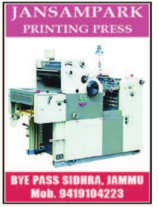




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'Kashmir Unrest': NIA court denies bail to Hurriyat leader

NEW DELHI: Senior separatist leader, Nayeem Khan was denied bail by NIA court in New Delhi in connection with his alleged role in militant funding case. Nayeem Khan is languishing in jail since 2017. He was arrested by National Investigation Agency (NIA) in August 2017 on charges of creating 'unrest' in Kashmir.

The bail was denied by the Additional Sessions Judge Shailender Malik

Govt forms 3-member panel to look into 'irregularities' in F&E dept

SRINAGAR: The Jammu and Kashmir government on Monday constituted a three-member committee to look into the allegations of irregularities in the Fire and Emergency department.

An order under number 1513-JK(GAD)2022, dated 12-12-2022 issued by Secretary to the Government, Piyush Singla, a copy of which lies with the news agency reads that sanction is hereby accorded to the constitution of a Committee to look into the irregularities in the selection process of Firearm/Firearm Drivers of 2020 in the Fire & Emergency Department.

As per the order, Financial Commissioner (Additional Chief Secretary), Home Department has been appointed as

No confidence motion against Mayor Mattu to be filed in two days: BJP Councillor

SRINAGAR: Bharatiya Janata Party's (BJP) Councillor from Srinagar, Nazir Ahmad Gilkar on Monday said that a group of independent corporators will submit no confidence motion against incumbent City Mayor Junaid Azim Mattu in next two days.

Addressing a presser here, Gilkar, as per the news agency said that the independent group of corporators have made all the arrangements and will submit the No Confidence Motion against the Mayor in two days.

"There is an adequate number with us and the NCM will be submitted in next two days," he said, adding that the corporators are being blackmailed by one way or the

JPA case: HC orders personal appearance of Registrar KU, on December 13

SRINAGAR: The High Court of Jammu and Kashmir and Ladakh has again directed for personal appearance of the Registrar of the Kashmir University (KU) for the second time in 15 days related to a alleged case of delay by the University in regularization of a petitioner applicants as Junior Professional Assistants (JPA).

"Registrar, University of Kashmir, shall appear in person on the next date of hearing," a bench of Justices Moksha

J&K marching into its golden age with core value of people-first, ideas, ideals of forefathers: Lt Governor

JAMMU: Lieutenant Governor Manoj Sinha today paid tributes to General Zorawar Singh on his Martyrdom Day. "One of the greatest military commanders of the world, General Zorawar Singh made the country proud by his unparalleled bravery & military tactics. He will continue to inspire generations to come," said the

Lt Governor. The Lt Governor was attending the event organized by General Zorawar Singh Memorial Educational and Charitable Trust, to commemorate the martyrdom day of General Zorawar Singh. Speaking on the occasion, the Lt Governor threw light on the life and military campaigns of



General Zorawar Singh. He is the embodiment of India's strength and self-confidence. His valour, discipline, and devotion towards duty is a testimony that for the brave, nothing is impossible and infinite possibilities open up for the warrior, said the Lt Governor.

General Zorawar Singh is an icon for generations because his name evokes a strong feeling of love, reverence and sacrifice for the motherland, the Lt Governor added. The Lt Governor said, it should be our collective endeavour to fully recognise his contribution and significance in India's history.

CONTINUED ON PAGE 4

Fake driving licence racket unearthed in Reasi

REASI: Police on Monday have busted a fake licence racket and arrested four persons in Reasi district of Jammu and Kashmir.

Senior Superintendent of Police, Reasi, Amit Gupta said that acting on a specific complaint fake driving licences racket has been busted and four fraudsters involved in cheating are arrested. He said that one Haq Nawaz of Sarh, Tehsil Mahore reported at police station Reasi with a written complaint that he applied for driving licence and for this he came in contact with a group of agents who took Rs 35000 from him for providing the same.

On getting the complaint, a case was registered and

investigation initiated, said the SSP.

He added that police team swung into action and on the identification of the complainant, arrested one Rajesh Kumar alias Happy of Panassa Tehsil Thakrakote.

During further course on investigations Police arrested Sham Lal alias Shamu of Vijaypur, Reasi who cheated him and dishonesty took off Rs 35000/- for making driving license and provided him a license issued by Transport Officer Aalo, Arunachal Pradesh.

During further investigations it was found that Rajesh Kumar and Sham Lal along with Jarnail of Panasa and

56 foreign militants killed this year, figure largest in past several years: J&K DGP

JAMMU: Director General of Police (DGP) Durbhag Singh Monday said that this year 56 foreign militants were killed and the figure is largest in the past several years while as out of the 109 new militants, 86 were killed and just 23 are remaining. He also said that number of both foreign as well as local militants has been brought to just two digits only.

Talking to reporters on the side-lines of a function in Jammu, DGP Durbhag Singh said that this year security forces achieved a major success against militancy. "This year 56 foreign militants were killed and the figure is largest if compared to past several years," he said, as per news agency.



He said that the out of the "109 new militants", 86 were killed in various encounters while only 23 are remaining who are on the

radar of police and will be killed shortly. Asked about the number of active militants in J&K, the DGP

said that the number of foreigners as well as locals has been brought down to just two digits. "Militancy is on its death bed in J&K," he said. The DGP said that life of new militant recruits is very short. To a query about the number of militants ready to sneak in at the launch pads across the LAC, he said that there are a few militants who may be pushed into this side before the heavy snowfall. "But the counter infiltration grid is alert to foil all such bids," he said, adding that the number of militants at the launch pads keeps on fluctuating.

About security arrangements in Jammu in view of last

CONTINUED ON PAGE 4

LG ascertains progress of work for ease of devotees; lays emphasis on timely completion of all projects

JAMMU: Lieutenant Governor Manoj Sinha chaired the meeting of Shri Mata Vaishno Devi Shrine Board (SMVDSB) at the Raj Bhavan today.

The meeting was attended by all members of SMVDSB - Mahamandeshwar Swami Vishveshvaranand Giriiji Maharaj; Sh. Baleshwar Rai; Dr Ashok Bhan; Sh. Kul Bhushan Ahuja; Dr Neelam Sareen; Sh.K.K Sharma; Sh. Suresh Kumar Sharma (Retd. Judge) and Sh.Raghu K. Mehta.



Dr. Arun Kumar Mehta, Chief Secretary and Sh. Anshul Garg, Chief Executive Officer of the Shrine Board were present.

The Lt Governor, who is the chairman of Shri Mata Vaishno Devi Shrine Board, launched various initiatives to provide diverse facilities to the pilgrims and devotees. He also ascertained progress of the work for ease of devotees and laid emphasis on timely completion of all projects.

On the occasion, the Lt Governor

nor launched a Cottage Policy, Aarti Darshan Policy, 1st edition of 'Panchang Calendar-2023' of Shri Mata Vaishno Devi Shrine Board. He laid the foundation stone of accommodation facilities for Shrine Board's employees at Adhkuwari & Banganga and launched multiple donation facilities for the pilgrims.

Further, the Board discussed, ratified, gave in principle approvals for a total of 46 agenda items.

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Indian and Chinese troops clash in Tawang

NEW DELHI: The Indian and Chinese troops clashed with each other on Friday in Tawang Sector of Arunachal Pradesh leading to injuries to a few personnel on both sides, sources said on Monday.

The PLA troops contacted the LAC in Tawang Sector on Friday which was contested by Indian troops in a firm and resolute manner, Indian Army said.

This face-off led to minor injuries to few personnel from both sides, it added. However, both sides immediately disengaged from the area.

As a follow up of the incident, Indian Army Commander in the area held a Flag Meeting with his counterpart to discuss the issue in accordance with structured mechanisms to restore peace and tranquillity. Informing about the incident, officials also informed that there are certain areas of differing perception along the LAC in the Tawang Sector wherein both sides patrol the area upto their claim lines.

There has been face-offs along the LAC in Arunachal in the past as well.

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Srinagar-Ladakh, Mughal road opens for traffic after 4 days closure due to snow

SRINAGAR: The Srinagar-Ladakh and the Mughal road were opened for traffic on Monday evening after remaining closed for four days due to snowfall, officials said.

One way traffic on the historical Mughal road, connecting Shopian district in south Kashmir to Poonch and Rajouri district of Jammu, was restored this evening, a traffic official said.

He said the traffic was allowed to play from

CONTINUED ON PAGE 4



Jammu hoteliers concern over loss of business, demand restoration of 'darbar move'

JAMMU: Hotel and lodge owners here on Monday raised concern over the loss of business over the past several years and demanded immediate restoration of 'darbar move', a practice under which the government functioned six months each in Jammu and Srinagar.

The Lt Governor Manoj Sinha-led administration stopped the age-old practice in June last year after moving to e-office to ensure smooth functioning of the Civil Secretariat in the twin capitals in all the 12 months, thus saving Rs 200 crore per year on shifting of offices.

"The business in Jammu used to thrive before the start of the direct train to Katra, the base camp for the pilgrims

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'My College My Pride' events in Jammu's educational institutions

JAMMU: After the 'My city my pride' and 'Back to Village' programmes, the Jammu and Kashmir government has now started a series of activities under the 'Mera College Mera Fakhar' in the higher educational institutions.

Under this programme, many types of activities were being organised in the colleges which include awareness rallies, cleanliness drives, quizzes, seminars, competitions, debates and literary activities. A lecture on personality development was organised by the Department of English, SPMR College of Commerce, Jammu with the aim of providing the

students with essential skills in English speaking, interview preparation, examination and career planning so that they can develop their career.

NSS volunteers and NCC cadets participated in a rally on the occasion of World Anti-Corruption Day organised by the Jammu Municipal Corporation. The purpose of this rally was to create awareness among the people that corruption is a big threat to every nation and it is the right and responsibility of every citizen to deal with this big problem.

The rally took place from Graveyard to Maharaja Hari



Singh Park in which 100 students participated along with NSS Program Officer Prof. Rajni Bala and Prof. Irfan Ahsan.

Under 'My College My Pride 2.0', an intra-college football (male) competition organised by the Physical Education and Sports Department was held in the college in which two teams from different semesters participated and the 5th semester team won 4-2. The function was organised by Malik Ijaz Iqbal, Physical Director and the programme under the supervision of Professor Archana Kaul, Head of the Department of English.

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JKSAC urges PM, HM to defreeze DP's 8 assembly seats



JJ NEWS SERVICE JAMMU, DEC 12: Jammu Kashmir Sharnarhi Action Committee (JKSAC) made a humble appeal to Hon'ble PM, Sh. Narendra Modi and Home Minister Sh. Amit Shah to consider defreezing of DP's share of eight assembly seats in the ensuing parliament session to allow them to represent the aspirations of their people and also to end subjugation of Jammu region which has always been realised and being talked since decades. Termining it as most appropriate time the participants also appealed to Union MOS in PMO Dr. Jatinder Singh, Lt. Governor Sh. Manoj K. Sinha and Sh. Jugal Kishore Sharma, MP and other senior high profile leaders of BJP to impress upon the central govt to present a bill in this regard to de-freeze DP's share of seats proportionate to their population.

at Lower Gadi Garh Jammu, Gurdev Singh President alongwith Capt. Puran Singh, S. Bhagwan Singh, S. Joginder Lal and Dwarka Nath Khajuria said that as appeared in print media the central govt is likely to present a bill in parliament to provide nomination to Kashmiri migrants as per the recommendations of Delimitation Commission. He apprised the members that it is also expected that central govt. may also consider nomination of two seats for DPS of 1947 from POK as per the suggestions made by the Delimitation Commission. He said that we are grateful to Hon'ble Modi Ji and his govt for considering the DP's nomination, but at the same time I would like to remind the central govt, that after the abrogation of article 370 & 35-A J&K is fully integrated with India and now it is constitutional obligations of the govt. to de-freeze the DP's share of assembly seats proportion-

ate to their population. He said that it is the only appropriate time for the govt. to present a bill in the parliament to deliver long awaited justice to DP's who are claiming since decades for their legitimate rights to represent their people's aspirations. He further apprised the participants that JKSAC has been struggling for these legitimate constitutional rights since 1967, but unfortunately having no political support the DP's voice was always crushed by the past govts. He said that JKSAC represented their case before the Delimitation Commission with all the evidences to recommend to the govt for releasing their share of seats proportionate to their population settled in Jammu region since the J&K fully integrated with the rest of the country and the govt. is now left with no justification to captivate their constitutional rights of representation anymore. He termed it most unfair

and said that it is not known how Delimitation Commission suggested central govt only for nomination of only two seats, lacking justification. He further apprised the participants members of executive body that constituents assembly was convened in 1951 and delineated 100 seats for J&K. The election was held for 75 seats only and DP's share of seats numbering 24/25 were reserved and kept vacant. He said that strength of assembly seats remained same upto 100 only when an act was passed in 1988 and the seats of J&K assembly was increased from 100 to 111 in 1995 after making an amendment. JKSAC raised their voice forcibly again for de-freezing of their seats and even came on road in 1988 and also resented strongly in 1995 but unfortunately having no political support of Jammu based political parties, they were denied of their legitimate constitutional rights of representation. He further urged upon the central govt. to consider their legitimate constitutional right of representation as the same has already been recommended by JPC on Home affairs in Report No. 183 besides other issues and the govt. should de-freeze their share of seats in one go before the election in UT of J&K are held.

JJAR Jammu participates in 9th World Ayurveda Congress at Panjim, Goa

JJ NEWS SERVICE JAMMU, DEC 12: Vijnana Bharati, World Ayurveda Foundation in association with Ministry of AYUSH, Govt. Of India, Govt. Of Goa organised 9th World Ayurveda Congress and Arogya Expo in Panjim, Goa from 8th-11th December 2022. It was biggest event of Ayurveda where more than 5000 delegates participated. More than 30 country's representations was seen in the congress. Around 3 lakh visitors visited Expo. All the dignitaries from AYUSH including Vd Rajesh Kotcha, Secretary, Vd Jayant Deopujari, Chairman NCISM, Presidents of Boards Dr BS Prasad, Dr Raghuram Bhat, Dr Rakesh Sharma were present. Hundreds of Ayush Industry exhibited their products in Expo. B2B came out with many MoU's.

There were scientific papers, Poster presentations. Associated events like NCISM Principals Conclave, Guru Shishya, Ethno Pharmacy, International Delegates Assembly, Ayurveda Short Film Festival, Medicinal Plant Board, etc took place in these 4 days. The Prime Minister, Shri Narendra Modi addressed the valedictory function and says that Ayurveda goes beyond treatment and promotes wellness. "International Yoga day is celebrated as global festival of health and wellness by the whole world." "We are now moving forward in the direction of forming a 'National Ayush Research Consortium'." "Ayush Industry which was about 20 thousand crore rupees 8 years ago has reached about 1.5 lakh crore rupees today." "Sector of traditional medicine is expanding continuously and we have to take full advantage of its every possibility." "One Earth, One Health" means a universal vision of health. He also inaugurated three National Ayush Institutes. The three institutes - All India Institute of Ayurveda (AIIA), Goa, National Institute of Unani Medicine (NIUM), Ghaziabad and National Institute of Homoeopathy (NIH), Delhi Prime Minister said "Ayurveda goes beyond treatment and promotes wellness", as he pointed out that the world is shifting towards this ancient

way of life after going through various changes in trends. Dr. Sharada, Principal, Jammu Institute of Ayurveda and Research, Jammu along with 88 students and teachers Dr. Rachin Shivgotra, Dr. Gurusimran, Dr. Namartha Raina, Dr. Akshat Magluria of Jammu Institute of Ayurveda and Research, Jammu actively participated in Congress. Dr. Sharada was Co chair in Public Outreach Programme in Arogya Expo along with Coordinator Dr. Shrey B. Shah. Dr. Akshat presented Scientific Paper. Students of JJAR performed Nukkad Natak to create awareness and information about Health through Ayurveda and Yoga for more than 1000 schools students of Goa and were well appreciated by all. JJAR Pharmacy GMP Certified Ayurveda Pharmacy exhibited their products in Arogya Expo. A grand representation of Jammu & Kashmir was made by JJAR under the leadership of Smt Suman Sharma, Chairperson, Sain Charitable Trust for Higher Education and Research, Jammu.

Angral, Randhawa highlight achievements of Mayor in short period of time

JJ NEWS SERVICE JAMMU, DEC 12: A press conference was held in the Councillor's Room of Jammu Municipal Corporation by Former Chairman Social Justice Committee and Councillor of ward 12, Jeet Kumar Angral and Councillor of ward 69 Smt. Gurmeet Kour Randhawa. While addressing the media, the former chairman thanked the Mayor, Jammu, Deputy Mayor, Chairmen of the standing committee(s) and all the councillors. He said that it is because of them he got the opportunity to hold this press conference in the Municipal Corporation today. He said that Hon'ble Mayor has been in office for more than a month and in this period, even before sitting on the chair he did the work of laying the red carpet in the office for common people including councillors and presidents of different organizations so that it should be easy to reach him and it is the result of this far sightedness that so far around 250 delegations have met him.



