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### India does not believe in conflict between ecology and economy: PM

### AGENCIES MYSURU (K\*TAKA), APR 9

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Prime Minister Narendra Modi on Sunday said India did not believe in conflict between cology and economy but gave importance to coexis tence between the two

Protection of wildlife was a universal issue, Modi said, launching the International Big Cat Alliance (IBCA), which endeavours to protect and conserve big cats. The Prime Minister was speaking after inaugurating the programme 'Commemo-ration of 50 years of Project Tiger' organised at Karnataka State Open University. Protection of wildlife was

PM's tweet gives AGENCIES SRINAGAR, APR 9

impetus to tourism, visits to Tulip **Garden Rise** 



Citing data about the tiger population in India, which stood at 3,167 in 2022, Modi said, "The tiger numbers that we have reached shows that this family of ours is growing. This is a moment of pride." Calling for a standing ovation to celebrate the rise in tiger population, he added, "I'm

flow of tourists visiting Kash-mir valley, especially the Tulip garden on the foothills "Jammu and Kashmir is beautiful, and even more so during the Tulip season", the Prime Minister Narendra Modi's tweets praising the beauty of Jammu and Kashmir gave momentum to the

confident and I assure the world that in the days to come

we will achieve more." According to the data, the tiger population was 1,411 in 2006, 1,706 in 2010, 2,226 in 2014, 2,967 in 2018 and 3,167 in 2022. Union Minister for Envi

ronment, Forest and Climate Change Bhupender Yadav and Minister of State Ashwini and Minister of State Ashwini Kumar Choubey were present, among others, at the event. The Prime Minister said the success of 'Project Tiger' was a matter of pride not only for India but the whole world. Stating that India had not only saved tigers, but CONTINUED ON » PAGE 4

Prime Minister had said in a Prime Minister had said in a recent tweet. "The impact of Prime Min-ister's tweet regarding Jammu and Kashmir and Tulip season had a good effect and tourist CONTINUED ON » PAGE 4

### LG addresses Mahavir Janm Kalyanak at Jammu

JI NEWS SERVICE

Lieutenant Gover-nor Shri Manoj Sinha addressed the Bhagwan Mahavir Janm Kalyanak, organized by Shree Mahavir Jain Education Society under the aegis of S.S Jain Sabha, today at Jammu. The Lt Governor

at Jammu. The Lt Governor called upon every sec-tion of the society to take inspiration from the life and teachings of Bhagwan Mahavir and dedicate their lives for the welfare of the downtrodden and rapid development of J&K UT. "Bhagwan Mahavir's teachings of Ahimsa, Anekantwad and Apari-grah have contributed immensely to our com-posite culture and his vision is more relevant today than ever before," said the Lt Governor. The Lt Governor. The Lt Governor said, the teachings of Bhag wan Mahavir are aimed at ending all kinds of disvir's teachings to realize the dream of a society built on equity and shared prosperity, he further added.

further added. "Human conscious-ness is infinite and the journey with pure awareness will lead to building an egalitarian society and spiritual transformation. The timeless values and at ending all kinds of dis-crimination, nurturing individual growth and creating social equity.

wisdom imparted by Bhagwan Mahavir is the greatest strength of society and ultimate source of wisdom for holistic development," observed the Lt Gover-nor

C M

teachings of Bhagwan Mahavir and lead by the Mahavir and lead by the ideals espoused by him to shape India's future. Don't wait for some-thing to happen, rather make the proactive efforts to fulfil your's and the nation's CONTINUED ON » PAGE 4

### Around 2.82 lakh passport applications

cleared, 805 rejected in past 3 years: J&K Police

Around 2.82 lakh passport verification applications were cleared and only 805 rejected in the past three CONTINUED ON » PAGE 4

AGENCIES SRINAGAR, APR 9



He always emphasised on strong resolve, auspi-cious thinking and the courage to walk alone on the righteous path, the Lt Governor added. We should strive to spread Bhagwan Maha-wir's teachings to realize

# nor. The Lt Governor urged the young gen-eration to follow the

### 1 intruder shot dead, two others captured near LoC in Poonch

JI NEWS SERVICE JAMMU, APR 10

Indian Army troops shot dead one intruder and captured two others alive and successfully foiled an infiltration bid along the Line of Con-trol in Poonch Sector of Jammu and Kashmir.

Official sources on Sunday said that Army troops foiled an infiltra-tion bid and shot dead one intruder and captured two of them out of which, one is injured. CONTINUED ON » PAGE 4

### Leopard kills 19 Sheep, injures 15 in Poonch JI NEWS SERVICE

A leopard killed 19 sheep and injured 15 others in a nocturnal attack in Jammu and Kashmir's Poonch district.

Officials said that a leopard Officials said that a leopard entered a sheep shed in Gultha vil-lage of Mendhar tehsil in Poonch dis-trict during the intervening night of April 8 and 9. "19 sheep were killed and 15 others injured in this leopard attack," officials said.



Union Minister Dr Jiten-dra Singh made these remarks after holding a review meeting with a group of senior scientists from the Bhabha Atomic Research Centre (BARC), Department of Atomic Energy, at Mumbai. The Minister said that the Union Minister of State (Independent Charge) Sci-ence & Technology; Minis-ter of State (Independent Charge) Earth Sciences; MoS PMO, Personnel, Public Chargene Chargene

MoS PMO, Personnel, Public Grievances, Pensions, Atomic Energy and Space, Dr Jitendra Singh today said that nearly 9% electricity share is likely to be contrib-uted from India's nuclear sources by the year 2047 when India celebrates 100 years of independence. This will be clean energy and will help India get closer to its commitment of achieving Net Zero target by 2070. The Minister said that the other targets laid down by the Department of Atomic the Department of Atomic Energy are achieving 20 GW capacity of nuclear power generation by the year 2030 which will be a major mile-stone placing India as the third largest producer of atomic energy in the world after the USA and France. Dr Jitendra Singh men-tioned that the credit for

this rapid stride goes to Prime Minister Narendra Modi who for the first time after Independence took the decision of approving IO reactors in fleet mode in a single order and allowed a single order and allowed nuclear installations to be

today India is sixth largest in the world in the number of the world in the number of reactors that are functional and second largest in the total number of reactors including those under con-struction.

struction. Dr Jitendra Singh said, one hallmark of the Modi regime is that for the first time, in a big way, CONTINUED ON » PAGE 4

developed under joint ven-tures with PSUs as a result,







PM addresses issues of Refugees,

border people: Ravinder Raina

### India logs 5,357 fresh infections, active covid cases in country climb to 32.814 AGENCIES NEW DELHI, APR 9

India logged 5,357 new coro-navirus cases, while the active cases rose to 32,814, according to the Union Health Ministry data updated on Sunday. The death toll has increased to 5,30,965 with 11 deaths. While three deaths were report-ed from Gujarat, two were from Himachal Pradesh and ore each from Bihar, Chhattigarh, Maharashtra, Odisha and Uttar Pradesh besides one reconciled by Kerala, the data updated at 8 am stated.

The Covid case tally was recorded at 4.47 crore CONTINUED ON \* PAGE 4

### Work on Zojila tunnel in full swing, over 40 % drilling achieved; project to be complete by December 2026

The single-tube Zojila tunnel

AGENCIES

### AGENCIES SRINAGAR APR 9

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The work on the strategic Zojila tunnel - an all-weather connection between the Kash-mir valley and the Ladakh region – is going on at a rapid pace and over 40% of the drill-ing has been completed, the construction company said or Sunday. The company said it is hope-ful of completing the project by December 2026. The tunnel project - through the mighty Zojila Pass at an altitude of 11,578 feet on the srinagar-Kargil-Leh National highway - is of strategic impor-



from Baltal, in the Ganderbal closed during winters due to heavy snowfall, cutting off Ladakh region from Kashmir. district of central Kashmir, to Minimarg, in Drass town of Kargil district of Ladakh CONTINUED ON \* PAGE 4

### 9% electricity share from nuclear sources by 2047: Dr Jitendra Singh

## JI NEWS SERVICE Addressing the Refugees Sammelan at Ramparh, the border area of Dis-trict Samba J&K BJP President Ravin-der Raina said that Prime Minister Narendra Modi has continuously addressed the issues of Refugees, border people, and other communi-tice

Ravinder Raina was accompanied by Former Minister and BJP Vice President Surjeet Singh Salathia, BJP District President Thakur Kashmira

District President Thakur Kashmira Singh, DDC Anita Choudhary, BDC Darshan Singh, Sr leader Vijay Singh, Prem Lal, Amit Dubey, and BJP Mandal President Shiv Choudhary. Ravinder Raina, while addressing

### **Consultations** going on for change of rules on identifying Fake News: Kiren Riiiiu

### JI NEWS SERVICE

Union Law Minister Kiren Rijiju on Sunday said amendments to the rules for determining fake news, false news and misrepre-sentation have been put through a consultation process, but need a lot of deliberations before being enforced enforced. "We are looking towards making

certain amendments in the entir election process. I cannot give any commitment because it is a consultation process which is a con-sultation process which is going on. So the definition of fake news, false news and misrepresentation ... these are all important things

CONTINUED ON >> PAGE 4 

which require a lot of delibera-tions. We are doing it," Rijiju told

reporters here after inaugurating

the Legal Aid office



8 am stated.

JAMMU, APR 09: nder th

ongoing Samajik Nyay Saptah, District Jammu Kisan Morcha President

Raman Sharma and Newly

President Kisan Morcha Arun Sharma organises Kisaan Sammelan in which Former Minister and Ex MLA Jammu West Sat Sharma (CA) along with BJP JKUT General Secretary Vibodh Gupta, District President Jammu Pramod Kanabi and

Pramod Kapahi and Mandal President Talab Tillo Keshav Chopra main-ly addressed the Sammelan. Speaking on the occasion, Sat Sharma

the occasion, Sat Sharma said that Farmer empower-ment is a priority for the Modi Government. He stated that they would make sure that the farmers do not suffer for any issue.

"Growth of the nation is

"Growth of the nation is deeply connected to the wellbeing of the farmers and the productivity of farming. A multi-pronged approach is thus being ush-ered in to boost farmer wel-fare and enhance agricul-tural productivity at every stage. Farmer empower-

stage. Farmer empower

Mandal President Kisan Morcha

Nominated

### Modi Govt's Rs 5018 cr budget for Agri, allied Farmers empowerment priority of sectors guarantee to farmers' welfare: Jugal Organic farming key to farmers' welfare, healthy socio



community,

rearers is concerned

Mohinder

ing

JI NEWS SERVICE

IAMMU, APR 09: Member Parliament Jugal Kishore Sharma on Sunday said that the Rs 5018 crore budget allotted by Narendra Modi Government for Agriculture and allied sec-tors is a guarantee to wel-fare of farmers in J&K.

The Member Parliament was speaking during a programme organized in Samba by BJP Kissan

Samba by BJP Kissan Morcha to promote organic farming and improving livestock conditions. It is pertinent to mention that BJP Kissan Morcha under the stewardship of its President Sarabijt Singh Johal had organized severa-al events at district and Mandal levels across the Union Territorv. Union Territory

The programme held in Samba was specifically designed for the promotion of organic farming. District President Samba,

Sharma conbelts. plain belts. He asked Morcha members to proacceived and organized the event. Ex minister Chander Morcha members to proac-tively participate in pro-moting the BJP's pro-farm-ers schemes so that the food producers get maxi-mum benefit of such schemes event. Ex minister Chander Prakash Ganga, Kashmir Singh, District President Samba, Sunil Shasttri District President Rural also attended the proschemes. gramme. Addressing an impres-

Naming the schemes meant for tiller community sive gathering of party workers and the local farmand allied sectors including National Agriculture Market (eNAM), National the ing community, the Member Parliament Jugal asserted that it is for the first time in the history of J&K that such a big amount has been sanctioned for agriculture and allied sec-tors. He said that the framers of the UT should be rest assured that there is no dearth of funds as far as support to farmers, Mission For Sustainable Agriculture (NMSA), Pradhan Mantri Krishi Pradhan Mantri Krishi Sinchai Yojana (PMKSY), Paramparagat Krishi Vikas Yojana (PKVY), Pradhan Mantri Fasal Bima Yojana (PMFBY), Gramin Bhandaran Yojna, Insurance Livestock Scheme, Scheme on Fisheries Training and support to farmers, orchardists and livestock Extension National n, on Welfare of Micro

rearers is concerned. Sarabjit Singh Johal laid stress on organic farming and availing the benefits of schemes meant for bovine animals for areas especially falling under the kandi and Scheme o Fishermen Fishermen, Micro Irrigation Fund (MIF), PM-KISAN (Pradhan Mantri Kisan Samman Nidhi) Scheme and Pradhan

Mantri Kisan Pension Yojana, Johal said that first time in the history of the country so much has been country so much has bee accomplished by the gov ernment to ensure welfare of farmers. He said that people should extend wholehearted support to the BJP government at all the platforms to ensure that farmers and all mother that farmers and all mother sections of society get their due rights and facilities because no other party can guarantee all this in one go. Prominent among those who were present include Harbans Choudhary and Pohit Vurma Vice He asked who were a Harbans Choudhan, Rohit Verma Vice Presidents, Suresh Kumar Sharma Secretary Kissan Morcha, Asha Sharma, PDC Member and -~~on Kissan Pathey Spokesperson Kissan Morcha and Radhey Shyam, BDC Chairman and Spokesperson Kissan

> Later, Member Parliament Jugal Kishore along with Johal addressed another programme at Bishnah which was organ-

Bishnah which was organ-ised under the chairman-ship of Rakesh Pant, General Sceretary BJP Kissan Morcha J&K. Jugal asked people to focus on millels and con-sume Mota Anaj which is beneficial for health as per the experts of the field. He said that oreagent farmine is said that organic farming is key to farmers' welfare and a healthy society thus making it imperative to opt for the same as far as possible.

### Tulip garden, film festival giving fillip to tourism in Jammu: Raman Suri

JI NEWS SERVICE

JAMMU, APR 09: "Jammu is fast changing and various cultural activi-ties besides infrastructural developments are opening up new vistas for tourists and also bringing in ample opportunities for our people. The International Film Festival going on at Jammu and the opening up of Tulip Garden at Sanasar are a couple of such activities that are attracting tourists as well as artists in a big

way." This was stated by Bharatiya Janata Party (BJP) J&K Executive Member Raman Suri, who added that Sanasar started experimenting with Tulips a couple of years ago and today more than 2.5 lakh Tulips of red, yellow, than 2.5 lakh Tulips of red, yellow, white, and purple colours, spread across 40 Kanals picturesque area of Sanasar, are attracting tourists in a big way. He said, this is the begin-ning of the transformation of Jammu, where more such projects are going to be unveiled in near future. Once completed, they all will trans-

Once completed, they all will trans-form many lives and open up employment opportunities as well. Criticising the previous govern-ments for not paying any attention towards the cultural as well as infra-structural development, Raman Suri said that Lieutenant Governor Manoj Sinha's administration has touched those spheres where the precious overmments didn't venture. governments didn't venture Even after spending millions of rupees on projects like the River

View Front and Tawi Barrage, these View Front and Tavi Barrage, these governments abandoned the projects but the LG administration has revived them and are going to dedi-cate them to the public in a time-bound manner. Today, when Lieutenant Governor Manoj Sinha has thrown open the beautiful Tulip Garden for public tomorrow, visitors are headine towards the picturesaue are heading towards the picturesque

Sanasar that is offering a lifetime opportunity to be amongst the green eas and see Tulips in full bloom Those who cannot afford to visit Kashmir can come here to see how

Kashmir can come here to see how Tulips have added to the scenic beau-ty of Sanasar lake and are attracting tourists besides domestic travellers. Raman Suri siaid, same is the case with Jammu Film Festival wherein short films from India, Russia, United Kingdom, Israel, Turkey, France, and United States are being screened at Jammu and Kashmir Academy of Art, Culture and Languages (KAACL), which is Languages (JKAACL), which is attracting artists and delegates from all over India

all over India. Over 50 feature films, short films, and documentaries from 11 countries are being screened which are also providing the artists an opportunity to showcase their talent and interact with filmmakers from other next of to showcase their talent and interact with filmmakers from other parts of

has criticised the Union Territory administration for being irresponsive towards resolving people's burning problems and instead adding to their woes by unleashing 'tax terror' under the falsification of UT of Jammu and Kashmir at par with rest of the court y. While people are facing hardships in view of poor civic amenities, unem-plement remnant corruption and in view of poor civic amenities, unem-ployment, rampant corruption and repeated destruction of crops due to vagaries of weather, the administra-tion under Lt Governor are only indulging in self-praise merely to grab beadlinge headlines.

JAMMU, APR 09: Pradesh Congress Committee president, Mr Vikar Rasool has criticised the Union Territory

headlines. Addressing a mass dharna held here today in connection with Congress's ongoing "Jai Bharat Satyagrah" in protest against the Narendra Modi government's inaction against unemployment, encouraging crony capitalism and repeated attempts to muzzle democratic institu-tions against which former narty repeations against which former party president Mr Rahul Gandhi has been raisident Mr Rahul Gandhi has been rais-ing voice, he said that nothing will deter the Congress leaders and rank and file from carrying forward the mission of Mr Gandhi to expose mis-deeds of this government. The crony capitalism being encouraged by Mr Modi through backing handful of his for a bit of the component of the same set. friends is posing a serious threat to the national security as his friendly Adani-group is working in close prox-imity with some Chinese companies. The mass dharna which was followed



d by AICC by protest march organis member and senior advocate Mr Mohinder Bhardwaj, was attended by a large number of people from neigh bouring Vijaypur and Bishnah assembouring Vijaypur and Bishnah assem-bly constituencies. The participants raised slogans against the Modi gov-ernment and the UT administration for not resolving even their routine problems. Speaking on the occasion member AICC Sh. Mohinder Kumu Bhardwaj said that the BJP Government has unleashed repressive measures including cargeal dation of his Government has unleashed repressive measures including cancellation of his Lok Sabha seat followed by vacation of his official bungalow and even dis-connection power and internet con-nections in his Lok Sabha constituency of Waynad in Kerala to silence Mr Gandhi, All such repressive moves are proving counterproductive as Mr Gandhi is determined to fight to save democracy and expose crow castilated democracy and expose crony capitalism which has come in the form of "Modani" the combine of Modi and his friend industrialist Gautam Adani. He said that people in Jammu and Kashmir have become more vulnera-

Modi Government: Sat & Vibodh

is a priority for the

Modi Government that

intends to push our nation

to greater heights," said Sat

Sharma. Vibodh Gupta

Sharma. Vibodh Gupta said that "The Modi Government has focused on doubling farmers' income, securing them and their endeavours, making agriculture research and education, and building farm-related infrastructure are some of the maior goals

are some of the major goals

set and being worked upon

for the farmers' welfare", said Vibodh Gupta. He also highlighted the major

schemes for the welf

of the farmer

farmers launched during the Modi Government and

said that BJP is always con-

cerned about the well being

decades never did any-

thing for their welfare and

could not even changed their lifestyle whereas Modi Government has

always promoted the farm

**Congress committed to protect** 

Pramod Kapahi Pramod Kapahi and Keshav Chopra said that only BJP is concerned about the wellbeing of the farmers whereas parties like Congress who were at the helms of the country for decades power did appre-

re of

and

ers in many ways, they added. After the Samme-

lan, Crop Damage situation

leaders and BJP leaders

also asked the Administration to compen-sate the Farmers as soon as possible in order to avoid any sort of distress to them. Ex Sarpanch Raj Kumar, Ganesh Sharma, Bhushan Lal, Darshan Verma, Pawan Lal, Darshan Verma, Pawan Lal

Choudhary, Chaman Lal, Garu Ram, Madan Lal,

Karan Kumar Abhay Kumar and others were also present

Arjun,

asked

ed by the

the

was also review



ple of UT," he said. ple of UT," he said. Asking the people to be wary against the BJP's plans to create fis-sures in the society in the name of reli-gion and caste and use religion as a diversion from the core issues related to bread and butter and, Mr Bhardwaj said that while on one band records said that while on one hand people particularly farmers were being deprived of their land which they had been cultivating for decades, on the other side the farming community is reeling under utter distress as ur sonal rains have repeatedly sonal rains have repeatedly destroyed their crops.

