



# JINDRAH IMAGES

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## Master plan is linked to city's growth and development: Lt Governor

JAMMU: Jammu and Kashmir Lieutenant Governor Manoj Sinha on Tuesday said, through public outreach programme, we are putting people at the heart of urban transformation & unlocking cities' full potential to drive growth, empower local governance and to ensure seamless delivery of services at the doorsteps. People participation is a decisive factor for developmental initiative because



every city's challenges and opportunities are different. Attending the ongoing 'My Town, My Pride' Programme here at Gulshan Ground, Sinha speaking on the occasion said that during MTMP event, senior officials are visiting the towns and enabling direct communication and creating system that is responsive to local needs. The Lt Governor termed

**CONTINUED ON » PAGE 4**

## India, Central Asia to boost connectivity

NEW DELHI: The National Security Advisers of India and Central Asian countries on Tuesday reiterated that greater connectivity could be a force multiplier for enhancing trade and commerce among them and accordingly "deserved priority attention".

The National Security Advisers and Secretaries of Security Councils of India and Kazakhstan, Kyrgyzstan, Tajikistan and Uzbekistan met here to discuss issues of regional security. Turkmenistan was represented by their Ambassador in New Delhi. "They agreed that connectivity initiatives should be based on the principles of transparency, broad participation, local priorities, financial sustainability and respect for sovereignty and territorial integrity of all countries," a joint communique issued after the meeting stated.

The NSAs also emphasised the importance of Chabahar Port played during the humanitarian crisis in Afghanistan and its immense potential in enhancing trade and connectivity, as well as the logistics infrastructure of the Central Asian countries in the delivery of humanitarian goods to the Afghan people.

They also took note of the increase in trade between India and Central Asian countries through the Shaheed Baheshti Terminal, Chabahar Port and discussed further development of this transport corridor.

The participants supported India's proposal to include the Chabahar port within the framework of INSTC. "Welcoming the participants, NSA Ajit Doval said: "Your presence is a testimony to our cohesiveness and it will enrich the discussions. Central Asia is our extended neighbourhood. With which we have civilisation linkages and we accord the highest priority to this region."

**Emphasising on CONTINUED ON » PAGE 4**



## India, Central Asian countries agree on terror

NEW DELHI: The National Security Advisers of India and Central Asian countries on Tuesday agreed that the expansion of terrorist propaganda, recruitment and fundraising efforts have serious security implications and need a collective and coordinated response.

The National Security Advisers/Secretaries of Security Councils of India and Kazakhstan, Kyrgyzstan, Tajikistan and Uzbekistan met here to discuss issues of regional security. Turkmenistan was represented by their Ambassador in New Delhi. The joint communique issued after the meeting stated that the NSAs "agreed that the expansion of terrorist propaganda, recruitment and fundraising efforts have serious security implications for the region and, therefore, a collective and coordinated response is essential."

The agreed that the misuse of new emerging technologies, arms and drugs trafficking, using terrorist proxies for cross-border terrorism, abuse of cyber space to spread disinformation and unmanned aerial systems present new challenges in

**CONTINUED ON » PAGE 4**

## Persistence of terror networks in Afghanistan matter of deep concern: NSA

NEW DELHI: Asking Central Asian Countries to call on UN members to refrain from providing any support to entities or persons involved in terrorist acts, NSA Ajit Doval on Tuesday said that "persistence of terrorist networks in the region including in Afghanistan is a matter of deep concern."

He was addressing the first India-Central Asia Meeting of National Security Advisers/Secretaries of Security Councils here which was attended by Kazakhstan, Kyrgyzstan, Tajikistan, Uzbekistan, Turkmenistan was represented by their Ambassador in New Delhi.

"Afghanistan is an important issue concerning us all. India's concerns and objectives with regard to immediate priorities and the way forward are similar to those of many of us around the table. Persistence of terrorist networks in the region including in Afghanistan is also a matter of deep concern," he said.

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## J&K's annual budget for 2023-24 to be presented in parliament

Srinagar: Jammu & Kashmir Union Territory's annual budget will be presented in the parliament before March 31, 2023.

"J&K is under the President's rule from June 20, 2018 and there is unlikely to be any change in the current status till March 31, 2023. So we have asked the MHA to submit the UT's budget proposals for the next fiscal," he said.

He said J&K's budget is expected to be presented in the parliament in the month of March 2023. "This will be the fourth budget of Jammu and Kashmir which will be presented in the Parliament in the

absence of the Legislative Assembly in the Union Territory. Jammu & Kashmir is without an elected government since June 19, 2018 after BJP withdrawal support to Mehbooba Mufti-led government, citing a "deteriorating" security situation in the erstwhile state.

The budget for 2019-20 was approved by the Governor as head of the State Administrative Council.

After J&K was downgraded into a UT in October 2019, its all budgets were presented in the Parliament due to the absence of an elected Government in UT. ❦

## SI (M) Farooq Ahmad's killing SIU produces chargesheet before NIA court in Srinagar

Srinagar: The Special Investigating Unit (SIU) Awantipora on Tuesday produced a chargesheet before the Court of NIA Srinagar in a case related to the killing of Sub Inspector (M) Farooq Ahmad of Sambhora on June 18, 2022.

As per a statement issued to the news agency, the SIU produced chargesheet in a case under FIR number 71/2022 of Police Station Pampora before the Court of NIA Srinagar related to killing of SI (M) Farooq Ahmad resident of Sambhora on 18/06/2022 against accused Owais Mushtaq Gani son of Mushtaq Ahmad Ganie resi-

dent of Sambhora and killed militant Majid Nazir (Al-Badr) son of Nazir Ahmad Wani resident of Ladhoo Pampora. Besides, challan against two juveniles accused (name withheld) was produced before the court of Juvenile Justice Board Pulwama for their involvement in the instant case, the statement said.

"During the course of investigation, various suspects were called for questioning from time to time and on 24/06/2022 one suspect namely Owais Mushtaq Ganie son of Mushtaq Ahmad Ganie resident of

Sambhora confessed his involvement in the commission of crime," the statement added.

It said that on his disclosure, two juveniles (name withheld) were held for their active involvement and role in the killing of the police officer Farooq Ahmad along with one active militant of Al-Badr namely Majid Nazir son of Nazir Ahmad Wani resident of Ladhoo Pampora.

During the course of investigation, it came to forth that all the three accused were active militant associates of Al-Badar and were in constant touch with

**CONTINUED ON » PAGE 4**

## IED detected, defused in Shopian



Srinagar: Security forces on Tuesday detected and defused an Improvised Explosive Device (IED) in Jammu and Kashmir's Shopian district, officials said.

The suspected IED was found by the security forces in Shirmal area of Shopian, they said.

Soon after the detection, the area was cordoned and the bomb disposal squad was called and it later destroyed

the IED safely in a controlled explosion, a security official said.

This was the second IED detected and later defused in Shopian district in the last fortnight.

On November 25 evening an IED was found by a joint force of Police and Army's 44 RR at Imamsahab Shopian which was planted in a cooker. The IED was later defused.

## Crime Branch files challan against 6 accused for establishing fake exam centres of class 12 in Kupwara

Srinagar: The Economic Offence Wing of Crime Branch Kashmir produced a challan against six accused including 3 deceased persons for establishing fake examination centres for class 12 in Kupwara district.

According to a statement, issued to the news agency, the challan in Case FIR No. 65/2005 U/S 420, 467, 468, 471, 201, 120-B RPC of Police Station Crime Branch Kashmir against Ghulam Nabi Mir, Abdul Khaliq Dar, then the senior assistant BOSE, Late Mohammad Ramzan, then junior assistant BOSE, Late Mohammad Ashraf

Khan, then Head assistant BOSE, All Mohammad Badyari, retired assistant secretary J&K BOSE and Late Mohammad Abdullah Sofi, then Principal, Govt. Higher Secondary School, Sogam Kupwara, before the court of Additional Special Mobile Magistrate Kralpora Kupwara.

The statement reads the instant case was registered upon an information received through reliable sources that the officials of Education Department Kupwara, in league with officials of J&K BOSE sub-office Kupwara, were indulging

in establishing examination centres for class 12th examination, after preparing fake and forged documents so as to enable undeserving candidates to appear in the examination.

"It was also alleged they have allowed Arts candidates to appear in Science subjects, thereby managing their success with a high percentage of marks. On the basis of said certificates they have not only obtained admissions in professional colleges, but have also secured appointments in various Govt.

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## Ammo recovered during CASO in Uri sector



Srinagar: Jammu and Kashmir Police and Army in a joint operation recovered a cache of ammunition at Churanda area of Uri sector on Tuesday.

As per a statement

issued to the news agency, acting upon an input regarding presence of Churanda area of Uri sector, the parties

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## PM to dedicate three national Ayush institutes to nation on December 10

NEW DELHI: Prime Minister Narendra Modi will dedicate three national Ayush institutes to the nation on Sunday at the 9th World Ayurveda Congress in Goa. Ayush Minister Sarbajit Sonowal informed this.

Addressing a press conference in New Delhi, the Minister said, inauguration of three institutes is a step towards fulfilling Prime Minister's vision of expansion of infrastructure and promotion of research in the traditional medical system.



He added that through these institutes the government will further strengthen its capabilities to provide affordable healthcare to every citizen and every

region of the country. The Minister said these institutes will also help in creation of tertiary level healthcare infrastructure in the country. The three institutes include, All India Institute of Ayurveda (AIA) in Goa, National Institute of Unani Medicine (NIUM) in Ghaziabad and National Institute of Homoeopathy (NIH) in Delhi.

These satellite institutes will further strengthen the research, international

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## Meeting in MHA to discuss security, drone infiltration

NEW DELHI: A meeting is being held in the Union Home Ministry regarding the security situation in Jammu and Kashmir, including smuggling of drugs and weapons through drones being sent from across the border by Pakistan.

The meeting being held on Tuesday will be chaired by Union Home Secretary Ajay Kumar Bhalla and will be attended by top officials of the Union Territory and senior officers of the security agencies. The meeting is being held in hybrid mode.

According to information, J&K Chief Secretary Arun Mehta, Director General of Police Dilbag Singh, top officials of the Intelligence Bureau and RAW, chiefs of the paramilitary forces and senior officials of the MHA will attend the meeting.

According to sources, along with the review of development projects in the Union Territory, there will also be a discussion to deal with the drone infiltration which has emerged as a major challenge for the security forces deployed on the border.

## Unabated cold, hazy weather grips Kashmir

Srinagar: Unabated cold with mist and hazy weather conditions continued in Kashmir valley on Tuesday even the meteorological centre forecast of dry weather to continue during the next 24 hours in Jammu and Kashmir.

Tourist hot spot of Pahalgam in south Kashmir remained the coldest place with minus 3.8 degree Celsius on Tuesday.

Kashmir weather independent weather observer Faizan Arif forecast that there is "No significant weather activity is expected

during the next 10-15 days". He said a weak Western Disturbance is likely to affect Jammu and Kashmir on December 9 that can cause light rain at a few places in plains, and light to moderate snowfall is expected at some places in higher reaches.

He said most activity will be seen over higher reaches of Bandipora, Ganderbal, and Anantnag districts, as well as a few higher reaches of Kupwara district.

Chances of snowfall in plains are very less. And it may not



even rain everywhere in the

The minimum temperature in Srinagar, the summer capital of Jammu and Kashmir, had a low of minus 2.2 degree Celsius on Tuesday after it witnessed the coldest night of the season at minus 3.4 degree Celsius a day ago.

Major parts of Kashmir valley continue to reel under severe cold engulfed with thick fog, mist and haze. Motor vehicles had to put on headlights in the morning while playing on the roads.

The Ski resort of Gulmarg in north Kashmir recorded a low of minus 3.5 degree Celsius on Tuesday against the minus 3.2 degree Celsius recorded the previous night.

Qazigund on Srinagar-Jammu national had a low of minus 2.2 degree Celsius. Kulkernag in south Kashmir recorded a low of minus 0.8 degree Celsius while the frontier Kashmir district of Kupwara settled minus 2.7 degree Celsius for the second consecutive day on Tuesday, the Met office said.

## My Town My Pride': Sanjeev Verma approves 7 plans for the development of Ramban town

Visits Ramban market, interacts with people

### JJ NEWS SERVICE

RAMBAN, DECEMBER 06: Commissioner Secretary Forests, Ecology, and Environment, Sanjeev Verma and visiting officer to district Ramban on 2nd Day of the 'My Town My Pride' today finalized the plans for the overall development of the Ramban town.

Commissioner Secretary approved the action plans finalized by the Municipal Council Ramban for City Resource Mobilization, Finance Plan, City Livelihood Plan, City Smart Vending Plan, Green City Plan, City Tourism & Culture Plan, City Beautiful Plan and Plan for Encroachment. Chief presence of the President MC Ramban, Sunita Sumbria and Counsellors of MC.

Deputy Commissioner, Ramban, Musarrat Isalm, ADC, Harbans Lal Sharma, ACR, Giasul-Haq, CPO Kasturi Lal, DFO Ramban, Dr Rajan Singh, IFO Batote Kuldeep Singh, Tehsildar Rafiq Ahmed, CEO MC Surdashedan Kumar and other concerned.

After detailed deliberation on the plans, Verma said that "our focus is

to deliver public services at doorsteps, build developmental initiatives on the feedback, cooperation and participation from people and strengthen strong and vibrant local self-governance."

"Population of the Ramban town is growing at a rapid pace and it is a central place between Jammu and Kashmir as there is a need for smart and sustainable solutions to urban challenges. The officers must involve people in various initiatives like decongestion, rejuvenation and beautification of the towns. Together, with the active participation of the public, we can transform towns into the vibrant urban market," Sanjeev Verma said.

Verma suggested various measures for the development and beautification of the town and asked the district administration to link the local productions with tourism besides developing heritage sites, and religious places of the district to attract tourists to boost the local economy.

During second day of "My Town My Pride" all the scheduled activities were conducted in the all the three

towns by visiting officers wherein number of people participated and gave a message that administration is persistently making efforts to reach at the door steps of people and people are expressing satisfaction by seeing the positive change in the governance.

Commissioner Secretary inaugurated tile work of lanes in ward no 7 besides participating in Grah Parvash of Smt. Sabha beneficiary PMAU-U. He also distributed letters, cheques of PMAU-U instalments and PM-Savnidhi and other certificates among beneficiaries under various schemes.

Later, Sanjeev Verma visited Ramban market and various wards in Municipality besides listening to the grievances highlighted by the councilors and general public including the water filtration plant for wards no-6 and 7, Girls Higher Secondary for the town and High School for Maitra and assured to take up the matter to the Government for timely redressal.

He also inspected various projects undertaken by the Municipal Council Ramban and also took on spot status of the undergoing projects.

## MTMP-II concludes successfully in Kishtwar

Secy Health discusses Draft Plan of town with line depts, councillors; inaugurates Waqf Parking Space, PARISHA Children Home

### JJ NEWS SERVICE

KISHTWAR, DECEMBER 6: My Town My Pride edition two programme concluded successfully today here in Kishtwar District.

During the two-day programme various activities were carried out by the district administration in collaboration with Municipal Council members Kishtwar and under the supervision of the Visiting Officer of MTMP-2 for Municipal Council Kishtwar, Secretary Health & Medical Education (H&ME), Bhpinder Kumar.

A meeting of the all the Senior Officers, District Officers and the Municipal Councilors and concerned authorities was held today here at the Conference Hall DC Office Kishtwar under the chairmanship of Secretary H&ME wherein a detailed discussion on the draft Master plan of Kishtwar Town was held.

The meeting was attended by Deputy Commissioner Kishtwar, Dr Devarsh Yadav, ADC Injuncting Singh Parihar, President Municipal Council Kishtwar, Sajjad Ahmed Najjar, PO ICDS, Dr Rishi Kumar, Joint Director Planning Mohammad Iqbal, ASF Rajinder Singh, ACR Varunjeet Singh Charak, ACD Atul Dutt Sharma, DFO Sunil Bhutyal, Tehsildar Kishtwar Umar Muneeb, Executive Officer MC Tariq Balwan, all Councilors besides District Officers of Key line depart-

ments.

During the meeting, the Secretary was apprised about the core developmental issues of Kishtwar town with special focus on the drainage system, lighting of streets, development of Municipal infrastructure and other functional, rationalisation of town plans, beautification of town, extension of Bus stand, implementation of Self Employment Schemes under Mission Youth, PMAU-U, Swachh Bharat Abhiyan, Nasha Mukht Bharat Abhiyan and other welfare Schemes.

DC Kishtwar apprised the Secretary about various developmental initiative taken by district administration in collaboration with MC Kishtwar for accelerating the developmental tempo and service delivery in the Municipal limits.

