jaalvean Mission Fortnight.

ADDC, Sham Lal; ACR, Varunjeet Singh Charal; ACP, Zakir Hussain Wani; ACD, Manoj Kumar; Ex-En PHE, Sunil Sharma; IEC District Officer, Riaz Ahmed Butt; Coordinator CMO, CEO, BDOs, BMO Kishtwar, ISA GVK, AEs and JEs of Jal Shakti besides other concerned attended the meeting.

The meeting focused on the arrangements and modalities for the forthcoming JJM Fortnight celebration scheduled from 1st to 14th August 2023.

During the meeting, Deputy Commissioner Dr. Devansh Yadav emphasized the need to sensitize awareness generation activities about the vari-

ous initiatives and objectives of JJM among the common masses, who play a vital role as stakeholders.

The attendees received detailed insights into the role and responsibilities of various departments/officers involved in the JJM Fortnight celebration.

Dr. Devansh Yadav underscored the importance of collaborative efforts among all stakeholders to achieve the desired objectives of the fortnight-long celebration.

In the context of the celebration, the officers of different ranks from the District Administration were tasked with visiting various Gram Panchayats to inspect the JJM works and interact with local communities. These interactions aim to raise awareness and gather valuable feedback on the implementation of JJM.

The meeting also held thorough discussions on the guidelines of the JJM Scheme, with attendees instructed to disseminate



the same at the grassroots level. Several activities were outlined to mark the JJM Fortnight celebration, including the installation of signages on all water supply schemes, ensuring 100% coverage by the

PHE/JSD Division before the commencement of the event, and the identification of "JJM Nodal Person" from each village for effective organization of the celebration.

Other activities encompassed in the fortnight's events include the display of PAANI SAMITIS particulars at Panchayat Offices, special Gram Sabhas for discussing JJM, availability of FTKs (Field Test Kits) in each village, FTK training workshops at the District level, and various IEC (Information, Education, and Communication) activities.

To bolster awareness, various engaging activities such as Parchar Rath (Jalvean Mission Education) conducted in each Panchayat, Nukad Natak/Street Plays (ISA-GVT Kishtwar), rallies by school children and village communities, debates in Higher Secondary Schools, painting competitions in High and Higher Secondary Schools, and the creation of self-help groups around WSS (Water Supply Schemes) with signage in the background will take place.

In the meeting, it was informed that the themes for the celebration will revolve around essential water-related topics such as Water Conservation, Water Quality, Climate Change, Rainwater Harvesting, and Grey Water Management.

The JDMU Kishtwar has been tasked with ensuring facilitation and coordination among various functionaries to ensure the success of the celebration.

Moreover, JJM Nodal Persons are expected to maintain a diary of day-to-day activities conducted in each village and ensure the inauguration of works completed under JJM. The Deputy Commissioner, Dr. Devansh Yadav, expressed optimism that the celebration of the JJM Fortnight would foster community engagement and lead to a deeper understanding of the mission's objectives, contributing to sustainable water management in the region.

## FROM THE FRONT PAGE...

### Lt Governor interacts...

by the Deputy Commissioners and concerned officials on the past grievances received from the citizens.

The Lt Governor said, citizens' growing trust in grievance redressal mechanism is an indicator of effective and efficient system, improved quality of public services, responsiveness and reliability.

"Responsiveness is crucial for the various administrative departments to ensure quality of life, and socio-economic growth. Implementation of all the welfare schemes, based on the principles of transparency and integrity, is fostering inclusive development," the Lt Governor said.

On the complaints of Sh Manmeet Singh, resident of village Dhanjari, Rajouri and Sh Haji Amir Ud Din from Ashtango, Bandipora pertaining to Revenue department and implementation of water supply scheme, the Lt Governor directed the concerned Deputy Commissioners to personally visit the spot and submit the report to the Lt Governor's Secretariat.

Sh Anayat Parvez from Lohai Malhar, Kathua drew the attention of the Lt Governor to the construction of bridge over Bhani River in his locality, on which the Principal Secretary Public Works (R&B) informed the chair that the construction of the said bridge will start in the coming months.

Responding to the complaints of Sh Jahangir Hassan Sheikh from Baramulla and Sh Aman Hussain from Ramban regarding sanctioning of land compensation, the Lt Governor directed the Divisional Commissioners and concerned departments to take appraisal of the similar matters put forth by the complainants and address the issues on merit.

The Lt Governor directed the Deputy Commissioners to look into the unresolved complaints/cases and submit action taken reports to the Governor's secretariat.

Deputy Commissioners should also monitor the Kissan Sampark Abhiyan in the Districts. Swachhta Abhiyan must be the priority of district administrations, he added.

He further informed the officials for ensuring operationalization of District-wise help desks for industrial investment proposals.

The Lt Governor also took appraisal of the Power scenario, efforts being put in to end the practice of beggary, saturation of Unique Identity Card, reducing the gap in granting old age pension.

Road accidents due to old and dilapidated vehicles should be looked into seriously to reduce the accidents, he added.

The Lt Governor appreciated the efforts of all officials and stakeholders for the smooth conduct of Muharram and ongoing Shri Amarnath Ji Yatra.

He also reviewed the preparations of District Administrations, all the departments for the Independence Day celebration.

Ms Rehrana Batul Commissioner/Secretary, Public Grievances conducted the proceedings of the LG's Mulaqaat.

Dr Arun Kumar Mehta, Chief Secretary; Sh R K Goyal, Additional Chief Secretary, Home Department; Dr Mandeep Kumar Bhandari, Principal Secretary to Lt Governor; Administrative Secretaries; Divisional Commissioners, Deputy Commissioners, SSPs, HoDs and other senior officers were present during the interaction, in person and through virtual mode.

### I consider our...

Department J&K and Regional IYRP Support Group of South Asia (RISG-SA) for organizing the workshop to deliberate the issues, challenges, resilient livelihoods and sustainable development of Pastoralism in UT of J&K.

"Pastoralism is one of the oldest professions in the world. Nomadic livestock plays an important role in the business and livelihood of the communities and it is deeply connected with heritage, culture, traditional knowledge and co-existence with nature," the Lt Governor said.

"The workshop will help in developing a holistic strategy and action plan for improved livelihoods and regeneration of pasture land and rangelands, he added.

At the inaugural session, the Lt Governor highlighted the concerted efforts of the UT Administration, under the guidance of Hon'ble Prime Minister, to bring transformation in the lives of pastoral communities such as

Gujjar, Bakarwals, Gaddi-Sippi.

"Hon'ble Prime Minister Shri Narendra Modi Ji has empowered the tribal community of J&K UT and migratory population has been brought to the mainstream of development. Forest Rights Act, rights on forest produce and various other initiatives have brought a new dawn in their lives," the Lt Governor observed.

He said, the world is recognizing the significance of Pastoralism and the United Nations General Assembly (UNGA) has declared 2026 as International Year of Rangelands and Pastoralists.

"I consider our tribal community as protectors of forests and the climate warriors. They will certainly play a significant role in maintaining biodiversity, climate change mitigation, and contributing to growth and food security," the Lt Governor said.

He also shared the measures taken by the administration to extend the socio-economic benefits and livelihood opportunities to the youth and members of families of pastoral communities and facilitate their smooth movement during migratory season.

Holistic Agriculture Development Programme has given priority to the community dependent on livestock and a campaign has been launched to conserve open range and increase green cover in the UT, he added.

Sh P Vivekanandan, Vice Chair, RISG South Asia, shared his view on the theme of the workshop and gave a powerpoint presentation.

Dr. Shahid Iqbal Choudhary, Secretary, Tribal Affairs Department and Dr Nazir A Ganai, Vice Chancellor SKUAST Kashmir highlighted the efforts of Lt Governor led UT administration for welfare and development of pastoral communities of Jammu Kashmir.

"They also shared the unprecedented and historic initiatives taken and implemented by the UT administration, especially for the tribal communities.

Sh Roshan Jaggi, Principal Chief Conservator of Forests; faculty members of SKUAST, scientists, researchers, officers of UT administration and a large number of members of pastoral communities were present.

### Transformation of...

fostered development and touched the lives of millions. People have freedom to live their life as they desire, rather than dictated by others," the Lt Governor said.

The Lt Governor highlighted the reforms introduced by the government to establish a peaceful and conducive environment empowering the citizens of Jammu Kashmir.

"For the first time after independence, the common citizen of J&K can think freely and express their feelings without any fear from separatist-terrorist network. It is one of the biggest transformations common man has witnessed under leadership of Hon'ble Prime Minister Shri Narendra Modi Ji," the Lt Governor said.

He said, apart from fast economic development and unparalleled growth with equity, there is a rapid social change which is reflected in day to day lives of common citizens. There is growing aspiration in the society to excel, he added.

"Peace is the first step in the journey of development. And, we do not believe in buying peace but in establishing peace. There is no distinction in policy and intent. Discriminatory policies imposed for 70 years are gone and citizens are getting equal opportunities for development," the Lt Governor observed.

He said, the peaceful conduct of the G20 summit, Muharram procession being taken out in Kashmir after 34 years, revival of cinemas, unprecedented tourists visiting J&K UT has sent the message that J&K is on the move.

Sh Ram Madhav, President India Foundation; Sh B.V.R. Subrahmanyam, CEO, NITI Aayog; Sh Alok Bansal, Director, India Foundation; Lt Gen Syed Atiq Hasnain (Retd), eminent personalities, experts, senior functionaries and members of India Foundation shared their views during the roundtable discussion and lauded the steps and initiatives taken by the UT administration for the equal and inclusive development of J&K.

### I-Day preparations...

flag and installation of Shila Phalakam on Amrit Sarovars shall be held in all districts of the Union territory of Jammu and Kashmir.

"All Government Officers and the general public at large hoist tricolour over their houses. It shall however be ensured that the flag is hoisted in an appropriate and befitting manner having due regard to the flag code," Mehta said.

The Chief Secretary further said that all officers shall use selfies with images of Jhanda, Mitti and Diya (Earthen lamp) as the display picture on their social media handles. All people to be encouraged to be a part of the Meri Mitti Mera Desh campaign.

Mehta said, "Special National Anthem singing, essay, debate, prabhat pheris and sports competitions shall be organized in Schools, Colleges and Universities across the Union territory and prizes amongst winners shall be distributed."

The Jammu and Kashmir also said that the Independence Day speeches should include the initiatives of the government under digital J&K, Corruption free J&K, Swacchta, Nasha Mukht Bharat, number of projects completed, Jan Bhagidari, Aap ki Zameen Aap ki Nigrani etc.

"Innovations at Panchayat, Block, District, Divisional and UT level shall be recognized and felicitated appropriately," it reads.

"Adequate preparations shall be put in place in advance for holding of smooth functions in the event of rains," Mehta said.

It also said that refreshment for students and other participants in the functions shall be arranged both at Jammu and Srinagar.

The government also said that the cultural events and programmes shall be organised in the Independence Day celebrations both at Jammu and Srinagar with due attention to the outfits of the artists/participants as also the quality of programmes presented.

"Proper arrangements for parking shall be made by traffic police at all venues and shall be supervised by IG, Traffic," Mehta said. "Traffic advisories shall be issued well in time for the benefit of the public."

Mehta further directed that proper protocol shall be maintained and followed by all concerned with regard to parking of vehicles/arrival & departure at and from the venues.

"All dignitaries invited to the functions shall be accorded due protocol and seating arrangements shall be made as per the Warrant of Precedence," he said.

The Chief Secretary further said that all departments shall inaugurate projects executed over the last one year as also lay foundation stones for Important projects starting today until Independence Day.

"Prominent Government offices and iconic buildings and landmarks at all locations shall be duly illuminated," Mehta said.

The government also said that all departments shall film short videos of two to three minute duration highlighting important achievements of their departments and furnish the same to the Information Department for wide publicity. "Every department shall plan Independence Day celebrations with vigour and enthusiasm."

Mehta said that the participation of officers of the Central Government, posted in the Union territory of Jammu and Kashmir, in Independence Day celebrations shall be ensured (KNO)

### Suspension of IPS...

"And now therefore, the President orders that Shri Basant Kumar Rath, IPS (AGMUT: 2000) shall continue under period of suspension for a further period of 180 days beyond 31.07.2023, i.e., upto 27.01.2024, in terms of Rule 3 of the All India Services (Discipline & Appeal) Rules, 1969," read the order issued by MHA, a copy of which is in possession of news agency.

The IPS officer was placed under suspension on July 8, 2020 as disciplinary proceedings were contemplated against him (KNO)

### Foiled infiltration...

movement across the International Border (IB) in Arnia border area and an intruder was observed approaching towards the BSF fence.

The troops neutralised him and thwarted the infiltration attempt, he said. The body is being retrieved from the scene (KNO)

### J&K High Court quashes...

"In view of the above, this petition is allowed by holding that the order of the divisional commissioner, Jammu, is applicable only to the madrasas run by the Ming Mission Karanayog Education Trust and cannot be universally applied to all madrasas being run legitimately in the UT of Jammu and Kashmir," the court said, quashing the impugned order of the Kishtwar additional deputy commissioner. The court also made it clear that in case it comes to the notice of the government during any investigation that the madrasas being run by the petitioners or others are operating in violation of the law, it is free to initiate appropriate action after notifying and providing an adequate opportunity for hearing.

### Govt employees thank...

process and hopefully they will get promoted by this year end," said Dr Jitendra Singh.

The Minister said that in the last nine years, under the leadership of Prime Minister Narendra Modi, the Government has periodically reviewed the longstanding stagnation issues in the various Central Ministries that are a legacy of the past due to pending court cases, lack of vacancies in higher grades and other personnel issues.

The Minister said, last year alone about 9,000 mass promotions were made and prior to that the DoPT granted 4,000 promotions in the preceding three years.

Dr Jitendra Singh said, the Government is concerned about long stagnation in certain cadres and at certain levels where some of the employees working in the lowest rung of administration spend their entire service tenure of 30 to 35 years without getting a single promotion. The DoPT Minister said he has discussed the issue with all the senior officers in the Department and several innovative means have been evolved to avoid stagnation at middle and lower rungs of the administration.

Accusing the earlier UPA government, Dr Jitendra Singh regretted that in a large number of cases, stagnation in promotions was the result of litigations prompted by inappropriate decisions taken or rules twisted to give out turn promotions to the favoured ones by the then government.

In a few of the 4,000 promotions cleared in recent years, the Government granted promotions despite the cases being sub-judice, by consulting legal experts and making valid provisions for judicial scrutiny, said the Minister.

The orders for mass promotion of these employees belonging to the CSS cadre were issued after several rounds of high-level meetings in DoPT chaired by Dr Jitendra Singh in the preceding months.

Expressing satisfaction that there is an inflow of more talented and efficient recruits in the Government through UPSC and SSC, Dr Jitendra Singh said, in order to bring in the case of governance as well as objectivity in empanelment, the government has, in the last nine years, improvised upon the procedures so as to ensure that there are no subjective preferences involved in carrying out the promotions.

"Online database has led to greater accountability and efficiency among the Government workforce," he said.

Dr Jitendra Singh called upon the CSS delegations to open avenues for training of their respective cadres by using Mission Karanayog platform and organise Chintan Shivirs and workshops to raise credibility at work and the society in general.

"All this is meant not only to ensure effective and timely delivery of outcomes for the public, but also to enable the employees to perform to the best of their ability," he said.

### Remove hinted...

all as per Hon'ble Supreme Court judgment in Writ Petition (civil) no 265 of 2011", the police said.

### Police files...

He said the case, which was registered under various sections of Indian Penal Code including attempt to murder at Police Station Ghagwal, was closed with the filing of the chargesheet.