### Natrang presents Hindi play 'Raaste Band Nahi' in Natrang's 'Sunday Theatre' series



JI NEWS SERVICE

JAMMU, APR 09: Natrang presented a new Hindi play 'Raaste Band Nahi' written by Sudershan Majithia and directed by Neeraj Kant here today at Natrang Studio Theatre, Jammu under Natrang's weekly theatre series 'Sunday Theatre' 'Sunday Theatr

The play begins with where Sanjeev, a green card holder NRI boy from America, arrives with his father

Balakram to see Narayan Babu's daughter. The story takes a new turn when the girl enters with a tray of tea as the conversation between Balakram and Narayan takes place in a conviction to the teach of the sec. a convivial atmosphere. The girl "Rekha", who is the fifth of her five sisters, starts exposing the boy and his family one by one. She tells that Sanjeev had reached America only in exchange for his elder brother's dowry. And Sanjeev's sister-in-law

was burnt for dowry only, due to which the whole family had to spend days together in jail. Rekha then says that Sanjeev had a relationship with a rried woman as well due to which

married woman as weil, due to which she was subjected to a lot of harass-ment from the woman's husband. Thus the conversation gets very heated and eventually the boy and his father walk out of Narayan Babu's

After this Rekha tells her parents After this Rekha tells her parents that now they have nothing to worry about their daughter. She will find her own way, there are no closed doors for her. Rebelling against the suffocating atmosphere of society and home, Rekha leaves her home towards a new direction and on a new path on which there are hum-dreds, thousands of girls along with Rekha. In search of a new horizon, where liberation is liberation. Natrang actors who acted in the

Natrang actors who acted in the play included Palshin Dutta, Vishal Sharma, Abhimanyu Choudhary, Amit Brahmi, Sheryaar Salaria, Sumit Bandaral and Naina Rakwal. The lights and sound of the play were exe-cuted by Aadesh Dhar. The show was coordinated by Mohd. Yaseen and the presentations were done by Mihir present Gujral.

#### Like terrorism there must be zero tolerance for narcotics and narco-terror trade: Pawan Gupta JI NEWS SERVICE & their modules. He stressed for identifying hidden OGWs and accom-JAMMU, APR 09: J&K Govt should address public issues in time-bound man-

issues in time-bound man-ner and speedidly bring about change for all round progress. This was stated by Shiv Sena Hindustan National President Pawan Gupta while addressing public gathering at Arnia today. Shiv Sena Hindustan J&K President P Rajesh Kesri, SSH State Vice President Balveer Kumar, Laba Baba, Vijay Kumar, Laba Baba, Vijay Luthra, Sanjeev Sharma, Raj Kumar, Suresh, Darshana Devi, Desraj, Rakesh and Rajesh were also present on the ocas-

sion. Speaking on the occa-sion, Gupta asked J&K Govt for increasing anti ter-ror operations to track down the hiding terrorists now. But situation is seri-

ous enough for immediate attention as money derived from the narcotic trade is hidden OGWs and accom-plices providing any sort of support to terror activities and demanded stringent action against each and every individual involved in anti national activities. He demanded action against Pakistan for sup-plying drugs to target the younger generation of from the narcotic trade is directly put into terrorism. Pakistan being the main international supplier and three thousand plus kilo-meters of Indo-Pak border is porous enough for unabated trans-border drug smugeling. The comunabated trans-border drug smuggling. The com-mon people need to be made aware of the conseyounger generation of Jammu and Kashmir. He quences of drug use and made to understand that said that like terrorism said that like terrorism there must be zero toler-ance for narcotics and narco-terror trade adding that both are equally dan-gerous for the people. Gupta further said that Jammu and Kashmir has definitely become the hub drug use is a problem which can be very well dealt with. The taboo assodealt with. The taboo asso-ciated with drug use must also be removed to enable a healthier de-addiction process, added Gupta.

definitely become the hub of narco smuggling and Gupta directed the party cadre to remain in public at drug abuse in a decade. the grass root level and get Daily news of contraband seizures in UT is a routine their issues addressed priority. Gupta took stock of the problems and issues

faced by people in this area. The people apprised area. The people apprised Gupta about multiple Gupta about multiple issues confronting them. They highlighted the burn-ing problem of water and power crisis that has become a daily routine now. They are also stressed by burning problem of by burning problem of unemployment. After lis-tening patiently the woes of the people in the afore-said constituency, Gupta rued over the unprecedent ed power and water crists during the incumbent Union Territory Union Territory Administration being run at the directions of the Union Government. He assured the people that he would be taking up this burning issue of power and burning issue of power and water crisis with the concerned authorities and gets the same resolved at the earliest.

before their Jayanti's

### spread message of developmental schemes launched by Ambedkar-Phule Rally in Jammu Modi Govt at ground level: Langeh asks party workers Morcha committed to act as beacon of light to guide unprivileged sections: Shiv Dev



and

#### JI NEWS SERVICE

JAMMU, APR 09: J&K BJI C Morcha president and ormer MLA Neelam former Langeh on Sunday exhorted the party workers to work relentlessly by work relentlessly by remaining present among the people to address their issues thus further strengthening the party base. The former MLA, as the Chief Guest, was speak-ing of SC Marcha orran. ing of SC Morcha organ-ized by BJP Muthi Paloura SC Morcha team under the chairmanship of Sarvjeet

chairmanship of Sarvjeec Bhagat. Former Legislator and senior BJP leader, Shiv Dev Singh was present as the Guest of Honour. Among others present in the meet-ing include District ing include District the party at boom ever. President Omi Khajuria, He categorically said that Corporator Mohinder the onus of party's success Corporator

Bhagat, District President lies with the ground level Morcha Manohar Lal workers ability to connect SC Morcha State with the masses and onc and SC Morcha State Parbhari, Jagdish Bhagat. Speaking on the occa-sion, Neelam Langeh said that the BJP is like an army and all the Morchas are its wings thus the victory of the army depends upon the whole hearted support of the main commander. Langeh said that SC this target is achieved and the people get the picture about BJP's public-friendly about BJP's public-triendly policies. The former MLA asked party workers to live up to the trust and expectations of the Party High Command and will leave on store unturned in fur-

Langeh said that SC Morcha is bound to uplift no stone unturned in fur-ther expansion of the party Morcha is bound to uplift the marginalized sections of the society and for this, every single activist of the Morcha has the moral duty to fulfill this responsibility with due care. He said that the success of a party in vinning the hearts of reacat the grass roots level. While speaking on at the grass roots level. While speaking on the Baba Saheb Bhim Rao Ambedkar, Langeh said India's crusader for human rights and was known as the father of the Indian Constitution. he added that we celebrate Baba Saheb Bhim Rao. Ambedkar winning the hearts of peo-ple and decimating the opposition in polls solely Bhim depends on the strength of Rao Ambedkar Jayanti falling on April 14 the party at booth level. in a big way Speaking on the occa-

Modi Govt making concerted efforts to

sion, Shiv Dev Singh said that the BJP SC Morcha is committed to act as a bea-con of light to guide the unprivileged sections to avail all the benefits of centrally sponsored schemes and lead a life full of digni-

ty and pride. He also assured to work He also assured to work relentlessly as party's foot soldier and ensure that the policies and schemes launched by the Modi Govt for the welfare of SC com-units table at the last munity are taken to the last person standing in line right upto the grassroots level

On the occasion BIP Muthi Paloura SC Morcha Muthi Paloura SC Morcha team felicitated working committee members with Mata Ki Chuni. Impressed by the policies of the Central Government led by Narendra Modi for the wel-fare of the SC community. fare of the SC community, a large number of youth joined the BJP SC Morcha in the presence of J&K BJP SC Morcha President.

SC Morcha President. Welcoming newly joined members into the party fold, Neelam Langeh urged them and other party workers to go on ground and spread the message of developmental schemes lunched by the schemes launched by the Central Government for welfare of the people. He said that awareness

about the schemes is the major task before the party workers so that people can

and the achievements of the BJP government for the

welfare of the minorities

He said that BJP is a disci-

plined political party which is people centric and never indulges in prejudice of any

JI NEWS SERVICE JAMMU, APR 09: An impressive Ambedkar\_ Phule Rally was Organised in Jammu by the Bharat Rattan Baba Sahib Dr. BR Ambedkar Birthday

committee, Celebration I&K before their Birthday Anniversary from Satwari Chowk Chowk Jammu to Ambedkar Chowk before Calork A jumited and the second secon Phule and tried to give the message of equality, liberty and fraternity and appealed the people to Read the Phule ji and Babasahib to better under-ctand their message to the stand their message to the

Districts and all the reli-gious, social organizations, school children etc. partici-pated with motorcycle, cars etc and no. of Jankies were displayed in the rallies which were the Centre of attraction of the rally. This attraction of the rally. This rally was welcomed at different parts of Jammu by the serving drinking water, cold drinks, fruits and other eatables and the Rally other eatables and the Kally was chanting slogans on baba Sahib Ambedkar and Mahatma Phule and on their life. While addressing the media persons the members of the celebration committee nut light on the

caste discrimination and committee put light on the teaching of the Ambedkar worked towards the uplift-ment of Dalits, women,

society. Further it was said that Baba Saheb Dr. Ambedkar and Mahatma Jyotirao and Mahatma Jyotirao Phule were two prominent social reformers in India who dedicated their lives to fighting against social discrimination and oppres-sion.Baba Saheb Ambedkar, Jaso known as Dr. B.R. Ambedkar, was a jurist, economist, politician. jurist, economist, politician, and social reformer who is considered the architect of the Indian Constitution. He the Indian Constitution. He was born into a family of the Dalit community, which was considered the lowest caste in the Hindu social hierarchy. Throughout his life, Ambedkar fought against caste discrimination and Maharashtra. He was a firm believer in the equali-ty of all human beings and fought against the oppres-sive caste system that pre-vailed in society.Phule is also known for his efforts towarde women's educatowards women's educa-tion and empowerment. He established the first school



labour and other marginal-ized communities. Dr. Ambedkar was also a prominent leader in the Indian independence movement and was the first Law Minister of indefirst Law Minister of inde-pendent India. He was Chairman of the drafting

Chairman of the drafting Committee of the Indian Constitution, which guar-anteed equal rights and opportunities to all citizens regardless of their caste, religion, or gender. Mahatma Jyotirao Phule, on the other hand, was a social reformer, thinker, and writer who is known and writer who is known for his contribution towards the upliftment of the Dalit and other marginalized communities Maharashtra. He was in

for girls in India and worked towards breaking down the barriers that pre-vented women from accessing education and contridencies in multiple life accessing education and participating in public life.

8

Together, Baba Saheb Ambedkar and Mahatma Jyotirao Phule played a sig-nificant role in shaping modern India and their contributions towards contributions towards social justice and equality continue to inspire people to this day. The Celebration committee served Lunch to the mem-bers of the Rally at Ambedkar Chowk and Appealed and extended invitations to the People of the IdK and other prote of the J&K and other parts of the country to also attend main function of main function of Celebration of Ambedkar Jayanti Mela on 14th of April in Ambedkar chowk, Jammu where missionary singers of the J&K UT and Gurpreet Lali will through light on the life of the light on the life of the Babasahib through their songs.

### Dr Manohar addresses monthly meeting at Thantu, Mandli



JI NEWS SERVICE

BILLAWAR, APR 09: Former Minister Dr Manohar Lal Sharma today addressed monthly meeting at Thantu Block Mandli in Tehsil Ramkote of District Kathua Prominent among those present on the occasion include Smt Neelam the occasion include Smt Neelam Kumari Sarpanch,Th Bhudhi Singh, Karan Dev Singh Ex Sarpanch, Romesh Spolia Ex Sarpanch, Nerma ji,Rattan Tripathi,Ashok Kumar Pyt Member, Makhan Lal pyt Member, Tara Chand pyt Member, Isher Dass Sangara,Kaka Ram thri-pathi, Raj Kumar Kumblia,Rangeel Singh Makhanu,Kewal Kumar,Lal Singh Makhanu,Kewal Kumar,Lal Chand Verma,Som Raj Naib Chand Verma,Som Raj Naib Sarpanch, Romal Singh,Chran Dass Thangria, Parshad Sharma, Ved Parkash, Raman From jammu, Mast Parkash, Raman From jammu,Mast Ram, Gian Chand Sangara,Sansar Chand Botti, Naresh Chander Tripathi, Raj Kumar, Swar-Din, Makhan Lal Verma, Ch Mahmood, Shiv Ram ji From Kandhranu, Mulkh Raj, Krishan verma, Puran parshad Tripathi, Rasal Singh, Des Raj,Rajinder Sharma (Retd)Block Insp,

Shankar Singh, Prem Chand (Retd) Master, Chran Dass(Retd)GQ. Speaking on the occasion, Dr Manohar said that treachery and deceit of the BJP is haunting Jammu deceit of the BJP is haunting Jammu people who reposed their unfiltening faith and support to it with the hope that Jammu may perhaps get a better deal as during the days of its wilder-ness in the opposition, the BJP leaders were crying hoarse over discrimina-tion and neglect. "Not only on the front of development but equally in terms of instilling a sense of conf-dence among the people, the BJP has desperately failed", Dr Manohar said and referred to uncertain political cliand referred to uncertain political climate prevailing across I&K ever-since BJP dispensation came into being. He said the BJP ditched each segment of

said the BJP ditched each segment of society which feel left out with gov-ernment nowhere visible on ground. Referring to the issues confronting to his constituency. Dr Manohar said that during last nearly nine years, Billawar constituency has been made backward by adopting discriminatory somerach bur, uting discremention approach by ruling dispensation towards this hilly constituency as most of the areas suffering from lack of road connectivity, drinking water

supply besides lack of facilities in edu-cation and health sectors. He asked the gathering whether this type of development was promised? "Still people are facing basic issues like drinking water. What has happened to the promises made with the peo-nle" hearing the second second second second to the promises made with the peo-nle" hearing the second seco ple," he said. Dr Manohar said "If BIP has not

Dr Manohar said "If BJP has not been able to Utifil promises in eight years then what are they going to do now. The Centre is not serious about fufilling the commitment of early restoration of statehood and holding assembly elections in Jammu and Kashmir, and only hoodwinking peo-led by izerius urgues attemants from ple by issuing vague statements from time to time for the last three and half vears," Dr Manohar said, addressing monthly meeting. "People had not voted for the BIP to divide and downvoted for the BJP to divide and down-grade our historical state into Union Territory and snatch our rights over lands and jobs, guaranteed to people by the last Dogra ruler through state subject laws. "BJP only betrayed and he forled reaches the citetation is citetation." be-fooled people, the situation is worse today than earlier, as he attacked the Narendra Modi-led government for tils alleged failure to con-trol unprecedented price rise and unemployment, improving the condi-tion of farmers and addressing securi-ty issues."Whenever elections are tion of tarmers and addressing secur-ty issues. "Whenever elections are round the corner in any state, BJP adopts a divisive agenda of vote bank politics, which is very dangerous for the nation," he said. He said he would continue his fight against the "wrong policies" of the BJP tooth and nail and created for the node node word ware: stand for the rights of each and every section of the society

### Minority Morcha, ST Morcha of BJP hold meeting at Bhatindi

JI NEWS SERVICE JAMMU, APR 09: A meeting of BJP Minority Morcha and BJP ST Morcha was held at Bathindi Jammu on Saturday under the chairmanship of Kavinder Gupta, Former Dy. CM J&K

On this occasion, he was accompa nied by President BJP Minority nied by President DJ Minority Morcha J&K, Ranjodh Singh Nalwa, General Secretary BJP Minority Morcha Jek, Ranjodh Singh Nalwa, General Secretary BJP Minority Morcha Jek Santokh Singh, Riyaz ST Morcha, Rekha Mahajan, District President BJP, Vinay Gupta, Senior leader BJP Mubashir Azad, Vice President Jek Shakir Giri, Secretary Jek Yashpal Singh, Spokesperson Jek Mohd Naseer, Legal Goordinator Jek BJP Minority Morcha and other office bearers. Party leadership discussed and

Party leadership discussed and highlighted various schemes and achievements of BJP Government



besides priority regarding minorities in the country in keeping with the vision of Prime Minister Narendra Modi. The Programme was organised by BP Minority Morcha, Jammu. "Modi government is committed to work for 1.30 crore Indians and the Prime Minister is working day and night for the uplift of poor farmers, downtrodden, dalits, backwards, wormen and common recole: 'Gunta

women and common people," Gupta

said.



Astrophening the organization fur-ther and ensure its victory at hustings in Parliamentary and Assembly elec-tions scheduled to be held next year. All the senior leaders urged the party men to get ready for upcoming party activities and programs. They said BJP is emerging stronger and stronger with its commitment to national cause and party will not only frame the next Government at Centre but will emerge as a strong contender but will emerge as a strong contender for the formation of Government in said. Dut will emerge as a strong conter The meeting urged the party for the formation of Governmen activists to work at booth level for J&K after the Assembly elections

## feeling safe under the Modi government but also enjoy-ing the benefits of various which has become reality for the first time in over 70 for the first time in over 70 years," he maintained. He said that BJP government at the Centre is working for every section of society. Later, BJP Minority Morcha President Ranjodh Singh Nalwa gave the account of the works undertaken by the Morcha and the achievements of the

JI NEWS SERVICE

JAMMU, APR 09: Senior BJP leader and former Deputy Chief Minister, Kavinder Gupta asserted that the central government under the realms of PM under the realms of PM Narendra Modi is making concerted efforts to allevi-ate the problems and issues of minority communities. The BJP stalwart was addressing a gathering dur-ing an event organized as the part of Samajik Nyay Pakhwada (Social Justice Fortnight) in connection with fortnight celebrations of Party's Foundation Day here on Saturday. The senior BJP leader

ity welfare as all other gov-ernments befooled this section on one pretext or the other. He said that the testi-

Contraction of

Ine senior BJP leader said that the government at New Delhi led by BJP was the only dispensation to have worked for the minor-

mony to this fact is that the Modi Government never

discriminated with the minorities as every scheme and bounty meant for welfare of the people of the country was also valid for the minority communities and it never happened under the BJP regime led by PM Modi that a welfare

kind. Others present in the pro-gramme include Rekha Mahajan District President, Vinay Gupta, Santokh Singh, Riyaz Ahmad, Neeraj Puri,Nayan Gupta, Burbajidac Sinah Akash scheme was envisaged excluding the minorities.

kind

Pushpinder Singh, Akash "The minorities in Jammu and Kashmir are not only Chopra, Mohd Rafeek and St. Peter's Catholic Church celebrates Easter in Jammu

## JI NEWS SERVICE

JAMMU, APR 09: St. Peter's Catholic Church, Prem Nagar along with Rev. Fr. Kuriakose, the Parish Priest, Fr. Christope, the Asst. Parish Priest and all the faithful have joyfully celebrated Easter celebrated Easter' vigil mass on 9th April 2023 at 12:00 am. In Christian tra-dition, the Resurrection represents Christ's victory over death and this night was the mother of all nights. All Christians have prepared themselves for 40 days of lent for this night. In the nast three days they vigil In the past three days they In the past three days they have accompanied the Lord in His passion and death. And as one family the faithful have gathered at St. Peter's Catholic Church to celebrate His resurrection. This was the climax of the history of redemption. The liturgy of Easter vieil night has four Easter vigil night has four parts: Liturgy of the Light, Liturgy of the Word,



Liturgy of Blessing of Water and Liturgy of the Eucharist in which all the faithful enthusiastically participated and received the blessing for any from the risen Christ. The Easter vigil service began with the blessing of a new fire, light-ing of the Paschal Candle from the new fire and all who in his sermon emphawho in his sermon empha-sized the readings of the day. He said that Ultimately, Jesus died and rose to give us His Spirit to comfort us in all things. We are not alone. When we experience sadness, we are invited to feel it fully, acknowledge our need acknowledge our need, and move towards God for comfort. The gospel is good news for our sadness. As from the new fire and all the faithful went in proces-sion carrying the candles in their hands. Rev. Fr. Kuriakose was the main we experience this, we are

celebrant of the Holy Mass able to share the good news with others who are in with others who are in need of comfort. He told the faithful to joyfully pro-claim the good news that "Christ is truly risen", the priest reminded the prom-ise of risen Christ "I am with you always to the and with you always, to the end of the age" (Mt 28:20). He wished all a blessed and holy Easter, finally he thanked all the well-wishers and thereafter the gathering came to an end.





### Over 2,000 rules, laws scrapped by centre in last 9 years for ease of governance: Jitendra

### AGENCIES MUMBAL APR 9

Union Minister Jitendra Singh has said more than 2,000 rules and laws were scrapped by the Narendra Modi Government in the past nine years for ease of governance and ease of doing business, according to an official statement issued on Sunday.

issued on Sunday. He said previous Gov-ernments found "com-fort in a status quoist approach", but Prime Minister Modi has demapproach", but Prime Minister Modi has dem-ries in which the awards onstrated the courage and have been presented, conviction to do away with namely innovation in such rules, many of which healthcare, transforming persisted since the time people's lives and ethical governance, have always

inconvenience to the citi-zens. The ultimate aim of good governance is to bring ease of living to the of State for Personnel. He was speaking as the chief guest after presen-ing the Yashraj Bharati Samman (YBS) awards at a 'gratitude ceremony'

a gratitude ceremony' organised by the Yashraj Research Foundation (YRF) here on Saturday night. He said the three catego-

from the ramparts of Red Fort about the abolition of interview in job recruit-ment so that a level playing

of interview in job recruit-ment so that a level playing field could be provided. In pension, face recogni-tion technology was intro-duced so that the elder citizens did not have to go through the tedious pro-cess of getting a life certificate," Singh said. Most of the functioning was converted online and in order to bring in trans-

parency, accountability and citizen participation, the human interface was reduced to the bare mini-Talking about public grievance redressal, Singh said that the grievance

redressal mechanism was shifted to Centralised Public Grievance Redress not only promoted tech-and Monitoring System (CPGRAMS) – an online platform - as a result of new innovations even in which about 20 lakh griev-the health sector thereby ances are received every transforming lives of citi-year in comparison to just zens, Singh said. 2 lakhs every year before He said that earlier pri-2 lakhs every year before He said that earlier pri-this government came orities were misplaced in because this govern-and for seventy years it ment followed a policy of continued to be misplaced

this governiment came orities were misplaced in because this governiment, and for seventy years it continued to be misplaced time bound redressal and gained the confidence of the people. In the field of health-that use of technology and pendemic has shown how innovation can deliver healthcare in the remote

From the Front Page...