He is available in his office from 9 AM to 11 PM setting an example for other councillors and other officials. He has directed the officials of JMC to work with Councillors and take cognizance of any public grievances related to sanitation, enforcement etc which should be resolved within the time frame. The Mayor achieved many accomplishments in this small time like regularization of 600 casual labourers of JMC, Removal of paid parking at Super Speciality Hospital. Under "Mera Sheher Sundar Banega", Mayor, Chairman Swachh Bharat Committee and councillors visited Bhubaneswar City to learn and understand their Solid waste management system to implement it in our own Jammu city to get rid of waste and make it more beautiful and work on this project has been started. He also took out a march to spread awareness regarding corruption under "Bhrashtachar Mukht Bharat" slogan, which was attended by more than 6000 people including Chairmen of Standing committees, Councillors, Chamber of Commerce, Trade organ-

HDFC Bank partners with Startup India for Parivartan SmartUp Grants

JJ NEWS SERVICE JAMMU, DEC 12: HDFC Bank today announced the launch of its sixth annual grants program for social startups in partnership with the Government of India's flagship initiative 'Startup India'. Known as Parivartan SmartUp Grants, the program aims to identify startups working in the social impact space and support them through monetary grants to their incubators.

The grants have been offered under the aegis of Parivartan, the umbrella name for the bank's social initiatives. So far, the bank has disbursed over Rs 30 crore to more than 45 incubators which supported over 165 start-ups working in areas like environment, agri-business, ed-tech, waste management, healthcare, and skill development sectors.

The bank has been enabling startups through its state-of-the-art SmartUp program, which provides specialised banking and value-added services to entrepreneurs. It aims to assist start-ups in achieving their goals through the bank's well renowned and highly advanced smart financial tools, advisory services, and technology. "As of FY22, through our various CSR initiatives, we have impacted the lives of over 9.6 crore people across the country. We aim to achieve positive change in people's lives through direct and indirect interventions through Parivartan, empowering them to

become self-sufficient and integrated into society. We are proud to announce our partnership with Startup India for our 6th Parivartan SmartUp Grants which would help socially conscious businesses to achieve their vision and mission," said Nusrat Pathan, Head - ESG & CSR, HDFC Bank. "The Indian Government and Incubators have played a crucial role in creating an ecosystem that helps entrepreneurs through their journey. When the problem statement is a social objective or cause, the battle is more arduous, to say the least. The last 5 years through the SmartUp grants program we have made some contribution towards bridging the funding gap for these

social-impact startups. With the 6th edition, along with our incubator partners and support from Startup India, we strive to create more efficient and effective outcomes for all," said Neha Agrawal, Head - Venture Investments, Structured Finance & CSR for Startups HDFC Bank. This year the bank will also focus on building capacities of incubators and startups working in tier-II & III cities. Through selected incubator partners, the bank will fund social impact startups developing solutions in environmental conservation, affordable healthcare, sustainable rural economy, technologies for better growth of SMEs, gender diversity & inclusion space.

izations, Market associations, students of universities, colleges, schools and people from different communities. He also listened to the demand of street vendors and have given directions to Commissioner, JMC that a roster to be made and licenses is to be issued to the street vendors within their wards so that they don't face any issues when Rehri zones are established under smart city and there is no interference in their livelihood. On the behalf of Hon'ble Mayor, General House meeting Hall is being renovated by the directions. Also the date and time of general house meeting has been fixed twice a month for two days. This month house will be held on 16th and 17th of this month. Councillor Gurmeet Kour Randhawa also addressed the media and said that this conference is to express our gratitude (thanks) to Hon'ble Prime Minister Sh. Narendra Modi, Central Government and Hon'ble Lieutenant Governor, Jammu and Kashmir UT Sh. Manoj Sinha, for organizing the programs like Jan Abhiyaan, My Town My Pride which was concluded successfully.

This program had three main objectives public outreach, strengthen grass roots democracy, to offer services delivery at door step of residence. To make people aware to the people regarding all the schemes of centre government so that masses can avail all these facilities of these schemes. In these programs clusters were formed in wards of Officers/officials from different departments. In these camps birth certificates and adhaar card registrations were done on the spot. Meetings of main executive body were held involving general public in which issues were heard and discussed. Cycles were distributed through Social Welfare Department and Cheques, keys were distributed to beneficiaries under PMAY scheme. Exhibitions were held by various departments and all were made aware especially youth regarding loans etc so that they can establish their own business. It was a reorientation program of administrative process. Earlier Tourism, Floriculture, JMC and other departments were used to work individually but now it will be done under one planning and coordination. Vision documents of all the line departments as well as of Tourism department will be prepared. Digitization of the administration is being done to make system transparent and corruption free. People from all walks of life took part in these programs to make it successful. They also said that after these reorientation programs, the officials of different departments have been instructed to work with planning and coordination. They are also instructed that after every 15 days every department will visit every ward and work with Councillors on ground level to provide benefits, listen their issues and resolves them at the earliest.

Col Mahan dedicates first blacktopped road connectivity to Plassi people

Rs. 7.5 cr sanctioned for improvement of Basohli-Mahanpur Road

JJ NEWS SERVICE BASOHLI, DEC 12: It was dream come true for the people of Thana, Plassi and Pretha in Basohli as Col (Retd) Mahan Singh, Chairman District Development Council (DDC) Kathua dedicated the first blacktopped road stretch of 1 kilometre length providing connectivity between Thana and Kanoo hamlets amidst thunderous applause of the people present on the occasion. It is pertinent to mention here that the traditional dedicating ceremony was held amid high pitch slogans of "PM Narendra Modi Zindabad" raised by the jubilant residents of the area. The DDC Chairman informed that Rs. 7.5 Crore has been sanctioned for the improvement and blacktopping of Basohli-Mahanpur road and the work on this project shall commence very soon. It is pertinent to mention here that it was a long pending demand of the people of the area that has been finally fulfilled bearing fruit to the relentless efforts of Col Mahan Singh who left no stone unturned in ensuring this dream come true for the peo-



ple of remote Thana (Plassi) Panchayat. Prominent among others accompanying the DDC Chairman were Master Uttam Chand Verma, Kaka Ram, Ram Chand, Capt Harnam Singh, Kamal Singh, Sarpanch Ramesh Chander and Naib Sarpanch Bhupinder Singh. Addressing the people on the occasion, Col Mahan Singh congratulated the residents of Thana, Plassi and Pretha for getting the first blacktopped road providing connectivity between Thana and Kanoo hamlets. He thanked the Prime Minister Narendra Modi for paying special attention to rural and remote areas especially giving thrust to the devel-

opment of such areas. He asserted that road connectivity is vital rather the first pre-requisite for the development of any area. The DDC Chairman informed that Rs. 7.5 crore has recently been sanctioned by UT Govt for improvement and blacktopping of Basohli to Mahanpur road and the work on the project will start soon. He added that this project will be completed by 31st March 2023. He also informed that the survey for 4 laning of National Highway from Kathua to Doda via Mahanpur-Basohli-Bani will commence soon and construction of NH under PMDP Bharatmala programme will commence within a year's time.

6th batch of 'Upscaling Aapda Mitra' scheme in J&K inaugurated

JJ NEWS SERVICE JAMMU, DEC 12: The 6th batch of Aapda Mitra; Community Volunteers on Disaster Response under the scheme "Upscaling Aapda Mitra" for Districts - Jammu, Kathua, Samba, Rajouri, Poonch, Udhampur, Ramban, Doda and Kishtwar was inaugurated under the guidance of Commandant General HG/CD & SDRF J&K today by S. Randheer Singh SSP, I/C Commandant, SDRF 2nd Bn. in a function held at Central Training Institute HG/CD, Kot Bhalwal Jammu. Under the Govt. of India sponsored "Upscaling

Aapda Mitra" scheme in which 160 community volunteers from all districts of Jammu province including Volunteers from different segments of the society will be trained as first responders to any kind of Disaster. While speaking in the inaugural address, S. Randheer Singh, SSP said that the aim of the scheme is to develop the capacity and skills of the community volunteers who are the first responders during any disaster so that they can deal with the same in a pragmatic manner. Further, he shared the schedule of this 12 days in-house training and also conveyed that after the

completion of the training, the trained community volunteers will be provided with merit certificates. This training will be imparted by resource persons from the State Disaster Response Force (SDRF) and experts from other Departments like Fire & Emergency Services, Mountaineering, Rescue Team of JKP etc. It was also informed that till date 05 batches comprising of 427 volunteers from Jammu Province have been trained and till March 2023, it is expected that 1500 community volunteers shall be trained for disaster response. The officer conveyed gratitude to the Secretary to Govt. Deptt. of DMRRR, J&K for all the support, all the respective District Commissioners for sending the volunteers from their districts in large numbers and also all the officers and trainers of SDRF 2nd Bn as well as CTI, HG/CD Jammu, Ashok Kumar, Principal CTI HG/CD Jammu, Sh. Mohinder Paul, Dy. SP (Training), SDRF 2nd Bn., Inspector Vishal Dubey (I/C Prov.), Inspector Sunil Sharma (I/C R&D), Insp. Sanjeev Kalsi (I/C Trg) and officers of NDRF as well as 2nd Bn. were also present on the occasion.

Road connectivity improved drastically in 8 years: Bharat Bhushan

Kick-starts blacktopping of two roads worth Rs 90 lakhs

JJ NEWS SERVICE
JAMMU, DEC 12: Bharat Bhushan Bodhi, Chairman District Development Council (DDC) Jammu has asserted that roads are the lifeline for the people and the Union Govt is paying special focus on the roads in Jammu and Kashmir Union Territory especially in the rural areas to promote ease of living for the people of this sensitive region.

He expressed this while addressing gatherings after kick starting two different works of blacktopping of roads here today. The two roads include Kala Kam to Degree College Mishriwala Road with an estimated cost of Rs 19 lakhs and Graint to Mera and Khrota Road in Bhalwal which would be completed with an estimated cost of Rs 71 lakhs. Both these development works have been taken up under the City & Town Plan. On the occasion, Kuldeep Raj BDC Chairman Bhalwal, Omi Khajuria District President BJP Jammu North; Sarpanch Shoa Naseem Fatima; Ashok Kerni, Mandal President; Rakesh Singh Mandal President Raipur Domana besides respectable personalities of the area including Panchs of the concerned



Panchayats were present. Bharat Bhushan Bodhi, while addressing the gathering, said, "Roads are the lifeline for the people of any area and the Union Govt is paying special focus on Jammu and Kashmir Union Territory being determined to give a great fillip to developmental activities in its every nook and corner." He said that the Modi led Govt stands fully committed to ensure the improvement of road infrastructure in all the areas.

The DDC Chairman asserted that road connectivity in rural areas has drastically improved within a short span of just eight years especially due to PM Modi led Govt at the

Centre according to the priority attention to development of rural areas to fulfill BJP's promise of overall equitable development. He said that the main aim of the incumbent government is to bring the rural areas at par with urban areas. He said that the successive governments in the erstwhile state of Jammu and Kashmir totally neglected the rural and far flung areas as a result of which these areas remained underdeveloped.

Bharat Bhushan said that the construction and improvement of the roads taken up today had been a long pending demand of the people of this area and after the completion of these projects the people of

these areas will have a sigh of relief. He said that these roads will also benefit the people of the surrounding areas besides those from other areas commuting these roads for various purposes.

Later, the DDC Chairman interacted with the people of the area and took stock of their problems and issues on the occasion. After giving them a patient hearing, he assured them to get their grievances addressed at the earliest by taking up the matter with the concerned authorities. He asked the people to further strengthen the hands of PM Modi for the overall equitable development of Jammu and Kashmir.

AAP holds massive procession in Udhampur town

No takers for woes and sufferings of common masses in BJP rule: Harsh Dev

JJ NEWS SERVICE
UDHAMPUR, DEC 12: Aam Aadmi Party (AAP) held a massive rally in Udhampur Town comprising several hundreds of Party workers under the leadership of Mr. Harsh Dev Singh Former Minister, Chairman AAP J&K SCC and senior AAP leader against the govt failure in ensuring even the basic civic amenities to the people of District Udhampur. The protesters assembled in the Mini Stadium Udhampur in the morning and took out a massive procession in the town which started from Jal Shakti Deptt office and after passing through, PMGSY office Municipal Council office, Power Deptt office, main Bazaar, Rural Dev office culminated at DC office where a memorandum was submitted pointing towards various acts of omission and commission being committed in various govt Depts in the District with impunity. The angry protesters alleged that the local administration was acting as mute spectator in the wake of multiple acts of misfeasance, malfeasance and corruption which had triggered massive resentment in the District including both urban and rural areas.

Harsh Dev Singh while speaking to media persons, said that acute mess prevailed in almost all Depts in the District and particularly in PMGSY, Jal Shakti, Power Deptt, Education, Local Bodies, RDD, Revenue Deptt, NHAI etc with none to listen to the shrill cries of the public for



provision and even restoration of essential services. Pointing towards the acute drinking water problems in town as well as rural areas, Mr. Singh said that all tall claims of govt of providing 'Har ghar nal' had proved to be a cruel joke with people forced to fetch water from bowlis, wells, talabs and nallahs. He said 'Jal Jeevan Mission' so loudly trumpeted for the last 4 years had failed to take off and even the routine works had come to a standstill. Where was the money earmarked under District Plan, State Plan, NRDWSF, NABARD etc going was a million dollar question with none to answer had aggrieved public protesting on roads on day to day basis. Charging the corrupt elements in the system of having diverted and siphoned funds meant for compensation for lands and houses acquired for PMGSY roads, Mr. Singh regretted that even the funds released by Govt during the last 8-10 years had not been disbursed to the affected land and house owners.

He said that the details of many such cases with proofs of compensation funds having been released by the govt in 2012 and thereafter had been provided by him to Deputy Commissioner and other officers who had failed to act against the delinquent officers who withheld the money due to the poor land and house owners which constituted an offence of grave nature and which needed due cognizance of authorities concerned for initiating criminal proceedings against the culprits. Likewise the compensation for crop loss to farmers had been released last year by the govt but had not been disbursed to affected farmers till date. He further pointed towards the shabby plight of roads under PMGSY and NHAI adding further that payments due to labourers and mates had been inordinately delayed by the executing agencies of the deptts. He further accused the NHAI of dismantling and removing private structures and shops of traders and other house

owners on pick and choose basis. Mr. Singh said that Udhampur City had been converted into a dustbin with hillocks of garbage raised in various parts much to the discomfiture and annoyance of the inhabitants therein. He further stated in the memorandum that payments under MGNREGA and 'Saubhagya' scheme of rural electrification were also pending for the last several years with concerned authorities maintaining a criminal silence over the payment of wages to labourers for works executed under the said schemes.

Prominent among those who spoke on the occasion included Mrs. Manju Singh, Mrs. Ashri Devi DDC, Raj Kapoor, Des Raj BDC Chairman, Dharam Singh Bittu, Rampaul Bhagat, Col.(rtd) Som Raj Sharma, Ravi Shastri, Varun Bhagat and around two dozen Sarpanchs including Sudesh Kumar, Pawan Sharma, Karnail Singh, Uttam Singh, Devinder Singh, Sugrivi, Sunita Devi besides others.

Neeraj Tour & Travels near IIT Jagti, Nagrota inaugurated

Equip young people with skills critical for creating and sustaining entrepreneurial pursuits: Dr Manohar

JJ NEWS SERVICE
JAMMU, DEC 12: Former Minister and senior DAP leader Dr Manohar Lal Sharma today inaugurated Neeraj Tour & Travels near IIT Jagti, Nagrota Jammu along with Ashok Khajuria, Jagot Singh Raina, SDPO Nagrota Pardeep Kumar, DSP Traffic Police Jammu Javed Nazz were guests of honour, Sushil Singh Charak, Chief functionary NDA, SHO Nagrota Vishav Partap were Special guests on the occasion.



Speaking on the occasion, Dr Manohar congratulating Proprietor of Neeraj Tour & Travels appreciated his decision to become job giver instead of job seeker. He said millions of people in India enter the workplace annually. However, only few million jobs are created per year, with government jobs making up only a fraction of this number. While job seekers already exceed the number of job opportunities, youth studying in IITs, VTIs and polytechnics need additional support to enter the workforce. An overcrowded job market risks exposing marginalized youth to unemployment or underemployment, he added. Dr Manohar further

said that Govt of the day should equip young people with skills critical for creating and sustaining entrepreneurial pursuits, both independently or as part of a platform. Self-employment can mean starting their own business or even working as freelancers, through a digital platform for e-commerce, hyperlocal logistics, online work etc. He advocated that students should become job givers instead of job seekers after completing their higher education. He laid stress on the changing dynamics of the world and urged the younger generations to be prepared for the challenges and opportunities posed by the powers of globalization. If the students should take a pledge

to become job creators after completing their education, only then the country will progress," said Dr Manohar.

Dr Manohar called for community-led participatory actions from the young graduates to keep up with the challenges of the changing times and also understand that an individual's prospects are correlated with that of the community.

Thus, besides gaining skills and knowledge, it is essential to cultivate social consciousness, he asserted. "After graduating, students face a shift in how they are seen by the society and the family. It is important for the students to understand and effectively discharge their responsibilities and duties towards the society and their family," he said.