# Modi Govt waged a war against drugs cartel: Kavinder Gupta

**Gorkha community delegation meets Kavinder, Lauds Modi Govt for abrogating Art 370**



JI NEWS SERVICE

JAMMU, JUL 31: The prevalence of the drugs menace has emerged as a significant concern in the country, impacting individuals, families, and society at large. Recognizing the gravity of this issue, the Modi Government has adopted a 'Zero Tolerance' policy, exemplifying its firm commitment to address drug trafficking and abuse. This was stated by Kavinder Gupta, senior BJP leader and former Deputy Chief Minister in a statement issued here today. Drawing inspiration from Prime Minister Narendra Modi's recent address during the 'Mann Ki Baat' programme, Kavinder highlighted the need for collective action to

eradicate drug-related issues from society. He commended the innovative measures taken by the Jammu and Kashmir Government in addressing the drug menace, recognizing their proactive approach in tackling the challenge. Kavinder said Modi Government has taken a resolute stance against drug abuse and smuggling which reflects its dedication to ensuring the well-being and security of the nation. Under this visionary initiative, the Government has taken proactive measures to combat the scourge of drugs and create a society free. He mentioned that as part of this formidable initiative, all regional units of the Narcotics Control Bureau (NCB) and Anti-Narcotics Task Forces (ANTFs) in presence of Union Home Minister have recently collaboratively destroyed an astounding 8,76,554 kilograms of seized drugs worth approximately Rs 9,580 crore from June 1, 2022, till July 15 of this year. This remarkable achievement surpasses the target by more than 11 times, underscoring the Government's resolute efforts to eliminate the drug menace. He added, Kavinder Gupta emphasized that a drugs-free India is not just a vision but an achievable reality, thanks to the concerted efforts and 'Zero Tolerance' approach adopted by the Modi Government. He affirmed that this mission will continue with unwavering zeal and determina-

tion until the goal of a drugs-free India is accomplished.

The senior BJP leader also called upon all citizens, stakeholders, and law enforcement agencies to join hands in support of the Government's endeavor to eradicate drugs from society. He emphasized the significance of collective responsibility in building a safe and prosperous nation, free from the scourge of drugs. Meanwhile, a delegation of Gorkha community headed by Karuna Chhetri, District Vice President Women Wing BJP J&K today met Kavinder Gupta and conveyed thanks to the Modi government for providing citizenship rights to the Gorkha community at par with citizens of the country by repealing the Article 370. She informed that the Gorkha community is organizing a mammoth programme on 5th of August, 2023, the day Article 370 was abrogated from the erstwhile state.

She requested Kavinder Gupta to mark their present and make aware the whole community about the futuristic policies of Modi government at the Centre for the welfare of the community members.

# Retired officials, senior citizens join BJP

JI NEWS SERVICE

JAMMU, JUL 31: Retired SSP Abhay Mahajan, alongwith dozens of retired officials and senior citizens, joined BJP on Monday in a function held at party headquarter, Trikuta Nagar, Jammu.

They were welcomed into the partyfold by Jammu and Kashmir BJP General Secretary (Org.) Ashok Koul, former Dy. CM Kavinder Gupta, former Minister Chander Prakash Ganga in presence of All Cell Co-convenor Ved Sharma and other leaders.

The joining programme was organized by Senior Citizen Cell Convenor J.D. Singh and OBC Morchha Prabhari Brahmjyot Satti.

Prominent among others, besides Retd SSP, who joined BJP included Retired Dy SP Mahashwar Singh, Capt (retd.) Hans Raj,



Retired Headmasters Chaing Singh and Sham Lal Sharma, Ex-Serviceman Bachan Mankota, A.K. Kapahi, Chane Ram, Ishri Singh, Sudesh Kumar Sharma, Om Parkash Sharma, Ramesh Kumar, Avinash Anand, Ashok Dogra, Jagdish Choudhary and others.

Ashok Koul, while welcoming the new entrants, asked them to officially get the membership digitally by giving a missed call at 8980808080. He said that

BJP believes in total transparency in serving the society and implementation of schemes and has ensured a track record of government which has served the nation in a corruption free environment.

He said a large number of political and social activists are joining the BJP on daily basis as they are inspired by Prime Minister Narendra Modi's slogan of 'Sabka Saath Sabka Vikas'. He said that the BJP is the party of masses.

He said that the party is confident that the new members will work in accordance with the party principles.

New entrants shared their happiness upon joining the party and said that under PM Modi, the issues faced by the general masses have been sincerely resolved.

They stressed that it is their good fortune that they will now be able to serve the nation and its citizens under the aegis of BJP.

# Deptt. of Strategic and Regional Studies, JU organises Lecture on 'Gender Sensitization'

JI NEWS SERVICE

JAMMU, JUL 31: The Department of Strategic and Regional Studies (DSRS) University of Jammu has organized a lecture on Gender Sensitization among Students to Deal With Peer Group: An Analysis in the seminar hall of the department. Prof. Viorend Koundal, Director DSRS, welcomed the Resource Person and the Chief Guest Prof. Jasbir Singh, Head Department of Philosophy and former Dean Social Sciences, University of Jammu. After an elaborate introduction on the theme of the lecture, Prof. Koundal invited Prof Jasbir Singh to deliver lecture to the August gathering.

In his discussion, Prof. Jasbir has deliberated from the definition of gender and sex in our society. He methodically and with live examples of different regions of the world provided lucid analysis of gender sensitization that include different aspects of gender studies, for



instance, gender equality, gender equity, social construct, and socialization of varied patterns of social behaviour. By elaborating on these themes, Prof. Jasbir Singh explained the behaviour of women and man in society and how it has been groomed from childhood in a patterned way or role defining concerns of the society that takes shape in the form of social construct and gradually takes shape as moral roles and values. He discussed how women's role has been changed with the

passage of time, particularly with technology and modernity drive, and in the name of gender equality. But these domains instead of giving her freedom, they are overburdening her social, familial and professional responsibilities. Apart from this, Prof. Jasbir also underlined how the society expects a set of values from affectionate, tolerant, obedient, hospitable, doing service to men and remain more careful to her traditional family duties. Adding to this, he stressed how social construction of

gender takes shape where violence against women and exploitation of women is prominent and taken for granted.

The lecture was followed by the question-answer session. The vote of thanks was given by Dr. Mohd. Monir Alam and this special lecture was attended by the department faculty Dr. Surinder Mohan, Dr. Suneel Kumar, Dr. Ganesh Malhotra, and Dr. Ranjan Sharma, Research Scholars and Postgraduate students of the Defence and Strategic Studies.

# Smooth and Peaceful conduct of Shri Budha Amarnathji Yatra is a priority DIG RP Range

JI NEWS SERVICE

RAJOURI, JUL 31: Shri Budha Amarnathji Yatra 2023 is going to start from 17th August and will conclude on 30th August. DIG Rajouri/Poonch Range took Stock of security arrangements of Shri Budha Amarnath Ji Yatra at Mandi, today Today on 31st July 2023, DIG RP Range Dr Haseeb Mughal, IPS convened a security arrangements review meeting with all the stakeholders at Mandi and discussed various issues pertaining to the smooth conduct of Shri Budha Amarnath Ji Yatra Among the Civil Society members the prominent people present in the meeting included Sh Taj Mir Sh Shamim Ganai Sh Shehzad Khan, Sh Nisar Peer Haji Mohd Ashraf Sh Surinder Singh Sh Asger Ali etc.



They appraised DIG RP Range about the various issues being faced viz dilapidated condition of Mandi-Poonch road, lighting of the town through Solar light, installation of CCTV cameras, upkeep of the alternate new college road etc DIG RP Range assured all the civil society members that wherever

required CCTV cameras will be installed in addition to the cameras already installed and all other issues will be taken up with the concerned authorities DIG was accompanied by SSP Poonch Sh Vinay Kumar JKPS Addl SP Poonch Sh Mushim Ahmed SHO Mandi Insp Mukhtyar Ali besides offi-

cers of CRPF and intelligence agencies

The civil society Mandi praised the good work being done by Poonch Police in curbing the crime and the menace of drugs in particular.

They also assured the Police team of all the cooperation for peaceful and successful yatra

# Blood donation camp organized on death anniversary of renowned social worker Himmat Singh Bhatti



JI NEWS SERVICE

JODHPUR, JULY 31: A blood donation camp was organized to mark the death anniversary of late Shri Himmat Singh Bhatti, a renowned social worker, in Sursagar Assembly segment, Jodhpur.

The event was led by Shivdan Singh Bhatti in which various social groups pledged to uphold the ideals of the late Shri Himmat Singh Ji and work for the welfare of the community. During the blood

donation camp, 100 units of blood were donated as a gesture of commitment towards serving society.

Speaking on the occasion, Shivdan Singh Bhatti said this noble initiative symbolizes the resolve of the participants to continue working selflessly for the betterment of the community, following in the footsteps of the revered Himmat Singh Bhatti. He emphasized the significance of blood donation and its impact on saving lives. He stated that donating blood is a noble

act that directly contributes to the well-being of others in need. By donating blood, one becomes a lifesaver and a beacon of hope for patients who are battling critical medical conditions or facing emergencies.

Bhatti highlighted that blood donation is not just a mere act of kindness but a responsibility and a moral obligation towards society. He urged everyone present to make blood donation a regular practice and encourage others to do the same. By doing so, they

would be actively participating in the collective effort of building a healthier and more compassionate community.

He reminded the audience that every drop of blood donated can make a difference and potentially save multiple lives. Hospitals and medical facilities constantly require a steady supply of blood to meet the demands of patients undergoing surgeries, trauma victims, cancer patients, and those suffering from various ailments.

Shivdan Singh Bhatti also expressed his gratitude to all the individuals who participated in the blood donation camp, and to those who were unable to donate but extended their support to the cause. He concluded by urging everyone to spread awareness about the importance of blood donation and continue to contribute to such humanitarian initiatives in the future.

JI NEWS SERVICE

JAMMU, JUL 31: Vidyamandir Classes (VMC), India's leading institute for JEE Main & JEE Advanced, NEET, Olympiads & Boards preparation, is thrilled to await its most eagerly awaited and esteemed event of the year - Vidyamandir Intellect Quest (VIQ). Aimed at students from Class V to XI, VIQ is a national-level online and offline test scheduled for 14th & 15th October 2023.

VIQ promises an incredible opportunity for students to gauge their intrinsic potential and preparedness for various competitive and scholastic exams. By participating in VIQ, students will gain valuable insights into their performance, identify areas for improvement, and get a comprehensive analysis of their strengths and weaknesses. What sets VIQ apart this year is the power of 10 - a combination of four extraordinary offers and six early joining benefits, paving the way for remarkable opportunities in academic and career growth. Students with exceptional performances in VIQ have a

chance to secure scholarships of up to 100% and gain admission to their preferred VMC offline or online program.

For Class 10 students on the cusp of entering Class 11, the top three performers will earn the privilege of studying at VMC's renowned specialized study center, the Citadel of Excellence (COE). At COE, they will receive top-tier education from expert faculty and access to state-of-the-art facilities, creating an environment that nurtures and enhances their academic journey.

Additionally, the top 10 performers from Class 8 to Class 11 will be rewarded with a FREE Educational Trip to prestigious institutions like ISRO, IIS, and IITs.

This trip promises exposure to groundbreaking research and world-class facilities, offering invaluable experiences that can inspire and broaden their perspectives.

VIQ also offers individual SWOT analysis, providing students with insights into their strengths, weaknesses, opportunities, and threats, helping them evaluate

themselves better and plan for success.

Moreover, VIQ comes with a host of benefits, including the lowest academic fee of the year, complimentary live online classes with up to 100 hours of access for the current class the student is studying in, free practice tests, and extensive e-material for the current session. Participants will also receive E-certificates as tokens of appreciation.

"Keeping in line with its one-of-a-kind teaching methodology, comprehensive study material and stellar results, VMC's eagerly anticipated test VIQ is packed with a six-point advantage. Be it, from lowest academic fee of the year to highest scholarship on admission, from complimentary live online classes of up to 100 hours for the current session is currently studying in, to free practice tests and extensive e-material for current session, along with E-certificates to all the participants as a token of appreciation, VMC continues to push boundaries in the pursuit of excellence." quoted Mr. Abhishek Sharma, Chief

Business Officer, Vidyamandir Classes. "VIQ opens doors for JEE and NEET aspirants of accelerated success and meaningful accomplishment while also making them comprehend their current potential and academic intellect based on the marks obtained. By and large, Vidyamandir Intellect Quest offers an unbounded opportunity for the JEE & NEET aspirants which will surely keep them one step ahead by preparing them to lead in a society driven by cutthroat competition." Said Mr. Brij Mohan, Co-Founder, Vidyamandir Classes. Whether your aspirations lie in reaching the IITs, NITs, top medical colleges, becoming NITSE scholars, board toppers, or Olympiads medalists, VIQ is an indispensable tool in your success planning. Don't miss this unparalleled chance to excel academically and secure scholarships. Register for VIQ absolutely FREE of Cost at www.vidyamandir.com. Seize the opportunity to embark on a journey of academic brilliance and achievement!



THOUGHT OF THE DAY

"An eye for and eye will only make the whole world blind" - Mahatma Gandhi

JINDRAH IMAGES

Rare antiquities mysteriously missing from J&K

There are reports that over 90 rare antiquities belonging to Jammu and Kashmir are lying in a US Museum since long. This has now been official confirmed by a parliamentary panel that stated over 90 valuable artefacts in US Museum have a trail going back to Jammu and Kashmir with 'no provenance details' but authorities made little progress in conducting a probe into those missing. In other words, no major efforts were put in to ensure that these artefacts were brought back to Jammu and Kashmir. The shocking is that there had been only two reported cases of theft with 12 stolen antiquities from the protected monuments and sites of the ASI but not even a single 'stolen object' has been recovered till date. The Department-related Parliamentary Standing Committee on Transport, Tourism and Culture, in its 348th report "Heritage Theft - The Illegal Trade in Indian Antiquities and the Challenges of Retrieving and Safeguarding Our Tangible Cultural Heritage" tabled in the ongoing session of Parliament, said that "the MET (Metropolitan) Museum's Asia Collection is reported to contain more than 90 pieces from Jammu and Kashmir with no provenance details". The Committee believes it is impossible to state the number of thefts with any accuracy unless all the antiquities in a museum have been documented and digitized. In the absence of a centralized database of antiquities, theft can be detected only by random checks and it is possible that some thefts may go undetected for many years. A case in point is, as reported by the media, the Saraswati painting from J&K which has been found in the US but has still not been brought back due to the lack of any missing report. It is still not clear as when these artefacts of J&K origin containing over 80 sculptures, five paintings, few pages of a manuscript, two Kashmir carpet antiquities and a page of calligraphy - having no details in their provenance, were moved out of the Union Territory and who was responsible for the same. This is despite the fact that several FIRs were registered for missing artefacts in J&K but it was probably lack of interest or official indifference that some of these cases were closed as "not traced". The Committee further observed that as per the NCRB data for 2017-2021, a total of 175 Special and Local Laws (SLL) Crimes had been reported under the Antiquities and Art Treasures Act, 1972 but there was not even a single case under SLL Crimes was reported in Jammu and Kashmir. Interestingly, the Union government itself stated that in most of the cases, State Governments, private agencies etc do not share the information on theft of antiquities to ASI. The Panel has also taken a swipe at the ASI for "not making use of available technology for protection of our priceless antiquities and monuments". It has been recommended that the ASI and the Ministry may make every effort to ensure that all the Centrally Protected Monuments and Site Museum under ASI have CCTV cameras for protection. It is expected that the government will order a probe to find out the reasons that led to the mysterious missing of these rare artefacts from Jammu and Kashmir to fix the responsibility.

Let's join hands to make roads safe for pedestrians

THE RIGHT TO WALK IS AIMED AT ENSURING FREEDOM OF MOVEMENT AND ACCESS TO PUBLIC SPACES.

NAVDEEP ASUA & SHARAD SATYA CHAUHAN

GURU Nanak, the founder of Sikhism, preached the principles of equality, compassion and service to humanity. His teachings hold immense relevance in today's context, particularly when it comes to pedestrian safety. Walking, a universal act embraced by people from all walks of life, symbolises equality by allowing individuals to share the same space and exercise their right to move freely. Guru Nanak not only espoused these values but also demonstrated them through his actions. One remarkable aspect of his journeys was that he predominantly travelled on foot, covering long distances in all directions. By recognising the significance of pedestrian safety, we honour the Guru's teachings and promote a society where every person can walk the streets with dignity.