### India does not...

created an ecosystem for them to flourish, he said, "India is a country where protecting nature is part of

the culture." "For wildlife to thrive, it is important for ecosystem ror windlife to intrue, it is important to recosystems to thrive. This has been happening in India," he said, adding that protecting wildlife was not the issue of just one country, but a global one. Pointing out that cheetahs had become extinct in India decades ago, the Prime Minister referred to the

recent initiative where the big cats were brought to India from Namibia and South Africa, and said it was the first successful transcontinental translocation of the big cat.

He also highlighted the fact that four cubs had been born to these cheetahs at Kuno National Park in Madhya Pradesh

In July 2019, the Prime Minister had called for an Alliance of Global Leaders to obliterate demand for poached articles and to firmly curb poaching and ille gal wildlife trade in Asia. Taking that message forward the International Big Cat Alliance was launched today forward officials said

officials said. IBCA will focus on protection and conservation of seven major big cats of the world – tiger, lion, leopard, snow leopard, puma, jaguar and cheetah – with range countries harbouring these species being its members. The Sahyadris or Western Ghats have several tribal communities who have worked for wild life and tigers to flourish, Modi noted as he lauded their contribution in conservation efforts. (Agencies)

#### LG addresses Mahavir...

aspiration. We must work together to create ideal andition in the society that will enable every indi-dual to live up to her or his full potential, added the

vidual to live up to her or his full potentian, associated to Governor. Cultural programme on the life and teachings of Bhagwan Mhavir was also presented on the occasion. Sh. Justice Rajnesh Oswal; Prof Umesh Rai, Vice Chancellor, Iniversity of Jammi; Li Gen Sandeep Jain, GOC 16 Corps; Sh. Anand Jain, Director Anti-Corruption Bureau J&K; Sh Pankaj Jain and other officer bearers of % Jain Sabha, besides students and members of the community were present in large numbers.

#### PM's tweet gives...

inflow to the Tulip Garden is on high note", Shayiq Rasool, Floriculture officer of Indira Gandhi Memorial Tulip Garden said.

He said the flow of tourists is higher compared to 2022 and 2.65 lakh visitors visited the Tulip Carden in the last 20 days. On an average, 13,000-14,000 tourists visit the garden daily and on Sunday the flow crosses 20,000 to 25,000.

20,000 to 25,000. Shayiq Rassol said that "when a tweet on a particular purpose is being floated on the highest level it definitely has a good impact on the subject", adding "Last year the Prime Minister also tweeted and that also had a marked impact on the arrival of the tourists to the Tulip

marked impact on the arrival of the tourists to the Tulip garden". He said more than two Lakh domestic tourists from West Bengal, Gujarat, Uttar Pradesh, Maharashtra and from the southern states are currently on a visit to Kash-mir valley besides this a good number of foreigners also thronged to the Tulip Garden this year of far. He expressed hope that the previous year's record of 3.60 lakh visitors will be surpassed this year if weather remains favorable. Tourists are very happy enjoying the scenic beauty of Asia's second largest Tulip Garden on the foothills of Zabarwan near the famed Dal Lake, Shayiq Rasool said. He said the rush of domestic tourists is satisfactory and more and more are visiting day by day as the weath-er continues to be pleasant.

er continues to be pleasant. "The Tulip Garden looks like a colorful carpet with a sea of flowers spread on the lap of the Zabarwan hills mesmerizing the visiting tourists", he said, and added "the tourists feel they have reached heaven when they enter the garden". He said last year 159 foreign tourists visited the Tulip

He said last year 159 foreign tourists visited the Tulip garden and this year so far 1400 have thronged and many more are expected to come. "It is a Tulip festival going on like a Mela and if one sees a huge rush of visitors is visible on the road leading to the Tulip garden near Dal Lake", he added. He said for tourists who are visiting Kashmir valley presently, Tulip Garden remains the main attraction before moving to other places. Regarding the time frame of Tulip garden, Shayiq Rasool said that "three is no fixed calendar for how long the garden will remain open. He said it is day 21 today and if the weather remains favourable and there were rain showers in between that will allow the garden to survive for a long time. He said presently the garden is in full bloom.

In full bloom. He said if temperature remains favourable and weather er stays good the tourist rush will continue at least till one month.

He said as long as the period of Tulip Garden contin-ues it will have a good impact on the economy of the state. (Agencies)

### 9% electricity share...

the atomic energy is being used for applications in diverse sectors like, for example, for increasing shelf life of fruits like apple and agriculture products, for using latest technologies in treatment of Cancer and other diseases etc. He said, India has shown the world the way for using nuclear energy for peaceful purposes

### Around 2.82 lakh passport...

years, Jammu and Kashmir Police said as it defended "deep vetting" of activities of several sections, including politicians and scribes, noting it was needed to curb 'anti-India propaganda machinery". It said the current initiatives taken by the Criminal

Investigation Department (CID) headquarters have yielded dividends as the misuse of passports by anti-national elements has shown a downward trend.

yielded dividends as the misuse of passports by anti-national elements has shown a downward trend. The police said 143 passport applicants including a prominent businessman and a journalist have misused the facility and became part of the propaganda machin-ery to spread hatred agains the country. "The course correction was made from time to time to defeat the nefarious designs of anti-national elements, who are changing their trends to deceive the security forces, first by choosing the targets with clean records and later on radicalising them to resort to activities which suit them to accomplish their nefarious designs," police said in a statement here. It said, "Deep vetting was mandatory to check the activities of religious leaders, politicians, lawyers and journalists to put curbs on anti-India propaganda machinery and to expose them. A good number of vio-lators were plut on exit control." It said that loopholes were plugged to ensure that students with a clean image who are desirous of pursuing higher education outside the country do not face any hurdle in availing of the passport facility.

passport facility. "However, riders were necessary to rule out the cases having an adverse background and inclination towards terrorism or secessionism, who were clandestinely sponsored by different terrorist outfits to achieve their

nefarious designs and glorify the terrorism. "Passport verification cases are being cleared purely on the basis of field reports and CID organisation has no modus operandi to dispose of these cases on pick and choose basis, neither on the basis of region, religion or

choice bass, interformer of mere is any selective application of rules and regulations," the police said. It said the passport cases cleared by field agencies are being sent to the RPOs concerned within the stipulated

CID headquarters has also issued comprehensive

Deriod. CID headquarters has also issued comprehensive guidelines in the form of SOPs to plug the loopholes to avoid any misuse of passport facilities. Giving a break-up of cases received during the past three years, the police said against a total of 2,87,715 applications, as many as 2,81,759 cases were cleared. Only 805 were not cleared and 5,151 cases were pending. "Scrutiny of the records relating to the cases received and disposed of by the CID headquarters reveals that during last three years, a negligible/minuscule percent-age of cases viz 0.28 percent cases were 'not recom-mended' due to adversities purely in view of national security concern," the police said. In the past, it said, the CID Headquarters cleared some cases on the basis of personnel character, but later the passport facility was misued and the applicants induged in anti-national activities by becoming part of a disinformation campaign to spread hatred against the nation.

the nation

The police said 143 passport applicants misused the facility and became part of the propaganda machinery to spread venom and hatred against the country.

Police detected as many as 54 youths who were wrongly given passport service during 2017-18 and all of them went to Pakistan and received training in arms. ammunition and explosives at terrorist training marins, Many of them were pushed back into J-K through the Line of Control and 26 of them died while either crossing or during encounters in the hinterland, the police said.

The lives of 12 of these youngsters could be saved by the CID after their return from Pakistan by bringing them under preventive custody so that terrorist-sepa-ratist syndicates do not succeed in pressuring them to icits terror reals. join te or ranks

It said 13 passport holders did not return from Paki-stan and were active in propagating violence against

India. "Apparently, there were no signs of radicalisation and later were overwhelmed by the ideology and came under the influence of enewy agents," the police said. It referred to former Kashmir Chamber of Commerce and Industries president Mubeen Shah of Srinagar who was provided the passport facility in 2018 and became

.

an important tool of propaganda machinery, leaving no platform to tarnish and malign the image of India. The police also referred to Asif Maqbool Dar, a doctor from Baramulla, and said he was working as a mouth-piece of ISI and Pakistan-based separatist leaders. Mukhtar Ahmad Baba, a journalist who went to Turkey on a valid travel document, started propagat-ing an anti-India narrative, while Majeed Irshad Khan was cleared for issuance of a passport on October 26. was cleared for issuance of a passport on October 26, 2017 and later joined the Lashkar-e-Taiba terror outfit on November 9 of the same year. Shabir Ahmad Dar was cleared in 2013 and started

uploading anti-India posts on reaching Saudi Arabia, the police said.

Waseem Raja Malla who was performing security duties with political leaders, fled with service rifles and joined terrorist ranks before he was killed by security forces in 2022. A passport was also recovered from him (AGENCIES)

### PM addresses.

Refugees, border people, and other communities. He said that the benefits to the IB residents on the pat-tern of LoC residents have only been considered by the Modi government. He said that Modi ji has ensured the benefits of public welfare schemes like Ayushmaan Bharat, Prime Minister Awas Yojana, PM Ann Yojana, and others

the benefits of public Weitare Schemes like Ayushmaan Bharat, Prime Minister Awas Yojana, PM Ann Yojana, and others. Raina said that for the first time in history since 1947, the Refugees are being given true benefits. Financial assistance to 1947, 1965, and 1971 PoJK, WPR refugees with the humanitarian approach and due regards and respects has been considered only with the particu-lar attention of Prime Minister Narendra Modi ji. He insisted that all the other important issues of these com-munities are being considered by the Modi government and BJP leadership in Jamma & Kashmir at a war-footing level as the BJP is committed to the welfare of Border residents and Refugees. Salathia, while addressing the gathering, said that the Modi government has taken revolutionary and unprec-dented steps at the ground level to hoost the develop-ment in these areas. He said that no area would be left without adequate facilities of water, roads, electricity, and other absolutely increasing infrastructure. He also

and other absolutely necessary infrastructure. He also said that the Modi government has given benefits to every section of society. He also spoke about the inclu-sion of the OBC category. He stressed that the con-spiracy behind the shifting of Ramgarh College would

spiracy behind the shifting of Ramgarh College would not be successful at any cost. Kashmira Singh spoke on the role of BJP workers in the ground implementation of the public welfare schemes. He assured the senior party leadership that BJP workers will leave no stone unturned to reach up to every single home in the area. Anita Choudhary spoke on the local development works related to improved roads, availability of homes under PMAY, Swachh Bharat, and other projects.

#### 1 intruder shot...

Intructer shot...
"They were residents of PoJK and suspected to be smuggling narcotics," they added and said that no weapon was recovered from their possession but the matter is being investigated.
Earlier defence sources said that on the intervening night of April 8-9, alert troops of Indian Army on the LoC. in the Poonch Sector, detected some suspicious movement of a group individuals.
"The individuals were challenged by Indian Army troops on own side of LoC, close to the fence," said the spokesman. On being intercepted, they added that in the ensuing operations, one dead body has been recovered. recovered

recovered. "A cordon of the area has been established and search operation is still in progress," said the spokes-man. (AGENCIES)

### Work on Zojila tunnel...

"is 13 km long with an approach road of 18 km. "This project is a huge game changer by the gov-ernment of India. The total length of the project from Sonamarg to Minimarg is 31 km. From Sonamarg to Baltal, it is 18 km, and then the main tunnel from Baltal bardar, it is to know the first the mark memory bardar to Minimarg which is 13 km long. The work is going on at a rapid pace on both the projects," Project Head, Megha Engineering and Infrastructure Limited Harpal Singh end bage

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 Megha Engineering and Infrastructure Limifed Harpal

 Singh said here.

 Singh said here.

 Singh said the work had to be stopped for two months

 January in which two persons were killed.

 About 38 pieces of equipment of the construction

 About 38 pieces of equipment of the construction

 or by beember 2026°.

 Singh said out of the 13 km long tunnel, a total of 6

 (4,47,56,616). The active cases now comprise 0.07 per cent of the total infections, while the national COVID-19 recovery rate was recorded at 98.74 per cent, the ministry said. The number of people who have recuperated from the disease surged to 4,41,92,837 while the case fatality rate was recorded at 10 per cent

4,41,92,83 while the case ratanty rate was recorded at 1.19 per cent. According to the ministry's website, 220.66 core doses of Covid vaccine have been administered in the country so far under the nationwide vaccination drive.

km cutting has been done - three km from this side and the rest from the other end. "The remaining work will be completed in time," he said. The project head said the company is using a modern method of tunnelling which is known as new Austrian tunneling method.

tunnelling method. "By this method, we have achieved three important

"By this method, we have achieved three important things – the safety of the turnel, the safety of the work-force, and the speed," he added. By using this method, he said, the chances of acci-dents are very low and the quality and the speed of tunnelling are very good. This is a special technology applied in Europe and North America, he said. Out of the total 31 km project from Z-Morh tunnel in Sommarg to Raltal the approach road is 18 km and the

Sonamarg, to Baltal, the approach road is 18 km and the work is also going on their simultaneously. "About 60 % of work has been completed on this.

work is also going on their simultaneously. "About 60% of work has been completed on this. There are four bridges on which about 80% of the work has been completed. There is five-km Nitgarh tunnels which have been completed. The work is going on at an advance pace and the approach road would be opera-tional within two years," Singh said. He said people will not face any difficulty in coming to Baltal even in winter when there is heavy snowfall because of the approach road to the tunnel. Asked about the importance of the tunnel with respect to the Defence forces, Singh said after the com-pletion of the unnel, the forces will be able to move across round the clock. "The road remains closed for four months due to snowfall. It is a very long time. There are so many defence forces personnel, we have a border with China which has a strong military. It is risky for our forces to face such a huge army when there is no land connection with the rest of India. "Are roits fundia.

"After this tunnel is constructed, the Indian defence forces will move uninterrupted throughout the year. People of J-K and Ladakh can move throughout the year. It will be a huge advantage. What we had not been able to do in the last 75 years, you will have it in the next three to four years," he said. He said not only will it shorten the distance, the time taken will also be yery less. This distance will be covered in less than 40 minutes instead of four hours, he said. Stite-incharge of MELL, Saing ysharma, said the tunnel would be the longest in Asia at the highest altitude. He said there were many challenges working in the young

said there were many challenges working in the young

"But, the main challenge is outside the young "But, the main challenge is outside the tunnel. It is the weather. First two years, we worked in winter months also. But, last year, we had to stop for two months due to avalanches," he said.

Parliamentary consultative committee on Road ransport & Highways, led by Union Minister Nitin Gad-

kari, is visiting the project site on Monday. (AGENCIES)

Consultations going on... The Ministry of Electronics and Information Technology (MeirY) notified the Information Technology (Interv-mediary Guidelines and Digital Media Ethics Code) Amendment Rules, 2023 on Thursday. The 2023 amendments confer the power on the mini-istry to notify a fact-check unit of the Centre that will identify fake, false or misleading online content with respect to any business of the Union government. Violation of the rules can lead to the social media intermediaries losing their "safe harbour" immunity. On National Conference (NC) president Farooq Abdullah's call for unity in the Opposition camp for taking on the Bharatiya Janata Party (BP) in elections, the Union minister said it only shows the strength of the ruling party.

the ruling party. "That shows that the BJP is very strong," he said

Asked when will the Jammu and Kashmir Assembly polls be held, Rijiju evaded a direct reply and said he

cannot make announcements on election timings. "I cannot clear the dates here. As I am the law and

justice minister, I am the administrative minister of the

Election Commission. So I cannot make an announce-ment here. The election will be announced in due

Asked about allegations levelled by People's Demo-cratic Party (PDP) chief Mehbooba Mufti's daughter,

Iltija Mufti, regarding her passport, the minister said "a passport is issued by the home ministry". (Agencies)

course," he added.

India logs 5,357...

Consultations going on...

Tra



### Ch. Zulfkar Ali demands PM addresses the issues of Refugees, opening of Mughal Road

RAIOURI, APR 09: April Party Vice President, and Former Cabinet Minister

Former Cabinet Minister, Choudhary Zulfkar Ali has demanded the opening of Mughal Road. In a statement issued to the press, the Former Cabinet Minister said that it was unfortunate that the it was unfortunate that the concerned authorities who were responsible to keep the historic alternative road to Kashmir keep it opera-tional have failed to do so.

"The Mughal Road "The Mughal Road which was supposed to open in the first week of March is still closed and the people are not allowed to travel on the road which connects Birmanial ration connects Pirpanjal region with Kashmir Valley," he

He further said that hun-He further said that hun-dreds of people travel from one region to another for a health checkups, education purposes, tourism, trade and for other purposes.



"As the authorities have pushed the people to unnecessary harassment due to the closure of the road, the LG J&K should "The people in Pirpanjal Region are the worst suf-ferers as many of them go to SKIMS Srinagar for med-ical checkups, and employ-ees from Rajouri and Poopch have been posted pushed the people to unnecessary harassment due to the closure of the road, the LG J&K should personally look into the issue and concerned authorities should pull for Poonch have been posted in parts of Kashmir," he said. He further said that their said. He further said that "Similarly many students from this region study in various educational institu-tions including universities of Kashmir but they face inconvenience due to clo-sure of the road." He said that the authori-ties should know that their approach towards the gen-uine demand of the peo-

uine demand of the peo-ple," he said. He said that the Mughal Road should be made all weather and kept open throughout the year even during harsh weather con-ditions by taking all pre-cautionary measures ties should know that their delaying practice has affected hundreds of lives. cautionary measures. "The road was construc-

### tion and opened with much pump and show to provide an alternative route to Kashmir, but also remains closed most of the time, and opened for several months only that too dur-ing summer season." he ing summer season," he He said that "A tunnel

was approved for its con-struction on the Mughal Road. However, the construction work for the tun nel on the said road is yet to be initiated. It shows to be initiated. It shows how the authorities are serious about such an important tunnel that would make it operational even during heavy snow-fall." irresponsible He further said that "The

Mughal Road provides opportunity for economic growth, promotion of tourism, exploration of more tourism spots since tourism, exploration of more tourism spots since the region and the road has potential for tourism sec-tion that can also generate employment.

### border people: Ravinder Raina IAMMU APR JAMMU, APK 09: Addressing the Refugees Sammelan at Ramgarh, the border area of District Samba J&K BJP President Ravinder Raina said that Prime Minister Narendra

Prime Minister Narendra Modi has continuously addressed the issues of Refugees, border people, and other communities. Ravinder Raina was accompanied by Former Aminister and BJP Vice President Surjeet Singh Salathia, BJP District President Thakur Kashmira Singh DDX Kashmira Singh, DDC

Kashmira Singh, DDC Anita Choudhary, BDC Darshan Singh, Sr leader Vijay Singh, Prem Lal, Amit Dubey, and BJP Mandal President Shiv Choudhary. Ravinder Raina, while

Ravinder Raina, while addressing the Sammelan said that the BJP govern-ment is dedicated to the welfare of every section. He said that the Modi gov-ernment has continuously addressed the issues of Redurase border popula Refugees, border people, and other communities. He said that the benefits to the

IB residents on the pattern of LoC residents have only and due regards and respects has been considbeen considered by the ered only with the particu-Modi government. He said that Modi ji has ensured the benefits of public wel-fare schemes like lar attention of Prime Minister Narendra Modi ji. He insisted that all the other important issues of Avushmaan Bharat, Prime these communities are Minister Awas Yojana, PM Ann Yojana, and others. Raina said that for the first time in history since being considered by the Modi government and BJP leadership in Jammu & Kashmir at a war-footing 1947, the Refugees are level as the BJP is commit being given true benefits. Financial assistance to 1947, 1965, and 1971 PoJK, ted to the welfare of Border residents and Refugees. Salathia, while address-WPR refugees with the humanitarian approach ing the gathering, said that the Modi government has

taken revolutionary and unprecedented steps at the ground level to boost the development in these areas. He said that no area would be left without adequate facilities of water roads, electricity, and other absolutely necessary infra-structure. He also said that the Modi government has given benefits to every sec-

tion of society. He also spoke about the inclusion of the OBC cate-gory. He stressed that the conspiracy behind the shifting of Ramgarh College would not be suc-

and

College would not be suc-cessful at any cost. Kashmira Singh spoke on the role of BJP workers in the ground implementa in the ground implementa-tion of the public welfare schemes. He assured the senior party leadership that BJP workers will leave no stone unturned to reach up to group include more in the to every single home in the

Anita Choudhary spoke on the local development works related to improved roads, availability of homes under PMAY, Swachh Bharat, and other projects.