In the meeting, the Bhpinder Kumar stressed the officers to work in coordination with the councilors and take locals on board while devising plans so that the tangible results could be achieved.

He further suggested that Kishtwar MC must explore more options to enhance revenue generating sources for the Council and asked them to shift to online revenue collection mode.

Councilors of MC Kishtwar also highlighted their grievances about the Secretary. He assured them that their grievances have been recorded besides

necessary directions have been forwarded to concerned officers for immediate resolution.

Later, Secretary also felicitated the PMAU-U beneficiaries under Best House Category and also distributed cards under Ayushman Bharat and e-Shram scheme among the Municipal residents.

The keys of the Commercial vehicles under Mumkin Scheme of Mission Youth were also distributed among the Youth beneficiaries of Municipal area.

Earlier, Bhpinder Kumar also conducted whirwinder tour of Municipal area and assessed the developmental scenario of the town.

The Waqf Parking Space and the PARISHA children house for girl child under Vatsalya scheme of Social Welfare Department was also inaugurated during the today's MTMP-2 programme by the Bhpinder Kumar in presence of DC Kishtwar and other district officers.

During these two days, the Bhpinder Kumar ascertained the developmental need and aspirations of general public of MC Kishtwar.

Besides, all the line departments installed stalls to raise awareness about various welfare schemes for the people of Kishtwar Town. Various issues and grievances of people were recorded by Secretary for further submission to higher ups.

## Bandipora witnesses multifarious MTMP activities, receives overwhelming public response

Sarmad Hafeez interacts with MC Councilors, Youth, senior citizens

### JJ NEWS SERVICE

BANDIPORA, DECEMBER 06: On second and concluding day of ambitious 'My Town My Pride' (MTMP-2.0) programme, Bandipora witnessed multifarious activities with overwhelming public response especially youth participation.

Secretary Tourism and Youth Services and Sports, Sarmad Hafeez, accompanied by Deputy Commissioner, Bandipora, Dr Owais Ahmed, Director Employment, Nisar Ahmad Wani and Director Urban Local Bodies, MATHOORA Masoom participated in MTMP-2.0 grand celebrations organized at Nishat Park, Bandipora. The day witnessed varied activities including sports events, awareness programmes, cultural items and related events. Sarmad Hafeez, while addressing the gathering, said that this ambitious MTMP programme will immensely help towards ensuring enhanced development of urban parts of the UT. He stressed on collaborative efforts of public, elected representatives and administration for overall development of these areas. He urged upon all the departments to make intensive awareness regarding various online services available with different departments.

Sarmad Hafeez stressed on effective implementation of different government schemes at grassroots level to benefit the last beneficiary in the urban areas. He emphasized on 100% adhaar seeding for availing benefits of different government schemes. He also stressed on community participation for maintaining cleanliness throughout the district. Sarmad Hafeez also deliberated on ill effects of drug abuse and appealed youth to stay away from this social evil and get engaged in sports and development activities.

He discussed modalities for Master plans meant for towns and took feedback from concerned regarding the needs and aspirations of people.

Sarmad Hafeez, while inspecting stalls established by different departments, distributed E-shram Cards, Golden cards, sanction letters, sports kits and appreciation letters among the beneficiaries under various individual

beneficiary schemes. Sarmad Hafeez also had an interactive session with Councilors of MC, youth, senior citizens, sports persons besides general public.

While responding to issues raised by the Councilors, Secretary said all the issues will be resolved in a time bound manner. The civil society members raised the issue of Bandipora-lolab road, bypass for Bandipora and Women's Degree College for Bandipora. The delegation of sports persons led by PadmaShri, Faisal Ali Dar, demanded construction of indoor stadium, youth hostel and Mountaineering Institute for Bandipora. Secretary also listened to issues of general public and assured fast track redressal of the same. He asked the officers to redress the genuine public grievances on priority.

## PPSP Govt PG College for Women bags 1st prize in One day workshop on "Patents and IPR'S"

### JJ NEWS SERVICE

JAMMU, DECEMBER 06: Haspreet Kour, the semester 3rd student of PPSP, Govt PG College for Women has bagged First prize in One day workshop on "Patents and IPR'S". The one day Workshop was organized by J&K Science Technology and Innovation Council at Maulana Azad Memorial College on 6th of December, 2022. In this workshop students from different colleges presented their innovative ideas in the form of Powerpoint Presentations and demonstrations.

## Vinay Gupta releases Hindi Song "MANMARZIAN"



### JJ NEWS SERVICE

JAMMU, DEC 06: Senior BJP leader and Prabhar Jammu north Vinay Gupta releases the debut Hindi song "Manmarzian" in context with a press conference was organized at press club Jammu here today. Vinay Gupta was the chief guest on the occasion.

Speaking at the event, Vinay Gupta wished that the Hindi song Manmarzian may spread the message of peace and prosperity in society. He also said that music plays a positive role in preserving art and culture.

"J&K is blessed with unique talent which needs to be harnessed," Gupta said. He said that he expected the younger generation should follow the suit by coming forward to disseminate the richness of Dogra culture not only in Jammu but across the nation and abroad to

make the people aware of the niceties of this old yet rich heritage through their performance in various fields including theatre, folklore and folk music, Dogri songs, Hindi songs, literature, etc. Vinay lauded the efforts of the young talent from the UT of J&K. He said that new opportunities are being opened up everywhere today for innovative minds. He said that Jammu and Kashmir have a vast and rich cultural heritage and these devotees of fine arts ensure that the mind of our resourceful youth is directed towards building their careers by nurturing their skills with a positive mindset.

The song sung by the son of the soil 'Satinder Shanu' who made his name with the famous singing reality show 'chotte ustaad, Do DESHON KI EK AWAAZ' telecast by Star Plus in the year 2010 the program was an international singing reality show in which young artists from India and Pakistan participated. The program was judged by famous Bollywood playback singer SONU NIGAM and renowned playback singer RAHAT FATEH ALI KHAN from Pakistan and other personalities of the musical world and celebrities from Bollywood and Pakistan film industry.

The song "MANMARZIAN" is presented by ARTIUM ACADEMY, BOMBAY which is a Music Academy run by Bollywood singer Sonu Nigam. The song has already been released in Bombay by ARTIUM ORIGINALS, Bombay. Today, the song is being released in Jammu at the press club the program started with a welcome address by Bishan Dass president Duggar Lok

Manch. In his address, Vinay congratulated Satinder shanu and the whole team members of the album for the debut song of the son of soil such achievements by the son of soil bring laurels to the homeland, he added. Gupta congratulated the young singer Satinder Shanu and wished him good luck in his future endeavors. Dr. Arvind Singh Amn, Additional secretary JKCAAL, Er. Ashok Singh, president Indian DELPHIC COUNCIL JK, R.L Bharti member JKPSC, B.R.RAO, Retd. Prosecutive officer, T.R. Sharma (JKAS), Bishan Dass renowned radio door darshan singer, Joint secretary JK Delpthic council, R.S. CHIB, Narinder Gupta, and president Bhartiya Kala Sangam were the special guests. Ashish Joshi, CEO, of Atrium academy Bombay was also virtually present during the release. The singer and the son of soil Satinder Shanu also joined virtually for the release of the song and seek blessings from the folks of Jammu and Kashmir and urged the folks to show their love for his song. The Vote of thanks was presented by T.R. Sharma.

The Program was conducted by Ravinder Kumar Rao.

## Lotus will bloom on Dec 8 in Himachal, Gujarat: Kavinder Gupta

### JJ NEWS SERVICE

JAMMU, DEC 06: Senior BJP leader and former Deputy Chief Minister, Kavinder Gupta on Tuesday asserted that lotus will bloom again in Himachal Pradesh and Gujarat on December 8, 2022.

In a statement issued to media persons, Kavinder said that whether it is exit poll or general sentiments of the people in both Himachal and Gujarat, the air is in the favour of BJP and no power on earth can stop the lotus from blooming in these two states which are the home turfs of the Bharatiya Janata



Party, where the party has accomplished tremendous work as far as development is concerned.

The senior BJP leader said that the election in Himachal will change the trend of changing the ruling party every year as people have given edge to

paradise and aspiring for power in these two states which are the strong bases of the BJP.

Kavinder made it clear that the time of Congress and AAP has gone because the people across the country have well understood their strategies to hoodwink the people by concocting stories and promising stars and moon. He said that the countdown for the debacle of Congress and its ilk has already begun and it is only a matter of few hours when the lotus will again bloom in these two politically significant states.

## Govt should fulfill demands of PM package, reserve category employees posted in Valley: Bali Bhagat

### JJ NEWS SERVICE

JAMMU, DEC 06: Bali Bhagat, senior BJP leader and former minister expressing grave concern over the release of his list of over 50 Kashmiri Pandit employees appointed under PM Package scheme sought adequate security for the aforesaid category as well as reserved category employees presently posted in Valley.

In a statement issued to media persons, the senior BJP functionary said that the government should ensure failsafe security arrangements for these



two categories of employees looking into the vulnerability over their security. It is pertinent to mention that TRF, an offshoot of LeT has issued a threat on a blogging site naming 56 Kashmiri Pandit employees appointed under PM package

scheme in Valley. Bali Bhagat has come in full support of the aforesaid categories of employees claiming that it is the responsibility of the government to provide fool-proof security to the KP employees posted in Valley.

He said that already these categories of employees have been protesting against threats to their lives after the targeted killings. The former minister made it clear that these employees' demand is genuine as they are not seeking any increment or bonus for remaining posted to conduct an enquiry on the militant threat to the 56 Kashmiri Pandit employees and stressed the administration to ensure their security. Rajesh Gupta expressed serious concern over the threat given by a militant outfit, The Resistance Front (TRF) to the KP employees working under Prime Minister's Rehabilitation Package (PMRP).

## NDPI seeks enquiry into leak of list of 56 Kashmiri Pandit employees

### JJ NEWS SERVICE

JAMMU, DEC 6: National Democratic Party Indian (NDPI) J&K UT president Rajesh Gupta expresses concern over threat by the Resistance Front to KP employees working under Prime Minister's Rehabilitation Package.

It is surprising to see the fresh list of 56 Kashmiri Pandit employees getting leaked and reaching the TRF's blog Kashmir Fight

This is a security breach as terrorists have a clear idea about their place of posting," Gupta said in a statement issued here.

NDPI Chief said the government must take strong note of it and find out who has leaked the list of 56 migrant KPs at a time when targeted killings are taking place in the Valley. The NDPI leader said officers involved in the act

must be reprimanded and action should be taken against them. He said KPs working under PMRP are living in fear due to the killing of their colleagues and the fresh threat has added to their woes.

He urged the government to take the fresh threats seriously and address the issue on priority while chalking out a fresh strategy. The NDPI on Tuesday urged police

## AP's Coffee Culture opens its 1st dine in coffee house in Jammu



**JJ NEWS SERVICE JAMMU, DEC 6:** AP's Coffee Culture opens its first outlet at Channi Himmat Near Panch Mandir on Sunday. Mr. Mukesh Singh IPS, ADGP Jammu was the Chief Guest on the occasion while Mr. Ranjeet Kalra-Member J&K State Sports Council & Member Governing Council (Sports) Shri Mata Vaishno Devi Shrine Board, Mr. A.Q.Manhas IPS (IGP Retd), Mrs. Neena Gupta, Corporator Channi Himmat, Mr. Shiv Kumar Sharma JKPS, SSP CID, Mr. Santjanya Sharma

JKAS (Retd), Mr. Sandeep Seth, Chief Engineer PDD, Jammu were the Guests on Honour. Also present on the occasion were Dr A.K.Kapoor, Mrs. P.B.Kapoor, Dr Rahul Kapoor, Mrs Gayika Kapoor, Mrs Rashim Anand, Mrs. Neha Kapoor, Mr. Rohit Gupta, Mr. Ajay Anand Dp Sp, Mr. Maheep and ADGP Mukesh Singh after inaugurating the Coffee House appreciated the efforts put in by the owner of AP's Coffee Culture Mr. Ritesh Kapoor. He said creating

unique conceptuality & different concepts will for sure create enterprising ideas for the youth. He appealed to the youth to take inspiration from entrepreneurs like Ritesh Kapoor who being into the education line for so many years will be boosting ideological information for the youth. Ranjeet Kalra lauded the hard efforts put in by the proprietor of the Coffee house for lovely ambience, enthralling beautification and modern interiors made the coffee house a complete place to spend quality time with

coffee with snacks. Ritesh Kapoor, Proprietor AP's Coffee Culture put forward the coffee house's entire framework for the guests and the customers. He said the idea of serving coffee while giving reading space to the clients is to make the coffee house an intellectual and learning platform as well. He added that in the coffee house, they made it open to get any coffee, shake, drinks of their choice as well which will be not only a different taste but a way for the chefs to learn as well. The coffee house is a complete place for every youth, ladies, gents and even kids also to have a lovely and comfortable ambience with perfect blended taste. On being asked about the name AP's coffee culture, he added that the name was chosen on his Father and Mother's name and thought to deliver ideas amongst the youth to promote own branding and also ideas of inculcating values in the society and specially amongst youth.

## Apni Party holds protest against shabby condition roads in Ramgarh

**Manjit Singh seeks uninterrupted electricity, clean drinking water supply, better roads to border villages**



**JJ NEWS SERVICE RAMGARH, DEC 6:** Apni Party Provincial President Jammu and Former Minister, S. Manjit Singh along with dozens of party leaders, PRIs and prominent citizens staged protest demonstration against PWD and PDD Departments for their failure to deliver on the ground. Led by Manjit Singh, the protesters composed of Apni Party leaders, PRIs, farmers, and prominent people held a demonstration in Ramgarh against the PWD and PDD departments for their inability to

address the issues of the general masses especially in border villages. The protest was organised by District Samba President, Legal Cell and Candidate for Ramgarh constituency, Adv Sahil Bharti. In his speech, he said that the people of border villages are suffering badly. "Ramgarh to Kandral and Ramgarh to SM Pura roads are in the worst condition and they are almost unnotarable due to which the local population has been suffering," he said. He said that "The border

villagers are the most ignored and neglected residents who have been left to the mercy of God by the LG administration. The people suffer because of poor basic amenities including drinking water supply, electricity supply and road connectivity." He further said that the PWD has turned blind eyes towards the road connectivity as the Ramgarh to Kandral Road and Ramgarh to SM Pur are in adverse condition and these roads need to be repaired as early as possible. He also highlighted the concerns of the border

villagers who have been changed huge bills, for the use of pump sets to water the agriculture fields and use of domestic electricity. "The farmers are unable to water their agricultural fields especially at the tail end villages on the border yet they are charged huge electricity bills," he said and demanded that the PDD department should consider the demands of the border villages by rationalizing the electricity bills and providing round the clock electricity. He also demanded that unscheduled power cuts should be stopped so that the villagers / farmers can get a sign of relief and subsidy for the electricity charges. He further said that if the Apni Party forms the next Govt, they will provide 500 units of free electricity during summer season in Jammu and 300 units during winter season. Meanwhile, the protesters also supported the Safai Karamchari and appealed to the Govt to regularize them and accept their pending demands with regard to their wages.

## Modi Govt committed to wipe-out terrorism: Dr Parneesh

**'Job almost done, insurgency at death's door in Valley'**

**JJ NEWS SERVICE JAMMU, DEC 05:** Dr Parneesh Mahajan, Convener Department of Training, BJP, J&K on Saturday asserted that BJP Government led by Prime Minister Narendra Modi is committed to wipe out terrorism from the soil of J&K.



In a statement issued to media persons, the BJP functionary said that the job of cleansing terrorism is almost accomplished as the insurgency is at death's door with security forces registering success after success in the anti-terrorism operations.

Referring to the remark made by the LG Manoj Sinha that the government will not stop anti-terror operations till the time there is a single terrorist or

mentors of terrorism are alive in Kashmir, Dr Parneesh said that this kind of attitude is the need of the hour because the dispensations which ruled J&K in the past remained subtle against the terror mongers resulting

into deterioration of the situation to such an extent that even the common people used to bully the security forces.

The senior BJP leader said that the decision of PM Modi and HM Amit Shah to give full powers to security forces has changed the scenario and it is only after this that hundreds of terrorists had been eliminated and equal numbers are put behind bars in the recent years.

He said that people in Kashmir are peace loving and the certain elements which used to act as spoilsport have now been tamed and it is just the matter of days that long lasting peace will be established and golden days will return.