According to the WHO's report on pedestrian safety, pedestrian deaths have risen globally at nearly twice the rate of road mishap deaths - a 129 per cent increase from 2013 to 2016, compared with 6.6 per cent increase for other road users; for every kilometre travelled, pedestrians are nine times more at risk of death than car occupants. The safety of pedestrians has emerged as a critical concern in our nation. According to the National Crime Records Bureau's report (2021), the number of annual fatalities of pedestrians was 18,900. This translates to an alarming average of 51 pedestrian deaths per day. Sadly, this distressing reality is not confined to urban areas alone but also affects rural regions across the country.

The situation is particularly alarming in Punjab. Statistics reveal that a majority of road accident victims in the state are pedestrians and cyclists. In urban areas of Punjab, over 50 per cent of road accident fatalities in recent years have involved pedestrians. More than 1,100 pedestrian deaths were reported on various roads of the state in 2022. Recognising this pressing issue, it becomes evident that pedestrian safety plays a pivotal role in reducing the overall number of road accident fatalities.

Most of the pedestrians involved in road crashes are in the productive age group. Many of them are the breadwinners of their families and belong to the lowest socio-economic stratum of society.

The concept of 'the right to walk' is firmly rooted in the principles of human rights, ensuring freedom of movement and access to public spaces. Recognising its importance, the high courts and the Supreme Court have delivered judgments emphasising pedestrian-friendly infrastructure and prioritising pedestrian safety. The Punjab and Haryana High Court has played a crucial role in safeguarding pedestrian rights under Article 21 of the Constitution. Similarly, the SC, in the case of Davinder Singh Negi vs Union of India and others, issued significant interim orders supporting pedestrian



rights. These legal interventions aim to rectify biases in road infrastructure development that favoured motorised traffic over pedestrians. By upholding the right to walk, we ensure safer roads and promote inclusivity. The 'Right to Walk' initiative builds upon these court orders, strengthening the government's resolve to create safe and accessible walking infrastructure. Investing in well-designed footpaths, pedestrian crossings and cycling lanes is aimed at enhancing urban mobility, promoting healthier transportation and fostering inclusivity.

It is imperative that we prioritise pedestrian safety. Road accidents pose a significant threat to the lives of pedestrians, while inadequate infrastructure and poor road design hinder their mobility and compromise their safety. This has a direct impact on their physical activity and well-being, as well as the overall health of the community.

To address these concerns, it is crucial for the government and relevant stakeholders to adopt a holistic approach.

This involves implementing comprehensive policies, ensuring better infrastructure design, conducting safety audits of existing and proposed infrastructure and promoting public awareness campaigns. Additionally, collaboration among various departments, such as transportation, urban planning, law enforcement and education, is vital to creating a safer pedestrian environment.

By embracing pedestrian safety as a key aspect of urban planning and transportation policies, we can create a safer future for everyone. Improved infrastructure, enhanced enforcement of traffic regulations and public education initiatives can contribute towards reducing accidents and making streets pedestri-

an-friendly. Let's work together to prioritise pedestrian safety, ensuring that walking becomes a safe, accessible and enjoyable experience for all.

The journey towards pedestrian safety and the promotion of the right to walk in Punjab began in 2019 during the commemoration of the 500th birth anniversary of Guru Nanak.

It is time for the state and Central governments to join hands and take this issue to the international stage. We propose that the United Nations should declare an 'International Pedestrian Safety Day' during the UN Global Road Safety Week to emphasise the importance of pedestrian safety. Such a declaration would not only honour the teachings of Guru Nanak, but also demonstrate our commitment to creating a society where walking is safe.

Political leaders should champion this cause and allocate necessary resources to improve pedestrian infrastructure, enforce traffic regulations and raise awareness about pedestrian safety.

In our ever-changing world, prioritising pedestrian safety can have a profound positive impact. Imagine streets where pedestrians feel secure, accidents decrease and a vibrant life flourishes with confidence. Emphasising pedestrian safety promotes healthier lifestyles and benefits individuals and communities alike.

In alignment with the UN Global Road Safety Week, initiated in 2007 to raise global road safety awareness, there is a need to focus on young road users and their over-representation in accidents. The motto 'Road Safety is No Accident' drives this pivotal movement. Let pedestrian safety be the cornerstone of thriving communities worldwide.

Manipur crisis and the Oppn's bid to corner PM Modi

PARSA VENKATESHWAR RAO JR

RIGHT from the start of the Monsoon Session of Parliament, the Opposition has been keen to corner Prime Minister Narendra Modi on the horrendous disrobing of two Kuki women by a Meitei mob and the violence that has scorched Manipur over the past almost three months. But the government has been adamant that the PM will not make a statement in Parliament, though it is ready for a discussion. Unwilling to be outflanked, the Opposition has resorted to the no-confidence motion, which the PM will have to answer. The motion, however, will fall flat because the BJP has more than the required numbers to defeat it.

Two questions arise: Is the Opposition really concerned about the situation in Manipur? Or is it more interested in cornering PM Modi? The Opposition does want to put the PM in a spot on Manipur after his triumphant trips to the US, the UAE and France.

Had the Opposition been serious about Manipur, it would have gone for a discussion. And cornering Modi could have waited for another day. True to form, Prime Minister Modi has not spoken on the Manipur situation in Parliament so far. There have been many occasions and issues which demanded that the Leader of the House in the Lok Sabha and the PM should have stood up and clarified matters. PM Modi has shied away



from being the parliamentarian which Atal Bihari Vajpayee was. The careers of the two men have differed widely. Vajpayee had spent decades on the Opposition benches before he became the Leader of the House and the PM. PM Modi replies every time at the end of the discussion on the Motion of Thanks to the President's Address, as per custom; he answers in passing or in jest the statements by members of the

Opposition during the discussion. His speeches on these occasions in Parliament have been more or less stump speeches. He seems to have shown no interest in parliamentary deliberations per se.

In July 2018, he had to reply to the no-confidence motion brought by the Telugu Desam Party, which accused the Centre of non-allocation of adequate funds to Andhra Pradesh; After

the PM replied, Congress leader Rahul Gandhi walked up to his seat and hugged him, and Modi, in his reply, has much to say about it. The PM has never spoken in Parliament after any of his many foreign trips, which is what other Prime Ministers did. In Modi's case, it was the late Sushma Swaraj who, as the Foreign Minister, made the statement in place of the PM, though she never travelled with him

abroad during the first term. In the second term, the job is being done by incumbent Foreign Minister S Jaishankar.

The PM did not speak in Parliament on important issues such as demonetisation (2016) and the Chinese intrusion in east Ladakh (2020). It was Jaishankar, and later Union Defence Minister Rajnath Singh, who made the statement on the border situation. Rajnath Singh traced the history of the undemarcated border, admitting that the situation was complicated. So, by seeking a statement by PM Modi first, the Opposition has unwittingly blocked its own path of discussion on Manipur in Parliament because he is not going to swerve from his path of silence. The government tried to deflect the demand for a discussion on Manipur in the Rajya Sabha, with Chairman Jagdeep Dhankhar reading out the notices given by several BJP members of the Upper House, demanding a discussion on violence in West Bengal, Bihar, Rajasthan and Chhattisgarh.

The BJP would like to club incidents of violence in the Opposition-ruled states to deflect criticism of mass violence in Manipur. This is a narrow-minded political tactic, which is indeed legitimate, but betrays lack of responsibility on the part of the ruling party on the Manipur situation. While acts of violence against women in Rajasthan need to be discussed, it cannot be overlooked that the atrocity against the two

Kuki women had happened as part of a political disturbance and it has wider ramifications. Even when the discussion on Manipur takes place, it is evident that the BJP MPs will, without a twinge of conscience, sidestep the horrific incident by citing cases of violence against women in Rajasthan.

Will the Modi government ride out the Manipur violence? Yes, it will, like any government with the kind of majority that the BJP enjoys in the Lok Sabha. Will the Manipur folly of the government stick to it and dampen its electoral prospects in 2024? The country is in a complacent mood, and the delusion has set in that India is among the most powerful and influential countries in the world. It is lost on the middle class in India that the US, France and other western countries are wowing India because they want to use it as an anti-China prop.

It's an aggressive attitude that is dominant, and it is felt that as a rising power, India has every right to strike a belligerent stance. The behaviour of India's women cricket team captain Harmanpreet Kaur in Bangladesh is a perfect example of the mood of the country. India can afford to throw tantrums. All that one can recall is the shameful disrobing of Draupadi by Duryodhana and Dushasana in an open darbar, though she was saved through divine intervention. The ruling BJP represents the arrogance of Duryodhana and Dushasana, and it revels in its arrogance.



# INSIDE KIARA ADVANI'S BIRTHDAY CELEBRATION WITH HUGE THREE-TIER 'BORN TO SHOP' CAKE, PINK BALLOONS

Kiara Advani is celebrating her 31st birthday on July 31. The actor is seen celebrating her special day with pink balloons and a beautiful birthday cake, in a picture that was shared by the actor's friend on Instagram Stories.

How Kiara is celebrating her birthday in the Instagram Stories shared by Kiara's friend, the actor can be seen standing in front of a huge birthday cake. The space is decorated with candles and colourful balloons with the message 'we love you' written on them. In the picture, Kiara is seen in a no makeup look with a black and white pyjama set, and her hair is kept untied. She is seen with her eyes closed while making a wish right before

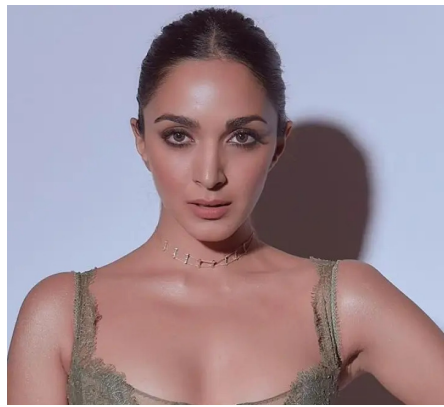
cutting the birthday cake.

Kiara's birthday cake

The picture also gave a glimpse of Kiara's three-tier birthday cake, which seemed to be personalised to reflect the shopaholic traits of the actor. In the bottom tier, designs of windows of a luxury brand store were made. The middle layer was a motif of a shopping store with the writing 'born to shop' inscribed in it. Finally, the top layer of the cake was designed like a shopping bag.

Kiara and Sidharth at airport

Earlier on Thursday, the actor was spotted at the Mumbai airport with husband Sidharth Malhotra as they left for her birthday trip. They both held hands



as they walked up to the departure gate. She shared a selfie with Sidharth Malhotra before the take off, Kiara wrote on her Instagram Stories, "Time to (airplane emoji)." She was in a beige co-ord set with a white top while Sidharth was in a T-shirt, track pants and a lightweight jacket. Kiara was last seen in Satyaprem Ki Katha opposite Kartik Aaryan.

## Salman Khan Remuneration to Host Bigg Boss

Bigg Boss and Salman Khan are synonymous. The most popular TV reality show may have seen many hosts, but none could command the kind of attention and TRPs that Sallu Bhai got for the show.

The Bollywood Bhaaijan started hosting the show from Bigg Boss Season 4 and never looked back. The actor is perfect for the show as he knows exactly what the viewers want. He is known to be kind to the contestants and at the same time, we have seen Sallu school them too when they crossed the line. So there's no doubting the fact that Salman Khan holds a huge mass appeal and there can never be another actor who can match his charisma on the Indian small screen.

Now, if that be the case, the next question one can ask would be how much the actor-turned host earns from the show. Have you any idea how much he charges per episode of Bigg Boss?

Well, a recent report making the rounds on the internet suggests that Salman Khan's salary for hosting Bigg Boss has only grown over the years. If the figures mentioned in the report are anything to go by, then the commercials are huge!

As per the report, Salman Khan was paid Rs 2.5 crore per episode for the first two seasons. Following the show's huge popularity, Salman is said to have doubled his remuneration. Salman took home a whopping 5 crore per episode of BB7, Rs 5.5 crore for BB8. Salman remuneration for Season 9 is said to be anywhere between Rs 7 and 8 crores. The Bigg Boss host was paid a whopping 8 crore as fee per episode for BB10.

When Salman Khan was asked during a press conference if he would actually earn Rs 11crore per episode in Season 11, he laughed it off and asked the media to urge the show maker to pay him that much. However, Endemol COO Nayak's statement that Salman doesn't come cheap, left everyone wondering again!

It is worth mentioning here that Salman Khan is all set to host the second season of Bigg Boss in OTT format.

## SAMANTHA RUTH PRABHU SOAKS IN BEAUTY OF BALI, RELISHES ICE-CREAM, WORKS OUT WITH A CAT

Samantha Ruth Prabhu is having a blast during her Bali vacation with friend Anusha Swamy. On Sunday, Samantha shared several memorable moments with her fans from her time in Bali by giving them a peek into how she was chilling by the beach, having yummy food, sightseeing and listening to live music.

Samantha's post from Bali

Sharing the pictures and videos, Samantha wrote on Instagram, "Live a little they said," along with a smiley. The post shows happy glimpses of Samantha in a green swimsuit and matching sarong from the beach.

There are also pictures of the food she ate, some ice-cream and an ice-cream parlour. Samantha also shared a glimpse of several rock statues lined up on display. There is also a video of a band perform-



ing live at a resort and several beautiful glimpses of the beach.

On Monday, Samantha also shared a video on Instagram Stories in which she was working out, while holding a cat in

her arms.

Fans want Samantha to be happy

A fan reacted to the post, "Wishing on all the stars tonight for your beautiful smile to remain like this, no matter what!" Many praised her close up picture which showed her smiling and looking happy. "First pick melts my heart," wrote a fan. Another commented, "Keeps smiling Sam. There is a lot more moments to capture in life." One more said, "Yesss, Slow down and enjoy the moment you're in and live your life to the fullest."

"So happy for you ... at last you are listening to what they said , and more importantly the right one that they said ... have fun Sam baby," read a comment. A fan also silenced those sharing hate for the actor and said, "Now some people think that she is lucky to be actress but just think how much hardworking and dedication she has to reach this palace." One of Samantha's fan pages also wrote, "Live a little, Laugh a little, Love a little. Happiness will find you a little more."

## "Congrats to my current husband and his mistress": Lisa Hochstein mocks spouse Lenny for getting engaged while married



Lisa Hochstein mocked her estranged husband Lenny Hochstein after he announced his engagement to Katharina Mazepa. Lenny reportedly popped the question to his girlfriend of one year, although he is still legally married to Lisa.

"Congrats to my current husband and his mistress on their engagement," Lisa wrote on her Instagram story. She also went on to slam Lenny's mother Marina Hochstein, who took a dig at her while congratulating her son on his engagement to Katharina.

"On top of an ancient pirate cake, overlooking the sunset over breathtaking Es Vedrà, he asked to steal me away forever," Lenny shared on Instagram, posting a series of photos of himself and Katharina. Marina wrote in the comments section of the post, "I will be very happy that this time you are getting a woman who love and respect you. You certainly did not have that in your previous marriage. Good luck congratulations". Lisa blasted Marina, saying on her Instagram story, "What a wonderful mother in law and grandmother. How disgusting." Meanwhile, in a statement to Page Six, Katharina's manager at "The Inferno Agency" said, "We are delighted to announce the engagement of a truly extraordinary couple, Katharina and Lenny. Their love story has blossomed into a beautiful union, filled with passion, understanding and unwavering commitment. As they embark on this journey together, we extend our heartfelt congratulations and best wishes for their future filled with love, light & happiness."

Lisa had previously claimed Lenny, a plastic , cheated on her with Katharina. Lenny, however, denied the accusations. After Lenny and Lisa split, they continued to be involved in a divorce battle. They share two children together - son Logan, 7, and daughter Elle, 3. In April, a judge ruled that Lenny had to pay the mother of his kids \$8,000 per month in temporary support.