Dr Manohar maintained that the need of the hour is to facilitate greater access to finance, technology, market access and enhancing infrastructure to create more micro, small and medium entrepreneurs.

"Be it in school education or higher education or offering assistance to women or in uplift of women, the government should be in the forefront to be a source of motivation and a guiding spirit to women," he said. He appealed to the students to make use of the opportunities and cultivate entrepreneurial skills and the habit of risk taking for a worthwhile enterprise.

DAP delegation joins KPs protest, targets BJP govt for security lapse

JJ NEWS SERVICE
JAMMU, DEC 12: Hitting out hard on the BJP led government for failing the Kashmiri Pandits, the Democratic Azad party on Monday joined the protesting Pandits in Jammu led by the senior party leadership including Ex Minister GM Saroori, General Secretary R.S. Chib, DAP Senior leader Salman Nizami, Gourav Chopra, Vishal Chopra, Ashwani Handa & others they said the government shall immediately take measures for the security and rehabilitation of the minority community in Kashmir. 'It has been several months that Kashmiri pandits are protesting in Jammu. But the government seems unmoved. How long can the government be insensitive to their genuine demands. They said that ever since the DAP has come into being, the party



founder and Chairman Mr Ghulam Nabi Azad vowed to work for the return and rehabilitation of the community with dignity and security if they come to power. "But it is unfortunate that BJP which is making a lot of hue and cry across the country for Kashmiri Pandits and leave no chance to politicize the issue for electoral gains have not only failed to

ensure their rehabilitation and security but let them down. "We demand their return, rehabilitation and adequate compensation for their losses," the DAP leaders added. They said DAP will continue to stand by them and will keep raising their voices at every level. It is a gross violation of their rights that their salaries have been with-

held. "They have families to feed and have no other avenues. Under such circumstances upholding their salaries is injustice to them. We urge the LG administration to ensure their salaries are released as soon as possible. Among others present in the protest were Anoop Khajuria, Anil Kohli, Anirudh Raina, Manik Sharma and others.

Selfless work for humanity first priority of BJP OBC Morcha: Satti

JJ NEWS SERVICE
JAMMU, DEC 12: On the directions of Braham Jyot Satti, President BJP OBC Morcha JK-UT; BJP OBC Morcha Udhampur Unit organised Public Outreach Programs at different sites in Ramnagar of Udhampur district. Programs were organised by Sham Lal (District President BJP OBC Morcha), BJP OBC Morcha District office Berrars and prominent citizens were present on the occasion. In the Program they interacted with prominent citizens and locals of the area and listened their grievances and assured them that all issues will be sorted out as early as possible.

They briefed various different schemes for OBCs which are running by Central Government and urged people to take benefit of these schemes and he said BJP's ideology is best for public. They raised slogans in the favour of BJP OBC Morcha. Speaking on this Braham Jyot appreciated the working of Udhampur team for doing commendable tasks and said besides chilled weather and rain OBC Morcha is organizing social tasks across Jammu and Kashmir. He said selfless work for our public is first priority of OBC Morcha and we are organizing social tasks and serving humanity across Jammu Kashmir

He said BJP OBC Morcha is working for all segments of society and Organising social tasks and serving humanity across Jammu Kashmir. BJP always follow Ideology of Nation's First and this policy is better for India and its Citizens. He said there is huge number of highly beneficial schemes which are running by Government just for needy people and public should take benefit these schemes. He also said people are inspiring from working of BJP OBC Morcha and joining BJP. BJP OBC Morcha always available for the well being of public and continue to help citizens in future also.

Medical camp held at NTPHC Dodasan Balla

JJ NEWS SERVICE
RAJOURI, DEC 12: Today a mega medical camp at NTPHC Dodasan Balla in the supervision of Block Medical officer Darhal Mr. Sajjad Rashid Mirza. Doctors team, Dr. Mohd Ajaz, Dr. Imran Ganie, Dr. Sadiya Kouser, Massarat Jabben. BAC Para Medical team Manzor Hussain PST, Zaeer Shawi, Sohail Ahmed, Nahida Kousar, Zaffer Iqbal, Mohd Tanveer, Khalida Kousar were present there and issued an old-age and Widows certificate to the onspot people. Many people were elderly, who were forced to go to



rajouri, they had trouble coming. Sarpanch Master Tasdiq sahib, Sarpanch Adv. Zaeer sb. and Social Activist Mohd Farooq sb. established this camp. All the people thanked them. Even today all these peo-

ple are present. And encouraged people. And more than 300 certificates were issued under the leadership of BMO Salamat chowdhary, as a social worker, helped him to make a certificate of the elderly people. Finally Sarpanch Tasdiq, Adv. Zaeer sab and Mohd Farooq thanked all health employees. We are all grateful to those who helped our elderly people.

AJKLTF urges DG (Codes), Finance Department, to remove Pay anomaly among Teachers

JJ NEWS SERVICE
DODA, DEC.12: All Jammu Kashmir and Ladakh Teachers Federation aft. with Akhila Bharatiya Kashtriyia Shakhshik Mahasangh today demanded removal of "huge pay anomaly of teachers and masters". National Auditor of ABRSM & State President All Jammu Kashmir & Ladakh Teachers Federation aft. Akhila Bharatiya Kashtriyia Shakhshik Mahasangh, Devraj Thakur in a press interaction here today said that their counterparts in rest of the Indian union territories are "far ahead than in terms of Grade Pay and other service benefits". He claimed that teachers in all other Union Territories of India are placed in Grade Pays between 4200 to 5000. While as, here in Jammu and Kashmir, the same teacher is placed in Grade Pay of just 2800 with a huge difference and discrimination. Thakur alleged that they were being discriminated upon by the government by not addressing the "huge pay anomaly between several cadres in and outside the department". Thakur said that on 5th August 2019, with the declaration of the State of Jammu & Kashmir as the Union Territory of India, they were hopeful that the employees of the Union Territory of J&K will get all the benefits of all the allowances and the pay at par with their counterparts in centre and other union territories, however nothing concrete has been done in this regard yet. The teachers in Jammu Kashmir Union Territory

has suffered a lot previously, even though the then state fixed the pay anomaly of major departments over a period of time, the pay anomaly which the teachers of J&K UT suffer has been left unattended he alleged. Thakur said that before the 6th Pay Commission, the Masters in School Education Department, after their hard fought efforts, were getting salaries equal to the AAOs and SOs. In the 6th Pay Commission, Pay grade the teachers were paid the Pay Band of Rs 2800/- which in the revised pay matrix as per seventh Pay Commission was fixed at the Basic Pay of Rs. 9200. Pay grade of masters was fixed as 9300-34800 + GP 4280 whereas the pay Grade of the AAOs and SOs was fixed 9300-34800 + GP 4600. By fixing different pay grades for AAOs/ SOs and the Master, the latter have again been discriminated.

No A/Clar(2018)-11-1110 and on basis of this clarification some DDOs had extended benefit of option of Rule(5) to teachers whose first in-situ was due up to December 2018 but many other DDOs have not extended it's benefit to their teachers due to which junior teachers basic pay is fixed Rs 42,300 which is higher than their senior teachers (Rs 39,900 thus creating pay disparity. Thakur said that the Hon'ble Prime Minister Narendra Modi in his first address to the Union Territory of J&K post revocation of Article 370 has mentioned that the employees of the J&K UT will have benefits of all the allowances and the pay which their counterparts enjoy as employees of Central Government.

"Further perpetuating the said Discrimination in 7th Pay Commission, the Masters have been placed at level 6E which starts with Rs. 35900 whereas the masters deserved to be placed at level 7 which starts with Rs. 44900. Due to the said Pay anomaly the Masters are suffering a loss of Rs. 9000/- per month", he said. Thakur said that "There is a great confusion among DDOs, Clerks and among teaching community about clarification issued by Finance Department regarding exercise of option under rule (5) of SRO 193 O.M

"However, nothing concrete has been done in this regard till date. Even though the then J&K state fixed the pay anomaly of employees of majority of the departments over a period of time but the pay anomaly of teachers were left unattended," he said.

AJKLTF leader appealed Hon'ble Lt. Governor of J&K Manoj Sinha, Chief Secretary of JKUT, Principal Secretary to Government school Education department, Chairman Pay Anomaly committee J&K and the other officers appointed as members of pay Anomaly committee to immediately address the long pending demands of teachers of J&K and bring them at par with Teachers of other UTs of India in respect of pay and grades.

Handover Tehsildar Rohit Sharma's case to CBI: Tony

JJ NEWS SERVICE
JAMMU, DEC 12: Chairman Aam Aadmi Party (AAP) Jammu and Kashmir for Administrative Engagement and Minority Affairs, and District Development Commission (DDC) Member Suchetgarh, Taranjit Singh Tony has asked the government to handover the graft case against Tehsildar Rohit Sharma to CBI for a thorough probe.



the evidence against him. "Big sharks of the corrupt world are sitting at the helm of affairs in the Civil Secretariat to save Rohit Sharma because they are deeply worried that they will also be held by the neck by the long arms of law. If the fight against corruption initiated by the LG Sinha is not a Jumla then it's a fit case to handover to CBI," Tony added and appealed to all the political parties to come out openly against such corrupt officials.

In a statement issued to media persons, Tony said that the case of Tehsildar Rohit Sharma is the fountain head of corruption in J&K and the way things are being handled show the non-seriousness of the government to contain rampant corruption. He said that on side the LG Manoj Sinha has been claiming that the government has waged a war against the corrupt but on the other side such cases counter the stance taken by the head of J&K. He said that looking into the particular case of Rohit Sharma, it seems that the entire government machinery is hell bent to

shield the corrupt officer as every possible effort is being made to destroy the evidence against the delinquent official. He said that despite being caught red-handed, he has been attached to Financial Commissioner Office, which is a higher office.

The senior AAP leader also expressed concern over withdrawal of affidavit by ACB claiming that through this move the anti-graft body has cleared decks for Rohit to get bail and also an opportunity to destroy all

Tony appealed to LG Manoj Sinha to intervene in the matter and handover the probe to CBI for a free and fair investigation. He said that the person who caught Rohit red-handed while indulging in corruption is feeling threatened as it has been alleged that he has been receiving threats. He urged the government to take adequate action against the corrupt officials and set an example in J&K so that a clear message goes into society to deter others from indulging into such illegal acts.

Gujarat victory validated policies of Modi Govt as prolific, progressive: Abhinav

JJ NEWS SERVICE
JAMMU, DEC 12: Senior Advocate Abhinav Sharma, Spokesperson BJP J&K unit on Saturday asserted that the record breaking victory of BJP in Gujarat elections has testified that policies of Modi Government are prolific and universally accepted by the people.



In a statement issued to media persons over historic triumph in Gujarat polls, the senior BJP leader said that the outcome of polls in Gujarat is due to the undaunted faith of people in the credibility of Prime Minister Narendra Modi as they know that each and every promise

which the PM has made with the people of Gujarat will be fulfilled without any deviation or compromise. He said that the Gujarat poll is like the stepping stone for the upcoming Lok Sabha polls in a couple of years and the country should note it down that the results of Parliamentary elections in 2024 will be exactly like that of Gujarat. He however

asked the party cadre in J&K and elsewhere to emulate the working style of party workers in Gujarat to repeat the results in Lok Sabha elections and also in state and UTs because it is the hard work of ground level workers of the party which has helped BJP to bloom once again in Gujarat.

Speaking on the poll outcome in Himachal Pradesh, Abhinav said that the party respects the mandate of the people. He said that the performance of the government in the hill state was not bad but the people in Himachal preferred to go by the old tradition of changing the political party running the government

and that led to change in guard. He asked the workers of the party in Himachal not to lose heart and start working from day one as soon as the people will give them a chance once again. He said that BJP is not a power hungry party rather it is a nationalistic political outfit having a mission to serve countrymen whether they give support in return or not. Abhinav also appealed to BJP activists in J&K to gird up loins and gear up for the polls which could be announced anytime as all the hurdles have been removed and soon after the end of winter season J&K could go for Assembly polls.

Department of Wildlife Protection J&K Government Office of the Additional Wildlife Warden, Jambu Zoo

MANDA HILLS, NEAR HOTEL ASHOK JAMMU.PH/FAX.0191-2520247.

Email: wljammuj@gmail.com

SHORT TERM TENDER NOTICE E-TENDERING

Tender Notice :- e-NIT No.- 66/WLW/JZ of 2022-23 dated: 08-12-2022

For and on behalf of the Lt. Governor, Jammu & Kashmir UT, Quality based-tenders are invited from approved and eligible contractors registered with J&K UT Govt./Central Govt. Organizations for the following works:

Name of Work	Adv. Cost (Rs. in lacs)	Earnest Money (in Rs.)	Cost of Tender Document (in Rs.)	Time of Completion	Receiving /Opening Authority
Planning, Designing, Fabrication, Supply and Installation of Signages at Jambu Zoo under rules and guidelines of Central Zoo Authority (CZA)	20.00	40,000	1000	30 days	Tender opening committee

The e-NIT consisting of qualifying information, eligibility criteria, specifications, bill of quantities, (B.O.Q), set of Terms & Conditions of contract and other details can be seen/downloaded from the departmental Website:- <http://jktenders.gov.in>

Position of funds: JKIDFC. LUP 2545

EOI for Planning, Designing, Fabrication, Supply and Installation of Signages at Jambu Zoo under rules and guidelines of Central Zoo Authority (CZA) is approved via Chief Wildlife warden J&K No. WLP/Plan/2022/2432-33 dated: 07.12.2022.

Publishing Date	08-12-2022
Download Start Date	08-12-2022 from 04:00 PM
Bid Submission Start Date	08-12-2022 from 04:00 PM
Bid submission End Date	15-12-2022 up to 04:00 PM
Date of opening of Technical Bid	16-12-2022 at 12:00 AM (In the Office of Wildlife Warden, Jambu Zoo, Manda Hills Jammu)
Date of opening of Financial (online)	16-12-2022 at 03:00 PM (In the Office of Wildlife Warden, Jambu Zoo, Manda Hills Jammu)

Bid documents can be seen at and download from the website:

<https://jktenders.gov.in> Bid documents contain qualifying criteria for bidder, specifications, bill of quantities, conditions and other details.

Terms & Conditions:

- The Bid documents consisting of instructions to Bidders (ITB), Bid Data Sheet (BDS), Qualification Criteria and Documents to be furnished with the Bid, General & Special Conditions of Contract, Contract Data, Specifications, and set of terms and conditions of contract and other forms will be uploaded on the website: www.jktenders.gov.in on **08-12-2022 from 04:00 PM** The Bidders can download the bid documents after the due date and time for sale.
- The pre-bid meeting shall be held in the office chambers of undersigned on 12-12-2022 at 11:00 Hrs.
- Bids shall be received "on line" on or before **15-12-2022 up to 04:00 PM**. The bidder must possess Compatible Digital Signature Certificate (DSC) and proper user ID.
- The hard copy shall have to be submitted by the successful bidder within 3 days after opening of technical bid in the office chambers of undersigned during office working hrs.
- A Bidder requiring any clarification of the bidding documents may ask questions on line in the e-procurement portal using his / her DSC or through email provided the observations are raised before the deadline scheduled of e-NIT.