## Balwant Thakur's 'Aap Hamaare Hain Kaun' featured in International Festival of friendship in Mauritius

**JJ NEWS SERVICE MAURITIUS, DEC 06:** Balwant Thakur's Highly acclaimed play 'Aap Hamaare Hain Kaun' staged in International festival of Friendship commemorating 75 years of the diplomatic relations between India and Mauritius at IGCIC Auditorium, Phoenix Mauritius. Mr. Aninash Teeluck, Minister of Arts and Cultural Heritage was the Chief Guest on the occasion who while appreciating the presentation acknowledged that Mauritius witnessed something totally novel to the island and ensured this to become a tradition in Mauritius. High Commissioner of India Mrs K. Nandini Singla also graced the occasion with other high profile dignitaries of Mauritius. Balwant Thakur's play was presented in four languages viz. French, Creole, English and Hindi and the most interesting part was not only the translation of the play in other languages but also its adaptation and assimilation in the respective idioms and culture of multicultural Mauritius. When it was being performed in French, the adaptation was such that no one could make out that this is originally an Indian play written in Hindi. One must appreciate the fact that writings with universal appeal are relevant to any country and culture. Human concerns globally are the same, only one needs to have a larger perspec-



tive of the creative outreach. The kind of response which Balwant Thakur has received for his play establishes the fact that he is a global icon of theatre and his hold over addressing world issues through theatre is phenomenal. Receiving standing ovations in a foreign land speaks volumes about the acceptance and appreciation of his school of theatre. When contacted Balwant Thakur informed that he has bigger plans to take his kind of theatre which is unique both in terms of its content and form to a larger world canvas. The current project in Mauritius he started in May, 2022 and trained not only young performers but also a team of directors who will carry the legacy of his work to other parts of the country and will create a historic movement of this kind of new theatre in Mauritius.

Play 'Aap Hamaare Hain Kaun' in a very effective manner shakes parents, educationists / guardians of society out of reverie of materialism, consumerism and unbridled desires. This play compels elders to look

around and clear the mess they have created due to their own amorous ambitions and rat race. Parents see in their children an extension of their unfulfilled dreams and force them to become stereotypes and kill the beautiful charm in them. In a pursuit to make them top professionals, doctors, engineers and civil servants, they are subjected to every kind of cruelty.

The children become mechanical and hardly get time to discover their real self. Prevalent educational system adds further insult to the injury and their creativity gets scuttled and children grow up devoid of values. Play deals with contemporary problems that younger generation is up against from their own loved ones and surroundings. Tall claims and big concerns of parents, relations, and educationists are being questioned by the younger generation..... Aap Hamaare Hain Kaun.

It may not be out of the place to mention that Balwant Thakur's 'Aap Hamaare Hain Kaun' is the longest living children's play in India.

## Sterlite Power acquires Kishtwar Transmission Project in J&K from PFC

**JJ NEWS SERVICE JAMMU, DEC 06:** Sterlite Power, a leading power transmission developer and solutions provider in India and Brazil, announced the acquisition of Kishtwar Transmission Limited, a Special Purpose Vehicle (SPV) from PFC Consulting Limited (PFCL). PFCL is a wholly owned subsidiary of Power Finance Corporation Limited (PFC), a Maharatna Public Sector

Enterprise. The project was awarded to Sterlite Power through Tariff Based Competitive Bidding (TBCB) process in March 2022. Through the Kishtwar Transmission Limited SPV, the company will build, own, operate and maintain a critical transmission project in Jammu & Kashmir (J&K) for a period of 35 years. The project will comprise a 400/132kV GIS substation

at Kishtwar and 400 kV Kishenpur-Dulhasti LIL0 (Line in Line out) transmission line. The transmission system will be used for evacuation of 1000MW of power from Pakaldul Hydro Electric Project to the Kishtwar substation.

Mr. Manish Agarwal, Director & CEO - India Transmission Business, Sterlite Power, said, "We, at Sterlite Power, are committed to empowering humani-

ty by ensuring power connectivity through our power transmission projects. With Kishtwar transmission project, we aim to further strengthen the power infrastructure and usher economic development in the J&K region."

This will be Sterlite Power's 17th power transmission project in India under the Tariff-Based Competitive Bidding (TBCB) mode.

## JKDFA expresses serious concern over fodder inflation in J&K



**JJ NEWS SERVICE JAMMU, DEC 06:** JKDFA today hailed LG Administration for lifting ban on transportation of milch animals from outside J&K UT which was banned after spread of Lumpy Skin disease in J&K. Addressing a press conference at Jammu Press Club, Provincial President JKDFA Sandeep

Singh Chib on the directions of JKDFA President Kulbushan Khajuria in presence of JKDFA members Balwinder Singh, Satpal Choudhary, Keher Singh, Vinod Sharma addressing media persons while highlighting burning issues of dairy farm sector expressed serious concern over consistent increase in

fodder of animals affecting dairy farmers badly. Speaking on the occasion, he also reminded Rupala Sir his commitment at Srinagar conference on 11.10.2022 that lumpy Skin disease will be declared epidemic in J&K and the compensation to dairy farmers will be provided at the earliest who lost their cattle due to this

disease and the same has not been provided so far. He demanded Commissioner Secretary immediate intervention in this regard to address grievances of dairy farmers. Chib however expressed gratitude to department for lowering cost of semen injection terming it a good decision. He said that urban and urban small-scale dairy farming is playing a vital role in improving household income, nutrition, food security and employment for low income households.

However, it has been unable to meet the expected demand due to various production constraints. He demanded Govt to assess the farmers' perception of major challenges of small-holder dairy production, possible causes, coping strategies and support needed.

## 60th Annual Raising Day of Homeguards/ Civil Defence celebrated



**JJ NEWS SERVICE JAMMU, DEC 06:** 60th Annual Raising Day of Homeguards/Civil Defence was celebrated today at SDRF 2nd Bn Hqrs, Gulshan Ground Jammu. Dr. B. Srinivas, IJS, Commandant General HG/CD & SDRF JK&K congratulated all officers and Jawans, on the occasion of Raising Day and highlighted the duties and responsibilities of Homeguards and Civil

Defence volunteers as first responders during disasters and pandemic like situations. He also praised the role and assistance extended by all officers and men from Civil Defence and Homeguards during the past one year. During the event, greeting messages of His Excellency President of India, Hon'ble Prime Minister of India, Hon'ble Home Minister, Hon'ble Lieutenant

Governor J&K UT and senior dignitaries of GOI and UT Administration were also read out. Shri Sanjeev Kumar Yadav, IFS, Director Homeguards Jammu, Sh. Aijaz Ali SP(S) of Hqrs. Homeguards and Civil Defence along with wardens of Civil Defence and voluntary Homeguards personnel participated in the function. Officers and officials of SDRF were also present on the occasion. Annual Raising

Day was also organized in Kashmir Srinagar. Shri Haseeb-Ur-Rehman- IFS, I/C Director CD & SDRF Kashmir Srinagar and Shri Firdous Iqbal-JKPS, Divisional Commandant Homeguards Kashmir Srinagar were present on the occasion alongwith the officers of Homeguards and Civil Defence in Kashmir Division.

Randeher Singh, JKPS, SSP, Staff officer (Admn) cum I/C Commandant SDRF 2nd Bn Jammu presented the vote of thanks and thanked all the field officers for their participation in the event and assured that Homeguards and Civil defence volunteers would continue to perform their work with dedication and commitment in future as they have done in past.



# My Town My Pride culminates with good public participation in 6 Municipalities of Budgam

**J1 NEWS SERVICE**

**BUDGAM, NOVEMBER 06:** The Jan Abhiyan programmes organized under ambitious 'My Town My Pride' 2.0 (MTMP), programme witnessed good public participation in all 6 Municipalities of Budgam district.

Principal Secretary, Industries and Commerce, Prashant Goyal, who presided over the MTMP programme at Sports Stadium Budgam as Visiting Officer, inaugurated Double Storey Laboratory, Operation Theatre and Indoor Facility building at Chief Animal Husbandry Office Budgam.

Principal Secretary interacted with local youth and distributed sports kits among youth clubs and sports lovers. He reviewed the Municipal Finance and Capex Plan 2023- 2024, City Livelihood Plan, resource mobilization, city tourism, green city and smart vending plans.

During the programme, Principal Secretary also reviewed development of Urban Local Bodies with elected representatives and district officers.

Terming MTMP as an ambitious programme for development of urban areas, Principal Secretary said through the programme government itself reaches out to the general public in Town areas at door steps and listens to them and get direct feedback on governance and developmental process.

Along with Main Town Budgam, the MTMP events were also held at Higher Secondary School Chadoora,

which was presided over by Visiting Officer, Ulfat Jabeen, MD, J&K Women Development Corporation.

At Khansabeh Town, the programme was presided over by Ghulam Rasool Mir, Director Horticulture Kashmir while Syed Qamar Sajad, Additional Registrar Cooperative Kashmir, presided over the programme at Townhall, Magam.

Similar MTMP, Jan Abhiyaan events were also held at Townhall Beerwah and Townhall Char-i-Sharief which were presided over by Zeenat Ara, Programme Officer ICDS and Masrat Hashim, Additional Secretary with GAD respectively.

Over 600 specially abled persons received prosthetic aid including, tricycles, wheelchairs, hearing and other aid during the MTMP programmes at Budgam and Beerwah Towns.

Various beneficiaries received Grah Praveesh and Best House Certificates under PMAY- HFA Urban.

Felicitating the end beneficiaries, the Visiting Officers distributed sanction and approval letters among hundreds of beneficiaries under different self-employment schemes. Various departments continued to showcase their products and raise awareness regarding their public welfare initiatives and self employment schemes at stalls installed in all Municipalities.

In order to promote sports culture and ensure maximum student participation in co-curricular activities, the Visiting officers also inaugurated vari-

ety of sports events at different school in Municipality areas for the last day of MTMP Programme.

The visiting officers also held meetings with elected Councilors led by their Presidents, held interactions with prominent citizens, NGOs, Traders, Youth Clubs, Transporters and other concerned during the Jan Abhiyan programme.

Review of implementation of schemes and awareness generation about Jan Baghidari and Digital JK schemes were also held by the Visiting Officers.

The visiting officers also inaugurated number of Khidmat Centres, distributed sports equipments, soil health cards, land passbooks, and conducted visits to ration depots, aganwadi centres, hospitals, schools, ICT labs and other facilities to take on spot stock of facilities.

Inauguration of sports events, plantation drives, speeches under Nasha Mukht Bharat Abhiyan programmes at colleges and schools, witnessing of sports events were among other activities held by Visiting Officers during MTMP programme.

At the outset, students from different schools performed various folk, cultural programmes and skits at different venues.

Presidents of Municipal Councils, concerned SDMs, Councilors, District Officers, SDM level Officers, EOs and other concerned also attended the programmes.

## GOVERNMENT OF INDIA UNION TERRITORY JAMMU & KASHMIR OFFICE OF EXECUTIVE ENGINEER, MECHANICAL DIVISION, RAJOURI

Tele-fax: +91-1962-295093, Email:emedrajouri@gmail.com

### NOTICE INVITING TENDER

On behalf of the Lt Governor of J&K, Bids are invited by Executive Engineer, Mechanical Division Rajouri by e-Tendering mode from reputed firms/ contractors for undertaking the work as per SBD/BOQ:

S. No.	e-NIT No.	Description of work	Cost of tender (Rs)	Time of completion	Tender opening authority
1	e-NIT:- 64 Date:- 03.12.2022. Dueon:- 10.12.2022.	Repair & Maintenance of DRR 636 W, DRR 7503 W and DRR 457 W	200.00	07 days	Executive Engineer Mechanical Division Rajouri
2	e-NIT:- 65 Date:- 03.12.2022. Dueon:- 12.12.2022	Providing, Installation and Commissioning of GSM based real time Vehicle tracking management system (GPS) for 25 numbers Departmental Vehicles of Mechanical Division Rajouri	500.00	10 days	Executive Engineer Mechanical Division Rajouri

The e-NIT consisting of qualifying information, eligibility criteria, specifications, terms & conditions, Bill of Quantities can be seen / downloaded from the J&K Govt. website [www.jktenders.gov.in](http://www.jktenders.gov.in)

All other information regarding the e-NIT can be had from the office of the undersigned on any working day during the working hours before due date.

SD/  
EXECUTIVE ENGINEER  
MECHANICAL DIVISION  
RAJOURI

DIP/J-12572/22

## UNION TERRITORY OF JAMMU & KASHMIR OFFICE THE EXECUTIVE ENGINEER PWD (R&B) ELECTRIC DIVISION JAMMU

### FRESH NOTICE INVITING TENDER

Fresh e-NIT No.EDJ/352 of 2022-2023 Dated 03-12-2022

For and on behalf of the Lieutenant Governor, Union Territory of Jammu and Kashmir e-tenders are invited on Percentage Basis from approved and eligible Contractors registered with Union Territory of J&K, CPWD, Railways, MES and other State/Central Governments for each of the following works:-

S. No	Name of Work	Name of Division	Estimate Cost (in lacs)	Cost of document (in )	Earnest Money (in )	Time Allowed for completion	Time and date of opening of tender	Class of Contract or
1.	Electrification of two Additional Room at MS Dhalan under the jurisdiction of Construction Division No. 3 Jammu. (2nd Call)	PWD (R&B) Electric Division Jammu	1.47	200	2940/-	Linked with Civil works.	13-12-2022 At or after (12:00 A.N)	"A" Class Electrical Contractor
2.	Electrification of two Additional Room at GMS Pargwal under the jurisdiction of Construction Division No. 3 Jammu. (2nd call).	PWD (R&B) Electric Division Jammu	1.45	200	2900/-	Linked with Civil works.	13-12-2022 At or after (12:00 A.N)	"A" Class Electrical Contractor

The Bidding documents consisting of qualifying information, eligibility criteria, specifications, bill of quantities (B.O.Q), Set of terms and conditions of contract and other details can be seen/downloaded from the departmental website <http://jktenders.gov.in> as per below schedule.

1	Date of Issue of Tender Notice	03-12-2022
2	Period of downloading of bidding documents	From 04-12-2022 to 12-12-2022, 4:00 P.M
3	Bid submission Start Date	04-12-2022
4	Bid Submission End Date	12-12-2022 up to 4:00 P.M
5	Date & time of opening of Technical Bids (Online)	13-12-2022 at or after 12:00 A.N in the Office of the Executive Engineer PWD (R&B) Electric Division Jammu
6	Date & time of opening of Financial Bids (Online)	To be notified after technical bid evaluation is completed

- Bids must be accompanied with cost of Tender document in shape of e-challan through Treasury indicating Treasury Voucher No. & date and also indicating the name of work duly crediting to 0059 (Revenue) favouring Executive Engineer PWD (R&B) Electric Division Jammu, uploading a copy of treasury challan/receipt. The original instruments in respect of cost of documents, and relevant documents of LI to be submitted to the Executive Engineer PWD (R&B) Electric Division Jammu, at the time of allotment.
- Bid Security Declaration should be kept in the Bid documents as per tendered.
- The date and time of opening of Financial-Bids shall be notified on Web Site [www.jktenders.gov.in](http://www.jktenders.gov.in) and conveyed to the bidders automatically through an e-mail message on their e-mail address. The Financial-bids of Responsive bidders shall be opened online in the Office of the Executive Engineer PWD (R&B) Electric Division Jammu. The date for same shall be intimated separately.
- The bids for the work shall remain valid for a period of 120 days from the date of opening of Technical bids.
- The earnest money shall be forfeited, If -  
a) Any bidder/tenderer withdraws his bid/tender during the period of bid validity or makes any modifications in the terms and conditions of the bid.  
b) Failure of Successful bidder to furnish the required performance security within specified time period after issue of letter of acceptance.
- Failure of successful bidder to execute the agreement on same day of allotment of work contract as per Chief Engineer PW (R&B) Department Jammu's Circular No. CIJ/C/12660-87 dated 07-10-2021.

No :- EDJ/14716-24  
Dated :-03-12-2022

DIP/J-12590/22

SD/  
EXECUTIVE ENGINEER  
PWD (R&B) ELECTRIC DIVISION  
JAMMU

## OFFICE OF THE EXECUTIVE ENGINEER FLOOD CONTROL DIVISION SAMBA

### SHORT TERM NOTICE INVITING TENDER

e-NIT No. 20 of 12/2022

For and on behalf of Lieutenant Governor of J&K state, Tenderis invited by the Executive Engineer Flood Control Division Samba, by e-Tendering mode on Item Rate5SR 2020 for below mentioned workfrom approved and eligible contractors registered with J&K state Govt./CPWD/MES and railways for the following work.

