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Mother, 4-vr-old son burnt alive after LPG cylinder catches fire and explodes

POONCH, NOV 24: A mother and her minor son were burnt alive after an LPG cylinder caught fire and exploded in Jammu and Kashmir's Poonch dis-trict on Thursday, officials

said.
The incident occurred in Chandimarh village of the Surankote subdivision.
The deceased were identified as Hamida Begum (40)

and Aqib Ahmed (4), police

Three other family mem bers, including the decease woman's husband and tw children, narrowly escaped
Contd On Page-4...

Militant Funding Case: SIA Kashmir Conducts Multiple Raids in J&K

AGENCY

SRINAGAR, NOV 24: State Investigation Agency Kashmir on Thursday car-ried multiple raids across J&K in connection with mil-itant funding case.

Official sources said that SIA conducted raids at Bandipora, Kupwara Anantnag, Srinagar and

Till this report was being filed there was no report of Contd On Page-4...

Pak Drone-dropped Package Seized In Jammu's Samba; IED, Arms & Cash Recovered

AGENCY

JAMMU, Nov 24: The Jammu and Kashmir police along with the special operations group recovered one suspicious package on Thursday, November 24, in the field near Chhani Manhasan in the Vijaypu area of I&K's Samba. U area of J&K's Samba. Upon inspection, the J&K police recovered arms and ammu-nition along with a wad of cash from the package which was dropped by a Pakistani drone from across the border.

the border.

Notably, following reliable input, J&K police spotted a package in the field in Jammu's Samba in the early hours of Thursday. After cetting the information.

getting the information

Contd On Page-4...

Situation in Jammu and Kashmir has improved in past 2-3 years: Muzaffar Baig

AGENCY

SRINAGAR, NOV 24: SRINAGAR, NOV 24: Former Jammu and Kashmir deputy chief min-ister Muzaffar Hussain Baig on Thursday said the situa-tion in the union territory has improved in the past two to three years and good work has been done on the development front as well

Baig, who quit the Mehbooba Mufti-led PDP

Mehbooba Mutti-led PIDF in 2020 after nearly 20 years, also said peace in the region was in the interest of both Pakistan and India. "I don't think there is as much instability in Jammu and Kashmir as is being projected in the past two to projected. In the past two to

Contd On Page-4...

BIP committed to bring UCC but only after following all democratic process: Amit Shah

NEW DELHI, NOV 24: Union Home Minister Amit Shah on Thursday said the BJP is committed to bring Uniform Civil Code (UCC) in the country but only after follow-ing all democratic processes and ssions on it.

discussions on it.

Addressing an event here, he also exuded confidence in BJP's victory in the Himachal Pradesh and Gujarat assembly elections as also in the MCD (Municipal Corporation of Delhi) polls. The home minister credited

Prime Minister Naredra Modi for making the country's politics free from the "naasur" (canker) of casteism, dynasty and appease-

'Modi ji has made country's pol tics free from casteism, dynasty and appeasement and started politics of performance. Whosoever perform, will govern the country. Whosoever puts in effort, will govern the coun-try. Those who are pro-country will



"Nobody would rule on the basis "Nobody would rule on the basis of place of one's birth or to the caste he or she belongs or how much appeasement somebody does," he said, adding that the country's people have accepted this policy of the Modi government.

Talking about the LICC Shah said.

Talking about the UCC, Shah said it has been a promise of BJP since its days of Bhartiya Jan Sangh. "Not only BJP, the Constituent

Assembly had also advised the Parliament and states that UCC should come in the country at an opportune time," he said at the

Times Now Summit on 'India: A vibrant democracy, global bright

spot'.
Shah said for any secular country, laws should not be on the basis of religion.

"If a nation and states are secular, how can laws be based on religion? For every believer, there should be

For every believer, there should be one law passed by the Parliament or the state assemblies," he said.

He, however, said that the commitment of the Constituent Assembly was forgotten over a peri-

"Except the BJP, no other party is Except the Biy. no other party is in favour of the Uniform Civil Code. They don't even speak on it. If they don't have courage, they won't oppose it. But they won't say that, ok you implement it we are with you. We are a part of a democracy. In a democracy, healthy debate is a necessity. There is a need for open and healthy debate on the is Shah said. He said in three BJP ruled states — Himachal Pradesh,

Contd On Page-4

25th National e-Governance Conference 26-27th November 2022 UT of J&K is fully committed to achieve

PM's Vision of Digital India: LG Sinha



Jammu and Kashmir in collaboration with Ministry of Electronics and Information Ministry of Electronics and Information Technology and Department of Administrative Reforms and Public Grievances is organizing 25th National e-Governance Conference on 26-27th November 2022 at Shri Mata Vaishno Devi University, Katra. The two-day conference will be attended by 1000 delegates from 28 states and 8 Union Territories and officials from Central Ministries and departments. from Central Ministries and departments. Haryana Chief Minister Shri Manohar Lal will also attend the confere November. IT Department J&K UT and Haryana's Department of Information Technology will also sign a MoU for knowl-edge sharing, idea exchange, capacity build-

ing in IT sector. Lieutenant Governor Manoj Sinha said, the National e-Governance Conference is a nentous occasion for Jammu and

- National e-Governance Conference is a momentous occasion for Jammu and Kashmir: LG
- In a short span of two years, we have taken a giant leap to create user-centr service delivery system and paperless administrative functions: LG Sinha
- Technology has redesigned the rules and procedures bringing accountability and transparency in the system and enabling us to provide services more effectively and efficiently: LG

Kashmir and furthers the vision of Digital India of Hon'ble Prime Minister Shri Narendra Modi. "In a short span of two years, we have

taken a giant leap to create user-centric servtaken a giant leap to create user-centric service delivery system and paperless administrative functions through e-Office. Technology has redesigned the rules and procedures bringing accountability and transparency in the system and enabling us to provide services more effectively and efficiently," the Lt Governor said.

The Lt Governor observed that the accelerated digital transformation and adoption of emerging technologies has helpred the

of emerging technologies has helped the administration become more open, trans-parent and develop new delivery models to ensure people can access e-Services

Contd On Page-4

Gujarat election | Dr Jitendra holds interactive meetings with medical professionals, others

of State (Independent Charge) Science & Technology; Minister of State(Independent Charge) Earth

JI NEWS SERVICE

JAMMU, NOV 24: Chief

Secretary, Dr Arun Kumar Mehta today held the 3rd

UT Level NCORD meeting

to take a comprehensive review of efforts being

ade to mitigate the men

Sciences; MoS PMO, Personnel Public Grievances, Pensions, Atomic Energy and Space, Dr Jitendra Singli held a series of interactive meetings with different professional groups o

and all the

Sayeed. Malik, who is lodged in Delhi's Tihar Jail in a terror financing case, was not produced in the court physically due to a Ministry of Home Affairs order restricting

Senior Public Prosecutor S K Bhat told

reporters, "Today, accused Yasin Malik par-ticipated in the trial through

Contd On Page-4...

Commissioners and District SPs.
Outstation based officers participated in the meeting through video conferencing. Dr Mehta impressed

spoiling the precious

Contd On Page-4..

Fight against drugs a collective task: CS

ed by ACS, Agriculture Production; ACS, Home; Principal Secretary, School Education; Divisional

Commissioners, Jammu/ Kashmir; ADGP, Kashmir/ Jammu; Secretary

Health: MD, NHM: Excise

ontroller; Zonal Dia u; SSP, ANTF

Malik appears in court through videoconferencing

in Rubaiya Sayeed kidnapping case

r: State Drug

, his meeting with the ionals of the city was • Contd On Page-4...

Threat to journalists SRINAGAR, NOV 24: In SRINAGAR, NOV 24: In view of the increasing cold conditions and freezing temperatures prevailing in the valley, the Director of School Education Kashmir Police carry out raids

at multiple locations in 3 J&K districts

SRINAGAR, NOV 24 Police on Thursday carried out raids at multiple locations in three districts of Jammu and Kashmir after ome journalists received treats online from terror

"Searches are being carried out in multiple loca-tions in Srinagar, Badgam and Pulwama districts in nnection with 'online urnalists threat' case,"

searches were undertaken following leads received during similar searches a few days ago in the same

'KashmirFight', an online Rashmirtight, an online page used by terror outfits, had released a hitlist of journalists, accusing them of working at the behest of security and intelligence agencies. At least five local have Contd On Page-4... Director School Education Kashmir in a let-

schools in phased manner from Dec 1 that the health of children our primary concern and i is proven that the children are more prone to heat loss in cold climates. Children

exposed to extreme cold for too long can get frostbite or even life threatening (DSEK) has proposed the the Government to hypothermia. ounce winter vacat The children are also at an The children are also at an increased risk of exercise induced asthma and cold exposure can cause specific acute and chronic physiological responses, the letter said. It said that acute physiological responses are physiological responses. announce winter vacation for all educational institu-tions beginning from December 1.

DSEK proposes winter vacations for

ter has proposed to the Principal Secretary nl Secretary ment of Jammu and

Postmaster General calls on LG Manoi Sinha JI NEWS SERVICE

SRINAGAR, NOV 24: Col. Vinod Kumar, Postm-aster General, Jammu Region, holding the charge of Chief Postmaster General J&K and Ladakh, met Lieutenant Governor Manoj Sinha at the Raj Bhavan here today.

The Postmaster General briefed the Lt Governo being taken to make the services effective and

Contd On Page-4...

iological responses Contd On Page-4... AC approves free of cost medicines against LSD



JI NEWS SERVICE

IAMMU, NOV 24: The Administrative Council (AC) which met here under the chairmanship of the Lieutenant Governor, Manoj Sinha, approved the

proposal for provision of free of cost medicines to Lumpy Skin Disease affect-ed Farmers of UT of J&K.

Rajeev Rai Bhatnagar,
dvisor to the Lieutenant
overnor, Dr. Arun
tumar Mehta, Chief

Secretary, J&K attended the meeting. In J&K, all the 20 dis-tricts are affected with the disease, with 56,146 cattle having contracted infec-

having contracted intec-tion till date out of which 1564 animals have died. The affected farmers are in distress due to medical expenses which ranges from Rs. 6,000 to Rs. 10,000 and accordingly, to pro-vide relief to the farmers, provision of free of cos medicin

DB accept the oral and written undertakings of the Advocates and discharge the notices of contempt issued against them

Liberation Front (JKLF) chief Yasin Malik

appeared before a special court here via videoconferencing on Thursday and cross-

examined a witness in the 1989 kidnapping of Rubaiya Sayeed, the daughter of then Union home minister Mufti Mohammad

IAMMU. NOV 24: A Division Bench of JAMMU, NOV 28: A Division Bench of Jammu & Kashmir and Ladakah High Court comprising. Chief Justice Ali Mohammad Magrey and Justice MA Chowdhary had accept the oral and written undertakings of the Advocates and discharge the notices of contempt issued against them by the Court in year. 2019 when Advocates are on indefinite

strike.

DB while disposing of the PIL, observed that appreciate the role an Advocate plays in the society. The development of Lawyers as a class of professionals can be attributed to the

need for trained persons who can form need for trained persons who can form the competent interface to facilitate the interaction between the lay persons and the judiciary. This involves providing legal advice in matters of rights, liberties or property of the client within the frame-work of legislative and legal rights, and representing the client in the event of a dis-pute before an adjudicatory

body. In fact, if law is viewed as a 'pub body. In fact, it law is viewed as a pub-lic good which is frequently technical and not self-executing, meaningful access to law requires the assistance of a Lawyer. Particularly, in most jurisdic-tions, the members of the legal profes-

pute before an adjudicatory

sion are conferred the status of privileged members of the community, and occupies an exclusive domain with the upies an excusive domain with the privilege of pleading and acting on behalf of suitors being restricted only to enrolled advocates and attor-neys. This monopolistic character of the legal profession entails certain high traditions

expected to upkeep and uphold. Therefore, the Lawyer and uphold. Inerefore, the Lawyer plays an indispensible role in the mech-anism of administration of justice. However, the Lawyer has a particularly onerous and multi-dimensional role to fulfill. The role of the Advocate requires

which its members are

a closer scrutiny. The Lawyer, as a pro-fessional, to some extent, acts on behalf of the client, and representing the client.
This is particularly relevant in an adversarial system of adjudication followed sarial system of adjudication followed by common law countries which is char-acterized by a neutral adjudicating authority, which, on the basis of the arguments and evidence placed before it, arrives at a conclusion. The role of an Advocate in an adversarial system, Advocate in an adversarial system, therefore, is to represent the case of the client before the adjudicating authority. As a professional, the functional role of an Advocate, in essence, is comparable to that of a legal technician. An Advocate is specially trained in the technical in the techni

nical profession of 'law', and with his grasp over the subject matter; professional function consists largely of providing counsel for clients about how to viding counsel for clients about how to escape or mitigate the incidence of the law's obligations, availing of the loopholes and the ambiguities of law. An Advocate is essentially an adviser to his client. The contractual arrangement creates an obligation on the part of the Advocate to offer sound legal service, and place before the Court all that can and place before the Court all that can fairly and reasonably be submitted on behalf of his client. As has been fre-quently emphasized, an Advocate also acts in the capacity of an officer of the Contd On Page-4...

PROGRESSING J&K

JAMMU | FRIDAY, NOVEMBER 25, 2022

Waste to Wealth: Dist Admin Rajouri recycles waste to save environment

recycling of waste to create manure and sell plastic for recycling is becoming very effective way of combating the immediate threat it posthe immediate threat it pos-sesses to environment as well as preventing the out-break of diseases in Sunderbani area of Rajouri

The constant piling of The constant piling of garbage and waste was a cause of concern for Suderbani administration who saw landfilling as only option, which is not environment friendly.

Sensing the gravity of the situation, the district administration. Paleurs load, but

istration Rajouri led by Vikas Kundal, immediately recognized the need for sci-entific waste disposal. The Deputy Commissioner Rajouri held regular brainstorming sessions with the Chairperson Municipal Council (MC), Sunderbani, officers of MC Sunderbani

and other councillors to come up with a solution.

After regular sessions it was decided to treat the solid waste technologically and utilise the end product as compost for agriculture

fields.

To address the issue, the Administration decided to restore the defunct Solid Waste management plant so that the waste is disposed off in environmental friend-

After restoration of plant, the uphill task for the Municipal Committee was the collection of the waste, the segregation of the waste and the transportation of the garbage to the treatment plant/Solid Waste

plant/Solid Waste Management Plant. The task was overcome by deployment of waste col-lection buses in all wards for waste collection. Special committees of the senior citizens of the concerned wards were also constituted to look after their wards for required waste collection and segregation.

The committees ensured proper cleanliness by MC workers and motivated workers and motivated public to segregate waste at home and dispose off it properly during the morn-ing in waste collection vans. The step was welcomed by the public and people

by the public, and people started to flock towards the waste vans in morning to pour the segregated waste

deployed ten people in the treatment plan who segretreatment plan who segre-gate the waste at the plant and ensure only the required waste is being poured into the plant. Importantly, only biodegradable waste is brought to the treatment facility, while the plastic

kg.

The biodegradable waste brought to the facility for further treatment is then converted into manure.

waste is being sold to the local vendors for Rs 32 per

"We are making money out of waste. Our treatment plant is operational, and produced 1600 kg of com-post till date, of which 400 post till date, of which 400 kg have been sold to agencies, farmers, and residents at Rs 12 per kg," said Executive Officer, MC Executive Sunderbani.

President MC Sunderbani President MC Sunderbani says initiative has improved the cleanliness of the city at a larger scale and we are hopeful that Subdarbani will get a better ranking this time. He is also praise for Deputy Commissioner Vikas Kundal, for extending

and defunct plant. "Waste is wealth. We are

implementing the most effective waste management model-one that is both cost-effective and prof-itable—and the district administration is working to replicate it in other municipal committees and councils throughout the district," Vikas Kundal said. The time has come for everyone to join hands and make history

join hands and make history in Rajouri, to make it the cleanest city, he added. The Deputy also high-lighted that specific steps are being taken to make Rajouri a clean and beauti ful city: MRF facilities in most of the MCs have been completed and will be com oned soor

He also said that separate and for the establishment of a solid waste management plant has been identified in other MCs of district.

Kundal also said that it is an effort of the MCs that one an etfort of the MCs that one of our MC Kalakote has received the Swachh Survakeshan Award-2022 which is testimony that we are committed to ensuring better living conditions for

Babu Rampaul asks NC cadre to launch sustained mass campaign

NC committed to fight for restoration of statehood



II NEWS SERVICE

JAMMU, NOV 23: Former Minister and President, Jammu Kashmir National Conference, Central Zone Babu Rampaul while dis cussing the current political situation with his team of situation with his team of office bearers emphasized on launching sustained campaign to reach common masses ahead of forthcom-ing Assembly elections.

ing Assembly elections. He held a threadbare dission with the party func-naries and drew a tionaries dmap for a mass contact gramme. He asked them fully gear up for sembly elections which can be announced anytime

the need to highlight the failures of current dispensation as people were facing severe hardships due to governance paralysis.

He said that growing unemployment was a mat unemployment was a mat-ter of great concern as the present regime has miser-ably failed to create job opportunities for the youth. Babu Rampaul also said that before 5th August 2019 Jammu used to be called as City of temples when peo-

Jammu used to be called as City of temples when peo-ple were getting all basic facilities like drinking water, power and clean roads. But, sadly, after August 5th 2019 Jammu city was painted as Smart City with people now facing tremendous problems with regard to drinking water supply, electricity as even roads connecting streets are in broken conditions. Instead different taxes are being imposed upon the public on the pretext of pro-

viding amenities, but there is none to listen for redressal of public grievances. Therefore, the public is appealed to apply the sagac-ity of mind before using ity of mind before using their vote in the coming assembly elections. He maintained that the

fight for restoration of state-hood to J&K shall be the foremost agenda of the

People of J&K have suffered a lot during the past three years since abolition of is fighting and will continue its fight till restoration of statehood to Jammu and

of bureaucratic rule and waiting for the popularly elected government," Babu Rampaul further said. He naintained that bureaucrat-c rule is no substitute for the popularly elected gov-

ernment.

He urged the party cadre not to waste their time and strengthen their base to defeat the nefarious designs of communal forces in the forthcoming assembly elec-

He also lauded the leader ship of Dr Farooq Abdullah and Jenab Omar Abdullah in sailing the party in the turbulent times. Later, dur-

turouent times. Later, dur-ing the meeting Satpal Sharma appointed as Zonal joint secretary. Those who attended the meeting included Dr Vikas Sharma, Adv. Rajinder Chanyal, Sham Lal Mehran, Sandesh Shan, BD Sharma, Sandesh Shan, BD Sharma B.D Dalotra, Yashpaul, Sardar Nirmal Singh, Arvind Singh Jamwal , Adv Aslam Choudhary, Satpau ary, Satpaul R Maandi, Shabotra, T.R Maandi, Surjeet Singh Sasan, Ashok Tyagi, Dr Sushi, and MK

JI NEWS SERVICE

JAMMU, NOVEMBER 24: Chief Engineer (Distribution) JPDCL Jammu Palli, Barwal, Nagri and adjoining areas shall remain affected on November 25 from 8 am to 12 noon.

Similarly, the power supply to Trikuta Nagar and its adjoining areas shall remain affected on November 26 from 9 am to 6 pm.

Irom 9 am to 6 pm.