## Film Ink, a Unique Grant for Books on Indian Cinema



Film Companion and A Suitable Agency announce—Film Ink, a unique writing grant to support and encourage original, well-researched books focusing on inspiring lives and prominent moments in Indian cinematic history.

Film Ink grant is aimed to foster a community of writers who will chronicle aesthetic quality and the diversity of Indian cinema. Two talented writers with compelling book ideas, will receive a grant of 2.5 Lakh each along with publishing support.

Film Ink is envisioned to create a library of work that will document the journeys of luminaries of Indian cinema and uncover various cultural moments – some well-known, some hidden from the public eye.

In India, cinema isn't just an art form. It is part of the very ethos of Indian lifestyle—shaping our experience of emotion, and creating a mode of communication across a diverse country of varying languages and cultures. Film Ink is a unique initiative to document some of the great stories surrounding films and artists who shape Indian culture through cinema.

## Sheena Chohan: Getting to work with big names is the greatest learning

Actor Sheena Chohan, who has shared screen with biggies like Mammooty in The Train (2011), Madhuri Dixit in Fame Game (2021) and Kajol in The Trial (2023), asserts that for any newcomer it's important to stay unperturbed as it's only then one can raise the bar as an artiste.

"I feel, absolute focus is the key! One has to value the opportunity without getting intimidated even for a second. There is no scope to err or else you would lose the momentum! I have been constantly on a roll getting to work with some big names be it actors or makers and I call it the greatest learning of all that no institute can provide. I remember telling myself that I should learn from them not only the way they sculpt their characters



but also how they project themselves in day-to-day life," says The City of Dreams 2 and Ex Mates actor. On working with Kajol, Chohan adds, "She is a very sorted actor and

longest. Doing court room scenes with her, while playing the role of Jasmine Lobo, it was a grilling experience but at the same time, I loved the challenge the script brought for us."

With a career of over six years in the Hindi industry, Chohan feels that getting the right projects at the right time has helped her to keep the graph up. "In the industry visibility and getting your name included in noticeable projects is like an asset for any actor. This also helps you to reach a much larger audience. I am super excited to play a pivotal role opposite Marathi star, Subodh Bhawe who plays titular in Aditya Om's Hindi historical biopic Sant Tukaram this will be followed with another film Justice and an international project Nomad.

## SHAKTI KAPOOR RECALLS MITHUN CHAKRABORTY CUT HIS HAIR, LOCKED HIM UP IN A ROOM HOSTEL AFTER RAGGING HIM AT FTII

Shakti Kapoor has revealed that Mithun Chakraborty locked him up in a room, after hours of ragging him, when they first met at Film and Television Institute of India (FTII) in Pune. In his recent interview with DD Urdu, Shakti Kapoor also recalled that Mithun was his senior at the institute and one of the first ones, who ragged him there.

Shakti and Mithun went on to work in several films together, including Gunda, Guru, Kranti Kshetra, Baadal, Pyaar

Ka Karz and Dalaal. Shakti also said that Mithun Chakraborty locked him up in a room, after hours of ragging him, when they first met at Film and Television Institute of India (FTII) in Pune.

He befriended Ravi Varman and Anil Varman on their way from Delhi to Pune and had a few meals in five star hotels with Vinod Khanna, Rakesh Roshan and Rajesh Roshan. Ravi's sister was married in Vinod's family and since they stayed at her house in Khandala, they happened to meet their family friends from the film industry as well.

Having started his Bollywood journey in 1977, Shakti bagged his famous roles in with Sanjay Dutt's Rocky and Feroz Khan's Qurbani in 1981. He went on to create a place for himself with his comic as well as villainous roles during the 80s and the 90s. He was most recently seen in Prime Video's Guilty Minds and will now be seen in Ranbir Kapoor's Animal.

When Mithun ragged Shakti "By the time we reached Pune, I had a beer in my hand and felt like a star. We reached

the hostel, Rakesh Roshan was there to see me off. I saw that there was a guy standing at the gate, he was wearing a dhoti and had a rippling muscular body. His dhoti had so many holes you could not even count. He was dusky. He saw Rakesh Roshan and touched his feet. I had a beer in my hand and I asked him, 'You wanna have some beer?' He refused and said it is anyway not allowed in the institute and then introduced himself - he was Mithun Chakraborty... Cut to, they (Rakesh and other) left

and a hand held me by my leg. He dragged me to a room, threw me on the floor and questioned 'You asked a senior - you wanna have some beer?' (How dare you?)"

Shakti said that Vijayendra Ghatge joined Mithun and soon, the entire room was dark, except for a spotlight on Shakti.

"These are all my seniors, and there I am sitting on the floor. Mithun then told his friends about me and then they joked about my hair - tere zulf ju hai, raat ka andhera, tu jo sir mudwase savera ho jae. Unhone





# 'BLUE FOODS' BENEFIT HEALTH AND THE PLANET



With careful implementation of policies that leverage these foods, nations could get a boost on efforts to reduce nutritional deficits, lower disease risk, decrease greenhouse gas emissions, and ensure resilience in the face of climate change.

Blue Food Assessment, an international collaboration of scientists, has been focused on the role of aquatic foods in global food systems. In a paper in the journal *Nature*, the scientists tease out the global-scale benefits of adding more blue food to the world's diet. "Even though people around the world depend on and enjoy seafood, the potential for these blue foods to benefit people and the environment remains underappreciated," says Ben Halpern, a marine ecologist

at the University of California, Santa Barbara, director of the National Center for Ecological Analysis & Synthesis, and a member of the team. "With this work, we bring attention to these many possibilities and the transformative benefit that blue foods can have for people's lives and the environments in which they live," Halpern says. Built on the landmark Blue Food Assessment, this study synthesizes the assessment's findings and translates them across four policy objectives related to nutrition, health, environment, and livelihoods. The research team reports that aquatic foods are rich in many essential nutrients, particularly vitamin B12 and omega-3 fatty acids, deficiencies of which are relatively high globally, especially in African and

South American nations. Increasing the intake of blue foods in those areas could diminish malnutrition, particularly for vulnerable populations such as young children and elders, pregnant women, and women of childbearing age. Meanwhile, high incidences of cardiovascular disease—a condition associated with excessive red meat consumption—are mostly found in the rich, developed countries in North America and Europe. Promoting more freshwater or marine seafood here could displace some red and processed meat consumption and lower the risks and rates of developing heart disease. More blue food can also result in a more environmentally friendly and sustainable food system. As aquatic food production exerts relatively

lower environmental pressures than terrestrial meat production, a shift toward more blue foods

Assessment.

"Our goal is for policy makers to fully understand the diverse

**BLUE FOODS—THOSE THAT COME FROM THE OCEAN OR FRESHWATER ENVIRONMENTS—HAVE TREMENDOUS POTENTIAL TO HELP ADDRESS SEVERAL GLOBAL CHALLENGES,**

could lower the toll that producing terrestrial livestock (particularly ruminants such as cows, sheep, and goats) takes on the earth.

Carefully developed, aquaculture, mariculture, and fishing also present opportunities for employment and can ensure the livelihoods of hundreds of millions of people worldwide, according to the researchers.

With thoughtful implementation of blue food policies that lower the barriers to blue food production and access, countries could avail of multiple benefits simultaneously, resulting in healthier people and a sustainable food system, as well as a better ability to adapt to changing environmental conditions. But not all countries will benefit to a uniform degree.

"Blue foods can play important roles in our diets, societies, and economies, but what exactly this looks like will differ greatly from one country and local setting to another," says lead author Beatrice Crona, a professor at the Stockholm Resilience Center at Stockholm University and co-chair of the Blue Food

contributions that blue foods can make, but also for them to consider the tradeoffs that need to be negotiated to really make the most of the opportunities that blue foods provide."

To that end, the team offers an online tool, where users can see the relevance of policy objectives around the world in the realms of nutrition, heart disease, environment, and climate resilience. "By further customizing the different parameters in the online tool, decision-makers can explore the blue food policies most relevant for their national setting and use the paper to inspire blue food policies that can overcome existing environmental and nutritional challenges," says Jim Leape, co-director of the Stanford Center for Ocean Solutions, a key partner in the Blue Food Assessment.

This study is the latest in a series of peer-reviewed papers written by the Blue Food Assessment team in an effort to understand the potential for blue foods in the current and future global food system, and help inform and guide policies that will shape the future of food.

## REPORT: KETO DIET COULD INCREASE RISK OF HEART DISEASE, CARDIAC EVENTS



A new report shows that following a keto-like diet may increase a person's risk of heart disease.

The ketogenic, or keto, diet is a low-carb, high-fat eating plan. In the 19th century, the diet was used to help control diabetes, according to the Harvard T.H. Chan School of Public Health.

The diet has gained traction in recent decades because of its use as a potential weight-loss strategy. Is it good for you?

New research presented to the American College of Cardiology this month shows that the diet could be linked to higher levels of cholesterol. The study also notes that it can double the risk of heart disease and cardiac events. This includes chest pain, blocked arteries, heart attacks, and strokes.

Recent Stories from 10news.com

"Our study found that regular consumption of a self-reported diet low in carbohydrates and high in fat was associated with increased levels of LDL cholesterol—or "bad" cholesterol—and a higher risk of heart disease," said Iulia Iatan, MD, PhD, lead author of the study, in a press release by the American College of Cardiology. "To our knowledge, our study is one of the first to examine the association between this type of dietary pattern and cardiovascular outcomes."

The study also found that not everyone's body responds to the diet the same way. Researchers acknowledge that more research is needed on this topic.

Another separate study by Tulane University recently found that the keto diet is bad for the environment, creating a larger carbon footprint than other ways of eating. The keto diet reportedly generates an estimated 3kg of carbon dioxide for every 1,000 calories, while a vegan diet produces an estimated.

## Can taking vitamin D supplements help prevent dementia?

RESEARCHERS ASSESSED THE ASSOCIATION BETWEEN VITAMIN D SUPPLEMENTATION AND THE INCIDENCE OF DEMENTIA.

Over 55 million people live with dementia worldwide, which is expected to rise to 139 million by 2050, Trusted Source. There are currently no medications that can stop or reverse the condition.

Interventions that can affect dementia risk factors are being explored to slow disease progression. One such risk factor is vitamin D deficiency.

Some studies have found that vitamin D may aid the clearance of amyloid beta aggregates—one of the hallmarks of Alzheimer's disease (AD). However, studies have produced conflicting results on whether vitamin D improves cognitive function.

Other studies have shown that low vitamin D levels are linked to a greater risk of dementia and AD.

Further studying the link between vitamin D supplementation and cognitive decline could help develop preventative strategies for dementia.

Recently, researchers assessed

the link between vitamin D supplementation and incident dementia. They found that vitamin D supplementation is linked to lower incidence of dementia.

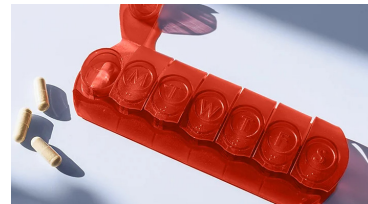
The study was published in *Alzheimer's and Dementia: Diagnosis, Assessment & Disease Monitoring/Trusted Source*.

Testing 3 types of vitamin D

For the study, the researchers analyzed data from 12,388 people from the National Alzheimer's Coordinating Center, who were dementia-free at the start of the study. Their average age was 71 years old.

Altogether, 37% of the cohort took at least one of three vitamin D supplements: calcium-vitamin D, cholecalciferol, and ergocalciferol. In their analyses, the researchers also accounted for demographic, clinical, and genetic variables, such as depression and APOE ε4 status—a gene variant linked to a higher risk of dementia.

After five years, the researchers found that 83.6% of



those exposed to vitamin D supplements were alive and dementia-free. The same was true for 68.4% of those not exposed to vitamin D. Within 10 years, the researchers found that 22% of participants developed dementia, of which 74.8% were not exposed to vitamin D supplements.

Whereas 14.6% of those with vitamin D exposure progressed to dementia, the same was true for 26% of those with no vitamin D exposure. After adjusting for factors including cognitive diagnosis, depression, and APOE ε4

status, they found that vitamin D exposure was linked to a 40% lower incidence of dementia compared to no exposure.

Women see more benefit

The effects were strongest among women: women exposed to vitamin D were 49% less likely to develop dementia than those without exposure. Vitamin D-exposed men were 26% less likely to develop dementia than non-exposed men. The researchers also found that depression was linked to a 35% higher incidence of dementia.

While findings were consistent for each vitamin D formulation, they noted that vitamin D supplements had the greatest effects on individuals with normal cognition as opposed to mild cognitive impairment and APOE ε4 non-carriers versus carriers.

How Vitamin D may help dementia

Dr. Delma Montoya Mungie, assistant professor of geriatric and palliative medicine with McGovern Medical School at UTHealth Houston, who was not involved in the study, told Medical News Today that the findings suggest vitamin D supplementation reduces dementia risk among some patients.

She added that the findings also "remind us that older adults with vitamin D deficiency may be at higher risk of poor health outcomes." When asked how vitamin D supplements may be linked to lower dementia incidence, Dr. Dario Zagari, associate professor at Yale School of Medicine, who was not involved in the study, told MNT:

# THE ULTIMATE GUIDE TO ADVANCED TRAINING TECHNIQUES (FOR ALL EXPERIENCE LEVELS)

Whether you are new to training or a seasoned weight-room veteran, advanced training techniques can be used to spice up your routine. There are many reasons why advanced techniques can make a great addition to anyone's routine. Maybe you don't have the time available to devote to a traditional workout, or maybe you find a change of scenery motivating, or are just curious to try something new.

Whatever your reasons, it can be difficult to understand what advanced training techniques are available and how to best incorporate them, so I've put together a one-stop shop for you on the most common advanced training practices that anyone can use. When programmed correctly, they offer many of the same muscle-building advantages as traditional straight-set training in a fraction of the time and can be used effectively to break those pesky plateaus you run into.

Advanced training techniques



come in many fitness flavors: supersets, dropsets, traditional rest-pause, and cluster sets being among the most popular. Let's look at each of these and find out how to program them properly into your routine!

Supersets are a great way to increase work volume when time is limited. They involve performing two exercises rapidly (forming a couplet)

with little to no rest in between. Supersets are composed of either exercises that work the same muscle group or opposing muscle groups (agonist/antagonist) with no rest between the couplet of exercises themselves. They are also easy to program as they feature similar set/rep ranges as straight-set training.

I recommend choosing

agonist/antagonist supersets (such as pairing biceps/triceps or quad/hamstrings) since using two exercises of the same muscle group leads to greater soreness, decreased work volume, and may require more recovery for no extra benefit. Antagonistic, on the other hand, does not negatively impact training volume or muscle activity.

As an example, you may program a superset of four sets of 10 reps of biceps curls and triceps overhead extensions. In practice, you would perform 10 reps of the biceps curls then immediately jump to 10 reps of triceps overhead extensions with no rest between the two exercises. Once both exercises are completed in succession, that would be considered one set and then you rest as you would between conventional sets before moving on to your second round of the previously discussed four sets.

DROPSETS

Dropsets are one of my favorite ways to make sure I fully work a muscle, and are particularly beneficial

when improving lagging musculature. They really force you to thoroughly exhaust the muscles worked in a time-efficient manner.

Performing dropsets involve completing an initial set in a conventional manner, then immediately lowering the weight lifted by anywhere from 25-50% and performing a second set until momentary muscular failure, then (optionally) dropping the load a third time by 25-50% of the second set's weight and performing a final set until momentary muscular failure.

Using this, you have one conventional set with one to two "drops" counting as a single overall dropset. After each dropset, rest as long as you would between conventional sets. I recommend incorporating one to three sets of these as the last exercise of the training day in a muscle group or movement you wish to advance.

Rest-pause is another great way to increase work volume. It has been shown to yield similar strength and size improvements compared to traditional sets while decreasing total

training time.

Rest-pause converts a single set into multiple mini sets with very little rest between each (usually 15-30 seconds). Technique varies from coach to coach, so I'll share my methods to help you set these up for either hypertrophy or strength.