Pir Panjal region rescinded from development activities: Javed Rana BJP OBC Morcha Continues its drive of Gaon Gaon Chalo, Ghar Ghar Chalo

MENDHAR, APR 09: Jammu and Kashmir national Conference Pir Panjal Zone President, Javed Ahmed Rana said National Conference has the record of equitable development of all the areas of Jammu and areas of Jammu and Kashmir during its governance but it is quite unfortunate that now a signifi-cant number of areas have been ignored in terms of evelopment. The NC leader expressed

this while addressing a public meeting held in the presence of party workers and activists at Panchayat Sangote in village Balakote of Pir Panjal zone here today

While addressing the gathering, Javed Rana said, "The blatant discrimination inst NC bastions got

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UDHAMPUR, APR 09: While "Babu

UDHAMPUR, APR 09: While "Babu Raj" in J&K had become synonymous with corruption, the process of loot, extortion and plunder of govt resources was likely to continue in the troubled UT which showed no sign of Assembly Elections and of restoration of a democratically elect-ed govt therein. This was stated by Mr. Harsh Dev Singh, Former

Mr. Harsh Dev Singh, Former Minister and State President JKNPP.

With the present bureaucracy enjoy-

ing authority without accountability

ree for all' kind of situation p

vailed in the erstwhile state, said Mr. vailed in the erstwhile state, said Mr. Singh. He said that the ECI has announced elections for other states without uttering a single word about J&K Elections which are being denied for the last five years since 2018 and which may never be held as long as BIP promained in power at the centre

BJP remained in power at the centre.

"If you can manage to hold the reins of power and run the affairs of state

without elections, why at all should the ruling party take the risk of seek-

N

THE REAL PROPERTY IS accelerated after abroga-tion of Articles 370 and track of development. "We will secure a fully-fledged 35A Administrative Unit for the

Consequently the people of the aforesaid areas are living in miserable condi-tions with no one in Administration to listen to

Surankote and Dharhal Surankote and Dharhal areas respectively to ensure ease of living and equitable development in the afore-said areas," he said. r woes. Ie said that only iional Conference will end these miseries and bring these areas back on

ing peoples' mandate? Asserted Mr. Singh adding that the people of erst-while state and its political leadership seemed to have reconciled to the backdoor rule imposed by the saffron regime. "What an irony! The party which catapulted itself to power on the slogans of "one nation, one consti-tution" had itself dismantled the age

tution" had itself dismantled the age

old principles of democracy and denied constitutional rights to the

denied constitutional rights to the people of J&K for the last five years with no hope of democracy getting restored in the downgraded state under BJP regime", observed Mr. Singh. He was addressing a meeting of party workser at Kaldi, Khoon and Satrairi during his two days tour of District Udhampur. Urging upon the party rank and file to work for ameliorating the lot of

to work for ameliorating the lot of poor and downtrodden, Mr. Singh said that Panthers Party stood for

safeguarding the rights and interests of common masses as against the

of common masses as against the power politics of BJP. He said the people were feeling cheated, let down and abandoned under the present

While appealing to the people to join and support National Conference to fur-Pir Panjal region as already assured by NC leadership. ther strengthen the hands ther strengthen the hands of Dr Farooq Abdullah and Omar Abdullah, Javed Rana assured that NC will fight legally, politically and constitutionally for restora-tion of Articles 370 and 35A. We will not relent till we get our rights and iden Moreover, National Conference will upgrade Mendhar, Kalakote, we get our rights and iden-tity restored, he added.

JAMMU, APR 09: Sunil Prajapati (State President BJP OBC Morcha), and Sunita Gupta (Corporator) attended the Jan Sampark meeting of OBC Samaj in ward 37. The Program was Arranged by Nitu Verma (District President Jammu

JI NEWS SERVICE

North) and another Program in Udhampur was Arranged by Sagar Verma (District President Obc morcha Udhampur). Prominent among the others Who were Present are Shekhar Satti

are Shekhar Satti (Spokesperson OBC mor-cha), Subash Anand (Cashiers OBC Morcha), Ashok Kumar (Vice President obc morcha udhampur), Kuldeep Prajapati (General morcha

morcha Janipur). Sunil Prajapati Said Since 2014 Modi Government started so many Schemes for the Welfare of OBC's like Post Matric Scholarship, National Fellowship for Scholars, Reservation in Public Sector Units, Reservation in Saink Schoole Contral Sainik Schools, Central Schools, Navodhya Vidhalva, OBC Vishkarma

(Mandal President obc

morcha Janipur)

free Vaccine, Covered Under Ayushmaan Bharat Scheme, Venture Capital Schemes for OBC's. In the Program they vis-ited door-to-door Villages like Titkri, Garnari, Krimchi, battal and inter-acted with OBC Communities and Distributed Pomphelta of Distributed Pamphlets of

from 6 lakhs to 8 Lakhs, free Vaccine, Covered

Schemes among them. He said that Modi Yojna, Special Provision in Government doing Great New Education Policy, work for the Welfare of Creamy Layers increased OBC's by Starting so many

welfare Schemes for the OBC's

OBC's. He said Modi Government also improv-ing our Health Sector by giving Aims and Medical Colleges to Jammu Kashmir. He seid tr He said our Government

believe in Sab ka sath and Sab ka Vikas. Sunil Prajapati said main motive of BJP OBC Morcha behind this Campaign is to Spread information about Central Schemes for the OBC's at Ground level.

### Sunil Sharma, Arun Prabhat pay tributes to Daya Krishan Kotwal, Chander Kant Sharma

### BJYM pays tributes to Daya Krishan Kotwal, Chander Kant Sharma

IAMMU, APR 09: 1&K Bharatiya Janata Yuva Morcha (BJYM) paid trib Yuva utes to its former president and veteran leader Daya Krishan Kotwal and RSS leader Chanderkant leader Chanderkant Sharma in a function held at Party Headquarter, Trikuta Nagar today. On the occasion State General Secretary & Former Minister Sunil



and contributed a lot in

lessons of patriotism from their lives. Notably, Late D Krishan Kotwal led Daya the State Unit of BJP as President from 1996 to 2002

strengthening the secular democratic fabrics of the erstwhile State. He was a humble person who was accessible to all and always accessible to all and always fought for the cause of the downtrodden. RSS leader Chanderkant Sharma fought for more than three decades against Pakistani terrorism and his heavenly departure was a great loss

Arun Prabhat, said that during their life time, these great men provided their priceless services to the nation and society with their selfless deeds and even today everyone of us are being mided by their are being guided by their noble and incessant services for the society

### Students forced to give exams amidst rain and darkness: Badrinath Sharma

JI NEWS SERVICE

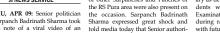
JAMMU, APR 09: Senior politician and Sarpanch Badrinath Sharma took serious note of a viral video of an examination centre during the ongo-ing 12th class exams at Boys Higher Secondary School RS Pura. A number

floral tributes to them. Sunil Sharma, while pay-ing tributes to the great souls, said that Kotwal Ji was equally respected by leader, Chanderkant Ji iaid down his life following the ties in erstwhile Doda dis-trict. He said the contribu-

of other Sarpanches and Panches of ary as depicted in video wherein stu- all the students remain apprehensive dents were forced to appear in Examination in miserable conditions during rainfall. Its a gross injustice with future of students who are looktioi media today inat senior autinori ties in school Education Department may took a note of the ironical situa-tion in RS Pura Boys higher second-career." Feeling tensed and frustrated,

about their wet answers sheets. It is really shameful for the overall exami really snamerul for the overall exami-nation incharge of the school Ajay Kumar Sharma, Principal, who is supposed to be responsible for smooth conduct of examination", he added

departure was a great loss to the nation and society. He fought like a soldier against cowardly Pakistanis in I&K Arun Prabhat, said that



J&K bureaucrats enjoying authority Secretary obc sans accountability: Harsh Dev Udhampur), Sanjay Bhat (Janipur Mandal General Secretary), Vikas Singh regime wherein red-tape, corruption and nepotism had become all perva sive. Throwing all norms, procedures precedents to winds, the BIP-bureaucrat nexus was allowed to BJP-bureaucrat nexus was allowed to float above the fray and use the resources of the state as per their own whims and fancies. Development funds were being nade from unemployed youth in the name of govt Jobs as noticed in the selections of Sub-Inspectors, Accounts Assistants, JEs, Fire Services, J&K Bank etc. Transfers in covt dents had JI NEWS SERVICE

Sharma, State President BJYM Arun Prabhat, and other senior leaders paid floral tributes to them

Bank etc. Transfers in govt deptts had become an Industry and the penden-cy of files in offices had beaten all previous records. There was hardly any connect between the administration and common masses with the latter

and common masses with the latter having last faith in the present gover-nance. And still the BJP govt did not want elections and was averse to handing over power to elected repre-sentatives by taking one freakish excuse after the other only to keep its backdoor prover rule intext in B4K. backdoor proxy rule intact in J&K, rued Mr. Singh.

Calling upon the party workers to Calling upon the party workers to come to the rescue of people in such hard times, Mr. Singh said that the NPP has to take the challenge boldly and steer the state out of the present mess created by corrupt, opportunist politician-bureaucrat nexus.

### OPINION



C C THOUGHT OF THE DAY Logic will take you from A to B. Imagination will take you everywhere - Albert Einstein

### JINDRAH MAGES

### Adopting 'wait & watch' policy

here has been a complete lull vis-a-vis ongoing agitation in Ladakh for Constitutional safeguards after the change of the guard. Ladakh groups have maintained a silence and probably wait and watch policy. The main reason for it was the formation of a High Powered Committee (HPC) by the Ministry of Home Affairs, Government of India to "ensure protection of land and employment" for Ladakh. The move failed to break the ice in the cold desert as the leaders from various social, religious and political groups, except BJP, decided to boycott all the proposed meetings of the HPC till the Centre accepts their demand for inclusion of four major demands for dialogue. On Saturday, top leaders of two representative groups of Ladakh---Leh Apex Body (LAB) and the Kargil Democratic Alliance (KDA)-met in Jammu to take a call on their participation in the HPC meetings. The HPC, headed by the Union Minister of State for Home Affairs Nityanand Rai, was formed on January 3 and it has representatives from both LAB and KDA. Two groups have been spearheading agitation in support of their four major demands including full-fledged statehood for Ladakh, implementation of sixth schedule to protect the interest of the tribal people of Ladakh, separate Lok Sabha seats for Kargil and Leh, and establishment of 'Ladakh Public Service Commission' with the Ladakh Resident Certificate (LRC) as a mandatory requirement for all Gazetted Posts in Ladakh. The elected Hill Development Councils (Leh and Kargil), which governs two districts politically, have already passed unanimous resolutions, though separately, in favour of a four-point agenda. The leaders are of the opinion that the Centre has come out with its own agenda in the MHA order regarding formation of HPC. The MHA, in its order, has not made mention of three major demands of Ladakhi people, including statehood status to Ladakh, inclusion of the region in Sixth Schedule and separate parliamentary con-stituencies for Kargil and Leh. The mandate of HPC to hold discussions on agenda set by MHA was not acceptable to the leaders of Ladakh and this is the only reason that they have unanimously decided they would participate in any meeting of HPC only if it considers their demands. Another point of contention is that the MHA has arbitrarily and unilaterally excluded and included members in the Committee. Contrary to their tough stand, the BJP leaders are out to defend the MHA decision and announced that they would attend all the meetings of HPC, as and when, called by its chairman. There is no doubt that Ladakh has faced many challenges and agitation over the period of time but no government, according to BJP, has constituted such an inclusive and high powered committee. So, this is the high and right time for all the members of the HPC to realize its importance, discuss and deliberate the common issues of Ladakh keeping the national interests as well as the larger interest of the future of Ladakh ahead as aspired by the Ladakh. The UT without legislative assembly is surely going to witness interesting political developments in the days to come. The biggest challenge for the Government of India is to initiate result-oriented dialogue with the agitating groups.

## More funds needed to tackle security challenges

The fiscal constraints under which the Indian military is functioning came into focus when the 35th Report of the 17th Lok Sabha's Standing Committee on Defence was tabled before Parliament on March 21. The most important takeaway from this report is the trend line, wherein successive defence budgets over the last three years have ostensibly increased in rupee terms, but have decreased as a percentage of the GDP.

RIME Minister Narendra Modi recently addr Modi recently addressed the Combined Commanders' L Combined 'Commanders' Conference in Bhopal. This annual event acquired considerable signif-icance since deliberations were being held against the backdrop of the war in Ukraine that had just crossed the 400-day mark and the simmering tension with China across the Line of Actual Control (LAC), from Galwan in eastern Latable ha Armachal Pardoch Ladakh to Arunachal Pradesh.

C UDAY BHASKAR

However, the official press release on this critical meeting was receive on this critical needing was terse – a mere 136 words. Later, PM Modi tweeted, "Took part in the Combined Commanders' Conference in Bhopal. We had extensive discussions on ways to augment India's security appara-

This was disappointing, for the national security edifice is facing

This was disappointing, for the national security edifice is facing multiple challenges, and absent any meaningful deliberations in Parliament, the nation is perplexed about the broad contours of India's military preparedness when there is so much geopolitical animation across many interconnected tracks – domestic, regional and global. The most urgent challenge which appears intractable is the material status of India's military inventory, which is largely dependent on equipment/spares and major platforms sourced from Moscow. Informed assessment indicates that there have been dis-ruptions in the supply cycles and it is evident that Russia is not in a position to meet its export commin-ments in a satisfactory manner given its own parlous military inventory status and steady deple-tion due to the war in Ukraine. tion due to the war in Ukraine

Hence, the degree to which this Hence, the degree to which this geoplitical evigency has degraded India's security apparatus' war-ranted objective, factual and informed deliberations among the top civil and military leaderships and one can only hope that the Bhopal conference enabled such interaction in an effective manner for adequate' augmentation'. The Jarcer onlitico-dinomatic

The larger politico-diplomatic context with strategic implications for India's major power engage-ment was also provided in the run-up to the Bhopal conference.

Chinese President Xi Jinping made his first foreign visit to the Kremlin after being re-elected for the third term and in Moscow, he and his host Russian President Vladimir

host Russian President Vladimir Putin signed a document – titled Deepening the Comprehensive Strategic Partnership of Coordination for the New Era' – in which the two leaders stated, "We share the view that this rela-tionship has gone far beyond the bilateral covers and socuring critical bilateral scope and acquired critical importance for the global land-scape and the future of humanity."

It was amply evident during the It was amply evident during the Xi visit that the Beijing-Moscow relationship was being framed in a distinctive template, wherein the two leaders saw their bilateral rela-tionship as one that had acquired palpable urgency and relevance to resist 'hegemony, despotism and bullying'. The unstated reference to the US needs little amplification. India which fournes among the

India, which figures among the world's top importers of military world's top importers of military inventory, is in a difficult position, for its traditional and preferred arms supplier has been Moscow, going back to the Cold War period when the former USSR (Union of Soviet Socialist Republics) was an empathetic benefactor. After the end of the Cold War, India sought to diversify its supplier base and since 2009, the US has emerged as a significant supplier. significant supplier. Yet, the Indian military invento-

ry dependence on Russia continues

and it is unlikely that Beijing will remain non-committal in the years ahead about the Moscow-Delhi relationship - more so the strategic strand related to India's seaed deterrent.

based deterrent. The fiscal constraints under which the Indian military is func-tioning also came into focus when the 33th Report of the 17th Lok Sabha's Standing Committee on Defence was tabled before Parliament on March 21. The most immediate theorem

The most important takeaway from this report is the trend line, wherein successive defence budgets over the last three years have ostensibly increased in rupee terms, but have decreased as a per-centage of the GDP (gross domestic product).

product). In 2023-24, the total allocation for defence is Rs 5,93,537 crore and this is estimated to be 1.97 per cent of the GDP; the corresponding figure for 2020-21 was 2.4 per cent of the GDP. This is the first time that the GDP. This is the first time that the defence budget has fallen below 2 per cent since the late 1950s. Furthermore, in the same period, the dollar has moved from Rs 76.5 (April 1, 2023), thereby reducing the value of the foreign exchange component available for capital and technology acquisition from external sources. external sources.

external sources. While belt-tightening has become the default position for the Indian military, the Standing

Committee report had an intriguing formulation, wherein the Defence Secretary, queried about this decline in relation to the GDP,

this decline in relation to the GDP, averred that "while 3 per cent for defence is the accepted norm, it is not necessary for India". He informed the parliamentari-ans, "Three per cent of the GDP will be around Rs 10 lakh croe, if we take our next year's GDP to be around \$3,200 billion. The Ministry of Defence (MOD) may not be able of Defence (MoD) may not be able to absorb 3 per cent of the GDP. We may not require that much. What is required for the MoD has (already) n allocated."

been allocated." This is an incongruous statement by the Defence Secretary if the institutional record of the ministry is reviewed. It merits recall that a former Cabinet Minister during the Atal Bihari Vajpayee years and an illustrious Army officer, Maj Gen BC Khanduri (retd), had served as the Chairman of the Standing the Chairman of the Standing Committee on Defence in 2014-18 and his reports were candid in drawing attention to the increasing obsolescence of the material state

obsolescence of the material state of the Indian fauj and the need for increasing fiscal allocation in a sus-tained manner. Given the current monetary trend, it is hard to make out how the national security apparatus will be 'augmented' with shrinking bud entory current. be 'augmenness budgetary support. C Uday Bhaskar,

Director, Society for Policy Studies

## Power and joy contained within women-only spaces

#### NATASHA BADHWAR

n solidarity with the students of In solidarity with the students of my alma mater, Indraprastha College for Women Studying in Delhi University's Indraprastha College for Women (IPCW), or what is popularly called IP College, is one of the most important stories of my life. It took decades for me to find the words to beein to describe the waxs words to begin to describe the ways in which I have been shaped by the safe space that the college was for me

safe space that the college was for me. My generation had grown up with the idea that gender segregation in schools and college is an archaic and conservative idea and mixed-gender schools is the progressive idea worth engaging with. I had spent my school years in one of Delh's largest, loudes and most prestigious schools. When I chose to go to IP College because I wanted to study Psychology Honours wanted to study Psychology Honours and IP was reputed to have the best department for the subject, friends department for the subject, friends and family warned me that I may be disappointed to land in what was famously called a 'behenji' college. Something drew me to the campus, even though it would mean commut-ing for naget, three bours event day. ing for nearly three hours every day in harsh and overcrowded DTC

What many of us did not know growing up is the power and joy con-tained within women-only spaces. Young men who went to all-boys academic institutions and hostels boasted far more comfortably about their LESSONS OF FREEDOM. FUN. FRIENDSHIP AND RESPONSIBILITY THAT I IMBIBED IN IPCW HAVE STAYED WITH ME. I MUST RECIPROCATE WITH PROTECTIVE CARE TO AN INSTITUTION THAT OFFERED THE SAME TO ME



bonding with each other and their exploits than women did Yet, all of us who spent time in all-Yet, all of us who spent time in all-girls spaces experienced something special, even if many like me strug-gled to articulate it. I may be slow at I am compulsive about things that move me. Over the years, I realised that my dissonance stemmed from the wide difference between what my lived experience as a vourg woman lived experience as a young woman made me feel and what I was supposed to feel.

the sassiest, most confident women I have ever known. My best friend-Yet, all of us who spent time in all-right space experienced sometime to mean end continue to precial, even if many like me strug-gled to articulate it. I may be slow at rorcessing compulsities at times without anyone interrupting my con-scrossenses with the male gaze. Free room the expectations and judgement of others, we began to discover our work. Our walk. Our interests. Our work. Our they east, I reals are being the wide difference between what nade me feel and what I was sup-tored to feel and what I was sup-osed to feel. On the campus of IP College, I met ships were born there and continue to

room. A luminous person immersed in the riches of the books and journals in the library. IPCW and the well-being of its students burst back into being of its students burst back into my consciousness when news broke on March 28 that a mob of unruly men had climbed the boundary wall and forced their way through the main gate to create havoc during the concert organised for 5hruti, the annual college festival. My social media feed was full of photos and videos shared by students that were horrifying in the violence and lawhorrifying in the violence and lawlessness they depicted.