Likewise, the power supply to
Rajinder Nagar Keran, Laxmil'Duran,
Swarn Vihar, Bharat Nagar, Ganga
Nagar, Bantalah, Radio Station, BSNL,
CRPF, Ayush Hospital and adjoining
areas shall remain affected on
November 25 from 9 am to 12 noon.
Meanwhille Chief Engineer

Meanwhile, Chief Engineer (Distribution) JPDCL Jammu has issued curtailment schedule of Jammu Province (Rural Feeder) on daily basis ccording to the curtailment schedule are areas of Jammu Province (Rural eceders) are divided into four Groups-

As per the Schedule, the power supply to the areas of Group A- including Part of Purkhoo, Mishriwala, Hari Singh Part of Purkhoo, Mishriwala, Hari Singh Gharat, Burmal, Devipur, Naiwala, Pallanwala, Panjtoot, Partwal, Sungal Balli, Nathal, Chak Bhalwal, Marzali, Sahri, Panjgran, Jagti, Thandapani, Kherain, Raipur, jagir, Sari, Bhadroad, Saroda, Rawpur, Puran Da Kotha, Akalpur, Udhaywala, Sangrampur, Lale-De Bagh, GD Goenka School, Ward No. 1, 2, 3, 4, 5,9, 10, 11, 12, 13 Khamb No. 1, 2, 3, 4, 5, 9, 10, 11, 12, 13 Knamty, Bakshi Colony, Salamechak, Kollan Kothi, Agwana, Charoi, Gharana, Gharani, Hansi, Birrla, Mohana, Bollichak, Nanowal, Biaspur Village, Kotli, Chakbulla Village, Sai Kalan, Bishnah town, KC Morh, Kheri, Koolmorh, Rathana, Arnai, Treva, Hakkal, Phalate, Phlian Mandal, Boote Chak, Ganeshuchak, Lower Gadigarh Chak, Ganeshuchak, Lower Gadigarh, Chatha Peer Baba, Khanachak, Badyal, Kullian, Mirra Sahib, Tanda, Jerada, Dug, Parhdi, Gokhla Chak, Baba Chamlyal, Pum Set, Rajwal, Kesho, Kamore Camp, Rangoor VillageAbtal, Khopari Chak, Bus Stand, Chak Manga, Kehli Mandhi, Krandi, Rakh, Pangtore, Bajinder Bud Razare, Panad Lamooda Bainglar, Bud Bazaar, Papad, Jamooda Seodha, Lower Jhalochak, Shiva Colony ooda Seodha, Lower Jhalochak, Shiva Colony, Kaluchak, Badwal, Purmandal Temple, Utterbehni-II, Gowal, Raika, Birpur Town, Ramgarh Rd, Data Talab, Dinga Amb, Gurah, Lahri Bathri, Bhaddu, Malhar, Tandi, Marta Nagrota, Bhoond, Chalog, Chadwal, Channi, Marheen, Chalog, Chadwal, Channi, Marheen, Bandhor, BSF/Pahaprur, Katal Gujrain, Mawal, Jatwal, Surrara, Saidpur, Jarmal, Budhi, Changran, Hatli-II, Kumri-Kathera, Dhama, Rajouri town, Jawaharnagar, Muradpur, Khandly, Badhoon, Rajouri Town, Choudharynar, Ghambir, GMC, Army School, Darhal Town, Topa Dadaj, Rakiban, Jabbar, Fatehpur, Thanamanadi Azamtabad, Behrote Town. Rajdhandim Shahdara Sharief, Bhattian,

Najunatum Stantudar Stantu Gambir Brahmana, Thandikassi, MES Prori, Peeri, Panihad, Kalta, Thathi, Jig, Dhuna, Kud, Old Mantalai, Samroli, Mantalai, Balota, Sia Mehri, Kishtwai Mantalai, Balota, Sia Mehri, Kishtwar Town, City-I, City-III, Shrines, City-II, Hasti, Mandal, Hidyal, Doda Town, City-I, Assar, Shiva, Pul Doda, Bharath, Mangota, Marmat Area, City-II, Koti, Ghat, Babore, Dashnan, Prabal and Hambal shall remain affected at 5 am to

8 am, 1 pm to 3 pm, 5 pm to 6.30 pm and Similarly, the power supply to the

Power shutdown

areas of Group B including Nardani, Cental Jail, Kot, Sohal Bhalwal, Kangan Morh, Kot, Barn, Seri Bhalwal, Kote Morth, Kot, Barn, Sern Bhalwal, Kote Bhalwal, Ihajiarkotli, Katra Morri, Part of Kalyanpur, Jhiri, Mandir, Panjoure, Pratap Morh, Chatha, Galwady Chak, Gajansoo, Ratanpur, Sharan, Lohrichak, Suhagni, Ward No. 1, 2, 3, 4,5, 9, 10, 11, 12, 13 Khampl, Bakshi Colony, Badyal Qazian, Tibba, Mokhe, Satuchak, Babdri, Dawcarath, Harasoer, Guiliar Bhokri, Dewangarh, Harapeer, Gujjar Bhokri, Dewangarh, Harapeer, Gujgar Basi, Jajhowal, Joda, Kalyana Village, Nikowal, Sai Border ara-Mehmoodpur, Shahpur, Majua, Salebar, Arnai, Jabowal Kotli, Barjale, Khandwala, Daily, Raipur, Phillan, Poore Chak, Mukhra, Kaaliya, Dharap, Khandwal, Baspur, Kadyal, Simbal, Chak Baldera, Swasukha, Dadval, Chak Balotra, Sowankha, Dadyal Chak Balotra, Sowankha, Dadyal, palota, Mahaal, Kalandrian, Jarah Kolian, Raji Samba, Sangwali Mandi, Hari Singh Chowk, Linik Road, Rahiyarn, Khanwal, Panjtila, Bedi, Pendhi, Pam Morth, Basi, Sultanpur, Upper Kanal, Lower Kanal, Bari Brahmana Town, Bhadori, Rajinderpura, Utterbehni, Sandi, Lovely, Barodhi, Jakh, Gurin, Kanjur, Upjh, Garh Dewal, Dhar Dungnoo, Sadrota, Raipur, Raipur, Sadrota, Raipur, Raipur, Sadrota, Raipur, Ra Khanpur, Ujh, Garh Dewal, Dhar Dungnoo, Sadrota, Raipur, Samarijanrota, Mashka, Dinga Amb, Dayalachak, Chandwal, Kotpunnu-I, Haria Chak, Industry, Rajpura, BSF-II, Kootah, Nichla, Bagthali, Airwan, Barwal, Nanan, Janglote-II, Lakhanpur Village, Juthana, Bhimber Gali, Dhargloon, DD, MES, Mendhar Town, Dharna, Kotan, Ari, Kalakote Town Dharna, Kotan, Art, Kalakote Iown, Tatapani, Baragoa, Air Force, PHE, JK Mineral, Sterlite Tower, ITSC, Mogla, Metka, Hari, Chuma, Gallan, Sial-Sui, Balli Bhawan, Solki, Panar, Brevi Arthma, PHE, Dhangri, Argi, Dhanwan, Kallar, Androla, Kardenu, Loorkot, Chingus, Chatyari, bagla, Madyla, Treru, Khawas, Doongi, Agrati, Chatyari, Keri, Challas, Shahpur, Rattal, Bagla, Sunderbani town, Thandapani ambla, Makol Nalla, BSF, Marchola Bhambla, Makol Nalla, BSF, Marchola, Hathal, Langer, Devak, Banpuri, Malla, CRPF, Loudhra, Gamdh Top, Kothi, Ghordi, Serbella, Katwalt, Birnoo, Kulwanta, Kuh, Pochal, Galhar, Bhattan, Gulabgarh, Sohal, Palmar, Thakrai, Dacchan, Mandir/Bhawan, Huller/Pohi, Cherhar, Dool, Atholi, Machail, Chatroo, Kuriy, Ikhala and Kuntwara shall remain affected at 5 am to 8 am, 1 pm to 3 pm, 5 pm to 6.30 pm and 8 pm to 9.30 pm.

Likewise, the power supply to the areas of Group C including Bawa Da Talab, Shamachak, part of Mishriwala, Jourian, Troti, Muthi, Pahariwala, Jourian, Troti, Muthi, Pahariwala, Thanger, Kaleeth, Maira Mandrian, Thather, Pooja Colony, Nardami, Keeran, Jindrah, Palasri, Surinsar, Klara, Lalyal, Jaswan, Burj Mandir, Badyal, Paryal, Dian Chak, Chak Lal Din, Malhori Jaggir, Kupar, Chak Bjalta, Ban Reistle, Sedderer, Chausa, Mosh Bajalta, Sunderpur, Chowana Morh, Chowalla, Salamechak, Kollan Kothi, R. S. Pura town, Satriys, Satowali, Dhoana Tibba, Burajal, Nikowal, Sarore, Rehal Tibba, Burajal, Nikowal, Sarore, Rehal, Khour, Jindermella, Allah, Old Amai, Hakkal, Chatha, Sohajne, Nai Basti, Elora, Sum Toph, Upper Gadigarh, Old Satwari, Kand, Abdullian New, Abdullian, Simbal, Kotli, Darsopur, Ranjit Singh Pura, Bhadurpur, Shibuchak, Khandpur, Pakhri, Baroka, Gangari Bhisiri Nanga, Pangon Chak, SM Gagyal Bajarti, Nanga, Pango Chak, SM Pura, Bakha Chak, Samdu, Kandrial, Pura, Bakha Chak, Samdu, Kandrial, Bus Stand, Budwali, Supwal, Badiyan, Kangwala, Kullian, Sinki, Balode, Mananu, Bijrani PHE, Meen, Paati, Purmandal, Mandal, Sarore, Raika, Birpur, Katli, Luderah, Mandli, Malad Marhoon, Lahri Kudhetar, Mahanpur, Sander, Dhaggar, Jandi, Rajbagh,

BSF/Marheen, Paharpur, Mukandpur, BSF/Marheen, Paharpur, Mukandpur, BSF/ Sherpur, BSF-I, PHEF, Chagwal, Janglote (civil), Nagri Khakyal, Bakhta, Jakhbar Old, Keerain Gandyal, Sahar-Logate, Kangri, Syal, Seri, Kalal, Bajabain, DD, Siot, Bakhar, Lamberi, Dandesar, Nowshera town, Jaba, Dabbar, Kheri, Dharat, Gagrote, AlR, PHE, Nonial, Kanara, Berra, Bhajnowa, Manpur, Charyalla, Chowk, Hundal, Kalasin Langer, Dhanaka, Bhayani, Manpur, Charyalla, Chowk, Hundal, Kalsain, Langer, Dhanaka, Bhawani, Jhanger, Qila Darhal, Anrooth, Raijpur, Kamilla, Bhatta, Rajal, Bagnoti, Dandesar, Garan, Dhallian, Narian, Laroka, Kampla, Lam Pukherni, Draba, Fazalabad, Bufilaz, Chandimarh, Surankote Town, Potha, Sangal, MES, Air Force, Loran, Piera, Sagyote, Bhata Durian, Nar Harni, Kangra, Gultha, Meballa, Leitabil, Prenagara, Batoli, Durian, Nar Harmi, Kangga, Culina Mohalla, Jethali, Prenagar, Batoli, Shungni, Chansar, Dadkai, Thathri, Sarore, Changa, Dosa, Gundana, Kashtigarh, Bhella, Chirala, Jakyas, Chanyas, Rajpura, Kahara, Jagalwar, Soti Dhara, Malwana, Bhagwah and Sazan shall remain affected at 8 am to 11 am. 3 pm to 5 pm. 6 30 mm to 8 pm and am, 3 pm to 5 pm, 6.30 pm to 8 pm and

am, 3 pm to 5 pm, 6.30 pm to 8 pm and 9.30 pm to 11 pm. Similarly, the power supply to the areas of Group D including GREF. Part of Gumpur, Sua No-1 Batera, Chak Malal, Jogwan, Batta, Chowki Choura, Khour, Gigrial, Rajpura, Gharata, Shoa, Sobka, Sukha Grand, Ranjan, Ghour, Dansal, Sada, Bassoo, Palli, Katal Battal, Dansal, Sada, Bassoo, Palli, Akalpur, Lithanural, Sada, Bassoo, Palli, Lithanural, Sada, Bassoo Dansal, Sada, Basoo, Palli, Akalpur, Lide-Da-Bagh, GD Goenka School, Gallore, Karloop, Malhori Jaggir, Tootan Ki Khui, Khana Shargar, Chak, Gondla, Kharian, Dablehar, RS Pura Town, Falora, Sarayi, Gulabgarh, Kalyan, Suchetgarh, Goda Bansa, Devigarh, Deoli, Pandori, Makhapur, Suhagpur, Changla, Parladhpur, Ganduchak, Khalwal, Makwal Camp, Gujiar Basti, BSF, Indra Nagar, Bhour Camp, Korotona, BSF, Simbal B, Kotli, Tandi, New Nandpur, Khour, Chak, Shera, New Nandpur, Khour, Chak Shera, Kathar, Pindi Camp, Purni Pindi, Pump Set, Trandian, Randma, Ramsool Dera, Katli, Diyani, PHE, Raipur, Manore, Mawa, Jalapur, Sumb, Dabri, Kothi Morh, Kanahi, Smailpur, Raya, Gurah, Jogpur, Birpur Village, Tarapur, Bandral, Gudwal, Karalian, JNV, Bandral, Gudwal, Karalian, JNV, Bhandar, Kootah, Chakra, Gair, Bobiya, Kotpunne-II, Sherpur, Sanoora, Ghagwal, Saida, Ludan Chak, Jakhbar, Logate, Barnoti, Hatli-I, Jarai, Thain, Mankote, Sakhi Maidan, Uchhad, Chatral, Salwah, Kalaban, Bandechechain, Gursai, Nakamajri, Kaskote, Lasaani, Hari Marhote, Kaskote, Lasaani, Hari Marhote, Chandak, Hati Budha, MEs, Mandi, Sathra, Saikloo, Swajian, Bedar, Gagrian, Poonch Town, Sahapur Radio Station, MES, Jullas, Mangnar, KG, Gulpur, Ajote, Degwar, Chackan Da Bagh, Upper KG, MES Kalika, Bashat, Mall Road, Poonch House, Pardi, Khoon, Thail and Bhaderwah Town shall remain affected at 8 am to 11 am, 3 pm to 5 pm, 6.30 pm to 8 pm and 9.30

pm to 11 pm.

However the timings of the Groups

A&B and Groups C&D shall be interchanged on alternate days.

Meanwhile, the power supply Industrial Area under Feeder-3 sl remain affected on November 25 from 8 am to 12 noon.

am to 12 noon.

Similarly, the power supply to Industrial Area under Feeder-2 shall remain affected on November 27 from 8 am to 12 noon.

Likewise, the power supply to Industrial Area under Feeder-4 and Dath and the control of the

Rakh shall remain affected on November 29 from 8 am to 12 noon.

Roll back additional formalities for pensioners, hike in power tariff to ease people's problems: Ajaz Jan

JI NEWS SERVICE

UDHAMPUR, NOV 23: Provincial President Youth National Conference Jammu and former MLA Poonch Aiaz Jammu and former MI.A Poonch Ajaz Jan expressed great disappointment against the unwieldy formalities intro-duced by the J&K government, mak-ing the life of pensioners a virtual hell. In a statement issued here today, the

former MLA castigated the ruling Government at the centre stating that the hollow policies of government have only resulted in increasing the have only resulted in increasing the sufferings of the people manifold. He resented the order issued by the gov-ernment adding needless formalities in the verification of pension holders due to which this hapless section have to move from post to pillar to get the perks which are part of their genuine

He said instead of enhancing their income government making their life

ore trouble by adding such unwant-

The former MLA also condemned The former MLA asso condemned the government for raising power tariff at this juncture when people are facing brunt of the highest ever inflation.
He said the administration has shown no interest towards addressing problems of people living in rural areas as
facing shortage of basic amenities has
become part and parcel of their lives.

become part and parcel of their lives. The senior NC leader said that The senior N. leader said that instead of providing basic amenities to the people of Jammu and Kashmir the present regime has miscrably failed to stand on the aspirations of the state. He demanded that government should immediately roll back its decision of additional formalities for verification of pensioners and like in fication of pensioners and hike in power tariff to ease the people's prob-lems.

Jan asserted that the Jammu and

Kashmir is passing through a difficult phase and need of the time is to strengthen the hands of Dr. Farooq Abdullah and Omar Abdullah to stee it to peace, progress and development. He said that the National Conference was the real secular and democratic political party which represented the urges and aspirations of the people of stwhile state.

He said the people having vested interests did not want the National Conference to raise the socio-political issues of people in the highest corri-

issues of people in the nignest corri-dors of power.

"Dr. Farooq Abdullah is the only leader in J&K who is fighting for the rights of the people. People have understood the motive of BJP to grab power on false narratives and do noth ing for the common man as is proved by the Centre's indifferent auto-towards people's miseries," he said. the Centre's indifferent attitude

Sham Sharma, Devender Rana, Rekha Mahajan listen to public grievances

JI NEWS SERVICE JAMMU, NOV 24: J&K BJF Vice-President & former Minister Sham Lal Sharma Minister Sham Lal Sharma, former-MLA Devender Singh Rana and BJP Secretary Rekha Mahajan, listened to the grievances of a large number of people belonging to different areas of Jammu & Kashmir at party headquarter, Trikuta Nagar, Jammu.

Individuals Deputations of people from various areas of Jammu & Kashmir had reached Trikuta Nagar office to meet these leaders with their grievances. They narrated their woes and sought kind intervention of the party leaders to get their problems solved.

A deputation raised the



Doordarshan on satellite which was immediately which was immediately taken up with the Union Information & broadcasting Minister Anurag Thakur. Other issues were related to the departments like PHE,

PDD etc.
Sham Lal Sharma, Devinder Rana and Rekha Mahajan gave patient hear-ings to the problems of the people, which were taken up with the concerned offi-cials of the departments stressing for early resolution so that the people are not made to suffer.
Sham Lal Sharma said that people in large number

visit the BJP office with a strong belief that BJP dedicatedly serves the nation. society and common people with a clear heart and soul, which has led to the ever increasing love and faith of people for the party

Devinder Rana said that people present their prob-lems before the senior party leaders and the BJP leaders address their problems by

taking immediate steps. Rekha Mahajan coordinated and recorded all the grievances presented by the visiting people and deputa-

Div Com Jammu reviews implementation of PMAY-Urban scheme in districts

Directs DCs to take strict action against low performing EOs, complete targets within set timelines

and review the sub-scheme with concerned ULBs and

Cluster Heads/ Bank Branch heads for monitoring

of disbursement of loan to beneficiaries. He also stressed on easing the bank formalities so that benefici-

aries do not face inconven-

ience while applying for the

The Div Com stressed

upon the concerned officers

upon the concerned officers to expedite the process, resolve all the minor bottle-necks so that the mission-housing for all could be achieved in the districts of division well in time. He

directed the concerned offi-

cers to work with full dedi-

cation and utmost zeal for completion of the mission.

He directed the offi-cers to look into the matters

hampering timely payments of installments to the benefi-

ciaries. The Div Com asked

MD Housing Board and Director ULB to conduct vis-

its in the districts, review the implementation on the ground and take innovative measures to achieve the

desired targets in a time-



IAMMU. JAMMU, NOV 24: Divisional Commissioner

Jammu, Ramesh Kumar on Thursday chaired a meeting of Deputy Commissioners and officers of Housing and Urban Development depart ment to review the imple-mentation of Pradhan Mantri Awas Yojna-Urban (PMAY-U) in the districts of

the division.

The meeting was attended by Deputy Commissioner Samba, Anuradha Gupta; MD J&K Housing Board, Dr Shabir Hussain; Director Urban Local Bodies, Puneet Sharma; Joint Commissioner. Sharma; Joint Commissioner JMC, Chief Manager J&K JMC, Chief Manager J&K Bank. The Deputy Commissioners of Jammu division along-with other Enforcement officers, con-sultants and concerned offi-cers attended the meeting through video conferencing

Pradhan Mantri Awas Yojana - Urban (PMAY-U), a Yojana - Urban (PMAY-U), a flagship Housing scheme for Poor launched by the Ministry of Housing and Urban Affairs (MoHUA) is being implemented in UT of Jammu and Kashmir by the Housing and Urban Development Department. The Mission aims to address The Mission aims to address the urban housing shortage among the Economically Weaker Section (EWS) / Low Income Group (LIG) and Middle-Income group (MIG) including the slum dwellers by providing a dwellers by providing a pucca house to all eligible urban households.

MD J&K Housing Board gave a detailed powerpoint presentation and informed the meeting about the current status and the phase wise progress of PMAY Urban Mission in the dis-tricts of Jammu division. He informed that a total of 18590 beneficiaries have been identified, out of which, 17896 houses have been geo-tagged and 4880 houses have been completed in the division, while work on around 7000 houses was in progress and at different of construction.

The Div Com, who is also the Chairman of Divisional level Committee, tool strong note of slow progress in some districts and direct ed the DCs to closely monitor the implementation of the scheme in their respective districts and hold regutive districts and hold regu-lar review meetings. He also instructed them to give tar-gets to EOs for completion of the remaining houses to ensure completion within the fixed timeline. The Div Compared inserted DCs to Com also directed DCs to take strict actions against the

low performing EOs. Further, It was informed that the H&UDD, in view of that the H&ODD, if view of the hardships being faced by the beneficiaries in arrang-ing money for starting con-struction of Dwelling Units, approved grant of initial assistance of 25 % of the total assistance as mobilization advance after Geo-tagging at Not-Started Level amount of Rs. 2 lac interes free loan. The interest-free loan is an additional benefit over and above the financial assistance of Rs 1.66 lakh which is already being provided to the beneficiaries under the PMAY-U for con

viewed availability and rogress on establishment of directed the concerned DCs to resolve land issues, if any and handover the identified land to Urban Local Bodies for smooth execution of work on establishment of Solid Waste Management

The Commissioners were direct ed to regularly review the Door to Door collections in their respective districts and also monitor the progress of work on STPs.

Earlier, in another meet-ing the Div Com reviewed the issues of Association for welfare of senior citizens and J&K Ex Services League

and J&K Ex Services League regarding Kargil Bihar and Rajinder Bihar colonies. The representatives of the league projected issues regarding allotted land. It was informed that the land demarcation is pending at these locations

these locations.

Responding to the issues, the Div Com asked Deputy Commissioner Jammu and Samba to constitute a committee comprising ACR and officers of JDA and look into the matter and resolve the the matter and resolve the

land issues. The Div Com listened to the issues of Association for welfare of senior citizens and asked DG Social Welfare to hold a meeting with the association and resolve the issues.

Dulhasti Power Station organizes awareness rally under communal harmony week

NEWS SERVICE

JAMMU, NOV 25: Dulhasti Power Station organized an JAMMU, NOV 2s: Dultasti Fower Station organized an awareness rally under the communal harmony week by the courtesy of Kendriya Vidyalaya, Kishtwar on 24.11.2022. Communal Harmony Week will be organized from 19th November till 25th November 2022. This event serves to bring together different castes, religions and sects of our country and strengthens the feeling of our national unity among all of usOn 24.11.2022, children and teachers of Kendriya Vidyalaya Kishtwar, made evergone, aware. Kendriya Vidyalaya Kishtwar made everyone aware through posters, paintings and banners etc. in the awareness rally and raised slogans related to communal unity

as the first installment and rest of

JAC met Dr. Nirmal Singh, seek withdrawal of IK Universities Bill 2022



JI NEWS SERVICE JAMMU, NOV 23: Joint Action Committee against the JK Public University Bill 2022 comprised of Jar Teachers Association (JUTA), Sher-e-Kashmir University of Agricultural Sciences & Technology - Teaching Association (SKUAST-TAJ), Jammu SKUAST-Kashmir, Non-SKUAST-Kashmir, Non-Teaching Associations of Jammu University and SKUAST-Jammu met Ex -Deputy Chief Minister, J&K Dr. Nirmal Singh at his resi-dence today in the form of

submitted a memorandum demanding withdrawal of JK public universities bill -

President SKUAST-TAI President SKUAST-TAJ
Dr. Vikas Sharma informed
Dr Singh that the provision
49 of the bill reads that all
the teachers will be considered as Public Servants,
which is contrary to the existing rules and many Supreme Court Judgments wherein it has been clearly stated that the teachers of universities are not public servants, the example is not far to seek as Jammu

University's active teacher not only contested elections but also remained Deputy Chief Minister of our erst while state

while state.