SD/-

DIP/J-12847/22

AMIT SHARMA (ACF)
 ADDITIONAL WILDLIFE WARDEN
 JAMBU ZOO

Office of the Executive Engineer, Operation and Maintenance (O&M) Division, Pulwama

Email: xenedpulwama@gmail.com Tel.No. 01933-241228 FaxNo. 01933-241228

e-NIT NO: O&M/Pul/89 of 2022-23, dated: 08-12-2022

INVITATION: -

For and on behalf of the Lieutenant Governor of the UT of Jammu and Kashmir, the Executive Engineer (Distribution), KPDCI, O&M Division Pulwama, hereinafter referred as 'Employer', invites online e-bids from reputed Companies or Class 'A' registered contractors for Creation of 63 kVA Sub Station at Bongam Koil near the H/O M. Yousif Bhat S/o muma Bhat at Bandkhair Koil under DDC grants 2622-23:

1	e-bid submission start date and time	08.12.2022; (1:00 PM onwards)
2	e-bid submission end date and time	20.12.2022; (upto 02:00 PM)
3	Commercial and Technical Bid opening date & time	21.12.2022; 03:00 PM
4	Online financial e-Bid opening date & time (Only of the technically qualified Bidders)	Any date convenient to tender opening authority after evaluation of technical bids in the office of undersigned.
5	Venue of opening of techno-commercial Bids	Office of the Executive Engineer, O&M Division Pulwama, Kashmir Pin Code 192301 Address near DC office Pulwama Kashmir
6	Tender Value	Rs. 9.80 Lacs
7	Cost of e-Bid document	Rs. 400/- (Rupees Four hundred only) (Non-Refundable)
8	Amount of Earnest Money Deposit (EMD)	Rs.19600/=

No. O&M/Pul/5999-6004

Dated 08.12.2022

DIP/J-4269-P/22

sd-
 Executive Engineer
 O&M Division Pulwama

THOUGHT OF THE DAY

“Don't Dream to be something but Rather dream to do Something great” - PM Narendra Modi

JINDRAH IMAGES

Ensure no laxity in biometric attendance

Jammu and Kashmir government has finally decided to put its foot down to ensure accountability in the day-to-day functioning of the administration. For this, Chief Secretary Arun Kumar Mehta has issued fresh directions for strict compliance to the orders on biometric attendance of employees particularly in field offices. The directions have come following the low record of employees' biometric attendance across Jammu and Kashmir. It is quite unfortunate that employees working in various government offices seldom maintain discipline and reach their respective offices in time. It hampers the public delivery system badly, besides it gives a wrong notion that authorities at the helm of affairs are inefficient to bring accountability in the system. If media reports are to be believed, there is a cumulative achievement of 42 percent of employees' biometric attendance mainly attributed to the field offices. This is notwithstanding the fact that authorities have issued strict warnings to the employees for taking biometric attendance casually. Moreover, warnings have been issued for those employees who are carelessly taking directives regarding Employees Performance Monitoring portal carelessly. In June this year, instructions were issued to all government offices, PSUs, institutions and corporations across Jammu and Kashmir to switch over to biometric system with immediate effect and all employees were directed to necessarily mark their attendance both at arrival and departure as per the notified office hours of various offices. All administrative secretaries, heads and managing directors of PSUs, corporations and institutions were also directed to ensure installation of biometric attendance systems and equipment in all offices and institutions under their administrative control. All DDOs were also directed to draw salaries of employees only on the basis of satisfactory biometric attendance. It is an open fact that the people take government jobs casually with a commonly prevalent perception that they are not to be penalized. What is the need of the hour is to explore and work out a way out to have attendance of all employees in the field recorded biometrically without any laxity. To some extent, the government has achieved the strict compliance to the biometric attendance system in urban areas to great extent but it has remained a major challenge for authorities to ensure accountability in rural pockets where it has been observed that those employees who stay in the nearby vicinity leave the office premises either with the consent of controlling officers or without their knowledge in the middle of working hours and due to this office work suffers immensely. Authorities should evolve a suitable mechanism to check this tendency. The government should intensify surprise checks in the field offices to have on-spot assessment over the compliance of the directives regarding eight hours duty in the government offices. All measures need to be put in place to regulate attendance of employees to ensure an effective public delivery system.

WHY PUBLIC VIEWS POLICE WITH FEAR, SUSPICION

The public avoids contact with the police and this avoidance syndrome is more pronounced in rural than urban areas. A significant section of the public does not 'feel at ease' in dealing with the police. Surveys done by the National Police Commission (1978-81) have also confirmed that people who have had an experience of police misconduct are prone to believing that the cops are to be avoided because they frequently misbehave.

SANKAR SEN

THE police in independent India have inherited some unwelcome legacies. One such legacy is alienation from the public. The police are viewed by the public with fear and suspicion. The Police Act, 1861, which outlines the structure and functions of the police in the country, sought to create a ruler-appointed police to keep effective control over the people and not uphold and safeguard their rights. The same tradition has continued in independent India. The outcome is a widening chasm between the police and the public. The people, in general, seek to avoid the police.

In 1969, police scholar David Bayley, in his seminal work, *Police and Political Development in India*, had written that the police-public relationship in the country was characterised by a powerful "avoidance syndrome". The public avoids contact with the police and this avoidance syndrome is more pronounced in rural than urban areas. He states, "The Indian public is substantially unwilling to volunteer assistance in (giving) information to the police. They would rather not get involved." Other studies and surveys have confirmed this conclusion.

A bottom-up assessment of the Karnataka Police, *Mirror of the Police*, done by the Public Affairs Centre, Bengaluru, came to the same conclusion that for the Indian police time had stood still and public trust in the police had not registered any improvement with the passage of time. In this survey, complainants from all walks of life as well as police personnel of all ranks were interviewed. One of the major findings of the study was that a significant section of the public does not 'feel at ease' in dealing with the police. The psychological barriers that continued over the years have remained unchanged. The avoidance syndrome is more pronounced among the backward, illiterate and marginalised sections of society. I witnessed this phenomenon while serving in the National Human Rights Commission. Most of the complainants against the police were from the depressed classes. Besides serious complaints



of custodial violence and non-registration of cases, there were many complaints of rude and boorish police behaviour, which prompts them to avoid further contact with the police. This highlights the imperative need for human rights sensitisation of the police and inculcation of respect for human dignity.

Dr Bayley's study further shows that negative and unflattering views about the police are more readily found with individuals who have had unfavourable contacts with the police. Familiarity breeds contempt. Surveys done by the National Police Commission (1978-81) have also confirmed that people who have had the experience of police misconduct are prone to believing that the cops are to be avoided because they frequently misbehave. Again, several poor and unlettered complainants are unaware of their legal rights and do not complain of rough treatment by the police.

They also feel nothing can be achieved by complaining to the authorities. Thus, spreading awareness about human rights among the uninformed public should be one of the foremost functions of civil society and human rights groups. A significant number of complainants in the Karnataka survey stated that they do not get any information regarding the status of their complaints.

Any such information is furnished only after repeated visits to the police station. This is an all-pervasive malady witnessed in police

stations. The police seldom take initiatives to inform the complainants of the status of their complaints. Some police officers attribute this failure to staff shortage and work pressure. But this perhaps does not reflect the truth. The real cause is the lack of police culture to improve the complainants' satisfaction and their perception of the police. Our police officers forget that even small proactive gestures are appreciated by the members of the public and enhance the image of the police in the public mind. During the British rule, the police were discouraged to forge close relations with the public because of the erroneous presumption that it would handicap the police in dealing with the native population.

The Police Act, 1861, specifies various duties of the police, but fails to mention the most important responsibility of winning public support and cooperation, without which the police work becomes difficult. In independent India also, the same gulf between the police and public continues. Political bosses fear that close rapport with the public will erode the fear of the police and affect law enforcement. Community policing experiments in India have not been by and large successful because the police have not given the public a meaningful role in supervising police work and operations.

The assessment review of the Karnataka Police revealed another disturbing aspect of the problem. There is often a difference between

the complainant's version and the description of the case as recorded in the file by the police. Many complaints are not registered as cases and in many instances there is minimisation of the offence. Thus, the first encounter of many complainants with the police often is not a happy one. A small sample study carried out in Odisha revealed that people in general are appreciative of the problems and constraints of the police, but they feel disillusioned and irked when the police do not even visit the crime scene to make a worthwhile effort to crack the case, and eventually submit a wrong report. The Law Commission in its report submitted in 1958 said, "The police force, as a whole, is not regarded as a friend of the people. This mistrust does not encourage contact with the police." Viewing the problem from a global perspective, Bayley has said the situation is not unique to India. "Few American observers would expect an overwhelming vote of confidence in the police in their own country."

Even in Britain, where the police enjoy a good reputation, a survey undertaken on behalf of the Royal Commission on the Police found that at least 10 per cent of the people thought that the police take bribe fairly often, use unfair methods to get information and distort evidence in courts. Suspicion and avoidance of the police may be worldwide, but its magnitude and forms are critically different from country to country.

Need to scrutinise Covid's cardiac impact

UMESH CS YADAV

Heart attack has become a buzzword owing to several recent deaths of young and middle-aged people. The increasing number of deaths due to heart attack in the country is concerning and point towards lack of proper understanding of the issue. A few cases may be due to pre-existing heart-related issues leading to untimely death, but there are cases which may also be linked with Covid-19. However, due to lack of proper examination and study there is no clear evidence.

These unfortunate deaths, nonetheless, have caught people's attention. Many people died either dancing, singing, playing cricket or performing their duty like driving a bus. A sudden surge in deaths due to heart attack during the Covid pandemic and later has, however, baffled clinicians, policymakers and the common man equally. The experts are still not sure if and how these deaths are correlated with Covid. Researchers do agree that Covid has affected our organ system in such ways that it is difficult to comprehend it without planned studies.

According to a study based on the US Department of Veterans' Affairs data, people who had contracted Covid face a substantially high risk of cardiovascular issues, including heart attack and stroke. These problems

The causes of recent heart-related deaths need to be carefully examined so that preventive and therapeutic strategies can be aptly designed. One should maintain a healthy lifestyle, consume fresh fruits and vegetables and do yoga.

may also happen in people who had relatively mild Covid and have fully recovered from it. The researchers are worried that after the main shock of the pandemic, which affected billions of people globally, cardiovascular-related issues may turn out to be an aftershock. Besides, how long these aftershocks are going to be felt by the people is unclear.

In a recent study published in a journal, *Nature*, it was reported that people who recovered from severe Covid had extremely high risk of developing cardiac issues fill a year later, including heart swelling and lung thromboembolism, which were up to 20-time higher than those in uninfected. Further, those who had mild infection and recovered at home without hospitalisation also had risk of heart attack (8 per cent higher) and heart inflammation (2.5-fold higher). Other studies conducted in the UK also point out that people hospitalised with Covid-19 have two-and-a-half to three-fold more risk of heart-related issues than those uninfected.

However, other non-Covid factors may also have affected people indirectly, including irregular or missed health check-ups, sedentary lifestyle without much physical activities,



high-energy diet and stress during the pandemic.

Interestingly, a study at Yale University reported the presence of excessive number of auto antibodies in the people hospitalised with severe Covid. Most of these antibodies are against one's own tissues and cells and can inadvertently attack the body tissues, including the heart, and weaken their architecture. These damages do not bother unless they accumulate over a period of time and result into acute events like heart attack and sudden death.

The coronavirus enters through the ACE2 receptor found in organs and

tissues such as the lungs, neurons, liver, kidney, intestine and also the heart and blood vessels. The damages caused to these organs and tissues are wide-ranging and long-lasting even after the Covid recovery. This is called 'long-Covid' that lasts for months to a year or more. Healthy endothelium, the innermost lining of blood vessels made up of endothelial cells, is crucial for the overall vascular health. These cells are prone to damage either by pathogens like viruses and bacteria or their toxic products, which linger on for longer duration and induce thrombosis or blood clotting. The clots may block the blood

supply to vital organs like the heart or brain and cause heart attack or stroke, respectively. This may be a possibility in Covid-recovered people with damaged or weakened endothelial cells.

Furthermore, studies also found the presence of virus or its remnants in cardiomyocytes, the heart muscles, which indicate that it could cause cardiac inflammation, resulting in arrhythmia and heart failure in the long run. Affected with these conditions, a person doing strenuous workout would put excessive load on the vasculature and cardiac tissue, which may result in heart-related fatality.

These premature deaths are alarming and raise a pertinent question — Is Covid-19 infection or the vaccine is responsible?

A study published in *Nature* says that the cases of stroke have increased among the youth in the post-Covid period.

Also, the possibility of blood clotting in Covid-recovered patients has increased, which may result in heart attack. Similarly, there are cases of cardiovascular complications, thrombosis and arrhythmia among Covid patients. Is vaccination responsible for these deaths? Studies to answer this question have not been done

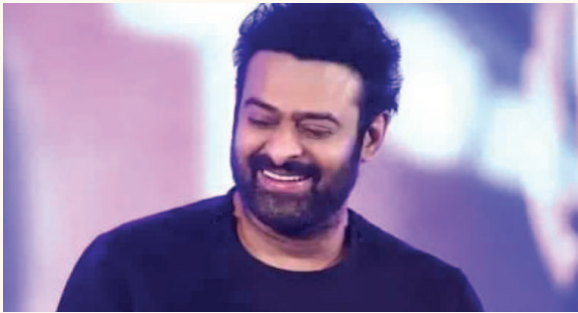
recently, but vaccination-related cases of clotting, ischemia and stroke have been reported in many countries.

Even though they may sound similar, not all heart-related problems are the same. One needs to understand the different terminologies associated with the heart. Heart attack is a condition when the heart does not receive the blood supply, and thereby nutrition and oxygen, due to blockage caused by atherosclerotic plaque or entrapped blood clot in a coronary artery. As a result, heart undergoes myocardial infarction in which a portion of the heart does not get the blood and malfunctions or dies, resulting in fatality.

Heart failure is a condition where the heart is not capable of meeting the demand of the body, especially during strenuous exercises, due to the weakening of the heart architecture. Cardiac arrest is related to electrical signal that is generated in the sinoatrial (SA) node that causes and maintains the heart's rhythmic contraction. When the electric signal is not generated or transmitted, it leads to arrhythmia or fibrillation and may result in sudden stopping of the heart.

PRABHAS MAKES RARE TELEVISION APPEARANCE ON NANDAMURI BALAKRISHNA'S UNSTOPPABLE

Actor Prabhas, who rarely makes public appearances, took time on Sunday to shoot for an episode for popular Telugu chat show, Unstoppable. The show, which is currently running in its second season, is being hosted by actor Nandamuri Balakrishna. Pictures from Prabhas's episode are out on social media and fans can't contain their excitement. Actor Gopichand also joined Prabhas for the shoot.



"MB and Prabhas ...The way they sit itself is the biggest asset for them. Humbleness and respect towards seniors (sic)." Another comment read: "Prabhas looks so good (sic)." Prabhas is currently working on two films: Salaar and Project K. Following the phenomenal success of KGF, Prashanth Neel and Prabhas are coming together for the first time in Salaar, which is rumoured to be a remake of Kannada film Ugramm. Tipped to be an action saga, the film features Prabhas in the titular role. The actor is cast opposite Shruti Haasan in the film. In August,

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Prashanth took to Twitter to announce the release date of Salaar. Prithviraj Sukumaran and Sriya Reddy, who was recently seen in Amazon Prime's Suzhal, are also a part of the project. Salaar, which will be dubbed and released in Hindi, will be presented by Anil Thadani. In the film poster, Prabhas can be seen standing with two swords in his hands. A lot of dead bodies can be seen in the background. In April, a leaked still in which Prabhas can be seen lighting a cigarette from the sets of the movie went viral on social media. Prabhas is also busy with the shoot of his upcoming multilingual science-fiction film, Project K, with director Nag Ashwin. Deepika Padukone makes her Telugu debut with this project which will be bankrolled by Vyjayanthi Films.

Jin to enter recruit training centre grounds for military enlistment without greeting BTS ARMY: In order to prevent...'



A head of BTS member Jin's military enlistment in South Korea, the group's agency BigHit Music on Monday issued a new statement. According to it, the BTS agency has asked the media to 'please refrain from visiting the site'. It also informed BTS ARMY that Jin will enter the grounds of the recruit training centre in a vehicle 'without greeting the media or fans separately'.

The statement read, "Jin will be enlisting in the army as an active-duty soldier to fulfill his military duty. As we have announced before, there is no separate official event on the day of admission to the recruit training centre." It continued, "On the day, the site is expected to be very crowded with enlisting soldiers, family members, and some fans. We ask the media to please refrain from visiting the site." "In order to prevent safety accidents caused by on-site congestion, Jin will enter the grounds of the recruit training center while in a vehicle without greeting the media or fans separately. Due to the nature of the venue, we ask for your understanding that there is no separate waiting space for reporters. The agency will not spare its efforts and continued support until the day Jin fulfills his military service duties and returns in good health. Thank you," the statement concluded.

As Jin gets ready to depart for his military service, he recently shared a selfie on the fan community, Weverse, giving fans a glimpse of his new look. Jin now has a buzz cut, very short hair. He posted his photo, on Sunday evening, wearing a black T-shirt.

Nora Fatehi files defamation lawsuit against Jacqueline Fernandez, 'reputation being tarnished'

Bollywood actor Nora Fatehi has filed a defamation case in a court here against actress Jacqueline Fernandez, alleging that the latter made defamatory allegations against her for "malicious reasons" and to destroy her career.

According to Fatehi, Fernandez sought to criminally defame her in order to destroy her career to further her own interests, since they are both working in the same industry and have similar backgrounds, amongst other reasons.

Contending that her image is being tarnished, Fatehi, stressing that artistes' career is solely based on their reputation, alleged that defamatory remarks were made against her by Fernandez to ensure her financial, social, and personal downfall.

In the complaint accessed by IANS, she also claimed that Fernandez has also maliciously attempted to absolve herself from her actions in another criminal proceedings which are absolutely unrelated to her.

"Jacqueline Fernandez is also an actress, and is pretty well known in the film industry. She has also been made an accused in the Sukesh Chandrashekhar Rs 200 crore money-laundering case by the Enforcement Directorate. That the defamatory imputations were made by Fernandez due to malicious reasons. Apart from that, Fernandez sought to criminally defame the complainant in order to destroy her career to further her own interests since she is also in Bollywood," read the complaint moved by Fatehi through her counsel advocate Vikram Chauhan.

Fatehi has further alleged that Fernandez made a false statement against her despite being an actress too.

"Fernandez has unnecessarily dragged and defamed me as I am in the same industry. She is fully aware that the business of any artiste and their career is solely based on their reputation. This clearly establishes that the said imputation has been made with the intention and knowledge that such imputation will harm the reputation of the complainant," her plea read.

She also accused a few media firms for quoting Fernandez which lowered her reputation in the same plea. The court has fixed December 19 as the next date of hearing.