A press statement by students, alumni and teachers of the college states that several students were physically injured in the stampede and one required surgery for a bro-ken femur. "The large-scale sexual violence that ensued is unlikely to be quite as easily repaired. Students were flung to the ground and groped and mauled, attempts were made to and mauled, attempts were made to unite the clothes of a few; they were catcalled with vile words and stalked for hours on their own campus." I fol-lowed the news with shock and rage. How could this be allowed to hap-pen? Students who began to agitate for a proper enquiry into the security lapses and bringing the culprits to book, found themselves being stonewalled. stonewalled.

This is when a parallel story of sol-This is when a parallel story of sol-idarity and support began to play out simultaneously, reminding me of the glory of what I had experienced on the campus in my years as an under-graduate student. In another letter released to the press by former teachers and alumni the other day, they say, "We, the for-mer students and teachers of IPCW, believe in the cormerstone principles

believe in the cornerstone principles laid down by its founding members, described in its brochure even to date... Founded as part of a nation-wide campaign for women's educa-

tion and empowerment... its vision is to educate, enable, empower young women... to ensure justice and equity and belief in self as women.... We, therefore, register our dismay over the specific incident, the handling of the matter and urge a larger discusthe matter and urge a larger discus sion on the safety of gender minori-ties in educational institutes." The ties in educational institutes." The inter-generational solidarity of women reminds me of author Arshia Sattar's works. "...feminism cannot be exhausted. Or exhausting, for those who continue to care about equality and justice. I'm not sure that you can actually separate the fight for the rights of others (even after you have secured your own) from femi-nism." nism

nism." The lessons of freedom, fun, friend-ship and responsibility that I imbibed in IPCW have stayed with me. They continue to inspire the work I do and choices I make. I knew I had to write

choices I make. I knew I had to write about this today. I must reciprocate with protective care towards a space and institution that offered the same to me when I needed it the most. Solidarity is the more we offer to others who are vul-more we offer to others who are with parable. The stronger, we become nerable, the stronger we become wherever we are

- The writer is a filmmaker & author



### JAMMU | MONDAY, APRIL 10, 2023



### ADITYA ROY KAPUR EATS HALF KG ICE CREAM IN ONE SITTING ON HIS CHEAT DAY

Bollywood actor Aditya Roy Kapur, who believes in fol-lowing a strict diet regime id healthy lifestyle, shared how he

at day. "Most of the time, I follow yhen it comes to enjoying should make use of the I. There is no use enjoying

in 2009 with the movie on Dreams', rose to fame with qui 2' in 2013 and also acted in nantic comedy 'Yeh Jawaani sewani' followed by 'Daawatee-Fitoor', 'Ok Jaanu', and k', 'Ludo' and was also seen in

He shared some fitnes Kapil's show as he spol upcoming project 'Gum starts with a murder u

mil film

Thakur, and Deepak Kaira followe by the musicians Mithoon and Vis Mishra appeared on 'The Kapil Sharma Show' as celebrity guests t promote their film.

SINGL

### **GAFOOR KOLATHUR - THE MULTILINGUAL LYRICIST** WHO IS MAKING WAVES IN THE MUSIC INDUSTRY"

afoor Kolathur is a name that is rapidly gaining popularity in the Indian music industry. A multilingual lyricist, he has penned songs in Arabic, English, Hindi, Urdu and Malayalam. His versatility has made him a sought-after songwriter, with his music arrangements and lyrics being widely appreciated across the

country. Born in Kolathur, Kerala, Gafoor inherited a love for music from his father, who was a madrasa teacher. He pursued his studies in Sabeel ul Hidaya Islamic College, affiliated to Darul Huda Islamic University,

Guneet Monga To Zoya Akhtar: 5 Power-Packed

Female Directors & Producers Who Have

**Captivated Our Hearts With Their Fine Work** 

ho rules the world, it's the women. It is a

treat to our eyes to see women directors on a rise and making our nation proud. Their

The set of the set of



guages. Gafoor's work as a lyri-cist gained recognition when he penned a qawwali song for the legendary music director Gopi

under. He also composed Christmas song in Spanish, which was well-received by music lovers. One of his most

Kabeer and was a hit among the

masses. Apart from being a lyricist, Apart from being a lyricist, Gafoor has also composed music for various projects. He arranged the music for the Urdu arranged the music for the Urdu Gazal in the Malayalam movie "Abhyuham," which received rave reviews from critics and audiences alike. He also worked on the Malayalam album "Kannoram," which was sung by Dana Razik and Fahis Hamza, and the Hindi album "Aashiyaan," composed by the famous music director Faisal Razi and sung by playback singers Shikha Prabakaran and Faisal Razi.



According to the second second

take a photograph with her toddler Gia, but her toddler Gia, but when the actor "politely" refused, the lady "sud-denly scooped my daughter in her arms & planted a big wet kiss next to her mouth & ran off saying what a cute baby." "This woman lives in an elite building & hap-pened to be in the garden

pened to be in the garden where my kids were playing. If I wasn't a celebrity I probably would have reacted

Goodenough, said. would have reacted badly but kept my cool as I didn't want to make a scene," the actor, who shares twins Gia and Jai with husband Gene



Goodenough, said. him money due Detailing the second incident, the co-owner of the IPL team Kings XI Punjab said she was yrushing to the airport when a disabled man started getting "aggress given it to him could.This time him money due to lack of cash at the time. "I had a plane to catch & this disabled man kept trying to stop me.Over the years he has harassed me for money & I have given it to him when I could.This time when he

asked for money I said sorry today I have no cash, just a credit card. "The lady with me gave him some money from her purse. He threw it back at her cuz it was-n't enough & startet get-ting aggressive," she wrote alongside a video of the disabled man foi-lowing her car. The 48-year-Old actor, based out year-old actor, based out of Los Angeles, is cur-rently in India to attend the ongoing IPL 2023 tournament.

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tournament. Zinta, known for star-ring in movies such as "Dil Se..", "Soldier", "Kal-Ho Naa Ho", "Koi... Mil Gaya", "Veer-Zaara" and "Lakshya", said it's high time people realised that celebrities are "human beings" first. "I'm a human being

"I'm a human being first, then a mom & then a celebrity. I also don't a celebrity. I also don't need to apologise for my success constantly & be bullied for it cuz I've worked very hard to get where I am. Soundarya Sharma Is Training For MM/ **'For Something Special Overseas'** 

Soundarya Sharma, who made her acting debut with the movie 'Ranchi Diaries' and was also seer in 'Bigg Boss 16', is on cloud nine for her upcoming Hollywood project for which she is taking mixed mar-

tial arts training. Soundarya said that it is too early for her to talk about any project in particular but she is putting all her efforts physically and mentally to give her best. This MMA train-

physically and mentally to give her best. This MMA train-ing is part of that. " am training for MMA for something special overseas. I'm very thrilled about it. It's a lot of hard work and 1 am loving it. Shall announce and share more details soon." The actress who did a cameo role in 'Thank God' and also worked in the web series such as 'Raktanchal 2, 'Country Mafia', and 'Karam Yudh' added further that she is looking forward to some exciting projects and wants to explore Bollywood with some prominent roles. " I have signed two big Bollywood films, they will be announced next week. God is very kind. As of now I cam-

announced next week. God is very kind. As of now I can-not share the details, shall wait for them to come straight from the makers and shall speak when the time is right, she added

### Working with Vishal Rekha Bhardwaj dream come true : Lara Dutta on series 'Charlie Chopra...



A ctor Lara Dutta on Sunday said working with director Vishal Bhardwaj and singer Rekha Bhardwaj on the upcoming series "Charlie Chopra & The Mystery Of Solang Valley" is a dream come true for her. The Sony UIV original Show is the official adaptation of Agatha Christie's novel "The Situatord Mystery". The

of Agatha Christie's novel "The Sittaford Mystery". The project marks the debut of Vishal Bhardwaig, known for films such as "Maqbool", "Omkara", and "Kaminey", into long-format storytelling. Lara, who stars in the series, penned a brief note on her official Instagram account about collaborating with the multihyphenate couple. "Yes, you can manifest your real-ity. To work with both Vishal sir and Rekka ji together is just a dream come true! One that I've been hoping and praying for, for a long time!! Love, admiration and deep respect for both of them. @vishalrbhardwaig respect for both of them. @vishalrbhardwaj @rekha\_bhardwaj @sonylivindia #charliechopraandthe-mysteryofsolangvalley," the former Miss Universe wrote mysteryofsolangvalley," the former Miss Universe wrote alongside a picture with the duo. Set in the snow-capped mountains of Himachal Pradesh, "Charlie Chopra & The Mystery Of Solang Valley" will follow the journey of Charlie Chopra and her quest to uncover a deep mystery. The series also stars Wamiqa Gabbi, Priyanshu Painyuli, Naseeruddin Shah, Neena Gupta, Ratna Pathak Shah, Gulshan Grover, Chandan Roy Sanyal, and Paoli Dan, among others. It is backed by Vishal Bhardwaj Pictures along with Priti Shahan's Tusk Tale Films in association with Agatha Christie Limited. Vishal Bhardwaj will direct and co-produce the series.

association with Agatha Christie Limited. Vishal Bhardwaj will direct and co-produce the series. He will also serve as co-screenwriter, alongside Anjum Rajabali and Jyotsna Hariharan. James Prichard, Basi

Akpabio and Leo Dezoysa will serve as executive prod ers on the show on behalf of Agatha Christie Limited.



### Glamour most importa- t aspect i-- ci- ema costume desig- er:Neeta Lulla

People come to watch films include "Chandni", "Lamhe", "tod PTI in an interview. "Hum Aapke Hain Koun...!", "Devdas", "Balgandharva" and "Jodhaa Akbar", said cines for the lead actors, supporting cast and junior designer Neeta Lulla, whose latest the glamour and "Nathakuntalam". "What is constant the and cancer in the acclaimed Sankstri page aspect in cinema is most innema is mo ▲ their worries and glamour plays a key role in transporting the audiences to a "dream world", says veteran costume designer Neeta Lulla, whose lat-est work is multilingual mytho-logical drama "Shaakuntalam". Based on Kalidasa"s acclaimed Sanskrit play "Abhigyana Shakuntalam", the urcoming film wentwe around

aspect in cinema is most impor-tant. This is because audiences "Abtugyana Shakuntalaam", the tant. This is because audiences upcoming film revolves around for (b (watch) a film to the love story of Shakuntala and forget about their worries and king. Duslyant, portrayed by Samantha Ruth Prabhu and Dev Mohan, respectively. Lulla, whose film credits

classic children's magazines Amar Chitra Katha and Chandamama.

Chandamama. The couturier said she fol-lowed Gunasekhar's brief to design costumes for the eponymous character. "Shaakun-talam" marks the

second collaboration between Lulla and the director after the 2015 2015 Telugu "Rudhramadevi". film

"Rudhramadevi". "The discussions were with Gunasekhar sir. Every time he would explain a scene, I would draw it out and then do the final sketch. Then we did Samantha's look test. She put her full trust in me and Gunasekhar sir and me and Gunasekhar sir and adapted to it beautifully. There were times when the

costumes were heavy, but she really adapted to them well," she added. Her team comprised around 20 to 25 people who worked on the accessories, flow-

ers and costumes for the cast. The Mumbai-born industry veteran said they used organic cot-tons and muls for the character tons and muls for the character of Shakuntala, and Kanjivaram, Kalamkari, and Patola for King Dushyant. "There must have been 3,000 costumes in the film that we did for soldiers and demons. We coursed the material form South

sourced the material from South India, and then from North India we used Lucknow Chikankari

We weren't restricted to one place," Lulla said, adding, peri-od films take about eight to nine months of work.



## **GET A GRIP! USE THESE HAND EXERCISE TOOLS FOR STREN**

activities. So, you you

strength

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need to train grip

You may not realise it, but your hand grip strength is very impor-tant. Even doing household and compact lever-type device that can be used to build up arm strength and muscle. chores requires a good hand grip. Whether you are All you have to do is squ. Min. it's c<sup>1</sup>

mopping the floor or gardening, it is what you need. Many ssume that grip xercises can exercises only be done at gyms. There are dumbbells or barbells

that can be used for it. But

tor it, but ladies, you can even use easily available tools at home to improve hand grip! Maintaining a good grip is all about regularly making use of the muscles in your hand or fore-arm. So, HealthShots connected with fitness gurt, Aminder Singh with fitness guru Aminder Singh of Team Aminder fame, to find out about the importance of hand grip and ways to improve

If you love online shopping, you can buy hand grippers from



is squeeze it. Mind you,

it's quite challeng-ing to squeeze it. That's why it is a great way

women to function normally and carry out daily activities without any problem, says Singh, When women strengthen their fore-arms, wrists and grip, they find it easier to carry the groceries, hold a child, do gardening and

have a high nutritional value and provide benefits beyond

what other typical foods offer, she adds. "I like to think of a

great because you can do it from anywhere and anytime even while watching a TV, allowing you to turn your relaxation time into productive exercises. 1. Dough

You probably make a dough every night for dinner. You

would be surprised to know that making a dough in the kitchen is a well-known hand grip, says Singh. That's because finger and hand muscles are used at an extensive level while making

### YOUR HANDS AND ARMS NEED TO BE STRONG TO CARRY OUT DAILY ACTIVITIES. SO. USE HAND EXERCISE TOOLS AND **IMPROVE YOUR GRIP.**

2. Rubber band Rubber band Tying your hair up with a rub-ber band? Well, you can use a thick rubber band or rubber bracelet. Place it around your five fingers for grip exercise. All you have to do is extend your hand outward as much as you

3. Towel Washing machine has made

able. We no longer have to carry the heavy wet clothes and squeeze them to take out water. Well, you should do that as a Even gym enthusiasts should

grip exercise. Use a towel and roll it into a sausage shape then grab it at

rcise

each end. Start twisting the towel with both your hand, and when it gets too tight, undo it. Who should avoid using hand exercise tools? Forearm muscles are used daily for normal day routine, so

they recover also fast. That's a good thing as they can be trained daily. But if you feel little discom-

But if you feel little discom-fort, you can take rest for one or two days and then start again working with a hand exercise tool, suggests the expert. Also, people who have already been way too injured should avoid using hand exer-cise tools. Even oven enthusiasts should

our lives very easy and comfort-

Even gym entrusiasts snouu focus on a good grip. If your grip strength is poor then you may face problems in doing other exercises like pull ups, deadlifts or lunges. So, hand grip strength should not be ignored.

### Dietitians hate the term 'superfood' and wish you'd use this instead: 'One food is not going to be a cure-all'

"Superfood" is the buzzy word we use to describe foods that are packed with nutrients,

have many benefits, and that experts say are essential to a healthy diet. Think: kale, blueberries, chia seeds and avoca-But many dietitians wish the

But many dietitians wish the term would go away. "I don't really resonate with the 'superfoods' idea," says Felicia Porrazza, a registered dietitian nutritionist.

"One food is not going to be a cure-all. It's really about someone's dietary patterns [and] their other lifestyle factors."

other lifestyle factors." The concept of superfoods also causes other healthy alter-natives to be overshadowed, Porrazza adds. Diana Ushay, registered dieti-tian at New York-Presbyterian Hospital and Erica Leon Nutrition, agrees. "There are so many foods that are good for our bat if we creation you that if we just isolate certain ones, it's going to increase demand for these products," Ushay

Ushay says. "Also, I don't think you can really call something a super-food if it's not accessible to everyone of all budgets." Instead of 'superfood,' use



Kale, quino and chia seeds aren't the only healthy foods This doesn't mean that popu-lar "superfoods" aren't healthy, says Ushay, because they are great choices. But, kale, quinoa und chia scale, aren't the only and chia seeds aren't the only healthy foods to choose from, Porrazza says. Here are some nutrient-dense

foods that Porrazza and Ushay say deserve just as much atten-

superfood as being in the catego-ry of a nutrient-dense food," Porrazza says. "One that would be high in tion: 1. Legumes "Lentils [and] any kind of legume are really fantastic sources of nutrients [like] fiber and protein," Ushay says. one that would be high in nutrients and low in calories. It's going to have vitamins, minerals [and] maybe complex carbohy-drates."

Legumes are "such an affordable and healthy food that people could really be focusing on." Some legumes you can try in your next meal include: Lentils

Chickpeas Beans Peanuts They're also very high in potassium, "which is really good for the heart," Porrazza notes. 2. Dark, leafy greens (beyond

2. Dark, leafy greens (beyond just kale) Dark, leafy greens are packed with nutrients like iron and vita-mins A and K, says Porrazza. They're also extremely versatile,

which gives you plenty of options to choose from for how o prepare them. "You can certainly do things

like salads, but you can also throw them into a smoothie or do a stir fry," Porrazza says Consider going for one or two of these options on your next grocery run:

grocery 1... Spinach

Arugula Collard greens Bok choy

Mustard greens Or, of course, kale 3. Berries and frozen fruit

"No fruit is off limits," says Porrazza, but berries are lower

Porrazza, but berries are lower in naturally-occurring sugar so they're a nice choice. Blueberries are already a pret-ty well-known "superfood," but other berries like blackberries and raspberries are also high in nutrients, she adds. "They're great in terms of antioxidant capacity, are high in utterns of a creat in terms of

antioxidant capacity, are high in vitamin C and great in terms of fiber content," asys Porrazza. Even frozen options for fruits, like berries, can provide many health benefits, says Ushay. "They're frozen at their peak freshmess," she says, "and they really don't have any less of a nutrient profile than fresh stuff."

### **KITCHEN TIPS: HOW TO REMOVE BAD ODOUR FROM REUSABLE WATER BOTTLES**



Whether from the point of view of environmental sustainability or simply for a matter of the second V ience, reusable water bottles are quite common nowadays. It is oe easy to fill up a water bottle and take it wherever you go to stay hydrated and replenished on the go. During summers, we often fill up our bottles with different kinds of drinks - maybe an iced tea or even some vitamin-infused water. Sometimes, these drinks may leave a leftover had odour in the reusable water bot-tles - for no fault of your own. Here's all you need to know about cleaning up your bottle properly and remov-ing any foul smell from i.l.s It Safe To Drink Water From Smelly Water Bottles? It is not recommended to consume water from a smelly water bottle. This is because the foul odour indicates the presence of harmful bacteria inside ience, reusable water bottles are quite commor water from a smelly water bottle. This is because the foul odour indicates the presence of harmful bacteria inside the bottle. This could be due to improper cleaning and human saliva that may cause bacteria to bread inside it. Recently, a group of researchers from a US-based compa-ny found that reusable water bottles may harbour four times more bacteria than a computer mouse and a whop-ping 40,000 times more bacteria than a tollet seat. Water bottles can often have a foul docur that may take some time to go away. Photo: StockHow To Clean Reusable Water Bottles Properly And Remove Bad OdourIdeally, a reusable water bottle should be cleaned a least once every alternate dato. If the bad odour comes

at least once every alternate day. If the bad odour comes more often, it can be removed using some simple kitchen ingredients. Luckily, there are so many foods in our ingredients. Luckily, there are so many foods in our humble Indian kitchen that can prove effective as clean-ing agents for smelly water bottles. These ingredients can be kept handy for removing the bad odour from your water bottles.Here's How You Can Remove Bad Odour From Reusable Water Bottles: I. Baking SodaSoda bicar-bonate or baking soda is one of the most effective clean-ing agents in our kitchens. From tough stains to foul smells, it can smoothly eliminate all this and more. Simply add a teaspoon of baking soda to your water bot-te and fill it with water. Gives it a cond shake and let it the and fill it with water. Give it a good shake and let it soak overnight. Rinse properly and see the difference!2. VinegarBelieve it or not, the strong-smelling vinegar can be a great antidote for smells in your reusable bottle Add it to your water bottle in a small quantity (no more

Add it to your water bottle in a small quantity (no more than a cap full) and dilute it with some water. Let the solution rest and rinse it out. Your bottle will shine and smell as good as new. White vinegar can be an effective way to clean up your reusable water bottles. Photo: iStock3. Lemon JuiceJust like vinegar, even lemon juice is an acdic solution that can prove to be an effective cleaner. This is why several dotaments and devaine a culturine in the model, and the detergents and cleaning solutions in the market make use of lemon as an ingredient. Simply squeeze in some lemon juice and add some water to make a natural cleanlemon juice and add some water to make a natural clean-ing solution to remove bad colur. Alternatively, you could also use a lemon slice or an orange peel.4. Tea LeavesDid you know that the humble tea leaves can be used for more than just making our favourite beverage? Use leftover tea leaves to clean up the grease and odour from your reusable water bothe. Tea leaves eat as a nat-ural astringent and cleaning agent and give great results every time. Simply add a tea bag to your water bothet and let it soak overnight. You will see that the odour disap-nears completelvt. pears completely!

Did you know tea leaves can be good cleansing agents too? Photo: iStock5. Soap And Waterlf nothing else works, there's always the classic combination of soap and water. This frothy solution will remove all the excess bacteria and leave behind a clean and shiny bottle sans any foul smells. So, keep voor

So, keep your bottles clean and reuse them without worrying about catching infections or harming your health.