For hypertrophy, I recommend shooting for a rep goal. The number of reps you achieve on your first mini set will determine how many reps you will do combined for the entire rest-pause set. Choose a weight that is 80-85% of your one rep max. Take that weight and lift until failure, then note how many reps you achieved. Double that to identify your total rep goal (ex: if you reached eight on your first mini set, then your total rep goal for all mini sets combined will be 16). Rest 15-20 seconds, then take your second mini set to failure. Add the number of reps achieved in that second mini set to those from the first. Repeat the lift rest cycle until you have reached the rep goal for the entire rest-pause set.

## New study suggests naturally-occurring sugar could increase risk of blood clots



Erythritol is a naturally-occurring sugar found in fruits like grapes and watermelon. A new Cleveland Clinic study suggests that it could play a role in raising the risk of blood clots.

Senior fellow at the CATO Institute Dr. Jeffrey Singer joined The National Desk's Jan Jeffcoat Wednesday morning to discuss the story.

"It found statistically significant evidence that people who use erythritol or when the erythritol is in their system, it seems to make their platelets sticky, so they tend to clump," he said. "There's definitely a higher association of stroke and heart attack and things like that that are related to tiny little clots that clog your vessels and people that have erythritol in their system."

The new study caused alarms about the use of sugar substitutes found in low-calorie and diet foods.



# DC Poonch Reviews Arrangements for Shri Budha Amarnath Ji Yatra 2023

JJ NEWS SERVICE

POONCH, JULY 31: Deputy Commissioner, Yasin M. Choudhary today chaired a meeting of officers of line Departments to review the preparations for the upcoming Shri Budha Amarnath Ji Yatra 2023.

The meeting was attended by Additional Deputy Commissioner Poonch, Tahir Mustafa Malik, CEO Poonch Dev. Authority, Dr. Mohd. Tanveer, General Manager DIC, Dr. Zakir Hussain, Assistant Commissioner Revenue, Zaheer Ahmed Kaifi, Assistant Commissioner Development, Abid Hussain Shah, SDI Mendhar Mohd. Jahangir Khan, Tehsildar Hqr. Jhangir Hussain, Tehsildar Mandi, Shazad Latif Khan, Tehsildar Surankote, Mohd. Akbar, DySP Hqr. Arfat Hussain, Xen PWD, Yasir Bashir



Kichloo, Xen JPDC/L, Aftab Hussain, Xen PHE, Riya Ahmed, District Information Officer Ayaz Bhatt, CEO Municipality, Mohd.

Hanief, AD Foot Ranjeet Singh, MVI, Gurmeet Singh, DPEO, N.M. Suri, besides all concerned officers, were present in the meeting.

The meeting discussed different arrangements, including the provision of langar, food stalls, accommodation, toilet facilities, traffic management, fire emergency measures, medical facilities, generator set, bathing ghats, illumination of Mandir, installation of CCTV cameras at different locations, solar light for Mandir Market and provision of parking. During the meeting, the DC directed the concerned Yatra officer and CEO Municipality to arrange existing mobile toilets in Mandir for devotees, while JPDC/L was asked to provide GenSet during the yatra.

The meeting was informed that the army will arrange toilet facilities in BG for yatis. The DC stressed the importance of ensur-

ing adequate lighting and other amenities for the yatis. The ACD was specifically directed to install solar lights in Mandir Market to ensure adequate lighting for the devotees during the pilgrimage.

The District Information Officer was directed to install a public addressing system in Poonch College ground and Budha Amarnath Mandir Mandi during the Yatra. For the evening breakfast at Dundhak Mandir, the DC directed the concerned officers to manage the traffic, road, vehicle parking and other arrangements in advance to ensure that devotees do not face any difficulties during their stay at Dundhak Mandir. In conclusion, the DC urged the concerned authorities to work together and make all necessary arrangements to ensure the smooth conduct of the Shri Budha Amarnath Ji Yatra 2023.

# Inter-school zonal level U 19 tournament takes off at GBHSS Baderwah

JJ NEWS SERVICE

BHADERWAH, JULY 31: Inter School Zonal Level Tournament for Under 19 for Boys & Girls in the disciplines of Chess, Carrom, Athletics, Wrestling, Kabaddi, Volleyball, Table Tennis, Tug of war began here today in Government Higher Secondary School Baderwah. The inaugural match for Kabaddi GBHSS Baderwah defeated GHSS Sartalping by 17 point. In volleyball, GHSS Boys Baderwah defeated GHSS Sartalping by 2-0 sets, while GHSS Bhakra defeated GHSS Chinta 2-1.

Earlier, Principal of the school Ahsan Ahmed declared the tournament open in the presence of field staff of YSS Zone Baderwah.

The Principal advised the players to play the game for the sake of the game and maintain discipline.

# ADC reviews Implementation of Environment Plan in District Doda

JJ NEWS SERVICE

DODA, JULY 31: Additional Deputy Commissioner, Dr R K Bhatti today reviewed implementation of Environment Plan (DEP) in the district Doda at a meeting of District Environment Committee (DEC).

The meeting discussed the Action taken by different departments to minimize the harmful impact of human activities on the environment, besides IEC activities being conducted to spread awareness on the importance of environmental preservation.

The meeting was attended by Assistant Commissioner Development, ACP, General Manager, District Industries Centre, Superintendent Engineer, PWD, Chief Education Officer Doda, Chief Medical Officer Doda, Divisional Forest Officer, Divisional Officer PCC, District Mineral Officer, Ex. Ens of PDD, PHE and PWD, EOs of MC Doda, Baderwah and Thauri, besides other concerned officials. ADC Bhatti appreciated the member departments for finalising and uploading the District Environment Plan on the designated portal.

The meeting discussed progress achieved in the Action Areas by different departments including Afforestation, Disposal of Bio medical waste, restoration of water bodies, restoration/creation of ponds/water bodies, monitoring and enforcement guidelines for minor mining/mining, enforcement of E-waste/Solid waste / Industrial waste management and other like issues.

# SSR for upcoming Municipal Polls to start from Aug-01 at B'pora

DC Bandipora reviews arrangements



JJ NEWS SERVICE

BANDIPORA, JULY 31: The Deputy Commissioner Bandipora, Dr. Owais Ahmed, who is also District Election Officer (DEO), Monday, chaired a meeting of officers to review the preparations for holding Special Summary Revision (SSR) of urban areas for the municipal polls in the district.

The meeting was informed that the SSR shall start from the 1st of August with 1st July 2023 as the qualifying date. The DC stressed upon concerned to work in tandem and take concrete steps on maximum registration of the new eligible voters. He asked the concerned officers to intensify the efforts for fulfilling all targets of SSR. Dr Owais directed the officers to hold special registration camps on 6th of August and 10th of August at respective polling stations of three urban local bodies of the district including Municipal Committees of Hajin and Sumbal besides Municipal Council Bandipora.

# SP College starts admission process for various UG, PG programs

JJ NEWS SERVICE

SRINAGAR, JULY 31: Sri Pratap College Srinagar has started admission process for various PG and UG (NEP-2020) programs offered by the college from 27th July 2023. Accordingly all those students who are desirous to seek admission in College are informed that they will be admitted through common admission portal <https://admission.samarth.ac.in/> for undergraduate programs under NEP-2020 and through <https://www.cusrinagar.edu.in/NEP/> for post graduate programs. The candidates are advised to go through the eligibility conditions of the courses available on our university website <https://www.cusrinagar.edu.in/> and check admission notifications. The admission to both the programs will be strictly as per Cluster University guidelines. As per the communication of college, major subjects offered by the College Under NEP-2020 are Botany, Biochemistry, Biochemistry, Chemistry, Environmental Science, Geology, Geography, Information Technology, Mathematics, Physics and Zoology.

Similarly, the Post Graduate programs are offered in Botany, Biochemistry, Chemistry, Environmental Science, Physics, Informational Technology and Zoology. The college admission committee is extending all possible support to the desirous candidates. For any query the candidates are advised to contact convenor, college admission committee Dr. Gowhar Hamid Dar on Mobile no. 700682223 and email [dargowharhamid@gmail.com](mailto:dargowharhamid@gmail.com). A dedicated cell has also been established in the college to facilitate the students in submission of application cum registration forms on all working days. Further, for any clarification students are asked to contact Prof. Magary Ajaz Ahmad (959641959).

# 'Meri Maati, Mera Desh' campaign in full swing at Baramulla

Cultural events, Panch Pran Pledge ceremony organised to showcase feeling of Patriotism/Unity of people towards Country

JJ NEWS SERVICE

BARAMULLA, JULY 31: In connection with celebrations of 'Meri Maati, Mera Desh' campaign, the District Information Centre Baramulla in collaboration with Cultural Unit Srinagar and other departments today conducted a Cultural event at Eco Park Khadinyar Baramulla through which a rich and glowing tribute was paid to all those heroes who made supreme sacrifices for the noble cause. A large number of artists, poets, other prominent citizens besides concerned functionaries of all departments showed their enthusiastic participation in the Cultural programme. The artistic performances highlighted diverse range of fascinating art forms of Jammu and Kashmir's rich cultural heritage and traditional legacy. It is worth here to mention that 'Meri Maati, Mera Desh' campaign aims at invoking a feeling of patriotism and unity in the hearts of people and promoting a sense of respect for the soil of the nation and symbols of country's Independence. The campaign includes various components including Plantation and remembering brave hearts, Memorials / symbolic items to be placed with plants, hoisting of National Flag and singing of Rashtira Gaan (National Anthem) and Panch Pran Pledge.

As part of the campaign, Panch Pran Pledge ceremony was also undertaken by students, Volunteers and other prominent citizens at Sikh War Memorial Baramulla in connection with 'Meri Maati Mera Desh' campaign to affirm the objective to fulfil dream of a developed India in 2047.

# DLSA, Srinagar hosts Orientation/Sensitization program on Child Rights

JJ NEWS SERVICE

SRINAGAR, JULY 31: The District Legal Services Authority (DLSA), Srinagar under the aegis of J&K Legal Services Authority today held a captivating Orientation and Sensitization program on Child Rights, bringing together participants from diverse backgrounds including Police Officers, Panel Lawyers, Para Legal Volunteers, Members of Juvenile Justice Board, Members of Legal Aid Defence Counsel System and Members of Child Welfare Committee.

This enlightening event, organized by DLSA, Srinagar, was an ode to the protection and promotion of children's rights. Jawad Ahmed, Chairman DLSA, Srinagar, graced the occasion as chief guest, imparting the event with great significance and motivation.

As a testament to the commitment of DLSA, Srinagar, in promoting child rights, the event welcomed Masarat Roohi, the Principal Judge, Family Court, Srinagar, Mukund Tibrewal (IPS on probation) presently posted as SHO Shaheed Gunj, Srinagar, Dr. Khair-un-Nisa, Chairperson, Child Welfare Committee, Srinagar, and Adv. Mujtaba, Child Rights Activist, as Guest Speakers. Their presence and

participation added immense value and insight to the program.

The program commenced on a melodious note with the uplifting strains of the National Legal Services Authority (NALSA) Theme Song, resonating with the audience and setting the tone for the day's proceedings.

Chairman DLSA, in his address, emphasized the vital role that all stakeholders play in upholding and advocating for children's rights. He underscored the importance of empowering the younger generation with knowledge of their rights and encouraged the participants to become torchbearers in protecting the rights of children.

Masarat Roohi, in her enlightening presentation, highlighted the pivotal role of family courts in securing the welfare of children and reaffirmed her commitment to dispense justice in child-related cases.

Mukund Tibrewal shared invaluable insights about the collaborative efforts of the police department in ensuring the protection of children and fostering a safe environment for their growth. He highlighted the two major issues of substance abuse and sexual exploitation of children and emphasized upon the significance of a collaborative approach between law enforcement and legal entities in

ensuring the safety and well-being of children.

Dr. Khair-un-Nisa, Chairperson of the Child Welfare Committee, passionately addressed the audience, discussing the challenges faced by vulnerable children and the vital role of the Committee in providing them with care and support.

Adv. Mujtaba, a dedicated Child Rights Activist, ignited the spirit of advocacy among the attendees, urging them to be proactive champions of child rights.

A poignant moment during the program was the distribution of cheques under the victim compensation scheme, exemplifying the compassion and solidarity extended to the victims of child rights violations.

As a visual treat, a thought-provoking short film on child rights was screened, resonating deeply with the audience and reinforcing the urgency of prioritizing the protection of children's rights.

The Orientation and Sensitization Program on Child Rights organized by DLSA, Srinagar, left an indelible impact on all participants. The event served as a catalyst to encourage collective action in safeguarding the rights of children and fostering a safe and nurturing environment for their holistic development.

# DLSA Samba organises sensitisation Program for Civil & Police functionaries

JJ NEWS SERVICE

SAMBA, JULY 31: District Legal Services Authority Samba, under the aegis of J&K Legal Services Authority (JLSA) organised One day Sensitization Programme for the police functionaries (SHOs, IOs and SIs/Probationers) of District Samba), Executive Magistrates of different Tehsils of District Samba, Legal Aid Lawyers, members of Juvenile Justice Board Samba and Child Welfare Committee Samba today here in Conference Hall, Mini Secretariat Samba.

Yash Pal Kotwal, the Chairman District Legal Services Authority Samba (also Pr. District and Sessions Judge Samba) was the chief guest, while Abhishek Sharma, District Development Commissioner Samba and Benam Tosh, Senior Superintendent of Police Samba, were the guests of honour. Speaking on the occasion, the Chief Guest gave an overall

view of all the three technical sessions of the Sensitization programme. The chief Guest also stressed upon all the stakeholders like IOs, ARTO, CMO, Superintendent, District Hospitals etc. to perform their duties and responsibilities while dealing with Accidental cases as per the Judgment of Supreme Court of India in Civil Appeal No.9322/2022 in FAFO No. 3303/2018 titled "Gohar Mohammed Vs Uttar Pradesh State Road Transport Corporation & Ors." The District Development Commissioner, in his address, requested the Chairman DLSA Samba to organize such awareness programmes in schools, colleges and at different places of District Samba to aware maximum number of people about different emerging Laws.

The Senior Superintendent of Police Samba, in his address, appreciated the DLSA Samba for organizing first of its kind pro-

gramme in the District Samba wherein all the IOs and Executive Magistrates have been invited and sensitized about the different areas like NDPS, POCSO, MACT etc.

Surinder Kumar Choudhary, Additional Senior Superintendent of Police, presented Welcome address, while Rekha Kapoor Nishal, Secretary District Legal Services Authority Samba presented vote of thanks in the inaugural session of the programme.

The inaugural session of the one day sensitisation programme was followed by three technical sessions. Rahul Singh Sambyal, Advocate, District Court Samba, was the resource person for the first session, while Ajay Singh Manhas, Advocate was the resource person for the second session.

Preet Simran K. Grover, Ld. Chief Judicial Magistrate Samba was the resource person for the third session.

The inaugural session was attended by Assistant Regional Transport Officer, Chief Medical Officer, Superintendent District Hospital, DySP DR, SDPO Bari Brahmana, SDPO Vijaypur, Tehsildar Headquarter Samba, District Child Protection Officer Samba, Officer in Charge, Legal Aid System Defense Counsel System, District Legal Services Authority Samba, Police officers (SHOs, Investigating Officers & SIs (Probationers) and Executive Magistrates of District Samba, Legal Aid Practitioners of District Legal Services Authority Samba, Members of Juvenile Justice Board Samba and Child Welfare Committee Samba, faculty members and students of Dogra Law College Bari Brahmana Samba and Govt. Girls Hr. Sec. School Samba, Staff members & Para Legal Volunteers of District Legal Services Authority Samba.

Speaking in the first session, the resource person deliberated upon

the Child rights with special reference to POCSO Victims and their Rehabilitation.