The White Lotus season 3 to be set in Asia, creator Mike White hints at focus on 'death and spirituality'

THE FINALE of the second season of The White Lotus aired on Sunday and series creator Mike White already has something in mind for its next season. The buzzy series about wealth and privilege was officially renewed for a third season by HBO in November shortly after its season two began streaming. And the new season could be set in Asia. Even before the second season premiered, Mike had revealed that the new season would be take place in a different country. Season one, which premiered in July 2021, took place on the island of Hawaii and was filmed at the Four Seasons Maui, while the second season was situated in Italy and was filmed at a Four Seasons Hotel in San Domenico. The writer-creator had

said in an interview, "I think it'd be fun to maybe go to a whole different continent. You know, we did Europe, and maybe Asia, something crazy like that, that would be fun."

Speaking in a recap video, Unpacking S2 E7, about the ending of the show, Mike spoke in detail about a major character death and his reasoning behind it. He also shared what direction the show could head in next. Mike said, "The first season kind of highlighted money, and then the second season is sex. I think the third season would be maybe a satirical and funny look at death and Eastern religion and spirituality. It feels like it could be a rich tapestry to do another round at White Lotus." Season two of The White Lotus only featured

two actors, Jennifer Coolidge and Jon Gries, from the first series. It remains to be seen if anyone from this season will continue in the next round as well. Possible shooting locations for season three have been mentioned online, including Japan and Thailand. Characters in season two also hint at meeting up again at another exotic location in the Maldives.

The White Lotus won the Emmy for Outstanding Limited or Anthology Series in September. Mike also won two Emmys for Outstanding Writing and Outstanding Directing, while fan favorite actor Jennifer won the Outstanding Supporting Actress award for her portrayal of the eccentric Tanya.

Preity Zinta spends weekend away from Mumbai with Sussanne Khan, Arslan Goni, Karisma Kapoor and others

Actor Preity Zinta is back in India. She spent her first weekend with her close friends, including interior designer Sussanne Khan, her boyfriend Arslan Goni and other friends. Preity posted a glimpse of her fun getaway trip with friends and later even posed in front of Gateway of India, upon returning.



In the clip, Preity appeared basking in the winter sun on a boat with friends. She wore a halter neck dress, paired with a sun hat and glasses. In pictures, she appeared with Sussanne Khan and happily posed with her.

All of them took a ferry and jetted away to some nearby destination. Among their friends were designer Surily Goel and Renu Chainani. In one of the photos, Karisma Kapoor joined Preity, Sussanne and Arslan as well.

"Wah Taj #weekendvibes #mchimumbai #ting," Preity captioned her solo picture, clicked at night, featuring the Taj Mahal Palace hotel in the background. Reacting to it, a fan commented, "Mam aap 90s se aise ki aise ho (How have you maintained yourself since the 90s?) Many also dropped heart and fire emojis for her.

Earlier, Karisma shares a video of herself heading out of Mumbai on a boat. However, she was seen alone. It read, "Good Vibes and High Tides." Preity returned to Mumbai

last week. She went for darshan at Siddhivinayak temple and shared a video of her temple visit. The Veer-Zara actor performed puja at the temple. Sharing her experience, she wrote, "Back in Mumbai Back at Siddhivinayak temple (red heart emoji) Wow ! It was amazing to be able to attend the aarti there & feel rejuvenated after a brutal flight. A big thank you to everyone (handfolded emoji) at the temple for making us have such amazing darshan, dil aur aatma dono ko shaanti mil gyi (My heart and soul experienced peace)."

Preity shifted to the US after she tied knot with with Gene Goodenough in February 2016. Their wedding was a private ceremony in Los Angeles. In November 2021, the couple welcomed twins, Jai and Gia, via surrogacy. The actor was last seen in Bhaaiji Superhit (2018).

Shehnaaz Gill gets emotional on Sidharth Shukla's birth anniversary, drops photo hugging him



Sidharth Shukla's Birth Anniversary: The most loved and talented actors in the entertainment industry, Sidharth who impressed the audiences with his powerful performances, passed away on September 2, 2021, at the age of 40 due to cardiac arrest. The news of his untimely demise shattered millions of hearts. On his birth anniversary today (December 12), his close friend and rumoured girlfriend Shehnaaz Gill remembered him with a throwback picture and an emotional message.

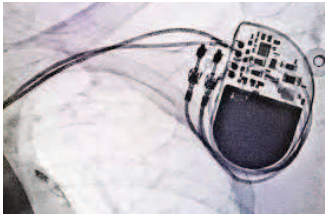
Taking to her Instagram, Shehnaaz posted an image of Sidharth in which he could be seen smiling and wearing a white shirt and black blazer. She captioned the post, "I will see you again, 12.12." Punjabi singer and actress also shared a few pictures on her Insta story of cake with Sidharth's birth date, solo portraits and a close-up of their hands.

Soon, Shehnaaz's fans and industry friends showered love on the actress and flooded the comment section with hearts and supporting messages. Kashmera Shah wrote, "Yes. And he will always live in all our hearts." One of the fans wrote, "I still can't believe that this man is no more ... I visualise him in those half pants when he was in bb13 and doing his things and entertaining all of us ... After him bb is just a time pass thing ... why u did this to us y? A third comment read, "always & forever ... And lets celebrate all the best memories .of togetherness . Cheers my friend . We will celebrate you." Recently, Shehnaaz paid tribute to the late actor while accepting her award Filmfare Middle East Achievers Night in Dubai. "Main ek bande ko thank you bolna chahti hu ...thank you meri life me aane ke lie aur merpe itna invest kiya ki aaj main yaha tak phuchti hu...this is for you Sidharth Shukla (I want to thank someone...Thank you for coming into my life. I am whatever today is all because of you...this is for you Sidharth Shukla," Shehnaaz said, evoked a loud cheer from the audience.

Sidharth and Shehnaaz's bond Sidharth and Shehnaaz grew close to each other when they were in the 'Bigg Boss' house, though they never officially acknowledged being a couple. Sidharth later won that same season in 2020. The duo's endearing chemistry was loved by the masses, who tagged them as SidNaaz and showered their support and love for the bond. Their undying affection for each other raged fire, even on the show. The duo also appeared together on reality shows such as 'Bigg Boss OTT' and 'Dance Deewane 3', along with featuring in music videos of 'Bhula Dunga' and 'Shona Shona'.

What to Ask Your Doctor If You're Getting Medical Tech Implanted

THREE YEARS AGO, I walked from my office in a hospital to meet my boss, a neurosurgeon. On the way, I felt my entire body slow down. After two minutes, I felt something "off" and I turned around to go back. After three steps, I crumpled to my knees to keep from falling and lay on the floor until someone saw me. I was awake. Thankfully, that hallway was comprised of physician offices and someone saw me.



In the hospital, the attending physician stated my pulse had dropped too low. The electrical signal from the nodes in the right atrium of the heart was not firing often enough or reaching where it should. When the heart beats too slowly for long periods of time, permanent action becomes necessary. Despite being 25 years younger than most patients, a pacemaker was my only remedy.

In the US, the Food and Drug Administration (FDA) oversees the safety of implantable medical devices. About 4,000 different types of devices, from pacemakers to artificial joints, are on the market. Most are safe and effective. But the medical industry is big business and it's not a perfect system. Any surgery comes with risks, even for the most common procedures.

The American Medical Association states that 10

percent of Americans will have some sort of device implanted into their bodies during their lifetimes. Since I would soon be one of them, I had concerns—mostly because I was also familiar with stimulator devices from my former job as a neurosurgeon coordinator, and knew a variety of risks/outcomes, but even that prior knowledge didn't mean that I knew everything about what was going to happen. Not everything is as clear as we'd like them to be when a doctor speaks to us. Their language can be technical, and some doctors are... less than personal. Also, many patients are understandably nervous when first hearing what's necessary for their body, and don't remember to ask key, clarifying questions. Here are a few things to consider and speak with your doctor about before getting a new implant, high-tech or otherwise: Clarify Your Specific Diagnosis Medical terms are precise for good

reason. It may sound odd to clarify first considering you probably have investigated the problem, but get the correct wording. After I saw my cardiologist, my mind raced with medical terms, and I sort of knew that the issue was a medical condition called atrioventricular block, sometimes referred to as heart block or AV block. But later that day, I asked for the official diagnosis. It was second degree, Hisian AV Block. There are subtle differences that can affect the way it's treated. Ask your physician to write it down for you, or better yet, make sure to get all visit notes from your doctor or clinic's office. If there is any confusion about your diagnosis and how your doctor plans to treat it, a second opinion will be in order.

What Kind of Tech Will be Used? You don't have to have particular knowledge of medical materials or an engineering degree to learn what substances will be in

your body and how they'll interact with you. Gethin Williams is a diagnostic and interventional radiologist in El Paso, Texas. He encourages his patients to ask as many questions as possible.

"One of the first things is imaging. Ask whether this is the latest version of the device. Is it safe for my body to have scans? Will it hurt me? Not all devices will work safely with the strong magnet of an MRI machine. You could get shocked or burned from an implant unless you ask specific questions regarding those manufacturer guidelines."

How Safe Is Your Procedure?

In addition to general sleuthing online, Williams feels patients should be comfortable asking doctors about any possible complications and the risks involved with a particular procedure or implantable device. It doesn't matter how many thousands of those procedures have been done in the United States, or how common the device is. You should always ask for as much detail as possible, even if the potential complications or risks are rare.

"You may want to ask, how many of these devices have you or your department implanted? How many complications have you had? What about success rates? Find out the actual statistics," he says.

What If I Need Additional Implants?

Some people may only have one health problem that requires a medical implant, but others may have several issues that could overlap. Williams says that having more than one device in your body is not that uncommon (and may become more common over time) and shouldn't present a problem as long as those implants aren't literally next to one another. Make sure your doctors have records of all implants already in your body.

For example, Type I and Type II Diabetes are some of the most common chronic health problems in the United States. But the diseases don't just affect older populations. Younger people are developing diabetes at a higher rate than ever before.

The National Institutes of Health reported that about 11 percent of the population is diagnosed diabetic, and that doesn't include the thousands who are unaware they have it. Many of those patients will eventually require an insulin pump—a small, digital device that continuously delivers rapid-acting insulin through a small catheter and is secured in place on the skin with adhesive. It's programmed from a remote device, and as those pumps become more common, they add to the complexity of potentially having multiple implantable medical devices in the general population.

HOW GOOD ARE ALMONDS FOR GUT HEALTH?



The gut has to be one of the most complex organ systems in the human body. Some scientists have even called it the second brain. Innumerable microorganisms reside in the gut and bacteria there play a huge role in overall health, not just the digestive.

A recent study by scientists at Kings College London has shown that a handful of almonds could make the gut healthier.

Almonds boost the production of short-chain fatty acid butyrate that improves gut health. The experts analysed the effects of the compound on the composition of good bacteria in the gut.

Scientists and medical professionals are still trying to figure out the mechanisms and processes with which the microbiome works in the gut and affects

health. The KCL team recruited 87 adults who were already taking less-than-required amounts of dietary fibre and also habitually snacked on junk food items like chips.

The participants were divided into groups of three. One group started taking 56g of whole almonds a day. Another took 56g of ground almonds and the third was the control group that started eating energy-matched muffins.

The results, published in

the American Journal of Clinical Nutrition, showed that butyrate was found to be produced in significantly larger amounts in people who took either ground or whole almonds.

The fatty acid is like a fuel for the cells in the colon. The compound creates favourable conditions for the bacteria and microbes to grow and thrive.

This results in a stronger gut wall, less leakage and inflammation as well as optimal nutrient absorption.

10 Vegetables You Should Be Eating Every Week, According to a Dietitian

It's no secret that eating vegetables is good for your health. Even though the specific nutrients found in vegetables vary between types, all varieties offer health benefits. Eating the recommended five servings of produce a day and including a variety of sources helps you get in the vitamins, minerals, fiber and antioxidants your body needs to thrive.

Pictured Recipe: Roasted Mushrooms with Brown Butter & Parmesan

"There are some vegetables that have more nutrients than others. What one vegetable is low in (vitamin C, for example), another may be a good source.

That's why variety is important," says Alena Khardamenko, M.S., RD, a media dietitian and founder of Alena Menko Nutrition and Wellness.

Here we're sharing 10 of the most nutrient-dense vegetables you should be adding to your plate weekly, plus the benefits of doing so.

1. Arugula
This leafy green is nutritious, refreshing and packed with flavor. Also known as rocket, arugula has a spicy flavor which is unique among leafy green vegetables. It's high in vitamin C and is a source of potassium, calcium, magnesium and folate.

Beth Stark, RDN, LDN, a food and nutrition communications consultant, says,

"Arugula is a key source of folate, which helps support the production of DNA and

is especially important during pregnancy or planning to become pregnant."

Arugula also contains glucosinolates, compounds most often associated with cruciferous vegetables like Brussels sprouts and broccoli. Research shows that glucosinolates may have health-promoting properties like lowering the risk of certain kinds of cancers. And alongside several orange vegetables, arugula is a good source of carotenoids, which are important compounds that are associated with cardiovascular and eye health.

Roasted Butternut Squash Salad

2. Butternut squash
Butternut squash is a large vegetable with a thick skin and dense, orange center. The flesh of this winter squash is packed with nutrients, with 1 cup containing close to 50% of the Daily Value for vitamin C and over 10% each of potassium, fiber and magnesium. Butternut squash is also a source of beta carotene, the precursor to vitamin A which is essential for eye health and vision.

"Cube and roast butternut squash in the oven or puree it into a soup," says Stark. This versatile vegetable can also be used in mixed dishes like casseroles or mashed for use in baked products like pancakes or muffins.

3. Carrots
Carrots are a type of root vegetable, a group that also includes potatoes, beets, turnips and parsnips. This

nutrient-dense vegetable is rich in vitamin C, beta carotene, fiber and potassium.

Carrots also contain compounds that some research has found might reduce risk for certain cancers. One study, published in the Journal of Nutrition in 2020, found that higher self-reported intake of carrots was associated with a reduced risk of colorectal cancer. While there are multiple limitations to this study, carrots are packed with important nutrients that make them worth adding to your diet on a regular basis to support better overall health.

Look for carrots in a variety of colors including orange, yellow and purple. Add them to baked products, oatmeal, soups, salads and sandwiches or simply eat them on their own as a snack with your favorite vegetable dip.

4. Onions
Onions may not be the first things that come to mind when considering vegetables to add to your diet, but this member of the allium family, a group of vegetables that also includes garlic and leeks, is packed with nutrients and anti-carcinogenic compounds.

Onions are a naturally low-calorie and low-fat food and are a source of essential micronutrients including vitamin C and potassium. Interestingly, the outer layers of onions have been shown to have the highest concentration of antioxidant compounds.

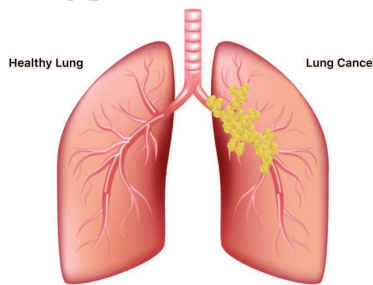
Research reveals second primary lung cancer affects 4pc of surgery patients, can reach up to 8pc

Researchers discovered that the incidence of second primary lung cancer ranged from 4 per cent for the overall cohort of lung cancer patients to 8 per cent for those undergoing surgery for stage IA illness, according to data from the National Lung Screening Trial.

At the IASLC World Conference on Lung Cancer 2022 in Vienna, the study was presented today.

The incidence, timing, and survival of second primary lung cancer are poorly understood, particularly in patients with lung cancers detected via lung cancer screening. Ms Alexandra Potter, Massachusetts General Hospital, in Boston and colleagues sought to examine second primary lung cancers using data from the National Lung Screening Trial (NLST).

Second primary lung cancer refers to new primary lung cancer that develops after therapy for the first primary lung cancer or when two lung cancers with different histologies are found at the time of diagnosis. Patients diagnosed with



first primary lung cancer in the NLST were grouped according to whether they were diagnosed with second primary lung cancer less than six months after first primary diagnosis (synchronous) or longer than six months after diagnosis (metachronous).

Ms. Potter and colleagues then compared the histology of second primary lung cancers with the first

primary lung cancers. The researchers also calculated the incidence rate of metachronous primary lung cancer per 100 person-years and the five-year survival rates for patients diagnosed with synchronous and metachronous second primary lung cancers.

Of the 2,053 patients meeting study inclusion criteria, 85 (4.14 per cent) patients developed sec-

ond primary lung cancer, of which 48 (56 per cent) were synchronous and 37 (44 per cent) were metachronous. The incidence of second primary lung cancer varied by treatment type and stage and was as high as 8 per cent among patients undergoing surgery for stage IA disease. For metachronous primary lung cancer, the median time from cancer diagnosis to the diagnosis date was 32.0 (IQR: 17.5- 50.5) months. For patients with early-stage first primary lung cancer, the incidence of metachronous primary lung cancer increased with increasing time from the diagnosis date of the first lung cancer. The distribution of second primary lung cancers by histology was 46 per cent adenocarcinoma, 25% squamous cell lung cancer, 8 per cent lepidic adenocarcinoma, and 6 per cent small-cell lung cancer. Approximately 44 per cent (n=37) of patients were diagnosed with second primary lung cancer of the same histologic subtype as their first primary lung cancer.