## Weight loss and cardio workout: Which is good for you, weight training or HIIT?

n the past few years, our chang-ing lifestyles with better dispos-able income, consuming con-

venience and processed food habits and sedentary lifestyles have caused and sedentary lifestyles have caused an alarming increase in diabetes, car-diovascular diseases (CVD) and can-cer. Gaining excessive weight and body mass has been strongly linked to developing these diseases. Also, in today's fast pace, cut-throat competi-tive world, overcoming work and personal stressors in life has become increasingly challenging. I Five-minute voor astretches for a 1Five-minute yoga stretches for a

busy weekday 2Can music and dance therapy

2Can music and dance therapy slow progression of Parkinson's? 3How doctors diagnosed gelastic epilepsy in this 45-year-old from Bihar, who was thought to be cursed and possessed by spirits Lack of physical activity, poor dietary habits and lack of sleep have contributed to are weight rain prob.

contributed to our weight gain prob-lem today. However, as per research, regular exercise is associated with stress reduction due to an increase in release of happy hormones wn as endorphins, building good the release kno food habits and getting better sleep. All these elements together help us



bring down our weight. However, it is tough to find two hours every day to burn 1000+ calories to bring our weight down and maintain it for life. Thus, our quest for an effective weight loss regimen has introduced various workout techniques and exer-cise routines. The two most popular methods that have been adopted and have gained serious attention are

weight training and high-intensity interval training (HIIT). Both meth-ods have their unique benefits. However, which one is more effective in behave true how weight? In their in helping you lose weight? In this article, we will explore the difference between weight training and HIIT to assist you in making an informed decision on which method is the most suitable for you to shed that ex

.

Weight Training

Weight training, also known as strength strength or resistance training, involves exercises that use resistance to build strength and muscle mass Typically, the resistance in the activi-ty is provided by selectorized machines, kettlebells, dumbbells or

basal metabolic rate or metabolism. Increasing our metabolic rate helps us burn more calories and lose fat faster. 2) Better Body Composition: Our body is made up of two distinct mass-es, which are the fat mass and the lean mass. Lean mass mainly comprises protein, water, vitamins and minerals such as muscle mass. On the other

strength and size of the mus the same amount of exercise does not cause damage again. As a result of this growth, the individual, after doing resistance training, experiences a boost in his metabolic rate for up to 48 hours post-exercise, also known as post-exercise oxygen consumption (EPOC).

The best outcomes will be seen if you combine the two modalities and divide your week into 2-3 days of 45 minutes of weight training and 1-2 days of 30 minutes of HIIT training. Combining both modalities with a sound nutritional plan and sufficient sleep, rest and recovery, you will lose weight, says functional medicine expert Vijay Thakkar

barbells. When travelling or on the go, weight training can also be done using your body weight with burpees, pull-ups, push-ups, or resist-ance bands. hand, fat mass particularly possesses hand, lat mass particularly possesses fat deposits. Weight training helps improve our body composition by increasing lean mass, mainly muscle mass and decreasing body fat. This composition improvement improves overall health and gives you a slim, chiselled look.

ance bands. Benefits of Weight Training: 1) Improved Muscle Mass: Weight training helps stimulate the growth of our skeletal muscles, which is the muscle around our joints such as arm, chest, back and leg muscles that help us more any hody aroinet result he 3) Improved Metabolic Rate: Weight training causes microscopic damage to the muscle tissue, also us move our body against gravity, be stronger and move without aching known as eustress. This eustress on the muscle encourages nutrients and ioints. Skeletal muscles also help oxygen to flood into the area to initiimprove our energy expenditure throughout the day, known as the

4) Improved Bone Density: Weight 4) Improved Bone Density. Transmitter training reduces the risk of diseases such as osteoporosis and protects the bones from fatal and life-threatening charging the density of fractures by enhancing the density

fractures by enhancing the density of the bones. It is a type of cardiovascular activi-ty that encourages alternating between short bursts of intense exer-cise and intermittent recovery periods by radicing the page of the pager. by reducing the pace of the move-ment. For example, while doing an outdoor run, alternating between sprints for 30 seconds and brisk walking for two minutes before continuing this cycle would be termed HIIT.



### SPECIAL SUMMARY REVISION-2023

**Additional Secretary Sandesh Gupta** reviews electoral roll revision in Kathua



#### JI NEWS SERVICE

KATHUA, APRIL 09: Secretary Office of Chief Electoral Office of Chief Electoral Officer, Sandesh Gupta visited Kathua district to review the ongoing Special Summary Revision of electoral rolls that began on 5 April 2023. During his visit Cunta

or 5 April 2023, Gupta interacted with locals while encouraging them for participating in the electoral process. He inspected several polling stations including HSS Girls Kathua, Old Age Home, Animal Husbandry Office Shiva Nagar, Sheep Husbandry Office, Kalbari, Industrial Area-



and election staff were present with voter lists for public inspection and to receive applications for additions, deletions, cor-rections and transfers of names in electoral rolls through the completion of prescribed forms such as Form-6, Form-7 and Form-8. District Election Cell teams also enlichtened online and offline. He encouraged stake-holders and officers to par-ticipate in the revision exercise to ensure maxi-mum enrolment of eligible voters. He also empha-sised the importance of facilitating unregistered youth and the general public through house-to-house campaigning.

teams also enlightened visitors to polling stations about the importance of conscientiously exercising their right to vote and conhouse campaigning. Election officials were directed to create awareness through various SVEEP activities related to special summary service tributing to the democratic process of electing repre-sentatives without bias. special summary revision and ensure timely disposal



JI NEWS SERVICE

KULGAM, APRIL? 09:? To review and finalize the arrangements for smooth conduct of farmer's orientation programme (Kisan Sampark Abhiyan) under Sampark Abhiyan) under Holistic Agriculture Development Programme (HADP), a meeting of offi-cers was today convened under the chairmanship of the Deputy Commissioner (DC) Kulgam, Dr.Bilal-Mohi-Ud-Din Bhat at mini-secretarial, here. The meetine was

The meeting was attended by ADDC Showkat Ahmad Rather,

IDP Zahid Saijad, ACR Mir Im eel Ali CAO CAHO Shurjeel Ali, CAO, CAHO, DSHO, BDOs and resource persons from Agriculture and Allied DSHO. departments. During the meeting, Chief Agriculture Officer

DC Kulgam reviews arrangements for Kisan

Kulgam (District Nodal Officer HADP) apprised the chair regarding the the chair regarding the arrangements put in place for the successful conduct of farmer's orientation programme under the HADP which will be held from 24th Aprill upto 31st of August 2023. The DC stressed upon

Administration for the successful implementation of the programme in the district to uplift the liveli-hood of the farming com-munity. It is important to mention that the Govt. of UT of J&K has recently sanctioned 29 projects for Agriculture and Allied Sectors for a monut of Sectors for an amount of Rs 5013 Crores with an aim to increase the farmer's income and to make the UT of Jammu

help

Administration for the

and Kashmir a leading Agrarian Economy in the

Agraria country

would be covered under the initia-

### **DC Doda reviews progress of Jal Jeevan Mission**

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PLANS DAILY VIRTUAL VISIT OF WORKS



JI NEWS SERVICE

DODA, APRIL 09: Deputy Commissioner, Vishesh Mahajan, who also serves as Chairman of the District Water and Sanitation Mission (DWSM) under the Jal Jeevan Mission, reviewed the implementation of the mis-sion in the district in a meeting held at the district head-quarters

quarters. The Deputy Commissioner emphasised adherence to timelines for all projects under the Jal Jeevan Mission and ensuring that citizens are provided with safe drinking water in their homes as envisaged in the scheme.

The meeting was informed that out of 185 tendered proj-ects under the Jal Jeevan Mission, 150 have been allotted, Letters of Intent have been issued for 9 works, and work is ongoing on 137 projects. All Jal Jeevan Mission works must be completed by the end of June this year, emphasised the

DC. Engineers of the Jal Shakti Department in Doda have been instructed to send their tour calendars to their work sites and the Deputy Commissioner will personally visit all Jeevan Mission works virtually every day at 5pm. Assistant Evecutive Engineers have been instructed to visit concerned Divisional Forest Officers tomorrow to resolve ievens for the areached compution of Water Structs' Some issues for the smooth completion of Water Supply Schemes

passing through forest areas. The meeting was attended by ADDC, CPO, SE Jal Shakti, Ex Ens of JSD/ Irrigation/ Ground Water/ Mechanical, DFO Doda/ Bhaderwah/ Batote, AEEs, AEs, and JEs of JSD and other concerned officials.

### Prisoners make high quality furniture for Nagpur court under rehabilitation programme



NAGPUR, APR 9: Inmates from four prisons in Maharashtra have been engoged in making high quality teak wood furniture for a new court building in Nagpur as part of their rehabilitation and to provide an employment opportunity to them, an official said. The prisoners work-ing on the project get wagges under the skilled, semi-skilled and unskilled categories, the official toil PTI. Interstingly, the chairs on which the judges and other skill of the Nagpur sessions court's extension building would be sitting are being made by those convicted by such courts'. Nagpur Central Jail's superintendent Anup Kumre said. Such work contracts are really benefitting the jail inmates. They are getting a good employment opportu-nity in the jail itself, he said. Nagpur Central Jail's deputy superintendent Deepa Ages jaid prisoners lodged at Nagpur, Kolhapur and Mashik and Yerwada (Pune) jails are working in the car-pentry section of the respective prisons to make 22 types of furniture required for the new extension building of the Nagpur sessions vary.

Nagpur sessions court.

"These are very high quality teakwood furniture pieces "These are very high quality teakwood furniture pieces which are otherwise not available outside with private suppliers. We make the chairs of judges. The Pune Central Jail makes special judges' chairs with monogram which cannot be made outside," said Kunne. The Nagpur Central Jail had received a contract of Rs 5.50 core for the furniture. The work had started in March 2021 and the delivery of these furniture items is now in the final stages, Agey said. The intention of the prison administration behind this evercise is correction and relabilitation of prisoners and

exercise is correction and rehabilitation of prisoners and provide them some employment in jail, she said.

### Anitesh Raj's Yorteks helps businesses double their revenue with dynamic strategies

NEW DELHI: Anitesh Raj, a 24-year-old mar-keting graduate from Bihar, has founded Yorteks, a leading company based in Pune that provides business development services and provides business development services and consulting needs. Since its establishment in 2021, Yorteks has encouraged several business-es to serve conline platforms and double their revenues. Yorteks has a team of experts who work closely with clients to develop dynamic strategies to grow their businesses and attract potential clients. The team delivers a complete report to study the analytics and development 

achieved, and a thorough discussion with clients ensures on-time delivery of services to achieve targets. The successful business model of Yorteks has enabled them to reach a wider audience and take businesses to the next level. audience and take businesses to the next level. Yorteks offers a range of services that are both accessible and affordable, including generating more B2B prospects, finding and targeting the right audience, conducting market research, developing B2B branding, strategy and posi-tioning, digital marketing and site designing, and making sales preparation easy.

### TLSC Kangan organizes Awareness programme on 'World Health Dav' JI NEWS SERVICE

GANDERBAL, APRIL 09: On the directions of GANDERBAL, APRIL 09: On the directions of Secretary District Legal Service Authority (DLSA) Ganderbal, Nusrat Ali Hakak and under the guidance of Chairman Tehsil Legal Services Committee (TLSC) Kangan, Essar-Ul-Nabi, the TLSC Kangan today observed World Health Day at Primary Health Centre Understriven:

Besides Chief Guest Essar-Ul-Nabi (Chairman TLSC

Besides Chief Guest Essar-Ul-Nabi (Chairman TLSC Kangan), DDC Member Gund Chulam Noorani Jara, Dr. Arshid (Dental Surgeon), Dr. Upendar Kumar Dhar, Dr. Faryial were present on the occasion. Speaking on the occasion, Chairman TLSC Kangan said that World Health Day is observed every year on the 07th of April. He said that in order to keep our-selves Healthy, we shall have balanced diet which include Vitamins, Minerals, Carbohydrates, Nutrients etc. He said that we shall also have regular medical checkurs neckups. He said that Drug addiction among young ger

tion is a big menace in society today which badly affects the health of people. He said that in order to control Drug addiction

He said that in order to control Drug addiction among young generation, parents shall have a close watch on their Children and enquire about the activi-ties they do during the day. The chief guest said that Hypertension is also a big health issue in today's society and once we realize this problem in someone, we shall consult a doctor. Resource Person Adv. Sajad Ahmad Khan also appraised the gathering about the World Health Day. He said that sudden heart attacks are rapidly growing and narticularly raised amone the younger experiation

and particularly raised among the younger generation. Throwing light on the day, he said the day is observed to raise awareness about the health of the

public, and to make people aware about health issues faced by the people in daily life.

### Srinagar Admin conducts intensified Market Checking across District

SRINAGAR, APRIL 09: On the of the Deputy directions of the Deputy Commissioner Srinagar, Mohammad Aijaz Asad, the spe-cial teams conducted intensified Market checking of various City parts and booked several erring shopkeepers found failing to maintain the quality of food items, not displaying rate lists of essential commodities, selling expirity moducts, besides directions expiry products, besides indulging in practices of illegal profiteering.

profileering. During the drive, a sum of Rs 84300 was realised as fine from erring shopkeepers in different parts of the City. The team of Food Safety Department headed by Assistant Commissioner Food Safety Designated Officer under FSSA Srinagar, Yameen ul Nabi con-ducted riorous market checkducted rigorous market check-ing of various Restaurants, Bakery shops, Meat and Chicken sellers and Ethnic street food During the inspection a



tion

Mobile Food Testing van was put in place for conducting on spot testing of food commodierring shopkeepers for operating food business in unhygienic and insanitary conditions and viola tion of Food Safety Regulations

On the occasion, dozens of 2011. business units In addition as many as 3

ing necessary steps to improve their premises/ food operations as per the standards as laid down in food safety and standards act.

dards act. Similarly, special teams of District Administration Srinagar under the supervision of respec-tive Tehsildars of Eidgah, North, South, Pantha chowk, Khanyar, Chanapora and Shalteng con-ducted market checking in Soiteng , Lasjan, Khanyar, Nowpora, Rawalpora, Sanat Nagar, Zakura, Gulab Bagh, Naderbal, Eidgah, Soura, and other markets of Srinagar during which a fine of Rs 72300 was which a fine of Rs 72300 was realized from erring shopkeep

ers. On the occasion, the teams warned the erring food business operators not to indulge in viola-tions of food safety regulations and insanitary conditions which are against public health failing which a heity compound will be imposed upon them in future, which can enve lead to cleasure which can even lead to closure of facility

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huge quantities of rotten vegeta-bles, fruits and other food items

were also destroyed on the spot. Meanwhile, the Deputy Commissioner, Srinagar has asked the Market Checking teams to continue the drive to teams to continue the drive to ensure all essential commodities are sold at Government approved rates as per the quality standards with sufficient avail-ability of consumables in wake of ongoing Holy month of Ramzaan

During the market checking

she said that the Directorate of Education has been getting com-plaints over the matter, and guidelines will be issued by it. "Many private schools are pres-surising parents to buy uniforms and books from them. and

SRINAGAR, APRIL 9: The substan-tial budget for the fiscal 2023-24 will foster inclusive development for all segments of the society with gov-ernment's keenness towards empowering the weaker sections through various social and tribal welfare initiatives. According to budget 2023-24, 7 transit accommodations for budget document reads. In this year's budget, more Milk villages will be established with an aim to support milk production and supply chain besides providing sus-tainable employment opportunities to youth. Also, market linkage would created for tribal products like milk, mutton, sheep wool, leather etc. transit accommodations for nomadic population and 24 Scheduled Tribe hostels are targeted to be completed during this financial vear

leather etc The budget has kept a provision On the directions of Lieutenant On the directions of Lieutenant Governor, Manoj Sinha, the Tribal department has initiated a special project envisaging a transhumant support system including transit accommodations and transport facilities for the migratory popula-tion for setting up of more smart class-rooms for tribal children and track-ing of educational, healthcare and ing of educational, healthcare and economic status of nomadic popula-tion. Besides, the budget has a pro-vision for providing scholarship to 124200, Pre-Matric students (1st-8th) belonging to Schedaled Caste/Other Backward Classes/ Economically Backward Classes/ DeviceMuc Collwared. Becanes. ash In line with the announcement made by Lieutenant Governor to

made by Lieutenant Governor to minimize hardships being faced by the tribals during seasonal migra-tion, the Tribal Affairs Department procured a fleet of 40 trucks for transporting around 30,000 families from Jamnu to Kashmir via Mughal road and National Highway-44 con-necting Jamnu with Srinagar. These trucks had been procured by the Physically Challenged Persons categories All the Child Care Institutions (CCIs) would be developed on mod-ern pattern with best living condi-tions for the inmates under the new budget. Besides, 1700 inmates in 19 Bal Ashrams and 12 Nari Niketans

Parents To Buy Books, **Uniforms From Them May** Lose Recognition: Atishi

NEW DELHI: Delhi Education NEW DELHI: Delhi Education minister Atishi on Sunday said strict action, including termina-tion of recognition, will be taken against privateschools forcing parents to buy books and uni-forms from them or any specific vendor.

During a press conference, she was asked about the issue, and she said that the Directorate of

RS 84300 PENALTY IMPOSED ON FBOS FOR INDULGING IN ILLEGAL PROFITEERING & VIOLATING FSSA REGULATIONS

### JI NEWS SERVICE



food inspected and a fine of Rs 12000 improvement notices were also was also imposed on several issued to some dealers for mak-

Budget 2023-24 will foster inclusive development of all sections 7 transit accommodations for nomadic population, 24 ST hostels to be completed this year

JI NEWS SERVICE

department through J&K Road Transport Corporation. Transport facilities are being made available to tribal families for SRINAGAR, APRIL 9: The substanbudget document reads

tive. This year's financial plan has also a provision for establishing District Disability Rehabilitation Centers the seasonal migration of their goods and cattle this year also, the (DDRC) in all 20 districts besides creation of Hub for Empowerment of Women (HEW)-Mahila Shakti Kendras **Schools Found Forcing** 

### 'Science on Tap'- Learning about universe climate change over pint of beer

Pune, Apr 9 Discussions and workshops on sci-ence topics are common in schools, colleges and formal events, but peo-ple have now started having casual chats on a plethora of science topics curb competinger universe and off such as machines, universe and climate change in informal settings like mate change in informal settings like pubs, lounges and cafes and that too over a pint of beer. Their logic is: "Science + craft beer - jargon and seri-ousness = Super Fun!" Yes, you heard it right! A bunch of science enthusiasts from Pune, led by climate scientist Anoop Mahajan from the Indian Institute of Tropical Meteroology (ITM), are on a mission to reduce the gap between science and the common public with their and the common public with their unique outreach initiative called

Science on Tap'. As part of the initiative, they rope

As part of the initiative, they rope in experts to unlock mysteries around some of the complex subjects during the interactive sessions. Mahajan, the brain behind 'Science on Tap', which offers discussions on science at local pubs and bars, said the outracch initiative has been start-ed with an aim to reduce the gap between science and poople

"There is a lot of misinformation. People do not know what informa-tion is correct and what is fake. Most tion is correct and what is take. Most people are exposed to information on social media that is unverified, and this dissemination of misinformation is for all subjects, including science," he told PTI. Generally, a lot of science outreach programmes are conducted mostly

programmes are conducted, mostly aimed at children and those who are already doing some work in that particular subject

"All such outreach events take "All such outreach events take place in formal settings like auditori-ums, schools and colleges where access is limited. Even if we organise talks by inviting experts to an audito-rium and keep them open to all, the chances are people won't come," Mahajan said. "So, wa desided to racch out to the

"So, we decided to reach out to the general public and tried to find out

worth Rs 1,046 crore. The chief minister inaugurated 56 development projects worth Rs 333.85 crore and laid foundation

stones of 202 projects worth Rs 711.81 crore. These projects include a mini-

stadium, roads, flyovers, educational

institutes and hospitals, an official

polls in 2024.

where these young people go to have a good time. The answer was restau-rants, lounges, cafes or their favourite bar or pub, and then it was decided to hold discussions at such places," he said

said Mahajan said they keep the chats casual and interactive so that these sessions go well with the place and mood

mood. "We wanted people to ask ques-tions without thinking about how simple or basic the question is. As far as the audience is concerned, our tar-get is not only young people, but those who are currently running the world, making decisions and owning businesses," he said. Ibitially torics pretaining to cli-

Initially, topics pertaining to climate change and monsoon were cov-ered in which Mahajan had the expertise, but later it was realised that people had interests in a wider range of subjects related to mathematics, biology, physics, and organic chem-

"We then started conducting sessions on topics ranging from mathe-matics, artificial intelligence, organic chemistry, climate change, the science of food, science of machine learning, the universe, and many more," said

Mahajan So far, 30 sessions on varied topics have been conducted in which the experts in each respective domain were invited to discuss the subjects,

were invited to discuss the subjects, he said. "On April 23, we have organised the Science on Tap' session on an interesting subject - The Science of Colour -- in which the thrust would be one how two eventions contains be on how we perceive certain colours, if animals look at colours the same way humans do, and how these colours have evolved," Mahajan

added. This is a one-of-its-kind initiative to bring science that happens within laboratories to everyone in the com-munity, said Dr Amrita Hazra, a microbiologist and biological chemist the Developed to the language to the second at the Pune-based Indian Institute of Science Education and Research, who

UP Urban Local Body Polls: Triple-Engine Govt Must For State's Rapid Development, Says Adityanath

conducted a session at a brewery on the Science of Fermentation'. The impression that most people have about science is that it is a diffi-cult and dry topic. Having a space where one gets to meet a scientist in an informal setting, listen to the sci-ence they are working on, their sto-ries from the laboratory, and then just chat with them over some food and drink makes cineon interesting and drink makes science interesting and real," she said.

real," she said. Dr Hazra, who is working on how vitamins are made and exchanged by bacteria in the natural world, said the setting where she con-ducted the discussion was also great. She said mattresses were laid out on the floer of a become ruber

on the floor of a brewery where everyone sat, surrounded by large fermentation vats and she stood in front of one while talking about how microbes conduct various types of fermentation

Shraddha Rathod, a conservation biologist and a researcher, who attends such discussions on a regular basis, said Pune has so many research institutes, but she noticed that scientists and non-scientists do not move in the same circle.