S. No.	Name of work	Name of division	Advertised amount (Rs.in lakhs)	Earnest Money 2%	Cost of document (in Rs.)	Time allowed for completion	Time and date of opening of the technical bid	Class of contractor	Bid validity
01	Balance cost of construction of flood protection work/diversion of water flow from Rajinder/Vihar Private Colony in Patli Nallah U/s of National Highway	Flood Control Division Samba	Rs. 1.30 lakhs	Rs. 2600/-	500/- under M.H. 0702 (Revenue)	10 days	10-12-2022 at 12:00 Noon	"D" Class Contractor	90 days

Position of Funds:-Partially Funds Available.

Position of AAA:-Accorded.

Position of T.S.:- Accorded.

- Date of publishing from: 03-12-2022 (18:00 P.M.).
- The bidding documents can be downloaded from the website [www.jktenders.gov.in](http://www.jktenders.gov.in) w.e.f.03-12-2022 (18:00 P.M.)to09-12-2022 (16:00 P.M.).  
a) The bids shall be deposited in electronic format on the website from [www.jktenders.gov.in](http://www.jktenders.gov.in) w.e.f. 03-12-2022 (18:00 P.M.) to09-12-2022 (16:00 P.M.). The bids received will be opened on 10-12-2022 at 12:00Noon.  
b) The complete bidding process will be on-line.  
c) The tender uploaded on the website up to due date will be opened on 10-12-2022 at 12:00Noon in the office of the Executive Engineer Flood Control Division Samba in the presence of the bidders who wish to attend. If the office happens to be closed on the date of opening of the bids as specified, the bids will be opened on the next working day at the same time and venue.  
d) A pre-bid meeting will be held on 06-12-2022 at 12:00 Noon in the office of the Executive Engineer Flood Control Division Samba clarify the issues and to answer question on any matter that may be raised at that stage as stated in clauses 19 of instruction to bidder of the bidding documents.
- Bid documents can be seen at and downloaded from the website [www.jktenders.gov.in](http://www.jktenders.gov.in)bid documents contains qualifying criteria for bidder, specification, bill of quantities, condition and other details.  
4. The site for the work is available.  
5. In light of Govt. Notification issued by Finance department Civil Secretariat vide no. A/24(2017)- 651 dated: 07-06-2018, the bidder must upload the copy of Challan/Receipt on account of cost of tender documents remitted in the treasury concerned for that the bidders must write an application to be addressed to treasury officer concerned requesting therein for remittance of amount as cost of tender documents towards M.H. 0702/Revenue. The bidder shall also write e-NIT No., S.No. & Name of work on the Treasury/Receipt/Challan.Any suchchallan deposited on back dates shall not be accepted.  
6. The lowest Bidder i.e. L1 shall be intimated to deposit the original copy of requiredAdditional Performance Security in the shape of CDR/FDR and hard copies of all relevantdocuments as mentioned in clause of general instructions to the Bidders within 05 days from the date of opening of Financial bids.  
7. Bids must be uploaded along with scanned copy of cost of tender document in the shape of e-challan/copy of receipt from treasury favouring Executing Engineer Flood Control Division, Samba indicating name of work by crediting the requisite charges to MH: 0702 (Revenue). The original instruments in respect of cost of documents, EMD and other relevant documents of L-1 bidder will be required to be submitted to the Executive Engineer Flood Control Division Samba within five days of opening of financial bids on line. No separate intimation about opening of financial bids will be sent by this office/by the tender opening authority. In case the original documents are not submitted by the L-1 bidder within five days after opening of financial bid, the tender will be cancelled and the bidder will not be allowed to participate in any further/future tendering process in the Division for a period of one year.  
a. The original documents, when submitted by L-1 for the cost of tender documents, EMD specified in the tender document should be same as uploaded online (Scanned copy) otherwise the allotment will not be issued. the tender will be cancelled and the bidder will not be allowed to participate in any further/future tendering process in the Division for a period of one year.  
b. Technical bid will be opened on 10-12-2022 at 12:00 Noon in the office of the Executive Engineer Flood Control Division Samba and the date of opening of financial bid shall be communicated to the successful bidders. If the office happens to be closed on the date of opening of the bid as specified, the bid will be opened on the next working day at the same time and venue.  
8. The bid for the work shall remain open for acceptance for a period of 90 days from the date of the opening of bids. If any bidder/tender withdraws his bid/tender before the said period or makes any modification in the term and conditions of the bid, the said earnest money shall stand forfeited.  
9. No Engineer of Gazetted Rank or other Gazetted Officer employed in Engineering or Administrative Duties in an Engineering Department of the State Govt. is allowed to work as a contractor for period of two years after his retirement from Govt. Service, without permission of the Govt. this contract is liable to be canceled if, either the contractor or any of his employees is found any time to be such a person who had not obtained the permission of the govt. as aforesaid before submission of the tender or engagement in the contractor's service  
10. Other detail can be seen in the bidding documents.

Signed for and on behalf of the  
Lieutenant Governor, Jammu & Kashmir State

No:- FCD5/2022-23/S-120/4804-25  
Dated:-03-12-2022

DIP/J-12589/22

SD/  
EXECUTIVE ENGINEER  
FLOOD CONTROL DIVISION  
SAMBA

## THOUGHT OF THE DAY

“Don't Dream to be something but Rather dream to do Something great” - PM Narendra Modi

## JINDRAH IMAGES

## Maintain a close tab on progress of infra projects

Recently, it came to fore that 27 mega projects of the central government worth Rs 150 crore and above each have recorded over 72 percent cost overrun while jumping their respective deadlines up to 20 years in Jammu and Kashmir. It sounds quite surprising as well as shocking that infrastructural development has remained a casualty in the Union Territory because of law and order problems and administrative red tape. In conflict-ridden Jammu and Kashmir where terror and gun culture overshadow all development activities, seldom a project has been completed within the stipulated timeframe. The report on central sector projects reveals that 27 projects having original cost of Rs 47,696.67 crore had been facing cost overrun of 72 percent as they are now expected to be completed with an anticipated cost of Rs 82,076.18 crore. Out of these projects, nine projects with original execution cost Rs 16,439.47 crore have been facing time overrun ranging from eight months to 247 months (more than 20 years) and the anticipated execution is now Rs 50,951.73 crore. At least 13 projects with original cost of Rs 1,000 crore and above each had been witnessing a cost overrun of 82.31 percent. These projects were expected to be completed with an original cost of Rs 41,767.84 crore which has now been revised to Rs 76,147.35 crore. Four such projects have missed deadlines by 4 years to 20 years. To the utter dismay of an ordinary citizen of Jammu and Kashmir, authorities have never bothered to fix the accountability and responsibility for the failure of executing agencies for inordinate delay in execution of these projects. They have not been penalized for jumping deadlines, one after another, while cost escalation went up by several times. There was a need to fix responsibility for all lapses that led to delay in timely completion of these projects. For instance, Udhampur-Srinagar-Baramulla Rail Link, one of the biggest projects in the construction of a mountain railway since independence, has been delayed by more than 20 years, resulting in cost overrun of over Rs 34,500 crore. The original cost of the project was just Rs 2,500 when it was approved in March 1995 but the cost of the project has escalated to Rs 37,061.06 crore with expected date of commissioning in April 2023. In this particular case, successive regimes, including recent dispensation, have not taken any action against any officials for a delay of 20 years. Similar is the case of the establishment of AIIMS at Awantipora in Kashmir. The project was approved with an estimated cost of Rs 1828 crore in March 2019 but the executing agency has spent just Rs 303 crore till date. Had the government kept a close tab on the progress of these projects, cost as well as time overrun could have been avoided. A well-devised mechanism should be put in place to ensure that a constant watch is maintained on all major projects to ensure that they are completed within stipulated time. It will not only help in building infrastructure on time but also reinforce the faith of common people in the efficiency of executing agencies.

# INDIA SHOULD AIM TO BE A 'SUPER PARTNER'

All of this makes India, potentially, a 'super partner' rather than a 'super power'. A super partner builds goodwill and trust, relationships and a 'super structure' which is enduring and equal in nature. The realisation to be a 'super partner' is not far because India is already doing many of the things listed earlier. There can be no end to the work. It will always be ongoing, but the direction is set to strengthen partnerships across continents.

Tarun Das

In the vocabulary of geopolitics and geo-economics, the favourite word for the strongest nations in the world, eg the USA, is that it is a 'super power'. Meaning, it is their vast economic and military strength that gives them the title of super power. More and more, the talk is that China has emerged as a 'super power', the first Asian country to be so.

In discussions, public and private, there is reference to India's ambitions and aspirations. Often, it is said that India can be a super power. India must be a super power. India should be a super power. India is on the way to being a super power. Somehow, this title for India and India's own ethos and culture do not seem to go together.

Looking at the history of non-violence, democracy, yoga, humility and spiritual values of India, somehow the idea of India being a super power does not sit right. That is not to say that India should not be economically or militarily strong. It must be. In fact, there is a huge backlog to make up because of past policies being less than adequate. But, there is a difference between being strong and being a super power.

Super power, somehow, gives the impression of a country which uses its strength to influence and, may be, pressure others. Super power gives the feeling of a country wanting to dominate over the others. Super power is not a description used for a friend. Super power is one to be feared.

The following are some principal characteristics which India follows in its international relationships that make it suitable for being a super partner.

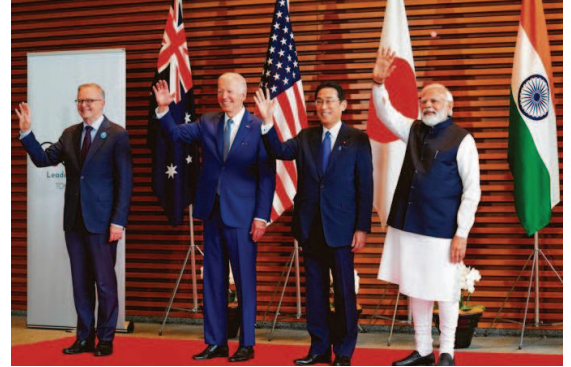
First, to belong to no single bloc but build strong relationships across the world, the developing and the developed. This policy is being actively followed, especially in recent years.

Second, to participate in different groupings of countries, such as BRICS, ASEAN, BIMSTEC, SCO, G-20 (of which India is the President for 2023) and Quad.

Third, to participate in the affairs of the UN and its various wings, such as the WTO, WHO, UNIDO, UNDP, UNESCO, UNICEF and FAO, with vigour and energy. For example, recently, India played an active role in the UN Security Council during its term as member.

Fourth, to build deep and abiding relationships with all friendly countries. Multiple initiatives have been taken in recent years to achieve a new level of collaboration.

Fifth, to share knowledge and experience in building a digital economy which has trans-



formed India and can transform many developing countries.

Sixth, to collaborate in healthcare, including vaccines during the Covid-19 period and its aftermath. Health has become a major, new area of bilateral cooperation, with India in a position to share and transfer knowledge as well as products and services. Seventh, to explore every possible way to help the least developed countries to build capacity of all kinds – physical, human resources, technology, etc.

Eighth, to have a special focus on people development because their ability to do what is required in their own countries is crucial to their own development. Professionalisation of people through education and training is the most important partnership.

Ninth, having benefited from the development of entrepreneurship and startups, India is able to pass on the learnings to others so that their own industrial and economic development is enhanced.

Tenth, concurrently, to share policy formulation experience which would enable friendly countries to avoid the mistakes that India made. This includes the management of deregulation and liberalisation.

Eleventh, and perhaps the most significant 'soft' partnership, is to build people-to-people relationships. Students, scientists, women, youth, administrators and the like, who connect with their counterparts elsewhere, build bonds of a quality and depth not possible without a face-to-face connection.

All of this makes India, potentially, a 'super partner' rather than a 'super power'. And a

super partner builds goodwill and trust, deep relationships and a 'super structure' which is enduring and equal in nature.

The realisation to be a 'super partner' is not far because India is already doing many of the things listed earlier. There can be no end to the work, the process. It will always be ongoing, but the direction is set to strengthen partnerships across continents, countries, and the world.

It would be good for all if Indians dropped the super power status as a aim for India, with all its negative connotations, and adopted the 'super partner' terminology and the true spirit of being the best possible partner to all friendly countries.

In this world where finance and technology flows are relatively free, and, perhaps, people movement will one day follow suit, no country can be an island, isolated from the world. Every country needs friends and India's way of building partnerships is the right way to go about it.

And, those countries which function on the ideology that they can do everything on their own or that they do not need friends are likely to come to grief one day, sooner or later.

One very important aspect of being a solid 'super partner' is to have the capacity and capability, built domestically, to fulfil the 11, or more, roles enumerated above. India, therefore, has to continuously work and strive to enhance its own social and economic infrastructure to be an ideal partner.

Today, and tomorrow, India may well be the only country in the world which can truly be a 'super partner', subject to building up its own capacity.

## Why the army will keep dictating terms in Pakistan

LUV PURI

GENERAL Asim Munir has taken over as the Pakistan army chief weeks after two incidents forced the military leadership to attempt damage control following a flurry of allegations – the assassination attempt on former Prime Minister Imran Khan in Wazirabad and the assassination of journalist Arshad Sharif in Kenya.

The failure of the security apparatus to prevent the attack on a former PM is a reflection of the turbulence in the country. Imran had expressed apprehensions about an impending assassination attempt on him and gone to the extent of even identifying the plotters, including the present PM, Shehbaz Sharif, Interior Minister Rana Sanaullah Khan and a senior army commander.

Former PM Benazir Bhutto had also gone public with similar fears before being assassinated on December 27, 2007, allegedly by a 15-year-old suicide bomber. Reportedly, the suspects Bhutto had mentioned in the letter were Brigadier Ijaz Shah (ret'd), Lt Gen Hamid Gul (ret'd) and former Pakistan Punjab Chief Minister Chaudhry Pervez Elahi. In 2009, the UN-appointed commission, which was formed by then then Secretary-General Ban Ki-moon to probe Bhutto's assassination, had concluded that the attack could

The US, Saudi Arabia or China, which have been Pakistan's financial benefactors, find it easy to engage with the army's leadership on critical issues facing the country. The Pakistani army has been able to get a favourable outcome from foreign players when the political executive failed. This is evident from the recent favourable economic outcomes after interventions by the Pakistani army leadership.

have been prevented if adequate security measures had been taken.

Arshad, who was killed under mysterious circumstances, had fled Pakistan as he feared harassment from the current political elite. He had echoed Imran's allegation that the US was responsible for the 'regime-change operation' in Pakistan that led to the former cricketer's ouster as PM. I knew Arshad as he had spent nearly a month together as part of a conflict-reporting course for journalists at Cardiff University in February 2006. As part of the course, we travelled to different parts of Northern Ireland and there were several occasions to hear the perspectives of various participants, including Arshad, on various issues. His vociferous support to the narrative of 'regime change' was no surprise as he was critical of the US role in various parts of the world, including the Pak-Afghan region.

The US, the Kingdom of Saudi Arabia or even China, which have also been Pakistan's financial benefactors, find it easy to engage with the army's leadership on critical issues facing the country. (Quite similar is the way China enjoys a close relationship with



the Myanmar army, an institution which too is infamously entrenched in the country's political landscape.) The Pakistani army has been able to get a favourable outcome from foreign players when the political executive failed. This can be empirically proved in the context of recent favourable economic outcomes after every intervention by the Pakistani army leadership. The external advantage is linked to the heft the army has historically commanded on the ground.

In various colonies across the world, the British identified some communi-

ties that they categorised as "martial races" and based on other political considerations as well, they carried out military recruitment. In the South Asian context, after the 1857 mutiny, the present-day Pakistani Punjab replaced the present-day UP and Bihar as the prime catchment area of the British military in the last quarter of the 19th century.

Recruits from various parts of Punjab were sent to far-off shores of Europe during the two World Wars. The army as a career continued to be attractive even after 1947, when the

Pakistani army conducted recruitments in western Punjab. The Sudhans, Jats, Rajputs, Mughals and other groups from Pakistan Punjab's northern area, commonly called Pothwar, and the central pocket filled the ranks of the Pakistani army at the soldier and officer levels.

With a few exceptions, it is not a coincidence that most of the Pakistani army chiefs, including General Munir and his predecessor Qamar Javed Bajwa, come from the northern and central parts of the Punjab province.

In the context of lack of land reforms, 63 per cent population aged between 15 and 33 years and poor social depth of party institutions, the army is seen as the meritocratic institution for upward social mobility.

The support to former PM Imran, which has been manifested in the form of veiled as well as open protests or statements against the army leadership, or former chief Bajwa's farewell statement, where he said the army has decided to remain apolitical, doesn't mean civilian supremacy is on the cards anytime soon. The past is a good guide to say so. For instance, in 1988, former PM Bhutto's return to the coun-

try after exile, preceded by the death of General Zia in an air crash, was seen as the dawn of democracy. Her government fell within two years as she and her husband were accused of corruption. As admitted by former generals in the years to come, the elections that followed her dismissal were rigged in favour of the Islamic Jamhoori Ittehad under the leadership of Nawaz Sharif in 1990.