Dr Manoj Bhatt Vice
President JUTA briefed Dr.
Singh that such bill will be a
blow to University governing bodies and a great interference into the academic /
research domains of the varsities and expressed that the sities and expressed that the bill will affect the overall growth, progress / func-tioning of apex academic institutions. The JACPUB extended strong resentment for the proposed bill and

demand immediate with-drawal of the bill. After giving a patient hearing to the delegation Dr. Nirmal delegation Dr. Nirmal Singh, who himself served University of Jammu as a Professor of History and moreover, worked for the teaching community in the capacity of Secretary Jammu University Teachers' Association (JUTA), said that Universities are the sanctuaries of innovative ideas, which need special space to grow / nurture and the present bill will prove to be a death blow to the very idea of Universities. The leader ensured the JAC members that he will try his level best that this anti-var sity bill does not see the light of the day

The deputation com-prised of Dr. Rakesh Chib President JUNTEA, Sr. KD Singh President NTEA-1 whereas other office bearer of non teaching associations namely Sh Varun Dubey, Sh. Dheeraj Rajwal, Sh Arjun Jasrotia, Sh. Pankaj Gupta, Sh. Ram Singh, Sh. Kewal Kumar were also

Mirpur massacre one more blunder of Nehru: Jasrotia

II NEWS SERVICE

JAMMU, NOV 24: 5th November a black day in the history of mankind reminds us of MIRPUR massacre an ill fated day that reminds us of injustice and infringement, brutality & bloodshed. 1947 the year of our independence also witnessed partition of India & Pakistan. 35 thousand Hindu & Sikh refugees in Mirpur of today's J&K were slaughtered and women were raped The conspirators were armed Pakistan Tribals which were having the treaty of JEN & JAR in which Pakistan army & JEN & JAK in which Pakistan army & tribals that they will take the women of Mirpur & Pakistan army will take Mirpur this inhuman accord of Pakistan. Pakistan army threatened the people of Mirpur that they have to hoist green flag on their roof tops to show their consent to let Pakistan Army to make their pickets in MIRPUR. The

people of MIRPUR completely refused people of MIRPUR completely refused & didn't agree to succumb to Pakistan for strategic reasons of importance. The residents of MIRPUR had pledged to not let Pakistani invaders take over MIRPUR to their last breath but that dark period had by then claimed thou-sands of killings. The dance of death continued & by afternoon 18000 people were slaughtered in most barbaric way of the human history by Pak army &

On the north side of Mirpur wen On the north side of Mirpur were Gurudwara Damdama Sahib & Sanatan Dharma Temple. There lied a large lake & deep well in between them. In one incidence, its being said that an Arya Samaj school hostel had some 100 girl students then. The hostel superinten dent asked the girls to tie their dupattas on their head &jump into the wells and pray to god before dying that may they

the next life. On this day Pakistan army caught around five thousand Hindu girls. Many of these were raped, exploited and later sold in Pakistan, Afghanistan & Arab countries

Indian army was stopped just 20 miles from Mirpur by Nehru & were not allowed to enter into MIRPUR which led to all these killing. Politics was played on the dead bodies & dignity of innocents & our then prime minis ter kept on playing politics though the Maharaja Hari Singh had already signed the treaty of accession with India but Nehru let all this happen because he was never prepared to take Mirpur as he was guided by sheikh Abdullah who had no mercy for these non Kashmiri speaking people & he was not prepared to add any non Kashmiri speaking areas & today POJK is result of that...

Demanding of money by University official

Anticorruption Court reject the closure report of of VOJ, directs further investgation

JNF NEWS AGENCY

JAMMU, NOV 24: Special Judge Anticorruption Jammu Tahi Anticorruption Jammu Tahir Khurshid Raina today rejected the closure report of Vigilance Organization Jammu (now ACB) in FIR No. 04/2007 P/S VOJ, for offences u/s 5(2) PC Act 2006 BK r/w Sec 161 RPC.

Special Judge Anticorruption mmu Tahir Khurshid Raina while rejecting the closure report, directed SSP, Vigilance Organization, Jammu. ACB - Jammu, to go for further investigation into the case and submit the report within two months.

While rejecting the closure report, Court observed that On 12-05-2008, the Vigilance Organization, Jammu (VOJ) preorganization, Janimu (vo)) pie-sented a closure report in terms of Sec. 173(3) CrPC in case FIR No. 04/2007 Police Station, VOJ titled State Vs Dr. Falendra K. Sudan. As per the said report prepared by SSP VOJ, Jammu, prepared by SSP VOJ, Jammu, the case was "NOT PROVED" against the accused. This court, while concurring with the find-ings of the VOJ, accepted the clo-sure report and ordered the case to be closed as "NOT PROVED". to be closed as "NOI PROVEL's as recorded in the order of this court dated 17-05-2008. Feeling aggrieved of this order, the complainant in the case challenged the same before the High Court at Jammu. The Horble High Court vide its order dated 15-02 2022, passed in CRMC No. 391 of 2016 (O&M) titled Dr. Rajni

set aside the order with the following observations that "For the foregoing discussion, it is clear that the order impugned passed by the learned Special Judge Anti Corruption, Jammu is not sustainable in law, as such, the same is set aside. The Special Judge is directed to accord consideration to the closure report filed by the Vigilance Organization in FIR No. 04 2007 afresh after affording an opportunity of hearing to the petitioner." wing observations that "For the petitioner"

petitioner. Court further observed that pursuant to the said direction of the High Court, the complainant was put on notice to appear before this court in the case at before this court in the case at hand. Finally, she appeared before the court on 03-07-2022 and her statement with regard to the closure report was recorded and in her statement so recorded she has once again reiterated her stand and revealed at length all those facts whereby she demanded Rs. 20,000/- by her demanded Rs. 20,000/- by her supervisor, the accused herein, for meeting the expenses of the visit of the external expert for conducting her viva and also to present gift to him as stated by the accused to her as a part of the the accused to her as a part of the tradition in the Jammu University to be followed. However, there was no such rule or written order of the university in this regard. That as she belonged to financially low profile family, it was difficult for her to arrange the entire amount instantly. Therefore, she ed the accused to take R ed to take Rs. 5000/-

Rs. 15,000/- to be paid well before the viva. That he agreed to the same. That she brought this matter in the notice of the Vigilance Organization, Jammu, which gave her a diary contain ing audio recorder for recording ing audio recorder for recording this whole deal wherein the accused agreed to take first installment of Rs. 5000/-. She did the same and got the whole con-versation recorded between him and her regarding the said mode of payment. Thereafter, as per the deal she carried the said money to the office chamber of the accused and kept the same on the office table. However, as her visit was pre-planned by the VOJ, so trap team of VOJ was very much there to catch hold of the accused red handed. By the the accused red handed. By the time, team went inside Chamber of the accused, he fell on the feet of the complainant, started weeping and tendered an apolo-gy. Then they both were separately taken to the Vigilance Office where she also handed over CD of the recorded voice to the VO. That thereafter her sig-natures were taken on 2-3 blank papers. In the meanwhile the university authorities also constituted the committee in contex stituted the committee in context of conducting an enquiry in this regard. She presented the said report. However, on asking as to why she did not present said documents to the IO, she stated that for 1-2 times she went to the VOI where she was told that it was a long drawn process and she would be called when

required. Later on the accused, og with his friend Prof. Jashir Singh harassed her a lot in her pursuit of Ph.d and finally they managed the closure of this case by the VOJ. That she is not satisfied with the investigation done ned with the investigation done in the case. Special Judge Anticorruption Jammu Tahir Khurshid Raina observed that a very crucial piece of evidence, which is the part of the charge sheet is CD, based on the alleged recorded voice of the accused. It alleged by the complainant is alleged by the complainant that it contains pre-trap conver-sation between her and the accused, wherein he is demand-ing the said money for bearing expenses of the visit of expert for conducting viva of the com-plainant. Fact remains that when plainant. Fact remains that when this recording was made by the very instrument provided by the VOJ itself to the complainant, then why the IO ignored the same and did not get its veracity tested by the FSL. It was an important piece of evidence which stands ignored by the IO in formulating his opinion in the case. On my hearing, the said alleged recorded conversation between the accused and the complainant, prima facie gives an impression of arranging an impression of arranging money by the complainant on the direction of the accused for meeting the expenses of the out-side expert. Even he has said in the alleged recording that in case it was not affordable by her, he would not have fixed the date of

of the same b demand of the same by the accused on the spot where trap team entered into the office-Chamber of the accused. What a shallow understanding of the concept of "demand and acceptance" shown by the IO of the case in the closure report on the basis of which he closed the case as "NOT PROVED" against the accused. Court further observed that itis however very surprising that on one hand the IO has con cluded the case 'NOT PROVED grainst the accused and on the against the accused and on the other hand has stated that it stands established in the investi-gation that such a practice is going on in the University whereby students are being told whereby students are being for to arrange money as per their capacity for "Looking after the outsider examiner". It is observed in the report as such "...the present case is a glaring example of such a precedent where Dr. Falendra K. Sudan (Accused bergin). Reader (Accused herein), Reader department of Economics Reader. University of Jammu had asked the complainant to arrange Rs 5000/- for the said purpose... Such a contrary conclusions drawn by the author of the closure report are prima-facie unwarranted and unsustainable in the backdrop of the facts and circumstances of the case. If any illegal practice was going on in the Jammu University over the years as observed in the closure report itself, then how come the accused was allowed to go scot-free who has prima-facie made a

amazingly IO is looking for

demand of payment of Rs 20,000/- to the complainant for bearing the expenses of the visit bearing the expenses of the visit of the expert, which otherwise University has to bear it at its own. If no student till then came forward boldly to speak against this illegal practice of Guides in this illegal practice of Guides in the department, that does not mean that on account of said ille-gal and unethical practice it attained a legal status which should have influenced the SSP vigilance to conclude the case as 'NOT PROVED' against the accused. Court further observed that what is the message given by the VOJ to a bonafide student who raised the voice against this illegal and unethical act commitinegal and unemical act commit-ted by her supervisor in the department, compelled her to manage money for bearing expenses of the expert to conduct her viva for award of a Doctorate degree. Very unfortunate at the part of Jammu University where such illeral practice was going such illegal practice was going on, unnoticed of the University administration. It looks this pra tice was sustaining with the taci approval of the University administration which is quite horrendous and unacceptable In-fact a bold message In-tact a bold message was required to be given by the VOJ exposing this illegality going on in the University, which unfortu-nately got opaqued by the VOJ at the relevant times for the reasons best know to them. But passing of the time will not condone the

alleged illegality committed.

Court further observed that fact remains that the court has

not to act as the post office of the VOJ to treat their every word as a gospel truth. Though there is a symbolic band on the eyes of goddess of justice, but judge presiding over the court is not blind People have reposed their full faith in the courts as neutral institutions of administration of institutions of administration of justice and courts have to live up to this faith to their fullest. However, this court has to uphold its sanctity, majesty, faith, uprightness et al, purely and squarely by resorting to the due process of law and justice, unaffected and un-influe the judge.

Court further observed that I

do not find my self in agreemen with the conclusion drawn by the SSP, VOJ in the instant clothe SSP, VOJ in the instant clo-sure report and as put earlier, the demand or acceptance of the money by the accused should have been appreciated by the IO as put in the foregoing paras. For that to acknowledge, in life true. that to acknowledge in its true perspective, the best piece of evi-dence to corroborate this fact dence to corroborate this ract was the CD which was given to VOJ by the complainant. Had it been considered and subjected to scientific test, probably the conscientific test, probably the con-clusion drawn might have been different. With these observa-tions, Court rejected the closure report and returned to the SSP, Vigilance Organization, Jammu, (now ACB - Jammu) with a direction to go for further inves-tigation into the case and submit report within two months

FROM THE FRONT PAGE

Mother, 4-yr-old...

JAMMU | FRIDAY, NOVEMBER 25, 2022

in the blast and sub

in the blast and subsequent fire, they said. At least one dozen livestock also died in the incident, they said.

Deputy SF Surankote, Tanveer Jeelani said a major rescue operation has been launched and so far two people and twelve domesticated animals have died in the incident. (Agencies)

BIP committed...

Uttarakhand and Gujarat – a panel under the chairmanship of retired Supreme Court judge and High Court chief justices has been formed, where all

Supreme Court judge and High Court chief justices has been formed, where all groups and people of different faiths are putting forth their views.

"We will take any action on the basis of advice coming after this exercise... The BJP is committed to bring UCC but only after the conclusion of all democratic discussions," he said.

On abrogation of Article 370 in Jammu and Kashmir, Shah said many security pundits used to say that don't touch 370, it will burn your hand.

Now, Article 370 is gone and Jammu and Kashmir is prosperous and it has also helped in getting terrorism controlled in the country, he said.

"It was propagated for years that Jammu and Kashmir was a part of India because of Article 370. Now there is neither Article 370 nor 35A, yet Jammu and Kashmir is with India," Shah said.

A new democratic generation is coming up in Jammu and Kashmir where over 30,000 panches and sarpanches are percolating the democracy to grass

roots, he said.

The home minister also said Rs 56,000 crore of investment had come into Jammu and Kashmir and a record 80 lakh tourists, the highest since independence, visited the Union Territory since 2019.

"As far as terrorism is concerned, since 1990s when it started, there are lowes incidents of terrorism now. Stone pelting has completely stopped. It is zero. It is a very big development," he said.
Shah said the roots of terrorism and those harbouring it in Jammu and Kashmir are very deep but the government is committed to eradicate it com-

pletely.

"I assure you that in J-K, we won't let terrorism spread its roots and v committeed to ensure the entire J-K is terrorism free," the home minister a the home minister added Earlier, in his inaugural speech during the summit, the home minister said it was time that India's democratic values were let known to the world.

was time that India's democratic values were let known to the world.

He said the country was moving at a fast pace towards achieving the target of a USD 5 trillion economy by 2025.

"In 2014, the country had four unicorn start-ups and the number has now spiralled to over 100." Shah highlighted.

When asked about allegations of agencies like the Central Bureau of Investigation and Enforcement Directorate being misused ahead of elections, the home minister said that the federal bodies were working freely and anyone baying crite-upones can move courts. having grievances can move courts.

having grievances can move courts.

On the question of purported video of jailed AAP minister Satyendar Jain in which he is seen receiving special treatment at Tihar Prisons, Shah suggested that it should be posed to the Arvind Kejriwal-led Aam Aadmil Party to respond whether or not the video was genuine.

"If the video is genuine, the accountability lies on his party and you are asking questions from me. I had also gone to jail and resigned as minister. Such shamelessness to cling to the post of a minister even after lodged in jail is unprecedented," he said

unprecedented", he said.

unprecedented", he said.
When asked about provisions allowing the Centre to remove a minister in such a scenario, he said even the Constitution makers had perhaps not seen such

such a scenario, he said event une Constitution linaers nati pernaps not seen such things coming, and hence, there was no such provision.

On the Shraddha Walkar case, the home minister said Delhi Police and prosecution will ensure whosever killed the Z-year-old woman will get the strictest punishment in minimal possible time.

UT of J&K ... conveniently. He said, Jammu & Kashmir Union Territory has recorded more than 2 Crore E-Transactions in October 2022, which is significantly higher than 10.5 Lakh e-Transactions during the same period in 2021.

"e-Governance means inclusiveness, people first, strengthening trust with citescovernance means incusiveness, people irrst, strengmening trust with circuses, establishing real-time grievance redressal mechanism, bridging the digital divide, enhancing ease of doing business & ease of living and enabling the citizens to transparently provide feedback on their experience of public services. We are committed to bring benefits of digital transformation to the people and society. I am confident the two-day National e-Governance conference shall go a long way in deliberating new e-participation tools and better collaboration with people for efficient service delivery," the Lt Governor observed.

In the last two years, several e-convernance initiatives have been launched to

In the last two years, several e-governance initiatives have been launched to In the last two years, several e-governance initiatives have been launched to reach out to clitzens and bring greater efficiency and transparency in the functioning of the J&K government. The Government has recently launched the Digital Jamuan and Kashmir' programme to provide all government services in digital mode through an integrated services delivery portal. The vision is to make governance more effective, efficient and citizen-centric by harnessing the power of IT for inclusive development. The Ne5DA (National e-Governance Delivery Assessment Report) of DARPG, Gol for the year 2021 has ranked Jamua and Kashmir first amongst UTs is post in State portal and in the online services with birdsext compliance on NeSTA practices. es with highest compliance on NeSDA parameters

es with highest compliance on NeSDA parameters.

The implementation of e-office in all government offices has brought about greater efficiency in the overall working of the government in the Union Territory of Jammu and Kashmir, J&K ranks first amongst UTs in the uptake of e-office with around 330 offices on e-office and a file disposal rate of 9%. As on date, more than 300 offices have been made fully operational on e-office. The practice of 'Darbar Move' included movement of hundreds of trucks to transport the official documents and infrastructure over a distance of over 300 kms between Jammu and Srinagar and vice versa. The 149-year-old practice entailed an annual cost of around Rs. 400 croses. Ranid Assessment System of UT of oetween jammu and sa srmagar and vice Versa. In et 44-year-old practice entailed an annual cost of around Rs 400 crores. Rapid Assessment System of UT of Jammu and Kashmir ranks first amongst UTs in the RAS integration of services with 227 services integrated with RAS. The first digital online library of the Union Territory of Jammu and Kashmir has been launched. J&K Employees Performance Monitoring Portal, first of its kind introduced anywhere in India by a State or UT Government, captures the monthly work performance of the employees and officers of the Government of Jammu & Kashmir and the annaisal thereof by their respective Reporting / Controlling Officers. The UT of appraisal thereof by their respective Reporting / Controlling Officers. The UT of Jammu and Kashmir has been on-boarded on the Gati-Shakti platform of DoT, Jammu and Kashmir has been on-boarded on the Gati-Shakti platform of DoT, integration with which marks online processing of Right of Way applications. Recently Government of UT of Jammu and Kashmir has facilitated ease of accessibility of services at a single place and accordingly a portal "eUnnaf" -Unified integrated Accessible, Transparent, which is dynamic in nature.

The Conference will be inaugurated by Dr. Jitendra Singh, Union Minister of State (Independent Charge), Ministry of Science and Technology, Minister of State in the Prime Minister's Office. The Vadeictory Session, presided over by the LT Governor on 27th November will witness launch of J&K Vision Document and Jameha of J&K Cubbe Sequity policy:

and launch of J&K Cyber Security policy.

Postmaster General...

efficient. He further apprised the Lt Governor about the services being provided under the India Post Payments Bank and the release of special postal covers by the under the India Post Payments Bank and the release of special postal covers by the Department of Posts dedicated to the traditional crafts, personalities, unique flore & fauna

The Lt Governor stressed upon the need to take all requisite measures to improve the postal services in J&K, with special focus on far flung and remote areas, to ben efit the people at large.

DSEK proposes...

including shivering can reduce heat loss and increase heat production. In view of increased cold weather conditions and sub zero temperat

Kashmir division which adversely affects schooling, in such circumstances it is proposed that winter vacations for the upcoming winter may announce, the let-ter further said.

It has proposed that upto 5th standard the winter vacation may announce om December 1, 2022 to February 28th 2023, upto 8th standard from December and upto 10th standard from December 10, 2022 to February 28, 2023 respec

Kashmir valley continues to experience cold conditions with the r temperatures recorded below freezing point all across on Thursday disrupting normal activities. (AGENCIES)

AC approves....

been made to ease the financial l n of the farmers for treating the disease

Gujarat election...

the largest and longest as it was attended by nearly 1000 prominent doctors from different specialities and the meeting lasted for nearly three hours. Prior to that, the Minister held separate meetings with a group of lawyers, a group of traders as well as a group of educationists, among others.

Talking to the media on the sidelines, Dr Jitendra Singh said, during the last Gujarat election in 2017 also, he had undertaken a similar exercise with groups of Diamond merchants and Textlie industry representatives in Surat who had certain clarifications to seek about the CST which had then been recently implemented. However, he said, there is no such issue this time and it is virtually BIP mented, However, he said, there is no such issue this time and it is virtually BJP versus None in Gujarat and those who had put up some opposition against BJP in 2017 have also now joined BJP and are campaigning for Modi's policy and the

in 2017 have assortively unless by an air crampagning for whois 8 poincy and une double engine government.
Expressing confidence that this time it is going to be a record victory for BJP in Gujarat election breaking all previous records, Dr Jitendra Singh said, all the other political parties have gone into hiding and it is only BJP that is holding the

Addressing the doctors, Dr Jitendra Singh said, Prime Minister Narendra ves like Ayushm an Bharat and medical devices reforms are being cited even in other countries of the world today. He said, India has emerged as the most cost-effective healthcare destination in the world and in the years to come medical tourism is also going to contribute substantially to India's econo-

Threat to journalists...

Showkat Mota's residence in Srinagar, Khaksar Nadeeb Adnan's house in Srinagar, Haji Hayat's home in Pampore; Haji Hayat's office in Srinagar, Ishfaq Reshi's home in Badgam; Asif Dar's (based abroad) home and Saqib Magloo' place in Srinagar were among the premises searched, added the police. Earlier on November 19, in the wake of a threat to Kashmir-based journalists

by a proscribed terror outfit, Srinagar Police conducted simultaneous searches ious locations across Kashmir

at various locations across Kashmir.

The police team comprised of four to five members launched simultaneous searches at twelve locations across the valley including the houses of fugitives like Sajiad Gul, Mukhtar Baba, active terrorists of the proscribed terror outfit LeT (IRF) and other suspects in Srinagar, Anantnag and Kulgam districts.

According to police, a First Information Report (FIR) under relevant sections of law was registered in Sherghari police station against terror handlers, active terrorists and terrorist associates of Lashkar-e-Taiba (LeT) and its offshoot of The Resistance Front (TRF) for online publication and dissemination of direct threat latters to journalists and paronters of Kashmir.

Ine Kesstance Front (IKF) for online publication and dissemination of direct threat letters to journalists and reporters of Kashmir.

"The premises which were raided and searched belong to Mohd Rafi at Nigeen, Khalid Gul at Anantnag, Rashid Maqbool at Lal Bazar, Momin Gulzar at Eidgah, Basit Dar at Kulgam, Sajiad Kralyari at Rainawari, Gowhar Geelani at Soura, Qazi Shibli at Anantnag, Sajiad Sheikh @Sajiad Gul at HMT Srinagar, Mukhtar Baba at Nowgam, Waseem Khalid at Rawalpora and Adil Pandit at Khanyar Srinagar," the police said. (Agencies)

Fight against...

lives of our youth falling its victims. He asked them that the problem deserves a wholesome approach from each appendage of the government. He maintained that the government is sympathetic towards victims and very harsh towards the

peddlers.