Scientists in furious row over 'lab-made Covid' claims

A study claiming Covid was made in a lab has ignited a furious row, as the researchers behind it have been accused of "fixing" their results by other scientists.

A pre-print study shared widely online purported to have found evidence that SARS-CoV-2, the virus that causes Covid, was the result of human intervention.

While the findings were lauded by some scientists as "the strongest piece of evidence to date" that Covid came from a lab, others have condemned the paper as "confected nonsense".

The authors of the paper claim to have found evidence that SARS-CoV-2 originated from a lab experiment which cloned a coronavirus, moved around chunks of DNA and rearranged them in a specific order, thus producing the Covid virus.

Alex Washburne, one of the authors, said: "We examined whether SARS-CoV-2 was synthesised in a lab. We studied a common method for synthesising [coronaviruses] in the lab.

"This method was thought to not leave a fingerprint. We found the fingerprint. That



fingerprint is in the SARS-CoV-2 genome."

Viscount Matt Ridley, who co-authored a book on the origin of the coronavirus, called the new work a "hugely important study".

"Evidence that strongly suggests SARS-CoV-2 was engineered may have been hiding in plain sight all along," he said.

Prof Francois Balloux, the director of the

UCL Genetics Institute, said it was "the strongest piece of evidence to date against a simple scenario of strict zoonotic origin for SARS-CoV-2".

"Highly misleading"

Critics say the signals the authors claim to be evidence of a lab origin are not a smoking gun because these genetic fingerprints are nat-

urally found in many viruses, including the common cold.

Prof Stuart Neil, a professor of virology at King's College London (KCL), accused the team of "stacking the deck" by cherry-picking their analysis and turning their paper into a "self-fulfilling prophecy".

"It is confected nonsense put out to create a splash of controversy and become a talking point in the US and UK media," he told The Telegraph.

Prof David Robertson, head of viral genomics at the Centre for Virus Research at the University of Glasgow, said paper was "nonsense" and "highly misleading".

"Popycock dressed up as science" Prof Kristian Andersen, evolutionary biologist and professor in the Department of Immunology and Microbiology at the Scripps Research Institute, called the work "nothing more than popycock dressed up as science".

"In plain language - this is uninformed nonsense and it's simply not worth engaging with this b*****," Prof Anderson said.

The academic also said the paper is "so deeply flawed that it wouldn't pass kindergarten molecular biology".

The pre-print claims to have found telltale signs that the coronavirus was sliced up in a lab and stitched back together again, leaving behind "a very subtle but identifiable fingerprint".

The team believe they have spotted "sticky ends" on the end of DNA fragments that have been moved around using enzymes.

"It makes a caricature of the whole situation" But Dr David LV Bauer, a group leader at The Francis Crick Institute and expert in RNA virus replication, said this is impossible.

"Imagine that you've seen a train pulling into a station. They are identifying that they see the little couplers linking the carriages together. That's what they claim to see," he told The Telegraph.

"What they've misunderstood is that the Golden Gate system is like the fancy new trains on the Elizabeth Line which don't have any visible couplers."

The analysis of the paper is also guilty of selective data interpretation, according to Dr Bauer, who says the authors "fixed" various aspects deliberately to only get the results they wanted and the findings will be unlikely to pass through peer-review.

SMVDU organises Expert Lecture by Er. Shobit Kotru- MES-MOM-Industry 4.0 Senior Product Owner Boeing Co. India



KATRA, DECEMBER 12: Shri Mata Vaishno Devi University, School of Mechanical Engineering organised an Expert Lecture by Er. Shobit Kotru, Industrial Expert & an Alumni of the School of Mechanical Engineering, SMVDU under the Alumni Affairs.

The students of Mechanical Engineering, Electronics & Communication Engineering and Electrical Engineering were present in large numbers. The event was coordinated by Dr. Yatheshth Anand; Asst Prof., SoME,

Ashish Suri; Asst Prof., SoECE and Dr. Sanjeev Anand; Asst Prof., SoEM.

Shobhit is presently working with Boeing Co. India, as MES-MOM-Industry 4.0 Senior Product Owner and has a rich experience in the Innovation Development process and Technology readiness of the product to the market. He interacted with the students and shared his experience of the Industry and also motivated students to prepare for Industry 4.0.

He said that Industry 4.0 conceptualizes the rapid

change to technology, industries and societal patterns and processes in the 21st century due to increasing Interconnectivity and Smart Automation.

He also shared his knowledge about MOM & PLM systems with the students and they had a healthy discussion about the future and benefits of Emerging Automation in Industries.

Students cleared their common misconceptions about the skill required, placement opportunities and starting packages and got to learn about these

required nowadays in Industries.

Mr Shobhit shared his experience while working for different organisations throughout his career till date and motivated the students to utilize their leisure time to get familiar with the latest technologies and terminologies required by the Industry.

Dr Eswarmorthy Muthusamy, Head School of Mechanical Engineering and Dr Balbir Singh, Coordinator AET Club, SMVDU also graced the event with their presence and welcomed the guests.

Overall the event ended on a positive note for all the attendants to stay up to date with the technology as there are limitless learning as well as earning opportunities in the world, & we just need the right mindset and skill set to grab it.

The formal vote of thanks was given by Dr. Sanjeev Anand, Asst. Prof. School of Energy Management.

DC inspects civic amenities, works in Ramban town

JJ NEWS SERVICE RAMBAN, DECEMBER 12: Deputy Commissioner, Mussarat Islam today visited several wards and inspected shops and other business establishments in Ramban town during a field visit conducted under the public outreach program.

The DC was accompanied by the President, Municipal Council, Sunita Sumbria, Councillor MC, Khalid Wani, Executive Engineer, PWD Abhishek Gupta, Tehsildar, Rafiq Ahmed, CEO MC Ramban, Sudarshan Kumar



and manpower.

The DC directed the officers of JPDCI to intensify the surprise inspections of houses and businesses establishments to curb the menace of power theft which is the main cause of frequent power breakdowns in Ramban town and other areas of the district. He also warned the sellers and users of banned heating appliances to stop the illegal practice to avoid legal action under extant rules.

Taking cognizance of un-managed water connections which is affecting the lane and drain system in town Ramban, the Deputy Commissioner directed the Engineers of Jal Shakti Department to

streamline the action to water supply connection, besides regularizing the un-authorized connections in the town within the prescribed time.

The DC also directed the officers of MC Ramban, to ensure proper maintenance and cleanliness of the drainage system in the town. He also suggested the Municipal Council should focus on their revenue generation programmes, besides outsourcing the door-to-door garbage collection system to make the town neat and clean.

The President, Councillor, and other prominent citizens raised various issues of public

interest like the maintenance of the drainage system near Cafeteria Morh, Bus stand District Court Complex, Higher Secondary School, Ramban, and the major drainage system of ward numbers 4 and 5. The Deputy Commissioner issued on-the-spot directions to concerned officers to immediately take action to resolve the issues on a priority basis.

While inspecting various shops, the Deputy Commissioner directed the officers of enforcement departments to regularly check the quality and rates of grocery items, especially fresh supplies to ensure the quality of products available in the market.

Progress of Jal Shakti & I&FC sector works reviewed at Rajouri



JJ NEWS SERVICE RAJOURI, DECEMBER 12: District Development Commissioner Rajouri, Vikas Kundal today chaired a meeting and took a comprehensive review of the performance of Jal Shakti and I&FC sector.

During the meeting, threadbare

discussion was held regarding the progress achieved under Jal Jeevan Mission, District Capex Budget, SSY, BAPF and Minor Irrigation.

The meeting was informed that out of 110 schemes proposed for Nowshera Subdivision, the tenders for 103 have been allotted, while out

of 183 schemes, the work on 44 schemes has been allotted in Rajouri subdivision. It was also apprised that work on most of the schemes was in progress. The progress of 18 works taken up under the District Capex Budget was also reviewed by the DDC. He asked the concerned officer to expedite the progress and ensure timeline completion of works. Regarding SSY projects, it was informed that 2 approved works and both are complete, while out of 2 BAPF works one has been completed. Taking the review of the progress of works under Minor Irrigation, it was informed that out of 08 projects, two projects have been completed and the work on the rest was in progress. The DDC asked the concerned officers to bring in the issues impeding the project work, if any, in the notice of the administration so that the same can be resolved to avoid any delay in execution of the projects. Officers who attended the meeting were CPO, Mohammad Khurshid; Ex/En Jal Shakti Rajouri; Adarsh Kalotra; Ex/En Jal Shakti Nowshera; Vipin Kumar; Ex/En I&FC Nowshera, Sunil Seith and Ex/En I&FC Rajouri, Asrar Ahmed Khan.

Rajouri Admin, AIFT organise awareness program on plastic trash management

JJ NEWS SERVICE RAJOURI, DECEMBER 12: An awareness program on plastic trash management was held today in the Government Girls Model Higher Secondary School Rajouri to educate the students about the hazards of plastic on human health and the environment as well as appropriate management techniques.

The American India Foundation Trust (AIFT) and the District Administration Rajouri collaborated to put on the event.

Deputy Commissioner Vikas Kundal was the chief guest at the event.

During the program, the students spoke extensively about the negative impacts of plastic on human health and the environment as well as the significance of choosing eco-friendly alternatives to plastic. During the event, the students also exhibited models for managing plastic



garbage.

In his address, the Deputy Commissioner emphasised the need to reduce, reuse and recycle plastic trash and said that these three concepts may help manage plastic waste effectively.

He also underlined the need for strict enforcement of the ban on the use of single-use plastic (SUP) to combat pollution and plastic waste.

He also said that changing behaviour requires raising knowledge about managing plastic waste and reducing the use of single-use plastics.

He also urged the students to serve as messengers for spreading awareness of the negative impacts that plastic has on the environment and inspiring people to choose eco-friendly alternatives to plastic.

The students were later awarded prizes by the Deputy Commissioner in recognition of their innovative models for managing plastic garbage.

Chief Planning Officer, Mohammad Khurshid, Principal GGMHSS Rajouri, Abdul Raof Dar, BDO Rajouri, Chandar Kant Bhagat and other staff members and students were also present during the program.

CD Hospital performs rare surgery of implanting SEMS

JJ NEWS SERVICE SRINAGAR, DECEMBER 12: The Chest Disease Hospital, Srinagar, conducted a rare and complicated surgery implanting a Self-expanding Tracheobronchial Y-shaped metallic stent (SEMS) in a patient diagnosed with cancerous growth of windpipe (trachea) hence compromising the airway/oxygenation.

The procedure was jointly performed by the department of pulmonary medicine and department of Anaesthesia GMC Srinagar on a 52 years male, suffering from an increasing shortness of breath and stridor, who upon Bronchoscopy revealed cancerous growth of tra-

chea and Biopsy and was later diagnosed with squamous cell carcinoma.

The surgery was performed by a team of interventional pulmonologist led by HOD Pulmonary Medicine Professor Naveed Nazir Shah, Professor Khurshid Ahmad Dar, Associate Professor Syed Suraiya, Dr. Mohammad Yousuf Dar, Dr. Naem Firdous, Dr. Aaliya Mohi ul Din, Dr. Hena Mustafa, Dr. Shahid Majid and Dr. Aasir Hussain.

The anaesthesia team was comprised of Dr. Israr ul Haq, Dr. Rameez Raja, Dr. Mir Faisal who under the guidance of HOD

Anaesthesiology, Dr. Rukhsana Najeb along with allied OT staff including Hilal (I/C), Gulzar, Mohammad Younis, Mohammad Hafeez. Y Shaped metallic stent was placed in position under direct vision via bronchoscope.

By performing this procedure, the CD Hospital has made its mark in the field of international Pulmonology thus registering a great achievement in the history of Chest Medicine.

Secretary, Health and Medical Education Department, Bhpinder Kumar, has complimented the entire team of CD hospital for their contribution in the medical field.

DC Budgam visits various ULBS of Khanshab & Budgam Town

Says MTMP programme meant to ensure robust development of Town areas

JJ NEWS SERVICE BUDGAM, DECEMBER 12: Continuing, post My Town My Pride visits, the Deputy Commissioner (DC), Budgam, S F Hamid today toured different Wards of Khanshab and Budgam Towns to take on spot assessment of availability of essential services and infrastructure development.

The DC was accompanied by President Municipal Council Khanshab, Irfan Ahmad Khan, President MC Budgam, Mushtaq Ahmad; Vice President MC Khanshab, Parveena Akhtar; Vice-President Budgam, Sami-Ullah Bhat;

Ward Members, district officers, concerned EOs, members of local auqaf committees and other respected and locals of Khanshab and Budgam Towns.

The DC conducted extensive tour to interior areas of these Khanshab wards and took on spot assessment of ongoing developmental works and sanitation campaign.

He also took stock of progress of road and drainage project at Shah Mohalla and Firdous Colony- Apporore road project in Khanshab wards.

The DC also visited different wards of Budgam Town including

Housing Colony Ompora, where elected representatives and members of local Auqaf Committee raised their demands with the DC.

SF Hamid instructed concerned for prompt handover and takeover of roads and other public utilities for robust development process at Housing Colony.

He asserted that proper use of public utilities including poles and other assets in all wards.

During tour of these wards, DC met various local delegations to take direct feedback from them regarding essential services and development process.

District Level Meeting cum Training program on Aadhar related activities, issues held at Reasi

JJ NEWS SERVICE REASI DECEMBER 12: The District Level Aadhar Monitoring Committee meeting was held today here at Conference Hall DC Office Complex Reasi to review the status of Aadhar enrolment and further strengthen the ecosystem.

The meeting was chaired by Additional Deputy Commissioner, Reasi Abdul Star in presence of Sanjeev Mahajan, Director UIDAI Regional Office, Chandigarh.

During the meeting, Aadhar authentication and Aadhar offline

verification including use of QR code for Aadhar verification were discussed in detail.

The ADC asked the stakeholders to motivate the residents of Reasi to enroll children below 5 years for Aadhar and also to get Mandatory Bio-metric updates done (MBU) on attaining the age of 5 years and 15 years.

Education and ICDS Departments were directed to hold camps for the purpose. The ADC further asked the concerned departments to organize Aadhar camps in Hospitals and

vaccination centers to enroll newborns.

He emphasized that the module is meant to give all readers a firm grounding on UIDAI and Aadhar. The manual starts with the key concepts of identity related issues and a solution from the Government named Aadhar.

A major portion of this material revolves around goals and objectives of UIDAI. The next part of this manual covers the UIDAI Ecosystem. Final part of this book deals with benefits of Aadhar for AIL.

DC Rajouri reviews disposal of public grievances on Revenue, Satark & INGRAM Portals

JJ NEWS SERVICE RAJOURI, DECEMBER 12: Deputy Commissioner Rajouri, Vikas Kundal on Monday chaired a meeting of the concerned officers to review the disposal of public grievances received on Revenue, Satark, and INGRAM portals. The Deputy Commissioner during the meeting reviewed department-wise disposal of grievances and obtained date-wise wherein the concerned officers briefed about grievances disposed of and pending with each Department. Speaking at the meeting, the DC urged the officers to take necessary steps to ensure the prompt, efficient and effective resolution of the public issues in

order to mitigate their sufferings. The Deputy Commissioner impressed upon the officers to work with dedication and zeal for delivering public services in a smooth and transparent manner. He also directed the officers to ensure the time bound redressal of public grievances. Officers who attended the meeting were ADC Rajouri, Sachin Dev Singh; ADC Sunderbani, Vinod Kumar Behal; ADC Kalakote, Krishan Lal; ADC Koreranga, Surinder Mohan Sharma; ADC Nowshera, Kartar Singh; PO ICDS, Shoket Meemood Malik; SDM Thanamandi, Vikas Dhar; CPO, Mohammad Khurshid; ACD, Vijay Kumar and other concerned officers.

DC Ramban, MVD team conduct checking on National Highway

50 vehicles booked for violation of Traffic rules in last 6 days
Locals hail District Admin for completion of project in record time

JI NEWS SERVICE
RAMBAN, DECEMBER 12: Deputy Commissioner Ramban, Massarat Islam along with a team from the Motor Vehicle Department today conducted checking of the vehicles on the Jammu- Srinagar National Highway.

The team checked the vehicles for overloading, over speeding, and violation of extant traffic rules.

During Naka checking near Seri, the DC advised the passengers to check the condition of the vehicle and other necessary documents before starting their journey.

The DC informed that the MVD has intensified the vehicle checking on NH-44 besides sensitizing the people, especially drivers and conductors about the traffic rules as well as road safety measures to avoid untoward incidents that claim precious lives.

The DC said that MVD, Traffic Police, and District Police Ramban will also intensify the checking drives in view of previous accidents on the Jammu-Srinagar National



Highway due to negligent driving.

Meanwhile, ARTO Saminder informed that Motor Vehicle Department Ramban checked nearly 170 vehicles and challaned 50 for different violations under MVD Act

in the last 6 days. Our team also sensitized the drivers and transporters about the traffic rules, penalties, and required documents which they should keep with them, he added.