The second session focused on the Legal Procedure and the Resource Person emphasized the role of the Investigating Officer (IO) in the investigation of POCSO Cases as laid down in the provisions of NDPS Act, 1985. Speaking in the third session, the Resource Person deliberated upon practical aspects of Section 156(3) CrPc, and Basic Contours of Arrest of a Person under the Code of Criminal Procedure (CrPc) in view of the landmark Judgments of the Supreme Court like Priyanka Srivastava & Ors Vs State of UP, 2015 Crim(SC) 179; Armesh Kumar Vs State of Bihar and Anr 2014, 8 SCC 273 and Lalita Kumari Vs State of UP, (2014) 2 SCC 1.

The proceedings of the program were conducted by Hitesh Sharma, Panel Advocate DLSA Samba

# One day awareness programme on "Viral infections, an overview on prevention of transmission" held at Udhampur

JJ NEWS SERVICE

UDHAMPUR, JULY 31: J&K Science Technology & Innovation Council, Department of Science & Technology, Udhampur, in collaboration with Rural Development Department today organised an awareness programme on "Viral infections, an overview with a focus on prevention of transmission" here at Block Development Office Udhampur.

About 200 participants including youth actively participated in the programme. The objective of the event was to impart awareness to participants regarding viral infections and ways to prevent the transmission of infections and promote understanding of science



among them. Chairman District Development Council Udhampur,

Lal Chand was the Chief Guest. Mool Raj, District Development Council Kamrup, also graced the occasion. The programme started with the welcome address by the Block Development Officer, Sahil Bhagotra. He welcomed the Chairman DDC Udhampur, Resource persons, Guests and all participants.

Shruti Khanna, District Co-ordinator, ICRP, DDC Udhampur, apprised and inspired the participants about different achievements in Science and familiarized the gathering about the initiatives of the science & Technology department. The guest lecturers were delivered by Dr Anu Saloch, District Health Officer, Udhampur and Dr. Priya Gupta,

DH Udhampur. While speaking on the occasion, the chief guest appreciated the Science & Technology Department and Rural Development Department for holding a highly impactful event. He suggested hosting more such events to make people aware about the Viral Infections and prevention. He advised the civil society to adopt ways to protect themselves as well as others from attracting as well as spreading infection. The message of the awareness programme was "To encourage people to resolve to make good use of science and contribute to the progress of the country and to create an infection free society by adopting preventive measures."



# DDAC organizes One-Day Drug Demand Reduction Training programme at GHS Malangam, Bandipora

JJ NEWS SERVICE

BANDIPORA, JULY 31: In a collaborative effort by the District Drug De-addiction Centre (DDAC) Bandipora and the District Administration Bandipora, a comprehensive awareness and sensitization programme on Drug Demand Reduction was today conducted at Govt. High School Malangam.

The programme aimed to address drug addiction issues, spread awareness and highlight the services provided by DDAC in the journey towards whole-person recovery.

The one-day programme witnessed active participation from students, teachers, and non-teaching staff members of the school, who were enlightened about the various aspects of drug addiction and its impact on individuals and society. The programme was



organised under the leadership of District Development Commissioner, Bandipora, Dr. Owais Ahmed and under the supervision of District Social Welfare Officer, Bandipora, Hidayatullah Mir, who is also Nodal Officer for DDAC.

Showkat Ahmad, the Project Coordinator, DDAC Bandipora, highlighted the diverse range of services offered by the centre, including identification, awareness, counseling, education, pre-

vention, treatment, and rehabilitation. He emphasized that DDAC is dedicated to providing indoor and outdoor patient treatment facilities, along with a whole-person recovery approach to ensure effective drug demand reduction.

Shabnum Shaban, Counselor at DDAC, provided insights into the well-equipped infrastructure of the centre, encompassing separate counseling rooms for male and female patients, medical facilities, recreational amenities, and a

library. She emphasized that all these services are provided free of cost to support individuals in their journey towards a drug-free life.

Addressing the audience, the Principal of Govt. High School Malangam, Bandipora, praised the efforts of DDAC, its implementing agency JKSWM and District Administration Bandipora and acknowledged that overcoming drug addiction is a gradual process that requires commitment

and patience from both the patient and their family.

He highlighted the various steps of treatment, including behavioral therapy and withdrawal therapy, tailored to each individual's needs.

During the event, official the DDAC team expressed commitment to making Bandipora a drug-free district by providing comprehensive support and treatment to patients. The team also distributed informative posters and pamphlets, raising awareness about the adverse effects of drug addiction. The programme concluded with gratitude extended to management Govt. High School Malangam for its cooperation and support in conducting the awareness event. The initiative aimed to instill a sense of responsibility and awareness among the participants, fostering a drug-free and healthier community.

# PSPS Govt College for Women bids farewell to Dr. Anjana Gupta, HOD Chemistry Department

JJ NEWS SERVICE

JAMMU, JULY 31: Padma Sri Padma Sachdev Government College for Women Gandhinagar today bade emotional farewell to Dr. Anjana Gupta, HOD Department of Chemistry on her Superannuation in the College Auditorium.

She has rendered more than five decades in teaching as a diligent worker and contributed as a great teacher in the holistic growth of students in person and institution in general. Her dedication, commitment, and attitude towards work have inspired everyone.

Prof. Mala Bhasin, HOD Botany and Staff Secretary of the college welcomed the guests. Prof. Minu Mahajan, the Principal of the College congratulated and wished her happy, healthy and contented post-retirement life ahead.

The faculty members shared their experiences and happy moments spent together in the institution with the rosary of words and music.

Towards the end, Dr Anjana Gupta narrated the Odyssey of her service years and cherished the beautiful moments and thanked everyone for their warm and cordial gesture-overwhelmed on seeing the Comprehensive Presentation jotting down her years of Service by Prof. Malvi Rajput.

The Programme concluded with the Presentation of Memento as a Souvenir and token of Respect. The proceedings of the program were conducted by Dr. Revika Arora and coordinated by the team- Dr. Nidhi Suri, Prof. Neelam Thapa, Prof. Sania Hamid, Prof. Suman Bala and Prof. Sugandha Mahajan.

# DC Kathua reviews arrangements for JJM Fortnight celebrations

JJ NEWS SERVICE

KATHUA, JULY 31: To review arrangements for JJM fortnight, scheduled to be held from August 01 to 14, a meeting of officers was held today under the chairmanship of Deputy Commissioner Kathua, Rakesh Minhas in the Conference Hall of DC Office Complex.

At the very outset, the SE Hydraulic Kathua briefed the meeting about the schedule of a two-week long event during which visiting officers will inspect the assets of JJM, besides checking their quality and other parameters. It was also given out in the meeting that the visiting officer will submit a detailed report on prescribed format after getting a firsthand appraisal of JJM works.

During the meeting, the arrangements for conducting special Gram Sabhas for discussing JJM, installation of Signages on all water supply schemes were reviewed.

It was informed that debates, painting competitions, rallies and street plays with themes like water conservation, climate change etc will be organized during these days. The CEO Kathua was instructed to coordinate with the Jal Shakti department to organise these programmes smoothly across all the identified schools of the district.

The DC instructed concerned officers to put in place all requisite arrangements for celebrations of JJM fortnight. He directed the visiting officers to exercise due care and diligence while consolidating the data and also emphasized on extensive field visits to ascertain ground realities.

He further directed concerned executing agencies to prioritize FHTCs in all the schools, Anganwadis centres and hospitals. Besides, the DC laid thrust on saturating all the Water supply schemes under JJM within prescribed timelines so as to fulfill the resolve of 'Har Ghar Nai Se Jal'.

The meeting was attended by ADC Kathua Ranjit Singh, CPO Kathua, ACD, Executive Engineer Jal Shakti, CEO, CMO, AEs and other officers.

# DC Ramban reviews preparedness for Azadi Ka Amrit Mahotsav activities themed "Meri Maati Mera Desh"

JJ NEWS SERVICE

RAMBAN, JULY 31: Deputy Commissioner Ramban, Musarrat Islam today chaired a meeting of line departments to review preparedness for executing the activity plan regarding celebration of Azadi Ka Amrit Mahotsav themed- 'Meri Maati Mera Desh'.

The meeting was attended by Chief Planning Officer, Dr. Kasturi Lal, CEO, Dev Anand, ACD, Ashok Singh Katohw and BDOs and other concerned officers attended the meeting through virtual Mode.

Discussing the activities for celebrating Azadi Ka Amrit Mahotsav themed "Meri Maati Mera Desh", the DC said that this year, the focus of the celebrations will be on "Veero Ko Naman" and "Veero Ka Vandan". Local veers (heroes) will be felicitated to acknowledge their contribution towards the country.

The families of the freedom fighters will also be felicitated as a mark of respect and gratitude towards their sacrifices.

In consonance with the theme "Meri Maati Mera Desh", a "Mitti Katra" will be taken out from each Panchayat to the national capital. The yatra will symbolize the connection between the land and its people and will mark India's independence.

The officers also discussed the need for outreach sessions with the heads of each panchayat and other stakeholders to leverage mitti diyas and kalash.

All government buildings and institutions will take the Panch Pran pledge with participation of local leaders. A memorial pledge will be constructed in and around Amrit Sarovar, where water bodies are available, to honor the country's freedom fighters.

The DC emphasized the need to celebrate the Azadi Ka Amrit Mahotsav in a grand manner while ensuring the safety of all participants. In addition, saplings will be planted at each panchayat to promote environmental conservation, he added.

# JKAACL Organises scintillating Cultural event at Kalakote to promote literature, folk music

JJ NEWS SERVICE

RAJOURI, JULY 31: The hilly town of Kalakote was alive with the sounds of folk music, dance, and poetry as the Jammu & Kashmir Academy of Arts, Culture and Languages organized a one-day cultural bonanza in the Government Girls High School. The event was a resounding success, with a large number of people from the adjoining areas, including students and senior citizens gathering to witness the show.

The literary breakfast included a captivating music show, enchanting dance performances, and a composite Mushaira featuring artists and poets from both within and outside the district. The objective of the event was to promote and develop the rich cultural heritage of the Peer Panjal region, with a special focus on folk music and dance. Through such events, the academy aims to instill a sense of pride and appreciation for regional arts amongst the youth. The event was conducted under the supervision of Secretary JKAACL, Bharat Singh, while the venerable artist and poet K.K. Khaki graced the occasion as the chief guest. The headmaster of the school, Shakil Ahmad, presided over the function, adding to the aura of the event.

Cultural Officer Sanjiv Gupta, highlighted the Academy's role in promoting art, culture, and languages in the hilly areas of the UT of Jammu and Kashmir. The event provided a vibrant platform to local artists and poets, including Ishan and party, Ashish and party and many more to showcase their talent and connect with their audience.

The event was a true celebration of the rich cultural heritage of the region, and its success has paved the way for hosting more such events in the future. The Academy's efforts towards promoting art and culture in the region will undoubtedly go a long way in preserving the cultural identity of the Peer Panjal region.

# Distribution cum Fitment camp organised at GHSS Deewanbagh

Dr Sheshrih presides over the function; distributes Variety of Appliances, Aids among CWSN

JJ NEWS SERVICE

BARAMULLA, JULY 31: Education Department Baramulla in collaboration with Artificial Limbs Manufacturing Corporation of India (ALIMCO) today organized a distribution cum fitment camp to provide appropriate Aids and Appliances to Children with Special Needs (CWSN) at Higher Secondary School Deewanbagh, here.

Deputy Commissioner (DC) Baramulla, Dr Syed Sheshrih Asgar presided over the function as chief

guest while as Chief Education Officer Baramulla, Balbir Singh Raina and other functionaries of concerned departments were present in the programme.

During the distribution camp, a large number of CWSN students were assessed and provided with Aids and Appliances. Addressing the gathering, Dr Sheshrih appreciated the efforts of the School Education Department and ALIMCO. He emphasized that such camps tremendously help students to cope up in their daily life and should go a long way to help them to

achieve life goals.

The DC called for holding more camps to cover left out students, especially in rural and far-flung areas of the district; for which she assured full support from the district administration.

Other speakers also spoke on the occasion an appreciation of the efforts of all stakeholders in the conduct of such a camp.

On the culmination of the event, CEO Baramulla extended his gratitude to all the stakeholders for making the event a success.

# DEO Kulgam reviews preparations for conducting SSR of Municipal Electoral Rolls-2023

JJ NEWS SERVICE

KULGAM, JULY 31: The District Election Officer (DEO) Kulgam, Dr Bilal Mohi-Ud-Din Bhat today convened a meeting regarding Special Summary Revision (SSR) of Municipal Electoral Roll 2023 and reviewed arrangements put in place to conduct the process smoothly. The Dy-DEO apprised the chair that as per the Schedule issued by the Chief Electoral Officer J&K, the Draft Electoral Roll shall be published by the EROs of Municipal Council/Committee and people can file their claims and objections from 01 August to 11 August 2023.



Disposal of claims and objections is to be done by or before 16 August, 2023. Moreover, special camps will be organized on 06 August (Sunday) and 10

August (Thursday) in the Municipal areas of Kulgam District. The final publication of the Municipal Electoral Roll will be held on 25-03-2023. The DEO instructed the concerned to ensure smooth conduct of this SSR of Municipal Electoral Roll so that no eligible voter is left behind. The meeting was attended by ADDC, Showkat Ahmad Rather, EROs, Vijar Ahmed Giri and Mir Intiyaz Ul Aziz; Dy-DEO, Bilal Ahmad Kamgar; AEROs, EOs and other concerned officers.

# Vice Chairperson DDC Udhampur urges Women to act as harbingers of Govt policies

JJ NEWS SERVICE

UDHAMPUR, JULY 31: Juhith Pathania, Vice Chairperson District Development Council Udhampur emphasised on the need for emancipation of women in all spheres.

Addressing a one day sensitisation program attended by a whopping number of women in village Sunal(Hatli) of Tehsil Majalla, she said a slew of programmes and path breaking initiatives pivoting around women's welfare have been spelled out by Bharat Sarkar. She called upon women to act as harbingers of such schemes and policies. And to motivate all such eligible groups and sections to benefit, at the maximum, out of such schemes. "Once these schemes are implemented on the ground, entire realm of women welfare is about to change" she maintained. She elaborated that with the advent of a people's friendly government in 2014, a plethora of women-centric steps and initiatives have been filed out. May it be reservation for women in Panchayats, District Development Councils, Block Development Councils, push for women entrepreneurs, women constituting the bedrock of



Aatmanirbhar Bharat, social security schemes, so and so forth. "It becomes pretty clear that the idea and political will of the government is in ensuring that women progress in all spheres of activity that may be from political to defence. Women flying fighter jets, commercial planes, bordering the brave frontiers of the country has not only enhanced the aura of women folk but the idea of India itself" she said and quoted the Hindu scriptures and said that even

gods remain unhappy where women are disrespected. The perception and perspective of society has changed. And so is the case with that of establishment and powers-that-be too. Various global surveys have highlighted that Herculean steps have been taken in our country for the upliftment and improvement of women in almost all spheres of life. Pathania also inaugurated the work of construction of R/wall, B/wall and Drain along the Mahalanga to Halti

road. The work is being executed by the Department of PWD with an estimated cost of 15 lakh.

The Vice Chairperson said that the execution of this work will protect the road from heavy rains and floods and reduce the inconvenience to the people.

She also took stock of the public grievance projected by the PRIs and general public which included shortage of staff in various schools of Tehsil Majalla, forest clearance of Thial to Chountra Mata road, issues of Sehla to Lyani road, work on Gadiana Kut road and Sortha road Chore Mottu to Joffer road via Soan, damages to bridge on Majalla to Sartari road due to flash floods.

The Vice Chairperson issued appropriate instructions to the concerned departments for redressal of the problems projected by the people.

Prominent among those who remain present on the occasion included Sham Lal Panch, Munshi Ram Panch, Madhubala Panch, Narinder Sharma Panch, Kuldeep Singh Ex Sarpanch, Shiv Ram, Ved Sharma, Subhash Chander, Haji Mohd., Tirok Chand, Om Parkash and others.