The Chief Secretary directed all the Deputy Commissioners to popularize the helpline number 14416 among public so that they are able to report about this menace. He asked the police to have close coordination with the Rural Development and Social Welfare Departments to have insights and leads about those running this illegal trade. He made out that the PRI's had done a commendable job during the recently concluded 'Nasha Mukht Abhiyan' carried out in the ITT.

Dr Mehta asked the Police administration to monitor the surroundings around Dr Mehta asked the Police administration to monitor the surroundings around educational institutions for movement of drug peddlers in their vicinity. He also advised for having close eye on the pharmacists. He asked them to create ample awareness among masses to identify the victims and peddlers so that the former is given treatment and latter convicted under the law. He asked them to intensify their campaign and do not take rest until this menace is eradicated from the UT. The Chief Secretary also took note of the holding of district level NCORD meetings. He urged on all the DCs to convene such meetings regularly in their territorial invisibilities without any fail and unlead the minutes simultaneously on the

rial jurisdictions without any fail and upload the minutes simultaneously on the nal NCORD portal. He assured the Police administration that the augmenta national N.CORD portal. He assured the Police administration that the augmenta-tion of FSL is in process and the time taken for requisite analysis of contraband material would get shortened considerably. He asked them to destroy the seized material publicly so that people feel confident of reporting such activities coming to their knowledge or observation.

The meeting was informed that till October, 2022a total of 596 cases in Jammu Zone and 785 cases in Kashmir Zone have been registered under the NDPS Act

arresting 815 and 1270 persons respectively. It was also revealed that in the same period about 291 kgs of Cannabis, 200 kgs of Heroin/Brown Sugar, 167115
Tablets/Capsules/Syrup and 52 FIRs had been registered against persons cultivating illicit crops over their agricultural lands under the said Act.

Malik appears...

videoconferencing....And did not oppose cross-examining the witness."
"I made a submission before the court as a CBI representative that production warrant should not be issued as he participated in the trial. Court accepted that and no production warrant was issued," he said.

The court asked the Central Bureau of Investigation (CBI) to produce the rest of the witnesses on the next date of hearing on December 23.

Rubaiya did not appear for the hearing, as her exemption application had earlier been approved by the court.

lier been approved by the court.

Bhat said two witnesses were scheduled to record their statements in the

Bhat said two witnesses were scheduled to record their statements in the court. While one of them, a retired doctor, was present in the court, the other was in Saudi Arabia and could not join the trial, he said. Another witness' exemption application was approved by the court as he was reported to be undergoing dialysis, he said. The retired doctor's statement was recorded in the court in the presence of

Yasin Malik, he said. Bhat said that Malik seeking his physical appearance in the court was a ploy to delay the trial. "Due to security reasons, it is not feasible to produce him

here," he said.

During the last hearing on July 15, Rubaiya had identified five accused, including Malik. Rubaiya was abducted from near Lal Ded Hospital on December 8, 1989. She was freed five days later after the then VP Singh Government, supported by the BJP, released five terrorists in exchange.

Now living in Tamil Nadu, Rubaiya is listed as a prosecution witness by the CBL, which took over the case in early 1990.

Malik, 56, is lodged in Tihar Jail after he was sentenced by a special National

Investigation Agency (NIA) court in May. He was arrested in early 2019 in connection with the 2017 terror financing case registered by the NIA.

Malik had observed a 10-day hunger strike from July 22 after the Centre did

not respond to his plea to physically appear in the Jammu court hearing in the

DB accept...

DB accept...

Court. The role of Advocates as officers of the Court is to assist the Court in the administration of justice. Lawyers collect materials relating to a case and thereby assist the Court in arriving at a correct judgment. Furthermore, being a responsible officer of the Court and an important adjunct of the administration of justice, the Lawyer also owes a duty to the court as well as the opposite side. The Bar and the Bench constitutes the two wheels of the carriage of justice. The success of the judicial process often depends on the services of the legal profession. The function of both the Bar and the Bench in an adversarial system of distinct producing are clearly made out, and the need for a dynamic relationship of pute resolution are clearly made out, and the need for a dynamic relationship of co-operation between the two is acute. Advocates, as members of the Bar and co-operation between the two is acute. Advocates, as members of the Bar and
officers of the Court, have the responsibility of keeping the stream of justice
pure and unsullied so also to enable it to administer justice fairly and to the saistaction of all concerned. This involves two aspects - firstly, to uphold the dignity of the judicial office and maintain a respectful attitude towards the Court,
and secondly, to ensure that under no circumstance, any illegal or improper
means is used to mislead the Court. The primary duty of the Lawyer is to inform
the Court as to the law and facts of the case and to aid the Court to do justice by
arriving at correct conclusion. Since the Court act on the basis of what is prearriving at correct conclusion. Since, the Court act on the basis of what is pre arriving at correct concussion. Since, the Court act on the basis of what is pre-sented by the Advocates, the Advocates are under the obligation to be absolute-by fair to the Court. All statements should be accurate, and the Advocate is under a sacrosanct obligation to ensure that he does not, through any act or omission lead to the possibility of misrepresentation, or mislead the Court or obfuscate the case in any manner. Good and strong advocacy by the Coursel is thus necessary for the good administration of justice. What is imperative to be borne in mind is that the legal profession cannot be considered like any other profession, or trade or business. It is a noble profession, which is intended to serve the cause of 'justice'. The difference between the legal profession and other serve the cause of justice. I he difference between the legal protession and other professions lies in the fact that what lawyers of affects not only an individual but the administration of justice which is the foundation of the civilized society. As observed, the Advocate owes a duty to his client in the capacity of a professional, and towards the Court in the capacity of an officer and the friend of the Court. However, this may and often does lead to a conflict, in cases of conflict, as far as possible, the Advocate tries to balance his competing obligations. where the conflict is irreconcilable, as an officer of the Court concerned in the administration of justice, he has an overriding duty to the court, to cerned in the administration of justice, he has an overriding duty to the court, to the standards of his profession, and to the public. The role of Advocates in the administration ofjustice, and the tension between the role of the Advocate as a professional vis-a-vis as an officer of the Court can be understood best in light of the role of an advocate in the society.

Justice' is the comerstone in a democratic society characterized by the rule of law. In an adversarial system, the advocate could be described, to some extent, as a minister of justice. The public impact of the legal profession can be gauged by the observation by the Supreme Court in 'All India Judges Association v. Jinno of India', wherein it was expressed that the administration of justice and

by the observation by the Supreme Court in 'All India Judges Association v. Union of India', wherein it was expressed that the administration of justice and the part to be played by the Advocates in the system must be looked into from the point of view of litigant public and the right to life and liberty guaranteed under Article 221 and right to grant legal aid as contemplated under Article 39A of the Constitution. The aspect of the Advocate as a public servant is closely tied to the fact key role he plays in the developmental and dispute-processing activities and, above all, in the building up of a just society and constitutional order. Being the custodian of the monopolistic power statutorily granted by the nation, the Justice is collisionated in the advocations of the power statutorily granted by the nation, the Justice is collisionated in the advocations of the power statutorily pranted by the nation, the Justice is collisionated to rise to the expectations of this points a member of the Lawyer is obligated to rise to the expectations of him in being a member of the society worthy of confidence of the community in him as a vehicle of social

DB further observed that it can be said that the Lawyer is indeed the channel trough which the general public can access the law, and avail of the protection f the law, in the shrine of justice. In the light of the above detailed analysis and discussion made

hereinabove, DB observed that the Advocates against whom the contempt proceedings are initiated shall ensure adherence to their unique role in administration of justice as detailed out in several judicial pronouncement, taken note istration of justice as detailed out in several judicial pronouncement, taken note of in this order and the undertakings with reference to maintaining dignity, honour and respect of the Court at all times and not causing any obstruction shall also form the basis for discharging of the rule.

DB further observed that additionally, the basis for dropping the proceedings has reference to submissions made by the senior Bar members and President of the Bar Association and learned Advocate General.

DB do not think it necessary to pursue this matter any further and accepted the oral and written undertakings of the Respondents, i.e., Advocates and discharge the profices of contempt issued against them Accordingly, the Writerser the most profit of the Writer and the Proceedings of the Writer and th

charge the notices of contempt issued against them. Accordingly, the Writ Petition bearing WP (C) PIL No. 46/2019 shall stand closed. JNF

Militant Funding...

Pak Drone-dropped...

Pak Drone-dropped...

about the suspicious package, security forces rushed to the spot including the bombs squad team of J&K police. According to the officials, the suspected package when recovered was sealed.

The J&K police recovered one steel Improvised Explosive Device (IED), two pistols, 4 magazines, several batteries and a watch from the package. They also recovered cash of around Rs 5 lakh from the package dropped in Samba. Speaking about the recovery of the package, Additional SP Samba, Surinder Chaudhary said, "Police team from Vijaypur Police Station recovered one suspicious sealed packet today in the field near Chhani Manhasan in Samba, following reliable inputs. The spot is undisturbed and intact.

According to the preliminary information, this is a case of a drone dropping from Pakistan's side attempting to smuggle in weapons and cash to the Indian side for carrying out terror-related activities in Jammu and Kashmir. As per the officials, there was a movement of a drone that was spotted in the area of Vijayapur which is opposite to Sailkot-Pakistan border.

Notably, senior police officials including SSP Samba reached the spot and

Notably, senior police officials including SSP Samba reached the spot and monitored the operations. Also, searches are being conducted nearby as securi-

monitored the operations. Also, searches are being conducted nearby as security forces suspect more drone droppings in the area concerned.

It is pertinent to mention that this drone dropping comes following a suspected drone detected by the Air Traffic Control (ATC) radars near Jammu airport in Jammu and Kashmir on November 20. Notably, the security forces were put on high alert after the suspected drone detection near the Jammu airport.

Situation in Jammu..

three years, stability has improved significantly... The situation has be the that there has been a reduction in bloodshed," Baig told reporters here The situation has been On assembly polls in Jammu and Kashmir, he claimed that towns and cities are neglected because elections have taken place only at the village level where

To per cent of the population lives.

Good work has been done at the village level, but in cities and towns, development works have not taken place, Baig said, adding that this can happen when assembly elections are held and an elected government is in place and pre-

"Right now no one has that right except for the LG (lieutenant governor)," he said. In 2019, the Centre had abrogated the erstwhile state of Jammu and Kashmir's special status and divided it into union territories of Jammu and

Kashmir and Ladakh, with lieutenant governor as their administrators. Elections to the assembly in Jammu and Kashmir are pending.

"However, I feel it will take some time before elections are held as a lot of namever, i neer it will take some time perore elections are held as a lot of planning is to be done. They would want the assembly to have the same powers as the DDCs (district development councils) and for that there are laws to be passed which will take time," Baig said.

SPICMCAY and GLDM GDC, Hiranagar completes 7 workshop demonstration series

JI NEWS SERVICE JAMMU, NOV 24: Workshop Demonstration Series with 11 different institutions organized by GLDM GDC, Hiranagar in collaboration with SPIC MACAY completed 7 work-shops here today at Kendry Vidyalaya, Hiranagar which Vidyalaya, Hirangar which received repeated applause and overwhelming response from the participants. The expert of the workshop was Amjad Ali Khan who is an eminent Hindustani Vocalist



from Delhi has left no stone unturned to give students to spread a true essence of music along with his associate on Tabla

Rashid Niyazi. In the Workshop demonstration series of the upcoming venues for the work-shop are Govt. Degree College, Kathua, Govt. Degree College for Women, Kathua, Holy Family Convent School, Nagri, Govt. Higher Secondary School, Nagri will have the opportunity to witness performance and training from the eminent Hindustani Vocalist.

Rajan Mahajan Chairman, Sh. Sohan Lal Vice-chairman and Sohan Lal Vice-chairman and Mr. Shiv Kumar Shah Principal Sai International School Hiranagar and Mr. Sanjeev Kumar, Principal Kendriya Vidyalaya Hiranagar expressed a deep sense of delight upon the arrival of the team comprising of Amjad Ali Khan, Rashid Niyazi, and organising team which com-prised of Dr. Bharat Bhushan, Dr. Mukesh Kumar, Dr. Arun Kumar and Mr. Vikram Jamwal. The artists were appreciated for providing national exposure in music to the students of these institutions, Dr. Bharat Bhushan organising Secretary of the pro-gramme briefed the gathering regarding the efforts undertaken by SPICMACAY in preservation

and dissemination of the rich cultural heritage of India in the fields of Music, dance, yoga and meditation. Dr. Pragya Khanna in her address expressed grati-tude to the experts and the SPIC MCAY in collaborating with the college in organizing such a college in organizing such a wonderful workshop. A total of 250 students of the Sai 250 students of the Sai International school and almost 200 students of KV School Hiranagar participated in the workshop. Amjad Ali Khan enthralled the gathering with his

melodious and mesmerizing voice. All the participants showed great enthusiasm for the workshop. The proceedings of the programme were handled by Dr. Arun Kumar Head, Department of Sociology and formal vote of thanks by Dr. Bharat Bhushan the organizing team of the workshop also included Dr. Mukesh Kumar, Assistant Professor-Music, and Prof. Vikram Singh, HOD, Department of Physical Education & Sports.

OFFICE OF THE EXECUTIVE ENGINEER JAL **SHAKTI MECH. G.W.D DIVISION JAMMU**

Sub: Deep drilling, development and stabilization of tube well upto 250 meters below ground level by Direct Rotary Method of Drilling on EPC Mode At Peer Kho in Jammu East Constituency of District Jammu under UT Capex Budget..

Ref: - This office e-NIT No. GWD/143 of 2022-23 Dated: - 10.11.2022.

EXTENSION NOTICE-I

- 1. Due to no response, the above mentioned subject e-NIT on the website http: jktenders.gov.in is extended upto 28.11.2022 till 6 PM.
- 2. Similarly the opening of technical bid online is extended upto 30.11.2022 or any other working day convenient to tender opening authority.

All other terms and conditions shall remain un-changed as uploaded/ advertised earlier.

No. GWD/5509-11 Dated: 21.11.2022 DIP/J-12092/22

SD/-EXECUTIVE ENGINEER JAL SHAKTI (M) G. W. D DIVISION

OFFICE OF THE EXECUTIVE ENGINEER

ABBREVIATED SHORT TERM NOTICE INVITING TENDER

e-NIT No. 88 of 2022-23 Dated: 21-11-2022

For and on behalf of the Lieutenant Governor, Union Territory of Jammu e-tenders are invited on from approved and eligible Contractors registered with MEX. CPWD, Railways, MES and other State/Central Governments for each of the following works

S. No	Name of Work	Advertise d Cost (Rs. in lacs)	Cost of document (in Rs.)	Earnest Money (in shape of CDR/FDR) (In Rs.)	Time Allowed for complete- on	Time and date of opening of tender	Class of Contractor
1	2	3	4	5	6	7	8
1	Const. of Health Sub-centre Building with residential Quarters(Double Storey) at Sadwal (Const. of compound wall)	9.38	600/-	2 % of adv. Cost	01 month	30-11-2022 (1400 Hours)	A, B, C & D
2	Const. of protection wall by way of crates on road of Morcha Dhaki to Kheri Mandi Samba.	2.13	600/-	2 % of adv. Cost	01 month	30-11-2022 (1400 Hours)	A, B, C & D

under BADP , S. No. 2 under Non Plan

on the above we

DIP/J-12108/22

EXECUTIVE ENGINEER PWD (R&B) DIVISION SAMBA



Department of Wildlife Protection J&K Government Office of the Wildlife Warden Jambu Zoo Jammu





Corrigendum

With respect to the e-NIT No. 44/WLWJZ of 2022-23 i.e. Construction of kraal of already existing hog deer enclosure at Jambu Zoo, the cost of tender document is Rs 600 instead of Rs 1000.

No. WLWJZ/1274 Dated: 21/11/2022

DIP/J-12110/22

-sd-Additional Wildlife Warden, Jambu Zoo, Jammu.

OFFICE OF THE EXECUTIVE ENGINEER PWD (R&B) DIVISION SAMBA

M/s JRG Construction, R/o RS Pura, Jammu.

NO: 9513-19 DATED: 21-11-2022

FINAL NOTICE

Construction / Up-gradation of road from Shah Balode to Utterbehani via Sarna, Chilla Danga and Lovely from km 11th to km 20th Under CRF.

Asstt. Executive Engineer PWD(R&B) Sub-Division Vijaypur vide

No. 515-516 /SD/VP dt. 12-11-2022.

Dear Sir.

Sub:-

Ref:-

As reported by Asstt. Executive Engineer PWD (R&B) Sub-Division Vijaypur that after repeated reminders and requests, the progress of work is very slow and virtually negligible. Whereas in response to conditional order for renewal of public nuisance (under section 133 Crpc) issued by District Magistrate Samba vide No. DMS/JC/2022/1118 dt. 12-08-2022, you appeared before District Magistrate Samba on 26-08-2022 and gave in writing to District Magistrate Samba vide your letter No. JRGC/ 700/2022-23 dt. 25-08-2022 that 4.0 km length of road shall be Black Topped by the end of Nov-2022 but you have failed to honour your own commitment made before District Magistrate Samba by deploying just meager labour / Machinery and have befooled the public as well as District Administration Samba. This clearly indicates your non-seriousness and non commitment towards completion of project.

Now you are given last and final opportunity to start /accelerate the pace of work and Black Top 4.0km stretch of road by Nov-2022 as per your written commitment failing which your case shall be recommended for termination of contract with forfeiting of CDR/ Deposit which may please be

DIP/J-12067/22

SD/-**EXECUTIVE ENGINEER** PWD (R&B) DIVISION SAMBA.



UNION TERRITORY OF JAMMU & KASHMIR

JAL SHAKTI DEPARTMENT

OFFICE OF EXECUTIVE ENGINEER, MECHANICAL IRRIGATION DIVISION, JAMMU

Phone: 0191-2577745, Email: ifcj.xenmidjmu@gmail.com

ABSTRACT OF NOTICE INVITING E-TENDERS

e-NIT No. MID/J/e-NIT/2022-23/96 Dated: 21-11-2022

Executive Engineer, Mechanical Irrigation Division, Canal Road, Jammu, on behalf of Lt. Governor of J&K UT, invites tenders by e-tendering mode from registered and reputed Firms having workshops for Repairs to 4 cusec x 30 m head pump of pumping unit no. 1 along with allied works at LIS Didwara. The bidding process shall be completed online in two covers viz. Cover 'I' -Tender fee and Earnest Money Deposit, fulfillment of prequalification criteria, technical specifications and acceptance of terms and conditions of the tender and Cover 'II' - Financial Bid criteria, technical speci in the prescribed BOQ.

S. No.	Name of Work	Qty.	Earnest Money	Cost of tender document	Period of completion	Validity of Rates	Name of Division
1	2	3	4	5	6	7	8
1.	Repairs to 4 cusec x 30 m head pump of pumping unit no. 1 along with allied works at LIS Didwara.	Complete job as per Scope of Work	2% of the quoted value	Rs 200.00	10 Days	180 Days from date of opening of price bid	Mechanical Irrigation Division, Jammu.

The tender documents can be viewed and downloaded fr

loaded from the website 21-11-2022 (06:00PM). 29-11-2022 (10:00AM) to 05-12-2022 (02:00 P.M). 06-12-2022 (2:00 PM)

DIP/J-12089/22

EXECUTIVE ENGINEER MECHANICAL IRRIGATION DIVISION JAMMU

THOUGHT OF THE DAY

"Don't Dream to be something but Rather dream to do Something great" - PM Narendra Modi

JINDRAH MAGES

DON'T FORGET SUNAK IS **BRITISH, NOT INDIAN**

ishi Sunak became the Prime Minister of the United Kingdom Rishi Sunak became the Prime Minister of the Office Analysis after over 100 Conservative MPs backed him for the post, following which, his rival Penny Mordaunt, who was hanging in there, hoping to push for a vote by the members of the Conservative party, failed to get any substantial support from the MPs. The vote, if it had gone to the Conservative rank and file, would most likely have resulted in Sunak's loss at the hands of Mordaunt-a repeat of what happened when Sunak had a face-off with Liz Truss. In the earlier contest as well, Sunak, who was doing extremely well among his urban backers, faltered when it came to gaining the support of rural white middle-aged Conservative voters, giving rise to speculation that the antipathy towards him had to with his skin colour. In fact, an audio clip that has gone viral on social media, has a Tory voter admit-ting as much on a radio programme, that the problem with Sunak is his skin colour. But then the lightly coloured Liz Truss, who defeated Sunak in the final round, proved to be a disaster and sent the UK spi ralling down a path of chaos, and the rest, as they say, is history. At the same time, Sunak's elevation shows that the Conservatives—or at least the top layer—have come a long way to realise that it's not race but competence that matters, and that Rishi Sunak, who saved the UK economy from imploding during Covid, could well be the best man to be at the helm of affairs at a time when the UK is looking at a bleak future. In fact, that a person with roots in an erstwhile British colony can reach the highest seat of government in the UK, is testament to the great shift that has taken place in Britain, which has to be lauded. However, at the same time, a section of the British media cannot stop complaining about the legitimacy of Rishi Sunak's "non election" one reporter on live TV even described it as a coronation—forgetting that in a Parliamentary system of democracy, it is the people's repre sentatives who choose the Prime Minister, not the rank and file. Some of the others are openly complaining that Sunak is too rich to be Prime Minister, again forgetting that he himself comes from a humble background and his wife's family's wealth is hard earned. We are talking self-made people here, not colonial exploiters who have built their riches and empire on the back of starving people. Amid this, what should matter to us Indians is if Sunak will be good for India; whether it will be possible to strike a trade deal with the UK during his Prime Ministership; if his will be a case of more loval than the king when it comes to India, like the way Suella Braverman has been, eulogising the British empire as a God's gift to the colonised. He has his task cut out for him, which is to revive Britain, and India is certainly not on his priority list, unless doing business with India helps that revival process, which explains the need for a trade deal. In fact the UK needs the deal more than India does. Most importantly, it is hoped that he will recognise the elephant in the room, the Ukraine war, which is pushing western economies into a recession, including the UK's. The world cannot afford to have the war escalate or ever continue. As for the debate in India, about when a Muslim will become Indian Prime Minister, lest we forget, Sunak was elevated to the Prime Minister's chair because of his competence, not because of his skin colour or his religious minority status. Sunak's ascension is not a case of affirmative action. India being a free and fair democracy will not have any problem if a Muslim becomes Prime Minister one day in a legitimate manner. In the meanwhile, Indians should observe Sunak, but from a distance. While New Delhi can always hope that the UK under Sunak will go an extra mile to maintain good relations with India, it should never forget that Sunak is British, not Indian. So the expectations need to be tempered.