"Science on Tap is the only plat-form I know which brings the two together. And how? Science + craft beer - jargon and seriousness = Super Fun!" she said.

"Scientists from various fields. "Scientists from various fields, including those working on marine life, wildlife, bacteria in your gut, fungi, ethnography, climate change, world history, and many more, talk about their work in a very simple and orang usur i sho sciid casual way," she said.

Rathod said she not only gets to Rathod said she not only gels to learn something new in every discus-sion, but also gets the most up-to-date research simplified 'from the horse's mouth'. "I to be the part where I can interact one-on-one with the speakers and attendees, who I know are inter-ested in the same subject. I am always waiting for their next discussion and everting to I learn about some very getting to learn about some very exciting science," she added.

'Politics of convenience' Sibal hits back at PM Modi over his dynasty remarks in Telangana



New Delhi, Apr 9 Rajya Sabha MP Kapil Sibal on unday accused the BJP of indulging in "politics of convenience", as he hit back at Prime Minister Narendra Modi over his remarks on dynasty in Telangana and cited past instances of the party aligning with dynastic polit-ical families in various states.

ical families in various states. Addressing a public meeting in Hyderabad, Prime Minister Modi took a swipe at Bharat Rashtra Samithi chief and Telangana Chief Minister K Chandrasekhar Rao and

Delhi Mavoral

Poll On April 26:

Saurabh Bharadwai

NEW DELHI: The may

oral poll in Delhi will be held on April 26, city min-ister Saurabh Bharadwaj

said on Sunday. Incumbent Shelly Oberoi, an AAP councillor who was elected on February

22, will continue to hold charge till her successor is

charge till her successor is elected. She had defeated the BJP's Rekha Gupta by a margin of 34 votes. Oberoi polled 150 votes, while Gupta received 116 votes out of the total 266 votes polled. "The fresh mayoral polls will be held on April 26," Bharadwaj told agen-cies on Sunday. Sources said the Aam Aadmi Party is likkely to

Aadmi Party is likely to repeat Oberoi and deputy mayor Aaley Mohammad

Ha

Yatra

said

urged the state government to not allow any hindrance in the works related to the development. In a tweet, Sibal said, "PM Takes swipe at KCR: Says corruption and dynasty go hand in hand, Why did BJP join: 1) Punjab (Akalis) 2) Andhra (Jagan) 3) Haryana (Chautalas) 4) J&K (Muftis) 5) Maharashtra (Dhackwaru). Not dynærice when

J&K (Muftis) 5) Maharashtra (Thackerays)...Not dynasties when BP joined them!" "It's called politics of convenience!" the former Union minister said. In another tweet, Sibal said, "PM:

The Uttarakhand chief minister was in

Haridwar to review development works and preparations for the Char Dham

Under a conspiracy, thousands of

"The occupiers of illegal tombs should

shrines have been built illegally on public and forest land without permission, he

"The occupiers of illegal tombs should remove those themselves soon. Otherwise, the administration will demolish those," he warned. Dhami had issued a similar warning at a programme in Nainital district's Kaladhungi on Friday, saying illegally built mazars would be demolished. "Land jihad" will no be allowed in the state at any cost and all the wrongdoinges

state at any cost and all the wrongdoings

Takes a swipe at KCR, says dynasty and corruption go hand in hand. BJP makes allegations of corruption against AAP No dynasty there. Need not be

No dynasty there. Need not be dynasty to allege corruption." "You say BJP not dynasty. Is BJP corrupt?" he said. In his remarks in Telangana, Modi said his government has attacked the real root of corruption of dynastic forces who want to keep their control over every system.

"Should we fight against corrup-tion or not? Should we fight against the corrupt or not? Should the coun-try be liberated from corruption or try be liberated from corruption or not? Should legal steps be taken against the corrupt however big or not. Should the law be allowed to work against the corrupt or not," he asked the gathering. That's why 'these people' are upset and they are doing anything out of anger, Modi said. Modi, who said corruption and digrivaryaad' (dynasty) are not differ.

'parivarvaad' (dynasty) are not different from each other, maintained that every type of corruption begins to grow where there is 'parivarvaad'.

### Uttarakhand CM Dhami Reiterates Warning Against 'Illegal' Mazars UTTARAKHAND: Uttarakhand Chief of the past in the name of erecting mazar

Minister Pushkar Singh Dhami on Sunday warned occupiers of illegally built mazars (tombs) to remove those on their own and reiterated that his govern-ment would not allow "land jihad" in the will be rectified, he said More than 1,000 such places where

More than 1,000 such places where tombs have been built but no remains could be found under them upon digging have been identified. Dhami said. Dhami added that while his govern-ment did not mean to harm anyone, it would also not allow anyone's appease-ment either.

ment either.

ment either. Referring to alleged demographic imbalance creeping into parts of the state, Dhami said his government will launch a special drive against it. Last November, the Dhami govern-ment, while further tightening the state's anti-conversion law, made a strict provi-sion for punishment of up to 10 years for those found indulging in forced conver-sions.

sions. He has also constituted an expert com-mittee under the chairmanship of Justice (Retd) Ranjana Desai to draft the law to fulfil his pre-poll promise of implement-science vivil orde in the state.

### Delhi Adds 699 Covid Cases, Positivity Rate 21.15 Per Cent

NEW DELHI: Delhi on NEW DELHI: Delhi on Sunday logged 609 fresh COVID-19 cases with a positivity rate of 21.15 per cent, according to data shared by the city govern-ment's health department. Four people suffering from COVID-19 died in the city. However, the health bulletin stated that COVID-19 was the pri-

added 509 cases with a positivity rate of 26.54 per cent, the highest in nearly 15 months.

In January last year, the positivity rate had touched the 30-per cent

cases -- the highest in Delhi on Saturday. Delhi has witnessed a spurt in the number of fresh Covid infections more than seven months more than seven months -- on Friday with a positiv-ity rate of 19.93 per cent. On Thursday, 606 cases were recorded with a pos-itivity rate of 16.98 per cent, and one fatality. On Wednesday, Delhi added 509 cases with a positivity rate of 26 54 per

over the last fortnight amid a sharp rise in H3N2 influenza cases in the

country. The number of fresh cases had dropped to zero on January 16, the first time since the outbreak of the pandemic The Health Departmen

on Sunday said 136 of the 7,989 beds in dedicated Covid hospitals in the city are occupied while 1,634 patients are in home isola-

Chief Minister Yogi Adityanath on Chief Minister Yogi Adityanath on Sunday exhorted people of Ultar Pradesh to vote for the BJP in the upcoming urban local body polls, saying a triple-engine government is a must for uninterrupted and rapid development of the state. He also appealed to people to make he lotus - the BJP's poll symbol – bloom in municipal and Lok Sabha rolls in 2024 polls in 2024. Adityanath was speaking at a pro-gramme at Hindustan Fertilisers and Chemicals Limited ground where he inaugurated and laid foundation stones of 258 development projects

vote for the BJP in the forthcoming, urban local body polls and said a triple-engine government is a must for ensuring uninterrupted and rapid development of the state and pros-perity of its people. The country is scaling new heights under the ladearchip of Peines

under the leadership of Prime Minister Narendra Modi and has emerged as an ideal nation for the statement said. Addressing the gathering, and one of the statement said. Addressing the gathering, Addressing the people to every poor person and farmer, he

said. "In Uttar Pradesh also development is taking place in every field. Infrastructure has improved by leaps and bounds in the last six years. Today no criminal can walk with his head held high. Mafia and gangsters are getting the treatment they deserve under law," he said. The venue of today's programme is a factory that was shut down in 1990. It is running at its full capacity today, he said. The development seen in Gorakhpur today could have hap-

mayor Aaley Mohammad lqbal as its candidates for the respective post. The city gets a new mayor after the end of the finan-cial year. The post of mayor in the national cap-ital sees five single-year terms on a rotation basis

he said. The development seen in Corakhpur today could have hap-pened earlier as well but there was a lack of will on the part of the erst-while government, he added. Hitting out at previous govern-ments, Adityanath said, "Before 2017, there was a riot in the state every two-three days. No businessman, no daughter and no village was safe. Land mafia, sand mafia and organ-ised gangs were operating freely. ised gangs were operating freely. Besides, there was widespread corscatters, mere was widespread cor-ruption in government schemes and people were deprived of their bene-fite."

### mark. According to the bul-letin, 3,305 COVID-19 tests were conducted in Adani hard-working down to earth with big ambitions in building infrastructure Sharad Pawar in 2015 autobiography

NEW DELHI, APR : NCP chief Sharad Pawar NEW DELHI, APR: NCP chief Sharad Pawar may have broken ranks with other opposition parties on the Adani issue, but his friendship with Gautam Adani dates back to nearly two decades when the businessman was exploring expansion into the coal sector.

In his Marathi autobiography 'Lok Maze Saangati...' published in 2015, Pawar has lav-ished praise on Adani describing him as "hard-working, simple, down to earth" and with ambition to make big in the infrastructure sector. The veteran leader also wrote that it was at

The veteran leader also wrote that it was at his insistence that Adani ventured into the thermal power sector. Pawar recounts in the book how Adani built his corporate empire from scratch start-ing as a salesman in Mumbai locals, dabbling the second sec in small ventures before trying his luck in the diamond industry. "He was earning well in the diamond

industry, but Gautam was not interested in that. He had ambitions to enter the infrastructure sector. He had good relations with Gujarat Chief Minister Chimanbhai Patel and



had submitted a proposal to develop a port at Mundhra," the NCP chief wrote. He recalled that Patel had warned Adani of the port being closer to the Pakistan border and in an arid region, "Despite the adversa-ties, he accepted the challenge". Pawar wrote that later Adani made his

Praful Patel's father at Gondiya in Maharashtra

Praful Patel's father at Gondiya in Maharashtra. "Gautam acknowledged my suggestion in his speech. Usually, nothing much happens on statements made from the podium, but Gautam pursued the matter and established a 3,000 MW thermal power plant in Bhandara," the former Maharashtra chief minister said. In the book Bowar secourted how the down

In the book, Pawar recounts how he developed close ties with several businessmen as he sought to usher in development in Maharashtra during his decades-long political career. The NCP chief said he remained in regular

touch with business leaders who could meet him without appointment daily between 2 pm and 4 pm during his tenure as the chief minis-

Pawar recounted his arrangement with the then Gujarat chief minister Chimanbhai Patel, who would divert big projects to Maharashtra. Pawar said he reciprocated the gesture by sending some small projects to Gujarat, an arrangement that ensured the two states scaled greater heights on the economic

war has also written about how he helped Hyundai Motors set up a manufactur-ing plant in Tamil Nadu after the Korean car-maker faced some hurdles in setting up busi-ness in Maharashtra during the Shiv Sena-BJP rule.

Amid a strident opposition campaigr Amid a strident opposition campaign demanding an investigation into the Adani Group by a Joint Parliamentary Committee, Pawar surprised his fellow opposition leaders by favouring a probe into the dealings of the Gujrart-based business house by a Supreme Court-appointed panel. Pawar also came out in support of the Adani Group and criticised the narrative around Hindenburg Research's report on the conglomerate, saying that he felt that the busi-ness group was 'targeted' and that he was

ness group was "targeted" and that he was not aware of the antecedents of the US-based

short-selling firm. Pawar has charted a different course than the Congress on issues such as criticism of Vinayak Damodar Savarkar and the Adani Group



terms on a rotation basis, with the first year being reserved for women, the reserved for women, the second for the open cate-gory, the third for the reserved category, and the remaining two again for the open category. The December 4 civic polls last year were the first after the three corporations were unified into the MCD and a fresh delimi-tation exercise was carried

tation exercise was carried

one case With the fresh cases, Delhi's COVID-19 tally has risen to 20,14,637. The death toll stands at 26,540, the bulletin stated. The capital logged 733

COVID-19 was the primary cause of death in just



eights. A Damascus-based Palestinian

group loyal to the Syrian govern-

retaliating for the Al-Aqsa raids.

Israel responded with artillery

fire into the area in Syria from

where the rockets were fired

US President will then

undertake a programme of

engagements including a

bilateral with Sunak

### **Tensions build around Jerusalem** shrine after Syria rockets

IERUSALEM: Israeli warplan JERUSALEM: Israeli warplanes and artillery struck targets in Syria following rare rocket fire from the northeastern neighbour, as Jewish-Muslim tensions reached a peak on Sunday at a volatile Jerusalem shrine with simultaneous religious rituals. Thousands of Jewish worship-

Thousands of Jewish worship-pers gathered at the city's Western Wall, the holiest place where Jews can pray, for a mass priselly bene-diction prayer service for the Passover holiday. At the Al-Aqsa Mosque compound, a walled esplanade above the Western Wall, hundreds of Palestinians per-formed prayers as part of obser-vances during the Muslim holy month of Ramadan. month of Ramadan. Hundreds of Jews also visited

the Al-Aqsa compound under heavy police guard Sunday, to whistles and religious chants from Palestinians protesting their pres-

ence. Such tours by religious and nationalist Jews have increased in size and frequency over the years, and are viewed with suspicion by many Palestinians who fear that Israel plans one day to take over the site or partition it.

Israeli officials say they have no Israeli officials say they have no intention of changing long-stand-ing arrangements that allow Jews to visit, but not pray in the Muslim-administered site. However, the country is now gov-erned by the most right-wing gov-ernment in its history, with ultra-nationalists in senior positions. Tensions have soard in the past

Tensions have soared in the past



week at the flashpoint shrine after an Israeli police raid on the mosque. rockets in two salvos toward Israel and the Israeli-annexed Golan osque. On

several rricaded them-Palestinians have bar selves inside the Al-Aqsa Mosque with stones and firecrackers, demanding the right to pray there overnight, something Israel has in the past only allowed during the last 10 days of the Muslim holy month of Ramadan. Police removed them by force, detaining hundreds and leaving dozens

The violence at the shrine trig-gered rocket fire by Palestinian militants from the Gaza Strip and southern Lebanon, starting Wednesday, and Israeli airstrikes targeted both areas

Late on Saturday and early Sunday, militants in Syria fired Later, the military said Israeli

fighter jets attacked Syrian army sites, including a compound of Syria's 4th Division and radar and

rtillery posts. Turkish President Recep Tayyip Erdogan discussed the violence in a telephone call with Israeli counterpart Isaac Herzog late Saturday, telling Herzog that Muslims could

telling Herzog that Muslims could not remain silent about the "provo-cations and threats" against the Al-Aga Mosque, and said the hostili-ties that have spread to Gaza and Lebanon should not be allowed to escalate further. In addition to the cross-border fighting, three people were killed

fighting, three people were killed over the weekend in Palestinian attacks in Israel and the occupied West Bank The funeral for two British-

Israeli sisters, Maia and Rina Dee, who were killed in a shooting was scheduled for Sunday at a ceme-tery in the Jewish settlement of Kfar Etzion in the occupied West

ment claimed responsibility for the first round of rockets, saying it was An Italian tourist, Alessandro Parini, 35, a lawyer from Rome, had just arrived in the city a few hours earlier with some friends for In the first salvo, one rocket landed in a field in the Golan landed in a field in the Golan Heights. Fragments of another destroyed missile fell into Jordanian territory near the Syrian border, Jordan's military reported. In the second round, two of the rockets crossed the border into Israel, with one being intercepted and the second landing in an open area, the Israeli military said. Israel responded with artillery. a brief Easter holiday. He was killed Friday in a suspected carramming on Tel Aviv's beachside promenade

incredible moment in our nation's history. It was a powerfully rare example of people doing the previous-y unthinkable to create a better future for Northern Ireland," said Sunak. "It is that promise of a better future that we offered to everyone in Northern Freland that I will Over 90 Palestinians and have Over 90 Palestinians and have been killed by Israeli fire so far this year, at least half of them affiliated with militant groups, according to a tally by The Associated Press. Palestinian attacks on Israelis have killed 19 people in that time. All but one were civilians Northern Ireland that I will be thinking of first and foremost over the coming days. It is my responsibili-ty as the Prime Minister of the United Kingdom to but one were civilians.

LONDON: British Prime Minister Rishi Sunak will welcome US President Joe Biden to Belfast in Northern Ireland next week as the UK commemo-rates the 25th appirement. rates the 25th anniversary of the Belfast (Good Friday) of the Belfast (Good Friday) Agreement, the peace treaty struck for the region in April 1998, Downing Street said on Sunday. Biden will arrive in the UK on Tuesday evening, when Sunak will meet him off Air Force One and the US President will then

Ireland, putting GBP ensure we are making good on that promise," he said. billion into its The British Indian leader said that Northern Ireland

**UK PM Sunak to receive US President for** Good Friday Agreement anniversary

said that Northern Ireland is "teeming" with opportu-nities, talent and ingenuity. "The biggest thing we can do to improve people's standard of living and secure a prosperous and thriving Northern Ireland is economic errowth That's bilateral with Sunak. It comes as Monday marks a quarter of a centu-ry since the Good Friday Agreement was signed, transforming the political and economic landscape of the devolved region of Northern Ireland. "The Befast (Good is economic growth. That's something I'm relentlessly focused on delivering," he added. The US strongly "The Belfast (Good Friday) Agreement was an supported the Agreement process and played a pivincredible moment in our otal role in boosting p 200

away from secessionist vio lence in Northern Ireland.

lence in Northern Ireland. The UK government says it will use the Biden visit and his engagements with business leaders and others in the Northern Ireland capital of Belfast to celle brate the rearing's successes

brate the region's successes

and encourage further long-term investment.