DC Srinagar reviews construction of Migrant Transit Accommodation, additional 20 kanals of land being allotted for the purpose

Also takes appraisal of Migrant Grievance Redressal: Of 1864 complaints registered quality disposal of 1600 grievances done

JI NEWS SERVICE
SRINAGAR, DECEMBER 12: In order to review the progress of Migrant Transit Accommodations, meeting was held under the Chairmanship of Deputy Commissioner Srinagar, Mohammad Aijaz Asad at Conference Hall of DC Office Complex here on Monday.

Besides, Additional Deputy Commissioner, Srinagar, Syed Shabir, the meeting was attended by Assistant Commissioner Revenue, Secretary SMC, Deputy Director SDA, all concerned Tehsildars, Naib Tehsildars, Tehsildar Relief and other concerned.

At the outset, the Deputy Commissioner took a detailed review of the process regarding construction of Migrant Transit Accommodations of 936 flats comprising 39 blocks being executed at an estimated cost of Rs 124 crore in the District.

On the occasion, the DC asked the concerned Revenue authorities to allot additional 20 kanals of land adjacent to 93 kanals of land already allotted for the Migrant



transit accommodation at Zewan. The DC also asked the concerned for exploring feasibility of another patch of land at Gasoo in Tehsil North of the City.

The DC also directed the concerned executing agency to start physical work on the project by or before December 20, 2022.

Later, in the meeting, the Deputy Commissioner also reviewed the disposal sta-

bound, prompt and quality disposal.

While reviewing Tehsil wise status of grievances, the DC sets Tehsil wise deadline to clear pendency regarding disposal of migrant grievances related to correction of records/demarcation and removal of encroachments/trespassing/alienation by way of fraud or distress sale, etc. He said that no laxity will be tolerated with regard to lenient way or slow pace of grievance settlement.

On the occasion, the DC was informed that out of total 1864 complaints received only 271 are pending which are being addressed on fast track basis. The Deputy Commissioner also asked the Assistant Commissioner Revenue to further activate the dedicated helpline so that applicants are provided first-hand information about their registered complaints. He also asked him to monitor the functioning of the Migrant Grievance Redressal Cell to keep proper track of the registered grievances for their timely disposal.

The DC further asked the officers to work with added zeal and dedication while redressing the grievances to ensure their time

Group of Ladakh students visit IIM Jammu for Study Tour

JI NEWS SERVICE
JAMMU, DECEMBER 12: A group of students and faculty of the University of Ladakh today arrived at Indian Institute of Management (IIM) Jammu on a study cum exposure visit to the Institute of national importance at its transit Canal Road Campus.

A session was organised for the visiting group under the able leadership of the Director Prof. B.S. Sahay.

The session commenced with the welcome address by Dr. Ashish Kumar,



Chairperson, Student Affairs, IIM Jammu. The other interesting sessions included a session on Developing an Entrepreneurship mindset by Dr. Prateek Jain, Chairperson, Centre for Entrepreneurship and Development, a session on How foreign alliances can help the students by Dr. Somu Gorai, Co-Chairperson, International Relations, and a session on soft skills by Dr. Gaana, J. Assistant Professor, IIM Jammu. This was followed by lunch and a visit to the permanent campus of IIM Jammu at Jagti.

Govt ITI Doda organises Apprenticeship Mela

JI NEWS SERVICE
DODA, DECEMBER 12: To provide real time employment training with required standards of skills in industries and other sectors, Government Industrial Training Institute (ITI) Doda on Monday organized "Apprenticeship Mela" at its campus.

A large number of aspiring candidates and over a dozen local establishments took part in the Mela.

The programme was aimed to educate unemployed Youth about the apprenticeship Scheme and its benefits. ITI Doda has also set up Help Desk to facilitate Industrial units as well as aspiring candidates to register their online on the apprenticeship portal.

Er. Ravinder Singh Bhatti, Superintendent ITI Doda elaborated in detail about the apprenticeship scheme. It was also briefed that

Apprentices Act was enacted with the objective of regulating the program of training of apprentices in the industry/establishment by utilizing the facilities available therein for imparting on-the-job training. Govt. ITI Doda being the nodal ITI of the District played a key role in creating a platform between aspiring Candidates and Establishments.

As per the scheme guidelines, All establishments having workforce (regular and contract employees) of 30 or more are mandated to engage Apprentices in a range from 2.5% to 15% of its workforce, for establishments having a workforce between 4 and 29 this is optional and Establishments having a workforce of 3 or less are not permitted to engage apprentices.

Besides, the apprentices are also entitled stipend under this scheme. Upon the completion of apprentice

training, the apprentice will appear at an All India Trade Test in designated trade. Successful apprentices will be awarded National Apprentice Certificate (NTC), which is a recognized qualification for employment for both in Government and Private Sector.

Hon'ble Vice Chairperson, District Development council Doda madam Sangeeta Bhagat was the Chief Guest on the occasion who spoke in length and encouraged the aspirants to take benefits of the scheme and excel in their lives. Ashraf wani DIO Doda was the Guest of the honour who is also a mentor under SANKALP-MGNF district Doda.

Representatives from District Employment Doda also participated and spoke on the employment related schemes of their department.

Locals hail District Admin for completion of project in record time

JI NEWS SERVICE

REASI, DECEMBER 12: Retrofitting and augmentation of water supply scheme under Jal Jeevan Mission Scheme was today inaugurated and dedicated to public of Aghar Jitto by District Council Chairperson, Reasi Saraf Singh Nag in presence of Deputy Commissioner, Reasi Babila Rakwal.

Executive Engineer PHE apprised the chairperson about the scheme. He said that this scheme was approved at an estimated cost of Rs 454.73 lakh. He informed that under this scheme 13884 souls would be benefitted.

Chairperson DDC said that the Jal Jeevan Mission is a centrally sponsored scheme launched by the



government of India with the objective to provide tap water to all households across the nation. He stressed for tapping of all sustainable water resources to benefit the community.

The Chairperson DDC further stressed that the PHE sector was the main priority sector and all offi-

cers/officials should work hard to reach out to the people. He exhorted the officers of the PHE department to implement the schemes in letter and spirit in the district. He called upon the people to come forward to avail the benefits of various schemes and programs.

The DDC Chairperson

stated that functional tap water connection for every household is the goal of the ambitious Jal Jeevan Mission besides "Access to drinking water facilities is the basic right of every citizen," he added. Local people thanked the District Administration for completion of the project in a record time.

Awareness program on revised Contract Carriage J&K Permit rules held at Reasi

JI NEWS SERVICE

REASI, DECEMBER 12: Assistant Regional Transport Officer Reasi Rajesh Gupta along with his team of officials organised an awareness program to educate the transporters and general public about the recent amendments in Contract Carriage J&K Permit rules. Drivers and Transporters from all over the district attended the programme.

The ARTO said that the aim of amendments was to make the process easy and pro people wherein the J&K UT has decided to omit the grant of Letter of Authority for registration of commercial vehicles. The permit procedures have been simplified as now onwards an applicant can apply directly for the permit online on the transport department website after registration of vehicles under contract carriages segment. Earlier, the applicant had to apply for a Letter of Authority after the approval of RTA/STA, which was mandatory for



registration of vehicles and subsequent issuance of Route Permit under any commercial segment. As per latest amendment in J&K Motor Vehicles Rules, the applicant can directly approach any concerned dealer, along with requisite formalities for registration of any commercial vehicle in compliance with BS-VI Emission norms (Approved Models Only) under Contract Carriage Segment (for Built up Vehicles). In case of registration of Vehicles with drive away

Chassis, the registration will be done by concerned RTO/ARTO Office.

After the registration of vehicle under Contract Carriage segment the applicant can apply for issuance of permit online with Domicile Certificate, Registration Certificate of the vehicle for which Route Permit is sought, Present Address Proof, Character Certificate from concerned Police Station, Copy of Driving License of Owner or any person proposed to be engaged as driver,

Declaration in an affidavit with regard to the number of transport vehicles already owned by the applicant registered in the applicant's name/firm/Company/Co-operative Society along with their Permit Numbers (for Contract Carriages). Besides, a Declaration in an Affidavit confirming the availability of parking space either private or public for existing fleet as well as for the new vehicle for which the applicant desires to obtain a Route permit. It was further clarified that these rules shall be implemented for registration of new vehicle under J&K Contract Carriage segment after the amendments in J&K Motor Vehicle Rules and shall not be applicable in case of those vehicles where Letter of Authority has already been issued as well as any vehicle for which All India Tourist Permit has been issued and permit holder applies for its conversion to local permit after a period of twelve (12) years.

PSPS Govt PG College for Women inaugurates One Week FDP on "Govt Web Portals and IT Tools"



JI NEWS SERVICE
JAMMU, DECEMBER 12: The IT Committee and Department of Computer Applications, in Collaboration with IQAC of Padma Shri Padma Sachdev Govt. PG College for Women inaugurated One Week Faculty Development Programme on "Govt. Web Portals and IT Tools" here today in the College Auditorium.

The Programme, Deans of Arts, Science and Commerce, Senior faculty members and the galaxy of intellectuals as participants.

It was followed by the lighting of a traditional lamp symbolically marking the inaugural of this Literary Enterprise. Prof. Rohit Gupta, HOD, Deptt. of Computer Science enlightened the participants about the theme and road map of FDP.

Prof. Minu Mahajan, the Principal of the College applauded the team for taking this initiative to hold hands and be digitally literate to

handle all the Govt. Portals in a successful manner. She also encouraged the participants to keep the spark in them ignited and take utmost benefit from this FDP. Amit Sharma, Assistant Professor Computer Applications, Kathua Campus, University of Jammu was the Resource Person for the 1st Session and he deliberated on the Google tools. Prof. Ankush Raj, Assistant Professor of Computer Applications, GDC Doda, the Resource Person for the 2nd Session of the Day -1 of the FDP enlightened us about SPARROW Portal, Online System Based Comprehensive Performance Appraisal aided with hands-on training.

Dr. Yashpaul, Convener of the Programme presented the formal Vote of thanks for the inaugural session. The proceedings of the program were carried out by Prof. Suman Bala and Prof. Sugandha Mahajan along with other members of organizing committee Prof. Anshu Kumar, Prof. Rahul, Prof. Ashok, Prof. Javaid, Prof. Abhinav Sharma and Prof. Ruchi.

BJMS Hawkers Association highlights hawkers' issues

Vendors are regularly subjected to mental and physical pressures: Jatav

J1 NEWS SERVICE

JAMMU, Dec 11: Bhartiya Janta Mazdoor Sangh Hawkers Association National President Shant Parkash Jatav today in a press conference in Jammu highlighted various issues confronting hawkers in J&K. Addressing media persons, Jatav said a vendor starts early in the morning with the day's purchase. The marketing place is invariably far from his residence. Bringing large sacks of vegetables and fruits and loading them in a rickshaw cart is a tedious job. Arranging, cleaning, sorting, weighing and dealing with customers is not easy. Hawkers are on the move from one lane to another irrespective of the heat, wind, rain and cold. Calling out loud to attract buyers, consumes time and energy.

Jatav further said that nevertheless, our planners remain oblivious to the role of vendors who are victimised, harassed, marginalized and pushed from one area to another. Rolling stones gather no moss; so it is with the hawkers. Pushed to the city in search



of employment, they take to vending as self employment for it is an easier option, perhaps the most promising avenue for the poor. Many vendors were erstwhile workers, who after the closure of mills and factories took to vending. Some are victims of displacement caused by developmental projects. Sometimes they are survivors of natural disasters. Often they are simply looking for work, he added.

Jatav claimed that vendors are regularly subjected to mental and physical pressures by city officials. A major problem is that master plans prepared for our cities do not allocate space to vendors/hawkers,

as planners blindly imitate the western concept of marketing, ignoring Indian traditions. No wonder, weekly markets struggle to survive and natural markets are ignored. The policy statements of the regional development authorities talk of making provision for trading and commercial activities, which unfortunately is interpreted as making provision for rich traders and big business. The vendors have to deal with multiple authorities, Municipal Corporation, Police, regional development authorities, district administration, local panchayats and so on. This leads to exploitation and extortion. In many cases

the positive steps taken by one authority are nullified by the actions of others, added Jatav. Instead of regulating vendors, municipal corporations treat them as a nuisance and an irritant; their policies and actions are aimed more at removing and harassing them rather than at regulation, said Jatav.

Jatav said that many citizens groups too have joined the campaign against vendors, believing falsely that cities without vendors would be clean. As a result, a large portion of vendor's income is drained away and he/she is not able to carry on the business with dignity and peace.

HC refuse to quash FIR in corruption case against MD SFC

J1 NEWS SERVICE

JKUT (Jammu), December-12-2022-(JNF):- The Jammu & Kashmir and Ladakh High court refused to quash FIR in alleged engagement/appointment of close relatives and others for extraneous and under-hand considerations by Shri Abdul Qayoom Khan (IFS).

Justice Vinod Chatterji Koul while dismissing the petition seeking quashment of FIR 16/2014 under Section 5(1)(d) read with 5(2) of the P.C. Act and 120-B, 467, 468 and 471 RPC, registered in police station VOK, observed that the case in hand when examined on the touchstone of law laid down by the Supreme Court, does not at all preclude this Court to grant the relief prayed for by petitioner in the instant petition as it requires and demands full dress trial and examination of facts by this Court as if it is in appeal and acting as an appellate court and to draw its own conclusion vis-à-vis impugned FIR, and proceedings emanating therefrom. This is not the aim and objective of provisions of Article 226 of the Constitution, more particularly when petition on hand does not unveil any ground much less cogent or material one, to indicate that the inherent powers are to be exercised to prevent abuse of process of law and to secure ends of justice. Insofar as earning of judgement in SWP no.352/2012 c/w SWP no.354/2012, is concerned, the same would not be a ground to quash an FIR, more particularly when the said judgement is already under challenge in an appeal, being LPA no.161/2020. In that view of matter, impugned FIR does not call for any interference qua petitioner and as a consequence of which, petition on hand is liable to be dismissed.

According to the FIR that a Verification conducted by Vigilance Organization Kashmir into the allegations of engagement/appointment of close relatives and others for extraneous and under-hand considerations by Shri Abdul Qayoom Khan (IFS) has revealed that Shri Abdul Qayoom Khan as Managing Director, J&K State Forest Corporation has engaged twelve persons as Grading Attendants on casual basis vide Order No. 238 of 2010 dated 26.4.2010 and then regularised them as Class IV employees vide Order No.468 of 2010 dated 30.6.2010. Verification has revealed that as per Order No.238 of 2010 dated 26.4.2010, then Divisional Manager Saw Mills Shalteng,

Srinagar was asked to conduct a survey for engagement of suitable persons experienced in Khatamband manufacturing for timber based "Common Facility Centre" at Shalteng Srinagar. A total of 13 applications addressed to Hon'ble Forest Minister were received. The said applicants were purportedly shown subjected to work experience test by then Page 3 OWP no.1020/2015 Divisional Manager Saw Mills Shri Ghulam Ahmad Mir and as per his report conveyed vide his No.41/DM/SM/SFC dated 17.4.2010, the applicants have been found possessing necessary experience. Accordingly, 12 among them were engaged as Grading Attendants on casual basis after seeking approval from Hon'ble Minister for Forest (Chairman SFC), AS per the Order No.468 of 2010 dated 30.6.2010, the above mentioned 12 Grading Attendants have been subjected to performance test by then Divisional Manager Saw Mills Shri Ghulam Ahmad Mir on 28.6.2010 and as per his report conveyed vide his No.237/DM/SM dated 29.6.2010, the applicants had successfully qualified the same. Accordingly all the 12 applicants were confirmed against the Class IV vacancies of Grading Attendants and DDO's were directed to make necessary entries in their service books vide Order No.468 of 2010 dated 30.6.2010. Verification has revealed that filling of Class IV vacancies by persons having experience in Khatamband manufacturing had not been advertised and the engagement/appointments have been made on pick and choose manner. No criteria whatsoever had been adopted for appointment except possession of experience in Khatamband manufacturing.