The lawyers' agitation in 2009 against then President and former army chief Pervez Musharraf was accompanied by street protests against the army's interference in politics. Within a few years of Musharraf's exit, the army leadership regained public acceptance and was back in its role of the principal kingmaker. Against this backdrop, it will not be surprising if former PM Imran reverses his stance and reaches out to the army's new leadership or even moderates his public positioning on the US in the near future.

Pakistan's structural realities are here to stay and will enable the army to quickly regain public acceptability and thus stay as the most determining state institution politically.

## Badshah Ditches Bling In 'Kya Say' Music Video Featuring Sukriti, Prakriti

Rapper Badshah has teamed up with musical twins Sukriti and Prakriti for their much-anticipated song 'Kya Say'. Sonically, the song features southern ethnic sound, with a groove that flows over into the eponymous hook line.



Badshah said, "The experience of working on 'Kya Say' was absolutely amazing. Chamath nelling their rustic nature goddess avatar. Talking about the song, Badshah said, "The experience of working on 'Kya Say' was absolutely amazing. Chamath

has created yet another masterpiece with this music. I had a lot of fun creating this song and video with the talented duo Sukriti - Prakriti, that too in such a scenic location. Big shout out to Amith and the Studio Moca team for bringing this art to life and for making me do those stunts on set, it sure was exciting. The song is out everywhere and I urge you to listen to it and watch it over and over."

The music video was shot at Athirappilly Waterfalls in Kerala where some of the most famous films have been shot, including 'Bahubali', 'Raavan', and a few other films of director Mani Ratnam.

## Hansika Motwani Shares Wedding Pics: "Now And Forever," She Writes For Husband Sohael Kathuria



Koi... Mil Gaya actress Hansika Motwani, who married entrepreneur Sohael Kathuria over the weekend, shared pictures from her wedding on her Instagram profile on Tuesday. Hansika married Sohael on December 4 at the Mundota Fort and Palace in Jaipur, Rajasthan. Hansika wore red for her big day, while the groom opted for an embroidered sherwani. The first picture happens to be from the pheras. In the second shot, Sohael can be seen applying sindoor on Hansika's forehead. The third shot features the couple smiling with all their hearts. "Now and forever 4.12.2022," Hansika Motwani captioned the post. The comments section of Hansika's post was flooded with congratulatory messages from her Insta fam. "Hey! Congratulations," wrote Karan Tacker. "Congratulations to the both of you," wrote Mandira Bedi. "Congratulations," read Esha Gupta's comment. Sohael Kathuria, a Mumbai-based businessman proposed to Hansika Motwani in front of the Eiffel Tower in Paris last month. The actress shared pictures from the dreamy moment on her Instagram profile and she wrote "Now and forever."

On the work front, Hansika Motwani has acted in Hindi, Tamil, Telugu, Malayalam and Kannada films. She made her debut as an actor with the 2001 television show Des Mein Nikla Hoga Chand and became a household name for her performance in the popular kids fantasy show Shaka Laka Boom Boom, which also aired in the same year.

Hansika Motwani is known for her role in Hritikh Roshan's Koi... Mil Gaya and Himesh Reshammiya's Aap Ka Surroor. She also starred in films like Desamuduru, Kandireega, Mask, Kantri, Arammanai, Villain, Singam II (Suriya's version), Denikaina Ready and Uyire Uyire, to name a few.

## Monalisa Read 30 Novels To Play An Erotic Poetess In 'Hasratein'



Bigg Boss 10' fame Monalisa, who is popular for her work in Bhojpuri cinema, is playing the role of an erotic poetess in the web series 'Hasratein' and says she did a lot of research for her role.

"When I was offered the role, my first notion was to gain as much knowledge about the character that I would be portraying. I took my time, pondered over it, and started with my research."

After doing her research, the 'Nazar' actress arrived at the conclusion that very few female writers explored erotica.

"The conclusion that emerged was a big surprise for me as there were a handful of female writers who explored the genre of erotica," she adds.

Monalisa worked in a number of Bhojpuri, Hindi, Bengali, Odia, Tamil, Kannada and Telugu language films. She was also seen in TV shows such as 'Nazar', 'Namak Issk Ka', 'Nach Baliye 8', 'Smart Jodi', and many more.

She reveals further about her research and how she read about 30 novels to understand the genre and her character in a proper way.

"I read close to 30 novels to gain a sound understanding of the genre, but unfortunately, most had the male viewpoint. I was determined to start a conversation around this.

## Harsh Naagar Joins The Cast Of 'Yunkii Tum Hi Ho'



Saathiya Saath Nibhana 2' actor Harsh Naagar says coming on board with big names like Amar Upadhyay and Priyanka Dhavle in 'Yunkii Tum Hi Ho' has turned out to be a learning experience for him and he tried his best to play his character with perfection.

He says, "My happiness has doubled as I am sharing the screen with talented actors like Amar sir, and Priyanka. They have all been very warm and welcoming. Though it's been a few days of shooting, I've learnt so much from everyone, including the crew." Harsh found the script relatable and he says he connects with his role. Thus he instantly said 'yes' to the project.

"When I read the script, I instantly felt a connection with the story and knew that it is something I want to be a part of. So, when I was finalized as Ayushmann Bhargava, I was delighted, as I resonate with him personally.

He is simple, honest and shy. He believes in keeping others above him and is always there to support his loved ones through thick and thin," he adds.

## Shivangi Sharma Was Pranked Upon By DJ Bravo In The Queen's Palace In The UK

Singer Shivangi Sharma, who is known for her song 'Roshni', has collaborated with cricketer-singer DJ Bravo for the song 'Party Party'. Shivangi has shared her experience of working with DJ Bravo, who is known for his aggressive lower-order batting. Talking about the same, she said, "I have known DJ Bravo for more than six years but we never worked together. This is the first time I worked with him professionally and I just started respecting him even more. He's absolutely a gem and a thorough professional guy. Our call time for the shoot used to be 5.30 a.m. and he used to be ready at 5.15 a.m., despite sleeping for just 2 hours. He was totally jet lagged but his energy on set was out of the world."

Not just punctuality, the cricketer-singer is also a prankster and a funny guy as one can gauge from his on-field demeanor.

She further mentioned, "He's a big time prankster and played pranks on me many times on set specially after pack up. So we



were shooting in the Palace of Queens in England and there were so many hideouts in the palace. So just after finishing the shoot we both were going together towards our rooms because I was wearing heels, I was little slow

in walking so he reached early and hid himself somewhere and when I was crossing that place he was like wuhuuuuuuuu in a loud voice and instead of getting scared, I was laughing." The singer is also gearing up for another song of hers titled 'Same Old Lies'. Talking about the same, she said, "This song is about getting cheated by a guy which is totally relatable to many because it's going on in the society quite a lot and I have experienced it personally too. Most importantly, I shot the song in the US as I literally waited for the fall season to shoot this music video inspired by the song 'Tumhi Dekho Na (KANK)'. I just love the fall season and I made up my mind that I'm going to shoot one of my songs in America during Autumn." However, the planning of the shoot was not a cakewalk rather it was far from one, as she added, "It takes a hell lot of planning to do so as I was checking on the weather forecast every single day because I wanted to shoot on a sunny day since during that time the climate changes every hour."

## Abhishek Bachchan Recalls His Successful Acting Stint In 2022, Says 'It's A Blessing To Be A Part Of Good Scripts'

From playing a rough and eccentric politician in 'Dasvi' to delivering a nail-biting performance in 'Breathe: Into The Shadows' season 2, Abhishek Bachchan silently broke many records this year. He rules the OTT platform like no other. 'Dasvi', released on an OTT platform, topped the chart and trended across 18 countries. The movie showed a new side of Abhishek Bachchan, who enacted the role of a politician who accepted the challenge of clearing

his 'Dasvi'. The film also had Nimrat Kaur and Yami Gautam playing pivotal roles.

His most recent release, the second season of 'Breathe: Into The Shadows', received over 15 million views in two weeks. In one of the interviews, Abhishek mentioned working on 'Breathe: Into The Shadows'. He said, "It's a challenging genre to execute because thrillers are rare. For me, it was the character that drew me to the project. I loved Mayank's writing.



There's a powerful reason why this story moves ahead. That is integral to a good thriller. It wasn't superficial at all. That's why it is difficult to come across an engaging thriller. If you are emotionally invested, it goes to good use.

## 'DHARM YODDHA GARUD' ALL SET TO GO OFF-AIR, TORAL RASPUTRA CALLS IT A LEARNING EXPERIENCE

Balika Vadhu' actress Toral Rasputra talks about her show, 'Dharm Yoddha Garud' going off-air and how it was to be part of the mythological drama after doing a number of fictional serials.

She says, "I had absolutely fallen in love with my role. It has been an honour to be a part of this amazing storyline with a compelling plot. The show helped me extend my knowledge of mythology, making me curious about the Goddess's existence and anxious to visit the set day after



day." Toral, who participated in the reality series like 'Bigg Boss 6', 'Box Cricket League 2', and

was seen in daily soaps such as 'Kesarvani Balam Aavo Hamare Des', 'Madhubala-Ek Ishq Ek Junoon', 'Uttaran', 'Rangrasiya', 'Beintehaa', among others.

Toral is happy with the kind of response she got from the audience for her role. "I feel happy that the audience appreciated my performance and I have been equally happy to portray a compassionate and affectionate character. I would like to thank my fans for giving me and my character so much love."

Faisal, who played the lead role of Garud in the show, says

that he has learned a lot about mythology and though it was quite challenging to shoot for long hours, he enjoyed every bit of it.

"This show has been an integral part of my journey as an actor and has taught me a lot about mythology and the power of love and forgiveness.

While it was sometimes challenging to shoot long hours in heavy costumes and make-up, I enjoyed working on the show as it taught me to be selfless, honest, and obedient just like Garud," he shares. While 'Sapna Babul

## Anushka Sharma's vintage photoshoot from surprise Qala cameo wows fans: 'Beautiful as always'

Anvita Dutta's Qala not only marks the late Irrfan Khan's son Babi Khan's acting debut, but it also has a special appearance from Anushka Sharma, who was last seen in the 2018 film Zero, co-starring Shah Rukh Khan and Katrina Kaif. On Tuesday, Anushka took to Instagram to share pictures of herself from the Qala set. The actor was seen in a retro look as she appeared in a black-and-white sequence during the song Ghode Pe Savaar in Qala.

Sharing her pictures via an Instagram post, Anushka Sharma wrote in the caption, "Koi unhe kaise yeh samjhaye, Anvita Dutta aap hi yeh batain (how to make them understand, you only tell me Anvita). Loved loved loved being a part of Qala's journey!"

In the black-and-white photos, Anushka wore heavy pearl jewellery, and flaunted a short hairdo with her plain saree. She posed with a white feather in a few photos, and also stood on a



cardboard moon in a sequence from the song, which was sung by Triptii Dimri's Qala in the movie. The Netflix film also features Swastika Mukherjee.

Anushka Sharma fans expressed their joy after seeing her back on the screen after a hiatus. Many left heart emojis in the comments section of her post. One wrote, "Wow, so beautiful." Another comment read, "Beautiful as always." One fan also commented, "Love the vintage look." A comment also

read, "Missed you, vintage beauty."

Earlier, Anushka had reviewed Qala after watching the film. She wrote on Instagram, "A daughter's heart-breaking yearning for her mother's love. Qala is a work of art. It's heart-breaking and exhilarating equally."

Exhilarating because of the genius of each department that comes through in telling this detailed story and heart-breaking for portraying emotional

abuse by an emotionally unstable parent in a way that had never been done before by a film..."

Qala is a psychological drama, which revolves around a young singer, who is haunted by her past, while she tries to win her mother's approval. Anushka is the former co-owner of Clean Slate Filmz, which also produced Anvita's directorial debut Bulbul (2020). The Netflix film also starred Triptii in the lead.

# Eat right to fight obesity - study names the nutrient you have been missing so far

Nutrition is the answer to all health problems - it is the one factor which not only increases but also decreases the odds of developing chronic and acute diseases. But just like there are nutrients which increase appetite, there are others that could curb the same - and in a world where the incidence of obesity is unpleasantly high, it is of paramount importance to make a choice which curbs cravings. According to a new study, when the body starts to crave more food than usual, it could mean that it needs proteins - a macronutrient which works wonders in fighting obesity.

Published in the Obesity journal, the study included an analysis from the National Nutrition and Physical Activity Survey which



was conducted from May 2011 to June 2012. Involving 9341 adults with an average age of 46.3 years, dietary and physical habits were taken into consideration and it

was discovered that their diet included 30.9 per cent fats, 18.4 per cent proteins, 4.3 per cent alcohol, 43.5 per cent carbohydrates and 2.2 per cent fibre.

recommended by How does lack of proteins affect health?

People involved in the study discovered that participants who did not eat ample proteins for breakfast ate more during the rest of the day. And eating fewer proteins meant low calorie intake during the day. Experts also discovered that eating fewer proteins was associated with a high salt, sugar and fat diet along with increased reliance on alcohol and low intake of legumes, fruits, dairy, vegetables, lean meat and grains.

Lack of proteins was also associated with increased reliance on processed foods high in simple carbs, nutrition-stripped food and sugar. This eventually dilutes levels dietary proteins further adding

to the risk of obesity and chronic diseases.

Excess intake of processed food can contribute to inflammation and nutritional deficiencies, fatigue, inflammation and inability to lose weight.

What are the health risks of obesity?

Obesity or being overweight comes with several health risks.

These include:  
Type-2 diabetes  
Hypertension  
High cholesterol  
Sleep apnoea  
Negative emotions  
Poor overall health  
Gout  
Osteoarthritis  
Gallbladder diseases  
Calcitonin  
Breathing problems

## From Weight Loss To Better Digestion, Here Are Reasons Why You Should Include More Fibre To Your Diet



You just don't always eat food for good taste. It's also about supplying your body with the essential nutrients it needs for proper growth and development. One such important plant-based nutrient is fibre. Broadly, there are two types of fibres - soluble and insoluble. Right from ensuring smooth bowel movements to helping you in shedding those extra kilos, fibre goes a long way in keeping your system healthy. Some of the most interesting ways to have fibre are through vegetables, fruits, seeds and nuts, whole grains and others. Nutritionist Lovneet Batra via her Instagram page 'Nutrition by Lovneet' shares a post stating why your diet should be rich in fibre.

7 reasons why you should eat more fibre

1) Fibre feeds your friendly gut bacteria:

Adequate amounts of soluble, fermentable fibre optimizes the function of the friendly bacteria in your gut. Therefore, consuming the same is very important for optimal health.

2) Helps maintain bowel health:

It's a common understanding that increasing fiber intake reduces the issue of constipation. It's believed that fibre absorbs water, increases the bulk of stool and speeds up the movement of stool through the intestine.

3) Reduces hunger hormone levels and increases satiety:

Do you know what's the hunger hormone? Ghrelin. So, a good intake of fibrous food items ensures that ghrelin makes you feel less hungry, and cholecystokinin GLP-1 and peptide YY fill you up, altogether leading to a reduction in gut intake

4) Can reduce your cholesterol:

Yes, you read that right. A diet rich in soluble fiber keeps the LDL or "bad" cholesterol levels in check, ultimately reducing total cholesterol.

5) Controls your blood sugar spikes:

Therefore, it is believed that people with diabetes must consume fibre-rich food items. The things that contain viscous fibre have a lower glycaemic index and cause smaller spikes in blood sugar than foods that are low in fiber.

## Tomatoes Are Really Good For Your Gut Health: Here's Why

The carotenoids found in tomatoes, such as lutein and lycopene, are very important to our health. These carotenoids are also associated with properties that can prevent prostate cancer. By consuming tomatoes on a regular basis, you can ensure that your body receives an array of nutrients that will assist in its optimal function [1].

According to a recent study, tomatoes may improve gut health. The study was conducted on piglets fed a tomato-supplemented diet for 14 days, which resulted in a shift in the balance of gut bacteria in favour of a healthier, more beneficial strain [2].

So why use piglets for the study?

There is evidence that the gastrointestinal



tracts of pigs and mice are more similar than the gastrointestinal tracts of humans. Tomatoes And Gut Health Here are the major findings from the

study:

Point 1: After 14 days of feeding the study subjects tomatoes, the researchers observed a shift in the proportion of Bifidota ("bad") bacteria to Bacteroidota ("good").

Point 2: In both types or lineages of bacteria, known as phyla, a large number of bacteria are present, some of which are beneficial to the pigs, demonstrating the benefits of a tomato-rich diet on digestion and gut health.