Export slump could hamper economic growth

Among the measures needed to help the exporters right now is removing infrastructure bottlenecks at railheads, ports and airports. Documentation also needs to be cut down as India is known for having one of the most cumbersome export processes. Such changes will cut costs significantly in the long run. This is imperative as slowing exports can pose a real threat to the country's hopes of achieving a high growth trajectory.

▼VEN as there is euphoria over
the prospect of India ending
up as one of the fastest-grownomies in the world this ing economies in the world this year, it looks as if one key indicator may spoil the party. And that is exports. Expectations are that growth during the 2022-23 financial year will end up at around 6.5 per cent, probably the same level at which inflation will reach by the end of the year. Exports, on the other hand, have contracted by as much as 16.7 per cent in October, reversing the trend of a consistent rise over the previous 20 months. The previous fiscal was even marked by a ous iskal was even marked by a record surge of merchandise exports to \$418 billion. But the good times are clearly over as exports began slowing in September, followed by the sharp fall in the succeeding month

The dip in outward-bound trade is not unexpected, given the global recessionary trends. Just as demand had recorded a sharp rise in the post-pandemic period, it is now slowing down as economies worldwide are faced with one of the wide are faced with one of the biggest crises in recent times. Inflationary trends are touching 40-year highs in developed countries like the US and the U.K. prompting central banks to aggressively raise interest rates. This has created the spectre of recession even as the

spectre of recession even as the Ukraine war has sparked off energy shortages throughout Europe. The economic crisis has even resulted in a political meltdown in countries like the UK, with Liz Truss having to step down from Prime Ministership after the briefest ever stint. Her handover to Rishi Sunak was solely due to the fallout of her fiscal policies that led to a dramatic of the markets

rolling of the markets.

In this backdrop, it is no wonder
that the surging demand after the
pandemic has cooled considerably
in the country's major export destinations. What is even more disturb ing is that this is not a situation that is likely to alter anytime soon. This is largely because the Ukraine war is is largely because the Ukraine war is continuing without any respite, while China is persisting with its restrictive zero-Covid policy. The ramifications of these developments are that the world is facing econom-ic turmoil of dimensions not seen the china continuation of the pro-tinuation of the property of the pro-tinuation since the financial meltdown of 2008. India, on the other hand, has



down to around \$87 per barrel. Exports thus remain the only crit-Exports thus rema ical weakness of the economy right now. The faltering trends mean that the current account deficit will widen further in the coming days. So far, projections made by banks and rating agencies range between 3.3 per cent and 3.9 per cent of the GDP for 2022-23. In contrast, it was GDP for 2022-23. In contrast, it was 1.2 per cent of the GDP at 583P bil-lion in the previous fiscal. But the Reserve Bank of India is still confi-dent that it will remain within 3 per cent in the current fiscal. At that level, it would be considered com-

fortable as a 2.5-3 per cent deficit is sustainable for this country. To achieve this comfort level, much will depend on the pace of exports. The decline of 16.7 per cent in merchandise exports during October followed a 10.2 per cent rise in the previous month. It was reflecin the previous month. It was reflec-tive of a sharp fall in global demand with the impact being felt across most non-oil categories including handicrafts, textiles, iron ore, chemicals, engineering goods, gems and jewellery. Exports of textiles, a key export commodity, fell by as much export commodity, fell by as much as 41 per cent during the month while apparel exports dipped by 21 per cent, according to industry esti-mates. Similarly, oil exports, which had surged by 43 per cent in the pre-vious month, recorded an 11 per cent contraction in October. This can cent contraction in October. Inis can be attributed partly to lower world oil prices and partly to slowing demand. Import growth also weak-ened slightly from 8.7 per cent to 5.7 per cent during the month. Oil imports spurted, however, by 29.1 per cent in line with rising world prices. The sudden charge in forprices. The sudden charge in fortunes on the trade front in October tunes on the trade front in October cannot be viewed as an isolated development, given the deteriorat-ing geopolitical scenario. Japanese brokerage Nomura has already pro-jected, on the basis of the export slowdown, that global headwinds will invest before exported. will impact Indian economy. It

expects the situation to alter considerably in the coming year with domestic growth also having peaked this year. It has thus downpeaked this year. It has thus down-graded its growth estimate for fiscal 2023 to 4.7 per cent from the earlier 7.2 per cent on the grounds that India's investment cycles are linked to export cycles. Policy-makers need to look at the way forward on the trade front, given the hostile exter-nal environpent. There could have nal environment. There could have nal environment. There could have been a silver lining for exporters as the depreciating rupee should have provided a competitive edge in nor-mal times. This advantage has been blunted, however, by the fact that other currencies have also been falling against a strengthening dol-lar. Even so, services exports are lar. Even so, services exports are expected to reap the benefit of the falling rupee in the current fiscal.

alming rupee in the current riscal.

Among the measures needed to
help the exporters right now is
removing infrastructure bottlenecks
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Documentation also needs to be cut
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one of the most cumbersome export
morcesses. Such changes will, cut processes. Such changes will cut costs significantly in the long run costs significantly in the long run.
This is imperative as slowing exports can pose a real threat to the country's hopes of achieving a high growth trajectory, not just right now, but also in the coming years.

Sushma Ramachandran Senior

Financial Journalist

India must shift focus to Southeast Asia

ANITA INDER SINGH

N December 1, India will N December 1, India will replace Indonesia as President of G20, which comprises industrialised and developing countries and deals with global economic issues. The present worldwide economic hardship, Ukraine war and the political polarisation between the West political polarisation between the West and Russia are causing international instability; and India must be prepared to tackle many challenges as it balances itself on the political tightrope. India should pay more attention to its broader Indo-Pacific countries are the world's fastest-growing e-conomies.

world's fastest-growing economies. Their progress will shape the global economic environment and India should strengthen its economic rela-tionships with them. It can only achieve this if it tackles the knots that complicate the inevitable ties between

complicate the inevitable ties between economics and security.

At the moment, India awkwardly combines strategic insecurity, strong trading ties and a burgeoning trade deficit with Asia's main territorial spoiler and leading economic power, China. As G20 President, India can expect to be challenged by China as leader of the Global South. At the recent G20 meeting in Bali, President Xi Jinping lost no time in staking China's claim to international econom-China's claim to international econom ic leadership by asserting that China's

modernisation would bring more opportunities to the world, particularly the Asia-Pacific region. India's Act East policy, outlined in 2014, has reflected its wish to shape the geopolitics of the Indo-Pacific. It has joined the Quadrilateral Security joined the Quadrilateral Security Dialogue, a loose arrangement includ-ing Australia, Japan and the US, and increased trade with ASEAN. Strategy and economics are linked. India must deliberate over the facts that countries in the Indo-Pacific account for more than 60% of the global GIDP and that some 50% of global trade passes through the section, bishlighting the some 30% of global trade passes through the region, highlighting its strategic and geoeconomic importance. Additionally, Sino-US rivalry over the global order cuts across the security and economic interests of islands and littoral states in the Indo-Pacific. But China is the largest trading part-per of many countries and a major

ner of many countries and a major though not foremost, investor in the though not foremost, investor in the Indo-Pacific, Japan and the EU have invested more in Southeast Asian states which want to diversify their economies, despite the US-China con-test. Nevertheless, China accounts for 15% of global trade, and India 2%. In 2021, China-ASEAN trade touched

\$878 billion; trade between ASEAN \$878 billion; trade between ASEAN and India amounted to some \$78 billion. And China's Export-Import Bank, which is responsible for facilitating the country's foreign trade, has rolled out credit support to the tune of \$27.7 billion for imports from countries that are bers of the Regional prehensive Economic Partnership (RCEP). In 2019, India decided to stay out of the RCEP largely because it feared that the group would be domi-nated by China. two reasons, India must

strengthen trade and investment ties with Southeast Asia if it wants to with Southeast Asia if it wants to enhance its overall status in the Indo-Pacific. First, most countries in the region – and China – are economically ahead of India and they have relatively little trade with India, compared to China, the EU and U.S. Second, they know that the US, which has the world's stropost concomo; is the main world's strongest economy, is the main economic and geopolitical counter to China's clout in the Indo-Pacific. Their interests coincide with those of the US on the preservation of its role as the regional norm-setter — even if they wish to avoid becoming embroiled in Sino-American confrontation. That is

why they have welcomed Washington's new Indo-Pacific Economic Framework (IPEF), which offers them America's competitive know-how in areas, including digital economy, supply chain resilience and green infrastructure.

The hurdles that block the enhancement of India's regional status are often erected by New Delhi. India must frame and imple-

ment policies that will lead to more progress, help it to connect its geopolitical and geoeconomic aims and gain leverage in the

Indo-Pacific, which is its own wider neighbourhood. It will then be a strong G20 President.

green infrastructure.
As a Quad member that has refused to join the trade pillar of the IPEF — three years after it decided against joining the RCEP — India reveals that its strategic aims and international economic relations do not complement each other. India is supporting the IPEF on sumply chains. Ex. and factor. each other. India is supporting the IPEF on supply chains, tax, anti-cor-ruption and clean energy. But it can hardly integrate itself into regional and global supply chains without being a part of the Indo-Pacific trade pillar. In fact, India has yet to turn to its advan-tage the interplay between economic power and foreign policy aims. This is a contrast to China and the ISC China Incomes that its military rise is

US. China knows that its military rise is US. China knows that its military rise is bound to its progress and its integra-tion into the global economy. That is why it is anxious that its economic ties with western countries should remain unaffected by their sanctions on Russia

because of its invasion of Ukraine. At another level, Washington's latest

National Security Strategy affirms that in an interconnected world, it is neces-sary for the US to invest in its innova-tion and industrial strengths, and to build its domestic resilience if it is to

India's opt-out from Asian trading agreements only clears the path for China to dominate Asia economically Since the border clashes of 2020, the surge in Sino-Indian trade and the increase in India's trade deficit with China could be exploited by Beijing for related political and economic reasons just as its comprehensive strategic partner, Russia, which shares its dislike

partner, Kussaa, which shares its dislike of Quad as an instrument of US imperialism, is using energy ties as a sword of Damodes over the EU.

On another plane, India's business environment discourages investment. Generally, not many US firms that have left China are greatly attracted to India Because of lower rosts and fewer India, Because of lower costs and fewer incua. Because of lower costs and fewer regulatory restrictions, Vietnam is the favoured alternative to China, followed by Indonesia. New Delhi needs to welcome more Asian and western investment to compete with China.

New Delhi's decision to avoid the

New Delhi's decision to avoid the RCEP and the IPEF could result in

India missing the chance to make its presence felt in the region. By stalling, or by ignoring the durable connection between geoeconomics and geopolitics and staying out of the Indo-Pacific's two significant trade agreements, India risks becoming economically isolated and a marginal contributor to security in the Indo-Pacific. That, too, at a time in the Indo-Pacific. That, too, at a time when China intends to use the G20 (and East Asia) meetings to advertise the common development and security of the region through its Global Development and Security Initiatives, the RCEP and its version of multilateralism - all of which imply gaining more regional support at America's

expense.

The hurdles that block the enhancement of India's regional status are often erected by New Delhi. India must frame and implement policies that will lead to more progress, help it to con-nect its geopolitical and geoeconomic aims and gain leverage in the Indo-Pacific, which is its own wider neighbourhood. It will then be a strong G20

Professor of the Centre for Peace and Conflict Resolution



How Shraddha Kapoor's Association With Major Brands Is Proving To Be A Profitable Gamechanger

Shraddha Kapoor has been the face of numerous brands like Power Gummies, MyGlamm, Shunya, etc. Here's checking how these brands are benefitting from their association with the actress.

becomes the face of a become brand, there brand, there is always a certain aspect of their personality that they try to search for in that brand. Being the brand ambassador means that the celeb's face will be pasted all over the country on billboards. and advertisements alongthat brand

Therefore, celebs are usually quite conscious about what they endorse or give their name to. The younger breed of B-Town actors and actresses are extra careful considering that they careful considering that they all are well aware of the negative impacts that a wrong brand associa-tion can get them. One such actress is

Shraddha Kapoor, who has very carefully picked and chosen brands that she gives her

The fact that Shraddha Kapoor enjoys The fact that Shraddha Kapoor enjoys a crazy fan base across the world got well justi-fied when her Instagram followers crossed the milestone of 76 Million recently. As the actress is a global icon with her fans always looking forward to her, it has certainly proved to be a profitable game for big brands like Power Gummies, Naturedge Beverages, proved to be a profitable game for big brands like Power Gummies, Naturedge Beverages, Shunya, and The Good Glamm Group who experienced an exponential boost in their sales ever since the star joined them as a brand ambassador. Shraddha Kapoor's crazy fan following is well-witnessed all across the world with her feet the start of start

fans always finding one or the other way to express their love for her. She indeed drives a huge chunk of followers who look forward to her as an icon and they all try to follow her her as an icon and they all try to follow her way of living. This went on to get more justi-

fied when her association with India's biggest gummy brand Power Gummies resulted in an inprecedented increase in their sales unprecedented increase in their sales. The association of Shraddha Kapoor and Power Gummies was announced in 2021 and since then the brand has managed to attract maximum awareness among the people for their brand. While sharing their experiences with Shraddha Kapoor, Divij Bajaj, Founder and CEO of Power Gummies - Aesthetic Nutrition. PVI Ltd, says, "Power Gummies has seen the brand mass awareness score, loyalty score and revenue growth in folds, as we announced the strategic partnership with the charismatic and millennial icon Shraddha Kapoor as the brand ambasador and face for Gorgoous Hair & Nails Vitamin Gummies. The brand aimed to bring out how these gummies are scientifically backed and clinically proven, fitting into everyone's busy effortless-ly without any fear and complexities of exist-

'Bigg Boss 16': 5 Times Tina Datta Put Across Her Strong Opinions In The 'BB' House

Bigg Boss 16' has been topping the TRP charts and getting more popular day by day. The ratings have shot over the period, making it one of the most famous seathe most ramous sea-sons by far. Tina Datta who rose to fame with 'Uttaran' made a grace-ful entry this season. Since then, Tina Datta has been topping the headlines. Be it her fash-jon, style, wit, humour. ion, style, wit, humour



when the House went smoking in Fubic A rew weeks ago, Bigg Boss punished the entire house for smoking out-side the assigned room and raised his anger about smoking in public. Tina showed her rage and went all out to point out Sajid Khan for being the pioneer of smoking outside the smoking room. Her concern was a bad influence on the

Stood For Her Own Captaincy

Tina has been very vocal about her own captaincy. She made an alliance with Sajid Khan and the team only to get a

made an animance with Sajat Anana and nut featm only to get a chance next time for becoming a captain. This has been clear that she wants to become the captain, not for the privileges but for being a captain. She has been upfront about this. Sumbul's Obsession For Shalin Last weekend, Salman Khan slammed Sumbul Toqueer Khan and called her obses-sive towards Shalin. Tina agreed to this and in fact, she was the first one to spot this and voiced it in the house. We must say. Datta is on face!! Derlined Shalin's Insensitive Advice say, Datta is on face!! Declined Shalin's Insensitive Advice After Rani's Demise

Kamal Haasan Rushed To A Hospital After Complaining Of A Fever

Kamal Haasan was admitted recently to a hospital after he complained of having a fever, which was reportedly refusing to ao down. Here's the hospital's report.



laganayagan Kamal Haasan was admitted to the hospital on November 23. According to reports, he was hospitalised for the symptoms of fever, cough and cold. The doctors advised him complete rest for he next couple of days. The actor will be discharged in a

the next couple or suppress.

On the work front, Kamal Haasan was last seen in the massive blockbuster 'Vikram', which turned out to be one of the biggest hits of the year, not just in theatres but even when it was released on OTI. The film has become one of mental was recessed on O11. The film has become on the biggest hits of Kamal Haasan's career, and there more sequels of the movie that are reportedly in pipeline. Here's wishing for a speedy recovery for Kat Haasan.

<u>IFFI TO SCREEN 'TERA KYA HOGA</u> LOVELY' WITH RANDEEP HOODA **ILEANA D'CRUZ ON NOVEMBER 25**

new film 'Tera Kya Hoga new lilm 'lera kya Hoga Lovely', which stars Ileana D'cruz as the female lead, is set to have its premiere screen-ing at the 53rd edition of the ongoing International Film Festival of India (IFFI) in Goa, on November 25.

The film has been helmed by Balwinder Singh Janjua, who has also worked with Randeep on the Netflix series 'Cat'. Written by Balwinder himself in association

with Rupinder Chahal, Anil Rodhan and Kunal Mandekar, Kodhan and Kunal Mandekar, Tera Kya Hoga Lovely is a social comedy set against the backdrop of Haryana and casts a light on India's obsession with fair skin. Speaking about the gala pre-miere at IFFI 2022, Randeep said,

'I am pleased to have 'Tera Kya Hoga Lovely' screened at IFFI and it is for the first time audiences will get to experience this special film. It deals with an important subject but in a very light-hearted way. Ileana and I are working together for the first time and hoping we are able to match the audience's expecta-

The film marks the first time association between Randeep and Illeana as actors, and shows what fers from social prejudice, does to address the problem of society's obsession with fair skin.

Ileana D'Cruz said, "I believe



while also leaving a strong meswhile also leaving a strong mes-sage are rare and such is our film, "Tera Kya Hoga Lovely! The entire team at Sony Pictures International Productions along with our director Balwinder Singh Janjua is excited for audiences to experience the film for

ful to IFFI for giving this film a

gala premiere and an opportion to be there."
Produced by Sony Pictures International Productions in association with Movie Tunnel Productions, Tera Kya Hoga Lovely' will soon release in the

Akshay Kumar On Richa Chadha's 'Galwan Says Hi' Remark: Nothing Ever Should Make Us Ungrateful Towards Our Armed Forces

Akshay Kumar on Thursday waded into the controversy over actor Richa Chadha's tweet on the 2020 deadly Galwan Valley clash, saying he is deeply saddened by her "ungrateful" comment.

kshay Kumar on Thursday waded into the controversy waded into the controversy control of the controversy of the controversy of the control of

written "Galwan says hi" in response to the Northern Army Commander Lt General Upendra Dwivedi's statement that the Indian Army is "waiting for orders from the govt (sic)" in reclaiming Pakistan-occupied Kashmir (PoK). This led to severe backlash on Twitter



with many criticising her for "mocking the sacrifice" of Indian soldiers.

Commenting on Chadha's post of "Galwan says hi", Kumar said the contribution of India's armed forces should not

"Hurts to see this. Nothing ever should



make us ungrateful towards our armed forces. Woh hain toh aaj hum hain," the

Earlier in the day, Chadha had issued an apology on social media and said she didn't intend to hurt the sentiments of the

tion in the least, if the 3 words which are being dragged into a controversy have offended or hurt anyone, I apologise and also say that it would sadden me if even unintentionally my words have triggered this feeling in my brothers in the Fauj

this feeling, in my brothers in the Fauj (army) of which my own Nanaji has been an illustrious part," Chadha had said in the statement posted on her official Twitter handle. She also detailed her family's contribu-tion towards the country's armed forces, saying her maternal grandfather, a Lieutenant Colonel in the Indian Army, trook a bullet in bis leed during the India. took a bullet in his leg during the India-China War of 1962, and her maternal

uncle served as a paratrooper.

India and China are locked in a ling India and China are locked in a linger-ing border standoff in eastern Ladakh for over 29 months.

The bilateral relationship came under

severe strain following the clash in Galwan Valley in eastern Ladakh in June

TV Celebs Open Up On Whether Actors Should Have Alternate Professions

A dictable profession. While you might succeed exponentially one day, the very next day you might see the abyss of failures. Amidst this contrasting lifestyle, should actors have an alternate profession as a backup? Should actors have an option to fall back on when they see dark days in their acting

Careers?
Here's what some of the popular
TV actors have to say about this
dichotomy:
Nyrraa M Banerji

To have an alternate career or not is a personal choice. In the TV induswork may not be constant for everyone. Financial stability is surely important. As of now I'm totally focused on acting and acting is like

Yes, one should have an alter career. It's always good to multitask. The entertainment industry is disorganised with films flopping and TV shows going off the air abruptly. The stability is uncertain. An empty mind is the devil's mind. One should constantly work and follow one's

Amal Sehrawat

Amal Schrawat
I always wanted to be an actor and
I'm an actor by choice. If I'm focused
on acting. Doing a daily soap is a lot
of commitment. An alternate profession is a good idea. If your physical
presence is not needed much, it's all about goals and time management and financial stability are surely a

need.

Manish Naggdev

An alternate career is a must. The entertainment industry is an unpredictable and disorganised sector.



There's a lot of competition. There's substitute available always a substitute available. Financial stability is important. So, if you have a fall-back option, you can multitask and also be choosy about the kind of work which you take up. Jay Zaveri

An actor's job is one of the toughpatient and has to have the mental stability to do this job because some-times an actor can become famous overnight and sometimes it takes years to achieve success. It's vital for

actor to have an alternate profession. The only reason that an actor should have an alternate profession is if he is not able to sustain financial stability in his life. Everyone needs

should have a plan B. I feel for an actor it's really important to have an alternate plan because after doing a show if you have a gap, you can be busy with your alternate thing. In

Actors speak up about whether or not they should have an alternate profession to fall back on in times of desperate need or in days when they're not getting good acting gigs.

money and if you are not famous and successful there is a shortage of money and to cover up that and han-dle the day-to-day lifestyle you need money. So, in today's world, you need an alternate profession not only in acting but in any profession. You need to have multiple sources of

Angad Hasija

It's not only about acting but if you are in any profession, you

the television industry, we all have the habit of being busy and when we get breaks, we travel around but that can lead to boredom after some time. Also, if you have an alternate work you can choose your shows and you can choose your shows and characters accordingly but if you don't have any other options you have to take up the show or work no matter what. It's important to have an alternate profession as it gives you confidence.