# DC discusses modalities for celebration of JJM fortnight in District Kishtwar

JJ NEWS SERVICE

KISHTWAR, JULY 31: Deputy Commissioner Kishtwar, Dr. Devansh Yadav today chaired a meeting with officials from the Jal Shakti Department and the associated officers of JJM (Jal Jeevan Mission) to discuss the action plan for celebration of Jal Jeevan Mission Fortnight.

ADDC, Sham Lal; ACR, Varunjeet Singh Charak; ACP, Zakir Hussain Wani; ACD, Manoj Kumar; ExEn PHE, Sunil Sharma; IEI District Officer, Riaz Ahmed Butt; Coordinator CMO, CEO, BDOs, BMO Kishtwar, ISA GVK, AEs and JEs of Jal Shakti besides other Concerned attended the meeting. The meeting focused on

the arrangements and modalities for the forthcoming JJM Fortnight celebration scheduled from 1st to 14th August 2023. During the meeting, Deputy Commissioner Dr. Devansh Yadav emphasized the need to intensify awareness generation activities about the various initiatives and objectives of JJM among the common masses, who play a vital role as stakeholders. The attendees received detailed insights into the role and responsibilities of various departments/officers involved in the JJM Fortnight celebration.

Dr. Devansh Yadav underscored the importance of collaborative efforts among all stakeholders to achieve the desired objectives of the fortnight-long celebra-

tion. In the context of the celebration, the officers of different ranks from the District Administration were tasked with visiting various Gram Panchayats to inspect the JJM works and interact with local communities. These interactions aim to raise awareness and gather valuable feedback on the implementation of JJM.

The meeting also held through discussions on the guidelines of the JJM Scheme, with attendees instructed to disseminate the same at the grassroots level. Several activities were outlined to mark the JJM Fortnight celebration, including the installation of signages on all water supply schemes, ensuring 100% coverage by the PHE/JSD Division before

the commencement of the event, and the identification of "JJM Nodal Person" from each village for effective organization of the celebration. Other activities encompassed in the fortnight's events include the display of PAANI SAMITIS particulars at Panchayat Offices, special Gram Sabhas for discussing JJM, availability of FITKs (Field Test Kits) in each village, FITK training workshops at the District level, and various IEC (Information, Education, and Communication) activities. To bolster awareness, various engaging activities such as Parachar Rath (ISA-GVT Kishtwar) conducted in each Panchayat, Nukad Natak/Street Plays (ISA-GVT Kishtwar), rallies

by school children and village communities, debates in Higher Secondary Schools, painting competitions in High and Higher Secondary Schools, and the creation of selfie points around WSS (Water Supply Schemes) with signage in the background will take place. In the meeting, it was informed that the themes for the celebration will revolve around essential water-related topics such as Water Conservation, Water Quality, Climate Change, Rainwater Harvesting, and Grey Water Management.

The DPMU Kishtwar has been tasked with ensuring facilitation and coordination among various functionaries to ensure the success of the celebration.



## GCW Udhampur hosts National webinar on medicinal plants for health and well being

JI NEWS SERVICE

UDHAMPUR, JULY 31: Internal Quality Assurance Cell (IQAC) of Government College for Women Udhampur, in collaboration with Government Ayurvedic Hospital, Jammu today organised a National webinar on the topic, "Medicinal Plants for Health and Wellbeing" under Azadi Ka Amrit Mahotsav and Ayush-Arogya Mahotsav.

Principal of the host college, Prof. Anjali Mahajan was the chief guest on the occasion. In her address, Prof. Anjali Mahajan congratulated and lauded the organisers for organising such a wonderful webinar on this highly important subject.

"Our life is directly dependent on plants whether for food or medicines. Nowadays people start moving towards herbal medicines as they are cost effective and have fewer side effects," she added.

Dr. Arun Gupta, Medical Officer AYUSH, Govt Ayurvedic Hospital, Jammu was the resource person. He delivered a brainstorming online lecture on Medicinal Plants for Health

and Wellbeing. He threw light on health and well being and how plant based medicines play an important role in maintaining the same.

He discussed in detail the bioactive components, botanical, local as well as common names of some important medicinal plants like Aropa, Datura, Opium, Brahmi, Giloy etc.

Besides, he also spoke about healthy foods, crude part extracts, nutraceuticals, pharmaceutical auxiliary products like binding agents (gum acacia) etc. Dr. Arun also elaborated the use of plants in treating various ailments like nervous disorders, gastro-intestinal problems, respiratory problems, urinary and kidney related problems, menstrual disorders, liver and heart related complications etc.

The session culminated with a healthy discussion. The lecture was attended by about 80 persons from various colleges/Universities of UT of J&K and other states.

Dr. Suresh Kumar, Associate Professor and Dr. Rajesh Kumar, Assistant Professor from HP University, Shimla, Dr. Venika Jain, Assistant Professor, Bhavika Kunwar, and Seema Naga, Research Scholar, Govt. Meera Girls College, Udaipur, Rajasthan, Dr. Rajkumar Pandurang Medsinge, Assistant Professor from Miraj Mahavidyalaya, Miraj, Maharashtra, Pooja Kumari, Phd. scholar from Soban Singh Jeena university, Almor, Uttarakhand, Vivek, Student from Sri Sathya Sai Institute of Higher learning, Chennai were some prominent participants from outside J&K. E-certificates were given to all the participants. Earlier, Dr. Anita Sharma, Convenor, IQAC presented a formal welcome address. Dr. Amit Kumar conducted the proceedings of the Webinar and Dr. Sumit Sharma presented the formal vote of thanks.

Dr. Seema Sharma, Prof. Ashni, Dr. Ashok Kumar, Dr. RK Manhas, Dr. Rahul Kail, Dr. Mool Raj, Dr. Rameshram, Dr. Kewal Kumar, Prof. Tania Akhter, Prof. Sumita Rao, Prof. Suneel Singh Barheyana, Prof. Sanjay Kumar, Dr. Shaveta Sharma, Arun Gupta, Dr. Kamal Deep Kour, Prof. Rajinder Singh, Prof. Tania Mahajan, Dr. Sanjay Kumar and Prof. Yash Kumar were among others who graced the event with their online presence.

## Udhampur Admin organises interactive session with DDC members

JI NEWS SERVICE

UDHAMPUR, JULY 31: An impressive interactive session was organized by District Administration Udhampur with the members of District Development Council here in Conference Hall DC Office Complex, today.

District Development Council Chairperson, Udhampur Lal Chand, Vice Chairperson DDC, Udhampur Jitendra Manhas Pathania, Deputy Commissioner, Udhampur Sachin Kumar Vaishya, CEO, DDC, BDCs and DDCs, Additional Deputy

Commissioner, Joginder Singh Jasrotia, Chief Planning Officer, Mudassar Yaqoob Zargar and other senior officers were present.

During the interactive session, the Chairperson DDC sought cooperation from the District Administration as well as all District officers of different departments to take the development profile of the District to new heights. He added that the effective implementation of the developmental schemes is not possible without the active participation of District officers. The Chairperson DDC also appreciated the efforts of district administration under

the dynamic leadership of Deputy Commissioner for effective implementation of government schemes in the district.

While interacting with the DDC Council, the Deputy Commissioner sought cooperation from the District Development Council members as well as all PRIs to take the development profile of the District to new heights.

He added that the effective implementation of all developmental schemes is not possible without the active participation of BDCs and DDCs.

## DYS&S B'la organizes series of Sports Activities under Inter-School Sports Competitions

Sports Activities conducted to imbibe Sports Spirit among Students

JI NEWS SERVICE

BARAMULLA, JULY 31: Continuing its endeavour to promote sports spirit among the youth, the Department of Youth Services & Sports District Baramulla conducted a series of sports activities across Baramulla as part of Inter-School Sports Competitions.

At zone Danglepora, the Under-14 Boys' Football Competition took place at Sports Stadium Janwara, witnessing enthusiastic participation from 80 students. The event showcased exempla-

ry sportsmanship and talent, making it a memorable experience for all.

Zone Pattan also witnessed an intense Under-14 Boys' Football Competition at Higher Secondary Andergam, with a record-breaking 92 students taking part.

The young athletes displayed great potential, leaving the audience in awe of their skills.

Zone Wagaura saw the spirited under-17 boys' Kho-Kho competition at HS Kreeer. The event witnessed an impressive turnout with nearly 96 stu-

dents participating from various schools in the Zone.

The competition was inaugurated by ZEO Wagaura and the Principal of HS Kreeer, marking the beginning of a spirited display of sportsmanship and talent.

Meanwhile, in Sopore, the Under-17 Kabaddi Competition held at Subhana Stadium saw 110 students demonstrating their strength and agility in the traditional sport of Kabaddi. The competitive spirit was palpable as teams battled for victory.

## UNION TERRITORY OF JAMMU AND KASHMIR OFFICE OF THE CHILD DEVELOPMENT PROJECT OFFICER POSHAN PROJECT DANSAL, DISTRICT JAMMU

E-Mail Id:-cpodansal@gmail.com Phone No. 0191-2669163

Annexure B

### NOTICE

Whereas vide this office advertisement notification No-01 of 2023, Dated:-12.05.2023 applications for the post of SAHAYIKAS (Anganwadi Helpers) were invited from the eligible female candidates for various vacant posts in Municipal/ Panchayat wards under the jurisdiction of Poshan Project Dansal.

Whereas after receiving application forms (62), scrutiny was conducted by the members of the selection committee as per laid down guidelines in the New Human Resource Policy issued vide Govt. order no:-222- JK SWD of 2022 Dated 30.11.2022 and provisional selection list has been framed at annexure A and objection notice at annexure B excluding 03 AWCs (Bye Pass - C.Tarah - A & Moh. Harjan ) where no application forms were received.

Now therefore objections are invited with regard to residence/Ward No./date of birth etc from the general public/applicants of the concerned municipal/panchayat wards within 10 days from the date of issuance of this notice failing which no claim shall be entertained and the provisional selection list shall be treated as final without any further notice.

No: CPD/O/70/2023 Dated: 28-07-2023

DIP/J-5990/23

SD/ (MEMBER SECRETARY) CHILD DEVELOPMENT PROJECT OFFICER DANSAL

## OFFICE OF THE CHILD DEVELOPMENT PROJECT OFFICER, POSHAN PROJECT DANSAL

Subject - PROVISIONAL SELECTION LIST FOR POST OF SAHAYIKAS (Anganwadi Helpers) OF POSHAN PROJECT DANSAL JAMMU issued vide advertisement notice no. 01 of 2023 Dated:- 12-05-2023 for CID verification .

Annexure - A

S.No	Name of Sahayikas (AWHs)	D.O.B	Percentage/Husband name	Residence	Ward No.	Contact No.	Name of AWC	Aashar No.
1	Ravina Bibi	13-09-1999	W/o Akhtar Mohd	Chhadali	3	8494092314	Chhadali - A	758664541350
2	Anku Rani	03-04-1998	W/o Balbir Kumar	Samral	5	8062903862	Samral	760003753585
3	RENU DEVI	01-03-1999	W/o ARJUN SINGH	Chullana	4	9596981575	Chullana	756275272877
4	ANURADHA DEVI	04-08-1998	W/o GURDEEP SINGH	KANAL	1	7006703090	Kanal	687442982125
5	Neelam Devi	24-05-1989	W/o Mukesh Kumar	Chhurta	6	9492819527	Ardha	801616664282
6	Asha Devi	11-08-2001	W/o Bishan Dass	Chhurta	4	8492857317	Chhurta - A	831107451986
7	Anu Devi	17-04-2001	D/o Giridhar Lal	Suketar	6	8899146218	Suketar - B	282370209842
8	Bindra Devi	10-04-1994	W/o Kuldeep Kumar	Suketar	7	9906201739	Suketar - A	484332606399
9	Shally Devi	19-06-1994	W/o Tilak Raj	Khatruve	7	7889503102	Khatruvi	949785611661
10	Anjali Khajuria	13-09-1992	W/o Mahesh Kumar	Challar	3	9906329897	Chillard	495269048794
11	NEHA MANHAS	11-10-1997	W/o SUDESH SINGH	PALLI	4	6005269003	Palli	200915569214
12	SUNITA DEVI	12-08-1992	W/o RAJ KUMAR	ITRUP	4	9662317177	Itarup	642402028965
13	PRIYANKA KALOTRA	08-09-2001	W/o PUKHJ	SAHNOO	9	7889872086	Sahnoo - B	230347655821
14	POOJA DEVI	01-12-2000	W/o RAI OMKAR	JAMAKHA	1	6006485284	Janakha - A	740177984230
15	Pooja Devi	06-05-1996	W/o Paramejit Thapa	Nador	2	9622564230	Nadora - A	691012438063
16	Ari Sharma	12-02-1987	W/o Ajay Kumar Sharma	Bantala	3	9469077115	Bantala	81807702794
17	PARKEN RAHITER	24-07-1994	W/o MOHD JAVED	CHAK BAKWALAN	1	7889490154	Chok Wairlan - C	83983377585
18	Asha Devi	27-07-1990	W/o Vijay Kumar	Nadore	2	9596554801	Nadora - B	625914193081
19	REETA DEVI	10-05-1994	W/o HANS RAJ	Marh	3	8492022048	Marh	771116590001
20	ASHA DEVI	02-01-1989	W/o BOVINDER KUMAR	Kore Jagir	6	9906071187	Kore Jagir	979741382669
21	Asha Devi	29-05-2000	W/o Tikar Raj	Drabi	3	9469077115	Drabi	806448120505
22	Pooja Devi	8/10/1993	W/o Sohan Lal	DHAMJUNI	4	990606768	Dhamjun	974832094955
23	MUKHTAR BIBI	08-05-1993	W/o MOHD ASLAM	BAMVALI	2	9596895006	Bamval - B	571880795704
24	POOJA DEVI	25-03-1996	W/o TILAK RAJ	JAGTI KERI	6	7006601037	Jagti Keri	934069103838
25	MANISHA SHARMA	20-08-1988	W/o VIPAN KUMAR	NARAIN KHOO	8	7889481493	Narain Khoo	923231008739
26	SURIA KOSAR	6/30/1995	W/o Babu Din	CHILLA	3	9797036132	Chilla - B	751935631448
27	BABLI DEVI	20-05-1988	W/o RAJESH KUMAR	BAMVALI	1	7051768676	Moh Pahal	340690020576
28	KASHMI SHARMA	13-04-1997	W/o KULDEEP KUMAR	KANGAIL	7	9349694463	Kangail	362203252908

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Child Development Project Officer Dansal

## UNION TERRITORY OF JAMMU & KASHMIR OFFICE OF THE EXECUTIVE ENGINEER JAL SHAKTI MECH. DIVISION NORTH JAMMU

e-mail: xenorth@gmail.com

### NOTICE INVITING TENDER

e-NIT No. 156 of 2023-24

For and on behalf of Commissioner, Municipal Corporation, Jammu, Executive Engineer, Jal Shakti Mech. Division North Jammu, invites tenders by e-tendering mode from the reputed/registered firms/Sole Prop. for the below mentioned work:-

S. No.	Name of work	Cost of document/ tender fee (in Rs.)	Earnest money	Validity of Rates	Bid validity
1.	Repair to Auto transformer starter of V.T Pump unit no. I of intake-II Sitlee.	200/-	02% of the Quoted amount	180 days	180 days

Date of Publishing : 28-07-2023 04.00 pm.

1. Bid documents can be seen at and downloaded from the website <http://jktenders.gov.in> from 28-07-2023 (04.00 pm).

2. The Bids shall be deposited in electronic format on the website <http://jktenders.gov.in> from 28-07-2023 (04.00 pm) to 10-08-2023 (02.00 pm).

3. The complete bidding process will be online <http://jktenders.gov.in>.

4. The Technical bids received shall be opened online on 11-08-2023 (02.00 pm) or any other subsequent date in the office of Executive Engineer Jal Shakti PHE Mech. Division North Jammu.

5. The Financial bid of the bidders shall be opened online after scrutinizing the technical bid in the office of the Executive Engineer Jal Shakti Mech. Division North Jammu in presence of the bidders who wish to attend. If the office happens to be closed on the date of opening of the bids as specified, the bids will be opened on the next working day at the same time and venue.