Point 3: It was found that the tomato group exhibited a greater bacterial diversity, which may indicate a healthier phenotype (phenotype refers to an individual's observable characteristics, such as height,

eye colour, and blood type).

Point 4: However, it was also pointed out that even two individuals or one individual on different days may not have identical germs in the gut. Gut microbes are so dynamic that even if you are stressed out for an hour, your microbes may be different. This highlights the limitations of the findings as well as the need for further research into the correlation between tomatoes and gut health.

Tomatoes Are Good For Gut Health

Other health benefits of tomatoes:

Including tomatoes in the diet may help prevent cancer, maintain healthy blood pressure, and reduce blood glucose levels in people with diabetes.

## High blood sugar: Eating sugar DOES NOT cause diabetes - Debunking 5 myths about the disease

Diabetes myths and facts: High blood sugar or diabetes is a serious health ailment and there are lot of complications that are caused by it. According to World Health Organization, about 422 million people worldwide have diabetes, the majority living in low-and middle-income countries, and 1.5 million deaths are directly attributed to diabetes each year. While in itself a big health hazard, high blood sugar also complicates other existing problems and affects organs like the eyes and kidneys. While lifestyle modifications lead to diabetes control, there are lots of myths associated with diabetes. Dr Aniket Mule, consultant internal medicine, Wockhardt Hospitals, Mira Road says, "There are a lot of myths associated with diabetes that are all too commonly considered facts. Lack of proper knowledge can lead to the stigma around dia-

betes. It is essential to get all your doubts cleared by an expert to manage diabetes with ease and lead a healthy life."

Myths and facts about high blood sugar

Dr Aniket Mule shares, "Diabetes is a chronic disease wherein the body is unable to glucose (sugar) in the blood. People diagnosed with diabetes are often confused regarding what to do and avoid. They think that diabetes is caused due to eating too much sugar and they should completely avoid sugar once they get diabetes." These are some of the popular myths linked to diabetes, as mentioned by Dr Mule:

Myth: Diabetes is not at all serious and it is OKAY to neglect it

Fact: If you have diabetes, it is imperative for you to take utmost care of yourself. Diabetes is a lifestyle disease and needs prompt management. Unmanaged diabetes can lead to a



stroke, cardiovascular diseases, kidney and liver problems, and even nerve damage. It can also lead to gangrene and leg amputation. It will impact one's quality of life. So, be careful if you have diabetes.

Myth: One gets diabetes as they eat a lot of sugar

Fact: Genetics, poor eating habits, lack of physical activity, stress, and obesity are some of the

risk factors for diabetes. Eating sugar will not cause diabetes. But you should avoid sweets and sugary beverages.

Myth: If one is on insulin then it means one should not have any lifestyle changes

Fact: When one gets diagnosed with diabetes then the blood sugar may be managed via diet, exercise, and medications. However, the medications may

not be effective in the case of some people and they may need insulin injections to help control their blood sugar levels. But, when one is on insulin, he/she will still need to adhere to a proper diet and exercise routine.

Myth: Women with diabetes are unable to conceive

Fact: Women who manage their diabetes can have a normal pregnancy and give birth to a healthy baby.

Myth: Those with diabetes should avoid exercising as it is not safe

Fact: This statement is completely false. In fact, one should exercise daily to control blood sugar levels. Exercise helps boost the body's sensitivity to insulin. It is better to exercise for 5 days a week for at least an hour. You can take the help of an expert regarding which exercise is suitable for you. Moreover, you can at least start by walking.

## World Diabetes Day: Rainbow Hospital begins free screening

Rainbow Specialist Medical Centre, a private hospital with a focus on the management of diabetes and other endocrine and metabolism conditions, has commenced free diabetes screening and education for members of the public. The exercise which is part of activities to mark the 2022 World Diabetes Day, WDD, kicked off on Monday, November 14 and will end on Wednesday, November 30 from 9 am to 4 pm Mondays to Fridays at the hospital premises in Lekki phase 1. A statement signed by the Medical Director of the hospital, Dr. Afoke Isiauwe, explained that World Diabetes Day is marked worldwide by the International Diabetes Federation, IDF, and the World Health Organisation, WHO, on November 14, every year. The theme for this year's diabetes awareness month and World Diabetes Day is "Education to protect tomorrow", which the hospital says remains its core activity in its efforts to provide quality care for Nigerians living with diabetes while also creating awareness of it's growing increase in the country. "We are therefore encouraging everyone including people living with diabetes and their family members to seize the opportunity of this exercise to know their status and how to care for people living with the condition.

## I tried adding five minutes of ab exercises to my strength workouts - here's what happened

I'm lazy with ab workouts but wanted this to change so I tried adding a few core building moves to my staple weight training workouts

I've grown a real love for weight training over the last couple of years and enjoy the physical and mental strength I gain from practicing it. But as I have channeled my time and effort into learning this skill I've taken less time to focus on growing my abs. So I've been trying to muster back up the motivation to train my core without taking the fun out of my usual workout schedule.

Rewind to being in lockdown during the pandemic and I was completing many of the best workouts for abs near enough every day to pass the time and feel like I was staying in shape. But as soon as I could get back to the gym I was set on building up my strength and muscle again using equipment like the barbell and some of the best kettlebells to challenge my lower and upper body.

Lo and behold, core strength is essential when it comes to weight training in order to improve form, help with posture, and protect the back from injury. I may have learned how to deadlift properly but if I want-

ed to progress in my training and lift heavier, I knew I'd have to pick up some core strengthening exercises sooner rather than later.

I decided that the only way I'd be able to form some kind of habit with ab training and remain consistent with it was to add a short bout of moves onto the end of my usual workouts. After every strength session, I grabbed one of the best yoga mats from my gym and rounded off things with a five-minute ab finisher. I tried to target all areas of my core by performing 45-60 seconds of different exercises like planks, side planks, crunches, and deadbugs. This is what I noticed.

I ENJOYED THE PAIN

Without sounding too sadistic, I liked the soreness that I felt in my core after working it out. It was reassuring that I had successfully targeted my abdominal and core muscles even though I was only doing five minutes of bodyweight moves to get results.

It was also very normal for me to experience muscle pain in my stom-



ach when laughing or sitting up in bed following my ab training. The American Council on Exercise (opens in new tab), explains that DOMS (delayed onset muscle soreness) is a natural process of the body following intense exercise. It usually develops between 24-48 hours after a workout and within 72 hours your body typically will have repaired the tears in

your muscles. Don't get me wrong, the first week of workouts was pretty brutal. My abs weren't used to being challenged in this way and needed longer to recover. However, the more sessions I finished off with abs, the less sore the exercises felt. It reminded me of the painful feeling your butt feels after getting on a bike seat after a long time. The first ride is agony

and the pain lingers until your lower half adapts to the feeling of sitting on a small bike seat again.

IT WAS A DIFFERENT CHALLENGE FROM WEIGHT LIFTING

The free weight section of a gym can have a more intense feel to it than other sections do. Depending on your goal it often has a focus on moving up a weight. For me, I try and use the progressive overload technique to avoid hitting a plateau and continue making strength and muscle gains. When I move up a weight plate or dumbbell I typically see this as a signal of improvement and power but I still like to have a more holistic approach to fitness and not just define my strength by weights.

It was certainly humbling, finishing up a big leg day, placing myself in a plank position, and struggling to hold a perfect plank position for more than a minute.

I had more admiration for the people around me in the floor section holding V-sits and performing heavy weighted Russian twists than anyone

else in the gym as it takes just as much discipline and consistency as it does the person in the gym who can squat the heaviest.

AB WORKOUTS CAN INCORPORATE WEIGHTS

The stronger my core became, the more challenging I could make it was spending on abs at the end of my strength sessions, I decided to incorporate some weights into my exercises. Sometimes this looked like adding these dumbbell ab exercises onto the end of my training and incorporating the weight into well-known moves such as crunches, dead bugs and plank variations. If ever I don't make it to the gym, I can use a set of the best adjustable dumbbells at home to get in an ab workout and can still increase the challenge by increasing the weight load on the spot.

Or for the days, when I have no desire to get on the floor for core training or have a bit of an achy back I complete standing ab exercises.



## My Town My Pride: Youth top most priority of government: Dr Samoon

**Inspects dev works in Kupwara town, distributes awards among officers, functionaries, media persons**



**JJ NEWS SERVICE**  
KUPWARA, DECEMBER 06: Principal Secretary Skill Development Department, Dr. Asgar Hassan Samoon, today on 2nd and concluding day of My Town My Pride programme, inspected various development works in Kupwara town.

He inspected marriage hall at Geerhati Zangli, coming up at a cost of Rs.220.92 lakh. He was informed that the marriage hall comprises of 1 hall, 4 rooms, 2 toilets and compound and parking facilities. He appreciated the efforts of Deputy Commissioner Kupwara and Chairman Municipal Council for identifying the picturesque place for the marriage hall.

The marriage hall is situated on the banks of Nallah Lolab in the lap of lush green forests. Chairman MC Kupwara, Riyaz Ahmad Mir, ADC Kupwara, Ghulam Nabi Bhat, EO MCK and DIO Kupwara accompanied the Principal

Secretary. Principal Secretary also presided over the valedictory function at Town Hall Kupwara during which he distributed awards of appreciation among the officers of district administration, functionaries of the Municipal Council Kupwara and media persons for successful conduct of ambitious 'My Town My Pride' programme.

Addressing on the occasion, Principal Secretary said that Kupwara town is fastly emerging as a hub of trade and business and people in the rural areas connecting Kupwara town have expectations on the Town Kupwara.

He said development of Kupwara and other towns of the district is top most priority of the government and various developmental initiatives are under progress and some new plans are in the pipeline for development of Kupwara district.

He mentioned the name of various projects including Four Lane road, Medical College, University campus, Polytechnic college and ITIs. He said that employment generation is paramount concern for the government which is being addressed by way of different self employment generation schemes like PMEGP and Mission Youth. He said that youth is the top most priority of the government adding that he has to be shown the right direction to harness their hidden potential and talent. He said 8000 unemployed educated youth including 8000 from Kupwara district are being trained under different skills with financial assistance for setting up of their self employment units.

Principal Secretary said that government jobs are being created through a proper recruitment process. He appealed youth to come forward and take benefit under different self employment schemes which is the only way to overcome the problem of unemployment.

Dr. Samoon said that Kupwara district has a vast potential for generation of employment avenues in different fields including Agriculture, Horticulture, Food Processing, Walnut processing, Dairy and Tourism sectors.

He said various developmental initiatives have been taken up recently by the district administration including construction of river fronts along with public parks for tourist attraction.

## Day 2 of 'My Town, My Pride' 2.0': Array of activities held at Pulwama

**Talat Parvez visits sports stadium, inaugurates sports activities, interacts with youth, sports persons 'We are witnessing transformation under LG administration, a change which could not happen in last 70 years', tells a citizen of Pulwama**

**JJ NEWS SERVICE**  
PULWAMA, DECEMBER 06: The second phase of 'My Town, My Pride' today conducted across Pulwama with an array of activities held across all 05 municipalities of the district amid overwhelming public participation.

Secretary, Hospitality and Protocol, Talat Parvez Rohella, visiting officer for Municipal Committee Pulwama, participated in various activities held in the MC.

Secretary said that 'My Town, My Pride', aims to deliver public services at doorsteps, build developmental initiatives on the feedback, cooperation and participation from people and strengthen strong and vibrant local self-governance.

He reiterated that during the programme, the administration has made sure to deliver public services at doorsteps.

Talat Parvez appealed the citizens to participate in such program to discuss their development issues and share feedback and take part in the decision making process.

On the occasion, the Talat Parvez held interaction with the locals, civil society and PRI representatives of

their respective Municipalities to take stock of public demands, grievances and other developmental needs.

Commissioner distributed Land Passbooks, Age Certificates, Golden Cards, Vehicles under MUMKIN scheme, PMAY cheques and various other benefits under 'Beti Bachao Beti Padhao' scheme among the beneficiaries.

Talat Parvez along with DC Pulwama also attended a painting competition organised by Education Department under Jan Abhiyan, wherein a large number of students participated and displayed their artistic skill. He was accompanied by SSP Pulwama Ghulam Jeelani, ADDC Pulwama Dr Sheikh Abdul Aziz besides other district officers.

Visiting officers, during the programme, took stock of the progress on various schemes/plans being implemented by various departments.

Deputy Commissioner Pulwama, Baseer-ul-Haq Choudhary, also visited MC Pulwama and interacted with people along with visiting officers. He took part in MTMP activities and listened to public issues and sought feedback

from the public on development works and implementation of welfare, digital services. He said that during the 2nd phase of 'My Town, My Pride' discussions and on-spot redressal related to developmental issues was held across the town.

Meanwhile, visiting officer Firdous Ahmad Giri along with ADC Tral visited various places in Tral town and took stock of facilities being provided by the government to the general public.

Pertinently, "My Town My Pride 2.0" Programme was held in all five municipalities of the district like MC Khrew with visiting officer Mohammad Younis Malik, Joint Financial Commissioner Agrarian Reforms, MC Tral with visiting officer Dr Firdous Ahmad Giri, Secretary J&K BOPEE, MC Pampore with visiting officer Purnima Mittal, Director Animal Husbandry Kashmir and MC Awantipora with visiting officer Ashiq Hussain Lily, where detailed discussion was held with the said Visiting officers by the district officers regarding different development projects. Besides, issues being faced by the common masses of different panchayats were listened to by the Visiting Officers.

A number of grievances were solved on the spot and rest were forwarded to the concerned departments for prompt redressal.

Officers/officials of various line departments, DDCs, BDCs, PRIs and people in large numbers participated in these MTMP programmes.

## My Town My Pride 2.0 concludes in Rajouri; Plethora of activities carried out across all ULBs

**Principal Secretary ARI participates in MTMP activities at MC Rajouri, Sports stadium Kheora**

**JJ NEWS SERVICE**  
RAJOURI, DECEMBER 06: The second edition of ambitious 'My Town My Pride' program today concluded in Rajouri with plethora of activities carried out on its final day across all the ULBs. People in large numbers from all sections of the society participated in the program with great enthusiasm. At Municipal Council Rajouri, a mega program was organized here at Sports Stadium Kheora which was presided over by the Principal Secretary, ARI and Training Department, Ashok Parmar.

A number of activities including sports activities, cultural programs and other activities were carried out on the occasion. Principal Secretary inspected the stalls set up by different departments including Animal and Sheep Husbandry, Banks, Handloom and Handicrafts, Agriculture Production Department, JKRLM etc at the venue depicting their schemes and programs.

While interacting with the officers and field functionaries during the inspection of stalls, Principal

Secretary asked them to make dedicated efforts to ensure that the benefits of the government schemes and programs reach to the last beneficiary in queue.

Ashok Parmar also asked them to educate the public about various schemes and programs launched by the Government for the welfare of the public and motivate them to avail the benefits of the same.

Principal Secretary also handed over keys of commercial vehicles under the MUMKIN scheme and sanction letters to beneficiaries under Day NULM. He also distributed sanction letters to the street vendors under SVANidhi scheme and agriculture machinery to farmers. While interacting with the beneficiaries, the Principal Secretary said that a number of livelihood generation schemes have been introduced by the Government for the benefit of the public and advised them to avail the benefits of the same.

Some Sarpanches were also felicitated by the Visiting Officer.

Later, Principal Secretary also inspected a number of developmental projects and Govt institutions of

Rajouri town including Bus Stand and Material Recovery Facility at Bella Colony, houses completed under PMAY-U, pump room at town and teshil office etc.

Among others who accompanied the Principal Secretary were ADDC, Pawan Kumar, ADC Rajouri, Sachin Dev Singh, Tehsildar Rajouri, Varinder Sharma; EO MC Rajouri, Mohammad Yaqoob and other officers. President MC Rajouri, Mohammad Arief; Councillors including Pushpinder Gupta; Rajesh Gupta; Sanjay Sharma; Rajinder Gupta and Mamta Dutt also accompanied the Visiting Officer.

It is pertinent to mention here that similar overwhelming response has been received from the general public in all the other ULBs including Sunderbani, Kalakote, Nowshera and Thanambdi where people in large numbers from all sections of the society took part in My Town My Pride activities.

The festival of development has been celebrated with gaiety and the public has also acknowledged the tireless endeavors of the LG Administration to strengthen the democratic set up at grass root level and assured for full cooperation in making this initiative a grand success in the district.

## My Town My pride 2.0 concludes at Shopian

### DC listens to people's issues, sought suggestions for sustainable development of the town



**JJ NEWS SERVICE**  
SHOPIAN, DECEMBER 06: Ambitious 'My Town My Pride' phase 2 programme launched by the government concluded on Tuesday with a grand function held at Municipal Council Shopian.