The Worst Habits Shortening Your Life Include **Procrastinating, People Pleasing and HPV**

It's pretty well known that bad habits like smoking and excessive drinking will short-your lifespan, but other unhealthy behaviors can also con tribute to a premature death that you may not even realize. Dr. Tomi Mitchell, a Board-Certified Family Mitchell, a Board-Certified Family Physician with Holistic Wellness Strategies tells Eat This, Not That! Health, "Other habits that can shorten our life expectancy include eating processed foods high in sugar and fat, sitting for long perisugar and fat, sitting for long peri-ods, and not getting enough exer-cise. While some of these habits may seem harmless, they can all contribute to a decrease in our over-all health and wellness. The good news is that many of these habits are under our control. By making small changes to our lifestyle, we can dramatically improve health and increase our life neatm and increase our life expectancy. Dr. Mitchell reveals which bad habits to stop immediately and why. Read on—and to ensure your health and the health of others, don't miss these Sure Signs You've Already Had COVID Take a Holistic Preventive Look

Dr. Mitchell reminds us, Many



things in our everyday lives can shorten our lifespan without us even realizing it. Smoking, for example, is one of the leading caus es of cancer-related deaths worldwide. According to the American Cancer Society, smokers are 25 times more likely to develop lung cancer than nonsmokers. However, let's talk about habits from another perspective. Taking a holistic, pre-ventative approach to life and health is important for longevity So, grab a pen and paper, and take an honest look at your life and the impact of your personal choices. The list below is by no means complete, as countless habits can short-

Procrastination

"It's no secret that procrastination can have some pretty negative con-sequences," says Dr.Mitchell. "From sequences," says Dr.Mitchell. "From poor grades to lost opportunities, putting off tasks can have a severe impact on our lives. However, did you know that procrastination can also be a matter of life and death? Studies have shown that cancer patients who delayed seeking treatment were more likely to die than those who didn't. Procrasting can be a hard habit to break, but it's important to remember that your you know has cancer, don't risk making the situation worse by putting off treatment. It could be the erence between life and death. Being a People Pleaser

Dr. Mitchell shares, "While many factors can contribute to cancer, or factors can contribute to cancer, one often overlooked factor is being a people pleasers. People pleasers are more likely to succumb to peer pressure, which can lead them to develop cancer-causing habits, such as smoking or drinking alco such as smoking or drinking alco-hol. In addition, people-pleasers tend to put their own needs last, leading to unhealthy lifestyle choic-es. For example, they may skip meals or choose processed foods over healthy fruits and vegetables. All of these factors can increase the over healthy fruits and vegetables All of these factors can increase the risk of cancer. So if you're a people pleaser, it's essential to be aware of the risks and take steps to protect

Being Embarrassed To-Do #2 In Public Bathrooms Dr.Mitchell asks, "Do you know that many people fear using the bathroom? This fear can cause individuals to hold onto this waste? Like literally, many of us are full of poop......Holding onto fecal mate

studies show that might not direct-ly increase risk factors for colon cancer. However, holding onto fecal material might contribute to constipation. There is a connection if you couple that with a low fiber diet, which we know is a risk factor for colon cancer. So, it's essential to have a diet rich in fruits and vegetables and other high fiber foods, as a high fiber diet can decrease your cancer risk.

Having a Bad Attitude

"Just as cancerous cells can grow Just as cancerous cells can grow and multiply in the body, so can negative thoughts and feelings," Dr.Mitchell states.
"And just like cancer, negative thoughts and feelings can have a detrimental effect on our physical

health. Studies have shown that people who have a positive attitude are less likely to develop cancer.

are less likely to develop cancer.

Cancer patients who maintain a positive outlook are more likely to respond well to treatment. There are several possible explanations for this link.

First, positive thinking may help boost the immune system, making the body better able to fight off can-

Brown or white egg: Which is healthier?

Dr Mikita Gandhi, owner, Dietiations Hub, Indian Dietetic Association said that the nutritional profile of the eags varies with the diet and environment of the chicken



Eggs are the go-to meal - whether for breakfast, lunch, or dinner - for fast, lunch, or dinner — for many people. Why not; after all, they are not only super easy to prepare but are also power-packed with numer-ous health benefits. But ndhi between the most commonly available variety of eggs available variety of eggs — which is better for you? Shedding light on this frequently asked query, chef Kunal Kapur took to Instagram to share, "Egg colour is determined by the colour of the feathers of a hen. A brown-feathered hen

white-feathered hen will hatch white eggs."

Agreed Dr Manira hatch white eggs."

Agreed Dr Manira
Dhasmana, associate consultant, department of internal medicine, Max Super
Specialty Hospital,
Dehradun, and said, "The Spread colour of eggshells depends

on the pigments the hen pro-duces, which is mainly prooporphyrin."

But which one is nutrition-

hen. A brown-feathered hen

will give brown eggs while a

ally richer?

The nutritional profile of the eggs is more or less simi-lar, said Dr Mikita Gandhi, owner, Dietiations Hub, Indian Dietetic Association. Indian Dietetic Association.
"It has complete protein and is low in calories. Eggs are a rich source of certain vitamins and minerals such as choline, foliate, iron, zinc, inc., page 1. vitamin B12, vitamin A, and selenium," Dr Gandhi told

selenium," Dr Gandhi told indianexpress.com, adding that the nutritional profile of the eggs varies with the diet and environment of the chicken.
"Most people prefer brown eggs over white eggs as they feel that it is healthy and organic But resardless. and organic. But regardless of the shell colour, the nutriof the shell colour, the nutri-tional profile is similar for both the variants. You will find that the brown egg is more expensive than the white ones, this is mainly because the breed of the chicken that lavs brown eggs

gives bigger and fewer eggs thus increasing the secondexpense," said Dr "if one is a non-vegetarian, it is the best source of nutrition that one should include in the diet regardless of its

What to keep in mind

What to keep in mind when buying eggs? Eggs need to be fresh. Eggs should be stored in the fridge only. "If kept out-side, it is best to avoid," sug-gested Kapur. Here's a foolproof recipe to make soft boiled eggs.

to make soft boiled eggs from chef Anahita Dhondy Ingredients

2 - Eggs Water to boil eggs 1 tsp - White vinegar A slice of sourdough

1 tsp - Butter 1 tbsp - Spicy Mayo/any pread of your choice/Hummus (adjust as per liking) 2-3 leaves - Lettuce

2 - Cherry tomatoes, cut in

2-3 - Cucumber slices Extra virgin olive oil (EVOO) to drizzle

Salt + pepper to taste Method *Bring a small pot of water to a boil. Gently place the eggs, still in their shell, in the

water.

*Set a timer and cook for

exactly six minutes. This will yield a runny yolk but a set white. *Remove the cooked eggs

"Remove the cooked eggs from the water and place them in an ice bath and add a teaspoon of vinegar. This makes it easier to peel. "Toast your bread in a pan with some butter until it gets

some colour.

*To assemble, smear your spread on the toast followed spread on the toast followed by some lettuce, cucumbers and cherry tomatoes. Finish off with the two soft-boiled peeled eggs. *Drizzle some EVOO, sprinkle with some salt and

pepper for taste and serve

This Is Exactly How Much Exercise You Need to Counteract Sitting All Day, According to a Study of 44,000 People

An analysis of nine studies comes up with a definitive (and surprisingly doable) number

some apparently harmles some apparently narmiess aspect of everyday life is in fact conspiring to kill you. Several years ago the culprit was sitting. Sitting is the new smoking blared headline after headline atop articles that warned of new scientific findings that showed sitting at your desk all day caused metabol-ic changes that could put you in an

early grave.

But as often happens with health scares, as the years ticked by the message softened. inactivity is indeed terrible for you, but the effects could likely be counteracted by consciously adding more activity into your day.

What's the antidote to so much

sitting?

But how much moving around do you need to undo the damage your chair-based lifestyle is doing to your body? Do you need to invest in a treadmill desk and spend hours using it? Are CrossFit levels of fitness required? Or does standing up every once in a while to grab a snack do the trick?



deeply important ones for desk jockeys who don't want to be slow-ly killed by their chairs. Which is its have been hard at work on the question since the original panic erupted, offering a variety of different takes on how if your job keeps you planted on your butt most of the day. Their efforts are much appreciated, but could we have a single, actionable recommendation, please?

recommendation, please?

Recently one arrived. Enough data had piled up over the years

the fitness tracker data of 40,000 participants across four countries These efforts, published in The These efforts, published in The British Journal of Sports Medicine, now offer anxious entrepreneurs a clear answer -- 30 to 40 minutes of moderate activity a day is enough to counteract the negative health effects of sitting all day.

"In active individuals doing about 30-40 minutes of moderate to vigorous intensity physical activity, the association between high sedentary time and risk of death is not significantly different wrote. Which means even if you whole which means even if you got your job has you sitting eight or ten hours at a stretch, if you get your heart rate up for a half hour a day, you stand no greater chance of dying than those not glued to their chairs. Any kind of physical activities countries.

as moderate activity. Running or cycling are great, but even chasing your kids around, dancing in your living room, or replanting your rose bushes counts as long as i

activity who co-edited the special issue of the journal announcing the results. These findings follow a long line of other study results finding again and again that the basics of good physical health are more good physical neath are more attainable than many people think. Just a little bit of walking or even mere seconds of super vigorous exercise have been shown to help people live longer and healthier. Health recommendations and diet and exercise transfer can be

ts you breathing heavily

"All physical activity counts and

any amount of it is better than

none," commented Emmanuel Stamatakis, a professor of physical

diet and exercise trends can be confusing or unattainable. If you feel like you're never going measure up, it's easy to give up instead. This definitive study on counteracting the effects of sitting (and the other findings like it) is a great anecdote for wellness advice overwhelm. Follow every development and gimmick if you enjoy it, but if your goal is just staying healthy, sensible, attainable amounts of everyday activities

Flexibility Exercises to Stretch Nearly Every Muscle In Your Body

hen crafting a fitness routine, cardio activities and the top of the to-do list. And rightfully so: To stay on top of your health, you'll want to engage in at least 150 minutes of moderate-intensity aerobic activ-ity and do two days of resistance training each week, as recom-mended by the U.S. Department

mended by the U.S. Department of Health and Human Services. But that doesn't mean they should be the only component of your regimen. In fact, flexibility exercises — moves that improve - moves that improve the range of motion of the muscles and connected tissues at a joint – are just as important. Yet, they're often neglected, says Jess Fallick, an NASM-certified per-sonal trainer and SLT master

Here, experts break down flexibility training shouldn't be overlooked and share tips on how to incorporate it into your routine. Plus, you'll find 11 flexi-bility exercises you can start adding to your daily movement practice ASAP.

Mastering stretches may seem like NBD, but having flexibility is a key component to injury pre-vention, says Lindsay Monal, R.Y.T., a yoga teacher at YogaRenew Teacher Training. "If you're not flexible, you're more prone to injury," she says.
"If someone goes to pick something heavy up and they're not
bending their knees or not flexible in their spine, they [might] throw out their back."

Engaging in regular strength Engaging in regular strengtin and cardio work, which centers on contracting (read: shortening) muscles, while skipping flexibili-ty exercises (which lengthen the muscles) can also up your risk of injury, adds Fallick. "Your mus-cles will end up imbalanced," she explains "It an cause other she explains. "It can cause other joints and muscles to overcom joints and muscles to overcom-pensate for the ones that are too tight or too short and never have the opportunity to lengthen, which ultimately leads to strains, discomfort, and injury."

Not to mention, keeping your

root to mention, keeping your range of motion up to snuff can improve your everyday life. "Having flexibility in your body is going to make you be able to move more freely them." is going to make you be able to move more freely throughout your life," says Monal. "You're able to reach down and pick up your kids or grab the gro-ceries...You're not gonna feel uncomfortable sitting at your kid's baseball game." You'll also



be able to bend down and tie be able to bend down and tie your shoes, throw a ball to your pup, and grab a box of cereal off the top pantry shelf without feel-ing uncomfortable, adds Fallick. What Causes Inflexibility?

If you're short on flexibility, a lack of physical activity is likely lack of physical activity is likely to blame, according to the experts. "Society is set up in a way where you're sitting down most of the time — you're sitting at a desk, sitting in your car," says Monal. "And that can really proportion; inspect your flosibility or the proportion of the proportion o negatively impact your flexibili ty." The cliché "use it or lose it ty." The cliché "use it or lose it" most definitely applies; if you're not regularly moving your mus-cles and tissues through their full range of motion at a joint, you'll become less flexible over time, Aging can also curb your flex-ibility, adds Fallick. "As your body gets older, you end up los-ing a lot of water and hydration in your tissues and spine, which increases stiffness in your joints and creates a loss of elasticity

and creates a loss of elasticular throughout the muscle and sur-rounding tissue," she explains. Luckily, flexibility is a compo-nent of fitness you can train and improve. Even if you've never been able to touch your toes or typically struggle with certain poses in your classes you can poses in yoga classes, you can give your flexibility a boost with the right stretches and targeted

ne right stretches and targeted tovements, says Monal. The Best Flexibility Exercises or Your Entire Body

Ready to take your flexibility to the next level? Pick a few of the flexibility exercises below which are recommended and demonstrated by Monal, that tar-get your desired muscle groups and practice them as frequently as you can, she suggests. As a general rule of thumb, aim to perform your go-to flexibility exercises at least once a day, says exercises at least once a day, says Monal. "The more you do them, the more your body will be able to progress," she adds. FTR, you should put as much care and effort into your flexibil-

ity exercise routine as you would with your strength and cardio workouts. Before diving into the workouts. Before diving into the stretches, warm up your muscles and improve blood flow to them by taking a hot shower or mov-ing through a few active stretch-es (think: lunges, shoulder rolls, spinal twists), according to the

experts.

When you tackle the flexibility exercises themselves, remember to hold the stretch steady (read: to hold the stretch steady (read: don't bounce, or quickly move in and out of the stretch) for 15 to 30 seconds, relax for a breath, then repeat the stretch two to four more times, suggests Fallick. If you experience any sharp, shoot-ing pain or numbness, or you're

not able to comfortably breather take it as a sign that you've gone too far into the stretch and ease

too far into the stretch and ease up a bit, adds Monal.

Translation: Don't force your body into any position, even if you think it's what you're sup-posed to be doing, as doing so tends to lead to injuries, says Monal. "Get rid of this idea that Monal. Get rid of this face and there's a perfect, successful-look-ing pose," she says. "You don't necessarily need to touch your toes — it's great if you can and you should work toward that, but if you can't do that, you shouldn't feel shame or guilt."

1. Triangle Pose (Trikonasana)

1. Triangle Pose (Trikonasana) Triangle Pose (Trikonasana)
 After spending eight-plus
 hours sitting in front of your
 computer screen, turn to this
 flexibility exercise to open up
 and stretch nearly every muscle
 in your body, says Monal. This
 posture helps to strengthen the
 legs, core, and ankles while
 testerbing the obliques shoul. stretching the obliques, shoul-ders, hamstrings, ankles, and feet," she notes.

Pyramid

(Parsvottanasana)
If you're dealing with tight AF hamstrings, this flexibility exercise is for you. "It's a great pos-ture to increase flexibility in the hamstrings, calves, hips, and

spine, but [it] can be tough it

3. Wide-Leg Forward Fold 3. Wide-Leg Forward Fold This flexibility exercise helps stretch your entire lower body, including the ankles, calves, hamstrings, groin, and hip, as well as the spine, says Monal. But if you want to open up your but ir you want to open up your upper body too, clasp your hands together behind your back to loosen up your chest and shoulders, she adds.
Hold for 3 breaths.

4. Cat & Cow (Marjaryasana & Bittlesana)

"Practiced together, Cat and "Fracticed together, Cat and Cow poses are a great way to connect with your breath while stretching the whole spine, chest, and shoulders," says Monal. "This is a great warm-up before any type of physical activity, or even just after a long day of sit-ting, that will increase the flexi-hility of your spine and decreases bility of your spine and decrease tension in the upper and lower

5. Crescent Lunge This flexibilty exercise targets the hip flex-ors, quadriceps, and ankles, and by clasping your hands behind your back throughout the lunge, you'll also open up your chest, savs Monal.

conducting record 1.5 lakh booster doses



JI NEWS SERVICE

JAMMU, NOV 24: Continuing its mission of serving people and encour-aging health warriors, Team Jammu today honoured Medicos including pharmacists and Asha workers for conducting record 1.5 lakh booster doses at a small sub-

booster doses at a small sub-center UHP, Shakti Nagar. Activists of Team Jammu, led by Chairman Zorawar Singh Jamwal, personally visited these medicos and felicitated them by presentAppreciation highlighting their immense contribution to the society.

Speaking on the occa Team Jammu chief, Zorawar Singh Jamwal said that it was because of these medicos that India could ntrol the death rate of COVID patients notwith-standing huge spread of the virus. He also appreciated the services of volunteers of

Team Jammu especially, President Nat Manch, Tarun Sharma and others mem-bers for their coordination helping people nedicos to achieve the et of 1.5 lakh booster do

get of 1.5 lakh booster doses. While interacting with medicos, in-charge, UHP, Shakti Nagar, Dr Perkin Raina informed that though this sub center had a target of 13 to 16,000 booster doses, but here, besides local population, people from peripheral localities and even from village areas visited this sub-center to get booster dose. It became su cess only because of local

support especially the youth

who played a selfless role of volunteers. "Our team even visited to houses of elderly. handicap, accident victims who could not reach subcenter and administered booster doses at their door steps," she added. Among other Medicos

who were presented Certificates of Appreciation included Dr. Perkin Raina (Medical Officer), Dr.Vijav Kumari (Medical Officer), iushan Lal Bhat Pharmacist), Romesh Chib Pharmacist), Raini (FMPHW), Gupta Sugandha Bakshi (FMPHW), Preeti Mamolia ((FMPHW), Reeta Kumari (BHW) and Rashmi Sharma

(Asha Worker). Surinder Sharma, Ashok Kumar, Sanjay Verma, Vijay Sharma, Ashok Gupta, Bijju Sharma, Darshan Kumar, Rishav Chalotra and Ravi Kumar were among others

NDPI demands restoration of J&K's statehood, early conduct of assembly polls

II NEWS SERVICE

JAMMU, NOV 24: Lashing out at the Central government over unemployment the National Democratic Indian (NDPI)demanded restoration of Jammu and Kashmir's livelihood and early assembly polls.The NDPI on Thursday demanded the restoration of Iammu and Kashmir's state Jammu and Kasmmr's state-hood and early holding of assembly polls. NDPI J&K UT president Rajesh Gupta accused the Narendra Modi government of handling matters related to Jammu and Kashmir in an autocratic manner.Addressing to workers meeting, also tar-geted the central govern-



ment over the issues of price rise and unemploy rise and unemployment.
"Before coming to power,
Modi made huge promises
to hoodwink people...but he
couldn't fulfill even one of
them," Gupta charged.
NDPI leader said the

price of LPG has gone up by 156 percent, petrol by 40 percent, diesel by 75 per-cent, mustard oil by 122 per-cent, wheat flour by 81 per-

cent, and milk by 71 percent under the Narendra Modi ised to provide two crore jobs every year, but only 7.5 lakh jobs were only 7.5 lakh jobs were given in the eight years, he claimed. The government made huge claims about startups but in reality more than 20,000 youths have been retrenched by them, Gupta claimed.In Jammu and Kashmir, the administration has collectively pun-ished candidates who had qualified for various jobs over corruption and malpractices on its part, he alleged. "The Modi government has resolved to render every deserving candidate jobless. PM Modi has

poor and give it to his rich friends and that's exactly what he has been doing for the past eight years," Rajesh Gupta alleged. "Jammu and Kashmir

have a huge capacity for power production. Despite harnessing thousands of megawatts of power, it's kept in dark. The people of Jammu and Kashmir rightfully deserve a part of that power which is produced here," he said. Others who attended the meeting were Umesh Manhas, S.Kuljeet Advocate Jyotsna Ved, Rajiv Luthra, Sandeep

Elected representatives responsible for backwardness of Bhaderwah: Vikram Rathore

Apni Party committed for equitable development, employment for local youth

II NEWS SERVICE

BHADERWAH, NOV 24: Apni Party Provincial President Legal Cell, Jammu, Vikram Rathore today the elected represen-tatives in the past have remained responsible for backwardness Bhaderwah.Therefore, he Bhaderwah. Therefore, he demanded overall development and employment for the local youth in ongoing projects in Bhaderwah and Doda district. Addressing a meeting in a remote village of Bhaderwah, Rathore said that "It is unfortunate that

villages."

He said that the approach roads are not provided to all the villages, no clean drink-

the villages, no clean drink-ing water facility nor any health related upgradation of the health centres. "The poor health infra-structure in the rural belt of Bhaderwah has compelled people to travel to Jammu or Srinagar or outside J&K for better treatment.

The construction of struc-

ties which ruled J&K and many of their MLAs were elected from Bhaderwah failed to develop the remote villages."

He said that the approach said that the approach and doctors with modern equipment," he said. He said that PHCs, SDH

and DH have become refer-ral hospitals and the patients have to suffer in absence of any kind of m absence of any kind of mon-itoring on the doctors.He also highlighted the issue of poor road links to the remote villages.

"The promise of develop-

ment has not been fulfilled and people are disappointed with the traditional polithave expressed their faith in the politics and agenda of the Apni Party," he said. He said that dozens of people join the Apni Party

everyday from all the regions and every section of society as they see a ray of hope in the leadership of Syed Mohammed Altaf

Bukhari sahab.