The applicants have not produced even certificates like state subject, qualification, date of birth etc. Nothing has been found on record to suggest that the applicants were subjected to any experience test in Khatamband manufacturing as projected by the Divisional Manager Saw Mills vide letter no.41/DM/SM/SFC dated 17.04.2010 or any performance test as projected by him vide his letter No.237/DM/SFC dated 29.06.2010. The dispatch numbers of both these letters do not match with the dispatch register in the office of Divisional Manager Saw Mills as another letter of same dispatch No.237 with some other subject was found in the record of the said office

and the letter No.41/DM/SM/SFC dated 17.04.2010 also appears inserted in the dispatch register after mutation. It was further revealed that all the Grading Attendants were subsequently transferred to territorial Divisions of SFC by the aforementioned Managing Director questioning the objective of their appointment against sanctioned posts of Common Facility Centre at Saw Mill Division Shalteng Srinagar. During verification it was found that then Managing Director had sought approval of the Hon'ble Forest Minister (Chairman of SFC) vide his U.O.No.01/MD/SFC dated 17.04.2010 on the basis of misrepresentation of facts and false documents that the appointees were subjected to work experience test and were found possessing necessary experience in Khatamband manufacturing. It was also that the appointment of Grading Attendants had not been placed before the Board of Directors in its 61st Meeting held on 03.06.2009 wherein creation of "Khatamband Raw Material Bank" and establishment of "Common Facility Centre" have been discussed and approved. Verification has also revealed that one of the 12 Grading Attendants Shri Farooq Ahmad Changa is the cousin of the then Managing Director Shri Abdul Qayoom Khan and two more appointees namely Riyaz Ahmad Sheikh and Intikhab Ahmad Lala had been employees of the Unit M/s Zum Zum Cement Products registered in the name of sister-in-law of the said Managing Director Page 4 OWP no.1020/2015 Director. The above mentioned 12 Grading Attendants have been paid a total salary of Rs.23,08,728/- upto March, 2012. By acting in the aforesaid manner, Abdul Qayoom Khan, the then Managing Director State Forest Corporation and Ghulam Ahmad Mir, the then Divisional Manager Saw Mills Shalteng Srinagar and others have by abuse of their official position as public servants conferred undue pecuniary advantage upon 12 beneficiaries under a well-knit conspired plan. The aforementioned acts and omission on the part of Abdul Qayoom Khan, then Managing Director SFC, Ghulam Ahmad Mir, then Divisional Manager Saw Mills Srinagar and others / beneficiaries constitute offences punishable u/s 5(1)(d)/w 5(2) P.C. Act and 120-B, 467, 468, 471 RPC. Accordingly, a case under aforementioned provisions of law is registered in P/S VOK, JNF.

Several MCs of Jammu Division self-declare ODF+ status

J1 NEWS SERVICE

JAMMU, DEC 12: Several Municipal bodies, including Municipal Councils and Municipal Committees of Jammu Division have self-declared as Open Defecation Free plus status after complying with all bye-laws and development done in Municipal limits as per the Swachh Bharat Mission norms.

The Municipal Council Ramban and Municipal Committee Billawar, Ramnagar and Katra after proclaiming ODF Plus status have sought Feedback/suggestions/objections within 15 days to

perform all necessary action on the comments/suggestions/objections received.

The Municipal Bodies have also declared Open Defecation, open urination, and unauthorized dumping of sewage in open areas, drains and water bodies as punishable offences.

The Civic authorities of these Municipal areas have informed the public that a penalty of INR 200 would be imposed for open defecation, INR 100 for open urination and INR 500 for unauthorized dumping of

sewage in open areas, drains and water bodies.

Meanwhile, Ramban MC has enjoined upon all concerned that a penalty will be imposed for violation of National Sanitation bye laws related to open dumping/desludging of Faecal Sludge in Street/Nallas/Open Drain/Water bodies/open spaces within Municipal Jurisdiction.

The violation of National Sanitation bye laws by the Households would attract a fine of Rs. 2000 for 1st offence and Rs 3000 for 2nd offence.

Similarly, Commercial establishments, Offices, Hotels and Private Desludging Operator would be charged Rs. 3000 fine for 1st offence and Rs 5000 for 2nd offence.

Therefore, all individual households/commercial establishments, offices and hotels etc. are accordingly informed to approach Municipal Council Ramban for availing the services for desludging/ clearing of Faecal Sludge from their premises by paying the nominal charges fixed by the Municipality.

Seek suggestions, objections from public

Chairman PPAFDF call on DM Pulwama



J1 NEWS SERVICE

RAJOURI, DEC 12: Chairman of Peer Panjal Awami Development Forum Muhammad Farid Malik visited the Kashmir Valley and during his visit he met with DDC Pulwama Baser Ul Haq. Where he held an important meeting with the Handicap

Association in Pulwama and where he got awareness of the difficulties faced by the disabled persons. As in recent days, the verification of monthly stipend of physically unwell persons, elderly widows, etc. is going on. Seeing this environment and the difficulties of the disabled, he

along with the people of Pulwama Hand-icap Association met District Magistrate Pulwama Baser Ul Haq Choudhary. A written memorandum was also presented to them.

Meanwhile, the chairman of the forum, Farid Malik, held a detailed discussion on various issues.

He demanded a separate board for the disabled. So that the rights of these disabled people can be highlighted on a high level basis through the board. Apart from these, other issues were also under consideration. DC Pulwama after listening to them said that all facilities have been done for handicapped people here before. Farid Malik said that District Development Commissioner Pulwama after listening to the problems of the disabled people in a very positive manner assured them that the facilities are better here than before and in the future for all those pensioners there is no need to go to the judge now the Tehsildar can also confirm the affidavit.

He thanked to District Development Commissioner Pulwama for all the facilities.

JJSF announces its unit for GGM Science College Jammu



J1 NEWS SERVICE

JAMMU, DEC 12: Jammu Joint students' Federation (JJSF) organized an impressive joining programme at GGM Science College Jammu. The programme was organized under the leadership of Atul Sudan (State Vice-President JJSF) where Advocate Pushvinder Singh Manhas State President JJSF was the special guest of the programme who was accompanied by Rakesh Khajuria General Secretary Jammu and Kashmir Wrestling Association, Anshu Sharma JJSF President Jammu University, Opinder Sharma, Harpreet Singh Lucky, Abhishek, Raghu Nandan and other office bearers of JJSF.

Delivering the welcome address on the occasion Atul Sudan, State Vice President, JJSF said that JJSF has a history that it has led

various agitations against the successive governments for discriminating Jammu. He said that JJSF always stood against injustice with the Jammu region in general and student community in particular. He assured all the students of the college that JJSF will work shoulder to shoulder with them for the welfare of the students' community. Addressing the students Pushvinder Singh Manhas (State President JJSF) said that JJSF will raise all students' concerned issues and will do their best to get them all addressed. He said that today there are many students and youth related issues which need to be raised and addressed. He expressed faith that the newly announced college unit will raise all such issues and will fight for rights and justice of youth and students of Jammu. He lam-

basted JKUT Administration and JKSSB for exploiting the youth of Jammu Kashmir on the name of recruitments conducted by private firms. He appealed to the Lieutenant Governor that Government recruitment should be completely conducted by Government agencies as they can be made accountable. He said that when the government has each and every resource then why do we need such private agencies which are tainted and are indulged in malpractices. He appealed to the Youth of Jammu Kashmir to support and strengthen the JJSF so that we can fight for reforms in recruitment processes under JKSSB and PSC.

Meanwhile, Adv. Pushvinder Singh Manhas, State President JJSF announced the college unit in which Keshav Malhotra

was nominated President, Rajat Sadotra as Working President, Manik Sharma, Azhar, Harish Verma and Anu Sharma as Vice Presidents, Karan Kumar and Kannu as General Secretaries, Aryan Sharma, Abhishek Hans, Danish Manhas, Gaurav Charak, Ankita Devi, Megha Sharma as Secretaries, Arjun as Organization Secretary, Sameer Tadyal as Press Secretary, Rahul Kumar, Anyam Verma, Ankita Bhagati, Ayushi as Spokespersons, Vishwas as Incharge 1st Sem, Avinash Thappa as Cashier, Anirudh as Treasurer where as Kapil Sadotra, Suhani Sharma, Tushar Verma, Pratiba and Jyoti were nominated as Executive members of the Unit. After the program students took out a grand procession in college premises. Newly nominated members of the unit headed by Keshav and Rajat while addressing the students said that JJSF is the only non-political students organization which always fought for the cause of Jammu and had fought many historical agitations for the people of Jammu and this was the only reason that they decided to join JJSF. They further assured the JJSF leaders that they shall leave no stone unturned in fighting against the injustice with students and youth of Jammu and under the banner of JJSF.

Suspicious box found behind LG Ground Rajouri

J1 NEWS SERVICE

RAJOURI, DEC 11: ensation spread on Sunday after an unclaimed box was found on the Rajouri BGSB University Road road behind the LG ground of the Army located in Gujjar mandi Rajouri.

According to the information received from the police, some people saw a box on the road and informed the police, anticipating some explosion etc. in it.

Without losing any time, the Rajori police sent the



bomb disposal squad along with them and started the

Lt Governor releases JK News Today's docu-drama 'Ehad-e-Kashmir'

The film shed lights on new dawn of development, people's aspirations & decisive action against Pakistan-sponsored terror ecosystem: LG

JJ NEWS SERVICE
JAMMU, DEC 12: Lieutenant Governor Manoj Sinha today released the docu-drama 'Ehad-e-Kashmir', produced by JK News Today, during an event held at the Convention Centre.



'Ehad-e-Kashmir' captures the story of Kashmir & changes it has witnessed over the years: LG

Appreciating JK News Today group for the sincere effort to depict the story of Kashmir, the Lt Governor said that the docu-drama captures the story of Kashmir and changes it has witnessed over the years.

The film shed lights on new dawn of development, people's aspirations and decisive action against Pakistan-sponsored terror ecosystem, added the Lt Governor. Reiterating the government's commitment to achieving new milestones with respect to growth and inclusive development, the Lt Governor said, all the tools of governance are working for the welfare of people.

Article 370 gave secessionism, terrorism, nepotism and large scale corruption to Jammu Kashmir. Article 370 denied due rights to our brothers and sisters and it was used by Pakistan to spread terrorism. Hon'ble Prime Minister Shri Narendra Modi ji with its abrogation ushered a new era of peace, progress and prosperity in J&K, the Lt Governor said.

Article 370 gave secessionism, terrorism, nepotism and large scale corruption to Jammu Kashmir. Article 370 denied due rights to our brothers and sisters and it was used by Pakistan to spread terrorism. Hon'ble Prime Minister with its abrogation ushered a new era of peace, progress and prosperity in J&K: LG

The paradise on earth is now achieving new heights of development and there is greater ease of living in the lives of citizens, says the LG

We are committed to achieving new milestones with respect to growth & inclusive development and all the tools of governance are working for welfare of people: LG

Today, the world has started to understand that there is no Good Terrorism or Bad Terrorism. Terrorism in any form is the biggest atrocity against humanity, the Lt Governor observed.

District Road Safety Committee meeting held at Doda

Committee constituted to report on cause of road mishaps in last 3 years



JJ NEWS SERVICE
DODA, DEC 12: To assess the traffic worthiness of road infrastructure, Transport facilities and safety of commuters, Deputy Commissioner Doda, Vishesh Paul Mahajan on Monday chaired the District Road Safety Committee (DRSC) meeting here in the conference hall of the DC office.

The meeting was attended by ADC Doda Dr RK Bharti, SP Bhaderwah Aftab Mir, CPO Doda Suresh Kumar, SE PWD, ATO Doda, DC GREF, District Immunization Officer Doda, DIO Doda, Executive Engineers of PWD & PMGSY, representative NHIDCL, EO MC Bhaderwah, EO MC Doda, EO MC Thathi, and representatives of other members of the DRSC.

1-Day awareness camp on PMFME held at Block Tikri

JJ NEWS SERVICE
UDHAMPUR, DEC 12: A one day awareness camp on PM Formulation of Micro Enterprises scheme was organised by the Department of Horticulture Planning and Marketing here at Block Tikri of district Udhampur.

Chairperson BDC applauded the Department of Horticulture Planning and Marketing for working in convergence with allied departments of agriculture and banking sector so as to make aware public about distinctive features of the scheme like easy Bank finance, 35% subsidy on loan for

Secretary Health reviews implementation, penetration of Drug & Vaccine Distribution Management System

JJ NEWS SERVICE
JAMMU, DEC 12: Secretary, Health and Medical Education, Bhupinder Kumar, today chaired a meeting to review implementation and penetration of Drug and Vaccine Distribution Management System (DVMDS) here.

Secretary reiterated that active utilization of DVMDS portal shall not only streamline the distribution network for machinery and equipments, drugs and consumables but shall also ensure timeliness and transparency. The meeting was attended by Principals of Government Medical Colleges, Director Health Services Jammu and Kashmir, CMOs of all districts along with their respective BMOs, Medical Superintendents of District Hospitals and GMCs among others.

Khelo India State Centre of Excellence for Fencing starts open selection trials from Reasi

JJ NEWS SERVICE
JAMMU, DECEMBER 12: Jammu & Kashmir Sports Council, Khelo India State Centre of Excellence for Fencing today successfully conducted open selection trials for two districts of Udhampur and Reasi.

The first of its kind initiative in the union territory of J&K shall be mentored and supervised by the experts of Sports Council. Selection trials in other districts shall follow the trails held today.

FCS&CA conducts market checking at Kupwara
JJ NEWS SERVICE
KUPWARA, DEC 12: On the directions of Deputy Commissioner Kupwara, Doifode Sagar Dattary, the Enforcement team headed by Assistant Director, Food Civil Supplies and Consumer Affairs (FCS&CA) today conducted an extensive market checking in Kupwara Town.

During the inspection of various markets, 17 defaulters (erring Shopkeepers) were penalised and a fine of Rs 5600 was imposed. Moreover 4 quintals of substandard/rotten vegetables were also destroyed on spot. Meanwhile, shopkeepers were asked to display Government approved ratelists in their shops and follow Food Safety and Standard Act and Consumer Acts strictly.

NORTHERN RAILWAY					
Tender Notice					
Sr. Divisional Commercial Manager, Northern Railway, Firozpur for and on behalf of President of India invites sealed open tender for prescribed for the undermentioned STBA (Station Ticket Booking Agent) works:-					
S.N	Stations (NSG-6)	Opening of tender date.	S.N	Stations (NSG-6)	Opening of tender date.
01	Ajilwal	16.01.2023 (Bids will be received only in sealed Packet Between 10:00 to 15:00 Hrs on 16.01.2023)	21	Kathunangal	16.01.2023 (Bids will be received only in sealed Packet Between 10:00 to 15:00 Hrs on 16.01.2023)
02	Baddowal		22	Khojawa	
03	Banga		23	Khudra Kurala	
04	Bar Brahman		24	Khurdpur	
05	Bhaganwala		25	Kopar Lahar	
06	Bharoli		26	Ladawal	
07	Bhogpur Sirwal		27	Manwal	
08	Bilga		28	Mirthal	
09	Cham Aurian		29	Nasralla	
10	Chinna		30	Romana Albel Singh	
11	Chieru		31	Sangar	
12	Chaunkian		32	Suchind	
13	Dalhosie Road		33	Suranassi	
14	Ghagwal		34	Tangra	
15	Goraya		35	Tajalla	
16	Hamina		36	Pangam	
17	Hasea Dahi		37	Paitan	
18	Jaintipura				
19	Jhakolari				
20	Kandori				

NORTHERN RAILWAY			
E-TENDER NOTICE			
Sr.DEN/WFZR acting for and on behalf of The President of India invites open tenders (E-Tenders) against below filled tenders and available on www.reps.gov.in with closing date-02.01.2023 up to 15:00 Hrs. Bidders will be able to submit their original/revised bids up to closing date and time only. Manual offers are not allowed against this tenders, and any such manual offer received shall be ignored. Contractors are allowed to make payments against this tender towards tender document cost and earnest money only through only payment modes available on www.reps.gov.in portal like net banking, debit card, credit card etc. Manual payments through Demand Draft/Banker Cheque, Deposit receipts, FDR etc. are not allowed. For more information logon to www.reps.gov.in .			
Tender Type	Tendering Section	Bidding System	
Open	Works	Single Bid System	
Date of Uploading Tenders			
09.12.2022	Bid Starting Date	02.01.2023	15:00 Hrs.
12.12.2022	12.12.2022	05.01.2023	15:00 Hrs.
Sr.No	Tender No.	Details of Tender	
1	313-2022-23-UHP-DRM -FZR	Through Filling renewal (15,001 Km) of the existing 52 Kg/80 Kg PSC sleepers at Km 32 to 32.16, Km 32.166 to 35.147, Km36.667 to 37.794, Km 39.19 to 39.244, Km 40.251 to 40.369, Km 40.887 to 42.2196, Km 42.854 to 44.923, Km 44.923 to 48.994, Km 48.994 to 52 Km section under ADEN/UPH.	
	Advertised Value (Rs.)	Earnest Money of Offer	Validity of Offer
	2482229.36/-	49700/-	60 Days
Similar nature of work:- Nil			
2	314-2022-23-ADEN/UPH -FZR	TRR(P) 2.447 Km from Km 15.603 to 18.05 on PTK-SV/DK section under ADEN/UPH.	
	Advertised Value (Rs.)	Earnest Money of Offer	Validity of Offer
	3044554.59/-	60800/-	60 Days
Similar nature of work:- Nil			
3	315-2022-23-BDGM-DRM -FZR	P/W works for Track Maintenance in the section of S&P/Way/BDGM & S&P/Way/BAHL at Km 150.300-168.700 on BAH-OG & Km 0.00 to 117.900 on OG-BRML section under ADEN/BDGM.	
	Advertised Value (Rs.)	Earnest Money of Offer	Validity of Offer
	14376995.64/-	221900/-	60 Days
Similar nature of work:- Track work involving CTR/TRR/TRR including raising of track/screening distressing of track/pile & post works for track maintenance machine like tamping machine/based against/regulating machines & TTR by T-38.			
Note 1:- Before bidding, bidders to check for any corrigendum issued against tender.			
Tender Notice No. - 776-W/189/WAFZR/2022-23 Date: 09.12.2022 3302/22			
SERVING CUSTOMERS WITH A SMILE			