The US is one of the largest sources of foreign investment into Northern

over the last decade and creating 13,000 jobs. This includes tech giants such as Microsoft establishing

Microsoft establishing themselves there. Sunak is to announce that the UK will host a Northern Ireland Investment Summit in September this year to con-nect international investors. nect international investors with Northern Ireland businesses, showcasing the best of what Northern Ireland has to offer. The Good Friday

The Good Friday Agreement, signed by then British Prime Minister Tony Blair and his Irish counterpart, Bertie Ahern, backed by then US President Bill Clinton, brought an end to 30 years brought an end to 30 years of conflict in Northern Ireland, known as the Troubles. It was s on April 10, 1998, It was signed and approved by public votes in Northern Ireland and the Republic of Ireland

### UN voices concern over tense situation in Sudan

KHARTOUM: The United Nations Human Rights KHARTOUM: The United Nations Human Rights Volker Turk has sounded the alarm over the tense situ-ation in Sudan. He called on Sudan's rivals to work to overcome obstacles to civil-ian transition, Turkish News Agency Anadolu reported Agency Anadolu reported. In a statement, UN High Commissioner for Huma Commissioner for Human Rights Volker Turk urged all parties to redouble their efforts to restore a civilian-led government, News Agency Anadolu reported. The UH Human Rights chief appealed to all parties of Sudan "to set aside Sudan "to set aside entrenched positions and personal interests, to focus on the common interests of the Sudanese people by redoubling efforts towards restoration of a civilian-led government." "Much work has been done and many positive steps were taken towards the signature of a final agreement, all efforts must now on to eff the polit-. on the common interests of ositive steps were taken wards the signature of a nal agreement, all efforts alt ranking between the politic alt ranking between the political forces signed a mol justice," Turk added, Turk also urged "all sides Turk also urged "all sides must now go to get the polit-ical transition back on the right path," he added

to work together to over-come obstacles on security sector reform and avoid any further delays in the signing of the political agreement." He also called on all Sudanese sides to de-esca-late tensions and avoid violate tensions and avoid violence. "I witnessed first-hand the fervent, awe-inspiring the fervent, awe-inspiring determination of the people of Sudan, particularly young people and women - to stand up for human rights, an inclusive, civilian-led government, accountability and justice," Turk added, News Agency Anadolu reported.

ing government since October 2021 when the military dismissed Prime Minister Abdalla Hamdok's Minister Abdalla Hamdok's transitional government and declared a state of emer-gency, a move decried by political forces as a "military coup." On December 5 of last year, a Political Framework Agreement was signed between civilian leaders and the military as the first step represents civil forces, on Thursday had called for demonstrations after this new postponement of sign-ing the agreement that would revive the democratic transition process after the 2021 cour Arril 6 is a sym-2021 coup. April 6 is a sym-bolic date for Sudan's civil opposition, the anniversary of the uprisings in 1985 and 2019 that eventually toppled two leaders who had seized power in coups. Last ment and the restoration of a civilian-led Government. However, the signing of the final political agreement, which was expected to take place on April 1 and then postponed to April 6, remains pending due to dis-agreements over key securi-ty and military reforms between the army and the paramilitary forces. power in coups. Las December, Sudan's military

who took power in an October 2021 coup, can-celling the transition to civil-ian rule agreed upon after the 2019 ouster of General Omar Bashir, who seized Omar Bashir, who seized Omar Bashir, who seized ower in a 1989 coup. Sudan has been without a function-ing overrument since COLOMBO: Sri Lankan President Ranil Wickremesinghe on Sunday assured justice for all the victims of the 2019 Easter bombings in which 270 people, including 11 Indians, were killed, saying legal proceedings are being processed independently and impartially, without any influ-ence. ence President Wickremesinghe also pledged his unwavering commitment to ensuring the security of the coun-

try, by preventing any recurrence of heinous acts On April 21, 2019, nine suicide On April 21, 2019, nine suicide bombers belonging to the local Islamist extremist group National Thawheed Jamaat (NTJ) linked to ISIS carried out a series of blasts that tore through three churches and as many luxury hotels in Sri Lanka, killing 270

this tragic incident are being processed independently and impar-tially, without any influence. The nec-essary groundwork towards this end has been laid, to ensure justice for all the victims,<sup>7</sup> Wickremesinghe said in his faster Stunday message. <sup>7</sup> Pledge my unwavering commitment to

ensuring the security of our country, by preventing any recurrence of such heinous acts," the President said. He also said that the Government is dedicated to realising the aspirations of icated to realising the aspirations of all Sri Lankans regardless of race, reli-gion, party or colour. "I strongly believe that we can overcome these challenges in the near future," he said. The Easter Sunday bombings triggered a political storm as then-President Maithripala Sirisena and Prime Minister Wickernesinghe were blamed for their inability to prevent

Sri Lanka's President assures justice

for Easter Sunday victims

the attacks despite prior intelligence being made available. Sri Lanka's Supreme Court on January 12 ordered Sirisena to pay SLR 100 million as compensation to the victims lion as compensation to the victims. The former president stressed the attack took place without his knowl-edge. As many as 12 petitioners, including the kin of the victims, the Catholic clergy, and the lawyers' body Bar Association of Sri Lanka, filed the fundamental rights petition against the then-president for his neg-ligence in preventing the attacks.

Pakistan is reeling under skyrocketing inflation as cash-strapped govt struggles to stabilise economy ISLAMABAD/LAHORE:

Nazim Malik pulled out his children from a private English-medium school and enrolled medium school and enrolled them in a government-run Urdu school because he can no longer afford their fees amid the spiralling inflation that has made life miserable for most Pakistanis who are now wor-ried about two meals a day for their familier. their families.

The Pakistani rupee in recent months has seen a dramatic eromonths has seen a dramatic cro-sion in its value to the US dol-lar, currently trading at around PKR 288 in the open market. In the month of Ramzan, buy-ing fruits to break the fast has become a luxury for millions across the country. The economic situation has never been so grim in a country which since independence has

which since independence has thrice seen military coups and the ouster of elected govern-

Cash-strapped Pakistan's economy has been in a free fall economy has been in a free fall mode for the last many years, bringing untold pressure on the poor masses in the form of unchecked inflation, making it almost impossible for a vast number of people to make ends meet. Their woes increased

manyfold after last year's catastrophic floods that killed more than 1,700 people and caused massive economic losses.

than 1,700 people and caused massive economic losses. "Mchngai (inflation) has crushed my buying power. Literally, the two-time meal is not possible with what I earn," Malik, who works as an accountant in Lahore, said. During the last six months, inflation climbed to a level where his salary — 65,000 Pakistani rupees (PKR) - seems to be only meant to buy food for his wife and three children. "I pulled out my children from an English-medium school to get them enrolled in a government-run Urdu public school be cause I can no longer afford their fees. I am lucky that I don't have to give house rent as I am living in my parents' house. I am desper-tative looking for errom exets my parents' house. I am desper-ately looking for some extra work to supplement my income," he said.

Malik cursed the incumbent

Malik cursed the incumbent rulers for paying no attention to the plight of the people and being busy with politicking. Over two-dozen people, mostly women, have died dur-ing the last two weeks in the country in their bid to get free food or wheat food or wheat.



Snakii Anmad, who works in a canteen on a monthly salary of 25,000 rupees, says although he is single the amount he earns is spent in the first two weeks of

"So, the day I don't get work, I prefer to stand in long queues to get free flour under the gov-ernment scheme," Hanif said. School teacher Abbas Rana, 59, says he has never witnessed such bitting inflation in his life. the month and he either lives on borrowed money or does over-time to survive for the remain-"Price of every commodity shot up to a level where only the affluent can think of buying ing period. The prices of fruits and vegaffluent can think of buying them. Fruits and meat are pro-hibited for us. My struggle is to ensure two meals a day for my family," Rana said. The people complain that they no longer have any money left for medicines, new clothing or travelling.

The prices of truits and veg-etables have gone beyond the reach of most people and the poor are only concerned with flour and rice, he said. In Lahore, one kg of flour is priced at PKR 170, which Mohammad Hanif, a labourer, said he could not affect if he said he could not afford if he does not get work all days of "The prices of commodities have quadrupled during the last year, whereas the income has shrunk," Sagheer Ahmad, 39, said as he carefully checked each piece of onion before put-ing it in a plastic bag before buying them. Onions are considered a

Onions are considered a highly-prized everyday item and their price per kilogramme

has been fluctuating between PKR 150 to 200. PKR 150 to 200 using ectivetion "It is impossible for me to run the house with the prices get-ting higher almost on a daily basis. We feel there is no gov-ermment in this country," said Safya Bibi, a 45-year-old moth-er of four. "You see, bananas are PKR 450 per dozen and apples are PKR 400 per kilogramme. How can a common person buy fruit?" she said angrily. As prices of essentials spiked,

As prices of essentials spiked, the State Bank of Pakistan in a meeting of the Monetary Policy Committee (MPC) on April 4 decided to increase the interest Committee (MPC) on April 4 decided to increase the interest rate by 100 basis points to 21 per cent. The MPC noted that "infla-tion in March 2023 rose further to 35.4 per cent, and is expected to remain bich in the near

"decision as an important step "decision as an important step towards anchoring inflation expectations around the medi-um-term target, which is critical for achieving the objective of price stability." Experts doubt it would help to control the prices. Dr Qaisar Bengali, a leading economist, said the increase in the "interest rate will not curb inflation, but increase the cost

inflation, but increase the cost of doing business."

Pakistan has trapped itself in

Pakistan has trapped itself in a debt cycle and its economic woes don't seem to go away Anmed Fraz Khan. With a per year tax collection of around PKR 5,000 billion of which PKR 3,500 billion of which PKR 3,500 billion goes into debt servicing and the remaining taken by the Army (for defence nurroses), the (for defence purposes), the country is left at the mercy of

country is left at the mercy of borrowing more loans. Cash-starved Pakistan is awaiting a much-needed USD 1.1 billion tranche of funding from the International Monetary Fund. The funding is part of a USD 6.5 billion bailout agreement reached in 2019 with the global lender. "With the Pakistani rupee under extreme pressure already

to remain high in the near "With the Pakistani rupee term." The MPC viewed its under extreme pressure already

shedding over Rs 100 during the last 11 months and an IMF deal not in insight, the country's economy is in complete tatters. The premier (Shehbaz Sharif)

economy is in complete tatters. The premicr (Shehbaz Sharif) visited almost every friendly country including Saudi Arabia, the UAE, Qatar and China but they are not ready to give any bucks to bailout Pakistan out of this economic quagmire," Khan said, adding that a perfect stage is set for default and God knows better bow Pakistan will manage to how Pakistan will manage to avert it

avert it. The only way forward is political stability and consensus among the institutions. If the politicians, the Army and judi-cial establishments do not sit together to agree upon some kind of 'understanding' for political estability. this country.

kind of 'understanding' for political stability, this country has no future, he added. Ruhma Rehman, an econo-mist in Karachi, said, "This inflation is killing thousands of households and there is no outpe for

households and there is no quick fix. The biggest problem is our rulers expect the common man to make sacrifices but are sim-ply unwilling to take and implement real austerity meas-ures." ures



the military as the first step towards a political agreement and the restoration of a

# People and injuring over 500. "The legal proceedings related to this tragic incident are being





### Union Law Minister inaugurates LADC facility at Court Complex, Budgam SAYS J&K PEOPLE ARE OVERWHELMING, HAVE FULL FAITH IN JUSTICE DELIVERY SYSTEM

JI NEWS SERVICE BUDGAM, APRIL 09: Union BUDGAM, APRIL 09: Union Minister for Law and Justice, Kiren Rijiju, in presence of Chief Justice of High Court of J&K and Ladakh, Justice N Kotiswar Singh and Justice Tashi Rabstan, Executive Chairman JKLSA tedau inauverated the office of today inaugurated the office of Legal Aid Defense Counsel at ADR Centre in District Court

Complex, Budgam. Union Minister also presided Union Minister also presided over an awareness programme on Legal Assistance at Pre-arrest, Arrest and Remand Stage on the occasion. In his presidential address, Union Minister said that the Legal Aid Defrase Counsel sys-tem would be fruitful in helping the marcinalized sections of

the marginalized sections of society, who have no access to society, who have no access to justice. He emphasized the importance of such awareness programmes in providing Legal Assistance at Pre-arrest, Arrest and Remand Stage to the down trodden people of the society, thereby giving a meaning to access to instrice access to justice

Appreciating people of Jammu and Kashmir as hearty

JI NEWS SERVICE

PATNITOP, APRIL 9: Secretary, Tourism, Dr Syed Abid Rasheed Shah,

reviewed tourism scenario of Patnitop in an interac-tive session held with rep-

resentatives of Panchayati

Raj Institutions, Tour Travel Operators, Hotel Associations and officials

Associations and officials of Patnitop Development Authority here today. Chairing the session, Secretary said that PDA jurisdiction is a prime and

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Union Law Minister said they have full faith in Justice delivery system. "Kashmir is a paradise on earth, and people here are so privileged to live bissfully in this heaven", he maintained. Lauding the role of J&K Legal Services Authority, Union Minister said that the institute is ensuring delivery of iustice in

only be upheld but also promot-ed. Union Minister emphasized on empowerment of citizens with legal Literacy saying that PLVs are playing important role is beider the one between either ensuring delivery of justice in an efficient and competent manner across the UT. er across the UT. in bridging the gap between cit-Rijiju said that objective of izens and legal aid providers

Secretary holds interactive session with stakeholders

regarding tourism scenario of Patnitop

nitia-

be done to not only sustain

be done to not only sustain that position, but keep on improving it and realize the dream of making it a world class destination with the coordinated efforts of all stakeholders and the concerned depart-ments he eaid

ments, he said. The stakeholders voiced

their concerns, sugges-tions and long pending grievances regarding

tions and long pending grievances regarding water availability, power, road connectivity, road widening, maintenance of gardens, registration of

all season destination of

J&K which witness annual footfall of lakhs of tourists.

footfall of lakhs of tourists. He appreciated the efforts of PDA for overall devel-opment and promotion of tourism in its jurisdiction. In this regard, he specifi-cally, appreciated initia.

cally appreciated initia tives like sustained inno

vative tourism campaign, significant national and

international outreach

programmes and creation of tourism infrastructure

Station No. 60).

However, a lot needs to

through Nyaya Bandhu and

through Nyaya Bandhu and Tele-Law Services by both Offline and digital services. He emphasized that Nyaya Bandhu and Tele-Law Services are instrumental in providing legal aid to the deserving. Riji usaid that doors of justice are open to all without any dis-crimination of rich and poor and it is being ensured that no guilty is spared. He added that Union Government has taken various initiatives to reduce the pendency of cases in all courts pendency of cases in all courts nsuring prompt justice deliv-

ensuring prompt justice deliv-ery. He said measures have been taken to ensure citizens includ-ing those living in remotest areas of the country have easy access to justice N, kotiswar Singh, Speaking on the occasion, Chief Justice N. Kotiswar Singh, in his key note address stressed

people about their legal rights and easy access to the justice delivery system. He said that constitutional rights should not only be upheld but also promot-ed in his key note address stressed to make the judicial system to make the judicial system accessible to every citizen, so that the judiciary comes up to the expectations of the litigants. Chief Justice urged upon the people to avail the services of legal aid in most efficient man-ver

hotels with Industries and

Commerce Department, among others. Dr Shah assured them of

an appropriate action regarding redressal of their issues.

Also, present in the

interactive session were Parkash Chand, Chairman

BDC Chenani, Thakur Sher Singh, CEO PDA, Kushal Magotra, President

Patnitop Hotels, Restau-rants and Bar Association

and others

He also enlightened the gathering about the sanctity of the preamble of the Constitution of

Legal Services Authority, Justice Tashi Rabstan, also threw light on the importance of such aids for having an access to justice for the people who actually need it.

tioning of the Legal Aid Defense Counsels and asked the selected counsels to work for the people who by reason of economic or any other disadvantageous position are not able to have their grievances redressed. Justice Sindhu Sharma, Justice

### Special camp held at Pune for enrollment of migrants in electoral rolls

JI NEWS SERVICE

JAMMU, APRIL 9: On the directions of Chief Electoral Officer, J&K, P K Pole, special camps are being held for enrollment of migrants in the electoral rolls and create voter awareness among the people regarding electoral process. The aim of holding such camps is to reach out to young people to enroll them as voters. These camps are receiving overwhelming response which is extremely encouraging, and many people have applied for voter registration, as part of the special summary revision. immary revision

One such camp has been held in Pune Maharashtra, where a large number of people have availed the facility and registered themselves as

availed une term, " migrant voters." The people have appreciated this significant move of Election Commission.

educate the public and eligible youth about the ongoing revi-sion and focus on registering all eligible votres. They were also asked to update voter informa-tion, including deletions, correc-tions and Aadhaar number seeding, and to identify PwD and 80+ year voters. BLOs were instructed to ensure that their polling stations have Assured Minimum Facilities (AMF) such as drink-

Facilities (AMF) such as drink-

ing water, electrici lets and furniture.

electricity, ramps, toi-

### SPECIAL SUMMARY REVISION -2023 DEO Ramban inspects polling stations

### JI NEWS SERVICE

RAMBAN, APRIL 09: District Election Officer, Ramban Mussarat Islam visited various polling stations in Ramban district to oversee the ongoing Special Summary Revision dur-

Special Summary Revision dur-ing special camps. Among others, the District Election Officer was accompa-nied by Deputy District Election Officer Lal Chand; Electoral Registration Officer, Gias-ul-Haq and Assistant Electoral



The transportation system put

The DEO enquired about the pace of electoral roll updates from Booth Level Officers (BLOs). BLOs were instructed to

### 100 Trucks flagged-off to facilitate migratory tribal population

JAMMU, APRIL 9: In a significant development the Tribal Affairs Department today flagged off a fleet of 100 trucks for transporta-tion of livestock and families of migratory tribal population from various districts to the highland

pastures. In line with the announcement made by the Lieutenant Governor Shri Manoj Sinha for various trib-al welfare measures the depart-ment initiated a special project for transhumant support system including transit accommodations and transport facilities for migra-ture populations. tory population.

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Th se trucks have been pro-by the Tribal Affairs These trucks have been pro-cured by the Tribal Affairs Department through J&K Road Transport Corporation. Pertinent to mention here during last year the transport facility was provid-ed to the transhumant population to and fro thereby mitigating the hardships faced by the migratory people through biphyaves people through highways.



The J&K Government had earli-er announced the provision of inconvenience to the affected fam-ilies. The government took the transport/freight services decision to help the migratory for tribals and to minimise frequent traffic jamming on Srinagar -Jammu Highway and the Mughal migratory tribal population dur-ing annual migration to highland ing annual migration to highland pastures. There was persistent demand from the migratory tribal community that they face lot of hardships during migration due to traffic jam and other hin-drances and to make their journey smoother they should be provid-ed some transportation mode. It was observed that occasionally due to harsh weather conditions Jammu Highway and the Mughal Road. According to official figures more than 16,000 migratory tribal families were benefitted during the last year after spending sum-mer months in Kashmir pastures and brought back in the trucks to hair destination in various distheir destination in various dis-tricts of Jammu division. due to harsh weather conditions there was loss of livestock and other damages causing lot of in place by the Tribal Affairs Department has reduced the trav-

el time from 20-30 days on-foot to 1-2 days while it has also helped in smooth traffic management. These trucks have been deployed both on National Highway-44 and Mughal Road. More number of trucks are being inducted this year by the department to ensure coverage of 100% families. Dr. Shahid upbal

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ering about the sanctity of the preamble of the Constitution of India, which provides access to justice for all especially the mar-ginalized section of society and hat too free of cost. He further emphasized that Legal Services Authorities are playing role of a bridge between judiciary and various other departments. Executive Chairman, J&K Leval Services Authority. Justice

He also elucidated the func-

Justice sindhu Sharma, Justice Sanjay Dhar, Justice Puneet Gupta, Justice Mohammad Akram Chowdhary, Justice Moksha Khajuria Kazmi, Deputy Commissioner Budgam and other district officers were present on the occasion.

JAMMU, APRIL 09: Sh Devender Singh Rana, former Legislator and Senior BJP leader called on Lieutenant

Legislator and Senior BJP leader called on Lieutenant Governor Shri Manoj Sinha at Raj Bhavan, today. Sh Rana discussed with the LI Governor several issues of public importance and also gave his inputs on upcoming G20 meet in Srinagar. Sh Rana also expressed gratitude to the LI Governor for the support and guidance in organizing the Yatra on the Pracheen Mata Vaishno Devi Ji Shrine route. The LI Governor assured the former legislator of appro-priate action on the genuine matters put forth by him.

DC Doda chairs meeting on PMAY (G) Interacts with beneficiaries, appellants

JI NEWS SERVICE

DODA, APRIL 09: Deputy Commissioner, Vishesh Mahajan, chaired a meeting of the District Level Appellate Committee members for the Pradhan Mantri Awaas Yojana (PMAY) Gramin. A virtual interaction was also held with PMAY (G) beneficiaries and appellants to listen near with PWAY (G) beneficiaries and appellants to insten-to their grievances. The Committee accepted the recom-mendations of Block and Panchayat level verification com-mittees to delete 2322 ineligible cases from the permanent wait list of 21421 beneficiaries under PMAY (G) in the dis-trict. The Deputy Commissioner instructed officials to check and verify all cases properly for sanctioning, strictly following PMAY (G) guidelines.

PLOTS FOR SALE ADJOINING TO NARYANA HOSPITAL KARKYAL KATRA VAISHNO DEVI ROAD AT AFFORDABLE PRICE CONTACT NO.: 7051133983. 9149762482, 7051921375

el time from 20-30 davs on-foot to

coverage of 100% families. Dr. Shahid Iqbal Choudhary, Secretary, Tribal Affairs Department informed that Lieutenant Governor Shri Manoj Sinha has committed to provide transportation support/transit facilities to the migratory tribal population. Directions were also issued by the Chief Secretary Dr Arun Kumar Mehta to ensure sat-uration in transport facilities and uration in transport facilities and to cover 100% migratory population on National Highway and

tion on National righway and Mughal Road. Further, he said that required funds are also being released in favour of J&K Road Transport Corporation for procurement of trucks to provide transportation facilities to the migratory tribal



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### **CMD SIDBI calls on Lt Governor** Manoj Sinha to discuss potential development initiatives in J&K JI NEWS SERVICE

SRINAGAR APRIL 09: Sh Sivasubramanian Ramann, Chairman & Managing Director (CMD), Small Industries Development Bank of India (SIDBI) called on the Lieutenant Governor Shri Manoj Sinha at Raj Bhawan, today

today. The CMD briefed the Lt Governor about various initia-tives of SIDBI as a part of the SIDBI Cluster Development Fund (SCDF) to promote and strengthen Micro, Small and Medium Enterprises (MSMEs) in Kashmir Division. He also discussed support from SIDBI in promoting local enterpreneurship through skill development and capacity building.

Former Legislator calls on Lt Governor



JI NEWS SERVICE

C M Y B