He said that the Apni
Party is committed for the
equal development, and
employment in all the regions of J&K. He also dis cussed various other iss being faced by the people in Bhaderwah

Shiv Sena demanded for Zakir arrest and boycott of FIFA World Cup



JI NEWS SERVICE

24: IAMMU. NOV JAMMU, NOV 24: Expressing strong protest over the presence of Zakir Naik, accused of spreading mutual hatred and terrorist activities, in the FIFA World Cup, the Shiv Sena Jammu Kashmir unit has appealed to the Modi gov-

and appeal to the people of the country to boycott the FIFA World

state chief Manish Sahni, while addressing the media at the party' centre office in Jammu today, said that Zakir Naik, accused of spreading hatred against non-Muslims, forced con-

versions, money launde ing, provocative speeches and terrorist activities, was ent in the FIFA World

Cup in Qatar.
Sahni said that the Modi government should use its international stature to arrest Zakir and bring him

Sahni said that under the

should be allowed to promote fundamentalist thinking. He said that such infor on is being received that during the FIFA World Cup in Qatar, under the guise of religious sermons, Zakir can be spewed against other religions. Even before this many times Zakir has snewed venom against other religions through his religious teachings. Sahni also appealed to the people of the country to boycott the FIFA World Cup. on this occasion Gen secretary Vikas Bakshi, G I Singh , president Kamghar wing Rai Singh Manju Ram

Team Jammu honours health warriors for Johal distributes relief material among 300 families at Indo-Pak Border village

JI NEWS SERVICE JAMMU, NOV 24: Vishal Khatri Sabha today organ-ized Bhandara at Utterveni to mark Amavasya. Vishal Khatri Sabha J&K President Khatri Sabha J&K President Devender Seth along with other members of Sabha served langar among devo-tees. Seth on the occasion prayed for the betterment of society and developing all regions of J&K equitably. Earlier Bhandara was attended by devotees in large numbers. Comm people and locals including shopkeepers of the areas irrespective of their cast, creed, region or religion attended Bhandara and had community meal (Langar).

After payers and rituals, Seth prayed for peace in J&K and said that such vents bring people closer to ach other.

He said Sabha is commit-

to strengthen their



resolve and continue to serve community regularly. He also said that more such events must be organised to strength social bonding in

Seth further said historically rich Jammu has ma cally rich Jammu has many temples, palaces, water bod-ies and buildings that if developed can become places of attractions for visi-

many such projects of importance will pave way for state to welcome tourists

in a big way. Seth observed that such places of historic impor-tance add to the grandeur of

This, she said is a gre sign of brotherhood ar spiritualism that can be showcased around the globe.Praying for happy and healthy life for people and healthy life for people of J&K and also for peace to be dawned here, Seth said that the routine Aarti and chanting of hymns here reverberate in the air thereby sending positive vibes.

Cambridge International **School celebrates Annual Day**

II NEWS SERVICE

the stage as Cambridge International School, Purkhoo Camp. Domana Purkhoo Camp. Domana, Jammu proudly celebrated its 2nd Annual Day, MAG-NUM OPUS on 24th of November, 2022 in a glori-ous way at Gen. Zorawar Singh Auditorium of Jammu University having festive look with colorful dresses by the students right from Nursery to 10th st

Rajinder Sharma, Mayor Jammu Municipal Corporation, graced the occasion as Chief Guest while Mr. Baldev Singh Billawaria, Deputy Mayor, Iammu Municipal Corporation was the Guest Corporation was the Guest of Honour. Shri Devinder Singh Manhas, DEPO, School Education Department, Jammu, Mrs. Rupinder Kour (JKAS), BDO, Akhnoor graced the occasion as Specal Guests. Th. Shiv Dev Singh Jamwal, Vice Chairman, CIS also graced the occasion. The lighting of the lamp was done by the Chief Guest, Guest of Honour, Chairman of CIS Er Viddhi S Singh, Managring Director Er Renu BDO, Akhnoor graced the Managing Director Er Renu Bangroo and Principal of



the school.

The welcome address was given by Managing Director of school, Er. Renu Bangroo and the anchoring was beautifully and systematically carried out by Ms Niyati Mahajan, Ms. Nirupama Jamwal and Ms. Suneedhi Sharma. The Programme started with a breathtaking dance Shiv Tandava by beautifully dressed students to invoke

Lord Shiva.

The School report presented by the Principal of the school, Sh. Birendra of the school, Sh. Birendra
Prasad followed by Mashup performed by School
Choir. This was setting the
mood of the audience.A
musical Theatre Production
- Alibaba & 40 Thieves was
showcased by the students showcased by the students. The audience was spell

bound to see such a mes bound to see such a mes-merizing performance by the children.Kindergarten children presented a beauti-ful JIVE dance and the Hip Hop dance, the audience tapped their feet on the dance. Yoga improves strength, balance and flexi-hilts. With this mescare CIS bility. With this message CIS bility. With this message Lbs students showcased their talent in Yoga. The audience was spell bound to see the Spanish dance presented by the children Hindi play, Veer Abhimanyu was performed so beautifully by the stu-

so beautifully by the stu-dents that the whole audidents that the whole audi-ence was lost in to the era of Mahabharata, while the play was beautifully staged. The valor of Abhimanyu was highlighted through this play. The academic top2021-2022 were given away the prizes during the Prize Distribution. Anmol Chhibber, Hitaen Bhat, Sutikshan Pratap, Ranveer Jamwal, Pragya Sharma, Tanishq Pandita, Uzair Jamwal, Pragya Sharma, Tanishq Pandita, Uzair Javed Makhdoomi, Makshi Bhat and Aakriti Slathia were awarded for their spe-cial achievements in differ-ent sports and art activi-ties. A beautiful dance by the ties. A beautiful dance by the tiny tots along with their fathers was staged in such with a manner that every-one sitting in the auditori-um was spell bound. The Chief Guest in his address applauded the chil-dren for their beautiful wessentation either in the

presentation either in the form of dance or act. He said that each and every child is unique with some attributes or the other. It is we, who have to hone their talent by motivating them.

The whole show, costume

designs, make up, designing of the function, was directed by Theatre Director Mr Pratyush Toor from Delhi. The dances were choreo-graphed by Sam, Jeet and Mohit.

Mohit.

Vote of thanks was proposed by Vice Principal Mrs
Rajni Malhotra. The program concluded with the
National Anthem.

DC Kathua reviews measures taken to curb drug menace at NCORD meeting

Calls for coordinated efforts to counter drug menace

JI NEWS SERVICE

KATHUA, NOVEMBER 24: Commissioner Deputy Kathua, Rahul Pandey today chaired a meeting of today chaired a meeting of the District Level Committee under the Narco Coordination Centre (NCORD) to discuss meas-ures to curb the drug abuse and narcotic trade in the district.

trict.
A the outset, the
Committee apprised the
meeting about the action
taken by all stakeholders to
keep a check on drug abuse.
While taking feedback
from officers on the Action

from officers on the Action Taken on decisions taken in the last DLC on NCORD, the DC asked the stakehold the DC asked the stakehold-er departments to act in a coordinated manner. He enjoined upon the officers to ensure zero tolerance against the perpetrators of drug trade and take meas-ures for treatment and respaures for treatment and reha-

ures for treatment and reha-bilitation of the drug users. The DC directed the Agriculture department to work in tandem with the Forest Department to

drives in areas where wild growth and illegal cultivation of cannabis and poppy were reported.

were reported.

The DC called upon the
Commandant, BSF to follow
a two-way mechanism of
information sharing with
civil and police administration to keep vigil on narcotic smuggling activity in the smuggling activity in the border belt. He said a high vigil is required in areas along the International bor-der as the area has wit-nessed attempts to push narcotic drugs from across the border. the border.

Reviewing the Drug deaddiction and rehabilitation scenario of the district, the DC directed CMC DC directed CMO, Assistant Controller Drugs, CEO, District Social Welfare Officer, ACD Kathua, Chief Agriculture Officer along-with BSF authorities to keep a strict vigil over illicit drug supply and sales and take effective countermeasures

to weed out drug menace.

The meeting also reviewed the status of

tallation of CCTV veillance systems in phar-macy shops to keep a check on the unauthorised sale of on the unauthorised sale of drugs, the DC directed Assistant Controller Drugs to enforce the mandatory installation of CCTV in all such establishments dealing with the over the counter sale of medicines within specified timelines.

spectited timelines.

It was revealed in the meeting that the licenses of ten pharmacy shops have been suspended, while 24 samples from different shops have been lifted for inspection recently. inspection recently

The CMO apprised the

eting that a drive to identify drug addicts has been taken up by the Health Department, besides a regu-Department, besides a regu-lar inspection of Drug De-Addiction Centres is being done and all the inmates are being tested for HIV and Hepatitis-B.

The DC also called upon ADCs and SDMs to ensure

that regular awareness that regular awareness drives be conducted in schools and colleges where officers of civil and police administration educate young students about the ill effects of drug abuse and motivate them to choose a motivate them to choose a healthy lifestyle.

Quami Ekta Meet held

JI NEWS SERVICE DODA, NOV 24: In continuing with its endeavor to pro-mote peace and tranquility and to evolve an environment of brotherhood and harmony amongst the Awam population a Quami Ekta Meet was organised by Indian Army at

Gahan. The event was graced by an approximate gathering of 30 prominent personalities from the nearby villages. During the course of interaction initiatives being undertaken for development of the region and problems being faced by the local populace were discussed and solutions were sought.

Source Segregation Campaign to make NHM delegation calls on Sham Lal, Jammu clean: Mayor JMC



JI NEWS SERVICE

JAMMU, NOV 23: When it comes to waste segregation, the biggest challenge - after setting up civic infrastrucmanpower - is to bring change in people's

regard Jammu Municipal Corporation will launch a drive to segregate waste at source said Rajinder Sharma, Mayor JMC

clean the garbage segregation campaign will be initi-ated in wards of JMC. The

concept aims to inculcate the habit of segregation among residents and educa-tion campaigns regarding it have already going on the ground to popularise the concept.

"The initiative for waste

initially started from 100 houses said Mayor while addressing the media persons today at Conference hall of JMC.

Also a massive campaign will be taken to educate the general public about the ill effects of single-use plastic items and the need for waste

management added Mayor.

He added that Children
can be considered the
changemakers, in fact, when it comes to waste segrega-tion. We have plans of taking the concept to schools so ing the concept to schools so
they will in turn inspire
their parents to follow
through. There's better
response when children are
involved.

Deputy Mayor ,Baldev Singh Billawaria and Chairman Swachh Bharat Committee, Hardeep Singh Mankotia were also presen

Mankotia; submits memo II NEWS SERVICE

JAMMU, NOV 24: Vice President of Bharatiya Janata Party (BJP) Sham Lal Balwant Mankotia have asserted that they are highly optimistic of arriving at a favourable solution to the just and gen-uine demands of NHM

employees. They expressed this after receiving a memorandum of demands along with sup-porting documents from the NHM (National Health NHM (National Health Mission) Employees delega-tion here today. It is pertinent to mention here that both the aforesaid BJP leaders are the members

of the Empowered Committee constituted to look into the matters of all

contractual and consolidat-ed employees of J&K UT including the aforesaid

issues.

It was in this regard that a delegation of National Health Mission (NHM) employees led by Rohit Seth, President, All J&K Seth, President, All J&K NHM Employees Association and comprising Dr. Rameshwar Singh, Dr. Ashish Khajuria, Surinder Khajuria District President

During the meeting of the delegation members with the senior BJP leaders held in a very cordial atmosphere there was a detailed discussion on all the issues of the NHM employees which were well taken by the BJP leaders while holding seri-ous point to point delibera-tions on each and every

Designated Committee members assured the deputation that they will take personal interest and initiative in the interest and initiative in the matter especially consider-ing the points enumerated in the charter of demands presented by the All J&K NHM Employees Employees

Association deputation and would make their level best efforts to seek a just and fair solution favourable to all of

them.

The asserted that they will

those issues soon take up these

with the concerned authori-ties at every level.

Meanwhile, Sham Lal and Balwant Mankotia asked the NHM leaders to remain in continuous touch with the Empowered Committee regarding their issues

They opined that with all the supporting documents provided by the delegation provided by the delegation to the Committee, they are very optimistic of a favourable solution to just and genuine demands of NHM employees.

AAP, other political parties no match to BJP: Ravinder, Priya

Sr AAP leader Pooja Grover along with supporters join BJP



II NEWS SERVICE and other political parties are no match to BJP because these outfits are by and large working as private limited companies with decision making power restricted only to their never

changing presidents. This was stated by BJP J&K Chief Ravinder Raina and former minister and BJP National Executive Member Priya Sethi while welcom-ing senior AAP leader and rtv's Iammu- Poonch Incharge Pooja Grover after

Kishore Sharma, former Dy. CM Kavinder Gupta, former Minister Dr. Devinder Kumar Manyal, former MLA Devender Singh Rana, Rekha Mahajan, Office Secretary Tilak Raj Gupta, Prabhari Jammu West Rajeev Charak and other senior party dignitaries were present on the occa-

Ravinder Raina said that there is no exaggeration in the fact that no party matches the qualities possessed by BJP because it is the only nationalist party in the country in which the nation stands first and everything comes after this priority. He MP (Lok Sabha) Jugal asked the newly joined

members to work for strengthening the party at grass roots level because in J&K, overtly and covertly, all the political parties have joined hands to oppose BJP thus making it imperative to persistently disseminate information among the masses about the progressive and pragmatic policies of public welfare and national interest brought in by the BJP and its future plans to steer the UT out of morass created by the successive regimes run by the

dynastic parties in the past.

Priya Sethi, while accordwarm welcome to Pooja Grover and her sup-porters in the party fold,

asserted that it is only BJP which has given due rights to women folk and substantially empowered this seg-ment of society which was discriminated against by all other parties in the last over

Citing the number of cencting the number of cen-trally sponsored schemes meant exclusively for the women folks like Ujwala Yojana, Beti Bachao Beti Padhao, and many more, she said that no other party can boast the way the BJP under the stewardship of PM Narendra Modi can list the efficient schemes and policies crafted only for omen of the country to sure their empowerment and bring them at par with the men, that too in the patriarchal society, in which men have the absolute authority. This, she said, is the biggest achievement of the BJP Government and therefore makes BJP a party

with a difference.

Pooja Grover, addressing
the gathering, expressed
happiness over joining the largest political party in the world and assured that she ng with her supporters to further strengthen BJP at

BJP Govt will leave no stone unturned for J&K's equitable development: Kavinder





Singh, Ritesh Singh, Aarti Bhat, and Savita Verma met the BJP leaders Sham Lal

the BJP reauers Stant Singh and Balwant Singh Mankotia and submitted a memorandum to them demanding resolution of the issues of NHM daily wagers

This memorandum sub-mitted at the Party office enumerates demands of Regularization of NHM

Employees working in vari-

ous health institutions of

Doctrine of Equal Pay for Equal work till regulariza-tion is achieved or salariza-

par on the analogy of their counterparts in the Health

Implementation

Territory, of the

once for all.

JI NEWS SERVICE

JAMMU, NOV 24: Kavinder Gupta, former Deputy Chief Minister and senior Bharatiya Janata Party (BJP) leader has erted that the BIP Govt at the Centre will leave no the Centre will leave no stone unturned for equitable development of Jammu and Kashmir Union Territory. He said that this is evident from the fact that it is paying focussed attention on equitable development besides welfare and pros-perity of the people of this traumatized region. He expressed this while addressing a path.

here today to kick-start development works of drains at Channi Himmat Sector-2 falling in Ward No:

The former Deputy Chief Minister kick-started the aforesaid development work estimated to be work estimated to be com-pleted at a cost of Rs. 10 lakh in the presence of Vinay Gupta BJP District President Jammu, Raj Kumar Corporator and Chairman Health ...
Narinder Koki and ...
Kumar besides a large number of residents living in the bis address, Health and sanitation, Narinder Koki and Jagdish Kumar besides a large numcommitment to equitable development of Jammu and Kashmir Union Territory.

He said that the Union Govt is paying focussed attention to Jammu and Kashmir Union Territory and is determined to carry and is determined to carry out developmental activities in every nook and corner of this sensitive region. The senior BJP leader said that Modi led Govt at the

Centre has prioritized the overall development of all the areas without any rural-urban or other discrimina-tion. He said that cleanliness

area and proper sanitation is inevitable to augment the efforts towards cleanliness. He said that the Government will leave no stone unturned in ensuring stone unturned in ensuring the proper sanitation infra-structure like drains, etc along all the lanes and roads. He said that the development drains taken up today was a long pend-ing demand of the people of this area and after the comthis area and after the completion of this project the people will get benefitted and would enjoy the result-ant ease of living in a clean environment.

Meanwhile, the former Deputy Chief Minister took the opportunity to interact

opportunity to interact with the people of the area and took stock of their problems and issues on the occa-

sion.

After giving them a patient hearing, he assured to get their grievances addressed at the earliest by taking up the same with the concerned authorities. He appealed to the people to further strengthen the hands of PM Narendra Modi for equitable develop-ment of Jammu and Kashmir Union Territory.

Yogesh Sawhney meets Congress President Mallikarjun Kharge in New Delhi

JI NEWS SERVICE

JAMMU, NOV 24: Former

Minister J&K Yogesh

Combon met with Congress President
Mallikarjun Kharge at his
residence in New Delhi on
Wednesday to discuss important ongoing political of Jammu and Kashmir. Sawhney congrat Kashmir. Sawhney congrat-ulated Kharge on his recent appointment as All India Congress President and welcomed his leadership. He discussed matters per-taining to the welfare of the people of Jammu and Kashmir and apprised the President of the local issues

and needs.

Sawhney later explained that 'Kharge Ji's initiative to know and understand local issues will help the party build a better mechanism and strengthen the organisations in Lumpurand sation in Jammu Kashmir' and he had sought to highlight major issues of J&K in front of the national leadership.

After meeting with the

Congress President, Sawhney also met with senior Congress leader Sh. Randeep Singh Surjewala



attached to the office of the MP Rajya Sabha Sh. Syed Nasir J&K. The leaders, who have had a long association since their respective Youth Congress days, also discussed the strategy to strengthen and uplift the party in Jammu Kashmir. Sawhney raised both political and people-centric issues during his visit, attention and work on which will lead to betterment of the

lead to betterment of the party and the people alike.

He also expressed his gratitude to the Congress President for his time and interest in hearing the burn-ing concerns regarding political development in Political development particularly Jammu Kashmir

Sawhney stated that due to the absence of an elected government, the UT lacks in various accounts and the various accounts and the Former Minister gave his inputs on two fronts, for internal and fundamental strengthening of the Congress party itself within Jammu Kashmir and its organisational framework organisational framework,

tionship with the people. tionship with the people.

Mallikarjun Kharge, who
had assumed charge as the
Congress President in
October, had stated his
intention of strengthening
the party and reaching out
to party members. Former
Minister Yogesh Sawhney
reiterated the statement and reiterated the statement and reiterated the statement and said that 'Kharge Ji as the President is aware and interested in uplifting the party across India and in J&K, for which we are eager to lend our full support'. He said that the meeting with the Congress President

with the Congress President was fruitful as he was able was truttul as he was able to share inputs from Jammu and Kashmir directly to the top leadership so that areas of improvement can be recognised and a compre-hensive plan of action can be deviced to tackly the lead hensive plan of action can be devised to tackle the local problems unique to J&K. Sawhney also said that he was grateful to Mallikarjun Kharge Ji for the time and Kharge Ji for the time and support and stated that the meeting proved fruitful as he was able to discuss many important issues received inputs from the national leaders.

Vikalp SMVDU Celebrates Children's Day

JAMMU, NOV 24: Vikalp SMVDU, aiming towards the students' welfare, has been working to provide education to all the children coming from vil-lages, namely Sira, Dheerti, Sool, Kakryal, and Jhajjar. This timeVikalp celebrated its 13th children's day last week, where Prof. R.K.Sinha, Vice-Chancellor, SMVDU was invited as the chief guest of the event and other faculty member were there as guests of honour.The celebration commenced with a brief introduction about chil-

with a base dren's day.

The guests were greeted with a warm welcome and a poem titled "Mai a warm welcome are a poem titled by the students of Vikalp showing their devo tion towards vikalp. This year's theme
"Vikalp Mania" filled everyone with
splendour, rush and excitement. The
performances were well synchronized performances were well synchronized with the theme starting with toddlers dancing on the tunes of "Ek Zindagi Meri" expressing their emotions about their dreams and passion. For some fun banter, the next performance was a



group song titled "HanikarakBapu

sung with great innocence. distribution ceremon awarding all those who performed well was conducted after the celebration. Prof. R.K.Sinha delivered at inspiring speech to the young builders of our nation. He encouraged everyone to work hard and talked about the change we all can bring together as a community to treat every person irre-spective of their background, section or class

To bring an end to this wonderful evening, a special vote of thanks by Shri SumantaSarathi Sharma, Faculty Coordinator of Vikalp. He appreciated all the volunteers and the children of Vikalp for their efforts to make this event a success. Vikalp expressed gratitude to all stakeholders, involved in making this celebration a successful

3-Day workshop on 'Emotional Wellbeing, Stress Management' commences at J&KIMPARD



JI NEWS SERVICE SRINAGAR, NOV 24: A three-day workshop on 'Emotional Wellbeing and Stress Management', conducted by and Stress Management, conducted 2, Art of Living Foundation commences at J&K Institute of Management, Public Administration & Rural Development

(J&K IMPARD) here.
The workshop was inaugurated by
Commissioner State Taxes
Department, Dr.Rashmi Singh.

The workshop is being held as part of the initiatives taken by State Taxes of the initiatives taken by State Taxes Department for its employees through a specially designed training modules as a move toward prioritising mental wellness at work. The Sub inspectors recruited under PM Package have been selected for the first such training under this work-shop.

Speaking during inaugural session of the workshop, Dr.Rashmi Singh said that the workshop will motivate participants to make full use of this participants to make full use of this opportunity to learn stress manage-ment, behavioural modification skills, personal and organisational values, empathy, teamwork, smart goal con-cept, and other related values. She urged the participants to fully utilise this once-in-a-lifetime opportu-nity by forcusing on proferiation skills.

nity by focusing on reorientation skills attitudinal adjustments, mental forti tude, and other key abilities for all of life in today's environm

nance.
Director Trainings, IMPARD, Dr.
Jahan Ara Jabeen while speaking on
the occasion, emphasised on the topic

of self-governance paving way for good governance slogan given by the overnment.

NEWS

Program Director, Youth Affairs at The Art of Living, Avinash Tikku, dur ing the workshop conducted demon-stration session of breath control techofficers of the State Taxes Department and gave an introduction for other sessions to follow.