6. Cost of bidding document in shape of e-challan/single window challan of JMC pledged to Executive Engineer, Jal Shakti Mech. Division North Jammu/tender fee receipt through online payment through the JMC link <http://www.jmcjammu.org/online-payment.html>

7. The original instruments in respect of cost of document, EMD in the shape of CDR/FDR and other relevant document of L1 bidder will be required to be submitted to the Executive Engineer Jal Shakti Mech. Division North Jammu after opening of financial bids on line. No separate intimation about opening of financial bids will be sent by this office / by the tender opening authority. In case the original documents are not submitted by the L1 bidder opening of financial bid, the tender will be cancelled and the bidder will not be allowed to participate in any further / future tendering process in the division for a period of one year.

8. The date and time of opening of financial bids will be notified on website <http://jktenders.gov.in> and conveyed to the bidders automatically through an e-mail message on their e-mail address.

9. The original documents when submitted by L1 bidder for the cost of tender documents, specified in the tender document should be same as uploaded on line (Scanned copies) otherwise allotment will not be issued, the tenders will be cancelled and the bidder will not be allowed to participate in any further / future tendering process in the division for a period of one year.

10. Bid security of successful tenderer will have to be in form of CDR/FDR of any scheduled bank and shall have to be valid for 180 days after last date of receipt of Bid.

11. Only such firms should submit tender, who have requisite infrastructure and workshop facility for carrying out similar type of job which may be inspected by the competent authority before awarding the job contract so as to access the working capacity of the tenderer. The workmanship and material used should be of high quality and as per the specifications of the job order / tender.

12. The bid for the execution of work shall remain open for acceptance for a period of 180 days from the date of opening of bids. If any bidder/tenderer withdraws his bid/tender before the said period or makes any modifications in the terms and conditions of the bid, the earnest money of the firm shall stand forfeited.

13. The tenderers are advised to visit the site of work / inspect the parts to be fabricated before preparing their tenders so as to acquaint themselves with exact measurement and site conditions.

14. Special conditions as per Finance Department order No. OM A/24 (2017)-651 dated 07-06-2018.

- Furnishing of hard copies of bids immediately after submission of e-tenders is dispensed with. The same should be obtained only from the bidder who is declared as L-1 after opening of financial bids.
- The cost of tenders should be collected by introducing e-challan or simply uploading a copy of necessary challan / receipt.
- Similarly, instead of insisting on actual call deposit receipt, a copy of same duly pledged to the concerned department should be uploaded by the tenderers. However, before allotting the work or issuing the supply order, the original CDR/FDR should be obtained and kept on record.

15. Other details, instructions and terms and conditions can be seen / downloaded from the bidding document.

SD/ JMDNJ/2309-11 Dated: 28-07-2023

DIP/J-5993/23

EXECUTIVE ENGINEER JAL SHAKTI MECH. DIVISION NORTH JAMMU



# DC Jammu reviews arrangements for JJM Fortnight

JJ NEWS SERVICE

JAMMU, JULY 31: Deputy Commissioner Jammu Avny Lavasa today chaired a meeting of officers to review the arrangements for JJM fortnight which is scheduled to be held from August 01 to August 14, 2023.

During the meeting, arrangements for conducting special Gram Sabhas for discussing JJM, installation of Signages on all water supply schemes, installation of banners/ hoardings, con-



Deputy Commissioner Jammu Avny Lavasa today chaired a meeting of officers to review the arrangements for JJM fortnight which is scheduled to be held from August 01 to August 14, 2023.

of this campaign is to generate awareness about the activities of JJM among common masses.

She said that officers of district administration will visit the gram panchayats to inspect the JJM works and interact with the local residents to spread awareness as well as to get feedback about implementation of JJM schemes.

The Deputy Commissioner also asked the concerned to ensure availability of FTks in each village and reporting of 100 percent FHTC villages as HCG

villages. It was informed that debates, painting competitions, rallies and street plays with themes like water conservation; climate change etc will be organized during these days.

The Deputy Commissioner instructed concerned officers to put in place all requisite arrangements for celebrations of JJM fortnight.

CPO Yoginder Katoch, ACD, Preeti Sharma, along with other officers of the concerned departments attended the meeting.

## PQT of Mission Youth held at all District headquarters Dr. Shahid compliments Deputy Commissioners for support

JJ NEWS SERVICE

SRINAGAR, JULY 31: Mission Youth J&K successfully conducted the Parvaaz Qualifying Test (PQT) in all 20 districts of Jammu and Kashmir for selecting candidates from marginalised communities for free coaching of competitive exams like IAS/JKAS.

The scheme had witnessed an overwhelming response as more than 7000 candidates registered for the program and the examination was held at all district headquarters yesterday.

Speaking on the successful culmination of test, CEO Mission Youth, Dr. Shahid Iqbal Choudhary complimented district administrations and their respective Deputy Commissioners for their collaboration, which played pivotal role in making program a resounding success.

Dr. Choudhary further highlighted the accomplishments of the previous year's PARVAAZ scheme, which initially provided 1000 seats for IAS/JKAS to underprivileged candidates. He highlighted that in response to the overwhelming demand and enthusiasm from the ground, the allocation of seats has been increased by an additional 50%, opening up even more avenues for young individuals to pursue their dreams.



Dr. Shahid Iqbal Choudhary

## TIE Global Trustee BJ Arun advocates mentoring, knowledge sharing & networking as key pillars for entrepreneurial success

Shares invaluable insights with the audience of entrepreneurs at JKEDI

JJ NEWS SERVICE

SRINAGAR, JULY 31: Trustee of The Indus Entrepreneurs (TIE) Global, B J Arun today held an engaging interactive session, and shared his invaluable insights to the captivated audience of entrepreneurs at the Jammu and Kashmir Entrepreneurship Development Institute (JKEDI).

Ajaz Ahmad Bhat, Director JKEDI welcomed the guest and expressed his gratitude to BJ Arun for coming to JKEDI with his invaluable expertise and insights. He emphasized the Institute's commitment to creating an entrepreneurial-friendly environment in J&K, providing aspiring entrepreneurs with the necessary tools and resources to succeed.

Addressing the gathering, Arun emphasized the significance of mentorship, knowledge sharing, and networking as indispensable pillars that pave the way for entrepreneurial suc-

cess. Acknowledging the prevailing entrepreneurial spirit in the region, he underscored the need to nurture and empower budding business minds in Jammu and Kashmir.

He stressed the importance of learning from experienced mentors who can offer valuable advice, valuable connections, and life lessons, ultimately steering entrepreneurs towards informed and astute decisions.

He stated that knowledge sharing is a catalyst for personal and professional growth. Entrepreneurs can benefit significantly from collaborating with industry peers and experts, gaining specialized knowledge that can foster innovation and enhance their business acumen, said Arun, adding that by creating a culture of knowledge exchange, Jammu and Kashmir's entrepreneurial landscape can thrive with fresh perspectives and inventive solutions. He also urged the local

entrepreneurs to join the esteemed network of TIE Global and highlighted the power of networking and building meaningful connections within the business ecosystem. Networking opens doors to potential partnerships, clientele, investors, and industry influencers.

This event, organized by JKEDI under the overall guidance of Commissioner Secretary, I&C, J&K, aligns with the vision of Lt. Governor J&K. It is one among a series of initiatives undertaken to nurture an enabling ecosystem for entrepreneurship. The session concluded with an interactive Question & Answer session, where the entrepreneurs enthusiastically posed questions and shared their entrepreneurial aspirations. B J Arun's insightful responses left a profound impact on the participants, leaving them inspired to embark on their entrepreneurial journeys with renewed zeal.

## Day 7 of IIM Jammu's Orientation Program hosts interactive sessions

JJ NEWS SERVICE

JAMMU, JULY 31: Day 7 of the Orientation Programme at IIM Jammu kicked-started with a reviving yoga session with Shree Sahil Mehra. The session was coordinated by Team "Anandam". The session filled students with positive energy, rejuvenating their body and mind.

There was a session on 'Students' Policy, Rules and Regulations at IIM Jammu' by Dr. Ashish Kumar, Chairperson, Student Affairs, IIM Jammu. He briefed the students about the student policy, rules, and regulations to be followed by the students at the Institute. Later in the evening, students were addressed by Swati Jain, Vice President-EXL Analytics, EXL Services.

She briefed on the nuances of creating work-life balance by being empathetic and mindful. Being one of the top 10 AI influ-



Dr. Ashish Kumar, Chairperson, Student Affairs, IIM Jammu, addressing the students during the orientation program.

ential leaders in India, she guided the students in finding their speed spots to excel in their careers. Swati also shared anecdotes of her life and reflected on the importance of ethical values. She also discussed the rapid expansion of analytics as a sector in India. In addition to this, she conversed with us about the ways analytics intervenes across organizational functions and various roadmaps one can take. Along with this, recent trends including Responsible AI, and Real-

Time Data Processing were also communicated during her session. The session was coordinated by Dr. Eshika Aggarwal and Dr. Guanguanang Kahmei, faculty, IIM Jammu. Further, Alok Jha Head-Operations, Healthcare & Life Sciences, Tech Mahindra shed some light on various challenges in operations management. He also discussed the use of nanotechnology, meta-verse, and tele-medication in the healthcare sector. He evoked the students to be

reactive, corrective to predictive, and pre-emptive. He also urged the students to increase their digital literacy and get in handy with platforms like Blue Prism, RPA, and NLP. To elevate from mindshare to market share, Jha spurred emotions to learn, apply, unlearn, and relearn. In the end, he concluded with a note to be considerate towards nature. The session was coordinated by Dr. Jaganth G and Dr. Pradeep Kumar Tare, faculty, IIM Jammu.

This was followed by a session on 'Administrative Support, Discipline and Security on the Campus' by Cmdr Kesavan Baskaran (R, Chief Administrative Officer, IIM Jammu. He made the students familiar with the administrative policies and safe practices followed by the Institute. The overall program was a sumptuous experience for the freshmen of IIM Jammu.

# IIT Jammu Inks Pacts with Five Premier Universities

JJ NEWS SERVICE

JAMMU, JULY 31: On the auspicious occasion of Akhil Bhartiya Shiksha Samagam 2023, commemorating the third anniversary of the National Education Policy (NEP) 2020, the Indian Institute of Technology (IIT) Jammu took a significant stride towards fostering academic collaboration and promoting knowledge exchange by signing Memorandums of Understanding (MoUs) with five renowned universities.

The MoUs signify the institute's [IIT Jammu] commitment to inspire academic excellence and encourage the relentless pursuit of knowledge. The esteemed universities entering into these partnerships include the National Institute of Technology Agartala (NITA), National Institute of Technology Warangal (NITW), National Institute of Technology Patna (NITP), Sant Longowal Institute of Engineering & Technology (SLIET), and Mody University of Science and Technology (MUST).



The official inking of the pacts held among eminent personalities, including Prof Manoj Singh Gaur, Director IIT Jammu, and the Directors of the respective institutes, namely Prof S K Patra, Director, NITA; Prof B D Subudhi, Director, NITW; Prof Pradip Kumar Jain, NITP; Prof Mani Kant Paswan, Director, SLIET; Prof Rajeev Mathur, Director, MUST. The event marked a moment of shared commitment to strengthening academic cooperation and advancing the frontiers of education and research. Under these transformative collaborations, IIT Jammu will jointly engage with NITA, NITW, NITP, and SLIET in cutting-edge research projects that align with their mutual interests. Additionally, the institutes will collaborate on the supervision of PhD students, conduct joint workshops and seminars, and exchange academic information, scholarly materials, and publications. This exchange will also pave the way for the admission of students for direct or early MTech/PhD programs at IIT Jammu and the initiation of Joint PhD/PG programs. The MoUs envision a shared pool of faculty expertise, fostering the reciprocal utilization of knowledge and academic resources between partner institutes. Faculty members from one institution will lend their expertise for teaching courses, conducting collaborative research, and submitting joint project proposals

at the other institution, promoting a culture of academic excellence and cross-disciplinary collaboration. Furthermore, IIT Jammu's partnership with Mody University of Science and Technology (MUST) holds a special significance, as it seeks to empower the girl population by providing them with world-class educational opportunities in an IT-savvy environment. Under this collaboration, IIT Jammu will offer summer internship opportunities, semester-long courses, and credit transfer options to undergraduate, postgraduate, and doctoral students from MUST. The institute will also extend administrative support, faculty mentorship, and guidance in infrastructure development, nurturing a conducive academic ecosystem. These MoUs reflect the shared vision of excellence in education and research among the partnering institutions, and they mark a significant milestone in advancing academic growth and promoting a collaborative academic environment.

## INDEPENDENCE DAY CELEBRATION

### DIPR presents scintillating cultural program in GBHSS Sarwal



JJ NEWS SERVICE

JAMMU, JULY 31: A Cultural program was today organised by the Cultural Unit of Information Department Jammu on the theme Independence Day Celebrations, here in Government Boys Higher Secondary School (GBHSS) Sarwal.

Artists of Cultural Wing participated in the event and presented a scintillating program featuring Folk songs and patriotic songs. Students and teachers of the school also presented a colourful Cultural program.

Speaking on the occasion, the School Principal Ravinder Raina shared his views on the topic and appreciated the Cultural Unit of Department of Information and Public Relations for organizing such a meaningful program to aware the future of the nation.

Among others, staff members of the school, officials of Information Department and a huge audience witnessed the program.

The program was conducted under the supervision of Cultural Officer Mukesh Kumar Sharma.

## Annual Jathi Mata Yatra commences in Doda

JJ NEWS SERVICE

DODA, JULY 31: The Annual Jathi Mata Yatra was flagged off today by Deputy Commissioner Doda Vishesh Mahajan and SSP, Abdul Qayoom from Jathi Mata Mandir Khillari Gajoth.

More than 1000 devotees are expected to participate in the yatra. The religious pilgrimage is scheduled to span three days from July 31 to August 2, covering a distance of 10 kilometers uphill.

On the day one the Yatra will cover 2 kilometer distance to reach Jathi Nalla Mandir, where a night jagan will be held. The following day, on August 1, 2023, the Chari Yatra will embark on a 6-kilometer journey to Thanda Pani Dhodral, where the pilgrims will spend the night.

Finally, on August 2, the Chari Yatra will proceed for the final Darshan at Jathi Mata Gufa Mandral Dhar, covering a distance of 2 kilometers. After the Darshan, the Chari Yatra will return to Khillari Mandir Gajoth.

The DC has asked the agencies/ departments concerned to provide all the logistic support so that the pilgrims don't face any difficulty during the spiritual journey.

## DIPR Centre Udhampur staff plant saplings of Pongamia piñata at Devika Ghat



JJ NEWS SERVICE

UDHAMPUR, JULY 31: The staff of Department of Information and Public Relations, Udhampur Centre along with a local NGO conducted a plantation drive here on the Banks of Devika Ghat, here today.

The DIPR staff led by District Information Officer Rajinder Kumar Digra planted Saplings of Indian Beech tree (Pongamia Pinata), locally known as "Sukh Chain" or the tree of tranquility and happiness here at Devika Ghat Near Open Air theatre Udhampur.

While interacting with participants, the DIO said "Planting a tree helps us connect with nature" while quoting that "Trees and forests play an essential role in mitigating the impact of climate change."

President Karam Kartey Chio, Vikas Kumar, besides officials of the Information department including Amit Kumar, Senior Cultural Assistant, Amit Mehra & Pawan Kumar, Mohit Singh and Bablu ji were present on the occasion.

## Civil Sect Treasury bids affectionate farewell to Showket Ahmed

JJ NEWS SERVICE

SRINAGAR, JULY 31: In a simple but impressive function organised by Civil Secretariat treasury here, Sheikh Showket Ahmed, Accounts Assistant was accorded affectionate farewell after attaining the age of superannuation today.

On the occasion, the officers and officials of Treasury highlighted various instances of the official during his exemplary service career of more than 31 years.

The officers and officials on the occasion extended their best wishes to Showket Ahmed and wished him for his future endeavours.