Deputy Commissioner (DC) Shopian, Sachin Kumar Vaishya presided over the function at Shopian and listened to suggestions and demands of the public.

The citizens on the occasion demanded separate mechanical division for Shopian, multi storied car

parking, beautification of town, establishment of Women's College, strengthening of DH and better medical facilities, better power supplies, curbing drug addiction among others.

Speaking on the occasion, DC presented initiatives taken for the development of the town, like introduction of cinema hall for Infotainment, strengthening of health infrastructure, scientific waste disposal, curbing drug abuse, other facilities like slaughter houses etc. Vaishya also intimated

that the government is strengthening ULBs by giving more financial and supervision of departments. He appealed to the people to provide suggestions for the development of the town and called upon all to give their full cooperation to the administration for making more strides on improving development parameters.

He also sought cooperation from all to fight along with administration on drug addiction and said My Town, My Pride, aims to deliver public services at

doorsteps, build developmental initiatives on the feedback, cooperation and participation from people and strengthen strong and vibrant local self-governance.

He initially inspected stalls installed by different departments to aware people about their schemes and programmes.

On the occasion, colourful and mesmerizing cultural programmes were also presented to enthral the audience.

Meanwhile, registration counters were set up by the departments at the designated venues where people were apprised of government schemes and beneficiaries were also registered on spot. The two day event witnessed huge public participation and the town remained abuzz with the festivities of the Government's outreach programme 'My Town My Pride' phase 2.

## Director Agriculture Kashmir chairs meeting of Organic/ Bio fertilizer companies

**Says quality Inputs (fertilizers) play important role in successful crop cultivation**

**JJ NEWS SERVICE**  
SRINAGAR, DECEMBER 06: The Director Agriculture Kashmir, Chowdhary Mohammad Iqbal today chaired a meeting of organic/bio-fertilizer companies at Agriculture Complex Lalmandi, here.

The meeting was attended by Deputy Controller Fertilizer J&K Mohammad Sayeed Peer, Deputy Director Law Enforcement Srinagar, Assistant Director Law Enforcement Srinagar, District Law Enforcement Officer south/north, representatives of organic/bio fertilizers companies, representatives of Ms IFCL, IFPCO, NFL, IPL, KRIBHCO and other concerned stakeholders. During the meeting, various issues related to smooth supply of fertilizers during the rabi 2022-23 were discussed thereabout. Speaking on the occasion, the Director highlighted the importance of smooth and timely supply of fertilizers to the farmers of the



region. He further exhorted upon the fertilizer supplying companies and officers of the department for liquidation of all pending stocks held in POS machines.

Director marked the importance of quality inputs especially fertilizers for the successful agriculture season in the UT. He asked the stakeholders to work in close coordination and ensure to put in all the efforts to secure the farmers'

economic interests. He directed the enforcement officers to initiate strict action according to law against the retailers if found selling fertilizer and other inputs without following the set guidelines.

Iqbal said any sub standard/ spurious fertilizers if found should be immediately seized and the warranted action as per law against the erring parties should be initiated.

## International volunteers Day celebrated in Srinagar

**ADC Srinagar stresses on promoting volunteerism in society/youth to infuse spirit of empathy among masses**

**JJ NEWS SERVICE**  
SRINAGAR DECEMBER 06:- To mark the International Volunteers Day, the District Red Cross Committee, Srinagar in collaboration with Kashmir Harvard Educational Institution today organized a grand programme here in the auditorium of Kashmir Harvard School with the theme "Solidarity through Volunteering".

The Additional Deputy Commissioner, Srinagar, Dr Syed Haneef Balkhi over the function.

Chairman, Kashmir Harvard Tariq Ahmad Baktoo, Vice Principal Mukhtar Ahmad Kant, besides District Social welfare Officer, Srinagar, Dr Mukhtar Ahmad, BMO Hazratbal, Dr Farah and other concerned were also present in the programme.

The International Volunteers Day is celebrated across the globe to recognize and appreciate volunteers of Red Cross

Society for their selfless services for the betterment of humanity.

Speaking on the occasion, Dr Syed Haneef Balkhi congratulated the volunteers who have been continuously serving humanity irrespective of colour, caste, creed and religion.

He highlighted the role of volunteers during natural calamities, accidents and other emergencies. He appreciated the volunteers for rendering services for the noble causes to be more effective during natural calamities.

The ADC said the day is observed to offer an opportunity for volunteer-involving organizations and individual volunteers to promote volunteerism, encourage Government to support volunteer efforts and recognize volunteer contributions to the achievement of the Sustainable Development Goals at Local, National and International levels.

The ADC stressed on promoting

spirit of volunteerism in society and said that the young generation should be prepared from the very beginning toward this noble cause to infuse the spirit of empathy among them towards those who need help in the difficult times.

Chairman, Kashmir Harvard, Tariq Ahmad Baktoo also spoke on the occasion and highlighted the importance of celebrating International Volunteers Day.

While speaking on the occasion, BMO Hazratbal, Dr Farah laid focus on the importance of volunteerism.

Earlier, Vice Principal, Kashmir Harvard, Mukhtar Ahmad Kant welcomed the dignitaries and other participants.

On the occasion, famous Blood donor, Shabir Hussain Khan who has donated 180 points of blood was also felicitated.

# Chief Justice e-inaugurates new court complex D H Pora, Kulgam

**J1 NEWS SERVICE** KULGAM, DECEMBER 06: Chief Justice, High Court of Jammu & Kashmir and Ladakh, Justice Ali Mohammad Magrey, accompanied by Justice Rajesh Oswal, Judge High Court of Jammu & Kashmir and Ladakh, (Administrative Judge for District Kulgam), e-inaugurated New Court Complex D H Pora in presence of Registrar General, Sanjeev Gupta, Principal Secretary to Chief Justice, Aijaz Ahmad Khan, Anoop Sharma Registrar Computers, High Court of Jammu & Kashmir and Ladakh from conference room of High Court of J&K and Ladakh. Chief Justice, speaking on the occasion, said that this court will cater to the legal requirements of its native village, Wattoo.



During e-inauguration of Court complex at D H Pora, Chief Justice said that best court infra-structure will serve the needs of the litigants who approach the court for getting justice. The new court complex would provide a comfortable and conducive environment to the advocates to work with added efficiency for the cause of justice. Rajesh Oswal, administrative Judge for District Kulgam, appreciated Chief Justice for evincing keen interest towards streamlining infra-

structural development of courts across the UTs of Jammu and Kashmir and Ladakh. He said that advance infrastructure will pave way for timely justice dispensation. Mohammad Ashraf Bhat, Principal District and Sessions Judge, Kulgam, maintained that people of D.H Pora are proud of Chief Justice for holding top position in the Judicial hierarchy of J&K. He emphasized that Munsiff Court D H Pora though established in the year 1984 has never had an occasion to have a permanent place of work till date. But it is because of the persistent endeavours of Chief Justice that the dream of having a Court building, and of this magnitude, has come true. The efforts put in by Chief Justice in justice delivery system, whether it is access to justice or infra-

structural development, can never be forgotten. President Bar Association D.H.Pora, Advocate Syed Rouf Geelani, appreciated the role of all the Presiding Officers and the Principal District and Sessions Judge, Kulgam, towards timely justice dispensation. The inauguration function was attended by Dr. G.V. Sundep Chakravarthy, SSP Kulgam, Showkat Ahmad Rather, Additional District Development Commissioner, Kulgam, Bashir-ul-Haq, Sub Divisional Magistrate, D.H.Pora, Assistant Executive Engineer, Housing Board Srinagar and Bar President, Kulgam. Mir Wajjaht Hussain, Incharge Secretary District Legal Services Authority, Kulgam presented vote of thanks.

# My Town My Pride: Visiting officers inspect developmental works at MC Handwara, MC Langate

DC Kupwara participates in valedictory functions at MC Handwara, MC Langate

**J1 NEWS SERVICE** KUPWARA, DECEMBER 06: The Deputy Commissioner (DC) Kupwara, Doifode Sagar Dattatray today visited Municipal Committees of Handwara and Langate to participate in the concluding functions of 'My Town My Pride' programme.

At Handwara, the Deputy Commissioner and Visiting Officer, Mission Director inspected the stalls established by various departments at Town Hall Handwara. They interacted with the stall holders and enquired about the services being provided. They also interacted with various public delegations and heard their issues.

The visiting officer for Handwara MC, Mission Director Dairy Development, Narendra Singh Balli and visiting officer MC Langate, Special Secretary Education Department, Naseer Ahmad Wani were present in their respective Municipalities. SP Handwara, Sheema Nabti; Presidents of Municipal Committee Handwara, Masroor Baidar and Shahnawaz Abdallah were also present, besides, officers, councillors, senior citizens, traders, transporters etc.

and awareness were held in all the 3 towns of the Kupwara district. Later, the dignitaries visited Girls Higher Secondary School Handwara and BHSS Handwara during which the students presented cultural variety programmes. They inaugurated the Library at BHSS Handwara. They appreciated the students for performing the cultural programmes. The dignitaries inaugurated the Botanical Garden and Sports Hall at GHSS Handwara.

Earlier, the Visiting Officer inaugurated the Marriage Hall in Handwara town in presence of President MC and EO. He also inspected the Dairy Milk Unit at Handwara and one Private Dairy Farm in the town. On the occasion, he asked Manager JK Bank to provide financial assistance to the

farmer so that he can upgrade his business. He also inaugurated the Public Park Braripora Handwara. At Langate, the DC participated in the My Town My Pride function and inspected the stalls and appreciated the stall holders for good performance.

On the occasion, the DC said that the My Town My Pride programme has generated good results at ground level and urged upon the people to follow the message of this ambitious programme and keep their surroundings and towns neat and clean. Meanwhile, the Visiting Officer for Langate MC inaugurated the Mega Project under BAPD at a cost of Rs.486.85 lakh in presence of President MC and concerned officers. He also presided over the function of MTMP at Town Hall Langate.

# Chief Justice addresses Judicial Officers on occasion of laying down of robes

**J1 NEWS SERVICE** JAMMU, DECEMBER 6: Chief Justice, High Court of Jammu and Kashmir and Ladakh, Justice Ali Mohammad Magrey, today addressed the Judicial Officers of both the UTs of Jammu and Kashmir and Ladakh on the occasion of his laying down the robes on 07-12-2022.

The High Court to be remarkable period, the memories of which will be cherished for all times to come. The contribution of Justice Magrey in the field of Judicial dispensation, legal services, infrastructural upliftment and contribution to IT related initiatives in the High Court and District Judiciary was acknowledged by all the speakers.

The address was virtually delivered from Jammu Wing of the High Court and all the Judicial Officers joined the event online from their respective places of posting. On behalf of the Judicial Officers, Principal District and Sessions Judge Leh, Yash Pal Sharma, Principal District and Sessions Judge Srinagar, Jawad Ahmed, Principal District and Sessions Judge Jammu, Sanjay Parihar and Member Secretary, J&K Legal Service Authority, M K Sharma, delivered the farewell address. The Judicial Officers described Justice Magrey to be the epitome of Justice and compassion. The speakers lauded the innings of Justice Magrey as High Court Judge as well as the Chief Justice of

The Judicial Officers wished good health and happy post retirement life to Chief Justice and conveyed him that he would be dearly missed by one and all. Chief Justice, in his emotional address, appreciated the Judicial Officers of both UTs for their competence, integrity, hard work, commitment and compassion towards their judicial work. He stressed that Judicial Officers of UT of J&K and UT of Ladakh are second to none in the entire country rather are far ahead of many. Justice Magrey acknowledged the contribution and the support rendered by the entire institution to him during his tenure as Judge as well as Chief Justice of the High Court of J&K and Ladakh. He emphasized that the Judicial

Officers must carry on the mission of Justice delivery adhering to oath and canons of the Judicial Institution.

Justice Magrey highlighted many areas of achievements made during his tenure which he contributed to the Judicial Officers, as achievement of such targets in judicial dispensation, legal services or IT related field could not have been accomplished without the active support of officers and their commitment towards the job which he termed to be divine.

On the Occasion, a short video clip highlighting the moments cherished by Justice Magrey with Judicial Officers was also displayed which made the entire participants to walk through the many facets of Justice Magrey's tenure with an emotional touch.

At High Court wing Jammu, the officers and Judicial Officers of the High Court Registry were present in person while others Judicial Officers participated online. The program was moderated by Anoop Kumar Sharma, Registrar Computers (IT) High Court of J&K and Ladakh.

# Div Com Kashmir inaugurates CBC's 5-day Multimedia Exhibition on Amrit Mahotsav at Anantnag

We need to value our freedom achieved as a result of countless sacrifices by our freedom fighters: P.K Pole

**J1 NEWS SERVICE** ANANTNAG, DECEMBER 06: The Divisional Commissioner (Div Com) Kashmir, Pandurang K Pole on Tuesday inaugurated a 5-day long multimedia exhibition on Azadi Ka Amrit Mahotsav (AKAM) at Sports Stadium Anantnag.

He expressed upon the masses to cherish and value the freedom our nation has got after sacrifices by our freedom fighters. He said we have read the stories of the sacrifices by these heroes but Amrit Mahotsav is an opportunity to feel the emotion and we as citizens need to do our duties honestly.

The exhibition is being organized by the Central Bureau of Communication (CBC), Ministry of Information and Broadcasting, Government of India from December 6 to December 10, 2022.

Chairman Municipal Council, Anantnag said that the Amrit Mahotsav is a festival to celebrate freedom and an opportunity for people to be part of the governance. He said that the My Town My Pride initiative of the J&K administration is a step towards bringing government to the doorsteps of the people.

Pole was accompanied by Dr. Basharat Qayoom, Deputy Commissioner (DC) Anantnag, Hilal Ahmad Shah, Chairman, Municipal Council Anantnag and Ashish Kumar Mishra, SSP Anantnag.

The DC in his address said that the multimedia exhibition is a step towards providing information about the schemes of the government to the masses so that the development reaches the last person in the queue. He urged the people to visit the exhibition to get insight into the freedom struggle. Dr. Basharat said that the multimedia exhibition complements the My Town My Pride and Back to Village campaigns of the UT administration which also aim for awareness among masses. Others present in the event were Dr. M.Y. Zagoor, Chief Medical Officer; Mohammad Khalil Ganie, Chief Education Officer and other officers and officials from CBC and district administration.

Earlier, in his welcome address Joint Director, CBC, Regional Office Jammu & Kashmir and Ladakh briefed the

the Amrit Mahotsav is a festival to celebrate freedom and an opportunity for people to be part of the governance.

guests about the mandate and activities of the CBC in Jammu and Kashmir. He informed that CBC's field offices are engaged in the mass awareness about the public welfare schemes of the government in remote rural and border areas of the UT.

He said that people have to be informed for empowerment of the society and the success of these schemes is dependent on the public awareness.

On the occasion Shahid Mohammad Lone, Field Publicity Officer, CBC informed that over the next four days people will be informed about different welfare schemes, the expert lectures, cultural programmes, activities for students, film screening and distribution of awareness material by the bureau.

He said officers and experts from various nodal departments have been invited to be part of the event.

Prior to this, the Div Com accompanied by DC, SSP and President MC Anantnag visited Town Hall Anantnag where they inspected the stalls setup by various departments for the My Town My Pride programme. A cultural show as well as a skit was also presented on the occasion.

Pole said that the aim of organizing the My Town My Pride program is to create a sense of belonging among the citizens so that they play a constructive role in the development of towns. He said that rights are accompanied by duties and the citizens must ensure that they keep their surroundings clean, use electricity and water judiciously and act as advocates for the planned development of town areas without indulging in haywire constructions.

# Commissioner Secretary Forest visits Ghora Gali at Gool

**J1 NEWS SERVICE** RAMBAN, DECEMBER 06: Commissioner Secretary Forests, Ecology, and Environment, Sanjeev Verma today visited Ghora Gali which is an ancient sculptural stone marvel in Sub-Division Gool of district Ramban.

The government has initiated various steps to promote tourist infrastructure and other logistic facilities in the area. The Commissioner Secretary inspected the site and evinced keen interest in the antique valuables and said that every effort will be made to preserve the site as a cultural heritage.

He also interacted with PRIs and the general public there. The Commissioner Secretary directed the concerned authorities to use funds available for executing the project to rejuvenate the Goragali stone sculptures and beautification to develop the area as a tourist destination.

Chief Conservator of Forest, BM Sharma, Additional Secretary Forest, Dhanatar Singh, ADC Harbans Lal, SDM Gool, Tanveer-Ul-Majid, DFO Ramban Dr. Rajan Singh, DFO Batote Kuldeep Singh, DFO SF, Mahesh Thakur and other officers also accompanied the Commissioner Secretary.