Additional Commissioner, State (Administration Kashmir, Shakeel Enforcement) Enforcement J. Kashmir, Shakeel Maqbool; Deputy Commissioner Central Enforcement State Taxes, Parvez Ahmad Raina; Assistant Commissioner State Taxes Technical, Waseem Raja and other senior officers of the State Taxes Department were also awards to the cereion of the commissioner of the commissioner of the state Taxes Department were also awards to the cereion. also present on the occasion

KVK Gbl organizes Training/ Awareness programmes for farmers of District

GANDERBAL, NOV 24: The Krishi GANDERBAL, NOV 24: The Krishi Vigyan Kendra (KVK) Ganderbal today organized two training cum awareness programmes regarding Training & Pruning and Orchard Sanitation at Shuhama, here.

The programme was presided over by Dr. Ishfaq Abdid, Senior Scientist & Head, KVK Ganderbal and was a strangel of the programme was provided to the control of the programme was presided over the control of the programme was presided over the control of the programme was presided over the programme was presided to the programme was programmed to the programme was president to the programme was p

attended by Scientific and Supporting staff of KVK Ganderbal, progressive orchardists of District Ganderbal and

orchardists of District Ganderbal and RHWE students. More than fifty participants regis-tered for the programmes. Dr. Ishfaq Abidi, Senior Scientist & Head, KV Kanderbal described the Head, KV Kanderbal described the importance of proper training and pruning in improving fruit quality and making the trees more manageable. He also described the various training and pruning systems that can be adopted by the farmers to make the plants more productive and increase their longevi-

Dr. Abidi further emphasized on the importance of Orchard Sanitation for importance of Orchard Sanitation for management of various diseases in fruit trees. He discussed the efficacy of various sanitation strategies in reduc-ing the incidence and severity of pathogen infestation, as the diseased foliage and fruit is the main source of

Dr. Abidi advised the farmers to





KVK for addressing their queries. Dr. Shafat Ahmad Banday, Scientist

Horticulture gave a detailed power point presentation on 'Training and point presentation on 'Training and Pruning'. He thoroughly described importance of proper training and pruning for better production from

diseases. He highlighted the impor tance of maintaining proper orchard on for better orchards

orchards.

The participants were given hands on training regarding proper training and pruning techniques followed by field visit to KVK Farm.

Dr. Banday showed the variou An Interaction Session of partici An interaction Session of partici-pants and experts was also organized, where-in participants discussed vari-ous queries regarding spray and time of pruning. The trainese expressed their gratitude for conducting the pro-gramme and wished for more aware-ress programmes in future. methods of training and pruning and stressed on shunning the conventional methods being used by farmers since decades. Dr Farooq Ahmad Ahanger, described the importance of 'Orchard Sanitation' for management of various

DLMC discusses Formation, **Promotion of FPOs**

DC calls for creating mass awareness about flagship scheme

JI NEWS SERVICE DODA, NOV 24: Deputy Commissioner (DC) Doda, Vishesh Paul Mahajan today chaired the meeting of District Level Monitoring Committee (DLMC) to discuss the Formation and Promotion of Farmers Promotion Organisations

(FPOs) in the district. The DC asked the concerned departments spread mass awareness among the farmers about

among the farmers about the economic benefits of the FPO scheme.

He underlined the need for developing a database of area wise variety of fruits, vegetables and crops for inclusive and holistic plan-

At the outset, brief discus

At the outset, brief discussion was held on the existing FPOs and the scope of their activities. It was informed that Bhaderkashi fruits producers Company in Bhaderwah Block and 'Assar vegetables produce company limited' in Assar Block are the two



existing FPOs in the District The Committee approved new FPOs for Vegetables and Honey trade Vegetables and Honey trade at Marmat and another for Walnut at Bhalessa. The meeting discussed prospec-tive business plan of exist-ing FPOs with CBBOs, progress of FPOs and future course of action of newly

approved FPOs.
DDM NABARD, who is also the Member Secretary

monitoring of the FPOs by NABARD

TOF JAMMI 20

NABARD.

He also highlighted the salient features of the scheme, besides area of services and activities to be undertaken by the FPOs.

The DC reiterated that

formation and promotion of FPOs was the first step towards enhancing cost effective production and net increase in the income of the

He urged the stakeholder

He urged the stakeholder departments to work with an all-inclusive and holistic approach for enhancing the income of Farmers.

The meeting was attended by ADC, ACR, Chief Planning Officer, DDM NABARD, CAO, CHO, DAMO LDM control of the property of the pro DAHO, LDM, representa-tives of CBBOs and other members of the Committee

DC B'pora chairs district-level Aadhaar **Monitoring Committee meeting**

JI NEWS SERVICE BANDIPORA, NOV 24: The Deputy Commissioner (DC) Bandipora, Dr. Owais Ahmed on Thursday convened a meeting of district level adhaar monitoring committee at mini secretari-at, here. The meeting was informed that in the age group of 0-5, District Bandipora generated Aadhar for 19627 against an Addinar for 1962/ against an estimated population of 25700, covering 85.74% of the target population. The meeting discussed threadbare Aadhar saturation in all age groups and mandatory biometric update of children besides requirement of addi-tional enrolment and update

The meeting also deliberated on the modalities like proper space, deployment of operators and it was given out that state of the art Aadhar Seva Kendra shall be set up a centrally least be set up at a centrally locat ed space which shall pro-vide all Aadhar related services at one place in a dedicat-



ing that additional enrolling that additional enroll-ment and updation centres will be set up in the uncov-ered areas of the district for the convenience of the gen-eral public.

Dr. Owais on the occasion said that Aadhar has a tremendous potential and scope in curbing cyber frauds. He urged the uncov-

enrolled as it is mandatory to avail benefits of various to avail benefits of various government schemes. The DC directed the concerned to monitor the centres and facilities available on regular basis and also directed the concerned to increase the Aadhar enrolment saturation in 0 to 5 year age group. The meeting was attended by Additional Deputy

Commissioner Bandipora Karnain State Coordinate UIDAI, DySP Bandipora, DSWO Bandipora, Lead District Manager, Bandipora, and other con-cerned officers. Additional Director General, UIDAI, Sanjeev Mahajan also attended the

DDC chairman Doda launches work of WSS at Bhaderwah Village



JI NEWS SERVICE DODA, NOV 24: Chairman

work of water supply scheme "Thuba."

Chairperson Vice Vice Chairperson Sangeeta Bhagat , ADC Bhaderwah, Dilmir

Choudhary; Executive Engineer PHE, Sarpanches of Mistrata, Thuba and Manthla at Thuba, Manthla at Thuba, Bhaderwah were also presThe WSS shall be con-structed under Jal Jeevan Mission by Jal Shakti [PHE] department at an estimated cost of Rs 364.45 lacs.

The DDC Chairman while hailing the Center's Jal Jeevan Mission, said the scheme would unburden the life of our mothers and sisters due to easy access to water within the comfort of their homes their homes

DDC The chairman The DDC chairman directed the implementing authorities to ensure and maintain the quality of

HCL Founder Dr Ajai Chowdhury and VC IUST Prof Shakil Romshoo formally launch JKDAF

(jkdaf.org) or Jammu & Kashmir Digital Advocacy Forum, an advocacy forum in the digital sector was for in the digital sector was formally inaugurated jointly by Dr Ajai Chowdhry, Founder HCL and Prof Shakil A Romshoo, Vice Chancellor, Islamic University of Science & Technology, Kashmir. Speaking on the occasion, the diginitaries highlighted the significance of such forums and how it can, play a pivotal bridge. between academia, startups and the facilitating ecosys-tem consisting of govern-ment, industry and the investor community.

Addressing the gathering, Addressing the gathering, Dr AjaiChowdhry, Founder HCL, said, "Building the right ecosystem for India's Digital Economy requires a link between educational institutions and industries.

Start-ups, research, and educational institutions educational institutions should work together to make India the world's next product capital." Adding to

it, Prof Shakil Romshoo, VC IUST said, "The country has an abundance of skilled labour. An ecosystem of start-up-led innovations start-up-led innovations and a synergy between edu-cational institutions and industries are all that is required to propel the country's economic development. JRDAF could help bridge the gap and contibute to the development of the ecosystem."

Earlier, welcoming the dignitaries, Dr Manu Zarabi, Patron JKDAF

shared the vision of the forum founded by profes-sionals in the digital sector driven by passion with a commitment to contribute towards a thriving digital ecosystem in the UT of J&K. ecosystem in the UT of J&K.
JKDAF has the following
key initiative areas: - Public
policy, advocacy and innovation; Entrepreneurship
and investments; Skilling and industry preparedness Ladypreneu Business Ladypreneur; Business advisory. These initiatives are led by industry experts as chairs of the committees.

JI NEWS SERVICE
GANDERBAL, NOV 24: The Deputy
Commissioner (DC) Ganderbal,
Shyambir today inspected the progress on Transit Accommodation for Kashmiri Pandits coming up at Baba Deryadin and Wandhama, Ganderbal.

During his visit to the Transit Accommodations sites, the DC ssessed the progress on works being

executed there.

SE, R&B briefed the DC about progress of work on the projects and discussed the layout plan for Transit Accommodations

During his visit to Transit Accommodation Baba Deryadin, it was informed that the project compris-ing 12 apartments with 192 flats having total area of 47 Kanals has been approved for an amount of Rs. 23.45 crore. Similarly, the Transit Accommodation Wandhama compris-

DC Gbl inspects work progress on

Transit Accommodations in district

Accommodation Wandhama compris-ing 12 blocks with 192 flats having total area of 32 kanals has been approved for an amount of Rs 23 core. Regarding the expenditure on Baba Deryadin project as on date, the DC was informed that work done cost is Rs 14.50 crore.

Executive Engineer, Jal Shakti was Executive Engineer, jai Shakti was directed to identify a spot for construc-tion of a filtration plant and Tehsildar Ganderbal was asked to demarcate the land for the same. While visiting the Transit Accommodation Wandhama, the DC was informed that work done cost is Rs 20 crore as on date besides 64 units

20 crore as on date besides 64 units (flats) shall be completed ending December, 2022.

December, 2022.

On the occasion, the DC gave necessary instructions to the concerned departments to submit DPR of additional works like compound walling, security pickets and security residence, community shopping hall, internal pathways, parking, drainage work, lighting etc. necessary for making the states seems and long lattice. cure and long lasting

The DC gave on spot directions for early submitting DPR of these works and exhorted upon the executing agencies to expedite the progress of work by way of engaging more men and machinery so that both the projects get completed within the stipulated time frame without compromising the quality of work

ity of work.

Additional Deputy Commissioner
Ganderbal, Mehraj-ud-Din Shah, SE,
R&B, Executive Engineers of R&B, Jal
Shakti and PDD, DySP, Tehsildar
Ganderbal, Tehsildar Lar and other concerned accompanied the DC during the visit.

DC Jammu felicitates 20 C-DYTE trainees selected in SSC GD/JKP Women Battalion

JAMMU, NOV 24: Deputy Commissioner Iammu Avr Lavasa today felicitated 20 C-DYTE (Centre for District Youth Training and Empowerment) trainees selected in various Centra Armed Police Forces, (CAPFs), Constable (GD) examination 2021, the result of which was declared by the Staff Selection Comm

Out of the 20 selected trainees including 17 boys and 03 girls, Eight (08) have been considered for allocations to the control of the considered for allocations to the control of the con tion to Border Security Force, tion to Border Security Force, Five (05) to Central Industrial Security Force, Four (04) each to Indo-Tibetan Border Polite and Assam Rifles and One (1) to Sashastra Seema Bal, while Two (02) girl trainees have been selected as Constable in recently announced result of Jammu & Kashmir Police



also the Chairman of CDYTE, applauded the efforts put in by the instruc-tors and staff for imparting quality training to the boys & girls and also wished best luck to other 203 boys who are going to appear in Agniveer written test, the dates of which are yet to be announced by ARO

Speaking at the felicitation function, Deputy Deputy ioner said that C-the initiative of Jammu in collaboration with BADP & Mission Youth Jammu and Kashmir, func-Jammu and Kashmir, func-tioning successfully in fifteen blocks of the district namely Arnia, Suchetgarh, Marh, Akhnoor, Khour, kharaballi. Samwan, Pargwal, Akhnoor, Phallian Mandal, Mathwar, Chemid Charles Chowki Choura, Bishnah, Bhalwal and Nagrota, are working to enhance the aca-demic ability and physical endurance of the enrolled

inducted after medical examination. They were trained for 3 months with payment of diet charges and other facilities, she added. So far, more than 1912 boys and girls of three batches have the 4th batch with a com-bined strength of 550 would complete the course by November, 2022, while applications for 5th batche, which will begin from 12th of December 2022 til March 2023, will be issued shortly.

Officer, Yoginder Katoch; Incharge C-DYTE, Dr. Surinder Kumar, instructors of C-DYTE along with select-ed trainees and other con-cerned officers were present

been trained since the incep-tion of C-DYTE in September, 2021. Currently, 4th batch with a com

Additional Deputy Commissioner, Sandeer Seinotra;, Chief Planning Officer, Yoginder Katoch, Incharge C-DYTE, Dr Surinder Kumar, instructors

DDC Chairperson inaugurates KGBV building at Magarkote

Conducts public outreach programme at Buzla Khari

JI NEWS SERVICE RAMBAN, NOV

District Chairperson, Council, Development Ramban, Dr Shamshad Shan today inaugurated the newly constructed building of Kasturba Gandhi Balika Vidyalaya (KGBV Magarkote in block Ukhral Speaking on the occasion

the Chairperson said that the school building has been constructed by the Divisionconstructed by the Division-ill, Samagra Shiksha with an expenditure of Rs. 1.24 crore to provide residential schooling to girl students belonging to far-flung areas of Ukhral, Khari & Ramsoo, who have to travel long dis-tance in hilly terrains on daily basis to reach schools. This will definitely reduce the dropout rate among girl students, she added. The Chairperson was

accompanied by the DDC Councillor, Gul-1 Assistant Revenue,



Haq; Officer, Education Devanand, and other officers of line departments.

Dr Shamshad Shan also

Dr Shamshad Shan also conducted a public outreach programme at Buzla in Block Khari which witnessed an overwhelming participation of locals including PRIs who apprised the DDC Chairperson and District Administration about variations and the programme of the pro Administration about various issues and grievances and sought their interven-tion for early redressal.

Speaking on the occasion, Dr Shan assured the PRIs

that all their genuine issues would be taken into consideration in a time-bound eration in a time-bound manner adding that regular feedback would be taken from concerned depart-ments regarding the redres-sal of all the issues pertain-ing to their departments. Besides, the demands which could not be redressed at the district level would be takeup with the higher authori-ties for redress¹

other far-flung areas have already been highlighted with the UT government and the road project for Buzla would be s by the Government at a priority basis.

She also directed the food She also directed the food Civil Supplies and Consumer Affairs to stock advance rations for the win-ter season besides ensuring the supply of LPG and Kerosene Oil in snow-bound area of the district bound areas of the district

She also asked the Health Department to depute para-medical workers on an urgent basis to provide healthcare facilities to peo-

highlighted by the locals, the Chairperson directed the Jal Shakti department to execute all water supply schemes sanctioned under the Jal Javeen Mission in the prescribed time to meet the requirement of the potable water supply of the area.

DPRs for all weather tunnels at Khardung La, Fotu La, Namika La and Key-La under preparation



JI NEWS SERVICE LEH, NOV 24: The Ladakh administration is contem-plating building tunnels major passes of Ladakh to improve internal connectivity. Sh. Ajeet

Commissioner/Secretary PWD. Ladakh told that co sultants have been hired to prepare DPRs of tunnels across Khardung La, Fotu La, Namika La, and Key-La passes. He was reviewing the status of the survey and feasibility study conducted by m/s RITES who have been assigned to prepare DPRs of these tunnels. It is pertinent to mention

that an all-weather tunnel enhance ectivity en valleys for facilitat ing the movement of the military, civilians, and tourists in the region. The construction of these tunnels will lead to faster, safer, and smoother movement of internal traffic resulting in the all-around econo

the all-around economic development of Ladakh. The proposed 5.5 km long Khardung-La tunnel is expected to shorten the trav-el time by an hour from Leh el time by to Nubra valley.

increase the safety of tray ellers due to bypassing of landslide/avalanche-prone

help

areas. Besides, it would also protect the Khardung gla-cier, which is a major source of water for Leh town, from receding due to the increase in heat emitted by automo-

tive vehicular movement

The consultant agency for the project shared that the proposed bypass tunnels at the Fotu La and Namika La passes will reduce the travel distance from Kargil to Leh by around an hour besides providing safety in traffic movement due to the accus will reduce the tra mulation of snow and icing on road during winters.

The expected increase of traffic on this road in winter after the opening of the

Zojila tunnel also necessi tates the construction of these tunnels as it serves as a these tunnels as it serves as a strategic route for logistic supply to Ladakh. These tunnels are expected to boost local business activi-ties, employment opportu-nities, and tourism in the region. M/s RITES informed that

M/s KITES informed that preliminary survey and testing on all locations have been done and certain options have been worked out on the tunnel alignments. Those are being examined, technically, as examined technically as well as through a cost-bene-fit analysis. Some pending fit analysis. Some pending testing would be done in the next working season to clearly assess the geological formation of these passes Sh Sahu asked to send the initial report before 31st December this year so that

required approvals are obtained in advance. obtained in advance.

The meeting was attended by the Director ULB, Dr.
Zahida Bano; Chief
Engineer Project Vijayak,
BRO, Brigadier Vinay Bahl; Chief Engineer, PWD (R&B) /PMGSY, Tashi Chombel, and officials of the consultant agency RITES.

JAL SHAKTI DEPARTMENT, JAMMU

OFFICE OF THE EXECUTIVE ENGINEER JAL SHAKTI (PHE) CITY DIVISION NO-1, JAMMU

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NOTICE INVITING E-TENDER

F-NIT No. IS/PHFCD-I/310 of 2022-23 (5th Time) (FRESH of E-NIT No. JS/PHECD-I/269 of 2022-23)

For and on behalf of The Commissioner, Municipal Corporation, Jammu, of J&K Union Territory, E-Tenders (Item Rate Based) are invited by the Executive Engineer Jal Shakti (PHE) City Division No-1, Jammu, from approved and reputed/registered firms under two cover system, Cover 1 comprising of technical bid and cover 2 comprising of financial bid for the following works:-

S. No.	Name of work	Cost of Tender (In Rs)	Cost of Tender doc- ument Fees (In Rs.)	Bid securing Declaration as per Performa annexed with NIT	Class of Contractor	Time of Completion
1	2	3	4	5	6	7
1	Providing water facilities to rotary at Bhagwati Nagar (Under Grant-In-Aid) 5th Time	Rs. 19155/-	200/-	Performa Attached with NIT	A to D	30 Days
2	Water Connections to Rotaries (Under Grant-in-Aid) I. Providing of water connection to Roatry at Maheshpura Jammu. 2. Providing of water connection to Rotary near Flying over Super Speciality Hospital Gate. 5th Time	Rs. 1.07 Lacs	200/-	Performa Attached with NIT	A to D	30 Days
3	Water Connections to Rotaries (Under Grant-In-Aid) 1. Providing of water connection to fountain at Vivekananda Chowk near Samadhian. 2. Providing of water connection to Rotaries/ Fountain in Prade section i.e. Kaleeth Nagar Park, Indira Chowk, Secretariate Chowk opposite Ranbireshwar Chowk. 3. Providing of water connection to fountain at JP Chowk Gumat Jammu. 4. Providing of water connection to Fountain at Guijar nagar near Bridge Jammu. 5. Providing of water connection to Fountain at Guijar nagar near Bridge Jammu. 6. Providing of water facilities at Rotaries falling under Dhounthly Section i.e. CPO Chowk Panjtirthi, Mian Dedo Chowk Ambphalla, Brig. Rajinder Singh Rotary and Police Post Nakka at Panjtirtha	Rs. 1.59 Lacs	200/-	Performa Attached with NIT	A to D	30 Days

Position of funds: Authorized by JMC (Non Plan 8448-102 Grant in aid)

Position of Tunds: Authorize Position of AAA: Accorded TS: Accorded

- Date of publishing from 22-11-2022 (1000Hrs)
 Bid documents can be seen and downloaded from the website www.jktenders.gov.in from 22-11-2022 (1000Hrs) onwards. 3. The bids shall be uploaded on the website www.iktenders.gov.in from 22-11-2022 (1000Hrs) to 29-11-2022
- upto (1200Hrs).

- upto (12/00Hrs).

 4. The complete bidding process shall be online.

 5. The technical bids received shall be opened online on 29-11-2022 after (12/00Hrs). or any other convenient later date in the office of The Executive Engineer Jal Shakti (PHE) City Division No-1, Jammu.

 6. Furnishing of hard copies of bids immediately after submission of e-tenders has been dispensed with as per Govt. order No. OM No. A/24 (2017)-651 Dated 07-06-2018. The same shall be obtained only from the bidder who is declared as L1 after opening of financial bids.
- uer wind's lederate as Et airet pelling or initiation into in his registered mail id to deposit the performance Security or any other relevant documents required by division in reference to the contract. 8. Cost of bidding/kender fees receipt in the shape of e-challan/ single window challan of JMC shall have to be
- Cost of bidding/tender fees receipt in the shape of e-challary single window challan of JMC shall have to be paid online, through the JMC link http://www.jmcjammu.org/online-payment.html and no ash shall be entertained at any cost. Further, bidders are requested to mention name of the work upon the particular Challan/le-receipt. Under unavoidable circumstances if the work is retendered, The contractor need not to deposit the Tender document Cost for rebidding for the same work.

 Any such Challan deposited on back dates or any irrelevant date shall not be accepted.

10. The Successful bidder shall be liable to deposit the performance security as envisioned in the Govt. of UT Jammu and Kashmir , Circular No;A/Misc(2018)-III-895/J, Dt;-22-12-2020 read with order no. FD Codes/233/2021-02-27 Dated 10-02-2022.

No:-PHECD-I/8006-8011 Dated: - 21-11-2022

SD/-EXECUTIVE ENGINEER JAL SHAKTI (PHE) CITY DIVISIONNO-1 JAMMU