# My Town, My Pride: Anti-Corruption Day observed at PSPS Govt P.G. College for Women

Mayor Jammu motivates students to contribute towards evolving a corruption free society

**J1 NEWS SERVICE** JAMMU, DECEMBER 06: Padma Sri Padma Sachdev Government P.G College for Women on Tuesday organized a program to mark Anti-Corruption Day Under the aegis of My Town, My Pride. The Chief Guest of the event was Rajinder Sharma, Mayor Jammu. The program began with the lighting of the ceremonial lamp followed by Saraswati Vandana.

College Principal, Prof Minu Mahajan, the Mayor addressed the students and highlighted the varied problems faced by the public and the steps being taken by him as Mayor Jammu to combat the same. He emphasised the importance of ease of doing business by bringing in transparency in service delivery for common citizens. This will go a long way in preventing corrupt practices in the service sector, he said. He also impressed

upon the students to play their role in making a corruption free Jammu in particular and a corruption free India in general. The Mayor also appealed to the students to participate in large numbers in the march being organised on 9th of December, 2022 on the occasion of International Anti-Corruption Day. The Mayor's speech was followed by a skit highlighting the ill-effects of corruption. The program concluded with a formal vote of thanks

by Prof Vijender Sharma, HOD Sanskrit and the singing of National Anthem. The event was coordinated by Prof Parameet Singh in association with Staff Secretary Prof Mala Bhasin, Prof Anupama Sharma, Prof Neelam Thappa, Dr Chetna Mahajan, Prof Suman Bala, Dr Ashok Kumar, Prof Abhinav Sharma, Prof Varun Sharma, Prof Suraj Mohini and Dr Kusum. The event was attended by faculty members and students in large numbers.

# My Town My Pride: DC Shopian chairs joint meeting of ULB Members, Officers

**J1 NEWS SERVICE** SHOPIAN, DECEMBER 06: As part of 'My Town My Pride' (MTMP) programme, the Deputy Commissioner (DC) Shopian, Sachin Kumar Vaishya today convened a joint meeting of the ULB members and officers to discuss the issues confronting the Urban Local Bodies. Inaugurating the meeting, DC Shopian, Sachin Kumar Vaishya today convened a joint meeting of the ULB members and officers to discuss the issues confronting the Urban Local Bodies. Inaugurating the meeting, DC Shopian, Sachin Kumar Vaishya today convened a joint meeting of the ULB members and officers to discuss the issues confronting the Urban Local Bodies. Inaugurating the meeting, DC Shopian, Sachin Kumar Vaishya today convened a joint meeting of the ULB members and officers to discuss the issues confronting the Urban Local Bodies.

# 60th Annual Raising Day of Civil Defense & Home Guards celebrated at Srinagar

**J1 NEWS SERVICE** SRINAGAR, DECEMBER 06: On the eve of 60th Annual Raising Day of Civil Defense & Home Guards, contingents of Civil Defense wards/volunteers/ Home guards, SDRF and praised the achievements of Civil Defense. He also read out the messages received from the President of India and other dignitaries. Firdous Iqbal, Divisional Commandant, Home guards Kashmir also addressed the participating contingents and spoke about the Home guards. The officer read out messages received from the Prime Minister of India and some dignitaries as well.



My Town My Pride

Formulation of 'City Development Index' to ensure better assessment, planning, development & service delivery: Chief Secretary

Holds day long interaction with Prabharhi Officers, PRIs & Public

JJ NEWS SERVICE

JAMMU, DEC 06: On the second day of 'My Town My Pride' programme, Chief Secretary, Dr. Arun Kumar Mehta today held a day long live interaction with the visiting officers (Prabharis), President's and representatives of different Municipal Councils, Municipal Committees of Kashmir division at Civil Secretariat here.



During the interaction, the Chief Secretary held detailed deliberations on different deliverables with the officers and took on-spot assessment from them about the participation of general public in this public outreach programme.

While interacting with the officers, Dr. Mehta underlined that the MTMP has evolved into an Aspirational Town programme which will be a continuous affair. He added that the administration will establish City Development Index and the cities and towns will be ranked monthly as per that

index reflecting the pace of development and quality of service delivery in each of them. "The index will be more of a mirror for the cities and towns to compete with each other and thereby achieve best in both infrastructure and services provided to the public", Dr. Mehta observed.

While interacting with the officers and representatives of Municipal Wards, the Chief Secretary impressed upon them to encourage maximum participation of general public in the programme so that the prime objec-

tive of development is achieved. He asked them to involve educational institutions in the celebrations of MTMP and organise events to create awareness among public about different government beneficiary schemes and welfare programmes.

Dr Mehta further remarked that the Prabharhi Officers will continue to mentor the towns which were assigned to them as Visiting Officers for next few years so that there is a greater bond between them and the inhabitants for overall progress of these urban cen-

ters. He underscored the need for finalization of seven plans viz. City Livelihood Plan, City Smart Vending Plan, Encroachment Free Town Plan, City Tourism & Culture Plan, City Resource Mobilization Finance Plan, City Beautification Plan and Green City Plan details of which have already been provided to the visiting officers.

The Chief Secretary further mentioned about the importance of saturation of self-employment schemes and advised the Prabharhi Officers to monitor the progress of disbursement of loans to the aspiring youth. He stressed on the fact to ensure that all genuine cases are sanctioned and banks provide full cooperation in this endeavour of the government. He observed that the progress on this account will be reviewed after a month's period to assess the achievement made in meeting the objectives.

The Chief Secretary also

emphasized upon the visiting officers to ensure that all cases in respect of 75 schemes where J&K has achieved near saturation should be put on fast-track so that no case is left out.

While interacting with the Mayor SMC, JunaidMattu; Prabharhi officer Srinagar, Dheeraj Gupta and other corporators of SMC, Dr. Mehta enjoined upon them to organise events and activities with involvement of all the line departments so that the Srinagar City will emerge as one of the most vibrant cities of India in terms of development.

He asked them that not to restrict the events to MTMP programme only but keep it as a continuing affair and work towards making Srinagar one of the cleanest cities of the country. Dr Mehta asked them to explore the possibility of vibrant evening tourism in Srinagar city as it possesses tremendous potential for the same and organise cultural activities in winter months like in other countries where winters are alike Kashmir.

UNICEF India's Chief of Field Services calls on Lt Governor

JJ NEWS SERVICE

JAMMU, DEC 06: Ms. Jalpa Ratna, Chief of Field Services, UNICEF India today called on Lieutenant Governor Manoj Sinha here at Raj Bhawan.

Ms. Ratna apprised the Lt Governor about UNICEF India programmes in J&K and the work being done in collaboration with Government departments.

Discussions were also held on supporting alternative learning, career guidance, life skills education, capacity-building, community-based learning, community-based child protection mechanisms and child protection services and other key interventions in the education sector.

The Lt Governor assured cooperation and support of the UT administration in all its endeavours.

Director Rural Sanitation reviews implementation of SBM (G) in Poonch Rajouri districts



JJ NEWS SERVICE

JAMMU, DEC 06: Director Rural Sanitation UT of J&K, Charandeep Singh chaired a meeting to review the implementation of different components of Swachh Bharat Mission Grameen-Phase 2 in Poonch and Rajouri districts. The meeting was attended in person by the ADDC Rajouri, Assistant Commissioners Development, Assistant Commissioner Panchayats, District Panchayat Officers, Block development officers along with the other officials of the department.

The Director took an extensive district-wise review of the ongoing projects pertaining to Swachh Bharat Mission Grameen-Phase 2. He also reviewed the district-wise expenditure along with ODF-Plus updation, ongoing Gobardhan projects, Solid waste management assets, Liquid waste assets, plastic waste management status on segregation shed, retrofitting of toilets, 2nd Level verification report, Utilization Certificate 2021-22, and special emphasis was given to Door-to-Door waste collection. He directed all ACs to complete Door-to-Door waste collection works within a week's time.

The Director emphasized the importance of Swachh Sarvekshan Grameen-2023 (SSG-2023) and elaborated on the various activities under SSG 2023. He further directed all the officials for a wide participation in SSG 2023 activities and explained the village self-assessment and peer verification leading to the ranking of Gram panchayats and district level assessment leading to Assessment of States and UT levels of assessments in SSG 2023.

Tourism Department's Two day Houseboat festival begins today

JJ NEWS SERVICE

SRINAGAR, DECEMBER 06: The Department of Tourism is organising a two day Houseboat festival beginning Wednesday.

The festival would have components of local Music, food, art, culture besides showcasing and emphasising the heritage value of Houseboats.

The main highlights of the two day festival would be display of live music, putting up of Art gallery besides showcasing varied culinary and cuisine specialties.

Traditional folk music, a Floating stage and water screen on Dal waters, illuminated shikara carnival and live musical performances would also be part of the two day festival.

In this connection, Director Tourism Kashmir, Fazlul Haseeb today reviewed the arrangements put in place for holding the festival and showcasing varied components of tourism to the visitors.

Addressing the meeting, the Director Tourism said Houseboats have played a unique role in attracting tourists from across the globe. He said the Kashmir Valley's famed and intricately carved houseboats, which over the decades have emerged as dream stay for honeymooners, will be this winter season's main attraction.

Heavy Excavator, 15 tippers involved in illegal mining seized in Poonch

JJ NEWS SERVICE

POONCH, DEC 06: On the direction of District Development Commissioner Poonch, Inder Jeet, Geology and Mining department Poonch conducted a number of raids along Daraba River in Tehsil Surankote.

During the raid a heavy excavator and 15 tippers involved in illegal mining were seized. At majority of the locations, the drivers of the vehicles fled from the spot leaving their Tippers behind. The DMO has appealed public not to be a part of illegal mining and avoid buying material from any mining blocks without e-challan.

'My Town My Pride' programme concludes in Banihal, Batote MCs

JJ NEWS SERVICE

RAMBAN, DEC 06: The 'My Town My Pride' phase-2 programme concluded successfully in the Municipalities of Batote and Banihal in district Ramban.

Chief Executive Officer, Integrated Watershed Management Project (IWMP), Dr. Bharat Bhushan- the visiting officer held various programmes in Batote and assessed the development needs of the area. The CEO convened a meeting of officers and reviewed the developmental scenario of the town. He directed them to focus on the beautification of the Batote which has a great tourism potential which can be tapped to boost the local economic activities. The CEO also interacted with the President MC Batote Ravinder Singh, Councilors, Officers and general public and discussed 7 plans finalized by the MC Batote besides listing the issues and demands highlighted by the public representatives and sought early redressal. He

assured that their issues will be taken up with the concerned authorities and directed the officers to resolve their local issues on a priority basis.

The CEO inspected departmental stalls and encouraged the locals to avail the benefits of various government schemes especially job oriented schemes. Similarly the day long MTMP programme was presided by Deputy Commissioner, of State Tax Enforcement, Shah Nawaz Shah, in Municipality Banihal where public meetings and various other programmes were held. He also inaugurated various developmental works and laid foundation stones. He also held a detailed discussion with officers and people on various developmental plans for the development of Banihal town besides finalizing developmental plans of public interest for the Municipal Committee Banihal after a detailed discussion with public representatives.

13 NDRF conducts rescue Mock drill in GDC Kishtwar

JJ NEWS SERVICE

KISHTWAR, DEC 06: On the second day of two day Mock Drill by 13 NDRF, a Mock Exercise on Earthquake and Landslide rescue was today held at GDC Kishtwar. Team of 13 NDRF led by Javed Iqbal, Asstt. Commandant, conducted a full Scale Mock Exercise on Fire fighting, Earthquake and land slide.

The Mock exercise was based on scenario of earthquake/discussed in TTX at DC Cenario hall, Kishtwar on yesterday.

During Mock Exercise, the NDRF team demonstrated medical first aids techniques, CSR evacuation techniques and Rope Rescue with following all guidelines.

About 450 participants including 250 Students, Medical Staff, District official, Staff of Fire Department, Home Guard, Civil Defence, SDRF, NDRF etc remained present during the exercise.

Ambitious "My Town My Pride 2.0" concludes in Jammu district

Scores of people visit departmental counters to avail on spot Services

JJ NEWS SERVICE

JAMMU, DECEMBER 06: The My Town My Pride 2.0 program concluded successfully in district Jammu Under the overall supervision of Deputy Commissioner Avny Lavasa and with untiring efforts of district officers from various departments.

Multifarious activities were held across all the Municipal areas of Jammu district on the concluding day. All the MCs organised camps at designated venues to spread awareness and impart training to stakeholders, besides conducting plantation drives, special sanitation drives and other activities.

The main event was organised at Gulshan Ground Jammu at which more than 40

departments put up their counters to facilitate the general public. Besides, the MTMP was also conducted at Town Hall, Convention Centre, PWD Guest House Gandhi Nagar, Engineering Institute Channi Himmat and Auditorium of Polytechnic Shiv Nagar comprising five zones of JMC.

A large number of people visited these venues, gathered information regarding various government schemes and also availed on the spot services of different departments including Revenue, Health, Education, Agriculture, Social Welfare, Horticulture, Handicrafts etc.

At MC Kshour, Visiting Officer Pawan Singh Rathore, Special Secretary Hospitality

and Protocol, inaugurated a sports event, inspected the development works and also handed over the land passbooks, house keys under PMAY, and other benefits to the beneficiaries under various schemes.

At MC Gho Manhasa, Visiting Officer Bal Krishan, DC Sales Tax (Judicial) distributed benefits of PMAY, FCS & CA, Smart City Street Vending etc among the beneficiaries.

Campaigns against anti-littering, inspection of ongoing works and interaction with local residents was also held during the MTMP.

At Akhnour, various developmental works were started and also on site inspection was conducted at various locations.

Several people were given on the spot benefits including land passbooks, domicile, house keys under PMAY, Auto under Mukim and others alike.

At MC RS Pura, the activities included sanitation drives, distribution of property cards and holding of awareness camps. People were sensitised about cleaning and other government sponsored schemes.

At MC Arnia, the day witnessed activities ranging from anti littering awareness drive besides departmental awareness drive in different locations of the Arnia.

At MC Jaurian, a mega camp was organized wherein stalls of health, social welfare, tourism, Ayush etc were installed where awareness was imparted among the general public about the schemes and programmes of the departments.

Saini Sabha, KYSS delegations meet GD Sharma Commission, express resentment for granting OBC status

Seeks exclusion of Saini Community from list of Backward Classes

JJ NEWS SERVICE

JAMMU: All J&K Saini Sabha and All J&K Kshatriya Yuva Saini Sabha (KYSS) today met members of GD Sharma Commission and apprised them about the gross injustice being meted out to them with the inclusion of Saini community in the list of backward classes.

The delegation of All J&K Saini Sabha headed by its President Pritam Singh Saini and delegation of All J&K Kshatriya Yuva Saini Sabha (KYSS) led by its President Suksham Singh today met G.D Sharma, Munir Khan and Roop Lal Bharti members of the GD Sharma Commission and held three-hour debate discussion over the grave of OBC status.

Pertinent to mention here that on the recommendations of GD Sharma Commission the Saini community has grant OBC status to the Saini community. The community members especially



the young lot of the community are on road to mark their resentment against the GD Sharma Commission for putting the Saini Community in the list of Backward Classes. Pritam Singh Saini apprised the

Commission members that there is gross resentment among the community youth with regard to OBC status granted by the government by including the Saini Community in the lists of reserved category. He said that Saini

community is a prosperous and economically strong community with high literacy rate, that too above national average literacy rate. Majority population of the community is already serving in government sector, private sec-

tor and armed forces at respectable positions, thereby contradicting the belief that Saini's are economically, educationally and socially backward, he added.

"Our Economically poorer peers of Saini Community are already availing the benefits of EWS reservation, and granting them OBC status will deprive them of EWS benefits. Our community never asked for any kind of reservation and we strongly believe that reservation should be based on economical conditions of an individual and we strongly oppose caste based reservation," he said, adding that Saini community doesn't fall under any of the criteria set by the Mandal Commission Report. Pritam Saini said that there are certain elements in the community who misguided the government and the Commission members to fulfill their ulterior motives. Suksham Singh said that the Saini community is well

off and the community youth has never approached the government for reservation purposes. "Our community strongly rejected this decision to include our Saini (Kshatriya) community of J&K into this reserved category. Our community doesn't satisfy even a single indicator out of eleven indicators of backwardness specified by the Mandal Commission Report. This is a clear violation of the constitution as well as it hurts the sentiments of our Saini community," he said.

The delegation members appealed to the Commission members to go through the fact and figures of the community data and roll the back the decision of OBC status in the general interest of the community.

The Commission Members gave a patient hearing to the delegations' members and assured for consideration of their demand after going through the facts.